



# Children's Hospital of The King's Daughters: Joint Implementation Strategy

Prepared by ToXcel, LLC, August 2025

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# Background

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## Children's Hospital of The King's Daughters (CHKD)

CHKD is Virginia's only freestanding, full-service children's hospital and the heart of a comprehensive pediatric healthcare system. CHKD Health System's unique services are dedicated exclusively to children and often meet pressing health needs that would otherwise go unmet. The hospital is home to the region's only pediatric trauma center, the area's largest and most sophisticated neonatal and pediatric intensive care units, and our region's only pediatric surgery program.

In addition to its inpatient services, CHKD offers more than 30+ pediatric sub-specialty programs that care for children with chronic illnesses like asthma and diabetes. Signature outpatient services include pediatric surgery, urgent care, diagnostic testing, rehabilitative therapies, and sports medicine. The Health System's Medical group consists of 19 primary care pediatric practices, and its Surgical Group includes more than 30 pediatric surgeons in the specialties of cardiac surgery, neurosurgery, orthopedic surgery, pediatric general surgery, plastic and oral maxillofacial surgery, and urology. With approximately 4,200 employees, CHKD offers a full range of pediatric-trained clinical and support staff who are exclusively dedicated to the care and well-being of children.

In 2022, CHKD's transformational commitment to children's mental health services culminated with the opening of the Children's Pavilion, a 60-bed inpatient and outpatient facility on its Norfolk campus which serves as a hub for the organization's mental health program which was developed in response to needs identified through the community health needs assessment (CHNA) process. While the program is still growing, CHKD has created the essential framework of a comprehensive service line that offers inpatient care, partial hospitalization, crisis evaluation, and outpatient services with the goal of providing care in the most supportive environments possible.

## Purpose and Scope

The Patient Protection and Affordable Care Act requires non-profit hospitals to conduct a community health needs assessment (CHNA) every three years to engage the community in identifying and prioritizing health needs, and then to develop an implementation strategy designed to address the priorities identified during the assessment. From November 2024 to April 2025, CHKD conducted a CHNA with support from ToXcel, LLC, a Gainesville, Virginia-based health, science, and engineering research and consulting firm. The joint CHNA developed included all the licensed facilities within the CHKD Health System: Children's Hospital of The King's Daughters located in Norfolk, which includes Children's Pavilion, and CHKD's two Health and Surgery Centers, located in Newport News and Virginia Beach.

The community served by CHKD is defined through analysis of patient records, geography of the region, and the location of their facilities. Extensive efforts were taken to ensure that input was sought from medically underserved populations—including populations experiencing health disparities or that are at risk of not receiving adequate medical care because of being uninsured, underinsured, or due to geographic, language, financial, or other barriers—as well as input from organizations familiar with their health needs, including health departments.

This document is a companion report to the CHNA. It describes the joint Implementation Strategy developed to address community health needs and the core priority identified through the CHNA process: **mental health**.

For the core priority of pediatric **mental health**, this implementation strategy describes:

- Current work that CHKD already has underway to support pediatric mental health;
- Actions that CHKD intends to take to further address mental health;
- Programs, resources and collaborations that CHKD plans to utilize to address pediatric mental; and
- Anticipated impacts of these actions.

CHKD's joint Implementation Strategy includes all three licensed facilities within CHKD Health System: Children's Hospital of The King's Daughters and its Children's Pavilion, located in Norfolk, and CHKD's two Health and Surgery Centers --- the CHKD Health and Surgery Center at Oyster Point in Newport News and the CHKD Health and Surgery Center at Concert Drive in Virginia Beach. This document also outlines ways that priorities identified in the CHNA but not included in the implementation strategy are being addressed through the work of CHKD and its partners and lists other resources available in the community to support those needs.



# CHNA Process

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CHKD's CHNA process included collecting data from several different sources, including a community health survey, focus groups, key stakeholder interviews, and analysis of health indicator data.

- **Community Health Survey.** The survey was disseminated in collaboration with other area hospital systems and health districts included in the CHNA Collaborative. The survey was completed by organizations that provide services to the community (and therefore have a strong understanding of community resources, needs, and health priorities) as well as individuals. There were 5,197 individual responses and 289 organizational responses to the survey. Organizational responses came from health departments, social service agencies, schools, and organizations that serve and can speak to the needs of medically underserved, low-income, and minority communities.
- **Focus groups.** Twenty-seven focus groups were held in Norfolk, Portsmouth, Suffolk, Virginia Beach, Newport News, Hampton, and Williamsburg in collaboration with organization partners. There were 247 focus group participants.
- **Key stakeholder interviews.** Twenty-eight interviews were conducted with stakeholders from organizations that have unique insight into the needs of medically underserved, vulnerable, low-income, and minority communities to gain a deeper appreciation for issues that affect children's health and key health priorities.
- **Health Indicator Analysis.** A quantitative analysis of key health indicators was conducted to assess health status and provide additional information to layer with community input and key stakeholder perception to better understand complex, interrelated health issues that impact CHKD's service area. Data sources included: American Community Survey, State Departments of Health and Education, County Health Rankings and Roadmaps, National Center for Health Statistics, Centers for Disease Control and Prevention, and Virginia Health Information.

