

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	22554 Center Parkway, Accawmacke Office Park, P. O. Box 210, Accomack, VA 23301	Accomack Department of Social Services Ph: 757- 787-1530 Fax:757 787-9303 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in emergency situations who lack the capacity to consent to services. <u>To report suspected adult abuse, neglect or exploitation, call your local</u>
Autism Society of Tidewater (Rev.01/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 ~~Virginia Beach VA 23462~~	Ph:757-461-4474 Email: E: nicole.miller@tidewaterasa.org ~~Website:www.tidewaterasa.org~~	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating ~~for appropriate services for individuals across the lifespan, and providing the~~
Catholic Charities of Eastern Virginia, Inc. (Rev.09/23/22)	12135 Commercial Avenue, Suite 6 Exmore, VA 23350	Ph:757- 442-6211 Fax: 757- 442-6811 Website:http://www.cceva.org	Catholic Charities of Eastern Virginia Older Adult Services assists older adults in maintaining their independence, dignity and quality of life, and provides support for families and caregivers. The services provide comprehensive assessment, on-going case management, financial management, guardianship, power of attorney, conservator and representative payee. There may be a waiting period for some of the services. Languages Spoken: English, Spanish.
Child Protective Services (CPS) (Rev,08/24/23)	22554 Center Parkway, Accawmacke Office Park, P. O. Box 210, Accomack, VA 23301	Accomack Department of Social Services Ph: 757- 787-1530 Fax:757 787-9303 Hotline:804-786-8536 Virginia Ph:800-552-7096Out-of-State Website:https://www.dss.virginia.gov/family/cps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also develops statewide public awareness and education programs and administers state and federal grants to prevent abuse and neglect.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	To report suspected human trafficking:866-347-2423 To get help from the National Human Trafficking Hotline: ~~888-678-7888~~	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.

The Arc of the Eastern Shore (Rev.03/09/20)	P.O. Box 626 Exmore, VA 23350	Ph: 757- 442-3312 Fax: 757- 442-3602 Email:arc.esva@verizon.net	The Arc of the Eastern Shore serves people with Intellectual and Developmental Disabilities. Their Lifelong Learning Program empowers our clients to become better self-advocates and communicators. This Program teaches important skills regarding safety, money management, and nutrition. It
ASSISTIVE TECHNOLOGY			
Eastern Shore Center for Independent Living, INC TAP-Program	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A	Ph:757-414-0100 Toll Free: 800-324-2988 TTY:757-414-0080	ESCIL will service the community as an on site Technical Assistance Program(TAP).TAP provides technical equipment and assistance to deaf, hard of hearing, deaf blind, hearing impaired/visually-impaired to speech impaired
BREASTFEEDING RESOURCES			
Accomack Health Department WIC Program- Lactation/Breastfeeding Classes (Rev.12/03/19)	Accomack Health Department WIC Program- Lactation/Breastfeeding Classes 23191 Front Street P.O. Box 177 Accomack, VA 23301-0177	Ph:757-787-5880 Contact: Cheyanne Gobel Breastfeeding Peer Counselors OR Truus Wyatt Breastfeeding Coordinator	Lactation/Breastfeeding classes are available upon request at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health PO Box 1980 Norfolk, Virginia 23501	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@evms.edu Website:www.cinchcoalition.org/ breast-feeding	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work environments.
Report a Breastfeeding Incident-CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.
BURIAL ASSISTANCE			
Burial Expenses Assistance- Accomack Department of Human Services (Rev.10/22/20)	Accomack County Department of Social Services PO Box 210 Accomack, VA 23301	Ph:757-787-1530 Fax: 757-787-9303	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home.Please call for further information
CHILD CARE			

Belle Croft Preschool, Childcare Center	Belle Croft Preschool, Childcare Center 24051 Drummondtown Road	Ph:757-787-4321	Belle Croft Preschool offer services in Child Care Centers. They are State Licensed Daycare & Preschool. Please call for further information. Age Range: 2 yr. 0 to 12 yr.
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 option 2	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care
Eastern Shore Early Childhood Development Center Childcare Center	Eastern Shore Early Childhood Development Center Childcare Center 24429 Front Street	Ph:757-787-8774	Eastern Shore Early Childhood Development Center and Childcare Center offer services in Child Care Centers. They are State Licensed Daycare & Preschool. Please call for further information. Age Range: 3 yr., 0 to 12 yr. .
Hallwood Head Start, a Child Day Center	Hallwood Head Start, a Child Day Center 28281 Main Street,	Ph:757-854-1800	Hallwood Head Start- a Child Day Center offer services in Child Care Centers. They are State Licensed Daycare & Preschool. Please call for further information. Age Range: 3 yr. to 7 yr. and 11.
Kiddie Kollege Preschool, a Child Day Center in Parksley	Kiddie Kollege Preschool, a Child Day Center in Parksley 24454A Parkway Road	Ph:757-665-4866	Kiddie Kollege Preschool offer services in Child Care Centers. They are State Licensed Daycare & Preschool. Please call for further information. Age Range: 0 yr. 1 to 8 yr. 11.
Onley Preschool, Childcare Center	Onley Preschool Childcare Center 26122 Redwood Road	Ph:757-787-1867	Onley Preschool in Onley, VA serves customers. They offer services in Child Care Centers. They are State Licensed Daycare & Preschool. Please call for further information.
Parksley Migrant Head Start Center-Child Day Center	Parksley Migrant Head Start Center-Child Day Center 20244 Lankford Highway	Ph:757-665-4976	Migrant Head Start- a Child Day Center offer services in Child Care Centers. They are State Licensed Daycare & Preschool. Please call for further information. Age Range:0 yr. 0 to 6 yr. 11.
DENTAL CARE			
Atlantic Community Health Center-Dental Services, Eastern Shore Rural Health System (Rev.03/31/24)	Atlantic Community Health Center 5219 Lankford Highway New Church, VA 23415	Ph: 757-824-5676 Fax: 757-824-5872 Website www.esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice dental services. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance. Most major health insurances are accepted. Spanish speaking staff available upon request. Open Monday-Friday 8:00 a.m. - 5:00 p.m. As their dental program continues to grow their priority is to see children, pregnant women, high risk patients, and patients referred by Rural Health
Donated Dental Services (DDS)-Dental Lifeline	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	Tto request an application: Ph: 757-502--7400 Ext 3 Fax: 757-393-8486	Donated Dental Services is a national program of the Dental Lifeline Network managed by Access Partnership for VDA components 1&2 (Greater Hampton Roads, Peninsula and Southside plus Virginia's Eastern Shore). There is
Donated Orthodontics Program -American	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St.	Attn: Donated Orthodontic Services Ph: 800-424-3841 x593	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility: Child should be 48 years old or younger. Family total income
Eastern Shore Rural Health System	Eastern Shore Rural Health System Traveling Dental Services	Ph:757-414-0400 ext. 148	Eastern Shore Rural Health Traveling Dental Services provides dental services using portable equipment. Dentists are conducting oral exams outside of Rural Health locations. Eligibility: Uninsured adults and children. Please call for further
Eastville Community Health Center (Rev.03/31/24)	17068 Lankford Highway, Eastville, VA 23347	Ph: 757-331-1086 Fax: 757-442-9505 Email:nfo@esrh.org Website:Website:	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice dental services. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance. Most major health insurances are accepted. Spanish

Franktown Community Health Center- Dental Services (Rev.03/31/24)	Franktown, Franktown Community Health Center, Eastern Shore Rural Health 9159 Franktown Road Franktown, VA 23254	Ph: 757-442-4819 Fax: 757-442-9505 Email:nfo@esrh.org Website: www.esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice dental services. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance. Most major health insurances are accepted. Spanish speaking staff available upon request. Open Monday-Friday 8:00 a.m. - 5:00 p.m.
Metompkin Elementary School Dental Unit-Eastern Shore Rural Health System (Rev.03/31/24)	Metompkin Elementary School Dental Unit-Eastern Shore Rural Health System 24501 Parksley Road, Parksley, Accomack, VA 23421	Ph:757-665-1159 Fax: 757-665-1846 Email:nfo@esrh.org Website: www.esrh.org	Eastern Shore Rural Health provides "School-Based Dental Services" to children ages 3 through 18 years of age. The clinics are open year-round from 8:30 a.m. to 5:00 p.m. During the summer, children of migrant workers aged 3 to 21 years may receive services whether or not they are attending school. Preventive and restorative dental services are provided by a licensed dentist at
Nandua Middle School Dental Services-Eastern Shore Rural Health System (Rev.03/31/24)	20330 Warrior Drive, Onley, VA 23418	Ph: 757-787-3494 Fax: 757-787-1021 Email:nfo@esrh.org Website: www.esrh.org	Eastern Shore Rural Health provides "School-Based Dental Services" to children ages 3 through 18 years of age. The clinics are open year-round from 8:30 a.m. to 5:00 p.m. During the summer, children of migrant workers aged 3 to 21 years may receive services whether or not they are attending school. Preventive and restorative dental services are provided by a licensed dentist at two dental clinics. The program accepts Medicaid, FAMIS and many private

DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.01/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1	Ph:757-461-4474 Email: E: nicole.miller@tidewaterasa.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating
Family Preservation Services, INC. Eastern Shore Region	Family Preservation Services, INC Eastern Shore Region	Ph:757-442-7690 Fax:757-442-7692	FPS provides specialized services to met the needs of children with Autism. The program target Autism Spectrum Disorders(ASD) by incorporating pivotal
DISEASE SPECIFIC GROUPS			
Eastern Shore Diabetes Control Project	Eastern Shore Diabetes Control Project	Accomack Health Department: Ph:757-787-5880	The Virginia Diabetes Control Project (DCP) is funded by the Centers for Disease Control and Prevention and administered by the Virginia Department of
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with
DME			
Active Forever	Active Forever	Ph:800-377-8033	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment
Ai Squared	Ai Squared	Ph:802-362-3612	Ai Squared provides devices for individual with sight impairment. The provide
American HomePatient	American HomePatient	Ph:757- 787-3163	American HomePatient is a DME and Supplies provider.Medicaid,Medicare
American Printing House for	American Printing House for	Ph:800-223-1839	American Printing House for the Blind Inc. provides educational materials,
Home Care Delivered	Home Care Delivered	Ph: 800- 565-6167	Home Care Delivered is a supplies provider.Medicaid,Medicare and major
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services 120 Market St	Toll Free: 800- 965-2689 Website:https://www.lincare.com	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information
Moran Hearing Aid Center	Moran Hearing Aid Center	Ph:757-442-3277	Moran Hearing Aid Center provides Hearing Aids & Assistive Devices Retail,
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further
Shore Orthopedic Associates	Shore Orthopedic Associates P.O. Box 803 9506 Hospital Ave	Ph:757- 414-8333 Fax:757- 414-8338	Shore Orthopedic Associates is based in Nassawadox and they travel to see patients all over the Shore. They can also help with: Joint problems, including shoulders, knees, hips, ankles, elbows and wrists. Sports injuries. Work-related
DOMESTIC VIOLENCE			
Family Violence &Sexual Assault	Family Violence &Sexual Assault	STATEWIDE HOTLINE 1-800-838-8238	Family Violence &Sexual Assault offer support to victims of domestic violence and assault and connect you to resources in their area. Free. Confidential. 24
Haven Shelter and Services, Inc. (Rev.	P.O. Box 1267 Warsaw, VA 22572-0713	Ph:800-224-2836 Website:www.havenshelter.org	Haven Shelter and Services, Inc. provide services to victims of domestic violence. Please call for further information.
LGBTQ Partner Abuse & Sexual Assault Helpline	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453	Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support.
National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and
Onancock, Eastern Shore Coalition Against Domestic	Onancock, Eastern Shore Coalition Against Domestic	757-787-1329 Main Fax:757-787-3829	Provides crisis phone counseling, emergency shelters, and advocacy to those men and women who have been victims of abuse. Public awareness and

The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233) TTY:800-787-3224 Website: http://www.thehotline.org	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is available 24/7. Services are available in
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org).	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating
EARLY INTERVENTION			
Infant Stimulation Programs- Eastern Shore	Parent Infant Program at the Shore (PIPS) 110 Market Street	Contact: Tracy Miller Ph:757- 490-3223 Toll Free:1-800-568-9269	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities. ages newborn to 3; matches parents of children with similar needs.

EDUCATION			
Accomack County Homeless Education Coordinator	Leander Roberts Assistant Superintendent.	Ph: 757-787-5754 Fax: 757-787-2951	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and
Accomack County Public Schools	Accomack County Public Schools Street address:	Ph:757-787-5754	The Accomack County Public School Division is committed to providing a positive and safe learning environment that nurtures the academic, social,
Accomack County Public Schools-Parent and Family	Accomack County Public Schools-Parent and Family	Contact: Zorylu Diaz-Bonilla Coordinator	The Parent Educational Advocacy Training Center "PEATC" builds positive futures for Virginia's children by working collaboratively with families, schools
Department of Special Education Accomack	Nicole Cates, Director 23296 Courthouse Ave Accomack, VA 23301	Ph:757- 824-3360 Fax:757-787-2663 Email:ncates@mns.acomack.k	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions,
Eastern Shore Center for Independent Living, INC (Rev.01/26/21)	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A	Ph:757-414-0100 Toll Free: 800-324-2988 TTY:757-414-0080	ESCIL provides participants with a wide variety of workshops and individualized training which are designed to support their established independent living goals. Please call for further information.
Education for Children of Migrant Workers - Berkeley Head Start Program	Education for Children of Migrant Workers - Berkeley Registration: AAA/Comm. Action Agency	Intake Contact: Leneen Sample Ph:757- 442-9652 ext. 35	The Migrant Program is especially designed to provide continuity in the child's education. The program is held for six weeks during the summer and provides The Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to
Literacy - Bell Haven, Eastern Shore Literacy Council, Inc.	Literacy - Bell Haven, Eastern Shore Literacy Council, Inc.	Intake Contact Janet Booth Intake Email	Provide literacy tutoring without charge to adult residents of the Eastern Shore so they may acquire the skills needed to improve their participation in society
Team Project and Total Services Program - Eastern Shore Community	Team Project and Total Services Program - Eastern Shore Community	Main Ph:757-787-5900 Web site www.es.vccs.edu	Provides support services for students who want to enroll in Eastern Shore Community College. Other Eligibility Requirements Must meet guidelines set up by the program. Please call for further information
Virginia Cooperative Extension Service, Accomack	Virginia Cooperative Extension Service, Accomack 22202 Front Street	Ph:757-787-1361 Main Fax:757-787-2683 Website:	Provides public education relating to foods, nutrition, clothing, textiles, family and child life, management, agriculture and consumer education to residents of the Eastern Shore. No Fee
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers: "ASL Now" button or call 1-800-985-5990 Website:DisasterDistress.samhsa.gov	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster.
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army Accomack County Unit PO Box 342 Onley, VA 23418	Main 757-543-8100 Website:www.usssalvationarmy.org	The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include: Individual and family trauma counseling and emotional support, Spiritual Support, Identification/Registration (locating victims), Mobile Feeding and Financial Assistance, Reconstruction and Advocacy.

Virginia Department of Emergency Management	Virginia Department of Emergency Management P. O. Box 102 Tasley, VA 23441	Contact: Jason R. Loftus, Coordinator or Sara Seaman Deputy Coordinator Ph:757-789-3610 Fax: 757-789-3063	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.
EMPLOYMENT			
DARS Division of Field Rehabilitative Services -	DRS Eastern Shore Office Field Rehabilitative Services -	Contact: Jerron Byers Intake Contact Paul Hughes,	DARS Division of Rehabilitative Services offers vocational rehabilitation In partnership with people with disabilities and their families, the Department of
STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc.entrall.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force including occupational, classroom, and on-the-job training, as well as job search and placement assistance. This Program is for: Homeless Veterans only. Please call for further information
VEC Workforce Center-	Eastern Shore	Ph: 757- 302-2029	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm.
Virginia Employment Commission-Eastern Shore	Eastern Shore 25036 Lankford Highway unit	Ph: 757- 302-2029 Fax: 757-302-2025 & 757-	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal
Virginia Employment Commission Migrant and	Eastern Shore 25036 Lankford Highway Unit 16	Contact: Kendal Shaver, Farm Placement Specialist Ph: 757-302-2029	The VEC is committed to serving migrant and seasonal farmworkers who are seeking work. Trained and experienced farm placement specialist provided statewide
FINANCIAL ASSISTANCE			
Accomack County Department of Social Services	Accomack County Department of Social Services PO Box 210 Accomack, VA 22201	Ph:757-787-1530 Fax: 757-787-9303	The Accomack County Department of Social Services' mission is to provide benefits and services to the citizens of Northampton based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency, preserve and restore
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of your proof documentation, to: ACP Support Center	Website:https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the Federal Poverty Line, or if you or someone you live with currently receives a government benefit like SNAP, Medicaid, SSI, WIC, Pell Grant, or Free and Reduced-Price Lunch. If your household is eligible, you could receive:
Atlantic/St. John's UMC (united Methodist Church)	10052 Atlantic Road, Atlantic, Accomack County, VA 23303,	Atlantic/St. John's UMC (united Methodist Church)	Atlantic/St. John's UMC (united Methodist Church)-Mobile Pantry provides emergency assistance for food pantry. 11:00am-12:00am.
Bloxom Methodist Church	25460 Shoremain Drive, Bloxom, Parkslev, 23421	Ph:757- 894-2014	Bloxom Methodist Church provides emergency assistance for food pantry. Distribution times: 1st Monday 9-11 am. Please call for further information.
Cheriton	4224 Sunnyside Road, Cheriton, Onlev, 23418	Contact: Angel Fields Ph:757- 787-2557	Cheriton provides emergency assistance for food pantry. Date/Time: 3rd Wednesday- 10:00am-12:30pm. Please call for further information.
Chesapeake Bay Bridge Tunnel Medical Toll Program	Chesapeake Bay Bridge Tunnel Medical Toll Program	Center contacts are: Jean Thornton	Rural Health administers the CBBT medical toll pass program. This program provides tickets to Eastern Shore residents traveling across the Bay for medical

Chincoteague Food Pantry Union Baptist Church Social Chincoteague Pantry	6365 Church St, Chincoteague, VA 23336	Contact: Wayne Tolbert Ph:757-631-4863	Chincoteague Food Pantry Union Baptist Church provides emergency assistance for food pantry. Social Hall Distribution Days: 3rd Thursday 1230pm- Chincoteague Pantry provides emergency assistance for food pantry.
	6365 Church Street, Chincoteague, 23326	Ph:757- 336-5018	Date/Time: Thurs 12:30 PM-1:30 PM. Please call for further information.
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	Ph:855-222-3252 t Website:Connect2Compete.org /Cox.	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the National School Lunch Program. C2C is offered in partnership with leading cable companies, including Cox, Bright House Networks
Cooling Assistance - Accomack, Accomack County Department of Social	Cooling Assistance - Accomack, Accomack County Department of Social Services	Intake Contact Mary Esther Parker Ph: 757 787-1530 Intake	Cooling Assistance helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In
Cover Virginia-Virginia-Based Aassisters (Rev.1/21/19)	Cover Virginia-Virginia-Based Aassisters 1.Eastern Shore Rural Health	1.Eastern Shore Rural Health System Ph:757-414-0400 2. Onley	Cover Virginia-Virginia-Based Aassisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assistants have completed rigorous training courses and passed certification
Crisis Assistance - Accomack, Accomack County Department of Social	Crisis Assistance - Accomack, Accomack County Department of Social Services	Ph: 757 787-1530 Intake 757-787-1530 Main Fax:757-787-9303	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-off is imminent,
Crisis Situation Help - Accomack Interfaith Crisis Council	Crisis Situation Help - Accomack Interfaith Crisis Council	Accomack Department of Social Services Ph: 757-787-1530	Provides help to those in crisis situations. Applicants are screened by Social Services and the Eastern Shore Area Agency on Aging/Community Action Agency and interviewed by AICC volunteers. Approved interviewees receive
Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	Accomack County Department of Social Services 108 Market Street Onancock, VA 23417	Ph:757- 302-2052 Main 757-925-2302 Toll Free: 800-468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents and guardians to help establish and receive financial and medical support. They provide full services to parents and guardians who have an open
Dos Santos	St. George's, Pungoteague , Accomack, 23301	Ph:626- 390-7200	Dos Santos provides emergency assistance for food pantry. Distribution times: 1st Sunday of each month. Please call for further information.
Eastern Shore Area Agency on Aging-CAA	Eastern Shore Area Agency on Aging-CAA	Ph:757- 442-9652	Eastern Shore Area Agency on Aging-CAA is a local community action agency, non-profit that can direct people to both Virginia and federal government assistance programs as well as local charities and non-profits. They are one of
Eastern Shore Community College Foundation	29300 Lankford Highway , Melfa, 23410	Contact: Eve Belote Ph:757- 789-1767	Eastern Shore Community College Foundation provides emergency assistance for food pantry. Please call for further information.
Eastern Shore Community College-Mobile Pantry	9300 Lankford Highway Melfa, VA 23410	Eastern Shore Community College-Mobile Pantry	Eastern Shore Community College-Mobile Pantry provides emergency assistance for food pantry. Date/Time:4th Weds 11:45 -1:15.
Enroll Virginia at Pungoteague Elementary School Based Dental	Pungoteague Elementary School Based Dental Program 28480 Bobtown Road,	Pungoteague Elementary School Based Dental Program Ph: 757-414-0400	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free,
Enroll Virginia at Onley Community Health Center Program (Rev.02/17/25)	Onley Community Health Center 20306 Badger Lane,	Onley Community Health Center Ph: 757-787-7374 ext 1056	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free,

Enroll Virginia at Eastern Shore Rural Health System (Rev.02/17/25)	Eastern Shore Rural Health System 20280 Market Street,	Eastern Shore Rural Health System Ph:757-414-0400	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free,
Enroll Virginia at Accomack County School Based Dental Program: Metompkin Clinic	Accomack County School Based Dental Program: Metompkin Clinic	Accomack County School Based Dental Program: Metompkin Clinic	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free,
Enroll Virginia at Atlantic Community Health Center (Rev.02/17/25)	Atlantic Community Health Center 5219 Lankford Highway,	Atlantic Community Health Center Ph: 757-824-5676	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free,
Enroll Virginia at Chincoteague Island Community Health Center	Chincoteague Island Community Health Center 4049 Main Street,	Chincoteague Island Community Health Center Ph: 757-336-3682 ext 1055	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free,
Emergency Financial Assistance -Catholic Charities	Catholic Charities of Eastern Virginia PO Box 515 Belle Haven VA 22306	Ph: 757-442-6211	Emergency Financial Aid is available to individuals and families who are in desperate financial need. Applicants may stop by one of the locations to complete an application .Eligibility: Renter or homeowner must physically occupy the property as his/her principle residence. Bills must be in occupants
ESRHS(Eastern Shore Rural Health System- (Onley, Franktown, Atlantic, Bay View, Chincoteague clinics)	ESRHS(Eastern Shore Rural Health System	Contact:1 866 659 7474 Website:acahepva.org	ESRHS(Eastern Shore Rural Health System provides enrollment assistance for Marketplace, FAMIS and FAMIS plus. Enrollment checklist: social security numbers or immigration numbers for all members of your household, employment and income information for all members of your household and
Food Bank - Tasley, Foodbank on the Eastern Shore	Food Bank - Tasley, Foodbank on the Eastern Shore 23540 Coastal Boulevard Tasley VA 23411	Ph:757-787-2557 Intake & 757- 787-7850 Website: www.foodbankonline.org	Works to provide solutions to hunger and certain consequences of poverty in our community by promoting food recovery by means of acquiring and distributing food, clothing and related products to those in crisis in our community. The Foodbank also provides community leadership and education
Fuel Assistance - Accomack, Accomack County Department of Social Services	Fuel Assistance - Accomack, Accomack County Department of Social Services 22554 Center Parkway	Intake Contact Mary Esther Parker Ph: 757 787-1530 Intake 757-787-1530 Main	The purpose of Fuel Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be met. The
Homelessness Prevention and Rapid Re-Housing Program - Accomack, Accomack Northampton	Homelessness Prevention and Rapid Re-Housing Program - Accomack, Accomack-Northampton Planning District	Main Ph.: 757-787-2936 Fax:757-787-4221 Toll free:866-787-3001 Website: www.a-npdc.org	Focuses on housing for homeless and at-risk households by providing temporary financial assistance and housing relocation and stabilization services to individuals and families who are homeless or would be homeless but for this assistance. -Temporary financial assistance includes rental assistance, security
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/l s/ Providers:	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide proof of one of the
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs are available in different areas of the
(MCO's) Provider Listings- Aetna Better Health of Virginia	(MCO's) Provider Listings- Aetna Better Health of Virginia	Ph:855-652-8249, Website:www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.

(MCO's) Provider Listings- Anthem HealthKeepers Plus	(MCO's) Provider Listings- Anthem HealthKeepers Plus	Ph:855-323-4687, Website:www.anthem.com/va medicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings- Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings- Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0	Molina Complete Care Provider Listings.
(MCO's) Provider Listings- Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings- Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975 Website:https://www.sentarahealthplans.com	Sentara Health Care Provider Listings.
(MCO's) Provider Listings- United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunitypl	United Healthcare Provider Listings.
Medicaid	Accomack County Department of Social Services	Ph:757-787-1530 Fax: 757-787-9303	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.dmas.virginia.gov/wms/portal/S	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the
Optima Health-Healthy Savings- Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings- Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.healthysavings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should register their card at healthysavings.com/optimahealth.They will receive emails with the savings available for the week and have the savings pre-loaded onto their card They
Outreach Program to sign for FAMIS-Catholic Charities	Outreach Program to sign for Famis Catholic Charities of Eastern Virginia	Contact: Rebecca Ritsema Ph: 757-442-6211	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling out the application with you, Gathering documents you need
Riverside Shore Memorial Hospital/Charity Indigent Care Program	Riverside Shore Memorial Hospital/Charity Indigent Care Program	Ph:757-302-2386.	Riverside Shore Memorial Hospital participate with state sponsored charity care for hospital care. To determine eligibility, Riverside uses the Federal Poverty Income Guidelines and presumptive Financial Assistance using third
Saxis UMC-Mobile Pantry	20137 Saxis Road Saxis, VA 23427	Saxis UMC-Mobile Pantry	Saxis UMC-Mobile Pantry provides emergency assistance for food pantry. 11:30am-12:30pm.
Social Security Administration (Rev.11/16/20)	22581 Center Pkwy Accawmacke Office Pk Accomack, Virginia 23301	Ph:866-964-1019 Main Number:800-772-1213 TTY:800-325-0778 Website:https://www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also

SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website:https://virginiasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families
The SLEEPTIGHT Program	VDH Eastern Shore	Ph:757- 442-6228 ext. 283	The SLEEPTIGHT program provides an opportunity for any low-income parent in Hampton Roads to receive a portable crib and an education on safe infant
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This
The Backpack Program	The Backpack Program	*Chincoteague - Ph:757-336-5545 *Mentor - 757-884-1758	The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school
FORMULA/NUTRITION			
Accomack Health Department-WIC Program	Accomack Health Department-WIC Program 23191 Front Street	Ph:757-787-5880 Fax:757-787-5841 Toll free: 888-942-3663	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding
Accomack Health Department-WIC Program	Accomack Health Department-WIC Program-Formula	Ph:757-787-5880 Fax:757-787-5841	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental
HOME CARE			
Caring Touch Health Services, LLC (Rev.08/26/20)	36060 Belle Haven Rd, Belle Haven, VA 23306	Contact: Sylvia Ph:757- 442-4000	Caring Touch Health Services, LLC provides personal care services and respite. Please call for further information.
Continuum Pediatric Nursing/Hampton Roads/Southeast Virginia Region	Continuum Pediatric Nursing 1517 Technology Drive Suite 104 Chesapeake, VA 23320	Ph: 757- 490-2272 Fax:1866-581-7969 Website:www.continuum-nursing.com	Continuum mission is to deliver the highest quality of nursing care with compassion and kindness to patients in their homes while respecting the unique needs of each patient and their family. They provide a cost effective continuum of care adjusted to the special needs of each patient. Services include: skilled nursing INTERMITTENT VISITS and PRIVATE
Eastern Shore Area Agency on Aging/Community Action (ESAA) (Rev.08/26/20)	5432 Bayside Rd Exmore, VA 23350	Contact: Loretta Ph:757- 442-9652 ext.14	Eastern Shore Area Agency on Aging /Community Action (ESAA) provides personal care services and respite. Please call for further information.
Eastern Shore Area Agency on Aging/Community Action (ESAA) (Rev.08/26/20)	5432 Bayside Rd Exmore, VA 23350	Contact: Ry'Shieka Ph:757- 442-9652 Cell: 757-710-0140	Eastern Shore Area Agency on Aging /Community Action (ESAA) is a CCC Plus Waiver (Commonwealth Coordinated Care Plus) and DD Waivers (Family & Individual Support (FIS) and Community Living (CL)) Waiver Service Facilitator Please call for further information.
Eastern Shore Center For Independent Living (Rev.08/26/20)	36282 Lankford Hwy #13d, Belle Haven, VA 23306	Contact: Abra or Doreen Ph: 757-414-4100	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.

Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-1550 OR 757-224-9770 Fax: 757-262-1554	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Intrepid USA Home Health Services (Rev.07/23/21)	Intrepid USA Home Health Services 165 Market Street Suite 2	Toll Free: 800-254-9090 Ph: 757-787-7202 Fax: 757-500-2536 Contact: *Mona Turner, RN.	Intrepid USA offers comprehensive, quality Home Health Care services. Services include: Personal Care and Respite for adults and children and Skilled Nursing visits for adults only. Insurance: Medicaid, Private Pay and Veterans Benefits. Serves: Eastern Shore.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph: 804-353-0461/ Fax: 804-497-7401 Email: Lacasaincva@verizon.net	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Personal Touch Homecare	Personal Touch Homecare 21204 N. Bayside Road Cheriton, VA 23316	Ph: 757-331-1327 E-mail: gbrown@pthomecare.com Website: http://www.pthomecare.com	Personal Touch Homecare provide services from the pediatric patient to the frail elderly adult and all those in between, services are provided which are suitable to the patient's needs, as prescribed by their physician. Home care allows the patient to recuperate from an illness, receive long term care for the chronic patient, assist the patient with activities of daily living and so much more. Payment: Medicare and Medicaid programs are accepted. In addition
Riverside Shore Healthcare at Home	Shore Healthcare at Home 25379 Lankford Hwy. Onley, VA 23418	Contact: Jennifer Barnes Toll free: 1-800-700-6242 Ph: 757-789-5000 Fax: 757-789-3556 Website: www.shorehealthservices.org	When you're homebound due to illness or injury, there's only one nonprofit locally based choice: Shore Healthcare at Home, based in Onley. They have contracts with numerous private insurers, as well as Medicare and Medicaid. Financial counseling is available. Services include: Wound care, Pain management, Physical, occupational and speech therapy, IV care, Medication management. Physical and occupational therapy. Home Health Aides for help
HOUSING ASSISTANCE/HOUSING SERVICES			
Accomack-Norhampton Housing and Redevelopment Corporation (Rev.01/17/22)	23372 Front Street PO Box 387 Accomack, VA 23301	Ph: 757 787-2800 Intake 757-787-2800 Main Fax: 757-787-4221 Toll Free: 866-787-3001 Website: www.a-npdc.org	The Accomack-Norhampton Regional Housing Authority (A-NRHA) works on housing issues on the Eastern Shore of Virginia. The A-NRHA primarily works to provide housing solutions for workforce families, low-income families and the elderly. The Housing Choice Voucher Program is the A-NRHA's largest. Please call for further information.
Eastern Shore Center for Independent Living, INC Housing Placement	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A Exmore, VA 23350	Ph: 757-414-0100 Toll Free: 800-324-2988 TTY: 757-414-0080 Fax: 757-414-0205 Email:	Housing Placement: ESCIL provides individuals with assistance in locating affordable, accessible housing by matching a person's needs to available housing in the community. They also provide supportive services to enhance successful placement. Call for further information.
Eastern Shore Community Services Board (CSB)-	Eastern Shore Community Services Board (CSB)	Ph: 757-442-3636 Toll Free: 1-800-764-4460	The Eastern Shore Community Services Board (CSB) provides Housing and Community Placement Assistance for individuals receiving services under

Eastern Shore Habitat For Humanity	Eastern Shore Habitat For Humanity Bank Street	Ph: 757-442-4687 Email: eshabitat@verizon.net	Eastern Shore of Virginia Habitat for Humanity has been committed to its MISSION of providing safe, efficient home ownership for those citizens in
Eastern Shore of Virginia Housing Alliance (Rev.01/26/22)	PO Box 417 23372 Front Street Accomack, Virginia 23301	Main Number: 757- 787-2936 Toll Free: 866- 787-3001 Fax: 757- 787-4221 Email: kedwards@a-	Eastern Shore of Virginia Housing Alliance is a non-profit Community Housing Development Organization (CHDO) that focuses on preparing Eastern Shore residents for the responsibilities of homeownership. Please call for further information.
Eastern Shore of Virginia Housing Alliance-Indoor	PO Box 417 23372 Front Street	Main Number: 757- 787-2936 Toll Free: 866- 787-3001	Eastern Shore of Virginia Housing Alliance-Indoor Rehabilitation Program provides assistance for homeowners who need repairs and installation of
Housing Assistance Programs-Home Repair	15421 Merry Cat Lane Belle Haven, VA 23306	Contact: Pauline James Ph: 757-442-2002	Those programs are designed to provide home ownership opportunities and home repair activities to low and very low income families. Housing activities
Planning Commission - Accomack, Accomack-Norhampton Planning Public Housing - U.S. Department of Housing and Urban Development (Rev.06/18/24)	Planning Commission - Accomack, Accomack-Norhampton Planning District Accomack-Norhampton Regional Housing Auth Section 8 23372 Front St Accomack, VA 23301	Intake Contact: Elaine Nachtrieb Meil Ph:757-787-2936 Main Ph:757-787-2800 x116 Fax:757-787-4221 Toll Free:1-800-955-2232 &800-225-5342) TTY: (800) 877-8339 Email: email@a-npdc.org Website:https://www.hud.gov	The A-NPDC also offers housing programs and specializes in construction of low and moderate income housing. The A-NPDC is a certified HUD Housing Counseling Agency offering a variety of housing counseling services. No age Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high rise apartments for elderly families. There are approximately 1.2 million households living in public housing units, managed by some 3300 Eligibility: Public housing is limited to low-income families and individuals. An HA determines eligibility based on: 1) annual gross income; 2) whether you qualify
Housing Choice Voucher Program-U.S. Department of Housing and Urban Development (Rev.06/18/24)	Accomack-Norhampton Regional Housing Auth Section 8 23372 Front St Accomack, VA 23301	Ph:757-787-2800 x116 Fax:757-787-4221 Toll Free:1-800-955-2232 &800-225-5342) TTY: (800) 877-8339 Email: email@a-npdc.org Website:https://www.hud.gov	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families. Programs: EMERGENCY HOUSING VOUCHERS (homeless, at-risk of homelessness, fleeing, or attempting to flee, domestic violence, dating violence, sexual assault, stalking, or human trafficking), HUD-VASH VOUCHERS (A rental assistance program for homeless veterans), PROJECT BASED VOUCHERS, MAINSTREAM VOUCHERS (non-elderly persons with disabilities), Homeownership Program (allows families that are assisted under
Office of Native American Programs-U.S. Department of Housing and Urban Development (Rev.06/18/24)	Accomack-Norhampton Regional Housing Auth Section 8 23372 Front St Accomack, VA 23301	Ph:757-787-2800 x116 Fax:757-787-4221 Toll Free:1-800-955-2232 &800-225-5342) TTY: (800) 877-8339 Email: email@a-npdc.org	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native Americans, Alaska Natives, and Native Hawaiians. Programs: INDIAN HOUSING BLOCK GRANT PROGRAM (provide adequate housing to Native Americans), Indian Housing Block Grant (IHBG) Competitive Grant Program (eligible Indian tribes and tribally-designated housing entities
SERCAP, Inc. Southeast Rural Community Assistance Project, Inc. (Rev.5/15/18)	SERCAP, Inc. Southeast Rural Community Assistance Project, Inc.	Toll Free:866- 928-3731 OR Eastern Shore of Virginia Housing Alliance Ph:757-787-2936	SERCAP, Inc. (Southeast Rural Community Assistance Project, Inc.) offers loans to low and moderate income persons who need to repair their water and septic systems. Please call for further information.

STOP Inc. -Supportive Services for Veteran Families(SSVF) - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc entral.com	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that provides intensive case management assisting Veterans who are homeless or at risk of homelessness in obtaining safe, stable and affordable permanent housing. Assistance offered through this program includes; rental, moving costs, transportation, child care, utility fee payment,security or utility deposit, general housing
The Eastern Shore of Virginia Housing Alliance- Homelessness Prevention and Rapid Re-Housing Programs	Homelessness Prevention and Rapid Re-Housing Program - Accomack, PO Box 417 23372 Front Street Accomack, VA 23301	Main Ph:757-787-2936 Fax:757-787-4221 Toll Free:866-787-3001 Website:http://www.a- pnndc.org/accomack-	Focuses on housing for homeless and at-risk households by providing temporary financial assistance and housing relocation and stabilization services to individuals and families who are homeless or would be homeless but for this assistance. -Temporary financial assistance includes rental assistance, security deposits, and utility deposits, utility payments, moving
Weatherization Services - Exmore, Eastern Shore Area Agency On Aging	Weatherization Services - Exmore, Eastern Shore Area Agency On Aging 5432 Bayside Road Exmore, VA 23350	Ph:757-442-9652 Main Fax: 757-442-9303 Toll Free: 800-452-5977	Assists low income households to offset the high cost of home heating by permanently weatherizing dwellings. Work may include reducing air infiltration and installing insulation and storm windows. Program's target population : Older Adults and individuals with disabilities. Other Eligibility Requirements Low-income housing residents; elderly & individuals with disabilities given 1st
INFORMATION AND REFERRAL/CARE			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph:757-668-7132 Fax: 757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care
Disability Navigator (Rev.12/10/19)	Disability Navigator 7501 Boulder View Drive, Norfolk, VA 23508	Ph:804- 525-7728 Toll Free:866- 393-0957	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources 757.org/ Email:info@resources757.org	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:: https://www.211va.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health services; and substance use treatment services.
Victim Connect (Rev.4/11/18)	Victim Connect	Ph:855-4-VICTIM (855-484-2846) Website:https://victimconnect.org	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			
Intrepid USA Healthcare- Hospice At Home (Rev.01/21/21)	Intrepid USA Home Health Services 165 Market Street Suite 2 Onancock, VA 23417	Ph: 757-356-4182 Fax: 757- 500-2537	Intrepid USA Healthcare provides Hospice at Home services that may include: Physician directed plan of care, Psychological and spiritual care Pain and symptom management, Personal care and Support, Medications, equipment and supplies related to the terminal illness, Volunteer services and Bereavement care. Counties Served: Accomack, Chesapeake (city), Norfolk (city), Northampton, Portsmouth (city), Smithfield, Suffolk (city), Surry, Tazewell

Hospice and Palliative Care E.S.	Hospice and Palliative Care E.S. P.O. Box 316 Parksley, VA 23421	Ph: 757-665-4895 Email: kagar@hpces.org Website: http://www.hpces.org	Hospice and Palliative Care of the Eastern Shore is a non-profit agency that provides a special way of caring for people with limited life expectancies. Hospice professionals and volunteers are committed to helping patients live their last months, weeks, and days in as much comfort as possible, surrounded by the people and things they love. Services include: Hospice Care, Palliative Care, Palliative Home Care, Bereavement and Support and Education programs
Shore LifeCare at Parksley	Shore LifeCare at Parksley 26181 Parksley Road Parksley, VA 23421	Contact: Lori Leighton Ph: 757-665-5133	Shore LifeCare at Parksley is A state-of-the-art facility offering skilled and long-term care. The facility has modern methods and equipment to keep their residents healthy and comfortable. Their vibrant social calendar, friendly atmosphere and good cooking keep them smiling. Services include: Intermediate and skilled care, 24-hour nursing services, Resident activities
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	22554 Center Parkway, Accawmacke Office Park, P. O. Box 210, Accomack, VA 23301	Accomack Department of Social Services Ph: 757- 787-1530 Fax:757 787-9303 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in emergency situations who lack the capacity to consent to services. To report suspected adult abuse, neglect or exploitation, call your local department of social services or the 24-hour, toll-free Adult Protective Services hotline at: (888) 832-3858.
Catholic Charities of Eastern Virginia-Guardianship	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707 Fax: 757-465-8888	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is available to assume the role of Guardian, Catholic Charities
Catholic Charities of Eastern Virginia-Rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206 Website: www.cceva.org	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial accounts and the
Catholic Charities of Wilmington - Immigration and Refugee Services (Eastern Shore) (Rev.08/12/22)	30632 Hampden Ave Princess Anne, Maryland 21853	Ph:410- 651-9608 Email: immigration@ccwilm.org Website: www.cdow.org/immigration.html	Catholic Charities of Wilmington - Immigration and Refugee Services (Eastern Shore) helps non-citizens with immigration and citizenship matters.
Child Protective Services (CPS) (Rev,08/24/23)	22554 Center Parkway, Accawmacke Office Park, P. O. Box 210, Accomack, VA 23301	Accomack Department of Social Services Ph: 757- 787-1530 Fax:757 787-9303 Hotline:804-786-8536 Virginia Ph:800-552-7096Out-of-State	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting

Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	Accomack County Department of Social Services 108 Market Street Onancock, VA 23417	Ph:757- 302-2052 Main 757-925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents and guardians to help establish and receive financial and medical support. They provide full services to parents and guardians who have an open enforcement case with us and limited services to those who have a payment processing case. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth. For more information on the types of cases available, please contact them. Their vision is for all parents to meet their child and medical support responsibilities.
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling
Legal Aid Society-Legal Services of Eastern Virginia (Rev.09/16/22)	Legal Services of Eastern Virginia 36314 Lankford Highway, Ste. 5 Belle Haven, VA 23306 PO Box 306 Belle Haven, VA 23306	Ph: 757-442-3014 Toll Free:1-866-534-5243 Fax: 757-442-2217 Email:nfo@laseva.org Website: www.lscv.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer, employment, domestic relations, housing, government benefits, landlord/tenant, consumer, commercial They have a Disability Rights Unit. IMPORTANT NOTE: They assist in civil legal matters only; they do not assist in criminal cases, traffic matters or personal injury. Please call for further
The Project for the Empowerment of Survivors	The Project for the Empowerment of Survivors	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119)	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to
Victim Witness Assistance - Accomack, Accomack County Commonwealth	Victim Witness Assistance - Accomack, Accomack County Commonwealth Attorney	Intake Contact Gary R. Agar Ph:757-787-8538 Main Fax: 757-787-8064	Provides a constitutional office charged with prosecution of criminal matters in Accomack County and houses the Victim Witness Assistance Coordinator. No age limitation. No fee.
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is
LGBTQ			
LGBTQ Partner Abuse &	LGBTQ Partner Abuse &	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who
MEDICAL CARE			

Accomack Health Department (Rev.03/31/24)	Accomack Health Department 23191 Front Street, P.O. Box 177 Accomack, VA 23301-0177	Ph:757-787-5880 Toll Free: 888-942-3663 Fax:757-787-5841 Email: wicinfo@vdh.virginia.org	Services provided: Maternity clinic, Family planning services, Immunizations, Communicable disease program, Breast and cervical cancer program, Pregnancy testing, STD clinic, Health education,. Eligibility requirement: Income information required. Charges may vary with income and service provided, sliding scale fees, certain services are free. Intake procedure: Appointment based. Hours of operation: Monday through Friday 8:15AM to 5:00 PM.
Arthritis Consultants	Arthritis Consultants 9524 Hospital Ave. Nassawadox, VA 23413	Ph:757- 491-7359 Fax: 757- 491-9359	Accept MCD, MCD HMO's and United Healthcare (Appointments at this location are on Tuesdays)
Atlantic Community Health Center (Rev.03/31/24)	Atlantic Community Health Center 5219 Lankford Highway New Church, VA 23415	Ph: 757-824-5676 Fax: 757-824-5872 Website: www.esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice medical care,labs,pharmacy,support services, express care and behavioral health. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance. Most major health insurances are accepted. Spanish speaking staff available upon request. Open Monday 8:00 a.m. - 8:00 p.m. and Tuesday - Friday 8:00 a.m. - 5:00 p.m. Please call or visit the website for further information.
Bayview Medical Center	Bayview Medical Center 22214 South Bayside Road Cheriton, VA 23316	Ph.: 757-331-1086-Main Fax 757-331-1129 Website: www.esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice medical care and lab service. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance. Accepted payment Please Inquire. Comments ~~A sliding scale is available to those without health insurance 1st and 2nd~~
Chincoteague Island Community Health Center (Rev.03/31/24)	Chincoteague Island Community Health Center 4049 Main Street Chincoteague Island, VA 23336	Ph.: 757-336-3682 Fax: 757-336-3703 Email:nfo@esrh.org Website:Website: www.esrh.org	This clinic provides medical care,,labs,pharmacy,support services, express care and behavioral health to residents of all ages. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours: Open Monday, Tuesday, Thursday, Friday 8:00 a.m. - 5:00 p.m., Wednesday 8:00 a.m. - 8:00 p.m. Please call or visit the website for further information. For further information.
Eastern Shore Rural Health Corporate Office (Rev.03/31/24)	20280 Market St, Onancock, VA 23417	Ph: 757- 414-0400 Fax:757-414-0569 Email:nfo@esrh.org Website:https://esrh.org/	Provide medical, oral, and behavioral health care and support services to everyone in our community regardless of ability to pay. As primary health care providers, we serve our patients and work with others to manage patients' health needs in a safe, professional way that also respects the culture of every individual. Please call or visit the website for further information.

Eastern Shore Rural Health Express Care (Rev.03/31/24)	Four Corner Plaza 25228 Lankford Hwy Onley, VA 23418	Info Line: 757-787-1465 Email:nfo@esrh.org Website:https://esrh.org/	ESRH Express Care offers rapid, high quality care – walk in for urgent needs or care needed in between appointments with your regular health care provider. We combine our high-quality clinical expertise with care and convenience to help patients ages 2+ with urgent or serious, but not life-threatening conditions. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours: Monday – Friday: 12 p.m. – 8 p.m. and Saturday & Sunday: 8 a.m. – 4 p.m. Please call for further information.
Eastville Community Health Center ((Rev.03/31/24)	17068 Lankford Highway, Eastville, VA 23347	Ph: 757-331-1086 Fax: 757-442-9505 Email:nfo@esrh.org Website:: www.esrh.org	This clinic provides medical care,,labs,pharmacy,support services, express care and behavioral health to residents of all ages. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours: Open Monday, Wednesday, Thursday and Friday 8:00 a.m. - 5:00 p.m., Tuesday 8:00 a.m. - 8:00 p.m. Please call or visit the website for further information. For further information.
Foreign Travel-Franktown Community Health Center	Franktown Community Health Center 9159 Franktown Road	Ph:757-414-0400 ext. 108 Website: www.esrh.org	Franktown Community Health Center offers a foreign travel clinical service where prospective travelers can receive counseling on common illnesses and recommended immunizations. A pre-departure consultation with a foreign
Lackey Virtual Care-Free Clinic -Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic -Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider. No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population: Lackey Virtual Care is for anyone age 18 years or older who lives in Virginia. Online visits are normally \$25, but they are free for a limited time through the generosity of our Lackey Clinic Family. This service is
Onley Community Health Center (Rev.03/31/24)	20306 Badger Lane, Onley, VA 23418	Ph: 757-787-7374 Fax: 757-787-4513 Email:nfo@esrh.org Website:: www.esrh.org	This clinic provides medical care,,labs,pharmacy,support services, express care and behavioral health to residents of all ages. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours: Open Monday, Tuesday, Wednesday and Friday 8:00 a.m. - 5:00 p.m. and Thursday 8:00 a.m. - 8:00 p.m. Please call or visit the website for further information

Shore Memorial Hospital	Shore Memorial Hospital 9507 Hospital Avenue PO Box 17 Nassawadox, VA 23413	Ph.: 757-414-8536 E-mail: sschreiber@shs-inc.org Website: http://www.shorehealthservices.org	Shore Memorial Hospital promote, maintain, and restore health with exceptional patient-focused care in a compassionate environment. Call or visit the website for further information
MEDICATION ASSISTANCE			
Atlantic Community Pharmacy (Rev.12/30/24)	7001 Lankford Hwy, Oak Hall, VA 23416	Ph:757- 824-4477 Email:cdeitch@esrh.org Website:https://www.esrhx.org	Atlantic Community Pharmacy provides Prescription Services (24/7 Refills), Medical Equipment,Blood Sugar Monitors,Vaccines (Flu,Herpes Zoster (Shingles)),Medication Therapy Management,Comprehensive Medication Reviews,Medication Counseling and Education andTraditional Medication Therapy Management. Hours:Mon - Fri: 9:00 AM - 6:00 PM,Sat: 9:00 AM - 1:00 PM and Sun:CLOSED. Please call or visit the website for further information.
Onley Community Pharmacy (Rev.12/30/24)	20306 Badger Lane, Onley, VA 23418	Ph:757- 302-9066 Email:cdeitch@esrh.org Website:https://www.esrhx.org	Onley Community Pharmacy provides Prescription Services (24/7 Refills), Medical Equipment,Blood Sugar Monitors,Vaccines (Flu,Herpes Zoster (Shingles)),Medication Therapy Management,Comprehensive Medication Reviews,Medication Counseling and Education andTraditional Medication Therapy Management. Hours:Mon - Wed and Fri from : 9:00 AM - 6:00 PM and Thursdays from 9:00 AM - 8:00 PM and Sat & Sun: CLOSED Please call or visit the website for further information.
Pharmacy Assistance Program	Pharmacy Assistance Program	Contact: Connie Patterson Ph:757-824-5676 ext. 1634 at	The Pharmacy Assistance Program has a Medication Assistance Caseworker to help to review all of your medicines and determine the least costly way to get
MENTAL HEALTH			
Accomack-Northampton Pregnancy Center	Accomack-Northampton Pregnancy Center east Route 13, Colonial Square	Ph: 757-442-4438 Email: pregnancycenter@northamptonva.com	The ANPC is dedicated to the emotional, spiritual and practical support of women. The ANPC has been a safe-haven for women to come when facing unplanned pregnancies. All services are confidential, unbiased and delivered. All
Adult and Child REACH- (Regional Educational	Eastern Shore Community Services Board (CSB) 24222 Lankford Highway	Emergency Services: 757- 220-3200 OR 1888-764-4468	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities
Catholic Charities of Hampton Roads	Catholic Charities of Eastern Virginia PO Box 515	Ph: 757-442-6211	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short term
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Eastern Shore Center for Independent Living, INC	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A	Ph:757-414-0100 Toll Free: 800-324-2988 TTY:757-414-0000	Peer Counseling Services: The center provides person to person counseling, based upon the concept that a counselor with a disability can draw upon experiences that will help others with disabilities explore options, set goals, and
Eastern Shore Center for Independent Living, INC-	4364 Lankford Highway Suite A Farmingdale, VA 23350	Main:800-324-2988 Fax:757-414-0080 TTY:757-414-0000	Provides services to help the disabled to become more knowledgeable on issues affecting the community with disabilities. No age limitation. Other
Eastern Shore Community Services Board (CSB) (Rev. 02/12/22)	1. Administration & Emergency Services	1. Administration & Emergency Services	The Eastern Shore Community Services Board (CSB) provides comprehensive behavioral healthcare services for the Eastern Shore of Virginia's many diverse communities. Their mission is to serve in providing

Family Preservations (In-Home Counseling Only)	Family Preservations (In-Home Counseling Only 2601 Oakford Highway	Ph:757- 442-7690	Family Preservations (In-Home Counseling) is a behavioral healthcare organization dedicated to serving the needs of emotionally and behaviorally disturbed children and adolescents ages 5-10. They provide Neurofeedback,
GAP-Governor's Access Plan	GAP-Governor's Access Plan Eastern Shore Community Services Board 10120 Rogers	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week)	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery,
Maternal Health Mental Hotline (U.S. Health and Human Services)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-942-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have counselors available to provide mental health support. The Maternal Mental
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture, they offer compassionate
NAMI Virginia's Statewide Helpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Helpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org Website:www.namivirginia.com	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing, financial assistance, and much more. Our Helpline staff is happy to help you find the right resource for you!
National Counseling Group - NCG-	National Counseling Group - NCG Exmore-VA	Ph:757-442-6746	National Counseling Group -NCG-provides training and skill building for adults with mental illness and emotional disturbance who struggle with independence and activities of daily living. Please call for further information.
National Counseling Group - NCG- (Intensive In-Home Counseling Services)	NCG- (Intensive In-Home Counseling Services) Exmore, VA	Ph:757-442-6746	National Counseling Group -NCG- (Intensive In-Home Counseling Services) provides counseling and interventions to children and families within the comfort of their homes. Services focus on helping families to improve the
National Suicide Prevention Lifeline	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-6451	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors, or emotional distress 24 hours a day.
Psychotherapy Resources	Psychotherapy Resources 10150 Rogers Dr Norfolk, VA	Ph:757- 442-2504	Psychotherapy Resources provides Psychotherapy services for children and adults.**Accepts all instate insurances – 2-weeks for an appt.
Senior Perspectives-Psychiatric Day Treatment	Senior Perspectives-Psychiatric Day Treatment program for Older Adults	Contact: Melissa Glennon at Development Liaison Ph:757- 411-0956 Ph:757- 707	Senior Perspectives is a Psychiatric Day Treatment program for Older Adults and treat older adults suffering with: Depression and depressive symptoms (seniors often lack energy, decreased motivation, loneliness & isolation
Steve Booker, LPC	Steve Booker, LPC 16198 Warehouse Rd Melfa, VA 22410	Ph:757- 787-9517	Steve Booker, LPC provides Psychotherapy services for children and adults. Services includes: Depression, ADHD, ODD and Anxiety, etc. *Accepts all private health insurance and EAP programs. Does NOT accept Medicaid.
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org Website:https://vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.
MULTICULTURAL SUPPORTS			

Catholic Charities of Wilmington - Immigration and Refugee Services (Eastern Shore) (Rev.08/12/22)	30632 Hampden Ave Princess Anne, Maryland 21853	Ph:410- 651-9608 Email:immigration@ccwilm.org Website:www.cdow.org/immigration.html	Catholic Charities of Wilmington - Immigration and Refugee Services (Eastern Shore) helps non-citizens with immigration and citizenship matters.
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Accomack-Northampton Pregnancy Center	Accomack-Northampton Pregnancy Center east Route 10000128	Ph: 757-442-4438 Email: kathleen@accnpcc.org	The ANPC is dedicated to the emotional, spiritual and practical support of women. The ANPC has been a safe-haven for women to come when facing pregnancy related issues.
Cooperative Parenting Program	Catholic Charities of Eastern Virginia	Ph: 757-442-6211	This is a Virginia Court Approved Program. Program helps parents and guardians to shield children from parental conflict, guide children through the divorce process.
Nurse Family Partnership- First time mothers (Rev. 1/10/19)	Nurse Family Partnership 23191 Front Street Accomack VA 23301	Ph: 757-787-5880 Toll Free: 844-6376667 Text: 844- 637-6667 Email: nfp@nursefamily.org	Nurse Family Partnership is a based home visitation program for first time mothers. Once a parent is enroll a register nurse will visit the mother throughout pregnancy and continue to visit until baby is 2 year old. Program is free. Please call for further information.
Resource Mothers	Resource Mothers Program 23191 Front Street PO Box 177 Accomack, VA 23301	Contact: Jean Dunton Ph:757-442-6228 Toll Free: 888-942-3663 Fax: 757-442-4307	Resource Mothers are lay community health workers who mentor pregnant teens through this difficult time in their lives and help them make the transition to parenthood. These adult role models have successfully raised their own children and assist the teen throughout her pregnancy and up to the baby's first year.
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All services are free of charge.
UbiCare- Parenting and Expectant Families-DoD	UbiCare- Parenting and Expectant Families-DoD	Ph: 617-524-8861 Website:https://info.ubicare.co	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient care services to military and civilian personnel and their families.
RECREATION			
Camp Silver Beach – YMCA	Camp Silver Beach – YMCA	Contact: Liz Lomba, Senior	YMCA Camp Silver Beach offers the option of a 3–5 day program for our youth.
Parks and Recreation Department- Accomack	Parks and Recreation Department	Ph:757- 787-3900 or 757- 824-0314	Accomack Parks and Recreation Department mission is to provide safe, wholesome and affordable recreational activities to the citizens of Accomack.
YMCA Camp Silverbeach	YMCA Camp Silverbeach 6272 YMCA Lane P.O. Box 60	Ph:757-442-4634 E-mail: rhonda@campsilverbeach.org	The YMCA of South Hampton Roads had a vision of building the first resident camp in the commonwealth of Virginia to add to its fast growing operation. The YMCA's property committee located the ideal piece of land located on the Eastern Shore.
YMCA of South Hampton Roads-Teens FREE	Eastern Shore Family YMCA 26164 Lankford Highway	Eastern Shore Family YMCA Ph:757- 787-5601 YMCA	YMCA of South Hampton Roads is excited to provide teens FREE memberships this summer (June-August 2022, ages 13-18) through its Summer Teen Membership Program.
RESPIRE			

At Home Healthcare Solutions ,L.L.C	At Home Healthcare Solutions ,L.L.C 2400 Main Street	Ph:757-442-6630 Fax:757-442-6643 Email:athomehealth@verizon.net	At Home Healthcare Solutions provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family member or caregiver.
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Eastern Shore Community Services Board 10129 Rogers Drive, Nassawadox, VA 23413	Families must call main number to be directed to the local CSB Ph: 757- 442-3636 Fax: 757- 442-2319 OR	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
SAFETY			
Child Safety Seat Program Accomack County	Child Safety Seat Program Accomack County Eastern Shore Rural Health Franktown Community Health Center 9159 Franktown Road Franktown, VA 23354	Ph:757-442-4819	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restrain of children from birth until they transition into a vehicle safety belt. Training is provided by an specialist to the parents to learn how to properly install their safety seat. Must be Accomack resident. Eligibility: based on income. Intake: appointment
Child Safety Seat Program Accomack County	Child Safety Seat Program Accomack County Eastern Shore Rural Health	Ph:757-824-5676	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restrain of children from birth until they transition into a
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website:https://poisonhelp.hrsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually
Safe Kids Virginia - Weirwood/Nassawadox	Safe Kids Virginia -Eastern Shore Rural Health Center 20306 Badger Lane Onley, VA 23418	Ph:757-442-4819 Website: http://www.safekids.org/safekidsday/virginia Email hdiem@esrh.org	Safe Kids Eastern Shore is led by Eastern Shore Rural Health Center, which provides dedicated and caring staff, operation support and other resources to assist in achieving our common goal: keeping your kids safe. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.
Smoke Detector Program (Rev.4/2/19)	Smoke Detector Program	Ph:443- 297-7247 Website:https://www.co.accomack.va.us/departments/public	Please call American Red Cross to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
Day By Day AA Meetings (Rev.9/18/18)	66 Market Street Onancock, VA	Website:https://aavirginia.org/meetings	Day By Day is a AA group that meets on Tuesdays 7:30PM.
Eastern Shore Community Services Board (CSB) (Rev.1/5/19)	Eastern Shore Community Services Board (CSB) 10129 Rogers Drive	Ph: 757-442-3636 Toll Free1-800-764-4460	The Eastern Shore Community Services Board (CSB) provides substance abuse services for the Eastern Shore of Virginia's many diverse communities. Their mission is to serve in providing substance abuse services that includes:

Family Preservation Services, INC-Eastern Shore Region	Family Preservation Services, INC Eastern Shore Region PO Box 209,36076 Lankford	Ph:757-442-7690 Fax:757-442-7692 Website:www.fpscorp.com	FPS offers substance abuse services for adolescents and young adults requiring substance abuse assessment, treatment and/or relapse prevention services. The program objective is to assist individuals to understand their
GAP-Governor's Access Plan	GAP-Governor's Access Plan	Magellan care manager	GAP is a new Medicaid plan that will provide limited medical and behavioral
Get Off Your Butt: Stay	Get Off Your Butt: Stay	Website:www.sentara.com/tob	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from
National Cocaine Hotline	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals
National Drug Information Treatment and Referral Hotline	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Steve Booker, LPC (Rev.4/5/18)	Steve Booker, LPC 16198 Warehouse Rd Melfa, VA 23410	Ph:757- 787-9517	Steve Booker, LPC provides Psychotherapy services for children and adults requiring substance abuse treatment.*Accepts all private health insurance and EAP programs, Does NOT accept Medicaid.
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat:https://www.lifeline-	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
The Al-Anon (for adults) - Support Group	Steps To Serenity AFG Holy Trinity Episcopal Church 66 Market St	The Al-Anon (for adults) and Alateen (for teens)-Support Group	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism
The Al-Anon (for adults)- Support Group	Holy Trinity Episcopal Church 66 Market St	The Al-Anon (for adults) and Alateen (for teens)-Support Group	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Breast Cancer FACEBOOK Support Group	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website:	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Compassionate Friends-Bereavement Support Group	Compassionate Friends-Bereavement Support Group	Contact: Judy Adams Ph.: 757-442-3301 Email: adamsjl@intercom.net	Compassionate Friends-Bereavement Support Group is for parents who have experienced the death of child. The group is led by parents.
Eastern Shore Brain Injury Support Group (Rev.11/26/19)	Brain Injury Support Group	Contact Rachel Lockwood Ph: 757- 789-3990.	Eastern Shore Brain Injury Support Group provides support to individuals and caregivers affected with brain injury. Please call for further information.
Eastern Shore of Virginia Parkinson's Disease Support Group	Eastern Shore of Virginia Parkinson's Disease Support Group Hospice and Palliative	Contact: Betty Armsey Hospice and Palliative Care Ph:757-787-3310 ext. 105	Eastern Shore of Virginia Parkinson's Disease Support Group for individuals suffering from Parkinson's disease and their care partners. In addition to confidential discussions and mutual support, meetings may include education
Fragile Hearts- Bereavement Support Group	Fragile Hearts- Bereavement Support Group	Contact: Mozella Francis Email: mfrancis@hpces.org Ph:757-787-3310	Fragile Hearts Support Group is for children 6-14 who have experienced a loss due to death or any significant life changing loss.
Grief Support Group-Cape Charles	Grief Support Group-Cape Charles 509 Randolph Ave	Contact: Betty Armsey at Hospice and Palliative Care Ph:757-787-3310 ext. 105 Or	Meets on the first Monday of each month from 1:30 PM to 2:30 PM and third Tuesday of Each Month from 1:00 PM to 2:30 PM

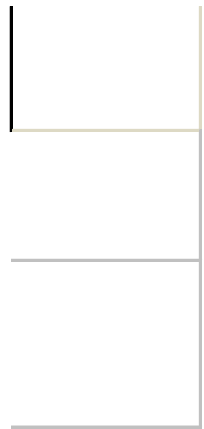
Grief Support Group-Downings United Methodist Church	Downings United Methodist Church 7291 Lankford Highway, OAK HALL	Contact: Betty Armsey at Hospice and Palliative Care Ph:757-787-3310 ext. 105	Meets on the 4th Tuesday of Each Month. From: 1:30 PM-3:00 PM
Grief Support Group-Exmore	Grief Support Group-Exmore Hospice Resource Center 3306 Lankford Highway	Contact: Betty Armsey Hospice and Palliative Care Ph:757-787-3310 ext. 105	Meets on the 2nd Tuesday of each month from 12:00 PM to 1:30 PM.
Grief Support Group Onancock	Grief Support Group Onancock Hospice Building 165 Market St Suite #3		Meets on the 1st Wednesday of each month from 3:00 PM to 4:30 PM.
Grief Support Group-Riverside (Rev.02/24/23)	Grief Support Group-Riverside	Contact: Mary Jimenez Ph:757-789-5000 Email:Mary.Jimenez@rivhs.com Website:www.riversideonline	Grief Support Group at Riverside hospital is for parents or anyone who have experienced a loss due to death or any significant life changing loss.
Grief Support Group-Tangier Island's	Grief Support Group-Tangier Island's Swain Memorial Sunday School Building		Meets on the 3rd Wednesday of Each Month. From: 10:30 AM-12:00 PM
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment,
Newport News-Riverside Rehabilitation Institute	Newport News-Riverside Rehabilitation Institute	Contact: Leah Frazier Ph: 757-928-8050 Email:leah.frazier@rivhs.com	Meets on the last Wednesday of each month from 4:30 pm to 5:30 pm at the Shore View Medical Center (outpatient building).
Prostate Cancer FACEBOOK Support Group (Rev.02/28/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearses.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost:currently \$19.
Support and Education for Caregivers	Support and education for Caregivers Locations: Downings United Methodist Church 7291 Lankford	Contact: Betty Armsey Hospice and Palliative Care Ph:757-787-3310 ext. 105 OR	Their group is open to caregivers of Hospice patients as well as other caregivers and former caregivers in the community. They offer the opportunity to connect with ,to share and learn from others living in similar situations. Participants treat what is shared as confidential, and what is learned as a
The Lighthouse Guild Teleconference Group for	Virginia Department for the Blind & Vision Impaired	Contact: Judith Millman, Facilitator Contact:	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for
THERAPEUTIC FOSTER			
THERAPIES			
Intrepid USA Home Health Services	Intrepid USA Home Health Services 2367 Lankford Highway P.O Box 770	Toll Free:800-254-9090 Ph:757-787-7202 Fax: 757-787-9307	Intrepid USA help to restore individuals to optimal function and independence. They send their dedicated and multidisciplinary team of therapists to the home or living facility to provide traditional therapeutic techniques and modalities, as

Little Hands Little Feet Pediatric Therapy, P.L.L.C	Little Hands Little Feet Pediatric Therapy, P.L.L.C 3186 main Street	Contact: Jennifer Bridges Ph:757-442-KIDS Fax: 757-442-5438	Little hands Little Feet is a pediatric therapy clinic providing physical and occupational therapy services to children on the Eastern Shore. They provide center, community and home based services to children age birth to eighteen
Mosher Physical Therapy & Sports Medicine	Mosher Physical Therapy & Sports Medicine 712 Randolph Avenue	Ph:757-331-4490 Email: info@mosherphysicaltherapy.c	Mosher Physical Therapy and Sports Medicine is the first therapist-owned clinic on the Eastern Shore of Virginia. Services include to promote healing and recovery from:
Personal Touch Homecare	Personal Touch Homecare 21204 N. Bayside Road Cheriton, VA 23316	Ph: 757-331-1327 Email: gbrown@pthomecare.com	Personal Touch Physical Therapy (PTTS) was developed to enhance the Agency's ability to provide quality rehabilitation professionals to an all-inclusive population of clients in a number of diversified settings. We also assist with the
Riverside Shore Cardiopulmonary Wellness Services	Riverside Shore Cardiopulmonary Wellness Services Cardiac & Pulmonary	Ph:757-414-0178 Fax:757-414-0190 OR Lankford Location	Riverside Shore Cardiopulmonary Wellness Services provides Cardiac Rehab and pulmonary rehabilitation programs and medical maintenance. A physician referral is necessary for each patients who participates. Please call for further information.
Shore Rehab	23379 Commerce Drive Accomac,VA 23301	Ph: 757-787-8284	Physical, Occupational & Speech therapies for Infants, Children and Adolescents.
Speech Therapy -	Speech Therapy -	Intake Contact:	Shore Rehab treats a full spectrum of communication disorders, including
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker - ModivCare	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Ambulance - Accomack, Eastern Shore Ambulance Service	Ambulance - Accomack, Eastern Shore Ambulance Service	Intake Contact: Chris Martin 800-734-4161 Main Toll Free:800-452-5977	The Eastern Shore Ambulance Service serves the Eastern Shore of Virginia as well as the entire Tidewater area. They transport patients to and from doctor office visits, outpatient services, dialysis and radiation treatments, as well as to
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-Where is my Ride:855-325-7581, Option 1 TTY:711	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.

Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride : Ph:877- 892-3986 option 1	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877- 892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.

United Healthcare Community Plan CCC Plus- Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*Lion's Club Kegotank Contact: Westberry-757-678-7118 OR North Accomack Lion's Club Contact: Dennis Poke	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Accomack County Department of Health 23191 Front Street P.O Box 177 Accomack,VA 23301 Hours:8:15AM-5:00PM, M-F.	Call to request Screening: Guadalupe Solorzano Ph:757-302-4256 Ms.Tonya Ph:757-302-4260 OR Ph: 757-787-5880 & 757-824-5616 Fax: 757-787-5841	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL waivers Eastern Shore Community Services Board 10129 Rogers Drive	Contact: Lisa Sedjat, Ph:757- 350-5044 Main Email: lsedjat@escsb.org Website:http://www.escsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver Eastern Shore Community Services Board 10129 Rogers Drive, Nassawadox, VA 23313	Families must call main number to be directed to the local CSB Ph: 757- 442-3636 Fax: 757- 442-2319	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with

Community Living (CL) Waiver	CL Waiver Eastern Shore Community Services Board 10129 Rogers Drive, Nassawadox, VA 23413	Families must call main number to be directed to the local CSB Ph: 757- 442-3636	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).
Family and Individual Support (FIS) Waiver	FIS Waiver Eastern Shore Community Services Board 10129 Rogers Drive, Nassawadox, VA 23413	Families must call main number to be directed to the local CSB Ph: 757- 442-3636 Fax: 757- 442-2319 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).



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04/16/2025

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Chesapeake City**

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	100 Outlaw St., P.O. Box 15098, Chesapeake, VA 23320	Chesapeake Department of Social Services Ph:757- 382-2000 Fax:757 543-1644 Hotline: 1-888-832-3858 Website:https://www.dss.virgini	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal
CASA Inc.-Chesapeake	Chesapeake CASA 301 Albemarle Drive Chesapeake, VA 23322	Contact: Darnell Gadiss Ph: 757-382-8183 Fax: 757-382-8762	CASA volunteers are appointed by judges to advocate for neglected/abused children. Assist children with their personal/legal problems. Also helps to find a safe, permanent home for neglected abused children.
Chesapeake Pals Program	Chesapeake Pals Program 301 Albemarle Drive	Ph: 757- 382-8172 Fax:757- 382-8202	The Pals Program- Domestic Violence advocate, Monitor cases, make referrals to area agencies and community resources as needed and provide crisis intervention throughout
Child Protective Services (CPS) (Rev.08/24/23)	100 Outlaw St., P.O. Box 15098, Chesapeake, VA 23320	Chesapeake Department of Social Services Ph:757- 382-2000 Fax:757 543-1644 Hotline:804-786-8536 Virginia	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect:
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	To report suspected human trafficking:866-347-2423 To get help from the National Human Trafficking Hotline:	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.co	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops, mentoring
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work environments.
Chesapeake Health Department WIC Program- Lactation/Breastfeeding Classes (Rev.12/03/19)	Chesapeake Health Department WIC Program- 490 Liberty Street Chesapeake VA 23324 Chesapeake Dept of	South Norfolk Office Ph:757-382-2651 Fax:757-382-2633 Website:www.vdh.state.vi.us/L HD/Chesapeake/index.htm	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Chesapeake City**

Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@evms.edu	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.
Stacy Kucharczk Best Feeding Lactation Services, LLC 1533 Blue Ridge Rd Chesapeake, VA 23322	Stacy Kucharczk breastfeeding Lactation Services, LLC 1533 Blue Ridge Rd Chesapeake, VA 23322	Ph:757-944-1234	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding. Basic position and latch of the infant. Information about practices that promote successful breastfeeding. Preventing and managing common concerns such as poor latch, inadequate milk transfer or supply, nipple or breast pain, and calming a fussy baby. Milk expression and storage for mothers who must be separated from their babies. strategies for breastfeeding after returning to work. Breastfeeding in challenging situations, such as breastfeeding twins or triplets, a premature or sick infant, or infants in special medical situations.
Stacey Starsman Chesapeake Regional Medical Center	Stacey Starsman Chesapeake Regional Medical Center 816 Clover Hill Court Chesapeake, VA 23322	Ph: 757-312-3159	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding. Basic position and latch of the infant. Information about practices that promote successful breastfeeding. Preventing and managing common concerns such as poor latch, inadequate milk transfer or supply, nipple or breast pain, and calming a fussy baby. Milk expression and storage for mothers who must be separated from their babies. strategies for breastfeeding after returning to work. Breastfeeding in challenging situations, such as breastfeeding twins or triplets, a premature or sick infant, or infants in special medical situations.
BURIAL ASSISTANCE			
Burial Expenses Assistance- Chesapeake Department of Human Services (Rev.10/22/20)	Chesapeake Department of Social Services 100 Outlaw St. P.O. Box 15098 Chesapeake, VA 23320	Ph:757- 382-2000 Fax:757- 543-1644 Website: http://cityofchesapeake.net/s	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home.Please call for further information
CHILD CARE			
Apple Tree Learning Center - Parkway Christian Center	Apple Tree Learning Center 601 Volvo Parkway Chesapeake, VA 23320	Ph:757-547-9530	Apple Tree Learning Center is delighted to offer our children developmentally appropriate programs for preschool, kindergarten, as well as kindergarten enrichment and before and after school age care for children attending neighboring public schools.
Basics Primary School	Basics Primary School 1509 N. River Birch Run Chesapeake, VA 23320	Ph:757-424-0994 Fax:757-424-0994	At Basics Primary School child can develop self confidence, develop self-discipline, form friendship, learn to be independent, and receive the best academic programs. They provides Day care, pre-school and Kindergarten. Serves children ages 2-11 years old.Hours:6:00am-6:00pm Monday-Friday.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Chesapeake City**

Before & After School Program-Deep Creek - Chesapeake, Girls Incorporated of Southwest Hampton Roads Center for Youth.	Before & After School Program-Deep Creek - Chesapeake, Girls Incorporated of Southwest Hampton Roads Center for Youth 925 Poplar Avenue Chesapeake, VA 23323	Fax:757-485-3984 Ph:757-487-1814 Intake Website: www.centerforyouthswhr.com Intake Contac: Latasha R. Newton Ph:757 465-3896 Intake Intake Email:	Provides daily program activities offered to youth ages 5 - 12.
Before & After School Program-Indian River - Chesapeake, Girls Incorporated of Southwest Hampton Roads Center for Youth	A program of Girls Incorporated of Southwest Hampton Roads Center for Youth 1708 Rokeby Avenue Chesapeake, VA 23320	Intake Contact: Latasha R. Newton Ph:757 465-3896 Intake & 757-424-0230 Fax:757-424-0372 Intake Email:	Before and After School program for girls & boys ages 5 (& attending K5 school) to 12.
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 option 2 Statewide number: ~~Ph:866-481-1913~~	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-0846 ~~or use the Customized Referral Service: 866- 543-7852 option 2. Coverage~~
Cedar Road Christian Academy	Cedar Road Christian Academy 916 Cedar Road	Ph:757-547-9553 Website:www.croadag.org	Cedar Road Christian Academy serves ages 2 through 12.Provides day care, preschool, grades K-3,before/after school programs, and summer camps.
Child Day Care - Chesapeake, Chesapeake Department of Human Services	Child Day Care - Chesapeake, Chesapeake Department of Human Services 100 Outlaw Street Chesapeake, VA 23320	Intake Contact: Doris "Cookie" Palacios Ph:757-382-2000 Intake Website: http://cityofchesapeake.net/services/depart/humanser/index.shtml	Provides day care assistance to eligible families through TANF, Transitional Day Care, and the Planning Council. The different types of daycare providers consist of family providers, daycare centers and church daycare. No age limitation. Other Eligibility Requirements: must be a resident of Chesapeake; must meet guidelines set up for program. *received TANF or attending school/employed*.
Children's Harbor-Chesapeake	Children's Harbor 2400 Strawberry Lane Chesapeake, VA 23324	Ph:757-543-4221 Fax:757-543-8824	Children's Harbor is nationally accredited school age child care program. serves ages 12 months to 10 years. Hours 6:30am-6:00pm-Monday-Friday.(Full day child care program). Also offers tutorial program/school age program, computer enriched environment and transportation provided from selected schools.
Great Bridge Children's Center	Great Bridge Children's Center 253	Ph:757-482-1385 Email:gbcc2003@aol.com	Great Bridge Children's Center provides child care for children ages 16 months and older. Hours 6:30am-6:00pm,Monday-Friday.After school program is available.
Just Beginning Day Care	Just Beginning Day Care 377 W. Hanbury Road Chesapeake, VA 23320	Ph:757-482-9007	Just Beginning Day Care provides day care services. Please call for further information.
Kids Kollege	Kids Kollege 928 Battlefield Blvd Chesapeake, VA 23320	Ph:757-482-1374	Kids Kollege is a Christian base childcare/preschool center. Serves 2-12 years old. Open 6:30am-6:00pm.Monday-Friday.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Chesapeake City**

Kinder Garten Learning Centers	Kinder Garten Learning Centers 929 Cedar Road Chesapeake, VA 23320 OR 725 Greenbrier Pkwy Chesapeake, VA 23320	Ph:757-436-4747 & Ph:757-436-4672 Fax:757-436-4371 Email:cl267@mail.kindercare.com Website:www.kindercare.com	Kinder Garten Learning Centers provides before and after school child care and summer programs. The center is open 6:00am-6:30pm,Monday-Friday.Ages: 6 weeks to 12 years old.
Le Petite Academy	Le Petite Academy 1025 Plantation Lakes Circle	Ph:757-479-4812 Fax:757-479-4812	Le Petite Academy provides childcare to children ages 6 weeks to 12 years old. The center is open from 6:00am-6:00pm Monday-Friday
Precious Pearls, Inc.-For Children with Special Needs	Precious Pearls, Inc. -For Children with Special Needs 516 Albemarle Drive Chesapeake VA 23322	Ph.: 757-609-3138 Fax:: 757-819-6858 Email:preciouspearlsinc@gmail.com	Precious Pearls is a childcare center for children with special needs from ages 2 to 10 year old. Program provides: childcare services for children with special needs, before and after school program available, educational curriculum driven services, screened and experienced childcare assistants, physical therapy services, speech pathology services, child mentor services. Services include: Breakfast,Snack,Excursions,Creative Play, Fine Arts and Music.Diagnosis:Autim,Asperger,Down Syndrome, Cerebral Palsy, Attention Deficit Disorder(ADD),Attention Deficit Hyperactivity Disorder (ADHD),Intellectual Disabilities & oppositional Defiant Disorder (ODD),Behavioral Disabilities etc. Accepting all children with disabilities. Hours of operation: 6:00am-6:00pm from Monday-Friday
STOP Inc.-Childcare Financial Assistance - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc.entrall.com	Childcare has always been one of the most challenging barriers to employment retention for the working parents served by STOP. The goal of this initiative is to help relieve the financial burden endured by low and moderate income working parents due to childcare costs. STOP secures partnerships with childcare providers who are licensed, bonded and approved by the Virginia Department of Social Services to implement and execute this program and to ensure that the highest standards are upheld in the provision of these services. By ensuring the maintenance of quality childcare, STOP provides those most in need with financial assistance thereby passing the benefit of quality care to the children who deserve nothing less. Funded to Serve the Cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and Southampton. Please call for further information.
DENTAL CARE			
Advanced Sedation Dentistry (Rev. 06/19/23)	200 North Battlefield Blvd., Suite 4 Chesapeake, VA 23320	Ph:757-769-7155 Email:info@advancedsedationdds.com Website:www.advancedsedationdds.com	Advanced Sedation Dentistry specializes in dentistry for children with medical and functional needs. They also see adults.Insurance:Accepts Military and private insurance . Staff: Len Futerman, DDS and Mary Haley, DDS.Other:In-office sedation. Dentist Anesthesiologist on staff. Please call for further information.
Children's Dentistry & Orthodontics (Rev. 6/4/18)	905 North Battlefield, Suite #106, Chesapeake, VA 23320	Ph:757 548-3030 Website:http://www.wemakesmileva.com	Children's Dentistry & Orthodontics specializes in dentistry for children with medical and functional needs.Insurance:accepts Military insurance but does NOT accept Medicaid/Medicaid MCO's. Staff: John I Barney, DDS,Michael F. Hasty, DDS, MS, Mark S. Levin, DDS and Scott H. Rosenblum, DDS MPH. Other: Does NOT have CHKD privileges but Dr. Hasty is able to sedate through. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Chesapeake City

Chesapeake Care Free Clinic- Dental Services (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org	Dental Care is provided as follows: Extractions, Restorations, Comprehensive dental exams to determine treatment needed, Cleanings with hygienist. Eligibility requirement: Resident of Hampton Roads ,No dental insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must complete an eligibility appointment to determine if they are eligible to receive medical and/or dental care at the clinic. <u>Appointment based. Hours of operation: Monday 8:45Am-1:00Pm Tuesday and Thursday</u>
Donated Dental Services (DDS)- Dental Lifeline Network. Access Partnership (Rev.10/19/20-	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	To request an application: Ph: 757-502--7400 Ext 3 Fax: 877- 231-0196 Dental Coordinator - oralhealth@accesspartners.org MainEmail:	Donated Dental Services is a national program of the Dental Lifeline Network managed by Access Partnership for VDA components 1&2 (Greater Hampton Roads – Peninsula and Southside plus Virginia's Eastern Shore). There is usually no cost to those who qualify but individuals who can pay for part of their care will be asked to do so, especially when laboratory work is involved. ELIGIBILITY: Many dentists in our area have volunteered to provide dental care at little or no charge to people who, because of a
Dr. Gail Plauka (Rev. 3/15/18)	Dr. Gail Plauka 350 Johnstown Rd	Ph.: 757-482-4777	Dr. Gail Plauka works with children with special needs ; CHKD privileges and Does not takes Medicaid & Medicaid HMO's .
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314-689-0293	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:• Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less,Child should not
Gail V. Plauka, DMD,PC & Associates (Rev. 6/4/18)	350 Johnstown Rd., Chesapeake, VA	Ph:757- 482-4777 Website:www.kidsmileinspector.com	Gail V. Plauka, DMD,PC & Associates specializes in dentistry for children with medical and functional needs.Insurance:Accepts Military insurance but does NOT accept any new Medicaid/Medicaid MCO's.Staff:Gail Plauka, DMD, PC. Other: In-office conscious sedation, CHKD privileges. Other: In-office conscious sedation. CHKD privileges. Please call for further information.
Greenbrier Dental Center (Rev.09/30/23)	1059 Eden Way N, Chesapeake, VA 23320	Ph:757- 547-2266 Website:https://www.greenbrierdental.com/Our-Practice	Greenbrier Dental Center provides dental care services for children and adults.Hours:Monday - Thursday - 8:00 am to 6:00 pm and Friday - 8:00 am to 4:30 pm.Pediatrics is open the Second Saturday each month during the school year from 9:00 am to 3:00 pm. Private insurance is accepted. Medicaid is not accepted. Please call for further information.
Hampton Roads Pediatric Dentistry (Rev.09/30/23)	237 Hanbury Rd E Suite 30 Chesapeake, VA 23322	Ph:757- 224-3006 Website:www.hrpediatricdentistry.com	Hampton Roads Pediatric Dentistry specializes in dentistry for children with medical and functional needs.Insurance:Accepts Military insurance and Medicaid/Medicaid MCO's. Staff:J.B. Martin, DDS. Other: In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.
Hanbury Pediatric Dentistry (Rev. 6/4/18)	237 Hanbury Road, Suite 30, Chesapeake, VA 23322	Ph:757- 547-2134 Website:www.hrpediatricdentistry.com	Hanbury Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's.Staff:J.B. Martin, DDS. Other: In-office conscious sedation, Does NOT have CHKD privileges. Please call for further information
Konikoff Kids (Rev.09/30/23)	684 Battlefield Blvd Suite B Chesapeake, VA 23320	Ph:757- 394-8737 Website:https://www.konikoffkids.com/	Konikoff Kids Little Neck provides pediatric dental services. All major insurance are accepted. Self pay options available for uninsured individuals. Hours: Monday-Friday from 8:00 AM – 5:00 PM and Saturdays from 7:30 AM – 12:00 PM.Please call for further information.

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Lefcoe, Weinstein, Sachs, Schiff & Associates (Rev. 6/4/18)	Lefcoe, Weinstein, Sachs, Schiff & Associates 1230 Progressive Drive Chesapeake VA 23320	Ph: 757-463-1270 Website: www.lwssfamdentist.com	Lefcoe, Weinstein, Sachs, Schiff & Associates specializes in dentistry for children and special needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Staff: Scott Sachs, DDS. Other: Will not take a NEW patient 12 years and over. CHKD privileges. Please call for further information.
ODU Dental Hygiene Care Facility (Rev. 03/15/24)	Old Dominion University Dental Hygiene Care Facility ODU Health Sciences Building 1090	Ph: 757- 683-4308 Email: leusner@odu.edu Website: https://www.odu.edu/konikoff-	Dental care services for children and adults. Services provided: Oral cancer screenings, Dental and Periodontal Charting, Oral Prophylaxis, Therapeutic Scaling, Extrinsic, Stain Removal, Soft Tissue management, Fluoride Therapy, Dental, Sealants, Prosthetic (Denture/Partial) Cleaning, Custom Athletic Mouth guard, Custom Fluoride Tray,
The Rotary Club of Norfolk	The Rotary Club of Norfolk	Ph: 757-853-8500, ext. 127.	The Rotary Club of Norfolk will provide dentures or replacement teeth for 100 lower-income people this year as part of the club's centennial celebration. South Hampton Roads residents between 18 and 70 with a household income below 200 percent of the federal poverty level could be eligible. Rotary Smiles aims to help people whose lack of teeth has hurt efforts to obtain employment and self-sufficiency, said Susan Donn, club president. Call for further information.
Tidal Smiles Pediatric Dentistry (Rev. 09/30/23)	350 Johnstown Rd, Suite C Chesapeake, VA 23322	Ph: 757-482-4777 Fax: 757- 546-9820 Website: https://tidalsmiles.com/	Tidal Smiles Pediatric Dentistry specializes in dentistry for children and special needs. Insurance: accept most major dental insurances but does not accept Medicaid. Hours: Monday-Thursday: 8:00 am – 5:00 pm and Friday: 8:00 am – 12:00 pm. Please call for further information.
Weis Pediatric Dentistry (Rev. 6/4/18)	1100 Volvo Pkwy Suite #10, Chesapeake, VA 23320	Ph: 757- 484-8262 Website: http://www.weispediatricdentistry.com/	Weis Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Medicaid/Medicaid MCO's; Out of network as a Military provider but honors their fee schedule for exams and cleanings, not restorative work. Staff: M. Trey Weis, DDS; Roopa S. Murthy, DDS; Julian P. Miller, DDS and Patricia Gordon-Willis, DDS. Other: Will not take a NEW patient 13 years and over but will continue to see patients into adulthood. Does NOT have CHKD privileges but able to perform treatment under general anesthesia at Virginia Beach Ambulatory Surgery Center or Obici Ambulatory Surgery Center, if required. Please call for further information.
DEVELOPMENTAL DISABILITIES			
Ability Center of Virginia former Cerebral Palsy Association of Virginia (Rev. 12/18/18)	Ability Center of Virginia former Cerebral Palsy Association of Virginia 5825 Arrowhead Drive Suite 201 Virginia Beach, VA 23462	Contact: Michelle Majority Executive Director Ph: 757-497-7474 Fax: 757-497-0868 Website: www.abilitycentervirg.org	Ability Center of Virginia former Cerebral Palsy of Virginia serves children and adults with cerebral palsy and other developmental disabilities such as those with down syndrome, autism, muscular dystrophy, intellectual disabilities, learning disabilities as well as those with hearing, speech and visual impairments. Programs include: Adult day, Art Works, Weekends and Summer camps. Please call for further information.
Autism Fellowship-Chesapeake	Autism Fellowship- Chesapeake	Ph: 757-272-8278 Website: www.autismfellowship.com	Autism Fellowship-Chesapeake promote social programs, education, and health for those individuals with a diagnosis of ASD; open to all individuals with a diagnosed with ASD and their family, friends, and service provider professionals; does not endorse any specific third party program, therapy or philosophy.
CARD Chesapeake	CARD Chesapeake	Contact: Danielle Martin, MS, BCBA	CARD Chesapeake provides ABA (applied behavior analysis) services.
Center for Autism and Related Disorders (CARD)	820 Greenbrier Cir #32, Chesapeake, VA 23320	Contact: Danielle Martin Ph: 757-716-7067	The Center for Autism and Related Disorders (CARD) is one of the world's largest organizations using applied behavior analysis (ABA) in the treatment of autism spectrum

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Children First-ABA Therapy (Rev.01/12/21)	1525 Technology Drive Chesapeake, VA 23320	Contact: Meghan Hodgins MS Ed., BCBA Sharon Coiner, BCaBA, LABA Ph:757-609-2795 Email:Childrenfirstaba@gmail.com	Children First ABA Clinic, LLC is a clinic based company providing applied behavior analysis and social skills instruction services to children with autism spectrum disorders and other developmental disabilities. They also provide training to parents that will empower them to continue treatment in their homes.
EMG Consulting	EMG Consulting Elizabeth Gilmore	Ph:757- 615-3003 Website: https://autismservices	EMG Consulting provides ABA (applied behavior analysis) services. In home only/All ages. Please call for further information.

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FACT-Families of Autistic Children of Tidewater (Rev.12/18/18)	FACT-Families of Autistic Children of Tidewater 120 S. Lynnhaven Rd. Suite #200 Virginia Beach, VA 23452	Ph: 757-422-2040 Fax: 757-306-7055 Website:www.camp4autism.com	The mission of F.A.C.T. is to improve the quality of life for individuals with autism and their families in the greater Tidewater Virginia area. F.A.C.T. promotes the creation of social, recreational, and vocational programs designed to meet the unique needs of individuals with autism. F.A.C.T supports the integration of these individuals into the community by providing social and communication models, with emotional and behavioral supports.
Mea'Alofa Autism Support Center	Mea'Alofa Autism Support Center 4016 Raintree Rd #220b Chesapeake, Va. 23321	Ph:757-465-3933 Website:http://www.learnwithmasc.org	Mea'Alofa Autism Support Center provides ABA (applied behavior analysis) services. Insurance: Tricare, Anthem, Optima –Non Medicaid, Medicaid with EDCD Waiver.Ages:24mo-15yr.Please call for further information.
Nacolby's House Incorporated (NHI)-In-Home Care Provider	1545 Crossways Blvd. Suite 250 Chesapeake, VA 23320	Ph:757- 777-3675 Fax: 757- 777-3901 On call 24/7 Ph:757- 717-1960 Email:nacolbyshouse@gmail.com Website:http://nacolibyhouseinc.com/Home_Page.html	Nacolby's House Incorporated (NHI) is a community based non-profit organization that provides services to people with developmental disabilities, as well as support to their families. They provide respite, residential services, private duty nursing children's services or companion services. They accept private pay and varies insurance and also assist families in the process of how to get coverage. Please call for further information.
Paradigm Pathway Consulting	Paradigm Pathway Consulting 1226 Progressive Drive, Suite 104 Chesapeake, Va. 23320	Contact: Maria Hill, Ed.D., L-BCBA-D Ph:757- 286-2786 Fax: 757- 966-7872	Paradigm Pathway Consulting provides ABA (applied behavior analysis) services.Ages:Infant-17yr
Pennington Group- ABA Therapy (Rev.4/1/19)	Pennington Group- ABA Therapy	Website:http://penningtongroupaba.com/	Pennington Group provides ABA (applied behavior analysis) services. Please call for further information. They currently provide ABA Therapy in Virginia Beach, Norfolk, Chesapeake, Hampton, Newport News, Yorktown and Suffolk Virginia. they also offer consultation services to schools, group homes, families and support groups.
Sunshine Behavioral Consulting (Rev.12/09/20)	Sunshine Behavioral Consulting	Ph:757-450-8507 Fax:757-585-3544 Website:SunshineBehavioralConsulting.com	Sunshine Behavioral Consulting offers home based ABA (Applied Behavior Analysis) services to children diagnosed with Autism Spectrum Disorder. Their services also include parent training,consultation,IEP assistance and individualized behavioral plan. Insurances accepted: Tricare, Optima, Blue Cross. Working on Aetna and Cigna. Covered Areas:Norfolk,Virginia Beach and Chesapeake.
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy.com/247-helpline	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists respond to most often include: Current epilepsy treatment and alternative therapies, Medication questions, Support groups, Seizure first aid and safety devices, Employment and discrimination, Emotional support, Epilepsy Foundation local offices and Sudden Unexpected Death in Epilepsy (SUDEP).Interpreters available for over 200+ languages.

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EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of parents to serve as peer counselors, a home health visit, subspecialty care for the more severe children with asthma, and a smoking cessation program. Their Goals & Objectives are increase access to preventive care for all children in Head Start, improve asthma awareness, prevention, and treatment strategies for staff and parents of asthmatic children enrolled in Head Start, and improve the quality of life for these asthmatic children and their families. Target Population: Infants and Toddlers (0-2), Pre-school age children (3-5) . Uninsured/Underinsured children & families
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*Lion's Club Chesapeake (Greenbrier area only) Kent Hiatt-757-482-2384 *Lion's Club Chesapeake (Deep Creek area only)	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Muscular Dystrophy Association	Muscular Dystrophy Association One Greenbrier Point 1403 Greenbrier Parkway # 575 Chesapeake, VA 23320 Clinic: Sentara Norfolk General Hospital Ambulatory Care Clinic	Health Care Services Coordinator Dozier, Bonnie Ph:757-420-3172 Fax:757-523-0173 Email:bdozier@mdausa.org Email:norfolk@mdausa.org	MDA's 200 local offices serve every community in the United States through a vast program of clinics, support groups, summer camps, equipment loans and much more. MDA services include: Initial diagnosis, Payment of authorized medical services (It is the policy of MDA to assist with payment only for those services authorized in its program that are not covered by private or public insurance plans or other community resources), Follow up medical care, Direct services, Equipment assistance, Repairs, Summer camp program, Support services, Advocacy and awareness, community resources. To register with MDA if you have a neuromuscular disease, make a clinic appointment and find out more information about other services for people and families affected by a neuromuscular disease in MDA's program
Nutrition Counseling Program-Lifestyle Health and Fitness Center Diabetes,hypoglycemia,Hypertension,Cholesterol and Triglyceride.	Nutrition Counseling Program-Lifestyle Health and Fitness Center Chesapeake Regional Medical Center 800 North Battlefield Blvd	Ph:757-312-6132 Fax:757-312-6245	Nutrition Counseling Program-Lifestyle Health and Fitness Center at Chesapeake Regional Medical Center provides nutritional counseling by a registered dietician for patients with diabetes, hypoglycemia, Hypertension, Cholesterol and Triglyceride levels and weight management. They also offers cooking classes on a variety of topics and supermarket tours.
Sign With Me Virginia-Sign Language Classes	Sign With Me Virginia-Sign Language Classes	Ph: 757-969-9876 Website: http://www.signwithmeva.com/category/index/id/9 Email: diann@signingtimeacademy.com	Sign With Me Virginia offers age -15 to Adult Beginner to Intermediate Sign Language Classes- Fee:\$100.00 Class/\$50.00 2 Books /2 DVD's/2 Pocket Guides/\$150.00 total per student Time: Description- Minimum 10 students -Maximum 20 students. Description: they will study 1.Everyday Conversation 2.Socializing 3.Eating out 4.Numbers and Shopping 5.Helping in Emergencies Signs 6.Health 7.Slang and Idioms etc. Please call for further information.
Temple Baptist Church for the Deaf	Temple Baptist Church for the Deaf 1322 N. George Washington Hwy Chesapeake, VA 23323	Ph:757-485-5828	Temple Baptist Church for the Deaf provides services to the members of the church to learn and practice sign language so they might befriend and share the gospel with the deaf. Please call for further information.

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The Virginia Department for the Deaf and Hard of Hearing-Outreach and Community Services	The Virginia Department for the Deaf and Hard of Hearing-Outreach and Community Services Endeppendence Center 6300 East Virginia Beach Blvd Norfolk, VA 23502	Outreach Contact: Brenda Estes Ph:757-461-8007(Voice) 757-461-7527(Voice/TTY) 757- 802-3284 (Video Phone) Email: bestes@endeppendence.org WebSite: http://www.endeppendence.org VDDHH Website: http://www.vddhh.org/OrAbout.htm Email: frontdsk@vddhh.virginia.gov & gary.talley@vddhh.virginia.gov	The Virginia Department for the Deaf and Hard of Hearing-Outreach and Community Services can Provide: Training for persons who are Deaf and Hard of Hearing and their families, Training to businesses, caregivers, public safety officials, and professionals that serve persons who have a hearing loss. Information and training about local services including where to find sign language classes, support services, and the technical equipment needed to aid persons who are Deaf or Hard of Hearing with their communication needs. Community education through information tables at local events, speaking to civic organizations, attending support group meetings, and working one on one with consumers who need training to use the equipment to meet their needs. Workshops on a variety of subjects: Coping with hearing loss, Hearing Aids, Hearing loss prevention ,Emergency Preparedness, Sensitivity training for Emergency and Law Enforcement Personnel, Technology and assistive listening devices, Video Relay Services and VideoPhones, TTY training for businesses and individuals, Virginia relay, Using an interpreter effectively, Increasing Sign language skills and Cochlear Implant Information. Please call for further information.
Virginia Association of the Blind	Virginia Association of the Blind 134 Cinnamon Court Chesapeake, VA 23321	Ph:757-488-4577 Tollfree:1-800-426-2144 Fax:757-488-4577	Virginia Association of the Blind serves the state of Virginia. They locates, informs and assists people who are blind or partially blind. There are no fees for services. work with the blind, partially blind and sighted to elevate the social economic and cultural levels of persons with impaired vision.
DME			
ABC Healthcare (Rev. 10/22/19)	818 Professional Place West Chesapeake, VA 23220	Ph: 866- 363-3678 Fax:757- 826-9269 Toll Free: 800-262-6364	ABC Health Care is a DME and supplies provider.Medicaid,Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Access Partnership (Rev.10/19/20)	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	Ph: 757-502--7400 Ext 5 Fax: 877- 231-0196 Donated Supply & Equipment	Access Partnership is a 501(c) 3 Nonprofit Organization who provides gently used and new donated medical equipment and supplies to individuals in need. Office Hours: Monday-Friday from 9am to 4:30pm Please call or visit the website for further information.
Access Without Limits, LLC-Environmental Modifications (Rev.03/29/22)	123 Bruton Court, Suite 101 Chesapeake, Virginia 23322	Ph:757- 560-0231 Fax:757- 410-3245 Email: jack@accesswithoutlimits.com Website:https://accesswithoutlimits.com	Access Without Limits, LLC-Environmental Modifications offer safe home modifications for individuals with a variety of accessibility needs due to age, injury, or illness. There is no limit to the level of service they provide to ensure that you may continue to enjoy the comforts of your own home.Hours:Mon08:00 am – 05:00 pm;Tue08:00 am – 05:00 pm;Wed08:00 am – 05:00 pm;Thu 08:00 am – 05:00 pm and Fri08:00 am – 05:00 pm.Sat and Sun-Closed.Services:Door
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com Website:www.activeforever.co	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com Website:www.aisquared.com	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information.

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American HomePatient (Rev.10/22/19)	American HomePatient	Ph:757- 523-5400 Website:www.ahom.com	American HomePatient is a DME and Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
American Orthotics & Prosthetics	American Orthotics & Prosthetics 1521 Technology Drive Chesapeake, VA 23320	Ph:757- 548-5656 Fax:757- 548-5657	American HomePatient provides oxygen equipment and supplies, patient assessment and follow up, and sleep therapy equipment (CPAP and supplies). Products and Services: Respiratory Products & Services: Aerosol Medications, Nebulizers, Oxygen, etc. Enteral Nutrition Products & Services: Tube-Feeding, Pump Supplies, etc. Home Medical Equipment: Scooters, Power Chairs, Wheelchairs, Walkers, Canes, Lift Chairs, Hospital
American Printing House for the Blind Inc. (Rev.1/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org	American Printing House for the Blind Inc. provides educational materials, recreation products,toys,daily living,braille books and other products. Please call for further information.
Apria Healthcare (Rev.08/21/23)	Apria Healthcare Chesapeake Location 818 Professional Place W Chesapeake, VA 23320	Ph:757- 852-3929 Website: http://www.apria.com	Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter Ph:757-763-8905 Email:beth@atdevicesforkids.org Website:www.atdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost. Please call for further information.
Communities Outreach Ministries-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	717 Keri Court . Chesapeake, VA 23320	Ph:757-274-6180 Website: http://ghrdiaperbank.org	Communities Outreach Ministries is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Eastern Oxygen and Medical Equipment,Inc	Eastern Oxygen and Medical Equipment,Inc 818 Professional Place West Chesapeake, VA 23320	Ph: 757-547-8188	Eastern Oxygen and Medical Equipment, Inc. offers home medical equipment to patients in the Hampton Roads and Eastern North Carolina. Equipment services available include oxygen (gaseous and liquid), electrical concentrators, semi-electric beds, wheelchairs, walkers, canes, commode chairs, hoier lifts, nebulizers, CPAP and Bipap machines. They accept Medicare, Medicare, and most other insurances. Please contact their office for additional assistance.
Family Medical Supply Inc (Rev.08/23/23)	124 Robert Hall Boulevard Suite 105 Chesapeake, VA 23324	Ph:757-452-4444 Fax:757-410-9809 Website: https://family-medical-supply	Family Medical Supply Inc offers durable medical equipment & supplies.Please call or viist the website for further information.
First Choice in Home Care, INC (Aerocare) (Rev.08/17/20)	1501 Crossways Blvd Suite A-C Chesapeake, VA 23320	Ph: 757- 496-2939 Fax: 757- 496-0604	First Choice in Home Care, INC is a DME and supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.

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Foot Solutions (Rev.08/23/23)	105 Coastal Ln, Chesapeake, VA 23320	Ph: 757- 549-3668 Website: https://footsolutions.com	Foot Solutions offers high-tech orthotics, custom arch supports & specialist footwear. Hours: Monday-Saturday--10:00AM – 5:00PM and Sunday-Closed.Please call for further information.
FREE Foundation of South Hampton Roads Chapter	FREE Foundation of South Hampton Roads Chapter Bon Secours Health Center Sentara Health System 828 Healthy Way Drive Virginia Beach, VA 23462 Mailing Address: P.O. Box 66207 Virginia Beach, VA 23466	Ph: 757-771-6183 Fax: 757- 447-6333 E-Mail: shr@free-foundation.org Website: www.free-foundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children in need of mobility equipment have access to many other sources therefore, FREE focuses on serving the at risk adult population.
Friend to Friend-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	1600 Laurel Ave. Chesapeake, VA 23325	Ph:757-536-4433 Email: Dsphillips43@gmail.com Website: http://ghrdiaperbank.org	Friend to Friend is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Heritage Community Church-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	513 Johnstown Road Chesapeake, VA 23322	Ph:757-406-9286 Website: http://ghrdiaperbank.org	Heritage Community Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
Hope U Foundation.-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1400 18th Street Chesapeake, VA 23324	Ph:757-227-5444 Website: http://ghrdiaperbank.org	Hope U Foundation is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services 816 Greenbrier Circle, Suite E, Chesapeake, VA 23320	Ph:757-424-4822 Fax: 757-424-5871 Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services-Virginia Beach (Rev.02/01/23)	1429 Crosways Blvd, Suite A Chesapeake, VA 23320	Ph:757-488-2638 Fax:757-500-2542 Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare is an enteral nutrition supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.

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Medi Home Care (Rev.10/22/19)	Medi Home Care 1200 Executive Boulevard Suite 106 Chesapeake, VA 23320	Ph: 866-566-4573 Fax:757- 382-0155	Medi Home Care is a DME provider . Medicaid, Medicare and major insurances are accepted. Please call for further information.
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 Website: http://www.rehabhealthcare.com/	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
New Life Providence - Netcaster Kitchen-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	423 Shell Road Chesapeake, VA 23323	Ph:757-227-6930 Website::http://ghrdiaperbank.org	New Life Providence - Netcaster Kitchen is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
NuMotion (Rev.11/17/20)	NuMotion 644 Independence Parkway Suite 400 Chesapeake, VA 23320	Contact: Robert Phillips Email:robert.phillips@numotion.com Cell: 804-833-7168 Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Medical Equipment Distributors (Rev.10/20/21)	1220 Executive Blvd Suite 113 Chesapeake, VA 23320	Ph:757- 498-8225 Website:https://www.medofva.com	Medical Equipment Distributors is a accredited provider. Of f respiratory & oxygen equipment; they deliver and set up equipment by a trained professional. Products may include:CPAPs & Bi-PAP/Bi Level,Nebulizers & Compressors and Oxygen Management.They do accept many major insurance plans: Medicare, Medicare HMO/PPO plans, Optima Medicare, Anthem BC/BS Medicare, United Healthcare
One Generation Church-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	P.O. Box 2101 Chesapeake, VA 23320	Ph:757-227-4254 Website:http://ghrdiaperbank.org	One Generation Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Pediatric Specialist (Rev.10/22/19)	Pediatric Specialist	Ph:757- 436-2337 Fax:757- 436-2384 Toll Free:866- 271-4508	Pediatric Specialist is a DME and supplies provider . Medicaid and major insurances are accepted. Please call for further information.
Reach Orthotic & Prosthetic Services (Rev.12/05/23)	Reach Orthotic & Prosthetic Services 4057 Taylor Rd. Suite P. Chesapeake, VA 23321	Ph:757- 673-2000 Website:https://www.reachops.com	Reach Orthotic & Prosthetic Services in Newport News, offer services in Prosthetic & Artificial Limbs. They specialize in Prosthetic & Artificial Limbs. Hours of Operation are:Mon-Thurs: 8:00 am – 4:30 pm and Friday: 8:00 am - 2:00 pm .Serving:Newport News, Hampton, Yorktown, Chesapeake, Norfolk, Suffolk, Virginia Beach, Williamsburg, Gloucester, and the entire Hampton Roads area. Please call for further information.
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080 Fax: 757- 599-3855 Toll Free:800-322-4679	Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Sentara Enteral Services (Rev.01/31/23)	535 Independence Pkwy Ste 200 Chesapeake, VA 23320	Ph:757-553-3290 Fax:757-579-8638 Website:https://www.sentara.co	Sentara Home Care Services provides Enteral Nutrition for Adults and Children. They offer a wide selection of supplies for tube feeding and formulas. Please call for further information.

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St PaulUnited Methodist Church-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	437 W. Providence Road Chesapeake, VA 23325	Ph:757-420-6276 Website::http://ghrdiaperbank.org	St PaulUnited Methodist Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Tidewater Prosthetic Center, Inc.	Tidewater Prosthetic Center, Inc. 4053 Taylor Rd. Suite J Chesapeake, VA 23321	Ph: 757- 686-0200 Fax: 757- 686-0900	Tidewater Prosthetic Center mission is to provide the very best prosthetic and orthotic care to their patients. Please call for further information.
Trinity Faith Diamond-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1023 Deep Creek Blvd. Chesapeake, VA 23323	Ph:757-675-4044 Website:Website:http://ghrdiaperbank.org	Trinity Faith Diamond is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
DOMESTIC VIOLENCE			
Certified Batterer Intervention Program-New Life Substance Abuse & Behavioral Consultants, Inc. (3/13/18)	Certified Batterer Intervention Program-New Life Substance Abuse & Behavioral Consultants, Inc. 808 Live Oak Drive Suite 100 Chesapeake, VA 23320	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants-Certified Batterer Intervention Program mission in Virginia is to aid in the elimination of domestic violence by providing services to batterers. Program is designed for men and women who come on their own or have been court-ordered to attend classes. Through a eighteen-week program, participants learn to identify their triggers and change their unhealthy reactions to more healthy responses. Cost: initial assessment \$40.00 and \$25.00 each session. This program could be founded by some sources as: local department of social services, department of corrections. etc. Please call for further information.
Chesapeake Pals Program	Chesapeake Pals Program 301 Albemarle Drive Chesapeake, VA 23322	Ph.: 757- 382-8172 Fax:757- 382-8202	Chesapeake Pals Program mission is to reduce the trauma of victimization for domestic violence victims and encourage victims to cooperate with and participate in the Criminal Justice System.
H.E.R Shelter	Chesapeake	Ph:757-485-1445 Main Fax: 757-485-0883 HOTLINE 24-HOURS Ph:757-485-3384 Website:http://www.hershelter.com/#!/programs	The purpose of Help and Emergency Response, Inc. is to provide shelter and to engage in dedicated efforts to eliminate domestic violence. Help and Emergency Response (H.E.R. Shelter) provides advocacy, support, and education to those who have been affected by domestic violence in the cities of Chesapeake and Portsmouth, VA. Working under the belief that everyone is entitled to a violence-free life, H.E.R. Shelter also provides emergency shelter to 42 women and children every night and provides comprehensive programs to help them become self sufficient. Interpretation services are available upon request.
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453 Text: loveis to 22522 Website: www.loveisrespect.org	Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support, information and advocacy to young people who have questions or concerns about their dating relationships. Information and support is available to concerned friends and family members, teachers, counselors, service providers and members of law enforcement. Free and confidential phone, live chat and texting services are available 24/7/365.Services are available in English and Spanish.
Love and Caring Ministries - Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and homeless women.This program provides:- Safe haven from abusive relationships.Languages:English.Cost:Free.

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National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and Spanish.
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233) TTY:800-787-3224 Website:http://www.thehotline.o	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is available 24/7. Services are available in English and Spanish.
The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance (4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website:www.vadata.org/chat t	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved, an opportunity to find answers to legal questions, to gain insight into additional legal issues, to carefully weigh legal options on the phone and through chat and to be linked with both legal advocacy and legal services in their communities.
EARLY INTERVENTION			
Infant Stimulation Programs-Chesapeake	Chesapeake Early Intervention Program 1417 Battlefield Blvd North # 304 Chesapeake, VA 23320	Ph: 757-547-8929 Fax: 757-547-3477 Toll Free:800-234-1448 Website: WWW.infantva.org	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and speech therapy; educational and behavioral instruction; service coordination to families. There is no fee charged for evaluations or
EDUCATION			
Adult & Continuing Education-ESOL Program-Chesapeake (Rev.10/22/19)	Adult & Continuing Education-ESOL Program-Chesapeake 369 Battlefield Blvd S. Chesapeake, VA 23322 8:00 a.m. - 4:00 p.m. Monday - Friday	Ph: 757-482-5680 Fax: 757-482-5474	Adult & Continuing Education-ESOL Program purpose is to provide quality instruction designed to increase the English proficiency of Limited English Speaking (LEP) adults in the areas of reading, writing, speaking and listening. Eligibility Requirements: 18 years of age and older, Was not born in the United States or whose native language is a language other than English and comes from an environment where a language other than English is dominant, Is a Native American or Alaskan native, who is a resident of outlying areas and comes from an environment where a language other than English has had a
Adult & Continuing Education-GED Program-Chesapeake (Rev.10/22/19)	Virginia Adult and Literacy Services-Chesapeake 369 S. Battlefield Blvd Chesapeake, VA 23322	Ph.: 757-482-5680 Website: http://www.pen.k12.va.us/VDOE/Instruction/Adult	The purpose of the GED test is to enable persons who have not graduated from high school to demonstrate attainment of abilities normally associated with the completion of a high school program of study. By achieving satisfactory scores on the GED test, adults may earn a GED Certificate. Eligibility Requirements: Participants must be at least 18 years of age and not enrolled in a public or private school. Reasonable accommodations
Chesapeake Center for Science and Technology	Chesapeake Center for Science and Technology 1617 Cedar Rd Chesapeake, VA 23320	Ph:757-547-0134 Fax:757-547-2391	Chesapeake Center for Science and Technology offers technical electives to students enrolled in a regularly day program in areas such as cosmetology, nursing, electronic, welding, masonry, auto mechanics, auto body, data processing and television. On-the-Job training is provided. Serves 11th and 12th grade students and postgraduates. Hours are 8:00am-4:00pm, Monday-Friday.

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Chesapeake Homeless Education Coordinator	Sabrina Richards Supervisor of Pupil Placement - Student Services PO Box 16496 Chesapeake, VA 23328	Ph: 757-547-0153, ext.170 Fax: 757-547-2035 Email: richaswi@cps.k12.va.us	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in homeless situations. Some of these activities may be performed by the local liaison himself or herself, while others are accomplished by coordinating the efforts of other staff.
Chesapeake Parent Resource Center	Chesapeake Parent Resource Center 369 South Battlefield Boulevard, Chesapeake, VA 23322	Ph: 757-482-5923 Fax 757-546-0990 Email: laeunice.brown@cpschools.com	Chesapeake Parent Resource Center helps inform and educate families, including siblings, grandparents, and friends, about special education. Please call for further information.
Department of Special Education Chesapeake	Janet T. Garner, Director 2107 Liberty Street Edwards Chesapeake, VA 23324	Ph:757-494-7600 Fax:757-494-7573 Email:granejt@ps.k12.va.us	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other settings and instruction in physical education. The term includes each of the following if it meets the requirements of the definition of special education: 1. Speech-language pathology services or any other related service, if the service is considered special education rather than a related service
Early Adventures-YMCA Pre-School Program	Early Adventures Administration Georgetown Primary School 436 Providence Road Chesapeake, Virginia 23325 Mailing address:	Ph.: 757- 424-2229 Fax: 757- 424-2269 Early Adventures site near you: Site Locations A or B A. Georgetown Ph.: 757-424-2261	Early Adventures is a collaborative program offered by the Chesapeake Public Schools System and the YMCA of South Hampton Roads. The program is a free program funded by the Virginia Preschool Initiative Act for the purpose of serving those children who are continuously exposed to high-risk factors and situations that are likely to have an adverse impact on their social, emotional, physical, and cognitive development. Kindergarten readiness is the thrust. Early Adventures follows the Chesapeake Public Schools' "A" and "B" school schedule.
GBC Enrichment Center and School	GBC Enrichment Center and School	Ph:757-548-9280 Fax:757-549-7703	GBC Enrichment Center and School is a private school for 2 year old -5th grade. Summer and after school programs are offered.
"Get Smart Tutoring" - Great Bridge United Methodist Head Start Program	"Get Smart Tutoring" - Great Bridge United Methodist Registration: Hampton Roads Community Action Program, Inc. 2410 Wickham	Ph:757-482-1049 Fax:757-482-0432 Ph:757-246-9170 Website:http://www.ohainc.org	A tutoring program provided by Great Bridge United Methodist for youth from Oscar Smith High School. Interest should be emailed to Wendy Scott. The Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers develop the early reading and math skills they need to be successful in school. In 1995, the Early
Inside Out Learners, Inc., (Rev.8/6/18)	317 Great Bridge Blvd. Unit I Chesapeake, VA 23320	Ph: 757- 436-2722 Fax: 757- 436-2121 Email:terrie@insideoutlearners.com	Inside Out Learners, Inc. Currently offer one-on-one sessions for academic tutoring. Services are available for all learners, whether they have a disability or not. They are staffed with special education teachers. Please call for further information.
Keystone Education Services-Special Needs Tutoring (Rev.8/6/18)	Keystone Education Services-Special Needs Tutoring	Ph:757-802-7120 Email:info@keystonetutors.net Website:http://keystonetutors.net	Keystone Education Services provides special needs tutoring services; they provide academic tutoring with behavioral accommodations. Services could be provided in our facility and your home. Please call for further information.
Regional Special Education Program-Chesapeake	Chesapeake Regional Special Education Program-140 N. George Washington Highway Chesapeake, VA 23323	Contact: Penny Schultz Ph: 757-485-4735	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other settings and instruction in physical education. The term includes each of the following if it meets the requirements of the definition of special education: 1. Speech-language pathology services or any other related service, if the service is considered special education rather than a related service

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RESET Inc-Mentoring Services (Rev.12/19/24)	1109 South Military Highway, A Chesapeake, Virginia 23320	Contact: Sabrina or Destyne Ph:757-362-1157 Website: https://resetvirginia.org	RESET INC offers a Mentorship and Leadership Program, a unique, made-in-Virginia contribution to socially and economically empower Minority Youth. Ages: children ages 5-18. Please call or visit the website for further information.
RESET Inc-Tutoring Services (Rev.12/19/24)	1109 South Military Highway, A Chesapeake, Virginia 23320	Contact: Sabrina or Destyne Ph:757-362-1157 Website: https://resetvirginia.org	RESET INC offers Tutoring Services available 3 days a week (Monday, Wednesday, and Thursday) From 3pm-6pm. Please call or visit the website for further information.
Sinkinson Dyslexia Foundation, Inc.	3710 Pacific Ave. Suite 500 Virginia Beach, VA 23451	Ph: 757-437.0733EMAIL: sinkinsonfoundation757@yahoo.com	Sinkinson Dyslexia Foundation, Inc. mission is to teach children and adults who are diagnosed with dyslexia to read. Through professional assessment and one-to-one tutoring they are able to help children improve not only their reading skills but also their self confidence and outlook on learning. Their tutors provide a warm and encouraging environment with positive reinforcement and encouragement. The Sinkinson Dyslexia
Southeastern Cooperation Educational Programs(SECEP)-A Program for Children With Autism	Southeastern Cooperation Educational Programs(SECEP)-Deep Creek Re-education School 1040 N.George Washington Hwy	Ph:757-485-4735 Fax:757-485-3820 Website: www.secep.k12.va.us	Southeastern Cooperation Educational Programs(SECEP)- Program for children with Autism that provides a formal structure through which the participating schools can plan and operate programs for children with special needs. The program is a public body established in accordance with the Code of Virginia, and provides for the establishment and operation of jointly owned schools. Primary disability served is emotional, behavior disorder, intellectual disabilities, individuals with autism or multiple disabilities. Hours are
Southeastern Training Center	Southeastern Training Center 2100 Steppingstone Square Chesapeake, Virginia 23320	Ph: 757-424-8240 Fax: 757-424-8348	Southeastern Virginia Training Center is a partner in the community-based system of supports for persons with intellectual disabilities and related developmental disabilities and their families who live in Health Planning Region 5.They provide education,
STOP Inc.-Project Discovery Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc.entrall.com	Eligible high school youth, grades 9 through 12, participate in the Project Discovery (Preparation for Leadership in Undergraduate School) program. Project Discovery is a post-secondary education access program currently offered through 24 Partner Agencies throughout Virginia. Project Discovery encourages students to stay in and graduate high school and provides resources and tools for students to successfully make the transition to post secondary education. Youth are exposed to the significance of volunteerism and how it impacts their overall college application, taught which classes need to be taken in
STOP Inc.-Technology Bus Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc.entrall.com	STOP's Technology Bus provides elementary to high school students with a mobile technology and training system that creates opportunities for inclusion in the computer programming industry. This initiative provides students onboard, at local multi-city stops, with code-building processes, mentorship and engagement to prepare them for future economic advancement. The Technology Bus provides learning opportunities in computer programming, software design, gaming and robotics and computer repair and maintenance. Funded to Serve the Cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and Southampton.Please call for further information.

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STOP Inc.-Youth Development Initiatives (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc entral.com	STOP's Youth Development Initiatives are designed to engage youth in middle and high school. These programs provide opportunities for them to gain knowledge in the Science, Technology, Engineering, Agriculture and Mathematics fields through fun and innovative workshops covering these topics. STOP provides comprehensive summer camp experiences that focus on science and technology as well as tutorial sessions for youth focusing on areas of individual need to ensure that educational fundamentals are obtained. STOP's Youth Development initiatives also encourages students to stay in and graduate high school and provides resources and tools for students to successfully make the transition to post-secondary education. Serves the Cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and
Sylvan of Chesapeake -Tutoring Services (Rev.8/6/18)	701 N. Battlefield Unit P Chesapeake, Virginia 23320	Ph:757- 447-3690	Sylvan of Chesapeake provides tutoring programs for math, algebra, reading, writing, study skills and more. They have the best in certified teachers and interactive technology. They also have a team of college-readiness experts ready to help teens with individual SAT and ACT test prep. Please call for further information.
TutorA+Team-Tutoring Services (Rev.8/6/18)	P.O. Box 16102 Chesapeake, Virginia 23328	Ph:757- 410-1919 Email:jimwaldman@tutorateam .com	TutorA+Team provides tutoring services. Services could be provided in our facility and your home. Please call for further information.
EMERGENCY PREPAREDNESS			
Check and Respond Everyday (CARE)	Check and Respond Everyday (CARE) P.O. Box 15125 Chesapeake, VA 23328	Investigator Alon Holmes, Coordinator Ph:757-382-8824 Fax:757- 382-8392	Check and Respond Everyday (CARE) Care is a twenty-four hour computerized phone service designed to check on the homes of seniors and individuals with disabilities to verify that they are safe. This service is offered free of charge to residents of Chesapeake. For additional information see our website.
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samh hsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers: "ASL Now" button or call 1-800-985-5990 Website:DisasterDistress.samh sa.gov	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster.
S.C.A.N. Program	304 Albemarle Drive Chesapeake, VA 23322	Ph:757- 382-6297 Fax:757- 382-8313 Website: www.cityofchesapeake.net/cfd/	Special medical needs are filled out on a card, which is then mailed to us. The information is entered in the dispatcher's computer. Thus, whenever "911" is called by the applicant from their home, the information appears on the dispatcher's computer. The programs is open to all ages, however many of those who use the programs are senior citizens.
Smoke Detector Program	304 Albemarle Drive Chesapeake, VA 23322	Ph:757- 382-6297 Fax:757- 382-8313 Website: www.cityofchesapeake.net/cfd/	Distribution and installation of smoke detectors in homes of senior citizens, physically challenged, and person's with low income. Weak or missing batteries can also be replaced in existing detectors if needed. The programs is open to all ages, however many of those who use the programs are senior citizens.
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army's	Main 757-543-8100 Website:www.ussalvationarmy .org	The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include: Individual and family trauma counseling and emotional support, Spiritual Support, Identification/Registration (locating victims), Mobile Feeding and Financial Assistance, Reconstruction and Advocacy.

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Virginia Department of Emergency Management	Virginia Department of Emergency Management Chesapeake Fire Department 304 Albemarle Drive Chesapeake, VA 23322	Contact: R. Stephen Best, Sr Coordinator or Hui-Shan Walker Office: 757-382-6297/6497 Fax: 757-382-8313	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.
EMPLOYMENT			
Chesapeake Services Systems, Inc.	Chesapeake Services Systems, Inc.	Ph: 757- 312-0456 & 757-397-5700 Fax: 757- 312-8616	Chesapeake Services Systems, Inc. provides vocational services including work activities, vocational skill training, work adjustment, supported employment opportunities and job placement. Serves Chesapeake residents who experienced intellectual or physical disabilities 18 years of age and older, Hours are 9:00am-3:00pm, Monday-Friday.
Chesapeake Vocational Center	Chesapeake Vocational Center 2104 Steppingstone Square Chesapeake, VA 23320	Ph: 757-253-1088	Chesapeake Vocational Center provides day support and pre-vocational services for adults with severe and profound intellectual disabilities and in collaboration with Chesapeake Service Systems, Inc. offers work activities, work adjustment and supported employment services.
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph: 757-344-8821 Email: creativevocationsllc@gmail.com Website: www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services. Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building Independence Waivers. Please call for further information.
STOP Inc. - Employment Supportive Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP Inc. offers individualized and group training in acquiring techniques necessary for seeking and maintaining employment. Services include job preparation, interview techniques, job retention, employment counseling, referral and/or placement application completion, resume writing, job readiness training, money management, understanding credit scores, establishing and maintaining good credit, overcoming financial barriers and setting financial goals. All participants in the program must be willing to pursue the necessary educational opportunities to enhance their employment options. In addition
STOP Inc. - Employment Training- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	Through collaboration with privately owned businesses, STOP is able to provide financial and educational support for qualified individuals seeking quality educational training for entry level positions in leading industries. STOP's goal is to provide continuing education to individuals seeking to enter/re-enter the local workforce. Additionally, in some instances, STOP may be able to provide continuing education to those who wish to keep their skills updated. Funded to Serve the Cities of Chesapeake, Franklin, Norfolk Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and
STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force including occupational, classroom, and on-the-job training, as well as job search and placement assistance. This Program is for: Homeless Veterans only. Please call for further information.

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STOP Inc. -Klean Slate Enterprises-(Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc entral.com	Developed in 2005, Klean Slate was originally designed as a Social Business Enterprise to be a self-supporting division of STOP Incorporated. This initiative has evolved into a training and employment focused opportunity for low to moderate income individuals with employment barriers such as previous incarceration, transportation and back child support. Currently, the focus is on Pesticide Applicator Training for non-violent, currently incarcerated or recently released offenders. Serves Cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and Southampton. Please call for further information.
VEC Workforce Center- Chesapeake	Chesapeake VEC Workforce Center 504 Cedar Road Chesapeake, VA 23320	Ph: 757-547-9717 Fax: 757-547-9727	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm. Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the r Workforce Centers make available job search assistance to individuals and recruiting and referral services to employers. Services
Virginia Dept. of Rehabilitative Services, Portsmouth (Rev.9/17/18)	VA. Dept. of Rehabilitative Services, Portsmouth 601 Port Centre Parkway, Suite 100	Contact: Matt Olson Ph:757- 686-5004 Fax:757- 686-4999	The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational rehabilitative services, independent living services, specialized programs and services, long-term case
Virginia Employment Commission-Chesapeake	Chesapeake VEC 504 Cedar Road Chesapeake, VA 23320	Ph: 757-547-9717 Fax: 757-547-9727	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farmworkers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans'
Virginia Employment Commission Migrant and Seasonal Farmworkers Services	Chesapeake VEC 504 Cedar Road Chesapeake, VA 23320	Ph: 757-547-9717 Fax: 757-547-9727	The VEC is committed to serving migrant and seasonal farmworkers who are seeking work. Trained and experienced farm placement specialist provided statewide.
FINANCIAL ASSISTANCE			
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must	Website:https://www.affordable connectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You
Agape Ministries	4227 Bainbridge Blvd, Chesapeake, VA 23324	Ph:757- 545-2031 Website:https://foodbankonline. org/	Agape Ministries provides emergency assistance for food pantry. Date/Time 3rd Wed 7pm-8pm.Please call for further information.
Ashley HomeStore-Hope to Dream	Ashley HomeStore-Hope to Dream 1591 Crossways Blvd, Chesapeake, VA 23320	Website:https://www.ashleyfurn iturehomestore.com/a-hope-to- dream/online-nomination/	Ashley HomeStore believes that every child should have a bed to call their own. They provide a twin mattress, bed frame, bedding and pillow (a \$399 value) to a deserving child; a child who might otherwise suffer the negative physical and emotional effects of sleep deprivation. Review and selection process of deserving children varies at each participating Ashley HomeStore location (quarterly, semi-annual, annually). Eligibility: this
Baby Boutique - Chesapeake, Norfolk Baptist Association- Car Seats-Infant/Child, Clothing	Chesapeake, VA 23320	Intake: Marvin Settle Jr. Ph:75- 938-9793 Fax:757-938-9868 Email: kasijkasj@aol.com	A program of Norfolk Baptist Association Christian Ministries. Provides free baby items (diapers, clothes, car seats, play pens, linens depending on what has been donated) to needy families. No age limitation. Eligibility requirements: Unrestricted.
Bethel Worship Center	3927 Poplar Hill Rd, Chesapeake, VA 23321	Ph:757- 483-9697	Bethel Worship Center provides emergency assistance for food pantry. Date/Time: Tuesday and Thursday 5pm-6pm.Please call for further information.
Broadlawn Resident Council	1745 Acorn St Chesapeake, VA 23324	Ph:757- 321-9458	Broadlawn Resident Council provides emergency assistance for food pantry. Serves Broadlawn residents only. Please call for further information.

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Catholic Charities - Budget Counseling (Rev.4/30/19)	Catholic Charities 3804 Poplar Hill Rd, Suite A Chesapeake, VA 23321	Ph: 757- 484-0703	Catholic Charities counselors will help individuals and families set a budget based on income, living expenses, priorities and goals. Future financial problems can be avoided through planning, wise use of credit, education and family money management. All sessions are free and confidential. Eligibility criteria: Available to anyone who has need of them. All services are free and confidential. Please call to schedule an appointment.
Catholic Charities Emergency Financial Assistance (Rev.4/5/19)	Catholic Charities 3804 Poplar Hill Rd, Suite A Chesapeake, VA 23321	Ph: 757--587-4202	Catholic Charities provides financial assistance only for rent/mortgage and utility help for families facing unforeseen difficulties. Catholic Charities takes referrals for financial assistance from the Regional Housing Crisis Hotline. Calls directly to Catholic Charities and/or walk-in requests for financial assistance are not accepted. Additional documentation (such as proof of income, proof of identity, and a copy of the bill) are
Chesapeake Avenue UMC (United Methodist Church)	1200 Chesapeake Avenue, Chesapeake, VA 23324	Ph:757- 545-7481	Chesapeake Avenue UMC provides emergency assistance for food pantry. Date/Time Tuesday 2pm-3pm. Please call for further information.
Chesapeake Christian Center (Rev.09/25/23)	300 Liberty St, Chesapeake, VA 23324	Ph:757-494-1000 Website: https://foodbankonline.org	Chesapeake Christian Center provides emergency assistance for food pantry. Date/Time:3rd Thursday of each month from 12:00-2:00pm. Please call for further information.
Chesapeake Department of Social Services	Chesapeake Department of Social Services 100 Outlaw St. P.O. Box 15098 Chesapeake, VA 23320	Ph:757- 382-2000 Fax:757- 543-1644 Website: http://cityofchesapeake.net/s	Chesapeake City Department of Social Services' mission is to provide benefits and services to the citizens of Chesapeake City based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore family stability as well as promote and protect the well-being of adult protective services, foster care, employment services, food stamps, temporary assistance to needy families, Medicaid and child care. Please call for further information.
Chesapeake Regional Medical Center-Charity/Indigent Care and Uninsured Program	Chesapeake Regional Medical Center-Charity/Indigent Care and Uninsured Program 736 Battlefield Boulevard North Chesapeake, VA 23320	Contact: Sally Raynard Ph:757-312-6106 website: www.chesapeakehealth.com	The hospital has two programs in place to assist underinsured or uninsured patients with pending medical bills. These programs are the Virginia Institute Healthcare Trustfund program, and the Chesapeake Health Charity Program. For both programs, Chesapeake has a written policy in place. In order to determine eligibility, patients are required to provide proof of income for three months prior to the service date as well as the number of dependents they claim. Patients should apply within 30 days of service, but have between 90-120 days before they can no longer apply for assistance. Both programs cover all hospital medical services. The hospital also offers patients the option of setting up a payment plan to pay off pending medical bills. Please call for further information.
Children's Crisis Center of Hampton Roads (Rev.3/18/19)	118 Great Bridge Blvd, Chesapeake, VA 23320	Email: admin@crisiscenterofhr.org	The Children's Crisis Center of Hampton Roads supports families through providing philanthropic care to those in need. Email for further information.
Church After God's Own Heart (Rev.09/27/23)	2317 Bainbridge Blvd, Chesapeake, VA 23324	Ph:757- 535-6262 Website: https://foodbankonline.org/	Church After God's Own Heart provides emergency assistance for food pantry. Date/Time Sunday through Saturday by Appointment. Please call for further information.

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Church of El Shaddai in Chesapeake (Rev.09/28/23)	1005 George Washington Hwy N, Chesapeake, VA 23323	Ph:757- 956-6230 Website: https://foodbankonline.org/	Church of El Shaddai in Chesapeake provides emergency assistance for food pantry. Date/Time 3rd Saturday of the month 9:00am-4:00pm. Please call for further information.
Communities Outreach Ministries-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	717 Keri Court . Chesapeake, VA 23320	Ph:757-274-6180 Website: http://ghrdiaperbank.org	Communities Outreach Ministries is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Cooling Assistance - Virginia LIHEAP-Chesapeake Department of Social Services (Rev.5-9/19)	Cooling Assistance -Virginia LIHEAP-Chesapeake Department of Social Services 100 Outlaw St. P.O. Box 15098 Chesapeake, VA 23320	Ph:757- 382-2000 Fax:757- 543-1644 Website: http://cityofchesapeake.net/s	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In addition, the household must contain at least one vulnerable person and there must be a cooling need. The following types of assistance are available if the eligibility conditions are met and the assistance will ensure cooling: purchase or replace and install an air conditioner; repair a central air conditioning unit or heat pump; payment of an electric utility security deposit; payment of the electric bill to operate the cooling equipment. Application Period: Cooling: June 15 - August 14. Please call for further information.
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	855-222-3252 or visit Website: Connect2Compete.org /Cox.	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the National School Lunch Program. C2C is offered in partnership with leading cable companies, including Cox, Bright House Networks, MediaCom, Suddenlink, Comcast's Internet Essentials and others. Eligible customers receive fast, affordable Internet for as
Connection Point/Regional Crisis Hotline	Connection Point/Regional Crisis Hotline	Ph.: 757- 227-5932 757- 587-4202. Toll Free: 866-750-4431	Connection Point/Regional Crisis Hotline is the coordinated assessment and referral center for people who are experiencing homelessness or who are at-risk of becoming homeless to access assistance in the City of Virginia Beach. The phone is answered Monday through Friday, from 7 a.m. to 11 p.m. Voicemails will be returned within two business days. Homeless emergencies after hours, on weekends, and holidays will be answered by pager. Please call for further information.
Community Resources Network - (CRN)	Community Resources Network - (CRN) 100 Outlaw Street Chesapeake, VA 23320	Ph:757- 382-2000 & 757-382-2346	The not-for profit serves needy and low income Chesapeake Virginia residents. Programs provide emergency financial assistance, services of food, shelter, clothing, or emergency cash grants for rent or bills.
Covenant United Methodist Church	Covenant United Methodist Church 2004 Dock Landing Rd Chesapeake VA	Ph:757-488-8968	Covenant United Methodist Church provides emergency assistance for food pantry. Please call for further information.
Cover Virginia-Virginia-Based Assisters (Rev.1/21/19)	1.Chesapeake Community Health Center 490 Liberty Street, Chesapeake, VA 23234	1.Chesapeake Community Health Center Ph:757-244-8560	Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed rigorous training courses and passed certification requirements. You can work with assisters on everything: from learning about your health plan options to how to use your

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Crisis Assistance - Virginia LIHEAP-Chesapeake Department of Social Services (Rev.5-9/19)	Crisis Assistance Virginia LIHEAP- Chesapeake Department of Social Services 100 Outlaw St. P.O. Box 15098	Ph:757- 382-2000 Fax:757- 543-1644 Website: http://cityofchesapeake.net/s	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-off is imminent, and inoperable or unsafe heating equipment. Types of Crisis Assistance may include: payment of utility security deposit; purchase of portable space heater; purchase of primary home heating fuel;
Department of Social Services- The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	100 E 4th Ave Franklin, VA 23851	Ph:757- 548-1291 Main 757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsupport.dss.virginia.gov	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents and guardians to help establish and receive financial and medical support. They provide full services to parents and guardians who have an open enforcement case with us and limited services to those who have a payment processing case. For more information on the types of cases available, please contact them. Their vision is for all parents to meet their child and medical support responsibilities. Areas Served:Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth.
Deep Creek United Methodist Church	141 George Washington Highway Chesapeake, VA 23323	Ph:757- 487-1698 Website: https://foodbankonline.org/	Deep Creek United Methodist Church provides emergency assistance for food pantry. Date/Time: Thursdays 930am-1045am. Please call for further information.
Divine Baptist Church	2917 Old Gallberry Rd, Chesapeake, VA 23323	Ph:757- 487-0105	Divine Baptist Church provides emergency assistance for food pantry. Date/Time: Monday 9am-noon, every other week. Please call for further information.
Elderly and Indigent Assistance Program	Elderly and Indigent Assistance Program P.O. Box 15125 Chesapeake, VA 23328	Investigator Alon Holmes, Coordinator Ph:757-382-8824 Fax:757- 382-8392	Elderly and Indigent Assistance Program (EVAP) provides assistance to seniors and indigent victims of crime with losses up to \$200.00. You must meet program criteria to qualify.
Enroll Virginia at Chesapeake Community Health Center (Rev.02/17/25)	Chesapeake Community Health Center 490 Liberty Street, Chesapeake, VA 23324	Chesapeake Community Health Center Ph:757-380-8709 Email: nbc@inovva.org	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace. Medicaid
Faith Works Coalition, Inc. (FWC)	3700 Big Ben Road Virginia Beach, VA 23452	Contact:Kay Basden Ph:757-266-9994 Website: http://faithworkscoalition.org/	Faith Works Coalition, Inc. (FWC)mission is to eliminate poor living conditions by providing health and safety repairs for elderly, disabled and low income homeowners in Chesapeake and Virginia Beach. Please call for further information.
Financial Resources-Chesapeake Assistance Trust-CSB	Financial Resources- Chesapeake Chesapeake Assistance Trust-CSB 224 Great Bridge Blvd. Chesapeake, VA 23320	Ph:757- 547-9334 Fax:757- 819-6292 TDD:757- 819-6327	The Chesapeake Assistance Trust is a way for families to provide a resource to their family member(s) with intellectual disabilities or serious mental illness. The purpose of this trust is to provide assistance over and above benefits provided by local, state, and federal government programs. A major goal of the Trust program is to help provide such experiences and services as well as contribute to and make the beneficiary's life as pleasant, comfortable and happy as possible. Some special features of the Chesapeake

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First Baptist Church of South Hill (Rev.09/29/23)	3633 Galberry Rd, Chesapeake, VA 23323	Ph:757- 545-0326 Website: https://foodbankonline.org/	First Baptist Church of South Hill provides emergency assistance for food pantry. Date/Time:2nd and 4th Thursday of each month from 11am-1pm and every 3rd Saturday by appointment only..Please call for further information.
Friend to Friend-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	1600 Laurel Ave. Chesapeake, VA 23325	Ph:757-536-4433 Email:Dsphilips43@gmail.com Website: http://ghrdiaperbank.org	Friend to Friend is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
God is Able Ministry (Rev.09/27/23)	2033 Battlefield Blvd North, Chesapeake, VA 23324	Ph:757- 237-1789 Website: https://foodbankonline.org/	God is Able Ministry
Grace Lutheran Church (Rev.09/27/23)	521 Providence Road, Chesapeake, VA 23325	Ph:757-420-4704 Website: https://foodbankonline.org/	Grace Lutheran Church provides emergency assistance for food pantry. Date/Time: Mondays from 9:00am-12:45pm. Please call for further information.
Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1600 Elbow Rd. Chesapeake, VA 23320	Contact: Herb Erb, Coordinator Ph:843-991-7731 Email:GHRDiaperBank@gmail.com Website: http://ghrdiaperbank.org	The Greater Hampton Roads Diaper Bank is a nonprofit organization that was created to provide emergency supplies of diapers to those in need. They work with over 35 social service and faith organizations throughout Hampton Roads.
Great Bridge UMC – Agape Food Pantry (Rev.09/29/23)	201 Stadium Drive, Chesapeake, VA 23322 Date/Time	Ph: 757-482-1049 Website: https://foodbankonline.org/	Great Bridge UMC – Agape Food Pantry provides emergency assistance for food pantry. Date/Time:Every Friday from 3:00-6:00pm. Please call for further information.
Greenbrier Community Church in Chesapeake (Rev.09/29/23)	825 Greenbrier Pkwy, Chesapeake, VA 23320	Ph:757- 547-3898 Website: https://foodbankonline.org/ Date/Time	Greenbrier Community Church in Chesapeake provides emergency assistance for food pantry. Date/Time:2nd Saturday of the month from 9:00-11:00am. Please call for further information.

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Greenbrier Presbyterian Church (Rev.09/29/23)	1100 Greenbrier Pkwy, Chesapeake, VA 23320	Ph:757-547-8535 Website: https://foodbankonline.org/ Date/Time	Greenbrier Presbyterian Church provides emergency assistance for food pantry. Date/Time:Tuesdays and Thursdays from 10:00am-12:00pm *Must call first* . Please call for further information.
Harvest Assembly Church	Harvest Assembly Church 525 Kempsville Rd Chesapeake VA	Ph:757- 547-7717	Harvest Assembly Church provides emergency assistance for food pantry. Date/Time: Mondays 5-7pm; Wednesdays 10:00am-noon and Fridays 4:00-6:00Pm. Trailer is maker HOB(house of Blessing). Please call for further information.
Harvest-House of Blessing-Food Pantry (Rev.3/8/18)	525 Kempsville Rd., Chesapeake, VA 23320	Ph: 757- 547-7717 Food Pantry: 757-547-9341 Fax: 757- 436-5837 Email:mail@harvestva.org	The House of Blessing is an outreach serving those in need in our community. In addition to providing financial assistance, every week the House of Blessing provides food to hundreds of families in need. Food Distribution Hours:Wednesdays: 9:30am - 11:30am and 5:00 PM - 6:30 PM Please call for further information.
Harvest-House of Blessing-Financial Assistance (Rev.3/8/18)	525 Kempsville Rd., Chesapeake, VA 23320	Ph: 757- 547-7717 757-547-9341 Fax: 757- 436-5837 Email:mail@harvestva.org	At this time, House of Blessing (HOB) can only assist residents of the City of Chesapeake. However, if you are a member of Harvest Assembly, this ministry will consider assistance, regardless of the city which you reside. Financial assistance is done only by appointment. A phone interview is required before an appointment for financial assistance is made. Your interview and application are kept confidential. Please call for further information.
Heating Assistance -Virginia LIHEAP-Chesapeake Department of Social Services (Rev.050/9/19)	Heating Assistance -Virginia LIHEAP-Chesapeake Department of Social Services 100 Outlaw St. P.O. Box 15098 Chesapeake, VA 23320	Intake Contact: Mary Esther Parker Ph: 757 787-1530 Intake 757-787-1530 Main Fax:757-787-9303	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be met. The household must be responsible for paying the heating bill. Application Period: Heating: October 9 - November 9.Please call for further information.
Heritage Community Church-Food Pantry (Rev.09/29/23)	513 Johnstown Road Chesapeake, VA 23322	Ph:757-406-9286 Website: https://foodbankonline.org/	Heritage Community Church-Food Pantry provides emergency assistance for food pantry.Date/Time.By appointment and a large distribution the 3rd Thursday of the month 9-11:00amPlease call for further information.
Heritage Community Church-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	513 Johnstown Road Chesapeake, VA 23322	Ph:757-406-9286 Website: http://ghrdiaperbank.org	Heritage Community Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Hope U Foundation.-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1400 18th Street Chesapeake, VA 23324	Ph:757-227-5444 Website: http://ghrdiaperbank.org	Hope U Foundation is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

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Kindgom Living Ministries (Rev.09/26/23)	4200 Indian River Rd., Chesapeake, Virginia, 23324	Ph:757-343-2023 OR 757-343-8627 Website: https://foodbankonline.org	Kindgom Living Ministries provides emergency assistance for food pantry. Date/Time: Mondays, 1pm-2:30pm. Please call for further information.
Lake Ahoy Shops-Mobile Pantry	3940 Airline Blvd, Chesapeake, VA 23321	Lake Ahoy Shops-Mobile Pantry	Lake Ahoy Shops Mobile Pantry provides emergency assistance for food pantry. Date/Time: 12/1/16, 1/5/17, 2/2/17, 3/2/17 - 9:30am-11:00am. Please call for further information.
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/ Providers: *Safelink Wireless Ph:800-723-3546 Website: www.safelinkwireless.com/Safelink/phones	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide proof of one of the government qualifying programs :SNAP card, Medicaid card, Supplemental Security Income (SSI) benefit letter, Federal Public Housing Assistance (FPHA) award letter, or other accepted documents or prove of annual income (federal, or Tribal tax return, pay stubs for 3 consecutive months, or other accepted documents.). Application is available online only.
Marketplace Navigator	Marketplace Navigator	Contact: Simone McKinney Ph:757-627-3362 Email: Simone@enroll-virginia.com	Marketplace Navigator is an individual or organization that's trained and able to help consumers, small businesses, and their employees as they look for health coverage options through the Marketplace, including completing eligibility and enrollment forms. These individuals and organizations are required to be unbiased. Their services are free to consumers.
Meals on Wheels	Meals on Wheels- P.O Box 15343 Chesapeake, VA 23328	Ph:757-547-8121	Meals on Wheels provides meals packaged and delivered M-F for disable and elderly through the PAA for residents in Chesapeake. Please call for further information.
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO, an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs are available in different areas of the state. MCOs that provide health care to Medicaid and FAMIS enrollees include Aetna Better Health of Virginia, Anthem HealthKeepers Plus, INTotal Health, Kaiser Permanente, Optima Family Care, and Virginia Premier.
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249 Website: www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website: www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711)	Molina Complete Care Provider Listings.

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(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan:	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings-United Healthcare	Ph:866-622-7982, Website:www.uhcommunitypla n.com	United Healthcare Provider Listings.
Medicaid	Chesapeake Department of Social Services 100 Outlaw St. P.O. Box 15098 Chesapeake, VA 23320	Ph:757- 382-2000 Fax:757- 543-1644 Website: http://cityofchesapeake.net/s	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Medicaid-Fee-for-Service-Waivers	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders<http://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProvider	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
New Generation Worship Center, Inc. (Rev.09/28/23)	3025 S Military Hwy, Chesapeake, VA 23323	Ph:855- 525-5502 Text FOODPANTRY to 855-525-5502 for appointment Website: https://foodbankonline.org/	New Generation Worship Center, Inc. provides emergency assistance for food pantry. Date/Time: Pantry (drive-thru/walk-up/by appointment) Tuesday 5:30PM-7PM. Text FOODPANTRY to 855-525-5502 for appointment.. Please call for further information.
New Life Providence - Netcaster Kitchen-Food Pantry (Rev.09/29/23)	423 Shell Road, Chesapeake, VA 23323	Ph:757- 227-6930 Website: https://foodbankonline.org/	New Life Providence - Netcaster Kitchen-Food Pantry provides emergency assistance for food pantry. Date/Time:Food Distribution is every 4th Saturday of the month. For services during the week: By appointments only Monday, Wednesday, & Friday, 3:00 to 4:00pm. Please call for further information
New Life Providence - Netcaster Kitchen-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	423 Shell Road Chesapeake, VA 23323	Ph:757-227-6930 Website:http://ghrdiaperbank.org	New Life Providence - Netcaster Kitchen is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
New Rose of Sharon Elim Baptist Church (Rev.09/26/23)	3001-A Indian River Rd, Chesapeake, VA 23325	Ph:757-545-8171 Website:https://foodbankonline.org	New Rose of Sharon Elim Baptist Church provides emergency assistance for food pantry. Date/Time: Tuesdays 9:30-11:30am. Please call for further information.
Oak Grove United Methodist Community Dinner	Oak Grove United Methodist Community Church 472 Battlefield Blvd Chesapeake VA	Ph: 757- 547-2319	Assist families in need for shelter. Please call for further information.

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Oaklette United Methodist (Rev.09/27/23)	520 Oaklette Drive,VA, Chesapeake, VA 23325	Ph:757- 545-7434 Website: https://foodbankonline.org	Oaklette United Methodist provides emergency assistance for food pantry. Date/Time: Monday 10a-noon by appointment only. Please call for further information.
One Generation Church-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	P.O. Box 2101 Chesapeake, VA 23320	Ph:757-227-4254 Website: http://ghrdiaperbank.org	One Generation Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Optima Health-Healthy Food Pantry (Rev.08/11/23)	Calvary Revival Church 5833 Poplar Hall Drive Norfolk, VA 23502	Toll-free: 1-833-261-2367 (TTY: 711) Email:	Optima Health sponsors the Healthy Food Pantry in partnership with the Foodbank of Southeastern Virginia and the Eastern Shore, and Calvary Revival Church. The program is offered to members with certain health conditions who are worried about running out of
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website: https://www.healthysavings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should register their card at healthysavings.com/optimahealth . They will receive emails with the savings available for the week and have the savings pre-loaded onto their card. They
Our House Family Shelter	Chesapeake	Ph:757-545-4075 757-382-2239	Assist families in need for shelter. Please call for further information.
Outreach Program to sign for FAMIS-Catholic Charities	Catholic Charities 3804 Poplar Hill Rd, Suite A Chesapeake, VA 23321	Contact: Melody Phipps Ph: 757-467-7707	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling out the application with you, Gathering documents you need for eligibility, Delivering the completed application to the local department of Social Services, Helping choose the right plan for your child once approved, Assisting with the yearly re-enrollment process. Call to set an appointment.
Parents in Need (PIN)	Parents in Need (PIN) 116 Reservation Rd. Chesapeake VA 23322 (we are located by the Great Bridge Locks in the old, white fire station)	Website: www.parentsinneedhr.org/ Hours: WED. 930-130 & 3RD SAT 9-5(by appointment only)	THE P.I.N. (Parents In Need) Shop is now open in Chesapeake and looks forward to blessing families throughout Hampton Roads who are struggling to meet the essential needs of their young children, ages newborn-six years. The P.I.N. Shop provides diapers, clothing, shoes, linens, and larger children's items at the shop. All services are free and open to all with a valid need. Families are able to shop by appointment only.
Prince of Peace Catholic Church	Prince of Peace Catholic Church 621 Cedar Rd Chesapeake VA	Ph:757- 547-0356 Website: https://foodbankonline.org/	Prince of Peace Catholic Church provides emergency assistance for food pantry. Date/Time: every Wednesday from 10am-noon. Please call for further information.
Providence UCC (Rev.09/27/23)	2200 Vicker Avenue, Chesapeake, VA 23324	Ph: 757- 560-6500 Website: https://foodbankonline.org/	Providence UCC provides emergency assistance for food pantry. Date/Time: Tuesday and Thursday from 5:00-6:30pm. Please call for further information.
RESET FEEDS-Food Pantry (Rev.12/19/24)	1109 South Military Highway, A Chesapeake, Virginia 23320,	Contact: Sabrina or Destyne Ph:757-362-1157 Website: https://resetvirginia.org	RESET FEEDS is 24 HOUR Food Pantry for the underserved and homeless. Please call or visit the website for further information.

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RESET Food Pantry (Rev.12/19/24)	1109 South Military Highway, A Chesapeake, Virginia 23320,	Contact: Sabrina or Destyne Ph:757-362-1157 Website: https://resetvirginia.org	RESET Food Pantry provides emergency assistance for food pantry. Date/Time: every 1ST Sunday of every month 1PM-6PM. First come, first served! Please call or visit the website for further information.
Sentara Health System/ Hospital/Charity Indigent Care Program (Rev.07/29/20)	Sentara Health System/ Hospital/Charity Indigent Care Program	Ph:757-233-4600 Toll Free:1-877-768-3993 Website: www.sentara.com	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to provide proof of income, including pay stubs and/ or tax return. If a patient
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distribution Centers A . Church of St. Therese	A. Church of St. Therese Contact: James Culpepper Ph:757-403-2170	S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40, but be purchased by SHARE for only \$20 and two hours of
Social Security Administration (Rev.11/16/20)	Must go to Portsmouth Social Security Administration Office: 3305 Airline Blvd Portsmouth, VA 23704	Ph:866- 593-8851 Main Number:800-772-1213 TTY:800-325-0778	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and
Solid Rock Apostolic Holiness (Rev.09/26/23)	1442 Commerce Avenue, Chesapeake, VA 23324	Ph:757- 543-0998 Website: https://foodbankonline.org	Solid Rock Apostolic Holiness provides emergency assistance for food pantry. Date/Time: Monday, Wednesday, and Saturday from 12:00-1:00pm .Please call for further information.
Sovereign Grace Church	Sovereign Grace Church 508 N. Centerville Turnpike Chesapeake VA	Ph:757- 436-7264	Sovereign Grace Church provides emergency assistance for food pantry. Date/Time: every other Tuesday from 5:30 Pm -8:00pm. Please call for further information.
St Luke AME Church (Rev.09/29/23)	241 St Luke Church Road, Chesapeake, VA 23320	Ph:757- 543-6656 Website: https://foodbankonline.org/ Date/Time	St Luke AME Church provides emergency assistance for food pantry. Date/Time: .Open the 1st and 3rd Fridays of each month from 10:00am-12:00pm. Please call for further information.
St PaulUnited Methodist Church- Greater Hampton Roads Diaper Bank (Rev.09/06/22)	437 W. Providence Road Chesapeake, VA 23325	Ph:757-420-6276 Website: http://ghrdiaperbank.org	St PaulUnited Methodist Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
St Stephen Catholic Church (Rev.09/27/23)	2615 Bainbridge Blvd, Chesapeake, VA 23324	Ph: 757-544-9027 Website: https://foodbankonline.org	St Stephen provides emergency assistance for food pantry. Date/Time: Tuesdays from 2:00-3:00pm. Please call for further information.

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STOP Inc. -Community Development Block Grant(CDBG)-(Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc.entr.al.com	The Community Development Block Grant (CDBG) Program provides annual grants to assist communities with providing decent housing and a suitable living environment, and by expanding economic opportunities,principally for low and moderate income individuals and families. CDBG funds in the City of Chesapeake can be used to assist existing homeowners with repairs ranging from plumbing, structural, electrical, roofing, as well as the installation of wheelchair ramps and other accessibility modifications.
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website:https://virginiasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate in a low income Medical Assistance Program, Families applied and received free or reduced - price-school meals at school during the school year are automatically eligible otherwise
The Backpack Program	The Backpack Program Chesapeake Elementary Schools: *Camelot -	*Camelot Ph:757-558-534 *G.W. Carver Ph:757- 494-7505 *Georgetown-	The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations. Bags/backpacks filled with food that children take home on weekends. Food is child-friendly, nonperishable, and easily-consumed. Bags/backpacks are discreetly distributed
The Children's Crisis Center of Hampton Roads	Chesapeake, VA 23320	Phone: 757-391-2842 Website: www.crisiscenterofhr.org	The Children's Crisis Center of Hampton Roads provides emergency crisis assistance and support for underprivileged and at risk families with disabilities.
The Bridge Network of Churches-Baby Closet (Rev.07/25/24)	1407 Stephanie Way Ste F Chesapeake, VA 23320	Intake Contact: Kimberley Jessie Ph:757-938-9793 Fax: 757-938-9868 Intake Contact Email: kjessie@thebridgenet.org	The Bridge Network of Churches-Baby Closet provides free baby Items,, Clothing Closet, etc. to needy families. Hours:Monday-Thursday-8:30 AM - 3:00 PM and Fridays 8:30 AM - 12:00 PM. Among staff, they can speak: English, Korean, Spanish. Appointment based. Covered areas: Accomack County, Chesapeake City, Norfolk City, Northampton County, Virginia Beach City. Please call for further information.
The Great Exchange	The Great Exchange 1116 Hillwell Road Chesapeake VA 23322	Contact: Katie Morgan, Director Ph: 757-266-8769 Website:	The Great Exchange is located on the campus of The Bridge Christian Fellowship. You bring 1 piece of clothing and exchange for 1 piece of clothing (limited to 50 items for each visit). Tuesdays, Thursdays and First Saturdays. Please call for further information.
The SLEEPTIGHT Hampton Roads Program-Children's Health Investment Program of South Hampton Roads (CHIP)-(Rev.06/30/24)	CHIP of South Hampton Roads 1302 Jefferson Street Chesapeake, VA 23324	Ph:757- 543-9100 Fax:757-543-9166 Website: www.chipshr.org	The SLEEPTIGHT Hampton Roads program provides an opportunity for any low-income parent in Hampton Roads to receive a portable crib and an education on safe infant sleeping practices at no cost. Hours:Monday-Friday:8:30 AM - 4:30 PM. Service Area(s): Chesapeake City, Franklin City, Isle of Wight County, Norfolk City, Portsmouth City, Southampton County, Suffolk City, Surry County, Sussex County, Virginia Beach City. Please call for further information.
The Summer Food Service Program (SFSP)-(Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877 Website: ww.fns.usda.gov/SummerFoodRocks	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that Children have Access to Nutritious Meals and Snacks When School is not in Session.

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The Up Center	The Up Center 222 W. 19th Street For intakes/ consumer	Ph:757-622-7017 (Norfolk - Consumer Services) 757-354-3819 (Corporate)	Services include Foster Care/Adoption, Youth Mentoring, Programs for People with Disabilities, Individual and Family Counseling, Resource Mothers, Healthy Families, Parents as Teachers, Parent Education, Financial Counseling, Services for Seniors and
Trinity Faith Diamond-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1023 Deep Creek Blvd. Chesapeake, VA 23323	Ph:757-675-4044 Website::http://ghrdiaperbank.org	Trinity Faith Diamond is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
YMCA Greenbrier Family (Rev.09/28/23)	11033 Greenbrier Parkway, Chesapeake, VA 23320	Ph:757- 547-9622 Website:https://foodbankonline.org	YMCA Greenbrier Family provides emergency assistance for food pantry. Date/Time:Wednesdays from 5:00-9:00pm and Saturdays from 8:00am-12:00pm. Please call for further information.
FORMULA/NUTRITION			
Chesapeake Health Department WIC Program	Chesapeake WIC Program 490 Liberty Street Chesapeake VA 23324 *****C Chesapeake Department of Health WIC program 748 Battlefield Blvd Chesapeake VA 23320	South Norfolk Office Ph:757-382-2651 Fax:757-382-2633 Website:www.vdh.state.vd.us/LHD/Chesapeake/index.htm ***** Battlefield Blvd Office Ph:757-382-8608 Fax:757-547-0298	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding mothers.
Chesapeake Health Department WIC Program-Formula	Chesapeake Health Department WIC Program-Formula 490 Liberty Street Chesapeake VA 23324 *****C Chesapeake Health Department WIC Program-Formula WIC program 748 Battlefield Blvd Chesapeake VA 23320	South Norfolk Office Ph:757-382-2651 Fax:757-382-2633 Website:www.vdh.state.vd.us/LHD/Chesapeake/index.htm ***** Battlefield Blvd Office Ph:757-382-8608 Fax:757-547-0298	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided. The WIC program provides the following formulas for infants: Similac Advance, Similac Isomil Advance. If a special formula is needed, provider should complete a WIC form -Request for special formula. For a list of Approved formulas contact the states WIC office at (804)-864-7800. No approved formulas for Virginia WIC program: famil LIPIL, Enfamil premium, Enfamil ProSobee LIPIL, Enfamil Next step ProSobee LIPIL, Enfamil Gentlease LIPIL, Enfamil AR LIPIL, Enfamil Lactofree LIPIL, Enfamil Human Milk Fortifier, Generic brand infant formulas, Nestle Good Start, Nestle Good Start with Omega 3 & Omega 6, Nestle Good Start Natural cultures, Nestle Alsoy with Omega 3 & Omega 6, Nestle Good Start 2, Nestle Good Start 2 with Omega 3 and Omega 6,Nestle Follow-Up, Nestle Alsoy 2 with Omega 3 & Omega 6,Similac with iron, Similac Go & Grow Milk-Based Formula, Similac Go & Grow soy -Based Formula, Similac Human Milk Fortifier,Similac Isomil, Similac Isomil DF, Similac Sensitive RS, Similac organic. Eligibility: based on family income. Hours of operation: Monday, Wednesday and Thursday 7:15a.m-6:00p.m.
HOME CARE			

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Affinity Care of Virginia (rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Affinity Care offers hospice care to individuals with terminal illnesses in Virginia. Hospice care focuses on providing terminally ill patients with end-of-life support services that improve their quality of life and allow them to pass with dignity and respect. As part of Affinity's hospice care, your loved one receives: pain and symptom management, home health care services training on how to care for your loved one at home access to social
Agape Care (Rev.11/30/23)	700 Rosemont Ave Building 6, Chesapeake, VA 23324	Ph:757-362-1157 Fax:757-260-7988 Email:agapecarevllc@gmail.com Website:https://agapecareva.org	Agape Care provides personal care services and respite. Medicaid and Private Pay are accepted. Hours:Monday-Thursday:-00 am - 5:00 pm.They serve Hampton Roads Area. Please call for further information.
Agape Care-Nursing Services (Rev.11/30/23)	700 Rosemont Ave Building 6, Chesapeake, VA 23324	Ph:757-362-1157 Fax:757-260-7988 Email:agapecarevllc@gmail.com	Agape Care provides skilled nursing care, and non-skilled care services. Medicaid and Private Pay are accepted. Hours:Monday-Thursday:-00 am - 5:00 pm.They serve Hampton Roads Area. Please call for further information.
A King's Touch Home Health Care (Rev.9/25/19)	2117 Smith Avenue, Suite C Chesapeake, VA 23320	Ph:757.523.5464	A King's Touch Home Health Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
All About You Residential Care (Rev.9/25/19)	2010 Old Greenbrier Road, Suite A Chesapeake, VA 23320	Ph: 757-549-4663	All About You Residential Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Always Best Care Senior Services (Rev.9/25/19)	2006 Old Greenbrier Road, Suite 8 Chesapeake, VA 23320	Ph:757-802-4080	Always Best Care Senior Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: brent.brady@cchnet.net	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making decisions. Care is provided for the patient and family 24/7. Palliative care is also provided. Cost & Payment Methods:Payment Method(s) Private Pay , Private Insurance , Medicaid , Medicare , Veterans , Tricare. Languages Spoken English. Service Area: Chesapeake , Franklin , Gloucester , Hampton , Isle of Wight County , James City County , Newport News , Norfolk , Poquoson , Portsmouth , Suffolk , Virginia Beach, Williamsburg and York County. Please call for further information.
Angel Home Healthcare (Rev.9/25/19)	1545 Crossways Blvd., Suite 250 Chesapeake, VA 23320	Ph: 757-77-3970	Angel Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Assurance Home Care Services (Rev.9/25/19)	1545 Crossways Blvd., Suite 250 Chesapeake, VA 23320	Ph: 757-777-3995	Assurance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Aveanna Healthcare-Nursing Services (Rev.11/29/23)	Aveanna Healthcare Company	Ph:757- 461-6310 Fax:757-644-1670 Toll Free: 866-883-1188 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth, Newport News, Norfolk, Suffolk, Surry, Virginia Beach, Williamsburg, Yorktown. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury Program, Medicaid + MCO programs (Aetna Better Health, Anthem Healthkeepers Plus, Magellan Complete Care, Optima Health, UnitedHealthCare Community Plan, Virginia Premier). Please call for further information.
Care Advantage Home Health (Rev.11/29/23)	1 Guardian Court, Suite 100, Portsmouth, VA 23704 OR Virginia Beach Location: 800 Newtown Rd Suite 106, Virginia Beach, VA 23462	Ph: 757 325-9716 Fax:757- 673-5762 Virginia Beach Location: Ph: 757- 436-1711 Fax:757- 436-1885	Care Advantage offices specialize in providing personal care, companionship and respite services. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage
Care Advantage Home Health-Nursing Services (Rev.11/29/23)	1 Guardian Court, Suite 100, Portsmouth, VA 23704	Ph: 757 325-9716 Fax:757- 673-5762 Virginia Beach Location: Ph: 757-233-8485	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees. Available 24
C & S United Home Care (Rev.9/25/19)	601 Liberty Street Chesapeake, VA 23324	Ph: 757-233-8485	C & S United Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Capital Care (Rev.9/25/19)	1417 N. Battlefield Blvd., Suite 150 Chesapeake, VA 23320	Ph: 757-410-4940	Capital Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Caring Hearts w/Healing Hands Homecare (Rev.9/25/19)	820 Greenbrier Circle, Suite 32 Chesapeake, VA 23320	Ph: 757-523-0359	Caring Hearts w/Healing Hands Homecare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
C & R Divine Hands of Care (Rev.7/9/19)	C & R Divine Hands of Care	Contact: Carolyn D. Jordan Ph:757-309-4567 Fax:757-579-2679	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
C & S United Home Care (Rev.9/30/19)	601 Liberty Street Chesapeake, VA 23324	Ph:757-233-8485	C & S United Home Care provides personal care services . Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Comfort Care Home Health Services, Inc.	Comfort Care Home Health Services, Inc. 667 Kingsborough Square Suite	Ph:757-312-6460 Email:homehealth@chealth.org	Comfort Care Home Health Services, Inc. provides skilled nursing and home health aid services and medical social work. They also has a diabetes team and IV therapy team. Serves all ages. Hours are 8:00 am to 4:30 pm every day. Please call for further
Commonwealth First Home Care (Rev.9/25/19)	1401-D Kempsville Road Chesapeake, VA 23320	Ph: 757-366-0708	Commonwealth First Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Continuum Pediatric Nursing/Hampton Roads/Southeast Virginia Region (Rev.7/23/21)	Continuum Pediatric Nursing 1517 Technology Drive Suite 104 Chesapeake, VA 23320	Ph:757- 490-2272 Fax:757-490-2219 Website:www.continuum-nursing.com Contact:	Continuum mission is to deliver the highest quality of nursing care with compassion and kindness to patients in their homes while respecting the unique needs of each patient and their family. They provide a cost effective continuum of care adjusted to the special needs of each patient. Services include: skilled nursing INTERMITTENT VISITS and PRIVATE
Endeppence Center (Rev.7/10/19)	Endeppence Center	Contact: Maureen Hollowell Ph:757-351-1584 757-461-8007 (main)	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Essence Home Healthcare (Rev.9/25/19)	607 Liberty Street Chesapeake, VA 23324	Ph: 757-502-8890	Essence Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Faith N Action (Rev.9/30/19)	305 Citizen Circle Chesapeake, VA 23325	Ph:757-816-4785 OR 757-493-3635	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Faith & Serenity Home Care (Rev.9/25/19)	1109 Eden Square Chesapeake VA ,23320	Ph: 757-410-5647	Faith & Serenity Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Family Forward Services, LLC(Rev.9/25/19)	3537 Forest Haven Lane Chesapeake, VA 23321	Ph: 757-484-7501	Family Forward Services, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Freda H. Gordon Hospice and Palliative Care of Tidewater (Rev.03/05/25)	Freda H. Gordon Hospice and Palliative Care of Tidewater 5000 Corporate Woods Drive, Suite 500,	Ph: 757- 321-2242 Fax: 757- 321-2236	Hospice is about making the most of every moment. It is a holistic approach to the end of life, placing comfort and care as the primary source of intervention in a loved one's final journey. Patients and families receive the support and attention they need from our team of professionals which include case managers, nurses, certified nursing assistants, social
Grace Hospice (Rev.03/13/25)	Grace Hospice 7447 Central Business Park Drive, Suite 102 Norfolk, VA 23513	Ph: 757- 644-0180 Fax: 877- 832-1084 Email: mobrien@ghospice.com	The goal of Grace hospice care is for the patient to remain as comfortable and pain-free as possible in their own home or the home of a loved one through the end of life. Care is provided by our team of physicians, nurses, hospice aides, social workers, chaplains and
Harbor Light Hospice of Virginia (Rev.03/14/25)	Harbor Light Hospice of Virginia 1064 Loftis Boulevard, Suite	Ph: 757- 594-0288 Toll Free: 800- 409-9094 Fax: 757- 594-0388	Hospice Community Care of Virginia, Harbor Light Hospice, provides hospice care. Staff is committed to providing quality patient-centered end of life care with dignity and respect. Harbor Light Hospice is a philosophy of care, that assists patients, family, and friends.
Harmony Home Care (Rev.9/25/19)	404 Cayland Court Chesapeake, VA 23322	Fax: 757- 482-4013	Harmony Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Horizons Home Health Solutions (Rev. 9/30/19)	646 Prosperity Way, Suite E Chesapeake, VA 23320	Ph:757-410-3449	Horizons Home Health Solutions provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Immanuel Care (Rev.01/13/22)	870 Greenbrier Circle, Suite 210 Chesapeake, VA 23320	Ph:757-547-8400 Fax:757-548-7766	Immanuel Care provides personal care services through EPSDT and respite services. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Integrity Home Health Care, LLC (Rev.9/30/19)	813-A Professional Place Chesapeake, VA 23320	Ph: 757-410-7610	Integrity Home Health Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Intrepid USA Healthcare Services	Intrepid USA Healthcare Services 1025 Executive Blvd. Suite 111	Ph:757- 548-6884 Fax:757- 548-6887 Website: www.intrepidusa.com	A full service Medicare Certified Home Health Agency offering: Skilled Nursing Services and Medicaid personal care services. Provides pediatric and adult services. Medicaid is accepted. Please call for further information.
Immanuel HealthCare (Rev.9/30/19)	870 Greenbrier Circle, Suite 112 Chesapeake, VA 23320	Ph:757-547-8400	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
JC's Care From Above, LLC (Rev.12/31/23)	607 Lynnhaven Pkwy Suite 111, Virginia Beach, VA 23452	Ph:757-776-5513 Fax:757-917-5318 Website:https://jcscarefromabo	JC's Care From Above, LLC provides Personal Care Services and Respite, Private Duty Nursing and Home Health Care. Private Insurance, Tricare and Private Pay are accepted. They are may be accepting Medicaid in a near future. Ages: Children and Adults. They
Jenesys Home Health (Rev.12/13/19)	676 N. Battlefield Blvd Chesapeake, VA 23320	Ph: 757-420-0566 Fax:757-420-0599	Jenesys Home Healthcare Services, Inc. provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Jenesys Home Healthcare Services, Inc. (Rev.12/13/19)	676 N. Battlefield Blvd Chesapeake, VA 23320	Ph: 757-420-0566 Fax:757-420-0599	Jenesys Home Healthcare Services is a Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Jewish Family Services of Tidewater	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300 Virginia Beach VA 23462	Ph:757-489-3111.	Jewish Family Services of Tidewater provides Professional nursing and personal care services. Please call for further information.
Kindred at Home, Virginia Beach (Rev.03/31/25)	5544 Greenwich Road, Suite 202, Virginia Beach, VA, 23462	Ph:757- 461-0600 Fax: 757- 461-0610	Kindred at Home Hospice services are offered to all people during the end of life's journey. The team of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors and Physicians specialize in caring for those with a terminal diagnosis. They care for patients with many type of diagnoses, including Alzheimer's, COPD, strokes, renal failure and cancer. Ask about the 14 service standards that reflect our commitment to quality patient care. Their interdisciplinary teams of care providers serve patients in
Kynd Hearts Home Health Care (Rev.9/30/19)	1545 Crossways Blvd., Suite 250 Chesapeake, VA 23320	Ph:757-729-5687	Kynd Hearts Home Health Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-497-7401 Email:Lacasaincva@verizon.net	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.

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Legacy Hospice (Rev.03/31/25)	11848 Rock Landing Drive, Suite 202, Newport News, VA, 23606	Ph: 757- 240-5775 Fax: 575- 240-5761	Legacy Hospice provides care for people with a life limiting illness in their home so the patient can be close to family and friends. Care is provided to all age groups during the final stages of life, including children, adults and the elderly. Legacy provides all clinical staff services, all medication for symptom control and pain relief, all needed medical equipment and respite care as needed. Support from a nurse and a counselor is available to patients and families 24 hours a day. Grief counseling and support is available for all
Lioness Community Care of Virginia, LLC. (Rev.06/22/20)	4445, Corporation Drive Suite 264 Virginia Beach, VA 23462	Contact: Ms. Tammi Hunt Ph:757-500-8567 Email: lccofva@gmail.com	Lioness Community Care of Virginia, LLC. provides pediatric and adult personal care services and respite. Insurance: Medicaid is accepted (Aetna, Anthem and Optima). (Magellan and Virginia Premier are not accepted. Please call for further information)
Maxim Healthcare-Virginia Beach/Norfolk	Maxim Healthcare 293 Independence Blvd Suite 100 Virginia Beach, VA 23462	Ph: 757-490-3009 Toll Free:800-804-3009 Fax:877-768-3339	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Services Areas: Chesapeake (City and County), City of Portsmouth
Medi Home Health and Hospice, Virginia (Rev.03/31/25)	530 Independence Parkway, Suite 200, Chesapeake, VA, 23320	Ph: 757- 420-7192 Toll Free: 800- 845-5850	Medi Home Health Agency on Tidewater helps an individual and their family share the best days possible as they live with a life limiting illness. Care is available 24 hours per day by a special team of caregivers chosen to meet the unique needs of clients and their families. A nurse provides care and instructions on dictations, assesses symptoms, and
Miangel Home Health Care,LLC	601 N Mechanic St Franklin, VA 23851	Contact: Crystal Green Ph:757-304-5554 757-837-8220 After Hours Fax:757-304-5564 Email:misngelhhc17@gmsil.com	Miangel Home Health Care,LLC provides personal care services . Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Micro Nonprofit Network (Rev.8/26/19)	1712 Rokeby Avenue Chesapeake, VA 23320	Ph:757-572-0974	Micro Nonprofit Network is a Service Facilitator for DD and CCC Plus Waiver. Serves: Hampton Roads. Please call for further information.
Micro Nonprofit Network (Rev.9/30/19)	1712 Rokeby Avenue Chesapeake, VA 23320	Ph:757-572-0974	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email:	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in advocacy
Nacolby's Home Care, LLC (Rev.07/29/21)	1545 Crossways Boulevard Chesapeake, Virginia 23320	Ph:757-777-3675 OR 757-866-2221 Toll Free: 1-877-464-8322 Ex.	Nacolby's Home Care, LLC provides Private Duty Nursing, Personal Care and Respite. Insurance: accept all MCO under the VA Medicaid Program, CCC Plus, Private Pay, or Private Insurance approved for services. Please call for further information.
New Century Hospice (Rev.03/31/25)	1403 Greenbrier Parkway, Suite 320 Chesapeake, VA 23320	Ph:757- 366-0432	New Century Hospice provides hospice care to patients who have a life limiting illness. The Hospice team includes physicians who are board-certified Geriatricians and Palliative care certified, registered nurses with hospice experience, medical social workers, chaplain, home hospice aide, volunteers and physical, occupational and speech therapists. Care for complex patient to include Tracheotomy, home ventilator, IV therapy, palliative chemotherapy and blood transfusions. Cost & Payment Methods: Private Pay, Private Insurance, Medicaid, Medicare. Service Area: Chesapeake, Norfolk and Portsmouth.

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Nightingale Home Health Service (Rev.9/25/19)	2147 Old Greenbrier Road, Suite A Chesapeake, VA 23320	Ph: 757.965.7680	Nightingale Home Health Service, LLC is a Service Facilitator for DD and CCC Plus Waiver. Serves: Hampton Roads. Please call for further information.
Nightingale Home Health Service, LLC (Rev.9/30/19)	2147 Old Greenbrier Road, Suite A Chesapeake, VA 23320	Ph: 757-965-7680	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
NU Life Home Care (Rev.12/13/19)	4425 Portsmouth Blvd Suite 210-B Chesapeake, VA 23320	Ph:757-488-1109 Fax:757-488-1122	NU Life Home Care provides pediatric personal care services through EPSDT and respite services. Please call for further information.
Patient's Choice Home Healthcare (Rev.9/25/19)	1617-D Sparrow Road Chesapeake, VA 23325	Ph: 757-424-4000	Patient's Choice Home Healthcare is a Service Facilitator for DD and CCC Plus Waiver. Serves: Hampton Roads. Please call for further information.
Patient's Choice Home Healthcare (Rev.9/30/19)	1617-D Sparrow Road Chesapeake, VA 23325	Ph: 757-424-4000	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Personal Touch Home Care – Chesapeake (Rev.08/02/21)	4041 Taylor Road, Ste I Chesapeake, VA 23321	Ph: 757- 484-2532 Fax: 757-484-3502	Personal Touch Home Care – Norfolk provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Personal Touch Home Health Services-Hospice (Rev.03/31/25)	5505 Robin Hood Road, Suite C1, Norfolk, VA, 23513	Ph: 757- 855-1355 Toll Free: 888- 275-4147 Fax: 757- 855-1199	Personal Touch Home Care provides hospice care. Serves AIDS and HIV patients and others who require home care and hospice services. Hospice works with the patient and his or her family to provide a comprehensive program of medical, psychosocial, spiritual and volunteer support, 24 hours per day, every day. Cost & Payment Methods:Private Pay , Private Insurance , Medicaid and Medicare. Service Area:Chesapeake, Norfolk and Suffolk. Please call for further information.
Sentara Home Care Services	Sentara Home Care Services 535 Independence Pkwy Suite 200	Toll Free: 888- 461-5649 Ph: 757- 553-3000 Fax: 757- 382-4957	Sentara Home Care is a full service organization that offers home health, infusion, hospice, home medical equipment and clinical respiratory services. Please call for further information.
Sentara Hospice House (Rev.03/31/25)	535 Independence Parkway Suite 200 Chesapeake, VA 23320	Ph 757- 306-2855	Sentara Hospice House, a 12-bed inpatient hospice facility, was created to meet the growing needs of the community for respite and end-of-life care. From nursing services and social work to volunteer and bereavement services, we offer the same full range of inpatient hospice services as currently offered in the hospital. The Sentara Hospice House
Serenity Personal Home Health (Rev.9/25/19)	1021 Eden Way N., Suite 120 Chesapeake, VA 23320	Ph: 757-938-9800	Serenity Personal Home Health provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Senora Angels Home Health and Services (Rev.9/25/19)	860 Greenbrier Circle, Suite 212 Chesapeake, VA 23320	Ph: 757-367-8367	Senora Angels Home Health and Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.

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Solutions Home Care (Rev.9/25/19)	2125 Smith Avenue, Suite 200 Chesapeake VA 23320	Ph:757-.251-6286	Solutions Home Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Stay at Home Personal Care LLC (Rev.9/25/19)	651 Riverwalk Parkway Chesapeake, VA 23320	Ph:757-392-1001	Stay at Home Personal Care LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Stay at Home Personal Care LLC (Rev.9/25/19)	651 Riverwalk Parkway Chesapeake, VA 23320	Ph: 757-392-1001	Stay at Home Personal Care LLC is a Service Facilitator for DD and CCC Plus Waiver. Serves: Hampton Roads. Please call for further information.
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown- Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Tremaine Home Health Care (Rev.07/29/21)	1157 S. Military Hwy STE. 201A Chesapeake, VA 23320	Ph:757-934-9830 Fax:757-539-8410	Tremaine Home Health Care provides personal care services, respite and Skilled Nursing Care Services. Insurance: accept Medicaid, Private Pay, VA Premier, Anthem Blue Cross and Blue Shield and Tricare.Hours:M-F 10:00AM - 3:00PM. Please call for further
Victorious Angels home Healthcare (Rev.06/19/24)	2006 Old Greenbrier Rd #11, Chesapeake, VA 23320	Ph: 757- 998-3707	Victorious Angels Home Healthcare, LLC. provide TRUSTED personal care services and respite for your loved ones (Seniors, Adults & Children) while in the comfort of their own homes. Please call for further information.
Vision of Love Home Healthcare (Rev.12/17/19)	1545 Crossways Blvd Suite 250 Chesapeake , VA 23320	Ph:404-399-0395 Fax:757-777-3901	Vision of Love Home Healthcare provides pediatric personal care services and respite services. Please call for further information.
YOUniversal Home Care (Rev.09/24/20)	1545 Crossways Blvd. Suite 250 Chesapeake, VA 23320	Ph:757-904-1119 Fax: 757-299-7836 Email: admin@youuniversalhealthcare. com Website:www.youuniversalhealth care.com	YOUniversal Home Care specialize in providing personal care, companionship services and skilled nursing and medical care services. Ages: Pediatric and Adults. Insurance:Optma,Anthem,Aetna,Magellan,Optum and UnitedHealthcare. Please call for further information.

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HOUSING ASSISTANCE/HOUSING SERVICES			
Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program (Rev.01/26/22)	3804-A Poplar Hill Rd Chesapeake, VA 23321	Ph: 757- 467-7707 Branch numbers: 757-484-0703 Fax: 757- 495-3206 or 757-484-1096 Email: lgallagher@cceva.org	Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program is a non-profit HUD-approved housing counseling organization, designed to foster the development of whole family life in the community by providing various counseling and program services. They provide services to all people of all faiths. The following housing related services are available: Homebuyers Education (Including pre-purchase and post-purchase counseling) Mortgage Default Counseling Pre-Foreclosure
Chesapeake Office of Housing (Rev.01/26/22)	306 Cedar Road 5th Floor City Hall Chesapeake, VA 23322	Ph: 757- 382-6925 Fax: 757- 382-6372 Email: cmontgomery@cityofchesapeakeva.gov	The mission of the Chesapeake Office of Housing is to provide resources to revitalize distressed neighborhoods, create quality affordable and workforce housing, and secure housing and other services for the homeless, elderly and the disabled.
Chesapeake Redevelopment and Housing Authority (Rev.06/18/24)	Chesapeake Redevelopment and Housing Authority 1468 S. Military Hwy. Chesapeake, VA 23320	Ph: 757.523.0401 Fax: 757.523.1601 TTY-TDD: 757-523-1316 Email: Tel: 757-4-888-955	The mission of the Chesapeake Redevelopment and Housing Authority (CRHA) is to provide quality affordable housing, revitalize communities and promote upward mobility and self-sufficiency for all citizens of Chesapeake. CRHA operates a variety of housing programs including management of 467 public housing units, 195 conventional housing
Faith Works Coalition, Inc. (FWC)	3700 Big Ben Road Virginia Beach, VA 23452	Contact: Kay Basden Ph: 757-266-9994	Faith Works Coalition, Inc. (FWC) mission is to eliminate poor living conditions by providing health and safety repairs for elderly, disabled and low income homeowners in Chesapeake and Virginia Beach. Please call for further information.
For Kids, Inc. (Rev.03/31/24)	1001 Poindexter St, Chesapeake, VA 23324	Ph: 757- 622-6400 Fax: 757- 622-3837 Regional Housing Crisis Hotline Ph: 757-227-5932 OR 757-587-4202	For Kids gives shelter to over 50 families in crisis. Families have a safe place to stay while they gain essential skills, stabilize employment, reduce debt and work toward self-sufficiency. Please call or visit the website for further information.
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from incarceration to community. The program provides stable housing and support services to increase the chance of success for a person leaving incarceration and returning to their community. An overnight staff member provides structure and guidance for residents. Each resident must look for and secure employment, work toward resolving any fines, and pay child support obligations.
Hadassah House	Hadassah House 449 Centerville Turnpike, Chesapeake VA	Ph: 757-410-4327	Provides shelter to pregnant women ages 14 to 18 that are still in high school. Shelter is extended one month after the woman gives birth
Homeless Assistance - Community Outreach - Chesapeake Division of	100 Outlaw Street Chesapeake, VA 23320	Contact: Christina Drake Housing Specialist Ph: 757- 382-2148	Community Outreach Homeless Assistance/Referral provides housing assistance and referrals to individuals experiencing homelessness. Please call for further information.

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Homeless Assistance Program - The Planning Council (Rev.08/09/22)	The Planning Council 2551 Eltham Avenue, Suite I Norfolk, VA 23513	Contact: Natalie Jackson Continuum of Care Coordinator Ph: 757-622-9268, Ext. 3041	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Children's Referral Network-H.C.R.N.	Homeless Children's Referral Network-H.C.R.N.	Contact Katrina Freeman at 757-485-1445 ext. 113	H.C.R.N. provides information and referrals to families with children at risk for homelessness seeking support. We bring families, support services and community resources together to help promote the safety and wellbeing of children and youth. A referral worker will help families to identify their most important needs, and connect them with the best resources for them. We offer referrals in: Childcare, Dental Care, Medical Health Services, Mental Health Counseling, Family Support, Education information and
Homeless Prevention Program-Planning Council	Homeless Prevention Program-Planning Council	Chesapeake – Homeless Hotline 757-622-5920	Serving the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton, this program is designed to prevent persons from becoming homeless. The emphasis is on prevention, intervening before the eviction occurs and developing a plan for future stability. People residing in
H.O.P.E Center-Chesapeake Salvation Army	H.O.P.E Center 2097 S. Military Hwy	Ph: 757-545-6049 Fax: 757-494-9727	H.O.P.E Center provides shelter to single women, as mothers with children including males not older than 17 years for a stay of nine months.
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph: 757-380-6909 Fax: 757-380-6910 Email:	House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner, chapel services, bunk and showers. Eligibility: This program is a shelter for adult males who are
Public Housing - U.S. Department of Housing and Urban Development	Chesapeake Redevelopment & Housing Authority Combined 1468 S Military	Ph: 757-523-0401 Fax: 757-523-1601 Toll Free: 1-800-955-2232	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high rise apartments for elderly
Housing Choice Voucher Program-U.S. Department of Housing and Urban Development (Rev.06/18/24)	Chesapeake Redevelopment & Housing Authority Combined 1468 S Military Highway	Ph: 757-523-0401 Fax: 757-523-1601 Toll Free: 1-800-955-2232 & 800-225-5342)	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families. Programs: EMERGENCY HOUSING VOUCHERS (homeless, at-risk of homelessness, fleeing, or attempting to flee, domestic violence, dating violence, sexual assault, stalking, or human
Office of Native American Programs-U.S. Department of Housing and Urban Development (Rev.06/18/24)	Chesapeake Redevelopment & Housing Authority Combined 1468 S Military Highway Chesapeake, VA 23320	Ph: 757-523-0401 Fax: 757-523-1601 Toll Free: 1-800-955-2232 & 800-225-5342) TTY: (800) 877-8339 Email: john_kownack@crhava.org Website: https://www.hud.gov	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native Americans, Alaska Natives, and Native Hawaiians. Programs: INDIAN HOUSING BLOCK GRANT PROGRAM (provide adequate housing to Native Americans), Indian Housing Block Grant (IHBG) Competitive Grant Program (eligible Indian tribes and tribally-designated housing entities (TDHEs) receive grants to carry out a range of affordable housing activities.), INDIAN COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM (provides eligible grantees with direct grants for use in developing viable Indian and Alaska Native Communities, including decent housing, a suitable living environment, and economic opportunities, primarily for low and moderate income persons), TRIBAL HUD-VASH (offer
LINK of Hampton Roads- Emergency Hurricane Shelter for the Homeless (Rev.08/12/22)	10413 Warwick Boulevard, Newport News, VA 23601	Ph: 757-595-1953 Fax: 757-595-3428	Emergency Hurricane Shelter for the Homeless provides emergency shelter for the homeless in the event of a hurricane or other natural disaster. Eligibility: This shelter is only open in the event of severe weather.

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Love and Caring Ministries - Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and homeless women. This program provides:- Safe haven from abusive relationships.Languages:English.Cost:Free.
New Vision Youth Services, Inc.- Transitional Housing Program (Rev.08/10/21)	608 B Liberty Street Chesapeake, VA 23324 Mailing Address PO Box 2441 Chesapeake, VA. 23327	Ph:757- 620-5340 Fax:757- 471-1809 Website: https://newvisionyouthservicesinc.org	New Vision Youth Services, Inc. is a non-profit organization (501c3) that is funded by grants and local and community partners. They provide transitional housing to young adults ages 18-25 experiencing homelessness /youth on the verge of leaving foster care. Their services consist of program management, home case management, and an array of additional services. Please call or visit the website for further information.
Our House Families Shelter	Our House Families Shelter 405 D Street Chesapeake VA 23324	Ph: 757-545-4075 Fax: 757-545-1397 Email: www.crnoh@whro.net	Our House Families Shelter serves homeless families (one adult with custody or at least one minor child). Provides 24 hour shelter from two weeks to thirty days. Clients are referred from Chesapeake Department of Human Services.
Regional Housing Crisis Hotline (Rev,06/24/20)	Housing Crisis Hotline	Ph:757-587-4202 Toll Free:866-750-4431	The Regional Housing Crisis Hotline provides Rental & Mortgage Assistance. .Serving the cities of: Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton. Please call to be screened for program eligibility
STOP Inc. -Certified Housing Counseling / Prevention Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc	STOP Inc. provides Housing Counseling services to those persons experiencing hardship in maintaining or obtaining permanent housing. Certified Counselors provide ancillary services which include; Comprehensive Housing Counseling, Counseling for First Time Home Buyers, Homeownership Education, Fair Housing Training, Basic Intermediate
STOP Inc. -Community Development Block Grant(CDBG)-	5700 Thurston Avenue Suite #101	Ph: 757-858-1360 Fax: 757-852-9953	The Community Development Block Grant (CDBG) Program provides annual grants to assist communities with providing decent housing and a suitable living environment, and
STOP Inc. -Supportive Services for Veteran Families(SSVF) - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc central.com	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that provides intensive case management assisting Veterans who are homeless or at risk of homelessness in obtaining safe, stable and affordable permanent housing. Assistance offered through this program includes; rental, moving costs, transportation, child care,
The Children's Crisis Center of Hampton Roads	The Children's Crisis Center of Hampton Roads	Ph: 757-549-5414 Website:	The Children's Crisis Center of Hampton Roads provides emergency crisis assistance, housing, and support for underprivileged and at-risk families with disabilities. Children's

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The Extended Stay (Rev.02/23/23)	Greenbrier/Chesapeake	Ph:757-424-8600	The Extended Stay provides a quote of \$62.00 per night Weekly (15 days or less)\$50.99/night and Monthly (more than 30 days): \$48.99 per night to families of those facing medical treatment at CHKD. Please call for further information.
The Onesimus Training Center (Rev.5/30/18)	The Onesimus Training Center	Ph: 757-421-2553	This program is designed to aid those men coming out of prison, who need a place to make a successful transition back into the community. The Center, located in rural
INFORMATION AND REFERRAL/CARE			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph:757-668-7132 Fax: 757-668-7132 Website: https://www.vdh.virginia.gov/	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive, Suite 630 N. Chesterfield, Virginia 23225	Ph:804- 525-7728 Toll Free:866- 393-0957 Email: info@virginianavigator.org (email)	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial concerns, legal questions, health facilities, housing options, transportation, exercise programs, advocacy, and more.
Resources 757 (Rev.06/02/20)	Resources 757	Website: https://www.resources757.org/ Email: info@resources757.org	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:. http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives: Job training, English as a second language classes, GED preparation, financial and transportation assistance; Support for seniors and those with disabilities: Adult day care, meals at home, respite care, home healthcare; Support for children, youth and families; After-school programs, tutoring, mentorship programs, counseling, child care centers; Volunteering in your community::Mentorship opportunities, locations to donate
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846)	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONALCARE/ SUPPORTS			
Comfort Care Hospice Program- Chesapeake Regional Medical Center	Comfort Care Hospice Program Chesapeake Regional Medical Center 736 Battlefield Blvd North Chesapeake, VA 23320	Ph:757-312-6464 Email: hospice@chelath.org Website: www.chealth.org	Comfort Care Hospice Program at Chesapeake Regional Medical Center offers services to terminally ill patients. Enhances the quality of life and provides support to the family in caring for and keeping their loved one comfortable.

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EDMARC- Hospice for Children	EDMARC 3728 Profit Way Chesapeake, VA 23323	Ph:757-967-9251 Fax:757-967-6124 Email:jensond@edmarc.org Website:www.edmarc.org	EDMARC's hospice program serves families with children who have life threatening illness. Hours vary. Offers Home Health Care including assessments and interventions. EDMARC's hospice program is developed specifically for children and provides holistic support to families 24 hours a day, 7 days a week. Provides funeral planning preparation. Offers sibling and family support.
Sentara Hospice Program	Sentara Hospice Program 535 Independence Parkway Suite 200 Chesapeake, VA 23320	Ph:757-549-7755 Fax:757-549-8688 Website:www.sentara.com	Sentara Hospice Program offers compassionate care wherever the patient or family prefers. Also includes spiritual and emotional needs.
Southeastern Training Center	Southeastern Training Center 2100 Steppingstone Square Chesapeake, Virginia 23320	Ph: 757-424-8240 Fax: 757-424-8348	Southeastern Virginia Training Center is a partner in the community-based system of supports for persons with intellectual disabilities and related developmental disabilities and their families who live in Health Planning Region 5. They provide education, habilitation, and health services, promote dignity, self-determination, and empowerment; and, support of the work, relationships, and lives of individual Virginia citizens. Services: Medical Services, health services, social services, food services, regional community support center. Please call for further information.
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	100 Outlaw St., P.O. Box 15098, Chesapeake, VA 23320	Chesapeake Department of Social Services Ph:757- 382-2000 Fax:757 543-1644 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in <u>emergency situations who lack the capacity to consent to services. To report suspected</u>
Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande SledgePh:757-467-7707 Fax: 757-495-3206 Website: www.cceva.org	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities' Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive on-going case management and on-going monitoring of their needs and services. In its role as Guardian, Catholic Charities assumes responsibility for the personal affairs of an incapacitated

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Catholic Charities of Eastern Virginia-rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206 Website: www.cceva.org	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial accounts and the payment of their monthly bills. This is a role Catholic Charities can fill. Eligibility Criteria: The process begins with telephone intake and requires paperwork from the Social Security Administration and/or other financial income sources. Cost is fee-based and clients must be 18 years or older. Please call for further information.
Chesapeake Victim/Witness Assistance Program-Sheriff's Department	The Victim/Witness Assistance Program-Sheriff's Department P.O. Box 15125	Contact Person: Jackee Padilla Ph:757-382-8172	The Victim/Witness Assistance Program was created to respond to the needs and enforce the rights of victims and witnesses of crimes. The program will ensure sensitive crisis assistance, speedy recovery in cases of compensable financial losses, and a reduction of physical and emotional suffering of innocent crime victims. We are aware that victims and
Chesapeake Victim/Witness Assistance Program-Protective Order Services	Protective Order Services 301 Albemarle Drive 2nd Floor Chesapeake, VA 23322 Magistrate's Office 400-A Albemarle Drive	Protective Order Services Ph:757-382-8172 Magistrate's Office Ph:757-382-6534	The Victim/Witness Assistance Program was created to respond to the needs and enforce the rights of victims and witnesses of crimes. The program will ensure sensitive crisis assistance, speedy recovery in cases of compensable financial losses, and a reduction of physical and emotional suffering of innocent crime victims. We are aware that victims and witnesses have special needs, and our program is available to assist with information and referrals for services. No age limitation. No fee. Spanish speaking staff.
Child Protective Services (CPS) (Rev.08/24/23)	100 Outlaw St., P.O. Box 15098, Chesapeake, VA 23320	Chesapeake Department of Social Services Ph:757- 382-2000 Fax:757 543-1644 Hotline:804-786-8536 Virginia Ph:800-552-7096 Out-of-State Website:https://www.dss.virginia.gov/family/cps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also develops statewide public awareness and education programs and administers state and federal grants to prevent abuse and neglect.
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org Website:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status
Community Corrections Agency (CCA)	1202 20th Street Chesapeake, VA 23324	Ms. Cory Craver, Program Director Ph:757-543-0200; ext.: 111	Comprehensive Community Corrections were created to provide an alternative to incarceration for persons convicted of certain misdemeanors or non-violent felonies for which sentences would be 12 months or less in a local or regional jail. Local community-based probation services agencies provide the following services: community service; home incarceration with or without electronic monitoring; electronic monitoring; and substance abuse screening, assessment, testing and treatment.

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Department of Social Services- The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	100 E 4th Ave Franklin, VA 23851	Ph:757- 548-1291 Main 757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsupport.virginia.gov/	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents and guardians to help establish and receive financial and medical support. They provide full services to parents and guardians who have an open enforcement case with us and limited services to those
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website: https://virginia.freelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300 Virginia Beach VA 23462	Ph: 757-938-9130 Website: http://jfs-hamptonroads.org/	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive on-going case management and on-going monitoring of their needs and services. Please call for further information.
John W. Lee, PC (Rev. 09/30/23)	Farris Executive Commons 4425 Portsmouth Blvd – Suite 200 154 Newtown Rd Suite B6, Virginia Beach, VA 23462	Ph:757.896.0678 (Free consultation) Ph:757- 745-1334	John W. Lee, PC provides legal services in the following areas:Chapter 7 and Chapter 13 Bankruptcy, Uncontested Divorce, Child Support Law, Child Custody Law, Contested Divorce, etc. They have evening and
Leban & Associates, P.C. Attorneys at Law -Immigration Law - All Nationalities (Rev. 7/2/20)	154 Newtown Rd Suite B6, Virginia Beach, VA 23462	Ph:757- 745-1334	Leban & Associates, P.C. Attorneys at Law -Immigration Law - All Nationalities provides free consultation for serious immigration issues and many legal problems as: Criminal Defense, Marriage, Divorce, Employment, Small Business Law, Traffic Law, Personal Injury, Medical Malpractice, Family Law, Wills & Trusts, etc. They have evening and
Legal Services of Eastern Virginia (Rev.09/28/20)	Legal Services of Eastern Virginia 125 St. Paul's Boulevard,# 400 Norfolk, VA 23510	Ph.: 757-627-5423 Toll Free:1-888-868-1072 Fax: 757-627-7582 Website: www.lscv.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer, employment, domestic relations, housing, government benefits, landlord/tenant, consumer, commercial
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@evms.edu	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.
The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: cwilliams@vsdalliance.org . Website: www.vsdato.org/chat	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved

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Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will
LGBTQ			
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
PFLAG-South Hampton Roads	PFLAG-South Hampton Roads	Ph:757- 588-6552 OR 757 640-0929 Email:pflagnorfolk@gmail.com Website:https://www.pflag.org	PFLAG mission is uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies; they are to advancing equality through support, education, and advocacy. Monthly meetings : 2nd Tuesday General Meeting; Meetings Hours: 6:30PM-8:00PM Location: Renaissance Pediatrics 4012 Paintree Road
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their
Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev.08/18/22)	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com Website:https://tapvirginia.org	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to provide education surrounding the issues trans people face on a daily basis.
MEDICAL CARE			
Arthritis Consultants	Arthritis Consultants 700 Battlefield Blvd.. N #A Chesapeake, VA 23320	Ph:757-547-1686 Fax: 491-9359	Accept MCD, MCD HMO's and United Healthcare (appointments on Wed at this location). Providers: Michael Cannon, Gary Siegel, Russell Dunnington, Gadea
Battlefield Medical Associates (Rev.12/08/23)	675 N. Battlefield Boulevard Chesapeake, VA 23320	Ph:757- 436-7888 Fax:757- 548-5669 Website:https://www.bayviewph.org	Battlefield Medical Associates is a medical group practice that specializes in Family Medicine and Internal Medicine for children and adults. Providers:Edward Hanna, MD • Magdaline Ndirangu, MD,Regina Tan-Camacho, MD • Wei Zhao, MD, PhD • Aprille Simpson, FNP-C Hours:Monday - Thursday 8:00am - 5:00pm and Friday 8:00am - 5:00pm
Bon Secours Care A Van (Rev.03/04/24)	4700 George Washington Hwy. Portsmouth, Virginia 23702.	Ph: 757-889-5121 Zcontact:Takeirah Martin Email:takeirah_martin@bshsi.org. Website:https://www.bonsecours.com/locations/community-	The Bon Secours Care-A-Van is a free medical service that provides general medical care to uninsured adults and children in Hampton Roads communities on the southside and the peninsula. Services include routine evaluation and treatment of common acute illnesses including:Gastritis and heart burn,Minor skin rashes,Minor musculoskeletal pains,Respiratory infections,Urinary tract and bladder infections,Headaches, ear aches, and pink eye,Chronic conditions such as diabetes and hypertension.The Care-A-Van also

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Bon Secours Western Branch Primary Care (Rev.02/29/24)	2613 Taylor Road Suite 201 Chesapeake, Virginia 23321	Ph: 757-738-1600 Fax: 757-465-8616 Website: https://www.bonsecours.com/locations/primary-care-family-medicine/hampton-roads/bon-secours-western-branch-primary-care?utm_source=google&utm_medium=organic	Western Branch Primary Care provides comprehensive care for children and adults. Their health care services for children include school and sports physicals, well-child visits and immunizations. For adults, they offer annual and pre-surgical physicals, as well as management of ongoing medical conditions such as high blood pressure, diabetes and high cholesterol. In addition, we offer wellness screenings and routine diagnostic testing including blood work, urinalysis and EKGs. In addition to expertise in family medicine, their fellowship trained sports medicine specialist has the experience and training necessary to help keep athletes active and injury-free. Providers: Margo B Smith, APRN-CNP, Emnet
Cedar Road Medical Associates (Rev.12/08/23)	1419 Cedar Rd, Suite 101 Chesapeake, VA 23322	Ph: 757- 842-6180 Fax: 757- 842-6181 Website: https://www.bayviewpharmacians.com	Cedar Road Medical Associates is a medical group practice that specializes in Family Medicine for children and adults. Providers: Christen Crisostomo, MD • Peter Szoke, MD • Joseph Vaccarella, MD, Seema Naseer Ahmed, FNP-BC • Whitney Tobin, PA-C. Hours: Monday-Friday: 7:00am - 5:00pm, Saturday: 9:00am - 12:00pm and
Chesapeake Health Department (Rev.03/15/24)	Chesapeake Department of Health 748 Battlefield Blvd Chesapeake VA 23320	Ph: 757-382-8600 & 757- 382-8631 Fax: 757-547-0298 Website: https://www.vdh.virginia.gov	Services provided: Adult medical clinic, Immunizations, Pediatric school entrance examination, Communicable disease program, Breast and cervical cancer program, Pregnancy testing, STD clinic, Chesapeake Wellness program, Occupational Health Services. Eligibility requirement: Income information required. Charges may vary with
Chesapeake Care Free Clinic (Rev.03/05/24)	Chesapeake Free Clinic 2145 S. Military Hwy Chesapeake, VA 23320	Ph: 757-545-5700 Fax: 757-545-7706 Website: www.chesapeakecare.org	Services: Medication assistance and pharmacy services. Eligibility requirement: Resident of Hampton Roads, No medical insurance, (including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must complete an eligibility appointment to determine if they are eligible to receive medical and/or dental care at the clinic. Appointment based. Hours of operation: Tuesday and Wednesday 9:00 AM - 5:00 PM, Thursday 9:00 AM - 6:00 PM, Friday 9:00 AM - 3:00 PM and Saturday - Monday
Chesapeake Kidney Center - Renal Dialysis Centers Inc. (Rev.9/17/18)	111 Medical Parkway Chesapeake, VA 23320	Ph: 757- 549-6704	Chesapeake Kidney Center - Renal Dialysis Centers Inc. provides renal dialysis treatment. Hours: 6:00 a.m. to 2:30 p.m. Monday, Wednesday, and Friday; 6:00 a.m. to 7:00 p.m. Tuesday, Thursday, and Saturday. Please call for further information.
Chesapeake Pediatrics (CMG)-CHKD Affiliated	Chesapeake Pediatrics (CMG) *Greenbrier Office 500 Discovery Dr. #302 Chesapeake, VA 23320 *Great Bridge Office: 1124 South Battlefield Blvd Chesapeake, VA 23322	Ph: 757- 668-2500	Chesapeake Pediatrics (CMG) is a community and family oriented practice which has served the children of Hampton Roads since 1987. They offer two locations for your convenience. Our main office is centrally located in the Greenbrier area of Chesapeake while our satellite office is located in the Great Bridge area. Our staff consists of nine board-certified pediatricians and four certified pediatric nurse practitioners. Their goal at Chesapeake Pediatrics is to help children enjoy good health from infancy through adolescence. We encourage regular checkups and immunizations to help guard your child's health. Our physicians have hospital privileges at Children's Hospital of The King's
Ctr for Arthritis & Rheumatic Diseases OR Ctr for Arthr. & Rheumatic Diseases	Ctr for Arthritis & Rheumatic Diseases OR Ctr for Arthr. & Rheumatic Diseases 3210 Churchland Blvd Suite 2	Churchland Blvd Location: Ph: 757-483-2783 (option 2) Fax: 757-483-6325 OR Greenbrier Circle Location:	Do not accept Medicaid or any Medicaid HMO's. Providers: Sarah Clarkson, Alfred Denio, Roger Lidman, John Mansoor, Julianne Orlowski, Witold Turkiewicz.
Ear, Nose & Throat-CHKD (Rev.5/8/19)	500 Discovery Drive Chesapeake, VA 23320	Ph: 757-668-9327	ENT-EVMS offers the most advanced treatments for disorders of the ear, head and neck for patients of all ages. Please call for further information.

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EVMS Hearing and Balance Center-CHKD (Rev.5/8/19)	500 Discovery Drive Chesapeake, VA 23320	Ph:757-668-9327	EVMS-CHKD Hearing and Balance Center provides diagnostic and rehabilitative services for patients with hearing loss, tinnitus, and balance abnormalities. Rehabilitative methods include: digital hearing aids, implantable hearing aids, cochlear implants, Baha devices, tinnitus sound generators and aural rehabilitation seminars. Their team of specially trained audiologists provide custom care plans to patients with hearing loss; audiologists work in conjunction with EVMS physicians and additional healthcare professionals to provide comprehensive hearing healthcare. Please call for further information.
Hanbury Family Medicine (Rev.12/08/23)	1024 S Battlefield Blvd Chesapeake, VA 23322	Ph:757- 410-4488 Fax:757- 410-4450 Website: https://www.bayviewphysicians.com	Hanbury Family Medicine is a medical group practice that specializes in Family Medicine for children and adults. Providers:Samantha Brand, MD • Cheng V. Lee, MD • Anna Loomis, MD,David Palmisano, MD, PhD • Kristin Ramsey, DO • Da Zhang, MD • Whitney Tobin, PA-C Hours:Monday – Thursday:7:00am – 5:30pm,Friday:7:00am – 5:00pm and Saturday – Sunday:Closed.TRicare and major private insurances are accepted. Medicaid is not accepted.Please call for further information.
Khedive Temple	645 Woodlake Drive Chesapeake, VA 23320	Ph:757-420-4510 Fax:757-420-5352 Email:khedivescriner@aol.com	Khedive Temple is a special interest organization that providers various health services to eligible persons under 18 years of age, certain children with physical disabilities or burn. Does not serve persons with intellectual disabilities.
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic -Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 ~~757-886-0600 ext. 252~~	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population:Lackey Virtual Care is for anyone age 18 years or older who lives in Virginia. Online visits are normally \$25, but they are free for a limited
Renal Treatment Center of Chesapeake-Renal Dialysis Centers Inc. (Rev.9/17/18)	1400 Crossways Blvd, Suite 106 Chesapeake, VA 23320	Ph:757- 523-0666 Fax: 757-523-4545	Renal Treatment Center of Chesapeake-Renal Dialysis Centers Inc. Provides renal dialysis. Hours are 6:00 am., 10:00 a.m., and 2:00 p.m. Please call for further information.
Renaissance Pediatrics (Rev.8/6/18)	4012 Raintree Road, Suite 200A	Ph:757- 488-2223 Fax 757- 488-8398	Renaissance Pediatrics, offers a full range of pediatric care including prenatal visits for expectina parents. well-child check-ups. immunizations and sick appointments.etc.

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Sentara Family Medicine Physicians - Chesapeake Square (Rev.02/29/24)	4124 Chesapeake Square Blvd. Suite 103 Chesapeake, VA 23321	Ph: 757-983-5100 Fax: 757-673-8292 Website: https://www.sentara.com/hospitalslocations/sentara-family-medicine-physicians/locations/sentara-family-internal-medicine-physicians-chesapeake	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Khusbuben S. Patel, M.D. and Marsha Nor. Mansell, NP. Insurance: most insurances are accepted. Hours: Monday - Friday : 8:00 a.m. - 5:00 p.m. Please call or visit the website for further information.
Sentara Family Medicine Physicians - Edwin Drive (Rev.02/29/24)	1933 Edwin Drive Suite 208 Chesapeake, VA 23322	Ph: 757-252-5820 Fax: 757-963-9609 Website: https://www.sentara.com/hospitalslocations/sentara-family-medicine-physicians/locations/sentara-family-internal-medicine-physicians-chesapeake	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Greg R. Fuller, D.O., Marvyn A. Grayson, M.D., Steven M. Hartline, M.D., Christine R. James, D.O., Faustino A. Reniva, Jr, M.D., Latonya D. Russell, M.D.
Sentara Family Medicine Physicians - Greenbrier (Rev.02/29/24)	1600 Crossways Blvd Suite A Chesapeake, VA 23320	Ph: 757-282-4070 Fax: 757-440-3288 Website: https://www.sentara.com/hospitalslocations/sentara-family-medicine-physicians/locations/Sentara-Family-Medicine-Physicians--Greenbrier	Sentara Family Medicine Physicians - Greenbrier is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Kathleen Curtis, M.D, Jasmine Marie Arnaldo, NP and Jessica Madril, PA-C. Insurance: most insurances are accepted. Hours: Monday - Friday : 7 a.m. - 5 p.m. They also offer walk-in hours for your minor healthcare needs. Please call or visit the website for further information.
Sentara Family & Internal Medicine Physicians-Industrial Ave (Rev.02/29/24)	816 Industrial Ave. Suite 100 Chesapeake, VA 23324	Ph: 757-233-9055 Fax: 757-228-5575 Website: https://www.sentara.com/hospitalslocations/sentara-family-medicine-physicians/locations/sentara-family-internal-medicine-physicians-industrial-ave	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Alpa P. Donato, D.O. and Christopher Hedrick, NP-C. Insurance: most insurances are accepted. Hours: Monday, Friday: 6:00 a.m. – 3:00 p.m. and Tuesday - Thursday: 8:00 a.m. – 5:00 p.m. Please call or visit the website for further information.
Sentara Family & Internal Medicine Physicians- River Walk	213 River Walk Parkway Suite 101	Ph: 757-983-1777 Fax: 757-507-9043	Sentara Family & Internal Medicine Physicians are well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents.
Sentara Rheumatology Specialists	Sentara Rheumatology Specialists 213 River Walk Pkwy Chesapeake, VA 23320	Ph: 757-261-0233	Do not accept MCD or MCD HMO's
SEVHS (South Eastern Virginia Health System)(formerly PICH)-Chesapeake Community Health Center (Rev.03/15/24)	490 Liberty Street Chesapeake, VA 23324	Ph: 757- 228-1288 Fax: 757- 228-1232 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics,

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Virginia Rheumatology Clinic	VA Rheumatology Clinic 637 Kingsborough Square Suite D Chesapeake, VA 23320	Ph: 757-277-9927 Fax: 277-9928	Accept most Medicaid HMO's only, no straight Medicaid, no HKP+ and FAMIS
Volvo Medical Associates (Rev.12/08/23)	725 Volvo Parkway, Suite 100 Chesapeake, VA 23320	Ph:757- 548-0076 Fax:757- 548-1652 Website: https://www.bayviewphysicians.com	Volvo Medical Associates is a medical group practice that specializes in Family Medicine for children and adults. Providers:Sonia Kapoor, MD • Kiran Malik, MD • Desiree Tan-Gonzales, MD,Stephen See To, MD • Amanda Ryan, FNP-BC Hours:..Monday, Tuesday: 7:00am – 6:00pm,Wednesday, Friday:7:00am – 5:00pm,Thursday:7:00am – 7:00pm and Saturday – Sunday Closed:Medicaid Medicare TRICare and major private insurances are accepted
Volvo Pediatrics and Family Medicine (Rev.12/08/23)	725 Volvo Parkway, Suite 102 Chesapeake, VA 23320	Ph:757- 842-4110 Fax:757- 842-4111 Website: https://www.bayviewphysicians.com	Volvo Pediatrics and Family Medicine is a medical group practice that specializes in Family Medicine for children.Providers:Eric Madren, MD • Lindsay Houghton, FNP-BC • Stephanie A. Willis, CPNP-PC. Hours:Monday – Friday:7:15am – 5:00pm and Saturday –
MEDICATION ASSISTANCE			
Battlefield Pharmacy-Compounding (Rev.11/15/23)	1200 N. Battlefield Blvd. #103 Chesapeake, VA 23320	Ph: 757- 734-7110 Fax: 757- 410-0340 Website: https://battlefieldpharmacyrx.com/	Battlefield Pharmacy is a Compounding pharmacy. Hours: Monday-Friday 9am-7pm and Saturday 9am-2pm. Free delivery within 5 miles radius from store.Typically, cannot bill commercial or Medicaid.Please call for further information.
Bedei Compounding Pharmacy Services (Rev.11/15/23)	3921 Poplar Hill Road Chesapeake, VA 23321	Ph: 757 320-5141 Fax: 757- 512-7429 Website: https://www.bedeipharma.com	Bedei Compounding Pharmacy provides Compounding pharmacy services. • Hours: Monday-Friday 8am-7pm and Saturday 10am-5pm.They provide home delivery up to 5 miles. Please call for further information.
Chesapeake Care Free Clinic (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org	Services: Medication assistance and pharmacy services. Eligibility requirement: . Resident of Hampton Roads ,No medical insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must complete an eligibility appointment to
Chesapeake Health Department (South Norfolk)	Chesapeake Department of Health 1000 Military Hwy Chesapeake, VA 23320	Ph:757-382-2600 Fax:757-382-2607	Services provided: Pharmacy Connection program. Eligibility requirement: Income information required. Charges may vary with income and service provided, sliding scale
CVS #255-24 HOURS (Rev.09/16/20)	CVS Pharmacy 1329 Kempsville Rd Chesapeake VA 23320	Ph:757-312-0502 Website: cvs.com	CVS pharmacy offers 24 hours service. Free Rx delivery may be available. Please call for further information.

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Irwin's Pharmacy & Drug (Rev.11/15/23)	4300 E. Indian River Road Chesapeake, VA 23325	Ph:757- 420-8418 Fax: 757- 424-9615 Website: https://www.irwinspharmacy.com	Irwin's Pharmacy & Drug provides Compounding pharmacy services. • Hours: Monday-Friday 8am-7pm and Saturday 8am-4pm and Sunday 10am-4pm. Local Delivery only. Can't bill Tricare for compounded meds. Doesn't accept GoodRx. Please call for further information.
Lawrence Pharmacy (Compounding) (Rev.11/15/23)	Lawrence Pharmacy 1156 George Washington Highway North Chesapeake, Virginia 23323	Ph:757- 487-3458 Fax:757- 487-4131 Website: https://www.mygnp.com/pharmacies/lawrence-pharmacy-chesapeake-va-23323	Lawrence Pharmacy is a Compounding pharmacy. Hours of Operation: Monday-Friday 9am-9pm; Saturday 9am-8pm and Sunday 9am-5pm. They provide home delivery from Monday-Saturday to Chesapeake and Portsmouth. Can't bill Tricare for any meds. Please call for further information.
Proprium Pharmacy (Specialty Medications Only) (Rev.11/15/23)	535 Independence Pkwy, Suite #400 Chesapeake, VA 23320	Ph: 855- 553-3568 Website: https://propriumpharmacy.com	Proprium Pharmacy is a Compounding pharmacy that provides Specialty Medications Only . •Hours: Monday-Friday 9am-5:30. Deliver or Mail by UPS or Mobile One Monday-Friday to Virginia, Maryland, North Carolina, Tennessee and West Virginia. Please call for further information.
Warrington Wellness RX (Compound Pharmacy) (Rev.11/15/23)	805 Kent Place, Suite #104 Chesapeake, VA 23320	Ph: 757- 800-8813 Fax: 757- 800-8683 Website: https://www.warringtonwellness.com/	Warrington Wellness RX is a Compounding pharmacy. Hours: Monday–Friday 9:00am-6:00pm. Delivery on Tuesday's, Wednesday's and Friday's. Will make exceptions other days based on drivers available. Cannot bill commercial or Medicaid. Please call for further information.
MENTAL HEALTH			
Acclimatize, LLC (Rev.08/31/21)	Acclimatize, LLC 709 Quince Place Chesapeake, VA 23320	Contact: Lindsay Andreozzi Ph:757- 277-9874 Email: acclimatizeglobal@gmail.com	Acclimatize, LLC provides ABA (applied behavior analysis) services. Please call for further information.
Alliance Behavioral Services (Rev.08/31/21)	Alliance Behavioral Services 1109 Eden Square Chesapeake, VA 23320	Contact: David "Andy" Price Ph: 757- 288-3542 Email: andy@alliancebehavioralservices.com Website: https://www.alliancebehavioralservices.com	Alliance Behavioral Services provides ABA (applied behavior analysis) services. Ages: individuals ages 3-18 who have been diagnosed with Autism. Please call for further information.

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Adult and Child REACH- (Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB (Rev. 11/22/18)	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320	Emergency Services: 757-547-9334 After Hours: 757-548-7000 Crisis Hotline: 888-255-2989	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
Assessment & Therapy Associates	Assessment & Therapy Associates 2006 Old Greenbrier Rd Suite 6	Ph:757-961-0567 Fax:757-961-0568 Website: www.assessmentandtherapyva.com	Assessment & Therapy Associates provides services for psych and neuropsych testing, specializing in all medical/psychiatric conditions causing cognitive impairments. They don't provide therapy, just testing. Medicaid is accepted.
Autism Spectrum Support, Education and Training (ASSET) Program (Rev.08/30/21)	Autism Spectrum Support, Education and Training (ASSET) Program 638 Independence Parkway, Suite 200 Chesapeake, VA 23320	Ph:757- 276-9800 Contact: Jillian Ferebee Email:jrliley@yfsva.com Website: https://www.asset.yfsva.com/	Autism Spectrum Support, Education and Training (ASSET) Program provides ABA (applied behavior analysis) services. Please call for further information.
Behavior Frontiers (Rev.06/25/24)	1001 Scenic Parkway, Suite 104 Chesapeake, VA 23323	Ph: 757-378-6925 Fax: 855-568-2494 Website: https://www.behaviorfrontiers.com	Behavior Frontiers provides ABA (applied behavior analysis) services. Insurance Coverage:Aetna,Anthem HealthKeepers VA Medicaid.Anthem Health Plans of VA Inc.,CareFirst BCBS VA, Carelon Behavioral Health (formerly Beacon),ComPsych,
Catholic Charities of Hampton Roads	Catholic Charities of Hampton Roads 3804 Poplar Hill Road, Suite A Chesapeake, Virginia 23321	Ph: 757-484-0703 Fax: 757-484-1096 757-467-7707 Main Office	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling, family counseling, clinical counseling.
Catholic Charities of Eastern Virginia-Pregnancy Counseling	Catholic Charities of Eastern Virginia-Pregnancy Counseling CCEVA Adoption & Pregnancy Center 5361 Virginia Beach Blvd. Virginia Beach, VA 23462	Ph:757-274-4952 Email:pregnancy@cceva.org	Catholic Charities of Eastern Virginia-Pregnancy Counseling services can help you care for yourself and your baby throughout your pregnancy and after your child is born. Confidential support is available as you prepare to become a parent or plan to place your baby for adoption, receive parenting or Kinship Care. Their staff has carefully evaluated each of these adoptive families and has made sure they are prepared for parenthood.
Children First-ABA Therapy (Rev.06/30/24)	1525 Technology Drive Chesapeake, VA 23320	Ph:757-609-2795 Email:Childrenfirstaba@gmail.com Website: www.childrenfirstabaclinic.com	Children First ABA Clinic, LLC is a clinic based company providing applied behavior analysis and social skills instruction services to children with autism spectrum disorders and other developmental disabilities. They also provide training to parents that will empower them to continue treatment in their homes.
Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA	Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA 3500 Tejo Lane, Suite 105 Chesapeake, VA 23321	Ph: 757-638-5500 Fax:757- 638-7740 Website: www.carpediemofva.com	Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA provides in home therapy services for children ages 4-18, 18+ if in foster care. juvenile sex offender treatment program. Medicaid & CSA funding is accepted.

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Churchland Psychological Center-Chesapeake	Churchland Psychological Center Western Branch Area of Chesapeake 3101 American Legion Road, Suite 21B Chesapeake, VA 23321 OR Greenbrier Area of Chesapeake 6477 College Park Sq.	Ph:757- 483-3404 (for all offices) Email:cpc3210@yahoo.com	Churchland Psychological provides Psychotherapy services for children (4+). Services include: Pain Management, Phobias, Post Traumatic Stress Disorder, Sexual Dysfunction, Stress Management. They also provide Marriage and family therapists diagnose and treat mental and emotional issues and concerns within marriages, couples, and families at their Chesapeake location. *accepts Medicaid and most insurances are accepted.
CIT-Chesapeake Crisis Intervention Team	CIT-Chesapeake Crisis Intervention Team	Ph: 757-548-7000	A new 24-hour Crisis Intervention Team (CIT) assessment center at the Chesapeake Regional Medical Center that allows a police officer who has taken someone into emergency custody to transfer custody to an off-duty officer or sheriff's deputy working at the center.
Coastal Counseling	Coastal Counseling 809 Kent Pl. Chesapeake, VA23320	Ph:757- 436-0605	Coastal Counseling provides Psychotherapy services for children and adults
Coastal Behavior Consulting (Rev.-9/08/21)	1409 Kempsville Road Suite A Chesapeake, VA 23320	Ph:757-416-5290 Email:office@coastalbehaviorconsulting.com Website:http://coastalbehaviorconsulting.com	Coastal Behavior Consulting provides comprehensive Clinic and In-Home ABA (applied behavior analysis) Programs. Please call for further information.

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Community Services Board- Chesapeake	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320	Ph: 757-547-9334 Website: www.cityofchesapeake.net/csb	The Community Services Board offers mental health, intellectual disabilities and substance abuse services for citizens either through direct operation and through contracts with private agencies. Fees: Charges for most services are available based on individuals' ability to pay. Major insurers accepted.
Community Services Board Chesapeake-Coastal Clubhouse-	CSB-Chesapeake 216 Great Bridge Blvd Chesapeake, VA 23320	Ph: 757-547-00974 Website: www.cityofchesapeake.net/csb	Coastal Clubhouse is a community based, recovery oriented, self-help rehabilitation program for adults with serious mental illness and /co-occurring disorders. It provides day support to help participants to become self supporting members of the community. The program offers training in a wide range of educational topics including: coping with symptoms of mental illness, medication management, health & wellness, communication and budgeting. members are encouraged to participate in daily physical activities to
Community Services Board- Chesapeake-Mental Health- Emergency Services	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320 & 2550 Stowe St	Ph: 757-547-9334 & 757-548-7000 OR 2550 Stowe St Location: Ph: 757-494-8335	Emergency Services: ensure that mental health evaluation and consultation, pre-admission screening for inpatient hospitalization and crisis intervention and stabilization are available, 24 hours a day, 7 days a week, including weekends and holidays. After hours calls are triaged by the crisis Center and are referred to available Chesapeake on call clinicians. Triage Services: Help citizens to obtain Mental health, intellectual
Community Services Board- Chesapeake-Mental Health Long Term Care	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320	Ph: 757-547-9334 Website: www.cityofchesapeake.net/csb	This program provides case management that assist individuals with serious mental illness (SMI) and their families in finding medical, psychiatric, social vocational/educational, residential and other supports necessary for them to meet their identified long and short term goals. These goals are addressed through coordinating
Community Services Board Chesapeake -Mental Health Residential Services	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320	Ph: 757-547-9334 Website: www.cityofchesapeake.net/csb	The Family Care program provides family oriented living arrangements for adults with intellectual disabilities who would benefit from the opportunity to live in a family setting and participate in home and community life. The program offers an stipend for approved family providers who do training necessary to promote optimal independence and community integration for the individual served. The Supported Living program is designed to enable
Community Services Board Chesapeake-Mental Health Support Services	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320	Ph: 757-547-9334 Website: www.cityofchesapeake.net/csb	Support Services Intellectual Disabilities Services consist of a wide variety of assistance to individuals of all ages who have a diagnosis of intellectual disabilities. The program provides case management assisting individuals in finding medical, psychiatric, social vocational/educational, residential and other supports necessary for them to meet their identified long and short term goals. Respite resources: Help families take temporary
Community Services Board Chesapeake-Mental Health Day vocational Services	CSB-Chesapeake 2104 Steppingstone Square Chesapeake, VA 23320	Ph: 757-523-1088 Website: www.cityofchesapeake.net/csb	The community Options Program offers day support services for adults with severe to profound intellectual disabilities, many of whom experience additional complex physical and /or sensory disabilities. Structured training (available three to five days a week) is provided in the areas of functional community skills and prevocational skills. While many of the services are provided in the center ,emphasis is placed on community based activities as a critical part of the program to help the individuals served become more independent. Limited transportation is provided. Day support sheltered employment and supported employment services. Make available training and opportunities for independent living skill training or paid work in a variety of settings ranging from structured

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CPABA Therapy, LLC (Rev.-06/30/24)	4225 B Portsmouth Blvd Chesapeake, VA 23321	Ph:757- 292-4774 Email:info@cpabatherapy.com- General Inquiries Intake Inquiries:intakevirginia@cpabat herapy.com Website:http://www.cpabathera py.com	CPABA Therapy, LLC provides ABA (applied behavior analysis) services. Please call for further information.
Crisis Pregnancy Center of Tidewater	1100 Madison Plaza Chesapeake, VA 23320 MAILING ADDRESS: P.O. Box 119	Ph:757-410-9703 Crisis Pregnancy Patient helpline: 757.499.4444. Email:info@cpcot.org	Crisis Pregnancy Center of Tidewater is a Christ-centered organization with a calling to reach out to women and families involved in crisis-related pregnancies by offering real help for the present, hope for the future, and healing from the past. Please call for further information.
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
DAISY MAE ABA (Rev.-09/08/21)	DAISY MAE ABA Chesapeake, VA	Contact: Tania Henderson, MS, BCBA, LBA Ph:757- 302-8877 Fax: 850- 807-5028 Email:tania.henderson@daisy maeaba.com	DAISY MAE ABA provides ABA (applied behavior analysis) services. Please call for further information.
EMG Consulting (Rev.-9/08/21)	EMG Consulting Elizabeth Gilmore Chesapeake, VA 23322	Ph:757- 615-3003 Email:egilmore@autismservice saba.com Website:http://autismservicesa ba.com	EMG Consulting provides ABA (applied behavior analysis) services. In home only/All ages. Please call for further information.
Family Preservation Services (FPS) (Rev.01/08/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320	Southside: Ph:757.455.8300 Fax: 757.455.8345 Statewide Referral Line: Ph:740-282-0496	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community.
Fishing Point Behavioral Health (Rev.09/26/24)	2006 Old Greenbrier Road, Suite 12 Chesapeake, VA 23320	Ph: 757-228-5635 & 757- 861-9050 Fax:757-861-9051 Email:nfo@fishingpointbh.com	Fishing Point Behavioral Health provides services in the areas of diagnostics, mental health care, therapy and evaluations.Specialties:Anxiety,Depression,Life Coaching Issues, Alcohol Abuse, Bipolar Disorder, Borderline Personality, Child or Adolescent, Chronic Pain, Drug Abuse, Evaluations, Stress,EMDR,Hypnosis,Crisis,Parenting,Relationships,Issues,Spirituality,Substance Abuse,

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GAP-Governor's Access Plan	GAP-Governor's Access Plan City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:757-547-9334 Fax:757-819-6292	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant; No health insurance, including Medicaid, Children's Health Insurance Program (CHIP/FAMIS).
Genesis Counseling-Chesapeake (Rev.12/23/24)	Genesis Counseling 638 Independence Parkway, Suite #240 Chesapeake, VA 23320	Ph:757-965-5886 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management,Anxiety,Art Therapy, Attachment Issues, Attention-Deficit/Hyperactivity Disorder (ADHD),Autism Spectrum Disorder, Binge Eating Disorder, Bipolar Disorder, Body Image Issues, Borderline
Helianthus Positive Behavior Supports LLC (Rev.-9/08/21)	1100 S Battlefield Blvd #15309 Chesapeake, VA 23328	Contact: Tiffany Michells Ph: 757- 769-9595 Email:tmichells@helianthuspbs.com General Email:info@helianthuspbs.com Website: https://helianthuspbs.com	Helianthus Positive Behavior Supports LLC provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Hidden Disabilities Lighthouse Promote Family Development Centers	Hidden Disabilities Lighthouse Promote Family Development Centers 370 Johnstown Road Chesapeake, VA 23322	Ph:757-547-4695	Hidden Disabilities Lighthouse is an organization providing spiritual support to the mentally ill and their families. provides help and hope for families in distress or crisis. Also helps to meet the mentally ill's physical and emotional needs.
Innovative Counseling Solutions: Outpatient Services (Rev.07/07/21)	P.O Box 15664 Chesapeake, VA 23328	Ph: 757-272-1387 Fax: 757-740-9044 Email:info@innovativecounselingsolutions.net	Innovative Counseling Solutions: Outpatient Services provides individual, family, group and marital counseling to individuals across the lifespan. They accept the following insurances: She accepts the following insurances: Cigna,Optima,Anthem,Humana,United Healthcare,Virginia Premier,Beacon, Medicaid and Self Pay.
Institute for Family Centered Services	Institute for Family Centered Services 312 N. Battlefield Blvd Chesapeake, VA 23320	Ph:757- 494-1997 Fax: 757- 494-1979 Website: www.ifcsinc.com	Institute for Family Centered Services provides in home therapy services for children age up to age 18. Sex offender treatment is also available. Medicaid and private insurance, services offered in VA, NC, MD, & FL.
James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com Website: http://www.jamesbentleytreatmentprogram.com/	James Bentley Counseling Services provides the following Services:Counseling,Parent Education, Link the Client to Resources,Restore the Family Unit, Crisis Intervention, Communication Skills, Anger Management, Medication Compliance, Family Sessions, Consult with the Legal System, Teach Coping Skills, Teach Life Skills, Model Social Skills and Consultation with the school. Psychiatric Evaluation & Treatment. Please call for further information

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James Bentley Treatment Program- Intensive Inhome Services (IIH)	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com Website:http://www.jamesbentleytreatmentprogram.com/	James Bentley Treatment Program provides intensive inhome services (IIH) for children ages 5 - 21.This program is for children who are at risk of removal from their homes due to behavioral or emotional disturbance. Please call for further information.
Kristine Rand MSW RD (registered dietician and working toward LCSW)	Kristine Rand MSW RD (registered dietician and working toward LCSW) 824 Greenbrier Road Suite 100 Chesapeake, VA	Ph:757- 410-7390 Email:rrand@aol.com Website:www.randgyn.com	Kristine Rand is a registered dietician and working toward LCSW that works with kids with diabetes only covered by insurance – not accepted for any other conditions. Specializes in eating disorders, body image issues, GI issues etc. \$75 for first session, \$30 all subsequent sessions. Medicaid is accepted.
LifeStance Health (Rev.09/25/24)	*.Chesapeake Belaire Ave 555 Belaire Ave, Suite 350 Chesapeake, VA 23320 **. Chesapeake, Greenbrier 816 Greenbrier Circle, Suite 100 Chesapeake, VA 23320	Billing Phone for all locations: Ph:253-254-5911 Website:https://lifestance.com Chesapeake Belaire Ave Ph: 866-974-0920 Fax: 804-730-2829 Chesapeake, Greenbrier Circle Ph: 866-974-0920 Fax: 757-301-8803	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments.Services:Adult Psychiatry, Child and Adolescent Psychiatry, Child and Adolescent Therapy, Child-Parent Relationship Therapy, Couples Therapy, Family Therapy, Medication Management, Neuropsychological Testing and Psychological Testing and Evaluation. Conditions:ADHD,Anxiety,Bipolar,Depression,Eating Disorders, Mood Disorder, Obsessive Compulsive Disorder, Perinatal Depression, Postpartum Depression,PTSD and Schizophrenia. Insurance: most private insurance and Tricare are accepted.
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).Maternal Mental Health Hotline is accessible by phone or text in English and Spanish.
Mea'Alofa Autism Support CenterMea'Alofa Autism Support Center (Rev.09/09/21)	Mea'Alofa Autism Support Center 4016 Raintree Rd #200A Chesapeake, Va. 23321	Ph:757-465-3933 Website:http://www.learnwithmasc.org	Mea'Alofa Autism Support Center provides ABA (applied behavior analysis) services. Insurance: Tricare, Anthem, Optima –Non Medicaid, Medicaid with EDCCD Waiver.Ages:24mo-15yr.Please call for further information.
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or treatment they need through tough times.

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NAMI Virginia's Statewide Helpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Helpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org Website:www.namivirginia.com	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing, financial assistance, and much more. Our Helpline staff is happy to help you find the right resource for you!
National Counseling Group- Mobile Crisis Stabilization (Rev.03/19/19)	National Counseling Group- Mobile Crisis Stabilization	24-Hour Crisis Response Team Ph:804-729-0102	National Counseling Group mobile crisis team provides professional and compassionate care in your home and community. Please call if an individual is experiencing any of the following events: Aggression or self-harm, Thoughts of suicide, Threatening behaviors, Dangerous decisionmaking, Extreme social isolation, Property destruction, Hallucinations or delusional thinking, Loss of coping skills, Behaviors that risk psychiatric hospitalization, etc.
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 Veterans Crisis Line: 800-273-8255 Website:https://suicidepreventionlifeline.org/	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.
New Life Substance Abuse & Behavioral Consultants, Inc.- Anger Management Program (3/13/18)	Certified Batterer Intervention Program-New Life Substance Abuse & Behavioral Consultants, Inc. 808 Live Oak Drive Suite 100 Chesapeake, VA 23320	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants-Anger Management Program goal is to educate participants on Anger and techniques to controlling this vital emotion appropriately in the future. 1-day / 8-hour Program is available and is same-day Certification of Completion. This program is court approved. Cost: 80.00. Please call for further information.
New Life Substance Abuse & Behavioral Consultants, Inc.- SLIP-Shoplifting Intervention Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.- SLIP-Shoplifting Intervention Program 808 Live Oak Drive Suite 100 Chesapeake, VA 23320	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants, Inc.-SLIP-Shoplifting Intervention Program provides engaging, interactive, and effective court approved shoplifting prevention classes to clients that have been accused of theft or shoplifting. They also expose the underlining issues that may cause kleptomania or compulsive stealing and offer solutions that clients can use immediately after leaving class. Hours: 1-day class is offered on Saturdays from 9am-12:30pm. Cost: \$60.00.Please call for further information.

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Paradigm Pathway Consulting Paradigm Pathway Consulting	Paradigm Pathway Consulting 1226 Progressive Drive, Suite 104 Chesapeake, Va. 23320	Contact: Maria Hill, Ed.D., L-BCBA-D Ph:757- 286-2786 Fax: 757- 966-7872	Paradigm Pathway Consulting provides ABA (applied behavior analysis) services.Ages:Infant-17yr
RESET Inc-Counseling Services (Rev.12/19/24)	1109 South Military Highway, A Chesapeake, Virginia 23320	Contact: Sabrina or Destyne Ph:757-362-1157 Website:https://resetvirginia.org	RESET Inc is a non-profit organization offering a variety of programs and services to support mental health, including counseling, support groups, and educational workshops. Please call or visit the website for further information.
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc.entrall.com	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse;nutritional education and training and referrals to much needed physical and mental health services. The educational topics include, but are not limited to assisting qualified individuals in better understanding their medical and
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Empowerment) INITIATIVE (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc.entrall.com	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called,"Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will include items that may conceal drugs, alcohol and contraband. The exhibit helps to educate parents and guardians on identifying early signs of substance and opioid abuse. There are many items on the market that allow
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website:	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those
The Empowerment Network, LLC (Rev. 3/1/18)	1929 Coliseum Dr. Suite K, Hampton VA 23666	Ph:757-310-9530 Fax:757-224-4910 Website:www.empower-va.com for	The Empowerment Network, LLC is a Medicaid provider licensed by the Department of Behavioral Health and Developmental Services to provide Intensive In-Home Counseling (IIH) and Mental Health Skill Building (MHSS) services to individuals in the community. IIH services are provided to youth ages 5-17 that are experiencing significant behavioral challenges and/or emotional disturbance. MHSS services are provided to individuals ages 18+ and diagnosed with significant mental illness. (MHSS services cannot be provided to individuals in ID/DD residential homes). insurance: accept Medicaid Medallion and CCC Plus insurances. Coverage: they serve all of the Peninsula and Tidewater area Please
Thriveworks Counseling & Psychiatry Chesapeake (Rev.01/20/23)	3804 Poplar Hill Rd Suite D, Chesapeake, VA 23321	Ph:757- 709-6319 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.

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Turning Point Counseling and Consulting	Turning Point Counseling and Consulting 111 Mill Creek Parkway Suite 300 Chesapeake, VA 23323	Ph:757-347-8840 Fax:757- 829-1667 Email: hello@turningpointva.com	Turning Point Counseling and Consulting offer individual therapy, couples therapy, and children's & teen's therapy. Please call for further information.
Utopia C & C, LLC (Rev.02/20/23)	1212 Excalibur Court Chesapeake, Virginia 23323	Contact:Linda Coleman Ph:757-342-8296	Utopia C & C, LLC is a residential facility that provides habilitation services and other care and treatment to adults or children diagnosed with developmental and intellectual disabilities and are not able to live independently. Please call for further information.
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities-Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@ccc ofva.org Website: http://www.cccofva.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. Our interpreters are tested and trained to ensure they provide
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccofva.org Website:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status
Leban & Associates, P.C. Attorneys at Law -Immigration Law - All Nationalities (Rev.7/2/19)	154 Newtown Rd Suite B6, Virginia Beach, VA 23462	Ph:757- 745-1334	Leban & Associates, P.C. Attorneys at Law -Immigration Law - All Nationalities provides free consultation for serious immigration issues. They can with representation in those areas: Green Cards, Family, Employment and Marriage Based, Work Visas / Business Visas, Labor Certification H-1, H-2B, Intra-company Transfers, Nurses, Student Visas, Employer Sanction Actions, Investor Visas (E-1 E-2), Fiancé Visas/ DV Lottery, Asylum
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.

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PARENTING CLASSES/SUPPORTS			
Baby Care-Chesapeake Health Department (Rev.6/27/19)	Chesapeake Department of Health Baby Care Program 748 Battlefield Blvd Chesapeake VA 23320	Contact: Jenny Reed Ph:757-382-8652 Fax:757-547-0298 Email:noni.welch@vdh.virginia.gov	Home visits to high risk maternity clients from the Health Departments or from private doctors is provided to those enrolled in Medicaid's Baby Care program. Some exceptions apply. Hours of operation: 8:15a.m-5:00 p.m.
Catholic Charities-Adoption Services (Rev.4/11/19)	3804 Poplar Hill Rd, Suite A Chesapeake, VA 23321	Ph:757- 456-2366 Email:adoption@cceva.org Website: AdoptionAndPregnancyCenter.org	Catholic Charities offers programs and services for those who are considering adoption. These programs include Domestic Infant Adoption, Parental Placement Adoption Services, Domestic Home Study Services, Kinship Adoption, International Adoption Services, Post-Adoptive Education and Support Services and Adoption Search and Disclosure Services.
CHIP of SHR/ (Children's Health Investment Program) (Rev.6/26/19)	1302 Jefferson St Chesapeake, VA 23324	Contact: Arlene Lipscomb Ph: 757-543-9100 Fax: 757-543-9166 Email: alipscomb@chipshr.org	CHIP is a comprehensive home visiting program for new, expectant and current parents. It is designed to help parents to be the best parents possible. Services include: Child development and parenting information, Connection to services in the community Case management and Help being the best parents you can be to your child. Prenatal care and parenting classes are available. Serves children from 0-7 years old. Bilingual staff is available. Please call for further information.
Cooperative Parenting Program, Catholic Charities	Catholic Charities of Hampton Roads 3804 Poplar Hill Road, Suite A Chesapeake, Virginia 23321	Ph: 757-484-0703 Fax: 757-484-1096 757-467-7707 Main	This is a Virginia Court Approved Program. Program helps parents and guardians to shield children from parental conflict, guide children through the process of recovery, reduce frustration and anger, reduce behavior problems and potential for violence. Times: 2nd and 4th Saturday of each month. No age limitation. Must call for pre-registration. Family can reside at any city.
Darkness to Light: Sexual Abuse Prevention Training, Chesapeake Office of Youth Services	Darkness to Light: Sexual Abuse Prevention Training, Chesapeake Office of Youth Services 301 Albemarle Dr. Chesapeake VA, 23322 Training Location:	Ph: 757-382-6191	The Stewards of Children program offers professional training to enhance the community's awareness on the need to end the tragic cycle of child sexual abuse. It is the only program available nation-wide that has proven strategies for increasing the knowledge, improving attitudes, and changing child protective behaviors. The training is geared toward any responsible adult who cares about the welfare of children. Topics covered include facts about child sexual abuse, the types of situations in which sexual abuse might occur, strategies for protecting children, and signs of sexual abuse so that

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Fleet and Family Support Center-New Parent Support (Rev.6/27/19)	Fleet and Family Support Center-New Parent Support	Contact: Catherine Lewallen Ph:757-445-1089 Email:catherine.lewallen@navy.mil	Fleet and Family Support Center-New Parent Support program provides parenting support from prenatal to age 4. Please call for further information.
Hampton Roads Doulas-HRD (Rev.1/25/19)	Hampton Roads Doulas-HRD	Ph: 757-349-6618 Email:office@hrdoulas.com Website:http://hrdoulas.com	Hampton Roads Doulas-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They provide 24-hour assistance. Services: prenatal doulas, postpartum doulas, birth doulas, placenta encapsulation, infant feeding and birth classes. Fee: mothers can hire a doula for anything from \$1,000 to \$1,300,. Please call for further information.
Healthy Grandfamilies Program- (Rev. 2/9/18)	Chesapeake Regional Healthcare Lifestyle Center 800 Battlefield Blvd, North Chesapeake, Virginia 23320	Contact: Kathy Dial, PhD Ph:757- 434-5162 Email:kinandkidsconsulting@cox.net	Healthy Grandfamilies Program is a FREE program designed for grandparents raising a grandchild. This program will help them to gain knowledge from experts, through six group discussion sessions on topics such as legal and school issues, social media and technology, community resources, family relationships, grandparent self-care, stress management, parenting and much more. Please call for further information.
Life Skills Program, Chesapeake Office of Youth Services	Life Skills Program, Chesapeake Office of Youth Services Chesapeake Juvenile & Domestic Relations Court (handicap accessible) 301 Albemarle Dr. Chesapeake VA, 23322	Ph: 757-382-6191	The Life Skills program will incorporate the basic outline of the Why Try program with additional information and handouts. This information may include, but is not limited to: negotiations between parent and youth, use of contracts to reinforce expectations and consequences, the importance of character building, parental responsibility, and internet safety/responsible use. The purpose of the program is the help juveniles understand how to build their character and prepare for their future in a positive way. It also provides the juvenile and parent with an opportunity to accept accountability for their actions. In addition, the program emphasizes a very strong parental component in order to provide parents with tools to regain control in their homes that they may have lost. Audience: Families with older children Teens (and parents).Parents/Caregivers/Other adults Admission: Free. Event Time: Mar 15, 2012 - Apr 19, 2012 -, May 17, 2012 - Jun 21, 2012 - , Jul 19, 2012 - , Aug 16, 2012 -, Sep 20, 2012 - , Oct 18, 2012 - Nov 14, 2012 - , Dec 13, 2012. Additional Info: Pre-registration required.
NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program (Rev.6/27/19)	NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program	Ph:757-322-1171 Contact: Sandra Thompson (N, VB, H) Helen Keilty Molly Curtis (P,C,S) Email:barb.sheffer@nmcrs.org	NMCRS – Navy Marine Corp Relief Society is a home visiting nurse program for parent and newborns housed at F&Fsupport Center in Norfolk. Please call for further information.

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Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartnership.org newmoms@nursefamilypartnership.org	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice and support when you need it most through the pregnancy and until your baby is 2 year old.
Parenting Skills Training (Chesapeake),Chesapeake Public Schools Parent Resource Center & Pendleton	Parenting Skills Training (Chesapeake), Chesapeake Public Schools Parent Resource Center & Pendleton (handicap accessible) 369 S. Battlefield Blvd. Chesapeake VA, 23322	Ph.: 757- 385-4537	Pendleton Child Services presents this 6 week program dealing with issues such as parenting styles, temperament, dealing with feelings, and communication styles. The program is designed for adults only and child care will not be provided. Space is limited. To ensure availability you must call to register. Admission: \$20.00 per adult .Additional Info: Pre-registration required. Event Time: Mar 1, 2012 6:30 PM-8:30 PM and Mar 8, 2012 6:30 PM-8:30 PM.
Project FIND (Fathers In New Directions) (Rev.01/08/21)	Project FIND (Fathers In New Directions)	Contact: James Poole Ph: 757-382-2092 Email:jpoole@cityofchesapeake.net,	Project: FIND (Father In New Directions) is a fatherhood program designed to lead fathers to self-sufficiency, active involvement in the lives of their children, to secure gainful employment and to meet their financial obligations to their children, contributing to their physical, emotional, and social development. Fathers may access the program by contacting the Project coordinator.
Promoting Safe and Stable Families (PSSF) (Rev.01/08/21)	Promoting Safe and Stable Families (PSSF)	Contact: Program Coordinator Ph: 757-382-2144. Imani Edmonds Ph:757 -382-2072 Prevention Supervisor: Remona Freeland	Promoting Safe and Stable Families (PSSF) is a prevention program funded through the State of Virginia that provides family support, family preservation and time limited reunification services to families whose children may be at risk of out-of-home placement. Efforts are focused on keeping children safely at home and in the community. Please call for further information.
Single Parents of Greater	Single Parents of Greater	Ph:757-287-4512	Single Parents of Greater Hampton Roads is a local network of single parents. They

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The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.
The Impact of Media Violence on Children- Chesapeake Public Schools / Parent Resource Center with Family Focus	Chesapeake Public Schools / Parent Resource Center 369 Battlefield Blvd. South, Chesapeake, VA 23322	To register or for additional information, please call: Ph: 757-482-5923	Join Bon Secours Family Focus, Chesapeake Public Schools and Chesapeake Integrated Behavioral. Healthcare for The Impact of Media Violence on Children workshop. This workshop will address the impact that exposure to media violence has on the development of young children and what families can do to reduce their child's exposure to media violence. Parents and professionals working with children will learn: Ways that children are exposed to media violence. Strategies to reduce the impact of media violence.
The Kinship Navigator Program (Rev.7/1/19)	The Kinship Navigator Program 104B N. Witchduck Road, Suite 316	Contact: Gloria A. Walker Kinship Navigator Ph:757- 385-3636 Fax: 757- 385-3300	The Kinship Navigator Program seeks to maximize resources, provide seamless integrated services, and provide accessible information for prospective kinship families and current kin caretakers (relatives, members of their tribes or clans, godparents, stepparents, or
The Planning Council-Home Visiting Central Intake (Rev.6/26/19)	The Planning Council Home Visiting Central Intake 5365 Robin Hood Rd #700, Norfolk, VA 23513	Ph: 757-622-9268 Ext. 3042 or 3061 Contact:Mennie Nelson- Barnes Referral Email: mneslon- barnes@theplanningcouncil.org	The planning Council offers information, referral and screening for home visiting programs for new expectant and current parents, infant and toddler programs, developmental delay programs, parenting classes, prenatal care, alcohol and drug resources, domestic violence resources,etc.. Areas covered: Chesapeake,Norfolk,Portsmouth,Virginia Beach,Suffolk,Franklin,Isle of Wight and Southampton County. Please call for further information.
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education Email:debra.zalvan@ubicare.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your child's age—as well as announcements from our staff and access to support information. Please visit the website to enroll.
RECREATION			
Best Day Foundation (Rev.02/26/24)	Best Day Foundation 1140 Annie Olah Cres, Chesapeake, VA 23322	Ph:1-800-309-2815 Website:https://bestdayfoundation.org/ Email:hello@bestdayfoundation.org	Best Day Foundation is a non-profit organization that provides children with special needs the opportunity to participate in a range of beach and water activities, including surfing and body boarding. With the help of dedicated volunteers and adaptive equipment, children with disabilities are able to experience the thrill and freedom of being out on the water.They support kids between ages four and twenty-four, with all types of disabilities, including autism, cerebral palsy, cystic fibrosis, Down syndrome, hearing or vision impairment, intellectual disabilities, physical and behavioral disorders, and other disabilities.

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Boy Scouts of America-The Tidewater Council	Lions Triple R Ranch-Camp for children with Diabetes 3531 Bunch of Walnuts Road Chesapeake, VA 23322	Contact: Joy Norfleet Ph:757-421-4177 Fax:757-421-4177	Lions Triple R Ranch-Camp offers a overnight camp for children with diabetes, ages 9-18 years. Offers camping programs June through August and from September to May activities which include picnics, hat rides, hikes, horseback trail rides, canoeing, horsemanship lessons, and nature walks to churches and other youth groups. children with special needs should call in advance to ensure staff is trained to meet their needs.
BrickHeadZ Afterschool programs, camps building with LEGO®	BrickHeadZ Afterschool programs, camps building with LEGO®	Contact: Vanessa Siedlecki Ph:757-609-3738 Website:www.brickheadz.net	BrickHeadZ Afterschool programs, camps building with LEGO® serves Youth with special needs. Dates: June - August. Hours:1 p.m. – 4 p.m. Ages:6 years and up. Fees:\$150/week. Please call for further information.
Camp Bruce McCoy Triple-R Ranch (Rev.05/17/23)	Camp Bruce McCoy Triple-R Ranch	Contact: Anne McDonnell Ph:804-355-5748 Email:camp@biav.net Website:http://www.biav.net/camp-bruce-mccoy.htm	Camp Bruce McCoy Triple-R Ranch serves individuals with Brain Injury. Hours: Overnight. Ages: 18 years and up. Fees:\$600/week/Financial aid available. Dates: May (2 weeks). Area: Chesapeake.
Chesapeake City Parks-Crestwood Park	1420 Great Bridge Blvd, Chesapeake VA	Parks and Recreation Department Ph: 757-382-6411 Fax: 757-382-8418	The community parks are located throughout the city and offer areas for recreation, picnicking facilities, playgrounds and walking trails. The city's major park includes campsites, miniature golf course, nature and hiking trails, and equestrian area, canoeing, paddle boats, a ropes challenge course, picnic shelters, outdoor amphitheater, general store, a garden for the visually individuals with disabilities, nature study and special courses related to the outdoor environment.
Chesapeake City Parks-Deep Creek Lock Park	301 Luray Street Chesapeake VA	Parks and Recreation Department Ph: 757-382-6411 Fax: 757-382-8418	The community parks are located throughout the city and offer areas for recreation, picnicking facilities, playgrounds and walking trails. The city's major park includes campsites, miniature golf course, nature and hiking trails, and equestrian area, canoeing, paddle boats, a ropes challenge course, picnic shelters, outdoor amphitheater, general store, a garden for the visually individuals with disabilities, nature study and special courses related to the outdoor environment.
Chesapeake City Parks-Fun Forest at Chesapeake City Park	500 Greenbrier Parkway Chesapeake VA	Parks and Recreation Department Ph: 757-382-6411 Fax: 757-382-8418	The community parks are located throughout the city and offer areas for recreation, picnicking facilities, playgrounds and walking trails. The city's major park includes campsites, a miniature golf course, nature and hiking trails, and equestrian area, canoeing, paddle boats, a ropes challenge course, picnic shelters, outdoor amphitheater, general store, a garden for the visually individuals with disabilities, nature study and special courses related to the outdoor environment.

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Chesapeake City Parks-Great Bridge Lock Park	Lock Road, Chesapeake VA	Parks and Recreation Department Ph: 757-382-6411 Fax: 757-382-8418	The community parks are located throughout the city and offer areas for recreation, picnicking facilities, playgrounds and walking trails. The city's major park includes campsites, a miniature golf course, nature and hiking trails, and equestrian area, canoeing, paddle boats, a ropes challenge course, picnic shelters, outdoor amphitheater, general store, a garden for the visually individuals with disabilities, nature study and special courses related to the outdoor environment.
Chesapeake City Parks-Greenbrier Sports Complex	Greenbrier Parkway, Chesapeake VA	Parks and Recreation Department Ph: 757-382-6411 Fax: 757-382-8418	The community parks are located throughout the city and offer areas for recreation, picnicking facilities, playgrounds and walking trails. The city's major park includes campsites, a miniature golf course, nature and hiking trails, and equestrian area, canoeing, paddle boats, a ropes challenge course, picnic shelters, outdoor amphitheater, general store, a garden for the visually individuals with disabilities, nature study and special courses related to the outdoor environment.
Chesapeake City Parks-Indian River Park	Indian River Park 1708 Rokeby Avenue, Chesapeake VA	Parks and Recreation Department Ph: 757-382-6411 Fax: 757-382-8418	The community parks are located throughout the city and offer areas for recreation, picnicking facilities, playgrounds and walking trails. The city's major park includes campsites, a miniature golf course, nature and hiking trails, and equestrian area, canoeing, paddle boats, a ropes challenge course, picnic shelters, outdoor amphitheater, general store, a garden for the visually individuals with disabilities, nature study and special courses related to the outdoor environment.
Chesapeake City Parks-Northwest River Park	Northwest River Park 1733 Indian Creek Road Chesapeake, VA	Ph: 757-421-7151	The community parks are located throughout the city and offer areas for recreation, picnicking facilities, playgrounds and walking trails. The city's major park includes campsites, a miniature golf course, nature and hiking trails, and equestrian area, canoeing, paddle boats, a ropes challenge course, picnic shelters, outdoor amphitheater, general store, a garden for the visually individuals with disabilities, nature study and special courses related to the outdoor environment.
Chesapeake City Parks-Western Branch Park	Western Branch Park 4437 Portsmouth Blvd Chesapeake VA	Parks and Recreation Department Ph: 757-382-6411 Fax: 757-382-8418	The community parks are located throughout the city and offer areas for recreation, picnicking facilities, playgrounds and walking trails. The city's major park includes campsites, a miniature golf course, nature and hiking trails, and equestrian area, canoeing, paddle boats, a ropes challenge course, picnic shelters, outdoor amphitheater, general store, a garden for the visually individuals with disabilities, nature study and special courses related to the outdoor environment.
Chesapeake City Parks-Recreation Summer Blast (Rev.06/22/22)	Indian River Community Center 2250 Old Greenbrier Road Chesapeake VA 23325 Western Branch Community Center 4437 Portsmouth Blvd	Indian River Community Center Ph:757-424-4238 Western Branch Community Center Ph:757-465-02114437	Summer Blast provides enriching experiences where everyone will enjoy a summer full of nature, water fun, games, field trips, sports and arts & crafts. Each week will allow participants to explore new activities in a fun and safe atmosphere. Ages 6-12. Cost \$25 Registration Fee, \$100 per week. Registration: must be in person only at the location the child will be attending. Payment must be made at the time of registration. The only way to reserve your child's space each week is to pay for that week. All participants must be at least 6 years old and have completed kindergarten. No exceptions. Each week is first
Chesapeake Community Centers-Camelot	Camelot 948 king Arthur Drive Chesapeake VA 23323	Ph: 757-485-7400	Chesapeake Parks and Recreation community centers offers activities as: play basketball, tone your body, take a class or need space for a baby shower, they are here to fulfill your needs! All of our Community Centers include a gymnasium and meeting rooms. The majority also have a health and fitness room, kitchen, game room and locker rooms. They also offer low cost membership fees for residents and non-residents. Please visit the links of your interest for more information.

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Chesapeake Community Centers-Deep Creek	Deep Creek 2901 Margaret Booker Drive Chesapeake VA 23323	Ph: 757-487-8841	Chesapeake Parks and Recreation community centers offers activities as: play basketball, tone your body, take a class or need space for a baby shower, they are here to fulfill your needs! All of our Community Centers include a gymnasium and meeting rooms. The majority also have a health and fitness room, kitchen, game room and locker rooms. They also offer low cost membership fees for residents and non-residents. Please visit the links of your interest for more information.
Chesapeake Community Centers-Dr.Clarence V. Cuffe	Dr.Clarence V. Cuffe 2019 Windy Rd Chesapeake, VA 23324	Ph: 757-648-8549	Chesapeake Parks and Recreation community centers offers activities as: play basketball, tone your body, take a class or need space for a baby shower, they are here to fulfill your needs! All of our Community Centers include a gymnasium and meeting rooms. The majority also have a health and fitness room, kitchen, game room and locker rooms. They also offer low cost membership fees for residents and non-residents. Please visit the links of your interest for more information.
Chesapeake Community Centers-Great Bridge	Great Bridge 212 Holt Drive, Chesapeake VA 23322	Ph:757-382-6292	Chesapeake Parks and Recreation community centers offers activities as: play basketball, tone your body, take a class or need space for a baby shower, they are here to fulfill your needs! All of our Community Centers include a gymnasium and meeting rooms. The majority also have a health and fitness room, kitchen, game room and locker rooms. They also offer low cost membership fees for residents and non-residents.
Chesapeake Community Centers-Indian River	Indian River 2250 Old Greenbrier Road, Chesapeake,VA 23325	Ph: 757-424-4238	Chesapeake Parks and Recreation community centers offers activities as: play basketball, tone your body, take a class or need space for a baby shower, they are here to fulfill your needs! All of our Community Centers include a gymnasium and meeting rooms. The majority also have a health and fitness room, kitchen, game room and locker rooms. They also offer low cost membership fees for residents and non-residents.
Chesapeake Community Centers-River Crest	River Crest 1001 River Walk Pkwy, Chesapeake VA 23320	Ph: 757-436-3100	Chesapeake Parks and Recreation community centers offers activities as: play basketball, tone your body, take a class or need space for a baby shower, they are here to fulfill your needs! All of our Community Centers include a gymnasium and meeting rooms. The majority also have a health and fitness room, kitchen, game room and locker rooms. They also offer low cost membership fees for residents and non-residents.
Chesapeake Community Centers-South Norfolk	South Norfolk 1217 Godwin Ave Chesapeake VA 23324	Ph: 757-543-5721	Chesapeake Parks and Recreation community centers offers activities as: play basketball, tone your body, take a class or need space for a baby shower, they are here to fulfill your needs! All of our Community Centers include a gymnasium and meeting rooms. The majority also have a health and fitness room, kitchen, game room and locker rooms. They also offer low cost membership fees for residents and non-residents. Please visit the links of your interest for more information.
Chesapeake Community Centers-Western Branch	Western Branch 4437 Portsmouth Blvd, Chesapeake VA 23321	Ph: 757-465-0211	Chesapeake Parks and Recreation community centers offers activities as: play basketball, tone your body, take a class or need space for a baby shower, they are here to fulfill your needs! All of our Community Centers include a gymnasium and meeting rooms. The majority also have a health and fitness room, kitchen, game room and locker rooms. They also offer low cost membership fees for residents and non-residents. Please visit the links of your interest for more information.

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Chesapeake TRC Summer Activities (Rev.05/11/23)	Chesapeake TRC Summer Activities	Contact: Melody Beck, CTRS Ph: 757-382-1328 Email:mbeck@cityofchesapeake	Chesapeake TRC Summer Activities Chesapeake serves individuals with Mild to moderate intellectual disability, Autism Spectrum Disorder, Neurological and Physical Disabilities. Hours: Day. Ages: 6 to 12 years. Hours:Monday – Friday 9:00 a.m. – 6:00
Civitan Acres Camp	Civitan Acres Camp	Ph:757-487-6062 OR 757-487-6062 Website:www.egglestonservice.s. www.egglestonservice.org/documents/camps	Civitan Acres serves individuals with diagnosis of Asperger's, ADHD, Learning Disability, Moderate to Severe Autism, Moderate to Severe Intellectual Disability, Emotional Disability, Cerebral Palsy, Down Syndrome. Hours: Overnight & Day. Ages:18 years and up. Fees: \$425-560. Dates: June - August
Farmventure Camp at Sensory Farm (Rev.06/23/22)	1060 Ballahack Road Chesapeake VA 23322	Contact: Shannon Wells Founder/Owner Email:info@oursensoryfarm.com Ph:757-705-0814 Website:www.oursensoryfarm.c	Farmventure Camp is an inclusive, outdoor half-day program that will be held during select weeks this summer at Our Sensory Farm! Campers ages 4-12 with all abilities are encouraged to join and will have full access to the unique 3-acre property including the mini working farm, up close animal encounters, sensory stations, nature trails and adventure forest. With different themed activities and interactive experiences offered each day, there is something for everyone to enjoy! The most important feature of our
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757-446-5709	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong and sure to be a great time in the classroom or at home.Please call or email for further information
Inside Out Learners, Inc. (Rev.05/17/23)	Inside Out Learners, Inc. Chesapeake	Contact:Terrie Livingston, M. Ed Program Director/Owner Ph:757-436-2722	Inside Out Learners, Inc. camp is designed for Kids with and without social challenges.Ages:6 years to 11 years. Hours:Monday through Friday 9 a.m.- 12:00 p.m. Cost:TBD.
Lions Triple R Ranch-Camp for children with Diabetes	Boy Scouts of America-The Tidewater Council Great Bridge Baptist Church	Ph:757-204-4338 Email:david.chase@cox.net	The Tidewater Council is one of 306 councils that operate under a charter issued by the National Council, Boy Scouts of America. The Tidewater Council is a 501(c)3 Non-profit organization, incorporated in the Commonwealth of Virginia. There are exciting
Lions-Triple R Ranch (Rev.4/5/18)	3531 Bunch of Walnuts Road Chesapeake, VA 23322	Contact: Joy Norfleet Ph: 757-421-4177 Fax: 757-421-4177	Lions-Triple R Ranch provides overnight camp for children with diabetes, ages 9-18 years. Please call for further information.
Planet Fitness-Free Summer Membership (Rev.06/21/22)	Chesapeake, VA 1620 Sentinel Dr	Ph:757- 226-8543 Website:https://www.planetfitne	Planet Fitness-Free Summer Membership program is for Teens 14-19; they can work out FREE with High School Summer Pass™ PLUS when they sign up, they are
Really Awesome People Swimming Program (RAPS)	Really Awesome People Swimming Program (RAPS)	Contact: Leslie Paul Ph:757-420-9523 Website: www.rapsswim.org	Really Awesome People Swimming Program (RAPS) provides swimming lessons to all children between ages 9-16 regardless of their economic status, they must receive free or reduced lunch. The programs takes children on a first comes, first served basis and classes are held at the Timberlake Community Association Pool of Windsor Oaks Blvd, Virginia Bach. Times: classes are held from 8:45-10:15am or 10:45-12:15PM each day for SenseAbilities Pediatric Therapy, LLC is Specifically for individuals on the Autism Spectrum. Hours:9 a.m. – 11 a.m. /3 years – 5 years and 1 a.m. – 3 p.m. 5 years – 15 years.Ages:3 years- 5 years and 5 years – 15 years. Fees: varies. Area: Chesapeake. Dates: Weekly beginning 6/23/2014.
SenseAbilities Pediatric Therapy, LLC	SenseAbilities Pediatric Therapy, LLC	Contact: Peggy Joseph, MS, CCC-SLP Ph:757-410-2816 Website:Senseabilitiesva.com	

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Therapeutic Recreation Program - Outlaw Street	Therapeutic Recreation Program Chesapeake TRC 100 Outlaw Street Chesapeake VA 23320	Contact: Kim Pimento, CTRS Ph: 757-962-5828	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Therapeutic Recreation Center- Bainbridge	Therapeutic Recreation Center 3815 Bainbridge Blvd Chesapeake VA 23324	Contact: Kim Pimento, CTRS Ph: 757-962-5828	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
YMCA of South Hampton Roads- Teens FREE Membership	Great Bridge/Hickory Family YMCA 622 South Battlefield Blvd	Great Bridge/Hickory Family YMCA Ph: 757- 546-0622	YMCA of South Hampton Roads is excited to provide teens FREE memberships this summer (June-August 2022, ages 13-18) through its Sponsor-a-Teen Program. Teens looking to receive a free membership simply fill out a quick, easy online application for
RESPIRE			
Catholic Charities - In-Home Respite Care (Rev.4/23/19)	3804 Poplar Hill Road, Suite A Chesapeake, Virginia 23321	Ph:757- 456-2366 Website: www.cceva.org	Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while
Continuum Pediatric Nursing/Hampton Roads/Southeast Virginia Region-Skilled Respite for Children (Rev.10/16/19)	Continuum Pediatric Nursing 1517 Technology Drive Suite 104 Chesapeake, VA 23320	Ph: 757- 490-2272 Fax:1866-581-7969 Website: www.continuum-nursing.com	Continuum Pediatric Nursing provides Skilled Respite for Children. Please call for further information.
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320	Families must call main number to be directed to the local CSB Ph: 757 -547-9334 Fax: 757-819-6292	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email: creativevocationsllc@gmail.com Website: www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship, and Vocational Services. Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building Independence Waivers. Please call for further information.

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Moore Comfort Home Care (Rev.9/30/19)	4240 Portsmouth Blvd., Suite 185 Chesapeake, VA 23321	Ph: 757-614-9364	Moore Comfort Home Care provides respite services . Medicaid and Private Pay is accepted. They serve Hampton Roads Area. Please call for further information.
Respite Care Program- Chesapeake-CSB	Chesapeake Intervention Program 1417 N. Battlefield Blvd Suite 204	Contact: Susan Music Ph: 757-547-8902	Respite Care is a service that provides temporary childcare for persons with developmental disabilities. Care providers are knowledgeable of most special services which be required by a client. The availability of services, fees, and additional information
SAFETY			
Child Safety Seat Program Chesapeake Health Department (Rev.06/11/24)	Chesapeake Department of Health 748 Battlefield Blvd Chesapeake, VA 23320	Ph:757-382-8652 or 757- 382-8600 Fax:757-547-0298 Toll Free:1-800-722-8222	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat.
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential.
Project Lifesaver-Chesapeake	Project Lifesaver-Chesapeake Chesapeake Sheriff's Office 401 Albemarle Drive Chesapeake, VA 23322	Ph: 757-382-6222 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support to law enforcement, public safety organizations and community groups throughout the country and nation.
Smoke Detector Program (Rev.4/2/19)	Chesapeake Fire Department Fire Prevention Division	Ph: 757-382-6566 OR 757-673-8409. Website: http://www.cityofchesapeake.net/government/City-	The smoke alarm program is available to any resident over the age of 60 and all residents who meet certain criteria, which takes annual income into consideration. Please contact Chesapeake Fire Department Fire Prevention Division for further information. Hours: Monday through Friday between 8 a.m. and 5 p.m.
SUBSTANCE ABUSE			
Addiction Rehab Nationwide Hotline (Rev.3/15/18)	Addiction Rehab Nationwide Hotline	Hotline: 844-279-7170 Website: http://www.nationwideaddictionrehab.com/	Addiction Rehab Nationwide Hotline is a 24/7 is a national hotline that provides direct services to anyone affected by substance abuse. They assist individuals with resources and also assist to locate a rehab facility to start their recovery. Please call for further information.
Alcoholism and Drug Detox Help (Rev.3/15/18)	109-G Gainsborough Square Suite 105 Chesapeake, VA 23320	Ph:757-516-7604	Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.
Bruder Alcohol-Drug Treatment (Rev.3/15/18)	808 Live Oak Dr # 121 Chesapeake, VA 23320	Ph:757-498-9320	Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.

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Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA	Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA 3500 Tejo Lane, Suite 105 Chesapeake, VA 23321	Ph: 757-638-5500 Fax: 757- 638-7740 Website: www.carpediemofva.com	Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA provides therapy services for children ages 4-18, 18+ if in foster care. Substance abuse program is also offered. Medicaid & CSA funding is accepted.
Community Services Board- Chesapeake	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320	Ph: 757-547-9334 Website: www.cityofchesapeake.net/csb	The Community Services Board offers mental health and substance abuse services for citizens either through direct operation and through contracts with private agencies. Fees: Charges for most services are available based on individuals' ability to pay. Major insurers accepted.
Comprehensive Psychological Services	Comprehensive Psychological Services 860 Greenbrier Circle, Suite 100	Ph: 757- 547-9007 Fax: 757-548-1928	Comprehensive Psychological Services provides Psychotherapy services for children and adults that includes: Drug/alcohol, Anger management, etc.. Blue Cross/Blue Shield, Optima, Healthkeepers Plus, straight Medicaid, Tricare, NO Virginia Premier. They also
Eagle One Employee Assistance Program Inc.-Drug Abuse Counseling (Rev.3/15/18)	405 Pines Of Warrick Drive Chesapeake, VA 23322	Ph: 757- 547-8912 Fax: 757-547-4033	Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.
FHC of Chesapeake	FHC of Chesapeake 300 Medical Parkway # 214 Chesapeake, VA 23320	Ph: 757-547-9007 Hotline: 757-624-LIFE Fax: 757-548-1928	FHC of Chesapeake provides outpatient therapy and intensive outpatient program (chemical dependency).
GAP-Governor's Access Plan	GAP-Governor's Access Plan City of Chesapeake Community Services Board 224 Great Bridge	Magellan care manager Ph: 800-424-4279 (service 24 hours, 7 days per week)	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following: Adult
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive	Website: www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
Institute for Family Centered Services	Institute for Family Centered Services 312 N. Battlefield Blvd Chesapeake, VA 23320	Ph: 757- 494-1997 Fax: 757- 494-1979 Website: www.ifcsinc.com	Institute for Family Centered Services provides therapy and substance abuse treatment for children age up to age 18. Medicaid and private insurance, services offered in VA, NC, MD, & FL.
Latch Key Projects, LLC (Rev.3/15/18)	1157 S. Military Hwy Suite 202-B Chesapeake, VA 23320	Ph: 757-424-2357	Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.

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Mental Health and Substance Abuse-CSB Chesapeake	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320 & 2550 Stowe St Chesapeake, VA 23324	Ph: 757-547-9334 & 757-548-7000 OR 2550 Stowe St Location: Ph: 757-494-8335 Website: www.cityofchesapeake.net/csb	Emergency Services: ensure that mental health evaluation and consultation, pre-admission screening for inpatient hospitalization and crisis intervention and stabilization are available, 24 hours a day, 7 days a week, including weekends and holidays. After hours calls are triaged by the crisis Center and are referred to available Chesapeake on call clinicians. Triage Services: Help citizens to obtain Mental health, intellectual disabilities and substance abuse services within the Chesapeake CSB and also provide brief crisis intervention consultation and referrals for other needed services. Program offers outpatient services, psychiatric services, intensive outpatient program and
Narcotics Anonymous - Support Group Great Bridge United Methodist	Narcotics Anonymous - Support Group Great Bridge United Methodist 201 Stadium Drive Chesapeake VA 23322	Ph:757-482-1049 Fax:757-482-0432 Contact: Janie Lowel 757-376-7076. or Carrie LeVesque 757-560-8177.	Narcotics Anonymous - Support Group meets: Tuesdays 7:00 - 8:30 p.m. - For more information contact Carrie LeVesque .
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
New Life Substance Abuse & Behavioral Consultants, Inc.-Family & Friends Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-Family & Friends Program 808 Live Oak Drive Suite 100 Chesapeake, VA 23320	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifefac@cox.net Website: www.newlifefabc.com	New Life Substance Abuse & Behavioral Consultants, Inc.-Family & Friends Program is 3 hour program is designed to provide psycho-educational information to family & friends of clients in substance abuse treatment. they will cover a wide variety of substance abuse topics and strategies that work. This program includes: Abuse vs Addiction, What's an Enabler? Triggers & Coping Strategies, Signs of Relapses, How to Help & What Not To Do and Importance of Support Systems. Please call for further information.
New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program	New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663	New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program is designed specifically for those clients who have previously completed a substance abuse treatment program, but have relapsed. This will help clients sustain an alcohol and drug
New Life Substance Abuse & Behavioral Consultants, Inc.-ESAP-Educational Substance Abuse Program	New Life Substance Abuse & Behavioral Consultants, Inc.-ESAP-Educational Substance Abuse Program	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663	New Life Substance Abuse & Behavioral Consultants, Inc.-ESAP-Educational Substance Abuse Program is a 4 hour program designed to provide psycho-educational information on a wide variety of substance abuse topics. This program includes: Substance Abuse
New Life Substance Abuse & Behavioral Consultants, Inc.-Outpatient Substance Abuse Treatment (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-Outpatient Substance Abuse Programs 808 Live Oak Drive Suite 100	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifefac@cox.net Website: www.newlifefabc.com	New Life Substance Abuse & Behavioral Consultants, Inc.-Outpatient Substance Abuse Treatment provides treatment, education and counseling using various clinical approaches to include: Motivational Enhancement, Cognitive Restructuring & 12-Step Models, etc. A 8-Week, 12-Week, & 16-Week Group treatment programs are available. Groups meeting once a week with the flexibility to modify the program to meet the specific needs of the clients. Individual Treatment Program is also available. Insurance: major

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Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program
Right Path Addiction Treatment Center (Rev.4/17/18)	Right Path Addiction Treatment Center	Main : Ph:757- 266-4090 Chesapeake: 757- 614-1524 Website: http://www.rightpathaddictioncenters.com	Right Path Addiction Treatment Center offers a number of treatment options for opioid addiction. Medicaid is accepted.
SEFP-(South-Eastern Family Project) Hampton Newport News CSB (Rev-	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue	Ph:757-245-1070 Hampton-Newport News CSB 757- 788-0300	SEFP (South-Eastern Family Project) Is a program from Hampton Newport News CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use disorders. Services are provided in a healthy, stable and
Practice -Tobacco Cessation (Rev.8/22/18)	633 Battlefield Blvd. S., Suite 300 Chesapeake, VA 23322	Ph:757- 233-4700	Sentara Intercostal Family Practice provides free individual classes to help individuals with tobacco cessation. Please call for further information.
Straight, Inc. (Rev.3/15/18)	1430 Kristina Way, Chesapeake, VA 23320	Ph: 757 499-9111	Straight, Inc. publicly claimed to rehabilitate teenage drug users by using tough love and Alcoholics Anonymous principles. Please call for further information.
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/ Website: http://www.yourlifeyour	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
Tidewater Family Medical Care PC-Tobacco Cessation (Rev.8/22/18)	516 Innovation Dr., Suite 103 Chesapeake, VA 23320	Ph:757- 495-0606	Tidewater Family Medical Care PC provides individual classes to help individuals with tobacco cessation. Please call for further information.
Victory Home (Rev.3/15/18)	2400 Gilmerton Rd, Chesapeake, VA 23323	Ph:757- 487-2633 Fax: 757- 282-5703	Victory Home is a non-profit organization-Christ-centered, in-house addiction recovery and rehabilitation program for individuals who want help for drug or alcohol problems. Program cost is free to those who are hopeless and desire to overcome their life-dominating issues. They teach all the basic recovery principles; however, their focus is more towards
Youth Against Drugs And Diseases Inc. (Rev.3/15/18)	513 Baylor Court B Chesapeake, VA 23320		Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.

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SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Autism Spectrum Parent Connection- Support Group Renaissance Pediatrics-	Autism Spectrum Parent Connection- Support Group Renaissance Pediatrics-	Ph:757-488-2223	Renaissance Pediatrics-Chesapeake offers a monthly support group meeting on 3rd Thursday of the month at 6:30pm; child does not have to be a patient at this practice for parents to attend; childcare is NOT provided
Autism 101 Online Support Group Meeting (Autism Society of Tidewater)	Autism 101 Online Group Meeting (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email:	Autism 101 Online Support Group Meeting on Wednesdays at 12:00 PM. Please register to receive the meeting information:
Awesome Adults with Autism-Online Gathering (Autism Society of Tidewater) (Rev.06/26/20)	Awesome Adults with Autism-Online Gathering (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org Registration Link: http://chapter.tidewaterasa.org/srcr10main.php?tknbit=ywe8D3.xT9eX	Autism Society of Tidewater host a weekly social for our Adults with Autism. They are adults on the Autism Spectrum who discuss what is going on in their lives, successes and challenges and how to best support one another. Times: Saturdays 12:00-1:00 PM. Must Register.
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Bereavement-Support Group for Death/Grief-(AARP)-Chesapeake (Rev.06/30/23)	Bereavement-Support Group for Death/Grief-(AARP)-Chesapeake	Contact: Laurie Miller Ph: 757-545-4911	Provides services for men or women, of any age who have lost a spouse. Group meetings are held at 7:00pm in the Lifestyle Center of Chesapeake Regional Medical Center. Please call for further information.
Bereavement-Support Group for Death/Grief of an Infant-Empty Arms (Rev.06/30/23)	Bereavement-Support Group for Death/Grief of an Infant-Empty Arms Sentara Women's Health Source 713 Volvo Pkwy, Chesapeake VA 23320	Contact: Ann Prescott & Anisa Glowczak Ph: 757-545-2667 Email:goodmoumingcc@gmail.com	Support for parents who have experienced the death of a newborn, including miscarriage, stillbirth, and ectopic pregnancy.
CHIP of Chesapeake-Parent Support Group	1302 Jefferson St Chesapeake, VA 23324	Ph: 757-543-9100 Fax: 757-543-9166	CHIP parent support group meets the 3rd Friday of the month. Please call for times and locations.

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CHIP of Chesapeake-Prenatal Support Group	1302 Jefferson St Chesapeake, VA 23324	Ph: 757-543-9100 Fax: 757-543-9166	CHIP prenatal support group meets 1st Friday of the month. Please call for times and locations.
CHIP of Chesapeake-Support Group for Spanish Speaking Parents	1302 Jefferson St Chesapeake, VA 23324	Ph: 757-543-9100 Fax: 757-543-9166	CHIP support group for Spanish speaking parents meets once a moth. Please call for times and locations.
Diabetes Support Group	Chesapeake Diabetes Support Group, CHKD Health Center at Greenbrier, 733 Volvo Parkway Chesapeake, VA	For further information contact the Diabetes Social Workers - Jessica Major Ph:757-668-7830 OR	3rd Thursday every month (6:30 p.m. to 7:45 p.m.)
Diabetes Support Group	Diabetes Support Group Chesapeake Regional Medical Center 736 N. Battlefield Blvd	Ph:757-482-6132	Diabetes Support Group is a group that meets the 4th Tuesday of each month from 7:00pm-8:00 pm in the Lifestyle Fitness Center (Next to the Chesapeake Regional Medical Center). Provides information and support to individuals with diabetes and their families. <u>Services are free.</u>
Epilepsy Foundation of Virginia-Hampton Roads Area Support Group (Rev.11/26/19)	Epilepsy Foundation of Virginia-Hampton Roads Area Support Group 522 South Hampton Roads	Contact: Kelly Maton Ph:757-512-7450. Website: http://www.epilepsyfoundation.org/local/virginia/events	Epilepsy Foundation of Virginia-Hampton Roads Area Support Group is a support group for people living in the Hampton Roads area. The group is held on the third Tuesday of every month from 7-8pm.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
La Leche League of Virginia Support Group	La Leche League of Virginia	Contact: Kaitlin Ph:480- 270-2817 Email: LLLKaitlinMcGill@yahoo.com . com Website: www.lllvawv.org	La Leche League Leaders are experienced mothers who are accredited by La Leche League International to help mothers and expectant mothers with all aspects of breastfeeding. They are available to address any breastfeeding questions or concerns by phone, email, and/or in person at our regular monthly meetings. Please call for further information.
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung
Narcotics Anonymous - Support Group Great Bridge United Methodist	Narcotics Anonymous - Support Group Great Bridge United Methodist 201 Stadium Drive	Ph:757-482-1049 Fax:757-482-0432 Contact: Janie Lowel 757-376-7076 or Carrie	Narcotics Anonymous - Support Group meets: Tuesdays 7:00 - 8:30 p.m. - For more information contact Carrie LeVesque .

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Nicotine Anonymous-Support Group (Rev.8/22/18)	Great Bridge United Methodist Church 201 Stadium Dr. Chesapeake, VA 23322	Ph:757- 482-1049	Nicotine Anonymous is a support group for anyone desiring to stop using tobacco. Please call for further information.
Parent Webchat-Autism Society of Tidewater- (Rev.06/26/20)	Parent Webchat-Autism Society of Tidewater- (Rev.06/26/20)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org	Autism Society of Tidewater host a weekly ParentWebchat for Parents of Children with Autism. Times: Thursdays at 7:00PM. Please register to receive the meeting information:
Pregnancy and Infant Loss Support Group-Chesapeake Regional	Pregnancy and Infant Loss Support Group-Chesapeake Regional	Contact: Peggy Walker Ph: 757-312-6776 Main:757-312-6132 Website: http://www.chesapeake.org	Support for parents who have experienced the death of a newborn, including miscarriage, stillbirth, and ectopic pregnancy.
Pregnancy and Infant Loss Support Group (Rev.02/24/23)	Pregnancy and Infant Loss Support Group	Contact: Anisa Glowczak and Ann Prescott Ph:757-947-3420 Email: goodmourningcc@gmail.com	Pregnancy and Infant Loss Support Group is for parents who have experienced the loss of a baby due to miscarriage, stillbirth, and infant death.
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Rainbows -Grief Support Group - Great Bridge United Methodist	Rainbows -Support Group Great Bridge United Methodist 201 Stadium Drive Chesapeake VA 23322	Contact: Jean Dilday Ph:757-482-3805 or 757-482-1049 Fax:757-482-0432	A healing ministry supported by Great Bridge United Methodist. Rainbows is a peer support group for grieving children and their parents(s) or guardian(s). For more information email: Jean Dilday
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearses.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost:currently \$19.
Support Group Autism Fellowship- (Chesapeake)	A program of Autism Fellowship P.O. Box 15213 Chesapeake, VA 23328	Main:757-272-8278 Intake: Heather Francisco Email: @autimfellowship.com Website: www.autismfellowship.com	Offers support to all individuals diagnosed with autism spectrum disorder and to their families without regards to age, gender, ethnicity, or creed. We do eagerly welcome other special needs and typical developing children that are friends or relatives. No age limitation. No fee.
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com & Ashley Carolino Email: Ashley.Carolin@gmail.com	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
Tha Alateen (for teens)-Support Group (Rev.8/24/18)	Gratitude Gang Alateen Oak Grove United Methodist 472 N.Battlefield Blvd Chesapeake, VA, 23320	Contact: Mark Ph:757-635-6726	Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.Hours:Monday 7:30 PM.Student & Professional observers welcome. Language: English. Closed on Holiday Mondays.

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The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Just For Today AFG Oak Grove United Methodist 472 N.Battlefield Blvd Chesapeake, VA, 23320	Contact: Debbie Ph:757-705-9079	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.Hours:Monday 7:30 PM.Student & Professional observers welcome. Language: English. Closed on Holiday Mondays.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Chesapeake Parents AFG Harvest Assembly 525 Kempsville Rd., Chesapeake, VA, 23320 Trailer # 6, behind the church	Contact: Bette T. Ph:757-681-0620	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.Hours:Tuesdays 7:00 PM.Student & Professional observers welcome. Language: English.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Greenbrier AFG Greenbrier Community Church 825 Greenbrier Pkwy, Chesapeake, VA, 23320, USA	Contact: Terri Ph:757-816-5798	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.Hours:Wednesday 8:00 PM.Student & Professional observers welcome. Language: English.
The Al-Anon (for adults) -Support Group	Chesapeake Parents AFG Harvest Assembly	Contact: Thelma Ph:757-404-2593	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Keep It Simple AFG St Thomas Episcopal Church 233 Mann Dr. Chesapeake, VA, 23322 Park in rear of church & enter from that door	Contact: Sean Ph:781-664-4465	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.Hours:Thursday 7:30 PM.Student & Professional observers welcome. Language: English. Speaker fifth Thursday of the month.
The Al-Anon (for adults)-Support Group (Rev.8/24/18)	Let it Begin with Me AFG Aldersgate United Methodist Church 4320 Bruce Rd., Room 212 Chesapeake VA	Contact: Jan Ph:757-234-5353	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.Hours:Thursday 8:00 PM.Student & Professional observers welcome. Language: English.
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev 07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131	Contact:Judith Millman, Facilitator Contact: Judy.Judithmillman@aol.com Link: https://www.lighthouseguild.org/	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.

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Tidewater Asperger's Support Team- Chesapeake	Tidewater Asperger's Support Team- Chesapeake	Ph:757-630-8823 Website:Aspergers.meetup.com/313	Support group meets 1st Thursday, 7:30 pm and 3rd Wednesday, 9:30 am.
VirtualHealthandFitness (Autism Society of Tidewater) (Rev.06/26/20)	VirtualHealthandFitness (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email:	Autism Society of Tidewater host a weekly Virtual Health, Fitness and Nutrition Series .. There will be fitness games, dancing, cooking and nutrition information so we can all stay active and healthy. This is for the whole family especially our tweens, teens and adults.
THERAPEUTIC FOSTER CARE			
THERAPIES			
Adler Therapy Group (Rev.10/10/24)	Chesapeake Battlefield Office 113 Gainsborough Square, Suite 300	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygroup.com	Adler Therapy Group specializes in delivering Physical Therapy, Occupational Therapy, and Speech Language Pathology for pediatrics, adolescents and adults. Insurance: most major insurance networks are accepted. Must inquire about our self-pay programs. Please call for further information.
Children's Therapy Concepts, LLC (Rev. 6/23/20)	Chesapeake Office: 3800 Poplar Hill Road, Suite B, Chesapeake, VA 23321	Contact: Kim Mallon Ph:757-776-3088 Cell:757-812-3288 Fax:757-612-4499 Email:mailto:kmallon@childrenstherapyconcepts.com	Children's Therapy Concepts, LLC They provide services to the very young with special needs, often from birth to age 18. These services include outpatient pediatric occupational therapy, speech therapy and physical therapy. Services could be provided in the home or other natural environments including, school, daycare, or in the community. This is an Early Intervention Provider Agency. Insurance Acceptance: t Humana Military Anthem Aetna Cigna Optima Virginia Premier and All Medicaid HMO Please call
CHKD-outpatient PT/OT/SL at Oakbrooke	500 Discovery Drive, Chesapeake, VA 23320.	Ph: 757-668-7083 Email: ptotst@chkd.org	CHKD's physical, occupational and speech services work to help children of all ages overcome and adapt to the challenges of developmental delay, disease or accident.

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Comprehensive Rehabilitation Services of Tidewater, Inc. (Rev.9/17/18)	676 Kingsborough Square, Suite C Chesapeake, VA 23322	Ph: 757-547-0434 Fax: 757-547-0625 Website: www.cityofchesapeake.net	Comprehensive Rehabilitation Services of Tidewater, Inc. provides physical and occupational therapy to assist persons in returning to the workforce. Individuals must be referred by a doctor and need a prescription for treatment. Hours are 8:00am-5:00pm, Monday Friday. Please call for further information.
Intrepid USA Healthcare Services	1112B Eden Way N, Suite 200 Chesapeake VA 23320	Ph:757- 420-7192 Fax:757- 420-7196 Website: www.msa-corp.com	Medi Home Health Agency is a comprehensive provider occupational, physical and speech therapists, dieticians, counseling, patient care coordinator, and social workers. They specialize in seniors and adults with disabilities. On call, 24 hours a day 7 days a week.
Ivy Rehab for Kids-Chesapeake Grassfield (Rev.06/15/22)	1301 Cedar Road Chesapeake, VA 23322	Ph: 757 512-7626 Fax:757-512-7200 Website: https://www.ivyrehab.com	Ivy Rehab for Kids located in Chesapeake, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills, handwriting, mobility, self-regulation, developmental delays, motor coordination, social skills, or other needs, their compassionate team specializes in a variety of pediatric conditions and are dedicated to helping your child achieve their goals. Office Hours: Monday-Thursday from 7:00 am - 7:00 pm and Fridays from 7:00 am - 3:30 pm; they are Closed on weekends. Accepts most insurance plans including Medicare. Please call for further information.
Ivy Rehab for Kids Chesapeake - Kingsborough (Rev.06/15/22)	680B Kingsborough Square Chesapeake, VA 23320	Ph:757- 547-0434 Fax:757- 547-0625 Website: https://www.ivyrehab.com	Ivy Rehab for Kids located in Chesapeake, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a
Ivy Rehab for Kids Chesapeake - South Norfolk (Rev.06/15/22)	801 Poindexter St, Suite 219 Chesapeake, VA 23324	Ph:757- 548-0014 Fax: 757- 351-1930 Website: https://www.ivyrehab.com	Ivy Rehab for Kids located in Chesapeake South Norfolk , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's
Ivy Rehab Chesapeake - Spine & Aquatic Center (Rev.06/15/22)	905 N. Battlefield Blvd. Suite 105 Chesapeake, VA 23320	Ph:757- 410-3157 Fax: 757- 410-3861 Website: https://www.ivyrehab.com	Ivy Rehab for Kids located in Chesapeake South Norfolk , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work

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Ivy Rehab Chesapeake - Western Branch (Kids) (Rev.06/15/22)	3253 Taylor Road, Suite 200 Chesapeake, VA 23321	Ph:757- 881-1137 Fax: 757- 881-1138 Website: https://www.ivyrehab.com	Ivy Rehab for Kids located in Chesapeake South Norfolk , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills, handwriting, mobility, self-regulation, developmental delays, motor coordination, social skills, or other needs, their compassionate team specializes in a variety of pediatric conditions and are dedicated to helping your child achieve their goals. Office Hours: Monday-Thursday from 7:30 am - 7:00 pm and Fridays from 8:00 am - 4:00 pm and closed on weekends. Accepts most insurance plans
Medi Home Health Agency	Comfort Care Home Health Services,Inc.. 667 Kingsborough Square Suite 201 Chesapeake, VA 23320	Ph:757-312-6460 Email: homehealth@chealth.org Website: www.chesapeakehealth.com	Comfort Care Home Health Services, Inc. provides physical ,occupational and speech therapy. Also provides rehabilitation therapies. Serves all ages. Hours are 8:00 am to 4:30 pm every day. Please call for further information.
Physical Therapy Center of Chesapeake (Rev.8/6/18)	747 Volvo Pkwy #103 Chesapeake, VA 23320	Ph:757 420-2880 Fax:757- 420-8090	Physical Therapy Center of Chesapeake is an outpatient physical therapy center. Pediatric and adult services are available. Medicaid is accepted. Please call for further information.
Select Kids Pediatric Therapy (Rev.8/6/18)	1400 Fordham Dr., Virginia Beach, VA 23464	Ph:757- 361-3951 Fax:757- 361-3957 Website: selectphysicaltherapy.com	Select Kids Pediatric Therapy provides pediatric occupational, physical and speech therapy services. Hours: Monday-Thursday 8:00 AM - 6:00 PM and Fridays 8:00 AM - 3:30 PM. Bilingual staff available (Spanish). Please call for further information.

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Sentara Therapy Center - Edinburgh (Rev.8/6/18)	1933 Edwin Drive, Suite 103 Chesapeake, VA 23322	Ph: 757-252-5800 Fax: 757-204-7765	Sentara Home Care offers a comprehensive spectrum of rehabilitative therapies to help our patients achieve and maintain their highest level of independence. Pediatric services are available. Their team of physical, occupational and speech therapists teach, guide and assist our patients to get back on their feet after surgery and help them relearn and practice the activities of daily living. Please call for further information.
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2 DD Waiver (CCC Plus)-	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-Where is my Ride:855-325-7581, Option 1 TTY:711	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
ModivCare (formerly Logisticare)- ~~Fee For Service (FFS)~~	ModivCare (formerly Logisticare)- ~~Fee For Service~~	Ph:866 386-8331 ~~Ride Assist:866 346 0070~~	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare (Medallion 4.0)	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0)	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.

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Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare - Medicaid Transportation)- ModivCare (formerly Logisticare) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
America's Best	America's Best 4107 Portsmouth Blvd.	Ph: 757 215-1050 OR	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$45, visual field test \$15. Please call for further information.

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Dominion Eye Care	Dominion Eye Care Dr. Christopher Fusco 812 Eden Way (Greenbrier) Chesapeake VA	Ph:757-424-4177	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$75, additional fees may apply for visual field testing. Please call for further information.
Gontarek Eye Care	GONTAREK EYE CARE Dr. Lisa Gontarek & Dr. Scott Gontarek 501 N. Battlefield Blvd. Suite B Chesapeake, VA	Ph:757-966-2206	Affordable eye exams, contacts lenses and glasses for uninsured. Diabetic exam \$139. Please call for further information.
Lifetime Eye Care Center	Lifetime Eye Care Center Dr. M. Shane Swatts & Dr. Leah Ramos 1108 Cedar Road Chesapeake, VA	Ph:757-436-3937	Affordable eye exams, contacts lenses and glasses for uninsured. Diabetic exam \$190. (Additional \$35 if refraction is needed for eye glasses). Please call for further information.
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*Lion's Club Chesapeake (Greenbrier area only) Kent Hiatt-757-482-2384 *Lion's Club Chesapeake (Deep Creek area only) Mr. Rapier-757-487-7453 applications are available at Lawrence Pharmacy 1156 George Washington	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Pearl Vision (Crossways Shopping Center) (Rev.7/22/19)	Pearl Vision (Crossways Shopping Center) 1412 Greenbrier Pkwy Suite 108-A Chesapeake VA 23320	Ph.: 757-424-3135	Pearl Vision Center services range from comprehensive medical eye care to fitting you with prescription eyeglasses, sunglasses, and contact lenses to meet your individual needs. Routine Eye Exams without insurance are \$95.00 to \$100.00. A contact lens exam is \$170.00 to \$185.00 (some restrictions apply). Call us for specific eye exam pricing.

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WAIVER CONTACTS			
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Chesapeake Department of Health 748 N. Battlefield BLVD Chesapeake VA 23320 Hours:8:15 AM-5:00 PM, M-F	Call to request Screening: Ph: 757-382-8705 Main number: 757-382-8600 Fax: 757-382-8725	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer-Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waiver Chesapeake Integrated Behavioral Healthcare 224 Great Bridge Boulevard , Chesapeake, VA 23320	Main:757- 523-1088 Website: https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.

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Building Independence (BI) Waiver	BI Waiver City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320	Families must call main number to be directed to the local CSB Ph: 757 -547-9334 Fax: 757-819-6292 TDD:757-819-6327 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).
Community Living (CL) Waiver	CL Waiver City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320	Families must call main number to be directed to the local CSB Ph: 757 -547-9334 Fax: 757-819-6292 TDD:757-819-6327 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Family and Individual Support (FIS) Waiver	FIS Waiver City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320	Families must call main number to be directed to the local CSB Ph: 757 -547-9334 Fax: 757-819-6292 TDD:757-819-6327 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Services Provided in Franklin City

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	306 N. Main St, PO Box 601, Franklin , VA 23851	Franklin Department of Social Services Ph: 757- 562-8520 Fax:757- 516-6683 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult.
CASA Program-Voices for Kids (Rev.06/30/24)	Voices for Kids CASA Program PO Box 949 409 Main Street Smithfield, Virginia 23431	Ph: 757-357-2170 Fax: 757-357-5709 Email: mjones@vfkcasa.org Website:https://www.vfkcasa.org	CASA volunteers are appointed by judges to advocate for neglected/abused children. Assist children with their personal/legal problems. Also helps to find a safe, permanent home for neglected abused children. Please call or viist the website for further information.
Child Protective Services (CPS) (Rev,08/24/23)	306 N. Main St, PO Box 601, Franklin , VA 23851	Franklin Department of Social Services Ph: 757- 562-8520 Fax:757- 516-6683 Hotline:804-786-8536 Virginia Ph:800-552-7096 Out-of-State	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children.Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance
National Center for Victims of Crime (Rev 4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev 4/12/18)	National Human Trafficking Hotline	To report suspected human trafficking:866-347-2423 To get help from the National	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.org	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev 12/3/10)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact:Tierra Langley Ph:757-446-5708 OR Laurie McManama	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make
Franklin City Health Department WIC Program-Lactation/Breastfeeding	Franklin City WIC Program- Lactation/Breastfeeding Classes	Contact: Stacey Revis Ph: 757-514-4722 Fax: 757-562-2630	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.

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Pamela Wiggins, International Board Certified Lactation Consultant LA Publishing Company	Pamela Wiggins, International Board Certified Lactation Consultant LA Publishing Company 30149 Smiths Ferry Road	Ph: 804.744.5022	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding. Basic position and latch of the infant. Information about practices that promote successful breastfeeding. Preventing and managing common concerns such as poor latch, inadequate milk transfer or supply, nipple
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev.03/06/23)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant	Contact: Tierra Langley Ph: 757-446-5708 OR	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH
BURIAL ASSISTANCE			
Burial Expenses Assistance- Franklin Department of Human Services	Franklin City Department of Social Services 306 N. Main St	Ph: 757- 562-8520 Fax: 757-516-6683	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence
CHILD CARE			
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free: 1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 option 2 Statewide number:	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The
Children's Center-Texie Camp Marks- Community Child Care Services	Children's Center-Texie Camp Marks 700 Campbell Avenue Franklin, VA 23851	Ph: 757- 562-6806 Fax: 757- 562-2992	At the Texie Camp Marks Children's Center located in Franklin and the Suffolk Children's Center, we offer licensed child care services for children six weeks of age through the age of twelve. The Children's Center seeks opportunities to serve children of different cultures, races, genders, socio-economic backgrounds, and
STOP Inc.-Childcare Financial Assistance - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc	Childcare has always been one of the most challenging barriers to employment retention for the working parents served by STOP. The goal of this initiative is to help relieve the financial burden endured by low and moderate income working parents due to childcare costs. STOP secures partnerships with childcare
DENTAL CARE			
Chesapeake Care Free Clinic- Dental Services (Rev.03/05/24)	Chesapeake Free Clinic 2145 S. Military Hwy Chesapeake, VA 23320	Ph: 757-545-5700 Fax: 757-545-7706 Website: www.chesapeakecare.org	Dental Care is provided as follows: Extractions, Restorations, Comprehensive dental exams to determine treatment needed, Cleanings with hygienist. Eligibility requirement: Resident of Hampton Roads, No dental insurance, (including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot
Donated Orthodontics Program -American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax: 314.608.8202	The American Association of Orthodontics has a donated orthodontics program. They provide high-quality orthodontic care for children of families with financial need. Eligibility: Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less. Child should not
ODU Community Care Mobile Clinic-Dental Services (Rev.03/06/24)	ODU Community Care Mobile Clinic	Ph: 757-45-CARES (757-452-2737) Email: oduprimarycareclinic@odu.edu OR ODUCommunitycare@odu.edu	ODU Community Care is a FREE healthcare program serving all ages. Services include dental screenings. The school will incorporate telehealth to help residents connect with specialists and other allied health professions. Coverage area: Southampton County and Franklin. Please call to schedule an appointment and visit the website for their location schedule.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Franklin City

SEVHS (South Eastern Virginia Health System)(formerly PICH)-Main Street Physicians-Dental Care	SEVHS -Community Dental Center 157 N Main Street, Suite A Suffolk, VA 23434	Ph:757-925-1866 Website:www.pich.org	Services: Adult and pediatric preventive & restorative dental care including dental exams, cleanings, fillings, extractions, root canals, sealants, fluoride treatments, and other treatment as indicated by the attending Dentist. Eligibility: Valid ID and proof of income required. Fees: Medicaid, Medicaid HMO's, FAMIS, "smiles for Children" and sliding scale fees according to income level. Family can reside at
Suffolk Affordable Dentures & Implants	2999 Corporate Lane Suite B11 Suffolk, VA 23434	Ph: 757-655-7289 Website: www.affordabledentures.com/office/suffolk-va/	Suffolk Affordable Dentures & Implants offers several styles of full dentures, each with special features and advantages. Please call for further information or visit the website for fees & coupons.
Western Tidewater Free Clinic-Dental Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website:www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Dental Care and pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the FPL,: Have no dental insurance and not eligible for Medicare or VA benefits. Hours:Monday-Friday:hours vary. Please call or visit the website for further information.
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 Email: E: nicole.miller@tidewaterasa.org Website:www.tidewaerasa.org AND	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev.09/09/23)	Epilepsy & Seizures 24/7 Helpline (Rev.09/09/23)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8888 (Es	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of parents to serve as peer
DME			
ABC, an Apria Company (Rev. 06/13/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 Tiffany Intake: 757-512-5200	ABC, an Apria Company is a DME and supplies provider.Medicaid,Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email:	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and
American Printing House for the Blind Inc.	American Printing House for the Blind Inc.	Ph:800-223-1839 Email:	American Printing House for the Blind Inc. provides educational materials, recreation products,toys,daily living,braille books and other products. Please call

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Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph:757- 852-3929	Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email:beth@atdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost.
Derrick Thompson Foundation-Greater Hampton Roads Diaper Bank (Rev.09/26/24)	117 Pocahontas St. Franklin VA 23851	Ph:757-346-0204 Website::http://ghrdiaperbank.org	Derrick Thompson Foundation is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter Bon Secours Health Center Sentara	Ph: 757-771-6183 Fax: 757- 447-6333 E-Mail: shr@free-	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children
Home Care Delivered (Rev. 10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services (Rev. 10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev. 10/22/19)	Lincare Infusion Services 2109 Holland Rd	Ph:757-424-4822 Fax: 757-424-5871 Toll	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Franklin City

National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 Website:	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965 Website:https://www.numotion.com	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Ra'Gene B.Myrick Foundation, Inc.	Ra'Gene B.Myrick Foundation Inc. 404 South College Drive, Franklin, VA 22051	Ph/Fax:757.556.0087 Email: eginamyrick2003@yahoo.com Website:	The Ra'Gene B. Myrick Foundation, Inc. is a non profit organization, which supports the needs of medically and physically challenged children from birth to 21 years old residing in the Tidewater area and Eastern shore. The organization provides information on resources to assist with obtaining equipment and for
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080 Fax: 757- 599-3855 Toll Free:800-322-4679	Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
DOMESTIC VIOLENCE			
LGBTQ Partner Abuse & Sexual loveisrespect	LGBTQ Partner Abuse & loveisrespect	866-356-6998 Ph: 866-331-9474	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the Loveisrespect's purpose is to engage, educate and empower young people to
The Genieve Shelter (Rev. 3/5/18)	The Genieve Shelter P.O. Box 1585 Suffolk, VA 23439	Ph: 757 925-4365 Fax: 757 925-2053 Crisis Response: 757	The Genieve Shelter creates a safe and supportive environment for victims of domestic violence. Their services include a 24-hour crisis hotline; individual and group counseling; court accompaniment; emergency shelter, food and clothing;
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233) TTY: 800-707-2324	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and
The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance (4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website:www.vadata.org/chat t	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved, an opportunity to find
The National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and Spanish.
EARLY INTERVENTION			
Infant Stimulation Programs- Western Tidewater	Western Tidewater-The Children's Center 700 Campbell Ave, Franklin VA 23851	Contact: Deborah Ukuhart Ph: 757-562-6806, Fax: 757-562-2992. Email:durquhart@thechildrens	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and speech therapy;
EDUCATION			
Department of Special	Dianne Rusnak ,Director 207	Ph:757-569-8111	"Special education" means specially designed instruction, at no cost to the
Franklin Homeless Education	Beverly Rabil	Ph: 757-562-5348	Local homeless education liaisons are Local Educational Agency (LEA) staff

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Head Start Program	Registration: Children's Center (The) 700 Campbell Avenue Franklin, VA 23851-1872	Ph: 757- 562-6806 Website: http://www.childrencyenterv.com	Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers develop the early reading and math skills they need to be
Regional Career and Technical Center	Prudent Center for Indus/Tech - 4169 Prudent Blvd Suffolk, VA 23434	Contact: Mrs. Peggy S.Wade Ph: 757-539-7407	Offers a wide variety of training services for farmworkers who have decided to seek training in other industries. The cost is usually low and access to classes is high.
STOP Inc.-Technology Bus Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org	STOP's Technology Bus provides elementary to high school students with a mobile technology and training system that creates opportunities for inclusion in the computer programming industry. This initiative provides students onboard, at
STOP Inc.-Workforce Preparation and Development / Entrepreneurial Pathway (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP's Certified Entrepreneurial Mindset Facilitator, will provide, at a minimum, quarterly workshops designed to empower parents and their children by exposing them to entrepreneurial thinking while immersing them in entrepreneurial experiences that will enable them to develop creativity and critical thinking, effective problem solving, communication, teamwork, and other entrepreneurial skills that will enable them to succeed regardless of their workforce path. Upon completion of the program, participants
STOP Inc.-Youth Development Initiatives (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP's Youth Development Initiatives are designed to engage youth in middle and high school. These programs provide opportunities for them to gain knowledge in the Science, Technology, Engineering, Agriculture and Mathematics fields through fun and innovative workshops covering these topics. STOP provides comprehensive summer camp experiences that focus on science and technology as well as tutorial sessions for youth focusing on areas of individual need to ensure that educational fundamentals are obtained. STOP's Youth Development initiatives also encourages students to stay in and graduate high school and provides resources and tools for students to successfully make the
Virginia Adult and Literacy Services-Franklin	Virginia Adult and Literacy Services-300 Oak Street Franklin, VA 23851	Ph: 757-562-5458 Website: http://www.pen.k12.va.us/VDOE/Instruction/Adult	The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education Development (GED), English as a Second Language, and Individual Student Alternative Education Programs (ISAE), Learn and Serve, and Education for Independence (EFI), as well as services related to Proprietary Schools and
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website: DisasterDistress.samh.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army 400 Bank Street Suffolk, Virginia 23434	Main:757-539-5201 Website: www.usssalvationarmy.org	The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include: Individual and family trauma counseling and emotional support, Spiritual Support,

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Services Provided in Franklin City

Virginia Department of Emergency Management	Virginia Department of Emergency Management P.O. Box 179 Franklin, VA 23851	Contact: Vince Holt, Coordinator OR June Fleming, Director Ph: 757-562-8581	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.
EMPLOYMENT			
Creative Vocations LLC.	Creative Vocations LLC	Ph: 757-344-8821	Creative Vocations, LLC supports adults with Developmental and Intellectual
Department of Rehabilitative	Department of Rehabilitative	Ph: 434- 336-6222	The Department of Rehabilitative Services provides job placement for students
ONE-STOP-Center	ONE-STOP-Regional Workforce Development Center Paul D. Camp Community College 100 N. College Drive Franklin, VA 22051	Ph: 757-569-6082	One-Stop Centers offer a variety of comprehensive workforce services. Services provided through the One-Stop Centers are free of charge, although some eligibility conditions may apply. You may qualify to receive training opportunities. Please call for further information.
STOP Inc. - Employment Supportive Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc.entrall.com	STOP Inc. offers individualized and group training in acquiring techniques necessary for seeking and maintaining employment. Services include job preparation, interview techniques, job retention, employment counseling, referral and/or placement application completion, resume writing, job readiness training, money management, understanding credit scores, establishing and maintaining ~~good credit, managing financial behavior and setting financial goals. All~~
STOP Inc. - Employment Training- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc.entrall.com	Through collaboration with privately owned businesses, STOP is able to provide financial and educational support for qualified individuals seeking quality educational training for entry level positions in leading industries. STOP's goal is to provide continuing education to individuals seeking to enter/re-enter the local workforce. Additionally, in some instances, STOP may be able to provide ~~continuing education to those who wish to keep~~
STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc.entrall.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force ~~including educational programs and on-the-job training as well as job search~~
STOP Inc. -Klean Slate Enterprises-(Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc.entrall.com	Developed in 2005, Klean Slate was originally designed as a Social Business Enterprise to be a self-supporting division of STOP Incorporated. This initiative has evolved into a training and employment focused opportunity for low to moderate income individuals with employment barriers such as previous incarceration, transportation and back child support. Currently, the focus is on ~~Recruits Applicants Training for employment monthly~~
STOP Inc.-Workforce Preparation and Development / Entrepreneurial Pathway (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesc.entrall.com	STOP's Certified Entrepreneurial Mindset Facilitator, will provide, at a minimum, quarterly workshops designed to empower parents and their children by exposing them to entrepreneurial thinking while immersing them in entrepreneurial experiences that will enable them to develop creativity and critical ~~thinking, effective problem~~
VEC Workforce Center-City of	Virginia Employment	Ph: 757-514-7743	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm.
Virginia Employment Commission-City of Franklin	Virginia Employment Commission 157 North Main Street Suite D	Ph: 757-514-7743 Fax: 757-923-5287	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farmworkers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act
FINANCIAL ASSISTANCE			

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Affordable Connectivity	Complete the application and	Website: https://www.affordable	Affordable Connectivity Program (ACP) is a U.S. government program that helps
Connect2Compete-affordable	Connect2Compete-affordable	Ph:855-222-3252	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students
Cooling Assistance Program - Virginia LIHEAP-Franklin Department of Social Services (Rev.09/17/24)	Cooling Assistance Program - Virginia LIHEAP-Franklin Department of Social Services 100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Main Fax:757-516-6683 Website: https://www.franklinva.com/government/departments/social-services	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In addition, the household must contain at least one vulnerable person and there must be a cooling need. The following types of assistance are available if the eligibility conditions are met and the assistance will ensure ~~cooling: purchase or replace and install an air conditioner; repair a central air~~
Cover Virginia-Virginia-Based Aassisters (Rev.1/21/19)	1.Franklin Library 280 N. College Drive Franklin, VA 23851	1.Franklin Library Ph:434-336-7757 2. Southampton County DSS	Cover Virginia-Virginia-Based Aassisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed rigorous training courses and passed certification requirements. You can work with assisters on everything: from learning about your health plan
Crisis Assistance Program - Virginia LIHEAP-Franklin Department of Social Services (Rev.09/17/24)	Crisis Assistance Program-Virginia LIHEAP-Franklin Department of Social Services 100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Fax:757-516-6683 Website: https://www.franklinva.com/government/departments/social-services	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-off is imminent, and inoperable or unsafe heating equipment. Types of Crisis Assistance may include: payment of utility security deposit; purchase of portable space heater; purchase of primary home heating fuel; payment for emergency shelter; payment of ~~primary heat utility bill; repair of heating equipment; replacement of heating~~
Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Main 757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth. Please call for further information.
Derrick Thompson Foundation-Greater Hampton Roads Diaper Bank (Rev.09/26/24)	117 Pocahontas St. Franklin VA 23851	Ph:757-346-0204 Website: http://ghrdiaperbank.org	Derrick Thompson Foundation is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Energy Share Agencies-Franklin Salvation Army	The Salvation Army	The Salvation Army Ph: 757-539-5201	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and
Enroll Virginia at Franklin Community Health Center (Rev.02/13/25)	Franklin Community Health Center 1357 Armory Drive,	Franklin Community Health Center Ph:757-380-8709 Email: phc@inova.org	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free,
Emergency Financial Assistance -Catholic Charities	Catholic Charities of Eastern Virginia 510 N. Main Street, Franklin ,VA 23851	Ph: 757-467-7707	Emergency Financial Aid is available to individuals and families who are in desperate financial need. Applicants may stop by one of the locations to complete an application .Eligibility: Renter or homeowner must physically occupy the ~~property as his/her principle residence. bills must be in occupants name at the~~

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Franklin City Department of Social Services (Rev.09/17/24)	Franklin City Department of Social Services 100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Fax:757-516-6683 Website: https://www.franklinva.com/government/departments/social-services	Franklin City Department of Social Services' mission is to provide benefits and services to the citizens of Franklin City based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore family stability as well as promote and protect the well-being of adult protective services, foster care, employment services, food stamps, temporary assistance to needy families, Medicaid and child care. Please call for further information.
Heating Assistance Program - Virginia LIHEAP-Franklin Department of Social Services (Rev.09/17/24)	Heating Assistance-Virginia LIHEAP- Franklin Department of Social Services 100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Fax:757-516-6683 Website: https://www.franklinva.com/government/departments/social-services	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be met. The household must be responsible for paying the heating bill. Application Period: Heating: October 9 - November 9.Please call for further information.
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household.
(MCO's) Provider Listings- Aetna Better Health of Virginia	(MCO's) Provider Listings- Aetna Better Health of Virginia	Ph:855-652-8249, Website: www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings- Anthem HealthKeepers Plus	(MCO's) Provider Listings- Anthem HealthKeepers Plus	Ph:855-323-4687, Website: www.anthem.com/va/medicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings- Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings- Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0:	Molina Complete Care Provider Listings.
(MCO's) Provider Listings- Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings- Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975	Sentara Health Care Provider Listings.
(MCO's) Provider Listings- United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website: www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid (Rev.09/17/24)	Franklin City Department of Social Services 100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Fax:757-516-6683 Website: https://www.franklinva.com/government/departments/social-services	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Franklin City

Medicaid-Managed Care Organizations (MCO)	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 1-800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website: www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders < http://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders >	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
National Guard Armory-Mobile Pantry	900 Armory Drive, Franklin, VA 23851	National Guard Armory	National Guard Armory-Mobile Pantry provides emergency assistance for food pantry. Date/Time:1/6/17, 2/3/17, 3/3/17- 9:30am-11:00am.
Outreach Program to sign for FAMIS-Catholic Charities	Outreach Program to sign for Famis Catholic Charities of Eastern Virginia 510 N. Main St. Franklin VA 23851	Contact: Melody Phipps Ph: 757-467-7707	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling out the application with you, Gathering documents you need for eligibility, Delivering the completed application to the local department of Social Services,
Sentara Health System/ Hospital/Charity Indigent Care Program (IRev.07/29/20)	Sentara Health System/ Hospital/Charity Indigent Care Program Sentara Healthcare ATTN: Financial Assistance	Ph:757-233-4600 Toll Free:1-877-768-3993 Website: www.sentara.com	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to provide proof of income, including pay stubs and/ or tax return. If a patient do not qualify for assistance under the financial assistance policy indigent program, they may be eligible for the Sentara
Social Security Administration (Rev.11/16/20)	502 Hillpoint Blvd Suffolk Virginia 23434	Ph:866-835-7769 Main Number:800-772-1213 TTY:800-325-0778 Website: https://www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also administer the Supplemental Security Income program for the aged, blind, and disabled. Find ~~how to apply for a Social Security number or to replace your Social Security card~~
STOP Inc. -Emergency Home & Accessibility Repairs Program (EHARP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	The Emergency Home and Accessibility Repair Program (EHARP) provides funds to remove urgent, emergency health and safety hazards. It also addresses physical accessibility barriers for low-income Virginians. The program provides funding to local administrators to undertake physical repairs that improve housing conditions in the Counties of Isle of Wight and Southampton and the City of Franklin. Eligible repairs can include plumbing,structural, electrical and roofing, as well as the installation of wheelchair ramps and other accessibility modifications. Please call for further information.
STOP Inc. -Finance and Consumer Education (FACE)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org	STOP's FACE initiative addresses specific financial barriers that are common in vulnerable low to moderate income families and/or underbanked communities. The lack of access to financial services, resources, and advisors are some of the
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasonbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Franklin City

The Backpack Program	The BackPack Program SP Morton - 300	Ph:757- 562-5458	The BackPack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school
The SLEEPTIGHT Hampton Roads Program- Smart	The SLEEPTIGHT Hampton Roads Program- Smart	Ph:757-562-8594 Email	The SLEEPTIGHT Hampton Roads Program - Smart Beginnings Western Tidewater provides an opportunity for any low-income mothers that are at least
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This
White Oak Springs Baptist Church-Mobile Pantry	26125 Delaware Road, Franklin, VA 23851	White Oak Springs Baptist Church-Mobile Pantry	White Oak Springs Baptist Church-Mobile Pantry provides emergency assistance for food pantry. Date/Time:1/24/17- 9:30am-11:00am
FORMULA/NUTRITION			
Franklin City Health Department-WIC Program	Franklin City Health Department-WIC Program 200 Fairview Drive	Ph: 757-562-6109 Fax: 757-562-2630	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding mothers.
Franklin City Health Department WIC Program-	Franklin City Health Department WIC Program-	Ph: 757-562-6109 Fax: 757-562-2630	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious
HOME CARE			
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: brent.bradycch.net	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making decisions. Care is provided for
Care Advantage Home Health-Nursing Services (Rev.11/29/23)	1 Guardian Court, Suite 100, Portsmouth, VA 23704	Ph: 757 325-9716 Toll Free:1-866-576-7931 Fax:757- 673-5762 Email:	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are
C & R Divine Hands of Care (Rev.7/9/19)	C & R Divine Hands of Care	Contact: Carolyn D. Jordan Ph:757-309-4567 Fax:757-578-2678 Email:	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Endeppence Center (Rev.7/10/19)	Endeppence Center	Contact: Maureen Hollowell Ph:757-351-1584 757-461-8007 (main) Fax:757-455-8223	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Faith N Action (Rev.7/10/19)	Faith N Action	Ph:757-816-4785 OR 757-493-3635	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-1550 OR 757-	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.

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Services Provided in Franklin City

Gentiva Hospice (Rev.03/04/25)	Gentiva Hospice 5544 Greenwich Road, #302, Virginia Beach, VA, 23464	Ph:804- 290-4300 Email: Gentiva_CC_Referrals@gentiva.com	Gentiva Hospice services are offered to all people during the end of life's journey. Staff of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors, and Physicians specialize in caring for those with a terminal diagnosis. Care is provided to patients with many types of diagnoses, including Alzheimer's, COPD, strokes, renal failure, and cancer. Languages Spoken English.Payment Method(s) Private Insurance , Medicaid , Medicare , Veterans.Service Area: Franklin , Hampton , Isle of Wight County , Newport News , Norfolk , Portsmouth , Suffolk and Virginia Beach. Please call for further information.
Hope In-Home Care	Hope In-Home Care 100 Armory Drive Suite 126	Ph: 757-556-2145 Fax: 757-299-2777	Hope In-Home Care is a Medicaid certified home health agency who provides private duty nursing, skilled nursing, personal care and respite services. Please call for further information.
Immanuel HealthCare (Rev.7/10/19)	Immanuel HealthCare	Ph:757-547-8400	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-493-7491	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maxim Healthcare-Virginia Beach/Norfolk	Maxim Healthcare 293 Independence Blvd Suite 100 Virginia Beach, VA 23462	Ph: 757-490-3009 Toll Free:800-804-3009 Fax:757-789-3399	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the context of their homes. Serves: Hampton Roads Area, Chesapeake, Virginia Beach, Norfolk, Portsmouth, Suffolk, and Isle of Wight County.
Miangel Home Health Care,LLC	601 N Mechanic St Franklin, VA 23851	Contact: Crystal Green Ph:757-304-5554 757-837-8220 After Hours	Miangel Home Health Care,LLC provides personal care services. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
HOUSING ASSISTANCE/HOUSING SERVICES			
Franklin Redevelopment and Housing Authority (Rev.06/18/24)	Franklin Redevelopment and Housing Authority 1343 Armory Drive Franklin,VA 23851	Ph:757- 562-0384 Fax: 757-571-0086 Email:gblue@franklinva.org Website:https://www.hud.gov	The Franklin Redevelopment and Housing Authority (FRHA) provides affordable housing for qualified non-elderly, elderly and disabled families through the administration of 209 units of public housing and 315 Section 8/Housing Choice Vouchers. Applicants for both programs must meet the program requirements. Please call for further information.

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Services Provided in Franklin City

Public Housing - U.S. Department of Housing and Urban Development (Rev.06/18/24)	Franklin Redevelopment and Housing Authority 1343 Armory Drive Franklin, VA 23851	Ph: 757-562-0384 Fax: 757-571-0086 Toll Free: 1-800-955-2232 & 800-225-5342 TTY: (800) 877-8339 Email: gblue@franklinva.org Website: https://www.hud.gov	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high rise apartments for elderly families. There are approximately 1.2 million households living in public housing units, managed by some 3300 Eligibility: Public housing is limited to low-income families and individuals. An HA determines eligibility based on: 1) annual gross income; 2) whether you qualify
Housing Choice Voucher Program-U.S. Department of Housing and Urban Development (Rev.06/18/24)	Franklin Redevelopment and Housing Authority 1343 Armory Drive Franklin, VA 23851	Ph: 757-562-0384 Fax: 757-571-0086 Toll Free: 1-800-955-2232 & 800-225-5342 TTY: (800) 877-8339	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families. Programs: EMERGENCY HOUSING VOUCHERS (homeless, at-risk of homelessness, fleeing, or attempting to flee, domestic violence, dating violence, sexual assault, stalking, or human trafficking), HUD-VASH VOUCHERS (A rental
Office of Native American Programs-U.S. Department of Housing and Urban Development (Rev.06/18/24)	Franklin Redevelopment and Housing Authority 1343 Armory Drive Franklin, VA 23851	Ph: 757-562-0384 Fax: 757-571-0086 Toll Free: 1-800-955-2232 & 800-225-5342 TTY: (800) 877-8339	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native Americans, Alaska Natives, and Native Hawaiians. Programs: INDIAN HOUSING BLOCK GRANT PROGRAM (provide adequate housing to Native Americans), Indian Housing Block Grant (IHBG) Competitive Grant Program
Homeless Prevention Program-Planning Council	Homeless Prevention Program-Planning Council	Southampton / Franklin – Department of Human Services Ph: 757- 562-8520	Serving the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton, this program is designed to prevent persons from becoming homeless. The emphasis is on prevention, intervening before the eviction occurs and developing
Regional Housing Crisis Hotline (Rev.06/24/20)	Housing Crisis Hotline	Ph: 757-587-4202 Toll Free: 866-750-4431	The Regional Housing Crisis Hotline provides Rental & Mortgage Assistance. Serving the cities of: Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton. Please call to be screened for program eligibility
South Hampton Roads Habitat For Humanity-	Southampton/Franklin HFH PO Box 891 Franklin, VA 23851-0891	Ph: 757- 419-8464 Website: www.shrhabitat.org Email: familyservices@shrhabitat.org	Habitat for Humanity constructs homes for people with poverty and low economic levels. This program is operated by the use of volunteers to reduce costs. No experience is necessary as qualified construction experts are on hand to instruct
STOP Inc. -Certified Housing Counseling / Prevention Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.org	STOP Inc. provides Housing Counseling services to those persons experiencing hardship in maintaining or obtaining permanent housing. Certified Counselors provide ancillary services which include; Comprehensive Housing Counseling, Counseling for First Time Home Buyers, Homeownership Education, Fair
STOP Inc. -Emergency Home & Accessibility Repairs Program (EHARP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.org	The Emergency Home and Accessibility Repair Program (EHARP) provides funds to remove urgent, emergency health and safety hazards. It also addresses physical accessibility barriers for low-income Virginians. The program provides funding to local administrators to undertake physical repairs that improve housing
STOP Inc. -Supportive Services for Veteran Families(SSVF) - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.org	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that provides intensive case management assisting Veterans who are homeless or at risk of homelessness in obtaining safe, stable and affordable permanent
INFORMATION AND REFERRAL/CARE			
Care Connection for Children (Rev. 02/16/23)	Hampton Roads 601 Children's Lane	Hampton Roads Ph: 757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide

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DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive,	Ph:804- 525-7728 Toll Free:866- 393-0957	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians.
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website: http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives; Job training; English as a second language classes
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846) Website:https://victimconnect.	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	306 N. Main St, PO Box 601, Franklin , VA 23851	Franklin Department of Social Services Ph: 757- 562-8520 Fax: 757- 516-6682	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Catholic Charities of Eastern Virginia (Rev.09/15/20)	4855 Princess Anne Road Virginia Beach, VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family
Catholic Charities of Eastern Virginia (Rev.09/15/20)	4855 Princess Anne Road Virginia Beach, VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-405-2206	Often the Social Security Administration or some other payer source requires that individuals at risk of being financially exploited or unable to handle their own
Child Protective Services (CPS) (Rev.08/14/20)	306 N. Main St, PO Box 601	Franklin Department of Social Services	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org Website:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for
Department of Social Services- The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Main 757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth Please call for further information.
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further
Jewish Family Service (JFS) of	PO Box 65127	Ph: 757-938-9130	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18

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The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance (4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website:www.vadata.org/chat t	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved, an opportunity to find answers to legal questions, to gain insight into additional legal issues, to carefully
Virginia Legal Aid Society-Suffolk (Rev.10/28/20)	Virginia Legal Aid Society Suffolk 155 East Washington St. Suffolk VA 23434	Ph: 757-539-3441 Fax:757-539-5142 LawLine Toll Free: 866-534-5243 OR Ph:434-455-3080	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required, this is not a pro-bono service
LGBTQ			
LGBTQ Partner Abuse & Sexual	LGBTQ Partner Abuse &	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis: people who may
Transgender Assistance Program of Virginia (TAPVA)-Temporary Emergency Housing	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to provide
MEDICAL CARE			
Arthritis Consultants	Arthritis Consultants 102	Ph:757- 569-1237	Accept MCD, MCD HMO's, and United Healthcare (appointments are on Mon.at
Bon Secours Care A Van (Rev.03/04/24)	4700 George Washington Hwy. Portsmouth, Virginia 23702.	Ph: 757-889-5121 Zcontact:Takeirah Martin Email:takeirah_martin@bshsi.org. Website:https://www.bonsecours.org/locations/community	The Bon Secours Care-A-Van is a free medical service that provides general medical care to uninsured adults and children in Hampton Roads communities on the southside and the peninsula. Services include routine evaluation and treatment of common acute illnesses including:Gastritis and heart burn,Minor skin rashes,Minor musculoskeletal pains,Respiratory infections,Urinary tract and bladder infections,Headaches, earaches, and pink eye.Chronic conditions such
Chesapeake Care Free Clinic (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org	Services: Medication assistance and pharmacy services. Eligibility requirement: . Resident of Hampton Roads ,No medical insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must complete
Franklin City Health Department-Western Tidewater Health District(Rev.03/15/24)	Franklin City Health Department 200 Fairview Drive P.O. Box 595 Franklin, VA 23851	Ph: 757-562-6109 Fax: 757-562-2630 Website:https://www.vdh.virginia.gov/western-tidewater	Services: Communicable disease includes (Tuberculosis TB and Sexually Transmitted Disease STD),Diabetes Education Program, Environmental Health, Pregnancy Testing, Family Planning, Immunizations(includes foreign travel), Nurse Prenatal, Nursing Home Screenings, Personal Care, Positive Life Choices, Vital Records. Eligibility: Based on income. Hours of Operation: 8:00a.m to 4:30 p.m. Please call or visit the website for further information.

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Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic -Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 757-886-0608 ext.	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population:Lackey Virtual Care is for anyone age 18 years or older who lives in Virginia.Online visits
Lakeview Internal Medicine – Franklin (Rev.12/08/23)	1301 Armory Drive, Suite 200 Franklin, VA 23851	Ph:757- 562-0085 Fax:757- 516-8242 Website:https://www.bayviewphysicians.com	Lakeview Internal Medicine – Franklin is a medical group practice that specializes in Family Medicine and Internal Medicine for adults.Providers:Michael Abu-Absi, MD.Hours:Monday, Wednesday, Friday:Closed,Tuesday, Thursday:8:00am – 5:00pm and Saturday – Sunday:Closed.TRICare and major private insurances are accepted. Medicaid is not accepted.Please call for further
Medical Care-Western Tidewater Clinic	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk,	Ph: 757-923-1060 Fax:757-923-1068	Services: Medical and pharmacy services for individuals between the ages of 19-64 with no medical insurance. Hours of operation: Tuesday and Thursday 5:00
ODU Community Care Mobile Clinic (Rev.03/06/24)	ODU Community Care Mobile Clinic	Ph:757-45-CARES (757-452-2737) Email: oduprimarycareclinic@odu.edu	ODU Community Care is a FREE healthcare program serving all ages. Services include wellness physicals, sports and school physicals, urgent care visits, and chronic care management. ODU Community Care has an interprofessional team that can address most concerns, including behavioral and mental health issues,
SEVHS (South Eastern Virginia Health System)(formerly PICH)- Franklin Community Health Center (Rev.03/15/24)	Franklin Community Health Center 1357 Armory Drive Franklin, VA 23851	Ph: 757-304-5570 Fax: 757-304-5577 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: 8:00am – 5:00pm Monday-Friday.Bilingual staff available upon request. Please call for further information.
SEVHS (South Eastern Virginia Health System)(formerly PICH)- Main Street Physicians-Medical Care (Rev.03/04/24)	Main Street Physicians 157 N. main Street, Suite A Suffolk, VA 23434 -4507	Ph: 757-925-1866 Fax: 757-942-1282 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services.
Western Tidewater Free Clinic-Medical Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Medical Care,Dental Care,Vision Care,Woman's Health Program,Medical Specialists, Partnerships,
MEDICATION ASSISTANCE			
Franklin Health Department	Franklin City Health Department	Ph: 757-562-6109 Fax: 757-562-8688	Services: Medication Assistance Program and pharmacy services for individuals between the ages of 19-64 with no medical insurance. Hours of operation:
MENTAL HEALTH			
Adult and Child REACH- (Regional Educational	Western Tidewater Community Services Board	Emergency Services: Ph:757-925-2484	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Franklin City

Catholic Charities of Hampton Roads	Catholic Charities of Hampton Roads 510 N. Main Street	Ph: 757-562-6222 Fax: 757-562-3030	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains
GAP-Governor's Access Plan	GAP-Governor's Access Plan Western Tidewater	Magellan care manager Ph: 800-424-4270	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services
Maternal Health Mental Hotline (U.S. Health and Human Services)	Maternal Health Mental Hotline	Phone or Text : 1-833-0-HELP4MOMS	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have
Military Crisis Helpline (Rev.9/14/19)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL 1 to 830863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by
NAMI Virginia's Statewide Helpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Helpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn
National Suicide Prevention Lifeline	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: Ph:757- 516-2711 Website:www.stacey-scott-psyd.com	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal
Raiford Psychological Services (Stacey Scott, PsyD)	Raiford Psychological Services Stacey Scott, PsyD, 601	Ph:757- 516-2711 Website:www.stacey-scott-psyd.com	Raiford Psychological Services –Stacey Scott, PsyD provides Psychotherapy services for children and adults. Insurance accepted: Anthem Blue Cross and
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse;nutritional education and
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Empowerment) INITIATIVE (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc-entr.com	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called,"Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will include items that may conceal drugs, alcohol and contraband. The exhibit helps to educate parents and guardians on identifying early signs of substance and opioid abuse. There are
STOP Inc.-Opioid & Substance Use Disorder Community Response (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc-entr.com	STOP, working alongside the partners from the Franklin-Southampton County Wellness Coalition, has created a multifaceted platform to tackle the opioid used disorder (OUD) and substance use disorder (SUD) epidemic in the rural areas of Franklin and Southampton County. Efforts support treatment and recovery of those plagued by OUD/SUD, as well as, preventative measures through education of community
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue	Non-Emergency Help Line 757- 480-2427	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM
Western Tidewater Community	Western Tidewater Community	Main: 757-255-7133	Western Tidewater Community Services Board assure the delivery of community-
Western Tidewater Mental	200 East 2nd Avenue	Franklin	Western Tidewater Mental Health Center provides services to youth with Serious
Wishing Well Counseling Center (Rev.01/07/20)	Wishing Well Counseling Center 707 Gittings St. Ste 120 Suffolk, VA 23434	Ph:757-514-3248 Fax:75-) 809-5387	Wishing Well Counseling Center we are able to provide counseling pro bono or at a sliding scale rate. Please call for further information.
MULTICULTURAL SUPPORTS			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Franklin City

Commonwealth Catholic Charities-Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@ccc ofva.org Website: http://www.cccofva.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. ~~Our interpreters are tested and trained to ensure they provide accurate, complete,~~
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccofva.org ~~Website:~~	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residence applications, Family petitions for
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
ACT Raising Safe Kids Parenting Class-Bon Secours Family Focus and the American	Bon Secours DePaul Medical Center —Health Park on Granby Cancer Center	Contact: Delores Price Ph:757-886-6511 Email:	ACT Raising Safe Kids is an interactive parenting program sponsored by Bon Secours Family Focus and the American Psychological Association. This program will help parents to understand their child's behaviors and the ages and
Cooperative Parenting Program-Catholic Charities of Hampton Roads	Catholic Charities of Hampton Roads ~~510 N. Main Street~~	Ph: 757-562-6222 Fax: 757-562-3930 ~~757-467-7707 – Main Office~~	This is a Virginia Court Approved Program. Program helps parents and guardians to shield children from parental conflict, guide children through the process of recovery, reduce frustration and anger, reduce behavior problems and potential
Nurse Family Partnership-First Time Mothers (Rev. 6/27/19)	Nurse Family Partnership 135 Hall Street Suffolk VA 23434	Contact:Meredith Taylor Program Support technician Ph: 757-514-4727	Nurse Family Partnership is a based home visitation program for first time mothers who are pregnant 28 weeks or less. Once a parent is enroll a register nurse will visit the mother throughout pregnancy and continue to visit until baby is
Parenting Classes The Sake Program- The Up Center	The Up Center-Suffolk 109 1/2 Clay St Suffolk, VA 23434	Contact: Lisa Strickland Ph:757-965-8641 Website:http://www.theupcente	This is a Virginia Court Approved Program when CPS is involve. For children 4 years old and up. Classes Tuesday nights 6:00AM-8:00 PM (Duration 6 weeks).Pre-registration required. Family can reside at any city.
Parenting Classes The Step Program- The Up Resource Mothers	The Up Center-Suffolk 109 1/2 Clay St Suffolk, Resource Mothers Program Franklin Department of Health 200 Fairview Drive	Contact: Heather Mathews Ph:757-397-2121 Contact: Louise Morings Ph: 757-562-2213 & 757-562-6109	This is a Virginia Court Approved Program. Parenting Skill Program. For children 4 years old and up. Classes Tuesday nights 6:30AM-8:30 PM (Duration 6 weeks).Pre-registration required. Family can reside at any city.
The Childhelp National Child Abuse Hotline	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, provide assistance in over 170
The Children's Center Early head Start Home-Based Program (Rev.6/27/19)	The Children's Center Early head Start Home-Based Program	Contact: Laurie Phillips Ph:757-516-2722 Email:lphillips@childrenscent rva.com	The Children's Center is the grantee for the Western Tidewater Early Head Start program, which provides family-centered services to low-income pregnant women and families with children under the age of three. Early Head Start promotes the physical, cognitive, social, and emotional growth of young children as well as

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Franklin City

The Planning Council-Home Visiting Central Intake (Rev.6/26/19)	The Planning Council Home Visiting Central Intake 5365 Robin Hood Rd #700, Norfolk, VA 23513	Ph: 757-622-9268 Ext. 3042 or 3061 Contact:Mennie Nelson- Barnes Referral Email: mneslon-	The planning Council offers information, referral and screening for home visiting programs for new expectant and current parents, infant and toddler programs, developmental delay programs, parenting classes, prenatal care, alcohol and drug resources, domestic violence resources,etc.. Areas covered: Chesapeake,Norfolk,Portsmouth,Virginia Beach,Suffolk,Franklin,Isle of Wight and
UbiCare- Parenting and	UbiCare- Parenting and	Ph: 617-524-8861	UbiCare is contracted by the Defense Health Agency (DHA) of the United States
RECREATION			
Children's Center-Texie Camp Marks- Summer Camp	Children's Center-Texie Camp Marks 700 Campbell Avenue Franklin, VA 23851	Ph:757- 562-6806 Fax:757- 562-2992	At the Texie Camp Marks Children's Center located in Franklin and the Suffolk Children's Center, Summer Camp is available for children ages five to twelve. Summer camp features field trips, swimming and tennis lessons, and public library visits. Please call for further information.
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical School EV Williams Hall 855 W. Brambleton Ave Norfolk, VA 23510	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757- 446-5708 Fax:757- 446-8408 Email:Langleytr@evms.edu	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong and sure to be a great time in the classroom or at home.Please call or email for further information.
YMCA of South Hampton Roads- Teens FREE Membership (Rev.06/21/22)	James L. Camp JR. Family YMCA 300 Crescent Drive Franklin, VA 23851	James L. Camp JR. Family YMCA Ph: 757- 562-3491 Website:https://www.ymcashr.org	YMCA of South Hampton Roads is excited to provide teens FREE memberships this summer (June-August 2022, ages 13-18) through its Sponsor-a-Teen Program. Teens looking to receive a free membership simply fill out a quick, easy online application (or they can come to a YMCA of South Hampton Roads location with their parent or guardian to sign their participant waiver.
RESPIRE			
Care Advantage, Inc.	Care Advantage, Inc. 111 East 2nd Avenue Franklin, Virginia 23851	Ph:757-562-3065 Website:www.careadvantageinc.com	Care Advantage, Inc. provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family member or primary caregiver and provides relief
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Ph:757- 942-1069 Fax:757- 925-2210 757-255-7133 Main Number OR Visit the website to find local CSB:Website:https://vacsb.org OR http://vacsb.org/community-	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship and Vocational Services Insurance. They currently accept

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Services Provided in Franklin City

Respite Care Program-Franklin	Children's Center 700 Campbell Avenue Franklin, VA 23851	Contact: Tamie Rittenhouse Ph: 757-562-6806	Respite Care is a service that provides temporary childcare for persons with developmental disabilities. Care providers are knowledgeable of most special services which be required by a client. The availability of services, fees, and additional information can be received from the program in your city. Must call for information.
SAFETY			
Child Safety Seat Program Franklin Health Department (Rev.06/11/24)	Franklin City Health Department 200 Fairview Drive Franklin, VA 23851	Ph: 757- 562-6109 or 757- 653-3040 Fax: 757-562-2630 Toll Free:1-800-732-8333.	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat. Eligibility: Live in Virginia (citizenship not required),Custodial parent, legal guardian, or foster parent,Child is seven years old or younger,Pregnant mother must be in last trimester of pregnancy,Income eligible for WIC, SNAP, Medicaid, TANF, or FAMIS,Available to attend a training, to learn how to correctly use and install a safety seat and booster seatbased on income. Covered Areas: Franklin City. Please call to apply and schedule training appointment.
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website: https://poisonhelp.hrsa.gov Ph: 757-514-4545 Toll Free: 1-877-580-LIFE Main:757-546-5502	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the ~~help they need over the phone, and most people do not have to go to a doctor or~~ Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support to law enforcement, public safety organizations and ~~community groups throughout the country and nation. Please call for further~~ Please contact Franklin Fire-Rescue to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
Project Lifesaver- Suffolk/Franklin	Project Lifesaver Suffolk Suffolk Fire and Rescue 300 Kings Fork Road Suffolk, VA 23434	Ph: 757-514-4545 Toll Free: 1-877-580-LIFE Main:757-546-5502	
Smoke Detector Program (Rev.4/2/19)	Franklin Fire-Rescue	Ph:757- 562-8581 Website: https://www.franklinva.com/government/departments/fire-and-rescue/	
SUBSTANCE ABUSE			
GAP-Governor's Access Plan	GAP-Governor's Access Plan Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Magellan care manager Ph:1-800-424-4279 (service 24 hours, 7 days per week) Local CSB	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services-	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website: www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.

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National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
Right Path Addiction Treatment Center (Rev.4/17/18)	Right Path Addiction Treatment Center	Ph:757- 614-1524	Right Path Addiction Treatment Center offers a number of treatment options for opioid addiction. Medicaid is accepted.
Salvation Army-Adult Rehabilitation Program	510 North Main Street Franklin, VA	Ph:757- 516-2636	The Salvation Army has no-fee adult rehabilitation residential treatment facilities to offer spiritual, emotional, and social assistance to those who have lost the ability to cope with their problems and provide for themselves. Their free programs provide housing, food, counseling, community, and employment as we work to treat the symptoms, and ultimately the root causes, of prolonged alcohol and drug dependence. please call for further information
SEFP-(South-Eastern Family Project) Hampton Newport News CSB (Rev-8/14/18)	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue Newport News, VA 23607	Ph:757-245-1070 Western Tidewater Community Services Board 757-255-7133 757-255-7136 Substance Abuse Services	SEFP (South-Eastern Family Project) Is a program from Hampton Newport News CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use disorders. Services are provided in a healthy, stable and secure residential environment where women and their children or newborns can remain together throughout the treatment stay. Target Group: Pregnant women over the age of eighteen (18) who are addicted to
Southampton Memorial Hospital-Addiction Self Recovery	100 Fairview Drive Franklin, VA	Ph:757- 569-6100 Hotline:800- 838-1752 OR 866-255-3350.	Southampton Memorial Hospital-Addiction Self Recovery program offers a three-step detoxification program that includes primary care, individual and group counseling and professional treatment groups and patient directed social and support activities. Referral is uncomplicated and can be initiated by the patient, a family member, friend, employer, court program or any health care professional. The program accepts most insurance, including Medicare and Medicaid, but there
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/ ~~Website: http://www.yourlifeyou.org/~~	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
Western Tidewater Clinic	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Website: www.wfreeclinic.org	Western Tidewater Free Clinic primary focus-mix of mental health/substance abuse services; substance abuse treatment; outpatient; persons with HIV/AIDS, Women, DUI/DWI offenders; self payment, Medicare, private health insurance, military insurance (e.g. VA, TRICARE); sliding fee scale (fee is based on income/other factors); ASL or other assistance for hearing impaired.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			

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Services Provided in Franklin City

Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer participation and educational resources. This group is open to lung cancer survivors, their families, and friends to meet their unique needs.
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone-Parent Support Group (Rev.03/02/20)	Red Balloon-You're Not Alone-Parent Support Group	Website: https://littlehearts.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a child.
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Lighthouse Guild Teleconference Group for	Virginia Department for the Blind & Vision Impaired	Contact: Judith Millman, Facilitator Contact:	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further
THERAPEUTIC FOSTER CARE			
THERAPIES			
Children's Therapy Concepts,LLC (Rev. 6/23/20)	Franklin Office: 107 E. Third Avenue Franklin, VA 23851	Contact: Kim Mallon Ph:757-776-3088 Cell:757-812-3288 Fax:757-612-4499 Email:mailto:kmallon@childrenstherapyconcepts.com Website:https://childrenstherapyconcepts.com	Children's Therapy Concepts,LLCThey provide services to the very young with special needs, often from birth to age 18. These services include outpatient pediatric occupational therapy, speech therapy and physical therapy. Services could be provided in the home or other natural environments including, school, daycare, or in the community. This is an Early Intervention Provider Agency. Insurance Acceptance: t Humana Military,Anthem,Aetna,Cigna,Optima,Virginia Premier and All Medicaid HMO.Please call for further information.
The Children's Center -Pediatric Therapy	The Children's Center - Pediatric Therapy Texie Camp Marks Children's Center 700 Campbell Avenue Franklin, VA 23851	Ph:757- 562-6806 Fax:757- 562-2992 Email:jzeigler@thechildrenscenter.cc. Website: www.thechildrenscenter.cc	The Children's Center offers pediatric therapy to infants through young adults twenty-one years of age. The Virginia Department of Health licenses the Children's Center to provide these services within the state. Services include: speech therapy, Occupational therapy, etc. Please call for further information.

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Services Provided in Franklin City

TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-Where is my Ride:855-325-7581, Option 1 TTY:711	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
Catholic Charities of Eastern Virginia- CARES services-Transportation Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366 Fax: 757-495-3206 Website: www.cceva.org	Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit or weekly phone call. Please call for further information.
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877 790 9472	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride:	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.

