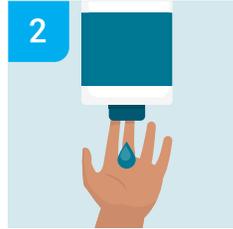


Hand Hygiene

Washing Hands with Soap and Water



Turn on water and wet hands.



Apply soap.



Rub hands for at least 20 seconds in a circular motion covering:

- Front and backs of hands
- In between fingers
- Both thumbs
- Wrists
- Under fingernails



Rinse hands with fingertips pointed down.



Towel dry.



Turn water off with a dry paper towel.

Using Hand Sanitizer



Apply hand sanitizer.



Rub hands until dry using a circular motion covering:

- Under fingernails
- Front and backs of hands
- In between fingers
- Both thumbs
- Wrists



Do not wave hands. Wipe off or air dry.

Please use the camera on your smartphone to scan the QR code and view related videos on our YouTube channel.



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