June 15, 2017
8 a.m. to 4:15 p.m.
Brickhouse Auditorium
Children’s Hospital of The King’s Daughters
601 Children’s Lane • Norfolk, VA 23507

7.25 AMA PRA Category I Credit(s)™

ACGME Competencies:
Patient Care | Medical Knowledge | Professionalism
Practice-Based Learning & Improvement

Discounted fees for VA-AAP, VATA and VPTA members!

Register online at CHKD.org/CMEregistration
Overall Objective
This conference will review current approaches to evaluating, diagnosing and managing injuries in the pediatric and adolescent athlete. Health care professionals who are caring for young athletes will be able to discuss the most current information as well as apply hands-on techniques after attending this conference.

Target Audience
This Pediatric & Adolescent Sports Medicine Update has been designed to inform primary care physicians (pediatricians, family practitioners, internists), emergency medicine physicians, physician assistants, nurse practitioners, physical therapists and certified athletic trainers.

Educational Formats
- Lectures
- Hands-on workshops
- Case-based presentations
- Interactive discussions
- Lunch with the experts

CME Credit
Children’s Hospital of The King’s Daughters is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.

Children’s Hospital of The King’s Daughters designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education Credit
Children’s Hospital of The King’s Daughters is recognized by the Board of Certification, Inc., to offer continuing education for certified athletic trainers.

Travel Information
Children’s Hospital of The King’s Daughters (CHKD) is located near downtown Norfolk. From Interstate 64, take the I-264 West exit to Downtown Norfolk and look for the Children’s Hospital direction sign just before Exit 11-B (Brambleton Ave.). Take 11-B and travel West on Brambleton two miles to Colley Avenue; turn right on Colley, then left at the second traffic light to Olney Road. CHKD is on the corner of Children’s Lane and Olney. Parking is on the left.

Special Services
If special arrangements are required for an individual with a disability, contact Rosalind Jenkins at (757) 668-8942 at least 15 days prior to the conference.

Discounted Fees for VA-AAP, VATA and VPTA Members
Registration is $68 for VA-AAP members and $58 for VATA and VPTA members, if registered by Monday, May 15.

Cancellation Deadline
Cancellations must be received in writing by Monday, June 12 in order to receive a refund. All cancellations are subject to a $25 cancellation fee.

Faculty
Visiting Faculty
John P. DiFiori, MD
Professor, Departments of Family Medicine and Orthopaedics
Chief, Division of Sports Medicine and Non-Operative Orthopaedics
David Geffen School of Medicine at UCLA, Head Team Physician, UCLA, NBA Director of Sports Medicine
Hal W. Breedlove, OD
Breedlove Eye Center
Virginia Beach, VA
Kathleen McCauley, JD
Moran Reeves Conn
Richmond, VA

CHKD/EVMS Faculty
Joel Brenner, MD, MPH, Course Director
Medical Director, Sports Medicine Program, CHKD
Sports Medicine and Adolescent Medicine Specialist, CSG/CHKD
Associate Professor of Pediatrics, EVMS

Kristyn Anselmo, DPT
Sports Medicine Physical Therapist, CHKD

Don Byars, MD
Associate Program Director
Emergency Ultrasound Fellowship Director
Associate Professor of Emergency Medicine, EVMS

Susan Fogarty, RD
Sports Dietician, CHKD

John W. Harrington, MD
Director, General Academic Pediatrics, CMG/CHKD
Professor of Pediatrics, EVMS

Aisha Joyce, MD
Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Ashley Koto, DPT, ATC
Sports Medicine Physical Therapist, CHKD

Alexandra Laramee, LCSW
Behavioral Health Department, CHKD

David Smith, MD
Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Sara Stites, DPT, ATC
Sports Medicine Physical Therapist, CHKD
Conference Agenda