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Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev.	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*Franklin Lion's Club Contact: Dig Gilbert Ph: 757-334-0768 Website: www.lionsclubs.org ~~You must contact Lions club~~	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Western Tidewater Free Clinic- Eye Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Vision Care and Pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the FPL,: Have no medical insurance and not eligible for Medicare or VA benefits. Hours:Monday - Thursday- 9am - 4pm and Friday: 9am - 1pm. Please call or visit the website for further information.
WAIVER CONTACTS			

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Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.9/12/24)	CCC Plus Waiver Franklin Department of Social Services 306 N Main St Franklin, VA 23851 Franklin Department of Health 200 Fairview Drive P.O. Box 595 Franklin VA 23851	Call to request Screening: Must contact Franklin Department of Social Services Ph:757-562-8520 Franklin Department of Health Ph: 757-562-6109 Fax:757-562-2630	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and	Waiver Experts- BI,FIS and CL Waiver Western Tidewater Community Services Board 5268 Godwin Boulevard, Suffolk, VA 23434	Ph:757-942-1069 Contact: Theresa Pope Email:tpope@wtcsb.org Rebecca Shaw, Email:rebecca.shaw@wtcsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Ph:757- 942-1069 Fax:757- 925-2210 757-255-7133 Main Number OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF/IID) and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement,
Community Living (CL) Waiver	CL Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Ph:757- 942-1069 Fax:757- 925-2210 757-255-7133 Main Number OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF/IID) and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement,
Family and Individual Support (FIS) Waiver	FIS Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Ph:757- 942-1069 Fax:757- 925-2210 757-255-7133 Main Number OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement,

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	6641 Short Lane, P.O. Box 1390, Gloucester, VA 23061	Gloucester Department of Social Services Ph:804- 693-267 Fax:804- 693-5511 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment.
Child Protective Services (CPS) (Rev.08/24/23)	6641 Short Lane, P.O. Box 1390, Gloucester, VA 23061	Gloucester Department of Social Services Ph:804- 693-267	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	To report suspected human trafficking:866-347-2423 To get help from the	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for
VersAbility Resources	VersAbility Resources 6632 Main Street, Gloucester, VA 23061	Ph:804- 693-3114	VersAbility Resources supports and advocates for people with disabilities throughout their lives in employment, community living, day support and early childhood programs. Please call for further details.
William & Mary Law School-Elder & Disability Law Clinic (Rev.1/11/19)	W&M Law School Elder & Disability Law Clinic P.O. Box 8795 Williamsburg, VA 23187-8795 Physical Address:	Ph: 757-221-7440 Fax: 757-221-1855 Email:elderlaw@wm.edu	The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to carry out those plans. Additionally, should the need arise, the Clinic provides advocacy for clients who are unable to speak for themselves. The Clinic assists with the following: Wills Powers of
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant	Contact: Tierra Langley Ph:757-446-5708 OR	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers'
Gloucester County-WIC Program- Lactation/Breastfeeding Classes (Rev.12/03/19)	Gloucester County-WIC Program- Lactation/Breastfeeding	Contact: Stacey Revis Ph: 757-514-4722 Fax: 757-562-2630	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
Jennifer Hall, International Board Certified Lactation Consultant	Jennifer Hall, International Board Certified Lactation	Ph: 804.642.1620	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health	Hampton Roads Breastfeeding Education Advocacy Team -	Contact: Tierra Langley Ph:757-446-5708	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a
BURIAL ASSISTANCE			

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Burial Expenses Assistance- Gloucester Department of Human Services (Rev.10/22/20)	Gloucester Department of Social Services 6641 Short Lane P.O. Box 1390 Gloucester, VA 23061-0186	Ph: 804- 693-2671 Fax:804- 693-5511	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further information
CHILD CARE			
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 option 2 Statewide number: Ph:866- 481-	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-0846 or use the Customized Referral
Denise Carter (Rev.07/21/20)	4796 Gumfork Road Gloucester 23061	Contact: Denise Carter Ph:804- 654-9496	Denise Carter is a child care provider. Licensed: Voluntarily Registered Day Home. Ages: 0-12 Years. Please call for further information.
Gloucester Learning Center (Rev.07/21/20)	2475 Hayes Rd Hayes VA 23072	Contact: Laura Taylor Ph:804-642-2000	Gloucester Learning Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Grand Kids Child Care Center (Rev.07/21/20)	3152 Hickory Fork Rd Gloucester 23061	Contact: Brenda Martin Ph:804- 639-2660	Grand Kids Child Care Center is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Little Lights Child Care Center @ Lighthouse Worsh (Rev.07/21/20)	4299 George Washington Memorial Hwy Hayes VA 23072	Contact: Holly Cramer Ph:804-684-0713	Little Lights Child Care Center @ Lighthouse Worsh is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Petsworth Baptist Church Preschool (Rev.07/21/20)	2471 Hickory Fork Rd Gloucester 23061	Contact: Kyle Johnston Ph: 804-693-3024	Petsworth Baptist Church Preschool is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Stephenson Child Care & Development Center (Rev.07/21/20)	2876 Abingdon Heights Drive Hayes VA 23072	Contact: Jessica Shelton Ph:804-642-2174	Stephenson Child Care & Development Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Starting Point Academy (Rev.07/21/20)	10487 Harcum Rd Gloucester 23061	Contact: Bobbie Brown Ph:804- 694-5258	Starting Point Academy is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
DENTAL CARE			
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314-689-0293 Website:: https://www.aaoinfo.org/ /do	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•I Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less, Child should not be currently in braces or between phases of treatment, (DOS Patients cannot already be in braces or between phases of orthodontic treatment.). Child should

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Gloucester-Mathews Free Clinic-Dental Services (Rev.03/15/24)	Gloucester-Mathews Free Clinic 6031 Industrial Drive Gloucester, VA 23061 Mailing address P.O. Box 684 Gloucester, VA 23061	Ph:804- 210-1368 Fax: 804- 684-3691 Website: www.gmfreeclinic.com	Gloucester-Mathews Free Clinic mission is to provide community-based dental care services for the residents of Gloucester and Mathews Counties who lack health insurance or enough income to pay for it. Services: Basic Dental Services are available (cleanings, fillings, and extractions), dentures and partials Please call for further information.
Hampton Roads Pediatric Dentistry (Rev.09/30/23)	6882 Main Street, Suite A Gloucester, VA 23061	Ph:804-695-2575 Website:www.hrpediatricdentistry.com	Hampton Roads Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Staff: J.B. Martin, DDS. Other: In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.
Oceans of Smiles Pediatric Dentist (Rev.09/30/23)	2674 George Washington Memorial Hwy, Suite B Gloucester, VA 23072	Ph:757-874-0660 Email:office@swihartorthodontics.com Website:https://swihartorthodontics.com	Oceans of Smiles Pediatric Dentist offers braces for children, teens, and adults. They specialize in individual care. Most insurances and private pay are accepted. Please call for further information.
Pediatric Dental Specialists of Williamsburg (Rev.07/01/21)	213 Bulifants Blvd suite b, Williamsburg, VA 23188	Ph:757- 903-4525 Fax:757- 903-2730 E-mail:info@williamsburgpedi	Pediatric Dental Specialists of Williamsburg is the dental specialty that is dedicated to the treatment of children from infancy through the teenage years. Services offered for your child: Routine cleaning and check-ups, One Year Old First Dental Visit, Digital X-rays, Restorative treatment, Limited Orthodontics,
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 Email:E: nicole.miller@tidewaterasa.org Website:www.tidewaterasa.org AND www.autism-society.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully included, participating members of their
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists respond to most often include: Current epilepsy treatment and alternative therapies, Medication questions,

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EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of parents to serve as peer counselors, a home health visit, subspecialty care for the more severe
Riverside Walter Reed Center-Cancer	Riverside Walter Reed Center-Cancer 7519 Hospital Drive,	Ph:804-693-8801 Fax:804-693-8816	Riverside Walter Reed Center-Cancer provides a wide variety of materials including literature, books, video tapes, and access to the latest information on cancer diagnosis and treatment.
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 Tiffany: Intake: 757-512-	ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com Website:www.activeforever.com	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com Website:www.aisquared.com	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information.
American Printing House for the Blind Inc. (Rev.1/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org Website:www.aph.org	American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please call for further information.
Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph:757- 852-3929	Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
Bellamy United Methodist Church- Greater Hampton Roads Diaper Bank (Rev.09/06/22)	4870 Chestnut Fork Rd. Gloucester, VA 23061	Ph:804-694-5142 Website:Website:http://ghrddiaperbank.org	Bellamy United Methodist Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email:beth@catdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need
FREE Foundation of South Hampton Roads Chapter	FREE Foundation of South Hampton Roads Chapter 500 Sentara Circle, Suite 201 Williamsburg, VA 23188	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: Williamsburg@freefoundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org. In Virginia, children in need of mobility equipment have access to many other

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Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website: http://www.lincare.com/	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph:757-424-4822 Fax: 757-424-5871 Toll Free: 800- 965-2689 Website: http://www.lincare.com/	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 Website:	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965 Website: https://www.numotion.com/	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Reach Orthotic & Prosthetic Services (Rev.12/05/23)	Reach Orthotic & Prosthetic Services 7578 Hospital Drive, Suite 106 Physical Therapy Suite Gloucester, VA 23061	Ph:757- 595-9800 Fax: 757- 595-2722 Website: https://www.reachortho.com	Reach Orthotic & Prosthetic Services in Newport News, offer services in Prosthetic & Artificial Limbs. They specialize in Prosthetic & Artificial Limbs. Hours of Operation are:Thurs: 8:00 am – 4:30 pm.Serving:Newport News, Hampton, Yorktown, Chesapeake, Norfolk, Suffolk, Virginia Beach, Williamsburg, Gloucester, and the entire Hampton Roads area. Please call for further information.
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080 Fax: 757- 599-3855 Toll Free:800-	Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
DOMESTIC VIOLENCE			
Laurel Shelter,Inc.	Laurel Shelter,Inc.	Ms. Cherie F. Stone,	Laurel Shelter, Inc. is pleased to offer their services to domestic violence and
LGBTQ Partner Abuse & Sexual loveisrespect	LGBTQ Partner Abuse & loveisrespect	866-356-6998 Ph: 866-331-9474	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to Loveisrespect's purpose is to engage, educate and empower young people to
National Sexual Assault Hotline	National Sexual Assault	Hotline:800-656-HOPE	The National Sexual Assault Hotline is a 24/7 safe and confidential service to
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233) TTY:800-787-3224 Website: http://www.thehotline.org/	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. <u>Free and confidential live chat is available 24/7. Services are available in</u>
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance (4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org)). Website: www.vadata.org/ch	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer <u>survivors of violence particularly those who are traditionally underserved an</u>
EARLY INTERVENTION			
Infant Stimulation Program	Rural Infant Service Program	Contacts: Kathy Phillips Ph:	The Early Intervention program provides therapy/specialized services for
EDUCATION			

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Department of Special Education	Fran Goforth ,Director	Ph:804-693-7880	"Special education" means specially designed instruction, at no cost to the
Gloucester Homeless Education	Rita Cargill-Brown	Phone: 804-693-7856	Local homeless education liaisons are Local Educational Agency (LEA) staff
Head Start	Registration: Parent & Child Development Center, INC 702 Main St	Ph:804- 843-2289 ext. 2105 Website:http://www.pcdcva.org	Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers develop the early reading and math skills they need to be
Regional Special Education Program-Gloucester	Middle Peninsula Special Education Center 6385 Main Street Gloucester, VA 23061	Contact: Dr.Larry J. Hoover Ph: 804-693-5739 School Ph: 804-281-0010	Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other settings and instruction in physical education. The term includes
Virginia Adult and Literacy Services-	Virginia Adult and Literacy	Ph: 804-693-4795	The Office of Adult Education and Literacy provides services related to adult
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samh sa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers: "ASL Now" button or call	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety,
Virginia Department of Emergency	Virginia Department of	Contact: Emily Ashley,	The Virginia Department of Emergency Management – Protecting the lives and
EMPLOYMENT			
Creative Vocations LLC.	Creative Vocations LLC	Ph:757-344-8821	Creative Vocations, LLC supports adults with Developmental and Intellectual
VersAbility Resources-Lewis B.	6632 Main Street,	Ph:804- 693-3114	VersAbility Resources supports people with disabilities throughout their lives in
Virginia Employment Commission-Gloucester	Peninsula Workforce Development Center 600 Butler Farm Road, Suite B	Ph: 757-865-5800 Fax: 757-865-5824	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farmworkers, Rural Services Program, Work Opportunities Tax Credit
Virginia Workforce Investment Board-Greater Peninsula	Peninsula Workforce Development Center 600 Butler Farm Road- Suite B Hampton, VA 23666	Ph: 757-865-5800 Fax: 757-865-5824	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the r Workforce Centers make available job search assistance to individuals, and recruiting and
Virginia Workforce Investment	Board-Greater Peninsula Post Office 7489 Hampton, A 23666	Contact: Bill Mann Ph: 757-838-5206 Email: crwib@ci.newport-news.va.us	The workforce investment act rewrites current federal statues governing programs of job training, adult education and literacy, and vocational rehabilitation, replacing them with streamlined and more flexible components of workforce development systems
FINANCIAL ASSISTANCE			
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of	Website:https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below
Bellamy United Methodist Church-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	4870 Chestnut Fork Rd. Gloucester, VA 23061	Ph:804-694-5142 Website:Website:http://ghrddiaperbank.org	Bellamy United Methodist Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

Department of Social Services-The	903 Enterprise Parkway	Ph:757- 766-3710	The Division of Child Support Enforcement (DCSE) is a division within the
Connect2Compete-affordable	Connect2Compete-affordable	Ph:855-222-3252	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students
Cooling Assistance Program -	Cooling Assistance Program -	Ph: 804- 693-2671	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases
Cover Virginia-Virginia-Based	1.Town Center Physicians	1.Town Center Physicians	Cover Virginia-Virginia-Based Assistors is a service available in-person across
Crisis Assistance Program - Virginia	Crisis Assistance Program-	Ph: 804- 693-2671	Crisis Assistance is intended for emergency situations. It helps eligible
Energy Share Agencies-Gloucester Salvation Army	Gloucester Salvation Army Ph: 804-642-3960	Gloucester Salvation Army Ph: 804-642-3960	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and electricity) and cooling assistance (for Virginia customers only) in summer.
Gloucester Department of Social Services	Gloucester Department of Social Services 6641 Short Lane P.O. Box 1390	Ph: 804- 693-2671 Fax:804- 693-5511	Gloucester Department of Social Services' mission is to provide benefits and services to the citizens of Gloucester based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore family
Heating Assistance Program - Virginia LIHEAP-Gloucester Department of Social Services (Rev.5-9/19)	Heating Assistance Program - Virginia LIHEAP-Gloucester Department of Social Services 6641 Short Lane	Ph: 804- 693-2671 Fax:804- 693-5511	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be met. The
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/lis/ Providers:	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide proof of one of the
Meals on Wheels	Meals on Wheels- 6650 Main Street Gloucester, VA 23061	Ph:804-693-4150	Meals on Wheels provides meals packaged and delivered M-F for people with disabilities and elderly through the PAA for residents in Gloucester. Please call for further information.
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs are available in different areas of the
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website: www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website: www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0:	Molina Complete Care Provider Listings.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph: 757-552-8875	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings-United Healthcare	Ph: 866-622-7982, Website: www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website: www.virginiamedicaid.dmas.virginia.gov/wps/p	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the
Medicaid	Gloucester Department of Social Services	Ph: 804- 693-2671 Fax: 804- 693-5511	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM)	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-
One Harvest Food Ministry	One Harvest Food Ministry 7741 Terrapin Cove Road	Ph: 804-642-6045 Site Contact: Alice Oldfield	One Harvest Food Ministry offers food boxes at wholesale prices. Pickup Time: Day of distribution 7:30am to 9:00am. Please call for further information.
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website: https://www.healthy	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to
Riverside Health System-Riverside Walter Reed Hospital -Charity /Indigent Care Program	Riverside Health System-Riverside Walter Reed Hospital -Charity /Indigent Care Program	Contact: Riverside Health System Business Office Ph: 757-534-7300 Website:	Riverside Health System has several levels of hospital-approved charity as well as discounts for patients based on their family size and income level for clinically urgent services. Charity care is available to patients receiving non-elective care who meet certain income guidelines and have assets less than
Sentara Health System/Hospital/Charity Indigent Care	Sentara Health System/Hospital/Charity Indigent	Ph: 757-233-4600 Toll Free: 1-877-768-	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured
Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph: 866-331-9169 Main Number: 800-772-	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasonbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph: 866-348-6479 to find a site near you. Text FOOD to 877-877	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This
United Way Community Assistance Network (CAN) (Rev.11/09/22)	1323 Jamestown Rd Suite 101, Williamsburg, VA 23185	Ph: 757- 229-2222 Website: https://www.uwvp.org/help	Conducts self-sufficiency screening to determine needs so that they can connect clients to resources that can have a longer-term impact on their social, financial and educational wellbeing. United way refer clients to agencies and faith partners to provide health services, emergency utility assistance, eviction prevention, legal aid ,emergency shelter, food and clothing. They also make referrals for credit counseling, financial planning and adult literacy. Please call for further information.
FORMULA/NUTRITION			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

Gloucester County Health ~~Department WIC Program~~	Gloucester County Health ~~Department WIC Program~~	Ph: 804-693-2445 OR ~~804-693-6130~~	The WIC program offers supplemental food program for children from birth to ~~age 5, pregnant and breast feeding women. Services provided include~~
Gloucester County Health ~~Department WIC Program~~	Gloucester County Health ~~Department WIC Program~~	Ph: 804-693-2445 OR ~~804-693-6130~~	The program provides nutrition education, breast feeding promotion and ~~support to prenatal women and children (under 5 years old). Supplemental~~
HOME CARE			
Affinity Care of Virginia (rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Affinity Care offers hospice care to individuals with terminal illnesses in Virginia. Hospice care focuses on providing terminally ill patients with end-of- life support services that improve their quality of life and allow them to pass
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F,	Ph: 757- 405-3203 Fax: 757- 405-3026	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and
Endependence Center (Rev.7/10/19)	Endependence Center	Contact: Maureen Hollowell Ph:757-351-1584	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Faith N Action (Rev.7/10/19)	Faith N Action	Ph:757-816-4785 OR 757-493-3635	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757- 262-1550 OR	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Gerontecture-CCC Plus Waiver Facilitator	4240 Birdella Dr, Williamsburg, VA 23188	Owner/Director: Charlie Martino Ph:757-426-4041	CCC Plus Waiver Facilitator. Serves: Gloucester, Williamsburg/James City County, Hampton, Newport News, York, Poquoson
Heartland Hospice Care (Rev.03/14/25)	Heartland Hospice Care 41 Old Oyster Point Road , Suite D, Newport News, VA, 23602	Ph: 757- 594-8215 Toll Free: 800- 375-2488 Fax: 757- 594-8530	Heartland Hospice Care provides hospice services, specializing in symptom and pain management for individuals who have a life limiting illness. The hospice team works with the patient and his/her family to provide a comprehensive program of psychosocial and spiritual support, medications, therapies, patient and family education, comforting treatments, equipment and supplies and bereavement services. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare. Service Area:Gloucester , Hampton , James City County , New Kent , Newport News, Poquoson, Williamsburg and York County.Please call for further information.
Hope In-Home Care (Rev.08/02/21)	Hope In-Home Care 6762 Main St.	Ph:804-824-9232 Fax: 804-824-9235	Hope In-Home Care is a Medicaid certified home health agency who provides private duty nursing, skilled nursing, personal care and respite services. Please
Immanuel HealthCare (Rev.7/10/19)	Immanuel HealthCare	Ph:757-547-8400	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-497-7401	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Moms in Motion -CCC Plus (Commonwealth Coordinated Care	Moms In Motion P.O. Box 609,	Ph: 844- 828-5591 Fax: 703- 468-4958	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

Self-Directed Care Professionals Inc. (Rev.09/30/19)	4869 Clopton Drive Hayes, VA 23072	Ph: 804-684-5973	Self-Directed Care Professionals Inc. provide personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads
Heart Song Care	Heart Song Care	Ph: 757-877-4597 Fax: 757- 877-4280	Heart Song Care is skilled at providing long-term, continuous care to chronically ill patients, providing home health care, and companion services to those in need and ensuring continuity of care within the familiar surroundings
Hope In-Home Care	Hope In-Home Care	Ph: 804-824-9232	Hope In-Home Care is a Medicaid certified home health agency who provides
Maxim Healthcare	11818 Rock Landing Drive, Newport News, VA 23606	Ph: 757- 595-8822 Fax:855- 415-4963 E-mail:	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
HOUSING ASSISTANCE/HOUSING			
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from incarceration
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910 Email:	House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner, chapel services, bunk and showers.Eligibility:This
Regional Housing Crisis Hotline	Regional Housing Crisis Hotline	Ph:866-750-4431	A new regional Housing Crisis Hotline is now open so that with one call, anyone facing a housing crisis in Hampton Roads can reach over 1200 resources within 24 hours. If you or someone you know is experiencing any
South Hampton Roads Habitat For Humanity-	Gloucester-Mathews, HFH of 6963B Mid County Ln Hayes, VA 23072-2833	Ph:804 695-9655 Fax: 804- 824-9315 Website: :	Habitat for Humanity constructs homes for people with poverty and low economic levels. This program is operated by the use of volunteers to reduce costs. No experience is necessary as qualified construction experts are on
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph:757-668-7132 Fax: 757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination;
DisabilityNavigator	DisabilityNavigator	Ph:804- 525-7728	DisabilityNavigator is a non-profit organization that provides free information
Newport News Behavioral Health Center	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/ Email:info@resources757.or	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211	2-1-1 VIRGINIA provides information and referral for the following basic human

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

INSTITUTIONAL CARE/SUPPORTS			
The Arc's Envisions Day Support program	The Arc's Envisions Day Support program 6632 Main Street	Ph:757- 896-8472 Email:bmonceau@arcvape.org.	The Arc's Envisions Day Support program provides structured activities and learning opportunities for older individuals and others with significant disabilities for whom work is not possible. More than 55 individuals participate
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	6641 Short Lane, P.O. Box 1390, Gloucester, VA 23061	Gloucester Department of Social Services Ph:804- 693-267 Fax:804- 693-5511 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in emergency
Child Protective Services (CPS) (Rev,08/24/23)	6641 Short Lane, P.O. Box 1390, Gloucester, VA 23061	Gloucester Department of Social Services Ph:804- 693-267	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration
Division of Child Support	Division of Child Support	Ph:800-468-8894	Division of Child Support Enforcement partners with federal, state, tribal and
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freel	Free Legal Answers is a services where you will ask a volunteer attorneys a
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300 Virginia Beach VA 23462	Ph: 757-938-9130 Website:http://jfschamptonroads.org/	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive on-going case management and on-going monitoring of their needs and services. Please call for further information.
Peninsula Legal Aid Center - Williamsburg Annex (Rev.10/28/20)	Peninsula Legal Aid Center Williamsburg Annex 199 Armistead Ave Williamsburg, VA 23185-2604	Ph: 757-220-6837 / TT Toll Free:1-888-868-1072 (866- LEGL-AID). Email:info@lacsociety.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases
The Heritage Law Group (Rev.09/30/23)	6558 Main St #2, Gloucester, VA 23061	Ph:757- 898-0898 Fax:757-898-4099 Website:https://theheritagelawgroup.com	The Heritage Law Group goal is to protect the personal and financial relationships that support your family. This includes preparation for times when you may be incapacitated and making arrangements for your family in the event of your death. They serve the Virginia Peninsula, the Middle Peninsula
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services -	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email:	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from
Virginia Lawyer Referral Service	Virginia Lawyer Referral	Ph:800-552-7977	Virginia Lawyer Referral Service is a statewide referral source for lawyers

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Services Provided in Gloucester

William & Mary Law School-Elder & Disability Law Clinic	W&M Law School Elder & Disability Law Clinic 800-8-8385	Ph: 757-221-7440 Fax: 757-221-1855 Email: Elder & Disability Law Clinic	The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with long-term health care financing, estate planning, and other legal needs.
LGBTQ			
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 11/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text: 804-793-9999 Website: www.gvupdate.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph: 877- 565-8860 Website: http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily to transgender people experiencing a crisis, needs, who
Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev. 08/18/20)	Virginia Beach	Ph: 757-563-4784 Email: Transactivistva@gmail.com	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to
MEDICAL CARE			
Courthouse Pediatrics (CMG)-CHKD Affiliated	Courthouse Pediatrics (CMG)-CHKD Affiliated 7363 Walker Avenue Drawer 800 Gloucester , VA 23601-0800	Ph: 804- 695-0305	Serving our community since 2000, we emphasize a warm and relaxed atmosphere where children feel comfortable. Our patients really leave their mark! Babies from our practice are celebrated on our "baby footprint" wall. We strive to keep children healthy by focusing on the well-being of the child from birth through adolescence. Our staff also participate in the Reach Out and Read program. Office Hours: Monday-Thursday 8:00 AM - 4:30 PM and Friday 8:00 AM - 4:30 PM. ~~Special List of Insurance Accepted: Aetna, US Healthcare~~
Gloucester County Health Department	Gloucester County Health Department 6882 Main Street Ste. C-F P.O BOX 663	Ph: 804-693-2445 OR 804-693-6130 Fax: 804-693-0043	Services provided: Family planning, Pregnancy testing, STD counseling screening examination, diagnosis, treatment and follow up, preconceptional health, Immunizations(required for school are free others minimal charge), HIV primary care and supportive services, AIDS drugs Assistance Program,
Gloucester-Mathews Free Clinic (Rev.03/15/24)	Gloucester-Mathews Free Clinic 6031 Industrial Drive Gloucester, VA 23061	Ph: 804- 210-1368 Fax: 804- 684-3691 Website: www.gmfreeclinic.com	Gloucester-Mathews Free Clinic mission is to provide community-based healthcare for the residents of Gloucester and Mathews Counties who lack health insurance or enough income to pay for it. Services includes: primary care visits, chronic care visits, nurse visits, etc. Hours: clinic hours: Monday -
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic -Medical and Dental	Website: https://lackeyclinic.org/lackey	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an
Medical Care-Town Center Physicians	Town Center Physicians 10980 Buckley Hall Road	Ph: 804- 725-9191; Website: www.nich.org	Community Health Center that provides services as: Pediatric and well baby visits, Vaccinations, Health nutrition education and counseling, case
Sentara Urgent Care (Rev.03/31/25)	5659 Parkway Drive Gloucester, VA 23061	Ph: 804-381-4361	Sentara Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is available for uninsured individuals for clinical visit with Instant Lab Test – \$125, clinical visit with Services – \$195 and clinical visit with Procedure – \$250. Hours: Monday – Friday: 8:00am – 8:00pm Saturday – Sunday: 8:00am – 4:00pm. Thanksgiving – Closed Christmas – Closed.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Gloucester**

MEDICATION ASSISTANCE			
Gloucester-Mathews Free Clinic-Medication Assistance (Rev.03/15/24)	Gloucester-Mathews Free Clinic 6031 Industrial Drive	Ph:804- 210-1368 Fax: 804- 684-3691 Website:	Gloucester-Mathews Free Clinic prescription assistance program mission is to provide assistance with the cost of prescriptions. Pharmacy Hours:Monday, Tuesday, Thursday: 8:30 a.m. - 2:30 p.m and Friday: 8:30 a.m. - 12:00
MENTAL HEALTH			
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB	Middle Peninsula-Northern Neck Community Services Board-CSB P.O. Box 40	Emergency Services: 804-693-2673 OR 800-542-2673	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively
Catholic Charities of Hampton Roads	Catholic Charities of Eastern Virginia Must Go to the Newport News Location: 12829 Jefferson Ave Suite 101 Newport News, VA 23602	Ph: 757-875-0060	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling, family counseling, clinical counseling.
GAP-Governor's Access Plan	GAP-Governor's Access Plan Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:804-758-5314	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant; No health insurance, including Medicaid,
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Family Preservation Services (FPS) (Rev.01/08/21)	FPS Peninsula Office 739 Thimble Shoals Blvd. Suite 706 Newport News, VA 23606	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 757.873.0130	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our
Genesis Counseling-Gloucester (Rev.12/23/24)	Genesis Counseling 6169 Main St, Gloucester, VA 23061	Ph:757-564-3100 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management Anxiety Art Therapy Attachment Issues Attention-

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide
Middle Peninsula-Northern Neck Community Services Board-CSB	Middle Peninsula-Northern Neck Community Services Board-CSB P.O. Box 40 Saluda, VA 23149	Ph:804-758-5314 804-758-5314 Toll Free: 800-639-9668 COPE Crisis Hotline: 800-542-2673	Middle Peninsula-Northern Neck Community Services Board-CSB provides services to ensure that individuals who need mental health services receive them with care and compassion using the highest clinical standards. Services: Counseling is available for individuals and families. Marital and group therapy are also available, as well as mental health outpatient care. Emergency
Middle Peninsula-Northern Neck Community Services Board-CSB Gloucester Counseling Center	P.O. Box 40 Saluda, VA 23149	Gloucester Counseling Center Contact: Deborah Richardson, LMFT, LSATP Mental Health Outpatient Coordinator, GCC	Counseling is available for individuals and families. Marital and group therapy are also available, as well as mental health outpatient care. Please call for further information.
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or treatment they need through tough times.
NAMI Virginia's Statewide Hpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email:	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 Veterans Crisis Line: 800-273-8255	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.
Phillips and Rose Counseling Services	Phillips and Rose 7580 Hospital Drive Gloucester, VA 23061	Ph:804693-0810 Fax:804-693-0211	Phillips and Rose provides Psychotherapy services for children and adults.*Every therapist accepts Medicaid.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email:info@thechasfoundati on.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness, Increase access to effective treatment for the mentally ill, Save lives of those dealing with a mental illness by working with private and public professionals, Provide support, through education, for family members dealing with their loved one's mental illness. Please call for further information.
The Middle Peninsula Northern Neck CIT program-Gloucester CIT- Crisis Intervention Team (Rev.02/02/01)	The Middle Peninsula Northern Neck CIT program-Gloucester CIT- Crisis Intervention Team	Ph:804-210-1224	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders. CIT assessment centers are located in Kilmarnock and
Therapy Associates of Denbigh	Therapy Associates of Denbigh Abingdon Office Park	Ph:804-642-3414 Website:www.therapyassociatesofdenbigh.com	Therapy Associates of Denbigh provides Psychotherapy services for children and adults. No Straight Medicaid. Accepts Blue Cross, Blue Shield, Tricare, Optima and more.
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@cccofva.org Website:	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccova.org Website: http://www.cccova.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status Citizenship, Citizenship applications, Citizenship test preparation, Employment Based Immigration Services, H-1B Visas, H-2B Visas, Temporary Protected Status and Asylum, Family Based Immigration Services, Petitions for relative and family reunification, Permanent residency applications, Assistance with Visa processing for relatives abroad, "V" and "K" Visas, Fiancée Visa petitions, Affidavit of support, Consular process, Self-petitions under the Violence Against Women Act, Informational Workshops. Languages: Arabic, Burmese, English, German, Serbo-Croatian and Spanish. Please call for further information.
Dr. Richard Honabue-General Surgeon	8025 Belroi Road Gloucester VA 23061	Ph: 804-693-5528	When you apply for a green card (adjustment of status) in the United States, you usually need to have a medical examination. The exam must be done by a
National Network for Immigrant & Refugee Rights (NNIRR) (Rev. 4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax: 510-465-1885	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of
PARENTING CLASSES/SUPPORTS			
FirstSpark (Rev.11/25/24)	FirstSpark Logo 11832 Canon Blvd., Suite F Newport News, VA 23606	Ph: 757- 240-2731 Website: https://www.firstsparkva.org	FirstSpark is a nonprofit organization that provides education and resources to early childhood educators, along with connecting parents of young children with important information and resources. They serve Virginia's Greater Peninsula and Northern Neck that work alongside parents and educators by
Hampton Roads Doulas-HRD (Rev.1/25/19)	Hampton Roads Doulas-HRD	Ph: 757-349-6618 Email: office@hrdoulas.com	Hampton Roads Doulas-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They provide 24-hour assistance. Services: prenatal doula, postpartum doula, birth doula,
Nurse Family Partnership-First Time Resource Mothers	Nurse Family Partnership-First Gloucester County Health Department	Ph: 844- 637-6667 Ph: 804-693-2445 OR 804-693-6130	Nurse Family Partnership-First Time Mothers provides services to first-time Resource Mothers are lay community health workers who mentor pregnant teens through this difficult time in their lives and help them make the transition
The Childhelp National Child Abuse The Planning Council	The Childhelp National Child The Planning Council	Ph: 800-422-4453 Contact : Elisabeth 5085 E. Lincoln Blvd. #300 Ph: 757-693-8888 x. 2000	The Childhelp National Child Abuse Hotline is dedicated to the prevention of The planning Council offers center information referral and screening for home
UbiCare- Parenting and Expectant Families-DoD Military Health System	UbiCare- Parenting and Expectant Families-DoD	Ph: 617-524-8861 Website: https://info.ubicare	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

RECREATION			
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp	Contact:Tierra Langley Program	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices.
The Boys & Girls Club of The Virginia Peninsula-Gloucester Unit (Rev.08/26/20)	The Boys & Girls Club of The Virginia Peninsula Gloucester Unit (United Way Code #7611) 7066 Hayes Shopping Center	Ph:804- 684-9028	Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and community involvement. Programs include: Character and Leadership, Education and Career Development, Health and Life Skills, The Arts, and Sports, Fitness and Recreation. Please call for further information.
RESPIRE			
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23140	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
SAFETY			
Child Safety Seat Program Gloucester Health Department	Gloucester County Health Department 6882 Main Street Ste. C-F P.O BOX 663 Gloucester, VA 23061	Ph: 804-693-2445 OR 804-693-6130 Fax: 804-693-0043	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restrain of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat. Eligibility: based on income. Intake: appointment
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website:https://poisonhelp.hrsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need over the phone, and most people do not have to go to a doctor or the hospital. They can also help to learn about your risks before an emergency. Please call for further information.
Project Lifesaver-Gloucester	Project Lifesaver Gloucester 7502 Justice Drive	Ph: 804-693-3890 Toll Free:	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related
Smoke Detector Program (Rev.4/2/19)	Gloucester Fire-Rescue	Ph:757- 693-2148 Website:http://www.gvfrs.org/fire-prevention	Please contact Gloucester Fire-Rescue to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
GAP-Governor's Access Plan	GAP-Governor's Access Plan Middle Peninsula-Northern Neck Community Services	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery

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Services Provided in Gloucester

Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website: www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
Middle Peninsula-Northern Neck Community Services Board-CSB	Middle Peninsula-Northern Neck Community Services Board-CSB P.O. Box 40 Saluda, VA 23149	Contact: Joanne P. Brown, LPC, LMFT Director of Clinical Services Ph:804-758-5314	Middle Peninsula-Northern Neck Community Services Board-CSB provides services to ensure that individuals who need substance abuse services receive them with care and compassion using the highest clinical standards. Services: Consumer-Operated Services provide those who experience substance abuse challenges with opportunities for recovery, work, and peer
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a
SEFP-(South-Eastern Family Project)- Mid-Peninsula-Northern Neck CSB Rev-8/14/18	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue Newport News, VA 23607	Ph:757-245-1070 Mid-Peninsula-Northern Neck CSB 804- 695-8139 Gloucester Counseling Center 800-639-9668	SEFP (South-Eastern Family Project) Is a program from Mid-Peninsula-Northern Neck CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use disorders. Services are provided in a healthy, stable and secure residential environment where women and their children or newborns can remain together throughout the treatment stay. Target Group: Pregnant women over the age of eighteen (18) who are addicted to alcohol and/or other drugs or at risk of relapsing. Medicaid is accepted. Please call for further information.
Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/ Website: http://www.yourlifeyourvoice.org	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Mid-Peninsula AFG Apostles Lutheran Church 7092 Main St. Gloucester, VA Intersection of Fox Mill Rd. & Fox Hunt Lane, off Bus. Rt. 17	Contact: Debbie P. Ph:765-404-1870	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Tuesdays 8:00 P.M. Student & Professional observers welcome. Language: English. No meetings on holidays.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Ware's There's Hope AFG Ware Episcopal Church 7825 John Clayton Mem Hwy Gloucester, VA	Contact: Debbie Ph:765-404-1870	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Sundays 7:00 P.M. Student & Professional observers welcome. Language: English. No meetings on holidays.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Brain Injury Support Group-Middle Peninsula Gloucester	Brain Injury Support Group- Middle Peninsula Gloucester	Contact: Teresa Ashberry Ph:804-819-9238 OR 804-769-3731	Meets the second Thursday of each month from 10:30 am to noon and on the 3rd Thursday from 7:00 pm to 9:00 Pm at Riverside Walter Reed Hospital in Gloucester.
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website:	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Laurel Shelter, Inc	Laurel Shelter, Inc. 6732 Main St.	Ph:804- 694-5890	Laurel Shelter Support Group meets every Tuesday evening. Domestic & Sexual Violence support groups are available for all victims.
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group- Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment,
Prostate Cancer FACEBOOK Support Group	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website:	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone-Parent Support Group (Rev.03/02/20)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littleballoons.org/red	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com and Ashley Carolino Email: Ashley.Carolin@gmail.com Website: http://www.facebook.com/groups/supportformyheart/	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev.07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131 Norfolk VA 23502	Contact: Judith Millman, Facilitator Contact: Judy Judithmillman@aol.com Link: https://www.lighthouseguild.org/patients-families/tele-support-services/support-for-parents/parent-tele-support-group-enrollment/	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
THERAPEUTIC FOSTER CARE			
THERAPIES			

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Gloucester**

TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-Where is my	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
Bay Transit (Rev.8/18/18)	111 Commerce Pkwy Warsaw, VA 22572	Ph: 804-693-6977 Toll free 877-869-6046 New Freedom Department: 804-824-2546 Website: baytransit.org	Bay Transit is a non-profit community transit service that provides on-demand service and offers a handful of fixed routes in some communities. Monday-Friday: 6:00am - 6:00pm. Target Group: Open to the Public. Area(s) Served: Charles City, Essex, Gloucester, King and Queen, King William, Lancaster, Mathews, Middlesex, New Kent, Northumberland, Richmond, and Westmoreland counties. <u>Must contact the freedom department for additional</u>
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev. 02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website: https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretchers van, wheelchair, public transportation(fixed-route). <u>For reservations must call 5 days in advance.</u>
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Mar Mac Transportation Svc, Hampton	Mar Mac Transportation Svc 9084 John Clayton Memorial Hwy Gloucester, VA 23061.	Ph:804-694-8148	Mar Mac Transportation Svc Inc. is a private company categorized under Ambulance Service and located in Hampton, VA. Please call for further information about services.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia)	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- ~~Ride Assist-Where~~	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
Public Transportation - Urbanna, Bay Transit Transportation, Bay Aging	Public Transportation - Urbanna, Bay Transit Transportation, Bay Aging 5306 Old Virginia St. Urbanna, VA 23175	Ph:877-869-6046 Fax: 804-758-5773 Website: www.baytransit.org	Bay Transit provides regional public and specialized transportation services to the residents of the Middle Peninsula and Northern Neck. Services vary depending upon locality. Accepted payment :Please Inquire. Comments: Most destinations are \$1.00 per trip (one way). Some destinations, such as those in Lancaster County and trips from New Kent to Williamsburg are \$2.00 per trip. Books of 10 tickets are available for \$8.00. No age limitation.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev.	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Gloucester Lion's Club Contact: Don N. 804- 642-3433 Website: www.lionsclubs.org	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Gloucester

WAIVER CONTACTS			
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Gloucester Department of Health 6882 Main Street Ste. C-F P.O BOX 663	Call to request Screening: Ph: 804-693-2445	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. <u>Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver)</u> - provides
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waiver Middle Peninsula-Northern Neck Community Services	Main:804- 758-5877 Contact: Scott Britton, Email:	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40,	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with

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Community Living (CL) Waiver	CL Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758-5004 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).
Family and Individual Support (FIS) Waiver	FIS Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758-5004 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Services Provided in Hampton City

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	1320 LaSalle Ave., Hampton, VA 23669	Hampton Department of Social Services Ph: 757- 727-1800	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective
Advocacy for Education	Hampton City School Social Work Program 1 Franklin Street Hampton, VA 23669	Ph:757-727-2440 Website:www.sbo.hampton.k12.va.us	Provide services to students families and communities help students receive maximum benefits from their school program. Serves all ages and no fee.
Child Protective Services (CPS) (Rev,08/24/23)	1320 LaSalle Ave., Hampton, VA 23669	Hampton Department of Social Services Ph: 757- 727-1800 Fax:757- 727-1835 Hotline:804-786-8536 Virginia	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children Local
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and
Peninsula Center for Independent Living	Peninsula Center for Independent Living 2021 Cunningham Dr., Suite 2, Hampton, VA	Ph:757-827-0275 757-827-8800 TDD	Provides advocacy counseling and other support services to persons with disabilities.
VersAbility Resources	2520 58th Street, Hampton, VA 23661	Ph:757- 896-6461 Fax: 757- 896-8470	VersAbility Resources supports people with disabilities throughout their lives in employment, community living, day support and early childhood programs. Please call for further details.
William & Mary Law School-Elder & Disability Law Clinic (Rev.1/11/19)	W&M Law School Elder & Disability Law Clinic P.O. Box 8795 Williamsburg, VA 23187- 8795	Ph: 757-221-7440 Fax: 757-221-1855 Email:elderlaw@wm.edu	The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to carry out those plans. Additionally, should the need arise, the Clinic provides advocacy for clients who are unable to speak for themselves. The Clinic assists with the
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			

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Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev.12/03/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH-	Contact: Tierra Langley Ph:757-446-5708 OR Ph: 757 727-1140 Fax: 757 727-1139	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
Hampton Health Department -WIC Program-Lactation/Breastfeeding Classes (Rev.12/03/19)	Hampton Health Department -WIC Program-Lactation/Breastfeeding Classes 1320 LaSalle Ave		
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding
BURIAL ASSISTANCE			
Burial Expenses Assistance- Hampton Department of Human Services (Rev.10/22/20)	Hampton Department of Social Services 1320 LaSalle Ave. Hampton, VA 23669	Ph:757- 727-1800 Fax:757- 727-1835	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral
CHILD CARE			
A+ Daycare And Preschool	4 Pyron Hunt Circle	Contact: Phyllis Noel Ph:757-	A+ Daycare And Preschool is a child care provider. Licensed:
A Child's Day Learning Center	1601 Todds Lane	Contact: Cynthia Sand	A Child's Day Learning Center is a child care provider. Licensed: Child
Agape Early Learning Center:	4 Duncan Drive	Contact::Annette Johnson	Pure At Heart Childcare Center is a child care provider. Licensed:
A Kidz World	12 Scott Drive	Contact: Kimberly Glover	A Kidz World is a child care provider. Licensed: Family Day
Alston's Village Learning Center	923 Aberdeen Road	Contact: Andrea Alston-Darden	Alston's Village Learning Center is a child care provider. Licensed: Child
Annie Bembury (Rev.07/21/20)	628 Hollomon Drive	Contact: Annie Bembury	Annie Bembury is a child care provider. Licensed: Voluntarily
Antoinette Bradshaw	7 Bickfield Drive Hampton	Contact: Antoinette Bradshaw	Antoinette Bradshaw is a child care provider. Licensed:
Betty's Child Care And Educational	690 Bell Street	Contact: Betty Upchurch	Betty's Child Care And Educational Center is a child care provider.
Betty's Daycare	709 Morris Street	Contact: Betty Bembury	Betty's Daycare is a child care provider. Licensed: Voluntarily
Bethel Child Development Center	1705 Todds Lane	Contact: Lila Hensley	Bethel Child Development Center is a child care provider. Licensed: Child
Carolyn Gamboa-Holter	128 Quaker Road	Contact: Carolyn Gamboa-Holter	Carolyn Gamboa-Holter is a child care provider. Licensed: Voluntarily
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866-543-7852 option 2 Statewide	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special
Childtime Children's Center (Rev.07/13/20)	2 Manhattan Square Hampton VA 23666	Contact::Amber Saunders Ph:757-766-6260	Childtime Children's Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Connie's Care Center (Rev.07/21/20)	23 Edgemont Drive Hampton VA 23666	Contact: Connie Upshur Ph:804-712-4147	Connie's Care Center is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for
Downtown Hampton Child Development Center-Sunset Creek	Sunset Creek 4315 Kecoughtan Road Hampton VA 23669	Ph: 757-825-6200 Fax: 757-825-6201	Downtown Hampton Child Development Center-Sunset Creek location is a non-profit childcare & pre-school center helping parents by providing affordable, quality pre-school programs for children from at-risk

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Downtown Hampton Child Development Center-Lee Street	Lee Street 317 Lee Street Hampton, VA 23666	Contact: Maggie Weisiger, Assistant Program Director Ph: 757-224-5050	Downtown Hampton Child Development Center-Lee street location is a non-profit childcare & pre-school center helping parents by providing affordable, quality pre-school programs for children from at-risk populations. Eligibility: Peninsula residents. Parents must complete
Downtown Hampton Child Development Center-Lincoln Street	Lincoln Street 201 Lincoln Street Hampton	Contact: Amy Behm, Program Director Ph: 757-722-8273	Downtown Hampton Child Development Center-Lincoln Street location is a non-profit childcare & pre-school center helping parents by providing affordable, quality pre-school programs for children from at-risk populations. Eligibility: Peninsula residents. Parents must complete
Downtown Hampton Child Development Center-Shell Road	Shell Road 700 Shell Road Bldg ,17 Hampton, VA 23661	Contact: April Howard Program Director Ph: 757-245-2561	Downtown Hampton Child Development Center-Shell Road location is a non-profit childcare & pre-school center helping parents by providing affordable, quality pre-school programs for children from at-risk populations. Eligibility: Peninsula residents. Parents must complete
Downtown Hampton Child Development Center-Thomas Street (Rev.07/10/20)	1306 Thomas Street Hampton, VA 23669	Contact:Vondella Gregory Ph:757-825-6200	Downtown Hampton Child Development Center-Thomas Street location is a non-profit childcare & pre-school center helping parents by providing affordable, quality pre-school programs for children from at-risk populations. Eligibility: Peninsula residents. Parents must complete
El Roi Childcare (Rev.07/13/20)	1017 Todds Lane Hampton VA 23666	Contact::Grace Lamb Ph:757- 593-1883	El Roi Childcare is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Faith Childcare & Development Center (Rev.07/13/20)	1115 Todds Lane Hampton VA 23666	Contact::Sherry Rich Ph:757- 827-0732	Faith Childcare & Development Center is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Fundamentals Early Beginnings (Rev.07/21/20)	18 Clinton Circle Hampton VA 23666	Contact: Catherine Blackman Ph:757-827-0133	Fundamentals Early Beginnings s a child care provider. Licensed: Family Day Home.Ages: 0-12 Years. Please call for further information.
Gloria Dei Lutheran School & Child Care (Rev.07/13/20)	250 Fox Hill Rd Hampton VA 23669	Contact:: Linda Robinson Ph:757-851-6292	Gloria Dei Lutheran School & Child Care is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Golden Care Child Care Center (Rev.07/13/20)	1820 W. Queen Street Hampton VA 23666	Contact::Sovonia Golden Ph:757-224-5664	Golden Care Child Care Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Grace And Mercy Day Care (Rev.07/21/20)	1118 Joyce Lee Circle Hampton VA 23666	Contact: Jacqueline Hitchcock Ph:757-224-8488	Grace And Mercy Day Care is a child care provider. Licensed: Family Day Home.Ages: 0-12 Years. Please call for further information.
Hampton Family YMCA (Rev.07/13/20)	1 Ymca Way Hampton VA 23669	Contact::Elizabeth Elam Ph:757-722-9044	Hampton Family YMCA is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Heavenly Guidance Day Care (Rev.07/13/20)	817 Arlington Terrace Hampton VA 23663	Contact: Tiffany Breedlove Ph:757-303-6213	Heavenly Guidance Day Care is a child care provider. Licensed: Family Day Home. Ages: 0-12 Years. Please call for further information.

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Heavenly Guidance Day Care (Rev.07/21/20)	16 Keller Court Hampton VA 23666	Contact: Tammy Barker Ph:757-825-5350	Heavenly Guidance Day Care is a child care provider. Licensed: Family Day Home.Ages: 0-12 Years. Please call for further information.
Heavenly Guidance Day Care (Rev.07/21/20)	1768 Fruitwood Drive Apt.A Hampton VA 23666	Contact: Tiffany Booker Ph:757-768-8008	Heavenly Guidance Day Care is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.
Joyful Care Children's Center (Rev.07/13/20)	2 Kyle Street Hampton VA 23666	Contact: Tralana Keaton Ph:757-865-4035	Joyful Care Children's Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Keysha Nieves (Rev.07/13/20)	1015 Bethel Avenue Hampton VA 23669	Contact: Keysha Nieves Ph:757-817-5009	Keysha Nieves is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.
La Petite Academy: Hampton (Rev.07/13/20)	715 Little Back River Rd Hampton VA 23669	Contact: Courtney Brown Ph:757-850-0471	La Petite Academy: Hampton is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Little Learners Child Care (Rev.07/13/20)	43 Ireland Street Hampton VA 23663	Contact: Melissa Smith Ph:757-327-3640	Little Learners Child Care is a child care provider. Licensed: Family Day Home. Ages: 0-12 Years. Please call for further information.
Little Light House Care (Rev.07/13/20)	22726 W. Mercury Boulevard Hampton VA 23669	Contact:Keysha Nieves Ph:757- 817-5009	Little Light House Care is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Little Tin Soldiers Educational Center (Rev.07/13/20)	199 East Mercury Boulevard Hampton VA 23669	Contact:: Diane Barrington Ph:757- 727-0780	Little Tin Soldiers Educational Center & Child Care is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Lori Harvey (Rev.07/13/20)	112 Brinkman Drive Hampton VA 23666	Contact: Lori Harvey Ph:757-660-1281	Lori Harvey is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.
Megan Pierce (Rev.07/21/20)	1302 Vanasse Court Hampton VA 23666	Contact: Megan Pierce Ph:757- 927-4881	Megan Pierce is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.
New Mount Olive Christian Academy: Aberdeen (Rev.07/13/20)	919 Aberdeen Road Hampton VA 23666	Contact::Lois Rylander Ph:757-251-2550	New Mount Olive Christian Academy: Aberdeen & Child Care is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.

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Pebbles Palace (Rev.07/13/20)	114 East Weaver Road Hampton VA 23666	Contact: Cha'Tearia Walker Ph:757-912-3905	Pebbles Palace is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.
Precious Jewels Learning Center (Rev.07/10/20)	2813 W Mercury Boulevard Hampton VA 23666	Contact:Valma Mims Ph:757-224-8496	Precious Jewels Learning Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Pure At Heart Childcare Center (Rev.07/10/20)	950 Big Bethel Road Hampton VA 23666	Contact::Benita Taylor Ph:757-262-1277	Pure At Heart Childcare Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Sharon Baptist Day School (Rev.07/13/20)	2625 North Armistead Avenue Hampton VA 23666	Contact: Sarah Bailey Ph:757-838-1201	Sharon Baptist Day School is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Smiles And Giggles Learning Center (Rev.07/13/20)	132 Fox Hill Road Hampton VA 23669	Contact: Natalia Delgado Ph:757-851-3030	Smiles And Giggles Learning Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Someplace Like Home (Rev.07/13/20)	1416 Todds Lane Hampton VA 23666	Contact::Jasmine Carpenter Ph:757-827-6583	Someplace Like Home is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
St. Mary Star Of The Sea School (Rev.07/21/20)	14 North Willard Avenue Hampton VA 23666	Contact: Sister Mary Amata Ph:757)723-6358	St. Mary Star Of The Sea School is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Sunshine Faces LLC (Rev.07/13/20)	2042 Nickerson Boulevard Hampton VA 23663	Contact: Alicia Smith Ph:757-224-3852	Sunshine Faces LLC is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Tia Northup (Rev.07/13/20)	303 North Mallory Street Hampton VA 23663	Contact:Tia Northup Ph:757- 593-9742	Tia Northup is a child care provider. Licensed: Family Day Home. Ages: 0-12 Years. Please call for further information.
Tresa Huggett (Rev.07/13/20)	22 Plaza Drive Hampton VA 23669	Contact:Tresa Huggett Ph:757- 869-2452	Tresa Huggett is a child care provider. Licensed: Family Day Home. Ages: 0-12 Years. Please call for further information.
Savannah Floyd	121 Cameron Street Hampton VA 23663	Contact: Savannah Floyd Ph:757- 660-7498	Savannah Floyd is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.

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Sylvia Bennette (Rev.07/21/20)	4830 82nd Street Hampton VA 23605	Contact: Sylvia Bennette Ph:757-224-5217	Sylvia Bennette is a child care provider. Licensed: Family Day Home.Ages: 0-12 Years. Please call for further information.
The Toddlers' Club (Rev.07/21/20)	1615 Victoria Blvd	Contact: Leah Gittens Ph:757-696-2459	The Toddlers' Club is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.
Xquisite Kids LLC (Rev.07/21/20)	4 Diamond Hill Rd Hampton VA 23666	Contact:Tioshona Culbert Ph:757-838-2759	Xquisite Kids LLC is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.
Zatora Lee (Rev.07/13/20)	40 Angelia Way Hampton VA 23663	Contact:Zatora Lee Ph:270-498-2555	Zatora Lee is a child care provider. Licensed: Voluntarily Registered Day Home.Ages: 0-12 Years. Please call for further information.
DENTAL CARE			
Caring for Kids and Parents (Rev. 6/4/18)	901 Enterprise Parkway, Suite #500 Hampton, VA 23666	Ph:757- 896-4900	Caring for Kids and Parents specializes in dentistry for children with medical and functional needs. They also see adults. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's for children up to age 15.
Coliseum Pediatric Dentistry Office (Rev. 6/4/18)	2113 Hartford Road, Suite C, Hampton, VA 23666	Ph:757- 838-0800 Website:www.hrpeditricdentistry.com	Coliseum Pediatric Dentistry Office specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid Smiles for Children. Staff: Steve Bullock, DDS,Haralambos
Donated Dental Services (DDS)- Dental Lifeline Network. Access Partnership (Rev.10/19/20-	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	Tto request an application: Ph: 757-502--7400 Ext 3 Fax: 877- 231-0196	Donated Dental Services is a national program of the Dental Lifeline Network managed by Access Partnership for VDA components 1&2 (Greater Hampton Roads – Peninsula and Southside plus Virginia's
Donna Tapp-Reid, DDS, PC (Rev. 6/4/18)	2202 Executive Drive Suite E Hampton, VA	Ph:757- 838-8855	Donna Tapp-Reid, DDS, PC specializes in dentistry for children with medical and functional needs. Insurance: Out of network as a Military provider but honors their fee schedule. Accepts Medicaid/Medicaid MCO's.
Drs. Sundin & Garafalis	Drs. Sundin & Garafalis 2107 Hartford Rd Hampton VA	Ph:757-838-0800	Drs. Sundin & Garafalis works with children with special needs; Does not have CHKD privileges but do take Medicaid/Medicaid HMO's & uses conscious sedation in the office.
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd.,	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314-689-0293	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:• Child should be 18 years old or

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Hampton Health District (Rev.03/04/24)	Victoria Center 3130 Victoria Boulevard Hampton, VA 23661	Ph:757-727-1172 Fax:757-727-1185 Website:https://hampton.gov/1537/ Health-Department	Services provided: Prevention services are a major component of the Health Department's Dental Clinic. Services are provided primarily to children up to 18 years of age. Services include dental exam, x-rays, preventive treatments, restorations (fillings), extraction (tooth pulling), and tooth space maintenance. Community preventive dental education programs are an integral part of the dental Children's Dental Care. Eligibility requirement: Income information required. Charges may vary with income and service provided, sliding scale fees, certain services are
Hampton Roads Ecumenical Lodgings and Provisions-H.E.L.P	H.E.L.P. Clinic (Dental) Hampton Health Department	Ph:757- 727-2577 Website:www.helpushelpu.org/Dent	Services: Dental exam, x-rays, preventive treatments, restorations (fillings) and extractions (tooth pulling)
Hampton Roads Pediatric Dentistry (Rev.09/20/22)	2113 Hartford Road Hampton, VA 23666	Ph:757-838-0800 Website:www.hrp pediatricdentistry.co	Hampton Roads Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance
H.E.L.P Free Clinic-Dental Care (Rev.03/04/24)	H.E.L.P Free Clinic 1320 LaSalle Avenue Hampton, VA 23669 Mailing address:	Ph: 757- 727-2577 Fax:757-723-0649 Website:: http://helpushelpu.org	H.E.L.P Free Clinic provides dental care services including: Exams and X-rays, Hygiene Services, Fillings and Crown Placement and Extractions, Low-Cost Dentures, Crowns and Bridges and .Night Guards Hours of operation: Hours: Monday – Thursday: 9 AM – 1 PM; 2 PM – 4 PM;
LackleyFree Clinic -Dental Care (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry,Inc 1620 Old	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821	Lackey clinic is a faith-based nonprofit providing free dental care to adults without dental insurance. Their patients are the working class who earn too much to qualify for Virginia Medicaid but not enough to afford quality dental insurance, usually earning between \$10-\$25 an hour.
Newport News Affordable Dentures & Implants	12731 Jefferson Avenue Newport News, VA 23602	Ph:757-932-3022 Website: http://www.affordabledentures.com/ office/newport-news	Newport News Affordable Dentures & Implants offers several styles of full dentures, each with special features and advantages. Please call for further information or visit the website for fees & coupons.
Pediatric Dental Specialists of Williamsburg (Rev.07/01/21)	2116 Executive Dr Hampton, VA 23666	Ph:757-864-0606 Fax:757- 903-2730 E- mail:info@williamsburgpediatricdenti st.com	Pediatric Dental Specialists of Williamsburg is the dental specialty that is dedicated to the treatment of children from infancy through the teenage years. Services offered for your child: Routine cleaning and check-ups, One Year Old First Dental Visit, Digital X-rays, Restorative treatment, Limited Orthodontics, Preventive treatment, Oral hygiene education,
Spencer Dental-Kids First Family Dentistry (Formerly Kool Smiles)	2165 Cunningham Dr. Hampton, VA 23666	Ph:434-201-4464 Email:contactspencer@spencerdent algroup.com	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a range of community & educational programs.Services:General Dentistry,
Veterans Affairs Medical Center Dental Clinic	Veterans Affairs Medical Center	Ph:757- 722-9961 Ext. 3530 Website:http://www.va.gov/midatlant	Services: preventive, restorative, oral surgery Eligibility: limited to veterans with service connected dental conditions or
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road	Ph:757-461-4474 Email: E: nicole.miller@tidewaterasa.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public
Down Syndrome Association of Virginia Peninsula (Rev.11/26/19)	Down Syndrome Association of Virginia Peninsula	P.O. Box 1237 Yorktown, Virginia 23692 Email:info@dsavp.org	The DSAVP brings support to families with new babies through hospital outreach, delivering informative books for parents and siblings. Monthly play meetings provide the opportunity for families to connect and learn
Family Preservation Services (Rev.4/6/18)	205 Lake Tower Drive Hampton, VA 23666	Ph:757-838-8520	Family Preservation Services provides ABA (applied behavior analysis) services. Please call for further information.

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Pennington Group- ABA Therapy (Rev.4/1/19)	Pennington Group- ABA Therapy	Website: http://penningtongroupaba.com/	Pennington Group provides ABA (applied behavior analysis) services. Please call for further information. They currently provide ABA Therapy in Virginia Beach, Norfolk, Chesapeake, Hampton, Newport News, Yorktown
DISEASE SPECIFIC GROUPS			
Access (Formerly Full Circle/CANDII)-HIV	Access (Formerly Full Circle/CANDII) 218 S. Armistead Ave. Hampton, VA 23517	Ph: 757-722-5511 & 757-640-0929 Fax: 757-722-5556 Website: http://www.candii.com	ACCESS employs a dedicated group of experienced professionals who provide education to the community as well as assist consumers in meeting the many challenges that they may face in living with HIV/AIDS. Services: Case management, housing services, transportation, outreach.
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website: https://www.epilepsy.com/247-helpline	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include ~~asthma education and training for Head Start staff and parents~~
Leukemia Society	Leukemia Society of America, Inc. - Virginia Chapter	Ph:757- 838-9351 Toll Free:1-800-866-4483 ~~Fax:757- 722-4056~~	Leukemia Society Purpose is to cure leukemia and its related cancers, lymphomas, multiple myeloma, and hodgkins disease and improve the ~~quality of life for patients and their families. Services: Emotional and~~
Sentara Cancer Institute at Sentara CarePlex Hospital	Sentara Cancer Institute at Sentara CarePlex Hospital 3000 Coliseum Drive Suite	Ph:757- 827-2438	Sentara Cancer Institute at Sentara CarePlex Hospital - provides a wide variety of materials including literature, books, video tapes, and access to the latest information on cancer diagnosis and treatment.
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 ~~Tiffany: Intake: 757-512-5398~~	ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. ~~Please call for further information~~
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com ~~Website:www.activeforever.com~~	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com ~~Website:www.aisquared.com~~	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information
American Printing House for the Blind Inc. (Rev.1/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org Website: www.aph.org	American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please call for further information.
APRIA Healthcare (Rev.08/21/23)	Hampton Location: 28 Research DR Suite A Hampton, VA 23666	Hampton Location: Ph:757- 262-3364 Website: http://www.apria.com	Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.

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Aveanna Healthcare (Rev.02/14/23)	2713 Magruder Boulevard, Suite L Hampton, VA 23666	Ph: 757- 490-3223 Fax: 757-490-2936 Toll Free: 866-883-1188 Website: https://www.aveanna.com	Aveanna Healthcare Medical Solutions provides statewide coverage for all your enteral nutrition and supply needs.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph: 757-763-8905 Email: beth@atdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to
ECHO Family Care Partners-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	Hampton, VA 23661	Ph: 757-684-3246 Website: wearetheecho.org/diapers Website: http://ghrdiaperbank.org	ECHO Family Care - is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Hampton and Newport News residents only Please call for further information.
Fountain of Life Outreach Ministry Care Partners-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	3814 Shell Rd. Hampton, VA 23669	Ph: 757-749-9390 Website: http://ghrdiaperbank.org	Fountain of Life Outreach Ministry - is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter Bon Secours Health Center Sentara Health System	Ph: 757-771-6183 Fax: 757- 447-6333 E-Mail: shr@free-foundation.org Website: www.free-foundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children in need of mobility equipment have
Get Out Prevails Care Partners-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1718 N. King St. Hampton, VA 23666	Ph: 757-951-5558 Website: http://ghrdiaperbank.org	Get Out Prevails - is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Hanger Prosthetics & Orthotics, Inc. (Rev.10/22/19)	Hanger Prosthetics & Orthotics, Inc. 4001 Coliseum Drive Suite 305	Ph: 757-825-2530 Toll free: 877-442-6437 Website: http://www.hanger.com Email: info@hanger.com	Hanger Prosthetics & Orthotics, Inc. is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information.
Hampton Redevelopment and Housing Authority's Wheelchair Ramp Program	Hampton Redevelopment and Housing Authority's Wheelchair Ramp Program	Ph: 757-727-1521 ext. 6 Fax: 757-727-1768 Website: www.hamptonrha.com	Hampton Redevelopment and Housing Authority's Wheelchair Ramp Program works to revitalize communities and enhance the quality of life of individuals with disabilities. This is an income based program. Please for
Home Care Delivered	Home Care Delivered	Ph: 800- 565-6167	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major
Lincare Enteral Services	Lincare Enteral Services	Toll Free: 800- 965-2689	Lincare is a supplies provider. Medicaid, Medicare and major insurances
Lincare Infusion Services	Lincare Infusion Services	Ph: 757-424-4822 / 757- 566-9624	Lincare provides Home Infusion Services. Medicaid, Medicare and major

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Metamorphosis-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	2210 Executive Dr,Suite C Hampton,VA 23666	Ph:757-809-6537 Website:Website:http://ghrdiaperbank.org	Metamorphosis is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution is on the 4th Friday of each month, Please call for further information.
National Seating & Mobility	National Seating & Mobility	Ph:757- 466-1553	National Seating & Mobility is a provider of power mobility and home
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965 Website:https://www.numotion.com	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Paradapt Equipment Services Inc.	Paradapt Equipment Services	Ph: 757-722-7700	Paradapt Equipment Services sales, rental and repair beds, wheelchairs,
Progressive Prosthetic &	Progressive Prosthetic &	Ph:757-865-7075	Progressive Prosthetic & Orthopedic Services, an Accredited American
Riverside Home Care Center	Riverside Home Care Center	Ph:757-594-3400	Riverside Home Care Center offers beds, wheelchairs and walk aids,
Roberts Home Medical	Roberts Home Medical	Ph: 757- 599-9080	Roberts Home Medical is a DME provider. Medicaid, Medicare and major
The Van House	The Van House	Ph:757-851-8000	The Van House is a provider of wheelchair lifts, hand controls, stair and
DOMESTIC VIOLENCE			
Battered Women Shelter/Hampton-	Hampton	Ph: 757-723-7714	Battered Women Shelter serves women over the age 18. Confidential.
LGBTQ Partner Abuse & Sexual	LGBTQ Partner Abuse &	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453	Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates
Love and Caring Ministries -	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and
National Sexual Assault Hotline	National Sexual Assault	Hotline:800-656-HOPE	The National Sexual Assault Hotline is a 24/7 safe and confidential
Transitions Family Violence	Transitions Family Violence	Ph:757- 722-2261	The mission of Transitions Family Violence Services is to build safe and
The Center for Sexual Assault	11030 Warwick Blvd.	Ph: 757-599-9844	The Mission of The Center is to provide support, treatment, and advocacy
The National Domestic Violence	The National Domestic	Ph:800-799 SAFE	The National Domestic Violence Hotline is the only 24/7 national hotline
The Project for the Empowerment	The Project for the	Contact: Carmen Williams Ph: 804-937-8885 / (513-414)	The Project for the Empowerment of Survivors (PES) will expand Virginia
EARLY INTERVENTION			
Infant Stimulation Program	Early Prevention and	Contact: Cynthia Burgess Ph: 757-788-4818	The Early Intervention program provides therapy/specialized services for
EDUCATION			
Aberdeen Elementary -Preschool	Aberdeen Elementary	Ph: 757-825-4624	Preschool program.
Department of Special Education	Dr.Phyllise Wilkins,	Ph:757-247-2033	"Special education" means specially designed instruction, at no cost to the
Hampton City Public Schools-	Hampton City Public Schools	Contact: Valencia Lewis Ph: 757-787-8418	The Hampton City Public Schools Preschool Assessment Center provides
Hampton Homeless Education	Ivy Lee	Phone: 757-727-2440	Local homeless education liaisons are Local Educational Agency (LEA)
Head Start	Registration:	York County Board of	Head Start Program The Head Start program provides grants to local

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Intime Outreach Program, New	Intime Outreach Program,	Ph:757-722-6791	Intime Outreach Incorporated is a non-profit Community Development
Intime Outreach Program, New	Intime Outreach Program,	Ph:757-722-6791	Intime Outreach Incorporated is a non-profit Community Development
Keystone Education Services-	Keystone Education	Ph:757-802-7120	Keystone Education Services provides special needs tutoring services;
Peninsula READS	Peninsula READS	Contact: Manola Dobbs, ESOL	The Peninsula READS mission is to provide literacy education and
Regional Career and Technical	New Horizons Tech Center	Contact: Mr.H.Thomas Butler	Offers a wide variety of training services for farm workers who have
Regional Special Education Program-New Horizons Regional Center -Autism Hampton	Middle Peninsula Special Education Center - New Horizons Regional	Ph: 757-766-1100 School Ph: 757-307-0220	New Horizons Regional Center -Autism mission is to serve the educational needs of the Peninsula's school divisions, New Horizons will prepare students educationally, technically, and socially, according to each
Special Education Advocacy Law PELE Clinic-William and Mary	Special Education Advocacy Law PELE Clinic William and Mary Law School	Contact: Professor Crystal Shin's Ph:757-221-5735	The Special Education Advocacy Clinic was formed to assist special-needs children and their families with eligibility or Individualized Education Program meetings, discipline matters, mediation, and administrative
Suzanne E. Jones Computer Resource Center-Hampton	A program of Hampton Department of Parks & Recreation	Contact: Denise Wise Ph:757-727-8097 Email:lpark@hampton.gov	Suzanne E. Jones Computer Resource Center: Services and programs for all ages, free computer skills, access to the internet for job searches and educational research, conference rooms for small meetings and study
Virginia Adult and Literacy Services-Hampton	Virginia Adult and Literacy Services-1300 Thomas Street	Ph: 757-727-1335 Website:	The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers:	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army 1033 Big Bethel Road Hampton, VA	Main:757-838-4875 Website:www.usssalvationarmy.org	The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include: Individual and family trauma counseling and emotional support, Spiritual Support, Identification/Registration (locating victims), Mobile Feeding and Financial Assistance, Reconstruction and Advocacy.
Virginia Department of Emergency	Virginia Department of	Contact: Tracy L. Hanger,	The Virginia Department of Emergency Management – Protecting the lives
EMPLOYMENT			
Cornerstone Assembly of God-Cornerstone Project NOW	41 Tide Mill Lane Hampton, VA 23666	Ph:757- 826-4322 OR 757- 826-3127	Cornerstone Project NOW provides employment services Monday-Friday from 8 a.m. until 4 p.m. Please call for further information.
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services. Insurance: They currently accept private pay,
Department of Rehabilitative Services	Department of Rehabilitative Services Hampton North Office Park II	Ph:757- 686-4988	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education, work or independence, DRS collaborates with schools in providing

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ONE-STOP-Center	ONE-STOP- Virginia Workforce Center- Hampton 600 Butler Farm Road	Ph:757-865-5874 Workline Job Zone: 757-865-5800 Fax: 757-865-5887	One-Stop Centers offer a variety of comprehensive workforce services. Services provided through the One-Stop Centers are free of charge, although some eligibility conditions may apply. You may qualify to receive
Peninsula Center for Independent Living Insight-Enterprises, Inc.	Peninsula Center for Independent Living Insight-Enterprises, Inc.	Ph:757-827-0275 Toll Free: 1-800-339-3269 Fax: 757-827-0655	The Peninsula Center for Independent Living Insight-Enterprises, Inc. purpose is to help people with disabilities to become independent. Services: To help people with disabilities to become independent, set
Sarah Bonwell Hudgins Foundation, Inc.	Sarah Bonwell Hudgins Foundation, Inc. 1 Singleton Drive	Ph:757- 827-8757 Fax: 757- 827-6951 E-mail:	The Sarah Bonwell Hudgins Foundation supports dynamic programs for intellectually disabled and/or physically disabled individuals at their center. The Foundation works to meet the challenges of the current philosophy of
STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentra l.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force including occupational
Suzanne E. Jones Computer Resource Center- Hampton Department of Parks and Recreation	Suzanne E. Jones Computer Resource Center- Hampton Department of Parks and	Ph:757-727-1159 Website www.hampton.gov/parks/lincoln_par	Provides services and programs for all ages. Services include free computer skills, access to the Internet for job searches and educational research, conference rooms for small meetings and study groups, and a
VEC Workforce Center-Hampton	Peninsula Workforce Development Center 600	Ph: 757-865-5800 Fax: 757-865-5824	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of
VersAbility Resources	2520 58th Street, Hampton, VA 23661	Ph:757- 896-6461 Fax: 757- 896-8470	VersAbility Resources supports people with disabilities throughout their lives in employment, community living, day support and early childhood programs. Please call for further details.
Virginia Department of Rehabilitative Services-Hampton Office	Virginia Department of Rehabilitative Services- Hampton Office	Ph: 757-865-4863 OR Toll Free:800-552-5019	The Virginia Department of Rehabilitative Services provides vocational rehabilitative services including medical, Psychological and vocational assessments, counseling and training. Please call for further information.
Virginia Employment Commission- Hampton	Peninsula Workforce Development Center 600 Butler Farm Road - Suite B	Ph: 757-865-5800 Fax: 757-865-5824	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans' Services
Virginia Employment Commission Migrant and Seasonal Farm workers Services	Hampton Peninsula workforce Development Center	Ph: 757-865-5800	The VEC is committed to serving migrant and seasonal farm workers who are seeking work. Trained and experienced farm placement specialist provided statewide
Virginia Workforce Investment Board- Greater Peninsula	Virginia Workforce Investment Board- Greater	Contact: Bill Mann Ph: 757-838-5206	The workforce investment act rewrites current federal statues governing programs of job training, adult education and literacy, and vocational
Wright Choices, Inc. -Employment Services	Wright Choices, Inc.- Employment Services	Ph:757- 534-7903	Wright Choices Vocational Services strives to maintain the highest quality vocational program by providing innovative, practical, and individualized
FINANCIAL ASSISTANCE			
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of your proof documentation, to:	Website:https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the Federal Poverty Line, or if you or someone
Ambassadors for Jesus Christ Church -Greater Hampton Roads Diaper Bank	4 Duncan Drive Hampton, VA	Ph:757-754-1559	Ambassadors for Jesus Christ Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

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Bethel Temple -Greater Hampton Roads Diaper Bank (Rev.8/21/19)	1705 Todd's Lane Hampton, VA	Ph:757-930-1876	Bethel Temple is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	Ph:855-222-3252 Website:Connect2Compete.org/Cox	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the National School Lunch Program. C2C is offered
Cooling Assistance Program - Virginia LIHEAP- Hampton	Cooling Assistance Program Virginia LIHEAP- Hampton Department of Social Services	Ph:757- 727-1800 Fax:757- 727-1835	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain
Cornerstone Assembly of God	41 Tide Mill Lane Hampton, VA 23666	Ph:757- 826-4322 Main OR Ph:757- 826-2127	Cornerstone's Net Ministry provides a Food Pantry open to the public every Tuesday between 11 a.m. and 1 p.m. .
Cover Virginia-Virginia-Based Assistors	1.Victoria Boulevard Physicians	1.Victoria Boulevard Physicians Ph:757-244-8560	Cover Virginia-Virginia-Based Assistors is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based
Crisis Assistance Program-Virginia LIHEAP- Hampton Department of Social Services-The Division of Child Support Enforcement (DCSE)	Crisis Assistance Program- Virginia LIHEAP- Hampton 903 Enterprise Parkway Suite 110 Hampton, VA 23666	Ph:757- 727-1800 Fax:757- 727-1835 Ph:757- 766-3710 Toll Free: 800- 468-8894	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of
ECHO Family Care Partners-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	Hampton, VA 23661	Ph:757-684-3246 Website: weartheecho.org/diapers Website:http://ghrdiaperbank.org	ECHO Family Care - is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Hampton and Newport News residents only Please call for further information.
Emergency Financial Assistance - Catholic Charities	Catholic Charities of Eastern Virginia 12829 Jefferson Av Suite 101	Ph: 757-875-0060	Emergency Financial Aid is available to individuals and families who are in desperate financial need. Applicants may stop by one of the locations to complete an application .Eligibility: Renter or homeowner must physically occupy the property as his/her principal residence. bills must be in
Energy Share Agencies-Peninsula	Peninsula Salvation Army	Peninsula salvation Army Ph: 757-838-4875	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and electricity) and cooling assistance (for Virginia customers only)
Fountain of Life Outreach Ministry Care Partners-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	3814 Shell Rd. Hampton, VA 23669	Ph:757-749-9390 Website:http://ghrdiaperbank.org	Fountain of Life Outreach Ministry - is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Get Out Prevails Care Partners-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1718 N. King St. Hampton, VA 23666	Ph:757-951-5558 Website:http://ghrdiaperbank.org	Get Out Prevails - is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Hampton Department of Social Services	Hampton Department of Social Services 1320 LaSalle Ave. Hampton, VA 23669	Ph:757- 727-1800 Fax:757- 727-1835	Hampton Department of Social Services' mission is to provide benefits and services to the citizens of Hampton based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore

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Hampton Salvation Army Christmas Assistance / Toys for Tots -, Virginia Peninsula	Hampton Salvation Army Christmas Assistance / Toys for Tots -, Virginia Peninsula 1033 Big Bethel Road, Hampton, VA	Ph:: 757-838-4875 Fax: 757-827-8467 Website: www.virginiasalvationarmy.org	Provides families with children with toys from Toys for Tots Program. Families must register in advance. Please call for further information.
Hampton Salvation Army - Thanksgiving Meal	Hampton Salvation Army - Thanksgiving Meal 1033 Big Bethel Road, Hampton, VA	Ph:757-838-4875	Community Thanksgiving Dinner. 11:30 a.m.- 1:30 p.m. Nov. 26, the Salvation Army Community Center. The meal will include turkey and dressing, cranberry sauce, mashed potatoes and gravy, rolls, collard greens, macaroni and cheese and dessert. The cook staff of Hilton
Heating Assistance Program - Virginia LIHEAP- Hampton Department of Social Services (Rev.5/2/10)	Heating Assistance Program - Virginia LIHEAP- Hampton Department of Social Services	Ph:757- 727-1800 Fax:757- 727-1835	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements.
Intime Outreach Program, New Beginning Empowerment Church	Intime Outreach Program, New Beginning Empowerment Church 1001 E. Pembroke Ave	Ph:757-722-6791 FAX:757-722-0725	Intime Outreach Incorporated is a non-profit Community Development Corporation. Our purpose is to address the needs of the Hampton Roads community and rendering solutions. This is accomplished through their main programs: Seed N' Need program which provides assistance to
Ivy Memorial Baptist Church	Ivy Memorial Baptist Church 2200 Coliseum Drive	Ph: 757- 838-3107	Provides food assistance on Wednesdays at 10:00am. Hampton residents only-must provide ID.
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/lis/ Providers:	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation:
Meals on Wheels-HELP organization Hampton	Meals on Wheels-HELP organization Hampton	Ph: 757-850-9600	Meals on Wheels provides meals packaged and delivered M-F for disable and elderly through the PAA for residents in Hampton. Please call for
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:1-800-643-2273	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:1-855-652-8249, Website: www.aetnabetterhealth.co	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:1-855-323-4687, Website: www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0:	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings-United Healthcare	Ph:1-866-622-7982, Website: www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid	Hampton Department of Social Services 1320 LaSalle Ave. Hampton, VA 23669	Ph:757- 727-1800 Fax:757- 727-1835	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia

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Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:1-888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders<http://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders>	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
Metamorphosis-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	2210 Executive Dr,Suite C Hampton,VA 23666	Ph:757-809-6537 Website:Website:http://ghrdiaperbank.org	Metamorphosis is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution is on the 4th Friday of each month, Please call for further information.
One Harvest Food Ministry	One Harvest Food Ministry St. Joseph Catholic Church 512 Buckroe Ave Hampton, Virginia 23664	Ph: 757-218-4903 Site Contact: Bill Fallon EMail: stjosephoneharvest@yahoo.com:bif	One Harvest Food Ministry offers food boxes at wholesale prices. Pickup Time: Day of distribution 7:00am to 8:00am. Please call for further information.
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.healthysavings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work? The Healthy Savings
Outreach Program to sign for FAMIS-Catholic Charities	Outreach Program to sign for Famis Catholic Charities of Eastern Virginia 12829	Contact: Vanessa Dunlap Ph: 757-875-0060	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling out the application with you, Gathering documents you
Riverside Health System-Riverside Behavioral Health Center-Charity /Indigent Care Program	Riverside Health System-Riverside Behavioral Health Center-Charity /Indigent Care Program	Contact: Riverside Health System Ph:757-534-7300 Website:http://www.riverside-online.com	Riverside Health System has several levels of hospital-approved charity as well as discounts for patients based on their family size and income level for clinically urgent services. Charity care is available to patients receiving non-elective care who meet certain income guidelines and have assets.
Sentara Health System/Hospital/Charity Indigent Care Program	Sentara Health System/Hospital/Charity Indigent Care Program	Ph:757-233-4600 Toll Free:1-877-768-3993 Website:www.sentara.com	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line.
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distribution Centers A. Living Water Christian 2200 Bay Avenue B. Next Generation	A.Living Water Christian Contact: Calvin or Lynn White Ph:757-725-1275 B. Next Generation	S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40, but be purchased by SHARE for only \$20 and two hours of volunteer service of your choice. SHARE
SixHouse.Org	SixHouse.Org 2003 Kecoughan Road Hampton VA 23661	Ph:757.244.6100 Fax:757.245.3512	SixHouse.Org provides programs for those in need of food assistance. Schedule: 3rd Thursday from 1-4pm. Free bread every Friday after 3:00pm. Please call for further information.
Sleep in Heavenly Peace-Assistance with Beds (Rev.02/06/24)	Hapton Chapter 1646 Briarfield Road, Hampton VA, 23669	Ph:844-432-BEDS (2337) 844.432.2337 x 5923 Website:https://shpbeds.org	Sleep in Heavenly Peace is a is an American nonprofit 501 organization that builds and delivers beds to children who don't have beds to sleep in. Eligibility Criteria:1. Location: You must live near one of our active chapters. 2,Living Environment: You must have an accessible house or apartment with a room large enough to fit one of our beds.3.Contact: We must be able to contact you via phone, text or email.4,Necessary Documents: You'll need to fill out our online SHP Application Form. If your

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Social Security Administration (Rev.11/16/20)	1521 Hardy Cash Dr, Hampton, VA 23666	Ph:866-592-2669 Main Number:800-772-1213 TTY:866-325-0770	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website:https://virginiasonbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit as a SUN Bucks card to purchase groceries. Many
The Center for Child & Family Services-Consumer Credit Counseling	2021 Cunningham Drive, Suite 400 Hampton, VA 23666	Ph: 757-838-3497	The Center for Child & Family Services-Consumer Credit Counseling offers budget counseling for families or individuals having financial problems. Debt management program may be able to establish repayment
The NET Food Pantry	The NET Food Pantry Mrs. Cornerstone Assembly of	Ph: 757-826-4322	They provide food assistance the 3rd Tuesday of each month from 11:00am -1:00pm. Please call for further information.
The Salvation Army	The Salvation Army 1033 Big Bethel Rd. Hampton, VA 23666	Phone:757- 838-4875 Fax:757- 827-8467	The Salvation Army services include: Transitional housing, utilities payments, housing payments, prescriptions, food, holiday assistance,
The SLEEPTIGHT Hampton Roads Program	Project Link (Hampton NN Community) AND	Project Link (Hampton NN Community) Ph:757- 788-0500	The SLEEPTIGHT Hampton Roads program provides an opportunity for any low-income parent in Hampton Roads to receive a portable crib and an education on safe infant sleeping practices at no cost. Please call for
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877 Website:	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas.
United Way Community Assistance Network (CAN) (Rev.11/09/22)	1323 Jamestown Rd Suite 101, Williamsburg, VA 23185	Ph:757- 229-2222 Website:https://www.uwvp.org/help	Conducts self-sufficiency screening to determine needs so that they can connect clients to resources that can have a longer-term impact on their social, financial and educational wellbeing. United way refer clients to
West Hampton Baptist Church	West Hampton Baptist	Ph:757- 826-5772	West Hampton Baptist Church serves a free lunch every Thursday from
FORMULA/NUTRITION			
Hampton Health Department -WIC	Hampton Health Department	Ph: 757 727-1140	The WIC program offers supplemental food program for children from birth
Hampton Health Department -WIC	Hampton Health Department	Ph: 757 727-1140	The program provides nutrition education, breast feeding promotion and
HOME CARE			
Absolute Home Health Care (Rev.11/29/23)	2021B Cunningham Drive, Suite 2 Hampton, VA 23666	Ph:757-262-2040 Fax:757-262-2070	Absolute Home Health Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Affinity Care of Virginia (rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Affinity Care offers hospice care to individuals with terminal illnesses in Virginia. Hospice care focuses on providing terminally ill patients with end-of-life support services that improve their quality of life and allow them to pass with dignity and respect. As part of Affinity's hospice care, your loved one receives pain and symptom management home health care
Agape Home Care (Rev.11/29/23)	Agape Home Care 299 McLaws Cir, Williamsburg, VA 23185	Ph:757-229-6115 Fax:757-229-6185 Email: info@agapehomecareva.com Website:https://www.agapehomecar	Agape Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information

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Always There Home Healthcare (Rev.11/29/23)	Always There Home Healthcare 705 Mobjack Pl suite b, Newport News, VA 23606	Ph:757-591-0020 Fax:757-310-6516	Always There Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Allegiance Home Care Services Inc. (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehealthservices.net	Allegiance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton,
Allegiance Home Care Services Inc.-Nursing Services (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehealthservices.net Website:https://allegiancehomecare services.net/contact-us/	Allegiance Home Care Services provides Private duty in-home care and Skilled Nursing. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton, Williamsburg, They serve Hampton Roads Area. Please call for further information
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: brent.brady@cchnet.net	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making decisions. Care is provided for the patient and family 24/7. Palliative care is also provided. Cost & Payment Methods:Payment Method(s) Private Pay , Private Insurance , Medicaid , Medicare , Veterans , Tricare. Languages
Angel Wings Home Care (Rev.11/29/23)	Angel Wings Family Services 6 W. County Street Hampton , VA 23666	Ph: 757-785-5439 Fax: 757-766-6007	Angel Wings Family Services LLC provides pediatric personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	2713 Magruder Boulevard, Suite L Hampton, VA 23666	Ph: 757- 490-3223 Fax: 757-490-2936 Toll Free: 866-883-1188 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth
Care Advantage Home Health (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free:1-866-576-7931 Fax: 757- 595-9677 E-mail:	Care Advantage offices specialize in providing personal care, companionship and respite services.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease
Care Advantage Home Health-Nursing Services (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free:1-866-576-7931 Fax: 757- 595-9677 E-mail: careadvantage@careadvantageinc.com	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive
Caregivers in-Home Care (Rev.11/29/23)	Caregivers in-Home Care 243 McLaws Cir #102, Williamsburg, VA 23185	Ph:757-345-0393 Fax:1-757-299-8039 Website:http://www.caregiversinhome	Caregivers in-Home Care provides personal care services and respite for adults only. Medicaid and Private Pay are accepted. They serve Williamsburg And The Hampton Roads Area.Please call for further

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F&N Home Health Agency, LLC (Rev.09/30/19)	4410 E. Clairborne Square, Suite 334 Hampton, VA 23666	Ph: 757-251-3744	F&N Home Health Agency, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-1550 OR 757-224-9770 Fax: 757-262-1554	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Freda H. Gordon Hospice and Palliative Care of Tidewater (Rev.03/05/25)	Freda H. Gordon Hospice and Palliative Care of Tidewater 5000 Corporate Woods Drive, Suite 500, Virginia Beach, VA, 23462	Ph: 757- 321-2242 Fax: 757- 321-2236	Hospice is about making the most of every moment. It is a holistic approach to the end of life, placing comfort and care as the primary source of intervention in a loved one's final journey. Patients and families receive the support and attention they need from our team of professionals which include case managers, nurses, certified nursing assistants, social workers and spiritual support. Languages Spoken English. Service Area:
Gentiva Hospice (Rev.03/04/25)	Gentiva Hospice 5544 Greenwich Road, #302, Virginia Beach, VA, 23464	Ph: 804- 290-4300 Email: Gentiva_CC_Referrals@gentivahs.com	Gentiva Hospice services are offered to all people during the end of life's journey. Staff of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors, and Physicians specialize in caring for those with a terminal diagnosis. Care is provided to patients with many types of diagnoses, including Alzheimer's, COPD, strokes, renal failure, and
Gerontecture-CCC Plus Waiver Facilitator (12/31/23)	4240 Birdella Dr, Williamsburg, VA 23188	Owner/Director: Charlie Martino Ph: 757-426-4041 Email: Charlie@Gerontecture.com	CCC Plus Waiver Facilitator. Serves: Gloucester, Williamsburg/James City County, Hampton, Newport News, York, Poquoson
Grace Hospice (Rev.03/13/25)	Grace Hospice 7447 Central Business Park Drive, Suite 102 Norfolk, VA, 23513	Ph: 757- 644-0180 Fax: 877- 832-1084 Email: mobrien@ghospice.com	The goal of Grace hospice care is for the patient to remain as comfortable and pain-free as possible in their own home or the home of a loved one through the end of life. Care is provided by our team of physicians, nurses, hospice aides, social workers, chaplains and volunteers. Payment
Harbor Light Hospice of Virginia (Rev.03/14/25)	Harbor Light Hospice of Virginia 1064 Loftis Boulevard, Suite C-2, Newport News, VA, 23606	Ph: 757- 594-0288 Toll Free: 800- 409-9094 Fax: 757- 594-0388	~~Method(s): Private Pay, Private Insurance, Medicaid, Medicare, Service~~ Hospice Community Care of Virginia, Harbor Light Hospice, provides hospice care. Staff is committed to providing quality patient-centered end of life care with dignity and respect. Harbor Light Hospice is a philosophy of care, that assists patients, family, and friends, during the final stages of a terminal illness. Payment Method: Private Pay, Private Insurance, Medicaid, Medicare, Veterans. Service Area: Chesapeake, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Williamsburg and York

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Heartland Hospice Care (Rev.03/14/25)	Heartland Hospice Care 41 Old Oyster Point Road , Suite D, Newport News, VA, 23602	Ph: 757- 594-8215 Toll Free: 800- 375-2488 Fax: 757- 594-8530	Heartland Hospice Care provides hospice services, specializing in symptom and pain management for individuals who have a life limiting illness. The hospice team works with the patient and his/her family to provide a comprehensive program of psychosocial and spiritual support, medications, therapies, patient and family education, comforting treatments, equipment and supplies and bereavement services. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare. Service Area: Gloucester , Hampton , James City County , New Kent , Newport News, Poquoson, Williamsburg and York County. Please call for further information.
Intrepid USA Healthcare Services (Rev.03/14/25)	Intrepid USA Healthcare Services, Virginia Beach 4510 Holland Office Park,	Ph: 757- 499-0872 Fax: 757- 490-0173	Intrepid Hospice provides services that include: Professional Staff on call 24 hours a day, seven days a week, Physician-directed plan of care, Psychological and spiritual care, Pain and symptom management.
JC's Care From Above, LLC (Rev.12/31/23)	607 Lynnhaven Pkwy Suite 111, Virginia Beach, VA 23452	Ph: 757-776-5513 Fax: 757-917-5318 Website: https://jcscarefromabove.com	JC's Care From Above, LLC provides Personal Care Services and Respite, Private Duty Nursing and Home Health Care. Private Insurance, Tricare and Private Pay are accepted. They are may be accepting Medicaid in a near future. Ages: Children and Adults. They serve: Chesapeake, Hampton, Newport News, Portsmouth and , Suffolk. Please call for further information.
Key Elements Care, LLC (Rev.12/31/23)	20 Research Drive, Suite 600 Hampton, VA 23666	Ph: 757-755-3289 Fax: 757-766-0672 Email: info@keyelementscaresllc.com Website: https://www.keyelementscaresllc.com	Key Elements Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
La Casa Inc. (Rev.6/30/24)	La Casa Inc PO Box 72922 N. Chesterfield VA 23235	Ph: 804-353-0461/ Fax: 804-497-7401 Email: Lacasaincva@verizon.net Website: https://www.lacasaincva.net	La Casa, Inc., offer Case Management and/or Service Facilitation of Consumer-Directed Services to the DD/ID (CL & FIS), EPSDT and CCC Plus Waiver recipients through the Division of Long-Term Care Department of Medical Assistance Statewide. Please call for further information.
Lioness Community Care of	4445, Corporation Drive	Contact: MS. Tammi Hunt	Lioness Community Care of Virginia, LLC. provides pediatric and adult
Maxim Healthcare	11818 Rock Landing Drive, Newport News, VA 23606	Ph: 757- 595-8822 Fax: 855- 415-4963 E-mail: info@maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus Waiver) (Rev. 12/31/23)	Moms In Motion P.O. Box 609, Front Royal, VA 22629	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by
Randy's Angels HHC (Rev.12/17/19)	2817 Build America Drive Hampton, VA 23666	Ph: 757-826-0600 Fax: 757-826-2796	Randy's Angels HHC provides personal care services and respite. Please call for further information.

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Rooted and Grounded Inc. Home Care Agency (Rev.01/12/21)	Rooted and Grounded Inc. Home Care Agency 50 W. Queens Way	Ph:757-722-1999	Rooted and Grounded Inc. Home Care Agency provides personal care services and respite. Medicaid and Private Pay is accepted. They serve Hampton Roads Area. Please call for further information.
Sentara Home Care Services	Sentara Home Care Services 2713 Magruder Blvd., Suite G Hampton, VA 23666	Phone: 757- 736-3600 Fax: 757- 736-3649	Sentara Home Care is a full service organization that offers home health, infusion, hospice, home medical equipment and clinical respiratory services. Please call for further information.
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Silver Care,LLC (Rev.01/12/21)	4410 E. Claiborne Square Suite 334 Hampton VA 23666	Ph:757-648-9396 Toll Free:888-311-1532 Email:infor@silvercare4u.com Website:www.silvercare4u.com	Silver Care ,LLC provides personal care services and respite. Please call for further information.
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Warwick Forest Palliative and Hospice Care (Rev.02/28/25)	1004 Old Denbigh Boulevard, Newport News, VA, 23602	Ph: 757- 875-2200 Fax: 757- 875-2036	Palliative and Hospice care are offered at The Gardens at Warwick Forest, which provides Medicare skilled services for those with a terminal diagnosis of six months or less, staff works closely with families to provide support, personal care, and pain management in the patient's home. The
HOUSING ASSISTANCE/HOUSING SERVICES			
CCCS of Hampton Roads/Center for Child & Family Services	CCCS of Hampton Roads/Center for Child & Family Services, 2021 Cunningham Drive Hampton, VA 23666	Ph:75- 826-2227 Fax:757- 838-8021 Website:www.debtfreeonline.com	Fair housing assistance; home equity conversion mortgage counseling; homebuyer education programs; loss mitigation; marketing/outreach initiatives; mobility/relocation counseling; money debt management; mortgage delinquency/default resolution counseling; post purchase
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from
Hampton Redevelopment & Housing Authority (Rev.02/02/22)	Hampton Redevelopment & Housing Authority	Ph:757-727-6337 Fax:757-727-6368	Hampton Redevelopment and Housing Authority works on housing issues on the peninsula area of Virginia. They primarily works to provide housing
Public Housing - U.S. Department of Housing and Urban Development	Hampton Redevelopment & Housing Authority 1 Franklin St Hampton, VA 23660	Ph:757-727-6337 Fax:757-727-6368 Toll Free:1-800-955-2232 &800-955-5249	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high-rise apartments for elderly families. There are
Housing Choice Voucher Program- U.S. Department of Housing and Urban Development	Hampton Redevelopment & Housing Authority 1 Franklin St Hampton, VA 23660	Ph:757-727-6337 Fax:757-727-6368 Toll Free:1-800-955-2232 &800-955-5249	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families. Programs: EMERGENCY HOUSING VOUCHERS (homeless at risk of homelessness, fleeing, or attempting to flee
Office of Native American	Hampton Redevelopment & Housing Authority	Ph:757-727-6337 Fax:757-727-6368	The Office of Native American Programs (ONAP) administers programs designed to provide off-shore housing and employment development

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HELP Shelter (Rev.08/11/22)	1320 LaSalle Ave Hampton	Ph:757- 727-2577 Website:https://helphampton.org/sh	HELP provides safety-net shelter, healthcare, and support to vulnerable people in Hampton.
Homeless Assistance Program -The Planning Council (Rev.08/10/22)	The Planning Council 2551 Eltham Avenue, Suite 1	Contact: Karen Griffith Continuum of Care Coordinator	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910	House of Refuge is a short term homeless shelter for men 18 and older. Services provided: Shelter (to include underclothing, hygiene items)
Housing Assistance-Hampton Redevelopment & Housing Authority	Hampton Redevelopment & Housing Authority, 1 S.	Ph:757- 727-1111 Website:www.hrha.org	Fair housing assistance; home improvement/rehabilitation counseling; homebuyer education programs; post purchase counseling; repurchase
Housing Assistance-CCCS Hampton Roads	CCCS of Hampton Roads/Center for Child &	Ph:757- 826-2227 Fax: 757- 838-8021	fair housing assistance; home equity conversion mortgage counseling; homebuyer education programs; loss mitigation; marketing/outreach
Housing Assistance-Intime outreach	Intime Outreach, Inc.	Ph:757- 722-6791;	homebuyer education programs; money debt management; mortgage
LINK of Hampton Roads-	10413 Warwick Boulevard,	Ph:757-595-1953	Emergency Hurricane Shelter for the Homeless provides emergency
Love and Caring Ministries - Woman's Shelter	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and homeless women. This program provides: Safe haven from abusive
Regional Housing Crisis Hotline	Regional Housing Crisis	Ph:1-866-750-4431.	A new regional Housing Crisis Hotline is now open so that with one call,
INFORMATION AND			
Care Connection for Children	Hampton Roads	Hampton Roads	Care Connection for Children is a statewide network of centers of
DisabilityNavigator	DisabilityNavigator	Ph:804- 525-7728	DisabilityNavigator is a non-profit organization that provides free
Resources 757	Resources 757	Website:https://www.resources757.	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:: http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives: Job training, English as a
Victim Connect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846) Website:https://victimconnect.org	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			
The Arc's Envisions Day Support	The Arc's Envisions Day	Ph:757- 896-8472	The Arc's Envisions Day Support program provides structured activities
The Arc residential services	The Arc residential services	Contact Linda Kerns	The Arc provides residential services in nine houses in Hampton and
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	1320 LaSalle Ave., Hampton, VA 23669	Hampton Department of Social Services Ph: 757- 727-1800 Fax:757- 727-1835	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing,
Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707 Fax: 757-465-3206	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic

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Catholic Charities of Eastern Virginia- CARES services- Transportation Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Ph:757- 875-0060. Fax: 757-495-3206 Website: www.cceva.org	Often the Social Security Administration or some other payer source Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit or weekly phone call. Please call for further information.
Child Protective Services (CPS)	1320 LaSalle Ave., Hampton, VA 23666	Hampton Department of Social Services	The goal of Child Protective Services (CPS) is to identify, assess and
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General
Division of Child Support	Division of Child Support	Ph:800-468-8894	Division of Child Support Enforcement partners with federal, state, tribal
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300 Virginia Beach VA 23462	Ph: 757-938-9130 Website:http://jfshamptonroads.org/	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program
John W. Lee, PC (Rev.09/30/23)	Hampton Roads Center South 22 Enterprise Parkway – Suite 390 Hampton, VA 23666	Ph: 757.896.0868 Fax: 757.896.0679 (Free consultation) Website:https://hamptonroadslawfirm.com	John W. Lee, PC provides legal services in the following areas:Chapter 7 and Chapter 13 Bankruptcy,Uncontested Divorce,Child Support Law,Child Custody Law,Contested Divorce,Military Divorce Law,Separation Agreements,Prenuptial Agreements,Alimony Law,Wills, Trusts & Estate Law,Misdemeanor,Criminal,Felony,Criminal Drug Offenses,DUI
Legal Aid Society-Legal Services of Eastern Virginia (Rev.10/28/20)	Legal Services of Eastern Virginia 30 West Queens Way Hampton, VA 23669 OR P.O. Box 9505 Hampton, VA 23670	Ph: 757-275-0080 757- 827-5078 Intake Toll Free:1-888-868-1072 (866-LEGAL-AID) Ph: 757-816-4478 Email:vickierwilliams@opndoor.com	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and OPN -Door Communications was developed to help parties to resolve conflicts, build relationships, preserve relationships and sever relationships with dignity and diplomacy through mediation. Please call for further information.
OPN -Door Communications,LLC			
Transitions Family Violence Services-Legal Advocacy (Rev. 3/8/18)	Transitions Family Violence Services -Legal Advocacy P.O Box 561 Hampton,	Legal Advocacy Services Contact: Yahaira Ph:757- 728-2638	Transitions Family Violence Services offers legal advocacy services to help victims understand their legal rights and civil and criminal remedies to end their abuse. Advocates are available to accompany clients to
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org)	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Hampton City

Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required, this is not a pro-bono service.
William & Mary Law School-Elder & Disability Law Clinic (Rev.1/11/19)	W&M Law School Elder & Disability Law Clinic P.O. Box 8795 Williamsburg, VA 23187-	Ph: 757-221-7440 Fax: 757-221-1855 Email:elderlaw@wm.edu	The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to carry out those
LGBTQ			
LGBTQ Life Center	LGBTQ Life Center 20 Settlers Landing Rd, Hampton, VA 23669	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email:	LGBT Life Center is a trusted leader that empowers the LGBTQ communities and all people affected by HIV through improving health and wellness, strengthening families and communities, and providing transformative education and advocacy. Spanish speaking staff is
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self harm, etc. They welcome the call of any transgender person in need and will connect them with services that can help them meet that need.
Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev.08/18/22)	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com Website:https://tapvirginia.org	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to provide education surrounding the issues trans people face on a daily basis.
MEDICAL CARE			
Hampton Department of Health-Medical Care	Hampton Department of Health Victoria Center 3130 Victoria Boulevard Hampton, VA 23661	Ph:757-727-1172 Fax:757-727-1185 Central Scheduling : 757-727-1185 ext.21710	Services provided: Medical care to eligible patients(adults, children, infants), who do not have insurance. Also provides: Sexually Transmitted Disease (STD) clinic, Family practice clinic, women's specialty clinic, Adult and childhood immunizations, pharmacy, nursing home and community

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Hampton City

Hampton Roads Arthritis Center	Hampton Roads Arthritis Center	Ph: 757-874-7246 Fax: 757-826-9415	Accepts Medicaid HMO's only, no straight Medicaid (accepts MCD HKP+ HMO). For patients under 18, Dr. Gabriel can call and speak to Dr.
Hampton Roads Pediatrics-CHKD	Hampton Roads Pediatrics-CHKD 23 Manhattan Sq	Ph:757- 224-1600	Hampton Roads Pediatrics continually strives to improve the health of our community by providing current information, care and treatment for infants, children and adolescents. Patient satisfaction and providing
H.E.L.P Free Clinic-Medical Care (Rev.03/04/24)	H.E.L.P Free Clinic 1320 LaSalle Avenue Hampton, VA 23669 Mailing address: PO Box 190 Hampton, VA 23669	Ph: 757- 727-2577 Fax:757-723-0649 Website:: http://helpushelpu.org	Services: Adult acute and chronic exams, Health education, Heart healthy living medication education, Diabetes education, Asthma education, Nutrition education, radiology services and pharmacy services. Hours of operation: Hours: Monday – Thursday: 9 AM – 1 PM; 2 PM – 4 PM; Friday: 9 AM – 1PM. Eligibility requirements: resident of Virginia , 18+ years of age, Not eligible for Medicaid, proof of income required for sliding scale. Services are free to eligible persons. Intake: Appointment based. Must be resident of Hampton or Newport News. Please call or visit the website for further information.
LackleyFree Clinic -Medical Care (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry, Inc 1620 Old Williamsburg Road Yorktown, VA 23690	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821 Email: info@lackeyhealthcare.org Website: www.lackeyfreeclinic.com	Services: Primary Care, Family medicine, school Physicals, Pediatric Services, Gynecological services, lab and X-ray services, Pharmacy services, Diabetic counseling, Spiritual counseling, Ophthalmology, Endocrinology, Rheumatology. Hours of operation: Monday–Thursday:8:30 a.m.–5:00 p.m. and Friday: 8:30 a.m.–Noon. Pharmacy Hours: Monday–Wednesday:9:00 a.m.–4:30 p.m. Thursday: 9:00 a.m.–5:00 p.m. Friday: The Pharmacy is closed.Cost:We ask for a
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic -Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details:	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your
LGBTQ Life Center	LGBTQ Life Center 20 Settlers Landing Rd, Hampton, VA 23669	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email: info@lgbtlifecenter.org	LGBT Life Center provides free STD testing. No appointment needed. Last test begins 30 minutes before closing. Hours: Monday: 8:30am–5pm;Tuesday: 8:30am–8pm;Wednesday: 8:30am–5pm;Thursday: 8:30am–8pm;(after 5pm, HIV/STD testing is at Monticello office only) and Friday: 8:30am–5pm. They also offer the Mobile Testing
Medical Care-Bon Secours	Bon Secours Care-A-Van, Calvary Chapel Newport News 361 Beech Mont Drive Newport News, VA 23608	Contact: Delores Price, Program Manager Mary Immaculate Hospital Ph:757- 886-6511 Fax: 757- 886-6881	Bon Secours Care-A-Van, is a mobile health clinic that provides free healthcare services to people without insurance including babies, children and adults. Health Care services are available to everyone regardless of where you live. The Care-A-Van visit Calvary Chapel Newport News, 361 Beech Mont Drive the 1st and 3rd Wednesday of each month. The staff will arrive at 9:00 am and depart at 5:00 pm. Registration for appointments will begin at 9:20 a.m.

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Services Provided in Hampton City

Planned Parenthood (Rev.3/28/18)	403 Yale Drive Hampton, VA 23666	Ph: 757-826-2079 Fax: 757-825-9165	Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. Services Offered: birth control, pregnancy testing and services, emergency contraception, general health care, STD testing, treatment and vaccines, HIV testing, women's health care, men's health care, Insurance: they accept many private and public insurance plans, self pay is also available for uninsured patients. Languages: English; Spanish; Interpretation by telephone available for other languages. Please call for further information.
SEVHS (South Eastern Virginia Health System)(formerly PICH)-SEVHS Hampton-Newport News	Hampton-Newport News Community Services Board 300 Medical Drive – Suite 400	Ph: 757- 788-0455 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant
SEVHS (South Eastern Virginia Health System)(formerly PICH)-48th Street Physicians Medical Care	SEVHS South Eastern Virginia Health System (formerly PICH) 48th Street	Ph: 757-380-8709 Fax: 757-952-1345 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant
SEVHS (South Eastern Virginia Health System)(formerly PICH)-East End Physicians Medical Care (Rev.03/01/24)	SEVHS -East End Physicians 1033 28th Street Newport News, VA 23607	Ph: 757-952-2160 Fax: 757-952-2169 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance
SEVHS (South Eastern Virginia	SEVHS-Warwick Boulevard	Ph: 757-223-7001	South Eastern Virginia Health System (formerly PICH) is Community
SEVHS (South Eastern Virginia	Four Oaks Day Center	Ph: 757- 975-5200 Website:	South Eastern Virginia Health System (formerly PICH) is Community
SEVHS (South Eastern Virginia	SEVHS-Stoneybrook	Ph: 757-874-8400	South Eastern Virginia Health System (formerly PICH) is Community
MEDICATION ASSISTANCE			
Catholic Charities of Eastern	Catholic Charities of Eastern	Ph: 757-875-0060	The Pharmacy Connection Program of CCEVA helps people receive their
CVS Pharmacy #5796-24 HOURS	CVS Pharmacy	Ph:757-262-1227	CVS pharmacy offers 24 hours service. Free Rx delivery may be available.
CVS Pharmacy #5911	CVS Pharmacy	Ph:757-262-2188	CVS pharmacy offers evening services. Hours: M-F, 8a-9p; Sat., 9a-
Hampton Health Mart Pharmacy (Compounding) (Rev.02/25/20)	Hampton Health Mart Pharmacy 3321 W Mercury Blvd, Ste. D Hampton, VA 23666	Ph:757- 864-0380	Hampton Health Mart Pharmacy is a Compounding pharmacy. They provide home delivery 3-5 miles. Hours: Mon-Sat 9am to 7pm; Closed Sun & Holidays. Please call for further information.
Walgreens Pharmacy (Rev.09/16/20)	Walgreens Pharmacy 919 W. Mercury Blvd Hampton, VA	Ph:757-827-2995 Website: walgreens.com	Walgreens Pharmacy offers evening services. Hours:7a-11p. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Hampton City**

MENTAL HEALTH/COUNSELING			
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB (Rev.11/22/19)	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Emergency Services: Ph: 757-788-0011 Children Behavioral Health Urgent Care: 757-215-3460 Crisis Hotline:	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please
Agape Counseling and Therapeutic Services, Inc. (Rev.9/13/18)	3221 Commander Shepard Blvd. Hampton, VA 23666	Ph:757- 244-3500 Email:aplhacou@alphacounselors.com Website:www.agapecounselingva.com	Agape Counseling and Therapeutic Services, Inc. provides : Family/Individual counseling, in-home counseling, therapeutic foster care, geriatric services and therapeutic day treatment. Please call for further information.
Alpha Counsellors Service, Inc. (Rev.9/13/18)	1503 Hardy Cash Drive Hampton, VA 23666	Ph:757- 262-2094 Website:www.alphacounselors.com	Alpha Counsellors Service, Inc. provides Therapeutic day program for children, in-home counseling, mentoring, fitness, nutrition, and substance abuse. Sex Offender therapy is also offered. Please call for further information.
Associated Counselors of Tidewater	Associated Counselors of Tidewater 2019 Cunningham Drive Suite#220 Hampton, VA	Ph:757- 825-9181	Associated Counselors of Tidewater provides Psychotherapy services for children and adults. Accepts most insurances, Healthkeepers Plus, Famis, Medicaid.
Catholic Charities of Hampton Roads	Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite 101	Ph: 757-875-0060	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides
Creative Counseling Center (Rev.9/13/18)	Creative Counseling Center 706 Todds Lane Hampton VA 23666	Ph: 757-876-7194 Fax: 757-262-1544 Contact: Jenn Abrams Ph:757-876-7194 OR Valerie Lauzon, LCSW	Creative Counseling Center Inc., is a private counseling practice composed of two full time therapists who bring over 25 years of experience to the field of therapy. They are experienced in working with children, teens and their families, and incorporate creative approaches into counseling such as play and art therapy. Jennie Abrams specializes in
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Denise Keeley- LGBTQ LiFe Center Counselor	LGBTQ Life Center- Counseling Services 20 Settlers Landing Rd, Hampton, VA 23669	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email:	Denise is a licensed clinical social worker experienced in working with LGBTQ clients, including those who identify as transgender. She provides LGBTQ affirming therapy and psychotherapy for adults, adolescents, and their families. She can also provide written documentation for those
DQS Communications Healthcare Group	Ten West Queens Way, In Historic Downtown Hampton, Virginia, 23669 One Block From the Virginia Air & Space Museum	Ph:888- 657-2343 Email: vatherapist@gmail.com	DQS Communications Healthcare Group offer mental health counseling and therapy services in Virginia; for Individuals, families, couples, the LGBTQIA community, adults and children of all ages. Telephone and Video counseling is available nationwide. Spanish speaking staff is available. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Hampton City

Family Insight, P.C. (Rev.9/13/18)	4410 E. Claiborne Street, Suite 334 Hampton, VA 23666	Ph:757- 233-0003 Website:familyinsight.net	Family Insight, P.C. provides intensive In-Home Counseling, mental health skill-building and applied behavior analysis. Please call for further information.
Family & Youth Foundations Counseling Services (Rev.9/13/18)	3001 West Mercury Blvd. Hampton, VA 23666	Ph:757- 380-0385	Family & Youth Foundations Counseling Services provides family counseling, in-home therapy, therapeutic day treatment. Walk-ins allowed. Please call for further information.
Family Preservation Services (FPS) (Rev.01/08/21)	FPS Peninsula Office 739 Thimble Shoals Blvd. Suite 706 Newport News, VA 23606	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 757.873.0130	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of
Family Preservation Services	Family Preservation Services 205 Lake Tower Dr. Hampton, VA 23666	Ph:757-838-8520 Fax:757-838-8528 Website:www.fpscorp.com Email:misp@fps.com	Family Preservation Services, Inc. Behavioral Treatment Services (BTS) are designed to target behaviors related to Autism Spectrum disorders, Asperger's, Down Syndrome, and intellectual disabilities. Evidence-based methods are used to identify strengths and promote improved
GAP-Governor's Access Plan	GAP-Governor's Access Plan Hampton-Newport News Community Services Board 300 Medical Drive	Magellan care manager Ph:1-800-424-4279 (service 24 hours, 7 days per week) Local	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility:
Genesis Counseling- Hampton (Rev.12/23/24)	2202 Executive Drive, Hampton, VA 23666	757-827-7707 Website:https://genesiscounselingc enter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges,
Hampton Mental Health Associates	Hampton Mental Health Associates 2208 Executive Dr. Suite C Hampton, VA 23666	Ph:757- 826-7516 Fax: 757- 825-7351 Website:www.hmha.net	Hampton Mental Health Associates provides Psychotherapy services for children and adults. Accepts Healthkeepers , VA Premier.
Hampton-Newport News Community Services Board	Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Ph: 757-788-0300 Emergency Services: Ph: 757-788-0011 GAP Fact Sheet For GAP	The Hampton-Newport News Community Services Board provides comprehensive mental health and services for those with intellectual and developmental disabilities, for people of all ages who live in Hampton and Newport News.
Hampton-Newport News CIT-Crisis Intervention Team (Rev.02/23/21)	Hampton-Newport News - Crisis Intervention Team (CIT) 300 Medical Center Dr.	CIT Coordinator Dean Barker Ph:757- 788-0086 Fax: 757-726- 5401 Email:rbarker@hnnncsb.org	Officers on the Crisis Intervention Team are specially trained to recognize and de-escalate crises involving people with acute episodes of mental illness. The goal of the crisis team program is to reduce unnecessary restraint and incarceration of people with mental illness, and to provide
Lutheran Family Services	Lutheran Family Services 525 Butler Farm Rd. Suite 106 Hampton, VA 23666	Ph:757-722-4707 Fax:757- 722-0898 Website:www.lfsva.org	Lutheran Family Services provides in-home therapy services ages 5-21.Provides developmental services for autism. Medicaid is accepted.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Hampton City

James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com	James Bentley Counseling Services provides the following Services:Counseling,Parent Education, Link the Client to Resources,Restore the Family Unit, Crisis Intervention, Communication Skills, Anger Management, Medication Compliance,
James Bentley Treatment Program-Intensive Inhome Services (IIH)	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com	James Bentley Treatment Program provides intensive inhome services (IIH) for children ages 5 - 21.This program is for children who are at risk of removal from their homes due to behavioral or emotional disturbance. Please call for further information.
LGBTQ Life Center-Counseling Services	LGBTQ Life Center-Counseling Services 20 Settlers Landing Rd, Hampton, VA 23669	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email:	LGBT Life Center provides mental health services to HIV positive, lesbian, gay, bisexual, and transgender individuals. They offer affordable, sliding scale services to individuals based on their ability to pay. They accept cash, Medicaid, Ryan White funding, and private health care
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect
NAMI Hampton/Newport News	NAMI Hampton/Newport News 100 Medical Drive, Suite A Hampton, VA 23666	Ph: 757- 556-8063 Email: gail.auman@verizon.net Website: http://namihptnn.org HelpLine 800-950-6264	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They advocate and educate people with mental illness and their families by providing free
NAMI Connection Hampton/Newport News	NAMI Connection Hampton/Newport News Hampton VA Hospital 100 Emancipation Drive Hampton 23667	Contact: Ms. Charlee Redick Website:http://namihptnn.org HelpLine 800-950-6264	NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding. 1st and 3rd Wednesday of the month at 6 pm. Please call for further information.
NAMI Peer-to-Peer	NAMI Peer-to-Peer Hampton, VA 23667	Contact:Thomara Ph:703- 999-8699	NAMI Peer-to-Peer is a unique, experiential learning program for people living with a mental illness who are interested in establishing and
NAMI Family-to-Family	NAMI Family-to-Family Executive Towers	Contact: Kathy Harmon	NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Please call for further information.
NAMI Virginia's Statewide Hpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline:	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to
Positive Support for Children with Autism (Rev.09/09/21)	2019 Cunningham Drive Suite 105 Hampton, VA 23666	Ph:757- 788-8033 Email:jbaker.psc@outlook.com	Positive Support for Children with Autism provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.

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Services Provided in Hampton City

The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email:info@thechasfoundation.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness, Increase access to effective treatment for the mentally ill, Save lives of those dealing with a mental illness by working with private and
The Counseling Center, LLC (Rev.9/13/18)	2211 Executive Drive Hampton, VA 23666	Ph:757- 826-4600 Website:www.thecounselingctr.com	The Counseling Center, LLC provides traditional counseling services, substance abuse counseling, co-parenting classes, and more. Please call for further information.
The Empowerment Network, LLC (Rev. 3/1/18)	1929 Coliseum Dr. Suite K	Ph:757-310-9530 Fax:757-224-4910	The Empowerment Network, LLC is a Medicaid provider licensed by the Department of Behavioral Health and Developmental Services to provide
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 9:30AM
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph.: 757-337-6958 Email:interpreter.services@cccovfa.org Website: http://www.cccovfa.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. Our interpreters are tested and trained to ensure they provide accurate, complete, professional, and confidential interpretation and translation. The
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev. 08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services include: General
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Cooperative Parenting Program	Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite 101 Newport News, VA 23602	Ph.: 757-875-0060	This is a Virginia Court Approved Program. Program helps parents and guardians to shield children from parental conflict, guide children through the process of recovery, reduce frustration and Anger, reduce behavior problems and potential for violence. Times: 2nd and 4th Saturday of each month. Must call for pre-registration. Family can reside at any city.
FirstSpark (Rev.11/25/24)	FirstSpark Logo 11832 Canon Blvd., Suite F	Ph:757- 240-2731 Website:https://www.firstsparkva.org	FirstSpark is a nonprofit organization that provides education and resources to early childhood educators, along with connecting parents of

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Hampton City

Hampton's Healthy Families Partnership Inc. (HFP, Inc.) -Healthy Families (Rev.12/30/24)	100 Old Hampton Lane, Hampton, VA 23669	Ph.: 727-1300 & 757- 727-2601 Email:hamptonhfpinc@gmail.com http://www.hampton.va.us/healthyfamilies	Hampton's Healthy Families Partnership Inc. (HFP, Inc.) is the non-profit partner organization for the City of Hampton's Healthy Families office, a multi-agency community-wide effort to make the city a healthy and nurturing place in which to raise children. The Healthy Families office
Hampton Roads Doulas-HRD (Rev.1/25/19)	Hampton Roads Doulas-HRD	Ph: 757-349-6618 Email:office@hrdoulas.com Website:http://hrdoulas.com	Hampton Roads Doulas-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They provide 24-hour assistance. Services: prenatal doulas, postpartum doulas, birth doulas, placenta encapsulation, infant feeding and birth classes. Fee: mothers can hire a doula for anything from \$1,000 to \$1,300,. Please call for further information.
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartnership.org	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice and support
OPN-Door Communications- court approved	OPN-Door Communications United & Empowered Care	Ph: 757-816-4478 Website:	OPN-Door Communications fulfills the requirements of the Virginia Code requiring divorcing/separating parents with minor children or in a disputed
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education Email:debra.zalvan@ubicare.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and
RECREATION			
Camp Superstar Hampton Therapeutic Recreation Program (Rev.08/10/21)	Hampton Therapeutic Recreation Center 4315 Kecoughtan Road	Ph:757- 728-1710 Website:Hampton.gov/SummerCamps	This program is designed for individuals ages 6-22 with disabilities and requires advance registration and assessment. Participants must be able to use the restroom with minimal support, follow 1-2 step directions, and have adesire to participate. Therapeutic Recreation programs have 1:4 staff to participant ratio. Please be advised, spacing is limited. Times:ten
Concerned Adults Teaching Children Hope C.A.T.C.H.	Concerned Adults Teaching Children Hope C.A.T.C.H.	Contact: Maria C. Parker Ph.: 757-851-0101 Websiste:www.catch4kids.org	Concerned Adults Teaching Children Hope C.A.T.C.H. services individuals with diagnosis of but not limited to ADD/ADHD, ASD,AFS, AFSA, Bipolar, RAD, PDD, PTSD, Seizure disorder, mild intellectual disability, and conduct disorder. Hours: Monday - Friday 9 a.m. - 4 p.m. Ages:4 years
Girls Inc. of the Greater Peninsula	Girls Inc. of the Greater Peninsula 1300 Thomas Street, Suite C Hampton, VA 23669 2042	Ph:757-722-6248 Fax: 757-722-6249	Girls Inc. develops research-based informal education programs that encourage girls to take risks and master physical, intellectual and emotional challenges. Major programs address math and science education, pregnancy and drug abuse prevention, media literacy,
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp	Contact:Tierra Langley Program Coordinator/Research	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to
Hampton TRC Summer Camp	Hampton TRC Summer	Contact: Shaeron King	Hampton TRC Summer Camp Program Hampton serves individuals with
Planet Fitness-Free Summer Membership (Rev.06/21/22)	Chesapeake, VA 1620 Sentinel Dr Chesapeake, VA 23320	Ph:757- 226-8543 Website:https://www.planetfitness.com/gyms	Planet Fitness-Free Summer Membership program is for Teens 14-19; they can work out FREE with High School Summer Pass™. PLUS, when they sign up, they are automatically entered for a chance to win a \$5,000 scholarship*. *NO PUR NEC. Ages 14-19 (with parent approval if a minor). Ends 8/31. Void where prohibited. Please visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Hampton City

Recreation-Social Activities-The Arc of The Virginia Peninsula	Recreation-Social Activities-The Arc of The Virginia Peninsula 2520 58th Street ~ Copeland Park Hampton, VA 23661	Ph:757-896-6461 Fax: 757-896-8470	The Arc offers a robust recreation program led by a Therapeutic Recreation Specialist. This program was created with support from the Bernardine Franciscan Sisters Foundation and is supported by the Riverside Health System Foundation. The goal of the program is to increase recreational opportunities, teach new skills, and expand social and volunteer activities that improve the health and well-being of individuals with disabilities. Significant emphasis is placed on activities
The Boys & Girls Club of The Virginia Peninsula (Rev.08/26/20)	The Boys & Girls Club of The Virginia Peninsula 1815 Shell Road Hampton, VA 23661	Ph:757- 244-6610	Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and community involvement. Programs include: Character and Leadership, Education and Career Development, Health and Life Skills, The Arts, and Sports, Fitness and Recreation. Please call for further information.
YMCA Hampton	YMCA Hampton- 1322 LaSalle Ave. Hampton, VA 23669	Ph.: 757-722-9044 Fax: 757722-3556	The YMCA is a non-profit member-based organization serving the community with a wide range of health and wellness, family and community building programs - all designed to help you grow stronger in
YMCA Hampton-Day Camp Program	YMCA Hampton- Day Camp Program 1322 LaSalle Ave. Hampton, VA 23669	Ph.: 757-722-9044 Fax: 757722-3556 Email: info@peninsulaymca.org	YMCA Day Camp is a traditional camp experience that develops spirit, mind and body. A fun daily schedule provides hours filled with excitement and new experiences. Activities include swimming, arts & crafts, new games, nature exploration, sports, songs, field trips and much more. The program stresses socialization, self-confidence, self-awareness and teaches skills. Campers are divided into groups according to their grade.
RESPIRE			
Catholic Charities - In-Home Respite Care (Rev. 4/23/19)	Catholic Charities of Eastern Virginia 12829 Jefferson Ave	Ph:757- 875-0060	Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while you are away. Respite services DO NOT
Community Services Board- CSB's Respite Care Programs (Rev. 04/17/23)	Hampton-Newport News Community Services Board 300 Medical Drive	Families must call main number to be directed to the local CSB Ph.: 757-788-0300	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite Companionship and Vocational Services Insurance. They currently
SAFETY			
Hampton Health Department Child Safety Seat Program (Rev. 06/11/24)	Hampton Health Department 3130 Victoria Boulevard Hampton, VA 23661-1544	Ph:757- 727-1172, ext. 21715 Toll Free:1-800-732-8333 Website:www.vdhweb/ibd/Hampton/i	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website:https://poisonhelp.hrsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages
Project Lifesaver-Hampton	Project Lifesaver Hampton Hampton Sheriff's Office 1928 W. Pembroke Ave	Ph:757-926-2509 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Hampton City

Smoke Detector Program (Rev.4/2/19)	Hampton Fire Prevention Section	Ph:757- 727-1210 Website:https://hampton.gov/866/Free-Smoke-Detectors	Please contact Hampton Fire Prevention Section to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment
SUBSTANCE ABUSE			
Better Substance Abuse Care Rehab (Rev. 8/12/18)	26 Towne Centre Way #107, Hampton, VA 23666	Ph: 757-216-1595 Email : info@addictionrehabhamptonva.co	Better Substance Abuse Care Rehab provides rehab programs for all types of drug abuse and alcohol; treatment can help users that have additional psychological or emotional problems as well. Please call for
GAP-Governor's Access Plan	GAP-Governor's Access Plan Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA	Magellan care manager Ph:1-800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:757-	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website:www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com Website: http://www.jamesbentleytre	James Bentley Counseling Services provides Substance Abuse Education, Psychiatric Evaluation & Treatment. Please call for further information.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive
Oxford House	Oxford House 107A N. First Street Hampton, VA 23664 Gender: Males	Oxford House Hampton Ph:757-851-1832 *** 38 Rockingham Drive Ph: 757-851-8843	Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home.Fees:Vary from house to house, typically \$65-\$165 per day.

Services Provided in Hampton City

Services Provided in **Hampton City**

Project LINK	Project LINK 500 Medical Drive, Suite B Hampton, VA 23666	Katalin Cannady Program Manager/Project LINK Coordinator Ph: 757-788-0547 E: kcanady@projectlink.org	Project LINK provides intensive gender-specific case management services to pregnant, post-partum and parenting women whose lives have been affected by substance use and/or co-occurring disorder. They provide the following services: childcare and transportation assistance to the hospital for prenatal and postnatal care.
Riverside Behavioral Health Center-Detoxification	Riverside Behavioral Health Center-Detoxification 2244 Executive Drive Hampton, VA 23666	General Information Ph:757- 827-1001 Admissions & Inpatient Information Ph:757- 827-3119 757- 827-2424 TTY: 757- 827-2424	Riverside Behavioral Health Center provides psychiatric and substance abuse care in Hampton Roads. Their services: Inpatient Adult Services, Inpatient Child and Adolescent Services and Adolescent Residential. All insurance plans accepted, self-pay.
SEFP-(South-Eastern Family Project) Hampton Newport News CSB	SEFP (South-Eastern Virginia Family Project) 2251 Terminal Avenue Hampton, VA 23666	Ph:757-245-1070 Hampton-Newport News CSB 757- 788-0300	SEFP (South-Eastern Family Project) Is a program from Hampton Newport News CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use.
Sentara CarePlex Hospital (Rev.4/3/18)	3000 Coliseum Drive Hampton, VA	Ph:757- 736-1000 Hotline:800- 838-1752	Sentara CarePlex Hospital provides addiction treatment services.
Sentara CarePlex Hospital-Tobacco Cessation (Rev.8/22/18)	3000 Coliseum Drive Hampton, VA 23666	Ph:757- 827-2415	Sentara CarePlex Hospital provides individual classes to help individuals with tobacco cessation. Please call for further information.
Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat- https://www.lifeline-chat.org/	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Monday Morning Women St. John's Episcopal Church 100 West Queens Way Hampton, VA 23666	Contact: Darlene M. Ph: 757-851-2325	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and not on the alcoholic.
The Al-Anon (for adults)-Support Group (Rev.8/24/18)	Harborpointe Community Church 351 E. Mercury Blvd Hampton, VA 23666	Contact: Cynthia Ph:239-281-6628	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and not on the alcoholic.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Friday Morning Women St. John's Episcopal Church 100 West Queens Way Hampton, VA 23666	Contact: Jill Ph:757-771-8898.	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and not on the alcoholic.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Friday Night AFG First Christian Church 1459 Todds Ln Hampton, VA 23666	Contact: Judy A. Ph:757-284-4534	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and not on the alcoholic.
The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Ph: 757-788-0300 Emergency Services: Ph: 757-788-0011	The Hampton-Newport News Community Services Board provides comprehensive mental health and substance abuse services for people of all ages who live in Hampton and Newport News.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
ACED (Advocating Champions Empowering Disabilities)-for MEN	Contact: Danny Hodges Ph:757- 236-3880	Sarah Bonwell Hudgins (also known as Eggleston services) Thomas Nelson Community College	Come and join other men where you can get support, give support, get information, advocate and bring awareness to the community. We welcome all men with interest in the special needs community ACED.
AGIS (American Guild for Infant Survival)-Support Group (SIDS)	AGIS (American Guild for Infant Survival)-Support Group (SIDS)	Contact: Eileen and Scott Hessek Ph: 757-463-3845 Email: agis@sids-supportguild.org OR Contact:	AGIS (American Guild for Infant Survival)-Support Group (SIDS)-is for who have experienced the death of a child through Sudden Infant Death Syndrome. Serves Tidewater and Peninsula.
Arthritis Support Group	Arthritis Support Group Sentara Care Plex Hospital c/o Arthritis Foundation	Ph:757-736-1000	Arthritis Support Group is a support group that meets the 2nd Monday of each month from 6:00 pm to 8:00pm.
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/22)	Bereavement Support Group for Parents-Compassionate Friends	Ph:757-384-0823 Email: peninsulatcf@live.com Toll Free:1-877-960-0010	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Hampton City

Bereavement Support Group-Sentara Careplex Hospital	Bereavement Support Group Sentara Careplex Hospital 200 Coliseum Drive	Contact: Connie Bush Cancer Administration Ph:757-827-2438	Bereavement Support Group-Sentara Careplex Hospital offers emotional support for anyone who has lost a loved one. The group meets 2nd and 4th Wednesday of every month from 5:00pm-6:30pm.
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Breast Cancer Support Group (Rev.03/02/20)	Breast Cancer Support Group 300 Coliseum Drive Hampton	Contact: Belinda Risher, RN, MS, AOCN, Breast Cancer Patient Navigator	Breast Cancer Support Group offers emotional and educational support to cancer patients and their families. This group meets the 4th Tuesday of the month from 7:30 a.m. Please call for further information.
Colorectal Cancer Support Group (Rev.03/02/20)	Colorectal Cancer Support Group Sentara Careplex Hospital	Contact: Nanette Sandberg Colorectal Program Coordinator Ph:757-736-1234	Colorectal Cancer Support Group offers emotional and educational support to patients diagnosed with Colorectal cancer. The group meets 3rd Wednesday of the month from 1:00-2:30pm. Please call for further information.
Chrohn's Disease and Colitis Support Group	A program of Crohn's & Colitis Foundation of America, Inc. - Hampton	Main: 877-807-5271 Fax :703-739-9657 Alternate:703-739-2548	Support group for those with Crohn's disease and ulcerative colitis to discuss their individual experiences with these diseases. Not therapy groups led by professionals. They promote fellowship and dispel sense of isolation.
Diabetes Support Group	Peninsula Diabetes Support	For further information contact the	2nd Monday every month (6:30 p.m. to 8:00 p.m.)
DivorceCare Support Group (Rev.6/6/18)	Liberty Baptist Church 1021 Big Bethel Road, Hampton, VA 23666	Contact: Johanna, Groups Ministry Assistant Ph:757-826-2110 Website:http://www.divorcecare.org/	DivorceCare Support Group provides support to individuals facing divorce or separation; they meet to help individuals to face these challenges and move toward rebuilding their life. Meetings: Wednesdays at 6:00PM.Please call for further information.
Family Fun Night - Salvation Army (Rev.05/04/23)	TheSalvation Army 1033BigBethelRoad Hampton, VA 23666	Ph:757-838-4875	Family Fun Night is a Salvation Army Program that bring your fami lies in for a fun-filled evening to include:Dinner,-Games,-Devotionals,-Character building activities,etc. The events are free. The only requirement is your family's presence, personality and registration.. All ages are welcome. Hours:Wednesday Evenings 5:30PM-7:30PM>Please call for registration at 757-838-4875
General Cancer Support Group	General Cancer Support Group	Ph:757-395-8686 Cancer Resource Center	General Cancer Support Group offers emotional and educational support to cancer patients and their families. All types of cancer are included. The group meets 3rd Monday of every month,6:30 pm.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Leukemia and Lymphoma Support Group	Leukemia and Lymphoma Support Group 300 Coliseum Drive Hampton VA 23666	Leukemia and Lymphoma Society Ph:800-766-0797	Leukemia and Lymphoma Support Group offers emotional and educational support to patients diagnosed with Leukemia, Lymphoma and myeloma. Family and Friends are welcome. The group meets 1st Tuesday of the month from 7:00-8:30pm.
Look Good, Feel Better Support Group	Look Good, Feel Better Support Group 200 Coliseum Drive	Contact: Connie Bush Cancer Administration Ph:757-827-2438	Look Good, Feel Better Support Group-participants learn how to apply make up, style hair, and suggestions on sources for wigs. The program teaches grooming techniques that can help patients cope with cancer-related changes.
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer participation and educational

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Services Provided in Hampton City

Lung/Respiratory Cancer-Support Group	Lung/Respiratory Cancer-Support Group 300 Coliseum Drive Hampton VA 23666	Contact: Connie Bush Cancer Administration Ph:757-827-2438	Lung/Respiratory Cancer-Support Group offers emotional and educational support to lung cancer patients and their families. The group meets monthly from 1:00-2:00pm.
Man-to-Man Prostate Cancer-Support Group	Man-to-Man Prostate Cancer-Support Group 300 Coliseum Drive Hampton VA 23666	Contact: Connie Bush Cancer Administration Ph:757-827-2438	Man-to-Man Prostate Cancer- Support Group offers emotional and educational support to patients diagnosed with Prostate Cancer. The group meets 2nd Tuesday of every month from 7:00-8:30pm.
Postpartum Support Virginia-Support Group Via ZOOM (Rev.06/02/20)	Bon Secours Mary Immaculate	Contact : MaryImmaculate@postpartumva.org Registration link: https://zoom.us/join/joinmeeting/register/tJA	Bon Secours Mary Immaculate is facilitating a virtual post partum support group via ZOOM. Times: for 1st and 3rd Tuesdays from 1:00-2:30 pm. Open to all mothers living in Virginia regardless of the age of their child/children. NO RSVP REQUIRED. No groups on major holidays.
Postpartum Support Virginia-Military Moms (Langley)Support Group Via ZOOM (Rev.06/02/20)	Military Moms (Langley)	Contact: Langley@postpartumva.org Registration link:	Langley is facilitating a virtual post partum support group for military moms via ZOOM. Times:1st & 3rd Fridays from 1400-1530..Open to all mothers living in Virginia regardless of the age of their child/children. NO
Postpartum Support Virginia-Sentara Careplex Support Group Via ZOOM (Rev.06/02/20)	Sentara Careplex Support Group	Contact: Hampton@postpartumva.org Registration link:	Sentara Careplex is facilitating a virtual post partum support group via ZOOM. Times:1st & 3rd Tuesdays from 6:30-8:00 pm.Open to all mothers living in Virginia regardless of the age of their child/children. NO RSVP
Postpartum Support Virginia-Breastfeeding Group (Riverside) Support Group Via ZOOM (Rev.06/02/20)	Breastfeeding Group (Riverside)	Contact: Riverside@postpartumva.org Registration link: https://zoom.us/join/joinmeeting/register/tJE	Breastfeeding Group (Riverside) is facilitating a virtual post partum support group for breastfeeding moms via ZOOM. Times:2nd & 4th Tuesdays from 6:00-7:30 pm. Please register at: https://zoom.us/join/joinmeeting/register/tJEvduigqD8uGtRGkKC3dm0oQ-
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone-Seasoned Sprinkling -Senior Gathering - Salvation Army (Rev.05/04/23)	Red Balloon-You're Not Alone-Seasoned Sprinkling -Senior Gathering - Salvation Army 1033BigBethelRoad Hampton, VA 23666	Website: https://www.salvationarmy.org/redballoon/ Ph:757-838-4875	Red Balloon-You're Not Alone- Parent Support Group it's a warm and Seasoned Sprinkling -Senior Gathering is a Salvation Army Program for good-fellowship and fun for seniors (ages 50+) every Tuesday and Thursday from 9:00am to noon. Activities include: crafting,exercise,field
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email:	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by former NICU
Support Group Círculo de Padres Hispanos/Hispanic Circle of Parents	A Program of Mary Immaculate Family Focus and First Baptist Church Newport News Circle of Parents Program 12716 Warwick Blvd Newport News, VA	Contact: Cecilia Gonzalez Ph: 757-812-4602 email: CC.Gonzalez@cox.net or Delores Price, 757-886-6511	Hispanics Circle of Parents offers Free Parenting seminars, Children activities, Homemade dishes, Field trips, Crafts and Presentations. Meetings: Every Wednesday morning from 9:30 am-12:00pm.Parents must call for registration.
Support Group Círculo de Padres Hispanos/Hispanic Circle of Parents	A Program of Mary Immaculate Family Focus, St. George's Episcopal Church and Army Community	Contact:Ariadna oliveras-Oquendo Ph.: 757-833-3054 or Delores Price, 757-886-6511	Hispanics Circle of Parents offers Free Parenting seminars, Children activities, Homemade dishes, Field trips, Crafts and Presentations. Meetings: Every Thursday morning from 9:30 am-12:00pm.Parents must call for registration.

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Support Group Down Syndrome Association Peninsula	Down Syndrome Association of the Virginia Peninsula P.O. Box 1237 Yorktown, VA 23692	Intake: Kim Strickland, Ph.: 757 234-0895, Email: kstrickland@dsavp.org Main:757-890-3013 Web site: http://www.dsavp.org/	Provides social and educational events for individuals with Down syndrome and their families, helps families welcome the birth of a child with Down syndrome, and increase awareness of the capabilities and contributions of individuals with Down syndrome. Monthly meetings. Please call for further information.
The Lighthouse Guild Teleconference Group for Families of Children with CVI/Cerebral	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office	Contact: Judith Millman, Facilitator Contact: Judy.Judithmillman@aol.com	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information
Transitions Family Violence Services-Support Group	Transitions Family Violence Services P.O Box 561	Ph:757- 722-2261 Fax: 757-723-2717	Transitions offers FREE support groups to the public every Tuesday from noon to 1:00 PM and from 6 PM to 7:30 PM at the Transitions Client
Transitions Family Violence Services-Support Group	Transitions Family Violence Services P.O Box 561 Hampton, Virginia 23369	Ph:757- 722-2261 Fax: 757-723-2717 TTY/TDD: 757- 723-6862 Legal Advocacy Services 757-728-2638 Support	Transitions is now offering a support group for women who were molested as children. The group will meet Thursdays at 6:00 PM. Please call for more information.
Transitions Family Violence Services-Support Group	Transitions Family Violence Services P.O Box 561 Hampton, Virginia 23369	Ph:757- 722-2261 Fax: 757-723-2717 TTY/TDD: 757- 723-6862 Legal Advocacy Services 757- 728-2638	Teen Support Group: Tuesday nights, 6:00 PM Coed ages 13- 17, by referral only. Contact at for more information.
THERAPIES			
Adler Therapy Group-Hampton (Rev.10/10/24)	21 Enterprise Parkway Suite 100 Hampton, VA 23666	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygroup.com	Adler Therapy Group specializes in delivering Physical Therapy, Occupational Therapy, and Speech Language Pathology for pediatrics, adolescents and adults.Insurance:most major insurance networks are accepted. Must insure about yourself as primary. Please call for
Aveanna Healthcare (Rev.02/14/23)	2713 Magruder Boulevard, Suite L	Ph: 757- 490-3223 Fax: 757-490-2936	Aveanna Healthcare Company provides Pediatric Occupational ,Physical and Speech Language Therapies.Please call for further information.
Dominion Physical Therapy & Associates	304 Marcella Rd, Suite E Hampton, VA 23666	Ph: 757- 825-9446 Fax: 757- 825-9476	Dominion Physical Therapy & Associates provides the following services: Occupational and Speech Therapy (Pediatric only),Pre-Employment
Global Speech Services LLC (Rev.06/26/24)	2101 Executive Dr #200, Hampton, VA 23666	Ph: 757- 869-7559 Fax:757-827-0442	Global Speech Services LLC provides speech therapy services for children (age 2) and adults to help them with their communication skills.
Rehabilitation Associations-Aveanna Healthcare Company (Rev.4/1/19)	2713 Magruder Boulevard, Suite L Hampton VA 23666	Contact: Jackie Thompson Therapy Operations Manager Ph:757- 757- 490-3223 Referrals: Emily Ellenberger Fax:757-490-2936 Email:emily.ellenberger@aveanna.com	Rehabilitation Associations-Aveanna Healthcare Company provides the following therapy services: Clinic-based occupational therapy, physical therapy and speech therapy with a focus on developmental delays. Our therapists can provide feeding therapy through OT or ST depending on the focus. We're also contracted to provide evaluations and/or therapy through the Early Intervention programs (birth to 3 years of age) all throughout the Hampton Roads area. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury

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Sentara Home Care Services	Sentara Home Care Services 2713 Magruder Blvd., Suite G Hampton, VA 23666	Phone: 757- 736-3600 Fax: 757- 736-3649	Sentara Home Care offers a comprehensive spectrum of rehabilitative therapies to help our patients achieve and maintain their highest level of independence. Their team of physical, occupational and speech therapists teach, guide and assist our patients to get back on their feet after surgery and help them relearn and practice the activities of daily living. Please call for further information.
Ivy Rehab for Kids-Hampton (Kids) (Rev.06/16/22)	1062B W Mercury Blvd Hampton, VA 23666	Ph:757- 644-0644 Fax: 757- 819-4581 Website:https://www.ivyrehab.com	Ivy Rehab for Kids located in Hampton, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills, handwriting, mobility, self-regulation,
THERAPEUTIC FOSTER CARE			
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.

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ModivCare (formerly Logisticare)- Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.c om	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
ModivCare (formerly Logisticare)- Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.10/25/23)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 and 866- 246-9979 Website:https://www.mymodivcare.c om	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina	Molina Healthcare of Virginia CCC Plus and and DD	Ph:877-790-9472 Molina Healthcare	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All
Mar Mac Transportation Svc,Hampton	Mar Mac Transportation Ser 6 Newsome Place Hampton, VA 23661	Ph:757- 727-0060	Mar Mac Transportation Svc Inc. is a private company categorized under Ambulance Service and located in Hampton, VA. Please call for further information about services.
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride Ph:877- 892- 3986 option 1	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima Healthcare Community Plan CCC Plus- and United Healthcare	Sentara Health (Formerly United Healthcare Community Plan and	Sentara Health (Medallion - Ph:833-215-3884 United Healthcare Community Plan	Non-Emergency Medical Transportation is the transportation provider for Sentara Health (Formerly Optima) CCC Plus (Formerly Optima) and United Healthcare Medallion
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest VISION/SIGHT	United Healthcare Community Plan and UnitedHealthcare Community	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and
LackleyFree Clinic -Ophtalmology (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for	Lackey Clinic is a faith-based nonprofit providing free eye care to adults without medical insurance. Our working-class patients earn too much to

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Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	* Denbigh Lion's Club Contact: Barbara Brown 757-877-1246 *Downtown Hampton Lion's Club Contact: Randy Hall 757-723-3688	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
WAIVER CONTACTS			
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Hampton Department of Health 3130 Victoria Blvd Hampton VA 23661 Hours:8:00 AM-4:30 PM, M-F.	Call to request Screening CCC Plus: Ms. Albany Garrett. Ph:757-315-3780 757-727-1172, prompt #1, then ext. 21721 Fax:757-727-1185	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer-Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.

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Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waiver Hampton-Newport News Community Services Board 300 Medical Drive, 2nd Floor Hampton, VA 23666	Main:757- 788-0560 Website: https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Families must call main number to be directed to the local CSB Ph.: 757-788-0300 Fax:757-788-0967 TDD: 757-245-4812 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Community Living (CL) Waiver	CL Waiver Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Families must call main number to be directed to the local CSB Ph.: 757-788-0300 Fax:757-788-0967 TDD: 757-245-4812 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Family and Individual Support (FIS) Waiver	FIS Waiver Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Families must call main number to be directed to the local CSB Ph.: 757-788-0300 Fax: 757-788-0967 TDD: 757-245-4812 OR Visit the website to find local CSB: Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	17100 Monument Circle, Suite A, PO Box 102, Isle of Wight, VA 23397	Isle of Wigh Department of Social Services Ph: 757-357-2170	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services.
CASA Program-Voces for Kids (Rev.06/30/24)	Voices for Kids CASA Program PO Box 949 409 Main Street Smithfield, Virginia 23431	Ph: 757-357-2170 Fax: 757-357-5709 Email: mjones@vfkcasa.org Website: https://www.vfk casa.org	CASA volunteers are appointed by judges to advocate for neglected/abused children. Assist children with their personal/legal problems. Also helps to find a safe, permanent home for neglected abused children. Please call or viist the website for further information.
Child Protective Services (CPS) (Rev.08/24/23)	17100 Monument Circle, Suite A, PO Box 102, Isle of Wight, VA 23397	Isle of Wigh Department of Social Services	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 ((TTT: 711) Text :233733 Live Chat E-mail:help@humanttraff	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.co	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health PO Box 1980	Contact: Tierra Langley Ph:757-446- 5708 OR Laurie McManama	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work environments.
Isle of Wight Health Department - WIC Program- Lactation/Breastfeeding Classes (Rev.12/03/19)	Isle of Wight Health Department WIC Program 402 Grace Street P.O Box 309 Smithfield, VA 23430	Ph:757-357-6706 Fax: 757-357-2838	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and	Contact: Tierra Langley Ph:757-446- 5708 OR	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH

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BURIAL ASSISTANCE			
Burial Expenses Assistance-Isle of Wight Department of Human Services (Rev.10/22/20)	Isle of Wight Department of Social Services 17100 Monument Circle, Suite A Isle of Wight VA 23397-0110	Ph:757-365-0880 Fax:757- 365-0886 Website:http://www.co.i-isle-of-wight.v	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home Please call for further information
CHILD CARE			
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-
STOP Inc.-Childcare Financial Assistance - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wn iescentral.com	Childcare has always been one of the most challenging barriers to employment retention for the working parents served by STOP. The goal of this initiative is to help relieve the financial burden endured by low and moderate income working parents due to childcare costs. STOP secures partnerships with childcare providers who are licensed, bonded and approved by the Virginia Department of
DENTAL CARE			
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:• Child should be 18 years old or younger, Family total income should be .200% of the poverty level or less Child should not
Surry Area Free Clinic-Dental Services	Surry Area Free Clinic 474 Colonial Trail West PO Box 32 Surry, VA 23882	Ph:757-294-0132 or 757-294-3185 Fax:757-294-3352 Website:	The Surry Area Free clinic provides basic dental services. Hours: Monday- Friday: 9AM - 4PM.Eligibility: Must be a resident of Surry, Isle of Wight, Southampton counties, ages 19-64, uninsured and income eligible (up to 200% federal poverty) Fee: Free to eligible persons. Please call for
VDH Dental Clinical Programs-District Western Tidewater Health District	VDH Dental Clinical Programs	Contact: Dr. Elizabeth Bernhard Ph: 757-357-7156 Website:	Dental services are provided in approximately half of Virginia's localities to pre-school and school age children who meet eligibility requirements. Eligibility for these services may be determined by school lunch status and/or family income. Dental services are available at health department clinics or at dental trailers
Western Tidewater Free Clinic-Dental Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Dental Care and pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk,
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 Email: E: nicole.miller@tidewaterasa.org Website:www.tidewaterasa.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is
DISEASE SPECIFIC GROUPS			
EZ Breathers: Partnership for Asthma	EZ Breathers: Partnership for	Contact your local	The EZ Breathers Asthma Education Program is a community-based asthma
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the

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DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269	ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Active Forever (Rev.1/21/19)	Active Forever	Ph: 800-377-8033 Email: sales@activeforever.co	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph: 802-362-3612 Email: zoomtext@aisquared.com	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information.
American Printing House for the Blind Inc. (Rev.1/22/19)	American Printing House for the Blind Inc.	Ph: 800-223-1839 Email: info@aph.org Website: www.aph.org	American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please call for further information.
Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph: 757- 852-3929	Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: ~~Both Beach OTR/~~	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. ~~CATS refurbishes gently used pediatric equipment and assistive~~
Christian Outreach Program -Greater Hampton Roads Diaper Bank (Rev.09/30/22)	402 Grace St. Smithfield, VA 23430	Ph: 757- 356-9267 Website: http://ghrdiaperbank.org	Christian Outreach Program is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter 500 Sentara Circle, Suite 201 ~~Williamsburg, VA 23189~~	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: ~~Williamsburg@freefound~~	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children in need of mobility equipment have access to many other sources therefore, ~~FREE~~
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website: http://www.lincare.com/	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph: 757-424-4822 Fax: 757-424-5871 Toll Free: 800-965-2689	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.

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National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877-326-0972 Website:	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080	Roberts Home Medical is a DME provider. Medicaid, Medicare and major
DOMESTIC VIOLENCE			
LGBTQ Partner Abuse & Sexual loveisrespect	LGBTQ Partner Abuse & Sexual loveisrespect	866-356-6998 Ph: 866-331-9474	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the Loveisrespect's purpose is to engage, educate and empower young people to
National Sexual Assault Hotline The Genieve Shelter	National Sexual Assault Hotline The Genieve Shelter P.O. Box 1585	Hotline:800-656-HOPE Ph: 757 925-4365 Fax: 757 925-2053	The National Sexual Assault Hotline is a 24/7 safe and confidential service to The Genieve Shelter creates a safe and supportive environment for victims of domestic violence. Their services include a 24-hour crisis hotline; individual and
The National Domestic Violence	The National Domestic Violence	Ph:800-799 SAFE	The National Domestic Violence Hotline is the only 24/7 national hotline that
The Project for the Empowerment of EARLY INTERVENTION	The Project for the Empowerment of Survivors (PES) Local	Contact: Carmen Williams Ph: 804 377	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance's current hotline services to provide trauma
Infant Stimulation Programs-Western EDUCATION		Contact: Deborah	The Early Intervention program provides therapy/specialized services for families
Department of Special Education Isle of Wight	Tammie Rollins-Hines ,Director 820 W. Main St Smithfield , VA 23430	Ph:757-365-1616 Fax:757-365-0970 Email: trollins@iwcs.k12.va.us	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other settings and instruction in physical education. The term includes each of the
Head Start Program	Registration: Children's Center (The) 700 Campbell Avenue Franklin, VA 23851-1872	Ph: 757- 562-6806 Website:http://www.childrenscentervva.com	Head Start Program The Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers develop the early reading and math skills
Isle of Wight Homeless Education	Ronald Reese Director of Student Services	Ph:757-357-2074 Fax: 757 365 0970	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and
STOP Inc.-Technology Bus Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP's Technology Bus provides elementary to high school students with a mobile technology and training system that creates opportunities for inclusion in the computer programming industry. This initiative provides students onboard, at local multi-city stops, with code-building processes, mentorship and engagement to prepare them for future economic advancement. The Technology Bus provides learning opportunities in computer programming, software design, gaming and robotics and computer repair and maintenance. Funded to Serve the Cities of Chesapeake, Franklin, Norfolk

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STOP Inc.-Youth Development Initiatives (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP's Youth Development Initiatives are designed to engage youth in middle and high school. These programs provide opportunities for them to gain knowledge in the Science, Technology, Engineering, Agriculture and Mathematics fields through fun and innovative workshops covering these topics. STOP provides comprehensive summer camp experiences that focus on science and technology as well as tutorial sessions for youth focusing on areas of individual need to ensure that educational fundamentals are obtained. STOP's Youth Development initiatives also encourages students to stay in and graduate high school and provides
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in
Virginia Department of Emergency	Virginia Department of	Contact: Rusty Chase,	The Virginia Department of Emergency Management – Protecting the lives and
EMPLOYMENT			
Creative Vocations LLC.	Creative Vocations LLC	Ph:757-344-8821	Creative Vocations, LLC supports adults with Developmental and Intellectual
STOP Inc. - Employment Supportive Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP Inc. offers individualized and group training in acquiring techniques necessary for seeking and maintaining employment. Services include job preparation, interview techniques, job retention, employment counseling, referral and/or placement application completion, resume writing, job readiness training, money management, understanding credit scores, establishing and maintaining good credit, overcoming financial barriers and setting financial goals. All participants in the program must be willing to pursue the necessary educational opportunities to enhance their employment options. In addition, STOP provides
STOP Inc. - Employment Training- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Through collaboration with privately owned businesses, STOP is able to provide financial and educational support for qualified individuals seeking quality educational training for entry level positions in leading industries. STOP's goal is to provide continuing education to individuals seeking to enter/re-enter the local workforce. Additionally, in some instances, STOP may be able to provide continuing education to those who wish to keep their skills updated. Funded to Serve the Cities of Chesapeake, Franklin, Norfolk Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and
STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force including occupational, classroom, and on-the-job training, as well as job search and placement assistance. This Program is for: Homeless Veterans only. Please call for further information

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Services Provided in Isle of Wight

STOP Inc. -Klean Slate Enterprises-(Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Developed in 2005, Klean Slate was originally designed as a Social Business Enterprise to be a self-supporting division of STOP Incorporated. This initiative has evolved into a training and employment focused opportunity for low to moderate income individuals with employment barriers such as previous incarceration, transportation and back child support. Currently, the focus is on Pesticide Applicator Training for non-violent, currently incarcerated or recently released offenders. Serves Cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of
VEC Workforce Center-Isle of Wight	Virginia Employment Commission Workforce Center 157 North Main Street Suite D Suffolk, VA 23434	Ph: 757-514-7743 Fax: 757-923-5287	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the r Workforce Centers make <u>available job search assistance to individuals, and recruiting and referral services</u>
Virginia Employment Commission-	Virginia Employment Commission-	Ph: 757-514-7743	Employment related programs administered by the VEC's Field Operations
FINANCIAL ASSISTANCE			
Affordable Connectivity Program	Complete the application and	Website:https://www.aff	Affordable Connectivity Program (ACP) is a U.S. government program that helps
Brown AME Church	655 Main St,	Ph:757- 357-7647	Brown AME Church provides emergency assistance for food pantry. Date/Time:
Carrollton Holiness Church	16144 Carrollton Blvd, Carrollton,	Ph: 757-238-8866	Carrollton Holiness Church provides emergency assistance for food pantry.
Christian Outreach Program	402 Grace Street	Ph: 757-356-9267	Christian Outreach Program is an agency partner with Greater Hampton Roads
Christian Outreach Program -Greater Hampton Roads Diaper Bank (Rev.09/30/22)	402 Grace St. Smithfield, VA 23430	Ph: 757- 356-9267 Website::http://ghrdiaperbank.org	Christian Outreach Program is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Community Harvest Outreach, Inc.	5 Roberts Ave Suite E, Windsor,	Ph:757- 556-5403	Community Harvest Outreach, Inc. provides emergency assistance for food pantry.
Connect2Compete-affordable internet	Connect2Compete-affordable	Ph:855-222-3252	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and
Cooling Assistance Program -	Cooling Assistance Program -	Ph:757- 365-0880	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or
Cover Virginia-Virginia-Based	1.Smithfield Library	1.Smithfield Library	Cover Virginia-Virginia-Based Assisters is a service available in-person across the
Crisis Assistance Program - Virginia	Crisis Assistance Program -	Ph:757- 365-0880	Crisis Assistance is intended for emergency situations. It helps eligible households
Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	100 E 4th Ave Franklin, VA 23851	Ph:757- 925-2302 Toll Free: 800-468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents and guardians to help establish and receive financial and medical support. They provide full services to parents and guardians who have an open enforcement case with us and limited services to those who have a payment processing case. For more information on the types of cases available, please contact them. Their vision is for all parents to meet their child and medical support responsibilities.Areas Served:Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth.
Energy Share Agencies-	The Salvation Army	The Salvation Army Ph: 757-539-5201	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and

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Healing Waters Worship Center (Rev.09/29/23)	12172 Smiths Neck Rd, Carrollton, VA 23314	Ph:757-356-1515 Website: https://foodbankonline.o	Healing Waters Worship Center provides emergency assistance for food pantry. Date/Time:Tuesdays from 6p-7p.Please call for further information.
Heating Assistance Program - Virginia LIHEAP- Isle of Wight Department of Social Services (Rev.5-	Heating Assistance Program - Virginia LIHEAP- Isle of Wight Department of Social Services	Ph:757- 365-0880 Fax:757- 365-0886 Website: http://www.co.i	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain
Isle of Wight Department of Social Services	Isle of Wight Department of Social Services 17100 Monument Circle, Suite A	Ph:757-365-0880 Fax:757- 365-0886 Website: http://www.co.i	The Isle of Wight Department' mission is to provide benefits and services to the citizens of Isle of Wight based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage
Lake Ahoy Shops-Mobile Pantry	3940 Airline Blvd, Chesapeake, VA 23321	Lake Ahoy Shops Mobile Pantry	Lake Ahoy Shops Mobile Pantry provides emergency assistance for food pantry. Date/Time:12/1/16, 1/5/17, 2/2/17, 3/2/17 - 9:30am-11:00am. Please call for further information.
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupp ort.org/ls/	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household.
Little's Market-Mobile Pantry	518 Main Street Smithfield, VA 23430	Little's Market-Mobile Pantry	Little's Market-Mobile Pantry provides emergency assistance for food pantry. Date/Time: 1/12/17, 2/9/17, 3/9/17 - 9:30am-11:00am.
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:1-855-652-8249, Website: www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings- Anthem HealthKeepers Plus	Ph:1-855-323-4687, Website: www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings- Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:1-866-622-7982, Website: www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid	Isle of Wight Department of Social Services	Ph:757-365-0880 Fax:757- 365-0886	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website: www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders < http://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:1-888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.

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Medicaid-Managed Care Organizations (MCO)	Managed Care Organizations (MCO)	Managed Care helpline Ph:1-800-643-2273 TDD: 1-800-817-6609	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs are available in different areas of the state. MCOs that
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.bo	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work? The Healthy Savings card is mailed to Optima Community
Rescue Friends Food Pantry (Rev.09/29/23)	21295 Rescue Rd, Carrollton, VA 23314	Ph:757-298-8978 Website: https://foodbankonline.o	Rescue Friends Food Pantry provides emergency assistance for food pantry. Date/Time:Sunday, Tuesday, Thursday, & Saturday 11a-1p. MUST CALL FIRST.Please call for further information.
Sentara Health System/Hospital/Charity Indigent Care Program	Sentara Health System/Hospital/Charity Indigent Care Program	Ph:757-233-4600 Toll Free:1-877-768-3993 Website:www.sentara.o	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to provide proof of income, including pay stubs and/
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distributions Centers A. Sandy Mount Baptist Church P.O Box 920 B	Distributions Centers: A.Sandy Mount Baptist Church Contact: Walter Hamlin Ph:757-866-835-7769 Main Number:800-	S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40,but be purchased by SHARE for only \$20 and two hours of volunteer service of your choice. SHARE Hampton Roads is not a
Social Security Administration (Rev.11/16/20)	502 Hillpoint Blvd Suffolk Virginia 23434	Ph:866-835-7769 Main Number:800-	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people
STOP Inc. -Emergency Home & Accessibility Repairs Program (EHARP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	The Emergency Home and Accessibility Repair Program (EHARP) provides funds to remove urgent, emergency health and safety hazards. It also addresses physical accessibility barriers for low-income Virginians. The program provides funding to local administrators to undertake physical repairs that improve housing conditions in the Counties of Isle of Wight and Southampton and the City of Franklin. Eligible repairs can include plumbing,structural, electrical and roofing, as well as the installation of wheelchair ramps and other accessibility modifications.
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website:https://virginiasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate in a low income Medical Assistance Program, Families applied and received free or reduced -price-school meals at school during the school year are automatically eligible otherwise you should apply. Benefits will
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877 Website:	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that Children have Access to Nutritious Meals and Snacks
FORMULA/NUTRITION			
Isle of Wight Health Department - WIC Program	Isle of Wight Health Department WIC Program 402 Grace Street P.O.Box 309	Ph:757-357-6706 Fax: 757-357-2838	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast feeding mothers
Isle of Wight Health Department - WIC Program-Formula	Isle of Wight Health Department WIC Program 402 Grace Street P.O.Box	Ph:757-357-6706 Fax: 757-357-2838	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling and referrals are provided. The WIC program provides the following

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HOME CARE			
Affinity Care of Virginia (rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100	Affinity Care offers hospice care to individuals with terminal illnesses in Virginia. Hospice care focuses on providing terminally ill patients with end-of-life support services that improve their quality of life and allow them to pass with dignity and
Amazing Home Care (Rev.01/15/21)	403 Grace Street, Suite B Smithfield, VA 23430	Ph:757-880-7110 Fax:757-310-6516	Amazing Home Care provides personal care services and respite. Please call for further information.
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email:	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making decisions. Care is provided for the patient and
C & R Divine Hands of Care (Rev.7/9/19)	C & R Divine Hands of Care	Contact: Carolyn D. Jordan Ph:757-309-4567 Fax:757-578-2678 Email:	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Endependence Center (Rev.7/10/19)	Endependence Center	Contact: Maureen Hollowell Ph:757-351-1584 757-461-8907	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Faith N Action (Rev.7/10/19)	Faith N Action	Ph:757-816-4785 OR 757-493-3635	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Freda H. Gordon Hospice and Palliative Care of Tidewater (Rev.03/05/25)	Freda H. Gordon Hospice and Palliative Care of Tidewater 5000 Corporate Woods Drive, Suite 500	Ph: 757- 321-2242 Fax: 757- 321-2236	Hospice is about making the most of every moment. It is a holistic approach to the end of life, placing comfort and care as the primary source of intervention in a loved one's final journey. Patients and families receive the support and attention they need from our team of professionals which include case managers, nurses,
Gentiva Hospice (Rev.03/04/25)	Gentiva Hospice 5544 Greenwich Road, #302, Virginia Beach, VA, 23464	Ph:804- 290-4300 Email: Gentiva_CC_Referrals@gentivahs.com	Gentiva Hospice services are offered to all people during the end of life's journey. Staff of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors, and Physicians specialize in caring for those with a terminal diagnosis. Care is provided to patients with many types of diagnoses including Alzheimer's
Immanuel HealthCare (Rev.7/10/19)	Immanuel HealthCare	Ph:757-547-8400	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.

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Intrepid USA Healthcare Services (Rev.03/14/25)	Intrepid USA Healthcare Services, Virginia Beach 4510 Holland Office Park, Suite 503, Virginia Beach, VA, 23452	Ph: 757- 499-0872 Fax: 757- 490-0173	Intrepid Hospice provides services that include: Professional Staff on call 24 hours a day, seven days a week, Physician-directed plan of care, Psychological and spiritual care, Pain and symptom management, Medications, Equipment and Supplies related to the terminal illness, Personal care and support, Volunteer services and Bereavement care. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare. Service Area: Botetourt County , Chesapeake , Hampton, Isle of Wight, James City County , Norfolk, Poquoson, Portsmouth , Suffolk, Virginia Beach and .Williamsburg. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph: 804-353-0461/ Fax: 804-467-7403	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maxim Healthcare	11818 Rock Landing Drive, Newport News, VA 23606	Ph: 757- 595-8822 Fax: 855- 415-4963 E-mail: newportnews@office@ma	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Gloucester, Hampton, Isle of Wight, James, city, King William, Lancaster, Matthews, Middlesex, Newport News, Norfolk, and Richmond. Service Areas: Chesapeake, York, and Williamsburg.
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family & Individual Support (FIS) and Community Living (CL)) Service Simply Yours (Rev.7/10/19)	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in advocacy through community- and state-wide networks, and by assisting people in navigating the waiver world's constant changes because
	Simply Yours	Ph: 757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph: 757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
HOUSING ASSISTANCE/HOUSING SERVICES			
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from incarceration to community. The program provides stable housing and support services to increase
Homeless Assistance Program -The Planning Council (Rev.08/09/22)	The Planning Council 2551 Eltham Avenue, Suite I	Contact: Natalie Jackson Continuum of Care	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Prevention Program- Planning Council	Homeless Prevention Program- Planning Council Southampton	Isle of Wight Department of Social	Serving the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton, this
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph: 757-380-6909 Fax: 757-380-	House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner,

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LINK of Hampton Roads-Emergency Hurricane Shelter for the Homeless	10413 Warwick Boulevard, Newport News, VA 23601	Ph:757-595-1953 Fax: 757-595-	Emergency Hurricane Shelter for the Homeless provides emergency shelter for the homeless in the event of a hurricane or other natural disaster. Eligibility: This
Regional Housing Crisis Hotline (Rev.06/24/20)	Housing Crisis Hotline	Ph:757-587-4202 Toll Free:866-750-4431	The Regional Housing Crisis Hotline provides Rental & Mortgage Assistance. Serving the cities of: Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton. Please call to be screened for program eligibility
STOP Inc. -Certified Housing Counseling / Prevention Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.	STOP Inc. provides Housing Counseling services to those persons experiencing hardship in maintaining or obtaining permanent housing. Certified Counselors provide ancillary services which include; Comprehensive Housing Counseling, Counseling for First Time Home Buyers, Homeownership Education, Fair Housing
STOP Inc. -Emergency Home & Accessibility Repairs Program	5700 Thurston Avenue Suite #101	Ph: 757-858-1360 Fax: 757-852-9953	The Emergency Home and Accessibility Repair Program (EHARP) provides funds to remove urgent, emergency health and safety hazards. It also addresses
STOP Inc. -Home Investments Partnership Funds (HOME)-	5700 Thurston Avenue Suite #101	Ph: 757-858-1360 Fax: 757-852-9953	The HOME Investment Partnerships Program (HOME) provides resources to fund a wide range of activities including building, buying, and/or rehabilitating affordable
STOP Inc. -Supportive Services for Veteran Families(SSVF) -	5700 Thurston Avenue Suite #101	Ph: 757-858-1360 Fax: 757-852-9953	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph:757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination;
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 211 Virginia	Ph:804- 525-7728 Toll Free:866- 202 Dial: 211 Website:	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post military resources available to Virginians. The 2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance, Physical and mental health
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/	Resources 757 is a directory of resources for residents of Hampton Roads
INSTITUTIONAL CARE/SUPPORTS			
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846) Website:https://victimconnect.org	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	17100 Monument Circle, Suite A, PO Box 102, Isle of Wight, VA 23397	Isle of Wight Department of Social Services	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social

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Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757- 467-7707 Fax: 757-	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities'
Catholic Charities of Eastern Virginia-rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206 Website: www.cceva.org	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial accounts and the payment of their monthly bills. This is a role Catholic Charities can fill. Eligibility Criteria: The process begins with telephone intake and requires paperwork from the Social Security Administration and/or other financial income sources. Cost is fee-based and clients must be 18 years or older. Please call for further information.
Catholic Charities of Eastern Virginia-CARES services-Transportation Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366 Fax: 757-495-3206 Web: www.cceva.org	Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit or weekly phone call. Please call for further information.
Child Protective Services (CPS) (Rev.08/24/23)	17100 Monument Circle, Suite A, PO Box 102, Isle of Wight, VA 23397	Isle of Wigh Department of Social Services Ph:757- 365-0880 Fax:757- 365-0886	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247- 1070 Contact: Sheila Marble Email:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of
Department of Social Services-The	100 E 4th Ave Franklin,	Ph:757- 925-2302	The Division of Child Support Enforcement (DCSE) is a division within the
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.f reelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Jewish Family Service (JFS) of	PO Box 65127	Ph: 757-938-9130	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or
The Project for the Empowerment of Survivors (PES) Legal Services Virginia Lawyer Referral Service (Rev.08/11/22)	Hampton Roads Breastfeeding Education Advocacy Team Virginia Lawyer Referral Service	Contact: Tierra Langley Ph:757-446-5708 Ph:800-552-7977 Website:www.vlrb.org/bd	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$25 non-refundable consultation fee, will referral to a lawyer in your
Virginia Legal Aid Society-Suffolk (Rev.10/28/20)	Virginia Legal Aid Society Suffolk 155 East Washington St	Ph: 757-539-3441 Fax:757-539-5142 Lawline Toll Free:	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of
LGBTQ			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Isle of Wight

LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available.
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website: http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self harm,etc. They welcome the call of any transgender person in need
Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev.08/18/22)	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to provide
MEDICAL CARE			
Infinity Pediatric and Adolescent Medicine (Rev.09/28/21)	1809 South Church St, Suite 302 Smithfield, VA 23430	Ph:757- 780-8400 Fax:757- 432-3279 After Hours Ph:757-780-8400	Infinity Pediatric and Adolescent Medicine provides medical care for infants, children, teens, and young adults. They provide preventive health care for children in good health, medical care for children with chronic conditions such as ADHD or asthma, newborn care, developmental screenings, and much more. They
Isle of Wight County Health Department	Isle of Wight County Health Department 402 Grace St P.O. Box 309 Smithfield, VA 23430	Ph: 757-357-4177 Fax:757-357-2838	Services provided: Full prenatal obstetrical and well child services, Family planning for men and women, Communicable diseases, Sexually Transmitted Diseases(STD) Diagnosis & treatment, Childhood immunizations and certain adult immunizations are offered at no cost. Foreign Travel Immunization. Community screenings, referral and counseling. Eligibility requirement: Most Charges for services are based on sliding -fee-scale, certain services are free. Intake
SEVHS (South Eastern Virginia Health System)(formerly PICH)-48th Street Physicians Medical Care (Rev.03/01/24)	SEVHS South Eastern Virginia Health System (formerly PICH) 48th Street Physicians 4714 Marshall Avenue Newport News VA 23607	Ph: 757-380-8709 Fax: 757-952-1345 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: 8:00Am-5:00Pm-Mon-Fridsy. Bilingual staff available upon request. Please call for further information.
SEVHS (South Eastern Virginia Health System)(formerly PICH)-Stoneybrook Physicians Medical Care (Rev.03/01/24)	SEVHS-Stoneybrook Physicians 15425-H Warwick Blvd. Newport News, VA 23608	Ph: 757-874-8400 Fax: 757-947-2001 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: 8:00Am-5:00Pm Monday-Friday. Bilingual staff available upon request. Please call for further information.

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Services Provided in Isle of Wight

Surry Area Free Clinic	Surry Area Free Clinic 474 Colonial Trail West PO	Ph:757-294-0132 or 757-294-3185	The Surry free clinic provides medical care at little or no charge to low income, uninsured and underinsured persons. Hours of Operation: Administration Monday -
Western Tidewater Free Clinic- Medical Care	Western Tidewater Free Clinic 2019 Meade Parkway	Ph: 757-923-1060 Fax:757-923-1068	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-
MEDICATION ASSISTANCE			
MENTAL HEALTH			
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Crisis Text Line (Rev.11/24/21)	Western Tidewater Community Services Board 5268 Godwin Blvd.	Emergency Services: 757-925-2484 Children's Mobile	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a
	Crisis Text Line	Text HELLO to 741741 or message at	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Family Preservation Services (FPS) (Rev.01/08/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320	Statewide Referral Line: Ph:540.283.0486 Email:info@fnscorn.co	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support
GAP-Governor's Access Plan	GAP-Governor's Access Plan Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:757-255-7136 Fax:757-255-7142	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant; No health insurance, including Medicaid, Children's Health Insurance Program (CHIP/FAMIS), Medicare, or Tricare; Resident of Virginia; Household income that is below 100% of the Federal Poverty Level (FPL)
Maternal Health Mental Hotline (U.S. Health and Human Services Department)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or
NAMI Virginia's Statewide Hlpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hlpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing, financial assistance, and much more. Our Helpline staff is happy to help you find the right resource for you!

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Isle of Wight

National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 <i>Veterans Crisis</i>	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.
New Beginnings Behavioral Health, PLC (Rev.09/09/21)	125 St. Andrews Smithfield, VA 23430	Contact: Erin M. Casper, Ph.D., BCBA-D Ph:413- 563-3863 Email:erin.m.casper@gmail.com Website:www.nbbhabat	New Beginnings Behavioral Health, PLC provides In-Home ABA (applied behavior analysis) therapies to military families. Please call for further information.
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse; nutritional education and training and referrals to much needed physical and mental health services. The educational topics include, but are not limited to assisting qualified individuals in better understanding their medical and healthcare rights and assisting them to access health related services for which they qualify. Serves the Cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and Southampton. Please call for further information.
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Empowerment) INITIATIVE (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called, "Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will include items that may conceal drugs, alcohol and contraband. The exhibit helps to educate parents and guardians on
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line: 757- 489 2427 Website:	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness, Increase access to effective
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.
Western Tidewater Community Services Board	Western Tidewater Community Services Board 5268 Godwin Blvd. Suffolk, Virginia 23434	757-255-7133 Main & 757-255-7136 Children's MH Services: Ph:757- 942-1978 Adult Mental Health Services:	Western Tidewater Community Services Board assure the delivery of community-based mental health, intellectual disabilities, and substance abuse services to the citizens with those disabilities. They provide a coordinated system of quality recovery oriented care in Mental Health, Intellectual Disability, and Substance Abuse Services. Please call for further information.

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MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities- Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.service.s@cccovva.org Website:	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications,Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Hampton Roads Doulas-HRD (Rev.1/25/19)	Hampton Roads Doulas-HRD	Ph: 757-349-6618 Email:office@hrdoulas.com Website:http://hrdoulas.com	Hampton Roads Doulas-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They provide 24-hour assistance. Services: prenatal doulas, postpartum doulas, birth doulas, placenta encapsulation, infant feeding and birth classes. Fee: mothers can hire a doula for anything from \$1,000 to \$1,300,. Please call for further information.
Healthy Families Suff/IOW (Rev. 6/26/19)	1217 N Main St, Suffolk, VA 23434	Contact: Beverly McQuearry Ph: 757-514-4727 OR 757-514-4738 Email:Beverly.mcQuearry@vdh.virginia.gov	Healthy Families Suffolk/Isle of Wight is a home visiting program that enrolls families prenatally or within 2 weeks of birth. Healthy Families services are open to any Virginia Beach residents planning to deliver at an area hospital (or who has delivered at an area hospital within the past 2 weeks) that is at an increased risk for child maltreatment or other adverse childhood experiences. Age Limitation: Prenatal-5. Please call for further information.

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Nurse Family Partnership-First Time Mothers (Rev. 6/27/19)	Nurse Family Partnership 135 Hall Street Suffolk VA 23434	Contact :Meredith Taylor Program Support technician Ph: 757-514-4727 Toll Free: 844-637-6667 Text: 844- 637-6667 Email:meredith.taylor@vdh.virginia.gov Website: http://www.vdh.state.va.us/lhd/easternshore	Nurse Family Partnership is a based home visitation program for first time mothers who are pregnant 28 weeks or less. Once a parent is enroll a register nurse will visit the mother throughout pregnancy and continue to visit until baby is 2 year old. Program is free. Please call for further information.
Resource Mothers	Resource Mothers Program Smithfield, VA	Contact: Rudean Harrell Ph:757-514-47350	Resource Mothers are lay community health workers who mentor pregnant teens through this difficult time in their lives and help them make the transition to parenthood. These adult role models have successfully raised their own children and assist the teen throughout her pregnancy and up to the baby's first birthday.
The Children's Center Early head Start Home-Based Program (Rev.6/27/19)	The Children's Center Early head Start Home-Based Program	Contact: Laurie Phillips Ph:757-516-2722 Email:lphillips@childrenscenterva.com	The Children's Center is the grantee for the Western Tidewater Early Head Start program, which provides family-centered services to low-income pregnant women and families with children under the age of three. Early Head Start promotes the physical, cognitive, social, and emotional growth of young children as well as supports parents' roles as primary caregivers and educators.
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website: https://info.ubicare.com/tricare_pregnancy-childhood-education Email:debra.zalvan@ubicare.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your child's age—as well as announcements from our staff and access to support information. Please visit the website to enroll.
RECREATION			
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for	Contact:Tierra Langley Program	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their

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Luter Family YMCA	Luter Family YMCA - 259 James Street Smithfield, VA 23430	Ph: 757-365-4060 Fax: 757-365-0602	The YMCA is a non-profit member-based organization serving the community with a wide range of health and wellness, family and community building programs - all designed to help you grow stronger in spirit, mind and body. Each YMCA location ~~offer a variety of programs and classes for people of all ages and abilities~~
Luter Family YMCA -Day Camp Program	Luter Family YMCA -Day Camp Program 259 James Street Smithfield, VA 23430	Ph: 757-365-4060 Fax: 757-365-0602	YMCA Day Camp is a traditional camp experience that develops spirit, mind and body. A fun daily schedule provides hours filled with excitement and new experiences. Activities include swimming, arts & crafts, new games, nature exploration, sports, songs, field trips and much more. The program stresses socialization, self-confidence, self-awareness and teaches skills. Campers are
RESPITE			
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite,Companionship,and VocationalServices.Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building Independence Waivers. Please call for further information.
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Ph:757- 357-7458 Fax:757- 356-1808 Main Number: 757-255-7133 OR Visit the website to find local CSB:Website:https://vacsb.org OR http://vacsb.org/community-services-boards-and-the-behavioral-authority-csbs	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Respite Care Program-Isle of Wight	Children's Center 700 Campbell Avenue Franklin, VA 23851	Contact: Tamie Rittenhouse Ph: 757-562-6806 & 757-538-2325	Respite Care is a service that provides temporary childcare for persons with developmental disabilities. Care providers are knowledgeable of most special services which be required by a client. The availability of services, fees, and additional information can be received from the program in your city. Must call for information.
SAFETY			
Child Safety Seat Program Suffolk Health Department Western Tidewater Health District	Child Safety Seat Program Western Tidewater Health District Suffolk Health	Ph:757- 514-4700 or 757- 514-4736 Toll Free:1-800-732-	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety

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Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website: https://poisonhelp.hrsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need over the phone. and most people do not have to go to a doctor or the hospital. They can also help to learn about your risks before an emergency. Please call for further information.
Project Lifesaver Isle of Wight	Project Lifesaver Isle of Wight County Isle of Wight County Sheriff's	Ph: 757-357-2151 Toll Free: 1-877-580-LIFE	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and
Smoke Detector Program (Rev.4/2/19)	Smithfield Volunteer Fire Department 1804 S. Church Street	Ph: 757- 357-3231 Website: http://www.smithfieldvfd.com	Please contact Smithfield Volunteer Fire Department to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
GAP-Governor's Access Plan	GAP-Governor's Access Plan Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Salisbury, Virginia 22140	Magellan care manager Ph: 800-424-4279 (service 24 hours, 7 days per week)	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following: A. Lives in Virginia B. Is a U.S. Citizen
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website: www.sentara.com/tobacco cessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph: 800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph: 757-888-0400 Intake.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment

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SEFP-(South-Eastern Family Project) Hampton Newport News CSB (Rev-8/14/18)	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue Newport News, VA 23607	Ph:757-245-1070 Western Tidewater Community Services Board 757- 255-7133 757- 255-7136 Substance Abuse Services Ph: 757- 942-1988	SEFP (South-Eastern Family Project) Is a program from Hampton Newport News CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use disorders. Services are provided in a healthy, stable and secure residential environment where women and their children or newborns can remain together throughout the treatment stay. Target Group: Pregnant women over the age of eighteen (18) who are addicted to alcohol and/or other drugs or at risk of relapsing. Medicaid is accepted. Please call for further information.
Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
Western Tidewater Community Services Board	Western Tidewater Community Services Board 5268 Godwin Blvd. Suffolk, Virginia 23434	757-255-7133 Main & 757-255-7136 0 Substance Abuse Services: Ph: 757- 942-1988	Western Tidewater Community Services Board assure the delivery of treatment for individuals affected with substance abuse. They provide a coordinated system of quality recovery oriented care in Mental Health and rehabilitation. Please call for further information.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group- Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group- Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827- 2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer participation and educational resources. This group is open to lung cancer survivors, their families, and friends to meet their unique needs.
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website:	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.

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Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearsees.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost:currently \$19.
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev-07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131	Contact: Judith Millman, Facilitator Contact: Judy	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
Uniquely United Parents (UUP)	Uniquely United Parents (UUP)	Contact: Jamie Diefenbacher	Uniquely United Parents (UUP), a nonprofit organization and support group for the families of Frontline, Smithfield, and Suffolk invites you to attend our monthly chat
THERAPIES			
Children's Therapy Concepts,LLC (Rev. 3/12/18)	24030 Indian Town Rd Courtland, VA 23837	Contact: Kim Mallon Ph:757-776-3088 Cell:757-812-3288 Fax:757-612-4499 Email:mailto:kmallon@childrenstherapyconcepts.com	Children's Therapy Concepts,LLCThey provide services to the very young with special needs, often from birth to age 18. These services include outpatient pediatric occupational therapy, speech therapy and physical therapy. Services could be provided in the home or other natural environments including, school, daycare, or in the community. This is an Early Intervention Provider Agency. Insurance Acceptance: t Humana Military,Anthem,Aetna,Cigna,Optima,Virginia Premier and All Medicaid HMO.Please call for further information.
Physical Therapy Works/Infinity Rehab	1250 Smithfield Plaza Smithfield VA 23430	Ph: 757-357-6869	Physical therapy for adults.
The Children's Center -Pediatric Therapy	The Children's Center -Pediatric Therapy Smithfield Children's Center	Ph:757- 356-1004 Fax:757- 356-1015 Email:jzeigler@thechildr	The Children's Center offers pediatric therapy to infants through young adults twenty-one years of age. The Virginia Department of Health licenses the Children's Center to provide these services within the state. Services include: speech
THERAPEUTIC FOSTER CARE			
TRANSPORTATION			

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Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0)	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866-246-9979 Website:https://www.my.modivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier)	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877-892-3986	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.

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United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Isle of Wight Lion's Club Contact:Ms.Betty Ph:757-484-8455	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Western Tidewater Free Clinic-Eye Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Vision Care and Pharmacy services. Eligibility requirements: Be an adult age 18 or older Live in Suffolk
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Isle of Wight County Department of Health 919 South Church Street Smithfield, VA 23430	Call to request Screening: Ph: 757- 357-4177 FAX:757- 357-2838	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waiver Western Tidewater Community Services Board 5268 Godwin Boulevard Suffolk, VA	Contact: Theresa Pope Ph:757-942-1069 Main Email:tpope@wtcsb.org **Rebecca Shaw,	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.

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Building Independence (BI) Waiver	BI Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Ph:757- 357-7458 Fax:757- 356-1808 Main Number: 757-255-7133 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).
Community Living (CL) Waiver	CL Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Ph:757- 357-7458 Fax:757- 356-1808 Main Number: 757-255-7133 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Isle of Wight

Family and Individual Support (FIS) Waiver	FIS Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Ph:757- 357-7458 Fax:757- 356-1808 Main Number: 757-255-7133 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Services Provided in James City County

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	5249 Old Towne Road, Williamsburg, VA 23188	James City County Department of Social Services Ph: 757- 259-3100	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Child Protective Services (CPS) (Rev.08/24/23)	5249 Old Towne Road, Williamsburg, VA 23188	James City County Department of Social Services Ph: 757- 259-3100	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment
Legal Advocacy	A program of Avalon Center for Women & Children P.O. Box 1079	Main:757-258-5022 Fax: 757258-9523 24-hour Hotline:757-258-5051	Avalon informs individuals of their rights, explains protective orders, and possible court procedures. Court and hospital accompaniment is available if desired. The Legal Advocate works with law enforcement
National Center for Victims of Crime (Rev. 4/11/19)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 II live Chat	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support
James City County WIC Program- Lactation/Breastfeeding Classes (Rev. 12/3/19)	James City County WIC Program- Lactation/Breastfeeding Classes 5249 Olde Towne Road	Ph: 757- 253-4741	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@evms.edu	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.
BURIAL ASSISTANCE			
Burial Expenses Assistance-James City County Department of Human Services (Rev.10/22/20)	James City County Department of Social Services 5249 Old Towne Road Williamsburg, VA 23188	Ph:757- 259-3100 Fax:757- 259-3188 Website:http://www.jccgov.com/ /social...	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home.Please call for further information

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CHILD CARE			
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866-543-7852 option 2	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in
Child Care -James City County Division of Social Services	Child Care -James City County Division of Social Services 5249 Olde Towne Rd Williamsburg, VA 23188	Ph: 757- 259-3100 TDD for hearing impaired: 757- 259-3133 Website:	James City County Social Services offers Day Care which is subsidized so parents can work or train for employment. Please call or visit the website for further information.
Childcare Network Inc.: John Tyler (#180) (Rev.07/21/20)	4300 John Tyler Highway Williamsburg VA 23185	Contact: Brandi Rutledge Ph: 757-253-2562	Childcare Network Inc.: John Tyler (#180) is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Child & Family Services-Childcare	Child & Family Services-	Ph:757- 838-1960	Child & Family Services links families, children and care givers to
Creative Critters Learning Centers:	159 Kristiansand Drive	Contact: Jessica Mills	Creative Critters Learning Centers: Norge is a child care provider. Licensed:
Creative Critters Learning Centers:	3701 Rochambeau Drive	Contact: Annie Gray	Creative Critters Learning Centers: Toano is a child care provider. Licensed:
First Steps-Child Development Resources	First Steps-Child Development Resources	Ph:757-220-1168 Tots Line: 757- 566-TOTS (566-8687) Ph:757- 566-3300 Main	CDR's First Steps Child Care and Development Centers offer high-quality, affordable child care for low-income families with infants and toddlers at two centers in the greater Williamsburg area. Fees: adjustable fee scale on a family's ability to pay.
Greenwood Christian Academy (Rev.07/21/20)	5251 John Tyler Highway, Suite 37 Williamsburg VA 23185	Contact: Marilyn Dayton Ph: 757-345-0905	Greenwood Christian Academy is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Kensington School: Williamsburg (Rev.07/21/20)	3435 John Tyler Highway Williamsburg VA 23185	Contact: Kathryn Mirick Ph: 757-645-2047	Kensington School: Williamsburg is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Kensington School: Toano (Rev.07/21/20)	8300 Richmond Rd Toano VA 23168	Contact: Allison Greene Ph: 757-250-3588	Kensington School: Toano is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
La Petite Academy: Williamsburg (#898) (Rev.07/21/20)	3190 Lake Powell Rd Williamsburg VA 23185	Contact: Christy Deans Ph: 757-253-1938	La Petite Academy: Williamsburg (#898) is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
La Petite Academy: Old Towne #7145 (Rev.07/21/20)	5260 Olde Towne Rd Williamsburg VA 23188	Contact: Tiffany Conatser Ph:757-220-0121	La Petite Academy: Old Towne #7145 is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.

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LearNLily LLC. (Rev.07/21/20)	104 Bypass Road Williamsburg VA 23188	Contact: Judy Bradby Ph: 757-206-1692	LearNLily LLC. is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
REC Connect @ Norge (Rev.07/21/20)	7311 Richmond Rd Williamsburg VA 23188	Contact: Kelley Herbert Ph:757-259-5351	REC Connect @ Norge is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
REC Connect @ Laurel Lane (Rev.07/21/20)	112 Laurel Lane Williamsburg VA 23188	Contact: Kelley Herbert Ph:757-259-5351	REC Connect @ Norge is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
REC Connect @ Matoaka (Rev.07/21/20)	4001 Brick Bat Road Williamsburg VA 23188	Contact: Kelley Herbert Ph:757-259-5351	REC Connect @ Makota is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
The Goddard School: Williamsburg (Rev.07/21/20)	4280 Casey Boulevard Williamsburg VA 23188	Contact: Melissa Burke Ph:757-220-1740	The Goddard School: Williamsburg is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
T.O.P Middle School Summer Camp: James Blair MS (Rev.07/21/20)	101 Longhill Road Williamsburg VA 23185	Contact: Kelley Herbert Ph:757-259-5351	T.O.P Middle School Summer Camp: James Blair MS is a child care provider. Licensed: Short-Term Child Day Center. Ages: 0-12 Years. Please call for further information.
Wisc Kids' Club (Rev.07/21/20)	5700 Warhill Trl Williamsburg VA 23188	Contact:Conor Dibble Ph: 757-645-6847	Wisc Kids' Club is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
DENTAL CARE			
LackleyFree Clinic -Dental Care (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry,Inc 1620 Old Williamsburg Road	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours Fax:757-369-3821	Lackey clinic is a faith-based nonprofit providing free dental care to adults without dental insurance. Their patients are the working class who earn too much to qualify for Virginia Medicaid but not enough to afford quality dental insurance usually earning between \$10-\$25 an

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Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax: 314-689-0293	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•I Child should be 18 years old or younger. Family total income should be 200% of the poverty level or Payments are based on income; Olde Towne Medical Center is located in James City County; pre-register - Monday, Wednesday, and Friday 8:30 a.m. - 4:00 p.m., Tuesday and Thursday 8:30 a.m. - 6:00 p.m.; \$10 prepay to hold spot (appointment); need tax return or statement of
Olde Towne Medical and Dental Clinic	Olde Towne Medical and Dental Clinic 5249 Olde Towne Road, Williamsburg, VA 23188	Ph:757- 259-3258 Website:www.yorkcounty.gov	
Pediatric Dental Specialists of Williamsburg (Rev.07/01/21)	213 Bulifants Blvd suite b, Williamsburg, VA 23188	Ph:757- 903-4525 Fax:757- 903-2730 E-mail:info@williamsburgpediatricd	Pediatric Dental Specialists of Williamsburg is the dental specialty that is dedicated to the treatment of children from infancy through the teenage years. Services offered for your child: Routine cleaning and check-ups. One Year Old First Dental Visit. Digital X-rays. Restorative
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 Email: E: nicole.miller@tidewaterasa.org Website:www.tidewaterasa.org AND	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment,
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and
EZ Breathers: Partnership for Asthma Awareness and Prevention	EZ Breathers: Partnership for Asthma Awareness and	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered

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Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*James City County Lion's Club. Contact: Bob Jordan Ph: 757-888-7749	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 Tiffany: Intake: 757-512-5398	ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email:	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email:	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification
American Printing House for the Blind Inc.	American Printing House for the Blind Inc.	Ph:800-223-1839 Email:	American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other
Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph:757- 852-3929	Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	• Hampton Roads chapter: Beth Beach OTR/L ATP Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: Williamsburg, VA 23188	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter 500 Sentara Circle, Suite 201 Williamsburg, VA 23188	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: Williamsburg, VA 23188	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org. In Virginia, children in need of mobility equipment have
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph:757-424-4822 /757- 566-9624 Fax: 757-424-5871 Toll Free: 800- 965-2689	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 466-8536 Toll Free: 800- 965-2689	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/	NuMotion is a provider of power mobility and home medical equipment.
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080	Roberts Home Medical is a DME provider. Medicaid, Medicare and

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DOMESTIC VIOLENCE			
Avalon	A program of Avalon Center for Women & Children P.O.	Main:757-258-5022 Fax: 757-258-9523	Avalon informs individuals of their rights, explains protective orders, and possible court procedures. Court and hospital accompaniment is
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 2/14/18)	LGBTQ Partner Abuse & Sexual Assault Helpline loveisrespect	866-356-6998 Text:804-793-9999 Ph: 866-331-9474 TTY: 866-331-8453 Text: loveis to 22522	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support, information and advocacy to young people
National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and Spanish.
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233) TTY:800-787-3224 Website:http://www.thehotline.or	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is available 24/7. Services are
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email:	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy
EARLY INTERVENTION			
Infant Stimulation Programs-Child development Resources (CDR)	Child development Resources (CDR) P.O Box 280, Norfolk, VA 23517 Physical	Contact: Lynn Wolfe Ph: 757-566-3300 Email: lynn@cdrc.org	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities. See website for a complete list of
EDUCATION			
Adult Education - Williamsburg-James City County Public Schools	A program of Williamsburg-James City County Public Schools 4615	Ph:757-253-6777 Fax 757-229-3027 Web site	The mission of the Adult and Continuing Education program is to respond to the needs of the adult population by offering a comprehensive educational program to the community.
Community Action Agency, Williamsburg-James City County	312 Waller Mill Road, Suite 405 Williamsburg, VA 23185	Ph:757-229-9332	The Agency provides assistance to low-income individuals to improve their economic and overall situation. Programs include Adult GED preparation, English as a second language, tutoring for children on
Head Start Program	Registration: Child Development Resources, NC.	Child Development Resources, NC.	The Head Start program, like all Head Starts in the U.S., is a comprehensive program for children ages 3-5 and their families. It is for low-income families. Head Start programs promote school readiness by
James City County Homeless Education Coordinator	Stephen Chantry Director of Student Services Student Services 3925 Midlands Road Williamsburg, VA 23188	Phone: 757-253-0004 Fax: 757-253-0129 Email: chantrys@wjcc.k12.va.us	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in homeless situations. Some of these activities may be performed by the local liaison himself or herself, while others are accomplished by
Special Education Advocacy Law PELE Clinic-William and Mary Law School	Special Education Advocacy Law PELE Clinic William and Mary Law School P.O. Box 8795 Williamsburg, Virginia 23187	Contact: Professor Crystal Shin's Ph:757-221-5735	The Special Education Advocacy Clinic was formed to assist special-needs children and their families with eligibility or Individualized Education Program meetings, discipline matters, mediation, and administrative hearings. The clinic is designed to bolster the partnership between families and schools and is part of the Law

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Virginia Adult and Literacy Services-James City County	Virginia Adult and Literacy Services-3925 Midlands Road Williamsburg, VA 23188	Ph: 757-220-5324 Website: http://www.pen.k12.va.us/VDOE/Instruction/Adult	The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education Development (GED), English as a Second Language, and Individual Student Alternative Education Programs (ISAE), Learn and
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website: DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers: "ASL Now" button or call	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States.
Virginia Department of Emergency Management	Virginia Department of Emergency Management 3127 Forge Road Toano, VA 23168-9124	Contact: Tal Luton, Coordinator or Kathleen C. Hale, Deputy Coordinator Office: 757-565-7605/	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.
EMPLOYMENT			
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph: 757-344-8821 Email: creativevocationsllc@gmail.com Website: www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services. Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building Independence Waivers. Please call for further information.
VEC Workforce Center-James City County	Williamsburg Crossing Shopping Center 5235 John Tyler Highway Williamsburg, VA	Ph: 757-253-4738 Fax: 757-253-4063	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at
Virginia Dept. of Rehabilitative Services, Williamsburg (Rev.9/17/18)	VA. Dept. of Rehabilitative Services 304 Bulifants Blvd, Suite 103 Williamsburg, VA 23188	Contact: Marjorie Millner Ph: 757- 253-4817 Main Ph: 800-552-5019 TTY: 800.464.0050	The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational rehabilitative services, independent living services, specialized
Virginia Employment Commission-James City County	Williamsburg Crossing Shopping Center 5235 John Tyler Highway	Ph: 757-253-4738 Fax: 757-253-4063	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and
FINANCIAL ASSISTANCE			
Affordable Connectivity Program	Complete the application and	Website: https://www.affordablec	Affordable Connectivity Program (ACP) is a U.S. government program
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	855-222-3252 or visit Website: Connect2Compete.org/	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and
Cooling Assistance Program - Virginia LIHEAP- James City County Department of Social Services (Rev 5.9/19)	Cooling Assistance Program - Virginia LIHEAP- James City County Department of Social Services	Ph: 757- 259-3100 Fax: 757- 259-3188 Website: http://www.jccegov.com/social...	Cooling Assistance - Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In addition, the
Crisis Assistance Program -Virginia LIHEAP- James City County Department of Social Services (Rev 5.9/19)	Crisis Assistance Program- Virginia LIHEAP- James City County Department of Social Services	Ph: 757- 259-3100 Fax: 757- 259-3188 Website: http://www.jccegov.com/social...	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-off is imminent, and inoperable or unsafe heating equipment. Types of

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Cover Virginia-Virginia-Based Assisters (Rev.1/21/19)	1.Surry Medical Center 440 Colonial Trail West Surry, VA, 23883	1.Surry Medical Center Ph: 757-294-3981	Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed rigorous training courses and passed <u>certification requirements. You can work with assisters on everything:</u>
Department of Social Services-The Division of Child Support Enforcement (DCSE)	11751 Rock Landing Drive, Suite H-4 Newport News, VA 23606	Ph:757- 594-7621 TOLL FREE: 800- 468-8894	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. <u>The actions of DCSE are based on federal and state law. The primary</u>
Heating Assistance Program - Virginia LIHEAP- James City County Department of Social Services (Rev 5-9/19)	Heating Assistance Program - Virginia LIHEAP- James City County Department of Social Services	Ph:757- 259-3100 Fax;757- 259-3188 Website:http://www.jccegov.com/social...	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for <u>Fuel Assistance, there are certain income guidelines and living</u>
James City County Department of Social Services	James City County Department of Social Services 5249 Old Towne Road Williamsburg, VA 23188	Ph:757- 259-3100 Fax;757- 259-3188 Website:http://www.jccegov.com/social...	James City County Department' mission is to provide benefits and services to the citizens of James City County based on programs established by local, state and federal laws and policy. The <u>department's focus is to prevent dependency and encourage self-</u>
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/lis/	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, <u>Recipients of SNAP, Medicaid, or Other Programs (section 8).</u>
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), <u>specialists, hospitals and other health care providers. Different MCOs</u>
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website:www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website:www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0:	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid	James City County Department	Ph:757- 259-3100	Medicaid pays for health and medical care for certain groups of people
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.d	Medicaid-Fee-for-Service enrollees can use any Consumer Directed

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Optima Health-Healthy Savings- Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings- Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website: https://www.healthysavings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings
Sentara Health System/ Hospital/Charity Indigent Care Program	Sentara Health System/ Hospital/Charity Indigent Care Program	Ph:757-233-4600 Toll Free:1-877-768-3993 Website: www.sentara.com	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty
Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph:866-331-9169 Main Number:800-772-1213 TTY:800-325-0778	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877 Website:	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that Children have Access to Nutritious
United Way Community Assistance Network (CAN) (Rev.11/09/22)	1323 Jamestown Rd Suite 101, Williamsburg, VA 23185	Ph:757- 229-2222 Website: https://www.uwvp.org/help	Conducts self-sufficiency screening to determine needs so that they can connect clients to resources that can have a longer-term impact on their social, financial and educational wellbeing. United way refer clients to agencies and faith partners to provide health services, emergency utility assistance, eviction prevention, legal aid ,emergency shelter, food
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate
Williamsburg House of Mercy (Rev.10/8/18)	Williamsburg House of Mercy 10 Harrison Ave Williamsburg, VA 23185	Outreach Services Ph:757-253-0664 Monday-Friday, 10-4 (except	Williamsburg House of Mercy is a complete care center for the homeless and the struggling residents in our community . Staff and volunteers work daily to meet their needs through financial assistance,
FORMULA/NUTRITION			
James City County WIC Program	James City County WIC Program 5240 Old	Ph: 757- 253-4741	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast feeding women. Services provided
James City County WIC Program-	James City County WIC Program	Ph: 757- 253-4741	The program provides nutrition education, breast feeding promotion and
HOME CARE			
Affinity Care of Virginia (rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Affinity Care offers hospice care to individuals with terminal illnesses in Virginia. Hospice care focuses on providing terminally ill patients with end-of-life support services that improve their quality of life and allow
Always There Home Healthcare (Rev.11/29/23)	Always There Home Healthcare 705 Mobjack PI suite b, Newport News, VA 23606	Ph:757-591-0020 Fax:757-310-6516	Always There Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Allegiance Home Care Services Inc. (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email: boile@tidewaterhomecare.com	Allegiance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Hours: Monday – Thu 9:00AM – 2:00PM. Service Area: Virginia Beach, Chesapeake, Norfolk

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Allegiance Home Care Services Inc.- Nursing Services (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehe althservices.net	Allegiance Home Care Services provides Private duty in-home care and Skilled Nursing.Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton.
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: brent.brady@cchnet.net	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making
Care Advantage Home Health (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free:1-866-576-7931 Fax: 757- 595-9677 E-mail:	Care Advantage offices specialize in providing personal care, companionship and respite services.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in
Care Advantage Home Health- Nursing Services (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free:1-866-576-7931 Fax: 757- 595-9677 E-mail: careadvantage@careadvantagei	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care
Caregivers in-Home Care (Rev.11/29/23)	Caregivers in-Home Care 243 McLaws Cir #102, Williamsburg, VA 23185	Ph:757-345-0393 Fax:1-757-299-8039 Website:http://www.caregiversin homecare.com	Caregivers in-Home Care provides personal care services and respite for adults only. Medicaid and Private Pay are accepted. They serve Williamsburg And The Hampton Roads Area.Please call for further information.
Foundations for Change (Rev.12/12/23)	Foundations for Change 706 Todds Ln, Hampton, VA	Contact: Jennifer Foster Service Facilitator	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Gerontecture-CCC Plus Waiver Facilitator	4240 Birdella Dr, Williamsburg, VA 23188	Owner/Director: Charlie Martino Ph:757-426-4041	CCC Plus Waiver Facilitator. Serves: Gloucester, Williamsburg/James City County, Hampton, Newport News, York, Poquoson
Heartland Hospice Care (Rev.03/14/25)	Heartland Hospice Care 41 Old Oyster Point Road , Suite D, Newport News, VA, 23602	Ph: 757- 594-8215 Toll Free: 800- 375-2488 Fax: 757- 594-8530	Heartland Hospice Care provides hospice services, specializing in symptom and pain management for individuals who have a life limiting illness. The hospice team works with the patient and his/her family to provide a comprehensive program of psychosocial and spiritual
Intrepid USA Healthcare Services (Rev.03/14/25)	Intrepid USA Healthcare Services, Virginia Beach 4510 Holland Office Park, Suite 503, Virginia Beach, VA, 23452	Ph: 757- 499-0872 Fax: 757- 490-0173	Intrepid Hospice provides services that include:Professional Staff on call 24 hours a day, seven days a week,Physician-directed plan of care,Psychological and spiritual care,Pain and symptom management,t Medications, Equipment andSupplies related to the terminal illness, Personal care and support,Volunteer services and Bereavement
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide.
Maxim Healthcare	11818 Rock Landing Drive, Newport News, VA 23606	Ph: 757- 595-8822 Fax:855- 415-4963 E-mail:	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage
Moms in Motion -CCC Plus	Moms In Motion	Ph: 844- 828-5591	Motion (Moms) is a Consumer-Directed Service Facilitation provider for
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.

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Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Warwick Forest Palliative and Hospice Care (Rev.02/28/25)	1004 Old Denbigh Boulevard, Newport News, VA, 23602	Ph: 757- 875-2200 Fax: 757- 875-2036	Palliative and Hospice care are offered at The Gardens at Warwick Forest, which provides Medicare skilled services for those with a terminal diagnosis of six months or less, staff works closely with families to provide support, personal care, and pain management in the patient's home. The subacute unit specializes in wound management,
HOUSING ASSISTANCE/HOUSING SERVICES			
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from incarceration to community. The program provides
House of Refuge-Men's Shelter	3700 Huntington Avenue,	Ph:757-380-6909	House of Refuge is a short term homeless shelter for men 18 and
Public Housing - U.S. Department of Housing and Urban Development	James City County Office of Housing 5320 Palmer Lane	Ph:757-259-5349 Fax:757-220-0640 Toll Free:1-800-955-2232	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered
Housing Choice Voucher Program-	James City County Office of	Ph:757-259-5349	The Housing Choice Voucher (HCV) Program is the federal
Office of Native American Programs-U.S. Department of Housing and	James City County Office of Housing	Ph:757-259-5349 Fax:757-220-0640	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development
LINK of Hampton Roads-Emergency Hurricane Shelter for the Homeless	10413 Warwick Boulevard, Newport News, VA 23601	Ph:757-595-1953 Fax: 757-595-3428	Emergency Hurricane Shelter for the Homeless provides emergency shelter for the homeless in the event of a hurricane or other natural
Regional Housing Crisis Hotline	Regional Housing Crisis Hotline	Ph:866-750-4431	A new regional Housing Crisis Hotline is now open so that with one call, anyone facing a housing crisis in Hampton Roads can reach over 1200
The Stop Organization - Weatherization Program	The STOP Organization Weatherization Component	Ph: 757-229-9332	STOP provides weatherization service to qualified low-income residents. The work is regulated by the Department of Energy and
Williamsburg House of Mercy (Rev.10/8/18)	Williamsburg House of Mercy 10 Harrison Ave	Outreach Services Ph:757-253-0664	Williamsburg House of Mercy is a complete care center for the homeless. The Day Center for the homeless provides warm meals,
INFORMATION AND			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane	Hampton Roads Ph:757-668-7132 Fax:	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite	Ph:804- 525-7728 Toll Free:866- 303-0957 Email:	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:.	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846)	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is

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INSTITUTIONAL CARE/SUPPORTS			
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	5249 Old Towne Road, Williamsburg, VA 23188	James City County Department of Social Services Ph: 757- 259-3100 Fax:757- 259-3188 Hotline: 1-888-832-3858 Website:https://www.dss.virginia	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-
Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When
Catholic Charities of Eastern Virginia-Rep. Pavee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206 Web:	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable
Catholic Charities of Eastern Virginia- CARES services- Transportation Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 875-0060. Fax: 757-495-3206 Web: www.cceva.org	Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check
Child Protective Services (CPS) (Rev.08/24/23)	5249 Old Towne Road, Williamsburg, VA 23188	James City County Department of Social Services	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children,
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes: •General
Division of Child Support Enforcement -Newport News District (Rev.12/09/19)	Division of Child Support Enforcement --Newport News District Office 11751	Ph:800-468-8894 Fax: 757- 594-7621 Email: AskDCSE	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegal answers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300 Virginia Beach	Ph: 757-938-9130 Website:http://jfshamptonroads. org/	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship
Peninsula Legal Aid Center - Williamsburg Annex	Peninsula Legal Aid Center Williamsburg Annex	Ph: 757-220-6837 / TT Toll Free:1-888-868-1072 (866-	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
LGBTQ			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in James City County

LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self

Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev.08/18/22)	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency
LackeyFree Clinic -Medical Care (Rev.03/01/24)	Lackey Free Clinic An Outreach of Olivet Medical Ministry, Inc 1620 Old Williamsburg Road Yorktown, VA 23690	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821 Email: info@lackeyhealthcare.org Website:www.lackeyfreeclinic.com	Services: Primary Care, Family medicine, school Physicals, Pediatric Services, Gynecological services, lab and X-ray services, Pharmacy services, Diabetic counseling, Spiritual counseling, Ophthalmology, Endocrinology, Rheumatology. Hours of operation: Monday–Thursday:8:30 a.m.–5:00 p.m. and Friday: 8:30 a.m.–Noon. Pharmacy Hours: Monday–Wednesday:9:00 a.m.–4:30 p.m. Thursday: 9:00 a.m.–5:00 p.m. Friday: The Pharmacy is closed.Cost: they ask for a contribution of \$25 for medical, eye care, and behavioral health appointments if patients are able to contribute. Eligibility requirements:
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821 Email: info@lackeyhealthcare.org Website:www.lackeyfreeclinic.com	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population:Lackey Virtual Care is for anyone age 18 years or older who lives in Virginia.Online visits are normally \$25, but they are free for a limited time through the generosity of our Lackey Clinic Family.This service is available to BOTH current patients at the Clinic and people who are not patients. You do not have to be a patient at Lackey Clinic to use this service.
Peninsula Health Department (03/31/24)	Peninsula Department of Health 36-A J Clyde Morris Blvd. Newport News Virginia 23601	Ph:757-594-7300 Fax:757-594-7714 Email: peninsula@vdh.virginia.gov	Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis Screening programs, Disease Surveillance, influenza Surveillance

COMMUNITY RESOURCES EASTERN REGION

Services Provided in James City County

Olde Towne Medical Center	Olde Towne Medical Center, 5249 Olde Towne Road, Williamsburg, VA 23188	Ph:757- 259-3258; Website:www.yorkcounty.gov	Payments are based on income; Olde Towne Medical Center is located in James City County; pre-register - Monday, Wednesday, and Friday 8:30 a.m. - 4:00 p.m., Tuesday and Thursday 8:30 a.m. - 6:00 p.m.; \$10 prepay to hold spot (appointment); need tax return or statement of no income (food/shelter letter) plus 2 proofs of residency, picture ID.

Williamsburg/James City County Health Department (03/31/24)	4095 Ironbound Road Suite 200	Ph: 757-253-4813 Fax: 757-253-4285	Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis
MEDICATION ASSISTANCE			
Olde Towne Medical Center	Olde Towne Medical Center, 5249 Olde Towne Road Williamsburg, VA 23188	Ph:757- 259-3258; Website:www.yorkcounty.gov	Payments are based on income; Olde Towne Medical Center is located in James City County; pre-register - Monday, Wednesday, and Friday 8:30 a.m. - 4:00 p.m., Tuesday and Thursday 8:30 a.m. - 6:00 p.m.
MENTAL HEALTH			
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Alpha Counsellors Service	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185	Emergency Services: 757-220-3200 Children's Mobile Crisis: Ph:757- 262-2094 Fax:757- 262-2095 Email:anlbacow@alphacounselors.com	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or
Colonial Behavioral Health -CSB- Behavioral Crisis Center	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185	24-hour Behavioral Health Crisis: Ph:757-220-3200	Alpha Counsellors Service mission is to provide support in the form of clinical services for those individuals from age birth to Senior citizens. Goal and focal point is to empower, motivate and assist in the
Colonial Behavioral Health- Prevention Services	Colonial Behavioral Health-CSB York-Poquoson Office 3804 George Washington Hwy. Yorktown, VA 23692	Contact: Courtney Dowell, CHES Lead Prevention Specialist Ph:	Colonial Behavioral Health has opened a behavioral crisis center at Riverside Doctors' Hospital in Williamsburg. The community services board, which serves the mental health needs of residents in
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Colonial Behavioral Health-Prevention Services offer individuals and families a variety of prevention services, which are specifically designed to promote and enhance health and wellness. CBH offers a set of
Family Preservation Services (FPS) (Rev.01/08/21)	FPS Peninsula Office 739 Thimble Shoals Blvd. Suite 706 Newport News, VA 23606	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph:	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
GAP-Governor's Access Plan	GAP-Governor's Access Plan Colonial Community Services Board	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB	Family Preservation Services (FPS) is a human service agency that offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services FPS takes a holistic approach to treatment

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **James City County**

Maternal Health Mental Hotline (U.S. Health and Human Services Department)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .ounselors available to provide mental health support. o
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or treatment they need through tough times.
NAMI Connection	NAMI Connection St. Stephen Lutheran Church 612 Jamestown Road Williamsburg 23185	Contact: Mike Oehmann Facilitator Ph:757- 220-8535 Email:info@namiwilliamsburg.org	NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding. Every Tuesday at 7pm until 8:30pm. Please call for further information.
NAMI Family-to-Family	NAMI Family-to-Family St. Stephen Lutheran Church Williamsburg 23185	Contact: Marcia Partch Ph:757- 564-8564 Email:marciapartch@aol.com Helpline 800-950-6264	NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Class will meet Thursdays from 6:30pm-9:00pm.Please call for further information.
NAMI Family Support Group	NAMI Family Support Group St Steven's Lutheran Church 612 Jamestown Rd Williamsburg 23185	Contact: Linda Roush Facilitator/Coordinator Ph:757- 220-8535	NAMI Family Support Group is a free, confidential and safe group of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group wisdom. Meets every Tuesday of the month at 7 pm. Please call for further
NAMI Williamsburg	NAMI Williamsburg PO Box 89 Williamsburg, VA 23187-0089 -	Phone: 757- 220-8535 Email Address: info@namiwilliamsburg.org Website:	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They advocate and educate people with mental illness and their families by providing
NAMI Virginia's Statewide Hpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hpline and Resources	Helkpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org Website:www.namivirginia.com	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing, financial assistance, and much more. Our Helpline staff is happy to help you find the right resource for you!
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **James City County**

The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email:info@thechasfoundation.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness, Increase access to effective treatment for the mentally ill, Save lives of those dealing with a mental illness by working
The Empowerment Network, LLC	1929 Coliseum Dr. Suite K, Hampton VA 23666	Ph:757-310-9530 Fax:757-224-4910	The Empowerment Network, LLC is a Medicaid provider licensed by the Department of Behavioral Health and Developmental Services to
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@cccofva.org Website: http://www.cccofva.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F.	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations. Work authorization
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Care Team Program-James City County Department of Human Services (Rev.1/15/19)	5249 Olde Towne Road Williamsburg, VA 23188	Ph: 757-259-3100 Fax: 757-259-3188 Email:dss@jamescitycountyva.gov	The James City County Care Team has partnered with WJCC Public Schools, Child Development Resources (CDR) and Olde Towne Medical and Dental Center in support of families who are experiencing challenges in multiple domains of health and well-being. The Care Team includes a coordinator, a nurse case manager and a social work
FirstSpark (Rev.11/25/24)	FirstSpark Logo 11832 Canon Blvd., Suite F	Ph:757- 240-2731 Website: https://www.firstsparkva.org	FirstSpark is a nonprofit organization that provides education and resources to early childhood educators, along with connecting parents
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartnership.org	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice

COMMUNITY RESOURCES EASTERN REGION

Services Provided in James City County

The Center for Child and Family Services-Child Abuse and Neglect Prevention Program (Rev.7/16/18)	Williamsburg, VA 23188	Contact: Julissa Rosario Ph: 229-7940 ex 201 Fax:757-838-3280 Website:www.kidsandfamilies.co	The Center for Child and Family Services-Child Abuse and Neglect Prevention Program is a program that will provide a 16 week Nurturing parenting group, case management, community referrals for Spanish speaking parents who reside in Hampton, Newport News, York and
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families
RECREATION			
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical School EV Williams Hall 855 W. Brambleton Ave Norfolk, VA 23510	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757- 446-5708 Fax:757- 446-8408 Email:Langlettr@evms.edu	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them “grow bigger, stronger, and better able to think!” The benefits of HALO are lifelong and sure to be a great time in the classroom or at home.Please call or email for further information.
Inclusion or Specialized Therapeutic Recreation programs James City County Days of Discovery (Rev.05/17/23)	Inclusion or Specialized Therapeutic Recreation programs James City County Recreation Center	Ph:757-259-5354 OR 757- 259-5377 Ph:757-259-5354 Email:Tracy.newsom@jamescitycountyva.gov Website:https://www.jamescitycountyva.gov/5125/therapeutic-recreation	James city County Parks and Recreation offer the Inclusion or Specialized Therapeutic Recreation programs for persons with disabilities. Mild to Moderate disability. Independently or with verbal cues, eat, bathe and use the bathroom, as well as adjust to changes in routine and environment. Ages:5 years -22 years.hours:Monday-Friday 11 am-5 pm. 1 to 3 staff to camper ratio. Dates:June 26-Aug 10. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **James City County**

James City County Parks and Recreation	James City County Parks and Recreation 5300 Palmer Lane Suite 1A Williamsburg, VA 23188	Ph:757- 259-3200	James City County Parks and Recreation offers a myriad of opportunities to enjoy our facilities and the wonderful outdoors our unique community has to offer. Explore our website to discover the exciting programs, services and facilities available to you and your family. The benefits are endless!
James City County: James City Williamsburg Community Center	James City Williamsburg Community Center 5301 Longhill Rd Williamsburg, VA 23188-2700	Ph:757- 259-4200	James City Williamsburg Community Center offers Gym with basketball and volleyball courts, indoor track, swimming pool w/wheelchair, accessibility, whirlpool and fitness area. Membership available. Please call for further information.
James City County: James City Williamsburg Community Center	James City Williamsburg Community Center 5301 Longhill Rd Williamsburg, VA 23188-2700	Ph:757- 259-4200	James City Williamsburg Community Center offers Gym with basketball and volleyball courts, indoor track, swimming pool w/wheelchair, accessibility, whirlpool and fitness area. Membership available. Please call for further information.
RESPIRE			
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 757- 220-3200 Ext 530 OR Visit	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship, and Vocational Services. Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building Independence Waivers. Please call for further information.
SAFETY			
Child Safety Seat Program (Rev.06/11/24)	Child Safety Seat Program PAT of Williamsburg at Child Development Resources	Ph: 757-566-3300 Fax: 757- 566-8977 Toll Free:1-800-732-8333.	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website:https://poisonhelp.hrsa.	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages.
Project Lifesaver James City	Project Lifesaver James City James City Police Department 5087 John Tyler Highway	Ph: 757-253-1800 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism

COMMUNITY RESOURCES EASTERN REGION

Services Provided in James City County

Smoke Detector Program (Rev.4/2/19)	5077 John Tyler Highway Williamsburg, VA 23185	Ph:757-220-0626 Website: https://jamescitycountyva.gov/25	Please contact James City County Fire Department to schedule a smoke alarm installation. A representative from James City County Fire Department partnered with the American Red Cross will get in touch
SUBSTANCE ABUSE			
Colonial Behavioral Health -CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185	Ph:757-220-3200 Please call to complete a brief telephone screening with staff:	Colonial Behavioral Health -CSB provides comprehensive mental health and substance abuse services for people of all ages who live in Williamsburg and James City County. Please call for further information.
GAP-Governor's Access Plan	GAP-Governor's Access Plan Colonial Community Services Board 1657 Merrimac Trail Williamsburg, VA 23185	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:757-220-3200	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following :
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- <u>Tobacco Cessation</u>	Website: www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with <u>tobacco cessation and prevention</u>
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a

COMMUNITY RESOURCES EASTERN REGION

Services Provided in James City County

Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a service within our Co-Occurring Disorders program, for males and females. The program consists of the following services: screening given to all new admissions, Weekly Substance Abuse, Education and Prevention groups Intensive substance abuse group therapies, Group, Individual and Family Therapies, Weekly 12-step groups (AA/NA),Family Support Groups, Seeking Safety Groups, Assessment and Diagnostic Services, Expressive Therapies,GED Preparatory Training, Transitional planning for referrals to community resources upon discharge, Individualized Multidisciplinary Treatment Planning, Gender-specific programming,24-hour Nursing Care, Art, Music, Pet, Recreation Therapies, Life Skills Training, Refusal Skills Training and Licensed and Accredited Educational Services. Coverage Areas: Chesapeake, Gloucester, Hampton, Isle Of Wight, James City County, Mathews, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, Williamsburg, and York County. Cost: Reduced Cost. Ages:11 to 18 years old. Please call for further information.
Oxford House Jamestown	Oxford House Jamestown 2588 Lake Powell Road Williamsburg, VA 23185 Gender: Males	Ph:757-645-4567	Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home.Fees:Vary from house to house, typically \$65-\$165 per day.
SEFP-(South-Eastern Family Project) Hampton Newport News CSB (Rev-8/14/18)	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue Newport News, VA 23607	Ph:757-245-1070 Colonial Behavioral Health - CSB Ph:757-220-3200 24- hour Behavioral Health Crisis: 757-220-3200	SEFP (South-Eastern Family Project) Is a program from Hampton Newport News CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use disorders. Services are provided in a healthy, stable and secure residential environment where women and their children or newborns can remain together throughout the treatment stay. Target Group: Pregnant women over the age of eighteen (18) who are addicted to alcohol and/or other drugs or at risk of relapsing. Medicaid is accepted. Please call for further information.
SpiritWorks Foundation	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188	Ph:757- 903-0000 Email:an@spiritworksfoundation. org	SpiritWorks Foundation is a Recovery Community Organization serving individuals affected by the disease of addiction by helping them live drug free.SpiritWorks offers a wide range of programs for all age

COMMUNITY RESOURCES EASTERN REGION

Services Provided in James City County

Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/ Website: http://www.yourlifeyourvoice.org	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
The Counseling Center	The Counseling Center Williamsburg Office 5244 Olde Towne Rd Williamsburg, VA 23185	Ph:757- 229-4645 Appointments: Ph:757- 826-4600 Fax:757- 229-4645 Email: dianne@thecounselingctr.com Website: http://www.thecounselingctr.com/	Provides adult substance abuse screening and mental health assessments, intensive out patient treatment (day and evening) for alcohol and other drug abuse, adult substance abuse groups, individual, group, family and marital counseling. Services also include anger management groups, co-parenting classes, motivational enhancement group, relapse prevention group, family addictions education groups, vocational counseling, and EAP services. Target Group: Adolescents/Adults. Fees:\$30 intake fee; \$35 group fee.
SUPPORT GROUPS			
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website:	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group-	Lung Cancer Support Group-	Contact: Connie Bush, BSN, Connie.Bush@Sentara.com	This Lung Cancer Support Group meets via teleconference on the 1st, 3rd, 5th, 7th, 9th, 11th, 13th, 15th, 17th, 19th, 21st, 23rd, 25th, 27th, 29th, and 31st of each month.
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearses.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost:currently \$19.
The Getaway Cafe – new program for adults with early memory loss and their care partners	James City County Library 7770 Croaker Rd. Williamsburg VA 23188	Registration encouraged but not required. Ph: 757.259.7770 to register.	The Getaway Cafe is a new monthly program for adults with early memory loss and their care partners (a family member or friend).The Getaway Cafe will take place the third Friday of every month at the James City County Library from 2-3:30 p.m. Light refreshments will be served.
The Lighthouse Guild Teleconference Group for Families	Virginia Department for the Blind & Vision Impaired	Contact: Judith Millman, Facilitator Contact:	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email

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THERAPEUTIC FOSTER CARE			
THERAPIES			
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.

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Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-Where is my Ride:855-325-7581, Option 1 TTY:711 Anthem	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and and DR Waivers, Molina	Molina Healthcare of Virginia CCC Plus and and DR Waivers	Ph:877-790-9472	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier)	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
United Healthcare Community Plan CCC Plus- and United Healthcare	United Healthcare Community Plan and UnitedHealthcare	Ph:833-215-3884 United Healthcare Community	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be
VISION/SIGHT			
LackleyFree Clinic -Ophtalmology (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry, Inc 1620 Old Williamsburg Road Yorktown, VA 23690	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821 Email:	Lackey Clinic is a faith-based nonprofit providing free eye care to adults without medical insurance. Our working-class patients earn too much to qualify for Virginia Medicaid but not enough to afford quality medical insurance, usually earning between \$10-\$25 an hour. Lackey Clinic's Eye Care Program use state-of-the-art technology, such as

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Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*James City County Lion's Club. Contact: Bob Jordan Ph: 757-220-7742 Website: www.lionsclubs.org You must contact Lion's club	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Peninsula Health District 416 J. Clyde Morris Blvd Newport News VA 23601	Call to request Screening: Ph:757-594-7305 Fax: 757-594-7714	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer-Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.
Developmental Disabilities Waiver Experts- Building Independence (BI), Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI, FIS and CL Waivers Colonial Behavioral Health 1657 Merrimac Trail	Main: 757- 220-3200 Liz Erfe-Howard, Email: eerfe-howard@colonialbh.org Juan Verz Email:	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI, FIS and CL Support Waivers

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Building Independence (BI) Waiver	BI Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).
Community Living (CL) Waiver	CL Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 or contact: Anita Locly 757-220-3200 Ext 530 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Family and Individual Support (FIS) Waiver	FIS Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB: Ph: 757- 253- 4061 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109	Mathews Department of Social Services Ph: 804- 725-7192 Fax:804- 725-7086	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Child Protective Services (CPS) (Rev.08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109	Mathews Department of Social Services Ph: 804- 725-7192 Fax:804- 725-7086 Hotline:804-786- 8536 Virginia	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat Email:help@humantraffickinghotline.org.	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops, mentoring sessions, summer camps, school visits, and community
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health PO Box 1980	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-
Mathews County Health Department WIC Program- Lactation/Breastfeeding Classes (Rev. 12/3/19)	Mathews County Health Department WIC Program-Lactation/Breastfeeding Classes 536 Church Street P.O. Box 26	Ph:804-725-1731 Fax: 804-725-7466	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding

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BURIAL ASSISTANCE			
Burial Expenses Assistance-Mathews Department of Human Services (Rev.10/22/20)	Mathews Department of Social Services Route 611 536 Church Street	Ph:804- 725-7192 Fax:804- 725-7086	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to
CHILD CARE			
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 option 2	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in
DENTAL CARE			
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis,	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•l Child should be 18 years old or
Gloucester-Mathews Free Clinic-Dental Services (Rev.03/15/24)	Gloucester-Mathews Free Clinic 6031 Industrial Drive Gloucester, VA 23061 Mailing	Ph:804- 210-1368 Fax: 804- 684-3691 Website: www.gmfreeclinic.com	Gloucester-Mathews Free Clinic mission is to provide community-based dental care services for the residents of Gloucester and Mathews Counties who lack health insurance or enough income to pay
Pediatric Dental Specialists of Williamsburg (Rev.07/01/21)	213 Bulifants Blvd suite b, Williamsburg, VA 23188	Ph:757- 903-4525 Fax:757- 903-2730 E-	Pediatric Dental Specialists of Williamsburg is the dental specialty that is dedicated to the treatment of children from infancy through the teenage years. Services offered for your child: Routine cleaning and
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 Email:: nicole.miller@tidewaterasa.org Website:www.tidewaerasa.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy.c	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	* Mathews Lion's Club Contact: Gail Houser Ph:804- 725-8207 Website: www.lionsclubs.org	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the
DME			
Active Forever	Active Forever	Ph:800-377-8033	Active Forever provides Hearing Aids & Assistive Devices, Sight
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612	Ai Squared provides devices for individual with sight impairment. The
American Printing House for the	American Printing House for the Blind	Ph:800-223-1839	American Printing House for the Blind Inc. provides educational

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(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email:beth@atdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost.
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter 500 Sentara Circle, Suite 201 Williamsburg, VA 23188	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: Williamsburg@freefoundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children in need of mobility equipment have
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Linacre Infusion Services (Rev.10/22/19)	Linacre Infusion Services	Ph:757-424-4822 /757- 566-9624 Fax: 757-424-5871 Toll Free: 800- 965-2689	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
DOMESTIC VIOLENCE			
LGBTQ Partner Abuse & Sexual	LGBTQ Partner Abuse & Sexual	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453	Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained
National Sexual Assault Hotline (Rev.4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and Spanish.
The Project for the Empowerment of Survivors (PES) Legal Services	The Project for the Empowerment of Survivors (PES) Legal Services	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119)	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233) TTY:800-787-3224 Website: http://www.thehotline.org	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is available 24/7. Services are
EARLY INTERVENTION			
Infant Stimulation Program	Rural Infant Service Program RISP/Middle Peninsula	Contacts: Kathy Phillips Ph: 804-758-5250 Fax:	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have
EDUCATION			
Department of Special Education	Louise F. Lebron ,Director	Ph:804-725-3499	"Special education" means specially designed instruction, at no cost to

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Head Start	Registration: Parent & Child Development Center, INC	Parent & Child Development Center, INC Ph:804- 843-	The Head Start program, like all Head Starts in the U.S., is a comprehensive program for children ages 3-5 and their families. It is for
Mathews Homeless Education Coordinator	Louise LeBron P.O. Box 369 Mathews, VA 23109	Phone: 804-725-3499 Fax: 804-725-3642 Email:	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in
Virginia Adult and Literacy Services-Mathews	Virginia Adult and Literacy Services- P.O Box 369 Mathews, VA 23109	Ph: 804-725-2434 Website: http://www.pen.k12.va.us/VDOE/Instruction/Adult	The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education Development (GED), English as a Second Language, and Individual Student Alternative Education Programs (ISAE), Learn and Serve, and Education for Independence (EFI), as well as services
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website: DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers:	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential
Virginia Department of Emergency Management	Virginia Department of Emergency Management 165 Cow Neck Blvd Hallieford, VA	Contact: David Burns, Coordinator or O. J. Cole, Director Office:	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation,
EMPLOYMENT			
VEC Workforce Center-	Virginia Employment Commission	Ph:804-333-3675	VEC Workforce Centers are generally open weekdays 8:30 am until
Virginia Employment Commission-	Virginia Employment Commission 14243 History Land Hwy Warsaw, VA	Ph:804-333-3675 Fax:804-333-5388	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and
FINANCIAL ASSISTANCE			
Affordable Connectivity Program	Complete the application and	Website: https://www.affordable	Affordable Connectivity Program (ACP) is a U.S. government program
Connect2Compete-affordable	Connect2Compete-affordable internet	855-222-3252 or visit	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12
Cooling Assistance Program -	Cooling Assistance Program - Virginia	Ph:757- 259-3100	Cooling Assistance -Virginia LIHEAP helps with cooling equipment
Crisis Assistance Program - Virginia	Crisis Assistance Program - Virginia	Ph:804- 725-7192	Crisis Assistance is intended for emergency situations. It helps eligible
Cover Virginia-Virginia-Based	1.Surry Medical Center	1.Surry Medical Center	Cover Virginia-Virginia-Based Assisters is a service available in-person
Department of Social Services-The	903 Enterprise Parkway	Ph:757- 766-3710	The Division of Child Support Enforcement (DCSE) is a division within
Energy Share Agencies-Mathews	Mathews County DSS	Mathews County DSS	Energy Share is a fuel assistance program of last resort for anyone
Enroll Virginia at Town Center Physicians (Rev.02/13/25)	Town Center Physicians 10980 Buckley Hall Road, Building 5, Mathews, VA, 23109	Town Center Physicians Ph:757-380-8709 Email: phc@inova.org Statewide Toll-free Hotline:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance
Heating Assistance Program -Virginia	Heating Assistance Program -Virginia	Ph:804- 725-7192	The purpose of Heating Assistance is to eligible households with the
Kingston Parish House-Holiday	Kingston Parish House-Holiday	Ph:804-725-2175	Community Thanksgiving Day dinner. 11:30am-2pm Nov. 26, Kingston
Lifeline	Lifeline	Website:	Lifeline is a federal benefit that lowers the monthly cost of phone or
Mathews Department of Social Services	Mathews Department of Social Services	Ph:804- 725-7192 Fax:804- 725-7086	The Mathews County Department' mission is to provide benefits and services to the citizens of Mathews County based on programs

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MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website: www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website: www.anthem.com/vam edicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0:	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website: www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid	Mathews Department of Social Services Route 611	Ph:804- 725-7192 Fax:804- 725-7086	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website: www.virginiamedicaid.dmas.virginia.gov/wps/portal/Se archForProviders> http://www.virginiamedicaid.dmas.virginia.gov/wps/portal/Se	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph:866-331-9169 Main Number:800-772-1213 TTY:800-325-0778 Website: www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasonbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who
United Way Community Assistance Network (CAN)	1323 Jamestown Rd Suite 101, Williamsburg, VA 23185	Ph:757- 229-2222 Website: https://www.uwvp.org/	Conducts self-sufficiency screening to determine needs so that they can connect clients to resources that can have a longer-term impact on
FORMULA/NUTRITION			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

Mathews County Health Department- WIC Program	Mathews County Health Department WIC Program 536 Church Street P.O. Box 26 Mathews, VA 23109	Ph:804-725-1731 Fax: 804-725-7466	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding mothers.
Mathews County Health Department WIC Program-Formula	Mathews County Health Department WIC Program 536 Church Street P.O. Box 26 Mathews, VA 23109	Ph:804-725-1731 Fax: 804-725-7466	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided. The WIC program provides the following formulas for infants: Similac Advance. Similac Isomil Advance. If a special formula is needed
HOME CARE			
Affinity Care of Virginia (rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Affinity Care offers hospice care to individuals with terminal illnesses in Virginia. Hospice care focuses on providing terminally ill patients with end-of-life support services that improve their quality of life and allow
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maternal Health Mental Hotline (U.S. Health and Human Services Department)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o
Maxim Healthcare	11818 Rock Landing Drive Newport News, VA 23606	Ph: 757- 595-8822 Fax:855- 415-4963	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family & Individual Support (FIS) and Community Living (CL)) Service Facilitator (Rev.02/24/25)	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net Website:https://momsinmotion.net	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in advocacy through community- and state-wide networks, and by assisting people in navigating the waiver world's constant changes because everyone deserves a fulfilling quality of life. Covered areas: Division 1:Clarke,Loudoun,Fairfax and Arlington. Division 2: Fauquier, Prince Williams,Culpeper,Stafford,Orange,Spotsylvania,King George,Caroline,Westmoreland,Essex, Division
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
HOUSING ASSISTANCE/HOUSING SERVICES			
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910 Email: reachus@prm.info	House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner, chapel services, bunk and showers.Eligibility:This program is a shelter for adult males who are able to get up and down stairs and possibly into a top bunk and are
LINK of Hampton Roads-Emergency Hurricane Shelter for the Homeless (Rev.08/12/22)	10413 Warwick Boulevard, Newport News, VA 23601	Ph:757-595-1953 Fax: 757-595-3428	Emergency Hurricane Shelter for the Homeless provides emergency shelter for the homeless in the event of a hurricane or other natural disaster.Eligibility:This shelter is only open in the event of severe weather.
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane	Hampton Roads Ph:757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630	Ph:804- 525-7728 Toll Free:866- 393-0957 Email:	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance, Physical
Victim Connect	VictimConnect	Ph:855-4-VICTIM	VictimConnect is a program of the National Center for Victims of Crime
INSTITUTIONAL CARE/SUPPORTS			
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/18/22)	Route 611, 536 Church Street, P.O. Box 925	Mathews Department of Social Services Ph: 804-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707 Fax: 757-495-3206 Web: www.cceva.org	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities' Guardianship case workers take on the role of
Child Protective Services (CPS) (Rev.08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109	Mathews Department of Social Services Ph: 804-725-7192 Fax:804-725-7086 Hotline:804-786-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services• General consultations Work authorization
Division of Child Support Enforcement -Newport News District (Rev.12/09/19)	Division of Child Support Enforcement -Newport News District Office 11751 Rock Landing Drive, Suite 114	Ph:800-468-8894 Fax: 757- 594-7621 Email: AskDCSE Website:https://www.dcs.virginia.gov/	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Covered: Charles City
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

Peninsula Legal Aid Center - Williamsburg Annex (Rev.10/28/20)	Peninsula Legal Aid Center Williamsburg Annex 199 Armistead Ave Williamsburg, VA 23185-3604	Ph: 757-220-6837 / TTY Toll Free:1-888-868-1072 (866- LEGL-AID). Email:nfo@laseva.org Fax:757-221-3322	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. ~~Specific services and types of cases handled vary from office to office.~~
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance (4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website:www.vadata.org/chat t	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are ~~traditionally underserved, an opportunity to find answers to legal~~
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
LGBTQ			
LGBTQ Partner Abuse & Sexual Assault Helpline	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Toll: 804-762-8888	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to ~~respond to the needs of LGBTQ survivors of intimate partner violence~~
Trans Lifeline	Trans Lifeline	Ph:877- 565-8860	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of
MEDICAL CARE			
Gloucester-Mathews Free Clinic (Rev.03/15/24)	Gloucester-Mathews Free Clinic 6031 Industrial Drive Gloucester, VA 23061 Mailing address P.O. Box 684 Gloucester, VA 23061	Ph:804- 210-1368 Fax: 804- 684-3691 Website: www.gmfreeclinic.com	Gloucester-Mathews Free Clinic mission is to provide community-based healthcare for the residents of Gloucester and Mathews Counties who lack health insurance or enough income to pay for it. Services includes: primary care visits, chronic care visits, nurse visits, etc.Hours: clinic hours:Monday - Thursday: 8:30 a.m. - 5:00 p.m and Friday: 8:30 a.m. - 12:00 p.m.Saturday & Sunday: CLOSED.Administrative hours:Monday - Thursday: 8:00 a.m. - 5:00
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 757-886-0608 ext. 252	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population:Lackey Virtual
Mathews County Health Department	Mathews County Health Department 526 Church Street P.O. Box 26	Ph:804-725-1731 Fax: 804-725-7466	Services provided: Family planning, ,Pregnancy testing, STD
SEVHS (South Eastern Virginia Health System)	SEVHS-Town Center Physicians	Ph: 804- 725-9191	South Eastern Virginia Health System (formerly PICH) is Community
MEDICATION ASSISTANCE			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

Gloucester-Mathews Free Clinic (Rev.03/15/24)	Gloucester-Mathews Free Clinic 6031 Industrial Drive Gloucester, VA 23061 Mailing address P.O. Box 684 Gloucester, VA 23061	Ph:804- 210-1368 Fax: 804- 684-3691 Website: www.gmfreeclinic.com	Gloucester-Mathews Free Clinic prescription assistance program mission is to provide assistance with the cost of prescriptions. Pharmacy Hours:Monday, Tuesday, Thursday: 8:30 a.m. - 2:30 p.m and Friday: 8:30 a.m. - 12:00 p.m.Wednesday, Saturday & Sunday: CLOSED Please call or visit the website for further information. for further information.
MENTAL HEALTH			
Adult and Child REACH-(Regional Educational Assessment Crisis Text Line (Rev.11/24/21)	Middle Peninsula-Northern Neck Community Services Board-CSB Crisis Text Line	Emergency Services: 904-682-2672 Text HELLO to 741741 or	The mission of the REACH (Regional Educational Assessment Crisis Response and Rehabilitation) is a crisis prevention, intervention and Crisis Text Line is free, 24/7 support for those in crisis. Text 741741
GAP-Governor's Access Plan	GAP-Governor's Access Plan Middle Peninsula-Northern Neck Community Services Board-CSB	Magellan care manager Ph:800-434-4270 / services 24	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Middle Peninsula-Northern Neck Community Services Board-CSB	Middle Peninsula-Northern Neck Community Services Board-CSB P.O. Box 40 Saluda, VA 23149	Contact: Joanne P. Brown, LPC, LMFT Director of Clinical Services Ph:804-758-5314 Email:mhsa@mpnn.state.va.us	Middle Peninsula-Northern Neck Community Services Board-CSB provides services to ensure that individuals who need mental health services receive them with care and compassion using the highest clinical standards. Services: Counseling is available for individuals and families. Marital and group therapy are also available, as well as mental
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or treatment
NAMI Virginia's Statewide Hpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email:	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email:info@thechasfoundation.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness. Increase access to effective treatment for the
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office
MULTICULTURAL SUPPORTS			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities- Interpretation Services Program	Ph: 757-337-6958 Email: interpreter.services@ccc	Commonwealth Catholic Charities- Interpretation Services Program provides interpreters to local health departments, departments of social
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org Website:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes: •General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act,
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax: 510-465-1885 General Email: nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
FirstSpark (Rev.11/25/24)	FirstSpark Logo 11832 Canon Blvd., Suite F Newport News, VA 23606	Ph: 757- 240-2731 Website: https://www.firstsparkva.org	FirstSpark is a nonprofit organization that provides education and resources to early childhood educators, along with connecting parents of young children with important information and resources. They serve Virginia's Greater Peninsula and Northern Neck that works alongside
Nurse Family Partnership-First Time Mothers (Rev. 4/4/19)	Nurse Family Partnership-First Time Mothers	Ph: 844- 637-6667 Text: 844- 637-6667 Email:	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free
Resource Mothers	Mathews County Health Department 536 Church Street P.O. Box 26 Mathews, VA 23109	Ph: 804-725-1731 Fax: 804-725-7466	Resource Mothers are lay community health workers who mentor pregnant teens through this difficult time in their lives and help them make the transition to parenthood. These adult role models have successfully raised their own children and assist the teen throughout
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph: 800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of
UbiCare- Parenting and Expectant	UbiCare- Parenting and Expectant	Ph.: 617-524-8861	UbiCare is contracted by the Defense Health Agency (DHA) of the
RECREATION			
Mathews Family YMCA	Mathews Family YMCA 10746 Buckley Hall Road Rt. 198, P.O. Box 1536 Mathews, VA 23109	Ph: 804-725-1488 Fax: 804-725-1490	The YMCA is a non-profit member-based organization serving the community with a wide range of health and wellness, family and community building programs - all designed to help you grow stronger in spirit, mind and body. Each YMCA location offers a variety of

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

The Boys & Girls Club of The Virginia Peninsula-Mathews Unit	The Boys & Girls Club of The Virginia Peninsula Mathews Unit (United Way Code #7311) 498 Church Street Mathews, VA 23109	Ph:804- 725-4388	Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and community involvement. Programs include: Character and Leadership, Education and Career Development, Health and Life Skills, The Arts, and Sports, Fitness and Recreation. Please call for further information.
RESPITE			
Community Services Board- CSB's Respite Care Programs (Rev.04/20/23)	Middle Peninsula-Northern Neck Community Services Board P.O. Box 40 Saluda, Virginia 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758-5004 Website: http://vacsb.org/community-services-boards-and-the-behavioral-authority-csbs	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
SAFETY			
Child Safety Seat Program Mathews County Health Department	Mathews County Health Department 536 Church Street P.O. Box 26 Mathews, VA 23109	Ph:804-725-1731 Fax: 804-725-7466	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restrain of children from birth until they transition into a vehicle safety belt. Training is provided by an
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website: https://poisonhelp.hrsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages.
Project Lifesaver Mathews County	Project Lifesaver Mathews County Mathews County Sheriff's Office 10622 Buckley Hall Road Mathews, VA 23109	Ph:804-725-7177 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support to law enforcement, public safety organizations and community groups throughout the country and nation. Please call for further information.
Smoke Detector Program (Rev.4/3/19)	Mathews Volunteer Fire Department 43 Brickbat Rd, Mathews, VA 23109	Ph:804- 725-2119 Website: www.mathewsvfd.org	Please contact Mathews Volunteer Fire Department to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

GAP-Governor's Access Plan	GAP-Governor's Access Plan Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:804-758-5314 Fax:804-758-3418	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following :
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website:www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
Middle Peninsula-Northern Neck Community Services Board-CSB	Middle Peninsula-Northern Neck Community Services Board-CSB P.O. Box 40 Saluda, VA 23149	Contact: Joanne P. Brown, LPC, LMFT Director of Clinical Services Ph:804-758-5314 Email:mhsa@mpnn.state.va.us	Middle Peninsula-Northern Neck Community Services Board-CSB provides services to ensure that individuals who need substance abuse services receive them with care and compassion using the highest clinical standards. Services: Consumer-Operated Services provide those who experience substance abuse challenges with
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a service within our Co-Occurring
SEFP-(South-Eastern Family Project)-Mid-Peninsula-Northern Neck CSB (Rev-8/14/18)	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue Newport News, VA 23607	Ph:757-245-1070 Mid-Peninsula-Northern Neck CSB 804- 695-8139 Clewiston Counseling Center	SEFP (South-Eastern Family Project) Is a program from Mid-Peninsula-Northern Neck CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use disorders. Services are provided in a healthy, stable and secure residential environment where women and their children or newborns
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat:https://www.lifeline-chat.org/ Website:http://www.yourlifeyourvoice.org	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer participation and educational resources. This group is open to lung cancer survivors, their families, and friends to meet their unique needs.
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost: currently \$19.
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Lighthouse Guild Teleconference Group for Families of Children with	Virginia Department for the Blind & Vision Impaired	Contact: Judith Millman, Facilitator Contact:	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email
THERAPEUTIC FOSTER CARE			
THERAPIES			
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877-892-3988	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

Bay Transit (Rev.8/18/18)	111 Commerce Pkwy Warsaw, VA 22572	Ph: 804-693-6977 Toll free 877-869-6046 New Freedom	Bay Transit is a non-profit community transit service that provides on-demand service and offers a handful of fixed routes in some communities. Monday-Friday: 6:00am - 6:00pm. Target Group: Open to
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier)	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
Public Transportation - Urbanna, Bay Transit Transportation, Bay Aging	Public Transportation - Urbanna, Bay Transit Transportation, Bay Aging 5306 Old Virginia St. Urbanna, VA 23175	Ph:877-869-6046 Fax: 804-758-5773 Web site www.baytransit.org	Bay Transit provides regional public and specialized transportation services to the residents of the Middle Peninsula and Northern Neck. Services vary depending upon locality. Accepted payment :Please Inquire. Comments: Most destinations are \$1.00 per trip (one way). Some destinations, such as those in Lancaster County and trips from New Kent to Williamsburg are \$2.00 per trip. Books of 10 tickets are
Public Transportation - Urbanna, Bay Transit Transportation, Bay Aging	Public Transportation - Urbanna, Bay Transit Transportation, Bay Aging 5306 Old Virginia St. Urbanna, VA 23175	Ph:877-869-6046 Fax: 804-758-5773 Web site www.baytransit.org	Bay Transit provides regional public and specialized transportation services to the residents of the Middle Peninsula and Northern Neck. Services vary depending upon locality. Accepted payment :Please Inquire. Comments: Most destinations are \$1.00 per trip (one way). Some destinations, such as those in Lancaster County and trips from New Kent to Williamsburg are \$2.00 per trip. Books of 10 tickets are

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev.	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	* Mathews Lion's Club Contact: Gail Houser	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Mathews County Health Department 536 Church Street P.O. Box 26 Mathews, VA 23109	Call to request Screening: Ph: 804-725-7131	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Colonial Behavioral Health 1657 Merrimac Trail Williamsburg, VA23185	Main: 757- 220-3200 Liz Erfe-Howard, Email: eerfe- howard@colonialbh.org Juan Verz, Email: ivera@colonialbh.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Mathews

Building Independence (BI) Waiver	BI Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40 Saluda, Virginia 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758- 5004	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community
Community Living (CL) Waiver	CL Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758- 5004 OR Visit the website to find local	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a
Family and Individual Support (FIS) Waiver	FIS Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758- 5004 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment group supported employment workplace assistance

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Middlesex

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE
ADVOCACY		
Adult Protective Services (APS) (Rev.08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109	Mathews Department of Social Services Ph: 804- 725-7192 Fax:804- 725-7086 Hotline: 1-888-
Child Protective Services (CPS) (Rev.08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109	Mathews Department of Social Services Ph: 804- 725-7192 Fax:804- 725-7086 Hotline: 804-786-8536
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text: 233733 Live Chat
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website: https://www.pabva.com
ASSISTIVE TECHNOLOGY		
BREASTFEEDING RESOURCES		
Middlesex County Health Department WIC Program- Lactation/Breastfeeding Classes (Rev. 12/3/19)	Middlesex County Health Department WIC Program- Lactation/Breastfeeding Classes 2780 General Puller Hwy P.O. Box 415 Saluda, VA 23149	Ph.: 804-758-2381(Health Services) Fax:804-758-4828(Health Services) Ph.: 804-758-0330 (EHS)
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health PO	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph: 757-446-5708
Report a Breastfeeding Incident-CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph: 757-446-5708
BURIAL ASSISTANCE		
Burial Expenses Assistance-Middlesex Department of Human Services (Rev.10/22/20)	Middlesex County Department of Social Services 2893 General Puller Highway P.O. Box 216	Ph:804- 758-2348 Fax:804- 758-2357
CHILD CARE		

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Middlesex**

Child Care Aware® of Central Virginia (Rev.03/06/23)	Child Care Aware® of Central Virginia	Toll Free:1-800-650-2085 Customized Referral Service: 866- 543-7852 option 2 Statewide number:
DENTAL CARE		
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis,	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582
Northern Neck - Middlesex Free Health Clinic-Dental Services (Rev.03/15/24)	51 William B Graham Ct, P.O. Box 1694 Kilmarnock, VA 22482	Ph:804- 435-0575 Fax:804- 435-9017 Email:info@nnmfhc.org Website:https://nnmfhc.org/
VDH Dental Clinical Programs-Three Rivers Health District	VDH Dental Clinical Programs-Three Rivers Health District	Contact: Dr. William Pruden DL 881-577-8588
DEVELOPMENTAL DISABILITIES		
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 Email:: nicole.miller@tidewaterasa.org Website:www.tidewaerasa.org AND www.autism-society.org
DISEASE SPECIFIC GROUPS		
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	* Middlesex County Lion's Club Contact: Big Brown Ph: 804- 776-8342 Website: www.lionsclubs.org
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy.com/247-helpline
DME		

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Middlesex**

(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	• Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email:beth@atdevicesforkids.org Website:www.atdevicesforkids.org
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter 500 Sentara Circle, Suite 201 Williamsburg, VA 23188 Mailing Address: P.O. Box 7437 Lightfoot, VA 23090	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: Williamsburg@freefoundation.org Website: www.free-foundation.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided in Middlesex

National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 Website: http://www.rehabhealthcare.com/
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965 Website: https://www.numotion.co m

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Middlesex**

Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com Website:www.activeforever.com
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com Website:www.aisquared.com
American Printing House for the Blind Inc. (Rev.1/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org Website:www.aph.org
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website:http://www.lincare.com
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph:757-424-4822 /757- 566-9624 Fax: 757-424-5871 Toll Free: 800- 965-2689 Website:http://www.lincare.com/
DOMESTIC VIOLENCE		

COMMUNITY RESOURCES EASTERN REGION
Services Provided in Middlesex

Laurel Shelter, Inc	Laurel Shelter, Inc	Ms. Cherie F. Stone, Director
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453 Text: loveis to 22522 Website: www.loveisrespect.org
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph: 800-799 SAFE (800-799-7233) TTY: 800-787-3224 Website: http://www.thehotline.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Middlesex**

National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: cwilliams@vcdvalliance.org
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org
EARLY INTERVENTION		
Infant Stimulation Program	Rural Infant Service Program RISP/Middle Peninsula P.O Box 40, Saluda, VA 23149 Location Address: 5372-B Old Virginia St Urbana, VA 22175	Contacts: Kathy Phillips Ph: 804-758-5250 Fax: 804-758-5183 Email: kphillips38@cox.net Toll Free:800-234-1448 Website: www.infantva.org
EDUCATION		
Head Start	Registration: Parent & Child Development Center, INC 702 Main St Virginia Adult and Literacy Services- P.O.Box 205 Saluda, VA	Parent & Child Development Center, INC Ph:804- 843-2289 ext. 2105 Website: http://www.pcdeva.org
Virginia Adult and Literacy Services-Middlesex	Virginia Adult and Literacy Services- P.O.Box 205 Saluda, VA	Ph: 804-758-6739 Website:
Department of Special Education	Rosalin Ball ,Director P.O. Box 205 Saluda, VA 23149	Ph:804-758-2277 Fax: 804-758-2277
Middlesex Homeless Education Coordinator	Willard Smith School Social Worker Cooks Corner County Complex P. O. Box 205 Saluda, VA 23149	Phone: 804-758-2277 Fax: 804-758-3727 Email: wsmith@mcps.k12.va.us
EMERGENCY PREPAREDNESS		
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website: DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers:
Virginia Department of Emergency Management	Virginia Department of Emergency Management P.O. Box 428 Saluda, VA 23149	Contact: Charles M. Culley, Jr Coordinator or Marcia Jones, deputy Coordinator Office: 804-758-4330
EMPLOYMENT		
Virginia Employment Commission-	Virginia Employment Commission 14243 History Land Hwy Warsaw, VA 22572	Ph:804-333-3675 Fax:804-333-5388

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Middlesex

VEC Workforce Center-	Virginia Employment Commission 14243 History Land Hwy Warsaw, VA 22572	Ph:804-333-3675 Fax:804-333-5388
FINANCIAL ASSISTANCE		
Affordable Connectivity Program	Complete the application and	Website:https://www.affordableco
Connect2Compete-affordable internet	Connect2Compete-affordable internet	855-222-3252 or visit
Cooling Assistance Program - Virginia	Cooling Assistance Program -	Ph:804- 758-2348
Cover Virginia-Virginia-Based	1.3.Lancaster Community Library	1.Lancaster Community Library
Crisis Assistance Program - Virginia	Crisis Assistance Program - Virginia	Ph:804- 758-2348
Department of Social Services-The	903 Enterprise Parkway	Ph:757- 766-3710
Energy Share Agencies-Middlesex	Middlesex County DSS	Middlesex County DSS
Heating Assistance Program -Virginia	Heating Assistance Program -	Ph:804- 758-2348
Lifeline	Lifeline	Website:
Medicaid	Middlesex County Department of Social Services 2893 General Puller Highway P.O. Box 216	Ph:804- 758-2348 Fax:804- 758-2357
Medicaid-Managed Care Organizations (MCO)	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 1-800-817-6608
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical
(MCO's) Provider Listings-Aetna Better	(MCO's) Provider Listings-Aetna	Ph:855-652-8249,
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website:www.anthem.com/vame dicaid
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0:
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan:

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Middlesex**

(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunityplan.com
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.d mas.virginia.gov/wps/portal/Searc
Middlesex County Department of Social Services	Middlesex County Department of Social Services 2893 General Puller Highway	Ph:804- 758-2348 Fax:804- 758-2357
Optima Health-Healthy Savings- Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings- Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.healthysavin gs.com/OptimaHealth
Riverside Health System-Riverside Tappahannock Hospital -Charity /Indigent Care Program	Riverside Health System-Riverside Riverside Tappahannock Hospital - Charity /Indigent Care Program 618 Hospital Rd Tappahannock VA 22560	Contact: Riverside Health System Business Office Ph:757-534-7300 website:http://www.riverside- online.com
Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph:866-331-9169 Main Number:800-772-1213 TTY:800-325-0778 Website:https://www.ssa.gov
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website:https://virginiasonbucks. com/
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877- 877 Website:
FORMULA/NUTRITION		
Middlesex County Health Department WIC Program	Middlesex County Health Department WIC Program 2799 General Puller	Ph: 804-758-2381(Health Services) Fax:804-758-4929(Health
Middlesex County Health Department WIC Program-	Middlesex County Health Department WIC Program	Ph: 804-758-2381(Health Services)
HOME CARE		
Care Advantage	Care Advantage	Ph:757-405-6320

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Middlesex**

Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-1550 OR 757-224-9770 Fax: 757-262-1554
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph: 804-353-0461/ Fax: 804-497-
Maxim Healthcare	11818 Rock Landing Drive, Newport News, VA 23606	Ph: 757- 595-8822 Fax: 855- 415-4963
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family & Individual Support (FIS) and Community Living (CL)) Service Facilitator (Rev.02/24/25)	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net Website: https://momsinmotion.net
Total Business and Personal Services,	Total Business and Personal	Contact: Tenecia Brown-Shearin
HOUSING ASSISTANCE/HOUSING SERVICES		
INFORMATION AND REFERRAL/CARE		
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph: 757-668-7132 Fax: 757-668-7132
Resources 757 (Rev.06/02/20)	Resources 757	Website: https://www.resources757.org/ Email: info@resources757.org
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website: .
VictimConnect (Rev.4/11/18)	VictimConnect	Ph: 855-4-VICTIM (855-484-2846) Website: https://victimconnect.org
DisabilityNavigator (Rev. 12/16/18)	DisabilityNavigator 7501 Boulder View Drive Suite 620	Ph: 804- 525-7728 Toll Free: 866- 202-0057 Email:
INSTITUTIONAL CARE/SUPPORTS		
LEGAL RESOURCES		
Adult Protective Services (APS) (Rev. 08/24/23)	Route 611, 536 Church Street, P.O. Box 925	Mathews Department of Social Services Ph: 804-

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Middlesex

Child Protective Services (CPS) (Rev.08/12/22)	Route 611, 536 Church Street, P.O. Box 925	Mathews Department of Social Services Ph: 804
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovva.org Website: http://www.cccovva.org
Division of Child Support Enforcement -Newport News District (Rev.12/09/19)	Division of Child Support Enforcement --Newport News District Office 11751	Ph:800-468-8894 Fax: 757- 594-7621 Email: AskDCSE
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website: https://virginia.freelegalanswers.org/
Jewish Family Service (JFS) of Middlesex Legal Guardianship Program	PO Box 65127 Virginia Beach VA 22467	Ph: 757-938-9130 Website: http://jfs-hamptonroads.org
Peninsula Legal Aid Center - Williamsburg Annex (Rev.10/28/20)	Peninsula Legal Aid Center Williamsburg Annex 199 Armistead Ave Williamsburg, VA 23185-3604	Ph: 757-220-6837 / TTY Toll Free:1-888-868-1072 (866- LEGL-AID). Email:nfo@laseva.org F: 757-221-8888
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance (Rev.4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website: www.vadata.org/chat
TrustBuilders Law Group (Rev.05/23/23)	848 Gloucester Rd. Saluda, VA 23149	Ph:757- 500-5135 Website: https://www.trustbuilders.com
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website: www.vsb.org/vlrs.org
LGBTQ		
Trans Lifeline	Trans Lifeline	Ph:877- 565-8860
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org

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Services Provided in **Middlesex**

MEDICAL CARE		
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24) Middlesex County Health Department	Lackey Virtual Care-Free Clinic - Medical and Dental Care Middlesex County Health Department 2780 General	Website: https://lackeyclinic.org/lackey- Ph: 804-758-2381(Health Services) Fax:804-758-
Medical Care-Town Center Physicians	Town Center Physicians 10080 Buckleay Hall Road	Ph:804- 725-9191; Website: www.tpch.org
Medical Care-Stoneybrook	Stoneybrook Physicians 15425 H Warrick Blvd	Ph: 757-874-8400 Fax: 757-874-3305
Northern Neck - Middlesex Free Health Clinic (Rev.03/15/24)	51 William B Graham Ct, P.O. Box 1694 Kilmarnock, VA 22482	Ph:804- 435-0575 Fax:804- 435-9017 Email: info@nnmfhc.org Website: https://nnmfhc.org/

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Services Provided in Middlesex

MEDICATION ASSISTANCE		
Northern Neck - Middlesex Free Health Clinic-Pharmacy Services (Rev.03/15/24)	51 William B Graham Ct, P.O. Box 1694 Kilmarnock, VA 22482	Ph:804- 435-0575 Fax:804- 435-9017 Email:info@nnmfhc.org Website:https://nnmfhc.org/
MENTAL HEALTH		
Addy's Colors-Counseling Services (Rev.12/02/24)	Physical Address: 82 Campbell Drive Topping, Virginia 23169 and Mailing Address: PO Box 104 Topping, Virginia 23169	Ph:804- 725-8597 Email: info@addyscolors.org Website:https://www.addyscolors.org
Adult and Child REACH-(Regional Crisis Text Line (Rev.11/24/21)	Middle Peninsula-Northern Neck Crisis Text Line	Emergency Services: Text HELLO to 741741 or
GAP-Governor's Access Plan	GAP-Governor's Access Plan Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda,	Magellan care manager Ph:1-800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:804-758-5314 Fax:804-758-
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)
Middle Peninsula-Northern Neck Community Services Board-CSB	Middle Peninsula-Northern Neck Community Services Board-CSB P.O. Box 40 Saluda, VA 23149	Contact: Joanne P. Brown, LPC, LMFT Director of Clinical Services Ph:804-758-5314
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863
NAMI Virginia's Statewide Hlpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hlpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirainia.org

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Services Provided in Middlesex

National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat:
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757-489 2427 Website:
Virginia Association Of Community Services Boards (VACSB)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611
MULTICULTURAL SUPPORTS		
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities- Interpretation Services Program	Ph: 757.247.3600 ext. 19 Fax: 757 247-1070 Contact: Sarah Siverd Website: http://www.cccofva.org
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccofva.org Website: http://www.cccofva.org
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email: nnirrinfo@nnirr.org
PARENTING CLASSES/SUPPORTS		
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartnership.org newmoms@nursefamilypartnersh
Resource Mothers	Middlesex County Health Department 2780 General Puller Hwy P.O. Box 415 Saluda, VA 23149	Ph: 804-758-2381 (Health Services) Fax:804-758-4828(Health Services) Ph: 804-758-0330 (EHS) Fax: 804-758-0330 (EHS)
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child

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UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website: https://info.ubicare.com/t/ricare_pregnancy-childhood-education Email: debra.gelven@ubicare.com
RECREATION		
Middlesex Family YMCA	Middlesex Family YMCA 11487 General Puller Hwy P.O. Box 524	
Middlesex Family YMCA -Day Camp Program	Middlesex Family YMCA -Day Camp Program 11487 General Puller Hwy P.O. Box 524 Hartfield, VA 23071	Ph: 804-776-8846 F: 804-776-8165
RESPITE		
Community Services Board- CSB's Respite Care Programs (Rev.04/20/23)	Middle Peninsula-Northern Neck Community Services Board P.O. Box 40 Saluda, Virginia 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758-5004 Website: http://vacsb.org/community-services-boards-and-the-behavioral-authority-csbs
SAFETY		
Child Safety Seat Program (Rev.06/11/24)	Three Rivers Healthy Families 5372B Old Virginia Street Saluda, VA 23149	Ph:804- 654-1851 or 804-758-5250 Toll Free:1-800-732-8333.
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website: https://poisonhelp.hrsa.g

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Project Lifesaver Mathews /Middlesex County	Project Lifesaver Mathews County Mathews County Sheriff's Office 10622 Buckley Hall Road	Ph:804-725-7177 Toll Free: 1-877-580-LIFE Main:757-546-5502
Smoke Detector Program (Rev.4/3/19)	Middlesex Volunteer Fire Department 340 Virginia St Urbanna, VA 23175	Ph:804- 758-2320 Website: https://www.firedepartment.net/directory/virginia/middlesex
SUBSTANCE ABUSE		
GAP-Governor's Access Plan	GAP-Governor's Access Plan Middle Peninsula-Northern Neck Community Services Board P.O. Box 40	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:804-758-5814 F: 804-758-5815
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website: www.sentara.com/tobacco cessation.com
Middle Peninsula-Northern Neck Community Services Board-CSB	Middle Peninsula-Northern Neck Community Services Board-CSB P.O. Box 40	Contact: Joanne P. Brown, LPC, LMFT Director of Clinical Services
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)
SEFP-(South-Eastern Family Project)-Mid Peninsula Northern Neck CSB	SEFP (South-Eastern Virginia Family Project)	Ph:757-245-1070
Substance Abuse and Alcoholism - Boys Town National Hotline	Substance Abuse and Alcoholism - Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121
SUPPORT GROUPS/PARENT TO PARENT SUPPORT		
Addy's Colors-Hope Rising-Child Loss Grief Support Group (Rev.12/02/24)	Physical Address: 82 Campbell Drive Topping, Virginia 23169 and Mailing Address: PO Box 104 Topping, Virginia 23169 Meetings:884 Gloucester Road, Saluda, VA 23149.	Ph:804- 725-8597 Email: info@addyscolors.org Website: https://www.addyscolors.org
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: www.Facebook.com

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Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: www.Facebook.com
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: www.Facebook.com
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev.07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131	Contact: Judith Millman, Facilitator Contact: Judy.Judithmillman@aol.com Link:
THERAPEUTIC FOSTER CARE		
THERAPIES		
TRANSPORTATION		
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist- Where is my Ride: Ph:800-734-0430 Option 2
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-
Bay Transit (Rev.8/18/18)	111 Commerce Pkwy Warsaw, VA 22572	Ph: 804-693-6977 Toll free 877-869-6046 New Freedom Department: 804.824.2546

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ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev. 02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare (Medallion 4.0)
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986-
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-
Public Transportation - Urbana, Bay Transit Transportation, Bay Aging	Public Transportation - Urbana, Bay Transit Transportation, Bay Aging 5306 Old Virginia St. Urbana, VA 23175	Ph:877-869-6046 Fax: 804-758-5773 Web site www.baytransit.org
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion
VISION/SIGHT		
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	* Middlesex County Lion's Club Contact: Big Brown Ph: 804- 776-8342 Website: www.lionsclubs.org You must contact Lion's club

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WAIVER CONTACTS		
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:844-374-9159
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Middlesex County Department of Health 2780 General Puller Hwy P.O. Box 415	Call to request Screening: Ph: 804-758-2381 Fax:804-725-7086
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Colonial Behavioral Health 1657 Merrimac Trail Williamsburg, VA23185	Main: 757- 220-3200 Liz Erfe-Howard, Email: eerfe-howard@colonialbh.org Juan Verz, Email: jvera@colonialbh.org Website: http://www.colonialbh.org
Building Independence (BI) Waiver	BI Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40 Saluda, VA 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758-5004 OR Visit the website to find local
Community Living (CL) Waiver	CL Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40 Saluda, VA 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758-5004 OR Visit the website to find local
Family and Individual Support (FIS) Waiver	FIS Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40 Saluda, VA 23149	Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758-5004 OR Visit the website to find local

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NOTES
APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery. National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking. Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and
Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to
The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-
The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral

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Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care
The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•I Child should be 18 years old or younger, Family total income
Northern Neck - Middlesex Free Health Clinic provides dental services to persons living in the Northern Neck Region and Middlesex County of Virginia who are uninsured or under-insured and cannot reasonably be expected to pay for such care. Services: Oral exams and treatment plans,Cleanings,Fillings X-rays,Sealants,Extractions and Dentures. Eligibility:All Medical Clinic patients whose documentation is up to date are eligible.Also eligible for Dental Clinic services are:Those with incomes up to 300% of the federal poverty level,Medicaid and low-income Medicare patients with proper documentation.Those living outside of the Clinic's primary service area:A sliding
Dental services are provided in approximately half of Virginia's localities to pre-school and school age children who meet eligibility requirements. Eligibility for
Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully
Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of parents to serve as peer counselors, a home health visit, subspecialty care for the more severe
Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists respond to most often include: Current epilepsy treatment and alternative therapies, Medication questions,

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Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost.

The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org. In Virginia, children in need of mobility equipment have access to many other sources therefore, FREE focuses on serving the at risk adult population.

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National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.

NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.

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Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information.
American Printing House for the Blind Inc. provides educational materials, recreation products,toys,daily living,braille books and other products. Please call for further information.
Home Care Delivered is a Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.

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Laurel Shelter, Inc. is pleased to offer their services to domestic violence and
Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support, information and advocacy to young people who have questions or concerns <u>about their dating relationships. Information and support is available to</u>
The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is available 24/7. Services are available in English and

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The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and
The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human
LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and speech therapy; educational and behavioral instruction; service coordination to families. There is no fee charged for evaluations or service coordination. The
The Head Start program, like all Head Starts in the U.S., is a comprehensive program for children ages 3-5 and their families. It is for low-income families. Head Start programs promote school readiness by enhancing the social and cognitive development of children through the provision of educational, health
The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education
"Special education" means specially designed instruction, at no cost to the
Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in homeless situations. Some of these activities may be performed by the local liaison himself or herself, while others are accomplished by coordinating the efforts of other staff. National evaluations have found that local liaisons are an important factor
The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is
The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.
Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans' Services, Employer Services (including

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VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm. Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the r Workforce Centers make available job search assistance to individuals, and recruiting and referral
Affordable Connectivity Program (ACP) is a U.S. government program that helps
Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students
Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or
Cover Virginia-Virginia-Based Assisters is a service available in-person across
Crisis Assistance is intended for emergency situations. It helps eligible
The Division of Child Support Enforcement (DCSE) is a division within the
Energy Share is a fuel assistance program of last resort for anyone who faces
The purpose of Heating Assistance is to eligible households with the cost of
Lifeline is a federal benefit that lowers the monthly cost of phone or internet
Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.
Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health
Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will
Aetna Better Health of Virginia Provider Listings.
Anthem HealthKeepers Plus Provider Listings.
Molina Complete Care Provider Listings.
Sentara Health Care Provider Listings.

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United Healthcare Provider Listings.
Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the
The Middlesex County Department' mission is to provide benefits and services to the citizens of Middlesex County based on programs established by local, state and federal laws and policy. The department's focus is to prevent
Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should register their card at healthysavings.com/optimahealth . They will receive emails with the savings
Riverside Health System has several levels of hospital-approved charity as well as discounts for patients based on their family size and income level for clinically urgent services. Charity care is available to patients receiving non-elective care who meet certain income guidelines and have assets less than 50% of their annual income (not counting primary residence and personal vehicles). Patients with income below 200% of the federal poverty line (FPL) are eligible for free
Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also administer the Supplemental Security Income program for the aged, blind, and disabled. Find how to apply for a Social Security number or to replace your Social Security
Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate in a low income Medical Assistance Program. Families applied and received free or reduced-price school meals at The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Program Ensures that Children have Access to Nutritious Meals and Snacks
The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding mothers
The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious
Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please

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Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric
Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in advocacy through community- and state-wide networks, and by assisting people in navigating the waiver world's constant changes because everyone deserves a fulfilling quality of life. Covered areas: Division 1: Clarke, Loudoun, Fairfax and Arlington. Division 2: Fauquier, Prince
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and
Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination;
Resources 757 is a directory of resources for residents of Hampton Roads
2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental
VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians
APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are

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The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve
Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status
Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households.
Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling
Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family
The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary
The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved, an opportunity to find
At TrustBuilders Law Group, help people with their estate planning and elder law concerns. They are proud to provide experienced guidance and compassionate support to every family we work with. When you allow TrustBuilders Law Group to take care of your legal matters, you can be confident that you have the best attorneys in the area on your side. Practices:Asset Protection (Stocks,Bonds & Securities,Real Estate Investments & Residential Property);Business
Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender
LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.

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Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment
Services provided: Family planning, ,Pregnancy testing, STD counseling screening, examination, diagnosis, treatment and follow up, preconceptual
Community Health Center that provides services as: Pediatric and well baby visits, Vaccinations, Health nutrition education and counseling, case
Community Health Center. Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition
Northern Neck - Middlesex Free Health Clinic that provides health care to persons living in the Northern Neck Region and Middlesex County of Virginia who are uninsured or under-insured and cannot reasonably be expected to pay for such care. Services: Physical Therapy, Chronic & acute care, Specialty

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Northern Neck - Middlesex Free Health Clinic that provides Prescriptions Services to persons living in the Northern Neck Region and Middlesex County of Virginia who are uninsured or under-insured and cannot reasonably be expected to pay for such care. Services: Prescriptions, Consultations & education. Eligibility: Eligibility screening is required for all pharmacy medication programs on a yearly basis. The Clinic may be able to assist you with your
Addy's Colors provides free counseling services for: Children diagnosed with a chronic or life-threatening illness and their families, Children diagnosed with a developmental disability and their families and Parents and families who experienced the death of a child. Please call or visit the website If you would like to make an appointment or If you are an organization referring an individual and/or family for services, please use the "Referral" button at the top of the page. Hours: Monday - Friday 8 am - 5 pm.
The mission of the REACH (Regional Educational Assessment Crisis Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from
GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery <u>navigation services, and case management.</u> Eligibility: <u>To get GAP benefits, you</u> Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in <u>behavioral health crisis should continue to contact the National Suicide</u>
Middle Peninsula-Northern Neck Community Services Board-CSB provides services to ensure that individuals who need mental health services receive them with care and compassion using the highest clinical standards. Services: Counseling is available for individuals and families. Marital and group therapy
Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals,
NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability <u>services, grief support, insurance, housing, financial assistance, and much</u>

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The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing
The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support
the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that
Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. Our interpreters are
Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad. Adjustment of status
The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice and support when you need it most through the pregnancy and until your baby is 2 year old.
Resource Mothers are lay community health workers who mentor pregnant teens through this difficult time in their lives and help them make the transition to parenthood. These adult role models have successfully raised their own children and assist the teen throughout her pregnancy and up to the baby's first birthday. They are effective in decreasing infant deaths and disabilities and improving the
The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and

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UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your ~~specific stage of pregnancy and/or your child's age~~, as well as announcements.
The YMCA is a non-profit member-based organization serving the community with a wide range of health and wellness, family and community building programs - all designed to help you grow stronger in spirit, mind and body. Each YMCA Day Camp is a traditional camp experience that develops spirit, mind and body. A fun daily schedule provides hours filled with excitement and new experiences. Activities include swimming, arts & crafts, new games, nature exploration, sports, songs, field trips and much more. The program stresses socialization, self-confidence, self-awareness and teaches skills. Campers are ~~divided into groups according to their grade. Camp also allows parents to work~~
Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat. Eligibility: Live in Virginia (citizenship not required), Custodial parent, legal guardian, or foster parent, Child is seven years old or younger, Pregnant mother must be in last trimester of pregnancy, Income eligible for WIC, SNAP, Medicaid, TANF, or FAMIS, Available to attend a training, to learn how to correctly use and install a safety seat and booster seat based on income. Covered Areas: Middlesex County. Please call to apply and schedule training appointment.
When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the

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Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from
Please contact Middlesex Volunteer Fire Department to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery
Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
Middle Peninsula-Northern Neck Community Services Board-CSB provides services to ensure that individuals who need substance abuse services receive them with care and compassion using the highest clinical standards. Services:
National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7
National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
SEFP (South-Eastern Family Project) Is a program from Mid-Peninsula-Northern Neck CSB that provides comprehensive day and residential treatment for Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
Hope Rising is a grief support group for parents who have experienced the death of their child, facilitated by peers who have also experienced the death of a child. Meetings:Wednesday at 6:00 to 7:30 pm at the Horizon Conference Office in Saluda, Virginia. All parents are welcome.
offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.

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offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and ~~nutritional aspects of lung cancer. This group will provide physical and emotional~~ offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost: currently \$19.
The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
Bay Transit is a non-profit community transit service that provides on-demand service and offers a handful of fixed routes in some communities. Monday-Friday: 6:00am - 6:00pm.Target Group: Open to the Public. Area(s) Served: ~~Charles City, Essex, Gloucester, King and Queen, King William, Lancaster~~

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ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). <u>For reservations must call 5 days in advance</u>
MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency
Bay Transit provides regional public and specialized transportation services to the residents of the Middle Peninsula and Northern Neck. Services vary depending upon locality. Accepted payment :Please Inquire. Comments: Most destinations are \$1.00 per trip (one way). Some destinations, such as those in
ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.

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the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides
Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI, FIS and CL Support Waivers.
Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently.
Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living independently.

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Services Provided in **Newport News City**

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	Rouse Tower, 6060 Jefferson Ave., Newport News, VA 23605	Newport News Department of Social Services Ph: 757- 926-6300 Fax:757- 926-6118 Hotline: 1-888-832-3858 Website: https://www.dcs.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care.
Child Protective Services (CPS) (Rev.08/24/23)	Rouse Tower, 6060 Jefferson Ave., Newport News, VA 23605	Newport News Department of Social Services Ph: 757- 926-6300 Fax:757- 926-6118 Website: https://www.dcs.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide for the safety and well-being of their children.
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website: https://www.pabva.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops, mentoring sessions, summer camps, school visits, and community support.
Patient Advocate Foundation	Patient Advocate Foundation 700 Thimble Shoals Blvd Newport News, VA	Ph:757-873-8999 Toll Free: 800-532-5274	Patient Advocate Foundation is a non profit organization, serves as a liaison between patient and their insurer, employer and /or creditors to resolve, insurance, job discrimination, and/or debt crisis matters relating to their diagnosis.
Patient Advocacy Care Team- (PACT)	Peninsula Department of Health 416 J. Clyde Morris Boulevard Newport News, VA 23601	Ph:757-594-7541	The PACT program is a cooperative effort between The Department of public Health and private physicians to increase access to primary care for low-income citizens. Low-income residents are admitted to the program through an eligibility screening conducted at the Peninsula Health Center.
Project Single Moms Newport News Inc.	P.O. Box 317 Newport News VA 23607	Phone: 888-756-9689 Website: www.projectsinglemoms.com Email: contactnewportnews@project	A national advocacy & empowerment movement designed to empower, educate, engage, energize, equip and enhance the quality of life for single mothers and their children. Members have access to a special fund for single moms called A Hand Up™ Fund which offers temporary financial assistance to single moms for emergency and empowerment purposes without obligation to repay. Membership is
VersAbility Resources	11830 Fishing Point Drive Suite 213 Newport News, VA 23606	Ph:757- 896-6461 Fax: 757- 896-8470	VersAbility Resources supports people with disabilities throughout their lives in employment, community living, day support and early childhood programs. Please call for further details.

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Virginia Peninsula NOW (National Organization for Women)	United Jewish Community of the Peninsula 401 City Center Blvd	Website: vpnow.org	Virginia Peninsula NOW (National Organization for Women) advocates for woman rights; they focus on six priority issues: reproductive rights, ending sex discrimination/constitutional equality, promoting diversity and ending racism,
William & Mary Law School- Elder & Disability Law Clinic (Rev.1/11/19)	W&M Law School Elder & Disability Law Clinic P.O. Box 8795 Williamsburg, VA 23187-8795	Ph: 757-221-7440 Fax: 757-221-1855 Email:elderlaw@wm.edu	The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to carry out those plans. Additionally, should the need arise, the Clinic provides advocacy for clients who are unable to speak for themselves
YWCA of Peninsula	YWCA of Peninsula PO Box 736 Newport News, VA 23607-0736	Ph: 757-245-6026 Fax: 757-247-6485	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. The program supports policies that contribute to the elimination of racism. This includes but is
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health PO Box 1980	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non traditional work environments
Eileen Walsh, international Board Certified Lactation Consultant	Eileen Walsh 315 Dogwood Drive Newport News, VA 23606-3727	Ph: 757.668.7405 Practice: Hospital	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant. Information about practices that promote successful breastfeeding. Preventing and managing common concerns such as
Peninsula Health District WIC Program- Lactation/Breastfeeding Classes (Rev. 12/3/19)	Peninsula Health District WIC Program-Lactation/Breastfeeding East End Health Facility (WIC Services Only) 1033 - 28th Street Newport News, VA 23607	Ph:757- 247-2184 Fax: 757- 247-2291	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
Report a Breastfeeding Incident-CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.
BURIAL ASSISTANCE			
Burial Expenses Assistance- Newport News Department of Human Services (Rev.10/22/20)	Newport News Department of Human Services 6060 Jefferson Ave. Newport News, VA 23605	Ph:757- 926-6300 Fax:757- 926-6118 Website:http://www.nngov.com/human-se...	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home.Please call for further information
CHILD CARE			

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Abundant Love Christian Day	704 Sir Albert Court	Contact: Loresse Philpot Ph:757-	Abundant Love Christian Day Care is a child care provider. Licensed: Voluntarily Registered
Arms Of The King	10998 Jefferson Ave	Contact: Coretta Yvonne	Arms Of The King is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years.
Beginnings Academy Of	400 Sharon Drive	Contact: Amanda Sargent-Lewis	Beginnings Academy Of Learning, LLC. is a child care provider. Licensed: Child Day Center.
Beginnings Child	2815 Chestnut Avenue	Contact: Amanda Sargent	Beginnings Child Development is a child care provider. Licensed: Child Day Center. Ages: 0-
Bright Heights Learning	1403 Kiln Creek Parkway	Contact: Becky Dollins	Bright Heights Learning Center is a child care provider. Licensed: Child Day Center. Ages: 0-
Calvary Adventist Early	1200 17th Street	Contact: Bonita Solomon	Calvary Adventist Early Learning Center is a child care provider. Licensed: Religious Exempt
Cheryl's Family Daycare	1254 23rd Street	Contact: Cheryl Campbell	Cheryl's Family Daycare is a child care provider. Licensed: Family Day Home. Ages: 0-12
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866-543-7852	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals, call Child
Childcare Star (Rev.07/24/20)	718 23rd Street Newport News VA 23607	Contact: Tina Jones Ph:757-247-3567	Childcare Star is a child care provider. Licensed: Voluntarily Registered Day Home. Ages: 0-12 Years. Please call for further information.
Children of the Village Learning & Day Care Center	616 Bellwood Road Newport News VA 23601	Contact: Victoria Fitzgerald Ph:757-595-7211	Children of the Village Learning & Day Care Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Children Of Valour Christian Academy	7010 Chestnut Avenue Newport News VA 23605	Contact: Tamara Lawrence Ph:757-635-2889	Children Of Valour Christian Academy is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Christina Wiggins (Rev.07/24/20)	808 McCrae Drive Newport News VA 23608	Contact: Christina Wiggins Ph:757-259-4686	Christina Wiggins is a child care provider. Licensed: Voluntarily Registered Day Home. Ages: 0-12 Years. Please call for further information.
Day Care TANF	Day Care TANF Day Care Services For Recipients of TANF, Former Recipients of TANF, or Income Eligible Clients Newport News Department of	Day Care Line Ph:757-926-6349 For Appointments Ph:757-926-6300 Fax: 757-926-6119	The day care program offers a support service for low income people who need assistance with day care costs while they prepare to become self supporting. Social workers assist parents with making arrangements for children to be in either family day care centers during the portion of a day when parents are unavailable. Payments to providers are based on the amount of subsidy for which the family
Denbigh Christian Academy (Rev.07/24/20)	1233 Shields Road Newport News VA 23608	Contact: Janet Lord Ph:757-874-8661	Denbigh Christian Academy is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years Please call for further information.
Dominique's Home Day Care (Rev.07/24/20)	163 Rose Court, Apt. 12 Newport News VA 23601	Contact: Dominique White Ph:757-246-8413	Dominique's Home Day Care is a child care provider. Licensed: Voluntarily Registered Day Home. Ages: 0-12 Years. Please call for further information.
Early Bird Kiddie College: Family Unity Child Care. (Rev.07/22/20)	1356 25th Street Newport News VA 23607	Contact: Monique Lewis Ph:757-244-1500	Early Bird Kiddie College: Family Unity Child Care is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Eagle Nest Learning Center : Jefferson Ave (Rev.07/24/20)	3103 Jefferson Ave., Suite 102 Newport News VA 23607	Contact: Mykeisha Carter Ph:757-310-6969	Eagle Nest Learning Center : Jefferson Ave is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.

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Eagle Nest Learning Center : Morris Dr (Rev.07/24/20)	604 Morris Drive Newport News VA 23605	Contact: Pandora Carter Ph:757-788-8262	Eagle Nest Learning Center : Morris Drive is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Elizabeth Rogers (Rev.07/24/20)	833 Mattmoore Place Newport News VA 23601	Contact: Elizabeth Rogers Ph:757-223-7209	Kids Of The Future Child Care is a child care provider. Licensed: Family Day Home. Ages: 0-12 Years. Please call for further information.
FBC Kids Block Learning Center (Rev.07/22/20)	1135 37th Street Newport News VA 23607	Contact: Beverly Ashburn Ph:757-928-0858	FBC Kids Block Learning Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
First Discovery Child Development Center (Rev.07/22/20)	338 Oyster Point Road Newport News VA 23602	Contact: Aisha Adams Ph:757- 882-1000	First Discovery Child Development Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Giggles & Learning Academy (Rev.07/24/20)	13799 Warwick Boulevard Newport News VA 23602	Contact: Frances Tillman Ph:757- 874-1590	Giggles & Learning Academy is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Growing As One Christian Learning Center (Rev.07/24/20)	13780 Warwick Boulevard Newport News VA 23602	Contact: Shereka Hill Ph:757- 890-1325	Growing As One Christian Learning Center is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Joyful Horizons Daycare @ Peninsula Pentecostals. (Rev.07/22/20)	404 Sharon Drive Newport News VA 23602	Contact: Diana Peters Ph:757-969-5611	Joyful Horizons Daycare @ Peninsula Pentecostals is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Kiddy City Daycare, Llc (Rev.07/22/20)	15322 Warrick Blvd. Newport News VA 23608	Contact: Doreen Washington Ph:757-273-8022	Kiddy City Daycare, Llc is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
KidLife Club & RiversideKids (Rev.07/24/20)	311 Selden Road Newport News VA 23606	Contact: Hannah Godwin Ph:757- 595-7655	KidLife Club & RiversideKids is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Kids Of The Future Child Care (Rev.07/24/20)	1354 28th Street Newport News VA 23607	Contact: Shavette Zeigler Ph:757-921-3623	Kids Of The Future Child Care is a child care provider. Licensed: Voluntarily Registered Day Home. Ages: 0-12 Years. Please call for further information.
Kidz Comfort Zone II Learning Academy. (Rev.07/22/20)	801 Triton Court Newport News VA 23606	Contact: Rachelene Lough Ph:757-223-1226	Kidz Comfort Zone II Learning Academy is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Kingdom Kidz CCC @ Full Gospel Kingdom Church (Rev.07/24/20)	3114 Washington Ave Newport News VA 23607	Contact: Frances Tillman Ph:757-244-4919	Kingdom Kidz CCC @ Full Gospel Kingdom Church is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Little Stars Child Care (Rev.07/24/20)	3409 Roanoke Avenue Newport News VA 23607	Contact: Melinda Shell Ph:757-928-6510	Little Stars Child Care is a child care provider. Licensed: Voluntarily Registered Day Home. Ages: 0-12 Years. Please call for further information.

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Nana's Care (Rev.07/24/20)	805 Marly Court Newport News VA 23608	Contact: Lillian Hill Ph:757-877-3021	Nana's Care is a child care provider. Licensed: Voluntarily Registered Day Home. Ages: 0-12 Years. Please call for further information.
Newport News YMCA (Preschool)	Newport News YMCA (Preschool) 7827 Warwick Blvd. Newport News, VA 23607	Ph:757-245-0047 and 757-244-7803	The Newport News YMCA (Preschool) Program Purpose is to provide quality child care to the community. Eligibility: Must be at least 2 - 5 years and putty trained. Fee: Available as funds permit - Varies some scholarships. Please call for further information.
Precious Moments Academy (Rev.07/22/20)	1419 25th Street Newport News VA 23607	Contact: Shana Knight Ph:757-771-4164	Precious Moments Academy is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Resurrection Lutheran School And Child Care. (Rev.07/22/20)	765 J. Clyde Morris Boulevard Newport News VA 23601	Contact: Melanie Mesick Ph:757-596-5808	Resurrection Lutheran School And Child Care is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Riverside Child Development & Learning Center (Rev.07/24/20)	11879 Canon Blvd Newport News VA 23606	Contact: Kellie Drackertg Ph:757-594-3300	Riverside Child Development & Learning Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Sarfan Early Childhood Center. (Rev.07/22/20)	401 City Center Blvd Newport News VA 23606	Contact: Carmela Malkin-Kuhn Ph:757-327-0909	Sarfan Early Childhood Center is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
Stepping Stones CDC: Denbigh (Rev.07/22/20)	12946 Jefferson Avenue Newport News VA 23608	Contact: Barbara Leggett Ph:757-369-2528	Stepping Stones CDC: Denbigh is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Stepping Stones CDC: Pilot House (Rev.07/22/20)	795 Pilot House Road Newport News VA 23606	Contact: Barbara Leggett Ph:757-706-3844	Stepping Stones CDC: Pilot House is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Stepping Stones CDC: Warwick (Rev.07/24/20)	11006 Warwick Blvd., #420 Newport News VA 23601	Contact: Kelly Young Ph:757-595-9096	Stepping Stones CDC:Warwick is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
The Garden Of Children, Ltd. (Rev.07/22/20)	4 Hoopes Road Newport News VA 23602	Contact: Sandra Keatley Ph:757- 877-7251	The Garden Of Children, Ltd is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Tiny Tykes Academy (Rev.07/22/20)	10745 Jefferson Avenue Newport News VA 23601	Contact: Nicolette Parker Ph:757-597-8643	Tiny Tykes Academy is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Tots Around The Clock: Newport News. (Rev.07/22/20)	11824 Fishing Point Rd., Suite D Newport News VA 23606	Contact: Lorna Williams Ph:757- 327-0909	Tots Around The Clock: Newport News is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Tom & Ann Hunnicutt Family YMCA (Rev.07/22/20)	7827 Warwick Boulevard Newport News VA 23607	Contact: Mandi Wolkowich Ph:757- 223-7925	Tom & Ann Hunnicutt Family YMCA is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.

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Tracy Davis (Rev.07/24/20)	504 Oscar Loop Apt. 102B Newport News VA 23606	Contact: Tracy Davis Ph:757- 332-0421	Dominique's Home Day Care is a child care provider. Licensed: Voluntarily Registered Day Home. Ages: 0-12 Years. Please call for further information.
Treetop Academy (Rev.07/22/20)	12707 Jefferson Avenue Newport News VA 23602	Contact: Stanley Ighalo Ph:757- 872-2671	Treetop Academy is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Warwick River Christian Learning Center (Rev.07/24/20)	250-A Lucas Creek Road Newport News VA 23602	Contact: Ann Aulich Ph:757-877-0130	Warwick River Christian Learning Center is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-12 Years. Please call for further information.
DENTAL CARE			
City of Newport News Dental Clinic	City of Newport News Dental Clinic 416 J. Clyde Morris Blvd.	Ph:757-933-2369 Website:	City of Newport News Dental Clinic provides dental services including fillings and extractions. Eligibility: Residents of Newport News. Proof of income & residency is
Community Free Dental Clinic of Newport News	727 25th Street Newport News, VA 23607	Ph:757- 594-4060	Community Free Dental Clinic of Newport News provides dental care to uninsured individuals that are 18-64 years old. Services: Dental exams, x-rays, preventive treatments, restorations (fillings) and extractions (tooth pulling), and cleanings. Hours: Mondays and Fridays: 9am- 4pm; 1st and 3rd Wednesday: 9AM – 3PM; Thursday: 9AM – 12PM (exams)
Donated Orthodontics Program -American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314-689-0293 Website:	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•I Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less, Child should not be currently in braces or between phases of treatment. (DOS Patients cannot
Hampton Roads Pediatric Dentistry (Rev.09/30/23)	220 Nat Turner Blvd Newport News, VA 23606	Ph:757-240-5711 Website:www.hrpediatricdentistry.com	Hampton Roads Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance:Accepts Military insurance and Medicaid/Medicaid MCO's. Staff:J.B. Martin, DDS. Other: In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.
H.E.L.P Free Clinic-Dental Care (Rev.03/04/24)	H.E.L.P Free Clinic 1320 LaSalle Avenue Hampton, VA 23669 Mailing address: PO Box 190 Hampton, VA 23669	Ph: 757- 727-2577 Fax:757-723-0649 Website:: http://helpushelpu.org	H.E.L.P Free Clinic provides dental care services including: Exams and X-rays, Hygiene Services, Fillings and Crown Placement and Extractions, Low-Cost Dentures, Crowns and Bridges and .Night Guards Hours of operation: Hours: Monday – Thursday: 9 AM – 1 PM; 2 PM – 4 PM; Friday: 9 AM – 1PM. Eligibility requirements: resident of Virginia , 18+ years of age, Not eligible for Medicaid, proof of income required for sliding scale. Services are free to eligible persons. Intake: Appointment based. Dental Services are for adults (18+) who are currently not covered by dental insurance or whose dental supplement does not cover the work they need done. HELP can accept applications from individuals with: No Dental Insurance (you can still have health insurance) Medicare (w/ no dental supplement) Medicare w/ dental supplement (in some

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LackleyFree Clinic -Dental Care (Rev.03/01/24)	Lackley Free Clinic Outreach of Olivet Medical Ministry, Inc 1620 Old Williamsburg Road Yorktown, VA 23690	An Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax: 757-369-3821 Email: info@lackeyhealthcare.org Website: www.lackeyfreeclinic.com	Lackey clinic is a faith-based nonprofit providing free dental care to adults without dental insurance. Their patients are the working class who earn too much to qualify for Virginia Medicaid but not enough to afford quality dental insurance, usually earning between \$10-\$25 an hour. Services: fillings, cleanings, and extractions. Specialized services including but not limited to bridges, crowns, root canals, and dentures are provided on a case-by-case basis and require additional fees. Hours of operation: Monday–Thursday: 8:30 a.m.–5:00 p.m. and Friday: 8:30 a.m.–Noon. Pharmacy Hours: Monday–Wednesday: 9:00 a.m.–4:30 p.m. Thursday: 9:00 a.m.–5:00 p.m. Friday: The Pharmacy is closed. Cost: they ask for a contribution of \$50 for dental appointments if patients are able to contribute. Eligibility requirements: Your yearly income based on family size must be at or below the
Newport News Affordable Dentures & Implants	12731 Jefferson Avenue Newport News, VA 23602	Ph: 757-932-3022 Website: http://www.affordabledentures.com/office/newport-news	Newport News Affordable Dentures & Implants offers several styles of full dentures, each with special features and advantages. Please call for further information or visit the website for fees & coupons.
Oceans of Smiles Pediatric Dentist (Rev.09/30/23)	12725 Mcmanus Blvd, 1B Newport News, VA 23602	Ph: 757-874-0660 Email: office@swihartorthodontics.com Website: https://swihartortho	Oceans of Smiles Pediatric Dentist offers braces for children, teens, and adults. They specialize in individual care. Most insurances and private pay are accepted. Please call for further information.
Peninsula Pediatrics Dentistry (Rev. 6/4/18)	220 Nat Turner Boulevard Newport News, VA 23606	Ph: 757- 240-5711 Website: www.hrpediatricdentistry.com	Peninsula Pediatrics specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Dr. Garafalis does not accept Medicaid/Medicaid MCO's at this location. Staff: Steve Bullock, DDS, Haralambos Garafalis, DDS, Darchelle Braxton.
South Eastern Virginia Health System (formerly PICH) - Community Dental Services	Community Dental Services Center 1033 28th Street Newport News, VA 23607	Ph: 757- 928-3810 http://www.pich.org/	Services: Adult and pediatric preventive & restorative dental care including dental exams, cleanings, fillings, extractions, root canals, sealants, fluoride treatments, and other treatment as indicated by the Attending Dentist. Eligibility: Valid ID and proof of income required. Fees: Medicaid, Medicaid HMO's, FAMIS "Smiles for Children" and sliding scale fees according to income level. Bilingual staff available.
Spencer Dental-Kids First Family Dentistry (Formerly First Smiles)	14346 Warwick Blvd, Newport News, VA 23602	Ph: 434-201-4464 Email: contactspencer@spencerdentalgroup.com	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a range of community & educational programs. Services: General Dentistry, Children's Dentistry, Oral
VDH Dental Clinical Programs- Peninsula Health District	VDH Dental Clinical Programs- Peninsula Health District	Contact: Dr. Folake Akinbi 757-594-7424 Dr. Arthur Diamond 757-594-7816	Dental services are provided in approximately half of Virginia's localities to pre-school and school age children who meet eligibility requirements. Eligibility for these services may be determined by school lunch status and/or family income. Dental services are available at health department clinics or at dental trailers placed on school property. Adult care may be available on a limited basis in certain
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph: 757-461-4474 Email: nicole.miller@tidewaterasa.org Website: www.tidewaterasa.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is

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Blossom Behavioral-ABA Therapy (Rev.01/11/21)	8 San Jose Drive. # 3B Newport News, VA 23606	Ph:757- 330-5700	Blossom Behavioral provides ABA (applied behavior analysis) services. Please call for further information.
Developmental Pediatrics at CHKD	Developmental Pediatrics at CHKD.	Ph: 757- 668-7473	Developmental pediatric specialists at CHKD provide neurodevelopmental consultations for the evaluation, diagnosis and management of children with
Down Syndrome Association of Virginia Peninsula	Down Syndrome Association of Virginia Peninsula	P.O. Box 1237 Yorktown, Virginia 23692	The DSAVP brings support to families with new babies through hospital outreach, delivering informative books for parents and siblings. Monthly play meetings
Family Insight -ABA Therapy	11835 Fishing Point Drive Suite	Ph:757-243-1033	Family Insight provides ABA (applied behavior analysis) services. Please call for
Good Neighbor-ABA Therapy (Rev.01/11/21)	Good Neighbor 729 Thimble Shoals Blvd. Suite 7B	Ph:855-355-7001	Good Neighbor provides ABA (applied behavior analysis) services. Please call for further information.
Pennington Group- ABA Therapy (Rev.4/1/19)	Pennington Group- ABA Therapy	Website:http://penningtongroupaba.com/	Pennington Group provides ABA (applied behavior analysis) services. Please call for further information. They currently provide ABA Therapy in Virginia Beach, Norfolk, Chesapeake, Hampton, Newport News, Yorktown and Suffolk Virginia. <u>they also offer consultation services to schools, group homes, families and support</u>
Serenity C & C-ABA Therapy (Rev.01/11/21)	926 J Clyde Morris Blvd. #757 Newport News, VA 23601	Ph:757-788-8490 Website:Serenityccinc.com	Serenity C & C provides ABA (applied behavior analysis) services. Please call for further information.
DISEASE SPECIFIC GROUPS			
American Heart Association	American Heart Association	Ph:757-873-8703 FAX: 757-873-8477	Programs: Provides programs of research education and services available to the
Epilepsy Foundation of America	Epilepsy Foundation of America Contact: Jennifer Woods	Ph.: 757-532-3963 Regional Director: Patty	The EFVA provides training sessions for professionals families and colleagues. We also have public education programs with puppets for schools and talk shows on
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help,
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training
Lions Club International-Sight	Lions Club International-Sight and Hearing Aide Programs	*Hampton Roads Lion's Club Contact: W	Lions Club International support sight programs and services including vision screenings, eye books and eyeless reading. Provide eye care services to those
Peninsula United Ostomy Association	Peninsula United Ostomy Association Temple Baptist Church 235 Harnersville Rd.	Contact: Debbie Barber,RN,BSN Enterostomal Therapy Riverside Regional Medical	The United Ostomy Association is a long standing group of individuals with ostomies. The majority are seniors, but they do have several college age-members. They are very much young at heart and welcome parents/children. They meet about seven times a year in Newport News, VA -- monthly at 7:00 PM
Riverside Regional Medical Center-Cancer	Riverside Regional Medical Center- Cancer 500 J. Clyde Morris Blvd Newport News, VA 23601	Ph:757-594-2000 Website:www.riversideonline.com	Riverside Regional Medical Center- provides a wide variety of materials including literature, books, video tapes, and access to the latest information on cancer diagnosis and treatment.
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to nearest branch	ABC, an Apria Company is a DME and supplies provider.Medicaid,Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Access 1st-Enviromental Modifications	Access 1st-Enviromental Modifications 11861 Cooper Blvd.	Ph:757-592-0247 Contact: Kathy Zolcinski Cell:917- 338-8870	Access 1st- provides remodeling solutions for Independent living and environmental modifications. Please call for further information.

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Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and ~~Windows Eyes access reader. Please call for further information.~~
American HomePatient (Rev.10/22/19)	American HomePatient	Ph:757- 599-4625 Website: www.ahom.com	American HomePatient is a DME and Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
American Printing House for the Blind Inc. (Rev.10/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org	American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please call for further information.
Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph:757- 852-3929	Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
Care Net Peninsula-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	11101 Warwick Blvd. Newport News, VA 23601	Ph:757-591-8141 Website: http://ghrdiaperbank.org	Care Net Peninsula is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email: bethb@atdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost.
Catholic Charities of Eastern Virginia -Greater Hampton Roads Diaper Bank (Rev.09/23/24)	12829 Jefferson Ave, Suite 101. Newport News, VA 23608	Ph:757-782-3054 Website: http://ghrdiaperbank.org	Catholic Charities of Eastern Virginia is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Coastal Prosthetics & Orthotics	Coastal Prosthetics & Orthotics 11818 Rock Landing Dr., Suite 104 Newport News, Virginia 23606	Ph:757- 892-5300 Fax: 757- 892-5303	Coastal Prosthetics & Orthotics, LLC is a locally owned certified facility for custom fabricated devices for all patients in need of their services. They specialize in in-house fabrication of Orthotic & Prosthetic devices designed by licensed practitioners. Please call for further information.
EHouse, Inc.-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	521 North Ave. Newport News, VA 23601	Ph:757-750-3171 Website: http://ghrdiaperbank.org	EHouse, Inc. - is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter Bon Secours Health Center Sentara Health System	Ph: 757-771-6183 Fax: 757- 447-6333 E-Mail: shr@free-foundation.org Website: www.free-foundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children in need of mobility equipment have access to many other sources therefore, FREE
Greater Joy Church-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	72 Walnut Ave Newport News, VA 23607	Ph:757-268-5422 Website: http://ghrdiaperbank.org	Greater Joy Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

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Hanger Prosthetics & Orthotics, Inc. (Rev.10/22/19)	Hanger Prosthetics & Orthotics, Inc. 704 Thimble Shoals Blvd #400, Newport News, VA 23606	Ph:757- 873-1984 Toll free: 877-442-6437 Website: http://www.hanger.com	Hanger Prosthetics & Orthotics, Inc. is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information.
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services- Newport News/Williamsburg (Rev.02/01/23)	709 City Center Blvd, Suite A-107 Newport News, VA 23606	Ph:757-750-3823 Fax:757-500-2657 Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services 709 City Center Blvd, Newport News, VA 23606	Ph:757-424-4822 /757- 566-9624 Fax: 757-424-5871 Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Link of Hampton Roads-- Greater Hampton Roads Diaper Bank (Rev.09/24/24)	10413 Warwick Blvd Newport News, VA 23601	Ph:757-595-1953 Website: http://ghrdiaperbank.org	Link of Hampton Roads is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Loan of Medical Equipment- Council of Jewish Women "Sick Loan Shelf" ~~Peninsula Department of Health~~	Council of Jewish Women "Sick Loan Shelf" Peninsula Department of Health 416 1 Clyde Morris Boulevard	Ph: 757-594-7419	The department of public Health Administers the Council of Jewish Women "Sick Loan Shelf" . This program offers the free loan of medical equipment such as hospital beds, wheelchairs, walkers, canes and crutches to Peninsula residents, ~~provided a prescription from a physician for the item is presented at the time of~~
Medical Equipment Distributors (Rev.10/20/21)	11828 Canon Boulevard Suite C Newport News, VA 23606	Ph:757- 498-8225 Website: https://www.medofva.com	Medical Equipment Distributors is an accredited provider of respiratory & oxygen equipment; they deliver and set up equipment by a trained professional. Products may include: CPAPs & Bi-PAP/Bi Level, Nebulizers & Compressors and Oxygen ~~Management. They do accept many major insurance plans: Medicare, Medicaid,~~
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 ~~Website:~~	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Operation Breaking Through- Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1807 Jefferson Ave. Newport News, VA 23607	Ph:757-784-1128 Website: http://ghrdiaperbank.org	Operation Breaking Through is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Reach Orthotic & Prosthetic Services (Rev.12/05/23)	Reach Orthotic & Prosthetic Services 11747 Jefferson Avenue Newport News, VA 23606	Ph:757- 595-9800 Fax:757-595-2722 Website: https://www.reachops.com	Reach Orthotic & Prosthetic Services in Newport News, offer services in Prosthetic & Artificial Limbs. They specialize in Prosthetic & Artificial Limbs. Hours of Operation are: Mon-Thurs: 8:00 am – 4:30 pm and Friday: 8:00 am - 2:00 pm .Serving: Newport News, Hampton, Yorktown, Chesapeake, Norfolk, Suffolk, Virginia Beach, Williamsburg, Gloucester, and the entire Hampton Roads area. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Newport News City**

Riverside Home Care Center	Riverside Home Care Center	Ph:757-594-2958	Riverside Home Care Center offers beds, wheelchairs and walk aids, medical
Roberts Home Medical	Roberts Home Medical	Ph: 757- 599-9080	Roberts Home Medical offers beds, wheelchairs and walk aids. Also provides
Scottish Rite- Masonic Temple	Scottish Rite- Masonic Temple	Ph:757-599-6617	Scottish Rite loan wheelchairs, crutches, walkers, shower seat, etc. No fee. Please
DOMESTIC VIOLENCE			
Avalon	A program of Avalon Center for	Main:757-258-5022 Fax:	Avalon informs individuals of their rights, explains protective orders, and possible
Battered Women	Hampton	Ph: 757-723-7714 Fax:	Battered Women Shelter serves women over the age 18. Confidential.
Catholic Charities -Domestic	12829 Jefferson Av Suite 101	Ph:757-456-2366	Catholic Charities -Domestic Violence Intervention Program is an education
Center for Child & Family Services-Domestic Violence Prevention Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	Domestic Violence (DV) Groups for adult men and women who have been charged or struggle with couple or family violence. These groups meet for 24, or 32 weeks depending on violence history and risk assessment. We are a trauma focused, certified batterer intervention program through the Virginia Batterer Intervention Program Certification Board, which enforces the use of best practices in working with batterers. Cost: \$55. Assessment: \$25 per group session. \$55 per individual
Center for Child & Family Services-Services in Spanish-Latino Outreach Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	The Latino Outreach Program provides families, children, and individuals with professional psychotherapy services through an individual or group platform. The program also works in conjunction with other agencies and institutions that are already serving the Latino community. This includes schools, churches, and government agencies. This program was created to fill the gap in psychotherapy services that existed in the Latino community in Peninsula. The following services are provided: domestic Violence Services. The Center serves all individuals regardless of race, color, religion creed, gender, national origin, age, disability or sexual orientation. Hours: NEWPORT NEWS office: Monday-Thursday: 9am-8pm, Friday: CLOSED, Saturday: 10am-1pm (by appointment only) and Sunday: CLOSED
Fear 2 Freedom (F2F)	Fear 2 Freedom (F2F) P.O. BOX 6104 Newport News, VA 23606	Contact: Muriel Millar Ph:888-453-3059. Email:Muriel@fear2freedom.org	Fear 2 Freedom (F2F) is a global non-profit that helps restore hope and dignity to survivors/ victims of sexual assault, child abuse, domestic violence and sex trafficking. Please call for further information.
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453 Text: loveis to 22522 Website:	Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support, information and advocacy to young people who have questions or concerns about their dating relationships. Information and support is available to concerned friends
National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and Spanish.
The Center for Sexual Assault Survivors (Rev. 3/20/18)	718 J. Clyde Morris Boulevard, Newport News, VA 23601	Ph: 757-599-9844 Fax: 757-599-9846 Hotline: 757-236-5260 E-Mail: sarav@visithecenter.org	The Mission of The Center is to provide support, treatment, and advocacy for persons whose lives have been disrupted by sexual violence; and to lead the community toward the reduction of sexual violence through education and awareness. provides individual counseling for men, women, adults, teens, and children. The counseling process assists survivors in working through their

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Newport News City

The National Domestic Violence Hotline (800-799-7233)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233)	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org).	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those
Transitions Family Violence	Transitions Family Violence	Ph:757- 722-2261	The mission of Transitions Family Violence Services is to build safe and healthy
EARLY INTERVENTION			
Infant Stimulation Program	Early Prevention and Intervention	Contact: Cynthia Burgess	The Early Intervention program provides therapy/specialized services for families
EDUCATION			
ABCs of Kindergarten	Bon Secours Mary Immaculate	Contact: Avis Gates child	Whether your child attends a Bon Secours Richmond Family Center or another
Department of Special Education Newport News	Michele Mitchell, Director 12465 Warwick Blvd Newport News, VA 23606	Ph:757-591-4545 Fax:757-599-5605 Email:	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other
Family Focus ESL-Program (Rev.03/09/20)	Family Focus ESL-Program St. George Episcopal Church 15446 Warwick Blvd,	Ph: 757-886-6511 Email: delores_price@bshsi.org	Mary Immaculate Family Focus is excited to offer English as a Second Language (ESL) classes for Spanish speaking parents. The classes will help you to become a better parent, allowing you to understand more about what's going on with your
Gatewood PEEP - Preschool Assessment Team	Gatewood PEEP 1241 Gatewood Rd	Contact: Heather Jankovich Ph: 757-591-	Heather Jankovich -PEEP Preschool Assessment Center provides screening, testing and program planning for children between two and five years of age who
Head Start Program	Registration: York County Board of Supervisors	York County Board of Supervisors Ph:757-	Head Start Program The Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child
Keystone Education Services- Special Needs Tutoring (Rev.06/18)	Keystone Education Services- Special Needs Tutoring	Ph:757-802-7120 Email:info@keystonetutors.net Website:http://keystonetutors.net	Keystone Education Services provides special needs tutoring services; they provide academic tutoring with behavioral accommodations. Services could be provided in our facility and your home. Please call for further information.
Marshall Early Childhood Center	Marshall Early Childhood Center 743 24th Street Newport News, VA 23607	Ph:757- 928-6832 Fax: 757- 247-0530	Marshall Early Childhood Center provides pre-school services for 4 and 5 year olds. •Children are assigned to a half day or full day program depending on the school zone in which they live. School and session (a.m./p.m.) assignments must be
Newport News- Family Community Center- United Jewish Community of the Virginia Peninsula	Newport News- Family Community Center- United Jewish Community of the Virginia Peninsula	Ph:757-930-1422 Fax: 757-930-3762 Web site: www.ujvp.org/	The Newport News- Family Community Center- United Jewish Community of the Virginia Peninsula offers a wide variety of programs for families, adults, youth, teens, young adults and seniors. Also provides educational services such as a
Newport News Homeless Education Coordinator	Jane Moreland Program Coordinator Student Leadership, 12465	Phone: 757-591-4675 757-928-6765 Ext 38840 Fax: 757-595-2017	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in homeless situations. Some of
Peninsula READS	Peninsula READS 11832 Fishing Point Drive, Suite 200	Contact: Manola Dobbs, ESOL Coordinator Ph:757- 283-5776 OR	The Peninsula READS mission is to provide literacy education and services to adults to enable them to participate fully in society. Services: Individual and small group instruction in basic reading, writing and English speaking for adults.
Regional Career and Technical Center-	New Horizons Tech Center 13400 Woodside Ln Newport News, VA 23608	Contact: Mr.H.Thomas Butler Ph: 804-874-4444	Offers a wide variety of training services for farm workers who have decided to seek training in other industries. The cost is usually low and access to classes is high.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Newport News City

Regional Special Education Program-New Horizons Regional Center -Autism Newport News	Middle Peninsula Special Education Center -New Horizons Regional Center -Autism 1501 Kiln Creek Pkwy Newport News, VA 23602	Contact:Ms.Kelley Brown Wood Ph: 804-886-7958 School Ph: 804-285-0010	The program provides: A highly structured and supportive educational environment, Caring staff trained to meet the unique needs of students with Autism, Individualized education plans to address communication skills, functional academics, Virginia SOLs, positive behavior management, and social skills development based on student needs, Appropriate services to insure student success in the least restrictive environment. Please call for further information.
Special Education Advocacy Law PELE Clinic-William and Mary Law School	Special Education Advocacy Law PELE Clinic William and Mary Law School P.O. Box 8795	Contact: Professor Crystal Shin's Ph:757-221-5735	The Special Education Advocacy Clinic was formed to assist special-needs children and their families with eligibility or Individualized Education Program meetings, discipline matters, mediation, and administrative hearings. The clinic is designed to bolster the partnership between families and schools and is part of the
Virginia Adult and Literacy Services-Newport News	Virginia Adult and Literacy Services-51 Copeland Lane Newport News, VA 23601	Ph: 757-591-4730 Website: http://www.pen.k12.va.us/VD OE/Instruction/Adult	The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education Development (GED), English as a Second Language, and Individual Student Alternative Education Programs (ISAE), Learn and Serve, and Education for
Youth Workforce Center at New Horizons Regional Education Center	Youth Workforce Center at New Horizons Regional Education Center Newport News, VA	Contact: Stephanie Krom Ph:757-766-100 Ext 389	Eligibility: must be between the ages of 18-21, high school graduate or hold GED, income eligible by federal guidelines and live in Hampton, Newport News, Poquoson, York city county, Williamsburg or Gloucester.
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish	Call or Text 1-800-985-5990 Press 2 for Spanish	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army 1033 Big Bethel Road	Main:757-838-4875 Website: www.usssalvationary.org	The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include: Individual and family
Virginia Department of Emergency Management	Virginia Department of Emergency Management 2400	Contact: Kenneth Jones Coordinator or C. Creig	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the
EMPLOYMENT			
Center for Child & Family Services-Adult Job Readiness: Fresh Start Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email: info@kidsandfamilies.com Website: https://kidsandfamilies.com	The Fresh Start Job Readiness program is specifically designed to service the adult job seeker with identifiable barriers. Initially tailored as a resource for those with criminal records, agency experts have diversified the program to accommodate and guide youth towards successful and developing career goals, those aging out of the foster care system, victims of domestic violence, human trafficking and the homeless. Fresh Start is an accelerated program, which requires the client(s) to commit to two days (8 hours) of training before being referred for a job. Program curriculum include the following topics (i.e. Completing a job application, Interviewing skills, developing a resume (either Functional, Chronological or a Combination type); Stress Management and Coping Skills assisted with their strategic plan towards success and budget
Creative Vocations LLC.	Creative Vocations LLC	Ph:757-344-8821	Creative Vocations, LLC supports adults with Developmental and Intellectual

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Services Provided in Newport News City

STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie scentral.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force
The Denbigh House	The Denbigh House	Ph:757.833.7845	The Denbigh House, operated by the nonprofit organization, Community Futures
VEC Workforce Center-	Peninsula Workforce Development Center 600 Butler Farm Road-Suite B Hampton, VA 23666	Ph:757- 865-5800 Fax: 757-865-5824	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the r Workforce Centers make available job search assistance to individuals, and recruiting and referral services to
VersAbility Resources	11830 Fishing Point Drive Suite 212	Ph:757- 896-6461 Fax: 757- 896-6470	VersAbility Resources supports people with disabilities throughout their lives in employment, community living, development and early childhood programs. Please
Virginia Employment Commission-	Peninsula VEC Center 600 Butler Farm Road-Suite B Hampton, VA 23666	Ph:757- 865-5800 Fax: 757-865-5824	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans' Services, Employer Services (including the Employer Advisory Committees), and the State Monitor Advocate.
Virginia Employment	Newport News Employment	Ph: 757-247-2080 Fax: 757-247-2087	The VEC is committed to serving migrant and seasonal farm workers who are
Virginia Workforce Investment	Virginia Workforce Investment	Contact: Bill Mann Ph: 757-888-5888 Email:bill.mann@comcast.net	The workforce investment act rewrites current federal statues governing programs
Workforce Development-	740 Thimble Shoals Blvd., Suite F, Newport News, VA 23606	Ph: 757-301-0704 Email:bill.mann@comcast.net	Workforce Development-Commonwealth Catholic Charities works with a variety of
FINANCIAL ASSISTANCE			
Affordable Connectivity	Complete the application and	Website:https://www.affordabl	Affordable Connectivity Program (ACP) is a U.S. government program that helps
All Nations Church	All Nations Church 853	Ph:757- 941-5111	All Nations Church offers breakfast, fresh clothes, toiletries, showers and medical
Army Emergency Relief	Building 601, Room 142	Ph:757-878-3638	Provides emergency financial assistance to active and retired military personnel
Army Emergency Relief	Building 206	Ph:757-788-3878 OR 757-788-4188	Offers emergency financial assistance to active and retired military personnel and
Ashley HomeStore-Hope to Dream	Ashley HomeStore-Hope to Dream 11971 Jefferson Ave Newport News, VA 23606	Website:https://www.ashleyfu rniturehomestore.com/a- hope-to-dream/online- nomination/ Ph:757-886-6000	Ashley HomeStore believes that every child should have a bed to call their own. They provide a twin mattress, bed frame, bedding and pillow (a \$399 value) to a deserving child; a child who might otherwise suffer the negative physical and emotional effects of sleep deprivation. Review and selection process of deserving
Bon Secours Mary Immaculate Hospital-Indigent Care and Uninsured Program	Bon Secours Mary Immaculate Hospital Indigent Care and Uninsured	Ph:757-886-6000	The Bon Secours "Financial Assistance Program" aids uninsured patients who do not qualify for government-sponsored health insurance and cannot afford to pay for their medical care. Insured patients may also qualify for the Bon Secours Financial
Care Net Peninsula-Greater Hampton Roads Diaper Bank (Rev.09/23/24)	11101 Warwick Blvd. Newport News, VA 23601	Ph:757-591-8141 Website:http://ghrdiaperbank. org	Care Net Peninsula is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Catholic Charities - Budget	Catholic Charities of Eastern	Ph: 757- 484-0703	Catholic Charities counselors will help individuals and families set a budget based
Catholic Charities	Catholic Charities of Eastern	Ph:757-587-4202	Catholic Charities provides financial assistance only for rent/mortgage and utility
Catholic Charities-Community	Catholic Charities of Eastern	Ph: 757-875-0060	Catholic Charities-Community Assistance and Resources (CARES) are Caring,

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Services Provided in Newport News City

Catholic Charities of Eastern Virginia -Greater Hampton Roads Diaper Bank (Rev.09/23/24)	12829 Jefferson Ave, Suite 101. Newport News, VA 23608	Ph:757-782-3054 Website: http://ghrdiaperbank.org	Catholic Charities of Eastern Virginia is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Center for Child & Family Services-Consumer Credit Counseling (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email: info@kidsandfamilies.com Website: https://kidsandfamilies.com	Consumer Credit Counseling Services (CCCS) of Hampton Roads is a program of the Center for Child & Family Services and is licensed by the State of Virginia (DC-58) to provide credit counseling and debt management services. Program offers unique solutions to your financial concerns. Their certified credit counselors are able to provide confidential professional counseling services in your time of need.
Children's Clothes Closet	Children's Clothes Closet	Ph:757-244-6121	The Children's Clothes Closet purpose is to provide clothing for school age children
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	Ph:855-222-3252 or visit Website: www.connect2compete.org	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable internet and devices to students and families that qualify for the
Cooling Assistance Program - Virginia LIHEAP-Newport News Department of Human Services (Rev.5/1/19)	Cooling Assistance Program - Virginia LIHEAP-Newport News Department of Human Services 6060 Jefferson Ave	Ph:757- 926-6300 Fax:757- 926-6118 Website: http://www.nngov.com/human-sv	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In addition, the household must contain at least one vulnerable person and
Cover Virginia-Virginia-Based Assisters (Rev.1/21/19)	1.48th Street Physicians 4714 Marshall Avenue, Newport News, VA, 23607	1.48th Street Physicians Ph:757-244-8560	Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed rigorous training courses and passed certification requirements. You can work with assisters on everything: from learning about your health plan options
Crisis Assistance Program -- Virginia LIHEAP-Newport News Department of Human Services (Rev.5/1/19)	Crisis Assistance Program -- Virginia LIHEAP-Newport News Department of Human Services 6060 Jefferson Ave	Ph:757- 926-6300 Fax:757- 926-6118 Website: http://www.nngov.com/human-sv	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-off is imminent, and inoperable or unsafe heating equipment. Types of Crisis Assistance may include: payment of
Department of Social Services	Newport News Department of Human Services 6060 Jefferson Ave.	Ph:757- 926-6300 Fax:757- 926-6118 Website: http://www.nngov.com/human-sv	The Newport News Department of Social Services' mission is to provide benefits and services to the citizens of Newport News based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore family stability as
Department of Social Services-The Division of Child Support Enforcement (DCSE)	11751 Rock Landing Drive, Suite H-4 Newport News, VA 23606	Ph:757- 594-7621 TOLL FREE: 800- 468-8894	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents
Denbigh United Christian Outreach, Inc. (DUCO)	13813-E Warwick Boulevard Newport News, VA 23602	Ph:757- 877-9079 Fax:757- 874-4197 Website: www.duco1973.org	Through DUCO's Seeding New Attitudes & Planning for Self-sufficiency (SNAPS) program, this collaboration of Christ-centered churches offers comprehensive budget assessment/mentorship, employment/resource referrals, and emotional and spiritual nurturing to help alleviate a current crisis, seed new attitudes, and support transition to self-sufficiency. Applicants engaged in the budgeting services may apply for emergency financial assistance (i.e., aid with delinquent rents, utility turn-
EHouse, Inc.-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	521 North Ave. Newport News, VA 23601	Ph:757-750-3171 Website: http://ghrdiaperbank.org	EHouse, Inc. - is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Energy Share Agencies-Peninsula	Peninsula Salvation Army	Peninsula salvation Army Ph: 757-838-4875	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and electricity) and cooling assistance (for Virginia customers only) in summer. Must

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Newport News City

Enroll Virginia at Stoneybrook Physicians (Rev.02/13/25)	Stoneybrook Physicians 15425-H Warwick Boulevard, Newport News, VA, 23608	Stoneybrook Physicians Ph: 757-380-8709 Email:phc@inova.org Statewide Toll free	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace.
Enroll Virginia at Warwick Boulevard Physicians (Rev.02/13/25)	Warwick Boulevard Physicians 9294 Warwick Boulevard, Newport News, VA 23607	Warwick Boulevard Physicians Ph:757- 380-8709 Email:phc@inova.org Statewide Toll free	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace.
Enroll Virginia at 48th Street Physicians (Rev.02/13/25)	48th Street Physicians 4714 Marshall Avenue, Newport News, VA, 23607	48th Street Physicians Ph: 757-380-8709 Email:phc@inova.org Statewide Toll free	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace.
Enroll Virginia at East End Physicians (Rev.02/17/25)	East End Physicians 1033 28th Street, Newport News, VA, 23607	East End Physicians Ph: 757-380-8709 Email:phc@inova.org Statewide Toll free	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace.
Five Loaves Food Bank-River Cross Church	Five Loaves Food Bank 127 Harpersville Road Newport News, VA 23601	Contact: Sherry Miles Ph: 757-595-8490	River's Cross has partnered with Five Loaves which has been a part of Hope church's ministry from the early days, giving the gift of groceries and now also a weekly hot meal to many families in need.
First Call for Help	First Call for Help 606 Denbigh Blvd., Suite 605 Newport News, VA 23608	Ph:757-594-INFO (757-594-4636)	First Call for Help is a service offered by the United Way of the Virginia Peninsula. United Way First Call acts as a link between what you may need and what is available in the community. United Way also has information about support groups, community and agency services and general information to answer your questions.
Foodbank of the VA Peninsula	9912 Hosier Street Newport News, VA 23601	Ph:757-596-7188 or 757-595- 2507	The Foodbank provides bulk foods to qualified, non-profit organizations, which in turn provide meals and emergency food directly to those who need it. Virginia's Table - Peninsula distributes prepared and perishable food donated by local food establishments to on-site feeding agencies of the Foodbank. Member agencies are
Greater Joy Church-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	72 Walnut Ave Newport News, VA 23607	Ph:757-268-5422 Website::http://ghrdiaperbank .org	Greater Joy Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Heating Assistance Program-Virginia LIHEAP-Newport News Department of Human Services (Rev.5/9/19)	Heating Assistance Program- Virginia LIHEAP-Newport News Department of Human Services 6060 Jefferson Ave	Ph:757- 926-6300 Fax:757- 926-6118 Website:http://www.nngov.co m/human-se	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be met. The household must
Hope Community Church	826A J. Clyde Morris Boulevard Newport News, VA 23601	Ph:757-595-8490	Hope Community Church offers short-term food assistance for individuals and families in need. No fee.
Langley Family Support Center	1 MSS/DPFA 45 Nealy Ave., Suite100 Langley Air Force Base, VA 23665- 1808	Ph:757-764-3990	The Family Support Center enhances the quality of life for all military members and their families, single Airmen, reservists, retirees, and DOD civilian personnel. Services are available for financial counseling, employment/transition assistance, relocation/family life education, deployment and family readiness. No fees. Some
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.or g/ls/ Providers:	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide proof of one of the government qualifying

COMMUNITY RESOURCES EASTERN REGION

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Link of Hampton Roads-- Greater Hampton Roads Diaper Bank (Rev.08/21/24)	10413 Warwick Blvd Newport News, VA 23601	Ph:757-595-1953 Website::http://ghrdiaperbank.org	Link of Hampton Roads is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
LINK-Newport News	LINK 10413 Warwick Blvd. Newport News, VA 23601M	Ph:757 595-1953 Main Service Center: 757- 595-2265 Fax:757- 595-3428 Website:www.linkhr.org	LINK is a coalition of congregations dedicated to build a better community. It's network of programs include; promoting self-sufficiency, protecting children, prevent homelessness and encourage intergenerational education. Services include: Emergency financial assistance, counseling and referral to other agency.
Meals on Wheels-Denbigh Center Nutrition Site	Meals on Wheels-Denbigh Center Nutrition Site 15460 Warwick Boulevard Newport News, VA	Ph:757-886-7907	Meals on Wheels provides meals packaged and delivered M-F for disabled and elderly through the PAA for residents in Newport News. Please call for further information.
Menchville House-Shelter	Menchville House 13658 Warwick Boulevard Newport News, VA 23602	Ph:757- 833-5980 Fax:757- 833-598	Menchville House Purpose is to provide shelter for homeless women and children, up to two years residency program. Hours: Office only: 8:30 a.m. - 5:00 p.m. Eligibility: Women 18 years of age (out of High School) who are willing to become involved in counseling in a group home setting, female children of any age and
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 757- 886-847-8688	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of
(MCO's) Provider Listings- Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website:www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings- Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website:www.anthem.com/va	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings- Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0:	Molina Complete Care Provider Listings.
(MCO's) Provider Listings- Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975	Sentara Health Care Provider Listings.
(MCO's) Provider Listings- United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid	Newport News Department of Human Services 6060 Jefferson Ave. Newport News, VA 23605	Ph:757- 926-6300 Fax:757- 926-6118 Website:http://www.nngov.com/human-se...	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.

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Medicaid-Fee-for-Service-Waivers	Medicaid-Fee-for-Service-Waivers	Website:www.virginiamedicaid.dmas.virginia.gov/wps/porta/ SearchForProviders<http://www.virginiamedicaid.dmas.vir	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
New Beech Grove Church	New Beech Grove Church 326 Tabbs Ln, Newport News, VA 23602	Ph:757- 877-4114	New Beech Grove Church provides meals on Tuesdays and Thursdays mornings, from 11:00am-1:00pm. Please call for further information.
Operation Breaking Through-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	1807 Jefferson Ave. Newport News, VA 23607	Ph:757-784-1128 Website: http://ghrdiaperbank.org	Operation Breaking Through is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Optima Health-Healthy Savings-Only for Optima Community Care members	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.healthysavings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care
Outreach Program to sign for FAMIS-Catholic Charities	Outreach Program to sign for Famis Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite	Contact: Vanessa Dunlap Ph: 757-875-0060 Main: 757-875-0060 Fax: 757-877-7883	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling out the application with you, Gathering documents you need for eligibility, Delivering the completed application to the local department of Social Services,
Patient Advocate Foundation (PAF)-Co-Pay Relief	Patient Advocate Foundation (PAF)-Co-Pay Relief 700 Thimble Shoals Blvd. Suite 201 Newport News VA 23606	Ph: 866-512-3861 Fax:757-952-0119 Email: cpr@patientadvocate.org	Patient Advocate Foundation (PAF)-Co-Pay Relief provides assistance in finding and applying to patient assistance programs, direct financial assistance, and assistance in working with insurance companies. Who Is Helped: Anyone in the US in need who qualifies. Patients must have one of the following diagnoses:
Peninsula Rescue Mission, Inc.-Shelter	Peninsula Rescue Mission, Inc. 3700 Huntington Avenue P. O. Box 377 Newport News, VA 23607	Ph:757-380-6909 Fax:757-380-6910	Peninsula Rescue Mission, Inc. services include: Homeless shelter for men, summer camp for children ages 8 - 15, financial aid, food, furniture aid to qualifying families. Eligibility: Homeless shelter - men, 18+ picture ID. Access for individuals with disabilities: No.
Peninsula Rescue Mission	Peninsula Rescue Mission 3700 Huntington Avenue Newport News, Virginia 23607	Ph:757-380-6909	Runs a shelter for those in need and homeless
Riverside Health System-Riverside Rehabilitation Institute-Charity /Indigent Care Program	Riverside Health System-Riverside Rehabilitation Institute-Charity /Indigent Care Program 245 Chesapeake Ave Newport	Contact: Riverside Health System Business Office Ph:757-989-8830 Website:http://www.riverside-	Riverside Health System has several levels of hospital-approved charity as well as discounts for patients based on their family size and income level for clinically urgent services. Charity care is available to patients receiving non-elective care who meet certain income guidelines and have assets less than 50% of their annual
Riverside Health System-Riverside Regional Medical Center-Charity /Indigent Care Program	Riverside Health System-Riverside Regional Medical Center -Charity /Indigent Care Program 500 J. Clyde	Contact: Riverside Health System Business Office Ph:757-989-8830 Website:http://www.riverside-	Riverside Health System has several levels of hospital-approved charity as well as discounts for patients based on their family size and income level for clinically urgent services. Charity care is available to patients receiving non-elective care who meet certain income guidelines and have assets less than 50% of their annual
Sentara Health System/Hospital/Charity Indigent Care Program (Rev. 07/20/20)	Sentara Health System/Hospital/Charity Indigent Care Program Sentara Healthcare	Ph:757-233-4600 Toll Free:1-877-768-3993 Website:www.sentara.com	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to provide proof of income including pay stubs and/

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Share (Peninsula)	Share (Peninsula)	Contact: Claudette 757-596-7188 x102	Ph:	Share (Peninsula) provides holidays assistance for families for food baskets offered 1x mo.) (\$25-38).Please call for further information.
S.H.A.R.E of Hampton Roads	SHARE Main office 9912 Hosier Street Newport News, VA 23601 Distribution Centers	Main Office 757- 596-7188 Fax: 757- 595-2507	Ph::	S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40, but be purchased by SHARE for only \$20 and two
Shelane's Fund-Postpartum Support Virginia-Bernardine Franciscan Sisters Foundation	Shelane's Fund-Postpartum Support Virginia-Bernardine Franciscan Sisters Foundation Inc.	Ph: 757-886-6025		Shelane's Fund-Postpartum Support Virginia-Bernardine Franciscan Sisters Foundation provides financial assistance to mothers and families on the peninsula to increase access to mental health services for those who are under resourced and /or underinsured. The could assist with the cost of postpartum doula, childcare,
Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph:866-331-9169 Main Number:800-772-1213 TTY:800-325-0778 Website:https://www.ssa.gov		Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also administer the
St. Vincent's Back Door	St. Vincent's Back Door Ministry	Ph:757- 245-4234		St. Vincent's Back Door Ministry purpose is to provide meals for the homeless -
State and Local	Peninsula Department of Human	Ph:757-926-6300		A program available for to individuals not eligible for Medicaid or who have
SUN Bucks (Summer EBT)	SUN Bucks (Summer EBT)	Website:https://virginiasunbucks.com/		Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on
The SLEEPTIGHT Hampton Roads Program	Project Link (Hampton NN Community)	Project Link (Hampton NN Community)		The SLEEPTIGHT Hampton Roads program provides an opportunity for any low-income parent in Hampton Roads to receive a portable crib and an education on
The Summer Food Service Program (SFSP)-	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text		The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy
The Leukemia & Lymphoma Society's (LLS) Co-Pay THRIVE Peninsula (Rev.08/11/22)	The Leukemia & Lymphoma Society 13195 Warwick Blvd #2c Newport News, VA 23602	Ph:877-557-2672 Fax:877-COPAY or Ph:757- 877-6211 Fax: 757- 585-3572		The Leukemia & Lymphoma Society's (LLS) Co-Pay Assistance Program offers assistance to patients toward: THRIVE Peninsula provides emergency food and financial assistance to eligible individuals and families. Spanish speaking staff available on Tuesdays. Hours: Monday - Thursday 10am-5pm and Friday 10am-2pm.
United Way Community Assistance Network (CAN) (Rev.11/09/22)	1323 Jamestown Rd Suite 101, Williamsburg, VA 23185	Ph:757- 229-2222 Website:https://www.uwvp.org/help		Conducts self-sufficiency screening to determine needs so that they can connect clients to resources that can have a longer-term impact on their social, financial and educational wellbeing. United way refer clients to agencies and faith partners to provide health services, emergency utility assistance, eviction prevention, legal aid emergency shelter, food and clothing. They also make referrals for credit
FORMULA/NUTRITION				
Peninsula Health District WIC	Peninsula Health District WIC Women Infants and Children East End Health Facility (WIC Services Only) 1022 20th Street	Ph:757- 247-2184 Fax: 757- 247-2291		The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding mothers.
Peninsula Health District WIC Program-Formula	Peninsula Health District WIC Program East End Health Facility (WIC Services Only) 1022 20th Street	Ph:757- 247-2184 Fax: 757- 247-2291		The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided. The WIC program provides the following formulas for infants: Similac Advance, Similac Isomil Advance. If a special formula is needed, provider should complete a WIC form. Request for special formula. Fax

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HOME CARE			
Affinity Care of Virginia (rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Affinity Care offers hospice care to individuals with terminal illnesses in Virginia. Hospice care focuses on providing terminally ill patients with end-of-life support services that improve their quality of life and allow them to pass with dignity and respect. As part of Affinity's hospice care, your loved one receives: pain and symptom management,home health care services,training on how to care for your loved one at home.access to social services,alternative therapies such as reiki, music, aroma, massage, equine, and virtual reality short-term inpatient care in
Agape Home Care (Rev.11/29/23)	Agape Home Care 299 McLaws Cir, Williamsburg, VA 23185	Ph:757-229-6115 Fax:757-229-6185 Email: info@agapehomecareva.com	Agape Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Always There Home Healthcare (Rev.11/29/23)	Always There Home Healthcare 705 Mobjack Pl suite b, Newport News, VA 23606	Ph:757-591-0020 Fax:757-310-6516	Always There Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Allegiance Home Care Services Inc. (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehealthservices.net	Allegiance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton, Williamsburg, They serve Hampton Roads Area. Please call for further information
Allegiance Home Care Services Inc.-Nursing Services (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehealthservices.net	Allegiance Home Care Services provides Private duty in-home care and Skilled Nursing.Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton,
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: brent.brady@cchnet.net	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making decisions. Care is provided for the patient and family
Angel Wings Home Care (Rev.11/29/23)	Angel Wings Family Services 6 W. County Street Hampton , VA 23666	Ph: 757-785-5439 Fax: 757-766-6007	Angel Wings Family Services LLC provides pediatric personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	Aveanna Healthcare Company	Ph:757- 461-6310 Fax:757-644-1670 Toll Free: 866-883-1188 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth, Newport News, Norfolk, Suffolk, Surry, Virginia Beach, Williamsburg, Yorktown. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury Program, Medicaid + MCO programs (Aetna Better Health, Anthem Healthplan, Blue Cross of Virginia, Blue Cross of Maryland, Capital City Health, Centura Health,

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Beacon Health Care Services, Inc.	Beacon Health Care Services, Inc.. 710 Denbigh Blvd, Bldg 7, Suite A Newport News, VA	Ph: 757-833-0430	Beacon Health Care Services, Inc. provides Home Health, Case management, private duty, skilled nursing, staff relief. Please call for further information.
By Grace Home Care (Rev.01/13/21)	558 Denbigh Blvd., Suite A Newport News, VA 23608	Ph: 757-833-0092 Fax: 757-833-0092 Email: bygracehomecare@aol.com Website: www.bygracehomecare.com	By Grace Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.
Care Advantage Home Health (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free: 1-866-576-7931 Fax: 757- 595-9677 E-mail: careadvantage@careadvantageinc.com Website: https://www.careadvantage.com	Care Advantage offices specialize in providing personal care, companionship and respite services. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area: Hanover, Hampton, Yorktown, Newport News and ~~Bedford~~ . Please call for further information.
Care Advantage Home Health- Nursing Services (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free: 1-866-576-7931 Fax: 757- 595-9677	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees.
Caregivers in-Home Care (Rev.11/29/23)	Caregivers in-Home Care 243 McLaws Cir #102, Williamsburg, VA 23185	Ph: 757-345-0393 Fax: 1-757-299-8039 Website: http://www.caregiver.com	Caregivers in-Home Care provides personal care services and respite for adults only. Medicaid and Private Pay are accepted. They serve Williamsburg And The Hampton Roads Area. Please call for further information.
Caring Hearts & Hands LLC (Rev.01/13/21)	734 City Center Blvd, Ste. C Newport News, VA 23606	Ph: 757-873-4000 Email: Caringheartsandhands1@gmail.com OR admin@caringheartsandhands.com	Caring Hearts & Hands LLC provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.
CDK (Comfort Dependable Kare Home Services) (Rev.01/13/21)	710 Denbigh Blvd., Suite 4B Newport News, VA 23608	Contact: Kesha Townsend Ph: 757-874-3050 Fax: 757-874-3289	Comfort Dependable Kare Home Services provides personal care services. Medicaid and Private Pay is accepted. They serve Hampton Roads Area. Please call for further information.
Circle of Life Home Care (Rev.01/13/21)	610 Thimble Shoals Blvd., Suite 301C Newport News, VA 23606	Contact: Jeania Ph: 757-599-0218 Email: Grandisoninfo@circleoflifehomecare.com	Circle of Life Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.
Concordia, Inc. (Rev.01/13/22)	Concordia, Inc. 729 Thimble Shoals Blvd, Suite 2-C Newport News, VA	Ph: 757-873-1966 Fax: 757-873-1648	Concordia, Inc. provides personal care services through EPSDT and respite services. Target Population: Pediatrics. Please call for further information.
Conglamorate Home Health Care (Rev.01/13/21)	2904 West Ave. Newport News, VA 23607	Contact: Rhonda Newsom Ph: 757-247-1268 Fax: 757-247-0982	Conglamorate Home Health Care provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.

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D&K Personal Care, Inc. (Rev.08/26/20)	1017 33rd Newport News VA 23607	Ph:757-812-2544	Service Facilitator for DD and CCC Plus Waiver. Please call for further information.
Direct Home Health Care (Rev.01/13/21)	729 Thimble Shoals Blvd., Suite 3A Newport News, VA 23606	Ph:757-223-1211 Fax:757-223-1477 Website:www.directhomehealth.com	Direct Home Health Care provides personal care services. Medicaid and Private Pay is accepted. Please call for further information.
Doreen Home Health Care (Rev.01/13/21)	739 Thimble Shoals Blvd., Suite 704 Newport News, VA 23606	Contact: Ashley Lawrence Ph:757-599-6600 Website:www.doreenhomehealthcare.com	Doreen Home Health Care provides personal care services. Medicaid and Private Pay is accepted. Please call for further information.
Family Centered Resources, Inc. (Rev.01/13/21)	742 Thimble Shoals Blvd., Suite B Newport News, VA 23606	Ph:757-806-6880/757-806-6912 Fax:757-706-3670	Family Centered Resources, Inc. Provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.
Friends Health Care Team-Annandale (Rev.11/10/22)	13632 Warwick Boulevard Newport News, VA 23602	Ph:757-746-9566 Fax.: 571-350-8225 Email:	Friends Health Care Team provides private duty nursing, personal care and respite services. Please call for further information.
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Freda H. Gordon Hospice and Palliative Care of Tidewater (Rev.03/05/25)	Freda H. Gordon Hospice and Palliative Care of Tidewater 5000 Corporate Woods Drive,	Ph: 757- 321-2242 Fax: 757- 321-2236	Hospice is about making the most of every moment. It is a holistic approach to the end of life, placing comfort and care as the primary source of intervention in a loved one's final journey. Patients and families receive the support and attention they
Gentiva Hospice (Rev.03/04/25)	Gentiva Hospice 5544 Greenwich Road, #302, Virginia Beach, VA, 23464	Ph:804- 290-4300 Email: Gentiva_CC_Referrals@gentivahs.com	Gentiva Hospice services are offered to all people during the end of life's journey. Staff of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors, and Physicians specialize in caring for those with a terminal diagnosis. Care is provided to patients with many types of diagnoses, including Alzheimer's,
Gerontecture-CCC Plus Waiver Facilitator (12/31/23)	4240 Birdella Dr, Williamsburg, VA 23188	Owner/Director: Charlie Martino Ph:757-426-4041 Email:Charlie@Gerontecture.com	CCC Plus Waiver Facilitator. Serves: Gloucester, Williamsburg/James City County, Hampton, Newport News, York, Poquoson
Grace Hospice (Rev.03/13/25)	Grace Hospice 7447 Central Business Park Drive, Suite 102 Norfolk, VA, 23513	Ph: 757- 644-0180 Fax: 877- 832-1084 Email: mobrien@ghospice.com	The goal of Grace hospice care is for the patient to remain as comfortable and pain-free as possible in their own home or the home of a loved one through the end of life. Care is provided by our team of physicians, nurses, hospice aides, social workers, chaplains and volunteers. Payment Method(s) Private Pay , Private

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Harbor Light Hospice of Virginia (Rev.03/14/25)	Harbor Light Hospice of Virginia 1064 Loftis Boulevard, Suite C-2, Newport News, VA, 23606	Ph: 757- 594-0288 Toll Free: 800- 409-9094 Fax: 757- 594-0388	Hospice Community Care of Virginia, Harbor Light Hospice, provides hospice care. Staff is committed to providing quality patient-centered end of life care with dignity and respect. Harbor Light Hospice is a philosophy of care, that assists patients, family, and friends, during the final stages of a terminal illness. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare , Veterans. Service Area: Chesapeake, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Williamsburg and York County. Please call for further information.
Heartland Hospice Care (Rev.03/14/25)	Heartland Hospice Care 41 Old Oyster Point Road , Suite D, Newport News, VA, 23602	Ph: 757- 594-8215 Toll Free: 800- 375-2488 Fax: 757- 594-8530	Heartland Hospice Care provides hospice services, specializing in symptom and pain management for individuals who have a life limiting illness. The hospice team works with the patient and his/her family to provide a comprehensive program of psychosocial and spiritual support, medications, therapies, patient and family education, comforting treatments, equipment and supplies and bereavement services. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare. Service Area: Gloucester , Hampton , James City County , New Kent , Newport News, Poquoson, Williamsburg and York County. Please call for further information.
Hope in Home Care, LLC – Personal Care (Rev.01/13/21)	749 J. Clyde Morris Blvd. Newport News, VA 23606	Ph: 757-873- 0030/0007/0046/8803 Fax: 757-873-0008 Website: www.hopeinhomecar	Hope in Home Care, LLC – Newport News provides personal care services and respite. Medicaid and Private Pay is accepted. They serve Hampton Roads Area. Please call for further information.
Hope In-Home Care-Nursing (Rev.01/13/21)	749 J. Clyde Morris Blvd Newport News VA 23606	Ph: 757-873-0030 757-455-0030 Fax: 757-873-0008 Website: www.hopeinhomecar	Hope In-Home Care is a Medicaid certified home health agency who provides private duty nursing, skilled nursing, personal care and respite services. Please call for further information.
I Am Companion Home Care, LLC (Rev.01/13/21)	813 Forest Dr., Suite 1 Newport News, VA 23606	Contact: Alexis Carter Administrator Ph: 757-599-0093 Fax: 757-599-0095 Website: http://www.iamcompanionhomecare.com	I Am Companion Home Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.
Interim Health Care Care (Rev.08/03/21)	Interim Health Care 703 Thimble Shoals Blvd, #303-B1 Newport News, VA 23606	*Michelle Sullivan, RN, Director of Nursing Ph: 757- 873-3313 Fax: 757- 873-4598	Interim Healthcare provides personal care services and respite. Skilled Nursing visits for ages 18 and up. Target Population: Children and Adults. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
JC's Care From Above, LLC (Rev.12/31/23)	607 Lynnhaven Pkwy Suite 111, Virginia Beach, VA 23452	Ph: 757-776-5513 Fax: 757- 917-5318 Website: https://jcscarefromabove.com	JC's Care From Above, LLC provides Personal Care Services and Respite, Private Duty Nursing and Home Health Care. Private Insurance, Tricare and Private Pay are accepted. They are may be accepting Medicaid in a near future. Ages: Children and Adults. They serve: Chesapeake Hampton Newport News Portsmouth

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Key Elements Care, LLC (Rev.12/31/23)	20 Research Drive, Suite 600 Hampton, VA 23666	Ph: 757-755-3289 Fax:757-766-0672 Email:info@keyelementscarellc.com	Key Elements Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-497-7401 Email:Lacasaincva@verizon.net	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Legacy Hospice (Rev.03/31/25)	11848 Rock Landing Drive, Suite 202, Newport News, VA, 23606	Ph: 757- 240-5775 Fax: 575- 240-5761	Legacy Hospice provides care for people with a life limiting illness in their home so the patient can be close to family and friends. Care is provided to all age groups during the final stages of life, including children, adults and the elderly. Legacy provides all clinical staff services, all medication for symptom control and pain relief, all needed medical equipment and respite care as needed. Support from a nurse and a counselor is available to patients and families 24 hours a day. Grief counseling and support is available for all ages. Cost & Payment Methods:Private Insurance , Medicaid , Medicare. Service Area: Chesapeake, Newport News, Norfolk, Portsmouth and Virginia Beach.
Marvina Home Care	Marvina Home Care 728 Blue Crab Rd, Suite B Newport News, VA	Ph: 757-595-0675	Marvina Home Care provides Home care and Personal Care. Please call for further information.
Maxim Healthcare Services, Inc. -Newport News (Rev.02/16/23)	11818 Rock Landing Dr. Suite 200 Newport News, VA 23606	Ph: 757- 595-8822 Fax:855- 415-4963 E-mail: newportnews@maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Insurance: Participates with Medicaid FFS, Medicaid Aetna, Medicaid Anthem, HealthKeepers Plus and Medicaid OptimaHealth. Please call for further information.
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family & Individual Support)	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in advocacy through community and state-wide networks and by
Personal Touch Home Care & Hospice of VA (Rev.08/03/21)	11817 Canon Blvd, Suite 300 Newport News, VA 23606	Ph: 757-595-8005 Fax:757-595-9131 Website:www.pthomecare.com	Personal Touch Home Care & Hospice of VA provides pediatric personal care services and respite. Medicaid and Private Pay is accepted. They serve Hampton Roads Area. Please call for further information.
Personal Touch Home Care & Hospice of VA-Service Facilitator (Rev.01/13/21)	733 Thimble Shoals Blvd., Suite 150 Newport News, VA 23606	Ph: 757-595-8005 Fax:757-595-9131 Website:www.pthomecare.com	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Progressive Healthcare Services (Rev.01/14/22)	716 Thimble Shoals Boulevard, Suite A Newport News, VA 23606	Ph:757-244-0511 Fax:757-578-8478	Progressive Healthcare Services provides pediatric personal care services through EPSDT and respite services. Please call for further information.
Riverside Home Health	Riverside Home Health 11833 Canon Blvd Suite 120	Ph: 757-594-5600 Website:www.riversideonline.com	Riverside Home Health provides skilled nursing services, health management. Please call for further information.

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Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Tama Home Health Care Services	Tama Home Health Care Services 600 Thimble Shoals Blvd Newport News, VA	Ph: 757-873-3315	Tama Home Health Care Services free initial assessment, home health aids, etc. Please call for further information.
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Your Care in Our Hands HHC (Rev.01/14/22)	6022 Jefferson Ave Suite 203 Newport News, VA 23605	Contact: Natasha Skipwith Ph:757-223-0376 Fax:757-223-0909	Your Care in Our Hands HHC provides personal care and respite. Please call for further information.
V. Jones Enterprises, Inc. (Rev.9/30/19)	727 J. Clyde Morris Blvd. Newport News, VA 23601	Ph: 757-310-6855	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Warwick Forest Palliative and Hospice Care (Rev.02/28/25)	1004 Old Denbigh Boulevard, Newport News, VA, 23602	Ph: 757- 875-2200 Fax: 757- 875-2036	Palliative and Hospice care are offered at The Gardens at Warwick Forest, which provides Medicare skilled services for those with a terminal diagnosis of six months or less, staff works closely with families to provide support, personal care, and pain
Welcome Homecare	Welcome Homecare	Ph:804-745-0054 Fax: 804-745-0388	Welcome Homecare provides adults and seniors with short-term nursing, rehabilitative, therapeutic, and assistive home health care services. Please call for further information.
HOUSING ASSISTANCE/HOUSING SERVICES			
Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program (Rev.01/26/22)	12829 Jefferson Avenue Suite 101 Newport News, VA 23608	Ph:757- 875-0060 Fax:757- 877-7883 Email: lgallagher@cceva.org Website: www.cceva.org	Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program is a non-profit HUD-approved housing counseling organization, designed to foster the development of whole family life in the community by providing various counseling and program services. They provide services to all people of all faiths. The following housing related services are available: Homebuyers Education (Including pre-purchase and post-purchase counseling) Mortgage Default Counseling Pre-Foreclosure Counseling Debt Management Service Credit Report Review and Counseling Financial Counseling

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Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from incarceration to community. The program provides stable housing and support services to increase the chance of success for a person leaving incarceration and returning to their community. An overnight staff member provides structure and guidance for residents. Each resident must look for and secure employment, work toward resolving any fines, and pay child support obligations. Residents can stay in the program for up to twelve months as long as they are actively working toward a healthy, stable life. Areas: Chesapeake, Gloucester, Hampton, Isle Of Wight,
Habitat for Humanity Peninsula	Habitat for Humanity Peninsula 809 Main Street Newport News, VA 23605	Ph: 757- 596-5553 Fax: 757- 591-0455 Website:www.help Habitatforh	Habitat for Humanity :Low income Peninsula residents with at least two family members and a credit rating that reflects responsibility, may contact the Peninsula Habitat for Humanity to file an application for home ownership. Applications are
Homeless Assistance Program -The Planning Council (Rev.08/10/22)	The Planning Council 2551 Eltham Avenue, Suite I Norfolk, VA 23513	Contact: Karen Griffith Continuum of Care Coordinator	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910 Email:	House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner, chapel services, bunk and showers.Eligibility:This program is a shelter for adult
LINK of Hampton Roads- Emergency Hurricane Shelter for the Homeless	10413 Warwick Boulevard, Newport News, VA 23601	Ph:757-595-1953 Fax: 757-595-3428	Emergency Hurricane Shelter for the Homeless provides emergency shelter for the homeless in the event of a hurricane or other natural disaster.Eligibility:This shelter is only open in the event of severe weather
Newport News Redevelopment and Housing Authority (Rev.06/18/24)	Newport News Redevelopment & Housing Authority 227 27th Street	Ph:757-928-2620 Fax:757-247-6535 Toll Free:1-800-955-2232	Newport News Redevelopment and Housing Authority works on housing issues on the peninsula area of Virginia. They primarily works to provide housing solutions for workforce families, low-income families and the elderly. Please call for further
Public Housing - U.S. Department of Housing and Urban Development	Newport News Redevelopment & Housing Authority 227 27th Street Newport News VA 23607	Ph:757-928-2620 Fax:757-247-6535 Toll Free:1-800-955-2232 &800-225-5342)	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high rise apartments for elderly families. There are approximately 1.2 million households
Housing Choice Voucher Program-U.S. Department of	Newport News Redevelopment & Housing Authority	Ph:757-928-2620 Fax:757-247-6535	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families.
Office of Native American Programs-U.S. Department of	Newport News Redevelopment & Housing Authority	Ph:757-928-2620 Fax:757-247-6535	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native
Newport News Office of	Newport News Office of Human	Ph:757- 643-4086; Fax:	Fair housing assistance; home equity conversion mortgage counseling; homebuyer
Peninsula Rescue Mission,	Peninsula Rescue Mission, Inc.- 212 W. Waller Mill Rd Suite 405	Ph: 757-380-6909 Fax: 757-699-6949	Peninsula Rescue Mission provides shelter for men ages 18 and over. Limited
Regional Housing Crisis Hotline	Regional Housing Crisis Hotline	Ph:866-750-4431.	A new regional Housing Crisis Hotline is now open so that with one call, anyone facing a housing crisis in Hampton Roads can reach over 1200 resources within 24 hours. If you or someone you know is experiencing any type of housing crisis call:866-750-4431.
The Stop Organization - Weatherization Program	The STOP Organization Weatherization Component 212 W. Waller Mill Rd Suite 405	Ph: 757-229-9332	STOP provides weatherization service to qualified low-income residents. The work is regulated by the Department of Energy and consists of reducing air leakage, wrapping water heaters, insulating and venting attics. This work is especially

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YMCA Virginia Peninsula	YMCA Virginia Peninsula 2702 Orcutt Avenue Newport News, VA 23607	Ph:757- 245-6026 Fax: 757- 247-6485	homebuyer education programs; prepurchase counseling; English only; Virginia Housing Development Authority.
INFORMATION AND REFERRAL/CARE			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph:757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination;
Disability Navigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630 N. Chesterfield, Virginia 23225	Ph:804- 525-7728 Toll Free:866- 393-0957 Email:	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial concerns, legal questions.
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/ Email:info@resources757.org	Resources 757 is a directory of resources for residents of Hampton Roads
Social Action Center, Inc.	St. Vincent De Paul Church 220 - 22nd Street 211 Virginia	Ph:757-380-1574	Social Action Center, Inc. provides information and referral and emergency food and clothing. Eligibility determined case by case. No fee.
211 Virginia (Rev.09/15/20)		Dial: 211 Website:. http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives; Job training; English as a second language classes.
United Way's First Call	739 Thimble Shoals Blvd., Suite 400 Newport News, VA 23606	Ph:757-594-INFO (757-594-4636)	United Way's First Call is a free 24-hour service sponsored by United Way of the Virginia Peninsula in cooperation with Riverside Health System, that serves as a link between local people in need and available community services. Also serves
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846) Website:https://victimconnect	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			
Affinity Care of Virginia (NEWPORT NEWS) (Rev.11/27/22)	714 Thimble Shoals Blvd, Suite C Newport News, VA 23606-2574	Ph: 757- 330-8050 Fax:757- 952-2656 Toll Free:888-517-9100	Affinity Care of Virginia mission is to provide the terminally ill patient and their loved ones with the support and care they require to live their lives comfortably. They provide a unique combination of hospice and residential services that allow
Community Alternatives Inc.	Community Alternatives Inc. 11835 Canon Blvd Suite 106-B Newport News, VA	Contact Terry Peters Ph:757-468-7000 Ext.154 Fax: 757-468-7007 Email:tpeters@comalt.org Admissions: Pam Little Ph:757- 468-7000 x 121 Email: plittle@comalt.org.	The OUDP provides community based experiences and services to individuals with mild, moderate and severe disabilities, some of which are described or diagnosed as having challenging behaviors. Typically individuals referred to OUDP will have found minimal success in other day support programs. OUDP provides multiple levels of structure tailored to the individual. OUDP offers opportunities and support for individuals with intellectual disabilities to experience and actively participate in the community through encouraging daily choices. The support offered enables
Intrepid USA Healthcare-	703 Thimble Shoals Blvd. Suite 600	Ph: 757-952-0799 Fax: 757-518-5516	Intrepid USA Healthcare provides Hospice at Home services that may include: Physician directed, day from 8am to 8pm, 7 days a week.
Mary Immaculate Hospital-Hospice	Mary Immaculate Hospice-Mary Immaculate Hospital 2 Barnading Drive	Ph:757-886-6000 Fax:757-866-6751 Website:www.hospiceourham	Mary Immaculate Hospice provides support to improve the quality of a seriously ill patient's life, as well as assist their families needs. Hospice services are available 24/265 days a year. The hospice team includes: Certified hospice nurses, Hospice

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The Arc Residential Services	The Arc residential services Newport News, VA	Contact Linda Kerns Ph:757- 896-8431 Email:lkerns@arcvav.org.	The Arc provides residential services in nine houses in Hampton and Newport News that provide a safe, supportive home for approximately 45 adults with disabilities. Each house is home to between four and six adults, who usually live there for many years as valued members of their community and neighborhood. Staff provide direct support 24 hours a day to ensure the safety and security of the home, and to assist with medical, personal and social activities, such as cooking meals and doing laundry. The Arc's homes are unique in that they offer a variety of
LEGAL RESOURCES			
Adult Protective Services (APS)	Rouse Tower, 6060 Jefferson Ave., Newport News, VA 23605	Newport News Department of Social Services	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age and older and incapacitated adults ages 18 and older. If protective services are
Center for Child & Family Services	739 Thimble Shoals Blvd., Suite 400	Ph:757- 838-1960 ext.303 Email:info@hiddendfamily.org	At the Center for Child & Family Services we believe every child deserves a safe and loving family. Our Safe Harbor Program, Child Intervention and Coaching
Center for Child & Family Services	739 Thimble Shoals Blvd., Suite 400	Ph:757- 838-1960 Email:info@hiddendfamily.org	The Latino Outreach Program provides families, children, and individuals with professional psychological services through an individual or group platform. The
Child Protective Services (CPS) (Rev,08/24/23)	Rouse Tower, 6060 Jefferson Ave., Newport News, VA 23605	Newport News Department of Social Services Ph: 757- 926-6300 Fax:757- 926-6118 Hotline:804-786-8536 Virginia Ph:800-552-7096 Out-of- State Website:https://www.dss.virgi	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also
Beavers Law, P.C.	710 Denbigh Blvd., suite 2E	Ph:757-234-4650	Beavers Law, P.C. provides the following legal services: Family Law, Adoption, Elder
Birth and Death Certificates- VDH Department of Vital	Birth and Death Certificates-VDH Department of Vital Records	Ph.: 804- 662-6200.	Certified copies of birth and death certificates for individuals who were born or died in News are issued by the Virginia Department of Public Health, Office of Vital
Catholic Charities of Eastern Virginia-Guardianship Program	12829 Jefferson Av Suite 101 Newport News, VA 23602	Contact: Ms.Mirlande Sledge Ph:757-467- 7707 Fax: 757-495- 3206 Web: www.cceva.org	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities' Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive on-going case management and on-going monitoring of their needs and services. In its role as Guardian, Catholic Charities assumes responsibility for the personal affairs of an incapacitated person, including responsibility for making decisions regarding the person's support, care, health,
Catholic Charities of Eastern Virginia-rep.Payee Program	12829 Jefferson Av Suite 101 Newport News, VA 23602	Ph:757- 456-2366, ext. 1017 Fax: 757- 495-3206 Website: www.cceva.org	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial accounts and the payment of their monthly bills. This is a role Catholic Charities can fill. Eligibility Criteria: The process begins with telephone intake and requires paperwork from the Social
Catholic Charities of Eastern Virginia- CARES services- Transportation Program	12829 Jefferson Av Suite 101 Newport News, VA 23602	Ph:757- 875-0060. Fax: 757-495-3206 Website: www.cceva.org	Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit

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Commonwealth Catholic Charities (Hampton Roads Office) (Rev.02/20/25)	12284 Warwick Blvd, 1A, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:sheila.marble@cccova	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications,Re-entry permits, Temporary
Division of Child Support	Division of Child Support	Ph:800-468-8894 Fax:	Division of Child Support Enforcement partners with federal, state, tribal and local
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300 Virginia	Ph: 757-938-9130 Website:http://jfshamptonroads.org/	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship case workers take on the role of caregiver. Individuals in
John W. Lee, PC (Rev.09/30/23)	Old Point Professional Park 11747 Jefferson Ave., suite 4B Newport News, VA. 23606	Ph:757-896-0677 (Free consultation) Website:https://hamptonroadslawfirm.com	John W. Lee, PC provides legal services in the following areas:Chapter 7 and Chapter 13 Bankruptcy,Uncontested Divorce,Child Support Law,Child Custody Law,Contested Divorce,Military Divorce Law,Separation Agreements,Prenuptial Agreements Alimony Law,Wills, Trusts & Estate Law,Misdemeanor Criminal Felony
Legal Aid Society-Legal Services of Eastern Virginia (Rev.10/28/20)	Legal Services of Eastern Virginia 30 West Queens Way Hampton, VA 23669 OR 2017 Cunningham Dr. Hampton, VA 23666	Ph: 757-275-0080 757-- 827-5078 Intake Toll Free:1-888-868-1072 (866- LEGL-AID). Email:nfo@laseva.org Fax:757-275-1105 Website: www.lscv.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer, employment, domestic relations, housing, government benefits, landlord/tenant, consumer, commercial They have a Disability Rights Unit. IMPORTANT NOTE: They assist in
Miller, Walsh, Kutz & Laster	12610 Patrick Henry drive, suite D	Ph:757-595-0123	Miller, Walsh, Kutz & Laster is a full service law firm providing quality legal
Newport News Victim Witness Program	Newport News Victim Witness Program	Ph:757- 926-7443 Fax:757-247-8474	Newport News Victim Witness Program goal is to insure that the rights of victims and witnesses are protected in the criminal justice process. The Victim/Witness
The Project for the Empowerment of Survivors (PES) Legal Services	The Project for the Empowerment of Survivors (PES) -Legal Services Virginia Sexual and Domestic	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email:	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are
Transitions Family Violence	Transitions Family Violence	Legal Advocacy Services	Transitions Family Violence Services offers legal advocacy services to help
Virginia Lawyer Referral	Virginia Lawyer Referral Service	Ph:800-552-7977	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the
William & Mary Law School-Elder & Disability Law Clinic (Rev.1/11/19)	W&M Law School Elder & Disability Law Clinic P.O. Box 8795 Williamsburg, VA 23187-8795	Ph: 757-221-7440 Fax: 757-221-1855 Email:elderlaw@wm.edu	The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to carry out those plans. Additionally, should the need arise, the Clinic provides advocacy for clients who are unable to speak for themselves
LGBTQ			
LGBTQ Partner Abuse & Trans Lifeline	LGBTQ Partner Abuse & Sexual	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the
Transgender Assistance	Trans Lifeline	Ph:877- 565-8860	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender
MEDICAL CARE	Virginia Beach	Ph: 757-563-4784	TAPVA offers safe emergency and temporary transitional housing to homeless

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Bon Secours Care A Van	4700 George Washington Hwy.	Ph: 757-889-5121	The Bon Secours Care-A-Van is a free medical service that provides general
Bon Secours Care-Medical Care	Bon Secours Care-A-Van, Calvary Chapel Newport News 361 Beechmont Drive, Newport News, VA 23608	Contact: Delores Price, Program Manager. Mary Immaculate Hospital Ph:757- 886-6511 Fax: 757- 886-6881	Bon Secours Care-A-Van, is a mobile health clinic that provides free healthcare services to people without insurance including babies, children and adults. Health Care services are available to everyone regardless of where you live. The Care-A-Van visit Calvary Chapel Newport News, 361 Beechmont Drive the 1st and 3rd Wednesday of each month. The staff will arrive at 9:00 am and depart at 5:00 pm. Registration for appointments will begin at 8:30 am.
Community Free Clinic of	727 25th Street	Ph:757- 594-4060	Community Free Clinic of Newport News provides medical care to uninsured
Ear, Nose & Throat-CHKD (Rev.5/8/19)	11783 Rock Landing Drive, Oyster Point Newport News, VA 23606	Ph:757-668-6466	ENT-EVMS offers the most advanced treatments for disorders of the ear, head and neck for patients of all ages. Please call for further information.
EVMS Hearing and Balance Center-CHKD (Rev.5/8/19)	11783 Rock Landing Drive, Oyster Point Newport News, VA 23606	Ph:757-668-6466	EVMS-CHKD Hearing and Balance Center provides diagnostic and rehabilitative services for patients with hearing loss, tinnitus, and balance abnormalities. Rehabilitative methods include: digital hearing aids, implantable hearing aids, cochlear implants, Baha devices, tinnitus sound generators and aural rehabilitation seminars. Their team of specially trained audiologists provide custom care plans to patients with hearing loss; audiologists work in conjunction with EVMS physicians and additional healthcare professionals to provide comprehensive hearing
Federal Community Health	Briarfield Elementary School	Ph: 757-247-2349	Health centers are community-based and patient-directed organizations that serve
Federal Community Health	EPES Elementary School (School	Ph: 757-886-7755	Health centers are community-based and patient-directed organizations that serve
H.E.L.P Free Clinic-Medical Care (Rev.03/04/24)	H.E.L.P Free Clinic 1320 LaSalle Avenue Hampton, VA 23669 Mailing address: PO	Ph: 757- 727-2577 Fax:757-723-0649 Website:: http://helpushelpu.org	Services: Adult acute and chronic exams, Health education, Heart healthy living medication education, Diabetes education, Asthma education, Nutrition education, radiology services and pharmacy services. Hours of operation: Hours: Monday – Thursday: 9 AM – 1 PM; 2 PM – 4 PM; Friday: 9 AM – 1PM. Eligibility
Herbert Wilson	Herbert Wilson 704 Thimble Shoals Blvd Suite 300A Newport News, VA 23606	Ph:757-595-4300 Fax: 757-591-9297	Do not accept Medicaid or Medicaid HMO's
LackleyFree Clinic -Medical Care (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry,Inc 1620 Old Williamsburg Road Yorktown,	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-	Services: Primary Care, Family medicine, school Physicals, Pediatric Services, Gynecological services, lab and X-ray services, Pharmacy services, Diabetic counseling, Spiritual counseling, Ophthalmology, Endocrinology, Rheumatology. Hours of operation: Monday–Thursday:8:30 a.m.–5:00 p.m. and Friday: 8:30
Lackey Virtual Care-Free Clinic -Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you

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Liberty Pediatrics(CMG)-CHKD	Liberty Pediatrics(CMG)-CHKD 606 Denbigh Blvd Ste. 400 Newport News , VA 23608	Ph:757- 833-0780	Liberty Pediatrics is conveniently located on the corner of Jefferson Avenue and Denbigh Boulevard. We specialize in the primary care of infants, children and adolescents. We pride ourselves on providing personal care in an unhurried, friendly atmosphere. Liberty Pediatrics offers same day appointments with minimal in-office wait times. We also provide free prenatal get-acquainted visits along with easy access to CHKD specialists. At Liberty Pediatrics, your child's health and development is our primary concern. We encourage regular checkups and immunizations to ensure good health and have convenient office hours for your family in the event of illness and injury. The friendly staff and dedicated
LGBTQ Life Center	LGBTQ Life Center 20 Settlers Landing Rd Hampton, VA 23669	Ph:757- 640-0929 OR 757- 200-9197 Fax:757- 622-8932 Email: info@lgbtlifecenter.org Website:https://lgbtlifecenter. org	LGBT Life Center provides free STD testing. No appointment needed. Last test begins 30 minutes before closing. Hours: Monday: 8:30am–5pm;Tuesday: 8:30am–8pm;Wednesday: 8:30am– 5pm;Thursday: 8:30am–8pm;(after 5pm, HIV/STD testing is at Monticello office only) and Friday: 8:30am–5pm. They also offer the Mobile Testing Unit, stop by for free, confidential testing. Most testing is completed within 20 minutes, but please plan on your entire visit taking 45 minutes (occasionally there's a wait).Spanish speaking staff is available upon request.
Maternal-Fetal Medicine Program-EMS (Rev.5/8/19)	10852 Warwick Boulevard Newport News, Virginia 23601	Ph:757-594-3636	The Maternal-Fetal Medicine Program (MFM) at Eastern Virginia Medical School (EVMS) is a division within the Department of Obstetrics and Gynecology; their physicians and staff are members of EVMS Medical Group, a not-for-profit practice supporting the mission of EVMS. The program serves all of Hampton Roads and its outlying communities. Each program's goal is to minimize the risk of specific medical conditions that could affect the mother or baby during pregnancy and include: Diabetes in Pregnancy Program HIV in Pregnancy Program Maternal
Medical Care for the Homeless	Healthcare for the Homeless 1033 28th Street Newport News VA 23607	Ph:757-591-0839 Fax: 757-952-0184 website:www.pich.org	Community Health Center. Eligibility requirements: proof of income and homeless status. Intake: Appointment based ,mobile unit and open access to care. Fees: no cost for care. Services: primary care only, referrals for specialty care. Hours of operation: 8:00am-5:00 Pm(M-F)
Medical Care-H.E.L.P	H.E.L.P Free Clinic 317 Rip Rap Road Hampton VA 23669	Ph: 757-723-0648 Fax:757-723-0649 Website:www.helphouse.org	Services: Adult acute and chronic exams, Health education, Heart healthy living medication education, Diabetes education, Asthma education, Nutrition education, radiology services and pharmacy services. Hours of operation: Monday, Tuesday, Thursday 5Pm-8pm,Wednesday 10Am-2Pm and 3:45Pm-7Pm.Eligibility requirements: Uninsured below 200%EPG proof of income required. Services are
Newport News Pediatrics (CMG) (Rev.03/31/25)	11760 Rock Landing Dr, Newport News, VA 23606	Ph:757- 668-6300 Toll-free: 757- 875-0200 Fax: 757- 668-6310 Website:https://www.chk.org /our-care/primary-care- pediatricians	Newport News Pediatrics friendly staff and dedicated pediatricians work to provide patients with the finest pediatric primary care. They focus on your child's health and well-being from birth through adolescence. Their team consists of five board-certified pediatricians and a nurse practitioner. Hours:Monday through Thursday: 7:30 a.m. - 5 p.m. and Friday: 8 a.m. - 5 p.m. Insurances Accepted: Aetna,Multiplan, Inc.,Virginia Health Network,Anthem,Sentara Health Plans,Virginia Medicaid,Beech Street,Tricare,Cigna and United Healthcare. Our Participation with the health plans and companies listed above are subject to change. Please call or visit the website for further information.