The CHNA report provided a summary of the data and information gathered from each source, a description of how the data was obtained, and a discussion of how community input and public health feedback was used to identify and prioritize significant health needs, as well as the existing resources to support those needs. The full CHNA report can be reviewed on [CHKD's website](#).

## Identifying Significant Health Needs

After compiling all the results from the stakeholder and community surveys, focus groups, key stakeholder interviews, and health indicator analyses, common themes and significant health needs were identified across data sources. Significant health needs arose as priorities in at least two of the data sources or when data from one of the sources revealed an overwhelming need.

The following significant health needs were identified:

- Mental health

- Access to health care
- Chronic and acute health conditions
- Access to healthy foods
- Violence in the home/community
- Maternal/Infant health
- Alcohol misuse
- Social and environmental factors
- Affordable housing/homelessness

## Prioritization Process

In the prioritization process, CHKD leaders and key stakeholders reviewed results across all data sources and considered the following criteria to determine priorities:

- Alignment with CHKD’s mission, goals and scope of service.
- Importance and priority indicated through community and key stakeholder input.
- Degree to which CHKD has the resources needed to address the issue.

Individuals and groups involved in this process included the following:

- The hospital's senior leadership team, which includes its CEO, senior vice presidents and vice presidents, provided knowledge of the organization’s mission and vision, its scope of services, and its ability to assign resources to meet emerging as well as established needs.
- CHKD physician leaders offered insight into the immediate and long-term public health implications of the identified needs for children, families, and the community.
- CHKD's Patient and Family Advisory Council, which includes parents of current and former patients and patients themselves who have experienced CHKD services firsthand. This volunteer council assured further community input and feedback during the prioritization process.

The priorities identified by key stakeholders such as health departments, social services, and other organizations who serve and can speak to the needs of medically-underserved, low-income, and minority communities were heavily considered in the priority selection process.

## Top Priority: Mental Health

**Based on the criteria and given the enormous need for mental health services, there was a strong consensus that CHKD should continue to focus its implementation strategy on pediatric mental health.** By addressing pediatric mental health, CHKD hopes to impact other issues that affect pediatric health and children’s overall well-being, such as violence, crime, substance abuse, child abuse and neglect, childhood obesity, and general physical health. CHKD is also planning to continue its commitment to existing programs to support access to care, child abuse, and infant health.

# Mental Health

Attention deficit hyperactivity disorder (ADHD), depression, and anxiety are all common chronic mental health conditions. There are several compelling reasons that mental health is a high priority issue in CHKD's service area.

- Mental health was the top prioritized issue among individuals and organization participants in the Community Health Survey.
- Key stakeholders interviewed and focus group participants raised the following issues:
  - Delays in receiving support services and interventions for anxiety, depression, ADHD, and autism.
  - Long waitlists due to lack of availability of services and providers.
  - A pervasive issue of social isolation related to the overuse of technology (often due to a lack of childcare or adult supervision).
  - Behavioral challenges, such as difficulties in emotional regulation or social interactions.
- Inpatient discharge analyses from CHKD show mental health conditions as the primary reason for half of all hospital discharges of children ages 10-17.
- While data in the CHNA and below (Figure 1) represents the latest available numbers from VHI, the time frame represented (2018-2022) precedes, for the most part, the opening of the first inpatient beds at Children's Pavilion, which opened in October of 2022. This data indicated that hospitalization rates for pediatric mental health were decreasing at that time, and showed disparities in who is most impacted.

