

Pediatric

UPDATE

www.chkd.org/healthpros

CHKD helps pioneer new heart valve

Cardiologist replaces valves without open-heart surgery

Cardiologists at Children's Hospital of The King's Daughters are among the first in the nation to use a new procedure to replace defective heart valves in patients without open-heart surgery.

The Melody transcatheter pulmonary valve is being rolled out to approximately 25 medical centers across the country by its manufacturer, Medtronic Inc.

The new valve can be inserted through a tube threaded through a leg vein without the need for open-heart surgery.

Dr. Michael Vance, a pediatric cardiologist at CHKD, implanted the device in the first two local patients in June and four others in September. The patients, who range in age from 11 to 23, had heart defects that restricted the blood flow from the heart's right chamber to the pulmonary artery. The connections

CHKD is one of 25 medical centers across the country now using the Melody transcatheter pulmonary valve, making heart valve replacement a much easier procedure for patients.

that had been implanted years ago had become narrow or leaky, which is why they need to be replaced or repaired. The Melody valve is expected to reduce the number of times a patient would need open-heart surgery.

"There's been a march of progress of things we can fix without opening the chest," Vance said. "This is the most recent step."

Dr. Vance practices with Children's Specialty Group PLLC at CHKD.

Sports Medicine Updates

Joel Brenner, MD, helps AAP develop first pediatric standards for sports concussions

The AAP Council on Sports Medicine and Fitness has released the nation's first pediatric-specific guidelines for the treatment of sports-related concussions. Dr. Joel Brenner, medical director of CHKD's sports medicine program and incoming chair of the AAP Council on Sports Medicine and Fitness, participated in the development of the guidelines.

To learn more about the guidelines, please visit www.chkd.org/concussion.

CHKD wins contract to provide athletic trainers to Chesapeake schools

CHKD's sports medicine program is providing 12 certified athletic trainers to the Chesapeake school system. The trainers work in the schools on a daily basis to help prevent injuries, cover games and practices and provide immediate care and treatment under the direction of a CHKD sports medicine physician when necessary. CHKD Sports Medicine is also now the exclusive provider of sports medicine services at the Virginia Beach Sportsplex.

Change in Hematology Instruments/Procedures –

The laboratories at the Oyster Point, Princess Anne and Oakbrooke Health Centers now perform CBCs and differentials on a new analyzer with improved accuracy in counting and distinguishing all lines of blood cells, diminishing the need for manual differentials. Whenever a CBC/differential is ordered, an automated differential will be performed. If any abnormality is flagged, staff members will review the slide, perform a manual differential and send for a pathologist review if necessary. If you have any questions, please call Cathy Cannon at 668-8099.

Pharmacy garners award for RSV initiative – CHKD's pharmacy staff was selected by the national Pediatric Pharmacy Advocacy Group to receive the organization's 2010 Best Practice

Award for the pharmacist-managed RSV Prevention Clinic conducted last winter in the General Academic Pediatrics practice at the hospital. The document submitted for consideration of the award, authored by pharmacy staff and pediatricians Carolyn Moneymaker and John Harrington, was entitled "The impact of a pharmacist-managed RSV Prevention Clinic on palivizumab compliance and RSV associated hospitalization." The clinic selected GAP patients who were identified as potentially at-risk for severe complications from RSV. The resultant treatment and education proved to reduce hospitalizations by more than 50 percent. This is the third PPAG Practice Award that the CHKD pharmacy staff has received.

Cardiology now offers same-day or quick entry EKGs and echos at offsite clinics. Call 668-7214 to schedule (no walk-ins).

Linda Pegram, MD

*Pediatric Hematologist and Oncologist,
Children's Specialty Group*

Dr. Pegram went to medical school at the University of North Carolina in Chapel Hill, followed by a pediatric residency and a pediatric hematology-oncology fellowship at Children's Hospital of Philadelphia. Her clinical interests are pediatric hematology, oncology and palliative care. She is the assistant medical director of Edmarc Hospice for Children in Portsmouth.



