

Directions to 935 Redgate Avenue:

From Virginia Beach:

Take I-264 West toward downtown Norfolk.

Take the City Hall Ave exit, Exit 10. Stay straight to go onto E. City Hall Ave.

Turn right onto St. Paul's Blvd.,

Turn left on Brambleton Avenue.

Take a slight right onto Colley Avenue. (You will see the EVMS, Sentara, CHKD campus--Colley Avenue will be the right before the hospital.)

Turn left onto Redgate Avenue. Go across Hampton Boulevard.

We are the one-story, beige building on your left. Turn into the second driveway to your left, near the playground. Park in the visitor's parking area.

From Suffolk:

Take 58 East towards Norfolk and Portsmouth.

Take the Frederick Boulevard exit.

Make a left at the light.

Turn right at the next light; signs will say to Route 337.

Cross over the tracks and make a left by Rogers Electrical. This will take you to the light at High Street.

Go straight through and get in your right hand lane. Follow tunnel signs.

Once out of the tunnel, make the left hand turn onto Redgate Avenue at the first light. We are the one-story, beige building on your left. Turn into the second driveway to your left, near the playground. Park in the visitor's parking area.

From the Peninsula:

Take I-64 East toward Norfolk through the HRBT.

Take the I-564/US-460/Granby Street exit (Exit 276), toward the Naval Base.

Merge onto US-460/Granby Street toward Little Creek Road.

Turn slight right onto US-460/Monticello Avenue.

Turn right onto E 21st Street.

Turn left onto Colley Ave.

Turn right onto Redgate Avenue. Go across Hampton Boulevard.

We are the one-story, beige building on your left. Turn into the second driveway to your left, near the playground. Park in the visitor's parking area.

OR...

From I-64, take Exit 264 onto I-664 South, toward downtown Newport News/Suffolk/Chesapeake.

Merge onto VA 164 toward Portsmouth. (Exit 9)

Merge onto US-58, towards the Midtown Tunnel. (Follow signs to the tunnel.)

After exiting the tunnel, make a left at Redgate Avenue.

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