Because Life Matters:

Preventing Suicide Through Identification and Treatment

Sponsored by

Children's Hospital *of* The King's Daughters

Approved by

National Association of Social Workers – Virginia Chapter

Supported by

Virginia Department of Behavioral Health & Developmental Services

Thursday, September 12, 2013

8 a.m.-5 p.m.

Virginia Beach Convention Center

1000 19th Street, Virginia Beach | (757) 385-2000

Earn up to 7 *AMA PRA Category 1 Credits*™

Earn up to 7.08 Continued Nursing Education Contact Hours

Earn up to 7 Category I Contact Hours for Virginia Social Workers

Register online at www.chkd.org/CME

Agenda

7:00 am	**Registration & Continental Breakfast**
8:00	**Welcome and Introductions**
8:10	**Keynote** – *Richard T. McKeon, PhD, MPH*
9:10	**Understanding the Impact of Suicide & the Legislative Agenda on Suicide Prevention** – *Virginia Department of Health, Virginia Department of Behavioral Health & Developmental Services*
10:00	**Morning Break**
10:15	Concurrent Session 1 **Prevention and Identification** A. Youth/Adolescent B. Older Adult C. Military D. Special Populations
11:15	**Transition to next session**
11:20	Concurrent Session 2 **Intervention and Treatment** A. Youth/Adolescent B. Older Adult C. Military D. Special Populations
12:20 pm	**Lunch**
1:20	Concurrent Session 3 **Substance Abuse** A. Youth/Adolescent B. Older Adult C. Military D. Special Populations
2:20	**Transition to next session**
2:25	**Keynote: Postvention** – *Clark Flatt*
3:25	**Afternoon Break** Evaluation Distribution
3:45	**Keynote: Psychological Autopsies** – *Lanny Berman, PhD, ABPP*
4:45	**Closing Remarks** Evaluation Collection & CEU Distribution

Note: Special Population Topics:
- Medical Illness
- Ethical & Legal Issues
- Faith-based Wellness

Conference Overview

This conference offers professionals and practitioners the opportunity to enhance their knowledge, exchange information on promising practices, and learn about the latest research and new trends in the prevention of suicide.

Target Audience

Policy makers; physicians; social workers; psychologists; counselors; health educators; public and environmental health professionals; students; international, federal, state, and county and local health agency officials and staff; nurses and nurse practitioners; health care providers; school health personnel and teachers; managed care groups; personnel and faculty from academia, administration, research and public policy.

Educational Objectives

At the end of this conference attendees will be able to:

- Associate suicide as a preventable public health problem.
- Implement training to recognize at-risk behavior(s) and deliver effective treatment.
- Discuss evidence-based prevention/identification, diagnosis and treatment, and substance abuse literature and its implementation in high-risk populations.
- Increase skills to manage complex or difficult clinical cases.

Learning Needs and Identified Gaps

The learning needs assessment emphasized the need to provide additional educational opportunities for suicide prevention professionals to address gaps between practitioners' knowledge, skills and ability to engage high impact populations (youth/adolescents, older adults and military/veterans), in addition to special populations/topics (medical illness, faith-based wellness and ethical issues). Specifically identified were gaps in applying: (1) prevention and identification, (2) treatment, (3) substance abuse and (4) postvention.

Presenters

Keynote Faculty

Lanny Berman, PhD, ABPP
Executive Director, American Association for Suicidology
Title: Understanding the Benefits and Applications of Psychological Autopsies
Title: Ethical and Legal Issues in Working with Suicidal Patients

Clark Flatt
President, The Jason Foundation, Inc.
Title: Giving Our Youth A Promise for Tomorrow- Youth Suicide Awareness and Prevention

Richard T. McKeon, PhD, MPH
SAMHSA Suicide Prevention Branch
Center for Mental Health Services
Title: Suicide Prevention as a Core Priority

Faculty

Craig Bryan, PsyD, ABPP
Professor, Department of Psychology
University of Utah
Title: Brief Interventions for Suicidal Military Personnel & Victims

Martha Early, PhD, LCSW, CAC
Behaviorist, Family Medicine
Eastern Virginia Medical School
Title: The Impact of Substance Use Disorders on the Older Adult

Linda Fuller, DO, MPH
Addiction Psychiatrist
National Intrepid Center of Excellence (NICoE)
Walter Reed National Military Medical Center
Title: Thirst for Relief – Quenching Alcohol Abuse in Military Service Members

Wendy Gunther, MD
Assistant Chief Medical Examiner
Office of the Chief Medical Examiner – Tidewater District
Title: Understanding the Impact of Suicide

Lisa Horowitz, PhD, MPH
Clinical Psychologist/Staff Scientist
Intramural Research Program
Office of the Clinical Director
National Institute of Mental Health
Title: Screening for Suicide Risk in the Medical Setting

Wendy Lader, PhD, M Ed
President & Clinical Director
S.A.F.E. ALTERNATIVES
Title: Understanding Self-injury and the Relationship to Suicide
Title: Treating Self-injurious Behaviors

Jim Martinez, MEd
Director
Office of Mental Health Services
Department of Behavioral Health & Development Services
Title: Understanding the Legislative Agenda on Suicide Prevention

Shriti Patel, MD
Professor, Department of Psychiatry & Behavioral Sciences
Eastern Virginia Medical School
Title: Intervention and Treatment of the Older Adult – Knowing when and how to seek help

