Welcome to Child Life

Thank you for being here!!!
Please enjoy this short video clip before we get started

Empathy: The Human Connection to Patient Care - YouTube
Our Child Life Team

Specialists

- Medical play/teaching
- Meet development and psychosocial needs
- Procedure prep and new diagnosis support
- Provide pain management, education & distraction
- Legacy making/building
- Bereavement support

Assistants

- Manage activity rooms
- Incorporate fun crafts and opportunities for medical play
- Support & supervise volunteers
- Work closely with the Child Life Specialists to meet the needs of our patients and families
Volunteers

- Help us to normalize the hospital environment and minimize stress through play.
- Play in the activity room/play deck and at the bedside. Quality vs. Quantity
- Work with patients of all ages, from infants to teenagers, and sometimes even young adults in their early twenties.
- You will not be involved in medical procedures, please remember to excuse yourself from the room.
- Please utilize our supplies frugally and responsibly, and try to hand out the toys on the shelves that can be sanitized and reused.
- See Child Life staff with any questions or suggestions on what to do when things are slow.
Sara Lee

- Sara Lee is our Facility Dog, who spends the majority of her time on our Rehab Unit. Sara Lee is different than our Buddy Brigade program.
- Shannon Hood, Director of Integrative Care, is the handler of Sara Lee.
Appropriate way to approach Shannon and SaraLee
Child Life Services

- Aromatherapy
- Art Therapy
- Music Therapy
- Buddy Brigade

- Weekly CCTV Programming including BINGO WEDNESDAYS
Work Hard Play Harder
Volunteer Opportunities

• **Child Life**
  - 8<sup>th</sup>, 7<sup>th</sup> & 5<sup>th</sup> floor
  - TICU

• **PICU**
  - Seasoned volunteers

• **NICU**
  - Must complete 60 hours in Child Life and complete NICU orientation
Activity Rooms

- **8th Floor Activity Room** – Open to ALL ages.
  - See nurse for wheelchair or wagons if needed. Please do **NOT ever** carry patients in your arms.
  - Adult supervision required for any patient and/or sibling utilizing the play deck.

- **Teen Room** – 12 years and older (including siblings)
  - Remains locked when not in use.
  - Refer to as an “activity room” vs. playroom for older populations.

- **5th Floor Activity Room** – Open to HEMONC/Rehab patients only.
  - Staffed by Child Life Monday-Saturday.
Activity Room Policies

- All patients must be signed in and out.
- Patients on isolation or active seizure precautions may **NOT** come to the activity room.
- No medical procedures or treatments may happen in the activity room.
- No food, drink or gum allowed.

During COVID siblings are **not** permitted in our activity rooms. Mask are no longer required.
What is our sibling policy?

- Sibling must be in good health
- Patient cannot be on isolation or have had a fever
- Parent/Guardian must fill out health screening form
- Parent must stay with sibling in the activity room, but patient does not need to be present
- Sibling must be signed in

**SIBLINGS CURRENTLY NOT ALLOWED DUE TO COVID**
Before going bedside, make sure you….

- Write you full name and initials on the volunteer line
- Check highest priority(*) patients first
- Write down room number, name, and age
- Write your initials in the corresponding shift block to let other volunteers know patient is being taken care of
- Pay attention to staff notes and activity level
- Check in with nurse for any special instructions
- Sanitize hands and put on PPE if necessary
- Knock on door and **introduce yourself**
- Allow patients that are asleep to continue sleeping
What to do after visiting a patient

- Sanitize/wash hands
- Make sure patient is secure in bed or crib
- Let nurse know that you are leaving especially if patient is alone
- Make notes about visit in volunteer census book
Examples of crossing boundaries with patients and/or families

• Buying gifts
• Exchanging phone numbers
• Social media interactions
• Using cell phones in front of patients
• Asking patients why they are here
What to do if a patient’s IV pole starts beeping

• Plug it in if it says “Low Battery”
• Inform Child Life if in the activity room
• Inform nurse if at bedside
• You may press the Silence button to quiet the beeping after informing staff
If a patient were to have an emergency, such as seizing, in the activity room or bedside you should...

- **Bedside:** Press nurse call button, staff assist button, or call out (yell for help)
- **Activity Room:** Press staff assist button or call out (yell for help)

*Never leave patient alone*
If there is a spill involving bodily fluids in the activity room, you should…

- Let Child Life Staff know so we can call ESD
- Place a towel over spill
- Keep patients away
- Use gloves when aiding patient involved
Child Life Question

True or False:
If a patient is in the activity room, it is okay for he/she to use the hallway restroom.

• False
Child Life Question

True or False: Patients over 18 years old do not need an escort when walking in the hallways.

• FALSE
What is wrong with this video?
Isolation Signs

Gown & Gloves Required

- Hand hygiene on entry/exit
- Gown and gloves to enter
- Use dedicated or single-use equipment
- Disinfect after each use

Visitors: Please follow instructions above. Check with the nurse for assistance.

Gloves Required

- Hand hygiene on entry/exit
- Gloves to enter
- Use dedicated or single-use equipment
- Disinfect after each use

Visitors: Please follow instructions above. Check with the nurse for assistance.

Mask Required

- Hand hygiene on entry/exit
- Facemask and eye protection to enter

Visitors: Follow hand hygiene instructions above. Must wear facemasks to enter.

Visitors: Siga las instrucciones para la higiene de las manos descritas más arriba. Debe ponerse máscara para entrar.
N-95 Mask Required

Do **NOT** enter these patient rooms.

STAFF ONLY
Volunteers may **NOT** visit the following:

- Mental Health Protocol Patients
- Nutritional Protocol Patients
- Patients requiring N-95 masks to enter
- Neutropenic patients if you have been sick within the last 2 weeks
- Any patient **NOT** listed in the volunteer census book
What is wrong with this video?
Infection Control

- **Hand Hygiene at CHKD - YouTube**
- **PPE Demonstration**
  - **Isolation Gown - Donning and Removing - YouTube**
Dress Code

**Appropriate attire:**
- Badge above waist
- Blue volunteer smock, t-shirt, or polo visible
- Khaki or black pants
- Scrub pants (any color)
- Closed toed shoes
- Non-offensive tattoos

**Inappropriate attire:**
- Large jewelry (dangle/hoop earrings)
- Leggings/Yoga pants
- Jeans / Sweatpants
- Hats
- Jackets/Sweatshirts over uniform
- Perfume/Cologne or Scented lotions
THANK YOU

Please gather your items as we leave the conference room for a brief hospital tour 😊