Hometown: I grew up in Raleigh, N.C.

What brought you to Hampton Roads: CSG/CHKD and my husband (David Dorofi, MD, ENT Ltd)

Years with CHKD: 6

First job: Babysitting

Perfect day off: Sleeping in and then sailing on the Chesapeake Bay with friends and family

Favorite restaurant: Bardo

Favorite book: *Born to Run* by Christopher McDougall

Worst job: Babysitting for a family whose house I was convinced was haunted

Favorite way to relax: Sitting at the island in my kitchen with my feet up, drinking a glass of wine, while my husband cooks dinner

Favorite TV show: "Through the Wormhole" with Morgan Freeman on The Science Channel

Hobbies: Playing piano, running, sailing, trip-planning, traveling and photography

What my colleagues don't know about me: I secretly wish I could be a host on the BBC show "Top Gear."

Most memorable vacation: Fall 1999 trip to Kauai with my family for my parent's 40th wedding anniversary

Most proud of: My patients and my team that helps take care of them

On a rainy day I occupy my time by: Lying on the couch watching movies

The craziest (and BEST) thing I've ever done: Marry my husband

Favorite sports team: UNC men's basketball

From the Executive Medical Director

First, a seasonal note: I am pleased to report that Children's Health System will again require **mandatory influenza vaccination** of all employees. Also, all professional staff members are expected to receive the flu vaccine, which is consistent with recommendations from the AAP and infectious disease specialist societies.



*Arno Zaritsky, MD
Senior Vice President of
Clinical Services, CHKD*

Our recent **town hall meetings** at three CHKD locations gave us further understanding of our challenges and potential ways to help improve the way we share information. We remain committed to improving communications between physicians and creating more efficient processes for referrals. Several solutions depend on further development of CHKD's electronic health record. One important step toward that goal is the new online data center which will mirror the electronic record system and greatly reduce the risk of significant down times. Additional discussion at the town hall meetings included:

- Realization that subspecialists would like more detailed information about the reason for the referral and the specific questions to be answered.
- Evaluation of a web-based system to facilitate referrals, including the development of specialty-specific referral forms that provide guidelines on the information to accompany the referral.
- Review of a new discharge form containing clearer and more comprehensive documentation of discharge medications and pending diagnostics and consults.
- Recognition that it would be helpful for specialists to communicate back to PCPs when a self-referring patient schedules an appointment.

We hope you are now using the **SmartWeb** (AmCom) application to send text messages to subspecialists instead of using Doctors Direct for non-urgent communication. Information on how to use the system is available (including a short web video) at chkd.org/healthpros/extranet. Certainly, you should continue to use Doctors Direct to contact a specialist or surgeon in an urgent/emergent situation.

Lastly, I'd like to call your attention to the upcoming CHKD **Health System Expo** for referring physician office staff (see information at left). This is another opportunity to improve communication and smooth the referral process. I hope you will encourage your staff to participate.

Health Services Day and Expo to improve referral communication and efficiency

In conjunction with our commitment to improve communication and referral processes, CHKD will host a Health Services Day and Expo on Wednesday, November 10, from 8 a.m. to 2 p.m. The event is for staff of referring providers from all geographic areas and will take place at the CHKD Health Center at Oakbrooke, 500 Discovery Drive, Chesapeake.

Intended to foster relationships and enhance communication between PCP and subspecialist referral staff, the Expo will feature exhibits, updated resource materials and presentations pertinent to the referral process. Visit www.chkd.org/HealthPros for the full agenda.

All attendees may initiate provid-

er registration for eKids PowerChart. Enhancements from PCOR include full search capabilities, ability to create and filter patient lists, date/time stamping of viewed data and PACS viewing of CHKD images.

Staff may register for the Expo by e-mailing PhysicianRelations@chkd.org or calling (757) 668-7495.

Health Services Day and Expo

Wednesday, November 10
8 a.m. to 2 p.m.