## Quotes from Key Stakeholders

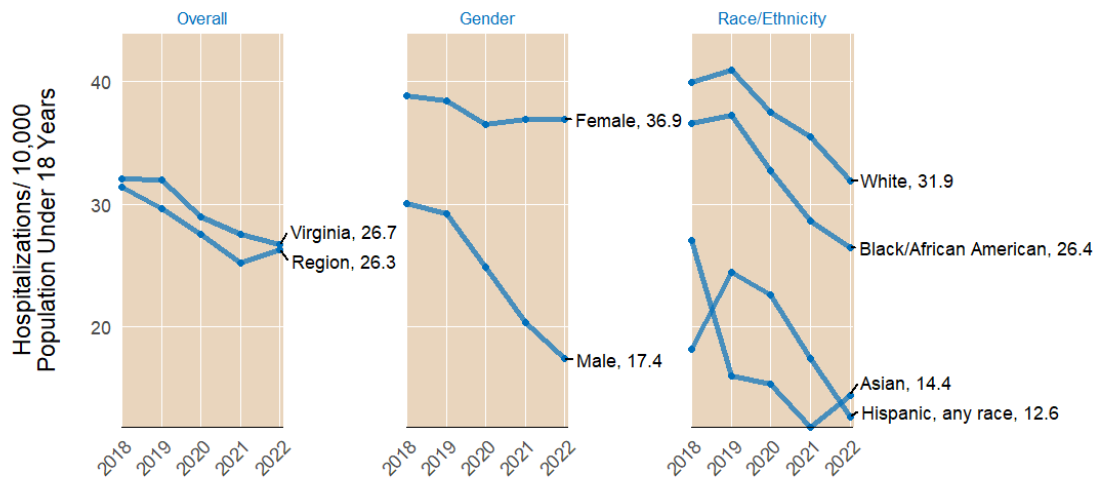
*"There are differing attitudes towards health, especially mental health. Culturally a lot of vulnerable populations approach it as a weakness, as opposed to looking to get healthy."*

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*"Physical and mental health are not separate. If someone has less physical activity, they have low endorphins. And if they have poorer mental health, they have a lower desire to engage in physical activity ... If one can't improve without the other improving, where do you start? It's overwhelming, especially for kids."*



FIGURE 1. AGE-ADJUSTED HOSPITALIZATION RATE DUE TO PEDIATRIC MENTAL HEALTH, 2022



Source: Virginia Health Information

Note: Data reflects the following 19 places: Accomack County, Chesapeake City, Franklin City, Gloucester County, Hampton City, Isle of Wight County, James City County, Mathews County, Newport News City, Norfolk City, Northampton County, Poquoson City, Portsmouth City, Southampton County, Suffolk City, Surry County, Sussex County, Virginia Beach City, York County.

# Action Steps to Address Mental Health

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## Workforce Retention and Development

CHKD made a transformational commitment to providing the full continuum of inpatient and outpatient mental health services for children and adolescents, culminating in the opening of its 60-bed inpatient and outpatient Children's Pavilion in late 2022. As expected, building a brand-new mental health program from the ground up has presented CHKD with a range of challenges. Staffing is foremost among them, and CHKD is actively prioritizing recruitment, retention, and structural solutions to address this fundamental need. These include, but are not limited to, the following:

- Increasing CHKD's Child and Adolescent Psychiatry fellowship program to include five fellows in 2025 and six beginning July 2026.
- Hiring additional supervisors and residents to cultivate a long-term pipeline of skilled providers who align with the organization's standards.
- Developing internal float and resource pool models to enhance staffing flexibility across emergency, inpatient, and outpatient settings.
- Restructuring the Pavilion's nursing organization so that it shares the same leadership as the main hospital to facilitate the training and governance required to meet the goal above.
- Restructuring the Pavilion's administrative organization so that it shares the same clinical and operations leadership as the main hospital, reducing administrative bottlenecks, and increasing transparency and flexibility.
- Redesigning the section of CHKD's website that focuses on recruitment to better reflect the benefits of working in CHKD's Mental Health Program.
- Committing additional resources to raise the profile of CHKD's mental health service line and advertise key mental health positions to potential applicants.
- Enhancing communication, recognition of accomplishments, and employee engagement through a service line-specific newsletter.
- Increasing two-way, face-to-face communication through regularly scheduled opportunities to meet with all levels of leadership, also in support of employee engagement and retention.

- Developing a formal internship program with nearby Old Dominion University, which recently merged with the region’s medical school, to offer internships, early career training, and professional development to MSW, MA, and Counseling students. The new program is expected to start in fall 2026.

These activities will continue for the foreseeable future as CHKD prioritizes building a strong and stable team of mental health providers and support staff.

