June 13, 2019
8 a.m. to 4 p.m.

Brickhouse Auditorium
Children’s Hospital of The King’s Daughters
601 Children’s Lane • Norfolk, VA 23507

7 AMA PRA Category I Credits™

Register online at EVMS.edu/CMEregistration

presented by
Children’s Hospital of The King’s Daughters

in collaboration with
American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®
Virginia Chapter

Discounted fees for VA-AAP, VATA and VPTA members
Overall Objective
After attending this conference, healthcare professionals who are caring for young athletes will be able to evaluate, diagnose, and manage injuries in the pediatric and adolescent athlete as well as apply hands-on techniques for treatment of sports injuries.

Target Audience
Pediatric & Adolescent Sports Medicine Update has been designed to inform pediatricians, family practitioners, internists, emergency medicine physicians, physician assistants, nurse practitioners, physical therapists, and certified athletic trainers.

Educational Formats
- Lectures
- Hands-on workshops
- Case-based presentations
- Interactive discussions
- Lunch with the expert

Continuing Medical Education
Pediatric Grand Rounds (8 a.m. – 9 a.m.)

Accreditation Statement
Eastern Virginia Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
Eastern Virginia Medical School designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

13th Annual Pediatric and Adolescent Sports Medicine Update for Primary Care 2019 (9:05 a.m. – 4:05 p.m.)

Accreditation Statement
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Children’s Hospital of The King’s Daughters (CHKD). Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation
Eastern Virginia Medical School designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education Credit
Athletic Trainers
Children’s Hospital of The King’s Daughters is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. BOC Approved Provider Number: P3720

Nurses
Children’s Hospital of The King’s Daughters is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Special Services
If special arrangements are required for an individual with a disability, contact EVMS CME at (757) 446-6140 at least 15 days prior to the conference.

Discounted Fees for VA-AAP, VATA, and VPTA Members
Registration is $68 for VA-AAP members and $58 for VATA and VPTA members, if registered by May 14, 2019.

Cancellation Deadline
All cancellations must be made in writing to CME@EVMS.edu prior to Friday, May 31, 2019 in order to receive a refund. No refunds will be given after this date. A $25 administrative service charge will be assessed on ALL cancellations. Refunds will not be given for cancellations received after this date or for “no shows.”
Conference Agenda

8:00 a.m.  EVMS Pediatric Grand Rounds
          Bullying and Hazing in Sports  – Alex Diamond, DO

9:05 a.m.  Welcome and Opening Comments  – Joel Brenner, MD, MPH

9:15 a.m.  Interventional and Regenerative Spine & Extremity Treatment
          for Young Athletes  – David Levi, MD

10:00 a.m.  Q & A

10:05 a.m.  Evidence-Based Return to Throw  – David Smith, MD

10:35 a.m.  Q & A

10:40 a.m.  “MOVEMENT”

10:45 a.m.  Introduction to Modern Cupping Therapy  – Shannon Gilmartin, CMT

11:15 a.m.  Break with Exhibitors

11:30 a.m.  Workshop 1

12:30 p.m.  Lunch and Panel – Youth Sports Medicine Dilemmas
          (Cases and Questions submitted by audience)
          Moderator: Joel Brenner, MD, MPH

          Panel: Alex Diamond, DO; Shannon Gilmartin, CMT; Eric Gyuricsko, MD;
          Amy Soucek, MSEd, LAT, ATC; and Ryan Williams, MD

1:10 p.m.  Workshop 2

2:05 p.m.  A 2019 Update on Headaches  – Ryan Williams, MD

2:35 p.m.  Q & A

2:40 p.m.  Youth Early Sport Specialization Summit Update  – Joel Brenner, MD, MPH

3:00 p.m.  Anne McKim Memorial Lecture – Cognitive Benefits of Exercise in Youth
          - Alex Diamond, DO

3:30 p.m.  Closing Remarks and Adjourn  – Joel Brenner, MD, MPH

Workshop 1

MD/ATC/PT  *Injury Prevention in Dancers – Ashley deLalla, DPT and Emily Hafer, DPT

