## **Category C Jobs Physical Requirements** Frequent lifting/carrying objects weighing up to 35 lbs without assistance Occasional lifting/carrying objects greater than 35 lbs with assistance Frequent sitting, standing, walking, reaching and repetitive movement Frequent use of hearing, speech, and vision required to share information through oral and sight communication Frequent bending, stooping, squatting, kneeling, twisting, pushing, pulling, sorting, balancing/holding objects and reaching above shoulder/floor to waist Frequent data entry, computer/keyboard use Simple/light grasping, firm/strong grasping, and fine bilateral dexterity Visual acuity including color, depth perception, and field of vision (normal or corrected) Patient (or Patient Area) contact

- Frequent exposure to communicable diseases
- Frequent exposure to blood borne pathogens
- Wearing PPE required
- May work irregular or extended work hours