

DATE		12am	1am	2am	3am	4am	5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	Notes
	Blood Glucose																									
	Basal Dose																									
	Carbohydrates																									
	Food Bolus																									
	Correction																									
	Blood Glucose																									
	Basal Dose																									
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	Carbohydrates																									
	Food Bolus																									
	Correction																									

Target Blood Glucose		Insulin : Carbohydrate Ratio		Patient Name: _____	Phone Number: _____
Correction Factor		Breakfast		Date of Birth: _____	
		Lunch			
		Dinner			
Lantus/Levemir Dose:					