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Services Provided in Newport News City

Peninsula Health Department (03/31/24)	Peninsula Department of Health 36-A J Clyde Morris Blvd. Newport News Virginia 23601	Ph:757-594-7300 Fax:757-594-7714 Email: peninsula@vdh.virginia.gov Website:www.vdh.state.va.us /LHD/peninsula	Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis Screening programs, Disease Surveillance, influenza Surveillance. Eligibility requirement: Income information required. Charges vary according to income and services provided, sliding scale fees, certain services are free and few have flat rate. Intake procedure: Appointment based and walk in. Hours of operation: Monday through Friday 8:00AM to 4:30 PM. Coverage Area: Newport News, Williamsburg, Poquoson
Planned Parenthood of Southeastern Virginia	Planned Parenthood of Southeastern Virginia 910 W. Mercury Blvd Hampton, VA 23666	Ph:757- 826-2079	Planned Parenthood of Southeastern Virginia purpose is to offer contraceptive medical clinics, information and education, full option counseling, pregnancy testing, colposcopy and vasectomy services and public advocacy to residents in Southeastern Virginia. Confidential services are available to all persons regardless of age, sex or financial status. Services: Prenatal care, family planning, birth control, testing and counseling for HIV, testing and treatment for STD's for men and women, Assure permanent birth control procedure for women, colposcopy, cryotherapy and loop testing and treatment for VTIS. Hours: Vary - M-F 9-5 and Sat
Planned Parenthood (Rev.3/28/18)	403 Yale Drive Hampton, VA 23666	Ph:: 757-826-2079 Fax: 757-825-9165	Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. Services Offered: birth control, pregnancy testing and services, emergency contraception, general health care, STD testing, treatment and vaccines, HIV testing, women's health care, men's health care, Insurance: they accept many private and public insurance plans, self pay is also available for uninsured patients. Languages: English; Spanish; Interpretation by telephone available for other languages. Please
Project CARE-Network Provider for Uninsured Patients	Project CARE-Network Provider for Uninsured Patients 416 J. Clyde Morris Blvd Newport News, VA 23601	Ph.: 757-594-8413 Fax: 757-594-0944	Project CARE is an organization of free clinics, sliding scale clinics, physicians, and hospital partners working together to help those without insurance and with an income at or below 200% of the Federal Poverty Level get the health care services they need. We are not an insurance company, but rather a network of providers who volunteer their services for our patients. They connect patients referred to us with primary care providers, enabling them to get the regular care they need. If patients require testing or specialist physician services, we work with our partners
Riverside Medical Specialists	Riverside Medical Specialists	Ph: 757-534-6109	Accepts MCD HMO's
SEVHS (South Eastern Virginia Health System (formerly PICH)-48th Street Physicians Medical Care	SEVHS South Eastern Virginia Health System (formerly PICH) 48th Street Physicians 4714 Marshall Avenue	Ph: 757-380-8709 757-952-2160 Fax: 757-952-1345 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in
SEVHS (South Eastern Virginia Health System	SEVHS -East End Physicians 1033 28th Street	Ph: 757-380-8709 757-952-2160	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured
SEVHS (South Eastern Virginia Health System (formerly PICH)-Warwick Physicians	SEVHS-Warwick Boulevard Physicians 9294 Warwick Boulevard	Ph: 757-380-8709 757-223-7001 Fax:757-223-0839 Website:	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm
SEVHS (South Eastern Virginia Health System (formerly PICH)-Four Oaks Physicians Medical Care	Four Oaks Day Center 7401 Warwick Boulevard Newport News, VA 23607	Ph: 757-380-8709 757- 975-5200 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm
SEVHS (South Eastern Virginia Health System (formerly PICH)-Stoneybrook Physicians Medical Care	SEVHS-Stoneybrook Physicians 15425-H Warwick Blvd. Newport News, VA 23608	Ph: 757-380-8709 757-874-8400 Fax: 757-947-2001 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured

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Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website: http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self harm etc. They welcome the call of any transgender person in need.
Sentara Urgent Care- (Rev.03/31/25)	747 J. Clyde Morris Blvd. Newport News, VA 23601	Ph:757-772-6121 Fax: 757-267-9187	Sentara Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is available for uninsured individuals for clinical visit with Instant Lab Test – \$125, clinical visit with Services – \$195 and clinical visit with Procedure – \$250. Hours: Monday – Friday: 8:00am – 8:00pm
MEDICATION ASSISTANCE			
Catholic Charities of Eastern Virginia,	Catholic Charities of Eastern Virginia 12829 Jefferson Av Suite	Ph:757- 875-0060 Website: www.cceva.org	The Pharmacy Connection Program of CCEVA helps people receive their brand name medications directly from pharmaceutical companies free of charge. This
CVS Pharmacy #10453-24 HOURS (Rev.09/16/20)	CVS Pharmacy 12755 Jefferson Ave	Ph:757-877-3147 Website: cvs.com	CVS pharmacy offers 24 hours service. Free Rx delivery may be available. Please call for further information.
Denbigh Pharmacy (Rev.11/15/23)	13349 Warwick Blvd. Newport News, VA 23602	Ph: 757- 877-0253 Fax: 757- 872-9247 Website: https://www.myvnp.com	Denbigh Pharmacy provides Compounding pharmacy services. • Hours: Monday-Friday 9am-7pm and Saturday 9:30am-5pm. Will deliver to Newport News and Fort Eustis areas. \$1 delivery fee for non-Medicaid prescriptions and \$0 delivery fee
Glendale Pharmacy (Compound Pharmacy) (Rev.11/15/23)	12444 Warwick Blvd. Newport News, VA 23606	Ph.: 757- 595-3355 Fax: 757- 596-1863 Website: https://www.glendalepharm.net/	Glendale Pharmacy provides Compounding pharmacy services. • Hours: Monday-Friday 9am-6pm and Saturday 9am-2pm. Will deliver to Newport News & Hampton - \$2 delivery fee. • Limited compounds. Please call for further information.
The Medicap Pharmacy of Newport News (Rev.11/15/23)	956 J. Clyde Morris Blvd. Newport News, VA 23601	Ph:757- 599-9643 Fax: 757- 599-9647 Website: https://www.medicap.com	The Medicap Pharmacy of Newport News provides Compounding pharmacy services. Hours: Monday-Friday 9am-7pm. Free delivery to Newport News, Hampton and Yorktown.
Walgreens Pharmacy (Rev.09/16/20)	Walgreens Pharmacy 12750 Jefferson Ave Newport News VA	Ph:757-833-0339 Website: walgreens.com	Walgreens Pharmacy offers evening services. Hours: M-F, 7a-11p; Sat., 9a-6p; Sun., 10a-6p. Please call for further information.
MENTAL HEALTH/COUNSELING			
Adult and Child REACH- (Regional Educational	The Hampton-Newport News Community Services Board 200 Medical Drive	Emergency Services: Ph:757-788-0011 Children Behavioral Health	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a
AGAPE- Newport News	AGAPE- Newport News 443 Spratley Circle Newport News, VA 23602	Ph:757-236-6574	Provides comprehensive and multi-faceted counseling services. The primary emphasis is to equip the client with necessary tools and skills to improve their quality of life. Services: Marital Counseling. Home-based counseling, case management, substance abuse recovery and sexual offender therapy. Eligibility: Serves Newport News, Hampton, Williamsburg and Southside. All ages 5 to 99+ Please call for further information

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Alcove Health Pregnancy Services (Rev.10/30/23)	11101 Warwick Boulevard Newport News, VA 23601	Ph:757- 591-8141 Website: https://alcovehealth.org	Alcove Health is a safe space to process and learn all your options for pregnancy. You deserve medically-evidenced information to make the best decision for your reproductive health. That's why we provide caring, judgement-free pregnancy ~~services that put you first. From abortion consultations and ultrasounds to parenting~~
Alpha Counsellors Service, Inc. (Rev.9/13/18)	1503 Hardy Cash Drive Hampton, VA 23666	Ph:757- 262-2094 Fax:757- 262-2095 Email: aplacou@alphacounselors.com Website: www.alphacounselors.com	Alpha Counsellors Service, Inc. provides Therapeutic day program for children, in-home counseling, mentoring, fitness, nutrition, and substance abuse. Sex Offender therapy is also offered. Please call for further information.
Behavioral Health and Wellness Center (Rev.08/31/21)	Behavioral Health and Wellness Center 760 Pilot House Drive, Suite B Newport News, VA 23606	Contact: Mandy Verastek MSW Ph:757- 599-0012 Email: mandy.bhwc@gmail.com Website: www.bhwc-va.com	Behavioral Health and Wellness Center provides ABA (applied behavior analysis) services. Please call for further information.
Behavioral Medicine Institute	Behavioral Medicine Institute 606 Denbigh Blvd Newport News, VA	Ph:757- 872-8303	Behavioral Medicine Institute provides Psychotherapy services for children and adults.*does NOT accept HMO's, Healthkeepers, Optima or Sentara family care.
Behavioral Medicine Institute (BMI) (Rev.9/13/18)	12700 McManus Blvd., Suite 103 Newport News, VA 23602	Ph:757- 872-8303	Behavioral Medicine Institute (BMI) provides Cognitive-behavioral therapy, hypnosis, biofeedback, as well as traditional counseling services. Please call for further information.

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Blossom Behavioral Services (Rev.06/27/24)	Blossom Behavioral Services 763 J Clyde Morris Blvd, Suite 1C Newport News, VA 23601	Ph:757- 524-2510 Email:katie.fitterer@blossom behavioral.com OR emily.wilson@blossombehavi oral.com Website:www.blossombehavi	Blossom Behavioral Services provides ABA (applied behavior analysis) services.Please call for further information.
Catholic Charities of Hampton Roads	Catholic Charities of Hampton Roads 12829 Jefferson Ave Suite 101 Newport News, VA 23608	Ph: 757-875-0060 Fax: 757-877-7883 Main Office: 757-467-7707	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling, family counseling, clinical counseling. Spanish speaking therapist on staff. They accept FAMIS.
Center for Child & Family Services-Adult Anger Management Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.c om Website:https://kidsandfamili es.com	Center for Child & Family Services-Adult Anger Management program offers 6-12 week group therapy to treat community violence and meet court requirements for those that struggle with anger management outside of the family. Cost: \$55 - Assessment. \$25 per session (group), individual sessions are \$55 per session.The Center serves all individuals regardless of race, color, religion creed, gender, national origin, age, disability or sexual orientation. Hours: NEWPORT NEWS
Center for Child & Family Services-Youth Anger Management (PATTS)Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.c om Website:https://kidsandfamili es.com	PATTS utilizes group instruction and role play to help youth learn nonviolent conflict resolution skills, demonstrate more forgiveness in conflict situations and take responsibility for their choices and behavior. PATTS groups are designed to encourage peer support and reinforcement of positive behaviors and choices. Learning is encouraged through brainstorming sessions, activities and role plays. The Center serves all individuals regardless of race, color, religion creed, gender, national origin, age, disability or sexual orientation. Hours: NEWPORT NEWS office:Monday-Thursday: 9am-8pm,Friday: CLOSED,Saturday: 10am-1pm (by appointment only) and Sunday: CLOSED *Offices are closed from 12pm-12:30pm
Center for Child & Family Services-Youth Services	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 ext.329 Contact: Jennifer	LAUNCH: is a program designed for at risk youth to help them successfully transition into independent adulthood. Launch is a program designed to help youth
Center for Child & Family Services-Counseling Services	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.c om	Center for Child & Family Services provides individual, couple, marital,family therapy,child or youth therapy and trauma services to treat a wide range of issues. Some of these issues can include:Depression,Anxiety,Adjustment to life
Center for Child & Family Services-Prostitution and Solicitation Treatment	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.c om	Prostitution and Solicitation Treatment Program-PAST is a group for men who have a first time charge of solicitation of a prostitute. This group meets weekly for 8 weeks. Cost: \$55 -Assessment, \$55 per group session.The Center serves all
Center for Child & Family Services-Shoplifting Intervention Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.c om Website:https://kidsandfamili es.com	A treatment for men and women who have been charged with a shoplifting offense. This is three 1 hour sessions, plus assessment. Cost: \$55 -Assessment, \$55 per session.The Center serves all individuals regardless of race, color, religion creed, gender, national origin, age, disability or sexual orientation. Hours: NEWPORT NEWS office:Monday-Thursday: 9am-8pm,Friday: CLOSED,Saturday: 10am-1pm
Center for Child & Family Services-Trauma Support Psychotherapy	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.c om	The Center has a clinical staffed trained in the specialization of working with victims of trauma. They also have staff trained in Critical Incident Stress Management debriefing for organizational and community traumatic events. The center provides
Center for Child & Family Services-Services in Spanish-	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.c	The Latino Outreach Program provides families,children,and individuals with professional psychotherapy services through an individual or group platform. The program also works in conjunction with other agencies and institutions that pro

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Chessen & Associates (Rev.9/13/18)	Chesson and Associates 12420 Warwick Ave., Suite 7C Newport News, VA	Ph:757- 595-3900 Website:www.chessenassociates.com	Chessen and Associates provides Psychotherapy services for children and adults. Accepts Optima. Please call for further information.
Clinical Associates of Tidewater	Clinical Associates of Tidewater 12695 McManus Blvd Newport News, VA 23602	Ph:757- 877-7700 Fax: 872-7211 Website:www.catnn.com	Clinical Associates of Tidewater provides Psychotherapy services for children and adults. all PPO's, very few HMO's, but accept Healthkeepers, OFC, straight Medicaid – limited – appt. same day or next day likely.
Colonial Psychiatric Associates, LLC (Rev.9/13/18)	708 Mobjack Place Newport News, VA 23606	Ph:757- 873-1958	Colonial Psychiatric Associates, LLC provides counseling services, substance abuse counseling, Please call for further information.
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 11864 Canon Blvd., Suite 101 Newport News, VA 23606	Ph.:757-644-6391 Fax:757-622-2011 Website:www.compassyouthservices.com	Compass Behavioral Group provides full range of counseling and psychological services for children up to 18. Services include: Intensive in-Home Services, Skill Building,ABA Therapy, Crisis Intervention, Therapeutic Day Treatment, and Crisis intervention. Medicaid is accepted.
Comprehensive Autism Partnership, Inc. (Rev.-9/08/21)	Comprehensive Autism Partnership, Inc.	Ph:757- 655-7274 Peninsula Contact: Janae Ward, MA, BCBA, LBA Ph:616-295-0569	comprehensive Autism Partnership, Inc. provides ABA (applied behavior analysis) services. Please call for further information.
Counseling Services-South Eastern Virginia Health System (formerly PICH)	A PICH program 48th Street Physicians 4714 Marshall Avenue Newport News VA 23607	Ph: 757-380-8709 Fax: 757-928-0902 Website:www.pich.org	Community Health Center. Insurance accepted and sliding scale fees for uninsured. Services: counseling and case management.
Counseling Services-Stoneybrook Physicians	Stoneybrook Physicians 15425 -H Warwick Blvd Newport News, VA 23608	Ph: 757-874-8400 Fax: 757-874-2295 Website:www.pich.org	Community Health Center. Insurance accepted and sliding scale fees for uninsured. Services: counseling and case management.
Creative Counseling Center (Rev.9/13/18)	751 Thimble Shoals Blvd. Ste. K Newport News, VA 23606	Ph:757- 706-3404 or 757- 876-7194 Website:www.creativecounselingcenterva.com	Creative Counseling Center Inc., is a private counseling practice composed of two full time therapists who bring over 25 years of experience to the field of therapy. They are experienced in working with children, teens and their families, and incorporate creative approaches into counseling such as play and art therapy.
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
C. Waldo Scott Center for H.O.P.E.	C. Waldo Scott Center for H.O.P.E. 3100 Wickham Avenue Newport News, VA 23607	Ph: 757-244-9223	The Scott Center offers a variety of services from counseling to fun activities. Services include: individual/family counseling, mental health counseling, career assessment counseling, tutorial/homework club, computer lab, youth advisory, leadership training, health services, recreational activities, family support services,
Denise Keeley- LGBTQ Life Center Counselor	LGBTQ Life Center-Counseling Services 20 Settlers Landing Rd Hampton, VA 23669	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email:	Denise is a licensed clinical social worker experienced in working with LGBTQ clients, including those who identify as transgender. She provides LGBTQ affirming therapy and psychotherapy for adults, adolescents, and their families. She can also provide written documentation for those seeking referrals to medical doctors for

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Family Insight, P.C. (Rev.-9/08/21)	11835 Fishing Point Drive Newport News, VA 23606	Ph:757- 233-0003 Peninsula Office: Ph:757- 243-1033 Website:familyinsight.net	Family Insight, P.C. provides applied behavior analysis ABA therapies. Please call for further information.
Family Preservation Services (FPS) (Rev.01/08/21)	FPS Peninsula Office 739 Thimble Shoals Blvd. Suite 706 Newport News, VA 23606	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 757.873.0130 Fax: 757.595.0157	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child & Adolescent Services,
GAP-Governor's Access Plan	GAP-Governor's Access Plan MR/ID Waiver Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Magellan care manager Ph:1-800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph: 757-788-0300 Fax:757-788-0967 TDD: 757-245-	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant; No health insurance, including Medicaid, Children's
Genesis Counseling-Yorktown / Newport News (Rev.12/23/24)	Genesis Counseling 4034 George Washington Memorial Highway Yorktown, VA 23692	Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management,Anxiety,Art
Hampton-Newport News CIT-Crisis Intervention Team (Rev.02/23/21)	Hampton-Newport News -Crisis Intervention Team (CIT) 300 Medical Center Dr. Hampton, VA 23666	CIT Coordinator Dean Barker Ph:757- 788-0086 Fax: 757-726-5401 Email:rbarker@hnncsb.org	Officers on the Crisis Intervention Team are specially trained to recognize and de-escalate crises involving people with acute episodes of mental illness. The goal of the crisis team program is to reduce unnecessary restraint and incarceration of people with mental illness, and to provide them with appropriate treatment in the community.
Hampton Roads Neuropsychology, Inc.	Hampton Roads Neuropsychology, Inc. 712 Mobjack Place,	Ph: 757-498-9585 Fax: 757-468-1685 E-	Hampton Roads Neuropsychology offers accurate assessment and objective diagnostics to assist in the treatment of children, adults and seniors for a variety of
Innovative Counseling Services (Rev.07/01/21)	11815 Fountain Way Suite 800 Newport News, VA 23606	Ph:757-606-9388 Email:admin@innovativecounselingservices.org	Innovative Counseling provides Individual Counseling, Family and Group Counseling. Please call for further information.
James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatment	James Bentley Counseling Services provides the following Services:Counseling,Parent Education, Link the Client to Resources,Restore the Family Unit, Crisis Intervention, Communication Skills, anger Management,
James Bentley Treatment Program- Intensive Inhome	James Bentley Counseling Services	Ph:757- 399-3025 Email:	James Bentley Treatment Program provides intensive inhome services (IIH) for children ages 5 - 21.This program is for children who are at risk of removal from
LGBTQ Life Center-Counseling Services	LGBTQ Life Center-Counseling Services 20	Ph:757- 640-0929 Fax:757- 622-8932	LGBT Life Center provides mental health services to HIV positive, lesbian, gay, bisexual, and transgender individuals. They offer affordable, sliding scale services
LifeStance Health (Rev.09/25/24)	Newport News 580 City Center Boulevard Ste. 5	Newport News Ph:844-600-1522	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients

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Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).Maternal Mental Health Hotline is accessible by phone or text in English and Spanish.
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or
NAMI Connection Hampton/Newport News	NAMI Connection Hampton/Newport News	Contact: Ms. Charlee Redick	NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping
NAMI Family-to-Family	NAMI Family-to-Family Executive Towers 2101 Executive Dr.	Contact: Kathy Harmon Ph:757- 825-9124	NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Please call for further information.
NAMI Hampton/Newport News	NAMI Hampton/Newport News 100 Medical Drive, Suite A Hampton, VA 23666	Ph: 757- 556-8063 Email: gail.auman@verizon.net	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They advocate and educate people with
NAMI Peer-to-Peer	NAMI Peer-to-Peer Hampton CSB 100 Medical Drive, Suite A Hampton 23666	Contact:Thomara Ph:703- 200-9609 Email:tlshoulders@gmail.co	NAMI Peer-to-Peer is a unique, experiential learning program for people living with a mental illness who are interested in establishing and maintaining their wellness and recovery. Registration is required. Please call for further information.
NAMI Virginia's Statewide Helpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hlpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn
National Counseling Group-Mobile Crisis Stabilization (Rev.03/19/19)	National Counseling Group-Mobile Crisis Stabilization	24-Hour Crisis Response Team Ph:804-729-0102	National Counseling Group mobile crisis team provides professional and compassionate care in your home and community. Please call if an individual is experiencing any of the following events: Aggression or self-harm, Thoughts of suicide, Threatening behaviors, Dangerous decisionmaking, Extreme social isolation, Property destruction, Hallucinations or delusional thinking, Loss of coping skills, Behaviors that risk
National Counseling Group	National Counseling Group 729 Thimble Shoals Blvd. Suite 5-C Newport News, VA 23606	Ph:757-240-5595	National Counseling Group provides in home-therapy services for children ages 4-21. Juvenile Court referrals. Medicaid is accepted and CSA funding, self-pay, & adoption subsidies.
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 Veterans Crisis Line:	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

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Services Provided in Newport News City

Newport News Department of Human Services-"Coping with Grief and Loss Around the"	South Morrison Family Education Center, Classroom 6 746 Adams Drive	To register call Ms. Scott Ph:757- 369-6807.	The Empty Chair at the Table" and "Coping with Grief and Loss Around the Holidays." is for individuals who have loss a love one recently and their life has been changed forever. This workshop is offered to assist individuals in preparing
Newport News Department of Human Services-Healing the	South Morrison Family Ed. Center, classroom 4	To register call Ms. Scott	Healing the Hurts of the Past (Trauma Focused Series for Women)- This series is about "YOU"! As an individual. What has happened in your life that seems to make
Pathways Development Services, Inc. (Rev.9/13/18)	9286A Warwick Blvd. Newport News, 23607	Ph:757- 806-6800 Website:www.gopathwaysdsi nc.com	Pathways Development Services, Inc. provides Individual/couples/family counseling, in-home services, support groups. Please call for further information.
Peninsula Assessment Center	Peninsula Assessment Center 708 Mobjack Place Newport News, VA	Ph:757- 873-1958 Fax:757-873-2143	Peninsula Assessment Center provides Psychotherapy services for children and adults. Straight Medicaid and Medicaid HMO are accepted. No Virginia Premier.
Peninsula Pastoral Counseling Center, Inc.	Peninsula Pastoral Counseling Center, Inc. 707 Gumrock Court Newport News, VA 23606	Ph:757-873-2273 Fax:757-873-9422	The Peninsula Pastoral Counseling Center, Inc. purpose is to provide pastoral counseling, therapy, and educational services to individuals, couples, and families; to provide training for pastors, their congregations, other counseling professionals and their institutions. Services: Individual, pre-marital, marital, child and family counseling; family mediation services; counseling training for various credentials
Rock Landing Psychological Group, PLC (Rev.9/13/18)	Rock Landing Psychological Group, PLC 11825 Rock Landing Drive Newport News, VA	Ph:757- 873-1736 Fax:757- 873-1028 Website:www.rocklandingther apy.com	Rock Landing Psychologist Group provides Psychotherapy services for children and adults. Medicaid is accepted.
Structural Family Therapy	Structural Family Therapy Newport News Department of Social Services 6060 Jefferson Avenue Newport News, VA 23605	Ph:757-926-6300 Fax: 757-926-6118	The Structural Family Therapy program purpose is to provide counseling as an intervention to prevent child abuse and neglect, or placement of children in foster care for families where risk to the children has been identified, or counseling for the family is court ordered. Services: Family Counseling. Counseling is provided to
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email:info@thechasfoundatio n.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness, Increase access to effective treatment for the mentally ill, Save lives of those dealing with a mental illness by
The Counseling Center, LLC (Rev.9/13/18)	606 Denbigh Blvd. #405 Newport News, VA 23608	Ph:757- 833-8998 Website:www.thecounselingc tr.com	The Counseling Center, LLC provides traditional counseling services, substance abuse counseling, co-parenting classes, and more. Please call for further information.
The Empowerment Network,	1929 Coliseum Dr.	Ph:757-310-9530	The Empowerment Network, LLC is a Medicaid provider licensed by the
The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Ph: 757-788-0300 Emergency Services: Ph: 757-788-0011 GAP Fact Sheet For GAP information and Assistance	The Hampton-Newport News Community Services Board provides comprehensive mental health and substance abuse services and services for those with intellectual and developmental disabilities, for people of all ages who live in Hampton and Newport News.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Newport News City

Therapy Associates of Denbigh	Therapy Associates of Denbigh 12725 McManus Blvd Bldg. #2, Suite G Newport News, VA	Ph:757- 874-1676 Website:www.therapyassocia- tesofdenbigh.com	Therapy Associates of Denbigh provides Psychotherapy services for children and adults.*Medicaid is accepted only for therapy and Psychologist services. No psychiatrics services.
Transitions Family Violence Services-Counseling Services	Transitions Family Violence Services -Counseling Services P.O Box 561 Hampton, Virginia 22260	Ph:757- 728-2638 A.M.A.C Program Contact: Anne Graber, ATR Ph:757- 728-2638	Transitions Family Violence Services offers counseling services to women and children who may have experienced or witnessed domestic violence. A.M.A.C is a counseling program for Adults Molested as Children and is offered by appointment only. This service is confidential and available by appointment. Bilingual staff is available.
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's communities. Office Hours: M-F 9:00AM - 5:00PM
Virginia Psychological Services, PLC (Rev.9/13/18)	732 Thimble Shoals Blvd., Ste. #705 Newport News, VA	Ph:757- 873-4744	Virginia Psychological Services, PLC provides Individual/couples/family counseling. Please call for further information.
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities-Interpretation Services Program	Commonwealth Catholic Charities- Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@c- ccofva.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We are the Northern Virginia Area Health
Commonwealth Catholic Charities (Hampton Roads Office) (Rev.02/20/25)	740 Thimble Shoals Blvd. Suite F Newport News, VA 22606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:shela.marble@ccecfva.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General Immigration Work authorizing application Documents, Temporary
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Catholic Charities-Adoption Services (Rev.4/11/19)	12829 Jefferson Av Suite 101 Newport News, VA 23602	Ph:757- 456-2366 Email:adoption@cceva.org Website:	Catholic Charities offers programs and services for those who are considering adoption. These programs include Domestic Infant Adoption, Parental Placement Adoption Services, Domestic Home Study Services, Kinship Adoption, International
Catholic Charities-Pregnancy Counseling Services (Rev.4/22/19)	12829 Jefferson Av Suite 101 Newport News, VA 23602	Please call or text 757-274-4952	Catholic Charities provides free confidential counseling services to birth families who are experiencing an unplanned pregnancy; they help them reach decisions that are best for family and child. Please call or text for more information.

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Services Provided in Newport News City

Catholic Charities- Pregnancy and Parenting Support (Rev.4/22/19)	12829 Jefferson Av Suite 101 Newport News, VA 23602	Ph:757- 875-0060	Catholic Charities have Care Centers on the Southside and peninsula which offer free diapers and baby supplies to families in need. Case management services are also provided to help pregnant women and new parents make a safe parenting plan, and to discuss and address all of the family's needs. Families also receive help in connecting to other available community resources addressing needs such as: housing, employment, insurance, and education. Their staff will follow families
Center for Child & Family Services-Supervised Child Visitation	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 ext.303 Email:info@kidsandfamilies.com	At the Center for Child & Family Services we believe every child deserves a safe and loving family. Our Safe Harbor Parent - Child Interaction and Coaching Program can assist families in healing, understanding their child's behavior and
Center for Child & Family Services-Services in Spanish-Latino Outreach Program-	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.org	The Latino Outreach Program provides families, children, and individuals with professional psychotherapy services through an individual or group platform. The program also works in conjunction with other agencies and institutions that are already serving the Latino community. This includes schools, churches, and
Cooperative Parenting Program	Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite 101 Newport News, VA 23602	Ph: 757-875-0060	This is a Virginia Court Approved Program. Program helps parents and guardians to shield children from parental conflict, guide children through the process of recovery, reduce frustration and Anger, reduce behavior problems and potential for violence. Times: Tuesday and the Saturday of each month. Meet all for more information.
"Co-Parenting: In the Child's Best Interest" workshop-for custody and visitation parent	Bon Secours Mary Immaculate Hospital Health Resource Center 2 Bernardine Drive, Newport News, VA 23602	Contact: Delores Price Ph:757-886-6511 or email : delores_price@bshsi.org	Mary Immaculate Family Focus is pleased to sponsor the "Co-Parenting: In the Child's Best Interest" workshop. This four-hour custody and visitation parent education workshop is devoted to: Discussing the impact of family disruption on parents and children and how to best meet the needs of children who are leaving
FAMILY FOCUS	15446 Warwick Boulevard Newport News, VA 23608-1506	Ph:757-886-6000	FAMILY FOCUS is a non-profit family resource and support program serving families with young children including pregnant and parenting teens, as an organization provides support and strengthens families and promotes the well being of children through community-based and culturally sensitive programming.
FirstSpark (Rev.11/25/24)	FirstSpark Logo 11832 Canon Blvd., Suite F Newport News, VA 23606	Ph:757- 240-2731 Website:https://www.firstsparkva.org	FirstSpark is a nonprofit organization that provides education and resources to early childhood educators, along with connecting parents of young children with important information and resources. They serve Virginia's Greater Peninsula and Northern Neck that works alongside parents and educators by providing training, support programs and resources to ensure every child ages zero to five has access to the cognitive and social-emotional experiences that prepare them for
Hampton Roads Douلاس- LBR/Rev. 1/25/18)	Hampton Roads Douلاس-HRD	Ph: 757-349-6618 Email:office@hrdouلاس.com	Hampton Roads Douلاس-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They provide 24-hour
Healthy Families Partnership - Healthy Start Program	100 Old Hampton Lane, Suite 300, Hampton, VA 23669	Ph: 757- 926-6009 Website:http://www.hampton.va.us/healthyfamilies/	Healthy Families program is a comprehensive home visiting program for new and expectant parents. It is designed to help parents to be the best parents possible. It is an excellent resource for expecting families residing in Hampton. The program
Mothers' Club of Virginia --Baby Basics-Newport News	Mothers' Club of Virginia --Baby Basics-Newport News	Contact: Liz Marshall. Ph: 757-327-8896 Website: www.bbmomclub.com	Mothers' Club of Virginia --Baby Basics-Newport News is a free new program for pregnant women. The group is free, fun and on a drop-in basis and "All pregnant women are welcome, along with a friend or family member. Each person attending
Newport News DHS- Parenting Classes (Rev.02/27/20)	South Morrison Family Ed Center, Class 4 * 746 Adams Drive Newport News, VA 23601	Contact: Shardell Gerald Ph:757- 926-6480 Email: sgerald@nnva.gov.	Newport News DHS- Parenting Classes are free courses and upon completion of all requirements. Participants are awarded a certificate of completion at the end of the course. Classes includes: Infant Massage Course; Parenting the Six to Twelve Year Old Course; Active Parenting of Teens Course. Please contact or email Ms. Gerald to inquire about, or register to participate in a course.
Nurse Family Partnership-First Time Mothers (Rev. 4/18/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Email:	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will

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Parenting the Six to Twelve Year Old Course	South Morrison Family Ed. Center 746 Adams Drive	Ph:757- 369-6807 OP 757-369-6814	Parenting the Six to Twelve Year Old Course is a course for parents of the 6 to 12 years old child. This course takes a look at parenting through the developmental
Resource Mothers-Newport News	Resource Mothers Program 2410 Wickham Avenue Newport News VA 23607	Contact: Jennifer Williams Ph:757- 245-3271 ext. 320	Resource Mothers are lay community health workers who mentor pregnant teens through this difficult time in their lives and help them make the transition to parenthood. These adult role models have successfully raised their own children
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of
The Nurturing Program for parents-birth to 5 year old.	Bon Secours Mary Immaculate Hospital Health Resource Center 2 Bernardine Drive, Newport News, VA 23602	Contact: Delores Price Ph:757-886-6511 Email: delores_price@bshsi.org	The Nurturing Program is a nationally recognized parent education program that teaches highly effective parenting techniques. Nurturing is the foundation of strong and healthy parentchild relationships. This program gives parents and caregivers the skills, knowledge and desire to enhance the quality of their family life. The program is for parents/caregivers of children age birth to five years old. This program will address the following topics: Ages and stages of child development, Setting boundaries and creating family rules, Increasing self-esteem for both children and parents, Behavior management
The Virginia Supreme Court Co-Parenting Seminar- Newport News DHS- Parenting Classes (Rev.02/27/20)	South Morrison Family Ed Center, Class 4 * 746 Adams Drive Newport News, VA 23601	Contact: Shardell Gerald Ph:757- 926-6480 Email: sgerald@nnva.gov.	The Virginia Supreme Court Co-Parenting Seminar goal is to provide information for those parenting individuals involved in contested child custody, support and visitation cases. This is a 4-hour informational seminar, not meant to replace the standard court-ordered, multi-session parenting education courses. Topics
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev. 4/18/18)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of
RECREATION			
Boys and Girls Clubs of the Virginia Peninsula	Boys and Girls Clubs of the Virginia Peninsula Unit (United Way Code #7511) 429 Thorncliff Drive	Ph:757-872-4786 Fax: 757-833-5381	The Boys & Girls Clubs of the Virginia Peninsula is dedicated to serving the cultural, educational, and recreational needs of the youth of our community. We emphasize fun, good character, and responsible citizenship. They provide: A safe place to learn and grow. Ongoing relationships with caring adult
Boy Scouts of Virginia	Boy Scouts of Virginia 11721 Jefferson Avenue Newport News, VA 23606	Ph:757-595-3356 Fax:757-877-8611 Web Site: http://www.cvbhoyscouts.org	The Boy Scouts of Virginia Purpose is to serve others by helping to instill values in young people and in other ways to prepare them to make ethical choices during their lifetime. Eligibility: Boys 6-18 years of age, and girls 14-21.Please call for further information
Camp Hope Railway Adventure-Hope Church At Lee Hall (Rev.08/12/24)	17531 Warwick Blvd . Newport News, VA 23603 Mailing Address: P.O. Box 3077 Newport	Ph:757-887-5307 Email:HopeChurchNNVA@gmail.com Website:https://www.hopechurch.org	Camp Hope Railway Adventure-Hope Church At Lee Hall is designed for children 5- rising 6th grade. Activities includes: crafts,games,music,drama,adventuring,special guests and much more. Duration: one week (Monday-Friday from 9am-5pm) during the first week of August
4-H Community (New) Club forming for youth with Autism	New 4-H Community Club forming for youth with Autism	Contact: Karen Baker Virginia Cooperative Extension	4-H Positive Youth Development Club, is for youth ages: 8 – 13 years old and for youth with autism. Club members will have an opportunity to: Engage in hands on activities/projects about healthy-living, STEM, civic engagement, life skills & much
Girl Scout Council of Colonial Coast	Girl Scout Council of Colonial Coast 813 Forrest Drive, Suite B	Ph:757- 547-4405 Fax:757- 591-7217	Girl Scout Council of Colonial Coast promotes leadership development for girls in grades K through 12 by helping them discover, connect, and take action in their

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HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical School EV Williams Hall 855 W. Brambleton Ave Norfolk,	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757- 446-5708 Fax:757- 446-8408	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong and sure to be a great time in the classroom or at home.Please call or email for further information.
Newport News Therapeutic	Newport News Therapeutic	Ph:757-926-1400, Main	The Therapeutic Recreation Program provides a wide range of recreational
Newport News TRC Summer	Newport News TRC Summer	Contact: Jessica	Newport News TRC Summer Camp Program serves individuals with diagnosis of
Newport News YMCA	Newport News YMCA	Ph:757-245-0047	Newport News YMCA services include: School family fun nights, programs that can
Newport News Family YMCA-Day Camp Program	Newport News Family YMCA-Day Camp Program 7827 Warwick Blvd. Newport News, VA 23607	Ph:757-245-0047 Fax:757-244-7803	YMCA Day Camp is a traditional camp experience that develops spirit, mind and body. A fun daily schedule provides hours filled with excitement and new experiences. Activities include swimming, arts & crafts, new games, nature exploration, sports, songs, field trips and much more. The program stresses
Newport News 4-H Club- VA Cooperative Extension	Newport News 4-H Club- VA Cooperative Extension 739 Thimble Shoals Boulevard, Suite 1009	Ph: 757-591-4838 Fax:757-590-2057	Newport News 4-H Club- VA Cooperative Extension purpose is 4-H camp 5-19 during the summer. 4-H meets in winter, talent shows, presentation contest and school enrichment program. Eligibility: Boys and Girls 5-19. Access for individuals with disabilities: Yes. No Fee.
Newport News- Family Community Center- United Parks and Recreation	Newport News- Family Community Center- United Jewish Community Parks and Recreation Administrative Office 700 Town Center Drive Suite 320 Newport News, VA 23606	Ph:757-930-1422 Fax: 757-930-3762 Ph:757-926-1400 Fax:757-926-8728	The Newport News- Family Community Center- United Jewish Community of the Virginia Peninsula offers a wide variety of recreational programs for families, adults.
Planet Fitness-Free Summer Membership (Rev.06/21/22)	Newport News, VA 301B Oyster Point Rd Newport News, VA 23602	Ph:757- 269-0401 Website:https://www.planetfitness.com/gyms	Planet Fitness-Free Summer Membership program is for Teens 14-19; they can work out FREE with High School Summer Pass™. PLUS, when they sign up, they are automatically entered for a chance to win a \$5,000 scholarship*. *NO PUR NEC. Ages 14-19 (with parent approval if a minor). Ends 8/31. Void where prohibited. Please visit the website for further information.
The Boys & Girls Club of The Virginia Peninsula (Rev.08/26/20)	The Boys & Girls Club of The Virginia Peninsula Administrative Office 11825 Rock Landing Drive Chesapeake Building, Suite B Newport News, VA 23606	Ph:757- 223-7204 Fax:757-223-7206	Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and community involvement. Programs include: Character and Leadership, Education and Career Development, Health and Life Skills, The Arts, and Sports, Fitness and Recreation. Please call for further information.
The Boys & Girls Club of The Virginia Peninsula (Rev.08/26/20)	The Boys & Girls Club of The Virginia Peninsula - Greater Hampton Roads Unit 629 Hampton Ave, Newport News, VA 23607	Ph:757- 247-1364	Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and community involvement. Programs include: Character and Leadership, Education and Career Development, Health and Life Skills, The Arts, and Sports, Fitness and Recreation.

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The Boys & Girls Club of The Virginia Peninsula (Rev.08/26/20)	The Boys & Girls Club of The Virginia Peninsula - Peninsula Unit at New Beech Grove Baptist Church, 264 Beachmont Dr.	Ph:757- 877-4114	Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and community involvement. Programs include: Character and Leadership, Education and Career Development, Health and Life Skills, The Arts, and Sports, Fitness and Recreation. Please call for further information.
RESPIRE			
BREATHE: Special Needs Respite	BREATHE: Special Needs Respite100 Harpersville Road Newport News, VA 23601-2324	Contact:Christa Blomstrom Ph:757-595-0385 ext. 119 Email:cbloomstrom@olmc.org	BREATHE: Special Needs Respite is a new ministry at Our Lady of Mount Carmel Church seeking to provide a fun, safe, evening out for kids with special needs! The kids have cheese pizza, and participate in Stations, Games, Art, Gym and a Movie. Parents will register their children in advance, then drop them off for a night of fun provided by the BREATHE volunteers. This gives parents a chance to breathe by having a night out on the town. Please call for further information.
Care Advantage Home Health	Care Advantage Corporate Office 12528 Warwick Boulevard, Suite E Newport News, VA 23606	Ph:757- 595-9676 or 877-399-6529 Fax: 757- 595-9677	Care Advantage Home Health provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family member or primary caregiver and provides
Community Services Board- CSB's Respite Care Programs (Rev.04/20/23)	Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Families must call main number to be directed to the local CSB Ph: 757-788-0300 Fax:757-788-0967 TDD: 757-245-4812 OR Visit the website to find local CSB:Website: https://vacsb.org OR http://vacsb.org/community-services-boards-and-the-behavioral-authority-csbs	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Catholic Charities - In-Home Respite Care (Rev.4/23/19)	Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite 101	Ph:757- 875-0060	Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while you are away. Respite services DO NOT include bathing, personal care, housekeeping or transportation. Eligibility Criteria: Care receivers must be 60
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@g	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide
Interim HealthCare	Interim HealthCare 610 Thimble Shoals Blvd, #303-B	Ph:757- 873-3313 Website: www.interimhealthca	Interim HealthCare provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care
SAFETY			
Child Safety Seat Program (rev.06/11/24)	Child Safety Seat Program PAT of Williamsburg at Child	Ph: 757-566-3300 Fax: 757- 566-8977	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper

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Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website: https://poisonhelp.hrsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need over the phone. and most people do not have to go to a doctor or the hospital. They can also help to learn about your risks before an emergency. Please call for further information.
Project Lifesaver Newport News	Project Lifesaver Newport News Sheriff's Office 224 26th Street Newport News, VA 23607	Ph:757-926-3991 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support to law enforcement, public safety organizations and community groups throughout the country and nation. Please call for further information.
Smoke Detector Program (Rev.4/3/19)	The Newport News Fire Department	Free Smoke Alarm Hotline at 757-926-8009	Please contact The Newport News Fire Department to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke
SUBSTANCE ABUSE			
Affinity Healthcare Group Newport News	6000 Jefferson Avenue Newport News, VA, 23605	Ph: 757-933-2660	Affinity Healthcare Group Newport News is a leading provider of opioid addiction treatment services. They provide support for the whole family.
American Addiction Treatment Center (Rev.4/17/18)	12695 McManus Blvd, Building 2 Newport News, VA, 23602	Ph: 757-234-4139	American Addiction Treatment Center specializes in substance abuse treatment.
Center for Child & Family Services-Substance Use	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email: info@kidsandfamilies.com	Center for Child & Family Services provides gender specific and Trauma Informed substance use treatment for those, 18 and up, who have experienced negative impacts from substance use. Includes a combination of group and individual
Center for Child & Family Services-Services in Spanish-Latino Outreach Program-	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email: info@kidsandfamilies.com	The Latino Outreach Program provides families, children, and individuals with professional psychotherapy services through an individual or group platform. The program also works in conjunction with other agencies and institutions that are
Clinical Associates of Tidewater-Tobacco Cessation	12695 McManus Blvd. Building #8	Ph:757- 877-7700	Clinical Associates of Tidewater offers programs to help individuals with tobacco cessation. Please call for further information.
C. Waldo Scott Center for H.O.P.E.	C. Waldo Scott Center for H.O.P.E. 3100 Wickham Avenue	Ph: 757-244-9223	The Scott Center offers a variety of services from counseling to fun activities. Services include: individual/family counseling, mental health counseling, substance
Comprehensive Outpatient Services	Comprehensive Outpatient Services	Ph:757-594-7321 Fax: 757-594-7708	The Comprehensive Outpatient Services Programs provides Alcohol education, individual and group counseling, referrals to other agencies as needed, medical
GAP-Governor's Access Plan	GAP-Governor's Access Plan Hampton-Newport News	Magellan care manager Ph:1-800-424-4279	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services,
Get Off Your Butt: Stay Smokeless for Life"-Sentara	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and	Website: www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and

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Hampton-Newport News Community Services Board	Hampton-Newport News Community Services Board 300	Ph: 757-788-0300 Emergency Services:	The Hampton-Newport News Community Services Board provides comprehensive mental health and substance abuse services for people of all ages who live in
Hampton-Newport News CSB-Hampton Roads Clinic	Hampton-Newport News CSB-Hampton Roads Clinic	Ph:757-240-5223 24/7Access to Crisis Services	Hampton-Newport News CSB-Hampton Roads Clinic (HRC) provides comprehensive outpatient treatment and recovery services for individuals who have
Hampton-Newport News CSB-Partners in Recovery (PIR)	Hampton-Newport News CSB-Partners in Recovery (PIR)	Emergency Services: Ph:757-788-0400	Partners in Recovery provides comprehensive outpatient substance use and co-occurring treatment services for adults, age 18 and over. Services include:
Hampton Roads Clinic (Rev.4/17/18)	2712 Washington Avenue, Newport News, VA 23607	Ph: 757-240-5223	Hampton Roads Clinic specializes in substance abuse services (opioid addiction/abuse).
James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email:	James Bentley Counseling Services provides Substance Abuse Education, Psychiatric Evaluation & Treatment. Please call for further information. Psychiatric
Mary Immaculate Hospital Rehabilitation Services	2 Bernardine Drive Newport News, VA,	Ph:757- 886-6000 HOTLINE	Mary Immaculate Hospital Rehabilitation Services provides addiction treatment services.
Mid-Atlantic Teen Challenge	Mid-Atlantic Teen Challenge 9302 Warwick Blvd.	Ph:757-244-3733 Fax:757-244-3252	Mid-Atlantic Teen Challenge purpose is to use education, counseling, and Christ to provide long term recovery to substance abuse and life controlling problems.
Narcotics Anonymous (Rev.9/13/18)	Newport News, VA 23607	Ph:800- 509-4628	Narcotics Anonymous provides services and support to individuals desiring to stop using narcotics. Please call for further information.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a service
Peninsula ASAP	Peninsula ASAP 604 Morris Blvd. Newport News, VA 23604	Ph:757- 896-6822	The Peninsula ASAP Program Purpose ASAP is to reduce accidents and incidences of substance abuse which causes injury, death, property, and human damage. Services: Peninsula ASAP has developed three unique programs. For these people with an alcohol or drug problem there is a special program called
Peninsula Therapy Center, PLC -Juvenile Substance Use Didactic	610 Thimble Shoals Blvd Ste. 103 Newport News, VA 23606	Ph:757- 873-3353 Please contact The care Team Newport News:	Peninsula Therapy Center, PLC is starting a new juvenile substance use didactic group. This is a 60 minute psychoeducational group for juveniles 13-17 years old who are at risk for substance use, are suspected of substance use, those who have
Project LINK	Project LINK 500 Medical Drive, Suite B Hampton, VA 23666	Katalin Cannady Program Manager/Project LINK Coordinator Ph: 757-788-0547	Project LINK provides intensive gender-specific case management services to pregnant, post-partum and parenting women whose lives have been affected by substance use and/or co-occurring disorder. They provide the following services: childcare and transportation assistance to attend treatment for mental illness
Quit Smart Program- Clinical Associates of Tidewater	12695 McManus Boulevard Bldg. #8	Contact: Naomi Goldblum Ph.D.	Quit Smart Program- Clinical Associates of Tidewater provides classes and resources to help individuals with tobacco cessation. Please call for
Right Path Addiction Treatment Center (Rev.4/17/18)	Right Path Addiction Treatment Center	Main :Ph:757- 266-4090 Newport News : Ph:757- 913-5920 Website: http://www.rightpath	Right Path Addiction Treatment Center offers a number of treatment options for opioid addiction. Medicaid is accepted.

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SEFP-(South-Eastern Family Project) Hampton Newport News CSB (Rev-8/14/18)	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue Newport News, VA 23607	Ph:757-245-1070 Hampton-Newport News CSB 757- 788-0300 Fax: 757- 245-3507 Website:www.hnnncsb.org	SEFP (South-Eastern Family Project) Is a program from Hampton Newport News CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use disorders. Services are provided in a healthy, stable and secure residential environment where women and their children or newborns can remain together throughout the treatment stay. Target Group:
Smokeless Program- Riverside Wellness & Fitness Center -Tobacco Cessation (Rev.8/22/18)	12650 Jefferson Avenue Newport News, VA 23602	Ph:757- 875-7533	Smokeless Program- Riverside Wellness & Fitness Center provides classes and resources to help individuals with tobacco cessation. Please call for further information.
South-Eastern Family Project (SEPF) (Rev.4/17/18)	2351 Terminal Avenue Newport News, VA, 23607	Ph: 757-245-1070	South-Eastern Family Project (SEPF) provides comprehensive, residential treatment for pregnant and parenting women who have substance abuse disorders. They allow women and their newborns to remain together during their stay.
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism - Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat:https://www.lifeline-	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Up the Creek AFG Christ United Methodist Church	Contact: Barbara Ph:757-898-7887	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However,
The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Relationships with Serenity Warwick United Church of Christ	Contact: Joyce Ph:443-846-6546	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However,
The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Baby Steps Al-Anon Warwick United Church of Christ 10 Matoaka Ln Newport News, VA	Contact:M.E. Ph:757-812-9668	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Fridays 8:00 P.M. Student & Professional observers
The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Courage to Change AFG Denbigh Presbyterian Church 302 Denbigh Blvd Newport News, VA	Contact: Mary Ph:757-813-6067	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Saturdays 10:00 A.M. Student & Professional observers welcome. Language: English. No meetings on holidays. If NN schools closed by weather, no mtg.
The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Fresh Start AFG St. George's Episcopal Church 15446 Warwick Blvd Newport News, VA	Contact: Chris Ph:804-832-8884	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Sundays 7:00 P.M. Student & Professional observers welcome. Language: English. No meetings on holidays. If NN schools closed by
The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Serenity AFG Chestnut Memorial United Methodist Church	Contact: Chris Ph:804-832-8884	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance
The Center for Child and Family Services-New Start	2021 Cunningham Drive Suite 400 Hampton, VA 23666	Ph:757-838-1960 Fax:757-838-3280 Website:www.kidsgo4family.com	The Center for Child and Family services provides a trauma focused approach to substance abuse treatment for adolescents and young adults called "New Start ". The adolescents program (Ages 12-17) provides a treatment plan and assessment

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The Counseling Center	The Counseling Center Williamsburg Office 5244 Olde Towne Rd Williamsburg, VA 23185	Ph:757- 833-8998 Appointments: Ph:757- 826-4600 Fax:757- 229-4645 Email:dianne@thecounseling	Provides adult substance abuse screening and mental health assessments, intensive out patient treatment (day and evening) for alcohol and other drug abuse, adult substance abuse groups, individual, group, family and marital counseling. Services also include anger management groups, co-parenting classes, motivational enhancement group, relapse prevention group, family addictions
Youth Challenge of Hampton Roads (Rev.9/13/18)	332 34th Street Newport News, VA 23607	Ph:757- 244-1234 Website:www.youthchallengehope.org	Youth Challenge has been helping men and women facing addiction by providing faith-based recovery. The organization assist men and women with addiction & recovery through the residential program. Please call for further information.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
AGIS (American Guild for Infant Survival)-Support Group (SIDS)	AGIS (American Guild for Infant Survival)-Support Group (SIDS)	Contact: Eileen and Scott Hessek Ph: 757-463-3845 Email:agis@sids-supportguild.org OR Contact:	AGIS (American Guild for Infant Survival)-Support Group (SIDS)-is for who have experienced the death of a child through Sudden Infant Death Syndrome. Serves Tidewater and Peninsula.
Alateen/Alanon-Newport News	Alateen/Alanon-Newport News	Ph:757-875-9429 Hours: 24 hour call in	A fellowship of young people whose lives have been affected by someone else's drinking. Alateen members come together to: Share experiences, strength and
Arthritis Support Group	Arthritis Support Group Mary Immaculate Hospital	Contact: Susan Brennan Ph:757-886-6480	Arthritis Support Group is a support group for those with arthritis and their family and friends. Call for meeting times.
Bereavement Support Group for Parents-Bon Secours (Rev.02/24/23)	Bereavement Support Group for Parents-Bon Secours	Contact: Stephanie Thompson Ph:757-947-3420	Bereavement Support Group for Parents-Bon Secours is for parents who have experienced the death of a child.
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/23)	Bereavement Support Group for Parents-Compassionate Friends	Ph:757-384-0823 Email:peninsulatcf@live.com Toll Free:1-877-960-0010	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.
Bereavement Support Group-Forget ME NOT	Bereavement Support Group-Forget ME NOT	Contact: Steven Brown Ph:757-594-2745 Email:steven.brown@bshsi.or	Forget ME NOT-Bereavement Support Group is for anyone who has experienced the death of a baby during pregnancy, including stillbirths and ectopic pregnancy.
Bereavement Support Group for Parents-Riverside (Rev.02/24/23)	Bereavement Support Group for Parents-Riverside (Rev.02/24/23)	Contact:Steve McGee Ph:757-594-2745 Email:steven.mcgee@rivhs.c	Bereavement Support Group for Parents-Riverside is for anyone who has experienced the death of a baby during pregnancy, including stillbirths and ectopic pregnancy.
Brain Injury Survivor Support Group-Good Memory Habits	Brain Injury Survivor Support Group -Good Memory Habits At the Denbigh House	Support Group Coordinator Sara Lewis, Williamsburg, VA 757-784-0344 . OR 757- 833-	Brain Injury Survivor Support Group-Good Memory Habits provides support for people who have sustained brain injuries due to trauma (TBI), stroke, aneurysm, tumor, disease, or other neurological incident. Family, friends, & concerned people
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.

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Breastfeeding Support Group-Mary Immaculate Hospital	Breastfeeding Support Group-Mary Immaculate Hospital 2 Bernardine Dr.-Suite 205		Mary Immaculate Hospital is proud to host a support group for breastfeeding mothers. This support group is open to the public. Please join Becky Deal, Lactation Consultant for an opportunity to knowledge share and gain support with
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website:	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
La Leche League of Virginia Support Group	La Leche League of Virginia 1st Friday, 10:30 am Christ the King Episcopal Church	Contact: Gloria Ph: 757- 932- 0232Website:www.lllvawv.org	La Leche League Leaders are experienced mothers who are accredited by La Leche League International to help mothers and expectant mothers with all aspects of breastfeeding. They are available to address any breastfeeding questions or
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer participation and educational resources. This group is open to lung cancer survivors, their families, and friends to meet their unique needs.
Mended Hearts Virginia Peninsula Chapter 119	Mended Hearts Virginia Peninsula Chapter 119 Riverside Regional Medical Center 500 J. Clyde Morris Blvd Newport News, VA 23601	Ph:757- 594-1542	Mended Hearts is support group for people who had heart surgery, heart disease or interest in cardiovascular disease. It is a nonprofit organization closely affiliated with The American Heart Association and the Riverside Regional Medical Center. Please call for further information.
Mike's Camp (Rev.02/24/23)	Newport News	Contact:Beth Pile Ph: 757-737-2287	Mike's Camp is a grief support group where children 7-17 are paired with an adult to explore their grief and process their emotions.
Miracle Wings of Hope Support Group (Rev.03/09/20)	Miracle Wings of Hope Support Group	Contact Kathy: kgar1001@gmail.com	Miracle Wings of Hope Support Group is a monthly support group for parents of children & adults with Down Syndrome, Autism, and Intellectual
Newport News Support Group for Family Members or Caregivers With a Teen or Adult with Autism-Autism	Autism Society of Tidewater Peninsula School at The Faison Center 803 Diligence Drive Newport	Contact: Nicole Miller Ph:757-461-4474 RSVP on meeting at: https://www.meetup.com/tide	Autism Society of Tidewater support group for Family Members or Caregivers With a Teen or Adult with Autism was established to provide support to family members/caregivers of individual affected with Autism Spectrum, they provide support, resources and services. Parents, family members and caregivers only.
Peninsula Stroke Club	Peninsula Stroke Club 245 Chesapeake Avenue Newport News, VA 23607	Ph:757-928-8327	Peninsula Stroke Club offer social, emotional and educational support for individuals and families suffering a stroke. Access for individuals with disabilities: Yes.Meetings:1st Wednesday of month - 10:00 a.m. Riverside Rehabilitation Institute. Fee: No cost.
Perinatal Loss Support Group-Bon Secours (Rev.02/24/23)	Perinatal Loss Support Group-Bon Secours	Contact: Shannon Renfro Ph:757-947-3420 Email:shannon_renfro@bshsi.org	Perinatal Loss Support Group-Bon Secours is for anyone who has experienced the death of a baby during pregnancy, stillbirth or in the first months of life.
Postpartum Support Virginia-Support Group Via ZOOM (Rev.06/02/20)	Bon Secours Mary Immaculate	Contact : MaryImmaculate@postpartumva.org Registration link: https://us02.zoomblog.com/joining?meetingid=1346&joinurl=U9L-eeQhU4vZekG5BBvUQ1	Bon Secours Mary Immaculate is facilitating a virtual post partum support group via ZOOM. Times: for 1st and 3rd Tuesdays from 1:00-2:30 pm. Open to all mothers living in Virginia regardless of the age of their child/children. NO RSVP REQUIRED. No groups on major holidays. Please register

Services Provided in **Newport News City**

Postpartum Support Virginia- Military Moms (Langley) Support Group Via	Military Moms (Langley)	Contact: Langley@postpartumva.org Registration link:	Langley is facilitating a virtual post partum support group for military moms via ZOOM. Times:1st & 3rd Fridays from 1400-1530..Open to all mothers living in Virginia regardless of the age of their child/children. NO RSVP REQUIRED. No
Postpartum Support Virginia- Sentara Careplex Support Group Via ZOOM (Rev.06/02/20)	Sentara Careplex Support Group	Contact: Hampton@postpartumva.org Registration link: https://zoom.us/join/join?secret=1234567890	Sentara Careplex is facilitating a virtual post partum support group via ZOOM. Times:1st & 3rd Tuesdays from 6:30-8:00 pm.Open to all mothers living in Virginia regardless of the age of their child/children. NO RSVP REQUIRED. No groups on major holidays. Please register at: https://zoom.us/join/join?secret=1234567890
Postpartum Support Virginia- Breastfeeding Group (Riverside) Support Group Via ZOOM (Rev.06/02/20)	Breastfeeding Group (Riverside)	Contact: Riverside@postpartumva.org Registration link: https://zoom.us/join/join?secret=1234567890	Breastfeeding Group (Riverside) is facilitating a virtual post partum support group for breastfeeding moms via ZOOM. Times:2nd & 4th Tuesdays from 6:00-7:30 pm. Please register at: https://zoom.us/join/join?secret=1234567890
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev-	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebears.org/redb	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a
Support Group-Brain Injury	A program of Riverside Rehabilitation Institute	Intake:757-928-8327 WebSite:www.riversideonline.	Provides psychological, emotional, and social support for those recovering from any type of brain injury. No age limitation. No fee
Support Group Down	Down Syndrome Association of the	Intake: Kim Strickland	Provides social and educational events for individuals with Down syndrome and
Support Group for Caregivers	213 McLaws Circle Suite 2B	Intake Contact: Douglas	Providing programs and services to assist individuals throughout the disease
Support Group Circulo de Padres Hispanos/Hispanic Circle of Parents	A Program of Mary Immaculate Family Focus and First Baptist Church Newport News	Contact: Cecilia Gonzalez Ph: 757-812-4602 Email:CC.Gonzalez@cox.net	Hispanics Circle of Parents offers Free Parenting seminars, Children activities, Homemade dishes, Field trips, Crafts and Presentations. Meetings: Every Wednesday morning from 9:30 am-12:00pm.Parents must call for registration.
Support Group Círculo de Padres Hispanos/Hispanic Circle of Parents	A Program of Mary Immaculate Family Focus, St. George's Episcopal Church and Army Community Service Circle	Contact:Ariadna oliveras- Oquendo Ph: 757-833-3054 or Delores Price 757-886-	Hispanics Circle of Parents offers Free Parenting seminars, Children activities, Homemade dishes, Field trips, Crafts and Presentations. Meetings: Every Thursday morning from 9:30 am-12:00pm.Parents must call for registration.
Support Group For Grandparents and Other	South Morrison Family Ed. Center, Classroom 4	Contact:Ms. Scott to register.	Journey Through the 2nd Chapter of Parenting" for grandparents and relatives who are caretakers of relatives children. Participation is voluntary and free and the
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email:	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Brain Injury Family Support Group (Rev.5/15/18)	12725 McManus Blvd., Suite 2E, Newport News.	Contact Karen Grazionale Email:	The Brain Injury Family Support Group is designed specifically for the families and friends of someone who has suffered the effects of a brain injury. The group meets
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131 Norfolk VA 23502	Contact:Judith Millman, Facilitator Contact: Judy Judithmillman@aol.com Link:	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
The Star Legacy Foundation (Rev.09/15/20)	The Star Legacy Foundation	Ph:952- 715-7731ext.720 x720Website: https://starlegacyfoundation.org/virginia-	The Star Legacy Foundation are parents, grandparents, siblings, relatives, health care providers, and friends of beloved babies missing from their arms. Their mission is to educate the medical community and public about stillbirth, raise funds

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Transitions Family Violence Services-Women's Support Group	Transitions Family Violence Services -Women's Support Group P.O Box 561 Hampton	Ph:757-728-2639 HOTLINE:757- 723-7774 Ph:757- 722-2261 Fax: 757-723-2717	Transitions Family Violence Services offers a support group for victims of domestic violence; participants share their experiences of being in an abusive relationship and they find true compassion, real understanding, no judgments, and the comforting knowledge that they are not alone in this isolating event. As they
THERAPEUTIC FOSTER CARE			
THERAPIES			
Adler Therapy Group-Newport News Office (Rev.10/10/24)	11832 Rock Landing Drive, Suite 105 Newport, News, VA 23606	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygrou	Adler Therapy Group specializes in delivering Physical Therapy, Occupational Therapy, and Speech Language Pathology for pediatrics, adolescents and adults. Insurance: most major insurance networks are accepted. Must inquire about
CHKD outpatient PT/OT/SL at Oyster Point (Newport News)	11783 Rock Landing Drive Newport News, VA 23606	Ph:757-668-6359	CHKD's physical, occupational and speech services work to help children of all ages overcome and adapt to the challenges of developmental delay, disease or accident.
Dominion Pediatric Therapy - Dominion Physical Therapy & Associates (Rev.10/09/20)	Pediatric Therapy 729 Thimble Shoals Blvd., Suite 4C Newport News, VA 23606	Ph: 757- 873-2932 Fax: 757- 873-8780 Website:https://www.dompt.c om/physical-therapy-services1	Dominion Physical Therapy & Associates provides Physical/Occupational Therapy and Speech and Language Pathology Services for children. Please call for further information.
Dominion Physical Therapy & Associates (Rev.10/09/20)	466 Denbigh Blvd Newport News, VA 23608	Ph:757- 875-0861 Fax: 757-875-0981 Website:https://www.dompt.c om/physical-therapy	Dominion Physical Therapy & Associates provides the following services: Occupational and Speech Therapy (Pediatric only), Pre-Employment Evaluations, Physical Evaluations, and Workers' Compensation Programs, Expert Medical Witness, Fall Prevention, Mobilized Wheelchair Evaluations, Pre and Post Partum
Ivy Rehab-Newport News - Denbigh (Rev.06/16/22)	12610 Patrick Henry Dr. Unit H Newport News, VA 23602	Ph:757- 874-1470 Fax: 757- 874-1472 Website:https://www.ivyrehab .com	Ivy Rehab for Kids located in Newport News, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills, handwriting, mobility, self-regulation, developmental delays, motor coordination, social skills, or other needs, their compassionate team specializes in a variety of pediatric conditions and are dedicated to helping your child achieve their goals. Office Hours: Monday 8:00 am - 7:00 pm, Tuesday-7:00 am - 3:00 pm, Wednesday 8:00 am - 7:00 pm, Thursday 7:00 am - 7:00 pm, Friday-8:00 am - 5:00 pm and Saturday and Sunday Closed. Accepts most insurance plans including Medicare. Please call for further information.
Ivy Rehab-Newport News - Oyster Point (Rev.06/16/22)	803 Diligence Drive, Suite 100A Newport News, VA 23606	Ph:757- 782-2631 Fax: 757- 782-4806 Website:https://www.ivyrehab	Ivy Rehab for Kids located in Newport News, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They
Ivy Rehab for Kids-Newport News- Oyster Point (Kids) (Rev.06/16/22)	41 Old Oyster Point Rd, Suite E Newport News, VA 23602	Ph:757- 223-1466 Fax: 757- 223-1467 Website:https://www.ivyrehab	Ivy Rehab for Kids located in Newport News, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They

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Marvina Home Care	Marvina Home Care 728 Blue Crab Rd, Suite B Newport News, VA	Ph: 757-595-0675	Marvina Home Care provides Physical and Occupational therapies. Please call for further information.
Maxim Healthcare-In home physical therapy	Maxim Healthcare Services	Contact: for patients on Peninsula please call David at Ph: 757- 595-8822.	Maxim Healthcare Services provides in home physical therapy for patients throughout the Hampton Roads area, as the Newport News and Virginia Beach.
Personal Touch Homecare	Personal Touch Homecare ~~722 Thimble Shoals Blvd~~	Ph: 757-873-7386	Personal Touch Physical Therapy (PTTS) was developed to enhance the Agency's ~~ability to provide multi-disciplinary rehabilitation professionals to an all inclusive population of~~
Post-Partum Physical Therapy- Bon Secours In Motion (Rev.05223)	In Motion at Boo Williams Sportsplex Boo Williams Sportsplex 5 Armistead Pointe Parkway, Hampton, Virginia 23666 OR ~~In Motion at Mary Immaculate~~	Ph: 757-886-6480 Website: http://www.bonsecoursinmotion.com	Post-Partum Physical Therapy is for women who have just had a baby, a follow up with a physical therapist can develop a personalized plan to help alleviate post-partum discomforts such as: Back Pain, Scarring, C-Section, Episiotomy, or Perineal Tear, Pelvic Floor, Weakness and Incontinence. Early AM and late PM sessions available. No physician referral necessary. Most insurances accepted. Please call for further information
Professional Therapy Services	Professional Therapy Services 732 Thimble Shoals Blvd Newport News, VA	Ph: 757-873-7386	Professional Therapy Services provides complete at home assessment and physical therapy.
Riverside Home Health	Riverside Home Health 11833 Canon Blvd Suite 120 Newport News, VA	Ph: 757-594-5600 Website: www.riversideonline.com	Riverside Home Health provides professional therapy services.
Riverside Rehabilitation Institute	Riverside Rehabilitation Institute 245 Chesapeake Avenue Newport News, VA 23607	Ph: 757- 928-8000 - General Information 757- 928-8012 - Outpatient Therapy Information Website: www.riversideonline.com	Riverside Rehabilitation Institute ("RRI") is a 50-bed, full-service physical rehabilitation facility. It is licensed by the State of Virginia and nationally accredited by two independent and respected organizations (JCAHO, CARF). RRI can provide treatments for a wide range of conditions such as: Stroke, brain injury, general debilitation (weakness), spinal cord injury and other neurological conditions, orthopedics (joint replacement, fractures, arthritis), amputation. Eligibility: A

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Riverside Rehabilitation Institution, Brain Injury Program (Rev.9/17/18)	Riverside Rehabilitation Institute 245 Chesapeake Avenue Newport News, VA 23607	Ph:757- 928-8000 - General Information 757- 928-8012 - Outpatient Therapy Information Website: www.riversideonline.com	Riverside Rehabilitation Institution, Brain Injury Program serves adults and children with acquired or traumatic brain injury. Inpatient services includes acute rehabilitation. Outpatient program includes: occupational, physical, speech therapy, vocational rehabilitation, neurological and psychological testing. Each case is treated as unique with specially designed treatment programs tailored to the individual and family needs. Please call for further information.
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877-	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM	Molina Healthcare of Virginia CCC Plus and DD Waivers Molina (Medallion 4.0)-MTM Medicaid	Ph:877-790-9472 Molina Healthcare (Medallion 4.0)	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion 4.0) (Rev.02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Ph:877-892-3986 Sentara CCC Plus and Sentara Health (Medallion - 4.0) Ph:877-892-3986	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency medical transportation. All trips must be arranged and confirmed by Verida 72 hours ahead (3 business days).
Ride On Bus Pass Program for Newport News Youth	Ride On Bus Pass Program for Newport News Youth	Ph:757-926-1400. Website To see the rulers: http://www.npsny.com/parker	Newport News Youth (age 17 and under, must be at least 38" tall) can register to receive a Ride On Bus Card good for unlimited free bus rides on any regular routes of Hampton Roads Transit originating in Newport News. A pictured ID AND the
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by
United Healthcare Community Plan CCC Plus- and United Healthcare Medallion 4.0	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by
VISION/SIGHT			

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America's Best	America's Best 12551 Jefferson Ave Suite 249 Newport News VA 23602	Ph:757-988-2080	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$45, visual field test \$15. Please call for further information.
ClearVision Optometry (Rev.7/22/19)	422 Oriana Road Newport News, VA 23608	Ph:757- 349-8618 Fax: 757- 875-0695	ClearVision Optometry has been a leading provider of optometry services and vision care products in the Newport News and Yorktown communities. Major insurance are accepted. Uninsured individuals are welcome please call to inquire about the fees.
LackleyFree Clinic - Ophtalmology (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry, Inc 1620 Old Williamsburg Road Yorktown	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours Fax: 757-	Lackey Clinic is a faith-based nonprofit providing free eye care to adults without medical insurance. Our working-class patients earn too much to qualify for Virginia Medicaid but not enough to afford quality medical insurance, usually earning between \$10-\$25 an hour. Lackey Clinic's Eye Care Program uses state of the art
Lions Club International-Sight Programs (Rev.11/15/22)	Lions Club International-Sight and Hearing Aids Programs	Newport News Warwick Lions Club Email:Newportnewswarwicklionsclub@gmail.com	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Peninsula Health District 416 J. Clyde Morris Blvd Newport News VA 23601	Call to request Screening: Ph:757-594-7426 Fax:757-594-7714	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer-Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.

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Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Hampton-Newport News Community Services Board 300 Medical Drive, 2nd Floor Hampton, VA 23666	Main:757- 788-0560 Website: https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Families must call main number to be directed to the local CSB Ph: 757-788-0300 Fax:757-788-0967 TDD: 757-245-4812 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Community Living (CL) Waiver	CL Waiver Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Families must call main number to be directed to the local CSB Ph: 757-788-0300 Fax: 757-788-0967 TDD: 757-245-4812 OR Visit the website to find local CSB: Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).
Family and Individual Support (FIS) Waiver	FIS Waiver Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666	Families must call main number to be directed to the local CSB Ph: 757-788-0300 Fax: 757-788-0967 TDD: 757-245-4812 OR Visit the website to find local CSB: Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	741 Monticello Avenue, Norfolk, VA 23510	Norfolk Department of Social Services Ph:757- 664-6000 Fax:757-664-3275 Hotline: 1-800-664-3275	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may assess for a wide variety of needs.
Child Protective Services (CPS) (Rev.08/24/23)	741 Monticello Avenue, Norfolk, VA 23510	Norfolk Department of Social Services Ph:757- 664-6000 Fax:757-664-3275 Hotline:804-786-8536 Virginia Ph:800-552-7096 Out-of-State	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for
CASA Inc.-Norfolk	Norfolk CASA 800 E. City Hall Avenue, 3rd Floor Norfolk, VA 23510	Ph.: 757-683-2272	CASA volunteers are appointed by judges to advocate for neglected/abused children. Assist children with their personal/legal problems. Also helps to find a safe, permanent home for neglected
Honey Low-Education Advocate (Rev.09/18/20)	Honey Low-Education Advocate	Active duty military members 757-434-0156 Nonmilitary (sliding scale) Contact: Debbie Mayer with	Honey Low goal is to assist parents in achieving an appropriate education for their child. Please call for further information.
Kin and Kids Consulting (Rev.1/22/19)	Kin and Kids Consulting 6300 East Virginia Beach Blvd Norfolk VA 23502	Contact: Dr. Kathy Dial Ph:757-434-5162 Email: kinandkidsconsulting@cox.net	Kin and Kids Consulting was established to expand the services for Kinship Care and Aging Services based on years of community service and social action. They promote health, well-being and family stability by providing education, training, program development, and supportive
Medicaid Waiver Technical Assistance Center	Medicaid Waiver Technical Assistance Center Endependence Center, Inc. 6300 E. Virginia Beach Blvd.,	Contact: Maureen Hollowell, Director of Advocacy and Services Ph: 757-351-1584	Medicaid Waiver mentors are on hand to assist with the Medicaid waiver application process. See the website address for a link to their informational booklet.
National Center for Victims of Crime	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat Email:help@humantraffickinghotli	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops, mentoring sessions, summer camps, school visits, and community support.

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The Endependence Center-Disability Advocacy and Services	The Endependence Center-Disability Advocacy and Services	Ph:757- 461 -8007 Website:www.endependence.org	The Endependence Center provides the following services: Information and Referral, Medicaid Advocacy, Peer Counseling/Individual Advocacy Hearing Outreach, Advocacy Group/Independent Living Skills Training Social Security Work Incentives/Employment Network, Housing
VersAbility Resources	8401 Hampton Boulevard, Norfolk, VA 23505	Ph:757- 896-6461	VersAbility Resources supports people with disabilities throughout their lives in employment, community living, day support
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue Norfolk VA 23508	Ph.: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. The program supports policies that contribute to the elimination of racism. This includes but is not limited to
ASSISTIVE TECHNOLOGY			

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Cerebral Palsy Association of Virginia	Cerebral Palsy Association of Virginia 5825 Arrowhead Drive Suite 201 Virginia Beach, VA 23462	Intake Contact: Patricia Coale Email:ucpofva@pilot.infi.net Ph:757-497-7474 Fax:757-497-0868	Provides assistive technology devices - adapted toys, homes items, switches, games, augmentative communication devices, and computer peripherals available to be checked out by families of persons with disabilities for short-term trial use at home. Books, videos and other resources are also available. Programs with disabilities with developmental disabilities.
Rehab Health Care - Assistive Technology	Rehab Health Care - Assistive Technology 5873 Poplar Hall Drive Norfolk, VA 23502	Ph:757-466-1553 OR 757-466-8536	Provides assistive technology equipment to children and adults with disabilities. Conditions: (Other), Blind / Vision Impaired, Deaf / Hearing Impaired, Disabilities, Dual Sensory Impaired, Special Needs.
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health PO Box 1980 Norfolk, Virginia 23501	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@summa.edu	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work environments.
Kitty Katz, International Board Certified Lactation Consultant Children's Hospital of	Kitty Katz Children's Hospital of the King's Daughters 4104 Hawksley Drive	Ph: 757-483-6820 Practice: Hospital	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant. Information about practices that
Liz Flight, International Board Certified	Liz Flight Tidewater Lactation Group, Inc.	Ph: 757.618.6311 OR 757.618-6311	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with:
Michelle Brenner, International Board Certified Lactation	Michelle Brenner 9579 28th Bay St. Norfolk, VA 23518	Ph: 757-.668-7179 Practice: Hospital	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding
Report a Breastfeeding Incident-CINCH- Consortium for Infant	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child	Contact: Tierra Langley Ph:757-446-5708 OR	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to
Susan Hatcher, International Board Certified Lactation Consultant	Susan Hatcher Healthsource for Women 801 Volvo Parkway St 122 Chesapeake, VA 22220-2800	Ph: 757.436.3233 Practice: Private Practice	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant. Information about practices that promote successful breastfeeding. Preventing and managing common
WIC Program- Lactation/Breastfeeding Classes (Rev.12/03/19)	Berkley WIC Clinic 925 South Main Street Norfolk, VA 23523 Wednesday's only: 8:30 a.m. through 5 p.m.	Contact: Tanika Jones Berkley WIC Clinic Ph: 757-355-5567 Fax: 757-494-5845	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
BURIAL ASSISTANCE			

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Burial Expenses Assistance-Norfolk Department of Human Services (Rev.10/22/20)	Norfolk Department of Human Services 741 Monticello Avenue Norfolk, VA 23510-1506 OR 201 E Little Creek Road. Norfolk, VA 23505	Ph:757- 664-6000 Fax:757- 664-3275 Website: http://www.norfolk.gov/HumanS...	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further information
Burial Expenses Assistance-Indigent Residents-Norfolk Department of Human Services (Rev.10/22/20)	Norfolk Department of Human Services 741 Monticello Avenue Norfolk, VA 23510-1506 OR 201 E Little Creek Road. Norfolk, VA 23505	Ph:757- 664-3345 Fax:757- 664-3275 Website: http://www.norfolk.gov/HumanS...	A cash assistance program providing funds to indigent residents of Norfolk for assistance with burials and cremations. Based on the qualifications of the deceased, a family member, friend or representative of a deceased citizen may receive a vendor payment paid directly to participating Funeral Homes to assist with final burial expenses. Please contact Norfolk Department of Human Services.
CHILD CARE			
After School Care -	After School Care - Norfolk, Blocker	Intake 757-962-5505	Provides after school care for children ages 5 to 13 years old. Limited
Apple Tree Learning	Apple Tree Learning Center 1127	Ph:757-457-7979	Apple Tree Learning Center is delighted to offer our children
Before/After School	Before/After School Program -	Child Day Care, Recreation	This before and after school care program is adjacent to the elementary
Belinda Talliere -	Belinda Talliere - Norfolk, VA	Ph: 757-681-7603	Belinda provides child care in her home for children ages 2 -

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Child Care Assistance - Norfolk, Norfolk Department of Human	Child Care Assistance - Norfolk, Norfolk Department of Human Services	Child Day Care, Social Service Departments/DSS Main:757-664-6175	Aids eligible families in the arrangement and/or purchase of childcare for their children. This program helps promote: parental choice and consumer education by giving parents information to make informed
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866-	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to
Child Care Resource & Children's Harbor-	Child Care Resource & Referral - Children's Harbor Norfolk	Child Day Care Ph:757-622-0900	Provides daycare/child care referrals for parents. Distributes Children's Harbor is nationally accredited school age child care
Old Dominion	Old Dominion University Child	Ph:757-683-3320	Old Dominion University Child Development Center provides
Precious Pearls, Inc.-	Precious Pearls, Inc. -For Children	Contact: Diane Davis	Precious Pearls is a childcare center for children with special needs
STOP Inc.-Childcare Financial Assistance - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescent	Childcare has always been one of the most challenging barriers to employment retention for the working parents served by STOP. The goal of this initiative is to help relieve the financial burden endured by low and moderate income working parents due to childcare costs.
YWCA of South	YWCA of South Hampton Roads	Ph.: 757-625-4248	YWCA of South Hampton Roads is committed to helping families in
DENTAL CARE			
Chesapeake Care Free Clinic-Dental Services (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org	Dental Care is provided as follows: Extractions, Restorations, Comprehensive dental exams to determine treatment needed, Cleanings with hygienist. Eligibility requirement: Resident of Hampton Roads ,No dental insurance,(including Medicaid, Medicare, or VA
Coastal Pediatric Dental and Anesthesia(Rev. 6/4/18)	6161 Kempsville Road, Suite 345 Norfolk, VA 23502	Ph:757- 963-0001	Coastal Pediatric Dental and Anesthesia specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's.Staff:Kari Cwiak, DMD.Other:Anesthesiologist on staff with two category 1 OR suites. Deep sedation Age: Will see up to age of 20 year olds with Medicaid
ODU Dental Hygiene Care Facility (Rev.03/15/24)	Old Dominion University Dental Hygiene Care Facility ODU Health Sciences Building 1090 46th Street Norfolk, VA 23529 1st Floor.	Ph:757- 683-4308 Email:leusner@odu.edu Website: https://www.odu.edu/konikoff-dental-hygiene-care-facility	Dental care services for children and adults. Services provided: Oral cancer screenings, Dental and Periodontal Charting, Oral Prophylaxis, Therapeutic Scaling, Extrinsic, Stain Removal, Soft Tissue management, Fluoride Therapy, Dental, Sealants, Prosthetic (Denture/Partial) Cleaning, Custom Athletic Mouth guard, Custom Fluoride Tray, Radiographic Services(if indicated), Up to Four
Park Place Family Medical Center-Dental Services (Rev.03/04/24)	Park Place Health Clinic- Dental Services 606 W. 29th Street Norfolk, VA 23508 Located in the Park Place Multi-purpose Community Center	Ph:757-683-2692 & Fax: 757-683-9240 Website:http://www.parkplaceclini c.org/Services-and-Screenings.html	Park Place Health & Dental Clinic, Inc. provides services to the homeless, low-income and underserved residents of the city of Norfolk. Services: provides low cost services for those who qualify:Extractions,Fillings,Cleanings. Fees: For New Patients: The \$25 fee is due when submitting the application. That fee covers your first appointment cost. Any other follow up appointments needed are then \$25 each after that. Limited Availability:Dentures \$200 per arch and Partials \$100 per partial. Eligibility: clinic is for those with no kind of
Donated Dental Services (DDS)-Dental Lifeline Network.	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	Tto request an application: Ph: 757-502--7400 Ext 3 Fax: 877- 231-0196 Dental Coordinator -	Donated Dental Services is a national program of the Dental Lifeline Network managed by Access Partnership for VDA components 1&2 (Greater Hampton Roads – Peninsula and Southside plus Virginia's Eastern Shore). There is usually no cost to those who qualify but

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Donated Orthodontics Program -American Association of Orthodontics (Rev. 6/14/18)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax: 314.689.0293 Website: www.aao.org	The American Association of Orthodontics has a donated orthodontics program. They provide high-quality orthodontic care for children of families with financial need. Eligibility: Child should be 18 years old or younger. Family total income should be 200% of the poverty level or less. Eastern Virginia Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's for special needs patients only. Staff: Pamela Morgan, DDS. Other: Cut off age for a NEW patient is 18.
Hampton Roads Community Health Center Healthy Smiles Mobile Dental Program	Hampton Roads Community Health Center Healthy Smiles Mobile Dental Program	Ph: 757- 399-4588 Fax: 757- 399-5076 Main Number: Ph: 757-393-6363 Email:info@hrchc.org Website:www.hrhc.org	Hampton Roads Community Health Center -Healthy Smiles Mobile Dental Program provides free dental care to children in Portsmouth, Norfolk and Suffolk during the school year. Eligibility: Based on enrollment in a participating school. Limited services provided to current clients of Norfolk Community Services Board. Please call for further information.
Lefcoe,Weinstein,Sachs,Schiff & Associates (Rev. 04/18)	Lefcoe,Weinstein,Sachs,Schiff & Associates 202 E. Little Creek Rd Suite B Norfolk, VA 23518	Ph:757-416-7751 Website:www.lwssfamillydentistry.com	Lefcoe, Weinstein, Sachs, Schiff & Associates specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's for special needs patients only. Staff: Pamela Morgan, DDS. Other: Cut off age for a NEW patient is 18.
Ocean View Medical Center- Dental CenterHRCHC- (Hampton Roads Community Health Center) (Rev.03/04/24)	9581 Shore Drive Norfolk VA 23518	Ph: 757-393-6363 Fax: 757-397-0047 Email:info@hrchc.org website:www.hrhc.org	Hampton Roads Community Health Center-East Ocean View Center provides dental services available for adults and children at the Norfolk site. Services include: EXAMINATIONS AND X-RAYS: review and update medical history in order to ensure that dental treatment does not conflict with current health conditions or medications, oral cancer examination, visual examination and x-rays of teeth to help detect decay or deterioration, observation of biting, chewing and grinding patterns, evaluation of gum tissue and bone support, preventative and restorative services.
Randy J. Eberly, DMD (Rev. 6/4/18)	801 West Little Creek Road, Norfolk, VA 23505	Ph:757- 423-3029 Website:www.dreberly.com	Randy J. Eberly, DMD specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's for special needs patients only. Staff: Pamela Morgan, DDS. Other: Cut off age for a NEW patient is 18.
Soft Palate Dentistry (Pediatrics) (Rev.02/17/22)	1734 E Little Creek Rd Norfolk, VA 23518	Ph: 757- 651-2082 Fax:757-763-6484 Website:https://softpalatedentistry.com	Soft Palate Dentistry treat children ages 0 through 21 years of age and special needs patients of all ages. To ensure patient comfort they provide sedation dentistry as well as services in local operating rooms when needed or desired. Services: Dental Screening Exams,X-Ray and Restorative Services.
Spencer Dental-Kids First Family Dentistry (Rev. 04/18)	Janaf - Norfolk, VA 5900 E Virginia Beach Blvd, Norfolk, VA 23502	Ph:434-201-4464 Email:contactspencer@spencerdentistry.com	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a variety of community & educational programs. Services: General Dentistry, Pediatric Dentistry, Endodontics, Periodontics, Oral Surgery, Radiology, and more.
St. Columba Ecumenical Ministries, Inc.	St. Columba Ecumenical Ministries, Inc. 2114 Lafayette Blvd Norfolk, VA 23502	Ph.: 757-627-6748 Fax: 757-622-2569	St. Columba Ecumenical Ministries, Inc. offers a Vision And Dental Program specifically for homeless individuals who are in need of emergency dental work (fillings and extractions) and eye exams to get glasses.
DEVELOPMENTAL DISABILITIES			
Ability Center of Virginia former Cerebral Palsy Association of Virginia	Ability Center of Virginia former Cerebral Palsy Association of Virginia 5825 Arrowhead Drive Suite 201 Virginia Beach, VA 23462	Contact: Michelle Majority, Executive Director michelle@cerebralpalsyofvirginia.org Ph:757-497-7474 Fax:757-497-0868	Ability Center of Virginia former Cerebral Palsy of Virginia is a 501 (c) (3) non-profit organization serving children and adults with cerebral palsy and other developmental disabilities such as those with down syndrome, autism, muscular dystrophy, intellectual disabilities, learning disabilities as well as those with hearing, speech and visual impairments. Over 150+ children and adults throughout Hampton Roads.

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 4605 Pembroke Lake Circle Unit 202 Virginia Beach, VA 23455	Ph:757-461-4474 Email: nicole.miller@tidewaterasa.org Website:www.tidewaterasa.org AND www.autism-society.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully included.	
CHADD of Virginia for Children and Adults with Attention Deficit Disorder	CHADD of Virginia for Children and Adults with Attention 6320 North Center Drive, #101 Norfolk, Virginia 23502	Contact: Jeffrey Katz Ph:757- 625-6161	CHADD of Virginia is a non-profit organization providing education, advocacy and support for individuals with AD/HD. In addition to their informative Web site, CHADD also publishes a variety of printed materials to keep members and professionals current on research advances, medications and treatments affecting individuals with AD/HD. Please call for further information.	
Christine Passaretti, M.Ed., BCBA, LBA	Christine Passaretti, M.Ed., BCBA, LBA Norfolk, VA 23507	Ph:757- 373-2324 Email:passarettic@gmail.com Website:www.learnwithmasc.org	Christine Passaretti, M.Ed., BCBA, LBA provides ABA (applied behavior analysis) services in home. Insurance: Tricare ..Anthem, Optima. Ages:18mo-16yr.	Norfolk
Compass Youth and Family Services	7460 Central Business Park Dr, Norfolk, VA 23513	Ph: 757- 644-6391	Compass Youth and Family Services provides Autism Behavior Support services (home based Applied Behavior Analysis) ABA	
Developmental Pediatrics at CHKD	Developmental Pediatrics at 601 Children's Lane Norfolk, VA 23507	Ph: 757- 668-7473	Developmental pediatric specialists at CHKD provide neurodevelopmental consultations for the evaluation, diagnosis and management of children with neurological developmental disabilities such as: cerebral palsy, Down syndrome, sensory and language	
Down Syndrome Association of Hampton Roads	Down Syndrome Association of Hampton Roads The Independence Center 6300 East Virginia Beach Blvd	Ph:757- 466-3696 Email: DSAHR@verizon.net	Our mission is to enhance the lives of individuals with Down Syndrome, helping them reach their full potential by providing family support, education, and social opportunities in Southeast Virginia and Hampton Roads.	
EVMS Autism Spectrum Disorders Program for Older	EVMS Autism Spectrum Disorders Program for Older Adolescents & Young Adults Hofheimer Hall,	Ph: 757-446-5888 Fax: 757-446-5918	The EVMS ASD Program offers a team approach to the diagnosis and treatment of late adolescents and young adults (age 14+) with autism spectrum disorders. Faculty from the Dept. of Psychiatry and Behavioral	
FACT-Families of Autistic Children of Tidewater (Rev.12/18/18)	FACT-Families of Autistic Children of Tidewater 120 S. Lynnhaven Rd. Suite #200	Ph: 757-422-2040 Fax: 757-306-7055 Website:www.camp4autism.com	The mission of F.A.C.T. is to improve the quality of life for individuals with autism and their families in the greater Tidewater Virginia area. F.A.C.T. promotes the creation of social, recreational, and vocational programs designed to meet the unique needs of individuals with autism.	
Hope House Foundation	Hope House Foundation 801 Boush Street Norfolk, VA 23510-1533	Ph:757- 625-6161	Hope House Foundation provides individualized supported living services for and with adults with developmental disabilities in their own homes or apartments. Currently, we serve more than 130 people living in Norfolk, Portsmouth, Chesapeake, and Virginia Beach, Virginia.	
Nacolby's House Incorporated (NHI)-In-Home Care Provider	1545 Crossways Blvd. Suite 250 Chesapeake, VA 23320	Ph:757- 777-3675 Fax: 757- 777-3901 On call 24/7 PH:757- 717-1960	Nacolby's House Incorporated (NHI) is a community based non-profit organization that provides services to people with developmental disabilities, as well as support to their families. They provide respite, residential services, private duty nursing	
Pennington Group-ABA Therapy (Rev. 4/1/19)	Pennington Group- ABA Therapy	Website:http://penningtongroupaba.com/	Pennington Group provides ABA (applied behavior analysis) services. Please call for further information. They currently provide ABA Therapy in Virginia Beach, Norfolk, Chesapeake, Hampton, Newport News	

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Southeastern Skill Builders-Social Skills Groups for individuals with Autism, High Functioning Autism,	Southeastern Skill Builders 4509 Colley Avenue Norfolk VA 23508	Ph.: 757-613-8091 Website:www.southeasternskillbuilders.com	Southeastern Skill Builders offers a unique and fun way for children, teens and young adults to learn appropriate or "prosocial" skills. Dianne Smith, Ed.S., ABSNP, has been facilitating social skills groups for over 20 years. John Sullivan has worked in special education for over 20 years. He has been classrooms as a teacher and administrator. He has trained numerous staff members in best practices for educating students with unique learning styles. Although Dianne and John work
Sunshine Behavioral Consulting (Rev.12/09/20)	Sunshine Behavioral Consulting	Ph:757-450-8507 Fax:757-585-3544 Website:SunshineBehavioralConsulting.com	Sunshine Behavioral Consulting offers home based ABA (Applied Behavior Analysis) services to children diagnosed with Autism Spectrum Disorder. Their services also include parent training, consultation, IEP assistance and individualized behavioral plan. Insurances accepted: Tricare, Optima, Blue Cross. Working on Aetna and Cigna. Covered Areas:Norfolk, Virginia Beach and Chesapeake.
The Eliza Hope	629 Phoenix Dr	Ph:757- 702-8194	The Eliza Hope Foundation and Therapy Center is a place for children
DISEASE SPECIFIC GROUPS			
Alzheimer's Association	Alzheimer's Association 20 Interstate Corporate Center	Ph.: 1-800-272-3900 Fax: 757-461-7002	The Alzheimer's Association Purpose is To provide services and support to families experiencing problems associated with Alzheimer's
American Cancer Society	American Cancer Society 2730 Ellsmere Avenue	Ph:757-853-6638 Response Line: 800-227-2345 Fax:757-853-6638	American Cancer Society serves all ages. Hours Monday-Friday, 8:00 am-5:00 pm. Offers services to cancer patients including rehabilitation
American Diabetes Association	American Diabetes Association 6340 Center Drive	Ph:757-424-6662 Toll Free:888-DIABETES	The mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by
American Lung Association	American Lung Association 5340 E. Princess Anne Road	Ph:804-855-3059 Toll Free:800-LUNG-USA	The American Lung Association of Virginia's mission is to prevent lung disease and promote lung health. Our vision is a world free of lung
Brain Injury Association of Virginia	Brain Injury Association of Virginia South Hampton Roads RRC	Coordinator:Marilyn Copeland Ph:757-816-1957	The mission of the Brain Injury Association of Virginia is to create a better future for Virginians through brain injury prevention, research
Children's AIDS Network for Interfaith	Children's AIDS Network for Interfaith Involvement (CANDII)	Court One Office: Ph:757-640-0029	The CANDII Program was organized to improve the quality of life for children living with HIV/AIDS. Program staff and volunteers work to
Children's Craniofacial Center at CHKD	Children's Craniofacial Center at CHKD	Contact: Karen Via Ph:757-668-7031	Children's Craniofacial Center at CHKD provides comprehensive services for children with maxilla and craniofacial deformities. Please
Department for the Blind and Vision Impaired Norfolk	Department for the Blind and Vision Impaired Norfolk 6325 N	Contact: Donna Cox Regional Manager	The Department for the Blind and Vision Impaired (DBVI) is committed to providing quality services to assist Virginia's citizens who are blind
Department for the blind and vision impaired Norfolk	Department for the blind and vision impaired Norfolk 6325	Contact : Denise R. Stephens Education Coordinator	The Virginia Department for the Blind and Vision Impaired (DBVI). DBVI is an agency of the Commonwealth of Virginia that is dedicated to its
Deaf Missionary Church	Deaf Missionary Church 3520 Johns Street	Ph:757-855-6363 Fax:757-523-9489	Deaf Missionary Church offers supportive services to the deaf, including advocacy, counseling and interpretation. Religious and
Epilepsy Foundation of America	Epilepsy Foundation of America PO BOX 800754 UVA Health Center Charlottesville VA 22908	Ph: 757-532-3963 Regional Director: Patty Hood Ph:757- 652-6565 Email:efva@efva.org	The EFVA provides training sessions for professionals families and colleagues. We also have public education programs with puppets for schools and talk shows on radio and television Consumer services include one time medication assistance, transportation assistance and general epilepsy related emergencies. Eligibility: These services are
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy.com/247-helpline	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists respond to most often include: Current epilepsy treatment and
EZ Breathers: Partnership for Asthma	EZ Breathers: Partnership for Asthma Awareness and Prevention	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Lions Club International-Sight	Lions Club International-Sight and Hearing Aids Programs	Contact:-Jim Williford/ Lions club *Norfolk/Ocean view area Zip	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care
Muscular Dystrophy Association	Muscular Dystrophy Association 6325 North Center Dr. #110	Ph:757-461-0177 Fax:757-461-0193	The Muscular Dystrophy Association purpose is to assist our patients in their medical care with muscular dystrophy. To help with purchasing and
Oncology Special Care-Sentara Norfolk General	Oncology Special Care-Sentara Norfolk General	Ph:757-668-3000(Hospital) Hospice 757-461-5649	Oncology Special Care- provides a wide variety of materials including literature, books, video tapes, and access to the latest information on
Sickle Cell Association,	Sickle Cell Association, Inc. 861 Glenrock Road	Toll Free:800.421.8453 Ph:757-466-0332	Sickle Cell Association, Inc., provides comprehensive health education, counseling and testing services while striving to improve the quality of
Tidewater Center for Cardiac Life Support Training (TCLS)	Tidewater Center for Cardiac Life Support Training (TCLS) Eastern Virginia Medical School 855 Brambleton Avenue Suite 222	Ph:757-446-5926 Fax:757-446-5906 Website:www.tidewaterems.org	Tidewater Center for Life Support Training (TCLS) at Eastern Virginia Medical School provides training courses in basic and full cardiac life support to the general public. Serves adults. Hours are 8:30am-4:30pm, Monday-Friday.
The Virginia Department for the Deaf and Hard of Hearing-Outreach and Community Services	The Virginia Department for the Deaf and Hard of Hearing-Outreach and Community Services	Outreach Contact: Brenda Estes Endependence Center 6300 East Virginia Beach Blvd Norfolk, VA 23502 Email: bestes@endependence.org	The Virginia Department for the Deaf and Hard of Hearing-Outreach and Community Services can Provide: Training for persons who are Deaf and Hard of Hearing and their families, Training to businesses, caregivers, public safety officials, and professionals that serve persons who have a hearing loss. Information and training about local services including where to find sign language classes, support services, and the
St. Columba Ecumenical Ministries, Inc.	St. Columba Ecumenical Ministries, Inc. 2114 Lafayette Blvd	Ph: 757-627-6748 Fax: 757-622-2569	St. Columba Ecumenical Ministries, Inc. offers a Vision program specifically for homeless individuals who are in need of emergency eye exams to get glasses. We have partnered with Pearle Vision and the
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269	ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Ability Unlimited-	Ability Unlimited- Assistive	Ph:800-511-9471	Ability Unlimited provides assistive technology to people with special
Active Forever	Active Forever	Ph:800-377-8033	Active Forever provides Hearing Aids & Assistive Devices, Sight
Ai Squared	Ai Squared	Ph:802-362-3612	Ai Squared provides devices for individual with sight impairment. The
Access Partnership	Access Partnership	Ph: 757-502--7400 Ext 5	Access Partnership is a 501(c) 3 Nonprofit Organization who provides
American Printing	American Printing House for the	Ph:800-223-1839	American Printing House for the Blind Inc. provides educational
Apple Store	Apple Store	Ph:757-628-8400	Apple Store provides products for individuals with disabilities; they do
Apria Healthcare (Rev.08/21/23)	Apria Healthcare 2730 Ayliff Rd #102 Norfolk, Virginia 23513	Ph:757- 852-3929 Website: http://www.apria.com	Apria Healthcare, America's leading provider of integrated home healthcare products and services, offers a comprehensive range of home respiratory, home infusion therapy and home medical equipment.
Amramp (Rev.06/06/23)	Hampton Roads	Ph:888--715-7598 Website:https://amramp.com	Amramp provides rental or purchased Wheelchair Ramps for residence, church, school or business. They also accommodates the construction and commercial industries offering ADA wheelchair ramps
Aveanna Healthcare (Rev.02/14/23)	6330 North Center Drive, Bldg 13. Suite 142 Norfolk, VA 23502	Ph: 757- 461-6310 Fax: 757-644-1670 Toll Free: 866-883-1188	Aveanna Healthcare Medical Solutions provides statewide coverage for all your enteral nutrition and supply needs.
Beach Orthotics (Rev.08/21/23)	6325 N Center Dr #229 Norfolk, VA 23502	Ph:757- 470-5547 Website:www.beachorthotics.com	Beach Orthotics provides Durable Medical Equipment & Supplies. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Bioscript an Option Care Company (Rev.02/01/23)	5365 Robin Hood Road Suite 20 Norfolk, VA 23513	Ph: 757-855-4255 Toll Free: 800-745-7764 Fax: 757-855-7799 Website: https://optioncarehealth.com/bioscrip	Bioscript an Option Care Company provides enteral and parenteral nutrition support for Adults and Children nationwide. They offer a wide selection of supplies for tube feeding and formulas. Please call for further information.
Booden Orthopedic & Prosthetic	Booden Orthopedic & Prosthetic	Ph: 757- 627-4191	Booden Orthopedic & Prosthetic Center Inc. provides artificial limbs and
Catholic Charities of Eastern VA-Greater Hampton Roads Diaper Bank (Rev.01/30/23)	1132 Pickett Rd. Norfolk, VA 23502	Ph: 757- 456-2366 Website: http://ghrdiaperbank.org	Catholic Charities of Eastern VA is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email:beth@atdevicesforkids.org Website:www.atdevicesforkids.org	Children's Assistive Technology Service (CATS) provides for the re-use of pediatric rehabilitation equipment and devices in Virginia. CATS serves as a no-cost resource to children with disabilities who need adaptive equipment and whose families have limited resources. Please call for further information.
Coastal Prosthetics & Orthotics	Coastal Prosthetics & Orthotics 6320 North Center Drive, Bldg#15, Suite 201 Norfolk, Virginia 23502	Ph:757- 892-5300 Fax:757- 892-5303	Coastal Prosthetics & Orthotics, LLC is a locally owned certified facility for custom fabricated devices for all patients in need of their services. They specialize in in-house fabrication of Orthotic & Prosthetic devices designed by licensed practitioners. Please call for further information.
Cranial Technologies (Rev.09/23/24)	6161 Kempsville Cir Ste. 300, Norfolk, VA 23502	Ph: 757- 461-3539 Fax: 844- 447-5895 Website:https://www.cranialtech.com/clinics/norfolk-clinic	Cranial Technologies is a leading provider of helmet therapy for plagiocephaly treatment in infants. Hours: Monday-Tuesday: 8:30 am–5:30 pm and Wednesday, Thursday and Friday from 7:30 am–4:30 pm. Medicaid is accepted. Please call for further information.
Empowering Youth, Inc. 2020-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	3450 Chesapeake Blvd. Norfolk, VA 23513	Ph:757-399-9418 Website::http://ghrdiaperbank.org	Empowering Youth, Inc. 2020 is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
First Baptist Church of Norfolk /The Newby Foundation-Greater Hampton Roads Diaper Bank	418 E. Bute St. Norfolk, 23510	Ph:757- 622-6701 Fax: 757-622-9197 Website:https://foodbankonline.org/	First Baptist Church of Norfolk /The Newby Foundation is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
ForKids, Inc.-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	ForKids, Inc.	Ph:757- 622-6400 Website::http://ghrdiaperbank.org	ForKids, Inc. is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
FREE-Foundation for Rehabilitation Equipment &	FREE Foundation of South Hampton Roads Chapter Bon Secours Health Center Sentara	Ph: 757-771-6183 Fax: 757- 447-6333 E-Mail: shr@free-foundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-
First Choice in Home Care, INC (Rev.10/22/19)	First Choice in Home Care, INC	Ph: 757- 496-2939 Fax: 757- 496-0604	First Choice in Home Care, INC is a DME and supplies provider . Medicaid, Medicare and major insurances are accepted. Please call for further information.
John Stewart Foundation-Greater Hampton Roads Diaper Bank (Rev.08/14/24)	8114 Pace Rd. Norfolk, VA 23518	Ph:757-895-3988 Website:https://johnstewartfoundation.org	John Stewart Foundation, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Hours: Monday-Friday,09:00 am – 05:00 pm.Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Lifestyle Solutions	Lifestyle Solutions 7870 Tidewater Drive Suite 206--#164 Norfolk, VA 23505	Ph:757-389-2054 Fax:757-855-0273 Email:info@lifestylesolutions4u.com	Lifestyle Solutions is a Hampton Roads based medical equipment supplier that specializes in incontinence. They provide diapers, briefs, protective underwear and underpads to adults and children. Reliable home delivery is available. Please call for further information.
Lincare Enteral Services	Lincare Enteral Services	Toll Free: 800- 965-2689 Website:http://www.lincare.com/	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph:757-424-4822 Fax: 757-424-5871	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Living Destiny Church-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	550 E. Little Creek Rd. Norfolk, VA 23505	Ph:757-705-9997 Website::http://ghrdiaperbank.org	Living Destiny Church, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution Time:Sundays,12:30pm-2:30pm.Please call for further information.
Love Unlimited - Greater Hampton	4700 Colley Ave. Norfolk, VA 23508	Ph:757-376-7644 Website::http://ghrdiaperbank.org	Love Unlimited, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need.
Hanger Prosthetics & Orthotics, Inc.	Hanger Prosthetics & Orthotics, Inc.	Ph:757- 461-0671 757- 925-4844	Hanger Prosthetics & Orthotics, Inc. is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
N'Able Contracting	N'Able Contracting	Contact: Les Sims, Owner Ph:757-270-4239	N'Able Contracting provides environmental modifications for CCC Plus waiver recipients; they know how to work with the CCC+ MCO's. Hours:
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility 3347 Enterprise Rd Norfolk, VA 23502	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 Website: http://www.rehabhealthcare.com/ Email:admin@rehabhealthcare.co	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757- 966-7965	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Pediatric Specialist	Pediatric Specialist	Ph:757- 436-2337	Pediatric Specialist is a DME and supplies provider . Medicaid and
People First -Greater Hampton Roads Diaper Bank (Rev.09/16/22)	453 Walke Street Norfolk, VA 23504	Ph: 757-390-4365 Website::http://ghrdiaperbank.org	People First, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Roberts Home Medical	Roberts Home Medical	Ph: 757- 599-9080	Roberts Home Medical is a DME provider. Medicaid, Medicare and
Tidewater Prosthetic Center, Inc.	Tidewater Prosthetic Center, Inc. 6363 Center Drive Building 6, Suite 100 Norfolk, VA 23502	Ph:757- 455-6415 Fax: 757- 455-8185	Tidewater Prosthetic Center mission is to provide the very best prosthetic and orthotic care to their patients. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

The Pediatric Connection, Inc. (TPC)	The Pediatric Connection, Inc. (TPC)	Contact: Mandy Ph: 804-675-4550 If is not available you can ask for Bruce or Beth.	The Pediatric Connection, Inc. (TPC) is an independent pediatric home health care company providing durable medical equipment to children with complex medical needs. They are pediatric specialists providers for the enteral and medical nutritional formulas and supplements. They
The UP Center-Greater Hampton Roads Diaper Bank (Rev.8/15/24)	The "Up" Center 580 E. Main Street, Suite 400 Norfolk, Virginia 23510	Ph:757- 965-8636	The UP Center is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Tycon Medical	Tycon Medical	Ph:757- 640-1709	Tycon Medical is a DME provider. Medicaid, Medicare and major
Village Family -Greater Hampton Roads Diaper Bank (Rev.09/30/22)	813 Henry St. Norfolk, VA 23504	Ph: 757- 572-0370 Website::http://ghrdiaperbank.org	Village Family, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Virginia Reuse Network-VRN	Virginia Reuse Network-VRN- Access Partnership Norfolk, VA	Ph: 757- 502-7400. Website:www.vats.org/atrecycling. htm External Website.	VRN is a resource for apply for or donate gently used assistive technology (AT). AT includes medical mobility equipment and bathroom safety equipment such as scooters, wheelchairs, walkers, tub benches, shower chairs, canes, grab bars, and bariatric equipment. In general,
Wall of Jerusalem Worship Center- Greater Hampton Roads Diaper Bank	1150 E Little Creek Rd, Norfolk, VA 23435	Ph: 757- 239-0550 Website::http://ghrdiaperbank.org	Wall of Jerusalem Worship Center, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
DOMESTIC VIOLENCE			
Family Justice Center	500 E. Plume St.	Ph:757-330-0376	Family Justice Center will house multiple agencies in one place for
LGBTQ Partner Abuse	LGBTQ Partner Abuse & Sexual	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to
loveisrespect	loveisrespect	Ph: 866-331-9474	Loveisrespect's purpose is to engage, educate and empower young
Love and Caring	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and
National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and Spanish.
Regent University Law Clinic (Rev.08/10/23)	Norfolk	Ph:757-352-4639	Regent University School of Law opened a satellite campus law clinic in downtown Norfolk, Virginia to provide pro bono legal aid to the Hampton Roads community. The mission of the Regent Law clinic is to serve low
The National Domestic Violence Hotline (Rev. 11/15/23)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7222)	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence.
The Project for the Empowerment of Survivors (PES) Legal Services	The Project for the Empowerment of Survivors (PES) Legal Services	Contact: Carmen Williams Ph: 804-277-0235(Ext 2110)	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline
The UP Center-Men's	The Up Center	Contact: Dr. Dorothy Goulart Ph:757- 220-4707	The UP Center-Men's Batterer's Intervention Group s an 18 week
YWCA of South	YWCA of South Hampton Roads	24-Hour Hotline: Crisis	YWCA of South Hampton Roads is a non-profit agency. Their mission is
EARLY INTERVENTION			

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Infant Stimulation Program-Norfolk (Rev.02/06/24)	Norfolk Early Intervention Program 5505 Robin Hood Rd C-1, Norfolk, VA 23513	Ph.: 757-441-1186 Fax: 757-441-5995 Website: www.infantva.org	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and speech therapy; educational and
EDUCATION			
ABCs of Kindergarten Readiness	Bon Secours DePaul Medical Center-Cancer Center 150	Contact: Avis Gates child advocate and teacher	Whether your child attends a Bon Secours Richmond Family Center or another preschool, Bon Secours Virginia offers a free kindergarten
ACCESS College Foundation	ACCESS College Foundation 7300 Newport Avenue, Suite 500	Ph:757- 962-6113 Fax:757- 962-7314 Email:	The Access College Foundation is a non-profit organization designed to assist students attending the 29 public high schools in the South
Bridgescape Learning	1025 Widgeon Rd	Ph:757-588-8573	Bridgescape Learning Academy provide students with another option to
Department of Easton Preschool	Department of Rehabilitative East on Preschool Program	Main Ph: 800-552-5019 Ph: 757-892-3290	The Department of Rehabilitative Services provides comprehensive Easton Preschool serves students enrolled in general and special
Education-Vision	Vision Impaired-Norfolk Tidewater	Ph.: 757-466-4162	Provide services to visually impaired citizens. Services include
EleVate SNAP	Workforce Development Center	Contacts:	EleVate SNAP Employment & Training (SNAP-E&T) Pilot Project is a
ESL Classes- Life	ESL Classes- Life Enrichment	Ph.: 757-623-6001	ESL program teach adults and children to read, and English as a
ESL Classes-Urban	ESL Classes- -Urban Community	Ph.: 757-237-2493	ESL program teach adults and children to read, and English as a
Dragas Hall- Old	1108 Dragas Hall	Ph:757- 683-4424	Dragas Hall- Old Dominion University offers a full range of courses in
Dynamic Educational GED Prep Course -	Dynamic Educational Systems,Inc A program of Tidewater Tech	Ph:757-587-2762 Fax:757- Main: 757-858-8324	Dynamic Educational Systems, Inc. (Job Corps) provides a residential Free adult basic education classes for people pursuing their GEDs. No
Granby High Evening	7101 Granby Street	Ph.:757- 451-4110 Ext. 1139	Granby High Evening School ESOL (English Speakers of Other
Granby High Evening	7101 Granby Street	Ph.:757- 451-4110 Ext. 1139	The ABE (Adult Basic Education) program is designed to meet the
Granby High Evening	7101 Granby Street	Ph.:757- 451-4110 Ext. 1139	The RACE to GED course helps adults 18 years of age and older who
Head Start Program	Registration:	Hampton Roads Community	The Head Start program provides grants to local public and private non-
Heart to Heart Family	Heart to Heart Family life Training	Ph.: 757-620-1753	Heart to Heart Family life Training Center, INC and Community Partners
Honey Low-Education	Honey Low-Education Advocate	Active duty military members	Honey Low goal is to assist parents in achieving an appropriate
Keystone Education Services-Special Needs Tutoring (Rev.8/6/18)	Keystone Education Services- Special Needs Tutoring	Ph:757-802-7120 Email:info@keystonetutors.netWe bsite:http://keystonetutors.net	Keystone Education Services provides special needs tutoring services; they provide academic tutoring with behavioral accommodations. Services could be provided in our facility and your home. Please call for further information.
Norfolk Homeless Education Coordinator	Daw Lawrence Supervisor, School-wide Programs	Phone: 757-628-3944 Fax: 757-628-3800	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment,
Norfolk Skills Center	Norfolk Skills Center 922 W. 21st Street	Ph:757- 441-2665 Fax:757- 441-5258	Offers courses in bricklaying, welding, auto body work, auto technician skills, office technology/word processing, and building maintenance.
NPS-Preschool Assessment Team	NPS-Preschool Assessment Team Referral Information Rosemont Center 7000 West Tanners	Contact: Ms.Kate Biernot 757-852-4630 ext. 3510	Preschool Assessment Center provides screening, testing and program planning for children between two and five years of age who are suspected of having a disability. All children suspected of having a
Parent Access Center-NPS	Parent Access Center-NPS 5016 Princess Anne Road	Contact: Gus Guradino Senior Coordinator Ms.	Parent ACCESS Center –NPS- is designed for Parents, Staff, and Community Organizations who are involved in the education of
Reach Inc.	Reach Inc. 2200 Colonial Avenue Suite 16	Ph:757-627-4722 Fax:757-627-4722	Reach Inc. provides literacy services to at risk children throughout the community through reading aloud, distributing books and school
Regional Special Education Program-	Southeastern Coop Education Program-Norfolk	Contact: Dr.Judith N. Green Ph: 757-441-5736	Southeastern Cooperation Educational Programs (SECEP)- Program for Children with Autism provides a formal structure through which the

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Regional Special Education Program-	Norfolk Regional Special Education Program- 2300 E.	Contact: Ms. Carolyn Simmons Ph:757-494-3890	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability,
Sinkinson Dyslexia Foundation, Inc.	3710 Pacific Ave. Suite 500 Virginia Beach, VA 23451	Ph: 757-437.0733 EMAIL: sinkinsonfoundation757@yahoo.com	Sinkinson Dyslexia Foundation, Inc. mission is to teach children and adults who are diagnosed with dyslexia to read. Through professional
Southeastern Cooperation Educational	Southeastern Cooperation Educational Programs(SECEP)- Program for Children with Autism	Ph:757-892-6100 Website:www.secep.k12.va.us	Southeastern Cooperation Educational Programs (SECEP)- Program for children with Autism that provides a formal structure through which the participating schools can plan and operate programs for children
STOP Inc.-Project Discovery Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Eligible high school youth, grades 9 through 12, participate in the Project Discovery (Preparation for Leadership in Undergraduate School) program. Project Discovery is a post-secondary education access program currently offered through 24 Partner Agencies throughout Virginia. Project Discovery encourages students to stay in and graduate
STOP Inc.-Technology Bus Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP's Technology Bus provides elementary to high school students with a mobile technology and training system that creates opportunities for inclusion in the computer programming industry. This initiative provides students onboard, at local multi-city stops, with code-building processes, mentorship and engagement to prepare them for future
STOP Inc.-Workforce Preparation and Development / Entrepreneurial Pathway (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP's Certified Entrepreneurial Mindset Facilitator, will provide, at a minimum, quarterly workshops designed to empower parents and their children by exposing them to entrepreneurial thinking while immersing them in entrepreneurial experiences that will enable them to develop creativity and critical thinking, effective problem
STOP Inc.-Youth Development Initiatives (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP's Youth Development Initiatives are designed to engage youth in middle and high school. These programs provide opportunities for them to gain knowledge in the Science, Technology, Engineering, Agriculture and Mathematics fields through fun and innovative workshops covering these topics. STOP provides comprehensive summer camp experiences that focus on science and technology as well as tutorial
Tidewater Tutoring Service	Tidewater Tutoring Service 5530 Elizabeth Avenue Norfolk, VA 23502	Ph:757- 855-8952	Provides individualized tutorial assistance in most subject areas for children and adults who need remedial help, preparation for tests, re-entry to school, home schooling, and grade improvement. Tutors travel to the student's home.
T-TAC Program	T-TAC Program	Contact: Old Dominion University in Norfolk Ph:757-683-4333 Toll Free: 888-249-5529	T-TAC is a resource designed for school staff but parents are able to loan out resources available at the centers, attend many of the ongoing trainings and conferences put-on by T-TAC, sign up to receive their newsletter and access their website on a regular basis, or "suggest" to
Virginia Adult and Literacy Services-Norfolk	Virginia Adult and Literacy Services-P.O Box 1357 Norfolk, VA 23501	Ph.: 757-628-3956 Website: http://www.pen.k12.va.us/VDOE/I	The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education Development (GED), English as a Second Language, and
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev. 06/20/23)	Call or Text: 1-800-985-5990 Press 2 for Spanish	Call or Text 1-800-985-5990 Press 2 for Spanish For	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people

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The Salvation Army's Disaster Relief	The Salvation Army's 5525 Baby Road	Main 757-543-8100 Website: www.us.salvationarmy.org	The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services
Virginia Department of Emergency Management	Bureau of Emergency Services 3661 East Virginia Beach Boulevard Norfolk, VA 23502	Contact: James B. Talbot Office: 757-441-5600 Fax: 757-466-9387	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.
EMPLOYMENT			
Community Alternatives Inc. - Vocational & Employment Services	Community Alternatives Inc. - Vocational & Employment Services	Contact: Amy Morgan Ph: 757-420-1591	Community Alternatives, Inc. work programs provide employment to people with disabilities. Pre-vocational, Vocational and Employment
Creative Vocations LLC (Rev.07/15/21)	Creative Vocations LLC	Ph: 757-344-8821 Email: creativevocationsllc@gmail.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide
Department of Rehabilitative Services-	Department of Rehabilitative Services	Contact: Jerron Byers	The Department of Rehabilitative Services provides services to the community to increase employability, independence
Eggleston Services	Eggleston Services Corporate Offices	Ph: 757- 858-8011 Toll Free: 800-722-5921	The Eggleston Services has been dedicated to providing a broad array of programs and services for individuals with disabilities since 1955.
Goodwill Industries of Hampton Roads Inc.	Goodwill Industries of Hampton Roads Inc.	Ph: 757- 627-7733 Fax: 757- 625-5770	Goodwill Industries objective is to provide job training and employment services to people who are disabled and/or disadvantaged.
Junior Achievement of Greater Hampton Roads	Junior Achievement of Greater Hampton Roads, 6325 North	Email: info@jahamptonroads.org Website:	Junior Achievement of Greater Hampton Roads offers programs to children from Kindergarten through 12th grade with purpose to educated
Job Readiness Classes (Rev.6/21/19)	Norfolk Workforce Development Center	Referrals can be made by contacting Katrina	Job Readiness Classes are available to anyone with a misdemeanor or felony conviction. Classes are offered every Thursday from 9:20 a.m. to
ONE-STOP-Center	ONE-STOP-Center-Workforce Center	Ph.: 757-461-7537 Fax: 757-461-6117	One-Stop Centers offer a variety of comprehensive workforce services. Services provided through the One-Stop Centers are free of charge.
Rehabilitation Services, Inc. (Rev.9/17/18)	300 W. 20th Street Norfolk, VA 23517	Ph: 757- 625-3507 Fax: 757-533-5375	Rehabilitation Services, Inc. is a contract program with the federal and state government providing job placement and referral for the ex-offender, as well as counseling, therapy.
SNAPET (Rev.6/25/24)	SNAPET	Contacts: Cora Smith Benefits Program Specialist Supervisor, Sr. Ph: 757-618-9041 Email: cora.smith@norfolk.gov Adonnica McCain	Supplemental Nutrition Assistance Program Employment and Training (SNAPET) is a volunteer program designed to assist SNAP participants in finding employment. Eligibility Requirements: Norfolk residents currently receiving SNAP benefits and one of the criteria below; Adults convicted of multiple criminal misdemeanor charges (at least three) Adults convicted of a felony charge (no matter how much time
Step-Up, Inc.	Step-Up, Inc. 7510 Granby Street Norfolk, VA 23505	Ph: 757- 588-3151 Fax: 757- 587-4507	A skill training employment placement program that assists ex-offenders reside in south Hampton Roads to gain employment. The organization provides training, employment, and follow up, as well as pre and post
STOP Inc. - Employment Supportive Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP Inc. offers individualized and group training in acquiring techniques necessary for seeking and maintaining employment. Services include job preparation, interview techniques, job retention, employment counseling, referral and/or placement application completion, resume writing, job readiness training, money management,
STOP Inc. - Employment Training- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	Through collaboration with privately owned businesses, STOP is able to provide financial and educational support for qualified individuals seeking quality educational training for entry level positions in leading industries. STOP's goal is to provide continuing education to individuals seeking to enter/re-enter the local workforce. Additionally, in some

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STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist
STOP Inc. -Klean Slate Enterprises- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Developed in 2005, Klean Slate was originally designed as a Social Business Enterprise to be a self-supporting division of STOP Incorporated. This initiative has evolved into a training and employment focused opportunity for low to moderate income individuals with employment barriers such as previous incarceration, transportation and
STOP Inc.-Workforce Preparation and Development / Entrepreneurial Pathway (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP's Certified Entrepreneurial Mindset Facilitator, will provide, at a minimum, quarterly workshops designed to empower parents and their children by exposing them to entrepreneurial thinking while immersing them in entrepreneurial experiences that will enable them to develop creativity
Tanners Creek Day Support Program	Tanners Creek Day Support	Ph:757-625-2044	The Program is designed for individuals who desire a year round
Tanners Creek Greenhouse Program	Tanners Creek Greenhouse	Ph:757-961-5090	program based on improving the quality of life for individuals with
Urban League of Hampton Roads, Inc.,	Urban League of Hampton Roads, Inc., Norfolk	Ph:757- 266-7589 Website:www.ulhr.org	Tanners Creek Horticultural Services opened in 1999, and represents the shared vision of both Eagleston Services and the Virginia Zoological
VEC Workforce Center-	5145 East Virginia Beach	Ph.: 757- 455-3960	The Urban League offers readiness training, a youth employment program, financial literacy training and employment counseling. The
VersAbility Resources	8401 Hampton Boulevard, Norfolk, VA 23505	Ph:757- 896-6461	VEC Workforce Centers are generally open weekdays 8:30 A.M. until
Virginia Employment Commission-	5145 East Virginia Beach Boulevard Norfolk, VA 23502	Ph.: 757- 455-3960 Fax: 757-455-3990	VersAbility Resources supports people with disabilities throughout their
Virginia Employment Commission Migrant	Norfolk VEC 5145 East Virginia Beach Blvd	Ph.: 757-455-3960 Fax: 757-455-3990	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities
Virginia Initiative for Education and Work (VIEW) (Rev.06/25/24)	741 Monticello Ave Norfolk, VA 23510	Contacts: Renay Peters: 757- 274-5021 Email: renay.peters@norfolk.gov Andrea Burfoot: 757- 439-6887 Email:andrea.burfoot@norfolk.gov Kuwana Thomas: 757- 297-6034	The VEC is committed to serving migrant and seasonal farm workers who are seeking work. Trained and experienced farm placement
Virginia Workforce Investment Board-	Virginia Workforce Investment Board-Hampton Roads	Contact: Roy Budd Ph.: 757664-2502	The essential function of the Workforce Development Center is to promote employment throughout the City of Norfolk. This is accomplished through the work of the Virginia Initiative for Education and Work (VIEW) program.VIEW provides job readiness, job search, and job development / placement services. Child care, transportation, and other services are included to give a participant the best opportunity
Work Incentives Planning and	Work Incentives Planning and Assistance projects (WIPA)	Coordinator: Frances Durham Ph:757-461-8007	The workforce investment act rewrites current federal statutes governing programs of job training, adult education and literacy, and vocational
FINANCIAL ASSISTANCE			Individuals who now have Medicaid and who want to work should consult with a work incentives specialist before making any changes.
ABLE Accounts (Rev.11/11/24)	Office address ABLEnow 9001 Arboretum Parkway	Toll-free phone: 1-844-NOW-ABLE (1-844-669-2253)	
			The federal Achieving a Better Life Experience (ABLE) Act authorized states to establish tax-advantaged savings programs so individuals with disabilities can save and invest money without jeopardizing eligibility for

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Acute Needs Children Fund. -Norfolk Urban Outreach Ministry	Acute Needs Children Fund. - Norfolk Urban Outreach Ministry	Contact: Dawn Ph: 757-461-4213 Website: http://nuom.org/Norfolk_Urban_Outreach_Mini.html	Provides discretionary assistance to situations involving children in crisis when other agencies and resources cannot help.
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of your proof documentation to:	Website: https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the Federal Poverty Line or if you or someone
Ambassadors for Christ	700 Newtown Rd Suite 109 Norfolk, VA 23502	Ph:757- 228-5828 Website: https://foodbankonline.org/	Ambassadors for Christ provides emergency assistance for food pantry. Date/Time: Sun 11a-330pm. Please call for further information.
Antioch Missionary Baptist Church	525 Dinwiddie St Norfolk, VA 23523	Ph:757- 543-1980	Antioch Missionary Baptist Church provides emergency assistance for food pantry. Date/Time:2nd & 4th Wed 11am-1pm. Please call for further information.
Armed Services YMCA of Hampton Roads	Armed Services YMCA of Hampton Roads	Ph: 757-363-1884	Armed Services YMCA of Hampton Roads provides holidays assistance for families. Please call for further information.
Ashley HomeStore-Hope to Dream	Ashley HomeStore-Hope to Dream	Website: https://www.ashleyfurniturehomestore.com/a-hope-to-dream	Ashley HomeStore believes that every child should have a bed to call their own. They provide a twin mattress, bed frame, bedding and pillow
Bank Street Baptist Church	7010 Auburn Avenue, Suite M, Norfolk, VA 23513	Ph:757- 857-7513 Website: https://foodbankonline.org/	Bank Street Baptist provides emergency assistance for food pantry. Church Date/Time: Wednesday 9a-noon. Please call for further information.
Basilica of St. Mary's Food Pantry	St. Mary's Food Pantry 1000 Holt Street	Ph:757-622-4487	St. Mary's Food Pantry provides emergency assistance for food pantry. Date/Time: Monday, Wednesday and Thursday-Open daily 10-am -
Bertha Snyder Children's Care Fund	Bertha Snyder Children's Care Fund	Child Day Care Main: 757-852-9797	Responds to the needs of children with enrichment scholarships, childcare, resource and referral, and camp scholarships. Board
Bethlehem Missionary Baptist Church	1502 Link St. Norfolk, VA 23504	Ph: 757- 623-1575 Website: https://foodbankonline.org/	Bethlehem Missionary Baptist Church provides emergency assistance for food pantry. Date/Time: 2nd Tuesday of the month 12pm-1pm. Please call for further information.
Bon Secours DePaul Medical Center-	Bon Secours DePaul Medical Center-Indigent Care and	Ph:757- 889-5000	The Bon Secours "Financial Assistance Program" aids uninsured patients who do not qualify for government-sponsored health insurance
Bread of Life Ministry, Inc.	4210 Colley Ave Norfolk, VA 23508	Ph:757- 248-1968 Website: https://foodbankonline.org/	Bread of Life Ministry, Inc. provides emergency assistance for food pantry. Date/Time:4th Saturday 10am-1pm; Monday through Friday:
Burning Bush Worship Center	405 Pendleton Street Norfolk, VA 23523	Ph:757- 543-4254 Website: https://foodbankonline.org/	Burning Bush Worship Center provides emergency assistance for food pantry. Date/Time: Sunday 1030a-1p; Monday, Tuesday, Thursday, and Saturday 1130am-1pm. Please call for further information.
Calvary Revival Church	5833 Poplar Hall Dr, Norfolk, VA 23502	Ph: 757-321-7743 Website: https://foodbankonline.org/	Calvary Revival Church provides emergency assistance for food pantry. Date/Time: Friday 930a-noon. Please call for further information.
Calvary Presbyterian Church	Calvary Presbyterian Church 150 Kempsville Rd Norfolk VA	Ph:757-461-7043 Website: https://foodbankonline.org/	Calvary Presbyterian Church provides emergency assistance for food pantry. Please call for further information.

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Campostella Heights SDA Church	1006 Oakwood Street Norfolk, VA 23523	Ph:757- 961-3286 Website: https://foodbankonline.org	Campostella Heights SDA Church provides emergency assistance for food pantry. Date/Time: Monday & Friday 8am-10am. Please call for further information.
Casa de Adoracion Familiar Internacional (CAFI) (Rev.09/26/23)	1251 Kempsville Road, Norfolk, VA 23502	Ph:757- 901-8844 Website: https://foodbankonline.org	Casa de Adoracion Familiar Internacional (CAFI) provides emergency assistance for food pantry. Date/Time: 2nd Thursday of the month from 5-7pm. Please call for further information.
Catholic Charities - Budget Counseling (Rev.4/30/19)	Catholic Charities	Ph: 757- 484-0703	Catholic Charities counselors will help individuals and families set a budget based on income, living expenses, priorities and goals. Future financial problems can be avoided through planning, wise use of credit, <u>education and family money management</u> . All sessions are free and
Catholic Charities Emergency	Catholic Charities	Ph.: 757-587-4202	Catholic Charities provides financial assistance only for rent/mortgage and utility help for families facing unforeseen difficulties. Catholic
Catholic Charities of Eastern VA-Greater Hampton Roads Diaper Bank (Rev.01/30/23)	1132 Pickett Rd. Norfolk, VA 23502	Ph:757- 456-2366 Website: http://ghrdiaperbank.org	Catholic Charities of Eastern VA is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Central Baptist Church-Ghent	Central Baptist Church-Ghent 701 W. Olney Road Norfolk	Ph:757-627-4571 Website: https://foodbankonline.org	Central Baptist Church-Ghent serving up a hot, nutritious bowl of soup with bread. Date/Time: Mondays from 9:30am until 11:30am. Please
Christ and St. Luke's Episcopal Church	Christ and St. Luke's Episcopal Church 560 W. Olney Rd	Ph: 757-627-5665 Website: https://foodbankonline.org	Christ and St. Luke's Episcopal Church provides emergency assistance for food pantry. Date/Time: Thursdays at 11:00am. Please call for further
CHKD Financial Assistance Program	CHKD Financial Assistance Program	Ph: 757-668-7141 Email: charitycare@chkd.org	CHKD Financial Assistance Program-Uncompensated Charity Care participate with state sponsored charity care for hospital care. Free
Church After God's Own Heart	7110 Clayton Drive, Norfolk, VA 23513	Ph: 757- 853-2022 Website: https://foodbankonline.org	Church After God's Own Heart provides emergency assistance for food pantry. Date/Time: Wednesday 6p-7p (Only serves Zip Code
Church of the Lord Jesus Christ	400 East Liberty St Norfolk, VA 23523	Ph:757- 636-5652 Website: https://foodbankonline.org	Church of the Lord Jesus Christ provides emergency assistance for food pantry. Date/Time: 2nd, 3rd & 4th Thursdays 10:00am-11:00am.
Colonial Avenue United Methodist Church (Rev.09/05/24)	1301 Colonial Avenue Suite 2 Norfolk, VA 23517	Ph:757-622-0438 Fax:757-622-0074 Email: gamnorfolk@gmail.com Intake Contact: Timothy Giddens Intake Ph:757-622-0438 Intake Email: tim@gamnorfolk.org Website: www.gamnorfolk.org	Colonial Avenue United Methodist Church provides Financial Aid Electric, Financial Aid Gas, General Clothing Provision, Financial Aid Heating Fuel, Financial Aid Medical Dental Prescription, Financial Aid Transportation, Financial Aid Water. Hours: Monday-Friday from 10:00 AM - 2:00 PM. Please call for further information.

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Colonial Heights Church of Christ	833 Marvin Ave Norfolk, VA 23518	Ph:757- 587-0401 Website: https://foodbankonline.org/	Colonial Heights Church of Christ provides emergency assistance for food pantry. Date/Time:2nd and 4th Saturdays 9am-11am. They also provides assistance with clothes closet. Please call for further information.
Commonwealth Community Trust (CCT) (Rev.04/17/23)	Commonwealth Community Trust (CCT)	Ph:804-740-6930 Website: https://commonwealthcommunitytrust.org/charitable-fund-award	CCT sponsors a Charitable Fund Award, a grant program that helps with the purchase of equipment or services (respite) not otherwise covered by insurance, to Virginia residents who demonstrate a financial need. Applications generally accepted the first quarter of the year, and <u>are granted, as appropriate, in the second quarter of the year. Maximum</u>
Connect2Compete-affordable internet	Connect2Compete-affordable internet access	855-222-3252 or visit Website: Connect2Compete.org/C	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and
Connection Point/Regional Crisis Hotline	Connection Point	Ph.: 757- 227-5932 757- 587-4202. Toll Free:866-750-4431	Connection Point/Regional Crisis Hotline is the coordinated assessment and referral center for people who are experiencing homelessness or who are at-risk of becoming homeless to access assistance in the City of Virginia Beach. <u>The phone is answered Monday through Friday, from</u>
Cooling Assistance Program -Virginia LIHEAP- Norfolk Department of Human C.O.R.E. (Rev.09/28/23)	Cooling Assistance Program - Virginia LIHEAP- Norfolk Department of Human Services 741 Monticello Avenue 1300 Forge St., Norfolk, VA 23504	Ph:757- 664-6000 Fax:757- 664-3275 Website: http://www.norfolk.gov/HumanS... Ph:703-638-0800 Website: https://foodbankonline.org/	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In addition, the C.O.R.E. provides emergency assistance for food pantry. Date/Time: 3rd Saturday of the month from 10:00am-12:00pm. Please call for further information.
Corner Stone Christian Center	419 Walker Ave Norfolk, VA 23523	Ph:757- 543-0002 Website: https://foodbankonline.org/	Corner Stone Christian Center provides emergency assistance for food pantry. Date/Time: Wednesdays 11a-noon. Please call for further information.
Cover Virginia-Virginia-Based Assisters (Rev.1/21/19)	1.CommuniCare 804 Whitaker Lane, Norfolk, VA, 23510	1.CommuniCare Ph:757-610-9500	Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed rigorous training courses and passed <u>certification requirements. You can work with assisters on everything:</u>
Crisis Assistance Program - -Virginia LIHEAP- Norfolk	Crisis Assistance Program- Norfolk Department of Human Services 741 Monticello Avenue	Ph:757- 664-6000 Fax:757- 664-3275 Website: http://www.norfolk.gov/HumanS...	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-off is imminent, and inoperable or unsafe heating equipment. Types of
Crisis Intervention Program - STOP i	2551 Alameda Ave., Norfolk, VA 23513-2443	Ph:757858-1360 OR Contact: Community Services Component	*CRISIS INTERVENTION PROGRAM- STOP intervenes in crisis situations by aiding individuals and families with securing or maintaining adequate shelter through the provision of short-term financial assistance, i.e. <u>first month's rent, hotel, motel costs or rent/mortgage.</u>
Department of Social Services-The Division of Child Support Enforcement (DCSE)	#7 Interstate Corp. Center, Suite 200 6340 Center Drive Norfolk, VA 23502	Ph:757- 455-3650 TOLL FREE: 800- 468-8894	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. <u>The actions of DCSE are based on federal and state law. The primary</u>

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Discretionary Fund.--Norfolk Urban Outreach Ministry	Discretionary Fund.--Norfolk Urban Outreach Ministry	Contact: Dawn Ph: 757-461-4213 Website: http://nuom.org/Norfolk_Urban_O	Provides assistance with prescriptions, transportation, medical care and housing. This program is used to provide for the needs that other programs may not support.	
Dress for Success	4000 Colley Avenue, Suite 200 Norfolk, VA 23508	Ph:757-961-7148 Website: https://hamptonroads.dressforsuccess.org Email: general.inquiries@dressforsuccess.org	Dress for Success vision is a world where women do not live in poverty; they strive for a world where all women are financially independent, are treated with dignity and respect and are directly impacting their lives and those of their families. They provide each client with professional attire.	
Dominion Virginia Power (Electric bill)	Dominion Virginia Power (Electric bill)	Ph:888-667-3000	May assist with payment and/or budget plan	
Doulos for Christ	5204 Elmhurst Avenue, Norfolk, VA 23513	Ph:757- 857-5358 Website: https://foodbankonline.org/	Doulos for Christ provides emergency assistance for food pantry. Date/Time: Monday & Thursday noon-1pm. Please call for further information.	
Dwelling Place-Shelter	Norfolk	Ph:757-624-9879 Hotline:757-664-6083	Dwelling Place is a shelter for homeless families. Please call for further information.	
East Ocean View Baptist Church	East Ocean View Baptist Church 9609 9th Bay St Norfolk VA	Ph:757- 588-1985 Website: https://foodbankonline.org/	East Ocean View Baptist Church provides emergency assistance for food pantry. Please call for further information.	
Enroll Virginia at Park Place Family Medical Center (Rev.09/13/25)	Park Place Family Medical Center 155 Kingsley Lane, Suite 320, Norfolk, VA 23505	Park Place Family Medical Center Ph: 757-393-6363 Email: phc@inova.org	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance.	Norfolk
Enroll Virginia at Park Place Family Medical Center (Rev.09/13/25)	Park Place Family Medical Center 830 Southampton Avenue, Ste. 200, Norfolk, VA 23510	Park Place Family Medical Center Ph: 757-284-4812 Email: phc@inova.org	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance.	Norfolk
Emergency Housing Fund.- Norfolk Urban Outreach Ministry	Emergency Housing Fund.- Norfolk Urban Outreach Ministry	Contact: Dawn Ph: 757-461-4213 Website: http://nuom.org/Norfolk_Urban_O	Provides one-time assistance with rent or mortgage to prevent eviction or foreclosure. This program assists residents of Hampton Roads based on the availability of funds.	
Emergency Utility (Water) Payment Program-Norfolk Department of Human Services	Emergency Utility (Water) Payment Program-Norfolk Department of Human Services 41 Monticello Avenue Norfolk, VA 23510	Ph:757-664-6035 Website: https://www.norfolk.gov/3382/Emergency-Utility-Water-Payment-Program Application is available at: www.norfolk.gov/human-services	The City of Norfolk's Emergency Utility Water Payment Program helps eligible residents avoid disruption of service through The Norfolk Department of Human Services . They will provide a one-time payment to help low-income households prevent the disconnection of water due to non-payment, and to maintain a safe and healthy environment for Norfolk's households who meet eligibility requirements.	
Empowering Youth, Inc. 2020-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	3450 Chesapeake Blvd. Norfolk, VA 23513	Ph:757-399-9418 Website: http://ghrdiaperbank.org	Empowering Youth, Inc. 2020 is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.	
Energy Share Agencies-Salvation Army	The Salvation Army	The Salvation Army Ph:757-543-8100	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and electricity) and cooling assistance (for Virginia customers).	

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Episcopal Church of the Advent	9629 Norfolk Ave, Norfolk, VA 23503	Ph: 757- 587-0125 Website: https://foodbankonline.org/	Episcopal Church of the Advent provides emergency assistance for food pantry. Date/Time: Monday and Thursday 10a-noon; Thursday 6p-700p. Serves the following zip codes: 23503, 23505, 23518. Please call for further information.
Episcopal Church of the Ascension, Inc.	405 Talbot Hall Rd Norfolk, VA 23505	Ph: 757- 423-7615 Website: https://foodbankonline.org/	Church of the Ascension, Inc. provides emergency assistance for food pantry. Date/Time: Tuesday & Thursday 930am-11am. Please call for further information.
Every Woman's Life-EVMS (Rev.5/8/19)	P.O. Box 1980 Norfolk, VA 23501-1980	Ph:757-446-5600	Every Woman's Life is a community-outreach program for uninsured and low-income women in Norfolk and Portsmouth that helps provide access to free: breast and cervical screening exams, mammograms, pelvic exams and Pap tests. Eligibility: be a U.S.
Faith Christian Center	Faith Christian Center 1066 Norview Ave Norfolk VA	Ph: 757-857-1336 Website: www.fcnorfolk.com	Faith Christian Center provides emergency assistance for food pantry. Date/Time: The first Saturday of the month from 10-am -noon. Please call for further information.
Faith World Ministries	6235 Azalea Garden Rd, Norfolk, VA 23518	Ph:757-857-0237 Website: https://foodbankonline.org/	Faith World Ministries provides emergency assistance for food pantry. Date/Time: Tuesday & Thursday 1p-4pm. Please call for further information.
Feeding America-Food Bank	Feeding America-Food Bank Food bank of Southeastern Virginia 800 Tidewater Drive PO Box 1940 Norfolk , VA, 23504	Ph.: 757-627-6599 Website: http://feedingamerica.org/about-us.aspx OR Website: https://foodbankonline.org/	Feeding America is the nation's leading domestic hunger-relief charity. Their mission is to feed America's hungry through a nationwide network of member food banks and engage our country in the fight to end hunger. Each year, the Feeding America network provides food to more than 37 million low-income people facing hunger in the United States, including more than 14 million children and nearly 3 million seniors.
Financial Resources-Norfolk Community Trust -CSB	Financial Resources- Norfolk Community Trust Office of Consumer Relations ~~Norfolk Community Services Board~~	Ph:757-823-1600 Website: www.norfolkcsb.org	Norfolk Community Services Board established the Norfolk Community Trust as a way for people to protect the financial future for loved ones who have adults with developmental disabilities or mental illness. The ~~trust is a relationship between parties: trustees, a beneficiary, and~~
First Baptist Church of Norfolk /The Newby Foundation (Rev.08/14/24)	418 E. Bute St. Norfolk, 23510	Ph:757- 622-6701 Fax: 757-622-9197 Website: https://foodbankonline.org/	First Baptist Church Norfolk provides emergency assistance for food pantry. Date/Time: Saturdays 10am-12pm. Please call for further information.
First Baptist Church of Norfolk /The Newby Foundation-Greater Hampton Roads Diaper Bank (Rev.08/14/24)	418 E. Bute St. Norfolk, 23510	Ph:757- 622-6701 Fax: 757-622-9197 Website: https://foodbankonline.org/	First Baptist Church of Norfolk /The Newby Foundation is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
First Call- The United Way	First Call- The United Way	Ph: 757-594-4636	First Call- The United Way provides assistance with food, shelter, rent, utilities or other basic needs. Please call for further information.

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Flames of Fire Church of Divine Deliverance	1478 Kempsville Road Norfolk, VA 23502	Ph: 757- 455-6460 Website: https://foodbankonline.org/	Flames of Fire Church of Divine Deliverance provides emergency assistance for food pantry. Date/Time: 3rd Saturday 9a-11a and by appointment only. Please call for further information.
Fleet and Family Support Center	7928 14th Street, Suite 102 Norfolk, VA 23505	Ph: 757-444-2102 Toll Free: 800-372-5463	Fleet and Family Support Center (FFSC) provides Financial Assistance to promote quality of life for military personnel and their families. Visit the nearest Fleet and Family Support Center for further information on base and community services.
Food Closet	Food Closet	Ph: 757-456-1220	Food Closet provides holidays assistance for families (Monday – Friday 9:00 a.m.-4:00 p.m.). Please call for further information.
ForKids, Inc.-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	ForKids, Inc.	Ph: 757- 622-6400 Website: http://ghrdiaperbank.org	ForKids, Inc. is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
ForKids Inc. / Haven House Shelter	Norfolk	Ph: 757-587-4202 Hotline: 757-664-6083	ForKids Inc. / Haven Houses a shelter for homeless families. Please call for further information.
Garden of Hope, Inc.	Garden of Hope, Inc. 1317 E. Brambleton Avenue Norfolk VA 23513	Ph: 757-390-4328 Website: www.gardenofhopecdc.org Email: gardenofhopeinfo@gmail.com	The Garden of Hope is a non-profit organization serving families and individuals in Hampton Roads that are experiencing social, economic and personal difficulties. Services are offered to youth, ex-offenders seeking employment, victims of domestic violence, faith-based and general community. Please call for further information.
Ghent Area Ministry (GAM)-Emergency Assistance (Rev.06/30/24)	Ghent Area Ministry (GAM) 1301 Colonial Avenue Norfolk VA	Intake Contact: Giddens, Timothy Intake Email: tim@gamnorfolk.org Ph.: 757-622-0438 Fax: 757-622-0074	Ghent Area Ministry (GAM) is a faith-based outreach ministry dedicated to assisting those in need in the Norfolk community through financial assistance, resources, and services. Those with financial difficulties receive help with rent, utilities, prescriptions, food, local transportation, and obtaining state IDs. Additionally, clients receive assistance through The Coat Closet and the Food Pantry. GAM works in conjunction with
Grace and Hope Mission Inc.	2800 Lafayette Boulevard, Norfolk, VA 23509	Ph: 757- 855-7175 Website: https://foodbankonline.org/	Grace and Hope Mission Inc. provides emergency assistance for food pantry. Date/Time: Monday, Thursday, Friday 10am-4pm (Must call for appointment). Please call for further information.
Grace Episcopal Church	1400 E Brambleton Avenue, Norfolk, VA 23504	Ph: 757- 625-2868 Website: https://foodbankonline.org/	Grace and Hope Mission Inc. provides emergency assistance for food pantry. Date/Time: Wednesday 11am-2pm. Please call for further information.
Granby Family YMCA (Rev.09/26/23)	2901 Granby St, Norfolk, VA 23504	Ph: 757- 965-2322 Website: https://foodbankonline.org/	Granby Family YMCA provides emergency assistance for food pantry. Date/Time: 1st and 3rd Wednesdays of the month from 5:30-7:30pm. Please call for further information.

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Healing Word Fellowship Church (Rev.09/27/23)	7625 Sewells Point Rd, Norfolk, VA 23513	Ph: 757-449-5313 Website: https://foodbankonline.org/	Healing Word Fellowship Church provides emergency assistance for food pantry. Date/Time:Tuesdays and Thursdays from 6:00-8:00pm .Please call for further information.
Heating Assistance Program-Virginia LIHEAP- Norfolk	Heating Assistance Program- Virginia LIHEAP- Norfolk Department of Human Services	Ph:757- 664-6000 Fax:757- 664-3275 Website: http://www.norfolk.gov/HumanServices	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living
Herald of His Coming COGIC	727 E 27th Street, Norfolk, VA 23504	Ph:757- 623-1312 Website: https://foodbankonline.org/	Herald of His Coming COGIC provides emergency assistance for food pantry. Date/Time:1st & 3rd Thursday 7pm-730pm.Please call for further information.
Holy Trinity Catholic Church	Holy Trinity Catholic Church 155 W Government Avenue Norfolk, VA 23503	Ph:757-480-3433 Email:epblarney@cox.net Website: https://foodbankonline.org/	Holy Trinity Catholic Church provides emergency assistance for food pantry. Hours of Operation Mon thru Thurs 1pm - 3pm. Please call for further information.
Holy Trinity Baptist Outreach Mission	2505 Llewellyn Avenue, Norfolk, VA 23517	Ph:757- 627-7110 Website: https://foodbankonline.org/	Holy Trinity Baptist Outreach Mission provides emergency assistance for food pantry. Date/Time:2nd & 4th Saturday 10a-noon. Please call for further information.
Iglesia de Dios Eben-Ezer, Norfolk	745 Pecan Point Rd Norfolk, VA 23502	Ph: 757- 422-2997 Website: https://foodbankonline.org	Iglesia de Dios Eben-Ezer, Norfolk provides emergency assistance for food pantry. Date/Time:2nd Saturday 10a-noon. Spanish speaking staff available. Please call for further information.
IGNITE Norfolk	1338 W. 49th Street Norfolk, VA 23508	Email: info@jahamptonroads.org Website: http://hamptonroads.ja.org	IGNITE Norfolk Pantry provides emergency assistance for food pantry. Date/Time: Tuesdays from 12-5PM. Eligibility: (ODU students, staff, & faculty only). All client information is kept strictly confidential to ensure that you have the most positive experience possible. Email or visit the
John Stewart Foundation-Greater Hampton Roads Diaper Bank (Rev.08/14/24)	8114 Pace Rd. Norfolk, VA 23518	Ph:757-895-3988 Website: https://johnstewartfoundation.org	John Stewart Foundation, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Hours: Monday-Friday,09:00 am – 05:00 pm.Please call for further information.
Judeo Christian Outreach Center-Shelter	Judeo Christian Outreach Center 1053 Virginia Beach Blvd P.O Box 831 Virginia Beach, VA 23451	Ph:757-491-2846	Judeo Christian Outreach Center provides shelter for adult singles and families. They provide daily evening meals from Monday-Friday 6:00 PM and Saturday/Sunday at 3:00 PM for residents only. Please call for further information.
Judeo Christian Outreach Center - Holidays Assistance	Judeo Christian Outreach Center	Ph:757- 491-2846	Judeo Christian Outreach Center provides holidays assistance for families. Please call for further information.
Justine's Clothes Closet	Justine's Clothes Closet 800 Tidewater Drive Norfolk, VA 23504	Ph:757-627-6599	Justine's Clothes Closet provides needed clothing items for children. Voucher by the Department of Social Services Required for clothing.

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Kids Cafe	Kids Cafe After the Bell @ Lafayette-Winona Middle School 1701 Alseco Avenue	Winona Middle School Ph:757- 628-2477 Fax: 757- 628-2486 OP	Kids Cafe® is a national program founded by Feeding America and administered locally by the Food bank of Southeastern Virginia. It is a place where children through 18 years of age can come to receive free, nutritious evening meals in a safe, supportive environment. A Food
Labor Participation-Program of United Way of Hampton Roads	Labor Participation 2515 Walmer Avenue Norfolk VA 23513	Contact: Desi Nichols Ph.: 757-853-8500 Fax: 757-853-3900	Provides emergency financial assistance to individuals that fit the following criteria: Lay -offs, work stoppages, loss of daycare, loss of transportation, illness, illness of a family member, If none of the above client must call and make an appointment with consumer credit
Larchmont United Methodist Church	1101 Jamestown Crescent, Norfolk, VA 23508	Ph:757- 489-8168 Website:https://foodbankonline.org	Larchmont United Methodist Church Norfolk provides emergency assistance for food pantry. Date/Time: Monday through Thursday 930am-noon. Please call for further information.
Life Restoration, Inc.	113 Seekel Street Norfolk, VA 23505	Ph:757- 423-3283	Life Restoration, Inc. provides emergency assistance for food pantry. Date/Time: Saturday 9a-1p (USDA last Saturday.) Please call for further information.
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/ls/ Providers:	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide
Living Destiny Church-Greater Hampton Roads Pantry (Rev.09/28/23)	500 E. Little Creek Rd, Norfolk, VA 23505	Ph:757-321-7486 Website:https://foodbankonline.org/	Living Destiny Church-Greater Hampton Roads Pantry provides emergency assistance for food pantry. Date/Time: Sundays from 12:30-2:30pm. Please call for further information.
Living Destiny Church-Greater Hampton Roads Diaper Bank (Rev.09/06/22)	550 E. Little Creek Rd. Norfolk, VA 23505	Ph:757-705-9997 Website::http://ghrdiaperbank.org	Living Destiny Church, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. ** Distribution: Sundays from 12:30-2:30pm. Please call for further information.
LGBTQ Life Center-Financial Assistance Services (Rev.09/27/23)	5360 Robin Hood Rd, Norfolk, VA 23513	Ph:757- 640-0929 Fax:757- 622-8932 OR 757- 200-9197 Email: info@lgbtlifecenter.org	LGBT (Lesbian, Gay, Bisexual and Transgender) Life Center provides rental assistance services to individuals in need. Spanish speaking staff is available upon request. Please call for further information.
LGBTQ Life Center-Food Pantry (Rev.09/27/23)	5360 Robin Hood Rd, Norfolk, VA 23513	Ph:757- 640-0929 Fax:757- 622-8932 OR 757- 200-9197 Email: info@lgbtlifecenter.org	LGBT (Lesbian, Gay, Bisexual and Transgender) Life Center provides emergency assistance for food pantry to individuals in need. Spanish speaking staff is available upon request. Please call for further information.
Love Unlimited - Greater Hampton Roads Diaper Bank (Rev.09/06/22)	4700 Colley Ave. Norfolk, VA 23508	Ph:757-376-7644 Website::http://ghrdiaperbank.org	Love Unlimited, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

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Lutheran Council of Tidewater	Lutheran Council of Tidewater	Ph:757-623-0155	Lutheran Council of Tidewater provides financial assistance for utilities. Please call for further information.
Marketplace Navigator	Marketplace Navigator	Contact: Simone McKinney Ph:757-627-3362 Email: Simone@enroll-virginia.com	Marketplace Navigator is an individual or organization that's trained and able to help consumers, small businesses, and their employees as they look for health coverage options through the Marketplace, including completing eligibility and enrollment forms. These individuals and
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:1-800-643-2273 TDD: 1-800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website:www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website:www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.09/2021)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Modallion 1.0:	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan:	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunityplan.com	United Healthcare Provider Listings.
Meals on Wheels	Meals on Wheels- 251 South Newtown Rd Norfolk, VA 23502	Ph:757-892-5210	Meals on Wheels provides meals packaged and delivered M-F for disable and elderly through the PAA for residents in Norfolk. Please call for further information.
Medicaid	Norfolk Department of Human Services 741 Monticello Avenue Norfolk, VA 23510-1506	Ph:757- 664-6000 Fax:757- 664-3275 Website: http://www.norfolk.gov/humanS	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Medicaid-Fee-for-Service-Waivers	Medicaid-Fee-for-Service-Waivers	Website:www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders< http://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
Metropolitan AME Zion Church (Rev.09/26/23)	1710 Springfield Ave, VA 23523	Ph: 757-636-5704 Website:https://foodbankonline.org/	Metropolitan AME Zion Church provides emergency assistance for food pantry. Date/Time: 1st Saturday 9am-12pm. Please call for further information.

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Mount Lebanon Baptist Church (Rev.09/26/23)	1141 Campostella Service Road, Norfolk, VA 23523	Ph:757- 543-0951 Website: https://foodbankonline.org	Mount Lebanon Baptist Church provides emergency assistance for food pantry. Date/Time: 3rd Saturday of the month 10:00am-1:00pm. Please call for further information.
Mt Hermon Baptist Church	3101 Lens Ave Norfolk, VA 23509	Ph:757- 855-7989 Website: https://foodbankonline.org/	Mt Hermon Baptist Church provides emergency assistance for food pantry. Date/Time: Wednesday & Thursday 1pm-2pm. Please call for further information.
Mt Gilead Baptist Church (Rev.09/27/23)	1057 Kennedy Street, Norfolk, VA 23513	Ph:757- 853-3721 Website: https://foodbankonline.org/	Mt Gilead Baptist Church provides emergency assistance for food pantry. Date/Time: 2nd & 4th Friday 12PM-2PM. Please call for further information.
Mt. Joy Church God In Christ (COGIC) (Rev.09/26/23)	109 W 26th St, Norfolk, VA 23517	Ph:757- 533-5205 Website: https://foodbankonline.org/	Mt. Joy Church God In Christ (COGIC) provides emergency assistance for food pantry. Date/Time: 1st and 3rd Tuesday of each month from 11:00am-1:00pm. Please call for further information.
Mt Olive Baptist Church	2401 Ludlow Street Norfolk, VA 23504	Ph: 757- 627-0935	Mt Olive Baptist Church provides emergency assistance for food pantry. Date/Time: Monday 11am-1230pm. Please call for further information.
National Coalition for Youth and Families @ Bethlehem Church (Rev.09/27/23)	939 Marietta Avenue @ Bethlehem Church, Norfolk, VA 23513	Ph:757- 857-0755 Website: https://foodbankonline.org/	National Coalition for Youth and Families @ Bethlehem Church provides emergency assistance for food pantry. Date/Time: 2nd Wednesday 6PM- 7:30PM; 2nd and 4th Saturday 11AM-1230PM. Please call for further information.
Nest (seasonal) (Winter Overnight)	Norfolk	Ph:757-622-2549	The Norfolk Emergency Shelter Team (NEST) is a ministry to the homeless sponsored by the city of Norfolk and 30 churches and
New Central Baptist Church (Rev.09/26/23)	700 Walker Ave, Norfolk, VA 23523	Ph:757- 545-0462 Website: https://foodbankonline.org/	New Central Baptist Church provides emergency assistance for food pantry. Date/Time: 3rd Saturday of each month from 11:00am-1:00pm. Please call for further information.
New Dimension Christian Fellowship	5121 Virginia Beach Blvd, Ste. B1 Norfolk, VA 23502	Ph:757- 455-5050 Website: https://foodbankonline.org	New Dimension Christian Fellowship provides emergency assistance for food pantry. Date/Time: 2nd & 4th Friday 1130a-1230am. Please call for further information.
New Hope COGIC	3241 Brest Ave Norfolk, VA 23509	Ph:757- 855-3637 Website: https://foodbankonline.org	New Hope COGIC provides emergency assistance for food pantry. Date/Time: Wednesday, Friday, & Saturday 10am; Thursday 8pm.
New Horizon Outreach	1565 Kerrey Avenue Norfolk, VA 23502	Ph: 757- 858-1995 Website: https://foodbankonline.org	New Horizon Outreach provides emergency assistance for food pantry. Date/Time: Thursday 1p-230p and as needed by appointment. Please call for further information.
New Life Christian Center's Storehouse	New Life Christian Center's Storehouse Norfolk, VA 23502	Ph:757-362-8015 Website: https://foodbankonline.org	New Life Christian Center's Storehouse provides emergency assistance for food pantry. Please call for further information.
Norfolk Church of Christ (Rev.09/26/23)	5801 Granby Street, Norfolk, VA 23505	Ph:757- 489-4134 Website: https://foodbankonline.org	Norfolk Church of Christ provides emergency assistance for food pantry. Date/Time: Wednesday 630p-7p. Please call for further information.
Norfolk Department of Human Services	Norfolk Department of Human Services	Ph:757- 664-6000 Fax:757- 664-3275	The Norfolk Department of Social Services' mission is to provide benefits and services to the citizens of Norfolk based on programs

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Norfolk Senior Center (Rev.09/27/23)	7300 Newport Avenue Norfolk, VA	Ph: 757-625-5857 Website: https://foodbankonline.org/	Norfolk Senior Center provides emergency assistance for food pantry. Date/Time: Every Wednesday from 12:00pm-1:30pm. Please call for further information.
Norfolk Seventh Day Adventist Church	1099 Kempsville Rd Norfolk, VA 23502	Ph: 757- 461-6049	Norfolk Seventh Day Adventist Church provides emergency assistance for food pantry. Date/Time: 2nd & 4th Wednesdays 11a-2pm . Please call for further information.
Norfolk United Methodist Church (Rev.09/28/23)	6870 N Military Hwy Norfolk, VA 23518	Ph: 757-628-6543 Website: https://foodbankonline.org/	Norfolk United Methodist Church provides emergency assistance for food pantry. Date/Time: 2nd Saturday of the month from 9:00-11:00am . Please call for further information.
Norfolk Urban Outreach Ministry	Norfolk Urban Outreach Ministry Emergency Funds Clearing House	Contact: Dawn Ph: 757-461-4213	This program is a computerized clearing house available to area churches and agencies. It maintains a database of people seeking
Oakwood Chapel Church of Christ (Rev.09/27/23)	982 Avenue E, Norfolk, VA 23513	Ph: 757- 853-9431 Website: https://foodbankonline.org	Oakwood Chapel Church of Christ provides emergency assistance for food pantry. Date/Time: 2nd and 4th Saturdays of each month from 10:00am-1:00pm. Please call for further information.
Ohef Sholom Temple	530 Raleigh Ave Norfolk, VA 23507	Ph: 757- 625-4295	Ohef Sholom Temple provides emergency assistance for food pantry. Date/Time: Last Monday of the month, 1130a-1p. Clothing, shoes, and
Optima Health-Healthy Food Pantry	Calvary Revival Church 5833 Poplar Hall Drive Norfolk, VA 23502	Toll-free: 1-833-261-2367 (TTY: 711) Email:	Optima Health sponsors the Healthy Food Pantry in partnership with the Foodbank of Southeastern Virginia and the Eastern Shore, and Calvary
Optima Health-Healthy Savings- Only for Optima Community Care	Optima Health-Healthy Savings- Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website: https://www.healthysavings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should
Outreach Program to sign for FAMIS-	1301 Colonial Avenue Norfolk, VA 23517	Contact: Melody Phipps Ph.: 757-467-7707	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities
Outreach Africa-Greater Hampton Roads Diaper	Norfolk, VA	Ph: 757-395-0331	Outreach Africa is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need.
PARC (food baskets)	PARC (food baskets)	Ph: 757-397-5208	PARC (food baskets) provides holidays assistance for families. Please call for further information.
Park Place Ministry Center	500 W 34th Street, Norfolk, VA 23508	Ph: 757- 622-3363	Park Place Ministry Center provides emergency assistance for food pantry. Date/Time: Thursday 630p-730p; Saturday 10a-11am. Please
People First -Greater Hampton Roads Diaper	453 Walke Street Norfolk, VA 23504	Ph: 757-390-4365 447 Walke Street, Norfolk VA	People First, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please
Queen Street Baptist Church	413 E Brambleton Ave Norfolk, VA 23510	Ph: 757-622-4458	Queen Street Baptist Church provides emergency assistance for food pantry. Date/Time: noon-1pm. Please call for further

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Renewing The Mind- Greater Hampton Roads Diaper Bank (Rev.8/21/19)	939 Marietta Ave Norfolk, VA	Ph:757-227-1189	Renewing The Mind is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Royster Memorial Presbyterian	1101 Jamestown Crescent, Norfolk, VA 23508	Ph:757- 489-8168 Website:https://foodbankonline.org	Royster Memorial Presbyterian provides emergency assistance for food pantry. Date/Time: Monday & Wednesday 10a-noon. Please call for further information.
Samaritan Outreach Ministries	5822 Chesapeake Blvd Norfolk, VA 23513	Ph: 757- 407-3993 Website:https://foodbankonline.org	Bethlehem Missionary Baptist Church provides emergency assistance for food pantry. Date/Time: Thursday 1pm-3pm Please call for further information.
Sentara Health System/ Hospital/Charity Indigent Care Program (IRev.07/29/20)	Sentara Health System/ Hospital/Charity Indigent Care Program Sentara Healthcare ~~ATTN: Financial Assistance~~	Ph:757-233-4600 Toll Free:1-877-768-3993 Website:www.sentara.com	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to provide proof of income, including pay stubs and/or tax returns. If a
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distributions Centers A. Calvin Presbyterian Church 2901 E. Little Creek Road ~~SHARP Mentorship Program~~	Distributions Centers A. Calvin Presbyterian Church Contact: Michelle Rice Ph:757-619-8184 ~~SHARP Mentorship Program~~	S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40, but be purchased by SHARE for only \$20 and two hours of volunteer service of your choice. ~~SHARE Hampton Roads is not a government funded program, but~~
SHARE - MidAtlantic	SHARE - MidAtlantic 1115 Tabb Street Norfolk, VA 23504	Ph:757- 627-6599 or 757-627-6389	SHARE - MidAtlantic Purpose is to provide food through a work/reimbursement program. A nationwide self help food organization. Services: By contributing a nominal amount in cash or food stamps and 2 hours of community service, it is possible to receive food package ~~valued at approximately \$20. Hours: 9:00 a.m. - 2:00 p.m. M-F~~
Shiloh Baptist Church	745 Park Ave, Norfolk VA 23504	Ph:757-625-4367	Shiloh Baptist Church provides emergency assistance for food pantry. Date/Time: Tuesday 11a-noon; 2nd & 4th Friday 11a-noon. Please call for further information.
S.M.I.L.E , Inc. (Samantha Makes it a Little Easier)	S.M.I.L.E , Inc. (Samantha Makes it a Little Easier)	757-333-1219	S.M.I.L.E , Inc. (Samantha Makes it a Little Easier) provides financial assistance to children affected by life-threatening diseases who could otherwise not be able to obtain these goods or services to make their life easier . Potential recipients must be referred to the organization by a ~~healthcare provider or other qualifying individual. All recipients will be~~
Smith & Smith Ministries (Rev.09/27/23)	419 Glenrock Rd, Norfolk, VA 23502	Smith & Smith Ministries	Smith & Smith Ministries provides emergency assistance for food pantry. Date/Time: 2nd Thursday of each month from 5:30-6:30pm .Please call for further information.
Social Security Administration Main Office (Rev.11/16/20)	5850 Lake Herbert Dr Norfolk, VA 23502	Ph:866-858-6089 Main Number:800-772-1213 TTY:800-325-0778 Website:https://www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, ~~and disability insurance programs. They also administer the~~

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Social Security Administration-Peninsula	Social Security Administration (District Office) 11706 Jefferson Avenue Newport News, VA 23606	Ph:757-873-3914 800-772-1213 757-873-0510 TDD Fax: 757-873-0422	The Social Security Administration purpose is to administer federal benefits for aged, disabled and survivors. Services: Cash benefits to survivors/retirees and disabled. Eligibility: Varies. Handicapped Access: Yes. Foreign Languages: Yes. Fee: None.
Solid Rock Church of Christs Disciples	1025 Kenton Ave Norfolk, VA 23504	Ph:757- 623-2388	Solid Rock Church of Christ Disciples provides emergency assistance for food pantry. Distribution Days: 3rd Sunday 12pm-1pm 4th Sunday 1pm-2pm Please call for an appointment.
St. Columba Ecumenical Ministries, Inc.	St. Columba Ecumenical Ministries, Inc. 2114 Lafayette Blvd Norfolk, VA 23509	Ph.: 757-627-6748 Fax: 757-622-2569	St. Columba Ecumenical Ministries, Inc. provides emergency assistance for food pantry, they also provides rental assistance, utility assistance. All clients must call to see if they have funding, then do a phone interview prior to scheduling a time to go to the office.
St John's Soup kitchen-AME Church	Saint John's Soup kitchen-AME Church 545 East Bute St Norfolk VA 23501	Ph:757-625-2713	Saint John's Soup kitchen-AME Church serves a free meal on the 2nd and 4th Tuesday of the month from 11:30 A.M. to 1:00 P.M . Please call for further information.
St Mark RZUA	1513 Colonial Avenue, Norfolk, VA 23517	Ph:757- 627-3971	St Mark RZUA provides emergency assistance for food pantry. Date/Time: Soup Kitchen: Tuesdays 11a-1p; Pantry 3rd Saturday 11a-1pm. Please call for further information.
St. Paul CME Church	310 E Virginia Beach Blvd Norfolk, VA 23510	Ph:757-622-6079	St. Paul CME Church provides emergency assistance for food pantry. Date/Time: Monday, Wednesday, and Saturday 10a-130p, and Thursday 5p-7pm.Please call for an appointment.
St Timothy Lutheran Church	1051 Kempsville Road Norfolk, VA 23502	Ph:757- 459-2500 Website: https://foodbankonline.org/	St Timothy Lutheran Church provides emergency assistance for food pantry. Date/Time: Thursday 11a-2p by appointment. Please call for further information.
StandUp for Kids	StandUp for Kids	Website: HamptonRoads@standupforkids.org	Provide homeless youth the assistance, training, and resources to make a successful re-integration into society. Their services are provided, but not limited to: Meals and snacks, telephone messages and mail
STOP Inc. -Finance and Consumer Education (FACE)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP's FACE initiative addresses specific financial barriers that are common in vulnerable low to moderate income families and/or underbanked communities. The lack of access to financial services, resources, and advisors are some of the barriers FACE works with customers to overcome. This initiative will affect long-term habits by
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will

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Temple of Prayer	3256 Tidewater Drive Norfolk VA 23509	Ph: 757- 653-8219 Contact: Willaetta Freeman	Temple of Prayer provides emergency assistance for food pantry. Date/Time: Thursday 7pm-8pm.Please call for further information.
The Backpack Program	The Backpack Program Norfolk Elementary Schools: *James Monroe - 520	The Backpack Program Norfolk Elementary Schools: *James Monroe - 520	The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations. Bags/backpacks filled with food that
The Church of Christ Holiness	862 E Princess Ann Rd Norfolk, VA 23504	Ph: 757- 622-4837	The Church of Christ Holiness provides emergency assistance for food pantry. Date/Time:2nd and 4th Saturdays 1p-4p. Please call for further information.
The Joy Fund Norfolk Holiday clothing and toys - Assistance Program	The Joy Fund Norfolk Holiday clothing and toys - Assistance Program 150 West Brambelton Avenue	Ph.: 757-446-2595 Fax: 757-533-5349 Alternate: 757-446-2591 Website:	The Joy Fund Norfolk provides holidays assistance for families with clothing and toys. Please call for further information.
The SLEEPTIGHT Hampton Roads Program	The Up Center of Norfolk & Portsmouth	Ph:757- 397-2121 x 311	The SLEEPTIGHT Hampton Roads program provides an opportunity for any low-income parent in Hampton Roads to receive a portable crib and an education on safe infant sleeping practices at no cost. Please call for further information.
The Up Center - Holidays Assistance	The "Up" Center 580 E. Main Street, Suite 400 Norfolk, Virginia 23510	Ph: 757-622-7017	The Up Center provides for families. Please call for further information.
The Up Center-Legal Custodian Program for Veterans	The "Up" Center 580 E. Main Street, Suite 400 Norfolk, Virginia 23510	Payee Services and Legal Custodianship Contact: Dian Roberts-Supervisor Ph:757-	The Up Center Legal Custodians program provides financial management for veterans with disabilities. The program permits The Up Center to become a veteran's custodian, allowing the agency to manage benefits from the Department of Veterans Affairs if certain
The Up Center-Representative Payee Program	The "Up" Center 580 E. Main Street, Suite 400 Norfolk, Virginia 23510	Payee Services and Legal Custodianship Contact: Dian Roberts-Sup Ph:757-397-2121 x308	The Up Center Representative Payee Program provides financial management for people with disabilities who are not competent to manage their own funds. By paying bills and ensuring sufficient money to last throughout the month, we protect vulnerable people from being
The Up Center-Special Needs Trust	The "Up" Center 580 E. Main Street, Suite 400 Norfolk, Virginia 23510	Contact: Sam Hochberg Vice President, Adult Services Ph:757- 965-8633 Email:sam.hochberg@theupcente	The Up Center's Special Needs Trust program enables people with disabilities to receive the greatest possible benefit from financial settlements, financial gifts and other awards of money and assets without jeopardizing any public benefits and services to which they are
The UP Center-The Art of Debt Management	The "Up" Center 580 E. Main Street, Suite 400 Norfolk, Virginia 23510	Contact: Tiffany Tritch Financial Counselor Ph:757- 965-8636	The Art of Debt Management is an education course for individuals desiring to avoid and/or resolve financial difficulties. Budget, credit, and debt management information is covered in this interactive 2.5 hour course. One-on-one counseling may be scheduled as needed. Please
The UP Center-Greater Hampton Roads Diaper Bank (Rev.8/15/24)	The "Up" Center 580 E. Main Street, Suite 400 Norfolk, Virginia 23510	Ph:757- 965-8636	The UP Center is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

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The Salvation Army Norfolk-Food Pantry (Rev.4/3/18)	5525 Raby Road Norfolk, VA 23502	Ph:757-965-9012 ext.2.	Salvation Army Norfolk provides emergency assistance for food pantry. Operating Hours: Monday – Friday: 1:00pm-3:30pm. Please call for further information.
The Salvation Army- Heating & Cooling	5525 Raby Road Norfolk, VA 23502	Ph:757-965-9012 ext. 1	Salvation Army-Heating & Cooling Assistance Program provides assistance with funds to stop disconnection or to reconnect primary heating or cooling source. Mainly used to cover Dominion Virginia
The Salvation Army- Holidays Assistance	Salvation Army	Ph: 757-543-8100	Salvation Army provides holidays assistance for families. Please call for further information.
The Salvation Army Hope Center-Men's Shelter (Rev.4/3/18)	203 W 19th Street Norfolk, VA 23517	Ph: 757- 622-3417	The Salvation Army Hope Center- Men's Shelter offers meals throughout the day. Shelter guests may also enjoy a 6:00PM dinner serving. Outside of these times, all soup kitchen activities listed below are open to the general public. Breakfast (Bag lunches can be picked at
The Salvation Army Ray & Jean Kroc Corps	1401 Ballentine Boulevard Norfolk, VA 23504	Ph:757- 543-8100	The Salvation Army Ray & Jean Kroc Corps Community Center of Hampton Roads provides emergency assistance for food pantry. Please
The Salvation Army- Rent Assistance (Rev. 4/3/18)	Salvation Army-Rent Assistance 5525 Raby Road Norfolk, VA 23502	Ph:757-965-9012 ext. 4 Website:www.ussalvationarmy.org	Salvation Army-Rent Assistance Program provides funds to pay one month's rent to stop clients from being evicted from rental properties or first month's rent for clients moving into a rental property inside of that
The Salvation Army- H2O Water Assistance	5525 Raby Road Norfolk, VA 23502	Ph:757-965-9012 ext. 3	Salvation Army-H2O Water Assistance Program provide assistance to help with public water utilities in Hampton Roads and HRSD.Clients
The Southeastern Tidewater Community	The Southeastern Tidewater Opportunity Project, STOP 2551 Alameda Ave., Norfolk, VA 23513-2443	Ph:757- 858-1360 Fax: 757- 858-1360	fair housing assistance; home equity conversion mortgage counseling; home improvement/rehabilitation counseling; homebuyer education
The STOP Organization		Ph:757- 858-1360 Fax: 757- 858-1389	The STOP Organization provides holidays assistance for families.(Contact after Oct 22nd for Thanksgiving baskets). Please call
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877- 877 Website: www.fns.usda.gov/SummerFoodPo	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that Children have Access to Nutritious Meals and Snacks When School is not in Session
Together We Stand	2718 Granby Street Norfolk, VA 23508	Ph:800- 829-9956	Together We Stand provides emergency assistance for food pantry. Date/Time:2nd & 4th Saturday 10a-1115am. Please call for further information.
Trinity Word of Faith	2808 Ballentine Boulevard, Norfolk,	Ph: 757- 853-5017	Trinity Word of Faith Baptist Church provides emergency assistance for
Toys for Tots	Toys for Tots	Contact: SSgt Daniel Easterhoff Ph:757- 918-8869	Toys for Tots provides holidays assistance for families. Please call for further information.
Union Mission	100 E. Virginia Beach Blvd., Norfolk, VA 23510	Ph:757- 627-8686	Union Mission provides emergency assistance for food pantry. Date/Time: Monday through Friday from 9am - 4pm. Soup kitchen: Daily 9am. Please call for further information.
Union Missions Shelter	Union Missions	Ph:757-623-0642/757-627-8686	Assist homeless single men and women with Shelter. Please call for
Urban League of Hampton Roads-Rental Assistance Program	Urban League of Hampton Roads- Rental Assistance Program 830 Goff Street Norfolk, VA	Ph:757-226-7589	Urban League of Hampton Roads-Rental Assistance Program offers rent and housing counseling, and landlord-tenant dispute resolutions services.

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Village Family@First Calvary -Greater Hampton Roads Diaper Bank (Rev.09/26/23)	813 Henry St. Norfolk, VA 23504	Ph: 757- 572-0370 Website::http://ghrdiaperbank.org	Village Family, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Village Family Food Pantry @First Calvary (Rev.09/26/23)	813 Henry St. Norfolk, VA 23504	Ph:757-656-9577 Website:https://foodbankonline.org/	Village Family Food Pantry @First Calvary provides emergency assistance for food pantry. Date/Time: 4th Sunday of each month from 3:00-5:00pm. Please call for further information.
Wall of Jerusalem Worship Center- Greater Hampton Roads Diaper Bank (Rev.08/15/24)	1150 E Little Creek Rd, Norfolk, VA 23435	Ph: 757- 239-0550 Website::http://ghrdiaperbank.org	Wall of Jerusalem Worship Center, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Wesley Grace United Methodist Church (Rev.09/27/23)	288 E Little Creek Rd, Norfolk, VA 23505	Ph: 757-587-2996 Website:https://foodbankonline.org	Wesley Grace United Methodist Church provides emergency assistance for food pantry. Date/Time:Wednesdays 6:00-7:00pm and Saturdays 9:30am-11:00am . Please call for further information.
Winter Blanket Program-Norfolk Urban Outreach Ministry	Winter Blanket Program-Norfolk Urban Outreach Ministry	Contact: Dawn Ph: 757-461-4213 Website: http://evum.org/Norfolk-Urban-O	Provides free blankets to children and street people during the winter months. This program operates strictly thru donated blankets from the local community.
FORMULA/NUTRITION			
School Nutrition- Norfolk Public Schools- Special Dietary Needs Program (Rev.06/16/23)	974 Bellmore Avenue Norfolk, Va 23504	Contact Alyssa Hughes, Nutrition Education Specialist, or call the School Nutrition Office at Ph:757-628-2760 Website:https://www.npsk12.com/ Page/2126	Norfolk Public Schools - School Nutrition Department provides modifications for children with disabilities on a case-by-case basis. In order to provide a special meal and/or accommodations a written statement from a licensed healthcare professional must be provided (In Virginia, a licensed healthcare professional includes a physician, physician assistant, or nurse practitioner.) As seen on the form, the medical statement must include information about the child's physical or
WIC Program-Norfolk (Rev.05/26/23)	Huntersville WIC Clinic 830 Goff Street Norfolk, VA 23504 Monday through Friday	Huntersville WIC Clinic Ph: 757-683-9280 OR 757-355-5630 Fax: 757-683-2593	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding mothers.
WIC Program-Norfolk-Formula (Rev.05/26/23)	Huntersville WIC Clinic 830 Goff Street Norfolk, VA 23504 Monday through Friday	Huntersville WIC Clinic Ph: 757-683-9280 OR 757-355-5630 Fax: 757-683-2593	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided. The WIC program provides the following formulas for infants: Similac

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HOME CARE			
Accredited Home Health Care Corp. (Rev.09/30/19)	861 Glenrock Road Norfolk, VA 23502	Ph:757-201-3502	Accredited Home Health Care Corp. provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Affinity Care of Virginia (Rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Chesapeake, Gloucester County , Hampton , Isle of Wight County , James City County , Mathews County , Newport News , Norfolk , Poquoson , Portsmouth, Suffolk , Surry County , Virginia Beach, Williamsburg and York County
All Heart Home Health Agency	All Heart Home Health Agency 410 North Center Drive Bldg.9,Suite 102 Norfolk, VA 23502	Ph:757-961-0049 Fax:757-961-0002 Email:Nenet@allhearthomehealth.com	All Heart Home Health Agency provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Always There Home Health Care (Rev.11/30/23)	850 Tidewater Dr Suite B, Norfolk, VA 23504	Ph: 757-392-3901 OR 757-406-6364	Always There Home Health Care provides personal care services and respite. Medicaid and Private Pay are accepted. Hours: 9:00 AM – 4:00 PM. They serve Hampton Roads Area. Please call for further information.
Allegiance Home Care Services Inc. (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehealthservices.net	Allegiance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton,
Allegiance Home Care Services Inc.-Nursing Services	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehealthservices.net	Allegiance Home Care Services provides Private duty in-home care and Skilled Nursing. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton,
Americare Plus - Norfolk (Rev.09/30/19)	2200 Colonial Avenue, Suite 15 Norfolk, VA 23517	Ph:757-627-1921	Americare Plus - Norfolk provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: bonniegeorge@athomecare.com	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making
At Home Care	At Home Care 6325 N. Center Drive James bldg.#18,Suite 100 Norfolk, VA 23502	Ph:757-747-0785 Fax:757-747-0784 Email:bonniegeorge@athomecare.com Website:www.athomecare.com	At Home Care provides skilled nursing and home health aide. Please call for further information.

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Atlantic Home Care	Atlantic Home Care	Ph:757-227-9079 Fax: 757-227-9521	Atlantic Home Care provides private duty nursing services for adults and children. Please call for further information.
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	6330 North Center Drive, Bldg 13. Suite 142 Norfolk, VA 23502	Ph: 757- 461-6310 Fax: 757-644-1670 Toll Free: 866-883-1188 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth, Newport News, Norfolk, Suffolk, Surry, Virginia Beach, Williamsburg, Yorktown. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury Program, Medicaid + MCO programs (Aetna Better Health,
Briggs Home Health Agency, LLC (Rev.09/05/24)	1751 Church Street, Suite A Norfolk, VA 23504	Ph:757-628-1011 Fax:757- 628-1022 Email:briggshomehealthagency@gmail.com	Briggs Home Health Agency, LLC provides personal care services and respite for children and adults.. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Briggs Home Health Agency, LLC (Rev.09/05/24)	1751 Church Street, Suite A Norfolk, VA 23504	Ph:757-628-1011 Fax:757- 628-1022 Email:briggshomehealthagency@gmail.com Website:https://briggshomehealthagencyllc.com	Briggs Home Health Agency, LLC is a Service Facilitator for DD and CCC Plus Waiver. They serve Hampton Roads Area. Please call for further information.
C & R Divine Hands of Care (Rev.7/9/19)	C & R Divine Hands of Care	Contact: Carolyn D. Jordan Ph:757-309-4567 Fax:757-578-2678 Email: candrdivinehands@comcast.net	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Care Advantage Home Health (Rev.11/29/23)	800 Newtown Rd Suite 106, Virginia Beach, VA 23462	Ph: 757- 436-1711 Toll Free:1-866-576-7931 Fax:757- 436-1885 E-mail: careadvantage@careadvantage.com	Care Advantage offices specialize in providing personal care, companionship and respite services.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in
Care Advantage Home Health-Nursing Services	800 Newtown Rd Suite 106, Virginia Beach, VA 23462	Ph: 757- 436-1711 Toll Free:1-866-576-7931 Fax:757- 436-1885 E-mail: careadvantage@careadvantage.com	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All
Care Provider's Network, Inc. (Rev.09/30/19)	1216 Granby Street, Suite 17 Norfolk, VA 23510	Ph:757-626-1916	Care Provider's Network, Inc. provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Care Provider's Network, Inc. (Rev.9/30/19)	1216 Granby Street, Suite 17 Norfolk, VA 23510	Ph: 757-626-1916	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Caregivers in-Home Care (Rev.7/10/19)	Caregivers in-Home Care	Contact: Keesya Hill-Jones Ph:757-345-0393	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Caring for You Home Care Services, Inc. (Rev.09/30/19)	5900 E. Virginia Beach Blvd., Suite 105 Norfolk, VA 23502	Ph:757-455-8920	Caring for You Home Care Services, Inc. provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Catholic Charities Adult Companion Care Program (Rev.4/26/19)	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757-875-0060 Ext. 1033	Catholic Charities' Companion Care Program provides a little extra help in your home. Our workers provide companionship, safety monitoring, medication reminders, transportation to appointments, errands and ~~outings, meal preparation, light housekeeping, laundry, activities to~~
Community Personal Care	Community Personal Care 1761 Church Street, Norfolk, VA 23504	Ph: 757.625.2220 Private Pay: 757.625.1026 Email:info@communitypersonalcare.net	Community Personal Care, assist families on the formulation of an individualized Plan of Care (POC), based on the individuals needs, environment, and personal goals and wishes. The POC is reviewed and ~~updated as needed, based on the individual, changing needs and goals~~
Divine Home Health Care Agency, LLC. (Rev.09/30/19)	325 E. Bayview Blvd., Suite 207 Norfolk, VA 23503	Ph:757-965-3970	Divine Home Health Care Agency, LLC.provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Doreen Home Healthcare (Rev.09/30/19)	1216 Granby Street, Suite 7 Norfolk, VA 23510	Ph: 757-627-6600	Doreen Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Endependence Center, Inc. (all ages) (Rev.9/30/19)	6300 E. Virginia Beach Blvd. Norfolk, VA 23502	Ph:757-461-8007	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Faith N Hand Home Care (Rev.09/30/19)	5215 Colley Avenue, Suite 122 Norfolk, VA 23508	Ph:75-752-6278	Faith N Hand Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Faith N Action (Rev.7/10/19)	Faith N Action	Ph:757-816-4785 OR 757-493-3635	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-1550 OR 757-224-9770 Fax:757-262-1554	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.

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Freda H. Gordon Hospice and Palliative Care of Tidewater	Freda H. Gordon Hospice and Palliative Care of Tidewater 5000 Corporate Woods Drive, Suite	Ph: 757- 321-2242 Fax: 757- 321-2236	Hospice is about making the most of every moment. It is a holistic approach to the end of life, placing comfort and care as the primary source of intervention in a loved one's final journey. Patients and
Gentiva Hospice (Rev.03/04/25)	Gentiva Hospice 5544 Greenwich Road, #302, Virginia Beach, VA, 23464	Ph:804- 290-4300 Email: Gentiva_CC_Referrals@gentivahs	Gentiva Hospice services are offered to all people during the end of life's journey. Staff of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors, and Physicians specialize in
Guardian Home Care, LLC (Rev.09/30/19)	248 W. Bute Street, Suite 202 Norfolk, VA 23510	Ph:757-624-9999	Guardian Home Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Grace Hospice (Rev.03/13/25)	Grace Hospice 7447 Central Business Park Drive, Suite 102 Norfolk, VA, 23513	Ph: 757- 644-0180 Fax: 877- 832-1084 Email: mobrien@ghospice.com	The goal of Grace hospice care is for the patient to remain as comfortable and pain-free as possible in their own home or the home of a loved one through the end of life. Care is provided by our team of physicians, nurses, hospice aides, social workers, chaplains and
Harbor Light Hospice of Virginia (Rev.03/14/25)	Harbor Light Hospice of Virginia 1064 Loftis Boulevard, Suite C-2, Newport News, VA, 23606	Ph: 757- 594-0288 Toll Free: 800- 409-9094 Fax: 757- 594-0388	Hospice Community Care of Virginia, Harbor Light Hospice, provides hospice care. Staff is committed to providing quality patient-centered end of life care with dignity and respect. Harbor Light Hospice is a philosophy of care, that assists patients, family, and friends, during the final stages of a terminal illness. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare , Veterans. Service Area: Chesapeake, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Williamsburg and York County. Please call for further information.
Here For You Personal Care (Rev.09/30/19)	1272 River Oaks Drive Norfolk, VA 23502	Ph:757-692-8175	Here For You Personal Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Home Care with Edna Earl, LLC (Rev.09/30/19)	501 E. Brambleton Avenue, Suite 200C Norfolk, VA 23510	Ph:757-622-1571	Home Care with Edna Earl, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Home Care with Edna Earl, LLC (Rev.9/30/19)	501 E. Brambleton Avenue, Suite 200C Norfolk, VA 23510	Ph:757-622-1571	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Hope In-Home Care (Rev.08/02/21)	Hope In-Home Care 6320 N.Center Drive,Bldg15 Suite Norfolk, VA 23502	Ph:757-455-0030 Fax:757-455-5530	Hope In-Home Care is a Medicaid certified home health agency who provides private duty nursing, skilled nursing, personal care and respite

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In Good Hands Home Health Care LLC (rev.11/30/23)	440 Monticello Ave suite 1848, Norfolk, VA 23510	Ph:757- 776-7484 Fax:757-210-3907 Email:Ingoodhandshealthcare@gmail.com Website: https://in-good-hands-	In Good Hands Home Health Care LLC provides personal care services and respite for children and adults. Medicaid and Private Pay are accepted. Hours: Monday-Friday-8:00 AM - 5:00 PM.They serve Hampton Roads Area. Please call for further information.
In Good Hands Home Health Care LLC- Nursing Services (rev.11/30/23)	440 Monticello Ave suite 1848, Norfolk, VA 23510	Ph:757- 776-7484 Fax:757-210-3907 Email:Ingoodhandshealthcare@gmail.com Website: https://in-good-hands-	In Good Hands Home Health Care LLC provides nursing services for children and adults. Medicaid and Private Pay are accepted.Hours: Monday-Friday-8:00 AM - 5:00 PM They serve Hampton Roads Area. Please call for further information.
Internal Life Homecare, LLC (Rev.09/30/19)	5660 E. Virginia Beach Blvd., Suite 101 Norfolk, VA 23502	Ph:757-455-9653	Internal Life Homecare, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Internal Life Homecare, LLC (Rev.9/30/19)	5660 E. Virginia Beach Blvd., Suite 101 Norfolk, VA 23502	Ph: 757-977-2218	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
International Home Health Care (Rev.09/30/19)	1015 Saint Julian Avenue Norfolk, VA 23504	Ph:757-893-0106	International Home Health Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Interim HealthCare(Rev.09/30/19)	Interim HealthCare	Ph:757-466-1401 Fax: 757- 466-8223	Interim HealthCare provides personal care assistance, respite services, skilled nursing, physical therapy, occupational therapy, speech language pathology and medical social services. Please call for further information.
Intrepid USA Healthcare Services (Rev.03/14/25)	Intrepid USA Healthcare Services, Virginia Beach 4510 Holland Office Park, Suite 503, Virginia Beach, VA, 23452	Ph: 757- 499-0872 Fax: 757- 490-0173	Intrepid Hospice provides services that include:Professional Staff on call 24 hours a day, seven days a week,Physician-directed plan of care,Psychological and spiritual care,Pain and symptom management, Medications, Equipment andSupplies related to the terminal illness, Personal care and support,Volunteer services and Bereavement ~~care Payment Method: Private Pay, Private Insurance, Medicaid~~
Jewish Family Services of Tidewater	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr Suite 300 Virginia Beach VA 23462	Ph:757-489-3111.	Jewish Family Services of Tidewater provides Professional nursing and personal care services. Please call for further information.
JC's Care From Above, LLC (Rev.12/31/23)	607 Lynnhaven Pkwy Suite 111, Virginia Beach, VA 23452	Ph:757-776-5513 Fax:757-917-5318 Website: https://jcscarefromabove.com	JC's Care From Above, LLC provides Personal Care Services and Respite, Private Duty Nursing and Home Health Care. Private Insurance, Tricare and Private Pay are accepted. They are may be accepting Medicaid in a near future. Ages: Children and Adults. They
K & D Personal Care LLC (Rev.9/30/19)	5900 E. Virginia Beach Blvd., Suite 602 Norfolk, VA 23502	Ph: 757-692-8175	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.

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Kindred at Home, Virginia Beach (Rev.03/31/25)	5544 Greenwich Road, Suite 202, Virginia Beach, VA, 23462	Ph:757- 461-0600 Fax: 757- 461-0610	Kindred at Home Hospice services are offered to all people during the end of life's journey. The team of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors and Physicians specialize in caring for those with a terminal diagnosis. They care for patients with many type of diagnoses, including Alzheimer's, COPD, strokes, renal failure and cancer. Ask about the 14 service standards that reflect our commitment to quality patient care. Their interdisciplinary teams of care providers serve patients in their own homes, nursing homes, long term care or assisted living facilities or hospitals. Cost & Payment Methods:Payment Method: Private Insurance. Service Area: Chesapeake, Norfolk , Portsmouth , Suffolk and Virginia Beach.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-497-7401 Email:Lacasaincva@verizon.net	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Legacy Hospice (Rev.03/31/25)	11848 Rock Landing Drive, Suite 202, Newport News, VA, 23606	Ph: 757- 240-5775 Fax: 575- 240-5761	Legacy Hospice provides care for people with a life limiting illness in their home so the patient can be close to family and friends. Care is provided to all age groups during the final stages of life, including children, adults and the elderly. Legacy provides all clinical staff services, all medication for symptom control and pain relief, all needed medical equipment and respite care as needed. Support from a nurse and a counselor is available to patients and families 24 hours a day. Grief counseling and support is available for all ages. Cost & Payment Methods:Private Insurance , Medicaid , Medicare. Service Area: Chesapeake, Newport News, Norfolk, Portsmouth and Virginia Beach.
Lioness Community Care of Virginia, LLC. (Rev.06/23/20)	4445, Corporation Drive Suite 264 Beach, VA 23462 Virginia	Contact:Ms. Tammi Hunt Ph:757-500-8567 Email :lccofva@gmail.com Website:http://lccofva.com/about	Lioness Community Care of Virginia, LLC. provides pediatric and adult personal care services and respite. Insurance: Medicaid is accepted (Aetna, Anthem and Optima). (Magellan and Virginia Premier are not accepted. Please call for further information.
Maxim Healthcare- Virginia Beach/Norfolk	Maxim Healthcare 293 Independence Blvd Suite 400 Virginia Beach, VA 23462	Ph: 757-490-3009 Toll Free:800-804-3009 Fax:877-799-3228 E-mail:	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Accomack, Chesapeake (City and County), City of Portsmouth, city of
Medi Home Health and Hospice Virginia	530 Independence Parkway, Suite 200 Chesapeake VA	Ph: 757- 420-7192 Toll Free: 800- 845-5850	Medi Home Health Agency on Tidewater helps an individual and their family share the best days possible as they live with a life limiting
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family & Individual)	Moms In Motion P.O. Box 609, Royal, VA 22630 Front	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net Website:https://momsinmotion.net	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in advocacy through community and state-wide networks and by assisting people in

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New Century Hospice (Rev.03/31/25)	1403 Greenbrier Parkway, Suite 320 Chesapeake, VA 23320	Ph:757- 366-0432	New Century Hospice provides hospice care to patients who have a life limiting illness. The Hospice team includes physicians who are board-certified Geriatricians and Palliative care certified, registered nurses with hospice experience, medical social workers, chaplain, home hospice aide, volunteers and physical, occupational and speech therapists. Care for complex patient to include Tracheotomy, home ventilator, IV therapy, palliative chemotherapy and blood transfusions. Cost & Payment Methods: Private Pay , Private Insurance , Medicaid , Medicare. Service Area: Chesapeake, Norfolk and Portsmouth.
People Helping All People (Rev.09/30/19)	3182 N. Stonebridge Drive Norfolk, VA 23504	Ph:757-537-3137	People Helping All People provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
People Helping All People (Rev.9/30/19)	3182 N. Stonebridge Drive Norfolk, VA 23504	Ph: 757-537-3137	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Personal Touch Home Care – Norfolk (Rev.09/30/19)	5505 Robin Hood Road, Suite C1 Norfolk, VA 23513	Ph: 757-855-1355	Personal Touch Home Care – Norfolk provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Personal Touch Home Care – Norfolk (Rev.08/03/21)	5505 Robin Hood Road, Suite C1 Norfolk, VA 23513	Ph: 757-855-1355	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Personal Touch Home Health Services- Hospice (Rev.03/31/25)	5505 Robin Hood Road, Suite C1, Norfolk, VA, 23513	Ph: 757- 855-1355 Toll Free: 888- 275-4147 Fax: 757- 855-1199	Personal Touch Home Care provides hospice care. Serves AIDS and HIV patients and others who require home care and hospice services. Hospice works with the patient and his or her family to provide a comprehensive program of medical, psychosocial, spiritual and volunteer support, 24 hours per day, every day. Cost & Payment Methods: Private Pay , Private Insurance , Medicaid and Medicare. Service Area: Chesapeake, Norfolk and Suffolk. Please call for further information.
Professional Healthcare Resources (Rev.04/15/21)	6350 Center Drive, Suite 212 Norfolk, VA 23502	Contact: Donna Fitzgerald Ph: 757-705-2228	Professional Healthcare Resources provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Quality Kare Health Care Services, LLC	1600 E. Little Creek Road Suite 202	Ph:757-938-5004 Fax:757-938-5015	Quality Kare Health Care Services, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Quality Kare Health Care Services, LLC	706 E. Little Creek Road, Norfolk, VA 23510	Ph: 757-938-5004 Fax:757-938-5015	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Rescare Home Care (Rev.08/03/21)	2500 Alameda Avenue, Suite 111 Norfolk, VA 23513	Ph: 757-459-2360	Rescare Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Sentara Hospice House (Rev.03/31/25)	535 Independence Parkway Suite 200 Chesapeake, VA 23320	Ph 757- 306-2855	Sentara Hospice House, a 12-bed inpatient hospice facility, was created to meet the growing needs of the community for respite and end-of-life care. From nursing services and social work to volunteer and bereavement services, we offer the same full range of inpatient hospice services as currently offered in the hospital. The Sentara Hospice House provides a team of nurses, doctors, medical social workers, volunteers, aides, chaplains and bereavement counselors. Our trained professionals provide comfort and 24-hour care, pain and symptom management, and overall physical and emotional support in a home-like setting for patients and caregivers. Sentara Hospice House is open to patients with life-limiting conditions who qualify for inpatient hospice services. Extensive medical and nursing care is provided for treatment of uncontrollable symptoms. Once the symptoms have stabilized, the patient will be transitioned to the home or previous setting – where they feel the most comfortable. Respite services are also available for current hospice patients. Cost & Payment Methods: Private Pay , Private Insurance , Medicaid and Medicare. Service Area: Chesapeake , Norfolk , Portsmouth and Virginia Beach. Please call for further information.
S&D solutions Home Healthcare LLC	223 East City Hall Avenue Suite 220	Contact: Ms. Morning Ph: 757- 661-5226	S&D solutions Home Healthcare LLC provides personal care services and respite. Medicaid and Private Pay is accepted. Business hours: 9am-5pm
Silver Care LLC (Rev.09/30/19)	5500 Tidewater Drive, Suite B Norfolk, VA 23509	Ph: 757-648-9396	Silver Care LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area.
Simply Yours (Rev.7/10/19)	Simply Yours	Ph: 757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Stay at Home Personal Care LLC	890 Poplar Hall Drive Norfolk, VA 23502	Ph: 757-392-1001	Stay at Home Personal Care LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area.
Stay at Home Personal Care LLC - Norfolk (Rev.7/10/19)	890 Poplar Hall Drive Norfolk, VA 23502	Ph: 757-392-1001	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Talk Home Care (Rev.09/30/19)	645 Church Street, Suite 203 Norfolk, VA 23510	Ph: 757-692-7824	Talk Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Talk Home Care (Rev.9/30/19)	645 Church Street, Suite 203 Norfolk, VA 23510	Ph: 757-692-7824	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.

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The Up Center- Sponsored Homes Tidewater Home Care (Rev.09/30/19)	The Up Center 150 Boush Street, Ste. 500 Norfolk, 1576 Aspin Street, Suite C Norfolk, VA 23502	Contact: Lisa Strickland Ph:757-275-7010	The Up Center Sponsored Homes Program provides a sponsored family home placement services through their Family Life program, Tidewater Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Wright Care Health Services, LLC (Rev.09/30/19)	5215 Colley Avenue, Suite 133 Norfolk, VA 23508	Ph:757-233-7214	Wright Care Health Services, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
HOUSING ASSISTANCE/HOUSING SERVICES			
Barrett Transitional Home	Barrett Transitional Home 2129 Vincent Ave Norfolk, VA 23504	Ph.: 757.624.6990 Fax: 757.624.6992 Email:info@nowomanalone.com	Barrett Transitional Home is a program for homeless single women and single pregnant women designed to help break the cycle of homelessness. Admission Criteria: candidates must be referred from a
Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program (Rev.01/26/22)	1802 Ashland Avenue Norfolk, VA 23509	Ph:757- 533-5217 Fax: 757- 533-9562 Email: lgallagher@cceva.org Website: www.cceva.org	Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program is a non-profit HUD-approved housing counseling organization, designed to foster the development of whole family life in the community by providing various counseling and program services.They provide services to all people of all faiths.The following housing related services are available: Homebuyers Education
Connection Point/Regional Housing Community Alternatives Inc. (Rev.09/30/19)	Connection Point/Regional Housing Crisis Hotline Community Alternatives Inc. 410 N Center Dr, Norfolk, VA 23502	Ph.: 757- 587-4202 OR 757- 227-5932 Toll Ph:757-468-7000 Fax: 757-352-2601 Website:https://connect.org	Connection Point/Regional Crisis Hotline is the coordinated assessment and referral center for people who are experiencing homelessness or
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Community Alternatives Management Group, Inc. provides quality housing for persons who are homeless and have intellectual and developmental disabilities (ages for adults over 18). Housing fees are
HOMENET	HOMENET, 201 Granby Street, Norfolk, VA 23510	Ph:757- 624-8649 Fax:757- 314-1305 www.nrha.us	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from incarceration to community. The program provides stable housing
			Home equity conversion mortgage counseling; homebuyer education programs; loss mitigation; marketing/outreach initiatives; money debt management; mortgage delinquency/default resolution counseling; post purchase counseling; predatory lending; prepurchase counseling; English only; Virginia Housing Development Authority.

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Homeless Assistance Program -The Planning Council (Rev.08/09/22)	The Planning Council 2551 Eltham Avenue, Suite I Norfolk, VA 23513	Contact: Natalie Jackson Continuum of Care Coordinator Ph: 757-622-9268, Ext. 3041 Email: njackson@theplanningcouncil.org	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph: 757-380-6909 Fax: 757-380-6910 Email: reachus@horm.info	House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner, chapel services, bunk and showers. Eligibility: This program is a shelter for adult males who are able to get up and down.
Housing 1st	Housing 1st	Website: www.virginiassupportivehousing.org	Housing 1st is a program for single individuals. We do work with both the homeless and at risk for homelessness. Eligibility: must be chronically homeless and have a disabling condition. Please visit the website for further information.
LGBTQ Life Center-Life Home Program	LGBTQ Life Center Life Home Program 949 W. 24th Street	Ph: 757- 640-0929 Fax: 757-622-8932 OR 757-999-9197	LGBT Life Center-Life Home Program offers rapid re-housing for individuals who suddenly find themselves homeless. We also provide permanent housing for LGBTQ and HIV+ individuals and work with them.
Love and Caring	Chesapeake, VA 23323	Ph: 757-430-4101	Love and Caring Ministries is an emergency home for abused and
NEST (Norfolk)	The Salvation Army-Hope Village	Ph: 757-622-2549	The Norfolk Emergency Shelter Team (NEST) is a ministry to the
NEST (Norfolk Emergency Shelter Team)-The Episcopal Church Of The Good	7400 Hampton Blvd Norfolk, VA 23505	Ph: 757-423-3230 Email: office@goodshepherdnorfolk.org Website: https://goodshepherdnorfolk.org	As part of the Norfolk Emergency Shelter Team (NEST), Good Shepherd provides nutritious hot meals and overnight lodging each year for struggling men and women who are part of Norfolk's homeless population. Languages: English
Norfolk Catholic Worker (Rev.08/11/22)	Norfolk Catholic Worker 1321 W 38th St Norfolk VA 23508	Ph: 757-423-5420 Website: https://www.catholicworker.org	Norfolk Catholic Worker is a small hospitality house offering short- and long-term hospitality to homeless men and women; serves 100+ folks four mornings a week, bringing "breakfast-to-the-streets;" faith-based intentional community; supports Plowshare movement for disarmament;
Norfolk CSB-Supportive Housing Services (Rev.8/14/18)	7460 Tidewater Drive Norfolk, VA 23505	Ph: 757- 664-6670	Norfolk CSB-Supportive Housing Services mission is to provide temporary housing and intensive case management to individuals who are currently enrolled in Substance Abuse or Co-occurring services. Adult males and females are provided with temporary housing. Individuals are assisted in finding and maintaining employment so that they can transition to independent housing within three to five months of program enrollment; during this period clients are also expected to participate in a substance abuse outpatient continuum of care. Individuals learn life skills related to independent living including
Norfolk Redevelopment and Housing Authority (Rev.06/18/24)	Norfolk Redevelopment & Housing Authority 555 E. Main Street Norfolk, VA 23510	Ph: 757-623-1111 Fax: 757-626-1607 Toll Free: 1-800-955-2232 & 800-225-5342 TTY: (800) 877-8339 Email: chowdop@nrha.us	NRHA is a national leader in community revitalization and fostering sustainable mixed-income communities. As the largest redevelopment and housing authority in Virginia, NRHA plays a key role in making Norfolk the city of choice to build, work, live and play.
Public Housing - U.S. Department of Housing and Urban Development	Norfolk Redevelopment & Housing Authority 555 E. Main Street Norfolk, VA 23510	Ph: 757-623-1111 Fax: 757-626-1607 Toll Free: 1-800-955-2232 & 800-225-5342 TTY: (800) 877-8339	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high rise apartments for elderly families. There

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Housing Choice Voucher Program-U.S. Department of Housing and Urban Development	Norfolk Redevelopment & Housing Authority 555 E. Main Street Norfolk VA 23510	Ph: 757-623-1111 Fax:757-626-1607 Toll Free:1-800-955-2232 &800-225-5342 TTY: (800) 877-8239	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families. Programs: EMERGENCY HOUSING VOUCHERS/homeless, at risk of homelessness, fleeing, or attempting
Office of Native American Programs-U.S. Department of Housing and Urban Development	Norfolk Redevelopment & Housing Authority 555 E. Main Street Norfolk VA 23510	Ph: 757-623-1111 Fax:757-626-1607 Toll Free:1-800-955-2232 &800-225-5342 TTY: (800) 877-8239	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native Americans, Alaska Natives, and Native Hawaiians. Programs: INDIAN HOUSING BLOCK GRANT PROGRAM (provide
Regional: Housing Crisis Hotline (Rev,06/24/20)	Housing Crisis Hotline	Ph:757-587-4202 Toll Free:866-750-4431	The Regional Housing Crisis Hotline provides Rental & Mortgage Assistance. .Serving the cities of: Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton. Please call to be screened for program eligibility
South Hampton Roads Habitat For Humanity-	South Hampton Roads Habitat For Humanity- 900 Tidewater Drive Norfolk VA 23504	Ph:757-640-0590 Website: : WWW.shrhabitat.org Email:familyservices@shrhabitat.org	Habitat for Humanity constructs homes for people with poverty and low economic levels. This program is operated by the use of volunteers to reduce costs. No experience is necessary as qualified construction experts are on hand to instruct volunteers on what to do.
St. Columba Ecumenical Ministries, Inc.	St. Columba Ecumenical Ministries, Inc. 2114 Lafayette Blvd Norfolk, VA 23509	Ph.: 757-627-6748 Fax: 757-622-2569	St. Columba has a variety of programs that serve the homeless and less fortunate in our community. Their Homeless Advocate works with guests to help them connect with resources, such as bus passes to get to work and appointments, guidance obtaining ID cards and birth certificates, work boots and food. A transitional home program is offered as 2-year transitional housing program for single homeless adult
STOP Inc. -Certified Housing Counseling / Prevention Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescent	STOP Inc. provides Housing Counseling services to those persons experiencing hardship in maintaining or obtaining permanent housing. Certified Counselors provide ancillary services which include; Comprehensive Housing Counseling, Counseling for First Time Home
STOP Inc. -Supportive Services for Veteran Families(SSVF) - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that provides intensive case management assisting Veterans who are homeless or at risk of homelessness in obtaining safe, stable and affordable permanent housing. Assistance offered through this program includes: rental, moving costs
The Caring Center-Central Baptist Church in Ghent (Rev.02/20/23)	The Caring Center Central Baptist Church in Ghent 701 W. Olney Road Norfolk, Virginia 23507	Main Ph:757-627-4571 Reservations Ph:757.625.8064 Email: chcsec123@verizon.net	The Caring Center is a ministry partnership between Central Baptist Church and local area hospitals in Norfolk that provides accommodations to families of those facing medical treatment at neighboring hospitals. The cost of staying at the Center is: \$25/night
The Courtyard Marriott (Rev.02/23/23)	520 E. Plume St. Norfolk, VA	Ph:963-6000 ext. 4000 Email:Barbara.barrington@marriott.com	The Courtyard Marriott Hotel provides a quote of \$124.00 per night to families of those facing medical treatment at CHKD. Please call for further information.

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Services Provided by Norfolk City

The Days Inn (Rev.02/23/23)	Military Circle, Norfolk.VA	Ph:757-461-0100	The Days Inn provides a quote of \$65 per night, varying by date to families of those facing medical treatment at CHKD. Please call for further information.
The Econo Lodge (Rev.02/23/23)	865 N. Military Hwy Norfolk VA	Ph:757-461-4865	The Econo Lodge provides a quote of \$49.99 per night to families of those facing medical treatment at CHKD. Please call for further information.
The Faith Partnership and the Office to End Homelessness	The Faith Partnership and the Office to End Homelessness 810 Union St Suite 306 Norfolk VA 23510	Ph:757-664-4488 Email:homelessness@norfolk.gov	The Faith Partnership purpose is to work with Norfolk faith community to provide emergency rental assistance and ongoing mentoring support to families who are homeless or at imminent risk of homelessness in Norfolk. Please call for further information.
The Hampton Inn-Airport (Rev.02/23/23)	1450 N. Military Hwy Norfolk, VA	Ph:757-466-7474	The Hampton Inn-Airport provides a quote of \$70.39 per night (tax included) to families of those facing medical treatment at CHKD. Complimentary hot breakfast buffet daily, 6a-10a. Please call for further information.
The Holiday Inn, Airport (Rev.02/23/23)	1570 N. Military Hwy Norfolk, VA	Ph:757-213-2231	The Holiday Inn, Airport provides a quote of \$139 + tax per night to families of those facing medical treatment at CHKD. Please call for further information.
The Marriott Waterside (Rev.02/23/23)	235 E. Main Street Norfolk, VA	Contact:Joe Hart, Direction of Sales Ph:757-628-6413	The Marriott Waterside provides a quote of \$89/night to families of those facing medical treatment at CHKD. Please call for further information.
The Navy Lodging-Military only (Rev.02/23/23)	The Navy Lodging	Ph:757-489-2656	The Navy Lodging provides a quote of \$68 per night to military families of those facing medical treatment at CHKD. Please call for further information.
The Norfolk Emergency Shelter (NEST) (Rev.02/23/23)	Norfolk, VA	Ph:757-622-2549	The Norfolk Emergency Shelter (NEST) provides shelter during the WINTER only to families of those facing medical treatment at CHKD. Churches rotate and provide place for homeless individuals to spend the night and get a meal. Please call for further information.

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The Quality Inn (Rev.02/23/23)	8051 Hampton Blvd Norfolk, VA	Ph:757-451-0000	The Quality Inn provides a quote of \$69.00 night + tax to families of those facing medical treatment at CHKD. Please call for further information.
The Quality Inn , Lake Wright Resort (Rev.02/23/23)	6280 Northampton Blvd. Norfolk, VA	Ph:757-461-6251	The Quality Inn , Lake Wright Resort provides a discount rate (Ask for "We Care" discount to receive 10% off of the rate for that night) to families of those facing medical treatment at CHKD. Please call for further information.
The Ramada Limited (Rev.02/23/23)	515 N. Military Hwy. Norfolk, VA	Ph:757-461-1880	The Ramada Limited provides a quote of \$49 + tax per night/ 1 bed and \$55 + tax per night/ 2 beds to families of those facing medical treatment at CHKD. Please call for further information.
The Residence Inn/Marriott (Rev.02/23/23)	227 W. Brambleton Ave. Norfolk, VA	Ph:757-842-6216 contact: dawn.m.anderson2@marriott.com Email:Tiffany.vandermeulen@marriott.com	The Residence Inn/Marriott ((Extended stay hotel, studio suites w/ fully equipped kitchens) provides a quote of \$105-120/ night for a Studio Suite, depending on occupancy and \$110-125/ night for a 1 BR suite w/2 queen beds, depending on occupancy to families of those facing medical treatment at CHKD. Please call for further information.
The Ronald McDonald House (Rev.02/23/23)	404 Colley Avenue, Norfolk, VA	Ph:757-627-5386	The Ronald McDonald House provides a quote of \$25 per night donation (if the family can afford) to families of those facing medical treatment at CHKD. Please call for further information.
The Salvation Army- Hope Center-Men's (Rev.02/23/23)	The Salvation Army--Hope Center- Men's Shelter 202 W. 10th Street	Ph:757-622-3471	The Salvation Army-Hope Center-Men's Shelter provides food, shelter, resources and prayer for hundreds of struggling men in the Hampton Roads area. The men's shelter is open 24/7 nights a week and offers 40 beds.
The Salvation Army- Residential Housing (H.O.P.E Village) (Rev.02/23/23)	The Salvation Army-Residential Housing (H.O.P.E Village) 5525 Baby Road	Ph.: 757-543-8100 Homeless Action and Response Team (HART) 757-587-4202	The Salvation Army-Residential Housing H.O.P.E Village is a residential housing program that offers a full spectrum of supportive services to low and moderate income single women and women with children in need.
The Sheraton Norfolk Waterside (Rev.02/23/23)	777 Waterside Drive, Norfolk, VA	Ph:757-622-6664 Christine Palmer or Sabrina Thomas 757-214-1157	The Sheraton Norfolk Waterside provides a quote of \$112 per night to families of those facing medical treatment at CHKD. Please call for further information.
The Southeastern Tidewater Opportunity Project, STOP (Rev.02/23/23)	The Southeastern Tidewater Opportunity Project, STOP 2551 Alameda Ave	Ph:757- 858-1360 Fax: 757- 858-1389 Email:	Fair housing assistance; home equity conversion mortgage counseling; home improvement/rehabilitation counseling; homebuyer education programs; loss mitigation; marketing/outreach initiatives; money debt
The Union Mission	Union Mission Family Shelter	The Director of the program is Jill	The Union Mission Shelter for men, women, and children (There is room
The UP Center-Housing	The "Up" Center	Contact: Tiffany Tritch,	The Up Center is a HUD approved Comprehensive Housing Counseling

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The UP Center-Housing	The "Up" Center	Contact: Tiffany Tritch,	The Up Center offer monthly housing and financial classes to either
The Wall/Catholic	Norfolk Catholic Worker	Ph:757-423-5420	Norfolk Catholic Worker is small hospitality house offering short- and long-term hospitality to homeless men and women; serves 100+ folks
The *Wyndham Gardens	700 Monticello Ave	Contact:Jonathan Cidade, Sales	The *Wyndham Gardens provides a quote of \$\$84 + tax per night to
Transgender	LGBTQ Life Center-Transgender	Ph: 757-563-4784	TAPVA offers safe emergency and temporary transitional housing to
Union Mission-Shelter	Union Mission-Shelter 130 Brooke Ave, Norfolk VA	Ph.: 757-627-8686 & 757-623-0642	Provides shelter to homeless men, women and their children.
Urban League of Hampton Roads	Urban League of Hampton Roads 830 Goff Street, Norfolk	Ph:757-226-7589	The Urban League offers rent and housing counseling, and landlord-tenant dispute resolutions services.
YWCA of South Hampton Roads-	YWCA of South Hampton Roads-Shelter Services 5215 Colley Avenue	Ph.: 757-451-0174 Fax: 757-625-1946 24 Hour HELPLINE:	YWCA of South Hampton Roads provides Shelter and domestic violence support. The shelter services are: In-Shelter Services that includes: Emergency shelter for victims of abuse and their children
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph:757-668-7132 Fax: 757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630 N. Chesterfield, Virginia 23225	Ph:804- 525-7728 Toll Free:866- 393-0957 Email: info@virginiannavigator.org (email)	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as
KidsPriorityOne	KidsPriorityOne	Ph:757-244-5373 757-CHILDREN Website:http://www.kidspriorityone	KidsPriorityOne! is a "One Stop" Resource Center where families, and those working with families, find local resources and valuable information related to raising healthy, happy kids! Each month,
Fleet and Family Support Center	7928 14th Street, Suite 102 Norfolk, VA 23505	Ph: 757-444-2102 Toll Free: 800-372-5463	Fleet and Family Support Center (FFSC) provides Information and Referral to promote quality of life for military personnel and their families. Visit the nearest Fleet and Family Support Center for further information on base and community services.
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/ Email:info@resources757.org	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:. http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives; Job training. English as a
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846) Website:https://victimconnect.org	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Community Alternatives Inc. - Residential Programs	Community Alternatives Inc. - Residential Programs 5735 Poplar Hall Drive Norfolk, VA 23502	Ph:757-468-7000 Fax: 757-468-7007 Admissions: Pam Little Ph:757- 468-7000 x 121 Email: plittle@comalt.org	Residential Programs provides Medicaid Waiver funded residential placements for consumers with developmental disabilities in small group home environments. The Residential program offers: Warm nurturing home environment, safe, secure, permanent setting, long-term housing, supervision & support, well-trained staff, assistance in
Community Alternatives Inc.- Opportunities	Community Alternatives Inc. - Opportunities Unlimited Day Program	Contact Terry Peters Ph:757-468-7000 Ext.154 Fax: 757-468-7007	The OUDP provides community based experiences and services to individuals with mild, moderate and severe disabilities, some of which are described or diagnosed as having challenging behaviors. Typically
Hope House Foundation	Hope House Foundation 801 Boush Street Norfolk, VA 23510-1533	Ph:757- 625-6161	Hope House Foundation provides individualized supported living services for and with adults with developmental disabilities in their own homes or apartments. Currently, we serve more than 130 people living
Lake Taylor Transitional Care	Lake Taylor Transitional Care Hospital 1309 Kempsville Road Norfolk, VA 23502	Admissions: Ph:757- 461-5001 X 475 Email: admit@laketaylor.org . Main Number: Ph:757- 461-5001	Lake Taylor Transitional Care Hospital that have spent many years improving and innovating transitional and rehabilitative healthcare services wholly for the benefit of our patients. As a transitional care hospital it is their goal for our patients to succeed through treatment and return home with the feeling that THEY CAN return to an
St. Mary's Home for Children with Disabilities	St. Mary's Home for Children with Disabilities 6171 Kempsville Circle	Ph:757- 622-2208 Toll free number: 1-800-237-6555	St. Mary's Home is Virginia's largest long-term pediatric residential care facility dedicated exclusively to children with severe physical and intellectual disabilities and one of only about 100 facilities of its kind
The Up Center-	580 E. Main Street, Suite 400,	Ph:757- 965-8631	The Sponsored Homes program provides safe, community-based
LEGAL RESOURCES			
Adult Protective Services (APS)	741 Monticello Avenue, Norfolk, VA 23510	Norfolk Department of Social Services	APS investigates reports of abuse, neglect, and exploitation of adults 60
Bertini & Hammer, PC	Contact: Amberley G. Hammer Bertini & Hammer, PC 999 Waterside Drive Norfolk, VA 23510	Ph:757- 670-3868 Fax: 757- 670-3865	Amberley G. Hammer is a trial lawyer at Bertini & Hammer, PC, Mrs. Hammer focuses her practice on personal injury and medical negligence. She has a special interest in representing babies who have
Catholic Charities of Eastern Virginia	1301 Colonial Avenue Norfolk, VA 23517	Ph:757- 456-2366 Fax: 757- 495-3206	Catholic Charities of Eastern Virginia matches trained volunteers with
Catholic Charities of Eastern Virginia- Guardianship Program	1301 Colonial Avenue Norfolk, VA 23517	Contact: Ms.Mirlande Sledge Ph:757-467-7707 Fax: 757-495-3206 Norfolk Office 757-533-5217 Website: www.cceva.org	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities' Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive on-going case management and on-going monitoring of their needs and services. In its
Catholic Charities of Eastern Virginia- rep.Payee Program	1301 Colonial Avenue Norfolk, VA 23517	Ph:757-467-7707 Fax: 757-495-3206 Norfolk Office 757-533-5217	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial
Child Protective Services (CPS)	741 Monticello Avenue, Norfolk, VA 23510	Norfolk Department of Social Services Ph:757- 664-6000 Fax:757-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment

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Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccofva.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension
Division of Child Support Enforcement - Eastern Virginia District Office	Division of Child Support Enforcement --Chesapeake District Office 420 North Center Drive	Customer Service Ph:800-468-8894 Fax: 804- 819-7025 Email: AskDCSE	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Area Served: Chesapeake, Norfolk and Virginia
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information
Honey Low-Education	Honey Low-Education Advocate	Active duty military members	Honey Low goal is to assist parents in achieving an appropriate
Jewish Family Service (JFS) of Tidewater-Legal Guardianship	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300	Ph: 757-938-9130 Website:http://jfshamptonroads.org/	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved
Leban & Associates,	154 Newtown Rd Suite B6, Virginia	Ph:757- 745-1334	Leban & Associates, P.C. Attorneys at Law -Immigration Law - All
Legal Aid Society-Legal Services of Eastern Virginia Norfolk	Legal Services of Eastern Virginia 125 St. Paul's Boulevard # 400 Norfolk VA	Ph: 757-627-5423 Toll Free:1-888-868-1072 (866-LEGAL-AID)	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal
Mediation Center of Hampton Roads	The Mediation Center of Hampton Roads	Ph:757- 624 - 1916 Email:info@mediationhamptonroads.org	The Mediation Center of Hampton Roads provides services of any kind of dispute. Their mediators have extensive experience in employee
Regent University Law Clinic (Rev.08/10/23)	Norfolk	Ph:757-352-4639	Regent University School of Law opened a satellite campus law clinic in downtown Norfolk, Virginia to provide pro bono legal aid to the Hampton
Regent University School of Law's Center	Norfolk	Ph:757-352-4660 Email:CG1clinic@regent.edu	Regent University School of Law's Center for Global Justice has launched a clinic to help human trafficking survivors get a fresh start
Second Chances-Garden of Hope CDC	Garden of Hope Office 1217 E. Brambleton Ave	Ph:757-664-4281 Fax:757- 622- 0772	"Second Chances" is a program sponsored by the City of Norfolk and operates under the umbrella of the Garden of Hope CDC. They help
Statewide Senior Legal Helpline Virginia	Statewide Senior Legal Helpline-Virginia Poverty Law Center	Ph:844-802-5910	Virginia Poverty Law Center has created the Statewide Senior Legal Helpline, a toll free line offering legal assistance and advice for
The Project for the Empowerment of	The Project for the Empowerment of Survivors (PES) - Legal Services	Contact: Carmen Williams Ph: 804-277-0335(Ext 2110)	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline
Victim Advocacy	Victim Advocacy Virginia Beach Samaritan House 2620 Southern Boulevard	Intake:Ph:757-631-0710 Fax: 757-631-0747 Hot Line: 757-430-2120	The Victim Advocacy Program connects families with the community resources they need to get the help they deserve. Most people aren't aware of the many supportive programs and services that are available
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue	Ph.: 757-625-4248 Fax: 757-625-1046	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

LGBTQ			
Gender Expression Movement	Gender Expression Movement Meets at The LGBT Center of	Ph: 757-200-9198 Email:	Gender Expression Movement provides transgender educational services. Please call for further information.
Gender Spectrum's	Gender Spectrum's	Website: https://www.genderspectrum.org	Gender Spectrum's mission is to create a gender-inclusive world for all children and youth. To accomplish this, they help families
LGBTQ Life Center	LGBTQ Life Center 248 W. 24th Street	Ph: 757- 640-0929 Fax: 757- 622-8032	LGBT Life Center is a trusted leader that empowers the LGBTQ communities and all people affected by HIV through improving health
LGBTQ Partner Abuse & Sexual Assault	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text: 804-793-9999	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence
PFLAG-Norfolk South Hampton Roads	PFLAG-Norfolk South Hampton Roads 247 W 25th St Norfolk VA 23517	Ph: 757- 588-6552 OR 757 640-0929 Email: pflagnorfolk@gmail.com Website: https://www.pflag.org	PFLAG mission is uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies; they are to advancing equality through support, education, and advocacy. Please call for further information.
Planned Parenthood (Rev. 2/28/18)	515 Newtown Road Virginia Beach, VA 23462	Ph: 800-230-7526 Ph: 757 400 7526	Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex
Trans Lifeline (Rev. 3/28/18)	Trans Lifeline	Ph: 877- 565-8860 Website: http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender
Transgender Assistance Program of Virginia (TAPVA)- Temporary Emergency Housing (Rev. 08/18/22)	LGBTQ Life Center-Transgender Assistance Program (TAP) 248 W. 24th Street Norfolk, VA 23517 OR 3309 Granby Street Norfolk, VA 23504 OR	Ph: 757-563-4784 Email: Transactivistva@gmail.com Website: https://tapvirginia.org	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to provide education surrounding the issues trans people face on a daily basis.
MEDICAL CARE			
Amelia Medical Associates	885 Kempsville Rd #320, Norfolk, VA 23502	Ph: 757- 955-2828 Fax: 757-955-2829	Amelia Medical Associates offers comprehensive care for adults. This includes well-woman care, ongoing care for men, annual and pre-
Aesthetic Center- EVMS (Rev. 5/8/19)	Hofheimer Hall 825 Fairfax Avenue, Suite 610 Norfolk, VA 23507 OR Andrews Hall	Ph: 757-689-8258 OR 1-888-PLA-EVMS Email: evmsplasticsurgery@evms.edu	The EVMS Aesthetic Center is the only cosmetic program in Hampton Roads that includes physician expertise from three specialties, Plastic Surgery, Facial Plastic Surgery and Dermatology. Call to schedule a consultation or service
Allergy -EVMS (Rev. 5/8/19)	600 Gresham Drive, Suite 1100 Norfolk, VA 23507	Ph: 757-388-6200	EVMS Allergy Center offers a comprehensive approach to the diagnosis and control of allergies. Services include: Pediatric and adult nasal
Bio-Medical Applications of Norfolk	Dialysis Center 5621 Tidewater Drive	Ph: 757-533-5650 Fax: 757-533-5301	Bio-Medical Applications of Norfolk, Renal Dialysis Centers Inc. Offers dialysis treatment. Hours are 8:30 a.m. - 5:00 p.m. Monday-Friday
Bon Secours Care A Van (Rev. 02/04/24)	4700 George Washington Hwy. Portsmouth, Virginia 23702.	Ph: 757-889-5121 Zcontact: Takeirah Martin Email: takeirah_martin@bshsi.org	The Bon Secours Care-A-Van is a free medical service that provides general medical care to uninsured adults and children in Hampton Roads communities on the southside and the peninsula. Services
Bon Secours Ghent Station Medical	930 W 21st St #100, Norfolk, VA 23517	Ph: 757- 622-8358 Fax: 757-622-9662	Bon Secours Ghent Station Medical Associates is a family and internal medicine primary care group of physicians who specialize in helping

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Breast Center – Surgery Oncology-EVMS (Rev. 5/8/19)	Hofheimer Hall 825 Fairfax Avenue, Suite 610 Norfolk, VA 23507	Ph: 757-446-8960	EVMS Medical Group emphasize a compassionate multidisciplinary approach to each patient, with a strong emphasis on breast conservation whenever possible; when breast conservation is not possible, immediate reconstruction can be offered. For low income
Chesapeake Care Free Clinic (Rev. 02/05/24)	Chesapeake Free Clinic 2145 S Military Hwy, Chesapeake, VA	Ph: 757-545-5700 Fax: 757-545-7706	Services: Medication assistance and pharmacy services. Eligibility requirement: Resident of Hampton Roads. No medical
Communicare Family Healthy Center -HRCHC- (Hampton Roads)	Communicare Family Healthy Center 804 Whitaker Lane	Ph: 757-393-6363 Fax: 757-397-0047 Email: info@hrchc.org	Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension,
CSG – Pediatric Endocrinology Reuben Rohn, MD-CHKD	601 Children's Lane Norfolk, Virginia 23507	Ph: 757-668-7237 Fax: 757-668-8215 Email: rohnrd@chkd.org	CSG – Pediatric Endocrinology LGBT Program provides Psychological evaluation, hormone therapy, support services, referrals to outside providers. Medicaid and multiple insurances accepted; sliding scale fees available. Services for children and adolescents only. Please call for further information.
David A. Gilbert, M.D.	400 West Brambleton Avenue, Suite 300 Norfolk, Virginia 23510	Ph: 757-274-4000 Fax: 757-274-4001	Dr. David A. Gilbert provides chest surgery for FTMs (females to males), breast augmentation for MTFs (Males to Females) tracheal shave, facial
DePaul Medical Associates	155 Kingsley Lane Suite 400	Ph: 757-278-2240 Fax: 757-489-6469	DePaul Medical Associates provides comprehensive medical care for patients from infants to seniors. Services: Well woman care, Ongoing
Dermatology-EVMS (Rev. 5/8/19)	Andrews Hall 721 Fairfax Avenue, Suite 200 Norfolk, VA 23507	Ph: 757-446-5629	EVMS Dermatology board-certified dermatologists are dedicated to diagnosing and treating the full spectrum of skin disorders—from common problems like acne and eczema, to life-threatening forms of rare skin cancer. Most insurances are accepted. Please call for further
Ear, Nose & Throat-EVMS (Rev. 5/8/19)	600 Gresham Drive, Suite 1100 Norfolk, VA 23507	Ph: 757-388-6200	ENT-EVMS offers the most advanced treatments for disorders of the ear, head and neck for patients of all ages. Please call for further
Ear, Nose & Throat-CHKD (Rev. 5/8/19)	601 Children's Lane Norfolk, VA 23507	Ph: 757-668-9327	ENT-EVMS offers the most advanced treatments for disorders of the ear, head and neck for patients of all ages. Please call for further information.
Eastern Virginia Center for Communication	Eastern Virginia Center for Communication Disorders 825	Ph: 757-446-5934 Fax: 757-446-5968	Eastern Virginia Center for Communication Disorders provides audiological testing and diagnosis, stuttering therapy and other speech
Eastern Virginia Medical School-EVMS	Eastern Virginia Medical School- EVMS 601 Colley Ave Norfolk	Ph: 757-446-7100 OR Toll free 1-800-515-6637	Serves adults providing information and treatment regarding reproductive medicine, infertility and in vitro fertilization
Endocrine and Metabolic Disorders	EVMS Strelitz Diabetes Center 855 W. Brambleton Avenue	Ph: 757-446-5908	Endocrine and Metabolic Disorders-EVMS provides services to individuals, a potential problem with hormone functioning or because of
EVMS Advanced Gynecologic Surgery Center-Sentara (Rev. 5/8/19)	2075 Glenn Mitchell Dr #500 Virginia Beach, VA 23456	Ph: 757-446-7979	The Sentara-EVMS Advanced Gynecologic Surgery Center is a collaborative initiative between Sentara Healthcare and EVMS Obstetrics and Gynecology. The goal of this Center is to provide innovative, patient-focused quality care for those who require treatment
EVMS-HOPES Free Clinic (Rev. 03/04/24)	830 Southampton Ave. Norfolk VA 23509 First floor of the Norfolk Public Health Building	Ph: 757-446-0366 757-403-2474 Spanish Website: https://www.evms.edu/education/resources/community-engaged_learning/hopes	EVMS-HOPES Fee Clinic is the first and only student-run free clinic in Virginia staffed by EVMS students, residents and physicians. HOPES is to serve uninsured citizens of Norfolk with long term and specialty care. The clinic is appointment based only and serves the following specialties: Women's Health Clinic, Dermatology, Ophthalmology, Orthopedics and Ultrasound. Case management is available. Hours:

COMMUNITY RESOURCES EASTERN REGION

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EVMS Hearing and Balance Center-Sentara (Rev.5/8/19)	600 Gresham Drive, Suite 1100 Norfolk, VA 23507	Ph:757-388-6200	EVMS-Sentara Hearing and Balance Center provides diagnostic and rehabilitative services for patients with hearing loss, tinnitus, and balance abnormalities. Rehabilitative methods include: digital hearing aids, implantable hearing aids, cochlear implants, Baha devices, tinnitus
EVMS Hearing and Balance Center-CHKD	601 Children's Lane Norfolk, VA 23507	Ph:757-668-9327	EVMS-CHKD Hearing and Balance Center provides diagnostic and rehabilitative services for patients with hearing loss, tinnitus, and balance abnormalities. Rehabilitative methods include: digital hearing
EVMS Ghent Family Medicine (Rev.12/31/24)	825 Fairfax Ave, Norfolk, VA 23507	Ph:757- 446-5955 Fax:757-446-8486 Website:https://www.evms.edu/m	EVMS Ghent Family and Community Medicine provides personalized and comprehensive care for patients of all ages. Services:primary care and chronic diseases. Medicaid and most insurances are accepted.
Facial Cosmetic and Reconstructive Surgery-EVMS (Rev.5/8/19)	River Pavilion 600 Gresham Drive, Suite 1100 Norfolk, VA 23507	Ph:757-388-6200	EVMS Facial Cosmetic and Reconstructive Surgery performs cosmetic facial procedures including; rhinoplasty, face lift, blepharoplasty (eyelid surgery), eyebrow/forehead lift, lip rejuvenation, skin resurfacing, facial implants and injectable (BOTOX, fillers). They performs reconstructive facial procedures including; soft tissue
Family Physicians of Tidewater (Rev.02/28/24)	425 W 20th St #1, Norfolk, VA 23517	Ph:757- 622-6520 Email:amilyphysiciansoftidewater@yahoo.com	Family Physicians of Tidewater is a medical group practice located in Norfolk, VA that specializes in Family Medicine . Services include:Acute and chronic condition managementm
General Academic Pediatrics-CHKD	General Academic Pediatrics-CHKD 601 Children's Lane Norfolk, VA 23507	Ph:757- 668-7179	CHKD General Academic Pediatrics is dedicated to the highest standard of pediatric care. All of our physicians have met stringent requirements set by national certification organizations. At CHKD General Pediatrics, your child's care will be provided by a pediatrician who specializes in child development and health promotion. Office
Get Real Comprehensive Sex Education-EVMS	Get Real Comprehensive Sex Education-EVMS	Contact :Mrs. Gay Goldsmith, Get Real Program Coordinator Email: getrealcse@evms.edu	The Get Real curriculum is designed to help students develop the skills needed to delay sex and to encourage correct and consistent use of protection methods when they become sexually active. Get Real views
Glennan Center for Geriatrics and Gerontology at EVMS (Rev.5/8/19)	Hofheimer Hall 825 Fairfax Avenue, Suite 201 Norfolk, VA 23507	Ph:757-446-7040	The Glennan Center for Geriatrics and Gerontology at EVMS offers the highest quality innovative services to this aging population (65 and older) , serving them as they deal with complex medical issues, physical issues, cognitive memory issues, etc. Please call for further information.
Hague Medical Associates (Rev.12/31/22)	400 W Brambleton Ave #100, Norfolk, VA 23510	Ph:757- 627-6220 Fax: 757- 627-0200	Hague Medical Associates is a medical group practice that specializes in Family Medicine and Internal Medicine for children and adults. Providers:Katie Curtis, PA-C,Randall Fedro, MD,Elizabeth
Head & Neck Cancer Center-EVMS (Rev.5/8/19)	600 Gresham Drive, Suite 1100 Norfolk, VA 23507	Ph:757-388-6200	EVMS Head and Neck Cancer Center brings to patients an experienced, integrated team for the management of patients with varied head and neck diseases as: Cancers of the oral cavity, pharynx and larynx, Skin cancers, Thyroid and parathyroid surgery, Salivary
Infectious Disease Division -EVMS (Rev.5/8/19)	Hofheimer Hall 825 Fairfax Avenue, 4th floor Norfolk, VA 23507	Ph:757-446-8999	The Infectious Disease Division of EVMS Medical Group treats the entire spectrum of infectious diseases. Please call for further information.

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Internal Medicine – Primary Care-EVMS (Rev.5/8/19)	Hofheimer Hall 825 Fairfax Avenue, Suite 445 Norfolk, VA 23507	Ph:757-446-8920	Internal Medicine – Primary Care-EVMS provides long-term, comprehensive care in the office and the hospital, managing both common and complex illness of adolescents, adults, and the elderly. They are trained in the diagnosis and treatment of cancer, infections, and diseases affecting the heart, blood, kidneys, joints and digestive,
It Gets Better Project	It Gets Better Project	The National Suicide Prevention Lifeline Ph:800-273-TALK (8255) The GLBT National Help Center Hotline: Ph:888-THE-GLNH (888-843-4564)	It Gets Better Project provides crisis or in need of immediate support to LGBTQ youth.
Lackey Virtual Care-Free Clinic -Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process
Laryngology-EVMS (Rev.5/8/19)	600 Gresham Drive, Suite 1100 Norfolk, VA 23507	Ph:757388-6200	Laryngology (The Voice Center) -EVMS provides services for individuals with voice disorders. The Voice Center also treats patients with swallowing problems. Voice and swallowing disorders can include: Professional voice disorders.
LGBTQ Life Center	LGBTQ Life Center 248 W. 24th Street Norfolk, VA 23517 OR 3309 Granby Street Norfolk, VA 23504 OR 1001 Monticello Avenue Suite 100 Norfolk, VA 23510	Ph:757- 640-0929 Fax:757-622-8932 OR 757-200-9197 Email: info@lgbtlifecenter.org Website: https://lgbtlifecenter.org	LGBT Life Center provides free STD testing. No appointment needed. Last test begins 30 minutes before closing. Hours: Monday: 8:30am–5pm; Tuesday: 8:30am–8pm; Wednesday: 8:30am–5pm; Thursday: 8:30am–8pm; (after 5pm, HIV/STD testing is at Monticello office only) and Friday: 8:30am–5pm. They also offer the Mobile Testing Unit, stop by for free, confidential testing. Most testing is completed within 20 minutes, but please plan on your entire visit taking 45 minutes (occasionally there's a wait). Spanish speaking staff is available upon request. Please call for further information.
Lions Center for Sight	Lions Center for Sight Sentara Norfolk General Hospital River Pavilion 600 Gresham Drive Norfolk, VA	Ph:757-388-2100 Fax:757-756-5131	Lions Center for Sight is a regional center for the diagnosis and treatment of major eye disorders. Patients are accepted via emergency room. One week's time to process application. There is a waiting list to receive services. Serves all ages. Hours are 8:00am-4:00pm
Little Creek Family Medical Center-HRCHC (Hampton Roads Community Health	Little Creek Family Medical Center- HRCHC (Hampton Roads Community Health Center) 7447 Central Business Park Drive	Ph: 757-393-6363 Fax: 757-397-0047 Email: info@hrchc.org website: www.hrhc.org	Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension, diet and nutrition, Women's health services: family planning services,
LittleSteps4Health-EVMS (Rev.07/01/21)	LittleSteps4Health-EVMS	Ph: 757-446-6039	LittleSteps4Health, is a FREE 6-week at-home program to help families develop healthier habits and address common challenges to getting your kids to eat healthy and move more. LittleSteps4Health includes: Self-paced program in your own home.
Maternal-Fetal Medicine Program-EVMS (Rev.5/8/19)	Hofheimer Hall 825 Fairfax Avenue, Suite 310 Norfolk, VA 23507	Ph:757-446-7900	The Maternal-Fetal Medicine Program (MFM) at Eastern Virginia Medical School (EVMS) is a division within the Department of Obstetrics and Gynecology; their physicians and staff are members of EVMS Medical Group, a not-for-profit practice supporting the mission of EVMS.

COMMUNITY RESOURCES EASTERN REGION

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Norfolk Health Department (Rev.03/04/24)	Norfolk Health Department, 830 Southampton Avenue, Suite 200, Norfolk, VA 23510	Ph: 757-683-2800 Main 757- 683-2796 757- 683-2735 Appointments: 757-355-5666	Provides clinical programs and services to improve the medical health care and support services for Norfolk residents. communicable diseases (683-2732)-STD & HIV (683-2767), foreign travel (683-2732), general medical (683-2728), immunizations (683-9230), immigration screening
Minority Health Coalition of South Hampton Roads	Minority Health Coalition of South Hampton Roads 5215 Colley Avenue Norfolk, VA 23508	Ph: 757- 625-4248 Main Fax: 757- 625-1946 Website: Contact for services: Smith,	Minority Health Coalition of South Hampton Roads is a community partnership offering health screenings with the mission to improve the health of the minority community in Southside Hampton Roads. The organization delivers services that improve individual health, including
Oceanview Medical and Dental Center-HRCHC-(Hampton Roads Community Operation Smile)	Oceanview Medical and Dental Center-HRCHC-(Hampton Roads Community Health Center) 9581 Shore Drive	Ph: 757-393-6363 Fax: 757-397-0047 Email:info@hrchc.org website:www.hrhc.org	Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension, diet and nutrition, Women's health services, Family planning services,
	Operation Smile 6435 Tidewater Drive Norfolk, VA 23509	Ph:757- 321-3223 Fax:757- 321-3202 E-Mail: plucas@operationsmile.org	Operation Smile is a private, non-profit, volunteer medical service organization providing reconstructive surgery and related health care to indigent children and young adults in developing countries and the United States. Operation Smile provides education.
Ophthalmology-EVMS (Rev.5/8/19)	River Pavilion 600 Gresham Drive Norfolk, VA 23507	Ph:757-388-0324	Ophthalmology-EVMS diagnose and treat patients with a variety of eye or vision issues: General Ophthalmology, Retina Services, Cornea/Uveitis Services, Glaucoma, Pediatric, Oculoplastic, Refractive Surgery, etc. Please call for further information.
Park Place Family Medical Center - HRCHC(Hampton Roads Community)	Park Place Family Medical Center - HRCHC(Hampton Roads Community Health Center)-Medica Care	Ph: 757-393-6363 Fax: 757-397-0047 Email:info@hrchc.org website:www.hrhc.org	Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension, diet and nutrition, Women's health services: family planning services,
Pediatric Associates (CMG)-CHKD	Pediatric Associates (CMG)-CHKD *Granby Street Office	*Granby Street Office Ph: 757- 640-0022 *Kempsville Office	Since 1971, the expert staff and pediatricians of Pediatric Associates have specialized in the primary care of infants, children and adolescents from birth through 21 years. We are dedicated to the
Physical Medicine and Rehabilitation-EVMS (Rev.5/8/19)	Andrews Hall 721 Fairfax Avenue, Suite 300 Norfolk , VA 23507	Ph:757-446-5915	EVMS Physical Medicine and Rehabilitation deliver comprehensive care to adults with neuromusculoskeletal impairments due to traumatic injury and disease. Please call for further information.
Physical Medicine and Rehabilitation-EVMS-Fort Norfolk Plaza	Fort Norfolk Plaza 301 Riverview Avenue, Suite 200 Norfolk , VA 23510	Ph:757-995-2436	EVMS Physical Medicine and Rehabilitation deliver comprehensive care to adults with neuromusculoskeletal impairments due to traumatic injury and disease. Please call for further information.
Planned Parenthood (Rev.3/28/18)	515 Newtown Road Virginia Beach, VA 23462	Ph:757-499-7526 Fax: 757-309-4853	Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex
Plastic Surgery-EVMS	Hofheimer Hall	Ph:757-446-8960	Plastic Surgery-EVMS providers are trained and experienced in all
Radiation Oncology-EVMS -Sentara	Sentara Norfolk General Radiation Oncology Center	Ph:757.388.3483 Fax: 757.627.0334	Radiation Oncology-EVMS -Sentara use the most advanced techniques of delivering therapeutic irradiation for the treatment of malignant

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Renal Treatment Center of Norfolk -Renal Dialysis Centers Inc. (Rev.9/17/18)	962 Norfolk Square Norfolk, VA 23501	Ph:757- 461-0501 Fax: 757-461-1104	Renal Treatment Center of Norfolk -Renal Dialysis Centers Inc. Offers dialysis treatment. Hours are 6:00 a.m., 10:00 a.m., 2:00 p.m. and 6:00 p.m. Please call for further information.
Roosevelt Family Medicine (Rev.02/28/24)	2203 E Little Creek Rd, Norfolk VA 23518	Ph:757- 583-2181 Fax: 757- 480-6482	Roosevelt Family Medicine is a medical group practice located in Norfolk VA that specializes in Internal Medicine and Family Medicine
Sentara Ambulatory Care Center (ACC)	130 Colley Ave Norfolk VA 23510	Ph:757- 388-3881 Fax:757- 388-4012	The Ambulatory Care Clinic is located on the medical campus at Sentara Norfolk General Hospital. The Clinic (ACC) offers outpatient
Sentara Family Medicine Physicians	301 Riverview Avenue Suite 810	Ph: 757-252-9150 Website:https://www.sentara.com/	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults,
Sentara Leigh NDC Rheumatology	Sentara Leigh NDC Rheumatology 850 Kempsville Rd Norfolk, VA 23502	Ph: 757-261-6535 Fax:757- 261-0201	Accept Sentara Care Medicaid HMO. Only accept other Medicaid HMO's and straight Medicaid IF Medicare is primary. Providers: William Gough (1), Eric Hodeen (2), Albert Lee (3), Neil Sullivan (4)
Skees Family Practice - Norfolk	400 W Brambleton Ave Suite 201	Ph: 757- 623-8642 Fax:757- 623-4640	Skees Family Practice - Norfolk is a medical group practice that specializes in Family Medicine for adults.Providers:Miriam Galan-
Sleep Medicine-EVMS (Rev.5/8/19)	Williams Hall 855 West Brambleton Avenue Norfolk, VA 23510	Ph:757-446-5908	Sleep Medicine-EVMS experts have been diagnosing, treating and researching sleep disorders longer than anyone else in the area. Treatments includes: Lack of sleep - Insomnia
Surgery-EVMS (Rev.5/8/19)	Hofheimer Hall 825 Fairfax Avenue, Suite 610	Ph:757-446-8960	EVMS Surgical Group are the only Level 1 Trauma surgeons in Hampton Roads, their specialties include general and complex surgical
Surgical Oncology-EVMS (Rev.5/8/19)	Hofheimer Hall 825 Fairfax Avenue, Suite 610 Norfolk, VA 23507	Ph:757-446-8960	EVMS Medical Group cancer surgeons are heavily involved in research, including critical clinical trials that advance the level of care. The most frequently performed procedures are: Breast Cancer, Colorectal Cancer,Melanoma,Sarcoma and ~~Upper gastrointestinal cancer. Please call for further information.~~
Teenage Pregnancy Program-EVMS	Teenage Pregnancy Program- EVMS	Contact: Amy C. Paulson Ph:757-446-6116 Email:	The "Teenage Pregnancy Program" is a comprehensive program that provides prenatal care to pregnant teenagers ranging from 11 to 18 years of age (average 15 1/2 yr. olds). Teenage patients are seen by a
The Aerodigestive Clinic at CHKD (Rev.03/20/20)	Children's Hospital of The King's Daughters 601 Children's Lane Norfolk, VA 23507	Ph:757- 668-9846 Email:Rachel.Tucker@chkd.org	The Aerodigestive Clinic at CHKD provides comprehensive, coordinated care to children with conditions affecting their airway, breathing, feeding, swallowing, or growth. They specialize in the treatment of: Airway obstruction,Bronchomalacia,Chronic aspiration, Chronic cough, Dysphagia (feeding and swallowing problems),Esophageal atresia, Gastroesophageal reflux (GER) Glottic stenosis, Laryngeal cleft, Laryngeal/tracheal papillomatosis Laryngomalacia (severe cases),Persistent wheezing, Stridor ~~Subglottic stenosis, Tracheal stenosis, Tracheoesophageal fistula~~
The Trevor Project	The Trevor Project	Trevor Lifeline at 866-488-7386. Available 24/7/365. TrevorText—Text "Trevor" to 1-	Trevor is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender (LGBTQ), and questioning youth.
Tidewater Women's & LGBT Primary Care Center	891 Norfolk Square Norfolk, Virginia 23502	Ph: 757-461-0011 Fax: 757-461-5762 Email: twlgbt@gmail.com	Tidewater Women's & LGBT Primary Care Center provides primary care services, hormone therapy, OB/GYN services. No insurance plans accepted but labs can be billed to insurance, and office visit costs are

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Urogynecology-EVMS (Rev.5/8/19)	The Group for Women 880 Kempsville Road, Suite 2900 Norfolk, VA 23502	Ph:757-446-7979	Urogynecology EVMS clinic provides services for the symptoms of female pelvic floor dysfunction. Those symptoms could vary among women; however they can include: Bladder Control Problems, Bowel Control Problems, Pelvic Organ Prolapse. Please call for further information.
Urogynecology-EVMS (Rev.5/8/19)	Princess Anne 2075 Glenn Mitchell Drive, Suite 500	Ph:757-446-7979	Urogynecology EVMS clinic provides services for the symptoms of female pelvic floor dysfunction. Those symptoms could vary among women; however they can include: Bladder Control Problems, Bowel
Sentara Urgent Care- (Rev.03/31/25)	Little Creek Road Location: 1326 East Little Creek Road Norfolk, VA 23518 OR	Little Creek Road Location: Ph:757-772-6122 Ph: 757-267-9194 Wards	Sentara Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is
Women Health Source - Norfolk, Sentara Norfolk General	Women Health Source is a program of Sentara Norfolk General Hospital	Intake 757-388-3000 Website: www.sentara.com/Sentara/Hospit	Sentara Women's Health Source (SWHS) is dedicated exclusively to the health and wellness of women at every stage of life. They provide Breastfeeding, Childbirth Education, Health Care, Pregnancy Services,
MEDICATION ASSISTANCE			
Bayview SRC Pharmacy (Compounding)	Bayview SRC Pharmacy 710 E. Little Creek Road Norfolk, VA 23518	Ph:757- 819-4636 Fax:757- 333-7264 Email: bayview710@gmail.com	Bayview SRC Pharmacy is a Compounding pharmacy. Hours: Monday-Friday 9am-7pm and Saturday 9am-2pm.They provide home delivery to Norfolk.Can't bill Tricare for any meds. Please call for further
Catholic Charities of Eastern Virginia- Outreach Program to	Outreach Program to sign for Famis Catholic Charities of Eastern Virginia 4855	Ph:757- 875-0060; Website:www.cceva.org	The Pharmacy Connection Program of CCEVA helps people receive their brand name medications directly from pharmaceutical companies free of charge. This program is for people 19 and older, uninsured, low
Children's Hospital of The King's Daughters (Compound Pharmacy)	601 Children's Lane Norfolk, VA 23507	Ph:757- 668-6337 Fax: 757-257-7664	Children's Hospital of The King's Daughters pharmacy is a compound pharmacy located at CHKD main hospital.Hours: Monday-Friday 9am-7pm and Saturday-Sunday 10am-6pm.
CVS Pharmacy #1826- 24 HOURS (Rev.09/16/20)	CVS Pharmacy 972 E Little Creek Road Norfolk VA	Ph:757-757-480-2704 Website: cvs.com	CVS pharmacy offers 24 hours service. Free Rx delivery may be available. Please call for further information.
Senior Services of Southeastern Virginia	Senior Services of Southeastern Virginia, #5 Interstate Corporate Center, 6350 Center Drive, Suite 101, Norfolk, VA 23502	Ph:757- 461-9481 Website:www.sseva.org	A resource for discount and free medications through The Pharmacy Connection (TPC) - a medication assistance program of the Virginia Health Care Foundation and Senior Services. If an individual, regardless of age, does not have prescription drug coverage and needs help paying for medications, SSSEVA can help qualified persons receive their medicines for free or at a reduced cost. Individuals must
Sentara Case Management Pharmacy (Specialty Medications)	600 Gresham Drive Norfolk, VA 23507	Ph: 877- 349-5242 Fax: 757- 388-7835	Sentara Case Management Pharmacy is a Compounding pharmacy (Specialty Medications Only) located in Norfolk General.Accepts Optima Medicaid.Fills other medications with a specialty medication also will

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St. Columba Ecumenical Ministries, Inc.	St. Columba Ecumenical Ministries, Inc. 2114 Lafayette Blvd	Ph.: 757-627-6748 Fax: 757-622-2569	St. Columba Ecumenical Ministries, Inc. offers a Prescription Medication Program specifically for homeless individuals who are in need of assistance with prescription medications. Clients must be
Walgreens Pharmacy (Rev.09/16/20)	Walgreens Pharmacy 810 W 21st Street Norfolk VA	Ph:757-623-7213	Walgreens Pharmacy offers evening services. Hours: M-F, 8a-10p;Sat., 9a-6p;Sun., 10a-6p.Please call for further information.
MENTAL HEALTH/COUNSELING			
Adult and Child REACH- (Regional Educational Assessment Crisis)	7447 Central Business Park Dr. Norfolk, VA	REACH Crisis Hotline: 888-255-2989 Emergency Services City of	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or
Agape Consulting (Rev.08/31/21)	Agape Consulting 1251 Kempsville Road Norfolk, VA 23502	Contact: Lisa Ozowara Ph: 757- 524-1593 Email:admin@agapeconsultingva.	Agape Consulting provides ABA (applied behavior analysis) services. Please call for further information.
Alternative Family Treatment Services	Alternative Family Treatment Services 7510 Granby St	Ph:757-587-5615	Alternative Family Treatment Services provides in home therapy services, working mainly with teens, up to age 21, 294 funded (court services), Medicaid, and CSA are accepted.
Beach Counseling Center -Patrizia Zorzoli	Beach Counseling Center -Patrizia Zorzoli 615 N. Birdneck Road #108 Virginia Beach VA 23451	Ph:757- 279-2043	Beach Counseling Center -Patrizia Zorzoli is a professional who provides psychotherapy services that includes: anger management, anxiety, child or adolescent, divorce, domestic violence, eating disorders, emotional disturbance, family conflict, grief, parenting, self esteem, spirituality, transgender, weight loss and women's issues. She also works with mental health disorders as:
Carolyn Reed Hersh, MA, LPC, NCC	Norfolk Psychiatric Associates 6353 Center Dr. Norfolk, VA 23502	Ph:757- 461-3313 Fax:757- 622-4063	Norfolk Psychiatric Associates provides Psychotherapy services for children and adults.*new patients, 2-weeks for appointment, 1-2 months for psychiatry, accepts most insurances, varies by provider. Medicaid is
Carolyn Reed Hersh, MA, LPC, CEDS, NCC (Rev.02/20/23)	117 West 21st Street Suite 206 Norfolk, VA	Ph.: 757- 404-3010 OR Ph:757- 828-2624 Email: chrmail@verizon.net	Carolyn Reed Hersh, MA, LPC, NCC provides Psychotherapy services for eating disorders. Age:Adults, Teen, Preteen Children (6 to 10). utilizes the Maudsley approach. Modality:Individuals, Family and Group. Self-pay only. Session Fee: \$150 per session..
Catholic Charities of Hampton Roads- Counseling Services	Catholic Charities of Eastern Virginia 4855 Princess Anne Rd Virginia Beach, VA 23462	Main Office:757-467-7707 Fax: 757-495-3206	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling, family
Catholic Charities of Eastern Virginia- Adoption Services	Catholic Charities of Eastern Virginia-Adoption Services CCEVA Adoption & Pregnancy Center	Ph: 757-456-2366 Email:adoption@cceva.org	Catholic Charities of Eastern Virginia--Adoption Services can help you care for yourself and your baby during your pregnancy and after your child is born and placed for adoption. If you decide on adoption, you can
Catholic Charities of Eastern Virginia- Pregnancy Counseling	Catholic Charities of Eastern Virginia-Pregnancy Counseling CCEVA Adoption & Pregnancy	Ph:757-274-4952 Email:pregnancy@cceva.org	Catholic Charities of Eastern Virginia-Pregnancy Counseling services can help you care for yourself and your baby throughout your pregnancy and after your child is born. Confidential support is available as you
Churchland Psychological Center	Churchland Psychological Center Norfolk 1709 Colley Ave., Suite 310	Ph:757- 483-3404 (for all offices) Email:cpc3210@yahoo.com	Churchland Psychological provides Psychotherapy services for children (4+). Services include: Pain Management, Phobias, Post Traumatic Stress Disorder, Sexual Dysfunction, Stress Management.

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Community Alternatives, Inc (Rev.3/18/19)	5735 Poplar Hall Drive Norfolk, VA 23502	Ph:757- 468-7000 Website:www.comalt.org	Community Alternatives, Inc provides a residential- waiver-funded services, individuals must have a diagnosis of an intellectual disability and/or a mental health condition. Ages: 18 years or older. Please call for further information.
Community Alternatives Inc.	Community Alternatives Inc. 5735 Poplar Hall Drive Norfolk, VA 23502	Ph:757-468-7000 Fax: 757-468-7007	CAI provides In-home Services to adults and children with developmental disabilities, mental illness, and/or developmental disabilities which are often coupled with other medical challenges. Please call for further information.
Community Psychological Resources	Community Psychological Resources 919 W. 21st Norfolk VA 23704	Ph:757- 622-6794 Fax:757- 626-1509	Community Psychological Resources provides Psychotherapy services that includes: chronic illness, 2+autism, trauma, DV group, 6+ sexual abuse, trauma, divorce, 2+ parent assessment, trauma, PDD, chronic illness, etc. Services for children and adults. Medicaid is accepted. ~~Appointments within 24 hours~~
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 7460 Central Business Park Dr. Norfolk, VA 23513	Ph.:757-644-6391 Fax:757-622-2011 Website:www.compassyouthservices.com	Compass Behavioral Group provides full range of counseling and psychological services for children up to 18. Services include: Intensive in-Home Services, Skill Building, ABA Therapy, Crisis Intervention, Therapeutic Day Treatment, and Crisis intervention. Medicaid is accepted.
Covel Family Services	Covel Family Services 1500 E. Little Creek Rd Norfolk, VA 23518	Ph:757-961-7242 Fax:757- 961-7308 Website:www.covelfs.com	Covel Family Services provides in home therapy services. Gangs & weapons program, mentoring & social skills development. Medicaid and CSA funded.
Crisis Intervention Team (CIT)	Crisis Intervention Team (CIT)	CIT Coordinator 757- 664-6681 CIT Peer Support Specialist 757- 823-4120	Crisis Intervention Team (CIT) is a partnership between the Norfolk Police Department to provide appropriate and timely response to individuals who are experiencing a psychiatric emergency. This is being accomplished through training of the Norfolk Police and coordination with the Emergency Services Department. And the Norfolk Community
Crisis Pregnancy Center of Tidewater	1100 Madison Plaza Chesapeake, VA 23320 MAILING ADDRESS: P.O. Box 119 Norfolk, VA 23504	Ph:757-410-9703 Crisis Pregnancy Patient helpline: 757.499.4444. Email:info@cpcot.org	Crisis Pregnancy Center of Tidewater is a Christ-centered organization with a calling to reach out to women and families involved in crisis-related pregnancies by offering real help for the present, hope for the future, and healing from the past. Please call for further information.
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Denise Keeley- LGBTQ Life Center Counselor	LGBTQ Life Center 248 W. 24th Street Norfolk, VA 23517 OR 2200 Granby Street	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email: info@lgbtlifecenter.org	Denise is a licensed clinical social worker experienced in working with LGBTQ clients, including those who identify as transgender. She provides LGBTQ affirming therapy and psychotherapy for adults, adolescents, and their families. She can also provide written documentation for those seeking referrals to medical doctors for
DQS Communications Healthcare Group	645 Church St- Corner of Brambleton - STE #310 Norfolk, VA 23510 2 blocks from Norfolk Scope	Ph:888- 657-2343 Email: vatherapist@gmail.com	DQS Communications Healthcare Group offer mental health counseling and therapy services in Virginia; for Individuals, families, couples, the LGBTQIA community, adults and children of all ages. Telephone and Video counseling is available nationwide. Spanish speaking staff is available. Please call for further information.

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EDEN Counseling Center -Norfolk	EDEN Counseling Center 6330 Newtown Rd Suite 300 Norfolk, VA 23502	Ph:757-466.3336 Fax: 757- 455-5750	EDEN Counseling Center provides a full range of counseling and psychological services for children, adolescents, and adults. Eden Counseling Center participates in Aetna, Anthem, Cigna, Medicare, Sentara, Tricare Standard, Tricare Prime, and additional networks. If you are not covered for any reason, you can self-pay or be reimbursed at a later date.
EVMS Psychiatry - Hofheimer Hall Outpatient Clinic	825 Fairfax Ave. (Hofheimer Hall – 7th floor) Norfolk, VA23507	Ph:757- 446-5888 Website: https://www.evms.edu/patient_care/specialties/psychiatry_and_behavioral_sciences/services/hofheimer_hall_outpatient	EVMS Psychiatry Hofheimer Hall Outpatient Clinic addresses a full range of psychiatric disorders and subspecialties, including: Pharmacological: management Pharmacotherapy,. Psychological/Neuropsychological testing, Consultative/Liaison services, Personality Assessment Psychotherapy for all age groups, as well as individual, family, and group modalities and Psychophysiological Evaluation and Treatment
Family Preservation Services	Family Preservation Services 20 Interstate Corporate Ctr Norfolk, VA 23501	Ph:757-455-8300 Website: www.fpsc.org Email:misp@fps.com	Family Preservation Services, Inc. Behavioral Treatment Services (BTS) are designed to target behaviors related to Autism Spectrum disorders, Asperger's, Down Syndrome, and intellectual disabilities. Evidence-based methods are used to identify strengths and promote independence, communication, self-management, social skills, and daily living skills.
Family Preservation Services (FPS) (Rev.01/08/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320	Statewide Referral Line: Ph:540.283.0486 Email: info@fpsc.org FPS Ph: 757 455 8300	Family Preservation Services (FPS) is a human service agency that offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services. FPS takes a holistic approach to treatment and provides services for children and adults. Medicaid is accepted.
Finney Psychotherapy Associates, PLC	Finney Psychotherapy Associates, PLC 11 Interstate corporate Center, Suite 141	Ph:757- 466-0700 Fax: 757- 461-4826 Website: www.psych-therapy.com	Finney Psychotherapy Associates, PLC provides Psychotherapy services for children and adults. Medicaid is accepted.
Fleet and Family Support Center	7928 14th Street, Suite 102 Norfolk, VA 23505	Ph: 757-444-2102 Toll Free: 800-372-5463	Fleet and Family Support Center (FFSC) provides Deployment support, Transition and Employment assistance, Relocation assistance,
GAP-Governor's Access Plan	GAP-Governor's Access Plan Norfolk Community Services Board- CSB Main Office	Ph:757- 823-1600	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management.
Genesis Counseling- Norfolk / Virginia Beach (Rev.12/23/24)	Genesis Counseling 6330 Newtown Rd Suite 300, Norfolk, VA 23502	Ph:757-466-3336 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management,Anxiety,Art Therapy, Attachment Issues, Attention-Deficit/Hyperactivity Disorder (ADHD),Autism
Genesis Psychological Services	Genesis Psychological Services142 W. York Street Suite 718 Norfolk, VA 23510	Ph.: 757-626-0032	Genesis Psychological Services provides Psychotherapy services for children and adults. Services includes: Eating disorders, family/individual therapy, groups, anger management, play therapy, etc. Medicaid is accepted.
Hampton Roads Behavioral Health (Rev.02/20/23)	Hampton Roads Behavioral Health 1500 E. Little Creek Rd #205 Norfolk VA 23518	Ph: 757-587-4744 Fax: 757-587-4947 Website: https://www.hrbhgroup.com	Hampton Roads Behavioral Health provides counseling services, psychological testing,Psychotherapy,Hypnosis,Biofeedback,Neurofeedback and Medication Management. Common Conditions:Depression,Anxiety Problems, Post Traumatic Stress (PTSD),Obsessive Compulsive Disorder (OCD),Phobias, Bipolar Disorder, Schizophrenia and other

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Services Provided by Norfolk City

IHCCS, Inc./Benny's Place	1711 Church Street Suite D Norfolk, Virginia 23504	Contact: Dr. Bernard Curry Ph:757- 663-4229 Website:www.ihccs-inc.com	IHCCS, Inc./Benny's Place provides outpatient therapy to individuals, couples, families, and groups including substance abuse services (evaluation and treatment) and Art Therapy. We provide services to sex
Infinity Counseling Group (Rev.-11/28/23)	6325 N. Center Dr. Bldg 18 Ste 202 Norfolk, VA 23502	Contact: 757- 227-3636 Fax:757- 227-3642 Email:fmiles@InfinityCounselingG	Infinity Counseling Group provides In-Home ABA (applied behavior analysis) therapies, counseling services, Intensive In-Home Services, Skill Building and Day Treatment Program Services Please call for
In Home Clinical & Casework Inc.,(IHCCS)	1711 Church St # D, Norfolk, VA 23504	Ph:757-623-8985	In Home Clinical & Casework Inc.,(IHCCS) provides the following services: Individual, Family, and Group Counseling (English and Spanish),Trauma Specialists - PTSD, Victims of Sexual Assault,
James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: ~~info@jamesbentleytreatmentprogr~~	James Bentley Counseling Services provides the following Services:Counseling,Parent Education, Link the Client to ~~Resources Restore the Family Unit Crisis Intervention~~
James Bentley Treatment Program- Intensive Inhome Services (IIH)	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogr am.com Website:http://www.jamesbentleytreat mentprogram.com/	James Bentley Treatment Program provides intensive inhome services (IIH) for children ages 5 - 21.This program is for children who are at risk of removal from their homes due to behavioral or emotional disturbance. Please call for further information.
John David Ball, PhD	John David Ball, PhD 825 Fairfax Ave # 564 Norfolk VA 23507	Ph: 757-446-8400	John David Ball, PhD performs psychological evaluations.
Kempsville Center for Behavioral Health	Kempsville Center for Behavioral Health 860 Kempsville Rd. Norfolk, VA 23502	Ph:757-461-4565 Toll Free: 877-409-2228 Confidential Fax: 757- 455-0298	Kempsville Center provides psychiatric inpatient hospitalization and psychiatric residential care to children and adolescents exhibiting behavioral and/or mental health concerns. Residents and patients also display significant needs in the areas of social, interpersonal, ~~educational or vocational functioning that require special care and~~
LGBTQ Life Center- Counseling Services	LGBTQ Life Center 248 W. 24th Street Norfolk, VA 23517 OR 3309 Granby Street	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email: info@lgbtlifecenter.org	LGBT Life Center provides mental health services to HIV positive, lesbian, gay, bisexual, and transgender individuals. They offer affordable, sliding scale services to individuals based on their ability to pay. They accept cash, Medicaid, Ryan White funding, and private ~~health care insurance. Their counselors are very sensitive to LGBTQ~~
Liberty Family Services, LLC	Liberty Family Services, LLC 6330 Newtown Rd. Suite 509 Norfolk, VA 23502	Ph:757-201-6163 Website:www.edencounseling.co m	Liberty Family Services, LLC provides in-home therapy services for children 6+ with developmental disabilities (including MR & Autism). Medicaid, Champus, private insurance, & self-pay.
LifeStance Health (Rev.02/20/23)	500 E Main St, Suite 1150 Norfolk, VA 23510	Ph: 804-207-6737 Website:https://lifestance.com	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments.Services:Adult Psychiatry, Child and Adolescent Psychiatry, Child and Adolescent Therapy, Child-Parent Relationship

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Services Provided by Norfolk City

Lisa Zocco, PsyD	Lisa Zocco, PsyD 6160 Kempsville Crossing, Suite 327-A Norfolk, VA 23502	Ph:757- 466-7300	Lisa Zocco, PsyD specializes in Psychotherapy services that includes: OCD, Anxiety Disorders, Trichotillomania, EMDR.* Accepts straight Medicaid (although tries not to). Cigna, Optima HMO, but not OFC. – 1-month for an appt.
Maternal Health Mental Hotline (U.S. Health and Human Services Department)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide Prevention Lifeline at 1-800-273-TALK
McNeill Therapy & Testing Services (Rev.09/26/24)	6330 Newtown Rd #525 Norfolk, VA 23502	Ph:757-222-0814 Fax: 757-222-0813 Email: McNeillTesting@gmail.com	McNeill Therapy & Testing Services provides comprehensive psychological evaluations/testing and therapy for adults and children in the Hampton Roads area. Services offered: Psychological evaluations, Psychotherapy/CBT, Christian therapy & Adolescent therapy. They address the following concerns: Academic Concerns: <i>Adjusting to Change / Life Transitions Bipolar Child and/or</i>
Mental Health Association- South Hampton Roads	Mental Health Association - South Hampton Roads 1513 Sewell's Point Road Norfolk, VA 23502	Ph:757-853-2606 Website:www.mhav.org	Mental Health Association - South Hampton Roads is a non profit organization that provides education/information toward improving the quality of life of mentally ill and emotionally disturbed persons. Also provides public education through speaker's bureau. Please call for
Mental Health Skill-Building Services- Norfolk CSB (Rev.01/07/20)	7447 Central Business Park Drive Norfolk VA 23513	Ph: 757-756-5600 Main Ph: 757-823-1312	Mental Health Skill-Building Services includes training and support to help individuals achieve and maintain stability and independence within the community. Specific services provided in the program include: face to face and 1:1 services, skill building in personal hygiene, medication
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where
NAMI Connection	NAMI Connection Pretlow Library 111 W. Ocean View Ave.	Contact:Ed Beales Ph:757- 480-1703 Email:beales2@cox.net, HelpLine	NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and
NAMI-Family to Family Support Group	NAMI-Family to Family Support Group 225 W. Olney Rd Norfolk VA Board Room #1	Contact: Marilyn Copeland Ph: 757-375-5298 Website: www.NAMI.org HelpLine 800-950-6264	NAMI-Family to Family is a group for parents, children, siblings, partners, and friends of a loved one with a mental illness. This course helps family members and friends understand and support adults living with a serious mental illness. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved
NAMI Norfolk	NAMI Norfolk 9720 8th View Street Norfolk, VA 23502	Ph: 757- 375-5298 HelpLine 800-950-6264 Email: namlh@nami.org	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives

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NAMI Peer-to-Peer	NAMI Peer-to-Peer 9720 8th View Street Norfolk, VA 23503 -	Ph: 757- 375-5298 Email: granbyhome@aol.com Website: http://www.nami.org HelpLine 800-950-6264	NAMI Peer-to-Peer is a unique, experiential learning program for people living with a mental illness who are interested in establishing and maintaining their wellness and recovery. Please call for further information.
NAMI Virginia's Statewide Helpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Helpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org ~~Website:www.namivirginia.com~~	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, ~~insurance, housing, financial assistance, and much more. Our Helpline~~
National Counseling Group-Mobile Crisis Stabilization	National Counseling Group-Mobile Crisis Stabilization	Ph:757-998-8459 Website: http://www.ncgcommunity.com	National Counseling Group-Mobile Crisis Stabilization program are specially trained counselors committed to responding to mental health crises 24 hours a day in the community. These counselors provide ~~immediate stabilization and thoroughly assess the client so that a~~
Park Place Medical Center Mental Health and Counseling Services	Park Place Medical Center; 3415 Granby Street, Norfolk, VA 23508	Ph:757- 533-9108	Opened Monday - Friday, 8 a.m.-5 p.m.; extended evening hours are sometimes available; services: mental health and counseling services for both kids/adults. Call ahead for appt., bring ID, insurance cards, s.s. card, immunization record, verification of income-1040 for the year or W2; non-residents of Norfolk accepted; Medicaid, Medicare/private
Program of Assertive Community Treatment- PACT-Norfolk CSB (Rev.06/19/18)	Norfolk Community Services Board- CSB Main Office 7447 Central Business Park Drive Norfolk VA 23513	Contact: Chandra Beasley for questions regarding eligibility Ph:757- 664-7699 Ph: 757-823-1312 Main	Program of Assertive Community Treatment- PACT at Norfolk CSB is a community-based program that provides intensive mental health services to adults with severe and persistent mental illnesses. The three primary components of the PACT Program are: (1) Treatment, (2) Rehabilitation, and (3) Support Services. The program's goal is to
Prosperity Eating Disorders Wellness Center (Rev.02/21/23)	6340 Center Drive Unit 100 Norfolk, Virginia 23502	Ph:1-800-863-7224 757-937-8800 Fax: 703-649-3599 Email: information@prosperityedwell.co	Prosperity Eating Disorders Wellness Center specialize in treating Anorexia, Bulimia, EDNOS, Orthorexia and Binge Eating Disorder in our partial hospitalization (PHP) and intensive outpatient programs (IOP). Accepted Insurance: Aetna, Anthem, BCBS Federal, Health Keepers, Beacon, Cigna, Optima, and Tricare/Humana. Coverage Area:Newport
Regent University- Psychological Services Center (Rev.08/11/23)	1000 Regent University Drive, CRB 188 Virginia Beach, VA 23464	Ph:757-352-4488 Fax:757-352-4362 Email: psc@regent.edu	Psychological Services Center at Regent University provide Psychological Assessments on a sliding scale. Services: Individual therapy ,Couple therapy,Family therapy,Group therapy,comprehensive psychological evaluation.T he following services explicitly are not ~~offered by the clinic:Psychiatric evaluations, Emergency~~
Riverpoint Psychiatric Associates	The Psychotherapy Center 327 W. 21st Street, Suit 205 Norfolk, VA 23517	Ph:757- 622-9852 Fax: 757- 622-4033	The Psychotherapy Center provides Psychotherapy services for children and adults. Services includes: eating disorders, Adolescents, eating disorders and group therapy for eating disorders, depression, anxiety, grief and loss, Relationships/Adults only, evaluations for learning disabilities, LGBT issues, etc. *3 weeks generally for an appointment.

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Services Provided by Norfolk City

Teen Anger Management Course, Catholic Charities of TeleMentalHealthCare	Catholic Charities of Eastern Virginia 4855 Princess Anne Road TeleMentalHealthCare Norfolk VA	Ph:757-467-7707. Contact: John M. Thurston, MD Ph: 757-404-6592 Website:	Teen Anger Management is a 4 part course that explains how anger affects us emotionally, physically and in our relationships with others. ~~I learn the skills and strategies to manage anger. Session topics include:~~ TeleMentalHealthCare provides psychiatric services, psychological evaluation, individual psychotherapy & counseling. ~~Insurance not accepted, but sliding scale fee available. Hours of~~
The Barry Robinson Center (BRC)	Barry Robinson Center Inc. 443 Kempsville Road Norfolk VA 23502-4797	Admissions (toll free): 800-221-1995 Admissions (local):	The Barry Robinson Center (BRC) is a private, non-profit, behavioral healthcare organization dedicated to serving the needs of emotionally and behaviorally disturbed children and adolescents ages 6-18 in its 72
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email:info@thechasfoundation.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness. ~~Increase access to effective treatment for the mentally ill~~
The Crisis Stabilization Program-CSB (Rev.01/07/20)	3755 Virginia Beach Blvd Norfolk, VA 23502	Ph: 757-756-5600 Main Ph:757- 664-7690	The Crisis Stabilization Program is for adults who are in an acute crisis situation and who are at risk of hospitalization or homelessness due to their mental health or co-occurring disorder. The Crisis Stabilization Program provides direct mental health short-term care for non-hospitalized individuals who are experiencing an acute crisis of a
Sea Level Counseling and Wellness (Rev.02/21/23)	2200 Colonial Avenue Suite 12 Second Floor (Limited ADA Access) Norfolk, VA 23517	Ph:757-937-5780 Fax:757-937-5781 Email:info@sealevelcw.comWebsite:https://www.sealevelcounselingandwellness.com	Sea Level Counseling and Wellness provides Trauma-Informed Behavioral Health Therapy, EMDR (Eye Movement Desensitization and Reprocessing), Art Therapy and Play Therapy; they also provide Neurofeedback.Conditions:Anxiety,Depression,LGBTQIA+,Stress-Related Emotional Changes, Women's Issues, Grief/Loss
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse;nutritional education and training and referrals to much needed physical and mental health services. The educational topics include, but
STOP Inc.-ON TIME (Opioid Needs: Training Intervention)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called,"Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will
The "Up" Center - Counseling Services-Norfolk	222 W 19th St, Norfolk, VA 23517	Counseling Services Ph:757- 965-8623 Email:	The Up Center offers trauma-informed, evidence-based mental health outpatient counseling to help children, individuals and families manage the stresses of life. Individual, family and group services are offered to
The "Up" Center-Employee Assistance Program (EAP)	222 W 19th St, Norfolk, VA 23517	Counseling Services Ph:757- 965-8623 Email:	The "Up" Center-Employee Assistance Program (EAP) provides EAP services to employees of some local corporations on a contract basis. Please call for further information.
The "Up" Center-Seeking Safety Therapy	The "Up" Center 150 Boush Street, Ste. 500 Norfolk, Virginia 23510	Seeking Safety group Contact: Mary Brantley Director of Counseling	The Up Center's Seeking Safety Therapy Groups provide research-based support for men and women who have experienced trauma, including those who have been abused, victimized by crime, or
The "Up" Center-The Steven A Cohen Clinic-Cognitive Behavioral Therapy Group (Rev. 01/07/20)	The "Up" Center 150 Boush Street, Ste. 500 Norfolk, Virginia 23510	Contact :Justin Engle Email:justin.engle@theupcenter.org.	The "Up" Center-The Steven A Cohen Clinic-Cognitive Behavioral Therapy Group (CBT) is a short-term, goal-oriented psychotherapy treatment with practical approach to problem-solving to help participants to change patterns of thinking or behavior that are behind people's difficulties, and so change the way they feel. Times:

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The Up Center-Anger Management & Domestic Violence Therapy Group	The "Up" Center 150 Boush Street, Ste. 500 Norfolk, Virginia 23510	Contact: Jessica Oulahan Counseling Services Coordinator Ph:757- 965-8622 Email:jessica.oulahan@theupcenter.org	The Up Center's Anger Management and Domestic Violence groups help inhibit violent behavior by improving social skills and impulse control while teaching empathy and compassion for others. Please call for further information.
The Up Center-Women's Assertiveness Therapy Group	The "Up" Center 150 Boush Street, Ste. 500 Norfolk, Virginia 23510	Contact: Jessica Oulahan Counseling Services Coordinator Ph:757- 965-8622 Email:jessica.oulahan@theupcenter.org	The Up Center offers this 8-week class, free and open to any woman 21+ who wants to learn to be more assertive in her relationships. Sessions take place in Norfolk, Portsmouth, and Suffolk. To join, contact Jessica Oulahan by email or at 757-965-8622. Space is limited; register early.
The "Up" Center-Support for Military Families	The "Up" Center 150 Boush Street, Ste. 500 Norfolk, Virginia 23510	Contact: Jessica Oulahan Counseling Services Coordinator Ph:757- 965-8622 Email:jessica.oulahan@theupcenter.org	The Up Center outpatient counseling services can help military families deal with issues such as deployment, financial distress, and depression. Counseling fees are based on income and family size. We accept select insurance plans, including Champus and Tricare. Please call for further information.
Thriveworks Counseling & Psychiatry Norfolk (Rev.01/20/23)	110 Kingsley Ln Suite 106, Norfolk, VA 23505	Ph:757- 347-8662 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request.
Virginia Association Of Community Services Boards (VACSB)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email: info@vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities- Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@cccovfa.org Website: http://www.cccovfa.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization
Leban & Associates, P.C. Attorneys at Law - All Nationalities	154 Newtown Rd Suite B6, Virginia Beach, VA 23462	Ph:757- 745-1334 Website:http://www.earlylaw.com	Leban & Associates, P.C. Attorneys at Law -Immigration Law - All Nationalities provides free consultation for serious immigration issues and many legal problems as: Criminal Defense, Marriage, Divorce, Employment, Small Business Law, Traffic Law, Personal Injury, Medical
Making a Difference Foundation	Making a Difference Foundation 990 Kelso Court, Virginia Beach VA 23464	Ph.: 757-375-8195	Outreach into Hispanic/Minority communities, Translation /service referral efforts,24 hour emergency service, Tutoring/Mentoring Assistance, Leadership/Motivational workshops, Family Empowerment, Family Resource Referral. Parenting Workshops. Juvenile violence

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Services Provided by Norfolk City

Monarch Medical Associates-Civil Surgeon	4211 Monarch Way Suite 100 Norfolk VA 23508	Dr. Randall Fedro Ph:757-738-1400	When you apply for a green card (adjustment of status) in the United States, you usually need to have a medical examination. The exam must be done by a doctor who is authorized by U.S. Citizenship and Immigration Services (USCIS). USCIS designates certain doctors (also known as civil surgeons) to perform the medical exam required for most
National Network for Immigrant & Refugee Rights (NNIRR) (Rev. 4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
Norfolk Seamen's Friend Society	Norfolk Seamen's Friend Society 1222 W. Olney Road Norfolk, VA 23507	Ph.: 757-623-4222 Fax: 757-627-7872 and 7737 Hampton Blvd Norfolk VA 23505	Agency is a non-profit organization providing fellowship, recreation and transportation services for American and foreign seafarers, men and women of all nationalities. This agency provides transportation to merchant seamen from ship to churches, service centers and shopping
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue Norfolk VA 23508	Ph.: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. The program supports policies that contribute to the elimination of racism. This includes but is not limited to policies that eliminate racial profiling, increase immigrant rights, retain and strengthen affirmative
PARENTING CLASSES/SUPPORTS			
A program of Bon Secours Home Care DePaul Medical Center- Parenting	A program of Bon Secours Home Care DePaul Medical Center 150 Kingsley Lane Norfolk, VA 23505	Ph.: 757-889-5452/Alternate 757-889-3627 Web site www.bonsecourshamptonroads.com	Provides classes for new and expectant parents which are designed to educate and support them in order to make the transition to parenthood easier and more satisfying. Classes include childbirth, breast feeding, baby care, infant CPR, and parent-infant interaction.
Baby Care Program - Norfolk Health Department (Rev.6/27/19)	Baby Care Program Norfolk	Contact: Noni Welch Ph.: 757-683-2787 Cel:330-727-8334	Baby Care Program Norfolk provides home visits to high risk maternity clients from the Health Departments or from private doctors is provided to those enrolled in Medicaid's Baby care program. Some exceptions apply. Hours of operation: 8:15a.m-5:00 P.M.
CHKD-Family Resource Center	CHKD-Family Resource Center CHKD Health Center at Landstown 1924 Landstown Centre Way, Virginia Beach VA	Ph:757- 668-4955 Website:CHKD.org/Parenting Resources	CHKD-Family Resource Center provides parenting resources to parents as: parent education materials, view on-line parenting resources, or check out a list of upcoming classes. If parents are interested in talking with a parent educator, they are pleased to offer extended on-site parent educator hours on Tuesdays from 11 a.m. to 6 p.m. beginning
CHIP of SHR/ (Children's Health Investment Program) (Rev.6/26/19)	1302 Jefferson St Chesapeake, VA 23324	Contact: Arlene Lipscomb Ph: 757-543-9100 Fax: 757-543-9166 Email: alipscomb@chipshr.org	CHIP is a comprehensive home visiting program for new, expectant and current parents. It is designed to help parents to be the best parents possible. Services include: Child development and parenting information, Connection to services in the community Case management and Help being the best parents you can be to your child.

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Classes & Lectures at CHKD	Classes & Lectures at CHKD	Ph.: 757- 668-7500 or 800- 395-2453 Website: http://www.chkd.org/Classes/events.aspx	CHKD offers classes for kids, teens, parents and grandparents. We offer classes on many subjects and most are free of charge, but registration is required because space is limited. You may not be able to register for all classes online or please call to register or to get more information about a class.
Early Prevention-	Early Prevention- Norfolk	Contact :Xaviera Evans	Early Prevention Services - Norfolk Department Human Services are
Fleet and Family	Fleet and Family Support Center-	Contact: Catherine Lewallen	Fleet and Family Support Center-New Parent Support program provides
Fleet and Family Support Center	7928 14th Street, Suite 102 Norfolk, VA 23505	Ph: 757-444-2102 Toll Free: 800-372-5463	Fleet and Family Support Center (FFSC) provides Parenting and Life Skill programs to promote quality of life for military personnel and their families. Visit the nearest Fleet and Family Support Center for further information on base and community services.
Grandfamilies and Relatives As Parents Program-Kinship Caregivers Virtual - Kinship Care 101	Grandfamilies and Relatives As Parents Program-Kinship Caregivers	Contact Kathy Dial, PhD—Kids, Kin 'n Caregivers Inc. Call/Text 757.434.5162 Email: kknc@cox.net ~~Website:www.kids-kin-care.org~~	Kinship Care 101: is a free 6-week educational series. Discussion topics include: Trauma-informed care, family relationships and healthy communication, technology/social media, legal issues and documents, parenting in 21st century, ~~negotiating the school system, Health literacy/self-care and family~~
Grandfamilies and Relatives As Parents Program-Kinship Caregivers Virtual Information and	Grandfamilies and Relatives As Parents Program-Kinship Caregivers	Contact Kathy Dial, PhD—Kids, Kin 'n Caregivers Inc. Call/Text 757.434.5162 Email: kknc@cox.net ~~Website:www.kids-kin-care.org~~	Information and Conversation Groups: Listen and talk to others who share your same concerns and responsibilities. Learn more about parenting strategies and community services. Times: Wednesdays: 8:00 pm – 9:30 pm or Thursdays: 8:45 am – 10:15 am. Please call for further information
Grandfamilies and Relatives As Parents Program-Kinship Caregivers Virtual Brown Bag Luncheon	Grandfamilies and Relatives As Parents Program-Kinship Caregivers	Contact Kathy Dial, PhD—Kids, Kin 'n Caregivers Inc. Call/Text 757.434.5162 Email: kknc@cox.net ~~Website:www.kids-kin-care.org~~	Brown Bag Luncheon Series: learn about pertinent topics, resources, and activities for your entire family.Times:Thursdays at 1 pm. Please call for further information.
HALO at Home-Online Program-EVMS (Rev.10/14/20)	Research Assistant Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical School EVMS -Williams Hall ~~855 W. Brambleton Ave~~	Contact:Tierra Langley Program Coordinator/Research Assistant (CINCH) and EVMS Ph:757 446-5708 ~~Fax:757- 446-8408~~	HALO at Home is a free online social-emotional learning program that teaches preschoolers how to make healthy choices in a fun and exciting way. Ages:3-6.HALO at Home is ideal for both parents and early care and education centers. Please call for further information.
Hampton Roads Doulas-HRD (Rev.1/25/19)	Hampton Roads Doulas-HRD	Ph: 757-349-6618 Email: office@hrdoulas.com Website: http://hrdoulas.com	Hampton Roads Doulas-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They provide 24-hour assistance. Services: prenatal doula, postpartum doula, birth doula, placenta encapsulation, infant feeding and birth classes. ~~Fee: mothers can hire a doula for anything from \$1,000 to~~
Mindful Mom-CHKD (Rev.09/23/21)	Children's Hospital of The King's Daughters 601 Children's Lane, Norfolk, VA 23507	Contact:Michele Tryon, CCLS Community Outreach Coordinator Ph:757- 668-9304 ~~Email:Michele.Tryon@CHKD.org~~	Mindful Mom is an online, interactive group facilitated by Michele Tryon, CCLS, CHKD Parent Educator. This program is a four-part series that provides opportunity to learn and practice mindfulness skills to reduce stress and ~~strengthen mother/child relationships. For moms of children of all~~
NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program	NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program	Ph:757-322-1171 Contact: Sandra Thompson (N, VB, H) Helen Keilty Molly Curtis	NMCRS – Navy Marine Corp Relief Society is a home visiting nurse program for parent and newborns housed at F&Fsupport Center in Norfolk. Please call for further information.

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Norfolk Interagency	Norfolk Interagency Consortium	Ph:757-441-2510	Norfolk Interagency Consortium preserves the family and its individuals
Norfolk Loving Steps	Norfolk Loving Steps Program-	Contact: Capris Elmore	Loving Steps offers intensive case management services and care
Nurse Family	Nurse Family Partnership-First	Ph:844- 637-6667	Nurse Family Partnership-First Time Mothers provides services to first-
Parent Connection- YMCA	Parent Connection Downtown Norfolk YMCA 212 W. Bute Street	Ph:757- 622-9622, Ext. 19 Fax:757- 627-4824	Provides a free, confidential service for parents who want to improve their relationship with their children and find more effective ways of coping with the pressures of everyday life. Groups meet once a week.
Parenting Classes, The Mediation Center of	The Mediation Center of Hampton Roads	Ph: 757- 624 - 6666	The Mediation Center of Hampton Roads officers Cooperative Co-parenting. Four hour court-approved Cooperative Co-Parenting seminar
Prevent Child Abuse Hampton Roads	Prevent Child Abuse Hampton Roads	Ph:757-440-2749 Email:ucantbeatkids@yahoo.com	Prevent Child Abuse Hampton Roads provides information on how to prevent and report child abuse or neglect. Also offers a variety of
Single Parents of Greater Hampton Roads	Single Parents of Greater Hampton Roads	Ph:757-287-4512 Email: spovb216@yahoo.com	Single Parents of Greater Hampton Roads is a local network of single parents. They provide family activities, adult social programs, and
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through
The Fatherhood Development GRO UP (Rev.01/07/20)	Department of Human Services 741 Monticello Ave. Norfolk, VA 23510	Ph: 757- 664-6000 Website:www.norfolk.gov/fathers For additional information contact: Xaviera Evans Ph:757- 664-6370	The Fatherhood Development GRO UP is a group for fathers of all ages to share their stories and support each other while gaining new insight into the challenges and joys of responsible parenting. They will help fathers with: Coping as a single father, Understanding children's needs and Employment resources. Date and Time: Thursdays - 8 Week Cycle 6:30 PM – 8:00 PM. Please call for further information.
The Kinship Navigator Program (Rev.7/1/19)	The Kinship Navigator Program 104B N. Witchduck Road, Suite 216	Contact: Gloria A. Walker Kinship Navigator Ph: 757- 665-8888	The Kinship Navigator Program seeks to maximize resources, provide seamless integrated services, and provide accessible information for
The Planning Council- Home Visiting Central Intake (Rev.6/26/19)	The Planning Council Home Visiting Central Intake 5365 Robin Hood Rd #700, Norfolk, VA 23513	Ph: 757-622-9268 Ext. 3042 or 3061 Contact:Mennie Nelson- Barnes Referral Email: mneslon-barnes@theplanningcouncil.org OR Cheyenne Wesley Referral	The planning Council offers information, referral and screening for home visiting programs for new expectant and current parents, infant and toddler programs, developmental delay programs, parenting classes, prenatal care, alcohol and drug resources, domestic violence resources, etc.. Areas covered: Chesapeake, Norfolk, Portsmouth, Virginia Beach, Suffolk, Franklin, Isle of Wight and Southampton County. Please call for further information.
UbiCare- Parenting and Expectant Families- DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education Email:debra.zalvan@ubicare.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your child's age, as well as announcements from our staff and access to
YMCA Parenting Classes	YMCA 4101 Granby Street Suite 305 Norfolk, VA	Contact: Angela Bernard Ph:757-962-2112	This is a Virginia Court Approved Program for children 4 years old and up. Classes Tuesday nights 6:00AM-8:00 PM (Duration 6 weeks).Pre-registration required. Family can reside at any city.

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RECREATION			
Ability Center of Virginia former Cerebral Palsy	Ability Center of Virginia former Cerebral Palsy Association of Virginia	Ph:757-497-7474	Each summer children and adults from Hampton Roads, the Peninsula and Virginia's Eastern Shore attend the Cerebral Palsy Summer Camp Enrichment Program. Held in the summer, activities include computer
Ballet Virginia New Adaptive Dance Program (Rev. 2/20/10)	700 West, 21st Street Norfolk VA 23517	Lisa McCarty, VI Children's Program Director Ph:757-446-1401	Ballet Virginia is providing a ballet-based creative movement class for children with disabilities from ages 5 to 11. Fridays from 4:15 PM to 5:00PM. Cost: 5 week sessions for \$55. Please call for further
Bayview Therapeutic Recreation Center	Bayview Therapeutic Recreation Center 8613 Willow Terrace Norfolk VA 23503	Ph:757-441-1626	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal
Berkley Community Therapeutic Recreation Center	Berkley Community Therapeutic Recreation Center 121 W. Liberty St Norfolk VA 23522	Ph:757-441-1912	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Camp ADVENTUROS	Camp ADVENTUROS	Contact:Michelle Sims	Camp ADVENTUROS is a peer-led camp that gives teens a unique
Camp Hope Norfolk (Rev.07/16/21)	Camp Hope Norfolk	Contact: Nicole Nordan Ph:757-625-4248 Ext.120 Email:nicole.nordan@ywca-chr.org	Camp Hope Norfolk is the first camping and mentoring initiative in the United States to focus on children exposed to domestic violence. It is a values-base, "Challenge by Choice" program with a focus on praising children for observed and developing character traits through the course
Camp SUPERKIDS-Camp for Children with	Camp SUPERKIDS-Camp for Children with Asthma-American	Camp SUPERKIDS-Norfolk Ph:757-442-3442	Camp for Children with Special Needs-American Lung Association programs provides a variety of day and week long outdoor camps, to
Campostella Therapeutic Recreation	Campostella Therapeutic Recreation Center	Ph:757-441-1974	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which
Captain's Quarters Therapeutic Recreation	Captain's Quarters Therapeutic Recreation Center	Ph:757-441-1715	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which
Community Therapeutic Recreation Center-Vivian C. Mason	Community Therapeutic Recreation Center 804 Whitaker Ln Norfolk VA 23510	Ph:757-441-2692	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Crossroads Community Therapeutic Recreation Center	Crossroads Community Therapeutic Recreation Center 8019 Old Ocean View Rd Norfolk VA 23505	Ph:757-965-9430	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
E. Ocean View Community Therapeutic Recreation Center	E. Ocean View Community Therapeutic Recreation Center 9520 E. 20th Bay St Norfolk VA 23518	Ph:757-441-1785	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.

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Fairlawn Therapeutic Recreation Center	Fairlawn Therapeutic Recreation Center 1014 Kempsville Rd Norfolk VA 23502	Ph:757-441-5670	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Family Enrichment Community Center	Family Enrichment Community Center Oakmont North Family Investment Center	Ph:757-853-8469 Fax: 757-858-5923 Alternate: 757-852-9791	This program offers a wide variety of services to support, motivate and empower the community by providing infinite growth opportunities through stimulating educational activities. The Family Investment Center
Generic Theater for Kids at Chrysler Hall-	Generic Theater for Kids at Chrysler Hall-Acting for Stage Camp	Contact:Judy Ziegler Ph: 757-409-2646 or email GenericTheaterforKids@gmail.com	Acting for Stage camp is a two week camp and will include acting skills including stage directions, improvisations, pantomime & monologues.
Generic Theater for Kids at Chrysler Hall-Acting for TV and Movies Camp	Generic Theater for Kids at Chrysler Hall- Acting for TV and Movies Camp	Contact:Judy Ziegler Ph: 757-409-2646 or email GenericTheaterforKids@gmail.com	Acting for TV and Movies Camp will teach how acting for the camera differs from acting on stage. Students will learn about camera shots, shooting commands. They will be videotaped for practice and view their work in class. They will be given sample TV commercials, monologues
Generic Theater for Kids at Chrysler Hall-Musical Theater Camp (Rev.06/23/22)	Generic Theater for Kids at Chrysler Hall-Musical Theater Camp (Rev.06/23/22)	Contact:Judy Ziegler Ph: 757-409-2646 or email GenericTheaterforKids@gmail.com	Musical Theater camp is a two week camp and will include singing, basic dance movement & acting, improvisations, pantomime & monologues. All campers will be cast in a musical and learn script interpretation, blocking, staging & memorizing techniques. The two
Generic Theater for Kids at Chrysler Hall-Tiny Tots Musical Theater Camp (Rev.06/23/22)	Generic Theater for Kids at Chrysler Hall-Tiny Tots Musical Theater Camp	Contact:Judy Ziegler Ph: 757-409-2646 or email GenericTheaterforKids@gmail.com	Musical Theater for Tiny Tots is a one week camp which includes theater games, pantomimes, singing, some dance moves and acting. Campers will learn a short play and songs and will perform for family and friends.Ages:5 to 7.One week Tiny Tots camp is \$200.Tuition can be paid by Check, cash, credit
Grandy Village Therapeutic Recreation Center	Grandy Village Therapeutic Recreation Center 3016 Kimball Terrace Norfolk VA 23504	Ph:757-441-2117	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH)	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757-441-5588	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger,
Huntersville Community Therapeutic Recreation Center	Huntersville Community Therapeutic Recreation Center 830 Goff St Norfolk VA 23504	Ph:757-664-7430	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Hurrah Players Theatre Camp (Rev.06/23/22)	485 St. Paul's Blvd., Norfolk, VA, 23510	Contact:Lisa Wallace, Director Email:lwallace@hurrahplayers.com	Campers will participate in Musical Theatre classes including Broadway Dance and Voice, Stage Acting, and Beyond theStageTheater101. The Last day of Camp will be a presentation of what the Campers have learned at the Hugh. R. Copeland Center in the NEON District. Camp is for ages 5 and up (Campers are divided into smaller groups based on

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Ingleside Therapeutic Recreation Center	Ingleside Therapeutic Recreation Center 940 Ingleside Rd.	Ph:757-441-5621	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Kroc Camp (Rev.06/23/22)	1401 Ballentine Blvd, Norfolk, VA 23504	Ph:757- 622-5762 Website:https://southernusa.salvationarmy.org/kroccampntonroads	Kroc Camp provides children the opportunity to engage in fun-filled activities in a safe and positive Christian-faith-based environment in a state-of-the-art facility. Our program promotes the development of the child's physical, emotional, social, and spiritual growth.
Lambert's Point Community	Lambert's Point Community Therapeutic Recreation Center 1251 W 42nd St	Ph:757-423-1088	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Leaders of Tomorrow - LOT Summer Camp for Middle School Children	Garden Of Hope, Inc. Gethsemane Community Fellowship Baptist Church	Ph: 757-622-0760 Fax: 757-622-0772 E-mail:	The Leaders of Tomorrow Youth Camp & Mentoring Program is designed to lead and mentor middle school youth over a three year period. Through the use of cultural and academic enrichment activities, the program aims to develop the youth's self-esteem, leadership skills, and academic achievement.
Little League Challenger Baseball Program	Little League Challenger Baseball Program 1621 Esquire St	Contact: Gary Owens Assistant District Administrator Challenger Division	Little League Challenger Baseball is a program for any child with any disability age 5 through High School. For further information please contact Coach Gary Owens of Ocean View Little League.
Merrimack Landing Therapeutic Recreation Center	Merrimack Landing Therapeutic Recreation Center 8809 Monitor Way Norfolk VA 23502	Ph:757-441-1783	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Norfolk Parks and Recreation Norfolk Explorers Summer Camp	Locations: Bayview Community Center 8613 Willow Ter. Norfolk, VA 23503 Berkley Community Center 121	Locations: Bayview Community Center Ph:757-441-1626 Berkley Community Center Ph:	Explorers Summer Camp is for youth Ages: 5-12 / Must have completed Kindergarten. Cost per child: \$150.00— field trips and t-shirt included 50% discount for all Power up eligible participants Valid Facility Use card is required at registration. Registration is available online or in-person.
Norfolk Parks and Recreation Norfolk Navigators Summer Camp	Locations: Huntersville Community Center 830 Goff St. Norfolk, VA 23504 Lambert's Point Community	Locations: Huntersville Community Center Ph: 757-664-7431 Lambert's Point Community	Navigators Summer Camp Program is for teen Ages: 13-16 Cost per teen: \$50.00 — field trip fees and t-shirt included) 50% discount for all Power up eligible participants Valid Facility Use card is required at registration. Registration Begins: online or in person during regular business hours.
Norfolk TRC Summer Camp Program (Rev.05/17/23)	Norfolk TRC Summer Camp Program	Contact: Cathy Orletsky Ph:757-441-1764 Website:www.norfolk.gov/RPOS	Norfolk TRC Summer Camp Program serves individuals with diagnosis of Asperger's, ADHD, Learning Disability, Moderate to Severe Autism, Moderate to Severe Intellectual Disability, Emotional Disability, Cerebral Palsy, Down Syndrome, Physical Disabilities. Area: Norfolk. Dates: June 25-July 13 and July 29-August 15. Hours: 9:00am-4:00pm. Fee: \$150.00. Discount: 50% for Power Up eligible participants. Valid Facility Use Card required at registration.
Norview Community Therapeutic Recreation	Norview Community Therapeutic Recreation Center	Ph:757-441-1440	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Park Place Community Therapeutic Recreation Center	Park Place Community Therapeutic Recreation Center 606 W. 29th St Norfolk VA 23508	Ph:757-664-7531	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Planet Fitness-Free Summer Membership (Rev.06/21/22)	Norfolk (Little Creek Rd) 4245 E Little Creek Rd Norfolk, VA 23518 OR Norfolk (Military Hwy)	Norfolk (Little Creek Rd) Ph:757- 644-6926 Norfolk (Military Hwy) Ph:757- 695-7914	Planet Fitness-Free Summer Membership program is for Teens 14-19; they can work out FREE with High School Summer Pass™. PLUS, when they sign up, they are automatically entered for a chance to win a \$5,000 scholarship. ~~NO DUP NFG~~ Ages 14-19 (with parent approval).
Really Awesome People Swimming Program (RAPS)	Really Awesome People Swimming Program (RAPS)	contact: Ms. Leslie Paul Ph:757-420-9523 Website: www.rapsswim.org	The purpose of the Really Awesome People Swimming program is to provide swim lessons to as many minorities as possible in order to keep them safe while in, on, or around the water, which in turn, will help lower the drowning rates among minorities. This includes teaching swimming.
Sherwood Forest Community Therapeutic Recreation	Sherwood Forest Community Therapeutic Recreation Center 4537 Little John Drive Norfolk VA 23513	Ph:757-441-5824	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.

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Southside Boys & Girls Club-Adventure Island Camp (Rev.06/30/22)	701 Berkley Ave Ext, Norfolk, VA 23523	Ph: 757-545-5963 Website: https://www.ssbandgc.org/cony-of-summer-registration	Southside Boys & Girls Clubs-"Adventure Island" Camp offers a variety of programs designed to keep kids and teens active and engaged. Activities include field trips, WHEELIE ball and Summer Night
Summer Art Camps- Chrysler Museum (Rev.06/23/22)	One Memorial Place, Norfolk, Virginia 23510	Ph: 757-664-6200 Email: contact mjordan@chrysler.org Website: https://chrysler.org/learn/kids/summer-camps	This summer, Chrysler Museum will offer several sessions of in-person summer camps. Explore the vast permanent collection of the Chrysler Museum and the exhibition M.C. Escher: Infinite Variations. Each camp session is four days. Camps for ages 6-8 and 9-10 run from 10 am to 4 pm.
Tarralton Community Therapeutic Recreation Center	Tarralton Community Therapeutic Recreation Center 2100 Tarralton Drive Norfolk VA 23518	Ph: 757-441-1765	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
Teens with a Purpose Free AdventuroUS Summer Camp	Teens with a Purpose Free AdventuroUS Summer Camp 700 E. Olney Road, Norfolk,	Fax: 757- 299-0149 Email: TWPTeenEvents@gmail.com	AdventuroUS is a curriculum-driven, unique summer experience including outdoor activities, field trips, visual and mass media art, photography, cook-outs and so much more! Morning OR Afternoon
The Boys & Girls Club of Southeast Virginia	The Boys & Girls Club of Southeast Virginia 3415 Azalea	Ph: 757- 853-5632	Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and
The Up Center- Behavioral and Therapeutic Recreation Consultations	The Up Center-Behavioral and Therapeutic Recreation Consultations	Contact: Patricia Coale Director, Therapeutic Recreation Ph: 757- 965-8681	The Up Center-Behavioral and Therapeutic Recreation Consultations are available to individuals who have a Medicaid Community Living Waiver. Behavioral Consultations support individuals and provide training to families and staff in use of Positive Behavior Supports to
The Up Center-Camp Horizon	Camp Horizons-The Up Center Camp is held at the Virginia Wesleyan College 1584 Wesleyan Dr	Contact: Patricia Coale Ph: 757-965-8681 Website: http://theupcenter.org	The Up Center-Camp Horizon offers a summer camp for children, ages five and older, and adults with disabilities. Their dedicated counselors work individually with campers using a curriculum focused on therapeutic recreation and education. Camp Horizon is held from mid-
Therapeutic Recreation Center	Therapeutic Recreation Center 180 East Evans Street	Ph.: 757-441-1764	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which
Therapy Dog Classes- Playful Pups	Therapy Dog Classes-Playful Pups 404 Investors Place Suite 103 Virginia Beach VA 23452	Ph: 757-469-6282 Contact: Jean Nohle Email: jnohle@verizon.net OR info@playfulpupstraining.com Website: www.playfulpupstraining.com	Playful Pups offers therapy dogs classes certified by Therapy Dogs International. The cost of the class is \$70.00 for 3 weeks. Please call for further information.
Titustown Therapeutic Recreation Center	Therapeutic Recreation Center 7545 Diven St Norfolk, VA 23505	Ph: 757-441-1259	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which
Todd Rosenlieb Dance Center (TR Dance)- Dance Camp (Rev.06/30/22)	325 Granby St, Norfolk, VA 23510	Ph: 757- 626-3262	Todd Rosenlieb Dance Center (TR Dance) Dance Camp provides classes in Ballet, Modern, Jazz, and Contemporary! Dancers should bring a snack each day. Dancers should bring/wear leotard, convertible tights, ballet and dance shoes. Informal presentation at 11:00 am on Friday for parents and guests. Ages 9-13, Cost: \$300.
Vivian C. Mason - Norfolk Community Center Department of Recreation	Vivian C. Mason - Norfolk Community Center Department of Recreation, Parks & Open Space 700 East Olney Road	Ph: 757-441-1034-Intake Fax : 757-441-1039 Web site www.norfolk.gov/rpos	Committed to enhancing the quality of life for all citizens. Offer numerous comprehensive programs developed for individuals requiring special physical attention. No age limitation. No restrictions. Please call for further information.

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YMCA of South Hampton Roads-Teens FREE Membership (Rev. 03/01/22)	Blocker Norfolk Family YMCA 312 W. Bute Street Norfolk, VA 23510 OR YMCA On Granby	Blocker Norfolk Family YMCA Ph:757- 622-9622 YMCA On Granby Ph:757- 965- 2322	YMCA of South Hampton Roads is excited to provide teens FREE memberships this summer (June-August 2022, ages 13-18) through its Sponsor-a-Teen Program. Teens looking to receive a free membership simply fill out a quick, easy online application for they can come to a
RESPIRE			
Americare Plus	Americare Plus Norfolk 2200 Colonial Avenue	Ph:757- 627-1921 Corporate Office:844-407-2273	Americare Plus provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary
At Home Care	At Home Care 6325 N. Center Drive James bldg.#18,Suite 100 Norfolk, VA 23502	Ph:757-747-0785 Fax:757-747-0784 Email:bonniegeorge@athomecare.com Website:www.athomecare.com	At Home Care provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family member or primary caregiver and provides relief support. Please call for further information.
Catholic Charities - In-Home Respite Care (Rev.4/23/19)	Catholic Charities of Eastern Virginia 1802 Ashland Ave Norfolk VA 23509	Ph:757- 456-2366 OR 757- 456-5136	Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while you are away. Respite services DO NOT include bathing, personal care, housekeeping or transportation. Eligibility Criteria: Care receivers must be 60 years of age or older to receive services. Please call for further information.
Community Personal Care	Community Personal Care 1761 Church Street	Ph.: 757.625.2220 Private Pay: 757.625.1026	Community Personal Care provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the
Community Services Board	Norfolk Community Services Board 7447	Norfolk CSB- Main:757-756-5600	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact
Creative Vocations LLC (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide
Exceptional Family Member Respite Care Program	Exceptional Family Member Respite Care Program	Ph:800-424-2246 Website: Exceptional Family Member	the Exceptional Family Member Program (EFMP) Respite Care Reimbursement Program provides an opportunity for caregivers to focus
Internal Life Homecare, LLC (Rev.10/16/19)	5660 E. Virginia Beach Blvd., Suite 101 Norfolk, VA 23502	Ph:757-977-2218	Internal Life Homecare, LLC provides Skilled Respite for Children. Please call for further information
Norfolk Community Services Board	Norfolk Community Services Board - Respite Care Program-Norfolk	Contact: Barbara Carter, Community Resource Specialist	Respite Care is a service that provides respite (temporary childcare) for persons with developmental disabilities. Care providers are
Pediatric Services of America	6330 N. Center Dr., Ste. 142 Rannabannock Bldg. 13	Ph: 757-461-6310	Pediatric Services of America provides Skilled Respite for Children. Please call for further information
SAFETY			
Safety Seat Program-Norfolk Health	830 Southampton Ave # 200, Norfolk, VA 23510	Ph:757- 683-2796 or 757- 683-2800 Toll	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The
Car Seat Loaner Program - Norfolk	Car Seat Loaner Program - Norfolk, Children's Hospital of The	Car Seats-Infant/Child Intake 757-668-8655	A Child Passenger Safety Program for children with special healthcare needs is available at CHKD. No age limitation. Children with special

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Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The
Project Lifesaver-Norfolk	Project Lifesaver-Norfolk Norfolk Sheriff's Office	Ph.: 757- 664-4700 Contact: Mr. Ballance	Project Lifesaver is a national proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related
Project Lifesaver International	Project Lifesaver International Norfolk Sheriff's Office	Ph:757-328-2485 Toll Free: 1-877-580-LIFE	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and
Smoke Detector Program (Rev.4/3/19)	Norfolk Fire-Rescue	Ph:757- 664-6510 Website: https://www.norfolk.gov	Please contact The Norfolk Fire-Rescue to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
Adapt	8000 Pace Road Norfolk, Virginia 23518	Ph:757-619-4209	Adapt provides rehabilitation treatment for alcohol and drug addiction. Please call for further information.
Alcohol Chemical	3172 Azalea Garden Rd	Ph:757- 747-7450	Alcohol Chemical Treatment is a drug addiction treatment center.
Crisis Stabilization Center (Rev.3/20/19)	7464 Tidewater Drive Norfolk, VA. 23505	Ph:757-664-6679	Crisis Stabilization Center is dedicating its recovery services to the individuals who struggle with alcohol and drug use issues in the Norfolk area.
GAP-Governor's Access Plan	GAP-Governor's Access Plan Norfolk Community Services Board-	Ph:757- 823-1600	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website: www.sentara.com/tobacco-cessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
GHR Center for Addiction Recovery and Treatment (Rev.9/17/18)	850 Tidewater Dr B Norfolk, VA 23504	Ph:757- 333-6992	GHR Center for Addiction Recovery and Treatment provides Screening Behavioral Intervention and Referral to Treatment (SBIRT),Intensive Outpatient Program (IOP),Office Based Opioid Treatment (OBOT)/Outpatient Treatment Program (OTP) and After Care Program (ACP). Please call for further information.
Harbour Pointe Medical and Rehabilitation Center (Rev.9/17/18)	1005 Hampton Boulevard Norfolk, Virginia 23507	Ph:757-623-5602	Harbour Pointe Medical and Rehabilitation Center provides rehabilitation treatment for alcohol and drug addiction. Please call for further information.
IHCCS, Inc./Benny's Place	1711 Church Street Suite D Norfolk, Virginia 23504	Contact: Dr. Bernard Curry Ph:757- 663-4229 Website: www.ihccs-inc.com	IHCCS, Inc./Benny's Place provides outpatient therapy to individuals, couples, families, and groups including substance abuse services (evaluation and treatment) and Art Therapy. We provide services to sex offenders and to victims of sex offenses. Age: Children (6 to 10);Preteens / Tweens (11 to13); Adolescents / Teenagers (14 to 19)

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Services Provided by Norfolk City

James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com	James Bentley Counseling Services provides Substance Abuse Education, Psychiatric Evaluation & Treatment. Please call for further information.
Little Creek Branch SARP C/O SARP Norfolk	1457 D Street Norfolk, VA. 23508	Ph:757-462-8148	Little Creek Branch SARP C/O SARP Norfolk is dedicating its treatment services and programs to helping people who are struggling with alcohol and drug addiction in Norfolk and its surrounding area. Forms of
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. ~~Operates 24 hours, 7 days a week.~~
National Drug Information Treatment and Referral Hotline	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a
Newport News Behavioral Health Center (Rev.5/2018)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive
Norfolk Alcohol and Drug Rehab (Rev.3/20/19)	300 Monticello Ave Norfolk, VA. 23510	Ph:757-525-9949	Norfolk Alcohol and Drug Rehab provides Drug and Alcohol Rehabilitation Treatment Services, Detox. Services: Hospital Inpatient, Inpatient Drug Rehab, Outpatient Drug Rehab, Short Term Drug Rehab, Long Term Drug Rehab. Norfolk Alcohol and Drug Rehab accepts Cash or Self Payment, Medicaid and more
Norfolk CSB- Counseling Services (Rev.01/07/20)	Norfolk Community Services Board- CSB Main Office 7447 Central Business Park Drive	Enrollment and Information Ph:757-756-5600 Main	Norfolk Community Services Board in partnership with Old Dominion University's Graduate Counseling Program, has established the Olney Road Counseling Center to provide affordable outpatient therapy services for Norfolk residents with mental health and/or co-occurring
Norfolk Community Services Board, Opioid Replacement Treatment	Tidewater Drive Center 7460 Tidewater Drive Norfolk, VA 23505	Ph:757-664-6670 Email:info@ghropiod.com	Norfolk Community Services Board, Opioid Replacement Treatment Services (OTP) offers Office Based Opioid Treatment (OBOT)/Outpatient Treatment Program (OTP) that consists of one to
Norfolk Community Services Board –	Tidewater Drive Center 7460 Tidewater Drive Norfolk, VA 23505	Ph: 757-664-6670	Norfolk Community Services Board – Substance Abuse Services (Addiction and Recovery Treatment Program) place emphasis on community treatment and loved ones. Treats pregnant women
Norfolk Community Services Board- Supportive Housing	Tidewater Drive Center 7460 Tidewater Drive Norfolk, VA 23505	Ph:757-664-6670	The mission of the Supportive Housing Case Manager is to provide temporary housing SA Hope and intensive case management to individuals who are currently enrolled in Substance Abuse or Co-
Norfolk CSB-Women's Recovery Services (Rev.01/07/20)	7447 Central Business Park Drive Norfolk VA 23513	Ph:757-756-5600 Main	Norfolk CSB-Women's Recovery Services mission is to assist, support, and motivate women with substance abuse, mental health, and/or co-occurring disorders when entering treatment. The program provides: (1) engagement of Temporary Assistance to Needy Families (TANF) clients receiving post-partum referrals from local hospitals. (2) interagency

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Services Provided by Norfolk City

Oxford House Norfolk	Oxford House Bayview Gardens 1622 Broadfield Road Norfolk VA 23503 Gender: Males ****Oxford House Little Creek 2900 David Avenue Norfolk VA 23518 Gender: Woman ***Oxford House Norview	Oxford House Bayview Gardens Ph: 757-383-6826 ****Oxford House Little Creek 2900 David Avenue Ph:757-351-0165 ***Oxford House Norview 6204 Sewells Point Road Ph:757-961-5427	Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home.Fees:Vary from house to house, typically \$65-\$165 per day.
Peninsula Therapy Center,PLC -Juvenile Substance Use Didactic Group (Rev.6/11/18)	1216 Granby St Norfolk, VA 23510 The Care Team Norfolk: 1216 Granby Street Suite 213 Norfolk, VA 23510	Ph:757- 963-6303 Please contact The care Team Norfolk: CareTeamNorfolk@ptcplc.com Ph. 757.963.6303 Fax 757.963.6074 for more information or referral. Please contact AMIkids if using DJJ funds.	Peninsula Therapy Center, PLC is starting a new juvenile substance use didactic group. This is a 60 minute psychoeducational group for juveniles 13-17 years old who are at risk for substance use, are suspected of substance use, those who have begun experimenting with substances or have received charges for possession/use, or charges for other criminal behavior while under the influence of substances. In addition, those whose involvement with drugs may be more advanced, could benefit if they have had no preliminary treatment or education about substance use and abuse and its effects. Please call for further
Real Solutions of Virginia (Rev.3/20/19)	5900 East Virginia Beach Boulevard Suite 101 Norfolk, VA. 23502	Ph:757- 351-0693	Real Solutions of Virginia provides Drug and Alcohol Rehabilitation Treatment Services, Detox. Services: ~~Hospital Inpatient, Inpatient Drug Rehab, Outpatient Drug Rehab, Short Term Drug Rehab, Long Term Drug Rehab, Real Solutions of Virginia~~
Right Path Addiction Treatment Center (Rev.4/17/18)	Right Path Addiction Treatment Center	Ph:757- 264-9957	Right Path Addiction Treatment Center offers a number of treatment options for opioid addiction. Medicaid is accepted.
SEFP-(South-Eastern Family Project) Hampton Newport	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue ~~Hampton News, VA 23607~~	Ph:757-245-1070 Norfolk CSB 757- 664-6670	SEFP (South-Eastern Family Project) Is a program from Hampton Newport News CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use ~~disorders. Services are provided in a healthy, stable and secure~~
Sentara Family Medicine Physicians-Tobacco Cessation (Rev.6/22/18)	301 Riverview Avenue Suite 810 Norfolk, VA 23510	Ph:757- 252-9150	Sentara Family Medicine Physicians Offers programs to help individuals with tobacco cessation. Please call for further information.
Sentara Internal Medicine-Tobacco Cessation (Rev.6/22/18)	850 Kempsville Road Suite 200-A Norfolk, VA 23502	Ph:757- 252-9010	Sentara Internal Medicine-Tobacco Cessation offers programs to help individuals with tobacco cessation. Please call for further information.
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.6/22/18)	Substance Abuse and Alcoholism - Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat:https://www.lifeline-chat.org/ ~~Website:http://www.youdifeyoungoi~~	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
The Barry Robinson Center (Rev.4/17/18)	443 Kempsville Road Norfolk, VA 23502	Ph: 757-663-4169	The Barry Robinson Center treats children ages 6-17 for substance abuse.

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The Up Center-Substance Use Program	222 W 19th St, Norfolk, VA 23517	Ph:757- 965-8623 Email: sudservices@theupcenter.org Website:https://theupcenter.org/	The Up Center provides services to children, adolescents, adults and their family members whose challenges may include strained social or family relationships, chronic relapse, post-traumatic stress disorder (PTSD), poor self care, legal consequences, increased psychiatric
The Up Center-Substance Use Program-Peer Recovery	222 W 19th St, Norfolk, VA 23517	Ph:757- 965-8623 Email: sudservices@theupcenter.org Website:https://theupcenter.org/	Peer Recovery Services is community-based support led by a certified Peer Recovery Specialist (PRS). Services include coaching, assistance, and connections to resources for individuals with substance use or mental health challenges.
The Up Center-Substance Use Program-New Visions	222 W 19th St, Norfolk, VA 23517	Ph:757- 965-8623 Email: sudservices@theupcenter.org Website:https://theupcenter.org/	The New Visions program helps youth under age 18 and their families who are impacted by substance use to envision a life of wellness and recovery. This program is designed to help youth better engage in their community to build skills and strategies to change or avoid high risk.
The Psychotherapy Center	The Psychotherapy Center 327 W. 21st Street, Suit 205 Norfolk, VA 23517	Ph:757- 622-9852 Fax: 757- 622-4033	The Psychotherapy Center provides Psychotherapy services for children and adults. Services includes: substance abuse. *3 weeks generally for an appointment, accepts Medicaid, type of insurance accepted varies by provider.
Unity Medical Group-Substance Abuse Treatment Center-	821 W 21st Street Suite 206 Norfolk , VA 23517	Ph:757- 317-0076	Unity Medical Group offers addiction treatment.
Unity Medical Group Opiate Addiction Treatment Center-	821 W 21st St #206 Norfolk, VA 23517	Ph: 757- 317-0076	Unity Medical Group provides Opiate addiction treatment. Please call for further information.
Unity Medical Group Opiate Addiction Treatment Center - Suboxone Treatment	821 W 21st St #206 Norfolk, VA 23517	Ph: 757- 317-0076	Unity Medical Group provides suboxone treatment. Please call for further information.
Women's Treatment Center (Rev.9/17/18)	721 Fairfax Ave Norfolk, VA 23507	Ph:757- 446-5000	Women's Treatment Center provides drug addiction treatment. Please call for further information.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
ADD (Attention Deficit Disorder) -Parent's Support Group	CHADD of Tidewater Barry Robinson Center 443 Kempsville Rd, Norfolk VA 23502	For further information contact: 866-633-4871	A support group for Parents and Professionals with issues concerning ADD. Meets the 1st Thursday of each month 6:45Pm -8:30 Pm.
A Father's Footprint Support Group-EVMS Healthy Start Loving Steps Program	Williams Hall 855 W. Brambleton Ave. Norfolk, VA 23510	Contact:Michael L. Jones, Loving Steps Fatherhood Coordinator Ph:757-407-0897	A Father's Footprint Support Group-EVMS Healthy Start Loving Steps Program goal is touch many fathers to strengthen father support and foster cohesive co-parent partnerships. Activities include:Fatherhood Support Group meetings, One on one mentoring to include parenting
AGIS (American Guild for Infant Survival)-Support Group (SIDS)	AGIS (American Guild for Infant Survival)-Support Group (SIDS)	Contact: Heather Kiegel Ph.: 757-923-0367 Email:heather.vasids@yahoo.com Chris Beardsley	AGIS (American Guild for Infant Survival)-Support Group (SIDS)-is for who have experienced the death of a child through Sudden Infant Death Syndrome. Serves Tidewater and Peninsula.

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Services Provided by Norfolk City

Alcoholics Anonymous Support Group-Came To Believe (Rev. 3/19/19)	1153 Harmony Road Norfolk, VA. 23502	Came To Believe	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 12:00 PM 06:00 PM; Tuesday - 12:00 PM 06:00 PM; Wednesday - 12:00 PM 06:00 PM; Thursday - 12:00 PM 06:00 PM; Friday - 12:00 PM 06:00 PM and Saturday - 12:00
Alcoholics Anonymous Support Group-Overcomers (Rev. 3/19/19)	1268 West 38th Street Norfolk, VA. 23508	Overcomers	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 06:00 PM.
Alcoholics Anonymous Support Group-Ocean View (Rev.3/19/19)	9450 Granby Street Norfolk, VA. 23503	Ocean View	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 07:00 PM.
Alcoholics Anonymous Support Group-Brambleton (Rev. 3/19/19)	1400 East Brambleton Avenue Norfolk, VA. 23504	Brambleton	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 07:30 PM.
Alcoholics Anonymous Support Group-213 Big Book Group (Rev. 3/19/19)	531 Raleigh Avenue Norfolk, VA. 23507	213 Big Book Group	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 08:00 PM.
Alcoholics Anonymous Support Group-Little Door (Rev. 3/19/19)	9609 9th Bay St Norfolk, VA. 23518	Little Door	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 08:00 PM.
Alcoholics Anonymous Support Group-Ball In The Wall (Rev. 3/19/19)	201 Saint Paul's Boulevard Norfolk, VA. 23510	Ball In The Wall	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 12:00 PM and Thursday - 12:00 PM.
Alcoholics Anonymous Support Group-Seaside Sobriety (Rev. 3/19/19)	1530 Gilbert Street Norfolk, VA. 23505	Seaside Sobriety	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 06:00 PM and Friday - 11:00 AM.
Alcoholics Anonymous Support Group-Downtown Young & Sober (Rev. 3/19/19)	124 West Freemason Street Norfolk, VA. 23510	Downtown Young & Sober	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 07:00 PM and Thursday - 08:00 PM.
Alcoholics Anonymous Support Group-ABC Group (Rev. 3/19/19)	3314 East Little Creek Road Norfolk, VA. 23518	ABC Group	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 08:00 PM.
Alcoholics Anonymous Support Group-Round Table (Rev. 3/19/19)	1051 Kempsville Road Norfolk, VA. 23502	Round Table	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 08:00 PM; Friday - 08:00 PM and Saturday - 08:00 PM.
Alcoholics Anonymous Support Group-United We Stand (Rev. 3/19/19)	1051 East Bayview Boulevard Norfolk, VA. 23503	United We Stand	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Wednesday - 07:00 PM

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Alcoholics Anonymous Support Group-Huntersville Beginners (Phone: 814/8140)	830 Goff Street Norfolk, VA. 23504	Huntersville Beginners	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Wednesday - 07:30 PM
Alcoholics Anonymous Support Group-West Ghent (Phone: 814/8140)	1009 West Princess Anne Road Norfolk, VA. 23507	West Ghent	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Wednesday - 08:00 PM
Alcoholics Anonymous Support Group-AA It Works (Phone: 814/8140)	712 East 27th Street Norfolk, VA. 23504	AA It Works	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Thursday - 07:00 PM.
Alcoholics Anonymous Support Group-Roosevelt Gardens (Phone: 814/8140)	2709 Greendale Avenue Norfolk, VA. 23518	Roosevelt Gardens	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Thursday - 08:00 PM.
Alcoholics Anonymous Support Group-High Tide Group (Phone: 814/8140)	7400 Hampton Boulevard Norfolk, VA. 23505	High Tide Group	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Saturday - 09:00 AM
Alcoholics Anonymous Support Group-The Cornerstone Group (Phone: 814/8140)	800 Colonial Ave Norfolk, VA. 23507	The Cornerstone Group	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Saturday - 07:00 PM
Alcoholics Anonymous Support Group-The Cornerstone Group (Phone: 814/8140)	1000 Botetourt Gardens Norfolk, VA. 23507	Depot Meeting	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Saturday - 07:00 PM
Alcoholics Anonymous Support Group-Saturday Night Live (Phone: 814/8140)	1301 Colley Avenue Norfolk, VA. 23517	Saturday Night Live	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 05:30 PM; Thursday - 06:00 PM; Friday - 08:00 PM and Saturday - 08:00 PM.
Alcoholics Anonymous Support Group-Simple Actions Group (Phone: 814/8140)	820 Colonial Avenue Norfolk, VA. 23507	Simple Actions Group	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 07:00 PM.
Alcoholics Anonymous Support Group-Un Dia A-La-Vez (Phone: 814/8140)	1216 East Little Creek Road Norfolk, VA. 23518	Un Dia A-La-Vez	Alcoholics Anonymous Support Group encourages men and women to remaining sober. This groups is facilitated in SPANISH. Meetings: Monday - 07:30 PM; Tuesday - 07:30 PM; Wednesday - 07:30 PM; Thursday - 07:30 PM; Friday - 07:30 PM and Saturday - 07:30 PM
Alcoholics Anonymous Support Group-Willoughby (Phone: 814/8140)	9629 Norfolk Avenue Norfolk, VA. 23503	Willoughby	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 08:00 PM; Thursday - 08:00 PM; Friday - 07:00 PM and Saturday - 08:30 AM .
Alcoholics Anonymous Support Group-Larchmont 12 Step (Phone: 814/8140)	1105 Jamestown Crescent Norfolk, VA. 23508	Larchmont 12 Step Study	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 08:00 PM.

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Alcoholics Anonymous Support Group-Oasis (Rev.3/19/19)	7800 Halprin Drive Norfolk, VA. 23518	Oasis	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Monday - 08:30 PM Friday - 08:30 PM.
Alcoholics Anonymous Support Group-Friday Nooners	560 W Olney Rd Norfolk, VA. 23507	Friday Nooners	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 05:30 PM and Friday - 12:00 PM.
Alcoholics Anonymous Support Group-Unity Group	1601 East Bayview Boulevard Norfolk, VA. 23503	Unity Group	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 07:00 PM.
Alcoholics Anonymous Support Group-Park Place Discussion	606 West 29th Street Norfolk, VA. 23508	Park Place Discussion	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 07:30 PM.
Alcoholics Anonymous Support Group-Indian River	224 South Military Highway Norfolk, VA. 23502	Indian River	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Tuesday - 08:00 PM.
Alcoholics Anonymous Support Group-49th St Living Sober	1338 West 49th Street Norfolk, VA. 23508	49th St Living Sober	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Wednesday - 07:00 AM and Thursday - 05:30 PM.
Alcoholics Anonymous Support Group-Norview 12 & 12	1112 Norview Avenue Norfolk, VA. 23513	Norview 12 & 12	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Wednesday - 07:00 PM.
Alcoholics Anonymous Support Group-Rebos Koffee Klatch	550 East Little Creek Road Norfolk, VA. 23505	Rebos Koffee Klatch	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Wednesday - 08:00 PM.
Alcoholics Anonymous Support Group-LGBT Center Meeting (Rev.3/19/19)	247 West 25th Street Norfolk, VA. 23517	LGBT Center Meeting	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Thursday - 06:30 PM.
Alcoholics Anonymous Support Group-Way Of Life (Rev.3/19/19)	154 West Government Avenue Norfolk, VA. 23503	Way Of Life	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Thursday - 07:30 PM.
Alcoholics Anonymous Support Group-Freedom 12 & 12 (Rev.3/19/19)	8065 Carlton Street Norfolk, VA. 23518	Freedom 12 & 12	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Thursday - 08:00 PM and Saturday - 02:00 PM.

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Alcoholics Anonymous Support Group-Bayview (Rev.3/19/19)	6919 Granby Street Norfolk, VA. 23505	Bayview	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Saturday - 07:00 PM.
Alcoholics Anonymous Support Group-AA 101 (Rev.3/19/19)	600 Gresham Dr Norfolk, VA. 23507	AA 101 600 Gresham Dr Norfolk, VA. 23507	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Saturday - 07:00 PM.
Alcoholics Anonymous Support Group-Sobriety Is Free	3300 East Princess Anne Road Norfolk, VA. 23502	Sobriety Is Free	Alcoholics Anonymous Support Group encourages men and women to remaining sober. Meetings: Saturday - 07:00 PM.
Amputee Support Association of Hampton Roads-	Amputee Support Association of Hampton Roads-Support Group PO Box 11539 Norfolk, VA 23517	Ph:757-558-1052	Amputee Support Association Support Group provides meetings to share experiences, emotional support, education, social and recreation activities. Hours are 10:30am-12:30 pm Saturdays.
Arthritis Is Caring Together	Arthritis Is Caring Together Sentara Leigh Hospital 830 Kempsville Road Norfolk, VA 23502	Ph:757-466-6000	Arthritis Is Caring Together provides support for those with arthritis and their family and friends. Call for meeting times. Serves all ages.
Asperger/High Functioning Autism Support Group (Rev.11/25/19)	Asperger/High Functioning Autism Support Group	Website: http://health.groups.yahoo.com/group/HR_ASD	A support group for parents of children diagnosed with Autism and Asperger's.
Autism 101 Online Support Group Meeting (Autism Society of Tidewater)	Autism 101 Online Group Meeting (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org	Autism 101 Online Support Group Meeting on Wednesdays at 12:00 PM. Please register to receive the meeting information.
Awesome Adults with Autism-Online Gathering (Autism Society of Tidewater)	Awsome Adults with Autism- Online Gathering (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org	Autism Society of Tidewater host a weekly social for our Adults with Autism. They are adults on the Autism Spectrum who discuss what is going on in their lives, successes and challenges and how to best support one another. Times: Saturdays 12:00-1:00 PM. Must Register.
Bereavement Parent Support Group-CHKD (Rev.02/24/23)	Bereavement Parent Support Group-CHKD	CHKD-Department of Chaplaincy Services Contact: Anne West Chaplain/ Bereavement Coordinator Ph:757-668-9661	Bereavement Parent Support Group is a FREE support group that provides a safe and supportive environment for parents/guardians who have experienced the recent death of a child. The group is facilitated by professional pediatric chaplains and social workers. This is 6 week program (weekly virtual sessions) every Tuesday from 6:00PM-
Bereavement and Grief Support Group for Parents-CHKD-Beams Of Hope	Bereavement Support Group for Parents-CHKD-Oncology-Beams Of Hope	Contact:Rebecca Ruck Ph:757-668-9617 Email:Rebecca.Ruck@chkd.org	CHKD-Oncology-Beams Of Hope Bereavement and Grief Support Group for Parents provides support for any parent of a CHKD patient who has died from cancer. This group is led by CHKD Social Work, Child Life, and Nursing staff.

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Bereavement Support Group for Parents-EDMARC	Bereavement Support Group for parents-EDMARC	Contact: Sara Zandford Ph:757-967-9251 Email: bereavement@edmarc.org	Bereavement Support Group for parents at EDMARC is a support group that provides support to parents who have experienced the death of a child from stillborn through adolescence.
Bereavement Support Group for Parents-Compassionate Friends	Bereavement Support Group for Parents-Compassionate Friends	Ph:757-995-7012 Email: aaviands.tcf@gmail.com Toll Free:1-877-969-0010 Website:www.compassionatefriends.org	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.
Bereavement Support Group-Woodlawn Funeral Home (Rev.02/28/20)	Bereavement Support Group Woodlawn Funeral Home 6329 E. Virginia Beach Blvd Norfolk VA 22502	Contact: Susan Thompson,LCSWPh:757-388-2631 Email: cathomp@sentara.com	Bereavement Support Group-Woodlawn Funeral Home offers a safe place to mourn. Emotional support for anyone who has lost a loved one. The group meets every Wednesday from 2:00pm-3:30pm. Please call for further information.
Breast Cancer FACEBOOK Support Group (Rev.02/28/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Breast Cancer Support Group - Norfolk (Rev.02/28/20)	Sentara Norfolk General Hospital Breast Center - River Pavilion 600 Gresham Drive Norfolk, VA 22507	Contact: Angela Duke, Cancer Network Coordinator Ph: 757-388-2062.	At Sentara Norfolk General Hospital, this Breast Cancer Support Group offers emotional and educational support to breast cancer patients and their families. This group meets the second Tuesday of the month at 6 p.m. on the second floor, Sentara Norfolk General Hospital Breast
Breast Cancer Support Group-Kempsville	Breast Cancer Support Group- Kempsville 880 Kempsville Rd Norfolk, VA 22502	Contact: Renee Heyman Ph:757-853-2145	Breast Cancer Support Group-Kempsville offers emotional and educational support to breast cancer patients and their families. Newly diagnosed patients and survivors are welcome. The group meets the 4th Wednesday of every month 7:00-8:00 pm.
Catholic Charities-Grandparents as Parents Support Group (Rev.02/28/20)	Locations and Times: 1. James Monroe Elementary 520 W. 29th Street Norfolk, VA 22509	Ph:757- 456-2366	Catholic Charities-Grandparents as Parents Support Groups are designed specifically to provide help, advice, and support and to lend a listening ear to family members who are raising their grandchildren or the children of other relatives. They address the unique issues and
Depression and Bipolar Support Alliance-Support Group	Depression and Bipolar Support Alliance-Support Group First Presbyterian Church 820 Colonial Avenue Norfolk VA 23507	Ph:757-456-0657	The Depression and Bipolar Support Alliance-Support Group offers self-help support for people and family members with depression and bipolar disorder. Meets on Mondays from 7:00-8:30 Pm. Please call for further information.
DivorceCare Support Group (Rev.6/6/18)	Christ the King Catholic Church 1803 Columbia Ave Norfolk, VA 23509	Contact: Tess Rozelle, Facilitator Ph: 757-853-8595 Website:http://www.divorcecare.org/	DivorceCare Support Group provides support to individuals facing divorce or separation; they meet to help individuals to face these challenges and move toward rebuilding their life. Meetings: Tuesdays at 6:30PM.Please call for further information.

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Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD	Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD	Ph: 757-668-7165 Email:HealthyMommyHealthyBaby@CHKD.org Website:WWW.postpartumva.org	Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD helps new and expectant mothers and their families overcome anxiety and depression by providing FREE support, information and resources. They meet 1st Tuesday afternoon of every month, - specifically for NICU Moms and 3rd Wednesday evening of every month . Open to all moms. Visit Postpartum Support Virginia's website to find : Support volunteers and support groups, Self-help and coping techniques, Mental Health Professionals and Additional Resources.
Epilepsy Foundation of Virginia-Hampton Roads Area Support Group (Rev.11/26/19)	Epilepsy Foundation of Virginia-Hampton Roads Area Support Group 522 South Hampton Roads Blvd, Virginia Beach VA	Contact: Kelly Maton Ph:757-512-7450. Website:http://www.epilepsyfoundation.org/local/virginia/events.cfm	Epilepsy Foundation of Virginia-Hampton Roads Area Support Group is a support group for people living in the Hampton Roads area. The group is held on the third Tuesday of every month from 7-8pm.
Esophageal Cancer Survivor Support (Rev.02/28/20)	Esophageal Cancer Survivor Support Sentara Leigh Hospital, Conference Room 830 Kempsville Road	Ph: 757-261-5405	This group is open to esophageal cancer survivors, their families, and friends to meet their unique needs. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of esophageal cancer. They meet the second Tuesday of each month from 7 - 8 p.m. at Sentara Leigh Hospital. Please call for further information.
Faith Inclusion Network	Faith Inclusion Network PO Box 6123 Norfolk, VA 23508	Contact : Director of FIN, Karen Jackson at faithinclusionnetwork@gmail.com	The mission of FIN is to promote awareness of and provide support for the inclusion of people with disabilities and their families into faith communities in South Hampton Roads Area.
"Families to Families"- Support Group for Families of Young	"Families to Families"-Support Group for Families of Young Deaf and	Contact: Lizzy Allen Ph: 757-651-4575 Email:lizzyad@msn.com OR	"Families to Families"- is a Support Group for Families of Young Deaf and Hard of Hearing Children in Hampton Roads. They meet once a month on Saturday's morning from 10:00 – 11:30 AM. Childcare and
Fatherhood Development Support Group (Rev.6/27/19)	Fatherhood Development Support Group	Ph: 757-664-6143	Fatherhood Development Support Group is a support for parents facing challenges raising a family. Please call for further information.
Gender Expression Movement	Gender Expression Movement Meets at The LGBT Center of Hampton Roads 247 W. 25th Street Norfolk, Virginia 23517	Ph: 757-200-9198 Email: LGBTCenter@accessaids.org Website: http://www.accessaids.org	Gender Expression Movement provides transgender support group and transgender educational services. Hours of Operation: Meeting Times: 1st and 3rd Saturdays of each month at 7:00 PM.Please call for further information.
General Cancer Support Group	General Cancer Support Group 5900 Lake Wright Drive Norfolk, VA 23502 Norfolk VOA(Virginia Oncology Associates) Office	contact: Myra Green Ph:757-262-4635 / 757-213-5818	General Cancer Support Group offers emotional and educational support to cancer patients and their families. All types of cancer are included. The group meets 3rd Wednesday of every month,1:00-3:00 pm.

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Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD	Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD	Ph: 757-668-7165 Email:HealthyMommyHealthyBaby@CHKD.org Website:WWW.postpartumva.org	Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD helps new and expectant mothers and their families overcome anxiety and depression by providing FREE support, information and resources. They meet 1st Tuesday afternoon of every month -
Hearing Loss Support Group-ODU Child Study Center	Families to Families, Support Group Church of the Good Shepherd 7400 Hampton Blvd	Contact: Lizzy Allen 757---651---4575 lizzyad@msn.com OR	Gatherings for families with young deaf and hard of hearing children in the Hampton Roads area. Bring your entire family for a morning of fun activities. All are welcome including parents, siblings, grandparents, extended family members, and deaf families with hearing children
Jewish Family Service of Tidewater, Inc.	Jewish Family Service of Tidewater, Inc. 260 Grayson Road Virginia Beach VA 23462	Intake: Counseling Coordinator Ph.: 757-459-4640 Fax: 757-459-4643 Website: http://www.ifshamptonroads.org/fa	Multi-generational support system offering age-appropriate support groups for families of cancer patients. Peer support group for children, voluntary caregiver/parent meetings for parents of children in support group, teen socialization events, workshop/lecture series targeted at
KIDZ-N-GRIEF Support Group for Children	KIDZ-N-GRIEF Support Group	Contact: Beth Pile Ph:757-737-2287 Email: audre_pile@bshsi.org Website:www.kidznogrief.org	KIDZ-N-GRIEF is a support group for children to have the appropriate grief counseling. Participants are divided by age: 3-5 year olds,6-8 year olds,9-10 year olds, Middle School Group, High School Group and Phoenix Rising (ages 18-25). The group meets
KIDZ-N-GRIEF Support Group-Volcano Room	KIDZ-N-GRIEF Support Group	Contact: Beth Pile Ph:757-737-2287 Email: audre_pile@bshsi.org Website:www.kidznogrief.org	KIDZ-N-GRIEF Support Group is for individuals ages from 3-25 who have experienced the death of a loved one. The group is facilitated by caring adults. The group meets in Newport News on the second and fourth Mondays of the month, September through June, from 6:00 to
Lamplighter Movement,-Support Group Virginia Beach Chapter	Lamplighter Movement,-Support Group Virginia Beach Chapter Beach Counseling Center 615 N Birdneck Rd Suite 108	Ph:757- 279-2043	Lamplighter Movement,-Support Group is a free support group for victims of incest and child hood sexual abuse based on the mission statement of The Lamplighter Movement, an International Movement for Incest and Child Sexual Abuse Recovery founded by Marjorie McKinnon
La Leche League of Virginia Support Group	La Leche League of Virginia 2nd Saturday, 10:30 am. Larchmont Library 6525 Hampton Boulevard, Norfolk	Contact: Patricia Ph:757- 961-895 Email:.LLLNorfolkVA@gmail.com Website:www.lllva.org	La Leche League Leaders are experienced mothers who are accredited by La Leche League International to help mothers and expectant mothers with all aspects of breastfeeding. They are available to address any breastfeeding questions or concerns by phone, email
Learning disabilities Association of Tidewater -Support Group	Learning disabilities Association of Tidewater -Support Group	For further information contact: Suzanne Kumpft Ph:757-424-4113 or call Cell:757-407-1079	Meeting every other month at the Endependence Center.
Lee's Friends Support Group for Cancer Patients	Lee's Friends Support Group for Cancer Patients 7400 Hampton Boulevard Room 201 Norfolk VA 23505	Ph:757-440-7501	Lee's Friends provides volunteer support services to offer person to person Help, Emotional and practical support to cancer patients and their families who are facing the crisis of Diagnosis and Treatment of Cancer. Please call for further information.
Living Beyond Cancer Survivorship Program-Sentara Norfolk (Rev 03/03/20)	Sentara Norfolk General Hospital 600 Gresham Drive Norfolk, VA, 23507	1-800-SENTARA	Living Beyond Cancer Survivorship Program-Sentara Norfolk provides patients and families with information about transitioning to life after active treatment.

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Look Good, Feel Better Support Group-Gresham Drive	Look Good, Feel Better Support Group 600 Gresham Drive Norfolk, VA 23507	Contact: Angela Duke Ph:757-388-4268 Cancer Resource Center	Look Good, Feel Better Support Group-participants learn how to apply make up, style hair, and suggestions on sources for wigs. The program teaches grooming techniques that can help patients cope with appearance changes that may occur. Each participant receive a kit.
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group
Military Special Needs/EFMP Support Group (Rev.11/25/19)	Hampton Roads Area Military Special Needs/EFMP Support Group	Website: http://www.facebook.com/profile.php?id=1384410669#!/gr	Support group for military parents of children with special needs. Area: Hampton Roads.
NAMI-Family to Family Support Group	NAMI-Family to Family Support Group 225 W. Olney Rd Norfolk VA Board Room #1	Contact: Marilyn Copeland Ph: 757-375-5298 Website: www.NAMI.org	NAMI-Family to Family is a group for parents, children, siblings, partners, and friends of a loved one with a mental illness. This course helps family members and friends understand and support adults living with a serious mental illness. The course is taught by a team of trained
National Call Dad, Inc. (Rev.1/29/19)	Neighborhood Recreation Park 900 Elm Avenue Portsmouth.	Ph:757-380-0385.	National Call Dad, Inc. is a national program dedicated to providing support for children who live in homes where there are no fathers. The organization's goal is to reconnect absent fathers with their offspring in an effort to strengthen the family unit. Please call for further information.
Narcotics Anonymous Support Group	Narcotics Anonymous 925 Ingleside Road Norfolk, VA 23502	Ph:757- 459-8467	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction.
Narcotics Anonymous Support Group-Coleman Place Presbyterian Church (Rev.3/19/19)	1513 Sewells Point Road Norfolk, VA. 23502	Coleman Place Presbyterian Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Friday - 11:30 PM.
Narcotics Anonymous Support Group-First Baptist Church (Rev.3/19/19)	418 East Bute Street Norfolk, VA. 23510	First Baptist Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Saturday - 12:00 PM.
Narcotics Anonymous Support Group-First Lutheran Church	1301 Colley Avenue Norfolk, VA. 23517	First Lutheran Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Tuesday - 5:30 PM and Friday - 12:00 PM.
Narcotics Anonymous Support Group-Little Creek Multipurpose	7665 Sewells Point Road Norfolk, VA. 23513	Little Creek Multipurpose Center	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Monday - 6:30 PM
Narcotics Anonymous Support Group-New Life Metropolitan	4035 East Ocean View Avenue Norfolk, VA. 23518	New Life Metropolitan Community Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Tuesday - 8:00 PM

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Narcotics Anonymous Support Group-Oakdale Presbyterian	500 Little Creek Road Norfolk, VA. 23501	Oakdale Presbyterian Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Tuesday - 7:00 PM
Narcotics Anonymous Support Group-Sacred Heart Church Rectory	520 Graydon Avenue Norfolk, VA. 23507	Sacred Heart Church Rectory	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Wednesday - 5:30 PM and Friday - 8:00 PM.
Narcotics Anonymous Support Group-Second Calvary Baptist Church	2940 Corpview Avenue Norfolk, VA. 23501	Second Calvary Baptist Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Tuesday - 8:00 PM and Saturday - 8:00 PM.
Narcotics Anonymous Support Group-Tidewater Wesley	1338 W 49th Street Norfolk, VA. 23508	Tidewater Wesley Foundation	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Sunday - 8:00 PM.
Narcotics Anonymous Support Group-East Ocean View Baptist	9609 9th Bay Street Norfolk, VA. 23518	East Ocean View Baptist Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Thursday - 8:00 PM and Friday - 8:00 PM.
Narcotics Anonymous Support Group-First Calvary Baptist Church	813 Henry Street Norfolk, VA. 23504	First Calvary Baptist Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Thursday - 6:30 PM.
Narcotics Anonymous Support Group-Ingleside Baptist	925 Ingleside Road Norfolk, VA. 23501	Ingleside Baptist Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Monday - 12:00 PM 8:00 PM.
Narcotics Anonymous Support Group-Miles Memorial Methodist	9450 Granby Street Norfolk, VA. 23503	Miles Memorial Methodist Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Wednesday - 8:00 PM.
Narcotics Anonymous Support Group-Norview United	1112 Norview Avenue Norfolk, VA. 23513	Norview United Methodist Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Saturday - 8:00 PM
Narcotics Anonymous Support Group-Oceanview Reformed	1241 Hillside Avenue Norfolk, VA. 23503	Oceanview Reformed Christian Church	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Monday - 8:00 PM
Narcotics Anonymous Support Group- Saint Columbia Ecumenical Ministries	2114 Lafayette Boulevard Norfolk, VA. 23509	Saint Columbia Ecumenical Ministries	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Saturday - 6:00 PM.
Narcotics Anonymous Support Group- TACT (Rev.3/19/19)	9229 Granby Street Norfolk, VA. 23503	TACT	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings: Wednesday - 8:30 PM.

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Non Transitioning Spouse/Partner Support Group	Non Transitioning Spouse/Partner Support Group Meets at The LGBT Center of Hampton Roads 247 W. 25th Street	Ph: 757-200-9198 Email: LGBTCenter@accessaids.org Website: http://www.accessaids.org	Non Transitioning Spouse/Partner Support Group Support group provides support to individuals that are adjusting to and/or assisting with someone in their lives that is transitioning (from male to female and vice versa). Please call for further information.
Oral Head & Neck Cancer Support Group (Rev.02/28/20)	EVMS, Norfolk Hofheimer Hall at EVMS 600 Gresham Drive Norfolk, VA, 23507	Contact: Angela Duke Ph: 757-388-2062 Email: aaduke@sentara.com	Oral Head & Neck Cancer Support Group offers emotional and educational support to patients and their families diagnosed with head and neck or oral cancers. The group meets the 3rd Monday of every month 7:00pm.
Parent Webchat-Autism Society of Tidewater- (Rev.06/26/20)	Parent Webchat-Autism Society of Tidewater- (Rev.06/26/20)	Contact: Nicole Miller Ph: 757- 461-4474 Email: nicole.miller@tidewaterasa.org Registration Link:	Autism Society of Tidewater host a weekly ParentWebchat for Parents of Children with Autism. Times: Thursdays at 7:00PM. Please register to receive the meeting information.
Peace By Piece Support Group A program of Edmarc Hospice for Children	Peace By Piece Support Group A program of Edmarc Hospice for Children, Inc. 3728 Profit Way Norfolk, VA 23517	Contact: Anne Chisman Abraham Ph.: 757-967-9251 Fax: 757-967-9124 Email: hereavement@edmarc.org	Provides emotional support and information to children or teens with a significant relationship who is terminally ill. They also provides support to children or teens (ages: 5-180) who has experienced the death of a significant love one. No fee.
Pink, Powerful & Perky Breast Cancer Support Group (Rev.02/28/20)	Sentara Leigh Hospital, 5th floor conference room 830 Kempsville Rd Norfolk, VA, 23502	Contact Clayres Johnson Ph: 757-261-5404 Facilitator: Dr. Jennifer Reed	Pink, POWERFUL & Perky goal is to provide education and support for the young breast cancer survivor's unique needs with families, careers, education, body image, intimacy, sexuality, and breast cancer treatment. The group meets 2nd Thursday of the month from 7-8 pm For breast cancer survivors under age 50.
PFLAG-Norfolk South Hampton Roads	PFLAG-Norfolk South Hampton Roads 247 W 25th St Norfolk VA 23517	Ph: 757- 588-6552 OR 757 640-0929 Email: pflagnorfolk@gmail.com Website: https://www.pflag.org	PFLAG mission is uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies; they are to advancing equality through support. Monthly meetings : 2nd Tuesday Parent Support and 3rd Tuesday General Meeting; Meetings Hours: 6:30PM-8:00PM Location: Norfolk LGBTQ Life Center Please
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: www.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost: currently \$19.
Safe Haven Peer Support (Rev.6/21/18)	Norfolk Workforce Development Center 201 East Little Creek Road, Room 303 Norfolk, VA 23505	Contact Garry Cofield Ph: 757- 664-3342.	"Safe Haven" peer support is an informal group that consists of previously incarcerated people sharing experiences, and giving hope and encouragement to each other. The group consists of men and women. The peer support group is open to anyone returning home from jail or prison. This group meets weekly on Tuesday evenings from 6:00

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SHARE-Support Group for Death of Newborn	SHARE-Support Group for Death of Newborn	Contact: Nancy Goldman Ph:757-889-5300 OR 1-800-821-6819 Email:nancy_goldman@bshsli.com OR	SHARE support group is for parents who have experienced the death of a newborn, including miscarriage and stillbirth
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com and Ashley Carolino	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
Support Group for Death/Grief -(AARP)	A program of American Association of Retired Persons (AARP) 312 Kempsville Road First Baptist Church Norfolk VA 23502	Intake: Gordon M. Morton Main:757-420-1788 Alternate:757-490-1316,Voice Mail:757-461-9457Web site www.aarp.org	Provides services for men or women, of any age who have lost a spouse. Meetings take place on Tuesday at 7PM at First Baptist Church, 3rd floor 312 Kempsville Rd, Norfolk, Val ; Thursday at 1PM at Virginia Beach Christian Church, Great Neck Rd and Rose Hall Dr in Virginia Beach. Accessing Services : Telephone and walk-ins accepted
Support Group Arthritis-	A program of Arthritis Foundation - Virginia Beach.	Intake: Angela Courtney, Ph:757-456-1119 Email acourtney@arthritis.org Fax:757-456-2347 Toll Free:800-456-4687	Provides health education and maintenance services devoted to problems related to arthritis and other rheumatic diseases. No age limitation. No fee.
Support Group-Bereavement Death/Grief -A program of Bon Secours Home	A program of Bon Secours Home Care DePaul Medical Center 150 Kingsley Lane, Norfolk VA 23505	Ph.: 757-889-5976 Web site: www.bshr.com1	Provides a support group for parents who have experienced the loss of a newborn or a miscarriage. No age limitation.
Support Group Hearing Disability Outreach Services	Hearing Loss Support Group-ODU Child Study Center 4501 Hampton Road Norfolk VA 23529	Contact: Laika Aguinald,MSW Ph:757-668-7647 Email:Laika.Aguinaldo@chkd.org	The Hearing Loss Support is sponsored by CHEAR,CHKD,EVMS and ODU and designed to both educate and meet the emotional needs of the families. They encourage the participation of Parents, other family members and adults who are deaf or hard of hearing, regardless of assistive technology preference.
Support Group For Individuals with Disabilities - Endependence Center	A program of Endependence Center, Inc. 6300 East Virginia Beach Blvd Norfolk, VA 23502	Main:757-461-8007 Fax 757-455-8223 Web site http://www.endependence.org	Helps build a peer support network; discusses disability issues; encourages problem solving through individual empowerment. Meets at the Endependence Center. No age limitation. No fee
Support Group For Parents of Children with Developmental	A program of Jewish Family Service of Tidewater, Inc. 260 Grayson Road	Main:757-321-2222 Fax:757-965-6102 Website: www.jfshamptonroads.org/family/s	Monthly support group for families of adults with developmental disabilities. Features speakers familiar with systems impacting adults with developmental disabilities who can offer practical information on
Single Mom's Soar Support Group (Rev.5/16/19)	Tidewater Community College 1700 College Crescent Library Room L102	Contact:Teshaira Dawson Ph/Text: 757-550-1669 Email:	" Single Moms Soar". support group will provide practical tips and education on several topics. Some of the topics will include emotional healing, coping with single mother hood, self- care, overcoming barriers,
Swinging Survivors Breast Cancer Support Group (03/02/20)	Sentara Leigh Hospital, 1st Floor Ortho Conference Room 830 Kempsville Road	Contact:T:Clayres Johnson, RN, BSN Breast Cancer Patient Navigator	Offers emotional and educational support to breast cancer survivors over age 50 and their families.4th Wednesday every month 6:00 p.m. Please call for further information.
The Al-Anon (for adults) -Support Group	Hampton Boulevard AFG Second Presbyterian Church 7305 Hampton Blvd Norfolk	Contact: Kristin Ph:757-639-1695	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus

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The Al-Anon (for adults)-Support Group	Downtowners AFG St Paul's Episcopal Church 201 Saint Paul's Blvd,	Contact: Matt Ph:757-288-6002	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism
The Al-Anon (for adults)-Support Group	Twelve At Eleven 288 E Little Creek Rd Norfolk, VA.	Twelve At Eleven	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse
The Al-Anon (for adults) -Support Group	The Forum AFG Wesley Mem. United Methodist Church 288 East Little Creek Rd	Contact: Kathy H. Ph:757-222-0670	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.
The Al-Anon (for adults)-Support Group	Wednesday Night Beginner's AFG Talbot Park Baptist Church 6919 Granby St	Contact: Elle Ph:757-469-0694	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Adult Children in Recovery AFG Oceanview Baptist Church 9504 Selby Pl Norfolk VA 2nd floor Conference room	Contact: Sheila G. Ph:757-343-0428	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Wednesdays 7:30 P.M. Student & Professional observers welcome. Language: English. Every 5th Wed.: Go to Beginners AFG.
The Al-Anon (for adults) -Support Group	Courageous Kids Alateen Oceanview Baptist Church 9504 Selby Pl	Contact: Sheila G. Ph:757-343-0428	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus
The Al-Anon (for adults) -Support Group	Roosevelt Chat AFG St. John's United Methodist Church	Contact: Camille Ph:757-759-8706	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Metropolitan AFG Church of the Epiphany 1530 Lafayette Blvd Norfolk VA Corner of Lafayette & Versailles	Contact:Shaz Ph:757-237-7760	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Friday 12:00 PM.Student & Professional observers welcome. Language: English.
The Al-Anon (for adults)-Support Group (Rev.8/24/18)	Courage to Change AFG DePaul Hospital (Cafeteria) 150 Kingsley Ln Norfolk, VA 23510	Contact: Terry Ph:757-484-6033	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Saturdays 11:00 AM.Student & Professional observers welcome. Language: English. Accessibility: Handicap Access

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The Al-Anon (for adults)-Support Group (Rev.8/24/18)	New Hope AFG Talbot Park Baptist Church 6919 Granby St Norfolk, VA	Contact: Nancy B. Ph:423-596-7667	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Saturdays 7:00 PM.Student & Professional observers welcome. Language: English.Accessibility:Handicap Access. Babysitting available for ages 2 & up.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	The Ghent Gathering AFG First Presbyterian Church 800 Colonial Ave Norfolk VA 23507 Meeting House next to Church	Contact: Robyn T. Ph:757-343-9567	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.Hours:Sunday 7:00 PM.Student & Professional observers welcome. Language:
The Alateen (for teens)-Support Group (Rev.8/24/18)	Courageous Kids Alateen Talbot Park Baptist Church 6919 Granby St Norfolk, VA	Contact: Paul H. Ph:757-761-5280	The Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems.Hours:Saturdays 7:00 PM.Student & Professional observers
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131 Norfolk VA 23502	Contact:Judith Millman, Facilitator Contact: Judy Judithmillman@aol.com Link: https://www.lighthouseguild.org/pa	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
The Fatherhood Development Group	The Fatherhood Development Group Department of Human Services 741 Monticello Ave. Norfolk, VA 23510	Contact:Ben Watterton Ph:757-664-6143 Website: https://www.norfolk.gov/FormCenter/Family--Human-Services-5/Fatherhood-	The Fatherhood Development Group is now in its fifth year of bringing fathers of all ages together to share their stories and to support one another while gaining new insight into the challenges of responsible parenting. Participants meet weekly and may be referred on a volunteer basis or by mandate. Participation is not limited to residents of Norfolk.
The P.L.A.C.E for Moms -GEAR Recovery Support Group	The P.L.A.C.E for Moms -GEAR Recovery Support Group	Contact:Jazmine Emily Garcia Ph:757-301-1592 Email:GEARRecoveryinc@outloo	The P.L.A.C.E for Moms -Support Group is a group where mothers can talk openly about any and everything on their plate... or not. Where women support women in a safe virtual space to discuss PPD, baby
The Tidewater Brain Injury Support Groups	The Tidewater Brain Injury Support Groups The Recreation Clubhouse 2800C	Information call: Mary Copeland,MSW Brain Injury Association of Virginia	The Tidewater Brain Injury Support Group meets the second Monday of each month from 6:30 pm to 8:30 pm.

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Thyroid Cancer Support Group- SNGH (Rev.03/02/20)	Sentara Norfolk General Hospital 600 Gresham Drive Norfolk, VA, 23507	Contact: Angela Duke Community Health Educator Ph:757- 388-2062	Thyroid Cancer Support Group- SNGH offers emotional and educational support to thyroid cancer patients and their families. Free Valet Parking.3rd Wednesday of every month 6:30 pm – 8:00pm.
Unique Boutique	Sentara Norfolk General Hospital	Contact: Mary	Unique Boutique at Sentara Norfolk General Hospital provides wigs,
Bereavement-Support Group for Death/Grief-	A program of American Association of Retired Persons (AARP)	Intake: Gordon M. Morton Main:757-420-1788	Provides services for men or women, of any age who have lost a spouse. Meetings take place on Tuesday at 7PM at First Baptist
Virtual Family Support Groups-Gear Recovery,Inc's (Rev.02/20/23)	Virtual Family Support Groups-Gear Recovery,Inc's 1415 E Indian River Rd, Norfolk, VA 23523	Jazmine Emily Garcia Ph:757-301-1592 Email:GearrecoveryInc@outlook.com Meeting ID: 818 8946 3075 Passcode: GEAR	Virtual Family Support Groups-Gear Recovery,Inc's is a support group where participants are encouraged to share their concerns and family milestones, achieve support for self and their loved ones, receive guidance,education,advocacy, and resources for substance use and mental helth,as well as gain knowledge, mutual connctions,skills and resources to utilize toward their overall well being. All ages welcome. Hours: Every other Thursday 5:00PM-6:00PM. All meeting discussions are confidential in a judgment free, supportive environment. Children's reading breakout room, breakout rooms for teens.
Us Too Prostate Cancer Support Group (Rev.03/02/20)	Us Too Prostate Cancer Support Group 600 Gresham Drive Norfolk, VA 23507 IRP Conference Room	Contact: Angela Duke Ph:757-388-4268	Us Too Prostate Cancer Support Group is dedicated to providing timely information regarding prostate cancer. Provides a forum for sharing, caring and learning. he group meets 3rd Tuesday of every month,@7:00pm.
VirtualHealthandFitness (Autism Society of Tidewater) (Rev.06/26/20)	VirtualHealthandFitness (Autism Society of Tidewater) (Rev.06/26/20)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org Registration Link:	Autism Society of Tidewater host a weekly Virtual Health, Fitness and Nutrition Series .. There will be fitness games, dancing, cooking and nutrition information so we can all stay active and healthy. This is for the whole family especially our tweens, teens and adults. Times: Wednesdays 6:00-7:00PM and Saturdays 6:00-7:00PM.Must Register.
Vision Loss Support Group	A program of Seeing Beyond 936 Independence Blvd.	Main 757-385-2684,Fax 757-464-6741 TDD 757-385-2690 Web	The Vision Loss Support Group meets monthly to discuss issues and resources in the community and meet other folks with vision problems.

