



# Pediatrics *at* Williamsburg 2011

September 23-25, 2011

Williamsburg Lodge  
310 South England Street  
Williamsburg, Virginia

Earn up to 16.5 AMA PRA  
Category 1 Credits™

Register online at [www.chkd.org/conferences](http://www.chkd.org/conferences)

Sponsored by

 **Children's Hospital  
of The King's Daughters**

A CME conference combined with the  
annual meeting of the

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Virginia Chapter

Children's Hospital of The King's Daughters and the Department of Pediatrics of Eastern Virginia Medical School present **Pediatrics 2011**, a program of continuing medical education.

### Through participation in this conference, participants will be able to:

- Update your knowledge and skills by reviewing state-of-the-art diagnosis and treatment in general and subspecialty pediatrics for the adolescent.
- Enhance your ability to diagnose and manage complex or difficult adolescent cases.
- Provide a forum for informal learning and discussion in plenary and small group settings through interactions with colleagues and experts.

### Also, the conference will provide participants with the ability to:

- Discuss the diagnostic approach and management of children with growth disorders, thyroid disease, type 1 and 2 diabetes, polycystic ovarian syndrome, Turner syndrome, and gynecomastia.
- Discuss the role of calcium and vitamin D supplementation in bone metabolism.
- Review the pathophysiology of puberty and discuss variations in puberty development.
- Review the endocrinology effects of cancer treatment.
- Discuss metabolic syndrome and its management.

- Utilize a process which identifies the vital information needed in transitioning an adolescent diabetic patient from the care of a pediatrician to the care of a physician who manages adults.
- Relate the development of dysfunctional behavior to the family environment and apply evidence-based parent training to the management of dysfunctional behavior.
- Review and discuss the clinical presentation and management of Chlamydia.
- Recall the answers to questions dealing with general and subspecialty pediatrics.

### Who Should Attend

This course is intended for pediatric physicians, primary care physicians, subspecialty physicians, nurse practitioners, residents, fellows and other health care professionals.

### Continuing Medical Education Credit

Children's Hospital of The King's Daughters is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.

Children's Hospital of The King's Daughters designates this live activity for a maximum of 16.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Special Services

CHKD is sensitive to the needs of participants. Please indicate any special dietary needs or physical challenges on your registration form.

### American Academy of Pediatrics — Virginia Chapter

Lunch on Saturday at 12:45 p.m. is sponsored by the Virginia Chapter of the AAP. All meeting attendees are invited to enjoy a great meal and hear about issues important to Virginia's pediatricians. Are issues such as adequate payment, safe sleep, obesity, smoking cessation, maintenance of certification, quality improvement, health care reform, mental health, low breastfeeding rates, and/or access to subspecialists important for your work? Attendees will hear about recent efforts, the current initiatives, and why and how they can help at the local, state, and/or national levels. In addition, the 2011 Child Advocate Award Recipients will be honored and the Keynote Address will be delivered by the President of the Virginia Chapter of the AAP. Lunch attendees will be entered in a drawing for prizes including AAP publications and registration to next year's conference.

The mission of the Virginia Chapter, American Academy of Pediatrics and The Virginia Pediatric Society is the attainment of optimal health, safety and well-being of Virginia's children and promotion of pediatricians as the best qualified of all health professionals to provide child health care. If you would like membership information you can visit our website [www.virginiapediatrics.org](http://www.virginiapediatrics.org) or you may contact Jane Davis, Executive Director, at (804) 622-8135 or via email at [jdavis@ramdocs.org](mailto:jdavis@ramdocs.org).

### Hotel and Travel Information

Williamsburg Lodge  
310 South England Street,  
Williamsburg, VA 23185  
(757) 229-1000  
800-261-9530 (Reservations)  
[www.colonialwilliamsburg.com](http://www.colonialwilliamsburg.com)

A special group rate of **\$223** per night, plus tax has been negotiated at the Williamsburg Lodge. A smaller block has been reserved at the Woodlands Hotel & Suites (a short drive to the Lodge) at a rate of **\$159** per night, plus tax. Please make your reservation referencing booking code **2853** no later than **Monday, August 22** in order to receive the group rate. After this date, reservations can be made based on space and rate availability only. **Please contact the hotel directly to make your reservations at 800-261-9530 or <https://resweb.passkey.com/go/2853>.**

### Handouts

Thumb drives containing the conference presentations will be distributed instead of a traditional, printed syllabus. The Williamsburg Lodge is a WiFi facility, so you may bring your laptops to view the presentations onsite.