## Strengthening Specialized Services

The service line is focused on maximizing access and administrative efficiency withing the realities of the current staffing environment. In the past, CHKD used an algorithm developed internally to assess the level of care patients required. The hospital now plans to adopt the nationally recognized Child and Adolescent Service Intensity Instrument to determine which services will most benefit a patient, which should simplify and streamline the intake process, eliminating unnecessary steps and delays in scheduling appointments. CHKD’s goal in creating a comprehensive mental health program is to move patients through a progressive continuum of services that provides the optimal level of support, and requires the optimal use of resources, throughout the patient journey. This continuum includes options such as CHKD’s Intensive Outpatient Program (IOP), Partial Hospitalization Program (PHP), outpatient therapy, and Bridge program, a short-term service that provides stabilization and referrals to children in crisis. Placing patients in the most appropriate niche within this continuum will help improve access to care and quality of care.

Other goals that are more dependent upon staffing levels include creating more appointment availability at CHKD’s community-based multiservice Health Centers for outpatient therapy, psychological assessments, and psychiatry and expanding treatment options for children with dual psychiatric conditions as well as autism and substance abuse.

## Plans By Location

CHKD’s IRS filings include their main hospital and its Children’s Pavilion and the CHKD Health and Surgery Centers in Virginia Beach and Newport News. Because the Health and Surgery Centers have very limited physical space to offer mental health care, CHKD primarily offers mental health services to Virginia Beach families at the CHKD Health Center at Landstown, located two miles away from the Health and Surgery Center at Concert Drive, and to Newport News families at the CHKD Health Center and Urgent Care at Tech Center, located two miles away from the CHKD Health and Surgery Center at Oyster Point.

Highlights of work at each facility include the following:

### **Children’s Hospital of The King’s Daughters and its Children’s Pavilion, Norfolk, Virginia**

- The hospital has enhanced screening for mental health conditions in its emergency department to strengthen earlier identification and referrals for children who need mental health services.
  - Current screening includes the ASQ (Ask Suicide Screening Questions) which is given to all age-appropriate patients regardless of reason for visit to identify those at risk for suicide.
  - In July 2025 CHKD implemented the YSBIRT (Youth Substance Use Brief Intervention and Referral to Treatment) program in partnership with DBHDS, SAMHSA, and the University of Baltimore to screen patients 12-17 for substance use risk. For those who screen positive, CHKD was awarded grant funding to support intervention specialists who meet with the patient/family and support a brief intervention, psychoeducation, and referral to treatment if needed.
  - Other assessment tools are utilized as needed to support specific diagnosis-related concerns.
- Staff and leadership have been actively engaged in efforts to reduce the time it takes for patients who present in our ED needing inpatient services to be admitted to Children's Pavilion. Significant changes have been made to improve this patient experience.
- The hospital recently established a third track in the Partial Hospitalization Program to accommodate the increasing volume of high school aged children needing this level of mental health care.
- While not yet able to achieve full utilization of the 60 inpatient beds at the Children's Pavilion due to staffing, the team is focused on recruitment efforts to help grow capacity. The service line continues to enhance its ability to provide evidence-based patient care and to train and recruit professional providers and staff to meet the needs of all patients needing CHKD's inpatient and outpatient services. Focus areas include the following:
  - Increasing bed capacity for the general psychiatric units and enhancing services for patients needing neurodevelopment services, particularly for children with autism.
  - Updating and retrofitting the CHKD safety car to create a more pediatric-friendly environment for patient transport from the Emergency Department to Children's Pavilion.
  - Reviewing de-escalation training and programs to ensure the safest possible environment for patients and staff.

#### **Virginia Beach: CHKD Health Centers at Landstown and Concert Drive**

- The CHKD Health Center at Landstown is home to its Intensive Outpatient Program (IOP), which serves children ages 13 to 17 who require less structure than our Acute Inpatient or Partial Hospitalization Program but can benefit from a higher level of care than weekly outpatient appointments offer. CHKD offers three tracks of IOP.
- Outpatient psychiatry, psychology, and therapy services are also offered at Landstown. An additional psychiatrist was hired in FY26 to better meet the needs of families accessing services in Virginia Beach.
- CHKD is currently recruiting for additional therapists to offer outpatient services at Concert Drive in the future.