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W.E.L.L.- (Women Emerging, Living Life) (Rev.6/20/18)	Norfolk Workforce Development Center 201 E. Little Creek Road, Room 303 Norfolk, VA 23505	Contact Madonna Flores Ph:757- 664-7799.	Women Emerging, Living Life (W.E.L.L.) is a peer support group for women who want to enrich and enhance their lives by surrounding themselves with other women who may be going through similar things in life. Group Meetings: meets weekly on Tuesday evenings from 5:00 p.m. to 6:00 p.m. Please call for further information.
Young Adult Cancer Survivor Support Group	Young Adult Cancer Survivor Support Group Norfolk, VA	Contact: Debra Abney Ph:1-800-766-0797	Young Adult Cancer Survivor Support Group is a open discussion and planned program topics are specifically to young adults survivors of all types of cancer.
THERAPEUTIC FOSTER CARE			
The Up Center-Foster Care & Adoption-Sponsored by Atlantic Bay (Rev.10/10/24)	580 E. Main Street, Suite 400, Norfolk, VA 23510	Ph: 757- 965-8638 Fax: 757- 333-3274 Email: fostercareadoption@theupcenter.org Website:https://theupcenter.org/foster-care-adoption	The Up Center specializes in placing children and adolescents with varying needs in caring foster homes. Creating a safe and stable home and family environment is the greatest service we can provide to families in need. We strive to find the best matches possible between child and foster parent, and provide ongoing care and support for both. They provide foster parents with balanced and trauma-informed parenting strategies and work together to teach children and youth new
THERAPIES			

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

CHKD Outpatient PT/OT/SL	CHKD outpatient PT/OT/SL 601 Children's Lane Norfolk, VA 23507 Kempsville Location: 171 Kempsville Rd Norfolk,	PT/OT Ph.: 757-668-7083 Fax: 757-668-9125 Speech/ Ph.: 757-668-9159 Fax: 757-668-9152 Kempsville: Ph.: 757-668-6580	CHKD's physical, occupational and speech services work to help children of all ages overcome and adapt to the challenges of developmental delay, disease or accident.
Children's Therapy	24030 Indian Town Rd Norfolk, VA 23502	Contact: Kim Mallon Ph: 757-736-8888	Children's Therapy Concepts,LLCThey provide services to the very young children from birth to age 18. They provide
Community Alternatives Inc.- Therapy Services	Community Alternatives Inc.- Therapy Services 863 Glenrock Rd Suite 200 Norfolk, VA 23502-3701	Ph.: 757-468-7000 Fax: 757-468-7007	Under the direction of a consumer's primary care physician, professionally trained staff provide necessary medical services in accordance with that physicians order. Services available include: Occupational Therapy, Physical Therapy and Speech Therapy. Please call for further information.
Dominion Physical Therapy & Associates (Rev.10/09/20)	301 Riverview Ave., Suite 508 Norfolk, VA 23510	Ph: 757- 963-5588 Fax: 757- 963-2333 Website:https://www.dompt.com/p/hysical-therapy-services1	Dominion Physical Therapy & Associates provides the following services: Occupational and Speech Therapy (Pediatric only),Pre-Employment Evaluations, Physical Evaluations, and Workers' Compensation Programs, Expert Medical Witness, Fall Prevention, Mobilized Wheelchair Evaluations,Pre and Post-Partum Please call for further information.
Ivy Rehab for Kids (Rev.06/15/22)	3509 Granby Street, Suite B Norfolk, VA 23504	Ph:757- 423-8555 Fax: 757- 423-8886 Website:https://www.ivyrehab.com	Ivy Rehab for Kids located in Norfolk, provide pediatric physical therapy, occupational therapy, and speech therapy to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills, handwriting, mobility, self-regulation, ~~developmental delays, motor coordination, social skills, or other needs~~
Maxim Healthcare-In home physical therapy	Maxim Healthcare Services	Contact: for patients on the Southside, please call Garrett at Ph:757- 490-3009	Maxim Healthcare Services provides in home physical therapy for patients throughout the Hampton Roads area, as the Newport News and Virginia Beach.
Norfolk Physical Therapy Center	839 Poplar Hall Drive Norfolk, VA 23502	Ph.: 757-459-2112	Physical therapies for Children (12), Adolescents and adults.
ODU Monarch Balance for Life (Rev.03/15/24)	4211 Monarch Way Norfolk, VA 23529	Ph:757- 683-6757 Email:bspear@odu.edu Website:https://www.odu.edu/monarch-balance-for-life/assessment	Monarch Balance for Life offers a comprehensive fall risk assessment at their state-of-the-art laboratory space on the campus of Old Dominion University. The techniques used are cutting-edge, have been validated by decades of research, and are not offered in clinical settings due to
ODU Monarch Physical Therapy Services (Rev.03/15/24)	1015 W. 47th Street Norfolk, VA 23529	Ph:757- 683-7041 Fax:757- 683-7138 Email:monarchpt@odu.edu Website:https://www.odu.edu/monarch-physical-therapy-services	ODU Monarch Physical Therapy is dedicated to providing the Hampton Roads community with a unique rehabilitation experience that draws on faculty expertise and research. Services Provided: Physical, occupational & speech therapy services for patients with orthopedic and

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Old Dominion University Speech and Hearing	Old Dominion University 45th and Hampton Blvd. Lions Child Study Center Norfolk, VA 23529-0126	Ph:757-683-4117 Fax:757-683-5593 Email:speechhearingclinic@odu.edu	The Old Dominion University Speech and Hearing Clinic provides diagnostic and therapy services for adults and children with speech, language, and hearing disorders. The clinic staff maintains high standards in the provision of comprehensive assessment
Sentara Therapy Center- OT Driver Assessment (Evaluation)	301 Riverview Ave Suite 202, Norfolk, VA 23510	Ph:757-252-9420 Fax:757-961-3348	Sentara Therapy Center provides OT driving comprehensive evaluations performed by occupational therapy practitioners with specialized training in driver rehabilitation. Please call for further information.
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2 DD Waiver (CCC Plus)-ModivCare	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-Where is my Ride:855-325-7581, Option 1 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0)	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
Catholic Charities-C.A.R.E.S. Program (Rev.4/23/19)	5361-A Virginia Beach Boulevard Virginia Beach, VA 23462	Ph:757- 456-2366 Fax:757-456-2367 Intake: Email adultandseniorcare@cceva.org Website: www.cceva.com	Provides volunteers to assist seniors with their independent activities of daily living. Services include: Transportation to medical appointments, bank, pharmacy, or grocery store; help with shopping and errands; friendly visits; telephone reassurance; etc. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Friday Bus Ministry-Freemason Street Baptist Church (Rev.08/11/22)	Freemason Street Baptist Church 400 East Freemason Street Norfolk, VA 23510	Ph:757-625-7579 Email:office@freemasonstreet.org	Friday Bus Ministry-Freemason Street Baptist Church provides weekly service to seniors for errands and grocery shopping. Church bus has taken groups of seniors (and anyone else we pick up along the way) to run errands and get groceries. This ministry takes place on Friday mornings and is free of charge.
GoPass365	GoPass365	Ph:757-222-6000 ext. 6232	The GoPass365 is a discounted yearly pass that will allow users to board any of HRT's services, the light rail, bus, ferry, and the Max
HRT	HRT Headquarters 3400 Victoria Blvd Hampton, VA 23661	Route and Schedule Information Ph:757-222-6100 TTY: Dial 711	HRT Purpose is to provide transportation needs in and around Hampton Roads. Fee: Fare based.
Jewish Family Services Transportation Services	Jewish Family Services Transportation Services	Ph: 757- 321-2222 Contact: Jody Laibstain,	Jewish Family Service provides medical transportation for seniors only in Norfolk and Virginia Beach. Their services are safe, reliable, and
KidKo Transport	KidKo Transport	Ph: 757- 951-8209 Website:www.fosterstransportation.com Email: kidkotransport@gmail.com	KidKo is a transportation company set up to help parents who need assistance with getting their children to and from various locations in the Hampton Roads area. You will find that your child's safety is their first priority next to meeting your transportation needs at cost effective prices. KidKotransport service is designed for Child(ren) only. They provide services to children with disabilities. Please call for further information
LGBTQ Life Center-Life Ride Program	LGBTQ Life Center Life Ride Program 248 W. 24th Street Norfolk, VA 23517 OR 3309 Granby Street Norfolk, VA 23504 OR 1001 Monticello Avenue Suite 100 Norfolk, VA 23510	Ph:757- 640-0929 Fax:757- 622-8932 OR 757- 200-9197 Email: info@lgbtlifecenter.org Website:https://lgbtlifecenter.org	LGBT Life Center-Life Ride Program transportation team, provides transportation to medical appointments, substance use treatment, dental services, HIV support groups, and more for HIV positive, qualifying individuals. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website: https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers. Molina	Molina Healthcare of Virginia CCC Plus and DD Waivers Molina (Medallion 4.0)-MTM Medicaid	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833-	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3
Sentara Health Community Care CCC Plus (Formerly Optima	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0)	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
Paratransit Service-HRTs (Rev.4/3/19)	Paratransit Service-HRTs 3400 Victoria Blvd Hampton VA 23661	Ph:1- 877-ADA RIDE 1-(877)-232-7433 TDD: (310)-410-0985 Website:WWW.adaride.com	Paratransit provides public transportation services for persons with disabilities, who because of their disability cannot utilize fixed route bus service. Paratransit is a shared ride service. Reservations Can be made up to 7 days in advance and cancellations must be made (2) hours prior to the scheduled pick-up window time without a penalty. Fare – \$3.50 one way and must be paid at time of Pick-up. A
The NET	The NET	Hampton Road Transit Service Route and Schedule Information Call:757- 222-6100 Hours: 7:30am – 9pm (M-F); 7am – 9pm (Sat); 9am – 5pm (Sun);	Norfolk Electric Transit or NET is the complimentary downtown bus service provided by the City of Norfolk and operated by Hampton Roads Transit. The weekday route is designed to accommodate the needs of commuters by connecting the park and ride lots with the major employment sites downtown. The weekend route has the visitor in mind.
The Student Freedom Pass	The Student Freedom Pass	Ph:757-222-6000 ext. 6232 Website: http://gohrt.com/wp-content/uploads/2016/04/Student-Freedom-Acknowledge.pdf	The Student Freedom Pass provides youth 17 years old or younger with unlimited free rides on Hampton Roads Transit's service in the cities of Chesapeake, Hampton, Newport News, Norfolk, Portsmouth, and Virginia Beach. Freedom to use public transportation improves access to: After school activities, Recreation, Jobs, Libraries, Movies.
Toll Relief Program (Rev. 2/9/18)	Toll Relief Program	Ph: 855-530-5506 Website: http://www.vdotollrelief.com	The Virginia Department of Transportation (VDOT) has developed the Toll Relief Program to help ease the financial burden of tolls on Norfolk and Portsmouth residents hit hardest by the tolls on the Elizabeth River Tunnels. Eligibility: To qualify for Toll Relief, participants must: Reside in

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)- ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)- LogistiCare -Medicaid Transportation)- ModivCare (formerly Logisticare) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

America's Best	America's Best 5802 E. Virginia Beach Blvd. Suite 107 Norfolk, VA 23502	Ph:757-217-2050	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$45, visual field test \$15. Please call for further information.
Dominion Eye Care	Dominion Eye Care Dr. Richard Martin & Dr. Kurt DeVito 125 Janaf Shopping Center Norfolk, VA 23502	Ph:757-461-3101	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$75, additional fees may apply for visual field testing. Please call for further information.
Lion's Center For Sight (Sentara Norfolk General Hospital)	Lion's Center For Sight (Sentara Norfolk General Hospital) 600 Gresham Drive Norfolk, VA. 23507	Ph:757-388-2100 Fax:757-388-2100	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$180, additional fees may apply for visual field testing. Please call for further information.
Lions Club International Sight Lions Medical Eye Bank and Research Center of Eastern Virginia (Rev.4/23/19)	Lions Club International-Sight and Hearing Aids Programs 600 Gresham Dr. Norfolk, VA 23507	Contact:-Ms. Nancy Grochowski/ Lions club Norfolk/Ocean view Ph: 1-800-453-6059 Fax: 757-388-3744	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care. The Lions Medical Eye Bank and Research Center of Eastern Virginia is a non-profit transplant agency that provides people the opportunity to donate eye tissues, health care professionals the means to end blindness, and patients the hope of clearly seeing form, color, and motion. Please call for further information.
Pearle Vision (Wards Corner) (Rev.7/22/19)	Pearl Vision (Wards Corner) 128 E. Little Creek Rd Norfolk VA 23505	Ph: 757-480-1134	Pearl Vision Center services range from comprehensive medical eye care to fitting you with prescription eyeglasses, sunglasses, and contact lenses to meet your individual needs. Routine Eye Exams without insurance are \$95.00 to \$100.00. A contact lens exam is \$170.00 to \$185.00 (some restrictions apply). Call us for specific eye exam pricing.

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Services Provided by Norfolk City

Southern Eye Care Associates	Southern Eye Care Associates 7525 Tidewater Dr. Suite 41 Norfolk VA 23505	Ph: 757-588-5423	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$85, complete eye exam with dilation and visual field testing \$125. Please call for further information.
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.4/28/23)	CCC Plus Waiver Norfolk Department of Public Health 830 Southampton Ave Suite 200 Norfolk, VA 23510	Screening through the Department of Human Services and Virginia Department of Health Pre-admissions Screening Meghan: Ph:757-683-2777 Hotline Ph:757-664-6123	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer- Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)(Rev.03/28/23)	Waiver Experts- BI,FIS and CL Waivers Norfolk Community Services Board 7447 Central Business Park Dr. Norfolk, VA 23513	Main:757- 756-5600 Supervisor:Holly Edwards Ph:757-375-8459 Email: holly.edwards@norfolk.gov Contact: Bernie Copeland, Email:bernadette.copeland@norfolk.gov ov Amy Traut, Email: amy.traut@norfolk.gov Website: http://www.norfolk.gov/NCSB/	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver (Rev.03/28/23)	BI Waiver Norfolk Community Services Board 7447 Central Business Park Dr. Norfolk, VA 23513	Norfolk CSB- Ph.: 757- 756-5655 Ms.Waller Ph:757-373-2947 Main:757-756-5600 Fax:757- 937-3133 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Community Living (CL) Waiver (Rev.03/28/23)	CL Waiver Norfolk Community Services Board 7447 Central Business Park Dr. Norfolk, VA 23513	Norfolk CSB- Ph.: 757- 756-5655 Ms.Waller Ph:757-373-2947 Main:757-756-5600 Fax:757- 937-3133 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

COMMUNITY RESOURCES EASTERN REGION

Services Provided by Norfolk City

Family and Individual Support (FIS) Waiver (Rev.03/28/23)	FIS Waiver Norfolk Community Services Board 7447 Central Business Park Dr. Norfolk, VA 23513	Norfolk CSB- Ph.: 757- 756-5655 Ms.Waller Ph:757-373-2947 Main:757-756-5600 Fax:757- 937-3133 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Northampton

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Accomack-Northampton Pregnancy	Accomack-Northampton Pregnancy Center Route 13,	Ph: 757-442-4438 E-mail:	The ANPC is dedicated to the emotional, spiritual and practical support of women. The ANPC has been a safe-haven for women to come when facing unplanned
Adult Protective Services (APS) (Rev.08/24/23)	5265 The Hornes, P.O. Box 568, Eastville, VA 23347	Northampton Department of Social Services Ph:757- 678-5153 Fax:757- 678-0475 ~~Hotline: 1-888-832-3858~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the ~~mistreatment or prevent further mistreatment. Services offered may include home-~~
Child Protective Services (CPS) (Rev,08/24/23)	5265 The Hornes, P.O. Box 568, Eastville, VA 23347	Northampton Department of Social Services Ph:757- 678-5153 ~~Fax:757- 678-0475~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in ~~its approach and is directed toward enabling families to provide adequate care for their~~
Eastern Shore Coalition Against Domestic Violence	Eastern Shore Coalition Against Domestic Violence 155 Market Street P. O.	Ph: : 757-787-1329 Alt. Ph: 1-877-787-1329	The Eastern Shore Coalition Against Domestic Violence (ESCADV) is a non-profit, tax-exempt corporation established in 1983 to address the problem of domestic violence. SERVICES are FREE, CONFIDENTIAL and include: 24-hour hotline, 24-hour
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711)	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email:	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a
ASSISTIVE TECHNOLOGY			
Eastern Shore Center for Independent Living, INC TAP-Program	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A Exmore, VA 23350	Ph:757-414-0100 Toll Free: 800-324-2988 TTY:757-414-0080 Fax:757-414-0205	ESCIL will serve the community as an on site Technical Assistance Program(TAP).TAP provides technical equipment and assistance to individuals who are deaf, hard of hearing, deaf blind, hearing impaired/visually-impaired, and speech impaired that live on Virginia's Eastern Shore. Please call for further information.
BREASTFEEDING RESOURCES			
WIC Program- Lactation/Breastfeeding Classes (Rev.12/03/19)	Accomack WIC program 23191 Front Street P.O. Box 177 ~~Accomack, VA 23301-0177~~	Contact: Chiyanne Gobel Breastfeeding Peer Counselors	Lactation/Breastfeeding classes are available upon request at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health PO Box 1980 Norfolk Virginia 23501	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@evms.edu	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work environments.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Northampton

Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@hramc.edu	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.
BURIAL ASSISTANCE			
Burial Expenses Assistance- Northampton Department of Human Services (Rev.10/22/20)	The Northampton County Department of Social Services PO Box 568 5265 The Hornes	Ph: 757-678-5153 Fax: 757-678-0475	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further information
CHILD CARE			
Child Care Program - Eastville, Northampton County Social Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Program - Eastville, Northampton County Social Child Care Aware® of Eastern Virginia	Intake Contact C. Reneta Major Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852	The agency's child care programs provides funding for quality child care services to Northampton's working families and parents enrolled in an educational program. Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware of Eastern Virginia at 800-650-2126 or 866-543-7852.
DENTAL CARE			
Donated Orthodontics Program - Eastville Community Health Center (Rev.03/31/24)	AAO, Attn: Donated Orthodontic Services 17068 Lankford Highway, Eastville, VA 23347	Attn: Donated Orthodontic Services Ph: 757-331-1086 Fax: 757-442-9505	The American Association of Orthodontics has a donated orthodontics program. They provide a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice dental services. No age limitation.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Northampton**

Federal Community Health	Eastern Shore Rural Health	Ph:757-414-0400	Health centers are community-based and patient-directed organizations that serve
Franktown Community Health Center- Dental Services (Rev.03/31/24)	Franktown, Franktown Community Health Center, Eastern Shore Rural Health	Ph: 757-442-4819 Fax: 757-442-9505 Email:nfo@esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice dental services. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance.
Kiptopeke Elementary School Dental Services-Eastern Shore Rural Health System (Rev.03/31/24)	24023 Fairview Road, Cape Charles, Northampton County, VA 23310	Ph: 757-331-1048 Fax: 757-331-1038 Email:nfo@esrh.org Website: www.esrh.org	Eastern Shore Rural Health provides "School-Based Dental Services" to children ages 3 through 18 years of age. The clinics are open year-round from 8:30 a.m. to 5:00 p.m. During the summer, children of migrant workers aged 3 to 21 years may receive services whether or not they are attending school. Preventive and restorative dental services are provided by a licensed dentist at two dental clinics. The program accepts Medicaid, EMTS, and private dental insurance. The program also provides
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1	Ph:757-461-4474 Email: nicole.miller@tidewaterasa.or	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Northampton

Family Preservation Services, INC-Eastern Shore Region-	Family Preservation Services, INC Eastern Shore Region	Ph:757-442-7690 Fax:757-442-7692	FPS provides specialized services to meet the needs of children with Autism. The program targets Autism Spectrum Disorders (ASD) by incorporating Pivotal Response
DISEASE SPECIFIC GROUPS			
EZ Breathers: Partnership for	EZ Breathers: Partnership for	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español)	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Contact: Exmore and Belle Haven Lion's Club	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at
No Limits-Eastern Shore- A program of Mary Duxbury DME	No Limits-Eastern Shore P.O. Box 368 149 Market Street	Ph: 757-789-3990 Fax: 757-789-3290	No Limits-Eastern Shore is a community- based day program for people living with the effects of brain injury and focuses on independent living skills, community re-
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Advantage Medical (Rev. 10/22/19)	9579 Hospital Ave, Nassawadox, VA 23413	Ph: 757- 442-5267 Fax: 757- 442-7201	Advantage Medical is a DME and supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
Ai Squared (Rev. 1/22/19)	Ai Squared	Ph:802-362-3612 Email:	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window.
American HomePatient (Rev.10/22/19)	American HomePatient 154 Market St., STE 2	Ph:757- 787-3163 Fax:757- 787-4179	American HomePatient is a DME and Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
American Printing House for the Blind Inc.	American Printing House for the Blind Inc.	Ph:800-223-1839 Email:	American Printing House for the Blind Inc. provides educational materials, recreation products,toys,daily living,braille books and other products. Please call for further
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services 130 Market St Onancock, VA 23417	Toll Free: 800- 965-2689 Website:http://www.lincare.com/	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph:757-424-4822 Toll Free: 800- 965-2689 Website:http://www.lincare.com	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Moran Hearing Aid Center	Moran Hearing Aid Center	Ph:757-442-3277	Moran Hearing Aid Center provides Hearing Aids & Assistive Devices Retail, Hearing
National Seating & Mobility	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 466-8888	National Seating & Mobility is a provider of power mobility and home medical
NuMotion	NuMotion	Ph:757- 966-7964/	NuMotion is a provider of power mobility and home medical equipment. Medicaid
Shore Orthopedic Associates	Shore Orthopedic Associates	Ph:757- 414-8333 Fax: 757- 414-8888	Shore Orthopedic Associates is based in Nassawadox and they travel to see patients
DOMESTIC VIOLENCE			
LGBTQ Partner Abuse & Sexual	LGBTQ Partner Abuse & Sexual	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the
loveisrespect	loveisrespect	Ph: 866-331-9474	Loveisrespect's purpose is to engage, educate and empower young people to prevent
National Sexual Assault Hotline	National Sexual Assault Hotline	Hotline:800-656-HOPE	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Northampton

Onancock, Eastern Shore Coalition Against Domestic Violence	Onancock, Eastern Shore Coalition Against Domestic Violence 155	Main: 757-787-1329 Fax: 757-787-3829 24-hour Hotline:	Provides crisis phone counseling, emergency shelters, and advocacy to those men and women who have been victims of abuse. Public awareness and community education are offered. Personal articles and food may be provided the children of
The Center for Sexual Assault	718 J. Clyde Morris Boulevard,	Ph: 757-599-9844	The Mission of The Center is to provide support, treatment, and advocacy for persons
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph: 800-799-SAFE (800-799-7233) TTY: 800-787-3224	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is
The Project for the Empowerment of Survivors	The Project for the Empowerment of Survivors (PES) -Legal Services, Virginia Sexual and	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email:	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual
EARLY INTERVENTION			
Infant Stimulation Programs-	Parent infant Program at the Shore (PISC)	Contact: Jane Prince Ph: 757-442-7500	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at risk and have developmental disabilities ages
EDUCATION			
Accomack County Public Schools-Parent and Family	Accomack County Public Schools-Parent and Family Resource	Contact: Zorylu Diaz-Bonilla Coordinator OR	The Parent Educational Advocacy Training Center "PEATC" builds positive futures for Virginia's children by working collaboratively with families, schools and communities in
Broadwater Academy	Broadwater Academy 3500 Broadwater Road	Ph: 757-442-9041 E-mail:	Broadwater Academy is a coeducational college preparatory day school with grades pre-kindergarten through twelve. Broadwater admits children of any race, religion,
Center for Community & Family Development	Center for Community & Family Development	Ph.: 757-710-8835 E-mail:	Develop, cultivate and enrich family and community development by combating poverty through educational programs that will reduce economic, social and cultural
Department of Special Education Northampton	Nikki Moore, Director 7207 Young Street	Ph: 757-678-5151 Fax: 757-678-7138	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in
Eastern Shore Center for Independent Living, INC	Eastern Shore Center for Independent Living, INC 4364	Ph: 757-414-0100 Toll Free: 800-324-2988	ESCIL provides participants with a wide variety of workshops and individualized training which are designed to support their established independent living goals.
Education for Children OF Migrant Workers - Parksley,	Education for Children OF Migrant Workers - Parksley,	Intake Contact: Leneen Sample	The Migrant Program is especially designed to provide continuity in the child's education. The program is held for six weeks during the summer and provides
Head Start - Accomack, Eastern Head Start program	Head Start - Accomack, Eastern	Main Ph: 757-787-8774	Provides a developmental program for children ages 3-5 years. Services low income
Literacy - Bell Haven, Eastern Shore Literacy Council, Inc	Literacy - Bell Haven, Eastern Shore Literacy Council, Inc	Registration: East Coast Migrant Head Start Project - ECMHSP Intake Contact Janet Booth Intake Email	The Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically
Northampton Homeless Education Coordinator	Diane Gladstone P.O. Box 360 Machipongo, VA 23405	Phone: 757-678-5151, ext. 2016 Fax: 757-678-7267	Provide literacy tutoring without charge to adult residents of the Eastern Shore so they may acquire the skills needed to improve their participation in society and enrich their
Team Project and Total Services Program - Eastern Shore Community	Team Project and Total Services Program - Eastern Shore Community 29300 Lankford Hwy. Melfa, VA 22410	Main Ph: 757-787-5900 Web site www.es.vccs.edu	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in homeless situations. Some of these
Virginia Cooperative Extension Service, Accomack	Virginia Cooperative Extension Service, Accomack	Main: 757-787-1361 Fax: 757-787-2683	Provides support services for students who want to enroll in Eastern Shore Community College. Other Eligibility Requirements Must meet guidelines set up by the program. Please call for further information.
EMERGENCY PREPAREDNESS			

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Northampton**

Disaster Distress Helpline	Call or Text: 1-800-985-5990	Call or Text 1-800-985-5990	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to
Virginia Department of Emergency Management	Bureau of Emergency Services P.O. Box 225	Contact: Hollye B. Carpenter Office: 757-678-0411	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the
EMPLOYMENT			
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	855-222-3252 or visit Website: Connect2Compete.org	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the
Field Rehabilitative Services - Eastern Shore, Dept. of Rehab STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	Field Rehabilitative Services - Eastern Shore, Dept. of Rehab 5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Intake Contact Paul Hughes Ph: 757- 787-5992 Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	In partnership with people with disabilities and their families, the Department of Rehabilitative Services collaborates with the public and private sectors to provide and Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force including occupational classroom and on-the-job training as well as job search and placement
VEC Workforce Center-Eastern Shore	Eastern Shore 25036 Lankford Highway unit 16	Ph: 757- 302-2029 Fax: 757-302-2025	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local
Virginia Employment Commission-Eastern Shore	Eastern Shore 25036 Lankford Highway Unit 16 Onley, VA 23418	Ph: 757- 302-2029 Fax: 757-302-2025 & 757-302-2026	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA) Veterans' Services, Employer Services (including the Employer Advisory
Virginia Employment Commission Migrant and Seasonal Farm workers Services	Eastern Shore 25036 Lankford Highway unit 16 Onley, VA 23418	Contact: Farm Placement Specialist-Kendal Shaver Ph: 757-302-2029	The VEC is committed to serving migrant and seasonal farm workers who are seeking work. Trained and experienced farm placement specialist provided statewide.
FINANCIAL ASSISTANCE			
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of your	Website: https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the
Bayview Citizens for Social	22827 Bayview Circle Cape	Contact: Alice Coles. Ph: 757-	Bayview Citizens for Social Justice provides emergency assistance for food pantry.
Cheriton	4224 Sunnyside Road, Cheriton,	Contact: Angel Fields Ph: 757-	Cheriton provides emergency assistance for food pantry. Date/Time: 3rd Wednesday-
Chesapeake Bay Bridge Tunnel	Chesapeake Bay Bridge Tunnel	Center contacts are:	Rural Health administers the CBBT medical toll pass program. This program provides
Connect2Compete-affordable	Connect2Compete-affordable	855-222-3252 or visit	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and
Cooling Assistance Program -	Cooling Assistance Program -	Ph: 757-678-5153	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or
Cover Virginia-Virginia-Based	1.Bayview Community Health	1.Bayview Community Health	Cover Virginia-Virginia-Based Assistants is a service available in-person across the
Crisis Assistance Program -	Crisis Assistance Program-	Ph: 757-678-5153	Crisis Assistance is intended for emergency situations. It helps eligible households
Crisis Situation Help -	Crisis Situation Help - Accomack	Northampton Department of	Provides help to those in crisis situations. Applicants are screened by Social Services
Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	Accomack County Department of Social Services 108 Market Street Onancock, VA 23417	Ph: 757- 302-2052 Main Ph: 757- 925-2302 Toll Free: 800- 468-8894 Email:	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents and guardians to help establish and receive financial and medical support. They provide full services to

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Northampton

Enroll Virginia at Eastville Community Health Center (Rev.02/17/25)	Eastville Community Health Center 17068 Lankford Highway, Eastville, VA 23347	Eastville Community Health Center Ph: 757-331-1086 Email:phc@inova.org	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide support with every aspect of the health
Enroll Virginia at Franktown Community Health Center (Rev.02/17/25)	Franktown Community Health Center 9159 Franktown Road, Franktown, VA, 23354	Franktown Community Health Center Ph: 757-442-4819 ext 1034 Email:phc@inova.org	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide support with every aspect of the health
Emergency Financial Assistance	Catholic Charities of Eastern	Ph: 757-442-6211	Emergency Financial Aid is available to individuals and families who are in desperate
Exmore Unit at Occohannock	4208 Seaside Rd	Ph: 757-678-5151	Kids Cafe® is a national program founded by Feeding America and administered
Food Bank - Tasley, Foodbank	Food Bank - Tasley, Foodbank	Ph: Intake 757-787-2557	Works to provide solutions to hunger and certain consequences of poverty in our
Heating Assistance Program - Lifeline	Heating Assistance Program - Lifeline	Phone: 757-678-5153 Website:	The purpose of Heating Assistance is to eligible households with the cost of home Lifeline is a federal benefit that lowers the monthly cost of phone or internet service.
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:1-800-643-2273 TDD: 1-800-817-6609	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website:www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:1-855-323-4687, Website:www.anthem.com/va	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunityva	United Healthcare Provider Listings.
Medicaid	The Northampton County	Ph: 757-678-5153	Medicaid pays for health and medical care for certain groups of people who have low
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain
Northampton Social Ministry	Northampton Social Ministry	Ph:757-442-3481	Northampton Social Society Ministry may be able to provide help, as they can both
Outreach Program to sign for FAMIS-Catholic Charities	Outreach Program to sign for Famis Catholic Charities of	Contact: Rebecca Ritsema Ph: 757-442-6211	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling
Riverside Shore Memorial Hospital/Charity Indigent Care	Riverside Shore Memorial Hospital/Charity Indigent Care	Ph:757-302-2386.	Riverside Shore Memorial Hospital participate with state sponsored charity care for hospital care. To determine eligibility, Riverside uses the Federal Poverty Income
Social Security Administration (Rev.11/16/20)	22581 Center Pkwy Accawmacke Office Pk Accomack, Virginia	Ph:866-964-1019 Main Number:800-772-1213	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website:https://virginiasonbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without
The Backpack Program	The Backpack Program Northampton Elementary Schools:	The Backpack Program Northampton Elementary	The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Northampton

The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that
The Northampton County Department of Social Services	The Northampton County Department of Social Services P.O. Box 568	Ph: 757-678-5153 Fax: 757-678-0475	The Northampton County Department of Social Services' mission is to provide benefits and services to the citizens of Northampton based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency.
FORMULA/NUTRITION			
Northampton County -WIC Program	Northampton County WIC Program	Ph:757-442-6228 Toll free: 888-942-3663	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional
Northampton County -WIC Program Formula	Northampton County Health Department	Ph:757-442-6228 Toll free: 888-942-3663	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods,
HOME CARE			
At Home Healthcare Solutions ,L.L.C	At Home Healthcare Solutions LLC 3100 Main Street	Ph:757-442-6630 Fax:757-442-6643	At Home Healthcare Solutions offers comprehensive, quality Home Health Care services and Private Duty. Their goal is to promote independence at home as long as
Care Advantage (Rev.7/10/19)	Care Advantage	Ph:757-405-6320	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA	Contact: Jennifer Foster Service Facilitator	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maxim Healthcare-Virginia Beach/Norfolk	Maxim Healthcare 293 Independence Blvd Suite 400	Ph: 757-490-3009 Toll Free:800-804-3009	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the
Personal Touch Homecare	Personal Touch Homecare 21204 N. Bayside Road	Ph: 757-331-1327 E-mail:	Personal Touch Homecare provide services from the pediatric patient to the frail elderly adult and all those in between, services are provided which are suitable to the
Riverside Shore Healthcare at Home	Shore Healthcare at Home	Toll Free:800-700-6242 Ph:757-789-5000	When you're homebound due to illness or injury, there's only one nonprofit locally based choice: Shore Healthcare at Home, based in Onley. They have contracts with
Total Business and Personal	Total Business and Personal	Contact: Tenecia Brown-	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula.
HOUSING ASSISTANCE/HOUSING			
Eastern Shore Center for Independent Living, INC Housing Placement	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A	Ph:757-414-0100 Toll Free: 800-324-2988 TTY:757-414-0080	Housing Placement: ESCIL provides individuals with assistance in locating affordable, accessible housing by matching a person's needs to available housing in the community. They also provide supportive services to enhance successful placement.
Eastern Shore Community Services Board (CSB)	Eastern Shore Community Services Board (CSB)	Ph: 757-442-3636 Toll Free1-800-764-4460	The Eastern Shore Community Services Board (CSB) provides Housing and Community Placement Assistance for individuals receiving services under intellectual
Eastern Shore Habitat For	Eastern Shore Habitat For	Ph: 757-442-4687	Eastern Shore of Virginia Habitat for Humanity has been committed to its MISSION of
Eastern Shore of Virginia Housing Alliance (Rev.01/26/22)	PO Box 417 23372 Front Street Accomack, Virginia 23301	Main Number: 757- 787-2936 Toll Free: 866- 787-3001 Fax: 757- 787-4221	Eastern Shore of Virginia Housing Alliance is a non-profit Community Housing Development Organization (CHDO) that focuses on preparing Eastern Shore residents for the responsibilities of homeownership. Please call for further information.
Eastern Shore of Virginia Housing Alliance-Indoor	PO Box 417 23372 Front Street	Main Number: 757- 787-2936 Toll Free: 866- 787-3001	Eastern Shore of Virginia Housing Alliance-Indoor Rehabilitation Program provides assistance for homeowners who need repairs and installation of indoor plumbing and
Housing Assistance Programs-Home Repair	15421 Merry Cat Lane Belle Haven, VA 23306	Contact: Pauline James Ph: 757-442-2002	Those programs are designed to provide home ownership opportunities and home repair activities to low and very low income families. Housing activities are carried out

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Northampton

Public Housing - U.S. Department of	Accomack-Northampton Regional Housing Auth Section 8	Ph:757-787-2800 x116 Fax:757-787-4221 Toll	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in
Housing Choice Voucher Program-U.S. Department of	Accomack-Northampton Regional Housing Auth Section 8	Ph:757-787-2800 x116 Fax:757-787-4221 Toll	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families.
Office of Native American Programs-U.S. Department of	Accomack-Northampton Regional Housing Auth Section 8	Ph:757-787-2800 x116 Fax:757-787-4221 Toll	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native
Accomack-Northampton Housing and Redevelopment Corporation (Rev.01/17/22)	23372 Front Street PO Box 387 Accomack, VA 23301	Ph: 757 787-2800 Intake 757-787-2800 Main Fax:757-787-4221 Toll Free:866-787-3001	The Accomack-Northampton Regional Housing Authority (A-NRHA)works on housing issues on the Eastern Shore of Virginia. The A-NRHA primarily works to provide housing solutions for workforce families, low-income families and the elderly. The Housing Choice Voucher Program is the A-NRHA's largest. Please call for further
Planning Commission - SERCAP, Inc.	Planning Commission - SERCAP, Inc.	Intake Contact: Toll Free:866- 928-3731	The A-NPDC also offers housing programs and specializes in construction of low and SERCAP, Inc. (Southeast Rural Community Assistance Project, Inc.) offers loans to
STOP Inc. -Supportive Services for Veteran Families(SSVF) - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that provides intensive case management assisting Veterans who are homeless or at risk of
The Eastern Shore of Virginia	Homelessness Prevention and	Main Ph:757-787-2936	Focuses on housing for homeless and at-risk households by providing temporary
Weatherization Services -	Weatherization Services -	Main Ph:757-442-9652	Assists low income households to offset the high cost of home heating by permanently
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph:757-668-7132 Fax: 757-668-7132 Website:https://www.vdh.virginia.gov/care-connection-for-children	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to CYSHCN resources; family-to-family support; and training and consultation with community providers on CYSHCN issues.Eligibility:Birth
Disability Navigator (Rev.12/10/19)	Disability Navigator 7501 Boulder View Drive Suite	Ph:804- 525-7728 Toll Free:866- 393-0957	Disability Navigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The
Hospice and Palliative Care E.S.	Hospice and Palliative Care E.S P.O. Box 316 Parksley, VA 22421	Ph: 757-665-4895 E-mail: kagar@hpces.org	Hospice and Palliative Care of the Eastern Shore is a non-profit agency that provides a special way of caring for people with limited life expectancies. Hospice
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resource	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:: http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives: Job training, English as a second language classes, GED
Shore Life Care at Parksley	Shore Life Care at Parksley 26181 Parksley Road Parksley, VA 22421	Contact: Lori Leighton Ph: 757-665-5133	Shore Life Care at Parksley is A state-of-the-art facility offering skilled and long-term care. The facility has modern methods and equipment to keep their residents healthy and comfortable. Their vibrant social calendar, friendly atmosphere and good cooking
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846) Website:https://victimconnect	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Northampton**

LEGAL RESOURCES			
Adult Protective Services (APS)	5265 The Hornes, P.O. Box 568	Northampton Department of Social Services	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age and older.
Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707 Fax: 757-467-7707	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to provide care, Catholic Charities of Eastern Virginia will assume guardianship.
Catholic Charities of Eastern Virginia-Rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have a representative payee.
Child Protective Services (CPS) (Rev.08/24/23)	5265 The Hornes, P.O. Box 568,	Northampton Department of Social Services	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible.
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovva.org Website: www.cccovva.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status.
Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	Accomack County Department of Social Services 108 Market Street Onancock, VA 23417	Ph:757- 302-2052 Main Ph:757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.t.dss.virginia.gov	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents and guardians to help establish and receive financial and medical support. They provide full services to parents and guardians who have an open enforcement case with us and limited services to those who have a payment processing case. For more information on the types of cases available, please contact them. Their vision is for all parents to meet their child and medical support responsibilities. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk.
Free Legal Answers	Free Legal Answers	Website:https://virginia.freelegalanswers.org	Free Legal Answers is a services where you will ask a volunteer attorneys a specific legal question and receive an answer within 48 hours.
Legal Aid Society-Legal Services of Eastern Virginia (Rev.10/29/20)	Legal Services of Eastern Virginia 36314 Lankford Highway, Ste. 5 Belle Haven, VA 23306 PO Box 306	Ph: 757-442-3014 Toll Free:1-888-868-1072 (866- LEGL-AID). Fax: 757-442-2217	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office.
The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website:www.vadata.org/chat	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved.
Victim Witness Assistance - Accomack County	Victim Witness Assistance - Accomack County	MainPh:757-787-8538 Fax:757-707-9064	Provides a constitutional office charged with prosecution of criminal matters in Accomack County and houses the Victim Witness Assistance Coordinator. No fee.
Virginia Lawyer Referral Service	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vlr.org/ldr.asp	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$25 non-refundable consultation fee, will refer to a lawyer in your area.
LGBTQ			
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 3/28/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text: 804.793.9000	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available.
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated to providing support and resources to transgender people.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Northampton

MEDICAL CARE			
Atlantic Community Health Center (Rev.03/31/24)	Atlantic Community Health Center 5219 Lankford Highway	Ph: 757-824-5676 Fax: 757-824-5872 Website: www.esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice medical care,labs,pharmacy,support services,express care and behavioral health. No age
Bayview Medical Center	Cheriton, Bayview Medical Center, Eastern Shore Rural	Ph:Main 757-331-1086 Fax 757-331-1129	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice medical care and lab service. No
Chincoteague Island Community Health Center (Rev.03/31/24)	Chincoteague Island Community Health Center	Ph.: 757-336-3682 Fax: 757-336-3703	This clinic provides medical care,,labs,pharmacy,support services,express care and behavioral health to residents of all ages. Spanish speaking staff available upon
Eastern Shore Rural Health Corporate Office (Rev.03/31/24)	20280 Market St, Onancock, VA 23417	Ph: 757- 414-0400 Fax:757-414-0569	Provide medical, oral, and behavioral health care and support services to everyone in our community regardless of ability to pay. As primary health care providers, we serve
Eastern Shore Rural Health Express Care (Rev.03/31/24)	Four Corner Plaza 25228 Lankford Hwy Onley, VA 23418	Info Line: 757-787-1465 Email:nfo@esrh.org Website:https://esrh.org/	ESRH Express Care offers rapid, high quality care – walk in for urgent needs or care needed in between appointments with your regular health care provider. We combine our high-quality clinical expertise with care and convenience to help patients ages 2+ with urgent or serious, but not life-threatening conditions. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured.
Eastville Community Health Center (Rev.03/31/24)	17068 Lankford Highway, Eastville, VA 23347	Ph: 757-331-1086 Fax: 757-442-9505 Email:nfo@esrh.org Website:Website:	This clinic provides medical care,,labs,pharmacy,support services,express care and behavioral health to residents of all ages. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours:
Foreign Travel-Franktown Community Health Center	Franktown Community Health Center	Ph:757-414-0400 ext. 108 Website: www.esrh.org	Franktown Community Health Center offers a foreign travel clinical service where prospective travelers can receive counseling on common illnesses and recommended
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details:	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from
Northampton County Health Department (Rev.03/31/24)	Northampton County Health Department 7114 Lankford Highway, P.O. Box 248 Nassawadox, VA 23413	Ph:757-442-6228 Toll free: 888-942-3663 Fax: 757-442-4307 email: wicinfo@vdh.virginia.org Fax:757-787-5841	Services provided: Maternity Clinic, Family Planning Services, Immunizations, Communicable Disease Program, Breast and Cervical Cancer Program, Pregnancy testing, STD Clinic, Health education. Eligibility requirement: Income information required. Charges may vary with income and service provided, sliding scale fees, certain services are free. Intake procedure: Appointment based. Hours of operation: Monday through Friday 8:15AM to 5:00 PM.
Onley Community Health Center (Rev.03/31/24)	20306 Badger Lane, Onley, VA 23418	Ph: 757-787-7374 Fax: 757-787-4513 Email:nfo@esrh.org Website:Website: www.esrh.org	This clinic provides medical care,,labs,pharmacy,support services,express care and behavioral health to residents of all ages. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours:
Shore Memorial Hospital	Shore Memorial Hospital	Ph: 757-414-8536	Shore Memorial Hospital promote, maintain, and restore health with exceptional
MEDICATION ASSISTANCE			

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Pharmacy Assistance Program	Pharmacy Assistance Program	Contact: Connie Patterson Ph:757-824-5676 ext. 1634	The Pharmacy Assistance Program has a Medication Assistance Caseworker to help to review all of your medicines and determine the least costly way to get them for you.
MENTAL HEALTH/COUNSELING			
Adult and Child REACH- (Rev.11/24/21)	Eastern Shore Community Services Board (CSB)	Emergency Services: 757-330-3300	The mission of the REACH (Regional Educational Assessment Crisis Response and Rehabilitation) is a crisis prevention, intervention and stabilization system to support
Catholic Charities of Hampton Roads	Catholic Charities of Eastern Virginia Beach	Ph: 757-442-6211	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia Inc. (CCFVA) providing mental health services to individuals in need of
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to
Eastern Shore Center for Independent Living, INC	Eastern Shore Center for Independent Living, INC 4264	Ph:757-414-0100 Toll Free: 800-334-3000	Peer Counseling Services: The center provides person to person counseling, based upon the concept that a counselor with a disability can draw upon experiences that will
Eastern Shore Community Services Board (CSB)	Eastern Shore Community Services Board (CSB)	Ph: 757-442-3636 Toll Free: 1-888-764-4460	The Eastern Shore Community Services Board (CSB) provides comprehensive behavioral health services for the Eastern Shore of Virginia's many diverse
Family Preservation Services, INC	Family Preservation Services, INC	Ph:757-442-7690 Fax:757-442-7600	FPS offers substance abuse services for adolescents and young adults requiring substance abuse assessment, treatment and/or relapse prevention services. The
GAP-Governor's Access Plan	GAP-Governor's Access Plan Eastern Shore Community	Magellan care manager Ph:1-800-434-4370 / service 24	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorders services, medical
Group Counseling for Individuals with Disabilities	Group Counseling for Individuals with Disabilities Eastern Shore	Main:800-324-2988 Fax:757-414-0000	Provides services to help the individuals with disabilities to become more independent and increase effectiveness in their community. No cost limitation. Other Eligibility
Maternal Health Mental Hotline	Maternal Health Mental Hotline	Phone or Text : 1-822-6-HELP4MOMS	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have counselors
Military Crisis Helpline	Military Crisis Helpline	Ph: 888-457-4838 Text MW 1 to 99969	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and
NAMI Virginia's Statewide Helpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Helpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing, financial assistance, and much more. Our Helpline staff is happy to help you
National Suicide Prevention Lifeline	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Crisis Text Line:	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis
Senior Perspectives-Psychiatric Day Treatment Program for Older Adults	Senior Perspectives-Psychiatric Day Treatment Program for Older Adults	Ph:757-787-4058 Fax:757-787-2000	Senior Perspectives is a Psychiatric Day Treatment program for Older Adults and treat older adults suffering with Depression and depressive symptoms (sadness, loss, lack
The Chas Foundation	The Chas Foundation	Non-Emergency Help Line 757-400-3427 Website:	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illnesses and their caretakers to find resources for effective support and
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities-Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@cccovfa.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org Website: http://www.cccovfa.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status

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Services Provided in Northampton

National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership 23191 Front Street Accomack VA 23301	Ph: 757-787-5880 Toll Free: 844-637-6667 Text: 844- 637-6667 Email:	Nurse Family Partnership is a based home visitation program for first time mothers. Once a parent is enroll a register nurse will visit the mother throughout pregnancy and continue to visit until baby is 2 year old. Program is free. Please call for further information.
Resource Mothers	Resource Mothers Program Northampton County Health Department	Contact: Jean Dunton Ph:757-442-6228 Toll free: 888-942-3663	Resource Mothers are lay community health workers who mentor pregnant teens through this difficult time in their lives and help them make the transition to parenthood. These adult role models have successfully raised their own children and
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency,
The Planning Council	The Planning Council 5365 Robin Hood Rd #700.	Contact : Elisabeth Ph: 757-622-9268 ext. 3020	The planning Council offers center information referral and screening for home visiting programs for new expectant and current parents. Please call for further information.
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of

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RECREATION			
Parks and Recreation - Eastville, Indiantown Park, Northampton County Parks and Recreation Department	Parks and Recreation - Eastville, Indiantown Park, Northampton County Parks and Recreation Department 7399	Ph:757-678-0468 Website: co.northampton.va.us	At Provides facilities and programs to serve the leisure, social, cultural and recreational needs of the community.
YMCA Camp Silver beach	YMCA Camp Silverbeach 6272 YMCA Lane P.O. Box 60	Ph:757-442-4634 E-mail: rhonda@campsilverbeach.org	The YMCA of South Hampton Roads had a vision of building the first resident camp in the commonwealth of Virginia to add to its fast growing operation. The YMCA's property committee located the ideal piece of land located on the Eastern Shore of
YMCA of South Hampton Roads- Teens FREE Membership (Rev.06/21/22)	Northampton County YMCA 22257 Parson's Circle, Cape Charles, VA 23310	Northampton County YMCA Ph: 757- 331-1201 Website:https://www.ymcasha.org	YMCA of South Hampton Roads is excited to provide teens FREE memberships this summer (June-August 2022, ages 13-18) through its Sponsor-a-Teen Program. Teens looking to receive a free membership simply fill out a quick, easy online application (or they can come to a YMCA of South Hampton Roads location with their parent or guardian to sign their participant waiver.
RESPIRE			
At Home Healthcare Solutions ,L.L.C	At Home Healthcare Solutions,L.L.C 3100 Main Street Exmore, VA 23350	Ph:757-442-6630 Fax:757-442-6643 Email:athomehealth@verizon.net	At Home Healthcare Solutions provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family member or primary caregiver and provides relief support so that the caregiver can take a break. Please call fro further information.
At Home Healthcare Solutions ,L.L.C	At Home Healthcare Solutions, L.L.C 3100 Main Street Exmore, VA 23350	Ph:757-442-6630 Fax:757-442-6643 Email:athomehealth@verizon.net	At Home Healthcare Solutions provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family member or primary caregiver and provides relief. Please call for further information.
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Eastern Shore Community Services Board 10129 Rogers Drive, Nassawadox, VA 23413	Families must call main number to be directed to the local CSB Ph: 757- 442-3636 Fax: 757- 442-2319 OR	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
SAFETY			
Child Safety Seat Program Accomack County	Child Safety Seat Program Accomack County Eastern Shore Rural Health	Ph:757-442-4819	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restrain of children from birth until they transition into a vehicle safety belt.
Safe Kids Virginia State-States Coalition	Safe Kids Eastern Shore Eastern Shore Rural Health System	Ph: 757-442-3442 Website:comille@hsc.vcu.edu	Safe Kids USA is a nationwide network of organizations working to prevent unintentional childhood injury, the leading cause of death and disability for children ages 1 to 14. They educate families, provide safety devices to families in need and
Smoke Detector Program (Rev.4/3/19)	Northampton Fire & Rescue	Ph:757-789-3610 Website:http://www.northampton-ems.org/custom.html	Please contact The Northampton Fire & Rescue to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website:https://poisonhelp.hr	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need

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SUBSTANCE ABUSE			
Eastern Shore Community Services Board (CSB) (Rev. 1/5/18)	Eastern Shore Community Services Board (CSB) 10129 Rogers Drive	Ph: 757-442-3636 Toll Free 1-800-764-4460	The Eastern Shore Community Services Board (CSB) provides substance abuse services for the Eastern Shore of Virginia's many diverse communities. Their mission is to serve in providing substance abuse services that includes: Individual family
Family Preservation Services, INC-Eastern Shore Region (Rev. 1/5/18)	Family Preservation Services, INC Eastern Shore Region PO Box 209 36076 Lankford Highway	Ph: 757-442-7690 Fax: 757-442-7692 Website: www.fpsc.org	FPS offers substance abuse services for adolescents and young adults requiring substance abuse assessment, treatment and/or relapse prevention services. The program objective is to assist individuals to understand their alcohol and other drug
GAP-Governor's Access Plan	GAP-Governor's Access Plan Eastern Shore Community	Magellan care manager Ph: 1-800-424-4279 (service 24)	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services-Tobacco Cessation (Rev. 8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services-Tobacco Cessation	Website: www.sentara.com/to baccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
National Cocaine Hotline	National Cocaine Hotline	Ph: 800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local
National Drug Information	National Drug Information	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information,
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev. 8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline: 800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/ Website: http://www.yourlifeyo urvoice.org	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Breast Cancer FACEBOOK Support Group (Rev. 03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group (Rev. 03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group-Teleconference-Sentara (Rev. 02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph: 757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer
Newport News-Riverside Rehabilitation Institute Shoreview Cognitive-Communication Group	Newport News-Riverside Rehabilitation Institute Shoreview Cognitive-Communication Group	Contact: Leah Frazier at 757-928-8050 or email: leah.frazier@rivhs.com	Meets on the last Wednesday of each month from 4:30 pm to 5:30 pm at the Shore View Medical Center (outpatient building).
Prostate Cancer FACEBOOK Support Group (Rev. 03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.

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Red Balloon-You're Not Alone- Parent Support Group (Rev-	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redb	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child.
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Lighthouse Guild	Virginia Department for the Blind	Contact: Judith Millman,	The Lighthouse Guild hosts a terrific family teleconference group for families of
THERAPEUTIC FOSTER CARE			
THERAPIES			
Intrepid USA Home Health Services	Intrepid USA Home Health Services 25367 Lankford Highway P.O.	Toll Free:800-254-9090 Ph:757-787-7202 Fax: 757-787-9207 Email:	Intrepid USA help to restore individuals to optimal function and independence. They send their dedicated and multidisciplinary team of therapists to the home or living facility to provide traditional therapeutic techniques and modalities, as well as offer a
Mosher Physical Therapy & Sports Medicine	Mosher Physical Therapy & Sports Medicine 712 Randolph Avenue	Ph: 757-331-4490 E-mail: info@mosherphysicaltherapy .	Mosher Physical Therapy and Sports Medicine is the first therapist-owned clinic on the Eastern Shore of Virginia. Services include to promote healing and recovery from: Sports injury, Work-related injury, Stroke, Joint replacement surgery, Tendon and
Personal Touch Homecare	Personal Touch Homecare 21204 N. Bayside Road Cheriton, VA 23316	Ph: 757-331-1327 E-mail: gbrown@pthomecare.com	Personal Touch Physical Therapy (PTTS) was developed to enhance the Agency's ability to provide quality rehabilitation professionals to an all-inclusive population of clients in a number of diversified settings. We also assist with the full range of therapy
Riverside Shore Cardiopulmonary Wellness Services	Riverside Shore Cardiopulmonary Wellness Services Cardiac & Pulmonary Reha/medical maintenance	Ph:757-414-0178 Fax:757-414-0190 OR Lankford Location	Riverside Shore Cardiopulmonary Wellness Services provides Cardiac Rehab and pulmonary rehabilitation programs and medical maintenance. A physician referral is necessary for each patient who participates. Please call for further information.
Shore Rehab	23379 Commerce Drive Accomac, VA 23301	Ph: 757-787-8284	Physical, Occupational & Speech therapies for Infants, Children and Adolescents.
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0)	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.

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ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)- Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretchers van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride :	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Contact: Exmore and Belle Haven Lion's Club Jack Folley	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on

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WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.02/04/25)	CCC Plus Waiver Northampton County Department of Health 7114 Lankford Highway P.O Box 248 Nassawadox, VA 23413	Call to request Screening: Ms.Shannon Onley Ph:757-678-5153 ext.328 and 335 OR 757-678-5111 Fax:757-442-4307	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it
Developmental Disabilities Waiver Experts- Building Independence (BI) Family & Community Support Waiver	Waiver Experts- BI, FIS and CL Waivers Eastern Shore Community Services Board	Main: 757- 350-5044 Contact: Lisa Sedjat, Email: lsedjat@eescb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI, FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver Eastern Shore Community Services Board	Families must call main number to be directed to the local CSB Ph:	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of
Community Living (CL) Waiver	CL Waiver Eastern Shore Community Services Board	Families must call main number to be directed to the local CSB Ph:	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of
Family and Individual Support (FIS) Waiver	FIS Waiver Eastern Shore Community Services Board 10129 Rogers Drive	Families must call main number to be directed to the local CSB Ph: 757-442-3636	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	301 Goodwin Neck Road Yorktown, VA 23692	Poquoson/York Department of Social Services	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective
Child Protective Services (CPS) (Rev.08/24/23)	301 Goodwin Neck Road Yorktown, VA 23692	Poquoson/York Department of Social Services	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment.
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711)	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email:	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and	Hampton Roads Breastfeeding Education Advocacy Team -	Contact: Tierra Langley Ph:757-446-5708	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or
Peninsula Health District- WIC Program at Poquoson -	Poquoson WIC Program- *Must Go to Williamsburg/James	Ph:757- 253-4813 Fax :757- 253-4285	Lactation/Breastfeeding classes are available upon request at WIC sites. Group or Individual Classes are available in English and Spanish. Please
Report a Breastfeeding Incident-	Hampton Roads Breastfeeding	Contact: Tierra Langley	The Consortium for Infant and Child Health (CINCH) is dedicated to
BURIAL ASSISTANCE			
Burial Expenses Assistance- Poquoson Department of Human Services	Poquoson/York Department of Social Services 301 Goodwin Neck Road	Ph:757- 890-3787 Fax:757- 890-3934 Website:http://www.york	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made
CHILD CARE			
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay
Child & Family Services-Childcare Referrals	Child & Family Services-Childcare Referrals	Ph:757- 838-1960 24-hour answering service: 757-838-1960	Child & Family Services links families, children and care givers to resources that nurture children's positive development. Services offered include: Child care resource and referrals, provided using national standards, Complete background checks and training for your "nanny"; Referrals for Military child
First Steps-Child Development Resources	First Steps-Child Development Resources	Ph:757-220-1168 Tots Line: 757- 566-	CDR's First Steps Child Care and Development Centers offer high-quality, affordable child care for low-income families with infants and toddlers at two
Imagination Land Child Day Care (Rev.07/27/20)	478 B. Wythe Creek Road Poquoson VA 23662	Contact:Vonatte Southard Ph:757- 868-3902	Imagination Land Child Day Care is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.

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Playtime Child Care And Learning Center (Rev.07/24/20)	502 Wythe Creek Rd Poquoson VA 23662	Contact: Linda Pate Ph:757-868-6908	Playtime Child Care And Learning Center is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
DENTAL CARE			
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•I Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less, Child
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 Email: E: nicole.miller@tidewatera sa.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev. 08/08/20)	Epilepsy & Seizures 24/7 Helpline (Rev. 08/08/20)	Ph: 1-800-332- 1000(Epilepsy)	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include

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Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*Poquoson Lion's Club Contact: Jeff Monno	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch	ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information.
American Printing House for the Blind Inc. (Rev.1/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org Website:www.aph.org	American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please call for further information.
Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph:757- 852-3929	Apria Healthcare is a DME and supplies provider . Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph: 757- 368-8885	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter 500 Sentara Circle, Suite 201 Williamsburg, VA 23188 Mailing Address:	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: Williamsburg@freefoundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org. In Virginia, children in need of mobility equipment have access to many other sources therefore, FREE focuses on serving the at
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free:800- 965-2689 Website:http://www.linicare.com/	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph:757-424-4822 Toll Free:800- 965-2689 Website:http://www.linicare.com/	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are

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NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax: 757- 966-7964	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080 Fax: 757- 599-3855 Toll	Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
DOMESTIC VIOLENCE			
Avalon	A program of Avalon Center for	Main:757-258-5022	Avalon informs individuals of their rights, explains protective orders, and
LGBTQ Partner Abuse & Sexual	LGBTQ Partner Abuse & Sexual	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond
loveisrespect	loveisrespect	Ph: 866-331-9474	Loveisrespect's purpose is to engage, educate and empower young people
National Sexual Assault Hotline	National Sexual Assault Hotline	Hotline:800-656-HOPE	The National Sexual Assault Hotline is a 24/7 safe and confidential service
Transitions Family Violence Services	Transitions Family Violence	Ph:757- 722-2261 Fax: 757- 566-0747	The mission of Transitions Family Violence Services is to build safe and
The National Domestic Violence	The National Domestic Violence	Ph:800-799 SAFE	The National Domestic Violence Hotline is the only 24/7 national hotline that
The Project for the Empowerment of	The Project for the Empowerment	Contact: Carmen	The Project for the Empowerment of Survivors (PES) will expand Virginia
EARLY INTERVENTION			
Infant Stimulation Programs-Child development Resources (CDR)	Child development Resources (CDR) P.O Box 280, Norge,VA 23127	Contact: Lynn Wolfe Ph: 757-566-3300 Email: lynnw@cdr.org	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar
EDUCATION			
Department of Special Education	Doris Feltman, Director	Ph:757-868-3050	"Special education" means specially designed instruction, at no cost to the
Head Start Program	Registration:	York County Board of	The Head Start program provides grants to local public and private non-
Peninsula READS	Peninsula READS 11832 Fishing Point Drive	Contact:Manola Dobbs ESOL Coordinator	The Peninsula READS mission is to provide literacy education and services to adults to enable them to participate fully in society. Services: Individual
Poquoson Homeless Education	Gail Elmakis	Phone: 757-868-3045	Local homeless education liaisons are Local Educational Agency (LEA) staff
Virginia Adult and Literacy Services-Poquoson	Virginia Adult and Literacy Services-P.O Drawer 2068 Poquoson, VA 23662	Ph: 757-868-3055 Website: http://www.pen.k12.va.us/VDOE/Instruction/AdultEducation/	The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education Development (GED),English as a Second Language, and Individual Student Alternative Education Programs (ISAEPL) Learn and
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish	Call or Text 1-800-985-5990 Press 2 for	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are
Virginia Department of Emergency Management	Bureau of Emergency Services 830 Poquoson Ave.	Contact: Robert T. Holloway, Jr. Office:	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by
EMPLOYMENT			
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide
VEC Workforce Center	Peninsula Workforce Development Center	Ph: 757- 865-5800 Fax: 757-865-5824	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service.
Virginia Employment Commission-	Peninsula Workforce Development Center	Ph: 757- 865-5800 Fax: 757-865-5824	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunity Tax Credit (WOTC)
Virginia Workforce Investment Board-	Virginia Workforce Investment	Contact: Bill Mann	The workforce investment act rewrites current federal statues governing
FINANCIAL ASSISTANCE			

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Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of your proof documentation, to:	Website: https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the Federal Poverty Line, or if you or someone you live with
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	855-222-3252 or visit Website: Connect2Compete.org/Cox .	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the National School Lunch Program. C2C is offered in partnership with leading cable companies, including Cox, Bright House
Cooling Assistance Program -LIHEAP-Poquoson/York Department of Social Services (Rev.5-9/19)	Cooling Assistance Program - LIHEAP-Poquoson/York Department of Social Services 301 Goodwin Neck Road	Ph:757- 890-3787 Fax:757- 890-3934 Website: http://www.yorkcounty.gov/soc...	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In addition, the household must
Crisis Assistance Program - LIHEAP-Poquoson/York Department of Social Services (Rev.5-9/19)	LIHEAP-Poquoson/York Department of Social Services 301 Goodwin Neck Road	Ph: 757- 890-3787 Fax:757- 890-3934 Website: http://www.yorkcounty.gov/soc...	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-off is imminent, and inoperable or unsafe heating equipment. Types of Crisis
Cover Virginia-Virginia-Based Assisters (Rev.1/21/19)	1.Victoria Boulevard Physicians 130 Victoria Boulevard Hampton, VA, 23661 2.48th	1.48th Street Physicians Ph:757-244-8560	Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed rigorous training courses and passed certification requirements. You can work with assisters on everything: from learning
Department of Social Services-The Division of Child Support Enforcement (DCSE)	903 Enterprise Parkway Suite 110 Hampton, VA 23666	Ph:757- 766-3710 TOLL FREE: 800- 468-8894	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is
Heating Assistance Program - LIHEAP-Poquoson/York Department of Social Services (Rev.5-9/19)	Fuel Assistance Program-Poquoson/York Department of Social Services 301 Goodwin Neck Road	Ph:757- 890-3787 Fax:757- 890-3934 Website: http://www.yorkcounty.gov/soc...	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/lis/Providers :	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide proof of one of the
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs are available in different areas
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website: www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.

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(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website:www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunityplan.com	United Healthcare Provider Listings.
Meals on Wheels Municipal Park Community Center	Meals on Wheels Municipal Park Community Center	Ph:757-868-3580	Meals on Wheels provides meals packaged and delivered M-F for individuals with disabilities and elderly through the PAA for residents in
Medicaid	Portsmouth Department of Social Services	Ph:757- 405-1800 Fax:757- 405-1874	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.dmas.virginia.gov/	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.healthysavings.com/Optim	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should register their
Poquoson/York Department of Social Services	Poquoson/York Department of Social Services 301 Goodwin Neck Road Yorktown, VA 23692-9917	Ph:757- 890-3787 Fax:757- 890-3934 Website:http://www.yorkcounty.gov/	The Poquoson Department of Social Services' mission is to provide benefits and services to the citizens of Poquoson based on programs established by local, state and federal laws and policy. The department's focus is to
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distributions Center Contact: Sue Fishburne	Distributions Center Contact: Sue Fishburne	S.H.A.R.E of Hampton Roads is a community building organization that
Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph:866-331-9169 Main	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website:https://virginiassunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate in a low income Medical Assistance Program. Families applied and received free or reduced
The Summer Food Service Program	The Summer Food Service	Ph:866-348-6479	The Summer Food Service Program (SFSP) is a federally-funded, state-

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United Way Community Assistance Network (CAN) (Rev.11/09/22)	1323 Jamestown Rd Suite 101, Williamsburg, VA 23185	Ph:757- 229-2222 Website:https://www.uwvp.org/help	Conducts self-sufficiency screening to determine needs so that they can connect clients to resources that can have a longer-term impact on their social, financial and educational wellbeing. United way refer clients to agencies and faith partners to provide health services, emergency utility
FORMULA/NUTRITION			
Peninsula Health District- WIC Program at Poquoson	Poquoson WIC Program- <i>*Must Go to Williamsburg/James</i>	Ph:757- 253-4813 Fax :757- 253-4285	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include
Peninsula Health District- WIC	Poquoson WIC Program-	Ph:757- 253-4813	The program provides nutrition education, breast feeding promotion and
HOME CARE			
Affinity Care of Virginia (Rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Chesapeake, Gloucester County , Hampton , Isle of Wight County , James City County , Mathews County , Newport News , Norfolk , Poquoson , Portsmouth, Suffolk , Surry County , Virginia Beach, Williamsburg and York County
Agape Home Care (Rev.11/29/23)	Agape Home Care 299 McLaws Cir, Williamsburg, VA 23185	Ph:757-229-6115 Fax:757-229-6185 Email: info@agapehomecareva	Agape Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Always There Home Healthcare (Rev.11/29/23)	Always There Home Healthcare 705 Mobjack Pl suite b, Newport News, VA 23606	Ph:757-591-0020 Fax:757-310-6516	Always There Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Allegiance Home Care Services Inc. (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewater	Allegiance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton,
Allegiance Home Care Services Inc.- Nursing Services (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewater homehealthservices.net	Allegiance Home Care Services provides Private duty in-home care and Skilled Nursing.Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton, Williamsburg, They serve Hampton Roads Area. Please call for further
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email:	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	Aveanna Healthcare Company	Ph:757- 461-6310 Fax:757-644-1670 Toll Free: 866-883-1188 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth, Newport News, Norfolk, Suffolk, Surry, Virginia Beach, Williamsburg, Yorktown. In-network insurance providers: Tricare Humana Military, Aetna,

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Services Provided in Poquoson City

Care Advantage Home Health (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free:1-866-576-7931 Fax: 757- 595-9677 E-mail: careadvantage@caread	Care Advantage offices specialize in providing personal care, companionship and respite services. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage
Care Advantage Home Health-Nursing Services (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free:1-866-576-7931	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to
Caregivers in-Home Care	Caregivers in-Home Care 243	Ph:757-345-0393	Caregivers in-Home Care provides personal care services and respite for
Foundations for Change	Foundations for Change 706	Contact: Jennifer Foster	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide.
Grace Hospice (Rev.03/13/25)	Grace Hospice 7447 Central Business Park Drive, Suite 102	Ph: 757- 644-0180 Fax: 877- 832-1084 Email:	The goal of Grace hospice care is for the patient to remain as comfortable and pain-free as possible in their own home or the home of a loved one through the end of life. Care is provided by our team of physicians, nurses,
Harbor Light Hospice of Virginia (Rev.03/14/25)	Harbor Light Hospice of Virginia 1064 Loftis Boulevard, Suite C-2, Newport News, VA, 23606	Ph: 757- 594-0288 Toll Free: 800- 409-9094 Fax: 757- 594-0388	Hospice Community Care of Virginia, Harbor Light Hospice, provides hospice care. Staff is committed to providing quality patient-centered end of life care with dignity and respect. Harbor Light Hospice is a philosophy of care, that assists patients, family, and friends, during the final stages of a
Heartland Hospice Care (Rev.03/14/25)	Heartland Hospice Care 41 Old Oyster Point Road , Suite D, Newport News, VA, 23602	Ph: 757- 594-8215 Toll Free: 800- 375-2488 Fax: 757- 594-8530	Heartland Hospice Care provides hospice services, specializing in symptom and pain management for individuals who have a life limiting illness. The hospice team works with the patient and his/her family to provide a
Intrepid USA Healthcare Services	Intrepid USA Healthcare Services,	Ph: 757- 499-0872	Intrepid Hospice provides services that include: Professional Staff on call 24
Key Elements Care, LLC	20 Research Drive, Suite 600	Ph: 757-755-3289	Key Elements Care, LLC provides personal care services and respite.
Simply Yours	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and
Total Business and Personal	Total Business and Personal	Contact: Tenecia Brown-	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and
Warwick Forest Palliative and	1004 Old Denbigh Boulevard,	Ph: 757- 875-2200	Palliative and Hospice care are offered at The Gardens at Warwick Forest,
HOUSING ASSISTANCE/HOUSING SERVICES			
Guest House Re-Entry Program	113 Palace Ln	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for
House of Refuge-Men's Shelter	3700 Huntington Avenue,	Ph:757-380-6909	House of Refuge is a short term homeless shelter for men 18 and older.
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children	Hampton Roads	Hampton Roads	Care Connection for Children is a statewide network of centers of
DisabilityNavigator	DisabilityNavigator	Ph:804- 525-7728	DisabilityNavigator is a non-profit organization that provides free
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.res	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia	211 Virginia	Dial: 211	2-1-1 VIRGINIA provides information and referral for the following basic
Victim Connect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846) Website:https://victimco	Victim Connect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			

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LEGAL RESOURCES			
Adult Protective Services (APS)	301 Goodwin Neck Road	Poquoson/York	APS investigates reports of abuse, neglect, and exploitation of adults 60
Child Protective Services (CPS)	301 Goodwin Neck Road	Poquoson/York	The goal of Child Protective Services (CPS) is to identify, assess and
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247- 1070 Contact: Sheila Marble Email:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of
Division of Child Support	Division of Child Support	Ph:800-468-8894	Division of Child Support Enforcement partners with federal, state, tribal
Peninsula Legal Aid Center - Williamsburg Annex (Rev.10/28/20)	Peninsula Legal Aid Center Williamsburg Annex 199 Armistead Ave	Ph: 757-220-6837 / TT Toll Free:1-888-868- 1072 (866- LEGL-AID).	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic	Contact: Carmen Williams Ph: 804- 377-0335(Ext 2119)	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from
Transitions Family Violence Services- Legal Advocacy	Transitions Family Violence Services -Legal Advocacy	Legal Advocacy Services	Transitions Family Violence Services offers legal advocacy services to help victims understand their legal rights and civil and criminal remedies to
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlr s.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self harm,etc. They welcome the call of any transgender person in need and will connect them with services that can help them meet that need
LGBTQ Partner Abuse & Sexual	LGBTQ Partner Abuse & Sexual	866-356-6998	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond
Transgender Assistance Program of Virginia (TAPVA)-temporary	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional
MEDICAL CARE			
Lackey Virtual Care-Free Clinic - Medical Care	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/la	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an
Peninsula Health Department	Peninsula Department of Health *Must Go to the Newport News	Ph:757-594-7305 Fax:757-594-7714	Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis

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Peninsula Health Department (03/31/24)	Peninsula Department of Health 36-A J Clyde Morris Blvd.	Ph:757-594-7300 Fax:757-594-7714	Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis
MEDICATION ASSISTANCE			
Poquoson Pharmacy (Compounding)	498 Wythe Creek Road Poquoson, VA 23662	Ph: 757- 868-7112	Poquoson Pharmacy is a Compounding pharmacy. They provide home delivery. Please call for further information.
MENTAL HEALTH			
Adult and Child REACH-(Regional Educational Assessment Crisis	Colonial Behavioral Health-CSB 1657 Merrimac Trail	Emergency Services: 757-220-3200	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and
Catholic Charities of Hampton Roads	Catholic Charities of Eastern Virginia *Must Go to the Newport News office: 12829 Jefferson Ave,Suite 101 Newport News, VA 23602	Ph: 757-875-0060	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling, family counseling, clinical counseling
Colonial Behavioral Health -CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail	Ph:757-220-3200 24-hour Behavioral Health	Colonial Behavioral Health has opened a behavioral crisis center at Riverside Doctors' Hospital in Williamsburg. The community services board
Colonial Behavioral Health-Prevention Services	York-Poquoson Office 3804 George Washington Hwy	Contact: Courtney Dowell CHES	Colonial Behavioral Health-Prevention Services offer individuals and families a variety of prevention services, which are specifically designed to
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from
Family Preservation Services (FPS) (Rev.01/08/21)	FPS Peninsula Office 739 Thimble Shoals Blvd. Suite 706	Statewide Referral Line: Ph:540-222-0406	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and
GAP-Governor's Access Plan	GAP-Governor's Access Plan Colonial Community Services	Magellan care manager Ph:800-424-	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services,
Maternal Health Mental Hotline (U.S. Health and Human Services	Maternal Health Mental Hotline	Phone or Text : 1-833-9-	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have counselors available to provide mental health support. The Maternal
NAMI Connection	NAMI Connection St. Stephen Lutheran Church 612 Jamestown Road Williamsburg 23105	Contact: Mike Oehmann Facilitator Ph:757-330-9535	NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding.
NAMI Family Support Group	NAMI Family Support Group St Steven's Lutheran Church 612 Jamestown Rd	Contact: Linda Roush Facilitator/Coordinator	NAMI Family Support Group is a free, confidential and safe group of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group wisdom. Meets
NAMI Family-to-Family	NAMI Family-to-Family St. Stephen Lutheran Church Williamsburg 23185	Contact: Marcia Partch Ph:757- 564-8564 Email:marciapartch@aol.com HelpLine 800-950-6264	NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Class will meet Thursdays from 6:30pm-9:00pm.Please call for further information.

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NAMI Virginia's Statewide Hpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line Ph:757-489 2427 Website: thechasfoundation.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental
Transitions Family Violence Services- Counseling Services	Transitions Family Violence Services- Counseling Services	Ph:757- 728-2638 A M A C Program	Transitions Family Violence Services offers counseling services to women and children who may have experienced or witnessed domestic violence
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org Website:https://vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities- Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.service.s@cccovfa.org Website:	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F,	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			

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FirstSpark (Rev.11/25/24)	FirstSpark Logo 11832 Canon Blvd., Suite F Newport News, VA 23606	Ph:757- 240-2731 Website:https://www.firstsparkva.org	FirstSpark is a nonprofit organization that provides education and resources to early childhood educators, along with connecting parents of young children with important information and resources. They serve Virginia's Greater Peninsula and Northern Neck that works alongside parents and educators by providing training, support programs and resources to ensure
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartner	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice and support
The Childhelp National Child Abuse Hotline	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with
The Planning Council	The Planning Council 5365 Robin Hood Rd #700	Contact : Elisabeth Ph:757-622-9268 ext.	The planning Council offers center information referral and screening for home visiting programs for new expectant and current parents. Please call
UbiCare- Parenting and Expectant Families-DoD Military Health System	UbiCare- Parenting and Expectant Families-DoD Military Health	Ph: 617-524-8861 Website:https://info.ubic	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient
RECREATION			
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical School EV Williams Hall 855 W. Brambleton Ave Norfolk, VA 23510	Contact: Tierra Langley Program Coordinator/Research Assistant Ph:757- 446-5708 Fax:757- 446-8408 Email:Langlet@evms.edu	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong and sure to be a great time in the classroom or at home.Please call or email for further information.
Peninsula Metropolitan YMCA -Day Camp Program	Peninsula Metropolitan YMCA - Day Camp Program	Ph: 757- 223-7925 Fax: 757- 223-7926 E-	YMCA Day Camp is a traditional camp experience that develops spirit, mind and body. A fun daily schedule provides hours filled with excitement and

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Services Provided in **Poquoson City**

Poquoson Parks, Recreation & Events	Poquoson Parks, Recreation & Events 830 Poquoson Ave Poquoson, VA 23662	Ph:757-868-3580 Fax 757-868-3585 Email: parks@poquoson-va.gov	City of Poquoson Parks, Recreation & Events mission is to provide leisure programs and facilities to enhance and enrich the quality of life for the citizens of Poquoson. Please call for further information.
RESPITE			
Catholic Charities - In-Home Respite Care (Rev.4/23/19)	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366	Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while you are away. Respite services DO NOT
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website:https://vacsb.org OR http://vacsb.org/community-services-boards-and-the-behavioral-authority-csbs	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship, and Vocational Services. Insurance: They currently accept private
SAFETY			

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Hampton Health Department Child Safety Seat Program (Rev.06/11/24)	Hampton Health Department 3130 Victoria Boulevard Hampton, VA 23661-1544	Ph:757- 727-1172, ext. 21715 Toll Free:1-800-732-8333 Website:www.vdhweb/ihd/Hampton/index	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat. Eligibility: Live
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website:https://poisonh	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually
Project Lifesaver Poquoson	Project Lifesaver Poquoson Poquoson Police Department 774 Poquoson Avenue Poquoson, VA 23662-0000	Ph:757-868-3501 OR Project Lifesaver York-Poquoson Ph:757-888-2690	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides
Smoke Detector Program (Rev.4/3/19)	Poquoson Fire & Rescue	Ph:757- 757-868-3510 Website: https://www.ci.poquoson.va.us/177/Fire-Rescue	Please contact Poquoson Fire & Rescue to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
Colonial Behavioral Health-Substance Use Disorder Services for Pregnant and Parenting Women	3804 George Washington Hwy Yorktown, VA 23692	Intake:757-220-3200 Ph: 757-898-7926 Fax: 757-898-4505 Please call to complete a brief telephone screening with staff: :Adults ages 18 and older in Poquoson Ph: 757-898-7926 Children and adolescents under age 18 in Poquoson : Ph:757-253-4047 24-hour Behavioral Health Crisis: 757-220-3200 Website:www.ColonialBehavioralHealth.org	Colonial Behavioral Health-Substance Use Disorder Services for Pregnant and Parenting Women provides services to pregnant women, they are given preference in admission to treatment and are seen within 48 hours of their request to reduce health risks to her and her unborn child. Treatment choices include: Outpatient Women's substance Use Disorder (SUD) Counseling Groups, Counseling for relationships, sexual and physical abuse, and parenting issues, Intensive Outpatient Program, Referral to inpatient treatment, through South-Eastern Family Project. Case Management Services: Helping establish eligibility for public assistance programs, Assisting in arranging transportation for services, Linking to child care providers during services, Arranging for primary medical care, including prenatal care and Linking to inpatient services. Services available in Spanish. Please call for further information.

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GAP-Governor's Access Plan	GAP-Governor's Access Plan Colonial Community Services Board 1657 Merrimac Trail Williamsburg, VA 23185	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:757-220-3200	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant; No health insurance, including Medicaid, Children's Health Insurance Program (CHIP/FAMIS), Medicare, or Tricare; Resident of Virginia; Household income that is below 100% of the Federal Poverty Level (FPL) (about \$11,670 per year for a single adult);Not residing in a long term care facility, mental health facility, or penal institution; and Screened and meet the criteria for GAP Serious Mental Illness. You must contact your local community services board or the nearest federally qualified health center to have a GAP SMI screening done or call Magellan care manager.
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website:www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.

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Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a service within our Co-Occurring Disorders program, for males and females. The program consists of the following services: screening given to all new admissions, Weekly Substance Abuse, Education and Prevention groups Intensive substance abuse group therapies, Group, Individual and Family Therapies, Weekly 12-step groups (AA/NA),Family Support Groups, Seeking Safety Groups, Assessment and Diagnostic Services, Expressive Therapies,GED Preparatory Training, Transitional planning for referrals to community resources upon discharge, Individualized Multidisciplinary Treatment Planning, Gender-specific programming,24-hour Nursing Care, Art, Music, Pet, Recreation Therapies, Life Skills Training, Refusal Skills Training and Licensed and Accredited Educational Services. Coverage Areas: Chesapeake, Gloucester, Hampton, Isle Of Wight, James City County, Mathews, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, Williamsburg, and York County. Cost: Reduced Cost. Ages:11 to 18 years old. Please call for further information.
Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism - Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Bacon Street -Poquoson Parenting Support Group (Rev.6/6/18)	Fountains of Poquoson Conference Center	Ph:757-253-0111 Website: baconstreet.org/parenting	Bacon Street -Poquoson Parenting Support Group is a free and open to the public support group. Times: Wednesdays 6pm-7pm. Please call for further information.
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group-	Lung Cancer Support Group-	Contact: Connie Bush,	This Lung Cancer Support Group meets via teleconference on the second

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Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost: currently \$19.
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com and Ashley Carolino Email: Ashley.Carolin@gmail.com Website: http://www.facebook.com/groups/supportformyheart/	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Lighthouse Guild Teleconference Group for Families of Children with Transitions Family Violence Services-Women's Support Group	Virginia Department for the Blind & Vision Impaired Transitions Family Violence Services -Women's Support Group P.O Box 561	Contact: Judith Millman, Facilitator Contact: Ph:757-728-2639 HOTLINE: 757-723-7774 Ph:757- 722-2261	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for Transitions Family Violence Services offers a support group for victims of domestic violence; participants share their experiences of being in an abusive relationship and they find true compassion, real understanding, no judgments, and the comforting knowledge that they are not alone in this
THERAPEUTIC FOSTER CARE			

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THERAPIES			
TRANSPORTATION			
Catholic Charities Of Eastern Virginia: Community Assistance And Resources For Seniors (CARES) (Rev.10/8/18)	12829 Jefferson Ave Suite 101 Newport News, VA 23608	Ph:757- 875-0060 Fax:757- 877-7883 Website:http://www.ccev a.org	Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit or weekly phone call. Catholic Charities of Eastern Virginia may also be able to match volunteers with ~~seniors in need of yard work or minor home repairs~~ ~~Hours: Monday-Friday~~
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.

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ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev. 02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website: https://www.my.modivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:822- 272-7416	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877-892-3986-	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima	Sentara Health (Formerly	Sentara Health	Non-Emergency Medical Transportation is the transportation provider for
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central	United Healthcare Community Plan and UnitedHealthcare	Ph:833-215-3884 United Healthcare	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0
Transportation Services – Peninsula Agency on Aging (Rev.1/11/19)	Transportation Services – Peninsula Agency on Aging	Ph:757- 873-0541.	Peninsula Agency on Aging's transportation program is innovative and utilizes wheel chair accessible vans as well as community volunteers to transport senior citizens, aged 60 and older, to non-emergency medical appointments. The program is available to non-driving seniors who have no access to public transportation, cannot afford private transportation or are
VISION/SIGHT			
Lions Club International-Sight Programs (Rev.11/15/22)	Lions Club International-Sight and Hearing Aids Programs	*Poquoson Lion's Club Contact: Jeff Mongo Ph: 757-868-7043 Email: jeffmango@poquosonlions.com Website: http://poquosonlions.co	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
WAIVER CONTACTS			

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CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Peninsula Health District 416 J. Clyde Morris Blvd Newport News VA 23601	Call to request Screening: Ph:757- 594-7305 Fax: 757- 594-7714	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer-Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Colonial Behavioral Health 1657 Merrimac Trail Williamsburg, VA23185	Main: 757- 220-3200 Liz Erfe-Howard, Email: eerfe- howard@colonialbh.org Juan Verz, Email: jvera@colonialbh.org Website:http://www.colonialbehavioralhealth.org Main Website:https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.

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Building Independence (BI) Waiver	BI Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).
Community Living (CL) Waiver	CL Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757 253-4061 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Family and Individual Support (FIS) Waiver	FIS Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE
ADVOCACY		
Adult Protective Services (APS) (Rev.08/24/23)	1701 High St., Suite 101, Portsmouth, VA 23704	Portsmouth/York Department of Social Services Ph:757- 405-1800
CASA -Child Advocacy Program	CASA -Child Advocacy Program Portsmouth CASA Program 2220 High Street	Melvina Sneed, Program Coordinator
Child Protective Services (CPS) (Rev,08/24/23)	1701 High St., Suite 101, Portsmouth, VA 23704	Portsmouth/York Department of Social Services Ph:757- 405-1800 Fax: 757- 405-2954
Friends of the Portsmouth Juvenile Court	Friends of the Portsmouth Juvenile Court Community Services	Ph:757- 397-2799 Fax:757- 397-2994 Website: www.fopjc.org
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com
Urban League of Hampton Roads, Inc., Portsmouth	Urban League of Hampton Roads, Inc., Portsmouth 2525 High Street	Ph:757- 627-0864 Website:www.ulhr.org
ASSISTIVE TECHNOLOGY		
Assistive Technology-Clare Medical Portsmouth	Assistive Technology-Clare Medical Portsmouth A program of Clare Medical 2220 High Street	Ph:757-397-4560 Fax:757-397-0277 Web site www.claremedical.com
BREASTFEEDING RESOURCES		
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama
Portsmouth Health Department-WIC Program-Lactation/Breastfeeding Classes (Rev.12/03/19)	Portsmouth Health Department-WIC Program- Lactation/Breastfeeding Classes	Ph:757-393-5340 Toll free: 888-942-366 Email: wicinfo@vdh.virginia.org
Report a Breastfeeding Incident-CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH-	Contact: Tierra Langley Ph:757-446-5708 OR

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BURIAL ASSISTANCE		
Burial Expenses Assistance-Portsmouth Department of Human Services (Rev.10/22/20)	Portsmouth Department of Social Services 1701 High St., Suite 101 Portsmouth, VA 23704	Ph:757- 405-1800 Fax:757- 405-1874 Website: http://www.ci.portsmouth.va.u...
CHILD CARE		
After School Recreation - Portsmouth, Portsmouth Department of Parks, Before & After School Program - Portsmouth, Girls Incorporated of Before & After School Program - Portsmouth, YMCA of Portsmouth Before and After School Program-"6 to 6"	After School Recreation - Portsmouth, Portsmouth Before & After School Program - Portsmouth, Girls A program of YMCA of Portsmouth "6 to 6" Before and After School Program	Program Type Child Day Care, Recreation Fax:757-465-4071 Intake:757-465-3896 Ph:757-483-9622 Website Contact: Barbara Hill Ph:757- 393-8481 Ext. 4127
Child Care Aware® of Eastern Virginia (Rev.03/06/23) Children's Harbor	Child Care Aware® of Eastern Virginia Children's Harbor, Portsmouth VA	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC 757-397-2980
Ida Barbour Early Learning Center	Ida Barbour Early Learning Center , Portsmouth VA	757-399-5402
STOP Inc.-Childcare Financial Assistance - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org
The Kids KAFE	The Kids KAFE Portsmouth	757-393-8481 Ext 4116
Thomas B. Hargrave Educational Center	Thomas B. Hargrave	Ph:757- 485-9499
Wesley Community Service Center, Inc.	Wesley Community Service Center, Inc.	Ph:757- 399-0541 Fax:757- 399-0054
DENTAL CARE		
Chesapeake Care Free Clinic-Dental Services (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org
Donated Dental Services (DDS)-Dental	Access Partnership	To request an application:
Donated Orthodontics Program -American	AAO, Attn: Donated	Attn: Donated Orthodontic
Edenfield and Associates	6263 Portsmouth Blvd.,	Ph:757- 488-1285
Friendly Faces Pediatric Dentistry (A division of Hampton Roads Pediatric Dentistry) (Rev. 6/4/18)	446 Effingham Street, Portsmouth, VA 23704	Ph:757- 397-9801 Website: www.hrpediatricdentistry.com

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Hampton Roads Community Health Center- Portsmouth-Healthy Smiles Dental Center	Portsmouth Community Health Center Healthy Smiles Dental	Ph: 757- 399-4588 Fax: 757- 399-5076 main Number: Ph:
Hampton Roads Community Health Center Healthy Smiles Mobile Dental Program	Hampton Roads Community Health Center Healthy Smiles Mobile	Ph: 757- 399-4588 Fax: 757- 399-5076 Main Number: Ph:
Hampton Roads Pediatric Dentistry (Rev.09/30/23)	446 Effingham St Portsmouth, VA 23704	Ph:757- 224-3006 Website:www.hrpediatricdentist group.com
Mobile Dental Clinic- in Portsmouth- Hampton Roads Community Health (Rev.06/13/23)	Mobile Dental Clinic- in Portsmouth-Hampton Roads Community Health	Ph:757-393-6363 Website:https://www.hrhc.org
Spencer Dental-Kids First Family Dentistry (Formerly Kool Smiles) (Rev.12/21/20)	4072 Victory Blvd, Portsmouth, VA 23701	Ph:434-201-4464 Email:contactspencer@spencer dentalgroup.com Website:https://www.spencerde
Tiny Teeth Dentistry (Rev. 6/4/18)	Teeth dentistry 3413 South Street	Ph:757- 398-1234 Cell: 917-439-6714
Weis Pediatric Dentistry (Rev. 6/4/18)	5915 High Street West, Portsmouth, VA 23703	Ph:757- 484-8262 Website: http://www.weispediatricdentistr
DEVELOPMENTAL DISABILITIES		
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater	Ph:757-461-4474 Email: E:
DISEASE SPECIFIC GROUPS		
Arthritis	Portsmouth Community Health Center	Ph: 757-393-6363
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star
Lions Club International-Sight Programs	Lions Club International- Sight and Hearing Aids Programs	Contact: Sherry Downen 757-966-2430 Website: www.lionsclubs.org
DME		
Access Partnership (Rev.10/19/20)	Access Partnership	Ph: 757-502--7400 Ext 5 Fax: 757- 399-6100
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033
Ai Squared	Ai Squared	Ph:802-362-3612
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757- 926- 0260
Aggio Medical	901 Port Centre Pkwy, Suite B Portsmouth, VA 23704	Ph: 757- 392-3670 Fax: 757- 966-1007

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American Printing House for the Blind Inc.	American Printing House for	Ph:800-223-1839
Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph:757- 852-3929
Bon Secours Health Hub -Greater Hampton Roads Diaper Bank (Rev.09/24/24)	4700 George Washington Hwy. Portsmouth, VA 23702	Ph: 757- 738-1191 Website::http://ghrdiaperbank.org
Care for Me Youth -Greater Hampton Roads Diaper Bank (Rev.09/24/24)	661 Lincoln St. Portsmouth, VA 23704	Ph: 912-996-8821 Website::http://ghrdiaperbank.org
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Email: cher@ghrdiaperbank.org
Crossroads United Methodist Church - Greater Hampton Roads Diaper Bank (Rev.09/24/24)	1800 Rodman Ave. Portsmouth, VA 23707	Ph: 757-397-7815 Website::http://ghrdiaperbank.org
First Choice in Home Care, INC (Rev.10/22/19)	1501 Crossways Blvd Suite A-C Chesapeake, VA 23320	Ph: 757- 496-2939 Fax: 757- 496-0604
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell Home Care Delivered (Rev.10/22/19)	FREE Foundation of South Hampton Roads Chapter Home Care Delivered	Ph: 757-771-6183 Fax: 757- 447-6333 E- Ph: 800- 565-6167 Fax: 888- 565-4411
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website:http://www.lincare.com
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services 4013 Seaboard Ct,	Ph:757-424-4822/757- 488-2638
Hanger Prosthetics & Orthotics, Inc. (Rev.10/22/19)	Hanger Prosthetics & Orthotics, Inc. 5809 W Norfolk Rd, Portsmouth, VA 23703	Ph:757- 925-4844 Toll free: 877-442-6437 Website: http://www.hanger.com
Hope Charitable Services-Greater Hampton Roads Diaper Bank	Hope Charitable Services-Greater Hampton Roads Diaper Bank P O Box 7816 Portsmouth, VA 23707	Ph: 757- 472-8934

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Hope 4 Life-Greater Hampton Roads Diaper Bank (01/30/23)	Hope 4 Life	Ph:757-334-6149 Email:ourhope4life@gmail.com Website:. http://ghrdiaperbank.org
Mobility Products and Services, Inc.	Mobility Products and Services, Inc. 3564 Western Branch Blvd Portsmouth, VA 23707	Website: www.ghrdiaperbank.org
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 Website:
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965
Pediatric Specialist (Rev.10/22/19)	Pediatric Specialist	Ph:757- 436-2337 Fax:757- 436-2384 Toll Free:866- 271-4508
Roberts Home Medical	Roberts Home Medical 34	Ph: 757- 599-9080
Tycon Medical	Tycon Medical	Ph:757- 640-1709 Toll
DOMESTIC VIOLENCE		
Certified Batterer Intervention Program-	Certified Batterer	Contact: Dennis L. Derbaum
LGBTQ Partner Abuse & Sexual Assault	LGBTQ Partner Abuse &	866-356-6998
loveisrespect (Rev.	loveisrespect	Ph: 866-331-9474
Love and Caring Ministries -Women's	Chesapeake, VA 23323	Ph:757-430-4101
National Sexual Assault Hotline (4/5/18)	National Sexual Assault	Hotline:800-656-HOPE
The HER Shelter -(Help & Emergency Response Inc.) (Rev. 3/31/24)	HER Shelter P.O. Box 2187 Portsmouth, VA 23702	Ph:757- 485-1445 Portsmouth Shelter Offices Ph:757-485-1073 Fax:757- 485-0883

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Portsmouth City

The HER Shelter for Teens-(Help & Emergency Response Inc.) (Rev. 3/31/24)	Teen Dating Violence Project/ The HER Shelter Portsmouth, VA	Ph:757-485-1445 Portsmouth Shelter Offices Ph:757-485-1073 Fax:757-485-0882
The National Domestic Violence Hotline	The National Domestic	Ph:800-799 SAFE
The PARC Shelter	Portsmouth	Ph:757-393-7848
The Project for the Empowerment of Survivors (PES)-Legal Services -Virginia	The Project for the Empowerment of Survivors	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119)
EARLY INTERVENTION		
Infant Stimulation Programs-Portsmouth (Rev.12/08/20)	Portsmouth Early Intervention Program	Children's Therapy Concepts (CTC)
EDUCATION		
ABCs of Kindergarten Readiness	Bon Secours Maryview	Contact: Avis Gates
Adult & Alternative Educational Services	Adult & Alternative Educational Services 2801 Turnpike Road	Contact: Stephen H. Clarke Ph:757- 393-8822 Fax:757- 393-5246
Department of Special Education	Ellen Giardano, Director	Ph:757-393-8792
Girls, Inc.	Girls, Inc.	Ph:757- 465-3896
Head Start program	Registration:	Hampton Roads Community
Keystone Education Services-Special	Keystone Education	Ph:757-802-7120 Fax:
Portsmouth City Public Schools	Portsmouth Public Schools	Ph: 757-393-8471
Portsmouth City Public Schools	Portsmouth City Public	Ph:757- 393-8611
Portsmouth City Public Schools	Portsmouth City Public	Ph:757- 393-5128
Portsmouth City Public Schools Even	Portsmouth Public Schools	Contact: Francis J. Gill
Portsmouth /DAC Center	Portsmouth /DAC Center	Ph: 757-393-879 Fax:
Portsmouth Homeless Education	Angela Greene	Phone: 757-235-7363
Portsmouth Reads	Portsmouth Reads	Ph:757-393-9385
Regional Special Education Program-	Portsmouth Regional	School Ph: 757-288-0070
Southeastern Cooperation Educational	Southeastern Cooperation	Ph:757-399-4306 Fax:757-
STOP Inc.-Technology Bus Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org
STOP Inc.-Workforce Preparation and Development / Entrepreneurial Pathway (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.org
STOP Inc.-Youth Development Initiatives (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org

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Services Provided in **Portsmouth City**

Tidewater Community College Portsmouth Campus	Tidewater Community College ~~Portsmouth Campus~~	Ph:757- 822-2124 Fax:757- 483-5153
Tidewater Literacy Council, Inc.	Tidewater Literacy Council,	Ph:757- 393-6459
Virginia Adult and Literacy Services-	Virginia Adult and Literacy	Ph: 757-393-8822
Virginia Cooperative Extension Service,	Virginia Cooperative	Ph:757- 393-5197
EMERGENCY PREPAREDNESS		
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.sa	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army 2306 Airline Blvd.,	Main 757.393.2519 Website:www.usssalvationarmy
Virginia Department of Emergency Management	Bureau of Emergency Services	Contact: Don Horton Office: 757-393-8765
EMPLOYMENT		
Atlantic Vocational Services, Inc. (Rev.9/17/18)	355 Crawford Street Suite 604	Ph: 757-399-0900 Fax: 757-399-8043
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gm
Empowerment 2010	Empowerment 2010 2011 Queen Street	Ph:757 314-4262 Fax:757- 314-1690
Portsmouth Dept. of Behavioral Healthcare Services	600 Dinwiddie Street Suite 200	Ph:757- 393-5357 Fax;757- 393-5226
STOP Inc. - Employment Supportive Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc entral.com
STOP Inc. - Employment Training- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc entral.com
STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc entral.com
STOP Inc. -Klean Slate Enterprises- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc entral.com

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Services Provided in Portsmouth City

STOP Inc.-Workforce Preparation and Development / Entrepreneurial Pathway (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iesc entral.com
Urban League of Hampton Roads, Inc., Portsmouth	Urban League of Hampton Roads, Inc., Portsmouth 3525 High Street	Ph:757- 627-0864 Website:www.ulhr.org
Virginia Employment Commission-	Portsmouth VEC	Ph: 757-396-6865 OR 757-
Virginia Dept. of Rehabilitative Services, Portsmouth (Rev.9/17/18)	VA. Dept. of Rehabilitative Services, Portsmouth	Contact: Matt Olson
Virginia Employment Commission Migrant and Seasonal Farm workers Services	Portsmouth VEC 824 George Washington Hwy Portsmouth, VA 23702	Ph: 757-396-6865 Fax: 757-396-6939
FINANCIAL ASSISTANCE		
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must	Website:https://www.affordable connectivity.gov/how-to-apply
Assistance with diapers Portsmouth Dept. of Social Services	Portsmouth Dept. of Social Services 1701 High Street	Ph: 757-405-1800
Bethel Worship Center (Rev.09/28/23)	3697 Pepperwood Ct, Portsmouth, VA 23703	Ph: 757- 483-9697 Website:https://foodbankonline. org/
Bon Secours Maryview Medical Center-Indigent Care and Uninsured Program	Bon Secours Maryview Medical Center-Indigent Care and Uninsured	Ph:757-398-2449
Bon Secours Health Hub -Greater Hampton Roads Diaper Bank (Rev.09/24/24)	4700 George Washington Hwy. Portsmouth, VA 23702	Ph: 757- 738-1191 Website::http://ghrdiaperbank.o rg
Broad Street United Methodist Church	300 Broad St Portsmouth, VA 23707	Ph:757-397-6314
Calvary Baptist Church	2117 London Blvd Portsmouth, VA 23704	Ph:757- 399-1050
Care for Me Youth -Greater Hampton Roads Diaper Bank (Rev.09/24/24)	661 Lincoln St. Portsmouth, VA 23704	Ph: 912-996-8821 Website::http://ghrdiaperbank.o rg
Christian Restoration Outreach Temple	1238 Highland Ave, Portsmouth, VA 23701	Ph:757- 966-1772
Connect2Compete-affordable internet access	Connect2Compete- affordable internet access	855-222-3252 or visit Website:Connect2Compete.org
Cooling Assistance Program -Virginia LIHEAP-Portsmouth Department of Social	Cooling Assistance Program -Virginia LIHEAP-	Ph:757- 405-1800 Fax:757- 405-1874

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Cover Virginia-Virginia-Based Assisters (Rev.1/21/19)	1.Hampton Roads Community Health Center	1.Hampton Roads Community Health Center Ph:757-393-
Cradock-Mobile Pantry	39 Afton Parkway, Portsmouth, VA 23702	Ph:757-391-3264
Crisis Assistance Program - Virginia LIHEAP-Portsmouth Department of Social Crossroads United Methodist Church - Greater Hampton Roads Diaper Bank (Rev.09/24/24)	Crisis Assistance Program - -Virginia LIHEAP- 1800 Rodman Ave. Portsmouth, VA 23707	Ph:757- 405-1800 Fax:757- 405-1874 Ph: 757-397-7815 Website::http://ghrdiaperbank.o rg
Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	PortCentre Commerce Park 601 Port Centre Parkway Portsmouth, VA 23704	Ph:757- 396-6590 Main 757- 925-2302 Toll Free: 800- 468-8894 Email:
Energy Share Agencies-Portsmouth	Portsmouth Salvation Army	Portsmouth Salvation Army Ph: 757-393-2519
Enroll Virginia at Portsmouth Community Health Center (Rev.02/17/25)	Portsmouth Community Health Center	Portsmouth Community Health Center
Emmanuel AME Church	637 North St Portsmouth, VA 23704	Ph:757- 393-2259
Emmanuel True Holiness (Rev.09/26/23)	2503 Deep Creek Blvd, Portsmouth 23704	Ph:757-831-2630 Website:https://foodbankonline.
Every Woman's Life-EVMS (Rev.5/8/19)	P.O. Box 1980 Norfolk, VA 23501-1980	Ph:757-446-5600
1st Pentecostal Church of Christ Holiness	2417 Oak Street, Portsmouth, VA 23704	Ph:757- 399-1978
Greater Grace Church (Rev.09/27/23)	3709 Elliott Ave, Portsmouth, VA 23701	Ph:240-507-8387 Website: https://foodbankonline.org/
Heating Assistance Program - Virginia LIHEAP-Portsmouth Department of Social	Fuel Assistance Program- Portsmouth Department of	Ph:757- 405-1800 Fax:757- 405-1874
Holy Trinity Outreach Center-Greater Hampton Roads Diaper Bank (Rev.8/21/19)	2615 Nashville Ave Portsmouth, VA 23704	Ph:757-303-9037 Website:http://ghrdiaperbank.or g

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Services Provided in **Portsmouth City**

Hope 4 Life-Greater Hampton Roads Diaper Bank (01/30/23)	Hope 4 Life	Ph:757-334-6149 Email:ourhope4life@gmail.com Website:. http://ghrdiaperbank.o
Kids Cafe	Kids Cafe Ansell Gardens Community	Ansell Gardens Community Center Ph: 757- 673-7513
Kingdom Connections Worship Center Food Pantry (Rev.09/27/23)	5021 George Washington Hwy, Portsmouth, VA 23702	Ph:757- 514-9967 Website: https://foodbankonline.org
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/l
Marketplace Navigator	Marketplace Navigator	Contact: Simone McKinney Ph:757-627-3362
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings- Aetna Better Health of Virginia	Ph:855-652-8249, Website: www.aetnabetterhealth.com/Virginia
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings- Anthem HealthKeepers Plus	Ph:855-323-4687, Website: www.anthem.com/vam
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings- Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings- Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website: www.uhccommunitypla
Meals on Wheels	Meals on Wheels- 4201 Greenwood Drive	Ph:757- 673-5000
Medicaid	Portsmouth Department of Social Services	Ph:757- 405-1800 Fax:757- 405-1874
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM)
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website: www.virginiamedicaid.dmas.virginia.gov/wps/portal/Se
Mercy Drops Dream Center (Rev.09/27/23)	504 McLean Street Portsmouth, VA 23701	Ph:757-967-7599 Website: https://foodbankonline.org
Miracle of Faith Baptist Church-Mobile Pantry	30 Claremont Drive, Portsmouth, VA 23702	Miracle of Faith Baptist Church- Mobile Pantry

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Mt. Sinai Family Life Christian Center (Rev.09/27/23)	1200 Potomac Ave, Portsmouth 23707	Ph: 757-404-2073 Website:https://foodbankonline.org
Oasis Social Ministry-Financial Assistance (Rev.3/8/18)	Oasis Social Ministry 800 A Williamsburg Ave	Ph:757-397-6060 Fax:757- 397-9377
Oasis Social Ministry- Holiday Baskets (Rev.3/8/18)	Oasis Social Ministry 800 A Williamsburg Ave	Ph:757-397-6060 Fax:757- 397-9377
Oasis Social Ministry-Food Pantry and Soup Kitchen (Rev.3/8/18)	Oasis Social Ministry 800 A Williamsburg Ave Portsmouth VA 23704 Oasis Social Ministry	Ph:757-397-6060 Fax:757- 397-9377 Email: admin@oasisocialministry.org Website:https://foodbankonline.org/
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.healthysavings.com/OptimaHealth
PARC-Portsmouth Area Resources Coalition, Inc. (PARC)	Portsmouth Area Resources Coalition, Inc. (PARC)	Ph:757-393-7848
PARC Place Shelter-Portsmouth Area Resources Coalition, Inc.	PARC Place Shelter P.O. Box 1183	Ph:757- 966-2107
Parkview Elementary School-Mobile Pantry	260 Elm Avenue, Portsmouth, VA 23704	Parkview Elementary School-Mobile Pantry
Port Norfolk Church Outreach-Greater Hampton Roads Diaper Bank (Rev.8/21/19)	355 Mt Vernon Ave Portsmouth, VA	Ph:757-573-1625 Website:https://foodbankonline.org/
Portsmouth Christian Outreach Ministries-Food Pantry	Portsmouth Christian Outreach Ministries	Ph:757- 397-4570 Email:pcom@livenet.net
Portsmouth Christian Outreach Ministries-Shelter	Portsmouth Christian Outreach Ministries	Ph: 757-397-4570 or 757-483-6654
Portsmouth Department of Social Services	Portsmouth Department of Social Services 1701 High St., Suite 101 Portsmouth, VA 23704	Ph:757- 405-1800 Fax:757- 405-1874 Website:http://www.ci.portsmouth.va.us
Portsmouth Rental Assistance Department of Planning	Portsmouth Rent Assistance Department of Planning	Ph:757- 3938836
Sentara Health System/ Hospital/Charity Indigent Care Program (Rev.07/29/20)	Sentara Health System/ Hospital/Charity Indigent Care Program	Ph:757-233-4600 Toll Free:1-877-768-3993 Website:www.sentara.com

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S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distributions Centers New ~~Mt. Olivet Baptist Church~~	Distributions Centers Contact: Joycelyn Bethea Ph:757-831-6544
Social Security Administration (Rev.11/16/20)	3305 Airline Blvd Portsmouth, VA 23701	Ph:866- 593-8851 Main Number:800-772-1213
St Mark Deliverance Center (Rev.09/27/23)	3801 Turnpike Rd, Portsmouth, VA 23701	Ph: 757- 399-9915 Website: https://foodbankonline.org/
STOP Inc. -Finance and Consumer Education (FACE)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iesccentral.com
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasunbucks.com/
The Backpack Program	The Backpack Program Portsmouth Elementary	*Brighton - Ph:757-393-8870
The Salvation Army	The Salvation Army 2306 Airline Boulevard P.O. Box 3098 ~~Portsmouth, VA 23701~~	Ph:757- 393-2519 Fax:757- 397-8258
The Salvation Army-Holiday Assistance - Christmas Assistance Program	The Salvation Army Holiday Assistance - Christmas Assistance Program ~~2306 Airline Boulevard~~	Ph: 757-393-2519 Fax:757-397-8258 Website: ~~http://www.salarmyhr.org~~
The SLEEPTIGHT Hampton Roads Program	The Up Center of Norfolk & Portsmouth	Ph:757- 397-2121 x 311
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877
The Up Center-Legal Custodian Program for Veterans	The Up Center 1805 Airline Blvd Portsmouth, VA 23707	Payee Services and Legal Custodianship Contact: Dian Roberts-
The Up Center-Representative Payee Program	The Up Center 1805 Airline Blvd Portsmouth, VA 23707	Payee Services and Legal Custodianship Contact: Dian Roberts-Supervisor ~~Ph:757- 397-2121 x399~~
The Up Center-Special Needs Trust	The Up Center 1805 Airline Blvd	Contact: Sam Hochberg Vice President, Adult Services
USDA Child & Adult Food Program	USDA Child & Adult Food	Ph:757- 627-3993

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Services Provided in Portsmouth City

Victory Gospel Chapel Church (Rev.09/27/23)	715 Summer Place, Portsmouth, VA 23702	Ph:757- 397-8469 Website:https://foodbankonline.org
Wesley Community Service Center, Inc.	Wesley Community Service Center, Inc. 442 Jamestown Avenue Portsmouth, VA 23704	Ph:757- 399-0541 Fax:757- 399-0054 Email:wesleys@exis.net
West Park Church of Christ (Rev.09/28/23)	926 Cherokee Rd, Portsmouth, VA 23701	Ph:757-488-6680 Website: https://foodbankonline.org/
Westside Christian Church (Rev.09/28/23)	535 Cherokee Rd, Portsmouth, VA 23701	Ph:757-488-0514 Website: https://foodbankonline.org/
FORMULA/NUTRITION		
Portsmouth Health Department-WIC Program	Portsmouth Health Department WIC program	Ph:757-393-5340 Toll free: 888-942-2662 Email:
Portsmouth Health Department-WIC Program-Formula	Portsmouth Health Department-WIC program 1701 High Street Portsmouth VA	Ph:757-393-5340 Toll free: 888-942-366 Email: wicinfo@vdh.virginia.org
HOME CARE		
Affinity Care of Virginia (Rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: Brent.Brady@amedisys.net
ACA Home Health Care LLC (Rev.09/25/19)	3626 Western Branch Blvd Portsmouth, VA 23707	Ph: 757-337-0901
All About You Home Care Services (Rev.7/9/19)	All About You Home Care Services	Ph:757-673-4900
Amazing Grace Home Care Services (Rev.01/13/21)	828 Bold St. Portsmouth, VA 23701	Contact: Larita Spratley Ph:757-202-0647 Fax:757-673-0045 Email:wesleys@exis.net

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Anointed Touch Personal Care (Rev.09/30/19)	3100 London Blvd., Suite 1 Portsmouth, VA 23707	Ph:757-673-0231
Anointed & Blessed Home Healthcare (Rev.01/13/22)	806 Loudoun Avenue Portsmouth, VA 23707	Ph: 757-399-0028 Fax: 757-399-0056
Anytime Home Care (Rev.09/30/19)	3403 C County Street Portsmouth, VA 23707	Ph:757-393-1333
A Special Touch Home Health Care (Rev.09/25/19)	3026 Tyre Neck Road Portsmouth, VA 23703	Ph:757-484-4005
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	Aveanna Healthcare Company	Ph:757- 461-6310 Fax:757-644-1670 Toll Free: 866-883-1188
Blessed Hands Home Health Care (Rev.09/30/19)	2601 Airline Blvd. Portsmouth, VA 23701	Ph:757-673-8878
Care Advantage Home Health (Rev.11/29/23)	1 Guardian Court, Suite 100, Portsmouth, VA 23704	Ph: 757 325-9716 Toll Free:1-866-576-7931 Fax:757- 673-5762 E-mail:
Care Advantage Home Health-Nursing Services (Rev.11/29/23)	1 Guardian Court, Suite 100, Portsmouth, VA 23704	Ph: 757 325-9716 Toll Free:1-866-576-7931 Fax:757- 673-5762 E-mail: careadvantage@careadvantage inc.com Website:https://www.careadvan tageinc.com/in-home
C & R Divine Hands of Care (Rev.7/9/19)	C & R Divine Hands of Care	Contact: Carolyn D. Jordan
Clients First Home Health Inc. (Rev.09/30/19)	355 Crawford Street Suite 506 Portsmouth, VA 23704	Ph: 757-512-5565
Doctor's Choice Home Health Services	2215 High Street	Ph:757-398-0098

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Edmarc Home Health Services (Rev.02/16/23)	516 London Street, Portsmouth, VA 23704	Ph: 757-967-9251 Fax: 757-967-9124 Website: https://edmarc.org
Elkhart Home Health Care (Rev.09/30/19)	2900 Chestnut Street Portsmouth, VA 23704	Ph: 757-966-5923
Endependence Center (Rev.7/10/19)	Endependence Center	Contact: Maureen Hollowell Ph: 757-351-1584 757-461-8007 (main) Fax: 757-455-8223
Essential Family Services (Rev. 9/30/19)	355 Crawford Street, Suite 808 Portsmouth, VA 23704	Ph: 757-396-6399
Faith Home Healthcare (Rev.09/30/19)	355 Crawford Street, Suite 600-E Portsmouth, VA 23704	Ph: 757-582-7005
Faith N Action (Rev.7/10/19)	Faith N Action	Ph: 757-816-4785 OR 757-493-3635
Family Care Senior Solutions - Ports (Rev.09/30/19)	801 Court Street Portsmouth, VA 23704	Ph: 757-673-6981
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Portsmouth, VA 23704	Contact: Jennifer Foster Service Facilitator Ph: 757-666-8866
Freda H. Gordon Hospice and Palliative Care of Tidewater (Rev.03/05/25)	Freda H. Gordon Hospice and Palliative Care of Tidewater Portsmouth, VA 23704	Ph: 757- 321-2242 Fax: 757- 321-2236
Gentiva Hospice (Rev.03/04/25)	Gentiva Hospice 5544 Greenwich Road, #302, Virginia Beach, VA 23464	Ph: 804- 290-4300 Email: Gentiva_CC_Referrals@gentiva.com
Grace Hospice (Rev.03/13/25)	Grace Hospice 7447 Central Business Park Drive, Suite 102 Norfolk, VA, 23513	Ph: 757- 644-0180 Fax: 877- 832-1084 Email: mobrien@ghospice.com
Harbor Light Hospice of Virginia (Rev.03/14/25)	Harbor Light Hospice of Virginia 1064 Loftis Boulevard, Suite	Ph: 757- 594-0288 Toll Free: 800- 409-9094 Fax: 757- 594-0388
Immanuel HealthCare (Rev.7/10/19)	Immanuel HealthCare	Ph: 757-547-8400

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Intrepid USA Healthcare Services (Rev.03/14/25)	Intrepid USA Healthcare Services, Virginia Beach 4510 Holland Office Park, Suite 503, Virginia Beach, VA, 23452	Ph: 757- 499-0872 Fax: 757- 490-0173
JC's Care From Above, LLC (Rev.12/31/23)	607 Lynnhaven Pkwy Suite 111, Virginia Beach, VA 23452	Ph:757-776-5513 Fax:757-917-5318 Website:https://jcscarefromabove.com
Jewish Family Services of Tidewater	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr.	Ph:757-489-3111.
Kindred at Home, Virginia Beach (Rev.03/31/25)	5544 Greenwich Road, Suite 202, Virginia Beach, VA, 23462	Ph:757- 461-0600 Fax: 757- 461-0610
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-407-7401
Legacy Hospice (Rev.03/31/25)	11848 Rock Landing Drive, Suite 202, Newport News, VA, 23606	Ph: 757- 240-5775 Fax: 575- 240-5761
Lioness Community Care of Virginia, LLC. (Rev.06/23/20)	4445, Corporation Drive Suite 264 Virginia Beach, VA 23462	Contact: MS. Tammi Hunt Ph:757-500-8567 Email :lccofva@gmail.com
Maxim Healthcare-Vnursing Services	Maxim Healthcare 293 Independence Blvd Suite 400 Virginia	Ph: 757-490-3009 Toll Free:800-804-3009 Fax:877-799-3228
Medi Home Health and Hospice, Virginia (Rev.03/31/25)	530 Independence Parkway, Suite 200, Chesapeake, VA, 23320	Ph: 757- 420-7192 Toll Free: 800- 845-5850
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family & Individual Support (FIS) and Community Living (CL) Magnolia Angels Home Care	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net Website:https://momsinmotion.net
	1122 London Blvd. Portsmouth, VA 23704	Ph:757-399-0418
Morrison Home Health	301 Goode Way, Suite 104	Ph:757-393-1300

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New Century Hospice (Rev.03/31/25)	1403 Greenbrier Parkway, Suite 320 Chesapeake, VA 23320	Ph:757- 366-0432
P & S Home Health Care Solutions	505 Washington Street,	Ph:757-333-0766
Sentara Hospice House (Rev.03/31/25)	535 Independence Parkway Suite 200 Chesapeake, VA 23320	Ph 757- 306-2855
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900
Supreme Health Care Services, LLC	3300 Tyre Neck Road, Suite	Ph:757-393-0327
The Nurse's Station LLC. (Rev.09/30/19)	3026 Tyre Neck Road, Suite A Portsmouth, VA 23703	Ph:757-484-6877
The Up Center-Sponsored Homes Program	The Up Center	Contact:
Tri-Cities Home Services LLC	5936 Village Street	Ph:757-483-3500
Total Business and Personal Services,	Total Business and Personal	Contact: Tenecia Brown-
Vision of Love (Rev.09/30/19)	3018 Victory Blvd., Unit D Portsmouth, VA 23702	Ph:757-485-3531
HOUSING ASSISTANCE/HOUSING SERVICES		

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

Center for Community Development, Inc.	Center for Community Development, Inc. Suite 204 440 High Street Portsmouth, VA 23704	Ph:757- 399-0925 Fax:757- 399-2642 Email:profit7@infi.net
Empowerment	Empowerment 2010, Inc., 2011 Queen Street, Portsmouth, VA 23704	Ph:757- 314-4229 Fax:757- 314-1690 Website:www.empowerment2010.org
Firm Foundation Of Virginia,Inc. - Transitional Housing For Single Mothers	Firm Foundation of Virginia, Inc.	Ph: 757- 381-9558 Email: info@firmfoundationva.org
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264
Homeless Assistance Program -The Planning Council (Rev.08/10/22)	The Planning Council 2551 Eltham Avenue, Suite I Norfolk, VA 23513	Contact: Karen Joyner Continuum of Care Coordinator Ph:757-622-9268, Ext. 3040
Homeless Prevention Program-Planning Council	Homeless Prevention Program-Planning Council	Portsmouth – Portsmouth Department of Human Services Ph:757-405-1800
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910
Love and Caring Ministries -Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101
PARC Place Shelter-Portsmouth Area Resources Coalition, Inc.	PARC Place Shelter P.O. Box 1183	Ph:757- 966-2107
Portsmouth Christian Outreach Ministries	Portsmouth Christian Outreach Ministries 910 7th Street	Ph:757- 397-4570 Email:pcom@livenet.net
Portsmouth Redevelopment & Housing Authority (Rev.06/18/24)	Portsmouth Redevelopment & Housing Authority	Ph:757-399-5261 Fax:757-399-8697
Public Housing -	Portsmouth Redevelopment	Ph:757-399-5261
Housing Choice Voucher Program-U.S.	Portsmouth Redevelopment	Ph:757-399-5261
Office of Native American Programs-U.S. Department of Housing and Urban	Portsmouth Redevelopment & Housing Authority	Ph:757-399-5261 Fax:757-399-8697

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

Regional Housing Crisis Hotline (Rev.06/24/20)	Housing Crisis Hotline	Ph:757-587-4202 Toll Free:866-750-4431
STOP Inc. -Certified Housing Counseling /	5700 Thurston Avenue	Ph: 757-858-1360
STOP Inc. -Supportive Services for Veteran Families(SSVF) - (Rev.06/03/24)	5700 Thurston Avenue Suite #101	Ph: 757-858-1360 Fax: 757-852-9953
Urban League of Hampton Roads	Urban League of Hampton Roads, 3225 High Street,	Ph:757- 627-0864, ext. 107 Fax:757- 966-9613
INFORMATION AND REFERRAL/CARE COORDINATION		
Care Connection for Children (Rev.02/16/23)	Hampton Roads	Hampton Roads Ph:757-668-7132
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive	Ph:804- 525-7728 Toll Free:866- 393-0957 Email:
Resources 757 (Rev.06/02/20)	Resources 757	Website: https://www.resources757.org/
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website::
Victim Connect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846)
INSTITUTIONAL CARE/SUPPORTS		
Bambi's Haus Of LOVE LLC (Rev.06/360/24)	4000 Dartmouth St, Portsmouth, VA 23707	Ph:757-769-2025
Bon Secours Hospice-Maryview Hospital	Bon Secours Hospice 3636 High Street Portsmouth, VA 23707	Ph:757- 398-2338
EDMARC- Hospice for Children	EDMARC 516 London Street	Ph:757-967-9251 Email:Edmarc@edmarc.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

Holiday House of Portsmouth	Holiday House of Portsmouth 4211 County Street Portsmouth, Virginia 23707	Ph:757- 397-6352 Fax:757- 399-2356
LEGAL RESOURCES		
Adult Protective Services (APS) (Rev.08/24/23)	1701 High St., Suite 101, Portsmouth, VA 23704	Portsmouth/York Department of Social Services Ph: 757- 456-4386
Catholic Charities of Eastern Virginia-	4855 Princess Anne Road	Ph:757- 456-2366 Fax:
Catholic Charities of Eastern Virginia- Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467- 7707 Fax: 757-495- 3206 Web:
Catholic Charities of Eastern Virginia- rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206
Child Protective Services (CPS)	1701 High St., Suite 101,	Portsmouth/York Department

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

Commonwealth's Attorney's Office, City of Portsmouth	Commonwealth's Attorney's Office, City of Portsmouth	Ph:757- 393-8581
Commonwealth Catholic Charities-Refugee Resettlement Program	Refugee Resettlement Program of Commonwealth	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070
Department of Social Services-The Division of Child Support Enforcement	PortCentre Commerce Park 601 Port Centre Parkway	Ph:757- 396-6590 Main 757- 925-2302
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website: https://virginia.freelegalanswers.org/
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300 Virginia Beach VA 23462	Ph: 757-938-9130 Website: http://jfshamptonroads.org/
Juvenile & Domestic Relations Court	Juvenile & Domestic Relations Court 605 Crawford Street P.O. Box 1073 Portsmouth, VA 23705	Ph:757- 393-8851 Fax:757- 393-5166
Legal Aid Society-Legal Services of Eastern Virginia-Norfolk (Rev.10/28/20)	Legal Services of Eastern Virginia 125 St. Paul's Boulevard,# 400 Norfolk, VA 23510	Ph: 757-627-5423 Toll Free:1-888-868-1072 (866- LEGL-AID). Fax: 757-627-7582
The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance (4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website: www.vadata.org/chat
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website: www.vsb.org/vlrs.org
Wesley Community Service Center, Inc.	Wesley Community Service Center, Inc. 442 Jamestown Avenue Portsmouth, VA 23704	Ph:757- 399-0541 Fax:757- 399-0054 Email: wesleys@exis.net

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

LGBTQ		
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website: http://www.translifeline.org/
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org
Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev.08/18/22)	Virginia Beach	Ph: 757-563-4784 Email: Transactivistva@gmail.com Website: https://tapvirginia.org
MEDICAL CARE		
Airline Boulevard Medical Associates (Rev.02/28/24)	3537 Airline Blvd. Suite 1 Portsmouth, Virginia 23701	Tel: 757-738-1225 Fax: 757-488-1037 Website: https://www.bonsecour.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

Bon Secours Care A Van	4700 George Washington	Ph: 757-889-5121
Chesapeake Care Free Clinic (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website:
Churchland Family Medicine (Rev.02/09/24)	3235 Academy Ave Suite 101, Portsmouth, VA 23703	Ph:757- 484-7386 Fax:757-484-1913 Website:https://www.churchlan
Doris Rice	Doris Rice 3921 Kingman Ave Portsmouth, VA 23701	Ph: 757-399-5000 Fax: 757-399-0067
EVMS-Family and Community Medicine,	Family and Community	Ph:757-397-6344
Fishing Point Healthcare	2929 London Blvd.	Ph:757-861-9010 Fax:757-861-
Lackey Virtual Care-Free Clinic -Medical	Lackey Virtual Care-Free	Website:
Maryview Foundation Healthcare Center-	Maryview Foundation	Ph:757- 215-3100
Portsmouth Community Health Center-	Portsmouth Community	Ph: 757-393-6363
Portsmouth Health Department (Rev.03/05/24)	Portsmouth Department of Health 1701 High Street, 1st Floor	Ph:757-393-8585 Fax:757-393-8585 Email:phd.info@vdh.virginia.go
Walter Downs-Navy Medical Center	Walter Downs-Navy Medical	Ph:757-953-2160
Wesley Community Service Center, Inc.	Wesley Community Service	Ph:757- 399-0541
MEDICATION ASSISTANCE		
CVS Pharmacy #10088 (Rev.09/16/20)	CVS Pharmacy	Ph:757--686-6980
MAPP/Medication Access Program for	MAPP/Medication Access	Ph:757-405-1800
Walgreens Pharmacy (Rev.09/16/20)	Walgreens Pharmacy 5917 High Street (Churchland Portsmouth VA	Ph:757-686-5929 Website: walgreens.com
Walgreens Pharmacy	Walgreens Pharmacy	Ph:757-757-391-9123
MENTAL HEALTH		
Adult and Child REACH-(Regional	Portsmouth Department of	Emergency Services: 757-
Child and Family Services- Portsmouth	Portsmouth Department of	Ph: 757-405-1800
Churchland Psychiatric Associates	Churchland Psychiatric	Ph:757- 483-6404
Cradock Baptist Church-Sunday School	Cradock Baptist Church-	Ph:757-485-3500
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or
Crisis Text Line (Rev.8/14/18)	Crisis Text Line	Text 741741

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Portsmouth City

Dr. Jeffrey Goodman	355 Crawford Parkway Suite 804 Portsmouth VA 23704	Ph.: 757-397-4394
EDEN Counseling Center	EDEN Counseling Center 1404 B. Williams Blvd. Portsmouth, VA 23703	Ph:757- 466-3336 Fax: 757- 455-5350
Fishing Point Healthcare	2929 London Blvd. Portsmouth, VA 23703	Ph:757-861-9010 Fax:757-861-9011
Family Preservation Services (FPS) (Rev.01/08/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS
GAP-Governor's Access Plan	GAP-Governor's Access 1101 N. Military Hwy. Portsmouth, VA 23704	Magellan care manager Ph:1-888-484-4070 Fax: 1-888-484-4071
Hampton Roads Psychological Services	Hampton Roads Psychological Services 3104 Tyre Neck Rd Portsmouth, VA 23703	Ph:757-484-0616
Harbor Point Behavioral Health Center (Rev.3/18/19)	301 Fort Lane Portsmouth, VA 23704	Toll Free:877- 227-7000 Ph:757- 393-0061 Fax:757- 391-591
James Bentley Counseling Services	James Bentley Counseling 601 S. Military Hwy. Portsmouth, VA 23704	Ph:757- 399-3025 Fax: 757- 399-3025
James Bentley Treatment Program-	James Bentley Counseling 601 S. Military Hwy. Portsmouth, VA 23704	Ph:757- 399-3025 Fax: 757- 399-3025
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863
NAMI Virginia's Statewide Hlpline and Resources-	NAMI Virginia's Statewide Hlpline and Resources	Helkpline:800-950-6264 TEXT:62640
National Counseling Group-Mobile Crisis Stabilization (Rev.03/19/19)	National Counseling Group- Mobile Crisis Stabilization	24-Hour Crisis Response Team Ph:804-729-0102
National Suicide Prevention Lifeline (Rev. 3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline:

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Portsmouth City

Portsmouth Department of Behavioral Healthcare Services-CSB	Portsmouth Department of Behavioral Healthcare Services-CSB 1811 King St Portsmouth, VA23704	Ph:757- 393-5357 /8618 If experiencing a psychiatric emergency in Portsmouth, please call: Crisis Hotline at: 757-393-8990 immediately. (Emergency services are
Serenity Counseling LLC <i>Angela P. Callahan, LPC, NCC</i>	500 Washington Street Portsmouth, Virginia 23704	Ph: 757-372-7868 Fax: 757-419-5365
STOP Inc. Health and Wellness Initiatives- <i>(Rev.06/03/24)</i>	5700 Thurston Avenue Suite #101	Ph: 757-858-1360 Fax: 757-852-9953
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Support)	5700 Thurston Avenue Suite #101 <i>Virginia Beach, Virginia</i>	Ph: 757-858-1360 Fax: 757-852-9953 <i>Email:info@stopinc.org</i>
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue <i>Norfolk, VA 23509</i>	Non-Emergency Help Line 757- 489 2427 Website: <i>thachasfoundation.org</i>
The Empowerment Network, LLC (Rev. 3/1/18)	1929 Coliseum Dr. Suite K <i>Hampton, VA 23666</i>	Ph:757-310-9530 Fax:757-224-4910 <i>Website:www.empowermentnetwork.org</i>
The "Up" Center -Counseling Services- Portsmouth <i>(Rev. 08/08/24)</i>	The UP Center 1805 Airline Boulevard <i>Portsmouth, VA 23707</i>	Counseling Services Ph:757- 965-8623 <i>Email:info@theupcenter.org</i>
Tidewater Regional Group Home-In-Home Service Program (IHSP)	Tidewater Regional Group Home-In-Home Service Program (IHSP)	Ph:757-488-9382 Fax: 757- 488-9564 <i>Website:www.trgha.org</i>
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 <i>Email:info@vacsb.org</i>
MULTICULTURAL SUPPORTS		
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities-Interpretation	Ph: 757-337-6958 Email:interpreter.services@ccc
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F,	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:
Dr. Parimal J Soni MD PC-Civil Surgeon	3235 Academy Avenue Suite 300 Portsmouth VA 23703	Dr. Parimal Soni Ph:757-483-3560
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

PARENTING CLASSES/SUPPORTS		
Baby Care-Portsmouth Health Department (Rev.6/27/19)	Portsmouth Health Department Baby Care Program	Contact: Joanna Liston,RN Ph:757-393-8585 Ext.8751 Cell:757-284-8450 Fax:757-393-8027
Child and Family Services	Portsmouth Department of Social Services	Ph:757-405-1800
CHIP of Portsmouth	CHIP of Portsmouth 662 Lincoln Street	Ph:757- 391-0606 Fax:757- 398-5773
CHIP of SHR/ (Children's Health Investment Program) (Rev.6/26/19)	1302 Jefferson St Chesapeake, VA 23324	Contact: Arlene Lipscomb Ph: 757-543-9100
Fatherhood-Mentoring Initiative- Portsmouth Department of Social Services	Portsmouth Department of Social Services 1701 High Street. Portsmouth VA	Contact Dr. Tyrone Davis at Ph:757-409-9044.
First Home Care-Foster Care Services (Rev.02/26/21)	1634 London Blvd, Portsmouth, VA 23704	Tidewater: 757-393-7200 After-hours/Emergency Placement referrals: 757-398-5225
Fleet and Family Support Center-New Parent Support (Rev.6/27/19)	Fleet and Family Support Center-New Parent Support	Contact: Catherine Lewallen Ph:757-445-1089 Email:catherine.lewallen@navy. mil
Hampton Roads Douglas-HRD (Rev.1/25/19)	Hampton Roads Douglas-HRD	Ph: 757-349-6618 Email:office@hrdouglas.com Website:http://hrdouglas.com
Healthy Families -The Up Center	Portsmouth Healthy Families 1805 Airline Boulevard	Ph.: 757-337-3581 Contact: Rosalind Hopkins Website:http://www.hampton.va
NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program (Rev.6/27/19)	NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program	Ph:757-322-1171 Contact: Sandra Thompson (N, VB, H) Helen Keilty
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership- First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Emails:
Parenting- Child Development Classes	YMCA 1 Effingham Street Family	757-962-2112

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

Parenting Classes-Bon Secours Maryview Medical Center (Ages: 5-12)	Parenting Classes-Bon Secours Maryview Medical Center 3636 High St	Contact: Delores Price Ph:757-886-6511 E-mail: delores_price@bshsi.org
Portsmouth Family Resource Center	Portsmouth Family Resource Center 664A Lincoln Street	Ph:757- 398-8655 Fax:757- 398-2856 Email:
Pride in Parenting	The Up Center 1805 Airline Blvd	Ph: 757-397-2121
Single Parents of Greater Hampton Roads	Single Parents of Greater Hampton Roads	Ph:757-287-4512 Email: spovb216@yahoo.com Website:http://www.meetup.com/Single-Parents-of-Greater-
The Childhelp National Child Abuse Hotline (Rev. 4/5/19)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child
The Kinship Navigator Program (Rev.7/1/19)	The Kinship Navigator Program 104B N. Witchduck Road, Suite 316 Virginia Beach, VA 23462	Contact: Gloria A. Walker Kinship Navigator Ph:757- 385-3636 Fax: 757- 385-3300 Email:gawalker@vbgov
The Planning Council-Home Visiting Central Intake (Rev.6/26/19)	The Planning Council Home Visiting Central Intake 5365 Robin Hood Rd #700, Norfolk, VA 23513	Ph: 757-622-9268 Ext. 3042 or 3061 Contact:Mennie Nelson- Barnes Referral Email: mneslon- barnes@theplanningcouncil.org
The Up Center-Creating Lasting Family Connections	Creating Lasting Family Connections	Ph:757- 622-7017 or Contact Rosalind Hopkins: 757-397-2121 Website:www.theupcenter.org
The Up Center-Healthy Families- (Rev. 6/26/19)	Healthy Families Program- The Up Center 222 W 19th Street, Norfolk, Virginia	Ph.: 757-337-3581 Contact: Rosalind Hopkins Email: rosalind.hopkins@theupcenter.org
The Up Center-Parents As Teachers (Rev. 6/26/19)	The Up Center-Portsmouth 222 W 19th Street, Norfolk, Virginia 23517	Ph.: 757-337-3581 Contact: Rosalind Hopkins Email:

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

The Up Center-Strengthening Families Program	The Up Center-Portsmouth 1805 Airline Blvd, Portsmouth VA 23707	Contact: Jessica Oulahan Counseling Services Coordinator Ph:757- 965-8652 Email:jessica.oulahan@theupcenter.org
The Up Center-The Sake Program	The Up Center-Portsmouth 1805 Airline Blvd., Portsmouth, Va. 23707	Ph:757- 622-7017 or Contact Rosalind Hopkins: 757-397- 2121x344 Prevention Services Supervisor Email:rosalind.hopkins@theupcenter.org
The Up Center-The Step Program	The Up Center-Norfolk 222 West 19th St, Norfolk VA 23517	Contact: Jessica Oulahan Ph.: 757-622-7017 Ph:757-965-8652 Website: http://www.theupcenter.org/
Title I Parent's Center / Portsmouth City Schools	Title I Parent's Center / Portsmouth City Schools 3651 Hartford Street Portsmouth, VA 23707	Ph:757- 393-8392
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website: https://info.ubicare.com/tricare_pregnancy-childhood-education
RECREATION		
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH)	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757- 446-5709
Planet Fitness-Free Summer Membership (Rev.06/21/22)	Portsmouth (Churchland) 5815 W Norfolk Rd Portsmouth, VA 23703 OR Portsmouth (Victory Blvd) 1907 Victory Blvd	Portsmouth (Churchland) Ph:757- 484-8199 Portsmouth (Victory Blvd) Ph:757- 606-2694 Website: https://www.planetfitness.com/gyms

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

Portsmouth Department of Parks, Recreation and Leisure Services	Portsmouth Dept. of Parks and Recreation	Ph:757-393-8481
Portsmouth Department of Parks-Summer RAYS Camp (Rev.06/22/22)	Locations: Cavalier Manor Recreation Center	Locations: Cavalier Manor Recreation Center Ph:757-558-2805
Portsmouth Department of Parks-Summer Special RAYS: TEENS Camp (Rev.06/22/22)	Locations: Cavalier Manor Recreation Center 404 Viking Street 6-12 years ~~Cradock Recreation Center~~	Locations: Cavalier Manor Recreation Center Ph:757-558-2805 Cradock Recreation Center ~~Therapeutic Recreation~~
Portsmouth TRC Summer Camp Program-Cradock Recreation Center (Rev.06/22/22)	Portsmouth TRC Summer Camp Program-Cradock Recreation Center	Contact: Carl Painter Ph:757-237-0245 ~~Website: https://www.portsmouthva.gov/~~
The Up Center-Behavioral and Therapeutic Recreation Consultations	The Up Center-Behavioral and Therapeutic Recreation Consultations	Contact: Patricia Coale Director, Therapeutic Recreation Ph:757- 965-8681 Email:patricia.coale@theupcenter.org
The Up Center-Camp Horizon	The Up Center-Camp Horizon	Contact: Patricia Coale Director, Therapeutic Recreation Ph:757- 965-8681 Email:patricia.coale@theupcenter.org
Therapeutic Recreation Center	Therapeutic Recreation Center 12 Grand Street Portsmouth VA 23701	Ph: 757-393-8340

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Portsmouth City**

YMCA of South Hampton Roads-Teens FREE Membership	Effingham Street Family YMCA	Effingham Street Family YMCA Ph:757- 399-5511
YMCA of South Hampton Roads-Teens FREE Membership (Rev. 06/24/22)	YMCA Of Portsmouth 4900 High Street West Portsmouth, VA 23702	YMCA Of Portsmouth Ph:757- 483-9622 Website:https://www.ymcashr.org
RESPIRE		
Catholic Charities - In-Home Respite Care (Rev. 4/22/19)	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366
Community Services Board- CSB's Respite Care Programs (Rev. 04/17/22)	City of Portsmouth Dep. of Behavioral Healthcare Services(CSB) 600	Families must call main number to be directed to the local CSB Ph:
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com
Respite Care Program-Portsmouth	Department of Behavioral Health Care Services Unit 300 Port Centre Parkway	Contact: Barbara Farrell, Program Administrator Ph: 757393-8321
SAFETY		
Child Safety Seat Program Portsmouth Health Department (Rev. 06/11/24)	Child Safety Seat Program Portsmouth Department of Health	Ph:757-393-8585 Ext. 8570 Fax:757-393-8585 Toll Free:1-800-732-8333
Community Services Board- CSB's Respite Care Programs (Rev. 04/17/22)	Portsmouth Department of Behavioral Healthcare Services-CSB	Ph:757- 393-5357 /8618 If experiencing a psychiatric emergency in Portsmouth
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website:https://poisonhelp.hrsa.gov
Project Lifesaver-Portsmouth	Project Lifesaver Portsmouth Portsmouth Sheriff's office 711 Crawford St	Ph:757-449-4820 Toll Free: 1-877-580-LIFE Main:757-546-5502
Smoke Detector Program (Rev.4/3/19)	Portsmouth Fire-Rescue	Ph:757- 393-8765 Website: https://www.portsmouthva.gov
SUBSTANCE ABUSE		

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Portsmouth City**

A. Richards Counseling and Psychotherapy, LLC (Rev.9/17/18)	720 Rodman Ave. Portsmouth, VA 23707	Ph: 757- 392-4955 Fax:757- 393-9611 Email:
Bon Secours Maryview Behavioral Medicine Services	Bon Secours Maryview Behavioral Medicine Services 3636 High Street	Ph:757- 398-2367 Fax:757- 398-2396
Churchland Psychiatric Associates	Churchland Psychiatric Associates 3300 Academy Ave	Ph:757- 483-6404
City of Portsmouth, Department of Behavioral Healthcare Services, Substance Abuse Outpatient Treatment Counseling and Psychiatric Services	505 Washington Street, Suite 700 Portsmouth, VA 23704	Ph: 757-393-8896
	CSB-Portsmouth 545 High Street Portsmouth VA 23704	Ph: 757-393-8223
EVMS Portsmouth Family Medicine-Tobacco Cessation (Rev.8/22/18)	600 Crawford St., Suite 300 Portsmouth, VA	Ph:757- 397-6344
Families In New Direction, Inc. (FIND)	Families In New Direction, Inc. (FIND) P.O. Box 6423 Portsmouth, VA 23703	Ph:757- 469-1155 Fax:757- 483-4091
Fishing Point Healthcare (Rev.02/04/25)	2929 London Blvd. Portsmouth, VA 23707	Ph:757-861-9010 Fax:757-861-9011 Email:info@fishingpointhealthcare.com
GAP-Governor's Access Plan	GAP-Governor's Access Plan MR/ID Waiver City of Portsmouth Dep. of Behavioral Healthcare Services(CSB) 600	Magellan care manager Ph:1-800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph: 757-393-8616 Fax: 757-393-5226 TDD:757-393-
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website:www.sentara.com/tobaccocessation.com
Harbour Pointe Medical and Rehabilitation Center (Rev.9/17/18)	301 Fort Lane Portsmouth, VA 23704	Ph:757-623-5602
James Bentley Counseling Services	James Bentley Counseling Services 1020 Leckie St, Portsmouth, Virginia 23704	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com
Mental Health and Substance Abuse -CSB Portsmouth	CSB Portsmouth 505 Washington Street Suite 500	Ph: 757-393-8223. Emergency Services: 757-393-8990 Fax:

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National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)
Naval Medical Center Portsmouth Substance Abuse Rehabilitation Program (Rev.4/17/18)	1001 Holcomb Road, Building 104 Portsmouth, VA, 23708	Ph: 757-953-9964
New Hope Recovery Clinic Of Portsmouth (Rev.9/18/18)	3409 Arlington Pl Portsmouth, VA 23707	Ph:757- 347-8835
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.
Oxford House Portsmouth	Oxford House Gosport 2512 Greenwood Drive Portsmouth VA 23702	Oxford House Gosport 2512 Greenwood Drive Ph:757- 393-2535
Portsmouth Department of Behavioral Healthcare Services-CSB	Portsmouth Department of Behavioral Healthcare Services-CSB 545 High Street	Ph:757- 393-5357 If experiencing a psychiatric emergency in Portsmouth, please call:
SEFP-(South-Eastern Family Project) Hampton Newport News CSB	SEFP (South-Eastern Virginia Family Project)	Ph:757-245-1070 Portsmouth CSB
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev. 8/22/18)	Substance Abuse and Alcoholism -Boys Town	Hotline:800-448-3000 Text VOICE to 20121
SUPPORT GROUPS/PARENT TO PARENT SUPPORT		
A Father's Footprint Support Group-EVMS Healthy Start Loving Steps Program	Williams Hall 855 W. Brambleton Ave.	Contact:Michael L. Jones, Loving Steps Fatherhood
Autism 101 Online Support Group Meeting (Autism Society of Tidewater)	Autism 101 Online Group Meeting (Autism Society of	Contact: Nicole Miller Ph:757- 461-4474
Awesome Adults with Autism-Online Gathering (Autism Society of Tidewater) (Rev.06/26/20)	Awsome Adults with Autism- Online Gathering (Autism Society of Tidewater	Contact: Nicole Miller Ph:757- 461-4474 Email:
Bereaved Mothers' Support Group - Portsmouth	Bereaved Mothers' Support Group A program of Edmore Hospice for	Main:757-967-9251 Fax: 757-967-9124 Website: http://www.edmore.org
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com

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Chronic Pain and Headache Support Group	Chronic Pain and Headache Support Group Mary view	Ph:757-398-2371
Healing Virginia Beach-Expressive Arts Project-Virginia- MOCA and EVMS (Rev.06/24/20)	Healing Virginia Beach-Expressive Arts Project-Virginia- MOCA and EVMS	Contact: Lisa Thomas Email: thomasL@evms.edu.
HER -Domestic Violence Support Group	HER Domestic Violence-Support Group	Ph:757- 485-1445 Fax:757- 485-0883 • 24 HOUR
La Leche League of Virginia Support Group	La Leche League of Virginia Meetings: 1st Monday, 6:30	Contact: Erin, Mary, Ashley Ph:757- 828-6LLL (6555) Website:www.llvawv.org
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.
Parent Webchat-Autism Society of Tidewater- (Rev.06/26/20)	Parent Webchat-Autism Society of Tidewater-(Rev.06/26/20)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org Registration Link: http://chapter.tidewaterasa.org/srcr10main.php?tknbit=lm5sD3Q06pc2
Portsmouth Christian Outreach Ministries	Portsmouth Christian Outreach Ministries	Ph:757- 397-4570 Email:pcom@livenet.net
Portsmouth Grandparents As Parents/Brighton Solid Rock	Portsmouth Grandparents As Parents/Brighton Solid Rock 1300 Centre Avenue Portsmouth VA 23704	Ph:757-393-0570 Fax:757-393-0075
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: www.Facebook.com
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearsees.org/redballson/
Southeastern VA ASAP	Southeastern VA ASAP Suite 710 505 Washington Street	Ph:757- 396-6980

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Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com and Ashley Carolino
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev.07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131 Norfolk, VA 23502	Contact: Judith Millman, Facilitator Contact: Judy.Judithmillman@aol.com Link: https://www.lighthouseguild.org/
Victory in Jesus (Carmel Community Development Corp.)	Victory in Jesus (Carmel Community Development Corp.)	Ph:757- 399-8646 Fax:757- 399-6230
VirtualHealthandFitness (Autism Society of Tidewater) (Rev.06/26/20)	VirtualHealthandFitness (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email:
THERAPEUTIC FOSTER CARE		
First Home Care – Tidewater (Rev.08/13/21)	First Home Care – Tidewater 1634 London Boulevard Portsmouth, VA 23704	Ph:757-393-7200 Website: https://firsthomecare.com
THERAPIES		
Children's Therapy Concepts,LLC - Courtland (Rev. 3/12/18)	24030 Indian Town Rd Courtland, VA 23837	Contact: Kim Mallon Ph:757-776-3088 Cell:757-812-3288 Fax:757-612-4499 Email:mailto:kmallon@childrenstherapyconcepts.com

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Children's Therapy Concepts, LLC- Hampton Roads	24030 Indian Town Rd Courtland, VA 23837	Contact: Kim Mallon Ph:757- 776-3088 Cell:757-812- 3288 Fax:757-612-4499 Email:mailto:kmallon@children stherapyconcepts.com
Dominion Physical Therapy & Associates (Rev.10/09/20)	500 Rodman Ave., Suite 3 Portsmouth, VA 23707	Ph: 757- 393-6119 Fax: 757- 393-0681 Website:https://www.dompt.co m/physical-therapy-services1
TRANSPORTATION		
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2 DD Waiver (CCC Plus)- ModivCare Ph: 866-386-8331 Ride Assist-Where is my Ride for DD Waiver (CCC Plus) - ModivCare Ph:866-246-9979
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion GoPass365	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus GoPass365	Ph:855-325-7581 TTY:711 Ph:757-222-6000 ext. 6232

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HRT	HRT Headquarters 3400 Victoria Blvd	Route and Schedule Information
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com
Molina Healthcare of Virginia CCC Plus	Molina Healthcare of Virginia	Ph:877-790-9472
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986-
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986
Paratransit Service-HRTs (Rev.4/3/19)	Paratransit Service-HRTs 3400 Victoria Blvd Hampton VA 23661	Ph:1- 877-ADA RIDE 1- (877)-232-7433 TDD: (310)-410-0985 Website:WWW.adaride.com
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-215-3885

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Transportation - Eastern Medical Transport, Inc., Portsmouth	A program of Eastern Medical Transport, Inc. 4740 W. Norfolk Road PO Box 6803 Portsmouth, VA 23703	Ph:757-483-3186 Fax:757-483-8232 Toll Free:800-854-8813 Web site http://www.medicaltransport.llc.com/
The Student Freedom Pass	The Student Freedom Pass	Ph:757-222-6000 ext. 6232 Website: http://gohrt.com/wp-content/uploads/2016/04/Student-Freedom-Acknowledge.pdf
Toll Relief Program-(Rev. 2/9/18)	Toll Relief Program	Ph: 855-530-5506 Website: http://www.vdottollrelief.com
VISION/SIGHT		
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Contact: Sherry Downen 757-966-2430 Website: www.lionsclubs.org You must contact Lion's club answering service at: 757-416-3587 to find out other cities and regions contact number.
WAIVER CONTACTS		
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159

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Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.11/02/20)	Portsmouth Department of Social Services 1701 High Street #101 Portsmouth VA 23704	Call to request Screening: Portsmouth Social Services Ms.Byrd Ph:757- 405-1800 ext. 8338 Ph: 757-405-1800 Main
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Portsmouth Department of Behavioral Healthcare Services 1811 King Street , Portsmouth, VA 23704	Main: 757- 393-8321 Website: https://vacsb.org

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Building Independence (BI) Waiver	BI Waiver of Portsmouth Dep. of Behavioral Healthcare Services(CSB) 600 Dinwiddie St, Suite 200 Portsmouth, VA 23704	City Families must call main number to be directed to the local CSB Ph: 757-393-8616 Fax: 757-393-5226 TDD:757- 393-5466 OR Visit the website to find local CSB:Website: https://vacsb.org
Community Living (CL) Waiver	CL Waiver of Portsmouth Dept. Of Behavioral Healthcare Services(CSB) 600 Dinwiddie St, Suite 200 Portsmouth, VA 23704	City Families must call main number to be directed to the local CSB Ph: 757-393-8616 Fax: 757-393-5226 TDD:757-393-5466 OR Visit the website to find local CSB:Website: https://vacsb.org

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Family and Individual Support (FIS) Waiver	FIS Waiver City of Portsmouth Dep. of Behavioral Healthcare Services(CSB) 600 Dinwiddie St, Suite 200 Portsmouth, VA 23704	Families must call main number to be directed to the local CSB Ph: 757-393-8616 Fax: 757-393-5226 TDD:757-393-5466 OR Visit the website to find local CSB:Website: https://vacsb.org

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NOTES
APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed ~~and accepted by the individual. local Adult Protective Services social workers may~~
CASA is a child advocacy program that assigns trained volunteers to speak for abused and neglected children in the juvenile justice system. Please call for further information. Interpretation services available upon request.
The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in
A Non-profit organization dedicated to the wholesome development of children and teenagers. They do this through advocacy, mentoring, education, and community collaboration.
National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a ~~proactive stance on anti-bullying education and awareness for our youth and families.~~
Provides a non-profit, non-partisan organization striving to promote equality of opportunity for African Americans and other minorities through employment, housing, ~~education, health, etc. and actively educating issues of public policy.~~
Provides a variety of equipment and services to help clients live more independently in their homes. Specializes in helping make the transition from hospital to home care. No age limitation. Other eligibility requirements: Unrestricted.
The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make
Lactation/Breastfeeding classes are available upon request at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton

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The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further information
After-school Program consisting of Homework Assistance, nutritious kid-friendly free evening meals prepared and served by food professionals, and recreational activities. Provides daily program activities offered to youth ages 5 and up, including educational, recreational, and cultural. State licensed day care program is offered as
The YMCA of Portsmouth offers Before and After School childcare beginning at 6:30 A.M. and ending at 6:00 P.M. Transportation is provided to and from Churchland
Childcare alternative staffed by educational, paraprofessional, and recreation experts who provide help with homework and educational projects as well as active games,
Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families. child care
Provides developmental child care serving children between the ages 2-12, including before and after school program. Program offers a sliding fee scale based on parent
Provides early care and education for children 6 weeks to 5 years of age. Offers before and after school care for children up to age of 7. Summer care is offered to children up to age 7.
Childcare has always been one of the most challenging barriers to employment retention for the working parents served by STOP. The goal of this initiative is to help relieve the financial burden endured by low and moderate income working parents due
After school program where food, fun & learning meet in your neighborhood. The city
Provides services to promote quality day care services.
Provides a variety of services to disadvantaged, inner city families. Services include after school and summer enrichment programs.
Dental Care is provided as follows: Extractions, Restorations, Comprehensive dental exams to determine treatment needed, Cleanings with hygienist. Eligibility requirement: Resident of Hampton Roads ,No dental insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines. cannot exceed 300% of the
Donated Dental Services is a national program of the Dental Lifeline Network
The American Association of Orthodontics has a donated orthodontics program. They
Edenfield and Associates specializes in dentistry for children with medical and
Friendly Faces Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicare MCO's. Staff: J.B. Martin, DDS. Other: In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.

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Hampton Roads Community Health Center-Healthy Smiles Dental Center provides dental services available for adults and children at the Portsmouth site and via the mobile dental van in all areas of Hampton Roads. Services include: EXAMINATIONS
Hampton Roads Community Health Center -Healthy Smiles Mobile Dental Program provides free dental care to children in Portsmouth, Norfolk and Suffolk during the
Hampton Roads Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Staff: LP, Medical, DDS. Other in office services: pediatric dental services.
The new Mobile Clinic dental services will include: exams, X-rays, restorations, cleanings, extractions, full and partial dentures, in addition to a television, music and an awning to accommodate outreach events. Ages: all ages. The program visits public schools in the cities of Portsmouth, Norfolk and Suffolk to reach children who are
Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a range of community & educational programs. Services: General Dentistry, Children's Dentistry, Oral Surgery, Ortho/Braces and Aligners. Insurance: Medicaid & Commercial Insurance are
Tiny Teeth Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Staff:
Weis Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Medicaid/Medicaid MCO's; Out of network as a Military provider but honors their fee schedule for exams and cleanings, not restorative
Autism Society, Tidewater Virginia was established to help improve the lives of all
Provides primary medical care without regard to patient's ability to pay.
Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope.
The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of parents to serve as peer educators.
Lions Club International supports sight programs and services including vision screenings, eye banks, and eyeglass recycling. Provides eye care services to those at risk of losing their sight. You must call the answering service to find out the contact in
Access Partnership is a 501(c) 3 Nonprofit Organization who provides gently used
Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility Aids, and more. DME, POC, and more. Call for further information.
Ai Squared provides devices for individual with sight impairment. The provide
ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Aggio Medical is a DME and supplies provider. Medicaid, Medicare and major

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American Printing House for the Blind Inc. provides educational materials, recreation
Apria Healthcare is a DME and supplies provider . Medicaid, Medicare and major
Bon Secours Health Hub is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Care for Me Youth is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost
Crossroads United Methodist Church, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. *Distribution is on Tuesdays from 10am-12pm.Please call for further information.
First Choice in Home Care, INC is a DME and supplies provider . Medicaid, Medicare and major insurances are accepted. Please call for further information.
The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for
Home Care Delivered is a Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Hanger Prosthetics & Orthotics, Inc. is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information.
Hope Charitable Services-Greater Hampton Roads Diaper Bank is a independently operated diaper bank organization individually run and work to best serve the needs of their particular communities. Products Distributed: Diapers, Disposable Diapers, Cloth Diapers, Infant/Toddler Diapers and Diapers for Older Children, adult diapers. Please call for further information.

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Hope 4 Life, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. *Distribution is on Tuesdays from 10am-12pm. Please call for further information.
Mobility Products and Services, Inc. provides specialized equipment: home elevators, stairway elevators, dumbwaiters, indoor and outdoor wheelchairs lifts and ramps, steering and driving hand controls for car transmissions, van lifts, chairlifts, and aqualifts. Please call for further information.
National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Pediatric Specialist is a DME and supplies provider. Medicaid and major insurances are accepted. Please call for further information.
Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances
Tycon Medical is a DME provider. Medicaid, Medicare and major insurances are
Clinical Associates of Olde Towne -Certified Batterer Intervention Program is
LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the
Loveisrespect's purpose is to engage, educate and empower young people to prevent
Love and Caring Ministries is an emergency home for abused and homeless women.
The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone
The purpose of Help and Emergency Response, Inc. is to provide shelter and to engage in dedicated efforts to eliminate domestic violence. They provide emergency shelter for battered women and their children with 24-hours crisis intervention and advocacy. Legal, psychological and social counseling available by referral to residents

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Program for teens ages 12-18 to address the healthy dating relationship versus relationships controlled by abuse and violence. Please call or visit the website for further information.
The National Domestic Violence Hotline is the only 24/7 national hotline that provides
Program for teens ages 12-18 to address the healthy dating relationship versus relationships controlled by abuse and violence.
The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed
The Early Intervention program provides therapy/specialized services for families with at-risk infants and toddlers who have developmental disabilities, ages newborn to 3;
Whether your child attends a Bon Secours Richmond Family Center or another
Provides adult basic education, adult GED program, high school credit classes, special interest classes, computer classes, and culinary arts training programs.
"Special education" means specially designed instruction, at no cost to the parent(s),
Provides a preparatory program for pre-school children ages 3, 4, and 5 to improve
The Head Start program provides grants to local public and private non-profit and for-
Keystone Education Services provides special needs tutoring services; they provide
The Portsmouth City Public Schools Preschool Assessment Center provides
Provides a program for Portsmouth area children, pre-school to kindergarten, who are
Provides a program for pre-K students who qualify for the program. The program is
Provides a comprehensive family literacy program for parents and their children, from
Currently the DAC Center serves only preschool students with disabilities. The
Local homeless education liaisons are Local Educational Agency (LEA) staff
Portsmouth Reads is a non-profit organization which ensures that all children in
"Special education" means specially designed instruction, at no cost to the parent(s),
Southeastern Cooperation Educational Programs (SECEP)- Program for Children with
STOP's Technology Bus provides elementary to high school students with a mobile technology and training system that creates opportunities for inclusion in the computer programming industry. This initiative provides students onboard at local multi-city
STOP's Certified Entrepreneurial Mindset Facilitator, will provide, at a minimum, quarterly workshops designed to empower parents and their children by exposing them to entrepreneurial thinking while increasing their
STOP's Youth Development Initiatives are designed to engage youth in middle and high school. These programs provide opportunities for them to gain knowledge in the Science, Technology, Engineering, Agriculture and Mathematics fields through fun and

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Provides a non-residential educational institution offering associate degree, diploma, and certified programs. Programs include the first two years of university
Provides volunteer tutors to teach reading, writing, and communication skills to adult
The Office of Adult Education and Literacy provides services related to adult
Provides a variety of programs to help people improve their lives. Programs include
The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual,
The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include: Individual and family
The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the
Atlantic Vocational Services, Inc. offers a full range of vocational rehabilitation services including vocational expert testimony, social
Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services.
Provides job skills training, job placement, and job readiness for individuals residing in the Portsmouth Enterprise Zone.
Provides comprehensive employment services and residential support to individuals with long-term intellectual disabilities and substance abuse disorders.
STOP Inc. offers individualized and group training in acquiring techniques necessary for seeking and maintaining employment. Services include job preparation, interview techniques, job retention, employment counseling, referral and/or placement application completion, resume writing, job readiness training, money management, ~~understanding credit scores, establishing and maintaining good credit, overcoming~~
Through collaboration with privately owned businesses, STOP is able to provide financial and educational support for qualified individuals seeking quality educational training for entry level positions in leading industries. STOP's goal is to provide continuing education to individuals seeking to enter/re-enter the local workforce. ~~Additionally, in some instances, STOP may be able to provide continuing education to~~
Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive ~~services to assist homeless Veterans in their return to the labor force including~~
Developed in 2005, Klean Slate was originally designed as a Social Business Enterprise to be a self-supporting division of STOP Incorporated. This initiative has evolved into a training and employment focused opportunity for low to moderate income individuals with employment barriers such as previous incarceration, ~~transportation and back child support. Currently, the focus is on Pesticide Applicator~~

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STOP's Certified Entrepreneurial Mindset Facilitator, will provide, at a minimum, quarterly workshops designed to empower parents and their children by exposing them to entrepreneurial thinking while immersing them in entrepreneurial experiences that will enable them to develop creativity and critical thinking, effective problem solving, communication, teamwork, and other entrepreneurial skills that will enable
The Urban League offers readiness training, a youth employment program, financial literacy training and employment counseling. The Urban League also offers assistance for transportation and daycare. Services are provided free of charge based on
Employment related programs administered by the VEC's Field Operations Division
The Department of Rehabilitative Services provides services to the community to increase employability, independence
The VEC is committed to serving migrant and seasonal farm workers who are seeking work. Trained and experienced farm placement specialist provided statewide.
Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected
Client must see an intake worker for diapers. Diapers are donated and vary in size and amount depending on donation.
Bethel Worship Center provides emergency assistance for food pantry. Date/Time: Tuesday and Thursday 5pm-6pm . Please call for further information.
The Bon Secours "Financial Assistance Program" aids uninsured patients who do not qualify for government-sponsored health insurance and cannot afford to pay for their medical care. Insured patients may also qualify for the Bon Secours Financial
Bon Secours Health Hub is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Broad Street United Methodist Church provides emergency assistance for food pantry. Date/Time: Tuesday 10a-noon. Please call for further information.
Calvary Baptist Church provides emergency assistance for food pantry. Date/Time: Tuesday 10am-noon. Please call for further information.
Care for Me Youth is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Christian Restoration Outreach Temple provides emergency assistance for food pantry. Date/Time: Sunday 1pm-2pm. Please call for further information.
Connect2Compete (C2C) is EveryoneOne's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the
Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for

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Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed Cradock-Mobile Pantry provides emergency assistance for food pantry. Date/Time: 2/11/17, 3/11/17- 9:30am-11:00am.
Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of Crossroads United Methodist Church, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. *Distribution is on Tuesdays from 10am-12pm. Please call for further information.
The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary goal of DCSE is to work with parents and guardians to help
Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in
Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and
Emmanuel AME Church provides emergency assistance for food pantry. Date/Time: Thursday noon-1pm. Please call for further information.
Emmanuel True Holiness provides emergency assistance for food pantry. Date/Time: Friday 3:00-5:00pm. Please call for further information.
Every Woman's Life is a community-outreach program for uninsured and low-income women in Norfolk and Portsmouth that helps provide access to free: breast and
1st Pentecostal Church of Christ Holiness provides emergency assistance for food pantry. Date/Time: 4th Sat Noon - 2pm. Please call for further information.
Greater Grace Church provides emergency assistance for food pantry. Date/Time: Mondays and Thursday by appointment only from 6:00-8:00pm; Tuesdays 6:00-8:00pm, Wednesdays 11:00am-1:00pm, 2nd and 4th Saturdays 9:00am-1:00pm. Please call for further information.
The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other
Holy Trinity Outreach Center-is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

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Hope 4 Life, is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. *Distribution is on Tuesdays from 10am-12pm. Please call for further information.
Kids Cafe® is a national program founded by Feeding America and administered locally by the Food bank of Southeastern Virginia. It is a place where children through Kingdom Connections Worship Center Food Pantry provides emergency assistance for food pantry. Date/Time: Sunday and Tuesday from 12:00-3:00pm and Monday, Wednesday, Thursday 6:00-8:00pm. Please call for further information.
Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. <u>Eligibility Requirements: Based on household income. Recipients of SNAP, Medicaid, Marketplace Navigator is an individual or organization that's trained and able to help consumers, small businesses, and their employees as they look for health coverage</u>
Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their <u>care through a Managed Care Organization (MCO, an organization with a network of</u>
Aetna Better Health of Virginia Provider Listings.
Anthem HealthKeepers Plus Provider Listings.
Molina Complete Care Provider Listings.
Sentara Health Care Provider Listings.
United Healthcare Provider Listings.
Meals on Wheels provides meals packaged and delivered M-F for individuals with <u>disabilities and elderly through the PAA for residents in Portsmouth. Please call for</u>
Medicaid pays for health and medical care for certain groups of people who have low <u>income. Local Departments of Social Services take applications and make eligibility</u>
Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain <u>in fee-for-service and some services are provided through fee-for-service.</u>
Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency- <u>based provider that has a provider agreement with DMAS. Visit the website for further</u>
Mercy Drops Dream Center provides emergency assistance for food pantry. Date/Time: Wednesdays 12:00-2:00pm. Guests must call (leave voicemail) or text before Wednesday to ensure availability. Those who do not confirm in advance will receive an emergency box.. Please call for further information.
Miracle of Faith Baptist Church-Mobile Pantry provides emergency assistance for food pantry. Date/Time: 1/27/17, 2/24/17, 3/24/17 - 9:30am-11:00am. Please call for further information.

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Mt. Sinai Family Life Christian Center provides emergency assistance for food pantry. Date/Time: 3rd Saturday of each month from 10:00am-12:00pm. Please call for further information.
Provides services that include: Formula, diapers, clothing and financial assistance with utilities. Families must call for assistance. Additionally, you must be a resident
Oasis Social Ministry provides Holiday Baskets for Thanksgiving and Christmas. They must register and apply at their office. Please call for further information.
The food pantry distributes bags of food to local residents in need every 60 days. They also currently deliver to 96 home bound senior citizens every month. The soup kitchen at Oasis serves free breakfast and lunch 365 days a year, this is open to all. Please call for further information.
Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should register their card at
Portsmouth Area Resources Coalition, Inc. (PARC) help with rental assistance.
Provides short-term residential stay offering families a new start in a time of crisis due to eviction, fire, etc. Families must have been residents of Portsmouth for at least six
Parkview Elementary School-Mobile Pantry provides emergency assistance for food pantry. Date/Time: 1/30/17, 2/27/17, 3/27/17 - 9:30am-11:00am.
Port Norfolk Church Outreach is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Provides meals for the homeless and tragedy victims. Helps individuals to become self-sufficient through education.
This church organization can provides temporary housing, shelter, rental assistance and meals for the homeless. In addition, work with a counselor to help become self
The Portsmouth Department of Social Services' mission is to provide benefits and services to the citizens of Portsmouth based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency, preserve and restore family stability as well as promote
Portsmouth Rent Assistance Department of Planning offers up to 18 months of rent help from a homeless prevention program. Also speak to a counselor for credit counseling, debt reduction, and referrals.
Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to provide proof of income, including pay stubs and/or tax

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S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40, but can be purchased by SHARE for only \$20 and two hours ~~of volunteer service of your choice. SHARE Hampton Roads is not a government~~ Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who St Mark Deliverance Center provides emergency assistance for food pantry. Date/Time: Drive-thru distribution on the 3rd Thursday of each month from 1-3pm.. Please call for further information.
STOP's FACE initiative addresses specific financial barriers that are common in vulnerable low to moderate income families and/or underbanked communities. The lack of access to financial services, resources, and advisors are some of the barriers FACE works with customers to overcome. This initiative will affect long-term habits by ~~teaching the language of the financial industry and the fundamentals of how to~~ Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without ~~applying, while some families will need to apply. Families receiving SNAP or TANF~~ The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations. Offers human resource services to individuals and families, especially counseling, food, general clothing to victims of fire or disaster, financial assistance, emergency assistance, and special holiday assistance. Provides families with children with toys, food and if selected for the Angel Tree program, clothing as well during the Christmas holiday. Chesapeake City, Portsmouth City. Other Eligibility Requirements: Children must be younger than 14 years old and ~~must be a resident of Portsmouth or live in 22321 or 22322 zip codes~~ The SLEEPTIGHT Hampton Roads program provides an opportunity for any low-income parent in Hampton Roads to receive a portable crib and an education on safe infant sleeping practices at no cost. Please call for further information. The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that The Up Center Legal Custodians program provides financial management for veterans with disabilities. The program permits The Up Center to become a veteran's custodian, allowing the agency to manage benefits from the Department of Veterans The Up Center Representative Payee Program provides financial management for people with disabilities who are not competent to manage their own funds. By paying bills and ensuring sufficient money to last throughout the month, we protect vulnerable people from being financially exploited and from becoming homeless. Please call for ~~further information~~ The Up Center's Special Needs Trust program enables people with disabilities to receive the greatest possible benefit from financial settlements, financial gifts and Provides reimbursement for meals served to children in day care by regulated family

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Victory Gospel Chapel Church provides emergency assistance for food pantry. Date/Time: Monday, Tuesday, Thursday, and Friday from 1:00-4:00pm. Please call for further information.
Provides a variety of services to disadvantaged, inner city families. Services include: emergency assistance. Help to pay portion of rent or utilities.
West Park Church of Christ provides emergency assistance for food pantry. Date/Time: 3rd Tuesday of each month from 11:00am-1:00pm. No evening distribution. The church is open Monday - Thursday for emergency bags from 11am-2pm. Please call for further information.
Westside Christian Church provides emergency assistance for food pantry. Date/Time: 1st & 3rd Wednesdays from 6pm-8pm, 2nd & 4th Saturdays from 10am-12pm. Please call for further information.
The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast feeding women. Services provided include nutritional education, prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided. The WIC program provides the following formulae for infants: Similes Advance, Similes Isomil Advance. If a special formula is needed, please call for further information.
Chesapeake, Gloucester County, Hampton, Isle of Wight County, James City County, Mathews County, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Surry County, Virginia Beach, Williamsburg and York County
Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making decisions. Care is provided for the patient and family. ACA Home Health Care LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Amazing Grace Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Anointed Touch Personal Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Anointed & Blessed Home Healthcare provides personal care services. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Anytime Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
A Special Touch Home Health Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe,
Blessed Hands Home Health Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Care Advantage offices specialize in providing personal care, companionship and respite services. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis,
Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area: Portsmouth, Suffolk and West Chesapeake. Please call for further information
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for
Clients First Home Health Inc. Provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Doctor's Choice Home Health Services provides personal care services and respite.

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Edmarc Home Health Services provides skilled nursing services. Please call for further information.
Elkhart Home Health Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Faith Home Healthcare Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Family Care Senior Solutions services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Hospice is about making the most of every moment. It is a holistic approach to the end of life, placing comfort and care as the primary source of intervention in a loved one's final hours. Patients and families receive the support and attention they need.
Gentiva Hospice services are offered to all people during the end of life's journey. Staff of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors, and Physicians specialize in caring for those with a terminal diagnosis.
The goal of Grace hospice care is for the patient to remain as comfortable and pain-free as possible in their own home or the home of a loved one through the end of life. Care is provided by our team of physicians, nurses, hospice aides, social workers, chaplains and volunteers. Payment Method(s) Private Pay , Private Insurance , Medicaid, Medicare, Veterans Affairs, Out of Pocket, Supplemental Medical Insurance.
Hospice Community Care of Virginia, Harbor Light Hospice, provides hospice care. Staff is committed to providing quality patient-centered end of life care with dignity and respect. Harbor Light Hospice is a philosophy of care, that assists patients, family,
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.

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Intrepid Hospice provides services that include: Professional Staff on call 24 hours a day, seven days a week, Physician-directed plan of care, Psychological and spiritual care, Pain and symptom management, Medications, Equipment and Supplies related to the terminal illness, Personal care and support, Volunteer services and Bereavement care. Payment
JC's Care From Above, LLC provides Personal Care Services and Respite, Private Duty Nursing and Home Health Care. Private Insurance, Tricare and Private Pay are accepted. They may be accepting Medicaid in a near future. Ages: Children and Adults. They serve: Chesapeake, Hampton, Newport News, Portsmouth and Suffolk.
Jewish Family Services of Tidewater provides Professional nursing and personal care services. Please call for further information.
Kindred at Home Hospice services are offered to all people during the end of life's journey. The team of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors and Physicians specialize in caring for those with a terminal diagnosis. They care for patients with many types of diagnoses, including Alzheimer's, ~~CCD, stroke, multiple sclerosis, and cancer. Ask about the 14 services available that~~ Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Legacy Hospice provides care for people with a life limiting illness in their home so the patient can be close to family and friends. Care is provided to all age groups during the final stages of life, including children, adults and the elderly. Legacy provides all clinical staff services, all medication for symptom control and pain relief, all needed medical equipment and respite care as needed. Support from a nurse and a counselor is available to patients and families 24 hours a day. Grief counseling and support is available for all ages. Cost & Payment Methods: Private Insurance, Medicaid, Medicare. Service Area: Chesapeake, Newport News, Norfolk, Portsmouth and Virginia Beach.
Lioness Community Care of Virginia, LLC. provides pediatric and adult personal care services and respite. Insurance: Medicaid are accepted (Aetna, Anthem and Optima). (Magellan and Virginia Premier are not accepted. Please call for further
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Accomack, Chesapeake (City and County),
Medi Home Health Agency on Tidewater helps an individual and their family share the best days possible as they live with a life limiting illness. Care is available 24 hours per day by a special team of caregivers chosen to meet the unique needs of clients
Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in ~~advocacy through community- and state-wide networks, and by assisting people in~~ Magnolia Angels Home Care services provides personal care services and respite.
Morrison Home Health Care services provides pediatric personal care services and

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New Century Hospice provides hospice care to patients who have a life limiting illness. The Hospice team includes physicians who are board-certified Geriatricians ~~and Palliative care certified, registered nurses with hospice experience, medical social~~ P & S Home Health Care Solutions provides personal care services and respite.
Sentara Hospice House, a 12-bed inpatient hospice facility, was created to meet the growing needs of the community for respite and end-of-life care. From nursing services and social work to volunteer and bereavement services, we offer the same full range of inpatient hospice services as currently offered in the hospital. The Sentara Hospice House provides a team of nurses, doctors, medical social workers, volunteers, aides, chaplains and bereavement counselors. Our trained professionals provide comfort and 24-hour care, pain and symptom management, and overall physical and emotional support in a home-like setting for patients and caregivers. Sentara Hospice House is open to patients with life-limiting conditions who qualify for inpatient hospice services. Extensive medical and nursing care is provided for treatment of uncontrollable symptoms. Once the symptoms have stabilized, the patient will be transitioned to the home or previous setting – where they feel the most comfortable. Respite services are also available for current hospice patients. Cost & Payment Methods: Private Pay , Private Insurance , Medicaid and Medicare. Service Area: Chesapeake, Norfolk , Portsmouth and Virginia Beach. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula.
Supreme Health Care Services, LLC provides personal care services and respite.
The Nurse's Station LLC. provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
The Up Center Sponsored Homes Program provides a sponsored family home
Tri-Cities Home Services LLC provides personal care services and respite. Medicaid
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula.
Vision of Love provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Provides assistance to low- and moderate-income persons and their families to rehabilitate existing older homes and build newly constructed homes in targeted neighborhoods. Also provides entrepreneurial training and start-up loans for individuals to become self sufficient.
Fair housing assistance; marketing/outreach initiatives; money debt management; post purchase counseling; predatory lending; pre-purchase counseling; English only; Virginia Housing Development Authority.
Firm Foundation of Virginia, Inc. is a 501(c)3 non- profit faith based organization which serves mothers, age 18 to 35, who are homeless, living in poverty or experiencing
Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals
Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Serving the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton, this program is designed to prevent persons from becoming homeless. The emphasis is on prevention, intervening before the eviction occurs and developing a plan for future
House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner,
Love and Caring Ministries is an emergency home for abused and homeless women. This program provides:- Safe haven from abusive
Provides short-term residential stay offering families a new start in a time of crisis due to eviction, fire, etc. Families must have been residents of Portsmouth for at least six
Provides temporary housing for the homeless and tragedy victims. Helps individuals to become self-sufficient through education.
Fair housing assistance; home improvement/rehabilitation counseling; homebuyer education programs; post-purchase counseling; pre-purchase counseling; English
Public housing was established to provide decent and safe rental housing for eligible
The Housing Choice Voucher (HCV) Program is the federal government's major
The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native

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The Regional Housing Crisis Hotline provides Rental & Mortgage Assistance. .Serving the cities of: Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton. Please call to be screened for program eligibility
STOP Inc. provides Housing Counseling services to those persons experiencing
STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that provides
Home equity conversion mortgage counseling; homebuyer education programs; marketing/outreach initiatives; mortgage delinquency/default resolution counseling;
Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership
DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The
Resources 757 is a directory of resources for residents of Hampton Roads
2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources;
VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
Bambi's Haus of Love licensed Group Home Residential Facility. Care and services are provided to adults 18 years of age and up with a diagnosis of Intellectual Disability and /or Developmental Disability (DD). Bambi's Haus of Love consists of: Skill-Building; Routine and General Supports; Safety Intervention that enable an individual
Provides hospice care for the terminally ill in the home, in an assisted living facility or an adult home.
EDMARC's hospice program was developed specifically for children. EDMARC provides professional support in meeting the physical, social, psychological,

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Holiday House of Portsmouth is a intermediate Care Facility for Children with intellectual Disabilities that is Licensed by the State of Virginia. Holiday House is an ICF/MR Medicaid facility that provides serves Hampton Roads and the surrounding area of Virginia. 24 hour nursing services. Private, non-profit, nonsectarian.
APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed
Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our
Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities' Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive an
Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial
The goal of Child Protective Services (CPS) is to identify, assess and provide services

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Institutes and conducts court proceedings on behalf of the people of Portsmouth; assists victims in filing for compensation.
Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration
The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support
Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive on-going case management and on-going monitoring
Provides a state district court acting in all cases concerning children, including custody, behavior, criminal acts by or against a child, and neglect. Jurisdiction of criminal matters by one family member against another family member, child custody, vice versa.
The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office.
The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally
Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will
Provides a variety of services to disadvantaged, inner city families. Services include: notary services.

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Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self harm, etc. They welcome the call of any transgender person in need and will connect them with services that can help them meet that need.
LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to provide education surrounding the issues trans people face on a daily basis.
Airline Boulevard Medical Associates offers comprehensive care for adult patients. This includes well-woman care, ongoing care for men, annual and presurgical physicals, college and sports physicals and management of chronic conditions, such

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The Bon Secours Care-A-Van is a free medical service that provides general medical
Services: Medication assistance and pharmacy services. Eligibility requirement: .
Resident of Hampton Roads ,No medical insurance,(including Medicaid, Medicare, or
VA benefits) Must meet income guidelines, cannot exceed 300% of the federal
Churchland Family Medicine is a community-based healthcare provider in Portsmouth,
VA, offering a wide range of services from pediatrics to adult care. Top Conditions
Treated:Acne,Allergies,Anxiety conditions,Arthritis,Asthma,Chronic diseases, Chronic
Accepts Medicaid, Medicaid HMO's & United Healthcare.
Family and Community Medicine, Portsmouth provides personalized and
Fishing Point Healthcare is committed to delivering world-class, compassionate care
Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with
Provides medical services and medication assistance to the uninsured adult residents
Community Health Center. Sliding scale fees for uninsured (proof of income for
Services provided: Family planning, well Child, Sexually Transmitted Diseases(STD)
Diagnosis & treatment, STD/HIV Reporting, Immunizations for Children and adults,
Overseas Travel Immunization, Immigration, School Physicals, Lead Screening.
Walter Downs-Navy Medical Center Portsmouth serves past and present military
Provides a variety of services to disadvantaged, inner city families. Services include:
CVS pharmacy offers evening services. Hours:8a-10p. Free Rx delivery may be
MAPP/Medication Access Program for Portsmouth provides generic medications for
Walgreens Pharmacy offers evening services. Hours: M-F, 8a-10p;Sat., 9a-6p;Sun.,
10a-6p.Please call for further information.
Walgreens Pharmacy offers evening services. Hours: M-F, 8a-10p;Sat., 9a-6p;Sun.,
The mission of the REACH (Regional Educational Assessment Crisis Response and
Provides counseling for people (individuals, couples and families) addressing marital
Churchland Psychiatric Associates provides Psychotherapy services for children and
Cradock Baptist Church provides Sunday school services to any person with the
Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in
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Psychological evaluations; does not test children who are non-verbal. Accepts Medicaid and Medicare but not Medicaid HMO's are accepted.
EDEN Counseling Center provides a full range of counseling and psychological
Fishing Point Healthcare is committed to delivering world-class, compassionate care
Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic
GAP is a new Medicaid plan that will provide limited medical and behavioral
Hampton Roads Psychological Services provides Psychotherapy services for children and adults. Medicaid is accepted.
Harbor Point Behavioral Health Center offers intensive, residential treatment programs for youth in order to help them overcome behavioral health problems. Their programs provide a therapeutic and safe setting to address comprehensive mental health needs and give residents the tools they need for a complete recovery. Services: Intensive Psychiatric Programs for Children, Intensive Psychiatric Programs for Adolescents, Self-Injurious/Non-Suicidal Behavior
James Bentley Counseling Services provides the following
James Bentley Treatment Program provides intensive in-home services (IHH) for
Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).Maternal Mental Health Hotline is accessible by phone or text in English and Spanish.
Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and
NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather
National Counseling Group mobile crisis team provides professional and compassionate care in your home and community. Please call if an individual is
The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis

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Portsmouth Department of Behavioral Healthcare Services-CSB provides comprehensive services for individual with mental health, intellectual disability, substance abuse and/or co-occurring disorders. Call to scheduled an appointment and/or walk in Monday-Friday, 8:00 A.M. – 5:00 P.M. for screening. DBHS gives precedence to the following Priority Populations with intellectual disabilities, mental health and/or substance use disorder; pregnant females, intravenous (IV) drug users; HIV+, and individuals who are experiencing a mental health crisis, have been
Serenity Counseling LLC-Angela P. Callahan, LPC, NCC provides Psychotherapy and counseling for individual adults and/or couples, to include referral for medical
STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education
The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called, "Hidden in Plain Sight", to educate the community through
The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and
treatment. Their mission is: Advocate for mentally ill individuals. Strive for public
The Empowerment Network, LLC Is a Medicaid provider licensed by the Department of Behavioral Health and Developmental Services to provide Intensive In-Home
Counseling (IHC) and Mental Health Skill Building (MHSC) services to individuals in the
The Up Center offers trauma-informed, evidence-based mental health outpatient counseling to help children, individuals and families manage the stresses of life.
Individual, family and group services are offered to people of all ages dealing with a
Tidewater Regional Group Home-In-Home Service Program (IHSP) provides in home therapy services for children up to 21. Funding varies. Please call for further
information.
the Virginia Association Of Community Services Boards (VACSB) represents
Virginia's Community Services Boards and Behavioral Health Authority that provide
the premier behavioral health and developmental disability services in Virginia.
Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and
Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations,
Work authorization applications, Re-entry permits, Temporary Protective Status,
When you apply for a green card (adjustment of status) in the United States, you usually need to have a medical examination. The exam must be done by a doctor who is authorized by U.S. Citizenship and Immigration Services (USCIS). USCIS
designates certain doctors (also known as civil surgeons) to perform the medical
The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.

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Home visits to high risk maternity clients from the Health Departments or from private doctors is provided to those enrolled in Medicaid's Baby Care program. Some exceptions apply. Hours of operation: 8:15a.m-5:00 p.m.
Provides ten parenting classes. Most services are provided on a sliding scale.
CHIP is a comprehensive home visiting program for new, expectant and current parents. It is designed to help parents to be the best parents possible. Services
CHIP is a comprehensive home visiting program for new, expectant and current parents. It is designed to help parents to be the best parents possible. Services
Fatherhood-Mentoring Initiative program will include recruitment, orientation, educational assistance, health and wellness support, parenting, child support advice, referral services, career counseling, and an opportunity to dialogue and connect with other men with a desire to create a better life for themselves and their families.
First Home Care is fully operational. We continue to accept foster care referrals, conduct foster care placements and virtual foster parent training classes for those who are in the process of becoming foster parents. Please call for further information.
Fleet and Family Support Center-New Parent Support program provides parenting support from prenatal to age 4. Please call for further information.
Hampton Roads Doulas-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They provide 24-hour assistance. Services: prenatal doulas, postpartum doulas, birth doulas, placenta
Healthy Families is a comprehensive home visiting program for expectant parents. It is designed to help parents to be the best parents possible. It is an excellent resource for expecting families residing in the city of Norfolk. The program concentrates on
NMCRS – Navy Marine Corp Relief Society is a home visiting nurse program for parent and newborns housed at F&Fsupport Center in Norfolk. Please call for further information.
Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your
This program is a six weeks interactive program designed for parents of children 4-13 years of age. Focuses on parenting styles, understanding your child, instilling courage

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Mary Immaculate Family Focus is pleased to sponsor an exciting six-week, research-based video and discussion workshop called Active Parenting Now. Active Parenting Now is organized around the parenting skills necessary for instilling cooperation, ~~courage, responsibility, and self esteem in children. Parents will learn nonviolent~~ Provides information and resources needed for self-sufficiency to area residents.
Provides information and support to care for your baby through the first year and how to help your baby grow and develop. Must bring baby to sessions. Single Parents of Greater Hampton Roads is a local network of single parents. They provide family activities, adult social programs, and educational programs. Activities include bowling, camping, arts and crafts, museum trips, discussions, dances, house parties, restaurant trips, and much more! You choose which activities you want to
The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis ~~counselors who, through interpreters, provide assistance in over 170 languages~~
The Kinship Navigator Program seeks to maximize resources, provide seamless integrated services, and provide accessible information for prospective kinship families and current kin caretakers (relatives, members of their tribes or clans, godparents, stepparents, or any adult who has a kinship bond with a child).Kinship families may be eligible for child welfare services, including case management, Promoting Safe and Stable Families, preventative services, childcare and other programs. Please call for further information.
The planning Council offers information, referral and screening for home visiting programs for new expectant and current parents, infant and toddler programs, developmental delay programs, parenting classes, prenatal care, alcohol and drug resources, domestic violence resources,etc.. Areas covered: Chesapeake,Norfolk,Portsmouth,Virginia Beach,Suffolk,Franklin,Isle of Wight and Southampton County. Please call for further information.
A free after school program designed to reinforce strong family bonds while giving youth and families the necessary tools they need to avoid drugs, tobacco, and alcohol. Families meet on a weekly basis at our partnering schools to discuss issues that help ~~the entire family meet their full potential. Open to students who are enrolled in~~
Healthy Families is a comprehensive home visiting program for expectant parents. It is designed to help parents to be the best parents possible. It is an excellent resource for expecting families residing in the city of Norfolk. The program concentrates on ~~three areas that promote healthy families: early prenatal care, child development~~
Designed for parents with children up to 5 years of age. It uses free home visitation and group activities to provide parents the opportunity to recognize those teachable moments in their child's life. Parent educators help parents enhance their child's

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Strengthening Families gives children and adolescents the tools they need to avoid drugs, tobacco and alcohol through improved resistance skills, family communication, and parental involvement. This program is offered to children and their parents at selected Portsmouth public schools. Sessions are free and registration is required. Please call for further information.
For Children's Sake is a co-parenting seminar that provides parents with skills to shield their children from the conflict of separation or divorce. It is recommended that each parent attend separate sessions. For Children's Sake is approved for court mandated participants and all other parents undergoing separation or divorce procedures. Classes Tuesday nights 6:30AM-8:30 PM (Duration 6 weeks). Course cost is \$50/participant and pre-registration is required. Family can reside at any city.
Systematic Training for Effective Parenting (STEP) is a nationally-recognized seven-week program for parents of children ages one to six. Through this program, parents learn how to increase their child's self-esteem, improve parent-child communication, and apply effective discipline techniques. STEP is approved for court mandated participants and for all other parents interested in learning about childhood development and behavior. Course cost is \$50/participant and pre-registration is required.
Provides a variety of services and workshops for parents and guardians that will enhance both parenting skills and personal development.
UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy.
HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong and sure to be a great time in the classroom or at home. Please call or email for more information.
Planet Fitness-Free Summer Membership program is for Teens 14-19; they can work out FREE with High School Summer Pass™. PLUS, when they sign up, they are automatically entered for a chance to win a \$5,000 scholarship*. *NO PUR NEC. Ages 14-19 (with parent approval if a minor). Ends 8/31. Void where prohibited. Please visit the website for further information.

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Various locations at schools including "6 to 6" Before and After School Program a childcare alternative staffed by educational paraprofessional and recreation experts who will provide help with homework and educational projects as well as active games, contests, crafts and activities. Sponsored by : Portsmouth Parks, Recreational and Leisure Services and Portsmouth Public Schools. Held at Brighton, Churchland Academy, Churchland Elementary, Churchland Primary, James Hursts, Lakeview, Olive Branch, Parkview and John Tyler Elementary schools.
Summer RAYS is an 8 week program. This wholesome, educational, fun-filled, and stimulating program offers activities for youth ages *5-12, with special programming for teens ages 13-17. Site activities will include sports, games, arts/crafts,
Special RAYS: TEENS at Neighborhood Facility Recreation Center. Therapeutic Recreation program is specifically designed for participants ages 6-21 and only former/previous Therapeutic Camp participants/attendees are eligible to enroll in this year's camp. *Unable to provide assessment for new participants, therefore none will be accepted. <u>Camp site locations subject to change. Please call or visit the website</u>
Portsmouth TRC Summer Camp Program serves individuals with Developmental Disabilities. Hours: Monday-Friday 7:00 am - 5:00 pm. Ages 6-18. Cost: \$264 resident/\$440 non-resident.
The Up Center-Behavioral and Therapeutic Recreation Consultations are available to individuals who have a Medicaid Community Living Waiver. Behavioral Consultations support individuals and provide training to families and staff in use of Positive Behavior Supports to replace and/or manage challenging behaviors. Therapeutic Recreation Consultations support individuals in discovering and engaging in meaningful leisure activities to increase independence and enhance quality of life. Please call for further information.
The Up Center-Camp Horizon offers a summer camp for children, ages five and older, and adults with disabilities. Their dedicated counselors work individually with campers using a curriculum focused on therapeutic recreation and education. Camp Horizon is held from mid-June through mid-August on the campus of Virginia Wesleyan. Participants may attend day or overnight camp for a week or more. FEE: \$440 per day camp session; \$740 per overnight session plus \$25 application fee for each camper. Please call for further information.
can set rules that their children can understand and follow. We will explore the goals of behavior and discover how the power of encouragement helps children learn positive behavior. Parents will learn the importance of taking care of themselves as well as their child. The purpose of workshop is to educate parents about : Discipline, Problem Solving, Drug Abuse Prevention. Please call for further information.

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YMCA of South Hampton Roads is excited to provide teens FREE memberships this summer (June-August 2022, ages 13-18) through its Sponsor-a-Teen Program. Teens looking to receive a free membership simply fill out a quick, easy online application for
Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while you are away. Respite services DO NOT include bathing, personal care. Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority. Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship and Vocational Services Insurance. They currently accept Respite Care is a service that provides temporary childcare for persons with developmental disabilities. Care providers are knowledgeable of most special services which be required by a client. The availability of services, fees, and additional
Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority. When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need over the phone, and most people do not have to go to a doctor or the hospital. They can also help to learn about your risks before an emergency. Please call for further information.
Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and Please contact Portsmouth Fire-Rescue to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.

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A. Richards Counseling and Psychotherapy, LLC is a Virginia-licensed mental health provider offering a wide range of outpatient substance abuse treatment programs. <u>Please call for further information</u>
Offers psychiatric care for adults, specialized treatment for alcoholism and drug abuse, and a pain management program. In addition to inpatient treatment, the hospital provides day-hospital programs, outpatient services, information and referral
Churchland Psychiatric Associates provides Psychotherapy services for children and adults. Services includes: sexual abuse/ADHD, psych testing/play therapy, Chronic illness, behavior, medical issues, grief, substance abuse. NO straight Medicaid. Only City of Portsmouth, Department of Behavioral Healthcare Services, Substance Abuse Outpatient Treatment Services provides women's intensive outpatient programs.
Services available including assistance with mental health and substance abuse. Psychiatric and counseling services. Individual must be uninsured and reside in the city of Portsmouth
EVMS Portsmouth Family Medicine offers programs to help individuals with tobacco cessation. Please call for further information.
Individualized service helps youth and families. Intervention targets increased family functioning and stabilization to create lasting connections to community resources. Services include Intensive In-Home Services, Mentoring Program, and Substance Abuse Services
Fishing Point Healthcare is committed to delivering world-class, compassionate care to Medicaid and Tribal member patients. As a multifaceted healthcare system, they
GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following: Adult age 21 through 64 years old; U.S. Citizen or lawfully residing
Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
Harbour Pointe Medical and Rehabilitation Center provides rehabilitation treatment for alcohol and drug addiction. Please call for further information.
James Bentley Counseling Services provides the following Substance Abuse Education. Psychiatric Evaluation & Treatment. Please call for further information.
Provides Mental health, Intellectual disabilities and Substance abuse services to residents if local.

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National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Naval Medical Center Portsmouth Substance Abuse Rehabilitation Program provides rehabilitation services; includes addiction treatment for women.
New Hope Recovery Clinic Of Portsmouth is a rehabilitation center for treatment of alcohol and drug addiction. Please call for further information.
Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment
Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home.Fees:Vary from house to house, typically \$65-\$165 per day.
Portsmouth Department of Behavioral Healthcare Services-CSB provides comprehensive services for individual with substance abuse and/or co-occurring disorders. Call to scheduled an appointment and/or walk in Monday-Friday, 8:00 A.M. 5:00 P.M. for screening. Individuals are assessed and triaged within 24 hours of
SEFP (South-Eastern Family Project) Is a program from Hampton Newport News CSB that provides comprehensive day and residential treatment for pregnant and
Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is <u>always open! Counselors are ready for your call 24/7</u>
A Father's Footprint Support Group-EVMS Healthy Start Loving Steps Program goal is <u>touch many fathers to strengthen father support and foster cohesive co-parent</u>
Autism 101 Online Support Group Meeting on Wednesdays at 12:00 PM. Please <u>register to receive the meeting information:</u>
Autism Society of Tidewater host a weekly social for our Adults with Autism. They are adults on the Autism Spectrum who discuss what is going on in their lives, <u>successes and challenges and how to best support one another. Times: Saturdays</u>
Provides emotional support and information to any mother who has had a child die in youth (not for a mother whose child died as an adult). Other Eligibility Requirements: <u>Must be the mother of a child who has died in youth; must be a resident of Hampton</u>
offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.

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Chronic Pain and Headache Support Group is a support group for pain management. Please call for further information.
Healing Virginia Beach-Expressive Arts Project-Virginia sponsored by MOCA and EVMS is a program that provides critical resources for resiliency following the mass shooting in Virginia Beach. Participants are guided by art therapists, community
Support groups are offered on Monday and Tuesday evenings from 6-8 P.M. Please call for more information.
La Leche League Leaders are experienced mothers who are accredited by La Leche League International to help mothers and expectant mothers with all aspects of breastfeeding. They are available to address any breastfeeding questions or concerns
This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer participation and educational resources. This group is open to lung cancer survivors, their families, and friends to meet their unique needs.
Autism Society of Tidewater host a weekly ParentWebchat for Parents of Children with Autism. Times: Thursdays at 7:00PM. Please register to receive the meeting information:
Provides assistance for the homeless and tragedy victims. Has support group on Tuesday nights for women and on Thursday nights for men.
Portsmouth Grandparents As Parents/Brighton Solid Rock provides support for Portsmouth grandparents and other kinship caregivers rearing a second family. Support groups meet weekly at every Portsmouth public elementary school.
offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost: currently \$19
Provides a total program designed to handle all levels of drinking and driving problems for ages 16 and above.

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Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
Provides a faith-based approach to treating substance abuses and individuals infected with HIV/AIDS.
Autism Society of Tidewater host a weekly Virtual Health, Fitness and Nutrition Series .. There will be fitness games, dancing, cooking and nutrition information so we can all stay active and healthy. This is for the whole family especially our tweens.
First Home Care offers a continuum of services that support, train, advise, educate, nurture and treat children at risk, adults, and their families, through programs in Virginia. Services offered to foster parents may include: Foster parent training, Foster parent support, Intensive case management, Clinical support services, School/vocational support, Conflict resolution skills training,24-hour crisis support, Orientation program,Nonviolent crisis intervention, PR and First Aid training, A team
Children's Therapy Concepts,LLC They provide services to the very young with special needs, often from birth to age 18. These services include outpatient pediatric occupational therapy, speech therapy and physical therapy. Services could be provided in the home or other natural environments including, school, daycare, or in the community. This is an Early Intervention Provider Agency. Insurance Acceptance: t Humana Military,Anthem,Aetna,Cigna,Optima,Virginia Premier and All Medicaid HMO. Please call for further information.

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Children's Therapy Concepts, LLC. They provide services to the very young with special needs, often from birth to age 18. These services include outpatient pediatric occupational therapy, speech therapy and physical therapy. Services could be provided in the home or other natural environments including, school, daycare, or in the community. This is an Early Intervention Provider Agency. Please call for further

Dominion Physical Therapy & Associates provides the following services:
Occupational and Speech Therapy (Pediatric only), Pre-Employment Evaluations, Physical Evaluations, and Workers' Compensation Programs, Expert Medical Witness, Fall Prevention, Mobilized Wheelchair Evaluations, Pre and Post-Partum
Please call for further information.

ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.

Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastern 2 business days ahead.

The GoPass365 is a discounted yearly pass that will allow users to board any of HRT's services, the light rail, bus, ferry, and the Max anytime during service hours. The GoPass365 passes are offered to businesses and educational institutions to purchase through one of two program options. Participation will give these entities the ability to supplement employees' and students' transportation cost. Employees and

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HRT Purpose is to provide transportation needs in and around Hampton Roads. Fee: ~~Fee based~~
ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus
Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
Paratransit provides public transportation services for persons with disabilities, who because of their disability cannot utilize fixed route bus service. Paratransit is a shared ride service. Reservations Can be made up to 7 days in advance and cancellations ~~must be made (2) hours prior to the scheduled pick-up window time without a penalty~~
ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.

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Provides transportation to non-emergency wheelchair bound customers who cannot otherwise get around. LICENSURE: Class E Virginia Department of Health Emergency Medical Services. Serving ages 4 and above. Accepted payment Please Inquire. Comments: fees vary per mile. Comments: 9 A.M. - 5 P.M., Mon-Fri; after hours available if pre-scheduled. Accessing Services Appointments are taken by telephone. Expect to be contacted within 24 hours.
The Student Freedom Pass provides youth 17 years old or younger with unlimited free rides on Hampton Roads Transit's service in the cities of Chesapeake, Hampton, Newport News, Norfolk, Portsmouth, and Virginia Beach. Freedom to use public transportation improves access to: After-school activities, Recreation, Jobs, Libraries, Movies, Shopping, Concerts, The beach, etc. Parents can enjoy the time and money they will save when they stop chauffeuring and leave the safe and reliable driving to Hampton Roads Transit. Please call for program details.
The Virginia Department of Transportation (VDOT) has developed the Toll Relief Program to help ease the financial burden of tolls on Norfolk and Portsmouth residents hit hardest by the tolls on the Elizabeth River Tunnels. Eligibility: To qualify for Toll Relief, participants must: Reside in Norfolk or Portsmouth, Earn \$30,000 or less per year, Have or open a Virginia E-ZPass account and Take eight trips or more during a calendar month through the Downtown or Midtown tunnels. Please call or visit the website for further information.
Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.

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Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer- Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.

Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.

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Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	26022 Administration Center Drive, P.O. Box 550, Courtland, VA 23837	Southampton Department of Social Services Ph:757- 653-3080 Fax: 757- 653-0357	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing
CASA Program-Voces for Kids (Rev.06/30/24)	Voices for Kids CASA Program PO Box 949 409 Main Street Smithfield, Virginia 23431	Ph: 757-357-2170 Fax: 757-357-5709 Email: mjones@vfkcasa.org Website:https://www.vfkcasa.org	CASA volunteers are appointed by judges to advocate for neglected/abused children. Assist children with their personal/legal problems. Also helps to find a safe, permanent home for neglected abused children. Please call or visit the website for further information.
Child Protective Services (CPS) (Rev.08/24/23)	26022 Administration Center Drive, P.O. Box 550, Courtland, VA 23837	Southampton Department of Social Services Ph:757- 653-3080	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment.
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat Email:help@humantraffickinghotline.org.	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops, mentoring
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and
Report a Breastfeeding Incident-CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding

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South Hampton County WIC Program-Lactation/Breastfeeding Classes (Rev.12/03/19)	South Hampton County WIC Program-Lactation/Breastfeeding Classes Administration Center Drive P.O Box 09 Courtland, VA 23837	Contact: Stacey Revis Ph: 757-514-4722 Fax: 757-562-2630	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
BURIAL ASSISTANCE			
Burial Expenses Assistance-Southampton Department of Human Services (Rev.10/22/20)	Southampton County Department of Social Services 26022 Administration Center Drive Courtland, VA 23837	Phone:757- 653-3080 Fax:757- 653-0357 Website: http://www.southamptoncountysocialservices.com	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further information.
CHILD CARE			
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 http://www.childcareaware.org	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals, call Child Care Aware directly and ask for Key.
STOP Inc.-Childcare Financial Assistance - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i	Childcare has always been one of the most challenging barriers to employment retention for the working parents served by STOP. The goal of this initiative is to help relieve the financial burden endured by low and moderate income working parents due to childcare costs. STOP secures
DENTAL CARE			
Donated Orthodontics Program -	AAO, Attn: Donated Orthodontic	Attn: Donated Orthodontic	The American Association of Orthodontics has a donated orthodontics
Ivor Dental Center	Ivor Dental Center P.O. Box 210	Ph:757- 859-9070 Fax:757- 859-9073	Ivor dental center provides a full range of services including: Cleanings, X-Rays, Fillings, Extractions, Dentures, partials, crowns, bridges and more!
ODU Community Care Mobile Clinic-Dental Services (Rev.03/06/24)	ODU Community Care Mobile Clinic	Ph:757-45-CARES (757-452-2737) Email: oduprimarycareclinic@odu.edu OR ODUCommunitycare@odu.edu Website:https://communitycare-odu.com/!	ODU Community Care is a FREE healthcare program serving all ages. Services include dental screenings. The school will incorporate telehealth to help residents connect with specialists and other allied health professions. Coverage area: Southampton County and Franklin. Please call to schedule an appointment and visit the website for their location schedule.
Surry Area Free Clinic-Dental Services	Surry Area Free Clinic 474 Colonial Trail West	Ph:757-294-0132 OR 757-294-3185	The Surry Area Free clinic provides basic dental services. Hours: Monday-Friday: 9AM - 4PM Eligibility: Must be a resident of Surry, Isle of Wight
VDH Dental Clinical Programs-Western Tidewater Health District	VDH Dental Clinical Programs-Western Tidewater Health District	Contact: Dr. Elizabeth Bernhard Ph:757-653-3040 Website:	Dental services are provided in approximately half of Virginia's localities to pre-school and school age children who meet eligibility requirements. Eligibility for these services may be determined by school lunch status and/or family income. Dental services are available at health department

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Western Tidewater Free Clinic-Dental Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax: 757-923-1068 Email: info@wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services: Dental Care and pharmacy services. Eligibility requirements: Be
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater	Autism Society of Tidewater 5291	Ph: 757-461-4474 E:	Autism Society, Tidewater Virginia was established to help improve the
Down Syndrome Association of Virginia Peninsula	Down Syndrome Association of Virginia Peninsula	Ph: 757-890-3013	Down Syndrome Association of Virginia Peninsula mission is to enhance the lives of individuals with Down Syndrome, helping them reach their full potential by providing family support, education, and social opportunities in Peninsula. They New Parent Welcome Information, outreach to area
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline	Epilepsy & Seizures 24/7 Helpline	Ph: 1-800-332-	Epilepsy & Seizures 24/7 Helpline has trained information specialists
EZ Breathers: Partnership for Asthma	EZ Breathers: Partnership for	Contact your local Head	The EZ Breathers Asthma Education Program is a community-based
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Website: www.lionsclubs.org You must contact Lion's club	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering

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DME			
Ai Squared	Ai Squared	Ph:802-362-3612	Ai Squared provides devices for individual with sight impairment. The
American Printing House for the Blind	American Printing House for the	Ph:800-223-1839	American Printing House for the Blind Inc. provides educational materials,
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website: http://www.lincare.com/	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph:757-424-4822 Fax: 757-424-5871 Toll Free: 800- 965-2689 Website: http://www.lincare.com/	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 888- 558-5777	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for

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DOMESTIC VIOLENCE			
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453	Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates
National Sexual Assault Hotline (1/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233)	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The
The Project for the Empowerment of	The Project for the Empowerment of	Contact: Carmen Williams	The Project for the Empowerment of Survivors (PES) will expand Virginia
EARLY INTERVENTION			
Infant Stimulation Programs-Western	Western Tidewater-The Children's	Contact: Deborah Ukuhart	The Early Intervention program provides therapy/specialized services for
EDUCATION			
Department of Special Education Southampton	Marlene L. Duke, Director P.O. Box 96	Ph:757-653-2692 Fax:757-653-2165	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including
Head Start Program	Registration:	Children's Center (The)	The Head Start program provides grants to local public and private non-
Southampton Homeless Education	P.O. Box 96	Contact:Ms. Rhonda	Local homeless education liaisons are Local Educational Agency (LEA)
STOP Inc.-Technology Bus Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i escentral.com	STOP's Technology Bus provides elementary to high school students with a mobile technology and training system that creates opportunities for inclusion in the computer programming industry. This initiative provides students onboard, at local multi-city stops, with code-building processes, mentorship and engagement to prepare them for future economic
STOP Inc.-Youth Development Initiatives (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i escentral.com	STOP's Youth Development Initiatives are designed to engage youth in middle and high school. These programs provide opportunities for them to gain knowledge in the Science, Technology, Engineering, Agriculture and Mathematics fields through fun and innovative workshops covering these topics. STOP provides comprehensive summer camp experiences that
Virginia Adult and Literacy Services-	Virginia Adult and Literacy Services-	Ph: 757-653-2017	The Office of Adult Education and Literacy provides services related to
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samhsa.g	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused
Virginia Department of Emergency	Bureau of Emergency Services	Contact:Vernie W. Francis,	The Virginia Department of Emergency Management – Protecting the lives
EMPLOYMENT			
Department of Rehabilitative Services	Department of Rehabilitative	Ph:434- 336-6222	The Department of Rehabilitative Services provides job placement for

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STOP Inc. - Employment Supportive Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i escentral.com	STOP Inc. offers individualized and group training in acquiring techniques necessary for seeking and maintaining employment. Services include job preparation, interview techniques, job retention, employment counseling, referral and/or placement application completion, resume writing, job readiness training, money management, understanding credit scores, establishing and maintaining good credit, overcoming financial barriers and setting financial goals. All participants in the program must be willing to pursue the necessary educational opportunities to enhance their
STOP Inc. - Employment Training- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i escentral.com	Through collaboration with privately owned businesses, STOP is able to provide financial and educational support for qualified individuals seeking quality educational training for entry level positions in leading industries. STOP's goal is to provide continuing education to individuals seeking to enter/re-enter the local workforce. Additionally, in some instances, STOP may be able to provide continuing education to those who wish to keep their skills updated. Funded to Serve the Cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of
STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i escentral.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force including occupational, classroom, and on-the-job training, as well as job search and placement assistance. This Program is for: Homeless Veterans only. Please call for
STOP Inc. -Klean Slate Enterprises- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i escentral.com	Developed in 2005, Klean Slate was originally designed as a Social Business Enterprise to be a self-supporting division of STOP Incorporated. This initiative has evolved into a training and employment focused opportunity for low to moderate income individuals with employment barriers such as previous incarceration, transportation and back child support. Currently, the focus is on Pesticide Applicator Training for non-violent, currently incarcerated or recently released offenders. Serves Cities of Chesapeake,
Virginia Employment Commission- Portsmouth	Portsmouth VEC 824 George Washington Hwy Portsmouth, VA 23702	Ph: 757-396-6865 OR 757- 558-4455 Fax: 757-396-6939	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans' Services, Employer Services
FINANCIAL ASSISTANCE			
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be	Website:https://www.afford ableconnectivity.gov/how-	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	855-222-3252 or visit Website:Connect2Compete	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and
Cooling Assistance Program -LIHEAP- Southampton County Department of Social Services (Rev. 5/2/19)	Cooling Assistance Program - LIHEAP- Southampton County Department of Social Services 26022 Administration Center Drive	Phone:757- 653-3080 Fax:757- 653-0357 Website: http://www.southamptonco	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In addition, the household

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Courtland Baptist Church- Mobile Pantry	22264 Main Street, Courtland, Southampton, VA 23837	Courtland Baptist Church Mobile Pantry	Courtland Baptist Church Mobile Pantry provides emergency assistance for food pantry. Date/Time: Date/Time:3/28/17.
Courtland United Methodist Church	22407 Main St, Courtland, VA 23837	Ph:757-653-2240	Courtland United Methodist Church provides emergency assistance for food pantry. Date/Time:2nd Wednesday 9am-11am. Please call for further information.
Cover Virginia-Virginia-Based Assisters (Rev.1/21/19)	1.Southampton County DSS 26022 Administration Center Drive, Courtland, VA 23837	1. Southampton County DSS Ph:434-336-7757	Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed rigorous training courses and passed certification requirements. You can work with assisters on everything from
Crisis Assistance Program -LIHEAP- Southampton County Department of Social Services (Rev.5/1/19)	Crisis Assistance Program - LIHEAP- Southampton County Department of Social Services 26022 Administration Center Drive	Ph:757- 653-3080 Fax:757- 653-0357 Website: http://www.southamptoncountyva.gov	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-off is imminent, and inoperable or unsafe heating equipment. Types of Crisis
Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Main 757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsup	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth.Please call for further information.
Ebenezer Baptist Church	10686 Ivor Rd Ivor, VA 23866	Ph:757-859-6711	Ebenezer Baptist Church provides emergency assistance for food pantry. Date/Time:3rd Wednesday 10am-1pm. Please call for further information.
Energy Share Agencies	The Salvation Army	Fax:757- 653-0357 Website: http://www.southamptoncountyva.gov	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and electricity) and cooling assistance (for Virginia customers only).
Heating Assistance Program --LIHEAP- Southampton County Department of Social Services (Rev.5-9/19)	Heating Assistance Program -- LIHEAP- Southampton County Department of Social Services 26022 Administration Center Drive	Ph:757- 653-3080 Fax:757- 653-0357 Website: http://www.southamptoncountyva.gov	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements.
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/ls/ Providers:	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide proof of one of
Meals on Wheels-SEVAMP	Meals on Wheels-SEVAM	Ph:757-653-2105	Meals on Wheels provides meals packaged and delivered M-F for individuals with disabilities and elderly through the PAA for residents in Southampton. Please call for further information.
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 1-800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO),an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs are available in different areas

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(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website:www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website:www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Modeling 4.0:	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-9075	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid	Southampton County Department of Social Services 26022 Administration Center Drive Courtland, VA 22827	Phone:757- 653-3080 Fax:757- 653-0357 Website: http://www.southamptoncounty.gov/online-at-Cover-Virginia	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders<http://www.virginiamedicaid.d	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
Newsoms Methodist Church-Mobile Pantry	29193 South Main Street, Newsoms, VA 23874	Newsoms Methodist Church-Mobile Pantry	Newsoms Methodist Church -Mobile Pantry provides emergency assistance for food pantry. 9:30am-11:00am
Social Security Administration (Rev.11/16/20)	502 Hillpoint Blvd Suffolk Virginia 23434	Ph:866-835-7769 Main Number:800-772-1213 TTY:800-325-0778 Website: https://www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability.
Southampton County Department of Social Services	Southampton County Department of Social Services 26022 Administration Center Drive Courtland, VA 22827	Phone:757- 653-3080 Fax:757- 653-0357 Website: http://www.southamptoncounty.gov	The Southampton County Department of Social Services' mission is to provide benefits and services to the citizens of Southampton based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self.
STOP Inc. -Emergency Home & Accessibility Repairs Program (EHARP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website: https://stopinc.us	The Emergency Home and Accessibility Repair Program (EHARP) provides funds to remove urgent, emergency health and safety hazards. It also addresses physical accessibility barriers for low-income Virginians. The program provides funding to local administrators to undertake physical

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SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate in a low income Medical Assistance Program, Families applied and received free or reduced -price-school meals at school during the school year are automatically eligible otherwise you should apply. Benefits will be loaded
The Backpack Program	The Backpack Program Capron Elementary Schools 18414 Southampton Parkway Capron, VA 22820	Ph: 434- 658-4348	The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations. Bags/backpacks filled with food that children take home on weekends. Food is child friendly, nonperishable, and easily consumed.
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph: 866-348-6479 to find a site near you. Text FOOD to 877-877 Website:	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Program Ensures that Children have Access to Nutritious Meals.
The SLEEPTIGHT Hampton Roads Program- Smart Beginnings Western Tidewater (Rev.1/17/19)	The SLEEPTIGHT Hampton Roads Program- Smart Beginnings Western Tidewater	Ph: 757-562-8594 Email maburgess@franklinva.co	The SLEEPTIGHT Hampton Roads Program - Smart Beginnings Western Tidewater provides an opportunity for any low-income mothers that are at least 7 months pregnant to receive a portable crib and an education on safe
FORMULA/NUTRITION			
South Hampton County Health Department-WIC Program	South Hampton County Health Department-WIC Program 26022 Administration Center Drive	Ph: 757-653-3040 Fax: 757-653-0834	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding
South Hampton County Health Department-WIC Program-Formula	South Hampton County WIC Program-Formula	Ph: 757-653-3040 Fax: 757-653-0834	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental
HOME CARE			
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA	Contact: Jennifer Foster Service Facilitator	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph: 804-353-0461/	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maxim Healthcare-Virginia Beach/Norfolk	Maxim Healthcare 293 Independence Blvd Suite 400	Ph: 757-490-3009 Toll Free: 800-804-3009	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric
Total Business and Personal Services,	Total Business and Personal	Contact: Tenecia Brown-	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and
HOUSING ASSISTANCE/HOUSING SERVICES			
Homeless Assistance Program -The Planning Council (Rev.08/09/22)	The Planning Council 2551 Eltham Avenue, Suite I Norfolk, VA 23513	Contact: Natalie Jackson Continuum of Care Coordinator Ph: 757-622-9268, Ext.	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Prevention Program-Planning Council	Homeless Prevention Program-Planning Council	Southampton County Department of Social Services	Serving the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton, this program is designed to prevent persons from becoming

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Southampton

Regional Housing Crisis Hotline	Housing Crisis Hotline	Ph:757-587-4202	The Regional Housing Crisis Hotline provides Rental & Mortgage
STOP Inc. -Certified Housing Counseling / Prevention Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i	STOP Inc. provides Housing Counseling services to those persons experiencing hardship in maintaining or obtaining permanent housing. Certified Counselors provide ancillary services which include; Comprehensive Housing Counseling, Counseling for First Time Home
STOP Inc. -Emergency Home & Accessibility Repairs Program (EHARP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i	The Emergency Home and Accessibility Repair Program (EHARP) provides funds to remove urgent, emergency health and safety hazards. It also addresses physical accessibility barriers for low-income Virginians. The program provides funding to local administrators to undertake physical
STOP Inc. -Home Investments Partnership Funds (HOME)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i	The HOME Investment Partnerships Program (HOME) provides resources to fund a wide range of activities including building, buying, and/or rehabilitating affordable housing for rent or homeownership or providing direct rental assistance to low and moderate income families and
STOP Inc. -Supportive Services for Veteran Families(SSVF) - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that provides intensive case management assisting Veterans who are homeless or at risk of homelessness in obtaining safe, stable and
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane	Hampton Roads	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630	Ph:804- 525-7728 Toll Free:866- 393-0957	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resour ces757.org/	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia	211 Virginia	Dial: 211	2-1-1 VIRGINIA provides information and referral for the following basic
VictimConnect	VictimConnect	Ph:855-4-VICTIM	VictimConnect is a program of the National Center for Victims of Crime
INSTITUTIONAL CARE/SUPPORTS			
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	26022 Administration Center Drive, P.O. Box 550, Courtland, VA 23837	Southampton Department of Social Services Ph:757- 653-3080 Fax: 757- 653-0957	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services caseworkers may arrange for a wide variety of health, housing
Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no
Catholic Charities of Eastern Virginia-rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to
Child Protective Services (CPS) (Rev,08/24/23)	26022 Administration Center Drive, P.O. Box 550,	Southampton Department of Social Services	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children,

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Southampton

Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org Website: http://www.cccovfa.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad,
Department of Social Services-The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Main 757- 925-2302 Toll Free: 800- 468-8894 Email:	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk,
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.free	Free Legal Answers is a services where you will ask a volunteer
Jewish Family Service (JFS) of Tidewater	PO Box 65127 Virginia Beach, VA 23467	Ph: 757-938-9130 Website:https://www.jfs-tidewater.org	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 and older) who have been designated by the
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance (11/11/22)	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org)	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlr.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
Virginia Legal Aid Society-Suffolk (Rev.10/28/20)	Virginia Legal Aid Society Suffolk 155 East Washington St. Suffolk, VA 23434	Ph: 757-539-3441 Fax:757-539-5142 LawLine Toll Free: 866-534-5243 OR Ph:434-455-3080	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the
LGBTQ			
Trans Lifeline (Rev. 09/09/20)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people. they are available 10 hours a day every day of the
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev.08/18/22)	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency
MEDICAL CARE			
Ivor Medical Center	Ivor Medical Center	Ph:757- 859-6161	Ivor Medical Center is a family practice that provides the following

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Services Provided in Southampton

Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider. No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population: Lackey Virtual Care is for anyone age 18 years or older who lives in Virginia. Online visits are normally \$25, but they are free for a limited time through the generosity of
ODU Community Care Mobile Clinic (Rev.03/06/24)	ODU Community Care Mobile Clinic	Ph: 757-45-CARES (757-452-2737) Email: oduprimarycareclinic@odu.edu OR ODUCommunitycare@odu.edu Website: https://communitycare-odu.com/ !	ODU Community Care is a FREE healthcare program serving all ages. Services include wellness physicals, sports and school physicals, urgent care visits, and chronic care management. ODU Community Care has an interprofessional team that can address most concerns, including behavioral and mental health issues, women's and men's health, dental screenings, and many others. The school will incorporate telehealth to help residents connect with specialists and other allied health professions. Coverage area: Southampton County and Franklin. Please call to schedule an appointment and visit the website for their location schedule.
South Hampton County	South Hampton County	Ph: 757-653-3040	Services provided: Full prenatal obstetrical and well child services, Family
Stony Creek Community Health Center	Stony Creek Community Health	Ph: 434-246-6100	Stony Creek Community Health Center is a family practice that provides
Surry Area Free Clinic	Surry Area Free Clinic	Ph: 757-294-0132 or	The Surry free clinic provides medical care at little or no charge to low
Waverly Medical Center	Waverly Medical Center PO Box 20	Ph: 804-834-8871 Fax: 804-834-8875	Waverly Medical Center is a family practice that provides the following services: Physical Exams (including pap for women), Well Child Checks
Western Tidewater Free Clinic-Medical Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax: 757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services: Medical Care, Dental Care, Vision Care, Woman's Health Program, Medical Specialists, Partnerships, and Referrals, Mental Health
MEDICATION ASSISTANCE			
The Medication Assistance Program	The Medication Assistance Program	Contact: Sharon Patterson	The Medication Assistance Program is designed to connect uninsured and
MENTAL HEALTH			
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Text Line (Rev.11/24/21)	Western Tidewater Community Services Board 5268 Cadwin Blvd Crisis Text Line	Emergency Services: 757-925-2484 Children's Mobile Crisis: Text HELLO to 741741 or message at	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or
GAP-Governor's Access Plan	GAP-Governor's Access Plan Western Tidewater Community	Magellan care manager Ph: 1-800-424-4279 (	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Maternal Health Mental Hotline (U.S. Health and Human Services)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL 1 to 822862	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Southampton

NAMI Virginia's Statewide Hpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email:	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing.
National Suicide Prevention Lifeline	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255)	The National Suicide Prevention Lifeline is a national network of local crisis
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse;nutritional
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Empowerment) INITIATIVE (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i escentral.com	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called,"Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will include items that may conceal drugs, alcohol and contraband. The exhibit helps to educate parents and guardians on identifying early signs of substance and opioid abuse. There are many items on the market that allow young adults to hide things right in front of our eyes. Clues are provided and
STOP Inc.-Opioid & Substance Use Disorder Community Response (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.i escentral.com	STOP, working alongside the partners from the Franklin-Southampton County Wellness Coalition, has created a multifaceted platform to tackle the opioid used disorder (OUD) and substance use disorder (SUD) epidemic in the rural areas of Franklin and Southampton County. Efforts support treatment and recovery of those plagued by OUD/SUD, as well as, preventative measures through education of
Virginia Association Of Community	10128-B West Broad Street	Ph:804-330-3141	the Virginia Association Of Community Services Boards (VACSB)
Western Tidewater Community	Western Tidewater Community	Main: 757-255-7133	Western Tidewater Community Services Board assure the delivery of
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities-	Commonwealth Catholic Charities-	Ph: 757-337-6958	Commonwealth Catholic Charities-Interpretation Services Program
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:	Commonwealth Catholic Charities' staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Nurse Family Partnership-First Time Mothers (Rev. 6/27/19)	Nurse Family Partnership 135 Hall Street Suffolk VA 23434	Contact: Meredith Taylor Program Support technician Ph:	Nurse Family Partnership is a based home visitation program for first time mothers who are pregnant 28 weeks or less. Once a parent is enroll a register nurse will visit the mother throughout pregnancy and continue to

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Southampton**

The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.
The Children's Center Early head Start Home-Based Program (Rev.6/27/19)	The Children's Center Early head Start Home-Based Program	Contact: Laurie Phillips Ph:757-516-2722 Email:lphillips@childrenscen terva.com	The Children's Center is the grantee for the Western Tidewater Early Head Start program, which provides family-centered services to low-income pregnant women and families with children under the age of three. Early Head Start promotes the physical, cognitive, social, and emotional growth of young children as well as supports parents' roles as primary caregivers and educators.
The Planning Council-Home Visiting Central Intake (Rev.6/26/19)	The Planning Council Home Visiting Central Intake 5365 Robin Hood Rd #700, Norfolk, VA 23513	Ph: 757-622-9268 Ext. 3042 or 3061 Contact: Mennie Nelson- Barnes Referral Email: mneslon- barnes@theplanningcouncil .org OR Cheyenne Wesley Referral Email:cwesley@theplannin gcouncil.org Website:https:// www.theplanningcouncil.or g	The planning Council offers information, referral and screening for home visiting programs for new expectant and current parents, infant and toddler programs, developmental delay programs, parenting classes, prenatal care, alcohol and drug resources, domestic violence resources, etc.. Areas covered: Chesapeake, Norfolk, Portsmouth, Virginia Beach, Suffolk, Franklin, Isle of Wight and Southampton County. Please call for further information.
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare .com/tricare_pregnancy- childhood-education Email:debra.zalvan@ubicar e.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your child's age—as well as announcements from our staff and access to support information. Please visit the website to enroll.
RECREATION			
RESPIRE			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Southampton

Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Families must call main number to be directed to the local CSB Ph:757-255-7136 Fax: 757-255-7142 OR Visit the website to find	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
SAFETY			
Child Safety Seat Program Franklin Health Department	Child Safety Seat Program Franklin Health Department 200 Fairview Franklin, VA 23851	Contact: Louis Mornings or Cinthia Smith Ph:757-562-6109	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restrain of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website: https://poisonhelp.hrsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need over the phone. and most people do not have to go to a doctor or the hospital. They can also help to learn about your risks before an emergency. Please call for further information.
Smoke Detector Program (Rev.4/3/19)	Southampton Fire & Rescue	Ph:757 - 653-2317 Website: https://www.scfra.com	Please contact Southampton Fire & Rescue to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
GAP-Governor's Access Plan	GAP-Governor's Access Plan Western Tidewater Community Services Board 5268 Godwin Blvd,	Magellan care manager Ph:1-800-424-4279 (service 24 hours, 7 days per week) Local CSB	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility:
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website: www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.

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Services Provided in Southampton

Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism - Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
Western Tidewater Community Services Board	Western Tidewater Community Services Board 5268 Godwin Blvd. Suffolk, Virginia 23434	Main: 757-255-7133 OR 757-255-7136 Vicap/Children's MH Services Ph:757- 942-1978 Adult Mental Health Services	Western Tidewater Community Services Board assure the delivery of treatment for individuals affected with substance abuse. They provide a coordinated system of quality recovery oriented care in Mental Health and rehabilitation. Please call for further information.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group- Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group- Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer participation and educational
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost:currently \$19.
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: joganheartofalion@gmail.com	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Lighthouse Guild Teleconference	Virginia Department for the Blind & Vision Impaired	Contact:Judith Millman, Facilitator Contact:	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email
THERAPEUTIC FOSTER CARE			
THERAPIES			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Southampton

Children's Therapy Concepts,LLC (Rev. 3/12/18)	24030 Indian Town Rd Courtland, VA 23837	Contact: Kim Mallon Ph:757-776-3088 Cell:757-812-3288 Fax:757-612-4499 Email:mailto:kmallon@child	Children's Therapy Concepts,LLCThey provide services to the very young with special needs, often from birth to age 18. These services include outpatient pediatric occupational therapy, speech therapy and physical therapy. Services could be provided in the home or other natural environments including, school, daycare, or in the community. This is an
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0)	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details
I-Ride Transportation	I-Ride Transportation	Please call Ivor Medical Center at:757- 859-6161 or Ivor Dental Center at 757- 859-6161 to request I-Ride services and schedule	Horizon Health Services and Senior Services of Southeastern Virginia have joined together to provide a transportation service to our patients. If you live in Franklin or Southampton County and need a ride to your next appointment, schedule a round trip with I-Ride for just \$2!!
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services	ModivCare (formerly Logisticare)- Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodiv	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.

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Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev.	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Website: www.lionsclubs.org You must contact Lion's club answering service at: 757-416-3587 to find out other cities and regions contact number.	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Western Tidewater Free Clinic-Eye Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Vision Care and Pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the FPL.; Have no medical insurance and not eligible for Medicare or VA

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WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Southampton Department of Public Health 26022 Administration Center Drive P.O. Box 09 Courtland, VA 23837	Call to request Screening: Ph:757-653-3040 Fax:757-653-0834	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver
Developmental Disabilities Waiver Experts- Building Independence (BI), Family & Individual Support (FIS)	Waiver Experts- BI, FIS and CL Waivers Western Tidewater Community	Main:757-942-1069 Theresa Pope Email:tpope@wtcsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI, FIS and CL Support
Building Independence (BI) Waiver	BI Waiver Western Tidewater Community Services Board	Families must call main number to be directed to the local CSB	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in
Community Living (CL) Waiver	CL Waiver Western Tidewater Community Services Board	Families must call main number to be directed to the local CSB	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in
Family and Individual Support (FIS) Waiver	FIS Waiver Western Tidewater Community Services Board 5268 Godwin Blvd,	Families must call main number to be directed to the local CSB Ph:757-255-7136	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	20103 Princeton Road , Stony Creek, VA 23882	Sussex Department of Social Services Ph:434- 246-1083	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange
Child Protective Services (CPS) (Rev.08/24/23)	20103 Princeton Road , Stony Creek, VA 23882	Sussex Department of Social Services Ph:434- 246-1083 Fax:434- 246-2504	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their
National Center for Victims of Crime	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat Email:help@humantraffickingh	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.co	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops,
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit CINCH- Consortium for Infant and Child Health	Hampton Roads Breastfeeding Education Advocacy Team CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph: 757- 446-6039	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work environments.
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.
Sussex Health Department WIC Program Lactation/Breastfeeding Classes, Formula	Sussex Health Department 20103 Princeton Road P.O. Box 1345 Sussex, Virginia 23884	Ph: 434- 246-8611 Fax: 434- 246-8610	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.

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BURIAL ASSISTANCE			
Burial Expenses Assistance- Sussex Department of Human Services (Rev.10/22/20)	Sussex County Department of Social Services P.O. Box 1336 20103 Princeton Rd Sussex Virginia 23884	Phone: 434- 246-1083 Fax: 434- 246-2504 Website: http://sussexcounty.gov/office	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further information
CHILD CARE			
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 option 2 Statewide number:	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-
DENTAL CARE			
Appomattox Health and Wellness Center	Appomattox Health and Wellness Center 321 C Poplar Drive Petersburg VA 23805	Ph: 804-733-3506	Appomattox Health and Wellness Center offers dental services to meet the needs of your entire family. Services include the full range of general dental care including preventative, restorative, periodontal care, crowns, bridges, and limited cosmetic dentistry. In addition, our dentists provide children's dentistry to children ages 4 and up, basic oral surgery (extractions, wisdom teeth), and endodontic services (root canals). If you need urgent dental care, our dentists will do their best to see patients the same day. Dental services are available to patients of all ages with or without insurance. We also offer a sliding scale fee (based on income and family size) for
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314-689-0293 Website: https://www.aaoinfo.org/_dos/	The American Association of Orthodontics has a donated orthodontics program. They provide high-quality orthodontic care for children of families with financial need. Eligibility:• Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less, Child should not be currently in braces or between phases of treatment, (DOS Patients cannot already be in braces or between phases of orthodontic treatment.), Child should receive regular dental care and have good oral hygiene. Parent should complete an application. After approval parent will be asked to pay \$200 administration fee. Please call or visit the website for further information.
Western Tidewater Free Clinic- Dental Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Dental Care and pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the FPL,; Have no dental insurance and not eligible for Medicare or VA benefits. Hours:Monday-Friday:hours vary. Please call or visit the website for further information.
DEVELOPMENTAL DISABILITIES			

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Services Provided in Sussex

Autism Society of Tidewater	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph: 757-461-4474 Email: nicole.miller@tidewaterasa.org www.tidewaterasa.org AND www.autism- society.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully included, participating members of their communities, is implemented.
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy.c om/247-helpline	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists respond to most often include: Current epilepsy treatment and alternative therapies, Medication questions, Support groups, Seizure first aid and safety devices, Employment and discrimination, Emotional support, Epilepsy Foundation local offices and Sudden Unexpected Death in Epilepsy (SUDEP). Interpreters available for over 200+ languages.
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of parents to serve as peer counselors, a home health visit, subspecialty care for the more severe children with asthma, and a smoking cessation program. Their Goals & Objectives are increase access to preventive care for all children in Head Start, improve asthma awareness, prevention, and treatment strategies for staff and parents of asthmatic children enrolled in Head Start, and improve the quality of life for these asthmatic children and their families. Target Population: Infants and Toddlers (0-2), Pre-school age children (3-5)
Lions Club International-Sight Programs	Lions Club International- Sight and Hearing Aids Programs	Website: www.lionsclubs.org You must contact Lion's club answering service at 757-416-3587 to find out other cities and regions contact number.	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
DME			
Active Forever	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com Website: www.activeforever.com	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com Website: www.aisquared.com	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information.

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American Printing House for the Blind Inc.	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org Website:	American Printing House for the Blind Inc. provides educational materials, recreation products,toys,daily living,braille books and other products. Please call for further information.
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter 500 Sentara Circle, Suite 201 Williamsburg, VA 23188	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: Williamsburg@freefoundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children in need of mobility equipment have access to many other sources therefore, FREE focuses on serving the at risk adult population.
Home Care Delivered	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.

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National Seating & Mobility	National Seating & Mobility	Ph: 757- 466-1553 Fax: 757- 455-8536 Toll Free: 877- 326-	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion		Ph: 757- 966-7964/804- 550-5777 Fax: 757-966-7965 Website: https://www.numotion.com	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
DOMESTIC VIOLENCE			
Certified Batterer Intervention Program-Skinner Holistic Health Corporation	Certified Batterer Intervention Program-Skinner Holistic Health Corp 158 Pleasant Shade Drive	Contact: BIP Director: Marvin E. Skinner Ph: 434- 348-9071 Fax: 434- 336-0835 Email: skinpknights@telpage.net	Skinner Holistic Health Corporation-Certified Batterer Intervention Program is designed for men and women who come on their own or have been court-ordered to attend classes. Participants learn to identify their triggers and change their unhealthy reactions to more healthy responses. Please call for further information.
LGBTQ Partner Abuse & Sexual Assault Helpline	LGBTQ Partner Abuse & Sexual Assault Helpline	Phone: 866-356-6998 Text: 804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
loveisrespect	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453 Text: loveis to 22522 Website: www.loveisrespect.org	Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support, information and advocacy to young people who have questions or concerns about their dating relationships. Information and support is available to concerned friends and family members, teachers, counselors, service providers and members of law enforcement. Free and confidential phone, live chat and texting services are available 24/7/365. Services are available in English and Spanish.
National Sexual Assault Hotline	National Sexual Assault Hotline	Hotline: 800-656-4673	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and Spanish.
The National Domestic Violence Hotline	The National Domestic Violence Hotline	SAFE 800-799-7233 TTY: 800-787-3224 Website: www.thehotline.org/	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is available 24/7. Services are available in English and Spanish.
The Project for the Empowerment of Survivors (PES) Legal Services -Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335 (Ext 2119) Email: cwilliams@vsdvalliance.org Website: www.vadata.org	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved, an opportunity to find answers to legal questions, to gain insight into additional legal issues, to carefully weigh legal options on the phone and through chat and to be linked with both legal advocacy and legal services in their communities.
EARLY INTERVENTION			

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Infant Stimulation Programs-Crater District	Early Intervention Program (District 19 CSB) 20 W. Bank St., Ste. 3 Petersburg, VA 23803	Contact: Kay Toombs, Program Manager Ph: 804-862-8049 Fax: 804-863-1605 Email: ktoombs@d19csb.com Website: infantva.org	The Early Intervention program provides therapy/specialized services for families with infants and toddlers at-risk and have a developmental disability, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and speech therapy; educational and behavioral instruction; service coordination to families. There is no fee charged for evaluations or service coordination. The major goals of the programs are to support and assist families in working more effectively with their children and to increase the developmental skills of the infant served. Considerable evidence is available which indicates that systematic intervention early in the child's life can significantly reduce the effects of the special medical condition and maximize the potential for overall
EDUCATION			
Department of Special Education Sussex	Michele Harris, Director P O Box 1368 Sussex, VA 23884	Ph:434-246-4388 Fax:434-246-8214 Email:mharris@sussex.k12.va.us	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other settings and instruction in physical education. The term includes each of the following if it meets the requirements of the definition of special education: 1. Speech-language pathology
Head Start Program	Registration: The Improvement Association 1750 East Atlantic Street	The Improvement Association Ph:434- 634-2490 ext. 236 Website:http://www.impassoc.	Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers
Sussex Homeless Education Coordinator	Barbara Blount 21032 Sussex Dr. PO Box 1368 Sussex, VA 23884	Phone: 434-246-1051 Fax: 434-246-8214 Email: bbblount@sussex.k12.va.us	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in homeless situations. Some of these activities may be performed by the local liaison himself or herself, while others are accomplished by coordinating the efforts of other staff
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers: "ASL Now" button or call 1-800-985-5990 Website:DisasterDistress.samhsa.gov	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster.
Virginia Department of Emergency Management	Bureau of Emergency Services PO Box 1397 Sussex, VA 23884	Contact: Eddie Vick Office: 434-246-5511 Ext. 3077 Fax: 434-246-8155	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.
EMPLOYMENT			
Department of Rehabilitative Services-Petersburg Office	Department of Rehabilitative Services DRS Petersburg Office 2795 S. Crater Road, Suite	Contact:: Erica Schwartz Ph: 804- 863-1625	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education, work or independence, DRS collaborates with schools in providing Transition Services. DRS also works with federally funded One Stop Centers to provide workforce services to persons with disabilities. Please call for further information.

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Virginia Employment Commission-	Virginia Employment Commission 5240 Oaklawn Blvd,Hopewell,23860 Mailing Address	Ph:804- 541-6548 Fax: 804-541-6517	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans' Services, Employer Services (including the Employer Advisory Committees), and the State Monitor Advocate.
Virginia Employment Commission	Virginia Employment Commission 5240 Oaklawn Blvd,Hopewell, 23860 Mailing Address P.O. Box 1111 Petersburg 23804	Ph: 804- 541-6548 Fax: 804-541-6517	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm. Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the Workforce Centers make available job search assistance to individuals, and recruiting and referral services to employers. Services available to workers include job referral and placement, referral to training, and job search skill building activities. VEC staff can assist employers by screening and referring applicants for job vacancies, providing critical labor market information for business and economic planning, and coordinating Employer Advisory Committee
FINANCIAL ASSISTANCE			
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of your proof documentation, to: ACP Support Center PO Box 7081 London, KY 40742	Website: https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the Federal Poverty Line, or if you or someone you live with currently receives a government benefit like SNAP, Medicaid, SSI, WIC, Pell Grant, or Free and Reduced-Price Lunch. If your household is eligible, you could receive: Up to a \$30/month discount on your internet service: Up to a \$75/month discount if your household is on qualifying Tribal lands;A one-time discount of up to \$100 for a laptop, tablet, or desktop computer (with a co-payment of more than \$10 but less than \$50) and A low cost service plan that may be fully covered through the ACP.You can apply online, by mail, or by contacting your current internet company.
Center Star Baptist Church	18367 Gray Rd Yale, VA 23897	Ph: 434- 535-8667	Center Star Baptist Church provides emergency assistance for food pantry. Date/Time: 4th Saturday noon-2pm. Please call for further information.
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	855-222-3252 or visit Website:Connect2Compete.org/Cox.	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the National School Lunch Program. C2C is offered in partnership with leading cable
Cooling Assistance Program -	P.O. Box 1336	Ph: 434- 246-1083	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or
Cover Virginia-Virginia-Based Assisters	Sussex County DSS 20103 Princeton Road Sussex, VA 23884	Sussex County DSS Ph: 434-336-7757	Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have completed rigorous training courses and passed certification requirements. You can work with
Department of Social Services-The Division of Child Support Enforcement (DCSE)	1610 Forest Ave Suite 200 Henrico , VA 23229	Ph: 804- 367-8420 TOLL FREE: 800-468-8894	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. ~~The primary goal of DCSE is to work with parents and guardians to help~~
Energy Share Agencies-Sussex		Sussex County DSS Ph: 434-246-7020 ext. 3047	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and electricity) and cooling assistance (for Virginia customers only) in summer. Must contact local agency to apply.

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Heating Assistance Program-LIHEAP- Sussex Department of Social Services	Heating Assistance Program- LIHEAP- Sussex Department of Social Services P.O. Box 1336 20103	Ph: 434- 246-1083 Fax: 434- 246-2504 sussexcounty.govoffice	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be met. The household must be responsible for paying the heating bill. Application Period: Heating: October 9 - November 9.Please call for further information.
Lifeline	Lifeline	www.lifelinesupport.org/lis/ Providers: *Safelink Wireless Ph: 800-723-3546 www.safelinkwireless.com/Safelink/phones *Assurance Wireless Ph: 888-888-4888	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide proof of one of the government qualifying programs :SNAP card, Medicaid card, Supplemental Security Income (SSI) benefit letter, Federal Public Housing Assistance (FPHA) award letter, or other accepted documents or prove of annual income (federal, or Tribal tax return, pay stubs for 3 consecutive months, or other accepted documents.). Application is available online only.
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph: 800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs are available in different areas of the state. MCOs that provide health care to Medicaid and FAMIS enrollees include Aetna Better Health of Virginia, Anthem HealthKeepers Plus, INTotal Health, Kaiser Permanente, Optima Family Care, and Virginia Premier.
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249 www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687 www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0: Website:www.MCCofVA.com	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan:	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings-United Healthcare	Ph: 866-622-7982 www.uhccommunityplan.com	United Healthcare Provider Listings.

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Medicaid	Sussex County Department of Social Services P.O. Box 1336 20103 Princeton Rd	Ph: 434- 246-1083 Fax: 434- 246-2504 Website: http://sussexcounty.gov/office	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website: www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management Ph: 888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Optima Health-Healthy Savings- Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings- Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website: https://www.healthysavings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should register their card at healthysavings.com/optimahealth . They will receive emails with the savings available for the week and have the savings pre-
Social Security Administration (Rev.11/16/20)	20103 Princeton Rd Sussex, VA 23884	Ph:434) 246-1083 Main Number:800-772-1213 TTY:800-325-0778 Website: https://www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also administer the Supplemental Security Income program for the aged, blind, and disabled. Find how to apply for a Social Security number or to replace your Social Security card. Please call or visit the website for further information.
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiassnbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate in a low income Medical Assistance Program, Families applied and received free or reduced-price-school meals at school during the school year are automatically eligible otherwise you should apply. Benefits will be loaded onto their existing SNAP
Sussex County Department of Social Services	Sussex County Department of Social Services P.O. Box 1336 20103 Princeton Rd Sussex, Virginia 23884	Phone: 434- 246-1083 Fax: 434- 246-2504 Website: http://sussexcounty.gov/office	The Sussex County Department of Social Services' mission is to provide benefits and services to the citizens of Sussex based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore family stability as well as promote and protect the well-being of adult protective services, foster care, employment services, food stamps, temporary assistance to needy families, Medicaid and child care. Please call for further information. Office Hours: 8:00 a.m. to 5:00 p.m., M-F.

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The Backpack Program	The Backpack Program Wakefield Elementary Schools: E.W. Chambliss - 10415 Higgins Street Wakefield, VA 22988	Ph: 757- 899-5391	The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations. Bags/backpacks filled with food that children take home on weekends. Food is child-friendly, nonperishable, and easily-consumed Bags/backpacks are discreetly distributed to children on the last day before the weekend or holiday vacation.
7th Day Adventist-Mobile Pantry	19155 Courthouse Road, Sussex, VA 23897	7th Day Adventist-Mobile Pantry	7th Day Adventist-Mobile Pantry provides emergency assistance for food pantry.
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 ww.fns.usda.gov/SummerFood Rocks to find a site near you	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that Children have Access to Nutritious Meals and Snacks When School is not in Session.
FORMULA/NUTRITION			
Sussex Health Department WIC Program	Sussex Health Department WIC Program 20103 Princeton Road Sussex, VA 23884	Ph: 434- 246-8611	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding mothers.
Sussex Health Department WIC Program-Formula	Sussex Health Department WIC Program- Formula 20103 Princeton Road P.O. Box 1345 Sussex, Virginia 23884	Ph: 434- 246-8611 Fax: 434- 246-8610	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided. The WIC program provides the following formulas for infants: Similac Advance, Similac Isomil Advance. If a special formula is needed, provider should complete a WIC form -Request for special formula. For a list of Approved formulas contact the states WIC office at (804) 864-7800. No approved
HOME CARE			
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilaicator Ph: 757-262-	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
La Casa Inc.	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461 Fax:804-497-7401	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maxim Healthcare-Virginia Beach/Norfolk	Maxim Healthcare 293 Independence Blvd Suite 400 Virginia Beach, VA 23462	Ph: 757-490-3009 Toll Free:800- 804-3009 Fax:877-799-3228 E- mail:vabeach@maxhealth.c om	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Accomack, Chesapeake (City and County), City of Portsmouth, city of Suffolk, City of Virginia Beach,Norfolk,Northampton,Southampton and Sussex. Please call for further information.
HOUSING ASSISTANCE/HOUSING SERVICES			

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INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children (Rev.02/16/23)	Hampton Roads	Hampton Roads Ph:757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in
Disability Navigator	Disability Navigator 7501 Boulder View Drive Suite 630 N. Chesterfield, Virginia 23225	Ph: 804- 525-7728 Toll Free: 866- 393-0957 Email: info@virginianavigator.org	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial concerns, legal questions, health facilities, housing options, transportation, exercise programs, advocacy, and more.
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/ Email:info@resources757.org	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:: http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives: Job training, English as a second language classes, GED preparation, financial and transportation assistance; Support for seniors and those with disabilities.
Victim Connect	Victim Connect	Ph: 855-4-VICTIM (855-484-2846) www.victimconnect.org	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	20103 Princeton Road , Stony Creek, VA 23882	Sussex Department of Social Services Ph:434- 246-1083 Fax:434- 246-2504 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal
Child Protective Services (CPS) (Rev,08/24/23)	20103 Princeton Road , Stony Creek, VA 23882	Sussex Department of Social Services Ph:434- 246-1083 Fax:434- 246-2504 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also develops statewide public awareness and education programs and administers state and federal grants to prevent abuse and

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Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org Website: http://www.cccovfa.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status Citizenship, Citizenship applications, Citizenship test preparation, Employment Based Immigration Services, H-1B Visas, H-2B Visas, Temporary Protected Status and Asylum, Family Based Immigration Services, Petitions for relative and family
Division of Child Support Enforcement -Central Virginia District Office (Rev.12/09/19)	Division of Child Support Enforcement -Central Virginia District Office 1610 Forest Ave Suite 200	Ph: 800-468-8894 Fax: 804- 662-7400 dss.virginia.gov/family/dcseoffi ces.cgi	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Amelia, Brunswick, Chesterfield, Colonial Heights, Dinwiddie, Emporia, Greenville, Goochland, Hanover, Henrico, Hopewell, Nottoway, Petersburg, Powhatan, Prince George, Surry, Sussex Please call for further information.
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freeleg alanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) - Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335 Ext. 2119 Email: cwilliams@vsdvalliance.org Website: www.vadata.org/chat	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved, an opportunity to find answers to legal questions, to gain insight into additional legal issues, to carefully weigh legal options on the phone and through chat and to be linked with both legal advocacy and legal services in their communities.
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
Virginia Legal Aid Society-Suffolk (Rev.10/28/20)	Virginia Legal Aid Society Suffolk 155 East Washington St. Suffolk, VA 23434	Ph: 757-539-3441 Fax:757-539-5142 LawLine Toll Free: 866-534- 5243 OR Ph:434-455-3080 Website: www.vlas.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer, employment, domestic relations, housing, government benefits, landlord/tenant, consumer, commercial.
LGBTQ			

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LGBTQ Partner Abuse & Sexual Assault Helpline	LGBTQ Partner Abuse & Sexual Assault Helpline	Ph: 866-356-6998 Text: 804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Trans Lifeline	Trans Lifeline	Ph: 877- 565-8860 www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self harm, etc. They welcome the call of any transgender person in need and will connect them with services that can help them meet that need.
MEDICAL CARE			
Appomattox Health and Wellness Center	Appomattox Health and Wellness Center 321 C Poplar Drive Petersburg VA 23805	Ph: 804-733-3506	Appomattox Health and Wellness Center provides a comprehensive set of services for your convenience. Medical Services including Family Practice, Internal Medicine, Pediatrics, HIV/AIDS case management, Immunizations, Obstetrics and Gynecology, laboratory, mammography, and x-ray. Medicare, Medicaid and Private insurance is accepted. Sliding Scale Fee is available and they are able to discount many dental, medical and pharmacy charges based on a family's ability to pay (income). In order for a family or individual to be considered for this discount, certain income information
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic -Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 757-886-0608 ext.	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population:Lackey Virtual Care is for anyone age 18 years or older who lives in Virginia.Online visits are normally \$25, but they are free for a
Pathways Free Specialty Clinic	Pathways Free Specialty Clinic 1200 West Washington St., Petersburg, VA 23803	Contact: Ron Thompson Ph: 804-862-1104 ext. 301 Fax: 804.862.1015 Email: info@pathways-	Pathways to Health is a Southside Virginia's only free clinic specializing in the following areas: By referral: Heart conditions, Arthritis, Sleep disorders and Asthma. Walk-in: Flu vaccination (seasonal and H1N1),Hepatitis B vaccination ,Women's breast health. They also provide education in nutrition, exercise, managing fibromyalgia, and more. Please call for further information.
Stony Creek Community Health Center	Stony Creek Community Health Center 12454 Hartley St PO Box 188 Stony Creek VA 23882	Ph: 434-246-6100	Stony Creek Community Health Center is a family practice that provides the following services: Physical Exams, Well Child Checks, Immunizations, sick visits and some gynecological women care. Nursing services includes: Limited Lab Work, X-rays, etc. Medicaid and private insurance is accepted. Sliding scale fee is available and is based on family gross income. Hours of operation: Monday, Wednesday and Friday from 8:00am to 5:00pm and Tuesday and Thursday from 8:00am to 7:00pm.
Surry Area Free Clinic	Surry Area Free Clinic 474 Colonial Trail West PO Box 32 Surry, VA	Ph: 757-294-0132 or 757-294-3185 Fax:757-294-3352 Website: www.surryfreeclinic.org	The Surry free clinic provides medical care at little or no charge to low income, uninsured and underinsured persons. Hours of Operation: Administration, Monday - Friday 9am to 4pm.Eligibility: Uninsured adult (19 to 64 years), residing in serve area, must be income eligible, must be under 200% of FPG. Please call for further information

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Sussex Health Department	Sussex Health Department 20103 Princeton Road P.O. Box 1345 Sussex, Virginia 23884	Ph: 434- 246-8611 Fax: 434- 246-8610	Sussex Health Department offers the following services: Childhood Immunizations, Childhood Lead Poisoning, Communicable Disease Services, Sexually Transmitted Disease Services (STD), Medical services including diagnosis and treatment, Education and counseling, HIV Services. Family Planning, Pregnancy Testing, Maternity Comprehensive prenatal care including periodic physical exams, lab testing, assessment of weight, blood pressure and nutritional counseling. Eligibility requirements vary depending on the service provided. Some services are free, some are a flat fee and others are based on a sliding fee scale. Sliding fee scale means that in general, the more income you have, the larger the fee you pay for services. Financial eligibility is determined annually and whenever there is a change in financial status. You must have identification and proof of income when services are provided.
Waverly Medical Center	Waverly Medical Center PO Box 29 344 West Main Street Waverly, VA 23890	Ph: 804- 834-8871 Fax: 804- 834-8875	Waverly Medical Center is a family practice that provides the following services: Physical Exams (including pap for women), Well Child Checks, Treatment of Chronic Conditions (asthma, heart disease, diabetes), Workman's Comp Injuries and CDL/Pre-Employment and School Entrance Exams. Nursing services includes: Lab Work, Drug Screenings, Injections (allergy, B-12, Influenza), Immunizations, Blood Pressure Checks. No appointment is necessary for the nursing services. These services can be
Western Tidewater Free Clinic- Medical Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax: 757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services: Medical Care, Dental Care, Vision Care, Woman's Health Program, Medical Specialists, Partnerships, and Referrals, Mental Health Counseling, One-on-one Patient Education and Pharmacy services. Eligibility requirements: Be an adult, age 18 or older. Live in Suffolk, Franklin, or Isle of Wight.
MEDICATION ASSISTANCE			
Appomattox Health and Wellness Center	Appomattox Health and Wellness Center 321 C Poplar Drive Petersburg VA 23805	Ph: 804-733-3506	Appomattox Health and Wellness Center offers pharmacy services patients who have difficulty affording their prescriptions can take advantage of either of our two centrally located pharmacies. There, an income-based discount may decrease the cost of prescriptions and in addition, both of our pharmacies accept most prescription insurance cards. patients who do not have prescription drug coverage may qualify for medication assistance from pharmaceutical companies. Medication Assistance
MENTAL HEALTH			
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB (Rev.11/22/19)	District 19 Community Services Board 232 Coppahaunk Avenue Waverly, VA 23890	Ph: 804- 834-2205 Fax: 804- 834-2625 Email: rprim@d19csb.com Crisis Line: 855-282-1006 Crisis Hotline: 855- 282-1006	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
Appomattox Health and Wellness Center	Appomattox Health and Wellness Center 321 C Poplar Drive Petersburg VA 23805	Ph: 804-733-3506	Appomattox Health and Wellness Center offers fully-integrated and confidential Behavioral Health Services in several of our office locations. A fairly broad range of services are available, and vary by site depending on provider specialization. Each site with Behavioral Health Services offers evaluation and treatment services for mood, anxiety, and adjustment disorders and the interacting effects of psychological/behavioral factors and medical conditions (e.g., obesity, smoking cessation, coping with chronic illness, including pain management). Certain sites offer

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Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
District 19 Community Services Board	District 19 Community Services Board 232 Coppahaunk Avenue Waverly, VA 23890	Ph:804- 862-8054 OR Crisis Services Ph:804 862-8000 Toll-Free Crisis Line: 866- 365-2130	District 19 Community Services Board helps to improve the quality and productivity of the lives of individuals who experience, or are at risk of experiencing, mental disabilities and/or substance abuse. Integrated services are available for adults, children and families through a screening/assessment process. Our Services Adult Services: Adult Case Management, Residential Support Services, Day Programs, Substance Abuse Services, Psychiatric & Nursing Services, read more Child & Adolescent Services, Children's Clinical & Prevention Services, Juvenile Corrections
District 19 Community Services Board-Sussex Counseling Services	474 Colonial Trail West P.O. Box 296 Surry, VA 23883 OR 232 Coppahaunk Avenue	Contact:Deatrice Delk, LPC, CPSC Clinic Manager Ph:757- 294-0037 Fax:757- 294-5113	Sussex Counseling Services provides comprehensive counseling services for children and adults. Please call for further information.
GAP-Governor's Access Plan	GAP-Governor's Access Plan Community Services Board 20 West Bank St Dorchester, VA 22603	Magellan Care Manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:804 862 8054	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adults age 21 through 64, non-elderly U.S. Citizens or lawful permanent residents.
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).Maternal Mental Health Hotline is accessible by phone or text in English and Spanish.
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or treatment they need through tough times.
NAMI Virginia's Statewide Hlpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hlpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing, financial assistance, and much more. Our Helpline staff is here to help you

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Services Provided in Sussex

National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 Veterans Crisis Line: 800-273-8255 Website:https://suicidepreventionlifeline.org/	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org Website:https://vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@ccc ofva.org Website: http://www.cccofva.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. Our interpreters are tested and trained to ensure they provide accurate, complete, professional, and confidential interpretation and translation. The fees for services are competitive for tested and trained interpreters. For more information, or to schedule an interpreter please contact us in your area or
Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@ccc ofva.org Website:	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of
National Network for Immigrant & Refugee Rights (NNIRR)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax: 510-465-1885 Email: nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Nurse Family Partnership-First Time Mothers	Nurse Family Partnership-First Time Mothers	Ph: 844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartnership.org newmoms@nursefamilypartnership.org	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice and support when you need it most through the pregnancy and until your baby is 2 year old.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Sussex

The Childhelp National Child Abuse Hotline	The Childhelp National Child Abuse Hotline	Ph: 800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	Unbizarre- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website: https://info.ubicare.com/tricare_pregnancy-childhood-education Email: debra.zalvan@ubicare.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your child's age—as well as announcements from our staff and access to support information. Please visit the website to enroll.
RECREATION			
RESPIRE			
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	District 19 Community Services Board 20 West Bank St Petesburg, VA 23803	Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax: 804-863-1665 TDD: 804-862-8063	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
SAFETY			
Child Safety Seat Program Surry County Health Department (Rev.06/11/24)	Child Safety Seat Program Surry County Health Department 474 Colonial Trail West Dendron, VA 23839	Ph:804- 609-5809 OR 757-294-3185 Free:1-800-732-8333. Toll	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat. Eligibility: Live in Virginia (citizenship not required),Custodial parent, legal guardian, or foster parent,Child is seven years old or younger,Pregnant mother must be in last trimester of pregnancy,Income eligible for WIC, SNAP, Medicaid, TANF, or FAMIS,Available to attend a training, to learn how to correctly use and install a safety seat and booster seatbased on income. Covered Areas: Surry, Sussex County. Please call to apply and schedule training appointment.

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Services Provided in Sussex

Poison Help	Poison Help	Poison Help line: 800-222-1222 Website: https://poisonhelp.hrsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need over the phone. and most people do not have to go to a doctor or the hospital. They can also help to learn about your risks before an emergency. Please call for further
Project Lifesaver-Sussex County	Project Lifesaver Surry County Sheriff's Office 45 School Street Surry, VA 23883	Ph: 757-294-5264 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support to law enforcement, public safety organizations and community groups throughout the country and nation. Please call for further information.
Smoke Detector Program	Sussex County Fire Department	Ph: 434- 246-8114 sussexcountyva.gov/departme	Please contact Sussex County Fire Department to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
Appomattox Health and Wellness Center	Appomattox Health and Wellness Center 321 C Poplar Drive Petersburg VA 23805	Ph: 804-733-3506	Appomattox Health and Wellness Center offers fully-integrated and confidential Behavioral Health Services in several of our office locations. A fairly broad range of services are available, and vary by site depending on provider specialization. Certain sites offer specialized services for issues such as alcohol and substance abuse. Medicaid and Private insurance is accepted. Sliding Scale Fee is available. The Patient Services Representative is available to assist you if you would like to apply for the
District 19 Community Services Board	District 19 Community Services Board	Ph: 804- 862-8054 OR Crisis Services Ph: 804 862-8000 Toll-Free Crisis Line: 866- 365-2130	District 19 Community Services Board helps to improve the quality and productivity of the lives of individuals who experience, or are at risk of experiencing, mental disabilities and/or substance abuse.
GAP-Governor's Access Plan	GAP-Governor's Access Plan Community Services Board 20 West Bank St Petesburg,VA 23803	Magellan Care Manager Ph: 800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph: 804-862-8054 Fax: 804-863-1665 TDD: 804-862-8063	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant; No health insurance, including Medicaid, Children's Health Insurance Program (CHIP/FAMIS), Medicare, or Tricare; Resident of Virginia; Household income that is below 100% of the Federal Poverty Level (FPL) (about \$11,670 per year for a single adult);Not residing in a long term care facility, mental health facility, or penal institution; and Screened and meet the criteria for GAP Serious Mental Illness. You must contact your local community services board or the nearest federally qualified health center to have a GAP SMI screening done or call Magellan

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Get Off Your Butt: Stay Smokeless for Life"- Sentara Health and Preventive Services- Tobacco Cessation	Get Off Your Butt: Stay Smokeless for Life"- Sentara Health and Preventive Services-	Website: www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
National Cocaine Hotline	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Substance Abuse and Alcoholism - Boys Town National Hotline	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline: 800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/ http://www.yourlifeyourvoice.org	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Breast Cancer FACEBOOK Support Group	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: www.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: www.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group- Teleconference-Sentara	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional support through peer participation and educational resources. This group is open to lung cancer survivors, their families, and friends to meet their unique needs.
Prostate Cancer FACEBOOK Support Group	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: www.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev- 07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost: currently \$19.
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.

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The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev.07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131	Contact: Judith Millman, Facilitator Contact: Judy Judithmillman@aol.com Link: https://www.lighthouseguild.org	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
THERAPEUTIC FOSTER CARE			
THERAPIES			
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care- Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892- 3988 Ride Assist-Where is my Ride:855- 325-7581, Option 1 TTY:711 Anthem	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
ModivCare (formerly Logisticare)- Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev 02/14/24)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website: https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986-	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.

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Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus- -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	www.lionsclubs.org You must contact Lion's club answering service at: 757-416-3587 to find out other cities and regions contact number.	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Western Tidewater Free Clinic-Eye Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Vision Care and Pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the FPL,; Have no medical insurance and not eligible for Medicare or VA benefits. Hours:Monday
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph: 844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.

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Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver)	CCC Plus Waiver The Crater Health District Sussex Department of Health 20103 Princeton Road P.O. Box 1245	Call to request Screening: Ph: 434- 246-8611 Fax: 434- 246-8610	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. ~~This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and~~
Developmental Disabilities Waiver Experts- Building Independence (BI), Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers District 19 Community Services Board 20 West Bank Street, Suite 7 Petersburg, VA 23803-3279	Main: 804- 862-8079 Ext. 3168 Website: https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver District 19 Community Services Board Community	Families must call main number to be directed to the local CSB Ph: 804-862-8054	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-
Community Living (CL) Waiver	CL Waiver District 19 Community Services Board ~~Community Services~~	Families must call main number to be directed to the local CSB ~~Ph: 804-862-8054~~	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. ~~Community Living (CL) Waiver provides supports in the community rather~~
Family and Individual Support (FIS) Waiver	FIS Waiver District 19 Community Services Board Community Services Board 20 West Bank St	Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax:	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who

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SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	135 Hall Avenue, Suite B , P.O. Box 1818, Suffolk, VA 23434	Suffolk Department of Social Services Ph:757- 514-7450 Fax:757- 514-4869	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the
CASA Program-Voices for Kids (Rev.06/30/24)	Voices for Kids CASA Program PO Box 949 409 Main Street Smithfield, Virginia 23431	Ph: 757-357-2170 Fax: 757-357-5709 Email: mjones@vfkcasa.org Website:https://www.vfkcasa	CASA volunteers are appointed by judges to advocate for neglected/abused children. Assist children with their personal/legal problems. Also helps to find a safe, permanent home for neglected abused children. Please call or viist the website for further information.
Child Protective Services (CPS) (Rev,08/24/23)	135 Hall Avenue, Suite B , P.O. Box 1818, Suffolk, VA 23434	Suffolk Department of Social Services Ph:757- 514-7450 Fax:757- 514-4869	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat Email:help@humantraffickin ghotline.org.	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health PO Box 1980 Norfolk, Virginia 23501	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email:	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work environments.

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Report a Breastfeeding Incident-CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@evms.edu	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.
WIC Program- Lactation/Breastfeeding Classes (Rev.12/03/19)	Franklin City WIC Program- Lactation/Breastfeeding Classes 200 Fairview Drive Franklin, VA 23851	Contact: Stacey Revis Ph: 757-514-4722 Fax: 757-562-2630	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
BURIAL ASSISTANCE			
Burial Expenses Assistance- Suffolk Department of Human Services (Rev.10/22/20)	Suffolk Department of Social Services 135 Hall Avenue, Suite B Suffolk, VA 23434 OR P.O. Box 1818 Suffolk, VA 23439	Ph:757- 514-7450 Fax:757- 514-4869 Website: http://www.suffolk.va.us/city	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further information
CHILD CARE			
Apple Tree Learning Center - Suffolk Presbyterian Church	Apple Tree Learning Center 601 West Washington St. Suffolk, VA 23434	Ph:757-539-9000	Apple Tree Learning Center is delighted to offer our children developmentally appropriate programs for preschool, kindergarten, as well as kindergarten enrichment and before and after school age care for children attending neighboring public schools.
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 option 2 Statewide number: Ph:866- 481-1913	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-0846 or use the Customized Referral Service: 866- 543-7852 option 2. Coverage
Children's Harbor-Suffolk	Children's Harbor Suffolk 1020 Champions Way Suffolk, VA 23435	Ph:757-483-2693	Children's Harbor is nationally accredited school age child care program. Serves ages 2 1/2 to 12 years. Hours 6:00am-6:00pm-Monday-Friday.(Full day child care program and year round facility). Also offers tutorial program/school age program, computer enrichment.
STOP Inc.-Childcare Financial Assistance - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.ie	Childcare has always been one of the most challenging barriers to employment retention for the working parents served by STOP. The goal of this initiative is to help relieve the financial burden endured by low and moderate income working parents due to childcare costs. STOP secures partnerships with childcare providers who are

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Suffolk Children's Center- Community Child Care Services	Suffolk Children's Center Community Child Care Services 300 Executive Court Suffolk, VA 23434	Ph:757- 538-2523 Fax:757- 538-2925	At the Texie Camp Marks Children's Center located in Franklin and the Suffolk Children's Center, we offer licensed child care services for children six weeks of age through the age of twelve. The Children's Center seeks opportunities to serve children of low income families.
DENTAL CARE			
All Kids Dental of Suffolk (Rev.09/30/23)	2999 Corporate Ln suite b-8, Suffolk, VA 23434	Ph:757- 922-8110 Fax:757-922-8184 Email:contact@allkidsdental va.com Website:https://allkidsdental va.com/	All Kids Dental of Suffolk provides pediatric dental care for children; they are dedicated to bringing quality dental care to all children, no matter their needs. Medicaid and private insurance is accepted; they also offer an in-house dental plan and accept CareCredit for uninsured patients. Please call for further information.
Chesapeake Care Free Clinic- Dental Services (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org	Dental Care is provided as follows: Extractions, Restorations, Comprehensive dental exams to determine treatment needed, Cleanings with hygienist. Eligibility requirement: Resident of Hampton Roads ,No dental insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must complete an eligibility appointment to determine if they are eligible to receive medical and/or dental care at the clinic. Appointment based. Hours of operation: Monday 8:45Am-1:00Pm Tuesday and Thursday 8:45am to 1pm and 5:00Pm-7:00pm Wednesday
Donated Dental Services (DDS)-Dental Lifeline Network. Access Partnership (Rev.10/19/20-	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	To request an application: Ph: 757-502--7400 Ext 3 Fax: 877- 231-0196 Dental Coordinator - oralhealth@accesspartners. org MainEmail: admin@accesspartners.org	Donated Dental Services is a national program of the Dental Lifeline Network managed by Access Partnership for VDA components 1&2 (Greater Hampton Roads – Peninsula and Southside plus Virginia's Eastern Shore). There is usually no cost to those who qualify but individuals who can pay for part of their care will be asked to do so, especially when laboratory work is involved. ELIGIBILITY: Many dentists in our area have volunteered to provide dental care at little or no charge to people who, because of a disability, advanced age or serious medical problems, do not have income to pay for needed dental care. To qualify for the DDS program, an individual
Donated Orthodontics Program -American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314-689-0293 Website:: https://www.aaoinfo.org/_/do s/	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•l Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less, Child should not be currently in braces or between phases of treatment, (DOS Patients cannot already be in braces or between phases of orthodontic treatment.),Child should receive regular dental care and have good oral hygiene. Parent should complete an application. After approval parent will be asked to pay \$200 administration fee. Please call or visit the website for further information.

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Fun Park Pediatric Dentistry (rev.09/30/23)	1009 Centerbrooke Ln Suite 210, Suffolk, VA 23434	Ph:757- 767-2767 Website:https://www.pediatricdentistsuffolk.com/	Fun Park Pediatric Dentistry provides dental care services for infants, young children, and adolescents. They provide both primary and comprehensive preventive and therapeutic oral health care for patients of all ages, including those with special healthcare needs. Private insurance and Medicaid is accepted. Please call for further information.
Hampton Roads Community Health Center Healthy Smiles Mobile Dental Program	Hampton Roads Community Health Center Healthy Smiles Mobile Dental Program	Ph: 757- 399-4588 Fax: 757- 399-5076 Main Number: Ph: 757- 393-6363 Email:info@hrchc.org website:www.hrhc.org	Hampton Roads Community Health Center -Healthy Smiles Mobile Dental Program provides free dental care to children in Portsmouth, Norfolk and Suffolk during the school year. eligibility: Based on enrollment in a participating school. Limited services provided to current clients of Norfolk Community Services Board. Please call for further information.
Lefcoe,Weinstein,Sachs,Schiff & Associates (Rev.6/4/18)	Lefcoe,Weinstein,Sachs,Schiff & Associates 210 Meadow View Blvd Suffolk, VA 23435	Ph:757- 673-6263 Website:www.lwssfamilydentistry.com	Lefcoe, Weinstein, Sachs, Schiff & Associates specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's are accepted. Staff: Scott Sachs, DDS.Other:Will not take a NEW patient 12 years and over. CHKD privileges. Please call for further information.
SEVHS (South Eastern Virginia Health System) (formerly PICH)-Main Street Physicians-Dental Care	SEVHS -Community Dental Center 157 N Main Street, Suite A Suffolk, VA 23434	Ph:757-925-1866 Website:www.pich.org	Services: Adult and pediatric preventive & restorative dental care including dental exams, cleanings, fillings, extractions, root canals, sealants, fluoride treatments, and other treatment as indicated by the attending Dentist. Eligibility: Valid ID and proof of income required. Fees: Medicaid, Medicaid HMO's, FAMIS, "smiles for Children" and sliding scale fees according to income level. Family can reside at any city.
Western Tidewater Free Clinic-Dental Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website:www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Dental Care and pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the FPL,: Have no dental insurance and not eligible for Medicare or VA benefits. Hours:Monday-
Suffolk Affordable Dentures & Implants	2999 Corporate Lane Suite B11 Suffolk, VA 23434	Ph:757-655-7289 Website: www.affordabledentures.com/office/suffolk-va/	Suffolk Affordable Dentures & Implants offers several styles of full dentures, each with special features and advantages. Please call for further information or visit the website for fees & coupons.
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 E: nicole.miller@tidewaterasa.org Website:www.tidewaerasa.org AND www.autism-society.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully included, participating members of their communities, is implemented.

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Pennington Group- ABA Therapy (Rev.4/1/19)	Pennington Group- ABA Therapy	Website: http://penningtongroupaba.com/	Pennington Group provides ABA (applied behavior analysis) services. Please call for further information. They currently provide ABA Therapy in Virginia Beach, Norfolk, Chesapeake, Hampton, Newport News, Yorktown and Suffolk Virginia. they also offer consultation services to schools, group homes, families and support groups.
Three Tier Consulting	Three Tier Consulting 1903 Waters Edge Lane Suffolk, Va. 23435	Toll Free: 877-651-1038 Fax: 607-793-9597 Email: michael@3-tier.org OR Michelle Best michelle@3-tier.org Website: www.3-tier.org	Three Tier Consulting provides Applied Behavior Analysis (ABA) services. Insurance: Tricare
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español)	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists respond to most often include: Current epilepsy treatment and
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of parents to serve as peer counselors, a home health visit, subspecialty care for the more severe children with asthma, and a
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Westen Branch Lion Club Contact: Marylou Dixon Ph:757-484-5265 OR	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Oncology Special Care-Obici Hospital	Oncology Special Care-Obici Hospital 2800 Godwin Blvd Suffolk, VA 23434	Ph:757-934-4000 Fax:757-934-4348 Website: www.obici.com	Oncology Special Care- provides a wide variety of materials including literature, books, video tapes, and access to the latest information on cancer diagnosis and treatment.
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 Tiffany: Intake: 757-512-5200	ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Access Partnership (Rev.10/19/20)	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	Ph: 757-502--7400 Ext 5 Fax: 877- 231-0196 Donated Supply & Equipment Coordinator Email:	Access Partnership is a 501(c) 3 Nonprofit Organization who provides gently used and new donated medical equipment and supplies to individuals in need. Office Hours: Monday-Friday from 9am to 4:30pm Please call or visit the website for further information.

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Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com Website:www.activeforever.com	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com Website:www.aisquared.com	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information.
Albemarle Orthotics & Prosthetics	Albemarle Orthotics & Prosthetics 910 North Main Street Suffolk, Virginia 23434	Ph:757-934-2676 Toll Free: 888-849-0560	Albemarle Orthotics & Prosthetics is a privately owned practice that was established in 1994 to provide orthotic and prosthetic services. Please call for further information.
Alive Dream Center -Greater Hampton Roads Diaper Bank (Rev.09/24/24)	1242 Hilland Rd Suffolk, VA 23435	Ph: 757-405-6000 Website: http://ghrdiaperbank.org	Alive Dream Center is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
American Printing House for the Blind Inc. (Rev.1/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org Website:www.aph.org	American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please call for further information.
Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph:757- 852-3929	Apria Healthcare is a DME and supplies provider . Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
Bridge the Gap -Greater Hampton Roads Diaper Bank (Rev.01/30/23)	1239 Carolina Rd. Suffolk, VA 23434	Ph:757- 367-9314 Website: http://ghrdiaperbank.org	Bridge the Gap is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email:beth@atdevicesforkids.org Website:www.atdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost.

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First Choice in Home Care, INC (Rev.10/22/19)	First Choice in Home Care, INC	Ph: 757- 496-2939 Fax: 757- 496-0604	First Choice in Home Care, INC is a DME.and supplies provider . Medicaid, Medicare and major insurances are accepted. Please call for further information.
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter Bon Secours Health Center Sentara Health System 828 Healthy Way Drive Virginia Beach, VA 23462 Mailing Address: P.O. Box 66207 Virginia Beach, VA 23466	Ph: 757-771-6183 Fax: 757- 447-6333 E-Mail: shr@free-foundation.org Website: www.free-foundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children in need of mobility equipment have access to many other sources therefore, FREE focuses on serving the at risk adult population.
Hanger Prosthetics & Orthotics, Inc. (Rev.10/22/19)	Hanger Prosthetics & Orthotics, Inc. 150 Burnetts Way Suite 300-A, Suffolk, VA 23434	Ph:757- 925-4844 Toll free:877-442-6437 Website: http://www.hanger.com email: info@hanger.com	Hanger Prosthetics & Orthotics, Inc. is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information.
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website: http://www.lincare.com/	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services 2109 Holland Rd, Suffolk, VA 23434	Ph:757-424-4822 Fax: 757-424-5871 Toll Free: 800- 965-2689 Website: http://www.lincare.com	Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 Website: http://www.rehabhealthcare.com	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804- 550-5777 Fax:757-966-7965 Website: https://www.numotion.com	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Pediatric Specialist (Rev.10/22/19)	Pediatric Specialist	Ph:757- 436-2337 Fax:757- 436-2384 Toll Free:866- 271-4508	Pediatric Specialist is a DME.and supplies provider . Medicaid and major insurances are accepted. Please call for further information.

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Progressive Prosthetic & Orthopedic Services	Progressive Prosthetic & Orthopedic Services 1577 Wilroy Road Suite 300	Ph:757.538.2074 Fax: 757.538.1280	Progressive Prosthetic & Orthopedic Services, an Accredited American Board Certified Facility in Prosthetics and Orthotics, is an independently owned, local business serving patients with a variety of needs in Hampton Roads. Please call for further information.
Reach Orthotic & Prosthetic Services (Rev.12/05/23)	Reach Orthotic & Prosthetic Services 1577 Wilroy Rd, Suite 300 Suffolk, VA 23434	Ph:757-782-8630 Website: https://www.reachops.com	Reach Orthotic & Prosthetic Services in Newport News, offer services in Prosthetic & Artificial Limbs. They specialize in Prosthetic & Artificial Limbs. Hours of Operation are: Mondays and Wednesdays : 8:00 am – 4:30 pm and Friday: 8:00 am - 2:00 pm .Serving: Newport News, Hampton, Yorktown, Chesapeake, Norfolk, Suffolk, Virginia Beach, Williamsburg, Gloucester, and the entire Hampton Roads area. Please call for further information.
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080 Fax: 757- 599-3855 Toll Free:800-322-4679	Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Suffolk Christian Fellowship Center -Greater Hampton Roads Diaper Bank (Rev.09/30/22)	211 E. Washington St. Suffolk, VA 23434	Ph: 757-353-0471 Website: http://ghrdiaperbank.org	Suffolk Christian Fellowship Center is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Tidewater Prosthetic Center, Inc.	Tidewater Prosthetic Center, Inc. 150	Ph: 757- 925-4844 Fax: 757- 925-4973	Tidewater Prosthetic Center mission is to provide the very best prosthetic and orthotic care to their patients. Please call for further information.
Tycon Medical (Rev.10/22/19)	Tycon Medical 801 Orange St.	Ph:757- 640-1709 Toll Free: 800-411	Tycon Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Youth of America-Greater Hampton Roads Diaper Bank (Rev.09/30/22)	Youth of America Suffolk, VA	Ph: 757-626-9228 Website: http://ghrdiaperbank.org	Youth of America is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
DOMESTIC VIOLENCE			
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453 Text: loveis to 22522	Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support, information and advocacy to young people who have questions or concerns about their dating relationships. Languages: English Cost: Free
Love and Caring Ministries - Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and homeless women.This program provides:- Safe haven from abusive relationships Languages: English Cost: Free

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National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in English and Spanish.
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233) TTY:800-787-3224 Website: http://www.thehotline.org	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is available 24/7. Services are available in English and Spanish.
The Genieve Shelter (Rev. 3/5/18)	The Genieve Shelter P.O. Box 1585 Suffolk, VA 23430	Ph: 757 925-4365 Fax: 757 925-2053 Crisis Response: 757 251	The Genieve Shelter creates a safe and supportive environment for victims of domestic violence. Their services include a 24-hour crisis hotline; individual and group counseling; court accompaniment; emergency shelter, food and clothing; and
The Project for the Empowerment of Survivors	The Project for the Empowerment of Survivors	Contact: Carmen Williams Ph: 804-377-0335/ Ext	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed
EARLY INTERVENTION			
Infant Stimulation Programs-	Western Tidewater-The	Contact: Deborah Ukuhart	The Early Intervention program provides therapy/specialized services for families with
EDUCATION			
Department of Special Education Suffolk	Sandra Witcher, Director 100 N. Main Street Suffolk, VA 23434	Ph:757-925-6764 Fax:757-925-6751 Email:sandrawitcher@spsk1	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other settings and
Head Start Program	Registration: Children's Center (The) 700 Campbell Avenue Franklin, VA 23851-1872	Children's Center (The) Ph:757- 562-6806 Website: http://www.childrenscenterva.com	Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers develop the early reading and math skills they need to be successful in school. In 1995, the Early Head Start program was established to serve children from birth to
Keystone Education Services-Special Needs Tutoring (Rev.8/6/18)	Keystone Education Services-Special Needs Tutoring	Ph:757-802-7120 Email:info@keystonetutors.net Website: http://keystonetutors.net	Keystone Education Services provides special needs tutoring services; they provide academic tutoring with behavioral accommodations. Services could be provided in our facility and your home. Please call for further information.
Regional Career and Technical Center	Prudent Center for Indus/Tech 4169 Pruden Blvd Suffolk, VA 23434	Contact: Mrs. Peggy S.Wade Ph: 757-539-7407	Offers a wide variety of training services for farm workers who have decided to seek training in other industries. The cost is usually low and access to classes is high.
Suffolk Homeless Education Coordinator	Kevin Alston Assistant Superintendent P.O.Box 1549	Ph: 757-925-6750 Fax: 757-925-6751 Email:	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in homeless situations. Some of these
Suffolk Literacy Council (Rev.10/26/23)	443 West Washington Street, Suffolk, Virginia 23434	Ph:757- 514-7733 Email: suffolkliteracycouncil@gmail.com Website: https://suffolkliteracy.org	The Suffolk Literacy Council mission is to increase adult literacy within the Suffolk community by connecting individuals to resources that will promote lifelong learning.Major Goals:Increase literacy and math learning for adults 18+,Enhance English language learning opportunities,Improve employment seeking skills and opportunities,Increase digital literacy skills and Promote the value and importance of adult education opportunities in Suffolk. Please call or email for further information.

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Southeastern Cooperation Educational Programs(SECEP)-Program for Children with Autism	Southeastern Cooperation Educational Programs(SECEP)-Program for Children with Autism Suffolk Re-education School 2327 E. Washington St Suffolk, VA 23434	Ph:757-539-2388 Fax:757-934-1148 Website:www.secep.k12.va.us	Southeastern Cooperation Educational Programs(SECEP)-Program for Children with Autism provides a formal structure through which the participating schools can plan and operate programs for children with special needs.
STOP Inc.-Technology Bus Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie.scentral.com	STOP's Technology Bus provides elementary to high school students with a mobile technology and training system that creates opportunities for inclusion in the computer programming industry. This initiative provides students onboard, at local multi-city stops, with code-building processes, mentorship and engagement to prepare them for future economic advancement. The Technology Bus provides learning opportunities in computer programming, software design, gaming and robotics and computer repair and maintenance. Funded to Serve the Cities of Chesapeake, Franklin, Norfolk
STOP Inc.-Youth Development Initiatives (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie.scentral.com	STOP's Youth Development Initiatives are designed to engage youth in middle and high school. These programs provide opportunities for them to gain knowledge in the Science, Technology, Engineering, Agriculture and Mathematics fields through fun and innovative workshops covering these topics. STOP provides comprehensive summer camp experiences that focus on science and technology as well as tutorial sessions for youth focusing on areas of individual need to ensure that educational fundamentals are obtained. STOP's Youth Development initiatives also encourages students to stay
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers: "ASL Now" button or call 1-800-985-5990	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster.
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army 400 Bank Street Suffolk, Virginia 23434	Main:757-539-5201 Website:www.usssalvationarmy.org	The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include: Individual and family trauma counseling and emotional support, Spiritual Support, Identification/Registration (locating victims), Mobile Feeding and Financial Assistance, Reconstruction and
Virginia Department of Emergency Management	Bureau of Emergency Services 400 Market Street	Judkins, Jr Office: 757-514-	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the
EMPLOYMENT			
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services. Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building Independence Waivers. Please call for further information.

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ONE-STOP-Center	ONE-STOP-Suffolk workforce Development Center 157 N. Main Street Suffolk Virginia 23434	Ph: 757-514-7737	One-Stop Centers offer a variety of comprehensive workforce services. Services provided through the One-Stop Centers are free of charge, although some eligibility conditions may apply. You may qualify to receive training opportunities. Please call for further information.
STOP Inc. - Employment Supportive Services-(Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie scentral.com	STOP Inc. offers individualized and group training in acquiring techniques necessary for seeking and maintaining employment. Services include job preparation, interview techniques, job retention, employment counseling, referral and/or placement application completion, resume writing, job readiness training, money management, understanding credit scores, establishing and maintaining good credit, overcoming
STOP Inc. - Employment Training-(Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie scentral.com	Through collaboration with privately owned businesses, STOP is able to provide financial and educational support for qualified individuals seeking quality educational training for entry level positions in leading industries. STOP's goal is to provide continuing education to individuals seeking to enter/re-enter the local workforce. Additionally, in some instances, STOP may be able to provide continuing education to
STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie scentral.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force including
STOP Inc. -Klean Slate Enterprises-(Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie scentral.com	Developed in 2005, Klean Slate was originally designed as a Social Business Enterprise to be a self-supporting division of STOP Incorporated. This initiative has evolved into a training and employment focused opportunity for low to moderate income individuals with employment barriers such as previous incarceration, transportation and back child support. Currently, the focus is on Pesticide Applicator
VEC Workforce Center-	157 North Main Street , Suite 'D' Suffolk, VA 23434	Ph:757-514-7743 Fax; 757-923-5287	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the Workforce Centers make available job search assistance to individuals, and recruiting and referral services to employers.
Virginia Dept. of Rehabilitative Services, Portsmouth (Rev.9/17/18)	VA. Dept. of Rehabilitative Services, Portsmouth 601 Port Centre Parkway, Suite 100 Portsmouth, VA 23704	Contact: Matt Olson Ph:757- 686-5004 Fax:757- 686-4999 Main Ph: 800-552-5019 TTY:800-464-9950	The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational rehabilitative services, independent living services, specialized programs and services, long-term case management program, and disability determination services. Those comprehensive programs and
Virginia Employment Commission-	157 North Main Street , Suite 'D' Suffolk, VA 23434	Ph:757-514-7743 Fax:757-923-5287	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans' Services, Employer Services (including the Employer Advisory Committee), and the State Monitor Advocate.
Virginia Employment	Suffolk VEC	Ph: 757-925-2376 Fax:	The VEC is committed to serving migrant and seasonal farm workers who are seeking
FINANCIAL ASSISTANCE			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Suffolk City

Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be sent along with copies of your	Website: https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the
Alive Dream Center -Greater Hampton Roads Diaper Bank (Rev.09/24/24)	1242 Hilland Rd Suffolk, VA 23435	Ph: 757-405-6000 Website: http://ghrdiaperbank.org	Alive Dream Center is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Antioch Christian Center	4201 Crowdy Blvd Suffolk, VA 23435	Ph:757- 539-8012	Antioch Christian Center provides emergency assistance for food pantry. Distribution Days: 9am – 12pm .Please call for further information.
Bethlehem Christian Church	1549 Holland Rd Suffolk, VA 23434	Ph:757- 539-4274	Bethlehem Christian Church provides emergency assistance for food pantry. Date/Time:2nd, 3rd, & 4th Tuesdays of the month 10am-noon.Please call for further information.
Bridge the Gap -Greater Hampton Roads Diaper Bank (Rev.01/30/23)	1239 Carolina Rd. Suffolk, VA 23434	Ph:757- 367-9314 Website: http://ghrdiaperbank.org	Bridge the Gap is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Capernaum 7th Day Adventist Church	316 York Street Suffolk, VA 23434	Ph:757- 934-3518 Website: https://foodbankonline.org/	Capernaum 7th Day Adventist Church provides emergency assistance for food pantry. Date/Time: Wednesday & Friday noon-1pm.Please call for further information.
Christian Rights Ministries @ Trinity Christian Church	128 Franklin St Suffolk ,VA 23434	Ph:757- 482-5705	Christian Rights Ministries @ Trinity Christian Church provides emergency assistance for food pantry. Date/Time:1st, 3rd, & 5th Wednesdays 6pm-7pm.Please call for further information.
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	Ph:855-222-3252 Website: Connect2Compete.org/Cox .	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the National School Lunch Program. C2C is offered in partnership with leading cable
Community Harvest Outreach, Inc.	5 Roberts Ave Suite E, Windsor, VA 23487	Ph:757- 556-5403	Community Harvest Outreach, Inc. provides emergency assistance for food pantry. Date/Time: Wednesday & Thursday 11am-1pm. Please call for further information.
Cooling Assistance Program - LIHEAP- Suffolk Department of Social Services (Rev.5-9/19)	Cooling Assistance Program -- LIHEAP- Suffolk Department of Social Services 135 Hall Avenue, Suite B Suffolk, VA 23434 or P.O. Box 1818 Suffolk, VA 23439	Ph:757- 514-7450 Fax:757- 514-4869 Website: http://www.suffolk.va.us/city...	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible for any type of Cooling Assistance, certain income and citizenship criteria must be met. In addition, the household must contain at least one vulnerable person and there must be a cooling need. The following types of assistance are available if the eligibility conditions are met and the assistance will ensure cooling: purchase or replace and install an air conditioner; repair a central air conditioning unit or heat pump; payment of an electric utility security deposit; payment of the electric bill to operate the cooling equipment. Application Period: Cooling: June 15 - August 14. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Suffolk City

Cover Virginia-Virginia-Based Assistors (Rev.1/21/19)	1.Virginia Workforce Center, Suffolk 157 N. Main Street Suffolk, VA 23434 2.Main Street Physicians 157 North Main Street, Suite A, Suffolk, VA, 23434	1.Virginia Workforce Center, Suffolk Ph:434-336-7757 2.Main Street Physicians Ph:757-244-8560 3.Ivor Medical Center Ph:434-336-7757	Cover Virginia-Virginia-Based Assistors is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assistors have completed rigorous training courses and passed certification requirements. You can work with assistors on everything: from learning about your health plan options to how to use your new coverage. Your information always is kept confidential. And -- the assistors do not charge you for their services. Call for an Appointment.
Crisis Assistance Program - LIHEAP- Suffolk Department of Social Services	Crisis Assistance Program - LIHEAP- Suffolk Department of Social Services 100 E 4th Ave Franklin, VA 23851	Ph:757- 514-7450 Fax:757- 514-4869 Website: http://www.suffolkva.gov	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut off is imminent, and inoperable or unsafe.
Department of Social Services- The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)		Ph:757- 562-8520 Main 757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth. Please call for further information.
Diamond Grove Baptist Church	6890 Crittenden Rd Suffolk, VA 23432	Ph: 757- 255-4770	Diamond Grove Baptist Church provides emergency assistance for food pantry. Date/Time: Wednesday 6p-8p & Saturday 10a-noon.
East End Baptist Church	523 E Washington Street, Suffolk, VA 23434	Ph:757- 539-3324 Website: https://foodbankonline.org/	East End Baptist Church provides emergency assistance for food pantry. Date/Time: 2nd & 4th Thursday 930a-noon; Emergency food distribution: Monday, Thursday, & Friday 3pm-5pm. Please call for further information.
Energy Share Agencies	Energy Share Agencies	The Salvation Army Ph: 757-539-5201	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in
Enroll Virginia at Virginia Legal Aid Society	Virginia Legal Aid Society 2480 Pruden Blvd,	Virginia Legal Aid Society Ph: 434-907-6149	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and
Emergency Financial Assistance -Catholic Charities	Emergency Financial Assistance -Catholic Charities	Ph: 757-562-6222	Emergency Financial Aid is available to individuals and families who are in desperate financial need. Applicants may stop by one of the locations to complete an application .Eligibility: Renter or homeowner must physically occupy the property as his/her principle residence, bills must be in occupants name at the time of the request, the bill should not be delinquent more than 30 days at the time of the application, program can not serve clients whom were served within a 12 month period. Individual or family
For Kids Suffolk House Shelter	Suffolk	Ph:757-934-1353	Assist Single Women and Families

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Suffolk City**

ForKids Birdsong Center - Community Fridge and Pantry (Rev.06/04/24)	119 W. Constance Street, Suffolk, VA 23434	Ph:757- 538-7872	ForKids Birdsong Center Community Fridge and Pantry is now open to the public. Now you can stop by any time, day or night, to donate food or take the food you need. Please call for further information.
Greater Works (Rev.09/29/23)	1001 Obici Industrial Blvd, Suffolk, VA 23434	Ph:757-719-9836 Website:https://foodbankonline.org/	Greater Works provides emergency assistance for food pantry. Date/Time:provides emergency assistance for food pantry. Date/Time:Tuesday and Thursday 5pm-6pm . Please call for further information. . Please call for further information.
Heating Assistance Program - LIHEAP- Suffolk Department of Social Services (Rev. 5/24/23)	Fuel Assistance Program- Suffolk Department of Social Services 125 Hall Avenue, Suite B Suffolk, VA 23434	Ph:757- 514-7450 Fax:757- 514-4869 Website:http://www.suffolk.va.gov/city	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be met. The household must be
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/lis/	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification
Magnolia United Methodist Church (Rev.09/29/23)	1764 Wilroy Road, Suffolk, VA 23434	Ph:757- 538-8552 Website:https://foodbankonline.org/	Magnolia United Methodist Church provides emergency assistance for food pantry. Date/Time: . Please call for further information.
Meals on Wheels	Meals on Wheels- 2800 Godwin Blvd Suffolk, VA 23434	Ph: 757- 934-4911	Meals on Wheels provides meals packaged and delivered M-F for individuals with disabilities and elderly through the PAA for residents in Suffolk. Please call for further information.
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers.
(MCO's) Provider Listings- Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website:www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings- Anthem HealthKeepers Plus	(MCO's) Provider Listings- Anthem HealthKeepers Plus	Ph:1-855-323-4687, Website:www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings- Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0: Website:www.MCCofVA.co	Molina Complete Care Provider Listings.

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Services Provided in **Suffolk City**

(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975 Website:https://www.sentara	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings-United Healthcare	Ph:1-866-622-7982, Website:www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid	Suffolk Department of Social Services 135 Hail Avenue, Suite B Suffolk, VA 23434	Ph:757- 514-7450 Fax:757- 514-4869 Website:http://www.suffolk.va.us/city	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders<http:	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
New Visions-Greater Hampton Roads Diaper Bank (Rev.8/21/19)	4165 Pruden Blvd, Suffolk, VA	Ph:757-513-6223	New Visions is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Oak Grove Baptist Church (Rev.09/29/23)	2635 E Washington St, Suffolk, VA 23434	Ph:757-539-6147 Website:https://foodbankonline.org/	Oak Grove Baptist Church provides emergency assistance for food pantry. Date/Time:Pantry: Monday and Friday 10AM-12PM Soup Kitchen- 11AM (please call first). Please call for further information.
One Harvest Food Ministry	One Harvest Food Ministry Ebenezer United Methodist Church Suffolk 1589 Steeple Dr	Ph:757-748-2949 Site Contact: Chris Keltner Site E-Mail: cokeltner@aol.com	One Harvest Food Ministry offers food boxes at wholesale prices. Pickup Time: Day of distribution 8:00am to 9:00am. Please call for further information.
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.healthy-savings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should register their card at healthysavings.com/optimahealth.They will receive emails with the savings available for the week and have the savings pre-loaded onto their card. They should shop at a

COMMUNITY RESOURCES EASTERN REGION

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Outreach Program to sign for FAMIS-Catholic Charities	Outreach Program to sign for Famis Catholic Charities of Eastern Virginia 510 N. Main Street Franklin, VA 23851	Contact: Melody Phipps Ph: 757-467-7707	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling out the application with you, Gathering documents you need for eligibility, Delivering the completed application to the local department of Social Services, Helping choose the right plan for your child once approved, Assisting with the yearly re-enrollment process. ~~Call to set an appointment~~
Salvation Army Suffolk (Rev.09/29/23)	400 Bank St, Suffolk, Virginia 23434	Ph: 540-487-1964 Website: https://foodbankonline.org/	Salvation Army Suffolk provides emergency assistance for food pantry. Date/Time:Monday-Friday from 10:00am-12:00pm and 1:00-3:00pm; Fridays 10:00am-12:00pm at Franklin DSS . Please call for further information.
Sentara Health System/ Hospital/Charity Indigent Care Program (IRev.07/29/20)	Sentara Health System/ Hospital/Charity Indigent Care Program Sentara Healthcare ATTN: Financial Assistance Coordinator 535 Independence Parkway	Ph:757-233-4600 Toll Free:1-877-768-3993 Website: www.sentara.com	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to provide proof of income, including pay stubs and/ or tax return. If a patient do not qualify for assistance under the financial assistance policy indigent program, they may be eligible for the Sentara Uninsured Discount Program. Hours: Monday – Friday between the hours of 8:30 a.m.– 4:30 p.m. Languages: ~~Spanish Korean Vietnamese Korean Tagalog Urdu Chinese (Mandarin) etc. Other~~
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distributions Center A. Gods House of Refuge 130 N. Commerce St B. Macedonia AME Church 127 Pine St	Distributions Center A. Gods House of Refuge Contact: Grace Robinson Ph:757-539-3065 B. Macedonia AME Church Contact: Mary Daughtry Ph:757-287-	S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40, but be purchased by SHARE for only \$20 and two hours of volunteer service of your choice. SHARE Hampton Roads is not a government funded program, but instead relies on the help of its volunteers and the price of each food package to keep running. Every month SHARE value packages will include ~~approximately 4-6 pounds of frozen meat, staple items such as potatoes and onions.~~
Social Security Administration (Rev.11/16/20)	502 Hillpoint Blvd Suffolk Virginia 23434	Ph:866-835-7769 Main Number:800-772-1213 TTY:800-325-0778 Website: https://www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also administer the Supplemental Security Income program for the aged, blind, and disabled. Find how to apply for a Social Security number or to replace your Social Security card. Please call or visit the ~~website for further information.~~
Suffolk Christian Fellowship Center -Greater Hampton Roads Diaper Bank (Rev. 09/29/23)	211 E. Washington St. Suffolk, VA 23434	Ph: 757-353-0471 Website: http://ghrdiaperbank.org	Suffolk Christian Fellowship Center is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Suffolk Department of Social Services	Suffolk Department of Social Services 135 Hall Avenue, Suite B Suffolk, VA 23434 OR P.O. Box 1818	Ph:757- 514-7450 Fax:757- 514-4869 Website: http://www.suffolk.va.us/city	The Suffolk County Department of Social Services' mission is to provide benefits and services to the citizens of Suffolk based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore family stability as well as promote and protect the well-being of adult protective services, foster care, employment ~~services, food stamps, temporary assistance to needy families, Medicaid and child~~
Suffolk Shelter	Suffolk Shelter 400 Finney Avenue Suffolk, VA	Ph:757-934-8853	Assist Single women, Couples with children

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SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate in a low income Medical Assistance Program, Families applied and received free or reduced -price-school meals at school during the school year are <u>automatically eligible otherwise you should apply. Benefits will be loaded onto their</u>
The Backpack Program	The Backpack Program Suffolk Elementary Schools: Elephant's Fork - 2316 William Reid Drive Suffolk, VA 23434	Elephant's Fork- Ph:757- 923-5250	The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations. Bags/backpacks filled with food that children take home on weekends. Food is child-friendly, nonperishable, and easily-consumed .Bags/backpacks are discreetly distributed to children on the last day before the weekend or holiday vacation.
The SLEEPTIGHT Hampton Roads Program	The SLEEPTIGHT Hampton Roads Program	Ph:757- 514-4700	The SLEEPTIGHT Hampton Roads program provides an opportunity for any low-income parent in Hampton Roads to receive a portable crib and an education on safe infant sleeping practices at no cost. Please call for further information.
The Summer Food Service Program (SFSP)- (Rev.09/30/22)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text SFP to 833-637	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and ~~provide to children and teens in low-income areas. This Program Features that~~
The Up Center	The Up Center 222 W. 19th Street	Ph: 757-622-7017 (Norfolk - Consumer Services)	Services include Foster Care/Adoption, Youth Mentoring, Programs for People with Disabilities, Individual and Family Counseling, Resource Mothers, Healthy Families,
TSAS: Healthy Suffolk- Mobile Pantry	400 Bank Street Suffolk, VA 23434	TSAS: Healthy Suffolk- Mobile Pantry	TSAS: Healthy Suffolk- Mobile Pantry provides emergency assistance for food pantry. Date/Time: 1/20/17, 2/17/17, 3/17/17 - 9:30am-11:00am.
Youth of America-Greater Hampton Roads Diaper Bank (Rev.09/30/22)	Youth of America Suffolk, VA	Ph: 757-626-9228 Website: http://ghrdiaperbank.org	Youth of America is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Wilroy Baptist Church (Rev.09/29/23)	306 Williams Rd, Suffolk, VA 23434 i	Ph:757- 539-5658 Website: https://foodbankonline.org/	Wilroy Baptist Church provides emergency assistance for food pantry. Date/Time: 3rd Thursday 9a-10a..Please call for further information.
FORMULA/NUTRITION			
Suffolk Health Department -WIC Program	Suffolk Health Department WIC Program	Ph:757-514-4721 Fax: 757-514-4863	The WIC program offers supplemental food program for children from birth to age 5, ~~pregnant and breast-feeding women. Services provided include nutritional~~
Suffolk Health Department -WIC Program-Formula	Suffolk Health Department WIC Program-Formula 125 Hall Ave	Ph:757-514-4721 Fax: 757-514-4863	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, ~~counseling, and referrals are provided. The WIC program provides the following~~
HOME CARE			

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Accessible Home Health of Hampton Roads (Rev.09/30/19)	3612 Pruden Blvd. Suffolk, VA 23434	Ph:757-255-2050	Accessible Home Health of Hampton Roads provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Affinity Care of Virginia (Rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Chesapeake, Gloucester County , Hampton , Isle of Wight County , James City County , Mathews County , Newport News , Norfolk , Poquoson , Portsmouth, Suffolk , Surry County , Virginia Beach, Williamsburg and York County
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: brent.brady@cchnet.net	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making decisions. Care is provided for the patient and family 24/7. Palliative care is also provided. Cost & Payment Methods:Payment Method(s) Private Pay , Private Insurance , Medicaid , Medicare , Veterans , Tricare. Languages Spoken English. Service Area: Chesapeake , Franklin , Gloucester , Hampton , Isle of Wight County , James City County , Newport News , Norfolk , Poquoson , Portsmouth , Suffolk , Virginia Beach , Williamsburg and York County. Please call for further information.
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	Aveanna Healthcare Company	Ph:757- 461-6310 Fax:757-644-1670 Toll Free: 866-883-1188	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe
By Grace Home Healthcare, LLC (Rev.12/13/19)	112 West Main Street, Suite 104 Suffolk, VA 23434	Ph:757-539-2140	By Grace Home Healthcare, LLC provides pediatric personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Care Advantage Home Health (Rev.11/29/23)	1 Guardian Court, Suite 100, Portsmouth, VA 23704	Ph: 757 325-9716 Toll Free:1-866-576-7931 Fax:757- 673-5762 E-mail:	Care Advantage offices specialize in providing personal care, companionship and respite services.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis,
Care Advantage Home Health-Nursing Services (Rev.11/29/23)	1 Guardian Court, Suite 100, Portsmouth, VA 23704	Ph: 757 325-9716 Toll Free:1-866-576-7931 Fax:757- 673-5762 E-mail: careadvantage@careadvantageinc.com	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more Coverage
C & R Divine Hands of Care (Rev.7/9/19)	C & R Divine Hands of Care	Contact: Carolyn D. Jordan Ph:757-309-4567 Fax:757-578-2678 Email: canddivinehandsofcare@gmail.com	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Care at it's Best (Rev.09/30/19)	346 N. Main Street Suffolk, VA 23434	Ph:757-350-4477	Care at it's Best provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Endependence Center (Rev.7/10/19)	Endependence Center	Contact: Maureen Hollowell Ph:757-351-1584 757-461-8007 (main) Fax:757-455-8223	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Suffolk City

Faith N Action (Rev.7/10/19)	Faith N Action	Ph:757-816-4785 OR 757-493-3635	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Family First Home Care, INC. (Rev.01/15/21)	129 N. Saratoga Street Suite 2 Suffolk, VA 23434	Ph: 757-539-0716 Fax: 757-539-0717 After hours: 757-338-3334	Family First Home Care, INC. provides personal care services that includes, but not limited to: Companionship/conversation, Personal monitoring, Medication reminder, fall detectors, Arrange and remind about appointments, Grocery shopping, Picking up prescriptions, Escorting to religious services, restaurants, and appointments. Home-
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Freda H. Gordon Hospice and Palliative Care of Tidewater (Rev.03/05/25)	Freda H. Gordon Hospice and Palliative Care of Tidewater 5000 Corporate Woods Drive,	Ph: 757- 321-2242 Fax: 757- 321-2236	Hospice is about making the most of every moment. It is a holistic approach to the end of life, placing comfort and care as the primary source of intervention in a loved one's final journey. Patients and families receive the support and attention they need
Gentiva Hospice (Rev.03/04/25)	Gentiva Hospice 5544 Greenwich Road, #302, Virginia Beach, VA, 23464	Ph:804- 290-4300 Email: Gentiva_CC_Referrals@gen	Gentiva Hospice services are offered to all people during the end of life's journey. Staff of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors, and Physicians specialize in caring for those with a terminal diagnosis.
Gentle Touch Home Care, LLC (Rev.09/30/19)	140 West Washington Street, Suite 108 Suffolk, VA 23434	Ph: 757-934-6717	Gentle Touch Home Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Heavenly Angel Healthcare (Rev.09/30/19)	1530 Lake Speight Drive Suffolk, VA 23434	Ph:757-934-8258	Heavenly Angel Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Heavenly Home Care (Rev.09/30/19)	707 Gittings Street, Suite 130 Suffolk, VA 23434	Ph: 757-809-5170	Heavenly Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Heavenly Home Care (Rev.09/30/19)	707 Gittings Street, Suite 130 Suffolk, VA 23434	Ph:757-809-5170	Heavenly Home Care provides personal care services . Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Immanuel HealthCare (Rev.7/10/19)	Immanuel HealthCare	Ph:757-547-8400	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Intrepid USA Healthcare Services (Rev.03/14/25)	Intrepid USA Healthcare Services, Virginia Beach 4510 Holland Office Park, Suite 503, Virginia Beach, VA, 23452	Ph: 757- 499-0872 Fax: 757- 490-0173	Intrepid Hospice provides services that include:Professional Staff on call 24 hours a day, seven days a week,Physician-directed plan of care,Psychological and spiritual care,Pain and symptom managemen,t Medications, Equipment andSupplies related to the terminal illness,
JC's Care From Above, LLC (Rev.12/31/23)	607 Lynnhaven Pkwy Suite 111, Virginia Beach, VA 23452	Ph:757-776-5513 Fax:757-917-5318 Website:https://jcscarefromabove.com	JC's Care From Above, LLC provides Personal Care Services and Respite, Private Duty Nursing and Home Health Care. Private Insurance, Tricare and Private Pay are accepted. They are may be accepting Medicaid in a near future. Ages: Children and Adults. They serve:Chesapeake,Hampton,Newport News, Portsmouth and .Suffolk.

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Kindred at Home, Virginia Beach (Rev.03/31/25)	5544 Greenwich Road, Suite 202, Virginia Beach, VA, 23462	Ph:757- 461-0600 Fax: 757- 461-0610	Kindred at Home Hospice services are offered to all people during the end of life's journey. The team of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors and Physicians specialize in caring for those with a terminal diagnosis. They care for patients with many type of diagnoses, including Alzheimer's, COPD, strokes, renal failure and cancer. Ask about the 14 service standards that reflect our commitment to quality patient care. Their interdisciplinary teams of care
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-497-7401 Email:Lacasaincva@verizon	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Lovin Care Home Health Services, LLC (Rev.09/30/19)	707 Gittings Street, Suite 140 Suffolk, VA 23434	Ph: 757-923-4437	Lovin Care Home Health Services, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Life's At Home Care (Rev.09/30/19)	6763 Burbage Landing Circle Suffolk, VA 23435	Ph:757-535-2343	Life's At Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Life's At Home Care (Rev.09/30/19)	6763 Burbage Landing Circle Suffolk, VA 23435	Ph: 757-535-2343	Heavenly Home Care provides personal care services . Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Maxim Healthcare-Virginia Beach/Norfolk	Maxim Healthcare 293 Independence Blvd Suite 400 Virginia Beach, VA 23462	Ph: 757-490-3009 Toll Free:800-804-3009 Fax:877-799-3228	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Accomack, Chesapeake (City and County),
Miangel Home Health Care,LLC	601 N Mechanic St Franklin, VA 23851	Contact: Crystal Green Ph:757-304-5554 757- 837-8220 After Hours Fax:757-	Miangel Home Health Care,LLC provides personal care services. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family & Individual Support (FIS) and Community Living	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net Website:https://momsinmoti	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in advocacy through community- and state-wide networks, and by assisting people in navigating the waiver world's constant changes because everyone deserves a fulfilling

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Personal Touch Home Health Services-Hospice (Rev.03/31/25)	5505 Robin Hood Road, Suite C1, Norfolk, VA, 23513	Ph: 757- 855-1355 Toll Free: 888- 275-4147 Fax: 757- 855-1199	Personal Touch Home Care provides hospice care. Serves AIDS and HIV patients and others who require home care and hospice services. Hospice works with the patient and his or her family to provide a comprehensive program of medical, psychosocial, spiritual and volunteer support, 24 hours per day, every day. Cost & Payment Methods: Private Pay , Private Insurance , Medicaid and Medicare. Service Area: Chesapeake, Norfolk and Suffolk. Please call for further information.
Sentara Home Care Services	Sentara Home Care Services 154 Burnetts Way, Suite 102 Suffolk, VA 23434	Ph: 757- 983-1900 Fax: 757- 538-9264	Sentara Home Care is a full service organization that offers home health, infusion, hospice, home medical equipment and clinical respiratory services. Please call for further information.
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Sunrise Home Care Agency (Rev.09/30/19)	157 N. Main Street, Suite R2 Suffolk, VA 23434	Ph:757-539-4663	Life's At Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
HOUSING ASSISTANCE/HOUSING SERVICES			
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264	Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from incarceration to community. The program provides stable housing and support services to increase the chance of
Homeless Assistance Program -The Planning Council (Rev.08/09/22)	The Planning Council 2551 Eltham Avenue, Suite I Norfolk, VA 23513	Contact: Natalie Jackson Continuum of Care Coordinator Ph:757-622-9268, Ext. 3041 Email: njackson@thenlannin	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.

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Homeless Children's Referral Network-H.C.R.N.	Homeless Children's Referral Network-H.C.R.N.	contact Katrinia Freeman Ph:757-485-1445 ext. 113	H.C.R.N. provides information and referrals to families with children at risk for homelessness seeking support. We bring families, support services and community resources together to help promote the safety and wellbeing of children and youth. A referral worker will help families to identify their most important needs, and connect them with the best resources for them. We offer referrals in: Childcare, Dental Care
Homeless Prevention Program-Planning Council	Homeless Prevention Program-Planning Council	Southampton / Franklin – Southampton or Franklin Department of Human Services Ph: 757- 562- 8520	Serving the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton, this program is designed to prevent persons from becoming homeless. The emphasis is on prevention, intervening before the eviction occurs and developing a plan for future stability. People residing in one of the above cities or counties and facing a housing
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910 Email: reachus@prm.info	House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner, chapel services, bunk and showers.Eligibility:This program is a shelter for adult males who are able to get up and down stairs and possibly into a top bunk and are clean and sober. This program helps men 18 and older.Languages:English
Love and Caring Ministries - Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and homeless women. This program provides:- Safe haven from abusive relationships.Languages:English.Cost:Free.
Regional Housing Crisis Hotline (Rev,06/24/20)	Housing Crisis Hotline	Ph:757-587-4202 Toll Free:866-750-4431	The Regional Housing Crisis Hotline provides Rental & Mortgage Assistance. .Serving the cities of: Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton. Please call to be screened for program eligibility
STOP Inc. -Certified Housing Counseling / Prevention Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie scentral.com	STOP Inc. provides Housing Counseling services to those persons experiencing hardship in maintaining or obtaining permanent housing. Certified Counselors provide ancillary services which include; Comprehensive Housing Counseling, Counseling for First Time Home Buyers, Homeownership Education, Fair Housing Training, Basic Intermediate Foreclosure Prevention and assistance in locating affordable housing.
STOP Inc. -Supportive Services for Veteran Families(SSVF) - (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.ie scentral.com	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid-Rehousing Program that provides intensive case management assisting Veterans who are homeless or at risk of homelessness in obtaining safe, stable and affordable permanent housing. Assistance offered through this program includes: rental, moving costs, transportation, child care
Suffolk Redevelopment & Housing (Rev.06/18/24)	Suffolk Redevelopment & Housing Authority, 530 E. Pinner Street, Suffolk, VA 23434	Ph:757-539-2100 Fax:757- 539-5184 Toll Free:1-800-955-2232 &800-225-5342)	Homebuyer education programs; mobility/relocation counseling; money debt management; post-purchase counseling; pre-purchase counseling; renters assistance; English only.
Public Housing - U.S. Department of Housing and Urban Development	Suffolk Redevelopment and Housing Authority 530 E Pinner Street Suffolk VA 23434	Ph:757-539-2100 Fax:757- 539-5184 Toll Free:1-800-955-2232 &800-225-5342)	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high rise apartments for elderly families. There are approximately 1.2 million households living in public

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Housing Choice Voucher Program-U.S. Department of Housing and Urban Development	Suffolk Redevelopment and Housing Authority 530 E Pinner Street Suffolk, VA 23434	Ph:757-539-2100 Fax:757-539-5184 Toll Free:1-800-955-2232 &800-225-5342)	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families. Programs: EMERGENCY HOUSING VOUCHERS (homeless, at-risk of homelessness, fleeing, or attempting to flee, domestic violence, dating violence,
Office of Native American Programs-U.S. Department of Housing and Urban Development	Suffolk Redevelopment and Housing Authority 530 E Pinner Street Suffolk, VA 23434	Ph:757-539-2100 Fax:757-539-5184 Toll Free:1-800-955-2232 &800-225-5342)	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native Americans, Alaska Natives, and Native Hawaiians. Programs:INDIAN HOUSING BLOCK GRANT PROGRAM (provide adequate housing to Native Americans),Indian
Welcome Home Community	Welcome Home Community Development Corporation, 101 Brewer Avenue, Suffolk, VA 23434-5601	Ph:757- 235-2151 Fax:757- 923-3210	home improvement/rehabilitation counseling; homebuyer education programs; money debt management; post-purchase counseling; predatory lending; pre-purchase counseling; English only; Virginia Housing Development Authority
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children	Hampton Roads	Hampton Roads	Care Connection for Children is a statewide network of centers of excellence for
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite	Ph:804- 525-7728 Toll Free:866- 393-0957	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The
Resources 757 (Rev.06/02/20)	Resources 757	Website: https://www.resources757.org/	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website: http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives: Job training, English as a second language classes, GED preparation, financial and transportation assistance; Support for seniors and those with disabilities: Adult day care, meals at home, respite care, home healthcare;
Victim Connect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846) Website: https://victimconnect.org/	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			

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LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	135 Hall Avenue, Suite B , P.O. Box 1818, Suffolk, VA 23434	Suffolk Department of Social Services Ph:757- 514-7450 Fax:757- 514-4869 Hotline: 1-888-832-3858 Website:https://www.dss.vir	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and
Catholic Charities of Eastern Virginia-rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757- 495-3206 Website: www.cceva.org	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial accounts and the payment of their monthly bills. This is a role Catholic Charities can fill. Eligibility Criteria: The process <u>begins with telephone intake and requires paperwork from the Social Security</u>
Catholic Charities of Eastern Virginia- CARES services-Transportation Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366 Fax: 757-495-3206 Website: www.cceva.org	Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit or weekly phone call. Please call for further information.
Child Protective Services (CPS) (Rev.08/24/23)	135 Hall Avenue, Suite B , P.O. Box 1818, Suffolk, VA 23434	Suffolk Department of Social Services Ph:757- 514-7450 Fax:757- 514-4869 Hotline: 1-888-832-3858 Website:https://www.dss.vir	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org Website: http://www.cccovfa.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status Citizenship, Citizenship applications, Citizenship test preparation, Employment Based

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Department of Social Services- The Division of Child Support Enforcement (DCSE) (Rev.09/17/24)	100 E 4th Ave Franklin, VA 23851	Ph:757- 562-8520 Main 757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupp	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth. Please call for further information.
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalanswers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Hook Law Center (Rev.05/23/23)	TowneBank Harbour View Financial Center 5806 Harbour View Blvd. Suite 203	Ph: 757-260-5881 Fax: 757-397-1267 Website:https://hooklaw.net	Hook Law Center serves clients across Virginia and North Carolina with quality, comprehensive legal and financial planning solutions for every stage in life. They take a unique holistic approach to solving legal and financial issues, offering extraordinary, comprehensive solutions that maximize your opportunities in estate and long-term
Jewish Family Service (JFS) of Tidewater-Legal	PO Box 65127 Virginia Beach VA 23467	Ph: 757-938-9130 Website:http://jfs-hamptonro	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org)	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally
Timothy K. Palmer (Rev.08/11/23)	1530 Breezeport Way, Suite 400 Suffolk, Virginia 23435	Ph:757- 484-9494 Website:https://palmerelderl	Timothy K. Palmer created Elder Law Solutions to provide cost-effective legal solutions to problems that elderly people and their families face. Services:estate
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will
Virginia Legal Aid Society- Suffolk (Rev. 10/28/20)	Virginia Legal Aid Society Suffolk	Ph: 757-539-3441 Fax:757-539-5142	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income.
LGBTQ			
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.

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Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website: http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self harm,etc. They welcome the call of any transgender person in need and will connect them with services that can help them meet that need.
Transgender Assistance Program of Virginia (TAPVA)	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia and to help them find the additional resources they
MEDICAL CARE			
Artificial Kidney Center of Suffolk-Renal Dialysis Centers (Rev.9/17/18)	1 890 N. Main Street #G03 Suffolk, VA 23434	Ph:757- 934-0076 Fax: 757-539-6485	Artificial Kidney Center of Suffolk-Renal Dialysis Center is a public agency offers dialysis treatment. Hours are 5:00 am. - 9:00 p.m, Monday, Wednesday and Friday; 5:00 am. - 4:00p.m., Tuesday, Thursday and Saturday.
Bon Secours Care A Van (Rev.03/04/24)	4700 George Washington Hwy. Portsmouth, Virginia 23702.	Ph: 757-889-5121 Zcontact:Takeirah Martin Email:takeirah_martin@bshsi.org. Website: https://www.bonsecours.com/locations/community-services/hampton-roads/care-a-van?utm_source=google&utm_medium=organic&utm_campaign=organic	The Bon Secours Care-A-Van is a free medical service that provides general medical care to uninsured adults and children in Hampton Roads communities on the southside and the peninsula. Services include routine evaluation and treatment of common acute illnesses including:Gastritis and heart burn,Minor skin rashes,Minor musculoskeletal pains,Respiratory infections,Urinary tract and bladder infections,Headaches, ear aches, and pink eye,Chronic conditions such as diabetes and hypertension.The Care-A-Van also offers sports physicals, children's health insurance enrollment, and health education services. Medical conditions that are beyond the team's scope of care are referred to another care setting. Bilingual (Spanish /English) staff available Please visit the website for additional information or
Bridge Road Family Medicine (Located Lakeview Medical Center) (Rev.03/31/25)	4868 Bridge Rd #310, Suffolk, VA 23435	Ph:757- 483-7100 Fax: 757-483-7150	Bridge Road Family Medicine (Located Lakeview Medical Center) is a medical group practice that specializes in Family Medicine and Internal Medicine for adults. Providers: April Lust, PA-C and Vivian Mapanao, MD..Hours:Monday:-7:00am - 6:00pm,Tuesday:7:30am - 5:00pm,Wednesday:7:00am - 5:00pm,Thursday:7:30am - 6:00pm,Friday:8:00am - 5:00pm and Saturday and Sunday-Closed. Medicaid,Medicare,TRicare and major private insurances are accepted. Please call for further information

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Chesapeake Care Free Clinic (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org	Services: Medication assistance and pharmacy services. Eligibility requirement: . Resident of Hampton Roads ,No medical insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must complete an eligibility appointment to determine if they are eligible to receive medical and/or dental care at the clinic Appointment based. Hours of operation: Tuesday and Wednesday-9:00 AM - 5:00 PM,Thursday-9:00 AM - 6:00 PM,Friday-9:00 AM - 3:00 PM and Saturday - Monday-Closed. Special late hours are sometimes available on Tuesday, Wednesday,
Lackey Virtual Care-Free Clinic -Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from
Lakeview Internal Medicine – Suffolk (Rev.03/31/25)	2000 Meade Pkwy #100, Suffolk, VA 23434	Ph:757- 934-9395 Fax: 757- 934-9488	Lakeview Internal Medicine – Suffolk is a medical group practice that specializes in Internal Medicine for adults. Providers: Kelsey Sayre, PA-C,Jason Barker, FNP-C,Stefan Brecke, PA-C,Michael Abu-Absi, MD and James Holleran, MD.Hours:Monday:8:00am - 5:00pm,Tuesday:7:00am - 5:00pm,Wednesday:8:00am - 5:00pm,Thursday:7:00am - 5:00pm.Friday:7:00am - 5:00pm: and Saturday and Sunday-Closed. Medicaid,Medicare,TRicare and major
Lakeview Pediatrics Churchland (Rev.03/31/25)	4868 Bridge Rd #310, Suffolk, VA 23435	Ph:757- 483-7113 Fax:757- 483-7151	Lakeview Pediatrics – Churchland is a medical group practice that specializes in Pediatrics. Providers: Laura Wright, MD, FAAP and Douglas Gregory, MD, FAAP. Hours:Monday-Friday:8:00am - 5:00pm: and Saturday and Sunday-Closed. Medicaid,Medicare,TRicare and major private insurances are accepted. Please call for further information
Lakeview Pediatrics & Family Medicine (Rev.03/31/25)	3060 Godwin Blvd #8274 Suffolk, VA 23434	Ph: 757- 923-9660 Fax: 757- 923-9665	Lakeview Pediatrics & Family Medicine is a medical group practice that specializes in Pediatric,Family Medicine and Internal Medicine, Providers: William Jackson, MD,Sherese Bunkley, DNP, APRN, FNP-C,Kaitlin Zirnheld, PA-C,Elizabeth Cochran Ward, MD,Serena Barakat, MD,Sameerah Rehmani, MD and Jessica Saxbury, DO, FAAP. Hours:Monday-Friday:7:00am - 5:00pm: and Saturday and Sunday-Closed. Medicaid,Medicare,TRicare and major private insurances are accepted. Please call for further information.
Nansemond Pediatrics (CMG)-CHKD	Nansemond Pediatrics (CMG)-CHKD 1005 Commercial La Ste. 220 Suffolk , VA 23434 OR 440 W Washington St Suffolk , VA 23434	Ph:757- 668-2600 and 757- 668-2640	Nansemond Pediatrics is a family and community oriented practice which specializes in the primary care of infants, children and adolescents. In addition to caring for your child's healthcare needs, our pediatricians and staff enjoy assisting families with the joys and sometimes challenges of parenting. As an extension of our philosophy, we participate in the Reach Out and Read program, newborn parenting and breastfeeding classes, and community events that focus on children's health and wellbeing. Our physicians are the only pediatricians who provide inpatient newborn and pediatric care at Eastern Shore Hospital and we also have access to

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North Suffolk Family Medicine (Rev.01/31/25)	3235 Bridge Road Suite 15 Suffolk, VA 23435	Ph: 757- 606-1656 Fax: 757- 606-1657	North Suffolk Family Medicine is a medical group practice that specializes in Family Medicine. Providers:Brittani Bonner, PA-C, MPH,Julia Frankel, DO,Maureen Serem, MD and Lynne Stockman, DO. Hours:Monday-8:00am -5:00pm,Tuesday:7:00am - 5:00pm,Wednesday:8:00am - 7:00pm,Thursday:8:00am - 6:00pm;Friday:7:30am - 5:00pm and Saturday and Sunday-Closed. Medicaid,Medicare,TRicare and major private insurances are accepted. Please call for further information.
SEVHS (South Eastern Virginia Health System)	Franklin Community Health Center	Ph: 757-304-5570 Fax: 757-304-5577	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals
SEVHS (South Eastern Virginia Health System) (formerly PICH)-Main Street	Main Street Physicians 157 N. main Street, Suite A Suffolk, VA 23434 -4507	Ph: 757-925-1866 Fax: 757-942-1282 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals
Suffolk Health Department	Suffolk Health Department 135 Hall Avenue Suite A Suffolk, VA 23434	Ph: 757-514-4700 Fax:757- 514-4863	Services provided: Full prenatal obstetrical and well child services, Family planning for men and women, Communicable diseases, Sexually Transmitted Diseases(STD) Diagnosis & treatment, Childhood immunizations and certain adult immunizations are offered at no cost. Foreign Travel Immunization. Community screenings, referral and counseling. Eligibility requirement: Most charges for services are based on sliding-fee-scale, certain services are free. Intake procedure: Appointment based and walk in. Hours of operation: Monday through Friday 8:00AM to 4:30 PM.
Sentara Urgent Care- (Rev.03/31/25)	1001 Centerbrooke Lane, Suite 100 Suffolk, VA 23434 OR 7394 Harbour Towne Parkway, Suite 5 Suffolk, VA 23435-3473	Centerbrooke Location: Ph:757-702-8105 Fax: 757-702-2186 OR Harbour View Location: Ph:757-702-8116 Fax: 757-922-1513	Sentara Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is available for uninsured individuals for clinical visit with Instant Lab Test – \$125,clinical visit with Services – \$195 and clinical visit with Procedure – \$250.Hours:Monday – Friday: 8:00am – 8:00pm.Saturday – Sunday: 8:00am – 4:00pm.Thanksgiving – Closed. Christmas – Closed.
Western Tidewater Free Clinic- Medical Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website:www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Medical Care,Dental Care,Vision Care,Women's Health Program,Medical Specialists, Partnerships, and
MEDICATION ASSISTANCE			
Harbour View Pharmacy (Compounding) (Rev.11/15/23)	Harbour View Pharmacy 5839 Harbour View Blvd #102, Suffolk, VA 23435	Ph:757- 394-1870 Fax:757- 394-1873 Email:jikesler@harbourviewpharmacy.com Website:http://www.harbourviewpharmacy.com	Harbour View Pharmacy is a Compounding pharmacy. Hours: Monday - Friday 9:00 AM - 6:00 PM:Saturday 09:00 AM - 02:00 PM.They provide limited home delivery to surrounding area. No sterile compounding done. Please call for further information.

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Rite Aid Pharmacy-24HOURS (Rev.09/16/20)	Rite Aid Pharmacy 515 N Main St Suffolk VA	Ph:757-539-9992 Website:riteaid.com	Rite Aid offers 24 hours service. Please call for further information.
Walgreen's Pharmacy (Compounding) (Rev.02/25/20)	3633 Bridge Rd Suffolk VA, 23435	Ph: 757-686-4793 Web: www.walgreens.com	Walgreen's Pharmacy is a Compounding pharmacy.Hours:Mon-Fri-9am - 9pm;Sat 9am - 6pm and Sun 10am - 6pm.Please call for further information.
Walgreens Pharmacy (Rev.09/16/20)	Walgreens Pharmacy 2902 Godwin Blvd Suffolk, VA	Ph:757--539-0734 Website: walgreens.com	Walgreens Pharmacy offers evening services. Hours: M-F, 8a-10p;Sat., 9a-6p;Sun., 10a-6p.Please call for further information.
MENTAL HEALTH			
Adult and Child REACH- (Regional Educational Assessment Crisis Response	Western Tidewater Community Services Board 5268 Godwin Blvd. Suffolk, Virginia 23434	Emergency Services: 757-925-2484 Children's Mobile Crisis: 757-464-8654	The mission of the REACH (Regional Educational Assessment - Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life.
Catholic Charities of Hampton Roads	Catholic Charities of Eastern Virginia 510 N. Main Street Franklin, VA 23851	Ph: 757-562-6222	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling, family counseling, clinical counseling.
Center for Advanced Psychological Services	Center for Advanced Psychological Services 154 West Washington Street Suffolk, VA 23434	Ph:757- 925-0222 Fax: 757- 925-1414	Center for Advanced Psychological Services provides Psychotherapy services for children and adults. NO HMO are accepted.
Counseling Services-Main Street Physicians	Main Street Physicians 157 N main Street, Suite A Suffolk, VA 23434	Ph: 757-925-1866 Fax: 757- 925-1040 Website:www.pich.org	Community Health Center. Insurance accepted and sliding scale fees for uninsured (must bring proof of income if uninsured). Services: Case management and counseling services Hours of operation: 8:30 Am-5:00 Pm(Tues, Weds, Thurs, Fri),8:30 Am-7:00Pm (Mon). Intake: Appointment based.

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Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Family Preservation Services (FPS) (Rev.01/08/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 757.455.8300 Fax: 757.455.8345	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child & Adolescent Services, Outpatient Services, Adult Services, Family Support Services, School Based Services,
GAP-Governor's Access Plan	GAP-Governor's Access Plan Western Tidewater CSB 157 N. Main Street Ste. # D Suffolk, VA 23434	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph: 757-925-2484 Fax: 757-925-1590 Website:www.wtcsb.org	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant; No health insurance, including Medicaid, Children's Health Insurance Program (CHIP/FAMIS), Medicare, or Tricare; Resident of Virginia;
Genesis Counseling-Hampton	Genesis Counseling 1540 Breezeport Way #500 Suffolk, VA 23435	Ph:757-965-5886	Genesis Counseling provides Psychotherapy services for children and adults.
James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com Website:http://www.jamesbentleytreatmentprogram.com/	James Bentley Counseling Services provides the following Services:Counseling,Parent Education, Link the Client to Resources,Restore the Family Unit, Crisis Intervention, Communication Skills, Anger Management, Medication Compliance, Family Sessions, Consult with the Legal System, Teach Coping Skills, Teach Life Skills, Substance Abuse Education, Model Social Skills and Consultation with the school. Psychiatric Evaluation & Treatment. Please call for further information.
James Bentley Treatment Program- Intensive Inhome Services (IIH)	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com Website:http://www.jamesbentleytreatmentprogram.com/	James Bentley Treatment Program provides intensive inhome services (IIH) for children ages 5 - 21.This program is for children who are at risk of removal from their homes due to behavioral or emotional disturbance. Please call for further information.

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KORA Analysis, LLC (Rev.- 09/08/21)	6420 Olde Bullocks Circle Suffolk, VA 23435	Ph:703- 675-7465 Email:info@aba-consult.com Website:https://www.aba-consult.com	KORA Analysis, LLC provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
LifeStance Health (Rev.02/20/23)	5131 River Club Dr Suite 200 Suffolk, VA 23435	Ph: 804-207-6737 Website:https://lifestance.com	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments.Services:Adult Psychiatry, Child and
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide Prevention Lifeline at 1-800-273-TALK
Mental Health-Western Tidewater Clinic	Western Tidewater Free Clinic 3000 Godwin Blvd Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Website:www.wffreeclinic.org	Services: Mental Health services. Hours of operation: Tuesday and Thursday by appointment .Eligibility every Wednesdays 6Pm-8:40Pm.Eligibility requirements: Uninsured below 150% FPG. Proof of income requirements: Income information, Proof of Social Security number, Proof of residence. Services are free to eligible
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or treatment they need through tough times.
NAMI Virginia's Statewide Hlpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hlpline and Resources	Helkpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org Website:www.namivirginia.com	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing, financial assistance, and much more. Our Helpline staff is happy to help you find the right resource for you!

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National Counseling Group- Mobile Crisis Stabilization (Rev.03/19/19)	National Counseling Group- Mobile Crisis Stabilization	24-Hour Crisis Response Team Ph:804-729-0102	National Counseling Group mobile crisis team provides professional and compassionate care in your home and community. Please call if an individual is experiencing any of the following events: Aggression or self-harm, Thoughts of suicide, Threatening behaviors, Dangerous decisionmaking, Extreme social isolation, Property destruction, Hallucinations or delusional thinking, Loss of coping skills, Behaviors that risk psychiatric hospitalization, etc.
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 Veterans Crisis Line: 800-273-8255 Website: https://suicidepreventionlifeline.org Ph:757- 255-2555	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.
Southside Counseling Center	Southside Counseling Center 6072 Godwin Blvd Suffolk, VA 23432		Southside Counseling Center Psychotherapy services for children and adults. Most insurances are accepted. Does not accept Medicaid.
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iecentral.com	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse; nutritional education and training and referrals to much needed physical and mental health services. The educational topics include, but are not limited to assisting qualified individuals in better understanding their medical and healthcare rights and assisting them to access health related services for which they qualify. Serves the Cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and Southampton. Please call for further information.
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Empowerment) INITIATIVE	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iecentral.com	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called, "Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will include items that may conceal drugs, alcohol and contraband. The exhibit helps to educate parents and guardians on
The "Up" Center -Counseling Services-Suffolk (Rev.09/30/24)	109.5 Clay St, Suffolk, VA 23434	Counseling Services Ph:757- 965-8623	The Up Center offers trauma-informed, evidence-based mental health outpatient counseling to help children, individuals and families manage the stresses of life.

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Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org Website:https://vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.
Western Tidewater Community Services Board	Western Tidewater Community Services Board 200 East 2nd Avenue Franklin, Virginia 2385 Suffolk 11000 Commercial Lane	Main: 757-255-7133 OR 757-255-7136 Franklin Ph: 757- 562-2208 Suffolk Ph:757- 925-2222; option 2	Western Tidewater Community Services Board assure the delivery of community-based mental health, intellectual disabilities, and substance abuse services to the Western Tidewater Mental Health Center provides services to youth with Serious Emotional Disturbance, Adults with Serious Mental Illness, Persons with Mental Health and Substance Abuse Disorders, and Forensic Clients. Please call for further information.
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email:info@thechasfoundati on.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness, Increase access to effective treatment for the mentally ill, Save lives of those dealing with a mental illness by working with private and public professionals. Provide support through education for
The Empowerment Network, LLC (Rev. 3/1/18)	1929 Coliseum Dr. Suite K Hampton VA 23666	Ph:757-310-9530 Fax:757-224-4910 Website:www.empower- va.com for	The Empowerment Network, LLC is a Medicaid provider licensed by the Department of Behavioral Health and Developmental Services to provide Intensive In-Home Counseling (IIH) and Mental Health Skill Building (MHSS) services to individuals in the community. IIH services are provided to youth ages 5-17 that are experiencing significant behavioral challenges and/or emotional disturbance. MHSS services are provided to individuals ages 18+ and diagnosed with significant mental illness. (MHSS
Wishing Well Counseling Center (Rev.01/07/20)	Wishing Well Counseling Center 707 Gittings St. Ste 120 Suffolk, VA 23434	Ph:757-514-3248 Fax:75-) 809-5387	Wishing Well Counseling Center we are able to provide counseling pro bono or at a sliding scale rate. Please call for further information.
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities-Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@ cccofva.org Website: http://www.cccofva.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. Our interpreters are tested and trained to ensure they provide accurate, complete, professional, and confidential interpretation and translation. The fees for services are competitive for tested and trained interpreters.
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccofva.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act,

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National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Cooperative Parenting Program	Catholic Charities of Eastern Virginia 510 N. Main Street Franklin, VA 23851	Ph: 757-562-6222	This is a Virginia Court Approved Program. Program helps parents and guardians to shield children from parental conflict, guide children through the process of recovery, reduce frustration and anger, reduce behavior problems and potential for violence. Times: 2nd and 4th Saturday of each month. Must call for pre-registration. Family can reside at any city.
Fleet and Family Support Center-New Parent Support (Rev.6/27/19)	Fleet and Family Support Center-New Parent Support	Contact: Catherine Lewallen Ph:757-445-1089 Email:catherine.lewallen@navy.mil	Fleet and Family Support Center-New Parent Support program provides parenting support from prenatal to age 4. Please call for further information.
Hampton Roads Doulas-HRD (Rev.1/25/19)	Hampton Roads Doulas-HRD	Ph: 757-349-6618 Email:office@hrdoulas.com Website:http://hrdoulas.com	Hampton Roads Doulas-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They provide 24-hour assistance. Services: prenatal doulas, postpartum doulas, birth doulas, placenta encapsulation, infant feeding and birth classes. Fee: mothers can hire a doula for anything from \$1,000 to \$1,300,. Please call for further information.
Healthy Families Suffolk/IOW (Rev. 6/26/19)	1217 N Main St, Suffolk, VA 23434	Contact: Beverly McQuearry Ph: 757-514-4727 OR 757-514-4738 Email:Beverly.mcQuearry@vdh.virginia.gov	Healthy Families Suffolk/Isle of Wight is a home visiting program that enrolls families prenatally or within 2 weeks of birth. Healthy Families services are open to any Virginia Beach residents planning to deliver at an area hospital (or who has delivered at an area hospital within the past 2 weeks) that is at an increased risk for child maltreatment or other adverse childhood experiences. Age Limitation: Prenatal-5. Please call for further information.
NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program (Rev. 6/27/19)	NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program	Ph:757-322-1171 Contact: Sandra Thompson (N, VB, H)	NMCRS – Navy Marine Corp Relief Society is a home visiting nurse program for parent and newborns housed at F&Fsupport Center in Norfolk. Please call for further information.
Nurse Family Partnership- First Time Mothers (Rev. 6/27/19)	Nurse Family Partnership 135 Hall Street Suffolk VA 23434	Contact :Meredith Taylor Program Support technician Ph: 757-514-4727 Toll Free: 844- 637-6667	Nurse Family Partnership is a based home visitation program for first time mothers who are pregnant 28 weeks or less. Once a parent is enroll a register nurse will visit the mother throughout pregnancy and continue to visit until baby is 2 year old. Program is free. Please call for further information.

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OB Nurse Navigators (Rev. 2/9/18)	The OB Navigators are based at Sentara Obici Hospital 2800 Godwin Blvd. Suffolk, VA 23434	Contacts: Lori White, RN Universal Screening Coordinator Ph:757-934-4405 Email:lpwhite@sentara.com Tandy Coyle, RN, BSN, Maternal Nurse Navigator Ph: 757-934-4114	OB Navigators are specially trained nurses who are available to answer questions and assist expectant mothers throughout their pregnancy as well as labor and delivery. This FREE service is available to all expectant mothers scheduled for delivery at Sentara Obici Hospital. Please call for further information.
Parents As Teachers-The Up Center Suffolk	Parents As Teachers-The Up Center Suffolk 109.5 Clay St., Va. 23434	Ph:757- 622-7017 OR Contact Rosalind Hopkins: 757-397-2121x344 Prevention Services	Designed for parents with children up to 5 years of age. It uses free home visitation and group activities to provide parents the opportunity to recognize those teachable moments in their child's life. Parent educators help parents enhance their child's language, intellectual, and social development so that all children enter Kindergarten ready to learn. Parents as Teachers provides: Individualized Personal Visits, Monthly
Parenting Classes, The Mediation Center of Hampton Roads-Suffolk Department of Home Services	Parenting Classes, Suffolk Department of Home Services 440 Market Street 2nd Floor	Ph: 757- 624 – 6666	Cooperative Co-Parenting is designed to assist adults in understanding the difficulties children face during co-parent conflict and to meet their children's needs. This class meets the requirements set forth by the Virginia Supreme Court. This class is for parents of children of all ages. This course will empower parents to identify and
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.
The Children's Center Early head Start Home-Based Program (Rev.6/27/18)	The Children's Center Early head Start Home-Based Program	Contact: Laurie Phillips Ph:757-516-2722	The Children's Center is the grantee for the Western Tidewater Early Head Start program, which provides family-centered services to low-income pregnant women and families with children under the age of three. Early Head Start promotes the physical
The Kinship Navigator Program (Rev.7/1/19)	The Kinship Navigator Program 104B N. Witchduck Road, Suite 316	Contact: Gloria A. Walker Kinship Navigator Ph:757- 385-3636	The Kinship Navigator Program seeks to maximize resources, provide seamless integrated services, and provide accessible information for prospective kinship families and current kin caretakers (relatives, members of their tribes or clans,
The Planning Council-Home Visiting Central Intake (Rev.6/26/19)	The Planning Council Home Visiting Central Intake 5365 Robin Hood Rd #700, Norfolk, VA 23513	Ph: 757-622-9268 Ext. 3042 or 3061 Contact:Mennie Nelson- Barnes Referral Email: mneslon-barnes@theplanningcouncil.org OR Cheyenne Wesley Referral Email:cwesley@theplanningcouncil.org Website:https://www.theplanningcouncil.org	The planning Council offers information, referral and screening for home visiting programs for new expectant and current parents, infant and toddler programs, developmental delay programs, parenting classes, prenatal care, alcohol and drug resources, domestic violence resources,etc.. Areas covered: Chesapeake,Norfolk,Portsmouth,Virginia Beach,Suffolk,Franklin,Isle of Wight and Southampton County. Please call for further information.

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The Up Center-The Sake Program	The Up Center -Suffolk 109.5 Clay St., Va. 23434	Ph:757- 622-7017 OR Contact Rosalind Hopkins: 757-397- 2121x344 Prevention Services Supervisor Email:rosalind.hopkins@theupcenter.org/	For Children's Sake is a co-parenting seminar that provides parents with skills to shield their children from the conflict of separation or divorce. It is recommended that each parent attend separate sessions. For Children's Sake is approved for court mandated participants and all other parents undergoing separation or divorce procedures. Classes Tuesday nights 6:30AM-8:30 PM (Duration 6 weeks). Course cost is \$50/participant and pre-registration is required. Family can reside at any city.
The Up Center-The Step Program	The Up Center-Suffolk 109 .5 Clay St Suffolk, VA 23434	Contact: Heather Mathews 757-397-2121 Website:http://www.theupcenter.org/	This is a Virginia Court Approved Program. Parenting Skill Program. For children 4 years old and up. Classes are Tuesday nights 6:30AM-8:30 PM (Duration 6 weeks). Pre-registration required. Family can reside at any city.
The Up Center-Strengthening Families	The Up Center-Suffolk 109 .5 Clay St Suffolk,	Contact: Heather Mathews 757-397-2121	Strengthening Families gives children and adolescents the tools they need to avoid drugs, tobacco and alcohol through improved resistance skills, family communication,
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy.
RECREATION			
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical School EV Williams Hall 855 W. Brambleton Ave Norfolk Suffolk, VA	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757- 446-5708 Fax:757- 446-8408	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong and sure to be a great time in the classroom or at home.Please call or email for further information.
Planet Fitness-Free Summer Membership (Rev.06/21/22)	569 E Constance Ave Suffolk, VA 23434	Ph:757- 809-5970 Website:https://www.planetfitness.com/gyms	Planet Fitness-Free Summer Membership program is for Teens 14-19; they can work out FREE with High School Summer Pass™. PLUS, when they sign up, they are automatically entered for a chance to win a \$5,000 scholarship*. *NO PUR NEC. Ages 14-19 (with parent approval if a minor). Ends 8/31. Void where prohibited. Please visit the website for further information.
Suffolk Community Center - Suffolk Department of Parks & Recreation	Suffolk Community Center - Suffolk Department of Parks & Recreation 110 West Finney Avenue Suffolk, VA 23434	Ph:757-514-7270-Intake Web site: www.suffolk.va.us/parks	The Suffolk Community Center provides a wide variety of recreational opportunities for mature adults. Ongoing activities include arts and crafts, chorus, day trips and aerobic classes.

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Suffolk Children's Center- Summer Camp	Suffolk Children's Center 300 Executive Court Suffolk, VA 23434	Ph:757- 538-2523 Fax:757- 538-2925	At the Texie Camp Marks Children's Center located in Franklin and the Suffolk Children's Center, Summer Camp is available for children ages five to twelve. Summer camp features field trips, swimming and tennis lessons, and public library visits. Please call for further information.
Suffolk Parks and Recreation- Art Camp (Rev.06/23/22)	Suffolk Parks and Recreation- Art Camp	Contact: Program Supervisor: Angela Reavis Ph:757-514-7284 Email:areavis@suffolkva.us	Suffolk Art Gallery camp is for children that enjoys art or needs to have his/her creativity sparked with new ideas, This camp is held just before your child enters school in the Fall. So, get your child back on track to creativity for the Fall. Field trips are included. Campers must bring water and lunch each day. Snacks will be provided. Monday-Friday 7am-6pm Session 1 Ages: 10-14 and Session 2 Ages: 6-9.Cost: \$90 per week
Suffolk Parks and Recreation- Camp Limitless- Therapeutic Summer Camp Planter's Club (Rev.06/22/22)	Suffolk Parks and Recreation- Camp Limitless- Therapeutic Summer Camp Planter's Club (Rev.06/22/22)	Contact:Program Supervisor: Jaimie Belch Ph:757-514-7250 Email:jbelch@suffolkva.us	They allow campers to flourish in a structured environment while feeling comfortable and secure. Camps will include arts and crafts, field trips, group games, outdoor activities, and more. Participants who require 1:1 assistance are welcome to attend along with their parent or professional aide at no additional cost except field trips. Monday-Friday 8:30am-2:30pm Ages: 6-21 (must be currently enrolled in school)cost: \$50 per week.
Suffolk Parks and Recreation Discover Your Future Camp	Suffolk Parks and Recreation Discover Your Future Camp	Program Supervisor: ChiNiese Williams	Suffolk Parks and Recreation-Discover Your Future Camp at East Suffolk Recreation Center is for all teens and pre-teens! Join at the East Suffolk Recreation Center to
Suffolk Parks and Recreation Hook A Kid On Golf Camp at Sleepy Hole Park (Rev.06/22/22)	Suffolk Parks and Recreation Hook A Kid On Golf Camp	Contact: Program Supervisor: Dominique Cox Ph:757-514-7270 Email:ddcox@suffolkva.us	Suffolk Parks and Recreation -Hook A Kid On Golf Camp is a opportunity to learn the many facets of the game of golf. Golf can be exciting while learning skill techniques, basic rules, etiquette and course management. This program is for girls and boys. Monday - Friday 9am-2pm .Ages 7-15.Cost: \$150 Includes golf clubs, golf bag, hat, and shirt.
Suffolk Parks and Recreation Hoops 4 Life Camp at Kings Fork Recreation Center (Rev.06/22/22)	Suffolk Parks and Recreation Hoops 4 Life Camp at Kings Fork Recreation Center (Rev.06/22/22)	Contact:Program Supervisor: Dominique Cox Ph:757-514-7270 Email:ddcox@suffolkva.us	This "Basketball 101" program will improve basketball skill levels, while addressing important life lessons and values. Youth will learn the value of discipline, teamwork, and the importance of setting goals. There will also be incredible, guest speakers, video lessons, and workshops. Monday-Friday 7am-6pm Sessions 1-2. Ages: 12-15 Sessions 3-4 Ages: 8-11.Cost: \$70 per two week session + \$25 one-time registration fee
Suffolk Parks and Recreation Outdoor Explorers Camp at Sleepy Hole Park (Rev.06/22/22)	Suffolk Parks and Recreation Outdoor Explorers Camp (Rev.06/22/22)	Contact: Program Supervisor: Nakiesha Bridgers Ph:757-514-4518	This camp is for kids who enjoy exploring The Great Outdoors. Campers will learn outdoor skills such as natural shelter building; plant and animal identification; and how to start and tend to a fire. All gear is provided. Campers should come dressed in active wear, closed toe shoes, and sunscreen applied! Pack a lunch with an extra
Suffolk Parks and Recreation Planet Recreation Camp (Rev.06/22/22)	Suffolk Parks and Recreation Planet Recreation Camp	Site Contact Information: Booker T. Washington Recreation Center Tabitha Franklin Ph:757-514-7247 Email:tfranklin@suffolkva.us Creekside Recreation Center Chancey McPherson Ph:757-514-7247	This program is filled with fun activities, arts & crafts, and clubs made to create an adventurous time. Grades: Rising Kindergarten-Rising 6th* *4 year olds may register if they have completed Suffolk Public Schools Pre-K4 program Monday-Friday 7am-6pm; is a 4 week program. Cost: \$85 per two-week session + \$35 one-time registration fee.
Therapeutic Summer Program/Step by Step	Therapeutic Summer Program/Step by Step	Ph:757-934-6470 Website:www.sbscva.com/p	Therapeutic Summer Program/Step by Step Consulting, Inc. serves individuals with diagnosis of: Autism, PDD, and Asperger's. Hours: Monday - Friday . Ages:5 years –

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YMCA of South Hampton Roads-Teens FREE Membership (Rev.06/21/22)	Suffolk Family YMCA 2769 Godwin Boulevard Suffolk, VA 23434	Suffolk Family YMCA Ph:757- 934-9622 YMCA Camp Arrowhead	YMCA of South Hampton Roads is excited to provide teens FREE memberships this summer (June-August 2022, ages 13-18) through its Sponsor-a-Teen Program. Teens looking to receive a free membership simply fill out a quick, easy online application (or
RESPITE			
Catholic Charities - In-Home Respite Care (Rev.4/23/19)	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366	Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while you are away. Respite services DO NOT include bathing, personal care, housekeeping or transportation. Eligibility Criteria: Care receivers must be 60 years of age or older to receive services. Please call for further information.
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Families must call main number to be directed to the local CSB Ph:757-255-7136 Fax: 757-255-7142 OR Visit the website to find local CSB:Website: https://vacsb.org OR http://vacsb.org/community-services-boards-and-the-behavioral-authority-csbs	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email: creativevocationsllc@gmail.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide
Respite Care Program-Suffolk	Children's Center 700 Campbell Avenue Franklin, VA 23851	Contact: Tamie Rittenhouse Ph: 757-538-2325	Respite Care is a service that provides temporary childcare for persons with developmental disabilities. Care providers are knowledgeable of most special services which be required by a client. The availability of services, fees, and additional information can be received from the program in your city. Must call for information.
SAFETY			

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Child Safety Seat Program Suffolk Health Department Western Tidewater Health District (Rev.06/11/24)	Child Safety Seat Program Western Tidewater Health District Suffolk Health Department 135 Hall Avenue Suite A Suffolk, VA 23434	Ph:757- 514-4700 or 757- 514-4736 Toll Free:1-800-732-8333	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat. Eligibility: Live in Virginia (citizenship not required),Custodial parent, legal guardian, or foster parent,Child is seven years old or younger,Pregnant mother must be in last trimester of pregnancy,Income eligible for WIC, SNAP, Medicaid, TANF, or FAMIS,Available to attend a training, to learn how to correctly use and install a safety seat and booster seatbased on income. Covered Areas: Isle of Wright, Suffolk. Please call to apply and schedule training appointment.
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800- 222-1222 Website: https://poisonhelp.h	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need
Project Lifesaver- Suffolk/Franklin	Project Lifesaver Suffolk Suffolk Fire and Rescue 300 Kings Fork Road Suffolk, VA 23434	Ph: 757-514-4545 Toll Free: 1-877- 580-LIFE Main:757-546- 5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support
Smoke Detector Program (Rev.4/3/19)	Suffolk Fire-Rescue	Ph:757- 514-4550 Website: https://www.suffolkva.us/704/Smoke-Detectors	Please contact Suffolk Fire-Rescue to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
Crossroads Treatment Center of Suffolk, PC (4/17/18)	1258 Holland Road Suffolk, VA, 23434	Ph: 757-809-4771	Crossroads Treatment Center of Suffolk, PC provides effective outpatient treatment for opiate addiction.
GAP-Governor's Access Plan	GAP-Governor's Access Plan Western Tidewater CSB 157 N. Main Street Ste. # D Suffolk, VA 23434	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph: 757-925-2484 Fax: 757-925-1590	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant; No health insurance, including Medicaid, Children's Health Insurance
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website: www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.

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Services Provided in **Suffolk City**

James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com Website:http://www.jamesbentleytreatmentprogram.com/	James Bentley Counseling Services provides the following Services:Counseling,Substance Abuse Education and Model Social Skills. Psychiatric Evaluation & Treatment. Please call for further information.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a service within our Co-Occurring Disorders program, for males and females. The program consists of the following services: <u>screening given to all new admissions. Weekly Substance Abuse.</u>
Right Path Addiction Treatment Center (Rev.4/17/18)	Right Path Addiction Treatment Center	Main Ph:757- 266-4090 Suffolk: Ph:757- 942-4442 Website:http://www.rightpathaddictioncenters.com	Right Path Addiction Treatment Center offers a number of treatment options for opioid addiction.
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat:https://www.lifeline-chat.org/ Website:http://www.yourlifeyourvoice.org	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.

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The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Monday Night AFG 2 meetings at once: Regular & Newcomers St. Andrew Presbyterian Church 1885 Bridge Road Suffolk, VA	Contact: Betty Ph:757-483-1445	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Mondays 7:00 P.M. Student & Professional observers welcome.
The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Serenity Seekers AFG Main Street United Methodist Church 202 N. Main St. Suffolk, VA	Contact: Billy Ph: 757-539-4018	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Wednesdays 8:00 P.M. Student & Professional observers welcome.
The Al-Anon (for adults) - Support Group (Rev.8/24/18)	Suffolk AFG St. Paul's Episcopal Church 213 North Main St. Suffolk, VA	Contact: Jenny F. Ph: 757-647-6585	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Fridays 8:00 P.M. Student & Professional observers welcome.
The "Up" Center-Adult Substance Abuse Group (Rev.01/07/20)	The Up Center 1095 Clay Street Suffolk, Virginia 23434	Contact: Dr. Dorothy Goulart Ph:757- 330-4797	The "Up" Center-Adult Substance Abuse Group is a FREE group which follows SAMHSA Substance Abuse Group Treatment curriculum. The group facilitator is a Certified Substance Abuse Counselor (CSAC).Issues: Addiction, Alcohol Abuse, Drug Abuse. Types of Therapy: Cognitive Behavioral (CBT).Age: Adults. Please call for further information.
Western Tidewater Community Services Board	Western Tidewater Community Services Board	Main: 757-255-7133 OR 757-255-7136	Western Tidewater Community Services Board assure the delivery of treatment for individuals affected with substance abuse. They provide a coordinated system of
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Bereavement Support Group-Sentara (Rev.03/03/20)	Sentara Obici Hospital 2800 Godwin Blvd. Suffolk, VA, 23434 Garden Level	Contact: Regina Mitchell, Chaplain Ph:757-934-4142	Bereavement Support Group-Sentara offers education, support and guidance for those who have recently lost a loved one. Not recommended for those still in the early stages of grief (first 2 months). They meet:1st Thursday of every month from 6:00PM to 7:15PM Please call for further information.
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/23)	Bereavement Support Group for Parents-Compassionate Friends	Ph:757-238-2671 Email:patsyanded@charter.net Toll Free:1-877-969-0010	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Breast Cancer Support Group	Cancer Support Group 2800 Godwin Blvd Suffolk, VA 23434 Garden Level	Contact: Edie Fidler Ph:757-934-4258 Cancer Services	Cancer Support Group- offers emotional and educational support to breast cancer patients and their families. Both newly diagnosed patients and those with current diagnosis are welcome. The group meets the 4th Tuesday of every month,6:00pm.

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Compassionate Friends-Bereavement Support Group	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com and	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: www.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
La Leche League of Virginia Support Group	La Leche League of Virginia Bethlehem Christian Church 1549 Holland Rd (Hwy 58), Suffolk	Contact: Mary Ellen Ph:757-357-4369 Website: www.lllvawv.org	La Leche League Leaders are experienced mothers who are accredited by La Leche League International to help mothers and expectant mothers with all aspects of breastfeeding. They are available to address any breastfeeding questions or concerns <u>by phone, email, and/or in person at our regular monthly meetings. Meetings: 2nd</u>
Living Beyond Cancer Survivorship Program-Sentara Norfolk (Rev.03/03/20)	Sentara Obici Hospital 2800 Godwin Blvd. Suffolk, VA, 23434 Classroom C&D	1-800-SENTARA	Living Beyond Cancer Survivorship Program-Sentara Norfolk provides patients and families with information about transitioning to life after active treatment.
Look Good, Feel Better-Support Group	Look Good, Feel Better Support Group 2800 Godwin Blvd Suffolk, VA 23434 Garden Level	Contact: Edie Fidler Ph:757-934-4258 Cancer Services	Look Good, Feel Better Support Group-participants learn how to apply make up, style hair, and suggestions on sources for wigs. The program teaches grooming techniques that can help patients cope with appearance changes that may occur. Please call for further information.
Lung Cancer Support Group-Teleconference-Sentara	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to
Pink Passion Women's Cancer Support Group - Suffolk (Rev.02/28/20)	Sentara Obici Hospital 2800 Godwin Blvd. Suffolk, VA, 23434	Contact: Amy Peterson, Cancer Network Coordinator Ph: 757-934-4395.	This support group offers education and emotional support to female cancer patients. They meet the first Wednesday of each month from 12 - 1:30 p.m. on the Garden Level at Sentara Obici Hospital. Please call for further information.
PROSMen's Cancer Support Group (Rev.03/04/20)	Sentara Obici Hospital 2800 Godwin Blvd.	Contact: Jaclyn Bunte Community Health	PROSMen's Cancer Support Group offers emotional and educational support to male cancer patients and their families. They meet:4th Tuesday of every month from
Prostate Cancer FACEBOOK Support Group	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website:	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone-Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone-Parent Support Group	Website: https://littlebearses.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost:currently \$19.

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The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev.07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131 Norfolk VA 23502	Contact: Judith Millman, Facilitator Contact: Judy Judithmillman@aol.com Link: https://www.lighthouseguild.org/patients-families/tele-support-services/support-for-parents/parent-tele-support-	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
Uniquely United Parents (UUP)	Uniquely United Parents (UUP)	Contact: Jamie Diefenbacher, Felicia Hamilton & Todd Humphrey Ph:757- 504-2018 Email: uniquelyunitedparents@gma	Uniquely United Parents (UUP), a nonprofit organization and support group for the families of Franklin, Smithfield, and Suffolk invites you to attend our monthly chat sessions. Having a child or children with a disability is a unique challenge that many do not understand. But, UUP is here to support you and inform you of all the available resources that you do have-- putting money back in your pocket. Come find out about: Free Medical Supplies (including diapers),Paid Caregivers, Mileage Reimbursement
THERAPEUTIC FOSTER CARE			
THERAPIES			
Adler Therapy Group-Harbour View/Western Branch Office (Rev10/10/24)	5833 Harbour View Blvd, Suite D Suffolk, VA 23435	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygro	Adler Therapy Group specializes in delivering Physical Therapy, Occupational Therapy, and Speech Language Pathology for pediatrics, adolescents and adults. Insurance: most major insurance networks are accepted. Must inquire about
CHKD outpatient PT/OT/ST at Harbor View	CHKD outpatient PT/OT/SL 5835 Harbor View Blvd, # B Suffolk, VA 23435	Ph: 757-668-6033	CHKD's physical, occupational and speech services work to help children of all ages overcome and adapt to the challenges of developmental delay, disease or accident.
Children's Therapy Concepts,LLC (Rev. 3/12/18)	24030 Indian Town Rd Courtland, VA 23837	Contact: Kim Mallon Ph:757-776-3088	Children's Therapy Concepts,LLCThey provide services to the very young with special needs, often from birth to age 18. These services include outpatient pediatric

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Ivy Rehab for Kids-Suffolk (Rev.06/16/22)	150 Burnetts Way Suite 230 Suffolk, VA 23434	Ph:757- 942-2022 Fax: 757-512-8997 Website: https://www.ivyrehab.com	Ivy Rehab for Kids located in Suffolk, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills, handwriting, mobility, self-regulation, developmental delays, motor coordination, social skills, or other needs, their compassionate team specializes in a variety of pediatric conditions and are dedicated to helping your child achieve their goals. Office Hours: Monday-Thursday 7:00 am -
Ivy Rehab for Kids-Suffolk (Rev.06/16/22)	1001 Centerbrooke Lane, Suite 103 Suffolk, VA 23434	Ph:757- 774-5600 Fax: 757-216-1141 Website: https://www.ivyrehab.com	Ivy Rehab for Kids located in Suffolk, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills, handwriting, mobility, self-regulation, developmental delays, motor coordination, social skills, or other needs, their compassionate team specializes in a variety of pediatric conditions and are dedicated to helping your child achieve their goals. Office Hours: Monday-Thursday 7:20 am -
Sentara Home Care Services	Sentara Home Care Services 154 Burnetts Way, Suite 102 Suffolk, VA 23434	Ph: 757- 983-1900 Fax: 757- 538-9264	Sentara Home Care offers a comprehensive spectrum of rehabilitative therapies to help our patients achieve and maintain their highest level of independence. Their team of physical, occupational and speech therapists teach, guide and assist our patients to get back on their feet after surgery and help them relearn and practice the activities of daily living. Please call for further information.
The Children's Center - Pediatric Therapy	The Children's Center -Pediatric Therapy Suffolk Children's Center 300 Executive Court Suffolk, VA 23434	Ph:757- 538-2523 Fax:757- 538-2925 Email: jzeigler@thechildrenscenter.cc .Website www.thechildrenscenter.cc	The Children's Center offers pediatric therapy to infants through young adults twenty-one years of age. The Virginia Department of Health licenses the Children's Center to provide these services within the state. Services include: speech therapy and Occupational therapy.
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.

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Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0)	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled ~~Waived Services~~	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly	Sentara Health Community Care CCC Plus (Formerly	Ph:877-892-3986 Sentara CCC Plus and	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
Paratransit Service-HRTs (Rev.4/3/19)	Paratransit Service-HRTs 3400 Victoria Blvd	Ph:1- 877-ADA RIDE 1-(877)-232-7433	Paratransit provides public transportation services for persons with disabilities, who because of their disability cannot utilize fixed route bus service. Paratransit is a shared
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus- -Regions 2,4,5 (Central Virginia, (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Suffolk City**

AMERICA'S BEST	AMERICA'S BEST 1201 N. Main St. Suite 1 Suffolk VA 23434	Ph:757-942-0542	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$45, visual field test \$15. Please call for further information.
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Western Branch Lion Club Contact: Marylou Dixon Ph:757-484-5265 OR Kathy Richardson Ph: 757-255-4579	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Western Tidewater Free Clinic-Eye Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website:www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Vision Care and Pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the FPL,: Have no medical insurance and not eligible for Medicare or VA benefits. Hours:Monday - Thursday- 9am - 4pm and Friday: 9am - 1pm. Please call or visit the website for further information.
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:1-844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Suffolk City**

Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.11/02/20)	CCC Plus Waiver Suffolk Department of Social Services 135 Hall Ave Suffolk, VA 23434	Call to request Screening: Suffolk DSS Ph:757-514-7458	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer-Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Waiver Western Tidewater Community Services Board 5268 Godwin Boulevard Suffolk, VA 23434	Main:757-942-1069 Theresa Pope Email:tpope@wtcsb.org Rebecca Shaw, Email: rshaw@wtcsb.org Kandace Tysinger,Email: ktaylor-tsinger@wtcsb.org Website:http://www.wtcsb.org/	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Families must call main number to be directed to the local CSB Ph:757-255-7136 Fax: 757-255-7142 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

COMMUNITY RESOURCES EASTERN REGION

Services Provided in **Suffolk City**

Community Living (CL) Waiver	CL Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Families must call main number to be directed to the local CSB Contact: Rose Askew Ph:757-758-5106 Fax: 757-255-7142 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).
Family and Individual Support (FIS) Waiver	FIS Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434	Families must call main number to be directed to the local CSB Ph:757-255-7136 Fax: 757-255-7142 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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COMMUNITY RESOURCES EASTERN REGION

Serviced Provided in Surry

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	45 School Street, P.O. Box 263, Surry, VA 23883	Surry Department of Social Services Ph:757- 294-5240 Fax:757- 294-5248 Hotline: 1- 888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further
Child Protective Services (CPS) (Rev.08/24/23)	45 School Street, P.O. Box 263, Surry, VA 23883	Surry Department of Social Services Ph:757- 294-5240 Fax:757- 294-5248 Hotline: 1- 888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat Email:help@humantraffickinghotline.org.	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops, mentoring sessions, summer camps, school visits, and community support.
ASSISTIVE TECHNOLOGY			
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health PO Box 1980	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work
Report a Breastfeeding Incident-CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and
Surry Health Department -WIC Program-Lactation/Breastfeeding Classes (Rev.12/03/19)	Surry Health Department - WIC Program- Lactation/Breastfeeding Classes 474	Ph:757- 294-3185 Fax:757- 294-3756	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.