CHKD Health Center at Oakbrooke
500 Discovery Drive, Chesapeake

CME Fourth Quarter Calendar October-December 2010

Up to 29.5 AMA-PRA Category 1 Credit(s)[™] available at CHKD.

Pre-registration not required unless specified. Programs are free unless specified.

Visit www.chkd.org/conferences, or call Rosalind Whitaker at (757) 668-8942 for more information.

Community Grand Rounds

1 AMA-PRA Category 1 Credit (each offering)

Common Plastic Surgical Problems for the Primary Care Physician

George Hoerr, MD, pediatric plastic surgeon, CHKD
Recognize those patients and conditions that can be helped by plastic surgery. Identify which situations can be dealt with routinely and which need to be seen more emergently.

Health Center at Oakbrooke
Tuesday, October 12, 7:30-8:30 a.m.

Managing Vaccine Refusal

Randall Fisher, MD, infectious disease specialist, CHKD
List the common objections parents raise about vaccines. Review effective ways to communicate benefits of vaccination. Recall medico-legal aspects of vaccine refusal and its management.

CHKD Health Center at Oyster Point
Friday, October 15, 7:30-8:30 a.m.

Intoeing/Outtoeing

Carl St. Remy, MD, orthopedic surgeon, CHKD
Discuss the most common concerns of a parent whose child has presented with intoeing/outtoeing as well as recall what's most critical for them to know. Identify true pathology from normal development.

Chesapeake General Hospital
Tuesday, November 9, 12:30-1:30 p.m.

Orthopedic Evaluation of the Newborn

Carl St. Remy, MD, orthopedic surgeon, CHKD
Discuss the orthopedic evaluation of the spine, feet and hips, and recognize when to refer.

CHKD Health Center at Oyster Point
Friday, November 19, 7:30-8:30 a.m.

Can You Prevent Child Abuse in Your Office in 10 Minutes?

Michelle Clayton, MD, MPH, child abuse pediatrician, CHKD, Child Abuse Program
Recall ways to quickly identify social situations and family dynamics that place a child at risk for abuse.

Sentara Williamsburg Regional Medical Center
Thursday, December 2, 7:30-8:30 a.m.

Conferences

Pediatrics 2010 at Williamsburg

Update your knowledge and skills by reviewing state-of-the-art diagnosis and treatment in general and subspecialty pediatrics for the adolescent. Enhance your ability to diagnose and manage complex or difficult adolescent cases. Provide a forum for informal learning and discussion in plenary and small group settings through interactions with colleagues and experts.

Registration fees are applicable. Visit www.chkd.org/cme for full details or to register. Contact: Rosalind Whitaker (757) 668-8942.

Williamsburg Lodge

310 South England Street, Williamsburg
(757) 229-1000 | 800-261-9530 (Reservations)
October 29-31, 2010
16 AMA PRA Category 1 Credit(s)[™]

CHKD's Annual Bioethics Day 2010 Caught in the Middle: Complex Relationships in Healthcare

Participants will be able to relate to John Crowley's quest for a treatment of Pompe and review the benefits and obstacles of the professional relationships he experienced.

Registration fees are applicable. Pre-registration required. Register online at www.chkd.org/conferences by November 5. The fee for all-day parking is \$8.

CHKD, Brickhouse Auditorium
Thursday, November 18, 8 a.m.-2:30 p.m.
CME: 5.5 AMA PRA Category 1 Credit(s)[™]

Pediatric Grand Rounds at CHKD

Sponsored by Eastern Virginia Medical School Office of CME. For more information, contact 446-6140 or visit www.evms.edu/cme.

Brickhouse Auditorium
Every Thursday, 8-9 a.m.
1 AMA-PRA Category 1 Credit[™] (each offering)



Other CME Opportunities

Creating a Culture of Safety... Together

Sorrel King, author, Josie's Story
A presentation by Sorrel King will be followed by interactive medical simulations and discussion. Healthcare professionals from all disciplines are invited to participate. Limited seating.