7:30 a.m.  Registration and Continental Breakfast

8:00  Early Sport Specialization: Prescription for Success? – John DiFiori, MD

9:05  Welcome/Opening Remarks - Joel Brenner, MD, MPH


10:00  Q & A

10:05  Young Athletes with Autism: Inclusion=Excellence – John Harrington, MD

10:35  Q & A

10:40  “Group Exercise”

10:45  2 Minutes/2 Slides (Rapid Round Presentations of Sports Information)

11:00  Introduction to Musculoskeletal Ultrasound in Sports – Don Byars, MD

11:15  Break with Exhibitors

11:30  Workshop #1

12:30  Lunch and Panel – Youth Sports Medicine Dilemmas
 (Cases and questions submitted by audience) – Moderator: Dr. Brenner

1:00  Break

1:05  Workshop #2

2:00  When Pain is Out of Control – David Smith, MD, and Alexandra Laramee, LCSW

2:45  Q&A

2:50  Anne McKim Memorial Lecture – Screening for Cardiac Sudden Death in the Athlete: Is ECG the answer?
 – Dr. DiFiori

3:20  Q&A

3:25  Concussion Update From the CARE Consortium – Dr. DiFiori

3:40  Sports Vision and Concussions – Hal Breedlove, OD

4:10  Q & A

4:15 p.m.  Closing Remarks/Adjourn

Workshop #1  11:30 a.m. – 12:20 p.m.

1A  MD  Challenging Cases in Pediatric Sports Medicine – Dr. DiFiori
1B  ATC/PT/MD  Musculoskeletal Ultrasound in Sports – Dr. Byars
1C  ATC/PT  Dry Needling in Sports – Ashley Koto, DPT, ATC and Sara Stites, DPT, ATC

Workshop #2  1:05 p.m. – 1:55 p.m.

2A  MD  *Hands-On Evaluation of the Shoulder: Basics for the office – Aisha Joyce, MD
2B  ATC/PT  Vestibular Therapy for Concussions – Kristyn Anselmo, DPT
2C  ATC/PT/MD  Sports Nutrition - Open Questions and Cases – Sue Fogarty, RD

*Wear comfortable attire for workshop participation/examination.
Complete and mail this form or register online at CHKD.org/CMEregistration.

Pediatric and Adolescent Sports Medicine Update for Primary Care
June 15, 2017 · 8 a.m. to 4:15 p.m.

Registration Information
Registration is $85 for physicians and $65 for other healthcare professionals and should be received by June 7. This fee includes conference materials, continental breakfast, coffee breaks and lunch. Registrations will be confirmed by email upon receipt of payment.

Registration Fee (check one)
☐ $85 Physician  ☐ $65 Other Professionals  ☐ $50 Students

Member Discounts by May 15 (affiliations will be verified):
☐ $68 VA-AAP Member (member # _______________)
☐ $58 VATA Member (member # _______________)
☐ $58 VPTA Member (member # _______________)

Name/Degree (Please print clearly or type.)
Daytime phone        Fax
Organization
Address
City      State  Zip

Course registrations will be confirmed via email only. If you would like to receive a confirmation/receipt, please provide your email address below.

Email

Please make your workshop selections by filling in the corresponding letter below. Please list both your first and second choice, respectively.

Workshop 1 - 11:30 a.m.  1st Choice ___    2nd Choice ___
Workshop 2 - 1:05 p.m.  1st Choice ___    2nd Choice ___

☐ Check here if you prefer a vegetarian lunch.

Method of payment (please do not send cash)
☐ Check (payable to Children’s Hospital of The King’s Daughters)
Credit Card:  ☐ Visa  ☐ MasterCard  ☐ Amex

Name on Card
Account Number  Exp. Date  SIS Code (3 digit code)

Signature

Send this form with payment and address questions concerning registration to:
Sylvette Houston-Lockhart
Children’s Hospital of The King’s Daughters
601 Children’s Lane
Norfolk, VA 23507
Phone (757) 668-8565
Email: Sylvette.Houston-Lockhart@CHKD.org

Register online at CHKD.org/CMEregistration