MD/ATC/PT  *Manual Therapy for the Overhead Thrower – Chris Anninos, DPT and
          Casey Powles, DPT

MD/ATC/PT  Modern Cupping Therapy for Sports & Athletic Performance
          - Shannon Gilmartin, CMT

Workshop 2

MD/ATC/PT  Bone Health: A Multidisciplinary Approach  – Eric Gyuricsko, MD and
          Allison Tenfelde, MD

MD/ATC/PT  Modern Cupping Therapy for Sports & Athletic Performance
          – Shannon Gilmartin, CMT

ATC/PT  *ACL Injury Prevention and Return to Soccer – Aisha Joyce, MD and
          Tyler Miller, LPTA

*Wear comfortable attire for workshop participation and examination.

Faculty

Visiting Faculty

Alex B. Diamond, DO, MPH
Associate Professor of Orthopedics and
Rehabilitation
Associate Professor of Pediatrics
Director, Program for Injury Prevention in
Youth Sports (PIPYS)
Vanderbilt University Medical Center
Nashville, TN

David Levi, MD
Jordan-Young Institute
Virginia Beach, VA

Shannon Gilmartin, CMT, CMCTP
Co-Owner of MCT Education Company
Virginia Beach, VA

CHKD/EVMS Faculty

Joel Brenner, MD, MPH, Course Director
Medical Director, Sports Medicine Program,
CHKD
Sports Medicine and Adolescent Medicine
Specialist, CSG/CHKD
Professor of Pediatrics, EVMS

Chris Anninos, DPT, SCS
Sports Medicine Physical Therapist, CHKD

Ashley deLalla, DPT
Sports Medicine Physical Therapist, CHKD

Eric Gyuricsko, MD
Pediatric Endocrinologist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Emily Hafer, DPT
Sports Medicine Physical Therapist, CHKD

Aisha Joyce, MD
Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Tyler Miller, LPTA, CSCS, CES
Sports Medicine Physical Therapy Assistant, CHKD

Casey Powles, DPT, CSCS
Sports Medicine Physical Therapist, CHKD

David Smith, MD
Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Allison Tenfelde, MD
Pediatric Orthopedic Surgeon, CSSG/CHKD

Ryan Williams, MD
Pediatric Neurologist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

*Wear comfortable attire for workshop participation and examination.
Complete and mail this form or register online at EVMS.edu/CMEregistration.

Pediatric and Adolescent Sports Medicine Update for Primary Care
June 13, 2019 • 8 a.m. to 4 p.m.

Registration Information
Registration is $85 for physicians and $65 for other healthcare professionals and should be received by June 7, 2019. This fee includes conference materials, continental breakfast, coffee breaks, and lunch. Registration will be confirmed by email upon receipt of payment.

Registration Fee (check one)
☐ $85 Physician ☐ $65 Other Professional ☐ $50 Student

Member Discounts by May 14, 2019 (affiliations will be verified):
☐ $68 VA-AAP Member (member # _______________)
☐ $58 VATA Member (member # _______________)
☐ $58 VPTA Member (member # _______________)

☐ Vegetarian meal requested. (For other dietary restrictions contact the CME office at 757-446-6140.)

Name/Degree (Please print clearly or type)

Daytime phone       Fax

Organization

Address

City      State  Zip

Email

Please make your workshop selections by checking the choices below. Please mark both your first and second choice, respectively.

Workshop #1 - 11:30 a.m.  ______  “Injury Prevention in Dancers”
  ______  “Manual Therapy for the Overhead Thrower”
  ______  “Modern Cupping Therapy for Sports & Athletic Performance”

Workshop #2 - 1:10 p.m.  ______  “Bone Health: A Multidisciplinary Approach”
  ______  “Modern Cupping Therapy for Sports & Athletic Performance”
  ______  “ACL Injury Prevention and Return to Soccer”

Register online at EVMS.edu/CMEregistration

Registration Contact
EVMS Continuing Medical Education
Phone: (757) 446-6140
Email: CME@EVMS.edu

Register online at EVMS.edu/CMEregistration or register by mail (include payment):
Eastern Virginia Medical School
Continuing Medical Education
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