Tony Roman, MSW, CSAC
Director of Business Development
Certified Substance Abuse Counselor
Family Insight, P.C.
Title: Trends in Adolescent Substance Abuse

Deborah Snyder, MSW
Assistant to the Clinical Director
Office of the Clinical Director
National Institute of Mental Health
Title: Screening for Suicide Risk in the Medical Setting

Caitlin Thompson, PhD
Deputy Mental Health Director
Suicide Prevention
Veterans Health Administration
Title: VA Suicide Prevention Overview

Steven Vannoy, PhD, MPH
Professor, Department of Psychiatry and Behavioral Sciences
University of Washington
Title: Late Life Suicide Prevention- Identification, Assessment and Follow-Up

Stacie Otey-Scott, PsyD
Licensed Clinical Psychologist
Clinical Director
Summit Willness Center
Mount Lebanon Baptist Church
Title: Faith Matters – A Difference of Life and Death

CME Credit

Children's Hospital of The King's Daughters is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.

Children's Hospital of The King's Daughters designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CNE Credit

Children's Hospital of The King's Daughters is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CE Credit for Social Workers

This program has been approved by the National Association of Social Workers – Virginia Chapter for 7 Category 1 contact hours.

Hotel and Travel Information

Hilton Hotel Virginia Beach
1900 Pavilion Drive
Virginia Beach, Virginia 23451
Tel: +1-757-422-8900 | Fax: +1-757-422-0039
http://doubletree.hilton.com/en/dt/groups/personalized/O/ORFBNDT-HKD-20130911/index.jhtml
A special group rate of **$79** per night, plus tax has been negotiated at the Hilton Hotel. Please make your reservation referencing booking code HKD, no later than **August 28, 2013** in order to receive the group rate. After this date, reservations can be made based on space and rate availability only. Please contact the hotel directly to make your reservations.

Wi-Fi

Wi-Fi connectivity available on site for $12.95 per person, payable with a credit card.

Registration

CHKD Continuing Medical Education Committee

Michelle Brenner, MD
Nancy Leigh Gainfort, RN, BSN
C.W. Gowen, Jr., MD (chairman)
Eric Y. Gyuricsko, MD
John Harrington, MD
Rosalind W. Jenkins (program manager)
Janice Karr
Jamil Khan, MD
Windy Mason-Leslie, MD
Amy Perkins
Amy Sampson
Natasha Sriraman, MD

Planning Committee

(Chair) Peter Dozier, MD
(Co-Chair) Laika Aguinaldo, MSW, PhD Candidate
Lori Bartee
Robert Dana Bradshaw, MD, MPH
Sandra Fabian, MS
Marvin Feit, PhD, MPH
Joel Fink, LCSW
Rosanne Foggin
Tonya Gifford, MSW
Ann Graham, LCSW
Brooke Hemphill, BA
Rosalind Jenkins
Alex Laramee, LCSW
Kari Lewis, LCSW
Jim Martinez, MEd
Beverly Morgan, MSG, CRC,CDP
Michael Olsen, MA, CPS, CSAC
Stacie Otey-Scott, PsyD
Stephanie Osler, LCSW
Jessica Tate, BA
Nathan Worley, MSW

Because Life Matters:

Preventing Suicide Through Identification and Treatment

Professional Discipline *(Please check one)*

- ☐ Physician
- ☐ Nurse/Nurse Practitioner
- ☐ Social Worker
- ☐ Psychologist
- ☐ Counselor
- ☐ Public Health Worker
- ☐ Other

Registration Fees

- ☐ Professionals $75
- ☐ Students $25

LIMITED scholarships available for students

Payment method: *Payment enclosed:* $_____

- ☐ Check *(Make checks payable to Children's Hospital of The King's Daughters.)*
- ☐ MasterCard
- ☐ VISA
- ☐ Amex

Name on card

Card # *Exp. date* *SIC Code (3 digit code on back of card)*

Signature

☐ Vegetarian meal(s) requested

Name _____
(Please print) First Name MI Last Name MD, NP, Other (specify)

Specialty _____

Organization _____

Address _____

City/State/Country _____ Zip _____

Daytime Telephone (_____)_____ Fax Number (_____)_____

Course registrations will be confirmed via e-mail only. Please provide your e-mail address below if you would like to receive confirmation. (Print clearly.)

E-mail_____

Please indicate any special needs, i.e., dietary or disability: _____

_____

_____

How to Register:

Mail: CHKD, Attn: Rosalind W. Jenkins
601 Children's Lane, Norfolk, VA 23507

Fax: Attn: Rosalind W. Jenkins
(757) 668-7122

Online: www.chkd.org/CME

Special Instructions for Student Registrants

Limited scholarships are available for graduate students. Please submit your registration forms directly to Lori Bartee by email at lori.bartee@chkd.org or fax to (757)668-7950.

Registration/Cancellation Policy

Registrations must be received by **Monday, September 2, 2013**. Cancellations must be received by 5:00 p.m., EST on **September 5, 2013** to receive a tuition refund; however, an administrative fee of $50 will be retained on all cancellations. Refunds will not be given for cancellations received after this date or for "no shows." Cancellations must be submitted in writing and may be faxed to (757) 668-7122 or e-mailed to **Rosalind.Jenkins@chkd.org**.

Register online at www.chkd.org/CME