

Sickle Cell Symptom Guide

Use the checklist below to help you decide who to call when your child has concerning symptoms.

Complaint	Hematologist	Primary Care Provider	Emergency Room
Abdominal pain	✓	✓	
Anxiety, depression, or other mental health concerns		✓	✓ <small>If a danger to self or others</small>
Any stroke symptoms: one-sided weakness/tingling, slurred speech, worst headache of your life			✓ call 911
Bedtime wetting after 10 years old	✓	✓	
Chest pain	✓		✓
Concerns about behavior		✓	
Concerns about behavior after stroke	✓		
Concerns about grown/weight/nutrition		✓	
Dental procedures	✓		
Ear pain/ear infection without fever		✓	
Enlarged spleen	✓		✓
Fever of 101 or higher	✓		✓
Headaches	✓	✓	
Immunizations		✓	
Increased jaundice (yellowing of eyes)	✓		
Pain without trauma	✓		
Pale, unusually tired, other signs of anemia	✓		
Physical exams for work/school/sports		✓	
Pink eye/conjunctivitis		✓	
Prescription refills	Contact the provider who wrote the prescription		
Rashes		✓	
Runny nose		✓	
School difficulties	✓	✓	
Seasonal allergies, food allergies		✓	
Sleeping disturbances		✓	
Surgery	✓		
Unwanted erection, of more than 1 hour	✓		✓
Upset stomach (vomiting/diarrhea)		✓	
Urinating more often/burning		✓	
Urine with blood	✓		
Wheezing/asthma symptoms, cough, shortness of breath	✓		



**My child's
hematologist is:**

They can be reached at:
(757) 668-7243

**My child's primary
care physician is:**

They can be reached at:

After hours, call:

**In the event of an
emergency, call 911.**

**In the event of a
mental health emergency,
call 988, 911, or go to
your nearest emergency,
room.**



**Children's Cancer and
Blood Disorders Center**