### **Newport News: CHKD Health Centers at Tech Center and Oyster Point**

- For families on the Peninsula, CHKD’s main hospital and Pavilion can only be accessed by bridges and tunnels, which suffer frequent and severe congestion, creating a very real and daunting obstacle for families seeking care. To ease access to CHKD’s specialty pediatric services for families in the greater Newport News area, CHKD opened the two locations above on the Newport News side of the tunnel.
- CHKD offers outpatient psychiatry and psychology at its Health Center at Tech Center and is actively recruiting a psychiatrist and two additional mental health therapists to increase access and services for patients on the Peninsula.
- CHKD’s Child Advocacy Center, an important arm of its mental health program, has a location in the Health and Surgery Center at Oyster Point. The CAC provides forensic medical evaluations, forensic interviews, mental health treatment, and advocacy services for children who may have experienced maltreatment and trauma. The CAC brings law enforcement, child protection, medical, mental health, judicial, and victim advocacy professionals together to collaborate and provide a multidisciplinary response to child abuse and neglect concerns. The goal is to prevent further trauma and build resilience in children and families.
- The Child Advocacy Center is the backbone of the Hampton Roads Trauma Informed Community Network, a multi-agency collaborative that exists to increase awareness and effective treatment of traumatic stress.

## **Community Outreach and Engagement (CORE)**

CHKD’s Community Outreach and Engagement (CORE) department is committed to fostering meaningful collaborations, programs, and partnerships with a diverse array of community-based organizations to address pediatric mental health.

Our partners include schools, foster care agencies, social services departments, civic leagues, Head Start programs, Minus 9 to 5, early education centers, local suicide prevention and education agencies, Old Dominion University, The Barry Robinson Center, The Up Center, Hampton Roads Parenting Education Network, and the Partners for Community Health Collaboration (formerly the Peninsula Community Health Collaborative).

CHKD’s CORE will continue its vital work by:

- Coordinating annual conferences dedicated to youth suicide prevention, ADHD, and student healthcare to engage both clinicians and community organizations.
- Providing ongoing education on mental health and wellness for parents and professionals to address critical topics such as children’s social and emotional development, positive discipline, stress management, trauma recovery, and self-regulation techniques.
- Co-chairing the Youth Sports Mental Health and Wellness Alliance in Virginia. The Alliance offers ongoing educational programs, resources, and support for coaches, parents, sport administrators, and referees to address mental health in youth sports.
- CHKD continues to develop and strengthen partnerships with schools and community partners to create a network of care options in our community.

- Current partnerships with Virginia Beach City Public Schools, The Governor’s School for the Arts, and Pharrell Williams’ school, Yellowhlab, are continuing to reach children and adolescents in our community with innovative programs such as crisis support and skills-based group support. Expanding our reach through schools allows us to reach children and adolescents where they spend the majority of their time with information and support that can prevent the need for more acute services. Continuing to foster partnerships through committee participation, community engagement, and growing our network will ultimately support children and families in Hampton Roads who might otherwise have barriers to accessing care.

## Addressing Other Significant Health Needs

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While CHKD has prioritized its focus for the CHNA and Implementation plan on the significant and growing need for **pediatric mental health** services in greater Hampton Roads, numerous ongoing initiatives address several of the significant health needs identified in the CHNA, including access to health care, chronic and acute health conditions, infant health, and violence in the home/community. CHKD’s existing efforts are outlined below.

### Access to Health Care

Many of the issues raised in discussions related to access to care will be considered through CHKD’s system-wide facility planning process which is currently underway as well as through its focus on pediatric mental health services.

### Chronic and Acute Health Conditions

CHKD will continue its work on a multitude of programs designed to address chronic and acute health conditions. Examples include, but are not limited to, the following:

CHKD’s **Healthy You for Life Weight Management Program** offers a comprehensive program to help children diagnosed with obesity control their weight and improve their health.

In 2025, CHKD launched a **pediatric dental program, specifically for underserved children**. The program provides dental care for children 6 and under with Medicaid, as well as children with cleft and craniofacial conditions and those with special healthcare needs who still have pediatric dentition.

CHKD’s Asthma, Allergy, and Immunology service announced a partnership with the FARE Neighborhood Initiative in 2025. FARE neighborhoods work to reduce disparities in **managing food allergies in underserved populations** through education and community-based interventions.



## Infant Health

CHKD will continue to work to address infant health through its role as the regional referral center for neonatal intensive care and through its associated programming. CHKD's **Neonatal Intensive Care Unit** is the region's largest and most sophisticated critical care facility for newborns.

Newborn babies who need intensive medical attention are admitted to CHKD's NICU every year from hospitals throughout southeastern Virginia, the Eastern Shore, and northeastern North Carolina. Most are born prematurely, some as early as 23 weeks gestation. Others suffer from severe heart and lung conditions or birth defects that require early surgical intervention.

In addition to its clinical services, CHKD's NICU offers a variety of classes and events designed to provide support and help families meet and connect with other NICU families. These include support groups for dads, infant safety and CPR classes, the Dine & Discover parent support group, Babies with Books sessions, and a mommy care support group. Additionally, the Healthy Mommy and Healthy Baby support group helps expectant and new mothers and their families overcome anxiety and depression. These offerings are aimed at fostering community, providing education, and supporting the emotional well-being of families throughout their NICU journey.

