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Department of Social Work
601 Children's Lane
Norfolk, Virginia 23507

Addicted Kids

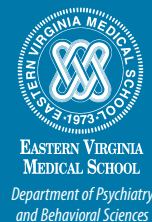
*from Internet & technology
to alcohol & drugs*

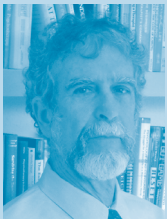
A Seminar for Professionals
featuring
Ofer Zur, PhD
William R. (Bill) Gibbs
and Roopam Sood-Khandpur, MD

Thursday, May 13, 2010
8:30 a.m. to 3:30 p.m.

DoubleTree Hotel, 1900 Pavilion Drive, Virginia Beach

Co-sponsored by





Ofer Zur, PhD, is the director of the Zur Institute, which offers online courses dealing with addictions. He is a fellow of the American Psychological Association and has been a clinical psychotherapist for 25 years, also teaching and publishing on a wide variety of subjects including psychology of technology, Internet addiction, psychology of victims, and boundaries and dual relationships in psychotherapy. His books include *Dual Relationships and Psychotherapy*, *Private Practice Handbook*, and *Boundaries in Psychotherapy*. His website, www.zurinstitute.com, provides dozens of free articles and guidelines for psychotherapists and the public.

William R. (Bill) Gibbs is a police officer with the James City County Police Department in the Criminal Investigations Division since 1987. He has handled numerous cases involving child physical and sexual abuse and is currently assigned to the Economic and Computer Crimes Unit of JCCPD/CID. Gibbs has been a computer forensics examiner since 2007 and is a task force officer with the FBI's Peninsula Innocent Images Task Force. He also serves as a task force officer with the Department of Justice's Internet Crimes Against Children Task Force (Southern Virginia).



Roopam Sood-Khandpur, MD, is medical director for St. Brendan's Harbor, an intensive substance abuse treatment program for adolescents at The Barry Robinson Center. She is a board-certified addictionologist and psychiatrist with extensive experience treating adolescents and adults. Prior to joining St. Brendan's Harbor, Dr. Sood-Khandpur served as staff physician for Hampton and Chesapeake Community Services Boards and as medical director for Pathways Drug and Alcohol Treatment Program in Annapolis, MD.

PROGRAM

7:30 - 8:30 a.m.
Registration – Coffee and tea

8:30 a.m. - Noon
Internet Addiction

Dr. Ofer Zur

This cutting-edge presentation explores how the Internet and digital technologies impact young people and their families and social institutions from schools to civic institutions. Digital technologies can connect people as well as disrupt social connections, and both addict and stress the users. The speaker will describe use and abuse of the Internet and online gaming and ways to intervene and treat addiction. Special attention will be paid to the psychological impact of the Internet and the generational divide between youth, parents and older generations. Mental health, medical and other professionals will learn how to navigate the complex modern digital landscape, assess and treat Internet and online gaming over-use and addiction, and help patients and clients live more harmoniously in the ever-changing world of technological communications.

- Describe the communication tactics of older and younger generations
- Discuss the scope, controversy and complexities of youth and online gaming
- List possible triggers for Internet and gaming over-use
- Apply different interventions for Internet over-use and addiction

12 - 1 p.m.
Lunch

1 - 2 p.m.
Internet Crime

Bill Gibbs

Discussion of various Internet crimes and scams to which children and adolescents are exposed and how to prevent our youth from becoming victims. Information will be provided on laws and sentencing guidelines for sexual predators and the steps that are taken to catch them.

- Describe the various Internet crimes and scams that children and adolescents may face

- Explain the steps that may be taken to monitor our youth on the Internet to prevent abuse and victimization
- Discuss the laws of Internet crime including the penalties for sexual predators

2 - 3:30 p.m.

Teens and the Drugs they Abuse: Implications and Interventions *Roopam Sood-Khandpur, MD*

Various biological and psychosocial factors related to substance abuse will be discussed. This includes neurological and developmental issues as well as environmental trauma, such as divorce, parental death, neglect, abuse, poverty, dysfunctional peer groups, and parental substance abuse. We will review the latest trends in teen illicit drug use and addiction and dual diagnosis. Treatment modalities will be discussed, including family-based and child-centered interventions.

- Describe the biological and psychological precursors that may lead to substance abuse in teens
- Discuss the appropriate intervention strategies for this age group

INFORMATION

Who Should Attend:

Pediatricians, psychiatrists, family practitioners, nurses, occupational therapists, physical therapists, speech therapists, clinical psychologists, LCSWs, LPCs, guidance counselors, teachers, vocational counselors, probation officers, social service workers and family service counselors.

Continuing Education:

All participants will receive a CE certificate for 5.75 hours of continuing education.

The EVMS Department of Psychiatry and Behavioral Sciences is approved by the American Psychological Association to sponsor continuing education for psychologists. The EVMS Department of Psychiatry and Behavioral Sciences maintains responsibility for this program and its content.

Other mental health professionals can receive CEU credits through Old Dominion University.

REGISTRATION FORM

Addicted Children and Adolescents

DoubleTree Hotel
1900 Pavilion Drive, Virginia Beach

Thursday, May 13, 2010

8:30 a.m. to 3:30 p.m.

Registration and coffee/tea 7:30 to 8:30 a.m.

Lunch 12 to 1 p.m.

Name *(Please print)* _____

Organization _____

Mailing address _____

City _____ State _____ Zip _____

Phone number _____ Fax number _____

E-mail address _____

Check here if you prefer a vegetarian lunch.

Morning coffee/tea and lunch are included.

Registration fee: \$55.

Make check payable to "CHKD Social Work Department."

Send completed form and check to:

CHKD Health Line, 601 Children's Lane, Norfolk, VA 23507

— or —

Register online at www.chkd.org/conferences.

Registration deadline is May 7, 2010.

Seating is limited. Once we reach capacity, we cannot accept any more registrations. Please direct any questions or requests for special arrangements for individuals with disabilities to Elliott.Levin@chkd.org.

Refund policy: A \$10 administrative service charge will be assessed on all cancellations made after May 7, 2010.