### Program Manager

Rosalind K. Whitaker, BA  
Children's Hospital of The King's Daughters  
601 Children's Lane  
Norfolk, VA 23507  
(757) 668-8942 (office)  
(757) 668-7122 (fax)  
[Rosalind.Whitaker@chkd.org](mailto:Rosalind.Whitaker@chkd.org)  
[www.chkd.org/conferences](http://www.chkd.org/conferences)

## Friday, September 23

- 7:00 **Registration**  
**Continental Breakfast** (Vendor Area)
- 8:00 **Welcome & Announcements** – *Donald Lewis, MD*
- 8:15 **“Update on Precocious Puberty: Lots of normal variants; few patients needing treatment”** – *Paul Kaplowitz, MD*
- 9:00 **Calcium and Bone Metabolism** – *Morri Markowitz, MD*
- 9:45 **Break** (Vendor Area)
- 10:15 **Growth Disorders** – *Eric Gyuricsko, MD*
- 11:00 **Disease of the Thyroid** – *Shadi Tabba, MD*
- 12:00 **Lunch Meeting: Newborn Screening (CAH and Hypothyroidism) the Why’s and the How’s** – *Reuben Rohn, MD*
- 1:30 **Obesity: Can we help the train up the hill?** – *Kent Reifschneider, MD*
- 2:15 **Type 1 Diabetes** – *Eric Gyuricsko, MD*
- 3:00 **Break** (Vendor Area)
- 3:30 **Late Effects of Cancer Treatment** – *Marta Satin-Smith, MD*
- 4:15 **Panel: Questions and Answers and Interactive Evaluation**
- 5:00 **Break for the day**
- 7.5 AMA PRA Category I Credit(s)<sup>™</sup>**
- 6:30 **CHKD Resident Reunion**



## Saturday, September 24

- 7:15 **Registration**  
**Continental Breakfast** (Vendor Area)
- 7:50 **Announcements and Introductions** – *Don Lewis, MD*
- 8:00 **Vitamin D** – *Morri Markowitz, MD*
- 8:45 **Polycystic Ovarian Syndrome** – *Christine Solorzano, MD*
- 9:30 **The Development of Dysfunctional Behavior in the Family Environment** – *Peter Dozier, MD and Korrie Allen, PsyD*
- 10:15 **Interactive Evaluation followed by Break** (Vendor Area)
- Concurrent Workshops (sessions repeat)**
- 10:30 **Workshop 1**
  - A. Transition of the Adolescent Diabetic – *Stephanie Jenney, PNP*
  - B. Interpreting Abnormal Thyroid Tests: When to worry & when to reassure – *Paul Kaplowitz, MD*
  - C. Endocrine Issues in the Nursery – *Kent Reifschneider, MD*
  - D. Insulin Pumps & Glucose Monitoring – *Marta Satin-Smith, MD*
  - E. Application of Evidence Based Parent Training in a Brief Primary Care Encounter: Live Demonstration – *Peter Dozier, MD*
- 11:30 **Transition to next session**
- 11:35 **Workshop 2**
  - A. Transition of the Adolescent Diabetic – *Stephanie Jenney, PNP*
  - B. Interpreting Abnormal Thyroid Tests: When to worry & when to reassure – *Paul Kaplowitz, MD*
  - C. Endocrine Issues in the Nursery – *Kent Reifschneider, MD*
  - D. Insulin Pumps & Glucose Monitoring – *Marta Satin-Smith, MD*
  - E. Application of Evidence Based Parent Training in a Brief Primary Care Encounter: Live Demonstration – *Peter Dozier, MD*

12:45 **VA-AAP Chapter Meeting**

**4.5 AMA PRA Category I Credit(s)<sup>™</sup>**

**Afternoon on your own**

## Sunday, September 25

- 7:00 **Registration**  
**Continental Breakfast** (Vendor Area)
- Concurrent Workshops (sessions repeat)**
- 8:00 **Workshop 1**
  - A. Growth Hormone – *Eric Gyuricsko, MD*
  - B. Puberty Cases – *Shadi Tabba, MD*
  - C. Diagnosing Diabetes Mellitus: Cases – *Georgeanna Klingensmith, MD*
  - D. Gynecomastia Cases – *Reuben Rohn, MD*
  - E. Practice Entrance Issues, Contracts, Billing, Coding: Entering the real world – *Michelle Brenner, MD*
- 9:00 **Transition to next session**
- 9:05 **Workshop 2**
  - A. Growth Hormone – *Eric Gyuricsko, MD*
  - B. Puberty Cases – *Shadi Tabba, MD*
  - C. Diagnosing Diabetes Mellitus: Cases – *Georgeanna Klingensmith, MD*
  - D. Gynecomastia Cases – *Reuben Rohn, MD*
  - E. Practice Entrance Issues, Contracts, Billing, Coding: Entering the real world – *Michelle Brenner, MD*
- 10:05 **Break**
- 10:15 **Turner Syndrome** – *Shadi Tabba, MD*
- 10:45 **Chlamydia, Still the One** – *Nancy McLaren, MD*
- 11:30 **“New Approaches to Diabetes Management in 2011 - and Beyond”** – *Georgeanna Klingensmith, MD*
- 11:55 **Interactive Evaluation**
- 12:00 **Pediatric ALLPLAY** – *Residency Programs across Virginia Compete for the Williamsburg Cup*
- 12:45 **Adjourn**
- 4.5 AMA PRA Category I Credit(s)<sup>™</sup>**

