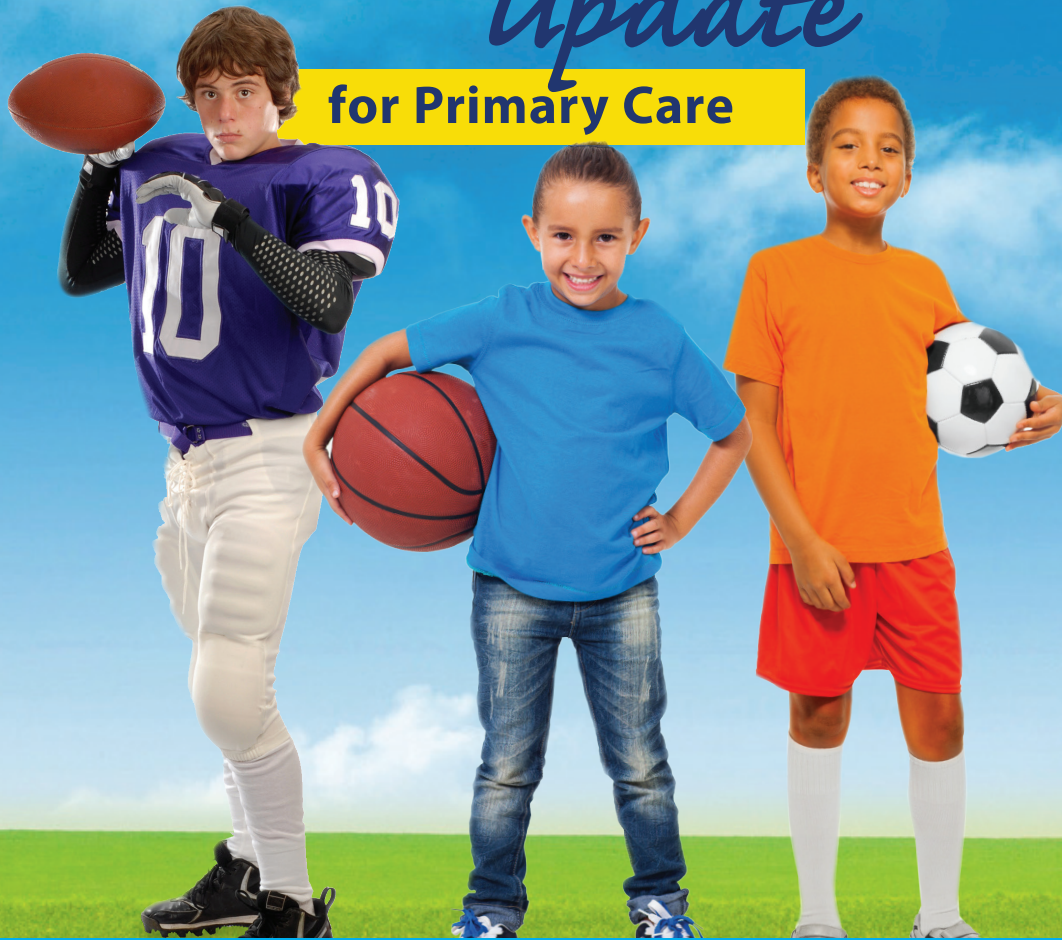


Register Now

19th Annual Donald W. Lewis Pediatric and Adolescent

Sports Medicine *Update*

for Primary Care

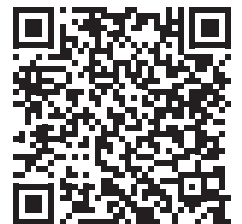


June 11, 2026

8 a.m. to 4 p.m.

Old Dominion University's Eastern Virginia Medical School Campus,
Lester Hall, 651 Colley Avenue, Norfolk, VA 23507

For more information, visit [CHKD.org/CME](https://www.chkd.org/CME) or scan the QR code.