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Serviced Provided in Surry

BURIAL ASSISTANCE			
Burial Expenses Assistance-Surry Department of Human Services (Rev.10/22/20)	Surry County Department of Social Services P. O. Box 240 Surry, VA 23883	Phone:757- 294-5240 Fax:757- 294-5248	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home.Please call for further information
CHILD CARE			
After School Childcare - Surry, Surry County Social Services Child Care Aware® of Eastern Virginia (Rev.03/06/23)	After School Childcare - Surry, Surry County Social Services Child Care Aware® of Eastern Virginia	Intake: 757-294-5240 Fax: 757-294-5248 Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral	The provision of childcare for parent(s) without regard to income in order to prevent latchkey children. No age limitation. Must reside in Surry. No fee. Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the
DENTAL CARE			
Donated Orthodontics Program - American Association of Orthodontic / Surry Area Free Clinic-Dental Services	AAO, Attn: Donated Orthodontic Services Surry Area Free Clinic 474 Colonial Trail West PO Box 32 Surry, VA 23883	Attn: Donated Orthodontic Services Ph:757-294-0132 or 757- 294-3185 Fax:757-294-3352 Website: www.surryfreeclinic.org	The American Association of Orthodontics has a donated orthodontics program. They provide high-quality orthodontic care for children of families. The Surry Area Free clinic provides basic dental services. Hours: Monday-Friday: 9AM - 4PM.Eligibility: Must be a resident of Surry, Isle of Wight, Southampton counties, ages 19-64, uninsured and income eligible (up to 200% federal poverty).Fee: Free to eligible persons. Please call for further information.
Western Tidewater Free Clinic-Dental Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website:www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Dental Care and pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the FPL,;
DEVELOPMENTAL DISABILITIES			
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 E: nicole.miller@tidewaterasa. org Website:www.tidewaterasa.o	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and
DISEASE SPECIFIC GROUPS			
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332- 1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy.com/247-helpline	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists respond to most often include: Current epilepsy treatment and alternative therapies, Medication questions, Support groups, Seizure first aid and safety devices
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of

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Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*Surry County Lion's Club Contact: Sherika Charity Ph: 757-287-6045 Website: www.lionsclubs.org You must contact Lion's club	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
DME			
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email:	Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email:	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification
American Printing House for the Blind Inc. (Rev.1/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email:	American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter 500 Sentara Circle, Suite 201 Williamsburg, VA 23188	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail: Williamsburg@freefoundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org. In Virginia, children in need of mobility equipment have
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Hope 4 Life (Serves Hampton Roads) - Greater Hampton Roads Diaper Bank (Rev.09/06/22)	7590 Beechland Road Elberon, VA 23846	Ph:757-334-6149 Website: Website:http://ghrdiaperbank.org	Hope 4 Life is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility	Ph:757- 466-1553 Fax: 757- 455-8536 Toll Free: :877- 326-0972 Website:	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 904- 550-5777	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for
DOMESTIC VIOLENCE			
LGBTQ Partner Abuse & Sexual Assault Helpline	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is
loveisrespect	loveisrespect	Ph: 866-331-9474	Loveisrespect's purpose is to engage, educate and empower young people
National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service
The National Domestic Violence Hotline	The National Domestic	Ph:800-799-SAFE (800-	The National Domestic Violence Hotline is the only 24/7 national hotline that
The Genieve Shelter	The Genieve Shelter P.O. Box 1585 Suffolk, VA 23439	Ph: 757 925-4365 Fax: 757 925-2053 Toll Free:: 800-969-HOPE Email:	The Genieve Shelter creates a safe and supportive environment for victims of domestic violence. Their services include a 24-hour crisis hotline; individual and group counseling; court accompaniment; emergency shelter, food and clothing; and emergency transportation. They also have a Children's Program that offers after school tutoring, a weekly children's
The Project for the Empowerment of	The Project for the	Contact: Carmen Williams	The Project for the Empowerment of Survivors (PES) will expand Virginia

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EARLY INTERVENTION			
Infant Stimulation Programs- Crater District	Early Intervention Program (District 19 CSB)	Contact: Kay Toombs, Program Manager	The Early Intervention program provides therapy/specialized services for families with infants and toddlers at risk and have developmental disabilities
EDUCATION			
Department of Special Education Surry	Joyce Baker, Director 1675 Hollybush Road	Ph:757-267-2270 Fax:757-267-2409	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including
Head Start Program	Registration:	The Improvement	Head Start program provides grants to local public and private non-profit
Surry Homeless Education Coordinator	Shawna Newbill School Social Worker	Phone: 757-267-2810 Fax: 757-267-5262	Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samh sa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing/ASL Callers:	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is
Virginia Department of Emergency	Bureau of Emergency Services PO Box 65	Contact: John B. Edwards, Tr. #1 Office: 757-264	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by
EMPLOYMENT			
Department of Rehabilitative Services- Petersburg Office	Department of Rehabilitative Services DRS Petersburg Office	Contact: Erica Schwartz Ph:	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education, work or independence. DRS collaborates with schools in providing Transition
VEC Workforce Center-	Virginia Employment Commission 5240 Oaklawn Blvd, Hopewell, 23860 Mailing	Ph:804- 541-6548 Fax: 804-541-6517	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the Workforce
Virginia Employment Commission-	Virginia Employment Commission 5240 Oaklawn	Ph:804- 541-6548 Fax: 804-541-6517	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm
FINANCIAL ASSISTANCE			
Affordable Connectivity Program (ACP) (Rev. 05/11/22)	Complete the application and Household Worksheet, must be	Website:https://www.affordableconnectivity.gov/how-to-	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	855-222-3252 or visit Website:Connect2Compete	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and
Cooling Assistance Program -LIHEAP- Surry Department of Social Services	Cooling Assistance Program - LIHEAP- Surry Department of	Ph:757- 294-5240 Fax:757- 294-5248	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility
Cover Virginia-Virginia-Based Assisters (Rev. 1/21/19)	1.Surry Medical Center 440 Colonial Trail West	1.Surry Medical Center Ph:757-294-3981	Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based
Crisis Assistance Program - LIHEAP- Surry Department of Social Services	Crisis Assistance Program - LIHEAP- Surry Department of	Ph:757- 294-5240 Fax:757- 294-5248	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need
Department of Social Services-The Division of Child Support Enforcement	1610 Forest Ave Suite 200 Henrico, VA 23229	Ph:804- 367-8420 TOLL FREE: 800- 468-	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal
Energy Share Agencies-	The Salvation Army	The Salvation Army Ph: 757-539-5201	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides

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Heating Assistance Program- LIHEAP- Surry Department of Social Services (Rev.5-9/19)	Heating Assistance Program- LIHEAP- Surry Department of Social Services P. O. Box 240 Surry, VA 23883	Ph:757- 294-5240 Fax:757- 294-5248	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other Eligibility Requirements: To be eligible for Fuel Assistance, there are certain income guidelines and living arrangements that must be met. The household must be responsible for paying the heating bill. Application
Hope 4 Life (Serves Hampton Roads) - Greater Hampton Roads Diaper Bank Lifeline (Rev.9/13/19)	7590 Beechland Road Elberon, VA 23846 Lifeline	Ph:757-334-6149Website: Website: http://ghrdiaperbank.org/ Website: https://www.lifelinesupport.org/lis/ Providers:	Hope 4 Life is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8). Limitation: One per Household. Verification requirement: must provide proof of one of the
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273 TDD: 800-817-6608	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of primary care providers (PCPs), specialists, hospitals and other health care providers. Different MCOs are available in different areas of the state. MCOs that provide health care to Medicaid and FAMIS enrollees include Aetna Better Health of Virginia, Anthem HealthKeepers Plus, INTotal Health, Kaiser Permanente, Optima Family Care, and Virginia Premier.
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings- Aetna Better Health of Virginia	Ph:855-652-8249, Website: www.aetnabetterhealth.com/Virginia	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings- Anthem HealthKeepers Plus	Ph:855-323-4687, Website: www.anthem.com/vamedicaid	Anthem HealthKeepers Plus Provider Listings.
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings- Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) Medallion 4.0: Website: www.MCCofVA.com	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings- Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975 Website: https://www.sentarahhealthplans.com	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:1-866-622-7982, Website: www.uhccommunityplan.com	United Healthcare Provider Listings.

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Medicaid	Suffolk Department of Social Services 135 Hall Avenue, Suite B Suffolk, VA 23434	Ph:757- 514-7450 Fax:757- 514-4869 Website: http://www.suffolk.va.us/city	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at Cover Virginia.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:- 888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website: www.viriniamedicaid.com	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD)
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website: https://www.healthyoptima.com	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed
Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph:866-331-9169 Main Number:800.772.	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://viriniasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF benefits or participate in a low income Medical Assistance Program, Families applied and received free or reduced
Surry County Department of Social Services	Surry County Department of Social Services P. O. Box 240 Surry, VA 23883	Phone:757- 294-5240 Fax:757- 294-5248	The Surry County Department of Social Services' mission is to provide benefits and services to the citizens of Surry based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore
The Summer Food Service Program	The Summer Food Service	Ph:866-348-6479 to	The Summer Food Service Program (SFSP) is a federally-funded, state-
FORMULA/NUTRITION			
Surry Health Department -WIC Program	Surry Health Department - WIC Program 474 Colonial Trail West	Ph:757- 294-3185 Fax:757- 294-3756	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding
Surry Health Department - WIC Program-Formula	Surry Health Department - WIC Program-Formula 474 Colonial Trail West P.O. Box 213 Surry, Virginia 23883	Ph:757- 294-3185 Fax:757- 294-3756	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided. The WIC program provides the following formulas for infants: Similac Advance, Similac Isomil Advance. If a special formula is needed, provider should complete a WIC form -Request for special formula. For a list of Approved formulas contact the states WIC office at (804)-864-7800. No approved formulas for Virginia WIC program: famil LIPIL, Enfamil premium, Enfamil ProSobee LIPIL,
HOME CARE			

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Affinity Care of Virginia (Rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Chesapeake, Gloucester County , Hampton , Isle of Wight County , James City County , Mathews County , Newport News , Norfolk , Poquoson , Portsmouth, Suffolk , Surry County , Virginia Beach, Williamsburg and York County
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	Aveanna Healthcare Company	Ph:757- 461-6310 Fax:757-644-1670 Toll Free: 866-883-1188 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth, Newport News, Norfolk, Suffolk, Surry, Virginia Beach, Williamsburg, Yorktown. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury Program, Medicaid + MCO programs (Aetna Better Health, Anthem Healthkeepers Plus.
Helping Hands Facilitators, LLC (Rev.09/30/19)	57 Colonial Trail E., Suite A Surry, VA 23883	Ph:757-294-3205	Helping Hands Facilitators, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757- 888-8888	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-497-7401	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maxim Healthcare	11818 Rock Landing Drive Newport News, VA 23606	Ph: 757- 595-8822 Fax:855- 415-4963 E-mail:	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage
HOUSING ASSISTANCE/HOUSING SERVICES			
INFORMATION AND REFERRAL/CARE COORDINATION			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Norfolk, VA 23507	Hampton Roads Ph:757-668-7132 Fax: 757-668-7132 Website:https://www.vdh.virginia.gov/care-connection-for-children	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to CYSHCN resources; family-to-family support; and training and consultation with community providers on CYSHCN issues.Eligibility:Birth to 21 years of
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630	Ph:804- 525-7728 Toll Free:866- 393-0957 Email:	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/ Email:info@resources757.or	Resources 757 is a directory of resources for residents of Hampton Roads

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211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website: http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives: Job training, English as a second
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846)	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
INSTITUTIONAL CARE/SUPPORTS			
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	45 School Street, P.O. Box 263, Surry, VA 23883	Surry Department of Social Services Ph:757- 294-5240 Fax:757- 294-5248 Hotline: 1- 888-832-3858 Website: https://www.dss.virginia.gov/printer/family/as/ap	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and
Central Virginia Legal Aid Society Southside	Central Virginia Legal Aid Society Southside 10 Bollingbrook Street Petersburg, VA 23803-4549	Contact: Kristy Marra Ph 804/862-1100 TTY: Fax: 804/861-4311 Website: www.cvlas.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the
Child Protective Services (CPS) (Rev,08/24/23)	45 School Street, P.O. Box 263, Surry, VA 23883	Surry Department of Social Services Ph:757- 294-5240 Fax:757- 294-5248 Hotline: 1- 888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccova.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of
Division of Child Support Enforcement - Free Legal Answers (Rev.09/28/20)	Division of Child Support Free Legal Answers	Ph:800-468-8894 Website: https://virginia.freelgalanswers.org/	Division of Child Support Enforcement partners with federal, state, tribal Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website: www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.

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The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance (4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services -Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website:www.vadata.org/ch	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved, an
LGBTQ			
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the
MEDICAL CARE			
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic -Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population:Lackey Virtual Care is for anyone
Surry Area Free Clinic	Surry Area Free Clinic 474 Colonial Trail West	Ph:757-294-0132 or 757-294-3185	The Surry free clinic provides medical care at little or no charge to low income, uninsured and underinsured persons. Hours of Operation:
Surry Health Department	Surry Health Department 474 Colonial Trail West	Ph:757- 294-3185 Fax:757- 294-3756	Surry Health Department offers the following services: Childhood Immunizations, Childhood Lead Poisoning, Communicable Disease
Surry Medical Center	Surry Medical Center	Ph: 757- 294-3981	Surry Medical Center is a family practice that provides the following
Western Tidewater Free Clinic-Medical Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website:www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Medical Care,Dental Care,Vision Care,Women's Health Program,Medical Specialists, Partnerships, and Referrals,Mental Health Counseling,One-on-one Patient Education and Pharmacy services. Eligibility requirements: Be an adult, age 18 or older.Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties,Live at or below 300% of the
MEDICATION ASSISTANCE			
The Medication Assistance Program	The Medication Assistance Program	Contact: Sharon Patterson Ph:757- 850-	The Medication Assistance Program is designed to connect uninsured and under-insured patients with the free drug programs already provided by
MENTAL HEALTH			
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis	District 19 Community Services Board 474 Colonial Trail West	Ph:757- 294-0037 Fax: 757- 294-5113 Email: ddelk@d19csb.com	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or

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Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLin	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
District 19 Community Services Board	District 19 Community Services Board 474 Colonial Trail West P.O. Box 296	Ph:757- 294-0037 Fax: 757- 294-5113 Email: ddelk@d19csb.com	District 19 Community Services Board helps to improve the quality and productivity of the lives of individuals who experience, or are at risk of experiencing, mental disabilities and/or substance abuse. Integrated
District 19 Community Services Board- Sussex Counseling Services	474 Colonial Trail West P.O. Box 296	Contact:Deatrice Delk, LPC, CPSC	Sussex Counseling Services provides comprehensive counseling services for children and adults. Please call for further information.
GAP-Governor's Access Plan	GAP-Governor's Access Plan Community Services Board 20 West Bank St Petesburg,VA 23803	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:804-862-	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits,
Maternal Health Mental Hotline (U.S. Health and Human Services	Maternal Health Mental Hotline	Phone or Text : 1-833-9-	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer
NAMI Virginia's Statewide Hlpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hlpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email: info@namivirginia.org Website:www.namivirginia.org	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn about resources for various topics, such as mental health, disability services, grief support, insurance, housing, financial assistance, and much more. Our Helpline staff is happy to help you find the right
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org Website:https://vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.
MULTICULTURAL SUPPORTS			
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@ cccofva.org Website: http://www.cccofva.org	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. Our

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Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org Website: http://www.cccovfa.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax: 510-465-1885 General Email: nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
PARENTING CLASSES/SUPPORTS			
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph: 844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartnership.org	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice and support.
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph: 800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website: https://info.ubicare.com/tricare_pregnancy-childhood-education Email: debra.zalvan@ubicare.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your child's age—as well as announcements from our staff and access to support information. Please visit the website to enroll.
RECREATION			
RESPIRE			

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Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	BI Waiver District 19 Community Services Board 20 West Bank St Petesburg, VA 23803	Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax: 804-863-1665 TDD:804-862-8063 Website: http://vacsb.org/co mmunity-services-boards- and-the-behavioral-authority- csbs	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
SAFETY			
Child Safety Seat Program Surry County Health Department (Rev.06/11/24)	Child Safety Seat Program Surry County Health Department 474 Colonial Trail West Dendron, VA 23839	Ph:804- 609-5809 OR 757- 294-3185 Toll Free:1-800-732-8333.	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat. Eligibility: Live in
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800- 222-1222 Website: https://poisonhelp.h rsa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need over the phone. and most people do not have to go to a doctor or the hospital. They can also help to learn about your risks before an emergency. Please call for further information.
Project Lifesaver-Surry /Sussex County	Project Lifesaver Surry County Surry County Sheriff's Office 45 School Street Surry, VA 23883	Ph: 757-294-5264 Toll Free: 1-877- 580-LIFE Main:757-546- 5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support to law enforcement, public safety organizations and community groups throughout the country and nation. Please call for further information.
Smoke Detector Program	Surry Volunteer Fire Department	Ph:757- 294-3611 Website: http://www.surryfire.com	Please contact Surry Volunteer Fire Department to schedule a smoke detector battery replacement. ~~Call at 757-294-3611 or visit us online at www.surryfire.com~~
SUBSTANCE ABUSE			
District 19 Community Services Board	District 19 Community Services Board	Ph:804- 862-8054 OR Crisis Services Ph:804 862-8000 Toll-Free Crisis Line: 866-	District 19 Community Services Board helps to improve the quality and productivity of the lives of individuals who experience, or are at risk of experiencing, mental disabilities and/or substance abuse. Integrated services are available for adults, children and families through a

COMMUNITY RESOURCES EASTERN REGION

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GAP-Governor's Access Plan	GAP-Governor's Access Plan Community Services Board 20 West Bank St Petesburg, VA 23803	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:804-862- 8054 Fax: 804-863-	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old.
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website:www.sentara.com/tobaccocessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat:https://www.lifeline-chat.org/ Website:http://www.yourlifeyourvoice.org	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
Lung Cancer Support Group- Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group- Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost: currently \$19.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Surry

Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com and Ashley	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
The Lighthouse Guild Teleconference Group for Families of Children with The Planning Council	Virginia Department for the Blind & Vision Impaired The Planning Council 5365 Robin Hood Rd #700, Norfolk, VA 23513	Contact: Judith Millman, Facilitator Contact: Contact : Elisabeth Ph: 757-622-9268 ext. 3020	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for The planning Council offers center information referral and screening for home visiting programs for new expectant and current parents. Please call for further information. Areas covered: South Hampton Roads and Western Tidewater.
THERAPEUTIC FOSTER CARE			
THERAPIES			
TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877-892-3988 Ride Assist-Where is my Ride:855-325-7581, Option 1 TTY:711 Anthem HealthKeepers Plus	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.

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Serviced Provided in Surry

Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier)	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride :	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*Surry County Lion's Club Contact: Sherika Charity Ph: 757-287-6045 Website:	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Western Tidewater Free Clinic-Eye Care (Rev.03/05/24)	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website:www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services:Vision Care and Pharmacy services. Eligibility requirements: Be an
WAIVER CONTACTS			

COMMUNITY RESOURCES EASTERN REGION

Serviced Provided in Surry

CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver The Crater Health District Surry Health Department 474 Colonial Trail West Dendron, VA 23839	Call to request Screening: Tel: 757- 294-3185 Fax:757- 294-3756	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers District 19 Community Services Board 20 West Bank Street, Suite 7 Petersburg, VA 23803-3279	Main: 804- 862-8079 Ext. 3168 OR Visit the website to find local CSB:Website: https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Building Independence (BI) Waiver	BI Waiver District 19 Community Services Board 20 West Bank St Petesburg,VA 23803	Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax: 804-863-1665 TDD:804-862-8063	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of
Community Living (CL) Waiver	CL Waiver District 19 Community Services Board 20 West Bank St Petesburg,VA 23803	Families must call main number to be directed to the local CSB Ph:804-862-8054 Fax: 804-863-1665	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals
Family and Individual Support (FIS) Waiver	FIS Waiver District 19 Community Services Board 20 West Bank St Petesburg,VA 23803	Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax: 804-863-1665 TDD:804-862-8063	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to

COMMUNITY RESOURCES EASTERN REGION
Services Provided in Virginia Beach City

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS) (Rev.08/24/23)	3432 Virginia Beach Blvd., Virginia Beach, VA 23452	Virginia Beach Department of Human Services Ph:757- 385-3200	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Advocating 4 Kids/Cheryl A. Poe (Rev.09/17/20)	Advocating 4 Kids/Cheryl A. Poe 3788 Stoneshore Rd. Virginia Beach, VA	Ph:757-306-1942 Website:www.adv4kidsinc.org	Advocating 4 Kids Inc. is a non-profit organization that provides training, resources and direct advocacy support to parents of children with disabilities. Their organization has a special focus on outreach to <u>Minority and/or lower social economic status families whose cultural</u>
Associates at Lynnhaven (Rev.09/17/20)	101 North Lynnhaven Road Ste 103 Virginia Beach, VA 23452	Contact: Amy Courtney Ph:757-486-6955 Fax: 757-486-3258	Associates at Lynnhaven has an educational consultant tat is an independent consultant who helps parents/students and organizations with educational planning and advocacy. Please call for further information.
CASA Inc.-Virginia Beach	Virginia Beach CASA Juvenile and Domestic Relations Court Judicial Center 2425 Nimmo	Contact: Judy Kurtz, Executive Director Ph: 757-385-5804	CASA volunteers are appointed by judges to advocate for neglected/abused children. Assist children with their personal/legal problems. Also helps to find a safe, permanent home for neglected
Child Protective Services (CPS) (Rev,08/24/23)	3432 Virginia Beach Blvd., Virginia Beach, VA 23452	Virginia Beach Department of Human Services Ph:757- 385-3200	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Honey Low-Education Advocate (Rev.09/18/20)	Honey Low-Education Advocate	Active duty military members 757-434-0156 Nonmilitary (sliding scale) Contact:	Honey Low goal is to assist parents in achieving an appropriate education for their child. Please call for further information.
Human Rights Commission-City of Virginia Beach	Human Rights Commission-City of Virginia Beach 2424 Courthouse Drive Building 18, Municipal Center Virginia Beach, VA 23456	Human Rights Commission-City of Virginia Beach Direct: 757- 385-8374 Fax: 757- 385-5648 Email: BLHall@vbgov.com	The Virginia Beach Human Rights Commission (HRC) has the purpose of Coordination of HRC programs which work toward mutual understanding and respect of all citizens and fulfillment of human rights. Includes conducting recognition and education programs, discussion forums, human relations studies, and referral assistance to
Jean Veness,Educational Advocate (Rev.09/21/20)	P.O. Box 61813 Virginia Beach, VA 23466	Ph:757- 235-2936	Representation of children with disabilities and their parents; advise parents who want to participate effectively in the IEP process; representation at due process hearings and beyond. Please call for further information.
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat Email:help@humantraffickinghotline. org.	National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org	National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery.

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Services Provided in Virginia Beach City

Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.com	Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops,
Samaritan House-Victim Advocacy Program (Rev. 3/7/18)	Samaritan House 2620 Southern Boulevard Virginia Beach, VA 23450 OR Mailing Address: P.O. Box 2400 #226	Ph:757-631-0710 Intake HotLine:757-430-2120 OR Coordinated Crisis Response Regional Hotline 24/7: 757-251-0144	Samaritan House - Victim Advocacy Program connects families with the community resources they need to get the help they deserve. They help clients with safety planning, securing protective orders, and navigating the legal system. Bilingual staff is available.
SDW Consulting-Educational Advocate (Rev.09/22/20)	1806 Pope Street Virginia Beach, VA 23464	Contact: Sid Wesseldine Ph:757-523-1948 Website:www.sdwconsults.com	SDW Consulting provides a variety of services in special education including: Initial screening, eligibility and IEP,IEP reviews and meetings,IEP modifications, Change in placement,FBA's and BIP's, Manifestation Determination meetings, Mastery and modification of goals, Record reviews and Compliance issues. Please call for further information
Spectrum Psychological and Neurotherapy-Advocacy-Guardianship- Supported Decision-Making (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462	Ph:757-640-1882 Website:http://www.spectrumpsycho logical.net	Spectrum Psychological and Neurotherapy provide assessments that can be used to determine whether guardianship is needed. Some cases require more complex assessments because of the abilities and skills being evaluated can be rather broad including functioning in all aspects of life,. Please call for further information.
The Learning Resource Center- Educational Advocate (Rev.09/22/20)	935 First Colonial Road Virginia Beach, VA 23454	Ph:757-428-3367 www.learningresourcecenter.org	The LRC provides assessment and advocacy services. Please call for further information.
The Virginia Office for the Protection and Advocacy	The Virginia Office for the Protection and Advocacy 287 Independence Blvd Virginia Beach, VA 23462	Ph:757-552-1148 Toll Free:1-800-552-3962 Fax:757-552-1145 Email:general.vopa@vopa.gov Website:www.vopa.state.va.us	The Virginia Office for the Protection and Advocacy assist with disability related problems such as abuse, neglect or discrimination. Also provides referrals for services and treatments, special education, information about developmental disabilities and intellectual disabilities.
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue Norfolk VA 23508	Ph: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. The program supports policies that contribute to the elimination of racism. This includes but is not limited to policies that eliminate racial profiling, increase immigrant rights
ASSISTIVE TECHNOLOGY			
Ability Center of Virginia former Cerebral Palsy Association of Virginia	Ability Center of Virginia former Cerebral Palsy Association of Virginia 5825 Arrowhead Drive Suite 201 Virginia Beach, VA 23462	Intake Contact: Patricia Coale Ph:757-497-7474 Fax:757-497-0868Email:ucpofva@pilot.infi.net	Provides assistive technology devices - adapted toys, homes items, switches, games, augmentative communication devices, and computer peripherals available to be checked out by families of persons with disabilities for short-term trial use at home. Books, videos and other resources are also available. Programs with developmental disabilities

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Services Provided in **Virginia Beach City**

BREASTFEEDING RESOURCES			
Barbara Dudley, MD--IBCLC	Barbara Dudley 8608 Atlantic Ave	Ph: 757-496-7446	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with:
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support
Cathy Heinz-IBCLC	Cathy Heinz 2008 Manassas Run Virginia Beach, VA 23464	Ph: 757.839.2857	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with:
Natasha Sriraman,MD-IBCLC	Natasha Sriraman,MD 2413 Haversham Close Virginia Beach, VA 23454	Ph: 917-613-4574	Prenatal counseling about risk factors that may affect breastfeeding IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant. Information about practices that promote successful breastfeeding. Preventing and managing common
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team - CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email:	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work
Robyn Roche-Paull,MD Breastfeeding in Combat Boots	Robyn Roche-Paull Breastfeeding in Combat Boots 259 Bowman Road Virginia Beach, VA 23462	Ph: 757.286.6052 Practice: Private Practice, Government	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant. Information about practices that promote successful breastfeeding. Preventing and managing common concerns such as poor latch, inadequate milk transfer or supply, nipple or breast pain, and calming a fussy baby. Milk expression and storage
Virginia Beach Department of Health WIC Program- Lactation/Breastfeeding Classes (Rev.12/03/19)	Virginia Beach Department of Health WIC Program- Lactation/Breastfeeding Classes *Corporation Lane: 4452 Corporation Lane Virginia Beach, VA *Norfolk Ave:	Ph: 757- 518-2789 757- 491-5183, 757- 424-9970 Toll Free: 888-942-3663 Email: wicinfo@vdh.virginia.org	Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
BURIAL ASSISTANCE			
Burial Expenses Assistance- Virginia Beach Department of Human Services (Rev.10/22/20)	Virginia Beach Department of Social Services 3432 Virginia Beach Blvd. Virginia Beach, VA 23452	Ph:757-437-3200 Fax:757- 437-3466 Website: http://www.vbgov.com/dept/hs/	The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further information
CHILD CARE			
After School Program - Virginia	After School Program - Virginia	Ph: 757-460-0659 Main	Provides a faith-based after-school program for children ages 3

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Virginia Beach City

After School Program - Virginia	Local Parks and Recreation	Ph:757-385-0402	Virginia Beach Parks & Recreation provides safe, structured
Before School Program - Virginia	Local Parks and Recreation	Ph:757-385-0402	Virginia Beach Parks & Recreation provides safe, structured
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver
STOP Inc.-Childcare Financial Assistance - (Rev.06/03/24)	5700 Thurston Avenue Suite #101	Ph: 757-858-1360 Fax: 757-852-9953	Childcare has always been one of the most challenging barriers to employment retention for the working parents served by STOP. The
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue	Ph: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is committed to helping families in South Hampton Roads care for their children. The ywcaKids Before &
DENTAL CARE			
Advanced Sedation Dentistry (Rev.06/19/23)	616 Virginia Beach Blvd., #102, Virginia Beach, VA 23451	Ph:757-769-7155 Email:info@advancedsedationdds.com Website:www.advancedsedationdds.com	Advanced Sedation Dentistry specializes in dentistry for children with medical and functional needs. They also see adults.Insurance:Accepts Military and private insurance . Staff: Len Futerman, DDS and Mary Haley, DDS.Other:In-office sedation. Dentist Anesthesiologist on staff. Please call for further information.
Beach Kids Dentistry (Rev.09/30/23)	1300 Kempsville Rd UNIT 5, Virginia Beach, VA 23464	Ph: 757- 467-7797 Fax: 757- 474-1493 Email: info@beachkidsteeth.com Website:https://www.beachkidsdent	Beach Kids Dentistry specialized dental care for infants, children, teens and individuals with special needs. Dr. Jessica Clark is Board Certified by the American Academy of Pediatric Dentistry and has surgical privileges at the Children's Hospital of the Kings Daughters. Hours:
Bonney Road Dental (Rev. 6/4/18)	3933 Bonney Road Virginia Beach, VA 23452	Ph:757- 631-9905 Website:www.bonneydental@verizon.net	Bonney Road Dental specializes in dentistry for children with medical and functional needs.Insurance:Accepts Military insurance but does NOT accept Medicaid/Medicaid MCO'sStaff:James Bukovac, DDS and Thomas Kent, DDS. Other: Does NOT have CHKD privileges. Please call for further information.
Chesapeake Care Free Clinic-Dental Services (Rev.03/05/24)	Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org	Dental Care is provided as follows: Extractions, Restorations, Comprehensive dental exams to determine treatment needed, Cleanings with hygienist. Eligibility requirement: Resident of Hampton Roads ,No dental insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must
Children's Dentistry & Orthodontics (Rev. 6/4/18)	1055 Kempsville Road Virginia Beach, VA 23464 OR 4169 Virginia Beach Blvd., Virginia Beach, VA 23452	Kempsville Road Location: Ph:757- 474-1200 OR Virginia Beach Blvd Location: Ph:757- 486-2525 OR	Children's Dentistry & Orthodontics specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance but does NOT accept Medicaid/Medicaid MCO's. Staff: John I Barney, DDS,Mark S. Levin, DDS and Scott H. Rosenblum, DDS MPH and Michael F. Hasty, DDS, MS. Other: Does NOT have CHKD privileges but Dr. Hasty is able to sedate through Virginia Beach
Cox Pediatric Dentistry (Rev. 6/4/18)	3145 Virginia Beach Blvd. Virginia Beach, VA 23452	Ph:757- 340-2400 Website:www.coxpediatricdentistry.com	Cox Pediatric Dentistry specializes in dentistry for children with medical and functional needs.Insurance:Accepts Military insurance but does NOT accept Medicaid/Medicaid MCO's.Staff:Thomas Cox, DDS.

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Services Provided in Virginia Beach City

ODU Dental Hygiene Care Facility (Rev.03/15/24)	Old Dominion University Dental Hygiene Care Facility ODU Health Sciences Building 1090 46th Street Norfolk, VA 23529 1st Floor.	Ph:757- 683-4308 Email:leusner@odu.edu Website: https://www.odu.edu/konikoff-dental-hygiene-care-facility	Dental care services for children and adults. Services provided: Oral cancer screenings, Dental and Periodontal Charting, Oral Prophylaxis, Therapeutic Scaling, Extrinsic, Stain Removal, Soft Tissue management, Fluoride Therapy, Dental, Sealants, Prosthetic (Denture/Partial) Cleaning, Custom Athletic Mouth guard, Custom Fluoride Tray, Radiographic Services(if indicated), Up to Four Radiographs (included with oral Prophylaxis). Eligibility: No financial requirements. Individual can reside at any city. Insurance is not accepted. Fees: minimal fees are charged to cover the expenses of
Dental Care-Virginia Beach Health Department	Virginia Beach Department of Public Health 4452 Corporation Lane Virginia Beach, VA 23462	Ph: 757-518-2694 Website: www.vdh.virginia.gov/LHD/vabeach/clinic/communicable.htm#dental	Dental Services for children. Services Provided: Exams, X-rays, cleaning, sealants, restorations and selective root-canals. Eligibility: Virginia Beach children from 3 years up to 18 years of age and those in the free school lunch programs. Income information & residency
Donated Dental Services (DDS)- Dental Lifeline Network. Access Partnership (Rev.10/19/20-	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	To request an application: Ph: 757-502--7400 Ext 3 Fax: 877- 231-0196 Dental Coordinator - oralhealth@accesspartners.org MainEmail:	Donated Dental Services is a national program of the Dental Lifeline Network managed by Access Partnership for VDA components 1&2 (Greater Hampton Roads – Peninsula and Southside plus Virginia's Eastern Shore). There is usually no cost to those who qualify but individuals who can pay for part of their care will be asked to do so, especially when laboratory work is involved. ELIGIBILITY: Many
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314- 689-0293 Website:; https://www.aaoinfo.org/_/dos/	The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•I Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less, Child should not be currently in braces or between phases of treatment, (DOS Patients
Hampton Roads Pediatric Dentistry (Rev.09/30/23)	2033 Fisher Arch Suite 100 Virginia Beach, VA 23456	Ph:757- 224-3006 Website: www.hrpediatricdentistry.com	Hampton Roads Pediatric Dentistry specializes in dentistry for children with medical and functional needs.Insurance:Accepts Military insurance and Medicaid/Medicaid MCO's. Staff:J.B. Martin, DDS. Other: In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.
Kids Count Pediatric Dentistry (Rev.6/4/18)	1385 Laskin Rd., Virginia Beach, VA 23451	Ph:757- 425-1547 Email:Kidscount1385@gmail.com	Kids Count Pediatric Dentistry specializes in dentistry for children with medical and functional needs.Insurance:Accepts Military insurance and Medicaid/Medicaid MCO's.Staff:Allan Sundin, DDS, MS.Other:In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.
Konikoff Kids Little Neck (Rev.09/30/23)	397 Little Neck Rd Building 3400 Suite 101, Virginia Beach, VA 23452	Ph:757- 381-6079 Website: https://www.konikoffkids.com/	Konikoff Kids Little Neck provides pediatric dental services. All major insurance are accepted. Self pay options available for uninsured individuals. Hours: Monday-Friday from 8:00 AM – 5:00 PM and Saturdays from 7:30 AM – 12:00 PM.Please call for further information.

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Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at
Lefcoe,Weinstein,Sachs,Schiff & Associates (Rev.6/4/18)	Lefcoe,Weinstein,Sachs,Schiff & Associates 904 Kempsville Rd Virginia Beach VA 23464 OR 1157 First Colonial Road	Ph:757-467-6453 OR First Colonial Road office: Ph:757- 412- 1114 Website: www.lwssfamlydentistry.com	Lefcoe, Weinstein, Sachs, Schiff & Associates specializes in dentistry for children with medical and functional needs.Insurance:Accepts Military insurance and Medicaid/Medicaid MCO's.Staff:Jillian Reynolds, DDS and Scott Sachs, DDS. Other: Will not take a NEW patient 12 years and over.CHKD privileges. Handicap accessible. Please call for further information.
London Bridge Pediatric Dentistry (Rev.6/4/18)	2264 London Bridge Road, Virginia Beach, VA 23456	Ph:757- 563-2670 Website: http://beachkidsmiles.com	London Bridge Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Staff: Bukola Oduyelu, DDS.Other:In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.
Operation Blessing International	Operation Blessing 977 Centerville Turnpike Virginia Beach, VA 23463 Mailing Address: P.O Box 2636 Virginia Beach, VA 23450	Ph:757-226-2681 Fax:757-226-2676 Website: www.ob.org	Operation Blessing International provides free dental care to alleviate human and suffering around the world. Please call for further information.
Rosemont Denture Center	195 S. Rosemont Road, Suite 116 Virginia Beach, VA 23452	Ph:757-498-6988 http://www.rosemontdenture.com/	Rosemont Denture Center offers several styles of full dentures, each with special features and advantages. Please call for further information or visit the website for fees & coupons.
SEVHS (South Eastern Virginia Health System)(formerly PICH)- Virginia Beach Family Medical Center - Medical Care	SEVHS-Virginia Beach Family Medical Center 940 General Booth Boulevard Virginia Beach, VA 23451	Ph: 757- 425-3610 Fax: 757- 425-1582 Website: www.sevhs.org	Offers care to everybody. Accepts patients with or without health insurance. Payments for services are based upon a sliding free scale. Clinic provides dental care, Famis enrollment coordination, community outreach. Emergency services available.
Spencer Dental-Kids First Family Dentistry (Formerly Kool Smiles) (Rev.12/21/20)	4239 Holland Road, Virginia Beach, VA 23462	Ph: 434-201-4464 Email: contactspencer@spencerdentalgroupp.com Website: https://www.spencerdentalgroupp.com	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventativedental care & a range of community & educational programs.Services:General Dentistry, Children's Dentistry, Oral Surgery,Ortho/Braces and Aligners.Insurance:Medicaid & Commercial Insurance are accepted. Resolution Dental Discount Plan may be available for families without insurance, school-based dental care. Please call for further information.

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Smiling with Love Pediatric Dentistry (Rev.09/30/23)	5004 Ferrell Pkwy #104, Virginia Beach, VA 23464	Ph:757- 296-0570 Fax: 757-296-0571 Email info@smilingwithlove.com Website:https://smilingwithlove.com/	Smiling with Love Pediatric Dentistry provides pediatric dental care Specializing in infants, children, and teens. Special needs patients are accepted. Private insurance and Medicaid is accepted. Bilingual Provider Dr.Luis Arango, DDS. Please call for further information.
The Foleck Center (Rev. 6/4/18)	1436 South Independence Blvd., Suite #100 Virginia Beach, VA 23462	Ph:757- 495-4700 All sedation arranged outside of office directly with Dr. Longman at Cell:757-718-4303 Website:www.thefoleckcenter.com	The Foleck Center specializes in dentistry for children with medical and functional needs. Insurance: Not a contracted Military provider but honors their fee schedule. Does NOT accept Medicaid/Medicaid MCO's. Staff: Bruce Longman, DDS. Other: CHKD privileges. Please call for further information.
Tidal Smiles Pediatric Dentistry (Rev.09/30/23)	351 Edwin Dr., Suite #103 Virginia Beach, VA 23462	Ph:757-482-4777 Fax: 757- 546-9820 Website:https://tidalsmiles.com/	Tidal Smiles Pediatric Dentistry specializes in dentistry for children and special needs. Insurance: accept most major dental insurances but does not accept Medicaid. Hours: Monday-Thursday: 8:00 am – 5:00 pm and Friday: 8:00 am – 12:00 pm. Please call for further information.
Townsend Brown JR, DDS, PC (Rev. 6/4/18)	1300 Kempsville Rd., Suite 5, Virginia Beach, VA 23464	Ph:757- 467-7797 Website:www.beachkidsteeth.com	Townsend Brown JR, DDS, PC specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance but does NOT accept Medicaid/Medicaid MCO's. Staff: Townsend Brown, DDS and Jessica Clark, DDS. Other: In-office conscious sedation. CHKD privileges. Please call for further information.
VDH Dental Clinical Programs- Virginia Beach Health District	VDH Dental Clinical Programs- Virginia Beach Health District	Contact: Dr. Martin Walton, III Ph:757-518-2677	Dental services are provided in approximately half of Virginia's localities to pre-school and school age children who meet eligibility requirements. Eligibility for these services may be determined by
Virginia Beach Affordable Dentures & Implants	3980 Virginia Beach Blvd Suite 103 Loehmann's Plaza	Ph: 757-655-7292 Website: http://www.affordabledentures-	Virginia Beach Affordable Dentures & Implants offers several styles of full dentures, each with special features and advantages. Please call for further information or visit the website for fees & coupons
Virginia Enhanced Dental Services (Rev. 6/4/18)	1301 First Colonial Road, Virginia Beach, VA 23454	Ph:757- 463-1500 Website:http://dreamcentervb.org	Virginia Enhanced Dental Services specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance, with the exception of Tricare Active-duty, but does NOT accept Medicaid/Medicaid MCO's. Staff: Jeffrey D. Leidy, DMD
Virginia Beach Mercy Dental	Virginia Beach Mercy Dental 5724 Princess Anne Road Virginia Beach, VA 23462	Ph: 757- 490-1110 Website:www.vbmercydental.com	Virginia Beach Mercy Dental provides dental services as: Exams, x-rays, extractions, fillings, cleanings, bleaching, restorative, dentures, implants, crown & bridge. Hours: Monday, Tuesday, Thursday: 9AM –
Weis Pediatric Dentistry (Rev. 6/4/18)	2125 McComas Way, Suite #105, VA Beach, VA 23456	Ph:757- 484-8262 Website:http://www.weispediatricden	Weis Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Medicaid/Medicaid

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DEVELOPMENTAL DISABILITIES			
Ability Center of Virginia former Cerebral Palsy Association of Virginia (Rev.12/18/18)	Ability Center of Virginia former Cerebral Palsy Association of Virginia 5825 Arrowhead Drive	Contact: Michelle Majority Executive Director Ph:757-497-7474 Fax:757-497-0868	Ability Center of Virginia former Cerebral Palsy of Virginia serves children and adults with cerebral palsy and other developmental disabilities such as those with down syndrome, autism, muscular dystrophy, intellectual disabilities, learning disabilities as well as those
Acorn Health-ABA Therapy (Rev.01/11/21)	348 Southport Circle Suite 101 Virginia Beach, VA 23452	Ph:844-244-1818	Acorn Health- provides ABA (applied behavior analysis) services. Please call for further information. They provide services in Peninsula except for Williamsburg.
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 4605 Pembroke Lake Circle Unit 202 Virginia Beach, VA 23455	Ph:757-461-4474 Email: nicole.miller@tidewaterasa.org Website:www.tidewaterasa.org AND www.autism-society.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world
Autism Consulting and Therapy, LLC (ACT)	Autism Consulting and Therapy, LLC (ACT) 4490 Holland Office Park, Suite 101 Virginia Beach, VA 23452	Ph:757--639-2218, Fax: 866- 594-3899 Website:http://hr-act.com/	Autism, Consulting and Therapy is a center with ABA preschool that has reverse mainstream in. Insurance: No Tricare /Aetna at this time. Ages: 2yr-6yr/Early Intervention. Please call for further information.
Aveanna Healthcare-ABA Therapy	Aveanna Healthcare – Virginia Beach 4560 South Boulevard, Suite 310 Virginia Beach, VA 23452	Ph: 757- 490-3223 Fax:757- 490-2936 Referrals: Email emily.ellenberger@aveanna.com or Fax: 410-583-9670	Aveanna Healthcare provides ABA (applied behavior analysis) services. Please call for further information.
Center for Autism and Related Disorders (CARD)	629 Phoenix Dr #150 Virginia Beach, VA 23452	Ph: 757- 243-1262 Website:http://centerforautism.com/	The Center for Autism and Related Disorders (CARD) is one of the world's largest organizations using applied behavior analysis (ABA) in the treatment of autism spectrum disorder.
CENTRA	5163 Cleveland St. Virginia Beach, VA 23462	Contact: Sara F. Lamont, M.Ed., BCBA, LBA Ph: 434-485-1522	CENTRA provides ABA (applied behavior analysis) services. Please call for further information.
CHADD of Tidewater	CHADD of Tidewater P.O Box 62686 Virginia Beach, VA 23466	Ph:757-479-9993 Email:adhd@tidewaterchadd.org Website:www.tidewaterchadd.org	CHADD of Tidewater offers resources, lending library and information for persons with AD/HD.

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CHKD Neurodevelopmental Pediatrics Physicians	CHKD Neurodevelopmental Pediatrics Physicians Thomas Montgomery, MD and Sheetal Ajmani, MD 2021 Concert Dr Ste 203	Ph: 757- 668-2840	Neurodevelopmental pediatric specialists at CHKD provide neurodevelopmental consultations for the evaluation, diagnosis and management of children with neurological developmental disabilities such as: Autism, Developmental delay, Language disorders, intellectual disabilities and Speech disorders.
Coastal Behavior Consulting (Rev.4/5/18)	1561 Bradford Road, Suite 201 Virginia Beach, VA 23462	Ph:757-416-5290 Email:info@coastalbehaviorconsulting.com Website:http://coastalbehaviorconsulting.com/	Coastal Behavior Consulting provides comprehensive Clinic and In-Home ABA (applied behavior analysis) Programs. Please call for further information.
CornerStone Child&Family Counseling Services (Rev.4/6/18)	1209 Independence Boulevard, Suite 105 Virginia Beach, VA 23455	Walt Stone, M.S., Director Ph:757-464-2470 Email:wstone@cornerstonechildfamilyservices.com AND cornerstonesys@aol.com	CornerStone Child&Family Counseling Services provides comprehensive ABA (applied behavior analysis) services. Please call for further information.
Crescent In-Home (Rev.01/11/21)	708 South Rosemont Road Suite 203 Virginia Beach, VA 23452	Ph:757-431-0105	Crescent In-Home provides ABA (applied behavior analysis) services. Please call for further information.
Down Syndrome Association of Hampton Roads	Down Syndrome Association of Hampton Roads The Endependence Center 6300 East Virginia Beach Blvd, Norfolk VA 23502	Ph:757-466-3696 Email: DSAHR@verizon.net	The Down Syndrome Association of Hampton Roads provides current information, support, friendship, and social opportunities for families with a child with Down Syndrome. Available 24 hours,7 days a week. Please call for further information.
Dr. Bethany Marcus, Ph.D. BCBA-D (Rev.4/5/18)	633 Rosaer Lane Virginia Beach, VA 23464	Contact: Dr. Bethany Marcus, Ph.D. BCBA-D Licensed Clinical Psychologist Ph:757-287-4016 Email:drbmarcus@cox.net	Dr. Bethany Marcus is an applied behavior analysis (ABA) provider and IEP Advocate.
Epic Developmental Services-Aveanna Healthcare Company-ABA Therapy (Rev.4/1/19)	4560 South Blvd., Suite 310, Virginia Beach, VA 23452	Contact: Leslie Peterson, Clinical Care Coordinator or Kelly Rose, MSEd BCBA LBA, Clinical Director Ph:757 490-3223 Referrals: Emily Ellenberger	Epic Developmental Services-Aveanna Healthcare Company provides ABA therapy, services includes: Clinic-based and in-home 1:1 therapy with a team of a skilled-professional (BCBA/BSC) and paraprofessional (BT/RBT). In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury
FACT-Families of Autistic Children of Tidewater (Rev.12/18/18)	FACT-Families of Autistic Children of Tidewater 120 S. Lynnhaven Rd. Suite #200	Ph: 757-422-2040 Fax: 757-306-7055 Website:www.camp4autism.com	The mission of F.A.C.T. is to improve the quality of life for individuals with autism and their families in the greater Tidewater Virginia area. F.A.C.T. promotes the creation of social, recreational, and vocational programs designed to meet the unique needs of individuals with
Family Preservation Services (Rev.4/6/18)	1450 Kempsville Road, Suite 102 Virginia Beach, VA 23464	Ph:757-455-8300	Family Preservation Services provides ABA (applied behavior analysis) services. Please call for further information.

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Learning Disabilities Association of Virginia -Tidewater Chapter	Learning Disabilities Association of Virginia-Tidewater Chapter P.O Box 64522 Virginia Beach, VA 23464	Ph:757-424-4113 (private phone) Fax:757-523-4077	Learning Disabilities Association of Virginia -Tidewater Chapter provides referral, support services and information concerning learning disabilities, educational programs. Hours are 8:30am-5:00pm, Monday- ~~Thursday~~
LumaPaths Behavioral Services, PLLC (located inside The Eliza Hope Therapy Center).	629 Phoenix Dr. Suite 115 Virginia Beach, VA. 23452-7341	Ph:757-932-9057 757-702-8194 Email:INFO@ELIZAHOPE.ORG ~~Website:https://elizahope.org/eliza~~	LumaPaths provides behavior intervention services to children ages 18 months to 16 affected by ASD and related disorders. They offer in-home, center, school, and community setting individual or group ~~therapy. They specialize in the use of Natural Environment Teaching~~
Nacolby's House Incorporated (NHI)-In-Home Care Provider	1545 Crossways Blvd. Suite 250 Chesapeake, VA 23320	Ph:757- 777-3675 Fax: 757- 777-3901 On call 24/7 ~~Ph:757- 717-1060~~	Nacolby's House Incorporated (NHI) is a community based non-profit organization that provides services to people with developmental disabilities, as well as support to their families. They provide respite, ~~residential services, private duty nursing~~
Pennington Group- ABA Therapy (Rev.4/1/19)	Pennington Group- ABA Therapy	Website:http://penningtongroupaba.com/	Pennington Group provides ABA (applied behavior analysis) services. Please call for further information. They currently provide ABA Therapy in Virginia Beach, Norfolk, Chesapeake, Hampton, Newport News, ~~Yorktown and Suffolk Virginia, they also offer consultation services to~~
Social Butterflies Club	Social Butterflies Club ~~600 Independence Blvd~~	Ph:757- 422-6342 ~~Website:http://www.socialbutterfliesc~~	Social Butterflies Club Focuses on communication and language skills ~~and sensory integration Sessions are 1 hour a week for 4 weeks and~~
Southeastern Skill Builders-Social Skills Groups for individuals with Autism, High Functioning Autism, Asperger's, Nonverbal Learning Disabilities, Sunshine Behavioral Consulting (Rev.12/09/20)	Southeastern Skill Builders 1012 First Colonial Road in the Atlantic Eye Consultants Building Near Sentara Virginia Beach General Hospital	Ph: 757-613-8091 Website:www.southeasternskillbuilders.com	Southeastern Skill Builders offers a unique and fun way for children, teens and young adults to learn appropriate or "prosocial" skills. Dianne Smith, Ed.S., ABSNP, has been facilitating social skills groups for over 20 years. John Sullivan has worked in special education for over 20 years. He has been classrooms as a teacher and
The Eliza Hope Foundation - (Rev.12/09/19)	Sunshine Behavioral Consulting INC Virginia Beach, VA 23464	Ph: 757- 255-7934 757-450-8507 Fax:757-585-3544 Website:SunshineBehavioralConsult	Sunshine Behavioral Consulting offers home based ABA (Applied Behavior Analysis) services to children diagnosed with Autism ~~Spectrum Disorder. Their services also include parent~~
The Eliza Hope Foundation - (Rev.12/09/19)	629 Phoenix Dr Virginia Beach, VA 23452	Ph:757- 702-8194 Website:https://elizahope.org/	The Eliza Hope Foundation and Therapy Center is a place for children and families affected by Autism. Their mission is to provide a center that meets the individualized needs of children with Autism Spectrum Disorder and other developmental delays. Services include: Family Support, ABA Therapy, Social Skills, Speech Therapy, Occupational ~~Therapy and Physical Therapy. Please call for further information~~
The Learning Resource Center- ABA Therapy (Rev.09/22/20)	935 First Colonial Road Virginia Beach, VA 23454	Ph:757-428-3367 Website:www.learningresourcecente	The LRC provides Applied Behavior Analysis (ABA) services for individuals diagnosed with Autism Spectrum Disorder or those with
Therapeutic Alliance	Therapeutic Alliance 780 Lynnhaven Pkwy. Suite 370	Ph:757-301-9065 Fax:866-499-8840 Website: ~~www.therapeuticalliancecellc.com~~	Therapeutic Alliance provides Applied Behavior Analysis (ABA) services ,
THRIVE ABA	THRIVE ABA 5151 Bonney Rd. Suite 107 Virginia Beach, Va. 23462	Director: Zack Migioia M.A., BCBA Website:http://www.thriveaba.com/ LBA	THRIVE ABA provides Applied Behavior Analysis (ABA) services In home and center based. Insurance: Tricare, Anthem, Optima, VA ~~Medicaid Ages: 18mo-16yr~~
DISEASE SPECIFIC GROUPS			
Arthritis Foundation	Arthritis Foundation	Ph: 757-456-1119	The mission of the Arthritis Foundation is to support research to find
Beacon House-Tidewater Area- A	Beacon House Tidewater Area	Ph: 757-631-0222	Beacon house is a community-based clubhouse program where brain
Epilepsy Foundation of America	Epilepsy Foundation of America	Contact: Kelly Maton, MD	The Epilepsy Foundation of Virginia was established in 1978 to
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy.com/2	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national

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EZ Breathers: Partnership for	EZ Breathers: Partnership for	Contact your local Head Star	The EZ Breathers Asthma Education Program is a community-based
FriendAble Social Club-- A program of Mary Buckley Foundation for Brain Injury Survivors	friendAble Social Club 3808 C Virginia Beach Blvd Virginia Beach, VA 23452	Ph: 757-631-0222 Fax: 757-631-0228 Email: friendable@maryfoundation.org	The FriendAble Social Club, funded through a grant from the Sentara Foundation, is a safe fun place where persons with disabilities can come to visit with old friends and meet new ones. Held at Beacon House members share laughter and camaraderie as they participate in
International Dyslexia Association: Virginia Branch	International Dyslexia Association: Virginia Branch 804-H Industrial Avenue Chesapeake, VA 23324	Contact: Shana Hatzopoulos, President Toll-free: 866- 893-0583	Resources for parents and professionals; annual statewide conventions. Support groups for adults with dyslexia (but no parent support group).
Juvenile Diabetes Research Foundation	Juvenile Diabetes Research Foundation Hampton Roads Chapter 5712 Cleveland St .Suite 100	Ph:757-497-2202 Fax: 757-497-2271 Email: hamptonroads@jdrf.org Website:	Juvenile Diabetes Research Foundation is a leader in setting the agenda for diabetes research worldwide, and is the largest charitable funder of and advocate for type 1 diabetes research. The mission of JDRF is to find a cure for diabetes and its complications through the
Lifenet Health	Lifenet Health 1864 Concert Drive Virginia Beach, VA 23453	Ph:757-464-4761 Fax:757-464-5721 24 Hour Ph: 800-847-7831 (800-TISSUE-1)	Lifenet Health is a non-profit organ procurement organization providing donation systems for heart, liver, kidney, pancreas, lung, and other organs for transplant.
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Contact: Carmen Freeburn Ph:757- 428-5582 Website: www.lionsclubs.org	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the
Oncology Nursing Unit-Sentara Virginia Beach General	Oncology Nursing Unit Sentara Virginia Beach General	Ph:757-395-8000 Website: www.sentara.com	Oncology Nursing unit provides a wide variety of materials including literature, books, video tapes, and access to the latest information on
Sickle Cell Association, Inc.	Sickle Cell Association, Inc. 861 Glenrock Road	Toll Free:800.421.8453 Ph:757-466-0332	Sickle Cell Association, Inc., provides comprehensive health education, counseling and testing services while striving to improve the quality of
Sign Language Classes Virginia Beach Adult Learning Center	Sign Language Classes Virginia Beach Adult Learning Center 4160 Virginia Beach Blvd Virginia Beach VA 23452	Ph: 757-648-6050	Virginia Beach Adult Learning Center offers American sign language to learn the fundamentals of fingerspelling and American Sign Language vocabulary. Develop skills for communication with people with hearing impairments through an introduction of the linguistic aspects of non-verbal communication. Classes duration: 12 classes-2 hours each
Sign Language Classes Virginia Beach Adult Learning Center	Baby Sign Classes Virginia Beach Adult Learning Center 4160 Virginia Beach	Ph: 757-648-6050	Virginia Beach Adult Learning Center offers classes to learn the basic of baby sign language to help infants communicate before they can talk. This class gives parents and caregivers practical signing tools to
Tidewater Association for Hearing Impaired Children	Tidewater Association for Hearing Impaired Children Child Development Lab 1700 College Crescent	Ph: 757-481-1826	Tidewater Association for Hearing Impaired Children promotes better educational programs for children with hearing loss, Child advocate with the school system, provides social and recreational opportunities. They also have a parent support group. Please call for further
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 Tiffany: Intake: 757-512-5398	ABC, an Apria Company is a DME and supplies provider.Medicaid,Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Access Partnership (Rev.10/19/20)	Access Partnership	Ph: 757-502--7400 Ext 5	Access Partnership is a 501(c) 3 Nonprofit Organization who provides
Active Forever	Active Forever	Ph:800-377-8033	Active Forever provides Hearing Aids & Assistive Devices, Sight

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Adler Therapy Group-Augmentative Communication / Assistive Technology Clinic (Rev.10/10/24)	Virginia Beach Newtown Office 5604 Virginia Beach Blvd., Bldg. A, Suite 101 Virginia Beach, VA 23462	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygroup.com Website:https://adlertherapygroup.com/	The Augmentative and Alternative Communication Clinic at Adler Therapy Group provides comprehensive, state-of-the-art evaluation and treatment for children and adults whose speech or expressive language is either severely or profoundly impaired. Our specially trained therapists will work with you and your family to choose the type of communication system or device that will be most useful for you or your family member. Insurance:most major insurance networks are accepted.Please call for further information.
Adler Therapy Group-Wheelchair Seating and Mobility Clinic (Rev.10/10/24)	Virginia Beach Newtown Office 5604 Virginia Beach Blvd., Bldg. A, Suite 101 Virginia Beach, VA 23462	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygroup.com Website:https://adlertherapygroup.com/	Adler Therapy Group-Wheelchair Clinic offers specialized evaluations to determine the individualized wheelchair needs of each and every client. Clients that are unable to ambulate either due to birth injury, developmental delay, traumatic injuries, disease process, or debilitation may require specialized mobility equipment. The Wheelchair Seating and Mobility Clinic at Adler Therapy Group helps clients of all ages find wheelchair and seating systems that optimize their mobility while ensuring safe and effective positioning, so they can participate fully in activities of daily living. Insurance:most major insurance networks are accepted.Please call for further information.
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com Website:www.aisquared.com	Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and Window-Eyes screen reader. Please call for further information.
Anita's Kids-Greater Hampton Roads Diaper Bank (Rev.01/30/23)	5160 Venetian Lane Virginia Beach, VA 23462	Ph:757-553-6994 Website::http://ghrdiaperbank.org	Anita's Kids is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Angels Birthing Circle -Greater Hampton Roads Diaper Bank (Rev.09/24/24)	1832 Kempsville Rd,Suite 112 Virginia Beach,VA 23464	Ph: 757-296-3458 Website::http://ghrdiaperbank.org	Angels Birthing Circle is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution: First Saturday of the month. Please call for further information.
American Printing House for the	American Printing House for the	Ph:800-223-1839	American Printing House for the Blind Inc. provides educational
Apria Healthcare	Apria Healthcare	Ph:757- 852-3929	Apria Healthcare is a DME and supplies provider . Medicaid, Medicare
Apple Store (Rev.1/22/19)	Apple Store	Ph:757-306-2480	Apple Store provides products for individuals with disabilities; they do

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Armed Services YMCA (military E5 and below)-Greater Hampton Roads Diaper Bank (Rev.01/30/23)	Armed Services YMCA (military E5 and below) 1465 Lakeside Rd. Virginia Beach, VA 23455	Ph:757-363-1884 x 8775 Website:Website::http://ghrdiaperbank.org	Armed Services YMCA (military E5 and below) is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Aveanna Healthcare (Rev.02/14/23)	4560 South Blvd #310, Virginia Beach, VA 23452	Ph: 757- 490-3223 Fax: 757-490-2936 Toll Free: 866-883-1188 Website:https://www.aveanna.com	Aveanna Healthcare Medical Solutions provides statewide coverage for all your enteral nutrition and supply needs.
Beach Church, The Beach Bucket-Greater Hampton Roads Diaper Bank (Rev.09/30/22)	503 15th St. Virginia Beach, VA 23451	Ph: 757-339-1165 Website::http://ghrdiaperbank.org	Beach Church, The Beach Bucket is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Care for Me Youth-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	Care for Me Youth 1225 Kempsville Rd. Virginia Beach, VA 23467	Ph:912-996- 8821 Website::http://ghrdiaperbank.org	Care for Me Youth is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email:beth@atdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to
Church of the Holy Family-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	1279 North Great Neck Rd. Virginia Beach, VA 23545	Ph:912-937-8155 Website::http://ghrdiaperbank.org	Church of the Holy Family is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Communities Outreach Ministries-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	318 Gainsborough Rd. Virginia Beach, VA 23462	Ph:757-274-6180 Website::http://ghrdiaperbank.org	Church of the Holy Family is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Connect Church-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	980 Broad Meadows Blvd. Virginia Beach, VA 23462	Ph:757-456-0046 Website::http://ghrdiaperbank.org	Connect Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
First Choice in Home Care, INC (Rev.10/22/19)	First Choice in Home Care, INC	Ph: 757- 496-2939 Fax: 757- 496-0604	First Choice in Home Care, INC is a DME.and supplies provider . Medicaid, Medicare and major insurances are accepted. Please call for further information.

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FOTE Outreach-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	3420 Club House Rd Virginia Beach, VA 23452	Ph:757-431-0052 Website::http://ghrdiaperbank.org	FOTE Outreach is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution: Tuesday-Friday 11:00am-4:00pm. Please call for further information.
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter Bon Secours Health Center Sentara Health System 828 Healthy Way Drive	Ph: 757-771-6183 Fax: 757- 447-6333 E-Mail: shr@free-foundation.org Website: www.free-foundation.org	The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org. In Virginia, children in need of mobility equipment have access to many other sources therefore FREE focuses on serving the
Giving with a Golden Hand-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	5998 Providence Rd., Ste. 108A Virginia Beach, VA 23464	Ph:757-515-2563 Website::http://ghrdiaperbank.org	Giving with a Golden Hand is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
HEALTHFIT (Rev.08/21/23)	6409 Duquesne PIVirginia Beach, VA 23464	Ph:804- 585-6723	HEALTHFIT provides durable medical equipment & Supplies. Please call for further information.
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411	Home Care Delivered is a Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
Lincare Enteral Services (Rev.10/22/19)	Lincare Enteral Services	Toll Free: 800- 965-2689 Website:http://www.lincare.com/	Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.

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Lincare Infusion Services	Lincare Infusion Services	Ph:757-424-4822	Lincare provides Home Infusion Services. Medicaid, Medicare and
Love and Caring for the Homeless - Greater Hampton Roads Diaper Bank (Rev.9/30/22)	2804 Salem Rd. Virginia Beach, VA 23456	Ph:757-430-4101 Website::http://ghrdiaperbank.org	Love and Caring for the Homeless is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Manna Ministry-Greater Hampton Roads Diaper Bank (Rev.01/30/23)	1112 Jensen Drive, Suite 102A, Virginia Beach, VA 23451	Ph:757- 609 - 0709 Email:Mannaministry.tidewater@gmail.com Website::http://ghrdiaperbank.org	Manna Ministry is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Medical Equipment Distributors	521 Central Drive Suite 101	Ph:757- 498-8225	Medical Equipment Distributors is a accredited provider of respiratory
Metamorphosis-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	1921 Centerville Turnpike Virginia Beach, VA 23464	Ph:757- 809-6537 Website::http://ghrdiaperbank.org	Metamorphosis is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution is on the 4th Saturday of each month. Please call for further information.
National Seating & Mobility	National Seating & Mobility	Ph:757- 466-1553	National Seating & Mobility is a provider of power mobility and home
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804-550-5777 Fax:757-966-	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted.
MMS Norfolk Inc	MMS Norfolk Inc.	Ph:757-498-8225	MMS NORFOLK INC provides Walkers, Oxygen systems, power
Pediatric Specialist (Rev.10/22/19)	Pediatric Specialist	Ph:757- 436-2337 Fax:757- 436-2384 Toll	Pediatric Specialist is a DME and supplies provider . Medicaid and major insurances are accepted. Please call for further information.
Our Children Our Village (single parents only)-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	3419 Virginia Beach Blvd., #D37 Virginia Beach, VA 23452	Ph:757-354-4689 Website::http://ghrdiaperbank.org	Giving with a Golden Hand is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Progressive Prosthetic & Orthopedic Services	Progressive Prosthetic & Orthopedic Services 380 Cleveland Place Virginia Beach, Virginia 23462	Ph: 757.456.5501 Fax: 757.671.7525	Progressive Prosthetic & Orthopedic Services, an Accredited American Board Certified Facility in Prosthetics and Orthotics, is an independently owned, local business serving patients with a variety of needs in Hampton Roads. Please call for further information.
Quality Dme Inc (Rev.06/10/24)	8530 Cinder Bed Road, Suite 2300, Lorton VA 22079 OR 208 Ash Ave Ste 103, Virginia Beach, VA 23452	Ph:888- 276-3237 Local: 703-288-9131 Fax: 703-288-4388 Email:ContactUs@qualitydme.com Website:https://qualitydme.com	Quality DME is an accredited Durable Medical Equipment (DME) provider, specializing in sleep and respiratory therapy.Their Mission is to provide top end products and personalized care to improve the quality of life for the patients we serve. They currently serve the Maryland, Washington DC and Virginia areas.

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Reach Orthotic & Prosthetic Services (Rev.12/05/23)	Reach Orthotic & Prosthetic Services 397 Little Neck Rd., Bldg. 3400, Suite 107 Virginia Beach, VA 23452	Ph:757-782-8630 Website: https://www.reachops.com	Reach Orthotic & Prosthetic Services in Newport News, offer services in Prosthetic & Artificial Limbs. They specialize in Prosthetic & Artificial Limbs. Hours of Operation are: Mondays and Wednesdays : 8:00 am – 4:30 pm and Friday: 8:00 am - 2:00 pm .Serving:Newport News, Hampton, Yorktown, Chesapeake, Norfolk, Suffolk, Virginia Beach, Williamsburg, Gloucester, and the entire Hampton Roads area. Please call for further information.
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080 Fax: 757- 599-3855 Toll Free:800-322-4679	Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
St. Marks Catholic Church-Greater Hampton Roads Diaper Bank (Rev.9/24/24)	St. Marks Catholic Church 1505 Kempsville Rd Virginia Beach, VA 23464	Ph:757-675-6486 Website: http://ghrdiaperbank.org	St. Marks Catholic Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Stand Up For Kids-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	P.O. Box 56404 Virginia Beach, VA 23456	Ph:757-635-2186 Website: http://ghrdiaperbank.org	Stand Up For Kids is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Tycon Medical (Rev.10/22/19)	Tycon Medical 801 Orapax St Norfolk, VA 23507	Ph:757- 640-1709 Toll Free: 800-411-1739 Website: https://www.tyconmedical.com/	Tycon Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Virginia Beach Crisis Nursery-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	2704 Mulberry Grove Ct. Virginia Beach, VA 23452	Ph:757-596-0143 Website: http://ghrdiaperbank.org	Virginia Beach Crisis Nursery is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Virginia Beach Department of Health-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	4452 Corporation Lane Virginia Beach, VA 23462	Ph:757-518-1353 Website: http://ghrdiaperbank.org	Virginia Beach Department of Health is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
DOMESTIC VIOLENCE			
Catholic Charities -Domestic Violence Intervention Program (Rev.4/22/19)	5361-A Virginia Beach Blvd. Virginia Beach, VA 23462	Ph:757-456-2366	Catholic Charities -Domestic Violence Intervention Program is an education program that provide group discussion for men who have used physical and verbal abuse and threatening behavior against their partner and/or children. An individual assessment/orientation is required prior to starting the group. This program is certified by the Virginia Batterer Intervention Program Certification Board and

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Certified Batterer Intervention Program-New Life Substance Abuse & Behavioral Consultants, Inc. (3/13/18)	Certified Batterer Intervention Program-New Life Substance Abuse & Behavioral Consultants, Inc. 2607 International Parkway	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants-Certified Batterer Intervention Program mission in Virginia is to aid in the elimination of domestic violence by providing services to batterers. Program is designed for men and women who come on their own or have been court ordered to attend classes. Through a eighteen week program
Domestic Violence/Batterer's Intervention Group	Domestic Violence/Batterer's Intervention Group	Ph:757- 793-2678	Treatment is provided clients who need domestic violence/batterer's intervention service/education.Session.Issues: Anger Management,
Family Enrichment Center-Batterers Intervention/Domestic Violence Groups (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides weekly groups for men with legal charges related to intimate partner violence. Groups are provided by facilitators trained in the Duluth Model for Domestic Abuse Intervention Programs. . Please call for further information.
Latinos in Virginia-Centro de Empoderamiento (LIVE) (Rev.10/17/24)	HAMPTON ROADS OFFICE: 283 Constitution Dr., One Columbus Center – Suite 603 Virginia Beach, VA 23462	Ph: 757- 708-2812 24/7 CRISIS SUPPORT LINE FOR VICTIMS: 888- 969-1825 Email: hola@latinosenvirginia.org Website:https://latinosenvirginia.org	LIVE Center is the only organization in Virginia that both specializes in domestic and sexual violence and provides those services through bi-lingual and bi-cultural trained advocates. We are also the only provider that can guarantee 24/7 access to bi-lingual domestic and sexual violence crisis support for Virginia's Latino community. Services:Crisis Intervention,Licensed Counseling & Therapy,Peer Counseling,Support Groups and Interpretation Services,Shelter Placement,Legal Clinics,Safety Planning,Protective Order Assistance,Court Accompaniment,Hospital Accompaniment,Financial Assistance and Case Management. Please call or visit the website for further information.
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Living in Harmony - Domestic Intervention Program, Pendleton Child Service Center	Living in Harmony - Domestic Intervention Program, Pendleton Child Service Center 2472 North Landing Road	Ph:757-385-4537	Living in Harmony - Domestic Intervention Program This 18 week class is for members of domestic relationships who have turned to physical harm, verbal abuse, or threats of harm against their partner or children. There is a \$10 assessment fee, and each class is \$25, payable at the
loveisrespect	loveisrespect	Ph: 866-331-9474	Loveisrespect's purpose is to engage, educate and empower young
Love and Caring Ministries - Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and homeless women. This program provides:- Safe haven from abusive relationships.Languages:English.Cost:Free.
Regent University Law Clinic (Rev.08/10/23)	Norfolk	Ph:757-352-4639	Regent University School of Law opened a satellite campus law clinic in downtown Norfolk, Virginia to provide pro bono legal aid to the Hampton Roads community.The mission of the Regent Law clinic is to
National Sexual Assault Hotline (4/5/18)	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-656-4673)	The National Sexual Assault Hotline is a 24/7 safe and confidential service to anyone affected by sexual assault. Services are available in

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Samaritan House (Rev. 3/7/18)	Samaritan House 2620 Southern Boulevard Virginia Beach, VA 23450 OR Mailing Address:	Ph:757-631-0710 Intake HotLine:757-430-2120 OR Coordinated Crisis Response Regional Hotline 24/7:	Samaritan House offer housing and services for individuals, children and families experiencing domestic violence; sexual assault and human trafficking. Services includes: counseling, case management, assistance navigating the legal system (victim advocacy) and support groups. Please call for further information.
The National Domestic Violence Hotline (Rev. 01/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (000 799 7233)	The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence.
The Project for the Empowerment of Survivors (PES) Local Services (Rev. 05/18)	The Project for the Empowerment of Survivors	Contact: Carmen Williams Ph: 904 377 0225 / Ext 2110 Email:	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline
Women in Crisis	Women in Crisis 726 Lord Melrose Drive	Ph:757-495-3991 Fax: 757 495 3992	Provides a Christian based care group of 7-15 persons who come together to network with women who are in situations of domestic
EARLY INTERVENTION			
Infant Stimulation Programs-Virginia Beach	Virginia Beach Early Intervention Program 2307 Millwood Road Virginia Beach VA 23454	Contact: Louise Lindsey Ph: 757-385-4400 Fax: 757-496-6825 Email: llindsey@vbgov.com Website: www.infantva.org	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and speech therapy; educational and behavioral instruction; service coordination to families. There is no fee
EDUCATION			
Adult Learning Center-Virginia Beach	4160 Virginia Beach Blvd. Virginia Beach, VA 23452	Ph: 757- 648-6050 Fax:757- 306-0999 Website: vbcps.com	The mission of the Adult and Continuing Education program is to respond to the needs of the adult population by offering a comprehensive educational program to the community.
Advocating 4 Kids/Cheryl A. Poe (Rev.09/17/20)	Advocating 4 Kids/Cheryl A. Poe 3788 Stoneshore Rd. Virginia Beach, VA	Ph:757-306-1942 Website:www.adv4kidsinc.org	Advocating 4 Kids Inc. is a non-profit organization that provides training, resources and direct advocacy support to parents of children with disabilities. Their organization has a special focus on outreach to
Associates at Lynnhaven (Rev.09/17/20)	101 North Lynnhaven Road Ste 103	Contact: Amy Courtney Ph:757-486-6955	Associates at Lynnhaven has an educational consultant tat is an independent consultant who helps parents/students and organizations
Associates At Lynnhaven Counseling, LLC - Psychological and Psychoeducational	120 S. Lynnhaven Rd., Suite 105, Virginia Beach, VA 23452	Ph:757-486-6955 Fax:757-486-3258 Website:https://www.associatesatlyn	Associates At Lynnhaven Counseling, LLC provide confidential .Psychological and Psychoeducational evaluations. Accepts Medicaid. Please call for further information.
Chesapeake Bay Academy	821 Baker Road Virginia Beach VA 23462	Ph:757- 497-6200 Fax:757- 497-6304	Chesapeake Bay Academy is the only K-12 independent school in Southeastern Virginia dedicated to serving students with a variety of learning differences including: dyslexia, dysgraphia and dyscalculia, ADD/ADHD,twice exceptional learners (2e) language-based learning difficulties, auditory processing deficits fine motor dysfunction, developmental delays, high-functioning autism and other health impairments.
Contemporary Art Center of Virginia	Contemporary Art Center of Virginia 2200 Parks Avenue Virginia Beach VA 23451	Ph:757-425-0000 Ext.29	The Contemporary Art Center of Virginia offers Art classes for adults, teenagers and children. Cost may vary by activity. Please call for further information.

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Department of Rehabilitative Services (Rev.9/17/18)	Department of Rehabilitative Services	Ph: 800-552-5019 Main OR 757-451-7101	The Department of Rehabilitative Services provides services to the community to increase employability, independence
Department of Special Education Virginia Beach	Robert L. Mitchell, Director 1413 Laskin Road	Ph:757-263-2400 Fax:757-437-7690	"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability,
Early Discoveries Preschool Program	Early Discoveries Preschool Program Virginia Beach City	Main Ph:757-263-1000 TDD:757-263-1240	Early Discoveries is a Virginia Beach City Public Schools' program contracted with the YMCA of South Hampton Roads. This program
ESL Classes-Providence Presbyterian Church	ESL Classes-Providence Presbyterian Church 5497 Providence Rd Virginia Beach VA	Contact: Sandra Rushton Ph: 757-420-6159	ESL program teach adults and children to read, and English as a second language program, with assistance from Project Light.Org. Each student works on computer program at his/ her own pace based on personal assessment with assistance from mentor/coach). On this site program runs from September through May. Meet 2x/week
GED Prep Course - Tidewater Tech Trades	A program of Tidewater Tech Trades 5301 East Princess Anne Road Norfolk, VA 23502	Ph:757-858-8324 Main Website: http://www.tidewatertechtrades.edu/	Free adult basic education classes for people pursuing their GEDs. No age limitation. No fee. Monday-Friday classes, various times.
Head Start Program Mile	Registration:	Mile High Kids and Community	Mile High Head Start Program provides grants to local public and
Honey Low-Education Advocate	Honey Low-Education Advocate	Active duty military members	Honey Low goal is to assist parents in achieving an appropriate
Jean Veness,Educational Advocate (Rev.09/21/20)	P.O. Box 61813 Virginia Beach, VA 23466	Ph:757- 235-2936	Representation of children with disabilities and their parents; advise parents who want to participate effectively in the IEP process; representation at due process hearings and beyond. Please call for further information
Keystone Education Services-Special Needs Tutoring	2180 McComas Way, Ste. 109 Virginia Beach, VA 23456	Ph:757-802-7120 Email:info@keystonetutors.net Website: http://keystonetutors.net	Keystone Education Services provides special needs tutoring services; they provide academic tutoring with behavioral accommodations. Services could be provided in our facility and your home. Please call for further information
NAMI Coastal Virginia-Family to Family Education Class (Rev.04/25/23)	Thalia United Methodist Church 4321 Virginia Beach Blvd, Virginia Beach, VA 23452	Contact: Christa Adkins Ph:305-928-9819 Jen Williams Ph:757-749-3999 Website: https://forms.gle/ZPCdt4eK	A series of 8 free weekly classes structured to help family members, partners and significant others understand and support individuals living with mental illness while maintaining their own well-being. Times: Thursdays Evenings 6:30pm - 9:00pm. Please call or visit the website
Princess Anne Center for Pregnant Teens	Princess Anne Center for Pregnant Teens 4400 Virginia Beach Blvd Virginia Beach, VA 23462	Ph:757-648-6100	Princess Anne Center for Pregnant Teens is an alternative educational program for pregnant teens who attend Virginia Beach Public School.
Regional Special Education Program-Virginia Beach SECEP-Southeastern Cooperative Educational Program	Regional Special Education Program- Virginia Beach SECEP 222 Presidential Blvd	Ph:757-473-1016 & 757-288-0030 Fax:757-497-2257 Website: http://www.secep.k12va.us/Sece	Virginia Beach City Public Schools contracts with the Southeastern Cooperative Educational Programs (SECEP) to provide specialized settings, curriculum, and services for three distinct groups of students.- The SECEP Autistic Program provides services to students who have
SDW Consulting-Educational Advocate (Rev.09/22/20)	1806 Pope Street Virginia Beach, VA 23464	Contact: Sid Wesseldine Ph:757-523-1948 Website: www.sdwconsults.com	SDW Consulting provides a variety of services in special education including: Initial screening, eligibility and IEP,IEP reviews and meetings,IEP modifications, Change in placement,FBA's and BIP's, Manifestation Determination meetings, Mastery and modification of
Sinkinson Dyslexia Foundation, Inc.	3710 Pacific Ave. Suite 500 Virginia Beach, VA 23451	Ph: 757-437.0733EMAIL: sinkinsonfoundation757@yahoo.com	Sinkinson Dyslexia Foundation, Inc. mission is to teach children and adults who are diagnosed with dyslexia to read. Through professional assessment and one-to-one tutoring they are able to help children

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Spectrum Psychological and Neurotherapy - Psychological and Psychoeducational evaluations	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462	Ph:757-640-1882 Website: http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy provide confidential Psychological and Psychoeducational evaluations,. Please call for further information.
STOP Inc.-Project Discovery Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	Eligible high school youth, grades 9 through 12, participate in the Project Discovery (Preparation for Leadership in Undergraduate School) program. Project Discovery is a post-secondary education access program currently offered through 24 Partner Agencies throughout Virginia. Project Discovery encourages students to stay in and graduate high school and provides resources and tools for students to successfully make the transition to post secondary education. Youth are exposed to the significance of volunteerism and how it impacts their overall college application taught which classes
STOP Inc.-Technology Bus Initiative (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP's Technology Bus provides elementary to high school students with a mobile technology and training system that creates opportunities for inclusion in the computer programming industry. This initiative provides students onboard, at local multi-city stops, with code-building processes, mentorship and engagement to prepare them for future economic advancement. The Technology Bus provides learning opportunities in computer programming, software design, gaming and robotics and computer repair and maintenance. Funded to Serve the Cities of
STOP Inc.-Youth Development Initiatives (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP's Youth Development Initiatives are designed to engage youth in middle and high school. These programs provide opportunities for them to gain knowledge in the Science, Technology, Engineering, Agriculture and Mathematics fields through fun and innovative workshops covering these topics. STOP provides comprehensive summer camp experiences that focus on science and technology as well as tutorial sessions for youth focusing on areas of individual need to ensure that educational fundamentals are obtained. STOP's Youth Development initiatives also encourages students to stay in and graduate high school
The Learning Resource Center-Educational Advocate (Rev.09/22/20)	935 First Colonial Road Virginia Beach, VA 23454	Ph:757-428-3367 www.learningresourcecenter.org	The LRC provides assessment and advocacy services. Please call for further information.
Tidewater Center for Technology Access	Tidewater Center for Technology Ac 1413 Laskin Road Virginia Beach, VA 23451	Ph:757-437-6542 Email: tcta@aol.com Website: www.tcta.ataccess.org	Tidewater Center for Technology Access is a non-profit organization which provides persons with disabilities access, support and information on states of the art technology to maximize their potential in our community. They offers consultations and evaluation.
Virginia Beach Pre-school Assessment Center Special Annex	VBPS-Assessment Center 1413 Laskin Rd Virginia Beach VA 23451	Ph:757-263-2800 Fax:757-494-7600	Preschool Assessment Center provides screening, testing and program planning for children between two and five years of age who are suspected of having a disability. All children suspected of having a disability are screened, assessed, and determined eligible, or ineligible,
Virginia Beach Public Schols Homeless Liaison Coordinator	Virginia Beach Public Schools Homeless Liaison Coordinator	Homeless Student Services Ph:757-263-2300	Homeless Liaison Coordinator provides support and assist the youth experiencing homelessness to have the right to attend school and connect them with resources to ensure continued academic success

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EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish ~~Website: DisasterDistress.com~~	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and ~~Head of Hearing: ASL: Callers~~	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army's	Main 757-543-8100 Website:www.ussalvationarmy.org	The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include individual and family trauma counseling and emotional
Virginia Department of Emergency Management	Bureau of Emergency Services Virginia Beach Fire Department ~~2400 Courthouse Drive~~	Contact: Steve Cover Ph:757-385-8137 ~~Fax: 757-385-5676~~	The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation,
EMPLOYMENT			
CEO- Community Employment Options	CEO- Community Employment Options	Ph:757-385-0625 Fax: 757-473-5235	CEO- Community Employment Options help find jobs for people with intellectual Disabilities. They provide individualized assessments, on the job training, and job development. Please call for further information.
Community Alternatives, Inc.	863 Glenrock Road Suite 200, Norfolk VA 23502	Ph:800-475-0575	Community Alternatives, Inc. is a not-for-profit corporation to provide supported employment opportunities to adults with emotional and physical disabilities in Virginia Beach, Virginia. They serve children and adults with intellectual disabilities and other developmental disabilities and emerged as a regional leader advocating for a
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services. Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building
Department of Rehabilitative Services	Department of Rehabilitative Services	Contact: Paul Hughes Ph: 757-682-8440	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education
STOP Inc.- Employment Supportive Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	STOP Inc-offers individualized and group training in acquiring techniques necessary for seeking and maintaining employment. Services include job preparation, interview techniques, job retention, employment counseling, referral and/or placement application completion, resume writing, job readiness training, money management, understanding credit scores, establishing and maintaining good credit, overcoming financial barriers and setting financial goals. All participants in the program must be willing to pursue
STOP Inc. - Employment Training- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Through collaboration with privately owned businesses, STOP is able to provide financial and educational support for qualified individuals seeking quality educational training for entry level positions in leading industries. STOP's goal is to provide continuing education to individuals seeking to enter/re-enter the local workforce. Additionally, in some instances, STOP may be able to provide continuing education to those who wish to keep their skills updated. Funded to Serve the Citizens of Chesapeake

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STOP Inc. -Homeless Veteran's Reintegration Program (HVRP)- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Nationally, the HVRP grant will help an estimated 21,000 Veterans successfully reintegrate into the competitive workforce. This program's "Employment First" model seeks to assist homeless Veterans obtain and maintain viable employment allowing participants to earn a "living wage." This program offers a variety of supportive services to assist homeless Veterans in their return to the labor force including occupational, classroom, and on-the-job training, as well as job search and placement assistance. This Program is for Homeless Veterans.
STOP Inc. -Klean Slate Enterprises- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, VA 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral.com	Developed in 2005, Klean Slate was originally designed as a Social Business Enterprise to be a self-supporting division of STOP Incorporated. This initiative has evolved into a training and employment focused opportunity for low to moderate income individuals with employment barriers such as previous incarceration, transportation and back child support. Currently, the focus is on Pesticide Applicator Training for non-violent, currently incarcerated or recently released offenders. Serves Cities of
VEC Workforce Center-	5145 East Virginia Beach Boulevard, Norfolk, VA 23502	Ph: 757- 455-3960 Fax: 757-455-3990	VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at
Virginia Employment Commission-	5145 East Virginia Beach Boulevard, Norfolk, VA 23502	Ph: 757- 455-3960 Fax: 757-455-3990	Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and
Virginia Employment Commission	Virginia Beach VEC	Ph: 757-431-4978	The VEC is committed to serving migrant and seasonal farm workers who are seeking work. Trained and experienced farm placement
Virginia Workforce Investment	502 Wilking Drive	Fax: 757-421-4720	The workforce investment act rewrites current federal statutes governing programs of job training, adult education and literacy, and
FINANCIAL ASSISTANCE	Board Hampton Roads	Contact: Roy Budd Ph: 757664-2502	
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of your proof documentation to:	Website:https://www.affordableconnectivity.gov/how-to-apply	Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the Federal Poverty Line, or if you or
Anita's Kids-Greater Hampton Roads Diaper Bank (Rev.01/30/23)	5160 Venetian Lane Virginia Beach, VA 23462	Ph:757-553-6994 Website::http://ghrdiaperbank.org	Anita's Kids is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Angels Birthing Circle -Greater Hampton Roads Diaper Bank (Rev.09/24/24)	1832 Kempsville Rd,Suite 112 Virginia Beach,VA 23464	Ph: 757-296-3458 Website::http://ghrdiaperbank.org	Angels Birthing Circle is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution: First Saturday of the month. Please call for further information.
Armed Services YMCA (military E5 and below)-Greater Hampton Roads Diaper Bank (Rev.01/30/23)	Armed Services YMCA (military E5 and below) 1465 Lakeside Rd. Virginia Beach, VA 23455	Ph:757-363-1884 x 8775 Website:Website::http://ghrdiaperbank.org	Armed Services YMCA (military E5 and below) is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

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Ascension Catholic Church (Rev.11/15/23)	4853 Princess Anne Rd Virginia Beach, VA 23462	Ph:757-495-1886 x414	Ascension Catholic Church provides emergency assistance for food pantry. Date/Time:Monday to Friday from 10-12 noon. Please call for further information.
Ascension Catholic Church- Financial Assistance (Rev.11/15/23)	4853 Princess Anne Rd Virginia Beach, VA 23462	Ph:757-495-1886 x414	Ascension Catholic Church provides emergency assistance for Utilities Only.Call Mondays & leave msg.
Ashley HomeStore-Hope to Dream	Ashley HomeStore-Hope to Dream	Website: https://www.ashleyfurniturehomestore.com/a-hope-to-dream	Ashley HomeStore believes that every child should have a bed to call their own. They provide a twin mattress, bed frame, bedding and pillow.
Atlantic Shores Baptist Church (Rev.11/15/23)	1861 Kempsville Rd Virginia Beach, VA 23464	Ph:757-479-1133	Atlantic Shores Baptist Church provides emergency assistance for food pantry. Date/Time: Wednesdays from 10-11 am.Please call for further information.
Azalea Garden Church of God	1541 Centerville Turnpike, Virginia Beach, VA 23464	Ph:757- 366-0406 Website: https://foodbankonline.org/	Azalea Garden Church of God provides emergency assistance for food pantry. Date/Time: Thursday from 9am-11am. Please call for further information.
Back Bay Christian Assembly	1212 Princess Anne Rd, Virginia Beach, VA 23457	Ph:757- 426-7943	Back Bay Christian Assembly provides emergency assistance for food pantry. Date/Time: Thursday following the 3rd Wednesday @ 6pm.Please call for further information.
Bayside Baptist Church (Rev.11/15/23)	1920 Pleasure House Rd Virginia Beach, VA 23455	Ph:757-460-2481	Bayside Baptist Church provides emergency assistance for food pantry. Date/Time:Third Week of the month, M ondays and Thursdays. Must call for appointment.
Bayside Baptist Church-Financial Assistance (Rev.11/15/23)	1920 Pleasure House Rd Virginia Beach, VA 23455	Ph:757-460-2481	Bayside Baptist Church provides financial assistance for utilities only for zip codes 23455 & 23462.Call for appointment and application,
Bayside Presbyterian Church (Rev.11/15/23)	1400 Ewell Rd Virginia Beach, VA 23455	Ph:757-460-1188	Bayside Presbyterian Church provides emergency assistance for food pantry. Date/Time:Monday & Fridays. 10:30. Must call for appointment.
Beach Church, The Beach Bucket- Greater Hampton Roads Diaper Bank (Rev.09/30/22)	503 15th St. Virginia Beach, VA 23451	Ph: 757-339-1165 Website:: http://ghrdiaperbank.org	Beach Church, The Beach Bucket is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Beach Fellowship Church (Rev.11/15/23)	1817 General Booth Blvd Virginia Beach, VA 23454	Ph:757-721-7388	Beach Fellowship Church provides emergency assistance for food pantry. Date/Time: Mondays & Tuesdays. Must call for appointment.
Boys and Girls Club, Rosemont Unit-Kids Cafe	1505 Competitor Court Virginia Beach, VA 23453	Ph: 757-368-4445	Kids Cafe® is a national program founded by Feeding America and administered locally by the Food bank of Southeastern Virginia. It is a place where children through 18 years of age can come to receive free, nutritious evening meals in a safe, supportive environment. A Food

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Brook Baptist (Rev.11/15/23)	4397 Wishart Rd Virginia Beach, VA 23455	Ph:757-464-0371	Brook Baptist provides emergency assistance for food pantry. Date/Time:Wednesdays from 3:00-5 pm.Please call for further information.
Care for Me Youth-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	Care for Me Youth 1225 Kempsville Rd. Virginia Beach, VA 23467	Ph:912-996- 8821 Website::http://ghrdiaperbank.org	Care for Me Youth is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Carpenters House Ministries	980 Broad Meadows Blvd, Virginia Beach, VA 23462	Ph:757- 456-0046	Carpenters House Ministries provides emergency assistance for food pantry. Date/Time: Sunday 1230p-1p & Wednesday 8:30pm-9:15pm. Please call for further information.
Carpenters House Ministries-Greater Hampton Roads Diaper Bank (Rev.8/21/19)	980 Broad Meadows Blvd Virginia Beach, VA	Ph:757-502-5747	Carpenters House Ministries is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Catholic Charities of Eastern Virginia-Baby Supplies	Catholic Charities of Eastern Virginia-Baby Supplies	Ph:757-456-2366 Southside 757-875-0060 Peninsula	Catholic Charities of Eastern Virginia-Baby Supplies provides baby supplies. Please call for further information.
Catholic Charities - Budget Counseling (Rev.4/30/19)	Catholic Charities 4855 Princess Anne Rd. Virginia Beach, VA 23462	Ph: 757- 484-0703	Catholic Charities counselors will help individuals and families set a budget based on income, living expenses, priorities and goals. Future financial problems can be avoided through planning, wise use of credit,
Catholic Charities of Eastern Virginia-Greater Hampton Roads Diaper Bank (Rev.8/21/19)	5361 A Virginia Beach Blvd. Virginia Beach, VA	Ph:757-456-2366	Catholic Charities of Eastern Virginia is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Charity UMC (United Methodist Church) (Rev.11/15/23)	4080 Charity Neck Rd Virginia Beach, VA 23457	Ph:757-426-7296	Charity UMC(United Methodist Church) provides emergency assistance for food pantry. Date/Time:Tuesdays from 10-12 noon. Please call for further information.
Christian Chapel Church	2751 Salem Road, Virginia Beach, VA 23456	Ph: 757- 427-9371	Christian Chapel Church provides emergency assistance for food pantry. Date/Time:Tue 11am-1pm by appointment only. Please call for further information.
Church of Ascension Catholic (Rev.09/29/23)	4853 Princess Anne Road, Virginia Beach, VA 23462	Ph:757- 495-1886 Website: https://foodbankonline.org/	Church of Ascension Catholic Church provides emergency assistance for food pantry. Date/Time: Monday through Friday 10a-12p.Please call for further information.
Church of the Holy Apostles-Mobile Pantry	593 Lynnhaven Pkwy Virginia Beach, VA 23453	Church of the Holy Apostles-Mobile Pantry	Church of the Holy Apostles Mobile Pantry provides emergency assistance for food pantry. Date/Time: 1/9/17, 2/13/17, 3/13/17 - 9:30am-11:00am.

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Church of the Holy Family-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	1279 North Great Neck Rd. Virginia Beach, VA 23545	Ph:912-937-8155 Website::http://ghrdiaperbank.org	Church of the Holy Family is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
City of Refuge Christian Church of Greenbrier	705 S. Military Hwy Virginia Beach, VA 23464	Ph:757- 648-8671	City of Refuge Christian Church of Greenbrier provides emergency assistance for food pantry. Date/Time:3rd Thursday 4p-6p. (Need ID and proof of residency). Please call for further information.
Coast City AOG (Rev.11/15/23)	2715 Salem Rd Virginia Beach, VA 23456	Ph:757-427-9371	Coast City AOG provides emergency assistance for food pantry. Date/Time:Tues days from 11-noon. Must call for appointment.
Coastal Community Church (Rev.11/15/23)	2800 S. independence Blvd, Virginia Beach, VA 23456	Ph:757- 233-1293 Website:https://foodbankonline.org/	Coastal Community Church provides emergency assistance for food pantry. Date/Time:2nd Tuesday from 11- 12:30pm. Please call for further information.
Coastal Virginia Unitarian Universalists (CVUU) (Rev.11/15/23)	809 S Military Hwy Virginia Beach, VA 23464	Ph: 757- 627-5371 Email: office@c-vuu.org	Coastal Virginia Unitarian Universalists (CVUU) provides emergency assistance for food To-go meals Wednesdays from 5:00pm until meals are gone.
Communities Outreach Ministries-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	318 Gainsborough Rd. Virginia Beach, VA 23462	Ph:757-274-6180 Website::http://ghrdiaperbank.org	Church of the Holy Family is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Communities Outreach Ministries-Greater Hampton Roads Diaper Bank (Rev.8/21/19)	318 Gainsborough Rd Virginia Beach, VA	Ph:757-274-6180	Communities Outreach Ministries is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Connect Church (Rev.11/15/23)	980 Broad Meadows Blvd Virginia Beach, VA 23462	Ph:757-456-0046	Connect Church provides emergency assistance for food pantry. Date/Time: Sundays at 11:30 am. Please call for further information.
Connect Church 757-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	980 Broad Meadows Blvd. Virginia Beach, VA 23462	Ph:757-456-0046 Website::http://ghrdiaperbank.org	Connect Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	Ph:855-222-3252 Website:Connect2Compete.org/Cov	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and
Connection Point/Regional Crisis Hotline	Connection Point	Ph.: 757- 227-5932 757- 587-1302	Connection Point/Regional Crisis Hotline is the coordinated assessment and referral center for people who are experiencing
Cooling Assistance Program - LIHEAP Virginia Beach Department	Cooling Assistance Program - LIHEAP Virginia Beach	Ph:757-437-3200 Fax:757- 427-2466	Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility

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Courthouse Community United Methodist Church Food Pantry (Rev.11/15/23)	Courthouse Community United Methodist Church Food Pantry 2708 Princess Anne Rd Virginia Beach VA 23456	Ph: 757-427-3272 Fax: 757-563-0522	Courthouse Community United Methodist Church Food Pantry provides emergency assistance for food pantry. Date/Time: Wednesday-10am-noon and 5:30-6:30pm. Please call for further information.
Cover Virginia-Virginia-Based Assistors	1.Virginia Beach Family Medical Center	1.Virginia Beach Family Medical Center	Cover Virginia-Virginia-Based Assistors is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-
Crisis Assistance- LIHEAP-Virginia Beach Department of Social Services (Rev.5-9/19)	Crisis Assistance- LIHEAP-Virginia Beach Department of Social Services	Ph:757-437-3200 Fax:757- 437-3466 Website:	Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of emergencies include: lack of heat, utility cut-
Department of Social Services-The Division of Child Support Enforcement (DCSE)	Pembroke Office Park Pembroke 6, Suite 500 Virginia Beach, VA 23462	Ph:757- 552-1951 TOLL FREE: 800- 468-8894	The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of Child Support Enforcement and other State agencies. The actions of DCSE are based on federal and state law. The primary
Eastern Shore Chapel Church (Rev.11/15/23)	Eastern Shore Chapel Church 2020 Laskin Road Virginia Beach, VA 23454	Ph:757-428-6763 Website:https://foodbankonline.org	Eastern Shore Chapel provides emergency assistance for food pantry Date/Time: Tuesday, Thursday and Saturday from 2-6. Please call for further information.
Ebenezer United Methodist One Harvest Food Ministry	Ebenezer United Methodist Church - One Harvest Food Ministry Church Suffolk	Ph:757-748-2949 Site Contact: Chris Keltner Site E-Mail: cokeltner@aol.com	Ebenezer United Methodist Church-One Harvest Food Ministry offers food boxes at wholesale prices. Pickup Time: Day of distribution 8:00am to 9:00am. Please call for further information.
Encouraging Factor/Faith House of Refuge (Rev.09/29/23)	4676 Princess Anne Rd Virginia Beach, VA 23462	Ph:757-323-8964 Website:https://foodbankonline.org/	Encouraging Factor/Faith House of Refuge provides emergency assistance for food pantry. Date/Time: Distribution: Monday & Thursday from 12:00-2:00pm Please call for further information.
Energy Share Agency-The Salvation Army	The Salvation Army	The Salvation Army Ph: 757-542-8100	Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis.
Enoch Baptist-Kids Café	5641 Herbert Moore Road, Virginia Beach, VA 23462	Ph:757- 552-0620	Kids Cafe® is a national program founded by Feeding America and administered locally by the Food bank of Southeastern Virginia. It is a
Enroll Virginia at Southeastern Virginia Health Systems at Virginia Beach Housing Resource Center Health Clinic (Rev.02/17/25)	Virginia Beach Housing Resource Center Health Clinic 104 Witchduck Road, Virginia Beach, VA 23452	Southeastern Virginia Health Systems at Virginia Beach Housing Resource Center Health Clinic Ph: 757-380-8709 and 757-385-5167	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace. Medicaid
Enroll Virginia at Virginia Beach Family Medical Center (Rev.02/17/25)	Virginia Beach Family Medical Center 940 General Booth Blvd, Virginia Beach, VA, 23451	Virginia Beach Family Medical Center Ph: 757-380-8709 Email:phc@inova.org Statewide Toll free Hotline: 1	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace. Medicaid
Emergency Financial Assistance - Catholic Charities (Rev.05/18)	Catholic Charities 4855 Princess Anne Rd	Ph:757-587-4202	Catholic Charities provides financial assistance only for rent/mortgage and utility help for families facing unforeseen difficulties. Catholic
Faith Works Coalition, Inc. (FWC)	3700 Big Ben Road Virginia Beach, VA 23452	Contact:Kay Basden Ph:757-266-0004	Faith Works Coalition, Inc. (FWC)mission is to eliminate poor living conditions by providing health and safety repairs for elderly, disabled
First Baptist Church (Rev.11/14/23)	401 35th St Virginia Beach, VA	Ph:757-428-6562	First Baptist Church provides emergency assistance for food pantry. Date/Time: M, T, W, Th from 9-12 noon. Please call for further information.

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First Lynnhaven Baptist Church (Rev.11/15/23)	2744 Robert Jackson Drive, Virginia Beach, VA 23452	Ph:757-486-3608	First Lynnhaven Baptist Church provides emergency assistance for food pantry. Date/Time:3rd Thursday 10am-1:00pm. Please call for further information.
Foundry UMC (United Methodist Church) (Rev.11/15/23)	2801 VA Beach Blvd Virginia Beach, VA 23452	Ph:757-340-0595	Foundry UMC (United Methodist Church) provides emergency assistance for food pantry. Date/Time: Thursdays from 9-12noon. Please call for further information.
FOTE Outreach-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	3420 Club House Rd Virginia Beach, VA 23452	Ph:757-431-0052 Website::http://ghrdiaperbank.org	FOTE Outreach is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution: Tuesday-Friday 11:00am-4:00pm. Please call for further information.
Freedom Fellowship (Rev.09/28/23)	836 Regency Drive, Virginia Beach, VA 23454	Ph:757- 428-3277 Website:https://foodbankonline.org/	Freedom Fellowship provides emergency assistance for food pantry. Date/Time:Wednesdays 10AM -12PM and 6PM-7PM & 1st & 3rd Saturdays 9AM-12PM. Please call for further information.
Freedom Fellowship-Financial Assistance (Rev.11/15/23)	836 Regency Drive, Virginia Beach, VA 23454	Ph:757- 428-3277 Website:https://foodbankonline.org/	Freedom Fellowship provides financial assistance and clothing. Date/Time:1st & 3rd Saturday of each month from 9-11 am Please call for further information.
Full Course Food Source @ The Mount (Rev.09/28/23)	620 Baker Rd. Virginia Beach, Virginia	Ph:757-402-3114 Website:https://foodbankonline.org/	Full Course Food Source @ The Mount provides emergency assistance for food pantry. Date/Time:Tuesday, Wednesday and Thursday 10am-2pm, appointment preferred. Drive Thru pantry 2nd & 4th Saturday 10AM-2PM. Please call for further information.
Giving with a Golden Hand-Greater Hampton Roads Diaper Bank	5998 Providence Rd., Ste. 108A Virginia Beach, VA 23464	Ph:757-515-2563 Website:https://ghrdiaperbank.org	Giving with a Golden Hand is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families.
God's Pantry @ Ocean Lake Church of God (Rev,09/29/23)	1200 Dam Neck Rd, Virginia Beach, Virginia 23454	Ph: 757-619-4086 Website:https://foodbankonline.org/	God's Pantry @ Ocean Lake Church of God provides emergency assistance for food pantry. Date/Time:.3rd Saturday of Month 12-2pm; emergencies by phone call only Please call for further information.
Good Shepherd Lutheran Church (Rev,09/29/23)	1489 Laskin Rd, Virginia Beach, VA 23451	Ph:757- 428-4052 Website: https://foodbankonline.org/	Good Shepherd Lutheran Church provides emergency assistance for food pantry. Date/Time:2nd & 4th Saturdays 10-12pm. Drive up and stay in your car in the front of the church. Pre-registration is helpful. Please visit their website and sign up, or call the church office at 428-
Haygood United Methodist Church (Rev.09/29/23)	4713 Haygood Road, Virginia Beach, VA 23455	Ph:757- 499-1269 Website: https://foodbankonline.org/	Haygood United Methodist Church provides emergency assistance for food pantry. Date/Time:Monday & Thursday 9a-12p. Please call ahead of time.
Heating Assistance Program- IHEAD Virginia Beach Department	Heating Assistance Program- IHEAD-Virginia Beach	Ph:757-437-3200 Fax:757- 437- 2466	The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather

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Helping Hands Food Pantry at Vineyard Community Church Heritage UMC (United Methodist Church) (Rev.11/15/23)	Vineyard Community Church 4444 Expressway Dr 815 Baker Rd Virginia Beach, VA 23462	Ph: 757-497-6909 Ph:757-497-3943	Helping Hands Food Pantry at Vineyard Community Church provides emergency assistance for food pantry. Open first and third Thursday.
Holy Apostles Catholic Church- Financial Assistance (Rev.11/15/23)	1593 Lynnhaven Pkwy Virginia Beach, VA 23453	Ph: 757-427-0963	Heritage UMC (United Methodist Church) provides emergency assistance for food pantry. Date/Time:2nd Saturday of the month from 10:30-Noon. Please call for further information.
Holy Family Catholic Church (Rev.11/15/23)	1279 North Great Neck Rd Virginia Beach, VA 23454	Ph:757-481-5702	Holy Apostles Catholic Church provides financial assistance and clothing.Date/Time:2nd & 4th Wednesday of each month from: 1-3 pm.Please call for further information.
Holy Family Catholic Church- Financial Assistance (Rev.11/15/23)	1279 North Great Neck Rd Virginia Beach, VA 23454	Ph:757-481-5702 ext.6	Holy Family Catholic Church provides emergency assistance for food pantry. Date/Time:Last Sat of month at 7 am.
Holy Spirit Catholic Church (St. Vincent de Paul ministry) (Rev.11/15/23)	Holy Spirit Catholic Church (St. Vincent de Paul ministry) 1396 Lynnhaven Parkway Virginia Beach, VA 23453	Ph:757-468-1533 Email:svdp@holyspiritvb.org	Holy Family Catholic Church provides assistance for clothing.Call Mondays for appointment.
Holy Spirit Catholic Church (St. Vincent de Paul ministry)-Financial Assistance (Rev.11/15/23)	Holy Spirit Catholic Church (St. Vincent de Paul ministry) 1396 Lynnhaven Parkway Virginia Beach, VA 23453	Ph:757-468-1533 Email:svdp@holyspiritvb.org	Holy Spirit Catholic Church (St. Vincent de Paul ministry) provides emergency assistance for food pantry. Eligibility: Virginia Beach residents only. Must call on Wednesday between 9:30-11:30. Pick up Tuesdays and Thursdays from 10-12). Please call or email for further
Hope Lutheran Church (Rev.11/15/23)	Hope Lutheran Church 5350 Providence Rd Virginia Beach VA	Ph:757-424-4848 Website: https://foodbankonline.org	Holy Spirit Catholic Church (St. Vincent de Paul ministry) provides Financial Assistance and clothing. Eligibility: Virginia Beach residents only. Must call for appointment.
Jeanna's iFeed (Rev.09/28/23)	900 Commonwealth Place, Suite 210, Virginia Beach, VA 23464	Ph:757- 734-7154 Website: https://foodbankonline.org	Hope Lutheran Church provides meals every 2nd and 4th Wednesday of each month from 6PM-7PM, and the 2nd and 4th Saturday of each month from 10:00AM-Noon. Please call for further information.
Jewish Family Serices of Tidewater Inc (Rev.09/29/23)	5000 Corporate Woods Dr, Virginia Beach, VA 23462	Ph:757- 459-4640 Website: https://foodbankonline.org/	Jeanna's iFeed provides emergency assistance for food pantry. Date/Time:Tuesday and Wednesday from 8:30am-12:30pm. Please call for further information.
			Jewish Family Serices of Tidewater Inc provides emergency assistance for food pantry. Date/Time:Tuesdays and Thursdays from 10:00-11:00am. People may visit once per month.Need picture ID. Please call for further information.

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Judeo Christian Outreach Center (JCOC)-Shelter	Judeo Christian Outreach Center (JCOC)-Shelter 1053 Virginia Beach Blvd, Virginia Beach, VA 23462	Ph:757-491-2846 Website: https://foodbankonline.org/	Judeo Christian Outreach Center (JCOC)-provides meals. Monday through Friday 6pm, Sat, Sun., & holidays 3pm, Sunday morning breakfast at 8am. They also provide shelter, a safe place to stay, a hot,
Kempsville Baptist Church (Rev.11/15/23)	5204 Princess Rd Virginia Beach, VA 23462	Ph:757-499-5457	Kempsville Baptist Church provides emergency assistance for food pantry. Date/Time: Tuesdays & Thursdays from 10am – 2pm. Please call for further information.
Kempsville Presbyterian Church (Rev.11/15/23)	805 Kempsville Road, Virginia Beach, VA 23464	Ph:757- 495-1913 Website: https://foodbankonline.org/	Kempsville Presbyterian Church provides emergency assistance for food pantry. Date/Time:Wednesday 2:00-4:00pm.ID required. Please call for further information.
Kids Cafe	Kids Cafe ~~Atlantic Community Center~~	Atlantis Community Center ~~Ph:757- 428-2200~~	Kids Cafe® is a national program founded by Feeding America and administered locally by the Food bank of Southeastern Virginia. It is a
Kingdom Investing Outreach (Rev.09/29/23)	4525 E. Honeygrove Road, Virginia Beach, VA 23455	Ph:757-904-6081 Website: https://foodbankonline.org/	Kingdom Investing Outreach provides emergency assistance for food pantry. Date/Time:Saturdays from 9:00-11:00am and Sundays from 12:30-1:30pm. Please call for further information.
Kingdom Reign Church (Rev.11/15/23)	949 Chimney Hill Center Virginia Beach, VA 23452	Ph:757-499-2300	Kingdom Reign Church provides emergency assistance for food pantry. Date/Time:3rd Saturday of the month from 10:00-1:00pm. Please call for further information.
Labor Participation-Program of United Way of Hampton Roads	Labor Participation 2515 Walmer Avenue	Contact: Desi Nichols Ph:757-953-8500	Provides emergency assistance for people on lay-off plant closures, family crisis, illness of one's self, immediate family, loss of day care,
Lem Bowden Memorial Food Closet	Lem Bowden Memorial Food Closet	Ph:757- 428-6763	Lem Bowden Memorial Food Closet provides emergency assistance for food pantry. Date/Time: Monday through Thursday from 2-4pm and
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/Is/Providers/	Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP, Medicaid, or Other Programs (section 8)
Light of Hope UMC (United Methodist Church) (Rev.11/15/23)	208 Plaza Trail Virginia Beach, VA 23452	Ph:757-340-5775	Light of Hope UMC (United Methodist Church) provides emergency assistance for food pantry. Date/Time:Once a month.Please call for date and time.
Light of Hope UMC (United Methodist Church) - Financial Assistance (Rev.11/15/23)	208 Plaza Trail Virginia Beach, VA 23452	Ph:757-340-5775	Light of Hope UMC (United Methodist Church) provides financial assistance and clothing. Please call for date and time.
Live More Abundantly Ministries Church	Live More Abundantly Ministries 1080 Aragona Blvd Virginia Beach VA	Ph:757-473-3084	Live More Abundantly Ministries Church provides emergency assistance for food pantry. Date/Time: Tuesdays -Fridays from 10:00am-6:00pm.Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Virginia Beach City

Living Word Gospel Church (Rev.09/29/23)	4971 Cleveland Street, Virginia Beach, VA 23462	Living Word Gospel Church Website: https://foodbankonline.org/	Living Word Gospel Church provides emergency assistance for food pantry. Date/Time: Open every Tuesday from 4:00-6:00pm. Please call for further information.
Love and Caring for the Homeless - Greater Hampton Roads Diaper Bank (Rev.9/30/22)	2804 Salem Rd. Virginia Beach, VA 23456	Ph:757-430-4101 Website:: http://ghrdiaperbank.org	Love and Caring for the Homeless is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Loving and Caring for the Homeless	Loving and Caring for the Homeless Virginia Beach, Virginia	Ph: 757- 430-4101	This location offers shelter, free food, housing, and other forms of low income rent help and housing, including referrals.
Lynnhaven Presbyterian Church (Rev.11/15/23)	Lynnhaven Presbyterian Church 136 South Lynnhaven Pkwy Virginia Beach, VA 23452	Ph:757-340-2897	Lynnhaven Presbyterian Church provides emergency assistance for food pantry. Date/Time: Mondays from 10-12 noon. Please call for further information.
Lynnhaven United Methodist Church (Rev.11/15/23)	1033 Little Neck Road, Virginia Beach, VA 23452	Ph:757- 340-5682	Lynnhaven United Methodist Church provides emergency assistance for food pantry. Date/Time:.Please call first to schedule an appointment.
Make-A-Wish Foundation of Eastern Virginia	Make-A-Wish Foundation of Eastern Virginia	Ph: 757-473-9474 Fax:757-456-0275	Make-A-Wish Foundation of Eastern Virginia purpose is to Grants wishes to children between 2 1/2 and 18 who have life threatening or
Manna Ministry-Greater Hampton Roads Diaper Bank (Rev.01/30/23)	1112 Jensen Drive, Suite 102A, Virginia Beach, VA 23451	Ph:757- 609 - 0709 Email:Mannaministry.tidewater@gmail.com Website:: http://ghrdiaperbank.org	Manna Ministry is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Manna House Ministries	Manna House Ministries	Ph:757-714-0331 Website: http://mannahouseministries-va.org	Manna House Ministries provides emergency assistance for food pantry. Please call for further information.
Marketplace Navigator	Marketplace Navigator	Contact: Simone McKinney Ph:757-637-2262	Marketplace Navigator is an individual or organization that's trained and able to help consumers, small businesses, and their employees or
Meals on Wheels	Meals on Wheels- 2750 Sentara Way	Ph:757- 306-2721	Meals on Wheels provides meals packaged and delivered M-F for individuals with disabilities and elderly through the DAA for residents in
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-642-2272	Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website: www.aetnabetterhealth.com	Aetna Better Health of Virginia Provider Listings.
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website: www.anthem.com/vamedia	Anthem HealthKeepers Plus Provider Listings.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Virginia Beach City

(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR 1-800-424-4518 (TTY 711) ~~Medallion 400~~	Molina Complete Care Provider Listings.
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-0075	Sentara Health Care Provider Listings.
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings-United Healthcare	Ph:1-866-622-7982, Website:www.uhccommunityplan.com	United Healthcare Provider Listings.
Medicaid	Virginia Beach Department of Social Services 3432 Virginia Beach Blvd. ~~Virginia Beach, VA 23452~~	Ph:757-437-3200 Fax:757- 437-3466 Website: ~~http://www.vb.gov.com/dept/bes/~~	Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility decisions. You can also apply by phone or online at ~~Cover Virginia~~ .
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM) Ph:888-323-0589	Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Medicaid-Fee-for-Service-Waiver Services	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders< http://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchForProviders	Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for further information.
Memorial UMC (United Methodist Church) (Rev.11/15/23)	804 Gammon Rd Virginia Beach, VA 23464	Ph:757-2420-1407	Memorial UMC (United Methodist Church) provides emergency assistance for food pantry. Date/Time:Monday-Friday by appointment only.Must have ID.
Metamorphosis-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	1921 Centerville Turnpike Virginia Beach, VA 23464	Ph:757- 809-6537 Website::http://ghrdiaperbank.org	Metamorphosis is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Distribution is on the 4th Saturday of each month. Please call for further information.
More Than Conquerors Ministries/Feed My Sheep (Rev.09/29/23)	1101 Eaglewood Dr, Virginia Beach, VA 23454	Ph:757=368=4237 Website: https://foodbankonline.org/	More Than Conquerors Ministries/Feed My Sheep provides emergency assistance for food pantry. Date/Time:Open Tuesdays and Thursdays from 4:30-6:30pm and every 2nd and 4th Saturday of each month from 10:00am to 12:00pm. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Virginia Beach City**

Mothers Against Crime-Greater Hampton Roads Diaper Bank (Rev.8/21/19)	3705 Mainsail Ct Virginia Beach, VA	Ph:757-227-1189	Mothers Against Crime is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
New Beginnings Church of Christ (Rev.09/28/23)	6400 Drew Drive, Virginia Beach, VA 23464	Ph:757- 420-7712 Website: https://foodbankonline.org/	New Beginnings Church of Christ provides emergency assistance for food pantry. Date/Time: 4th Saturday 10AM- 11:30AM. Please call for further information.
New Hope Baptist Church (Rev.11/15/23)	395 Old Great Neck Rd Virginia Beach, VA 23454	Ph:757-486-6027	New Hope Baptist Church provides emergency assistance for food pantry. Hours:3rd Wednesday of the month from 9-12 noon.Please call for further information.
New Jerusalem C.O.G.I.C (Church of God in Christ) (Rev.12/14/23)	New Jerusalem C.O.G.I.C (Church of God in Christ) 118 Bishop Thoroughgood Virginia Beach VA	Ph: 757-390-5920 &757- 425-8431	New Jerusalem C.O.G.I.C (Church of God in Christ) provides emergency assistance for food pantry. Hours: 2nd & 4th Sat of the month starting at 9:00 am until out of food. Please call for further information.
New Jerusalem Ministries (Rev.11/15/23)	5184 Singleton Way Virginia Beach VA 23462	Ph:757-961-8726	New Jerusalem Ministries provides emergency assistance for food pantry. Hours:4th Saturday of the month from Noon-2pm. Please call for further information.
Nimmo UMC (United Methodist Church) (Rev.11/15/23)	2040 Nimmo Church Lane Virginia Beach VA 23456	Ph:757-427-1765	Nimmo UMC(United Methodist Church) provides emergency assistance for food pantry. Hours: 3rd Tuesday of the month from 11am -1pm & 4-6pm. Please call for further information.
Open Altar Ministries Food Pantry (Rev.11/15/23)	4992 Euclid Rd #6, Virginia Beach, Virginia 23462	Ph:757-264-1745	Open Altar Ministries Food Pantry provides emergency assistance for food pantry. Date/Time: 2nd Tuesday from 1:00-2:30 pm & 4th Saturday from 10:00-noon of each month from. Please call for further information.
Open Door Chapel (Rev.11/15/23)	3177 Virginia Beach Boulevard Virginia Beach, VA 23452	Ph:757-340-1441	Open Door Chapel provides emergency assistance for food pantry. Date/Time: Wednesday 9a-11a.(Must call Tuesday morning for an appointment). They also provides financial assistance. Open Tues, Wed, & Thurs 10am to 2pm. Please call for further information.

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Optima Health-Healthy Food Pantry (Rev.08/11/23)	Calvary Revival Church 5833 Poplar Hall Drive Norfolk, VA 23502	Toll-free: 1-833-261-2367 (TTY: 711) Email: comm_outreach@sentara.com	Optima Health sponsors the Healthy Food Pantry in partnership with the Foodbank of Southeastern Virginia and the Eastern Shore, and Calvary Revival Church. The program is offered to members with certain health conditions who are worried about running out of
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website: https://www.healthysavings.com/OptimaHealth	Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The
Our Children Our Village (single parents only)-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	3419 Virginia Beach Blvd., #D37 Virginia Beach, VA 23452	Ph: 757-354-4689 Website: http://ghrdiaperbank.org	Giving with a Golden Hand is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Outreach for Christ	2425 Bowland Pkwy #108, Virginia Beach, VA 23454	Ph: 757-498-4700	Outreach for Christ provides emergency assistance for food pantry. Date/Time: Tuesday and Thursday 11a - 1p. Please call for further information.
Outreach Program to sign for FAMIS-Catholic Charities	Outreach Program to sign for Famis Catholic Charities of Eastern Virginia 4855 Princess Ann Rd Virginia Beach,	Contact: Melody Phipps Ph: 757-467-7707	FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling out the application with you, gathering documents you need for eligibility, delivering the completed application
Piney Grove Baptist Church (Rev.11/15/23)	2804 Holland Rd Virginia Beach, VA 23453	Ph: 757-427-6831	Piney Grove Baptist Church provides emergency assistance for food pantry. Date/Time: Every other Tues. from 10am-2pm. Call for dates.
Potter's House - Virginia Beach United Methodist Church (Rev.11/15/23)	Potter's House - Virginia Beach United Methodist Church 1709 Pacific Ave Virginia Beach VA	Ph: 757-428-7727 x 212	Potter's House - Virginia Beach United Methodist Church provides emergency assistance for food pantry. Date/Time: Tuesday & Thursday from 9:30am-10:30am. Please call for further information.
Potter's House - Virginia Beach United Methodist Church-Financial Assistance (Rev.11/15/23)	Potter's House - Virginia Beach United Methodist Church 1709 Pacific Ave Virginia Beach VA	Ph: 757-428-7727 x 212	Potter's House - Virginia Beach United Methodist Church provides financial assistance and clothing for individuals in need. Please call for Call for date and time.

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Services Provided in Virginia Beach City

Rock Church International (Rev.11/15/23)	580 Kempsville Rd Virginia Beach VA 23464	Ph:757-217-2192	Rock Church International provides emergency assistance for food pantry. Date/Time: Mondays, Wednesdays and Thursdays.Call for appointment.
Rugged Cross Cowboy Baptist Church	Rugged Cross Cowboy Baptist Church	Ph:757- 681-0877	Rugged Cross Cowboy Baptist Church provides financial assistance. Please call for further information.
Sentara Health System/ Hospital/Charity Indigent Care Program (IRev.07/29/20)	Sentara Health System/ Hospital/Charity Indigent Care Program	Ph:757-233-4600 Toll Free:1-877-768-3993 Website:www.sentara.com	Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to
Seton House Youth Shelter & Outreach	101 N. Lynnhaven Road, Suite 101 Virginia Beach VA 23452	Ph.: 757-963-5795 Toll Free:866-751-7640 Girls Shelter:757-306-1840 Boys Shelter:757-498-4673	Seton Youth Shelters provides 24-hour emergency shelter for youth ages 9-17 years old and in special cases for 18 year olds. Has male and female houses. Will not accept homicidal or suicidal individuals. Can come pregnant but not with a child.
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distributions Center St. Andrews UMC 717 Tucson Ave	Distributions Center A. St. Andrews UMC Contact: Terri Walsh Ph:757-471-5166	S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40,but be purchased by SHARE for only \$20 and two hours of volunteer service of your
Sheep Gate Church of God in Christ	157 Morrison Ave, Virginia Beach, VA 23452	Ph:757- 644-6959	Sheep Gate Church of God in Christ provides emergency assistance for food pantry. Date/Time:3rd Thursday 6p-8p.Please call for further information.
Social Security Administration (Rev.11/16/20)	2875 Sabre St #100 Virginia Beach, VA 23452	Ph:888-377-5237 Main Number:800-772-1213 TTY:800-325-0778 Website:https://www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement survivors.
Spring Branch Community Church- Financial Assistance (Rev.11/15/23)	1500 N. Great Neck Road Virginia Beach, VA 23454	Ph:757-333-7222 Email:VinnyRos@aol.com	Spring Branch Community Church provides financial assistance. Please email for assistance.
St. Francis Episcopal Church (Rev.11/15/23)	509 South Rosemont Rd Virginia Beach, VA 23452	Ph:757-340-6884	St. Francis Episcopal Church provides emergency assistance for food pantry. Date/Time:Thursdays from 11:30-1pm. Please call for further information.
St. Gregory's The Great Catholic Church Food Pantry (Rev.11/15/23)	St. Gregory's Catholic Church 247 Clearfield Avenue Virginia Beach, VA 23462	Ph:757-497-8330 Website: https://foodbankonline.org/	St. Gregory's Catholic Church provides emergency assistance for food pantry. Schedule:Tuesdays, Thursdays, and the 2nd Saturday of each month from 12:00-1:30pm. Please call for further information.

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St James Missionary Church (Rev.11/15/23)	5724 Old Providence Rd Virginia Beach, VA 23464	Ph:757-961-3388	St James Missionary Church provides emergency assistance for food pantry.Date/Time:1st & 3rd Saturday of each month from 10-12 noon.Please call for further information.
St. Luke United Methodist Church-Mobile Pantry	3396 Stoneshore Road, Virginia Beach, VA 23452	St. Luke United Methodist Church-Mobile Pantry	St. Luke United Methodist-Mobile Pantry Church provides emergency assistance for food pantry. Date/Time: 2/21/17, 3/21/17 - 9:30am-11:00am.
St. Marks Catholic Church (Rev.11/15/23)	St. Marks Catholic Church 1505 Kempsville Rd Virginia Beach, VA 23464	Ph: 757-479-1010	St. Marks Catholic Church provides assistance with food pantry. Date/Time:Wednesdays from 10:00am-1:00pm. Please call for further information.
St. Marks Catholic Church-Greater Hampton Roads Diaper Bank (Rev.9/24/24)	St. Marks Catholic Church 1505 Kempsville Rd Virginia Beach, VA 23464	Ph:757-675-6486 Website::http://ghrdiaperbank.org	St. Marks Catholic Church is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
St. Matthew Catholic Church-SVdP (St. Vincent DePaul)- (Rev.11/15/23)	3314 Sandra Ln Virginia Beach, VA 23464	Ph:757-420-7352	St. Matthew Catholic Church-SVdP (St. Vincent DePaul) provides assistance with food pantry. Must call for appointment.
Stand Up For Kids-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	P.O. Box 56404 Virginia Beach, VA 23456	Ph:757-635-2186 Website::http://ghrdiaperbank.org	Stand Up For Kids is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Star of the Sea Catholic Church (Rev.11/15/23)	Star of the Sea Catholic Church 1314 Artic Cir Virginia Beach, VA 23451	Ph:757-428-1244	Star of the Sea catholic church provides assistance with food pantry. Date/Time:M, W & F from 9:30-11:30am. They also provide financial assistance for utilities. .Please call for further information.
Star of the Sea Catholic Church-Financial Assistance (Rev.11/15/23)	Star of the Sea Catholic Church 1314 Artic Cir Virginia Beach, VA 23451	Ph:757-428-1244	Star of the Sea catholic church provides financial assistance for utilities (electricity only)..Please call and leave message.
Storehouse Pantry @ Courthouse Community UMC (Rev.09/29/23)	2708 Princess Anne Road, Virginia Beach, VA 23456 i	Ph:757- 427-3272 Website: https://foodbankonline.org/	Storehouse Pantry @ Courthouse Community UMC provides emergency assistance for food pantry. Date/Time: Wednesdays from 10:00am-12:00pm and 5:30-6:30pm.Please call for further information.

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Thalia Lynn Baptist Church (Rev.11/15/23)	4392 Virginia Beach Boulevard, Virginia Beach, VA 23462	Ph:757- 499-0557 Website: https://foodbankonline.org/	Thalia Lynn Baptist Church provides emergency assistance for food pantry. Date/Time: Tuesday 11:00am-1:00pm. Bilingual staff may be available upon request (Spanish).Please call for further information.
Suburban Christian Church (Rev.11/15/23)	5132 Bellamy Manor Dr Virginia Beach, VA 23464	Ph:757-495-0352	Suburban Christian Church provides emergency assistance for food pantry. Date/Time:1st & 3rd Tuesday of each month from 1:30-3 pm.
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasunbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will
Thalia UMC (United Methodist Church) (Rev.11/15/23)	4321 VA Beach Blvd Virginia Beach, VA 23462	Ph:757-340-5015	Thalia UMC (United Methodist Church provides emergency assistance for food pantry. Date/Time:Thursdays from 1-3pm.Please call for further information.
The Backpack Program	The Backpack Program Virginia Beach Elementary Schools: *Newtown - 5277 Learning Circle	*Newtown - Ph:757- 648-3120 Fax: 757- 493-5461 *Pattie F. Williams	The Backpack Program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations. Bags/backpacks filled with food that children take home on weekends. Food is child friendly, nonperishable
The Gathering at Scott Memorial (United Methodist Church) (Rev.11/15/23)	409 First Colonial Road, Virginia Beach, VA 23454	Ph:757-428-3720 Website: https://foodbankonline.org/ Church email:office@gatheratscott.com Church website for	The Gathering at Scott Memorial provides emergency assistance for food pantry. Date/Time: Open every Wednesday from 5:00-6:30pm. Parking lot opens at 4:00pm.Open to the public and no ID is required. Please call for further information.
The Gathering at Scott Memorial (United Methodist Church)Financial Assistance (Rev.11/15/23)	409 First Colonial Road, Virginia Beach, VA 23454	Ph:757-428-3720 Website: https://foodbankonline.org/ Church email:office@gatheratscott.com Church website for clothing:TheGatheringatScottMemorialUMC.com/clothing-locker	The Gathering at Scott Memorial provides assistance for clothing. Date/Time:open the 3rd Saturday of every month from 9:30-11:30am. All clothing and items are free..Please call or email for appointment or for further information.
The Mount Church (Rev.11/15/23)	620 Baker Rd Virginia Beach, VA	Sign up at: https://foodbankseva.link2feed.com/	The Mount Church provides emergency assistance for food pantry. Date/Time: Tuesdays, Wednesdays and Thursdays from 10-2 pm and 2nd & 4th Saturdays of each month from 10-noon.
The River Ellis Foundation (Rev.02/28/23)	508 N Birdneck Rd Suite L Virginia Beach, VA 23451	Ph: 757-317-0254 Email: info@riverellisfoundation.org Website: https://www.riverellisfoundation.org	The River Ellis Foundation through fundraising events and donations provide a varied scope of financial assistance to those in the Hampton Roads community who have encountered an unexpected hardship and need assistance. There is no request too big or small; if they are able to help, they will. They review nomination forms on an ongoing basis and provide immediate support to those we are able to help. Their only

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Services Provided in **Virginia Beach City**

The SLEEPTIGHT Hampton Roads Program	Virginia Beach Project Link	Ph:757- 385-0810	The SLEEPTIGHT Hampton Roads program provides an opportunity for any low-income parent in Hampton Roads to receive a portable crib and an education on safe infant sleeping practices at no cost. Please ~~call for further information.~~
The Source Christian Church (Rev.09/28/23)	928 Diamond Springs Rd, Unit 131, Virginia Beach 23455	Ph:757-350-9614 Website:https://foodbankonline.org/	The Source Christian Church provides emergency assistance for food pantry. Date/Time:Fourth Saturday from 10:00am-2:00pm. Please call for further information.
The STOP Organization	The STOP Organization	Ph: 757-858-1368	The STOP Organization provides holidays assistance for families.(Contact after Oct 22nd for Thanksgiving baskets). Please call for further information.
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877 Website:	The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who ~~serve free healthy meals and snacks to children and teens in low-~~
Trinity Christian Fellowship	Trinity Christian Fellowship 5245 Challedon Dr Virginia Beach VA	Contact: Reve. Thompson Ph:757-739-0282	Trinity Christian Fellowship provides emergency assistance for food pantry. Please call for further information.
Trinity Tabernacle (at Providence Mennonite Church) (Rev.09/28/23)	5363 Old Providence Rd, Virginia Beach, VA 23464	Ph:757- 424-1784 Website: https://foodbankonline.org/	Trinity Tabernacle (at Providence Mennonite Church) provides emergency assistance for food pantry. Date/Time:Tuesday & Wednesday 1-5pm By appointment only. Please call for further information.
Union Baptist Church Food Pantry	4608 South Blvd, Virginia Beach, VA 23452	Ph: 757- 497-0287 Website: https://foodbankonline.org	Union Baptist Church Food Pantry provides emergency assistance for food pantry. Date/Time:2nd & 4th Wednesday 10a-noon (no appointment); 2nd & 4th Thursday 10a-noon (by appointment only). Please call for further information.
United In Him Church	United In Him Church	Ph:: 757-471-0180	United In Him Church provides financial assistance. Please call for further information.
Vineyard Community Church (Rev.11/15/23)	4444 Expressway Dr Virginia Beach, VA 23452	Ph:757-497-6909	Vineyard Community Church provides emergency assistance for food pantry. Date/Time: call to schedule an appointment.
Vino Nuevo Church Of God-	1541 Centerville Turnpike	Union Baptist Church Food Pantry	Vino Nuevo Church Of God is an agency partner with Greater Hampton
Virginia Beach Crisis Nursery-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	2704 Mulberry Grove Ct. Virginia Beach, VA 23452	Ph:757-596-0143 Website::http://ghrdiaperbank.org	Virginia Beach Crisis Nursery is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Virginia Beach Department of Health-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	4452 Corporation Lane Virginia Beach, VA 23462	Ph:757-518-1353 Website::http://ghrdiaperbank.org	Virginia Beach Department of Health is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.

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Services Provided in Virginia Beach City

Virginia Beach Department of Social Services	Virginia Beach Department of Social Services 3432 Virginia Beach Blvd. Virginia Beach, VA 23452	Ph:757-437-3200 Fax:757- 437-3466 Website: http://www.vbgov.com/dept/hs/	The Virginia Beach Department of Social Services' mission is to provide benefits and services to the citizens of Virginia Beach based on programs established by local, state and federal laws and policy. ~~The department's focus is to prevent dependency and encourage self.~~
Virginia Beach Pentecostal Church	Virginia Beach Pentecostal Church 501 Baltic Ave Virginia Beach VA	Ph:757-572-5333	Virginia Beach Pentecostal Church provides assistance with clothing, hygiene supplies, food, medical care and Bible study each Sunday from 3:00-6:00pm.Please call for further information.
Vision Life Ministries (Rev.09/29/23)	129 N. Witchduck Road, Virginia Beach, VA 23462	Ph:757-793-9359 Website: https://foodbankonline.org/	Vision Life Ministries provides emergency assistance for food pantry. Date/Time:Monday and Friday from 2:00-4:00pm . Please call for further information.
Volunteers Of America (VOA) (Winter Shelter & Lighthouse Drop-In Center)	Volunteers Of America (VOA) (Winter Shelter & Lighthouse Drop-In Center) 852 18th Street	Ph:757-437-4911	Volunteers Of America (VOA) (Winter Shelter & Lighthouse Drop-In Center) provides shelter to men, women and families. Please call for further information.
Water's Edge Community COG	4141 Holland Road, Virginia Beach, VA 23452	Ph:757- 467-5864 Website: https://foodbankonline.org/	Water's Edge Community COG provides emergency assistance for food pantry. Date/Time: Tuesday 130p-4p; For Virginia Beach residents only. Must bring picture ID.Please call for further information.
Wave Church	Wave Church	Contact: Elisa Kelly Ph: 757- 481-5005	Wave Church provides holidays assistance for families. Please call for further information.
WAVE City Care	629 Wesley Dr., Virginia Beach, VA 23452	Ph:757- 965-8494 Email: info@wavecitycare.org Website: http://www.wavecitycare.com	WAVE City Care provides basic care svices:Food Distribution, clothing handout and shelter referral. Date/Time: Tuesday through Friday by appointment. Please call for further information.
Wycliffe Presbyterian Church (Financial Assistance) (Rev.11/15/23)	1445 N Great Neck Rd Virginia Beach, VA 23454	Ph:757-496-2620 Email: wycliffepresbyterian@gmail.com	Wycliffe Presbyterian Church provides financial assistance for utilities only. Please call or email for assistance.
FORMULA/NUTRITION			
Virginia Beach Department of Health WIC Program	Virginia Beach Department of Health WIC Program *Corporation Lane:	Ph: 757- 518-2789 757- 491-5183, 757- 424-9970 Toll Free: 888-942-3663	The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for
Virginia Beach Department of Health WIC Program-Formula	Virginia Beach Department of Health WIC Program Formula *Corporation Lane:	Ph: 757- 518-2789 757- 491-5183, 757- 424-9970 Toll Free: 888-942-3663	The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided.
HOME CARE			

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Virginia Beach City

A & C Alternative Care (Rev.09/30/19)	317 Office Square Lane, Suite 101B Virginia Beach, VA 23462	Ph:757-333-7613	A & C Alternative Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Abundant Home Care LLC (Rev.09/30/19)	4968 Euclid Road, Suite J Virginia Beach, VA 23462	Ph: 757-497-0200	Abundant Home Care LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Accredited Health Care Services	Accredited Health Care Services 4602 Westgrove Ct Virginia Beach, VA 23455	Contact: Ineta Harris, R.N. Ph: 757- 201-3502	Accredited Health Care Services provides private duty homecare nursing services. Please call for further information.
Affinity Care of Virginia (Rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656	Chesapeake, Gloucester County , Hampton , Isle of Wight County , James City County , Mathews County , Newport News , Norfolk , Poquoson , Portsmouth, Suffolk , Surry County , Virginia Beach, Virginia Beach, VA 23455
Affinity Care Plus, Inc. (Rev.09/30/19)	3324 Virginia Beach Blvd., Suite 107 Virginia Beach, VA 23452	Ph:757-705-3556	Affinity Care Plus, Inc. provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Alum Senior Care (Rev.9/30/19)	3600 Brannon Drive Virginia Beach, VA 23456	Ph:757-404-6078	Alum Senior Care is a Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
All 4 One Home Healthcare Services, Inc. (Rev.09/30/19)	1629 Salem Road, Suite 101 Virginia Beach, VA 23456	Ph:757-962-7838	All 4 One Home Healthcare Services, Inc. provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
All in Faith Home Care (Rev.09/30/19)	5625 Jagger Court Virginia Beach, VA 23464	Ph:757-303-4985	All in Faith Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Allegiance Home Care Services Inc. (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehealthservices.net	Allegiance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Virginia Beach, VA 23455
Allegiance Home Care Services Inc.-Nursing Services (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email:sheila@tidewaterhomehealthservices.net	Allegiance Home Care Services provides Private duty in-home care and Skilled Nursing. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton, Virginia Beach, VA 23455
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Contact Email: brent brady@cchnet.net	Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved.
Angelic Touch Healthcare Services, LLC (Rev.09/30/19)	700 Baker Road Virginia Beach, VA 23462	Ph:757-578-2712	Angelic Touch Healthcare Services, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Virginia Beach City**

Ann Mason Home Care (Rev.09/30/19)	464 Investor Place, Suite 102 Virginia Beach, VA 23453	Ph:757-918-8972	Ann Mason Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
At Ease Home Care (Rev.09/30/19)	4968 Euclid Road, Suite A-2 Virginia Beach, VA 23462	Ph:757-963-0100	At Ease Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
At Home Care	At Home Care 144 Business Park Dr #208 Virginia Beach, VA 23462	Ph:757- 747-0785 Fax:757- 747-0784	At Home Care provides skilled nursing and home health aide. Please call for further information.
Atlantic Home Care Services (Rev.07/22/21)	4388 Holland Road, Suite 130 Virginia Beach, VA 23452	Ph: 757-227-9079 Fax:757- 227-9521 Contact:*Linda Townsend, RN, Director of Nursing	Atlantic Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Southside and Peninsula. Please call for further information.
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	4560 South Boulevard, Suite 310 Virginia Beach, VA 23452	Ph:757- 490-3223 Fax: 757- 490-2936 Toll Free: 866-883-1188 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth, Newport News, Norfolk, Suffolk, Surry, Virginia Beach, Williamsburg, Yorktown. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst, BlueCross, BlueShield, VA
Best and Dependable Professional Nursing and Home Health	Best and Dependable Professional Nursing and Home Health 812 Newtown Rd Virginia Beach, VA 23462	Contact: Nancy A. Dimaano Ph:757-363-7542 Fax:757-363-7549 Email:nancy@bestanddependable.com	Best and Dependable Professional Nursing and Home Health Care provides Home care and Personal Care services for adults. Please call for further information.
Best and Dependable Professional Nursing (Rev.09/30/19)	812 Newtown Road, Suite #101 Virginia Beach, VA 23462	Ph:757-363-7542	Best and Dependable Professional Nursing provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Best of Life Care (Rev.09/30/19)	522 S. Independence Blvd., Suite 203 Virginia Beach, VA 23452	Ph:757-416-5353	Best of Life Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Care Advantage Home Health (Rev.11/29/23)	800 Newtown Rd Suite 106, Virginia Beach, VA 23462	Ph: 757- 436-1711 Toll Free:1-866-576-7931 Fax:757- 436-1885 E-mail:	Care Advantage offices specialize in providing personal care, companionship and respite services. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in
Care Advantage Home Health- Nursing Services (Rev.11/29/23)	800 Newtown Rd Suite 106, Virginia Beach, VA 23462	Ph: 757- 436-1711 Toll Free:1-866-576-7931 Fax:757- 436-1885 E-mail:	Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All

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Services Provided in Virginia Beach City

Catholic Charities Adult Companion Care Program (Rev.4/26/19)	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757-875-0060 Ext. 1033	Catholic Charities' Companion Care Program provides a little extra help in your home. Our workers provide companionship, safety monitoring, medication reminders, transportation to appointments, errands and outings, meal preparation, light housekeeping, laundry, activities to
C & R Divine Hands of Care (Rev.09/30/19)	3741 Historyland Drive Virginia Beach, VA 23452	Ph:757-463-2186	C & R Divine Hands of Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
C & R Divine Hands Of Care- CCC Plus Waiver Service Facilitator	3741 Historyland Dr, , Virginia Beach Virginia, 23452-3307	Contact: Mrs. Carolyn D Jordan Ph:757-201-0229 Fax: 757-648-1207	CCC Plus Waiver Service Facilitator. Serves: Southside. Please call for further information.
Clearview Health Services, LLC (Rev.07/23/21)	4551 Professional Circle, Suite 102 Virginia Beach, VA 23455	Ph:757-453-5300 Fax:757- 453-5301	Clearview Health Services, LLC provides personal care services,respite,skilled nursing visits for pediatric and adults, pediatric and adult PDN services. Medicaid and Private Pay are accepted. They serve Southside and Peninsula. Please call for further information.
Clearview Health Services, LLC (Rev.9/30/19)	4551 Professional Circle, Suite 102 Virginia Beach, VA 23455	Ph: 866-819-4661	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Continuum Pediatric Nursing/Hampton Roads/Southeast Virginia Region (Rev.7/22/21)	Continuum Pediatric Nursing 1517 Technology Drive Suite 104 Chesapeake, VA 23320	Ph:757- 490-2272 Fax:757-490-2219 Website:www.continuum-nursing.com	Continuum mission is to deliver the highest quality of nursing care with compassion and kindness to patients in their homes while respecting the unique needs of each patient and their family. They provide a cost effective continuum of care adjusted to the special needs of each
Community Direct Services Homecare (Rev.09/30/19)	5520 Greenwich Road, Suite 101 Virginia Beach, VA 23462	Ph:75-962-6392	Community Direct Services Homecare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Compassionate Companions,LLC (Rev.09/30/19)	505 S. Independence Blvd., Suite 208A Virginia Beach, VA 23462	Ph: 757-502-4733	Compassionate Companions,LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Endependence Center (Rev.7/10/19)	Endependence Center	Contact: Maureen Hollowell Ph:757-351-1584 757-461-8007 (main) Fax:757-455-8223	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Faith N Action (Rev.7/10/19)	Faith N Action	Ph:757-816-4785 OR 757-493-3635	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Family Care Senior Solutions - VB (Rev.09/30/19)	4176 South Plaza Trail, Suite 126 Virginia Beach, VA 23452	Ph:757-673-6981	Family Care Senior Solutions - VB provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Family Care Senior Solutions - VB(Rev.9/30/19)	4176 South Plaza Trail, Suite 126 Virginia Beach, VA 23452	Ph: 757-673-6981	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-1550 OR 757-224-9770 Fax: 757-262-1554	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Freda H. Gordon Hospice and Palliative Care of Tidewater (Rev.03/05/25)	Freda H. Gordon Hospice and Palliative Care of Tidewater 5000 Corporate Woods Drive, Suite 500, Virginia Beach, VA, 23462	Ph: 757- 321-2242 Fax: 757- 321-2236	Hospice is about making the most of every moment. It is a holistic approach to the end of life, placing comfort and care as the primary source of intervention in a loved one's final journey. Patients and families receive the support and attention they need from our team of professionals which include case managers, nurses, certified nursing assistants, social workers and spiritual support. Languages Spoken English. Service Area: Chesapeake, Hampton , Isle of Wight County , Newport News , Norfolk , Portsmouth , Suffolk and Virginia Beach. Please call for further information.
Gaffney Community Care (Rev.09/30/19)	5541 Parliament Drive, Suite 101 Virginia Beach, VA 23462	Phone: 757.961.4650	Gaffney Community Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Gentle Hands Home Healthcare Services (Rev.09/30/19)	810 Kempsville Road, Suite 2 Virginia Beach, VA 23464	Ph:757-495-1451	Gentle Hands Home Healthcare Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Gentiva Hospice (Rev.03/04/25)	Gentiva Hospice 5544 Greenwich Road, #302, Virginia Beach, VA, 23464	Ph:804- 290-4300 Email: Gentiva_CC_Referrals@gentivahs.com	Gentiva Hospice services are offered to all people during the end of life's journey. Staff of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors, and Physicians specialize in <u>caring for those with a terminal diagnosis. Care is provided to patients</u>
Grace Hospice (Rev.03/13/25)	Grace Hospice 7447 Central Business Park Drive, Suite 102 Norfolk, VA, 23513	Ph: 757- 644-0180 Fax: 877- 832-1084 Email: mobrien@gghospice.com	The goal of Grace hospice care is for the patient to remain as comfortable and pain-free as possible in their own home or the home of a loved one through the end of life. Care is provided by our team of physicians, nurses, hospice aides, social workers, chaplains and
Hand-N-Heart Home Healthcare, LLC (Rev.09/30/19)	900 Commonwealth Place, Suite 100 Virginia Beach, VA 23464	Ph: 757-490-1223	Hand-N-Heart Home Healthcare, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.

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Services Provided in Virginia Beach City

Health Horizons (Rev.12/13/19)	5716 Southern Blvd., Suite 102 Virginia Beach, VA 23462	Ph:75-518-2800 Fax:757-518-2801	Health Horizons provides pediatric personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Heartland Home Health Care & Hospice (Rev.09/30/19)	5041 Corporate Woods Drive, Suite 200 Virginia Beach, VA 23462	Ph:757-490-9323	Heartland Home Health Care & Hospice provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Heartland Home Health Care & Hospice (Rev.9/30/19)	5041 Corporate Woods Drive, Suite 200 Virginia Beach, VA 23462	Ph: 757-490-9323	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Hope, Care, and Love Home Healthcare Services (Rev.09/30/19)	Hope, Care, and Love Home Healthcare Services	Ph:757-518-9900 Fax: 757-518-9911	Hope, Care, and Love Home Healthcare Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Hope in Home Care, Inc. (Rev.09/30/19)	804 Newtown Road, Suite 101 Virginia Beach, VA 23462	Ph:757-455-0030	Hope in Home Care, Inc. provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
HPR Home Healthcare (Rev.09/30/19)	468 S. Independence Blvd., Suite 102A Virginia Beach, VA 23452	Ph:757-201-6200	HPR Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Immanuel HealthCare (Rev.7/10/19)	Immanuel HealthCare	Ph:757-547-8400	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Interim Healthcare (Rev.08/03/21)	516 S. Independence Blvd., Suite 106 Virginia Beach, VA 23452	Ph:757-466-1401 Fax:757- 873-4598 Contact: Bronwyn Burkhard-Dells, RN, Director of Nursing Tamara Meines, Intake Coordinator	Interim Healthcare provides personal care services and respite. Skilled Nursing visits for ages 18 and up. Target Population: Children and Adults. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Interim Health Care	Interim Health Care 516 South Independence Blvd., Suite 106 Virginia Beach, VA 23452	Ph:757- 466-1401 Fax:757- 466-8223	Interim Health Care provides Home nursing care and Personal Care. Please call for further information.

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Services Provided in Virginia Beach City

Intrepid USA Healthcare Services (Rev.03/14/25)	Intrepid USA Healthcare Services, Virginia Beach 4510 Holland Office Park, Suite 503, Virginia Beach, VA, 23452	Ph: 757- 499-0872 Fax: 757- 490-0173	Intrepid Hospice provides services that include: Professional Staff on call 24 hours a day, seven days a week, Physician-directed plan of care, Psychological and spiritual care, Pain and symptom management, Medications, Equipment and Supplies related to the terminal illness, Personal care and support, Volunteer services and Bereavement care. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare. Service Area: Botetourt County , Chesapeake , Hampton, Isle of Wight, James City County , Norfolk, Poquoson, Portsmouth , Suffolk, Virginia Beach and .Williamsburg. Please call for further information.
JC's Care From Above, LLC (Rev.12/31/23)	607 Lynnhaven Pkwy Suite 111, Virginia Beach, VA 23452	Ph: 757-776-5513 Fax: 757-917-5318 Website: https://jcscarefromabove.com	JC's Care From Above, LLC provides Personal Care Services and Respite, Private Duty Nursing and Home Health Care. Private Insurance, Tricare and Private Pay are accepted. They are may be accepting Medicaid in a near future. Accept Children and Adults. They
JenCare (Rev.09/30/19)	404 S. Parliament Drive, Suite 102 Virginia Beach, VA 23462	Ph: 757-321-4961	JenCare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Jewish Family Services of Tidewater	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr Suite 300 Virginia Beach VA 23462	Ph: 757-489-3111	Jewish Family Services of Tidewater provides Professional nursing and personal care services. Please call for further information.
Just Like Family (Rev.09/30/19)	4125 Old Lyne Road Virginia Beach, VA 23452	Ph: 757-471-7520	Just Like Family provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Kindred at Home, Virginia Beach (Rev.03/31/25)	5544 Greenwich Road, Suite 202, Virginia Beach, VA, 23462	Ph: 757- 461-0600 Fax: 757- 461-0610	Kindred at Home Hospice services are offered to all people during the end of life's journey. The team of RNs, CNAs, Social Workers, Chaplains, Volunteers, Bereavement Counselors and Physicians specialize in caring for those with a terminal diagnosis. We care for patients with many type of diagnoses, including Alzheimer's, COPD, strokes, renal failure and cancer. Ask about the 14 service standards that reflect our commitment to quality patient care. Our interdisciplinary teams of care providers serve patients in their own homes, nursing homes, long term care or assisted living facilities or hospitals. Cost & Payment Methods: Payment Method: Private Insurance. Service Area: Chesapeake, Norfolk , Portsmouth , Suffolk and Virginia Beach.

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Services Provided in Virginia Beach City

King Care, LLC (Rev.03/22/23)	313 Office Square Ln Suite 200-c Virginia Beach, VA 23462	Ph: 757- 241-5076 Fax: 757- 279-3175 Email:info@kingcareservices.com Website:https://www.kingcareservic	King Care, LLC provides Private Duty Nursing / Skilled Nursing, Personal Care, Companion Care and Respite Care services for pediatrics and adults..Insurance:Mediciad and most private insurances and private pay is accepted. Service Areas:
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353-0461/ Fax:804-497-7401 Email:Lacasaincva@verizon.net	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Laura's Tender Touch, LLC (Rev.09/30/19)	3707 Virginia Beach Blvd., Suite 213	Ph:757-340-3900	Laura's Tender Touch, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton
Lioness Community Care of Virginia, LLC. (Rev.06/23/20)	4445, Corporation Drive Suite 264 Virginia Beach, VA 23462	Contact: MS. Tammi Hunt Ph:757-500-8567 Email :lccofva@gmail.com Website:http://lccofva.com/about.ht	Lioness Community Care of Virginia, LLC. provides pediatric and adult personal care services and respite. Insurance: Medicaid is accepted (Aetna, Anthem and Optima). (Magellan and Virginia Premier are not accepted. Please call for further information.
Legacy Hospice (Rev.03/31/25)	11848 Rock Landing Drive, Suite 202, Newport News, VA, 23606	Ph: 757- 240-5775 Fax: 575- 240-5761	Legacy Hospice provides care for people with a life limiting illness in their home so the patient can be close to family and friends. Care is provided to all age groups during the final stages of life, including children, adults and the elderly. Legacy provides all clinical staff services, all medication for symptom control and pain relief, all needed medical equipment and respite care as needed. Support from a nurse and a counselor is available to patients and families 24 hours a day. Grief counseling and support is available for all ages. Cost & Payment Methods:Private Insurance , Medicaid , Medicare. Service Area: Chesapeake, Newport News, Norfolk, Portsmouth and Virginia Beach.
Loving Kare Home Health Services LLC (Rev.08/26/20)	4612 Westgrove Court, Bldg. 3 Virginia Beach VA 23455	Contatc: Ms.Larue Ph:757-671-1387 Fax:757-671-2131	Loving Kare Home Health Services LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Loyal Care Home Health Services (Rev.09/30/19)	505 S. Independence Blvd., Suite 209 Virginia Beach, VA 23452	Phone: 757.965.9137	Loyal Care Home Health Services provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Maxim Healthcare-Virginia Beach/Norfolk (Rev.11/16/22)	Maxim Healthcare 293 Independence Blvd Suite 400 Virginia Beach, VA 23462	Ph: 757-490-3009 Toll Free:800-804-3009 Fax:877-799-3228 Email:vabeach@maxhealth.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.Areas serviced: Accomack, Chesapeake, Norfolk,

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Services Provided in Virginia Beach City

Medi Home Health and Hospice, Virginia (Rev.03/31/25)	530 Independence Parkway, Suite 200, Chesapeake, VA, 23320	Ph: 757- 420-7192 Toll Free: 800- 845-5850	Medi Home Health Agency on Tidewater helps an individual and their family share the best days possible as they live with a life limiting illness. Care is available 24 hours per day by a special team of caregivers chosen to meet the unique needs of clients and their families. A nurse provides care and instructions on dictations, assesses symptoms, and communicates with personal physicians. A
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family &	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by
Mother & Sons Home Health (Rev.03/02/20)	5716 Southern Blvd. Suite 102 Virginia Beach VA 23462	Ph:757-535-9912 Fax: 757-518-2801 Email: Chison@mothersonshc.com	Mother & Sons Home Health provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Parent Helping Parents (Rev.9/30/19)	287 Independence Blvd., Suite 234 Virginia Beach, VA 23462	Ph: 757-499-2989	Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Quality Hands & Hearts Home Care, LLC (Rev.09/30/19)	609 Lynnhaven Parkway, Suite 206 Virginia Beach, VA 23452	Ph:757-271-6022	Quality Hands & Hearts Home Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Qwest Home Health Care Agency (Rev.07/27/21)	Qwest Home Health Care Agency 144 Business Park Drive, Suite	Contact:Ms. Almond, Administrator Ph:757-499-5060 Fax: 757-229-2290	Qwest Home Health Care Agency provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Qwest Home Health Care Agency (Rev.07/27/21)	Qwest Home Health Care Agency 144 Business Park Drive	Contact:Ms. Almond, Administrator Ph: 757-499-5060 Fax: 757-229-2290	Qwest Home Health Care provides private duty nursing, personal care through EPSDT and respite services. Please call for further information.
Royal Heart Home Care, LLC (Rev.09/30/19)	3500 Virginia Beach Blvd Virginia Beach, VA 23452	Ph:757-486-2820	Royal Heart Home Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Secure Home Health (Rev.09/30/19)	404 S. Parliament Drive Virginia Beach, VA 23462-6302	Ph:757-321-4961	Secure Home Health provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Sentara Hospice House (Rev.03/31/25)	535 Independence Parkway Suite 200 Chesapeake, VA 23320	Ph 757- 306-2855	Sentara Hospice House, a 12-bed inpatient hospice facility, was created to meet the growing needs of the community for respite and end-of-life care. From nursing services and social work to volunteer and bereavement services, we offer the same full range of inpatient hospice services as currently offered in the hospital. The Sentara Hospice House provides a team of nurses, doctors, medical social workers, volunteers, aides, chaplains and bereavement counselors.
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.

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Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390	Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
HOUSING ASSISTANCE/HOUSING SERVICES			
Accessible Housing Corporation of South Hampton Roads (Rev.01/17/22)	2133 East Admiral Dr Virginia Beach, VA 23451	Ph: 757- 481-3358 Fax :757- 481-0406 Email:	Accessible Housing Corporation of South Hampton Roads (AHC) is a volunteer non profit organization that strives to expand housing options available to low-income mobility-impaired adults (primarily wheelchair
Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program	5361-A Virginia Beach Boulevard Virginia Beach, VA 23462	Ph:757- 490-4931 Fax: 757- 456-2367 Email: lgallagher@cceva.org	Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program is a non-profit HUD-approved housing counseling organization, designed to foster the development of whole
Community Housing Partners	Community Housing Partners Corporation, 911 First Colonial Road, Virginia Beach, VA 23454	Ph:757- 422-9664, ext. 22; Fax:757- 425-5826 Website:www.communityhousingpar	homebuyer education programs; mortgage delinquency/default resolution counseling; post-purchase counseling; pre-purchase counseling; Spanish; Housing Partnership Network
Connection Point	Connection Point	Ph: 757-227-5932	Connection Point is the coordinated assessment and referral center for people who are experiencing homelessness or who are at-risk of becoming homeless to access assistance in the City of Virginia Beach.
Faith Works Coalition, Inc. (FWC)	3700 Big Ben Road Virginia Beach, VA 23452	Contact:Kay Basden Ph:757-266-9994 Website:	Faith Works Coalition, Inc. (FWC)mission is to eliminate poor living conditions by providing health and safety repairs for elderly, disabled and low income homeowners in Chesapeake and Virginia Beach.
Homeless Assistance Program - Dept. of Housing and Neighborhood Preservation-City of	Homeless Assistance Program - Dept. of Housing and Neighborhood Preservation-City	Contact: Tiffany Stradford Homeless Programs Housing Coordinator	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Children's Referral Network-H.C.R.N.	Homeless Children's Referral Network-H.C.R.N.	contact Katrinia Freeman at 757-485-1445 ext. 113	H.C.R.N. provides information and referrals to families with children at risk for homelessness seeking support. We bring families, support services and community resources together to help promote the safety and wellbeing of children and youth. A referral worker will help families to identify their most important needs and connect them with the best
Homeless Prevention Program-Planning Council	Homeless Prevention Program-Planning Council	Virginia Beach – Connection Point Ph:757-227-5932	Serving the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton, this program is designed to prevent persons from becoming homeless. The emphasis is on prevention, intervening before the eviction occurs and developing a plan for future stability.
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910 Email:reachus@prm.info	House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and dinner, chapel services, bunk and showers.Eligibility:This program is a shelter for adult males who are able to get up and down stairs and possibly into a top bunk and are

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Housing Resource Center (Rev.02/19/25)	104 N. Witchduck Road Virginia Beach VA	Ph: 757- 385-5167 Virginia Relay TTY:711 Email:HomelessSystem@vbgov.co m	The Housing Resource Center will provide new opportunities and resources for homeless families and individuals to put down roots. Participants at the Housing Resource Center start on their housing and employment plans on day one. Staff will help families and individuals
Judeo Christian Outreach Center (JCOC)-Shelter	Judeo Christian Outreach Center (JCOC)-Shelter 1053 Virginia Beach Blvd, Virginia Beach, VA 23451	Ph:757-491-2846	Judeo Christian Outreach Center (JCOC)-provides a safe place to stay, a hot, wholesome meal, helping those in crisis battling drug or alcohol addiction as well as education to help our clients move forward with their lives.
Love and Caring Ministries - Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101	Love and Caring Ministries is an emergency home for abused and homeless women. This program provides:- Safe haven from abusive relationships.Languages:English.Cost:Free.
LGBTQ Life Center-Life Home Program	LGBTQ Life Center Life Home Program 248 W. 24th Street Norfolk, VA 23517	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email:	LGBT Life Center-Life Home Program offers rapid re-housing for individuals who suddenly find themselves homeless. We also provide permanent housing for LGBTQ and HIV+ individuals and work with them to achieve economic stability, social self-reliance, and better
Regional Housing Crisis Hotline (Rev,06/24/20)	Housing Crisis Hotline	Ph:757-587-4202 Toll Free:866-750-4431	The Regional Housing Crisis Hotline provides Rental & Mortgage Assistance. .Serving the cities of: Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton. Please call to be screened for program eligibility
Samaritan House-Housing Options (Rev. 3/7/18)	Samaritan House 2620 Southern Boulevard Virginia Beach, VA 23450 OR	Ph:757-631-0710 Intake Homeless Hotline : 757-587-4202 Fax: 757-631-0747	Samaritan House provides a comprehensive range of housing options. They own and operate 12 emergency shelters and provide permanent housing to families in need through our rapid rehousing approach. The following programs are available for victims: 1. Emergency
STOP Inc. -Certified Housing Counseling / Prevention Services- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wp.iescentral	STOP Inc. provides Housing Counseling services to those persons experiencing hardship in maintaining or obtaining permanent housing. Certified Counselors provide ancillary services which include; Comprehensive Housing Counseling, Counseling for First Time Home
STOP Inc. -Supportive Services for Veterans Families(SSVF)	5700 Thurston Avenue Suite #101	Ph: 757-858-1360 Fax: 757-852-9953	STOP's SSVF Vet Re-Connect Program promotes a "Housing First" model through a multitude of supportive services. SSVF is a Rapid
The Hampton Inn (Rev.02/23/23)	5793 Greenwich Road Virginia Beach, VA	Ph:757-490-9800	The Hampton Inn provides a quote of \$70.39 per night (tax included) to families of those facing medical treatment at CHKD. Complimentary

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The Housing Resource Center	The Housing Resource Center	Contact: Karen Prochilo Ph:757-385-5803 Email: KProchil@vbgov.com	The Housing Resource Center will provide efficiency apartments, family and single shelters, supportive services, a health clinic and other community resources in one facility, making it the first of its kind in the region. Please call for further information.
The Salvation Army-Men's Shelter	The Salvation Army-Men's Shelter 5560 Virginia Beach Blvd, Virginia Beach VA	Ph:757-497-2782	Provides shelter to men.
The Stop Organization - Comprehensive Housing Counseling and Assistance	The STOP Organization Comprehensive Housing Counseling and Assistance 2551 Alameda Avenue	Ph: 757-858-1364	As a certified HUD Housing Counseling Agency, STOP assists renters/homeowners with counseling on credit, budgeting and debt management; mortgage default and foreclosure; fair housing issues and landlord/tenant relations. Referrals from social services agencies.
The STOP Organization-Emergency Home Repair	The STOP Organization Weatherization Component 2551 Alameda Avenue, Norfolk VA 23513	Ph: 757- 858-1398.	The Emergency Home Repair Program assists rural low-income homeowners with the needed repairs to make their homes safe and if necessary, handicapped accessible. For more information call the Weatherization component.
Union Mission-Shelter	Union Mission-Shelter 130 Brooke Ave, Norfolk VA	Ph: 757-627-8686 & 757-623-0642	Provides shelter to men, women and children.
Union Mission Children's Home/Hope Haven-Shelter	Union Mission-Shelter 3000 North Landing Road, Virginia Beach VA 23456	Ph:757-427-1500	Offers shelter for distressed children ages 4-18.
Virginia Beach Community Development Corporation- VBCDC	Virginia Beach Community Development Corporation-VBCDC Virginia Beach Community Development Corporation 2400 Potters Road	Phone: 757- 463-9516 E-mail: ExecutiveAssistant@vbcdc.org Website: http://www.vbcdc.org/contact-information.asp	The VBCDC was created to provide affordable housing opportunities for low and moderate income families within the City of Virginia Beach. The non-profit also works in concert with the City Department of Housing and Neighborhood Preservation in revitalizing neighborhoods. VBCDC offers a wide variety of resident services to families and individuals that participate in the Transitional Housing Program. The
Virginia Beach Department of Housing	Virginia Beach Department of Housing 2424 Courthouse Drive Building 18 A Virginia Beach, VA 23456	Ph:757-385-5750	The Virginia Beach Department of Housing provides information and resources for home repairs, neighborhood preservation and affordable housing.
Virginia Beach Department of Housing	Virginia Beach Community Development Corporation, 2700 International Parkway Suite 300	Ph:757- 463-9516 Fax:757- 463-1382 Website: www.vbcdc.org	The mission of the Virginia Beach Community Development Corporation is to assist the City of Virginia Beach by partnering with the public and private sectors to provide quality affordable housing opportunities to low and moderate income citizens homebuyer

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Virginia Beach Redevelopment and Housing Authority (Rev.06/18/24)	Virginia Beach Dept. of Hsg & Neighborhood Pres 2424 Courthouse Dr. Virginia Beach, VA 23456	Ph:757-385-5750 Fax:757-385-5766 Toll Free:1-800-955-2232 &800-225-5342)	The Housing Choice Voucher Program (Section 8) is a Federally-funded program administered by the Department of Housing & Neighborhood Preservation (DHNP) Rental Housing division. The program provides housing assistance to eligible, very low- and
Public Housing - U.S. Department of Housing and Urban Development (Rev.06/18/24)	Virginia Beach Dept. of Hsg & Neighborhood Pres 2424 Courthouse Dr. Virginia Beach, VA 23456	Ph:757-385-5750 Fax:757-385-5766 Toll Free:1-800-955-2232 &800-225-5342)	Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high rise apartments for elderly families. There
Housing Choice Voucher Program- U.S. Department of Housing and Urban Development (Rev.06/18/24)	Virginia Beach Dept. of Hsg & Neighborhood Pres 2424 Courthouse Dr. Virginia Beach, VA 23456	Ph:757-385-5750 Fax:757-385-5766 Toll Free:1-800-955-2232 &800-225-5342) TTY: (800) 877-8339	The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families. Programs: EMERGENCY HOUSING VOUCHERS (homeless, at-risk of homelessness, fleeing, or attempting to flee domestic violence, dating violence, sexual assault
Office of Native American Volunteers of America	Virginia Beach Dept. of Hsg & Neighborhood Pres Volunteers of America 925 18th Street	Ph:757-385-5750 Fax:757-385-5766 Ph: 757-437-4911	The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development. Volunteers of America and Winter Shelter provides emergency shelter through local churches for homeless adults during the months of
INFORMATION AND			
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane Hampton, VA 23667	Hampton Roads 668-7132 Ph:757-668-7132 Fax: 757-668-7132	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630	Ph:804- 525-7728 Toll Free:866- 393-0957 Email: info@virginianavigator.org (email)	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/ Email:info@resources757.org	Resources 757 is a directory of resources for residents of Hampton Roads
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website:: http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives: Job training, English as a second language classes, GED preparation, financial and transportation assistance; Support for seniors and those with disabilities; Adult day care, meals at home, respite care, home
Victim Connect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846)	VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is
INSTITUTIONAL CARE/SUPPORTS			
All-4-one Home Healthcare (Rev.01/21/21)	1629 Salem Rd, Suite 101 Virginia Beach, VA	Ph:757-962-7838 Fax:757-962-7750	All-4-one Home Healthcare Services, Inc. is a hospice for terminally ill patients and support for their families. Hospice focuses on controlling
Freda H. Gordon Hospice and Palliative Care (Rev.01/21/21)	5000 Corporate Woods Dr., Suite 500	Ph: 757.321.2242 Fax: 757.321.2222	Freda H. Gordon Hospice It is a holistic approach to the end of life, placing comfort and care as the primary focus of intervention in
Gentle Hands Home Healthcare Services (Rev.01/21/21)	810 Kempsville Rd Ste 2 Virginia Beach, Virginia	Ph:757-495-1451 Fax:757-495-1453	Gentle Hands Home Healthcare Services is a hospice for terminally ill patients and support for their families. Hospice focuses on controlling
Grace Hospice Of Virginia, LLC (Rev.01/21/21)	236 Clearfield Ave Ste 209 Virginia Beach, VA	Fax:757-644-0180 Fax:877-832-1084.	Grace Hospice Of Virginia, LLC is a hospice for terminally ill patients and support for their families. Hospice focuses on controlling pain and
Heart,LLC (Rev.01/21/21)	349 Southport Cir, Suite 106 Virginia Beach, VA	Ph:757-251-0888 Fax:800-547-3104	Heart,LLC is a hospice for terminally ill patients and support for their families. Hospice focuses on controlling pain and symptoms and

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Services Provided in Virginia Beach City

Intrepid USA Healthcare-Hospice At Home (Rev.01/21/21)	4510 Holland Office Park Suite 503 Virginia Beach, VA	Ph:757-499-0872 Toll-Free: 855- 214-5313 Fax:757-490-0173	Intrepid USA Healthcare provides Hospice at Home services that may include: Physician directed plan of care, Psychological and spiritual care Pain and symptom management, Personal care and Support,
LEGAL RESOURCES			
Adult Protective Services (APS) (Rev.08/24/23)	3432 Virginia Beach Blvd., Virginia Beach, VA 23452	Virginia Beach Department of Human Services Ph:757- 385-3200 Fax:757- 385-3466	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety
Advocating 4 Kids/Cheryl A. Poe (Rev.09/17/20)	Advocating 4 Kids/Cheryl A. Poe 3788 Stoneshore Rd. Virginia Beach, VA	Ph:757-306-1942 Website:www.adv4kidsinc.org	Advocating 4 Kids Inc. is a non-profit organization that provides training, resources and direct advocacy support to parents of children with disabilities. Their organization has a special focus on outreach to Minority and/or lower social economic status families whose cultural
Associates at Lynnhaven (Rev.09/17/20)	101 North Lynnhaven Road Ste 103 Virginia Beach, VA 23452	Contact: Amy Courtney Ph:757-486-6955 Fax: 757-486-3258	Associates at Lynnhaven has an educational consultant tat is an independent consultant who helps parents/students and organizations with educational planning and advocacy. Please call for further information.
Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707 Fax: 757-495-3206 Website: www.cceva.org	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities' Guardianship case workers take on the
Catholic Charities of Eastern Virginia- CARES services- Transportation Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366 Fax: 757-495-3206 Website: www.cceva.org	Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit or weekly phone call. Please call for further information.
Catholic Charities of Eastern Virginia-rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206 Website: www.cceva.org	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial accounts and the payment of their monthly bills. This is a role
Child Protective Services (CPS) (Rev,08/24/23)	3432 Virginia Beach Blvd., Virginia Beach, VA 23452	Virginia Beach Department of Human Services Ph:757- 385-3200 Fax:757- 385-3466 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children.Local departments of social services are responsible for
Coastal Virginia Counseling and Mediation-Mediation Services	101 North Lynnhaven Road Suite 308 Virginia Beach, VA 23452	Ph: 757- 222-4944 Fax: 757- 544-9880 Crisis: 757- 502-0170	Coastal Virginia Counseling and Mediation-Mediation Services provides services of any kind of disputes related to family, employment, contracts, personal rights, relationships, legal disputes

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Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F,	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfa.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization
Cox & Cox-Edward and Carolyn Cox (Rev.05/23/23)	101 N Lynnhaven Rd, Virginia Beach, VA 23452	Ph:757 346-3118 Fax: 757.463.6022 Website:https://www.coxandcox.com	Cox & Cox-Edward and Carolyn Cox focus their attention on helping people answer questions, sort through legal and practical options and find solutions to problems both large and small. They provide the
Division of Child Support Enforcement -Eastern Virginia District Office (Rev.12/09/19)	Division of Child Support Enforcement --Chesapeake District Office 420 North Center Drive Building 11, Suite 200 Norfolk, Virginia 23502	Customer Service Ph:800-468-8894 Fax: 804- 819-7025 Email: AskDCSE Website:https://www.dss.virginia.gov /family/dcseoffices.cgi	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Area Served: Chesapeake, Norfolk and Virginia Beach.
Family Enrichment Center- Supervised Visitation and Exchanges (Rev.10/15/24)	5505 Indian River Rd STE 100, Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides multiple levels of supervised visitation offered by professionals trained by the Supervised Visitation Network. Supervised exchanges are also offered. Please call for further information.
Frank J Driscoll Jr., PLLC (Rev.03/23/23)	Russo Building, 4669 South Blvd STE 107 Virginia Beach, VA 23452	Ph:757- 321-0054 Fax:757-321-4020	Frank J Driscoll Jr., PLLC provides the following services: Guardianship,Personal Injury,Trusts,Litigation,Commercial Law,Homeowners Association Law and Collections.Please call for further information.
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalans wers.org/	Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Honey Low-Education Advocate (Rev.09/18/20)	Honey Low-Education Advocate	Active duty military members 757-434-0156 Nonmilitary (sliding scale) Contact: Debbie Mayer with Jewish Family Services Ph:757-459-4640	Honey Low goal is to assist parents in achieving an appropriate education for their child. Please call for further information.
Hook Law Center (Rev.08/18/20)	Convergence Center 305 Reading Road	Ph: 757-260-5881 Fax: 757 267 4267	Hook Law Center serves clients across Virginia and North Carolina with quality, comprehensive legal and financial planning solutions for every

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Inman & Strickler -Jeanne S.Lauer,Esquire (Rev.05/23/23)	575 Lynnhaven Parkway Suite 200 Virginia Beach,VA 23452	Ph: 757-486-7055 Fax: 757.431.0410 Email:jlauer@inmanstrickler.com Website:https://www.inmanandstrickler.com	Jeanne S. Lauer is a partner at Inman & Strickler focusing her practice in the areas of Civil Litigation, Community Association Law and Commercial Litigation. Ms.Lauer may provide services to individual with disabilities related to legal guardianship and conservatorship. Please call for further information.
Jean Veness,Educational Advocate (Rev.09/21/20)	P.O. Box 61813 Virginia Beach, VA 23466	Ph:757- 235-2936	Representation of children with disabilities and their parents; advise parents who want to participate effectively in the IEP process; representation at due process hearings and beyond. Please call for further information.
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr Suite 300 Virginia Beach VA 23462	Ph: 757-938-9130 Website:http://jfshamptonroads.org/	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive on-going case management and on-going monitoring of their needs and services. Please call for further information.
John W. Lee, PC (Rev.09/30/23)	Pembroke Office Park- Pembroke 4 Building 291 Independence Blvd – Suite 530 Virginia Beach, VA 23462 See	Ph: 757.961.8553 Fax: 757.961.3488 (Free consultation) Website:https://hamptonroadslawfirm.com	John W. Lee, PC provides legal services in the following areas:Chapter 7 and Chapter 13 Bankruptcy,Uncontested Divorce,Child Support Law,Child Custody Law,Contested Divorce,Military Divorce Law,Separation Agreements,Prenuptial Agreements,Alimony Law,Wills, Trusts & Estate Law,Misdemeanor
Leban & Associates, P.C. Attorneys	154 Newtown Rd Suite B6, Virginia Beach, VA 23462	Ph:757- 745-1334	Leban & Associates, P.C. Attorneys at Law -Immigration Law - All
Legal Aid Society-Legal Services of Eastern Virginia- (Rev.11/23/20)	Legal Services of Eastern Virginia 291 Independence Boulevard, Pembroke Four, Suite 532 Virginia Beach VA 23462	Ph: 757-552-0026 Toll Free:1-888-868-1072 (866- LEGAL-AID). Fax:757-552-0411 Email:lfa@laseva.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office.
Regent University Law Clinic (Rev.08/10/23)	Norfolk	Ph:757-352-4639	Regent University School of Law opened a satellite campus law clinic in downtown Norfolk, Virginia to provide pro bono legal aid to the Hampton Roads community.The mission of the Regent Law clinic is to
Regent University School of Law's Center for Global Justice Human	Norfolk	Ph:757-352-4660 Email:CGJclinic@regent.edu	serve low income households in the Hampton Roads community with Regent University School of Law's Center for Global Justice has launched a clinic to help human trafficking survivors get a fresh start

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SDW Consulting-Educational Advocate (Rev.09/22/20)	1806 Pope Street Virginia Beach, VA 23464	Contact: Sid Wesseldine Ph:757-523-1948 Website:www.sdwconsults.com	SDW Consulting provides a variety of services in special education including: Initial screening, eligibility and IEP, IEP reviews and meetings, IEP modifications, Change in placement, FBA's and BIP's, Manifestation Determination meetings, Mastery and modification of goals, Behavior reviews and Compliance issues. Please call for further information.
Spectrum Psychological and Neurotherapy, PC-Forensic Evaluations (Civil and Criminal) (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462	Ph:757-640-1882 Website:http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy, PC performs Forensic Evaluations including sanity, competency, fitness for duty, parenting capacity, custody evaluations, civil (Custody Visitation, Competency, Guardianship, Mental disability (inability to work due to a neurological disorder) and criminal matters (competency, mental
Spectrum Psychological and Neurotherapy, PC-Forensic Evaluations (Civil and Criminal) (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462	Ph:757-640-1882 Website:http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy provide assessments that can be used to determine whether guardianship is needed. Some
The Learning Resource Center-Educational Advocate (Rev.09/22/20)	935 First Colonial Road Virginia Beach, VA 23454	Ph:757-428-3367 www.learningresourcecenter.org	The LRC provides assessment and advocacy services. Please call for further information.
The Project for the Empowerment of Survivors (PES) Legal Services	The Project for the Empowerment of Survivors	Contact: Carmen Williams Ph: 804-277-0225/ Ext 2110/ Email: cwilliams@pesva.org	The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline
The Virginia Beach Community Trust	Pembroke 3, Suite, 144 Virginia Beach, VA 23462	Contact: Joanna McNulty, MR Trust Coordinator	The Virginia Beach Community Trust provide families with consultation specifically targeted to the needs of their son, daughter, sister, brother
TrustBuilders Law Group (Rev.05/22/22)	283 Constitution Drive, One Columbus Center, Ste. 600 Virginia Beach, VA 23462	Ph:757- 500-5135 Website:https://www.trustbuilders.com	At TrustBuilders Law Group, help people with their estate planning and older law concerns. They are proud to provide experienced guidance
Victim Advocacy	Victim Advocacy Virginia Beach Samaritan House	Ph:757-631-0710 Intake Fax: 757-631-0747	The Victim Advocacy Program connects families with the community resources they need to get the help they deserve. Most people aren't
Virginia Lawyer Referral Service (Rev.08/11/22)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vlrs.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$25 non-refundable consultation fee, will
YWCA of South Hampton Roads	YWCA of South Hampton Roads	Ph: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and
LGBTQ			
LGBTQ Life Center	LGBTQ Life Center 249 W. 24th Street Virginia Beach, VA 23462	Ph:757- 640-0929 Fax:757- 632-8022	LGBT Life Center is a trusted leader that empowers the LGBTQ communities and all people affected by HIV through improving health
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev.08/11/22)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence.
PFLAG-Norfolk South Hampton Roads	PFLAG-Norfolk South Hampton Roads 247 W 25th St Norfolk, VA 23517	Ph:757- 588-6552 OR 757 640-0929 Email:pflagnorfolk@gmail.com Website:https://www.pflag.org	PFLAG mission is uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies; they are to advancing equality through support, education, and advocacy. Monthly meetings, 2nd Tuesday Parent Support and 2nd Tuesday
Planned Parenthood -LGBT Services (Rev.3/28/18)	515 Newtown Road Virginia Beach, VA 23462	Ph:800-230-7526 Ph:757-499-7526 Fax: 757-309-4853	Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. They provide services for LGBT community (Gender and Sexuality Health Services). They provide support, education, and advocacy.
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/	Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people.
Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev.08/18/22)	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com Website:https://tapvirginia.org	TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to provide education surrounding the issues trans people face on a daily basis.

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MEDICAL CARE			
Aesthetic Center-EVMS (Rev.5/8/19)	Princess Anne, Virginia Beach 2075 Glenn Mitchell Drive, Suite 310 Virginia Beach, VA 23456 OR 1950 Glenn Mitchell Drive Suite 208	Ph:757-689-8258 OR 1-888-PLA-EVMS Email:evmsplasticsurgery@evms.edu	The EVMS Aesthetic Center is the only cosmetic program in Hampton Roads that includes physician expertise from three specialties, Plastic Surgery, Facial Plastic Surgery and Dermatology . Call to schedule a consultation or service Offices located on the EVMS Campus in Norfolk and Sentara Princess Anne Campus in Virginia Beach. * cosmetic consultation fee is \$75.Please call for further information.
Allergy -EVMS (Rev.5/8/19)	2075 Glenn Mitchell Drive, Suite 310 Virginia Beach, VA 23456	Ph:757-689-8500	EVMS Allergy Center offers a comprehensive approach to the diagnosis and control of allergies. Services include: Pediatric and adult nasal allergies, Sublingual immunotherapy (allergy drops, tablets),Subcutaneous immunotherapy (allergy shots) Allergy testing, Drug allergy testing, Aspirin desensitization Treatment of hives and asthma resulting from high immunoglobulin E
Arthritis Consultants	Arthritis Consultants 922 First Colonial Rd Suite 100	Ph: 757-491-7359 Fax: 757-491-8250	Accept Medicaid, Medicaid HMO's and United Healthcare. Providers: Michael Cannon, Arthur Dunnington, Janice Sherwood
Bayside – Dr. Amabile-Internal Medicine	816 Independence Blvd Suite 111	Ph: 757- 464-2013 Fax: 757- 464-2046	Bayside – Dr. Amabile is a medical group practice that specializes in internal medicine. Providers: Catherine Dalton, MD and
Bon Secours Medical Associates	828 Healthy Way, Suite 220	Ph: 757-305-1797	Bon Secours Medical Associates at Virginia Beach offers
Breast Center – Surgery Oncology-	Princess Anne	Ph:757-446-8960	EVMS Medical Group emphasize a compassionate multidisciplinary
Chesapeake Care Free Clinic	Chesapeake Free Clinic	Ph:757-545-5700	Services: Medication assistance and pharmacy services. Eligibility
Dermatology-EVMS (Rev.5/8/19)	Princess Anne 1950 Glenn Mitchell Drive, Suite 208	Ph:757-689-8139	EVMS Dermatology board-certified dermatologists are dedicated to diagnosing and treating the full spectrum of skin disorders—from common problems like acne and eczema, to life-threatening forms of
Ear, Nose & Throat-CHKD (Rev.5/8/19)	2021 Concert Drive Virginia Beach, VA 23456	Ph:757-668-2945	ENT-EVMS offers the most advanced treatments for disorders of the ear, head and neck for patients of all ages. Please call for further information.
Ear, Nose & Throat-EVMS (Rev.5/8/19)	Princess Anne 2075 Glenn Mitchell Drive Suite 310 Virginia Beach, VA 23456	Ph:757-689-8500	ENT-EVMS offers the most advanced treatments for disorders of the ear, head and neck for patients of all ages. Please call for further information.
EVMS Advanced Gynecologic Surgery Center-Sentara (Rev.5/8/19)	2075 Glenn Mitchell Dr #500 Virginia Beach, VA 23456	Ph:757446-7979	The Sentara-EVMS Advanced Gynecologic Surgery Center is a collaborative initiative between Sentara Healthcare and EVMS Obstetrics and Gynecology. The goal of this Center is to provide innovative, patient-focused quality care for those who require treatment and surgery for complex gynecologic conditions. The Center combines the expertise from the following gynecologic surgical sub-specialist:

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EVMS Hearing and Balance Center-CHKD (Rev.5/8/19)	CHKD Health and Surgery Center 2021 Concert Drive Virginia Beach, VA 23456	Ph:757-668-2945	EVMS-CHKD Hearing and Balance Center provides diagnostic and rehabilitative services for patients with hearing loss, tinnitus, and balance abnormalities. Rehabilitative methods include: digital hearing aids, implantable hearing aids, cochlear implants, Baha devices, tinnitus sound generators and aural rehabilitation seminars. Their team of specially trained audiologists provide custom care plans to patients
EVMS Hearing and Balance Center-Princess Anne (Rev.5/8/19)	Princess Anne 2075 Glenn Mitchell Drive Suite 310 Virginia Beach, VA 23456	Ph:757-689-8500	EVMS-Princess Anne Hearing and Balance Center provides diagnostic and rehabilitative services for patients with hearing loss, tinnitus, and balance abnormalities. Rehabilitative methods include: digital hearing aids, implantable hearing aids, cochlear implants, Baha
Facial Cosmetic and Reconstructive Surgery-EVMS (Rev.5/8/19)	Princess Anne 2075 Glenn Mitchell Drive, Suite 310 Virginia Beach, VA 23456	Ph:757-689-8500	EVMS Facial Cosmetic and Reconstructive Surgery performs cosmetic facial procedures including; rhinoplasty, face lift, blepharoplasty (eyelid surgery), eyebrow/forehead lift, lip rejuvenation, skin resurfacing, facial implants and injectable (BOTOX, fillers). They
First Colonial Medical Associates (Rev.03/31/25)	1168 First Colonial Rd Suite 200 Virginia Beach, VA 23454	Ph: 757- 352-2030 Fax: 757- 352-2031	First Colonial Medical Associates is a medical group practice that specializes in Family Medicine and Internal Medicine. Providers: Jean Casillan, MD,Paul Derber, MD,Jessie Creakbaum, PA-C and Aurora Pop, MD. Hours:Monday-Friday:8:00am - 5:00pm and Saturday and Sunday-Closed. Medicaid,Medicare,TRicare and major private
Head & Neck Cancer Center-EVMS (Rev.5/8/19)	2075 Glenn Mitchell Drive, Suite 310 Virginia Beach, VA 23456	Ph:757-689-8500	EVMS Head and Neck Cancer Center brings to patients an experienced, integrated team for the management of patients with varied head and neck diseases as: Cancers of the oral cavity, pharynx and larynx, Skin cancers, Thyroid and parathyroid surgery, Salivary
Housing Resource Center-Medical Care (Rev.02/19/25)	104 N. Witchduck Road Virginia Beach VA	Ph: 757- 385-2437 Virginia Relay TTY:711 Email:HomelessSystem@vbgov.com Website: https://housing.virginiabeach.gov/ending-homelessness/housing-resource-center	The Housing Resource Center will provide free primary health care services for adults and children, including acute/urgent care; chronic care; school, sports physicals and general physicals; health screenings, women/men's health screenings and pediatric care for households experiencing homelessness only. Provider: ODU Community Care.How to access services: Walk-ins and by appointment on Monday, Tuesday and Wednesday, 9 a.m. – 4 p.m.
Maternal-Fetal Medicine Program-EMS (Rev.5/8/19)	2075 Glenn Mitchell Dr Suite 500 Virginia Beach, Virginia 23456	Ph:757-689-5104	The Maternal-Fetal Medicine Program (MFM) at Eastern Virginia Medical School (EVMS) is a division within the Department of Obstetrics and Gynecology; their physicians and staff are members of EVMS Medical Group, a not-for-profit practice supporting the mission of EVMS. The program serves all of Hampton Roads and its outlying communities. Each program's goal is to minimize the risk of specific medical conditions that could affect the mother or baby during
Newcomer Health (Refugee Services) (Rev.05/31/22)	4452 Corporation Ln Virginia Beach, VA 23462	Newcomer Health Public Health Nurse at Ph:757- 518-2670 Fax:757-518-2644	The goal of the Virginia Beach Department of Public Health is to ensure refugees receive an initial health screening within 45 days of arrival in Virginia Beach. A refugee is a person who has fled his/her country due to fear of persecution. All refugees are provided health screening, tuberculosis screening, dental screening and
NowCare Medical Associates (Rev.03/31/25)	6632 Indian River Rd Virginia Beach, VA 23464	Ph: 757- 424-4442 Fax: 757- 523-4765	NowCare Medical Associates is a medical group practice that specializes in Family Medicine. Providers: Nathan Riles, MD. Hours:Monday-Friday:8:00am -5:00pm and Saturday and Sunday-

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Pembroke Medical Associates (Rev.03/31/25)	4445 Corporation Ln # 120, Virginia Beach, VA 23462	Ph: 757- 464-6944 Fax: 757- 464-6952	Pembroke Medical Associates is a medical group practice that specializes in Family Medicine and Internal Medicine. Providers: Haley
PiN People in Need) Ministry-for the Homeless (Rev.03/06/24)	1164 Miller's Lane, Suite A Virginia Beach, VA 23451	Ph:757-962-3567 Fax: 757.961.4824 Email: info@pinministry.org Website:https://pinministry.org/	PiN has volunteer medical professionals who offer basic first aid, Preventative Medicine (educating the homeless on hypertension, women's health, proper diet, and providing cancer and diabetes screenings), Behavioral Services and Labs and Screenings (On Wednesdays, PiN offers various lab services, to include: H.I.V.
Planned Parenthood (Rev.3/28/18)	515 Newtown Road Virginia Beach, VA 23462	Ph:757-499-7526 Fax: 757-309-4853	Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. Services Offered: birth control, pregnancy testing and services, emergency contraception, general health care, STD testing, treatment and vaccines, HIV testing, women's health care, men's health care, Insurance: they accept many private and public insurance plans, self pay is also available for uninsured patients. Languages: English; Spanish; Interpretation by telephone available for other languages. <u>Please call for further information.</u>
Plastic Surgery-EVMS (Rev.5/8/19)	Princess Anne 1950 Glenn Mitchell Drive, Suite 208 Virginia Beach, VA 23456	Ph:757-446-8960	Plastic Surgery-EVMS providers are trained and experienced in all aspects of plastic surgery, including breast, body, and face. Technologic advances have increased the number of options for consideration. Please call for further information.
Prenatal Care Services - Virginia Beach Department of Public Health	A program of Virginia Beach Department of Public Health Pembroke Corporate Center III 4452 Corporation Lane Virginia Beach, VA 23462	Intake:757-518-2700 Fax:757-518-2640 Website: www.vdh.state.va.us/LHD/vabeach	The Virginia Beach Department of Public Health Maternity services are provided to ensure access and early entry into care for pregnant women. Pregnancy Referral Services provide Medicaid eligibility and prenatal care resources for pregnant women. A risk assessment is provided and Medicaid eligible women are referred to participating private providers for prenatal care. Determination of WIC (Women, Infants and Children Supplemental Nutrition Program) eligibility is also provided. View WIC Program info. Maternity Clinic provides <u>comprehensive prenatal care to women not eligible for Medicaid or</u>
Princess Anne Family Medicine (Rev.03/31/25)	2088 S Independence Blvd UNIT 101, Virginia Beach, VA 23453	Ph: 757- 390-4540 Fax: 757- 390-2646	Princess Anne Family Medicine is a medical group practice that specializes in Family Medicine and Primary Care. Providers: Jitendra Patel, MD . Hours: Monday-Friday: 8:00am -5:00pm and Saturday and Sunday-Closed. Medicaid, Medicare, TRicare and major private insurances are accepted. Please call for further information.

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Princess Anne Medical Associates (Rev.03/31/25)	1925 Glenn Mitchell Dr Suite 100 Virginia Beach, VA 23456	Ph: 757- 689-8430 Fax: 757- 689-8435	Princess Anne Medical Associates is a medical group practice that specializes in Family Medicine and Internal Medicine. Providers: Malena Taylor, DO, Rebecca Hartneck, FNP-BC, Joel Anyiwo, MD and Heather Moseley, MD. Hours: Monday: 8:00am - 6:00pm, Tuesday: 8:00am - 5:00pm, Wednesday: 7:00am - 6:00pm, Thursday: 8:00am - 5:00pm, Friday: 7:00am - 5:00pm and Saturday and Sunday-Closed. Medicaid, Medicare, TRicare and major private insurances are accepted. Please call for further information.
Radiation Oncology-EVMS (Rev.5/8/19)	Princess Anne Radiation Oncology 1950 Glenn Mitchell Drive, Suite 100 Virginia Beach, Virginia 23456	Ph: 757.507.0425 Fax: 757.507.0431	Radiation Oncology-EVMS use the most advanced techniques of delivering therapeutic irradiation for the treatment of malignant disease and some benign conditions. They have their own physics and radiobiology support for patient care and tumor biology research. Please call for further information.
Radiation Oncology-EVMS-Sentara (Rev.5/8/19)	Sentara Virginia Beach General 1060 First Colonial Road Virginia Beach, Virginia 23454	Ph: 757-395-8610 Fax: 757-395-6368	Radiation Oncology-EVMS -Sentara use the most advanced techniques of delivering therapeutic irradiation for the treatment of malignant disease and some benign conditions. They have their own physics and radiobiology support for patient care and tumor biology research. Please call for further information.
Sentara Family Medicine Physicians - First Colonial Road (Rev.02/29/24)	1024 First Colonial Road Suite 102 Virginia Beach, VA 23454	Ph: 757-395-2500 Fax: 757-275-9700 Website: https://www.sentara.com/hospitals/locations/sentara-family-medicine-physicians/locations/sentara-family-medicine-physicians-1024-first-colonial	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Jason B. Alper, D.O., Shirley S. Chai, M.D., Anthony B. Hardt, M.D., Ted M. Kubicki, M.D., Donald W. Lock II, D.O., Rachel E. Lock, D.O., Sylvia Riedler, M.D., Kathryn Bogner, NP, Connie S. Bradley, NP-C, Alyson T. Cooper, PA-C, Darcy English, PA-C and Anne L. Stubbs, NP-C. Insurance: most insurances are accepted. Hours: Monday - Friday : 8:00 a.m. - 5:00 p.m. Please call or visit the website for further information.

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Sentara Family Medicine Physicians - Glenn Mitchell Drive (Rev.02/29/24)	1950 Glenn Mitchell Drive Suite 300 Virginia Beach, VA 23456	Ph: 757-507-0305 Fax: 757-507-0306 Website: https://www.sentara.com/hospitals/locations/sentara-family-medicine-physicians/locations/sentara-family-medicine-physicians-princess-anne	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Sydney Davis, M.D., Michael K. Pheng, M.D., Ashley L. Childers, PA-C, Kaitlin Peatross, NP-C and Alyse Y. Piper, PA. Insurance: most insurances are accepted. Hours: Monday - Friday : 8:00 a.m. - 5:00 p.m. Please call or visit the website for further information.
Sentara Family Medicine Physicians - Holland Road (Rev.02/29/24)	3745 Holland Road Suite 200 Virginia Beach, VA 23452	Ph: 757-395-1700 Fax: 757-507-9004 Website: https://www.sentara.com/hospitals/locations/sentara-family-medicine-physicians/locations/sentara-family-medicine-physicians-holland-road-virginia-beach	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Daniel J. Merkil, M.D., Niti K. Patel, M.D., Stephen E. Vandenhoff, M.D., Katie Bacon, PA-C and Ashley D. Haller, NP-C. Insurance: most insurances are accepted. Hours: Monday - Friday : 8:00 a.m. - 5:00 p.m. Please call or visit the website for further information.
Sentara Family Medicine Physicians -Independence Blvd (Rev.02/29/24)	816 Independence Blvd. Suite 100 Virginia Beach, VA 23455	Ph: 757-363-6800 Fax: 757-507-9025 Website: https://www.sentara.com/hospitals/locations/sentara-family-medicine-physicians/locations/sentara-family-medicine-physicians-independence-virginia-beach	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Charlene M. Britt, M.D., Nicole J. Davies, M.D., Eric C. Lipton, M.D., Simin Vakily, M.D., Paul D. Wenzel, M.D., Cassandra Dalmida, PA-C., Ashley R. Love, NP-C and Courtney B. Robertson, PA-C. Insurance: most insurances are accepted. Hours: Care by Appointment: Monday - Friday: 7:30 a.m. – 4:30 p.m. and Walk-in Care: Monday - Friday: 7:00 a.m. – 7:00 p.m.. Please call or visit the website for further information.
Sentara Family Medicine Physicians -Pleasure House (Rev.02/29/24)	2017 Pleasure House Road Virginia Beach, VA 23455	Ph: 757-318-6900 Fax: 757-275-9772 Website: https://www.sentara.com/hospitals/locations/sentara-family-medicine-physicians/locations/sentara-family-medicine-physicians-pleasure-house-virginia-beach	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Robin N. Anderson, M.D., Joshua Brinkman, D.O., Erin Healy, M.D., Charin Borrero, PA., Trisha C. Kaprielian, NP-C. and Leah A. Stewart, NP-C. Insurance: most insurances are accepted. Hours: Monday - Friday: 8:00 a.m. – 4:30 p.m. Please call or visit the website for further information.
Sentara Family Medicine Physicians -Providence Road	5320 Providence Road Suite 301 & 101	Ph: 757-413-7600 Fax: 757-507-9051	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including
Sentara Family Medicine Physicians -Tuscany Drive (Rev.02/29/24)	1380 Tuscany Drive Virginia Beach, VA 23456	Ph: 757-252-9800 Fax: 757-275-9796 Website: https://www.sentara.com/hospitals/locations/sentara-family-medicine-physicians/locations/sentara-family-medicine-physicians-tuscany-drive-virginia-beach	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Olga A. Elliott, M.D., Johan S. Urena Hernandez, M.D., Colette W. Lo, M.D., Tara L. Bedard, PA-C., Kasey L. Lupino, NP-C, Wendy R. Old, NP-C and Stephanie N. Zeiber, PA-C. Insurance: most insurances are accepted. Hours:

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Sentara Family Medicine Physicians - Virginia Beach Boulevard	2859 Virginia Beach Boulevard Suite 100 Virginia Beach, VA 23452	Ph: 757-395-1300 Fax: 757-510-9168 Website: https://www.sentara.com/locations/sentara-family-medicine-physicians-locations/sentara-family-medicine-physicians-virginia-beach-boulevard	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Reina L. Blackwood,
Sentara Family Medicine Physicians - Wesleyan Drive (Rev.02/29/24)	5460 Wesleyan Drive Virginia Beach, VA 23455	Ph: 757-395-1900 Fax: 757-995-7373 Website: https://www.sentara.com/locations/sentara-family-medicine-physicians-locations/sentara-family-medicine-physicians-wesleyan-drive	Sentara Family Medicine Physicians is well equipped to care for a wide variety of medical needs for all members of your family, including adults, children and adolescents. Providers: Renato G. Gata, Jr., M.D. and Rosa M. Javier, MD,. Insurance: most insurances are accepted. Hours: Monday - Friday : 7:00 a.m. - 3:30 p.m. Please call or visit the website for further information.
SEVHS (South Eastern Virginia Health System)(formerly PICH)- Virginia Beach Family Medical	SEVHS-Virginia Beach Family Medical Center 940 General Booth Boulevard	Ph: 757- 425-3610 Fax: 757- 425-1582 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency,
Surgery-EVMS (Rev.5/8/19)	Princess Anne 1950 Glenn Mitchell Drive, Suite 208	Ph:757-446-8960	EVMS Surgical Group are the only Level 1 Trauma surgeons in Hampton Roads, their specialties include general and complex surgical care in these areas: Acute Care Surgery, Burn Center
Surgical Oncology-EVMS (Rev.5/8/19)	Princess Anne 1950 Glenn Mitchell Drive, Suite 208 Virginia Beach, VA 23456	Ph:757-446-8960	EVMS Medical Group cancer surgeons are heavily involved in research, including critical clinical trials that advance the level of care. The most frequently performed procedures are: Breast Cancer, Colorectal Cancer, Melanoma, Sarcoma and Upper gastrointestinal cancer. Please call for further information.
The Practice Set Free Clinic	The Practice Set Free Clinic Located in:	Ph:757.301.6964 Fax:757.301.6971	The Practice Set Free Clinic is a clinic targeting uninsured patients to provide urgent and family care, such as sports physicals and care for
Sentara Urgent Care (Rev.03/31/25)	Chimney Hill Location 3745 Holland Road Virginia Beach, VA 23452 OR Little Neck Location: 2859 Virginia Beach Blvd. Suite 105 Virginia Beach, VA 23452 General Booth Location:	Chimney Hill Location: Ph:757-772-6118 Fax: 757-267-9086 Little Neck Location: Ph:757-772-6123 Fax: 757-267-9192 General Booth Location: 757-702-8122 Fax: 757-702-2184 Town Center Location:	Sentara Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is available for uninsured individuals for clinical visit with Instant Lab Test – \$125, clinical visit with Services – \$195 and clinical visit with Procedure – \$250. Hours: Monday – Friday: 8:00am – 8:00pm Saturday – Sunday: 8:00am – 4:00pm. Thanksgiving – Closed Christmas – Closed.
Virginia Beach Department of Health	Virginia Beach Department of Health Pembroke Corporate Center III	Ph: 757-518-2700 Fax: 757-518-2641	The Health Department provides direct services for specific diseases that threaten the health of the community and develops programs that prevent, contain, and control the transmission of infectious diseases.
Virginia Beach Dialysis Center- Renal Dialysis Centers (Rev.9/17/18)	1127 First Colonial Road Virginia Beach, VA 23454	Ph: 757-481-6879	Virginia Beach Dialysis Center- Renal Dialysis Centers offers dialysis treatment. Hours: 9:00 a.m. - 5:00 p.m., Monday-Friday. Please call for further information.
Virginia Beach Internal Medicine (Rev.03/31/25)	1168 First Colonial Rd Suite 200	Ph: 757- 481-1113 Fax: 757- 496-3822	Virginia Beach Internal Medicine is a medical group practice that specializes in Family Medicine and Internal Medicine. Providers:

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SEVHS (South Eastern Virginia Health System)(formerly PICH)-	940 General Booth Boulevard Virginia Beach, VA 23451	Ph: 757- 425-3610 Fax: 757- 425-1582 Website:	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health
Renal Treatment Center of Virginia Beach- Renal Dialysis Centers (Rev.9/17/18)	740 Independence Circle Virginia Beach, VA 23455	Ph: 757-499-1301 Fax: 757-499-2499	Renal Treatment Center of Virginia Beach- Renal Dialysis Centers offers dialysis treatment. Hours are 6:00 a.m. - 6:00 p.m. Please call for further information.
MEDICATION ASSISTANCE			
Beach Pharmacy (Compounding) (Rev.11/15/23)	Beach Pharmacy 3198 Pacific Avenue, Suite #124	Ph:757- 965-3038 Fax:757- 965-3039	Beach Pharmacy is a Compounding pharmacy. Hours: Monday - Friday 09:00 AM - 07:00 PM:Saturday 09:00 AM - 05:00 PM and
Catholic Charities of Eastern Virginia	Catholic Charities of Eastern Virginia	Ph:757- 875-0060 Website: www.cceva.org	A resource for discount and free medications through The Pharmacy Connection (TPC) - a medication assistance program of the Virginia
CVS #8302-24HOURS (Rev.06/16/20)	CVS Pharmacy 2232 General Booth Blvd	Ph:757-430-2981 Website: cvs.com	CVS pharmacy offers 24 hours service. Free Rx delivery may be available. Please call for further information.
Pennies for Prescriptions-Virginia Beach Department of Human	Pennies for Prescriptions-Virginia Beach Department of	Ph:757-437-3214	The Pharmacy Connection Program of CCEVA helps people receive their brand name medications directly from pharmaceutical companies
Pharmacy Innovations (Compounding)	Pharmacy Innovations 4001 Virginia Beach Blvd #110	Ph:757- 934-0533 Fax 757-228-3991	Pharmacy Innovations is a Compounding pharmacy. Hours: 9am-5:30pm (M-F). They will mail certain medications with \$9.00 shipping
Senior Services of Southeastern Virginia,	Senior Services of Southeastern Virginia, #5 Interstate Corporate Center	Ph:757- 461-9481 Website:www.ssseva.org	Help qualified persons receive their medicines for free or at a reduced cost.
Rite Aid Pharmacy	Rite Aid Pharmacy	Ph:757-757-424-2306	Rite Aid Pharmacy offers evening services. Hours: M-F, 8a-10p;Sat-
Walgreens Pharmacy (Rev.09/16/20)	Walgreens Pharmacy 3376 Virginia Beach Blvd Virginia Beach VA	Ph:757-340-8013 Website: walgreens.com	Walgreens Pharmacy offers evening services. Hours: M-Sun 7a-12a..Please call for further information.
Walgreens Pharmacy (Rev.09/16/20)	Walgreens Pharmacy 856 S Military Highway Virginia Beach VA	Ph:757-757-424-1752 Website: walgreens.com	Walgreens Pharmacy offers evening services. Hours:.M-F, 8a-10pSat., 9a-6 and Sun., 10a-6p.Please call for further information.
MENTAL HEALTH			
Acorn Health-ABA Therapy (Rev.06/25/24)	348 Southport Circle Suite 101 Virginia Beach, VA 23452	Ph:757- 699-4289 Toll Free:844- 244-1818 Email: info@acornhealth.com Website:https://acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. They provide services in Peninsula except for Williamsburg. Hours: 8am - 7pm, M-F.Saturdays by appointment only.Please call for further information.

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Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB	CSB Virginia Beach 297 Independence Blvd Pembroke Six bldg. Suite 208 Virginia Beach VA 23462	Emergency Services: 757-385-0888 Children's Mobile Crisis: 757-385-0850 ~~Crisis Hotline:~~	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or ~~challenging behavior that is negatively affecting their quality of life.~~
Anchor ABA LLC (Rev.06/25/24)	724 Terrace Ave Virginia Beach VA 23451	Ph:757- 392-5537 Website: https://www.anchorabatherapy.com/	Anchor ABA LLC provides ABA (applied behavior analysis) services. Insurance: TRICARE, Sentara Health, and many Medicaid plans are accepted. Please call for further information.
Associated Counselors of Tidewater	Associated Counselors of Tidewater 287 Independence Blvd. Suite 219 Virginia Beach, VA 23462	Ph:757- 490-6960	Associated Counselors of Tidewater provides Psychotherapy services for children and adults. Accepts most insurances, Healthkeepers Plus, Famis, Medicaid.
Associates At Lynnhaven Counseling, LLC (Rev.09/15/21)	120 S. Lynnhaven Rd., Suite 105, Virginia Beach, VA 23452	Ph:757-486-6955 Fax:757-486-3258 Website: https://www.associatesatlynnhaven.com	Associates At Lynnhaven Counseling, LLC provide confidential out-patient mental health therapy and counseling. Services include individual, couples and family counseling. They are also able to provide Psychological and Educational evaluations. Accepts Medicaid. ~~Please call for further information.~~
Autism Consulting and Therapy, LLC (ACT) (Rev.08/30/21)	Autism Consulting and Therapy, LLC (ACT) 3101 Magic Hollow Blvd Virginia Beach, VA 23453	Ph:757--639-2218, Fax: 866- 594-3899 Email info@hr-act.com : Website: http://hr-act.com/	Autism, Consulting and Therapy is a center with ABA preschool that has reverse mainstreamin. Insurance: No Tricare /Aetna at this time. Ages: 2yr-6yr/Early Intervention. Please call for further information.
Autism Learners, LLC Rev.08/30/21)	Autism Learners, LLC	Contact: Megan O'Laughlen, BCBA, LBA Clinical Supervisor Cell: 540-905-9186 Ph:1-888-467-8241 Email: megan@autismlearners.com Website: www.autismlearners.com	Autism Learners, LLC provides ABA (applied behavior analysis) services to individuals ages 2-21. Please call for further information.
Atlantic Psychiatric Services	Atlantic Psychiatric Services 500 Viking Drive, Suite 200 Virginia Beach, VA 23452	Ph:757- 468-0550 Website: www.atlantic-psych.com	Atlantic Psychiatric Services provides Psychotherapy services for children and adults. Services includes: eating disorder, excellent with medication mgmt. of children with developmental disabilities including ADHD, mood disorders, and autism spectrum disorders.*Medicaid and ~~most insurances are accepted.~~
Awakenings Counseling Center (Rev.09/15/21)	1008 Old Virginia Beach Road, Suite 100 Virginia Beach, Virginia 23451	Ph:757- 422-2118 Email: info@counselingacc.com	Awakenings Counseling Center provides phone and online therapy, counseling services for children, adolescent, adults and families. Please call for further information.
Baker House	Baker House 5677 Herbert Moore Road Virginia Beach, VA 23462	Ph:757-497-1900 Fax:757-499-2730 Website: www.voa.org	Baker House is a group home for adults with intellectual disabilities. Operated by the Volunteers of America. Residents must be referred by the Community Services Board.

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Beach Counseling Center -Patrizia Zorzoli	Beach Counseling Center - Patrizia Zorzoli 615 N. Birdneck Road #108 Virginia Beach VA 23451	Ph:757- 279-2043	Beach Counseling Center -Patrizia Zorzoli is a professional who provides psychotherapy services that includes: anger management, anxiety, child or adolescent, divorce, domestic violence, eating disorders, emotional disturbance, family conflict, grief, parenting, self-esteem, spirituality, transgender, weight loss.
Bethany Marcus, Ph.D. BCBA-D (Rev.06/26/24)	Bethany Marcus, Ph.D. BCBA-D Licensed Clinical Psychologist 633 Rosaer Lane Virginia Beach, VA 23461	Contact: Bethany Marcus, Ph.D. BCBA-D Licensed Clinical Psychologist Ph: 757- 287-4016 Email: bethmarcus@ccv	Bethany Marcus, Ph.D. BCBA-D, Licensed Clinical Psychologist provides ABA (applied behavior analysis) services. They also advocate for IEP services. Please call for further information.
Butterfly Effects (Rev.08/31/21)	Butterfly Effects 780 Lynnhaven Parkway Suite 400 Virginia Beach, VA 23452	Contact: Neal Shapiro –Director Toll Free: 1-888-880-9270 Email: info@butterflyeffects.com Website: Butterflyeffects.com	Butterfly Effects provides ABA (applied behavior analysis) services. Insurance: Aetna, BCBS, Cigna, Tricare, Humana. Ages: 4yr-18yr. Please call for further information.
Catholic Charities -Counseling Services (Rev.4/22/19)	Catholic Charities of Eastern Virginia 4855 Princess Anne Rd Virginia Beach, VA 23462	Main Office: 757-467-7707 Fax: 757-495-3206	Catholic Charities provides Counseling Services to help to support the growth of personal strengths and empower individuals to make healthy choices for positive change. Services includes: Individual Counseling for Children and Adults, Marriage and Couples Counseling, Family Counseling, Depression Screenings and 24-hour emergency on-call coverage for existing clients. Day and evening hours are available by appointment. Catholic Charities does not currently take payments from health insurers; their fee is equal to or lower than insurance co.
Catholic Charities Teen Anger Management (Choices) (Rev.4/22/19)	4855 Princess Anne Rd Virginia Beach, VA 23462	Ph: 757-456-2366	Catholic Charities Teen/Adolescent Anger Management is a six-week program designed for 13 to 18 year olds. The program meets the requirements for Juvenile and Domestic Relations Courts. This is an eight week course. Classes are held on Wednesdays on the south side. Pre-registration is required. This is a free course. Please call for
Catholic Charities of Eastern Virginia-Pregnancy Counseling	Catholic Charities of Eastern Virginia-Pregnancy Counseling CCEVA Adoption & Pregnancy Center 5261 Virginia Beach Blvd	Ph: 757-274-4952 Email: pregnancy@cceva.org	Catholic Charities of Eastern Virginia-Pregnancy Counseling services can help you care for yourself and your baby throughout your pregnancy and after your child is born. Confidential support is available as you prepare to become a parent or plan to place your baby for adoption, receive parenting or Kinship Care. Their staff has carefully
Center For Effective Change (Rev.09/15/21)	512 S Lynnhaven Rd #101 Virginia Beach, VA 23452	Ph: 757- 306-4232 Website: https://www.centerforeffectivechange.com/	Center For Effective Change is an outpatient mental health practice to meet the mental health needs of children, adolescents, and adults. Please call for further information.
CENTRA	5163 Cleveland St. Virginia Beach, VA 23462	Contact: Sara F. Lamont, M.Ed., BCBA, LBA Ph: 434-485-1522 Fax: 757-497-4705 Website: centrabehavioralhealth.com	CENTRA provides Individual & Family Therapy services, Psychiatry services and Diagnostic testing. Please call for further information.
Child First Behavior Therapy (Rev.06/28/24)	Child First Behavior Therapy 544 Newtown Rd Suite 110, Virginia Beach, VA 23462	Ph: 224- 206-5001 Website: https://www.childfirstbehaviortherapy.com	Child First Behavior Therapy provides ABA (applied behavior analysis) services. Insurance: they accept many major insurance plans, including Blue Cross Blue Shield, Tricare, Aetna, VA Medicaid, Anthem and more. Hours: Monday-Friday 8:30am-12pm, Monday-Friday 12pm-3pm and Monday-Friday 3pm-5:30pm. Please

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Virginia Beach City

CIT(Crisis Intervention Team)- Virginia Beach	Human Services Department, MHSA Crisis Intervention Team 289 Independence Boulevard Virginia Beach, VA 23462	Ph:757- 385-0888 Fax:757- 671-8536 OR call 911	CIT Virginia Beach is a collaboration of professionals committed to assisting persons with mental illnesses and other brain disorders for crisis interventions. This program includes mental health service
Civitas Health Services (Rev.06/30/24)	Civitas Health Services 5606 B Virginia Beach Blvd	Ph:757- 216-9541 Fax: 757- 319-4828	Civitas Health Services provides ABA (applied behavior analysis) services. Please call for further information.
Coastal Behavior Consulting (Rev.- 9/08/21)	380 Cleveland Place, Suite B Virginia Beach, VA 23462	Ph:757-416-5290 Email:office@coastalbehaviorconsulting.com Website:http://coastalbehaviorconsulting.com	Coastal Behavior Consulting provides comprehensive Clinic and In-Home ABA (applied behavior analysis) Programs. Please call for further information.
Coastal Virginia Counseling and Mediation-Expressive Arts Group Therapy (Rev.06/14/24)	4505 Columbus Street Suite 200, Virginia Beach, 23462	Ph: 757- 222-4944 Fax: 757- 544-9880 Crisis: 757- 502-9170 Email:info@covavb.com Website:http://www.covavb.com	Coastal Virginia Counseling and Mediation provides Expressive Arts Group Therapy for children ages:8-12 every Tuesday. Insurance: major insurances accepted including Anthem, Optima, Tricare (certified out of network), Blue Cross, Aetna, Medicaid, Military One Source. Self-pay rates available. Foreign Language:Spanish speaking counselors available upon request. Please call for further information.
Community Alternatives,Inc (Rev.3/18/19)	2800 Crusader Circle Virginia Beach, VA 23453	Ph:757- 468-7000 Website:www.comalt.org	Community Alternatives,Inc provides a residential- wavier-funded services, individuals must have a diagnosis of an intellectual disability and/or a mental health condition. Ages: 18 years or older. Please call for further information.
Community Services of Virginia, Inc.	Community Services of Virginia, Inc. 4551 Professional Circle Suite 102 Virginia Beach VA 23455	Ph: 757-497-1115 Fax: 757-499-4215 Email: info@csofva.us	The mission of Community Services of Virginia, Inc. is to develop a creative way to enhance the quality of life to individuals with disabilities and develop strategies to meet their needs and to enhance their lives in everyday living. In-Home is for adults and children with various levels of mental retardation and/or other disabilities. This program offers:
Community Solutions	Community Solutions 5752 Princess Anne Rd. Virginia Beach, VA 23462	Ph: 757-461-5098 Website:www.comsolva.com	Community Solutions provides intensive in-home therapy services ages 3-18 with Axis I diagnosis & risk of removal. Also provides provide mental health support services for 16+ with Axis I diagnosis. Medicaid and CSA funded is accepted.
Comprehensive Autism Partnership, Inc.-Hampton Roads & the Virginia Peninsula (Rev.06/30/24)	4652 Haygood Road, Ste. C Virginia Beach, VA 23452	Ph:757- 655-7274 Peninsula Contact: Janae Ward, MA, BCBA, LBA Ph:616-295-0569 Email:Janae@capaba.com Website:http://capaba.com	comprehensive Autism Partnership, Inc. provides ABA (applied behavior analysis) services. Please call for further information
CornerStone Child&Family Counseling Services (Rev.06/30/24)	1209 Independence Boulevard, Suite 105 Virginia Beach, VA 23455	Ph:757-464-2470 Fax:757-464-2472 Email: cornerstonechildfamily@gmail.com; cornerstonecounseling@gmail.com	CornerStone Child&Family Counseling Services provides comprehensive ABA (applied behavior analysis) services. Please call for further information.
Crisis Pregnancy Center of Tidewater	1100 Madison Plaza Chesapeake, VA 23320 MAILING ADDRESS: P.O. Box 119 Norfolk, VA 23501	Ph:757-410-9703 Crisis Pregnancy Patient helpline: 757.499.4444. Email:info@cpcot.org	Crisis Pregnancy Center of Tidewater is a Christ-centered organization with a calling to reach out to women and families involved in crisis-related pregnancies by offering real help for the present, hope for the future, and healing from the past. Please call for further information.

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Services Provided in **Virginia Beach City**

Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Denise Keeley- LGBTQ Life Center Counselor	LGBTQ Life Center 248 W. 24th Street Norfolk, VA 23517 OR 2200 Granby Street	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email: info@lgbtlife-center.org	Denise is a licensed clinical social worker experienced in working with LGBTQ clients, including those who identify as transgender. She provides LGBTQ affirming therapy and psychotherapy for adults, adolescents, and their families. She can also provide written documentation for those seeking referrals to medical doctors for hormone therapy.
Dominion ABA (Rev.-9/08/21)	Dominion ABA 412 Investors Place, Suite 102 Virginia Beach, VA 23452	Contact: Bianca N. Bragg, Community Engagement Coordinator Ph:757- 800-5231 Email:Bianca.Bragg@dominionyouthhservices.com Website:http://dominionyouthservice.com	Dominion ABA provides ABA (applied behavior analysis) services. Please call for further information
Dominion Psychiatric Associates, PLLC	Dominion Psychiatric Associates, PLLC 2580 Potters Road Virginia Beach, VA 23454	Ph:757- 498-9391 Fax: 757- 498-7073 Website:www.dominionpsy.com	Dominion Psychiatric Associates, PLLC provides psychotherapy services for children and adults. Services includes: eating disorders, sexual/physical abuse, adolescents/substance abuse. They also preform psychological testing. Medicaid is accepted.
EDEN Counseling Center	EDEN Counseling Center 184 Business Park Dr. Set 200 Virginia Beach, VA 23462	Ph:757- 466-3336 Fax: 757- 455-5750	EDEN Counseling Center provides a full range of counseling and psychological services for children, adolescents, and adults. Eden Counseling Center participates in Aetna, Anthem, Cigna, Medicare, Sentara, Tricare Standard, Tricare Prime, and additional networks. If you are not covered for any reason, you can self-pay or be counseled on a sliding scale.
Eliza Hope Center (Rev.-9/08/21)	629 Phoenix Drive, Suite 115 Virginia Beach, VA 23452	Contact: Aimee Darby Ph:757- 761-4673 Email:aimee@elizahope.org Website:www.elizahope.org	Eliza Hope Center provides ABA (applied behavior analysis) services. Please call for further information
Fairfield Psychological Associates (Rev.09/15/21)	Fairfield Psychological Associates 5265 Providence Road Virginia Beach, VA 23464	Ph:757- 467-9500 Fax: 757- 467-9560 Email:fairfieldpsychological@gmail.com Website:https://fairfieldpsych.com	Fairfield Psychological Associates provides Psychotherapy services for children and adults. Accepts straight Medicaid, Optima Family Care, Virginia Premier, and Healthkeepers.
Family Enrichment Center- Counseling Services (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides outpatient counseling that includes individual counseling, Family Counseling and Pastoral Counseling. Services are provided by Licensed Professional Counselors or Licensed Clinical Social Workers for individuals struggling with a variety of issues. Please call for further information.
Family Enrichment Center (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides support for all members of the family of individuals affected by substance abuse.

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Services Provided in Virginia Beach City

Family Enrichment Center- Substance Abuse Counseling (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides Substance abuse counseling in groups or on an individual basis by Licensed Substance Abuse Treatment Practitioners, Certified Substance Abuse Counselors, or other qualified professionals. VASAP services are also provided. ~~Please call for further information.~~
Family Insight, P.C. (Rev.-9/08/21)	380 Cleveland Place, Suite B Virginia Beach, VA 23462	Ph:757- 233-0003 Peninsula Office: Ph:757- 243-1033 Website:familyinsight.net	Family Insight, P.C. provides applied behavior analysis ABA therapies. Please call for further information.
Family Preservation Services (FPS) (Rev.01/08/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 757.455.8300 ~~Fax: 757.455.8345~~	Family Preservation Services (FPS) is a human service agency that offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to help
GAP-Governor's Access Plan	GAP-Governor's Access Plan CSB Virginia Beach 297 Independence Blvd Pembroke Six bldg. Suite 208	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management.
Genesis Counseling-Norfolk / Virginia Beach (Rev.12/23/24)	Genesis Counseling 6330 Newtown Rd Suite 300, Norfolk, VA 23502	Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care
Hampton Roads ABA (Rev.-9/08/21)	908 Salisbury Green Virginia Beach, VA 23452	Ph: 757- 406-7397 Email:info@hamptonroadsaba.com Website:www.hamptonroadsaba.com	Hampton Roads ABA provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Hampton Roads Neuropsychology, Inc.	Hampton Roads Neuropsychology, Inc. 101 N.Lynnhaven Road Suite 103 ~~Virginia Beach VA 23452~~	Ph: 757-498-9585 Fax: 757-468-1685 E-mail: HRNadmin@TheMemoryClinic.com	Hampton Roads Neuropsychology offers accurate assessment and objective diagnostics to assist in the treatment of children, adults and seniors for a variety of concerns:Memory,School and Academic Performance, Medical-legal decision making, Sports Concussion ~~Worker's Productivity and Fitness for Duty,Dr. Scutter and Dr. Hogg~~
It Gets Better Project	It Gets Better Project	The National Suicide Prevention Lifeline 800-273-TALK (8255) The GLBT National Help Center Hotline: ~~800-THE-CLINIC (888-842-4564)~~	It Gets Better Project provides crisis or in need of immediate support to LGBTQ youth.
Independence Child Therapy Services-Linda Bourdon, ED.D	Independence Child Therapy Services-Linda Bourdon, ED.D 2940 N. Lynnhaven Road Suite 110 Virginia Beach VA 23452	Ph: 757-460-2057 Fax: 757-963-9020 Website: www.independencechildtherapy.com Email: vb.psv@cox.net	Independence Child Therapy Services-Linda Bourdon, ED.D performs psychological evaluations.

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Indian River Psychological Associates, P.C.	Indian River Psychological Associates, P.C. 6477 College Park Square, Suite 302 <u>Virginia Beach, VA 23464</u>	Ph:757- 424-0100	Indian River Psychological Associates, P.C. provides Psychotherapy services for children and adults. No HMO's, accept straight Medicaid and Tricare.
James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com <u>Website: http://www.jamesbentleytreatmentprogram.com</u>	James Bentley Counseling Services provides the following Services: Counseling, Parent Education, Link the Client to Resources, Restore the Family Unit, Crisis Intervention, Communication Skills, Anger Management, Medication Compliance, <u>Family Sessions, Consult with the Legal System, Teach Coping Skills</u>
James Bentley Treatment Program- Intensive Inhome Services (IIH)	James Bentley Counseling Services	Ph:757- 399-3025 Email:	James Bentley Treatment Program provides intensive inhome services (IIH) for children ages 5 - 21. This program is for children who are at
Jewish Family Services of Tidewater-Counseling Services	Jewish Family Services of Tidewater 260 Graystone Road Virginia Beach VA 23462	Ph:757-459-4640	Jewish Family Services of Tidewater offers counseling, adoption programs, services for children, teen and families. Also offers in-school counseling with Hebrew Academy. Fees varies, some services are free, sliding scale for counseling. No Healthkeepers, accepts straight Medicaid and some HMO's, ages 3+ for all providers.
LifeStance Health (Rev.09/25/24)	* Virginia Beach 575 Lynnhaven Parkway, 305 Virginia Beach, VA 23452 ** Virginia Beach 780 Lynnhaven Parkway, Suite 5705 Thurston Avenue Virginia Beach, VA 23455	Ph: 866-483-4205 Fax: 757-301-8803 Billing Phone for all locations: Ph:253-254-5911 Website: https://lifestance.com	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments. Services: Adult Psychiatry, Child and Adolescent Psychiatry, Child and Adolescent Therapy, Child-Parent Relationship
Leaf Behavior Support (Rev.-09/08/21)	5705 Thurston Avenue Virginia Beach, VA 23455	Ph: 757- 937-0438 Email: info@learnwithleaf.com	Leaf Behavior Support provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
LGBTQ Life Center-Counseling Services	LGBTQ Life Center 248 W. 24th Street	Ph:757- 640-0929 Fax:757- 622-8932	LGBT Life Center provides mental health services to HIV positive, lesbian, gay, bisexual, and transgender individuals. They offer
LumaPaths Behavioral Services, PLLC (located inside The Eliza	629 Phoenix Dr. Suite 115 Virginia Beach, VA. 23452	Contact Wesley L. Shaw, MAT, BCBA, LBA: Ph:757-932-	LumaPaths provides behavior intervention services to children ages 18 months to 16 affected by ASD and related disorders. They offer in-
Maternal Health Mental Hotline (U.S. Health and Human Services	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges.
Maxim Healthcare-Behavioral Care (Rev.07/26/21)	293 Independence Blvd Suite 400, Virginia Beach, VA 23462	Ph:757- 490-3009	Maxim Healthcare provides behavioral intervention services to children ages 3-21, facing mental health and developmental challenges and to
May Institute (Rev.09/08/21)	May Institute	Contact: Ryan Martin PhD, NCSP Sara Lamont M.Ed., BCBA, LBA	May Institute provides In-Home ABA (applied behavior analysis) therapies to military families. Coverage Areas: Virginia Beach and
Mental Health Services- South Eastern Virginia Health System	A program of PICH Virginia Beach Family Medical	Ph: 757-425-3610 Website: http://www.pich.org	Clinic provides substance abuse /depression screening and counseling and case management. Payments for services are based upon a
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families.
Moli Autism Center (Rev.09/09/21)	2008 General Booth Blvd, Suite B	Ph:757- 301-2411 Email: info@moliautismcenter.com	Moli Autism Center provides In-Home ABA (applied behavior analysis) therapies to military families. Please call for further information.
NAMI Virginia's Statewide Hpline and Resources-	NAMI Virginia's Statewide Hpline and Resources	Helpline: 800-950-6264 TEXT: 62640	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is

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National Counseling Group-Mobile Crisis Stabilization (Rev.03/19/19)	National Counseling Group-Mobile Crisis Stabilization	24-Hour Crisis Response Team Ph:804-729-010 OR	National Counseling Group mobile crisis team provides professional and compassionate care in your home and community. Please call if
National Counseling Group	National Counseling Group 4099 Foxwoods Suite 200 & 2221 Virginia Beach, VA 23462	Ph:757-467-8184	National Counseling Group provides in home-therapy services for children ages 4-21. Juvenile Court referrals. Medicaid is accepted and ~~CSA funding, self-pay, & adoption subsidies~~
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 Veterans Crisis Line:	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by
NAMI Virginia Beach	NAMI Virginia Beach 281 Independence Blvd Ste 414 Virginia Beach, VA 23462	Ph:757- 499-2041 Email Address: contact@namivirginiabeach.org Website: http://www.namivirginiabeach.orgHel	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They advocate and educate people with mental illness and their families by providing free referral, information and support. Please call for further information.
NAMI Peer-to-Peer	NAMI Peer-to-Peer Pembroke 3, Room 140 289 Independence Blvd Virginia Beach 23462	Contact:Luetilla Peer to Peer Mentor Ph:757- 449-2041 Email:contact@namivirginiabeach.org	NAMI Peer-to-Peer is a unique, experiential learning program for people living with a mental illness who are interested in establishing and maintaining their wellness and recovery. Please call for further information.
NAMI Family Support Group	NAMI Family Support Group Pembroke 3 289 Independence Blvd	Contact Information Contact: Jane Callaway	NAMI Family Support Groups is a free, confidential and safe group of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group wisdom
NAMI Connection	NAMI Connection Disabled American Veterans Chapter 20 4896 Kempsville Greens Parkway	Contact: Suzan Bistrup Facilitator Ph:757- 340-6366 Email:contact@namivirginiabeach.org Website:	NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding. Learn more about NAMI Connection. Every Wednesday at 1-2:30 pm. Please call for further
Neighbor to Family	Neighbor to Family 1300 Diamond Springs Rd. Suite 502 Virginia Beach, VA 23455	Ph:757-213-1580 Website:www.neighbortofamily.org	Neighbor to Family provides in home-therapy services. Medicaid or CSA funding is accepted.
New Life Substance Abuse & Behavioral Consultants, Inc.-Anger Management Program (3/13/18)	Certified Batterer Intervention Program-New Life Substance Abuse & Behavioral Consultants, Inc. 2697 International Parkway	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants-Anger Management Program goal is to educate participants on Anger and techniques to controlling this vital emotion appropriately in the future. 1-day / 8-hour Program is available and is same-day Certification of Completion. This program is court approved. Cost: 80.00. Please call
New Life Substance Abuse & Behavioral Consultants, Inc.-ESAP-Educational Substance Abuse Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-SLIP-Shoplifting Intervention Program 2697 International Parkway Parkway One, Suite 204-1 Virginia Beach, VA 23452	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants, Inc.-ESAP-Educational Substance Abuse Program is a 4 hour program designed to provide psycho-educational information on a wide variety of substance abuse topics. This program includes: Substance Abuse Self-Assessment Evaluation, Abuse vs Addiction Bio/Psycho/Social education, Learn what kind of user you are?, Stages of Change, Where are you in the Cycle of Change Wheel?, Guest speakers... and Written test and Completion Certificate. Hours: 1-day/4-

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New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program 2697 International Parkway Parkway One, Suite 204-1	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program is designed specifically for those clients who have previously completed a substance abuse treatment program, but have relapsed. This will help clients sustain an alcohol and drug free life.Rrequirements:Proof of completion of a treatment program may be
New Life Substance Abuse & Behavioral Consultants, Inc.-Family & Friends Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-Family & Friends Program 2697 International Parkway Parkway One, Suite 204-1 Virginia Beach, VA 23452	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants, Inc.-Family & Friends Program is 3 hour program is designed to provide psycho-educational information to family & friends of clients in substance abuse treatment. they will cover a wide variety of substance abuse topics and strategies that work. This program includes: Abuse vs Addiction, What's an Enabler? Triggers & Coping Strategies Signs of Relapses, How to Help & What Not To Do and Importance of Support Systems. Please call for further information.
New Life Substance Abuse & Behavioral Consultants, Inc.-SLIP-Shoplifting Intervention Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-SLIP-Shoplifting Intervention Program 2697 International Parkway	BIP Director: Brad Taylor Ph.: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants, Inc.-SLIP-Shoplifting Intervention Program provides engaging, interactive, and effective court approved shoplifting prevention classes to clients that have been accused of theft or shoplifting. They also expose the underlining issues that may cause kleptomania or compulsive stealing
Ocean Psychiatric Group,P.C.-Children Anger Management Group	770 Lynnhaven Parkway Suite #240 Virginia Beach VA 23452	Ph:757-802-4500	Ocean Psychiatric Group,P.C. offers a Children Anger Management Group for ages 7-9 and 10-13 for a period of 10 weeks, an assessment must be schedule before attending this group. Ken Wells has been running this group for 15 years. The group is an interactive group, visual aids,skits,therapeutic games/activities. Please call for further
Princess Anne Psychotherapy Debra Welp, LCSW	Princess Anne Psychotherapy Debra Welp, LCSW 4646 Princess Anne Rd. Ste. 102	Ph: 757- 213-4490 Fax: 757-213-4991 Website:www.debrawelp.net	Debra Welp, LCSW is a licensed clinical social worker who offers counseling for anyone who may be experiencing a crisis in their life. Debra's specialization is with individual and family psychotherapy. Group therapy is also offered for children with Attention Deficit
Pryor Behavioral Services (Rev.0910/21)	Contact:Christina Pryor 2600 Wheathusk Ct Virginia Beach, VA 23453	Ph: 757- 355-1007 Fax:757- 264-6279 Email:christina@pbsaba.com	Pryor Behavioral Services provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Regent University-Psychological Services Center (Rev.08/11/23)	1000 Regent University Drive, CRB 188 Virginia Beach, VA 23464	Ph:757-352-4488 Fax:757-352-4362 Email:psc@regent.edu	Psychological Services Center at Regent University provide Psychological Assessments on a sliding scale. Services: Individual therapy ,Couple therapy,Family therapy,Group therapy,comprehensive psychological evaluation.T he following services explicitly are not offered by the clinic:Psychiatric evaluations,Emergency appointments,Chemical dependency programs,Child custody evaluations, Court mandated referrals

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Seton Youth Shelters Anger Management Program For Teens (Rev.08/10/21)	101 N. Lynnhaven Rd., Ste. 101, Virginia Beach, VA 23452	Youth Outreach Programs at Seton Youth Shelters Ph: 757- 406-5522 Admin Office: 757.963.5795 24-hour crisis hotline: 757.963.4357	This program is free of charge and designed for teenagers ages 13 up to 18 years old who are having difficulty managing anger, not communicating respectfully, and/or demonstrating low self-esteem. The AMP schedule is comprised of 13 virtual group sessions utilizing the "Goto Meetings" platform and one, 30 day
Spectrum Psychological and Neurotherapy, PC (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462	Ph: 757-640-1882 Website: http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy are an outpatient mental health clinic that serves children, adolescents and adult. Services: Counseling and Psychotherapy. Please call for further information.
Spectrum Psychological and Neurotherapy, PC (Rev.09/15/21)	4542 Bonney Rd suite b, Virginia Beach, VA 23462	Ph: 757-640-1882	Spectrum Psychological and Neurotherapy provides Neurofeedback/
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse; nutritional education and training and referrals to much needed physical and mental health services. The educational topics include, but are not limited to assisting qualified individuals in better understanding their medical and healthcare rights and assisting them
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Empowerment) INITIATIVE (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454	Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called, "Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will include items that may conceal drugs, alcohol and contraband. The exhibit helps to educate parents and guardians on identifying early signs of substance and opioid abuse. There are many items on the market that allow young adults to hide things right in front of our eyes. Clues are provided and group participants are requested to collaborate in an effort to identify items which are "hidden in plain sight". We
Tidewater Psychotherapy	Tidewater Psychotherapy 256 N. Witchduck Rd., #G Va. Beach, VA 23462	Ph: 757- 497-3670 Fax: 757- 499-1947 Website: www.tpsvb.com	Tidewater Psychotherapy provides Psychotherapy services for children and adults. Medicaid and most insurances are accepted.
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508	Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email: info@thechasfoundation.org	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of those dealing with a mental illness, Increase access to effective treatment for the mentally ill, Save lives of those dealing with a mental illness by working with private and public professionals, Provide support, through education, for family members dealing with their loved one's mental illness. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in Virginia Beach City

The Empowerment Network, LLC(Rev. 3/1/18)	1929 Coliseum Dr. Suite K Hampton VA 23666	Ph:757-310-9530 Fax:757-224-4910 Website:www.empower-va.com for	The Empowerment Network, LLC is a Medicaid provider licensed by the Department of Behavioral Health and Developmental Services to provide Intensive In-Home Counseling (IIH) and Mental Health Skill Building (MHSS) services to individuals in the community. IIH services are provided to youth ages 5-17 that are experiencing significant behavioral challenges and/or emotional disturbance. MHSS services are provided to individuals ages 18+ and diagnosed with significant mental illness. (MHSS services cannot be provided to individuals in ID/DD residential homes). insurance: accept Medicaid Medallion and CCC Plus insurances. Coverage: they serve all of the Peninsula and Tidewater area. Please call for further information.
The “Up” Center-The Steven A. Cohen Military Family Clinic (Rev.09/30/24)	828 Healthy Way, Suite 105, Virginia Beach, VA 23462	Contact: Jessica Oulahan Counseling Services Coordinator Ph:757- 965-8686 Email: cohenclinic@theupcenter.org	The Steven A. Cohen Military Family Clinic at The Up Center provides high quality, time sensitive mental health services to post-9/11 veterans and their families, regardless of the veteran's role while in uniform, discharge status, or combat experience. Services are also
Therapeutic Alliance Therapeutic Alliance, LLC-Hampton Roads (Rev.06/25/24)	Therapeutic Alliance 780 Lynnhaven Pkwy. Suite 400250 Virginia Beach, VA 23452	Ph:757-301-9065 Toll Free:833-319-0526 Fax:866-499-8840 Email:info@taculture.com Website:	Therapeutic Alliance provides Applied Behavior Analysis (ABA) services. *Multi-lingual Therapists Available Upon Request (Languages Spoken English, Spanish, French). Please call for further information.
The Trevor Project	The Trevor Project	Trevor Lifeline at 866-488-7386. Available 24/7/365. TrevorText—Text “Trevor” to 1-202-304-1200. Available Monday through Friday between 3pm–10pm	Trevor is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender (LGBTQ), and questioning youth.
Thriveworks Counseling & Psychiatry Virginia Beach (Rev.01/20/23)	516 S Independence Blvd Suite 104 Virginia Beach, VA 23452	Ph:757- 607-4661 OR 757- 699-5692 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon
Thriveworks Counseling & Psychiatry Virginia Beach (Rev.01/20/23)	509 Old Great Neck Rd #203 Virginia Beach, VA 23452	Ph:757 699-5651 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon
Turning Point Counseling and Consulting	Turning Point Counseling and Consulting 5301 Providence Road Suite 20	Ph:757-347-8840 Fax:757- 829-1667	Turning Point Counseling and Consulting offer individual therapy, couples therapy, and children's & teen's therapy. Please call for further information.
United Methodist Family Services Tidewater Regional Center	United Methodist Family Services Tidewater Regional Center 815 Baker Rd. Suite 201 Virginia Beach, VA 23462	Ph:757- 490-9791 Website: www.umfs.org	United Methodist Family Services Tidewater Regional Center provides in-home therapy services. Medicaid is accepted.

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Services Provided in Virginia Beach City

Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org Website:https://vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.
Virginia Beach CSB-Mental Health and Substance Abuse Services	CSB Virginia Beach 297 Independence Blvd Pembroke Six bldg. Suite 208 ~~Virginia Beach VA 23462~~	Ph: 757-437-6100 Fax:757-490-5736 Website:www.vbgov.com	Promotes the quality of life for all Virginia Beach citizens affected by mental health, substance abuse disorders and intellectual disabilities.
Virginia Beach Psychiatric Center	Virginia Beach Psychiatric Center 1100 First Colonial Rd Virginia Beach, VA 23454	Ph: 757-496-6000 24 Hour Resource for any Emotional Crisis: 757-627-LIFE Referrals: 757-496-3500 ~~Website: vbpcweb.com~~	Virginia Beach Psychiatric Center provides psychiatric and substance abuse to children from 3-11 years old, adolescents 12-17 years old, and adults. Treatment programs includes: substance abuse, dual diagnosis and rapid stabilization, 24 hours mental health assessment ~~and referral line, partial hospitalization for adults, mobile assessments~~
Youth and Family Counseling Services	Youth and Family Counseling Services 465 Kings Grant Rd ~~Virginia Beach VA 23462~~	Ph: 757-306-1840	Provides crisis counseling and referral services for youth and families without admission to a shelter program. Free of charge.
Youth and Family Counseling Services-Anger Management Program	Youth and Family Counseling Services 465 Kings Grant Rd Virginia Beach, VA 23452	Ph: 757-306-1840 Hotline: 757-498-Help	Crisis counseling for anger management. Monday at 6PM. Free of charge.
Zimmerman Psychiatric Associates (Rev.09/15/21)	Zimmerman Psychiatric Associates 324 Louisa Ave Suite 125 ~~Virginia Beach VA 23454~~	Ph:7:57- 351-6400 Website:http://www.psych-therapy.com	Zimmerman Psychiatric provides individual and group counseling. Please call for further information.
MULTICULTURAL SUPPORTS			
Bon Secours Town Center Virginia Beach	4421 Virginia Beach Boulevard Apt 114 Virginia Beach VA 23462	Dr. Nelson Sarino Ph: 757-738-1300	When you apply for a green card (adjustment of status) in the United States, you usually need to have a medical examination. The exam must be done by a doctor who is authorized by U.S. Citizenship and ~~Immigration Services (USCIS). USCIS designates certain doctors (also~~
Commonwealth Catholic Charities- Interpretation Services Program	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@cccova.org ~~Website: http://www.cccova.org~~	Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. ~~We use the~~
Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: ~~sheila.marble@cccova.org~~	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General ~~Immigration Services: General consultations, Work authorization,~~
Corporate Landing Internal & Family Medicine	1232 Perimeter Parkway Suite 101 Virginia Beach VA 23454	Dr. Frank Westmeyer Ph:757-821-2088	When you apply for a green card (adjustment of status) in the United States, you usually need to have a medical examination. The exam must be done by a doctor who is authorized by U.S. Citizenship and ~~Immigration Services (USCIS). USCIS designates certain doctors (also~~
Dr. Gautam Desai (Civil Surgeon)	2020 South Independence Boulevard Suite 3 Virginia Beach VA 23453	Dr. Gautam Desai, Civil Surgeon Ph:757-471-6977	When you apply for a green card (adjustment of status) in the United States, you usually need to have a medical examination. The exam must be done by a doctor who is authorized by U.S. Citizenship and ~~Immigration Services (USCIS). USCIS designates certain doctors (also~~

COMMUNITY RESOURCES EASTERN REGION
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Leban & Associates, P.C. Attorneys	154 Newtown Rd Suite B6,	Ph:757- 745-1334	Leban & Associates, P.C. Attorneys at Law -Immigration Law - All
Little Neck Medical Center	3500 Virginia Beach Boulevard	Dr. Faiq Hasan, Civil Surgeon	When you apply for a green card (adjustment of status) in the United
Making a Difference Foundation	Making a Difference Foundation 990 Kelso Court, Virginia Beach VA 23464	Ph: 757-375-8195	Outreach into Hispanic/Minority communities, Translation /service referral efforts,24 hour emergency service, Tutoring/Mentoring Assistance, Leadership/Motivational workshops, Family Encouragement
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
Organization of Chinese Americans	Organization of Chinese Americans 722 Newtown Rd, Virginia Beach VA 23462	Ph: 757-499-2675	Agency promotes equal justice, equal treatment, and equal opportunity for Chinese Americans and other minorities in America. They also provide services to the local Chinese community, including foreign
Pleasant Valley Medical Center	4221 Pleasant Valley Road Suite 114 Virginia Beach VA 23464	Dr. Abdul Khan, Civil Surgeon Ph:757-495-7420	When you apply for a green card (adjustment of status) in the United States, you usually need to have a medical examination. The exam must be done by a doctor who is authorized by U.S. Citizenship and
Sentara Family Medicine-Princess Anne	1950 Glenn Mitchell Drive Suite 300 Virginia Beach VA 23456	Dr. Biswa Bhattacharyya, Civil Surgeon Ph:757-507-0305	When you apply for a green card (adjustment of status) in the United States, you usually need to have a medical examination. The exam must be done by a doctor who is authorized by U.S. Citizenship and
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue Norfolk VA 23508	Ph: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. The program supports policies that contribute to the
PARENTING CLASSES/SUPPORTS			
Adult anger management Classes- Catholic Charities of Eastern Virginia (Rev. 2/9/18)	Catholic Charities of Eastern Virginia 4855 Princess Anne Rd Virginia Beach, VA 23462	Ph:757-533-5217 ext:1006	This program meets the requirements for the Juvenile and Domestic Relations Courts and Circuit Courts. Anger management classes provides many opportunities for adults to manage their angry behaviors
Baby Care-Virginia Beach Health Department (Rev.6/27/19)	Baby Care-Virginia Beach Health Department	Contact: Brittany Watson Ph:757-518-2755 or 757-518-2620 Email: b.watson@vdh.virginia.gov	Home visits to high risk maternity clients from the Health Departments or from private doctors is provided to those enrolled in Medicaid's Baby Care program. Some exceptions apply. Hours of operation: 8:15a.m-
Bethany Christian Services- Adoption Services (Rev.4/23/19)	287 Independence Blvd #241 Virginia Beach, VA 23462	Ph:757- 499-9367	Bethany Christian Services offers programs and services for those who are considering adoption. These programs include Domestic Infant Adoption and International adoption. Please call for further information.
Catholic Charities-Adoption Services (Rev.4/22/19)	5361-A Virginia Beach Blvd. Virginia Beach, VA 23462	Ph:757- 456-2366 Email:adoption@cceva.org Website: AdoptionAndPregnancyCenter.org	Catholic Charities offers programs and services for those who are considering adoption. These programs include Domestic Infant Adoption, Parental Placement Adoption Services, Domestic Home Study Services, Kinship Adoption, International Adoption Services, Post-Adoption Follow-Up Services, and Adoption Support
Catholic Charities-Cooperative Parenting (Rev.4/22/19)	5361-A Virginia Beach Blvd. Virginia Beach, VA 23462	Ph:757-456-2366	Catholic Charities-Cooperative parenting is a four-hour course primarily for parents or guardians who are parenting from separate homes. The emphasis is on cooperating as parents/guardians to benefit children and to minimize the impact of ending a relationship, separation, and divorce. Cooperative Parenting is a Virginia Program Center

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Catholic Charities- Pregnancy and Parenting Support (Rev.4/22/19)	5361-A Virginia Beach Blvd. Virginia Beach, VA 23462	Ph:757- 456-2366	Catholic Charities have Care Centers on the Southside and peninsula which offer free diapers and baby supplies to families in need. Case management services are also provided to help pregnant women and new parents make a safe parenting plan, and to discuss and address all of the family's needs. Families also receive help in connecting to other available community resources addressing needs such as:
Catholic Charities-Pregnancy Counseling Services (Rev.4/22/19)	5361-A Virginia Beach Blvd. Virginia Beach, VA 23462	Please call or text 757-274-4952	Catholic Charities provides free confidential counseling services to birth families who are experiencing an unplanned pregnancy; they help them reach decisions that are best for family and child. Please call or text for more information.
CHIP of SHR/ (Children's Health Investment Program) (Rev.6/26/19)	1302 Jefferson St Chesapeake, VA 23324	Contact: Arlene Lipscomb Ph: 757-543-9100 Fax: 757-543-9166 Email: alipscomb@chipshr.org	CHIP is a comprehensive home visiting program for new, expectant and current parents. It is designed to help parents to be the best parents possible. Services include: Child development and parenting information, Connection to services in the community Case management and Help being the best parents you can be to your child.
CHKD-Family Resource Center	CHKD-Family Resource Center CHKD Health Center at Landstown 1924 Landstown Centre Way, Virginia Beach, VA 23462	Ph:757- 668-4955 Website:CHKD.org/Parenting Resources	CHKD-Family Resource Center provides parenting resources to parents as: parent education materials, view on-line parenting resources, or check out a list of upcoming classes. If parents are interested in talking with a parent educator, they are pleased to offer
Cooperative Parenting Program-	Catholic Charities of Eastern	Ph:757-533-5217 ext:1006	This is a Virginia Court Approved Program. Program helps parents and
Family Enrichment Center-Parental	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982	Family Enrichment Center performs Parental Capacity Evaluations
Family Enrichment Center- Parenting Classes (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides Parenting Classes offered on a regular basis by Certified Parenting Educators and Licensed Therapists. They have the following programs:STEP: Systematic Training for Effective Parenting classes meet weekly for six weeks and
Family Enrichment Center- Supervised Visitation and Exchanges (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides multiple levels of supervised visitation offered by professionals trained by the Supervised Visitation Network. Supervised exchanges are also offered. Please call for further information
Fathers in Training Program	Fathers in Training Social Services Division 3432 Virginia Beach Blvd Virginia Beach, VA 23452	Ph; 757-437-3490	The Fathers in Training Program offers support, advocacy and educational groups for fathers, addresses issues such as communication, anger management, infant care and understanding the support enforcement system. Time location:7:00 p.m. Mondays at
Fleet and Family Support Center- New Parent Support (Rev.6/27/19)	Fleet and Family Support Center- New Parent Support	Contact: Catherine Lewallen Ph:757-445-1089 Email:catherine.lewallen@navy.mil	Fleet and Family Support Center-New Parent Support program provides parenting support from prenatal to age 4. Please call for further information.
Hampton Roads Doulas-HRD (Rev.4/25/19)	Hampton Roads Doulas-HRD	Ph: 757-349-6618 Email:office@hrdoulas.com	Hampton Roads Doulas-HRD provides emotional support to mothers through pregnancy and birth or postpartum and newborn care. They
Healthy Families Virginia Beach (Rev. 6/26/19)	4452 Corporation Lane, Virginia Beach, VA 23462	Contact: Amanda Caton Supervisor Ph:757-518-2662 Fax:757-518-2643	Healthy Families Virginia Beach is a home visiting program that enrolls families prenatally or within 2 weeks of birth. Healthy Families services are open to any Virginia Beach residents planning to deliver at an area hospital (or who has delivered at an area hospital within the past 2

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NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program (Rev.6/27/19)	NMCRS – Navy Marine Corp Relief Society- Visiting Nurse Program	Ph:757-322-1171 Contact: Sandra Thompson (N, VB, H) Helen Keilty Molly	NMCRS – Navy Marine Corp Relief Society is a home visiting nurse program for parent and newborns housed at F&Fsupport Center in Norfolk. Please call for further information.
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartnership.org	Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice.
Parenting Classes	Youth and Family Counseling Services 465 Kings Grant Rd Virginia Beach, VA 23452	Ph: 757-306-1840	This program is designed to help parents to understand their youth's developmental changes, while encouraging positive communication. Tuesdays at 7:00 Pm.
Parenting Classes,Seton Youth Shelters	Parenting Classes,Seton Youth Shelters 3333 Virginia Beach Blvd Virginia Beach VA	Contact: Mrs. Smallwood Ph: 757-498-4693 Website: www.setonyouthshelters.org	Seton Youth Shelters offers Parenting Skill Program for parents of children ages 9-18. This class will help parent to gain skills to build effective communication with their children and help to solve conflict effectively. Meets every Saturday 4-6pm; no registration is required.
Project LINK-Virginia Beach Community Services Board (Rev.6/27/19)	Project LINK-Virginia Beach Community Services Board	Intake Contact: Otelia Ponton-Reid Ph: 757- 385-0810 Email:Oponton@vbgov.com	Project LINK is a program that provides intensive case management services to pregnant, post-partum and parenting women whose lives have been affected by substance use or a co-occurring disorder by reducing barriers that may prevent her from seeking appropriate
Teenage Pregnancy Program-EVMS	Teenage Pregnancy Program-EVMS	Contact: Amy C. Paulson Ph:757-446-6116 Email: paulsoac@evms.edu	The "Teenage Pregnancy Program" is a comprehensive program that provides prenatal care to pregnant teenagers ranging from 11 to 18 years of age (average 15 1/2 yr. olds). Teenage patients are seen by a select group of physicians and health care providers with extensive
The Kinship Navigator Program (Rev.7/1/19)	The Kinship Navigator Program 104B N. Witchduck Road, Suite 316	Contact: Gloria A. Walker Kinship Navigator Ph:757- 385-3636	The Kinship Navigator Program seeks to maximize resources, provide seamless integrated services, and provide accessible information for prospective kinship families and current kin caretakers / relatives.
The Planning Council-Home Visiting Central Intake (Rev.6/26/19)	The Planning Council Home Visiting Central Intake 5365 Robin Hood Rd #700, Norfolk, VA 23513	Ph: 757-622-9268 Ext. 3042 or 3061 Contact:Mennie Nelson- Barnes Referral Email: mneslon-barnes@theplanningcouncil.org OR Cheyenne Wesley Referral Email:cwesley@theplanningcouncil.	The planning Council offers information, referral and screening for home visiting programs for new expectant and current parents, infant and toddler programs, developmental delay programs, parenting classes, prenatal care, alcohol and drug resources, domestic violence resources,etc.. Areas covered: Chesapeake,Norfolk,Portsmouth,Virginia Beach,Suffolk,Franklin,Isle of Wight and Southampton County. Please call for further information.
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800-4-A-Child	The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education Email:debra.zalvan@ubicare.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your

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YMCA-Parenting Classes	YMCA 4101 Granby Street Suite 305 Norfolk, VA	Contact: Angela Bernard Ph:757-962-2112	This is a Virginia Court Approved Program for children 4 years old and up. Classes Tuesday nights 6:00AM-8:00 PM (Duration 6 weeks). Pre-registration required. Family can reside at any city.
RECREATION			
Ability Center of Virginia former Cerebral Palsy of Virginia -Camp Ability Summer Camp for Children with Special Needs (Rev.04/28/23)	Ability Center of Virginia former Cerebral Palsy of Virginia 5825 Arrowhead Drive Ste. 201 Virginia Beach, VA 23462	Contact: Ashley Hall, Camp Director Ph:757-497-7474 Email:Ashley@abilitycenterva.org Website: www.abilitycenterva.org	Each summer children and adults from Hampton Roads, the Peninsula and Virginia's Eastern Shore attend the Cerebral Palsy Summer Camp Enrichment Program. Held in the summer, activities include computer software games, art and crafts projects, daily field trips to museums, bowling and the movies. Diagnosis:Children & adults w/ developmental disabilities.
After School-School Age Program	Virginia Beach Recreation Centers	Ph:757 385-0400 Email:fun@VBgov.com Website:https://ezreg.vbgov.com/Activities/ActivitiesAdvSearch.asp	Our school-age program is offered at all six Virginia Beach Recreation Centers and provides a safe and comfortable environment for children to come and be a kid. And, there's the added bonus of access to recreation center amenities like the game rooms, gymnasiums and indoor swimming pools! We provide participants with homework time, field trips, and at some centers, even racquetball and a rock climbing wall! We understand the importance of recreation for children to
After School-pre-school and kindergarten programs	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Williams Farm Park – Ph:757- 385-1189 Main::757 385-0400 Email:fun@VBgov.com Website:https://ezreg.vbgov.com/Activities/ActivitiesAdvSearch.asp	Our licensed pre-school and kindergarten programs at Kempsville, Princess Anne and Williams Farm Recreation Centers prepare children for kindergarten, and help to develop them educationally, emotionally, and socially. We provide children with the opportunity to think independently and take a hands-on approach so they can explore, examine, and discover developmental skills. Our quality community-based kindergarten programs encourage creative play and social
Best Day Foundation (Rev.05/17/23)	Little Island Park/Sandbridge, Virginia Beach	Contact:Lake Downham, Participant Coordinator Mid-Atlantic Chapter Ph:757-880-5596 Email:lake@bestdayfoundation.org Website:https://bestdayfoundation.org	Best Day Foundation camp is designed for individuals with Developmental Disabilities. Ages:4 years to 24 years. Hours:9:00 a.m. – 2 p.m. Cost:\$35. Please call for further information.

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Boys and Girls Club	Boys and Girls Club 1505 Competitor Court Virginia Beach, VA 23455	Ph:757-368-4445	The Boys & Girls Club is dedicated to serving the cultural, educational, and recreational needs of the youth of our community. Services Offered: Arts and crafts, fine arts, gymnasium, game room, health and life skills program, career exploration, education and leadership development, structured programs, summer field trips, etc. Please call
Boy Scouts of America-The Tidewater Council	Boy Scouts of America-The Tidewater Council 1032 Heatherwood Drive Virginia Beach, VA 23455-6675	Ph:757- 497-2688 Fax:757- 473-3305 E-mail: Tide596BSA@aol.com	The Tidewater Council is one of 306 councils that operate under a charter issued by the National Council, Boy Scouts of America. The Tidewater Council is a 501(c)3 Non-profit organization, incorporated in the Commonwealth of Virginia. There are exciting opportunities for fun, service and personal development for young men, young women and
Camp Explore VB TRC Virginia Beach	Camp Explore VB TRC Virginia Beach	Contact: Teri Dalone Ph:757-474-8877 Website:www.VBgov.com/TR	Camp Explore VB TRC Virginia Beach serves individuals with diagnosis of Asperger's, ADHD, Learning Disability, Moderate to Severe Autism, Moderate to Severe Intellectual Disability, Emotional Disability, Cerebral Palsy, Down Syndrome, Physical Disabilities. Dates: June-August.Hours:8:30 a.m. – 3:00 p.m. Ages:6 years – 21
Camp JCC Traditional Day Camp - YACHAD (Rev.04/26/23)	Camp JCC Traditional Day Camp - YACHAD	Contact:Dave Flagler, Camp Director Ph:757-452-3192 Website:Simonfamilyjcc.org	Camp JCC strives to provide every child with the opportunity to enjoy our summer camp programs. The Yachad program consists of specially trained camp staff who can provide campers with accommodations and support for a variety of physical, emotional,
Campgonnawannagoagin-FACT	Campgonnawannagoagin - FACT 520 Viking Dr. Virginia Beach, VA 23452 Location of the Camp:	Ph. 757- 422-2040 Fax: 757- 306-7055 E-mail pam4fact@peoplepc.com Website:www.camp4autism.org	Campgonnawannagoagin -FACT proudly offer a unique and enriching summer day camp experience for children and teens with autism. •Camp Gonnawannagoagin is specifically for children ages 4 to 21 with a primary diagnosis of autism. •Six one week sessions are offered
Capernaum Day Camp (Rev.04/28/23)	London Bridge Baptist Church	Contact:Stafford Craymer, Area Director Ph:757-810-9857 Email:Craymer.yl@gmail.com Website:http://tinyurl.com/DayCamp 2022	Capernaum Day Camp is held during the summer for kids with disabilities. Groups from all over the east coast will come and have the best week of their lives.Ages:14 years – 22 years. Cost:\$150 includes Lunch and activities. Please call or visit the website for further information.
Citizens Loving All Special People (CLASP, Inc.)	Citizens Loving All Special People (CLASP, Inc.) 3900 Rumford Lane Virginia Beach, VA 23452	Ph:757-486-3110	Citizens Loving All Special People (CLASP, Inc.) provides social and recreational activities to citizens who have intellectual and physical disabilities, ages 15 and up. Also holds dances. Must be a Virginia Beach Resident. Call for additional information.
Champions After School therapeutic program for middle and high school students	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757 385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Ac	Champions After School program registration begins August 13, 2013 @ 5:00pm and continues as space allows. This program is an opportunity for middle and high school students with special needs to participate in instructional and recreational activities after school. Each
Discovery Camp Virginia Beach (Rev.04/28/22)	Discovery Camp Virginia Beach	Contact:Kathy Williams Ph:757-385-5990 Website:www.VBgov.com/TRJun	This 7-week day camp for individuals with disabilities allows campers to socialize, learn, and have fun while creating camp memories. Our vision is to create an environment which fosters new friendships, sparks the camper's imagination, develops a greater sense of

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Services Provided in Virginia Beach City

Exploring Program-Virginia Beach Police Department	Exploring Program-Virginia Beach Police Department Virginia Beach Police Headquarters, Municipal Center, Building#11, 2509 Princess Anne Road (room G34), Virginia Beach Virginia	Contact: MPO Brad Detrich at Ph:757-385-1371	Exploring is a division of the Boys Scouts of America (BSA) for young men and women ages 14-21. Its purpose is to provide a program of character building, citizenship, training and fitness. The Explorer may receive training in a variety of specialized areas: History of Law Enforcement. Basic Law and Operations, First Aid and CPR ,Crime Scene Procedures/Forensics ,Traffic Direction (18 years and older) and Plus many others. Additionally, this program provides opportunities to develop self-confidence, self-discipline and patience. It
Equi-Kids Therapeutic Riding Program (Rev.02/27/25)	Equi-Kids Therapeutic Riding Program 2626 Heritage Park Drive, Virginia Beach, VA 23456	Ph: 757-721-7350 Fax: 757-721-7354 Email:information@equikids.org Website:	EQUI-KIDS currently offers a variety of equine-assisted activities. Services include therapeutic riding, therapeutic horsemanship, equine-assisted learning, equine-assisted psychotherapy with a licensed mental health provider (mental health services for individuals and
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical School	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757-446-5708	HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong
Introduction to Competitive Swimming -Therapeutic Program	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757-385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Ar	This program focuses on increasing participants' swim skills in preparation for competitive swimming. Skills from the American Red Cross Levels IV-VI will be reviewed including: Freestyle/Front Crawl, Backstroke/Back Crawl, Breaststroke and Butterfly. Touch and/or flip
Junior Ventures (Rev.05/01/23)	Junior Ventures	Contact:Kathy Williams Ph:757-385-5990 Website:www.VBgov.com/TRJun	This 7-week program for individuals with disabilities incorporates leisure education, socialization, and skill building through recreation participation. Participants will be given the opportunity to develop lifetime leisure skills, plan community outings and work on
KelsKids Paddle Board Program for Children with Special Needs (Rev.04/26/23)	KelsKids - Paddle Board Program for Children With Special Needs Kill Devil Hills, North Carolina	Contact:Kellie Maier Ph: 252-489-5589 E-Mail: kel.kids@gmail.com Website:KelsKids.com	KelsKids Paddle Board Program is a swimming program that offers every exceptional needs participant to become extremely confident in the water. The benefits gained from enrolling on KELS KIDS includes: physical exercise, sensory integration, bringing forth language
Outdoor Challenge Series- Therapeutic Program	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757-385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Ar	Outdoor Challenge Series Age 12 -45 This program is designed to get youth outdoors. Participants will experience a variety of outdoor recreational and stewardship activities. Activities may include kayaking, fishing and hiking. Through the challenges of each activity, participants
Planet Fitness-Free Summer Membership (Rev.06/21/22)	Virginia Beach (Fordham Dr) 1205 Fordham Dr Virginia Beach, VA 23464 OR Virginia Beach (Virginia Beach Blvd)	Virginia Beach (Fordham Dr) Ph:757- 937-8322 Virginia Beach (Virginia Beach Blvd) Ph:757- 904-0564	Planet Fitness-Free Summer Membership program is for Teens 14-19; they can work out FREE with High School Summer Pass™. PLUS, when they sign up, they are automatically entered for a chance to win a \$5,000 scholarship*. *NO PUR NEC. Ages 14-19 (with parent approval if a minor). Ends 8/31. Void where prohibited. Please visit the website
RAPS-Really Awesome People Swimming	RAPS-Really Awesome People Swimming 617 Reasor Drive Virginia Beach VA 23464	Contact: Leslie Paul Ph: 757-420-9523 Website www.rapsswim.org	RAPS(TM) swim program offers American Red Cross swim lessons and organized play to minority and disadvantaged children between the ages of 5 - 18. Their goal is to teach children and teens how to swim and to be safe while in, on, or around the water so that we can try to make a difference in the number of drownings that take place each
Really Awesome People Swimming Program (RAPS)	Really Awesome People Swimming Program (RAPS)	Contac: Leslie Paul Ph:757-420-9523	Really Awesome People Swimming Program (RAPS) provides swimming lessons to all children between ages 9-16 regardless of their economic status, they must receive free or reduced lunch. The program takes children on a first come, first served basis and

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Recreation Center-Seatack - Virginia Beach Department of Parks & Recreation-Birdneck	Recreation Center-Seatack - Virginia Beach Department of Parks & Recreation 141 South Birdneck Road	Ph:757-437-4858 Intake Fax: 757-437-4953 Website: www.vbgov.com	The Virginia Beach Department of Parks & Recreation at Birdneck provides recreational programs and services for area residents in Virginia Beach. No age limitation. Program's target population: Children
R.I.S.E Summer Enrichment Program-Virginia Beach Parks and Recreation	Locations: Brookwood Elementary & B.F. Williams Elementary	Email:emailed to OSTRegistration@vbgov.com	RISE is a nine-week summer education enrichment program ;children will participate in all academic enrichment and recreational activities each day. ~~We require notification in writing prior to the program~~
Social Butterflies Club-Atlantic Speech /Socialization Therapy	Social Butterflies Club 1157 First Colonial Road Suite 301	Ph:757-422-6342 Fax 757-422-6343 Website:www.socialbutterfliesclub.c	The Social Butterflies Club™ was created for the clients that were having trouble interacting appropriately at school. The clients were bright children, but were labeled "behavior" problems
Social Butterflies Club Summer Camp	Social Butterflies Club Summer Camp	Contact:Rhonda Osisek M.S., CCC-SLP Ph:757-	Social Butterflies Club Summer Camp is designed for individuals with Speech-language delays, gross-fine motor delays, cognitive delays,
Sweet Night for a Dinner & Dance-Therapeutic Program	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757 385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Ac	Enjoy a sweet night of dinner and dancing with your friends! Must be a current Therapeutic Recreation participant. Registration includes dinner and a keepsake picture. Those who require 1:1 assistance are welcome, but need to provide their own assistant. If participant's guest
The Up Center-Behavioral and Therapeutic Recreation Consultations	The Up Center-Behavioral and Therapeutic Recreation Consultations	Contact: Patricia Coale Director, Therapeutic Recreation Ph:757- 965-8681	The Up Center-Behavioral and Therapeutic Recreation Consultations are available to individuals who have a Medicaid Community Living Waiver. Behavioral Consultations support individuals and provide training to families and staff in use of Positive Behavior Supports to
The Up Center-Camp Horizon	The Up Center-Camp Horizon	Contact: Patricia Coale Director, Therapeutic Recreation Ph:757- 965-8681 ~~Email:patricia.coale@theupcenter.org~~	The Up Center-Camp Horizon offers a summer camp for children, ages five and older, and adults with disabilities. Their dedicated counselors work individually with campers using a curriculum focused on therapeutic recreation and education. Camp Horizon is held from mid June through mid August on the campus of Virginia Wesleyan
Therapy Dog Classes-Playful Pups	Therapy Dog Classes-Playful Pups 404 Investors Place Suite 103 Virginia Beach VA 23452	Ph:757-469-6282 Contact: Jean Nohle Email:jnohle@verizon.net OR info@playfulpupstraining.com	Playful Pups offers therapy dogs classes certified by Therapy Dogs International. The cost of the class is \$70.00 for 3 weeks. Please call for further information.
Therapeutic Recreation Center	Therapeutic Recreation Center 800 Monmouth Lane Virginia Beach VA 23464	Ph: 757-474-8877	The Therapeutic Recreation Program serves citizens with disabilities. The center staff is dedicated to maintain an atmosphere which promotes leisure awareness, social interaction, and personal achievement.
TR Adult Swim- Therapeutic Program	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757 385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Activities/ActivitiesAdvSearch.asp	In collaboration with a Water Safety Instructor, Therapeutic Recreation staff work with individuals to provide one of the following: adapted skill instruction, based on American Red Cross Learn to Swim Standards, or individualized support for water exercise or modified swimming. ~~Participants will be provided physical support and behavior~~
TR Around Town IV (age 14-17)-Therapeutic Program	Virginia Beach Recreation Centers	Great Neck Park Ph:757- 496-6735 Main::757 385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Ac	This program provides the opportunity to participate in leisure activities in the recreation center and the community. Participants will select community outings, participate in various activities, work on money handling skills, and socialize with friends. All participants will be responsible for any admission fees on trips and for managing their own

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TR Around Town III (age 18-25) - Therapeutic Program	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757 385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Activities/ActivitiesAdvSearch.asp	This program provides the opportunity to participate in leisure activities in the recreation center and the community. Participants will select community outings, participate in various activities, work on money handling skills, and socialize with friends. All participants will be responsible for any admission fees on trips and for managing their own
TR Infant/Toddler Swim-Therapeutic Program	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757 385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Activities/ActivitiesAdvSearch.asp	Infant/Toddler Age 1 - 5 w/parent. A Certified Therapeutic Recreation Specialist (CTRS) works with certified Water Safety Instructors (WSI) to provide adapted skill instruction based on American Red Cross standards. The WSI's, therapeutic recreation staff provide individualized adaptations, instruction, physical support and behavior intervention in a safe aquatic environment. Target Population(s): profound, severe, moderate & mild levels of Intellectual Disability, learning disabilities, low to high functioning levels of Autism, moderate behavioral/emotional disorders, ADD/ADHD, traumatic brain injuries
TR Just Wanna Dance-Therapeutic Program	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757 385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Activities/ActivitiesAdvSearch.asp	This dance program is designed for individuals with special needs who just want to dance! Participants will learn different types of dance which may include jazz, ballroom, hip hop, and line dancing. Participants will engage in playful rhythmic movement for fitness and coordination. This program will incorporate the use of props in class and in a dance recital at the end of session. Target Population: Moderate & mild levels of
TR Youth Swim-Therapeutic Program	Virginia Beach Recreation Centers	City View Park – Kempsville-Ph:757-479-0106 Main::757 385-0400 Emailfun@VBgov.com Website:https://ezreg.vbgov.com/Activities/ActivitiesAdvSearch.asp	A Certified Therapeutic Recreation Specialist (CTRS) works with certified Water Safety Instructors (WSI) to provide adapted skill instruction based on American Red Cross standards. The WSI's, therapeutic recreation staff and volunteers provide individualized adaptations, instruction, physical support and behavior intervention in a
Virginia Beach Department of Parks & Recreation- Lynnhaven	Virginia Beach Department of Parks & Recreation	Ph:757-385-0401-Intake Web site www.vbgov.com	Virginia Beach Department of Parks & Recreation at Lynnhaven offer many types of recreational activities like classes, everything from
Virginia Beach Special Olympics	Virginia Beach Special Olympics 5033 Rouse Drive Virginia Beach VA 23462	Ph:757-422-4423 ext. 2 Toll Free: 800-932-4653 Website: www.specailolympicsVA.com	Virginia Special Olympics Inc. provides recreational training for children with intellectual disabilities ages 8 and above. Please call for further information.
YMCA at JT's Camp Grom Adaptive	YMCA at JT's Camp Grom	Ph:757-961-4175	YMCA at JT's Camp Grom Adaptive Camp is for campers whose
YMCA of South Hampton Roads- Teens FREE Membership (Rev.06/21/22)	YMCA Camp Red Feather 5817 Wesleyan Dr. Virginia Beach, VA 23455 OR	YMCA Camp Red Feather Ph:757- 305-1490 Hilltop Family YMCA Ph:757- 422-3805 Indian River	YMCA of South Hampton Roads is excited to provide teens FREE memberships this summer (June-August 2022, ages 13-18) through its Sponsor-a-Teen Program. Teens looking to receive a free membership simply fill out a quick, easy online application (or they can come to a
Young Life Capernaum Hampton Roads	Young Life Capernaum Hampton Roads 210 60th St	Contact: Stafford Craymer Ph:757-810-9857 Website: http://capernaum-	Young Life Capernaum Hampton Roads is a place where kids and people with disabilities come together to hang out, have fun and learn about life. Club is a free weekly event that has tons of fun, music,
RESPIRE			

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Ability Center of Virginia former Cerebral Palsy Association of Virginia-Respite Program	Ability Center of Virginia former Cerebral Palsy Association of Virginia 5825 Arrowhead Drive Suite 201 Virginia Beach, VA 23462	Contact: Michelle Majority, Executive Director michelle@cerebralpalsyofvirginia.org Ph:757-497-7474 Fax:757-497-0868 Website:www.abilitycentervva.org	Ability Center of Virginia former Cerebral Palsy of Virginia offers respite to parents or primary caregivers of special needs family members. They provide parents with a stipend of \$50 to help pay for a care giver to come into their home and care for their family member so they may spend some rejuvenating time away at a local hotel. Please call for further information.
Autism Society of Tidewater (Rev.04/17/23)	4605 Pembroke Lake Circle, Unit 202 Virginia Beach, VA 23455	Ph:757- 461-4474 Email; tidewaterasa@gmail.com	The Autism Society offers respite nights for families/caregivers so that they can take a break and enjoy some time to themselves, knowing that their child with autism and their sibling(s) are safe and have fun.
Best and Dependable Professional Nursing and Home Health	Best and Dependable Professional Nursing and Home Health 812 Newtown Rd Virginia Beach, VA 23462	Contact: Nancy A. Dimaano Ph:757-363-7542 Fax:757-363-7549 Email:nancy@bestanddependable.com	Best and Dependable Professional Nursing and Home Health -provides respite care as a service that provides an aide for the temporary, periodic or routine relief for the primary caregiver. The respite care is designed for the family member or primary caregiver.
Catholic Charities - In-Home Respite Care	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366	Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while you are away. Respite services
Catholic Charities' In-Home Respite Care Program	Catholic Charities of Eastern Virginia, 5361-A Virginia Beach Blvd. Virginia Beach, VA 23462	Ph:757-456-5136 Website: www.cceva.org	The program is designed to help caregivers who need a short-term break from the home. While you are away, a trained respite worker will stay in the home with a loved one to insure his/her safety. Respite workers provided by Catholic Charities of Eastern Virginia undergo full
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Community Services Board 3432 Virginia Beach Blvd 3rd Floor Suite 342 Virginia Beach, VA 23452	Ph:757-385-0600 Ph:757-385 -0600 . or call main number to be directed to the local CSB	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.creativevocationsllc.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship and Vocational Services. Insurance: They
Hope Haven Recharge Respite Care (Rev.04/20/23)	Address: 3000 N Landing Road Virginia Beach, VA 23456	Ph:757-427-1500 Website: http://hopehavenvb.org/contact/	Hope Haven is a ministry of the Union Mission Ministries, that offers a day at camp for children and teens with special needs, along with their siblings. The dates are monthly from November through April. Please call or visit the website for further information..
PALS I/II Program	416-A Investors Place Virginia Beach, VA 23452	Ph: 757-385-4225 Fax: 757-473-5213	PALS I/II Program Center provides respite care for children and young adults nine years and older who have special needs for support and supervision. Fees are \$90.00 full week 2pm-6pm and \$125.00 full
Respite Care Program-Virginia Beach	Community Services Board Pembroke 6,Suite 218 Virginia Beach, VA 23462	Contact: Sharon La Vier Ph: 757-437-6100	Respite Care is a service that provides temporary childcare for persons with developmental disabilities. Care providers are knowledgeable of most special services which be required by a client. The availability of services, fees, and additional information can be received from the program in your city. Must call for information
Sentara Adult Day Center - Virginia Beach (Rev.10/16/19)	3751 Sentara Way Virginia Beach, VA 23452	Ph: 757-306-2850	Pediatric Services of America provides Skilled Respite for Children. Please call for further information.

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SAFETY			
Child Safety Seat Program (Rev.06/11/24)	Child Safety Seat Program 4452 Corporation Lane Virginia Beach, VA	Ph:757-518-2700 Toll Free:1-800-732-8333.	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth.
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website:https://poisonhelp.broa.gov	When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161.
Project Lifesaver-Virginia Beach	Project Lifesaver Virginia Beach Virginia Beach Police Department	Ph:757-282-8566 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism.
Smoke Detector Program (Rev.4/3/19)	Operation Smoke Detector	Ph:757- 471-5826 Website:https://www.vbgov.com	Please contact Operation Smoke Detector to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.
SUBSTANCE ABUSE			
Awakenings Counseling Center (Rev.8/22/18)	1008 Old Virginia Beach Rd. Virginia Beach, VA 23451	Ph:757- 422-2118 Website: www.counselingatawakenings.com	Awakenings Counseling Center provides services to meet the counseling needs of children, adolescent, adults and families. Services includes: Evaluation or Assessment, Child or Adolescent Counseling, Individual Counseling, Couples Counseling, Family Counseling, Substance Abuse, Life Skills, and Crisis Intervention.
Awakenings Counseling Center-Tobacco Cessation (Rev.8/22/18)	1008 Old Virginia Beach Rd. Virginia Beach, VA 23451	Ph:757- 422-2118 Website: www.counselingatawakenings.com	Awakenings Counseling Center offers programs to help individuals with tobacco cessation. Please call for further information.
Beach Area Service Committee-Narcotics Anonymous	Beach Area Service Committee-Narcotics Anonymous Post Office Box 1377 Virginia Beach, VA 23451 Meetings: Ocean Lakes Church	Contact: Chair David C 757-724-3205	Ph: Narcotics Anonymous is a fellowship of men and women who are learning to live without drugs. We meet regularly to help each other stay clean. We are not interested in what you have done in the past, only in what you want to do about your problem and how we can help. Narcotics Anonymous meetings provide an atmosphere of recovery.
Behavioral Health Group Virginia Beach Treatment Center (Rev.9/17/18)	5715 Princess Anne Rd. Virginia Beach, VA 23462	Ph:757-962-0748	Behavioral Health Group Virginia Beach Treatment Center provides opioid addiction treatment. Payment & Insurance: Optima Insurance Self-Pay Plans Available . Hours: Mon-Fri: 5:00am to 1:00pm and Sat-Sun: 6:00am to 10:00am. Please call for further information.
Behavioral Health Group XLII, LLC	5715 Princess Anne Road Suite, Virginia Beach, VA, 23462	Ph: 757-962-0748	Behavioral Health Group XLII, LLC is a leading provider of opioid addiction treatment services, utilizes pharmacotherapy (maintenance and detoxification).
Blackwood Family Medicine Center-Tobacco Cessation (Rev.8/22/18)	1201 Lake James Dr., Suite 200 Virginia Beach, VA 23464	Ph:757- 523-0022	Blackwood Family Medicine Center offers programs to help individuals with tobacco cessation. Please call for further information.

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Clayton Hypnosis Clinic-Tobacco Cessation (Rev.8/22/18)	2405 Keaton Ct. Virginia Beach, VA 23456	Contact:C.L. Clayton, PsyD, CDH, CHt Ph:757- 471-7002 Email:info@claytonhypnosisclinic.com	Clayton Hypnosis Clinic offers programs to help individuals with tobacco cessation. Please call for further information.
Family Enrichment Center (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides support for all members of the family of individuals affected by substance abuse.
Family Enrichment Center-Substance Abuse Counseling (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides Substance abuse counseling in groups or on an individual basis by Licensed Substance Abuse Treatment Practitioners, Certified Substance Abuse Counselors, or other qualified professionals. VASAP services are also provided. ~~Please call for further information~~
Finney Zimmerman Psychiatric	Finney Zimmerman Psychiatric 324 Louisa Ave Suite 125 Virginia Beach, VA 23454	Ph:7:57- 466-0700 Website:http://www.psych-therapy.com	Finney Zimmerman Psychiatric provides individual and group counseling. And Smoking Cessation Services.
Friends and Family Education Program-CSB	Friends and Family Education Program Mental Health and Substance Abuse Division Pembroke Three, Suite 120 Virginia Beach, VA 23462	Ph:757-385-0800	Friends and Family Education Program offers education for the friends and family members of people who has a substance use disorder/addiction. The goal of the classes is to help friends and family members understand addiction and learn coping skills that help them <u>lead healthier, more productive lives.</u> Time location:6:30p.m-8:30 p.m.
GAP-Governor's Access Plan	GAP-Governor's Access PlanCSB Virginia Beach 297 Independence Blvd Pembroke Six bldg. Suite 208 Virginia Beach VA 23462	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph: 757-437-6100	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. <u>Eligibility: To get GAP benefits, you must meet ALL of the following :</u>
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services-Tobacco Cessation	Website:www.sentara.com/tobacco-cessation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
Health and Preventive Services-Sentara Health Care-Tobacco Cessation (Rev.8/20/18)	4417 Corporation Lane Virginia Beach, VA 23462	Ph:757- 552-7534	Health and Preventive Services-Sentara Health Care provides free community classes to help individuals with tobacco cessation.
James Bentley Counseling Services	James Bentley Counseling Services	Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com	James Bentley Counseling Services provides Substance Abuse Education, Psychiatric Evaluation & Treatment. Please call for further information.

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Lassiter and Associates Psychological Services	Lassiter and Associates Psychological Services 228 N.Lynnhaven Road Suite 107 Virginia Beach VA 23452	Ph: 757-228-5635	Dr. James Lassiter has an extensive training and experience in the areas of diagnostics, mental health care, therapy and evaluations. Specialties: Alcohol Abuse, Drug Abuse, Evaluations, Substance Abuse. Accepts Medicaid and major private insurances.
Mental Health and Substance Abuse -Child and Youth Services- Virginia Beach CSB	Mental Health and Substance Abuse -Health and Youth Services Pembroke Three Suite 245 Virginia Beach, VA 23462	Ph:757-385-0850 Emergency Services After Hours: Ph:757-385-0888	Child and Youth Services offers out-client services for children/adolescents with mental health and substance abuse, medication management and parent support group. Time and location varies. Please call for specific information.
Mental Health and Substance abuse Division	Virginia Beach MH/Substance Abuse Division, 289 Independence Blvd Virginia Beach, VA	Ph:757- 437-6200	Primary focus-mix of mental health/substance abuse services; substance abuse treatment; outpatient; serve adolescents, persons with co-occurring intellectual/substance abuse disorders; self payment, Medicaid, private health insurance, military insurance (e.g. VA, TRICARE); sliding fee scale (fee based on income/other factors), payment assistance available.
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
New Life Substance Abuse & Behavioral Consultants, Inc.- Outpatient Substance Abuse Treatment (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.- Outpatient Substance Abuse Programs	BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net	New Life Substance Abuse & Behavioral Consultants, Inc.-Outpatient Substance Abuse Treatment provides treatment, education and counseling using various clinical approaches to include: Motivational Enhancement. Cognitive Restructuring & 12-Step Models. etc. A 8-

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Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a service within our Co-Occurring Disorders program, for males and females. The program consists of the following services: screening given to all new admissions, Weekly Substance Abuse, Education and Prevention groups Intensive substance abuse group therapies, Group, Individual and Family Therapies, Weekly 12-step groups (AA/NA), Family Support Groups, Seeking Safety Groups, Assessment and Diagnostic Services, Expressive Therapies, GED Preparatory Training, Transitional planning for referrals to community resources upon discharge, Individualized Multidisciplinary Treatment Planning, Gender-specific programming, 24-hour Nursing Care, Art, Music, Pet, Recreation Therapies, Life Skills Training, Refusal Skills Training and Licensed and Accredited Educational Services. Coverage Areas: Chesapeake, Gloucester, Hampton, Isle Of Wight, James City County, Mathews, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, Williamsburg, and York County. Cost: Reduced Cost. Ages: 11 to 18 years old. Please call for further information.
Oxford House Virginia Beach	Oxford House Pembroke 3032 Birch Bark Drive Virginia Beach, VA 23452 Gender: Females ***Oxford House Tidewater	Oxford House Pembroke Ph:757-497-5880 ***Oxford House Tidewater Ph:757-491-6860 ***Oxford House Plaza	Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Fees: Vary from house to house, typically \$65-\$165 per day.
Peninsula Therapy Center, PLC - Juvenile Substance Use Didactic Group (Rev.6/11/18)	3500 Virginia Beach Blvd, Virginia Beach, VA 23452 The Care Team Virginia Beach: 3500 Virginia Beach Blvd	Ph:757- 963-6303 Please contact The care Team Virginia Beach: CareTeamVirginiaBeach@ptcplc.co	Peninsula Therapy Center, PLC is starting a new juvenile substance use didactic group. This is a 60 minute psychoeducational group for juveniles 13-17 years old who are at risk for substance use, are suspected of substance use, those who have begun experimenting with
Project LINK	Project LINK	Contact Cleriece Whitehill, Coordinator Ph :757- 385-0810 Email:cwhitehi@vb.gov OR	Project LINK provides intensive gender-specific case management services to pregnant, post-partum and parenting women whose lives have been affected by substance use and/or co-occurring disorder
Project LINK-Case Management for Children	Project LINK-Case Management for Children	Contact Cleriece Whitehill, Coordinator Ph :757- 385-0810 Email:cwhitehi@vb.gov OR Lori Chittum, Support Staff	Project LINK offers a children's case management program called Families Together for children aged birth through seven who are considered at risk of severe emotional disturbances due to parental/caregiver substance abuse or mental health issues. Case
Recovery For the City (Rev.9/18/18)	228 N Lynnhaven Rd #117, Virginia Beach, VA 23452	Ph:757- 456-0093	Recovery For the City is a drugs and alcohol addiction rehabilitation center. Please call for further information.

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Right Path Addiction Treatment Center (4/17/18)	Right Path Addiction Treatment Center	Main: Ph:757- 266-4090 Virginia Beach: 757- 321-0795 Website: http://www.rightpathaddiction.com	Right Path Addiction Treatment Center offers a number of treatment options for opioid addiction. Medicaid is accepted.
Salvation Army-Adult Rehabilitation Program	5560 Virginia Beach Blvd, Virginia Beach, VA 23462	Ph:757- 499-0032	The Salvation Army has no-fee adult rehabilitation residential treatment facilities to offer spiritual, emotional, and social assistance to those who have lost the ability to cope with their problems and
Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism -Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Sunday Step Study AFG Al-Anon Service Center Tidewater	Contact: Lee Ph:757-404-3286	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Freedom Women AFG Bayside Presbyterian Church 1400 Ewell Rd.	Contact: Lorene Ph:757-430-1825	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Basic Recovery AFG Emmanuel Episcopal Church 5181 Singleton Way Virginia Beach, VA	Contact: Joe Ph:757-717-0608	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Small Shores, Step Study AFG All Saints Episcopal Church 1968 Woodside Ln Virginia Beach, VA	Contact: Ethel Ph:757-464-5793	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Beach Parents Al-Anon Meeting Spring Branch Community Church 1500 N. Great Neck Rd. Room	Contact: Keith Ph: 757-748-6300	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Sandbridge AFG Sandbridge Community Chapel Annex 3041 Sandpiper Rd Virginia Beach, VA	Contact: Jeanne Ph: 757-348-3801	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Wednesday Noon AFG Foundry United Methodist Church 2801 Virginia Beach Blvd	Contact: Carole Ph:757-478-9725	The Al-Anon (for adults) and program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	First Things First AFG Sentara Princess Anne Hospital 2025 Glenn Mitchell Dr. Virginia Beach, VA	Contact: Heidi Ph: 757-753-1692	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Thursday Noon AFG Thalia United Methodist Church 4321 Virginia Beach Blvd. Virginia Beach, VA	Contact: Shaun Ph: 757-708-6640	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Corporate Landing AFG Al-Anon World Service Office 1600 Corporate Landing Blvd	Contact: Melissa Ph:757-392-6977	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism

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The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Changing Attitudes AFG St. Francis Episcopal Church 500 Decemont Rd "A-OK" Alateen	Contact: Janice Ph:757-724-2785	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism
The Alateen (for teens) -Support Group (Rev.8/24/18)	1600 Corporate Landing Parkway	Ph:757-499-1443	The Alateen (for teens) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Friday Night Meeting AFG Old Donation Episcopal Church 4440 N. Witchduck Rd	Contact: Ava Ph: 757-284-8502	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Beach AFG Galilee Episcopal Church 40th St. & Pacific Ave. Virginia Beach, VA	Contact: Maria Ph: 757-404-0247	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	GFA Amistad, Spanish Speaking St. Gregory Church 5345 Virginia Beach Blvd	Contact: Sergio Ph:915-633-3153	The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours:
Virginia Beach Psychiatric Center	Virginia Beach Psychiatric Center 1100 First Colonial Rd Virginia Beach, VA 23454	Ph: 757-496-6000 24 Hour Resource for any Emotional Crisis: 757-627-LIFE Referrals: 757-496-3500	Virginia Beach Psychiatric Center provides psychiatric and substance abuse to children from 3-11 years old, adolescents 12-17 years old, and adults. Treatment programs includes: substance abuse, dual diagnosis and rapid stabilization 24 hours mental health assessment
VBMC – Virginia Beach Methadone Clinic (Rev.4/17/18)	1728 Virginia Beach Blvd Suite 113 Virginia Beach, VA, 23454	Ph: 757-437-0411	VBMC – Virginia Beach Methadone Clinic provides standard treatment for pregnant women is methadone.
Women in Crisis	Women in Crisis 736 Lord Nelson Drive Virginia Beach, VA 23464	Ph:757-495-3991 Fax: 757-495-3992 24-hour Hotline: 757-625-5570	Provides a Christian based care group of 7-15 persons who come together to network with women who are in situations of bound by any type of drug, substance, chemical. All new members will receive a questionnaire and newcomers packet to be read AFFILIATION:
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
ADD (Attention Deficit Disorder) - Parent's Support Group	CHADD of Tidewater Barry Robinson Center 443 Kempsville Rd, Norfolk VA 23502	For further information contact: 866-633-4871	A support group for Parents and Professionals with issues concerning ADD. Meets the 1st Thursday of each month from 6:45Pm -8:30Pm.
AFGIS (Armed Forces Guild for Infant Survival) Support Group	AFGIS (Armed Forces Guild for Infant Survival) Support Group	Contact: Wayne and Kim Sandlin Ph:757-499-0658 Email:afgisinc@netzero.com	AFGIS (Armed Forces Guild for Infant Survival) Support Group is for parents who have experienced the death of a child through Sudden Infant Death Syndrome.
AGIS (American Guild for Infant Survival)-Support Group (SIDS)	AGIS (American Guild for Infant Survival)-Support Group (SIDS)	Contact: Eileen and Scott Hessek Ph: 757-463-3845 Email:agis@sids-supportguild.org	AGIS (American Guild for Infant Survival)-Support Group (SIDS)-is for who have experienced the death of a child through Sudden Infant Death Syndrome. Serves Tidewater and Peninsula.
Al-Anon / Alateen Info Serv of Tidewater-Support Group	Al-Anon y Alateen Support Group Pembroke One-Ste. 406 281 Independence Blvd, 23462 Website:www.va-al-	Ph:757-499-1443 Toll Free:1-888-4AL-ANON (888-425-2666)	The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. They believe alcoholism is a family illness, and that changed attitudes can aid recovery. Al-Anon is not

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Alcoholic Anonymous Support Groups	Alcoholic Anonymous Groups 4968 Euclid Road Suite C1 Virginia Beach, VA 23462	Ph:757-490-3980	Alcoholic Anonymous Support Groups- offer supportive meetings throughout area.24-Hour Hotline No. fee. Child care may be provided but varies. Please call for specific information.
Alliance for The Mentally ILL- Family Support Group	Alliance for The Mentally ILL- Family Support Group Pembroke One 281 Independence Blvd # 414 Amazing Me, VA Beach	Ph:757-424-0856 / 757-486-1245	Group meets 1st Wednesday 7:00 -8:30 Pm. Please call for further information.
Amazing Me, VA Beach	Amazing Me, VA Beach	Ph: 757-373-7102 Website: www.amazingme.org	Amazing Me, VA Beach is a forum for children and parents to socialize with local people affected by speech and other developmental delays and pervasive developmental disorders including ASD. Please call for further information.
Arthritis Support Group	A program of Arthritis Foundation - Virginia Beach.	Intake: Angela Courtney, Ph:757-456-1119 Email acourtney@arthritis.org Fax:757-456-2347	Provides health education and maintenance services devoted to problems related to arthritis and other rheumatic diseases. No age limitation. No fee.
Arthritis Support Group -Jewish Community Center	Arthritis Support Group -Jewish Community Center 5000 Corporate Woods Drive Suite 100 Virginia Beach, VA 23462	Ph:757-489-1371 Fax:757-489-4427	The Arthritis Support Group at Jewish Community Center has Arthritis aquatic classes, Mondays, Wednesdays and Fridays at 12:00 noon.
Autism 101 Online Support Group Meeting (Autism Society of Tidewater) (Rev.06/26/20)	Autism 101 Online Group Meeting (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org Registration Link: http://chapter.tidewaterasa.org/srcr1	Autism 101 Online Support Group Meeting on Wednesdays at 12:00 PM. Please register to receive the meeting information:
Awesome Adults with Autism-Online Gathering (Autism Society of Tidewater) (Rev.06/26/20)	Awsome Adults with Autism-Online Gathering (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org	Autism Society of Tidewater host a weekly social for our Adults with Autism. They are adults on the Autism Spectrum who discuss what is going on in their lives, successes and challenges and how to best support one another. Times: Saturdays 12:00-1:00 PM. Must Register.
Bereavement-Support Group for Death/Grief-(AARP)-Norfolk/Virginia Beach (Rev.06/20/22)	A program of American Association of Retired Persons (AARP) 312 Kempsville Road	Intake: Gordon M. Morton Main:757-420-1788 ,Alternate:757-490-1316,Voice Mail:757-461-9457 Web site: www.aarp.org	Provides services for men or women, of any age who have lost a spouse. Meetings take place on Tuesday at 7PM at First Baptist Church, 3rd floor 312 Kempsville Rd, Norfolk, Va ; Thursday at 1PM at Virginia Beach Christian Church, Great Neck Rd and Rose Hall Dr in
Bereavement Support Group (Adult)	Bereavement Support Group 5345 Marian Lane Virginia Beach, VA Marion Manor	Contact: Roger Gauthier Ph:757-549-5652 Website: www.sentara.com/support	Bereavement Support Group offers emotional support for anyone who has lost a loved one. The group meets the 1st and 3rd Wednesday of every month,11:30-1:00Pm.
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/23)	Bereavement Support Group for Parents-Compassionate Friends	Ph:757-995-7012 Email: aaviands.tcf@gmail.com Toll Free:1-877-969-0010 Website: www.compassionatefriends	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.
Bill Austin and Brenda Mallery's grief recovery support groups (Rev.02/24/23)	3201 Edinburg Drive. Virginia Beach.VA	Ph:757-340-6459	Bill Austin and Brenda Mallery are leading grief recovery support groups in association with St. Aidan's Episcopal Church in Virginia Beach aimed at helping Hampton Roads residents dealing with the emotional impact of grief. Please call for further information.

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Brain Tumor Support Group of Hampton Roads	Contact: Denise Clake for times and locations	Contact: Denise Clarke Ph:757-714-6240	Brain Tumor Support Group of Hampton Roads offers emotional and educational support regarding Brian tumors for patients and their families.
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
Breast Cancer Support-Virginia Beach (Rev.02/28/20)	Breast Cancer Support-Virginia Beach Sentara Virginia Beach General Hospital	Contact Kerry Clay, Cancer Network Coordinator Ph: 757-395-6317.	This Breast Cancer Support Group offers emotional and education support to breast cancer patients and their families. They meet at 6:30 p.m. on the second Monday of the month in the Heath Education Center located at Sentara Virginia Beach General Hospital. Please call
Beyond Boobs Breast Cancer Support Group	Beyond Boobs Breast Cancer Support Group	Contact: Charlene Cattoi Ph:757-714-4010 Website:www.beyondboobsinc.org	Beyond Boobs Breast Cancer Support Group offers emotional and educational support, as well as advocacy opportunities, to young breast cancer survivors (pre-menopausal diagnosis). The group meets 3rd Tuesday of every month,6:00pm.
CHADD of Tidewater	CHADD of Tidewater P.O Box 62686 Virginia Beach, VA 23466	Ph:757-479-9993 Website:www.tidewaterchadd.org Email:adhd@tidewaterchadd.org	CHADD of Tidewater offers support group for persons with AD/HD. Children issues meets the 1st Thursday of each month, for adults meets the 2nd Thursday of each month. Both groups meets at the Barry Robinson Center at 6:45 to 8:30 pm.
Chaverim-Jewish Family Services of Tidewater-Developmental Disabilities Support Group	Chaverim-Jewish Family Services of Tidewater 260 Graydon Road Virginia Beach, VA 23462	Ph:757-473-2695 Fax:757-459-4643 Website:www.jffhamptonroads.org	Chaverim is a culturally sensitive social and recreational group comprised of adults who are developmentally disabled. The group celebrates Jewish holidays and attends cultural and sporting events. Please call for further information.
Childhood Apraxia of Speech Network of Hampton Roads Support Group	Childhood Apraxia of Speech Network of Hampton Roads Support Group 4560 South Blvd Suite 310	Email: cash_hr@yahoo.com	The Childhood Apraxia of Speech Network of Hampton Roads Support Group meets the second Saturday of each month 10:00am to 12:00pm. The group is for parents, families, friends, speech pathologists, teachers and others. The meetings are for adults only.
Colorectal Cancer & Ostomy Support Group (Rev.03/02/20)	Sentara Leigh Hospital - Orthopedic Conference Room 830 Kempsville Road Norfolk, VA, 23502	Contact: Morag Corrigan Ph: 757-261-8575 or Catherine Finuliar Ph: 757-261-5405	This group is open to colorectal cancer patients and survivors, their families, and friends. Assist patients in meeting their unique needs in dealing with the diagnosis, treatment, ostomy care, and nutritional aspects of colorectal cancer. Provide emotional support through peer
Compassionate Friends Bereavement Support Group	Compassionate Friends Support Group Kempsville Presbyterian Church 805 Kempsville Rd,	Ph:757-484-8161/757-482-5856	Compassionate Friends is a support group for parents, grandparents and older siblings who have lost children/siblings. Meets the 3rd Thursday of each month at 7:00 Pm (except for December). No fee. Please call for further information.
Diabetes Support Groups	Virginia Beach Friends with Diabetes Group, Princess Anne Elementary School, 2444 Seaboard Road,	For further information contact - Sally Berry, R.N. and Jean Sinnott, R.N. Ph:757-263-2025	4th Monday of every month (7:30 p.m. to 8:15 p.m.) (2008/2009 school year dates - 09/22, 10/27, 11/24, 1/26, 2/23, 3/23, 4/27, 6/1)

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DivorceCare Support Group- Church of the Ascension (Rev.6/6/18)	Church of the Ascension 4853 Princess Anne Road, Virginia Beach, VA 23462	Kathy Ahearn, Facilitator 757-495-1886 ext. 411 Website: http://www.divorcecare.org/	DivorceCare Support Group provides support to individuals facing divorce or separation; they meet to help individuals to face these challenges and move toward rebuilding their life. Meetings: Sunday at 6:00PM. Please call for further information.
DivorceCare Support Group- Kempsville Christian Church (Rev.6/6/18)	Kempsville Christian Church 5424 Parliament Drive Virginia Beach, VA 23462	Contact: Johnathon Bigelow, Leader Ph:757-284-2388 Website: http://www.divorcecare.org/	DivorceCare Support Group provides support to individuals facing divorce or separation; they meet to help individuals to face these challenges and move toward rebuilding their life. Meetings: Tuesdays at 7:00PM. Please call for further information.
DivorceCare Support Group-New Life Providence Church (Rev.6/6/18)	New Life Providence Church - Kempsville 1244 Thompkins Lane, Virginia Beach, VA 23464	Nicola Taylor, Co-Leader Ph:757-227-6930 Website: http://www.divorcecare.org/	DivorceCare Support Group provides support to individuals facing divorce or separation; they meet to help individuals to face these challenges and move toward rebuilding their life. Meetings: Fridays at 7:00PM. Please call for further information.
Epilepsy Foundation of Virginia- Hampton Roads Area Support Group (Rev.11/26/19)	Epilepsy Foundation of Virginia- Hampton Roads Area Support Group 522 South Hampton Roads	Contact: Kelly Maton Ph:757-512-7450. Website: http://www.epilepsyfoundation.org/local/virginia/events.cfm	Epilepsy Foundation of Virginia-Hampton Roads Area Support Group is a support group for people living in the Hampton Roads area. The group is held on the third Tuesday of every month from 7-8pm.
Faith Inclusion Network of Hampton Roads (FIN)	Faith Inclusion Network PO Box 6123 Norfolk, VA 23508	Contact : Director of FIN, Karen Jackson at faithinclusionnetwork@gmail.com	The mission of FIN is to promote awareness of and provide support for the inclusion of people with disabilities and their families into faith communities in South Hampton Roads area.
Family Enrichment Center- Batterers Intervention/Domestic Violence Groups (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464	Ph:757- 472-4982 Email: fec@familyecenter.com Website: https://familyecenter.com	Family Enrichment Center provides weekly groups for men with legal charges related to intimate partner violence. Groups are provided by facilitators trained in the Duluth Model for Domestic Abuse Intervention Programs. . Please call for further information.
FriendABLE Social Club	FriendABLE Social Club Larkspur Middle School, 4696 Princess Anne Rd Virginia Beach, VA 23320	Ph:757- 631-0222	The friendABLE social club is a safe fun place where persons with disabilities can come to visit with old friends and meet new ones.
General Cancer Support Group	General Cancer Support Group 1060 First Colonial Road Virginia Beach, VA 23454 Health Education Center	Ph:757-395-8686 Cancer Resource Center	General Cancer Support Group offers emotional and educational support to cancer patients and their families. All types of cancer are included. The group meets 3rd Monday of every month at 6:30 Pm.
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
HUGS-GYN Cancer Support Group	HUGS-GYN Cancer Support Group Community United Methodist Church 1072 Old Kempsville Road	Contact: Melodie Roxas Ph:757-486-5333	HUGS-GYN Cancer Support Group offers emotional support to women with GYN cancers. The group meets 1st and 3rd Wednesday of every month, 7:00-8:30 pm.

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Jewish Family Services of Tidewater-Support Group	Jewish Family Services of Tidewater 260 Graystone Road Virginia Beach VA 23462	Ph:757-459-4640	Jewish Family Services of Tidewater offers Divorce and Grief Support Groups for children/teens. Please call for further information.
La Leche League of Virginia Support Group	La Leche League of Virginia Meetings: 3rd Thursday, 7:00 pm Foundry United Methodist	Contact: Claire, Mary, Melissa Ph:757- 204-LLL7 Email:LLLVirginiaBeach@gmail.com	La Leche League Leaders are experienced mothers who are accredited by La Leche League International to help mothers and expectant mothers with all aspects of breastfeeding. They are available to address any breastfeeding questions or concerns by phone, email,
Lamplighter Movement,-Support Group Virginia Beach Chapter	Lamplighter Movement,-Support Group Virginia Beach Chapter Beach Counseling Center 615 N Birdneck Rd Suite 108	Ph:757- 279-2043	Lamplighter Movement,-Support Group is a free support group for victims of incest and child hood sexual abuse based on the mission statement of The Lamplighter Movement, an International Movement for Incest and Child Sexual Abuse Recovery founded by Marjorie
Learning disabilities Association of Tidewater -Parent's Support Group	Learning disabilities Association of Tidewater -Support Group	For further information contact: Suzanne Kumpft- Ph:757-424-4113 or call Cell: 757-407-1079	Meeting every other month at the Endependence Center.
Leukemia & Lymphoma Support Group-Sentara (Rev.02/28/20)	Leukemia & Lymphoma Support Group- Sentara Virginia Beach General Hospital	Contact: Lynne Ph:t 571-247-3079 or Kerry Clay Ph: 757-395-6317.	Sentara Virginia Beach General Hospital will be offering a Lymphoma Support Group the second Tuesday of each month beginning in September. The Lymphoma Support Group is the perfect place to talk with other people affected by lymphoma, including patients, family
Look Good, Feel Better- Support Group for Women with Cancer	Look Good, Feel Better-Support Group 1060 First Colonial Road Virginia Beach, VA 23454 Health Education Center	Contact: Jill Matthews Ph:757-395-8686	Look Good, Feel Better Support Group-participants learn how to apply make up, style hair, and suggestions on sources for wigs. The program teaches grooming techniques that can help patients cope with appearance changes that may occur.
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.	This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This
Mesa Family Workshops -Support Group	Mesa Family Workshops Support Group-Mental Health Substance Abuse Division Pembroke Six, Suite 120	Ph: 757-385-0802	Mesa Family Workshops -Support Group offers education and support group meetings for families that have a loved one who has a serious mental illness. The workshops provide education and support concerning serious mental illness such as Schizophrenia, Bipolar
Mid-Atlantic Carcinoid and Neuroendocrine Tumor Association Support Group	Mid-Atlantic Carcinoid and Neuroendocrine Tumor Association Support Group 1060 First Colonial Road	Contact: Susie Miller Ph:757-572-7465	Mid-Atlantic Carcinoid and Neuroendocrine Tumor Association Support Group- offers emotional and educational support to anyone with carcinoid cancer or other neuroendocrine diseases. The group meets 3rd Sunday of every month from 2:00-4:00 Pm.
Motherless Daughter's Support Group	Motherless Daughter's Support Group 5520 Greenwich Road Suite 202 Virginia Beach, VA 23462	Ph:757-459-4640	Motherless Daughter's Support Group offers emotional support to daughters who have lost their mothers. Call for more information about meeting times and places.
Multiple Myeloma Support Group (Rev.03/04/20)	Thalia Lynn Baptist Church 4392 Virginia Beach Blvd. Virginia Beach, VA, 23452	Contact: Tom Glass Ph: 757-406-1470 OR Brenda Riggs Ph: 757-409-7518	Multiple Myeloma Support Group provides emotional support for patients and their families while providing education on treatment and management of myeloma. Meets: Third Saturday of the month from 10 :00AM to 12:00 P.M. Please call for further information.

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Palliative Care Support Group	Palliative Care Support Group 1060 First Colonial Road Virginia Beach, VA 23454 Solarium,1st Floor Palliative	Contact: Odette Joseph, LCSW Ph:757-395-8144	Palliative Care Support Group offers emotional and educational support to families of patients hospitalized with terminal diagnosis.
Pancreatic Cancer Support Group (Rev.03/02/20)	Thalia United Methodist Church 4321 Virginia Beach Blvd. Virginia Beach, VA, 23452	Contact: Jim Sullivan Ph:757-499-8083 or Gerry LaPlante Ph:757-483-1572.	The group provides support and information to men and women who have been diagnosed with pancreatic cancer. Spouses, families and caregivers are welcomed. Meetings are informal, including attendee updates and general discussion pertinent to pancreatic cancer. This
Parents without Partners Support Group	Parents without Partners Support Group P.O Box 9799 Virginia Beach, VA 23450	Ph:757-498-2666 Website: http://communities.msn.com/singleparentschapter216	Parents without Partners Support Group offers educational. social and recreational activities for single parents and their children throughout the Tidewater area. Orientation: Mondays 7:00pm Village Inn Restaurant, Independence Blvd, Virginia Beach. Fees: annual fee.
Parent Webchat-Autism Society of Tidewater- (Rev.06/26/20)	Parent Webchat-Autism Society of Tidewater- (Rev.06/26/20)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org Registration Link:	Autism Society of Tidewater host a weekly ParentWebchat for Parents of Children with Autism. Times: Thursdays at 7:00PM. Please register to receive the meeting information:
People First	People First Virginia Beach Central Library/The Folio Room 4100 Virginia Beach Blvd, Virginia Beach, VA 23452	For more info contact Kriste Salamon at Ph:757- 385-0582 Email : ksalamon@vbgov.com	PEOPLE FIRST is People First is an organization that promotes the self-advocacy of adult persons with developmental disabilities.
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com	offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Prostate Cancer Support Group (Rev.03/02/20)	Sentara Virginia Beach General Hospital 1060 First Colonial Road Virginia Beach, VA, 23454	Contact: Kerry Clay, Cancer Network Coordinator Ph: 757-395-6317	The group provides emotional and educational support to prostate cancer patients and their families. The group meets the third Thursday of the month from 6:30 - 7:30 p.m. at the Health Education Center located at Sentara Virginia Beach General Hospital. Please call for further information
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearses.org/redballoon/	Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost:currently \$19.

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Single Mom's Soar Support Group (Rev.5/16/19)	Tidewater Community College 1700 College Crescent Library Room L102 Virginia Beach , VA, 23453	Contact:Teshaira Dawson Ph/Text: 757-550-1669 Email: Teshairadawson@yahoo.com.	" Single Moms Soar". support group will provide practical tips and education on several topics. Some of the topics will include emotional healing, coping with single mother hood, self- care, overcoming barriers, and co-parenting with poise. Women will also be challenged to build their self confidence and develop their communication skills during or meetings. Please call /text for further information.
Single Parents of Greater Hampton Roads	Single Parents of Greater Hampton Roads	Ph:757-287-4512 Email: spovb216@yahoo.com Website:http://www.meetup.com/Sin gle-Parents-of-Greater-Hampton-Roads/	Single Parents of Greater Hampton Roads is a local network of single parents. They provide family activities, adult social programs, and educational programs. Activities include bowling, camping, arts and crafts, museum trips, discussions, dances, house parties, restaurant trips, and much more! You choose which activities you want to attend. Their members range in age from early 20s through 70s - some are separated, some divorced, some widowed, and some never married. Some have young children, some have teens, and some have adult children. You are eligible to join PWP if you are single by reason of separation, divorce, death of a spouse or have never been married and you are a parent of one or more living children. Your age, your child's age or custody arrangements are not a factor for eligibility. The common denominator is that we are all single parents. Covered areas: Virginia Beach, Norfolk, Portsmouth, Chesapeake, Suffolk, Hampton, Newport News, Williamsburg, upper North Carolina and other local cities. Please call for further information.
Special Needs Family Support Network	A program of Jewish Family Service of Tidewater, Inc. 260 Grayson Road Virginia Beach, VA 23462	Main:757-321-2222 Fax:757-965-6102 Website: www.jfshamptonroads.org/family/sp ecial.html	Monthly support group for families of adults who have developmental disabilities. Features speakers familiar with systems impacting adults with developmental disabilities who can offer practical information on needed services. No age limitation.
Support Group-Bereavement Death/Grief	A program of American Association of Retired Persons (AARP) 312 Kempsville Road First Baptist Church Norfolk, VA 23502	Intake: Gordon M. Morton Main:757-420-1788, Alternate:757-490-1316, Voice Mail:757-461-9457 Website: www.aarp.org	Provides services for men or women, of any age who have lost a spouse. Meetings take place on Tuesday at 7PM at First Baptist Church, 3rd floor 312 Kempsville Rd, Norfolk, VA ; Thursday at 1PM at Virginia Beach Christian Church, Great Neck Rd and Rose Hall Dr in Virginia Beach. Accessing Services : Telephone and walk-ins accepted. No fee.

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Support Group for Families Living with Cancer	Jewish Family Service of Tidewater, Inc. 260 Grayson Road Virginia Beach, VA 23462	Intake: Counseling Coordinator Ph: 757-459-4640 Fax: 757-459-4643 Website: http://www.jfshamptonroads.org/familiesfindingstrength.html	Multi-generational support system offering age-appropriate support groups for families of cancer patients. Peer support group for children, voluntary caregiver/parent meetings for parents of children in support group, teen socialization events, workshop/lecture series targeted at older adults. Must call for times and locations of meetings. No age limitation. No Fee.
Support Group Hearing Disability Outreach Services	A program of Endependence Center, Inc. 6300 East Virginia Beach Blvd Norfolk, VA 23502	Main:757-461-8007 Fax 757-455-8223 Website: http://www.endependence.org	Helps build a peer support network; discusses disability issues; encourages problem solving through individual empowerment. Meets at the Endependence Center. No age limitation. No fee.
Support for My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email:	Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed
Tidewater Association for Hearing Impaired Children (TAHIC)	Tidewater Association for Hearing Impaired Children 1821 Old Dominion Parkway Suite 10 Virginia Beach VA 23454	Ph:757-481-1826 (Voice/TDD) Website: www.tahic.org	Tidewater Association for Hearing Impaired Children Support Group-promotes better educational programs for children with hearing loss, provides social and recreational opportunities. Please call for further information.
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev.07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131 Norfolk VA 23502	Contact:Judith Millman, Facilitator Contact: Judy Judithmillman@aol.com Link: https://www.lighthouseguild.org/patients-families/tele-support-	The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
The Parent's Group-Grieving a	Bayside Presbyterian Church	Contact: Betsy Koivisto	The Parent's Group-Grieving a Child Death provides support for
The Parents' Group- Support for Bereaved Parents	The Parents' Group- Support for Bereaved Parents	Contact: Christin West Ph:757-479-0990	The Parents' Group is a support group for parents who have experienced the death of a child of any age.
The Tidewater Brain Injury Support Groups	The Beacon Clubhouse 3808C Virginia Beach Blvd Virginia Beach, VA	Information call: Mary Copeland, MSW Brain Injury Association of Virginia	The Tidewater Brain Injury Support Group meets the second Monday of each month.

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The Up Center-"Seeking Safety" Support Group	The Up Center-"Seeking Safety" Support Group 222 West 19th St. Norfolk, VA 23517	Ph: 757-965-8641	The "Seeking Safety" Support Group is appropriate for adult men and women who have experienced trauma and employ compulsive behaviors to cope (like substance abuse, cleaning, shopping, food, etc.). Emphasis is on education and developing positive coping skills. Research-based and consistent with Early Stage trauma treatment. No fees charged to attend these groups (funding provided by a Grant from Sentara Health Foundation). Group meets on Tuesday evenings. Additional day and evening groups to start. Please call to register.
Unique Boutique (Rev.03/02/20)	Sentara Virginia Beach General Hospital 1060 First Colonial Road Virginia Beach, VA, 23454	Ph: 757-525-5268	Unique Boutique at Sentara Virginia Beach General Hospital provides wigs, hats and scarves for patients who have lost their hair due to treatment. This service is free for qualifying patients. By appointment only.. Please call for further information.
VirtualHealthandFitness (Autism Society of Tidewater) (Rev.06/26/20)	VirtualHealthandFitness (Autism Society of Tidewater)	Contact: Nicole Miller Ph:757- 461-4474 Email: nicole.miller@tidewaterasa.org	Autism Society of Tidewater host a weekly Virtual Health, Fitness and Nutrition Series .. There will be fitness games, dancing, cooking and nutrition information so we can all stay active and healthy. This is for the whole family especially our tweens, teens and adults. Times:
Vision Loss Support Group	A program of Seeing Beyond 936 Independence Blvd. Virginia Beach, VA 23455	Main Ph: 757-385-2684 Fax: 757-464-6741 TDD 757-385-2690 Website: http://www.vbgov.com/sslibrary	The Vision Loss Support Group meets monthly to discuss issues and resources in the community and meet other folks with vision problems. No age limitation. No fee.
Who Am I Now-Support Group for Cancer Patients and their Families	Who Am I Now-Support Group 1060 First Colonial Road	Contact: Helen Mansfield Ph:757-395-8685	Who Am I Now-Support Group is a one time program for newly diagnosed cancer patients and their families. The program assist
Wings in Motion for Women with Cancer or recovering(Rev.03/04/20)	Wings in Motion Virginia Beach Resque Squad #9	Contact: Julie Holland Ph: 757-395-8686 For more Information	Wings in Motion is a YOGA and wellness program designed for women who are dealing with or recovering from cancer. They meet every Monday and Wednesday 10:00 AM Please call for further information
YOGA for Cancer Survivors & Caregivers	1060 First Colonial Road Virginia Beach, VA 23454	Contact: Kerry Clay, Community Health Educator	YOGA for Cancer Survivors & Caregivers is wellness program designed for Cancer Survivors & Caregivers. Please call for further
Young Widows or Widowers (Y.W.OW)-Support Group (Rev.4/5/18)	Young Widows Widowers (Y.W.OW)-Support Group P.O Box 6525 Virginia Beach, VA 23456	Ph:757-468-2361 Fax:757-368-9174 Email: info@ywow.org Website: www.ywow.org	Young Widows Widowers (Y.W.OW)-Support Group is a non-profit organization which provides a safe environment to men and women who have lost their spouses much to early in life. Offers mutual support, bereavement resources and social events.

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YWCA of South Hampton Roads-Support Groups	Community Psychological Resources 249 W. York Street, Suite A Norfolk VA 23510	Ph: 757-622-6794 Facilitator: Margaret McDowell ,LCSW.	The Domestic Violence Support Group is an ongoing group with new participants welcome at all times for women in present or past abusive relationships. Most insurances are accepted including Medicaid with space available for women without insurance. Group meets Mondays from 6:00-7:30 PM.
THERAPEUTIC FOSTER CARE			
Adler Therapy Group (Rev.10/10/24)	Virginia Beach First Colonial Office 1120 First Colonial Rd., Suite 101 Virginia Beach, VA 23454 OR Virginia Beach Newtton Office 5604 Virginia Beach Blvd., Bldg. A, Suite 101 Virginia Beach, VA 23462	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygroup.com Website:https://adlertherapygroup.com/	Adler Therapy Group specializes in delivering Physical Therapy, Occupational Therapy, and Speech Language Pathology for pediatrics, adolescents and adults. Insurance: most major insurance networks are accepted. Must inquire about our self-pay programs. Please call for further information.
Aveanna Healthcare Company (Rev.02/16/23)	4560 South Boulevard, Suite 310 Virginia Beach, VA 23452	Ph:757- 490-3223 Fax: 757- 490-2936 Website:https://www.aveanna.com	Aveanna Healthcare Company provides Pediatric Occupational ,Physical and Speech Language Therapies. Please call for further information.
CENTRA	5163 Cleveland St. Virginia Beach, VA 23462	Contact: Sara F. Lamont, M.Ed., BCBA, LBA Ph: 434-485-1522	CENTRA provides Speech and Occupational Therapy services for individuals with developmental disabilities. Please call for further information.
CHKD outpatient PT/OT/ST at Princess Anne (VA Beach)	2021 Concert Drive Virginia Beach VA 23456	Ph: 757-668-9171	CHKD's at Princess Anne offers occupational and speech services work to help children of all ages overcome and adapt to the challenges of developmental delay, disease or accident.
Children's Therapy Concepts, LLC (Rev. 3/12/18)	24030 Indian Town Rd Courtland, VA 23837	Contact: Kim Mallon Ph:757-776-3088 Cell:757-812-3288 Fax:757-612-4499 Email:mailto:kmallon@childrensther	Children's Therapy Concepts, LLC They provide services to the very young with special needs, often from birth to age 18. These services include outpatient pediatric occupational therapy, speech therapy and physical therapy. Services could be provided in the home or other natural environments including, school, daycare, or in the community.
Diane Epplein & Associates	818 Newtown Road Virginia Beach, VA 23462	757-473-8016	Physical, Occupational & Speech therapies for infants, children and adolescents.

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Dominion Physical Therapy & Associates (Rev.10/09/20)	5701 Cleveland St., Suite 600 Virginia Beach, VA 23464	Ph: 757- 995-2700 Fax: 757-995-2701 Website:https://www.dompt.com/physical-therapy-services1	Dominion Physical Therapy & Associates provides the following services: Occupational and Speech Therapy (Pediatric only),Pre-Employment Evaluations, Physical Evaluations, and Workers' Compensation Programs, Expert Medical Witness, Fall Prevention, Mobilized Wheelchair Evaluations,Pre and Post-Partum Please call for further information.
Ivy Rehab Physical Therapy-Virginia Beach - General Booth (Rev.06/20/22)	2117 McComas Way, Suite 105 Virginia Beach, VA 23456	Ph:757- 427-5504 Fax: 757- 427-5503	Ivy Rehab for Kids located in Virginia Beach , provide pediatric physical therapy,occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to
Ivy Rehab Physical Therapy-Virginia Beach - Great Neck (Rev.06/20/22)	1628 Laskin Road #706 Virginia Beach, VA 23451	Ph:757 481-0052 Fax: 757- 481-1099	Ivy Rehab for Kids located in Virginia Beach , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their
Ivy Rehab Physical Therapy-Virginia Beach - Haygood (Rev.06/20/22)	4668 Pembroke Blvd, Suite 115 Virginia Beach, VA 23455	Ph:757- 648-8562 Fax: 757- 648-8564	Ivy Rehab for Kids located in Virginia Beach , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff.
Ivy Rehab Physical Therapy-Virginia Beach -Kempsville (Rev.06/20/22)	5301 Providence Rd. Suite 80 Virginia Beach, VA 23464	Ph:757- 467-4604 Fax: 757- 467-2716	Ivy Rehab for Kids located in Virginia Beach , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their
Ivy Rehab Physical Therapy-Virginia Beach -Town Center (Rev.06/20/22)	4421 Virginia Beach Boulevard, Suite 101	Ph:757- 932-2390 Fax: 757- 760-8718	Ivy Rehab for Kids located in Virginia Beach , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their
Maxim Healthcare-In home physical therapy	Maxim Healthcare Services	Contact: for patients on the Southside, please call Garrett at Ph:757- 490-3009	Maxim Healthcare Services provides in home physical therapy for patients throughout the Hampton Roads area, as the Newport News and Virginia Beach.
Physiotherapy Associates of Kemps River	1400 Fordham Drive Virginia Beach, VA 23464	757-361-3954	Physical, Occupational & Speech therapies for infants, children and adolescents.
Rehabilitation Associations-Aveanna Healthcare Company (Rev.4/1/19)	4560 South Blvd., Suite 310 Virginia Beach, VA 23452	Contact: Jackie Thompson Therapy Operations Manager Ph:757- 757- 490-3223 Referrals: Emily Ellenberger Fax:757- 490-2936 Email:emily.ellenberger@aveanna.c	Rehabilitation Associations-Aveanna Healthcare Company provides the following therapy services: Clinic-based occupational therapy, physical therapy and speech therapy with a focus on developmental delays. Our therapists can provide feeding therapy through OT or ST depending on the focus. We're also contracted to provide evaluations and/or therapy through the Early Intervention programs (birth to 3 years
Southeastern Physical Therapy	1557 First Colonial Road Virginia Beach, VA 23454	757-481-0052	Physical, Occupational & Speech therapies for infants, children and adolescents.

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TRANSPORTATION			
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker –	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Angel Flight	Angel Flight 4620 Haygood Road, Suite 1 Virginia Beach, VA 23455	Ph:800-296-3797 Fax:757-318-9107 Website:angelflightmidatlantic.org	The mission and purpose of Angel Flight is to ensure that no needy patient is denied access to distant specialized medical evaluation, diagnosis or treatment for lack of means of air transportation. They are a non-profit organization utilizing volunteer pilots to fly patients to
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by
Ambulance Transport Service - Virginia Beach, Medical Transport	Ambulance Transport Service - Virginia Beach, Medical Transport	Main:757-671-8911 Fax:757-671-9047 Toll Free:800-322-3451	Provides a 24-hours a day ambulance service. Services include: basic life support, advanced life support, specialty care transport, special event medical support, staffing services and billing services. Medical
Catholic Charities- C.A.R.E.S. Program (Rev.4/23/19)	5361-A Virginia Beach Boulevard	Ph:757- 456-2366 Fax:757-456-2367	Provides volunteers to assist seniors with their independent activities of daily living. Services include: Transportation to medical appointments,
GoPass365	GoPass365	Ph:757-222-6000 ext. 6232	The GoPass365 is a discounted yearly pass that will allow users to board any of HRT's services, the light rail, bus, ferry, and the Max anytime during service hours. The GoPass365 passes are offered to businesses and educational institutions to purchase through one of two program options. Participation will give these entities the ability to supplement employees' and students' transportation cost. Employees
HRT	HRT Headquarters 3400 Victoria Blvd Hampton, VA 23661	Route and Schedule Information Ph:757-222-6100 TTY: Dial 711	HRT Purpose is to provide transportation needs in and around Hampton Roads. Fee: Fare based.
Jewish Family Services Transportation Services	Jewish Family Services Transportation Services	Ph: 757- 321-2222 Contact: Jody Laibstain, Transportation Coordinator Email: jlaibstain@jfshamptonroads.org	Jewish Family Service provides medical transportation for seniors only in Norfolk and Virginia Beach. Their services are safe, reliable, and consistent. Whether due to disability, difficulty, or just lack of reliable transportation, you can use JFS transportation services for medical transportation. Available Monday through Friday, from 9:00 A.M. until 2:00 P.M. • An \$8.00 (round trip) fee will apply at pick-up. 10-ride punch

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KidKo Transport	KidKo Transport	Ph: 757- 951-8209 Website:www.fosterstransportation.com Email: kidkotransport@gmail.com	KidKo is a transportation company set up to help parents who need assistance with getting their children to and from various locations in the Hampton Rhoads area. You will find that your child's safety is their first priority next to meeting your transportation needs at cost effective prices. KidKotransport service is designed for Child(ren) only. They provide services to children with disabilities. Please call for further
LGBTQ Life Center-Life Ride Program	LGBTQ Life Center Life Ride Program 248 W. 24th Street Norfolk, VA 23517 OR 3309 Granby Street Norfolk, VA 23504 OR 1001 Monticello Avenue Suite 100	Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email: info@lgbtlifecenter.org Website:https://lgbtlifecenter.org	LGBT Life Center-Life Ride Program transportation team, provides transportation to medical appointments, substance use treatment, dental services, HIV support groups, and more for HIV positive, qualifying individuals. Please call for further information.
ModivCare (formerly Logisticare)-Fee For Service (FFS)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on
Molina Healthcare of Virginia CCC Plus and DD Waivers. Molina	Molina Healthcare of Virginia CCC Plus and and DD Waivers	Ph:877-790-9472 Molina Healthcare	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride : Ph:877- 892-3986 option 1	Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986	Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
Paratransit Service-HRTs (Rev.4/3/19)	Paratransit Service-HRTs 3400 Victoria Blvd Hampton, VA 23661	Ph:1- 877-ADA RIDE 1-(877)-232-7433 TDD: (813) 410-8885	Paratransit provides public transportation services for persons with disabilities, who because of their disability cannot utilize fixed route bus
The Student Freedom Pass	The Student Freedom Pass	Ph:757-222-6000 ext. 6232 Website:http://gohrt.com/wp-content/uploads/2016/04/Student-Freedom-Acknowledge.pdf	The Student Freedom Pass provides youth 17 years old or younger with unlimited free rides on Hampton Roads Transit's service in the cities of Chesapeake, Hampton, Newport News, Norfolk, Portsmouth, and Virginia Beach. Freedom to use public transportation improves

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Transportation Medical - Manassas, Special Lift, Medical Airlift	A program of Mercy Medical Airlift Mercy Medical Airlift Patient Assistance Center 4620 Haygood Road, Suite 1 Virginia Beach, VA 23455	Main Ph:757-318-9175 Fax:757-318-9107 Web site http://www.mercymedical.org Intake Contact: Jim Smith Intake Phone:703 361-1191 Intake Email info@mercymedicalairlift.org Patient Travel National Hotline: 800-296-1217 Special Lift Programs: 888-675-1405	Offers Lift Programs that exist solely to support, manage, and coordinate air medical transportation needs for children and adults participating in special treatment or drug study programs for rare disorders or diseases. There are presently three such Lift Programs in support of Congenital Lactic Acidosis, Sturge-Weber & Brittle Bone Disease. Participation in these programs is often a matter of life or death for the affected patients. Hours of operation Everyday; 24 hours, 7 days a week. Comments: Su, M, T, W, Th, F, Sa, 24-hours. Accessing Services: Call to schedule a lift. Consumer can self refer. Service provider can refer directly. No age limitation.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev. 02/14/24)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-215-3885	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION/SIGHT			
America's Best	America's Best 3332 Princess Anne Rd Suite 611 Virginia Beach VA 23456	Ph:757-368-2828	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$45, visual field test \$15. Please call for further information.
Dominion Eye Care	Dominion Eye Care Dr. Howard Ossen 6113 Indian river Rd Virginia Beach VA	Ph:757-420-2053	Affordable eye exams, contacts lenses and glasses for uninsured. Prices: basic eye exam \$75, additional fees may apply for visual field testing. Please call for further information.
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	Contact: Carmen Freeburn Ph:757- 428-5582 Website: www.lionsclubs.org You must contact Lion's club answering service at:	Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.

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Town Center Blind Lions Club (Rev.11/15/22)	Town Center Blind Lions Club Virginia Beach, VA	Ph: 757-301-0555 Mobile: 757-602-0172 Email: smeadows@advsysinc.net Website: http://www.towncenterblindlions.org Facebook: https://www.facebook.com	Town Center Blind Lions Club assist Virginia Beach residents with Providing children's eye screenings ;Providing Eye care and eyeglasses for the financially disadvantaged; , Hearing exams;Hearing aids and surgeries for those in need.Supporting vision projects like Access Va which provides audio equipment to vision impaired patrons of the arts. Please call or email for further information.
Pearl Vision (Rev.7/22/19)	Pearl Vision Lynnhaven Mall (#D-3), Joyful Eyecarell 701 Lynnhaven Parkway Suite 1189 Virginia Beach VA 23452	Ph: 757-463-2136 (Lynnhaven Mall Pearl Vision (Red Mill Walk) Ph: 757- 430-2860 Pearl Vision (Market place at	Pearl Vision Center services range from comprehensive medical eye care to fitting you with prescription eyeglasses, sunglasses, and contact lenses to meet your individual needs. Routine Eye Exams without insurance are \$95.00 to \$100.00. A contact lens exam is \$170.00 to \$185.00 (some restrictions apply). Call us for specific eye
WAIVER CONTACTS			
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:844-374-9159	the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.02/15/23)	CCC Plus Waiver Virginia Beach Department of Health Pembroke Corporate Center III 452 Corporation Lane Virginia Beach, VA 23462	Call to request Screening: Ashley Wilson Intake Ph: 757-518-2762 •Parent must make the referral call themselves	Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer- Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.

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Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Wavers Virginia Beach Community Services Board 3432 Virginia Beach Blvd, Suite 342 Virginia Beach, VA 23452-4420	Main:757- 385-0600 Website:https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Wavers.
Building Independence (BI) Waiver	BI Waiver Virginia Beach Developmental Disabilities Unit	Families must contact Intellectual disabilities unit: Ph:757-385-0600 Ph:757-385 -0600 . or call main number to be directed to the local CSB Ph: 757-437-3608 Fax: 757-437-3466 TDD: 757-437-3463 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Community Living (CL) Waiver	CL Waiver Community Services Board 3432 Virginia Beach Blvd 3rd Floor Suite 342 Virginia Beach, VA 23452	Families must contact Intellectual disabilities unit: Ph:757-385-0600 Ph:757-385 -0600 . or call main number to be directed to the local CSB Ph: 757-437-3608 Fax: 757-437-3466 TDD: 757-437-3463 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Family and Individual Support (FIS) Waiver	FIS Waiver Virginia Beach Developmental Disabilities Unit	Families must contact Intellectual disabilities unit: Ph:757-385-0600 Ph:757-385 -0600 . or call main number to be directed to the local CSB Ph: 757-437-3608 Fax: 757-437-3466 TDD: 757-437-3463 OR Visit the website to find local CSB:Website: https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

COMMUNITY RESOURCES EASTERN REGION
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COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE
ADVOCACY		
Adult Protective Services (APS) (Rev.08/24/23)	401 Lafayette St., Williamsburg, VA 23185	Williamsburg Human Services Ph:757- 220-6161 Fax:757- 220-6113 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/printer/family/as/aps
CASA -Child Advocacy Program	CASA -Child Advocacy Program Colonial CASA, Inc. 1311 Jamestown Rd., Ste. 201	Ph: 757-229-3306 Fax: 757-229-3972 Email:
Child Protective Services (CPS) (Rev.08/24/23)	401 Lafayette St., Williamsburg, VA 23185	Williamsburg Human Services Ph:757- 220-6161 Fax:757- 220-6113
Epilepsy Foundation of Virginia - Williamsburg Area (Rev.11/05/24)	Williamsburg Area	Contact:Dennis Terry and Missy Terry Ph:706-593-7310 Email: sun4fun365@aol.com
Independence Psychotherapy Services, LLC-Educational Advocate (Rev.09/22/20)	215 McLaws Circle, Suite 1 Williamsburg, VA 23185	Contact: Linda Bourdon, Ed.D. Ph:757 345-6428 Website:www.independencepsyc
Legal Advocacy	A program of Avalon Center for Women & Children P.O. Box 1079 Williamsburg, VA 23187	Main:757-258-5022 Fax: 757-258-9523 24-hour Hotline: 757-258-5054
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat
National Center for Victims of Crime (Rev.4/11/18)	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Peninsula Disability Services Board	Peninsula Disability Services Board 1409 B N Mt. Vernon Avenue Williamsburg, Va. 23185	Ph:757-221-0542 (Voice/fax/TTY)
The Arc of Greater Williamsburg (Rev.03/09/20)	The Arc of Greater Williamsburg 150-D Strawberry Plains Road Williamsburg, VA 23188	Ph:757- 229-3535 Website:www.facebook.com/thea rcgw
William & Mary Law School-Elder & Disability Law Clinic (Rev.1/11/19)	W&M Law School Elder & Disability Law Clinic P.O. Box 8795 Williamsburg, VA 23187-8795	Ph: 757-221-7440 Fax: 757-221-1855 Email:elderlaw@wm.edu
William & Mary Law School-Special Education Advocacy Clinic-PELE (Rev.02/13/20)	William & Mary Law School-Special Education Advocacy Clinic William & Mary Law School PO Box 8795 Williamsburg, VA 23187-8795	William & Mary Law School- Special Education Advocacy Clinic William & Mary Law School Ph:757- 221-5735 Fax:757 221-1855 Email: pele@wm.edu
ASSISTIVE TECHNOLOGY		
BREASTFEEDING RESOURCES		
Amy Veneris,International Board Certified Lactation Consultant	Amy Veneris,International Board Certified Lactation Consultant Sentara Williamsburg Regional Medical Center	Ph:757-984-7299
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama
Kris Kiley, International Board Certified Lactation Consultant	Kris Kiley, International Board Certified Lactation Consultant 100 Sentara Circle Williamsburg, VA 23188	Ph: 757-870-6987 Ph: 804-642-6047
Linda Pincus,International Board Certified Lactation Consultant	Linda Pincus,International Board Certified Lactation Consultant 240 Patrick's Crossing Williamsburg, VA 23185	Ph: 757-565-6156
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama

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Services Provided in Williamsburg City

Williamsburg Department of Health WIC Program-Lactation/Breastfeeding Classes (Rev.12/03/19)	Williamsburg WIC Clinic 4095 Ironbound Road Williamsburg, VA - 23188	Ph:757- 253-4813 757-253-4741 Fax :757- 253-4285
BURIAL ASSISTANCE		
Burial Expenses Assistance- Williamsburg Department of Human Services	Williamsburg Department of Human Services 401 Lafayette St.	Ph:757- 220-6161 Fax:757- 220-6113 Website:http://www.ci.williamsbur
CHILD CARE		
Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1- 866-KIDS-TLC Customized Referral Service:
Child Day Care Services-Williamsburg: Human & Social Services	401 Lafayette Street Williamsburg, VA 23185	Ph:757- 220-6161 Website: www.williamsburgva.gov
Child & Family Connection	312 Waller Mill Road Williamsburg, VA 23185	Ph:757-229-7940
Child & Family Services-Childcare Referrals	Child & Family Services-Childcare Referrals	Ph:757- 838-1960 24- hour answering service: 757- 838-1960 Website: www.kidsandfamilies.com
Child Development Services	Child Development Services 1490 Government Road	Ph:757-220-1168 Fax:757-253-1779
First Steps-Child Development Resources	First Steps-Child Development Resources	Ph:757-220-1168 Tots Line: 757- 566-TOTS (566-8687)
Jamie Vashold - Williamsburg, Virginia	Jamie Vashold - Williamsburg, Virginia	Ph:757-802-3167 (VP) 757-701-8156 (text) Email:lizzvad@msn.com
REC Connect @ Matthew Whaley (Rev.07/27/20)	301 Scotland St Williamsburg, VA 23188	Contact: Kelley Herbert Ph:757- 259-5351
R.F. Wilkinson Family YMCA (Rev.06/09/20)	301 Sentara Circle Williamsburg, VA 23188	Contact: Maureen Savage Ph:757- 223-7925
DENTAL CARE		
Donated Dental Services (DDS)-Dental	Access Partnership 1616 Cantonville Turnpike, Virginia	Tto request an application: Ph: 757-592-7400 Ext. 2
Donated Orthodontics Program - American Association of Orthodontic	AAO, Attn: Donated Orthodontic Services	Attn: Donated Orthodontic Services Ph:

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Hampton Roads Pediatric Dentistry (Rev.09/30/23)	5388 Discovery Park Blvd, Suite 240 Williamsburg, VA 23188	Ph:757-259-9703 Website:www.hrpediatricdentistry.com
LackleyFree Clinic -Dental Care (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical 1620 Ministry, Inc Old Williamsburg Road Yorktown	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821
Olde Towne Medical and Dental Clinic	Olde Towne Medical and Dental Clinic	Ph:757- 259-3258 Website:www.olde-towne.com
Pediatric Dental Specialists of Williamsburg (Rev.07/01/21)	213 Bulifants Blvd suite b, Williamsburg, VA 23188	Ph:757- 903-4525 Fax:757- 903-2730 E-mail:info@williamsburgpediatricdentist.com Website:https://www.williamsburgpediatricdentist.com

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Services Provided in **Williamsburg City**

VA Pediatric Dentistry (Rev.6/4/18)	5388 Discovery Park Blvd, Suite 240, Williamsburg, VA 23188	Ph:757- 259-9703 Website:http://www.hrpediatricde ntistry.com
DEVELOPMENTAL DISABILITIES		
Autism Resources -One Child Center for Autism	201 Bulifants Blvd. Suite A Williamsburg, VA 23188	Ph:757- 585-3216
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 E: nicole.miller@tidewaterasa.org Website:www.tidewaterasa.org AND www.autism-society.org
Down Syndrome Association of Virginia Peninsula (Rev.11/26/19)	Down Syndrome Association of Virginia Peninsula	P.O. Box 1237 Yorktown, Virginia 23692 Email:info@dsavp.org Website:www.dsavp.org
Family Priority (Rev.01/11/21)	111 Bulifants Blvd. Suite B Williamsburg, VA 23188	Ph:757-645-3860 Fax: 645-3873 Website:familypriority.net
The Arc of Greater Williamsburg	The Arc of Greater Williamsburg150-D Strawberry Plains Road	Ph:757- 229-3535 Website:www.facebook.com/thea rcgw
DISEASE SPECIFIC GROUPS		
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español)
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*James City Lion's Club Contact: Bob Jordan Ph: 757-220-1742
Phillip West Memorial Cancer Resource Center-Sentara Williamsburg Regional Medical Center	Phillip West Memorial Cancer Resource Center-Sentara Williamsburg Regional Medical Center Williamsburg Regional	Ph:757- 259-7220
DME		

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ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch
Access Partnership (Rev.10/19/20)	Access Partnership 1616 Centerville Turnpike Virginia	Ph: 757-502--7400 Ext 5 Fax: 877- 231-0196
Active Forever (Rev 1/21/19)	Active Forever	Ph:800-377-8033 Email:
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email:
American Printing House for the Blind Inc. (Rev 1/22/19)	American Printing House for the Blind Inc.	Ph:800-223-1839 Email:
APRIA Healthcare (Rev.08/21/23)	Williamsburg Location 1117 Oold Colony LN STE B Williamsburg, VA 23185	Williamsburg Location: Ph:757-703-0639 Website: http://www.apria.com
(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 Email: beth@atdevicesforkids.org
FISH Inc.-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	312 2nd St, Williamsburg, VA 23185	Ph:757-220-9379 Website: http://ghrdiaperbank.org
FREE Foundation of South Hampton Roads Chapter - President, Valeria Mitchell	FREE Foundation of South Hampton Roads Chapter Sentara Circle, Suite 201 500	Ph: 757-707-4741 Fax: 757- 337-5032 E-Mail:
Grove Christian Outreach Center.- Greater Hampton Roads Diaper Bank (Rev.09/24/24)	8800 Pocahontas Trail Williamsburg, VA 23185	Ph:757- 887-1100 Fax:757- 887-6716 Website: http://ghrdiaperbank.org
Home Care Delivered (Rev.10/22/19)	Home Care Delivered	Ph: 800- 565-6167 Fax: 888- 565-4411
Lincare Enteral Services-Newport News/Williamsburg (Rev.02/01/23)	709 City Center Blvd,Suite A-107 Newport News, VA 23606	Ph:757-750-3823 Fax:757-500-2657 Toll Free: 800- 965-2689 Website: http://www.lincare.com/
Lincare Infusion Services (Rev.10/22/19)	Lincare Infusion Services	Ph:757-424-4822 Fax: 757-424-5871 Toll Free: 800- 965-2689 Website: http://www.lincare.com/
National Seating & Mobility	National Seating & Mobility	Ph:757- 466-1553

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NuMotion	NuMotion	Ph:757- 966-7964/ 804-
Roberts Home Medical (Rev. 10/22/19)	Roberts Home Medical	Ph: 757- 599-9080 Fax: 757- 599-9055
Reach Orthotic & Prosthetic Services (Rev.12/05/23)	Reach Orthotic & Prosthetic Services 211 Bulifants Blvd., Suite B Williamsburg, VA 23185	Ph:757- 595-9800 Fax: 757- 595-2722 Website:https://www.reachops.com
Tycon Medical (Rev.10/22/19)	Tycon Medical 801 Orapax St Norfolk, VA 23507	Ph:757- 640-1709 Toll Free: 800-411-1739 Website:https://www.tyconmedical.com/
DOMESTIC VIOLENCE		
Avalon (Rev. 3/5/18)	A program of Avalon Center for Women & Children	Main:757-258-5022 Fax: 757-258-9369 24-
Latisha's House (Rev.11/09/22)	PO Box 5817. Williamsburg, VA 23188.	Ph: 757- 346 - 5344 .
Center for Child & Family Services-Domestic Violence Prevention Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com
Center for Child & Family Services-Services in Spanish-Latino Outreach Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606	Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org
loveisrespect (Rev. 2/14/18)	loveisrespect	Ph: 866-331-9474 TTY: 866-331-8453

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Love and Caring Ministries -Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101
National Sexual Assault Hotline	National Sexual Assault Hotline	Hotline:800-656-HOPE (800-
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800-799-7233) TTY:800-787-3224
The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org)
William & Mary Law School-Domestic Violence Clinic	W&M Law School Domestic Violence Clinic	Ph: 757-221-2599 Fax: 757-221-1855
EARLY INTERVENTION		
Infant Stimulation Programs-Child Development Resources (CDR)	Child development Resources (CDR) P.O Box 280, Norge,VA 23127 Physical Site Address: 150 Point O'	Contact: Lynn Wolfe Ph: 757-566-3300 Email: lynnw@cdr.org Main Phone:757- 566-8687
EDUCATION		
Adult Education - Williamsburg-James City County Public Schools	Adult Education - Williamsburg-James City County Public Schools A program of Williamsburg-James City County Public Schools	Ph:757-253-6777 Fax:757-229-3027 Website http://www.wicc.k12.va.us
Community Action Agency, Williamsburg-James City County	312 Waller Mill Road, Suite 405 Williamsburg, VA 23185	Ph:757-229-9332
Department of Special Education Williamsburg	Karen Davis, Director 3925 Midlands Road Williamsburg, VA 23188	Ph:757-229-9252 Fax:757-253-0129 Email:davisk@wjcc.k12.va.us
Head Start Program	Registration: Williamsburg James City County Community Action Agency INC 312 Waller Mill Rd Ste 400	Williamsburg James City County Community Action Agency INC Ph:757- 229-6417
Independence Psychotherapy Services, LLC-Educational Advocate (Rev.09/22/20)	215 McLaws Circle, Suite 1 Williamsburg, VA 23185	Contact: Linda Bourdon, Ed.D. Ph:757 345-6428 Website:www.independencepsych.com
National Center for Homeless Education -Project HOPE-Virginia College of William and Mary	National Center for Homeless Project HOPE-Virginia College of William and Mary	Contact: Patricia A. Popp Ph: 757- 221-4002 877-455-3412 Toll-free

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William & Mary Law School-Special Education Advocacy Clinic-PELE-Williamsburg Homeless Education Coordinator	William & Mary Law School-Special Education Advocacy Clinic William Williamsburg Homeless Education Coordinator	William & Mary Law School-Special Education Advocacy Stephanie Gallas and Dr.Aaron J. Butler Homeless Liaisons Coordinators
Virginia Adult and Literacy Services-2025	Virginia Adult and Literacy Services-2025	Ph: 757-220-5324 Website:
EMERGENCY PREPAREDNESS		
Disaster Distress Helpline	Call or Text: 1-800-985-5990 Press 2 for Spanish	Call or Text 1-800-985-5990 Press 2 for Spanish Fax:
The Salvation Army's Disaster Relief Services (Rev.4/3/18)	The Salvation Army 151 Kristiansand Drive, #109 Williamsburg, VA 23188	Main:757-543-8100 Email:WilliamsburgVA@uss.salvationarmy.org Website:www.usssalvationarmy.org
Virginia Department of Emergency Management	Bureau of Emergency Services Fire Chief	Contact: T. K. Weiler*/** Ph:757-220-6220
EMPLOYMENT		
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com
ONE-STOP-Center	ONE-STOP- Virginia Workforce Center-Williamsburg	Ph: 757-253-4738 Fax: 757-253-4063
VEC Workforce Center-	Williamsburg Crossing Shopping Center5235 John Tyler Highway Williamsburg, 23185	Ph:757- 253-4738 Fax: 757-253-4063
Virginia Dept. of Rehabilitative Services, Williamsburg (Rev.9/17/18)	VA. Dept. of Rehabilitative Services 304 Bulifants Blvd, Suite 103 Williamsburg, VA 23188	Contact: Marjorie Millner Ph:757- 253-4817 Main Ph: 800-552-5019
Virginia Employment Commission-	Williamsburg Crossing Shopping Center5235 John Tyler Highway Williamsburg, 23185	Ph:757- 253-4738 Fax: 757-253-4063
Virginia Employment Commission Migrant and Seasonal Farm workers Services	Williamsburg VEC Williamsburg Crossing shopping Center 5235 John Tyler Highway, Williamsburg VA 23185	Ph: 757-253-4738
Virginia Workforce Investment Board-Greater Peninsula	Virginia Workforce Investment Board-Greater Peninsula Post	Contact: Bill Mann Ph: 757-838-5206
FINANCIAL ASSISTANCE		
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be	Website:https://www.affordableconnectivity.gov/how-to-apply
Community Kitchen-Williamsburg United Methodist Church	500 Jamestown Road, Williamsburg, VA 23185	Ph:757- 229-1771

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Connect2Compete-affordable internet access	Connect2Compete-affordable internet access	Ph:855-222-3252 Website:Connect2Compete.org/C
Cooling Assistance Program -LIHEAP-Williamsburg Department of Human	Cooling Assistance Program - LIHEAP-Williamsburg Department	Ph:757- 220-6161 Fax:757- 220-6113
Cover Virginia-Virginia-Based Assisters (Rev.1/21/19)	1.Surry Medical Center 440 Colonial Trail West Surry,	1.Surry Medical Center Ph:757- 294-3981
Crisis Assistance Program - LIHEAP-Williamsburg Department of Human	Crisis Assistance Program- Williamsburg Department of Human	Ph:757- 220-6161 Fax:757- 220-6113
Department of Social Services-The Division of Child Support Enforcement	11751 Rock Landing Drive, Suite H-4	Ph:757- 594-7621 800- 468-8894 TOLL FREE
Energy Share Agencies-Williamsburg	The Salvation Army	The Salvation Army PH: 757-543-8100
Emergency Financial Assistance - Catholic Charities	Catholic Charities of Eastern Virginia	Ph: 757-875-0060
Erase the Need Center-Williamsburg United Methodist Church	500 Jamestown Road, Williamsburg, VA 23185	Ph:757- 229-1771
Feed The Need Emergency Services-The WJCC Community Action Agency, Inc. (Rev.10/8/18)	Feed The Need The WJCC Community Action Agency, Inc. 312 Waller Mill Road, Suite 405	Ph:757-229-9332 Email:caa@widomaker.com Website:www.actionagency.org
FISH Inc. (Rev.05/03/22)	312 2nd St, Williamsburg, VA 23185	Ph:757- 220-9379
FISH Inc.-Greater Hampton Roads Diaper Bank (Rev.09/24/24)	312 2nd St, Williamsburg, VA 23185	Ph:757-220-9379 Website::http://ghrdiaperbank.org
Grove Christian Outreach Center (Rev.10/8/18)	8800 Pocahontas Trail Williamsburg, VA 23185	Ph:757- 887-1100 Fax:757- 887-6716 Website:www.groveoutreach.com Email:office@groveoutreach.com
Grove Christian Outreach Center.- Greater Hampton Roads Diaper Bank (Rev.09/24/24)	8800 Pocahontas Trail Williamsburg, VA 23185	Ph:757- 887-1100 Fax:757- 887-6716 Website::http://ghrdiaperbank.org
Heating Assistance Program- LIHEAP-Williamsburg Department of Human	Heating Assistance Program- LIHEAP-Williamsburg Department	Ph:757- 220-6161 Fax:757- 220-6113
Lifeline (Rev.9/13/19)	Lifeline	Website: https://www.lifelinesupport.org/l/

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Meals on Wheels	Meals on Wheels 227 Richmond Rd	Ph: 757-873-0541
MCO-Medicaid-Managed Care Organizations	Managed Care Organizations (MCO)	Managed Care helpline Ph:800-643-2273
(MCO's) Provider Listings-Aetna Better Health of Virginia	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph:855-652-8249, Website:www.aetnabetterhealth.c
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph:855-323-4687, Website:www.anthem.com/vame dicaid
(MCO's) Provider Listings-Molina Complete Care (Rev.08/10/21)	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR
(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975 Website:https://www.sentarahealt hplans.com
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhcccommunityplan.
Medicaid	Williamsburg Department of Human Services 401	Ph:757- 220-6161 Fax:757- 220-6113
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.d mas.virginia.gov/wps/portal/Searc
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management (CMM)
Optima Health-Healthy Savings-Only for Optima Community Care	Optima Health-Healthy Savings-Only for Optima Community Care	Ph: 757-552-7401 Toll-Free: 1-877-552-7401
Outreach Program to sign for FAMIS-Catholic Charities	Outreach Program to sign for Famis Catholic Charities of Eastern	Contact: Vanessa Dunlap Ph: 757-875-0060
Peninsula Agency on Aging (Rev.11/09/22)	4551 John Tyler Highway, Suite 101 Williamsburg VA 23185	Ph:757-345-6277
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distributions Center	Distributions Center A. New Zion Baptist Church
Sentara Health System/Hospital/Charity Indigent Care Program (IRev.07/29/20)	Sentara Health System/ Hospital/Charity Indigent Care Program Sentara Healthcare	Ph:757-233-4600 Toll Free:1-877-768-3993 Website:www.sentara.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph:866-331-9169 Main Number:800-772-1213 TTY:800-325-0778 Website: https://www.ssa.gov
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasunbucks.com/
The Center for Child & Family Services- Consumer Credit Counseling	Williamsburg, VA	Ph: 800-311-2927
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877- 877 Website:
United Way Community Assistance Network (CAN) (Rev.11/09/22)	1323 Jamestown Rd Suite 101, Williamsburg, VA 23185	Ph:757- 229-2222 Website: https://www.uwvp.org/help
Williamsburg Department of Human Services	Williamsburg Department of Human Services 401 Lafayette St. Williamsburg, VA 23185	Ph:757- 220-6161 Fax:757- 220-6113 Website: http://www.ci.williamsburg.va
Williamsburg House of Mercy (Rev.10/8/18)	Williamsburg House of Mercy 10 Harrison Ave Williamsburg, VA 23185	Outreach Services Ph:757-253-0664 Monday-Friday 10-4 (except
FORMULA/NUTRITION		
Williamsburg Department of Health WIC Program	Williamsburg WIC Clinic 4095 Ironbound Road Williamsburg, VA - 23188	Ph:757- 253-4813 757- 253-4741 Fax :757- 253-4285
Williamsburg Department of Health WIC Program-Formula	Williamsburg WIC Clinic 4095 Ironbound Road Williamsburg, VA - 23188	Ph:757- 253-4813 757-253-4741 Fax :757- 253-4285
HOME CARE		
Affinity Care of Virginia (Rev.02/28/25)	714 Thimble Shoals Blvd, Suite C, Newport News, VA, 23606	Ph:757- 330-8050 Toll Free: 888)-517-8100 Fax: 757- 952-2656

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Agape Home Care (Rev.11/29/23)	Agape Home Care 299 McLaws Cir, Williamsburg, VA 23185	Ph:757-229-6115 Fax:757-229-6185 Email: info@agapehomecareva.com
Always There Home Healthcare (Rev.11/29/23)	Always There Home Healthcare 705 Mobjack Pl suite b, Newport News, VA 23606	Ph:757-591-0020 Fax:757-310-6516
Allegiance Home Care Services Inc. (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email: sheila@tidewaterhomehealthservices.net
Allegiance Home Care Services Inc.- Nursing Services (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 Fax:757- 265-0364 Email: sheila@tidewaterhomehealthservices.net
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: brent.brady@cchnet.net
At Home Care	At Home Care 366 McLaws Circle #2 Williamsburg, VA 23185	Ph:757-220-2112 Fax: 757-220-2745
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	Aveanna Healthcare Company	Ph:757- 461-6310 Fax:757-644-1670 Toll Free: 866-883-1188 http://www.aveannahc.com
Care Advantage Home Health (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free:1-866-576-7931 Fax: 757- 595-9677 E-mail:
Care Advantage Home Health-Nursing Services (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Toll Free:1-866-576-7931 Fax: 757- 595-9677 E-mail:
Caregivers in-Home Care (Rev.11/29/23)	Caregivers in-Home Care 243 McLaws Cir #102, Williamsburg, VA 23185	Ph:757-345-0393 Fax:1-757-299-8039 Website: http://www.caregiversinhomecare.com
Caregivers in-Home Care-Service Facilitator for DD and CCC Plus Waiver (Rev.11/29/23)	Caregivers in-Home Care 243 McLaws Cir #102, Williamsburg, VA 23185	Ph:757-345-0393 Fax:1-757-299-8039 Website: http://www.caregiversinhomecare.com/

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Endependence Center (Rev.7/10/19)	Endependence Center	Contact: Maureen Hollowell Ph:757-351-1584 757-461-8007 (main) Fax:757-455-8223
Forever Halo Care Provider, LLC (Rev.01/13/21)	3300 Acorn St., Suite 310 Williamsburg, VA 23188	Contact: Ellen Mayo Ph:757-209-1060 Fax:757-707-3390 Email:fhcareprovider@yahoo.com
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-1550 OR 757-224-9770 Fax:757-262-1554
Gerontecture-CCC Plus Waiver Facilitator (12/31/23)	4240 Birdella Dr, Williamsburg, VA 23188	Owner/Director: Charlie Martino Ph:757-426-4041 Email:Charlie@Gerontecture.com
Hand N' Heart Home Care Services (Rev.01/13/21)	471 McLaws Circle, Suite A Williamsburg, VA 23185	Ph:757-565-0216 Fax:757-565-1760 fax Website:www.handnheart.org
Harbor Light Hospice of Virginia (Rev.03/14/25)	Harbor Light Hospice of Virginia 1064 Loftis Boulevard, Suite C-2, Newport News, VA, 23606	Ph: 757- 594-0288 Toll Free: 800- 409-9094 Fax: 757- 594-0388

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Heartland Hospice Care (Rev.03/14/25)	Heartland Hospice Care 41 Old Oyster Point Road , Suite D, Newport News, VA, 23602	Ph: 757- 594-8215 Toll Free: 800- 375-2488 Fax: 757- 594-8530
Hope In-Home Care	Hope In-Home Care 4512 John Tyler Hwy Unit G Williamsburg VA 23185	Ph:757-220-1500 Fax: 757-345-2734
Intrepid USA Healthcare Services (Rev.03/14/25)	Intrepid USA Healthcare Services, Virginia Beach 4510 Holland Office Park, Suite 503, Virginia Beach, VA, 23452	Ph: 757- 499-0872 Fax: 757- 490-0173
Karyka Home Care Inc. (Rev.01/13/21)	376 McLaws Circle, Suite 1B Williamsburg, VA 23185	Ph:757-259-7411 Fax:757-259-7412
Key Elements Care, LLC (Rev.12/31/23)	20 Research Drive, Suite 600 Hampton, VA 23666	Ph: 757-755-3289 Fax:757-766- 0672 Email:info@kevelementscarellc.c
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804- 353-0461/ Fax:804-497- 7401 Email:la_casa_inc@yahoo.com
Maxim Healthcare	Maxim Healthcare Newport News 11818 Rock Landing Drive Suite 200	Ph: 757- 595-8822 Fax:855- 415-4963 E-mail: newportnews@maxhealth.c
Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family &	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net
Sentara Home Care Services	Sentara Home Care Services 1100 Professional Drive Williamsburg, VA 23185	Ph: 757- 984-1300 Fax: 757- 253-5827
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

The Concordia Group, Inc. (Rev.01/13/21)	1524 Merrimac Trail, Suite C Williamsburg, VA 23185	Ph:757-229-9930 757-229-9742 Website:www.theconcordiagroup.
Total Business and Personal Services, LLC (Rev.7/10/19)	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390
Victoria Lending Hand Home Care	7505 Richmond Road	Contact: Victoria Willoughby
Warwick Forest Palliative and Hospice	1004 Old Denbigh Boulevard,	Ph: 757- 875-2200
HOUSING ASSISTANCE/HOUSING		
Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program (Rev.01/26/22)	1315 Jamestown Road Suite 202 Williamsburg, VA 23185	Ph: 757- 253-2847 Fax: 757- 253-1296 Email: lgallagher@cceva.org Website: www.cceva.org
CCCS of Hampton Roads/Center for Child & Family Services	CCCS of Hampton Roads/Center for Child & Family Services; 312 Waller Mill Road; Williamsburg, VA 23185	Ph:757- 826-2227 Fax:757- 838-8021 Website:www.debtfreeonline.com
Grace Haven Family Shelter- Williamsburg United Methodist Church (Rev.01/11/19)	500 Jamestown Road, Williamsburg, VA 23185	Ph:757- 229-1771
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264
Housing Assistance-Hampton Redevelopment & Housing Authority	Hampton Redevelopment & Housing Authority, 1 S. Armistead	Ph:757- 727-1111 Fax:757- 727-1090
Housing Assistance-Williamsburg Redevelopment & Housing Authority (Rev.06/18/24)	Williamsburg Redevelopment & Housing Authority 401 Lafayette Street Williamsburg, VA 23185	Ph:757-220-3477 Website:www.hrha.org
Public Housing - U.S. Department of	Williamsburg Redevelopment & Housing Auth.	Ph:757-220-3477 x478 Fax:757-221-0528
Housing Choice Voucher Program- U.S. Department of	Williamsburg Redevelopment & Housing Auth.	Ph:757-220-3477 x478 Fax:757-221-0528
Housing and Urban Development	401 Lafayette Street	Toll Free:1-800-955-2232
Office of Native American Programs- U.S. Department of Housing and Urban Development (Rev.06/18/24)	Williamsburg Redevelopment & Housing Auth. 401 Lafayette Street	Ph:757-220-3477 x478 Fax:757-221-0528 Toll Free:1-800-955-2232
House of Refuge-Men's Shelter (Rev.08/11/22)	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

James City County Office of Housing	James City County Office of Housing, 5320 Palmer Lane, Suite 1A, ~~Williamsburg, VA 23188~~	Ph:757- 259-5340 Fax:757- 220-0640
Love and Caring Ministries -Women's Shelter (Rev.08/17/22)	Chesapeake, VA 23323	Ph:757-430-4101
Regional Housing Crisis Hotline	Regional Housing Crisis Hotline	Crisis Hotline: 866-750-4431
The Stop Organization -Weatherization Program	The STOP Organization Weatherization Component 312 Waller Mill Rd Suite 405 Williamsburg, VA 23185	Ph: 757-229-9332
Williamsburg House of Mercy (Rev.10/8/18)	Williamsburg House of Mercy 10 Harrison Ave Williamsburg, VA 23185	Outreach Services Ph:757-253-0664 Monday-Friday, 10-4 (except holidays) ~~Administrative Offices~~
INFORMATION AND REFERRAL/CARE COORDINATION		
Care Connection for Children (Rev.02/16/22)	Hampton Roads 601 ~~Children's Lane~~	Hampton Roads ~~Ph:757.668.7132 Fax:~~
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630 N. Chesterfield, Virginia 23225	Ph:804- 525-7728 Toll Free:866- 393-0957 Email: info@virginianavigator.org (email)
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/ Email:info@resources757.org
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website::
United Way of Greater Williamsburg	312 Waller Mill Road, Suite 100 Williamsburg, VA 23185	Ph:757-229-2222
VictimConnect (Rev.4/11/18)	VictimConnect	Ph:855-4-VICTIM (855-484-2846)
INSTITUTIONAL CARE/SUPPORTS		

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Williamsburg Hospice	Williamsburg Hospice 4445 Powhattan Pkwy Williamsburg, VA 23188	Ph:757-253-1220 Fax:757-253-2599
LEGAL RESOURCES		
Adult Protective Services (APS) (Rev.08/24/23)	401 Lafayette St., Williamsburg, VA 23185	Williamsburg Human Services Ph:757- 220-6161 Fax:757- 220-6113 Hotline: 1-888-832-3858
Catholic Charities of Eastern Virginia- CARES services-Transportation Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 875-0060. Fax: 757-495-3206 Website: www.cceva.org
Child Protective Services (CPS) (Rev.08/24/23)	401 Lafayette St., Williamsburg, VA 23185	Williamsburg Human Services Ph:757- 220-6161
Commonwealth Catholic Charities- Refugee Resettlement Program	Refugee Resettlement Program of Commonwealth Catholic Charities	Ph: 757-247-3600 ext. 306 Fax: 757-247-1070
Catholic Charities of Eastern Virginia- Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms.Mirlande Sledge Ph:757-467-7707 Fax:757-467-3206
Catholic Charities of Eastern Virginia- rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206 Website: www.cceva.org
Division of Child Support Enforcement -Newport News District (Rev.12/09/19)	Division of Child Support Enforcement --Newport News District Office 11751 Rock Landing Drive, Suite H-4 Newport News, VA 23606	Ph:800-468-8894 Fax: 757- 594-7621 Email: AskDCSE Website:https://www.dss.virginia. gov/family/dcseoffices.cgi
Independence Psychotherapy Services, LLC-Educational Advocate (Rev.09/22/20)	215 McLaws Circle, Suite 1 Williamsburg, VA 23185	Contact: Linda Bourdon, Ed.D. Ph:757 345-6428 Website:www.independencepsyc h.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website:https://virginia.freelegalanswers.org/
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr Suite 300 Virginia Beach VA 23462	Ph: 757-938-9130 Website:http://jfschamptonroads.org/
Johnson, Gasink & Baxter, LLP (Rev.05/23/23)	1100 Professional Dr, Williamsburg, VA 23185	Ph:757- 220-9800 Toll Free:888- 487-9899 Fax:757-220-9850 Website:https://www.jgblp.com
Legal Outreach Program The WJCC Community Action Agency, Inc.	Legal Outreach Program The WJCC Community Action Agency, Inc. William and Mary School of Law 612 South Henry Street	Ph:757-229-9332 Contact: Linda Wallace or Yvonne Joseph. Email:caa@tni.net.com Website:www.actionagency.org
Peninsula Center for Estate and Lifelong Planning (Rev.09/30/23)	461 McLaws Circle, suite 2 Williamsburg, VA. 23185	Ph:757-969-1900 Fax: No:757-969-1903 Website:www.tpcestate.com
Peninsula Legal Aid Center - Williamsburg Annex (Rev.10/28/20)	Peninsula Legal Aid Center Williamsburg Annex 199 Armistead Ave Williamsburg, VA 23185-3604	Ph: 757-220-6837 / TTY Toll Free:1-888-868-1072 (866- LEGL-AID). Email:nfo@laseva.org
Susan I. Jean & Associates, LLC	Susan I. Jean & Associates, LLC, Yorktown, VA	Ph:757-345-5358
The Peninsula Center for Estate and Lifelong Planning (Rev.05/23/23)	461 McLaws Cir #2, Williamsburg, VA 23185	Ph:757- 969-1900 OR 757-847-5596 Fax:757-969-1903 Website:https://www.tpcestate.com
Transitions Family Violence Services- Legal Advocacy	Transitions Family Violence Services -Legal Advocacy P.O Box 561 Hampton, Virginia 23369	Legal Advocacy Services Contact: Yahaira Ph:757- 728-2638 HOTLINE:757- 723-7774 Ph:757- 722-2261

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

TrustBuilders Law Group (Rev.05/23/23)	Williamsburg Office 283 McLaws Circle Williamsburg, VA 23185	Ph:757- 500-5135 Website:https://www.trustbuilders.com
University of Richmond School of Law- Aging and Disability Law Practicum- Elder & Disability Law Clinic (Rev.03/31/25)	203 Richmond Way Richmond,VA 23173	Director: Nicholas Thompson Ph: 757 -537-2182 Email:Nick.Thompson3@richmond.edu
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org
William & Mary Law School-Appellate and Supreme Court Clinic (Rev.02/13/20)	William & Mary Law School- Appellate and Supreme Court Clinic William & Mary Law School	Ph: 757-221-7444 Fax: 757-221-1855 Email: tjbreckenridge@wm.eduClinic
William & Mary Law School-Business Law Clinic (Rev.1/11/19)	613 South Henry Street, Williamsburg, VA 23185	PH:757- 221-3780
William & Mary Law School- Coastal Policy Center (Rev.02/13/20)	William & Mary Law School- Coastal Policy Center PO Box 8795 Williamsburg, VA 23187-8795	William & Mary Law School- Coastal Policy Center Ph: 757-221-7444 Email:vacoastal@wm.edu
William & Mary Law School-Domestic Violence Law Clinic (Rev.1/11/19)	W&M Law School Domestic Violence Clinic P.O. Box 8795 Williamsburg, VA 23187-8795 613 South Henry Street, Williamsburg, VA 23185	Ph: 757-221-2599 Fax: 757-221-1855 E-mail:dvclinic@wm.edu

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

William & Mary Law School-Family Law Clinic (Rev.1/11/19)	William & Mary Law School Family Law Clinic P.O. Box 8795 Williamsburg, VA 23187-8795 613	Ph:757-220-6837 Fax: 757-221-1855 E-mail: familylaw@wm.edu
William & Mary Law School-Federal Tax Clinic	W&M Law School Federal Tax Clinic	Ph: 757-221-7446 Fax: 757-221-1855
William & Mary Law School-Innocence Project Clinic (Rev.1/11/19)	W&M Law School Innocence Project Clinic P.O. Box 8795	Ph:757-221-7446 Email:innocence@wm.edu
William & Mary Law School-Immigration Clinic	William & Mary Law School-Immigration Clinic	William & Mary Law School-Immigration Clinic
William & Mary Law School-Puller Veterans Clinic (Rev.02/13/20)	The Lewis B. Puller, Jr. Veterans Benefits Clinic William & Mary Law School PO Box 8795 Williamsburg, VA 23187-8795	Fax:757- 221-3131 Email:veterans@wm.edu
William & Mary Law School-Special Education Advocacy Clinic	William & Mary Law School-Special Education Advocacy Clinic William	William & Mary Law School-Special Education Advocacy
LGBTQ		
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/
Transgender Assistance Program of Virginia (TAPVA)-temporary Emergency Housing (Rev.08/18/22)	Virginia Beach	Ph: 757-563-4784 Email:Transactivistva@gmail.com Website:https://tapvirginia.org
MEDICAL CARE		
Angels of Mercy Medical Clinic (Rev.03/31/24)	7151 Richmond Road Suite 401 Williamsburg, VA 23188	Ph:757- 565-1700 Email:angelsofmercyclinic@gmail.com
Arthritis and Rheumatic Diseases	Arthritis and Rheumatic Diseases	Ph: 757-220-8579

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

LackleyFree Clinic -Medical Care (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry, Inc 1620 Old Williamsburg Road Yorktown, VA 23690	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax: 757-369- 3821 Email: info@lackeyhealthcare.org Website: www.lackeyfreeclinic.co m
HOPE Pregnancy Services (Rev.11/09/22)	10 Harrison Avenue, Williamsburg, VA 23185	Ph: 757-229-3700 OR 757- 229-6472 Website: https://www.hopewilliamsburg.org
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for
Medical Care-Bon Secours	Bon Secours Care-A-Van, Calvary Chapel Newport News 361 Beechmont Drive, Newport News, VA 23608	Contact: Delores Price, Program Manager. Mary Immaculate Hospital Ph: 757- 886- 6511 Fax: 757- 886- 6881
Medical Care-Old Towne Center	Olde Towne Medical Center 5249 Olde Towne Road, Williamsburg, VA 23188	Ph: 757- 259-3258 Fax: 757-220-1953 Website: www.yorkcounty.gov
Peninsula Health Department (03/31/24)	Peninsula Department of Health 36-A J Clyde Morris Blvd.	Ph: 757-594-7300 Fax: 757- 594-7714 Email:
Sentara Urgent Care (Rev.03/31/25)	New Town Location: 4374 New Town Avenue Williamsburg, VA 23188 Lightfoot Location: 6497 Centerville Rd Suite 300-301 Williamsburg, VA 23188	New Town Location: Ph: 757-772-6124 Fax: 757-267-9195 Lightfoot Location: Ph: 757-702-8107 Fax: 757-794-8496

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Williamsburg/James City County Health Department (03/31/24)	4095 Ironbound Road Suite 200 Williamsburg Virginia 23188	Ph: 757-253-4813 Fax: 757-253-4285 Email: peninsula@vdh.virginia.gov
MEDICATION ASSISTANCE		
CVS #1550 (Rev.09/16/20)	CVS Pharmacy 1600 Richmond Rd Williamsburg VA	Ph:757-229-0015 Website: cvs.com
Greater Williamsburg Medication	Greater Williamsburg Medication	Ph:757-259-3256
Olde Towne Medical Center	Olde Towne Medical Center, 5249	Ph:757- 259-3258;
Walgreens Pharmacy	1309 Richmond Rd	Ph:757-229-0962
Williamsburg Drug Co. - Professional	Williamsburg Drug Co. -	Ph: 757-229-3560 Fax:
Williamsburg Drug Co. - Professional	Williamsburg Drug Co. -	Ph: 757-229-1041
MENTAL HEALTH/COUNSELING		
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB (Rev.11/22/19)	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185	Emergency Services: 757-220-3200 Children's Mobile Crisis: 757-253-4074 Crisis Hotline:
Alpha Counsellors Service	Alpha Counsellors Service1503 Hardycash Drive Hampton, VA 23666	Ph:757- 262-2094 Fax:757-262-2095 Email:aplhacou@alphacounsellors.com Website:www.alphacounsellors.com
Autism Resources -One Child Center for Autism (Rev.01/11/21)	201 Bulifants Blvd. Suite A Williamsburg, VA 23188	Ph:757- 585-3216
Catholic Charities of Hampton Roads	Catholic Charities of Eastern Virginia 1315 Jamestown Rd	Ph: 757-253-2847 or 757-220-3252 467-7707 Main Fax:
Center for Child & Family Services-Adult Anger Management Program (Rev.10/16/24)	348 McLaws Circle, Suite 1 Williamsburg, Virginia 23185	Ph:757- 229-7940 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **Williamsburg City**

Center for Child & Family Services- Counseling Services (Rev.10/16/24)	348 McLaws Circle, Suite 1 Williamsburg, Virginia 23185	Ph:757- 229-7940 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com
Center for Child & Family Services- Trauma Support Psychotherapy (Rev.10/16/24)	348 McLaws Circle, Suite 1 Williamsburg, Virginia 23185	Ph:757- 229-7940 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com
Center for Child & Family Services- Colonial Behavioral Health -CSB	348 McLaws Circle, Suite 1	Ph:757- 229-7940
Colonial Behavioral Health-Prevention Services	Colonial Behavioral Health-CSB York-Poquoson Office 3804 George Washington Hwy. Yorktown, VA 23692	Ph:757-220-3200 Contact: Courtney Dowell, CHES Lead Prevention Specialist Ph: 757-898-7926 Fax: 757-898-4505
Colonial Psychiatric Associates, Comfort Zone Camp -Bereavement- Crisis Text Line (Rev.11/24/21)	1318 Jamestown Rd Ste. 101 Williamsburg	Ph: 757- 645-4715 Contact: Mary Beth Poma Ph: 804-687-8874
Family Living Institute	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine
Family Preservation Services (FPS) (Rev.01/08/21)	Family Living Institute 1318 Jamestown Road Williamsburg, VA	Ph:757- 229-7927 Fax: 757-253-8063 Website:www.familylivinginstitute.com
Family Priority (Rev.01/11/21)	FPS Peninsula Office 739 Thimble Shoals Blvd. Suite 706 Newport News, VA 23606	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph:
GAP-Governor's Access Plan	111 Bulifants Blvd. Suite B Williamsburg, VA 23188	Ph:757-645-3860 Fax: 645-3873 Website:familypriority.net
Genesis Counseling- Williamsburg (Rev.12/23/24)	GAP-Governor's Access Plan	Magellan care manager
Hampton Roads Neuropsychology, Inc.	Genesis Counseling 223 McLaws Circle	Ph:757-466-3336 Website:https://genesiscounselin family priority
	Hampton Roads Neuropsychology, Inc. Located at the Center for	

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LifeStance Health (Rev.02/20/23)	5360 Discovery Park Blvd, Suite 201 Williamsburg, VA 23188	Ph: 804-207-6737 Fax: 757-952-2654 Website:https://lifestance.com
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.05/11/22)	Maternal Health Mental Hotline	Phone or Text : 1-833-9-HELP4MOMS (1-833-943-5746)
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline	Ph: 888-457-4838 Text MIL1 to 839863
NAMI Connection	NAMI Connection St. Stephen Lutheran Church 612 Jamestown Road Williamsburg 23185	Contact: Mike Oehmann Facilitator Ph:757- 220-8535
NAMI Family-to-Family	NAMI Family-to-Family St. Stephen Lutheran Church Williamsburg 23185	Contact: Marcia Partch Ph: 757- 564-8564 Helpline
NAMI Williamsburg	NAMI Williamsburg PO Box 89	Ph: 757- 220-8535 Helpline 800-950-6264
NAMI Virginia's Statewide Hpline and Resources-	NAMI Virginia's Statewide Hpline and Resources	Helpline:800-950-6264 TEXT:62640
National Suicide Prevention Lifeline	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255)
One Child Center for Autism	3925 Midlands Road	Ph:757- 585-3216
People's Place	People's Place 111 Warwick Ct. Williamsburg, VA	Ph:757-253-4382 Website:www.colonialcsb.org
Poplar Creek Psychological Counseling Center	Poplar Creek Psychological Counseling Center 3305 Poplar Creek Lane Williamsburg, VA 23188	Ph:757- 564-8522
The Bacon Street Mission	The Bacon Street Mission 247	Ph:757.253.0111
The Care Center	The Care Center 1315 Jamestown Road, Suite 202 Williamsburg, VA 23185	Ph:757-220-3252 Emergency Services: 800-CARE 002
The New Leaf Clinic-Counseling Interventions -Program of The College of William & Mary	The New Leaf Clinic-Counseling Interventions--Program of The College of William & Mary Jones	Ph:757-615-2288 Email: newleaf@wm.edu.