## Violence in the Home/Community

CHKD will continue to work to address child abuse both in the home and in the community through its existing programs.

CHKD's **Child Advocacy Center** is a child-focused program where representatives from multiple disciplines collaborate to best help, support, and protect children and families when maltreatment is suspected. The following services are provided to children and their families: forensic interviews, case management advocacy and coordination, medical services, mental health services, and the Commercial Sexual Exploitation of Children (CSEC) Program. The Child Advocacy Center is the backbone organization for the **Hampton Roads Trauma Informed Community Network (HRTICN)**, which exists to promote understanding of how trauma affects individuals and communities, and to advocate for practices that help all people reach their full potential. The network works to increase awareness of the presence, prevalence, and impact of traumatic stress; facilitate the adoption of trauma-informed policies and practices among care providers; and develop a cross-sector collaborative to create a trauma-responsive community of providers. HRTICN addresses the impacts of family violence, child abuse, neglect, and poverty in Hampton Roads.

Through its **Safer Futures** program, CHKD will continue its efforts to reduce violence in the community and strengthen our neighborhoods. Safer Futures program is a grant funded program to help children of violence, their families, and the communities where they live. The goal is to break the cycle of violence, reduce reinjury rates, strengthen neighborhoods, give families resources to keep them safe, and help what's known as "second victims," the family members, friends, neighbors, and other witnesses of violence in homes, schools, workplaces, or on the street. This multidisciplinary program combines the efforts of medical staff with trusted community-based

partners to provide safety planning, services, and trauma-informed care to violently injured children and young adults. The program also helps to identify patients at risk of repeat violent injury and connects them with hospital- and community-based resources aimed at addressing underlying risk factors of violence.

## Other Significant Health Needs Identified

Other significant health needs identified through the CHNA are not being addressed in this Implementation Strategy due to resource constraints and because other organizations in the community are working to address the needs. Those needs are:

- Access to healthy foods.
- Alcohol misuse.
- Social and environmental factors.
- Affordable housing/homelessness.

## Resources to Address Health Needs

Through the CHNA process, CHKD worked to identify resources to address significant health needs raised through community input, particularly through focus group and key stakeholder discussions. These resources were discussed broadly in the CHNA and are outlined pertaining to each significant health need below.

The list of resources is not all encompassing. There is a wide array of organizations within CHKD's service area working to support infants, children, and youth in different ways. In addition, some of the resources included are not specific to pediatric patients but rather provide support for the broader community and ultimately contribute to the health and wellbeing of all its residents. *(Did all of the below provide their own descriptions?)*

### Health Care Facilities and Services

#### **Bon Secours Hampton Roads Health System (Maryview, Mary Immaculate, Harbour View)**

Services/Resources: Provides acute inpatient care, specialty services (cardiology, oncology, bariatric, glycemic control, chronic disease management), emergency and trauma care, maternal and child health, behavioral health units (MMC and SMC), and mobile primary/preventive care.

- Community Programs: Care-A-Van (mobile community health clinic), Community Health Hub, Passport to Health Program, FEAST (Nutrition Education Program), Healthy Food Pantry, Mobile Mini Food Pantry (Ride alongside the Care-A-Van), Community Learning Garden, Children's Bereavement Program – KidZN'Grief, Community Education Programs, Diabetes Education, Stroke Prevention.

- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Maternal/Infant Health, Mental Health, Alcohol Misuse, Access to Healthy Foods, Violence in the Home/Community

#### **Sentara Healthcare**

- Services/Resources: Regional health system with multiple hospitals and outpatient facilities providing comprehensive inpatient/outpatient services, trauma, maternal and child health, mental health, substance use treatment, and wellness programs.
- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Maternal/Infant Health, Mental Health, Alcohol Misuse

#### **Hampton Roads Community Health Centers (HRCHC)**

- Services/Resources: Federally Qualified Health Center offering primary care, pediatrics, OB/GYN, behavioral health, dental, and preventive services for uninsured/underinsured populations.
- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Maternal/Infant Health, Mental Health

#### **Lackey Clinic**

- Services/Resources: Faith-based free clinic offering primary care, chronic disease management, specialty services (psychiatry, nephrology, rheumatology), dental, optometry, behavioral health counseling, pharmacy, and 24/7 virtual urgent care.
- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Mental Health, Alcohol Misuse

#### **Olde Towne Medical & Dental Center**

- Services/Resources: Community health clinic providing primary care for adults and children, behavioral health, dental, optical, OB/GYN, immunizations, specialty care, medication assistance, and case management with referrals for housing, food, and violence prevention.
- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Maternal/Infant Health, Mental Health, Affordable Housing/Homelessness, Access to Healthy Foods, Violence in the Home/Community

#### **HELP Clinic (Richard F. Clark HELP Clinic)**

- Services/Resources: Volunteer-driven clinic offering free medical exams, diabetic counseling, specialty referrals, dental care, pharmacy services, and counseling. Provides food pantry, bag lunches, clothing, showers, laundry, mail/document assistance, financial aid, and transitional housing support.

- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Access to Healthy Foods, Affordable Housing/Homelessness, Access to Healthy Foods, Violence in the Home/Community

#### **HOPES Free Clinic (EVMS – Norfolk)**

- Services/Resources: Student-run free clinic offering primary and specialty care (dermatology, ENT, gynecology, ophthalmology, orthopedics, sports medicine, pain management, women’s health). Includes a mental health clinic for uninsured and undocumented patients. Provides case management referrals.
- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Maternal/Infant Health, Mental Health

#### **Eastern Shore Rural Health System**

- Services/Resources: Federally Qualified Health Center offering pediatric, OB/GYN, dental, pharmacy, and school-based health programs. Serves farmworkers and rural populations with integrated preventive and acute care. Also provides behavioral health care integrated within primary care for pediatric and adult patients. Services include solution-focused therapy, psychiatric medication management, and referral coordination for mental and emotional wellness.
- Significant Health Needs Supported: Access to Health Care, Maternal/Infant Health, Chronic & Acute Health Conditions, Access to Healthy Foods, Mental Health

#### **Trillium Health Resources**

- Services/Resources: Managed care organization that provides pediatric behavioral health, autism services, youth crisis stabilization, and substance use disorder treatment.
- Significant Health Needs Supported: Mental Health, Alcohol Misuse, Violence in the Home/Community

## **Health Departments**

#### **Virginia Department of Health**

Local Health Districts: Norfolk Health District, Portsmouth Health District, Chesapeake Health District, Virginia Beach Health District, Western Tidewater Health District (serves Suffolk, Franklin, Isle of Wight County, Southampton County), Peninsula Health District (serves Newport News and Williamsburg), Hampton Health District, Three Rivers Health District (Gloucester, Mathews, Middlesex, King William, King & Queen, Essex), Eastern Shore Health District (Accomack & Northampton)

- Services/Resources: Provides immunizations, maternal/child programs (WIC, MIECHV, newborn screening, Safe Sleep Virginia), sexual health (HIV prevention, STI treatment, PrEP), harm reduction, violence prevention, suicide prevention, chronic disease prevention, and public health clinics.

- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Maternal/Infant Health, Alcohol Misuse, Access to Healthy Foods, Violence in the Home/Community

### **Albemarle Regional Health Services**

Public health authority in northeastern North Carolina that serves the following North Carolina counties: Currituck, Camden, Pasquotank, Perquimans, Bertie, Chowan, Gates, Hertford.

- Services/Resources: Provides pediatric and family health services, immunizations, WIC, environmental health inspections, maternal health services, and school-based health.
- Significant Health Needs Supported: Access to Health Care, Maternal/Infant Health, Social & Environmental Factors, Access to Healthy Foods

## **Other Local and National Resources**

*(Note: Some of these organizations are grouped based on service provided and demographic group served.)*

### **ACCESS Partnership**

- Services/Resources: Referral network connecting uninsured and underinsured residents with medical providers, behavioral health, and social services. Coordinates chronic disease care and helps with medication access.
- Significant Health Needs Supported: Access to Health Care, Chronic and Acute Health Conditions, Mental Health

### **American Diabetes Association / American Heart Association**

- Services/Resources: Provides education, advocacy, screenings, and community programs to prevent/manage diabetes and cardiovascular disease.
- Significant Health Needs Supported: Chronic and Acute Health Conditions

### **Foodbank of Southeastern Virginia & Eastern Shore / Virginia Peninsula Foodbank / Food Bank of the Albemarle**

- Services/Resources: Provides emergency food, mobile pantries, SNAP outreach, and nutrition programs. Works with schools and community partners to address hunger and nutrition disparities.
- Significant Health Needs Supported: Access to Healthy Foods

### **Albemarle Alliance for Children and Families (AACF)**

- Services/Resources: Member of North Carolina's Family Resource Center network; supports early care and education, assists families in navigating child-focused programs, and supports children with special needs.