## Course Directors

### **C.W. Gowen, Jr., MD**

Associate Professor of Pediatrics  
Residency Program Director  
Neonatologist

### **Donald W. Lewis, MD**

Professor and Chairman of the Department  
of Pediatrics  
Pediatric Neurologist



## Visiting Faculty

### **Paul Kaplowitz, MD, PhD**

Professor of Pediatrics, George  
Washington University School  
of Medicine and Health Sciences;  
Chief, Department of Endocrinology,  
Children's National Medical Center

### **Georgeanna J. Klingensmith, M.D.**

Professor of Pediatrics, Barbara Davis  
Center for Childhood Diabetes, University of  
Colorado, Denver

### **Morri E. Markowitz, MD**

Professor of Pediatrics, Albert  
Einstein College of Medicine;  
Clinical Director, Pediatric Environmental  
Sciences, Montefiore Medical Center

### **Nancy McLaren, MD**

Clinical Assistant Professor;  
Head, Adolescent Medicine Division,  
Department of Pediatrics;  
Medical Director, Teen Health Center,  
University of Virginia School of Medicine

### **Christine Solorzano, MD**

Assistant Professor of Pediatrics and  
Clinician Investigator, University of Virginia,  
Department of Pediatrics Division of  
Endocrinology

## Children's Hospital of The King's Daughters/Eastern Virginia Medical School Faculty

### **Korrie Allen, PsyD**

Associate Professor of Pediatrics  
Clinical Psychologist

### **Michelle Brenner, MD, IBCLC**

Associate Professor of Clinical Pediatrics  
General Pediatrician

### **Peter Dozier, MD**

Assistant Professor of Pediatrics  
Director of Child Psychiatry

### **Eric O. Gyuricsko, MD**

Assistant Professor of Pediatrics  
Pediatric Endocrinologist

### **Stephanie Jenney, PNP**

Pediatric Nurse Practitioner

### **Kent Reifschneider, MD**

Assistant Professor of Pediatrics  
Pediatric Endocrinologist

### **Reuben Rohn, MD**

Professor of Pediatrics  
Pediatric Endocrinologist

### **Marta Satin-Smith, MD**

Assistant Professor of Pediatrics  
Pediatric Endocrinologist

### **Shadi Tappa, MD**

Assistant Professor of Pediatrics  
Pediatric Endocrinologist

Mark the Date  
**Pediatrics**  
*at*  
**Williamsburg 2012**



**September 28-30, 2012**

**Pediatrics 2011 at Williamsburg**

VA-AAP membership statuses will be verified. Letter of residency verification must accompany registration fee.

(Please check one)

- AAP – Virginia Chapter Physician Members, \$350  Other Physicians, \$450  
 AAP – Virginia Chapter Residents/Fellows, \$250  Other Residents/Fellows, \$350  
 Nurse Practitioners, \$250  Other Health Professionals, \$250

Daily fees (all professionals)

- Friday, \$200  Saturday, \$120  Sunday, \$120

Payment method: \_\_\_\_\_ Payment enclosed: \$ \_\_\_\_\_

- Check (Make checks payable to Children's Hospital of The King's Daughters.)  
 MasterCard \_\_\_\_\_  
Name on card  
 VISA \_\_\_\_\_  
Card # Exp. date  
 Amex \_\_\_\_\_  
Signature

Name \_\_\_\_\_  
(Please print) First Name MI Last Name MD, NP, Other (specify)

Specialty \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City/State/Country \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Telephone (\_\_\_\_) \_\_\_\_\_ Fax Number (\_\_\_\_) \_\_\_\_\_

E-mail \_\_\_\_\_  
(Course registrations will be confirmed via e-mail only. Please provide your e-mail address if you would like to receive confirmation)

VA-AAP ID# (Required if submitting VA-AAP membership fee) \_\_\_\_\_

Please indicate any special needs, i.e., dietary or disability: \_\_\_\_\_

- I will attend the VA-AAP Business Luncheon on Saturday  
 Vegetarian meal(s) requested

**Concurrent Workshop Session**

Please indicate your first and second workshop choices respectively for each time slot by filling in the corresponding letters below.

Saturday, 10:30 a.m.      Saturday, 11:35 a.m.      Sunday, 8:00 a.m.      Sunday, 9:05 a.m.

**Registration/Cancellation Policy**

Registrations must be received by **Monday, September 5, 2011**. Cancellations must be received by 5:00 p.m., EST on **September 9, 2011** to receive a tuition refund; however, an administrative fee of \$50 will be retained on all cancellations. Refunds will not be given for cancellations received after this date or for "no shows." Cancellations must be submitted in writing and may be faxed to (757) 668-7122 or e-mailed to Rosalind.Whitaker@chkd.org.

**How to Register:**

- Mail: CHKD, Attn: Rosalind Whitaker  
 601 Children's Lane, Norfolk, VA 23507  
 Fax: Attn: Rosalind Whitaker (757) 668-7122  
 Online: [www.chkd.org/conferences](http://www.chkd.org/conferences)

Registration