Presented by



MACON & JOAN BROCK VIRGINIA HEALTH SCIENCES
EVMS
Continuing Medical Education
AT OLD DOMINION UNIVERSITY

In collaboration with

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™
Virginia Chapter



Purpose

The purpose of this educational activity is to provide the most up-to-date information and hands-on techniques for health care professionals taking care of young athletes. After attending this conference, healthcare professionals who are caring for young athletes will be able to evaluate, diagnose, and manage injuries in the pediatric and adolescent athlete as well as apply hands-on techniques for treatment of sports injuries.

This program has been designed to educate primary care pediatricians, family practitioners, internists, emergency medicine physicians, sports medicine specialists, pediatric orthopedic surgeons, pediatric medical specialists, physician assistants, nurse practitioners, physical therapists, certified athletic trainers and other interested health care providers.

Educational Formats

- Lectures
- Hands-on workshops
- Case-based presentations
- Interactive discussions
- Lunch with experts

Discounted Fees for VA-AAP and VATA Members

Registration is \$72 for VA-AAP members and \$62 for VATA members if registered by **May 14, 2026**.

Continuing Medical Education

CHKD Pediatric Grand Rounds (8 a.m. – 9 a.m.)

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Macon and Joan Brock Virginia Health Sciences at Old Dominion University and Children's Hospital of The King's Daughters. Macon and Joan Brock Virginia Health Sciences at Old Dominion University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Macon & Joan Brock Virginia Health Sciences at Old Dominion University designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 1 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

19th Annual Donald W. Lewis Pediatric and Adolescent Sports Medicine Update for Primary Care 2025 (9:05 a.m. – 4:00 p.m.)

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Macon and Joan Brock Virginia Health Sciences at Old Dominion University and Children's Hospital of The King's Daughters. Macon and Joan Brock Virginia Health Sciences at Old Dominion University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Macon & Joan Brock Virginia Health Sciences at Old Dominion University designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 6 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Continuing Education Credit

Children's Hospital of The King's Daughters (BOC AP#:P3720) is approved by the board of certification, Inc. to provide continuing education to athletic trainers (ATs). This program is eligible for a maximum of 7.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Special Services

If special arrangements are required for an individual with a disability, contact ODU-EVMS CME at (757) 446-6140 at least 15 days prior to the conference.

Cancellation Deadline

All cancellations must be made in writing to CME@ODU.edu prior to **Friday, May 29, 2026** in order to receive a refund. No refunds will be given after this date or for "no shows". A \$25 administrative service charge will be assessed on ALL cancellations.



Conference Agenda

- 7:15 a.m. Registration**
- 8 a.m. CHKD Pediatric Grand Rounds: Concussion Care 2026: From Sideline to Prolonged Recovery**
Kevin Walter, MD
- 9:05 a.m. Welcome/ Opening Comments**
Joel Brenner, MD, MPH
- 9:15 a.m. Myofascial Pain- Diagnosis and Treatment**
Dana Dasher, MD
- 9:45 a.m. Q & A**
- 9:55 a.m. Staying Active with Diabetes: An Athlete and Physician Perspective**
Tessa Glavin, RN and Melinda Penn, MD
- 10:40 a.m. Break with Exhibitors**
- 10:55 a.m. Workshop 1**
- 12 p.m. Lunch and Panel – Youth Sports Medicine Dilemmas**
(Cases and Questions submitted by audience)
Moderator: Joel Brenner, MD, MPH
Panel: Kellie Gilmartin, ATC, Emily Hafer, DPT, Peter Moskal, MD, Haley Powell, DO, and Kevin Walter, MD
- 12:50 p.m. Workshop 2**
- 1:50 p.m. “I Can’t Catch My Breath”**
Angela Hogan, MD
- 2:35 p.m. Q & A**
- 2:45 p.m. Staying Active with Bleeding Problems**
Kevin Todd, MD
- 3:15 p.m. Q & A**
- 3:25 p.m. Anne McKim Memorial Lecture: Eye Injuries in Sports**
Kevin Walter, MD
- 3:55 p.m. Q & A**
- 4 p.m. Closing Remarks/Adjourn**
Joel Brenner, MD, MPH

Workshop 1

- Alpine Skiing and Snowboarding – Kevin Walter, MD
- Ultrasound 101 – Haley Powell, DO
- Figure Skating – Emily Hafer, DPT and Christie Pona, DPT