- Significant Health Needs Supported: Access to Health Care, Maternal/Infant Health, Social & Environmental Factors, Chronic & Acute Health Conditions.

#### **Boys & Girls Clubs of Southeast Virginia and Albemarle**

- Services/Resources: Offers after-school and summer enrichment, mentoring, violence prevention, meals/snacks, and social-emotional learning for children and teens.
- Significant Health Needs Supported: Mental Health, Violence in the Home/Community, Access to Healthy Foods, Social & Environmental Factors

#### **YMCA of South Hampton Roads / YMCA of the Virginia Peninsulas / YMCA of the Albemarle**

- Services/Resources: Provides youth development programs, child care, family supports, wellness and physical activity programs, and child nutrition. Serves as safe community spaces across Virginia and NC.
- Significant Health Needs Supported: Chronic & Acute Health Conditions, Access to Healthy Foods, Social & Environmental Factors, Violence Prevention

#### **ForKids / Union Mission Ministries / Virginia Supportive Housing**

- Services/Resources: Offer emergency shelters, transitional housing, supportive housing, eviction prevention, workforce readiness, and case management.
- Significant Health Needs Supported: Affordable Housing/Homelessness, Mental Health

#### **Hampton Roads Parenting Education Network (HRPEN)**

- Services/Resources: A collaborative network offering parenting workshops, webinars, support groups, and community referrals. Services promote parenting best practices, positive child development, and link families to additional supports across Hampton Roads.
- Significant Health Needs Supported: Maternal/Infant Health, Mental Health, Access to Health Care, Social and Environmental Factors

#### **Families Forward Virginia – Family Resource Center (FRC) Model**

- Services/Resources: Statewide initiative establishing Family Resource Centers in local communities. Centers offer parenting education, early childhood development programs, peer support, and family strengthening services, while coordinating referrals and promoting protective factors.
- Significant Health Needs Supported: Maternal/Infant Health, Mental Health, Social and Environmental Factors, Affordable Housing/Homelessness

#### **Community Partners of the Eastern Shore of Virginia (CPESVA)**

- Services/Resources: A regional coalition that coordinates service delivery for families across the Eastern Shore. Offers a comprehensive resource directory, advocacy, and planning services that promote access to housing, healthcare, early childhood services, and more.
- Significant Health Needs Supported: Access to Health Care, Social and Environmental Factors, Affordable Housing/Homelessness, Maternal/Infant Health



### **The Up Center – Family Support at Home (Hampton, VA)**

- Services/Resources: Provides free in-home support for caregivers with children under age 3. Services include parenting guidance, developmental coaching, and resource navigation to improve early childhood outcomes and family well-being.
- Significant Health Needs Supported: Maternal/Infant Health, Mental Health, Social and Environmental Factors

### **Fleet and Family Support Centers (FFSC – Hampton Roads)**

- Services/Resources: Support centers for military families providing parenting classes, life-skills workshops, crisis counseling, relocation and employment assistance, and financial education. Some services are accessible to civilian families. Emphasis on resilience, family stability, and safety.
- Significant Health Needs Supported: Mental Health, Social and Environmental Factors, Affordable Housing/Homelessness, Violence in the Home/Community

### **Samaritan House / YWCA South Hampton Roads**

- Services/Resources: Provides shelter, advocacy, counseling, hotlines, and education programs for survivors of domestic violence and trafficking.
- Significant Health Needs Supported: Affordable Housing/Homelessness, Violence in the Home/Community

### **Healthy Families Virginia / Nurse-Family Partnership / Parents as Teachers / CHIP of South Hampton Roads / Healthy Families America / Child First**

- Services/Resources: Evidence-based home visiting programs offering parenting education, child screenings, health referrals, and family support. Address caregiver mental health and reduce isolation.
- Significant Health Needs Addressed: Maternal/Infant Health, Mental Health, Social & Environmental Factors

### **NAMI Coastal Virginia**

- Services/Resources: Peer-led mental health education and support organization. Offers family/individual support groups, crisis intervention, and stigma reduction.
- Significant Health Needs Addressed: Mental Health

### **Alcoholics Anonymous / Narcotics Anonymous / American Addiction Treatment Center / Peninsula Community Opioid Response**

- Services/Resources: Offers peer recovery, outpatient/inpatient treatment, medication-assisted therapy, harm reduction, and overdose prevention.
- Significant Health Needs Addressed: Alcohol Misuse

# Feedback on 2022 Implementation Strategy

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CHKD posted its 2022 CHNA and Implementation Strategy on its website and sent out notices via social media to the public. No written comments were received.