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Thriveworks Counseling & Psychiatry-Williamsburg (Rev.01/20/23)	5372 Discovery Park Blvd, Williamsburg, VA 23188	Ph:757- 799-4341 Website: https://thriveworks.com
Transitions Family Violence Services-Counseling Services	Transitions Family Violence Services -Counseling Services P.O Box 561 Hampton, Virginia 23369	Ph:757- 728-2638 A.M.A.C Program Contact: Anne Graber, ATR Ph:757-728-2639 HOTLINE:757- 723-7774 Ph:757- 722-2261 Fax: 757-723-2717 757- 723-6862 TTY/TDD
Fishing Point Healthcare (Rev.02/04/25)	2929 London Blvd. Portsmouth, VA 23707	Ph:757-861-9010 Fax:757-861-9011 Email: info@fishingpointhc.com
New Town Counseling Center (Rev.03/31/25)	5388 Discovery Park Blvd #120-B, Williamsburg, VA 23188	Ph:757- 345-5588 Website: https://www.newtowncc.com
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email
Vita Bella Counseling (Antonina (Toni) Vitale, LCSW) (Rev.03/31/25)	1318 Jamestown Rd # 102, Williamsburg, VA 23185	Ph:757-758-6635
Williamsburg Centre for Therapy (Rev.03/31/25)	217 McLaws Circle, Suite 2 Williamsburg, VA 23185	Ph: 757-253-0371 Fax: 757-253-8063 Website: https://www.williamsburg
MULTICULTURAL SUPPORTS		
Commonwealth Catholic Charities-Interpretation Services Program	Commonwealth Catholic Charities- Interpretation Services Program	Ph: 757-337-6958 Email: interpreter.services@cccova.org Website: http://www.cccofva.org

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Commonwealth Catholic Charities- Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovva.org
Journey to Asylum- The Williamsburg Unitarian	Williamsburg Unitarian Universalists 3051 Ironbound Rd Williamsburg, VA 23185	Ph:757-220-6830 Email:asylum@wu.u.org
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org
Travel Help of Williamsburg	287 McLaws Circle Suite 2 Williamsburg, VA 23185	Contact:Dr. Virginia Wells Ph: 757-888-8888
PARENTING CLASSES/SUPPORTS		
All Star Dads Fatherhood program The WJCC Community Action Agency, Inc. Care Team Program-Williamsburg	All Star Dads Fatherhood program The WJCC Community Action Agency, Inc. Care Team Program-Williamsburg	Contact: Nick Corsi Fatherhood Specialist Ph:757-229-6417 Contact: Lynette Diaz
Cooperative Parenting Program	Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite 101	Ph: 757-875-0060
FirstSpark	FirstSpark Logo	Ph:757- 240-2731
Hampton Roads Doulas-HRD	Hampton Roads Doulas-HRD	Ph: 757-349-6618
Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 Text: 844- 637-6667 Emails: info@nursefamilypartnership.org
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 800- 4-A-Child
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/t ricare_pregnancy-childhood-
RECREATION		
Barry Uzzell's Summer Basketball Camp-Williamsburg James City County Community Action Agency's	Barry Uzzell's Summer Basketball Camp-Williamsburg James City County Community Action Agency's JCCAW	Contact: Yvonne Joseph Ph:757- 229-9332 Email: caa@tni.net
Camp Jordan	Camp Jordan	Contact: Mike, Director Ph:800-566-1496 Tues-Fri, :30am-5pm. Website:www.makwoods.org/cam

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Dreams Catchers of Williamsburg-	Dreams Catchers of Williamsburg-	Ph: 757.566.1775 Email:
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) Eastern Virginia Medical School	Contact:Tierra Langley Program Coordinator/Research Assistant Ph:757-446-5708
Inclusion or Specialized Therapeutic	Inclusion or Specialized	Ph:757-259-5354 OR 757-959-5977
James River Community Center	James River Community Center 8901 Pocahontas Trail,	Ph:757-887-5810
James City County Parks and Recreation	James City County Parks and Recreation 5300 Palmer Lane Suite 1A	Ph:757- 259-3200
James City Williamsburg Community Center	James City Williamsburg Community Center 5301 Longhill Rd	Ph:757- 259-4200
R. F. Wilkinson Family YMCA	R. F. Wilkinson Family YMCA 301 Sentara Circle Williamsburg, VA 23188	Ph: 757-229-9622 Fax: 757-208-0886
R. F. Wilkinson Family YMCA	R. F. Wilkinson Family YMCA	Ph: 757-229-9622
The Boys & Girls Club of The Virginia Peninsula-	The Boys & Girls Club of The Virginia Peninsula Queens Lake Middle School 124 West Queens Drive	Ph:757- 206-1761
Williamsburg Parks & Recreation Department	Williamsburg Parks & Recreation Department 202 Quarterpath Road Williamsburg, VA 23185	Administrative Office: Ph:757- 259-3764 Activities Hotline: 757- 259-3777
RESPITE		
At Home Care	At Home Care 366 McLaws Circle, Suite 2 Williamsburg, VA 23185	Ph:757-220-2112 Fax:757-220-2745 Email:bonnie.george@athomecar
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	BI Waiver Colonial Community Services Board	Families must call main number to be directed to the local CSB Ph: 757- 253-
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com

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One Child Center for Autism- Williamsburg (Rev.04/24/23)	3925 Midlands Rd Williamsburg VA 23188	Ph:757-585-3216 Website: https://onechildcenterforautism.org/kidsnight/
SAFETY		
Child Safety Seat Program (rev.06/11/24)	Child Safety Seat Program PAT of Williamsburg at Child Development Resources 150 Point O Woods	Ph: 757-566-3300 Fax: 757- 566-8977 Toll Free:1-800-732-8333.
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800-222-1222 Website: https://poisonhelp.hrsa.gov
Project Lifesaver-Williamsburg	Project Lifesaver Williamsburg Williamsburg Police Department 425 Armistead Avenue Williamsburg, VA 23185-3651	Ph: 757-259-7212 Toll Free: 1-877-580-LIFE Main:757-546-5502
Smoke Detector Program (Rev.4/3/19)	Williamsburg Fire Department	Ph:757- 220-6220 Website: http://www.williamsburgva.gov/government/departments-a-h/fire/community
SUBSTANCE ABUSE		
Alcoholics Anonymous - Williamsburg Area Intergroup Adult	Alcoholics Anonymous PO Box 1525 Williamsburg, VA 2318	Ph: 757- 253-1234
Center for Child & Family Services- Sobriety and Safety Services: Combined Substance Use and Behavioral Health Services	348 McLaws Circle, Suite 1 Williamsburg, Virginia 23185	Ph:757- 229-7940 Email: info@kidsandfamilies.com Website: https://kidsandfamilies.com
Colonial Behavioral Health -CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185	Ph:757-220-3200 Please call to complete a brief telephone screening with staff: Adults ages 18 and older in
Colonial Behavioral Health-Substance Use Disorder Services for Pregnant and Parenting Women	1657 Merrimac Trail Williamsburg, VA 23185	Intake Ph: 757-220-3200 TDD: 757-253-4377 Fax: 757-229-7173

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Eastern State Hospital-Williamsburg	Eastern State Hospital-Williamsburg 4601 Ironbound Rd Williamsburg, VA	Ph:757- 253-5161
Farley Center (Rev.11/09/22)	5477 Mooretown Rd, Williamsburg, VA 23188	Ph: 888- 710-3150 Website:https://fcdvcenter.com
GAP-Governor's Access Plan	GAP-Governor's Access Plan Colonial Community Services Board 1657	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco	Website:www.sentara.com/tobacco cessation.com
Marijuana Anonymous- "THE GREAT RELEASE"	Marijuana Anonymous 4002 Ironbound Road Williamsburg, VA 23188	Website:https://www.marijuana-anonymous.org/meetings/in-person/catid=21&id=104-virginia
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)
Newport News Behavioral Health Center (Rev.5/30/18)	Newport News Behavioral Health Center (Rev.5/30/18)	Ph:757-888-0400 Intake. OR 757-888-0400 to register.
Oxford House	17579 Warwick Boulevard, Newport News, VA, 23603	Oxford House Williamsburg Ph:757-206-1934 Ph:757- 262-0561 ***Oxford House Blossom
Recovery Meeting-SpiritWorks Foundation	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188	Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfou
Sentara Williamsburg Regional Medical Center-Tobacco Cessation	100 Sentara Circle Williamsburg, VA 23188	Ph:757- 984-7112 or 757 984-7242
South-Eastern Family Project (SEPF)	2351 Terminal Avenue Newport News, VA 23607	Ph:757-245-1070
SpiritWorks Foundation	SpiritWorks Foundation	Contact: Jan M Brown, Founder/Executive Director
SpiritWorks Foundation-Live & Let Live Group (AA)	Warrenton Location 30 John Marshall St Warrenton, VA 20186	Ph:540-428-5415 Email:an@spiritworksfoundation.org
SpiritWorks Foundation-Saturday Night Live (AA)	Warrenton Location 30 John Marshall St Warrenton, VA 20186	Ph:540-428-5415 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfou

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SpiritWorks Foundation-Women's AA	SpiritWorks Foundation 5800 Mooretown Road	Ph:757- 903-0000 Email:an@spiritworksfoundation.
Substance Abuse and Alcoholism - Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism - Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline- chat.org/ Website: http://www.yourlifeyourvo
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Sunday Serenity AFG Williamsburg Place Farley Center 5477 Mooretown Rd., Gratitude Room Williamsburg, VA	Contact: Shelly Ph:757-810-6338
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	The Breakfast Club Triangle Stepping Stones 3279 Lake Powell Rd Williamsburg, VA	Contact: June Ph:757- 348-4140
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Williamsburg AFG Williamsburg United Methodist Church 500 Jamestown Rd., Room	Contact: Mary Ann Ph:757-229-0244
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Tuesday at Two AFG (New Group Name) Williamsburg United Methodist Church 500 Jamestown Rd. Williamsburg, VA	Contact: Cathy Ph:757-345-9156
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Welcoming Wednesdays AFG Triangle Stepping Stones 3279 Lake Powell Rd. Williamsburg, VA	Contact: Ronald Ph:757-876-1353
The Alanon/ALATEEN	ALANON/ALATEEN 500 Jamestown Road Williamsburg, VA 23185	Ph: 757- 875-9429

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The Counseling Center	The Counseling Center Williamsburg Office 5244 Olde Towne Rd Williamsburg, VA 23185	Ph:757- 229-4645 Appointments: Ph:757- 826-4600 Fax:757- 229-4645 Email:dianne@thecounselingctr.com Website:http://www.thecounselingctr.com/
The Farley Center At Williamsburg Place	The Farley Center At Williamsburg Place 5477 Mooretown Road Williamsburg, VA 23188	Ph:757- 565-0106 Toll Free:800- 582-6066 Website:www.farleycenter.com
Williamsburg Community Hospital	Williamsburg Community Hospital, 1314 Mount Vernon Avenue, Williamsburg, VA	Ph:757- 259-6164; Website:www.williamsburgcommunity.com
SUPPORT GROUPS/PARENT TO PARENT SUPPORT		
Bacon Street -Parenting Support Group (Rev.6/6/18)	Bacon Street Offices 247 McLaws Circle Williamsburg VA 23185	Ph:757-253-0111 Website: bacon street.org/parenting
Beyond Boobs Breast Cancer Support Group	Members' Homes	Ph:757-645-2649 or 757-870-7758 Website:www.beyondboobsinc.org
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/23)	Bereavement Support Group for Parents-Compassionate Friends	Ph:757-253-1220 Email: wmsburgcompassionatefriends@gmail.com Toll Free:1-877-969-0010 Website:www.compassionatefriends.org

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Bereavement Support Group for Parents-Riverside (Rev.02/24/23)	Bereavement Support Group for Parents-Riverside	Contact: JakeLyn Ellis Ph: 757-594-2745 Email: JakeLyn.Ellis@rivhs.com
Brain Injury Survivors Support Group-Good Memory Habits	Brain Injury Survivors Support Group-Good Memory Habits	Contact: Sara Lewis, Support Group Coordinator Ph: 757-784-0344 . OR 757
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website:
DivorceCare Support Group (Rev.6/6/18)	King of Glory Lutheran Church 4897 Longhill Road Williamsburg, VA 23188	Ph: 757-258-9701 Website: http://www.divorcecare.org/
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com
Lung Cancer Support Group- Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group- Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph: 757-827-2438.
Look Good, Feel Better- Support Group	Look Good, Feel Better-Support Group 100 Sentara Circle Williamsburg, VA 23188 Yorktown Conference	Contact: Jill Matthews Ph: 757-395-8686
Motherhood Support Group- for New Mothers Facing Depression, Anxiety or other problems during pregnancy or after having a baby. (Rev.6/6/18)	Location of meetings: Child Development Resources 1st and 3rd Wednesday of every month	Contact: williamsburg@postpartumva.org
NAMI Family Support Group	NAMI Family Support Group St Steven's Lutheran Church 612 Jamestown Rd Williamsburg 23185	Contact: Linda Roush Facilitator/Coordinator Ph: 757- 220-8535 HelpLine
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/
SpiritWorks Foundation-CODA Meeting	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188	Ph: 757- 903-0000 Email: an@spiritworksfoundation.org

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SpiritWorks Foundation-Dual Recovery Anonymous Meeting	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188	Ph:757- 903-0000 Email:an@spiritworksfoundation.org
SpiritWorks Foundation-Hope For You SIA Meeting	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188	Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundation.org/
SpiritWorks Foundation-Recovery Outside the Walls	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188	Ph:757- 903-0000 Email:an@spiritworksfoundation.org
Support For My Heart-NICU Parents	Support for My Heart-NICU Parents	Contact: Crystal McCullough Email: loganheartofalion@gmail.com and Ashley Carolino Email: Ashley.Carolin@gmail.com Website:http://www.facebook.com/groups/supportformyheart/
Support Group for Caregivers of Alzheimer's Disease & Related Disorders	Support Group for Caregivers of Alzheimer's Disease & Related Disorders 212 Melrose Circle Suite 2B	Intake Contact: Douglas Panto Ph:757-221-7272 Fax:757-221-0109 Email:douglas.panto@alz.org
Support Group Círculo de Padres Hispanos/Hispanic Circle of Parents	A Program of Mary Immaculate Family Focus and First Baptist Church Newport News Circle of Parents Program 12716 Warwick Blvd Newport News, VA	Contact: Cecilia Gonzalez Ph: 757-812-4602 Email:CC.Gonzalez@cox.net OR Delores Price Ph: 757-886-6511
Support Group Círculo de Padres Hispanos/Hispanic Circle of Parents	A Program of Mary Immaculate Family Focus, St. George's Episcopal Church and Army Community Service Circle of Parents Program 15446 Warwick Blvd Newport News, VA	Contact: Ariadna oliveras-Oquendo Ph: 757-833-3054 or Delores Price, 757-886-6511
Support Group Down Syndrome Association Peninsula	Down Syndrome Association of the Virginia Peninsula P.O. Box 1237 Yorktown, VA 23692	Intake: Kim Strickland, Ph: 757 234-0895 757-890-3013 Main Email: kstrickland@dsavp.org Website http://www.dsavp.org/

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Support Group for Parents of Children with Autism	Support Group for Parents of Children with Autism Greenwood Christian Academy 5100 John Tyler James City County Library	Contact: Fran Pinnozitto Ph:757-259-0710
The Getaway Cafe – new program for adults with early memory loss and their care partners	7770 Croaker Rd. Williamsburg VA 23188	Registration encouraged but not required. Ph: 757.259.7770 to register.
The Lighthouse Guild Teleconference Group for Families of Children with CVI(Cerebral Visual Impairment) (Rev.07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131 Norfolk VA 23502	Contact: Judith Millman, Facilitator Contact: Judy Judithmillman@aol.com Link: https://www.lighthouseguild.org/patients-families/tele-support-
The Tidewater Brain Injury Support	The Beacon Clubhouse 2000 Virginia Beach Blvd	Contact: Mary Copeland, SW Brain Injury Association of
Transitions Family Violence Services- Women's Support Group	Transitions Family Violence Services -Women's Support Group P.O Box 561 Hampton, Virginia 23369	Ph:757-728-2639 HOTLINE:757- 723-7774 Ph:757- 722-2261 Fax: 757-723-2717 757- 723-6862 TTY/TDD
WINGS Breast Cancer Support Group	Members' Homes	Contact: Pat 757-258-4540 Jane:757-564-639 Dottie:757-229-6152
Women's Discovery Support Group SpiritWorks Foundation	Warrenton Location 30 John Marshall St Warrenton, VA 20186	Ph:540-428-5415 Email:an@spiritworksfoundation.org
THERAPIES		
At Home Care	At Home Care 36 McLaws Circle Williamsburg, VA	Ph:757-220-2112
CHKD outpatient PT/OT/ST at Lightfoot (Williamsburg)	Children's Health Center 119 Bulifants Blvd Williamsburg, VA 23188	Ph: 757-564-1650

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Sentara Home Care Services	Sentara Home Care Services 1100 Professional Drive Williamsburg, VA 23185	Ph: 757- 984-1300 Fax: 757- 253-5827
TRANSPORTATION		
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist- Where is my Ride: Ph:800-734-
Anthem HealthKeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem HealthKeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-
Colonial Transit (Rev.10/8/18)	McLaws Circle Williamsburg, VA 23185	Ph:757- 565-1966 Website:www.colonialtransit.com Email:colonialtransit@yahoo.com
ModivCare (formerly Logisticare)-Fee For Service (FFS) <u>*Including all CL, BL & FIS andr and</u>	ModivCare (formerly Logisticare)- Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website:https://www.mvmodivcar

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Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 CCC Plus and DDWaiver Services Ph: 877-790-9472 CCC Plus and DD Waiver Services (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride for DD Waiver: Ph: 877- 790-9472
Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride : Ph:877- 892-3986 option 1
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877- 892-3986
RIDES (Rev.01/11/19)	Williamsburg Area Transport Office (WAT) 7239 Pocahontas Trail Williamsburg, VA 23185	Ph:757- 345-6166 Website:www.rides4u.org

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Travelers Assistance - Williamsburg, ASSIST, Sentara Williamsburg Regional Medical Center	Travelers Assistance - Williamsburg, ASSIST, Sent 100 Sentara Circle Williamsburg, VA 23188	Ph:757-948-7100 Intake Website: www.sentara.com/Sentara/HospitalsFacilities/Hospitals/Williamsburg
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884
United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist- Ph: 833-215-3884
Williamsburg Area Transport Fixed Route All Ages (Rev.10/8/18)	468 N Boundary St Williamsburg, VA 23185	Ph:757- 220-5493 Website:www.williamsburgtransport.com Email:info@GoWATA.org
VISION/SIGHT		
LackleyFree Clinic -Ophtalmology	Lackley Free Clinic An	Ph: 757-886-0608
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*James City Lion's Club Contact: Bob Jordan Ph: 757-220-1742 OR Doug Brown Williamsburg Host Lions 757 570 3573 Email:Beengolfn3@cox.net Website: www.lionsclubs.org You must contact Lion's club answering service at: 757- to find out other cities and regions contact number.
WAIVER CONTACTS		
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:844-374-9159

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Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Peninsula Health District 416 J. Clyde Morris Blvd Newport News VA 23601	Call to request Screening: Ph:757-594-7426 757-594-7305 Fax:757-594-7714
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Colonial Behavioral Health 1657 Merrimac Trail Williamsburg, VA23185	Main: 757- 220-3200 Liz Erfe-Howard, Email: eerfe-howard@colonialbh.org Juan Verz, Email: jvera@colonialbh.org Website:http://www.colonialbehavioralhealth.org Main Website:https://vacsb.org
Building Independence (BI) Waiver	BI Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website:https://vacsb.org

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Community Living (CL) Waiver	CL Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website: https://vacsb.org
Family and Individual Support (FIS) Waiver	FIS Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website: https://vacsb.org

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NOTES
APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care. CASA is a child advocacy program that assigns trained volunteers to speak for abused and neglected children in the juvenile justice system. Please call for further information. The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum and the physicians on the Professional Advisory Board have been active in several radio and TV talks and events. Independence Psychotherapy Services provides assessment and advocacy services. Please call for further information. Avalon informs individuals of their rights, explains protective orders, and possible court procedures. Court and hospital accompaniment is available, if desired. The Legal Advocate works with law enforcement and criminal justice professionals to National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking. National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center prioritizes work to address the needs of crime victims and promote victim safety and recovery. Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and

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Peninsula Disability Services Board purpose is to serve the needs and concerns of citizens with a disability living on the Peninsula of Virginia. Also to help promote public awareness and education to local, businesses, governments, organizations and individuals regarding disability issues and the ADA. Services: Speakers, Advocacy, mentoring, Public Awareness, Education, Resource and Referral services, Disability related brochures, public programs for emergency services for	
The Arc of Greater Williamsburg serves people with Intellectual and Developmental Disabilities. Their Lifelong Learning Program empowers our clients to become better self-advocates and communicators. This Program teaches important skills	
The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to carry out those plans. Additionally, should the need arise, the Clinic provides advocacy for clients who are unable to speak for themselves. The Clinic operates with the following: <u>Willis, Powers of Attorney & Medical Powers of</u>	
The Special Education Advocacy Clinic was formed to assist students with disabilities and their families with eligibility or Individualized Education Program meetings, discipline matters, mediation, and administrative hearings. The clinic is designed to bolster the partnership between families and schools and is part of the Law School's Parents Engaged for Learning Equality (PELE) Initiative. Please call for further information.	
IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding. Basic position and latch of the infant. Information about <u>practices that promote successful breastfeeding. Preventing and managing common</u>	
The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws <u>regulating breastfeeding support in the workplace and creative ways to make</u>	
IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding, Basic position and latch of the infant. Information about <u>practices that promote successful breastfeeding. Preventing and managing common</u>	
IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding <u>Basic position and latch of the infant. Information about practices that promote</u>	
The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you	

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Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence
Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality
Child Day Care Services-Williamsburg: Human & Social Services provides day care payments, so parent(s) can work or train for employment. Please call or visit the website for further information.
Child & Family Connection provides childcare resource and referrals to parents with young children. The organization also maintains computerized directory of childcare referrals. Additionally, provides initial and ongoing training, support, and technical
Child & Family Services links families, children and care givers to resources that nurture children's positive development. Services offered include: Child care resource and referrals, provided using national standards, Complete background checks and training for your "nanny"; Referrals for Military child care; Consumer education on child care quality and choices; Assistance with new child care business
The Child Development Services purpose is to serve families in York County who are at risk for low income or developmental delays. Provide childcare and early hood
CDR's First Steps Child Care and Development Centers offer high-quality, affordable child care for low-income families with infants and toddlers at two centers
Jamie provides child care in her home for infants and toddlers. Jamie uses ASL with her son who is developing bilingually in ASL and English. You can contact Jamie through either our Facebook page, Families to Families, or the Facebook
REC Connect @ Matthew Whaley is a child care provider. Licensed: Child Day Center. Ages: 0-14 Years. Please call for further information.
R.F. Wilkinson Family YMCA is a child care provider. Licensed: Child Day Center. Ages: 0-10 Years. Please call for further information.
Donated Dental Services is a national program of the Dental Lifeline Network managed by Access Partnership for VDA components 1&2 (Crestor, Lomax)
The American Association of Orthodontics has a donated orthodontics program. They provide high quality orthodontic care for children of families with financial

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Hampton Roads Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Staff: J.B. Martin, DDS. Other: In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.
Lackey clinic is a faith-based nonprofit providing free dental care to adults without dental insurance. Their patients are the working class who earn too much to qualify for Virginia Medicaid but not enough to afford quality dental insurance, usually earning between \$10-\$25 an hour. Services: fillings, cleanings, and extractions. Payments are based on income; Olde Towne Medical Center is located in James City County and is open Monday, Wednesday and Friday 8:30 a.m. - 4:00 p.m.
Pediatric Dental Specialists of Williamsburg is the dental specialty that is dedicated to the treatment of children from infancy through the teenage years. Services offered for your child: Routine cleaning and check-ups, One Year Old First Dental Visit, Digital X-rays, Restorative treatment, Limited Orthodontics, Preventive treatment, Oral hygiene education, Sedation Dentistry, General Anesthesia. Target Population: Toddlers, preschoolers, preadolescent young adults, and patients with special

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VA Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Staff: Tammara Bell, DDS Haralambos Garafalis, DDS and Richard Pugliese, DDS. Other: In-office conscious sedation. Please call for further information.
Autism Resources -One Child Center for Autism provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully included,
The DSAVP brings support to families with new babies through hospital outreach, delivering informative books for parents and siblings. Monthly play meetings provide the opportunity for families to connect and learn from one another. Enrichment activities include trips to the zoo, pumpkin patch and swimming time. Informational speakers and workshops provided for parents, families and caregivers. Mom's Night
Family Priority provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
The Arc of Greater Williamsburg serves people with Intellectual and Developmental Disabilities. Their Lifelong Learning Program empowers our clients to become better self-advocates and communicators. This Program teaches important skills
Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics
The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for
Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact
Phillip West Memorial Cancer Resource Center-is a service of Sentara Williamsburg Regional Medical Center in conjunction with Williamsburg Regional Library. Information on local and regional resources for patients with cancer and their families.

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ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Access Partnership is a 501(c) 3 Nonprofit Organization who provides gently used and new donated medical equipment and supplies to individuals in need. Office
Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
AI Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and
American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please call for further
Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost.
FISH Inc is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
The FREE Foundation is a non-profit that provides mobility related rehabilitation equipment to enhance independence and improve quality of life. To qualify for services download an application at www.free-foundation.org . In Virginia, children in
Grove Christian Outreach Center is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Home Care Delivered is a Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare is a supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Lincare provides Home Infusion Services. Medicaid, Medicare and major insurances are accepted. Please call for further information.
National Seating & Mobility is a provider of power mobility and home medical

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NuMotion is a provider of power mobility and home medical equipment. Medicaid,
Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Reach Orthotic & Prosthetic Services in Newport News, offer services in Prosthetic & Artificial Limbs. They specialize in Prosthetic & Artificial Limbs. Hours of Operation are:Tues: 8:00 am – 4:30pm.Serving:Newport News, Hampton, Yorktown, Chesapeake, Norfolk, Suffolk, Virginia Beach, Williamsburg, Gloucester, and the entire Hampton Roads area. Please call for further information.
Tycon Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Avalon informs individuals of their rights, explains protective orders, and possible court procedures. Court and hospital accompaniment is available, if desired. The
Latisha's House provides a long-term, transitional housing program for adult, female survivors of sex trafficking and connect them to professional services such as medical and dental, psychological and spiritual counseling, education and job training to give them a new chance to start again. Please call for further information.
Domestic Violence (DV) Groups for adult men and women who have been charged or struggle with couple or family violence. These groups meet for 24, or 32 weeks depending on violence history and risk assessment. We are a trauma focused, certified batterer intervention program through the Virginia Batterer Intervention Program Certification Board, which enforces the use of best practices in working with batterers. Cost: \$55 -Assessment, \$25 per group session, \$55 per individual
The Latino Outreach Program provides families,children,and individuals with professional psychotherapy services through an individual or group platform. The program also works in conjunction with other agencies and institutions that are already serving the Latino community. This includes schools,churches,and government agencies. This program was created to fill the gap in psychotherapy services that existed in the Latino community in Peninsula. The following services are provided: domestic Violence Services. The Center serves all individuals regardless of race, color, religion creed, gender, national origin, age, disability or
LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support,

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Love and Caring Ministries is an emergency home for abused and homeless women. This program provides:- Safe haven from abusive relationships Languages: English Cost: Free
The National Sexual Assault Hotline is a 24/7 safe and confidential service to
The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and
The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking
William & Mary Law School-Domestic Violence Law Clinic provides practical
The Early Intervention program provides therapy/specialized services for families with at-risk infants and toddlers with developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and speech therapy; educational and behavioral
The mission of the Adult and Continuing Education program is to respond to the needs of the adult population by offering a comprehensive educational program to the community.
The Agency provides assistance to low-income individuals to improve their economic and overall situation. Programs include Adult GED preparation, English as a second language, tutoring for children on Saturdays, Project Discovery for middle & high school students, Head Start, nutrition, and youth programs like NBL
"Special education" means specially designed instruction, at no cost to the parent(s), to meet the unique needs of a child with a disability, including instruction conducted in a classroom, in the home, in hospitals, in institutions, and in other settings and instruction in physical education. The term includes each of the following if it meets
Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers develop the early reading and math skills they need to be successful in
Independence Psychotherapy Services provides assessment and advocacy services. Please call for further information.
Project HOPE - Virginia, the Virginia Education Program for Homeless Children and Youth, is a federally-funded grant authorized by the McKinney-Vento Homeless Education Assistance Act. Project HOPE - Virginia ensures the enrollment

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The Special Education Advocacy Clinic was formed to assist students with disabilities and their families with eligibility or Individualized Education Program
Local homeless education liaisons are Local Educational Agency (LEA) staff responsible for ensuring the identification, school enrollment, attendance, and opportunities for academic success of students in homeless situations. Some of
The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education
The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional
The Salvation Army's Disaster Relief Services are prepared to assist in the wake of all types of disasters, natural or otherwise. Services include: Individual and family trauma counseling and emotional support, Spiritual Support, Identification/Registration (locating victims), Mobile Feeding and Financial
The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the
Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services. One-Stop Centers offer a variety of comprehensive workforce services. Services provided through the One-Stop Centers are free of charge, although some eligibility
VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm . Each of our offices have the option to adjust their hours of service based on local community and/or agency needs. VEC staff at the Workforce Centers make available job search assistance to individuals, and recruiting and referral services to
The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational rehabilitative
Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans' Services, Employer Services (including the Employer Advisory Committees), and the State Monitor Advocate.
The VEC is committed to serving migrant and seasonal farm workers who are seeking work. Trained and experienced farm placement specialist provided statewide.
The workforce investment act rewrites current federal statues governing programs of job training, adult education and literacy, and vocational rehabilitation, replacing
Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected
The community Kitchen provides a weekly hearty mid-day meal to all who are hungry. It is hosted by WUMC every Friday from 11:00 a.m. - 1:00 p.m. and support

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Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students and provides affordable Internet and devices to students and families that qualify for the
Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or repairs and also with the electric bill. Other Eligibility Requirements: To be eligible
Cover Virginia-Virginia-Based Assisters is a service available in-person across the Commonwealth and on the phone (24/7). All Virginia-based assisters have
Crisis Assistance is intended for emergency situations. It helps eligible households when Fuel Assistance or other resources cannot meet the need. Some examples of
The Division of Child Support Enforcement (DCSE) is a division within the Department of Social Services who works in partnership with the Federal Office of
Energy Share is a fuel assistance program of last resort for anyone who faces financial hardships from unemployment or family crisis. Provides heating assistance in winter (for any heating source -- oil, gas kerosene, wood and electricity) and
cooling assistance (for Virginia customers only) in summer. Must contact local
Emergency Financial Aid is available to individuals and families who are in desperate financial need. Applicants may stop by one of the locations to complete
Williamsburg United Methodist Church-Erase the Need Center is an outreach center for students of economically disadvantaged families that provides school
A holiday distribution program, providing assistance to low-income residents of the Greater Historical Triangle area. Services include: Toys For Tots, Angel Tree, Thanksgiving Dinner, Christmas Baskets and Shoe Box. Please call for further information
FISH Inc. provides food, clothing and housewares to those in need. Please call for further information.
FISH Inc is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
Grove Christian Outreach Center purpose is to treat each person with dignity and respect and show the love of Christ in assisting them with their need. Outreach programs include food, clothing, financial assistance, school supplies, school uniforms, Children's Summer Lunch Program, and Christmas gifts. Hours:(Monday): 9am - 2pm; (Tuesday): 1pm - 6pm; (Wednesday): 9am - 1pm (Thursday): Closed;
Grove Christian Outreach Center is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
The purpose of Heating Assistance is to eligible households with the cost of home heating. It is designed to help offset this expense rather than to pay all of it. Other
Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Eligibility Requirements: Based on household income, Recipients of SNAP,

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Meals on Wheels provides meals packaged and delivered M-F for individuals with disabilities and elderly through the PAA for residents in Williamsburg. Please call for
Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a network of Aetna Better Health of Virginia Provider Listings.
Anthem HealthKeepers Plus Provider Listings.
Molina Complete Care Provider Listings.
Sentara Health Care Provider Listings.
United Healthcare Provider Listings.
Medicaid pays for health and medical care for certain groups of people who have low income. Local Departments of Social Services take applications and make eligibility
Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or agency-based provider that has a provider agreement with DMAS. Visit the website for
Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will remain in fee-for-service and some services are provided through fee-for-service.
Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on
FAMIS is Virginia's health insurance program for uninsured children and pregnant moms. The outreach program for Famis at Catholic Charities can help you by filling
Peninsula Agency on Aging assesses the needs of seniors over 60 and individuals with disabilities and then connects them to appropriate services. They do provide transportation, conducts safety check-in calls, personal visits. Canine companion visits and light housekeeping services. All services are geared toward helping seniors remain as independently as possible in their own homes.
S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is
Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application process, and the patients are required to provide proof of income, including pay stubs and/or tax

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Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also administer the
Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP or TANF
The Center for Child & Family Services-Consumer Credit Counseling offers budget counseling for families or individuals having financial problems. Debt management program may be able to establish repayment plans with creditors. Overspenders Anonymous is also available. Sneakers are available for educational presentations
The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that Children have Access to Nutritious Meals and Snacks When School is
Conducts self-sufficiency screening to determine needs so that they can connect clients to resources that can have a longer-term impact on their social, financial and educational wellbeing. United way refer clients to agencies and faith partners to provide health services, emergency utility assistance, eviction prevention, legal aid
The Williamsburg Department of Social Services' mission is to provide benefits and services to the citizens of Williamsburg based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore family stability as well as
Williamsburg House of Mercy is a complete care center for the homeless and the struggling residents in our community. Staff and volunteers work daily to meet their needs through financial assistance, permanent housing assistance, access to
The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional counseling/instruction and supportive services for breast-feeding mothers.
The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious foods, counseling, and referrals are provided. The WIC program provides the following formulas for infants: Similac Advance, Similac Isomil Advance. If a special formula is
Chesapeake, Gloucester County, Hampton, Isle of Wight County, James City County, Mathews County, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Surry County, Virginia Beach, Williamsburg and York County

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Agape Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Always There Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Allegiance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton, <u>Williamsburg. They serve Hampton Roads Area. Please call for further information</u>
Allegiance Home Care Services provides Private duty in-home care and Skilled Nursing. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, <u>Hampton.</u>
Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. <u>The patient and the family are involved in making decisions. Care is provided for the patient and family</u>
At Home Care provides skilled nursing and home health aide. Please call for further information.
Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort ~~Monroe, Hampton, Portsmouth, Portsmouth Naval Air Station, Suffolk, Virginia~~
Care Advantage offices specialize in providing personal care, companionship and respite services. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis,
Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and <u>employees. Available 24 hours. All Care Advantage employees are now certified in</u>
Caregivers in-Home Care provides personal care services and respite for adults only. Medicaid and Private Pay are accepted. They serve Williamsburg And The Hampton Roads Area. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Williamsburg And The Hampton Roads Area. Please call for further information.

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Service Facilitator for DD and CCC Plus Waiver. Serves: Southside. Please call for further information.
Forever Halo Care Provider, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
CCC Plus Waiver Facilitator. Serves: Gloucester, Williamsburg/James City County, Hampton, Newport News, York, Poquoson
Hand N' Heart Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.
Hospice Community Care of Virginia, Harbor Light Hospice, provides hospice care. Staff is committed to providing quality patient-centered end of life care with dignity and respect. Harbor Light Hospice is a philosophy of care, that assists patients, family, and friends, during the final stages of a terminal illness. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare , Veterans. Service Area: Chesapeake, Hampton, Newport News, Norfolk, Poquoson, Portsmouth,

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Heartland Hospice Care provides hospice services, specializing in symptom and pain management for individuals who have a life limiting illness. The hospice team works with the patient and his/her family to provide a comprehensive program of psychosocial and spiritual support, medications, therapies, patient and family education, comforting treatments, equipment and supplies and bereavement services. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare. Service Area: Gloucester , Hampton , James City County , New Kent , Newport News, Poquoson, Williamsburg and York County. Please call for further information.
Hope In-Home Care is a Medicaid certified home health agency who provides private duty nursing, skilled nursing, personal care and respite services. Please call for further information.
Intrepid Hospice provides services that include: Professional Staff on call 24 hours a day, seven days a week, Physician-directed plan of care, Psychological and spiritual care, Pain and symptom management, Medications, Equipment and Supplies related to the terminal illness, Personal care and support, Volunteer services and Bereavement care. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare. Service Area:
Karyka Home Care Inc. provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information.
Key Elements Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information. Coverage Areas: Gloucester, Hampton, Isle of Wight, James, city, King
Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in
Sentara Home Care is a full service organization that offers home health, infusion, hospice, home medical equipment and clinical respiratory services. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.

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The Concordia Group, Inc. provides personal care services and respite. Medicaid and Private Pay are accepted. Please call for further information
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Victoria Lending Hand Home Care provides personal care services and respite.
Palliative and Hospice care are offered at The Gardens at Warwick Forest, which
Catholic Charities of Eastern Virginia, Inc. - Consumer Credit and Housing Counseling Program is a non-profit HUD-approved housing counseling organization, designed to foster the development of whole family life in the community by providing various counseling and program services. They provide services to all
fair housing assistance; home equity conversion mortgage counseling; homebuyer education programs; loss mitigation; marketing/outreach initiatives; mobility/relocation counseling; money debt management; mortgage delinquency/default resolution counseling; post-purchase counseling; predatory lending; pre-purchase counseling; renters assistance; services for homeless; English only; CCCS of Hampton Roads/Center for Child & Family Services
Grace Haven Family Shelter is a 90-day emergency housing option where assistance is provided to stabilize homeless families which we support with funding and household furniture and supply donations.
Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and enable individuals who wish to make a successful transition from incarceration to community. The program provides stable housing and support services to increase
fair housing assistance; home improvement/rehabilitation counseling; homebuyer education programs; post-purchase counseling; pre-purchase counseling; English
fair housing assistance; home improvement/rehabilitation counseling; homebuyer education programs; post-purchase counseling; pre-purchase counseling; English only; Virginia Housing Development Authority.
Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes
The Housing Choice Voucher (HCV) Program is the federal government's major program for providing housing assistance to over 2.3 million American families. Programs: EMERGENCY HOUSING VOUCHERS (homeless, at-risk of
The Office of Native American Programs (ONAP) administers programs designed to support affordable housing and community development activities for Native Americans, Alaska Natives, and Native Hawaiians. Programs: INDIAN HOUSING
House of Refuge is a short term homeless shelter for men 18 and older. Services provided: Shelter (to include under clothing hygiene items, breakfast, and dinner

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home improvement/rehabilitation counseling; homebuyer education programs; mortgage delinquency/default resolution counseling; pre-purchase counseling; services for homeless; English only; Virginia Housing Development Authority
Love and Caring Ministries is an emergency home for abused and homeless women. This program provides:- Safe haven from abusive relationships.Languages:English.Cost:Free.
A new regional Housing Crisis Hotline is now open so that with one call, anyone facing a housing crisis in Hampton Roads can reach over 1200 resources within 24 hours. If you or someone you know is experiencing any type of housing crisis call
STOP provides weatherization service to qualified low-income residents. The work is regulated by the Department of Energy and consists of reducing air leakage, wrapping water heaters; insulating and venting attics. This work is especially important to the elderly, individuals with disabilities and single heads of households, ~~who may not have adequate income to make the repairs themselves. For more~~
Williamsburg House of Mercy is a complete care center for the homeless. Their Day Center for the homeless provides warm meals, showers, and a place of respite for the unsheltered homeless, as well as access to medical and mental health services, access to computers and jobs, and assistance with housing. Once housed, they are ~~case managed by our Housing Office until they achieve stability. Clients must be~~
Care Connection for Children is a statewide network of centers of excellence for ~~children and youth with special health care needs (CYSHCN) that provide leadership~~
DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial concerns, legal questions,
Resources 757 is a directory of resources for residents of Hampton Roads
2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health
United Way of Greater Williamsburg is a service of the United Way of Greater Williamsburg. Provides information about human services in the Greater
VictimConnect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.

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Williamsburg Hospice Program offers compassionate care for patient or family .Also includes spiritual and emotional needs. Hours are 9:00am-5:00pm,Monday-Friday.
APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services.
Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit or
The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families.
Commonwealth Catholic Charities' staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration
Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities' Guardianship can undertake
Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial accounts and the payment of their monthly bills. This is a role Catholic Charities can fill. Eligibility Criteria: The
Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Charles City, Gloucester, Hampton, James City, King & Queen, King William, Mathews, Middlesex, New Kent, Newport News, Poquoson, Williamsburg.
Independence Psychotherapy Services provides assessment and advocacy services. Please call for further information.

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Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further information.
Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship case workers take on the role of caregiver. Individuals in the ~~Guardianship Program receive on going case management and on going monitoring~~
Johnson, Gasink & Baxter, LLP provides legal services in the following areas: Estate Planning, Trust Administration, Executor and Trustee Services, Probate and Business Law. They can schedule appointments at: Williamsburg, Virginia Beach, Richmond, Fredericksburg, Stafford, and Manassas. Please call for further information.
A program that provides pro bono legal services to those in need. This effort is partnered by the William and Mary School of Law, Williamsburg Bar Association and the WJCC Community Action Agency. Their Agency networks with various communities to schedule legal clinics quarterly within low-income neighborhoods. ~~Transportation and on sight childcare is provided. Free legal services are provided in~~
Peninsula Center for Estate and Lifelong Planning provide a full-service estate planning, probate and business planning services. Whether you have an existing estate plan or have experienced a significant change in life and need to modify an estate plan, they are here to help. They can assist with simple wills and trusts ,Legal Guardianship as well as advanced planning options.Fees:(\$450 consultation fee, NOT applied towards final fees). Hours:Monday – Thursday 8:00am – 5:00pm, Friday – 8:00am – 3:00pm.Please call or visit the website for further information.
The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to
The firm provides disability law, trust, wills, probate process & estate managing. Please call for further information.
The Peninsula Center for Estate and Lifelong Planning is committed to helping clients achieve their goals through personalized counsel and representation. Practice areas:Business and Tax Planning,Elder Law,Estate Planning,Judicial Proceeding and Probate & Trust Administration. Legal Guardianships and ~~Conservatorship. Hours:Monday – Thursday 8:00am – 5:00pm~~
Transitions Family Violence Services offers legal advocacy services to help victims understand their legal rights and civil and criminal remedies to end their abuse. Advocates are available to accompany clients to Hampton, Newport News, and York County/Poquoson courts. Services Includes: Safety Planning/Lethality Assessment, ~~Court accompaniment, Referrals and information, Attorney Referrals and Assistance~~

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At TrustBuilders Law Group, help people with their estate planning and elder law concerns. They are proud to provide experienced guidance and compassionate support to every family we work with. When you allow TrustBuilders Law Group to ~~take care of your legal matters, you can be confident that you have the best~~
University of Richmond school of Law-Aging and Disability Law Practicum-Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to carry out those plans. Additionally, should the need arise, the Clinic provides advocacy for clients who are unable to speak for themselves. The Clinic assists with the following: Wills, Powers of Attorney & Medical Powers of Attorney, Living Wills, Probate Administration, Guardianship & Conservatorship Actions, Competency Determinations, Nursing Home Concerns, Elder Abuse, Medicare &
Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
William & Mary Law School-Appellate and Supreme Court Clinic T (Appellate Clinic) focuses on First Amendment (free speech and religion) and Fourth Amendment (search and seizure) cases in various federal courts of appeals. He clinic continuously seeks out cases, prepares briefs, and engages in oral argument.
William & Mary Law School -Business Law Clinic advises both for-profit or not-for-profit small Virginia businesses on corporate operations, policies, and procedures, as well as proposes solutions to clients' specific legal problems. The Clinic does not provide litigation services.
William & Mary Law School- Virginia Coastal Policy Center (VCPC) provides science-based legal and policy analysis of ecological issues affecting the state's coastal resources, providing education and advice to a host of Virginia's decision-makers, from government officials and legal scholars to non-profit and business leaders. Please call for further information.
William & Mary Law School-Domestic Violence Law Clinic provides practical experience in and examination of domestic violence, its impact on victims and families, and the applicable law. Students learn the effects of domestic violence and, under supervision, learn to interview, provide advice and counsel to, and provide court representation of clients in domestic abuse cases.

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William & Mary Law School-Family Law Clinic offers services from certified students to represent and advise clients of limited financial means from the Williamsburg office of the Legal Aid Society of Eastern Virginia (LASEVA), in divorce, custody, support and equitable distribution matters. Please call for further information.
William & Mary Law School-Federal Tax Clinic consists of two components: a ~~seminar about federal tax practice and procedure and a practicum in which students~~
William & Mary Law School-Innocence Project Clinic , this clinic students participate in the legal investigation and research of inmate claims of actual innocence. Using ~~primary sources, including police and forensic reports, court pleadings, transcripts,~~
William & Mary Law School-Immigration Clinic engage with immigration law matters including assisting noncitizens in navigating the immigration process, participating in
William & Mary Law School-Veterans Benefits Clinic mission is to ensure that former military service members have access to the disability benefits that they earned while training tomorrow's lawyers to become zealous advocates for our nation's veterans. Please call for further information.
The Special Education Advocacy Clinic was formed to assist students with disabilities and their families with eligibility or Individualized Education Program
LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may ~~be struggling with their gender identity and are not sure that they are transgender;~~
TAPVA offers safe emergency and temporary transitional housing to homeless transgender adults in Virginia, and to help them find the additional resources they need to remove the barriers to self-sufficiency while we continue to provide education surrounding the issues trans people face on a daily basis.
Angels of Mercy Medical Clinic provides comprehensive medical management for chronic conditions such as hypertension, diabetes, ~~high cholesterol, asthma, COPD, prediabetes and more to~~
Do not accept straight Medicaid. Providers; Elena Flagg,

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Services: Primary Care, Family medicine, school Physicals, Pediatric Services, Gynecological services, lab and X-ray services, Pharmacy services, Diabetic counseling, Spiritual counseling, Ophthalmology, Endocrinology, Rheumatology. Hours of operation: Monday–Thursday:8:30 a.m.–5:00 p.m. and Friday: 8:30 a.m.–Noon. Pharmacy Hours: Monday–Wednesday:9:00 a.m.–4:30 p.m. Thursday: 9:00 a.m.–5:00 p.m. Friday: The Pharmacy is closed.Cost: they ask for a contribution of \$25 for medical, eye care, and behavioral health appointments if patients are able to contribute. Eligibility requirements: Your yearly income based on family size must be at or below the chart levels. You must have no medical insurance or be eligible for Medicaid, Medicare, or Veterans benefits. You must live in Virginia. You must be 18 years of age or older. persons. Intake: Appointment
HOPE Pregnancy Services offers free quality pregnancy services: pregnancy tests, early ultrasounds, prenatal medical referrals with co-pay assistance., No insurance is required., Also provides maternity and baby clothes and diapers and gear through <u>Williamsburg House of Mercy</u>. Hours: Monday-Thursday 9:30am-4pm Friday
Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start your online visit at anytime from anywhere in Virginia. Target Population:Lackey Virtual Care is for anyone age 18 years or older who lives in Virginia Online visits are
Bon Secours Care-A-Van, is a mobile health clinic that provides free healthcare services to people without insurance including babies, children and adults. Health Care services are available to everyone regardless of where you live. The Care-A-Van visit Calvary Chapel Newport News, 361 Beechmont Drive the 1st and 3rd Wednesday of each month. The staff will arrive at 9:00 am and depart at 5:00 pm. Registration for appointments will begin at 9:30 a.m.
Payments are based on income; Olde Towne Medical Center is located in James City County; pre-register - Monday, Wednesday, and Friday 8:30 a.m. - 4:00 p.m., Tuesday and Thursday 8:30 a.m. - 6:00 p.m.; \$10 prepay to hold spot (appointment); need tax return or statement of no income (food/shelter letter) plus 2 proofs of residency, picture ID
Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis Screening programs, Sentara Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is available for uninsured individuals for clinical visit with Instant Lab Test – \$125,clinical visit with Services – \$195 and clinical visit with Procedure – \$250.Hours:Monday – Friday: 8:00am – 8:00pm.Saturday – Sunday: 8:00am – 4:00pm.Thanksgiving – Closed. Christmas – Closed.

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Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis Screening programs, Disease Surveillance, influenza Surveillance. Eligibility requirement: Income information required. Charges vary according to income and services provided, sliding scale fees, certain services are free and few have flat rate. Intake procedure:
CVS Pharmacy offers evening services. Hours: M-F, 8a-8p.Sat., 9a-6p.Sun., 10a-6p..Please call for further information.
Greater Williamsburg Medication Access Program is designed to connect uninsured
Payments are based on income; Olde Towne Medical Center is located in James
Walgreens Pharmacy offers evening services. Hours:8a-10p..Please call for further
Williamsburg Drug Co. - Jamestown Road is a Compounding pharmacy. Hours:
Williamsburg Drug Co. - Jamestown Road is a Compounding pharmacy. Hours:
The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
Alpha Counsellors Service mission is to provide support in the form of clinical services for those individuals from age birth to Senior citizens. Goal and focal point is to empower, motivate and assist in the development of appropriate behaviors, attitudes and attributes that will impact and make a positive change in clients' lives. Services include: Forensic Testing, Psychological Testing Sexual Offender
Autism Resources -One Child Center for Autism provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or
Center for Child & Family Services-Adult Anger Management program offers 6-12 week group therapy to treat community violence and meet court requirements for those that struggle with anger management outside of the family. Cost: \$55 - Assessment, \$25 per session (group). individual sessions are \$55 per session.The

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Center for Child & Family Services provides individual, couple, marital, family therapy, child or youth therapy and trauma services to treat a wide range of issues. Some of these issues can include: Depression, Anxiety, Adjustment to life changes, Coping with grief or trauma, School related problems, Children who witness
The Center has a clinical staff trained in the specialization of working with victims of trauma. They also have staff trained in Critical Incident Stress Management debriefing for organizational and community traumatic events. The center provides <u>counseling services to children, adults, and families.</u> Center for Child & Family
The Latino Outreach Program provides families, children, and individuals with
Colonial Behavioral Health has opened a behavioral crisis center at Riverside
Colonial Behavioral Health-Prevention Services offer individuals and families a variety of prevention services, which are specifically designed to promote and enhance health and wellness. CBH offers a set of prevention groups and classes, and creates tailored services to meet individual needs. Our existing services include:
Colonial Psychiatric Associates offers a full range of licensed specialties: clinical
Comfort Zone Camp is a nonprofit 501(c)3 bereavement organization that
Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Family Living Institute provides Psychotherapy services for children and adults. Accepts straight Medicaid and Medicaid HMO. Speaking therapist on staff.
Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services. FPS takes a holistic <u>approach to treatment and offers a variety of services and support programs</u>
Family Priority provides intensive, time-limited in-home services for children and adolescents under the age of 21 who are at risk of being moved into an out-of-home placement or are being transitioned to home from an out-of-home placement. In-Home ABA (applied behavior analysis) therapies are also available. Other Services:
GAP is a new Medicaid plan that will provide limited medical and behavioral
Genesis Counseling provides Psychotherapy services. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages
Hampton Roads Neuropsychology offers accurate assessment and objective diagnostics to assist in the treatment of children, adults and seniors for a variety of

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LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments. Services: Adult Psychiatry, Child and Adolescent Psychiatry, Child and Adolescent Therapy, Child-Parent Relationship
Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. o The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health
Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or
NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding. Every Tuesday at 7pm until 8:30pm. Please call for further information.
NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Class will meet Thursdays from 6:30pm-9:00pm. Please call for further information.
NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of
NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather
The National Suicide Prevention Lifeline is a national network of local crisis centers
One Child Center for Autism provides In-Home ABA (applied behavior analysis)
People's place provide services that include social skill building, personal skill building and community involvement.
Poplar Creek Psychological Counseling Center provides Psychotherapy services for children and adults. Accepts all insurances. Same day appointments possible or next day.
The Bacon Street mission is to provide services to young people and families
The Care Center purpose is to assist with crisis pregnancy. The following programs are available: Counseling, infant clothing and supplies (up to 18 months), community referrals, housing, pregnancy testing, medical care, financial advice and assistance.
The New Leaf Clinic provides brief counseling interventions (5-10 sessions), to students with issues related to the use of alcohol or other drugs. Counselors at the New Leaf assess students' behaviors and attitudes relating to alcohol and other

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Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Transitions Family Violence Services offers counseling services to women and children who may have experienced or witnessed domestic violence. A.M.A.C is a counseling program for Adults Molested as Children and is offered by appointment only. Therapy is confidential and available by appointment. Bilingual staff is available. Please call for further information.
Hampton, Newport News, Isle of Wight, Chesapeake, Portsmouth, Suffolk, Norfolk and Virginia Beach
New Town Counseling Center provides Counseling Services. Focus Areas: Anxiety Disorders, Depressive Disorders, Trauma & Stress Related Disorders, Neurofeedback & EMDR, Divorce, Grief, Abuse, Codependency, Neurodiverse Populations, Relationships, Self-Esteem, Parenting and Coping Skills. Insurance: accepts Anthem Blue Cross and Blue Shield, Sentara Health Plans, non-network provider with Tricare Humana and Optum and United Healthcare plans. Not currently able to accept Medicaid or Medicare plans. They also accept direct payments from the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's
Vita Bella Counseling is a trauma informed Center that offers EMDR, Brainspotting, Somatic, CBT, IFS/Parts/Ego state, DBT and Child Centered Play Therapy. They specialize in trauma, family conflict, attachment, adoption, grief, infidelity, anxiety, relational challenges, substance use, and physical or sexual abuse. Insurance: they currently accept insurance through: Anthem Blue Cross Blue Shield Carefirst
Williamsburg Centre for Therapy provides counseling services for children and adults. They provide individual, couples and family therapies. Please call or visit the website for further information.
Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. Our interpreters are tested and trained

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Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of
The Williamsburg Unitarian Universalists are proud to join many other UU congregations around the country in supporting migrants as part of the Unitarian
The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
When you apply for a green card (adjustment of status) in the United States, you
The All Star Dads Fatherhood program helps fathers/ father figures better understand how their children learn to read and the role they can play in the process. Ensures each father/ father figure has the opportunity to set goals, access needed
The Care Team Program approach uses a Case Manager and Registered Nurse to
This is a Virginia Court Approved Program. Program helps parents and guardians to shield children from parental conflict, guide children through the process of recovery, reduce frustration and anger, reduce behavior problems and potential for violence.
FirstSpark is a nonprofit organization that provides education and resources to early
Hampton Roads Douglas-HRD provides emotional support to mothers through
Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice and support when you need it most through the pregnancy.
The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of
UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes
Intense Daily Instruction for Boys and Girls– Top Instruction for Group and Individual Attention. Fundamentals: Conditioning Defense, Vertical Leap, Offense, Shooting, Passing, Agility, Confidence Building, Teamwork, Positive Attitude.
Camp Jordan serves individuals with diagnosis of Diabetes, ADHD, and other minor disorders. Area: Near Williamsburg, VA Date: July. Hours: Overnight. Ages: 8 years – 16 years. Fees: varies

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Dreams Catchers of Williamsburg-Therapeutic Riding help children by improving fine
HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong and sure to be a great time in the classroom or at home. Please
James city County Parks and Recreation offer the Inclusion or Specialized ~~Therapeutic Recreation programs for persons with disabilities. Please call for further~~
James River Community Center offers Gym with basketball and volleyball courts, indoor track, swimming pool w/wheelchair, accessibility, whirlpool and fitness area.
James City County Parks and Recreation offers a myriad of opportunities to enjoy our facilities and the wonderful outdoors our unique community has to offer. Explore our website to discover the exciting programs, services and facilities available to you ~~and your family. The benefits are endless!~~
James City Williamsburg Community Center offers Gym with basketball and volleyball courts, indoor track, swimming pool w/wheelchair, accessibility, whirlpool and fitness area. Membership available. Please call for further information.
The YMCA is a non-profit member-based organization serving the community with a wide range of health and wellness, family and community building programs - all designed to help you grow stronger in spirit, mind and body. Each YMCA location
YMCA Day Camp is a traditional camp experience that develops spirit, mind and
Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and community involvement. Programs include: Character and Leadership, Education and Career Development, ~~Health and Life Skills. The Arts, and Sports. Fitness and Recreation. Please call for~~
Williamsburg Parks and Recreation mission is to provide quality recreational facilities, parks and programs, which are safe, diverse, affordable and enriching to the community through our commitment to public service.
At Home Care provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is ~~designed for the family member or primary caregiver and provides relief support~~
Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.
Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship, and Vocational Services. Insurance: They currently accept

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One Child Center for Autism- Williamsburg provides respite services once a month on select dates at the Williamsburg Indoor Sports Complex, for parents/caregivers of children with special needs and their siblings. Qualified childcare providers offer a fun and safe environment for the children. Cost is free for children with developmental differences and \$5 per sibling. Space is limited and must be applied for in advance, 12 days prior to event. Please call or visit the website for further information.

Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly use the seat. When accidents happen with chemicals, medicine, or household items, call Poison Help. Get help right away from a local poison expert. The call is free and confidential. Interpretation is available in 161 languages. People usually get the help they need over the phone, and most people do not have to go to a doctor or the hospital. Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support

Please contact Williamsburg Fire Department to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees.

Gender specific and Trauma Informed combined substance use and trauma Batterers Intervention therapy for those who have experienced negative impacts from substance use and the use of aggression. Learn and practice healthy alternatives and reduce impact of past traumas. Includes a combination of group and individual therapy.

Colonial Behavioral Health -CSB provides comprehensive mental health and substance abuse services for people of all ages who live in Williamsburg and James City County. Please call for further information.

Colonial Behavioral Health-Substance Use Disorder Services for Pregnant and Parenting Women provides services to pregnant women, they are given preference in admission to treatment and are seen within 48 hours of their request to reduce health risks to her and her unborn child. Treatment choices include: Outpatient

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Eastern State Hospital is a mental health care facility located in Williamsburg that focuses on mental health care. Their vision is to continuously pursue the highest quality services that empower individuals in their recovery. Eastern State Hospital is part of The Department of Behavioral Health and Developmental Services system.
Farley Center offers evaluations, detox, partial hospitalization and IOP addiction treatment. For over thirty years, Farley Center has helped men and women begin a
GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation
Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
A fellowship of men and women who share their experience, strength, and hope with each other that we may solve our common problem and help others to recover from marijuana addiction. The only requirement for membership is a desire to stop
National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a service.
Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Fees: Vary from house to house, typically \$65-\$165 per day.
Recovery Meeting-SpiritWorks Foundation are offered to individuals seeking recovery from addiction. Hours: Mondays @12PM.
Sentara Williamsburg Regional Medical Center provides free community classes to help individuals with tobacco cessation. Please call for
South-Eastern Family Project (SEPF) provides comprehensive, day and residential treatment for pregnant and parenting women who have substance use disorders(who are dependent on or addicted to alcohol and/or other drugs). Medicaid
SpiritWorks Foundation helps individuals and families sustain long term recovery from addiction, and children and youth live free from the intergenerational cycle of
SpiritWorks Foundation-Live & Let Live Group (AA) is an open 12-step AA meeting for men and women on their path to recovery. Sundays@ 8PM.
SpiritWorks Foundation-Saturday Night Live (AA) is a fun sober Saturday night with a supportive community. Hours: Saturdays@ 8PM.

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SpiritWorks Foundation-Women's AA is a gather with other women in their journey of recovery in a women's only weekly AA meeting. Hours: Tuesdays @ 7PM.
Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Sunday 4:00 P.M. Student & Professional observers welcome.
The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Mondays 10:00 A.M. Student & Professional observers welcome.
The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Tuesdays 2:00 P.M. Student & Professional observers welcome.
The Al-Anon (for adults) program is a Twelve Step program for the relatives and friends of alcoholics or someone who is or has been a problem drinker. However, Al-Anon and Alateen focus on alcoholism and alcohol issues, not other substance abuse problems. Hours: Wednesdays 10:00 A.M. Student & Professional observers welcome.
Alanon Support group for adults providing encouragement and mutual support for relatives and friends of alcoholics who have been affected by the problem of alcoholism within their families. Alateen & Pre-Ala-teen Support group for teens providing encouragement and mutual support for relatives. Please call for further

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Provides adult substance abuse screening and mental health assessments, intensive out patient treatment (day and evening) for alcohol and other drug abuse, adult substance abuse groups, individual, group, family and marital counseling. Services also include anger management groups, co-parenting classes, motivational enhancement group, relapse prevention group, family addictions education groups, vocational counseling, and EAP services. Target Group: Adolescents/Adults. Fees:\$30 intake fee; \$35 group fee.
The Farley Center offers superior and affordable addiction treatment services to individuals from all walks of life. We are an abstinence based program, offering flexible treatment services that contribute to a continuum of care which assists patients to achieve long-term sobriety. Our treatment model allows us to help patients with detoxification and short-term stabilization, as well as, more flexible partial hospitalization that could vary from a few days to 3 months. During their stay our patients receive psychotherapy, individually and in a group setting, experiential therapeutic interventions, integration into a 12-step recovery program, education and sober life skill-building. Please call for further information.
Primary focus-mix of mental health/substance abuse services; substance abuse treatment; outpatient; DUI/DWI offenders; self payment, Medicare, private health insurance; sliding fee scale (fee is based on income/other factors), payment assistance.
Bacon Street -Parenting Support Group is a free and open to the public support group. Times: Mondays 6pm-7 pm. Please call for further information.
Beyond Boobs Breast Cancer Support Group offers emotional and educate educational support, as well as advocacy opportunities, to young breast cancer survivors (pre-menopausal diagnosis). The group meets 3rd Sunday of every month at 2:00pm.
Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.

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Bereavement Support Group for Parents-Riverside is for anyone who has experienced the death of a baby during pregnancy, including stillbirths and ectopic pregnancy.
Brain Injury Survivors Support Group-Good Memory Habits provides support for people who have sustained brain injuries due to trauma (TBI), stroke, aneurysm, tumor, disease, or other neurological incident. Family, friends, & concerned people offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
DivorceCare Support Group provides support to individuals facing divorce or separation; they meet to help individuals to face these challenges and move toward rebuilding their life. Please call for further information.
offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects
Look Good, Feel Better Support Group-participants learn how to apply make up, style hair, and suggestions on sources for wigs. The program teaches grooming techniques that can help patients cope with appearance changes that may occur. Each participant receive a kit. Please call for further information.
Motherhood support group is for new mothers facing depression, anxiety or other problems during pregnancy or after having a baby. This is a free group specifically for moms or moms to-be who want to connect with other women also struggling with postpartum anxiety or depression. The group will offer information, support, and
NAMI Family Support Group is a free, confidential and safe group of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group wisdom. Meets every Tuesday of the month at 7 pm. Please call for further information.
offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost:currently \$19.
SpiritWorks Foundation-CODA Meeting is an open 12 step meeting of Co-Dependents Anonymous, a fellowship of men and women whose common purpose is to develop healthy relationships. Tuesdays@ 5:15PM.

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SpiritWorks Foundation-Dual Recovery Anonymous Meeting is a 12 step organization meeting for people with dual diagnosis or illness.Hours:Thursdays@ 10AM.
SpiritWorks Foundation-Hope For You SIA Meeting is a closed 12-step meeting of Survivors of Incest Anonymous, a fellowship of women and men 18 years or older who have survived any kind of childhood sexual abuse and who want to recover.Hours:Mondays@ 5:30PM and Saturdays@ 10AM (Williamsburg)
SpiritWorks Foundation-Recovery Outside the Walls is a group based from the individuals that were incarcerated that want to continue their recovery journey ~~outside of the jail and also for individuals that are looking for structure in their~~ Support for My Heart is a private Facebook group for NICU Parents who have experienced the death of their baby. Group is led by formed NICU parents.
Providing programs and services to assist individuals throughout the disease process is a fundamental part of the mission of the Alzheimer's Association. The Chapter strives to provide the most accurate and up-to-date information regarding ~~the latest developments in research, medications and services available to family~~
Hispanics Circle of Parents offers Free Parenting seminars, Children activities, Homemade dishes, Field trips, Crafts and Presentations. Meetings: Every Wednesday morning from 9:30 am-12:00pm.Parents must call for registration.
Hispanics Circle of Parents offers Free Parenting seminars, Children activities, Homemade dishes, Field trips, Crafts and Presentations. Meetings: Every Thursday morning from 9:30 am-12:00pm.Parents must call for registration.
Provides social and educational events for individuals with Down syndrome and their families, helps families welcome the birth of a child with Down syndrome, and increase awareness of the capabilities and contributions of individuals with Down syndrome. Monthly meetings. No age limitation.

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Monthly meeting on the last Thursday of each month, 7-9 pm; childcare is available if you call by Monday before meeting.
The Getaway Cafe is a new monthly program for adults with early memory loss and their care partners (a family member or friend).The Getaway Cafe will take place the third Friday of every month at the James City County Library from 2-3:30 p.m. Light refreshments will be served.
The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI(Cerebral Visual Impairment). Please email facilitator for further information.
The Tidewater Brain Injury Support Group meets the second Monday of each month.
Transitions Family Violence Services offers a support group for victims of domestic violence; participants share their experiences of being in an abusive relationship and they find true compassion, real understanding, no judgments, and the comforting knowledge that they are not alone in this isolating event. As they listen to the stories of the other women, they gain insight into their own behavior, the choices they made, and all the possibilities that now exist before them. The <u>instillation of hope for a violence-free future is perhaps the greatest benefit of the</u>
WINGS-Women In Numbers Growing Stronger-is a breast cancer support group for mature women.
Women's Discovery Support Group SpiritWorks Foundation includes women of every race, religion, ideology and sexual preference who seek to commune with other women to expand their definition of Self, to heal from addiction, abuse, racism,
At Home Care provides occupational and physical therapy
CHKD's at Williamsburg offers occupational and speech services work to help children of all ages overcome and adapt to the challenges of developmental delay, disease or accident.

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Sentara Home Care offers a comprehensive spectrum of rehabilitative therapies to help our patients achieve and maintain their highest level of independence. Their team of physical, occupational and speech therapists teach, guide and assist our patients to get back on their feet after surgery and help them relearn and practice
ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
Colonial Transit, LLC. Provides Non-Emergency Medical and Personal Transportation services. Transport: Stretcher, Wheelchair, and Ambulatory Services.Hours:24/7.Area(s) Served:Williamsburg.Fees:Prices are based on zip codes. Accepts Medicaid. Please call for further information.
ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretchers

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MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).

Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.

Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.

RIDES-Provides non-emergency transportation to medical care inclusive of Doctors office, dentist, dialysis centers, mental health and any other health related non-emergency appointment. Transportation is available to medical facilities located within the Greater Williamsburg Area. We require at least 48 business hours notice to schedule a ride. Hours: 8:30 am - 3:00pm (Monday - Friday). Target Group: Adults (60+), people with disabilities, CCN. Fees: None; donations accepted.

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To serve the needs of family members of hospitalized patients from out of town. Volunteers rotate through an on-call system, ready to provide the support, transportation, assistance in finding overnight accommodations, or personal services needed when a traveler to our city is unexpectedly hospitalized. Intended to provide
ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
Williamsburg Area Transport Fixed Route All Ages major objective is to ensure services meet the social and business needs of our community by providing a seamless coordinated regional transit system serving residents, visitors, and students through fixed routes and transportation service for the disabled Hours: Open
Lackey Clinic is a faith-based nonprofit providing free eye care to adults without
Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.

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Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with Consumer Direction (EDCD) and Technology Assisted (TECH) Waivers. Individuals may choose to receive agency-directed services, consumer-directed services or a combination of the two as long as it is medically appropriate and duplicate services are not provided. Services: Personal Care Services (Agency or Consumer-Directed), Adult Day Health Care, Respite Care (Agency or Consumer-Directed), Skilled Private Duty Nursing (RN and LPN), Personal Emergency Response System (PERS), may include medication monitoring, Assistive Technology (AT), and Environmental Modification (EM). How to apply: must request a screening from your local department of Health or Social Services.

Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI, FIS and CL Support Waivers.

Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

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Services Provided in York

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE
ADVOCACY		
Adult Protective Services (APS) (Rev.08/24/23)	301 Goodwin Neck Road, Yorktown, VA 23692	York/Poquoson Social Services Ph:757- 890-3787 Fax:757- 890-3934 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/pri nter/family/as/aps
Child Protective Services (CPS) (Rev,08/24/23)	301 Goodwin Neck Road, Yorktown, VA 23692	York/Poquoson Social Services Ph:757- 890-3787 Fax:757- 890-3934 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/pri
Legal Advocacy-Avalon	A program of Avalon Center for Women & Children P.O. Box 1079 Williamsburg, VA 23187	Main Number: Ph:757-258-5022 24- hour Hotline: 757-258-5051 Fax: 757-258-9523 Web site: www.avaloncenter.org
National Center for Victims of Crime	National Center for Victims of Crime	Ph:202-467-8700 www.victimsofcrime.org
National Human Trafficking Hotline (Rev.4/13/18)	National Human Trafficking Hotline	Ph:888-373-7888 (TTY: 711) Text :233733 Live Chat Email:help@humantraffickinghotline.org .
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying	Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website:https://www.pabva.com
William & Mary Law School- Elder & Disability Law	W&M Law School Elder & Disability Law Clinic	Ph: 757-221-7440 Fax: 757-221-1855
ASSISTIVE TECHNOLOGY		
BREASTFEEDING RESOURCES		
Angela Burton, International Board Certified Lactation Consultant	Angela Burton, International Board Certified Lactation Consultant 100 Orion Court Yorktown, VA 23693	Ph: 757-876-5144 Practice: Private Practice

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Services Provided in York

Beth Gold, International Board Certified Lactation Consultant	Beth Gold, International Board Certified Lactation Consultant 104 Breezy Point Drive Yorktown, VA 23692	Ph: 757-875-0628
Breastfeeding Back to Work Toolkit -CINCH- Consortium for Infant and	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama
Jeannette Carter Magnificus,,International Board Certified Lactation	Jeannette Carter Magnificus,,International Board Certified Lactation Consultant	Ph: 757-953-4723
Michele Parker, International Board Certified Lactation	Michele Parker, International Board Certified Lactation Consultant 117 Quantico Lp.	Ph: 757-668-6324 Practice: Clinic or Birthing Center
Peninsula Department of Health York/Denbigh WIC Clinic- Lactation/Breastfeeding	Peninsula Department of Health York/Denbigh WIC Clinic Lactation/Breastfeeding Classes 606 Denbigh Boulevard	Ph:757-886-2810 Fax: 757-886-7522
Report a Breastfeeding	Hampton Roads Breastfeeding	Contact: Tierra Langley Ph:757-
BURIAL ASSISTANCE		
Burial Expenses Assistance-york County Department of Human Services	York County Department of Human Services 301 Goodwin Neck Road Yorktown, VA 23692-0917	Phone: 757- 890-3787 Fax:757- 890-3934 Website:http://www.yorkcounty.gov/soc. ..
CHILD CARE		
A+ Child Care & Learning	3510 George Washington	Contact: Cathy Larsen
Baker's Bunch Family	304 York Downs Drive Yorktown,	Contact: Susan Baker
Before and After School Program	5700 Warhill Trail Williamsburg, VA 23188	Ph: 757- 253-1947 Website: www.thewisc.com
Champions Extended Learning/Before and After School Program	Champions Extended Learning/Before and After School Program	Ph:757-833-8294 Customer Support: 1-800-246-2154 Enroll online at
Child & Family Services-Childcare Referrals	Child & Family Services-Childcare Referrals	Ph:757- 838-1960 24-hour answering service: 757-838-1960
Child Care Aware® of Eastern Virginia	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866-542-7952 option
Childtime Learning Center: Kiln Creek	101 Kiln Creek Parkway Yorktown, VA 23693	Contact: Nick Capps Ph:757-875-9693
Cynthia Dowd (Rev.06/09/20)	104 Prince Arthur Dr Yorktown, VA 23693	Contact: Cynthia Dowd Ph:757-766-0787

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Services Provided in York

First Steps-Child Development Resources	First Steps-Child Development Resources	Ph:757-220-1168 Line: 757- 566-TOTS (566-8687) ~~Ph: 757- 566-2200 Main~~	Tots
Harvest Ministries Early CDC (Rev.06/09/20)	208 Hampton Highway Yorktown, VA 23693	Contact: Alme Taylor 757-508-3827	Ph:
Victory Family YMCA - Before and After School Child Care (Rev.06/09/20)	101 Long Green Blvd. Yorktown, VA 23693	Contact: Maureen Savage Ph:757- 223-7925 :757- 867-3300 Website: www.peninsulaymca.org/news/school-age-child-care-3/	OR
DENTAL CARE			
Chompers Pediatric & Teen Dentistry (Rev.09/30/23)	2643 George Washington Memorial Hwy, Suite A Yorktown, VA 23693	Ph:757-759-8041 Website: https://www.chomperskidsdentistry.com/	
Donated Dental Services (DDS)-Dental Lifeline Network Access	Access Partnership 1616 Centerville Turnpike, Virginia Beach, VA 23456	Tto request an application: Ph: 757-502--7400 Ext 3 Fax: 877- 231-0106	
Donated Orthodontics Program -American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314-689-0293 Website:: https://www.aaoinfo.org/_/dos/	
Hampton Roads Pediatric Dentistry (Rev.09/30/23)	7109 George Washington Memorial Hwy Yorktown, VA 23692	Ph:757-369-1215 Website: www.hrpeditricdentistry.com	
Lackey Free Clinic Olivet Ministries, Inc.	Lackey Free Clinic Olivet Ministries, Inc. 1620 Old Williamsburg Road Yorktown, VA 23690	Ph:757- 886-0608 Website: www.lackeyfreeclinic.com	

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Services Provided in York

Michael W. Bowler, DDS (Rev.6/4/18)	4310 George Washington Highway, Yorktown, VA 23692	Ph:757- 898-1919
Olde Towne Medical and Dental Clinic	Olde Towne Medical and Dental Clinic 5249 Olde Towne Road, Williamsburg, VA 23188	Ph:757- 259-3258 Website:www.yorkcounty.gov
Pediatric Dental Specialists of Williamsburg (Rev.07/01/21)	213 Bulifants Blvd suite b, Williamsburg, VA 23188	Ph:757- 903-4525 Fax:757- 903-2730 E- mail:info@williamsburgpediatricdentist.c om Website:https://www.williamsburgpediat
DEVELOPMENTAL DISABILITIES		
Autism Society of Tidewater (Rev.12/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462	Ph:757-461-4474 E: nicole.miller@tidewaterasa.org Website:www.tidewaerasa.org AND www.autism-society.org
Down Syndrome Association of Virginia Peninsula (Rev.11/26/19)	Down Syndrome Association of Virginia Peninsula	P.O. Box 1237 Yorktown, Virginia 23692 Email:info@dsavp.org Website:www.dsavp.org
Pennington Group- ABA Therapy (Rev.4/1/19)	Pennington Group- ABA Therapy	Website:http://penningtongroupaba.com /
DISEASE SPECIFIC GROUPS		
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español)
EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	EZ Breathers: Partnership for Asthma Awareness and Prevention in Head Start Children	Contact your local Head Star
Lions Club International- Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*New Kent County Lion's Club Contact: John Johnson

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DME		
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 Tiffany: Intake: 757-512-5398 Fax for Urgent Discharge Orders: 949-
Access Partnership (Rev.10/19/20)	Access Partnership 1616 Centerville Turnpike, Virginia	Ph: 757-502--7400 Ext 5 Fax: 877- 231-0196
Active Forever (Rev.1/21/19)	Active Forever	Ph:800-377-8033 Email: sales@activeforever.com
Ai Squared (Rev.1/22/19)	Ai Squared	Ph:802-362-3612 Email: zoomtext@aisquared.com
American Printing House for the Blind Inc.	American Printing House for the Blind Inc.	Ph:800-223-1839 Email: info@aph.org Website:www.aph.org
Apria Healthcare (Rev.10/22/19)	Apria Healthcare	Ph:757- 852-3929

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

(CATS) Children's Assistive Technology Service	(CATS) Children's Assistive Technology Service	Hampton Roads chapter: Beth Beach OTR/L, ATP Ph:757-763-8905 ~~Email:beth@otdevicesforkids.org~~
FREE Foundation of South	FREE Foundation of South Hampton	Ph: 757-707-4741
Home Care Delivered ~~(Rev.10/22/19)~~	Home Care Delivered	Ph: 800- 565-6167 ~~Fax: 800- 565-4411~~
NuMotion (Rev.10/22/19)	NuMotion	Ph:757- 966-7964/ 804-550-5777 966-7965 Fax:757-

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical	Ph: 757- 599-9080 Fax: 757- 599-3855 Toll Free:800-322-4679
The Gloww Center-Greater Hampton Roads Diaper	321 Grafton Dr. Yorktown, VA 23692	Ph:757-268-4682 Website::http://ghrdiaperbank.org
Tycon Medical (Rev. 10/22/19)	Tycon Medical 801 Oranox St Norfolk	Ph:757- 640-1709 Toll Free: 800-411-1739
DOMESTIC VIOLENCE		
Transitions Family Violence Services	Transitions Family Violence Services P.O Box 561 Hampton, Virginia 23369	Ph:757- 722-2261 Fax: 757-723-2717
Avalon (Rev. 3/5/18)	A program of Avalon Center for Women & Children P.O. Box 1079 Williamsburg, VA 23187	Main:757-258-5022 Fax: 757-258-9369 24- hour Hotline: 757-258-5051 Website: www.avaloncenter.org
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org
loveisrespect	loveisrespect	Ph: 866-331-9474 TTY: 866-331-9459
National Sexual Assault	National Sexual Assault Hotline	Hotline:800-656-HOPE (800- 799-7233) TTY:800-787-3224 Website:http://www.thehotline.org/
The National Domestic Violence Hotline (Rev. 2/14/18)	The National Domestic Violence Hotline	Ph:800-799 SAFE (800- 799-7233) TTY:800-787-3224 Website:http://www.thehotline.org/
The Project for the Empowerment of Survivors	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: cwilliams@vashdvv.org
EARLY INTERVENTION		
Infant Stimulation ~~Programs Child~~	Child development Resources (CDR) P.O.Box 280	Contact: Lynn Wolfe Ph: 757-566-3300 Email:
EDUCATION		
Department of Special	Bondy Shay, Director 302	Ph:757-898-0455 Fax:757- 898-8888
Head Start Program	Registration: York County Board of Supervisors 224 Ballard St Yorktown, VA 23690-4046	York County Board of Supervisors Ph:757- 890-3888 Website:http://www.yorkcounty.gov/com ser/childsvc/kids.htm
Peninsula READS	Peninsula READS 11832 Fishing Point Drive, Suite 200 Newport News, VA 23606	Contact: Manola Dobbs, ESOL Coordinator Ph:757- 283-5776 & 757- 223- 5157

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Southeast Virginia Computer Group	Southeast Virginia Computer Group 103 Lorna Doone Drive Yorktown, VA 23692	Ph:757- 898-1679 Fax:757- 898-3855
Special Education Advocacy Law PELE Clinic- William and Mary Law School	Special Education Advocacy Law PELE Clinic William and Mary Law School P.O. Box 8795	Contact: Professor Crystal Shin's Ph:757-221-5735
Virginia Adult and Literacy Services-York County	Virginia Adult and Literacy Services- 302 Dare Road Yorktown, VA 23692	Ph: 757-898-0437 Website: http://www.pen.k12.va.us/VDOE/Instruction/Adult
York Public Schools	York Public Schools Homeless Liaison	Contact: Kimberly Newsom.
EMERGENCY PREPAREDNESS		
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website: DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers:
HEADS UP Program- Department of Fire and Life Safety	York County Department of Fire and Life Safety Mailing Address: <u>Attn: Heads Up Program</u>	Ph:757-890-3600 757-890-3300 TDD Emergency Dial 911
Virginia Department of Emergency Management	Bureau of Emergency Services P.O. Box 532 Yorktown, VA 23690	Contact: Chief Stephen P. Kopczynski Ph: 757-890-3600 Fax: 757-890-3609

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

EMPLOYMENT		
Creative Vocations LLC. (Ph: 757-451-9241)	Creative Vocations LLC	Ph: 757-344-8821 Email: creativevocationsllc@gmail.com
VEC Workforce Center-Hampton	Peninsula Workforce Development Center 600 Butler Farm Road Suite B Hampton, VA 23666	Ph: 757-865-5800 Fax: 757-865-5824
Virginia Dept. of Rehabilitative Services, Williamsburg (Ph: 757-253-4817)	VA. Dept. of Rehabilitative Services 304 Bulifants Blvd, Suite 103 Williamsburg, VA 23188	Contact: Marjorie Millner Ph: 757- 253-4817 Main Ph: 800-552-5019 TTY: 800-464-0050 Website: Ph: 757-865-5800 Fax: 757-865-5824
Virginia Employment Commission-Hampton	Peninsula Workforce Development Center 600 Butler Farm Road Suite B Hampton, VA 23666	Ph: 757-865-5800 Fax: 757-865-5824
Virginia Workforce Investment Board-Greater Peninsula	Virginia Workforce Investment Board-Greater Peninsula Post Office 7489 Hampton, VA 23666	Contact: Bill Mann Ph: 757-838-5206 Email: crwib@ci.newport-news.va.us
FINANCIAL ASSISTANCE		
Affordable Connectivity	Complete the application and	Website: https://www.affordableconnecti
Caritas" Love For All	Caritas P.O.	Ph: 757 989 0714 Fax:
Connect2Compete-	Connect2Compete-affordable internet	Ph: 855-222-3252
Cooling Assistance	Cooling Assistance Program -LIHEAP	Phone: 757- 890-3787
Cover Virginia-Virginia-	1.Stoneybrook Physicians	1.Stoneybrook Physicians Ph: 757-
Crisis Assistance Program -	Crisis Assistance Program -LIHEAP -	Phone: 757- 890-3787
Denbigh United Christian	13813-E Warwick Boulevard	Ph: 757- 877-9079 Fax: 757-
Department of Social	903 Enterprise Parkway	Ph: 757- 766-3710 TOLL
Energy Share Agencies-	Peninsula Salvation Army Lower	Peninsula Salvation Army
Energy Share Agencies-	The Salvation Army	Ph: 757-543-8100
Emergency Financial	Famis Catholic Charities of Eastern	Ph: 757-875-0060
Heating Assistance	Heating Assistance Program- LIHEAP-	Ph: 757- 890-3787
Lifeline	Lifeline	Website:
Medicaid-Managed Care Organizations (MCO)	Managed Care Organizations (MCO)	Managed Care helpline Ph: 1-800-643-2273 TDD: 800-817-6608
(MCO's) Provider Listings-Aetna Better Health of	(MCO's) Provider Listings-Aetna Better Health of Virginia	Ph: 855-652-8249, Website: www.aetnabetterhealth.com/Vir
(MCO's) Provider Listings-Anthem HealthKeepers Plus	(MCO's) Provider Listings-Anthem HealthKeepers Plus	Ph: 1-855-323-4687, Website: www.anthem.com/vamedicaid
(MCO's) Provider Listings-Molina Complete Care	(MCO's) Provider Listings-Molina Complete Care	Ph: 1-800-424-4524 CCC Plus: (TTY 711) OR

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

(MCO's) Provider Listings-Sentara Health (Rev.09/23/24)	(MCO's) Provider Listings-Sentara Complete Care	Ph: 1-800-881-2166 : TTY: 711 Sentara Community Plan: Ph:757-552-8975 Website:https://www.sentarahealthplans.com
(MCO's) Provider Listings-United Healthcare	(MCO's) Provider Listings- United Healthcare	Ph:866-622-7982, Website:www.uhccommunityplan.com
Meals on Wheels	Meals on Wheels- 224	Ph:757- 890-3883
Medicaid	York County Department of Human	Phone: 757- 890-3787
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	DMAS-Client Medical Management
Medicaid-Fee-for-Service	Medicaid-Fee-for-Service	Website:www.virginiamedicaid.dmas.vir
Outreach Program to sign	Outreach Program to sign for Famis	Contact: Vanessa Dunlap
Optima Health-Healthy Savings-Only for Optima Community Care members (Rev.08/11/23)	Optima Health-Healthy Savings-Only for Optima Community Care members	Ph: 757-552-7401 Toll-Free: 1-877-552-7401 Website:https://www.healthysavings.com/OptimaHealth
Sentara Health System/Hospital/Charity Indigent Care Program	Sentara Health System/Hospital/Charity Indigent Care Program	Ph:757-233-4600 Toll Free:1-877-768-3993 Website:www.sentara.com
S.H.A.R.E of Hampton Roads	S.H.A.R.E of Hampton Roads Distributions Center A. Grafton Baptist Church	Distributions Center A. Grafton Baptist Church Contact: Faye Keenan Ph:757-898-
Social Security Administration (Rev.11/16/20)	11706 Jefferson Ave Newport News, VA 23606	Ph:866-331-9169 Main Number:800-772-1213 TTY:800-325-0778 Website:https://www.ssa.gov
SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website:https://virginiasunbucks.com/
The Gloww Center-Greater Hampton Roads Diaper Bank (Rev.9/30/22)	321 Grafton Dr. Yorktown, VA 23692	Ph:757-268-4682 Website::http://ghrdiaperbank.org
The Summer Food Service Program (SFSP)- (Rev.6/26/19)	The Summer Food Service Program (SFSP)	Ph:866-348-6479 to find a site near you. Text FOOD to 877-877 Website: www.fns.usda.gov/SummerFoodRocks

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

United Way Community Assistance Network (CAN) (Rev.11/09/22)	101 York Crossing Road Yorktown, VA 23692	Ph:757- 229-2222 Website:https://www.uwvp.org/help
Williamsburg House of Mercy (Rev.10/8/18)	Williamsburg House of Mercy 10 Harrison Ave Williamsburg, VA 23185	Outreach Services Ph:757-253-0664 Monday-Friday, 10-4 (except holidays) Administrative Offices
York County Church Women United-emergency food closet	York County Church Women United-emergency food closet 300 Ella Taylor Rd Yorktown VA	Ph:757-898-9057
York County Department of Human Services	York County Department of Human Services 301 Goodwin Neck Road Yorktown, VA 23692-0917	Phone: 757- 890-3787 Fax:757- 890-3934 Website:http://www.yorkcounty.gov/soc. ..
York County Food Closet	York County Food Closet 300 Ella Taylor Rd Yorktown VA	Ph:757- 898-9057
York County Volunteer Association & Thrift Store	22 Dare Road Grafton, VA 23692	Ph:757-898-8688
FORMULA/NUTRITION		
Peninsula Department of Health York/Denbigh WIC	Peninsula Department of Health York/Denbigh WIC Clinic	Ph:757-886-2810 Fax: 757-886-7522
Peninsula Department of Health York/Denbigh WIC	Peninsula Department of Health York/Denbigh WIC Clinic-Formula	Ph:757-886-2810 Fax: 757-886-7522
HOME CARE		
Agape Home Care (Rev.11/29/23)	Agape Home Care 299 McLaws Cir, Williamsburg, VA 23185	Ph:757-229-6115 Fax:757-229-6185 Email: info@agapehomecareva.com
Always There Home Healthcare (Rev.11/29/23)	Always There Home Healthcare 705 Mobjack Pl suite b, Newport News, VA 23606	Ph:757-591-0020 Fax:757-310-6516

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Allegiance Home Care Services Inc. (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 265-0364 Email:sheila@tidewaterhomehealthservices.net Website:https://allegiancehomecareservices.net/contact-us/	Fax:757-
Allegiance Home Care Services Inc.-Nursing Services (Rev.11/29/23)	2019 Cunningham Dr, Suite 320 Hampton, Virginia 23666	Ph:757-325-2680 265-0364 Email:sheila@tidewaterhomehealthservices.net Website:https://allegiancehomecareservices.net/contact-us/	Fax:757-
Amedisys Hospice Care (Rev.03/05/25)	Amedisys Hospice Care 814 Greenbrier Circle Suite F, Chesapeake, VA, 23320	Ph: 757- 405-3203 Fax: 757- 405-3026 Intake Contact Email: brent.bradycchn.net	
Aveanna Healthcare-Nursing Services (Rev.11/29/23)	Aveanna Healthcare Company	Ph:757- 461-6310 644-1670 883-1188 Website:https://www.aveanna.com	Fax:757- Toll Free: 866-
Care Advantage Home Health (Rev.11/29/23)	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport News, VA 23606	Ph: 757- 595-9676 Free:1-866-576-7931 Fax: 757- 595-9677 E-mail: careadvantage@careadvantageinc.com	Toll
Care Advantage Home Health-Nursing Services	Care Advantage Home Health 11835 Canon Blvd Suite A102, Newport	Ph: 757- 595-9676 Free:1-866-576-7931	Toll
Caregivers in-Home Care (Rev.11/29/23)	Caregivers in-Home Care 243 McLaws Cir #102, Williamsburg, VA 23185	Ph:757-345-0393 757-299-8039 Website:http://www.caregiversinhomeca	Fax:1-
Foundations for Change (Rev.12/13/23)	Foundations for Change 706 Todds Ln Hampton, VA 23666	Contact: Jennifer Foster Service Facilitator Ph: 757-262-1550 OR 757-224-8770	
Gerontecture-CCC Plus Waiver Facilitator	4240 Birdella Dr, Williamsburg, VA 23188	Owner/Director: Charlie Martino Ph:757-426-4041	
Harbor Light Hospice of Virginia	Harbor Light Hospice of Virginia 1064 Loftis Boulevard, Suite C-2	Ph: 757- 594-0288 Toll Free: 800- 409-9094	

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Heartland Hospice Care (Rev.03/14/25)	Heartland Hospice Care 41 Old Oyster Point Road , Suite D, Newport News, VA, 23602	Ph: 757- 594-8215 Toll Free: 800- 375-2488 Fax: 757- 594-8530
Home Helpers (Rev.12/13/19)	6203 George Washington MEM.HWY Suite 201 Yorktown, VA 22692	Ph: 757-989-0090 Fax:757- 989-0096
Key Elements Care, LLC (Rev.12/31/23)	20 Research Drive, Suite 600 Hampton, VA 23666	Ph: 757-755-3289 Fax:757-766-0672 Email:info@keyelementscarellc.com Website:https://www.keyelementscarellc.com/
La Casa Inc. (Rev.7/10/19)	La Casa Inc.	Contact: Robin Hickson Ph:804-353- 0461/ Fax:804-497-7401 Email:Lacasaincva@verizon.net
Lifting a Blessing Hand Home Health Care (Rev.01/15/21)	105 Professional Pkwy, Suite 1528 Yorktown, VA 23693	Contact: Teresa Gatling Ph:757- 223-1224 Fax:757-223-1237
Moms in Motion -CCC Plus (Commonwealth Community Care Plus)	Moms In Motion P.O. Box 609, East Royal, VA 23620	Ph: 844- 828-5591 Fax: 703- 468-4958 Email:info@MomsInMotion.net
Simply Yours (Rev.7/10/19)	Simply Yours	Ph:757-673-4900
Total Business and Personal Services, LLC	Total Business and Personal Services, LLC	Contact: Tenecia Brown-Shearin Ph:757-556-6390
HOUSING ASSISTANCE/HOUSING SERVICES		
Guest House Re-Entry Program (Rev.5/30/18)	113 Palace Ln Williamsburg, VA, 23185	Ph: 757-253-2264
House of Refuge-Men's Shelter	3700 Huntington Avenue, Newport News, VA 23607	Ph:757-380-6909 Fax: 757-380-6910

COMMUNITY RESOURCES EASTERN REGIONServices Provided in **York**

Regional Housing Crisis Hotline	Regional Housing Crisis Hotline	Ph:866-750-4431
The Stop Organization - Weatherization Program	The STOP Organization Weatherization Component 312 Waller Mill Rd Suite 405 Williamsburg, VA 23105	Ph: 757-229-9332
York County Housing Assistance Program	York County Housing Assistance Program 224 Ballard Street	Ph:757-890-3885

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Williamsburg House of Mercy (Rev.10/8/18)	Williamsburg House of Mercy 10 Harrison Ave Williamsburg, VA 23185	Outreach Services Ph:757-253-0664 Monday-Friday, 10-4 (except holidays) ~~Administrative Offices~~
INFORMATION AND REFERRAL/CARE COORDINATION		
Care Connection for Children (Rev.02/16/23)	Hampton Roads 601 Children's Lane	Hampton Roads Ph:757-668-7132 Fax:
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630 N. Chesterfield, Virginia 23225	Ph:804- 525-7728 Toll Free:866- 393-0957 Email: info@virginianavigator.org (email)

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Resources 757 (Rev.06/02/20)	Resources 757	Website: https://www.resources757.org/ Email: info@resources757.org
211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website: http://www.211virginia.org
Victim Connect (Rev.4/11/18)	Victim Connect	Ph: 855-4-VICTIM (855-484-2846) Website: https://victimconnect.org
INSTITUTIONAL CARE/SUPPORTS		
Cliff's House-Skilled Services and Hospice	Cliff's House-Skilled services and hospice	Contact: Home Helpers Yorktown-Gail Stathers Ph: 757-989-0090 Email: 58137@homehelpers.ccand LINK of
LEGAL RESOURCES		
Adult Protective Services (APS) (Rev.08/24/23)	301 Goodwin Neck Road, Yorktown, VA 23692	York/Poquoson Social Services Ph: 757- 890-3787 Fax: 757-890-3934 Hotline: 1-888-832-3858
Catholic Charities of Eastern Virginia- Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462	Contact: Ms. Mirlande Sledge Ph: 757-467-7707 Fax: 757-495-3206 Website: www.cceva.org
Catholic Charities of Eastern Virginia-Rep. Payee Program	4855 Princess Anne Road Virginia Beach VA 23462	Ph: 757- 456-2366, ext. 1017 Fax: 757-495-3206 Website: www.cceva.org
Child Protective Services (CPS)	301 Goodwin Neck Road, Yorktown, VA 23692	York/Poquoson Social Services Ph: 757- 890-3787 Fax: 757-

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Commonwealth Catholic Charities-Interpretation	Commonwealth Catholic Charities-Interpretation Services Program	Ph: 757-337-6958 Email: interpreter.services@cccova.org
Commonwealth Catholic Charities-Refugee Resettlement Program	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F,	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:
Division of Child Support Enforcement -Newport News District	Division of Child Support Enforcement -Newport News District Office 11751 Rock Landing Drive, Suite	Ph: 800-468-8894 Fax: 757- 594-7621 Email: AskDCSE
Free Legal Answers (Rev.09/28/20)	Free Legal Answers	Website: https://virginia.freelegalanswers.org/
Joseph T. Buxton, III PC	Joseph T. Buxton, III PC Yorktown, VA	Ph: 757-877-2248
Peninsula Legal Aid Center - Williamsburg Annex (Rev.10/28/20)	Peninsula Legal Aid Center Williamsburg Annex 199 Armistead Ave Williamsburg, VA 23185-3604	Ph: 757-220-6837 / TTY Toll Free: 1-888-868-1072 (866- LEGL-AID). Email: nfo@laseva.org Fax: 757- 221-3322
Susan I. Jean & Associates, LLC	Susan I. Jean & Associates, LLC, Yorktown, VA	Ph: 757-898-0898
The Heritage Law Group (Rev.05/23/23)	1700 George Washington Memorial Hwy, Yorktown, VA	Ph: 757- 898-0898 Fax: 757-898-4099 Website: https://theheritagelawgroup.com

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance (Rev.4/11/18)	The Project for the Empowerment of Survivors (PES) -Legal Services - Virginia Sexual and Domestic Violence Action Alliance	Contact: Carmen Williams Ph: 804-377-0335(Ext 2119) Email: (cwilliams@vsdvalliance.org). Website:www.vadata.org/chat t
Transitions Family Violence Services-Legal Advocacy	Transitions Family Violence Services - Legal Advocacy P.O Box 561 Hampton, Virginia 23369	Legal Advocacy Services Contact: Yahaira Ph:757-728-2638 HOTLINE:757- 723-7774 Ph:757- 722-2261
TrustBuilders Law Group (Rev.05/23/23)	914 Denbigh Blvd Yorktown, VA 23692	Ph:757- 500-5135 Website:https://www.trustbuilders.com
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	Ph:800-552-7977 Website:www.vsb.org/vlrs.org
William & Mary Law School- Elder & Disability Law	W&M Law School Elder & Disability Law Clinic	Ph: 757-221-7440 Fax: 757-221-1855
LGBTQ		
Trans Lifeline (Rev.3/28/18)	Trans Lifeline	Ph:877- 565-8860 Website:http://www.translifeline.org/

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999 Website: www.vadata.org
MEDICAL CARE		
LackleyFree Clinic -Medical Care (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry, Inc 1620 Old Williamsburg Road Yorktown, VA 23690	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821 Email: info@lackeyhealthcare.org Website:www.lackeyfreeclinic.com
Lackey Virtual Care-Free Clinic -Medical Care	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey-
Olde Towne Medical Center	Olde Towne Medical Center 5249 Olde Towne Road, Williamsburg, VA 23188	Ph:757- 259-3258 Website: www.yorkcounty.gov
Peninsula Health	Peninsula Department of Health 36-	Ph:757-594-7300 Fax:757-
MEDICATION ASSISTANCE		
Caremark, Inc., York	Caremark, Inc., Prescription Discount	Ph:877-321-2652
Olde Towne Medical Center	Olde Towne Medical Center, 5249 Olde Towne Road	Ph:757- 259-3258 Website: www.yorkcounty.gov
MENTAL HEALTH		
Adult and Child REACH- (Reaching Emotional and Cultural Health)	Colonial Behavioral Health-CSB 1657 Merriam Trail, Williamsburg, VA	Emergency Services: 757-222-2222 Children's
Alpha Counsellors Service	Alpha Counsellors Service1503 Hardycash Drive Hampton, VA 23666	Ph:757- 262-2094 Fax:757- 262-2095 Email:aplhaou@alphacounsellors.com
Associates of York	Associates of York 205 Hampton Hwy Yorktown, VA	Ph:757-865-1843

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Catholic Charities of Hampton Roads	Catholic Charities of Eastern Virginia 4855 Princess Anne Rd Virginia Beach, VA 23462	Ph:757-467-7707
Celebrate Recovery	Celebrate Recovery1300 George Washington Memorial Hwy Yorktown, VA 23693	Ph:757- 229-7152
Colonial Behavioral Health - CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA	Ph:757-220-3200 24- hour Behavioral Health Crisis:
Colonial Behavioral Health- Prevention Services	York-Poquoson Office 3804 George Washington Hwy. Yorktown, VA 23692	Contact: Courtney Dowell, CHES Lead Prevention Specialist Ph: 757-898-7926
Colonial Behavioral Health- Substance Use Disorder Services for Pregnant and Parenting Women	3804 George Washington Hwy Yorktown, VA 23692	Intake:757-220-3200 Ph: 757-898-7926 Fax: 757-898-4505 Website:www.ColonialBehavioralHealth. org
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine
GAP-Governor's Access Plan	GAP-Governor's Access Plan Colonial Community Services Board 1657 Merrimac Trail Williamsburg, VA 23185	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:757-220-3200
Genesis Counseling- Yorktown / Newport News (Rev.12/23/24)	Genesis Counseling 4034 George Washington Memorial Highway	Ph:757-466-3336 Website:https://genesiscounselingcente r.com/virginia
Hampton Roads Counseling Center	Hampton Roads Counseling Center 6515 George Washington Highway	Ph:757-877-9140 Fax:757- 877-3925
LifeStance Health- Virginia Beach (Rev.09/25/24)	575 Lynnhaven Parkway, Suite 305 Virginia Beach, VA 23452	Ph: 844-294-4999 Billing Phone: 253-254-5911 Fax: 757-257-9120 Website:https://lifestance.com
Marijuana Anonymous- "THE GREAT RELEAF"	Marijuana Anonymous 4002 Ironbound Road Williamsburg, VA 23188	Website:https://www.marijuana- anonymous.org/mee tings/in- person?eventid=21&id=104&virginia-is
Maternal Health Mental Hotline (U.S. Health and	Maternal Health Mental Hotline	Phone or Text : 1- 833-9-HELP4MOMS (1-

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

NAMI Connection	NAMI Connection Stephen Lutheran Church	St.	Contact: Mike Oehmann
NAMI Family-to-Family	NAMI Family-to-Family Stephen Lutheran Church	St.	Contact: Marcia Partch
NAMI Family Support Group	NAMI Family Support Group Steven's Lutheran Church	St	Contact: Linda Roush Facilitator/Coordinator
NAMI Williamsburg	NAMI Williamsburg PO Box 89		Ph: 757- 220-8535 Email Address: info@namiwilliamsburg.org Website:
NAMI Virginia's Statewide Hlpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hlpline and Resources		Helkpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email:
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline		Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 Veterans Crisis Line: 800-273-8255 Website:https://suicidepreventionlifeline. org/
The Counseling Center	The Counseling Center Williamsburg Office 5244 Olde Towne Rd Williamsburg, VA 23185		Ph:757- 229-4645 Appointments: Ph:757- 826-4600 Fax:757- 229-4645 Email:dianne@thecounselingctr.com Website:http://www.thecounselingctr.co m
SpiritWorks Foundation	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188		Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundatio n.org/
Transitions Family Violence Services- Counseling Services	Transitions Family Violence Services - Counseling Services P.O Box 561 Hampton, Virginia 23369		Ph:757- 728-2638 A.M.A.C Program Contact: Anne Graber, ATR Ph:757- 728-2639 HOTLINE:757- 723- 7231 PL 757- 220-8884

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org Website:https://vacsb.org
MULTICULTURAL SUPPORTS		
Commonwealth Catholic Charities-Interpretation Services Program	Commonwealth Catholic Charities- Interpretation Services Program	Ph: 757-337-6958 Email:interpreter.services@cccovfa.org Website: http://www.cccovfa.org

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Commonwealth Catholic Charities-Refugee Resettlement Program (Rev.08/12/22)	Refugee Resettlement Program of Commonwealth Catholic Charities 740 Thimble Shoals Blvd Suite F, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovva.org Website: http://www.cccovva.org
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax: 510-465-1885 General Email: nnirrinfo@nnirr.org
PARENTING CLASSES/SUPPORTS		
Cooperative Parenting Program	Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite 101 Newport News, VA 23602	Ph: 757-875-0060
FirstSpark (Rev.11/25/24)	FirstSpark Logo 11832 Canon Blvd., Suite F Newport News, VA 23606	Ph: 757- 240-2731 Website: https://www.firstsparkva.org

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Nurse Family Partnership-First Time Mothers (Rev. 1/10/19)	Nurse Family Partnership-First Time Mothers	Ph:844- 637-6667 844- 637-6667 info@nursefamilypartnership.org newmoms@nursefamilypartnership.org	Text: Emails:
Parenting Classes	YMCA 4101 Granby Street Suite 305 Norfolk, VA	Contact: Angela Bernard 962-2112	Ph:757-
Parenting Classes-The Sake Program	The Up Center-Norfolk 222 West 19th St, Norfolk VA 23517 The Up Center-Portsmouth 1805 Airline Blvd, -Portsmouth VA 23707 The Up Center-Suffolk 109 1/2 Clay St Suffolk, VA 23434	Contact: Lisa Strickland 757-965-8641 Website:http://www.theupcenter.org/	
Parenting Classes The Step Program	The Up Center-Norfolk 222 West 19th St, Norfolk VA 23517 The Up Center-Portsmouth 1805 Airline Blvd, -Portsmouth VA 23707 The Up Center-Suffolk 109 1/2 Clay St Suffolk, VA 23434	Contact: Heather Mathews 757-397-2121 Website:http://www.theupcenter.org/	
The Center for Child and Family Services-Child	2021 Cunningham Drive Suite 400 Hampton, VA 23666	Contact: Julissa Rosario 229-7940 ex 201	Ph:
The Childhelp National Child Abuse Hotline (Rev.4/5/18)	The Childhelp National Child Abuse Hotline	Ph:800-422-4453 4-A-Child	800-
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education Email:debra.zalvan@ubicare.com	

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

RECREATION		
Cole's Horse Autism Therapy Station (Rev.04/24/23)	100 Old Pond Rd Yorktown, VA	Email: explorewithchats@yahoo.com Website: https://www.chats757.com/services
HALO at Home -Home Summer Camp (Rev.07/07/21)	HALO at Home -Home Summer Camp Consortium for Infant and Child Health (CINCH) ~~Eastern Virginia Medical School~~	Contact: Tierra Langley Program Coordinator/Research Assistant Ph: 757- 446-5708
Peninsula Metropolitan YMCA	Peninsula Metropolitan YMCA 101 Long Green Boulevard Yorktown, VA 23693	Ph: 757- 223-7925 Fax: 757- 223-7926 E-mail: info@peninsulaymca.org
Peninsula Metropolitan YMCA -Day Camp Program	Peninsula Metropolitan YMCA -Day Camp Program 101 Long Green Boulevard Yorktown, VA 23693	Ph: 757- 223-7925 Fax: 757- 223-7926 E-mail: info@peninsulaymca.org
School Age Summer Camp	5700 Warhill Trail Williamsburg, VA 23188	Ph: 757- 253-1947 Website: www.thewisc.com

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

The Boys & Girls Club of The Virginia Peninsula-Yorktown Middle School (Rev.08/26/20)	The Boys & Girls Club of The Virginia Peninsula Yorktown Middle School 11201 George Washington Highway Yorktown, VA 23692	Ph:757- 969-1163
York City County Department of Parks and Recreation	York City County Department of Parks and Recreation 100 County Drive Grafton, VA	Ph: 757-890-3500 TDD:757-890-3300 Email: parkandrec@yorkcounty.gov Website: www.yorkcouthy.gov/parksandrec
York County Special Recreation Camp (Rev.05/17/23)	Yorktown Elementary	Contact: Parks and Recreation Ph:757-890-3500 Website: https://www.yorkcounty.gov/718/special-Recreation-camp
RESPITE		
Catholic Charities - In-Home Respite Care (Rev.4/23/19)	Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite 101 Newport News, VA 23602	Ph:757- 875-0060
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	BI Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB: Website: https://vacsb.org OR http://vacsb.org/community-services-boards-and-the-behavioral-authority-csbs

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC	Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-i.com
SAFETY		
Child Safety Seat Program (rev.06/11/24)	Child Safety Seat Program PAT of Williamsburg at Child Development Resources 150 Point O Woods Williamsburg VA 23188 Mailing Address: PO Box 280 Norge, VA 23127	Ph: 757-566-3300 Fax: 757- 566-8977 Toll Free:1-800-732-8333.
Poison Help (Rev. 3/23/18)	Poison Help	Poison Help line: 800- 222-1222
Project Lifesaver-York- Poquoson County	Project Lifesaver York-Poquoson York- Poquoson County Sheriff 301 Goodwin Neck Road Yorktown, VA 23690	Ph:757-890-3630 Toll Free:1-877-580-LIFE Main:757- 546-5502
Smoke Detector Program (Rev.4/3/19)	York County Fire-Life-Safety	Ph:757- 890-3600 Website: https://www.yorkcounty.gov/183/Fire-Life-Safety
SUBSTANCE ABUSE		

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Colonial Behavioral Health - CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185	Ph:757-220-3200 Please call to complete a brief telephone screening with staff: Adults ages 18 and older in York: Ph: 757-898-7926 Children and adolescents under age 18 in York:
Colonial Behavioral Health-Substance Use Disorder Services for Pregnant and Parenting Women	1657 Merrimac Trail Williamsburg, VA 23185	Intake Ph: 757-220-3200 TDD: 757-253-4377 Fax: 757-229-7173
Eastern State Hospital-Williamsburg	Eastern State Hospital-Williamsburg 4601 Ironbound Rd Williamsburg, VA	Ph:757- 253-5161
GAP-Governor's Access Plan	GAP-Governor's Access Plan Colonial Community Services Board 1657 Merrimac Trail Williamsburg, VA 23185	Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:757-220-3200
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services-	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation	Website:www.sentara.com/tobaccocessation.com
Marijuana Anonymous-"THE GREAT RELEAF"	Marijuana Anonymous 4002 Ironbound Road Williamsburg, VA 23188	Website:https://www.marijuana-anonymous.org/meetings/in-person/catid=21&id=104:virgin ia
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline	Ph:800-COCAINE (262-2463)
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline	Hotline: 800-662-HELP (4357)

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603	Ph:757-888-0400 Intake. OR 757-888-0400 to register.
Oxford House	Oxford House Williamsburg 107 Gilley Drive Williamsburg, VA 23188	Oxford House Williamsburg Ph:757-206-1934 Ph:757-262-0561 ***Oxford House
South-Eastern Family Project (SEPF)	2351 Terminal Avenue Newport News, VA 23607	Ph:757-245-1070
SpiritWorks Foundation	SpiritWorks Foundation	Contact: Jan M Brown, Founder/Executive Director Ph:757-903-0000 Email:jan@spiritworksfoundation.org Website:spiritworksfoundation.org
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism - Boys Town National Hotline	Hotline:800-448-3000 Text VOICE to 20121 Chat: https://www.lifeline-chat.org/ Website: http://www.yourlifeyourvoice.org
The Counseling Center	The Counseling Center Williamsburg Office 5244 Olde Towne Rd Williamsburg, VA 23185	Ph:757- 229-4645 Appointments: Ph:757- 826-4600 Fax:757-229-4645 Email:dianne@thecounselingctr.com

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

The Farley Center At Williamsburg Place	The Farley Center At Williamsburg Place 5477 Mooretown Road Williamsburg, VA 23188	Ph:757- 565-0106 Toll Free:800- 582-6066 Website:www.farleycenter.com
Williamsburg Community Hospital	Williamsburg Community Hospital, 1314 Mount Vernon Avenue, Williamsburg, VA	Ph:757- 259-6164; Website:www.williamsburgcommunity.com
SUPPORT GROUPS/PARENT TO PARENT SUPPORT		
Breast Cancer FACEBOOK Support Group (Rev.03/02/20)	Breast Cancer FACEBOOK Support Group - Norfolk	Contact: Sentara Breast Cancer Support Website: WWW.Facebook.com
Gynecology Cancer FACEBOOK Support Group (Rev.03/02/20)	Gynecology Cancer FACEBOOK Support Group	Contact: Sentara Gynecology Cancer Support Website: WWW.Facebook.com
La Leche League of Virginia Support Group	La Leche League of Virginia 1st Friday, 10:30 am Christ the King Episcopal Church 4109 Big Bethel Road Yorktown, VA	Contact: Gloria Ph: 757- 932-0232 Website:www.lllvawv.org
Lung Cancer Support Group-Teleconference-Sentara (Rev.02/28/20)	Lung Cancer Support Group-Teleconference-Sentara	Contact: Connie Bush, BSN, RN Community Health Educator Ph:757-827-2438.
Prostate Cancer FACEBOOK Support Group (Rev.03/02/20)	Prostate Cancer FACEBOOK Support Group	Contact: Sentara Prostate Cancer Support Website: WWW.Facebook.com
Red Balloon-You're Not Alone- Parent Support Group (Rev-07/01/01)	Red Balloon-You're Not Alone- Parent Support Group	Website: https://littlebearssees.org/redballoon/

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Support Group Down Syndrome Association Peninsula	Down Syndrome Association of the Virginia Peninsula P.O. Box 1237 Yorktown, VA 23692	Intake: Kim Strickland, Ph: 757 234-0895, Email: kstrickland@dsavp.org Main: 757-890-3013 Web site http://www.dsavp.org/
Support Group for Caregivers of Alzheimer's Disease & Related Disorders	213 McLaws Circle Suite 2B Williamsburg, VA 23185	Intake Contact: Douglas Panto Ph: 757-221-7272 Fax: 757-221-0109 Email: douglas.panto@alz.org Website: www.alzseva.org
The Lighthouse Guild Teleconference Group for Families of Children with CVI (Cerebral Visual Impairment) (Rev. 07/01/21)	Virginia Department for the Blind & Vision Impaired Norfolk Regional Office 6325 N. Center Drive, Suite #131 Norfolk VA 23502	Contact: Judith Millman, Facilitator Contact: Judy Judithmillman@aol.com Link: https://www.lighthouseguild.org/patients-families/tele-support-services/support-for-parents/parent-tele-support-group-enrollment/
Transitions Family Violence Services- Women's Support Group	Transitions Family Violence Services - Women's Support Group P.O. Box 561 Hampton, Virginia 23369	Ph: 757-728-2639 HOTLINE: 757- 723-7774 Ph: 757- 722-2261 Fax: 757-723-2717 757- 723-6862 TTY/TDD
Young Adult Cancer Survivor Support Group	Young Adult Cancer Survivor Support Group Yorktown, VA	Contact: Debra Abney Ph: 800-766-0797
THERAPIES		

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

TRANSPORTATION		
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev.	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where is my Ride: Ph:800-734-0430 Option 2 DD Waiver (CCC)
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988
Catholic Charities of Eastern Virginia- CARES services Transportation	4855 Princess Anne Road Virginia Beach VA 23462	Ph:757- 875-0060. Fax: 757-495-3206 Website: www.cceva.org
Catholic Charities Of Eastern Virginia: Community Assistance And Resources For Seniors (CARES) (Rev.10/8/18)	12829 Jefferson Ave Suite 101 Newport News, VA 23608	Ph:757- 875-0060 Fax:757- 877-7883 Website: http://www.cceva.org
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 Ride Assist:866- 246-9979 Website: https://www.mymodivcare.com
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Rev. 02/14/24)	Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier)	Ph:877-892-3986 Sentara CCC Plus and Sentara Family Care (Medallion 4.0) Ph:877-892-3986- Ride Assist-Where is my Ride :
Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0) (Rev.02/14/24)	Sentara Health (Formerly Optima and Virginia Premier) (Medallion - 4.0)	Sentara Health (Medallion - 4.0) Ph:877-892-3986 Assist-Where is my Ride :877-892-3986
RIDES (Rev.10/8/18)	Williamsburg Area Transport Office (WAT) 7239 Pocahontas Trail Williamsburg, VA 23185	Ph:757- 345-6166 Website:www.rides4u.org
Transportation Services – Peninsula Agency on Aging (Rev.1/11/19)	Transportation Services – Peninsula Agency on Aging	Ph:757- 873-0541.
United Healthcare Community Plan CCC Plus- and United Healthcare	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0)
United Healthcare Community Plan CCC Plus- . -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)- LogistiCare -Medicaid (Transportation) MediCare	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:833-215-3884 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 833-215-3885
Williamsburg Area Transport Fixed Route All Ages (Rev.10/8/18)	468 N Boundary St Williamsburg, VA 23185	Ph:757- 220-5493 Website:www.williamsburgtransport.com Email:info@GoWATA.org
VISION/SIGHT		
LackleyFree Clinic - Ophtalmology (Rev.03/01/24)	Lackley Free Clinic An Outreach of Olivet Medical Ministry, Inc 1620 Old Williamsburg Road Yorktown, VA	Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821 Email:

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs	*New Kent County Lion's Club Contact: John Johnson Ph: 804-966-5645 Website: www.lionsclubs.org You must contact Lion's club answering service 1-800-755-1466
Clear Vision Optometry (Rev.7/22/19)	422 Oriana Road Newport News, VA 23608	Ph:757- 349-8618
WAIVER CONTACTS		
CCC Plus Waiver Helpline	CCC Plus Waiver Helpline	Ph:844-374-9159
Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) (Rev.7/24/18)	CCC Plus Waiver Peninsula Health District 416 J. Clyde Morris Blvd Newport News VA 23601	Call to request Screening: Ph:757-594-7305 Fax:757-594-7714
Developmental Disabilities Waiver Experts- Building Independence (BI),Family &	Waiver Experts- BI,FIS and CL Waivers Colonial Behavioral Health	Ph: 757- 220-3200 Liz Erfe-Howard, Email:eerfe- howard@colonialbh.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **York**

Building Independence (BI) Waiver	BI Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061
Community Living (CL) Waiver	CL Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website: https://vacsb.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided in York

Family and Individual Support (FIS) Waiver	FIS Waiver Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA 23185	Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR Visit the website to find local CSB:Website: https://vacsb.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided in **York**

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COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

NOTES
APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are
Avalon informs individuals of their rights, explains protective orders, and possible court procedures. Court and hospital accompaniment is available, if desired. The Legal Advocate works with law enforcement and criminal justice professionals to provide education on crisis intervention for victims of domestic violence and sexual assault. Services are free of charge.
National Center for Victims of Crime advocates for Stronger Rights, Protections, and Services for Crime Victims. Their center's mission is to address the
National Human Trafficking Hotline is a 24/7 hotline that provides social and legal services for victims and survivors of human trafficking.
Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a comprehensive suite of initiatives including annual events, monthly workshops, mentoring sessions, summer camps, school visits, and community support.
The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to
IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant. Information about practices that promote

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant. Information about practices that promote
The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights,
IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding
IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding
Lactation/Breastfeeding classes are available at WIC sites. Group or Individual Classes are available in English and Spanish. Please call for further information.
The Consortium for Infant and Child Health (CINCH) is dedicated to protecting
The state of Virginia offers assistance with burial costs for those who are enrolled in its Temporary Assistance for Needy Families (TANF) or Supplemental Nutrition Assistance Program (SNAP). Application is made through the county of residence with payment made directly to the funeral home. Please call for further
<u>A+ Child Care & Learning Center is a child care provider. Licensed:</u>
Baker's Bunch Family Daycare is a child care provider. Licensed: Family Day
Before and After School program is geared for grades K – 6 which enables busy parents to leave their children in capable hands. Daily activities range from
<u>homework assistance to various sport-related games. When school is not in</u>
Champions Extended Learning/Before and After School Program offers a safe, enriching environment where children can spend time before or after school is a
<u>significant concern. At Champions, they understand the need and offer</u>
Child & Family Services links families, children and care givers to resources that nurture children's positive development. Services offered include: Child care
<u>resource and referrals, provided using national standards. Complete background</u>
Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families,
<u>child care professionals and communities to increase the accessibility</u>
Childtime Learning Center: Kiln Creek is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Cynthia Dowd is a child care provider. Licensed: Family Day Home. Ages: 0-12 Years. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

CDR's First Steps Child Care and Development Centers offer high-quality, affordable child care for low-income families with infants and toddlers at two centers in the greater Williamsburg area. Fees: adjustable fee scale on a family's ability to pay.
Harvest Ministries Early CDC is a child care provider. Licensed: Religious Exempt Child Day Center. Ages: 0-9 Years. Please call for further information.
Victory Family YMCA is a child care provider. Licensed: Child Day Center. Ages: 0-12 Years. Please call for further information.
Chompers Pediatric & Teen Dentistry provides dental services for children and teenagers. Hours: Monday-Friday -08:00 AM - 05:00 PM. Accept most traditional insurance plans and accept Medicaid. Please call for further information.
Donated Dental Services is a national program of the Dental Lifeline Network managed by Access Partnership for VDA components 1&2 (Greater Hampton Roads, Peninsula and Southside plus Virginia's Eastern Shore). There is usually no charge for services. The American Association of Orthodontics has a donated orthodontics program. They provide high-quality orthodontic care for children of families with financial need. Eligibility: Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less, Child should not be currently in braces or between phases of treatment, (DOS Patients cannot already be in braces or between phases of orthodontic treatment.), Child should receive regular dental care and have good oral hygiene. Parent should complete an application. After approval parent will be asked to pay \$200 administration fee.
Hampton Roads Pediatric Dentistry specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance and Medicaid/Medicaid MCO's. Staff: J.B. Martin, DDS. Other: In-office conscious sedation. Does NOT have CHKD privileges. Please call for further information.
Services: Exams, Extractions, Fillings, Cleanings Eligibility: Adults & Children who are uninsured and have been denied Medicaid coverage. Residents of Gloucester County, Hampton, Newport News, Williamsburg, York County with incomes at or below 200% poverty. Proof of income & residency required. Fees: No charge for eligible persons.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Michael W. Bowler, DDS specializes in dentistry for children with medical and functional needs. Insurance: Accepts Military insurance but does NOT accept Medicaid/Medicaid MCO's. Staff: Michael Bowler, DDS. Other: Riverside privileges. <u>Please call for further information</u>
Payments are based on income; Olde Towne Medical Center is located in James City County; pre-register - Monday, Wednesday, and Friday 8:30 a.m. - 4:00 p.m., Tuesday and Thursday 8:30 a.m. - 6:00 p.m.; \$10 prepay to hold spot (appointment); need tax return or statement of no income (food/shelter letter) plus 2 proofs of residency, picture ID
Pediatric Dental Specialists of Williamsburg is the dental specialty that is dedicated to the treatment of children from infancy through the teenage years. Services offered for your child: Routine cleaning and check-ups, One Year Old First Dental Visit, Digital X-rays, Restorative treatment, Limited Orthodontics, Preventive treatment, Oral hygiene education, Sedation Dentistry, General Anesthesia. <u>Target Population: Toddlers, preschoolers, preadolescent young</u>
Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully
The DSAVP brings support to families with new babies through hospital outreach, delivering informative books for parents and siblings. Monthly play meetings provide the opportunity for families to connect and learn from one another. Enrichment activities include trips to the zoo, pumpkin patch and swimming time. Informational speakers and workshops provided for parents, families and
Pennington Group provides ABA (applied behavior analysis) services. Please call for further information. They currently provide ABA Therapy in Virginia Beach, Norfolk, Chesapeake, Hampton, Newport News, Yorktown and Suffolk Virginia. they also offer consultation services to schools, group homes, families and support groups.
Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help,
The EZ Breathers Asthma Education Program is a community-based asthma awareness and prevention program which is family-centered and culturally relevant to the Head Start setting. The program will include asthma education and training for Head Start staff and parents, identification of parents to serve as
Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
Access Partnership is a 501(c) 3 Nonprofit Organization who provides gently used and new donated medical equipment and supplies to individuals in need.
Active Forever provides Hearing Aids & Assistive Devices, Sight Impairment Devices, Mobility and Incontinence DME. Please call for further information.
Ai Squared provides devices for individual with sight impairment. The provide software programs as Zoom Text Line Computer, magnification products and
American Printing House for the Blind Inc. provides educational materials, recreation products, toys, daily living, braille books and other products. Please call
Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and ~~assistive technology and then provides it to children with disabilities that need it~~
The FREE Foundation is a non-profit that provides mobility related rehabilitation
Home Care Delivered is a Supplies provider. Medicaid, Medicare and major ~~insurances are accepted. Please call for further information~~
NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Virginia Beach Crisis Nursery is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please
Tycon Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
The mission of Transitions Family Violence Services is to build safe and healthy families on the Virginia Peninsula. The agency assists adult and child victims
Avalon informs individuals of their rights, explains protective orders, and possible court procedures. Court and hospital accompaniment is available, if desired. The Legal Advocate works with law enforcement and criminal justice professionals to
LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Loveisrespect's purpose is to engage, educate and empower young people to
The National Sexual Assault Hotline is a 24/7 safe and confidential service to
The National Domestic Violence Hotline is the only 24/7 national hotline that provides direct services to anyone affected by domestic violence. The advocates assist victims and survivors, as well as their friends and families. Free and confidential live chat is available 24/7. Services are available in English and
The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma
The Early Intervention program provides therapy/specialized services for families
"Special education" means specially designed instruction, at no cost to the
Head Start program provides grants to local public and private non-profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers develop the early reading and math skills they need to be
The Peninsula READS mission is to provide literacy education and services to adults to enable them to participate fully in society. Services: Individual and small group instruction in basic reading, writing and English speaking for adults. Programs: One on One tutoring, English as a second language, family literacy,

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

The Southeast Virginia Computer Group purpose is to provide educational and training assistance to the community for computers. Services: General membership meeting once a month/monthly newsletter/opportunity to attend industry briefings on new technology. Handicapped Access: Yes. Meetings:
The Special Education Advocacy Clinic was formed to assist special-needs children and their families with eligibility or Individualized Education Program meetings, discipline matters, mediation, and administrative hearings. The clinic is designed to bolster the partnership between families and schools and is part of
The Office of Adult Education and Literacy provides services related to adult education programs, including Adult Basic Education, General Education Development (GED), English as a Second Language, and Individual Student Alternative Education Programs (ISAEP). Learn and Serve and Education for Homeless Liaison Coordinator provides support and assist the youth
The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster
York County has a special program to provide emergency response personnel with the knowledge of pre-existing conditions or situations present at emergency scenes, i.e., individual confined to a wheelchair, etc., while enroute to the scene. Providing them with this knowledge allows them to prepare for these conditions
The Virginia Department of Emergency Management – Protecting the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services.
VEC Workforce Centers are generally open weekdays 8:30 am until 4:30 pm.
Each of our offices have the option to adjust their hours of service based on local
The Department of Rehabilitative Services provides services to the community to increase employability, independence
and the quality of life of persons with disabilities. they offer vocational rehabilitative services, independent living services, specialized programs and
Employment related programs administered by the VEC's Field Operations Division include: Foreign Labor Certification, Migrant and Seasonal Farm
workers, Rural Services Program, Work Opportunities Tax Credit (WOTC), Trade Act Assistance (TAA), Veterans' Services, Employer Services (including the
The workforce investment act rewrites current federal statues governing programs of job training, adult education and literacy, and vocational
rehabilitation, replacing them with streamlined and more flexible components of workforce development systems.
Affordable Connectivity Program (ACP) is a U.S. government program that helps
Caritas has become a major source of financial assistance and support to many
Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students
Cooling Assistance -Virginia LIHEAP helps with cooling equipment purchases or
Cover Virginia-Virginia-Based Assistors is a service available in-person across
Crisis Assistance is intended for emergency situations. It helps eligible
Through DUCCO's Seeding New Attitudes & Planning for Self-sufficiency (SNAPS)
The Division of Child Support Enforcement (DCSE) is a division within the
Energy Share is a fuel assistance program of last resort for anyone who faces
Energy Share is a fuel assistance program of last resort for anyone who faces
Emergency Financial Aid is available to individuals and families who are in
The purpose of Heating Assistance is to eligible households with the cost of
Lifeline is a federal benefit that lowers the monthly cost of phone or internet
Managed Care Organizations (MCO)-Most Medicaid and FAMIS enrollees get their care through a Managed Care Organization (MCO,an organization with a
network of primary care providers (PCPs), specialists, hospitals and other health
Aetna Better Health of Virginia Provider Listings.
Anthem HealthKeepers Plus Provider Listings.
Molina Complete Care Provider Listings.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Sentara Health Care Provider Listings.
United Healthcare Provider Listings.
Meals on Wheels provides meals packaged and delivered M-F for individuals who
Medicaid pays for health and medical care for certain groups of people who have
Most Medicaid and FAMIS enrollees will be enrolled in an MCO, but some will
Medicaid-Fee-for-Service enrollees can use any Consumer Directed (CD) or
FAMIS is Virginia's health insurance program for uninsured children and pregnant
Optima Health-Healthy Savings Program is Only for Optima Community Care members. The program provides savings on healthy food. It also offers discounts on over-the-counter medications and products, baby items, and cleaning products. How does it work?. The Healthy Savings card is mailed to Optima Community Care members and they should register their card at healthysavings.com/optimahealth . They will receive emails with the savings
Sentara hospitals participate with state sponsored charity care for hospital care. The Sentara program provides for charity care eligibility of uninsured patients with incomes up to 200% of the federal poverty line. There is an application
S.H.A.R.E of Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40 but be purchased by SHARE for only \$20 and two
Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also administer the
Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving SNAP Virginia Beach Crisis Nursery is an agency partner with Greater Hampton Roads Diaper Bank that provides assistance with diapers to families in need. Please call for further information.
The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. This Programs Ensures that Children have Access to Nutritious Meals and Snacks

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Conducts self-sufficiency screening to determine needs so that they can connect clients to resources that can have a longer-term impact on their social, financial and educational wellbeing. United way refer clients to agencies and faith partners to provide health services, emergency utility assistance, eviction prevention, legal aid ,emergency shelter, food and clothing. They also make referrals for credit counseling, financial planning and adult literacy. Please call for further information.
Williamsburg House of Mercy is a complete care center for the homeless and the struggling residents in our community . Staff and volunteers work daily to meet their needs through financial assistance, permanent housing assistance, access to medical care and mental health services, food, diapers, transportation, and so
Provides food where needed, on an emergency basis to York county and Poquoson residents. Schedule: Mon, Wed and Friday from 12:30am to 3:00pm. Please call for further information.
The York County Department of Social Services' mission is to provide benefits and services to the citizens of York county based on programs established by local, state and federal laws and policy. The department's focus is to prevent dependency and encourage self-sufficiency; preserve and restore family stability
The York County Food Closet, a project of York County Church Women United,
Emergency food, fuel, clothing, shelter and other items are available to York County residents that qualify. All donations are redistributed back into York
The WIC program offers supplemental food program for children from birth to age 5, pregnant and breast-feeding women. Services provided include nutritional
The program provides nutrition education, breast feeding promotion and support to prenatal women and children (under 5 years old). Supplemental nutritious
Agape Home Care provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information
Always There Home Healthcare provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Allegiance Home Care Services provides personal care services and respite. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton, Williamsburg, They serve Hampton Roads Area. Please call for further information
Allegiance Home Care Services provides Private duty in-home care and Skilled Nursing. Medicaid and Private Pay are accepted. Hours:Monday – Thu 9:00AM – 3:00PM. Service Area:Virginia Beach, Chesapeake, Norfolk, Newport News, Hampton, Williamsburg, They serve Hampton Roads Area. Please call for further information
Amedisys Hospice Care, formerly Compassionate Care Hospice provides services in various settings: homes, nursing homes, assisted living, and hospitals. Holistic therapies are available, including massage and music therapy. The patient and the family are involved in making decisions. Care is provided for
Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth, Newport News, Norfolk, Suffolk, Surry, Virginia Beach, Williamsburg, Yorktown. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury Program, Medicaid, + MCO programs (Aetna Better Care Advantage offices specialize in providing personal care, companionship and respite services. They have offices all across Virginia that provides the best service to their clients and employees. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area: Hanover, Hampton, Yorktown, Newport News and
Care Advantage offices specialize in providing skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement
Caregivers in-Home Care provides personal care services and respite for adults only. Medicaid and Private Pay are accepted. They serve Williamsburg And The Hampton Roads Area. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
CCC Plus Waiver Facilitator. Serves: Gloucester, Williamsburg/James City County, Hampton, Newport News, York, Poquoson
Hospice Community Care of Virginia, Harbor Light Hospice, provides hospice care. Staff is committed to providing quality patient-centered end of life care with

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Heartland Hospice Care provides hospice services, specializing in symptom and pain management for individuals who have a life limiting illness. The hospice team works with the patient and his/her family to provide a comprehensive program of psychosocial and spiritual support, medications, therapies, patient and family education, comforting treatments, equipment and supplies and bereavement services. Payment Method: Private Pay , Private Insurance , Medicaid , Medicare. Service Area: Gloucester , Hampton , James City County , New Kent , Newport News, Poquoson, Williamsburg and York County. Please call for further information.
Home Helpers provides pediatric personal care services and respite. Please call for further information.
Key Elements Care, LLC provides personal care services and respite. Medicaid and Private Pay are accepted. They serve Hampton Roads Area. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Statewide. Please call for further information.
Lifting a Blessing Hand Home Health Care provides personal care services and respite. Please call for further information.
Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. ~~They serve individuals and their families by providing resources, information,~~
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Service Facilitator for DD and CCC Plus Waiver. Serves: Southside and Peninsula. Please call for further information.
Guest House Re-Entry Program provides housing and support services for previously incarcerated males. The purpose of the program is to engage and
House of Refuge is a short term homeless shelter for men 18 and older. Services provided:- Shelter (to include, under clothing, hygiene items, breakfast, and

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Services Provided in York

A new regional Housing Crisis Hotline is now open so that with one call, anyone facing a housing crisis in Hampton Roads can reach over 1200 resources within 24 hours. If you or someone you know is experiencing any type of housing crisis call 866-750-4431.

STOP provides weatherization service to qualified low-income residents. The work is regulated by the Department of Energy and consists of reducing air leakage, wrapping water heaters; insulating and venting attics. This work is ~~especially important to the elderly, individuals with disabilities and single heads of~~ Provides housing for elderly and disabled. Rent is based on income.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Williamsburg House of Mercy is a complete care center for the homeless. Their Day Center for the homeless provides warm meals, showers, and a place of respite for the unsheltered homeless, as well as access to medical and mental health services, access to computers and jobs, and assistance with housing.
Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide
DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial concerns, legal questions, health facilities, housing options, transportation, exercise programs.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Resources 757 is a directory of resources for residents of Hampton Roads
2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental
Victim Connect is a program of the National Center for Victims of Crime that offers confidential referrals for crime victims. Online chat is available.
Cliff's House is designed as a medical respite home that includes care for up to skilled services and hospice and will accommodate residents with variety needs at long term. There is no length of stay requirement. Services include: quality personal care, tailored care plans to meet individual needs, meals, activities, RN
APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Catholic Charities' Guardianship case workers take on the role of caregiver. Individuals in the Guardianship Program receive on-going case management and on-going monitoring of their needs and services. In its role as Guardian, Catholic Charities assumes responsibility for the personal affairs of an incapacitated person, including responsibility for making decisions regarding the person's support, care,
Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their financial accounts and the payment of their monthly bills. This is a role Catholic Charities can fill. Eligibility Criteria: The process begins with telephone intake and requires paperwork from the Social Security Administration and/or other financial income sources. Cost is fee-based and clients must be 18 years or older. Please call for further information.
The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families,

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools,
Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General
Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households.
Free Legal Answers is a services where you will ask a volunteer attorneys a specific question about your civil legal issue and you'll receive an email telling you when your question receives a response. Please visit the website for further
The firm provides advice on guardianships, revocable living trust, living wills, powers of attorney. Please call for further information.
The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer, employment, domestic relations, housing, government benefits, landlord/tenant,
The firm provides disability law, trust, wills, probate process& estate managing. Please call for further information.
The Heritage Law Group goal is to protect the personal and financial relationships that support your family. This includes preparation for times when you may be incapacitated and making arrangements for your family in the event of your death. They serve the Virginia Peninsula, the Middle Peninsula, and Williamsburg. Practice areas: they specialize in:Estate Planning,Elder Law, Medicaid, and Veterans Benefits,Guardianship and Conservatorship.Estate Administration and Fiduciary Services.Please call for further information.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

The Project for the Empowerment of Survivors (PES) will expand Virginia Sexual and Domestic Violence Action Alliance current hotline services to provide trauma informed legal services and legal advocacy to callers from Virginia who are experiencing sexual or intimate partner violence, dating violence, human trafficking and hate crimes. The goal of PES is to offer survivors of violence, particularly those who are traditionally underserved, an opportunity to find answers to legal questions, to gain insight into additional legal issues, to carefully weigh legal options on the phone and through chat and to be linked with both legal advocacy and legal services in their communities.

Transitions Family Violence Services offers legal advocacy services to help victims understand their legal rights and civil and criminal remedies to end their abuse. Advocates are available to accompany clients to Hampton, Newport News, and York County/Poquoson courts. Services Includes: Safety

At TrustBuilders Law Group, help people with their estate planning and elder law concerns. They are proud to provide experienced guidance and compassionate support to every family we work with. When you allow TrustBuilders Law Group to

Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required, this is not a pro bono service.

The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to

Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people, they are available 18 hours a day every day of the week. This line is dedicated primarily for transgender people experiencing a crisis; people who may be struggling with their gender identity and are not sure that they are transgender; prevent self harm,etc. They welcome the call of any transgender person in need and will connect them with services that can help them meet that need.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available. Please call or text.
Services: Primary Care, Family medicine, school Physicals, Pediatric Services, Gynecological services, lab and X-ray services, Pharmacy services, Diabetic counseling, Spiritual counseling, Ophthalmology, Endocrinology, Rheumatology. Hours of operation: Monday–Thursday:8:30 a.m.–5:00 p.m. and Friday: 8:30 a.m.–Noon. Pharmacy Hours: Monday–Wednesday:9:00 a.m.–4:30 p.m. Thursday: 9:00 a.m.–5:00 p.m. Friday: The Pharmacy is closed Cost: they ask for Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment
Payments are based on income; Olde Towne Medical Center is located in James City County; pre-register - Monday, Wednesday, and Friday 8:30 a.m. - 4:00 p.m., Tuesday and Thursday 8:30 a.m. - 6:00 p.m.; \$10 prepay to hold spot
Services provided: General medical, Family planning services, Sexually
Caremark, Inc., York County Prescription Discount Card Program is a free
Payments are based on income; Olde Towne Medical Center is located in James City County; pre-register - Monday, Wednesday, and Friday 8:30 a.m. - 4:00
The mission of the REACH (Regional Educational Assessment Crisis Response and Rehabilitation) is a crisis prevention, intervention and stabilization system to
Alpha Counsellors Service mission is to provide support in the form of clinical services for those individuals from age birth to Senior citizens. Goal and focal point is to empower, motivate and assist in the development of appropriate
Associates of York provides Psychotherapy services for children and adults. Medicaid is accepted.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling, family counseling, clinical counseling.
Celebrate Recovery is a ten-week series of messages called "The Road to Recovery." The program is faith-based, forward-looking, emphasizing personal responsibility and spiritual commitment. It is built around small group interaction and the fellowship of a caring community to address all.
Colonial Behavioral Health has opened a behavioral crisis center at Riverside Doctors' Hospital in Williamsburg. The community services board, which serves Colonial Behavioral Health-Prevention Services offer individuals and families a variety of prevention services, which are specifically designed to promote and enhance health and wellness. CBH offers a set of prevention groups and classes.
Colonial Behavioral Health-Substance Use Disorder Services for Pregnant and Parenting Women provides services to pregnant women, they are given preference in admission to treatment and are seen within 48 hours of their request to reduce health risks to her and her unborn child. Treatment choices include: Outpatient Women's substance Use Disorder (SUD) Counseling Groups, Counseling for relationships, sexual and physical abuse, and parenting issues, Intensive Outpatient Program, Referral to inpatient treatment, through South-Eastern Family Project. Case Management Services: Helping establish eligibility for public assistance programs. Assisting in arranging transportation for services.
Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following : Adult age 21 through 64 years old; U.S. Citizen or lawfully residing immigrant. No health insurance, including Medicaid.
Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. Some conditions we
Hampton Roads Counseling Center provides Psychotherapy services for children and adults. Only Medicaid HMO is accepted.
LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments, covered by your insurance. Services: Adult Psychiatry, Child And Adolescent Psychiatry, Child and
A fellowship of men and women who share their experience, strength, and hope with each other that we may solve our common problem and help others to recover from marijuana addiction. The only requirement for membership is a
Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping
NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Class will meet Thursdays from 6:30pm-
NAMI Family Support Group is a free, confidential and safe group of families helping other families who live with mental health challenges by utilizing their
NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of
NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can learn <u>about resources for various topics, such as mental health, disability services,</u>
The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.
Provides adult substance abuse screening and mental health assessments, intensive out patient treatment (day and evening) for alcohol and other drug abuse, adult substance abuse groups, individual, group, family and marital counseling. Services also include anger management groups, co-parenting classes, motivational enhancement group, relapse prevention group, family addictions education groups, vocational counseling, and EAP services. Target Group: Adolescents/Adults. Fees:\$30 intake fee; \$35 group fee.
SpiritWorks Foundation is a Recovery Community Organization serving individuals affected by the disease of addiction by helping them live drug free. SpiritWorks offers a wide range of programs for all age groups, including children and teen educational groups, empowerment groups for women and men,
Transitions Family Violence Services offers counseling services to women and children who may have experienced or witnessed domestic violence. A.M.A.C is a counseling program for Adults Molested as Children and is offered by appointment only. Therapy is confidential and available by appointment.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.

Commonwealth Catholic Charities-Interpretation Services Program provides interpreters to local health departments, departments of social services, schools, and other community providers not only for refugee clients, but for other non-English speaking clients as well. We use the Northern Virginia Area Health Education Center-tested and CCC-trained interpreters. Our interpreters are tested and trained to ensure they provide accurate, complete, professional, and confidential interpretation and translation. The fees for services are competitive for tested and trained interpreters. For more information, or to schedule an interpreter please contact us in your area or email us.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family petitions for relatives abroad, Adjustment of status
Citizenship, Citizenship applications, Citizenship test preparation, Employment Based Immigration Services, H-1B Visas, H-2B Visas, Temporary Protected Status and Asylum, Family Based Immigration Services, Petitions for relative and family reunification, Permanent residency applications, Assistance with Visa processing for relatives abroad, "V" and "K" Visas, Fiancée Visa petitions, Affidavit of support, Consular process, Self-petitions under the Violence Against Women Act, Informational Workshops. Languages: Arabic, Burmese, English, German, Serbo-Croatian and Spanish. Please call for further information.

The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.

This is a Virginia Court Approved Program. Program helps parents and guardians to shield children from parental conflict, guide children through the process of recovery, reduce frustration and anger, reduce behavior problems and potential for violence. Times: 2nd and 4th Saturday of each month. Must call for pre-

FirstSpark is a nonprofit organization that provides education and resources to early childhood educators, along with connecting parents of young children with important information and resources. They serve Virginia's Greater Peninsula

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Nurse Family Partnership-First Time Mothers provides services to first-time mom who are pregnant 28 weeks or less, they should meet income requirements and live in a service area to be eligible for free help from a personal nurse who will come to your home to offer advice and support when you need it most through the pregnancy and until your baby is 2 year old.

This is a Virginia Court Approved Program for children 4 years old and up. Classes Tuesday nights 6:00AM-8:00 PM (Duration 6 weeks). Pre-registration required. Family can reside at any city.

This is a Virginia Court Approved Program when CPS is involved for children 4 years old and up. Classes Tuesday nights 6:00AM-8:00 PM (Duration 6 weeks). Pre-registration required.

This is a Virginia Court Approved Program. Parenting Skill Program. For children 4 years old and up. Classes Tuesday nights 6:30AM-8:30 PM (Duration 6 weeks). Pre-registration required.

The Center for Child and Family Services-Child Abuse and Neglect Prevention Program is a program that will provide a 16 week Nurturing parenting group.

The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.

UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your child's age—as well as announcements from our staff and access to support information. Please visit the website to enroll.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Cole's Horse Autism Therapy Station (CHATS) is a non-profit organization that was established by Dr. Megan McGavern in fall 2020. Located on 21 acres of farmland in York County, CHATS specializes in equine-assisted therapy for families with children on the autism spectrum in addition to other special needs. Choose between a 1 or 2 hour session for your child. A typical session can include back-riding, long-lining, tricks, sensory work, arts and crafts, educational games and activities that are catered specifically to your child's needs and/or interests. Cost:1-2 Hour Horse Boy Method Play \$110 per hour.Group Playdates \$90 per hour per child. For families with financial constraints, they are
HALO at Home is a free, online social-emotional curriculum for preschoolers ages 3-6. In 12 lessons, HALO teaches children how to make healthy choices for their bodies to help them "grow bigger, stronger, and better able to think!" The benefits of HALO are lifelong and sure to be a great time in the classroom or at
The YMCA is a non-profit member-based organization serving the community with a wide range of health and wellness, family and community building programs - all designed to help you grow stronger in spirit, mind and body. Each YMCA location offers a variety of programs and classes for people of all ages and abilities.
YMCA Day Camp is a traditional camp experience that develops spirit, mind and body. A fun daily schedule provides hours filled with excitement and new experiences. Activities include swimming, arts & crafts, new games, nature exploration, sports, songs, field trips and much more. The program stresses socialization, self-confidence, self-awareness and teaches skills. Campers are divided into groups according to their grade. Camp also allows parents to work without worry while their children enjoy summer experiences that will last a lifetime. Please call for further information.
School Age Summer Camp is a top notch program offering field trips, arts and crafts, sports and other fun supervised activities. Dates are June 17th – August 29th, Time: 6:30am-6:00pm. Cost of the program is as follows: Full time Preschool and Rising Kinder \$140 a week, Part time three days a week or ½ day program \$100.00 a week .

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Boys & Girls Clubs of Southeast Virginia provide after-school and summer programs and services built on a foundation of member and community involvement. Programs include: Character and Leadership, Education and Career Development, Health and Life Skills, The Arts, and Sports, Fitness and Recreation. Please call for further information.
York City County Department of Parks and Recreation offers a myriad of opportunities to enjoy our facilities and the wonderful outdoors our unique community has to offer. Explore our website to discover the exciting programs, services and facilities available to you and your family. The benefits are endless!
York County Special Recreation Camp is designed for Youth with disabilities and special needs. Ages:6 years -21 years.Hours:Monday-Friday 9 am to 2 pm. Dates:June 26-July 21. Cost: Weekly Fees:\$275 residents \$425 non-residents. Please call for further information.
Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that your loved one is being well cared for while you are away. Respite services DO NOT include bathing, personal care, housekeeping or transportation. Eligibility Criteria: Care
Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local CSB/ Behavioral Health Authority.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship, and Vocational Services. Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building Independence Waivers. Please call for further information.
Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restraint of children from birth until they transition into a vehicle safety belt. Training is provided by a specialist to the parents to learn how to properly install their safety seat. Eligibility: Live in Virginia (citizenship not required), Custodial parent, legal guardian, or foster parent, Child is seven years old or younger, Pregnant mother must be in last trimester of pregnancy, Income eligible for WIC, SNAP, Medicaid, TANF, or FAMIS, Available to attend a training, to learn how to correctly use and install a safety seat and booster seat based on income. Covered Areas: James City County, Newport News, Williamsburg, York County. Please call to apply and schedule training appointment.
When accidents happen with chemicals, medicine, or household items, call <u>Poison Help. Get help right away from a local poison expert. The call is free and</u> Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism Spectrum Disorder that wander from home and become lost. Project Lifesaver provides equipment, training, certification and support to law enforcement, public safety organizations and <u>community groups throughout the country and nation. Please call for further</u> Please contact York County Fire-Life-Safety to schedule a smoke alarm installation, a representative will get in touch with residents who request a smoke alarm to make an installation appointment.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Colonial Behavioral Health -CSB provides comprehensive mental health and substance abuse services for people of all ages who live in Williamsburg and James City County. Please call for further information.
Colonial Behavioral Health-Substance Use Disorder Services for Pregnant and Parenting Women provides services to pregnant women, they are given preference in admission to treatment and are seen within 48 hours of their request to reduce health risks to her and her unborn child. Treatment choices
Eastern State Hospital is a mental health care facility located in Williamsburg that focuses on mental health care. Their vision is to continuously pursue the highest quality services that empower individuals in their recovery. Eastern State Hospital is part of The Department of Behavioral Health and Developmental Services
GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you
Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with tobacco cessation and prevention.
A fellowship of men and women who share their experience, strength, and hope with each other that we may solve our common problem and help others to recover from marijuana addiction. The only requirement for membership is a desire to stop using marijuana. There are no dues or fees for membership. They
National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Newport News Behavioral Health Center promote recovery from the effects of abuse, addiction, and other behavioral issues through specialized treatment interventions provided by a community of caring professionals. Substance Abuse Treatment Program provides intensive substance abuse treatment as a service within our Co-Occurring Disorders program, for males and females. The program consists of the following services: screening given to all new admissions, Weekly Substance Abuse, Education and Prevention groups
Intensive substance abuse group therapies, Group, Individual and Family Therapies, Weekly 12-step groups (AA/NA), Family Support Groups, Seeking Safety Groups, Assessment and Diagnostic Services, Expressive Therapies, GED Preparatory Training, Transitional planning for referrals to community resources upon discharge, Individualized Multidisciplinary Treatment Planning, Gender-specific programming, 24-hour Nursing Care, Art, Music, Pet, Recreation Therapies, Life Skills Training, Refusal Skills Training and Licensed and Accredited Educational Services. Coverage Areas: Chesapeake, Gloucester, Hampton, Isle Of Wight, James City County, Mathews, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, Williamsburg, and York County. Cost: Reduced Cost. Ages: 11 to 18 years old. Please call for further information.

Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Fees: Vary from house to house, typically \$65-\$165 per day.

South-Eastern Family Project (SEPF) provides comprehensive, day and residential treatment for pregnant and parenting women who have substance use disorders (who are dependent on or addicted to alcohol and/or other drugs). Medicaid is accepted.

SpiritWorks Foundation helps individuals and families sustain long term recovery from addiction, and children and youth live free from the intergenerational cycle of addiction in their families. Please call for further information.

Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.

Provides adult substance abuse screening and mental health assessments, intensive out patient treatment (day and evening) for alcohol and other drug abuse, adult substance abuse groups, individual, group, family and marital counseling. Services also include anger management groups, co-parenting

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

The Farley Center offers superior and affordable addiction treatment services to individuals from all walks of life. We are an abstinence based program, offering flexible treatment services that contribute to a continuum of care which assists patients to achieve long-term sobriety. Our treatment model allows us to help
Primary focus-mix of mental health/substance abuse services; substance abuse treatment; outpatient; DUI/DWI offenders; self payment, Medicare, private health insurance; sliding fee scale (fee is based on income/other factors), payment assistance.
offers emotional and educational support to breast cancer patients. Closed group so that privacy is protected ;please submit request online.
offers emotional and educational support to Gynecology Cancer patients. Closed group so that privacy is protected ;please submit request online.
La Leche League Leaders are experienced mothers who are accredited by La Leche League International to help mothers and expectant mothers with all aspects of breastfeeding. They are available to address any breastfeeding questions or concerns by phone, email, and/or in person at our regular monthly meetings. 1st Friday, 10:30 am.Please call for further information.
This Lung Cancer Support Group meets via teleconference on the second Tuesday of each month, except July, from 1 p.m. - 2 p.m., Eastern Standard Time. The goal is to assist patients in dealing with the diagnosis, treatment, and nutritional aspects of lung cancer. This group will provide physical and emotional
offers emotional and educational support to Prostate Cancer patients. Closed group so that privacy is protected ;please submit request online.
Red Balloon-You're Not Alone- Parent Support Group it's a warm and nurturing group and a safe place to voice your thoughts and feelings about life with a disabled child. Cost: currently \$19.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Provides social and educational events for individuals with Down syndrome and their families, helps families welcome the birth of a child with Down syndrome, and increase awareness of the capabilities and contributions of individuals with Down syndrome. Monthly meetings. No age limitation.
Providing programs and services to assist individuals throughout the disease process is a fundamental part of the mission of the Alzheimer's Association. The Chapter strives to provide the most accurate and up-to-date information regarding the latest developments in research, medications and services available to family members and care providers. Must call for hours of meetings. Must call for times and locations of meetings. No age limitation. No fee
The Lighthouse Guild hosts a terrific family teleconference group for families of children with CVI. (Cerebral Visual Impairment).
Transitions Family Violence Services offers a support group for victims of domestic violence; participants share their experiences of being in an abusive relationship and they find true compassion, real understanding, no judgments, and the comforting knowledge that they are not alone in this isolating event. As they listen to the stories of the other women, they gain insight into their own behavior, the choices they made, and all the possibilities that now exist before them. The instillation of hope for a violence-free future is perhaps the greatest benefit of the support groups. Group is held every Tuesday from 12:00 p.m.-1:00 p.m. and 6:00 p.m. -7:30 p.m. (free childcare is provided). Please call for further information.
Young Adult Cancer Survivor Support Group is a open discussion and planned program topics geared specifically to young adults survivors of all types of cancer

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the ~~grocery store, pharmacy and/or the bank. Volunteers may also be available to~~
Catholic Charities of Eastern Virginia matches trained volunteers with seniors in our CARES program to provide transportation to medical appointments, the grocery store, pharmacy and/or the bank. Volunteers may also be available to assist with errands and shopping or to check in on seniors living alone through a friendly visit or weekly phone call. Catholic Charities of Eastern Virginia may also ~~be able to match volunteers with seniors in need of yard work or minor home~~
ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Verida is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Non-Emergency Medical Transportation is the transportation provider for Sentara Health Community Care CCC Plus (Formerly Optima and Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
RIDES-Provides non-emergency transportation to medical care inclusive of Doctors office, dentist, dialysis centers, mental health and any other health related non-emergency appointment. Transportation is available to medical facilities located within the Greater Williamsburg Area. We require at least 48 business hours notice to schedule a ride. Hours: 8:00 am - 5:00 pm (Monday - Friday)
Peninsula Agency on Aging's transportation program is innovative and utilizes wheel chair accessible vans as well as community volunteers to transport senior citizens, aged 60 and older, to non-emergency medical appointments. The program is available to non-driving seniors who have no access to public transportation, cannot afford private transportation or are not eligible for Medicaid transportation. Office hours are Mon- Fri, 8:30am – 5:00pm. Covered Areas: Newport News, Hampton, Poquoson or York County. Please call for further information.
ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
Williamsburg Area Transport Fixed Route All Ages major objective is to ensure services meet the social and business needs of our community by providing a seamless coordinated regional transit system serving residents, visitors, and students through fixed-routes and transportation service for the
Lackey Clinic is a faith-based nonprofit providing free eye care to adults without medical insurance. Our working-class patients earn too much to qualify for Virginia Medicaid but not enough to afford quality medical insurance, usually earning between \$10-\$25 an hour. Lackey Clinic's Eye Care Program uses state-of-

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.
Clear Vision Optometry has been a leading provider of optometry services and vision care products in the Newport News and Yorktown communities. Major insurance are accepted. Uninsured individuals are welcome please call to inquire about the fees.
the CCC+ help line is a neutral third party that listens to the specific needs of the child and helps parents to weigh the options and benefits to select the best plan. Please call for further information.
Virginia provides a variety of services (such as personal care, private duty nursing, respite, residential, etc.) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Commonwealth Coordinated Care Plus Waiver (CCC Plus Waiver) - provides supports in the community rather than in a nursing facility or other specialized care medical facility. This new Waiver combines Elderly or Disabled with
Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI, FIS and CL Support Waivers.

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and able to live independently in the community. Services: individual supported employment, group supported employment, community engagement, community coaching, group day services, independent living supports, shared living, community based crisis supports, center based crisis supports, crisis support services, personal emergency response system (PERS), assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF)/IID due to a diagnosis of a Developmental Disability (DD) and require 24/7 services and supports with complex medical and/or behavioral support needs through licensed services. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, sponsored residential, group home residential, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

COMMUNITY RESOURCES EASTERN REGION

Services Provided in York

Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental disabilities who have been determined to require the level of care provided in an Intermediate Care Facility (ICF)/IID and living with their families, friends, or in their own homes. Services: individual supported employment, group supported employment, workplace assistance services, community engagement, community coaching, group day services, personal assistance, respite, companion services (agency or consumer directed), shared living, supported living, In-home support services, community based crisis supports, center based crisis supports, crisis support services, skilled nursing, private duty nursing, therapeutic consultation, personal emergency response system (PERS) , assistive technology, electronic home-based services, environmental modifications and transition services. How to apply: must contact local Community Services Board (CSB).

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE
ADVOCACY		
Administration on Developmental Disabilities, US Department of Health and Human Services	Administration on Developmental Disabilities, US Department of Health and Human Services, HHH Building, Room 329D, 200 Independence Avenue, SW, Washington, DC 20201	Ph:202- 690-6590; 202- 690-6415 TTY: 202- 690-6904 (fax)
Autism Speaks (Rev.05/25/23)	Autism Speaks	Ph: 888-288-4762 Website:http://www.autismspeaks.org
CASA De Maryland (Rev.12/31/21)	Baltimore Welcome Center 2706 Pulaski Highway Baltimore, MD 21224	Membership Ph: 410-732-7777 Employment Pht: 410-732-2694 Multicultural Center (MCC) Membership Ph: 301.431.4185
Children's Defense Fund	Children's Defense Fund, 25 E. Street NW, Washington, DC 20001	Ph:202- 638-8787 Toll Free:(800) 233-1200 FAX:202- 662-3520
Developmental Disabilities Branch, Division of Birth Defects, Child Development, and Disability and Health, National Center	Developmental Disabilities Branch, Division of Birth Defects, Child Development, and Disability and Health, National Center for Environmental Health, Centers for	Ph:404- 639-7120
Federation for Children with Special Needs	Federation for Children with Special Needs, 1135 Tremont St., Suite 420, Boston, MA 02120	Ph:617- 236-7210 Fax: 617- 572-2094 Toll Free:800- 331-0688 Website: www.fcsn.org
Kids First / Child Advocacy Center (Rev.06/28/24)	1825 West City Drive, Suites A&B Elizabeth City, NC 27909	Ph:252- 338-5658 Fax: 252-338-0879 Website:https://kidsfirstinc.org
National Clearinghouse on Women and Girls with Disabilities,	National Clearinghouse on Women and Girls with Disabilities, 114 E. 32nd Street, New York, New York 10016	Ph:212- 725-1803 Fax:212- 725-0947 Email: 75507.1306@compuserve.com
National Dissemination Center for Chil	National Dissemination Center for Children with Disabilities, P.O. Box 1492, Washington, DC 20013	Toll Free:800- 695-0285 Fax: (202) 884-8441 Email: nichcy@aed.org
National Easter Seal Society	National Easter Seal Society 230 W. Monroe, Suite 1800 Chicago, Illinois 60606	Ph:312- 726-6200 TTY:312- 726-4258 Fax:312- 726-1494

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

National Fathers' Network, Kindering Center,	National Fathers' Network, Kindering Center, 16120 NE 8th Street, Bellevue, Washington 98008-3937	Ph:206- 747-4004 206- 747-1069 nfn@aol.com	Fax: Email:
Rehabilitative Services Administration	Rehabilitative Services Administration, 400 Maryland Avenue, S.W.,	Ph:202- 245-7488	
Social Security Administration	Social Security Administration, Office of Public Inquiries, Windsor Park Building, 6401 Security Blvd., Baltimore, MD 21235	Ph:800- 772-1213 800- 325-0778	TTY:
The National Council on Disability,	The National Council on Disability, 1331 F. Street, NW, Suite 850, Washington, DC 20004	Ph:202- 272-2004 202- 272-2074 (202) 272-2022	TTY: FAX: Email:ncd@ncd.gov
ASSISTIVE TECHNOLOGY			
Alliance for Technology Access	Alliance for Technology Access, 1304 Southpoint Blvd., Suite 240, Petaluma, CA 94954	Ph:707- 778-3011 Toll Free: 800 914-3017; Fax: 707- 765-2080 Website: www.ataccess.org	
American Foundation for the Blind	American Foundation for the Blind, 2 Penn Plaza, Suite 1102, New York, NY 10121	Ph:212- 502-7600 Free: 800- 232-5463 Website:www.afb.org	Toll
Disabled Children's Relief Fund	Disabled Children's Relief Fund, P. O. Box 89, Freeport, NY 11520	Ph:516- 377-1605 516- 377-3978	Fax: Website:www.dcrf.com
Southpaw Enterprises, Inc.	Southpaw Enterprises, Inc. PO Box 1047 Dayton, OH 45401	Toll-Free: 800-228-1698 International: 937-252-6460 Fax: 937-252-8502 Email: Customer Service:	
BREASTFEEDING RESOURCES			
BURIAL ASSISTANCE			

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Angel Names Association (Rev.10/22/20)	Angel Names Association PO Box 423 Saratoga Springs NY 12866	Ph:518-654-2411 Email:mgmosca@msn.com
Cael's Angels Association-Burial/Funeral Expenses (Rev.10/22/20)	Cael's Angels Association	Ph:763- 785-4173
Children's Burial Assistance, Inc. (Rev.10/22/20)	Children's Burial Assistance, Inc. 5686 Fulton Industrial Blvd. # 44372 Atlanta, GA 30336	Ph:404- 507-6310 Email:info@childrensburial.org Website:http://childrensburial.org/
FEMA (Federal Emergency Management Agency) Burial Assistance (Rev.10/22/20)	FEMA (Federal Emergency Management Agency)-Burial Assistance	FEMA Helpline:800-621-3362 TTY: 800- 462-7585) Website:https://www.fema.gov/assistance/individual
Final Farewell (Rev.10/22/20)	Final Farewell 93 Old York Road Suite 1 #403 Jenkintown, PA 19046	Ph: 215 870-8110 Website:http://www.finalfarewell.org/
Kelly Ryan Foundation-Burial Assistance (Rev.10/22/20)	Kelly Ryan Foundation-Burial Assistance	Contact: Brooke & Robert Hopkins /Founders Email: Brooke@KellyRyanFoundation.org
Leishman Foundation-Survivors of Sepsis, Acute Respiratory Distress Syndrome (ARDS) and Toxic Shock Syndrome (TSS) (Rev.05/25/23)	Leishman Foundation-Survivors of Sepsis, Acute Respiratory Distress Syndrome (ARDS) and Toxic Shock Syndrome (TSS)	Ph:855-824-7941 Website:www.patientadvocate.org/financialaid
MedCure-Body Donation (Rev.10/22/20)	MedCure-Body Donation (Rev.10/22/20)	Ph:866-560-2525 Email:info@medcure.org Website:https://medcure.org/
Military Burial Benefits for Veterans (Rev.10/22/20)	Military Burial Benefits for Veterans	Website:https://www.benefits.va.gov
Rebecca's Reason-Burial Assistance (Rev.10/22/20)	Rebecca's Reason 192 W Vienna Clio, MI 48420	Email:rebeccasreason@gmail.com Website:https://www.rebeccasreason.org/request-assistance
Science Care-Body Donation (Rev.10/22/20)	Science Care-Body Donation (Rev.10/22/20)	Ph:800- 417-3747 Website:https://www.sciencecare.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Skyler's Gift Foundation-Funeral and Burial or Cremation Assistance (Rev.10/22/20)	Skyler's Gift 276 5th Avenue Suite 704 – 3001 New York, NY 10001	Ph:917- 779-0519 Fax:917- 962-0865 Email: info@skylersgift.org
Social Security Death Benefits (Rev.10/22/20)	Social Security Death Benefits	Website:https://www.ssa.gov
TeamMercy-Losing a sibling Assistance (Rev.10/22/20)	TeamMercy 1079 W. Round Grove Rd. Suite 300-504 Lewisville, TX 75067	Ph:214-945-0894 Email: Info@TeamMercy.orgWebsite:TeamMer cy.org
The FlutterBy IzzyJane Foundation-Funeral Assistance (Rev.10/22/20)	PO Box 171348 Salt Lake City, UT 84117	Ph:801-820-0360 Email;Info@FlutterByIzzyJaneFoundatio n.org Website:http://www.flutterbyizzyjanefoun
The TEARS Foundation (Rev.10/22/20)	The TEARS Foundation 11102 Sunrise Blvd. E., Suite 112 Puyallup, WA 98374	If you need the application expedited or for an update on the status please contac:Ph:253- 200-0944 Fax: 253-848-0299 or
United Tissue Network (Rev.10/22/20)	3620 E. Wier Avenue Phoenix, AZ 85040	Ph: 877-959-7704 available 24/7 Fax: 877-738-5222 Email-donorinfo@unitedtissue.org
CHILD CARE		
Child Care Bureau (CCB)	Child Care Bureau (CCB); 370 L'Enfant Promenade, S.W., 5th Floor East, Washington, D.C. 20447	Ph:202- 690-6782; Website:www.acf.hhs.gov/programs/ccb /
National Association of Child Care	National Association of Child Care Resource and Referral Agencies, 3101 Wilson Boulevard, Suite 350, Arlington, VA 22201	Ph:703- 341-4100 Fax: 703- 341-4101
National Child Care Information and Technical Assistance Center	National Child Care Information and Technical Assistance Center, 9300 Lee Highway, Fairfax, VA 22031-6050	Toll Free:800- 616-2242 Fax: 800 716-2242 TTY:800- 516-2242 Website: www.nccic.acf.hhs.gov
DENTAL CARE		
Donated Orthodontics Program - American Association of Orthodontic (Rev.11/17/20)	AAO, Attn: Donated Orthodontic Services 401 North Lindbergh Blvd., St. Louis, MO 63141	Attn: Donated Orthodontic Services Ph: 800.424.2841 x582 Fax 314-689-0293 Website: https://www.aaoinfo.org/ /dos/

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

East Carolina University School Of Dental Medicine (Rev.06/10/24)	1851 MacGregor Downs Road Greenville, NC 27834	Ph:252- 331-7225 OR 252-737-7834 Website: https://dental.ecu.edu
Grottoes Humanitarian Foundation,	Grottoes Humanitarian Foundation, 430 Beecher Road, Gahanna, OH 43230	Ph:614- 933-0711 Fax:614- 933-0481 Website: www.hfgrotto.org
Humanitarian Foundation-Dental Care for Children with Special Needs	Humanitarian Foundation -Dental Care for Children with Special Needs Main Office: 430 Beecher Rd Gahanna Ohio 43230-1797	Main Office: 614-933-0711 Fax: 614-933-0481 Email: humanitarian.foundation@hfgrotto.org Website: www.hfgrotto.org
North Carolina Farmworker Health Program-AppHealthCare (Rev.06/24/24)	AppHealthCare 157 Health Services Rd, Sparta, NC 28675	Ph: 336- 572-1097 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Black River / Manos Unidas (Rev.06/24/24)	Black River / Manos Unidas 126 West Main Street Atkinson, NC 28421	Ph: 910- 789-9283 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Good Samaritan Clinic (Rev.06/24/24)	Good Samaritan Clinic 500 East Parker Road Morganton, NC 28655	Ph: 828- 212-4176 Fax: 828-212-4193 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-North Carolina Farmworkers Project (Rev.06/24/24)	North Carolina Farmworkers Project 200 S. King Avenue Dunn, NC 28334	Ph: 919- 701-1306 Fax: 919-701-1084 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Piedmont Health Services (Moncure Community Health Center) (Rev.06/24/24)	Piedmont Health Services (Moncure Community Health Center) 7228 Moncure Pittsboro Rd Moncure, NC 27559	Ph: 919- 542-4991 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Piedmont Health Services (Prospect Hill Community Health Center) (Rev.06/24/24)	Piedmont Health Services (Prospect Hill Community Health Center) 322 Main St. Prospect Hill, NC 27314	Ph:336- 562-3311 x1809 Fax:336- 562-4444 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

North Carolina Farmworker Health Program-Rural Health Group (Rev.06/24/24)	Rural Health Group 100 Parkview Drive West Henderson, NC 27536	Ph: 252 574-2506 Fax: 252 438-2084 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Surry Medical Ministries (Rev.06/24/24)	Surry Medical Ministries 813 Rockford St. Mt Airy, NC 27030	Ph:336- 789-5058 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Vecinos Inc. (Rev.06/24/24)	Vecinos Inc. 3971 Little Savannah Rd., Office 173 Culowhee, NC 28723	Ph: 828- 293-2274 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
Tidal Smiles Pediatric Dentistry (Rev.09/30/23)	1755 City Center Blvd, Suite B-2 Elizabeth City, NC 27909	Ph: 252-251-1900 Website: https://tidalsmiles.com/
DEVELOPMENTAL DISABILITIES		
ASDF-Autism Spectrum Disorder Foundation (Rev.12/11/20)	Autism Spectrum Disorder Foundation 228 W. Lincoln Highway 301 Schererville, IN 46375	Toll-free: 877.806.0635 Fax: 484.423.2346 Email: myasdf@yahoo.com Website: https://myasdf.org/contact-us
Autism Speaks (Rev.05/25/23)	Autism Speaks	Ph: 888-288-4762 Website: http://www.autismspeaks.org
Behavior Analyst Certification Board (Rev.12/19/18)	Behavior Analyst Certification Board 7950 Shaffer Parkway Littleton, CO 80127	Ph: 720-438-4321 Fax:720-468-4145 Website: https://www.bacb.com
CHADD of Virginia for Children and Adults with Attention	CHADD of Virginia for Children and Adults with Attention 4221 Forbes Blvd, Suite 270 Lanham, MD 20706	Ph: 301-306-7070 Fax: 301-306-7090

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

The Arc of the United States,	The Arc of the United States, 1660 L. Street, N.W., Suite 301, Washington, D.C. 20036	Toll Free:800- 433-5255 Fax:202- 534-3731 Website: www.thearc.org
DISEASE SPECIFIC GROUPS		
American Cochlear Implant Alliance (Rev.11/14/19)	American Cochlear Implant Alliance	Website: www.acialliance.org
Alexander Graham Bell Association for the Deaf and Hard of Hearing (Rev.11/14/19)	Alexander Graham Bell Association for the Deaf and Hard of Hearing 3417 Volta Place NW Washington, D.C. 20007	Ph: 202-337-5220 TTY: 202-337-5221 Fax: 202-337-8314 Email:
American Cancer Society	American Cancer Society	Toll Free:800- 227-2345 TTY: 866- 228-4327 Website: www.cancer.org
American Cancer Society Patient Lodging Programs (Rev.08/11/22)	American Cancer Society Patient Lodging Programs	Ph:800-227-2345 Website:https://www.cancer.org/support- programs-and-services/patient- lodging.html
American Cancer Society - Transportation for Cancer Patients (Rev.08/11/22)	American Cancer Society - Transportation for Cancer Patients	Ph:1-800-227-2345 Website:https://www.cancer.org/support- programs-and-services/road-to- recovery.html
American Diabetes Association	American Diabetes Association, 1701 N. Beauregard St., Alexandria, VA 22311	Toll Free:800- 342-2383; Website:www.diabetes.org
American Kidney Fund's (Rev.1/14/19)	11921 Rockville Pike, Suite 300, Rockville, MD 20852	Ph:866-300-2900 Website:http://www.kidneyfund.org
American Society for Deaf Children (Rev.11/14/19)	American Society for Deaf Children	Website:www.deafchildren.org
Autism Society of America	Autism Society of America 4340 East-West Highway, Suite 350, Bethesda, MD 20814	Ph:301- 657-0881 Toll Free:800- 328-8476 Website:www.autism-society.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Boys Town Center for Hearing Loss in Children (Rev.11/14/19)	Boys Town Center for Hearing Loss in Children	Website:www.boystownhospital.org
Cystic Fibrosis Foundation	Cystic Fibrosis Foundation, 6931 Arlington Rd., 2nd fl., Bethesda, MD 20814	Toll Free:301- 951-4422 Toll Free:800- 344-4823 Fax:301- 951-6378 Website: www.cff.org
Down Syndrome Society	Down Syndrome Society	Toll Free:800- 221-4602 Website:www.ndss.org
Epilepsy Foundation	Epilepsy Foundation 8301 Professional Place, Landover, MD 20785	Toll Free:800- 332-1000; Website:www.epilepsyfoundation.org
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español)
Leishman Foundation-Survivors of Sepsis,Acute Respiratory Distress Syndrome (ARDS) and Toxic Shock Syndrome (TSS) (Rev.05/25/23)	Leishman Foundation-Survivors of Sepsis,Acute Respiratory Distress Syndrome (ARDS) and Toxic Shock Syndrome (TSS)	Ph:855-824-7941 Website:www.patientadvocate.org/
Lions Club International-Sight Programs	Lions Club International-Sight and Hearing Aids Programs 300 W. 22nd St. Oak Brook, IL 60523	Website: www.lionsclubs.org Ph: 630-468-6901 Fax: 630-571-5735
Muscular Dystrophy Association,	Muscular Dystrophy Association, 3300 E. Sunrise Dr., Tucson, AZ 85718	Toll Free:800- 572-1717 Website: www.mda.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

National Asthma Education and Prevention Program-National Heart, Lung and Blood Institute	P.O Box 30105 Bethesda, MD 20824	Ph:301-592-8573 Fax:240-629-3246 Website: www.nhlbi.org
National Autism Association	National Autism Association, 1330 W. Schatz Lane, Nixa, MO 65714	Toll Free: 877- 622-2884 Website: www.nationalautismassociation.org
National Children's Cancer Society	National Children's Cancer Society, One South Memorial Drive, Suite 800, St. Louis, MO 63102	Ph:314- 241-1600 Fax: 314- 241-1996 Website: www.children-cancer.org
National Multiple Sclerosis Society	National Multiple Sclerosis Society, 1100 New York Aven., N.W., Suite 660, Washington, D.C. 20005	Toll Free:800- 344-4867 Website: www.nationalmssociety.org
National Spinal Cord Injury Hotline	National Spinal Cord Injury Hotline	Toll Free:800-962-9629
New Eyes	New Eyes 549 Millburn Avenue P.O. Box 332 Short Hills, NJ 07078	Ph:973-376-4903 Website: www.neweyesforthe needy.org
TBI One Love	TBI One Love, P.O. Box 93044, Southlake, Texas 76092	Ph:817- 739-2850 Website: www.tbionelove.com
The Journal of Early Hearing Detection and Intervention (JEHDI) (Rev 12/10/19)	The Journal of Early Hearing Detection and Intervention (JEHDI)	Website: https://digitalcommons.usu.edu/jehdi/
United Cerebral Palsy	United Cerebral Palsy, 1660 L. St., N.W., Suite 700 Washington, D.C. 20036	Ph:202- 776-0406 Toll Free: 800- 872-5827 Fax:202- 776-0414 Website:
Spina Bifida Association of America	Spina Bifida Association of America, 4590 MacArthur Blvd., N.W., Suite 250, Washington, D.C. 20007	Ph: 202- 944-3285 Toll Free:800- 621-3141 Fax: 202- 944-3295
Tourette Syndrome: Association of Greater Washington	Tourette Syndrome: Association of Greater Washington 1398 Lamberton Dr. Suite 204 Silver Spring, MD 20902	Ph:301- 681-4133 Website: http://www.tsagw.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

United Spinal Association (Rev.01/20/23)	United Spinal Association 120-34 Queens Blvd. #320 Kew Gardens, NY 11415	Ph:718-803-3782 Fax: 718-803-0414 Contact: Megan Chintalla Ph: 718-803-3782, x 7253 OR Eric Hall, Ph:718-803-3782, x 7185 Website:https://unitedspinal.org
United Spinal Association -Spinal Cord Resource Center (Rev.01/20/23)	120-34 Queens Blvd, Suite 330 Kew Gardens, NY 11415	Resource Center Hotline 800-962-9629 Ph:718- 803-3782 Fax: 718-803-0414 Contact: Megan Chintalla Ph: 718-803-3782, x 7253 OR Eric Hall, Ph:718-803-3782, x 7185 Website:https://unitedspinal.org
Virginia Fragile X Resource Center	Virginia Fragile X Resource Center 1615 Bonanza St. Suite 202 Walnut Creek, CA 94596	Ph:800- 688-8765 Fax: 925- 938-9315 Email: natlfx@fragilex.org
DME		
AdaptHealth (Rev.02/16/23)	AdaptHealth	Ph:844-679-1564 Website:https://adapthealth.com
Adaptivemall.com	Adaptivemall.com Bergeron Health Care 15 South Second Street Dolgeville, NY 13329	Toll Free: 800-371-2778 (8:30 AM-5:00 PM M-F Eastern Standard Time) International Ph:315-429-7112 Fax: 315-429-
America's Health Care at Home, Inc. (Rev.09/28/21)	1510 Caton Center Drive Suite R Baltimore, MD 21227	Ph:410- 737-9200 or 800- 545-6026 Fax:800- 545-6071 Email: info@ahcah.com Website: https://www.ahcah.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

APRIA Healthcare (Rev.08/23/23)	Salisbury Location: 70 Industrial Park Dr, Waldorf, MD 20602 Linthicum Location: 701 Digital Dr Ste A-C, Linthicum Heights, MD 21090 Hagerstown Location: 919 Sweeney Dr, Hagerstown, MD 21740 Wisconsin Location: 5345 S Moorland Rd, New Berlin, WI 53151	Salisbury Location: Ph: 301- 374-9602 Linthicum Location: Ph: 443-792-4496 Hagerstown Location: Ph: 301- 791-5500 Wisconsin Location: Ph: 262- 207-1551
Bristol Orthotics (Rev.10/22/19)	Bristol Orthotics	Ph:800- 524-4447 Bristol, TN - 423- 968-4442 - Greensville, TN - 423- 638-2670 Johnson City, TN 423- 900-8909
Charitable Organizations for Potential Funding- Children's with disabilities Relief Fund	Charitable Organizations for Potential Funding-Children's with Disabilities Relief Fund P.O. Box 89 Freeport, New York 11520	Ph:516-377-1605 Website:www.dcrf.com
Charitable Organizations for Potential Funding-First Hand Foundation	First Hand Foundation Cerner Corporation 2800 Rockcreek Parkway Kansas City, Missouri 64117	Phone: 816-221-1024 secretary 816-201-1569 case manager Fax: 816-201-7569 Contact: Shanna Hill, Foundation Case Manager ~~Web: www.firsthandfoundation.com~~
Charitable Organizations for Potential Funding-The United Healthcare Children's Foundation	The United Healthcare Children's Foundation P.O. Box 41 Minneapolis, MN 55440	Toll Free: 800-328-5979 Ext. 24459 or 952-992-4459 (Voice mail line only) Web: www.unitedhealthcarechildrensfoundation.org/ or www.uhccf.org/
Charitable Organizations for Potential Funding-Variety of Eastern Tennessee	Variety of Eastern Tennessee 7132 Regal Lane Knoxville, TN 27918	Phone: 865-925-9906 Fax: 865-521-8343 Email: VarietyEastTenn@USVariety.org Web: www.varietyn.org
Coram CVS Enteral Nutrition Services (Rev.02/14/23)	Coram CVS Specialty Infusion Services 2211 Sanders Road NBT-6 Northbrook, IL 60062	Toll Free: 877-936-6874 Fax: 800-693-7322 Website:https://www.coramhc.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Duraline Medical Supplies	Duraline Medical Supplies 324 Werner Street P.O. Box 67 Leipsic, Ohio 45856-1039	Toll Free 1-800-654-3376 Ph:419- 943-2044 Local Fax: 419- 943-3637 Email: duraline@fairpoint.net
EDGE PARK (Rev.06/13/23)	1810 Summit Commerce Park Twinsburg, OH 44087	Ph:800-321-0591 Fax:330- 425-4355
EDGE PARK-Ostomy Territory Sales Representative (Rev.06/13/23)	1810 Summit Commerce Park Twinsburg, OH 44087	Contact: Rachel Ducay Territory Sales Representative Ostomy & Urology
Excel Orthotics (Rev.10/22/19)	Excel Orthotics 800 W. Market St, Johnson City, TN 37604	Ph: 423- 928-9027
First Hand Foundation (Rev.06/05/20)	First Hand Foundation 2800 Rockcreek Parkway Kansas City, MO 64117	Ph: 816-201-1569 Fax: 816-571-1569 Email: firsthandfoundation@cerner.com Website: www.firsthandfoundation.org
Jones Adaptive Equipment (Rev.10/22/19)	Jones Adaptive Equipment 3441 Highway 126 Blountville, TN 37617	Ph: 423- 844-0939
Lincare Enteral Services-Elizabeth City, NC (Rev.02/01/23)	1910 Weeksville Road, Suites 106 & 107 Elizabeth City, NC 27909	Ph:252-335-7814 Fax:252- 347-0472 Toll Free: 800- 965-2689 Website: http://www.lincare.com/
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility 3708 E. Stone Dr, Kingsport, TN 37660	Ph:423- 282-1801 Toll Free:877- 326-0972 Website: http://www.rehabhealthcare.com/ Email: admin@rehabhealthcare.com
United Spinal Association -Disability Products & Services Guide (Rev.01/20/23)	120-34 Queens Blvd, Suite 330 Kew Gardens, NY 11415	Ph:718-803-3782 Fax: 718-803-0414 Contact: Megan Chintalla Ph: 718-803-3782, x 7253 OR Eric Hall, Ph:718-803-3782, x 7185 Website:• Product and Service Directory: www.spinalcord.org
Oley Foundation Equipment/Supply Exchange	Oley Foundation Equipment/Supply Exchange	Contact: Tammi & Robert Stillion Email: Oleyequipment@aol.com Toll-free: 866- 454-7351 between 9 a.m. and 4 p.m. EST. Website: www.oley.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Southpaw Enterprises, Inc.	Southpaw Enterprises, Inc. PO Box 1047 Dayton, OH 45401	Toll-Free: 800-228-1698 International: 937-252-6460 Fax: 937-252-8502 Email:
The National Diaper Bank Network	The National Diaper Bank Network 129 Church Street, Suite 611 New Haven, CT 06510	Ph:203- 821-7348 Website:info@diaperbanknetwork.org
DOMESTIC VIOLENCE		
American Bar Association	American Bar Association Commission on Domestic Violence, 740 15th Street, NW. 9th Floor, Washington, D.C. 20005-1022	Ph:202- 662-1000; Website:www.abanet.org/domviol/home. html
A program of Ayuda-Survivors of Domestic Violence	A program of Ayuda 1707 Kalorama Road, NW Washington, DC 20009	Ph:202-387-4848 Fax: 202-387-0324 Web site:http://www.ayudainc.org
Break the Cycle's legal services (Rev. 2/14/18)	Break the Cycle's legal services	Ph: 202-849-6289 Email: mberesin @ breakthecycle.org Website:https://www.breakthecycle.org/l
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev. 4/11/18)	LGBTQ Partner Abuse & Sexual Assault Helpline	Toll Free:866-356-6998 Text:804-793-9999 Website: www.vadata.org
National Coalition Against Domestic Violence	National Coalition Against Domestic Violence, 1120 Lincoln Street, Suite 1603, Denver, CO 80203	Ph:303- 839-1852 Website: www.ncadv.org
National Domestic Violence Hotline	National Domestic Violence Hotline	Toll Free:800- 799-7233 Website: www.ndvh.org
EARLY INTERVENTION		
The Arc of the United States	The Arc of the United States, 1660 L. St., N.W., Suite 301, Washington, D.C. 20036	Ph:202- 534-3700 Toll Free:800- 433-5255 Fax:202- 534-3731
United States Department of Education, Early Intervention Program for Infants and Toddlers with Disabilities,	Education, Early Intervention Program for Infants and Toddlers with Disabilities, 400 Maryland Ave., S.W., Washington, D.C. 20202	Toll Free:800- 872-5327 TTY: 800- 437-0833 Website: www.2.ed.gov
EDUCATION		
Federation for Children with Special Needs	Federation for Children with Special Needs, 1135 Tremont St., Suite 420, Boston, MA 02120	Ph:617- 236-7210 Toll Free:800- 331-0688 Fax:617- 572-2094 Website:

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Mano a Mano, Inc.	Mano a Mano, Inc. 3700 Commerce Blvd. Suite 216 Kissimmee, Florida 34741	Ph:321- 348-TRILINGUAL 321- 348-8745 voice/text
National Dissemination Center for Children with Disabilities (NICHCY)	National Dissemination Center for Children with Disabilities (NICHCY), 1825 Connecticut Avenue NW, Suite 700, Washington, DC 20009	Ph:202- 884-8200 (Voice/TTY) Toll Free:800- 695-0285 (Voice/TTY); Fax:202- 884-8441 Website: www.nichcy.org
S.H. Leverett Educational Consulting	S.H. Leverett Educational Consulting	Contact: S. H. Leverett, Ph.D. Email: Contact form found at:
The Clerc Center	"The Clerc Center 800 Florida Avenue NE, Washington, DC 20002	Ph:202- 651-5682 202 250-2713 (VP) Fax:202- 651-5857
EMERGENCY PREPAREDNESS		
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers: "ASL Now" button or call 1-800- 985-5990
National Organization on Disability	National Organization on Disability, 1625 K Street N.W., Suite 802, Washington, D.C. 20006	Ph:202- 293-5960 Website: www.nod.org
EMPLOYMENT		
Family Village	Family Village	Website:www.familyvillage.wisc.edu
National Organization on Disability	National Organization on Disability, 1625 K Street N.W., Suite 802, Washington, D.C. 20006	Ph:202- 293-5960 Website:www.nod.org
The U.S. Department of Labor for Individuals with Disabilities	The U.S. Department of Labor	Website:VisitDisability.gov.
United States Department of Labor	United States Department of Labor - Office of Disability Employment Policy, 200 Constitution Ave., NW, Washington, D.C. 20210	Toll Free:866- 487-2365 TTY:877- 889-5627 Website: www.dol.gov
Work WORLD	Work WORLD	Website: http://www.workworld.org/howtogetWW. html
FINANCIAL ASSISTANCE		

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

About Hearing Charities of America	Hearing Charities of America 1912 E. Meyer Blvd. Kansas City, Missouri 64132	Ph: 816-333-8300 Website: http://www.hearingcharities.org/
Affordable Connectivity Program (ACP) (Rev.05/11/22)	Complete the application and Household Worksheet must be send along with copies of your proof documentation, to: ACP Support Center PO Box 7081 London, KY 40742	Website: https://www.affordableconnectivity.gov/how-to-apply
Alexander Graham Bell association for the Deaf and Hard of Hearing -	Alexander Graham Bell association	Ph:202-337-5220 Email: financialaid@agbell.org
Angel Food Ministries	Angel Food Ministries Mail: P.O. Box 128 Good Hope, Georgia 30641 Visit: 1620 S. Broad St. Monroe, Georgia 30655	Toll Free:877-FOOD-MINISTRY (1-877-366-3646) Office Ph: 770-267-7015 OR To Find a Host Site: 888-819-3745 Fax: 770-267-8031 Email:
Assurance Wireless	Assurance Wireless	Website: http://www.assurancewireless.com/Public/HowToQualify.aspx
Aubrey Rose Foundation	Aubrey Rose Foundation Applications and requests for information should be directed to: Mr. Jerry Hollenkamp, Jr., Trustee Mrs. Nancy Hollenkamp, Trustee Aubrey Rose Hollenkamp Children's Trust 4480 Oakville Drive Cincinnati, OH 45211	Ph:513- 728-2682 Website: https://aubreyrose.org/
Cancer Care	Cancer Care	Toll Free: 800-813-HOPE (4673) Website: http://www.cancercare.org/financial
Children's Defense Fund	Children's Defense Fund, 25 E. St., N.W., Washington, D.C. 20001	Ph:202- 662-8787 Toll Free:800- 233-1200 Website: www.childrensdefense.org
Christians Overcoming Cancer	Christians Overcoming Cancer	Website: http://christiansovercomingcancer.com/

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Co-pay Relief-The HealthWell Foundation	Co-pay Relief-The HealthWell Foundation	Website: www.healthwellfoundation.org
Disabled Children's Relief Fund	Disabled Children's Relief Fund, P. O. Box 89, Freeport, NY 11520	Ph:516- 377-1605 Fax: 516- 377-3978 Website: www.dcrf.com
Eli's Heart	Eli's Heart	Email: Email: contact@elisheart.org Website: http://elisheart.org/contact/
Financial Assistance for Military Families by American Red Cross (Rev.08/11/22)	Financial Assistance for Military Families by American Red Cross	Ph:877-272-7337 Website: https://www.redcross.org/get-help/military-families/financial-assistance.html
First Hand Foundation	First Hand Foundation, 2800 Rockcreek Pkwy. Kansas City, MO 64117	Ph:816- 201-1569 Fax:816- 571-1569 Website: www.firsthandfoundation.org
Friends of Man (Rev.09/30/23)	Friends of Man P.O. Box 937 Littleton, Colorado 80160-0937	Ph:303- 798-2342 Website: https://www.friendsofman.org/about-contact.php
Grant Angel Wishes and Travel Foundation®	Grant Angel Wishes and Travel Foundation®	Toll Free: 888-578-8008 Fax: 888-771-3361 Website: www.GrantAngelWishesandTravel.org
HealthWell's Pediatric Assistance Fund (Rev.11/24/20)	Headquarters 20440 Century Blvd., Suite 250 Germantown, MD 20874	Ph:800-675-8416 Fax:800- 282-7692 Website: https://www.healthwellfoundation.org/fund
Hear Now Program -Starkey Hearing Foundation	Hear Now Program -Starkey Hearing Foundation 6700 Washington Ave South Eden Prairie,MN 55344	Toll Free:800-328-8602 Website: www.starkeyhearingfoundation.org/hear-now.php
HUD's Homelessness Resource Exchange (HRE)	HUD's Homelessness Resource Exchange (HRE)	Website: www.hudhre.info

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Icing Smiles	Icing Smiles 4725 Dorsey Hall Drive Suite A-807 Ellicott City, MD 21042	Ph: 443-326-3569 Website: http://www.icingsmiles.org/ Email: info@icingsmiles.org Tracy Quisenberry Founder/Executive Director
June Jessee Memorial Foundation (JJMF) (Rev.09/30/23)	June Jessee Memorial Foundation P.O. Box 37016 St. Louis, MO 63141	Contact: Allison Reichart Director of Development and Operations Email: allison@junejessee.org Becky Belanger
Leishman Foundation-Survivors of Sepsis, Acute Respiratory Distress Syndrome (ARDS) and Toxic Shock Syndrome (TSS) (Rev.05/25/23)	Leishman Foundation-Survivors of Sepsis, Acute Respiratory Distress Syndrome (ARDS) and Toxic Shock Syndrome (TSS)	Ph: 855-824-7941 Website: www.patientadvocate.org/financialaid
Muscular Dystrophy Association	3300 E Sunrise Dr., Tucson, AZ 85718-3208	Toll Free: 800.572.1717, or 520.529.2000 - Fax: 520.529.5300 E-mail: mda@mdausa.org Website: www.mdausa.org
National Association of Injured & Disabled Workers (NAIDW) - Grants Program	National Association of Injured & Disabled Workers (NAIDW) - Grants Program P.O. Box 66 Fox Lake, IL 60020	Toll Free: 888-788-6243 ALT Ph: 847-629-5148 Fax: 847-629-5149
National Association of the Deaf (Rev.11/15/19)	National Association of the Deaf	Website: www.nad.org
National Cued Speech Association (Rev.11/15/19)	National Cued Speech Association	Website: www.cuedspeech.org
National Down Syndrome Society	666 Broadway, New York, NY 10012-2317	Toll Free: 800.221.4602 or 212.460.9330 E-mail: info@ndss.org Website: http://www.ndss.org
National PKU Alliance	National PKU Alliance	Website: http://www.pku.com
Oracle Health Foundation (Rev.09/30/23)	Oracle Health Foundation 8779 Hillcrest Road Dock 2048 Kansas City, MO 64138	Ph: 816-201-1569 Email: oraclehealthfoundation_ww@oracle.com Website: https://www.oraclehealthfoundation.org/
SafeLink Wireless -TracFone	SafeLink Wireless -TracFone	Toll Free: 800-977-3768 or visit Website: www.safelinkwireless.com .

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

The National Children's Cancer Society	The National Children's Cancer Society Patient & Family Services One South Memorial Drive Suite 800 Saint Louis, MO 63102	Toll Free:800-532-6459 Fax: 314-241-6949
The UnitedHealthcare Children's Foundation	The UnitedHealthcare Children's Foundation	Website: www.uhccf.org.
The USDA National Hunger Hotline	The USDA National Hunger Hotline	Toll Free:866-348-6479 Website:www.whyhunger.org
Unique-Understanding Chromosome Disorders	G1 The Stables, Station Road West, Oxted, Surrey, RH8 9EE,UK	Beverly Searle PhD Unique Chief Executive Officer E-mail: info@rarechromo.org or rarechromo@aol.com Tel: +44 (0)1883 723356
Variety of the National Capital Region (Variety DC) (Rev.09/30/23)	1705 N St. NW Washington, DC 20036	Contact:Leigh Burke Executive Director Ph:202-719-9544 Email:leigh@varietydc.org Website:https://varietydc.org
FORMULA		

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Abbott Patient Assistance Foundation	Abbott Patient Assistance Foundation	Website: http://www.abbottpatientassistancefoundation.org/ Abbott Patient Assistance Foundation (Lupron) 800-222-6885 Abbott Patient Assistance Foundation 800-222-6885 Abbott Patient Assistance Foundation (HUMIRA) 800-222-6885 Abbott Patient Assistance Foundation (Zemplar) 800-222-6885 Abbott Patient Assistance Foundation - AndroGel, Creon 800-256-8918 Abbott Patient Assistance Foundation - Kaletra & Norvir 800-222-6885 Abbott Patient Assistance Foundation - Marinol 800-222-6885 opt. 7 Abbott Patient Assistance Foundation - Medical Nutrition 800-222-6885
Black Mothers' Breastfeeding Association (BMBFA)	Black Mothers' Breastfeeding Association (BMBFA) 9641 Harper Ave Detroit, MI 48213	Toll Free: 800-313-6141 Website: blackmothersbreastfeeding.org Email: blackmothersbreastfeeding@gmail.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Breastfeeding USA	Breastfeeding USA	Website:https://breastfeedingusa.org
Enfamil Formula	Enfamil Formula	Toll Free:866-4BABY12 (1-866-422-
Jennifer Kovacs,International Board Certified Lactation Consultant Albemarle Health-Albemarle Hospital 109 Broadbay Drive Kill Devil Hills, NC 27948	Jennifer Kovacs,International Board Certified Lactation Consultant Albemarle Health-Albemarle Hospital 109 Broadbay Drive Kill Devil Hills, NC 27948	Ph: 252.455.0426 Practice: Hospital, Private Practice
La Leche League	La Leche League International 957 N. Plum Grove Road Schaumburg, IL 60173, USA	Ph:847-519-7730 Toll Free: 800-LALECHE (800- 525-3243) Fax: 847-969-0460 ~~Customer service: 847-519-9595~~
Nestle Patient Assistance Program	Nestle Health Care Nutrition Inc. 10801 Red Circle Drive Minnetonka, MN 55343	Contac: Theresa Kleven Compliance Specialist Ph:925-848-6185
HOME CARE		
Capital City Nurses -Chevy Chase, Maryland (Rev.12/02/22)	8401 Connecticut Avenue, Suite 1030 Chevy Chase, MD 20815	Ph: 866-687-7307 Website:https://capitalcitynurses.com
Capital City Nurses - Columbia, Maryland (Rev.12/12/22)	10440 Little Patuxent Parkway, Suite 300 (Room 10), Columbia, MD 21044	Ph: 410-639-6422 Website:https://capitalcitynurses.com
Capital City Nurses - Washington, D.C (Rev.12/12/22)	4900 Massachusetts Avenue NW, Suite 330, Washington, D.C. 20016	Ph: 202-243-0110 Website:https://capitalcitynurses.com
Coastal Home Care - Salisbury, MD (Rev.12/12/22)	224 E. Main Street, Salisbury, MD 21804	Ph:410-572-5606 Fax:410-572-6041 Website:https://www.coastalhomecarees.com
Coastal Home Care - Delaware (Rev.12/12/22)	20771 Professional Park Boulevard, Suite 2, Georgetown, DE 19947	Ph:302-752-1800 Website:https://www.coastalhomecarees.com
Maxim Healthcare-Columbia, MD (Rev.11/16/22)	7227 Lee Deforest Dr Columbia, MD 21046	Ph:410-910-1500 Website:www.maximhealthcare.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Maxim Healthcare- Millersville, MD (Rev.11/16/22)	1110 Benfield Blvd Suite F-G Front Millersville, MD 21108	Ph:443- 274-3071 Fax:866- 883-3430 Email:millersvilleoffice@maxhealth.com
Maxim Healthcare- Silver Spring, MD (Rev.11/16/22)	962 Wayne Ave. Suite 600 Silver Spring, MD 20910	Ph:301- 585-9595 Fax:877- 394-2171 Email:sspringhh@maxhealth.com
Maxim Healthcare- Timonium, MD (Rev.11/16/22)	1954 Greenspring Dr. Suite 200 Timonium, MD 21093	Ph:410- 494-0260 Fax:877- 717-2785 Email:towsonhh@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Asheville, NC (Rev.11/16/22)	Maxim Healthcare 1269 Tunnel Rd,Suite E Asheville, NC 28805	Ph:828.299.4388 Fax: 828.299.9323 Email:AshevilleOffice@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Charlotte,N.C (Rev.11/16/22)	Maxim Healthcare 1300 Baxter St, Suite 450 & 455 Charlotte, NC 28204	Ph:704-366-1075 Fax:855-591-5928 Email:CharlotteNCHomecare-045@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Fayetteville,N.C (Rev.11/16/22)	Maxim Healthcare 4151 Sycamore Dairy Rd,Suite F Fayetteville, NC 28303	Ph:910.485.2255 Fax:866.846.5048 Email:FayettevilleNC@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Greensboro, NC (Rev.11/16/22)	Maxim Healthcare 200 Centreport Dr,Suite 300 Greensboro, NC 27409	Ph:336- 852-3148 Fax:877- 306-6798 Email:greensboro@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Greenville, NC (Rev.11/16/22)	Maxim Healthcare 1400 East Firetower Rd,Suite 100 Greenville, NC 27858	Ph:252-215-3027 Fax:844-588-9612 Email:GreenvilleNCOneMaxim@maxhealth.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Maxim Healthcare-Louisburg, NC (Rev.11/16/22)	Maxim Healthcare 216 N Bickett Blvd, Suite 2 Louisburg, NC 27549	Ph:919- 496-3612 Fax:855- 217-7121 Email:LouisburgOffice@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare-Morehead City (Rev.11/16/22)	Maxim Healthcare 2900 Arendell Street, Unit 20 Morehead City, NC 28557	Ph:252-726-8746 Fax:252- 726-6673 Email:moreheadcityoffice@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Raleigh, NC (Rev.11/16/22)	Maxim Healthcare 8521 Six Forks Rd Suite 350&360 Raleigh, NC 27615	Ph:919- 676-3118 Fax:877- 839-6760 Email:rdustaffing@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare-Wilmington, NC (Rev.11/16/22)	Maxim Healthcare 2106 South 17th St. Wilmington, NC 28401	Ph:910.251.8990 Fax:844.845.2127 Email:Wilmington@maxhealth.com Website:www.maximhealthcare.com
National Association for Home Care & Hospice	National Association for Home Care & Hospice, 228 Seventh Street, SE, Washington, D.C. 20003	Ph:202- 547-7424 Fax: 202- 547-3540 Website: www.nahc.org
Silver Lining Home Care Dover, DE (Rev.12/12/22)	24 Hiawatha Lane Dover, DE 19904	Ph:302-724-7902 Email: jackie@silverlininghealthcare.com Website:https://silverlininghealthcare.com
HOUSING ASSISTANCE/HOUSING SERVICES		
AHC(Affordable Rental Housing) (Rev.12/31/21)	AHC Greater Baltimore 1501 Saint Paul Street Suite 111 Baltimore, MD 21202	Ph:410-685-0366 Website:https://www.ahcinc.org
National Resource Center on Supportive Housing and Home Modification	National Resource Center on Supportive Housing and Home Modification 101 Montgomery Street Suite 2150 San Francisco, CA 94104	Ph: 415.434.3388 Toll Free:800.445.8106 Website:http://www.homemods.org
INFORMATION AND REFERRAL		

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

INSTITUTIONAL CARE/SUPPORTS		
HospiceLink	HospiceLink Three Unity Square Post Office Box 98 Machiasport, Maine 04655	Ph:800-331-1620 Fax:207-255-8008 Email:hospiceall@aol.com Website:www.hospiceworld.org
LEGAL RESOURCES		
American Bar Association (ABA), Children's Immigration Law Academy (CILA) (Rev.02/20/25)	3605 Katy Freeway, Ste. 100, Houston, TX 77007	Email:probono@abacila.org Website: https://cilacademy.org/pro- bono/pro-bono-matters/ , probono@abacila.org
American University Defending the Dream Initiative (Rev.02/20/25)	4300 Nebraska Avenue NW, Suite Y265, Washington, DC 20016	Ph:202-274-4147 Email:audream@wcl.american.edu Website:https://www.wcl.american.edu/a cademics/experientialedu/clinical/theclini cs/ijc/audream/
Ayuda-Immigration Services (Rev.12/31/21)	Maryland 8757 Georgia Ave, Suite 800 Silver Spring, MD 20910 DC & Administrative Office 1990 K Street NW, Suite 500 Washington, DC 20006	Maryland Office: Ph:240-594-0600 DC & Administrative Office Ph:202- 387-4848 Website:https://www.ayuda.com/
Congregation Action Network (Rev.12/31/21)	1616 P Street NW, Suite 300 Washington, DC 20036	Contact Lead Organizer: Omar Angel Perez Ph: 202-591-6140 Email: oangelperez@faithinaction.org Website:https://www.congregationaction
Hook Law Center (Rev.05/23/23)	Southern Shores Business Center 8 Juniper Trail First Floor Southern Shores, NC 27949	Ph: 252-650-5416 Fax: 757-397-1267 Website:https://hooklaw.net
Kids First / Child Advocacy Center (Rev.06/28/24)	1825 West City Drive, Suites A&B Elizabeth City, NC 27909	Ph:252- 338-5658 Fax: 252-338-0879 Website:https://kidsfirstinc.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Kids in Need of Defense (Washington DC Office (Rev.02/20/25))	1300 L Street NW, Suite 1150, Washington, DC 20005	Ph:202- 824-8686 Email: pkonings@supportkind.org Website: http://www.supportkind.org ,
Marmol & Marmol, PLLC Immigration Attorneys (Rev.10/08/24)	21430 Cedar Drive, Suite 208, Sterling, VA 20164	Ph:703- 570-6491 Email: amarmol@marmolpllc.com and jmarmol@marmolpllc.com Website: https://www.marmolpllc.com
Medical-Legal Partnership (Rev.08/22/22)	Mailing Address Milken Institute School of Public Health The George Washington University ATTN: Danielle Rahajason, National	Contact: Danielle Rahajason Project Lead Ph:202- 994-6626 Email: nrahajas@gwu.edu
The Asylum Seeker Advocacy Project (ASAP) (Rev.12/31/21)	Asylum Seeker Advocacy Project 228 Park Ave. S. #84810 New York, NY 10003-1502	Email: info@asylumadvocacy.org. Websit e: https://www.asylumadvocacy.org/
The Capital Area Immigrants' Rights Coalition-CAIR (Rev.12/21/21)	Washington, DC 1025 Connecticut Avenue NW, Suite 701, Washington, DC 20036 Maryland 1 North Charles Street, Suite 2305, Baltimore, MD, 21201	Website: https://www.caircoalition.org Contacts: Kathryn M. Doan, Esq. Executive Director Email: kathy.doan@caircoalition.org Adina Appelbaum, Esq.
The Eviction Legal Helpline (Rev.08/05/21)	The Eviction Legal Helpline	The Eviction Legal Helpline: 1-833-NoEvict (1-833-663-8428)
USCRI in Raleigh, NC- U.S. Committee for Refugees	USCRI North Carolina Scott Phillips, Director 3824 Barrett Drive, Suite 200 Raleigh, NC 27609	Ph: 919-334-0072 Fax: 919-324-3687 Email: info@uscrinc.org Website: www.refugeesNC.org
LGBTQ		
MEDICAL CARE		
Albemarle Regional Health Services (Rev.06/24/24)	Pasquotank County 252-338-4400 711 Roanoke Ave,	Pasquotank County Ph:252- 338-4400 Perquimans County Ph:252-426-2100
Children's National Hospital- Obesity Program (Rev.12/08/20)	111 Michigan Avenue NW, Washington, DC, 20010	Ph:1-888-884-BEAR (2327) Website: childrensnational.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Currituck County Health Department- ARHS (Rev.06/05/24)	2795 Caratoke Hwy, Currituck, NC 27929	Ph: 252- 232-2271 Website: https://arhs-nc.org
Gateway Community Health Centers (Rev.06/12/24)	1134 N Road St, Elizabeth City, NC 27909	Ph:252- 333-1047
North Carolina Farmworker Health Program-AppHealthCare (Rev.06/24/24)	AppHealthCare 157 Health Services Rd, Sparta, NC 28675	Ph: 336- 572-1097 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Black River / Manos Unidas (Rev.06/24/24)	Black River / Manos Unidas 126 West Main Street Atkinson, NC 28421	Ph: 910- 789-9283 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Good Samaritan Clinic (Rev.06/24/24)	Good Samaritan Clinic 500 East Parker Road Morganton, NC 28655	Ph: 828- 212-4176 Fax: 828-212-4193 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-North Carolina Farmworkers Project (Rev.06/24/24)	North Carolina Farmworkers Project 200 S. King Avenue Dunn, NC 28334	Ph: 919- 701-1306 Fax: 919-701-1084 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Piedmont Health Services (Moncure Community Health Center) (Rev.06/24/24)	Piedmont Health Services (Moncure Community Health Center) 7228 Moncure Pittsboro Rd Moncure, NC 27559	Ph: 919- 542-4991 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Piedmont Health Services (Prospect Hill Community Health Center) (Rev.06/24/24)	Piedmont Health Services (Prospect Hill Community Health Center) 322 Main St. Prospect Hill, NC 27314	Ph:336- 562-3311 x1809 Fax:336- 562-4444 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Rural Health Group (Rev.06/24/24)	Rural Health Group 100 Parkview Drive West Henderson, NC 27536	Ph: 252 574-2506 Fax: 252 438-2084 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
North Carolina Farmworker Health Program-Surry Medical Ministries (Rev.06/24/24)	Surry Medical Ministries 813 Rockford St. Mt Airy, NC 27030	Ph:336- 789-5058 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

North Carolina Farmworker Health Program-Vecinos Inc. (Rev.06/24/24)	Vecinos Inc. 3971 Little Savannah Rd., Office 173 Cullowhee, NC 28723	Ph: 828- 293-2274 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/
Roanoke Chowan Community Health Center (Rev.06/24/24)	109 W River St, Colerain, NC 27924	Ahoskie Location: Ph:252-332-3548 Colerain Location: Ph:252-356-2404 Creswell Location: Ph:252-797-0135 Murfreesboro Location: 252-398-3323
MEDICATION ASSISTANCE		
Abbott Patient Assistance Foundation	Abbott Patient Assistance Foundation	Website: http://www.abbottpatientassistancefound
ACCERA,INC. AXONA Patient Assistance Program	ACCERA,INC. AXONA Patient Assistance Program	Toll Free: 877-649-0004 opt 2 Fax: 877-777-0164
ACCREDITO THERAPEUTICS Patient Assistance Program	ACCREDITO THERAPEUTICS Patient Assistance Program	Adagen Patient Assistance Program Toll Free:866-352-3215
ACTELION PHARMACEUTICALS Patient Assistance Program	ACTELION PHARMACEUTICALS Patient Assistance Program	~~Fleets Patient Assistance Program~~ Tracleer Access Program Toll Free:866-228-3546 opt. 1
Akrimax Patient Assistance Program	Akrimax Patient Assistance Program	~~Veletri Patient Assistance Program~~ Toll Free:866-744-0621
Alcon Labs	Alcon Labs	Toll Free:800-222-8103
Alexion Complement Foundation	Alexion Complement Foundation	Toll Free: 888-765-4747
Allergan INC	Allergan INC	Botox Patient Assistance Program ~~Toll Free:800-442-6869 Option 6~~
Allos Support for Assisting Patients	Allos Support for Assisting Patients	Toll Free:877-272-7102
Amag Pharmaceuticals-Feraheme ~~Patient Assistance Program~~	Amag Pharmaceuticals-Feraheme ~~Patient Assistance Program~~	Feraheme Patient Assistance Program ~~Toll Free:877-411-2510 option 2~~
AMAYLIN PHARMACEUTICALS INC	AMAYLIN PHARMACEUTICALS INC	Amylin Patient Assistance Program ~~Toll Free:800-330-7647~~
American Regent-Venofer Reimbursement Hotline and Patient	American Regent-Venofer Reimbursement Hotline and Patient	Toll Free:800-282-7712
AMGEN INC	AMGEN INC	ENCourage Foundation Toll Free:800-282-7752

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

APTALIS	APTALIS	Aptalis Patient Assistance Program Toll Free:866-514-2442
Arbor Pharmaceuticals Inc.	Arbor Pharmaceuticals Inc.	Arbor Pharmaceuticals Patient Assistance Program Toll Free:888-417-7153
Arch Foundation	Arch Foundation	Arch Foundation Patient Assistance Program for Mirena Toll Free: 877-393-9071
AstraZeneca	AstraZeneca	AZ & Me Prescription Savings Program for people with Medicare Part D 800-292-6363
Ascend Therapeutics	Ascend Therapeutics	Ascend Therapeutics Patient Assistance Program
Astellas	Astellas	Astellas Access Program - Prograf Toll Free:800-477-6472
Auxilium Inc.	Auxilium Inc.	Auxilium Patient Assistance Program Toll Free:877-663-0412
Avanir Pharmaceuticals Inc.	Avanir Pharmaceuticals Inc.	Nuedexta Patient Assistance Program Toll Free:855-468-3339
Bausch and Lomb	Bausch and Lomb	Bausch and Lomb Patient Assistance Program Toll Free:800-323-0000
Baxter Healthcare Corporation	Baxter Healthcare Corporation	Alpha-1 Security Program Toll Free:866-272-5278
Benefits CheckUp Rx	Benefits CheckUp Rx	Website:www.benefitscheckup.com/
Blink Health -Generic Medications at Low Cost	Blink Health -Generic medications at low cost	Toll Free:844-442-5465 Email:
Bristol-Myers Squibb Patient Assistance Foundation-Abilify	Bristol-Myers Squibb Patient Assistance Foundation-Abilify	Toll Free:800-736-0003 Fax: 866-598-5561 or visit www.bmspaf.org for more
Care Connect USA	Care Connect USA	Website: www.careconnectusa.org/freedrugcard.asp
ChamberRx	ChamberRx	Toll Free: 888.277.3911 Member Services: Pharmacy Help:877.459.8474 Website: http://www.chamberrx.com

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Coordinated Care NetworkSpecialty Pharmacy (CCN) (Rev.10/12/21)	300 Penn Center Boulevard, Suite 505 Pittsburgh, PA 15235	Central Pharmacy Toll Free 877-349-6337 Fax 412-349-6317 877-301-2528
Express Scripts (Rev.10/20/21)	Express Scripts	Ph:800- 282-2881 TTY users call: (800) 759-1089 24 hours a day, 7 days a week Medicare Members
FamilyWize Drug Discount Cards	FamilyWize Drug Discount Cards	Website:www.familywize.com
GoodRx	GoodRx 233 Wilshire Blvd. Suite 990 Santa Monica, CA 90401	Toll Free:888-799-2553 Website:Www.goodrx.com
IngenioRx (Rev.10/21/21)	450 Headquarters Plaza, 7th Floor East Tower Morristown, NJ 07960	Ph:833-255-0645 OR 833-203-1742 Prescription Faxr: 833-263-2871 Website:https://www.ingenio-rx.com
Johnson & Johnson Patient Assistance foundation, INC Patient Assistance Program	Johnson & Johnson Patient Assistance foundation, INC Patient Assistance Program P.O Box 221857 Charlotte, NC 28222-1857	Toll Free:800-652-6227 Fax: 1-888-526-5168 Website:http://www.jjpaf.org
Merck-Sharp Indigent Med Program	Merck-Sharp Indigent Med Program PO Box 105534 Atlanta, GA 30348	Toll Free:800-637-2579
National Institutes of Health	National Institutes of Health, 9000 Rockville Pike, Bethesda, MD 20892	Ph:301- 496-4000 TTY: 301- 402-9612 Website:
National Urban League	National Urban League	Website: www.nul.org
NeedyMeds	NeedyMeds	Website:www.needymeds.com/
NOVO NORDISK,INC-Diabetes Patient Assistance Program	NOVO NORDISK,INC-Diabetes Patient Assistance Program PO Box 181640	NOVO NORDISK,INC-Diabetes Patient Assistance Program Ph: 866-310-7549 Fax: 866-441-4190
Patient Assistance Program Center-RxAssist.	Patient Assistance Program Center-.RxAssist.	Email: Email: info@rxassist.org Website:www.RxAssist.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Pharmaceutical Research and Manufacturers of America	Pharmaceutical Research and Manufacturers of America 1100 15th Street N.W, Washington DC 20005	Ph:202-835-3400 Fax: 202-835-3414 Website:www.pharma.org
Pfizer Bridge Program-Pfizer	Pfizer Bridge Program-Pfizer	Toll Free:800-645-1280 Website:www.PfizerHelpfulAnswers.com *Application is not available on the
Pfizer-Connection to Care	Pfizer-Connection to Care	Toll Free:866-706-2400 Website:www.PfizerHelpfulAnswers.com
Pfizer-First Resource- (oncology medications)	Pfizer-First Resource	Toll Free:877-744-5675 Website:www.PfizerHelpfulAnswers.com
Pfizer Pfriends* Inc.	Pfizer Pfriends* Inc.	Toll-Free 866 -706-2400, Website:www.PfizerHelpfulAnswers.com
Pfizer-Maintain	Pfizer-Maintain	Toll Free:866-706-2400
Pfizer-RSVP	Pfizer-RSVP	Toll Free:888-327-7787 Website:www.PfizerHelpfulAnswers.com
RxHope-Prescription Assistance Program	RxHope-Prescription Assistance Program	Toll Free:877-267-0517 Email:
Rx Outreach	Rx Outreach	Website: www.rxoutreach.com
Sanofi Aventis Patient Assistance Program	Sanofi Aventis Patient Assistance Program PO Box 759	Ph:800-221-4025 Fax: 866-734-7372
The alliance for Pharmacy Compounding Search Tool (Rev 02/15/22)	The alliance for Pharmacy Compounding Search Tool	Website:https://a4pc.org/find-a-compounder
The Medicine Program	The Medicine Program PO Box 515	Toll Free:573-778-1118
The National Organization for Rare Disorders NORD- NORD's Patient Prescription Assistance Programs	The National Organization for Rare Disorders NORD- NORD's Patient Prescription Assistance Programs	Toll Free:800-999-6673 Website:www.rarediseases.org Email:patientassistance@rarediseases.org
The Partnership for Prescription Assistance	The Partnership for Prescription Assistance	Toll Free:888-4ppa-now 888-477-2669) Website: www.pparx.org/Intro.php
The Patient Advocate Foundation	The Patient Advocate Foundation	Website:www.copays.org
Together Rx Access	Together Rx Access	Website: www.togetherrxaccess.com/

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Xubex	Xubex	Website: www.xubex.com
MENTAL HEALTH		
Albemarle Counseling Group-North Carolina	Albemarle Counseling Group-North Carolina 1129	Ph:252- 335-2018 Fax: 252- 335-9521
Crisis Text Line (Rev.11/24/21)	Crisis Text Line	Text HELLO to 741741 or message at facebook.com/CrisisTextLine
Dungarvin (Rev.12/13/24)	ACI-Dungarvin (North Carolina) central office 834 Timber Dr. Garner, NC 27579	Ph: 919- 329-5671 Fax: 919- 329-5669 Wallace Location:910- 285-1157 Wilmington Location:910- 763-7458 Website: https://www.dungarvin.com/
Healthy Minds Innovations, Inc. (Rev.02/23/23)	Healthy Minds Innovations, Inc. App	Website: https://hminnovations.org/meditation-app
May Institute (Rev.09/08/21)	May Institute 41 Pacella Park Drive Randolph, MA 02368	Toll Free: 800-778-7601 TTY :781.440.0461 Email: rmartin@mayinstitute.org Website: https://www.mayinstitute.org
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.09/22/23)	Maternal Health Mental Hotline	Phone or Text : 1-833-TLC-MAMA (1-833-852-6262).
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 888-799-4989
MULTICULTURAL SUPPORTS		
African Communities Together (Rev.12/31/21)	127 West 127th Street, Suite 221, New York, NY 10027	Ph:347- 746-2281 Email: info@africans.us Website: https://africans.us

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

American Bar Association (ABA), Children's Immigration Law Academy (CILA) (Rev.02/20.25)	3605 Katy Freeway, Ste. 100, Houston, TX 77007	Email:probono@abacila.org Website: https://cilacademy.org/pro-bono/pro-bono-matters/ , probono@abacila.org
American Jewish Committee (Rev.12/31/21)	American Jewish Committee Mail Code: 6760, P.O. Box 7247, Philadelphia, PA 19170-0001	Ph: 212-751-4000 Website: https://www.ajc.org
American University Defending the Dream Initiative (Rev.02/20/25)	4300 Nebraska Avenue NW, Suite Y265, Washington, DC 20016	Ph:202-274-4147 Email:audream@wcl.american.edu Website: https://www.wcl.american.edu/academics/experientialedu/clinical/theclini
Border Shelter Network and Call Center by Church World Service Inc. (Rev.08/11/22)	112 South Duke Street Suite 4B Durham, NC 27701	Ph:919-680-4310 (for nearest location) Fax: 919-680-4320 Website: https://cwsglobal.org/our-work/north-america/asylum-and-border-
CASA De Maryland (Rev.12/31/21)	Baltimore Welcome Center 2706 Pulaski Highway Baltimore, MD 21224	Membership Ph: 410-732-7777 Employment Pht: 410-732-2694 Multicultural Center (MCC) Membership Ph: 202-431-4195
Congregation Action Network (Rev.12/31/21)	1616 P Street NW, Suite 300 Washington, DC 20036	Contact Lead Organizer: Omar Angel Perez Ph: 202-591-6140
GRIEFNET (Rev.02/24/23)	GRIEFNET	Website: www.griefnet.org
GrieveOutLoud (Rev.02/24/23)	GrieveOutLoud	Website: www.grieveoutloud.org
Kids in Need of Defense (Washington DC Office (Rev.02/20/25)	1300 L Street NW, Suite 1150, Washington, DC 20005	Ph:202- 824-8686 Email:pkonings@supportkind.org Website: http://www.supportkind.org ,

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Ladies Let's Talk (LLT) (Rev.10/25/23)	Ladies Let's Talk (LLT)	Website:https://www.ltaustin.org/programs/conversation-sessions
Ladies Let's Talk (LLT) (Rev.10/25/23)	Ladies Let's Talk (LLT)	Website:https://www.ltaustin.org/programs/pronunciation-classes
Marmol & Marmol, PLLC Immigration Attorneys (Rev.10/08/24)	21430 Cedar Drive, Suite 208, Sterling, VA 20164	Ph:703- 570-6491 Email:amarmol@marmolpllc.com and jmarmol@marmolpllc.com Website:https://www.marmolpllc.com
Miss Foundation (Rev.02/24/23)	Miss Foundation	Website: www.missfoundation.org
Rachel's Gift (Rev.02/24/23)	Rachel's Gift 922 Highway 81 East #153 McDonough, GA 30252	Ph:470- 278-1956 Email:info@rachelsgift.org Website:https://www.rachelsgift.org
PARENTING CLASSES/SUPPORTS		
The Arc of the United States	The Arc of the United States, 1660 L. Street, N.W., Suite 301, Washington, D.C. 20036	Toll Free:800- 433-5255 Fax:202-534-3731 Website:www.thearc.org
RECREATION		
Camp Say (Rev.05/17/23)	Camp Tel Yehudah, Upstate, NY	Contact:Travis Robertson Ph: 646-403-3516 Email:Travis@SAY.org Website:www.campsay.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Victory Junction Gang Camp (Rev.05/17/23)	Victory Junction Gang Camp 4500 Adam's Way Randleman, NC 27317	Ph:336-498-9055 Toll Free:1-877-VJG-CAMP Email:camperadmissions@ victoryjunction.org Website:victoryjunction.org
RESPITE		
ARCH National Respite and Resource Center (Rev.04/17/23)	4220 NC-55, Suite 330 Durham, NC 27713	Ph: 703-256-2084 Website: https://archrespite.org/caregiver-resources/
SAFETY		
SUBSTANCE ABUSE		
SUPPORT GROUPS/PARENT TO PARENT SUPPORT		
Comfort Zone Grief Camp (Rev.02/24/23)	Comfort Zone Grief Camp	Ph:866-488-5679 Website: www.comfortzonecamp.org
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation	Bishop Walsh School Rainbows for All Children 700 Bishop Walsh Rd	Main Contact: Susan Cioni Ph:301-724-5360 ext.109 Email: scioni@bishopwalsh.org
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation	301A West Market Street Georgetown, DE 19947	Main Contact: Katrania Anthony Ph:302-856-1940 Email: katrania.anthony@irsd.k12.de.us Website: https://rainbows.org
Military Deployment Community		

COMMUNITY RESOURCES EASTERN REGION
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Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support Group-Holy Infant Catholic Chruch (Rev.02/28/23)	5000 Southpark Dr. Durham, NC 27713	Main Contact: Sonia Panipinto Ph:919-544-7135 919-973-0012 Email:soniaprainsbowshi@gmail.com Website:https://rainbows.org
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support	Princesses on a Mission with Rainbows for All Children 104 East Watson Street Windsor, NC 27983	Main Contact: Patricia Heath Ph:252-484-1110 Email:princessesonamissioninc@gmail.com Website:https://rainbows.org
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration Reach To Recovery Support Group-Breast Cancer- - American Cancer Society (Rev.08/11/22)	Rainbows @ Ohio University 101 University Drive Reach To Recovery Support Group-Breast Cancer- - American Cancer Society	Main Contact: Barbara Adcock Ph:740-649-3866 Ph: 800-227-2345 Website:https://reach.cancer.org

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

United Spinal Association-Peer Mentoring (Rev.01/20/23)	120-34 Queens Blvd, Suite 330 Kew Gardens, NY 11415	Resource Center Hotline 800-962-9629 Ph:718-803-3782 Fax: 718-803-0414 Contact: Megan Chintalla Ph: 718-803-3782, x 7253 OR Eric Hall, Ph:718-803-3782, x 7185 Website:https://unitedspinal.org
THERAPIES		
National Organization on Disability,	National Organization on Disability, 1625 K Street N.W., Suite 802, Washington, D.C. 20006	Ph:202- 293-5960 Website: www.nod.org
United States Department of Transportation	United States Department of Transportation, 1200 New Jersey Ave., S.E., Washington, D.C. 20590	Toll Free:866- 377-8642 TTY: 800- 877-8339Y Website: www.dot.gov
TRANSPORTATION		
Easter Seals Project ACTION	Easter Seals Project ACTION, 1425 K Street, N.W., Suite 200, Washington, D.C. 20005	Toll Free:800- 659-6428 Fax:202- 737-7914 Website:www.projectaction.easterseals. com
VISION/SIGHT		
WAIVER CONTACTS		

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

NOTES	COVERED AREAS
ADD develops programs designed to protect rights and to promote independence, productivity, and inclusion.	Washington, DC
Autism Speaks is dedicated to promoting solutions, across the spectrum and throughout the life span, for the needs of individuals with autism and their families. They do this through advocacy and support; increasing understanding and acceptance of people with autism; and advancing	Nationwide
CASA De Maryland provides critical services to immigrant and working-class families, and advocates for their rights. Services include: Community Organizing, Financial Education, Health and Human Services, Youth Leadership Development and AmeriCorps. Hours: M-F: 9:00 am – 5:00 pm.	Maryland
CDF provides a strong and effective voice for all the children of America, who cannot, vote, lobby, or speak out for themselves. They pay particular attention to the needs of poor, minority, and children with disabilities. Their goal is to educate the nation.	Washington, DC
The site features information about ADHD, Autism, Cerebral Palsy, Child Development, Fetal Alcohol Syndrome, Hearing Loss, Hemophilia, intellectual disabilities, Spina Bifida, Thalassemia, Tourette Syndrome, and Visual Impairment.	Georgia
Organized in 1975 as a coalition of parent groups representing children with a variety of disabilities, the Federation operates a Parent Center which offers a variety of services to parents, parent groups, and others who are concerned with children with special needs.	Massachusetts
The purpose of Kids First, Inc., is to provide quality evaluation and treatment to primary and secondary (non-offending family members) victims of child abuse and neglect in the seven-county albemarle region	counties of Dare, Currituck, Camden, Pasquotank, Perquimans, Chowan, and Gates
NCWGD aims to increase public awareness of specific issues faced by women and girls with disabilities. They conduct national advocacy efforts, publish manuals and directories specifically for women and girls with disabilities, and provide referrals to local resources.	New York
Extensive information regarding infants, children, and youth with disabilities. Includes information on No Child Left Behind Act and IDEA law.	Washington, DC
Easter Seal has established a leadership role in many areas: quality rehabilitation programs to meet the diverse needs of people with disabilities and their families, promotion of assistive technology that is leading the way to independence for people with disabilities, passage of critical legislation	Illinois

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Designed to support fathers and families of children with special needs. Includes stories from fathers of children with Spina Bifida, Downs Syndrome, and Autism.	Washington
The RSA oversees grant programs designed to help people with physical or intellectual disabilities find employment and live more independently with	Maryland
SSA provides disability information, Medicare and Medicaid information, employment support, laws, regulations, rulings, fraud information, "how to" information, eNews, Youthlink, (info. for kids, teens, parents and teachers) and everything you need to know about social security.	Maryland
An independent federal agency making recommendations to the President and Congress on issues affecting 54 million Americans with disabilities.	Washington, DC
The Alliance for Technology Access (ATA) is a network of community-based Resource Centers, Developers, Vendors and Associates dedicated to providing information and support services to children and adults with disabilities, and increasing their use of standard, assistive, and information technologies.	California
The AFB is dedicated to broadening access to technology, providing up to date information and referrals, assistive technology course, and promoting independent and healthy living for individuals with blind/vision impairments.	New York
A non-profit organization which provides children with disabilities assistance to obtain wheelchairs, orthopedic braces, walkers, lifts, hearing aids, eyeglasses, medical equipment, physical therapy, and surgery. Applications may be submitted by families (parent or guardian) for an individual child, or by a non-profit organization for a small group of children. APPLICATIONS ARE AVAILABLE BETWEEN APRIL AND SEPTEMBER.	New York
Southpaw Enterprises, Inc. is dedicated to developing and manufacturing sensory integration dysfunction (DSI) and neurodevelopmental products that help therapeutic professionals, people with special needs, their families, and other professionals, solve probor meet new challenges.	Ohio

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Angel Names Association provides financial assistance for families of stillborn babies, to assist with expenses related to: Autopsy, funeral/burial/cremation, cemetery plot, headstone/monument.	New York
Cael's Angels Helps qualifying families with financial support for the costs associated with burial/funeral expenses. Also can help with autopsy expenses when insurance coverage will not. Qualifying families can request	Nationwide
Children's Burial Assistance provides donated burial plots throughout the United States (wherever plots are available) to help off-set the cost of their child's burial fees. In addition, they provide information and referral from	Georgia
FEMA gives burial assistance to victims of Presidentially declared disaster areas. Victims eligible for benefits are those who have died from a direct or indirect result of a disaster. In order to receive assistance, you must provide proof that other forms of aid have proven insufficient to meet your needs. They may cover the following expenses: Cost of casket or urn	National
Final Farewell is a non-profit organization that helps families to provide an affordable funeral for a loved child. They provide financial assistance, advice and guidance. They've helped families from all religions and backgrounds to have a decent burial and a proper good-bye. Eligibility: financial assistance may be available to a family with a	Pennsylvania
Kelly Ryan Foundation Provides burial or cremation costs to families nationwide, who are grieving pregnancy or infant loss.	Nationwide
Leishman Foundation-Angel Fund provides One-time \$1,000 grants for bereaved families of a loved one who has passed from Sepsis, Acute Respiratory Distress Syndrome (ARDS) or Toxic Shock Syndrome (TSS) to assist with the expense of funeral, cremation and burial expenses. Eligibility and Guidelines • Qualifying diagnosis documentation of Sepsis, ARDS or TSS includes a death certificate with cause of death, doctor verification and/or medical notes • Application must be within 6 month of patient death from Sepsis	Nationwide
MedCure is independently owned and is dedicated to serving donors, caregivers, and the medical community by facilitates whole body donation for science. They connect donors to the researchers and educators who depend on them to help improve the lives of others. Upon acceptance, MedCure covers donation related expenses, including transportation,	Nationwide
The Veteran Affairs pays up to \$2,000 in burial assistance for a service-related death, and up to \$780 for a non-service-related death. Please visit the website for further information	Nationwide
Rebecca's Reason is a nonprofit, public charity organization that provide emotional and financial support to those facing the loss of a child. They help with medical and funeral expenses. Eligibility: Children under 13. They	Nationwide
Science Care's dedicated to serving donors, caregivers, and the medical community by facilitates whole body donation for science. Upon acceptance into the Science Care program, there are no costs associated	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Skyler's Gift Foundation is non-profit organization that will help with the cost of funeral and burial or crematory cost up to \$1000. Eligibility Criteria: Your baby was born at or after 22 weeks, Your baby passed away from prematurity related causes, Your baby passed away in the	Nationwide
Social Security does award a small death benefit (one time death benefit of \$255) to surviving family members that could help with burial expenses.	Nationwide
TeamMercy is a non-profit foundation providing connections to resources for families facing the death of a child. TeamMercy assists grieving families, specifically the siblings, through one of life's most difficult tragedies, by providing funding for an existing activity for those siblings through Mercy's Gift: a grant providing funding for an existing extra-curricular, academic, or mental health related.	Texas
The FlutterBy IzzyJane Foundation was set up to help families with funeral expenses whose babies were "born sleeping". Qualifications: he family must provide the medical release information below to qualify for assistance and – The baby who has passed was stillborn and at least 24	Utah
The TEARS Foundation seeks to compassionately lift a financial burden from families who have lost a child by providing funds to assist with the cost of burial or cremation services. They also offer parents <u>comprehensive bereavement care in the form of grief support groups and</u>	Washington
United Tissue Network is a nonprofit that facilitates whole body donation for science. In return they will cover the costs associated with transporting the deceased to one of their facilities, producing two certified copies of the	Utah
Supports low-income working families by promoting access to affordable and quality early child care and after-school programs.	Washington, D.C.
NACCRRRA works with more than 700 state and local Child Care Resource and Referral agencies nationwide. These agencies help ensure that families have access to high-quality, affordable child care.	Virginia
NCCIC is a national clearinghouse and technical assistance center that provides comprehensive child care information resources and services (responds to policymakers, national organizations, education professionals, businesses, and the general public.	Virginia
The American Association of Orthodontics has a donated orthodontics program. They provide .high-quality orthodontic care for children of families with financial need. Eligibility:•! Child should be 18 years old or younger, Family total income should be 200% of the poverty level or less, Child should not	Missouri

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

East Carolina University School of Dental Medicine provides dental services for adults and children. Services included: Comprehensive General Dentistry, Cosmetic Tooth Whitening, Crowns and Bridges, Dental Hygiene and Preventive Services, Dentures and Partial Dentures, Digital Radiography, Emergency Dentistry, Hospital Dentistry, Hygienist Services. Provides dental care for children with special needs. The program helps cover the costs of dental treatment, including hospital and anesthesia costs when needed, for children with Cerebral Palsy, Muscular Dystrophy (and related neuromuscular disorders), recipients of Organ Transplant or those	North Carolina
The Grottoes of North America Humanitarian Foundation is a 501 (c) (3) nonprofit organization that brings "Special Smiles" to children with special needs by providing them much-needed dental care. The program helps cover the costs of dental treatment, including hospital and anesthesia costs, when needed, for children with cerebral palsy, muscular dystrophy	Ohio
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties Covered: Ashe & Alleghany
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties Covered: Bladen, Pender, South Duplin, South Sampson & Southwest Bladen
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties covered: Burke, Cleveland & Lincoln
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties Covered: Duplin, Franklin, Granville, Harnett, Johnston, & North Sampson
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties Covered: Chatham, Harnett, Lee, Moore, Randolph
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties Covered: Alamance, Caswell, Person, Orange

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties Covered: Edgecombe, Halifax, Northampton, Vance, Granville & Warren
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties Covered: Davie, Stokes, Surry, & Wilkes
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health	Counties Covered: Clay, Cherokee, Graham, Haywood, Jackson, Macon, Swain, Transylvania, parts of Buncombe, Rabun GA.
Tidal Smiles Pediatric Dentistry specializes in dentistry for children and special needs. Insurance: accept most major dental insurances but does not accept Medicaid. Hours: Monday-Thursday: 8:00 am – 5:00 pm and Friday: 8:00 am – 12:00 pm. Please call for further information.	North Carolina
The goal of ASDF is to support children with an autism spectrum disorder by providing information, education and financial assistance to their families and relevant community service organizations. Funds donated to ASDF will be used to address any and all kinds of issues in assisting children with autism and their families. By providing financial assistance to families and <u>autism-specific organizations, together we are able to give autistic children</u>	Indiana
Autism Speaks is dedicated to promoting solutions, across the spectrum and throughout the life span, for the needs of individuals with autism and their families. They do this through advocacy and support; increasing	Nationwide
Behavior Analyst Certification Board could help to search for certified behavior analyst in your area . Visit the website for further information.	Colorado
CHADD of Virginia is a non-profit organization providing education, advocacy and support for individuals with AD/HD. In addition to their informative Web site, CHADD also publishes a variety of printed materials to keep members and professionals current on research advances, medications and treatments affecting individuals with AD/HD. Please call for further information.	Maryland

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

The Arc has been on the front lines in making change happen for people diagnosed with Autism, Down Syndrome, Fetal Alcohol Syndrome, and a range of diagnoses across the spectrum of intellectual and developmental disabilities. The Arc is the nation's leading advocate for all people with intellectual and developmental disabilities and their families and the premier provider of the supports and services people want and need.	Washington, D.C
The American Cochlear Implant Alliance is a not-for-profit membership organization created with the purpose of eliminating barriers to cochlear implantation by sponsoring research, driving heightened awareness and	Nationwide
Alexander Graham Bell Association for the Deaf and Hard of Hearing Works globally to ensure that people who are deaf and hard of hearing can hear and talk. They want all families to be informed and supported, professionals to be appropriately qualified to teach and help children with	Washington, D.C
Information and referral, community programs and services, research, advocacy, and public policy.	Nationwide
The American Cancer Society has a place where cancer patients and their caregivers can find help and hope when home is far away – an American Cancer Society Hope Lodge. Each Hope Lodge offers cancer patients 18 and older and their caregivers a free place to stay when their best hope for effective treatment may be in another city. Currently, there are more than 30 Hope Lodge locations throughout the United States and Puerto Rico.	Nationwide
The Road To Recovery program offers free transportation for cancer patients to treatment and other cancer-related appointments. Services are available through volunteer drivers, and community partners. This program provides: Transportation assistance. Contact the American Cancer Society to check availability in your area. It can take several business days to coordinate your ride, so please call in advance of your appointment date.	Nationwide
Fund research, deliver services to communities, provide information and referral, and advocacy.	Virginia
American Kidney Fund's mission is ensuring that U.S. kidney patients are able to afford their medical expenses .Their need-based programs help patients with health insurance premiums, transportation costs, prescription	Maryland
American Society for Deaf Children is an Organization of parents who are advocates for children who are deaf or hard of hearing.	Nationwide
Provides information and referral and has the largest online referral database with the latest information regarding treatment, education, research, and advocacy.	Maryland

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Boys Town Center for Hearing Loss in Children is a resource for parents of babies who have just been diagnosed with a hearing loss or for families of any child who is deaf or hard of hearing.	National
The CF Foundation provides medical information and awards funding for research on Cystic Fibrosis. The foundation also provides financial assistance in the form of college scholarships and Patient Assistance Programs for those who qualify. See website for eligibility guidelines and	Maryland
Provides information and advocacy.	Nationwide
Typical of the Foundation's national programs are its Jeanne A. Carpenter Epilepsy Legal Defense Fund, the H.O.P.E. (Helping Other People with Epilepsy) Mentoring Program, a Public Policy Institute, Seniors' and Women's Health Initiatives, the Kids Speak Up! advocacy program, a	Maryland
Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and	Nationwide
Offers free, one-on-one support to patients and families recovering from a diagnosis of Sepsis, Acute Respiratory Distress Syndrome (ARDS) or Toxic Shock Syndrome (TSS) to solve real-life problems related to their diagnosis including financial aid, eligibility, or insurance coverage. Case Managers seek to identify, advocate and coordinate care plans. Eligibility and Guidelines • Have a doctor-confirmed diagnosis of Sepsis, ARDS or TSS • Must be within 6 months of a diagnosis of Sepsis, ARDS or TSS • Be a US citizen or permanent resident of the United States • Meet federal poverty level income guidelines of 400% or less. Please call or visit the website for further information.	Nationwide
Lions Club International support sight programs and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. You must call the answering service to find out the contact on your city or visit the website.	Illinois
The Association's comprehensive services program includes diagnostic and follow-up medical consultations, flu shots, support groups, MDA summer camps for youngsters, a medical equipment loan program, assistance with equipment repairs and resource referral.	Arizona

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

A national organization which enhances the quality of life for patients with asthma and works to decrease asthma related morbidity and mortality.	Maryland
NAA educates and empowers families affected by Autism and other neurological disorders.	Missouri
They serve as a financial, emotional, educational and medical resource for those in need at every stage of their illness and recovery. In the United States, they ease the financial burdens that accompany major illness; give	Missouri
The Society helps people affected by MS by funding cutting-edge research, driving change through advocacy, facilitating professional education, and providing programs and services that help people with MS and their families move their lives forward.	Washington, D.C.
National Spinal Cord Injury Hotline is a 24 hour information and referral for traumatic spinal cord injuries that have resulted in paralysis. Staff available 9:00am-5:00pm Monday-Friday. Available after hours for crisis.	Nationwide
New Eyes empowers children and adults in the United States and overseas with the improved vision they need to pursue a better quality of life for themselves, their families and their communities. They improve the vision of children and adults in need by purchasing new	New Jersey
TBI One Love is a non-profit organization created to provide information, support, communication, services, contributions and interaction, networking and connection to individuals interested in and regarding Traumatic Brain	Texas
The Journal of Early Hearing Detection and Intervention is a semi-annual scholarly peer-reviewed online publication dedicated to advancing Early Hearing Detection and Intervention by publishing articles that describe	Nationwide
Affiliates provide services such as housing, therapy, assistive technology training, early intervention, individual and family support, social and recreation programs, community living, state and local referrals.	Washington, D.C.
The SBAA serves adults and children who live with the birth defect of spina bifida. The association uses education, advocacy, research and service to promote the prevention of spina bifida and enhance the lives of all affected.	Washington, D.C.
Offers resource ideas and networking. A local chapter of the Tourette Syndrome Association of Washington.	Maryland

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

United Spinal Association connect people living with spinal cord injuries and disorders to life-enhancing resources so that they can pursue their goals and discover greater independence.	New York
United Spinal Association -Spinal Cord Resource Center is staffed with Information Specialists that can provide answers to all your disability-related questions. They can assist with resources related to: LIFE SKILLS,TRAVEL,RELATIONSHIPS,PARENTING and ACTIVITIES. Please contact the Resource Center Hotline or visit the Website for further information.	New York
Contact national headquarters for local information.	California
AdaptHealth provides urology /incontinence supplies,diabetes supplies,orthotics, sleep and respiratory therapy supplies. Please call for further informtaion.	National
Adaptivemall.com® help families find the best equipment to support their children at their highest functioning level. They have created an experience for you that makes equipment selection a positive one. Their primary goal is to empower you with resources that allow you and your child's primary	New York
America's Health Care at Home, Inc. goal is to provide the highest quality home care equipment, supplies, and services to our clients. Products and services includes: Sleep Therapy, Oxygen Therapy, Beds and Accessories, Mobility Aids and Wheelchairs, Infant Monitoring and Pulse Oximetry, Enteral Feeding, Home Ventilation, Cough Assist T70 and Afflovest.	Maryland

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.	Maryland
Bristol Orthotics is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information.	Tennessee
A potential funding resource for children throughout the U.S. who are under age 18 and do not have adequate health insurance. Financial assistance provided for assistive devices and rehabilitative services. Although there are no restrictions on the type or eligible disabilities, preference is given to ~~applications that benefit children with physical challenges in need of~~	New York
Nationwide resource for grants to cover cost of treatment, surgery, equipment, and even travel expenses when a child must travel to a provider outside of their community. Family must complete an application and indicate their income and family size. This is a good resource for children who don't qualify for Medicaid, CSHS, Health Choice or can't obtain private ~~insurance or have a policy that is inadequate to cover what is needed.~~	Missouri
The United Healthcare Children's Foundation offers support to meet the needs of children nationwide with financial assistance grants for health care services that are not fully covered by their health insurance. Parents and caretakers are eligible to apply for grants of up to \$5,000.00 for health care services that will help improve a child's health and quality of life. Examples ~~of the types of health care services covered by the foundation include:~~	Minnesota
Variety's Children's Charity is a group of business leaders who donate their time and resources to positively impact the lives of children with special needs. Through their national mobility program, "Kids on the Go", they provide financial assistance to help pay for equipment such as: prosthetic limbs, adaptive bikes and tricycles, walkers, adaptive car seats,	Tennessee
Coram CVS Enteral Nutrition Services provides enteral and parenteral nutrition support for Adults and Children nationwide. Please call for further information.	Illinois

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Duraline Medical Supplies offers the following products: Disposables: Baby Diapers & Pull-Ons, Super Absorbent/Overnight Briefs, Youth & Adult Briefs, Bariatric Briefs, Protective Underwear, Undergarments/Belted Shields, Pad & Pant Systems, Pads, Liners & Shields, Male Pads, Underpads, Sample Pack, Reusable: Underpads, Waterproof Pants, Ostomy Supplies, Diabetes Supplies, Insulin Pumps, Breast Pumps, Urology Supplies, Wound Care, Enteral Nutrition, Respiratory and Home Wellness Hours: M-F 8:00 a.m. to 9:00 p.m. EST and Sat. 9:00 a.m. to	Ohio
Edgepark is the leading provider of products and supplies for ostomy patients with ileostomy, colostomy and urostomy needs direct to their home Insurance: Anthem/BCBS Aetna Cigna UHC and Medicare. Hours:	Ohio
Excel Orthotics is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information.	Tennessee
The First Hand Foundation is a not-for-profit, 501(c)(3) organization that provides funding so individual children may have access to health care that would otherwise be impossible. The Foundation helps with clinical necessities (such as medication and surgeries), medical equipment and	Missouri
Jones Adaptive Equipment is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information	Tennessee
Lincare is an enteral nutrition supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.	Tennessee
National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.	Tennessee
United Spinal Association -Disability Products & Services Guide assist individuals in searching their directory to discover providers and organizations that specialize in optimizing the health, independence and quality of life of people with a spinal cord injury or disease.	New York
A full listing of items available—from tubing and bags to formula to durable items—is posted on the Oley Web site. This list is updated every Monday, so check frequently. If you see something you need, contact Oley volunteers.	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Southpaw Enterprises, Inc is dedicated to developing and manufacturing sensory integration dysfunction (DSI) and neurodevelopmental products that help therapeutic professionals, people with special needs, their families, and other professionals solve problems or meet new	Ohio
The National Diaper Bank Network is a non-profit organization who assist families in need for diapers. Please call or visit the website for further information.	Connecticut
The ABACDV website provides information about a wide-range of domestic violence issues and extensive links to other resources and organizations. The website includes listings of ABA policies, training materials, legal briefs, and sample legal forms relevant to domestic violence issues and proceedings.	Washington, D.C.
Offers a support group for Latina women who are survivors of domestic violence. The group focuses on breaking silence that surrounds family violence; offering help to women struggling to end violence in their lives; educating the community that domestic violence is a crime; and developing skills that will allow survivors to assume leadership roles in the Latino	Washington, D.C.
Break the Cycle provides legal services to young survivors of dating abuse in Washington, DC only. Their legal services are free and are available to young people who are: 12 to 24 years old, Living in the Washington, DC	Nationwide
LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is available and text.	Nationwide
The NCADV is the oldest national organization representing grassroots organizations and individuals working to assist and empower women who are assaulted and their children. It serves as a national information and	Colorado
The hotline is open year-round. Trained staff provide counseling and referral services to all, free of charge. The staff speaks English and Spanish, and translators are available for 129 other languages. They offer	Nationwide
Provides an array of services and support for families and individuals. The Arc's network of chapters includes programs and supports across the lifespan: early intervention, access to a free appropriate public education	Washington, D.C.
This program provides grants under a statutory formula to 50 states. States are responsible for making early intervention services available to eligible children and their families.	Washington, D.C.
A center for parents and parent organizations offering a variety of services to those concerned with children with special needs.	Massachusetts

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Mano a Mano is a non-profit, volunteer-driven organization who provides services an training for trilingual English/Spanish/ASL interpreters. Please call for further information.	Florida
Offers information on disabilities, IDEA, No Child Left Behind (as it relates to children with disabilities, and research-based information on effective educational practices.	Washington, D.C.
Provides assistance to parents of children who are: struggling in school, performing below grade level, experiencing signs of school phobia, as well	Nationwide
"The Clerc Center, a federally funded national deaf education center, ensures that the diverse population of deaf and hard of hearing students (birth through age 21) in the nation are educated and empowered and have	Washington, D.C.
The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress,	Nationwide
Provides emergency preparedness materials.	Washington, D.C.
Employment resources for people with disabilities.	Nationwide
Provides employment resources.	Washington, D.C.
The U.S. Department of Labor connects Americans with disabilities to valuable resources. The site covers topics such as benefits, civil rights, <u>community life, education, emergency preparedness, employment, health,</u>	Nationwide
DOL promotes the welfare of the job seekers, wage earner, and retirees of the U.S. by improving their working conditions, advancing opportunities for profitable employment, protecting retirement, and healthcare benefits, etc.	Washington, D.C.
Work WORLD™ is decision support software for personal computers designed to help people with disabilities, advocates, benefit counselors, and others explore and understand how to best use the work incentives	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Hearing Charities of America (HCOA) supports those who are deaf or hard of hearing. Please call to inquire information about their financial assistance programs: The Hearing Aid Project, CELEBRATE SOUND,SAFEears!,A Sound Investment, Adopt-An-Agency and Scholarships.	Missouri
Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices. You are likely eligible if your household's income is below 200% of the Federal Poverty Line, or if you or someone you live with currently receives a government benefit like SNAP, Medicaid, SSI, WIC, Pell Grant, or Free and Reduced-Price Lunch. If your household is eligible, you could receive: Up to a \$30/month discount on your internet service: Up to a \$75/month discount if your household is on qualifying Tribal lands;A one-time discount of up to \$100 for a laptop, tablet, or desktop computer	Kentucky
AG Bell helps families, health care providers and education professionals understand childhood hearing loss and the importance of early diagnosis	Kentucky
Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food relief and financial support to communities throughout the United States. Angel Food is available in a quantity that can fit into a medium-sized box at \$30 per unit. Each month's menu is different than the previous month and consists of both fresh and frozen items with an average retail value of approximately \$60. Comparison shopping has	Georgia
Assurance Wireless is a federal Lifeline Assistance program brought to you by Virgin Mobile. Lifeline is a government benefit program supported by	National
They have helped more than 1,000 families including their first international family who had found us on the Internet. The amount of our grants are growing in proportion to the monies coming in to Aubrey's Foundation. We are pleased to say that we are able to help more families with bigger amounts than we've been able to in the past. Eligibility: Grants are awarded based on need. If a family has outstanding medical bills that insurance will not cover, our Foundation can possibly help out a family in need until our annual funds have been exhausted. As our funds grow, so will the number and the amount of help we will be able to give. We	Ohio
Cancer Care offers limited assistance for cancer-related costs, and our professional oncology social workers can help you find resources. They	Nationwide
Offers information and referral service to ensure children who are especially from low-income household to have a healthy start in their lives. Also, offers Parent Resource Network (PRN) to help finding the necessary	Washington, D.C.
Christians Overcoming Cancer (COC) is a faith-based, tax exempt non-profit organization passionate about helping cancer patients nationally SUCCEED on their ROAD TO RECOVERY through Awareness, Emotional	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

The HealthWell Foundation® is a non-profit, charitable organization that helps individuals afford prescription medications they are taking for specific illnesses. The Foundation provides financial assistance to eligible patients	Nationwide
A non-profit organization which provides children with disabilities assistance to obtain wheelchairs, orthopedic braces, walkers, lifts, hearing aids, eyeglasses, medical equipment, physical therapy, and surgery.	New York
Eli's Heart, an organization that helps families with travel expenses associated with medical procedures.	Nationwide
The American Red Cross works in partnership with military aid societies to provide quality, reliable financial assistance to eligible applicants 24/7/365 in times of hardship. This program provides: Financial assistance for emergency needs. Assistance can include funds for emergency travel, burial of a loved one, emergency food and shelter, etc. Red Cross helps to facilitate the application process, the military aid society determines eligibility and the specific financial assistance package that is offered. This	Nationwide
Assists individual children with health-related needs when insurance and other financial resources have been exhausted.	Missouri
Friends of Man is a non-profit, tax-exempt charity using 100% of donations for charitable assistance. They work through Referring Professionals (caseworkers, case managers, healthcare workers, social workers, school counselors, teachers, clergy) who apply on behalf of their patients and clients needing mobility equipment, prosthetics, glasses, dentures, hearing aids, and much more!. Please call or visit the website for further information.	Colorado
Grant Angel Wishes and Travel Foundation, Inc. ® has developed a unique support award program to assist families in their most vulnerable and often desperate hour of need. The Final Expense Award is the first of its kind in the United States. Granting wishes for children and adults ages 3 - 75 who	Nationwide
HealthWell's Pediatric Assistance Fund helps children access the medical treatments they need, regardless of disease type or condition. Through the fund, HealthWell is able to assist families in meeting their cost-sharing obligations to help their child start or continue medical treatments they	Maryland
Hear Now is a national non-profit program committed to assisting those permanently residing in the U.S. who are deaf or hard of hearing and have no other resources to acquire hearing aids. Must complete application available on the website (English and Spanish).	Minnesota
HUD's Homelessness Resource Exchange (HRE) has information and resources for communities, service providers and other interested parties including homeless persons and those at risk of becoming homeless.	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Icing Smiles is a nonprofit organization that provides custom celebration cakes and other treats to families impacted by the critical illness of a child. They serve children who have a life-threatening medical condition that is considered progressive, degenerative or malignant and are within 2 years of their last treatment. They also serve children who require frequent or	Minnesota
Jessee Memorial Foundation (JJMF) is a nonprofit organization that provides relief and support to help children with devastating medically complex, neurological conditions and their families in the St. Louis area and beyond.	Missouri
Offers One-time \$1,000 grants for survivors of Sepsis, Acute Respiratory Distress Syndrome (ARDS) or Toxic Shock Syndrome (TSS) to assist with uninsured medical expenses. • All funding requests will be considered on a first come, first serve basis and are reviewed by PAF certified case workers. Eligibility and Guidelines:	Nationwide
Muscular Dystrophy Association assist families living with muscular dystrophy and related diseases that take away physical strength and mobility. They find research breakthroughs across diseases, caring for kids ~~and adults from diagnosis and empowering families with services and~~	Arizona
Provides short-term financial assistance to injured and disabled workers and their families as a result of injury, disability or illness. Services provided: Living Expenses; Medical Expenses; Medications; Other. Eligibility: All Diseases Disability Injury	Illinois
National Association of the Deaf provides services and support for individuals who are deaf and their families. Includes local chapter links and	Nationwide
National Cued Speech Association raises awareness of Cued Speech and ~~its applications, provides educational services, assists local affiliates~~	Nationwide
The National Down Syndrome Society is the leading human rights organization for all individuals with Down syndrome. Website available in Spanish. Please call for further information.	New York
National PKU Alliance website offers the opportunity to join a community that has something to offer to everyone—advice and support, educational information, recipes, and links to resources and discussion forums.	Nationwide
Oracle Health Foundation's pediatric grants provides pediatric grants that cover a wide variety of clinical, equipment, travel and lodging, and vehicle modification costs related to children's healthcare needs.Funding criteria;The child must be 18 years of age or younger (a person 19–21 may	Missouri
SafeLink Wireless is a government supported program that provides a free cell phone and airtime each month for income-eligible customers. Call for further information.	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

The N.C.C.S. provides direct financial assistance to children diagnosed with cancer and their families. This program is supported entirely by public contributions, and is made available for the families with the greatest need. The types of services provided by the program include: Meals during treatment, Transportation to and from treatment, Long distance telephone cards, Lodging during treatment, Health insurance premiums, Medical expenses not covered by insurance. Eligibility Guidelines: Child	Missouri
The UnitedHealthcare Children's Foundation is a 501(c)(3) non-profit charity dedicated to facilitating access to medical-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child and that are not fully covered by the available	Nationwide
The USDA National Hunger Hotline, provides crucial assistance to Americans across the country in need of food assistance. The Hotline connects individuals in need to emergency food in their community,	Nationwide
Unique-Understanding Chromosome Disorders assist families of individuals with rare chromosome disorders to learn about resources, networking with another families affected by the disease; they also provides support. They hold regular conferences and study days in the UK where families and professionals can meet and discuss latest developments. They have	International
Variety of the National Capital Region (Variety DC) serves families in Washington DC, Maryland and Virginia, with a special focus on children with mobility disabilities. By partnering with individual supporters, corporate donors and community foundations, Variety DC provides financial grants and life-changing adaptive equipment to meet the basic needs of these special families. Please call or visit the website for further information.	Washington D.C.

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

ABBOTT: Patient assistance programs (PAPs) are programs created by drug companies, such as ABBOTT, to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs may also be called indigent drug programs, charitable drug programs or medication assistance programs. Most of the best known and most prescribed drugs can be found in these programs. All of the major drug companies have patient assistance programs, although every company has different eligibility and application requirements. The ABBOTT patient assistance program offers free medication to people who otherwise cannot afford their medications. Patients must meet financial and other program specific criteria to be eligible for assistance. Medications available through this program are: Lupron Depot (leuprolide acetate),Lupron Depot (ped) (leuprolide acetate for depot suspension), Advicor ER tablets (niacin / lovastatin), Depakote ER Tablets (divalproex sodium extended release tablets), Depakote Tablets (divalproex sodium delayed release tablets), Gengraf Capsules (cyclosporine capsules, USP modified) Niaspan ER (niacin extended-release tablets), Simcor (simvastatin niacin), Synthroid Tablets (levothyroxine sodium tablets, USP), Tarka Tablets (trandolapril/verapamil HCl ER tablets), Teveten (eprosartan mesylate), Teveten HCT (eprosartan mesylate/hydrochlorothiazide tablets), Tricor (fenofibrate), Trilipix (fenofibric acid delayed release capsules),HUMIRA, Zemplar, AndroGel, Creon, Kaletra & Norvir, Marinol. Medical Nutrition: Calcilo XD Powder (Calcilo XD Powder),Cyclinex-1 Powder (Cyclinex-1 Powder),Cyclinex-2 Powder (Cyclinex-2 Powder), EleCare Powder (EleCare Powder), Enlive! (Enlive!), Ensure Fiber with FOS (Ensure Fiber with FOS), Ensure High Protein (Ensure High Protein), Ensure Plus (Ensure Plus), Glucerna (Glucerna),Glucerna Shake (Glucerna Shake),Glutarex-1 Powder (Glutarex-1 Powder), Glutarex-2 Powder (Glutarex-2 Powder), Hi-Cal Drink (nutritional supplement),Hominex-1 Powder (Hominex-1 Powder),Hominex-2 Powder (Hominex-2 Powder), I-Valex-1 Powder (I-Valex-1 Powder),I-Valex-2 Powder (I-Valex-2 Powder),Jevity 1 Cal (Jevity 1 Cal),Jevity 1.2 Cal (Jevity 1.2 Cal), Jevity 1.5 Cal (Jevity 1.5 Cal),Juven (Juven), Ketonex-1 Powder (Ketonex-1 Powder),Ketonex-2 Powder (Ketonex-2 Powder),Nepro with Carb Steady (Nepro), Optimental (Optimental),Osmolite (Osmolite),Osmolite 1 Cal (Osmolite 1 Cal), Osmolite 1.2 Cal (Osmolite 1.2 Cal), Osmolite 1.5 Cal (Osmolite 1.5 Cal),Oxepa (Oxepa). PediaSure Enteral Formula (PediaSure Enteral	National
Black Mothers' Breastfeeding Association (BMBFA), based in Detroit, MI aims to eradicate the racial disparity in breastfeeding rates among African American women. Women meet regularly in a mother-to-mother breastfeeding support group, known as Black Mothers' Breastfeeding Club. These women also act as volunteers for BMBFA in many capacities: group	Michigan

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Breastfeeding USA, Inc. provides evidence-based information and support, and promotes breastfeeding as the biological and cultural norm. We accomplish this through a network of accredited breastfeeding counselors	Nationwide
Enfamil can provide a free case of either Enfamil, Enfacare, LIPIL, Nursette. Ready to use bottles. Whichever your doctor recommended. Call	Nationwide
IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant. Information about practices that promote successful breastfeeding. Preventing and managing common	North Carolina
La Leche League mission is to help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.	Illinois
Nestle Patient Assistance Program can provide product assistance for financially eligible families. Application must be completed. Call for further information.	Minnesota
Capital City Nurses offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Our advantage is that we offer flexibility and custom services to meet your needs, whatever they are. Service Area:Serving Chevy Chase, Central	Maryland
Capital City Nurses offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Our advantage is that we offer flexibility and custom services to meet your needs, whatever they are. Service Area:Serving Columbia, Howard County, Anne Arundel County, Severna Park, Baltimore County, Carroll County and	Maryland
Capital City Nurses offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Our advantage is that we offer flexibility and custom services to meet your needs, whatever they are. Service Area:Serving Washington, D.C. Please	Washington D.C.
Coastal Home Care offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Service Area:Serving:Wicomico County,Worcester County Talbot County,Somerset County,Dorchester County and Caroline County .	Maryland
Coastal Home Care offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Service Area:Serving: Sussex County Kent County. Please call for further information.	Delaware
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.	Maryland

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Areas serviced	Maryland
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Areas serviced:	Maryland
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Areas serviced:Baltimore, Baltimore City, Cecil, Hartford, Howard.Please call for further information.	Maryland
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas:Avery, Haywood, Ashe, Buncombe, Burke, Caldwell, Cherokee, Clay, Graham, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey.Please call for further information.	North Carolina
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas:North Carolina: Cleveland, Alexander, Anson, Burke, Cabarras, Catawba, Davidson, Davie, Gaston, Iredell, Lincoln, Mecklenberg, Montgomery, Rowan, Rutherford, Stanley, Union and South Carolina: Abbeville, Anderson, Cherokee, Chester, Fairfield, Greenville, Greenwood, Kershaw, Lancaster, Lauren, Lexington, Newberry, Oconee, Pickens, Richland, Saluda, Spartanburg.	North Carolina
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas:Bladen, Cumberland, Duplin Sampson, Harnett, Hoke, Johnston, Lee, Montgomery, Moore, Richmond, Robeson, Scotland. Please call for further information.	North Carolina
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Greensboro Counties Served: Alamance, Alleghany, Ashe, Caswell, Davidson, Davie, Forsyth, Guilford, Iredell, Person, Randolph, Rockingham, Stokes, Surry, Watauga, Wilkes, Yadkin. Please call for further information.	North Carolina
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas:Beaufort, Bertie, Camden, Craven, Currituck, Dare, Duplin, Edgecombe, Gates, Greene,	North Carolina

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Louisburg Counties Served: Franklin, Granville, Halifax, Nash, Northampton, Vance, Warren	North Carolina
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Beaufort, Carteret, Craven, Jones, Onslow, Pamlico. Please call for further information.	North Carolina
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Alamance, Caswell, Chatham, Durham, Franklin, Granville, Halifax, Harnett, Johnston, Nash, Northampton, Orange, Person, Vance, Wake, Warren, Wayne, Wilson. Please call for further information.	North Carolina
Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Coverage Areas: Bladen, Brunswick, Carteret, Columbus, Duplin, New Hanover, Onslow, Pender, Sampson. Please call for further information.	North Carolina
The National Association for Home Care & Hospice (NAHC) is the largest and most respected professional association representing the interests of chronically ill, disabled, and dying Americans of all ages and the caregivers who provide them with in-home health and hospice service. They promote, protect and advance the highest quality health care at home. Please call for	Washington D.C.
Silver Lining Home Care offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Service Area: Serving: Dover . Please call for further information.	Delaware
AHC is committed to helping all our residents stay securely housed. If you are struggling to pay rent, our experienced Resident Services team can help you access rent relief resources and develop payment plans. Please call for a confidential discussion.	Maryland
The National Resource Center on Supportive Housing and Home Modification is sponsored by the University of Southern California, they assist with Home Modification for Caregivers and resources to help older persons remain independent.	California

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

HospiceLink is a nationwide toll-free directory of hospice services. In addition to information about hospice services in the caller's vicinity, general information about principles and practice of hospice care and informal short-term telephone support (but not medical advice) will be provided. 800-458-5231, Monday-Friday, 9:00 a.m. to 4:00 p.m. Eastern Time.	Maine
American Bar Association (ABA), Children's Immigration Law Academy (CILA) provides pro bono opportunities nationwide to support children in removal proceedings. Funded by the Acacia Center for Justice, this platform, Pro Bono Matters for Children Facing Deportation, allows lawyers to search and share available pro bono cases for unaccompanied children	
American University Defending the Dream Initiative provides legal assistance for immigration services. Areas of legal assistance: Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Habeas Corpus, NACARA, Naturalization/Citizenship, Removal hearings,	
Ayuda's holistic, culturally appropriate, and client-centered legal, social, and language access services provide low-income immigrants (Lending help regardless of their country of origin, race, religion, sexual orientation, and/or language skills) in Virginia, Washington D.C and Maryland region with important first steps to restore their lives, thrive, and succeed. They have 36 full-time, bi-lingual attorneys and social workers/case managers providing legal, social, and language access services. Domestic Violence, Child Abuse, Trafficking, Mental Health, Elder Abuse	Maryland
The Congregation Action Network is a network of faith communities in Washington, DC, and the Maryland and Virginia suburbs acting in solidarity to end detention, deportation, profiling, and criminalization of immigrants and demanding and upholding justice, dignity, safety, and family unity.	Washington, D.C.
Hook Law Center serves clients across Virginia and North Carolina with quality, comprehensive legal and financial planning solutions for every stage in life. They take a unique holistic approach to solving legal and financial issues, offering extraordinary, comprehensive solutions that maximize your opportunities in estate and long-term care planning, high-net-	North Carolina
The purpose of Kids First, Inc., is to provide quality evaluation and treatment to primary and secondary (non-offending family members) victims of child abuse and neglect in the seven-county albemarle region and to promote prevention through education.	Counties of Dare, Currituck, Camden, Pasquotank, Perquimans, Chowan, and Gates in northeastern North Carolina.

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Kids in Need of Defense provides legal immigration services.Areas of legal assistance: Adjustment of Status, Asylum applications, Removal hearings, Special Immigrant Juvenile Status, T visas, U visas.Types of legal assistance: Filings with USCIS, Representation at Asylum Interviews (Credible Fear	Nationwide
Marmol & Marmol, PLLC specializes in the practice of immigration law with an emphasis on honest, zealous, and compassionate legal representation. Practice Areas: Removal (Deportation) Defense, Bond Hearings, Asylum and Withholding of Removal, Applications for U.S. Citizenship,Special Immigrant Juvenile Status, Cancellation of Removal, Family-Based	Virginia and Maryland
Medical-legal partnerships integrate the unique expertise of lawyers into health care settings to help clinicians, case managers, and social workers address structural problems at the root of so many health inequities. They lead education, research, and technical assistance efforts to create	Washington, D.C.
The Asylum Seeker Advocacy Project (ASAP) provide a membership of asylum seekers with legal and community support. And work with the members to build a more welcoming to the United States.. ASAP members come from more than 175 countries and live in every U.S. state.	New York
The Capital Area Immigrants' Rights Coalition strives to ensure equal justice for all immigrant adults and children at risk of detention and deportation in the Capital region area and beyond through direct legal representation, know your rights presentations, impact litigation, advocacy, and the enlistment and training of attorneys to defend immigrants.	Washington, D.C. and Maryland
The Eviction Legal Helpline is a free resource that provides tenants facing <u>eviction or lease termination with legal information, specific legal advice</u>	Nationwide
USCRI- U.S. Committee for Refugees attorneys in Raleigh, NC assist families by defending their rights, promoting self-sufficiency, and forging community partnerships. With our help, refugees and immigrants are able to begin their lives in the United States with a sense of security and with the	North Carolina
Albemarle Regional Health Services provides Primary Care ,Behavioral Health Counseling, Child Health Services, Immunizations & Vaccinations, General Communicable Disease Control, Sexually Transmitted Diseases, Family Planning, Breast and Cervical Screening, Maternal Health,	Serving Bertie, Camden, Chowan, Currituck, Gates, Hertford, Pasquotank & Perquimans
The Obesity Program is a weight-loss and health education program that brings together a comprehensive team of physicians, researchers and health care professionals for children and teens committed to preventing and treating childhood obesity. Program includes: Family-centered	

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

ARHS offers comprehensive clinical services through each of its eight local health departments, conveniently located in each of our eight primary service counties - Bertie, Camden, Chowan, Currituck, Gates, Hertford, Pasquotank and Perquimans.. Services includes: Primary Care, Child Health Services, Immunizations & Vaccinations, General Communicable	Bertie, Camden, Chowan, Currituck, Gates, Hertford, Pasquotank and Perquimans.
Gateway Community Health Centers Inc is a practice with 1 Location. Currently Gateway Community Health Centers Inc's 3 physicians cover 3 specialty areas of medicine Family Medicine, Nurse Practitioner and Psychology. Hours: Mon-Fri- from 8:00 am - 5:00 pm .Please call for further information	North Carolina
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support	Counties Covered: Ashe & Alleghany
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support	Counties Covered: Bladen, Pender, South Duplin, South Sampson & Southwest Bladen
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support	Counties covered: Burke, Cleveland & Lincoln
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support	Counties Covered: Duplin, Franklin, Granville, Harnett, Johnston, & North Sampson
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support	Counties Covered: Chatham, Harnett, Lee, Moore, Randolph
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support	Counties Covered: Alamance, Caswell, Person, Orange
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support	Counties Covered: Edgecombe, Halifax, Northampton, Vance, Granville & Warren
The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support	Counties Covered: Davie, Stokes, Surry, & Wilkes

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support ~~farmworker health programs at community health centers, health~~	Counties Covered: Clay, Cherokee, Graham, Haywood, Jackson, Macon, Swain, Transylvania, parts of Buncombe, ~~Dekalb, GA~~
Roanoke Chowan Community Health Center provides. primary, preventive, enabling and supplemental medical health care services, including pediatrics, dental care, mental health care and substance abuse services, either directly on-site or through established arrangements, regardless of ability to pay. Care is provided in a medical home setting. Interpretation services available upon request. Please call for further information.	Hertford, Bertie, Gates, Northampton, and Washington counties and the surrounding areas of northeastern North Carolina.
ABBOTT: Patient assistance programs (PAPs) are programs created by drug companies, such as ABBOTT, to offer free or low cost drugs to	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as ACCERA, INC., to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs ~~may also be called indigent drug programs, charitable drug programs, or~~	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as ACCREDO THERAPEUTICS, to offer free or low cost drugs to individuals who are unable to pay for their medication. These ~~Programs may also be called indigent drug programs, charitable drug~~	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as ACTELION PHARMACEUTICALS, to offer free or low cost drugs to individuals who are unable to pay for their medication. These ~~Programs may also be called indigent drug programs, charitable drug~~	Nationwide
Patient assistance programs (PAPs) are programs created by drug ~~companies, such as AKRIMAX PHARMACEUTICALS, to offer free or low~~	Nationwide
Patient assistance programs (PAPs) are programs created by drug ~~companies, such as ALCON LABS, to offer free or low cost drugs to~~	Nationwide
atient assistance programs (PAPs) are programs created by drug ~~companies, such as ALEXION PHARMACEUTICALS, to offer free or low~~	Nationwide
Patient assistance programs (PAPs) are programs created by drug ~~companies, such as ALLERGAN, INC., to offer free or low cost drugs to~~	Nationwide
atient assistance programs (PAPs) are programs created by drug ~~companies, such as ALLOS THERAPEUTICS, to offer free or low cost~~	Nationwide
Patient assistance programs (PAPs) are programs created by drug ~~companies, such as AMAG PHARMACEUTICALS, to offer free or low cost~~	Nationwide
Patient assistance programs (PAPs) are programs created by drug ~~companies, such as AMYLIN PHARMACEUTICALS, INC., to offer free or~~	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as AMERICAN REGENT, to offer free or low cost drugs	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as AMGEN, INC., to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Patient assistance programs (PAPs) are programs created by drug companies, such as APTALIS, to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs may also be	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as ARBOR PHARMACEUTICALS, INC., to offer free or low cost drugs to individuals who are unable to pay for their medication.	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as ARCH FOUNDATION, to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as ASTRAZENECA PHARMACEUTICALS, to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs may also be called indigent drug programs, charitable	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as ASCEND THERAPEUTICS, to offer free or low cost	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as ASTELLAS, to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as AUXILIUM PHARMACEUTICALS, INC., to offer free or low cost drugs to individuals who are unable to pay for their medication.	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as AVANIR PHARMACEUTICALS, INC., to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs may also be called indigent drug programs, charitable	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as BAUSCH AND LOMB, to offer free or low cost drugs to individuals who are unable to pay for their medication. These Programs may also be called indigent drug programs, charitable drug programs or	Nationwide
Patient assistance programs (PAPs) are programs created by drug companies, such as BAXTER HEALTHCARE CORPORATION, to offer free or low cost drugs to individuals who are unable to pay for their	Nationwide
Benefits CheckUp Rx is a service of the National Council on Aging and is for people age 55 and over.	Nationwide
Blink Health offer generic prescription medications available at lower prices. Please call for further information.	Nationwide
non-profit organization provides assistance to qualifying patients with financial hardship who generally have no private prescription insurance and are not enrolled in a prescription drug coverage plan through Medicaid or	Nationwide
Care Connect USA Prescription Card was launched to help uninsured and underinsured people afford their prescription medications. The program can	Nationwide
ChamberRx, a community outreach of your Chamber of Commerce and its member businesses, is a Pharmacy Discount Program that provides discounts for cardholders at certain participating pharmacies for drugs and other healthcare supplies. You save on the cost of both brand name and	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Coordinated Care Network (CCN) is a 340B contracted pharmacy that provides specialty pharmacy and case management services to 340B Covered Entities.CCN services offerings include:340B HIV/Specialty Pharmacy Management Services,340B Physician Dispensing and Mail Express Scripts Holding Company is a pharmacy benefit management organization.	Pennsylvania
	Nationwide
FamilyWize Drug Discount Cards are available free of charge through our partnership with the United Way of South Hampton Roads. You can	Nationwide
GoodRx provides prices and discounts for thousands of prescription drugs at more than 70,000 local and mail-order pharmacies in the USA. We're like an Orbitz for prescription drugs. Doctors, hospitals, clinics, and patients use us every day to save money. Simply enter the name of any drug (generic or brand name) into the form, give us a location (city, state, or	California
IngenioRx pharmacy is a benefit manager (PBM) for prescription drugs,mail-order pharmacy* and specialty pharmacy for several plan sponsors.	New Jersey
Johnson & Johnson Patient Assistance Foundation, Inc. is a non-profit organization that assists patients without adequate financial resources and prescription coverage in obtaining free products donated by the operating companies of Johnson & Johnson. The Foundation is an independent organization reflecting the Johnson & Johnson operating companies' long-standing commitment to helping patients access prescription medicines.	North Carolina
Provide medications at no cost to those who meet specific financial qualifications. Please call for further information.	Georgia
National Institute of Mental Health site contains resources concerning children with intellectual disabilities.	Maryland
National Urban League (NUL) Prescription Drug Card provides discounts when presenting at over 55,000 pharmacies.	Nationwide
NeedyMeds is an information resource to help you find assistance.	Nationwide
The Diabetes PAP provides free medicine to those who qualify. If approved, a free 90-day supply of medicine will be sent to the prescribing healthcare providers' office to be picked up at the patient's convenience. Novo Nordisk will automatically contact the healthcare provider 90 days	Nationwide
Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Pharmaceutical Research and Manufacturers of America is a group of many pharmaceutical companies offer assistance to individuals unable to pay for their medications. to qualify in most cases, persons must have a low income and no pharmaceutical coverage in their insurance plan. An application must be completed to qualify. Medications offered through	Washington D.C.
The Pfizer Bridge Program provides patient support services and reimbursement assistance. To qualify, you must: be uninsured or underinsured, and have no prescription coverage for the product requested,	Nationwide
Connection to Care-Pfizer offers a prescription assistance program for individuals who cannot afford three cost of prescribed medications and meet the following requirements: Either have no prescription coverage or	Nationwide
First Resource offers reimbursement support services and patient assistance to help you gain access to the Pfizer Oncology medicines you need. If you qualify, the program can also provide co-pay assistance for	Nationwide
Pfizer Inc. will provide more than 70 of its prescription drugs, from Lipitor to Viagra. Medications at no cost to unemployed, uninsured Americans, regardless of their prior income, who lost jobs since Jan. 1 and have been	Nationwide
Maintain will provide prescription drugs assistance to: Became unemployed on or after January 1, 2009, were prescribed and taking a Pfizer medicine	Nationwide
RSVP stands for the Reimbursement Solutions, Verification, and Payment HELpline. The program offers reimbursement support services and patient	Nationwide
RxHope is exactly what its name implies...a helping hand to people in need in obtaining critical medications that they would normally have trouble	Nationwide
Rx Outreach is a patient assistance program offering generic medications	Nationwide
Sanofi-Aventis Inc. offers up to a one year supply per application depending on the B247 prescription. Our new application requires one application with a refill over the E247 (The only exception to this is with the	Nationwide
The alliance for Pharmacy Compounding Search Tool will help you to find a compounding pharmacy in your immediate area.	Nationwide
This is an organization that was established by volunteers dedicated to	Nationwide
NORD administered programs to assist uninsured or under-insured individuals in securing life-saving or life-sustaining medications. Currently, NORD administers programs for: -Acorda Therapeutics-Med: Zanaflex Capsules, Uninsured Individual Program (Tizanidine Hydrochloride), Conditions: Spasticity, Contact: Reimbursement Assistance	Nationwide
The Partnership for Prescription Assistance brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients	Nationwide
The PAF Co-Pay Relief Program (CPR) currently provides direct financial support to insured patients, including Medicare Part D beneficiaries, who	Nationwide
Together Rx Access saves eligible cardholders 25 to 40% on brand name and generic medications	Nationwide

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Xubex offers a wide variety of products and services to meet the needs of patients, healthcare providers and pharmaceutical companies. Provides	Nationwide
Albemarle Counseling Group offers: Individual Psychotherapy, Marital Therapy, Play therapy, Psychological Testing for Intelligence,	Nationwide
Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.	Nationwide
Dungarvin serve children and adults with Intellectual & Developmental Disabilities and Substance Abuse Problems in their homes and communities . Their services includes: Intellectual & Developmental Disabilities Mental Health, Behavioral Challenges, Traumatic/ Acquired Brain Injury, Significant Medical Challenges for Children & Their Families. Please call or visit the website for further information.	Elizabeth City, Hertford, Edenton, Bertie, Gates, and Currituck Areas
Healthy Minds Innovations, Inc.is a nonprofit affiliated with the Center for Healthy Minds at the University of Wisconsin-Madison driven by a mission to translate science into tools to cultivate and measure well-being. The Healthy Minds Program App is an easy to use guide to well being.	Nationwide
May Institute provides In-Home ABA (applied behavior analysis) therapies to military families. Please call for further information.	Massachusetts
Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the	Nationwide
National Suicide Prevention Lifeline at 1-800-273-TALK (2955) Maternal	Nationwide
The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and	Nationwide
advising suicide prevention by empowering individuals addressing	
African Communities Together is an organization of African immigrants fighting for civil rights, opportunity, and a better life for our families here in the U.S. and worldwide. They help African immigrants find free or low-cost assistance with immigration, jobs, and other needs. Each year they help	New York
hundreds of African immigrants with free, high-quality immigration legal	

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

American Bar Association (ABA), Children's Immigration Law Academy (CILA) provides pro bono opportunities nationwide to support children in removal proceedings. Funded by the Acacia Center for Justice, this platform, Pro Bono Matters for Children Facing Deportation, allows lawyers to search and share available pro bono cases for unaccompanied children.	
AJC Washington connects our community with American Jewish Committee's global advocacy work to enhance the well-being of the Jewish people and Israel. They serve the D.C., Maryland, and Virginia area. Please call for further information.	Maryland
American University Defending the Dream Initiative provides legal assistance for immigration services. Areas of legal assistance: Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions,	
This program is available to anyone seeking refuge that was recently released from U.S. custody. When those who enter U.S. custody are released to await a court date with the U.S. government, a network of Church World Service-supported respite shelters welcomes them with open arms and much-needed services. Services:- Short-term shelter	Washington D.C.
CASA De Maryland provides critical services to immigrant and working-class families, and advocates for their rights. Services include: Community Organizing, Financial Education, Health and Human Services, Youth Leadership Development and AmeriCorps Hours. M-F: 9:00 am - 5:00 pm	Nationwide
The Congregation Action Network is a network of faith communities in Washington, DC, and the Maryland and Virginia suburbs acting in solidarity to end detention, deportation, profiling, and criminalization of immigrants	Nationwide
GRIEFNET is an internet community of adults/children dealing with grief, death, and major loss,	Nationwide
GrieveOutLoud is an internet community of compassion and hope for grieving families	Nationwide
Kids in Need of Defense provides legal immigration services. Areas of legal assistance: Adjustment of Status, Asylum applications, Removal hearings, Special Immigrant Juvenile Status, T visas, U visas. Types of legal assistance: Filings with USCIS, Representation at Asylum Interviews (Credible Fear	Virginia and Maryland

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

Ladies Let's Talk (LLT) provides conversational english practice to refugee and immigrant women. This program is led by American women volunteers ~~who want to meet you and talk about real-life topics like family, food and~~	Nationwide
Ladies Let's Talk (LLT) Pronunciation Classes are taught by volunteer Speech Language Pathologists: Gail Totten, Kate Anderson and Viki Schmidt. The purpose of each class is to help Learners speak English more clearly and naturally so that they can communicate effectively with	Nationwide
Marmol & Marmol, PLLC specializes in the practice of immigration law with an emphasis on honest, zealous, and compassionate legal representation. Practice Areas: Removal (Deportation) Defense, Bond Hearings, Asylum and Withholding of Removal, Applications for U.S. Citizenship, Special Immigrant Juvenile Status, Cancellation of Removal, Family-Based Immigrant Visas, Waivers, DACA Applications and Renewals, PS Late Filings and Renewals, Visa Petitions for Victims of Domestic Violence and Other Crimes (VAWA, U Visas, and T Visas), Lawful Permanent Residence through Adjustment of Status and Consular Processing ("Green Cards"). Bilingual attorneys (Spanish-English). Please call or visit the website for further information.	
Miss Foundation is an internet community of compassion and hope for grieving families	Nationwide
Rachel's Gift provides pregnancy and infant loss virtual support groups online on Thursdays @ 7:00PM EST. Please call or email for further information.	
	Nationwide
The Arc has been on the front lines in making change happen for people diagnosed with Autism, Down Syndrome, Fetal Alcohol Syndrome, and a range of diagnoses across the spectrum of intellectual and developmental disabilities. The Arc is the nation's leading advocate for all people with	North Carolina
Camp Say is designed for Kids who stutter. Ages:8 years – 18 years. Hours:Overnight. Dates:July 31 – August 14. Cost:\$3,800 Financial aid available. Please call for further information.	North Carolina

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

The mission of the Victory Junction Gang Camp is to enrich the lives of children with chronic medical conditions or serious illnesses by providing life-changing camping experiences that are exciting, fun and empowering, in a safe and medically sound environment. Victory Junction is summer camp, Disneyland, and a box of crayons mixed in a blender, and a special retreat for children with: Arthritis, Asthma, Autism, Blind, Burn survivors, Cancer, Craniofacial Anomalies, Deaf, Diabetes, Down Syndrome, Epilepsy, Gastrointestinal Disease, Heart Disease, Hemophilia, HIV, Kidney disease, Neurological Disease, Physical disabilities, Sickle Cell, Skin Disease, Spina Bifida, TMA (Transverse Myelitis, Ventilator dependent. Ages: 6 years - 16 years. Hours: Summer Family Day or Summer Family Retreat (overnight). Cost: FREE	
ARCH does not provide direct respite services, but they may be able to assist you in order to find it in your local community. The website offers additional information on types of respite, how to pay for respite, how to get paid to be a family caregiver and additional helpful information.	
	Nationwide
	Maryland
	Delaware
Comfort Zone Grief Camp for children and teens ages 5-25, and their families. Year-round weekend camps held across the country in California, Massachusetts, New Jersey and Virginia.	North Carolina
Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation <u>Military Deployment, Community Crisis, and Significant Illness Support</u>	North Carolina
Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness Support <u>Group provide support to children experiencing a loss of a loved one</u>	Ohio

COMMUNITY RESOURCES EASTERN REGION
Services Provided by **National Organizations**

Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness Support Group provide support to children experiencing a loss of a loved one and help them to cope with death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness. All children	Nationwide
Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness Support Group provide support to children experiencing a loss of a loved one and help them to cope with	New York
Rainbows for All Children Grieving a ~~Death, Separation, Divorce, Incarceration, Deportation~~	
The Reach To Recovery program give breast cancer patients an opportunity to express feelings, talk about concerns, and ask questions. Volunteers offer understanding, support, and hope because they themselves have survived breast cancer. This program provides: Online or phone support and Peer support from breast cancer survivors. Reach To Recovery can provide support to those who: Are facing a possible diagnosis of breast cancer, Were recently diagnosed with breast cancer, Are considering or have had a lumpectomy or mastectomy, Are considering breast reconstruction, Have arm swelling (lymphedema) from treatment and Are undergoing or have completed treatment. Eligibility: This program helps those with a breast cancer diagnosis or those who are facing a possible breast cancer diagnosis. This program helps people who are older than 17 years old. Must live in the United States. Languages: English, Spanish Cost: Free. Coverage Area: This program covers residents of the following states: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, MT, NC, ND, NE, NH, NJ, NM, NV, NY, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, VT, WA, WI, WV and WY. Please call or visit the website for further information.	

COMMUNITY RESOURCES EASTERN REGION
Services Provided by National Organizations

United Spinal Association --Peer Mentoring offers one-on-one peer mentoring that matches you with someone else with a similar injury, gender, and lifestyle. They draw from their extensive national chapter network to connect you with an experienced peer who lives close to you. If you do not live near one of our chapters, then they match you with one of our experienced long-distance mentors. All mentors are trained to offer you advice, guidance, resources, and real-life experience to help navigate life with a disability. Please call or visit the website for further information.	Washington, D.C.
	Washington, D.C.
Provides transportation resources for people with disabilities.	Washington, D.C.
Ensures a fast, safe, efficient, accessible, and convenient transportation system that meets vital national interest and enhances the quality of life of the American people.	
Works with transit, disability and consumer organizations and federal agencies to improve transit accessibility.	

COMMUNITY RESOURCES EASTERN REGION
Regional Services

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE	NOTES
ADVOCACY			
Adult Protective Services (APS)- Alexandria (Rev.08/24/23)	4850 Mark Center Dr., Alexandria, VA 22311	Alexandria Department of Community and Human Services Ph:703- 746-5700 Fax:703-746-5974 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. ~~Services may also be arranged for individuals in emergency situations who lack~~
American Council of the Blind of Virginia (Rev.11/11/24)	American Council of the Blind 225 Reinekers Lane, Suite 660 Alexandria, VA 22314	Toll-free (800) 424-8666 or 202- 467-5081 local E-mail us at info@acb.org Website:https://www.acb.org/affiliate- old-dominion	The American Council of the Blind of Virginia, (ACB-VA), is a membership organization comprised of people who are blind, visually impaired, deaf blind, and sighted. We advocate for the independence, economic stability, and equal opportunity to participate fully in all aspects of society; and foster self-reliance, confidence, camaraderie, and community engagement amongst our members.
Child Protective Services (CPS)- Alexandria (Rev,08/24/23)	4850 Mark Center Dr., Alexandria, VA 22311	Alexandria Department of Community and Human Services Ph:703- 746-5700 Fax:703-746-5974 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect; conducting~~
Adult Protective Services (APS)- Alexandria (Rev.08/24/23)	2100 Washington Blvd. - 1st Fl., Arlington, VA 22204	Alexandria Department of Community and Human Services Ph:703- 746-5700 Fax:703-746-5974 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Arlington (Rev,08/24/23)	2100 Washington Blvd. - 1st Fl., Arlington, VA 22204	Alexandria Department of Community and Human Services Ph:703- 746-5700 Fax:703-746-5974 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect; conducting~~
Adult Protective Services (APS)- Clarke (Rev.08/24/23)	311 E. Main St., Berryville, VA 22611	Clarke County Department of Social Services Ph:540- 955-3700 Fax:540- 955- 3958 Hotline: 1-888-832- 3958	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal ~~services to stop the mistreatment or prevent further mistreatment. Services~~
Child Protective Services (CPS)- Clarke (Rev,08/24/23)	311 E. Main St., Berryville, VA 22611	Clarke County Department of Social Services Ph:540- 955-3700 Fax:540- 955- 3958 Hotline: 1-888-832- 3958	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Adult Protective Services (APS)- Culpeper (Rev.08/24/23)	1835 Industry Drive, P.O. Box 1355, Culpeper, VA 22701	Culpeper County Human Services Ph:540- 727-0372 Fax:540- 727-7584 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Culpeper (Rev.08/24/23)	1835 Industry Drive, P.O. Box 1355, Culpeper, VA 22701	Culpeper County Human Services Ph:540- 727-0372 Fax:540- 727-7584 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting
Adult Protective Services (APS)- Fairfax (Rev.08/24/23)	12011 Government Center Parkway, Suite 232, Fairfax, VA 22035	Fairfax County Department of Family Services Ph:703- 324-7500 Fax:703- 653- 6679 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Fairfax (Rev.08/24/23)	12011 Government Center Parkway, Suite 232, Fairfax, VA 22035	Fairfax County Department of Family Services Ph:703- 324-7500 Fax:703- 653- 6679 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting
Adult Protective Services (APS)- Fauquier (Rev.08/24/23)	320 Hospital Drive, Suite 11, Warrenton, VA 20186	Fauquier County Department of Social Services Ph:540- 422-8400 Fax:540- 422- 8449: Hotline: 1-888-832- 3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Fauquier (Rev.08/24/23)	320 Hospital Drive, Suite 11, Warrenton, VA 20186	Fauquier County Department of Social Services Ph:540- 422-8400 Fax:540- 422- 8449: Hotline: 1-888-832- 3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Frederick (Rev.08/24/23)	107 N. Kent St., Third Floor, Winchester, VA 22601	Frederick County Department of Social Services Ph: 540- 665-5688 Fax:540- 665-5664 Hotline: 1-888- 832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Frederick (Rev.08/24/23)	107 N. Kent St., Third Floor, Winchester, VA 22601	Frederick County Department of Social Services Ph: 540- 665-5688 Fax:540- 665-5664 Hotline: 1-888- 832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Fredericksburg (Rev.08/24/23)	608 Jackson Street, Suite 100, Fredericksburg, VA 22401	Fredericksburg Department of Social Services Ph: 540- 372-1032 Fax:540- 372- 1157 Hotline: 1-888-832- 3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Fredericksburg (Rev.08/24/23)	608 Jackson Street, Suite 100, Fredericksburg, VA 22401	Fredericksburg Department of Social Services Ph: 540- 372-1032 Fax:540- 372- 1157 Hotline: 1-888-832- 3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Adult Protective Services (APS)- Greene (Rev.08/24/23)	10009 Spotswood Trail, Stanardsville, VA 22973	Greene County Department of Social Services Ph: 434- 985-5246 Fax:434- 985- 5266 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Greene (Rev.08/24/23)	10009 Spotswood Trail, Stanardsville, VA 22973	Greene County Department of Social Services Ph: 434- 985-5246 Fax:434- 985- 5266 Hotline: 1-888-832- 3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services
Adult Protective Services (APS)- Harrisonburg (Rev.08/24/23)	110 N. Mason St., P.O. Box 809, Harrisonburg, VA 22803	Harrisonburg-Rockingham Dept. of Social Services Ph: 540- 574-5100 Fax:540- 574- 5127 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Harrisonburg (Rev.08/24/23)	110 N. Mason St., P.O. Box 809, Harrisonburg, VA 22803	Harrisonburg-Rockingham Dept. of Social Services Ph: 540- 574-5100 Fax:540- 574- 5127 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-King George (Rev.08/24/23)	10069 Kings Highway, P.O. Box 130, King George, VA 22484	King George Department of Social Services Ph:540 775-3544 Fax:540- 775- 3098 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)-King George (Rev.08/24/23)	10069 Kings Highway, P.O. Box 130, King George, VA 22484	King George Department of Social Services Ph:540 775-3544 Fax:540- 775- 3098 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Loudoun (Rev.08/24/23)	102 Heritage Way, Suite 103, PO Box 7400, Leesburg, VA 20177	Loudoun County Department of Family Services Ph:703- 777-0353 Fax:703- 771-5214	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Loudoun (Rev.08/24/23)	102 Heritage Way, Suite 103, PO Box 7400, Leesburg, VA 20177	Loudoun County Department of Family Services Ph:703- 777-0353 Fax:703- 771-5214	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Louisa (Rev.08/24/23)	114 Industrial Dr, PO Box 425, Louisa, VA 23093	Loudoun County Department of Family Services Ph:703- 777-0353 Fax:703- 771-5214	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Louisa (Rev.08/24/23)	114 Industrial Dr, PO Box 425, Louisa, VA 23093	Louisa County Department of Human Services Ph:703- 777-0353 Fax:703- 771-5214	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families

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Adult Protective Services (APS)- Madison (Rev.08/24/23)	101 S. Main St., P.O. Box 176, Madison, VA 22727	Madison County Department of Social Services Ph:540- 948-5521 Fax:540- 948-3762	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Madison (Rev.08/24/23)	101 S. Main St., P.O. Box 176, Madison, VA 22727	Louisa County Department of Human Services Ph:703- 777-0353 Fax:703- 771-5214 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services
Adult Protective Services (APS)- Manassas City (Rev.08/24/23)	9324 West Street, Manassas, VA 20110	Manassas City Department of Family Services Ph:703- 361-8277 Fax:703- 361-6933 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services
Child Protective Services (CPS)- Manassas City (Rev.08/24/23)	9324 West Street, Manassas, VA 20110	Manassas City Department of Family Services Ph:703- 361-8277 Fax:703- 361-6933 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services
Adult Protective Services (APS)- Manassas Park	100 Nadia Street, 2nd Floor, Manassas Park, VA 20111	Manassas Park Department of Family Services	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are
Child Protective Services (CPS)- Manassas Park	100 Nadia Street, 2nd Floor, Manassas Park, VA 20111	Manassas Park Department of Family Services	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve
Adult Protective Services (APS)- Orange (Rev.08/24/23)	146 N. Madison Road, Suite 201, Orange, VA 22960	Orange County Department of Social Services Ph:540- 672-6166 Fax:540- 672-9118 Hotline: 1-888- 832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services
Child Protective Services (CPS)- Orange (Rev.08/24/23)	146 N. Madison Road, Suite 201, Orange, VA 22960	Orange County Department of Social Services Ph:540- 672-6166 Fax:540- 672-9118 Hotline: 1-888- 832-3858 Website: https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing
Adult Protective Services (APS)-Page County (Rev.08/24/23)	215 W. Main St., Suite A, P.O. Box 47, Stanley, VA 22851	Page County Department of Social Services Ph:540- 778-1053 Fax:540- 778- 1421 Hotline: 1-888-832- 3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)-Page County (Rev.08/24/23)	215 W. Main St., Suite A, P.O. Box 47, Stanley, VA 22851	Page County Department of Social Services Ph:540- 778-1053 Fax:540- 778- 1421 Hotline: 1-888-832- 3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services

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Adult Protective Services (APS)- Prince William County (Rev.08/24/23)	7987 Ashton Ave., Suite 200, Manassas, VA 20109	Prince William County Department of Social Services Ph:703- 792- 7500 Fax1-833-677-1482 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult ~~foster care, nutrition services and legal intervention in order to protect the adult.~~
Child Protective Services (CPS)- Prince William County (Rev,08/24/23)	7987 Ashton Ave., Suite 200, Manassas, VA 20109	Prince William County Department of Social Services Ph:703- 792- 7500 Fax1-833-677-1482 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/ ~~printer/family/cps/cps~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect, conducting~~
Adult Protective Services (APS)- Rappahannock County (Rev.08/24/23)	354 Gay St., P.O. Box 87, Washington, VA 22747	Rappahannock County Department of Social Services Ph:540- 675- 3313 Fax:540- 675-3315 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/ ~~printer/family/rapp~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services ~~offered may include home based care, transportation, adult day services, adult~~
Child Protective Services (CPS)- Rappahannock County (Rev,08/24/23)	354 Gay St., P.O. Box 87, Washington, VA 22747	Rappahannock County Department of Social Services Ph:540- 675- 3313 Fax:540- 675-3315 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/ ~~printer/family/cps/cps~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect, conducting~~
Adult Protective Services (APS)- Shenandoah County (Rev.08/24/23)	Shenandoah County Government Center, 494 N. Main St., Suite 200, Woodstock, VA 22664	Shenandoah County Department of Social Services Ph:540- 459-6226 Fax:540- 459-6223 Hotline: 1-888- 832-3858 ~~Website:https://www.dss.virginia.gov/~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services ~~offered may include home based care, transportation, adult day services, adult~~
Child Protective Services (CPS)- Shenandoah County (Rev,08/24/23)	Shenandoah County Government Center, 494 N. Main St., Suite 200, Woodstock, VA 22664	Shenandoah County Department of Social Services Ph:540- 459-6226 Fax:540- 459-6223 Hotline: 1-888- 832-3858 ~~Website:https://www.dss.virginia.gov/~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect, conducting~~
Adult Protective Services (APS)- Spotsylvania (Rev.08/24/23)	9019 Old Battlefield Blvd - 2nd Fl., Spotsylvania, VA 22553, P.O. Box 249, Spotsylvania, VA 22553	Spotsylvania Department of Social Services Ph:540- 507-7898 Fax:540- 507- 7806 Hotline: 1-888-832- 3858 ~~Website:https://www.dss.virginia.gov/~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services ~~offered may include home based care, transportation, adult day services, adult~~
Child Protective Services (CPS)- Spotsylvania (Rev,08/24/23)	9019 Old Battlefield Blvd - 2nd Fl., Spotsylvania, VA 22553, P.O. Box 249, Spotsylvania, VA 22553	Spotsylvania Department of Social Services Ph:540- 507-7898 Fax:540- 507- 7806 Hotline: 1-888-832- 3858 ~~Website:https://www.dss.virginia.gov/~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect, conducting~~

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Adult Protective Services (APS)- Stafford County (Rev.08/24/23)	Stafford County Government Center, 1300 Courthouse Road, P.O. Box 7, Stafford, VA 22555	Stafford County Department of Social Services Ph:540- 658-8720 Fax:540- 658-8798 Hotline: 1-888-832-3858 Website: http://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Stafford County (Rev.08/24/23)	Stafford County Government Center, 1300 Courthouse Road, P.O. Box 7, Stafford, VA 22555	Stafford County Department of Social Services Ph:540- 658-8720 Fax:540- 658-8798 Hotline: 1-888-832-3858 Website: http://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting
Adult Protective Services (APS)- Warren County (Rev.08/24/23)	465 W 15th Street, Suite 100, Front Royal, VA 22630	Warren County Department of Social Services Ph:540- 635-3430 Fax:540- 635-8451 Hotline: 1-888-832-3858 Website: http://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Warren County (Rev.08/24/23)	465 W 15th Street, Suite 100, Front Royal, VA 22630	Warren County Department of Social Services Ph:540- 635-3430 Fax:540- 635-8451 Hotline: 1-888-832-3858 Website: http://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting
Adult Protective Services (APS)- Winchester (Rev.08/24/23)	24 Baker Street, Winchester, VA 22601	Winchester Department of Social Services Ph:540- 662-3807 Fax:540- 662-3279 Hotline: 1-888-832-3858 Website: http://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Winchester (Rev.08/24/23)	24 Baker Street, Winchester, VA 22601	Winchester Department of Social Services Ph:540- 662-3807 Fax:540- 662-3279 Hotline: 1-888-832-3858 Website: http://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting
Adult Protective Services (APS)- Amelia (Rev.08/24/23)	16360 Dunn Street Suite 201, P.O. Box 136, Amelia, VA 23002	Amelia Department of Social Services Ph:804- 561-2681 Fax:804- 561-6040 Hotline: 1-888-832-3858 Website: http://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Amelia (Rev.08/24/23)	16360 Dunn Street Suite 201, P.O. Box 136, Amelia, VA 23002	Amelia Department of Social Services Ph:804- 561-2681 Fax:804- 561-6040 Hotline: 1-888-832-3858 Website: http://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting

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Adult Protective Services (APS)- Buckingham County (Rev.08/24/23)	13360 West James Anderson Highway, Route 60, P. O. Box 170, Buckingham Court House, VA 23921	Buckingham County Department of Social Services Ph:434- 969-4246 Fax:434- 969-1449 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services ~~offered may include home-based care, transportation, adult day services, adult~~
Child Protective Services (CPS)- Buckingham County (Rev.08/24/23)	13360 West James Anderson Highway, Route 60, P. O. Box 170, Buckingham Court House, VA 23921	Buckingham County Department of Social Services Ph:434- 969-4246 Fax:434- 969-1449 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect, conducting~~
Adult Protective Services (APS)- Caroline (Rev.08/24/23)	17202 Richmond Turnpike, P.O. Box 430, Bowling Green, VA 22427	Caroline Department of Social Services Ph:804- 633-5071 Fax:804- 633-5648 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services ~~offered may include home-based care, transportation, adult day services, adult~~
Child Protective Services (CPS)- Caroline (Rev.08/24/23)	17202 Richmond Turnpike, P.O. Box 430, Bowling Green, VA 22427	Caroline Department of Social Services Ph:804- 633-5071 Fax:804- 633-5648 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect, conducting~~
Adult Protective Services (APS)- Charles City (Rev.08/24/23)	10900 Courthouse Road, P.O. Box 98, Charles City, VA 23030	Charles City Department of Social Services Ph:804- 652-1708 Fax:804- 829-2430 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services ~~offered may include home-based care, transportation, adult day services, adult~~
Child Protective Services (CPS)- Charles City (Rev.08/24/23)	10900 Courthouse Road, P.O. Box 98, Charles City, VA 23030	Charles City Department of Social Services Ph:804- 652-1708 Fax:804- 829-2430 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect, conducting~~
Adult Protective Services (APS)- Chesterfield (Rev.08/24/23)	9501 Lucy Corr Circle, P.O. Box 430, Chesterfield, VA 23832	Chesterfield/Colonial Heights Department of Social Services Ph:804- 748-1100 Fax:804- 717-6294 Hotline: 1-888-832-3858 ~~Website:https://www.dss.virginia.gov/~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services ~~offered may include home-based care, transportation, adult day services, adult~~
Child Protective Services (CPS)- Chesterfield (Rev.08/24/23)	9501 Lucy Corr Circle, P.O. Box 430, Chesterfield, VA 23832	Chesterfield/Colonial Heights Department of Social Services Ph:804- 748-1100 Fax:804- 717-6294 ~~Hotline: 1-888-832-3858~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services ~~are responsible for receiving reports of abuse and neglect, conducting~~

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Adult Protective Services (APS)- Cumberland (Rev.08/24/23)	71 Community Center Drive, P. O. Box 33, Cumberland, VA 23040	Cumberland County Department of Social Services Ph:804- 492-4915 Fax:804- 492- 9346 Hotline: 1-888-832- 2222	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Cumberland (Rev.08/24/23)	71 Community Center Drive, P. O. Box 33, Cumberland, VA 23040	Cumberland County Department of Social Services Ph:804- 492-4915 Fax:804- 492- 9346 Hotline: 1-888-832- 2222	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-Essex (Rev.08/24/23)	772 Richmond Beach Road, P.O. Box 1004, Tappahannock, VA 22560	Essex Department of Social Services Ph:804- 443-3561 Fax:804- 443-8254 Hotline: 1-888-832-3858 Website: http://www.dcs.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Essex (Rev.08/24/23)	772 Richmond Beach Road, P.O. Box 1004, Tappahannock, VA 22560	Essex Department of Social Services Ph:804- 443-3561 Fax:804- 443-8254 Hotline: 1-888-832-3858 Website: http://www.dcs.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting
Adult Protective Services (APS)- Fluvanna County (Rev.08/24/23)	8880 B James Madison Highway, P.O. Box 98, Fork Union, VA 23055	Fluvanna County Department of Social Services Ph:434- 842-8221 Fax:434- 842-2776 Hotline: 1-888-832-3858 Website: http://www.dcs.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Fluvanna County (Rev.08/24/23)	8880 B James Madison Highway, P.O. Box 98, Fork Union, VA 23055	Fluvanna County Department of Social Services Ph:434- 842-8221 Fax:434- 842-2776 Hotline: 1-888-832-3858 Website: http://www.dcs.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting
Adult Protective Services (APS)- Goochland (Rev.08/24/23)	1800 Sandy Hook Road, Suite 200, P.O. Box 34, Goochland, VA 23063	Goochland Department of Social Services Ph:804- 556-5880 Fax:804- 556- 4718 Hotline: 1-888-832- 3858 Website: http://www.dcs.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Goochland (Rev.08/24/23)	1800 Sandy Hook Road, Suite 200, P.O. Box 34, Goochland, VA 23063	Goochland Department of Social Services Ph:804- 556-5880 Fax:804- 556- 4718 Hotline: 1-888-832- 3858 Website: http://www.dcs.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect, conducting

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Adult Protective Services (APS)- Hanover County (Rev.08/24/23)	12304 S. Washington Highway, Ashland, VA 23005	Hanover County Department of Social Services Ph:804- 365-4100 Fax:804- 365-4110 Hotline: 1-888-832-3858 Website:https://www.dcs.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Henrico County (Rev.08/24/23)	12304 S. Washington Highway, Ashland, VA 23005	Hanover County Department of Social Services Ph:804- 365-4100 Fax:804- 365-4110 Website:https://www.dcs.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Henrico County (Rev.08/24/23)	8600 Dixon Powers Drive, P.O. Box 90775, Henrico, VA 23273	Henrico County Department of Social Services Ph:804- 501-4001 Fax:804- 501-4006 Hotline: 1-888-832-3858 Website:https://www.dcs.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Henrico County (Rev.08/24/23)	8600 Dixon Powers Drive, P.O. Box 90775, Henrico, VA 23273	Henrico County Department of Social Services Ph:804- 501-4001 Fax:804- 501-4006 Website:https://www.dcs.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Hopewel (Rev.08/24/23)	316 E. Cawson Street, Hopewell, VA 23860	Hopewell Department of Social Services Ph:804- 541-2330 Fax:804- 541- 2247 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)- Hopewel (Rev.08/24/23)	316 E. Cawson Street, Hopewell, VA 23860	Hopewell Department of Social Services Ph:804- 541-2330 Fax:804- 541- 2247 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-King and Queen (Rev.08/24/23)	242 Allen Circle, P.O. Box 7, King and Queen Courthouse, VA 23085	King and Queen Department of Social Services Ph:804- 769-5003 Fax:804- 785-5885 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)-King and Queen (Rev.08/24/23)	242 Allen Circle, P.O. Box 7, King and Queen Courthouse, VA 23085	King and Queen Department of Social Services Ph:804- 769-5003 Fax:804- 785-5885	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-King William (Rev.08/24/23)	172 Courthouse Lane, P.O. Box 187, King William, VA 23086	King William Department of Social Services Ph:804- 769-4905 Fax:804-769- 4979 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult
Child Protective Services (CPS)-King William (Rev.08/24/23)	172 Courthouse Lane, P.O. Box 187, King William, VA 23086	King William Department of Social Services Ph:804- 769-4905 Fax:804-769- 4979 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Lancaster County (Rev.08/24/23)	9049 Mary Ball Road, P.O. Box 308, Lancaster, VA 22503	Lancaster County Department of Social Services Ph:804- 462-5141 Fax:804- 462-0330	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home based care, transportation, adult day services, adult

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Child Protective Services (CPS)- Lancaster County (Rev.08/24/23)	9049 Mary Ball Road, P.O. Box 308, Lancaster, VA 22503	Lancaster County Department of Social Services Ph:804- 462-5141 Fax:804- 462-0330	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Lunenburg County (Rev.08/24/23)	11387 Courthouse Road, Lunenburg, VA 23952	Lunenburg County Department of Social Services Ph:434- 696-2134 Fax:434- 696-2534 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services
Child Protective Services (CPS)- Lunenburg County (Rev.08/24/23)	11387 Courthouse Road, Lunenburg, VA 23952	Lunenburg County Department of Social Services Ph:434- 696-2134 Fax:434- 696-2534 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services
Adult Protective Services (APS)- Middlesex County (Rev.08/24/23)	2893 General Puller Highway, P.O. Box 216, Urbanna, VA 23175	Middlesex County Department of Social Services Ph:804- 758-2348 Fax:804- 758-2357 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Middlesex County (Rev.08/24/23)	2893 General Puller Highway, P.O. Box 216, Urbanna, VA 23175	Middlesex County Department of Social Services Ph:804- 758-2348 Fax:804- 758-2357	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-New Kent (Rev.08/24/23)	7911 Courthouse Way, Suite 100, P.O. Box 229, New Kent, VA 23124	New Kent Department of Social Services Ph:804- 966-1853 Fax:804- 966-9170 Hotline: 1-888-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)-New Kent (Rev.08/24/23)	7911 Courthouse Way, Suite 100, P.O. Box 229, New Kent, VA 23124	Middlesex County Department of Social Services Ph:804- 758-2348 Fax:804- 758-2357	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Northumberland County (Rev.08/24/23)	6373 Northumberland Highway, Suite A, P.O. Box 399, Heathsville, VA 22473	Northumberland County Department of Social Services Ph:804- 580- 3477 Fax:804- 580- 5815 Hotline: 1-888-832- 3858 Website: https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult.
Child Protective Services (CPS)- Northumberland County (Rev.08/24/23)	6373 Northumberland Highway, Suite A, P.O. Box 399, Heathsville, VA 22473	Northumberland County Department of Social Services Ph:804- 580- 3477 Fax:804- 580- 5815 Hotline: 1-888-832- 3858 Website: https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the credibility of the CPS reports; and providing

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Adult Protective Services (APS)- Nottoway County (Rev.08/24/23)	288 W. Courthouse Road, P. O. Box 26, Nottoway, VA 23955	Nottoway County Department of Social Services Ph:434 645-8494: Fax:434- 645-7643 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Nottoway County (Rev.08/24/23)	288 W. Courthouse Road, P. O. Box 26, Nottoway, VA 23955	Nottoway County Department of Social Services Ph:434 645-8494: Fax:434- 645-7643 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting
Adult Protective Services (APS)- Petersburg (Rev.08/24/23)	3811 Corporate Rd., Petersburg, VA 23805	Petersburg Department of Social Services Ph:804- 861-4720 Fax:804- 861-0137 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Petersburg (Rev.08/24/23)	3811 Corporate Rd., Petersburg, VA 23805	Petersburg Department of Social Services Ph:804- 861-4720 Fax:804- 861-0137	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Powhatan County (Rev.08/24/23)	3908 Old Buckingham Road - Suite 2, Powhatan, VA 23139	Powhatan County Department of Social Services Ph:804- 598-5630 Fax:804- 598-5614 Hotline: 1-888- 832-3858 Website: https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Powhatan County (Rev.08/24/23)	3908 Old Buckingham Road - Suite 2, Powhatan, VA 23139	Powhatan County Department of Social Services Ph:804- 598-5630 Fax:804- 598-5614 Hotline: 1-888- 832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Prince Edward County (Rev.08/24/23)	56B SMI Way, Farmville, VA 23901	Prince Edward County Department of Social Services Ph:434- 392- 3113 Fax:434- 392-8453 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Prince Edward County (Rev.08/24/23)	56B SMI Way, Farmville, VA 23901	Prince Edward County Department of Social Services Ph:434- 392- 3113 Fax:434- 392-8453 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families

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Adult Protective Services (APS)- Richmond City (Rev.08/24/23)	Marshall Plaza Building, 900 E. Marshall St., P.O. Box 10129, Richmond, VA 23240	Richmond City Department of Social Services Ph:804- 646- 7000 Fax:804- 646-7018 Hotline: 1-888-832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in emergency situations who lack the capacity to consent to services. To report suspected adult abuse, neglect or exploitation, call your local department of social services or the 24-hour toll-free
Child Protective Services (CPS)- Richmond City (Rev.08/24/23)	Marshall Plaza Building, 900 E. Marshall St., P.O. Box 10129, Richmond, VA 23240	Richmond City Department of Social Services Ph:804- 646- 7000 Fax:804- 646-7018 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Richmond County (Rev.08/24/23)	5579 Richmond Road, P.O. Box 35, Warsaw, VA 22572	Richmond County Department of Social Services Ph:804- 333-4088 Fax:804- 333- 0156 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Richmond County (Rev.08/24/23)	5579 Richmond Road, P.O. Box 35, Warsaw, VA 22572	Richmond County Department of Social Services Ph:804- 333-4088 Fax:804- 333- 0156 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Westmoreland (Rev.08/24/23)	18849 Kings Highway, P.O. Box 302, Montross, VA 22520	Westmoreland Department of Social Services Ph:804- 493-9305 Fax:804- 493-9309 Hotline: 1-888-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Westmoreland (Rev.08/24/23)	18849 Kings Highway, P.O. Box 302, Montross, VA 22520	Westmoreland Department of Social Services Ph:804- 493-9305 Fax:804- 493-9309 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Albemarle County (Rev.08/24/23)	1600 Fifth St., Suite A, Charlottesville, VA 22902	Albemarle County Department of Social Services Ph:434- 972-4011 Fax:(434) 972-4080 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Albemarle County (Rev.08/24/23)	1600 Fifth St., Suite A, Charlottesville, VA 22902	Albemarle County Department of Social Services Ph:434- 972-4011 Fax:(434) 972-4080 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Alleghany-Covington (Rev.08/24/23)	110 Rosedale Ave., Suite B, Covington, VA 24426	Alleghany-Covington Department of Social Services Ph:540- 444-7100 Fax:540- 965-1772 Hotline: 1-888-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Alleghany-Covington (Rev.08/24/23)	110 Rosedale Ave., Suite B, Covington, VA 24426	Alleghany-Covington Department of Social Services Ph:540- 444-7100 Fax:540- 965-1772 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting

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Adult Protective Services (APS)- Amherst (Rev.08/24/23)	224 2nd St., P. O. Box 414, Amherst, VA 24521	Amherst Department of Social Services Ph:434- 946-9330 Fax:434- 946-9319 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Amherst (Rev.08/24/23)	224 2nd St., P. O. Box 414, Amherst, VA 24521	Amherst Department of Social Services Ph:434- 946-9330 Fax:434- 946-9319 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Appomattox (Rev.08/24/23)	318 Court St., P. O. Box 549, Appomattox, VA 24522	Appomattox Department of Social Services Ph:434- 352-7125 Fax:434- 352-0064 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Appomattox (Rev.08/24/23)	318 Court St., P. O. Box 549, Appomattox, VA 24522	Appomattox Department of Social Services Ph:434- 352-7125 Fax:434- 352-0064 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-Bath County (Rev.08/24/23)	65 Courthouse Hill Road, P.O. Box 7, Warm Springs, VA 24484	Bath County Department of Social Services Ph:540- 839-7271 Fax:540- 839-7278 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)-Bath County (Rev.08/24/23)	65 Courthouse Hill Road, P.O. Box 7, Warm Springs, VA 24484	Bath County Department of Social Services Ph:540- 839-7271 Fax:540- 839-7278 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Bedford (Rev.08/24/23)	Burks-Scott Building, 119 E. Main St., PO Box 1187, Bedford VA 24523	Bedford Department of Social Services Ph:540- 586-7750 Fax:540- 586-7781 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Bedford (Rev.08/24/23)	Burks-Scott Building, 119 E. Main St., PO Box 1187, Bedford VA 24523	Bedford Department of Social Services Ph:540- 586-7750 Fax:540- 586-7781 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Botetourt County (Rev.08/24/23)	220 Commons Parkway, P. O. Box 99, Daleville, VA 24083	Botetourt County Department of Social Services Ph:540- 591-5960 Fax:540- 591-5969 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Botetourt County (Rev.08/24/23)	220 Commons Parkway, P. O. Box 99, Daleville, VA 24083	Botetourt County Department of Social Services Ph:540- 591-5960 Fax:540- 591-5969 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Campbell County (Rev.08/24/23)	69 Kabler Lane, P.O. Box 860, Rustburg, VA 24588	Campbell County Department of Social Services Ph:434- 332-9585 Fax:434- 332- 9699 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult

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Child Protective Services (CPS)- Campbell County (Rev.08/24/23)	69 Kabler Lane, P.O. Box 860, Rustburg, VA 24588	Campbell County Department of Social Services Ph:434- 332-9585 Fax:434- 332- 9699 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Charlotte County (Rev.08/24/23)	400 Thomas Jefferson Hwy, PO Box 440, Charlotte Court House, VA 23923	Charlotte County Department of Social Services Ph:434- 542-5164 Fax:434- 542- 5692 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Charlotte County (Rev.08/24/23)	400 Thomas Jefferson Hwy, PO Box 440, Charlotte Court House, VA 23923	Charlotte County Department of Social Services Ph:434- 542-5164 Fax:434- 542- 5692 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Charlottesville (Rev.08/24/23)	120 Seventh St., N.E., P.O. Box 911, Charlottesville, VA 22902	Charlottesville Department of Social Services Ph:434- 970-3400 Fax:434- 970- 3555 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Charlottesville (Rev.08/24/23)	120 Seventh St., N.E., P.O. Box 911, Charlottesville, VA 22902	Charlottesville Department of Social Services Ph:434- 970-3400 Fax:434- 970- 3555 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-Craig County (Rev.08/24/23)	177 Court St., P. O. Box 330, New Castle, VA 24127	Craig County Department of Social Services Ph:540- 864-5117 Fax:540- 864- 6662 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)-Craig County (Rev.08/24/23)	177 Court St., P. O. Box 330, New Castle, VA 24127	Craig County Department of Social Services Ph:540- 864-5117 Fax:540- 864- 6662 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Danville (Rev.08/24/23)	510 Patton St., P. O. Box 3300, Danville, VA 24541	Danville Division of Social Services Ph:434- 799-6543 Fax:434- 797-8818 Hotline: 1-888- 832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Danville (Rev.08/24/23)	510 Patton St., P. O. Box 3300, Danville, VA 24541	Danville Division of Social Services Ph:434- 799-6543 Fax:434- 797-8818 Hotline: 1-888- 832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Franklin County (Rev.08/24/23)	120 East Court Street, Rocky Mount, VA 24151, 120 East Court Street, Rocky Mount, VA 24151	Franklin County Department of Social Services Ph:540 483-9247 Fax:540- 483- 1933 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Franklin County (Rev.08/24/23)	120 East Court Street, Rocky Mount, VA 24151, 120 East Court Street, Rocky Mount, VA 24151	Franklin County Department of Social Services Ph:540 483-9247 Fax:540- 483- 1933 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Halifax County (Rev.08/24/23)	1030 Cowford Road, P. O. Box 1189, Halifax, VA 24558	Halifax County Department of Social Services Ph:434- 476- 6594 Fax:434- 476-5258 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal

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Child Protective Services (CPS)- Halifax County (Rev.08/24/23)	1030 Cowford Road, P. O. Box 1189, Halifax, VA 24558	Halifax County Department of Social Services Ph:434- 476- 6594 Fax:434- 476-5258 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families.
Adult Protective Services (APS)-Henry- Martinsville (Rev.08/24/23)	20 Progress Drive, P.O. Drawer 4946, Martinsville, VA 24115	Henry-Martinsville Department of Social Services Ph:276- 656-4300 Fax:276- 656- 4398 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)-Henry- Martinsville (Rev.08/24/23)	20 Progress Drive, P.O. Drawer 4946, Martinsville, VA 24115	Henry-Martinsville Department of Social Services Ph:276- 656-4300 Fax:276- 656- 4398 Hotline: 1-888-832- 3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families.
Adult Protective Services (APS)- Highland County (Rev.08/24/23)	158 Courthouse Lane, Courthouse Annex, P.O. Box 247, Monterey, VA 24465	Highland County Department of Social Services Ph:540- 468-2199 Fax:540- 468- 3099 Hotline: 1-888-832- 3099	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Highland County (Rev.08/24/23)	158 Courthouse Lane, Courthouse Annex, P.O. Box 247, Monterey, VA 24465	Highland County Department of Social Services Ph:540- 468-2199 Fax:540- 468- 3099 Hotline: 1-888-832- 3099	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families.
Adult Protective Services (APS)- Lynchburg (Rev.08/24/23)	99 9th St., P.O. Box 6798, Lynchburg, VA 24505	Lynchburg Department of Human Services Ph:434- 455-5850 Fax:434- 847-1785 Hotline: 1-888- 847-1785	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Lynchburg (Rev.08/24/23)	99 9th St., P.O. Box 6798, Lynchburg, VA 24505	Lynchburg Department of Human Services Ph:434- 455-5850 Fax:434- 847-1785 Hotline: 1-888- 847-1785	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families.
Adult Protective Services (APS)- Mecklenburg County (Rev.08/24/23)	911 Madison St., P.O. Box 400, Boydton, VA 23917	Mecklenburg County Department of Social Services Ph:434- 738-6138 Fax:434- 738-6150 Hotline: 1-888- 832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services
Child Protective Services (CPS)- Mecklenburg County (Rev.08/24/23)	911 Madison St., P.O. Box 400, Boydton, VA 23917	Mecklenburg County Department of Social Services Ph:434- 738-6138 Fax:434- 738-6150 Hotline: 1-888- 832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families.
Adult Protective Services (APS)- Nelson County (Rev.08/24/23)	203 Front St., P.O. Box 357, Lovingston, VA 22949	Nelson County Department of Social Services Ph:434- 263- 7160 Fax:434- 263-8605 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Nelson County (Rev.08/24/23)	203 Front St., P.O. Box 357, Lovingston, VA 22949	Nelson County Department of Social Services Ph:434- 263- 7160 Fax:434- 263-8605	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective

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Adult Protective Services (APS)- Pittsylvania County (Rev.08/24/23)	220 H. G. McGhee Drive, P.O. Box E, Chatham, VA 24531	Pittsylvania County Department of Social Services Ph:434- 432-7281 Fax:434- 432-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social
Child Protective Services (CPS)- Pittsylvania County (Rev.08/24/23)	220 H. G. McGhee Drive, P.O. Box E, Chatham, VA 24531	Pittsylvania County Department of Social Services Ph:434- 432-7281 Fax:434- 432-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective
Adult Protective Services (APS)- Roanoke City (Rev.08/24/23)	1510 Williamson Road, N.E., Roanoke, VA 24012	Roanoke City Department of Social Services Ph:540- 853-2591 Fax:540- 853-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social
Child Protective Services (CPS)- Roanoke City (Rev.08/24/23)	1510 Williamson Road, N.E., Roanoke, VA 24012	Roanoke City Department of Social Services Ph:540- 853-2591 Fax:540- 853-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective
Adult Protective Services (APS)- Roanoke County (Rev.08/24/23)	220 E. Main St., P. O. Box 1127, Salem, VA 24153	Roanoke County Department of Social Services Ph:540- 387-6087 Fax:540- 387-6210 Hotline: 1-888- 832-3858 Website: https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)- Roanoke County	220 E. Main St., P. O. Box 1127,	Roanoke County Department of Social Services	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve
Adult Protective Services (APS)- Rockbridge-Buena Vista-Lexington	20 E. Preston St., Lexington, VA 24450	Rockbridge-Buena Vista-Lexington Area Social Services	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are
Child Protective Services (CPS)- Rockbridge-Buena Vista-Lexington (Rev.08/24/23)	20 E. Preston St., Lexington, VA 24450	Rockbridge-Buena Vista-Lexington Area Social Services Ph:540- 463-7143 Fax:540-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective
Adult Protective Services (APS)- Shenandoah Valley (Staunton- Augusta) (Rev.08/24/23)	68 Dick Huff Lane, P.O. Box 7, Verona, VA 24482	Shenandoah Valley Dept. of Social Services (Staunton- Augusta Office) Ph:540- 245-5800 Fax:540- 245-5880 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult.
Child Protective Services (CPS)- Shenandoah Valley (Staunton- Augusta) (Rev.08/24/23)	68 Dick Huff Lane, P.O. Box 7, Verona, VA 24482	Shenandoah Valley Dept. of Social Services (Staunton- Augusta Office) Ph:540- 245-5800 Fax:540- 245-5880 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing

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Adult Protective Services (APS)- Shenandoah Valley ((Waynesboro) (Rev.08/24/23)	1200 Shenandoah Ave., Waynesboro, VA 22980	Shenandoah Valley Dept. of Social Services (Waynesboro Office) Ph:540- 942-6646 Fax:540- 942-6658 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in emergency situations who lack
Child Protective Services (CPS)- Shenandoah Valley (Waynesboro) (Rev.08/24/23)	1200 Shenandoah Ave., Waynesboro, VA 22980	Shenandoah Valley Dept. of Social Services (Waynesboro Office) Ph:540- 942-6646 Fax:540- 942-6658 Hotline: 1- 888-832-3858 Website:https://www.dss.virginia.gov/	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing
Adult Protective Services (APS)-Bland County (Rev.08/24/23)	612 Main St., Suite 208, P.O. Box 55, Bland County Court House, Suite 208, Bland, VA 24315	Bland County Department of Social Services Ph:276- 688-4111 Fax:276- 688- 1468 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult.
Child Protective Services (CPS)-Bland County (Rev.08/24/23)	612 Main St., Suite 208, P.O. Box 55, Bland County Court House, Suite 208, Bland, VA 24315	Bland County Department of Social Services Ph:276- 688-4111 Fax:276- 688- 1468 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing
Adult Protective Services (APS)- Bristol City (Rev.08/24/23)	355 Bristol East Road, Bristol, VA 24202	Bristol City Department of Social Services Ph:276- 645-7450 Fax:276- 645- 7475 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult.
Child Protective Services (CPS)- Bristol City (Rev.08/24/23)	355 Bristol East Road, Bristol, VA 24202	Bristol City Department of Social Services Ph:276- 645-7450 Fax:276- 645- 7475 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing

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Adult Protective Services (APS)- Buchanan County (Rev.08/24/23)	3174 Slate Creek Road, Grundy, VA 24614	Buchanan County Department of Social Services Ph:276- 935-8106 Fax:276- 935-5412 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult.
Child Protective Services (CPS)- Buchanan County (Rev.08/24/23)	3174 Slate Creek Road, Grundy, VA 24614	Buchanan County Department of Social Services Ph:276- 935-8106 Fax:276- 935-5412 Hotline: 1- 888-832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing
Adult Protective Services (APS)- Carroll County (Rev.08/24/23)	Carroll Co. Governmental Complex, 605-8 Pine St., Hillsville, VA 24343	Carroll County Department of Social Services Ph:276- 730-3130 Fax:276 730- 3135 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult.
Child Protective Services (CPS)- Carroll County (Rev.08/24/23)	Carroll Co. Governmental Complex, 605-8 Pine St., Hillsville, VA 24343	Carroll County Department of Social Services Ph:276- 730-3130 Fax:276 730- 3135 Hotline: 1-888- 832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services
Adult Protective Services (APS)- Dickenson County (Rev.08/24/23)	1280 Browning Hollow, Clintwood, VA 24228	Dickenson County Department of Social Services Ph:276- 926-1661 Fax:276- 926-8144 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services
Child Protective Services (CPS)- Dickenson County (Rev.08/24/23)	1280 Browning Hollow, Clintwood, VA 24228	Dickenson County Department of Social Services Ph:276- 926-1661 Fax:276- 926-8144 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services
Adult Protective Services (APS)-Floyd County (Rev.08/24/23)	120 W. Oxford St., Building A-2, P.O. Box 314, Floyd, VA 24091	Floyd County Department of Social Services Ph:540- 745-9316 Fax:540- 745- 9325 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in emergency situations who lack the capacity to consent to services. To report suspected adult abuse, neglect or

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Child Protective Services (CPS)-Floyd County (Rev.08/24/23)	120 W. Oxford St., Building A-2, P.O. Box 314, Floyd, VA 24091	Floyd County Department of Social Services Ph:540- 745-9316 Fax:540- 745- 9325 Hotline: 1-888- 832-3858 Website: https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also develops statewide public awareness and
Adult Protective Services (APS)-Galax City (Rev.08/24/23)	105 E. Center St, P.O. Box 166, Galax, VA 24333-0166	Galax City Department of Social Services Ph:276- 236-8111 Fax:276- 236- 9313 Hotline: 1-888-832- 3858 Website: https://www.dss.virginia.gov/	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult
Child Protective Services (CPS)-Galax City (Rev.08/24/23)	105 E. Center St, P.O. Box 166, Galax, VA 24333-0166	Galax City Department of Social Services Ph:276- 236-8111 Fax:276- 236- 9313 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-Giles County (Rev.08/24/23)	211 Main St., Suite 109, Narrows, VA 24124	Giles County Department of Social Services Ph:540- 726-8315 Fax:540- 726- 8253 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)-Giles County (Rev.08/24/23)	211 Main St., Suite 109, Narrows, VA 24124	Giles County Department of Social Services Ph:540- 726-8315 Fax:540- 726- 8253 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-Grayson County (Rev.08/24/23)	129 Davis St., P.O. Box 434, Independence, VA 24348	Grayson County Department of Social Services Ph:276- 773-2452 Fax:276- 773- 2361 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)-Grayson County (Rev.08/24/23)	129 Davis St., P.O. Box 434, Independence, VA 24348	Grayson County Department of Social Services Ph:276- 773-2452 Fax:276- 773- 2361 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)-Lee County (Rev.08/24/23)	108 Hill St., P.O. Box 348, Jonesville, VA 24264	Lee County Department of Social Services Ph: 276- 346-1010 Fax:276- 346-2217 Hotline: 1-888-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal

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Child Protective Services (CPS)-Lee County (Rev.08/24/23)	108 Hill St., P.O. Box 348, Jonesville, VA 24264	Lee County Department of Social Services Ph: 276- 346-1010 Fax:276- 346-2217 Hotline: 1- 888-832-3858 Website: https://www.dss.virginia.gov/printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also develops statewide public awareness and
Adult Protective Services (APS)Montgomery County (Rev.08/24/23)	210 S. Pepper St., Suite B, P.O. Box 789, Christiansburg, VA 24073	Montgomery County Department of Social Services Ph: 540- 382-6990 Fax:540- 381-6823 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in emergency situations who lack the capacity to consent to services. To report suspected adult abuse, neglect or
Child Protective Services (CPS)-Montgomery County (Rev.08/24/23)	210 S. Pepper St., Suite B, P.O. Box 789, Christiansburg, VA 24073	Montgomery County Department of Social Services Ph: 540- 382-6990 Fax:540- 381-6823 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also develops statewide public awareness and
Adult Protective Services (APS)-Norton City (Rev.08/24/23)	644 Park Avenue NW, P.O. Box 378, Norton, VA 24273	Norton City Department of Social Services Ph: 276- 679-2701 Fax:276- 679-0607 Hotline: 1-888-832-3858 Website: https://www.dss.virginia.gov/printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult. Services may also be arranged for individuals in emergency situations who lack the capacity to consent to services. To report suspected adult abuse, neglect or
Child Protective Services (CPS)-Norton City (Rev.08/24/23)	644 Park Avenue NW, P.O. Box 378, Norton, VA 24273	Norton City Department of Social Services Ph: 276- 679-2701 Fax:276- 679-0607 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also develops statewide public awareness and
Adult Protective Services (APS)-Patrick County (Rev.08/24/23)	106 Rucker St., Suite 128, Stuart, VA 24171	Patrick County Department of Social Services Ph: 276- 694-3328 Fax:276- 694-8210 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services

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Child Protective Services (CPS)- Patrick County (Rev.08/24/23)	106 Rucker St., Suite 128, Stuart, VA 24171	Patrick County Department of Social Services Ph: 276- 694-3328 Fax:276- 694- 8210 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to families and children. CPS also develops statewide public awareness and education programs and administers state and federal grants to prevent abuse
Adult Protective Services (APS)- Pulaski County (Rev.08/24/23)	53 Commerce Street, Pulaski, VA 24301	Pulaski County Department of Social Services Ph:540- 980-7995 Fax:540- 980-7993 Hotline:	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal
Child Protective Services (CPS)- Pulaski County (Rev.08/24/23)	53 Commerce Street, Pulaski, VA 24301	Pulaski County Department of Social Services Ph:540- 980-7995 Fax:540- 980-7993	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families
Adult Protective Services (APS)- Radford City (Rev.08/24/23)	928 W. Main St., Radford, VA 24141	Radford City Department of Social Services Ph:540- 731-3663 Fax:540- 731- 5000 Hotline: 1-888-832- 3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services
Child Protective Services (CPS)- Radford City (Rev.08/24/23)	928 W. Main St., Radford, VA 24141	Radford City Department of Social Services Ph:540- 731-3663 Fax:540- 731- 5000 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing
Adult Protective Services (APS)- Russell County (Rev.08/24/23)	135 Highlands Drive , Suite B, Lebanon, VA 24266	Russell County Department of Social Services Ph:276- 889-3031 Fax:276- 889-2662 Hotline: 1-888- 832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, adult foster care, nutrition services and legal intervention in order to protect the adult
Child Protective Services (CPS)- Russell County (Rev.08/24/23)	135 Highlands Drive , Suite B, Lebanon, VA 24266	Russell County Department of Social Services Ph:276- 889-3031 Fax:276- 889-2662 Hotline: 1- 888-832-3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing

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Adult Protective Services (APS)-Scott County (Rev.08/24/23)	190 Beech Street, Suite 101, Gate City, VA 24251	Scott County Department of Social Services Ph:276- 386-3631 Fax:276- 386- 6031 Hotline: 1-888-832- 3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal ~~services to stop the mistreatment or prevent further mistreatment. Services~~
Child Protective Services (CPS)-Scott County (Rev.08/24/23)	190 Beech Street, Suite 101, Gate City, VA 24251	Scott County Department of Social Services Ph:276- 386-3631 Fax:276- 386- 6031 Hotline: 1-888- 832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families ~~to provide adequate care for their children. Local departments of social services~~
Adult Protective Services (APS)-Smyth County (Rev.08/24/23)	121 Bagley Circle, Suite 200, Marion, VA 24354	Smyth County Department of Social Services Ph:276- 783-8148 Fax:276- 783- 8148	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social ~~workers may arrange for a wide variety of health, housing, social and legal~~
Child Protective Services (CPS)-Smyth County	121 Bagley Circle, Suite 200, Marion, VA 24354	Smyth County Department of Social Services Ph:276-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve
Adult Protective Services (APS)-Tazewell County (Rev.08/24/23)	253 Chamber Drive, P.O. Box 149, Tazewell, VA 24651	Tazewell County Department of Social Services Ph:276- 988-8500 Fax:276- 988-2765 Hotline: 1-888- 832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social ~~workers may arrange for a wide variety of health, housing, social and legal~~
Child Protective Services (CPS)-Tazewell County (Rev.08/24/23)	253 Chamber Drive, P.O. Box 149, Tazewell, VA 24651	Tazewell County Department of Social Services Ph:276- 988-8500 Fax:276- 988-2765 Hotline: 1-888- 832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families ~~to provide adequate care for their children. Local departments of social services~~
Adult Protective Services (APS)-Washington County (Rev.08/24/23)	15068 Lee Highway, Suite 100, Bristol, VA 24202	Washington County Department of Social Services Ph:276- 645-5000 Fax:276- 645-5055 Hotline: 1-888- 832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal ~~services to stop the mistreatment or prevent further mistreatment. Services~~
Child Protective Services (CPS)-Washington County (Rev.08/24/23)	15068 Lee Highway, Suite 100, Bristol, VA 24202	Washington County Department of Social Services Ph:276- 645-5000 Fax:276- 645-5055 Hotline: 1- 888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families ~~to provide adequate care for their children. Local departments of social services~~
Adult Protective Services (APS)-Wise County (Rev.08/24/23)	10365 Pinnacle Drive, Wise, VA 24293	Wise County Department of Social Services Ph:276- 328-8056 Fax:276- 328- 8632 Hotline: 1-888-832- 3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal ~~services to stop the mistreatment or prevent further mistreatment. Services~~
Child Protective Services (CPS)-Wise County (Rev.08/24/23)	10365 Pinnacle Drive, Wise, VA 24293	Wise County Department of Social Services Ph:276- 328-8056 Fax:276- 328- 8632 Hotline: 1-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families

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Adult Protective Services (APS)- Wythe County (Rev.08/24/23)	290 S. Sixth Street, Suite 200, Wytheville, VA 24382	Wythe County Department of Social Services Ph:276- 228-5493 Fax:276- 228- 0705 Hotline: 1-888-832- 3858 ~~Website:https://www.dss.virginia.gov/~~	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide variety of health, housing, social and legal services to stop the mistreatment or prevent further mistreatment. Services ~~offered may include home based care, transportation, adult day services, adult~~
Child Protective Services (CPS)- Wythe County (Rev.08/24/23)	290 S. Sixth Street, Suite 200, Wytheville, VA 24382	Wythe County Department of Social Services Ph:276- 228-5493 Fax:276- 228- 0705 Hotline: 1-888-832- 3858 Website:https://www.dss.virginia.gov/ printer/family/as/aps	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its approach and is directed toward enabling families to provide adequate care for their children. Local departments of social services are responsible for receiving reports of abuse and neglect; conducting investigations to determine the validity of the CPS reports; and providing services that enhance child safety and prevent further abuse and neglect to
American Academy of Pediatrics- Virginia Chapter	American Academy of Pediatrics- Virginia Chapter 2821 Emerywood Parkway Suite 200	Ph:804-643-6631 Fax:804/788-9987	American Academy of Pediatrics-Virginia Chapter is a professional organization that provides news, advocacy/legislation information, resources, and opportunities to connect with pediatric experts within Virginia. Please call for further information.
American Civil Liberties Union of Virginia	American Civil Liberties Union of Virginia 6 N. Sixth Street, Suite 400 Richmond, VA 23219	Ph: 804-644-8022 Fax: 804-649-2733 Website: www.acluva.org	Protects civil liberties of all citizens through litigation and education, information and referral services. The civil liberties seek to protect: Freedom of Religion, Equality under the Law, Due process of Law, and the Right to Privacy.
A Voice for GAP Kids	A Voice for GAP Kids P.O. Box 174 Rockville, VA 23146	Contact: Linda Moore Parent Contact Ph:804- 749-3895 Email:tim@voiceforgapkids.com	Provides information, education and advocacy to special education students known as GAP Kids or Gray-Area Kids.
CASA -Child Advocacy Program	CASA -Child Advocacy Program Virginia Department of Criminal Justice Services 1100 Bank Street	Contact : Melissa O'Neil Ph:804.786.6428 Main Ph:804.786.4000	CASA is a child advocacy program that assigns trained volunteers to speak for abused and neglected children in the juvenile justice system. Please call for further information.
CASA De Virginia (Rev.12/31/21)	Woodbridge Welcome Center 1455 Old Bridge Road, Suite 203 ~~Woodbridge, VA 22192~~	Ph: 571.421.2211 Website:https://wearecasa.org/conta ct/	CASA De Virginia provides critical services to immigrant and working-class families, and advocates for their rights. Services include: Community ~~Organizing, Financial Education, Health and Human Services, Youth Leadership~~
Center for Family Involvement Partnership for People with Disabilities	Center for Family Involvement Partnership for People with Disabilities 700 E. Franklin Street	Ph: 804- 828-0352 Email:dvyarbrough@vcu.edu Website:http://www.centerforfamilyin volvement.org/	The Center for Family Involvement works with families to increase their skills as advocates, mentors and leaders so that families, children and young adults with disabilities can lead the lives they want. The staff at the Center for Family Involvement is made up of parents, family members and professionals. A family
CSEA-Center for Special Education Advocacy	4600 Cox Road, Ste. 205 Glen Allen, Virginia 23060	Ph: 804- 967-2556 E-mail: contactcsea@aol.com Web: www.spedadvocacy.org	CSEA-Center for Special Education Advocacy offers a referral service for parents who have children with disabilities and are in need of legal assistance.
dLCV-disAbility Law Center of Virginia	1910 Byrd Avenue Richmond, Virginia 23230	Ph:804- 225-2042 (Voice/TTY) Toll-Free:(800) 552-3962 (Voice/TTY) Fax: 804- 622-7075	dLCV assists with disability-related problems, such as abuse, neglect, and discrimination. dLCV helps people with disabilities obtain services and treatment. dLCV also provides advocacy services and/or legal representation for individuals, including students with disabilities. Please call for further information.

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Easter Seals Virginia	Easter Seals Virginia 5171 Glenwood Avenue Suite 400 Raleigh, NC 27612	Toll Free: 800- 662-7119 Email:info@va.easterseals.ucp.com Website: http://www.nc.eastersealsucp.com	Easter Seals Virginia is committed to being an advocate and provider of much-needed services for people with disabilities and their families. Easter Seals has disbanded its Richmond office and has merged with Easter Seals NC. It is administered from NC.
Epilepsy Foundation of Virginia - Abingdon Area (Rev.11/05/24)	Bristol, VA 24202	Contact:Diane Carter, RN Ph:276- 645-5817 Email: dcc6m@virginia.edu	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies.
Epilepsy Foundation of Virginia - Charlottesville (Rev.11/05/24)	Epilepsy Foundation of Virginia UVA Medical Center P.O. Box 800754 Charlottesville VA 22903	Contact:Suzanne Bischoff, Ph.D. Executive Director Email: srb3m@UVAhealth.org Ph: 434- 924-8669 Fax: 434 982-0606 Email:srb3m@virginia.edu Website:www.Epilepsyva.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum and the physicians on the Professional Advisory Board have been active in several radio and TV talks and events.
Epilepsy Foundation of Virginia - Emporia Area (Rev.11/05/24)	Epilepsy Foundation of Virginia - Emporia Area	Contact:Kristen Strickler Ph:434- 637-1436 Email: kstrickler@virginiacarolina.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum and the physicians on the Professional Advisory Board have been active in several radio and TV talks and events.
Epilepsy Foundation of Virginia - Fredericksburg Area (Rev.11/05/24)	Epilepsy Foundation of Virginia - Fredericksburg Area	Contact: Melisa Gregory Ph:540- 220-8692 email: jasandmeme@verizon.net	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum and the physicians on the Professional Advisory Board have been active in several radio and TV talks and events.
Epilepsy Foundation of Virginia - Leesburg (Rev.11/05/24)	Epilepsy Foundation of Virginia - Leesburg	Contact:Lisa Speet (client) email: speetie09@gmail.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum and the physicians on the Professional Advisory Board have been active in several radio and TV talks and events.
Epilepsy Foundation of Virginia - Lynchburg Area (Rev.11/05/24)	Epilepsy Foundation of Virginia - Lynchburg Area	Contact:Laurie Kelly (parent) Ph:434 316-3741 Email: lkelly45.lk@gmail.com OR Mary Blanchard (client) Ph:434- 525-3822 Email: mbblanchard@msn.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum and the physicians on the Professional Advisory Board have been active in several radio and TV talks and events.

