Our comprehensive pediatric and adolescent sports medicine physical therapy services are offered at five convenient locations.

**Chesapeake**
CHKD Health Center at Oakbrooke  
500 Discovery Drive, Suite 202  
Phone: (757) 668-2390 • Fax: (757) 668-2399

**Hampton**
CHKD Health Center at Butler Farm  
421 Butler Farm Road  
Phone: (757) 668-4511 • Fax: (757) 668-4510

**Newport News**
CHKD Health and Surgery Center at Oyster Point  
11783 Rock Landing Drive  
Phone: (757) 668-6235 • Fax: (757) 668-4510

**Norfolk**
CHKD Health Center at Kempsville  
171 Kempsville Road, Building A  
Phone: (757) 668-6644 • Fax: (757) 668-6645

**Virginia Beach**
CHKD Health and Surgery Center at Princess Anne  
2021 Concert Drive, Suite 101  
Phone: (757) 668-2727 • Fax: (757) 668-2725
As the region’s only comprehensive sports medicine program dedicated exclusively to young athletes, CHKD’s experienced team of pediatric and adolescent sports medicine physical therapists is in a league of its own, making it the best choice for physical therapy for young athletes … from little leaguers with overuse injuries to scholarship athletes with torn ACLs.

More and more children are participating in sports and suffering injuries. Whether they get hurt on the court, on the field, on the mat, or in the gym or studio, our specialized physical therapy services are designed to fit their unique needs.

At CHKD, young athletes receive treatment in a unique environment with other young athletes — making rehabilitation more fun and engaging. They work with therapists who specialize in the treatment of sports injuries in growing bodies, allowing athletes to get back in action as quickly as possible.

The sports medicine physical therapy team at CHKD is dedicated to providing the highest quality of care for pediatric and adolescent sports medicine injuries in young athletes throughout the region. The team works closely with your child’s physician and school athletic trainers to provide better coordination of care and oversight of the athlete’s return to play.

**Services Offered**
- Therapeutic exercise
- Functional training
- Return to sport testing and training
- Manual therapy
- Modalities (including Cold Laser and GameReady®)
- Aquatic therapy/swimming rehab
- Dry needling
- Dance medicine therapy
- Post-concussion syndrome rehabilitation
- Vestibular therapy
- Strong Girls - ACL injury prevention program
- Personal and group fitness
- Sports performance training
- Motion analysis with Dartfish™ Software - running, swimming, pitching, jumping