Workshop 2

- Foot and Ankle Problems – Peter Moskal, MD
- A Nonsurgical Approach to OCD – David Smith, MD
- Soccer: A Global Perspective – Micah Lamb, DO

Visiting Faculty

Kevin Walter, MD, FAAP

Medical Director, Children’s Wisconsin Sports Medicine
Sports Medicine Specialist
Associate Professor of Orthopedic Surgery,
Medical College of Wisconsin
Milwaukee, Wisconsin

Tessa Glavin, RN

Nurse, Sentara Health System
Norfolk, Virginia

CHKD/EVMS at ODU Faculty

Joel Brenner, MD, MPH, FAMSSM

Medical Director, Sports Medicine Program,
Children’s Hospital of The King’s Daughters
Sports Medicine and Adolescent Medicine Specialist, CSG/CHKD
Professor of Pediatrics, Eastern Virginia Medical School at ODU

Dana Dasher, MD

Pediatric Physical Medicine and Rehabilitation Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Eastern Virginia Medical School
at ODU

Kellie Gilmartin, ATC

Sports Medicine Athletic Trainer, CHKD

Emily Hafer, DPT

Sports Medicine Physical Therapist, CHKD

Angela Hogan, MD

Allergy and Immunology Specialist,
CSG/CHKD
Professor of Pediatrics, Eastern Virginia Medical School at ODU VMS

Micah Lamb, DO

Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Eastern Virginia Medical School
at ODU

Peter Moskal, MD

Pediatric Orthopedic Surgery Specialist, CSSG/CHKD

Melinda Penn, MD

Endocrinology Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Eastern Virginia Medical School
at ODU

Haley Powell, DO

Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Eastern Virginia Medical School
at ODU

Christie Pona, DPT

Sports Medicine Physical Therapist, CHKD

David Smith, MD

Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Eastern Virginia Medical School
at ODU

Kevin Todd, MD

Hematology and Oncology Specialist, CSG/CHKD
Assistant Professor of Pediatrics, Eastern Virginia Medical School
at ODU

Space is limited, so register early! Complete and mail this form or register online at CHKD.org/CME.

19th Annual Donald W. Lewis Pediatric and Adolescent Sports Medicine Update for Primary Care
June 11, 2026, 8 a.m. to 4 p.m.

Registration Information

Registration should be received by **June 8, 2026**. This fee includes access to the online syllabus, light breakfast, and lunch.

I have a dietary restriction. *Please provide detail (i.e., vegan, gluten free, food allergy, etc.)*

Registration Fee (check one)

\$89 Physician \$69 Other Professional \$50 Student

Member Discounts by May 14, 2026 (affiliations will be verified):

\$72 VA-AAP Member (member # _____)

\$62 VATA Member (member # _____)

\$62 CHKD Sports Medicine Employee

Name/Degree (Please print clearly or type)

Daytime phone

Fax

Organization

Address

City

State

Zip

Email

Please make your workshop selections by checking the choices below. Please mark both your first and second choice, respectively.

Workshop #1 - 10:55 a.m. _____ Alpine Skiing and Snowboarding – Kevin Walter, MD

_____ Ultrasound 101 – Haley Powell, DO

_____ Figure Skating – Emily Hafer, DPT and Christie Pona, DPT

Workshop #2 - 12:50 p.m. _____ Foot and Ankle Problems – Peter Moskal, MD

_____ A Nonsurgical Approach to OCD – David Smith, MD

_____ Soccer: A Global Perspective – Micah Lamb, DO

Registration Contact

ODU-EVMS CME

Phone: (757) 446-6140

E-mail: CME@ODU.edu

Register Online - pay by credit card

Register online at CHKD.org/CME or scan QR code.



Register by Mail - pay by check

Mail your completed form and check payable to Old Dominion University to:

Macon & Joan Brock Virginia Health Sciences

EVMS at Old Dominion University

Continuing Medical Education

Waitzer Hall 1136

735 Fairfax Avenue

Norfolk, VA 23507

Send this form with payment and address questions concerning registration to CME@ODU.edu or

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