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Epilepsy Foundation of Virginia - Roanoke Area (Rev.11/05/24)	Daleville, VA	Contact:Lisa Garnett (parent) Ph:540- 761-0164	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum and the physicians on the Professional Advisory Board have been active in
Epilepsy Foundation of Virginia - Williamsburg Area (Rev.11/05/24)	Williamsburg Area	Contact:Dennis Terry and Missy Terry Ph:706-593-7310 Email: sun4fun365@aol.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance
Exceptional Education Parent Resource Center: Richmond	Exceptional Education Parent Resource Center: Richmond Technical Center North 2015 N. Seddon Way Room	Contact:Sharonda Smith, Parent Coordinator Ph: 804- 780-4052 Or	Provide support, resources, and information for parents of exceptional education students of Richmond.
Family to Family Network of Virginia	Family to Family Network of Virginia Box 843020 Richmond, VA 23284-3020	Ph:877- 567-1122 Website: www.centerforfamilyinvolvement.org (click on Family to Family Network	Family to Family Network of Virginia supports families of children and young adults with disabilities and special health care needs. Please call for further information.
4 Kids Sake-Educational Advocacy (rev.09/21/20)	212 Grafton Way, NE Leesburg, VA 20176	Contact: Deborah Lawhorne, BCaBA Ph:703- 727-5329 Fax:703- 771-2328 Email: d.lawhorne@4kidssake.us	4 Kids Sake provides educational advocacy for the IEP process. Parent education for behavioral intervention, enhancing communication and advocacy for their child is also available. Please call for further information.
4 PEAKS Educational Consulting LLC (Rev.09/21/20)	1305 Turner Street Salem, VA 24153	Contact: Courtney Pugh Ph:540- 312-3563 Fax:540- 698-3564 Email: c.pugh@4peaksconsulting.com	4 PEAKS Educational Consulting provides collaborative advocacy through the 4 peaks of the educational journey: Early Intervention, Early Childhood, Special Education, and Transition to Adulthood. Please call for further information.
Junction Center for Independent Living, Inc. (Rev.04/20/22)	1520 Third Avenue East Big Stone Gap , Virginia 24219	Ph: 276-524-4081 Voice/TTY Fax: 276-524-1510 Email: jcil1@junctioncenter.org Website: https://junctioncenter.org	Junction Center for Independent Living, Inc. Provides services and advocacy which promote the leadership, empowerment, independence, and productivity of people with disabilities. CILs work with individuals as well as with the community to remove barriers to independence. Services to individuals include Information & Referral, Peer Counseling, Independent Living Skills Training, and Individual and Systems Change Advocacy. Services to the community include disability
Medical Home Plus (MHP)	Medical Home Plus (MHP) 8719 Forest Hill Avenue Bon Air, VA 23235	Ph:804-330-5030 Fax:804-330-5032 Email:info@medhomeplus.org	Medical Home Plus (MHP) is a nonprofit organization created in 2003 that works to help children with special needs and their families find the support they need. We help parents successfully navigate the system of care and find the opportunities available to them on behalf of their children
Medicaid Waiver Technical Assistance Center	Medicaid Waiver Technical Assistance Center Endependence Center, Inc. 6300 E Virginia Beach Blvd	Contact: Maureen Hollowell, Director of Advocacy and Services Ph: 757-351-1584 Toll Free:	Medicaid Waiver mentors are on hand to assist with the Medicaid waiver application process. See the website address for a link to their informational booklet.
Parent Resource Center: Hanover	Parent Resource Center: HanoverJohn Gandy Elementary School 201 Archie Cannon Dr	Contact: Kelly Jones, Coordinator Ph:804- 365-4596 Email:hanoverprc@hcps.us	Provide support, resources and information for parents of special education students of Hanover County.

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Parent Resource Center: Henrico	Parent Resource Center: Henrico5915 Nine Mile Road Richmond, VA 23223	Phone: 804- 328-8117 Contact: Lisa Abernathy, Coordinator Email: nresource@henrico.k12.va.us	Provide support, resources, and information for parents of special education students of Henrico County.
Protection and Advocacy Agency	Protection and Advocacy Agency Virginia Office for Protection and Advocacy (VOPA) 1910 Byrd Avenue, Suite 5	Ph:800- 552-3962 (In VA) 804- 225-2042 (V/TTY) Website: www.vopa.state.va.us/	The Virginia Office for Protection and Advocacy (VOPA) helps with disability-related problems like abuse, neglect, and discrimination. We also help people with disabilities obtain services and treatment. All callers receive help with these problems. Individuals with problems targeted in the program goals may also
Resources for Independent Living	Resources for Independent Living4009 Fitzhugh Ave., Suite 100 Richmond, VA 23230	Contact: Gerald O'Neill, Executive Director Ph: 804- 353-6503 Fax: 804- 358-5606 Email: info@ril-va.org Website: http://bit.ly/2Paz5j2	RIL provides: advocacy, peer support, information and referral, and support with acquiring independent living skills. RIL's mission is assisting persons who are severely disabled to live independently in the community and to encourage necessary change within the
Success for Kids with Hearing Loss (Rev.11/15/19)			Success for Kids with Hearing Loss ia a comprehensive website offers resources in several areas including self-advocacy materials that are appropriate for students of all ages. The "Guide to Self-Advocacy" developmentally presents skills from Pre-K through adulthood. In addition, a
The Arc of Virginia-Intellectual and Developmental Disabilities	The Arc of Virginia-Intellectual and Developmental Disabilities 2147 Staples Mill Rd, Richmond, VA 23230	Contact: Jamie Liban, Executive Director Free:888- 604-2677 Ph:804- 649-8481 Fax: 804- 649-3585 jtrosclair@arcovfva.org	The Arc of Virginia advocates for the rights and full participation of all children and adults with intellectual and developmental disabilities. Together with our network of members and affiliated chapters, we improve systems of supports and services; connect families; inspire communities and influence public policy.
The Endependence Center	The Endependence Center 6300 East Virginia Beach Boulevard Norfolk, VA 23502-2827	Ph:757- 461-8007 TDD:757- 461-7527 Fax: 757- 455-8223 OR 757- 461-5375	The Endependence Center provides advocacy with individuals who are having difficulty accessing appropriate Medicaid services. Staff engage in systems advocacy in the same areas as in individual advocacy services such as transportation, education, employment, housing, benefits, accessibility, and
The Partnership for People with Disabilities	The Partnership for People with Disabilities University School of Education 700 East Franklin Street	Phone: 804- 828-3876 TDD Relay: 800-828-1120	The Partnership for People with Disabilities mission is to serve as liaisons between the academic expertise of institutions of higher learning and service delivery systems to positively affect the lives of individuals with developmental disabilities and their families by increasing their independence, productivity, and
The Virginia Office for the Protection and Advocacy	The Virginia Office for the Protection and Advocacy 1910 Byrd Avenue Suite 5 Richmond, VA 23230	Ph:804-225-2042 Fax:804-662-7057 Email: general.vopa@vopa.virginia.gov Website: www.vopa.state.va.us	The Virginia Office for the Protection and Advocacy assist with disability related problems such as abuse, neglect or discrimination. Also provides referrals for services and treatments, special education, information about developmental disabilities and mental illnesses. Serves all ages
Virginia Association of Centers for Independent Living (VACIL) (Rev.01/26/21)	3210 Peoples Dr., Suite 220 Harrisonburg, VA 22801	Ph:540-433-6513 Fax:540-433-6313 TTY:540-438-9265 Email: VAIIL@govail.org	ACIL is a statewide association of Centers for Independent Living (CILs) that advocates for the integration and inclusion of people with disabilities into all aspects of society. The association also promotes the professional development
Virginia Board for People with Disabilities	Virginia Board for People with Disabilities Washington Building 1100 Bank Street 7th Floor Richmond, VA 23219	Contact: Heidi Lawyer, Executive Director Phone: 804- 786-0016 Toll Free:	The Board encourages public comment on its planning activities and at Board meetings, and encourages individuals to contact the Board with needs information or concerns about disability-related issues. Sponsored programs include advocacy and leadership training for youth with disabilities (Youth Leadership Forum) and parents and adults with disabilities (Partners in
Virginia Board for People with Disabilities (Rev.09/22/20)	1100 Bank St., 7th Floor Richmond, VA 23219	Ph:804-786-0016 Toll Free:800-864-4464 Website: www.vaboard.org	VBPD serves as Virginia's Developmental Disabilities (DD) Council. They work for the benefit of individuals with DD and their families to identify needs and help develop policies,

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Virginia Parent Advocates, LLC (Rev.09/21/20)	Virginia Parent Advocates, LLC 2209 W. Grace St. Richmond, VA 23220	Contact: Vicki Beatty Joan Brunner Ph:804- 366-0046 757-880-0870	The stated mission of the organization is: "to be advocates for parents in assuring their child with disabilities and/or healthcare needs receives the quality education and life services he or she is entitled to under the law." Workshops and consultations are offered.
Virginia Department of Rehabilitative Services	Virginia Department of Rehabilitative Services 8004 Franklin Farms Drive Richmond, VA 23220	Toll Free: 800- 552-5019 Ph:804- 662-7081 804- 662-7000 TTY:800- 464-9950	In partnership with people with disabilities and their families, the Virginia Department of Rehabilitative Services collaborates with the public and private sectors to provide and advocate for the highest quality services that empower individuals with disabilities to maximize their employment, independence and full
Virginia Interfaith Center for Public Policy (Rev.06/09/20)	1716 E. Franklin St. Richmond, VA 23223	Ph:804-643-2474 Email:office@virginiainterfaithcenter.org Website:https://www.virginiainterfaithcenter.org	Virginia Interfaith Center for Public Policy mission is engaging people of faith and goodwill to advocate for economic, racial, social and environmental justice in Virginia's policies and practices through education, prayer and action. Please call for further information.
Victim Advocacy	A program of Samaritan House 2620 Southern Boulevard Virginia Beach, VA 23450	Main: 757-631-0710, Fax: 757-631-074724-hour Hotline 757- 430-2120 Web site: WWW.samaritanhouseva.org Intake Contact: Ruth D. Hill Email: ruthh@samaritanhouseva.org	The Victim Advocacy Program connects families with the community resources they need to get the help they deserve. Most people aren't aware of the many supportive programs and services that are available to them right here in our community. Our Advocates can help them decide what they do need and how, when and where to get it. Our advocates help them coordinate this effort to offer
Youth Leadership Forum	Youth Leadership Forum Virginia Board for People with Disabilities / YLF 1100 Bank St, 7th Flr. Richmond, VA 23219	Contact: Kara White, YLF Program Assistant Teri Barker, YLF Program Manager Phone:804- 786-3441	The YLF-VA program seeks to empower young people with disabilities to further develop their leadership skills. Students, serving as Delegates from communities throughout Virginia, participate in a wide range of activities and learning experiences during the four day Youth Leadership Forum set on a university campus. The YLF-VA curriculum includes training and development of individual
YWCA of Richmond	YWCA of South Hampton Roads 6 N 5th St Richmond , VA 23219-2218	Ph: 804-643-6761 Fax: 804-643-0734	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice ,freedom and dignity for all. The program supports policies that contribute to the elimination of racism. This
ASSISTIVE TECHNOLOGY			
Ability Center of Virginia former Cerebral Palsy Association of Virginia	Ability Center of Virginia former Cerebral Palsy Association of Virginia 5825 Arrowhead Drive Suite 201 Virginia Beach, VA 23462	Intake Contact: Patricia Coale Email:ucpofva@pilot.infi.net Ph:757-497-7474 Fax:757-497-0868	Provides assistive technology devices - adapted toys, homes items, switches, games, augmentative communication devices, and computer peripherals available to be checked out by families of persons with disabilities for short-term trial use at home. Books, videos and other resources are also available. Programs with disabilities with developmental disabilities.
A Program of Virginia Assistive Technology System-SE Old Dominion University Hampton Blvd.	A Program of Virginia Assistive Technology System-SE Old Dominion University 5115 Hampton Blvd, Norfolk, VA 23529	Ph:757-683-3693 Fax:757-683-5227 Toll Free:800-238-7955 Web site www.vats.org Contact: Joanne Ervin Intake Phone 757 683-3639 Intake Email jervin@odu.edu	Provides outreach services to persons with disabilities who need assistance in their workplace or home. The office provides information on low interest loans for equipment and devices, as well as modifications to homes and vehicles. It builds collaborative activities with schools, civic organizations, government agencies, and others interested in assisting people with disabilities to develop and maintain productive independent lives. No age limitation. Program's target population Disabilities, Hearing Impairments, Visual Impairments.

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Assistive Technology /Goodwill Industries Medical Adaptive	Assistive Technology /Goodwill Industries Medical Adaptive	Ph:757- 248-9405 Website: www.goodwillhr.org/flyer_series_medical_adaptive_Virginia_Beach.pdf .	Goodwill Industries Medical Adaptive/Assistive Technology program provides medical and adaptive equipment and supplies to older adults and persons with disabilities (long and short term) at no cost to persons in need, following submission of an approved prescription by a doctor or other medical professional. Items available include manual and power wheelchairs, walkers, canes, bathroom safety equipment, hospital beds, medical supplies (when available) and more! To request assistance or donate please call or visit the
Technology Services for People who are Deaf or Hard of Hearing-Technology Assistance Program (TAP)	Technology Services for People who are Deaf or Hard of Hearing-Technology Assistance Program (TAP) 1602 Rolling Hills Drive, Suite 203 Henrico, Virginia 23229-5012	Ph: 804-662-9502 V/TTY Toll Free: 800-552-7917 V/TTY For a list of office locations visit : Website: http://www.vddhh.org/orproviders.asp	Provides adaptive telecommunication equipment to qualified applicants whose hearing loss or disabilities prevent them from using a standard telephone. Applicants must be a resident of Virginia and meet current financial guidelines. To qualify for the program, you must be deaf, hard of hearing, Deafblind, or speech disabled. You must also be a Virginia resident and meet income eligibility requirements that are based on household income and family size. While there are no age restrictions, all applications from minors must be co-signed by a parent or legal guardian. Assistive devices available through TAP L2O include: TTY's (text telephones), Amplified telephones, Voice Carry Over (VCO) phones, CapTel®, captioning telephones, Outgoing speech amplifier
Technology Services for People who are Deaf or Hard of Hearing-Technology Assistance Program Virginia Relay	Technology Services for People who are Deaf or Hard of Hearing-Technology Assistance Program Virginia Relay 1602 Rolling Hills Drive Suite 203 Richmond, Virginia 23229-5012	1800-552-7917 (voice/TTY) or email: ail:Frontdsk@vddhh.virginia.gov	The Virginia Relay program is a federally-mandated telecommunications relay service for persons who are deaf, hard of hearing, Deaf blind, or speech disabled. It allows these individuals to use specialized telecommunication devices or features to communicate with standard telephone users. There is no cost associated with the service with the exception of long-distance charges. Virginia Relay enables people who are deaf, hard of hearing, Deaf Blind, or speech disabled to communicate by TTY (text telephone) or another assistive telephone device with anyone who uses a standard phone.
The Assistive Technology Loan Fund Authority (ATLFA) (Rev.03/29/22)	The Assistive Technology Loan Fund Authority (ATLFA) 1602 Rolling Hills Drive Suite 107 Richmond, Virginia 23229	Ph: 804- 662-9000 Toll-Free:866-835-5976 Fax:804- 662-9533 E-Mail: atlfa@atlfa.org Website: www.atlfa.org .	The Assistive Technology Loan Fund Authority (ATLFA) is a Commonwealth of Virginia State Authority created with public funds to help Virginians with disabilities obtain assistive technology. The ATLFA provides affordable financing alternatives (loans with below-market interest rates, no down payments, longer repayment terms, etc.) to help make adaptive equipment a possibility for individuals who might not otherwise be eligible for borrowing. Any type of equipment can be financed as long as it relates to an individual's disability; examples include recreational equipment, vision aids, communication and hearing devices, and vehicles with modifications. Regardless of income, any Virginia resident with a disability, or a caregiver of a person of any age with a disability, can apply for a loan. Credit history, income and debt are considered in loan approval. Individuals with no credit history or poor credit are considered; special consideration given to disability and medically related credit issues. ~~Please call or visit the website for further information.~~

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Virginia Assistive Technology System-VATS	Virginia Assistive Technology System-VATS 8004 Franklin Farms Drive Richmond Virginia 23229	Ph:804.662.9990 Fax:804.662.9478 Toll Free:800.435.8490	The Virginia Assistive Technology System (VATS) is a statewide program authorized and funded by the Assistive Technology Act of 2004, as amended and administered by the Virginia Department of Rehabilitative Services. VATS was established in 1990 with commitment to increasing awareness, accessibility and acquisition of assistive technology. The program is guided by an Advisory Council composed of individuals with disabilities, family members and representatives from Virginia's disability service agencies. The mission of the Virginia Assistive Technology System (VATS) is to ensure that Virginians of all ages and abilities can acquire the appropriate, affordable
Virginia Department of Rehabilitative Services	Virginia Department of Rehabilitative Services 8004 Franklin Farms Drive Richmond VA 23229	Toll Free: 800- 552-5019 Ph:804- 662-7081 804- 662-7000 TTY:800- 464-9950	The Virginia Department of Rehabilitative Services provides Assistive Technology directly to assist individuals with disabilities in the selection, acquisition, or use of an assistive technology device. An assistive technology device is defined as any item, piece of equipment, or product system whether acquired commercially off the shelf, modified or customized, that is used to increase, maintain, or improve functional capabilities of individuals with disabilities.
The Endependence Center	The Endependence Center 6300 East Virginia Beach Boulevard	Ph:757- 461-8007 TDD:757- 461-7527	Assistance is provided to individuals to identify resources to acquire and receive training in the usage of adaptive equipment. Equipment loan services are
T/TAC	T/TAC VCU Monroe Campus 10 E. Franklin Street Richmond, VA 23219	Contact: Sandra Wilberger and Linda Oggel, Co-directors Ph:804- 828-6947 Or 800- 426-1595	Any school system may request a T/TAC specialist to design a workshop to meet the needs of teachers or other professionals serving students with disabilities. Various information is available on the T/TAC site. Each of the T/TAC regions has a wide variety of software and materials that can be loaned
Woodrow Wilson Rehabilitation Center	Woodrow Wilson Rehabilitation Center 64 James Anderson Road Fishersville, VA 22939	Ph:540-332-7000 Website:www.wwrc.virginia.org	Woodrow Wilson Rehabilitation Center offers state-of-the-art evaluation, consultation, and treatment programs for individuals who require assistive technology to live, work and go to school as independently as possible. The Assistive Technology Services program at WWRC is part of the statewide DRS
BREASTFEEDING RESOURCES			
Breastfeeding Back to Work Toolkit - CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health PO Box 1980 Norfolk, Virginia 23501	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@evms.edu Website:www.cinchcoalition.org/	The Back to Work Toolkit is a resource that makes it easier for pregnant or breastfeeding moms to continue breastfeeding after returning to work or school. The toolkit contains useful information such as breastfeeding mothers' rights, laws regulating breastfeeding support in the workplace and creative ways to make breastfeeding work in non-traditional work environments.
Report a Breastfeeding Incident- CINCH- Consortium for Infant and Child Health (Rev. 12/3/19)	Hampton Roads Breastfeeding Education Advocacy Team -CINCH- Consortium for Infant and Child Health	Contact: Tierra Langley Ph:757-446-5708 OR Laurie McManama Ph:757- 446-6039 Email: CINCH@evms.edu	The Consortium for Infant and Child Health (CINCH) is dedicated to protecting the rights of breastfeeding mothers. If there is an incident related to a woman's right to breastfeed, please report the incident to CINCH. A member of the CINCH Hampton Roads Breastfeeding Education and Advocacy Team (HR-BEAT) will contact you and work towards a resolution.

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BURIAL ASSISTANCE			
Funeral Consumers Alliance of Virginia- Funeral Arrangements AssistanceBlue Ridge (Rev.10/22/20)	Funeral Consumers Alliance of Virginia Blue Ridge P.O. Box 10082 Blacksburg, VA 24062	Ph/Fax: 540-953-5589 Email: fcavbr@gmail.com	We are a non-profit organization of area residents dedicated to helping our neighbors make funeral arrangements that are dignified, meaningful and affordable.
Memorial Society of Northern Virginia- Burial Expenses (Rev.10/22/20)	Memorial Society of Northern Virginia 4444 Arlington Boulevard Arlington, VA 22204-1340	Ph:703-271-9240 Email: info@memorialsocietyva.org	Memorial Society of Northern Virginia is a non-profit organization dedicated to helping their members make life's final choices with dignity, compassion, and meaning. They are an unbiased source of information for other residents of Northern Virginia.
CHILD CARE			
After School Program - Virginia Beach, Baylake United Methodist Church	After School Program - Virginia Beach, Baylake United Methodist Church 4300 Shore Drive Virginia Beach, VA 23455	Main 757-460-0659 Fax 757-460-0659 Intake 757-588-8087 Web site www.baylakeumc.org Intake Contact Cindi Widener Ph: 757 588-8087	Provides a faith-based after-school program for children ages 3 through 6. The program will be offered from noon to 6:00 pm weekdays during the school year and will incorporate the Cokesbury curriculum called Wonderful Weekdays. Serving ages 3 through 6.
Before & After School Program - Chesapeake, Leaders of Tomorrow Academy	Before & After School Program - Chesapeake, Leaders of Tomorrow Academy 3940 Airline Boulevard Chesapeake, VA 23321	Main:757-465-4134 Fax: 757-966-5333 Alternate:757-465-4135 Web site www.lotaonline.com Intake Contact Atleacia Gibson Intake Email atleacia@cox.net	Offered to students in grades Kindergarten - 7th grade (ages 5-12). We provide transportation to select area schools. Call for details. Students in grades Kindergarten - 7th grade.
Before & After School Program - Portsmouth, YMCA of Portsmouth	A program of YMCA of Portsmouth 4000 High Street West Portsmouth, VA 23706	Ph:757-483-9622 Web site:www.ympaofportsmouth.com	The YMCA of Portsmouth offers Before and After School childcare beginning at 6:00 A.M. and ending at 6:00 P.M. Transportation is provided to and from
Child Care Aware® of Central Virginia (Rev.03/06/23)	Child Care Aware® of Central Virginia	Toll Free:1-800-650-2085 Customized Referral Service: 866-543-7852 option 2 Statewide number: Ph:866-481-1913 Website:va.childcareaware.or	Child Care Aware® of Central Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-0846 or use the Customized Referral Service: 866- 543-7852 option 2. Please call for further information.

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Child Care Aware® of Eastern Virginia (Rev.03/06/23)	Child Care Aware® of Eastern Virginia	Toll Free:1-800-650-2126 OR 1-866-KIDS-TLC Customized Referral Service: 866- 543-7852 option 2 Statewide number: Ph:866- 481-1913 Website:va.childcareaware.or	Child Care Aware® of Eastern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-0846 or use the Customized Referral Service: 866- 543-7852 option 2. Please call for further information.
Child Care Aware® of Northern Virginia (Rev.03/06/23)	Child Care Aware® of Northern Virginia	Toll Free: 1-800-681-0224 Customized Referral Service: 866- 543-7852 option 2 Statewide number: Ph:866- 481-1913 Website:va.childcareaware.or	Child Care Aware® of Northern Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-0846 or use the Customized Referral Service: 866- 543-7852 option 2. Please call for further information.
Child Care Aware® of Piedmont Virginia (Rev.03/06/23)	Child Care Aware® of Piedmont Virginia	Toll Free: 1-800-681-0096 Customized Referral Service: 866- 543-7852 option 2 Statewide number: Ph:866- 481-1913 Website:va.childcareaware.or	Child Care Aware® of Piedmont Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-0846 or use the Customized Referral Service: 866- 543-7852 option 2. Please call for further information.
Child Care Aware® of Western Virginia (Rev.03/06/23)	Child Care Aware® of Western Virginia	Toll Free: 1-800-681-0085 Customized Referral Service: 866- 543-7852 option 2 Statewide number: Ph:866- 481-1913 Website:va.childcareaware.or	Child Care Aware® of Piedmont Virginia is a community-based network of early care and education specialists whose purpose is to deliver services to families, child care professionals and communities to increase the accessibility, availability, and quality of child care in Virginia. For Special Needs Child Care referrals call Child Care Aware directly and ask for Kay Jones-Holland. The number is : 804-612-0310 OR 804-285-0846 or use the Customized Referral
Child Care - Richmond, Virginia Department of Social Services	Child Care - Richmond, Virginia Department of Social Services 7 N Eighth St.	Main 804-726-7000 Fax 804-726-7015 Alternate 800-552-3431	Provides funding to enhance the quality, affordability, and supply of child care available to Virginia's families. Child care programs are child-centered, family-focused services that support the family goals of economic self-sufficiency and

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Virginia Child Subsidy Program-Child Care Assistance and Referral Program	Virginia Child Subsidy Program-Child Care Assistance and Referral Program 801 E. Main Street Richmond, VA 23219	Ph:703-449-8484 OR 804-646-7407	Virginia Child Subsidy Program is for low income parents that are attending education, working, or enrolled in job training programs, they can get help in paying for child care expenses. The state of Virginia has created the Child Care Subsidy Program that is able to provide direct financial assistance to qualified families and parents. The goal is to help families gain economic self-sufficiency and increase their income over the long term by providing them the means to attend work or training/education. There is often a waiting list to this government subsidy. Those who are eligible tend to be the following. Families that receive
Virginia Child Care Resource and Referral Network	Virginia Child Care Resource and Referral Network, 308 Turner Rd., Suite A, Richmond, VA 23225	Ph:804) 285-0846 Toll Free: 866) 481-1913; Fax:804- 285-0847 Website:www.vachildcare.org	VCCRRN provides resources and advocacy to families, child care professionals, and communities.
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue Norfolk VA 23508	Ph: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is committed to helping families in South Hampton Roads care for their children. The ywcaKids Before & After school program is a recreational child care program for school age children. They promise to provide an adventurous recreational atmosphere that will focus on your child's social, emotional, physical and cognitive development. They are
DENTAL CARE			
Blue Ridge Medical Center (Rev.12/32/21)	4038 Thomas Nelson Highway Arrington, Virginia 22922	Ph:434-263-4000 Fax:434-263-4160 To access our emergency call service after hours, please call our main	Blue Ridge Medical Center provides high-quality dental care to low-income, uninsured and insured individuals. Financial Assistance through the Sliding Scale Program is available. Services: primary care, pediatrics, nutrition, physical therapy, pharmacy labs, and behavioral health services.
Children's Hospital of Richmond at	2924 Brook Road Richmond, VA 23298	Ph:804- 228-5828	Services: comprehensive dental hygiene, general dentistry and specialty
Dental Services for Children with	VDH-Division of Dental Health	Ph: 804-864-7775. Fax:	The mission of the Division of Dental Health is to improve the oral health of all of
Dental Care-Healthy Smiles	Portsmouth Community Health	Ph: 757-393-6363 Fax:	Community Health Center. Sliding scale fees for uninsured (proof of income for
Dental Care-PICH	PICH-Community Dental Center	Ph:757-925-1866	Services: Adult and pediatric preventive & restorative dental care including
Dental Services -Old Towne Medical	Olde Towne Medical Center, 5249	(757) 259-3258; www.yorkcounty.gov	Payments are based on income; Olde Towne Medical Center is located in
Give Back a Smile	Give Back a Smile	Ph:800- 773-4227	Give Back a Smile is a program for adult (18+) women and men who have
Grin Program-CHIP of Roanoke	Grin Program-CHIP of Roanoke	CHIP of Roanoke Ph: 540-857-6993 Fax: 540-857-6999	Grin Program-CHIP of Roanoke will reduce the incidence of long term oral hygiene disease in children ages 6 months to 36 months who are enrolled and followed by CHIP. The program will fill gaps in dental health care caused by a
Guadalupe Free Clinic (Rev.06/24/24)	700 McKinney Blvd #1100 Colonial	Ph:804- 224-0571 Fax: 804-224-0572 Email:carrington@guadalupefreeclini	The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, is a donor-supported, volunteer-staffed free health clinic that seeks to serve the indigent, working poor and medically uninsured residents of the Town of Colonial
H.E.L.P. Free Clinic (Dental) Hampton Health Department	H.E.L.P. Free Clinic (Dental) Hampton Health Department 1320 LaSalle Avenue Hampton, VA 23669-3801	Ph:757- 727-2577 www.helphouse.org	Services: Dental exam, x-rays, preventive treatments, restorations (fillings) and extractions (tooth pulling). Eligibility: Adult patients with no dental insurance at or below 200% of the Federal Poverty. Peninsula residents only. Proof of income & residency required. Fees: No charge for eligible persons

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Humanitarian Foundation-Dental Care for Children with Special Needs	Humanitarian Foundation -Dental Care for Children with Special Needs For Virginia Residents 1608 Colehollow Dr Midlothian,	Richmond Contact: Richard Gilman Ph: 804-378-9361 Main Office: 614-933-0711 Fax: 614-933-0481 Email:	The Grottoes of North America Humanitarian Foundation is a 501 (c) (3) nonprofit organization that brings "Special Smiles" to children with special needs by providing them much-needed dental care. The program helps cover the costs of dental treatment, including hospital and anesthesia costs, when needed, for children with cerebral palsy, muscular dystrophy and related neuromuscular
Lackey Free Clinic Olivet Ministries, Inc.	Lackey Free Clinic Olivet Ministries, Inc. 1620 Old Williamsburg Road Yorktown, VA 23690	Ph:757- 886-0608 Website: www.lackeyfreeclinic.com	Services: Exams, Extractions, Fillings, Cleanings Eligibility: Adults & Children who are uninsured and have been denied Medicaid coverage. Residents of Gloucester County, Hampton, Newport News, Williamsburg, York County with incomes at or below 200% poverty. Proof of income & residency required. Fees: No charge for eligible persons
Northern Neck - Middlesex Free Health Clinic-Dental Services (Rev.03/15/24)	51 William B Graham Ct, P.O. Box 1694 Kilmarnock, VA 22482	Ph:804- 435-0575 Fax:804- 435-9017 Email:info@nnmfhc.org Website:https://nnmfhc.org/	Northern Neck - Middlesex Free Health Clinic provides dental services to persons living in the Northern Neck Region and Middlesex County of Virginia who are uninsured or under-insured and cannot reasonably be expected to pay for such care. Services: Oral exams and treatment plans,Cleanings,Fillings X-rays,Sealants,Extractions and Dentures. Eligibility:All Medical Clinic patients
Peninsula Institute for Community Health-PICH Peninsula	Peninsula Institute for Community Health Community Dental Center 1033 28th Street Newport News, VA 23607	Ph:757- 928-3810 http://www.pich.org/	Services: Adult and pediatric preventive & restorative dental care including dental exams, cleanings, fillings, extractions, root canals, sealants, fluoride treatments, and other treatment as indicated by the Attending Dentist. Eligibility: Valid ID and proof of income required. Fees: Medicaid, Medicaid HMO's, FAMIS "Smiles for Children" and sliding scale
Spencer Dental-Kids First Family Dentistry (Formerly Kool Smiles) (Rev.12/21/20)	3824 Mechanicsville Turnpike, Richmond, VA 23222	Ph: 434-201-4464 Email:contactspencer@spencerdent algroup.com Website:https://www.spencerdent	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a range of community & educational programs.Services:General Dentistry,Children's Dentistry,Oral Surgery,Ortho/Braces and Aligners,Insurance:Medicaid &
Spencer Dental-Kids First Family Dentistry (Formerly Kool Smiles) (Rev.12/21/20)	135 Conston Ave NW, Christiansburg, VA 24073	Ph: 434-201-4464 Email:contactspencer@spencerdent algroup.com Website:https://www.spencerdent	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a range of community & educational programs.Services:General Dentistry,Children's Dentistry,Oral Surgery,Ortho/Braces and Aligners.Insurance:Medicaid &
Spencer Dental-Kids First Family Dentistry (Formerly Kool Smiles) (Rev.12/21/20)	364 Lowes Dr Ste J., Danville, VA 24540	Ph: 434-201-4464 Email:contactspencer@spencerdent algroup.com Website:https://www.spencerdent	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a range of community & educational programs.Services:General Dentistry,Children's Dentistry,Oral Surgery,Ortho/Braces and Aligners.Insurance:Medicaid &
Spencer Dental-Kids First Family Dentistry (Formerly Kool Smiles) (Rev.12/21/20)	400 Southpark Blvd, Colonial Heights, VA 23834	Ph: 434-201-4464 Email:contactspencer@spencerdent algroup.com Website:https://www.spencerdent	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a range of community & educational programs.Services:General Dentistry, Children's Dentistry, Oral Surgery,Ortho/Braces and Aligners.Insurance:Medicaid &
Spencer Dental-Kids First Family Dentistry (Formerly Kool Smiles) (Rev.12/21/20)	5002 Airport Rd NW #130, Roanoke, VA 24012	Ph: 434-201-4464 Email:contactspencer@spencerdent algroup.com Website:https://www.spencerdent	Spencer Dental is committed to reducing the need for future extensive dental work & keeping kids healthy through preventative dental care & a range of community & educational programs.Services:General Dentistry,Children's Dentistry,Oral Surgery,Ortho/Braces and Aligners,Insurance:Medicaid &
Virginia Dental Association's Donated Dental Services (DDS)	Virginia Dental Association's Donated Dental Services (DDS) 7525 Staples Mill Rd Richmond, VA 23220	Ph: 804-261-1610 Website: www.vadental.org	The Donated Dental Services (DDS) program was established in 1997. Through the DDS program, volunteer general dentists, specialists, and dental laboratories provide comprehensive dental treatment free of charge to those who cannot afford treatment due to financial limitations associated with advanced age

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VCU School of Dentistry Lyons Building (Rev. 3/15/18)	VCU School of Dentistry Lyons Building 520 N. 12th Street Richmond, VA 23298-0566	Ph:804- 828-9190 Website:www.dentistry.vcu.edu/patients/Default.aspx	Services: comprehensive dental hygiene, general dentistry and specialty care. Fees: Set at a flat rate, fees are approximately 50% less than the fees at a private practice dental office. Patients are requested to pay for treatment as services are rendered. Cash, checks, MasterCard, VISA and Discover are accepted.
DEVELOPMENTAL DISABILITIES			
Autism Society of America, Central Virginia Chapter	PO Box 29364 Richmond, VA 23242-0364	Contact: Bradford Hulcher, Executive Director Ph: 804- 257-0192 Fax: 804- 200-0286	Support group for parents and professionals; newsletters, library, conferences, and social activities. A Medicaid Waiver mentor is on staff.
Cerebral Palsy Association of Virginia	Cerebral Palsy Association of Virginia 5825 Arrowhead Drive Suite 201	Contact: Michelle Majority, Executive Director michelle@cerebralpalsyofvirginia.org	Cerebral Palsy of Virginia is a 501 (c) (3) non-profit organization serving children and adults with cerebral palsy and other developmental disabilities such as those with down syndrome, autism, muscular dystrophy, intellectual
CHADD of Virginia for Children and Adults with Attention Commonwealth Autism Services	CHADD of Virginia for Children and Adults with Attention 6320 Commonwealth Autism Service 2201 West Broad Street	Contact: Jeffrey Katz Ph:757- 625-6161 Toll Free Number 800-649-8481 Ph:757- 466-3696 Email: DSAHR@verizon.net	CHADD of Virginia is a non-profit organization providing education, advocacy and support for individuals with AD/HD. In addition to their informative Web site Commonwealth Autism Service's mission is to provide leadership in the implementation of a statewide system of services to maximize the potential and
Down Syndrome Association of Hampton Roads	Down Syndrome Association of Hampton Roads The	Contact: Allison Wixted, Executive Director Website:http://www.dsanhv.org/	Our mission is to enhance the lives of individuals with Down Syndrome, helping them reach their full potential by providing family support, education, and social
Down Syndrome Association of Greater Richmond	Down Syndrome Association of Greater Richmond Office Location:		Family support group; meetings and social activities, packets for parents with newborns, referrals, networking resources
Down Syndrome Association of Northern Virginia (DSANV)	Down Syndrome Association of Northern Virginia (DSANV)		The Down Syndrome Association of Northern Virginia (DSANV) mission shall be to ensure that all individuals with Down syndrome and their families receive
Down Syndrome Association of Fredericksburg	Down Syndrome Association of Fredericksburg	Website:http://www.dsafred.org/1.html	Down Syndrome Association of Fredericksburg mission is to enhance the lives of individuals with Down Syndrome and help them reach their full potential by
Down Syndrome Association of Roanoke	Down Syndrome Association of Roanoke	Ph: 540-772-6460 Email:info@dsar.org	Down Syndrome Association of Roanoke mission is to enhance the lives of individuals with Down Syndrome and help them reach their full potential by
edWeb.ne (Rev.12/19/18)	edWeb.ne 314 West Main Street Box 842011	Ph: 800-575-6015 Email:info@edweb.net Website:	edWeb.net is a free professional learning and social network that makes it easy for teachers and all educators to connect and collaborate with peers, share
FACT-Families of Autistic Children of Tidewater (Rev 12/18/18)	FACT-Families of Autistic Children of Tidewater 120	Ph: 757-422-2040 Fax: 757-306-7055	The mission of F.A.C.T. is to improve the quality of life for individuals with autism and their families in the greater Tidewater Virginia area. F.A.C.T.
Henrico May Center for ABA Services (Rev 09/22/20)	8100 Three Chopt Road, Suite 143 Henrico VA 23229	Contact: John Tolson, M.Ed., BCBA, LBA	The May Center for ABA Services in Henrico provides best practice intensive behavioral intervention to children and adolescents with autism spectrum
Hope House Foundation	Hope House Foundation 801 Boush Street	Ph:757- 625-6161	Hope House Foundation provides individualized supported living services for and with adults with developmental disabilities in their own homes or apartments
Partnership for People with Disabilities	Partnership for People with Disabilities	Contact: Bobbi Piguet Ph:804- 828-3876	This University Center for Excellence in Developmental Disabilities works to increase choices for individuals, change systems, improve services and affect
The Child Development Services (CDS) Program	The Child Development Services (CDS) Program 830 Southampton Ave Norfolk, VA 23510	Ph: 757- 683-8770	The Child Development Services (CDS) program is a statewide network of clinics sponsored by the Virginia Department of Health. The clinics serve children and adolescents suspected of having developmental and behavioral disorders. The clinic team consists of a pediatrician, nurse, social worker,
Tidewater Autism Society of America	Tidewater Autism Society of America 6300 East Virginia Beach Boulevard, Norfolk VA 23502	Ph:757-461-4474 Website: www.tidewaerasa.org and www.autism-society.org	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. The mission is creating a world where persons within the autism spectrum disorder are fully included, participating members of their communities. is implemented
VCU Autism Center for Excellence- (Training and Education) (Rev 09/22/20)	VCU Autism Center for Excellence- Educational Advocacy 1314 West Main Street Box 842011	Toll Free:855- 711-6987 Fax:804- 828-2193 804- 828-2494 TTY:	VCU Autism Center for Excellence training activities are based on the Skill Competencies for Professionals and Paraprofessionals in Virginia Supporting Individuals with Autism Across the Lifespan. We also base our trainings on un-

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Virginia Autism Resource Center (VARC) (Rev.12/18/18)	Virginia Autism Resource Center 4100 Price Club Boulevard Richmond VA 23112	Toll Free Number 877- 667-7771 Ph:804 674-8888, ext. 5161 Website:www.varc.org Email:info@varc.org	Grafton is a nationally-recognized leader in providing 24-hour support to people with disabilities. They have a reputation for being able to work with people with the most difficult challenges and offer a range of services to assist individuals, including: Adult Services, Day Support, Residential Support, Behavioral Consultation, Customized Treatment Services, Children's Services, Clinical
Virginia Leadership Excellence in Neurodevelopment-mental Disabilities (VA-LEND)	Virginia Leadership Excellence in Neurodevelopment-mental Disabilities (VA-LEND) 1000 E. Marshall Street Room 320	Contact: Janet Willis Ph: 804- 828-0073 Fax: 804- 828-0098 Email:jhorsley@vcu.edu Website:http://www.vcu.edu/partnership/valend/	Interdisciplinary training and leadership development program for health professionals and related disciplines to develop advanced clinical skills and leadership abilities in the field of childhood neurodevelopmental disabilities.
Youth & Family Services of Virginia-ABA Provider (Rev.01/12/21)	300 Arboretum Place Richmond, VA 23236	Ph:804- 887-2990 Website:https://www.yfsva.com/	Youth & Family Services of Virginia provides ABA (applied behavior analysis) services. Please call for further information.
DISEASE SPECIFIC GROUPS			
Abingdon Psychological Services (Rev.09/21/20)	P.O. Box 1535 845 East Main Street Abingdon, VA 24212	Daniel A. Hardwick, Psy.D. Ph:276-676-1177 Email: drdanhardwick@yahoo.com	Provides psychological and developmental evaluations and therapy services.
Able to Learn, LLC (Rev.09/21/20)	11901 Riders Lane Reston, VA 20191	Contact: Elizabeth Yates, M.Ed., PCET Ph:703- 625-2551	Provides assessments as well as individual and small group educational therapy for students who struggle to learn. Going beyond tutoring to deeper cognitive change. Please call for further information.
Academic Connections (Rev.02/21/20)	PO Box 2232 Ashburn, VA 20147	Ph:571- 766-0454 Fax:571- 766-0452 Email: info@actutor.com	Professional In-Home Tutoring, Special Education consulting, Academic Testing & Coaching, Advocacy for students with disabilities. Remedial reading programs such as Wilson, homeschool consulting for students, K through college.
Achieve Beyond (Rev.09/21/20)	11240 Waples Mill Rd. Suite 101 Fairfax, VA 22030	Contact: Andres Alvarado Ph:703- 237-2219 Fax: 703- 237-2729 Email:	Achieve Beyond is a pediatric therapy, educational and autism services company that provides early intervention health care to children in need. Please call for further information.
ALS Association Amyotrophic lateral sclerosis)-Financial Assistance	A program of ALS Association (Amyotrophic lateral sclerosis)- Financial Assistance	Intake Contact :Colleen Maguire Intake Ph: 866 348-3257 Intake	The ALS Association seeks to discover the cause and cure for Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease) through dedicated research while providing patient support, information/education for health care professionals
Alzheimer's Association of Hampton Roads	Alzheimer's Association of Hampton Roads	Ph: 757-459-2405 24/7 Helpline: 1.800.272.3900	The Alzheimer's Association of Hampton Roads provides help with support, education and resources about all aspects of Alzheimer disease. Also provides emotional support.
Allergy and Asthma Network/Mothers of Asthmatics Inc.	Allergy and Asthma Network/Mothers of Asthmatics Inc. 2751	Ph:1-800-878-4403 Fax:703- 573-7794 Website:www.aanma.org	Allergy and Asthma Network/Mothers of Asthmatics Inc. is a national, nonprofit network of families dedicated to overcoming asthma and allergies by providing knowledge. Hours are 9:00a.m to 5:00p.m,Monday-Friday.
American Cancer Society, VA Division	American Cancer Society, VA Division 4240 Park Place Court	Ph: 804- 527-3700 Fax: 804- 527-3797 Website:www.cancer.org; for Central	Provides medicine, transportation, and funds for adults and children with cancer. Financial capabilities offered and determined by the society. Bilingual staff is available.

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American Council of the Blind of Virginia (Rev.11/11/24)	American Council of the Blind 225 Reinekers Lane, Suite 660 Alexandria, VA 22314	Toll-free (800) 424-8666 or 202- 467-5081 local E-mail us at info@acb.org	The American Council of the Blind of Virginia, (ACB-VA), is a membership organization comprised of people who are blind, visually impaired, deaf blind, and sighted. We advocate for the independence, economic stability, and equal
American Diabetes Association	American Diabetes Association Arlington , VA	Toll Free:800-342-2383 800-DIABETES	1- American Diabetes Association provides comprehensive health education and resources to clients diagnosed with diabetes and their families. Please call or visit the website for further information and community support.
Arthritis Foundation-Virginia Chapter	Arthritis Foundation-Virginia Chapter 2201 W. Broad St, Suite 100 Richmond,	Contact: Angela Courtney, Associate Director Ph:804-359-1700	Arthritis Foundation of Virginia is the only national not-for-profit organization that supports the more than 100 types of Arthritis and related conditions. The foundation helps people take control of Arthritis by providing public health
ASK Childhood Cancer Foundation	ASK Childhood Cancer Foundation 5211 West Broad Street	Contact: dabney@askweb.org Ph: 804- 658-5910 Fax: 804- 658-5952	ASK is the area's oldest and largest local organization dedicated to making life better for children with cancer. We have programs to support the entire family from the moment of diagnosis and beyond, as well as programs to provide
Asthma Control Today (ACT)-People Incorporated of Southwest Virginia	Asthma Control Today (ACT)- People Incorporated of Southwest Virginia Abingdon,	Ph:276-623-9000	Asthma Control Today (ACT)-People Incorporated of Southwest Virginia project serves families in the Appalachian Mountains of southwest Virginia, an area with an extremely high percentage of children living in poverty, which puts those
Beacon House-Tidewater Area- A program of Mary Buckley Foundation for Brain Injury Survivors	Beacon House Tidewater Area 3808 C Virginia Beach Blvd, Virginia Beach, VA 23452	Ph: 757-631-0222 Fax: 757-631-0228 email: abby@maryfoundation.org Website: www.maryfoundation.org	Beacon house is a community -based clubhouse program where brain injury survivors gather to work, socialize and support one another in a restorative environment. Members and staff work together to manage the program and improve
Brain Injury Association of Virginia (Rev,04/01/20)	Brain Injury Association of Virginia 2810 N. Parham Road Suite 260 Richmond, Virginia 23294	Contact: Anne McDonnell, Associate Director Ph:804- 355- 5748 Fax: 804- 355- 6381	The mission of the Brain Injury Association of Virginia is to create a better future for Virginians through brain injury prevention, research, education, advocacy and support.
Connor's Heroes Foundation	Connor's Heroes Foundation P.O. Box 2536 Midlothian, VA 23113	Ph:804- 221-8991 Website:http://www.connorsheroes.org	Building a community of heroes to ease the burden of childhood cancer today and to help find a cure for tomorrow by: 1. Providing assistance to pediatric cancer patients and families 2. Promoting public awareness
Cystic Fibrosis Foundation	Cystic Fibrosis Foundation 1500 Forest Avenue Suite 124 Richmond, VA 23229	Contact: Linda Vines, Executive Director Ph: 804- 527-1500 Toll Free:	A resource of information about cystic fibrosis whose mission is to assure the development of the means to cure and control cystic fibrosis, and to improve the quality of life for those with the disease.
Deaf & Hard of Hearing Counseling Services (DHHCCS) — Richmond (Rev.11/14/19)	1503 Santa Rosa Rd, Richmond, VA 23229	Ph: 804- 282-1943	The primary purpose of DHHCCS is to provide counseling for the deaf, hard of hearing, or deaf-blind, and their families, on issues both related to and unrelated to hearing loss. This is facilitated through outpatient counseling, support groups and

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Deaf Mentors-Virginia Department for the Deaf and Hard of Hearing (Rev.05/19/23)	1602 Rolling Hills Drive, Suite 203 Henrico, Virginia 23229-5012	Ph:804-325-1290 Main:804-662-9502 Toll Free:800-552-7917 Email:info@vddhh.virginia.gov Website:https://www.vddhh.virginia.gov/	Deaf Mentor Program provides families with deaf/hard of hearing children an opportunity to work with highly trained deaf/hard of hearing adult role models to begin acquiring American Sign Language and introducing the family to Deaf Culture. Deaf Mentors strive to promote strong family relationships by focusing on natural language acquisition, strengthening communication, and allowing deaf/hard of hearing children early access to actively participate in their environment as they develop healthy identities. Please call for further information.
Educating Deaf Children (Rev.11/14/19)	Educating Deaf Children	Website:www.rit.edu/ntid/educatingdeafchildren/	Educating Deaf Children is a website that supplies factual information to people interested in the raising and education of deaf and hard-of-hearing children. Drawing on high-quality, peer-reviewed research, the site provides a better understanding of the strengths and needs of deaf children rather than
Epilepsy Foundation of Virginia - Abingdon Area (Rev.11/05/24)	Bristol, VA 24202	Contact:Diane Carter, RN Ph:276- 645-5817 Email: dcc6m@virginia.edu	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has
Epilepsy Foundation of Virginia - Charlottesville (Rev.11/05/24)	Epilepsy Foundation of Virginia UVA Medical Center P.O. Box 800754 Charlottesville VA 22903	Contact:Suzanne Bischoff, Ph.D. Executive Director Email: srb3m@UVAhealth.org Ph: 434- 924-8669 Fax: 434 982-0606 Email:srb3m@virginia.edu Website:www.Epilepsyva.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum and the physicians on the Professional Advisory Board have been active in <u>several radio and TV talks and events.</u>
Epilepsy Foundation of Virginia - Emporia Area (Rev.11/05/24)	Epilepsy Foundation of Virginia - Emporia Area	Contact:Kristen Strickler Ph:434- 637-1436 Email: kstrickler@virginiacarolina.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has occurred about the different co-payments for drugs with some insurance companies. State Senators such O'Bannon and Armstrong and Delegate Plum
Epilepsy Foundation of Virginia - Fredericksburg Area (Rev.11/05/24)	Epilepsy Foundation of Virginia - Fredericksburg Area	Contact: Melisa Gregory Ph:540- 220-8692 email: jasandmeme@verizon.net	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has
Epilepsy Foundation of Virginia - Leesburg (Rev.11/05/24)	Epilepsy Foundation of Virginia - Leesburg	Contact:Lisa Speet (client) email: speetie09@gmail.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has
Epilepsy Foundation of Virginia - Lynchburg Area (Rev.11/05/24)	Epilepsy Foundation of Virginia - Lynchburg Area	Contact:Laurie Kelly (parent) Ph:434 316-3741 Email: lkelly45.lk@gmail.com OR	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has

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Epilepsy Foundation of Virginia - Roanoke Area (Rev.11/05/24)	Daleville, VA	Contact:Lisa Garnett (parent) Ph:540- 761-0164	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has
Epilepsy Foundation of Virginia - Williamsburg Area (Rev.11/05/24)	Williamsburg Area	Contact:Dennis Terry and Missy Terry Ph:706-593-7310 Email: sun4fun365@aol.com	The Epilepsy Foundation of Virginia has been active in advocating for education and local guidelines about helmets, which prevent head injury, the largest known cause of epilepsy. Individual advocacy has occurred in employment disputes and misunderstandings about epilepsy in schools. System wide advocacy has
Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Epilepsy & Seizures 24/7 Helpline (Rev.08/09/22)	Ph: 1-800-332-1000(English) Ph: 1-866-748-8008 (En Español) Website:https://www.epilepsy.com/247-helpline	Epilepsy & Seizures 24/7 Helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with help, hope, support, guidance, and access to national and local resources. Some of the topics our information specialists respond to most often include:
FriendAble Social Club-- A program of Mary Buckley Foundation for Brain Injury Survivors	FriendAble Social Club 3808 C Virginia Beach Blvd Virginia Beach, VA 23452	Ph: 757-631-0222 Fax: 757-631-0228 email: friendable@maryfoundation.org Website: www.maryfoundation.org	The friendAble Social Club, funded through a grant from the Sentara Foundation, is a safe fun place where persons with disabilities can come to visit with old friends and meet new ones. Held at Beacon House, members share laughter and camaraderie as they participate in such activities as Karaoke, board games and music. To learn about upcoming friendAble activities, visit the Events page.
Hearing Aid Helpline	Hearing Aid Helpline 11730 Plaza America Drive, Suite 300. Reston, VA 20190	Ph:1-800-521-5247	Hearing Aid Helpline provides free literature and list of resources for parents of hearing-impaired children. The helpline is available in 50 states and Canada from 10:10am-4:00pm.(est) Monday-Friday. Each call is handled individually.
International Dyslexia Association: Virginia Branch	International Dyslexia Association: Virginia Branch 804-H Industrial Avenue Chesapeake, VA 23324	Contact: Shana Hatzopoulos, President Toll-free: 866- 893-0583 Email:info@vbida.org Website:http://www.vbida.org	Resources for parents and professionals; annual statewide conventions. Support groups for adults with dyslexia (but no parent support group).
Muscular Dystrophy Association	Muscular Dystrophy Association One Greenbrier Point 1403 Greenbrier Parkway # 575 Chesapeake, VA 23320	Health Care Services Coordinator Dozier, Bonnie Ph:757-420-3172 Fax:757-523-0173 Email:bdozier@mdausa.org	MDA's 200 local offices serve every community in the United States through a vast program of clinics, support groups, summer camps, equipment loans and much more. MDA services include: Initial diagnosis, Payment of authorized medical services (It is the policy of MDA to assist with payment only for those
Muscular Dystrophy Association	Muscular Dystrophy Association 8001 Franklin Farms Dr. Suite 139 Richmond, VA 23229	Contact: Susan Mauck Ph: 804- 285-2961 Email:richmond@mdausa.org Website:http://www.mdausa.org/office/richmond	New patient packets; support group for adult; no parent support group at this time. Please call for further information.

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National Kidney Foundation of the Virginias	National Kidney Foundation of the Virginias 1622 E. Parham Rd. Richmond, VA 23228	Eleanor Myers, Regional Program Director Phone: 804- 288-8342 Toll Free:888- 543-6398 Fax: 804- 282-7835 Email:eleanor.myers@kidnewva.org	Volunteer, non-profit health agency whose mission is to prevent kidney and urinary tract diseases, to improve the health and well-being of individuals and families affected by these diseases, and to increase the availability of all organs for transplantation.
National Prader-Willi Syndrome Association (USA) (Rev.11/27/19)	National Prader-Willi Syndrome Association (USA)	Contact Linda Keder Ph: 301-384-4955 PWSUSA Website: http://www.pwsausa.org Local chapter Website: http://www.pwsausa.org/MD	The PWSUSA website and local chapter website has general and specific information about Prader-Willi Syndrome and resources. Please visit the website or call for further information.
Peninsula United Ostomy Association	Peninsula United Ostomy Association Temple Baptist Church 235 Harpersville Rd Newport News, VA 23601	Contact: Debbie Barber, RN, BSN Enterostomal Therapy Riverside Regional Medical Center Ph:757-594-2559 Fax:757-594-3086	The United Ostomy Association is a long standing group of individuals with ostomies. The majority are seniors, but they do have several college age-members. They are very much young at heart and welcome parents/children. They meet about seven times a year in Newport News, VA, -- monthly at 7:00 PM at Temple Baptist Church on Harpersville Rd. (They don't meet July thru Sept and take off Jan and Feb). ~~The UOA has guest speakers ranging from~~
PKU Foundation-(Phenylketonuria)	PKU Foundation 2127 Kingsley Lane Chesapeake VA 23323	Contact: Mike and Oanh Foust Ph: 757-558-1980 Website: WWW.ryanspkufoundation.org	Ryan's PKU Foundation of Virginia is dedicated to providing a support network to individuals with PKU and their families; Promoting PKU wellness through increasing public awareness, developing and distributing educational materials, supporting research and sharing information among families.
Sickle Cell Association, Inc.	Sickle Cell Association, Inc. 861 Glenrock Road Suite 120 P.O. Box 12227 Norfolk, VA 23541	Toll Free:800.421.8453 Ph:757-466-0332 Fax:757-466-0988	Sickle Cell Association, Inc., provides comprehensive health education, counseling and testing services while striving to improve the quality of life for our clients and their families.
Sight for Students	Sight for Students	Toll Free888-290-4964 Website: www.sightforstudents.org	Sight for Students provides free eye exams and glasses to students in low-income, underserved families. Program Criteria Partners will determine if a child meets the following criteria of the program:• family income is no more than 200% of the federal poverty level,• child is not enrolled in Medicaid or other vision insurance,• child is 18 years or younger and ~~has not graduated from high school • child or parent is a U.S. citizen or legal~~
Speech-Language-Hearing Association of Virginia (Rev.11/15/19)	Speech-Language-Hearing Association of Virginia	Website: www.shav.org	Speech-Language-Hearing Association of Virginia is an association of over 700 audiologists and speech-language pathologists.

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The Cystic Fibrosis Foundation	The Cystic Fibrosis Foundation Virginia Chapter 2727 Enterprise Parkway Suite 104 Richmond, VA, 23294	Contact: Linda Vines 804- 527-1500 Toll free: 888- 233-4682 Fax: 804- 527-0016 Email: virginia@cff.org	Ph: Email:	The mission of the Cystic Fibrosis Foundation, on-profit donor-supported organization, is to assure the development of the means to cure and control cystic fibrosis and to improve the quality of life for those with the disease. The Foundation is the leading organization in the United States devoted to cystic fibrosis. It funds and accredits more than 115 CF care centers., 95 adult care programs and 50 affiliate programs, and has 80 chapters and branch offices
The Leukemia & Lymphoma Society	The Leukemia & Lymphoma Society Virginia Chapter 5511 Staples Mill Rd. Suite 202B Richmond, VA 23228	Toll Free:800.955-4572 Chapter: 800-766-0797 or 804-627-0400. Fax:804.627.0406 Website: www.LLS.org Email: infocenter@LLS.org	Virginian	The Leukemia & Lymphoma Society is relentless in our mission to cure Leukemia, Lymphoma, Hodgkin Disease and Myeloma and to improve the quality of life of patients and families. We appreciate the work you do every day in assisting patients with the many struggles they face. Please call for further information or fax a referral form for Patients with Leukemia, Lymphoma, Myeloma or Other blood cancers.
The University of Virginia, Division of Audiology - Indigent Program (Rev.06/26/23)	Virginia Lions Hearing Foundation and Research Center, Inc., Box 800477, University of Virginia Health Services Center, Charlottesville, VA 22908.	Ph: 434-296-LION (5466) or 800-251-3627, extension 4-9805.		The University of Virginia, Division of Audiology in Charlottesville provides hearing assistance for indigent individuals. A nominal fee is charged for Lions club sponsored individuals, which covers the cost of a new behind-the-ear style hearing aid, warranty, the ear mold, and follow-up fitting. The service is supported by the Virginia Lions Hearing Foundation and Research Center. Please call for further information.
Tidewater Dietetic Association-TDA	Tidewater Dietetic Association	Website:www.tidewaterdieticianassocia.t.com		Tidewater Dietetic Association is a special interest organization providing nutrition counseling. Also promotes sound nutrition information and optimal health for the population.
Virginia Genetic Navigator Program (Rev.06/16/23)	Virginia Genetic Navigator Program	Ph:877- 567-1122 cfihelpline@vcu.edu Website:https://nymacgenetics.org/Virginia	Email:	Virginia Genetic Navigator Program was developed through a joint effort between the Virginia Department of Health, the Center for Family Involvement at VCU and the NYMAC Regional Genetics Network. This is a FREE program that aims to help families of children or adults with disabilities or special health care needs more easily access and navigate genetic services;these Genetic Navigators are parents of children with genetic diagnoses and have their own personal experiences using genetic services. They are prepared to simplify the genetics journey by providing one on one support to families.Please call or visit the website for further information.
Virginia Hearing Aid Loan Bank (VHALB) (Rev.11/19/19)	Virginia Hearing Aid Loan Bank (VHALB)	Contact: Blue Ridge Care Connection for Children Lisa Powley 434.924.0222 TollFree:866-596-9367 Website:http://bit.ly/2of2vRN	Ph:	VHALB is open to children under age 18 whose hearing loss is confirmed by an audiologist. The bank lends hearing aids and FM systems for up to six months. The initial loan period can be extended for an additional three months in certain circumstances. To qualify, families must be residents of Virginia and be in the process of securing permanent hearing aids through insurance or other means. Parents can apply for hearing aids and FM systems by completing an application form. The child's audiologist must complete a portion of the application. The Hearing Aid Loan Bank currently has

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Virginia Association for Parents of Children with Visual Impairments (VAAPVi)	Virginia Association for Parents of Children with Visual Impairments (VAAPVi) P.O. Box 1523 Chesterfield, VA 23832	Ph: 804- 938-1624 Email:info@vaapvi.org Website:http://www.vaapvi.org/	VAAPVi's mission is to empower families, professionals and the community to meet the needs of children who are blind or visually impaired, including those with multiple disabilities. VAAPVi is a state affiliate of NAPVI, the National Association for Parents of Children with Visual Impairments.
Virginia Lions Hearing Aid Bank Foundation (Rev.06/26/23)	District 24-L HAB Foundation Committee Chair, 11260 Roger Bacon Drive Suite 300, Reston, VA 20190	Contact Lion Mike McLaughlin Email: mmclaughlin@fc-alions.org. District 24-L HAB Foundation Committee Chair Ph: 703-471-6150 or 703.280.0403, or	The Virginia Lions Hearing Aid Bank (HAB) Foundation is a Virginia chartered non-profit organization to help those in our service area, who need but cannot afford them, have hearing screenings and receive hearing aids. In addition, our clubs collect and recycle used hearing aids in conjunction with eyeglass collection and recycling. Behind-the-ear style hearing aids are reconditioned and
Virginia Sickle Cell Awareness Program	Virginia Sickle Cell Awareness Program 109 Governor St. Richmond, VA 23210	Ph:804- 864-7716 Website:http://www.vahealth.org/sickcell	Medical and related treatment and follow-up for patients; matching sickle cell families for support.
DME			
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 Tiffany: Intake: 757-512-5398	ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
ActivStyle	Active Style	Website: http://www.activstyle.com/aboutUs.htm Ph:	ActivStyle is a full-service medical supply company that specializes in providing incontinence products to Medicaid recipients. Products include: From pads and liners to briefs and pull-ups. ActivStyle offers every level of product.
Advanced Home Care (Rev.10/22/19)	Advanced Home Care	Ph: 800-868-8822 Arlington/Alexandria (877) 830-5665	Advanced Home Care is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information.
American HomePatient (Rev.10/22/19)	American HomePatient	Ph:877-830-5665 Website:www.ahom.com	American HomePatient is a DME and Supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
APRIA Healthcare (Rev.08/21/23)	Chesterfield Location: 7439 Whitepine Rd North Chesterfield, VA 23237 Richmond Location: 2808 E Parham Rd, Richmond, VA 23220, OR Fredericksburg Location	Chesterfield Location Ph:804-946-1955 Richmond Location Ph: 804- 553-4964 Fredericksburg Location Ph:540- 693-0331	Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.
Amramp (Rev.06/06/23)	Central Virginia	Ph:888--715-7598 Website:https://amramp.com	Amramp provides rental or purchased Wheelchair Ramps for residence, church, school or business. They also accommodate the construction and commercial industries offering ADA wheelchair ramps for purchase and rental. Please call or visit the website for further information.

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Amramp (Rev.06/06/23)	Hampton Roads	Ph:888--715-7598 Website: https://amramp.com	Amramp provides rental or purchased Wheelchair Ramps for residence, church, school or business. They also accommodate the construction and commercial industries offering ADA wheelchair ramps for purchase and rental. Please call or visit the website for further information.
Amramp (Rev.06/06/23)	Northern Virginia/DC	Ph:888--715-7598 Website: https://amramp.com	Amramp provides rental or purchased Wheelchair Ramps for residence, church, school or business. They also accommodate the construction and commercial industries offering ADA wheelchair ramps for purchase and rental. Please call or visit the website for further information.
A Small Hand- specialist infant pantry-Diapers	A Small Hand- specialist infant pantry-Diapers Edinburg Christian Church	Contact: Ann McBroom Ph:540- 933-6313 Email: amcbroom@shental.net	A Small Hand is a independently operated diaper bank organization individually run and work to best serve the needs of their particular communities. Products Distributed: Diapers, Cloth Diapers, Disposable Diapers, Infant/Toddler Diapers
ATLFA-Assistive Technology Loan Fund Authority	ATLFA-Assistive Technology Loan Fund Authority 1602 Rolling Hills Drive	Contact: Christy Crowther Ph: 804-662-9000 Email: christy.crowther@atlfa.org	The Assistive Technology Loan Fund Authority offers low interest loans for a variety of special equipment to eligible applicants. The interest rate is normally well below normal market rates, and loans are available with no down payment
Aveanna Healthcare Company- – Northern Virginia (Rev.02/16/23)	5290 Lyngate Court, 1st Floor Burke, VA 22015	Ph: 703- 873-7672 Fax: 757- 401-6185 Website: https://www.aveanna.com	Aveanna Healthcare Medical Solutions provides statewide coverage for all your enteral nutrition and supply needs.
Aveanna Healthcare Company- – Richmond (Rev.02/16/23)	9325 Midlothian Turnpike, Suite A Richmond, VA 23235	Ph: 757- 490-3223 Fax: 757 490-2936 Website: https://www.aveanna.com	Aveanna Healthcare Medical Solutions provides statewide coverage for all your enteral nutrition and supply needs.
Aveanna Healthcare Company- – Winchester (Rev.02/16/23)	130 Creekside Lane Winchester, VA 22602	Ph: 540- 409-4622 Fax:629- 600-6081 Website: https://www.aveanna.com	Aveanna Healthcare Medical Solutions provides statewide coverage for all your enteral nutrition and supply needs.
Bloomfield Foundation	Bloomfield Foundation PO Box 2 Ivy VA 22945	Contact: Barbara Davis Ph: 434-977-3781	Bloomfield Foundation mission is to provide grants to children and young adults (up to age 35) with physical disabilities. This grant is generally used for the purchase of durable medical equipment or to provide attendance to various
Bristol Orthotics (Rev.10/22/19)	Bristol Orthotics	Ph:800- 524-4447 Abingdon, VA - 276- 451-2239 Website: https://www.bristolortho.com	Bristol Orthotics is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information
Byram Healthcare	Byram Healthcare	National Information Number: 1-877-902-9726 Spanish Line 1-	Byram Healthcare provides quality supplies, services and support, specializing in Diabetes: blood glucose Monitors, lancet devices, insulin pumps, blood glucose test strips, lancets, insulin pump
Capital Diaper Bank	Contact: Phyllis Bradley	Ph:804- 359-8821 Email: capitaldiaperbk@hotmail.com Website:	Capital Diaper Bank is a independently operated diaper bank organization individually run and work to best serve the needs of their particular communities. Products Distributed: Diapers, Disposable Diapers, Infant/Toddler Diapers and

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(CATS) Children's Assistive Technology Service (Rev.10/22/19)	(CATS) Children's Assistive Technology Service	Hampton Roads Chapter Ph:757-763-8905 Richmond Chapter:540-420-0554 Roanoke Chapter: 540- 493-2285 Email:beth@atdevicesforkids.org Website:www.atdevicesforkids.org	Children's Assistive Technology Service (CATS) is a non-profit public charity which provides for the reuse of pediatric adaptive equipment in Southwest and Southeast Virginia. CATS refurbishes gently used pediatric equipment and assistive technology and then provides it to children with disabilities that need it at no cost. Please call for further information.
Continuum Home Health Care (Rev.10/22/19)	Continuum Home Health Care 2205 Fontaine Ave, #204, Charlottesville, VA 22903	Ph: 434- 297-7555 434- 297-4491	Continuum Home Health Care is a Supplies provider.Medicaid,Medicare and major insurances are accepted. Please call for further information.
Excel Orthotics (Rev.10/22/19)	Excel Orthotics 130 Pecan St, SE Abingdon VA 24210	Ph: 276- 623-0255	Excel Orthotics is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information.
FREE-Foundation for Rehabilitation Equipment & Endowment	FREE-Foundation for Rehabilitation Equipment & Endowment 1489 East Main Street,	Hampton Roads: Ph: 757-771-6183 Email shr@free-foundation.org or	FREE helps those in need to find independence and improve their quality of life by providing them with free mobility related rehabilitation equipment. FREE gifts equipment, including walkers; canes; wheelchairs; power chairs; scooters;
Hanger Prosthetics & Orthotics, Inc. (Rev.10/22/19)	Hanger Prosthetics & Orthotics, Inc.	Toll free: 877-442-6437 Ph:804-643-9064	Hanger Prosthetics & Orthotics, Inc. is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted.
Home Care Delivered, Inc. (Rev.10/22/19)	Home Care Delivered, Inc. 4144 Innslake Drive	Ph:800-565-5644 (toll free) Fax 888-565-4411 (toll free)	Home Care Delivered, Inc. is one of the fastest growing home medical supply companies in the United States. Products include: incontinence, diabetic care,
Lincare Enteral Services-Richmond (Rev.02/14/23)	2801 Ackley Ave, Richmond, VA 23228 - 2147	Ph:804-355-2323 Fax:804-359-3142 Toll Free: 800- 965-2689 Website:http://www.lincare.com/	Lincare is an enteral nutrition supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Loan of Medical Equipment-Council of Jewish Women "Sick Loan Shelf" Peninsula Department of Health	Council of Jewish Women "Sick Loan Shelf" Peninsula Department of Health 416 J. Clyde Morris Boulevard Newport News, VA 23601	Ph: 757-594-7419	The department of public Health Administers the Council of Jewish Women "Sick Loan Shelf" ." This program offers the free loan of medical equipment such as hospital beds, wheelchairs, walkers, canes and crutches to Peninsula residents, provided a prescription from a physician for the item is presented at the time of pickup. For information please call.
Mission of Hope	Mission of Hope 7140 Hull Street, Richmond, Virginia 23235	Contact: Simi Massey Ph: 804-247-4448 Email: hopeintl7@yahoo.com Website: www.missionofhopeintl.org	Mission of Hope Diaper Bank is a independently operated diaper bank organization individually run and work to best serve the needs of their particular communities. Products Distributed: Diapers, Disposable Diapers, Infant/Toddler Diapers. Please call for further information.
Moran Hearing Aid Center	Moran Hearing Aid Center 5500 Monument Ave Ste S Richmond, VA 23226	Ph:804- 288-3752	Moran Hearing Aid Center provides Hearing Aids & Assistive Devices Retail, Hearing Aids & Assistive Devices Service & Repair, Hearing Aid Specialists. Products & Services: Assessments, Digital Hearing Aids, Free Hearing Test and Consultation, Hearing Aid Adjustments, Hearing Aid Batteries, Hearing Aid Repair, Hearing Aids, Hearing Devices & Controls, Hearing Services.

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National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility Virginia:3941 Deep Rock Rd Richmond, VA 23233 OR Ivy Ridge Lane, Fishersville, VA 88	Toll Free: :877- 326-0972 Virginia-Richmond: 804- 353-5976 Virginia Fishersville:540- 885-1252 Website: http://www.rehabhealthcare.com/ Email: admin@rehabhealthcare.com	National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
NuMotion (Rev.10/22/19)	NuMotion 9432 Atlee Commerce Blvd Suites C & D, Ashland, VA 23005	Ph:804- 550-5777 Website: https://www.numotion.com	NuMotion is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Medi-Rents & Sales (Rev.06/17/24)	Medi-Rents & Sales	Ph:800-540-7252 Virginia Rep:Brian Luu Ph:804-877-6938 Fax:844-825-3613 Email: b.luu@medirents.net Website: https://www.medirents.net	Medi-Rents & Sales carries a broad range of home medical equipment and supplies to patients of all ages. We carry everything from home ventilators and CPAP/BiPAP equipment to hospital beds, lift chairs, incontinence supplies and much more. Delivery, setup, and patient education are included for free. Respiratory therapists and equipment technicians are available 24 hours a day to provide special assistance. Medicaid is accepted. Hours: Monday-Friday from
Mobility Center of Virginia	Mobility Center of Virginia 249- 255 E. German School Rd Richmond, VA 23224	Ph:804-231-7774 OR 804-231-7774 Email: sales@mobilityva.com	Mobility Center of Virginia mission is to provide the highest quality products and services to the senior and mobility challenged community. They perform simple installations like hand controls and scooter lifts to complete high tech driving systems with joy-stick driving applications. They mainly provide accessible vehicles. Other products includes: stair lifts, porch lifts, ceiling lifts, pool lifts, ramps and elevators.
Paul Valentine Orthotics (Rev.10/22/19)	Paul Valentine Orthotics 2139 Staples Mill Rd Richmond, VA 23230	Ph: 804- 355-0283	Paul Valentine Orthotics is a provider of orthotic and prosthetic services and products. Medicaid and most major insurances are accepted. Private pay/third party and Finance options are available. Please call for further information.
Quality Dme Inc (Rev.06/10/24)	8530 Cinder Bed Road, Suite 2300, Lorton VA 22079 OR 208 Ash Ave Ste 103, Virginia Beach, VA 23452	Ph:888- 276-3237 Local: 703-288-9131 Fax: 703-288-4388 Email: ContactUs@qualitydme.com Website: https://qualitydme.com	Quality DME is an accredited Durable Medical Equipment (DME) provider, specializing in sleep and respiratory therapy. Their Mission is to provide top end products and personalized care to improve the quality of life for the patients we serve. They currently serve the Maryland, Washington DC and Virginia areas.
Ra'Gene B. Myrick Foundation, Inc.	Ra'Gene B. Myrick Foundation Inc. 404 South College Drive, Franklin, VA. 23851	Ph/Fax:757.556.0087 Email: eginamyrick2003@yahoo.com Website: www.ragenebmurick.com	The Ra'Gene B. Myrick Foundation, Inc. is a non profit organization, which supports the needs of medically and physically challenged children from birth to 21 years old residing in the Tidewater area and Eastern shore. The organization provide information on resources to assist with obtaining equipment and /or ~~services that would not otherwise be affordable or obtainable through insurance~~
Roberts Home Medical (Rev.10/22/19)	Roberts Home Medical 8214, 4257 Seminole Trail Suite #1	Ph:434 973-784-7757 Fax: 757- 599-3855 Toll Free:800-322-4679	Roberts Home Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.

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RoundTable Health Care (Rev.09/11/24)	4039 Caratoke Highway, Barco, NC 27917	Ph: 252-319-3448 Fax: 252-324-5747 Contacts: Joeli Olson	RoundTable Health Care is an accredited Durable Medical Equipment (DME) provider, specializing in sleep and respiratory therapy and mobility and rehab. Equipment. Their Mission is to provide patient-focused respiratory care
The Northern Virginia Diaper Bank	The Northern Virginia Diaper Bank 11732 Thomas Ave. Great Falls, VA 22066	Contact: Rebecca Probst contact via email Email: diaperbank@serveavillage.org	Mission of Hope Diaper Bank is a independently operated diaper bank organization individually run and work to best serve the needs of their particular communities. Products Distributed: Diapers, Disposable Diapers, Infant/Toddler
The Pediatric Connection, Inc. (TPC)	The Pediatric Connection, Inc. (TPC)	Contact: Mandy Ph: 804-675-4550 If is not available you can ask for	The Pediatric Connection, Inc. (TPC) is an independent pediatric home health care company providing private duty nursing and durable medical equipment to children with complex medical needs. They are pediatric specialists providers
The University of Virginia, Division of Audiology - Indigent Program (Rev.06/26/23)	Virginia Lions Hearing Foundation and Research Center, Inc., Box 800477,	Ph: 434-296-LION (5466) or 800-251-3627, extension 4-9805.	The University of Virginia, Division of Audiology in Charlottesville provides hearing assistance for indigent individuals. A nominal fee is charged for Lions club sponsored individuals, which covers the cost of a new behind-the-ear style
Thrive (Rev.10/22/19)	Thrive 1300 Semmes Ave Richmond, VA 23224 Charlottesville.:99 Spotnap #6.	Ph: 804- 675-4550 Charlottesville Ph: 434- 220-6000	Thrive is a supplies provider . Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information
Tycon Medical (Rev.10/22/19)	Tycon Medical	Ph: 804-201-8694 Toll Free: 800-411-1739 Website: https://www.tyconmedical.com/	Tycon Medical is a DME provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.
Virginia Lions Hearing Aid Bank Foundation (Rev.06/26/23)	District 24-L HAB Foundation Committee Chair, 11260 Roger Bacon Drive	Contact Lion Mike McLaughlin Email: mmclaughlin@fc-alions.org . District 24-L HAB Foundation	The Virginia Lions Hearing Aid Bank (HAB) Foundation is a Virginia chartered non-profit organization to help those in our service area, who need but cannot afford them, have hearing screenings and receive hearing aids. In addition, our
DOMESTIC VIOLENCE			
Abuse Alternatives, Inc. (Rev.04/20/22)	104 Memorial Drive	Hotline 423-764-2287 or	Abuse Alternatives, Inc. provides intervention services, emergency shelter and support groups to victims of domestic violence.
Avalon	A program of Avalon Center for Women & Children	Ph: 757-258-5022 Main Fax: 757-258-9523	Avalon informs individuals of their rights, explains protective orders, and possible court procedures. Court and hospital accompaniment is available, if
Domestic Violence Services - Annandale, Korean Community Service Center	Domestic Violence Services - Annandale, Korean Community Service Center 7700 Little River Turnpike, Suite	Ph: 703-354-6345-Intake Fax: 703-354-6391 Website: http://www.kcscgw.org	Offers a range of culturally sensitive services to victims of domestic violence. Provides direct services and collaborates with other service providers. Includes free legal counseling, case management, support groups, emergency shelter placement, and awareness building workshop. Bus: Metro bus. Among their
Family Crisis Support Services, Inc. (Rev.04/20/22)	701 Kentucky Avenue, SW	Ph: 276- 679-7240 Fax: 276- 679-1820 Email; fcssinc@adelphia.net	The mission of Family Crisis Support Services, Inc. (FCSS) is to service the victims of domestic violence, sexual assault, and homelessness residing in the southwestern Virginia, as well as transients traveling through our area. FCSS' goal is to provide the essential skills necessary to become self-sufficient once
Hope House of Scott County, Inc. (Rev.04/20/22)	P.O. Box 1992	Ph: 276- 386-1373 Fax: 386-1252 Email:	Hope House of Scott County serves women and children who are victims of domestic violence. The shelter provides therapeutic counseling, support groups, food, clothing, personal hygiene products and children's programs. Hope House
Latinos in Virginia-Centro de Empoderamiento (LIVE) (Rev.10/17/24)	Richmond Office: 9513 Hull Street Road – Suite B North Chesterfield, VA 23236	Ph: 804- 658-3341 24/7 CRISIS SUPPORT LINE FOR VICTIMS: 888- 969-1825 Email: hola@latinosenvirginia.org	LIVE Center is the only organization in Virginia that both specializes in domestic and sexual violence and provides those services through bi-lingual and bi-cultural trained advocates. We are also the only provider that can guarantee 24/7 access to bi-lingual domestic and sexual violence crisis support for Virginia's Latino community. Services: Crisis

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LGBTQ Partner Abuse and Sexual Assault -Virginia Sexual and Domestic Violence Action Alliance	5008 Monument Avenue, Suite A Richmond, Virginia 23230	Ph: 804-377-0335 Fax: 804-377-0339 Hotline: 866-356-6998 Text: 804-793-9999 Chat Online: www.vadata.org/chat	LGBTQ Partner Abuse and Sexual Assault -Virginia Sexual and Domestic Violence Action Alliance provides free and confidential telephone service for lesbian, gay, bisexual, trans, and queer or questioning callers looking for information or help regarding intimate partner abuse, sexual assault, and stalking. Services available in Spanish.Servicios en
Samaritan House	Victim Advocacy	Intake: Ph:757-631-0710 Fax:	The Victim Advocacy Program connects families with the community resources
Safe Harbor	P.O. Box 17996	Ph:804-249-9470	Safe Harbor provides support to survivors of sexual and domestic violence to

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The Genieve Shelter	The Genieve Shelter P.O. Box 1585 Suffolk, VA 23430	Ph: 757 925-4365 Fax: 757 925-2053 Toll Free: 800-869-HOPE	The Genieve Shelter creates a safe and supportive environment for victims of domestic violence. Their services include a 24-hour crisis hotline; individual and group counseling, court accompaniment, emergency shelter, food and clothing.
Total Action Against Poverty Women's Resource Center (Rev. 4/3/18)	P.O. Box 2868 Roanoke, VA 24001-2868	Ph:540-345-6781 Hotline:540.580.0775. Toll Free: 800-915-8164 Website:www.tapintohope.org	TAP Domestic Violence Services assist victims of domestic violence to become survivors. Program assists with:24-hour hotline service, Crisis intervention, Individual counseling, Outreach counseling by appointment, Case management, Mental health/counseling services, Court advocacy and accompaniment, Support group meetings for people in past or present abusive situations, Emergency relocation assistance, Emergency assistance: safety planning, transportation, and crisis accompaniment services.
Transitions Family Violence Services	Transitions Family Violence Services P.O Box 561 Hampton, Virginia 23369	Ph:757- 722-2261 757-723-2717 TTY/TDD: 757- 723-6862 Advocacy Services 757-728-2638	The mission of Transitions Family Violence Services is to build safe and healthy families on the Virginia Peninsula. The agency assists adult and child victims through the provision of shelter, counseling and advocacy services. They work to increase awareness of domestic violence and provide opportunities for community members to participate in their mission. Clients receive all services at no charge, although transitional housing clients pay rent according to their income. Transitions implements outreach, emergency, short-term, transitional
Virginia Sexual & Domestic Violence Action Alliance (Rev. 4/11/18)	5008 Monument Avenue, Suite A Richmond, VA 23230	Ph: 804- 377-0335 Website: www.vsdvalliance.org Email: info@vsdvalliance.org	The Virginia Sexual & Domestic Violence Action Alliance is a diverse group of individuals and organizations, believes that ALL people have the right to a life free of sexual and domestic violence. They provide advocacy, resources and services to victims of domestic violence.
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue Norfolk VA 23508	Ph: 757-451-0174 757-625-1946 Hour 757-622-4300 Mail:responsecrv@ywca-shr.org	YWCA of South Hampton Roads is a non-profit agency. Their mission is to provide support, counseling, and advocacy to women, men and children victimized by sexual assault. The crisis counseling is free of charge to all regardless of gender, race, orientation, age, religion, and income. Response seeks to promote zero-tolerance of sexual violence. 24-Hour Crisis Hotline. Services include: Counseling, Support Groups, Court Advocacy Hospital Accompaniment. Services offered in Spanish & Portuguese.
YWCA of South Hampton Roads- Shelter Services	YWCA of South Hampton Roads- Shelter Services 5215 Colley Avenue Norfolk VA 23508	Ph: 757-451-0174 757-625-1946 Hour HELPLINE:757-622-4300 E-Mail: responsecrv@ywca-shr.org	YWCA of South Hampton Roads provides Shelter and domestic violence support. The shelter services are: In-Shelter Services that includes: Emergency shelter for victims of abuse and their children, Individual and group counseling, Substance abuse counseling, Community referrals, Legal information, Food and clothing, Programs for children, Tutoring, Parenting assistance. The Out-Shelter Services includes: 24 Hour HELPLINE
YWCA Women's Advocacy Program YWCA of Richmond (Rev. 4/3/18)	6 North 5th Street Richmond, VA 23219	Hotline:804-643-0888 Website:www.ywcarichmond.org	YWCA Women's Advocacy Program of Richmond provides services to victims of domestic violence.
EARLY INTERVENTION			
New Path, Program of the ARC of Virginia	New Path, Program of the ARC of Virginia	Ph: 804- 649-8481 Email:newpath@thearcva.org	New Path, is a Program of the ARC of Virginia to help parents when parents first learn their child is developing differently than expected. They are thrust into

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The Infant & Toddler Connection of Virginia-Rural Infant Services Program	The Infant & Toddler Connection of Virginia-Rural Infant Services Program 5372 B Old Virginia Street	Kathy Phillips, M.Ed Director, Early Intervention Services Email: risp@mpnn.state.va.us Ph: 804-758-5250	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and
The Infant & Toddler Connection of Shenandoah Valley	The Infant & Toddler Connection of Shenandoah Valley 621 S. Royal Ave. Front Royal, VA 22601-	Sharlene Stowers, System Manager Ph: 540- 635-2452 4052 Email: sstowers@grafton.org.	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and speech therapy; educational and behavioral instruction; service coordination to families. There is no fee charged for evaluations or service coordination. The
The Infant & Toddler Connection of Virginia	The Infant & Toddler Connection of Virginia 1220 Bank Street, 9th Floor P.O. Box 1707	Contact: Catherine Hancock, Virginia Part C Coordinator Ph: 804- 786-3710 Toll free:	The Early Intervention program provides therapy/specialized services for families with infants and toddlers who are at-risk and have developmental disabilities, ages newborn to 3; matches parents of children with similar needs. Provides developmental evaluations; pediatric occupational, physical and
EDUCATION			
A Balanced Child's Key To Reading & Writing LLC (rev.09/21/20)	PO Box 234 Gainesville, VA 20155	Contact: Susan Louchen, M.S., CALT	Certified Academic Language Therapist and licensed teacher: enabling Ages 5+ with dyslexia or related conditions to read and write with age-appropriate, real
Academic Interventions (Rev.09/21/20)	315 West Street Culpeper, VA 22701	Contact: Nancy M. Kochli, M.A., M. Ed.	Nancy M. Kochli, M.A., M. Ed. is licensed special educator and reading specialist, Wilson certified, with additional Orton-Gillingham training, offering
Arlington SEPTA (Special Education Parent Teacher Association) (Rev.11/11/24)	Arlington SEPTA APS Special Education Parent Resource Center 2110 Washington Blvd, Ste 158 Arlington, VA, 22204	Email: info@arlingtonsepta.org Website: https://www.arlingtonsepta.org	Arlington SEPTA is a support network for parents whose children are involved in the special education system. They perform the following activities: facilitates events and resources relating to special education services and learning differences in the Arlington Public Schools (APS) system and Arlington community; Provides a voice of advocacy for the good of our children and families; Supports APS teachers and administrators to achieve the best outcomes for students with special needs, including mini-grants for educators; Raises awareness and acceptance of disabilities and special needs and Hosts social events with for special needs families. Services in Spanish available for LEP parents. Please call or visit the website for further information.
C. Adams Consulting Services, LLC Catherine Adams (Rev.09/21/20)	5525 Shooters Hill Ln. Fairfax, VA 22032	Ph: 703- 738-9984 Email: adamsadhdconsult@verizon.net Web: http://www.adamsadhdconsult.com	Catherine Adams gives parent workshops and training sessions to education professionals and support service organizations on the impacts associated of AD/HD.

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Centreville Immigration Forum - Language classes (Rev.12/31/21)	Centreville Immigration Forum 5944 Centreville Crest Lane Centreville, VA 20121 POSTAL MAIL Centreville Immigration Forum P.O. Box 81 Centreville, VA 20122	Ph:703- 543-6272 Email: contact@theCIFva.org Website: http://centrevilleimmigrationforum.org	The mission of the Centreville Immigration Forum (CIF) is to implement sustainable programs that provide immigrants in need with the means to improve their lives and become more integrated into the community; improve communication and cooperation among groups serving immigrants; and build community recognition of our strength in diversity. Language classes Program: English conversation groups led by volunteers are offered most mornings while workers wait for jobs; these informal classes build job-related vocabulary and provide practical conversational skills in a small group (fewer than six people). An evening ESOL (English for Speakers of Other Languages) class supplements the daytime classes, using a structured format so participants can
Children's Law Center T. C. Williams School of Law	University of Richmond 28 Westhampton Way	Ph: 804- 289-8921 Fax: 804- 287-6489	The Children's Law Center (CLC), affiliated with the T.C. Williams School of Law at the University of Richmond, handles special education law and due process
Community Health Education Center (CHEC)	Community Health Education Center (CHEC)	Ph: 804- 828-2432 Website: http://wp.vcu.edu/check	A children's area has been incorporated into the CHEC. In this special space, children have the opportunity of reading and researching health issues at an age
CSEA-Center for Special Education Advocacy	4600 Cox Road, Ste. 205 Glen Allen, Virginia 23060	Ph: 804- 967-2556 E-mail: contactcsea@aol.com	CSEA-Center for Special Education Advocacy offers a referral service for parents who have children with disabilities and are in need of legal assistance.
Division of Special Education and Department for the blind and vision	Division of Special Education and Department for the blind and vision	Ph: 800- 292-3820	The Individuals with Disability Education Act (IDEA) guarantees a free and
dLCV-disAbility Law Center of	1910 Byrd Avenue	Phone:804- 371-3145	The Virginia Department for the Blind and Vision Impaired (DBVI). DBVI is an
Education Law Project	4080 Chain Bridge Road	Ph:804- 225-2042 (Voice/TTY)	dLCV assists with disability-related problems, such as abuse, neglect, and
4 Kids Sake-Educational Advocacy	212 Grafton Way, NE	Ph:703- 504-9141 or	The Education Law Project of The Law Center for Children is a child advocacy
4 PEAKS Educational Consulting LLC	1305 Turner Street	Contact: Deborah Lawhorne, BCaBA	4 Kids Sake provides educational advocacy for the IEP process. Parent
Guidelines for Working with Students	Guidelines for Working with	Contact: Courtney Pugh	4 PEAKS Educational Consulting provides collaborative advocacy through the 4
Just Children (JC)	Charlottesville Office:	Website: www.doe.virginia.gov	Guidelines for Working with Students Who Are Deaf or Hard of Hearing in
Laurent Clerc National Deaf	Laurent Clerc National Deaf	Ph:434- 977-0553	JC, affiliated with the Legal Aid Justice Center, assists low-income families with
Legal Aid Society (LAS), Roanoke	132 Campbell Avenue, S.W	Website: www3.gallaudet.edu/clerc-	Laurent Clerc National Deaf Education Center at Gallaudet University is working
May Institute-Educational Advocacy	1516 Willow Lawn Drive, Suite 203	Ph: 540- 344-2088	The LAS may assist low-income families with special education law issues and
National Center for Homeless	National Center for Homeless	Contact: Angelique Gurley,	May Institute provides educational advocacy services. Please call for further
Parents of Preschoolers in Special	Parents of Preschoolers in Special	Contact: Patricia A. Popp	Project HOPE - Virginia, the Virginia Education Program for Homeless Children
Parent-to-Parent	Parent-to-Parent	Contact Anne Lipnick	Parents of Preschoolers in Special Education, Alexandria Parent Resource
Parent/Teacher Resource Center:	Parent/Teacher Resource Center:	Contact: Dana Yarbrough,	The state Parent to Parent office provides training and technical assistance to
Pediatric and Adolescent Health	Pediatric and Adolescent Health	Contact: Charlene Lee,	Provides support, resources and information for families of students in general
PEATC:	PEATC:	Contact: Carolyn M. Myers,	Provides the following services: full educational evaluations, education plans,
Programs for Children and Youth who are Blind or Visually Impaired or Deaf-Blind Education Services	PEATC:	Contact: Suzanne Bowers,	Training for parents and professionals working with children with disabilities on
	Programs for Children and Youth who are Blind or Visually Impaired or Deaf-Blind Education Services Virginia Department for the Blind	Ph: 804- 371-3140 glen.slonegger@dbvi.virginia.gov www.vdbvi.org	The mission of the Department for the Blind and Vision Impaired (DBVI) is to empower individuals who are blind, vision impaired or deaf blind to achieve their maximum levels of employment, education, and personal independence.

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Programs for Children and Youth who are Deaf or Hard of Hearing Virginia Department for the Deaf and Hard of Hearing	Virginia Department for the Deaf and Hard of Hearing Ronald L. Lanier, Director 1602 Rolling Hills Drive, Suite 203 Richmond VA 23229-5012	Ph:800- 552-7917 (V/TTY) 804- 662-9502 (V/TTY) Email:frontdsk@vddhh.virginia.gov Website:www.vddhh.org	The Virginia Department for the Deaf and Hard of Hearing (VDDHH) works to reduce the communication barriers between persons who are deaf or hard of hearing and those who are hearing, including family members, service providers, and the general public.
Self-Determination Project of VA	Self-Determination Project of VA	Contact: Marianne Moore,	The I'm Determined project, a state-directed project funded by the Virginia
The Endependence Center	The Endependence Center 6300	Ph:757- 461-8007	ECI staff provide students and their parents with information, guidance and
The Learning Disabilities Association	Learning Disabilities Association of	Ph:804- 358-5474 Email:	The Learning Disabilities Association of Virginia (LDAV) is a state-level affiliate
The Parent Child Advocate (PCA)	The Parent Child Advocate (PCA)	Website.	The Parent Child Advocate (PCA) Program of Challenge Discovery Project —
Thrive 180	Thrive 180	Contact Tonya L. Pulliam, MSW,	Thrive 180 is designed for Foster Care Youth who have aged out of care at 18
Tidewater Community College- ASL	Associate of Applied Science	Ph:757- 214-6157	The Associate of Applied Science (A.A.S.) degree in American Sign Language-
Tidewater Community College-	American Sign Language	Ph:757- 214-6157	prepares students to communicate directly with Deaf and hard of hearing
Tutoring from the Heart (Rev.09/21/20)	5638 Davis Ford Road Manassas, VA 20112	Contact: Janet M. McGee, M.Ed. Ph:703- 897-4990	Tutoring services delivered in your home, emphasizing reading, writing and math remediation. SAT/ACT/SOL Test prep with regular. Advocacy services also
Unique Steps, LLC (Rev.09/21/20)	4609 Ferry Landing Road Alexandria, VA 22304	Contact: Kim Wood, M.A.T. Ph:703- 956-5563	Special education consulting company specializing in case management, advocacy, social integration and remediation. Please call for further information.
Valley Associates for Independent Living (Rev.09/21/20)	3210 Peoples Drive, Suite 220 Harrisonburg, VA 22801	Contact:Gayl Brunk, BSW Ph:540- 422-6210	Provide IEP support to families, transition planning, independent living skills training, information and referral case management for various services.
VCLA Tutoring (Rev.09/21/20)	9508 Kings Highway King George, VA 22485	Contact:Carolyn Berry Ph:540- 695-3184	Academic Tutoring, K-12+ (one-on-one) Specialize in reading, math, writing, study skills. Workshops and consultations regarding school law, including IEPs.
VCU Autism Center for Excellence- (Training and Education)	VCU Autism Center for Excellence- Educational Advocacy 1214 West	Toll Free:(855- 711-6987 Fax:804- 820-310	VCU Autism Center for Excellence training activities are based on the Skill Competencies for Professionals and Para-professionals in Virginia Supporting
VCU-Center for Family Involvement at VCU	Center for Family Involvement at VCU	Helpline: 877- 567-1122 Email: cfihelpline@vcu.edu	The Center for Family Involvement works with families to increase their skills as advocates, mentors and leaders so that families, children and young adults with
Veritas Educational Consulting & Advocacy, LLC (Rev.09/21/20)	7437 Shepherd Ridge Court Springfield, VA 22152	Contact: Jane E. Faherty Ph:703- 407-2511	Advocating for students & families to reach a fair, just and desired resolution. Educational consulting, including not limited to IEP & Record reviews.
Virginia Parent Advocates, LLC (Rev.09/21/20)	Virginia Parent Advocates, LLC 2209 W. Grace St. Richmond, VA 23220	Contact: Vicki Beatty Joan Brunner Ph:804- 366-0046 757- 890-0970	The stated mission of the organization is: "to be advocates for parents in assuring their child with disabilities and/or healthcare needs receives the quality education and life services he or she is entitled to under the law." Workshops and consultations are offered.
Virginia School for the Deaf & Blind (VSDB) (Rev.11/19/19)	Virginia School for the Deaf & Blind (VSDB)	Website:www.vfdb.k12.va.us	Virginia School for the Deaf & Blind (VSDB) is a state residential school created by an act of the General Assembly of the Commonwealth of Virginia for the purpose of educating
Virginia State Bar	Virginia State Bar	Ph:804- 775-0808	VLRS will provide the name and telephone number of a lawyer in your
Virginia Lawyer Referral Service (VLRS)	Virginia Lawyer Referral Service (VLRS)	Nationwide Toll-free: 800- 552-7977	community who has indicated a particular interest in handling special education law issues and cases. Please call for further information.
Vision Impaired-Norfolk Tidewater	Vision Impaired-Norfolk Tidewater Regional Office VDBI 6325 North Center Dr, Ste. 131	Ph: 757-466-4162 Fax 757-455-0144 Toll Free 800-622-2155 www.vdbvi.org	Provide services to visually impaired citizens. Services include counseling, teaching, advocacy, low vision services and job placement assistance. Information available in Braille and Large print upon request. Programs include
West End Center for Youth (Rev.09/21/20)	P.O. Box 4562 Roanoke, VA 24015	Ph:Jeremy Peters Ph:540- 342-9880 Fax: 540- 345-5848 Web: www.westendcenter.org	West End Center for Youth offers educational support to children with disabilities through after-school tutoring, advocacy and summer enrichment. We develop and maintain relationships with teachers and school officials, and help parents advocate for services for their children.

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Westhampton Family Psychologists (Rev.09/21/20)	1503 Santa Rosa Road, Suite 105 Henrico, VA 23229	Contact:Shanan R. Raines, Ph.D. LCP Ph:804- 673-0100 Fax:804- 673-8054 (fax) Email: sraines@wfpofva.com	Clinical and school psychologists who provide comprehensive evaluations for children suspected of learning differences. Please call for further information.
WISE Educational Services, LLC (Rev.09/21/20)	722 Timber Branch Drive Alexandria, VA 22302	Contact:Amy Fortney Parks, LPC Ph:703- 919-2021 Email: amy@ wise-edservices.com Web: http://www.wise-	WISE Educational Services, LLC provides professional development, parent consultation, and child and adolescent assessment and counseling services. Please call for further information.
Woodrow Wilson Rehabilitation Center	Woodrow Wilson Rehabilitation Center James Anderson Road Fishersville, VA 22939	Ph:540-332-7000 Website:www.wwrc.virginia.org	The mission of the Woodrow Wilson Center for Employment (WWCE) is to successfully assist individuals with disabilities in becoming prepared for employment, higher education, and / or other career development goals by maximizing employment, occupational, occupational, and self-sufficiency skills.
Young's Reading Tutoring Service (Rev.09/21/20)	3032 Freedom Lane North Chesterfield, VA 23234	Contact: Jeanette Young: Specialist Ph:804- 564-4460 Email: tutor2trust @ gmail.com	Trained in Barton Reading and Spelling for individuals with dyslexia. Tutoring to meet your child's needs. Please call for further information.
EMERGENCY PREPAREDNESS			
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish Website:DisasterDistress.samhsa.gov	Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and Hard of Hearing ASL Callers: Ph:757-420-8300	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused
Hampton Roads Emergency Preparedness	Hampton Roads Emergency Preparedness Hampton Roads Planning District Commission (HRPDC) 723 Woodlake Drive Chesapeake, VA 23220	757-390-2578-TTY Fax:757-523-4881 Email:specialneeds@hrpdcva.org Web:www.hrspecialneeds.org	The Hampton Roads Medical Needs Registry is an emergency preparedness tool that will be used by local emergency managers to communicate with people who have medical needs for emergency preparedness planning purposes. It contains the names and addresses of individuals with medical needs or health conditions who cannot manage independently in a general shelter or evacuation
The American Red Cross	The American Red Cross 420 East Cary Street Richmond, VA 23219	American Red Cross Phone: 804-780-2250	The American Red Cross has been the nation's premier emergency response organization. As part of a worldwide movement that offers neutral humanitarian care to the victims of war, the American Red Cross distinguishes itself by also aiding victims of devastating natural disasters. Over the years, the organization has expanded its services, always with the aim of preventing and relieving
Virginia Department of Emergency Management	Virginia Department of Emergency Management 10501 Trade Court	Switchboard Number: 804-897-6500	The Virginia Department of Emergency Management – Protects the lives and property of Virginia's citizens from emergencies and disasters by coordinating the state's emergency preparedness, mitigation, response and recovery efforts.
EMPLOYMENT			
American Critical Care-ACCS (Rev.07/28/21)	221 Ruthers Road Suite 103 N Chesterfield, VA 23235	Ph:804-320-1113 Fax:804-330-9460 Website:https://accsnurses.com	American Critical Care-ACCS is a staffing agency dedicated to providing health care facilities with top quality nursing and allied health professionals.Please call for further information.
Centreville Immigration Forum - Employment: Centreville Labor Resource Center: (CLRC) (Rev.12/31/21)	Centreville Immigration Forum 5944 Centreville Crest Lane Centreville, VA 20121 POSTAL MAIL Centreville Immigration Forum	Ph:703- 543-6272 Email: contact@theCIFva.org Website:http://centrevilleimmigrationforum.org	The mission of the Centreville Immigration Forum (CIF) is to implement sustainable programs that provide immigrants in need with the means to improve their lives and become more integrated into the community; improve communication and cooperation among groups serving immigrants; and build community recognition of our strength in diversity. Centreville Labor Resource

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Eggleston Services	Eggleston Services Corporate Offices 1161 Ingleside Road Norfolk, VA 23502-5608	Ph:757- 858-8011 Toll Free: (800)722-5831 Fax: 757- 627-4760 TTY: 757- 852-9310 Job Hotline: 757- 321-6881 Human Resources:	The Eggleston Services has been dedicated to providing a broad array of programs and services for individuals with disabilities since 1955. Their goal is to assist people in obtaining meaningful work opportunities, and to help them participate fully in their communities. They help individuals with disabilities to gain freedom from dependence on government support by providing them on-the-job training and stable work opportunities.
Sarah Bonwell Hudgins Foundation, Inc.	Sarah Bonwell Hudgins Foundation, Inc. 1 Singleton Drive Hampton, Virginia 23666	Ph:757- 827-8757 Fax: 757- 827-6951 E-mail: sarah@sarahbonwellhudgins.org	The Sarah Bonwell Hudgins Foundation supports dynamic programs for intellectually disabled and/or physically disabled individuals at their center. The Foundation works to meet the challenges of the current philosophy of a more inclusive environment for those with disabilities. The Center is a place for the intellectually disabled to work, a place to live in a safe, caring environment, and
Tanners Creek Day Support Program	Tanners Creek Day Support Program 110 LaValette Ave. Norfolk,	Ph:757-625-2044	The Program is designed for individuals who desire a year round program based on improving the quality of life for individuals with disabilities. Their focus is to help individuals obtain the necessary life skills they need to live their own lives.
Tanners Creek Greenhouse Program	Tanners Creek Greenhouse Program 249 LaValette Ave., Norfolk, VA	Ph:757-961-5090	Tanners Creek Horticultural Services opened in 1999, and represents the shared vision of both Eggleston Services and the Virginia Zoological Society creating "horticulturally" focused employment and training opportunities for individuals
The AbilityOne Program	The AbilityOne Program AbilityOne.com C/O National Industries for the Blind	Ph:800- 999-5963 Email:customerservice@abilityone.org	The AbilityOne Program, helps thousands of people who are blind or have other severe disabilities find employment. The program coordinates its activities with nonprofit organizations across the country to employ these individuals and
The Choice Group-Employment	The Choice Group-Employment	Ph: 804-278-9151	The Choice Group was founded in 1998 to provide support to people
Virginia Department of Rehabilitative Services (DRS)	Virginia Department of Rehabilitative Services 8004 Franklin Farms Drive	Toll Free: 800- 552-5019 Ph:804- 662-7081 OR 804- 662-7000	The department of rehabilitative services provide Employment Services to help people with disabilities get ready for, find, and keep a job. They have a residential training and medical rehabilitation center known as Woodrow Wilson
Work Incentives Planning and Assistance projects (WIPA)	Work Incentives Planning and Assistance projects (WIPA) Endeppence Center WISE -East Project 6300 E Virginia Beach Blvd, Norfolk VA 23502	Coordinator: Frances Durham Ph:757-461-8007 Toll Free:1-866-323-1088	Individuals who now have Medicaid and who want to work should consult with a work incentives specialist before making any changes.
Workforce Development- Commonwealth Catholic Charities- Norton (Rev.08/11/21)	507 Park Avenue Norton, VA 24273	Ph: 276-200-1042 Email:workforce@cccovfa.org	Workforce Development-Commonwealth Catholic Charities works with a variety of community partners to provide the following services: Career readiness assessments, Skills training, Job placement, Resume building, Practice and preparation for job interviews, Referrals to additional resources like financial counseling, etc. Please call for further information.
Workforce Development- Commonwealth Catholic Charities- Richmond (Rev.08/11/21)	1601 Rolling Hills Drive Richmond, VA 23229	Ph:804-529-2011 Email:workforce@cccovfa.org	Workforce Development-Commonwealth Catholic Charities works with a variety of community partners to provide the following services: Career readiness assessments, Skills training, Job placement, Resume building, Practice and preparation for job interviews, Referrals to additional resources like financial counseling, etc. Please call for further information.

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Workforce Development-Commonwealth Catholic Charities-Roanoke (Rev.08/11/21)	820 Campbell Avenue, SW, Roanoke, VA 24016	Ph: 540-278-1654 Email:workforce@cccovfa.org	Workforce Development-Commonwealth Catholic Charities works with a variety of community partners to provide the following services: Career readiness assessments, Skills training, Job placement, Resume building, Practice and preparation for job interviews, Referrals to additional resources like financial counseling,etc. Please call for further information.
FINANCIAL ASSISTANCE			
ABLE Accounts (Rev.11/11/24)	Office address ABLEnow 9001 Arboretum Parkway North Chesterfield, VA 23236 and Mailing address: ABLEnow	Toll-free phone: 1-844-NOW-ABLE (1-844-669-2253) Dial 711 to access TTY Website:https://www.ablenow.com	The federal Achieving a Better Life Experience (ABLE) Act authorized states to establish tax-advantaged savings programs so individuals with disabilities can save and invest money without jeopardizing eligibility for public benefits. ABLE Accounts provides more independence, greater financial security and a better quality of life for individuals with disabilities. Save for today's needs or invest for tomorrow in a tax-advantaged ABLE account that won't impact the means-tested
Aging and Disability Services Department of Human Services- Arlington (Rev.11/11/24)	2100 Washington Blvd., 4th Floor Arlington, VA 22204	Ph: 703-228-1700 TTY: 703-228-1788 Email:arlaaa@arlingtonva.us Website:https://www.arlingtonva.us/ Government/Departments/DHS/Aging-Disability	The Aging and Disability Services Division (ADSD) emphasizes aging in place through care coordination and supportive services to ensure older adults and persons with disabilities can live at home and in their community. Hours: Monday-Friday from 8 a.m. – 5 p.m. Please call or visit the website for further information.
ALIVE! (Rev.12/31/21)	ALIVE!, Inc. 2723 King Street Alexandria, VA 22302	Ph: 703-549-3692 Email:info@alive-inc.org Alexandria Office of Community Services 703-746-5700	ALIVE! provides monetary assistance to Alexandria city residents for rent, utilities, medical expenses, and other emergency needs. To receive assistance, clients must be referred by the Alexandria Office of Community Services 703-746-5700, an ALIVE! member congregation, or another social service agency.
ALS Association (Amyotrophic lateral	A program of ALS Association	Intake Contact :Colleen Maguire	The ALS Association seeks to discover the cause and cure for Amyotrophic
ATLFA-Assistive Technology Loan	ATLFA-Assistive Technology Loan	Contact: Christy Crowther	The Assistive Technology Loan Fund Authority offers low interest loans for a
Arlington Food Assistance Center (AFAC) (Rev.12/31/21)	2708 S. Nelson Street Arlington, VA 22206	Ph:703-845-8486 Website:https://afac.org/getfood	Arlington Food Assistance Center (AFAC) provides dignified access to free groceries allow families to devote their limited financial resources to obligations such as housing, utilities, medication, and other basic needs. Food Distribution Hours: Monday - Friday 9:30 am - 1:00 pm,Thursday evening 6:00 - 7:00 pm and Saturday 9:00 - 11 am. Please call for further information.
Arlington Thrive (Rev.12/31/21)	P.O Box 7429 Arlington, VA 22207	Ph:703-558-0035 Email:assistance@arlingtonthrive.org Website: https://arlingtonthrive.org/	Arlington Thrive is the only organization in Arlington County, Virginia that provides same-day, emergency financial assistance to County residents who experience sudden financial crisis such as temporary unemployment or illness.
Baby Boutique - Chesapeake, Norfolk	Baby Boutique - Chesapeake,	Intake: Marvin Settle Jr.	A program of Norfolk Baptist Association Christian Ministries. Provides free baby
Bertha Snyder Children's Care Fund	Bertha Snyder Children's Care	Child Day Care	Responds to the needs of children with enrichment scholarships, childcare,
Bon Secours Richmond Health	Bon Secours Richmond Health	*Memorial Regional Medical Center	The Bon Secours "Financial Assistance Program" aids uninsured patients who
Carilion Health System-Indigent Care	Carilion Health System-Indigent	Contact: Carilion Eligibility	*The Carilion Health System "Financial Assistance Program" aids uninsured or

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Central Health-Charity/Indigent Care	Central Health-Indigent Care and	Contact: Emma Kelley, Patient	Assistance programs are available to help patients with medical bills. Patients
Connect2Compete-affordable internet	Connect2Compete-affordable	855-222-3252 or visit	Connect2Compete (C2C) is EveryoneOn's flagship program for K-12 students
Commonwealth Community Trust (CCT) (Rev.04/17/23)	Commonwealth Community Trust (CCT)	Ph:804-740-6930 Website: https://commonwealthcommunitytrust.org/charitable-fund-award	CCT sponsors a Charitable Fund Award, a grant program that helps with the purchase of equipment or services (respite) not otherwise covered by insurance, to Virginia residents who demonstrate a financial need. Applications generally accepted the first quarter of the year, and are granted, as appropriate, in the second quarter of the year. Maximum assistance up to \$1,000. Please call for
Co-pay Relief -The Patient Advocate	Co-pay Relief -The Patient	Website: www.copays.org/	The Patient Advocate Foundation (PAF) Co-Pay Relief Program (CPR) currently
Co-pay Relief-Patient Access Network	Co-pay Relief -Patient Access	Website:	Patient Access Network Foundation (PAN) is an independent non-profit
Danville Regional Medical Center-	Danville Regional Medical Center-	Contact: Bonnie Hardy or	The Danville Regional Medical Center has an internal charity program, offering
Department of Social Services-The Division of Child Support Enforcement (DCSE)-Abingdon Region (Rev.09/17/24)	190 Patton Street Suite 300 Abingdon, VA 24210	Ph:276- 676-5433 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Bland, Bristol, Buchanan, Dickenson, Grayson, Lee, Norton, Russell, Scott, Smyth, Tazewell, Washington, Wise.Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)-Central Virginia Region (Rev.09/17/24)	1610 Forest Ave Suite 200 Henrico, VA 23229	Ph:804- 662-7400 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Amelia, Brunswick, Chesterfield, Dinwiddie, Emporia, Greensville, Goochland, Hanover, Henrico, Powhatan, Prince George, Surry, Sussex.Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)-Eastern Virginia Region (Rev.09/17/24)	420 North Center Drive Building 11, Suite 200 Norfolk, VA 23502	Ph:804- 819-7025 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served:Norfolk, Virginia Beach .Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)-Fredericksburg Region (Rev.09/17/24)	10300 Spotsylvania Ave Suite 100 Fredericksburg, VA 22408	Ph:540- 899-4131 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website: https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Caroline, Essex, Fredericksburg, King George, Lancaster, Northumberland, Orange, Richmond County, Spotsylvania, Stafford, Westmoreland .Please call for further information.

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Department of Social Services-The Division of Child Support Enforcement (DCSE)-Lynchburg Region (Rev.09/17/24)	2127 Lakeside Drive Lynchburg, VA 24501	Ph: 434- 385-0860 Toll Free: 800-468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Amherst, Appomattox, Bedford County, Buckingham, Campbell, Charlotte, Cumberland, Danville, Halifax, Lunenburg, Lynchburg, Mecklenburg, Nelson, Pittsylvania, Prince Edward, South Boston .Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)-Manassas Region (Rev.09/17/24)	9705 Liberia Ave, Suite 301 Manassas, VA 20110	Ph: 703- 530-7303 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Fauquier, Manassas, Manassas Park, Prince William, Rappahannock. Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Newport News Region (Rev.09/17/24)	Relocating	Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Charles City, Gloucester, Hampton, James City, King & Queen, King William, Mathews, Middlesex, New Kent, Newport News, Poquoson, Williamsburg, York. Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Northern Virginia Region (Rev.09/17/24)	9990 Fairfax Blvd Suite 200 Fairfax, VA 22030	Ph:703- 934-0067 Toll Free: 800-468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Arlington, Alexandria, Fairfax City, Fairfax County, Falls Church. Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Richmond Region (Rev.09/17/24)	1610 Forest Ave Suite 200 Henrico, VA 23229	Ph:804- 367-8420 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Colonial Heights, Hopewell, Nottoway, Petersburg, Richmond City. Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Roanoke Region (Rev.09/17/24)	5241 Valley Park Dr. Roanoke, VA 24019	Ph:540- 857-7841 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Alleghany, Bath, Botetourt, Carroll, Christiansburg, Clifton Forge, Covington, Craig, Floyd, Franklin, Galax, Giles, Henry, Martinsville, Montgomery, Patrick, Pulaski, Radford, Roanoke City, Roanoke County, Salem, Wythe. Please call for further information.

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Department of Social Services-The Division of Child Support Enforcement (DCSE)- Suffolk Region (Rev.09/17/24)	135 Hall Ave, Suffolk, VA 23434	Ph:757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth. Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- The Valley Office Region (Rev.09/17/24)	1550 Commerce Road Staunton, VA 24401	Ph:540- 332-9915 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Albemarle, Augusta, Buena Vista, Charlottesville, Culpeper, Fluvanna, Greene, Harrisonburg, Highland, Lexington, Louisa, Madison, Rockbridge, Rockingham, Staunton, Waynesboro. Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Winchester (Rev.09/17/24)	629 Cedar Creek Grade Suite A Winchester, VA 22601	Ph:540- 722-7528 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Clarke, Frederick, Loudoun, Page, Shenandoah, Warren, Winchester. Please call for further information.
Energy Share Agencies-	The Salvation Army	The Salvation Army Ph:757-	Energy Share is a fuel assistance program of last resort for anyone who faces
Enroll Virginia (Rev.12/30/24)	Enroll Virginia	Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's
Enroll Virginia Assister at Buckingham Health Center (Rev.12/30/24)	Buckingham Health Center 25892 N James Madison HWY, New Canton, VA, 23123	Assister at Buckingham Health Center Must call to schedule appointment Ph:434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-
Enroll Virginia Assister at Southern Albemarle Family Practice (Rev.12/30/24)	Southern Albemarle Family Practice 2256 Irish RD, Esmont, VA, 22937	Assister at Southern Albemarle Family Practice -Must call to schedule appointment Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-

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Enroll Virginia Assister at Charlottesville Health Center (Rev.12/30/24)	Charlottesville Health Center 1101 E. Jefferson St., Suite 1, Charlottesville, VA 22902	Assister at Charlottesville Health Center -Must call to schedule appointment Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person. Please call or visit enrollva.com
Enroll Virginia Assister at Peterson Health Center (Rev.12/30/24)	Peterson Health Center 901 Preston Ave., Ste. 301, Charlottesville, VA 22903	Assister at Peterson Health Center - Must call to schedule appointment Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person. Please call or visit enrollva.com
Enroll Virginia Assister at Legal Aid Justice Center (Rev.12/30/24)	Legal Aid Justice Center 1000 Preston Avenue, Suite A, Charlottesville, VA 22903	Assister at Legal Aid Justice Center -Must call to schedule appointment Ph: 434- 220-1496 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person. Please call or visit enrollva.com
Enroll Virginia Assister at Louisa Health Center (Rev.12/30/24)	Louisa Health Center 115 Jefferson HWY, Suite 9, Louisa, VA, 23093	Assister at Louisa Health Center - Must call to schedule appointment Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person. Please call or visit enrollva.com
Enroll Virginia Assister at Nelson Counseling Office (Rev.12/30/24)	Nelson Counseling Office 71 Tanbark Plaza, Lovington, VA, 22949	Assister at Nelson Counseling Office -Must call to schedule appointment Ph: 434-263-4000 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person. Please call or visit enrollva.com

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Enroll Virginia Assister at Blue Ridge Medical Center (Rev.12/30/24)	Blue Ridge Medical Center 4038 Thomas Nelson HWY, Arrington, VA, 22922	Assister at Blue Ridge Medical Center -Must call to schedule appointment Ph:434-263-4000 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person. Please call or visit the website for further information.
Enroll Virginia Assister at Farmville Health Center (Rev.12/30/24)	Farmville Health Center 833 Buffalo ST, Suite 200, Farmville, VA, 23901	Assister at Farmville Health Center - Must call to schedule appointment Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person. Please call or visit the website for further information.
Enroll Virginia Assister at Blue Ridge Medical Center Appomattox (Rev.12/30/24)	Blue Ridge Medical Center Appomattox 624 Jones Street, Appomattox, VA 24522	Assister at Blue Ridge Medical Center Appomattox -Must call to schedule appointment Ph:434-263-4000 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Elkton: Healthy Community Health Center (Rev.12/30/24)	Elkton: Healthy Community Health Center 800 Shenandoah Avenue, Elkton, VA 22827	Assister at Elkton: Healthy Community Health Center -Must call to schedule appointment Ph: 540-433-4913 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Blue Ridge Medical Center Amherst (Rev.12/30/24)	Blue Ridge Medical Center Amherst 210 South Main Street, Amherst, VA, 24521	Assister at Blue Ridge Medical Center Amherst -Must call to schedule appointment Ph:434-263-4000 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Enroll Virginia Assister at Blue Ridge Legal Services (Rev.12/30/24)	Blue Ridge Legal Services 117 South Lewis, Room 223, Staunton, VA 24401	Assister at Blue Ridge Legal Services -Must call to schedule appointment Ph:540-926-3009 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia Assister at Stone Port: Health Community Health Center (Rev.12/30/24)	Stone Port: Health Community Health Center 1380 Little Sorrell Drive, Suite 100 Harrisonburg, VA, 22801	Assister at Stone Port: Health Community Health Center-Must call to schedule appointment Ph:540-433-4913 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia Assister at Amherst Community Health Center (Rev.12/30/24)	Amherst Community Health Center 134 Elon Road, Madison Heights, VA, 24572	Assister at Amherst Community Health Center-Must call to schedule appointment Ph: 434-929-1400 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia Assister at Virginia Health Care Foundation at City of Richmond Office of Multicultural Affairs (Rev.12/30/24)	Virginia Health Care Foundation at City of Richmond Office of Multicultural Affairs 4100 Hull Street Rd, Richmond, VA 23224	Assister at Virginia Health Care Foundation at City of Richmond Office of Multicultural Affairs-Must call to schedule appointment Ph:804-955-9578 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia Assister at Central Virginia Legal Aid Society (Rev.12/30/24)	Central Virginia Legal Aid Society 101 West Broad Street, Suite 101 Richmond, VA, 23220	Assister at Central Virginia Legal Aid Society-Must call to schedule appointment Ph:804-200-6035 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information

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Enroll Virginia Assister at Blue Ridge Legal Services (Rev.12/30/24)	Blue Ridge Legal Services 204 N. High Street, Harrisonburg, VA 22802	Assister at Blue Ridge Legal Services-Must call to schedule appointment Ph: 540-926-3009 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Legal Aid Justice Center (Rev.12/30/24)	Legal Aid Justice Center 626 E. Broad St. Suite 200 Richmond VA 23219	Assister at Legal Aid Justice Center Ph: 571-232-2808 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at VMRC Community Health Center (Rev.12/30/24)	VMRC Community Health Center 1490 Virginia Avenue, Harrisonburg VA 22802	Assister at VMRC Community Health Center Ph: 540-433-4913 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Virginia Legal Aid Society (Rev.12/30/24)	Virginia Legal Aid Society 513 Church Street, Lynchburg, VA 24504	Assister at Virginia Legal Aid Society Ph: 434-221-0205 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Johnson Health Center (Rev.12/30/24)	Johnson Health Center 320 Federal Street, Lynchburg, VA, 24504	Assister at Johnson Health Center Ph: 434-929-1400 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es) Instagram: @enrollva (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Enroll Virginia Assister at Fredericksburg Health Center (Rev.12/30/24)	Fredericksburg Health Center 1965 Emancipation Highway, Suite 100 Fredericksburg, VA 22401	Assister at Fredericksburg Health Center Ph:434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1- 888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia Assister at Caroline Family Practice (Rev.12/30/24)	Caroline Family Practice 102 West Broadus AVE, Bowling Green, VA ,22427	Assister at Caroline Family Practice Ph:434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1- 888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es) Instagram: @enrollva (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia Assister at Lynchburg Women's & Pediatric Health Services (Rev.12/30/24)	Lynchburg Women's & Pediatric Health Services 2402 Atherholt Rd., Lynchburg, VA 24501	Assister at Lynchburg Women's & Pediatric Health Services Ph:434-929-1400 Statewide Toll-free Hotline: 1- 888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia Assister at Lloyd F. Moss Free Clinic (Rev.12/30/24)	Lloyd F. Moss Free Clinic 1301 Sam Perry Boulevard, Suite 100, Fredericksburg, VA, 22401	Assister at Lloyd F. Moss Free Clinic Ph:540-582- 1061 Statewide Toll-free Hotline: 1-888-392- 5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia Assister at Charlotte Health Center (Rev.12/30/24)	Charlotte Health Center 165 LeGrande AVE,Charlotte Courthouse, VA, 23923	Assister at Charlotte Health Center Ph:434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information

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Enroll Virginia Assister at Rockbridge Area Health Center - Buena Vista (Rev.12/30/24)	Rockbridge Area Health Center - Buena Vista 2127 Magnolia Avenue, Buena Vista, VA 24416	Assister at Rockbridge Area Health Center - Buena Vista Ph:540-464-8700 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Rustburg Community Health Center (Rev.12/30/24)	Rustburg Community Health Center 925 Village Highway, Rustburg, VA 24588	Assister at Rustburg Community Health Center Ph:434-929-1400 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Rockbridge Area Health Center - Northridge (Rev.12/30/24)	Rockbridge Area Health Center - Northridge 25 Northridge Lane, Lexington, VA, 24450	Assister at Rockbridge Area Health Center - Northridge Ph:540-464-8700 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Rockbridge Area Health Center - Kendal Drive (Rev.12/30/24)	Rockbridge Area Health Center - Kendal Drive 170 Kendal Drive, Suite A, Lexington, VA 24450	Assister at Rockbridge Area Health Center - Kendal Drive Ph:540-464-8700 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at King William Health Center (Rev.12/30/24)	King William Health Center 11814 King William RD, Aylett, VA, 23009	Assister at King William Health Center Ph:434-581-3271, Statewide ext. 55555 Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Regional Services

Enroll Virginia Assister at Central Virginia Legal Aid Society (Rev.12/30/24)	Central Virginia Legal Aid Society 229 North Sycamore, Petersburg, VA, 23803	Assister at Central Virginia Legal Aid Society Ph:804-518-2122 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Downtown Petersburg Health Center (Rev.12/30/24)	Downtown Petersburg Health Center 25 South Union St., Petersburg, VA 23803	Assister at Downtown Petersburg Health Center Ph:434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Petersburg Recovery Center (Rev.12/30/24)	Petersburg Recovery Center 541 S. Sycamore ST, Petersburg, VA, 23803	Assister at Petersburg Recovery Center Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Blue Devils Health Center (Rev.12/30/24)	Blue Devils Health Center 400 S Mesa Drive, Hopewell, VA 23860	Assister at Blue Devils Health Center Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Hopewell-Prince George Community Health Center (Rev.12/30/24)	Hopewell-Prince George Community Health Center 4260 Crossings BLVD, Suite 2, Prince George, VA, 23875	Assister at Hopewell-Prince George Community Health Center Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia Assister at Crimson Clinic (Rev.12/30/24)	Crimson Clinic 3101 Johnson Road, Petersburg, VA 23805	Assister at Crimson Clinic Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es) Instagram: @enrollva (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Petersburg Health Center (Rev.12/30/24)	Petersburg Health Center 321 C Poplar Drive, Petersburg, VA, 23805	Assister at Petersburg Health Center Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Brunswick Health Center (Rev.12/30/24)	Brunswick Health Center 8380 Boynton Plank RD, Alberta, VA, 23821	Assister at Brunswick Health Center Ph: 434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at GPW Health Center Dumfries (Rev.12/30/24)	GPW Health Center Dumfries 17739 Main Street, Suite 130, Dumfries, VA, 22026	Assister at GPW Health Center Dumfries Ph: 703-680-7950 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Bedford Community Health Center (Rev.12/30/24)	Bedford Community Health Center 582 Blue Ridge Avenue, Bedford, VA, 24523	Assister at Bedford Community Health Center Ph: 434-929-1400 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia Assister at Charles City Health Services (Rev.12/30/24)	Charles City Health Services 9950 Courthouse RD, Charles City, VA, 23030	Assister at Charles City Health Services Ph:434-581-3271, ext. 55555 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Northern Virginia Family Service SERVE Campus (Rev.12/30/24)	Northern Virginia Family Service SERVE Campus 10056 Dean Dr. Manassas, VA 20110	Assister at Northern Virginia Family Service SERVE Campus Ph:571-748-2825 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Legal Services of Northern Virginia SERVE Campus (Rev.12/30/24)	Legal Services of Northern Virginia 9240 Center Street, Manassas, VA 20110	Assister at Legal Services of Northern Virginia Ph: 571-858-3841 Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are
Enroll Virginia Assister at GPW Health Center Manassas (Rev.12/30/24)	GPW Health Center Manassas 9705 Liberia Avenue, Suite 101, Manassas, VA, 20110	Assister at GPW Health Center Manassas Ph: 703-680-7950 Statewide Toll-free Hotline: 1-888-392-5132	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert
Enroll Virginia Assister at Inova Partnership for Healthier Communities - Manassas (Rev.12/30/24)	Inova Partnership for Healthier Communities - Manassas 8051 Sudley Rd, Manassas VA 20109	Assister at Inova Partnership for Healthier Communities - Manassas Ph: 703-967-3772 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Regional Services

Enroll Virginia Assister at GPW Health Center Woodbridge (Rev.12/30/24)	GPW Health Center Woodbridge 3350 Commission Ct, Woodbridge, VA 22192	Assister at GPW Health Center Woodbridge Ph: 703-680-7950 Email:phc@inova.org Statewide Toll-free Hotline: 1- 888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at PATHS Community Medical Center - Boydton (Rev.02/04/25)	PATHS Community Medical Center - Boydton 380 Washington Street, Boydton, VA, 23917	Assister at PATHS Community Medical Center - Boydton Ph:434-791-3630 Email:phc@inova.org Statewide Toll-free Hotline: 1- 888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Virginia Legal Aid Society (Rev.02/04/25)	Virginia Legal Aid Society 120 Edmunds Blvd., Halifax, VA 24558	Assister at Virginia Legal Aid Society Ph:434-515-0497 Email:phc@inova.org Statewide Toll-free Hotline: 1- 888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia Assister at Hamkae Center (Rev.02/04/25)	Hamkae Center 13890 Braddock Rd, Suite #309 Centreville, VA 20121	Assister at Hamkae Center Ph:703-783-7873 Email:phc@inova.org Statewide Toll-free Hotline: 1- 888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at PATHS Community Medical Center - South Boston (Rev.02/04/25)	PATHS Community Medical Center - South Boston 1627 Seymour Drive, South Boston, VA, 24592	Assister at PATHS Community Medical Center - South Boston Ph:434-791-3630 Email:phc@inova.org Statewide Toll-free Hotline: 1- 888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at Westmoreland Medical Center (Rev.02/04/25)	Westmoreland Medical Center 18849 Kings HWY, Montross, VA, 22520	Assister at Westmoreland Medical Center Ph:434-581-3271, ext. 5555 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at HealthWorks for Northern Virginia Sully (Rev.02/04/25)	HealthWorks for Northern Virginia Sully 13800 Wall Road, Suite 055 Herndon, VA 20171	Assister at HealthWorks for Northern Virginia Sully Ph:703- 443-2000 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Inova Partnership for Healthier Communities - Annandale (Rev.02/04/25)	Inova Partnership for Healthier Communities - Annandale 7617 Little River Tpke, #850, Annandale, VA 22003	Assister at Inova Partnership for Healthier Communities - Annandale Ph:571-665-6626 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at PATHS Community Medical Center - Chatham (Rev.02/04/25)	PATHS Community Medical Center - Chatham 4 S. Main Street, Chatham, VA, 24531	Assister at PATHS Community Medical Center - Chatham Ph:434-791-3630 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Healthworks for Northern Virginia Herndon (Rev.02/04/25)	Healthworks for Northern Virginia Herndon 1141 Elden Street, Suite 300, Herndon, VA, 20170	Healthworks for Northern Virginia Herndon Ph:703-840-4699 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at Inova Partnership for Healthier Communities - Fairfax (Rev.02/04/25)	Inova Partnership for Healthier Communities - Fairfax 2700 Prosperity Ave, Suite 208, Fairfax, VA 22031	Inova Partnership for Healthier Communities - Fairfax Ph: 703-698-2550 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Neighborhood Health - Richmond Highway (Rev.02/04/25)	Neighborhood Health - Richmond Highway 6677 Richmond Highway, Alexandria, VA 22306	Neighborhood Health - Richmond Highway Ph: 703-535-5568 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Blue Ridge Legal Services (Rev.02/04/25)	Blue Ridge Legal Services 303 S. Loudoun Street, Suite D, Winchester, VA 22601	Blue Ridge Legal Services Ph: 540-926-3008 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Shenandoah Community Health (Rev.02/04/25)	Shenandoah Community Health 1330 Amherst Street, Winchester, VA 22601	Shenandoah Community Health Ph: 540-722-2369 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Healthworks for Northern Virginia Reston (Rev.02/04/25)	Healthworks for Northern Virginia Reston 11484 Washington Plaza West, Suite 300, Reston, VA 20190	Healthworks for Northern Virginia Reston Ph: 703-840-4699 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at Neighborhood Health - Casey Health Center (Rev.02/04/25)	Neighborhood Health - Casey Health Center 1200 N. Howard St., Alexandria, VA 22304	Neighborhood Health - Casey Health Center Ph: 703-535-5568 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Boat People SOS (Rev.02/04/25)	Boat People SOS 6066 Leesburg Pike, Suite 100, Falls Church, VA 22041	Boat People SOS Ph: 703-538-2190 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Legal Aid Justice Center (Rev.02/04/25)	Legal Aid Justice Center 6402 Arlington Blvd, Suite 1130, Falls Church, VA 22042	Legal Aid Justice Center Ph:571-218-8669 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Inova Partnership for Healthier Communities - Falls Church (Rev.02/04/25)	Inova Partnership for Healthier Communities - Falls Church 6400 Arlington Blvd., Ste 200, Falls Church, VA 22042	Inova Partnership for Healthier Communities - Falls Church Ph:703-531-3003 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Inova Partnership for Healthier Communities - Alexandria (Rev.02/04/25)	Inova Partnership for Healthier Communities - Alexandria 4700 King St, #100, Alexandria, VA 22302	Inova Partnership for Healthier Communities - Alexandria Ph:571-665-6576 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at Healthworks for Northern Virginia Sterling (Rev.02/04/25)	Healthworks for Northern Virginia Sterling 21641 Ridgetop Cir #107, Sterling, VA 20166	Healthworks for Northern Virginia Sterling Ph:703-443-2000 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-
Enroll Virginia at Inova Partnership for Healthier Communities - Sterling (Rev.02/04/25)	Inova Partnership for Healthier Communities - Sterling 46440 Benedict Dr., Ste 208, Sterling, VA 20164	Inova Partnership for Healthier Communities - Sterling Ph:703-579-7161 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-
Enroll Virginia at Neighborhood Health - East Glebe Road (Rev.02/04/25)	Neighborhood Health - East Glebe Road 2 East Glebe Rd, Alexandria, VA 22305	Neighborhood Health - East Glebe Road Ph:703-535-5568 Email:phc@inova.org	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-
Enroll Virginia at Bradley Free Clinic (Rev.02/04/25)	Bradley Free Clinic 1240 3rd St SW, Roanoke, VA 24016	Bradley Free Clinic Ph:540-344-5156 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at HealthWorks for Northern Virginia Leesburg (Rev.02/04/25)	HealthWorks for Northern Virginia Leesburg 163 Fort Evans Road, NE, Leesburg, VA, 20176	HealthWorks for Northern Virginia Leesburg Ph: 703-840-4699 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at The Grandin CoLab (Rev.02/04/25)	The Grandin CoLab 1327 Grandin Road Southwest, Roanoke, VA 24015	The Grandin CoLab Ph: 540-613-1696 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at Craig County Health Center (Rev.02/04/25)	Craig County Health Center 226 Market Street, New Castle, VA, 24127	Craig County Health Center Ph:304-772-3064 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Craig County Wellness Center (Rev.02/13/25)	Craig County Wellness Center 25239 Craig Creek Road, Hwy 615, New Castle, VA, 24127	Craig County Wellness Center Ph:304-772-3296 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at PATHS Community Medical Center - Danville (Rev.02/13/25)	PATHS Community Medical Center - Danville 705 Main Street, Danville, VA, 24541	Craig County Wellness Center Ph: 434-791-3630 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Danville-Pittsylvania Community Services (Rev.02/13/25)	Danville-Pittsylvania Community Services 245 Hairston Street, Danville, VA 24540	Craig County Wellness Center Ph: 434-799-0456 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Stoneybrook Physicians (Rev.02/13/25)	Stoneybrook Physicians 15425-H Warwick Boulevard, Newport News, VA, 23608	Stoneybrook Physicians Ph: 757-380-8709 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at Franklin Community Health Center (Rev.02/13/25)	Franklin Community Health Center 1357 Armory Drive, Franklin, VA 23851	Franklin Community Health Center Ph:757-380-8709 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Tri-Area Community Health Center at Ferrum (Rev.02/13/25)	Tri-Area Community Health Center at Ferrum 180 Ferrum Mountain Road, Ferrum, VA 24088-2939	Tri-Area Community Health Center at Ferrum Ph:276-398-2292 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Town Center Physicians (Rev.02/13/25)	Town Center Physicians 10980 Buckley Hall Road, Building 5, Mathews, VA, 23109	Town Center Physicians Ph:757-380-8709 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Warwick Boulevard Physicians (Rev.02/13/25)	Warwick Boulevard Physicians 9294 Warwick Boulevard, Newport News, VA 23607	Warwick Boulevard Physicians Ph:757-380-8709 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at PATHS Community Medical Center - Martinsville (Rev.02/13/25)	PATHS Community Medical Center - Martinsville 287 Commonwealth Boulevard, Martinsville, VA, 24112	PATHS Community Medical Center - Martinsville Ph:434-791-3630 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at Bassett Family Practice (Rev.02/13/25)	Bassett Family Practice 324 TB Stanley HWY, Suites B and C, Bassett, VA, 24055	Bassett Family Practice Ph: 276-629-1076 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Ph: 1-	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at 48th Street Physicians (Rev.02/13/25)	48th Street Physicians 4714 Marshall Avenue, Newport News, VA, 23607	48th Street Physicians Ph: 757-380-8709 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Ph: 1-	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Ridgeway Family Health (Rev.02/17/25)	Ridgeway Family Health 4944 Greensboro Rd, Ridgeway, VA 24148	Ridgeway Family Health Ph: 276-956-2233 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Ph: 1-	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at East End Physicians (Rev.02/17/25)	East End Physicians 1033 28th Street, Newport News, VA, 23607	East End Physicians Ph: 757-380-8709 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Ph: 1-	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Virginia Legal Aid Society (Rev.02/17/25)	Virginia Legal Aid Society 2480 Pruden Blvd, Suffolk, VA 23434	Virginia Legal Aid Society Ph: 434-907-6149 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Ph: 1-	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at Southwest Virginia Legal Aid Society (Rev.02/17/25)	Southwest Virginia Legal Aid Society 155 Arrowhead Trail, Christiansburg, VA 24073	Southwest Virginia Legal Aid Society Ph: 540-525-5924 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Tri-Area Community Health Center at Floyd (Rev.02/17/25)	Tri-Area Community Health Center at Floyd 140 Christiansburg Pike, Floyd, VA, 24091	Tri-Area Community Health Center at Floyd Ph: 276-398-2292 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Park Place Family Medical Center (Rev.02/17/25)	Park Place Family Medical Center 155 Kingsley Lane, Suite 320, Norfolk, VA 23505	Park Place Family Medical Center Ph: 757-393-6363 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Park Place Family Medical Center (Rev.02/17/25)	Park Place Family Medical Center 830 Southampton Avenue, Ste. 200, Norfolk, VA 23510	Park Place Family Medical Center Ph: 757-284-4812 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Portsmouth Community Health Center (Rev.02/17/25)	Portsmouth Community Health Center 1541 High Street, Portsmouth, VA 23704	Portsmouth Community Health Center Ph: 757-393-6363 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Enroll Virginia at CommuniCare Medical & Dental Center (Rev.02/17/25)	CommuniCare Medical & Dental Center 804 Whitaker Lane, Norfolk, VA, 23510	CommuniCare Medical & Dental Center Ph:757-393-6363 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Chesapeake Community Health Center (Rev.02/17/25)	Chesapeake Community Health Center 490 Liberty Street, Chesapeake, VA, 23234	Chesapeake Community Health Center Ph:757-380-8709 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Oceanview Medical Center (Rev.02/17/25)	Oceanview Medical Center 9581 Shore Drive, Norfolk, VA, 23518	Oceanview Medical Center Ph:757-393-6363 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Tri-Area Community Health Center at Stuart (Rev.02/17/25)	Tri-Area Community Health Center at Stuart 18877 Jeb Stuart Highway, Stuart, VA 24171-5223	Tri-Area Community Health Center at Stuart Ph: 276-398-2292 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Eastville Community Health Center (Rev.02/17/25)	Eastville Community Health Center 17068 Lankford Highway, Eastville, VA 23347	Eastville Community Health Center Ph: 757-331-1086 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Enroll Virginia at Franktown Community Health Center (Rev.02/17/25)	Franktown Community Health Center 9159 Franktown Road, Franktown, VA, 23354	Franktown Community Health Center Ph: 757-442-4819 ext 1034 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Forest Hill Clinic (Rev.02/17/25)	Forest Hill Clinic 180 Old Schoolhouse Road, Forest Hill, WV 24935	Forest Hill Clinic Ph: 304-772-3064 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Southeastern Virginia Health Systems at Virginia Beach Housing Resource Center Health Clinic (Rev.02/17/25)	Virginia Beach Housing Resource Center Health Clinic 104 Witchduck Road, Virginia Beach, VA 23452	Southeastern Virginia Health Systems at Virginia Beach Housing Resource Center Health Clinic Ph: 757-380-8709 and 757-385-5167 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Pungoteague Elementary School Based Dental Program (Rev.02/17/25)	Pungoteague Elementary School Based Dental Program 28480 Bobtown Road, Melfa, VA, 23410	Pungoteague Elementary School Based Dental Program Ph: 757-414-0400 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Onley Community Health Center Program (Rev.02/17/25)	Onley Community Health Center 20306 Badger Lane, Onley, VA, 23418	Onley Community Health Center Ph: 757-787-7374 ext 1056 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information

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Enroll Virginia at Eastern Shore Rural Health System (Rev.02/17/25)	Eastern Shore Rural Health System 20280 Market Street, Onancock, VA, 23417	Eastern Shore Rural Health System Ph:757-414-0400 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Tri-Area Community Health at Laurel Form (Rev.02/17/25)	Tri-Area Community Health at Laurel Form 14558 Danville Pike, Laurel Fork, VA, 24352	Tri-Area Community Health at Laurel Form Ph:276-398-2292 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Accomack County School Based Dental Program: Metompkin Clinic (Rev.02/17/25)	Accomack County School Based Dental Program: Metompkin Clinic 24501 Parksley Road, Parksley, VA, 23421	Accomack County School Based Dental Program: Metompkin Clinic Ph: 757-414-0400 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Virginia Beach Family Medical Center (Rev.02/17/25)	Virginia Beach Family Medical Center 940 General Booth Blvd, Virginia Beach, VA, 23451	Virginia Beach Family Medical Center Ph: 757-380-8709 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Atlantic Community Health Center (Rev.02/17/25)	Atlantic Community Health Center 5219 Lankford Highway, New Church, VA, 23415	Atlantic Community Health Center Ph: 757-824-5676 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia /español:	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Enroll Virginia at Chincoteague Island Community Health Center (Rev.02/17/25)	Chincoteague Island Community Health Center 4049 Main Street, Chincoteague, VA, 23316	Chincoteague Island Community Health Center Ph: 757-336-3682 ext 1055 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Bland County Medical Clinic (Rev.02/17/25)	Bland County Medical Clinic 12301 Grapefield RD, Bastian, VA, 24314	Bland County Medical Clinic Ph:276-688-4331 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Tri-Area Community Health at Fries (Rev.02/17/25)	Tri-Area Community Health at Fries 109 Carroll Drive, Fries, VA, 24330	Tri-Area Community Health at Fries Ph: 276-398-2292 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Tazewell Community Health (Rev.02/17/25)	Tazewell Community Health 386 Ben Bolt Avenue, Tazewell, VA 24651	Tazewell Community Health Ph: 276-496-4492 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
Enroll Virginia at Cumberland Plateau Health District (Rev.02/17/25)	Cumberland Plateau Health District Tazewell County Health Dept., 253 Chamber Dr, Tazewell, VA 24651	Cumberland Plateau Health District Ph: 276-385-5571 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information

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Enroll Virginia at Tri-Area Community Health Center at Grayson Highlands (Rev.02/17/25)	Tri-Area Community Health Center at Grayson Highlands 6436 Troutdale Highway, Troutdale, VA 24378	Tri-Area Community Health Center at Grayson Highlands Ph: 276-398-2292 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Southwest Virginia Legal Aid Society (Rev.02/17/25)	Southwest Virginia Legal Aid Society 227 W. Cherry St., Marion, VA 24354	Southwest Virginia Legal Aid Society Ph: 276-229-9388 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Konnarock Family Health Center (Rev.02/17/25)	Konnarock Family Health Center 20471 Azen Road, Damascus, VA, 24236	Konnarock Family Health Center Ph: 276-546-5310 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Saltville Community Health Center (Rev.02/17/25)	Saltville Community Health Center 308 West Main Street, Saltville, VA, 24370	Saltville Community Health Center Ph: 276-496-4492 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Hurley Family Health Center (Rev.02/17/25)	Hurley Family Health Center 10279 Hurley Road, Hurley, VA, 24236	Hurley Family Health Center Ph: 276-546-5310 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Enroll Virginia at Meadowview Health Clinic (Rev.02/17/25)	Meadowview Health Clinic 13168 Meadowview Square, Meadowview, VA, 24361	Meadowview Health Clinic Ph:276-496-4492 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Holston Family Health Center (Rev.02/17/25)	Holston Family Health Center 306 South Shady Avenue, Damascus, VA, 24236	Holston Family Health Center Ph: 276-546-5310 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Vansant Respiratory Care Center (Rev.02/17/25)	Vansant Respiratory Care Center 1060 Anchorage Circle, Vansant, VA 24656	Vansant Respiratory Care Center Ph:276-498-1625 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Thompson Family Health Center (Rev.02/17/25)	Thompson Family Health Center 1721 Lovers Gap Road, Vansant, VA, 24656	Thompson Family Health Center Ph:276-546-5310 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Council Family Health Center (Rev.02/17/25)	Council Family Health Center 4124 Council Mountain Road, Honaker, Virginia 24260	Council Family Health Center Ph:276-859-0859 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Enroll Virginia at Cumberland Plateau Health District Russell County Health Dept., (Rev.02/17/25)	Cumberland Plateau Health District Russell County Health Dept., P.O. Box 2347, Lebanon, VA 24266	Cumberland Plateau Health District Russell County Health Dept., Ph:276-254-2919 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Haysi Clinic (Rev.02/17/25)	Haysi Clinic 162 Medical Center Boulevard, Haysi, VA, 24256	Haysi Clinic Ph:276-546-5310 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at William A. Davis Clinic (Rev.02/17/25)	William A. Davis Clinic 1389 Dante Road, St. Paul, VA 24283	William A. Davis Clinic Ph:276-546-5310 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Bristol Community Health Center (Rev.02/17/25)	Bristol Community Health Center 2195 Euclid Center, Bristol, VA, 24201	Bristol Community Health Center Ph:276-496-4492 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at The Health Wagon (Rev.02/17/25)	The Health Wagon 5626 Patriot Dr, Wise, VA 24293	The Health Wagon Ph: 276-870-2379 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva_es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Enroll Virginia at Clinch River Health Services (Rev.02/17/25)	Clinch River Health Services 17633 Veterans Memorial HWY, Suite 101, Dungannon, VA, 24245	Clinch River Health Services Ph: 276-467-2201 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Appalachia Family Health Center (Rev.02/17/25)	Appalachia Family Health Center 536 East Main Street, Appalachia, VA, 24216	Appalachia Family Health Center Ph: 276-546-5310 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at St. Charles Respiratory Care Center (Rev.02/17/25)	St. Charles Respiratory Care Center 213 Monarch Road, St. Charles, VA, 24282	St. Charles Respiratory Care Center Ph: 276-546-5310 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at St. Charles Community Health Clinic (Rev.02/17/25)	St. Charles Community Health Clinic 241 Monarch Road, St. Charles, VA, 24282	St. Charles Community Health Clinic Ph: 276-546-5310 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.
Enroll Virginia at Jonesville Family Health Center (Rev.02/17/25)	Jonesville Family Health Center 276 Fieldstone Drive Jonesville, VA 24263	Jonesville Family Health Center Ph: 276-546-5310 Email:phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español: @enrollva-es)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information.

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Enroll Virginia at Western Lee County Health Clinic (Rev.02/17/25)	Western Lee County Health Clinic 1446 Dr. Thomas Walker Road, Ewing, VA, 24248	Western Lee County Health Clinic Ph: 276-546-5310 Email: phc@inova.org Statewide Toll-free Hotline: 1-888-392-5132 E-mail: info@enroll-virginia.com Facebook: facebook.com/enrollva Twitter: @enrollvirginia (español)	Enroll Virginia is a network of community-based organizations committed to helping Virginians access high quality, affordable health coverage. Their navigators and enrollment experts are trained and certified to provide free, unbiased assistance with health insurance options available through Virginia's Insurance Marketplace, Medicaid, and FAMIS. Navigators provide expert support with every aspect of the health coverage process. They offer free, in-person help in your language and in your community. Trained professionals are available to answer questions over the phone or in person.. Please call or visit the website for further information
FAMIS	FAMIS P.O	Ph:1-866--873-2647 Fax:1-888-	FAMIS -Family Access to Medical Insurance Security Plan is Virginia's low cost
FAMIS-MOMS	FAMIS P.O	Ph:1-866--873-2647 Fax:1-	THE FAMIS MOMS program provides health care coverage for qualified
FAMIS Plus-Children's Medicaid	FAMIS P.O	Ph:1-866--873-2647 Fax:1-	FAMIS Plus is Virginia's name for children's Medicaid. FAMIS plus also provides
Fauquier Hospital -Charity/Indigent	Fauquier Hospital-Charity/Indigent	Contact: Mary Beth Wilkinson	Charity/Indigent Care and Uninsured Program: Uninsured patients are referred
Feeding America-Food Bank	Feeding America-Food Bank	Ph: 757.627.6599	Feeding America is the nation's leading domestic hunger-relief charity. Their
Financial Assistance - Norfolk,	Financial Assistance - Norfolk,	Main 757-543-8100	Provide financial assistance, food, clothing, and counseling through programs
Foodbank of Southeastern Virginia	Foodbank of Southeastern Virginia	Ph: 757-627-6599 Website:	Please call or visit the website to obtain a list of agencies in the area that will
Funeral Consumers Alliance of	Funeral Consumers Alliance of	Ph/Fax: 540-953-5589	We are a non-profit organization of area residents dedicated to helping our
HIPP	HIPP Program	Contact: Robin E. Lee, BA MBA	HIPP-is a premium assistance program that may be available to people with
Hospital Corporation of America	Hospital Corporation of America	Ph:804-267-4000	Hospital Corporation of America (HCA) Health Care have several programs to
Individual and Family Support Program (IFSP) (Rev.04/24/23)	Individual and Family Support Program (IFSP)	Ph:844- 603-9248. Website:http://dbhds.virginia.gov/dev elopmental-services/ifsp	IFSP Funding Program provides financial assistance to individuals and families awaiting services through one of Virginia's Developmental Disabilities waivers. Individuals on the waitlist may apply for financial assistance once a year during open enrollment in order to cover eligible costs, such as respite care, community activities, family education, and other needs that support continued living in an
Labor Participation-Program of	Labor Participation	Contact: Desi Nichols	Provides emergency assistance for people on lay-off plant closures, family
LIHEAP-Low Income Home Energy	Low Income Home Energy	Ph: 1-866-674-6327	LIHEAP is a Federally-funded program that helps low-income households with
Make-A-Wish Foundation of Eastern	Make-A-Wish Foundation of	Contact: Angelette Pryor	Make-A-Wish Foundation of Eastern Virginia purpose is to Grants wishes to
Mary Washington Hospital (Medicorp	Mary Washington Hospital	Contact: Patient Accounts	Mary Washington Hospital(Medicorp Health System)-Charity/Indigent Care and
Memorial Society of Northern Virginia-	Memorial Society of Northern	Ph:703-271-9240	Memorial Society of Northern Virginia is a non-profit organization dedicated to
Patient Advocate Foundation's	Patient Advocate Foundation's	Ph:800-532-5274 or visit Website:	Patient Advocate Foundation's Virginia Cares Uninsured Program can assist
Riverside Health System-Riverside Tappahannock Hospital -Charity	Riverside Health System-Riverside Riverside Tappahannock Hospital - Charity/Indigent Care Program	Contact: Riverside Health System Business Office Ph:757- 584-7888	Riverside Health System has several levels of hospital-approved charity as well as discounts for patients based on their family size and income level for clinically
Sleep in Heavenly Peace-Assistance with Beds (Rev.02/06/24)	Henrico Chapter PO Box 18143, Richmond, VA 23226	Ph:844-432-BEDS (2337) 844.432.2337 x 5935 Website:https://shpbeds.org	Sleep in Heavenly Peace is a is an American nonprofit 501 organization that builds and delivers beds to children who don't have beds to sleep in. Eligibility Criteria:1. Location: You must live near one of our active chapters. 2,Living Environment: You must have an accessible house or apartment with a room
Sleep in Heavenly Peace-Assistance with Beds (Rev.02/06/24)	Lee County Chapter	Ph:844-432-BEDS (2337) 844.432.2337 x 5966 Website:https://shpbeds.org	Sleep in Heavenly Peace is a is an American nonprofit 501 organization that builds and delivers beds to children who don't have beds to sleep in. Eligibility Criteria:1. Location: You must live near one of our active chapters. 2,Living Environment: You must have an accessible house or apartment with a room

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Sleep in Heavenly Peace-Assistance with Beds (Rev.02/06/24)	New River Valley Chapter	Contact:Paul Mele 844-432-BEDS (2337) Ph:844.432.2337 x 5939 Email: paul.mele@shpbeds.org Website:https://shpbeds.org	Sleep in Heavenly Peace is a is an American nonprofit 501 organization that builds and delivers beds to children who don't have beds to sleep in. Eligibility Criteria:1. Location: You must live near one of our active chapters. 2,Living Environment: You must have an accessible house or apartment with a room large enough to fit one of our beds.3.Contact: We must be able to contact you
Sleep in Heavenly Peace-Assistance with Beds (Rev.02/06/24)	Roanoke Chapter Salem Rotary Club 1409 Colorado St Salem, VA 24153	844-432-BEDS (2337) Ph:844.432.2337 x 5946 Website:https://shpbeds.org	Sleep in Heavenly Peace is a is an American nonprofit 501 organization that builds and delivers beds to children who don't have beds to sleep in. Eligibility Criteria:1. Location: You must live near one of our active chapters. 2,Living Environment: You must have an accessible house or apartment with a room large enough to fit one of our beds.3.Contact: We must be able to contact you via phone, text or email.4,Necessary Documents: You'll need to fill out our online SHP Application Form. If your application is accepted, you'll need to sign an Indemnification Release Form prior to delivery.5.Ages: Kids need to be 3-17 years old. Recipient, you must be the legal guardian of the child receiving the bed. Please submit the online SHP Application Form available online.Coverage Area: Roanoke Please call or visit the website for further information.
Sleep in Heavenly Peace-Assistance with Beds (Rev.02/06/24)	Strasburg Chapter	844-432-BEDS (2337) Ph:844.432.2337 x 5973 Website:https://shpbeds.org	Sleep in Heavenly Peace is a is an American nonprofit 501 organization that builds and delivers beds to children who don't have beds to sleep in. Eligibility Criteria:1. Location: You must live near one of our active chapters. 2,Living Environment: You must have an accessible house or apartment with a room large enough to fit one of our beds.3.Contact: We must be able to contact you via phone, text or email.4,Necessary Documents: You'll need to fill out our online SHP Application Form. If your application is accepted, you'll need to sign an
Sleep in Heavenly Peace-Assistance with Beds (Rev.02/06/24)	Waynesboro Chapter	844-432-BEDS (2337) Ph:844.432.2337 x 5920 Website:https://shpbeds.org	Sleep in Heavenly Peace is a is an American nonprofit 501 organization that builds and delivers beds to children who don't have beds to sleep in. Eligibility Criteria:1. Location: You must live near one of our active chapters. 2,Living Environment: You must have an accessible house or apartment with a room large enough to fit one of our beds.3.Contact: We must be able to contact you via phone, text or email.4,Necessary Documents: You'll need to fill out our online SHP Application Form. If your application is accepted, you'll need to sign an Indemnification Release Form prior to delivery.5.Ages: Kids need to be 3-17 years old. Recipient, you must be the legal guardian of the child receiving the bed. Please submit the online SHP Application Form available online.Coverage Area: Waynesboro.Please call or visit the website for further information.
State and Local hospitalization- Peninsula Department of Human Services	Peninsula Department of Human Services 6060 Jefferson Ave Newport News VA 23605	Ph:757-926-6300 Website:www.nngov.com/human-services	A program available for to individuals not eligible for Medicaid or who have insufficient medical insurance. For information, call the Department of Human Services.
Social Security Administration (Rev.11/16/20)	Social Security Administration	Main Number:800-772-1213 TTY:800-325-0778 Website:https://www.ssa.gov	Social Security Administration is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Social Security Administration administers the Social Security retirement, survivors, and disability insurance programs. They also administer

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SUN Bucks (Summer EBT) (Rev.06/07/24)	SUN Bucks (Summer EBT)	Website: https://virginiasonbucks.com/	Virginia SUN Bucks is a new, federal food benefit program created to reduce childhood hunger by providing eligible children with a one-time \$120 food benefit on a SUN Bucks card to purchase groceries. Many families will get the benefit without applying, while some families will need to apply. Families receiving
The Leukemia & Lymphoma Society's (LLS) Co-Pay Assistance Program	The Leukemia & Lymphoma Society Co-Pay Assistance Program P.O. Box 12268	Ph: 1-877-557-2672 Fax: 877-COPAY- or 877- 267-2932 Email: copay@lls.org	The Leukemia & Lymphoma Society's (LLS) Co-Pay Assistance Program offers assistance to patients toward: Cancer treatment related co-pays, Private health insurance premiums, Private insurance co-pay obligations, Medicare Part B, Medicare Plan D, Medicare
The Assistive Technology Loan Fund Authority (ATLFA) (Rev.03/29/22)	The Assistive Technology Loan Fund Authority (ATLFA) 1602 Rolling Hills Drive Suite 107	Ph: 804- 662-9000 Toll-Free: 866-835-5976 Fax: 804- 662-9533 E-Mail: atlfa@atlfa.org	The Assistive Technology Loan Fund Authority (ATLFA) is a Commonwealth of Virginia State Authority created with public funds to help Virginians with disabilities obtain assistive technology. The ATLFA provides affordable financing alternatives (loans with below-market interest rates, no down payments, longer
The University of Virginia, Division of Audiology - Indigent Program (Rev.06/26/23)	Virginia Lions Hearing Foundation and Research Center, Inc., Box 800477, University of Virginia Health	Ph: 434-296-LION (5466) or 800-251-3627, extension 4-9805.	The University of Virginia, Division of Audiology in Charlottesville provides hearing assistance for indigent individuals. A nominal fee is charged for Lions club sponsored individuals, which covers the cost of a new behind-the-ear style hearing aid, warranty, the ear mold, and follow-up fitting. The service is
Valley Health Centers-Charity/Indigent	Valley Health Centers-	Contact: Lorraine Achley	Valley health's mission is providing care for uninsured patients, and no one is
VCU Health System/Medical College	VCU Health System/Medical	Contact: Linda B. McLaughlin,	VCU Charity/Indigent Care Program covers medically necessary services. There
Virginia Hearing Aid Loan Bank (VHALB) (Rev.11/19/19)	Virginia Hearing Aid Loan Bank (VHALB)	Contact: Blue Ridge Care Connection for Children Lisa Powley Ph:	VHALB is open to children under age 18 whose hearing loss is confirmed by an audiologist. The bank lends hearing aids and FM systems for up to six months. The initial loan period can be extended for an additional three months in certain
Virginia Lions Hearing Aid Bank Foundation (Rev.06/26/23)	District 24-L HAB Foundation Committee Chair, 11260 Roger Bacon Drive Suite 300, Reston, VA 20190	Contact Lion Mike McLaughlin Email: mmclaughlin@fc-alions.org . District 24-L HAB Foundation Committee Chair Ph: 703-471-6150 or 703.280.0403, or Website: https://valions.org/va-lions-hearing-aid-bank-foundation	The Virginia Lions Hearing Aid Bank (HAB) Foundation is a Virginia chartered non-profit organization to help those in our service area, who need but cannot afford them, have hearing screenings and receive hearing aids. In addition, our clubs collect and recycle used hearing aids in conjunction with eyeglass collection and recycling. Behind-the-ear style hearing aids are reconditioned and issued to hearing impaired persons referred to one of our cooperating hearing aid centers. The fastest way to get help is to contact your local Department of Social Services or similar agency, and ask to be referred to the Lions HAB or to your local Lions club. They normally ask individuals receiving hearing aids
FORMULA/NUTRITION			
Irene Clarke-Raymond, International Board Certified Lactation Consultant	Irene Clarke-Raymond, International Board Certified	Ph: 804.828.6282 Practice: Hospital	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with:
Laura Duke, International Board Certified Lactation Consultant	Laura Duke, International Board Certified Lactation Consultant	Ph: 804.282.4205	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with:
Laurel Tharrington, International Board Certified Lactation Consultant	Laurel Tharrington, International Board Certified Lactation Consultant	Ph: 804.594.3267 Practice: Hospital	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with:
Linda Chermide, International Board Certified Lactation Consultant	Linda Chermide, International Board Certified Lactation Consultant	Ph: 804.323.2229 Practice: Private Practice	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that
Nancy Raines, International Board Certified Lactation Consultant	Nancy Raines, International Board Certified Lactation Consultant	Ph: 804.560.5830 Practice: Hospital	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with:
Robin Allman, International Board Certified Lactation Consultant	Robin Allman, International Board Certified Lactation Consultant		IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with:
Pediatric Associates of Richmond, Inc.	Pediatric Associates of Richmond,		Prenatal counseling about risk factors that may affect breastfeeding.

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Syreeta Holton, International Board Certified Lactation Consultant Breathe Labor Lactation & Postpartum Services	Syreeta Holton, International Board Certified Lactation Consultant Breathe Labor Lactation & Postpartum Services	Ph: 804.306.6605 Practice: Community/Public Health/WIC	IBCLC is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs help with: Prenatal counseling about risk factors that may affect breastfeeding Basic position and latch of the infant Information about practices that promote
Valerie Coleman, International Board	Valerie Coleman, International	Ph: 804.828.4634	IBCLC is a health care professional who specializes in the clinical management
WIC - Richmond, Virginia Department	WIC - Richmond, Virginia	Main 804-726-7000	The WIC program safeguards the health of low-income women, infants, and
HOME CARE			
Access Home Care Inc -Private Duty Nursing(Rev.11/10/22)	8850 Richmond Hwy #202, Alexandria, VA 22309	Ph:703- 765-9350 OR 703-360-5800 Website:https://www.accesshomecareinc.com/contact-us	Access Home Care Inc. provides private duty nursing services.Hours:Monday through Friday, From 9am-5pm;On call staff are available 24/7. Please call for further information.
Alternative Solutions Home Care (Rev.01/15/21)	Alternative Solutions Home Care PO Box 236 Montross, VA 22520	Contact: Taunishe Ashton Ph:757-238-6088 540-479-6978	Alternative Solutions Home Care provides personal care and respite services. Please call for further information.
Americare Plus	Americare Plus 2200 Colonial Avenue Suite 15	Ph:1.800.550.1921 757.627.1921	AmeriCare Plus offers In-Home Personal Care and Homemaker Services throughout Virginia. Our Agency Managers, Staffing Coordinators, Registered
Arnesta Healthcare of Virginia (rev.01/12/21)	4912 West Marshall St., Suite C Richmond, VA 23230	Contact: April Giggetts Ph:804-214-2561	Arnesta Healthcare of Virginia provides personal care and respite. Please call for further information.
Aveanna Healthcare Company- – Northern Virginia (Rev.02/16/23)	5290 Lyngate Court, 1st Floor Burke, VA 22015	Ph: 703- 873-7672 Fax: 757- 401-6185 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury Program, Medicaid + MCO programs (Aetna Better Health, Anthem
Aveanna Healthcare Company- – Winchester (Rev.02/16/23)	130 Creekside Lane Winchester, VA 22602	Ph: 540- 409-4622 Fax:629- 600-6081 Website:https://www.aveanna.com	Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury Program, Medicaid + MCO programs (Aetna Better Health, Anthem
Best Life Home Health Care (Rev.11/10/22)	3219 Columbia Pike Ste 300b, , Arlington, Virginia	Ph:571- 431-6904.	Best Life Home Health Care provides private duty nursing services. Please call for further information.
Capital City Nurses -Alexandria (Rev.11/30/22)	5568 General Washington Drive Suite A-211, Alexandria, VA 22312	Ph:703- 750-3170 Fax: 703- 750-3172	Capital City Nurses offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Our advantage is that we offer flexibility and custom services to meet your needs, whatever they are. Service Area:Loudoun,Fairfax Prince William,Falls Church,Arlington,Manassas,Reston,McLean,Woodbridge,Springfield Burke,Mt. Vernon,Leesburg,Ashburn,Chantilly,Herndon,Dumfries.
Capital City Nurses -Sterling (Rev.11/30/22)	20 Pidgeon Hill Drive, Suite 208, Sterling, VA 20165	Ph:703- 539-6029 Fax: 888- 908-4269	Capital City Nurses offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Our advantage is that we offer flexibility and custom services to meet your needs, whatever they are. Service Area:Northern Virginia. Please call for further information.

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Care Advantage Inc. Home Health- Abingdon (Rev.11/17/22)	470 E. Main Street Abingdon, VA 24210	Toll Free:877- 801-2664 Ph:276- 258-5035 Fax: 276- 258-5107 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage
Care Advantage Inc. Home Health- Annandale (Rev.11/29/22)	Annandale	Toll Free:877- 801-2664 Ph:703-649-4271 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area: Campbell County, Halifax County
Care Advantage Inc. Home Health- Brookneal (Rev.11/29/22)	405 E. Rush Street, Suite B Brookneal, VA 24528	Toll Free:877- 801-2664 Ph: 434- 376-8240 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area: Campbell County, Halifax County
Care Advantage Inc. Home Health- Charlottesville (Rev.11/29/22)	674 Hillsdale Drive, Suite 1, Charlottesville, VA 22901	Toll Free:877- 801-2664 Ph: 434- 973-2000 Fax:434- 973-1420 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area: Colonial Heights
Care Advantage Inc. Home Health- Colonial Heights (Rev.11/29/22)	3509 Boulevard, Colonial Heights, VA 23834	Toll Free:877- 801-2664 Ph:804- 520-5454 Fax:804- 520-6813 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area: Colonial Heights

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Care Advantage Inc. Home Health- Danville (Rev.11/29/22)	520 Piney Forest Road, Danville, VA 24540	Toll Free:877- 801-2664 Ph: 434 799-1959 Fax: 434- 799-1957 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area:.
Care Advantage Inc. Home Health- Emporia (Rev.11/29/22)	317 N. Main Street, Suite B, Emporia, VA 23847	Toll Free:877- 801-2664 Ph:434 634-4830 Fax:434-634-4870 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area:
Care Advantage Inc. Home Health- Fredericksburg (Rev.11/29/22)	601 Emancipation Highway, Suite 201 Fredericksburg, VA 22401	Toll Free:877- 801-2664 Ph:540- 324-4543 Fax:540- 898-8028 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area:
Care Advantage Inc. Home Health- Gretna (Rev.11/29/22)	1372 W. Gretna Road, Suite B, Gretna, VA 24557	Toll Free:877- 801-2664 Ph: 434- 656-6000 Fax: 434- 309-2642 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area:
Care Advantage Inc. Home Health- Harrisonburg (Rev.11/29/22)	731C E. Market Street, Harrisonburg, VA 22801	Toll Free:877- 801-2664 Ph:540- 251-0963 Fax:540- 213-7773 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area:
Care Advantage Inc. Home Health- Lynchburg (Rev.11/29/22)	22634 Timberlake Road, Suite E, Lynchburg, VA 24502	Toll Free:877- 801-2664 Ph: 434- 582-4755 Fax:434- 376-8260 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area:

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Care Advantage Inc. Home Health- Martinsville (Rev.11/29/22)	226 Starling Avenue, Martinsville, VA 24112	Toll Free:877- 801-2664 Ph: 276- 632-2252 Fax:276- 632-4881 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV,
Care Advantage Inc. Home Health- Mechanicsville (Rev.11/29/22)	7239 Mechanicsville Turnpike, Mechanicsville, VA 23111	Toll Free:877- 801-2664 Ph: 804- 788-0805 Fax:804- 730-1789 E-mail: careadvantage@careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more.
Care Advantage Inc. Home Health- Richmond - Southside (Rev.11/29/22)	10045 Midlothian Turnpike North Chesterfield, VA 23235	Toll Free:877- 801-2664 Ph:804- 323-9667 Fax:804- 323-3446 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV,
Care Advantage Inc. Home Health- Richmond - West End (Rev.11/29/22)	3201 Hungary Spring Road, Richmond, VA 23228	Toll Free:877- 801-2664 Ph:804- 285-1212 Fax:804- 501-0867 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV, Congestive Heart Failure, Diabetes and much more. Coverage Area:Henrico, City of Richmond, Glen Allen, City of Ashland, Manakin-Sabot & Rockville..Please call for further information.
Care Advantage Inc. Home Health- Roanoke (Rev.11/29/22)	212 E. Main Street, Salem, VA 24153	Toll Free:877- 801-2664 Ph:540- 343-2273 Fax:540- 387-0917 E-mail: careadvantage@careadvantageinc.com Website:https://www.careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home.They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more. Available 24 hours. All Care Advantage employees are now certified in disease specific care for patients with: cancer, Multiple Sclerosis, COPD, AIDS/HIV,

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Care Advantage Inc. Home Health- Rocky Mount (Rev.11/29/22)	265 Franklin Street, Rocky Mount, VA 24151	Toll Free:877- 801-2664 Ph: 540- 483-3555 Fax: 540- 483-3556 E-mail: careadvantage@careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more.
Care Advantage Inc. Home Health- South Boston (Rev.11/29/22)	3166 Halifax Road, South Boston, VA 24592	Toll Free:877- 801-2664 Ph: 434- 517-0050 Fax: 434- 517-0049 E-mail: careadvantage@careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds,
Care Advantage Inc. Home Health- South Hill (Rev.11/29/22)	412 E. Atlantic Street South Hill, VA 23970	Toll Free:877- 801-2664 Ph:434- 447-6777 Fax: 434- 447-7136 E-mail: careadvantage@careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more.
Care Advantage Inc. Home Health- Staunton (Rev.11/29/22)	2009 N. Augusta Street, Suite A Staunton, VA 24401	Toll Free:877- 801-2664 Ph: 540- 213-7770 FAX: 540- 213-7773 E-mail: careadvantage@careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds,
Care Advantage Inc. Home Health- Wytheville (Rev.11/29/22)	795 E. Main Street Wytheville, VA 24382	Toll Free:877- 801-2664 Ph:276- 228-8002 Fax:276- 228-8005 E-mail: careadvantage@careadvantageinc.com	Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all across Virginia that provides the best service to their clients and employees. They specialize in the following: Personal Care, Private One on One Care, Skilled Tubeffeds, Housekeeping, New mom care, Transportation, babysitting and much more.
Community Personal Care	Community Personal Care 1761 Church Street, Norfolk, VA 23504	Ph: 757.625.2220 Private Pay: 757.625.1026 Email:info@communitypersonalcare.net	Community Personal Care, assist families on the formulation of an individualized Plan of Care (POC), based on the individuals needs, environment, and personal goals and wishes. The POC is reviewed and updated as needed, based on the individual changing needs and goals. All services are provided under the supervision of a licensed Registered Nurse. Services are
Community Care Home Health (Rev.11/10/22)	901 N Washington St, Alexandria, VA 22314	Ph: 703-535-7830 Non- business hours:877-276-6898 Website:http://www.communitycarehomehealth.com	Community Care Home Health provides private duty nursing and personal care services. Insurance: most major insurances are accepted including but not limited to; Virginia Medicaid, Anthem, Amerigroup, Cypress Health Care, ECDC Waiver, Humana, Technology Waiver, and Virginia Premier. Private Pay is also accepted with most major credit cards. Please call for further information.
1st Adult and Pediatric Healthcare Services, Inc. (Rev.07/23/21)	1st Adult and Pediatric Healthcare Services, Inc. 11130 Fairfax Blvd Suite 202 Fairfax, VA 22030	Ph:703- 520-9990 Fax:703- 563-9180 and 703-649-6304 Email:info@1stadultpediatric.com	1st Adult & Pediatric Healthcare Services, Inc. provides personal care, respite, school nursing ,skilled nursing visits services and companion &personal care. Target Population: Pediatric and Adult. They serve the following cities and counties:Alexandria,Arlington,Arundel,Baltimore,Caroline,Cecil,Charles.Culpeppe
First American Home Health Care, LLC-Private Duty Nursing (Rev.11/10/22)	6216 Old Franconia Rd # A, Alexandria, VA 22310	Ph:571-918-8881 OR 703- 922-9555 Cell: 571-334-4600 Fax: 703.922.9557 E-	First American Home Health Care provides Private Duty Nursing Services. Please call for further information.

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Friends Health Care Team-Annandale (Rev.11/10/22)	7700 Little River Turnpike #600, Annandale, VA 22003	Ph:800- 350-3147 Fax.: 571-350-8225 Email: FHCT.info@gmail.com Website:https://www.friendshcteam.org	Friends Health Care Team provides private duty nursing, personal care and respite services. Please call for further information.
Friends Health Care Team-Annandale (Rev.11/10/22)	7204 Hull Street Rd North Chesterfield, VA 23235	Ph:804-938-5209 Fax.: 571-350-8225 Email: FHCT.info@gmail.com Website:https://www.friendshcteam.org	Friends Health Care Team provides private duty nursing, personal care and respite services. Please call for further information.
Harmony Street at ILIFF (Rev.06/30/23)	8000 Ili Drive, Dunn Loring, VA 22027	Ph: 703-560-1000 Fax: 571-280-0406 Contact: Maria Palmiero – Director of Pediatrics Ph: 703-560-1000 ex 2018 Fax: 703-750-4510 Email: MPalmiero@augustiliff.com Elizabeth – Pediatric Social Worker Email: ecornejo@augustiliff.com	Harmony Street at Ili offers short- and long-term stays for children with complex medical conditions. With a loving staff attentive to not only their medical needs but their emotional needs, children at Ili are shown love and compassion during their stay. Level of Care: Tracheostomy management, IV antibiotic therapy, Pain management, Intensive rehabilitation, Palliative care, Physical Therapy, Speech Therapy, Medication Management, Respiratory Therapy and Care and School Coordination. Please call for further information.
Hope In-Home Care-Culpeper (Rev.08/02/21)	Hope In-Home Care Culpeper 1010 S. Main St. Culpeper, VA 22701	Ph: 540-718-9003 Fax: 540-812-2898	Hope In-Home Care is a Medicaid certified home health agency who provides private duty nursing, skilled nursing, personal care and respite services. Please call for further information.
Hope In-Home Care-King William (Rev.08/02/21)	Hope In-Home Care-King William 27 Commerce Lane Suite B King William, VA 23086	Ph: 804-769-7600 769-3230 Fax: 804-	Hope In-Home Care is a Medicaid certified home health agency who provides private duty nursing, skilled nursing, personal care and respite services. Please call for further information.
In Good Hands Home Health Care LLC (rev.11/30/23)	11 South, 12th Street Richmond, VA 23219	Ph: 804-396-3706 Email: Ingoodhandshealthcare@gmail.com Website: https://in-good-hands-home-healthcare.ueniweb.com	In Good Hands Home Health Care LLC provides personal care services and respite for children and adults. Medicaid and Private Pay are accepted. Hours: Monday-Friday-8:00 AM - 5:00 PM. They serve Hampton Roads Area. Please call for further information.

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Interim HealthCare of Charlottesville (Rev.11/10/22)	03 S Pantops Dr Suite 205, Charlottesville, VA 22911	Ph:434- 295-5501 Toll Free: 800- 876-0984 Fax: 434- 295-4938 Website:https://www.interimhealthcare.com	Interim Health Care provides Home nursing care and Personal Care. Please call for further information.
Interim HealthCare of Fredericksburg (Rev.11/10/22)	Interim HealthCare of Fredericksburg	Ph:540- 785-1577 Fax: 540- 785-3633 Website:https://www.interimhealthcare.com	Interim Health Care provides Home nursing care and Personal Care. Please call for further information.
Interim HealthCare of Verona (Rev.11/10/22)	244 Rolla Mill Road Verona, VA 24482	Ph: 540- 885-4413 Fax: 540- 885-7410 Website:https://www.interimhealthcare.com	Interim Health Care provides Home nursing care and Personal Care. Please call for further information.
Intrepid USA Home Health Services-Abingdon (Rev.07/23/21)	Intrepid USA Home Health Services 230 Charwood Drive Suite B	Ph: 276- 623-0665 Fax:276- 623-0885 Toll-Free: 800- 861-5157	Intrepid USA offers comprehensive, quality Home Health Care services. Services include: Personal Care and Respite for adults and children and Skilled Nursing visits for adults only. Insurance: Medicaid,Private Pay and Veterans Benefits.
Intrepid USA Home Health Services-Big Stone Gap (Rev.07/23/21)	Intrepid USA Home Health Services 320 Cloverleaf Square Building C, Suite 1 Big Stone Gap, VA 24219	Ph: 276- 523-1770 Fax:276- 523-1967	Intrepid USA offers comprehensive, quality Home Health Care services. Services include: Personal Care and Respite for adults and children and Skilled Nursing visits for adults only. Insurance: Medicaid,Private Pay and Veterans Benefits.
Intrepid USA Home Health Services-Radford (Rev.07/23/21)	Intrepid USA Home Health Services 101 West Main Street Radford, VA 24141	Ph: 540- 731-3295 Fax:540- 633-0121 Toll-Free: 888- 416-1428	Intrepid USA offers comprehensive, quality Home Health Care services. Services include: Personal Care and Respite for adults and children and Skilled Nursing visits for adults only. Insurance: Medicaid,Private Pay and Veterans Benefits.
Intrepid USA Home Health Services-Richlands (Rev.07/23/21)	Intrepid USA Home Health Services 2502 South Front Street Richlands, VA 24641	Ph: 276- 596-9233 Fax:276- 596-9643 Toll-Free:800- 276-0465	Intrepid USA offers comprehensive, quality Home Health Care services. Services include: Personal Care and Respite for adults and children and Skilled Nursing visits for adults only. Insurance: Medicaid, Private Pay and Veterans Benefits.
Intrepid USA Home Health Services-Roanoke (Rev.07/23/21)	Intrepid USA Home Health Services 4005 Electric Road Suite 200 Roanoke, VA 24018	Ph: 540- 563-1018 Fax: 540- 563-1047	Intrepid USA offers comprehensive, quality Home Health Care services. Services include: Personal Care and Respite for adults and children and Skilled Nursing visits for adults only. Insurance: Medicaid, Private Pay and Veterans Benefits.

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KAHIN Corporation - Home Healthcare (Rev.11/10/22)	44121 Harry Byrd Hwy STE 235, Ashburn, VA 20147	Ph:703- 483-9008 Fax:703- 340-8411 Email: info@kahincorporation.com Website:https://www.kahincorporatio n.com	KAHIN Corporation - Home Healthcare provides private duty nursing and personal care services. Hours: Monday -Friday 9:00 AM - 5:00 PM;Saturday and Sunday -CLOSED. Please call for further information.
Kare Management Solutions, LLC (Rev.11/10/22)	6303 Little River Turnpike # 330 Alexandria, VA 22312	Ph:703- 992-8005	Kare Management Solutions, LLC provides private duty nursing services. Please call for further information.
La Casa Inc. (Rev.6/30/24)	La Casa Inc PO Box 72922 N. Chesterfield VA 23235	Ph:804-353-0461 Fax:804-497-7401 Email:Lacasaincva@verizon.net Website:https://www.lacasaincva.net	La Casa, Inc., offer Case Management and/or Service Facilitation of Consumer-Directed Services to the DD/ID (CL & FIS), EPSDT and CCC Plus Waiver recipients through the Division of Long-Term Care Department of Medical Assistance Statewide. Please call for further information.
Lifeline Home Care Inc-Centreville Office (Rev.11/14/22)	14701 Lee Hwy # 206 Centreville, VA 20121	Ph:703- 543-7511 Fax: 703-543-7512 Email:info@lifelinehomecare.com Website:https://www.lifelinehomecar e.com	Lifeline Home Care Inc. provides private duty nursing, skilled nursing, personal care and respite. Medicaid is accepted. Please call for further information.
Lifeline Home Care Inc -North Virginia Office (Rev.11/14/22)	10440 Balls Ford Road, Suite 165 Manassas, VA 20110	Ph: 703-543-7511 Fax: 703-543-7512 Email:info@lifelinehomecare.com Website:https://www.lifelinehomecar e.com	Lifeline Home Care Inc. provides private duty nursing, skilled nursing, personal care and respite. Medicaid is accepted. Please call for further information.
Lifeline Home Care Inc-Hilton Head Office (Rev.11/14/22)	380 Marshland Road Suite J12 Hilton Head, SC 29926	Ph: 1800 999 8716 Fax: 703-543-7512 Email:info@lifelinehomecare.com	Lifeline Home Care Inc. provides private duty nursing, skilled nursing, personal care and respite. Medicaid is accepted. Please call for further information.

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Ma-Lowe Home Care Agency, Inc (Rev.11/10/22)	101 S Whiting St # 319, Alexandria, VA 22304	Ph:703- 370-4002 Email: malowe.homecare@gmail.com mariamalowe@gmail.com Website:ht tp://www.malowehomecare.com	Ma-Lowe Home Care Agency, Inc. provides Skilled Nursing / Private Duty Nursing services. Hours: Monday-Friday 10 AM to 5 PM and Saturday and Sunday Closed. Insurance: Medicaid, Medicare and most major insurances are accepted. Please call for further information.
Maxim Healthcare Services, Inc. - Abingdon (Rev.11/16/22)	406 West Main Street 2nd Floor Abingdon, VA 24210	Ph:276- 619-5106 Fax:855- 245-8904 Email:abingdonoffice@maxhealth.com Website:https://www.maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.
Maxim Healthcare Services, Inc. -Falls Church (Rev.11/16/22)	7600 Leesburg Pike West Building, Suite 204 Falls Church, VA 22043	Ph:703- 533-3131 Fax:855-239-6134 Email:northernva@maxhealth.com Website:https://www.maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.
Maxim Healthcare Services, Inc. -Glen Allen (Rev.11/16/22)	4235 Innslake Dr. Suite 200 Glen Allen, VA 23060	Ph:804- 355-9800 Fax: 888- 265-4199 Email:richmond@maxhealth.com Website:https://www.maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.
Maxim Healthcare Services, Inc. - Newport News (Rev.11/16/22)	11818 Rock Landing Dr. Suite 200 Newport News, VA 23606	Ph: 757- 595-8822 Fax:855- 415-4963 E-mail: newportnews@maxhealth.com Website:www.maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.

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Maxim Healthcare Services, Inc. - Roanoke (Rev.11/16/22)	1332 Plantation Road Roanoke, VA 24012	Ph:540- 725-1572 Fax:866- 941-4331 E-mail: Roanoke@maxhealth.com Website:www.maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.
Maxim Healthcare-Virginia Beach/Norfolk (Rev.11/16/22)	Maxim Healthcare 293 Independence Blvd Suite 400 Virginia Beach, VA 23462	Ph: 757-490-3009 Toll Free:800-804-3009 Fax:877-799-3228 Email:vabeach@maxhealth.com Website:www.maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.
Maxim Healthcare-Woodbridge (Rev.11/16/22)	12632 Darby Brooke Ct. Unite B3 & B4 Woodbridge, VA 22192	Ph: 703- 490-0796 Fax:877- 394-6798 Email: Woodbridge@maxhealth.com Website:www.maximhealthcare.com	Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.
Medi Home Health Agency	1112B Eden Way N, Suite 200 Chesapeake VA 23320	Ph:757- 420-7192 Fax:757- 420-7196 Web Site: www.msa-corp.com	Medi Home Health Agency is a comprehensive provider of home healthcare services. They specialize in seniors and adults with disabilities. On call, 24 hours a day 7 days a week.
Mid-Atlantic Home Health-Tappahannock	Richmond, VA	Ph: 804-755-7596 Fax: 804- 443-3050	Mid-Atlantic Home Health-Tappahannock provides personal care and nursing services for children and adults.

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Moms in Motion -CCC Plus (Commonwealth Coordinated Care Plus) Waiver and DD (Family & Individual Support (FIS) and Community Living (CL)) Service Facilitator (Rev.02/24/25)	Moms In Motion P.O. Box 609, Front Royal, VA 22630	Ph: 844- 828-5591 Fax: 703- 468-4958 Email: info@MomsInMotion.net Website:https://momsinmotion.net	Motion (Moms) is a Consumer-Directed Service Facilitation provider for Virginia Medicaid waivers: CCC Plus & DD (CL & FIS). We serve Virginians of all ages. They serve individuals and their families by providing resources, information, engaging in advocacy through community- and state-wide networks, and by assisting people in navigating the waiver world's constant changes because everyone deserves a fulfilling quality of life. Covered areas: Division 1:Clarke,Loudoun,Fairfax and Arlington. Division 2: Fauquier, Prince Williams,Culpeper,Stafford,Orange,Spotsylvania,King George,Caroline,Westmoreland,Essex. Division 3:Madison,Green,Albemarle,Louisa,Fluvanna and Buckingham. Division 4:Frederick,Shenadoah,Warren,Rappahannock,Paige,Augusta,Nelson,Rockbridge, Bath, Alleghany, and Rockingham. Division 5 : Washington,Smyth,Wythe,Pulaski,Giles,Montgomery,Craig,Botetourt,Amherst,Appomattox,Campbell,Bedford,Roanoke,Salem,Franklin and Henry. Division 6:Norfolk Virginia Beach Hampton Newport News and Portsmouth Division 7: Mid-Atlantic Home Health-Tappahannock provides personal care and nursing services for children and adults.
Mid-Atlantic Home Health-Tappahannock	1413 Tappahannock Blvd, Tappahannock, VA 22560	Ph: 804- 443-2971 Fax: 804- 443-3050	Mid-Atlantic Home Health-Tappahannock provides personal care and nursing services for children and adults.
Pediatric Services of America (Rev.11/15/22)	5278 Lyngate Ct, Burke, VA 22015	Ph:703- 873-7672	Pediatric Services of America provides private duty nursing services. Please call for further information.
Prosperity In-Home Health Care Services, LLC (Rev.01/15/21)	PO Box 2534 Stafford, VA 22555	Hampton Roads Office: 757-828-5207 Fax:757-828-5208	Prosperity In-Home Health Care Services provides personal care services and respite services. Please call for further information.
Providence Care, Inc.-Private Duty Nursing (Rev.11/10/22)	6911 Richmond Hwy # 206, Alexandria, VA 22306	Ph:703- 718-0931 OR 800-636-8808	Providence Care Inc. provides private duty nursing services. Please call for further information.
Reliable Health Care Services - Nursing Services (Rev.11/10/22)	820 Gibbon Street, Suite 206 Alexandria VA, 22314	Contact:Carla Cooper Cell 571-330-8090 Ph:703- 419-3390 To inquire more about payment options available Ph: 571-	Reliable Health Care Services is a licensed, insured, and bonded home health care agency providing 24 hour nursing services (Private Duty Nursing, Respite Care,Personal Care Aide, Home Health Aide, Skilled Nursing, Companion Sitter, Home Infusion Therapy,Physical Therapy,Occupational Therapy, Speech Therapy Medical Social Worker and Chaplain) to patients with medical and
Rescare Homecare (Rev.11/10/22)	14088 Sullyfield Circle M; Chantilly, VA 20151	Ph:703- 817-1555	Rescare Homecare provides private duty nursing services. Please call for further information.

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Toddlers To Grandparents (Rev.09/05/24)	Toddlers To Grandparents, LLC. P.O. Box 1809, Midlothian, VA 23113	Toll Free:800- 683-1799 Ph:804- 302-5161 (local) Fax:800- 810-3903 Email:info@toddlerstograndparents.com Website:https://www.toddlerstograndparents.com	Toddlers To Grandparents provides service facilitation for consumer-directed services (CDS) for the EDCD, DD and ID Waivers and case management for the DD Waiver for the entire State of Virginia. They serve children from 6 weeks to old to adults well into their 90's all with varying abilities. Some of those identified special needs include Chromosomal Disorders, Autism Spectrum Disorders, Cerebral Palsy, Spina Bifida, Down Syndrome, Dementia, Alzheimers, Stroke Victims, Cancer, Diabetes and a wide variety of sensory integration and multi-disabling disorders along with the medically fragile. Please call for further information.
Thrive Skilled Pediatric Care (Rev.11/16/22)	Richmond Location: 1300 Semmes Avenue Richmond, VA 23224	Richmond Location: Nursing/Therapy: 804-200-6250 fax: 855-602-1010	Thrive Skilled Pediatric Care® provides high quality clinical home care to medically fragile children. Services include:nursing,therapy,home medical equipment and nutritional support. Please call for further information.
Tristate Quality Care Home Health (Rev.11/10/22)	7202 Fordson Rd, Alexandria, VA 22306	Ph:703- 665-3566 OR 703- 660-1366 Fax: 866- 766-3167	Tristate Quality Care Home Health provides private duty nursing.Hours:Monday – Friday: 9:00 – 5:00;Saturday: Closed Sunday: Closed. On-Call: 24 Hours. Please call for further information.
Ultimate Keepers Home Care, Inc- Private Duty Nursing (Rev.11/10/22)	8993 Cotswold Dr #2 Burke, VA 22015 OR 8609- A Engleside Office Park Alexandria VA 22309	Ph:703- 520-0153 Fax: 703-619-0326 Email:info@ultimatekeepers.com Website:http://www.ultimatekeepers.com	Ultimate Keepers Home Care, Inc provides the following services:Skilled Nursing,Personal Care Services,Private Duty Nursing – Pediatrics,Companion & Homemaker,Respite Care,Dementia/Alzheimer's Care,Geriatric Care,.End of Life Care Occupational Therapy and Physical Therapy.
Welcome Homecare (Rev.07/28/21)	7323 Boulders View Lane Richmond, Virginia 23225	Ph:804- 745-0054 Fax:804- 745 0388 Website: https://whcva.com	Welcome Homecare provides skilled private duty nursing. Target Population: adults and seniors. Hours: office hours are 8:30am to 5pm M-F, and on-call pager services after hours, weekends and holidays. Clinical services are
HOUSING ASSISTANCE/HOUSING SERVICES			
Affordable Housing Production/Preservation (rev.01/17/22)	Affordable Housing Production/Preservation	Ph:804- 371-7120 Email: Kevin.Hobbs@dhcd.virginia.gov Website: http://www.dhcd.virginia.gov/HomelessnesstoHomeownership/Affordable HousingProductionProgram.htm	Affordable Housing Production/Preservation provides below-market rate loans, on a quarterly competitive basis, funded through the HOME Investment Partnership Program for the following eligible activities: new construction and rehabilitation of rental housing, and acquisition when coupled with new construction or rehabilitation activities. Only State Certified CHDOs are eligible for new construction and rehabilitation of single family housing for sale to income eligible home buyers, and acquisition when coupled with new construction or rehabilitation activities for homeownership opportunities. Please
AHC(Affordable Rental Housing) (Rev.12/31/21)	AHC Inc. 2230 North Fairfax Drive Suite 100 Arlington, VA 22201 and Management AHC	Contact: Susan Davidson Ph: 703-486-0626 x 1112 or Email:susan.davidson@ahcinc.org.A HC Management Ph:703- 271-8400 Website:https://www.ahcinc.org	AHC is committed to helping all our residents stay securely housed. If you are struggling to pay rent, our experienced Resident Services team can help you access rent relief resources and develop payment plans. Please call for a confidential discussion.

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Albemarle County Office of Housing (Rev.01/17/22)	1600 5th Street, Extended Suite B Charlottesville, VA 22902	Ph: 434- 296-5839; Fax: 434- 293-0281 Email: rwhite2@albemarle.org Website: www.albemarle.org/housing	The Albemarle County Office of Housing has operated since 1975 serving residents of the County through a variety of housing assistance programs with a mission of promoting opportunities for all county citizens to secure and maintain safe, decent, accessible, and affordable housing with emphasis given to those least able to obtain it. Please call or visit the website for further information.
Albemarle Housing Improvement Program, Inc. (Rev.01/17/22)	2127 Berkmar Drive Charlottesville, VA 22903	Ph: 434- 817-2447 Fax : 434-973-3730 Email: jjacobs@ahipva.org Website: www.ahipva.org	Albemarle Housing Improvement Program, Inc. has helped low-income homeowners stay safe, warm and dry. AHIP, a private non-profit organization, serves residents with housing rehabilitations, emergency repairs and affordable rental housing. Please call or visit the website for further information.
Alexandria Office of Housing (Rev.01/17/22)	421 King Street Suite 200 Alexandria, VA 22314	Ph:703- 746-4990 TTY: 838-5056 Fax:703- 746-3904 Email: mildrilyn.davis@alexandriava.gov	Alexandria Office of Housing (AOH) coordinates and administers city housing and housing-related programs and services and also makes recommendations to the City Manager and City Council on housing policy for the city of Alexandria. AOH also works closely with the Alexandria Redevelopment and Housing Authority on public and assisted housing issues. AOH offers the following:
Alexandria Redevelopment and Housing Authority (Rev.01/17/22)	600 North Fairfax Street Alexandria, VA 22314	Ph: 703 549-7115 Fax Number: 703- 549-8709 Email: rpriest@arha.us	The Alexandria Redevelopment and Housing Authority's (ARHA) mission is to preserve and expand housing opportunities for low-income families. Its strategies for meeting this goal include the provision of 1,150 units of safe, decent and sanitary public housing for low-income families, the elderly and the disabled at affordable rents.
ALIVE! House (Rev.12/31/21)	ALIVE!, Inc. 2723 King Street Alexandria, VA 22302	Ph:703- 837-9300 Email:info@alive-inc.org	ALIVE! House is the oldest continuously operating shelter for women in the Commonwealth of Virginia. Their mission is to help residents recognize their own distinctive interests, strengths, and skills, and to assist them in achieving their goals of housing and stability. Please call for a confidential discussion.
An Affordable Housing Corporation (Rev.01/17/22)	2230 N. Fairfax Drive Suite 100 Arlington, VA 22201	Ph: 703- 486-0626 Fax: 703- 486-0653 Email: ahc@ahcinc.org Website: www.ahcinc.org	An Affordable Housing Corporation AHC Inc. is a private, non-profit developer of low-and moderate-income housing with 35 years of service to Arlington and the surrounding community. AHCs mission is to preserve and produce, quality affordable housing. They develops and manages affordable rental housing and
Appalachian Community Action & Development Agency, Inc. (AppCAA) (Rev.04/19/22)	175 Military Lane	Ph: 276- 452-2441 Fax: 276- 452-2472 Email: ldupree@appcaa.org	Appalachian Community Action (previously known as Rural Areas Development Association, Inc.) offers several housing related programs as: Weatherization and Emergency Home Repair. Income guidelines are based on either 125% of the Federal Poverty Guidelines or 80% of the Area Median Income depending
Appalachia Service Project, Inc. - Jonesville Center (Rev.04/19/22)	Lee Co. VA - Jonesville Center of ASP383 Asp Dr P.O. Box 250	Ph: 276- 346-3377 Fax:276- 346-2477 Email: president@asphome.org Website:www.asphome.org	Appalachia Service Project (ASP) is a home repair and home building ministry through which volunteers and staff repair and build homes for low-income families in rural Central Appalachia. The organization is a Christian ministry, open to all people, that addresses the housing needs of Central Appalachia. Please call for further information.

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Ashland Supportive Housing (Rev.01/17/22)	654 South Taylor St Ashland, VA 23005	Ph:804- 665-6691 Email: resourceash@gmail.com	Ashland Supportive Housing provide long-term housing and direct care support for adults with intellectual and developmental disabilities (I/DD).
Bay Family Housing, a division of Bay Aging (Rev.01/19/22)	5306 Old Virginia Street P.O. Box 610 Urbanna, VA 23175	Ph: 804-758-1260 Fax: 804-758-1265 Email: jgemerek@bayaging.org Website: www.bayaging.org	Bay Family Housing, a division of Bay Aging goal is to help people remain living independently for as long as possible. The housing division of Bay Aging, administers the following community service programs: Weatherization Assistance, Indoor Plumbing, Rehabilitation, Emergency Home Repair, HUD-Certified Housing Counseling / Financial Literacy, Affordable Multi-Family
Big Stone Gap Redevelopment and Housing Authority Rev.01/19/22)	170 Dogwood Terrace P.O. Box 536 Big Stone Gap, VA 24219	Ph: 276- 523-4788 Fax: 276= 523-3250 Email: info@bigstonegap.org	Big Stone Gap Redevelopment and Housing Authority provides the land, develops new and rehabilitates existing low-income, single family and multifamily housing. It participates in federal (Rural Development and HUD) rehabilitation, weatherization and rental assistance programs. Please call for further information.
Blue Ridge Housing Network, Inc. (Rev.01/19/22)	Blue Ridge Housing Network, Inc. Address: 134 Peyton Street Suite A Front Royal, VA 22630	Ph:540- 622-2711 Faxr: 540- 622-2715 Email: brhn@shentel.net Website: www.brhn.net	Blue Ridge Housing Network, Inc. is working for safe, decent and affordable housing through community participation. They serve low- to moderate-income families by providing rental counseling, pre-purchase and post-purchase housing counseling, and foreclosure counseling. BRHN also host VHDAs homebuyer
Borromeo Housing, Inc. - Elizabeth House (Rev.01/19/22)	St. Charles Church 3304 N Washington Boulevard Arlington, VA 22201	Ph: 703- 841-0139 Fax Number: 703- 528-7607 Email: borromeohousing@gmail.com Website: www.BorromeoHousing.org	Borromeo Housing is a successful transitional housing program for homeless and at-risk mothers and their children. Called "Elizabeth House", this program provides a bridge for women and their families who need intensive services and training to strengthen their capacity to be self-sufficient. This includes training to
BRASS Housing Assistance (Rev.01/19/22)	331-B King George Ave., SW Roanoke, VA 24016	Ph: 540- 344-3705 Fax: 540- 344-6938 Email: keith@housingassistance.roacoxmail.com	BRASS Housing is a 501c3, tax-exempt corporation that provides Housing opportunities for Persons With AIDS through The HOPWA grant. The program provides emergency short-term assistance for rent, utility and mortgage payments as well as long-term rental assistance for eligible HIV-positive persons who are homeless or at risk of becoming homeless. Types of Assistance:
Bristol Redevelopment and Housing Authority (Rev.01/19/22)	Bristol Redevelopment and Housing Authority Address: 809 Edmond Street Bristol, VA 24201	Ph: 276- 642-2001 Fax: 276- 642-2015 Email: diana@brha.com Website: www.brha.com	Bristol Redevelopment and Housing Authority is dedicated to serving low-income households with decent, safe and affordable housing. BRHA also administers the Section 8 program, which allows rental assistance in the private sector for low-income households. Onsite supportive services are available. BRHA partners with local agencies to provide services to the community. Resident Opportunity and Self Sufficiency grants for an Elderly Service Coordinator and Elderly Service Delivery *Public Housing Drug Elimination
Buckingham Housing Development Corporation, Inc. (Rev.01/19/22)	19N Gold Hill Village New Canton, VA 23123	Ph: 434- 581-2605 Fax: 434- 581-2606 Email: bhdc@moonstar.com	Buckingham Housing Development Corporation, Inc. provides improved housing conditions for low- and moderate-income people through both the direct production and subsidies for existing rental housing. The organization manages two housing developments for low-income and special needs populations. Please call for further information.

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Catholics for Housing, Inc. (Rev.01/26/22)	18139 Triangle Shopping Plaza, Suite 209 18139 Triangle Shopping Plaza Dumfries, VA 22026	Ph: 703- 221-4510 Fax: 703- 221-3708 Email: info@cfhva.org Website: www.cfhva.org	Catholics for Housing, Inc., is a non-denominational, not-for-profit 501(c)3 organization that provides affordable housing opportunities to low and moderate income households in Northern Virginia. Catholics for Housing provides a continuum of housing that addresses a variety of housing needs: rental assistance for extremely low income senior households to allow them to live independently in their own secure apartment; security deposit assistance to help
CCCS of Hampton Roads/Center for Child & Family Services	CCCS of Hampton Roads/Center for Child & Family Services, 2021 Cunningham Drive, Suite 400, Hampton, VA 22666	Ph:757- 826-222 Fax:757- 838-8021 Website:www.debtfreeonline.com	Fair housing assistance; home equity conversion mortgage counseling; homebuyer education programs; loss mitigation; marketing/outreach initiatives; mobility/relocation counseling; money debt management; mortgage delinquency/default resolution counseling; post-purchase counseling; predatory
Central Virginia Housing Coalition (Rev.01/26/22)	208 Hudgins Road Fredericksburg, VA 22408	Ph:540- 604-9943 Fax: 540- 604-9949 Email: cjones@centralvahousing.org Website: www.centralvahousing.com	The mission of Central Virginia Housing Coalition (CVHC) is: To improve the regional quality of life by providing affordable housing to low income families through coalition, education, counseling and financial assistance. Programs include: Housing Choice Voucher Program (HCV/P) a HUD/VASH funded
Charlottesville Redevelopment and Housing Authority (Rev.01/26/22)	City Hall, Building A, Room A040 605 East Main Streets Charlottesville, VA 22902	Ph:434- 970-3253; Fax:434- 971-4797 Email: schwartz@charlottesville.org Website:	The mission of the Charlottesville RHA is to provide affordable housing to low-income people and to assist low and moderate-income people in achieving economic independence and self sufficiency through such efforts as homeownership. Please call for further information.
City of Fall Church, Housing and Human Services Unit (Rev.01/26/22)	300 Park Avenue, Room G04 Falls Church, VA 22046	Ph: 703- 248-5005 TTY: 711 Fax:703= 248-5149 Email: hhsinfo@fallschurchva.gov Website: www.fallschurchva.gov	City of Fall Church, Housing and Human Services Unit offer services that include rental assistance, first-time homebuyers assistance, landlord/tenant mediation, referrals for the homeless, homeownership information, a rental vacancy list, a fair housing guide, and senior housing. The City administers a Community Development Block Grant Program and HOME Investment Partnership Program.
Commonwealth Catholic Charities - Resettlement Services (Rev.03/28/22)	820 Campbell Ave S.W. Roanoke, VA 24016	Ph:540- 342-756 1Website: http://www.cccofva.org	Commonwealth Catholic Charities provides housing counseling and case management for their Share HIP Housing Assistance Program. Services include rent, security deposit and mortgage assistance in order to prevent homelessness. Please call or visit the website for further information.
Community Housing Development Organization (CHDO)- Development Assistance Fund (Rev.01/26/22)	Community Housing Development Organization (CHDO)- Development Assistance Fund	Ph:804- 371-7020 Email: Kevin.Hobbs@dhcd.virginia.gov Website:	Community Housing development Organization (CHDO) is a private, non-profit, community-based service organization whose primary purpose is to provide and develop affordable housing for the community it serves. Please call for further information.
Community Housing Partners - Central Office (Rev.01/26/22)	4915 Radford Ave, Suite 300 Richmond, VA 23230	Ph:804- 343-7201 Website: www.communityhousingpartners.org	Community Housing Partners (CHP) is a 501(c)(3) community development corporation that serves the needs of low-income and low-wealth individuals and families in the southeast. Their mission is to create affordable, green, sustainable housing opportunities and services for the people and communities served. CHP has served over 206,000 people, including elderly people, women and children in transition, formerly homeless people, single female heads-of-
Community Housing Partners - Christiansburg Office (Rev.01/26/22)	448 Depot Street Christiansburg, VA 24073	Ph:540- 382-2002 Fax:540- 382-1935 Email: jcasper@chpc2.org Website: www.communityhousingpartners.org	Community Housing Partners (CHP) is a 501(c)(3) community development corporation that serves the needs of low-income and low-wealth individuals and families in the southeast. Their mission is to create affordable, green, sustainable housing opportunities and services for the people and communities served. CHP has served over 206,000 people, including elderly people, women and children in transition, formerly homeless people, single female heads-of-

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Covington Redevelopment and Housing Authority (Rev.01/26/22)	1011 North Rockbridge Avenue Covington, VA 24426	Ph:540- 965-7100 Fax:540- 965-7104 Email: cocovha@ntelos.net	The Covington Redevelopment and Housing Authority (CRHA) is responsible for assisting area residents in acquiring safe, sanitary and affordable housing units in the city of Covington. CRHA offers the following programs: The Housing Choice Voucher Program (58 Vouchers) assists very low-income families, the elderly and handicap individuals with rent payments based on income Grant Management services to localities awarded a Community Development Block Grant. Please call for further information.
Crossroads Shelter (Rev.04/20/22)	P.O. Box 117 240 Calhoun Street Wytheville, VA 24382	Ph:276- 228-9270 Fax:276- 228-9645 Email: crossroads@naxs.net Website: www.crossroads-shelter.org	Crossroads Shelter, Inc. (CSI) is a non-profit 24 bed emergency shelter the provides a variety of services including, but not limited to, the basic needs for homeless persons and families through life skills training and parenting counseling. The organization serves single men and women, couples and families with children. CSI provides financial counseling, budgeting, literacy assessment and tutoring, job readiness training, substance abuse counseling, mental health assessment and referral, employment and housing referral as part of a 90-day program which is geared toward employment and independent
Cumberland Plateau Regional Housing Authority (Rev.01/26/22)	35 Fox Meadow Dr Lebanon, VA 24266	Ph:276- 889-4910 Fax: 276- 889-4615 Email: kviers@bvuu.net Website: www.cprha.com	Cumberland Plateau Regional Housing Authority has developed and operated eight housing complexes in three of its member counties and has completed a six residence subdivision in which the homes were sold to Section 8 rental assistance or public housing residents. CPRHA administers the Indoor Plumbing Rehabilitation in Buchanan, Dickenson and Russell Counties, and a housing rehabilitation program funded by Rural Development, flood recovery programs and CDBG housing rehabilitation programs in Buchanan, Dickenson and Russell Counties in collaboration with the Cumberland Plateau Planning District
Danville Redevelopment and Housing Authority(Rev.01/26/22)	135 Jones Crossing P.O. Box 2669 Danville, VA 24541	Ph: 434- 793-1222 Fax:434- 792-2118 Email: gwasson@drhava.com Website: www.drhava.com	The Danville Redevelopment and Housing Authority (DRHA) was established to provide safe, decent, and sanitary temporary housing for qualified low- and very low-income individuals and families. DRHA seeks to provide decent safe, sanitary and affordable housing to low-income families by programs administered through the Public Housing Program and the Section 8 Program under the Department of Housing and Urban Development. Please call for further information.
Emporia Redevelopment and Housing Authority (ERHA) (Rev.01/26/22)	201 S Main St Emporia, VA 23847	Ph:434- 634-3332 Fax:434- 634-0003 Email: shall@ci.emporia.va.us Website:www.ci.emporia.va.us	Emporia Redevelopment and Housing Authority mission is to facilitate redevelopment and housing related projects in the City. Please call for further information.
Fairfax County Redevelopment and Housing Authority (Rev.02/01/22)	3700 Pender Drive Suite 300 Fairfax, VA 22030	Ph: 703- 246-5100 Fax: 703- 246-5115 Email: rha@fairfaxcounty.gov Website: www.fairfaxcounty.gov/rha	Fairfax County Redevelopment and Housing Authority (FCRHA) preserves and provides housing for low- and moderate-income people and assists in the improvement and redevelopment of declining areas. Services include homeownership programs, elderly housing, home improvement loans, home repair for qualified elderly and disabled people, bond financing of affordable housing, administration of HOME and Community Development Block Grant

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Falls Church Housing Corporation (Rev.02/02/22)	330-B South Virginia Avenue Suite 2 Falls Church, VA 22046	Ph:703- 241-5402 Email: fchc@fallschurchhousing.org Website: www.handhousing.org/fallschurchhousing	Falls Church Housing Corporation is a non-profit organization that aims to improve housing opportunities in Falls Church for low- and moderate-income households, with an emphasis on the needs of families with children, senior citizens, the disabled and the handicapped. Please call or visit the website for further information.
Fauquier Housing Corporation/FHC (Rev.02/02/22)	34 Beckham Street P.O. Box 357 Warrenton, VA 20186	Ph: 540- 341-2805 Fax:540- 347-9811 Email: trobinson.fhc@gmail.com	Fauquier Housing Corporation/FHC mission is to provide low/moderate income citizens of the five county service area to obtain affordable, safe and decent housing through a variety of housing programs. Please call or visit the website for further information.
Fluvanna/Louisa Housing Foundation (Rev.02/02/22)	P.O. Box 160 Louisa, VA 23093	Ph:540- 967-3483 Fax:540- 967-3488 Email: dburke@louisa.org Website:http://www.louisa-county.com/LCliving/HousingBrochure.htm	The Fluvanna Housing Foundation and the Louisa County Housing Foundation merged into a single organization, the Fluvanna/Louisa Housing Foundation. This organization manages the Section 8 Rental Assistance program in both counties. The FLHF has a part-time home buyer counselor on staff to assist first time homebuyers. The organization manages the Indoor Plumbing Program and State Emergency Home Repair Program. In addition, the Foundation has funds for grants and loans to repair dwellings. The FLHF also provides/installs/sells portable, modular aluminum ramps. Please call for further information.
Foothills Housing Corporation (Rev.02/02/22)	47 Garrett St, #205 Warrenton, VA 20186	Ph: 540- 341-2805 Fax: 540 347-9811 Email: jpreid.fhc@gmail.com Website: www.foothillshousingcorp.com	Foothills Housing Corporation is a 501 (c) 3 not-for-profit committed to sustainable community development and ecological design. Our service areas includes 10 Virginia counties: Culpeper, Fauquier, Frederick, Madison, Orange, Rappahannock, Spotsylvania, Stafford, Warren and Winchester. Please call for further information.
Giles County Housing Development Corporation (Rev.02/03/22)	601 Wenonah Ave. Pearisburg, VA 24134 Phone Number: (540) 726-2365 Fax Number: (540) 726-7210 Email: wmeador@i-plus.net	Ph:540- 726-2365 Fax:540- 726-7210 Email: wmeador@i-plus.net	Giles County Housing Development Corporation mission is to serve low- and moderate-income families in Giles by: Providing quality affordable housing Assisting local government in planning and implementation of housing programs Managing developed properties Educating the community about housing issues. Please call for further information.
Good Shepherd Housing and Family Services, Inc. (Rev.02/03/22)	8305 Suite 17B Richmond Highway P.O. Box 15096 Alexandria, VA 22309	Ph:703- 768-9404 Fax:703- 768-9419 Email: info@goodhousing.org Website:www.goodhousing.org	Good Shepherd Housing (GSH) provides housing, emergency assistance, and related services to help families and individuals escape homelessness and attain self-sufficiency. The staff of Good Shepherd Housing, both paid and volunteer, provide support services to move families on to self-sufficiency. Budget counseling, and agency referrals are key tools in their success, as is the focus on Individual Action Plans. The Emergency Services Program provides

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Good Shepherd Housing Foundation (Rev.02/03/22)	Good Shepherd Housing Foundation Address: P.O. Box 4428 Woodbridge, VA 22194	Ph:703- 730-1078 Fax: 703-670-0465 Email: gshf@comcast.net	Good Shepherd Housing Foundation provides permanent supportive housing solutions for persons and families who are homeless or in imminent danger of homelessness due to chronic low-income. They also provide housing for chronically mentally ill single adults in three Shepherd Homes, located in safe area communities. A Horticulture Therapy Program is provided at Shepherd House III. This program provides a daily therapeutic program for 12-15 chronically mentally ill and developmentally disabled residents of area residential programs. Please call for further information.
Habitat for Humanity	Habitat for Humanity 809 Main Street Newport News, VA	Ph: 757-596-5553.	Habitat for Humanity :Low income Peninsula residents with at least two family members and a credit rating that reflects responsibility, may contact the Peninsula Habitat for Humanity to file an application for home ownership. Applications are accepted twice a year. Volunteers, 16 years and older, may also call for an application to volunteer. Please call for information.
Habitat for Humanity in the Roanoke Valley (Rev.03/28/22)	403 Salem Ave SW Roanoke VA	Ph: 540- 344-0747 Fax:540- 343-1492 Email: brian@habitat-roanoke.org Website: www.habitat-roanoke.org	The mission of Roanoke Valley Habitat For Humanity (RVHFH) is to improve the lives of low-income families in need by providing affordable quality homes in partnership with homeowners and volunteers for the enhancement of the community. RVHFH serves families whose annual income falls between 24-50 percent of the Roanoke Median Family Income guideline. Qualified families are accepted into our program based upon their willingness to partner, need and ability to pay. RVHFH partner families are provided with a program of family
Habitat for Humanity of Prince William County, Manassas and Manassas Park (Rev.02/24/22)	9506 Center Street Manassas, VA	Ph:703- 369-6708 Fax:703- 393-2878 Email: info@HabitatPWC.org Website: www.habitatpwc.org	Habitat for Humanity of Prince William County, Manassas and Manassas Park (HFHPWC) is a non-profit, ecumenical Christian housing ministry seeking to eliminate poverty housing and make decent shelter a matter of conscience and action. Please call for further information.
Habitat for HumanityTazewell County (Rev.04/20/22)	P.O. Box 602	Ph: 276- 963-0525 Fax:276- 988-2498 Email: info@tazewellcohabitat.com	Habitat for HumanityTazewell is part of a global, nonprofit housing organization operated on Christian principles that seeks to put God's love into action by building homes, communities and hope. Please call for further information.
Harrisonburg Redevelopment and Housing Authority (Rev.02/03/22)	286 Kelley Street P.O. Box 1071 Harrisonburg, VA 22802	Phr:540- 434-7386 Fax:540- 432-1113 Email: wongway@harrisonburgrha.com Website:www.harrisonburgrha.com	Harrisonburg Redevelopment Housing Authoritys mission is to promote adequate and affordable housing economic opportunity and a suitable living environment free from discrimination and to foster redevelopment of blighted areas to ensure economic, social and housing vitality of our community. Please call or visit the website for further information.

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Help with Housing (Rev.02/03/22)	Help with Housing Address: P.O. Box 124 Berryville, VA 22611	Ph:540- 955-1706 Fax:540- 955-2180 Email: hwh@visuallink.com Website:www.helpwithhousing.org	The mission of Help With Housing, Inc. is to reduce the incidence of substandard housing by providing emergency and critical home repair assistance to low-moderate income, elderly, disabled citizens. The services that HWH provides are: Emergency Home Repair and Accessibility Repair Services.HWH works with many other agencies in providing assistance to our target population: Social Services, SE/RCAP, Health Departments, Community Services, Access Independence, Rural Development, and County Governments.
Home Modification & Safety-Housing Repair, Neighbors Helping Neighbors Project Mend-A-House (Rev.03/29/22)	8787 Commerce Court, Manassas, VA 20110	Ph:703- 792-7663	Neighbors Helping Neighbors provides modifications, repairs and equipment that make homes safer and more accessible. They may provide financial assistance or low cost to pay for the modifications, repairs and equipment. Please call for further information.
Homeless Assistance Program (Rev.08/09/22)	Homeless Assistance Program	Contact:Terri Lawson Homeless Crisis Line Coordinator Homeward Ph:804-972-0813 Email:tlawson@homewardva.org	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Assistance Program-City of Roanoke (Rev.08/10/22)	Homeless Assistance Program-City of Roanoke	Contact: Carol Tuning Human Services Administrator/CoC Chair City of Roanoke Ph:540-312-8301 Email:carol.tuning@roanokeva.gov	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Assistance Program-Alexandria (Rev.08/10/22)	Homeless Assistance Program-Alexandria	Contact: Jessica Lurz, MSW Director, Office of Community Services City of Alexandria, Ph:703-746-5973 Email:jessica.lurz@alexandriava.gov	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Assistance Program-Arlington County (Rev.08/10/22)	Homeless Assistance Program-Arlington County	Contact: Jenna Adams Human Services Clinician Arlington County Ph:703-228-1305 Email:jdadams@arlingtonva.us	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.

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Homeless Assistance Program-Fairfax County (Rev.08/10/22)	Homeless Assistance Program-Fairfax County	Contact: Diana Pina Division Director, Programs Office to Prevent and End Homelessness Department of Housing and Community Development Department of Housing and	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Assistance Program-Fredericksburg (Rev.08/10/22)	Homeless Assistance Program-Fredericksburg	Fredericksburg Homelessness Helpline Ph:540-358-5801 Email:helpline@fredericksburgcoc.org	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Assistance Program-Mercy House- Harrisonburg, Winchester/Western Virginia (Rev.08/10/22)	Homeless Assistance Program-Mercy House- Harrisonburg, Winchester/Western Virginia	Contact: Shannon Porter Executive Director Mercy House Ph:540-432-1812 Email:sporter@themercuryhouse.org	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Assistance Program-Loudoun County (Rev.08/10/22)	Homeless Assistance Program-Loudoun County	Contact: Cesar Watts Program Manager County of Loudoun Ph:571-258-3516 Email:cesar.watts@loudoun.gov	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Assistance Program-Miriam's House, Inc.-Lynchburg (Rev.08/10/22)	Homeless Assistance Program-Miriam's House, Inc. PO Box 3196 Lynchburg, VA 24503	Contact: Alex Aleshire Coordinated Entry Specialist Ph:434-427-2442 Email:alex@miriamshouse.org	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.

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Homeless Assistance Program-Prince William County (Rev.08/10/22)	Homeless Assistance Program-Prince William County Dept. of Social Services 14716 Potomac Mills RD Woodbridge, VA 22192	Contact: Jeanine Gravette Human Services Program Manager Homeless Services Division Ph:703-792-7929 Email:jgravette@pwcgov.org	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Assistance Program-Thomas Jefferson Area Coalition for the Homeless (Rev.08/10/22)	Homeless Assistance Program-Thomas Jefferson Area Coalition for the Homeless	Contact "Anthony Haro Executive Director Thomas Jefferson Area Coalition for the Homeless Ph:434-973-1234, Ext. 120 Email:anthony@tjach.org	Homeless Assistance Program helps people who are experiencing or at risk of homelessness.
Homeless Prevention Program-Planning Council	Homeless Prevention Program-Planning Council	Ph:757- 622-9268	Serving the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach as well as the counties of Isle of Wight and Southampton, this program is designed to prevent persons from becoming homeless. The emphasis is on prevention, intervening before the eviction occurs and developing a plan for future stability. People residing in one of the above cities or counties and facing a housing crisis
Hopewell Redevelopment and Housing Authority (Rev.02/03/22)	Hopewell Redevelopment and Housing Authority 350 East Poythress Street P.O. Box 1361 Hopewell, VA 23860	Ph:804- 458-5160; TDD: 800- 838-2233 Fax:804- 458-3364 Email: hrha@firstsaga.com	Hopewell RHA provides housing opportunities to low and moderate-income families, the Housing Choice Voucher Program, the low-income public housing and other grant-funded initiatives.
Housing and Community Services of Northern Virginia, Inc.(Rev.02/03/22)	7426 Alban Station Boulevard Suite B-208 Springfield, VA 22150	Ph:703- 372-5440 Fax:703- 372-5445 Email: info@hcsnv.org Website: www.hcsnv.org	Housing and Community Services of Northern Virginia, Inc. is a private, not for profit corporation whose mission is to provide housing-related and other community services and advocate the need for affordable, decent and accessible housing to improve the quality of life and promote self-sufficiency for households in need.
Housing 1st	Housing 1st	Website:www.virginiassupportivehousing.org	Housing 1st is a program for single individuals. We do work with both the homeless and at risk for homelessness. Eligibility: must be chronically homeless and have a disabling condition. Please visit the website for further information.

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Housing Opportunities for Persons with AIDS (HOPWA) (Rev.02/16/22)	Housing Opportunities for Persons with AIDS (HOPWA)	Ph:804- 371-7113 Email: nicole.poulin@dhcd.virginia.gov Website: http://www.hud.gov/offices/cpd/aidshousing/programs	The HOPWA program is designed to provide states and localities with resources and initiatives to develop long-term comprehensive strategies for meeting the housing needs of low-income people with AIDS and their families. Please call for further information.
Housing Opportunities Made Economical, Inc. (Rev.02/16/22)	1501 Princess Anne Street Fredericksburg, VA 22401	Ph:540- 361-7477 Fax:540- 361-4417 Email: home@homeinc.us Website: http://home.communitypoint.org/index.htm	HOME, Inc., was formed in 1998 to provide the availability of affordable, accessible housing for People with disabilities which are in a severe housing crisis in Virginia. Please call for further information.
Housing Opportunities Made Equal (H.O.M.E.) (Rev.09/30/20)	Housing Opportunities Made Equal of Virginia, Inc. 626 East Broad Street, Suite 400 Richmond, VA 23219	Ph: 804-354-0641 Fax: 80-354-0690 Virginia Relay: 711 Email: help@HOMEofVA.org Website:www.phonehome.org	Housing Opportunities Made Equal mission is to ensure equal access to housing for all people. Service Areas: Housing Discrimination, Homeownership, Foreclosure Prevention, Move to Opportunity and Housing Stability. Hours: Monday through Friday, 9AM-5PM. Please call for further information.
Lee County Redevelopment and Housing Authority (Rev.04/20/22)	1223 Chappell Drive P.O. Box 665	Ph: 276- 346-3910 Fax:276- 346-3124 Email: lcrha@mounet.com	Lee County RHA assists low-income families in finding affordable housing through the administration of 532 Section 8 Rental Assistance Program contracts. They serve elderly, handicapped or disabled individuals. The homeownership program is helping low-income families become self-sufficient and possible homeowners. and the Plumbing/Rehabilitation Program assist existing houses with indoor plumbing and rehabilitation to provide low-income families with safe and sanitary living conditions. Please call for further information.
Roanoke Redevelopment and Housing Authority (Rev.03/29/22)	2624 Salem Turnpike, N.W. P.O. Box 6359 Roanoke, VA	Ph:540- 983-9281 Fax: (540) 983-9229 Email: info@rkehousing.org Website:	The mission of the Roanoke Redevelopment and Housing Authority (RRHA) is, in partnership with community organizations, agencies, and local governments: to provide housing and homeownership opportunities for low and moderate income persons; to take a leadership role in providing programs and resources for residents that promote and encourage self-sufficiency, self-esteem, and self-
Section 811 Supportive Housing for Persons with Disabilities	Section 811 Supportive Housing for Persons with Disabilities HUD office 600	Toll-Free: 800- CALL-FHA (800-225-5342) TTY: 800- 877-8339	Through the Section 811 Supportive Housing for Persons with Disabilities program, HUD provides funding to develop and subsidize rental housing with the availability of supportive services for very low-income adults with disabilities. The

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SHARE Homeless Intervention Program (HIP)-Richmond (Rev.03/29/22)	SHARE Homeless Intervention Program (HIP)	Ph:804- 371-7113 Fax: Email: nicole.poulin@dhcd.virginia.gov Website: http://www.dhcd.virginia.gov/HomelessnesstoHomeownership/Homelessnes Prevention_Services.htm	The Homeless Intervention Program (HIP) provides temporary rental and mortgage assistance to low-income households at imminent risk of homelessness due to a crisis situation, and security deposit and temporary rental assistance to homeless families and individuals. Eligibility for family or individual assistance is determined through a pre-screening and application process by a local HIP administrator. The program is administered by eligible nonprofit organizations and governmental entities. These include, but are not limited to, local government agencies and nonprofit organizations.
SHARE Homeless Intervention Program (HIP)-Waynesboro Redevelopment and Housing Authority (Rev.03/29/22)	1001 Hopeman Parkway Waynesboro, VA 22980	Ph Main: 540- 946-9230 Website:http://www.wrha.org/ http://www.wrha.org/WRHA_SHARE.htm	The purpose of the Homeless Intervention Program (HIP) is to prevent homelessness because of eviction or foreclosure of individuals and families and to provide time-limited financial and housing counseling assistance to low income individuals and families experiencing a financial crisis who are at risk of homelessness or who are currently homeless. HIP assistance is intended to facilitate their ability to maintain or obtain permanent housing. Please call for further information.
South Hampton Roads Habitat For Humanity-	South Hampton Roads Habitat For Humanity- 900 Tidewater Drive Norfolk	Ph:757-640-0590 Website: : WWW.shrhabitat.org Email:familyservices@shrhabitat.org	Habitat for Humanity constructs homes for people with poverty and low economic levels. This program is operated by the use of volunteers to reduce costs. No experience is necessary as qualified construction experts are on hand
The Endependence Center	The Endependence Center 6300 East Virginia Beach Boulevard Norfolk, VA 23502-2827	Ph:757- 461-8007 TDD:757- 461-7527 Fax: 757- 455-8223 757- 461-5035	Staff coordinates with public and private housing agencies to secure housing options that are accessible, affordable and suited to participant needs. Individuals receive services to assist them to prepare for independent housing.
The Stop Organization - Comprehensive Housing Counseling and Assistance	The STOP Organization Comprehensive Housing Counseling and Assistance 2551 Alameda Avenue	Ph: 757-858-1364	As a certified HUD Housing Counseling Agency, STOP assists renters/homeowners with counseling on credit, budgeting and debt management; mortgage default and foreclosure; fair housing issues and landlord/tenant relations. Referrals from social services agencies, banks and
The Stop Organization - Weatherization Program	The STOP Organization Weatherization Component 2551 Alameda Avenue, Norfolk, VA 23512	Ph: 757-858-1397	STOP provides weatherization service to qualified low-income residents. The work is regulated by the Department of Energy and consists of reducing air leakage, wrapping water heaters; insulating and venting attics. This work is especially important to the elderly, handicapped and single heads of
Veteran Home Loans-Housing, Realtor Assistance (Rev.03/29/22)	Housing, Realtor Assistance Freedom Support Center 32 W Washington St, Petersburg, VA 23803	Ph: 804- 691-4905 Fax:804- 835-9172	Housing, Realtor Assistance assist veterans who want to purchase or construct a home by issuing GI loans which feature moderate interest rates, no down payment, a long repayment period, and the right to pay all or a portion or the loan in advance without penalty. Please call for further information.
Veteran Home Loans-Housing- Veterans Home Loan Guarantees, Salem VA Medical Center (Rev,03/29/22)	Veterans Home Loan Guarantees, Salem VA Medical Center Virginia Department of Veterans Services 1970 Roanoke Blvd. Bldg. 8, Room 113, Salem, VA 24153	Ph:540- 982-2463 x6547 Fax:540- 982-8877	Veterans Home Loan Guarantees, Salem VA Medical Center assist veterans who want to purchase or construct a home by issuing GI loans which feature moderate interest rates, no down payment, a long repayment period, and the right to pay all or a portion or the loan in advance without penalty. Please call for further information.

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Veteran Home Loans-Housing- Veterans Home Loan Guarantees, South Hill Virginia Department of Veterans Services (Rev,03/29/22)	Veterans Home Loan Guarantees, South Hill Virginia Department of Veterans Services 118 East Danville Road, South Hill, VA 23970	Ph:434- 584-9100 Fax: 434- 584-9134	Veterans Home Loan Guarantees, South Hill assist veterans who want to purchase or construct a home by issuing GI loans which feature moderate interest rates, no down payment, a long repayment period, and the right to pay all or a portion of the loan in advance without penalty. Please call for further information.
Veteran Home Loans-Housing- Veterans Home Loan Guarantees, Springfield Virginia Department of Veterans Services	Veterans Home Loan Guarantees, Springfield Virginia Department of Veterans Services 6501 Littleton Road, Suite 200 Springfield, VA 22150	Ph:703- 417-9090 Fax:703- 417-9025	Veterans Home Loan Guarantees, Springfield assist veterans who want to purchase or construct a home by issuing GI loans which feature moderate interest rates, no down payment, a long repayment period, and the right to pay all or a portion of the loan in advance without penalty. Please call for further information.
Veteran Home Loans-Housing- Veterans Home Loan Guarantees, Roanoke Virginia Department of Veterans Services (Rev,03/29/22)	Veterans Home Loan Guarantees, Roanoke Virginia Department of Veterans Services 210 Franklin Road, Suite 810 , Richmond, VA 24011	Ph:540- 982-2463 x6547 Fax: 540- 982-8877	Veterans Home Loan Guarantees, Roanoke assist veterans who want to purchase or construct a home by issuing GI loans which feature moderate interest rates, no down payment, a long repayment period, and the right to pay all or a portion of the loan in advance without penalty. Please call for further information.
Virginia Housing (Rev.01/17/22)	Virginia Housing 601 S. Belvidere Street Richmond, VA 23220	Toll free: 877-VHDA-123 Richmond local: 804-782-1986 Virginia Relay In Virginia: 711 Toll Free: 800-828-1140 Email: loanservicing@virginiahousing.com Website:https://www.vhda.com	Virginia Housing was created to help Virginians attain quality, affordable housing. They provide mortgages for first-time homebuyers, as well as financing for apartment communities and neighborhood revitalization efforts. They also offer free homebuyer classes, support housing counseling, and help people with disabilities and the elderly make their homes more livable and . o administer the federal Housing Choice Voucher and Housing Credit programs in Virginia. Please call or visit the website for further information.
Virginia Housing (Rev.01/17/22)	Virginia Housing Center (VHC) 4224 Cox Road Glen Allen, VA 23060	Toll free: 877-VHDA-123 Richmond local: 804-782-1986 Virginia Relay In Virginia: 711 Toll Free: 800-828-1140 Email: loanservicing@virginiahousing.com Website:https://www.vhda.com	Virginia Housing was created to help Virginians attain quality, affordable housing. They provide mortgages for first-time homebuyers, as well as financing for apartment communities and neighborhood revitalization efforts. They also offer free homebuyer classes, support housing counseling, and help people with disabilities and the elderly make their homes more livable and . o administer the federal Housing Choice Voucher and Housing Credit programs in Virginia. Please call or visit the website for further information.

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Virginia Housing -The Southwest Virginia Housing Center(Rev.01/17/22)	105 East Main Street, Wytheville, VA 24382	276-228-7060 Toll free: 800-447-5145 Email: loanservicing@virginiahousing.com Website:https://www.vhda.com	Virginia Housing was created to help Virginians attain quality, affordable housing. They provide mortgages for first-time homebuyers, as well as financing for apartment communities and neighborhood revitalization efforts. They also offer free homebuyer classes, support housing counseling, and help people with disabilities and the elderly make their homes more livable and . o administer the
INFORMATION AND REFERRAL			
Care Connection for Children-Blue Ridge (Rev.02/16/23)	Blue Ridge 853 West Main Street, Room 104 University of Virginia Health System P.O. Box 800421 Charlottesville, VA 22908	Blue Ridge Ph:434-924- 0222 Toll Free: 1-866-596-9367 Website:https://www.vdh.virginia.gov/care-connection-for-children	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to CYSHCN resources; family-to-family support; and training and consultation with community providers on CYSHCN issues.Eligibility:Birth to 21 years of age,Virginia Resident, Physical Eligibility:Children with special health care needs who have disorders that:Have a physical basis,Have lasted, or are expected to last, at least 12 months; and produce one or more of the following: Need for health care and ancillary services over and above the usual for the child's age, or for special ongoing treatments, interventions, or accommodations
Care Connection for Children-Central Virginia (Rev.02/16/23)	Central Virginia East Broad Street, 3rd Floor Richmond, VA 23219	730 Central Virginia Ph:804-827-1795 Toll Free: 1-866-737-5965 Website:https://www.vdh.virginia.gov/care-connection-for-children	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to CYSHCN resources; family-to-family support; and training and consultation with community providers on CYSHCN issues.Eligibility:Birth to 21 years of age,Virginia Resident, Physical Eligibility:Children with special health care needs who have disorders that:Have a physical basis,Have lasted, or are expected to last, at least 12 months; and produce one or more of the following:
Care Connection for Children-Hampton Roads (Rev.02/16/23)	Hampton Roads Children's Lane Norfolk, VA 23507	601 Hampton Roads Ph:757-668-7132 Fax: 757-668-7132 Website:https://www.vdh.virginia.gov/	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the
Care Connection for Children-Northern Virginia (Rev.02/16/23)	Northern Virginia Prosperity Avenue, Suite 295 Fairfax, VA 22031	2700 Northern Virginia Ph:703-531-3131 Toll Free: 1-866-222-0372 Website:https://www.vdh.virginia.gov/care-connection-for-children	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to CYSHCN resources; family-to-family support; and training and consultation with community providers on CYSHCN issues.Eligibility:Birth to 21 years of age,Virginia Resident, Physical Eligibility:Children with special health care needs who have disorders that:Have a physical basis,Have lasted, or are expected to last, at least 12

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Care Connection for Children- Roanoke Area (Rev.02/16/23)	Roanoke Area Care Connection for Children 4348 Electric Rd Roanoke, VA 24018	Roanoke Area Care Ph:540- 985-8470 Toll Free: 1-866-906-2999 Website:https://www.vdh.virginia.gov/ care-connection-for-children	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to CYSHCN resources; family-to-family support; and training and consultation with community providers on CYSHCN issues. Eligibility: Birth to 21 years of age, Virginia Resident, Physical Eligibility: Children with special health care needs who have disorders
Care Connection for Children- Southwest Virginia (Rev.02/16/23)	Southwest Virginia 15068 Lee Highway, Suite 900 Bristol, VA 24202	Southwest Virginia Ph:276-645-4900 Toll Free: 1-800-704-1285 Website:https://www.vdh.virginia.gov/ care-connection-for-children	Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to CYSHCN resources; family-to-family support; and training and consultation with community providers on CYSHCN issues. Eligibility: Birth to 21 years of age, Virginia Resident, Physical Eligibility: Children with special health care needs who have disorders that: Have a physical basis, Have lasted, or are expected to last, at least 12
Celebrating Special Children	Celebrating Special Children PO Box 11384 Burke, VA 22009	Contact: Laura Nelson, Director of Operations Website: http://celebratingspecialchild	The mission of Celebrating Special Children, Inc. is to provide parents and professionals with the necessary information to ensure that children with disabilities realize their fullest potential of development, independence and
ChildSavers	ChildSavers 200 North 22nd Street Richmond, VA 23223	Contact: L. Robert Bolling, Chief Executive Officer Ph:: 804- 644-9590	ChildSavers is a nonprofit agency that provides services in the following: providing high-quality childcare training to ensure children are school-ready; with their Guidance Clinic, which improves the mental and emotional health of
DisabilityNavigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive Suite 630 N. Chesterfield, Virginia 23225	Ph:804- 525-7728 Toll Free:866- 393-0957 Email: info@virginianavigator.org (email)	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial concerns, legal
KidsPriorityOne	KidsPriorityOne	Ph:757-244-5373 757-CHILDREN Website:http://www.kidspriorityone.or	KidsPriorityOne! is a "One Stop" Resource Center where families, and those working with families, find local resources and valuable information related to
Resources 757 (Rev.06/02/20)	Resources 757	Website:https://www.resources757.org/ Email:info@resources757.org	Resources 757 is a directory of resources for residents of Hampton Roads
Taking Action for Special Kids (TASK) (Rev.11/27/19)	Taking Action for Special Kids (TASK)-Support Group P.O. Box 877 North Tazewell, VA 24630	Ph: 276- 988-5583 Ext.334 Fax: 276- 979-1441 Email:taskforkids@hotmail.com	Taking Action for Special Kids (TASK) is an independent non-profit agency serving the special needs citizens of Tazewell County. We help families' of special needs children get the services they need by providing information, referrals, support groups, workshops and advocacy.
Unite Virginia-Unite Us (Rev.12/14/21)	Unite Virginia	Website:https://virginia.uniteus.com/	Unite Virginia is a coordinated care network of health and social service providers.

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211 Virginia (Rev.09/15/20)	211 Virginia	Dial: 211 Website: http://www.211virginia.org	2-1-1 VIRGINIA provides information and referral for the following basic human needs: Food banks, shelters, rent or utility assistance; Physical and mental health resources; Work initiatives: Job training, English as a second language classes, GED preparation, financial and transportation assistance; Support for
INSTITUTIONAL CARE/SUPPORTS			
Affinity Care of Virginia (MIDLOTHIAN) (Rev.11/27/23)	3736 Winterfield Road, Suite 202 Midlothian, VA 23113	Ph: 804- 460-6550 Fax: 757- 952-2656 Toll Free: 888-517-8100 Website: https://affinityhealthmanagement.com/virginia	Affinity Care of Virginia mission is to provide the terminally ill patient and their loved ones with the support and care they require to live their lives comfortably. They provide a unique combination of hospice and residential services that allow for a seamless transition for your loved ones as their needs shift and change. Their professionally trained staff is there to help you and your family navigate the many care and service options available. At Affinity, every patient is viewed as a unique individual and is given an individualized plan provide them with the maximum level of care and comfort. All of our hospice team members are professional and compassionate, and guarantee that each patient is treated with the respect and love they deserve. Please call or visit the website for further information.
Affinity Care of Virginia (ROANOKE) (Rev.11/27/23)	3501 Colonial Green Circle Roanoke, VA 24018	Ph: 540- 298-3400 Fax: 540- 301-9913 Toll Free: 888-517-8100 Website: https://affinityhealthmanagement.com/virginia	Affinity Care of Virginia mission is to provide the terminally ill patient and their loved ones with the support and care they require to live their lives comfortably. They provide a unique combination of hospice and residential services that allow for a seamless transition for your loved ones as their needs shift and change. Their professionally trained staff is there to help you and your family navigate the many care and service options available. At Affinity, every patient is viewed as a unique individual and is given an individualized plan provide them with the maximum level of care and comfort. All of our hospice team members are
Affinity Care of Virginia (FREDERICKSBURG) (Rev.11/27/23)	450 Solomon Dr, Suite 105 Fredericksburg, VA 22405	Ph: 540- 210-6001 Fax: 540- 301-1394 Toll Free: 888-517-8100 Website: https://affinityhealthmanagement.com/virginia	Affinity Care of Virginia mission is to provide the terminally ill patient and their loved ones with the support and care they require to live their lives comfortably. They provide a unique combination of hospice and residential services that allow for a seamless transition for your loved ones as their needs shift and change. Their professionally trained staff is there to help you and your family navigate the many care and service options available. At Affinity, every patient is viewed as a unique individual and is given an individualized plan provide them with the maximum level of care and comfort. All of our hospice team members are
Children's Hospice International	Children's Hospice International 4101 King Street Suite 260	Ph: 703-684-0330 Tollfree: 1-800-242-4452 CD 1-800-	Children's Hospice International provides support and information for health care professionals and organizations for hospice care to terminally ill children.
Community Alternatives Inc. - Residential Programs	Community Alternatives Inc. - Residential Programs	Ph: 757-468-7000 Fax: 757-468-7007	Residential Programs provides Medicaid Waiver funded residential placements for consumers with intellectual disabilities in small group home environments.
EDMARC- Hospice for Children	EDMARC 516 Linden Street	Ph: 757-967-9251 Email: Edmarch@edmore.org	EDMARC's hospice program was developed specifically for children. EDMARC provides professional support in meeting the physical, social, psychological,
Grafton-Adult and Residential Care	Grafton-Adult and Residential Care 400 Cowley Street	Ph: 540-542-0200 Toll Free: 1-888-855-5305 Website: www.grafton.org	Grafton Integrated Health Network (GIHN) is an industry leader in serving children and adults with disabilities and significant emotional and/or behavioral
Holiday House of Portsmouth	Holiday House of Portsmouth 4211 Cowley Street	Ph: 757- 397-6352 Fax: 757- 399-3356	Holiday House of Portsmouth is a Intermediate Care Facility for Children with intellectual disabilities that is Licensed by the State of Virginia. Holiday House
Hope House Foundation	Hope House Foundation 801 Peach Street	Ph: 757- 625-6161	Hope House Foundation provides individualized supported living services for and with adults with developmental disabilities in their own homes or apartments.

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Intrepid USA Healthcare-Hospice At Home-Chester (Rev.01/21/21)	3700 Festival Park Plaza 3rd Floor, Ste. A & B Chester, VA, 23831	Ph:804- 318-5371 Fax:804- 318-5372	intrepid USA Healthcare provides Hospice at Home services that may include: Physician directed plan of care, Psychological and spiritual care, Pain and symptom management, Personal care and Support, Medications, equipment and supplies related to the terminal illness, Volunteer services and Bereavement care.
Intrepid USA Healthcare-Hospice At Home- Radford (Rev.01/21/21)	101 West Main Street Radford, VA 24141	Ph: 540- 639-3280 Toll- Free: 855- 214-5312 Fax: 540- 639-3670	intrepid USA Healthcare provides Hospice at Home services that may include: Physician directed plan of care, Psychological and spiritual care, Pain and symptom management, Personal care and Support, Medications, equipment and supplies related to the terminal illness, Volunteer services and Bereavement care.
Intrepid USA Healthcare-Hospice At Home-Roanoke (Rev.01/21/21)	4005 Electric Road Suite 200 Roanoke, VA 24018	Ph: 540- 523-1160 Fax:540- 265-2416	intrepid USA Healthcare provides Hospice at Home services that may include: Physician directed plan of care, Psychological and spiritual care, Pain and symptom management, Personal care and Support, Medications, equipment and supplies related to the terminal illness, Volunteer services and Bereavement care.
Intrepid USA Healthcare-Hospice At Home-Staunton (Rev.01/21/21)	427 Lee Jackson Hwy. Suite A3 Staunton, VA 24401	Ph: 540 569-3431 Fax: 540- 569-3433	intrepid USA Healthcare provides Hospice at Home services that may include: Physician directed plan of care, Psychological and spiritual care, Pain and symptom management, Personal care and Support, Medications, equipment and supplies related to the terminal illness, Volunteer services and Bereavement care.
Lake Taylor Transitional Care Hospital	Lake Taylor Transitional Care Hospital	Admissions: Ph:757- 461-5994 Y 435 Email:	Lake Taylor Transitional Care Hospital that have spent many years improving and innovating transitional and rehabilitative healthcare services locally for the
Medi Hospice	1112B Eden Way N, Suite 200 Chesapeake VA 22220	Ph:757- 420-7192 Fax:757- 420-7196	Hospice care is about helping an individual and their family share the best days possible as they deal with a life limiting illness. The focus of hospice is to
National Hospice and Palliative Care Organization (NHPCO)	National Hospice and Palliative Care Organization (NHPCO)	Ph:703-837-1500 Fax:703-837-1222 NHPCO	National Hospice and Palliative Care Organization (NHPCO) helps to mobilize social change for improved care at the end of life
Noah's Children	Noah's Children, 5855 Bremon Road, Suite 400, North Medical Center	Ph: 804-287-7686; Fax: 804-287-7010; www.noahschildren.com	Pediatric hospice and palliative care program--delivers comprehensive, compassionate care for the mind, body and spirit to the patient and the family
Richmond Children's Hospital-TCU	Richmond Children's Hospital-TCU	Contact: TCU Social Worker Ph:804- 666-6666	Children's Hospital's Transitional Care Unit (TCU) is a 47-bed long-term care
St. Mary's Home for Children with Disabilities	St. Mary's Home for Children with Disabilities 6171 Kempsville Circle Norfolk VA		St. Mary's Home is Virginia's largest long-term pediatric residential care facility dedicated exclusively to children with severe physical and intellectual disabilities and one of only about 100 facilities of its kind nationwide. Staff provide medical
LEGAL RESOURCES			

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American Civil Liberties Union of Virginia	American Civil Liberties Union of Virginia 6 N. Sixth Street, Suite 400	Ph: 804-644-8022 Fax: 804-649-2733 Website: www.acluva.org	Protects civil liberties of all citizens through litigation and education, information and referral services. The civil liberties seek to protect: Freedom of Religion, Equality under the Law, Due process of Law, and the Right to Privacy.
Ayuda-Immigration Services (Rev.12/31/21)	Ayuda-Immigration Services 2701 Prosperity Ave, Suite 300 Fairfax, VA 22031	Ph:703-444-7009 Website: https://www.ayuda.com/	Ayuda's holistic, culturally appropriate, and client-centered legal, social, and language access services provide low-income immigrants (Lending help regardless of their country of origin, race, religion, sexual orientation, and/or language skills) in Virginia, Washington D.C and Maryland region with important first steps to restore their lives, thrive, and succeed. They have 36 full-time, bi-lingual attorneys and social workers/case managers providing legal,
Blue Ridge Legal Services - Harrisonburg (Rev.10/28/20)	Blue Ridge Legal Services Harrisonburg P.O. Box 551	Ph:540-433-1830 Ph:800- 237-0141 Fax: 540- 433-2202	Blue Ridge Legal Services is the civil legal aid society providing free civil legal assistance to low-income residents of the Shenandoah Valley and Roanoke Valley of Virginia. The most common legal problems handled by Blue Ridge
Blue Ridge Legal Services -Lexington (Rev.10/28/20)	Lexington 215 South Main Street Lexington, VA 24450	Ph:540-463-7334 Toll Free:: 866- 534-5243	Blue Ridge Legal Services is the civil legal aid society providing free civil legal assistance to low-income residents of the Shenandoah Valley and Roanoke Valley of Virginia. The most common legal problems handled by Blue Ridge
Blue Ridge Legal Services - Winchester (Rev.10/28/20)	Blue Ridge Legal Services Winchester P.O. Box 436	Ph:540-662-502 Toll Free:800- 678-5021 Fax: 540) 662-5038	Blue Ridge Legal Services is the civil legal aid society providing free civil legal assistance to low-income residents of the Shenandoah Valley and Roanoke Valley of Virginia. The most common legal problems handled by Blue Ridge
CASA de Virginia-Immigration Services (Rev.08/11/22)	1455 Old Bridge Rd, Suite # 203, Woodbridge, VA 22192	Ph:571- 421-2211 Email: jnavarrete@wearecasa.org Website: http://www.wearecasa.org ,	CASA de Virginia mission is to help completing immigration forms and Filings with USCIS.Areas of legal assistance: Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Family-based petitions, Naturalization/Citizenship.Languages:Arabic, Arabic (Egyptian), Burmese, English, French, Spanish, Sudanese, Yoruba
Catholic Diocese of Arlington Hogar Immigrant Services	Catholic Diocese of Arlington Hogar Immigrant Services 6201 Leesburg Pike, Suite 307 Falls Church, VA. 22044	Ph:703- 534-9805 Fax: 703- 534-9809	As a program of Catholic Charities, Hogar Immigrant Services' s. mission is to offer a wide range of services at little or no cost to a vulnerable immigrant population, without regard to religious or ethnic identity. These services include, but are not limited to, immigration legal services, naturalization assistance, citizenship classes, and English as a Second Language (ESL) classes. Our aim is to assist newcomers achieve their own goals of integrating successfully into
Catholic Diocese of Arlington Hogar Immigration Services (Rev.08/11/22)	6301 Little River Turnpike, Suite 300, Alexandria, VA 22312	Ph:703- 534-9805 Email: hogar@ccda.net Website: http://www.ccda.net/hogarlegal	Catholic Diocese of Arlington Hogar Immigration Services mission is to help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals
Catholic Diocese of Richmond Refugee and Immigration Services	Catholic Diocese of Richmond Refugee and Immigration Services 7800 Carousel Lane Richmond, VA 23294-4201	Phone: 804-359-5661 Fax: 804-358-9159 Email: bishopdilorenzo@richmonddiocese.org Website: http://www.risva.org/	Refugee and Immigration Services provides cultural orientation, assistance in helping immigrant families access community services, English language instruction, and family and children's services to all immigrants in need. Immigration staff help stabilize the legal status of families in transition. Our interpreter services ensure quality service delivery for a wide range of service providers. Refugee and Immigration Services' liaison staff engages schools and
Centreville Immigration Forum - Immigrant Rights Assistance Program (Rev.12/31/21)	Centreville Immigration Forum 5944 Centreville Crest Lane Centreville, VA 20121 POSTAL MAIL Centreville Immigration Forum P.O. Box 81	Ph:703- 543-6272 Email: contact@theCIFva.org Website: http://centrevilleimmigrationforum.org	The mission of the Centreville Immigration Forum (CIF) is to implement sustainable programs that provide immigrants in need with the means to improve their lives and become more integrated into the community; improve communication and cooperation among groups serving immigrants; and build community recognition of our strength in diversity. Immigrant Rights Assistance Program at Centreville Immigration Forum

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Centreville Immigration Forum -Wage Theft: The Commission on Labor Justice (CCLJ) (Rev.12/31/21)	Centreville Immigration Forum 5944 Centreville Crest Lane Centreville, VA 20121 POSTAL MAIL Centreville Immigration Forum P.O. Box 81	Ph:703- 543-6272 Email: contact@theCIFva.org Website:http://centrevilleimmigrationforum.org	The mission of the Centreville Immigration Forum (CIF) is to implement sustainable programs that provide immigrants in need with the means to improve their lives and become more integrated into the community; improve communication and cooperation among groups serving immigrants; and build community recognition of our strength in diversity. Wage Theft: The Commission on Labor Justice (CCLJ) program addresses the problem of wage theft both
Central Virginia Legal Aid Society-Petersburg (Rev.10/28/20)	229 North Sycamore Street Petersburg, VA 23803	Ph:804-862-1100 Toll-Free 800-868-1012 804 861-4311 Website:www.wrir.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government which is based on a maximum
Central Virginia Legal Aid Society-Richmond (Rev.10/28/20)	Central Virginia Legal Aid Society PO Box 12206 Richmond VA 23241	Ph: 804/648-1012 Toll-Free 800-868-1012 Fax: 804/649-8794	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government which is based on a maximum
Central Virginia Legal Aid Society-The C.B. Holt Rock House- Charlottesville (Rev.10/28/20)	The C.B. Holt Rock House 1010 Preston Avenue, Charlottesville VA 22903	Ph:434-296-8851 Toll-Free 800-390-9982 Fax: 434-296-5731 Website:www.wrir.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government which is based on a maximum
Children's Law Center T. C. Williams School of Law University of Richmond	University of Richmond 28 Westhampton Way Richmond VA 23173	Ph: 804- 289-8921 Fax: 804- 287-6489 Web:	The Children's Law Center (CLC), affiliated with the T.C. Williams School of Law at the University of Richmond, handles special education law and due process cases in the Richmond Metro Area (including Hanover, Henrico, and
Church World Service (Harrisonburg) (Rev.02/20/25)	250 East Elizabeth Street Suite 215 Harrisonburg, VA 22802	Ph:540-433-7942, Website:https://cwsharrisonburg.org/	Church World Service provides legal immigration services. Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Employment authorization, Employment-based immigrant and non-immigrant petitions, Family-based petitions, Naturalization/Citizenship
Commonwealth Catholic Charities-CCC-Guardianship Program-Petersburg	111 Perry Street Petersburg, VA 23803	Ph:804-285-5900 Website:https://www.cccofva.org/guardianship	Commonwealth Catholic Charities-CCC-Guardianship Program serves as Guardian for individuals (18 or older) who have been deemed by the court to be incapacitated due to Alzheimer's disease, dementia, brain injury, intellectual
Commonwealth Catholic Charities-CCC-Guardianship Program-Richmond	1601 Rolling Hills Drive, Richmond, VA 23229	Ph:804-285-5900 Website:https://www.cccofva.org/guardianship	Commonwealth Catholic Charities-CCC-Guardianship Program serves as Guardian for individuals (18 or older) who have been deemed by the court to be incapacitated due to Alzheimer's disease, dementia, brain injury, intellectual
Commonwealth Catholic Charities Roanoke (Rev.03/28/22)	820 Campbell Ave S.W. Roanoke, VA 24016	Ph:540- 342-7561 ext. 304 Fax:540- 344-7513 Email:	Commonwealth Catholic Charities offers immigration counseling to assist immigrants with the difficult and complex immigration system. Commonwealth Catholic Charities offers services at an affordable rate and waives fees for
Commonwealth Catholic Charities (Hampton Roads Office) (Rev.02/20/25)	12284 Warwick Blvd, 1A, Newport News, VA 23606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email: sheila.marble@cccovfva.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes: •General Immigration Services: General consultations, Work authorization applications, Re-entry permits
Commonwealth Community Trust	Commonwealth Community Trust PO Box 29408 Richmond VA 23242	Ph:804- 740-6930 Toll Free: 888- 241-6039	The mission of CCT is to administer Special Needs Trusts so that people with disabilities and their loved ones can plan for their financial future. For clients who receive Supplemental Security Income (SSI) and/or Medicaid, the trust will not
dLCV-disAbility Law Center of Virginia	1910 Byrd Avenue Richmond, Virginia 23230	Ph:804- 225-2042 (Voice/TTY) Toll-Free:(800) 552-3962 (Voice/TTY)	dLCV assists with disability-related problems, such as abuse, neglect, and discrimination. dLCV helps people with disabilities obtain services and treatment. dLCV also provides advocacy services and/or legal representation for
Department of Social Services-The Division of Child Support Enforcement (DCSE)-Abingdon Region (Rev.09/17/24)	190 Patton Street Suite 300 Abingdon, VA 24210	Ph:276- 676-5433 Toll Free: 800-468-8894 Email: askdcse@dss.virginia.gov Website:https://mvchildsupport.dss.vi	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Bland, Bristol, Buchanan, Dickenson, Grayson, Lee, Norton, Russell, Scott, Smyth, Tazewell, Washington, Wise. Please call for further
Department of Social Services-The Division of Child Support Enforcement (DCSE)-Central Virginia	1610 Forest Ave Suite 200 Henrico VA 23229	Ph:804- 662-7400 Toll Free: 800- 468-8894	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households

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Department of Social Services-The Division of Child Support Enforcement (DCSE)- Eastern Virginia	420 North Center Drive Building 11, Suite 200 Norfolk, VA 23502	Ph:804- 819-7025 Free: 800-468-8894	Toll 800-468-8894	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Fredericksburg	10300 Spotsylvania Ave Suite 100 Fredericksburg, VA 22408	Ph:540- 899-4131 Free: 800-468-8894	Toll 800-468-8894	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Lynchburg	2127 Lakeside Drive Lynchburg, VA 24501	Ph: 434- 385-0860 Free: 800-468-8894	Toll 800-468-8894	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households.
Department of Social Services-The Division of Child Support Enforcement (DCSE)-Manassas	9705 Liberia Ave, Suite 301 Manassas, VA 20110	Ph: 703- 530-7303 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov		Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Fairfax, Manassas, Manassas Park, Prince William.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Newport News	Relocating	Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov		Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Chesapeake City, Gloucester, Hampton, James City, King & Queen.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Northern Virginia Region	9990 Fairfax Blvd Suite 200 Fairfax, VA 22030	Ph:703- 934-0067 Free: 800-468-8894 askdcse@dss.virginia.gov	Toll 800-468-8894	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Arlington, Alexandria, Fairfax City, Fairfax County, Falls Church.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Richmond Region (Rev.09/17/24)	1610 Forest Ave Suite 200 Henrico, VA 23229	Ph:804- 367-8420 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov		Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Colonial Heights, Hopewell, Nottoway, Petersburg, Richmond City. Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Roanoke Region (Rev.09/17/24)	5241 Valley Park Dr. Roanoke, VA 24019	Ph:540- 857-7841 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov		Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Alleghany, Bath, Botetourt, Carroll, Christiansburg, Clifton Forge, Covington, Craig, Floyd, Franklin, Galax, Giles, Henry, Martinsville, Montgomery,
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Suffolk Region (Rev.09/17/24)	135 Hall Ave, Suffolk, VA 23434	Ph:757- 925-2302 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov		Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth. Please call for further information.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- The Valley	1550 Commerce Road Staunton, VA 24401	Ph:540- 332-9915 Free: 800-468-8894	Toll 800-468-8894	Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households.
Department of Social Services-The Division of Child Support Enforcement (DCSE)- Winchester (Rev.09/17/24)	629 Cedar Creek Grade Suite A Winchester, VA 22601	Ph:540- 722-7528 Toll Free: 800- 468-8894 Email: askdcse@dss.virginia.gov Website:https://mychildsupport.dss.virginia.gov		Division of Child Support Enforcement partners with federal, state, tribal and local governments and others to promote parental responsibility so that children receive support from both parents even when they live in separate households. Areas Served: Clarke, Frederick, Loudoun, Page, Shenandoah, Warren, Winchester. Please call for further information.
Drive-To-Work (Rev.09/30/20)	625 W. Broad Street Richmond, VA 23230	Ph: 804- 358-6727 Fax:804- 358-7000 Email:info@drivetowork.org		Drive-To-Work assists low income or previously incarcerated persons to restore their driving privileges so they can drive to work and keep a job. Recognizing how important a driver's license is to many jobs, Drive-To-Work provides legal

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Education Law Project c/o Legal Services of Northern Virginia	4080 Chain Bridge Road Fairfax, VA 22030	Ph:703- 504-9141 or Toll Free: 866- 534-5243	The Education Law Project of The Law Center for Children is a child advocacy program of Legal Services of Northern Virginia which offers eligible low income families free consultation, advice and representation regarding special education
Fair Housing	Housing Opportunities Made Equal (HOME) 626 East Broad Street Suite 400	Ph:804-354-0641 Fax:804-354-0690 VA Relay:711 Website:www.HOMEofVA.org	The Virginia and federal fair housing laws provide protection in housing to groups of persons based on certain characteristics; they prohibit discrimination in housing related transactions (rental, sales, lending, insurance, zoning based
4 Kids Sake-Educational Advocacy (rev.09/21/20)	212 Grafton Way, NE Leesburg, VA 20176	Contact:Deborah Lawhorne, BCaBA Ph:703- 727-5329 Fax:703- 771-2328	4 Kids Sake provides educational advocacy for the IEP process. Parent education for behavioral intervention, enhancing communication and advocacy for their child is also available. Please call for further information.
4 PEAKS Educational Consulting LLC (Rev.09/21/20)	1305 Turner Street Salem, VA 24153	Contact: Courtney Pugh Ph:540- 312-3563 Fax:540- 698-3564	4 PEAKS Educational Consulting provides collaborative advocacy through the 4 peaks of the educational journey: Early Intervention, Early Childhood, Special Education, and Transition to Adulthood. Please call for further information.
Innocence Project at the UVA School of Law (Rev.1/11/19)	580 Massie Rd. Charlottesville, VA 22903	Ph: 434-924-3732 Email:ncummins@virginia.edu.	Innocence Project at the UVA School of Law, students in this yearlong clinic investigate and litigate wrongful convictions of inmates throughout the Commonwealth of Virginia. Some of the cases have forensic evidence (usually
International Rescue Committee-Immigration Services - Charlottesville (Rev.08/11/22)	International Rescue Committee-Immigration Services - Charlottesville 609 E. Market Street, Suite 104, Charlottesville, VA 22902	Ph:434- 979-7772 Website:Charlottesville@rescue.org Website:http://www.rescue.org ,	The mission of International Rescue Committee is to help completing immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Humanitarian Parole, NACARA, Naturalization/Citizenship, P1 or P2 for Afghans, Special Immigrant Juvenile Status, Temporary Protected Status
International Rescue Committee-Immigration Services -Richmond (Rev.08/11/22)	International Rescue Committee-Immigration Services 1301 North Hamilton Street Suite 101 Richmond, VA 23220	Ph: 434-962-9297 Email:immigration.va@rescue.org Website:https://www.rescue.org/united-states/richmond-va	The mission of International Rescue Committee is to help completing immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Humanitarian Parole, NACARA, Naturalization/Citizenship, P1 or P2
Immigrant Advocacy Program	Immigrant Advocacy Program 1000 Preston Avenue, Suite A Charlottesville, VA 22903	Ph:434-977-0553	Through legal representation, education and advocacy, the Immigrant Advocacy Program works together with low-wage immigrant workers to find justice and fair treatment in the workplace. Over the past decade, the program has helped
Immigrant Connection-Blue Ridge (Rev.02.20.25)	3706 Peters Creek Rd , Roanoke, VA 24019	Ph:540)-581-2963 Email:icblueridge@gmail.com Website:https://www.immigrantconnectionblueridge.com/	Immigrant Connection-Blue Ridge provides legal immigration services. Areas of legal assistance:Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Employment-based immigrant and non-immigrant petitions, Family-based petitions, Naturalization/Citizenship, T visas, Temporary Protected Status (TPS), U visas,
Johnson, Gasink & Baxter, LLP (Rev.05/23/23)	JGB Richmond 10138 W. Broad St Glen Allen, VA 23060	Ph:757- 220-9800 Toll Free:888- 487-9899 Fax:757-220-9850 Website:https://www.jgbllp.com	Johnson, Gasink & Baxter, LLP provides legal services in the following areas: Estate Planning, Trust Administration, Executor and Trustee Services, Probate and Business Law. They can schedule appointments at:Williamsburg, Virginia Beach, Richmond, Fredericksburg, Stafford, and Manassas. Please call for
Just Children (JC) c/o Legal Aid Justice Center	Charlottesville Office: 1000 Preston Avenue, Ste. A Charlottesville, Virginia 22903	Ph:434- 977-0553 Fax: 434- 977-0558 Website:	JC, affiliated with the Legal Aid Justice Center, assists low-income families with special education law issues and cases in Albemarle, Greene, Louisa, and Nelson Counties and Charlottesville City. The center may consider representing
Just Neighbors Ministry-Immigration Services (Rev.08/11/22)	7630 Little River Turnpike, Suite 900, Annandale, VA 22003	Ph: 703-979-1240 Email:info@justneighbors.org Website:http://www.justneighbors.org	Justice Neighbors mission is to help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA). Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, NACARA,

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Kids In Need of Defense (KIND) (Rev.08/12/22)	2815 Hartland Rd, Suite 110 Falls Church, VA 22043	Ph: 202- 670-3585 Fax: 703- 942-6798 Email:infodc@supportkind.org	Kids In Need of Defense (KIND) is the preeminent U.S.-based nongovernmental organization devoted to the protection of unaccompanied and separated children. KIND envisions a world in which every unaccompanied child on the
Legal Aid Society-Legal Services of Eastern Virginia-Eastern Shore (Rev.10/28/20)	Legal Services of Eastern Virginia- Eastern Shore 36314 Lankford Highway Ste 5	Ph: 757-442-3014 Toll Free:1-888-868-1072 (866- LEGL-AID) Fax:	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum
Legal Aid Society-Legal Services of Eastern Virginia-Norfolk (Rev.10/28/20)	Legal Services of Eastern Virginia 125 St. Paul's Boulevard,# 400 Norfolk, VA 23510	Ph: 757-627-5423 Toll Free:1-888-868-1072 (866- LEGL-AID). Fax: 757-627-7582	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary
Legal Aid Society-Legal Services of Eastern Virginia Peninsula (Rev.10/28/20)	Legal Services of Eastern Virginia Peninsula 30 West Queens Way Hampton, VA 23660-05 2017 Cuneingham	Ph: 757-275-0080 757- 827-5078 Intake Toll Free:1-888-868-1072 (866- LEGL-AID) Fax:	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary
Legal Aid Society (LAS),- Roanoke Valley (Rev.10/28/20)	132 Campbell Avenue, S.W Ste. 200 Roanoke, VA 24011	Ph: 540- 344-2088 Fax: 540- 342-3064 Email:info@lasrv.org Website:http://www.lasrv.org/	The Legal Aid Society of Roanoke Valley provides a full range of civil legal services to low income area residents, including issues involving housing, family, employment, consumers, and domestic violence. Free legal services are provided to qualified residents. Please call for further information.
Legal Aid Works-Immigration Services (Rev.08/11/22)	500 Lafayette Boulevard, Suite 100, Fredericksburg, VA 22401	Ph:540 371-1105 Email: LAWFred@legalaidworks.org Website:http://www.legalaidworks.org	Legal Aid Works-Immigration Services mission is to help completing immigration forms, Filings with USCIS and Representation before the Board of Immigration Appeals (BIA). Areas of legal assistance: U visas, Violence Against Women Act (VAWA) petitions
Literacy Volunteers Winchester Area (Rev.02/20/25)	301 N. Cameron Street, Suite 102, Winchester, VA 22601	Ph: 540-536-1648 Email:info@lvwa.org Website:https://www.lvwa.org/	Literacy Volunteers Winchester Area provides legal immigration services.Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, NACARA, Naturalization/Citizenship, Special Immigrant Juvenile Status, Temporary Protected Status (TPS), U visas, Violence Against Women
LUCHA Ministries, Inc.-Immigration Services (Rev.02/20/25)	1019 Princess Anne St., Fredericksburg, VA 22401	Ph:540- 370-4502, Email: gsmith@cbf.net Website:http://www.luchaministries.org ,	LUCHA Ministries, Inc. mission is to help completing immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Family-based petitions, Naturalization/Citizenship. Languages: English, Spanish.
Lutheran Social Services NCA-Refugee and Immigration Services (Fairfax Office) (Rev.02/20/25)	8922 Little River Turnpike, Fairfax, VA 22031	Ph:703- 698-5026 ext. 110 or 127, Website:http://www.lssnca.org	Lutheran Social Services NCA- Refugee and Immigration Services provides legal immigration services. Areas of legal assistance: Adjustment of Status, Employment authorization, Family-based petitions, Naturalization/Citizenship, Types of legal assistance:Help completing forms, Filings with USCIS. Please call or visit the website for further information.

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Marmol & Marmol, PLLC Immigration Attorneys (Rev.10/08/24)	21430 Cedar Drive, Suite 208, Sterling, VA 20164	Ph:703- 570-6491 Email:amarmol@marmolpllc.com and jmarmol@marmolpllc.com Website:https://www.marmolpllc.com	Marmol & Marmol, PLLC specializes in the practice of immigration law with an emphasis on honest, zealous, and compassionate legal representation. Practice Areas: Removal (Deportation) Defense, Bond Hearings, Asylum and Withholding of Removal, Applications for U.S. Citizenship, Special Immigrant Juvenile Status, Cancellation of Removal, Family-Based Immigrant Visas, Waivers, DACA Applications and Renewals, PS Late Filings and Renewals, Visa Petitions for Victims of Domestic Violence and Other Crimes (VAWA, U
May Institute-Educational Advocacy (Rev.09/22/20)	1516 Willow Lawn Drive, Suite 203 Richmond, VA 23230	Contact: Angelique Gurley, Community Outreach Specialist Ph:804-269-4732 Email:agurley@mayinstitute.org	May Institute provides educational advocacy services. Please call for further information.
National Network for Immigrant & Refugee Rights (NNIRR) (Rev.4/12/18)	310 8th Street, Suite 310 Oakland, CA 94607	Ph: 510-465-1984 Fax:510-465-1885 General Email:nnirrinfo@nnirr.org	The National Network for Immigrant and Refugee Rights (NNIRR) works to defend and expand the rights of all immigrants and refugees, regardless of immigration status.
NewBridges Immigrant Resource Center (Rev.02/20/25)	41 Court Square , Suite B, Harrisonburg, VA 22801	Ph:540- 438-8295 Email:info@newbridgesirc.org Website:https://newbridgesirc.org/ ,	NewBridges Immigrant Resource Center provides legal immigration services. Areas of legal assistance:Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Naturalization/Citizenship, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions. Types of legal assistance: Help completing forms, Filings with USCIS. Please call or visit the website for further information.
Northern Virginia Family Service (Rev.08/12/22)	Northern Virginia Family Service6400 Arlington Blvd Suite 110 Falls Church, VA 22042	Contact: Ms.Nathali Stamy Ph:571-748-2806 Main:571-748-2500 Fax: 703- 237-2083 Email:nstamy@nvsf.org	Northern Virginia Family Service provides legal immigration services. During the consultation, NVFS will determine whether we can accept your case for representation. The legal representative will discuss the fees we would charge to prepare your case and support you throughout the application process. Payment plans are available. Anyone may request a confidential consultation by calling
Partners in Policymaking	Partners in Policymaking Virginia Board for People with Disabilities Washington Building 4100 Park Street, 7th floor	Contact: Teri Barker, Program Manager OR Deborah Lewis, Assistant	Partners in Policymaking participants are people who live in Virginia and either have a developmental disability or are parents of young children with developmental disabilities. Individuals attending the program will participate in education, skill, workplace, resource development, and leadership training.
Peninsula Legal Aid Center - Williamsburg Annex (Rev.09/29/20)	Peninsula Legal Aid Center Williamsburg Annex 199 Armistead Ave Williamsburg, VA 23185-3604	Contact: Virginia Leigh Major Ph: 757-220-6837 / TTY Fax:757-221-3322	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary
Refugee Resettlement Program of Commonwealth Catholic Charities (Rev. 3/2/18)	Refugee Resettlement Program of Commonwealth Catholic Charities 12284 Warwick Boulevard	Main Ph: 757-247-3600 For Immigration Counseling Contact: Sheila Marble Ph:757- 337-6916 Fax: 757	Commonwealth Catholic Charities' bilingual staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services, General consultations, Work authorization applications, Re-entry permits,
Richmond Metro Pro Bono Services Henrico Bar Association Pro Bono Volunteers	Henrico Bar Association Pro Bono Volunteers	Phone: 804- 282-8494	Pro Bono services that might be able to offer assistance in the Richmond Metro area. Please call for further information.

COMMUNITY RESOURCES EASTERN REGION
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Southwest Virginia Legal Aid Society (Rev.10/28/20)	Southwest Virginia Legal Aid Society	Toll-Free: 1-888-201-2772 Intake Unit: Email:svlas@svlas.org. Website:www.svlas.org	Southwest Virginia Legal Aid Society (SVLAS) is a private, non-profit law firm that provides free civil legal services, direct legal representation, advice and counseling, community education, self-help and technology tools that can help low-income and middle-class families understand their legal options. to low-
Southwest Virginia Legal Aid Society-Castlewood (Rev.10/28/20)	Southwest Virginia Legal Aid Society-Castlewood Field Office 16932 W Hills Dr Castlewood, VA 24224 Mailing Address: PO	Ph: 276-762-9354 Toll-Free 866-455-8716 Fax 276-762-9356 Email:svlas@svlas.org. Website:www.svlas.org	Southwest Virginia Legal Aid Society (SVLAS) is a private, non-profit law firm that provides free civil legal services, direct legal representation, advice and counseling, community education, self-help and technology tools that can help low-income and middle-class families understand their legal options. to low-income families. They serve 17 counties and four small cities in southwestern
Southwest Virginia Legal Aid Society-Christiansburg Field Office (Rev.10/28/20)	Christiansburg Field Office 155 Arrowhead Trail Christiansburg, VA 24073	Ph: 540-382-6157 Fax:540-382-5981 Toll- Free 800-468-1366 Email:svlas@svlas.org. Website:www.svlas.org	Southwest Virginia Legal Aid Society (SVLAS) is a private, non-profit law firm that provides free civil legal services, direct legal representation, advice and counseling, community education, self-help and technology tools that can help low-income and middle-class families understand their legal options. to low-income families. They serve 17 counties and four small cities in southwestern
Southwest Virginia Legal Aid Society-Marion Field Office (Rev.10/28/20)	Administrative Unit & Marion Field Office 227 W. Cherry St. Marion, VA 24354	Ph: 276-783-8300 Fax 276-783-7411 Admin Fax 276-378-8400 Toll- Free 800-277-6754 Email:svlas@svlas.org.	Southwest Virginia Legal Aid Society (SVLAS) is a private, non-profit law firm that provides free civil legal services, direct legal representation, advice and counseling, community education, self-help and technology tools that can help low-income and middle-class families understand their legal options. to low-income families. They serve 17 counties and four small cities in southwestern
Statewide Senior Legal Helpline-Virginia Poverty Law Center	Statewide Senior Legal Helpline-Virginia Poverty Law Center	Ph:844-802-5910	Virginia Poverty Law Center has created the Statewide Senior Legal Helpline, a toll free line offering legal assistance and advice for Virrginians 60 and over. Topics Covered by the Senior Legal Helpline: Long Term Care Issues, Public Benefits, such as Medicaid and SSI,Guardianship and guardianship alternatives, Age Discrimination, Financial Exploitation, Abuse and Neglect and some limited
Tahirih Justice Center (Falls Church Office (Rev.02/20/24)	6402 Arlington Blvd, Suite 300, Falls Church, VA 22042	Ph:571- 282 6161 http://www.tahirih.org ,	Tahirih Justice Center (Falls Church Office provides legal immigration services. Areas of legal assistance:Asylum applications, Special Immigrant Juvenile Status, T visas, U visas, Violence Against Women Act (VAWA) petitions. Types of legal assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board
The ACLU Foundation of Virginia (Rev.12/31/21)	PO BOX 26464 Richmond, VA 23261	Ph: 804.644.8022 Fax: 804.649.2733 mail acluva@acluva.org	E- The ACLU Foundation of Virginia is a tax-exempt, non-profit charity that provides legal assistance and conducts educational programs and activities. Donations to either the ACLU Foundation of Virginia or the national ACLU Foundation are tax-deductible.
The Community Tax Law Project	The Community Tax Law Project 3600 W. Broad St Suite 678 Richmond, VA 23230	Ph: 804-358-5855 Toll-free-:1800-295-0110	The community Tax Law Project is a private not-for-profit corporation giving legal help to Virginians who have tax problems and who can't afford a private lawyer. Experienced tax lawyers and accountants volunteer to help CTLP clients. This is not part of the Internal Revenue Service, The Virginia Department of Taxation or any other government group. There is a special project of this organization

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The Law Center for Children c/o Legal Services of Northern Virginia-Main Office	6066 Leesburg Pike, Ste. 500 Falls Church, VA 22041	Ph:703- 778-6800 Fax: 703- 778-4790	The Law Center for Children assists families in the areas of education, public benefits, health and family law. Please call for further information.
The Legal Aid Justice Center- Charlottesville (Rev.10/28/20)	1000 Preston Avenue Charlottesville, Virginia 22903	Contact: Megan Gildea, Ph:434- 529-1817 Ph:434- 977-0553 Main Fax:434- 970558 International: 1-800-269-4717	The Legal Aid Justice Center provides free legal services on non-criminal matters to income-eligible persons. They partners with communities and clients to achieve justice by dismantling systems that create and perpetuate poverty. Justice means racial justice, social justice, and economic justice. Please call for further information.
The Legal Aid Justice Center- Northern Virginia (Falls Church) (Rev.10/28/20)	6066 Leesburg Pike, Suite 520 Falls Church VA 22041	Contact:Contessa Riggs, Northern Virginia Ph:703- 720-5613 Ph:703- 778-3450 Fax 703- 778-3454 International: 1-800-269-4717	The Legal Aid Justice Center provides free legal services on non-criminal matters to income-eligible persons. They partners with communities and clients to achieve justice by dismantling systems that create and perpetuate poverty. Justice means racial justice, social justice, and economic justice. Please call for further information.
The Legal Aid Justice Center- Petersburg (Rev.10/28/20)	237 N. Sycamore St. Suite A Petersburg, VA 23803	Contact: Jessica Wright Ph:804- 340-7741 Ph: 804- 862-2205 Fax: 804- 643-2059 International: 1-800-269-4717	The Legal Aid Justice Center provides free legal services on non-criminal matters to income-eligible persons. They partners with communities and clients to achieve justice by dismantling systems that create and perpetuate poverty. Justice means racial justice, social justice, and economic justice. Staff are available for in-person intakes in the Petersburg office on Mondays and
The Legal Aid Justice Center- Richmond (Rev.10/28/20)	Legal Aid Justice Center 123 E. Broad Street Richmond, VA 23219	Contact: Jessica Wright Ph:804- 340-7741 Ph: 804- 643-1086-Main Fax: 804- 643-2059 Or Statewide: (866) LEGL-AID	The Legal Aid Justice Center provides free legal services on non-criminal matters to income-eligible persons. They partners with communities and clients to achieve justice by dismantling systems that create and perpetuate poverty. Justice means racial justice, social justice, and economic justice. Individuals may call the Richmond office for phone intakes Monday-Friday. Please call for
ThompsonMcMullan PC (Rev.05/23/23)	Shockoe Slip Office: Third Floor, 100 Shockoe Slip, Richmond, VA 23219 Midlothian Office:	Shockoe Slip Office: Ph:804- 649-7545 Fax: 804.780.1813 Midlothian Office:	ThompsonMcMullan has advised middle-market and closely held companies, assisted entrepreneurs and licensed professionals, defended government officials, represented the needs of individuals and families, and served as lead and local counsel in disputes pending in state and federal courts throughout
University of Richmond School of Law-Aging and Disability Law Practicum-Elder & Disability Law Clinic	203 Richmond Way Richmond,VA 23173	Director: Nicholas Thompson Ph: 757 -537-2182 Email:Nick.Thompson3@richmond.e du	University of Richmond school of Law-Aging and Disability Law Practicum-Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the
University of Richmond School of Law (Harry L. Carrico Center for Pro Bono & Public Service & Jeanette Lipman Family Law Clinic) (Rev.09/30/23)	203 Richmond Way Richmond Way 23173	Ph:804-289-8740, press 2 for Pro Bono Law Clinic Website:https://law.richmond.edu	University of Richmond School of Law created the Harry L. Carrico Center for Pro Bono & Public Service to connect the skills and talents of its student body with the greater Richmond community and a network of regional, national, and international programs. Services areas:Estate Planning program,The Eviction Diversion Program,Housing Law Program,Immigration Assistance Project,Medical-Legal Partnership with VCU Health and the Central Virginia Legal Aid Society,Uncontested Divorce,Mediation,Public Schools Project .

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University of Virginia School of Law, Legal Aid Justice Center - Immigration Clinic (Rev.08/11/22)	1000 Preston Ave, Suite A, Charlottesville, VA 22903	Ph:434- 977-0553, Website: http://www.law.virginia.edu/html/academics/practical/immigration.htm	University of Virginia School of Law, Legal Aid Justice Center - Immigration Clinic provides assistance with completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals. ~~Areas of legal assistance: Adjustment of Status, Asylum applications, Consular~~
Victim Advocacy	Victim Advocacy Virginia Beach Samaritan House 2620 Southern Boulevard Virginia Beach, VA 23450	Intake: Ph:757-631-0710 Fax: 757-631-0747 Hot Line: 757-430-2120 www.samaritanhouseva.org	The Victim Advocacy Program connects families with the community resources they need to get the help they deserve. Most people aren't aware of the many supportive programs and services that are available to them right here in our community. Our Advocates can help them decide what they do need and how, when and where to get it. Our advocates help them coordinate this effort to offer
Virginia Bar Veterans Initiative (Rev.09/30/23)	1111 E. Main Street Richmond, VA. 23219	Ph:804-644-0041 Website: https://vba.org/page/vba_veterans_initiative	Virginia Bar Veterans Initiative provides legal services to veterans residing in the state of Virginia. There is possible assistance with guardianship/family if client is a veteran. Please call for further information.
Virginia Hispanic Chamber of Commerce - Clínica Legal Inmigración	Virginia Hispanic Chamber of Commerce - Clínica Legal Inmigración 10700 Midlothian Turnpike #200 8300 Boone Blvd, Suite #450,	Contact: Lisa Rose Cox Ph: 804-378-4099	Virginia Hispanic Chamber of Commerce - Clínica Legal de Inmigración is for issues concerning immigration. The consult is Free. Events Time: 06:30 PM - 09:00 PM Eastern. Please call for registration and further information.
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service	ph:800-552-7977 Website: www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
Virginia Legal Aid Society- Danville (Rev.10/28/20)	Virginia Legal Aid Society Danville 519 Main Street Danville, VA 24541	Ph: 434-799-3550 Fax: 434- 799-5739 LawLine Toll Free: 866-534-5243 OR Ph:434-455-3080 Website:	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer,
Virginia Legal Aid Society-Farmville (Rev.10/28/20)	Virginia Legal Aid Society Farmville 217 East Third Street Farmville, VA 23901	Ph: 434-392-8108 Fax: 434- 392-5121 LawLine Toll Free: 866-534-5243 OR Ph:434-455-3080 Website:	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer,
Virginia Legal Aid Society-Lynchburg (Rev.10/28/20)	Virginia Legal Aid Society Lynchburg 513 Church Street Lynchburg, VA 24504	Ph: 434-846-1326 Fax: 434- 846-3826 LawLine Toll Free: 866-534-5243 OR Ph:434-455-3080 Website:	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer,

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Virginia Legal Aid Society- Martinsville (Rev.10/28/20)	Virginia Legal Aid Society Grace Network 16 Liberty St. Extension Martinsville, VA 24112 tMailing	Ph: 434-799-3550 Fax: 434- 799-5739 LawLine Toll Free: 866-534-5243 OR Ph:434-455-3080 Website: www.vlas.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office. This Site work with the following cases: Consumer,
Virginia Legal Aid Society-Suffolk (Rev.10/28/20)	Virginia Legal Aid Society Suffolk 155 East Washington St. Suffolk, VA 23434	Ph: 757-539-3441 Fax: 757-539-5142 LawLine Toll Free: 866-534-5243 OR Ph:434-455-3080	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary
Virginia Parent Advocates, LLC (Rev.09/21/20)	Virginia Parent Advocates, LLC 2209 W. Grace St. Richmond, VA 23220	Contact: Vicki Beatty Joan Brunner Ph:804- 366-0046 757-880-0879	The stated mission of the organization is: "to be advocates for parents in assuring their child with disabilities and/or healthcare needs receives the quality education and life services he or she is entitled to under the law." Workshops and consultations are offered.
Virginia Poverty Law Center	Virginia Poverty Law Center, Inc. 201 West Broad Street, Suite 302 Richmond, VA 23320	Ph: 804-782-9430 Fax: 804-649-3746 free: 800-868-8752	Toll- Virginia Poverty Law Center (VPLC) is a not-for-profit organization concentrating in the areas of law that affect low-income families. Was established to advocate on behalf of low-income Virginians on poverty issues of statewide importance, VPLC is the only state-wide organization providing training to local legal aid
Virginia Poverty Law Center - Immigration Services (Rev.08/11/22)	919 East Main Street, Suite 610, Richmond, VA 23219	Ph:804- 351-5274 Website:http://www.vplc.org	Virginia Poverty Law Center provides legal assistance by helping to complete immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Employment authorization, T visas, U visas, Violence Against Women Act (VAWA) petitions. English, Spanish.
Virginia State Bar (Rev.09/30/20)	1111 East Main Street, Suite 700 Richmond, Virginia 23219-0026	All Departments: 804-775-0500 Ph:800-828-1120 Voice/TTY: 711 Website:https://www.vsb.org	The mission of the Virginia State Bar is) to protect the public, to regulate the legal profession of Virginia, to advance access to legal services, and to assist in improving the legal profession and the judicial system. Office Hours: Mon.-Fri. 8:15 a.m. to 4:45 p.m.(excluding holidays).
Virginia State Bar Virginia Lawyer Referral Service (VLRS)	Virginia State Bar Virginia Lawyer Referral Service (VLRS)	Ph:804- 775-0808 Nationwide Toll-free: 800- 552-7977 Web: http://www.vsb.or	VLRS will provide the name and telephone number of a lawyer in your community who has indicated a particular interest in handling special education law issues and cases. Please call for further information.
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue Norfolk VA 23508	Ph: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. The program supports policies that contribute to the elimination of racism. This includes but is not limited to policies
LGBTQ			
LGBTQ Partner Abuse & Sexual Assault Helpline (Rev.	LGBTQ Partner Abuse & Sexual Assault Helpline	866-356-6998 Text:804-793-9999	LGBTQ Partner Abuse & Sexual Assault Helpline is dedicated to respond to the needs of LGBTQ survivors of intimate partner violence. 24/7 Helpline is
MEDICAL CARE			
Access Partnership	Access Partnership P.O. Box 41002	Ph:757- 853-8500 Fax: 757-221-2768	Access Partnership is a community collaboration of medical providers, charities, universities, churches, civic groups, free clinics, community health centers

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Angels of Mercy Medical Clinic (Rev.03/31/24)	7151 Richmond Road Suite 401 Williamsburg, VA 23188	Ph:757- 565-1700 Email:angelsofmercyclinic@g mail.com	Angels of Mercy Medical Clinic provides comprehensive medical management for chronic conditions such as hypertension, diabetes, high cholesterol, asthma, COPD, prediabetes and
Arlington Free Clinic (AFC) (rev.12/31/21)	Arlington Free Clinic 2921 11th St. South Arlington, VA 22204	Clinic and Patient Information: Ph: 703-979-1400 Administration Ph: 703-979-1425	Arlington Free Clinic provides free, high-quality healthcare to low-income, uninsured Arlington County adults through the generosity of donors and volunteers. Services: primary care, cardiology, pulmonology, oncology and
Arthritis and Osteoporosis Clinic	Arthritis and Osteoporosis Clinic 420 Clairmont Ct Ste 122	Ph:804- 526-6062	Serves adults providing information and treatment regarding Arthritis and Osteoporosis
Blue Ridge Medical Center (Rev.12/32/21)	4038 Thomas Nelson Highway Arrington, Virginia 22922	Ph:434-263-4000 Fax:434-263-4160 To access our emergency call service	Blue Ridge Medical Center provides high-quality healthcare to low-income, uninsured and insured individuals. Financial Assistance through the Sliding Scale Program is available. Services: primary care, pediatrics, nutrition, physical
Children's Hospital of Richmond	Children's Hospital of Richmond Brack Rd Campus	Ph: Appointments 904- 828-CHOP (2467)	Children's Hospital of Richmond is has joined with VCU Healthsystem to serve children from birth through the age of 21. VCU Healthsystem regards itself as
Dr. Lenore Buckley	Dr. Lenore Buckley VA Commonwealth University INT	Ph:1-800-762-6161 option 4	Lupus plus +ANA, no adult patients with Medicaid. Downtown office only meets on Tues to review referrals and will take a few weeks after receiving records
Federal Community Health Centers-	Vernon J. Harris East	Ph: 804-780-0840	Health centers are community-based and patient-directed organizations that
Guadalupe Free Clinic (Rev.06/24/24)	700 McKinney Blvd #1100 Colonial Beach, VA 22443	Ph:804- 224-0571 Fax: 804-224-0572 Email:carrington@guadalupefreeclini c.org	The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, is a donor-supported, volunteer-staffed free health clinic that seeks to serve the indigent, working poor and medically uninsured residents of the Town of Colonial Beach and Westmoreland County.. They provide primary, non-emergency
Jones Institute for Reproductive Medicine	Eastern Virginia Medical School- EVMS 601 Colley Ave Norfolk, VA 23507	Ph:757-446-7100 OR Toll free1-800-515-6637 Website:www.jonesinstitute.org	Serves adults providing information and treatment regarding reproductive medicine, infertility and invitro-fertilization.
Lackey Virtual Care-Free Clinic - Medical Care (Rev.03/01/24)	Lackey Virtual Care-Free Clinic - Medical and Dental Care	Website: https://lackeyclinic.org/lackey- virtual%20care/ You can also contact clinic for further details: 804-555-8888	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider.No appointment needed! You can start
Ledwith --Lewis Free Clinic (Rev.06/24/24)	317 Duke St, Tappahannock, VA 22560	Ph:804- 443-9590 Fax:804- 443-9560 Website:https://ledwithlewisfreeclinic. org	Ledwith- Lewis Free Clinic is a community-based organization providing quality healthcare to the people of the Northern Neck and Middle Peninsula regions of Virginia at little or no charge to low income, uninsured people and people with health insurance but no medication coverage. The following items are required to establish eligibility. A Picture ID. You must be over 18 years of age to qualify
Northern Neck - Middlesex Free Health Clinic (Rev.03/15/24)	51 William B Graham Ct, P.O. Box 1694 Kilmarnock, VA 22482	Ph:804- 435-0575 Fax:804- 435-9017 Email:info@nnmfhc.org Website:https://nnmfhc.org/	Northern Neck - Middlesex Free Health Clinic that provides health care to persons living in the Northern Neck Region and Middlesex County of Virginia who are uninsured or under-insured and cannot reasonably be expected to pay for such care. Services: Physical Therapy, Chronic & acute care, Specialty referrals, Laboratory tests X-Rays/CT scans, Diabetic Clinics, Dietitian services, Nebulizer treatments, Flu & pneumonia vaccines, School & sports physicals, Patient education and Mammograms. Specialty Clinics: Diabetic Clinics, Well-Woman Clinics, Musculoskeletal Clinics and Urology Clinics. Medical Clinic

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Patient Advocacy Care Team-(PACT)	Peninsula Department of Health 416 J. Clyde Morris Boulevard Newport News, VA 23601	Ph:757-594-7541	The PACT program is a cooperative effort between The Department of public Health and private physicians to increase access to primary care for low-income citizens. Low-income residents are admitted to the program through an eligibility screening conducted at the Peninsula Health Center
Project CARE-Network Provider for Uninsured Patients	Project CARE-Network Provider for Uninsured Patients 416 J. Clyde Morris Blvd Newport News, VA 23601	Ph: 757-594-8413 Fax: 757-594-0944	Project CARE is an organization of free clinics, sliding scale clinics, physicians, and hospital partners working together to help those without insurance and with an income at or below 200% of the Federal Poverty Level get the health care services they need. We are not an insurance company, but rather a network of
The Practice Set Free Clinic	The Practice Set Free Clinic Located in: Landstown Commons 3380 Princess Anne Rd	Ph:757.301.6964 Fax:757.301.6971 Website: http://thepracticesetfreeclinic.com	The Practice Set Free Clinic is a clinic targeting uninsured patients to provide urgent and family care, such as sports physicals and care for minor injuries and illnesses, on a walking basis Walk-In Clinic Hours are: Mon-Friday 7AM-7PM, Sat and Sun CLOSED. Insurance is not accepted. Serves children and
The Virginia Breast and Cervical Cancer Early Detection Program (BCCEDP)	The Virginia Breast and Cervical Cancer Early Detection Program (BCCEDP)	Website: http://www.vahealth.org/breastcancer/service	The Virginia Breast and Cervical Cancer Early Detection Program (BCCEDP), also known as Every Woman's Life strives to reduce sickness and death from breast and cervical cancer through screening exams. The program contracts with screening sites throughout Virginia to provide free mammograms, clinical breast exams, Pap tests and pelvic exams to women who qualify. Please visit
Velocity Urgent Care- Partnership with Sentara-Carrollton (Rev.10/28/20)	20209 Sentara Way, Suite 100 Carrollton, VA 23314	Ph:757-772-6125	Velocity Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is available for uninsured individuals for clinical visit with Instant Lab Test – \$125, clinical visit with Services – \$195 and clinical visit with Procedure – \$250. Hours: Monday – Friday: 8:00am – 8:00pm
Velocity Urgent Care- Partnership with Sentara-South Boston (Rev.10/28/20)	3601 Old Halifax Road, Suite 100 South Boston, VA 24592	Ph:434-290-1225	Velocity Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is available for uninsured individuals for clinical visit with Instant Lab Test – \$125, clinical visit with Services – \$195 and clinical visit with Procedure – \$250. Hours: Monday – Friday: 8:00am – 8:00pm
Velocity Urgent Care- Partnership with Sentara-Woodbridge (Rev.10/28/20)	16422 Navigation Dr. Woodbridge VA 22191	Ph:571-297-1437	Velocity Urgent Care treat minor illnesses and injuries that can't wait for a doctor's appointment but aren't severe enough for an emergency room visit. Payment: accepts all major insurance plans and Self-pay is available for uninsured individuals for clinical visit with Instant Lab Test – \$125, clinical visit with Services – \$195 and clinical visit with Procedure – \$250. Hours: Monday – Friday: 8:00am – 8:00pm
MEDICATION ASSISTANCE			
Catholic Charities of Eastern Virginia	Catholic Charities of Eastern Virginia 5361-A Virginia Beach Blvd., Virginia	Ph:757-875-0060 Website: www.cceva.org	The Pharmacy Connection Program of Catholic Charities of Eastern Virginia helps people receive their brand name medications directly from pharmaceutical companies free of charge. This program is for people 19 and older, uninsured,
Commonshare Non-Profit Pharmacy (Rev.07/01/21)	Commonshare Non-Profit Pharmacy 2026A Dabney Rd Richmond, VA 23230	Ph:804- 416-6255 Fax: 804-967-3999 Email: info@commonsharex.org Website: https://www.commonsharex.org	Commonshare Non-Profit Pharmacy provide prescription medication regardless of how good insurance is or what it may or may not cover or to uninsured individuals who meet criteria. Please call for further information.
Harris Teeter Pharmacy Program	Harris Teeter Pharmacy Program	Website:	Harris Teeter generic prescription saving club is a generic prescription program that allows you to fill your prescriptions for 88¢ to 99¢ per prescription, 100¢

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Kare Pharmacy (Rev.11/15/23)	Danville Location Park Ave 411 Park Avenue	Danville Location Park Ave New Patient: 434-201-4265	Kare Pharmacy & Compounding, Southside and Southwest Virginia's local source for compounded medications. Our Compounding Pharmacist, Compounding Technicians, and Patient Care Coordinators work as a team with
Kmart Generic Prescription Program	Kmart Generic Prescription	Website: https://pharmacy.kmartcorp .	Kmart Generic Prescription Program. Kmart pharmacies offer 90-day supplies
Kroger Pharmacy	Kroger Pharmacy	Website:	Kroger Pharmacy offers a 30-day supply of more than 300 prescriptions for \$4,
NeedyMeds	NeedyMeds	Helpline 800-503-6897	NeedyMeds offers assistance with Pharmacy Assistance Programs, coupons
Northern Neck - Middlesex Free Health Clinic-Pharmacy Services (Rev.03/15/24)	51 William B Graham Ct, P.O. Box 1694 Kilmarnock, VA 22482	Ph:804- 435-0575 Fax:804- 435-9017 Email: info@nnmfhc.org Website: https://nnmfhc.org/	Northern Neck - Middlesex Free Health Clinic that provides Prescriptions Services to persons living in the Northern Neck Region and Middlesex County of Virginia who are uninsured or under-insured and cannot reasonably be expected to pay for such care. Services: Prescriptions, Consultations & education. Eligibility: Eligibility screening is required for all pharmacy medication programs on a yearly basis. The Clinic may be able to assist you with your
Patient Advocate Foundation Co-Pay Rx Outreach	Patient PAdvocate Foundation Co- Rx Outreach	Website: https://copays.org/pharmaci	Patient Advocate Foundation Co-Pay Relief Program can help by covering co-
Senior Services of Southeastern Simplefill	Senior Services of Southeastern Simplefill	Ph:757- 461-9481 or visit Website: https://simplefill.com	is a resource for discount and free medications through The Pharmacy Simplefill is a program dedicated to offering efficient assistance for patients who
State Rx Plans.Us-Virginia Drug Card (Rev.10/19/20)	State Rx Plans.Us-Virginia Drug Card	Ph: 866-413-9778 Website: https://www.staterxplans.us/virginia.h tml	Virginia Drug Card is a free prescription assistance program available to everyone living in Virginia. The program was launched to help the uninsured and underinsured residents of Virginia gain access to significant savings on prescription medications at their local pharmacies. Please call or visit the website for further information.
Target Pharmacy Program	Target Pharmacy	Toll Free:877-RxTarget Website: www.target.com	Target pharmacies offer a 30-day supply of certain generic medications for \$4 or 90-days for \$10. Go to www.target.com click on Pharmacy (top of page) and then click on Generics Drugs now \$4each. When the page opens click on see <u>list of medications by Condition</u> or <u>See list of medications in Alphabetical order</u> .
The Partnership for Prescription Assistance -Virginia	The Partnership for Prescription Assistance - Virginia	888-477-2669; www.pparx.org	If you need help paying for medication, call toll-free number or visit Web site; Medicines FREE or NEARLY FREE.
Virginia Drug Card	Virginia Drug Card	Website: www.virginiadrugcard.com/index.php	Virginia Drug Card is a FREE Prescription Drug Card program for Virginia residents. The cards are provided through the United Networks of America and are accepted by 1,125 pharmacies across the state. The program was launched
Wal-Mart/Sam's Club Generic Prescription Program	Wal-Mart/Sam's Club Generic Prescription Program	Website: www.walmart.com	Wal-Mart/Sam's Club Generic Prescription Program. Wal-Mart pharmacies offer a wide variety of generic medications for \$4 for up to a 30-day supply or \$10 for 90 days. Go to the website and click on "Pharmacy" then scroll down to included medications where you can view a current list alphabetically or by condition.
MENTAL HEALTH-COUNSELING			

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Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-I ((Western Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION I (Western)	Adult REACH Crisis Line: 855-917-8278 Child REACH Crisis Line: 888- 908-0486 Adult and Child REACH Director: Leela While	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-II (Northern Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-II (Northern) (Rev.03/29/23)	REACH Crisis Line: 855- 897-8278 Adult & Child REACH Director: Liv O'Neal	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-Region III (Southwestern Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-Region III (Southwest)	REACH Crisis Line: 855- 887-8278 Adult and Children's REACH Director: Karen Adams	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-IV (Central Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-Region IV (Central)	REACH Crisis Line: 833-968-1800 Adult and Children's REACH Director: Autumn Richardson	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION V (Eastern Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION V	REACH Crisis Line: 888-255-2989 Adult and Children's REACH Director: Brandon Rodgers	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
AGAPE- Newport News	AGAPE- Newport News 443 Spratley Circle	Ph:757-236-6574	Provides comprehensive and multi-faceted counseling services. The primary emphasis is to equip the client with necessary tools and skills to improve their

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Attain ABA ((Rev.08/31/21)	Attain ABA 8000 Towers Crescent Drive, 13th Floor Vienna, VA 22182	Ph:866- 625-4740 Email:info@attainaba.com Website:https://www.attainaba.com/behavior-analysis/aba-therapy-in-virginia	Attain ABA provides ABA (applied behavior analysis) services. Please call for further information.
Autism Learners, LLC Rev.08/30/21)	Autism Learners, LLC	Contact: Megan O'Laughlen, BCBA, LBA Clinical Supervisor Cell: 540-905-9186 Ph:1-888-467-8241	Autism Learners, LLC provides ABA (applied behavior analysis) services to individuals ages 2-21. Please call for further information.
Barry Robinson Center Inc.	Barry Robinson Center Inc. 443 Kempsville Road	Admissions (toll free): 1-800-221-1995	The Barry Robinson Center (BRC) is a private, non-profit, behavioral healthcare organization dedicated to serving the needs of emotionally and behaviorally
BreakThru Autism Services (Rev.06/27/24)	BreakThru Autism Services 9720 Capital Court, Suite 404 Manassas, VA 20110	Contact: Tiffini Chamblin Ph:571- 232-3691 Email:info@breakthruservices.com Website:https://www.breakthruservic	BreakThru Services provides ABA (applied behavior analysis) services. Most insurance plans accepted. Please call for further information.
Brighter Strides ABA -Ashburn (Rev.06/26/24)	43490 Yukon Drive, Suite 104, Ashburn, Virginia 20147	Ph:804-207-3878 Toll Free:888-421-0788 888-879-9008	Brighter Strides ABA provides ABA (applied behavior analysis) services. Insurance: most commercial insurances & Medicaid are accepted. Please call for further information.
Brighter Strides ABA -Herndon (Rev.06/26/24)	400 Herndon Pkwy, Suite 150, Herndon, VA 20170	Ph:804-207-3878 Toll Free:888-421-0788	Brighter Strides ABA provides ABA (applied behavior analysis) services. Insurance: most commercial insurances & Medicaid are
Child and Family Connection - Williamsburg	Child and Family Connection - Williamsburg	Ph:757-229-7940 Fax:757-229-8081	Links families, children, and caregivers to resources that nurture children's positive development. Offers childcare consultation and child/family therapy.
CENTRA-ABA (Rev.06/27/24)	693 Leesville Road Lynchburg, VA 24502	Ph: 434-200-5750 Fax:434-200-1662	CENTRA provides ABA (applied behavior analysis) services. Please call for further information.
CENTRA Speech and Occupational Therapy (Rev.06/27/24)	693 Leesville Road Lynchburg, VA 24502	Ph: 434-200-5750 Fax:434-200-1662 Website:centrahealth.com	CENTRA provides Speech and Occupational Therapy services for individuals with developmental disabilities. Please call for further information.
Childhelp, Inc.	Alice C. Tyler Village of Childhelp 23164 Dragoon Road,	Ph: 540-399-1926; Fax: 540-399-1052; Website: www.childhelp.org;	Childhelp, Inc. is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Childhelp's approach focuses on prevention,
Civitas Health Services-Richmond (Rev.06/30/24)	Civitas Health Services Richmond, VA	Ph:804-737-3917 Email:info@civitashealth.com Website:https://www.civitashealth.co	Civitas Health Services provides ABA (applied behavior analysis) services. Please call for further information.
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 7460 Central Business Park Dr.	Ph.:757-644-6391 Fax:757.622.2011	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 11864 Canon Blvd., Suite 101,	Ph.:757-644-6391 Fax:757.622.2011 Website:www.compassyouthservices	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Charlottesville	Compass Behavioral Group 3040 Avemore Square Place	Ph:434.220.0089 Fax:434.220.0103	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Lynchburg	Compass Behavioral Group 20838 Timberlake Road, Suite B,	Ph:434.214.8112 Fax:434.534.3034	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.

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Compass Behavioral Group - North Richmond	Compass Behavioral Group 2727 Enterprise Pkwy 2nd Floor	Ph:804-372-0151 Fax:804-912-2163	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - South Richmond	Compass Behavioral Group 13000 Rivers Bend Blvd	Ph:804-544-9044 Fax:804-715-4789	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Midlothian (Rev.06/14/24)	Compass Behavioral Group 14407 Justice Road,	Ph:804-924-9260 Fax:804-464-4919	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Fredericksburg	Compass Behavioral Group 10715 Spotsylvania Avenue	Ph:540-339-3640 Fax:540-898-1040	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Leesburg (Rev.06/14/24)	Compass Behavioral Group 305 Harrison Street, SE, #1A	Ph:703.496.7804 Fax:571-359-6784	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Manassas (Rev.06/14/24)	Compass Behavioral Group 10530 Linden Lake Plaza, Ste	Ph:703-496-7804 Fax:571-359-6784	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Culpeper (Rev.06/14/24)	Compass Behavioral Group 410 Southridge Parkway	Ph:540-212-9222 Fax:540-321-4420	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Tappahannock (Rev.06/14/24)	Compass Behavioral Group 1413 Tappahannock Blvd, #5	Ph:804-203-2011 Fax:540-898-1040	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Winchester and Woodbridge	Compass Behavioral Group 47 W Jubal Early Dr, Suite 100	Ph:703-496-7804 Fax:571-359-6784	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Staunton/Waynesboro	Compass Behavioral Group 520 Lew Dewitt Blvd. #401,	Ph:540-949-7045 Fax:540-949-8897	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Harrisonburg (Rev.06/14/24)	Compass Behavioral Group 3360 Emmaus Road,	Ph:540-437-1605 Fax:540-437-1606	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Compass Behavioral Group - Roanoke (Rev.06/14/24)	Compass Behavioral Group 5296 Peters Creek Road	Ph:540.215.0535 Fax:540-206-2109	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under
Compass Behavioral Group - Rockbridge (Rev.06/14/24)	Compass Behavioral Group 35 Magnolia Square, Suite 11	Ph:540-462-2914 Fax:540-462-2892	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18. Medicaid is accepted.
Counseling for Couples-For Better or For Worse: A Course for Couples	For Better or For Worse: A Course for Couples	Contact: Robin Jones 804-717-6540	This class teaches couples how to improve their communication, how to reduce arguments and resolve conflict, how to solve problems as a team, and how to
Counseling for Children-Helping Children Cope with Divorce and Crisis Text Line (Rev.11/24/21)	counseling for Children-Helping Children Cope with Divorce and Crisis Text Line	Contact: Ginger Dotter 804-768-7747 Text HELLO to 741741 or message at facebook.com/CrisisTextLine	This educational group is for rising first graders through rising fifth graders whose parents are divorced or separated. The group addresses common Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains
Deaf & Hard of Hearing Counseling Services (DHHCCS) — Richmond	Deaf & Hard of Hearing Counseling Services (DHHCCS) — Richmond	Ph: 804-282-1943 TTY: 804.282.1944	The primary purpose of DHHCCS is to provide counseling for the deaf, hard of hearing, or deaf-blind, and their families, on issues both related to and unrelated
Family Preservation Services (FPS)-Abingdon (Rev.01/08/21)	661 E Main St. Abingdon, VA 24210	Statewide Referral Line: Ph:540.283.0486	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and
Family Preservation Services (FPS)-Christiansburg (Rev.01/08/21)	New River Valley Office 1650 Cambria Street NE	Statewide Referral Line: Ph:540.283.0486	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and

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Family Preservation Services (FPS)- Farmville (Rev.01/08/21)	FPS Farmville Office 201 N. Main Street Unit 2201-D Farmville, VA 23901	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 434.392.3328 Fax: 434.392.3325	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child &
Family Preservation Services (FPS)- Lynchburg (Rev.01/08/21)	Lynchburg Office 100 Copley Place Lynchburg, VA 24502	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 434.528.9711 Fax: 434.528.9716	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child &
Family Preservation Services (FPS)- Martinsville (Rev.01/08/21)	FPS Martinsville Office 445 E. Commonwealth Blvd. Martinsville, VA 24112	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 276.632.1113 Fax: 276.632.0923	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child &
Family Preservation Services (FPS)- Norton (Rev.01/08/21)	FPS Wise County Office 340 Anderson Hollow Road Suite 200 Norton, VA 24273	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 276.679.1045 Fax: 276.679.1047	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services. PS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child & Adolescent
Family Preservation Services (FPS)- Pennington Gap (Rev.01/08/21)	Scott and Lee 109 N. Main Street Pennington Gap, VA 24277	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 276.546.3330 Fax: 276.431.7215	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child &
Family Preservation Services (FPS)- Pounding Mill (Rev.01/08/21)	220 Clay Drive Pounding Mill, VA 24637	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 276.963.3606 Fax: 276.963.3747	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child &
Family Preservation Services (FPS)- Roanoke (Rev.01/08/21)	FPS Corporate Office 5371 Peters Creek Road Roanoke, Virginia 24019 FPS Roanoke Office	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Corporate Office Ph: 540.344.9501 Fax: 540.344.7162	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families in the community. Services includes: Child &
Family Preservation Services (FPS)- Staunton (Rev.01/08/21)	FPS Staunton Office 246 Rolla Mill Road Staunton, VA 24482	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph:	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental

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Family Preservation Services (FPS)- Winchester (Rev.01/08/21)	FPS Winchester Office 3363 Shawnee Drive Suite 1 Winchester, VA 22602	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 540.535.0043	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of
Family Preservation Services (FPS)- Wytheville (Rev.01/08/21)	FPS Wytheville Office 180 W. Main Street, Suite 2 Wytheville, Virginia 24382	Statewide Referral Line: Ph:540.283.0486 Email:info@fpscorp.com FPS Ph: 276.335.2243 Fax: 276.238.8822	Family Preservation Services (FPS) is a human service agency that. offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services.FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children
Help Your Way: Customer-friendly mental health	Help Your Way: Customer-friendly mental health 1617 Monument Avenue, Suite 301 Richmond, VA 23220	Contact: Kathy Levenston, Program Director Ph:804- 562-6604 Fax: 804-308-0551	Help Your Way was created to change the relationship between clients and mental health providers, with customer friendly mental health services. Helps people reach their goals by honoring their choices and perspectives. Engages customers in a "partnership for change," using collaborative tools to measure
Liberty Point Behavioral Healthcare (Rev.08/05/21)	1110 Montgomery Ave Staunton, VA 24401	Ph:540-213-0450 Toll-Free:800-496-7941 Website:https://libertypointstaunton.c om	Liberty Point Behavioral Healthcare, located in Staunton, VA., provides trauma-informed psychiatric residential treatment for young men ages 13 to 21 who are experiencing complex emotional, behavioral, and educational difficulties. Programs are specifically designed for youth with psychiatric disorders and co-
LifeStance Health (Rev.09/25/24)	1.Arlington 1005 N Glebe Rd Suite 525 Arlington, VA 22201 2.Ashburn- Ashbrook Pl 20008 Ashbrook Pl Suite 255	Billing Phone for all locations: Ph:253-254-5911 Website:https://lifestance.com 1.Arlington Ph: 888.495.2825	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments.Services:Adult Psychiatry, Child and Adolescent Psychiatry, Child and Adolescent Therapy, Child-Parent Relationship Therapy, Couples Therapy, Family Therapy
Lioness Healing and Wellness (Rev.11/12/24)	1400 Sunset Lane, Suite 4230 Culpeper, Virginia 22701	Ph: 540-616-2312 Fax: 540-274-9440 Website:https://lionesshealingandwel lness.com	Lioness Healing and Wellness provides mental health services adolescents and adults ages 10+ with a variety of mental health concerns as:Depression,Anxiety,Panic attacks,Trauma,ADHD,Insomnia,Bipolar disorder,Schizophrenia,Personality disorders, CD and Autism. We primarily focus on medication management (through pharmaceutical and/or holistic treatment methods) and incorporate brief therapy into our appointments. Insurances we accept: Aetna, Blue Cross Blue Shield,Cigna.Maryland Medicaid, Medicare (regular Medicare and Medi Blue only, United Healthcare Virginia Medicaid (United Healthcare and Anthem HKP only). Please call or visit the website for further information.
Mental Health Services-Alexandria Community Services Board (Rev.03/30/23)	720 North Saint Asaph St 4th Fl Alexandria, VA 22314-1941	Main Ph: 703- 746-3400 Fax: 703- 746-3437 TDD: 703- 7463440 Web Site: http://www.alexandriava.gov/mhmrsa	Promotes the quality of life for all Alexandria citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Alleghany Highlands Community Services Board (Rev.03/30/23)	205 E. Hawthorne Street Covington, VA 24426	Main Ph: 540- 965-1180 Fax: 540- 965-6348 TDD:540- 962-3939 Web Site: http://www.ahcsb.org	Promotes the quality of life for all citizens of Alleghany Highlands and surrounding areas affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.

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Mental Health Services-Arlington Community Services Board (Rev.03/30/23)	1801 North George Mason Drive Arlington, VA 22205	Main Ph: 703- 228-5150 Fax: 703- 228-5234 TDD: 703- 228-5269 Web Site: http://www.arlingtonva.us/csb	Promotes the quality of life for all citizens of Arlington affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Blue Ridge Behavioral Healthcare (Rev.03/30/23)	301 Elm Avenue SW Roanoke, VA 24016-4001	Main Ph: 540- 345-9841 Fax: 540- 345-6891 TDD:540- 345-0690 Web Site: http://www.brbh.org/	Promotes the quality of life for all citizens of Blue Ridge affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Central Virginia Community Services Board (Rev.03/30/23)	2241 Langhorne Rd Lynchburg, VA 24501	Main Ph: 434- 847-8050 Fax: 434- 847-6099 TDD: 434- 847-8062 Web Site: http://www.cvcsb.org/	Promotes the quality of life for all citizens of Central Virginia affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Chesapeake Community Services Board (Rev.03/30/23)	Main Ph: 757- 547-9334 Fax: 757- 819-6292 TDD: 757- 548-7080 Web Site: http://www.cityofchesapeake.net/services/depart/com-ser/	224 Great Bridge Boulevard Chesapeake, VA 23320	Promotes the quality of life for all citizens of Chesapeake affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Chesterfield Community Services Board (Rev.03/30/23)	PO Box 92 6801 Lucy Corr Court Chesterfield, VA 23832-0092	Main Ph: 804- 748-1227 Fax:804- 768-9205 TDD:804- 768-7200 Web Site: http://www.chesterfield.gov/administration/communityservicesboard/csbhome.asp	Promotes the quality of life for all citizens of Chesterfield and surrounding areas affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Colonial Community Services Board (Rev.03/30/23)	921 Capitol Landing Rd Williamsburg, VA 23185	Main Ph:757- 253-4061 Fax:757- 228-7173 TDD:757- 253-4382 Web Site: http://www.colonialcsb.org/	Promotes the quality of life for all citizens of James City and surrounding areas affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.

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Mental Health Services-Crossroads Community Services Board (Rev.03/30/23)	PO Box Drawer 248 60 Bush River Drive Farmville, VA 23901-0248	Main Ph: 434- 392-7049 Fax: 434- 392-9221 TDD: 800- 828-1120 Web Site: http://www.crossroadscsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Cumberland Mountain Community Services Board (Rev.03/30/23)	PO Box 810 Route 19 Near SVCC Cedar Bluff, VA 24609-0810	Main Ph: 276- 964-6702 Fax: 276- 964-5669 TDD:276- 964-7013 Web Site: http://www.cmcsb.com/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Danville-Pittsylvania Community Services Board (Rev.03/30/23)	245 Hairston Street Danville, VA 24540	Main Ph: 434- 799-0456 Fax:434- 799-4261 TDD: 434- 799-0198 Web Site: http://www.dpcs.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Dickenson County Behavioral Health Services (Rev.03/30/23)	PO Box 309 118 Park Place Clintwood, VA 24228	Main Ph: 276- 926-1682 Fax: 540- 926-8134 TDD:540- 926-6691 Web Site: http://www.dcbhs.com/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-District 19 Community Services Board (Rev.03/30/23)	20 West Bank Street Suite 7 Petersburg, VA 23803	Main Ph: 804- 862-8054 Fax: 804- 863-1665 TDD: 804- 862-8063 Web Site: http://www.d19csb.com	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.

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Mental Health Services-Eastern Shore Community Services Board (Rev.03/30/23)	PO Box 453 10129 Rogers Drive Nassawadox, VA 23413	Main Ph: 757- 442-3636 Fax: 757- 442-2319 TDD:757- 442-2880	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Fairfax-Falls Church Community Services Board (Rev.03/30/23)	12011 Government Center Parkway, Suite 836 Fairfax, VA 22035-1105	Main Ph: 703- 324-7000 Fax: 703- 324-3225 TDD: 703- 324-3015 Web Site: http://www.fairfaxcounty.gov/csb/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Goochland-Powhatan Community Services Board (Rev.03/30/23)	PO Box 189 3058 River Road West Goochland, VA 23063	Main Ph: 804- 556-5400 Fax: 804- 556-5403 TDD: 804- 556-5428 Web Site: http://www.gpcsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Hampton-Newport News Community Services Board (Rev.03/30/23)	300 Medical Drive, 2nd Floor Hampton, VA 23666	Main Ph: 757- 788-0300 Fax: 757- 788-0968 TDD: 757- 245-3089 Web Site: http://www.hnnscsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Hanover County Community Services Board (Rev.03/30/23)	12300 Washington Highway Ashland, VA 23005-7646	Main Ph:804- 365-4222 Fax: 804- 365-4282 TDD: 804- 365-4184 Web Site: http://www.co.hanover.va.us/csb/default.htm	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.

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Mental Health Services-Harrisonburg-Rockingham Community Services Board (Rev.03/30/23)	1241 North Main Street Harrisonburg, VA 22802	Main Ph: 540- 434-1941 Fax:540- 434-1791 TDD: 540- 434-1941 Web Site: http://www.hrcsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Henrico Area Mental Health & Retardation Services Board (Rev.03/30/23)	10299 Woodman Road Glen Allen, VA 23060-4419	Main Ph: 804- 727-8500 Fax: 804- 727-8580 TDD: 804- 727-8484 Web Site: http://www.co.henrico.va.us/mhmr/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Highlands Community Services Board (Rev.03/30/23)	610 Campus Drive, Suite 220 Abingdon, VA 24210	Main Ph: 276- 525-1550 Fax:276- 669-9093 Web Site: http://www.highlandscsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Loudoun County Community Services Board (Rev.03/30/23)	906 Trail View Blvd SE Suite C Leesburg, VA 20175	Main Ph: 703- 777-0378 Fax: 703- 771-5401 TDD: 703- 771-0377 Web Site: http://www.loudoun.gov/mhmr/index.htm	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Middle Peninsula-Northern Neck Community Services Board (Rev.03/30/23)	PO Box 40 129 Bowden Street Saluda, VA 23149	Main Ph: 804- 758-5314 Fax: 804- 758-3418 TDD: 804- 758-5004 Web Site: http://www.mpnnscsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.

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Mental Health Services-Mount Rogers Community Mental Health & Mental Retardation Services Board (Rev.03/30/23)	770 West Ridge Road Wytheville, VA 24382	Main Ph: 276- 223-3200 Fax: 276- 223-1455 TDD: 800- 828-1120 Web Site: http://www.mtrogerscsb.com/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-New River Valley Community Services Board (Rev.03/30/23)	700 University City Boulevard Blacksburg, VA 24060	Main Ph: 540- 961-8300 Fax: 540- 557-4042 TDD: 540- 961-8400 Web Site: http://www.nrvcs.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Norfolk Community Services Board (Rev.03/30/23)	248 West Olney Road Norfolk, VA 23510-1523	Main Ph: 757- 823-1600 Fax: 757- 441-1153 Web Site: http://www.norfolkcsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Northwestern Community Services Board (Rev.03/30/23)	209 W. Criser Road, Suite 300 Front Royal, VA 22630	Main Ph: 540- 636-4250 Fax: 540- 636-7171 TDD: 540- 828-1120 Web Site: http://www.nwcsb.com/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Piedmont Community Services Board (Rev.03/30/23)	24 Clay Street Martinsville, VA 24112-3715	Main Ph: 276- 632-7128 Fax: 276- 638-5450 TDD: 276- 632-9037 Web Site: http://www.piedmontcsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.

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Mental Health Services- Planning District One Behavioral Health Services (Rev.03/31/23)	PO Box 1130 1941 Park Avenue SW Norton, VA 24273	Main Ph: 276- 679-5751 Fax 276- 679-5754 TDD: 276- 679-5052	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Portsmouth Department of Behavioral Healthcare Services (Rev.03/31/23)	600 Dinwiddie Street Portsmouth, VA 23704-3844	Main Ph: 757- 393-8618 Fax: 757- 393-5226 TDD: 757- 393-5466 Web Site: http://www.portsmouthva.gov/behaviorhealthcareservices/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Prince William County Community Services Board (Rev.03/31/23)	8033 Ashton Avenue, Suite 107 Manassas, VA 20109-2892	Main Ph: 703- 792-7800 Fax: 703- 792-7704 TDD: 703- 792-7711 Web Site: http://www.pwcgov.org/csb/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Rappahannock Area Community Services Board (Rev.03/31/23)	600 Jackson Street Fredericksburg, VA 22401	Main Ph: 540- 373-3223 Fax:540- 371-3753 TDD: 540- 373-3223 Web Site: http://www.racsb.state.va.us/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Rappahannock-Rapidan Community Services Board (Rev.03/31/23)	PO Box 1568 15361 Bradford Road Culpeper, VA 22701-4238	Main Ph:540- 825-3100 Fax: 540- 825-6245 TDD:540 825-7391 Web Site: http://www.rrcsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.

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Mental Health Services-Region Ten Community Services Board (Rev.03/31/23)	502 Old Lynchburg Road Charlottesville, VA 22903-6500	Main Ph: 434- 972-1800 Fax: 434)-972-1831 TDD: 434- 970-1299 Web Site: http://www.regionten.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Richmond Behavioral Health Authority (Rev.03/31/23)	107 South 5th Street Richmond, VA 23219-3825	Main Ph:804- 819-4000 Fax: 804- 819-4081 TDD:804- 819-4145 Web Site: http://www.rbha.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Rockbridge Area Community Services Board (Rev.03/31/21)	241 Greenhouse Road Lexington, VA 24450	Main Ph: 540- 463-3141 Fax: 540- 462-6700 TDD: 540- 463-3141 Web Site: http://www.racsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Southside Community Services Board (Rev.03/31/21)	PO Box 488 424 Hamilton Boulevard South Boston, VA 24592	Main Ph:434- 572-6916 Fax: 434- 572-4881 TDD: 434- 572-2103 Web Site: http://www.sscsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Valley Community Services Board (Rev.03/31/21)	85 Sanger's Lane Staunton, VA 24401	Main Ph:540- 887-3200 Fax: 540- 213-7592 TDD: 540- 213-7348 Web Site: http://www.valleycsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.

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Mental Health Services-Virginia Beach Community Services Board (Rev.03/31/21)	3432 Virginia Beach Blvd Virginia Beach, VA 23452	Main Ph: 757- 437-3000 Fax: 757- 385-3466 TDD: 757- 437-3463 Web Site: http://www.vbgov.com/vgn.aspx?vgn_extchannel=532dc3215cea8110VgnVCM100000190c640aRCRD&vgnextp_archchannel=4540fd67f3ad9010VgnVCM1000000870b640aRCRD	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health Services-Western Tidewater Community Services Board (Rev.03/31/21)	5268 Godwin Boulevard Suffolk, VA 23434	Main Ph: 757- 255-7100 Fax: 757- 255-7142 TDD: Web Site: http://wtcsb.org/	Promotes the quality of life for all citizens affected by mental health, substance abuse disorders and intellectual disabilities. Also offer services for personal or family crisis. Please call for further information.
Mental Health America (MHA) - Richmond,	2008 Bremon Road, Suite 101 Richmond, VA 23226.	Ph:804- 257-5591 24-hour crisis center:800-273-TALK (8255) Crisis Text Line: 741741	Mental Health America (MHA) is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans. Services includes: prevention services for all; early identification and intervention for those at risk;
NAMI Virginia	NAMI Virginia P.O. Box 8260 Richmond VA 23226	Contact: Mira Signer, Executive Director Ph:804- 285-8264 Fax: 804- 285-8464	The National Alliance on Mental Illness (NAMI) mission is to promote recovery and improve the quality of life of Virginians with serious mental illness through support, education, and advocacy. They are not a direct service provider but they do provide education and support, and also information and resources.
NAMI Virginia's Statewide Hpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hpline and Resources	Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-6264 ext. 202	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline, you can
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline	Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800.799.4999	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing
Rappahannock Rapidan Community Services	Physical Address: 15361 Bradford Road Culpeper, VA 22701 Mailing Address:	Ph: 540- 825-3100 Crisis Hotline: 540-825-5656. Fax: 540- 825-6245	Rappahannock Rapidan Community Services provides comprehensive behavioral health, developmental disability, substance use disorder, and aging services. Services includes: Adolescent Mental Health Outpatient Services, Child & Adolescent Behavioral Health Support Coordination, Crisis Services,
Prosperity Eating Disorders Wellness Center (Rev.02/21/23)	1031 Sterling Road, Suite 203 Herndon, VA 20170	Ph:703-466-5150 x 803 Fax: 703-649-3599 Email: Rebecca@prosperityedwell.com OR	Prosperity Eating Disorders Wellness Center specialize in treating Anorexia, Bulimia, EDNOS, Orthorexia and Binge Eating Disorder in our partial hospitalization (PHP) and intensive outpatient programs (IOP). Accepted Insurance: Aetna, Anthem, BCBS Federal Health Keepers, Beacon, Cigna,
SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI)	SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI)	Ph: 1-877-SAMHSA-7	SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI) is the Nation's one-stop resource for information about substance abuse prevention and addiction treatment. We staff both English- and Spanish-speaking information specialists who are skilled at recommending appropriate

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State Mental Health Representative for Children and Youth Child and Family Services Department of Mental Health, Intellectual Disabilities and Substance Abuse Services	State Mental Health Representative for Children and Youth P.O. Box 1797 Richmond VA 23218	Ph:804- 786-3710 Web site: www.dmhmrzas.virginia.gov	Available to citizens statewide, Virginia's public mental health, intellectual disability and substance abuse services system is comprised of 16 state facilities and 40 locally-run community services boards (CSBs) The CSBs and facilities serve children and adults who have or who are at risk of mental illness, serious emotional disturbance, intellectual disabilities, or substance use disorders.
Substance Abuse Services-Partners in Recovery Program	Partners in Recovery Program	Hotline: 1800-888-9383 Emergency Services: 757 788-0400	The national substance abuse hotline and is available 24 hours a day for persons with alcohol and other drug problems and their families through the Hampton-Newport News Community Services Board. Call Partners In Recovery program. For personal or family crises call
The National Mental Health Association	The National Mental Health Association 1021 Prince Street Alexandria, VA 22314	Ph:703-684-7722 Fax:703-684-5968 Website: www.nmha.org	The National Mental Health Association is a non-profit organization striving to improve attitudes and services, as well as working towards prevention on mental illness. Offers printed materials, print media inserts, videos and basic research, TV and radio spots, print media inserts, videos and basic research updates.
Therapeutic Alliance Therapeutic Alliance, LLC-Falls Church (Rev.06/25/24)	Therapeutic Alliance 6400 Arlington Blvd., Ste. 670 Falls Church, VA	Ph:757-301-9065 Toll Free:833-319-0526 Fax:866-499-8840 Email: info@taculture.com	Therapeutic Alliance provides Applied Behavior Analysis (ABA) services. *Multi-lingual Therapists Available Upon Reques (Languages Spoken English and Spanish). Please call for further information.
Therapeutic Alliance Therapeutic Alliance, LLC-Sterling (Rev.06/25/24)	Therapeutic Alliance 22375 Broderick Dr., Ste. 125 Sterling, VA	Ph:757-301-9065 Toll Free:833-319-0526 Fax:866-499-8840 Email: info@taculture.com	Therapeutic Alliance provides Applied Behavior Analysis (ABA) services. *Multi-lingual Therapists Available Upon Reques (Languages Spoken English,Spanish,French, Albanian and Amharic). Please call for further information.
Thriveworks Counseling & Psychiatry-Alexandria (Rev.01/20/23)	6076 Franconia Rd Suite D, Alexandria, VA 22310	Ph: 571- 497-5593 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry-Alexandria (Rev.01/20/23)	3014 Colvin St Suite 1-A, Alexandria, VA 22314	Ph: 703- 596-1516 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.

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Thriveworks Counseling & Psychiatry- Arlington (Rev.01/20/23)	5303 Lee Hwy Arlington, VA 22207	Ph:571- 621-7741 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Ashland (Rev.01/23/23)	201 N Washington Hwy Suite 201, Ashland, VA 2300	Ph:804- 885-2821 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Blacksburg (Rev.01/23/23)	106 Southpark Dr C, Blacksburg, VA 24060	Ph: 540)-701-2962 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Bristol (Rev.01/23/23)	361 Falls Dr Bristol, VA 24210	Ph: 423- 556-4532 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.

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Thriveworks Counseling & Psychiatry- Charlottesville (Rev.01/23/23)	2300 Commonwealth Dr Suite 100, Charlottesville, VA 22901	Ph 434- 234-4120 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Charlottesville (Rev.01/23/23)	400 Locust Ave Suite 4, Charlottesville, VA 22902	Ph 434- 234-4120 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Chesterfield (Rev.01/23/23)	9846 Lori Rd #210, Chesterfield, VA 23832	Ph:804- 575-5866 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Fredericksburg (Rev.01/23/23)	701 Kenmore Ave Suite 105, Fredericksburg, VA 22401	Ph:540- 625-1144 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.

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Thriveworks Counseling & Psychiatry- Harrisonburg (Rev.01/23/23)	370 Neff Ave, Harrisonburg, VA 22801	Ph:540- 340-578 1Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Henrico (Rev.01/23/23)	12093-95 Gayton Rd, Henrico, VA 23238	Ph:804- 373-7594 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Lynchburg (Rev.01/23/23)	1000 Jefferson St Suite 1B, Lynchburg, VA 24504	Ph:434-732-2469 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- Manassas (Rev.01/23/23)	10755 Ambassador Dr Suite 201, Manassas, VA 20109	Ph:571- 556-8989 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry- McLean (Rev.01/23/23)	1311 Dolley Madison Blvd Building A, Suite 2D, McLean, VA 22101	Ph:571 536-7741 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.

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Thriveworks Counseling & Psychiatry-McLean (Rev.01/23/23)	6861 Elm St Suite 3A, McLean, VA 22101	Ph:571- 621-7858 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry-Midlothian (Rev.01/23/23)	13817 Village Mill Dr Unit R, Midlothian, VA 23114	Ph:804 373-7154 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Thriveworks Counseling & Psychiatry-Reston (Rev.01/23/23)	11260 Roger Bacon Dr STE 103, Reston, VA 20190	Ph:571- 556-8659 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages:
Thriveworks Counseling & Psychiatry-Richmond (Rev.01/23/23)	1657 W Broad St Suite 200, Richmond, VA 23220	Ph:804 575-7258 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages:
Thriveworks Counseling & Psychiatry-Richmond (Rev.01/23/23)	5310 Markel Rd UNIT 102, Richmond, VA 23230	Ph:804- 375-4870 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages:
Thriveworks Counseling & Psychiatry-Richmond (Rev.01/23/23)	1901 E Franklin St Suite 108, Richmond, VA 23223	Ph:804 376-5413 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit
Thriveworks Counseling & Psychiatry-Roanoke (Rev.01/23/23)	3235 Electric Rd Suite 1A, Roanoke, VA 24018	Ph:540- 340-9396 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit
Thriveworks Counseling & Psychiatry-Sterling (Rev.01/23/23)	45575 Shepard Dr Suite 101, Sterling, VA 20164	Ph: 571- 556-8926 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages:

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Thriveworks Counseling & Psychiatry-Woodbridge (Rev.01/27/23)	2501 Hunter PI Suite 202, Woodbridge, VA 22192	Ph:571- 556-8911 Website: https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information.
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060	Ph:804-330-3141 Fax:804-330-3611 Email vacsb@vacsb.org Website: https://vacsb.org	the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office Hours: M-F 8:30AM - 5:00PM.

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MULTICULTURAL SUPPORTS			
Al-Hewar Center-The Center for Arab Culture and Dialogue African Communities Together (Rev.12/31/21)	Al-Hewar Center-The Center for Arab Culture and Dialogue 1225 S. Clark Street, Suite 504 Arlington, VA 22202	Ph: 703-281-6277 Fax: 703-281-0528 Ph:240- 621-0194 Email:info@africans.us Website:https://africans.us	Al-Hewar Center is a place for dialog among the various members of the Arab community. Its goals were to find common ground within the community and to African Communities Together is an organization of African immigrants fighting for civil rights, opportunity, and a better life for our families here in the U.S. and worldwide. They help African immigrants find free or low-cost assistance with
CASA De Virginia (Rev.12/31/21)	Woodbridge Welcome Center 1455 Old Bridge Road, Suite 203 Woodbridge, VA 22192	Ph: 571.421.2211 Website:https://wearecasa.org/contact/	CASA De Virginia provides critical services to immigrant and working-class families, and advocates for their rights. Services include: Community Organizing, Financial Education, Health and Human Services, Youth Leadership Development and AmeriCorps. Hours: M-F: 9:00 am – 5:00 pm. Please call for
CASA de Virginia-Immigration Services (Rev.08/11/22)	1455 Old Bridge Rd, Suite # 203, Woodbridge, VA 22192	Ph:571- 421-2211 Email: jnavarrete@wearecasa.org Website:http://www.wearecasa.org ,	CASA de Virginia mission is to help completing immigration forms and Filings with USCIS.Areas of legal assistance: Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Family-based petitions, Naturalization/Citizenship.Languages:Arabic, Arabic (Egyptian), Burmese, English, French, Spanish, Sudanese, Yoruba.
Catholic Diocese of Arlington Hogar Immigrant Services	Catholic Charities Education Program 8251 Shoppers Square, Manassas, VA 20111	Ph:571- 208-1572 Fax: 571- 229-9443	Hogar Immigrant Services goal is to help immigrants to become self-sufficient and productive members of American society through bilingual outreach programs, including a continuum of networking, immigration legal services, citizenship classes, and English as a Second Language classes. Please call for further information.
Catholic Diocese of Arlington Hogar Immigration Services (Rev.08/11/22)	6301 Little River Turnpike, Suite 300, Alexandria, VA 22312	Ph:703- 534-9805 Email:hogar@ccda.net Website:http://www.ccda.net/hogarlegal	Catholic Diocese of Arlington Hogar Immigration Services mission is to help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA). Areas of legal assistance: Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, NACARA, Naturalization/Citizenship, Removal hearings, Special
Centreville Immigration Forum (Rev.12/31/21)	Centreville Immigration Forum 5944 Centreville Crest Lane Centreville, VA 20121 POSTAL MAIL Centreville Immigration Forum	Ph:703- 543-6272 Email: contact@theCIFva.org Website:http://centrevilleimmigrationforum.org	The mission of the Centreville Immigration Forum (CIF) is to implement sustainable programs that provide immigrants in need with the means to improve their lives and become more integrated into the community; improve communication and cooperation among groups serving immigrants; and build community recognition of our strength in diversity. Programs include:
Church World Service (Harrisonburg) (Rev.02/20/25)	250 East Elizabeth Street Suite 215	Ph:540-433-7942, Website:https://cwsharrisonburg.org/	Church World Service provides legal immigration services. Areas of legal assistance:Adjustment of Status, Asylum applications, Consular Processing,
Coalition of Asian Pacific Americans of Virginia (CAPAVA) (Rev.12/31/21)	Coalition of Asian Pacific Americans of Virginia (CAPAVA)	Ph: 703-637-0488 Email	The Coalition of Asian Pacific Americans of Virginia (CAPAVA), is a 501(c)3 nonprofit organization that seeks to advance the cause of Asian Pacific

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Commonwealth Catholic Charities (Hampton Roads Office) (Rev.02/20/25)	740 Thimble Shoals Blvd. Suite F Newport News, VA 22606	Ph: 757-247-3600 ext. 306 Fax: 757 247-1070 Contact: Sheila Marble Email:sheila.marble@cccovfva.org Website: http://www.cccovfva.org	Commonwealth Catholic Charities staff is accredited by the Board of Immigration Appeals to provide immigration advice and assistance in completing immigration processing. Services includes:•General Immigration Services: General consultations, Work authorization applications, Re-entry permits, Temporary Protective Status, Extension of stay, Replacement of lost green cards, Freedom of Information Act, Permanent residency applications, Family
Ethiopian Community Development Council Inc.	Ethiopian Community Development Council Inc. 1038 S. Highland St Arlington, VA 22204	Ph: 703-685-0510 Fax: 703-685-0529 Email: ecdc@erols.com	The Ethiopian Community Development Council, Inc., (ECDC) is a nonprofit, community-based organization. Its mission is to resettle refugees; provide cultural, health, educational, and socioeconomic development programs to the immigrant and refugee community in the United States; and to assist in educational and socioeconomic development programs in the Horn of Africa.
Immigrant Connection-Blue Ridge (Rev.02.20.25)	3706 Peters Creek Rd , Roanoke, VA 24019	Ph:540)-581-2963 Email:icblueridge@gmail.com Website: https://www.immigrantconnectionblueridge.com/	Immigrant Connection-Blue Ridge provides legal immigration services. Areas of legal assistance:Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Employment-based immigrant and non-immigrant petitions, Family-based petitions,
Just Neighbors Ministry-Immigration Services (Rev.08/11/22)	7630 Little River Turnpike, Suite 900, Annandale, VA 22003	Ph: 703-979-1240 Email:info@justneighbors.org Website: http://www.justneighbors.org	Justice Neighbors mission is to help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA). Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, NACARA,
Korean American Disabled People's Association	Korean American Disabled People's Association Virginia KADPA	Contact Susan Oh Ph: 703-474-9200 email: vaKADPA@gmail.com	The Korean American Disabled People's Association (KADPA) was started in 1991 by a small group of Baltimore area families with children with disabilities and volunteers. Initially formed as a support group serving a limited number of
Literacy Volunteers Winchester Area (Rev.02/20/25)	301 N. Cameron Street, Suite 102, Winchester, VA 22601	Ph: 540-536-1648 Email:info@lvwa.org Website: https://www.lvwa.org/	Literacy Volunteers Winchester Area provides legal immigration services.Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, NACARA, Naturalization/Citizenship, Special Immigrant Juvenile Status, Temporary Protected Status (TPS), U visas, Violence Against Women
LUCHA Ministries, Inc.-Immigration Services (Rev.02/20/25)	1019 Princess Anne St., Fredericksburg, VA 22401	Ph:540- 370-4502, Email: gsmith@cbf.net Website: http://www.luchaministries.org ,	LUCHA Ministries, Inc. mission is to help completing immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Family-based petitions, Naturalization/Citizenship. Languages: English, Spanish.
Lutheran Social Services NCA- Refugee and Immigration Services (Fairfax Office) (Rev.02/20/25)	8922 Little River Turnpike, Fairfax, VA 22031	Ph:703- 698-5026 ext. 110 or 127, Website: http://www.lssnca.org	Lutheran Social Services NCA- Refugee and Immigration Services provides legal immigration services. Areas of legal assistance: Adjustment of Status, Employment authorization, Family-based petitions, Naturalization/Citizenship, Types of legal assistance:Help completing forms, Filings with USCIS. Please call or visit the website for further information

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International Rescue Committee-Immigration Services - Charlottesville (Rev.08/11/22)	International Rescue Committee-Immigration Services - Charlottesville 609 E. Market Street, Suite 104, Charlottesville, VA 22902	Ph:434- 979-7772 Website:Charlottesville@rescue.org Website:http://www.rescue.org ,	The mission of International Rescue Committee is to help completing immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Humanitarian Parole, NACARA, Naturalization/Citizenship, P1 or P2
International Rescue Committee-Immigration Services -Richmond (Rev.08/11/22)	International Rescue Committee-Immigration Services 1301 North Hamilton Street Suite 101 Richmond, VA 23230	Ph: 434-962-9297 Email:immigration.va@rescue.org Website:https://www.rescue.org/united-states/richmond-va	The mission of International Rescue Committee is to help completing immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Humanitarian Parole, NACARA, Naturalization/Citizenship, P1 or P2
Justice Neighbors-Immigration Services (Rev.08/11/22)	Justice Neighbors-Immigration Services 7630 Little River Turnpike, Suite 900, ANN, VA 22003	Ph: 703-979-1240 Email:info@justneighbors.org Website:http://www.justneighbors.org ,	Justice Neighbors mission is to help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA). Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, NACARA, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile
Kids In Need of Defense (KIND) (Rev.08/12/22)	2815 Hartland Rd, Suite 110 Falls Church, VA 22043	Ph: 202- 670-3585 Fax: 703- 942-6798 Email:infodc@supportkind.org Website:https://supportkind.org	Kids In Need of Defense (KIND) is the preeminent U.S.-based nongovernmental organization devoted to the protection of unaccompanied and separated children. KIND envisions a world in which every unaccompanied child on the move has access to legal counsel and has their rights and well-being protected as they migrate alone in search of safety. Ensure that no child appears in
Legal Aid Works-Immigration Services (Rev.08/11/22)	500 Lafayette Boulevard, Suite 100, Fredericksburg, VA 22401	Ph:540 371-1105 Email: LAWFred@legalaidworks.org Website:http://www.legalaidworks.org	Legal Aid Works-Immigration Services mission is to help completing immigration forms, Filings with USCIS and Representation before the Board of Immigration Appeals (BIA). Areas of legal assistance: U visas, Violence Against Women Act (VAWA) petitions
LUCHA Ministries, Inc.-Immigration Services (Rev.08/11/22)	P.O. Box 8239, 400 Chatham Square Office Park, Fredericksburg, VA 22404-8239	Ph:540- 370-4502, Email: gsmith@cbf.net Website:http://www.luchaministries.org ,	LUCHA Ministries, Inc. mission is to help completing immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Family-based petitions, Naturalization/Citizenship, Languages: English, Spanish.
Making a Difference Foundation	Making a Difference Foundation 990 Kelso Court, Virginia Beach VA 23464	Ph: 757-375-8195	Outreach into Hispanic/Minority communities, Translation /service referral efforts,24 hour emergency service, Tutoring/Mentoring Assistance, Leadership/Motivational workshops, Family Empowerment, Family Resource Referral, Parenting Workshops, Juvenile violence abatement, job internship and apprenticeships, Scholarships, SAT preparation, LPT, Standard of Learning
Marmol & Marmol, PLLC Immigration Attorneys (Rev.10/08/24)	21430 Cedar Drive, Suite 208, Sterling, VA 20164	Ph:703- 570-6491 Email:amarmol@marmolpllc.com	Marmol & Marmol, PLLC specializes in the practice of immigration law with an emphasis on honest, zealous, and compassionate legal representation. Practice

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Mexican American Legal Defense and Educational Fund (MALDEF)	Mexican American Legal Defense and Educational Fund (MALDEF)	Ph:202-293-2828	Mexican American Legal Defense and Educational Fund (MALDEF) is a national nonprofit organization whose mission is to protect and promote the civil rights of
NCLR-National Council of La Raza	NCLR-National Council of La Raza 1126 16th St. NW Suite 600	Ph: 202-785-1670 Fax: 202-776-1792	NCLR-National Council of La Raza is a national organization who serve millions of Latinos in the areas of civic engagement, civil rights and immigration.
NewBridges Immigrant Resource Center (Rev.02/20/25)	41 Court Square , Suite B, Harrisonburg, VA 22801	Ph:540- 438-8295 Email:info@newbridgesirc.org Website:https://newbridgesirc.org/ ,	NewBridges Immigrant Resource Center provides legal immigration services. Areas of legal assistance:Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Naturalization/Citizenship, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions. Types of legal assistance: Help completing forms, Filings with USCIS. Please call or visit the website for further
Northern Virginia Family Service (Rev.08/12/22)	Northern Virginia Family Service 6400 Arlington Blvd	Contact: Ms.Nathali Stamy Ph:571-748-2806	Northern Virginia Family Service provides legal immigration services. During the consultation, NVFS will determine whether we can accept your case for
Refugee and Immigration Services	Refugee and Immigration Services 1615 Kecoughtan Rd, Hampton VA	Ph: 757-247-3600 Fax: 757-247-1070	Refugee and Immigration Services provides cultural orientation, assistance in helping immigrant families access community services, English language
Solutions in Hometown Connections (SHC)-Citizenship Preparation	Solutions in Hometown Connections (SHC)-Citizenship	Ph:301-615-1034 Email:Email info@shconnections.org	SHConnections supports individuals and their families through a network of mentors, tutors, community groups.This program provides:- Civics
Tahirih Justice Center (Falls Church Office) (Rev.02/20/24)	6402 Arlington Blvd, Suite 300, Falls Church, VA 22042	Ph:571- 282 6161 http://www.tahirih.org ,	Tahirih Justice Center (Falls Church Office) provides legal immigration services. Areas of legal assistance:Asylum applications, Special Immigrant Juvenile Status, T visas, U visas, Violence Against Women Act (VAWA) petitions. Types
The Adams Center (Rev.12/31/21)	46903 Sugarland Rd. Sterling, VA 20164	Ph: 703-433-1325 Fax: 703-935-0857	The Adams Center provide religious, social, and educational services to enable the Muslim community to fulfill its responsibilities and contribute to the
The Hispanic Committee of Virginia	The Hispanic Committee of Virginia 5827	Ph:703.671.5666 Fax: 703.671.2325 OR	The Hispanic Committee of Virginia is a private, nonpartisan, tax-exempt nonprofit organization established in 1967 to enable Hispanic immigrants in
University of Virginia School of Law, Legal Aid Justice Center - Immigration Clinic (Rev.08/11/22)	1000 Preston Ave, Suite A, Charlottesville, VA 22903	Ph:434- 977-0553, Website:http://www.law.virginia.edu/h tml/academics/practical/immigration. htm	University of Virginia School of Law, Legal Aid Justice Center - Immigration Clinic provides assistance with completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation
USCRI in Raleigh, NC- U.S. Committee for Refugees	USCRI North Carolina Scott Phillips, Director	Ph: 919-334-0072 Fax: 919-324-3687	USCRI- U.S. Committee for Refugees attorneys in Raleigh, NC assist families by defending their rights, promoting self-sufficiency, and forging community
Virginia Poverty Law Center- Immigration Services (Rev.08/11/22)	919 East Main Street, Suite 610, Richmond, VA 23219	Ph:804- 351-5274 Email:lavida@vplc.org Website:http://www.vplc.org	Virginia Poverty Law Center provides legal assistance by helping to complete immigration forms and Filings with USCIS. Areas of legal assistance: Adjustment of Status, Employment authorization, T visas, U visas, Violence Against Women Act (VAWA) petitions.Languages:English, Spanish.
YWCA of South Hampton Roads	YWCA of South Hampton Roads 5215 Colley Avenue	Ph: 757-625-4248 Fax: 757-625-1946	YWCA of South Hampton Roads is dedicating to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all.
PARENTING CLASSES/SUPPORTS			
Child and Youth Behavioral and Mental Health Services	Child and Youth Behavioral and Mental Health Services 289 Independence Blvd, Pembroke 3, #245, Virginia Beach, VA 23462	Contact Number: 385-0850 To schedule a VICAP appointment: 385-0866	A community based program whose mission is to enhance the lives of children, adolescents and their families. Child and Youth Services offers an array of services designed to assist children and adolescents who are experiencing emotional difficulties, behavior problems and/or substance abuse. The goal of most treatment plans is to help the child succeed while remaining in the family.
Child Health Integrated Cultural Outreach Services Project (CHICOS)	Child Health Integrated Cultural Outreach Services Project (CHICOS)	Ph:804-783-2667 Fax: 804-783-2723 Website:	The CHICOS project will build CHIP of Virginia's capacity to meet the health and family support services needs of language minority children and their families; focused home visiting for families with young children (0-6 years). The CHIP

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CHIP of Richmond, a program of Family Lifeline	CHIP of Richmond, a program of Family Lifeline Richmond Office:	Contact: Pat Purcell, Director of Clinical Services Ph: 804-233-2850	CHIP of Greater Richmond enriches the lives of children and the community by providing comprehensive services, in partnership with parents, to improve the overall health, well-being and independence of families. CHIP merged in 2011
Commonwealth Parenting Center	Commonwealth Parenting Center 5206 Markel Rd., Suite 300 Richmond, VA 23230	Contact: Susan Brown, Director of Educational Services Ph:804- 545-1272 Fax: 804- 545-1273 Parent Tip Line: 804-545-1000	The mission of Commonwealth Parenting is to help families help themselves through support, education and skill development with a focus is on all families. Some services provided are individual consultations, classes and drop-in support. Commonwealth Parenting has conducted the Sibshops for siblings of children with special needs.
Coping with Your Child's Behavior: Preschool/Early Elementary Years - Parenting Classes	Coping with Your Child's Behavior: Preschool/Early Elementary Years - Parenting Classes	Contact: Whitney Kern 804-717-6547 kernk@chesterfield.gov	This behaviorally focused class for parents combines short lectures, group discussions and demonstrations to teach the most effective strategies for handling typical preschool/early elementary behavior. The emphasis is on practical approaches. This class is offered by Prevention Services, Chesterfield Mental Health Support Services. Schedule: Tuesdays, Jan 28-Mar 18, 2014 - 6:00 PM - 7:30 PM. Fee: \$50.00. For more information, please call 804-717-6547.
Family Involvement, the Center for	Family Involvement, the Center for Center for Family Involvement Partnership for People with Disabilities	Contact: Dana Yarbrough, Director Ph: 804- 828-0352 Email: dvyarbrough@vcu.edu	The staff at the Center for Family Involvement is made up of parents, family members and professionals. A family navigator can provide: one to one emotional support, information, referral and linkages to services for your child, enhanced support and tools to help parents plan for service meetings, culturally-
First Home Care-Foster Care Services-Northern Virginia (Rev.02/26/21)	First Home Care-Foster Care Services-Northern Virginia	Northern Virginia: 703-914-0182 After-hours/Emergency Placement referrals: 703-649-4504 Email: FHCNoVATEC@uhsinc.com	First Home Care is fully operational. We continue to accept foster care referrals, conduct foster care placements and virtual foster parent training classes for those who are in the process of becoming foster parents. Please call for further information
First Home Care-Foster Care	First Home Care-Foster Care	Richmond: 804-358-8737 After-	First Home Care is fully operational. We continue to accept foster care referrals,
First Home Care-Foster Care	First Home Care-Foster Care	Roanoke: 540-265-2380 After-	First Home Care is fully operational. We continue to accept foster care referrals,
Getting to Know Your Young Child -	Getting to Know Your Young Child -	Contact:Brehonda Lewis-Cuff	This class is for parents who want to learn more about the basic needs of young
Greater Richmond SCAN's Family Support Program	Greater Richmond SCAN's Family Support Program 103 E. Grace Street Richmond, Virginia 23219	Contact: Jeanine Harper, Executive Director Phone: 804- 257-7226 Fax:804- 257-7109 To Report Abuse: 800- 552-7096	Parenting groups and simultaneous children's groups throughout Richmond. Gives the support and tools parents and care-givers need to build healthier relationships with their children; offers assessment, referrals, case management, and counseling services.
Living Apart... Parenting Together	Living Apart... Parenting Together Chesterfield County Mental Health	Contact: Millicent Brickle 804-768-7212	This class focuses on how parents of children up to age 18 can assist their children when parents no longer live together. This class is offered by Prevention
Parenting Classes	Washington, D.C. 20036	Contact: Angela Bernard Ph: 757-962-2112	This is a Virginia Court Approved Program for parents with children 4 years old and up. Classes Tuesday nights 6:00AM-8:00 PM (Duration 6 weeks). Pre-registration required. Family can reside at any City.

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Parenting Classes for Parents of Children with ADHD	Parenting class for parents of children with ADHD Chesterfield County Youth Planning and Development P.O. Box 40 Chesterfield, VA 23832; Street Address	Contact: Whitney Kern Ph: 804- 717-6739 Email: kernk@chesterfield.gov Website:www.chesterfield.gov/Parenting Classes	Chesterfield County Youth Planning and Development provides parenting classes for parents of children with ADHD. This course for parents or caregivers of elementary-school-aged children with ADHD offers participants tools to help in raising their children. Topics include talking to children about ADHD, helping children develop positive behaviors and decrease negative behaviors, teaching children to manage their feelings, and supporting children in being successful at school. Participants will have the opportunity to talk with other parents about
Parenting Classes The Sake Program	Ph: 202- 293-2828	Contact: Lisa Strickland Ph: 757-965-8641 Website:http://www.theupcenter.org/	This is a Virginia Court Approved Program when CPS is involve. For children 4 years old and up. Classes Tuesday nights 6:00AM-8:00 PM (Duration 6 weeks). Pre-registration required. Family can reside at any city.
Parenting Classes The Step Program	The Up Center-Norfolk 222 West 19th St, Norfolk VA 23517 The Up Center-Portsmouth 1805 Airline Blvd, -Portsmouth VA 23707 The Up Center-Suffolk 109 1/2 Clay St Suffolk, VA 23434	Contact: Heather Mathews 757-397-2121 Website:http://www.theupcenter.org/	This is a Virginia Court Approved Program. Parenting Skill Program. For children 4 years old and up. Classes Tuesday nights 6:30AM-8:30 PM (Duration 6 weeks). Pre-registration required. Family can reside at any city
Parenting Your Young Adolescent: The Jekyll and Hyde Years -Parenting classes	Parenting Your Young Adolescent: The Jekyll and Hyde Years - Parenting classes	Contact: Ashley Rogers 804-717-6739 rogersa@chesterfield.gov	This course is for parents of early adolescents, 10-15 years old. Development, effective communication, relationship enhancement, conflict reduction and behavior management are emphasized. This class is offered by Prevention Services, Chesterfield Mental Health Support Services. Schedule: Mondays, Oct
The Young Marines	Young Marines National	Ph:800-717-0060	The Young Marines is a youth education and service program for boys and girls,
UbiCare- Parenting and Expectant Families-DoD Military Health System (Rev.10/09/20)	UbiCare- Parenting and Expectant Families-DoD Military Health System	Ph: 617-524-8861 Website:https://info.ubicare.com/tricare_pregnancy-childhood-education Email:debra.zalvan@ubicare.com	UbiCare is contracted by the Defense Health Agency (DHA) of the United States Department of Defense (DoD) to provide their virtual patient engagement program for all expectant and new military families worldwide. This program is free, includes customized information, news and resources tailored to your specific stage of pregnancy and/or your child's age—as well as announcements from our staff and access to support information. Please visit the website to enroll.
Virginia Paternity Establishment	Virginia Paternity Establishment	Contact:Laphillda Davis, Eastern	Paternity Establishment is the critical first step in ensuring the father is in the
RECREATION			
Camp Aristotle PEERS Fairfax Campus (Rev.05/17/23)	Chantilly, VA	Ph:703-793-9353 Email:camparistotleffx@gmail.com Website:www.theauburnschool.org	Camp Aristotle PEERS Fairfax Campus is designed for individuals with ADHD, High functioning autism, anxiety-related disorders. Ages:Rising K to Rising 9th grade.Hours:8:30 a.m. to 3:00 p.m. or 8:30 a.m. to 12:00 noon.Dates:July 10 – August 5. Cost:\$750/week. Please call for further information.
Camp Child	Camp Child	Ph:434-384-2465 Website:www.campchild.org	Camp Child was designed for students identified as disabled to provide a summer program of individualized academic reinforcement and instruction to

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Camp Easter Seals Virginia	Camp Easter Seals Virginia 8003 Franklin Farms Drive Suite 100 Richmond VA 23229	Ph: 804-287-1007 Toll Free:1-866-874-4153 Website: www.va.easterseals.com	Provides quality camping programs for people with physical and cognitive disabilities and/or special needs. The Easter Seals Camp is designed to offer children and adults with disabilities the opportunity to enjoy fun and challenging activities in supporting and cooperative atmosphere.
Camp Easter Seal/UCP (Rev.04/26/23)	Camp Easter Seal/UCP	Ph:540-777-7325 Email:camp@eastersealsucp.com	Camp Easter Seal/UCP is an overnight camp near Roanoke, Virginia for children and adults living with physical and intellectual disabilities. Conditions:ADHD,
Camp Holiday Trails/Medical Special Needs (Rev.04/28/23)	400 Holiday Trails Lane Charlottesville, VA 22903	Contact:Caitlin Carroll, MSW Director of Programs Ph:434-282-7213 Main:Ph. 434.977.3781 Fax: 866-342-7850 Email:program@campholidaytrails.org	Camp Holiday Trails creates a community that empowers children and teens with medical needs to thrive. Diagnoses: Many campers have multiple diagnoses including cancer, diabetes, sickle cell, hemophilia, juvenile arthritis, or are recipients of transplants; 47% also have mental health diagnoses. Economic background: Over 70% of our campers qualify for free and reduced lunch in their communities. CHT subsidizes camp expenses for more than 90%.
Camp Holiday Trails -Everywhere	Camp Holiday Trails	Ph: 434-977-3781 Fax:	Camp Holiday Trails Everywhere Online Includes:
Camp Loud & Clear (Rev.05/17/23)	Appomattox, Virginia	Contact:Jennifer Bowen Ph:434-738-6191 ext. 4371 Email:Jebowen1@vt.edu	Camp Loud & Clear is designed for Deaf and Hard of Hearing Children and Youth. Ages:9 years – 18. Hours:Day 11:30 a.m. Dates:July 7-9. Please call for further information.
Civitan Acres for the Disabled	Camp Operator Information	Camp Contact	Day & residential camp for persons with various disabilities, ages 18 & up.
FACT-Summer Camp for Children	Camp for children with Autism	Ph: 757-422-2040	We offer a unique and enriching summer day camp experience for children and
North Start Academy Summer Camp	North Start Academy Summer	Ph:804-747-1003	Summer camp is offered for children with special needs. Please call for further
Northstar Academy -Summer Camp	Northstar Academy -Summer Camp 8055 Shrader Road ~	Ph:804 747-1003 Fax: 804- 747-1116	Our summer day camp for girls and boys starting at age five teaches cooperation, social skill development and flexibility. Small structured classes in language arts and math ensure that each child is a participant and not an
Oakland Camp and School (Rev.05/17/23)	Troy, VA	Contact:Carol Williams, Head of School Ph:434-293-9059	Oakland Camp and School is designed for individuals with learning disabilities, such as dyslexia, dysgraphia, dyscalculia, non-verbal learning disabilities as well as visual and auditory processing disorders, ADHD and organizational
Riverside Shore Hospice – Camp Fragile Hearts-(YMCA Camp Silver	Riverside Shore Hospice – Camp Fragile Hearts-(YMCA Camp Silver	Contact:Casey Ph:757-817-7617	Grief Camp provides a safe, nurturing environment where children and teens can express their grief over the loss of a loved one.Ages:8 yrs. – 17 yrs.
Soar365 @ Camp Baker (Rev.04/26/23)	Soar365 @ Camp Baker	Contact:Latashia McLeod Ph:804-748-4789 Ph:804-665-1272 (office) OR	Special Needs Camp for Developmental Disabilities near Richmond. Both children and adults with disabilities enjoy a best-in-class, traditional summer camp experience, including:horseback riding ,swimming,paddle boating,music
Social Butterflies Club-Atlantic Speech Therapy	Social Butterflies Club	Ph:757-422-6342 Fax 757-422-6343 www.ast-vb.com Website:	The Social Butterflies Club™ was created for the clients that were having trouble interacting appropriately at school. The clients were bright children, but were labeled "behavior" problems at school.
Summer Camp for Children with Special Needs-Cerebral Palsy of Virginia	Cerebral Palsy of Virginia 5825 Arrowhead Drive Ste. 201 Virginia Beach, VA 23462	Ph:757-497-7474	Each summer children and adults from Hampton Roads, the Peninsula and Virginia's Eastern Shore attend the Cerebral Palsy Summer Camp Enrichment Program. Held in the summer, activities include computer software games, art

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Top Notch Cheerleading	Top Notch Cheerleading 10406 Lakeridge Parkway Ashland, VA 23005	Contact: Elizabeth Rafferty, Coach Ph:804- 304-3492 Email:elizabethorafferty@gmail.com Website: http://topnotchcheervva.com/	Top Notch cheerleading offers girls and boys with special needs the opportunity to become all star cheerleaders. They are 1 of 2 special needs teams in Virginia. The team is open to all ages of girls and boys. Participants are taught <u>cheerleading, team building skills, showmanship, and a fun way to exercise.</u> The
Virginia Special Olympics Inc.	Virginia Special Olympics Inc. 3212 Skipwith Road Suite 100 Richmond VA 23297	Contact: Floyd Miller, Urban Programs Director Erin Mahone, James River Region	Virginia Special Olympics Inc. provides recreational training for children with intellectual disabilities ages 8 and above. Hours are 9:00am-5:00pm, Monday-Friday.
Young Life Capernaum Hampton Roads	Young Life Capernaum Hampton Roads 210 60th St Virginia Beach , VA 23451	Ph:757-289-6006 Fax: 757- 437-1285 Website: http://sites.younglife.org/sites/capernaum-HamptonRoads/default.aspx	Young Life Capernaum Hampton Roads is a place where kids and people with disabilities come together to hang out, have fun and learn about life. Club is a free weekly event that has tons of fun, music, snacks, skits, and more. Monthly activities include movies, Laser Quest, Motoworld, Bush Gardens
RESPIRE			
Americare Plus	Americare Plus 2200 Colonial Avenue Norfolk, VA 23517	Ph:757- 499-6477 Corporate Office: 804-33-1590	Community Personal Care provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family member or primary caregiver and <u>provides relief support so that the caregiver can take a break.</u> Americare Plus
Catholic Charities -Respite Services	Catholic Charities -Respite Services	Ph:757-456-5136 on the Southside and 757-875-0060 on the Peninsula.	Catholic Charities provides respite care services. Sliding scale fees are based on income (private pay only). For more information please call.
Community Personal Care	Community Personal Care 1761 Church Street, Norfolk, VA 23504	Ph: 757.625.2220 Private Pay: 757.625.1026 Email:info@communitypersonalcare.net	Community Personal Care provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family member or primary caregiver and <u>provides relief support so that the caregiver can take a break.</u> Community
Exceptional Family Member Respite Care Program (Rev.04/20/23)	Exceptional Family Member Respite Care Program	Ph:800-424-2246 Website: Exceptional Family Member (EFM) Respite Care - Child Care Aware® of America	the Exceptional Family Member Program (EFMP)Respite Care Reimbursement Program provides an opportunity for caregivers to focus on their own well-being. The EFMP Respite Care program offers eligible enrolled families 20-40 hours of <u>reimbursed respite care per month. (Each military branch has its own EFMP &</u>
Respite Care Program-Norfolk	Norfolk Community Services Board developmental disabilities Unit 248 W. Butte Street Norfolk, VA 23510	Contact: Barbara Carter, Community Resource Specialist Ph: 757-441-5300 ext.223	Respite Care is a service that provides temporary childcare for persons with developmental disabilities. Care providers are knowledgeable of most special services which be required by a client. The availability of services, fees, and <u>additional information can be received from the program in your city. Must call</u>
Respite Resource Project - Partnership for People with Disabilities	Respite Resource Project - Partnership for People with Disabilities Virginia Commonwealth University	Ph:804-828-8587 Fax: 804-828-0042 website: http://www.vcu.edu/partnership/Respite2	Offers information and referrals to local respite service agencies. This project serves as a statewide resource center to support respite and family support services to meet the needs of families of children and youth with disabilities and <u>chronic or terminal illnesses. Conditions: ADHD /ADD, Autism, Behavioral</u>
St. Joseph's Villa	St. Joseph's Villa 8000 Brook Road Richmond, VA 23227	Contact: Craig Hedley, Director of Community Partnership Ph:804- 553-3200 Or	St. Joseph's Villa provides services for people with a variety of physical and mental disabilities. Our schools serve students with learning disabilities, mental retardation, autism and emotional disturbances, among other things. Our Day Support Services provide after school and weekend respite care to children with
SAFETY			

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Car Seat Loaner Program - Norfolk, Children's Hospital of The King's Daughters	Car Seat Loaner Program - Norfolk, Children's Hospital of The King's Daughters 610 <i>Children's Lane</i>	Car Seats-Infant/Child Intake 757-668-8655 Web site www.chkd.org	A Child Passenger Safety Program for children with special healthcare needs is available at CHKD. No age limitation. Children with special needs.
Child Safety Seat Program	Child Safety Seat Program Division of Injury & Violence Prevention <i>Virginia Department of Health</i>	Ph:804- 864-7732 Fax: 804-864-7748 Information Line: 1-800-732-8333 <i>Email: injury@vdh.virginia.gov</i>	Child safety seat program provides free child safety seats and booster seats to those families that could otherwise not afford them. The program promotes proper safety seats restrain of children from birth until they transition into a vehicle safety belt. <i>Training is provided by an specialist to the parents to learn</i>
Safe Kids Virginia State-States Coalition	Safe Kids Virginia State-States Coalition Led by: Virginia Commonwealth University Medical Center	Ph: 804-628-2077 Website: comille@hsc.vcu.edu	Safe Kids USA is a nationwide network of organizations working to prevent unintentional childhood injury, the leading cause of death and disability for children ages 1 to 14. <i>They educate families, provide safety devices to families in need and advocate</i>
SUPPORT GROUPS/PARENT TO PARENT SUPPORT			
ADD (Attention Deficit Disorder) - Parent's Support Group	CHADD of Tidewater Barry Robinson Center 443 Kempsville Rd <i>Norfolk, VA 23502</i>	For further information contact: 1-866-633-4871	A support group for Parents and Professionals with issues concerning ADD. Meets the 1st Thursday of each month 6:45Pm -8:30 Pm.
ADHD: Skill-Building and Support Group	ADHD: Skill-Building and Support Group Chesterfield County Community Development Building, <i>8800 Government Center Parkway</i>	Contact: Karl Kalber 804-717-6635 kalberk@chesterfield.gov	This class is for rising second-grade through rising eighth-grade students. The children must have a diagnosis of ADHD/ADD to attend the class. This group will help children better understand ADHD/ADD and develop skills for success. <i>Topics include setting organized, staying focused, thinking before acting, and</i>
Al-Anon y Alateen Info Serv of Tidewater-Support Group	Al-Anon y Alateen Support Group Pembroke One-Ste. 406 281 Independence Blvd, 23462 <i>Website: www.va.al-anon.org</i>	Ph:757-499-1443 Toll Free:1-888-4AL-ANON (1-888-425-2666)	The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. They believe alcoholism is a family illness, and that changed attitudes can aid recovery. <i>Al Anon is not allied with any sect, denomination, political</i>
Arc of Prince William Support Group (Rev.11/27/19)	Arc of Prince William Support Group	Contact Jan Russell Ph:703- 730-3124 or Email: russellj@erols.com.	Arc of Prince William Support Group for Mothers, Fathers & sibling of children with disabilities meet on the 3rd Monday of the month from 7:00 - 9 p.m. If holiday, meeting is on 4th Monday. Childcare is available during the meetings for <i>younger children and the child with a disability.</i>
Arlington Area Support Group for Parents of Children with Special Needs (Rev. 11/27/19)	Arlington Area Support Group for Parents of Children with Special Needs	Contact: Arlington parent-to-parent coordinator, Julie Katz Ph: 817-793-5118 <i>Email: jkatz@erols.com</i>	Arlington Area Support Group for Parents of Children with Special Needs are Parent Information and Support Groups for Parents of Children with Special Needs. Both are drop in at 7:30 pm. GROUP 1--Meets the first Tuesday of Every Month at <i>Common Grounds Cafe. Targeted for families in Arlington with children</i>
Arlington Autism Group (Rev.11/25/19)	Arlington Autism Group	Contact Donna Budway Email: donnabudway@aol.com	Parent support group for parents of children with Autism.
AS IS Group, Arlington, VA (Rev.11/25/19)	AS IS Group, Arlington, VA	Email: info@aspergersyndrome.org Website: http://www.aspergersyndrome.org/	The Asperger Syndrome Information and Support group helps families with children (ages 3-23) who have Asperger syndrome, high functioning autism, non-verbal learning disabilities, PDD-NOS (pervasive developmental delay - not otherwise specified) and other related social communication skills disabilities.
Asperger Adults of Greater Washington (Rev.11/25/19)	Asperger Adults of Greater Washington	Contact Mark info@aagw.net. Email:	Support and social groups for adults 18 and over who live in the region and who have Asperger's, high-functioning autism, nonverbal learning disorder, semantic pragmatic disorder and PDD-NOS. Members attending their first meeting may bring a family member or friend.