CHKD Brickhouse Auditorium
Tuesday, October 19, 7-9 p.m.
2 AMA PRA Category 1 Credits[™]

Creating a Culture of Safety... Together: Follow-up Session

Don Lewis, MD, chairman, department of pediatrics, CHKD, moderator
This follow-up session will offer strategies for caring for the professional caregiver and will feature interactive medical simulations and a panel of experienced members of CHKD's health-care team. A light lunch will be served. Limited seating.

CHKD Brickhouse Auditorium
Wednesday, October 20, 12-1 p.m.
1 AMA PRA Category 1 Credits[™]

Maternal Newborn Transport Reviews (MNTR)

Edward H. Karotkin, MD, FAAP, neonatologist, CHKD and EVMS perinatologist
State current diagnostic measures and treatments for the high-risk mother, fetus and neonate. Recall outcome data on selected cases referred from regional hospitals and identify opportunities to improve patient outcomes. Describe care and stabilization of the patient for maternal and neonatal transport processes. MNTRs are open to physicians and staff with privileges at each respective hospital. CME: 1 AMA-PRA Category 1 Credit[™] (each offering)

The MNTR schedule is subject to change. Hospitals at which MNTRs are held are listed below for general reference. Please contact Karen Horton, neonatal/perinatal outreach, at (757) 668-9140 to confirm specific dates.

Albemarle, Chesapeake Regional Medical Center, DePaul, Mary Immaculate, Maryview, Outer Banks, Riverside Shore Memorial, Roanoke Chowan, Sentara Obici, Sentara Virginia Beach General, Sentara Williamsburg Regional Medical Center, Southampton Memorial

Target Audience: Activities are designed for pediatricians and family practice physicians. Residents and other healthcare professionals are also encouraged to attend.

Accreditation and CME Credit: Children's Hospital of The King's Daughters is accredited by the Medical Society of Virginia to sponsor continuing medical education for physicians. Children's Hospital of The King's Daughters designates this educational activity for a maximum of (see each entry) AMA-PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Inclement Weather: If inclement weather conditions develop, please call (757) 668-7500 to learn the status of the program you're planning to attend.

Turn to CHKD on the Web for up-to-date information about CHKD programs and services.

At www.chkd.org/HealthPros, you can also find health center schedules and directions, CHKD news releases, health information to share with your patients, upcoming CME activities, weight management class schedules and archived Pediatric Update newsletters.

Pediatric Update is a quarterly publication of CHKD for physicians.

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For physician-to-physician access,
call Doctors Direct, 668-9999.
(1-800-207-2022 outside
greater Hampton Roads)

CHKD's physician extranet login page has been enhanced to include downloads, tutorials and downtime notifications on one page.
Visit chkd.org/healthpros/extranet



Physician Extranet - For Health Professionals - Children's Hospital of The King's Daughters Health System

Find a Doctor | Careers | Employees | Locations & Directions

Children's Hospital of The King's Daughters

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 - Presentation Materials
 - Pediatric Grand Rounds
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- Hospitalist
- Radiology
- Residency at CHKD
- Pharmacy Residency

eKIDs PowerChart Remote Access for Providers

eKIDs PowerChart, a graphical tool providing secure, remote access to data in real-time, is available to all admitting and referring physicians. The flexibility of PowerChart enables providers to customize viewing according to their specific needs and preferences. By accessing PowerChart, physicians are able to:

- Create and filter individual lists based on relationship, admission or discharge criteria
- Search for a patient by name or medical record number
- Easily review updated information by bookmarking viewed data with a date and time stamp on the overview tab
- Digitally view CHKD imaging using a Picture Archiving and Communication System (PACS)

For log-in assistance or technical support, please contact the Information Services Help Desk at 757-668-7075 or e-mail infoserv@chkd.org.

Physician Extranet

Physician Login

Physician Login

- Remote Access Instructions

Physicians who are not members of the CHKD professional staff may request log in credentials by emailing: PhysicianRelations@chkd.org

Updates

Transitioning community providers from PowerChartOutreach to Powerchart [\[more\]](#)