

FULL & CLEAR LIQUID DIET MENU

FULL LIQUID DIET:

Juice:

Apple Juice
Cranberry Juice
Grape Juice
Orange Juice

Milk:

2%
Almond (*Chocolate or Vanilla*)
Carnation® Breakfast Essentials (*Chocolate or Vanilla*)
Chocolate
Soy (*Chocolate or Vanilla*)
Whole

Other Drinks:

Cola (*Regular or Diet*)
Crystal Light® (*Lemon or Orange*)
Gatorade®
Gatorade® Zero
Ginger Ale (*Regular or Diet*)
Lemon Lime Soda
Water

Desserts:

Gelatin (regular or sugar-free)
Ice Cream (*Chocolate, Strawberry, or Vanilla*)
Italian Ice
Popsicle
Pudding (*Chocolate or Vanilla*)
Sherbet
Sugar Free Pudding (*Chocolate or Vanilla*)
Yogurt (free of fruit pieces, seeds, or nuts)

Soup:

Beef Broth
Chicken Broth
Tomato
Vegetable Broth

Condiments:

Butter | Margarine | Pepper | Salt | Sugar-Free Syrup
Syrup

CLEAR LIQUID DIET:

Juice:

Apple Juice
Cranberry Juice
Grape Juice

Other Drinks:

Crystal Light® (*Lemon or Orange*)
Gatorade®
Gatorade Zero®
Ginger Ale (*Regular or Diet*)
Lemon Lime Soda
Water

Desserts:

Gelatin (*Regular or Sugar-Free*)
Italian Ice
Popsicle

Soup:

Beef Broth
Chicken Broth
Vegetable Broth