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Bereaved Parents of The USA	Bereaved Parents of The USA 539 Harrison Circle Locust Grove, VA 22508 ~~Chapter Mailing Address:~~	Contact :Jodi Norman Ph:703- 656-6999 Website: http://bereavedparentsusa.org	Bereaved Parents of The USA provides grief support for parents. Caring and Sharing Support Meetings on the 2nd Thursday 7 pm Zoom Meeting and 4th Sunday of the month@3:00pm.
Brain Injury Support Group (Blue Ridge - Fauquier, Flint Hill, Front Royal & Surrounding areas) (Rev.11/26/19)	Brain Injury Support Group Blue Ridge Winchester Rehabilitation ~~222 W. Court St~~	Winchester Rehabilitation Ph:540- 536-5115	Blue Ridge Brain Injury Support Group is served through Winchester Rehabilitation.Meets 3rd Thursday, 3:00 - 5:00pm, Sept-May.
Breastfeeding Support Groups and Information - La Leche League of Tidewater	Breastfeeding Support Groups and Information - La Leche League of Tidewater	Ph: 757-857-8403/Alternate757-583-5220 Toll Free 800-525-3243 ~~Web site:~~	La Leche League of Tidewater provides a non-profit, special interest, mutual support groups for mothers wishing information about breastfeeding their baby. Babies are always welcome at meetings. Please call to confirm all meetings.
Burke Proactive Parents Support Group (Rev.11/25/19)	Burke Proactive Parents Support Group Kings Park Library. 9000 Burke ~~Lake Road, Burke, VA~~	Contact Beth Troutman Email: troutmanbeth@yahoo.com	This support group meets in Burke, and is for parents with children that have disabilities, of all types including Aspergers.Meetings are held 7-9 p.m., usually on the last Tuesday or Wednesday of every month, at the Kings Park Library.
Center for Loss & Life Transition	Center for Loss & Life Transition	Ph: 970- 226-6050 Website: www.centerforloss.com/index.php	Center for Loss & Life Transition is an organization dedicated to helping people who are grieving and those who care for them. They offer resources and understanding. Please call or visit the website for further information.
Centering Corporation	Centering Corporation	Website: www.centering.org	Centering Corporation provides grief resources. They have resources for infant loss, bereaved parents, suicide, homicide, loss of a spouse, children and grief, pet loss, general grief resources and more. Provides grief support for parents. ~~Please visit the website for further information.~~
DC Autism Parents Support Group (Rev.11/25/19)	DC Autism Parents Support Group	Contact Yetta Myrick Ph:202-246-3793 Email: yimrick@yahoo.com . ~~Website:http://health.groups.yahoo.com/group/DCAutismParentsSupportGroup~~	Parent support group for parents of children with Autism.
Down Syndrome Association of Fredericksburg Support Group (Rev.11/26/19)	Down Syndrome Association of Fredericksburg Support Group	Website: http://www.dsafred.org/1.html	DSAFred is a newly established support group that includes parents, family members, friends and professionals working together to improve the quality of life of persons with Down Syndrome.
CSA - Richmond Celiac Sprue Support Group #87	CSA - Richmond Celiac Sprue Support Group #87 1347 Sweet Willow Drive ~~Midlothian, VA 22112~~	CSA - Richmond Celiac Sprue Support Group #87	Support group for persons with Celiac Sprue and family members; support, recipes, vendor contacts, education; meets 2nd Mondays 6:30pm to 8:00pm at St. Mark's United Methodist Church (SMUMC) at 11551 Lucks Lane, Midlothian, VA 22114. Call SMUMC at (804) 370-1655 for directions.
CHADD--Alexandria Parent Support Group (Rev.11/27/19)	Aldersgate United Methodist Church 1301 Collingwood Road ~~Alexandria, VA 22308~~	Email: juliehickmanthompson@yahoo.com	CHADD Alexandria parent support group meets the last Monday of every month at 6 p.m.
Ch.A.D.D. Children and Adults with ~~Attention Deficit~~	Ch.A.D.D. Children and Adults with ~~Attention Deficit~~	Website: http://www.chadd.net/template.cfm?affid=650&p=about	Support group meetings for parents and adults. Meetings held every third Tuesday at Bon Air Presbyterian Church from 7-9 pm. No child care is provided.
CHADD-Loudoun County Parent Support Group (Rev.11/27/19)	CHADD-Loudoun County Parent Support Group KinderCare Learning Center at ~~Ashburn Village~~	Email: CHADD.NOVA.LOUDOUN@gmail.com.	CHADD-Loudoun County Parent Support Group will meet the 4th Sunday of every month at 3:00 p.m.

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CHADD of Northern Virginia Support Group for Adults with AD/HD (Rev.11/25/19)	CHADD of Northern Virginia Support Group for Adults with AD/HD Tysons, Dismitt Public Library	Contact: Anne Roberts Ph: 703-641-8940 Email: coach@brainrelief.org Website: www.nevachadd.org	Ph: Support meetings for adults with AD/HD are held every 2nd Wednesday of the month at Marshall High School in Falls Church. Free and open to the public. Please call for further information.
Compassion Books	Compassion Books	Website: www.compassionbooks.com/store	Compassion Books is a source for more than 400 books, videos, and audios to help children and adults through serious illness, death and dying, grief, bereavement, and losses of all kinds, including suicide, trauma, sudden loss, and violence.
Chromosomal Syndromes Support Group (DiGeorge/VCFS Syndromes (chromosome 22 deletions))	Chromosomal Syndromes Support Group (DiGeorge/VCFS Syndromes (chromosome 22 deletions))	Contact Rebecca Draznin Ph: 703-754-1652 Email: rdraznin@advancesupports.com	Chromosomal Syndromes Support Group (DiGeorge/VCFS Syndromes (chromosome 22 deletions) is a informal support group with social & educational meetings.
ED - Emotional or Behavioral Disabilities-Email-Based Support Group (Rev.11/26/19)	ED - Emotional or Behavioral Disabilities-Email-Based Support Group	Website: http://yahoogroups.com/group/edfairfax	ED - Emotional or Behavioral Disabilities is an email-based support group for parents and guardians of children with "Emotional Disabilities" living in Fairfax County.
Epilepsy Foundation of Virginia-Charlottesville Area Support Group (Rev.11/27/19)	Epilepsy Foundation of Virginia-Charlottesville Area Support Group Community Care Center Augusta Health Campus	Contact: Katherine Jacobson Ph: 540-248-0800 Email kah6y@virginia.edu Website: http://www.epilepsyfoundation.org/local/virginia/events.cfm	Epilepsy Foundation of Virginia-Charlottesville Area Support Group is held the first Tuesday of every month at the Community Care Center, Augusta Health Campus.
Epilepsy Foundation of Virginia-Harrisonburg Area Support Group (Rev.11/27/19)	Epilepsy Foundation of Virginia-Harrisonburg Area Support Group Rockingham Memorial Hospital 2010 Health Campus Drive	Contact: Gina Ph: 540-908-3400 E-mail: gina1216@comcast.net. Website: http://www.epilepsyfoundation.org/local/virginia/events.cfm	Epilepsy Foundation of Virginia-Harrisonburg Area Support Group meeting is held the third Wednesday of every month from 6-8pm at Rockingham Memorial Hospital.
Epilepsy Foundation of Virginia-Roanoke Area Support Group (Rev.11/27/19)	Epilepsy Foundation of Virginia-Roanoke Area Support Group Peters Creek of Brethren 5222 Cove Road, Roanoke, VA	Ph: 540-650-2382. Website: http://www.epilepsyfoundation.org/local/virginia/events.cfm	Epilepsy Foundation of Virginia-Roanoke Area Support Group is held on the first Monday of every month from 7-8:30pm at Peters Creek of Brethren.
Epilepsy Foundation of Virginia-Winchester Area Support Group (Rev.11/27/19)	Epilepsy Foundation of Virginia-Winchester Area Support Group Winchester Medical Center Campus, Wellness Center Room	Contact: John Tilelli Email: john.tilelli@aol.com. Website: http://www.epilepsyfoundation.org/local/virginia/events.cfm	Epilepsy Foundation of Virginia-Winchester Area Support Group meets on the first Thursday of every month from 7:30-9:30pm at the Winchester Medical Center Campus.
Faith Inclusion Network of Hampton Roads (FIN)	Faith Inclusion Network PO Box 6123 Norfolk, VA 23508	Contact : Director of FIN, Karen Jackson at faithinclusionnetwork@gmail.com	The mission of FIN is to promote awareness of and provide support for the inclusion of people with disabilities and their families into faith communities in South Hampton Roads Area.
Fairfax Autism Network Parent Support Group (Rev.11/25/19)	Fairfax Autism Network Parent Support Group	Contact: Teresa Champion Ph: 703-440-8843 Email: teechamp@earthlink.net.	Parent support group for parents of children with Autism.
Falls Church/Manassas Down Syndrome Support Group (Rev.11/26/19)	Falls Church High School Falls Church, Virginia 22042	Contact Cheryl Sweeney Ph: 703-569-1855.	Falls Church/Manassas Down Syndrome Support Group meets 1st & 3rd Thursday 7:30 p.m. at Falls Church High School in Career room.
Farmville & Crewe Areas Brain Injury Support Group (Rev.11/26/19)	Farmville & Crewe Areas Brain Injury Support Group	Contact Rev. Clyde Shelton Ph/Fax: 804- 767-2259	Farmville & Crewe Areas Brain Injury Support Group provides support to individuals and caregivers affected by brain injury. Please call for further information.

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Fire in My Heart, Ice in My Veins	Fire in My Heart, Ice in My Veins	Fire in My Heart, Ice in My Veins	An online journal created to help teenagers experiencing a lost to share their personal stories, illustrations, etc.
Fredericksburg Asperger Support Group (Rev.11/25/19)	Fredericksburg Asperger Support Group Mary Washington Hospital.	Contact Jo Ann Nagle Ph:540- 898-0002 OR Jeannie McDowell Ph:804-912-2947	Fredericksburg Asperger Support Group meets 3rd Thursday 7:00 p.m. at Mary Washington Hospital.
Full Circle Grief Center (Rev.02/23/24)	Full Circle Grief Center	Website:www.fullcirclegc.org	Full Circle Grief Center offers an 8-week grief support for parents in Central Virginia, who are grieving the death of an infant or a late term pregnancy loss due to stillbirth, medical complication or prematurity,
HAAD - Hyperactive Attention Deficit Roanoke Valley CH.ADD. (Rev.11/25/19)	HAAD - Hyperactive Attention Deficit Roanoke Valley CH.ADD.	Ph: 804-366-3024	Support meetings for those concerned with children - 2nd Thursday 7 p.m. in the Education Center behind Lewis Gale Pavilion. Adult meeting 3rd Wednesday 7 p.m. Conference Room B, Lewis Gale Pavilion. Please call for further information.
Help With Grief	Help With Grief	Website:www.helpwithgrief.org	Help With Grief is a website to provide information and support to people who are grieving and those who want to help them.
KIDZ-N-GRIEF Support Group	KIDZ-N-GRIEF Support Group	Contact: Beth Pile Ph:757-737-2287 Email: jpil1@verizon.net Website:www.kidzngrief.org	KIDZ-N-GRIEF Support Group is for parents who have experienced the death of a child.
Learning disabilities Association of Tidewater -Parent's Support Group	Learning disabilities Association of Tidewater -Support Group	For further information contact: - Suzanne Kumpft-757-424-4113 or call Cell: 757-407-1079.	Meeting every other month at the Endependence Center
Loudon County Autism Parent Support Group (Rev.11/25/19)	Loudon County Autism Parent Support Group	The Aurora School's Website: http://www.aurora-school.org	Parent support group for parents of children with Autism.
Loudoun Brain Injury Support Group (Rev.11/26/19)	Brain Injury Loudoun Support Group 521-D East Market St. Leesburg, VA.	Contact Laura Gutrick Ph: 703-318-0425	Brain Injury Loudoun Support Group meets 2nd & 4th Tuesday 7:00 - 9:00 p.m. Please call for further information.

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Luray & Page Co. Chronic Longterm Illness Support Group (Rev.11/26/19)	Luray & Page Co. Chronic Longterm Illness Support Group Page Memorial Hospital.	Contact Beulah Peele Ph:540-743-4561. For Diabetic assistance, contact Melanie Moses Stanley.	Luray & Page Co. Chronic Longterm Illness Support Group meets 1st & 3rd Friday 2:00 - 4:00 p.m. in Day room at Page Memorial Hospital.
Manassas Brain Injury Support Group (Rev.11/26/19)	Manassas Brain Injury Support Group	Contact Cheryl Sweeney Ph:703-569-1855.	Manassas Brain Injury Support Group meets 1st & 3rd Thursday 7:30 p.m. Falls Church High School in Career room.
National SIDS Resource Center	National SIDS Resource Center	Website:www.sidscenter.org	National SIDS Resource Center provides grief resources on Sudden Unexpected Infant Death (SUID) and Sudden Infant Death Syndrome (SIDS).
One Caring Place	One Caring Place	Website:www.onecaringplace.com	One Caring Place provides grief support for parents.
Parents of Abused Children Traumatized Sexually	FACTS Parents of Abused Children Traumatized Sexually	For further information contact: Sally Krise-757-482-6564 Vera Dammert-757-481-9521	Call for location 2nd and 4th Thursday of every month (7:30 p.m)
Parents of Autistic Children's Education (PACE) (Rev.11/25/19)	Parents of Autistic Children's Education (PACE)	Ph: 703-861-5235 Email:pace-tm@excite.com	Parent support group for parents of children with Autism.Meets 7:30 p.m. every second Sunday of the month at Fairfax Hospital's Education Conference Center.
Parents of Children with Cerebral Palsy Support Group (Rev.11/26/19)	Parents of Children with Cerebral Palsy Support Group	Contact Melissa Miller at Email:mmiller@infe.org. Website:http://groups.yahoo.com/group/CP-PARENTSVA/	Parents of Children with Cerebral Palsy Support Group Provides a support network for parents of children with Cerebral Palsy. The List Serve is open to all parents of children with CP who reside in Maryland, Virginia, West Virginia and DC. Monthly gatherings will be open to anyone willing to travel.
Parents with K.I.D.S. (Knowledge & Information on Down Syndrome) Prince William County Support Group	Parents with K.I.D.S. (Knowledge & Information on Down Syndrome) Prince William County Support Group	Parent Resource Center, Special Education Dept., Prince William County Public Schools Ph:703-701-8846 (4/10/10)	Parents with K.I.D.S. (Knowledge & Information on Down Syndrome) Prince William County Support Group meetings are held on the 2nd Wednesday of the month, from 7-9 p.m. Childcare and sign language or Spanish interpreter services are available, if request is made a week in advance of the meeting. To
Prince William County Autism Parent Support Group (Rev.11/25/19)	Prince William County Autism Parent Support Group	Contact: Christine Hoch Ph: 703-431-1558 choch@comcast.net.	Parent support group for parents of children with Autism.This group meets in Prince William County.
Prince William County Support Group for Parents of Children with Autism Spectrum Disorder, Asperger's	Prince William County Support Group for Parents of Children with Autism Spectrum Disorders	Contact Jan Russell Coordinator of Family Services Ph:703- 730-3124 Email:janrussell@princewilliamva.gov	The Autism Parent Support Group is for anyone who is raising a child diagnosed with Autism, PDD-NOS, Asperger's Syndrome or Rett' s Syndrome. This group meets on a monthly basis, usually on the 4th Tuesday of the month. Meetings may be support-based, educational, social, or a combination of all three.
Rainbows	Rainbows Headquarters 614 Dempster Street Suite C Fayetteville, IL 62225	Ph:847- 952-1770 Fax:847- 952-1774	Rainbows' programs help children who are grieving the loss of a parent or guardian due to death, divorce, deployment, or trauma.

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REACT-Children Who Have Witnessed Domestic Violence Group	REACT-Children Who Have Witnessed Domestic Violence Group	Contact: Ginger Dotter 804-768-7747 dotterg@chesterfield.gov	This is a group for rising first-graders through rising fifth-graders who have at some time witnessed emotional or physical abuse of a parent. The children will learn skills for dealing with strong feelings, effective problem-solving and handling stress in a positive way. An initial meeting with parents is required.
Reston- Asperger Parent Support Group (Rev.11/25/19)	Reston-area Asperger Parent Support Group	Contact:Pam Escobar 703-430-3519.	Ph: Parent support group for parents of children with Asperger Syndrome. Please call for further information.
Richmond Brain Injury Support Group (Rev.11/26/19)	Richmond Brain Injury Support Group Sheltering Arms Rehabilitation Hospital	Contact Thomas Byrnes 804 359-0401.	Ph: Richmond Brain Injury Support Group meets Wednesday 7:00 p.m at Sheltering Arms Rehabilitation Hospital.
Richmond Support Group for Parents of Children with Asperger's Syndrome (Rev.11/25/19)	Richmond support group for parents of children with Asperger's Syndrome River City Diner, 802	Website: http://health.groups.yahoo.com/group/richmondaspergersgroup/ http://aspergers-meetup.com/207/	Support group for parents of children with Asperger's Syndrome, and adults who have Asperger's. It meets every month on the second Thursday of the month from 7-9pm at the River City Diner.
Richmond Support Group for Parents of Children with Hearing Loss (Rev.11/26/19)	Richmond Support Group for Parents of Children with Hearing Loss SPEAK UP school 1307 Lakeside Ave	Ph: 804-290-0475 Website: http://groups.yahoo.com/group/supporting_parents	Richmond Support Group for Parents of Children with Hearing Loss is a parent-led support group for parents of children with hearing loss who have chosen spoken language communication. It meets every month on the third Monday of the month from 7:00pm at SPEAK UP school.
SIDS-Support Group	SIDS-Support Group	Contact: Heather Kiegel Ph: 757-923-0367 Email:heather.vasids@yahoo.com Chris Beardsley Ph:	SIDS-Support Group For parents who have experienced the death of a child through Sudden Infant Death Syndrome. Serves Tidewater and Peninsula.
Special Needs Family Support Network -Developmental Disabilities	A program of Jewish Family Service of Tidewater, Inc. 260 Grayson Road Virginia Beach, VA 23462	Main:757-321-2222, Fax:757-965-6102 Website: http://www.jfshamptonroads.org/family/special.html	Monthly support group for families of adults with developmental disabilities. Features speakers familiar with systems impacting adults with developmental disabilities who can offer practical information on needed services. No age limitation.
Support Group Arthritis	A program of Arthritis Foundation - Virginia Beach.	Intake: Angela Courtney, Ph:757-456-1119 Email acourtney@arthritis.org	Provides health education and maintenance services devoted to problems related to arthritis and other rheumatic diseases. No age limitation. No fee.
Support Group For Families Living with Cancer	Jewish Family Service of Tidewater, Inc. 260 Grayson Road	Intake: Counseling Coordinator Ph: 757-459-4640 Fax: 757-459-4643 Website:	Multi-generational support system offering age-appropriate support groups for families of cancer patients. Peer support group for children, voluntary caregiver/parent meetings for parents of children in support group, teen
Support Group Hearing Disability Outreach Services	A program of Endependence Center, Inc. 6300 East Virginia Beach Blvd 757-455-8223	Main:757-461-8007 Fax 757-455-8223 Web site http://www.endependence.org	Helps build a peer support network; discusses disability issues; encourages problem solving through individual empowerment. Meets at the Endependence Center. No age limitation. No fee
Taking Action for Special Kids (TASK)-Support Group (Rev.11/27/19)	Taking Action for Special Kids (TASK)-Support Group P.O. Box 877 757-988-5583	Ph: 276- 988-5583 Ext.334 Fax: 276- 979-1441 Email:taskforkids@hotmail.com	Taking Action for Special Kids (TASK)-Support Group provides support to families' of special needs children. Please call for further information.
Talk About Curing Autism (TACA) - Northern Virginia (Rev.11/25/19)	Talk About Curing Autism (TACA) - Northern Virginia Wegmans (Market Cafe Seating	RSVP: http://www.tacanow.org/contact/coffee-talk-va-rsvp/	TACA families is a support group to share information about education, diet, therapies, and other interventions to help your Autism Spectrum Disorder-diagnosed children thrive. Meets the 2nd Tuesday of the Month

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The Dougy Center-National Center for Grieving Children and Families	The Dougy Center-National Center for Grieving Children and Families 3909 SE 52nd Avenue Portland, OR 97206	Ph: 503-775-5683 Toll Free: 866-775-5683 Fax: 503-777-3097 Email: help@dougy.org Website:https://www.dougy.org	The Dougy Center-National Center for Grieving Children and Families mission is to provide support in a safe place where children, teens, young adults and their families grieving a death can share their experiences.
The Healing Garden	The Healing Garden	Website:www.healingthespirit.org/chil ds-place.php	A web page with interactive activities to help children deal with their grief and loss through creative expression and companion interaction.
The Tidewater Brain Injury Support Groups	The Beacon Clubhouse 3808C Virginia Beach Blvd Virginia Beach, VA	Information call: Mary Copeland, MSW Brain Injury Association of Virginia Ph: 757-816-1057	The Tidewater Brain Injury Support Group meets the second Monday of each month.
The Up Center-"Seeking Safety" Support Group	The Up Center-"Seeking Safety" Support Group 922 West 10th St	Ph: 757-965-8641	The -"Seeking Safety" Support Group is appropriate for adult men and women who have experienced trauma and employ compulsive behaviors to cope (like substance abuse, sleeping, shopping, food, etc). Emphasis is on education and
The Virginia Hearing Journey (Rev.11/19/19)	The Virginia Hearing Journey	Website:www.facebook.com/VaHeari ngJourney	The Virginia Hearing Journey is a family networking group in Mechanicsville, VA that invites families with children of all communication modalities to monthly gatherings which offer parent information from subject matter experts, a focused sibling session and fun activities for all children who are D/HH. Meetings are held at Shady Grove United Methodist Church in Mechanicsville.
The Tidewater Brain Injury Support Groups	The Beacon Clubhouse 3808C Virginia Beach Blvd	Information call: Mary Copeland, MSW Brain Injury	The Tidewater Brain Injury Support Group meets the second Monday of each month.
Tourette Syndrome Support Group-Northern Virginia (Rev.11/27/19)	Tourette Syndrome Support Group-Northern Virginia	Ph: 301-681-4133 Website:www.tsagw.org	Tourette Syndrome Support Group-Northern Virginia meets the 3rd Wednesday of each month at 7:00 p.m at Inova Fairfax Hospital. Please call for further information.
Tourette Syndrome Support Group-Richmond (Rev.11/27/19)	Tourette Syndrome Support Group-Richmond	Please contact the TSAGW Toll Free: 1-877-295-2148	Tourette Syndrome Support Group-Richmond provides support to individuals affected by Tourette Syndrome. Please call for further information.
Virginia Hands & Voices (Rev.11/15/19)	Virginia Hands & Voices	Ph:804- 404-3352 Email: vahandsandvoices@gmail.com Website:www.vahandsandvoices.org	Virginia Hands & Voices is a non-profit, parent-driven organization dedicated to supporting families of children who are deaf or hard of hearing. They are non-biased about communication methodologies and believe that families can make the best choices for their child if they have access to good information and support.
Virginia Safe Kids	Virginia Safe Kids CHoR@VCUHS 401 N. 12th Street, Suite 302 PO Box 985017	Contact:Corri Miller-Hobbs Ph: 804- 628-2077 Fax: 804- 627-1710	Part of National Safe Kids-the first national org dedicated solely to the prevention of unintentional injuries in children 14 and under.
Vision Loss Support Group	A program of Seeing Beyond 936 Independence Blvd. Virginia Beach, VA 23455	Main 757-385-2684,Fax 757-464-6741 TDD 757-385-2690 Web site http://www.vbgov.com/sslibrary	The Vision Loss Support Group meets monthly to discuss issues and resources in the community and meet other folks with vision problems. No age limitation. No fee

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Vivir La Pérdida-Resources for Bereavement	Vivir La Pérdida-Resources for Bereavement	Website:www.vivirlaperdida.com	Vivir la Pérdida is a website in Spanish to provide grief support to people who are grieving.
YWCA of South Hampton Roads-Support Groups	Community Psychological Resources 249 W. York Street, Suite A Norfolk VA 23510	Ph: 757-622-6794 Facilitator: Margaret McDowell ,LCSW.	The Domestic Violence Support Group is an ongoing group with new participants welcome at all times for women in present or past abusive relationships. Most insurances are accepted including Medicaid with space available for women without insurance. Group meets Mondays from 6:00-7:30 Pm.
Zoom Support Group for Parents of Children who are Deaf and Hard of Hearing- Parent Child Advocate Program (Rev.08/26/20)	Zoom Support Group for Parents of Children who are Deaf and Hard of Hearing	Contact Dr. Emmett Jones Parent Child Advocate Program Ph:804- 282-1943.	Zoom Support Group for Parents of Children who are Deaf and Hard of Hearing at Parent Child Advocate Program provides social support, social contact and share resources. Please call to get link and further information.
THERAPIES			
A Step Above Speech-Language Pathology (Rev.09/21/20)	2126 Hutchison Grove Court Falls Church, VA 22043	Contact: Geoff Greenman, M.A., CCC-SLP Ph:716- 432-7505 Email: astepaboveslp@gmail.com Web: http://astepaboveslp.com	A Step Above Speech-Language Pathology is a private speech-language practice in Northern Virginia and Washington D.C., dedicated to helping both children and adults achieve their communication goals.
Aveanna Healthcare Company- – Richmond (Rev.02/16/23)	9325 Midlothian Turnpike, Suite A Richmond, VA 23235	Ph: 757- 490-3223 Fax: 757 490-2936 Website:https://www.aveanna.com	Aveanna Healthcare Company provides Pediatric Occupational ,Physical and Speech Language Therapies.Please call for further information.

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Global Speech Services LLC (Rev.06/26/24)	1320 Central Park Blvd Fredericksburg, VA 22401	Ph: 757- 869-7559 Fax:757-827-0442 Email:globalspeechservices@gmail.com	Global Speech Services LLC provides speech therapy services for children (age 2) and adults to help them with their communication skills, swallowing skills and cognitive skills to reach their full potential. Services: free speech screening, in-person and virtual treatment, retention of skills already learned, continue gainful
Intrepid USA Home Health Services	Intrepid USA Home Health Services 8100 Three Chopt Road, Suite 214 Richmond, VA 23229	Ph:804-288-5001 Fax: 804-288-5009	Intrepid USA help to restore individuals to optimal function and independence. They send their dedicated and multidisciplinary team of therapists to the home or living facility to provide traditional therapeutic techniques and modalities, as well as offer a variety of programs and services aimed at prevention, wellness and education. Therapists will carefully assess the clients needs and then provide the appropriate service with skill and care. Physical, Speech and Occupational therapies are provided. Agency works with children and adults.
Ivy Rehab Physical Therapy- Charlottesville - Hollymead, Forest Lakes -(Rev.06/20/22)	1622 Timberwood Blvd, Suite 211 Charlottesville, VA 22911	Ph:434- 202-2830 Fax: 434- 529-8457	Ivy Rehab for Kids located in Charlottesville , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills, handwriting, mobility, self-regulation, developmental delays, motor coordination, social skills, or other needs, their compassionate team specializes in a variety of pediatric conditions and are dedicated to helping your child achieve their goals. <u>Office Hours: Monday 9:00 am - 7:00 pm; Tuesday</u>
Ivy Rehab Physical Therapy- Charlottesville - Ivy -(Rev.06/20/22)	4405 Ivy Commons Charlottesville, VA 22903	Ph:434- 327-5244 Fax: 434-326-1353	Ivy Rehab for Kids located in Charlottesville , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized
Ivy Rehab Physical Therapy- Charlottesville - Pantops (Rev.06/20/22)	1460 Pantops Mountain Place, Suite 203 Charlottesville, VA 22911	Ph:434- 817-4100 Fax: 434- 817-4101	Ivy Rehab for Kids located in Charlottesville , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized
Ivy Rehab Physical Therapy-Chester (Rev.06/20/22)	3509 Festival Park Plaza Chester, VA 23831	Ph:804- 946-1250 Fax: 804- 510-2252	Ivy Rehab for Kids located in Chester , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized attention of a committed staff. Whether it's improving sensory processing skills,
Ivy Rehab Physical Therapy- Culpeper (Rev.06/20/22)	16260 Bennett Road Culpeper, VA 22701	Ph:540- 727-0737 Fax: 540- 727-0738	Ivy Rehab for Kids located in Culpeper , provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, individualized therapy services in a caring environment through the personalized

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Ivy Rehab Physical Therapy- Mechanicsville (Rev.06/20/22)	7225 Bell Creek Road, Suite 256A Mechanicsville, VA 23111	Ph:804- 486-6868 Fax: 804- 802-5592	Ivy Rehab for Kids located in Mechanicsville, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely,
Ivy Rehab Physical Therapy- Midlothian (Rev.06/20/22)	14302 Winterview Parkway Midlothian, VA 23113	Ph:804- 601-6010 Fax: 804- 802-5603	Ivy Rehab for Kids located in Midlothian, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely,
Ivy Rehab Physical Therapy- Midlothian (Rev.06/20/22)	14366 Sommerville Court Midlothian, VA 23113	Ph:804- 601-4773 Fax: 804- 601-4774	Ivy Rehab for Kids located in Midlothian, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely,
Ivy Rehab Physical Therapy- Orange (Rev.06/20/22)	209 N Madison Road Orange, VA 22960	Ph:540- 672-2708 Fax: 540- 672-2709	Ivy Rehab for Kids located in Orange, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, <u>individualized therapy services in a caring environment through the personalized</u>
Ivy Rehab Physical Therapy- Palmyra - Fluvanna/Lake Monticello	109 Crofton Place Palmyra, VA 22963	Ph:434- 589-9588 Fax: 434- 589-4096	Ivy Rehab for Kids located in Palmyra - Fluvanna/Lake Monticello, provide pediatric physical therapy, occupational therapy and speech therapy and in-
Ivy Rehab Physical Therapy- Richmond - Near West End(Rev.06/20/22)	5421 Patterson Avenue Richmond, VA 23226	Ph:804- 288-0642 Fax: 804- 285-0292	Ivy Rehab for Kids located in Richmond - Near West End, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely,
Ivy Rehab Physical Therapy- Ruckersville - Greene (Rev.06/20/22)	138 Stoneridge Drive, Suite 4 Ruckersville, VA 22968	Ph:434- 985-2288 Fax: 434- 985-6909	Ivy Rehab for Kids located in Ruckersville - Greene, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely,
Ivy Rehab Physical Therapy- Zion Crossroads - Spring Creek (Rev.06/20/22)	70 Jefferson Ct, Suite 102 Zion Crossroads, VA 22942	Ph:540- 832-3061 Fax: 540- 832-3062	Ivy Rehab for Kids located in Zion Crossroads - Spring Creek, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely,
Ivy Rehab Physical Therapy- Zion Crossroads - Spring Creek (Rev.06/20/22)	73 Jefferson Court Zion Crossroads, VA 22942	Ph:540- 832-9012 Fax: 540- 832-9013	Ivy Rehab for Kids located in Zion Crossroads - Spring Creek, provide pediatric physical therapy, occupational therapy and speech therapy and in-home therapy services.y to meet the rehabilitation needs of their patients, their physicians, and their parents. They work with children from birth to adulthood providing timely, <u>individualized therapy services in a caring environment through the personalized</u>
Medi Home Health Agency	1112B Eden Way N, Suite 200 Chesapeake VA 23320	Ph:757- 420-7192 Fax:757- 420-7196 Web Site: www.msa-corp.com	Medi Home Health Agency is a comprehensive provider occupational, physical and speech therapists, dieticians, counseling, patient care coordinator, and social workers. They specialize in seniors and adults with disabilities. On call, 24 hours a day 7 days a week
Rehabilitation Associates	Rehabilitation Associates 4796 Finlay Street Suite 2 Richmond VA 23231	Ph:804-226-9612 Toll Free: 800-828-1120	Rehabilitation Associates is a privately owned company offering Occupational, Physical and Speech therapy to children since 1985. We provide these services in the child's home, school, or one of the clinics.

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Welcome Homecare (Rev.07/28/21)	7323 Boulders View Lane Richmond, Virginia 23225	Ph:804- 745-0054 Fax:804- 745 0388 Website: https://whcva.com	Welcome Homecare provides physical, speech and occupational therapies. Hours: office hours are 8:30am to 5pm M-F, and on-call pager services after hours, weekends and holidays. Clinical services are available 7 days a week. ~~Please call for further information~~
Woodrow Wilson Rehabilitation Center	Woodrow Wilson Rehabilitation Center 64 James Anderson Road Fishersville, VA 22939	Ph:540-332-7000 Website: www.wvrc.virginia.org	Woodrow Wilson Rehabilitation Center provides outpatient rehabilitative services and speech, occupational and physical therapies. Please call for further information.
TRANSPORTATION			
Ambulance Transport Service - Virginia Beach, Medical Transport	Ambulance Transport Service - Virginia Beach, Medical Transport 5792 Arrowhead Drive Virginia Beach, VA 23462 A	Main:757-671-8911 Fax:757-671-9047 Toll Free:800-322-3451 24-hour Hotline:757-962-6800 ~~Web site:~~	Provides a 24-hours a day ambulance service. Services include: basic life support, advanced life support, specialty care transport, special event medical support, staffing services and billing services. Medical Transport only provides only stretcher boulder services. No age limitation. Eligibility Requirements ~~Unrestricted~~
Angel Flight	Angel Flight 4620 Haygood Road, Suite 1 Virginia Beach, VA 23455	Ph:800-296-3797 Fax:757-318-9107 Website: angelflightmidatlantic.org	The mission and purpose of Angel Flight is to ensure that no needy patient is denied access to distant specialized medical evaluation, diagnosis or treatment for lack of means of air transportation. They are a non-profit organization utilizing
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 06/15/20)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)	Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist- ~~Where is my Ride: Ph:800-734-0430~~	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)	Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) ~~Ph:877-992-2099~~	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the ~~appointment to confirm or member could contact Access to Care for details~~
A Program of LifeCare Medical Transports, Inc.	A Program of LifeCare Medical Transports, Inc. LifeCare Transports 1170 International Parkway Fredericksburg, VA 22406 A	Intake Contact: Kevin Dillard Intake Ph:540 752-7721 Intake Email: kdillard@lifecare94.com ~~Main:540-752-7721 Ext:752510~~	Provides emergency and non emergency medical transportation. Wheelchair vans are available. Serves all of Virginia. ACCESSIBILITY: Fully accessible to persons with disabilities. No restrictions. No age limitation. Accepted payment Private Insurance, Medicaid and Veterans Administration.
A Program of Mobility Independent Transportation Systems -Mobility Independent Transportation Systems	A program of Mobility Independent Transportation Systems Mobility Independent Transportation Systems ~~2075 W Main St~~	Intake Contact: Richard Baldwin Intake Ph:540 932-7300 Intake Email mobility@ntelos.net Main:540-932-7300 ~~Fax:540-941-2517~~	Provides mobility assistance for elderly and disabled. Provides financial assistance to purchase vans, scooters and new and used vehicles that are handicapped accessible. Rental vans available. Offers a wide range of products, including Lifts, Scooters and new and used vehicles that are handicapped ~~accessible. Rental vans available. Offers a wide range of products, including~~
A program of First Choice Transport, Inc.	A program of First Choice Transport, Inc. 3055 S Main St Harrisonburg, VA 22803 A	Intake Contact: Charles Wimer Intake Ph:540 896-5557 Main:888-437-1997 Fax:540-432-6871 Web site:	Provides wheelchair, stretcher and ambulatory transport. Accepts Medicaid and private pay. BLS Ambulance Service. Eligibility Requirements Individuals who need medical transport. No age limitation. Fee range.

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C.A.R.E.S. Program, Catholic Charities of Eastern Virginia A program of Catholic Charities of Eastern Virginia	C.A.R.E.S. Program, Catholic Charities of Eastern Virginia A program of Catholic Charities of Eastern Virginia 5361-A Virginia Beach Boulevard	Main:757-490-4931 Fax:757-456-2367 Web site: www.cceva.com Intake Contact Southside Adult and Senior Care Services	Provides volunteers to assist seniors with their independent activities of daily living. Services include: Transportation to medical appointments, bank, pharmacy, or grocery store; help with shopping and errands; friendly visits; telephone reassurance; minor home repairs; and assistance with yard work for safety and security purposes. <u>Serving ages 60 and above. Eligibility</u>
Handi Ride	Hampton Road Transit Services 3400 Victoria Blvd. Hampton, VA 23661	Hampton Road Transit Service Route and Schedule Information Call:757- 222-6100 Hours: 7:30am – 9pm (M-F); 7am – 9pm (Sat); 9am – 5pm (Sun); and	HRT provides lift equipped van service commonly known as Handi-Ride. Handi-Ride operates 365 days a year. Service is provided during the same hours of operation as the regularly scheduled HRT buses. Who Can Ride: Handi-Ride service is available to certified passengers. To become certified, call 757-222-6087 and request an eligibility application. <u>Once certified, you can schedule a</u>
Hampton Road Transit Services	Hampton Road Transit Services 3400 Victoria Blvd. Hampton, VA 23661	Hampton Road Transit Service Route and Schedule Information Call:757- 222-6100 Hours: 7:30am – 9pm (M-F); 7am – 9pm (Sat); 9am – 5pm (Sun); and 9am – 4pm (Holidays)	Our mission is to serve the community through high quality, safe, efficient and sustainable regional transportation services. Hampton Roads Transit serves all of South Hampton Roads and the Peninsula.
ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.10/25/23)	ModivCare (formerly Logisticare)-Fee For Service (FFS)	Ph:866 386-8331 and 866- 246-9979 Website:https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public transportation(fixed-route). For reservations must call 5 days in advance.
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation	Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride: Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 CCC Plus and DD Waiver Services Ph: 877-790-9472 CCC Plus and DD Waiver Services (Medallion 4.0) Ph:833-273-7416 Ride Assist-Where is my Ride for DD Waiver: Ph: 877-790-9472	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).

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Optima Health Community Care CCC Plus and Optima Family Care (Medallion 4.0)- Verida Medicaid Transportation (Rev. 10/25/23)	Optima Health Community Care CCC Plus and Optima Family Care (Medallion 4.0)	Ph:877-892-3986 Optima CCC Plus and Optima Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride : Ph:877- 892-3986 option 1	Verida is the transportation provider for Optima Health Community Care CCC Plus and Optima Family Care (Medallion 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Optima Health (formerly Virginia Premier) - CCC Plus and Optima Health (formerly Virginia Premier) (Medallion - 4.0) (Non-Emergency Medical Transportation) (Rev.10/25/23)	Optima Health (formerly Virginia Premier) - CCC Plus and Optima Health (formerly Virginia Premier) (Medallion - 4.0) (Non-Emergency Medical Transportation) (Rev. 10/25/23)	Optima Health (formerly Virginia Premier) - CCC Plus Ph:855- 880-3480 Optima Health (formerly Virginia Premier) (Medallion - 4.0) Ph:855- 880-3480 Ride Assist	Non-Emergency Medical Transportation is the transportation provider for Optima Health (formerly Virginia Premier) - CCC Plus and Optima Health (formerly Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
Program of Pilots for Christ International	Program of Pilots for Christ International 7869 Meadowgate Dr Manassas, VA 20112 A	Intake Contact: Lee DeArmond Intake Ph:703 791-0448 Intake Email: LeeDeArmond@msn.com Main: 703-791-0448 Web site http://pilotsforchrist.org	Provides free air transportation to individuals or groups in need. Eligible passengers include: ambulatory persons who can be certified as medically cleared to ride in a small aircraft to and from areas of treatment; non-ambulatory patients who do not require in-flight medical treatment; relatives who need to visit seriously ill patients; others in need of emergency assistance via small aircraft. Northern Virginia chapter has nurses that can assist. Pilots for Christ International is a non-denominational group of pilots dedicated to the promotion of the Gospel. Other Eligibility Requirements Ambulatory persons medically cleared to ride in a small aircraft; non ambulatory persons who do not require in air medical treatment. Relatives who need to visit seriously ill patients. No age limitation. No fee.
Public Transportation - Urbanna, Bay Transit Transportation, Bay Aging	Public Transportation - Urbanna, Bay Transit Transportation, Bay Aging 5306 Old Virginia St. Urbanna, VA 23175	Ph:877-869-6046 Fax: 804-758-5773 Web site www.baytransit.org	Bay Transit provides regional public and specialized transportation services to the residents of the Middle Peninsula and Northern Neck. Services vary depending upon locality. Accepted payment :Please Inquire. Comments: Most destinations are \$1.00 per trip (one way). Some destinations, such as those in Lancaster County and trips from New Kent to Williamsburg are \$2.00 per trip. Books of 10 tickets are available for \$8.00. No age limitation.
The MAX	Hampton Road Transit Services 3400 Victoria Blvd. Hampton, VA 23661	Hampton Road Transit Service Route and Schedule Information Call:757- 222-6100 Hours: 7:30am – 9pm (M-F); 7am – 9pm (Sat); 9am – 5pm (Sun); and 9am – 4pm (Holidays)	The MAX, or Metro Area Express, is the first regional express service connecting all of Hampton Roads. It offers commuters an economical, stress-free, fast ride to work. By choosing the MAX, you will spend less on gas and help the environment, making your commute the best part of your day.

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Transportation Medical - NW VA Glen Allen, American Cancer Society	A program of American Cancer Society Mid Atlantic Division American Cancer Society Mid-Atlantic Division 4240 Park Place Ct Glen Allen, VA 23060	Ph:804-527-3700 Fax:804-527-3797 Toll Free:888-227-6333 24-hour Hotline:800-227-2345 Web site http://www.cancer.org Intake Contact Dr. John Seffrin Intake Phone 804 527-3700 For more information, please call: American Cancer Society Mid Atlantic Division Ph:804-527-3700 Toll-free Patient Services :888-227-6333 National 24 Hour Toll-free Hotline: 800- 227-2345	Provides assistance to patients with cancer. Offers gas cards for medical transportation, financial assistance for payment of cancer medications and lists of local volunteer drivers for medical transportation for doctor and hospital visits. The Cancer Resource Center offers a Toll-free Medical Transportation service located in Atlanta Georgia that handles Road to Recovery requests. Arranges volunteer medical transportation program for patients with cancer in Virginia. No age limitation. Among their staff, they can speak Spanish, English. Program's target population Cancer. Program is able to accommodate Wheelchair .Service Area (Counties) Statewide. Other Eligibility Requirements Individuals with cancer and their families. No Fee.
Transportation Medical - Manassas, Special Lift, Medical Airlift	A program of Mercy Medical Airlift Mercy Medical Airlift Patient Assistance Center 4620 Haygood Road, Suite 1 Virginia Beach, VA 23455	Main Ph:757-318-9175 Fax:757-318-9107 Web site http://www.mercymedical.org Intake Contact: Jim Smith Intake Phone:703 361-1191 Intake Email info@mercymedicalairlift.org Patient Travel National Hotline: 800-296-1217 Special Lift Programs: 888-675-1405	Offers Lift Programs that exist solely to support, manage, and coordinate air medical transportation needs for children and adults participating in special treatment or drug study programs for rare disorders or diseases. There are presently three such Lift Programs in support of Congenital Lactic Acidosis, Sturge-Weber & Brittle Bone Disease. Participation in these programs is often a matter of life or death for the affected patients. Hours of operation Everyday; 24 hours, 7 days a week. Comments: Su,M,T,W,Th,F,Sa 24-hours.Accessing Services Call to schedule a lift. Consumer can self refer. Service provider can refer directly. No age limitation.
Transportation - Eastern Medical Transport, Inc., Portsmouth	A program of Eastern Medical Transport, Inc. 4740 W. Norfolk Road PO Box 6803 Portsmouth, VA 23703	Ph:757-483-3186 Fax:757-483-8232 Toll Free:800-854-8813 Web site http://www.medicaltransport.llc.com/	Provides transportation to non-emergency wheelchair bound customers who cannot otherwise get around. LICENSURE: Class E Virginia Department of Health Emergency Medical Services. Serving ages 4 and above. Accepted payment Please Inquire. Comments: fees vary per mile. Comments: 9AM-5PM, Mon-Fri; after hours available if pre-scheduled. Accessing Services Appointments are taken by telephone. Expect to be contacted within 24 hours.

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Transportation - Richmond, VPSI Commuter Vanpools	A program of VPSI Commuter Vanpools 8401 Patterson Ave., Suite 201 Richmond, VA 23229	Intake: 804-740-3010 Fax:804-740-9121 Alternate Fax:804-320-3627 Web site www.vanride.com	VPSI, Inc. is a private, for-profit company providing professionally-managed transportation services to public and private customers. The Company's primary business is providing and operating commuter vanpool programs. Working closely with the Washington, DC office, which continues to serve the Northern Virginia market, the Richmond Customer Service Center is expanding ridesharing in the Central Virginia and Tidewater regions. No age limitation.
Traffix	Hampton Road Transit Services 3400 Victoria Blvd. Hampton, VA 23661	Hampton Road Transit Service Route and Schedule Information Call:757- 222-6100 Hours: 7:30am – 9pm (M-F); 7am – 9pm (Sat); 9am – 5pm (Sun); and 9am – 4pm (Holidays)	The HRT TRAFFIX program offers many alternatives to commuters such as carpool matching, van leasing, telecommuting assistance and more! It is TRAFFIX's mission to assist in the continued efforts to decrease traffic congestion in Southeastern Virginia by reducing the number of Single Occupancy Vehicles (SOVs) commuting to work by encouraging the usage of HOV lanes through ridesharing and by encouraging the usage of alternatives to driving such as public transportation and bicycling.
Transportation - Richmond, VPSI Commuter Vanpools	A program of VPSI Commuter Vanpools 8401 Patterson Ave., Suite 201 Richmond, VA 23229	Intake: 804-740-3010 Fax:804-740-9121 Alternate Fax:804-320-3627 Web site www.vanride.com	VPSI, Inc. is a private, for-profit company providing professionally-managed transportation services to public and private customers. The Company's primary business is providing and operating commuter vanpool programs. Working closely with the Washington, DC office, which continues to serve the Northern Virginia market, the Richmond Customer Service Center is expanding ridesharing in the Central Virginia and Tidewater regions. No age limitation.
Travelers Assistance - Williamsburg, ASSIST, Sentara Williamsburg Regional Medical Center	Travelers Assistance - Williamsburg, ASSIST, Sent 100 Sentara Circle Williamsburg, VA 23188	Intake Ph:757-948-7100 Web site: www.sentara.com/Sentara/Hospitals Facilities/Hospitals/Williamsburg/	To serve the needs of family members of hospitalized patients from out of town. Volunteers rotate through an on-call system, ready to provide the support, transportation, assistance in finding overnight accommodations, or personal services needed when a traveler to our city is unexpectedly hospitalized. Intended to provide those services which would ordinarily be provided by a family member or close friend if the patient were hospitalized at home, ASSIST has come to the aid of hundreds of tourists and their family members. No age limitation. Call for additional information.
United Healthcare Community Plan CCC Plus- and United Healthcare Community Plan (Medallion 4.0) Medicaid Transportation)-ModivCare (formerly Logisticare)Regions 1,3,6 (Tidewater, Western Virginia and Northern Virginia) (Rev.10/25/23)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:844-604-2078 United Healthcare Community Plan CCC PLUS United Healthcare (Medallion 4.0) Ph:833-215-3884 Ride Assist-Where is my Ride:Ph: 844-604-2078	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.

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United Healthcare Community Plan CCC Plus-. -Regions 2,4,5 (Central Virginia, Roanoke and Southwest Virginia)-LogistiCare -Medicaid Transportation)-ModivCare (formerly Logisticare) (Rev. 10/25/23)	United Healthcare Community Plan and UnitedHealthcare Community Plan (Medallion 4.0)	Ph:844-604-2078 United Healthcare Community Plan CCC PLUS and Ph:833-215-3884 (Medallion 4.0) Ride Assist-Where is my Ride:Ph: 844-604-2078	ModivCare (formerly Logisticare) is the transportation provider for United Healthcare Community Plan CCC plus and United Healthcare Medallion 4.0 for non-emergency transportation. All trips must be arranged and confirmed by ModivCare Inc. 5 days ahead.
VISION			
Guadalupe Free Clinic (Rev.06/24/24)	700 McKinney Blvd #1100 Colonial Beach, VA 22443	Ph:804- 224-0571 Fax: 804-224-0572 Email:carrington@guadalupefreeclinic.org Website:https://guadalupefreeclinic.org	The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, is a donor-supported, volunteer-staffed free health clinic that seeks to serve the indigent, working poor and medically uninsured residents of the Town of Colonial Beach and Westmoreland County,. They provide Eye Clinic Services via a referral to an optometrist for a prescription and free eyewear through our partnering non-profit organization "News Eyes for the Needy." .Patient Eligibility Criteria: In order to receive care, patients must: Live in the Town of Colonial Beach or Westmoreland County. Not be covered by any medical insurance, including Medicare and Medicaid. Not be in an emergency condition. Such persons must call 911.Earn below 200% of the Federal Poverty Level. Office Hours: The Clinic is open from 9am-2pm on Wednesdays and Saturdays and closed for holidays. Bilingual Interpretation is available upon request. Please call for further information.
Waivers			
Medicaid Waiver Technical Assistance Center	Medicaid Waiver Technical Assistance Center Endependence Center, Inc. 6300 E. Virginia Beach Blvd., Norfolk, VA 23502-2827	Contact: Maureen Hollowell, Director of Advocacy and Services Ph: 757-351-1584 Toll Free: (866) 323-1088 Fax: 757- 461-5375 Email:ecinorf@endependence.org Website:http://www.endependence.org/Medicaid%20Waiver%20Services%20Guide.pdf	Medicaid Waiver mentors are on hand to assist with the Medicaid waiver application process. See the website address for a link to their informational booklet.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Alexandria
Alexandria
Alexandria
Arlington
Arlington
Clarke
Clarke

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Culpeper
Culpeper
Fairfax
Fairfax
Fauquier
Fauquier
Frederick
Frederick
Fredericksburg
Fredericksburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Greene
Greene
Harrisonburg
Harrisonburg
King George
King George
Loudoun
Loudoun
Louisa
Louisa

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Madison
Madison
Manassas City
Manassas City
Manassas Park
Manassas Park
Orange
Orange
Page County
Page County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Prince William County
Prince William County
Rappahannock County
Rappahannock County
Shenandoah County
Shenandoah County
Spotsylvania
Spotsylvania

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Stafford County
Stafford County
Warren County
Warren County
Winchester
Winchester
Amelia
Amelia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Buckingham County	
Buckingham County	
Caroline	
Caroline	
Charles City	
Charles City	
Chesterfield	
Chesterfield	

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Cumberland
Cumberland
Essex
Essex
Fluvanna County
Fluvanna County
Goochland
Goochland

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Hanover County
Hanover County
Henrico County
Henrico County
Hopewell
Hopewell
King and Queen
King and Queen
King William
King William
Lancaster County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Lancaster County
Lunenburg County
Lunenburg County
Middlesex County
Middlesex County
New Kent
New Kent
Northumberland County
Northumberland County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Nottoway County
Nottoway County
Petersburg
Petersburg
Powhatan County
Powhatan County
Prince Edward County
Prince Edward County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Richmond City
Richmond City
Richmond County
Richmond County
Westmoreland
Westmoreland
Albemarle County
Albemarle County
Alleghany-Covington
Alleghany-Covington

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Amherst
Amherst
Appomattox
Appomattox
Bath County
Bath County
Bedford
Bedford
Botetourt County
Botetourt County
Campbell County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Campbell County
Charlotte County
Charlotte County
Charlottesville
Charlottesville
Craig County
Craig County
Danville
Danville
Franklin County
Franklin County
Halifax County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Halifax County
Henry-Martinsville
Henry-Martinsville
Highland County
Highland County
Lynchburg
Lynchburg
Mecklenburg County
Mecklenburg County
Nelson County
Nelson County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Pittsylvania County
Pittsylvania County
Roanoke City
Roanoke City
Roanoke County
Roanoke County
Rockbridge-Buena Vista-Lexington
Rockbridge-Buena Vista-Lexington
Shenandoah Valley (Staunton-Augusta)
Shenandoah Valley (Staunton-Augusta)

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Shenandoah Valley (Waynesboro)
Shenandoah Valley (Waynesboro)
Bland County
Bland County
Bristol City
Bristol City

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Buchanan County
Buchanan County
Carroll County
Carroll County
Dickenson County
Dickenson County
Floyd County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Floyd County
Galax City
Galax City
Giles County
Giles County
Grayson County
Grayson County
Lee County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Lee County
Montgomery County
Montgomery County
Norton City
Norton City
Patrick County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Patrick County
Pulaski County
Pulaski County
Radford City
Radford City
Russell County
Russell County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Scott County
Scott County
Smyth County
Smyth County
Tazewell County
Tazewell County
Washington County
Washington County
Wise County
Wise County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Wythe County
Wythe County
Tidewater and Eastern Shore Area
Statewide
Northern Virginia
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Nationwide
Abingdon
Charlottesville
Emporia
Fredericksburg
Leesburg
Lynchburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Roanoke Area
Williamsburg,Norfolk, Virginia Beach
Southwestern Virginia
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Statewide
Hampton Roads

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Statewide
Statewide
Statewide
Statewide
Statewide
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Hampton Roads
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide	
Southampton Roads	

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Virginia Blue Ridge (Montgomery, Roanoke, Giles, Floyd, and Pulaski; cities of Roanoke and Radford)
Northern Virginia.
Statewide
Amelia, Buckingham, Caroline, Charles City, Chesterfield, Colonial Heights, Cumberland, Essex, Fluvanna, Goochland, Hanover, Henrico, Hopewell, King & Queen, King William, Lancaster, Lunenburg, Middlesex, New Kent, Northumberland, Nottoway, Petersburg, Powhatan, Prince Edward, Richmond, Richmond County, Westmoreland

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Accomack, Brunswick, Chesapeake, Dinwiddie, Emporia, Franklin City, Gloucester, Greensville, Hampton, Isle of Wight, James City, Mathews, Newport News, Norfolk, Northampton, Poquoson, Portsmouth, Prince George, Southampton, Suffolk, Surry, Sussex, Virginia Beach, Williamsburg, York
Alexandria, Arlington, Clarke, Culpepper, Fairfax City, Fairfax, Falls Church, Fauquier, Frederick, Fredericksburg, Greene, King George, Loudoun, Louisa, Madison, Manassas, Manassas Park, Orange, Page, Prince William, Rappahannock, Shenandoah, Spotsylvania, Stafford, Warren, Winchester
Albemarle, Alleghany, Augusta, Amherst, Appomattox, Bath, Bedford, Bedford City, Botetourt, Buena Vista, Campbell, Charlotte, Charlottesville, Covington, Craig, Danville, Franklin, Halifax, Harrisonburg, Henry, Highland, Lexington, Lynchburg, Martinsville, Mecklenburg, Nelson, Pittsylvania, Roanoke, Roanoke City, Rockbridge, Rockingham, Salem, Staunton, Waynesboro
Bland, Bristol, Buchanan, Carroll, Dickenson, Floyd, Galax, Giles, Grayson, Lee, Montgomery, Norton, Patrick, Pulaski, Radford, Russell, Scott, Smyth, Tazewell, Washington, Wise, Wythe

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia
Tidewater Area
Statewide
Colonial Beach and Westmoreland County, Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Lancaster County,Northumberland County,Richmond County and Westmoreland County
Richmond
Southwestern Virginia
South-Central Virginia
Southeastern Virginia
Blue Ridge Mountains of Southwest Virginia.
Peninsula

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Richmond
Richmond
Hampton Roads
Statewide
Fredericksburg
Roanoke (serving Southwest Virginia)
Hampton Roads
Tidewater
Richmond and surrounding areas; ~~Hampton Roads and Middle~~
Tidewater
Tidewater

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Richmond
Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Alexandria
Peninsula
Statewide
Nationwide
Statewide
Hampton Roads, Peninsula and The Easter Shore.
Central Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Abingdon
Charlottesville
Emporia
Fredericksburg
Leesburg
Lynchburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Roanoke Area
Williamsburg,Norfolk,Virginia Beach
National
National Prader-Willi Syndrome
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Richmond, Tidewater and Charlottesville
Regional
Statewide
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Hampton Roads
Statewide
Charlottesville
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Lions District 24-L, which consists of the Virginia Counties of Albemarle, Alleghany, Arlington, Augusta, Bath, Clarke, Culpeper, Fairfax, Fauquier, Fluvanna, Frederick, Greene,
Statewide
Nationwide
Regional
Regional
Albemarle, Richmond, Charlottesville, Roanoke, Chesterfield, Henrico, Fredericksburg, Fairfax and Roanoke.
Richmond, Charlottesville, Lynchburg, Roanoke, Tuckahoe, Mechanicsville, Hopewell, Petersburg, Midlothian, Chesterfield, Henrico Emporia, Louisa, Goochland, New Kent, Tappahannock, Caroline, Powhatan, Dinwiddie, South Hill, King William, Stafford, Loudoun and

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Virginia Beach, Chesapeake, Suffolk, Franklin, Williamsburg, Newport News Norfolk, Portsmouth, Hampton and Gloucester.
Washington, DC Arlington Reston Winchester Fredericksburg
Peninsula
Virginia, Tennessee and West Virginia
Northern Virginia
Richmond
Winchester
Nationwide
Nationwide
Statewide
Hampton Roads

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Nationwide
Nationwide
Statewide
Peninsula
Richmond
Nationwide
Peninsula
Nationwide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Nationwide
Nationwide
Maryland (including Eastern Shore), Virginia, Distric of Columbia and Delaware.
Nationwide
Maryland, Washington DC and Virginia areas
Statewide
Nationwide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

North Carolina
Annandale
Regional
Charlottesville
Suffolk, Franklin, Smithfield, Isle of Wight, Southampton, and Surry.
Nationwide
Lions District 24-L, which consists of the Virginia Counties of Albemarle, ~~Alleghany, Arlington, Augusta, Bath,~~
Bristol and Washington County
Southwestern Virginia
Scott County
Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Regional Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Clarke County, Frederick County, Page County, Shenandoah County, Warren County, Winchester.
Regional
Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Arlington

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia
Statewide
Statewide
Tidewater Area
Statewide
Hampton Roads
Statewide
Regional
Regional
Statewide
Tidewater Area

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Tidewater Area
Accomack, Gloucester, Isle of Wight,
Statewide
Statewide
Alexandria
Statewide
Tidewater Area
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Nationwide
Norfolk, Chesapeake, Virginia Beach
Regional
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Regional
Statewide
Regional
Statewide
Regional
Norton
Richmond

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Roanoke
Statewide
Arlington
Northern Virginia
Richmond -West End
Northern Virginia
Northern Virginia
Regional
Regional
Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Accomack, Chesapeake (City and Hampton Roads and Richmond
Bland, Bristol, Buchanan, Dickenson, Grayson, Lee, Norton, Russell, Scott, Smyth, Tazewell, Washington, Wise
Amelia, Brunswick, Chesterfield, Dinwiddie, Emporia, Greenville, Goochland, Hanover, Henrico, Powhatan, Prince George, Surry, Sussex
Norfolk, Virginia Beach
Caroline, Essex, Fredericksburg, King George, Lancaster, Northumberland, Orange, Richmond County, Spotsylvania, Stafford, Westmoreland

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Amherst, Appomattox, Bedford County, Buckingham, Campbell, Charlotte, Cumberland, Danville, Halifax, Lunenburg, Lynchburg, Mecklenburg, Nelson, Pittsylvania, Prince Edward, South Boston
Fauquier, Manassas, Manassas Park, Prince William, Rappahannock
Charles City, Gloucester, Hampton, James City, King & Queen, King William, Mathews, Middlesex, New Kent, Newport News, Poquoson, Williamsburg, York
Arlington, Alexandria, Fairfax City, Fairfax County, Falls Church
Colonial Heights, Hopewell, Nottoway, Petersburg, Richmond City
Alleghany, Bath, Botetourt, Carroll, Christiansburg, Clifton Forge, Covington, Craig, Floyd, Franklin, Galax, Giles, Henry, Martinsville, Montgomery, Patrick, Pulaski, Radford, Roanoke City, Roanoke County, Salem, Wythe

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth
Albemarle, Augusta, Buena Vista, Charlottesville, Culpeper, Fluvanna, Greene, Harrisonburg, Highland, Lexington, Louisa, Madison, Rockbridge, Rockingham, Staunton, Waynesboro
Clarke, Frederick, Loudoun, Page, Shenandoah, Warren, Winchester
Regional
Statewide
Buckingham County
Albemarle County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Charlottesville
Charlottesville
Charlottesville
Louisa County
Nelson County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Arrington
Cumberland and Prince Edward Counties
Appomattox County
Rockingham County
Amherst County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Shenandoah Valley
Shenandoah Valley
Amherst County
Richmond
Richmond

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Shenandoah Valley
Richmond
Shenandoah Valley
Campbell and Bedford Counties
Campbell and Bedford Counties

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Spotsylvania County
Caroline County
Campbell and Bedford Counties
Fredericksburg
Arlington County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Rockbridge County
Campbell County
Lexington City
Lexington City
King William County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Petersburg City
Petersburg City
Petersburg City
Prince George County
Prince George County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Petersburg City
Petersburg City
Brunswick County
Prince William County
Bedford County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Charles City County
Northern Virginia
Northern Virginia
Northern Virginia
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia
Mecklenburg County
Halifax County
Fairfax County,
Accomack County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Westmoreland County
Fairfax County
Fairfax County
Pittsylvania County
Fairfax County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Fairfax County
Northern Virginia
Frederick County
Frederick County
Fairfax County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia
Northern Virginia
Northern Virginia
Northern Virginia
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Loudoun County
Loudoun County
Northern Virginia
Southwestern Virginia
Northern Virginia
Southwestern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Craig County
Craig County
Danville
Danville
Newport News

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Franklin City
Franklin County
Mathews County
Newport News
Martinsville City

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Henry County
Newport News
Henry County
Newport News
Suffolk

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Montgomery County
Floyd County
Norfolk
Norfolk
Portsmouth

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Norfolk
Chesapeake
Norfolk
Patrick County
Northampton County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northampton County
Page County
Virginia Beach
Accomack County
Accomack County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Accomack County
Carroll County
Accomack County
Virginia Beach
Accomack County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Accomack County
Bland County
Grayson County
Tazewell County
Tazewell County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Grayson County
Smyth County
Washington County
Smyth and Washington Counties
Buchanan County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Washington County
Washington County
Buchanan County
Buchanan County
Russell County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Russell County
Dickenson County
Russell and Wise Counties
Bristol
Wise County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Scott County
Wise County
Lee County
Lee County
Lee County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Lee County
Regional
Statewide
Statewide
Regional
Regional
Tappahannock area, Essex,
Virginia Blue Ridge (Montgomery,
Statewide
Statewide
Regional
Colonial Heights
Northern Virginia.
Hampton Roads and the Eastern Shore
City of Richmond and the county Henrico
Lee County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Montgomery and Pulaski Counties and the City of Radford
Roanoke
Strasburg
Waynesboro

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Statewide
Statewide
Charlottesville
Chesapeake, Norfolk, Virginia Beach, Downtown Richmond
Richmond - Southside
Lions District 24-L, which consists of the Virginia Counties of Albemarle, Alleghany, Arlington, Augusta, Bath, Clarke, Culpeper, Fairfax, Fauquier, Fluvanna, Frederick, Greene, Highland, King George, Loudoun, Louisa, Madison, Nelson, Orange, Page, Prince William, Rappahannock, Rockbridge, ~~Rockingham, Shenandoah~~
Tidewater Area and Richmond
Tidewater Area
Southside and the Eastern Shore
Tidewater Area and Richmond

COMMUNITY RESOURCES EASTERN REGION
Regional Services

North Cumberland, Essex, King and Queen, King William, Richmond County.
Albemarle, Amelia, Brunswick, Bucking
Northern Virginia and Surroundings
Westmoreland County
Northern Virginia
Winchester
Northern Virginia
Loudoun, Fairfax, Prince William, Falls Church, Arlington Manassas, Reston, McLean, Woodbridg e, Springfield Burke, Mt. Vernon, Leesburg, Ashburn, Chantilly, H erndon
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Bristol,Grayson,Russell,Scott,Smyth and Washington
Annandale
Campbell County,Halifax County Charlotte County,Pittsylvania County,Appomattox County,Brookneal Town,Rustburg Town and Charlotte Court House
Greene,Nelson,Fluvanna,Orange & Albemarle.
Colonial Heights,Petersburg Hopewell,South Chesterfield Dinwiddie,Prince George & Carson.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Pittsylvania, Halifax, Henry County & Danville City
Emporia, Greenville, Lawrenceville, Dr ewyville, Skippers, Gasburg Bracey, McKenny, Alberta & South Hill.
Stafford, Culpeper, Spotsylvania Caroline & King George.
Franklin County, Pittsylvania, Halifax, Campbell, Bedford, Chatham Town Altavista & Gretna.
Rockingham, Shenandoah County & Page.
Bedford, Campbell, Lynchburg Appomattox & Rustburg Town.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Pittsylvania, Henry, Martinsville, Patrick, Franklin County, Collinsville Town & Bassett Town.
Hanover, Henrico (east) City of Richmond, New Kent Quinton, Providence Forge & King William
Amelia, Chesterfield, North Chesterfield, Powhatan, Prince George & Midlothian.
Henrico, City of Richmond, Glen Allen, City of Ashland, Manakin-Sabot & Rockville
Roanoke, City of Salem & Montgomery

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Boones Mill Town,Ferrum Town, Penhook Town,Moneta Town,Callaway Town,Bedford County,Franklin County,Patrick County & Rocky Mount Town
Mecklenburg County,Halifax County,Pittsylvania County,South Boston Town,Clarksville Town & Halifax Town
Mecklenburg County,Halifax County,Pittsylvania,South Boston Town,Clarksville Town & Halifax Town.
Augusta.,Waynesboro,Rockbridge & Nelson.
Bland,Carroll,Giles,Grayson,Pulaski,S myth,Washington & Wythe.
Peninsula
Northern Virginia
Alexandria,Arlington,Arundel Baltimore,Caroline,Cecil,Charles,Culp epper,Essex,Fairfax, Falls Church,Fauquier,Frederick,Front Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Fairfax County, City of Alexandria, Arlington County, City of Falls Church, Loudoun County, Prince Williams County, Woodbridge, ~~Manassas, Richmond, and Newport~~
Fairfax County, City of Alexandria, Arlington County, City of Falls Church, Loudoun County, Prince Williams County, Woodbridge, Manassas, Richmond, and Newport News, and adjacent areas.
Northern Virginia
Culpeper
King William

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Central Virginia
northeastern Virginia
Shenandoah Valley
Bland, Bristol (city), Buchanan, Carroll, Dickenson, Grayson, Lee, Norton (city), Russell, Scott, Smyth, Tazewell, Washington, Wise and
Bland, Bristol (city), Buchanan, Carroll, Dickenson, Grayson, Lee, Norton (city), Russell, Scott, Smyth, Tazewell, Washington, Wise and Wythe
Bedford, Blacksburg (city), Bland, Botetourt, Carroll, Christianburg (city), Craig, Elliston (city), Floyd, Franklin, Giles, Henry, Montgomery, Patrick, Pulaski, Pulaski (city), Radford (city), Roanoke, Salem (city) Shawsville (city), Wythe and Wytheville (city)
Bland, Bristol (city), Buchanan, Carroll, Dickenson, Grayson, Lee, Norton (city), Russell, Scott, Smyth, Tazewell, Washington, Wise and Wythe
Bedford, Blacksburg (city), Bland, Botetourt, Carroll, Christianburg (city), Craig, Elliston (city), Floyd, Franklin, Giles, Henry, Montgomery, Patrick, Pulaski, Pulaski (city), Radford (city), Roanoke, Salem (city)

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia
Northern Virginia
Statewide
Washington, D.C., Maryland and Virginia
Washington, D.C., Maryland and Virginia
South Carolina .Noth Carolina and Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

MD, Northern VA, and the District of Columbia.
Bland, Buchanan, Carol, Dickenson, Giles, Grayson, Lee, Patrick, Pulaski, Russell, Scott, Smyth, Tazewell, Washington, Wise, Wythe
Alexandria City, Arlington, Clarke, Fairfax, Frederick, Loudon, Prince William, Shenandoah, Warren, Winchester City
Albermarle, Amelia, Brunswick, Buckingham, Caroline, Charles City, Charlotte, Chesterfield, Cumberland, Dinwiddie, Essex, Fluvanna, Goochland, Greene, Greensville, Hanover, Henrico, King William, King and Queen, Louisa, Louisa, Lunenburg, Madison, Mecklenburg, <u>New Kent, Nottoway, Orange,</u>
City of West Point, Gloucester, Hampton, Isle of Wight, James City, King William, Lancaster, Mathews, Middlesex, Newport News, Northumberland, Richmond, Surry, York

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Alleghany, Amherst, Appomattox, Augusta, Bath, Bedford, Botetourt, Campbell, Craig, Floyd, Franklin, Giles, Halifax, Henry, Highland, Mecklenburg, Montgomery, Nelson, Patrick, Pittsylvania, Pulaski, Roanoke, Rockbridge, Rockingham
Accomack, Chesapeake, Norfolk, Northampton, Portsmouth, Southampton, Suffolk, Sussex, Virginia Beach
Culpeper, Madison, Page, Prince William, Spotsylvania, Stafford
Statewide
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Clarke,Loudoun,Fairfax and Arlington. Fauquier, Prince Williams,Culpeper,Stafford,Orange,S potsylvania,King George,Caroline,Westmoreland,Esse x,Madison,Green,Albemarle,Louisa, Fluvanna,Buckingham,Frederick,Shen adoah,Warren,Rappahannock,Paige, Augusta,Nelson,Rockbridge, Bath,Alleghany,Rockingham,Washing ton,Smyth,Wythe,Pulaski,Giles,Montg omery,Craig,Botetourt,Amherst,Appo mattox,Campbell,Bedford,Roanoke,S alem,Franklin,Henry,Norfolk,Virginia Beach,Hampton,Newport
Statewide
Northern Virginia
Hampton Roads and Fredericksburg
Northern Virginia
Northern Virginia
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Richmond and Hampton Roads
Richmond, Charlottesville and Fredericksburg.
Northern Virginia
Northern Virginia
Statewide
Statewide
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Charlottesville
Charlottesville, Albemarle County and Greene County
Arlington and Alexandria
Arlington and Alexandria
Northern Virginia
Northern Virginia
Lee, Scott and Wise Counties and the City of Norton
Appalachia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Ashland
King William, Lancaster, Mathews, Middlesex, New Kent, Northumberland, Richmond and Westmoreland.
Wise County
Blue Ridge
Northern Virginia
Roanoke
Bristol
Northeastern Buckingham County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia
Central Virginia
Charlottesville
City of Fall Church
Roanoke
Statewide
Richmond
Christiansburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Covington
Wytheville
Buchanan, Dickenson and Russell Counties
Danville
Emporia
Fairfax

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Falls Church
Fauquier County
Fluvanna/Louisa
Culpeper, Fauquier, Frederick, Madison, Orange, Rappahannock, Spotsylvania, Stafford, Warren and Winchester.
Giles County
Alexandria

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Woodbridge
Hampton Roads/Eastern Shore/Richmond
Roanoke
Manassas and Manassas Park
Tazewell
Harrisonburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Berryville
Manassas
Richmond/Henrico, Chesterfield, & Hanover Counties
Roanoke City and County, Salem
Alexandria
Arlington County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Fairfax County
Fredericksburg/Spotsylvania, Stafford Counties
Harrisonburg, Winchester/Western Virginia
Loudoun County
Lynchburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Prince William
Charlottesville
Hopewell
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
City of Fredericksburg and the Counties of Stafford and Spotsylvania
Lee County
Roanoke

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Richmond
Augusta County, Bath County, Highland County, Staunton City, Waynesboro City
Regional
Gloucester County James City County Mathews County Middlesex County Poquoson Williamsburg York County
Petersburg
Salem

COMMUNITY RESOURCES EASTERN REGION
Regional Services

South Hill
Springfield
Roanoke
Richmond and Hampton Roads
Richmond and Hampton Roads

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Alleghany, Bland, Botetourt, Buchanan, Carroll, Craig, Dickenson, Floyd, Giles, Grayson, Lee, Montgomery, Pulaski, Roanoke, Russell, Scott, Smyth, Tazewell,
Albemarle, Augusta, Charlottesville city, Clarke, Culpeper, Fauquier, Frederi ck, Greene, Harrisonburg city, Highland, Madison, Nelson, Orange , Page, Rappahannock, Rockingham, Sh enandoah, Staunton city, Warren, Waynesboro city and Winchester city.
Amelia, Brunswick, Buckingham, Caroli ne, Charles City county, Chesterfield, Colonial Heights city, Cumberland, Dinwiddie, Emporia city, Essex, Fluvanna, Goochland, Gree nsville, Hanover, Henrico, Hopewell city, King and Queen, King George, King William, Lancaster, Louisa, Lunenburg, Mecklenburg, New
Accomack, Chesapeake city, Franklin city, Gloucester, Hampton city, Isle of Wight, James City county, Mathews, Middlesex, Newport
Alexandria city, Arlington, Fairfax, Fairfax City, Falls Church city, Fredericksburg city, Loudon, Manassas city, Manassas Park city, Prince William, Spotsylvania & Stafford.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Alleghany, Amherst, Appomattox, Bath, Bedford, Bedford city, Botetourt, Buena Vista city , Campbell, Carroll, Charlotte, Clifton Forge city, Covington city, Craig, Danville city, Floyd, Franklin, Galax
Bland, Bristol city, Buchanan, Dickenson, Grayson, Le e, Norton city, Russell, Scott, Smyth, Tazewell, Wa shington, Wise & Wythe.
Regional
Regional
Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Tidewater Area
Midlothian
Roanoke
Fredericksburg
Norfolk, Chesapeake, Virginia Beach, Portsmouth
Regional
Gloucester, James City, Mathews, ~~Middlesex, Princess Anne~~

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Amelia, Charles City, Chesterfield, Dinwiddie, Goochland, Hanover, Henrico, King William, Parts of Louisa, New Kent, Nottoway, Powhatan, Prince George, Richmond
Bedford, Blacksburg (city), Bland, Botetourt, Carroll, Christiansburg (city), Craig, Elliston (city), Floyd, Franklin, Giles, Henry, Montgomery, Patrick, Pulaski, Pulaski (city), Radford (city), Roanoke, Salem (city) Shawsville (city), Wythe, Wytheville (city)
Bedford, Blacksburg (city), Bland, Botetourt, Carroll, Christiansburg (city), Craig, Elliston (city), Floyd, Franklin, Giles, Henry, Montgomery, Patrick, Pulaski, Pulaski (city), Radford (city), Roanoke, Salem (city) Shawsville (city), Wythe, Wytheville (city)
Counties: Albemarle, Amherst, Augusta, Alleghany, Bath, Botetourt, Greene, Highland, Nelson, Rockbridge, Rockingham Independent Cities: Covington, Charlottesville, Clifton Forge, Buena Vista, Harrisonburg, Lexington, Staunton and Waynesboro.
Peninsula
Franklin, Suffolk, and Emporia and ~~Counties: Isle of Wight~~
Peninsula

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Regional
Albemarle, Charlottesville, Culpeper, Greene, Madison.
Harrisonburg
Lexington
Winchester
Regional
Northern Virginia
Regional
Northern Virginia

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia
Charles City, Dinwiddie, Prince George & Surry and the Cities of ~~Colonial Heights, Hopewell &~~ Chesterfield, Goochland, Hanover, Henrico, New Kent & Powhatan and ~~the City of Richmond~~ Albemarle, Fluvanna, Greene, Louisa, & Nelson and the City of ~~Charlottesville~~ Augusta, Buena Vista, Fluvanna, Harrisonburg, Highland, Lexington, ~~Louisa, Page, Rockbridge~~ Harrisonburg
Petersburg
Richmond
Bedford, Bedford City, Bland, Botetourt, Bristol, Buchanan, Carroll, ~~Craig, Danville City, Dickenson~~
Regional
Statewide
Bland, Bristol, Buchanan, Dickenson, Grayson, Lee, Norton, Russell, Scott, Smyth, Tazewell, Washington, Wise
Amelia, Brunswick, Chesterfield, Dinwiddie, Emporia, Greenville, ~~Goochland, Hanover, Henrico~~

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Norfolk, Virginia Beach
Caroline, Essex, Fredericksburg, King George, Lancaster, ~~Northumberland Orange Richmond~~
Amherst, Appomattox, Bedford County, Buckingham, Campbell, ~~Charlotte Cumberland Danville~~
Fauquier, Manassas, Manassas Park, Prince William, Rappahannock
Charles City, Gloucester, Hampton, James City, King & Queen, King William, Mathews, Middlesex, New ~~West Newport News Powhatan~~
Arlington, Alexandria, Fairfax City, Fairfax County, Falls Church
Colonial Heights, Hopewell, Nottoway, Petersburg, Richmond City
Alleghany, Bath, Botetourt, Carroll, Christiansburg, Clifton Forge, Covington, Craig, Floyd, Franklin, Galax, Giles, Henry, Martinsville, Montgomery, Patrick, Pulaski,
Accomack, Chesapeake, Franklin City, Isle of Wight, Northampton, Southampton, Suffolk, Portsmouth
Albemarle, Augusta, Buena Vista, Charlottesville, Culpeper, Fluvanna, ~~Greene Harrisonburg Highland~~
Clarke, Frederick, Loudoun, Page, Shenandoah, Warren, Winchester
Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Caroline, Essex, Fredericksburg, King George, Lancaster, ~~Northumberland Orange Richmond~~ Regional
Charles City, Gloucester, Hampton, James City, King & Queen, King ~~William Mathews Middlesex New~~ Arlington, Alexandria, Fairfax City, Fairfax County, Falls Church.
Regional
Regional
Regional
Chesapeake, Norfolk, Virginia Beach
Blue Ridge
Williamsburg, Virginia Beach, Richmond, Fredericksburg, Stafford, and Manassas.
Amherst, Appomattox, Bedford City, Bedford County, Buckingham, ~~Campbell Charlotte Cumberland~~ Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia.
Eastern Shore
Norfolk, Virginia Beach, Portsmouth
Hampton, Newport News
Roanoke County and City, Salem City, and Botetourt, Craig, Bedford and Franklin counties.
Regional
Winchester
Regional
Fairfax

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Virginia and Maryland	
Statewide	
Regional	
Harrisonburg	
Danville, Franklin County, Halifax, Henry, South Boston, Lunenburg, Martinsville, Mecklenburg, Patrick, Pittsylvania.	
Williamsburg, Middlesex, James City, County, Mathews, Poquoson, Gloucester, York	
Amelia, Brunswick, Chesterfield, Colonial Heights, Dinwiddie, Emporia, Greenville, Goochland, Hanover, Henrico, Hopewell,	
Regional	

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Alleghany, Bland, Botetourt, Buchanan, Carroll, Craig, Dickenson, Floyd, Giles, Grayson, Lee, ~~Montgomery, Pulaski, Roanoke~~ Charlottesville
Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Mecklenburg, Nottoway, Prince Edward, and Brunswick
Petersburg
Regional
Falls Church
Richmond
Hampton Roads

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Alleghany, Bath, Botetourt, Carroll, Christiansburg, Clifton Forge, Covington, Craig, Floyd, Galax, Giles, Montgomery, Pulaski, Radford, Roanoke City, Roanoke County,
Charlottesville and counties of Albemarle, Fluvanna, Greene, Louisa and Nelson.
Fairfax, Falls Church, Herndon and Alexandria and counties of Loudoun, Fairfax, Arlington, Prince William and Stafford.
Richmond, Petersburg, Hopewell and Colonial Heights and counties of Chesterfield, Hanover, Henrico, New Kent, Goochland, Powhatan, Surry, Prince George, Dinwiddie and
Richmond, Petersburg, Hopewell and Colonial Heights and counties of Chesterfield, Hanover, Henrico, New Kent, Goochland, Powhatan, Surry, Prince George, Dinwiddie and
Richmond
Statewide
Richmond

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Charlottesville
Hampton Roads
Richmond
Accomack, Northampton
Statewide
Danville and Martinsville and counties: Henry, Patrick, Pittsylvania
Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Mecklenburg, Nottoway, Prince Edward, and Brunswick
Lynchburg and the counties of: Amherst, Appomattox, Campbell, and Halifax.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Martinsville and Henry
Suffolk, Franklin, Southhampton, Isle of Wight, Sussex
Fauquier, Manassas, Manassas, Park, Prince William, Rappahannock.
Regional
Hampton Roads

COMMUNITY RESOURCES EASTERN REGION
Regional Services

The greater Williamsburg area, Charles City and New Kent County
Northern Virginia
Northern Virginia
Statewide
Colonial Beach and Westmoreland County, Virginia
Statewide
Northern Neck and Middle Peninsula regions of Virginia
Lancaster County, Northumberland County, Richmond County and Westmoreland County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Southside and Peninsula
Carrollton, VA
South Boston, VA
Woodbridge, VA - Port Potomac
Statewide
Statewide
Areas Served Alexandria CSB: City of Alexandria, Fairfax County, Falls Church

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Danville and Roanoke
Statewide
Lancaster County,Northumberland County,Richmond County and Westmoreland County
Statewide
Statewide
Peninsula
,
Statewide
Statewide
Peninsula

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Allegheny Highlands CSB: Alleghany, Covington, Clifton Forge City Harrisonburg-Rockingham CSB: Harrisonburg, Bergton, Bridgewater, Broadway, Dayton, Elkton, Grottoes, Keezletown, Massanutten, McGaheysville, Mt. Crawford, Mt. Solon, Penn Laird, Port Republic, Rockingham, Timberville Region 10
Alexandria CSB: City of Alexandria Fairfax Falls Church CSB: Annandale, Burke, Centreville, Clifton, Fairfax City, Fairfax , Fairfax Station, Falls Church, Great Falls, Herndon, Springfield, Vienna Loudoun CSB: Aldie, Ashburn, Bluemont, Chantilly, Dulles,
Blue Ridge BH: Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke , Vinton,
Richmond BHA: Richmond City Chesterfield CSB: Chester, Chesterfield , Ettrick, Matoaca, Midlothian, Mosely District 19 CSB: Hopewell, Dinwiddie, McKenney, Emporia, Greenville, Skippers, Disputanta, Fort Lee, Prince George,
Middle Peninsula Northern Neck CSB: Wake, Saluda, Essex , Tappahannock, Dutton, Gloucester, Gloucester Point, Hayes, King and Queen, Aylett, King William, West Point, Irvington, Weems, White Stone, Burkeville, Church View,

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Vienna
Virginia Beach and Northern Virginia
Prince William County and Fairfax County, Virginia
Loudoun County
Fairfax County
Blue Ridge
Blue Ridge
Richmond
Norfolk
Peninsula
Charlottesville
Lynchburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

North Richmond
South Richmond
Midlothian
Fredericksburg
Leesburg
Manassas
Culpeper
Tappahannock
Winchester & Woodbridge
Staunton/Waynesboro
Harrisonburg
Roanoke
Rockbridge
Statewide
Statewide
National
Washington, Smyth & Bristol City
Montgomery County, City of Radford, Pulaski, Floyd and Giles.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Nottoway, Lunenburg, Charlotte, Mecklenburg, Appomattox, Cumberland, Buckingham and Prince Edward.
Lynchburg City, Bedford County, Campbell County, Amherst County and Appomattox County.
City of Danville, City of Martinsville, Henry County and Patrick County.
Wise County, the City of Norton and Dickenson County.
Lee and Scott Counties
Buchanan, Russell & Tazewell.
Roanoke City and County, Salem City and Botetourt County.
Waynesboro, Staunton, Augusta County, Harrisonburg, Rockingham County, Lexington, Buena Vista and

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Shenandoah County, Page County, Warren County, Frederick County, Loudoun County, Clark County and ~~City of Winchester~~
Wythe and Bland County.
Regional
Arlington, Ashburn-Ashbrook Pl, Chesapeake Belaire Ave, Chesapeake, Greenbrier Circle, Gainesville, Glen Allen Nuckols ~~Road Glen Allen Hickory Park~~
Northern and Central Virginia
Alexandria
Alleghany, Covington, Clifton Forge City

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Arlington
Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke County, Vinton, Salem, Clifford, Elon, Lowesville, Madison Heights, Monroe, Sweet Briar, Amherst County, Pamplin, Spout Spring, Appomattox County, Bedford City, Bedford County, Big Island, Forest, Goode, Goodview, Hardy, Chesapeake
Chester, Chesterfield , Ettrick, Matoaca, Midlothian, Mosely
James City, Jamestown, Toano, Poquoson, Williamsburg, Grafton, York, Yorktown

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Amelia, Jetersville, Buckingham, Charlotte, Charlotte Court House, Drakes Branch, Keysville, Randolph, Red Oak, Cartersville, Cumberland County, Dundas, Kenbridge, Lunenburg, Meherrin, Prince Edward, Victoria, Blackstone, Crewe, Nottoway, Farmville, Green Bay, Rice Big Rock, Buchanan County, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell
Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level
Birchleaf, Breaks, Clinchco, Clintwood, Dickenson County, Haysi, Kingsport
Hopewell, Dinwiddie, McKenney, Emporia, Greensville, Skippers, Disputanta, Fort Lee, Prince George, Claremont, Spring Grove, Surry, Wakefield, Jarrat, Stony Creek, Sussex, Wakefield, Waverly, Colonial Heights, Petersburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Wachapreague, Accomac City, Accomack County, Belle Haven, Bloxom, Chincoteague, Grasonville, Hallwood, Harborton, Keller, Melfa, New Church, Onancock, Onley, Painter, Parksley, Pungoteague, Quinby, Sanford, Tangier, Tasley, Wachapreague, Wallops Island,
Annandale, Burke, Centreville, Clifton, Fairfax City, Fairfax County, Fairfax Station, Falls Church, Great Falls, Herndon, Springfield, Vienna
Crozier, Goochland, Gum Spring, Hadensville, Maidens, Manakin- Sabot, Oilville, Powhatan
Hampton and Newport News
Ashland, Beaverdam, Doswell, Hanover, Mechanicsville, Montpelier, Rockville

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Harrisonburg, Bergton, Bridgewater, Broadway, Dayton, Elkton, Grottoes, Keezletown, Massanutten, McGaheysville, Mt. Crawford, Mt. Solon, Penn Laird, Port Republic, Rockingham, Timberville
Charles City County, Red House, Glen Allen, Henrico, Highland Springs, Sandston, Lanexa, New Kent County, Providence Forge, Quinton
Abingdon, Bristol, Damascus, Emory, Glade Spring, Meadowview, Mendota
Aldie, Ashburn, Bluemont, Chantilly, Dulles, Hamilton, Hillsboro, Lansdowne, Leesburg, Lincoln, Loudoun, Lovettsville, Middleburg, Neersville, Paeonian Springs, Philimott, Purcellville, Round Hill, South Riding, Sterling, Waterford, The Plains
Wake, Saluda, Essex County, Tappahannock, Dutton, Gloucester, Gloucester Point, Hayes, King and Queen, Aylett, King William, West Point, Irvington, Weems, White Stone, Burkeville, Church View, Cobbs Creek, Deltaville, Grimstead, Gwynn's Island, Hallieford,

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Bastian, Bland County, Rocky Gap, Carroll County, Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell,
Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordsville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski County, Pembroke, Meadows of Dan
Norfolk
Winchester, Clarke, Berryville, Boyce, Millwood, White Post, Clearbrook, Cross Junction, Frederick, Gainesboro, Gore, Stephens City, Luray, Page, Rileyville, Stanley, Basye, Edinburg, Fishers Hill, Fort Valley, Maurertown, Mt. Jackson, New Market, Orkney
Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin County, Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleysville, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City, Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise
Portsmouth
Manassas, Manassas Park, Bristow, Dale City, Dumfries, Gainesville, Haymarket, Montclair, Nokesville, Occoquan, Prince William, Quantico, Triangle, Woodbridge
Bowling Green, Carmel Church, Caroline County, Ladysmith, Milford, Port Royal, Rappahannock Academy, Ruther Glen, Woodford, Fredericksburg, Dahlgren, King George, Lake Anna, Spotsylvania, Thornburg, Falmouth, Stafford
Brandy Station, Culpeper, Elkwood, Fauquier, Griffinsburg, Jeffersonton, Reva, Richardsville, Stevensburg, Broad Run, Casanova, Catlett, Delaplane, Goldvein, Hume, Markham, Marshall, Midland, New Baltimore, Paris, Remington, Sumerduck, The Plains, Upperville,

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Crozet, Earlysville, Esmont, Greenwood, Keswick, North Garden, Scottsville, White Hall, Charlottesville, Fluvanna, Kents Store, Palmyra, Dyke, Graves Mill, Greene, Ruckersville, Stanardsville, Bumpass, Louisa, Mineral, Trevilians, Afton, Arrington, Colleen, Faber, Richmond
Bath, Hot Springs, Millboro, Virginia , Warm Springs, Buena Vista, Lexington, Brownsburg, Fairfield, Glasgow, Goshen, Natural Bridge, Raphine, Rockbridge Baths, Rockbridge County, Steeles Tavern, Vesuvius
Warfield, Alberta, Brunswick County, Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey
Augusta County, Augusta Springs, Fishersville, Ft. Defiance, Lyndhurst, Middlebrook, Mount Solon, Staunton, Stuarts Draft, Swoope, Verona, Weyer's Cave, Blue Grass, McDowell, Monterey, Waynesboro, Highland, Hightown

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Virginia Beach
Suffolk, Isle of Wight, Boykins, Capron, Courtland, Drewryville, Franklin City, Ivor, Sedley, Southampton, Smithfield, Windsor
Regional
Regional
Regional
National
Regional
Herndon
Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Annadale, Burke, Falls Church, Springfield, Alexandria, Fairfax, Fairfax County, Lorton, Arlington, <u>Vienna, McLean</u>
Sterling, Ashburn, Leesburg, Herndon, Reston, Purcellville, Roundhill, Paeonian Springs, <u>Centerville, Loudoun County, Aldie,</u> Alexandria
Alexandria

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Arlington
Ashland
Blacksburg,
Bristol

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Charlottesville
Charlottesville
Chesterfield
Fredericksburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Harrisonburg
Henrico
Lynchburg
Manassas
McLean

COMMUNITY RESOURCES EASTERN REGION
Regional Services

McLean
Midlothian
Reston
Richmond
Richmond
Richmond
Roanoke
Sterling

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Woodbridge
Areas Served: Richmond BHA: Richmond City Chesterfield CSB: Chester, Chesterfield , Ettrick, Matoaca, Midlothian, Mosely District 19 CSB: Hopewell, Dinwiddie, McKenney, Emporia, Greenville, Stafford, Shenandoah, Essex

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Northern Virginia
Northern Virginia
Regional
Regional
Northern Virginia
Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Hampton Roas
Regional
Blue Ridge
Northern Virginia.
Regional
Winchester
Fredericksburg
Fairfax

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Hampton Roads
Virginia and Maryland
Regional
Danville, Franklin County, Halifax, Henry, South Boston, Lunenburg, Martinsville, Mecklenburg, Patrick, Pittsylvania.
DC, MD and VA
Ashburn, Centerville, Chantilly, Gainesville, Great Falls, Herndon,

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Charlottesville
Harrisonburg
Regional
Regional
Chesapeake, Norfolk, Portsmouth, Hampton, Newport News and York Falls Church
Tidewater Area
Northern Virginia
Richmond
Roanoke

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Regional
Tidewater Area
Tidewater Area
Tidewater Area
Tidewater Area
Regional

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Chantilly, VA
Northern Virginia and Statewide
Statewide
New Castle
Statewide
Statewide
Appomattox, Virginia
Statewide
Hampton Roads

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Statewide
Troy, VA
Jamesville, VA
Chesterfield
Statewide
Statewide
Statewide
Statewide
Statewide
Regional
Blue Ridge - Fauquier, Flint Hill, Front Royal & Surrounding areas

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Northern Virginia
Regional
Richmond
Regional
Loudoun County
Regional
Regional
Northern Virginia
Blue Ridge - Fauquier, Flint Hill, Front Royal & Surrounding areas

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Tidewater
Fredericksburg
Regional
Prince William
Northern Virginia
Winchester Area
Prince William County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Regional
Statewide
Reston
Regional
Richmond
Northern Virginia and Washington
Prince William County
Hampton Roads and Peninsula
South Hampton Roads and the Peninsula.
Mathews,Middlesex,Gloucester and Essex.

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Statewide
Loudoun
Richmond
Harrisonburg Area
Central Virginia
Regional
Northern Virginia
Springfield Area

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Manassas
Charlottesville Area
Chesapeake, Norfolk, Virginia Beach, Portsmouth, Suffolk, Newport News, Hampton, Wakefield, Franklin, and Courtland
Chesapeake Norfolk City, Portsmouth City, Suffolk City, Virginia Beach City
Falls Church/Manassas
Regional /Statewide

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Richmond
Fredericksburg
Arlington
Fairfax County.
Tazewell
Statewide
Northern Virginia
Aurora School Area

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Hampton Roads and Peninsula
Regional
Statewide
Maryland, Virginia, West Virginia and DC
Farmville & Crewe Areas
Roanoke Area
Statewide
Chesapeake Norfolk and Virginia Beach.
Prince William County

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Fairfax Hospital
Statewide
Northern Virginia and Washington
Statewide
Fredericksburg

COMMUNITY RESOURCES EASTERN REGION
Regional Services

COMMUNITY RESOURCES EASTERN REGION
Regional Services

COMMUNITY RESOURCES EASTERN REGION
Regional Services

COMMUNITY RESOURCES EASTERN REGION
Regional Services

COMMUNITY RESOURCES EASTERN REGION
Regional Services

COMMUNITY RESOURCES EASTERN REGION
Regional Services

COMMUNITY RESOURCES EASTERN REGION
Regional Services

COMMUNITY RESOURCES EASTERN REGION
Regional Services

Colonial Beach and Westmoreland County, Virginia

SERVICES	AGENCY NAME/ADDRESS
ABA THERAPIES	
Acclimatize, LLC (Rev.08/31/21)	Acclimatize, LLC 709 Quince Place Chesapeake, VA 23320
Acorn Health-ABA Therapy (Rev.06/25/24)	348 Southport Circle Suite 101 Virginia Beach, VA 23452
Acorn Health-ABA Therapy-Alexandria (Rev.06/25/24)	5500 Cherokee Avenue Suite 120 Alexandria, VA 22312
Acorn Health-ABA Therapy-Ashburn (Rev.06/25/24)	44933 George Washington Parkway Suite 110 Ashburn, VA 20147
Acorn Health-ABA Therapy-Chantilly (Rev.06/25/24)	3855 Centerview Dr, Suite 400 B Chantilly, VA 20151
Acorn Health-ABA Therapy-Charlottesville (Rev.06/25/24)	923 Gardens Blvd Charlottesville, VA 22901
Acorn Health-ABA Therapy-Henrico (Rev.06/25/24)	9351 West Broad Street Henrico, VA 23294
Acorn Health-ABA Therapy-Lorton (Rev.06/25/24)	8530 Cinder Bed Rd, Suite 1300 Lorton, VA 22079
Acorn Health-ABA Therapy-Mechanicsville (Rev.06/25/24)	7423 Lee Davis Road Mechanicsville, VA 23111
Acorn Health-ABA Therapy-Midlothian (Rev.06/25/24)	5949 Harbour Park Drive Midlothian, VA 23112
Acorn Health-ABA Therapy-Salem (Rev.06/25/24)	1630 Braeburn Dr. Salem, VA 24153
Acorn Health-ABA Therapy- Stafford (Rev.06/25/24)	11 Hope Road Suite 215 Stafford, VA 22554
Acorn Health-ABA Therapy- Winchester (Rev.06/25/24)	611 W Jubal Early Drive Suite C Winchester, VA 22602
Agape Consulting (Rev.08/31/21)	Agape Consulting 1251 Kempsville Road Norfolk VA 23502
Alliance Behavioral Services (Rev.08/31/21)	Alliance Behavioral Services 1109 Eden Square
Anchor ABA LLC (Rev.06/25/24)	724 Terrace Ave Virginia Beach VA 23451
Attain ABA ((Rev.08/31/21))	Attain ABA 8000 Towers Crescent Drive, 13th Floor
Autism Consulting and Therapy, LLC (ACT) (Rev.08/30/21)	Autism Consulting and Therapy, LLC (ACT) 3101 Magic Hollow Blvd

Autism Learners, LLC (Rev.08/30/21)	Autism Learners, LLC
Autism Resources -One Child Center for Autism (Rev.01/11/21)	201 Bulifants Blvd. Suite A Williamsburg, VA 23188
Autism Spectrum Support, Education and Training (ASSET) Program (Rev.08/30/21)	Autism Spectrum Support, Education and Training (ASSET) Program 638 Independence Parkway, Suite 200 Chesapeake, VA 23320
Aveanna Healthcare-ABA Therapy	Aveanna Healthcare – Virginia Beach 4560 South Boulevard, Suite 310
Behavior Analyst Certification Board (Rev.04/24/23)	Behavior Analyst Certification Board
Behavior Frontiers (Rev.06/25/24)	1001 Scenic Parkway, Suite 104 Chesapeake, VA 23323
Behavior Frontiers-Northern Virginia (Rev.06/25/24)	8280 Willow Oaks Corporate Drive Suite 600 Fairfax, VA 22031
Behavioral Health and Wellness Center (Rev.08/31/21)	Behavioral Health and Wellness Center 760 Pilot House Drive, Suite B Newport News, VA 23606
BEST Services	BEST Services
Bethany Marcus, Ph.D. BCBA-D (Rev.06/26/24)	Bethany Marcus, Ph.D. BCBA-D Licensed Clinical Psychologist
Blossom Behavioral Services (Rev.06/27/24)	Blossom Behavioral Services 763 J Clyde Morris Blvd, Suite 1C Newport News, VA 23601
BreakThru Autism Services (Rev.06/27/24)	BreakThru Autism Services 9720 Capital Court, Suite 404 Manassas, VA 20110
Brighter Strides ABA -Ashburn (Rev.06/26/24)	43490 Yukon Drive, Suite 104, Ashburn, Virginia 20147
Brighter Strides ABA -Herndon (Rev.06/26/24)	400 Herndon Pkwy, Suite 150, Herndon, VA 20170
Butterfly Effects (Rev.08/31/21)	Butterfly Effects 780 Lynnhaven Parkway Suite 400 Virginia Beach, VA 23452
CENTRA-ABA (Rev.06/27/24)	693 Leesville Road Lynchburg, VA 24502

CENTRA Speech and Occupational Therapy (Rev.06/27/24)	693 Leesville Road Lynchburg, VA 24502
Child First Behavior Therapy (Rev.06/28/24)	Child First Behavior Therapy 544 Newtown Rd Suite 110, Virginia Beach, VA 23462
Children First-ABA Therapy (Rev.06/30/24)	1525 Technology Drive Chesapeake, VA 23320
Christine Passaretti, M.Ed., BCBA, LBA	Christine Passaretti, M.Ed., BCBA, LBA Norfolk, VA 23507
Civitas Health Services (Rev.06/30/24)	Civitas Health Services 5606 B Virginia Beach Blvd Suite 103 Virginia Beach, VA 23462
Civitas Health Services-Richmond (Rev.06/30/24)	Civitas Health Services Richmond, VA
Coastal Behavior Consulting (Rev.-09/08/21)	380 Cleveland Place, Suite B Virginia Beach, VA 23462 AND 1409 Kempsville Road, Suite A Chesapeake, VA 23320
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 7460 Central Business Park Dr. Norfolk, VA 23513
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 11864 Canon Blvd., Suite 101, Newport News, VA 23606
Compass Behavioral Group - Charlottesville (Rev.06/14/24)	Compass Behavioral Group 3040 Avemore Square Place Charlottesville, VA 22911
Compass Behavioral Group - Lynchburg (Rev.06/14/24)	Compass Behavioral Group 20838 Timberlake Road, Suite B, Lynchburg, VA 24502
Compass Behavioral Group - North Richmond (Rev.06/14/24)	Compass Behavioral Group 2727 Enterprise Pkwy 2nd Floor Richmond, VA 23294
Compass Behavioral Group - South Richmond (Rev.06/14/24)	Compass Behavioral Group 13000 Rivers Bend Blvd Chester, VA 23836
Compass Behavioral Group - Midlothian (Rev.06/14/24)	Compass Behavioral Group 14407 Justice Road, Midlothian, VA 23113
Compass Behavioral Group - Fredericksburg (Rev.06/14/24)	Compass Behavioral Group 10715 Spotsylvania Avenue Fredericksburg, VA 22408

Compass Behavioral Group - Leesburg (Rev.06/14/24)	Compass Behavioral Group 305 Harrison Street, SE, #1A Leesburg, VA 20175
Compass Behavioral Group - Manassas (Rev.06/14/24)	Compass Behavioral Group 10530 Linden Lake Plaza, Ste 200 Manassas, VA 20109
Compass Behavioral Group - Culpeper (Rev.06/14/24)	Compass Behavioral Group 410 Southridge Parkway Culpeper, VA 22701
Compass Behavioral Group - Tappahannock (Rev.06/14/24)	Compass Behavioral Group 1413 Tappahannock Blvd, #5 Tappahannock, VA 22560
Compass Behavioral Group -Winchester and Woodbridge (Rev.06/14/24)	Compass Behavioral Group 47 W Jubal Early Dr, Suite 100 Winchester, VA 22601
Compass Behavioral Group - Staunton//Waynesboro (Rev.06/14/24)	Compass Behavioral Group 520 Lew Dewitt Blvd. #401, Waynesboro, VA 22980
Compass Behavioral Group - Harrisonburg (Rev.06/14/24)	Compass Behavioral Group 3360 Emmaus Road, Harrisonburg, VA 22801
Compass Behavioral Group - Roanoke (Rev.06/14/24)	Compass Behavioral Group 5296 Peters Creek Road Roanoke, VA 24019
Compass Behavioral Group - Rockbridge (Rev.06/14/24)	Compass Behavioral Group 35 Magnolia Square, Suite 11 Lexington, VA 24450
Comprehensive Autism Partnership, Inc.-Hampton Roads & the Virginia Peninsula (Rev.06/30/24)	4652 Haygood Road, Ste. C Virginia Beach, VA 23452
Comprehensive Autism Partnership, Inc. -Northern Virginia & Maryland (Rev.06/30/24)	2805 Duke Street Alexandria, VA 22314
Comprehensive Autism Partnership, Inc. -Fredericksburg, Stafford & Spotsylvania (Rev.06/30/24)	1809 William Street Fredericksburg, VA 22401

CornerStone Child&Family Counseling Services (Rev.06/30/24)	1209 Independence Boulevard, Suite 105 Virginia Beach, VA 23455
CPABA Therapy, LLC (Rev.-06/30/24)	4225 B Portsmouth Blvd Chesapeake, VA 23321
Crescent In-Home (Rev.01/11/21)	708 South Rosemont Road Suite 203 Virginia Beach, VA
DAISY MAE ABA (Rev.-09/08/21)	DAISY MAE ABA Chesapeake, VA
Dominion ABA (Rev.-09/08/21)	Dominion ABA 412 Investors Place, Suite 102
Dr. Bethany Marcus, Ph.D. BCBA-D (Rev.04/05/18)	633 Rosaer Lane Virginia Beach, VA 23464
Eliza Hope Center (Rev.-09/08/21)	629 Phoenix Drive, Suite 115 Virginia Beach, VA 23452
EMG Consulting (Rev.-09/08/21)	EMG Consulting Elizabeth Gilmore
Epic Developmental Services-Aveanna Healthcare Company-ABA Therapy (Rev.04/01/19)	4560 South Blvd., Suite 310, Virginia Beach, VA 23452
Family Insight, P.C. (Rev.-09/08/21)	380 Cleveland Place, Suite B Virginia Beach, VA 23462
EMG Consulting (Rev.-09/08/21)	EMG Consulting Elizabeth Gilmore
Epic Developmental Services-Aveanna Healthcare Company-ABA Therapy (Rev.04/01/19)	4560 South Blvd., Suite 310, Virginia Beach, VA 23452
Family Insight, P.C. (Rev.-09/08/21)	380 Cleveland Place, Suite B Virginia Beach, VA 23462
Family Preservation Services, INC-Eastern Shore Region-Autism Services	Family Preservation Services, INC Eastern Shore Region Autism
Family Preservation Services -Hampton (Rev.04/06/18)	205 Lake Tower Drive Hampton, VA 23666
Family Preservation Services -Newport News (Rev.04/06/18)	FPS Peninsula Office 739 Thimble Shoals Blvd.
Family Preservation Services-Behavioral Treatment Services-Norfolk	Family Preservation Services 20 Interstate Corporate Ctr Norfolk, VA
Family Preservation Services-Virginia Beach (Rev.04/6/18)	1450 Kempsville Road, Suite 102 Virginia Beach, VA 23464
Family Priority (Rev.01/11/21)	111 Bulifants Blvd. Suite B Williamsburg, VA 23188
Hampton Roads ABA (Rev.-09/08/21)	908 Salisbury Green Virginia Beach, VA 23452
Helianthus Positive Behavior Supports LLC (Rev.-09/08/21)	1100 S Battlefield Blvd #15309 Chesapeake, VA 23328
Infinity Counseling Group (Rev.-11/28/23)	6325 N. Center Dr. Bldg 18 Ste 202 Norfolk, VA 23502
Kathryn Rektsi , Independent Consultant	Kathryn Rektsi , Independent Consultant
KORA Analysis, LLC (Rev.-09/08/21)	6420 Olde Bullocks Circle Suffolk, VA 23435
Leaf Behavior Support (Rev.-09/08/21)	5705 Thurston Avenue Virginia Beach, VA 23455
LumaPaths Behavioral Services, PLLC (located inside The Eliza Hope Therapy Center). (Rev.09/08/21)	629 Phoenix Dr. Suite 115 Virginia Beach, VA. 23452
May Institute (Rev.09/08/21)	May Institute
Maxim Healthcare-ABA Therapies (Rev.07/26/21)	293 Independence Blvd Suite 400, Virginia Beach, VA 23462
Mea'Alofa Autism Support CenterMea'Alofa Autism Support Center	Mea'Alofa Autism Support Center 4016 Raintree Rd #200A
Moli Autism Center (Rev.09/09/21)	2008 General Booth Blvd, Suite B Virginia Beach, VA 23454

Navigation Behavior Consulting	Navigation Behavior Consulting
New Beginnings Behavioral Health, PLC (Rev.09/09/21)	125 St. Andrews Smithfield, VA 23430
OBX Autism Behavior Therapy, LLC	OBX Autism Behavior Therapy, LLC 102 Doxey Creek Rd.
One Child Center for Autism (Rev.09/09/21)	3925 Midlands Road Williamsburg, VA 23188
Paradigm Pathway Consulting Paradigm Pathway Consulting	Paradigm Pathway Consulting 1226 Progressive Drive, Suite 104
Pennington Group Full Spectrum Services - ABA Therapy (Rev.09/09/21)	Pennington Group- ABA Therapy
Positive Support for Children with Autism (Rev.09/09/21)	2019 Cunningham Drive Suite 105 Hampton,
Paradigm Pathway Consulting Paradigm Pathway Consulting	Paradigm Pathway Consulting 1226 Progressive Drive, Suite 104
Pennington Group Full Spectrum Services - ABA Therapy (Rev.09/09/21)	Pennington Group- ABA Therapy
Positive Support for Children with Autism (Rev.09/09/21)	2019 Cunningham Drive Suite 105 Hampton,
Progressive Learning Therapy, Inc.	Progressive Learning Therapy, Inc.
Pryor Behavioral Services (Rev.09/10/21)	Contact: Christina Pryor 2600 Wheathusk Ct
Serenity C&C Inc. (Rev.09/13/21)	103 Research Drive Hampton, VA 23666
Southeastern Skill Builders-Social Skills Groups for individuals with Autism, High Functioning Autism, Step By Step Consulting	Southeastern Skill Builders 1012 First Colonial Road in the Atlantic Eye Step By Step Consulting 156 Burnetts Way
Stepping Stones Behavior Support (Rev.09/13/21)	1405 Callandish Court Virginia Beach, VA 23464
Summit Behavioral Therapy (Rev.09/13/21)	1432 N. Great Neck Road, Suite 205 Virginia Beach, Virginia 23452
Sunshine Behavioral Consulting (Rev.09/13/21)	Sunshine Behavioral Consulting Inc., 6328 Bucknell
Tephania Barnes MS., BCBA, LBA (Rev.09/13/21)	Tephania Barnes MS., BCBA, LBA
The Eliza Hope Foundation -(Rev.12/09/19)	629 Phoenix Dr Virginia Beach, VA 23452
The Learning Resource Center-ABA Therapy (Rev.09/22/20)	935 First Colonial Road Virginia Beach, VA 23454
Therapeutic Alliance Therapeutic Alliance, LLC-Hampton Roads (Rev.06/25/24)	Therapeutic Alliance 780 Lynnhaven Pkwy. Suite 400250 Virginia Beach, VA 23452
Therapeutic Alliance Therapeutic Alliance, LLC-Falls Church (Rev.06/25/24)	Therapeutic Alliance 6400 Arlington Blvd., Ste. 670 Falls Church, VA
Therapeutic Alliance Therapeutic Alliance, LLC-Sterling (Rev.06/25/24)	Therapeutic Alliance 22375 Broderick Dr., Ste. 125 Sterling, VA
Three Tier Consulting	Three Tier Consulting 1903 Waters Edge Lane

Thrive ABA Consulting LLC (Rev.09/13/21)	5151 Bonney Rd. Suite 107 Virginia Beach, Va. 23462
Treasured Hearts ABA, LLC (Rev.10/31/22)	Treasured Hearts ABA, LLC
Verbal Beginnings (Rev.10/31/22)	Verbal Beginnings 7090 Samuel Morse Dr Suite 100- 300,
ADVOCACY	
Adult Protective Services (APS) (Rev.08/24/23)	22554 Center Parkway, Accawmacke Office Park
Adult Protective Services (APS) (Rev.08/24/23)	100 Outlaw St., P.O. Box 15000
Adult Protective Services (APS) (Rev.08/24/23)	306 N. Main St, P.O. Box 601
Adult Protective Services (APS) (Rev.08/24/23)	6641 Short Lane, P.O. Box 1390, Gloucester, VA 23061
Adult Protective Services (APS) (Rev.08/24/23)	1320 LaSalle Ave., Hampton, VA 23669
Adult Protective Services (APS) (Rev.08/24/23)	17100 Monument Circle, Suite A, PO Box 102, Isle of Wight, VA 23397
Adult Protective Services (APS) (Rev.08/24/23)	5249 Old Towne Road, Williamsburg, VA 23188
Adult Protective Services (APS) (Rev.08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109
Adult Protective Services (APS) (Rev.08/24/23)	Rouse Tower, 6060 Jefferson Ave., Newport News, VA 23605
Adult Protective Services (APS) (Rev.08/24/23)	741 Monticello Avenue, Norfolk, VA 23510
Adult Protective Services (APS) (Rev.08/24/23)	5265 The Hornes, P.O. Box 568, Eastville, VA 23347
Adult Protective Services (APS) (Rev.08/24/23)	301 Goodwin Neck Road Yorktown, VA 23692
Adult Protective Services (APS) (Rev.08/24/23)	1701 High St., Suite 101, Portsmouth, VA 23704
Adult Protective Services (APS) (Rev.08/24/23)	26022 Administration Center Drive, P.O. Box 550, Courtland, VA 23837
Adult Protective Services (APS) (Rev.08/24/23)	20103 Princeton Road , Stony Creek, VA 23882
Adult Protective Services (APS) (Rev.08/24/23)	135 Hall Avenue, Suite B , P.O. Box 1818, Suffolk, VA 23434
Adult Protective Services (APS) (Rev.08/24/23)	45 School Street, P.O. Box 263, Surry, VA 23883
Adult Protective Services (APS) (Rev.08/24/23)	3432 Virginia Beach Blvd., Virginia Beach, VA 23452
Adult Protective Services (APS) (Rev.08/24/23)	401 Lafayette St., Williamsburg, VA 23105
Adult Protective Services (APS) (Rev.08/24/23)	301 Goodwin Neck Road, Yorktown, VA 23692
Adult Protective Services (APS)-Alexandria (Rev.08/24/23)	4850 Mark Center Dr., Alexandria, VA 22311
Adult Protective Services (APS)-Alexandria (Rev.08/24/23)	2100 Washington Blvd. - 1st Fl., Arlington, VA 22204
Adult Protective Services (APS)-Clarke (Rev.08/24/23)	311 E. Main St., Pawnee, VA 22641

Adult Protective Services (APS)-Culpeper	1835 Industry Drive, P.O. Box 1355, Culpeper, VA 22701
Adult Protective Services (APS)-Fairfax	12011 Government Center Parkway, Suite 222, Fairfax, VA 22033
Adult Protective Services (APS)-Fauquier	320 Hospital Drive, Suite 11, Warrenton, VA 20186
Adult Protective Services (APS)-Frederick	107 N. Kent St., Third Floor, Winchester, VA 22601
Adult Protective Services (APS)-Fredericksburg	608 Jackson Street, Suite 100, Fredericksburg, VA 22401
Adult Protective Services (APS)-Greene	10009 Spotswood Trail, Greensville, VA 22073
Adult Protective Services (APS)-Harrisonburg	110 N. Mason St., P.O. Box 800, Harrisonburg, VA 22801
Adult Protective Services (APS)-King George	10069 Kings Highway, P.O. Box 120, King George, VA 22445
Adult Protective Services (APS)-Loudoun	102 Heritage Way, Suite 103, PO Box 7400, Loudoun, VA 22070
Adult Protective Services (APS)-Louisa	114 Industrial Dr, PO Box 425, Louisa, VA 22501
Adult Protective Services (APS)-Madison	101 S. Main St., P.O. Box 176, Madison, VA 22651
Adult Protective Services (APS)-Manassas City	9324 West Street, Manassas, VA 20110
Adult Protective Services (APS)-Manassas Park	100 Nadia Street, 2nd Floor, Manassas Park, VA 20111
Adult Protective Services (APS)-Orange	146 N. Madison Road, Suite 201, Orange, VA 22060
Adult Protective Services (APS)-Page County	215 W. Main St., Suite A, P.O. Box 47, Page, VA 22654
Adult Protective Services (APS)-Prince William County	7987 Ashton Ave., Suite 200, Manassas, VA 20109
Adult Protective Services (APS)-Rappahannock County	354 Gay St., P.O. Box 87, Stafford, VA 22458
Adult Protective Services (APS)-Shenandoah County	Shenandoah County Government Center, 404 N. Main St., Suite 200, Shenandoah, VA 22864
Adult Protective Services (APS)-Spotsylvania	9019 Old Battlefield Blvd - 2nd Fl., Spotsylvania, VA 22553
Adult Protective Services (APS)-Stafford County	Stafford County Government Center, 1200 Courthouse Road, Stafford, VA 22458
Adult Protective Services (APS)-Warren County	465 W 15th Street, Suite 100, Front Royal, VA 22630
Adult Protective Services (APS)-Winchester	24 Baker Street, Winchester, VA 22601
Adult Protective Services (APS)-Amelia	16360 Dunn Street Suite 201, P.O. Box 126, Amelia, VA 22022
Adult Protective Services (APS)-Buckingham County	13360 West James Anderson Highway, Route 60, P.O. Box 170, Buckingham, VA 22603
Adult Protective Services (APS)-Caroline	17202 Richmond Turnpike, P.O. Box 420, Caroline, VA 22603
Adult Protective Services (APS)-Charles City	10900 Courthouse Road, P.O. Box 88, Charles City, VA 22814
Adult Protective Services (APS)-Chesterfield	9501 Lucy Corr Circle, P.O. Box 420, Chesterfield, VA 22534
Adult Protective Services (APS)-Cumberland	71 Community Center Drive, P.O. Box 23, Cumberland, VA 22825
Adult Protective Services (APS)-Essex	772 Richmond Beach Road, P.O. Box 1004, Essex, VA 22122
Adult Protective Services (APS)-Fluvanna County	8880 B James Madison Highway, P.O. Box 88, Fluvanna, VA 22949
Adult Protective Services (APS)-Goochland	1800 Sandy Hook Road, Suite 200, P.O. Box 24, Goochland, VA 22949
Adult Protective Services (APS)-Hanover County	12304 S. Washington Highway, Richland, VA 22805
Adult Protective Services (APS)-Henrico County	8600 Dixon Powers Drive, P.O. Box 80775, Henrico, VA 23161
Adult Protective Services (APS)-Hopewell	316 E. Cawson Street, Hopewell, VA 22960
Adult Protective Services (APS)-King and Queen	242 Allen Circle, P.O. Box 7, King and Queen Courthouse, VA 22005
Adult Protective Services (APS)-King William	172 Courthouse Lane, P.O. Box 187, King William, VA 22187
Adult Protective Services (APS)-Lancaster County	9049 Mary Ball Road, P.O. Box 308, Lancaster, VA 22503
Adult Protective Services (APS)-Lunenburg County	11387 Courthouse Road, Lunenburg, VA 22850
Adult Protective Services (APS)-Middlesex County	2893 General Puller Highway, P.O. Box 216, Middlesex, VA 22655
Adult Protective Services (APS)-New Kent	7911 Courthouse Way, Suite 100, P.O. Box 220, New Kent, VA 22445
Adult Protective Services (APS)-Northumberland County	6373 Northumberland Highway, Suite A, P.O. Box 280, Northumberland, VA 22063
Adult Protective Services (APS)-Nottoway County	288 W. Courthouse Road, P.O. Box 26, Nottoway, VA 22860
Adult Protective Services (APS)-Petersburg	3811 Corporate Rd., Petersburg, VA 22085
Adult Protective Services (APS)-Powhatan County	3908 Old Buckingham Road - Suite 2, Powhatan, VA 22120

Adult Protective Services (APS)-Prince Edward County (Rev. 08/24/23)	56B SMI Way, Farmville, VA 22401
Adult Protective Services (APS)-Richmond City (Rev. 08/24/23)	Marshall Plaza Building, 900 E. Marshall St.
Adult Protective Services (APS)-Richmond County (Rev. 08/24/23)	5579 Richmond Road, P.O. Box 25
Adult Protective Services (APS)-Westmoreland (Rev. 08/24/23)	18849 Kings Highway, P.O. Box 222
Adult Protective Services (APS)-Albemarle County (Rev. 08/24/23)	1600 Fifth St., Suite A, Charlottesville, VA 22902
Adult Protective Services (APS)-Alleghany-Covington (Rev. 08/24/23)	110 Rosedale Ave., Suite B, Covington, VA 24426
Adult Protective Services (APS)-Amherst (Rev. 08/24/23)	224 2nd St., P.O. Box 414
Adult Protective Services (APS)-Appomattox (Rev. 08/24/23)	318 Court St., P.O. Box 540
Adult Protective Services (APS)-Bath County (Rev. 08/24/23)	65 Courthouse Hill Road, P.O. Box 7
Adult Protective Services (APS)-Bedford (Rev. 08/24/23)	Burks-Scott Building, 119 E. Main St., P.O. Box 1187
Adult Protective Services (APS)-Botetourt County (Rev. 08/24/23)	220 Commons Parkway, P.O. Box 99
Adult Protective Services (APS)-Campbell County (Rev. 08/24/23)	69 Kabler Lane, P.O. Box 860
Adult Protective Services (APS)-Charlotte County (Rev. 08/24/23)	400 Thomas Jefferson Hwy, P.O. Box 440
Adult Protective Services (APS)-Charlottesville (Rev. 08/24/23)	120 Seventh St., N.E., P.O. Box 911
Adult Protective Services (APS)-Craig County (Rev. 08/24/23)	177 Court St., P.O. Box 222
Adult Protective Services (APS)-Danville (Rev. 08/24/23)	510 Patton St., P.O. Box 2200
Adult Protective Services (APS)-Franklin County (Rev. 08/24/23)	120 East Court Street, Rocky Mount, VA 24151
Adult Protective Services (APS)-Halifax County (Rev. 08/24/23)	1030 Cowford Road, P.O. Box 1100
Adult Protective Services (APS)-Henry-Martinsville (Rev. 08/24/23)	20 Progress Drive, P.O. Box 4046
Adult Protective Services (APS)-Highland County (Rev. 08/24/23)	158 Courthouse Lane, Courthouse Area
Adult Protective Services (APS)-Lynchburg (Rev. 08/24/23)	99 9th St., P.O. Box 6700
Adult Protective Services (APS)-Mecklenburg County (Rev. 08/24/23)	911 Madison St., P.O. Box 400
Adult Protective Services (APS)-Nelson County (Rev. 08/24/23)	203 Front St., P.O. Box 257
Adult Protective Services (APS)-Pittsylvania County (Rev. 08/24/23)	220 H. G. McGhee Drive, P.O. Box 5
Adult Protective Services (APS)-Roanoke City (Rev. 08/24/23)	1510 Williamson Road, N.E., Roanoke, VA 24012
Adult Protective Services (APS)-Roanoke County (Rev. 08/24/23)	220 E. Main St., P.O. Box 1127
Adult Protective Services (APS)-Rockbridge-Buena Vista (Rev. 08/24/23)	20 E. Preston St., Lexington, VA 24450
Adult Protective Services (APS)-Shenandoah Valley (Rev. 08/24/23)	68 Dick Huff Lane, P.O. Box 7
Adult Protective Services (APS)-Shenandoah Valley (Waynesboro) (Rev.08/24/23)	1200 Shenandoah Ave., Waynesboro, VA 22980
Adult Protective Services (APS)-Bland County (Rev. 08/24/23)	612 Main St., Suite 208, P.O. Box 55, Bland County Court
Adult Protective Services (APS)-Bristol City (Rev.08/24/23)	355 Bristol East Road, Bristol, VA 24202
Adult Protective Services (APS)-Buchanan County (Rev.08/24/23)	3174 Slate Creek Road, Grundy, VA 24614
Adult Protective Services (APS)-Carroll County (Rev.08/24/23)	Carroll Co. Governmental Complex, 605-8 Pine St., Hillsville, VA 24343
Adult Protective Services (APS)-Dickenson County (Rev.08/24/23)	1280 Browning Hollow, Clintwood, VA 24228
Adult Protective Services (APS)-Floyd County (Rev.08/24/23)	120 W. Oxford St., Building A-2, P.O. Box 314, Floyd, VA 24091
Adult Protective Services (APS)-Galax City (Rev.08/24/23)	105 E. Center St, P.O. Box 166, Galax, VA 24333-0166
Adult Protective Services (APS)-Giles County (Rev.08/24/23)	211 Main St., Suite 109, Narrows, VA 24124

Adult Protective Services (APS)-Grayson County (Rev.08/24/23)	129 Davis St., P.O. Box 434, Independence, VA 24348
Adult Protective Services (APS)-Lee County (Rev.08/24/23)	108 Hill St., P.O. Box 348, Jonesville, VA 24264
Adult Protective Services (APS)Montgomery County (Rev.08/24/23)	210 S. Pepper St., Suite B, P.O. Box 789, Christiansburg, VA 24073
Adult Protective Services (APS)-Norton City (Rev.08/24/23)	644 Park Avenue NW, P.O. Box 378, Norton, VA 24273
Adult Protective Services (APS)-Patrick County (Rev.08/24/23)	106 Rucker St., Suite 128, Stuart, VA 24171
Adult Protective Services (APS)-Pulaski County (Rev.08/24/23)	53 Commerce Street, Pulaski, VA 24301
Adult Protective Services (APS)-Radford City (Rev.08/24/23)	928 W. Main St., Radford, VA 24141
Adult Protective Services (APS)-Russell County (Rev.08/24/23)	135 Highlands Drive , Suite B, Lebanon, VA 24266
Adult Protective Services (APS)-Scott County (Rev.08/24/23)	190 Beech Street, Suite 101, Cata City, VA 24251
Adult Protective Services (APS)-Smyth County (Rev.08/24/23)	121 Bagley Circle, Suite 200, Mexico, VA 24251
Adult Protective Services (APS)-Tazewell County (Rev.08/24/23)	253 Chamber Drive, P.O. Box 140
Adult Protective Services (APS)-Washington County (Rev.08/24/23)	15068 Lee Highway, Suite 100, Pilot, VA 24202
Adult Protective Services (APS)-Wise County (Rev.08/24/23)	10365 Pinnacle Drive, Wise, VA 24292
Adult Protective Services (APS)-Wythe County (Rev.08/24/23)	290 S. Sixth Street, Suite 200, Wytheville, VA 24202
Adult Protective Services (APS)-Wise County (Rev.08/24/23)	10365 Pinnacle Drive, Wise, VA 24292
Adult Protective Services (APS)-Wythe County (Rev.08/24/23)	290 S. Sixth Street, Suite 200, Wytheville, VA 24202
Autism Society of Tidewater (Rev.01/18/18)	Autism Society of Tidewater 5291 Greenwich Road, Suite 1 Virginia Beach VA 23462
CASA Program-Voices for Kids (Rev.06/30/24)	Voices for Kids CASA Program PO Box 949 409 Main Street Smithfield, Virginia 23431
Child Protective Services (CPS) (Rev,08/24/23)	22554 Center Parkway, Accawmacke Office Park, P. O. Box 210,
Child Protective Services (CPS) (Rev,08/24/23)	100 Outlaw St., P.O. Box 15098, Chesapeake, VA 23320
Child Protective Services (CPS) (Rev,08/24/23)	306 N. Main St, PO Box 601, Franklin , VA 23851
Child Protective Services (CPS) (Rev,08/24/23)	6641 Short Lane, P.O. Box 1390, Gloucester, VA 23061
Child Protective Services (CPS) (Rev,08/24/23)	1320 LaSalle Ave., Hampton, VA 23669
Child Protective Services (CPS) (Rev,08/24/23)	17100 Monument Circle, Suite A, PO Box 102, Isle of Wight, VA 23397
Child Protective Services (CPS) (Rev,08/24/23)	5249 Old Towne Road, Williamsburg, VA 23188
Child Protective Services (CPS) (Rev,08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109
Child Protective Services (CPS) (Rev,08/24/23)	Rouse Tower, 6060 Jefferson Ave., Newport News, VA 23605

Child Protective Services (CPS)	(Rev,08/24/23)	741 Monticello Avenue, Norfolk, VA 23510
Child Protective Services (CPS)	(Rev,08/24/23)	5265 The Hornes, P.O. Box 568, Eastville, VA 23347
Child Protective Services (CPS)	(Rev,08/24/23)	301 Goodwin Neck Road Yorktown, VA 23692
Child Protective Services (CPS)	(Rev,08/24/23)	1701 High St., Suite 101, Portsmouth, VA 23704
Child Protective Services (CPS)	(Rev,08/24/23)	26022 Administration Center Drive, P.O. Box 550, Courtland, VA 23837
Child Protective Services (CPS)	(Rev,08/24/23)	20103 Princeton Road , Stony Creek, VA 23882
Child Protective Services (CPS)	(Rev,08/24/23)	135 Hall Avenue, Suite B , P.O. Box 1818, Suffolk, VA 23434
Child Protective Services (CPS)	(Rev,08/24/23)	45 School Street, P.O. Box 263, Surry, VA 23883
Child Protective Services (CPS)	(Rev,08/24/23)	3432 Virginia Beach Blvd., Virginia Beach, VA 23452
Child Protective Services (CPS)	(Rev,08/24/23)	401 Lafayette St., Williamsburg, VA 23185
Child Protective Services (CPS)	(Rev,08/24/23)	301 Goodwin Neck Road, Yorktown, VA 23692
Child Protective Services (CPS)-Alexandria (Rev,08/24/23)		4850 Mark Center Dr., Alexandria, VA 22311
Child Protective Services (CPS)-Arlington (Rev,08/24/23)		2100 Washington Blvd. - 1st Fl., Arlington, VA 22204
Child Protective Services (CPS)-Clarke (Rev,08/24/23)		311 E. Main St., Berryville, VA 22611
Child Protective Services (CPS)-Culpeper (Rev,08/24/23)		1835 Industry Drive, P.O. Box 1355, Culpeper, VA 22701
Child Protective Services (CPS)-Fairfax (Rev,08/24/23)		12011 Government Center Parkway, Suite 232, Fairfax, VA 22035
Child Protective Services (CPS)-Fauquier (Rev,08/24/23)		320 Hospital Drive, Suite 11, Warrenton, VA 20186
Child Protective Services (CPS)-Frederick (Rev,08/24/23)		107 N. Kent St., Third Floor, Winchester, VA 22601
Child Protective Services (CPS)-Fredericksburg (Rev,08/24/23)		608 Jackson Street, Suite 100, Fredericksburg, VA 22401
Child Protective Services (CPS)-Greene (Rev,08/24/23)		10009 Spotswood Trail, Stanardsville, VA 22973
Child Protective Services (CPS)-Harrisonburg (Rev,08/24/23)		110 N. Mason St., P.O. Box 809, Harrisonburg, VA 22803
Child Protective Services (CPS)-King George (Rev,08/24/23)		10069 Kings Highway, P.O. Box 130, King George, VA 22484

Child Protective Services (CPS)-Loudoun (Rev,08/24/23)	102 Heritage Way, Suite 103, PO Box 7400, Leesburg, VA 20177
Child Protective Services (CPS)-Louisa (Rev,08/24/23)	114 Industrial Dr, PO Box 425, Louisa, VA 23093
Child Protective Services (CPS)-Madison (Rev,08/24/23)	101 S. Main St., P.O. Box 176, Madison, VA 22727
Child Protective Services (CPS)-Manassas City (Rev,08/24/23)	9324 West Street, Manassas, VA 20110
Child Protective Services (CPS)-Manassas Park (Rev,08/24/23)	100 Nadia Street, 2nd Floor, Manassas Park, VA 20111
Child Protective Services (CPS)-Orange (Rev,08/24/23)	146 N. Madison Road, Suite 201, Orange, VA 22960
Child Protective Services (CPS)-Page County (Rev,08/24/23)	215 W. Main St., Suite A, P.O. Box 47, Stanley, VA 22851
Child Protective Services (CPS)-Prince William County (Rev,08/24/23)	7987 Ashton Ave., Suite 200, Manassas, VA 20109
Child Protective Services (CPS)-Rappahannock County (Rev,08/24/23)	354 Gay St., P.O. Box 87, Washington, VA 22747
Child Protective Services (CPS)-Shenandoah County (Rev,08/24/23)	Shenandoah County Government Center, 494 N. Main St., Suite 200, Woodstock, VA 22664
Child Protective Services (CPS)-Spotsylvania (Rev,08/24/23)	9019 Old Battlefield Blvd - 2nd Fl., Spotsylvania, VA 22553, P.O. Box 249,
Child Protective Services (CPS)-Stafford County (Rev,08/24/23)	Stafford County Government Center, 1300 Courthouse Road, P.O. Box 7,
Child Protective Services (CPS)-Warren County (Rev,08/24/23)	465 W 15th Street, Suite 100, Front Royal, VA 22630
Child Protective Services (CPS)-Winchester (Rev,08/24/23)	24 Baker Street, Winchester, VA 22601
Child Protective Services (CPS)-Amelia (Rev,08/24/23)	16360 Dunn Street Suite 201, P.O. Box 136, Amelia, VA 23002
Child Protective Services (CPS)-Buckingham County (Rev,08/24/23)	13360 West James Anderson Highway, Route 60, P. O. Box 170, Buckingham Court House, VA
Child Protective Services (CPS)-Caroline (Rev,08/24/23)	17202 Richmond Turnpike, P.O. Box 430, Bowling Green, VA 22427
Child Protective Services (CPS)-Charles City (Rev,08/24/23)	10900 Courthouse Road, P.O. Box 98, Charles City, VA 23030
Child Protective Services (CPS)-Chesterfield (Rev,08/24/23)	9501 Lucy Corr Circle, P.O. Box 430, Chesterfield, VA 23832
Child Protective Services (CPS)-Cumberland (Rev,08/24/23)	71 Community Center Drive, P. O. Box 33, Cumberland, VA 23040
Child Protective Services (CPS)-Essex (Rev,08/24/23)	772 Richmond Beach Road, P.O. Box 1004, Tappahannock, VA 22560
Child Protective Services (CPS)-Fluvanna County (Rev,08/24/23)	8880 B James Madison Highway, P.O. Box 98, Fork Union, VA 23055

Child Protective Services (CPS)-Goochland (Rev,08/24/23)	1800 Sandy Hook Road, Suite 200, P.O. Box 34, Goochland, VA 23063
Child Protective Services (CPS)-Henrico County (Rev,08/24/23)	12304 S. Washington Highway, Ashland, VA 23005
Child Protective Services (CPS)-Henrico County (Rev,08/24/23)	8600 Dixon Powers Drive, P.O. Box 90775, Henrico, VA 23273
Child Protective Services (CPS)-Hopewell (Rev,08/24/23)	316 E. Cawson Street, Hopewell, VA 23860
Child Protective Services (CPS)-King and Queen (Rev,08/24/23)	242 Allen Circle, P.O. Box 7, King and Queen Courthouse, VA 23085
Child Protective Services (CPS)-King William (Rev,08/24/23)	172 Courthouse Lane, P.O. Box 187, King William, VA 23086
Child Protective Services (CPS)-Lancaster County (Rev,08/24/23)	9049 Mary Ball Road, P.O. Box 308, Lancaster, VA 22503
Child Protective Services (CPS)-Lunenburg County (Rev,08/24/23)	11387 Courthouse Road, Lunenburg, VA 23952
Child Protective Services (CPS)-Middlesex County (Rev,08/24/23)	2893 General Puller Highway, P.O. Box 216, Urbanna, VA 23175
Child Protective Services (CPS)-New Kent (Rev,08/24/23)	7911 Courthouse Way, Suite 100, P.O. Box 229, New Kent, VA 23124
Child Protective Services (CPS)-Northumberland County (Rev,08/24/23)	6373 Northumberland Highway, Suite A, P.O. Box 399, Heathsville, VA 22473
Child Protective Services (CPS)-Nottoway County (Rev,08/24/23)	288 W. Courthouse Road, P. O. Box 26, Nottoway, VA 23955
Child Protective Services (CPS)-Petersburg (Rev,08/24/23)	3811 Corporate Rd., Petersburg, VA 23805
Child Protective Services (CPS)-Powhatan County (Rev,08/24/23)	3908 Old Buckingham Road - Suite 2, Powhatan, VA 23139
Child Protective Services (CPS)-Prince Edward County (Rev,08/24/23)	56B SMI Way, Farmville, VA 23901
Child Protective Services (CPS)-Richmond City (Rev,08/24/23)	Marshall Plaza Building, 900 E. Marshall St., P.O. Box 10129,
Child Protective Services (CPS)-Richmond County (Rev,08/24/23)	5579 Richmond Road, P.O. Box 35, Warsaw, VA 22572
Child Protective Services (CPS)-Westmoreland (Rev,08/24/23)	18849 Kings Highway, P.O. Box 302, Montross, VA 22520
Child Protective Services (CPS)-Albemarle County (Rev,08/24/23)	1600 Fifth St., Suite A, Charlottesville, VA 22902
Child Protective Services (CPS)-Alleghany-Covington (Rev,08/24/23)	110 Rosedale Ave., Suite B, Covington, VA 24426
Child Protective Services (CPS)-Amherst (Rev,08/24/23)	224 2nd St., P. O. Box 414, Amherst, VA 24521
Child Protective Services (CPS)-Appomattox (Rev,08/24/23)	318 Court St., P. O. Box 549, Appomattox, VA 24522

Child Protective Services (CPS)-Bath County (Rev,08/24/23)	65 Courthouse Hill Road, P.O. Box 7, Warm Springs, VA 24484
Child Protective Services (CPS)-Bedford (Rev,08/24/23)	Burks-Scott Building, 119 E. Main St., PO Box 1187, Bedford, VA 24523
Child Protective Services (CPS)-Botetourt County (Rev,08/24/23)	220 Commons Parkway, P. O. Box 99, Daleville, VA 24083
Child Protective Services (CPS)-Campbell County (Rev,08/24/23)	69 Kabler Lane, P.O. Box 860, Rustburg, VA 24588
Child Protective Services (CPS)-Charlotte County (Rev,08/24/23)	400 Thomas Jefferson Hwy, PO Box 440, Charlotte Court House, VA 23923
Child Protective Services (CPS)-Charlottesville (Rev,08/24/23)	120 Seventh St., N.E., P.O. Box 911, Charlottesville, VA 22902
Child Protective Services (CPS)-Craig County (Rev,08/24/23)	177 Court St., P. O. Box 330, New Castle, VA 24127
Child Protective Services (CPS)-Danville (Rev,08/24/23)	510 Patton St., P. O. Box 3300, Danville, VA 24541
Child Protective Services (CPS)-Franklin County (Rev,08/24/23)	120 East Court Street, Rocky Mount, VA 24151, 120 East Court Street,
Child Protective Services (CPS)-Halifax County (Rev,08/24/23)	1030 Cowford Road, P. O. Box 1189, Halifax, VA 24558
Child Protective Services (CPS)-Henry-Martinsville (Rev,08/24/23)	20 Progress Drive, P.O. Drawer 4946, Martinsville, VA 24115
Child Protective Services (CPS)-Highland County (Rev,08/24/23)	158 Courthouse Lane, Courthouse Annex, P.O. Box 247,
Child Protective Services (CPS)-Lynchburg (Rev,08/24/23)	99 9th St., P.O. Box 6798, Lynchburg, VA 24505
Child Protective Services (CPS)-Mecklenburg County (Rev,08/24/23)	911 Madison St., P.O. Box 400, Boydton, VA 23917
Child Protective Services (CPS)-Nelson County (Rev,08/24/23)	203 Front St., P.O. Box 357, Lovingston, VA 22949
Child Protective Services (CPS)-Pittsylvania County (Rev,08/24/23)	220 H. G. McGhee Drive, P.O. Box E, Chatham, VA 24531
Child Protective Services (CPS)-Roanoke City (Rev,08/24/23)	1510 Williamson Road, N.E., Roanoke, VA 24012
Child Protective Services (CPS)-Roanoke County (Rev,08/24/23)	220 E. Main St., P. O. Box 1127, Salem, VA 24153
Child Protective Services (CPS)-Rockbridge-Buena Vista- Lexington (Rev,08/24/23)	20 E. Preston St., Lexington, VA 24450
Child Protective Services (CPS)-Shenandoah Valley (Staunton-Augusta) (Rev,08/24/23)	68 Dick Huff Lane, P.O. Box 7, Verona, VA 24482
Child Protective Services (CPS)-Shenandoah Valley (Waynesboro) (Rev,08/24/23)	1200 Shenandoah Ave., Waynesboro, VA 22980
Child Protective Services (CPS)-Bland County (Rev,08/24/23)	612 Main St., Suite 208, P.O. Box 55, Bland County Court House, Suite 208,

Child Protective Services (CPS)-Bristol City (Rev,08/24/23)	355 Bristol East Road, Bristol, VA 24202
Child Protective Services (CPS)-Buchanan County (Rev,08/24/23)	3174 Slate Creek Road, Grundy, VA 24614
Child Protective Services (CPS)-Carroll County (Rev,08/24/23)	Carroll Co. Governmental Complex, 605-8 Pine St., Hillsville, VA 24343
Child Protective Services (CPS)-Dickenson County (Rev,08/24/23)	1280 Browning Hollow, Clintwood, VA 24228
Child Protective Services (CPS)-Floyd County (Rev,08/24/23)	120 W. Oxford St., Building A-2, P.O. Box 314, Floyd, VA 24091
Child Protective Services (CPS)-Galax City (Rev,08/24/23)	105 E. Center St, P.O. Box 166, Galax, VA 24333-0166
Child Protective Services (CPS)-Giles County (Rev,08/24/23)	211 Main St., Suite 109, Narrows, VA 24124
Child Protective Services (CPS)-Grayson County (Rev,08/24/23)	129 Davis St., P.O. Box 434, Independence, VA 24348
Child Protective Services (CPS)-Lee County (Rev,08/24/23)	108 Hill St., P.O. Box 348, Jonesville, VA 24264
Child Protective Services (CPS)-Montgomery County (Rev,08/24/23)	210 S. Pepper St., Suite B, P.O. Box 789, Christiansburg, VA 24073
Child Protective Services (CPS)-Norton City (Rev,08/24/23)	644 Park Avenue NW, P.O. Box 378, Norton, VA 24273
Child Protective Services (CPS)-Patrick County (Rev,08/24/23)	106 Rucker St., Suite 128, Stuart, VA 24171
Child Protective Services (CPS)-Pulaski County (Rev,08/24/23)	53 Commerce Street, Pulaski, VA 24301
Child Protective Services (CPS)-Radford City (Rev,08/24/23)	928 W. Main St., Radford, VA 24141
Child Protective Services (CPS)-Russell County (Rev,08/24/23)	135 Highlands Drive , Suite B, Lebanon, VA 24266
Child Protective Services (CPS)-Scott County (Rev,08/24/23)	190 Beech Street, Suite 101, Gate City, VA 24251
Child Protective Services (CPS)-Smyth County (Rev,08/24/23)	121 Bagley Circle, Suite 200, Marion, VA 24354
Child Protective Services (CPS)-Tazewell County (Rev,08/24/23)	253 Chamber Drive, P.O. Box 149, Tazewell, VA 24651
Child Protective Services (CPS)-Washington County (Rev,08/24/23)	15068 Lee Highway, Suite 100, Bristol, VA 24202
Child Protective Services (CPS)-Wise County (Rev,08/24/23)	10365 Pinnacle Drive, Wise, VA 24293
Child Protective Services (CPS)-Wythe County (Rev,08/24/23)	290 S. Sixth Street, Suite 200, Wytheville, VA 24382
Down Syndrome Association of Virginia Peninsula (Rev.11/26/19)	Down Syndrome Association of Virginia Peninsula

FACT-Families of Autistic Children of Tidewater (Rev.12/18/18)	FACT-Families of Autistic Children of Tidewater 120 S. Lynnhaven Rd. Suite #200
International Dyslexia Association: Virginia Branch	International Dyslexia Association: Virginia Branch 804-H Industrial Avenue
Learning Disabilities Association of Virginia -Tidewater Chapter	Learning Disabilities Association of Virginia-Tidewater Chapter P.O. Box 64588
Middle Peninsula-Northern Neck Community Services Board-	Middle Peninsula-Northern Neck Community Services Board- CSP- 538
NAMI Coastal Virginia (Rev.03/12/21)	NAMI Coastal Virginia 291 Independence Blvd, Suite 542, Virginia Beach, VA 23462
NAMI Williamsburg	NAMI Williamsburg PO Box 89 Williamsburg, VA 23187-0089 -
Parents Against Bullying (Rev.06/30/24)	Parents Against Bullying
Peninsula Center for Independent Living	Peninsula Center for Independent Living 2021 Cunningham Dr., Suite 2, Hampton, VA
People First	People First Virginia Beach Central Library/The Folio Room 4100 Virginia Beach Blvd, Virginia
Spectrum Psychological and Neurotherapy-Advocacy-Guardianship- Supported Decision-Making (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462
The Arc of the Eastern Shore (Rev.03/09/20)	P.O. Box 626 Exmore, VA 23350
The Arc of Greater Williamsburg (Rev.03/09/20)	The Arc of Greater Williamsburg 150-D Strawberry Plains Road Williamsburg, VA 23188
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk VA 23508
The Learning Resource Center-Educational Advocate (Rev.09/22/20)	935 First Colonial Road Virginia Beach, VA 23454
VersAbility Resources	VersAbility Resources 6632 Main Street, Gloucester, VA 23061
Virginia Association Of Community Services Boards (VACSB) (Rev.10/01/20)	10128-B West Broad Street Glen Allen, VA 23060
William & Mary Law School-Elder & Disability Law Clinic (Rev.1/11/19)	W&M Law School Elder & Disability Law Clinic P.O. Box 8795 Williamsburg, VA 23187-8795
COUNSELING	

Addy's Colors-Counseling Services (Rev.12/02/24)	Physical Address: 82 Campbell Drive Fayette, Virginia 22460
Agape Counseling and Therapeutic Services, Inc.-Hampton (Rev.9/13/18)	3221 Commander Shepard Blvd. Hampton, VA 23666 Newport News Location : 442 Spratley Circle
Alpha Counsellors Service, Inc. (Rev.9/13/18)	1503 Hardy Cash Drive Hampton, VA 23666
Appomattox Health and Wellness Center	Appomattox Health and Wellness Center 321 C Poplar Drive Petersburg VA 23805
Associated Counselors of Tidewater-Virginia Beach	Associated Counselors of Tidewater 287 Independence Blvd. Suite 219 Virginia Beach, VA 23462
Associated Counselors of Tidewater-Hampton	Associated Counselors of Tidewater 2019 Cunningham Drive Suite#220 Hampton, VA
Associates At Lynnhaven Counseling, LLC (Rev.09/15/21)	120 S. Lynnhaven Rd., Suite 105, Virginia Beach, VA 23452
Atlantic Psychiatric Services	Atlantic Psychiatric Services 500 Viking Drive, Suite 200 Virginia
Awakenings Counseling Center (Rev.09/15/21)	1008 Old Virginia Beach Road, Suite 100 Virginia Beach, Virginia 23451
Beach Counseling Center -Patrizia Zorzoli	Beach Counseling Center -Patrizia Zorzoli 615 N. Birdneck Road #109
Behavioral Medicine Institute	Behavioral Medicine Institute 606 Denbigh Blvd Newport News, VA
Carolyn Reed Hersh, MA, LPC, NCC	Norfolk Psychiatric Associates 6353 Center Dr. Norfolk, VA 23502
Catholic Charities of Hampton Roads-Eastern Shore	Catholic Charities of Eastern Virginia PO Box 515 Belle Heaven, VA 23306 OR
Catholic Charities of Hampton Roads-Chesapeake	Catholic Charities of Hampton Roads 3804 Poplar Hill Road, Suite A Chesapeake, Virginia 23321
Catholic Charities of Hampton Roads-Franklin	Catholic Charities of Hampton Roads 510 N. Main Street Franklin, VA 23851
Catholic Charities of Hampton Roads-Newport News	Catholic Charities of Eastern Virginia 12829 Jefferson Ave Suite 101 Newport News, VA 23602
Catholic Charities of Hampton Roads-Virginia Beach	4855 Princess Anne Rd Virginia Beach, VA 23462
Catholic Charities Teen Anger Management (Choices) (Rev.4/22/19)	4855 Princess Anne Rd Virginia Beach, VA 23462
CENTRA	5163 Cleveland St. Virginia Beach, VA 23462

Center For Effective Change (Rev.09/15/21)	512 S Lynnhaven Rd #101 Virginia Beach, VA 23452
Center for Child & Family Services-Adult Anger Management Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Center for Child & Family Services-Youth Anger Management (PATTS)Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Center for Child & Family Services-Counseling Services (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Center for Child & Family Services-Prostitution and Solicitation Treatment Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Center for Child & Family Services-Shoplifting Intervention Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Center for Child & Family Services-Trauma Support Psychotherapy (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Center for Child & Family Services-Services in Spanish-Latino Outreach Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Chesapeake CSB- Integrated Behavioral Healthcare (CIBH)	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 22320
Chessen & Associates (Rev.9/13/18)	Chesson and Associates 12420 Warwick Ave., Suite 7C Newport News, VA
Child and Family Services- Portsmouth Dep. of Social Services	Portsmouth Department of Social Services 1701 High Street Portsmouth VA
CHKD-Mental Health Therapy (Rev.11/09/22)	Children's Pavilion 401 Gresham Drive Norfolk, VA 23507
Churchland Psychological Center-Norfolk	Churchland Psychological Center Norfolk 1709 Colley Ave., Suite 310 Norfolk, VA 23517
Churchland Psychological Center-Chesapeake	Churchland Psychological Center Western Branch Area of Chesapeake 3101 American Legion Road, Suite 21B Chesapeake, VA 23321 OR Greenbrier Area of
Churchland Psychiatric Associates	Churchland Psychiatric Associates 3300 Academy Ave. Portsmouth, VA 23703
Clinical Associates of Tidewater	Clinical Associates of Tidewater 12695 McManus Blvd Newport News, VA 23602
Coastal Counseling Center (Rev.01/20/23)	Coastal Counseling Center 809 Kent Pl. Chesapeake, VA23320

Coastal Virginia Counseling and Mediation (Rev.01/20/23)	101 North Lynnhaven Road Suite 308 Virginia Beach, VA 23452
Coastal Virginia Counseling and Mediation-Expressive Arts Group Therapy (Rev.06/14/24)	4505 Columbus Street Suite 200, Virginia Beach, 23462
Colonial Behavioral Health -CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185
Colonial Psychiatric Associates, LLC (Rev.9/13/18)	708 Mobjack Place Newport News, VA 23606
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 7460 Central Business Park Dr. Norfolk, VA 23513
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 11864 Canon Blvd., Suite 101, Newport News, VA 23606
Compass Behavioral Group - Charlottesville (Rev.06/14/24)	Compass Behavioral Group 3040 Avemore Square Place Charlottesville, VA 22911
Compass Behavioral Group - Lynchburg (Rev.06/14/24)	Compass Behavioral Group 20838 Timberlake Road, Suite B, Lynchburg, VA 24502
Compass Behavioral Group - North Richmond (Rev.06/14/24)	Compass Behavioral Group 2727 Enterprise Pkwy 2nd Floor Richmond, VA 23294
Compass Behavioral Group - South Richmond (Rev.06/14/24)	Compass Behavioral Group 13000 Rivers Bend Blvd Chester, VA 23836
Compass Behavioral Group - Midlothian (Rev.06/14/24)	Compass Behavioral Group 14407 Justice Road, Midlothian, VA 23113
Compass Behavioral Group - Fredericksburg (Rev.06/14/24)	Compass Behavioral Group 10715 Spotsylvania Avenue Fredericksburg, VA 22408

Compass Behavioral Group - Leesburg (Rev.06/14/24)	Compass Behavioral Group 305 Harrison Street, SE, #1A Leesburg, VA 20175
Compass Behavioral Group - Manassas (Rev.06/14/24)	Compass Behavioral Group 10530 Linden Lake Plaza, Ste 200 Manassas, VA 20109
Compass Behavioral Group - Culpeper (Rev.06/14/24)	Compass Behavioral Group 410 Southridge Parkway Culpeper, VA 22701
Compass Behavioral Group - Tappahannock (Rev.06/14/24)	Compass Behavioral Group 1413 Tappahannock Blvd, #5 Tappahannock, VA 22560
Compass Behavioral Group -Winchester and Woodbridge (Rev.06/14/24)	Compass Behavioral Group 47 W Jubal Early Dr, Suite 100 Winchester, VA 22601
Compass Behavioral Group - Staunton//Waynesboro (Rev.06/14/24)	Compass Behavioral Group 520 Lew Dewitt Blvd. #401, Waynesboro, VA 22980
Compass Behavioral Group - Harrisonburg (Rev.06/14/24)	Compass Behavioral Group 3360 Emmaus Road, Harrisonburg, VA 22801
Compass Behavioral Group - Roanoke (Rev.06/14/24)	Compass Behavioral Group 5296 Peters Creek Road Roanoke, VA 24019
Compass Behavioral Group - Rockbridge (Rev.06/14/24)	Compass Behavioral Group 35 Magnolia Square, Suite 11 Lexington, VA 24450
Community Psychological Resources (Rev.09/26/24)	919 W 21st St B, Norfolk, VA 23517
Counseling Services-Stoneybrook Physicians	Stoneybrook Physicians 15425 -H Warwick Blvd Newport News, VA 23608
Creative Counseling Center (Rev.9/13/18)	Creative Counseling Center 706 Todds Lane Hampton VA 23666 Newport New Location :751 Thimble

C. Waldo Scott Center for H.O.P.E.	C. Waldo Scott Center for H.O.P.E. 3100 Wickham Avenue Newport News, VA 23607
District 19 Community Services Board	District 19 Community Services Board 232 Coppahaunk Avenue Waverly, VA 23890
District 19 Community Services Board-Sussex Counseling Services	474 Colonial Trail West P.O. Box 296 Surry, VA 23883 OR 232 Coppahaunk Avenue
Dominion Psychiatric Associates, PLLC	Dominion Psychiatric Associates, PLLC 2580 Potters Road Virginia Beach, VA 23454
Dungarvin- Counseling /Psychotherapy Services (Rev.12/13/24)	ACI-Dungarvin (North Carolina) central office 834 Timber Dr. Garner, NC 27579
Eastern Shore Center for Independent Living, INC-Peer Counseling Services	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A Exmore, VA 23350
Eastern Shore Center for Independent Living, INC-Group Counseling for Individuals with Disabilities	4364 Lankford Highway Suite A Exmore, VA 23350
Eastern Shore Community Services Board (CSB) - Outpatient Mental Health Counseling Services (Rev.01/26/21)	24233 Lankford Highway Tasley, VA 23441
EC Vega, LPC (Rev.01/20/23)	3630 South Plaza Trail South Suite 210E Virginia Beach, VA 23452
EDEN Counseling Center -Norfolk	EDEN Counseling Center 6330 Newtown Rd Suite 300 Norfolk, VA 23502
EDEN Counseling Center -Portsmouth	EDEN Counseling Center 4401 Portsmouth Blvd Portsmouth, VA 23701
EDEN Counseling Center-Virginia Beach	EDEN Counseling Center 184 Business Park Dr. Set 200 Virginia Beach, VA 23462
EVMS Psychiatry - Hofheimer Hall Outpatient Clinic	825 Fairfax Ave. (Hofheimer Hall – 7th floor) Norfolk, VA23507
Fairfield Psychological Associates (Rev.09/15/21)	Fairfield Psychological Associates 5265 Providence Road Virginia Beach, VA 23464

Family Enrichment Center- Counseling Services (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464
Family Priority (Rev.01/11/21)	111 Bulifants Blvd. Suite B Williamsburg, VA 23188
Family & Youth Foundations Counseling Services (Rev.9/13/18)	3001 West Mercury Blvd. Hampton, VA 23666
Fishing Point Behavioral Health (Rev.09/26/24)	2006 Old Greenbrier Road, Suite 12 Chesapeake, VA 23320
Fishing Point Healthcare (Rev.02/04/25)	2929 London Blvd. Portsmouth, VA 23707
Genesis Psychological Services	Genesis Psychological Services142 W. York Street Suite 718 Norfolk, VA 23510
Genesis Counseling-Chesapeake (Rev.12/23/24)	Genesis Counseling 638 Independence Parkway, Suite #240 Chesapeake, VA 23320
Genesis Counseling-Gloucester (Rev.12/23/24)	Genesis Counseling 6169 Main St, Gloucester, VA 23061
Genesis Counseling- Hampton (Rev.12/23/24)	2202 Executive Drive, Hampton, VA 23666
Genesis Counseling-Norfolk / Virginia Beach (Rev.12/23/24)	Genesis Counseling 6330 Newtown Rd Suite 300, Norfolk, VA 23502
Genesis Counseling- Williamsburg (Rev.12/23/24)	Genesis Counseling 223 McLaws Circle, Williamsburg, VA, 23185
Genesis Counseling- Yorktown / Newport News (Rev.12/23/24)	Genesis Counseling 4034 George Washington Memorial Highway Yorktown, VA 23692

Hampton Mental Health Associates	Hampton Mental Health Associates 2208 Executive Dr. Suite C Hampton, VA 23666
Hampton Roads Behavioral Health (Rev.02/20/23)	Hampton Roads Behavioral Health 1500 E. Little Creek Rd #205 Norfolk VA 23518
Hampton Roads Psychological Services	Hampton Roads Psychological Services 3104 Tyre Neck Rd Portsmouth, VA 23703
IHCCS, Inc./Benny's Place	1711 Church Street Suite D Norfolk, Virginia 23504
Healthy Minds Innovations, Inc. (Rev.02/23/23)	Healthy Minds Innovations, Inc. App
Indian River Psychological Associates, P.C.	Indian River Psychological Associates, P.C. 6477 College Park Square, Suite 302 Virginia Beach, VA 23464
Infinity Counseling Group-Counseling Services (Rev.-11/28/23)	6325 N. Center Dr. Bldg 18 Ste 202 Norfolk, VA 23502
In Home Clinical & Casework Inc.,(IHCCS)	1711 Church St # D, Norfolk, VA 23504
Innovative Counseling Services (Rev.07/01/21)	11815 Fountain Way Suite 800 Newport News, VA 23606
Innovative Counseling Solutions: Outpatient Services (Rev.07/07/21)	P.O Box 15664 Chesapeake, VA 23328
James Bentley Counseling Services	James Bentley Counseling Services
Kristine Rand MSW RD (registered dietician and working toward LCSW)	Kristine Rand MSW RD (registered dietician and working toward LCSW) 824 Greenbrier Road Suite 100

LifeStance Health (Rev.09/25/24)	1.Arlington 1005 N Glebe Rd Suite 525 Arlington, VA 22201 2.Ashburn- Ashbrook PI 20098 Ashbrook PI Suite 255 Ashburn, VA 20147 3.Chesapeake Belaire Ave 555 Belaire Ave, Suite 350 Arlington, VA 22206
Lioness Healing and Wellness (Rev.11/12/24)	1400 Sunset Lane, Suite 4230 Culpeper, Virginia 22701
Matoaka Grove Counseling LLC former Independence Psychotherapy Services, LLC (Rev.04/25/23)	215 McLaws Circle, Suite 1 Williamsburg, VA 23185
McNeill Therapy & Testing Services (Rev.09/26/24)	6330 Newtown Rd #525 Norfolk, VA 23502
Maxim Healthcare-Behavioral Care (Rev.07/26/21)	293 Independence Blvd Suite 400, Virginia Beach, VA 23462
Middle Peninsula-Northern Neck Community Services Board- CSB Gloucester Counseling Center	530 General Puller Highway P.O. Box 40 Saluda, VA 23149
Middle Peninsula-Northern Neck Community Services Board- CSB Warsaw Counseling Center	530 General Puller Highway P.O. Box 40 Saluda, VA 23149
New Life Substance Abuse & Behavioral Consultants, Inc.- SLIP-Shoplifting Intervention Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-SLIP- Shoplifting Intervention Program 808 Live Oak Drive
New Life Substance Abuse & Behavioral Consultants, Inc.- Anger Management Program (3/13/18)	Certified Batterer Intervention Program- New Life Substance Abuse & Behavioral Consultants, Inc. 808 Live Oak Drive Suite 100 Chesapeake, VA 23320
Newport News Department of Human Services-"Coping with Grief and Loss Around the Holidays."	South Morrison Family Education Center, Classroom 6 746 Adams Drive Newport News, VA 23601
Newport News Department of Human Services-Healing the Hurts of the Past (Trauma Focused Series for Women)	South Morrison Family Ed. Center, classroom 4 746 Adams Drive Newport News, VA 23601
New Town Counseling Center (Rev.03/31/25)	5388 Discovery Park Blvd #120-B, Williamsburg, VA 23188
Norfolk Community Services Board-CSB (Rev.01/07/20)	Norfolk Community Services Board- CSB Main Office 7447 Central Business Park Drive Norfolk VA 23513

Norfolk Psychiatric Associates	Riverpoint Psychiatric Associates 110 Kingsley Lane Norfolk, VA 23505
Park Place Medical Center Mental Health and Counseling Services	Park Place Medical Center; 3415 Granby Street, Norfolk, VA 23508
Pathways Development Services, Inc. (Rev.9/13/18)	9286A Warwick Blvd. Newport News, 23607
Pegasus Psychiatric & Wellness (Rev.09/14/21)	4854 Haygood Rd. Virginia Beach, VA 23455
Peninsula Pastoral Counseling Center, Inc.	Peninsula Pastoral Counseling Center, Inc. 707 Gumrock Court Newport News, VA 23606
Phillips and Rose Counseling Services	Phillips and Rose 7580 Hospital Drive Gloucester, VA 23061
Portsmouth Department of Behavioral Healthcare Services-CSB	Portsmouth Department of Behavioral Healthcare Services-CSB 1811 King St
Princess Anne Psychotherapy Debra Welp, LCSW	Princess Anne Psychotherapy Debra Welp, LCSW 4646 Princess Anne Rd. Ste. 102
Psychotherapy Resources	Psychotherapy Resources 10150 Rogers Dr Nassawadox, VA
Regent University-Psychological Services Center (Rev.08/11/23)	1000 Regent University Drive, CRB 188 Virginia Beach, VA 23464
RESET Inc-Counseling Services (Rev.12/19/24)	1109 South Military Highway, A Chesapeake, Virginia 23320
Raiford Psychological Services –Stacey Scott, PsyD	Raiford Psychological Services –Stacey Scott, PsyD 601 Mechanic St. Suite 204 Franklin, VA 23851
Riverpoint Psychiatric Associates	The Psychotherapy Center 327 W. 21st Street, Suit 205 Norfolk, VA 23517
Rock Landing Psychological Group, PLC (Rev.9/13/18)	Rock Landing Psychological Group, PLC 11825 Rock Landing Drive Newport News, VA
Sea Level Counseling and Wellness (Rev.02/21/23)	2200 Colonial Avenue Suite 12 Second Floor (Limited ADA Access) Norfolk, VA 23517
Serenity Counseling LLC Angela P. Callahan, LPC, NCC	500 Washington Street Portsmouth, Virginia 23704
Seton Youth Shelters Anger Management Program For Teens (Rev.08/10/21)	101 N. Lynnhaven Rd., Ste. 101, Virginia Beach, VA 23452
Southside Counseling Center	Southside Counseling Center 6072 Godwin Blvd Suffolk, VA 23432

Spectrum Psychological and Neurotherapy, PC -Counseling Services (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462
Spectrum Psychological and Neurotherapy, PC - Neurofeedback/ Neurotherapy (Rev.09/15/21)	4542 Bonney Rd suite b, Virginia Beach, VA 23462
Steve Booker, LPC	Steve Booker, LPC 16198 Warehouse Rd Melfa, VA 23410
Structural Family Therapy	Structural Family Therapy Newport News Department of Social Services
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Empowerment) INITIATIVE (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454
STOP Inc.-Opioid & Substance Use Disorder Community Response (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454
Talkspace Online Therapy	Talkspace Online Therapy 2578 Broadway #607 New York, NY 10025
TeleMentalHealthCare	TeleMentalHealthCare Norfolk VA
The Center for Child and Family Services, Inc.-Counseling Services	Center for Child and Family Services, Inc. 2021 Cunningham Drive, Suite 400 Hampton, VA 23666
The Center for Child and Family Services, Inc.- Beacon Program FREE Counseling (Rev.08/10/21)	Center for Child and Family Services, Inc. 2021 Cunningham Drive, Suite 400 Hampton, VA 23666
The Center for Child and Family Services, Inc.-Latino Anger Management Program	Center for Child and Family Services, Inc. 2021 Cunningham Drive, Suite 400 Hampton, VA 23666
The Center for Child and Family Services, Inc.-Latino Individual and Family Counseling Programs	Center for Child and Family Services, Inc. 2021 Cunningham Drive, Suite 400 Hampton, VA 23666
The Center for Child and Family Services-Victims of Crime Act Child Abuse/Neglect Treatment Program	2021 Cunningham Drive Suite 400 Hampton, VA 23666
The Center for Child and Family Services-Youth Empowerment Program - SAVY (Rev.7/23/18)	2021 Cunningham Drive Suite 400 Hampton, VA 23666
The Center for Child and Family Services-Shoplifting Intervention Program (Rev.7/20/18)	2021 Cunningham Drive Suite 400 Hampton, VA 23666

The Center for Child and Family Services-Shoplifting Intervention Program (Rev.7/20/18)	2021 Cunningham Drive Suite 400 Hampton, VA 23666
The Center for Child and Family Services-Breaking Free Program	2021 Cunningham Drive Suite 400 Hampton, VA 23666
The Center for Child and Family Services-Prostitution and Solicitation Treatment Program (PAST) (Rev.7/20/18)	2021 Cunningham Drive Suite 400 Hampton, VA 23666
The Counseling Center, LLC (Rev.9/13/18)	2211 Executive Drive Hampton, VA 23666 Newport News Location: ~~606 Denbigh Blvd. #405~~
The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
The National Council on Problem Gambling-The National Problem Gambling Helpline Network (Rev.04/12/22)	The National Council on Problem Gambling operates the National Problem Gambling Helpline Network
The Problem Gambling Helpline Network-Northern Virginia (Rev.04/12/22)	The Problem Gambling Helpline Network-Northern Virginia
The Problem Gambling Helpline Network-Staunton Virginia (Rev.04/12/22)	The Problem Gambling Helpline Network-Staunton Virginia
The “Up” Center -Counseling Services-Norfolk (Rev.09/30/24)	222 W 19th St, Norfolk, VA 23517
The “Up” Center -Counseling Services-Portsmouth (Rev.09/30/24)	The UP Center 1805 Airline Boulevard Portsmouth, VA 23707
The “Up” Center -Counseling Services-Suffolk (Rev.09/30/24)	109.5 Clay St, Suffolk, VA 23434
The “Up” Center-Employee Assistance Program (EAP) (Rev.09/30/24)	222 W 19th St, Norfolk, VA 23517
The “Up” Center-The Steven A. Cohen Military Family Clinic (Rev.09/30/24)	828 Healthy Way, Suite 105, Virginia Beach, VA 23462
Tidewater Psychotherapy	Tidewater Psychotherapy ~~255 N. Wickham Rd. #C~~ ~~Virginia~~
Teen Anger Management Course, Catholic Charities of Eastern Virginia	Catholic Charities of Eastern Virginia ~~4055 Princess~~
Therapy Associates of Denbigh	Therapy Associates of Denbigh Abingdon Office Park Route 17 7192 Chapman Drive Hayes, VA 23072
Thompson Strengthening Children, Families & Communities-Multisystemic Therapy (MST) (Rev.11/08/22)	6800 Saint Peter's Lane Matthews, NC 28105

Thompson Strengthening Children, Families & Communities- Counseling Services (Rev.11/08/22)	6800 Saint Peter's Lane Matthews, NC 28105
Thriveworks Counseling & Psychiatry Chesapeake (Rev.01/20/23)	3804 Poplar Hill Rd Suite D, Chesapeake, VA 23321
Thriveworks Counseling & Psychiatry Norfolk (Rev.01/20/23)	110 Kingsley Ln Suite 106, Norfolk, VA 23505
Thriveworks Counseling & Psychiatry Virginia Beach (Rev.01/20/23)	516 S Independence Blvd Suite 104 Virginia Beach, VA 23452
Thriveworks Counseling & Psychiatry Virginia Beach (Rev.01/20/23)	509 Old Great Neck Rd #203 Virginia Beach, VA 23452
Thriveworks Counseling & Psychiatry-Williamsburg (Rev.01/20/23)	5372 Discovery Park Blvd, Williamsburg, VA 23188
Turning Point Counseling and Consulting	Turning Point Counseling and Consulting
Virginia Beach CSB-Mental Health Counseling	CSB Virginia Beach ~~227 Independence Blvd Chesapeake City~~
Virginia Psychological Services, PLC (Rev.9/13/18)	732 Thimble Shoals Blvd., Ste. #705 ~~Newport News, VA~~
Vita Bella Counseling (Antonina (Toni) Vitale, LCSW) (Rev.03/31/25)	1318 Jamestown Rd # 102, Williamsburg, VA 23185 OR 1415 C Tappahannock Blvd. Tappahannock, VA 22560
Western Tidewater Community Services Board	Western Tidewater Community ~~Services Board~~
Western Tidewater(CSB)- Children's Mental Health Counseling	7025 Harbour View Blvd Ste 119 Suffolk, VA 23435
Western Tidewater(CSB)- Functional Family Therapy (FFT) Treatment (Rev.02/17/21)	7025 Harbour View Blvd Ste 119 Suffolk, VA 23435
Western Tidewater Mental Health Center -Franklin, Suffolk and Smithfield	200 East 2nd Avenue Franklin, Virginia 2385 Suffolk 11000 Commercial Lane Suffolk, VA Smithfield, 1801 South Church St. Smithfield, VA 23420

Williamsburg Centre for Therapy (Rev.03/31/25)	217 McLaws Circle, Suite 2 Williamsburg, VA 23185
Wishing Well Counseling Center (Rev.01/07/20)	Wishing Well Counseling Center 707 Gittings St. Ste 120 Suffolk, VA 23434
Zimmerman Psychiatric Associates (Rev.09/15/21)	Zimmerman Psychiatric Associates 324 Louisa Ave Suite 125
CRISIS INTERVENTION/RESPONSE	
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-I (Western Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION I (Western)
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-II (Northern Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-II (Northern) (Rev.03/29/23)
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-Region III (Southwestern Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION- Region III (Southwest)
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION-IV (Central Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION- Region IV (Central)
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION V (Eastern Virginia) (Rev.03/29/23)	Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB -REGION V
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB-REGION-V (Eastern) (Rev.11/22/19)	Eastern Shore Community Services Board (CSB) 24233 Lankford Highway Tasley, VA 23301

Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB-REGION-V (Eastern) (Rev.11/22/19)	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB-REGION-V (Eastern) (Rev.11/22/19)	Western Tidewater Community Services Board 5268 Godwin Blvd. Suffolk, Virginia 23434
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB-REGION-V (Eastern) (Rev.11/22/19)	Middle Peninsula-Northern Neck Community Services Board-CSB P.O. Box 40 Saluda, VA 23149
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System Hampton-Newport News CSB-	The Hampton-Newport News Community Services Board 300 Medical Drive
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System Colonial Behavioral Health-CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB REGION-V (Eastern) (Rev.03/24/23)	7447 Central Business Park Dr, Norfolk, VA 23513
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB-REGION-V (Eastern) (Rev.11/22/19)	Portsmouth Department of Behavioral Healthcare Services-CSB 545 High Street Portsmouth, VA 23704-3844
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB-REGION-V (Eastern)	Western Tidewater Community Services Board 5268 Godwin Blvd. Suffolk, Virginia 23434
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB (Rev.11/22/19)	District 19 Community Services Board 232 Coppahaunk Avenue Waverly, VA 23890
Adult and Child REACH-(Regional Educational Assessment Crisis Response and Habilitation) Crisis Response System CSB-REGION-V (Eastern) (Rev.11/22/19)	CSB Virginia Beach 297 Independence Blvd Pembroke Six bldg. Suite 208 Virginia Beach VA 23462
Crisis Center-Colonial Behavioral Health -CSB-Behavioral	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185
Crisis Intervention Team -Eastern Shore CIT (Rev.02/23/21)	Eastern Shore CIT Crisis Intervention Team
Crisis Intervention Team--Chesapeake CIT (Rev.02/23/21)	CIT-Chesapeake Crisis Intervention Team
Crisis Intervention Team-The Middle Peninsula Northern Neck CIT program and Gloucester CIT (Rev.02/23/21)	The Middle Peninsula Northern Neck CIT program-Gloucester CIT- Crisis Intervention Team
Crisis Intervention Team-Colonial Area CIT (Rev.02/23/21)	Colonial Area CIT Program-- Crisis Intervention Team (Rev.02/23/21)
Crisis Intervention Team-Hampton-Newport News CIT (Rev.02/23/21)	Hampton-Newport News -Crisis Intervention Team (CIT) 300 Medical Center Dr. Hampton, VA 23666

Crisis Intervention Team - Norfolk CIT (Rev.02/23/21)	Norfolk CIT-Crisis Intervention Team (Rev.02/23/21)
Crisis Intervention Team Portsmouth CIT (Rev.02/23/21)	Portsmouth CIT--Crisis Intervention Team
Crisis Intervention Team-South Central CIT (Rev.02/23/21)	South Central CIT-Crisis Intervention Team
Crisis Intervention Team -Virginia Beach CIT (Rev.02/23/21)	Virginia Beach CIT-Crisis Intervention Team
Crisis Intervention Team Western Tidewater CIT (Rev.02/23/21)	Western Tidewater CIT-CIT-Crisis Intervention Team
Crisis Services -A182 Eastern Shore Community Services Board (CSB) (Rev.01/28/21)	24233 Lankford Highway Tasley, VA 23441
Crisis Services Hampton-Newport News Community Services Board- Children's Mobile Crisis Intervention Service-	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Crisis Services Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA
Crisis Services CSB-The Crisis Stabilization Program Norfolk (Rev.01/07/20)	3755 Virginia Beach Blvd Norfolk, VA 23502
Crisis Services Norfolk CSB-Substance Abuse Crisis Stabilization Center - (Rev.3/20/19)	7464 Tidewater Drive Norfolk, VA. 23505
Crisis Services-Portsmouth Department of Behavioral Healthcare Services-CSB	Portsmouth Department of Behavioral Healthcare Services-CSB 1811 King St Portsmouth, VA23704
Crisis Services-Western Tidewater Community Services Board	Western Tidewater Community Services Board 5268 Godwin Blvd. Suffolk, Virginia 23434
Crisis Services-District 19 Community Services Board	District 19 Community Services Board 232 Coppahaunk Avenue Waverly, VA 23890
Crisis Services-Virginia Beach CSB	CSB Virginia Beach 297
Crisis Text Line (Rev.11/24/21)	Crisis Text Line
CHKD-Mental Health Crisis/Emergency Services (MHES) (Rev.11/09/22)	Children's Pavilion 401 Gresham Drive Norfolk, VA 23507

Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 7460 Central Business Park Dr. Norfolk, VA 23513
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 11864 Canon Blvd., Suite 101, Newport News, VA 23606
Compass Behavioral Group - Charlottesville (Rev.06/14/24)	Compass Behavioral Group 3040 Avemore Square Place Charlottesville, VA 22911
Compass Behavioral Group - Lynchburg (Rev.06/14/24)	Compass Behavioral Group 20838 Timberlake Road, Suite B, Lynchburg, VA 24502
Compass Behavioral Group - North Richmond (Rev.06/14/24)	Compass Behavioral Group 2727 Enterprise Pkwy 2nd Floor Richmond, VA 23294
Compass Behavioral Group - South Richmond (Rev.06/14/24)	Compass Behavioral Group 13000 Rivers Bend Blvd Chester, VA 23836
Compass Behavioral Group - Midlothian (Rev.06/14/24)	Compass Behavioral Group 14407 Justice Road, Midlothian, VA 23113
Compass Behavioral Group - Fredericksburg (Rev.06/14/24)	Compass Behavioral Group 10715 Spotsylvania Avenue Fredericksburg, VA 22408
Compass Behavioral Group - Leesburg (Rev.06/14/24)	Compass Behavioral Group 305 Harrison Street, SE, #1A Leesburg, VA 20175
Compass Behavioral Group - Manassas (Rev.06/14/24)	Compass Behavioral Group 10530 Linden Lake Plaza, Ste 200 Manassas, VA 20109
Compass Behavioral Group - Culpeper (Rev.06/14/24)	Compass Behavioral Group 410 Southridge Parkway Culpeper, VA 22701
Compass Behavioral Group - Tappahannock (Rev.06/14/24)	Compass Behavioral Group 1413 Tappahannock Blvd, #5 Tappahannock, VA 22560

Compass Behavioral Group -Winchester and Woodbridge (Rev.06/14/24)	Compass Behavioral Group 47 W Jubal Early Dr, Suite 100 Winchester, VA 22601
Compass Behavioral Group - Staunton//Waynesboro (Rev.06/14/24)	Compass Behavioral Group 520 Lew Dewitt Blvd. #401, Waynesboro, VA 22980
Compass Behavioral Group - Harrisonburg (Rev.06/14/24)	Compass Behavioral Group 3360 Emmaus Road, Harrisonburg, VA 22801
Compass Behavioral Group - Roanoke (Rev.06/14/24)	Compass Behavioral Group 5296 Peters Creek Road Roanoke, VA 24019
Compass Behavioral Group - Rockbridge (Rev.06/14/24)	Compass Behavioral Group 35 Magnolia Square, Suite 11 Lexington, VA 24450
Family Priority (Rev.01/11/21)	111 Bulifants Blvd. Suite B Williamsburg, VA 23188
James Bentley Counseling Services	James Bentley Counseling Services
Military Crisis Helpline (Rev.8/14/18)	Military Crisis Helpline
Military and Veterans Crisis Helpline (Rev.06/19/24)	Military and Veterans Helpline
National Counseling Group-Mobile Crisis Stabilization (Rev.03/19/19)	National Counseling Group-Mobile Crisis Stabilization
National Suicide Prevention Lifeline (Rev.3/27/18)	National Suicide Prevention Lifeline
National Suicide Prevention Lifeline-988 Suicide and Crisis Lifeline (Rev.07/19/22)	National Suicide Prevention Lifeline-988 Suicide and Crisis Lifeline
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603

TAPS 24/7 National Military Survivor Helpline (Rev.03/12/21)	TAPS 24/7 Hotline: 1-800-959-TAPS(9277)
Youth and Family Counseling Services-Anger Management Program	Youth and Family Counseling Services 465 Kings Grant Rd Virginia Beach.
DAY SUPPORT SERVICES	
Agape Counseling and Therapeutic Services, Inc. -Day Treatment Program	3221 Commander Shepard Blvd. Hampton, VA 23666
Alpha Counsellors Service, Inc.-Day Treatment Program (Rev.9/13/18)	1503 Hardy Cash Drive Hampton, VA 23666
Coastal Clubhouse-CSB Chesapeake	CSB-Chesapeake 216 Great Bridge Blvd Chesapeake, VA 23320
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 7460 Central Business Park Dr. Norfolk, VA 23513
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 11864 Canon Blvd., Suite 101, Newport News, VA 23606
Compass Behavioral Group - Charlottesville (Rev.06/14/24)	Compass Behavioral Group 3040 Avemore Square Place Charlottesville, VA 22911
Compass Behavioral Group - Lynchburg (Rev.06/14/24)	Compass Behavioral Group 20838 Timberlake Road, Suite B, Lynchburg, VA 24502
Compass Behavioral Group - North Richmond (Rev.06/14/24)	Compass Behavioral Group 2727 Enterprise Pkwy 2nd Floor Richmond, VA 23294
Compass Behavioral Group - South Richmond (Rev.06/14/24)	Compass Behavioral Group 13000 Rivers Bend Blvd Chester, VA 23836
Compass Behavioral Group - Midlothian (Rev.06/14/24)	Compass Behavioral Group 14407 Justice Road, Midlothian, VA 23113
Compass Behavioral Group - Fredericksburg (Rev.06/14/24)	Compass Behavioral Group 10715 Spotsylvania Avenue Fredericksburg, VA 22408
Compass Behavioral Group - Leesburg (Rev.06/14/24)	Compass Behavioral Group 305 Harrison Street, SE, #1A Leesburg, VA 20175
Compass Behavioral Group - Manassas (Rev.06/14/24)	Compass Behavioral Group 10530 Linden Lake Plaza, Ste 200 Manassas, VA 20109
Compass Behavioral Group - Culpeper (Rev.06/14/24)	Compass Behavioral Group 410 Southridge Parkway Culpeper, VA 22701

Compass Behavioral Group - Tappahannock (Rev.06/14/24)	Compass Behavioral Group 1413 Tappahannock Blvd, #5 Tappahannock, VA 22560
Compass Behavioral Group -Winchester and Woodbridge (Rev.06/14/24)	Compass Behavioral Group 47 W Jubal Early Dr, Suite 100 Winchester, VA 22601
Compass Behavioral Group - Staunton//Waynesboro (Rev.06/14/24)	Compass Behavioral Group 520 Lew Dewitt Blvd. #401, Waynesboro, VA 22980
Compass Behavioral Group - Harrisonburg (Rev.06/14/24)	Compass Behavioral Group 3360 Emmaus Road, Harrisonburg, VA 22801
Compass Behavioral Group - Roanoke (Rev.06/14/24)	Compass Behavioral Group 5296 Peters Creek Road Roanoke, VA 24019
Compass Behavioral Group - Rockbridge (Rev.06/14/24)	Compass Behavioral Group 35 Magnolia Square, Suite 11 Lexington, VA 24450
Dungarvin-Day Support Services (Rev.12/13/24)	ACI-Dungarvin (North Carolina) central office 834 Timber Dr. Garner, NC 27579
Eastern Shore Community Services Board (CSB) - Day Support Services (Rev.01/26/21)	Developmental Services Complex 3462 Main Street Exmore, Virginia 23350
Family & Youth Foundations Counseling Services-Day Treatment Program (Rev.9/13/18)	3001 West Mercury Blvd. Hampton, VA 23666
Infinity Counseling Group-Therapeutic Day Treatment Program (Rev.-11/28/23)	6325 N. Center Dr. Bldg 18 Ste 202 Norfolk, VA 23502
Mental Health Day Vocational Services-CSB Chesapeake	CSB-Chesapeake 2104 Steppingstone Square Chesapeake, VA 23320
Middle Peninsula-Northern Neck Community Services Board- CSB- Charterhouse Rehabilitation Day Program (Rev.02/19/21)	Middle Peninsula-Northern Neck Community Services Board-CSB 530 General Puller Highway P.O. Box
Next Step to Success- Youth Community Based Services for the Barry Robinson Center (Rev,07/01/21)	The Barry Robinson Center 443 Kempsville Road Norfolk, VA 23502

Senior Perspectives-Psychiatric Day Treatment program for Older Adults	Senior Perspectives-Psychiatric Day Treatment program for Older Adults 23379 Commerce Drive Accomac VA
The Arc's Envisions Day Support program	The Arc's Envisions Day Support program 6632 Main Street Gloucester, VA
DEVELOPMENTAL DISABILITIES	
Developmental Services- The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Developmental Disabilities Complex -Eastern Shore Community Services Board (CSB) - (Rev.02/13/20)	Developmental Services Complex 3462 Main Street Exmore, VA 23350
Family Preservation Services-Behavioral Treatment Services	Family Preservation Services 20 Interstate Corporate Ctr Norfolk, VA 23501
Lutheran Family Services- In Home Therapy	Lutheran Family Services 525 Butler Farm Rd. Suite 106 Hampton, VA 23666
EDUCATION	
Advocating 4 Kids/Cheryl A. Poe (Rev.09/17/20)	Advocating 4 Kids/Cheryl A. Poe 3788 Stoneshore Rd. Virginia Beach, VA
Associates at Lynnhaven (Rev.09/17/20)	101 North Lynnhaven Road Ste 103 Virginia Beach, VA 23452
Chesapeake Bay Academy	821 Baker Road Virginia Beach VA 23462
Cradock Baptist Church-Sunday School for Individuals with Intellectual/Developmental Disabilities	Cradock Baptist Church-Sunday School for Individuals with Intellectual//Developmental Disabilities 96 Afton Parkway Portsmouth, VA 23702
Eastern Shore Center for Independent Living, INC (Rev.01/26/21)	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A Exmore, VA 23350 Mailing: PO Box 206 Belle Haven, VA 23306
Friends and Family Education Program-CSB	Friends and Family Education Program Mental Health and Substance Abuse
Honey Low-Education Advocate (Rev.09/18/20)	Honey Low-Education Advocate
Jean Veness,Educational Advocate (Rev.09/21/20)	P.O. Box 61813 Virginia Beach, VA 23466
Keystone Education Services-Special Needs Tutoring	2180 McComas Way, Ste. 109 Virginia Beach, VA 23456
NAMI Peer-to-Peer Educational Sessions-Norfolk	NAMI Peer-to-Peer 9720 8th View Street Norfolk, VA 23503 -

NAMI Coastal Virginia- Peer-to-Peer Educational Sessions- Virginia Beach (Rev.03/12/21	NAMI Coastal Virginia 291 Independence Blvd, Suite 542, Virginia Beach, VA 23462
NAMI Peer-to-Peer Educational Sessions-Hampton (Rev.03/12/21	NAMI Peer-to-Peer Hampton CSB 100 Medical Drive, Suite A Hampton 23666
NAMI-Family to Family Educational Sessions-Virginia Beach	NAMI-Family to Family Support Group 225 W. Olney Rd Norfolk VA Board Room #1
NAMI Coastal Virginia- Family-to-Family-Educational Sessions- Virginia Beach (Rev.03/12/21	NAMI Coastal Virginia 291 Independence Blvd, Suite 542, Virginia Beach, VA 23462
NAMI Family-to-Family-Educational Sessions (Rev.03/12/21	NAMI Family-to-Family Executive Towers 2101 Executive Dr. Hampton 23666
NAMI Coastal Virginia-Family to Family Education Class (Rev.04/25/23)	Thalia United Methodist Church 4321 Virginia Beach Blvd, Virginia Beach, VA 23452
NAMI Family-to-Family-Educational Sessions Williamsburg (Rev.03/12/21	NAMI Family-to-Family St. Stephen Lutheran Church Williamsburg 23185
NAMI Coastal Virginia- NAMI Homefront Educational Sessions (Rev.03/12/21	NAMI Coastal Virginia 291 Independence Blvd, Suite 542, Virginia Beach, VA 23462
NAMI Homefront Educational Sessions (Rev.03/12/21)	NAMI Executive Towers 2101 Executive Dr. Hampton 23666
NAMI Homefront Educational Sessions (Rev.03/12/21)	NAMI St. Stephen Lutheran Church Williamsburg 23185
NAMI Homefront Educational Sessions (Rev.05/25/23)	United Way of South Hampton Roads 2515 Walmer Ave, Norfolk, VA 23513
NAMI Coastal Virginia- NAMI Children's Challenging Behaviors Educational Sessions (Rev.03/12/21	NAMI Coastal Virginia 291 Independence Blvd, Suite 542, Virginia Beach, VA 23462
NAMI Children's Challenging Behaviors Educational Sessions (Rev.03/12/21	NAMI Executive Towers 2101 Executive Dr. Hampton 23666
NAMI Children's Challenging Behaviors Educational Sessions (Rev.03/12/21	NAMI Family-to-Family St. Stephen Lutheran Church Williamsburg 23185
SDW Consulting-Educational Advocate (Rev.09/22/20)	1806 Pope Street Virginia Beach, VA 23464
Sinkinson Dyslexia Foundation, Inc.	3710 Pacific Ave. Suite 500 Virginia Beach, VA 23451

Southeastern Cooperation Educational Programs(SECEP)- Program for Children with Autism	Southeastern Cooperation Educational Programs(SECEP)-Program for Children with Autism 6160 Kempsville Circle Suite 300B
SpiritWorks Foundation-Mentor Program	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188
The Learning Resource Center-Educational Advocate (Rev.09/22/20)	935 First Colonial Road Virginia Beach, VA 23454
The Sarah Michelle Peterson Foundation	The Sarah Michelle Peterson
Virginia Department of Rehabilitative Services-Hampton Office	Virginia Department of Rehabilitative
EMERGENCY PREPAREDNESS	
Disaster Distress Helpline (Rev.06/29/22)	Call or Text: 1-800-985-5990 Press 2 for Spanish
EMERGENCY SERVICES	
Emergency Services Mental Health -Chesapeake CSB	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320 &
Emergency Services Colonial Behavioral Health -CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185
Emergency Services -District 19 Community Services Board	District 19 Community Services Board 232 Coppahaunk Avenue
Emergency Services -Eastern Shore Community Services Board (CSB) (Rev.02/13/20)	Emergency Services -CSB 24233 Lankford Highway Tasley, VA 23301
Emergency Services Hampton-Newport News Community Services Board -Emergency Services	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Emergency Services - Hampton-Newport News Community Services Board-The Children's Behavioral Health Urgent Care Center (BHUC) -	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Emergency Services Norfolk Community Services Board-CSB (Rev.03/24/23)	7447 Central Business Park Dr.. Norfolk, VA
Emergency Services Middle Peninsula-Northern Neck Community Services Board-CSB- (Rev.02/23/21)	Middle Peninsula-Northern Neck Community Services Board-CSB 530 General Puller Highway P.O. Box 40
Emergency Services Portsmouth Department of Behavioral Healthcare Services-CSB	Portsmouth Department of Behavioral Healthcare Services-CSB 1811 King St Portsmouth, VA 23704
Emergency Services Western Tidewater CSB (Rev.02/16/21)	7025 Harbour View Blvd Ste 119 Suffolk, VA 23435
Emergency Services Virginia Beach CSB	CSB Virginia Beach 297 Independence Blvd Pembroke Six Virginia Beach, VA 23462
EMPLOYMENT/ VOCATIONAL TRAINING/SUPPORTS	
CEO- Community Employment Options	CEO- Community Employment Options

Chesapeake Services Systems,Inc	Chesapeake Services Systems,Inc
Chesapeake Vocational Center	Chesapeake Vocational Center 2104 Steppingstone Square Chesapeake, VA 23320
Center for Child & Family Services-Adult Job Readiness: Fresh Start Program (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Community Alternatives Inc.	Community Alternatives Inc. 5735 Poplar Hall Drive Norfolk, VA 23502
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC
DARS Division of Rehabilitative Services -Eastern Shore(Rev.01/26/21)	DRS Eastern Shore Office VA Employment Commission Bldg. 25036 Lankford HWY PO Box 146 Onley, VA 23418
DARS-Department of Rehabilitative Services Franklin	Department of Rehabilitative Services
DARS-Department of Rehabilitative Services-Hampton	Department of Rehabilitative Services Hampton North Office Park II 303 Butler Farm Road, Suite 105 Hampton, VA 23666
DARS-Department of Rehabilitative Services-Norfolk (Rev.9/17/18)	Department of Rehabilitative Services 6340 Central Drive Norfolk VA 23502 Field Office 861 Glenrock Road, Suite 202 Norfolk, VA 23502
DARS-Virginia Dept. of Rehabilitative Services, Williamsburg (Rev.9/17/18)	VA. Dept. of Rehabilitative Services 304 Bulifants Blvd, Suite 103 Williamsburg, VA 23188
DARS-Virginia Dept. of Rehabilitative Services, Portsmouth (Rev.9/17/18)	VA. Dept. of Rehabilitative Services, Portsmouth 601 Port Centre Parkway, Suite 100 Portsmouth, VA 23704
DARS-Department of Rehabilitative Services-Petersburg	Department of Rehabilitative Services DRS Petersburg Office 2795 S. Crater Road, Suite 1 Petersburg, VA 23805

Department of Rehabilitative Services-Virginia Beach	Department of Rehabilitative Services 281 Independence Blvd., Pembroke One Suite 101 Virginia Beach, VA 23462
Dungarvin-Vocational Services Program (Rev.12/13/24)	ACI-Dungarvin (North Carolina) central office 834 Timber Dr. Garner, NC 27579
Eagle One Employee Assistance Program Inc.-Drug Abuse Counseling (Rev.3/15/18)	405 Pines Of Warrick Drive Chesapeake, VA 23322
Hampton-Newport News Community Services Board- Creative Options	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Maxim Healthcare-Supported Employment (Rev.07/26/21)	293 Independence Blvd Suite 400, Virginia Beach, VA 23462
Middle Peninsula-Northern Neck Community Services Board- CSB- Competitive Employment Services (Rev.02/19/21)	Middle Peninsula-Northern Neck Community Services Board-CSB 530 General Puller Highway P.O. Box 40 Saluda, VA 23149
Middle Peninsula-Northern Neck Community Services Board- CSB- PRS (Peer Recovery Services) Employment Program (Rev.02/19/21)	Middle Peninsula-Northern Neck Community Services Board-CSB 530 General Puller Highway P.O. Box 40 Saluda, VA 23149
Portsmouth Dept. of Behavioral Healthcare Services	600 Dinwiddie Street Suite 200 Portsmouth, VA 23704
The Denbigh House a program of Community Futures Foundation	The Denbigh House a program of Community Futures Foundation 12725 McManus Boulevard Suite 2E Newport News, Virginia 23602
The Sarah Bonwell Hudgins Foundation	Sarah Bonwell Hudgins Foundation, Inc. 1601 Lakeside Drive Virginia Beach, VA 23462
VersAbility Resources-Lewis B. Puller Center	6632 Main Street, Gloucester, VA 23061
VersAbility Resources	11830 Fishing Point Drive Suite 213
Wright Choices, Inc. -Employment Services	Wright Choices, Inc.-Employment Services 2019 Cunningham
HOUSING ASSISTANCE/HOUSING SERVICES	

Ashland Supportive Housing (Rev.01/17/22)	654 South Taylor St Ashland, VA 23005
Eastern Shore Center for Independent Living, INC Housing Placement	Eastern Shore Center for Independent Living, INC 4364 Lankford Highway Suite A Exmore, VA 23350
Eastern Shore Community Services Board (CSB)-Housing Placement	Eastern Shore Community Services Board (CSB) 10129 Rogers Drive
Good Shepherd Housing Foundation (Rev.02/03/22)	Good Shepherd Housing Foundation Address: P.O. Box 4428 Woodbridge, VA 22194
Norfolk Community Services Board-Supportive Housing Services for Individuals Enrolled at Substance Abuse Program (Rev.01/07/20)	Tidewater Drive Center 7460 Tidewater Drive Norfolk, VA 23505
IN-HOME INTENSIVE AND SUPPORTIVE COUNSELING	
Agape Counseling and Therapeutic Services, Inc.-n Home Counseling (Rev.9/13/18)	3221 Commander Shepard Blvd. Hampton, VA 23666
Alpha Counsellors Service, Inc.-In Home Counseling (Rev.9/13/18)	1503 Hardy Cash Drive Hampton, VA 23666
Alternative Family Treatment Services-n Home Counseling	Alternative Family Treatment Services 7510 Granby St .Norfolk, VA 23505
Eastern Shore Community Services Board (CSB)-Supportive In Home Services	Eastern Shore Community Services Board (CSB) 10129 Rogers Drive P.O Box 453 Nassawadox, VA 23413
Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA-In Home Counseling	Children's Services of Hampton Roads- ** Formerly: Carpe Diem of VA 3500 Teio Lane, Suite 105 Chesapeake
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 7460 Central Business Park Dr. Norfolk, VA 23513
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 11864 Canon Blvd., Suite 101, Newport News, VA 23606

Compass Behavioral Group - Charlottesville (Rev.06/14/24)	Compass Behavioral Group 3040 Avemore Square Place Charlottesville, VA 22911
Compass Behavioral Group - Lynchburg (Rev.06/14/24)	Compass Behavioral Group 20838 Timberlake Road, Suite B, Lynchburg, VA 24502
Compass Behavioral Group - North Richmond (Rev.06/14/24)	Compass Behavioral Group 2727 Enterprise Pkwy 2nd Floor Richmond, VA 23294
Compass Behavioral Group - South Richmond (Rev.06/14/24)	Compass Behavioral Group 13000 Rivers Bend Blvd Chester, VA 23836
Compass Behavioral Group - Midlothian (Rev.06/14/24)	Compass Behavioral Group 14407 Justice Road, Midlothian, VA 23113
Compass Behavioral Group - Fredericksburg (Rev.06/14/24)	Compass Behavioral Group 10715 Spotsylvania Avenue Fredericksburg, VA 22408
Compass Behavioral Group - Leesburg (Rev.06/14/24)	Compass Behavioral Group 305 Harrison Street, SE, #1A Leesburg, VA 20175
Compass Behavioral Group - Manassas (Rev.06/14/24)	Compass Behavioral Group 10530 Linden Lake Plaza, Ste 200 Manassas, VA 20109
Compass Behavioral Group - Culpeper (Rev.06/14/24)	Compass Behavioral Group 410 Southridge Parkway Culpeper, VA 22701
Compass Behavioral Group - Tappahannock (Rev.06/14/24)	Compass Behavioral Group 1413 Tappahannock Blvd, #5 Tappahannock, VA 22560

Compass Behavioral Group -Winchester and Woodbridge (Rev.06/14/24)	Compass Behavioral Group 47 W Jubal Early Dr, Suite 100 Winchester, VA 22601
Compass Behavioral Group - Staunton//Waynesboro (Rev.06/14/24)	Compass Behavioral Group 520 Lew Dewitt Blvd. #401, Waynesboro, VA 22980
Compass Behavioral Group - Harrisonburg (Rev.06/14/24)	Compass Behavioral Group 3360 Emmaus Road, Harrisonburg, VA 22801
Compass Behavioral Group - Roanoke (Rev.06/14/24)	Compass Behavioral Group 5296 Peters Creek Road Roanoke, VA 24019
Compass Behavioral Group - Rockbridge (Rev.06/14/24)	Compass Behavioral Group 35 Magnolia Square, Suite 11 Lexington, VA 24450
Community Alternatives Inc.-In Home Services	Community Alternatives Inc. 5735 Ponlar Hall Drive Norfolk VA
Community Services of Virginia, Inc.-In Home Services	Community Services of Virginia, Inc. 4551 Professional Circle Suite 102 Virginia Beach VA 23455
Community Solutions In Home Services	5752 Princess Anne Rd., Virginia Beach, VA 23462
Covel Family Services In Home Services	Covel Family Services 1500 E. Little Creek Rd
Dungarvin-In-Home Services (Rev.12/13/24)	ACI-Dungarvin (North Carolina) central office 834 Timber Dr. Garner, NC 27579
Families In New Direction, Inc. (FIND)-In Home Services	Families In New Direction, Inc. (FIND) P.O. Box 6423
Family & Youth Foundations Counseling Services-In Home Counseling (Rev.9/13/18)	3001 West Mercury Blvd. Hampton, VA 23666
Family Insight, P.C. -In Home Counseling (Rev.9/13/18)	4410 E. Claiborne Street, Suite 334 Hampton, VA 23666
Family Preservations (In-Home Counseling Services)	Family Preservations (In-Home Counseling Only 360 Lankford Highway Bell Haven, VA 23306

Family Preservation Services (In-Home Counseling Services) (FPS) (Rev.01/08/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320
Family Preservation Services (In-Home Counseling Services) (FPS) (Rev.01/08/21)	FPS Peninsula Office 739 Thimble Shoals Blvd. Suite 706 Newport News, VA 23606
Family Priority-In Home Counseling Services (Rev.01/11/21)	111 Bulifants Blvd. Suite B Williamsburg, VA 23188
Infinity Counseling Group (Intensive In-Home Counseling Services) (Rev.-11/28/23)	6325 N. Center Dr. Bldg 18 Ste 202 Norfolk, VA 23502
Institute for Family Centered Services - In- home Therapy Services	Institute for Family Centered Services 312 N. Battlefield Blvd Chesapeake, VA 23320
James Bentley Treatment Program- Intensive In-home Services (IIH)	James Bentley Counseling Services
Liberty Family Services, LLC-In- home Therapy Services	Liberty Family Services, LLC 6330 Newtown Rd. Suite 509 Norfolk, VA 23502
Lutheran Family Services- In Home Therapy Services	Lutheran Family Services 525 Butler Farm Rd. Suite 106 Hampton, VA 23666
Maxim Healthcare-In-Home Therapy Services (Rev.07/26/21)	293 Independence Blvd Suite 400, Virginia Beach, VA 23462
Mentor Services-The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board
Middle Peninsula-Northern Neck Community Services Board- CSB-In-Home Residential Support Services	Middle Peninsula-Northern Neck Community Services Board-CSB 530 General Puller Highway P.O. Box 40
National Counseling Group -NCG- (Intensive In-Home Counseling Services)	NCG- (Intensive In-Home Counseling Services) Exmore, VA
National Counseling Group In-Home Counseling Services	National Counseling Group 4099 Foxwoods Suite 200 & 203 Virginia Beach, VA 23462
Neighbor to Family In-Home Counseling Services	Neighbor to Family 1300 Diamond Springs Rd. Suite 502 Virginia Beach, VA 23455
Pathways Development Services, Inc. - In-Home Support Services (Rev.9/13/18)	9286A Warwick Blvd. Newport News, 23607
Program of Assertive Community Treatment- PACT-Norfolk CSB- In-Home Intensive Support Services (Rev.06/19/18)	Norfolk Community Services Board- CSB Main Office 7447 Central Business Park Drive Norfolk VA 23513

Tidewater Regional Group Home-In-Home Services Program (IHSP)	Tidewater Regional Group Home-In-Home Service Program (IHSP)
The Empowerment Network, LLC - In-Home Counseling (IHC) services (Rev. 3/1/18)	1929 Coliseum Dr. Suite K, Hampton VA 23666
The Hampton-Newport News Community Services Board -In-Home Services	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
The UP Center-In Home Services	The UP Center 1805 Airline Boulevard Portsmouth, VA 23707
Thompson Strengthening Children, Families & Communities-Intensive In Home (Rev.11/08/22)	6800 Saint Peter's Lane Matthews, NC 28105
United Methodist Family Services	United Methodist Family Services
Tidewater Regional Center-In Home Services	Tidewater Regional Center
INFORMATION AND REFERRAL	
CHADD of Tidewater	CHADD of Tidewater P.O Box 62686 Virginia Beach, VA 23466
Disability Navigator (Rev.12/10/19)	DisabilityNavigator 7501 Boulder View Drive, Suite 630
NAMI Coastal Virginia (Rev.03/12/21)	NAMI Coastal Virginia 291 Independence Blvd, Suite 542,
NAMI Hampton/Newport News	NAMI Hampton/Newport News 100 Medical Drive, Suite A Hampton, VA 23666
NAMI Virginia's Statewide Hpline and Resources- (Rev.06/05/24)	NAMI Virginia's Statewide Hpline and Resources
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline
The Chas Foundation	The Chas Foundation 5426 Powhatan Avenue Norfolk
INSURANCE	
GAP-Governor's Access Plan-Eastern Shore	GAP-Governor's Access Plan Eastern Shore Community Services Board
GAP-Governor's Access Plan-Chesapeake	GAP-Governor's Access Plan City of Chesapeake Community Services
GAP-Governor's Access Plan-Middle Peninsula Northern Neck	GAP-Governor's Access Plan Middle Peninsula-Northern Neck Community Services Board
GAP-Governor's Access Plan-Hampton Newport News	GAP-Governor's Access Plan Hampton-Newport News Community Services Board
GAP-Governor's Access Plan-Suffolk	GAP-Governor's Access Plan Western Tidewater Community Services Board
GAP-Governor's Access Plan-Williamsburg	GAP-Governor's Access Plan Colonial Community Services Board 1657 Merrimac Trail Williamsburg,
GAP-Governor's Access Plan-Norfolk	GAP-Governor's Access Plan Norfolk Community Services Board-CSB Main Office 225 West Olney Road Norfolk VA 23510-1523
GAP-Governor's Access Plan	GAP-Governor's Access Plan MR/ID Waiver City of Portsmouth Dep. of

GAP-Governor's Access Plan	GAP-Governor's Access Plan Community Services Board 20 West Bank St Peteshurg VA 23803
GAP-Governor's Access Plan	GAP-Governor's Access PlanCSB Virginia Beach 297 Independence Blvd
LEGAL RESOURCES	
Adult Protective Services (APS) (Rev.08/24/23)	22554 Center Parkway, Accawmacke Office Park, P. O. Box 210, Accomack, VA 23301
Adult Protective Services (APS) (Rev.08/24/23)	100 Outlaw St., P.O. Box 15098, Chesapeake, VA 23320
Adult Protective Services (APS) (Rev.08/24/23)	306 N. Main St, PO Box 601, Franklin , VA 23851
Adult Protective Services (APS) (Rev.08/24/23)	6641 Short Lane, P.O. Box 1390, Gloucester, VA 23061
Adult Protective Services (APS) (Rev.08/24/23)	1320 LaSalle Ave., Hampton, VA 23669
Adult Protective Services (APS) (Rev.08/24/23)	17100 Monument Circle, Suite A, PO Box 102, Isle of Wight, VA 23397
Adult Protective Services (APS) (Rev.08/24/23)	5249 Old Towne Road, Williamsburg, VA 23188
Adult Protective Services (APS) (Rev.08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109
Adult Protective Services (APS) (Rev.08/24/23)	Rouse Tower, 6060 Jefferson Ave., Newport News, VA 23605
Adult Protective Services (APS) (Rev.08/24/23)	741 Monticello Avenue, Norfolk, VA 23510
Adult Protective Services (APS) (Rev.08/24/23)	5265 The Hornes, P.O. Box 568, Eastville, VA 23347
Adult Protective Services (APS) (Rev.08/24/23)	301 Goodwin Neck Road Yorktown, VA 23692
Adult Protective Services (APS) (Rev.08/24/23)	1701 High St., Suite 101, Portsmouth, VA 23704
Adult Protective Services (APS) (Rev.08/24/23)	26022 Administration Center Drive, P.O. Box 550, Courtland, VA 23837
Adult Protective Services (APS) (Rev.08/24/23)	20103 Princeton Road , Stony Creek, VA 23882

Adult Protective Services (APS)	(Rev.08/24/23)	135 Hall Avenue, Suite B , P.O. Box 1818, Suffolk, VA 23434
Adult Protective Services (APS)	(Rev.08/24/23)	45 School Street, P.O. Box 263, Surry, VA 23883
Adult Protective Services (APS)	(Rev.08/24/23)	3432 Virginia Beach Blvd., Virginia Beach, VA 23452
Adult Protective Services (APS)	(Rev.08/24/23)	401 Lafayette St., Williamsburg, VA 23185
Adult Protective Services (APS)	(Rev.08/24/23)	301 Goodwin Neck Road, Yorktown, VA 23692
Adult Protective Services (APS)-Alexandria (Rev.08/24/23)		4850 Mark Center Dr., Alexandria, VA 22311
Adult Protective Services (APS)-Alexandria (Rev.08/24/23)		2100 Washington Blvd. - 1st Fl., Arlington, VA 22204
Adult Protective Services (APS)-Clarke (Rev.08/24/23)		311 E. Main St., Berryville, VA 22611
Adult Protective Services (APS)-Culpeper (Rev.08/24/23)		1835 Industry Drive, P.O. Box 1355, Culpeper, VA 22701
Adult Protective Services (APS)-Fairfax (Rev.08/24/23)		12011 Government Center Parkway, Suite 232, Fairfax, VA 22035
Adult Protective Services (APS)-Fauquier (Rev.08/24/23)		320 Hospital Drive, Suite 11, Warrenton, VA 20186
Adult Protective Services (APS)-Frederick (Rev.08/24/23)		107 N. Kent St., Third Floor, Winchester, VA 22601
Adult Protective Services (APS)-Fredericksburg (Rev.08/24/23)		608 Jackson Street, Suite 100, Fredericksburg, VA 22401
Adult Protective Services (APS)-Greene (Rev.08/24/23)		10009 Spotswood Trail, Stanardsville, VA 22973
Adult Protective Services (APS)-Harrisonburg (Rev.08/24/23)		110 N. Mason St., P.O. Box 809, Harrisonburg, VA 22803
Adult Protective Services (APS)-King George (Rev.08/24/23)		10069 Kings Highway, P.O. Box 130, King George, VA 22484
Adult Protective Services (APS)-Loudoun (Rev.08/24/23)		102 Heritage Way, Suite 103, PO Box 7400, Leesburg, VA 20177

Adult Protective Services (APS)-Louisa (Rev.08/24/23)	114 Industrial Dr, PO Box 425, Louisa, VA 23093
Adult Protective Services (APS)-Madison (Rev.08/24/23)	101 S. Main St., P.O. Box 176, Madison, VA 22727
Adult Protective Services (APS)-Manassas City (Rev.08/24/23)	9324 West Street, Manassas, VA 20110
Adult Protective Services (APS)-Manassas Park (Rev.08/24/23)	100 Nadia Street, 2nd Floor, Manassas Park, VA 20111
Adult Protective Services (APS)-Orange (Rev.08/24/23)	146 N. Madison Road, Suite 201, Orange, VA 22960
Adult Protective Services (APS)-Page County (Rev.08/24/23)	215 W. Main St., Suite A, P.O. Box 47, Stanley, VA 22851
Adult Protective Services (APS)-Prince William County (Rev.08/24/23)	7987 Ashton Ave., Suite 200, Manassas, VA 20109
Adult Protective Services (APS)-Rappahannock County (Rev.08/24/23)	354 Gay St., P.O. Box 87, Washington, VA 22747
Adult Protective Services (APS)-Shenandoah County (Rev.08/24/23)	Shenandoah County Government Center, 494 N. Main St., Suite 200, Woodstock, VA 22664
Adult Protective Services (APS)-Spotsylvania (Rev.08/24/23)	9019 Old Battlefield Blvd - 2nd Fl., Spotsylvania, VA 22553, P.O. Box 249, Spotsylvania, VA 22553
Adult Protective Services (APS)-Stafford County (Rev.08/24/23)	Stafford County Government Center, 1300 Courthouse Road, P.O. Box 7, Stafford, VA 22555
Adult Protective Services (APS)-Warren County (Rev.08/24/23)	465 W 15th Street, Suite 100, Front Royal, VA 22630
Adult Protective Services (APS)-Winchester (Rev.08/24/23)	24 Baker Street, Winchester, VA 22601
Adult Protective Services (APS)-Amelia (Rev.08/24/23)	16360 Dunn Street Suite 201, P.O. Box 136, Amelia, VA 23002
Adult Protective Services (APS)-Buckingham County (Rev.08/24/23)	13360 West James Anderson Highway, Route 60, P. O. Box 170, Buckingham Court House, VA 23921
Adult Protective Services (APS)-Caroline (Rev.08/24/23)	17202 Richmond Turnpike, P.O. Box 430, Bowling Green, VA 22427
Adult Protective Services (APS)-Charles City (Rev.08/24/23)	10900 Courthouse Road, P.O. Box 98, Charles City, VA 23030

Adult Protective Services (APS)-Chesterfield (Rev.08/24/23)	9501 Lucy Corr Circle, P.O. Box 430, Chesterfield, VA 23832
Adult Protective Services (APS)-Cumberland (Rev.08/24/23)	71 Community Center Drive, P. O. Box 33, Cumberland, VA 23040
Adult Protective Services (APS)-Essex (Rev.08/24/23)	772 Richmond Beach Road, P.O. Box 1004, Tappahannock, VA 22560
Adult Protective Services (APS)-Fluvanna County (Rev.08/24/23)	8880 B James Madison Highway, P.O. Box 98, Fork Union, VA 23055
Adult Protective Services (APS)-Goochland (Rev.08/24/23)	1800 Sandy Hook Road, Suite 200, P.O. Box 34, Goochland, VA 23063
Adult Protective Services (APS)-Hanover County (Rev.08/24/23)	12304 S. Washington Highway, Ashland, VA 23005
Adult Protective Services (APS)-Henrico County (Rev.08/24/23)	8600 Dixon Powers Drive, P.O. Box 90775, Henrico, VA 23273
Adult Protective Services (APS)-Hopewell (Rev.08/24/23)	316 E. Cawson Street, Hopewell, VA 23860
Adult Protective Services (APS)-King and Queen (Rev.08/24/23)	242 Allen Circle, P.O. Box 7, King and Queen Courthouse, VA 23085
Adult Protective Services (APS)-King William (Rev.08/24/23)	172 Courthouse Lane, P.O. Box 187, King William, VA 23086
Adult Protective Services (APS)-Lancaster County (Rev.08/24/23)	9049 Mary Ball Road, P.O. Box 308, Lancaster, VA 22503
Adult Protective Services (APS)-Lunenburg County (Rev.08/24/23)	11387 Courthouse Road, Lunenburg, VA 23952
Adult Protective Services (APS)-Middlesex County (Rev.08/24/23)	2893 General Puller Highway, P.O. Box 216, Urbanna, VA 23175
Adult Protective Services (APS)-New Kent (Rev.08/24/23)	7911 Courthouse Way, Suite 100, P.O. Box 229, New Kent, VA 23124
Adult Protective Services (APS)-Northumberland County (Rev.08/24/23)	6373 Northumberland Highway, Suite A, P.O. Box 399, Heathsville, VA 22473
Adult Protective Services (APS)-Nottoway County (Rev.08/24/23)	288 W. Courthouse Road, P. O. Box 26, Nottoway, VA 23955
Adult Protective Services (APS)-Petersburg (Rev.08/24/23)	3811 Corporate Rd., Petersburg, VA 23805

Adult Protective Services (APS)-Powhatan County (Rev.08/24/23)	3908 Old Buckingham Road - Suite 2, Powhatan, VA 23139
Adult Protective Services (APS)-Prince Edward County (Rev.08/24/23)	56B SMI Way, Farmville, VA 23901
Adult Protective Services (APS)-Richmond City (Rev.08/24/23)	Marshall Plaza Building, 900 E. Marshall St., P.O. Box 10129, Richmond, VA 23240
Adult Protective Services (APS)-Richmond County (Rev.08/24/23)	5579 Richmond Road, P.O. Box 35, Warsaw, VA 22572
Adult Protective Services (APS)-Westmoreland (Rev.08/24/23)	18849 Kings Highway, P.O. Box 302, Montross, VA 22520
Adult Protective Services (APS)-Albemarle County (Rev.08/24/23)	1600 Fifth St., Suite A, Charlottesville, VA 22902
Adult Protective Services (APS)-Alleghany-Covington (Rev.08/24/23)	110 Rosedale Ave., Suite B, Covington, VA 24426
Adult Protective Services (APS)-Amherst (Rev.08/24/23)	224 2nd St., P. O. Box 414, Amherst, VA 24521
Adult Protective Services (APS)-Appomattox (Rev.08/24/23)	318 Court St., P. O. Box 549, Appomattox, VA 24522
Adult Protective Services (APS)-Bath County (Rev.08/24/23)	65 Courthouse Hill Road, P.O. Box 7, Warm Springs, VA 24484
Adult Protective Services (APS)-Bedford (Rev.08/24/23)	Burks-Scott Building, 119 E. Main St., PO Box 1187, Bedford, VA 24523
Adult Protective Services (APS)-Botetourt County (Rev.08/24/23)	220 Commons Parkway, P. O. Box 99, Daleville, VA 24083
Adult Protective Services (APS)-Campbell County (Rev.08/24/23)	69 Kabler Lane, P.O. Box 860, Rustburg, VA 24588
Adult Protective Services (APS)-Charlotte County (Rev.08/24/23)	400 Thomas Jefferson Hwy, PO Box 440, Charlotte Court House, VA 23923
Adult Protective Services (APS)-Charlottesville (Rev.08/24/23)	120 Seventh St., N.E., P.O. Box 911, Charlottesville, VA 22902
Adult Protective Services (APS)-Craig County (Rev.08/24/23)	177 Court St., P. O. Box 330, New Castle, VA 24127
Adult Protective Services (APS)-Danville (Rev.08/24/23)	510 Patton St., P. O. Box 3300, Danville, VA 24541

Adult Protective Services (APS)-Franklin County (Rev.08/24/23)	120 East Court Street, Rocky Mount, VA 24151, 120 East Court Street, Rocky Mount, VA 24151
Adult Protective Services (APS)-Halifax County (Rev.08/24/23)	1030 Cowford Road, P. O. Box 1189, Halifax, VA 24558
Adult Protective Services (APS)-Henry-Martinsville (Rev.08/24/23)	20 Progress Drive, P.O. Drawer 4946, Martinsville, VA 24115
Adult Protective Services (APS)-Highland County (Rev.08/24/23)	158 Courthouse Lane, Courthouse Annex, P.O. Box 247, Monterey, VA 24465
Adult Protective Services (APS)-Lynchburg (Rev.08/24/23)	99 9th St., P.O. Box 6798, Lynchburg, VA 24505
Adult Protective Services (APS)-Mecklenburg County (Rev.08/24/23)	911 Madison St., P.O. Box 400, Boydton, VA 23917
Adult Protective Services (APS)-Nelson County (Rev.08/24/23)	203 Front St., P.O. Box 357, Lovingston, VA 22949
Adult Protective Services (APS)-Pittsylvania County (Rev.08/24/23)	220 H. G. McGhee Drive, P.O. Box E, Chatham, VA 24531
Adult Protective Services (APS)-Roanoke City (Rev.08/24/23)	1510 Williamson Road, N.E., Roanoke, VA 24012
Adult Protective Services (APS)-Roanoke County (Rev.08/24/23)	220 E. Main St., P. O. Box 1127, Salem, VA 24153
Adult Protective Services (APS)-Rockbridge-Buena Vista-Lexington (Rev.08/24/23)	20 E. Preston St., Lexington, VA 24450
Adult Protective Services (APS)-Shenandoah Valley (Staunton-Augusta) (Rev.08/24/23)	68 Dick Huff Lane, P.O. Box 7, Verona, VA 24482
Adult Protective Services (APS)-Shenandoah Valley (Waynesboro) (Rev.08/24/23)	1200 Shenandoah Ave., Waynesboro, VA 22980
Adult Protective Services (APS)-Bland County (Rev.08/24/23)	612 Main St., Suite 208, P.O. Box 55, Bland County Court House, Suite 208, Bland, VA 24315
Adult Protective Services (APS)-Bristol City (Rev.08/24/23)	355 Bristol East Road, Bristol, VA 24202
Adult Protective Services (APS)-Buchanan County (Rev.08/24/23)	3174 Slate Creek Road, Grundy, VA 24614
Adult Protective Services (APS)-Carroll County (Rev.08/24/23)	Carroll Co. Governmental Complex, 605-8 Pine St., Hillsville, VA 24343

Adult Protective Services (APS)-Dickenson County (Rev.08/24/23)	1280 Browning Hollow, Clintwood, VA 24228
Adult Protective Services (APS)-Floyd County (Rev.08/24/23)	120 W. Oxford St., Building A-2, P.O. Box 314, Floyd, VA 24091
Adult Protective Services (APS)-Galax City (Rev.08/24/23)	105 E. Center St, P.O. Box 166, Galax, VA 24333-0166
Adult Protective Services (APS)-Giles County (Rev.08/24/23)	211 Main St., Suite 109, Narrows, VA 24124
Adult Protective Services (APS)-Grayson County (Rev.08/24/23)	129 Davis St., P.O. Box 434, Independence, VA 24348
Adult Protective Services (APS)-Lee County (Rev.08/24/23)	108 Hill St., P.O. Box 348, Jonesville, VA 24264
Adult Protective Services (APS)Montgomery County (Rev.08/24/23)	210 S. Pepper St., Suite B, P.O. Box 789, Christiansburg, VA 24073
Adult Protective Services (APS)-Norton City (Rev.08/24/23)	644 Park Avenue NW, P.O. Box 378, Norton, VA 24273
Adult Protective Services (APS)-Patrick County (Rev.08/24/23)	106 Rucker St., Suite 128, Stuart, VA 24171
Adult Protective Services (APS)-Pulaski County (Rev.08/24/23)	53 Commerce Street, Pulaski, VA 24301
Adult Protective Services (APS)-Radford City (Rev.08/24/23)	928 W. Main St., Radford, VA 24141
Adult Protective Services (APS)-Russell County (Rev.08/24/23)	135 Highlands Drive , Suite B, Lebanon, VA 24266
Adult Protective Services (APS)-Scott County (Rev.08/24/23)	190 Beech Street, Suite 101, Gate City, VA 24251
Adult Protective Services (APS)-Smyth County (Rev.08/24/23)	121 Bagley Circle, Suite 200, Marion, VA 24354
Adult Protective Services (APS)-Tazewell County (Rev.08/24/23)	253 Chamber Drive, P.O. Box 149, Tazewell, VA 24651
Adult Protective Services (APS)-Washington County (Rev.08/24/23)	15068 Lee Highway, Suite 100, Bristol, VA 24202
Adult Protective Services (APS)-Wise County (Rev.08/24/23)	10365 Pinnacle Drive, Wise, VA 24293

Adult Protective Services (APS)-Wythe County (Rev.08/24/23)	290 S. Sixth Street, Suite 200, Wytheville, VA 24382
Adult Protective Services (APS)-Wise County (Rev.08/24/23)	10365 Pinnacle Drive, Wise, VA 24293
Adult Protective Services (APS)-Wythe County (Rev.08/24/23)	290 S. Sixth Street, Suite 200, Wytheville, VA 24382
Beavers Law, P.C. (Rev.09/30/23)	710 Denbigh Blvd., suite 2E Newport News, VA. 23608
Catholic Charities of Eastern Virginia-Guardianship Program	4855 Princess Anne Road Virginia Beach VA 23462
Catholic Charities of Eastern Virginia-rep.Payee Program	4855 Princess Anne Road Virginia Beach VA 23462
Child Protective Services (CPS) (Rev,08/24/23)	22554 Center Parkway, Accawmacke Office Park, P. O. Box 210
Child Protective Services (CPS) (Rev,08/24/23)	100 Outlaw St., P.O. Box 15098, Chesapeake, VA 23320
Child Protective Services (CPS) (Rev,08/24/23)	306 N. Main St, PO Box 601, Franklin VA 23851
Child Protective Services (CPS) (Rev,08/24/23)	6641 Short Lane, P.O. Box 1390, Gloucester, VA 23061
Child Protective Services (CPS) (Rev,08/24/23)	1320 LaSalle Ave., Hampton, VA 23669
Child Protective Services (CPS) (Rev,08/24/23)	17100 Monument Circle, Suite A, PO Box 102, Isle of Wight, VA 23397
Child Protective Services (CPS) (Rev,08/24/23)	5249 Old Towne Road, Williamsburg, VA 23188
Child Protective Services (CPS) (Rev,08/24/23)	Route 611, 536 Church Street, P.O. Box 925, Mathews, VA 23109
Child Protective Services (CPS) (Rev,08/24/23)	Rouse Tower, 6060 Jefferson Ave., Newport News, VA 23605
Child Protective Services (CPS) (Rev,08/24/23)	741 Monticello Avenue, Norfolk, VA 23510
Child Protective Services (CPS) (Rev,08/24/23)	5265 The Hornes, P.O. Box 568, Eastville, VA 23347
Child Protective Services (CPS) (Rev,08/24/23)	301 Goodwin Neck Road Yorktown, VA 23692
Child Protective Services (CPS) (Rev,08/24/23)	1701 High St., Suite 101, Portsmouth, VA 23704
Child Protective Services (CPS) (Rev,08/24/23)	26022 Administration Center Drive, P.O. Box 550, Courtland, VA 23837
Child Protective Services (CPS) (Rev,08/24/23)	20103 Princeton Road , Stony Creek, VA 23882
Child Protective Services (CPS) (Rev,08/24/23)	135 Hall Avenue, Suite B , P.O. Box 1818, Suffolk, VA 23434

Child Protective Services (CPS) (Rev,08/24/23)	45 School Street, P.O. Box 263, Surrey, VA 23883
Child Protective Services (CPS) (Rev,08/24/23)	3432 Virginia Beach Blvd., Virginia Beach, VA 23452
Child Protective Services (CPS) (Rev,08/24/23)	401 Lafayette St., Williamsburg, VA 23185
Child Protective Services (CPS) (Rev,08/24/23)	301 Goodwin Neck Road, Yorktown, VA 23692
Child Protective Services (CPS)-Alexandria (Rev,08/24/23)	4850 Mark Center Dr., Alexandria, VA 22311
Child Protective Services (CPS)-Arlington (Rev,08/24/23)	2100 Washington Blvd. - 1st Fl., Arlington, VA 22204
Child Protective Services (CPS)-Clarke (Rev,08/24/23)	311 E. Main St., Berryville, VA 22611
Child Protective Services (CPS)-Culpeper (Rev,08/24/23)	1835 Industry Drive, P.O. Box 1355, Culpeper, VA 22701
Child Protective Services (CPS)-Fairfax (Rev,08/24/23)	12011 Government Center Parkway, Suite 232, Fairfax, VA 22035
Child Protective Services (CPS)-Fauquier (Rev,08/24/23)	320 Hospital Drive, Suite 11, Warrenton, VA 20186
Child Protective Services (CPS)-Frederick (Rev,08/24/23)	107 N. Kent St., Third Floor, Winchester, VA 22601
Child Protective Services (CPS)-Fredericksburg (Rev,08/24/23)	608 Jackson Street, Suite 100, Fredericksburg, VA 22401
Child Protective Services (CPS)-Greene (Rev,08/24/23)	10009 Spotswood Trail, Stanardsville, VA 22973
Child Protective Services (CPS)-Harrisonburg (Rev,08/24/23)	110 N. Mason St., P.O. Box 809, Harrisonburg, VA 22803
Child Protective Services (CPS)-King George (Rev,08/24/23)	10069 Kings Highway, P.O. Box 130, King George, VA 22484
Child Protective Services (CPS)-Loudoun (Rev,08/24/23)	102 Heritage Way, Suite 103, PO Box 7400, Leesburg, VA 20177
Child Protective Services (CPS)-Louisa (Rev,08/24/23)	114 Industrial Dr, PO Box 425, Louisa, VA 23093
Child Protective Services (CPS)-Madison (Rev,08/24/23)	101 S. Main St., P.O. Box 176, Madison, VA 22727
Child Protective Services (CPS)-Manassas City (Rev,08/24/23)	9324 West Street, Manassas, VA 20110
Child Protective Services (CPS)-Manassas Park (Rev,08/24/23)	100 Nadia Street, 2nd Floor, Manassas Park, VA 20111
Child Protective Services (CPS)-Orange (Rev,08/24/23)	146 N. Madison Road, Suite 201, Orange, VA 22960
Child Protective Services (CPS)-Page County (Rev,08/24/23)	215 W. Main St., Suite A, P.O. Box 47, Stanley, VA 22851
Child Protective Services (CPS)-Prince William County (Rev,08/24/23)	7987 Ashton Ave., Suite 200, Manassas, VA 20109
Child Protective Services (CPS)-Rappahannock County (Rev,08/24/23)	354 Gay St., P.O. Box 87, Washington, VA 22747

Child Protective Services (CPS)-Shenandoah County (Rev,08/24/23)	Shenandoah County Government Center, 494 N. Main St., Suite 200, Woodstock VA 22664
Child Protective Services (CPS)-Spotsylvania (Rev,08/24/23)	9019 Old Battlefield Blvd - 2nd Fl., Spotsylvania, VA 22553, P.O. Box 249
Child Protective Services (CPS)-Stafford County (Rev,08/24/23)	Stafford County Government Center, 1300 Courthouse Road, P.O. Box 7
Child Protective Services (CPS)-Warren County (Rev,08/24/23)	465 W 15th Street, Suite 100, Front Royal, VA 22630
Child Protective Services (CPS)-Winchester (Rev,08/24/23)	24 Baker Street, Winchester, VA 22601
Child Protective Services (CPS)-Amelia (Rev,08/24/23)	16360 Dunn Street Suite 201, P.O. Box 136, Amelia VA 23002
Child Protective Services (CPS)-Buckingham County (Rev,08/24/23)	13360 West James Anderson Highway, Route 60, P. O. Box 170, Buckingham Court House VA
Child Protective Services (CPS)-Caroline (Rev,08/24/23)	17202 Richmond Turnpike, P.O. Box 430, Bowling Green VA 22427
Child Protective Services (CPS)-Charles City (Rev,08/24/23)	10900 Courthouse Road, P.O. Box 98, Charles City VA 23030
Child Protective Services (CPS)-Chesterfield (Rev,08/24/23)	9501 Lucy Corr Circle, P.O. Box 430, Chesterfield VA 23832
Child Protective Services (CPS)-Cumberland (Rev,08/24/23)	71 Community Center Drive, P. O. Box 33, Cumberland VA 23040
Child Protective Services (CPS)-Essex (Rev,08/24/23)	772 Richmond Beach Road, P.O. Box 1004, Tannahannock VA 22560
Child Protective Services (CPS)-Fluvanna County (Rev,08/24/23)	8880 B James Madison Highway, P.O. Box 98, Fork Union VA 23055
Child Protective Services (CPS)-Goochland (Rev,08/24/23)	1800 Sandy Hook Road, Suite 200, P.O. Box 34, Goochland VA 23063
Child Protective Services (CPS)-Henrico County (Rev,08/24/23)	12304 S. Washington Highway, Ashland, VA 23005
Child Protective Services (CPS)-Henrico County (Rev,08/24/23)	8600 Dixon Powers Drive, P.O. Box 90775, Henrico VA 23273
Child Protective Services (CPS)-Hopewell (Rev,08/24/23)	316 E. Cawson Street, Hopewell, VA 23860
Child Protective Services (CPS)-King and Queen (Rev,08/24/23)	242 Allen Circle, P.O. Box 7, King and Queen Courthouse, VA 23085
Child Protective Services (CPS)-King William (Rev,08/24/23)	172 Courthouse Lane, P.O. Box 187, King William VA 23086
Child Protective Services (CPS)-Lancaster County (Rev,08/24/23)	9049 Mary Ball Road, P.O. Box 308, Lancaster, VA 22503
Child Protective Services (CPS)-Lunenburg County (Rev,08/24/23)	11387 Courthouse Road, Lunenburg, VA 23952
Child Protective Services (CPS)-Middlesex County (Rev,08/24/23)	2893 General Puller Highway, P.O. Box 216, Urbanna VA 23175
Child Protective Services (CPS)-New Kent (Rev,08/24/23)	7911 Courthouse Way, Suite 100, P.O. Box 229, New Kent VA 23124
Child Protective Services (CPS)-Northumberland County (Rev,08/24/23)	6373 Northumberland Highway, Suite A, P.O. Box 399, Heathsville VA 22473

Child Protective Services (CPS)-Nottoway County (Rev,08/24/23)	288 W. Courthouse Road, P. O. Box 26, Nottoway VA 23955
Child Protective Services (CPS)-Petersburg (Rev,08/24/23)	3811 Corporate Rd., Petersburg, VA 23805
Adult Protective Services (APS)-Powhatan County (Rev.08/24/23)	3908 Old Buckingham Road - Suite 2, Powhatan, VA 23139
Child Protective Services (CPS)-Prince Edward County (Rev,08/24/23)	56B SMI Way, Farmville, VA 23901
Child Protective Services (CPS)-Richmond City (Rev,08/24/23)	Marshall Plaza Building, 900 E. Marshall St., P.O. Box 10129
Child Protective Services (CPS)-Richmond County (Rev,08/24/23)	5579 Richmond Road, P.O. Box 35, Warsaw VA 22572
Child Protective Services (CPS)-Westmoreland (Rev,08/24/23)	18849 Kings Highway, P.O. Box 302, Montross VA 22520
Child Protective Services (CPS)-Albemarle County (Rev,08/24/23)	1600 Fifth St., Suite A, Charlottesville, VA 22902
Child Protective Services (CPS)-Alleghany-Covington (Rev,08/24/23)	110 Rosedale Ave., Suite B, Covington, VA 24426
Child Protective Services (CPS)-Amherst (Rev,08/24/23)	224 2nd St., P. O. Box 414, Amherst VA 24521
Child Protective Services (CPS)-Appomattox (Rev,08/24/23)	318 Court St., P. O. Box 549, Appomattox VA 24522
Child Protective Services (CPS)-Bath County (Rev,08/24/23)	65 Courthouse Hill Road, P.O. Box 7, Warm Springs VA 24484
Child Protective Services (CPS)-Bedford (Rev,08/24/23)	Burks-Scott Building, 119 E. Main St., PO Box 1187, Bedford VA 24523
Child Protective Services (CPS)-Botetourt County (Rev,08/24/23)	220 Commons Parkway, P. O. Box 99, Daleville VA 24083
Child Protective Services (CPS)-Campbell County (Rev,08/24/23)	69 Kabler Lane, P.O. Box 860, Rustburg VA 24588
Child Protective Services (CPS)-Charlotte County (Rev,08/24/23)	400 Thomas Jefferson Hwy, PO Box 440, Charlotte Court House VA 23923
Child Protective Services (CPS)-Charlottesville (Rev,08/24/23)	120 Seventh St., N.E., P.O. Box 911, Charlottesville VA 22902
Child Protective Services (CPS)-Craig County (Rev,08/24/23)	177 Court St., P. O. Box 330, New Castle VA 24127
Child Protective Services (CPS)-Danville (Rev,08/24/23)	510 Patton St., P. O. Box 3300, Danville VA 24541
Child Protective Services (CPS)-Franklin County (Rev,08/24/23)	120 East Court Street, Rocky Mount, VA 24151, 120 East Court Street
Child Protective Services (CPS)-Halifax County (Rev,08/24/23)	1030 Cowford Road, P. O. Box 1189, Halifax VA 24558
Child Protective Services (CPS)-Henry-Martinsville (Rev,08/24/23)	20 Progress Drive, P.O. Drawer 4946, Martinsville VA 24115
Child Protective Services (CPS)-Highland County (Rev,08/24/23)	158 Courthouse Lane, Courthouse Annex, P.O. Box 247
Child Protective Services (CPS)-Lynchburg (Rev,08/24/23)	99 9th St., P.O. Box 6798, Lynchburg VA 24505

Child Protective Services (CPS)-Mecklenburg County (Rev,08/24/23)	911 Madison St., P.O. Box 400, Boydton VA 23917
Child Protective Services (CPS)-Nelson County (Rev,08/24/23)	203 Front St., P.O. Box 357, Lovingston VA 22949
Child Protective Services (CPS)-Pittsylvania County (Rev,08/24/23)	220 H. G. McGhee Drive, P.O. Box E, Chatham VA 24531
Child Protective Services (CPS)-Roanoke City (Rev,08/24/23)	1510 Williamson Road, N.E., Roanoke, VA 24012
Child Protective Services (CPS)-Roanoke County (Rev,08/24/23)	220 E. Main St., P. O. Box 1127, Salem VA 24153
Child Protective Services (CPS)-Rockbridge-Buena Vista-Lexington (Rev,08/24/23)	20 E. Preston St., Lexington, VA 24450
Child Protective Services (CPS)-Shenandoah Valley (Staunton-Augusta) (Rev,08/24/23)	68 Dick Huff Lane, P.O. Box 7, Verona VA 24482
Child Protective Services (CPS)-Shenandoah Valley (Waynesboro) (Rev,08/24/23)	1200 Shenandoah Ave., Waynesboro, VA 22980
Child Protective Services (CPS)-Bland County (Rev,08/24/23)	612 Main St., Suite 208, P.O. Box 55, Bland County Court House, Suite 208
Child Protective Services (CPS)-Bristol City (Rev,08/24/23)	355 Bristol East Road, Bristol, VA 24202
Child Protective Services (CPS)-Buchanan County (Rev,08/24/23)	3174 Slate Creek Road, Grundy, VA 24614
Child Protective Services (CPS)-Carroll County (Rev,08/24/23)	Carroll Co. Governmental Complex, 605-8 Pine St., Hillsville VA 24343
Child Protective Services (CPS)-Dickenson County (Rev,08/24/23)	1280 Browning Hollow, Clintwood, VA 24228
Child Protective Services (CPS)-Floyd County (Rev,08/24/23)	120 W. Oxford St., Building A-2, P.O. Box 314, Floyd VA 24091
Child Protective Services (CPS)-Galax City (Rev,08/24/23)	105 E. Center St, P.O. Box 166, Galax, VA 24333-0166
Child Protective Services (CPS)-Giles County (Rev,08/24/23)	211 Main St., Suite 109, Narrows, VA 24124
Child Protective Services (CPS)-Grayson County (Rev,08/24/23)	129 Davis St., P.O. Box 434, Independence VA 24348
Child Protective Services (CPS)-Lee County (Rev,08/24/23)	108 Hill St., P.O. Box 348, Jonesville VA 24264
Child Protective Services (CPS)-Montgomery County (Rev,08/24/23)	210 S. Pepper St., Suite B, P.O. Box 789, Christiansburg VA 24073
Child Protective Services (CPS)-Norton City (Rev,08/24/23)	644 Park Avenue NW, P.O. Box 378, Norton VA 24273
Child Protective Services (CPS)-Patrick County (Rev,08/24/23)	106 Rucker St., Suite 128, Stuart, VA 24171
Child Protective Services (CPS)-Pulaski County (Rev,08/24/23)	53 Commerce Street, Pulaski, VA 24301
Child Protective Services (CPS)-Radford City (Rev,08/24/23)	928 W. Main St., Radford, VA 24141

Child Protective Services (CPS)-Russell County (Rev,08/24/23)	135 Highlands Drive , Suite B, Lebanon, VA 24266
Child Protective Services (CPS)-Scott County (Rev,08/24/23)	190 Beech Street, Suite 101, Gate City, VA 24251
Child Protective Services (CPS)-Smyth County (Rev,08/24/23)	121 Bagley Circle, Suite 200, Marion, VA 24354
Child Protective Services (CPS)-Tazewell County (Rev,08/24/23)	253 Chamber Drive, P.O. Box 149, Tazewell, VA 24651
Child Protective Services (CPS)-Washington County (Rev,08/24/23)	15068 Lee Highway, Suite 100, Bristol, VA 24202
Child Protective Services (CPS)-Wise County (Rev,08/24/23)	10365 Pinnacle Drive, Wise, VA 24293
Child Protective Services (CPS)-Wythe County (Rev,08/24/23)	290 S. Sixth Street, Suite 200, Wytheville, VA 24382
Coastal Virginia Counseling and Mediation-Mediation Services (Rev.01/20/23)	101 North Lynnhaven Road Suite 308
Commonwealth Catholic Charities-CCC-Guardianship Program-Petersburg	111 Perry Street Petersburg, VA 23803
Commonwealth Catholic Charities-CCC-Guardianship Program-Richmond (Rev.08/13/21)	1601 Rolling Hills Drive, Richmond, VA 23229
Cox & Cox-Edward and Carolyn Cox (Rev.07/25/23)	101 N Lynnhaven Rd, Virginia Beach, VA 23452
Eastern Shore Community Services Board (CSB)-VASAP Referrals (Rev.01/27/21)	3462 Main Street Exmore, Virginia 23350
Frank J Driscoll Jr., PLLC (Rev.07/25/23)	Russo Building, 4669 South Blvd STE 107 Virginia Beach, VA 23452
Hampton Mental Health Screening Initiative-The Hampton- Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Hook Law Center (Rev.07/25/23)	Convergence Center 295 Bendix Road Suite 170
Hook Law Center (Rev.07/25/23)	TowneBank Harbour View Financial Center 5806 Harbour View Blvd. Suite 203
Hook Law Center (Rev.07/25/23)	Southern Shores Business Center 8 Juniper Trail First Floor Salem, VA 23150
Inman & Strickler -Jeanne S.Lauer,Esquire (Rev.07/25/23)	575 Lynnhaven Parkway Suite 200 Virginia Beach,VA 23452
Jewish Family Service (JFS) of Tidewater-Legal Guardianship Program	PO Box 65127 Virginia Beach VA 23467 5000 Corporate Woods Dr. Suite 300 Virginia Beach VA 23462

John W. Lee, PC (Rev.09/30/23)	Farris Executive Commons 4425 Portsmouth Blvd – Suite 100 Chesapeake, VA 23321 Hampton Office Hampton Roads Center South
Judges for Medical Consent	Judges for Medical Consent
Judges for Medical Consent	Judges for Medical Consent
Legal Aid Society-Legal Services of Eastern Virginia (Rev.10/28/20)	Legal Services of Eastern Virginia 36314 Lankford Highway, Ste. 5 Belle Haven, VA 23306 ~~PO Box 206~~
Legal Aid Society-Legal Services of Eastern Virginia-Norfolk (Rev.10/28/20)	Legal Services of Eastern Virginia 125 St. Paul's Boulevard,# 400 Norfolk, VA 23510
Legal Aid Society-Legal Services of Eastern Virginia-Virginia Beach (Rev.11/23/20)	Legal Services of Eastern Virginia 291 Independence Boulevard, \Pembroke Four, Suite 532 ~~Virginia Beach VA 23462~~
Miller, Walsh, Kutz & Laster (Rev.09/30/23)	12610 Patrick Henry drive, suite D Newport News, VA. 23602
Newport News Juvenile Detention Services-The Hampton- Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive ~~Hampton, VA 22666~~
Newport News Juvenile Drug Court-The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board
Peninsula Center for Estate and Lifelong Planning (Rev.09/30/23)	461 McLaws Circle, suite 2 Williamsburg, VA. 23185
Peninsula Legal Aid Center - Williamsburg Annex (Rev.10/28/20)	Peninsula Legal Aid Center Williamsburg Annex 199 Armistead Ave Williamsburg, VA 23185-3604
Peninsula Therapy Center,PLC -Juvenile Substance Use Didactic Group (Rev.6/11/18)	1216 Granby St Norfolk, VA 23510 The Care Team Norfolk: 1216 Granby Street Suite 213 Norfolk, VA 23510
Regent University Law Clinic (Rev.08/10/23)	Norfolk
Regent University School of Law's Center for Global Justice- Human Trafficking Clinic (Rev,08/10/23)	Norfolk

Safe Haven Peer Support (Rev.6/21/18)	Norfolk Workforce Development Center 201 East Little Creek Road, Room 303 Norfolk, VA 23505.
Special Education Advocacy Law PELE Clinic-William and Mary	Special Education Advocacy Law PELE Clinic William and Mary Law School P.O. Box 8795
Spectrum Psychological and Neurotherapy, PC-Forensic Evaluations (Civil and Criminal) (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462
Spectrum Psychological and Neurotherapy-Advocacy-Guardianship- Supported Decision-Making (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462
The Virginia Beach Community Trust	Pembroke 3, Suite, 144 Virginia Beach, VA 23462
Timothy K. Palmer-Elder Law Solutions (Rev.07/18/23)	1530 Breezeport Way, Suite 400 Suffolk, Virginia 23435
University of Richmond School of Law (Harry L. Carrico Center for Pro Bono & Public Service & Jeanette Lipman Family Law Clinic) (Rev.09/30/23)	203 Richmond Way Richmond Way 23173
University of Virginia School of Law, Legal Aid Justice Center - Immigration Clinic (Rev.08/11/22)	1000 Preston Ave, Suite A, Charlottesville, VA 22903
Virginia Bar Veterans Initiative (Rev.09/30/23)	1111 E. Main Street Richmond, VA. 23219
Virginia Lawyer Referral Service (Rev.08/11/23)	Virginia Lawyer Referral Service
Virginia Legal Aid Society-Suffolk (Rev.10/28/20)	Virginia Legal Aid Society Suffolk 155 East Washington St. Suffolk, VA 23434
William & Mary Law School-Elder & Disability Law Clinic (Rev.1/11/19)	W&M Law School Elder & Disability Law Clinic P.O. Box 8795 Williamsburg, VA 23187-8795
LGBTQ	
Denise Keeley- LGBTQ LiFe Center Counselor	LGBTQ Life Center-Counseling Services 20 Settlers Landing Rd, Hampton, VA 23669

DQS Communications Healthcare Group	Ten West Queens Way, In Historic Downtown Hampton, Virginia, 23669 One Block From the Virginia Air
Gender Expression Movement	Gender Expression Movement Meets at The LGBT Center of Hampton Roads 247 W. 25th Street Norfolk, Virginia 23517
It Gets Better Project	It Gets Better Project
Lamplighter Movement,-Support Group Virginia Beach Chapter	Lamplighter Movement,-Support Group Virginia Beach Chapter Beach Counseling Center 615 N Birdneck Rd Suite 108 Virginia Beach, Virginia 23451
LGBTQ Life Center-Counseling Services	LGBTQ Life Center 248 W. 24th Street Norfolk, VA 23517
LGBTQ Life Center-Life Home Program	LGBTQ Life Center Life Home Program 248 W. 24th Street
Non Transitioning Spouse/Partner Support Group	Non Transitioning Spouse/Partner Support Group Meets
PFLAG-Norfolk South Hampton Roads	PFLAG-Norfolk South Hampton Roads 247 W 25th St Norfolk VA 23517
Riverpoint Psychiatric Associates	The Psychotherapy Center 327 W. 21st Street, Suit 205 Norfolk, VA 23517
The Trevor Project	The Trevor Project
MENTAL HEALTH SKILL BUILDING	
Eastern Shore Community Services Board (CSB)-Mental Health Skill-Building Services	Eastern Shore Community Services Board (CSB) 10129 Rogers Drive P O Box 453
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 7460 Central Business Park Dr. Norfolk, VA 23513
Compass Behavioral Group (Rev.06/14/24)	Compass Behavioral Group 11864 Canon Blvd., Suite 101, Newport News, VA 23606
Compass Behavioral Group - Charlottesville (Rev.06/14/24)	Compass Behavioral Group 3040 Avemore Square Place Charlottesville, VA 22911
Compass Behavioral Group - Lynchburg (Rev.06/14/24)	Compass Behavioral Group 20838 Timberlake Road, Suite B, Lynchburg, VA 24502
Compass Behavioral Group - North Richmond (Rev.06/14/24)	Compass Behavioral Group 2727 Enterprise Pkwy 2nd Floor Richmond, VA 23294

Compass Behavioral Group - South Richmond (Rev.06/14/24)	Compass Behavioral Group 13000 Rivers Bend Blvd Chester, VA 23836
Compass Behavioral Group - Midlothian (Rev.06/14/24)	Compass Behavioral Group 14407 Justice Road, Midlothian, VA 23113
Compass Behavioral Group - Fredericksburg (Rev.06/14/24)	Compass Behavioral Group 10715 Spotsylvania Avenue Fredericksburg, VA 22408
Compass Behavioral Group - Leesburg (Rev.06/14/24)	Compass Behavioral Group 305 Harrison Street, SE, #1A Leesburg, VA 20175
Compass Behavioral Group - Manassas (Rev.06/14/24)	Compass Behavioral Group 10530 Linden Lake Plaza, Ste 200 Manassas, VA 20109
Compass Behavioral Group - Culpeper (Rev.06/14/24)	Compass Behavioral Group 410 Southridge Parkway Culpeper, VA 22701
Compass Behavioral Group - Tappahannock (Rev.06/14/24)	Compass Behavioral Group 1413 Tappahannock Blvd, #5 Tappahannock, VA 22560
Compass Behavioral Group -Winchester and Woodbridge (Rev.06/14/24)	Compass Behavioral Group 47 W Jubal Early Dr, Suite 100 Winchester, VA 22601
Compass Behavioral Group - Staunton//Waynesboro (Rev.06/14/24)	Compass Behavioral Group 520 Lew Dewitt Blvd. #401, Waynesboro, VA 22980
Compass Behavioral Group - Harrisonburg (Rev.06/14/24)	Compass Behavioral Group 3360 Emmaus Road, Harrisonburg, VA 22801
Compass Behavioral Group - Roanoke (Rev.06/14/24)	Compass Behavioral Group 5296 Peters Creek Road Roanoke, VA 24019
Compass Behavioral Group - Rockbridge (Rev.06/14/24)	Compass Behavioral Group 35 Magnolia Square, Suite 11 Lexington, VA 24450
Family Preservation Services -Mental Health Skill-Building Services) (Rev.02/02/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320
Family Preservation Services -Mental Health Skill-Building Services) (Rev.02/02/21)	FPS Peninsula Office 739 Thimble Shoals Blvd.
Infinity Counseling Group (Mental Health Skill Building Services) (Rev.-11/28/23)	6325 N. Center Dr. Bldg 18 Ste 202 Norfolk, VA 23502

Maxim Healthcare- Skill-Building Services (Rev.07/26/21)	293 Independence Blvd Suite 400, Virginia Beach, VA 23462
Mental Health Skill-Building Services-Norfolk CSB (Rev.01/07/20)	7447 Central Business Park Drive Norfolk VA 23513
National Counseling Group -NCG-Skill Building Services	National Counseling Group -NCG Exmore, VA
Mental Health Skill-Building Services-Norfolk CSB (Rev.01/07/20)	7447 Central Business Park Drive Norfolk VA 23513
The Empowerment Network, LLC - Mental Health Skill Building (MHSS) Services (Rev. 3/1/18)	1929 Coliseum Dr. Suite K,
Western Tidewater(CSB)-Mental Health Skill-Building Services) (Rev.02/16/21)	7025 Harbour View Blvd Ste 119 Suffolk, VA 23435
PREGNANCY/POSTPARTUM	
Accomack-Northampton Pregnancy Center	Accomack-Northampton Pregnancy Center east Route 13, Colonial Square Belle Haven, VA 23306
Alcove Health Pregnancy Services (Rev.10/30/23)	11101 Warwick Boulevard Newport News, VA 23601
Catholic Charities of Eastern Virginia-Pregnancy Counseling	Catholic Charities of Eastern Virginia- Pregnancy Counseling CCEVA Adoption & Pregnancy Center 5361 Virginia Beach Blvd. Virginia Beach, VA 23462
Crisis Pregnancy Center of Tidewater	1100 Madison Plaza Chesapeake, VA 23320 MAILING ADDRESS: P.O. Box 119 Norfolk, VA 23501
Finney Zimmerman Psychiatric	Finney Zimmerman Psychiatric 324 Louisa Ave Suite 125 Virginia Beach, VA 23454
Genesis Counseling-Chesapeake (Rev.12/23/24)	Genesis Counseling 638 Independence Parkway, Suite #240 Chesapeake, VA 23320
Genesis Counseling-Gloucester (Rev.12/23/24)	Genesis Counseling 6169 Main St, Gloucester, VA 23061
Genesis Counseling- Hampton (Rev.12/23/24)	2202 Executive Drive, Hampton, VA 23666
Genesis Counseling-Norfolk / Virginia Beach (Rev.12/23/24)	Genesis Counseling 6330 Newtown Rd Suite 300, Norfolk, VA 23502
Genesis Counseling- Williamsburg (Rev.12/23/24)	Genesis Counseling 223 McLaws Circle, Williamsburg, VA, 23185

Genesis Counseling- Yorktown / Newport News (Rev.12/23/24)	Genesis Counseling 4034 George Washington Memorial Highway
Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD	Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD
Maternal Health Mental Hotline (U.S. Health and Human Services Department) (Rev.09/22/23)	Maternal Health Mental Hotline
Perinatal Loss Support Group-Bon Secours	Perinatal Loss Support Group-Bon Secours
Postpartum Support Virginia Warmline (Rev.10/18/24)	Postpartum Support Virginia Warmline
Postpartum Support Virginia Counseling Services (Rev.10/18/24)	Postpartum Support Virginia Counseling Services
Postpartum Support Virginia-Care Coordination (Rev.10/18/24)	Postpartum Support Virginia-Care Coordination
Postpartum Support Virginia-Shelane's Fund (Rev.10/18/24)	Postpartum Support Virginia-Shelane's Fund
Postpartum Support Virginia- Virtual and In-Person Support Groups (Rev.10/18/24)	Postpartum Support Virginia- Virtual and In-Person Support Groups
SEFP-(South-Eastern Family Project)- Mid-Peninsula-Northern Neck CSB (Rev-8/14/18)	SEFP (South-Eastern Virginia Family Project) 2351 Terminal Avenue Newport News, VA 23607
PREVENTION SERVICES	
Al's Pals Prevention Program-The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Colonial Behavioral Health-Prevention Services	York-Poquoson Office 3804 George Washington Hwy. Yorktown, VA 23692

Eastern Shore Community Services Board (CSB)-Prevention Services	Prevention Services 15150 Merry Cat Belle Haven, VA 23306
Life Skills Training (LST) Prevention Program-The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program 808 Live Oak Drive Suite 100 Chesapeake, VA 23320
Project LINK-Case Management for Children	Project LINK-Case Management for Children
Strengthening Families Prevention Program-The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
The Center for Child and Family Services, Inc.-Youth Violence Prevention Program (Rev.7/16/18)	2021 Cunningham Drive Suite 400 Hampton, VA 23666
The "Up" Center- Substance Abuse Prevention Group	222 W 19th Street, Norfolk, Virginia 23517
Western Tidewater(CSB)Prevention Services-UPLIFT Program (Rev 02/16/21)	7025 Harbour View Blvd Ste 119 Suffolk VA 23435
Peninsula Therapy Center,PLC -Juvenile Substance Use	610 Thimble Shoals Blvd Ste.
PSYCHIATRIC ACUTE	
Broughton Hospital-North Carolina	Broughton Hospital 1000 South Sterling St. Morganton, NC 28655
Carillion Roanoke Memorial Hospital	Carillion Roanoke Memorial Hospital 1906 Belleview Ave. Roanoke, VA 24014
Central Regional Hospital-North Carolina	Central Regional Hospital Central Regional Hospital 300 Veazey Road Butner, NC 27509
CHKD's Children's Pavilion (Rev.11/08/22)	401 Gresham Drive Norfolk, VA 23507
CHKD's Children's Pavilion (Rev.11/08/22)	401 Gresham Drive Norfolk, VA 23507

Cone Health Behavioral Health Hospital-North Carolina	Cone Health Behavioral Health Hospital 700 Walter Reed Drive
Cherry Hospital-North Carolina	Cherry Hospital Hospital 1401 West Ash Street Goldsboro, NC 27530
Chippenham Medical Center- Tuckers Pavilion	7101 Jahnke Road Richmond, VA 23225
Commonwealth Center for Children and Adolescents	1355 Richmond Avenue Staunton, VA 24401
Dominion Hospital	Dominion Hospital 2960 Sleepy Hollow Road Falls Church, VA 22044
Fairfax Hospital	Fairfax Hospital 3300 gallows Road Falls Church, VA 22042
Hampton/Newport News CSB-Urgent Care Center	600 Medical Center Dr , Hampton, VA, 23666
Holly Hill Hospital-North Carolina	Holly Hill Hospital 3019 Falstaff Road Raleigh, NC 27610
Lewis-Gale Psychiatric Center	Lewis-Gale Psychiatric Center 1902 Bareburn Drive Salem, VA 24153
North Spring	North Spring 42009 Victory Lane Leesburg, VA 20176
Poplar Springs	Poplar Springs 350 Poplar Drive Petersburg, VA 23805
Riverside Behavioral Health Center	Riverside Behavioral Health Center 2244 Executive Drive Hampton, VA 23666
Riverside Behavioral Health Center	Riverside Behavioral Health Center 2244 Executive Drive Hampton, VA 23666
Sentara Norfolk General-Psychiatric Hospital	Sentara Norfolk General
Sentara Virginia Beach General-Psychiatric Hospital	Sentara Virginia Beach General
Strategic Behavioral Health-North Carolina	3200 Waterfield Drive Garner, NC 27529

UNC- Child and Adolescent Inpatient Psychiatric Services-North Carolina	333 S. Columbia Street, Suite 304 MacNider Hall Chapel Hill, NC 27514
Virginia Baptist Hospital	Virginia Baptist Hospital 1900 Tate Springs Road Lynchburg, VA 24501
Virginia Beach Psychiatric Center	Virginia Beach Psychiatric Center 1100 ~~First Colonial Rd., Virginia Beach, VA~~
Virginia Treatment Center for Children (VTCC)/ MCV- Richmond	VA Treatment Center for Children/ MCV- Richmond ~~515 N. 10th Street~~
Wake Forest Psychiatry-North Carolina	Wake Forest Psychiatry 1 Medical Center Blvd Winston-
PSYCHIATRIC EATING DISORDERS	
ACUTE Center for Eating Disorders-Denver Health (Rev.03/17/22)	777 Bannock Street Denver, CO 80204
Alexian Brothers Behavioral Health Institute in Illinois -AMITA Health Center (Rev.03/17/22)	134 N. LaSalle Dr. Ste. 400 Chicago, Illinois 60602
Alsana Eating Disorders Treatment (Rev.03/18/22)	Alsana Eating Disorders Treatment
Awakenings Counseling Center (Rev.09/15/21)	1008 Old Virginia Beach Road, Suite 100 Virginia Beach, Virginia 23451
Canopy Cove-Eating Disorders Treatment (Rev.03/18/22)	Tallahassee Office 13305 Mahan Drive, Tallahassee, FL 32309 Jacksonville Office 5491 Dolphin Point Boulevard, ~~Jacksonville, FL 32211~~
Carolina House Eating Disorder Treatment Center (Rev.03/08/22)	176 Lassiter Homestead Rd, Durham, NC 27713
Carolyn Reed Hersh, MA, LPC,CEDS, NCC (Rev.02/20/23)	117 West 21st Street Suite 206 Norfolk, VA
Center For Discovery – Alexandria -Eating Disorders Treatment (Rev.02/23/22)	7809 Schelhorn Road Alexandria, VA 22306
Center For Discovery – Fairfax-Eating Disorders Treatment (Rev.02/23/22)	5343 Summit Dr. Fairfax, Virginia 22030

Center For Discovery – McLean -Eating Disorders Treatment (Rev.02/23/22)	5949 Oakdale Road McLean, VA 22101
Center for Change-Eating Disorders Treatment (Rev.03/09/22)	Orem Location 1790 N State Street Orem, UT Salt Lake Location 7050 Highland Dr., Suite 310 Cottonwood Heights, UT 84121 Boise Location 1411 W Franklin Street Boise, ID 83702
Clementine- Monte Nido Affiliate (Rev.02/23/22)	South Miami,FL
Cumberland Hospital-Eating Disorders Treatment (Rev.02/23/22)	9407 Cumberland Rd, New Kent, VA 23124
Dominion Hospital-Reflections Eating Disorders Treatment (Rev.02/23/22)	2960 Sleepy Hollow Rd, Falls Church, VA 22044
Duke- Eating Disorders	Duke- Eating Disorders Clinic 2608 Erwin Rd,Suite 300 Durham, NC 27705
ERC (Eating Recovery Center)-(Rev.03/15/22)	7351 E. Lowry Blvd, Ste 200 Denver, CO 80230
Fairhaven Treatment Center (Rev.03/18/22)	Fairhaven Residential Treatment Center 890 N. Houston Levee Road Cordova, Tennessee 38018
Fishing Point Behavioral Health (Rev.09/26/24)	2006 Old Greenbrier Road, Suite 12 Chesapeake, VA 23320
Genesis Counseling-Chesapeake (Rev.12/23/24)	Genesis Counseling 638 Independence Parkway, Suite #240 Chesapeake, VA 23320
Genesis Counseling-Gloucester (Rev.12/23/24)	Genesis Counseling 6169 Main St, Gloucester, VA 23061

Genesis Counseling- Hampton (Rev.12/23/24)	2202 Executive Drive, Hampton, VA 23666
Genesis Counseling-Norfolk / Virginia Beach (Rev.12/23/24)	Genesis Counseling 6330 Newtown Rd Suite 300, Norfolk, VA 23502
Genesis Counseling- Williamsburg (Rev.12/23/24)	Genesis Counseling 223 McLaws Circle, Williamsburg, VA, 23185
Genesis Counseling- Yorktown / Newport News (Rev.12/23/24)	Genesis Counseling 4034 George Washington Memorial Highway Yorktown, VA 23692
John's Hopkins Hospital (Eating Disorders)	John's Hopkins Hospital (eating disorders) 600 N. Wolfe Street Baltimore, MD 21287
Laureate Eating Disorders Program Tulsa (Rev.03/10/22)	Laureate Eating Disorders Program
LifeStance Health (Rev.09/25/24)	1.Arlington 1005 N Glebe Rd Suite 525 Arlington, VA 22201 ~~2.Ashburn, Ashbrook Pl~~
Magnolia Creek-Eating Disorders Program (Rev.03/18/22)	Physical Address: 645 Crenshaw Rd. Columbiana, AL 35051 Mailing Address:
Mayo Clinic Eating Disorders (Rev.03/18/22)	Mayo Clinic Eating Disorders
NEDA- National Eating Disorders Helpline (Rev.03/23/22)	NEDA- National Eating Disorders Helpline
Princeton Eating Disorders Center (Rev.03/17/22)	One Plainsboro Road Plainsboro, NJ 08536
Prosperity Eating Disorders Wellness Center (Rev.02/21/23)	6340 Center Drive Unit 100 Norfolk, Virginia 23502
Prosperity Eating Disorders Wellness Center (Rev.02/21/23)	1031 Sterling Road, Suite 203 Herndon, VA 20170
Rogers Behavioral Health (Rev.03/08/22)	Rogers Behavioral Health

Rosewood Ranch Centers For Adolescents-Eating Disorders (Rev.03/09/22)	36075 S Rincon Rd, Wickenburg, AZ 85390
Selah House Christian Eating Disorder Treatment Center (Rev.02/21/22)	1106 Meridian Street, Suite 300 Anderson, IN 46016-1761
Sheppard Pratt - Towson Campus (Rev.03/07/22)	6501 N. Charles Street Baltimore, MD 21204
Sierra Tucson-Co-Occurring Eating Disorder Treatment Center & Rehab (Rev.03/18/22)	39580 S. Lago del Oro Parkway, Tucson, AZ 85739
The Meadows Ranch (Rev.03/22/22)	55635 N. Vulture Mine Road Wickenburg, AZ 85390
The Menninger Clinic- Eating Disorders Services for Adults (Rev.03/17/22)	12301 Main Street Houston, TX 77035
The Refuge Eating Disorders Treatment (Rev.03/09/22)	14835 SE 85th St. Ocklawaha, FL 32179
The Renfrew Center for Eating Disorders (Rev.02/24/22)	7700 Renfrew Lane Coconut Creek, FL 33073
The Renfrew Center for Eating Disorders (Rev.02/24/22)	475 Spring Lane Philadelphia, PA 19128
The Renfrew Center for Eating Disorders (Rev.02/24/22)	The Renfrew Center for Eating Disorders

Timberline Knolls Residential Treatment Center(Rev.03/23/22)	40 Timberline Dr. Lemont, IL 60439
University of NC- Chapel Hill - Eating Disorders Clinic-UNC (Rev.02/23/22)	UNC- Eating Disorders Clinic Neurosciences Hospital 101 Manning Drive CB #7160 Chapel Hill, NC 27599
Veritas Collaborative-Eating Disorders Treatment Center - North Carolina (Rev.02/24/22)	Durham, Location Ages 17 and under: 4024 Stirrup Creek Drive, Durham, NC 27703 Durham, Location Ages 18 and up: 615 Douglas Street, Suite 500, Durham, NC 27705 Charlotte
Veritas Collaborative-Eating Disorders Treatment Center - Georgia (Rev.02/24/22)	41 Perimeter Center East, Suite 250, Dunwoody, GA 30346
Veritas Collaborative	Veritas Collaborative 615 Douglas St, Suite 500 Durham, North Carolina 27705
Veritas Collaborative-Eating Disorders Treatment Center - Richmond (Rev.02/24/22)	6627 West Broad Street, Suite 400, Richmond, VA
PSYCHIATRIC POST-ACUTE	
EVMS Psychiatry - Hofheimer Hall Outpatient Clinic	825 Fairfax Ave. (Hofheimer Hall – 7th floor) Norfolk, VA 23507
CHKD's Children's Pavilion (Rev.11/09/22)	Children's Pavilion 401 Gresham Drive Norfolk, VA 23507
Churchland Psychiatric Associates	Churchland Psychiatric Associates 3300 Academy Ave. Portsmouth, VA 23703
Chippenham Medical Center- Tuckers Pavilion	7101 Jahnke Road Richmond, VA 23225
Greater Hampton Roads Center for Addiction- GHR (Rev.12/31/21)	850 Tidewater Dr. Suite A Norfolk, VA 23504
Middle Peninsula-Northern Neck Community Services Board- CSB-Psychiatric Services (Rev.02/19/21)	Middle Peninsula-Northern Neck Community Services Board-CSB 530
Poplar Springs	Poplar Springs 350 Poplar Drive Petersburg, VA 23805

Psychiatric Outpatient Services- The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300
Spectrum Psychological and Neurotherapy, PC - (Rev.09/15/21)	4542 Bonney Rd suite b, Virginia Beach, VA 23462
Zimmerman Psychiatric Associates- (Rev.09/15/21)	Zimmerman Psychiatric Associates 324 Louisa Ave Suite 125 Virginia Beach VA 23454
PSYCHIATRIC RESIDENTIAL/DAY TREATMENT	
Baker House	Baker House 5677 Herbert Moore Road Virginia Beach, VA
Brynn Marr Hospital-Residential Treatment-North Carolina	192 Village Drive Jacksonville, NC 28546
Cumberland Hospital	Cumberland Hospital 9407 Cumberland Road New Kent VA 23124
Community Alternatives Inc. (Rev.10/21/22)	Community Alternatives Inc. 11835 Canon Blvd Suite 106-B Newport News VA OR
Dungarvin-Residential Services (Rev.12/13/24)	ACI-Dungarvin (North Carolina) central office 834 Timber Dr. Garner, NC 27579
Eastern Shore Community Services Board (CSB)-Residential Services	1.Home with supports locations: A.15162 Merry Cat Lane Belle Haven B 5 Hartman Avenue Onancock
5 Star Residential Inc. (Rev.05/25/23)	Office:100 Bruton Court, Suite B, Chesapeake, VA 23322 Locations: 3116 Bunch Walnuts Road, Chesapeake, VA 23322 114 Glenfield Avenue
Hampton-Newport News Community Services Board- Residential Services	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton VA
Harbor Point Behavioral Health Center (Rev.3/18/19)	301 Fort Lane Portsmouth, VA 23704
Harbor Point Behavioral Health-Project Pearl (Rev.02/26/21)	301 Fort Lane Portsmouth, VA 23704
Holiday House of Portsmouth	Holiday House of Portsmouth 4211 County Street Portsmouth Virginia 23707
Kempsville Center for Behavioral Health- Psychiatric Hospital	Kempsville Center for Behavioral Health 860 Kempsville Rd
Liberty Point Behavioral Healthcare (Rev.08/05/21)	1110 Montgomery Ave Staunton, VA 24401
Mental Health Residential Services-CSB Chesapeake	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320
Middle Peninsula-Northern Neck Community Services Board-CSB- Residential Services	Middle Peninsula-Northern Neck Community Services Board-CSB 530 General Puller Highway P.O. Box 40
New Hope Treatment Center Behavioral Health Care for Kids-South Carolina	101 Sedgewood Drive Rock Hill, SC 29732
Newport News Behavioral Health Center (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603
Newport News Behavioral Health Center-Project Valor: Residential Treatment for Sexually Abusive Males (Rev.5/30/18)	17579 Warwick Boulevard, Newport News, VA, 23603
Snowden Hospital	Snowden Hospital 1000 Snow Road, Norfolk, VA

Strategic Behavioral Health-North Carolina	3200 Waterfield Drive Garner, NC 27529
The Arc residential services	The Arc residential services Newport News, VA
The Barry Robinson Center (BRC)	Barry Robinson Center Inc. 443 Kempsville Road Norfolk, VA 23502-4797
Thompson Strengthening Children, Families & Communities- Short Term Residential (Rev.11/08/22)	6800 Saint Peter's Lane Matthews, NC 28105
Utopia C & C, LLC (Rev.02/20/23)	1212 Excalibur Court Chesapeake, Virginia 23323
Veritas Collaborative-Eating Disorders Treatment Center - Richmond (Rev.02/24/22)	6627 West Broad Street, Suite 400, Richmond, VA
Western Tidewater(CSB)- Children's Crisis Stabilization Unit – BRIDGES (Rev.02/16/21)	7025 Harbour View Blvd Ste 119 Suffolk, VA 23435
RECREATION/THERAPEUTIC ACTIVITIES	
Ability Center of Virginia former Cerebral Palsy of Virginia - Camp Ability Summer Camp for Children with Special Needs (Rev.04/28/23)	Ability Center of Virginia former Cerebral Palsy of Virginia 5825 Arrowhead Drive Ste. 201 Virginia Beach, VA 23462
Best Day Foundation (Rev.05/17/23)	Little Island Park/Sandbridge, Virginia Beach
BrickHeadZ Enrichment Center	BrickHeadZ programs 1525 Technology Drive, Chesapeake, VA 23320
Camp ADVENTUROS (Rev.05/17/23)	Camp ADVENTUROS
Camp Aristotle PEERS Fairfax Campus (Rev.05/17/23)	Chantilly, VA
Camp Bruce McCoy Triple-R Ranch (Rev.05/17/23)	Camp Bruce McCoy Triple-R Ranch
Camp Easter Seal/UCP (Rev.04/26/23)	Camp Easter Seal/UCP
Camp Explore VB TRC Virginia Beach	Camp Explore VB TRC Virginia Beach
Camp Holiday Trails/Medical Special Needs (Rev.04/28/23)	400 Holiday Trails Lane Charlottesville, VA 22903
Camp JCC Traditional Day Camp - YACHAD (Rev.04/26/23)	Camp JCC Traditional Day Camp - YACHAD

Campgonnawannagoagin-FACT	Campgonnawannagoagin -FACT 520 Viking Dr. Virginia Beach, VA 23452 Location of the Camp: 1950 Thomas Bishop Lane.
Camp Loud & Clear (Rev.05/17/23)	Appomattox, Virginia
Camp Say (Rev.05/17/23)	Camp Tel Yehudah, Upstate, NY
Camp Silver Beach – YMCA (Rev.04/26/23)	Camp Silver Beach – YMCA
Capernaum Day Camp (Rev.04/28/23)	London Bridge Baptist Church
Chesapeake TRC Summer Activities (Rev.05/11/23)	Chesapeake TRC Summer Activities
Citizens Loving All Special People (CLASP, Inc.)	Citizens Loving All Special People (CLASP, Inc.) 3900 Rumford Lane Virginia Beach, VA 23452
Civitan Acres Camp	Civitan Acres Camp
Discovery Camp Virginia Beach (Rev.04/28/22)	Discovery Camp Virginia Beach
FACT-Families of Autistic Children of Tidewater (Rev.12/18/18)	FACT-Families of Autistic Children of Tidewater 120 S. Lynnhaven Rd. Suite #200 Virginia Beach, VA 23452
Hampton TRC Summer Camp Program Hampton (Rev.05/11/23)	Hampton TRC Summer Camp Program Hampton
Inside Out Learners, Inc. (Rev.05/17/23)	Inside Out Learners, Inc. Chesapeake
James City County Days of Discovery (Rev.05/17/23)	James City County Recreation Center

Junior Ventures (Rev.05/01/23)	Junior Ventures
KelsKids Paddle Board Program for Children with Special Needs (Rev.04/26/23)	KelsKids - Paddle Board Program for Children With Special Needs Kill Devil Hills , North Carolina CAMPUS-First Landing Campground- Virginia Beach in Virginia Beach
Norfolk TRC Summer Camp Program (Rev.05/17/23)	Norfolk TRC Summer Camp Program
Middle Peninsula-Northern Neck Community Services Board- CSB- Charterhouse Recreational Activities (Rev.02/19/21)	Middle Peninsula-Northern Neck Community Services Board-CSB 530 General Puller Highway P.O. Box
Oakland Camp and School (Rev.05/17/23)	Troy, VA
Portsmouth TRC Summer Camp Program-Cradock Recreation Center (Rev.05/17/23)	Portsmouth TRC Summer Camp Program-Cradock Recreation Center
Riverside Shore Hospice – Camp Fragile Hearts-(YMCA Camp Silver Beach) (Rev,04/26/23)	Riverside Shore Hospice – Camp Fragile Hearts-(YMCA Camp Silver Beach)
SenseAbilities Pediatric Therapy, LLC	SenseAbilities Pediatric Therapy, LLC
Social Butterflies Club-Atlantic Speech Therapy	Social Butterflies Club 1157 First Colonial Road Suite 301 Virginia Beach, VA 23454

Social Butterflies Club Summer Camp (Rev.05/17/23)	Social Butterflies Club Summer Camp 1157 First Colonial Road Suite 301 Virginia Beach, VA 23454
Soar365 @ Camp Baker (Rev.04/26/23)	Soar365 @ Camp Baker
The Up Center-Camp Horizon-Summer Camp for Children with Special Needs	Camp Horizons-The Up Center Camp is held at the Virginia Wesleyan College 1584 Wesleyan Dr Norfolk, VA 23502-5599
The Up Center-Behavioral and Therapeutic Recreation Consultations	The Up Center-Behavioral and Therapeutic Recreation Consultations
Therapeutic Summer Program/Step by Step Consulting, Inc.	Therapeutic Summer Program/Step by Step Consulting, Inc.
Victory Junction Gang Camp (Rev.05/17/23)	Victory Junction Gang Camp 4500 Adam's Way Randleman, NC 27317
Virginia Beach Special Olympics	Virginia Beach Special Olympics 5033 Rouse Drive Virginia Beach VA 23462
York County Special Recreation Camp (Rev.05/17/23)	Yorktown Elementary
YMCA at JT's Camp Grom Adaptive Camp (Rev.05/17/23)	YMCA at JT's Camp Grom Adaptive Camp
RESPIRE	
Autism on the Seas Respite Services	Autism on the Seas Respite Services
Catholic Charities - In-Home Respite Care (Rev.4/23/19)	3804 Poplar Hill Road, Suite A Chesapeake, Virginia 23321
Catholic Charities - In-Home Respite Care (Rev.4/23/19)	Catholic Charities of Eastern Virginia 1000 4th Street
Community Personal Care	Community Personal Care 1761 Church Street, Norfolk, VA 23504
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Eastern Shore Community Services Board 10129 Rogers Drive,
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320

Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda,
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Colonial Community Services Board 921 Capitol Landing Road Williamsburg, VA
Community Services Board- CSB's Respite Care Programs (Rev.04/20/23)	Middle Peninsula-Northern Neck Community Services Board P.O. Box 40
Community Services Board- CSB's Respite Care Programs (Rev.04/20/23)	Middle Peninsula-Northern Neck Community Services Board P.O. Box 40
Community Services Board- CSB's Respite Care Programs (Rev.04/20/23)	Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA 23666
Community Services Board- CSB's Respite Care Programs (Rev.04/20/23)	Norfolk Community Services Board 7447 Central Business Park Dr. Norfolk, VA 23513
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Eastern Shore Community Services Board 10129 Rogers Drive, Nassawadox, VA 23413
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Colonial Community Services Board 921 Capitol Landing Road Williamsburg,
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	City of Portsmouth Dep. of Behavioral Healthcare Services(CSB) 600 Dinwiddie St,Suite 200 Portsmouth, VA
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Western Tidewater Community Services Board 5268 Godwin Blvd,
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	District 19 Community Services Board 20 West Bank St Petesburg,VA 23803
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk,
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	BI Waiver District 19 Community Services Board 20 West Bank St
Respite Care Program-Virginia Beach	Community Services Board Pembroke 6,Suite 218 Virginia Beach, VA 23462
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	BI Waiver Colonial Community Services Board 921 Capitol Landing Road
Community Services Board- CSB's Respite Care Programs (Rev.04/17/23)	BI Waiver Colonial Community Services Board 921 Capitol Landing Road
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC
Imagination Village LLC	Imagination Village LLC 2001 Village Ave, Ste C

Maxim Healthcare- Respite Services (Rev.07/26/21)	293 Independence Blvd Suite 400, Virginia Beach, VA 23462
SAFETY	
Project Lifesaver-Chesapeake	Project Lifesaver-Chesapeake Chesapeake Sheriff's Office 401 Albemarle Drive
Project Lifesaver-Gloucester	Project Lifesaver Gloucester 7502 Justice Drive Gloucester, VA 23061
Project Lifesaver-Hampton	Project Lifesaver Hampton Hampton Sheriff's Office
Project Lifesaver Isle of Wight	Project Lifesaver Isle of Wight County Isle of Wight County Sheriff's Office
Project Lifesaver James City	Project Lifesaver James City James City Police Department 5007 John Tyler Highway
Project Lifesaver Mathews /Middlesex County	Project Lifesaver Mathews County Mathews County Sheriff's Office
Project Lifesaver Newport News	Project Lifesaver Newport News Sheriff's Office
Project Lifesaver Norfolk	Project Lifesaver Norfolk Norfolk Sheriff's Office 811 East City Hall Avenue
Project Lifesaver Poquoson	Project Lifesaver Poquoson Poquoson Police Department
Project Lifesaver-Portsmouth	Project Lifesaver Portsmouth Portsmouth Sheriff's office 711
Project Lifesaver-Suffolk	Project Lifesaver Suffolk Suffolk Fire and Rescue
Project Lifesaver-Surry/Sussex County	Project Lifesaver Surry County Surry County Sheriff's Office 45 School Street
Project Lifesaver-Virginia Beach	Project Lifesaver Virginia Beach Virginia Beach Police Department
Project Lifesaver-Williamsburg	Project Lifesaver Williamsburg Williamsburg Police Department 425 Armistead Avenue
Project Lifesaver-Windsor	Project Lifesaver Windsor Windsor Police Department P.O. Box 307
Project Lifesaver-York-Poquoson County	Project Lifesaver York-Poquoson York- Poquoson County Sheriff 301 Goodwin Neck Road
SUBSTANCE ABUSE TREATMENT	
Adapt	8000 Pace Road Norfolk, Virginia 23518
Addiction Rehab Nationwide Hotline (Rev.3/15/18)	Addiction Rehab Nationwide Hotline
Affinity Healthcare Group Newport News (Rev.4/17/18)	6000 Jefferson Avenue Newport News, VA, 23605
Alcohol Chemical Treatment (Rev.9/19/18)	3172 Azalea Garden Rd Norfolk, VA 23513

Alcoholism and Drug Detox Help (Rev.3/15/18)	109-G Gainsborough Square Suite 105 Chesapeake, VA 23320
Alive RVA - Peer Recovery Warm Line (Rev.11/17/23)	107 S. Fifth Street Richmond, VA 23219
Alpha Counsellors Service, Inc.- Substance Abuse Counseling (Rev.9/13/18)	1503 Hardy Cash Drive Hampton, VA 23666
American Addiction Treatment Center (Rev.4/17/18)	12695 McManus Blvd, Building 2 Newport News, VA, 23602
A. Richards Counseling and Psychotherapy, LLC (Rev.9/17/18)	720 Rodman Ave. Portsmouth, VA 23707
Awakenings Counseling Center-Tobacco Cessation (Rev.8/22/18)	1008 Old Virginia Beach Rd. Virginia Beach, VA 23451
Behavioral Health Group Virginia Beach Treatment Center (Rev.9/17/18)	5715 Princess Anne Rd. Virginia Beach, VA 23462
Behavioral Health Group XLII, LLC	5715 Princess Anne Road Suite, Virginia Beach, VA, 23462
Better Substance Abuse Care Rehab (Rev.9/13/18)	26 Towne Centre Way #107, Hampton, VA 23666
Better Substance Abuse Care Rehab (Rev.9/13/18)	26 Towne Centre Way #107, Hampton, VA 23666
Blackwood Family Medicine Center-Tobacco Cessation (Rev.8/22/18)	1201 Lake James Dr., Suite 200 Virginia Beach, VA 23464
Bruder Alcohol-Drug Treatment (Rev.3/15/18)	808 Live Oak Dr # 121 Chesapeake, VA 23320
Chesapeake CSB- Integrated Behavioral Healthcare (CIBH) - Substance Abuse Counseling	CSB-Chesapeake 224 Great Bridge Blvd Chesapeake, VA 23320
Center for Child & Family Services-Substance Use Prevention Program (SAPP) (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Center for Child & Family Services-Services in Spanish-Latino Outreach Program- Substance Abuse Treatment (Rev.10/16/24)	739 Thimble Shoals Blvd., Suite 400, Newport News, VA 23606
Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA	Children's Services of Hampton Roads- ** Formerly: Carpe Diem of VA 3500 Tejo Lane, Suite 105 Chesapeake, VA 23026
Churchland Psychiatric Associates	Churchland Psychiatric Associates 3300 Academy Ave Portsmouth, VA 23703
Clayton Hypnosis Clinic-Tobacco Cessation (Rev.8/22/18)	2405 Keaton Ct. Virginia Beach, VA 23456

Clinical Associates of Tidewater-Tobacco Cessation (8/22/18)	12695 McManus Blvd. Building #8 Newport News, VA 23692
Colonial Behavioral Health -CSB	Colonial Behavioral Health-CSB 1657 Merrimac Trail Williamsburg, VA 23185
Comprehensive Outpatient Services	Comprehensive Outpatient Services 11830 Canon Blvd., Suite C Newport News, VA 23606
Comprehensive Psychological Services	Comprehensive Psychological Services 860 Greenbrier Circle, Suite 100 Chesapeake, VA 23320
Crossroads Treatment Center of Suffolk, PC (4/17/18)	1258 Holland Road Suffolk, VA, 23434
District 19 Community Services Board	District 19 Community Services Board 232 Coppahaunk Avenue
Dungarvin-Supported Sobriety Program (Rev.12/13/24)	ACI-Dungarvin (North Carolina) central office 834 Timber Dr. Garner, NC 27579
Eastern Shore Community Services Board (CSB)-Substance Abuse Services	Substance Abuse Services 18469 Dunne Avenue Parksley, VA 23421
Eastern Shore Community Services Board (CSB)-Substance Abuse Counseling	18469 Dunne Avenue Parksley, VA 23421
EVMS Portsmouth Family Medicine- Tobacco Cessation (Rev.8/22/18)	600 Crawford St., Suite 300 Portsmouth, VA
EVMS Psychiatry - Hofheimer Hall Outpatient Clinic	825 Fairfax Ave. (Hofheimer Hall – 7th floor) Norfolk, VA23507
Faith Inclusion Network of Hampton Roads (FIN)	Faith Inclusion Network PO Box 6123 Norfolk, VA 23508
Family Enrichment Center (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464
Family Enrichment Center-Substance Abuse Counseling (Rev.10/15/24)	5505 Indian River Rd STE 100 Virginia Beach, VA 23464
Families In New Direction, Inc. (FIND)	Families In New Direction, Inc. (FIND) P.O. Box 6423 Portsmouth, VA 23703
Family Preservation Services, INC-Eastern Shore Region (Rev.4/5/18)	Family Preservation Services, INC Eastern Shore Region PO Box 209,36076 Lankford Highway Belle Haven, VA 23306
Family Preservation Services (FPS) (Rev.01/08/21)	1214 Progressive Drive, Suite #101 Chesapeake, VA 23320 Peninsula Location:739 Thimble Shoals Blvd. Suite 706 Newport News, VA 23606

FHC of Chesapeake	FHC of Chesapeake 300 Medical Parkway # 214 Chesapeake, VA 23320
Fishing Point Behavioral Health (Rev.09/26/24)	2006 Old Greenbrier Road, Suite 12 Chesapeake, VA 23320
Fishing Point Healthcare (Rev.02/04/25)	2929 London Blvd. Portsmouth, VA 23707
Finney Zimmerman Psychiatric	Finney Zimmerman Psychiatric 324 Louisa Ave Suite 125 Virginia Beach, VA 23454
Genesis Counseling-Chesapeake (Rev.12/23/24)	Genesis Counseling 638 Independence Parkway, Suite #240 Chesapeake, VA 23320
Genesis Counseling-Gloucester (Rev.12/23/24)	Genesis Counseling 6169 Main St, Gloucester, VA 23061
Genesis Counseling- Hampton (Rev.12/23/24)	2202 Executive Drive, Hampton, VA 23666
Genesis Counseling-Norfolk / Virginia Beach (Rev.12/23/24)	Genesis Counseling 6330 Newtown Rd Suite 300, Norfolk, VA 23502
Genesis Counseling- Williamsburg (Rev.12/23/24)	Genesis Counseling 223 McLaws Circle, Williamsburg, VA, 23185
Genesis Counseling- Yorktown / Newport News (Rev.12/23/24)	Genesis Counseling 4034 George Washington Memorial Highway Yorktown, VA 23692
Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation (Rev.8/22/18)	Get Off Your Butt: Stay Smokeless for Life"-Sentara Health and Preventive Services- Tobacco Cessation
Greater Hampton Roads Center for Addiction- GHR (Rev.12/31/21)	850 Tidewater Dr. Suite A Norfolk, VA 23504
Hampton Roads Clinic (Rev.4/17/18)	2712 Washington Avenue, Newport News, VA 23607
Harbour Pointe Medical and Rehabilitation Center-Norfolk (Rev.9/17/18)	1005 Hampton Boulevard Norfolk, Virginia 23507

Harbour Pointe Medical and Rehabilitation Center -Portsmouth (Rev.9/17/18)	301 Fort Lane Portsmouth, VA 23704
Health and Preventive Services-Sentara Health Care-Tobacco Cessation (Rev.8/20/18)	4417 Corporation Lane Virginia Beach, VA 23462
Holly Hill Hospital-North Carolina	Holly Hill Hospital 3019 Falstaff Road Raleigh, NC 27610
IHCCS, Inc./Benny's Place	1711 Church Street Suite D Norfolk, Virginia 23504
Institute for Family Centered Services	Institute for Family Centered Services 312 N. Battlefield Blyd Chesapeake, VA 23320
Julian F. Keith Alcohol and Drug Abuse Treatment Center- North Carolina	201 Tabernacle Road Black Mountain, NC 28711
Latch Key Projects, LLC (Rev.3/15/18)	1157 S. Military Hwy Suite 202-B Chesapeake, VA 23320
Mary Immaculate Hospital -Bon Secours-Rehabilitation Services	2 Bernardine Drive Newport News, VA,
Maryview Medical Center-Bon- Secours Psychiatric Hospital	Maryview Medical Center 3636 High St Portsmouth, VA 23707
Mid-Atlantic Teen Challenge	Mid-Atlantic Teen Challenge 9302 Warwick Blvd. Newport News, VA 23601
Middle Peninsula-Northern Neck Community Services Board- CSB Warsaw Counseling Center	530 General Puller Highway P.O. Box 40 Saluda, VA 23149
Middle Peninsula-Northern Neck Community Services Board- CSB Gloucester Counseling Center	530 General Puller Highway P.O. Box 40 Saluda, VA 23149
National Cocaine Hotline (Rev.8/23/18)	National Cocaine Hotline
National Drug Information Treatment and Referral Hotline (Rev.8/23/18)	National Drug Information Treatment and Referral Hotline
Naval Medical Center Portsmouth Substance Abuse Rehabilitation Program (Rev.4/17/18)	1001 Holcomb Road, Building 104 Portsmouth, VA, 23708
New Hope Recovery Clinic Of Portsmouth (Rev.9/18/18)	3409 Arlington PI Portsmouth, VA 23707
New Life Substance Abuse & Behavioral Consultants, Inc.- Outpatient Substance Abuse Treatment (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-Outpatient Substance Abuse Programs
New Life Substance Abuse & Behavioral Consultants, Inc.- ESAP-Educational Substance Abuse Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-SLIP- Shoplifting Intervention Program

New Life Substance Abuse & Behavioral Consultants, Inc.- Family & Friends Program (3/13/18)	New Life Substance Abuse & Behavioral Consultants, Inc.-Family & Friends Program 808 Live Oak Drive
Newport News Behavioral Health Center-intensive Substance Abuse Treatment (Rev.02/24/21)	17579 Warwick Boulevard, Newport News, VA, 23603
Norfolk Alcohol and Drug Rehab (Rev.3/20/19)	300 Monticello Ave Norfolk, VA. 23510
Norfolk Community Services Board-CSB (Rev.01/07/20)	Norfolk Community Services Board- CSB Main Office 7447 Central Business Park Drive
Norfolk Community Services Board- CSB – Substance Abuse Services (Addiction and Recovery Treatment Program for Pregnant Women) (Rev.01/07/20)	Tidewater Drive Center 7460 Tidewater Drive Norfolk, VA 23505
Norfolk Community Services Board-CSB , Opioid Replacement Treatment Services (OTP) (Rev.01/07/20)	Tidewater Drive Center 7460 Tidewater Drive Norfolk, VA 23505
Norfolk Community Services Board-CSB-Women's Recovery Services (Rev.01/07/20)	7447 Central Business Park Drive Norfolk VA 23513
Oxford House-Hampton	Oxford House 107A N. First Street Hampton, VA 23664 Gender:
Oxford House Jamestown	Oxford House Jamestown 2588 Lake Powell Road Williamsburg, VA 23185 Gender: Males
Oxford House Norfolk	Oxford House Bayview Gardens 1622 Broadfield Road Norfolk VA 23503 Gender: Males
Oxford House Portsmouth	Oxford House Gosport 2512 Greenwood Drive Portsmouth VA 23702
Oxford House Virginia Beach	Oxford House Pembroke 3032 Birch Bark Drive Virginia Beach, VA 23452 Gender: Females ***Oxford House Tidewater 315 16th Street Virginia
Peninsula ASAP	Peninsula ASAP 604 Morris Blvd. Newport News, VA 23604
Poplar Springs	Poplar Springs 350 Poplar Drive Petersburg, VA 23805
Portsmouth Department of Behavioral Healthcare Services- CSB	Portsmouth Department of Behavioral Healthcare Services-CSB 545 High Street
Portsmouth, Department of Behavioral Healthcare Services, Substance Abuse Outpatient Treatment Services (Rev.4/17/18)	505 Washington Street, Suite 700 Portsmouth, VA, 23704
Project LINK	Project LINK 500 Medical Drive, Suite B Hampton, VA 23666
Project LINK	Project LINK
Quit Smart Program- Clinical Associates of Tidewater (Rev.8/22/18)	12695 McManus Boulevard Bldg. #8 Newport News, VA 23692
R.J. Blackley Alcohol and Drug Abuse Treatment Center-North Carolina	100 H Street Butner, NC 27509
Real Solutions of Virginia (Rev.3/20/19)	5900 East Virginia Beach Boulevard Suite 101 Norfolk, VA. 23502

Recovery For the City (Rev.9/18/18)	228 N Lynnhaven Rd #117, Virginia Beach, VA 23452
Rescue Mission of Roanoke, Inc. (Rev.03/28/22)	402 4th St SE Roanoke VA
Right Path Addiction Treatment Center (Rev.4/17/18)	Right Path Addiction Treatment Center
Riverside Behavioral Health Center-Detoxification	Riverside Behavioral Health Center-Detoxification 2244 Executive Drive Hampton, VA 23666
Salvation Army-Adult Rehabilitation Program	510 North Main Street Franklin, VA
Salvation Army-Adult Rehabilitation Program	5560 Virginia Beach Blvd, Virginia Beach, VA 23462
SARP Norfolk -Little Creek Branch SARP (Rev.3/20/19)	1457 D Street Norfolk, VA. 23508
Sentara CarePlex Hospital-Substance Abuse (Rev.4/3/18)	3000 Coliseum Drive Hampton, VA
Sentara CarePlex Hospital-Tobacco Cessation (Rev.8/22/18)	3000 Coliseum Drive Hampton, VA 23666
Sentara Intercostal Family Practice -Tobacco Cessation (Rev.8/22/18)	633 Battlefield Blvd. S., Suite 300 Chesapeake, VA 23322
Sentara Family Medicine Physicians- Tobacco Cessation (Rev.8/22/18)	301 Riverview Avenue Suite 810 Norfolk, VA 23510 Kempsville Location: 850 Kempsville
South-Eastern Family Project (SEPF) (Rev.4/17/18)	2351 Terminal Avenue Newport News, VA, 23607
Southeastern VA ASAP	Southeastern VA ASAP Suite 710 505 Washington Street Portsmouth, VA 23704
Southampton Memorial Hospital-Addiction Self Recovery	100 Fairview Drive Franklin, VA
SpiritWorks Foundation	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188 Warrington
SpiritWorks Foundation-Telephone Recovery Support	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188 Warrington
SpiritWorks Foundation-Recovery Circle Support Program	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188 Warrington

SpiritWorks Foundation-Spiritual Recovery Program	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188 Warrenton
SpiritWorks Foundation-Family Program	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188 Warrenton
SpiritWorks Foundation-Youth Program	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188 Warrenton
Steve Booker, LPC (Rev.4/5/18)	Steve Booker, LPC 16198 Warehouse Rd Melfa, VA 23410
Straight, Inc. (Rev.3/15/18)	1430 Kristina Way, Chesapeake, VA 23320
STOP Inc. Health and Wellness Initiatives- (Rev.06/03/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454
STOP Inc.-ON TIME (Opioid Needs: Training, Intervention, Motivation & Empowerment) INITIATIVE (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454
STOP Inc.-Opioid & Substance Use Disorder Community Response (Rev.06/04/24)	5700 Thurston Avenue Suite #101 Virginia Beach, Virginia 23454
Substance Abuse and Alcoholism -Boys Town National Hotline (Rev.8/22/18)	Substance Abuse and Alcoholism - Boys Town National Hotline
The Barry Robinson Center (Rev.4/17/18)	443 Kempsville Road Norfolk, VA 23502
The Center for Child and Family Services-New Start Program (Substance Abuse)	2021 Cunningham Drive, Suite 400 Hampton VA 23666
The Counseling Center, LLC -Substance Abuse Counseling (Rev.9/13/18)	2211 Executive Drive Hampton, VA 23666
The Psychotherapy Center	The Psychotherapy Center 327 W. 21st Street, Suit 205 Norfolk, VA 23517
The Up Center-Substance Use Program (Rev.09/30/24)	222 W 19th St, Norfolk, VA 23517
The Up Center-Substance Use Program-Peer Recovery Services (Rev.09/30/24)	222 W 19th St, Norfolk, VA 23517
The Up Center-Substance Use Program-New Visions Program (Rev.09/30/24)	222 W 19th St, Norfolk, VA 23517
Tidewater Family Medical Care PC-Tobacco Cessation (Rev.8/22/18)	516 Innovation Dr., Suite 103 Chesapeake, VA 23320

Unity Medical Group Opiate and Suboxone Addiction Treatment Center-Opiate Treatment (Rev.9/17/18)	821 W 21st St #206 Norfolk, VA 23517
Victory Home (Rev.3/15/18)	2400 Gilmerton Rd Chesapeake, VA 23323
Victory in Jesus (Carmel Community Development Corp.)	Victory in Jesus (Carmel Community Development Corp.) 3310 Deep Creek Boulevard
Virginia Beach CSB-Substance Abuse Services	CSB Virginia Beach 297 Independence Blvd Pembroke Six bldg. Suite 208 Virginia Beach VA 23462
Virginia Beach CSB-Mental Health and Substance Abuse - Child and Youth Services	Mental Health and Substance Abuse - Health and Youth Services Pembroke Three Suite 245
Virginia Beach Psychiatric Center	Virginia Beach Psychiatric Center 1100 First Colonial Rd Virginia Beach, VA 23454
Walter B. Jones Alcohol and Drug Abuse Treatment Center-North Carolina	2577 West 5th Street Greenville, NC 27834
Western Tidewater(CSB)- Children's Mental Health Counseling (Rev.02/16/21)	7025 Harbour View Blvd Ste 119 Suffolk, VA 23435
Western Tidewater Free Clinic	Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434
Western Tidewater(CSB)- Functional Family Therapy (FFT) Treatment (Rev.02/17/21)	7025 Harbour View Blvd Ste 119 Suffolk VA 23435
Western Tidewater(CSB)-YSAT Program (Rev.02/16/21)	7025 Harbour View Blvd Ste 119 Suffolk, VA 23435
Women in Crisis	Women in Crisis 736 Lord Nelson Drive Virginia Beach, VA 23464
Women's Treatment Center (Rev.9/17/18)	721 Fairfax Ave Norfolk, VA
Youth Against Drugs And Diseases Inc.	513 Baylor Court B
Youth Challenge of Hampton Roads (Rev.9/13/18)	332 34th Street Newport News, VA 23607
SUPPORT GROUPS	
Alcoholics Anonymous Support Group-Came To Believe	1153 Harmony Road
Alcoholics Anonymous Support Group-Overcomers	1268 West 38th Street
Alcoholics Anonymous Support Group-Ocean View	9450 Granby Street
Alcoholics Anonymous Support Group-Brambleton	1400 East Brambleton Avenue
Alcoholics Anonymous Support Group-213 Big Book Group	531 Raleigh Avenue
Alcoholics Anonymous Support Group-Little Door	9609 9th Bay St
Alcoholics Anonymous Support Group-Ball In The Wall	201 Saint Paul's Boulevard
Alcoholics Anonymous Support Group-Seaside Sobriety	1530 Gilbert Street
Alcoholics Anonymous Support Group-Downtown Young &	124 West Freemason Street
Alcoholics Anonymous Support Group-ABC Group	3314 East Little Creek Road
Alcoholics Anonymous Support Group-Round Table	1051 Kempsville Road
Alcoholics Anonymous Support Group-United We Stand	1051 East Bayview Boulevard
Alcoholics Anonymous Support Group-Huntersville Beginners	830 Goff Street
Alcoholics Anonymous Support Group-West Ghent	1009 West Princess Anne Road
Alcoholics Anonymous Support Group-AA It Works	712 East 27th Street
Alcoholics Anonymous Support Group-Roosevelt Gardens	2709 Greendale Avenue
Alcoholics Anonymous Support Group-High Tide Group	7400 Hampton Boulevard
Alcoholics Anonymous Support Group-The Cornerstone Group	800 Colonial Ave
Alcoholics Anonymous Support Group-The Cornerstone Group	1000 Botetourt Gardens
Alcoholics Anonymous Support Group-Saturday Night Live	1301 Colley Avenue
Alcoholics Anonymous Support Group-Simple Actions Group	820 Colonial Avenue
Alcoholics Anonymous Support Group-Un Dia A-La-Vez	1216 East Little Creek Road

Alcoholics Anonymous Support Group-Willoughby	9629 Norfolk Avenue
Alcoholics Anonymous Support Group-Larchmont 12 Step	1105 Jamestown Crescent
Alcoholics Anonymous Support Group-Oasis	7800 Halprin Drive
Alcoholics Anonymous Support Group-Friday Nooners	560 W Olney Rd
Alcoholics Anonymous Support Group-Unity Group	1601 East Bayview Boulevard
Alcoholics Anonymous Support Group-Park Place Discussion	606 West 29th Street
Alcoholics Anonymous Support Group-Indian River	224 South Military Highway
Alcoholics Anonymous Support Group-49th St Living Sober	1338 West 49th Street
Alcoholics Anonymous Support Group-Norview 12 & 12	1112 Norview Avenue
Alcoholics Anonymous Support Group-Rebos Koffee Klatch	550 East Little Creek Road
Alcoholics Anonymous Support Group-LGBT Center Meeting	247 West 25th Street
Alcoholics Anonymous Support Group-Way Of Life	154 West Government Avenue
Alcoholics Anonymous Support Group-Freedom 12 & 12	8065 Carlton Street
Alcoholics Anonymous Support Group-Bayview (Rev.3/19/19)	6919 Granby Street
Alcoholics Anonymous Support Group-AA 101 (Rev.3/19/19)	600 Gresham Dr
Alcoholics Anonymous Support Group-Sobriety Is Free	3300 East Princess Anne Road
Alcoholic Anonymous Support Groups	Alcoholic Anonymous Groups 4968
The Al-Anon (for adults) -Support Group	Hampton Boulevard AFG Second
The Al-Anon (for adults)-Support Group	Downtowners AFG
The Al-Anon (for adults)-Support Group	Twelve At Eleven
The Al-Anon (for adults) -Support Group	The Forum AFG Wesley
The Al-Anon (for adults)-Support Group	Wednesday Night Beginner's AFG
The Al-Anon (for adults) -Support Group	Adult Children in Recovery AFG
The Al-Anon (for adults) -Support Group	Courageous Kids Alateen Oceanview
The Al-Anon (for adults) -Support Group	Roosevelt Chat AFG St.
The Al-Anon (for adults) -Support Group	Metropolitan AFG
The Al-Anon (for adults)-Support Group	Courage to Change AFG DePaul
The Al-Anon (for adults)-Support Group	New Hope AFG
The Al-Anon (for adults) -Support Group-Chesapeake	Just For Today AFG
Al-Anon and Alateen Family Group Tidewater and Peninsula	Al-Anon Service Center
The Al-Anon (for adults) -Support Group	Steps To Serenity AFG
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Mid-Peninsula AFG Apostles
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Ware's There's Hope AFG Ware
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Monday Morning Women St.
The Al-Anon (for adults)-Support Group (Rev.8/24/18)	Harborpointe Community Church
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Friday Morning Women St. John's
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Monday Morning Women St.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Friday Morning Women St. John's
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Friday Night AFG First
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Up the Creek AFG Christ
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Relationships with Serenity Warwick
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Baby Steps Al-Anon Warwick
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Courage to Change AFG
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Fresh Start AFG St.
The Al-Anon (for adults) -Support Group (Rev.8/24/18)	Serenity AFG Chestnut
The Alateen (for teens)-Support Group	Courageous Kids Alateen
Al-Anon / Alateen Info Serv of Tidewater-Support Group	Al-Anon y Alateen Support Group
The Al-Anon (for adults) -Support Group	The Ghent Gathering AFG
The Al-Anon (for adults) -Support Group	Sunday Step Study AFG Al-Anon
The Al-Anon (for adults) -Support Group	Freedom Women AFG Bayside
The Al-Anon (for adults) -Support Group	Basic Recovery AFG Emmanuel
The Al-Anon (for adults) -Support Group	Small Shores, Step Study AFG All
The Al-Anon (for adults) -Support Group	Beach Parents Al-Anon Meeting Spring
The Al-Anon (for adults) -Support Group	Sandbridge AFG Sandbridge
The Al-Anon (for adults) -Support Group	Wednesday Noon AFG Foundry
The Al-Anon (for adults) -Support Group	First Things First AFG Sentara Princess
The Al-Anon (for adults) -Support Group	Thursday Noon AFG Thalia
The Al-Anon (for adults) -Support Group	Corporate Landing AFG Al-Anon
The Al-Anon (for adults) -Support Group	Changing Attitudes AFG St.
The Al-Anon (for adults) -Support Group	Friday Night Meeting AFG Old
The Al-Anon (for adults) -Support Group	Beach AFG Galilee
The Al-Anon (for adults) -Support Group	GFA Amistad, Spanish Speaking

Alateen/Alanon-Newport News	Alateen/Alanon-Newport News
Alateen (for teens)-Support Group	Gratitude Gang Alateen
The Alateen (for teens) -Support Group	"A-OK" Alateen 1600
ADD (Attention Deficit Disorder) -Parent's Support	CHADD of Tidewater Barry
Alliance for The Mentally ILL-Family Support Group	Alliance for The Mentally ILL-Family
Amazing Me, VA Beach	Amazing Me, VA Beach
Asperger/High Functioning Autism Support Group	Asperger/High Functioning Autism
Autism Society of Tidewater-Autism 101 Online Support Group	Autism 101 Online Group Meeting
Autism Society of Tidewater-Newport News Support Group for	Autism Society of Tidewater
Autism Society of tidewater-VirtualHealthandFitness	VirtualHealthandFitness (Autism
Autism Society of Tidewater-Parent Webchat	Parent Webchat-Autism Society of
Awesome Adults with Autism-Online Gathering (Autism	Awesome Adults with Autism-Online
Bereavement -AGIS (American Guild for Infant Survival)-Support Group (SIDS)	AGIS (American Guild for Infant Survival)-Support Group (SIDS)
Bereavement -AGIS (American Guild for Infant Survival)-Support Group (SIDS)	AGIS (American Guild for Infant Survival)-Support Group (SIDS)
Bereavement AGIS (American Guild for Infant Survival)-Support Group (SIDS)	AGIS (American Guild for Infant Survival)-Support Group (SIDS)
Bereavement AFGIS (Armed Forces Guild for Infant Survival) Support Group	AFGIS (Armed Forces Guild for Infant Survival) Support Group
Bereavement Support Group (Adult)	Bereavement Support Group 5345 Marian Lane Virginia Beach, VA Marion Manor
Bereavement Support Group for Parents-Bon Secours (Rev.03/24/23)	Bereavement Support Group for Parents-Bon Secours
Bereavement Support Group-A program of Bon Secours Home Care DePaul Medical Center	A program of Bon Secours Home Care DePaul Medical Center 150 Kingsley Lane Norfolk
Bereavement-The Parents Support Group- for Bereaved Parents	The Parents' Group- Support for Bereaved Parents
Bereavement -Compassionate Friends-Bereavement Support Group	Compassionate Friends-Bereavement Support Group
Bereavement Parent Support Group-CHKD (Rev.02/24/23)	Bereavement Parent Support Group- CHKD
Bereavement and Grief Support Group for Parents-CHKD-Oncology-Beams Of Hope (Rev.02/24/23)	Bereavement Support Group for Parents-CHKD-Oncology-Beams Of Hope
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/23)	Bereavement Support Group for Parents-Compassionate Friends
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/23)	Bereavement Support Group for Parents-Compassionate Friends
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/23)	Bereavement Support Group for Parents-Compassionate Friends
Bereavement Support Group for Parents-Compassionate Friends (Rev.02/24/23)	Bereavement Support Group for Parents-Compassionate Friends
Bereavement-Support Group for Death/Grief-(AARP)-Chesapeake (Rev.06/30/23)	Bereavement-Support Group for Death/Grief-(AARP)-Chesapeake

Bereavement-Support Group for Death/Grief-(AARP)- Norfolk/Virginia Beach (Rev.06/30/23)	A program of American Association of Retired Persons (AARP) 312 Kempsville Road First Baptist Church Norfolk, VA 23502
Bereavement-Support Group for Death/Grief of an Infant- Empty Arms (Rev.06/30/23)	Bereavement-Support Group for Death/Grief of an Infant-Empty Arms Sentara Women's Health Source 713 Volvo Pkwy, Chesapeake VA 23320
Bereavement-SHARE-Support Group for Death of Newborn	SHARE-Support Group for Death of Newborn
Bereavement Support Group for parents-EDMARC	Bereavement Support Group for
Bereavement-Forget ME NOT- Support Group	Forget ME NOT-Bereavement Support Group
Bereavement -KIDZ-N-GRIEF Support Group for Children	KIDZ-N-GRIEF Support Group
Bereavement -KIDZ-N-GRIEF Support Group-Volcano Room	KIDZ-N-GRIEF Support Group
Bereavement-Support for My Heart-NICU Parents	Support for My Heart-NICU Parents
Bereaved Mothers' Support Group - Portsmouth -	Bereaved Mothers' Support Group A program of Edmarc Hospice for
Bereavement-Motherless Daughter's Support Group	Motherless Daughter's Support Group 5500 Commonwealth Blvd Suite 200
Bereavement Support Group for Parents-Riverside (Rev.02/24/23)	Bereavement Support Group for Parents-Riverside
Bereavement Support Group for Parents-Riverside (Rev.02/24/23)	Bereavement Support Group for Parents-Riverside
Bereavement Support Group General Grief-St.Jerome's Catholic Church (Rev.02/24/23)	Bereavement Support Group General Grief-St.Jerome's Catholic Church
Bereavement Support Group-Woodlawn Funeral Home	Bereavement Support Group Woodlawn
Bereavement-The Star Legacy Foundation (Rev.09/15/20)	The Star Legacy Foundation
Bill Austin and Brenda Mallery's grief recovery support groups (Rev.09/15/20)	3201 Edinburg Drive. Virginia Beach VA
Brain Injury Survivor Support Group-Good Memory Habits	Brain Injury Survivor Support Group -
CHADD of Tidewater	CHADD of Tidewater P.O Box 62686
Chaverim-Jewish Family Services of Tidewater-Developmental Disabilities Support Group	Chaverim-Jewish Family Services of Tidewater 260 Graydon Road Virginia Beach VA 23462
Comfort Zone Grief Camp	Comfort Zone Grief Camp
Comfort Zone Camp -Bereavement-Williamsburg (Rev.06/06/23)	Williamsburg
Depression and Bipolar Support Alliance-Support Group	Depression and Bipolar Support
DivorceCare Support Group (Rev.6/6/18)	Christ the King Catholic Church
DivorceCare Support Group-Kempsville Christian Church	Kempsville Christian Church
DivorceCare Support Group-New Life Providence Church	New Life Providence Church -
DivorceCare Support Group-Church of the Ascension	Church of the Ascension
Down Syndrome Association of Virginia Peninsula (Rev.11/20/18)	Down Syndrome Association of Virginia Peninsula
Eating Disorder Support Group (ANAD) (Rev,02/20/23)	Eating Disorder Support Group (ANAD)
Eastern Shore Community Services Board (CSB)- Medication Assisted Recovery (MARS) Supports- Support Group	18469 Dunne Avenue Parksley, VA 23421
Eastern Shore of Virginia Intergroup-AA -District 27- Support Family Enrichment Center (Rev.4/17/18)	District 27 5505 Indian River Road Suite 100 Virginia Beach VA
FriendABLE Social Club	FriendABLE Social Club Larkspur Middle School 4696 Princess Anne Rd
Full Circle Grief Center (Rev.02/23/24)	Full Circle Grief Center
Gamblers Anonymous Support Group-Falmouth Monday	Fredericksburg (Falmouth) G.A.

Gamblers Anonymous Support Group-Valley Health Wellness	Valley Health Wellness & Fitness Center
Gamblers Anonymous Support Group- St. Christopher's	St. Christopher's Episcopal Church
Gamblers Anonymous Support Group- Trinity Episcopal	Trinity Episcopal Church
Gamblers Anonymous Support Group- Virginia Beach-Virtual Group (Rev.04/12/22)	Gamblers Anonymous Support Group- Virginia Beach-Virtual Group
GRIEFNET	GRIEFNET
Grief Support Group -Addy's Colors-Hope Rising-Child Loss Grief Support Group (Rev.12/02/24)	Physical Address: 82 Campbell Drive Topping, Virginia 23169 and Mailing Address: PO Box 104 Topping, Virginia 23169
Grief Support Group-Riverside (Rev.02/24/23)	Grief Support Group-Riverside
GrieveOutLoud	GrieveOutLoud
Hidden Disabilities Lighthouse Promote Family Development In The Rooms Recovering Virtual Support Group	Hidden Disabilities Lighthouse Promote n The Rooms Recovering Virtual
Jewish Family Services of Tidewater-Support Group	Jewish Family Services of Tidewater
Lamplighter Movement,-Support Group Virginia Beach Chapter	Lamplighter Movement,-Support Group Virginia Beach Chapter Beach Counseling Center 215 N. Shoreline Blvd., Suite 100
Learning disabilities Association of Tidewater -Support Group	Learning disabilities Association of Tidewater -Support Group
Mesa Family Workshops -Support Group	Mesa Family Workshops Support Group-Mental Health Substance Abuse
Mike's Camp (Rev.02/24/23)	Newport News
Miss Foundation (Rev.02/24/23)	Miss Foundation
NAMI Norfolk	NAMI Norfolk 9720 8th View Street
NAMI Connection Recovery Support Group-Norfolk	NAMI Connection Proflow Library
NAMI Coastal Virginia- NAMI Connection Recovery Support	NAMI Coastal Virginia
NAMI Connection Recovery Support Group-Hampton/Newport News	NAMI Connection Hampton/Newport News Hampton VA Hospital 100 Emancipation Drive Hampton 23667
NAMI Connection Recovery Support Group-Williamsburg	NAMI Connection St.
NAMI Connection Virtual Recovery Support Group (11/18/21)	NAMI Connection Virtual Recovery Support Group-Hampton/Roads
NAMI Connection Virtual Recovery Support Group (11/18/21)	NAMI Connection Virtual Recovery Support Group-Hampton/Roads
NAMI Connection Virtual Recovery Support Group (11/18/21)	NAMI Connection Virtual Recovery Support Group-Hampton/Roads
NAMI Connection Virtual Recovery Support Group (11/18/21)	NAMI Connection Virtual Recovery Support Group-Hampton/Roads
NAMI Connection Virtual Recovery Support Group (11/18/21)	NAMI Connection Virtual Recovery Support Group-Hampton/Roads
NAMI Connection Virtual Recovery Support Group (11/18/21)	NAMI Connection Virtual Recovery Support Group-Hampton/Roads
NAMI-Family to Family Support Group	NAMI-Family to Family Support Group 225 W. Olney Rd Norfolk VA Board Room #1
NAMI Coastal Virginia- Family Support Group (Rev.03/12/21)	NAMI Coastal Virginia 291 Independence Blvd, Suite 542, Virginia Beach, VA 23462
NAMI Family Support Group (Rev.03/12/21)	NAMI Hampton/Newport News Hampton VA Hospital 100 Emancipation Drive

NAMI Family Support Group (Rev.03/12/21)	NAMI Family Support Group St Steven's Lutheran Church 612 Jamestown Rd
NAMI Family Virtual Support Group (Rev.11/18/21)	NAMI Family Virtual Support Group
NAMI Family Virtual Support Group (Rev.11/18/21)	NAMI Family Virtual Support Group
NAMI Family Virtual Support Group (Rev.11/18/21)	NAMI Family Virtual Support Group
NAMI Family Virtual Support Group (Rev.11/18/21)	NAMI Family Virtual Support Group
NAMI Family Virtual Support Group (Rev.11/18/21)	NAMI Family Virtual Support Group
NAMI Spouse/Partner Support Group (Rev.04/25/23)	NAMI Spouse/Partner Support Group
NAMI Youth & Young Adult Meet Ups	NAMI Youth & Young Adult Meet Ups
NAMI Youth & Young Adult Meet Ups	NAMI Youth & Young Adult Meet Ups
NAMI Youth & Young Adult Meet Ups-Ages 18-29)	NAMI Youth & Young Adult Meet
NAMI Youth & Young Adult Meet Ups-Ages 18-29)	NAMI Youth & Young Adult Meet
Nar-Anon Support Group (Rev.01/27/2021)	Nar-Anon Support Group
Narcotics Anonymous Tidewater Area-Recovery Support	P.O. Box 1877
Narcotics Anonymous - Support Group	Narcotics Anonymous - Support Group
Narcotics Anonymous Support Group	Narcotics Anonymous 925
Narcotics Anonymous Support Group-Coleman Place	1513 Sewells Point Road
Narcotics Anonymous Support Group-First Baptist Church	418 East Bute Street
Narcotics Anonymous Support Group-First Lutheran Church	1301 Colley Avenue
Narcotics Anonymous Support Group-Little Creek	7665 Sewells Point Road
Narcotics Anonymous Support Group-New Life Metropolitan	4035 East Ocean View Avenue
Narcotics Anonymous Support Group-Oakdale Presbyterian	500 Little Creek Road
Narcotics Anonymous Support Group-Sacred Heart Church	520 Graydon Avenue
Narcotics Anonymous Support Group-Second Calvary Baptist	2940 Corpview Avenue
Narcotics Anonymous Support Group-Tidewater Wesley	1338 W 49th Street
Narcotics Anonymous Support Group-East Ocean View Baptist	9609 9th Bay Street
Narcotics Anonymous Support Group-First Calvary Baptist	813 Henry Street
Narcotics Anonymous Support Group-Ingleside Baptist	925 Ingleside Road
Narcotics Anonymous Support Group-Miles Memorial	9450 Granby Street
Narcotics Anonymous Support Group- Norview United	1112 Norview Avenue
Narcotics Anonymous Support Group-Oceanview Reformed	1241 Hillside Avenue
Narcotics Anonymous Support Group- Saint Columbia	2114 Lafayette Boulevard
Narcotics Anonymous Support Group- TACT (Rev.3/19/19)	9229 Granby Street Norfolk, VA. 23503
Narcotics Anonymous-Beach Area Service Committee	Beach Area Service Committee-
Nicotine Anonymous-Support Group	Great Bridge United Methodist Church
Ocean Psychiatric Group,P.C.-Children Anger Management	770 Lynnhaven Parkway Suite
Parents without Partners Support Group	Parents without Partners Support Group
Peace By Piece Support Group A program of Edmarc Hospice for Children	Peace By Piece Support Group A program of Edmarc Hospice for Children, Inc. 3728 Profit Way Norfolk, VA 23517
Peninsula Therapy Center,PLC -Juvenile Substance Use	3500 Virginia Beach Blvd, Virginia
Perinatal Loss Support Group-Bon Secours (Rev.02/24/23)	Perinatal Loss Support Group-Bon Secours

Perinatal Loss Grief Support -Bon Secours (Rev.03/24/23)	Perinatal Loss Support Group-Bon Secours
Pregnancy and Infant Loss Support Group-Chesapeake Regional	Pregnancy and Infant Loss Support Group-Chesapeake Regional
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support Group (Rev.06/30/23)	Rainbows for All Children
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support Group-Bishop Walsh School (Rev.06/30/23)	Rainbows for All Children
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support Group-Bishop Walsh School (Rev.06/30/23)	Bishop Walsh School Rainbows for All Children 700 Bishop Walsh Rd Cumberland, MD 21502
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support Group-Georgetown Elementary School (Rev.06/30/23)	301A West Market Street Georgetown, DE 19947
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support Group-Holy Infant Catholic Church (Rev.02/28/23)	5000 Southpark Dr. Durham, NC 27713
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support Group-Rainbows for All Children (Rev.02/28/23)	Princesses on a Mission with Rainbows for All Children 104 East Watson Street Windsor, NC
Rainbows for All Children -Grieving a Death,Separation/Divorce,Incarceration,Deportation Military Deployment,Community Crisis, and Significant Illness Support Group-Rainbows @ Ohio University (Rev.02/28/23)	Rainbows @ Ohio University 101 University Drive Chillcothe, OH 45601
Rachel's Gift	Rachel's Gift
Recovery Meeting-SpiritWorks Foundation	SpiritWorks Foundation
SHARE-Support Group for Death of Newborn	SHARE-Support Group for Death of
Single Mom's Soar Support Group	Tidewater Community College 1700
Single Parents of Greater Hampton Roads	Single Parents of Greater Hampton
Special Needs Family Support Network	A program of Jewish Family Service of
SpiritWorks Foundation-Hope For You SIA Meeting	SpiritWorks Foundation
SpiritWorks Foundation-Women's AA	SpiritWorks Foundation
Spirit Works Foundation-Live & Let Live Group (AA)	Warrenton Location
SpiritWorks Foundation-Saturday Night Live (AA)	Warrenton Location
SpiritWorks Foundation-CODA Meeting	SpiritWorks Foundation 5800 Mooretown Road
SpiritWorks Foundation-Dual Recovery Anonymous Meeting	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188
SpiritWorks Foundation-Recovery Outside the Walls	SpiritWorks Foundation 5800 Mooretown Road Williamsburg, VA 23188
Support Group for Caregivers of Alzheimer's Disease & Related Disorders	213 McLaws Circle Suite 2B Williamsburg, VA 23185
Support Group Down Syndrome Association Peninsula	Down Syndrome Association of the Virginia Peninsula P.O. Box
Support Group for Parents of Children with Developmental Disabilities-Jewish Family	A program of Jewish Family Service of Tidewater, Inc. 260 Grayson Road Virginia Beach, VA 23462

The Gam-Anon Support Group (Rev.04/12/22)	The Gam-Anon Support Group
The One Child Center for Autism-Preteen Girls Support Group	The One Child Center for Autism 3925 Midlands Rd, Williamsburg VA
The P.L.A.C.E for Moms -GEAR Recovery Support Group (Rev.02/20/23)	The P.L.A.C.E for Moms -GEAR Recovery Support Group
The Parent's Group-Grieving a Child Death (Rev.06/30/23)	Bayside Presbyterian Church 1400 Ewell Rd, Virginia Beach, VA 23455
The Tidewater Brain Injury Support Groups	The Tidewater Brain Injury Support Groups The Beacon Clubhouse 3808C Virginia Beach Blvd Virginia Beach, VA
Virtual Family Support Groups-Gear Recovery, Inc's	Virtual Family Support Groups-Gear Recovery, Inc's
W.E.L.L.- (Women Emerging, Living Life) (Rev.6/20/18)	Norfolk Workforce Development Center 201 E. Little Creek Road, Room 303 Norfolk, VA 23505
Women's Discovery Support Group SpiritWorks Foundation	Warrenton Location 30 John Marshall St Warrenton, VA 20186
Young Widows or Widowers Person Service (Y.W.OW)-Support Group (Rev.07/13/23)	Young Widows or Widowers Person Service (Y.W.OW)-Support Group P.O. Box 2564 Midlothian, VA 23113
Young Widows or Widowers (Y.W.OW)-Support Group (Rev.4/5/18)	Young Widows Widowers (Y.W.OW)-Support Group P.O Box 6525 Virginia Beach, VA 23456
TESTING EDUCATIONAL AND PSYCHOLOGICAL	
Alpha Counsellors Service	Alpha Counsellors Service 1503 Hardycash Drive Warrenton, VA 20186
Assessment & Therapy Associates	Assessment & Therapy Associates 2006 Old
Associates At Lynnhaven Counseling, LLC - Psychological and Psychoeducational Evaluations (Rev.09/15/21)	120 S. Lynnhaven Rd., Suite 105, Virginia Beach, VA 23452
Awakenings Counseling Center (Rev.8/22/18)	1008 Old Virginia Beach Rd. Virginia Beach, VA 23454

CENTRA	5163 Cleveland St. Beach, VA 23462	Virginia
CHKD's Children's Pavilion (Rev.11/09/22)	Children's Pavilion 401 Gresham Drive Norfolk, VA 23507	
CHKD Neurodevelopmental Pediatrics Physicians	CHKD Neurodevelopmental 2021 Concert Dr Ste 203 Virginia Beach, VA 23456	
Coastal Counseling	Coastal Counseling Ph:757- 436-0605	
Commonwealth Autism	Commonwealth Autism 4108 E Parham Rd Richmond, VA 23228	
Community Psychological Resources (Rev.09/26/24)	919 W 21st St B, Norfolk, VA 23517	
Dr. Jeffrey Goodman	355 Crawford Parkway Suite 804 Portsmouth VA 23704	
Dr.Kathrin Hartmann	309 Lynnhaven Parkway, Suite 100, Virginia Beach, VA 23452	
Dr.Kristyn Troyer	4425 Portsmouth Blvd Ste.120 Chesapeake, VA 23321	
EVMS Psychiatry - Hofheimer Hall Outpatient Clinic	825 Fairfax Ave. (Hofheimer Hall – 7th floor)	
Finney Zimmerman Psychiatric	Finney Zimmerman Psychiatric 324 Louisa Ave Suite 125 Virginia Beach, VA 23454	
Fishing Point Behavioral Health (Rev.09/26/24)	2006 Old Greenbrier Road, Suite 12 Chesapeake, VA 23320	
Fishing Point Healthcare (Rev.02/04/25)	2929 London Blvd. Portsmouth, VA 23707	
Genesis Counseling-Chesapeake (Rev.12/23/24)	Genesis Counseling 638 Independence Parkway, Suite #240 Chesapeake, VA 23320	
Genesis Counseling-Gloucester (Rev.12/23/24)	Genesis Counseling 6169 Main St, Gloucester, VA 23061	

Genesis Counseling- Hampton (Rev.12/23/24)	2202 Executive Drive, Hampton, VA 23666
Genesis Counseling-Norfolk / Virginia Beach (Rev.12/23/24)	Genesis Counseling 6330 Newtown Rd Suite 300, Norfolk, VA 23502
Genesis Counseling- Williamsburg (Rev.12/23/24)	Genesis Counseling 223 McLaws Circle, Williamsburg, VA, 23185
Genesis Counseling- Yorktown / Newport News (Rev.12/23/24)	Genesis Counseling 4034 George Washington Memorial Highway Yorktown, VA 23692
Hampton Roads Behavioral Health (Rev.02/20/23)	Hampton Roads Behavioral Health 1500 E. Little Creek Rd #205
Hampton Roads Neuropsychology, Inc.	Hampton Roads Neuropsychology, Inc. 712 Mobjack Place, Suite B
Hampton Roads Neuropsychology, Inc.	Hampton Roads Neuropsychology, Inc. 101 N.Lynnhaven Road Suite 103 Virginia
Matoaka Grove Counseling LLC former Independence Psychotherapy Services, LLC (Rev.04/25/23)	215 McLaws Circle, Suite 1 Williamsburg, VA 23185
Independence Psychotherapy Services, LLC-Educational Advocate (Rev.09/22/20)	215 McLaws Circle, Suite 1 Williamsburg, VA 23185
John David Ball, PhD	John David Ball, PhD 825 Fairfax Ave # 564 Norfolk VA 23507
LifeStance Health (Rev.09/25/24)	1.Arlington 1005 N Glebe Rd Suite 525 Arlington, VA 22201 2.Ashburn- Ashbrook PI 20098 Ashbrook PI Suite 255 Ashburn, VA 20147 3.Chesapeake Belaire Ave 555 Belaire Ave, Suite 350 Chesapeake, VA 23320 4. Chesapeake, Greenbrier 816 Greenbrier Circle, Suite 100 Chesapeake, VA 23320 5.Gainesville 7051 Heathcote Village Way,
Lisa Zocco, PsyD	Lisa Zocco, PsyD 6160 Kempsville Crossing, Suite 327-A Norfolk, VA 23502

McNeill Therapy & Testing Services (Rev.09/26/24)	6330 Newtown Rd #525 Norfolk, VA 23502
Norfolk Psychiatric Associates	Riverpoint Psychiatric Associates 110 Kingsley Lane Norfolk, VA 23505
Peninsula Assessment Center	Peninsula Assessment Center 708 Mobjack Place Newport News, VA
Psychological Assessment & Evaluation Services- The Hampton-Newport News Community Services Board	The Hampton-Newport News Community Services Board 300 Medical Drive Hampton, VA
Psychological Services Center Regent University (Rev.11/19/19)	1000 Regent University Drive, CRB 188 Virginia Beach, VA 23464
Riverpoint Psychiatric Associates	The Psychotherapy Center 327 W. 21st Street, Suit 205 Norfolk, VA 23517
Spectrum Psychological and Neurotherapy,- (Rev.09/15/21)	4542 Bonney Rd, Suite B, Virginia Beach, VA 23462
TeleMentalHealthCare	TeleMentalHealthCare Norfolk VA
Youth & Family Services Of Virginia, INC.	300 Arboretum Pl Ste 502 North Chesterfield VA 23236
THERAPEUTIC FOSTER CARE	
Braley & Thompson Foster Care – Charlottesville, Virginia (Rev.11/17/21)	183 Spotnap Rd Suite D Charlottesville, Virginia 22911
Dungarvin-Foster Care Services (Rev.12/13/24)	ACI-Dungarvin (North Carolina) central office 834 Timber Dr. Garner, NC 27579
Families First of Virginia (Rev.12/31/21)	4701 Columbus Street, Suite 305 Virginia Beach, VA 23462

First Home Care (Rev.12/31/21)	First Home Care
Foster Care & Adoption Training -Norfolk Department of Human Services (Rev.11/17/21)	741 Monticello Avenue Norfolk, VA 23510
Tidewater Friends of Foster Care (Rev.10/28/21)	999 Waterside Dr., Suite 430 Norfolk, VA 23510
The Barry Robinson Center (Rev.10/28/21)	The Barry Robinson Center 443 Kempsville Road Norfolk, VA 23502
The Bair Foundation (Rev.12/31/21)	Lynchburg 300 Gristmill Drive, Unit C Forest, VA, 24551
The Up Center (Rev.10/28/21)	150 Boush St, Suite 500 Norfolk, VA 23510
Thompson Strengthening Children, Families & Communities-Foster Care (Rev.11/08/22)	6800 Saint Peter's Lane Matthews, NC 28105
UMFS-Foster Care (Rev.11/17/21)	1300 Diamond Springs Rd Suite 401 Virginia Beach, VA 23455
TRANSPORTATION	
Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0) - Broker – ModivCare (formerly Logisticare) (Rev. 10/24/23)	Aetna Better Health CCC Plus and Aetna Better Health of Virginia (Medallion 4.0)
Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)-Access to Care-Medicaid Transportation (Rev. 10/25/23)	Anthem Healthkeepers CCC Plus and Anthem HealthKeepers Plus (Medallion 4.0)
Eggleston ProgramsTransportation (Rev.03/29/22)	Eggleston Services 5145 East Virginia Beach Boulevard Norfolk, VA 23502
Eastern Shore Community Services Board (CSB)-Transportation Services	Eastern Shore Community Services Board (CSB)- Transportation Services
Creative Vocations LLC. (Rev.07/15/21)	Creative Vocations LLC
DARS Division of Rehabilitative Services -Eastern Shore (Rev.01/26/21)	DRS Eastern Shore Office VA Employment Commission Bldg. 25036 Lankford HWY PO Box 146
DARS-Department of Rehabilitative Services Franklin Office	Department of Rehabilitative Services
DARS-Department of Rehabilitative Services-Hampton	Department of Rehabilitative Services Hampton North Office Park II
DARS-Department of Rehabilitative Services-Norfolk (Rev.9/17/18)	Department of Rehabilitative Services 6340 Central Drive Norfolk VA 23502 Field

ModivCare (formerly Logisticare)-Fee For Service (FFS) *Including all CL, BI, & FIS andr and CCC Plus enrolled Waived Services (Rev.10/25/23)	ModivCare (formerly Logisticare)-Fee For Service (FFS)
Molina Healthcare of Virginia CCC Plus and DD Waivers, Molina (Medallion 4.0)-MTM Medicaid Transportation (Rev. 10/25/23)	Molina Healthcare of Virginia CCC Plus and and DD Waivers Molina (Medallion 4.0)-MTM Medicaid Transportation
Optima Health Community Care CCC Plus and Optima Family Care (Medallion 4.0)- Verida Medicaid Transportation (Rev. 10/25/23)	Optima Health Community Care CCC Plus and Optima Family Care (Medallion 4.0)
Optima Health (formerly Virginia Premier) - CCC Plus and Optima Health (formerly Virginia Premier) (Medallion - 4.0) (Non-Emergency Medical Transportation) (Rev.10/25/23)	Optima Health (formerly Virginia Premier) - CCC Plus and Optima Health (formerly Virginia Premier) (Medallion - 4.0) (Non-Emergency Medical Transportation) (Rev.10/25/23)
Virginia Dept. of Rehabilitative Services, Williamsburg (Rev.9/17/18)	VA. Dept. of Rehabilitative Services 304 Bulifants Blvd, Suite 103 Williamsburg, VA 23188
Atlantic Vocational Services, Inc. (Rev.9/17/18)	355 Crawford Street Suite 604 Portsmouth, VA 23704
Empowerment 2010	Empowerment 2010 2011 Queen Street Portsmouth, VA 23704
Urban League of Hampton Roads, Inc., Portsmouth	Urban League of Hampton Roads, Inc., Portsmouth 3525 High Street Portsmouth, VA 23707
WAIVER CONTACTS	
Developmental Disabilities Waiver Experts- Building	Waiver Experts- BI,FIS and CL waivers
Family and Individual Support (FIS) Waiver	FIS Waiver Eastern Shore Community Services Board
Building Independence (BI) Waiver	BI Waiver Eastern Shore Community Services Board
Community Living (CL) Waiver	CL Waiver Eastern Shore Community Services Board 10129 Rogers Drive, Nassawadox, VA 23413
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waiver Chesapeake Integrated Behavioral Healthcare 224 Great Bridge Boulevard , Chesapeake, VA 23320
Family and Individual Support (FIS) Waiver	FIS Waiver City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320
Building Independence (BI) Waiver	BI Waiver City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320
Community Living (CL) Waiver	CL Waiver City of Chesapeake Community Services Board 224 Great Bridge Chesapeake, Virginia 23320

Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waiver Western Tidewater Community Services Board 5268 Godwin Boulevard Suffolk, VA 23434
Family and Individual Support (FIS) Waiver	FIS Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434
Building Independence (BI) Waiver	BI Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434
Community Living (CL) Waiver	CL Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Western Tidewater Community Services Board 5268 Godwin Boulevard Suffolk, VA 23434
Family and Individual Support (FIS) Waiver	FIS Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434
Family and Individual Support (BI) Waiver	BI Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waiver Middle Peninsula- Northern Neck Community Services
Family and Individual Support (FIS) Waiver	FIS Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149
Building Independence (BI) Waiver	BI Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149
Community Living (CL) Waiver	CL Waiver Middle Peninsula-Northern Neck Community Services Board P.O. Box 40, Saluda, Virginia 23149
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Colonial
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waiver Hampton-Newport
Family and Individual Support (FIS) Waiver	FIS Waiver Hampton-Newport News Community Services Board
Building Independence (BI) Waiver	BI Waiver Hampton- Newport News Community Services Board
Community Living (CL) Waiver	CL Waiver Hampton- Newport News Community Services Board
Family and Individual Support (FIS) Waiver	FIS Waiver Western Tidewater Community Services Board
Building Independence (BI) Waiver	BI Waiver Western Tidewater Community Services Board
Community Living (CL) Waiver	CL Waiver Western Tidewater Community Services Board
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Colonial
Family and Individual Support (FIS) Waiver	FIS Waiver Colonial Community Services Board

Building Independence (BI) Waiver	BI Waiver Colonial Community Services Board
Community Living (CL) Waiver	CL Waiver Colonial Community Services Board
Family and Individual Support (FIS) Waiver	FIS Waiver Western Tidewater Community Services Board
Building Independence (BI) Waiver	BI Waiver Western Tidewater Community Services Board
Community Living (CL) Waiver	CL Waiver Western Tidewater Community Services Board 5268 Godwin Blvd, Suffolk, Virginia 23434
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL) (Rev.03/28/23)	Waiver Experts- BI,FIS and CL Waivers Norfolk Community Services Board 225 West Olney Road Norfolk, VA23510-1523
Family and Individual Support (FIS) Waiver (Rev.03/28/23)	FIS Waiver Norfolk Community Services Board 225 W.Oldney Rd Norfolk, VA 23510
Family and Individual Support (BI) Waiver (Rev.03/28/23)	BI Waiver Norfolk Community Services Board 225 W.Oldney Rd Norfolk, VA 23510
Community Living (CL) Waiver (Rev.03/28/23)	CL Waiver Norfolk Community Services Board 225 W.Oldney Rd Norfolk, VA 23510
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Portsmouth Department of Behavioral Healthcare Services 1811 King Street , Portsmouth, VA 23704
Family and Individual Support (FIS) Waiver	FIS Waiver City of Portsmouth Dep. of Behavioral Healthcare Services(CSB) 600 Dinwiddie St, Suite 200 Portsmouth, VA 23704
Family and Individual Support (BI) Waiver	BI Waiver City of Portsmouth Dep. of Behavioral Healthcare Services(CSB) 600 Dinwiddie St,Suite 200 Portsmouth, VA 23704
Community Living (CL) Waiver	CL Waiver City of Portsmouth Dept. Of Behavioral Healthcare Services(CSB) 600 Dinwiddie St, Suite 200 Portsmouth, VA 23704
Developmental Disabilities Waiver Experts- Building Independence (BI), Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers District 19 Community Services Board 20 West Bank Street, Suite 7 Petersburg, VA 23803-3279
Family and Individual Support (FIS) Waiver	FIS Waiver Community Services Board 20 West Bank St Petesburg,VA 23803

Family and Individual Support (BI) Waiver	BI Waiver Community Services Board 20 West Bank St Petesburg,VA 23803
Community Living (CL) Waiver	CL Waiver Community Services Board 20 West Bank St Petesburg,VA 23803
Developmental Disabilities Waiver Experts- Building Independence (BI),Family & Individual Support (FIS) and Community Living (CL)	Waiver Experts- BI,FIS and CL Waivers Virginia Beach Community Services Board 3432 Virginia Beach Blvd, Suite 342
Family and Individual Support (FIS) Waiver	FIS Waiver Virginia Beach Developmental Disabilities Unit
Family and Individual Support (BI) Waiver	BI Waiver Virginia Beach Developmental Disabilities Unit
Community Living (CL) Waiver	CL Waiver Community Services Board 3432 Virginia Beach Blvd 3rd Floor Suite 342 Virginia Beach, VA 23452

PHONE/FAX/WEBSITE	NOTES
Contact: Lindsay Andreozzi Ph:757- 277-9874 Email:acclimatizeglobal@gmail.com	Acclimatize, LLC provides ABA (applied behavior analysis) services. Please call for further information.
Ph:757- 699-4289 Toll Free:844- 244-1818	Acorn Health- provides ABA (applied behavior analysis) services. They provide services in Peninsula except for Williamsburg. Hours:
Ph:703- 832-4954 Toll Free:844- 244-1818 Email:	Acorn Health- provides ABA (applied behavior analysis) services. . Hours: 8am - 7pm, M-F. Please call for further information.
Ph:571- 520-4763 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:571- 554-5730 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:434- 201-3893 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:804- 352-6232 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:703- 782-5047 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:804- 374-9474 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:804-352-6456 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:540- 495-1729 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:540-709-8995 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Ph:540- 495-1498 Toll Free:844- 244-1818 Email: info@acornhealth.com	Acorn Health- provides ABA (applied behavior analysis) services. Hours: 8am - 7pm, M-F. Please call for further information.
Contact: Lisa Ozowara Ph: 757- 524-1593 Email:admin@agapeconsultingva.com	Agape Consulting provides ABA (applied behavior analysis) services. Please call for further information.
Contact: David "Andy" Price Ph: 757- 288-3542	Alliance Behavioral Services provides ABA (applied behavior analysis) services. Ages: individuals ages 3-18 who have been
Ph:757- 392-5537 Website:https://www.anchorabatherapy.com/	Anchor ABA LLC provides ABA (applied behavior analysis) services. Insurance: TRICARE, Sentara Health, and many Medicaid plans are accepted. Please call for further information.
Ph:866- 625-4740 Email:info@attainaba.com	Attain ABA provides ABA (applied behavior analysis) services. Please call for further information.
Ph:757--639-2218, Fax: 866- 594-3899 Email info@hr-act.com:Website:http://hr-act.com/	Autism, Consulting and Therapy is a center with ABA preschool that has reverse mainstreamin. Insurance: No Tricare /Aetna at this time. Ages: 2yr-6yr/Early Intervention. Please call for further

Contact: Megan O'Laughlen, BCBA, LBA Clinical Supervisor Ph: 510-885-8100	Autism Learners, LLC provides ABA (applied behavior analysis) services to individuals ages 2-21. Please call for further information.
Ph: 757- 585-3216	Autism Resources -One Child Center for Autism provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Ph: 757- 276-9800 Contact: Jillian Ferebee, Email: jriley@yfsva.com Website: https://www.asset.yfsva.com/	Autism Spectrum Support, Education and Training (ASSET) Program provides ABA (applied behavior analysis) services. Please call for further information.
Ph: 757- 490-3223 Fax: 757- 490-2936 Referrals: Website: www.bacb.com	Aveanna Healthcare provides ABA (applied behavior analysis) services. Please call for further information. Behavior Analyst Certification Board you can search for certified behavior analyst in your area. Please visit the website for further information.
Ph: 757-378-6925 Fax: 855-568-2494 Website: https://www.behaviorfrontiers.com	Behavior Frontiers provides ABA (applied behavior analysis) services. Insurance Coverage: Aetna, Anthem HealthKeepers VA Medicaid, Anthem Health Plans of VA Inc., CareFirst BCBS VA, Carent Behavioral Health (formerly Beacon), ComPsych, Evernorth Behavioral Health (formerly Cigna), Humana Military, Magellan (Commercial Plans), Optima Health Network (Commercial & Medicaid), Optum/United Behavioral Health
Ph: 202.794.7159 Fax: 855.568.2494 Website: https://www.behaviorfrontiers.com	Behavior Frontiers provides ABA (applied behavior analysis) services. Insurance Coverage: Aetna, Anthem HealthKeepers VA Medicaid, Anthem Health Plans of VA Inc., CareFirst BCBS VA, Carent Behavioral Health (formerly Beacon), ComPsych,
Contact: Mandy Verastek MSW Ph: 757- 599-0012 Email: mandy.bhwc@gmail.com Website: www.bhwc-va.com	Behavioral Health and Wellness Center provides ABA (applied behavior analysis) services. Please call for further information.
Ph: 252- 435-1665 Website: http://bestautismservices.com/	BEST Services provides Home Based ABA (applied behavior analysis) services. Insurance: Optima, Anthem, Tricare (Cigna and Aetna out of pocket only) Please call for further information.
Contact: Bethany Marcus, Ph.D. BCBA-D Licensed Clinical Psychologist	Bethany Marcus, Ph.D. BCBA-D, Licensed Clinical Psychologist provides ABA (applied behavior analysis) services. Please call for further information.
Ph: 757- 524-2510 Email: katie.fitterer@blossombehavioral.com OR emily.wilson@blossombehavioral.com Website: www.blossombehavioral.com	Blossom Behavioral Services provides ABA (applied behavior analysis) services. Please call for further information.
Contact: Tiffini Chamblin Ph: 571- 232-3691 Email: info@breakthruservices.com Website: https://www.breakthruservices.com	BreakThru Services provides ABA (applied behavior analysis) services. Most insurance plans accepted. Please call for further information.
Ph: 804-207-3878 Toll Free: 888-421-0788 888-879-9008 info@brighterstridesaba.com	Brighter Strides ABA provides ABA (applied behavior analysis) services. Insurance: most commercial insurances & Medicaid are accepted. Please call for further information.
Ph: 804-207-3878 Toll Free: 888-421-0788 888-879-9008	Brighter Strides ABA provides ABA (applied behavior analysis) services. Insurance: most commercial insurances & Medicaid are accepted. Please call for further information.
Contact: Neal Shapiro –Director Toll Free: 1-888-880-9270 Email: info@butterflyeffects.com www.butterflyeffects.com	Butterfly Effects provides ABA (applied behavior analysis) services. Insurance: Aetna, BCBS, Cigna, Tricare, Humana. Ages: 4yr-18yr. Please call for further information.
Ph: 434-200-5750 Fax: 434-200-1662 Website: centrahealth.com	CENTRA provides ABA (applied behavior analysis) services. Please call for further information.

Ph: 434-200-5750 Fax:434-200-1662 Website: centrahealth.com	CENTRA provides Speech and Occupational Therapy services for individuals with developmental disabilities. Please call for further information.
Ph:224- 206-5001 Website: https://www.childfirstbehaviortherapy.com	Child First Behavior Therapy provides ABA (applied behavior analysis) services. Insurance: they accept many major insurance plans, including Blue Cross Blue Shield, Tricare, Aetna, VA Medicaid, Anthem and more. Hours: Monday-Friday 8:30am-12pm, Monday-Friday 12pm-2pm and Monday-Friday 2pm-5:20pm. Please
Ph:757-609-2795 Email:Childrenfirstaba@gmail.com Website:www.childrenfirstabaclinic.com	Children First ABA Clinic, LLC is a clinic based company providing applied behavior analysis and social skills instruction services to children with autism spectrum disorders and other developmental
Ph:757- 373-2324 Email:passarettic@gmail.com	Christine Passaretti, M.Ed., BCBA, LBA provides ABA (applied behavior analysis) services in home. Insurance: Tricare, Anthem,
Ph:757- 216-9541 Fax: 757- 319-4828 Email:info@civitashealth.com	Civitas Health Services provides ABA (applied behavior analysis) services. Please call for further information.
Ph:804-737-3917 Email:info@civitashealth.com Website: https://www.civitashealth.com	Civitas Health Services provides ABA (applied behavior analysis) services. Please call for further information.
Ph:757-416-5290 Email:office@coastalbehaviorconsulting.com Website: http://coastalbehaviorconsulting.com	Coastal Behavior Consulting provides comprehensive Clinic and In-Home ABA (applied behavior analysis) Programs. Please call for further information.
Ph.:757-644-6391 Fax:757.622.2011 Website: www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph.:757-644-6391 Fax:757.622.2011 Website: www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:434.220.0089 Fax:434.220.0103 Website: www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:434.214.8112 Fax:434.534.3034 Website: www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:804-372-0151 Fax:804-912-2163 Website: www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:804-544-9044 Fax:804-715-4789 Website: www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:804-924-9260 Fax:804-464-4919 Website: www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:540-339-3640 Fax:540-898-1040 Website: www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a

Ph:703.496.7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:540-212-9222 Fax:540-321-4420 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:804-203-2011 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:540-949-7045 Fax:540-949-8897 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:540-437-1605 Fax:540-437-1606 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:540.215.0535 Fax:540-206-2109 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:540-462-2914 Fax:540-462-2892 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:757- 655-7274 Peninsula Contact: Janae Ward, MA, BCBA, LBA Ph:616-295-0569 Email:Janae@capaba.com Website:https://cap-autism.com/contact.html	comprehensive Autism Partnership, Inc. provides ABA (applied behavior analysis) services. Please call for further information
Ph:703-870-3880 Website:https://cap-autism.com/contact.html	comprehensive Autism Partnership, Inc. provides ABA (applied behavior analysis) services. Please call for further information
Ph:540-922-1110 Website:https://cap-autism.com/contact.html	comprehensive Autism Partnership, Inc. provides ABA (applied behavior analysis) services. Please call for further information

Ph:757-464-2470 Fax:757-464-2472 Email: cornerstonechildfamily@gmail.com ;	CornerStone Child&Family Counseling Services provides comprehensive ABA (applied behavior analysis) services. Please call for further information.
Ph:757- 292-4774 Email: info@cpabatherapy.com - General Inquiries	CPABA Therapy, LLC provides ABA (applied behavior analysis) services. Please call for further information.
Ph:757-431-0105	Crescent In-Home provides ABA (applied behavior analysis) services. Please call for further information.
Contact: Tania Henderson, MS, BCBA, LBA	DAISY MAE ABA provides ABA (applied behavior analysis) services. Please call for further information.
Contact: Bianca N. Bragg, Community Engagement Coordinator Ph:757-	Dominion ABA provides ABA (applied behavior analysis) services. Please call for further information
Contact: Dr. Bethany Marcus, Ph.D. BCBA-D	Dr. Bethany Marcus is an applied behavior analysis (ABA) provider and IEP Advocate.
Contact: Aimee Darby Ph:757- 761-4673 Email: aimee@elizahope.org	Eliza Hope Center provides ABA (applied behavior analysis) services. Please call for further information
Ph:757- 615-3003 Email: egilmore@autismservicesaba.co	EMG Consulting provides ABA (applied behavior analysis) services. In home only/All ages. Please call for further information.
Contact: Leslie Peterson, Clinical Care Coordinator or Kelly Rose, MSEd	Epic Developmental Services-Aveanna Healthcare Company provides ABA therapy, services includes: Clinic-based and in-home
Ph:757- 233-0003 Peninsula Office: Ph:757- 243-1033	Family Insight, P.C. provides applied behavior analysis ABA therapies. Please call for further information.
Ph:757- 615-3003 Email: egilmore@autismservicesaba.co	EMG Consulting provides ABA (applied behavior analysis) services. In home only/All ages. Please call for further information.
Contact: Leslie Peterson, Clinical Care Coordinator or Kelly Rose, MSEd	Epic Developmental Services-Aveanna Healthcare Company provides ABA therapy, services includes: Clinic-based and in-home
Ph:757- 233-0003 Peninsula Office: Ph:757- 243-1033	Family Insight, P.C. provides applied behavior analysis ABA therapies. Please call for further information.
Ph:757-442-7690 Fax:757-442-7692 Website: www.fpscorp.com	FPS provides specialized services to met the needs of children with Autism. The program target Autism Spectrum Disorders(ASD) by
Ph:757-838-8520	Family Preservation Services provides ABA (applied behavior analysis) services. Please call for further information.
Statewide Referral Line: Ph:540.283.0486	Family Preservation Services provides ABA (applied behavior analysis) services. Please call for further information.
Ph:757-455-8300 Website: www.fpscorp.com	Family Preservation Services, Inc. Behavioral Treatment Services (BTS) are designed to target behaviors related to Autism Spectrum
Ph:757-455-8300	Family Preservation Services provides ABA (applied behavior analysis) services. Please call for further information.
Ph:757-645-3860 Fax: 645-3873 Website: familypriority.net	Family Priority provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Ph: 757- 406-7397 Email: info@hamptonroadsaba.com	Hampton Roads ABA provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Contact: Tiffany Michells Ph: 757- 769-9595	Helianthus Positive Behavior Supports LLC provides In-Home ABA (applied behavior analysis) therapies. Please call for further
Contact: 757- 227-3636 Fax:757- 227-3642 Email: fmiles@InfinityCounselingGroup.com Website: www.InfinityCounselingGroup.com	Infinity Counseling Group provides In-Home ABA (applied behavior analysis) therapies. They accept Medicaid and most private insurances. Please call for further information.
Ph: 516- 319-0480 Email: krekstis@yahoo.com	Kathryn Rekstis , Independent Consultant provides In-Home ABA (applied behavior analysis) therapies. Please call for further
Ph:703- 675-7465 Email: info@aba-consult.com	KORA Analysis, LLC provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Ph: 757- 937-0438 Email: info@learnwithleaf.com	Leaf Behavior Support provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Contact Wesley L. Shaw, MAT, BCBA, LBA: Ph:757-932-9057	LumaPaths provides behavior intervention services to children ages 18 months to 16 affected by ASD and related disorders. They offer
Contact: Ryan Martin PhD, NCSP Sara Lamont M.Ed., BCBA, LBA	May Institute provides In-Home ABA (applied behavior analysis) therapies to military families. Please call for further information.
Ph:757- 490-3009	Maxim Healthcare provides behavioral intervention services such as Applied Behavior Analysis (ABA) therapies to children ages 3-21
Ph:757-465-3933 Website: http://www.learnwithmasc.org	Mea'Alofa Autism Support Center provides ABA (applied behavior analysis) services. Insurance: Tricare, Anthem, Optima –Non
Ph:757- 301-2411 Email: info@moliautismcenter.com	Moli Autism Center provides In-Home ABA (applied behavior analysis) therapies to military families. Please call for further

Ph:843- 410-8348 OR 757- 617-5815	Navigation Behavior Consulting provides ABA (applied behavior analysis) services in home only. Insurance: Tricare, BC BS, Optima.
Contact: Erin M. Casper, Ph.D., BCBA-D Ph:413- 563-3863	New Beginnings Behavioral Health, PLC provides In-Home ABA (applied behavior analysis) therapies to military families. Please call
Ph:407- 276-1042 Email:obxautismbehavior@gmail.com	OBX Autism Behavior Therapy, LLC provides ABA (applied behavior analysis) services. Insurance: Tricare. Ages: All Ages.
Ph:757- 585-3216 Website: http://onechildcenterforautism.com	One Child Center for Autism provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Contact: Maria Hill, Ed.D., L-BCBA-D Ph:757- 286-2786	Paradigm Pathway Consulting provides ABA (applied behavior analysis) services. Ages: Infant-17yr
Contact: Suzanna Myers, M.Ed, BCBA LBA Ph:757- 472-1930	Pennington Group provides ABA (applied behavior analysis) services. They currently provide ABA Therapy in Virginia Beach.
Ph:757- 788-8033 Email:jbaker.psc@outlook.com	Positive Support for Children with Autism provides In-Home ABA (applied behavior analysis) therapies. Please call for further
Contact: Maria Hill, Ed.D., L-BCBA-D Ph:757- 286-2786	Paradigm Pathway Consulting provides ABA (applied behavior analysis) services. Ages: Infant-17yr
Contact: Suzanna Myers, M.Ed, BCBA LBA Ph:757- 472-1930	Pennington Group provides ABA (applied behavior analysis) services. They currently provide ABA Therapy in Virginia Beach.
Ph:757- 788-8033 Email:jbaker.psc@outlook.com	Positive Support for Children with Autism provides In-Home ABA (applied behavior analysis) therapies. Please call for further
Ph:757- 846-6959 Website:	Progressive Learning Therapy, Inc. Provides evidence-based services in applied behavior analysis (ABA) supporting all individuals
Ph: 757- 355-1007 Fax:757- 264-6279	Pryor Behavioral Services provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Ph:757-965-5886 Email:sgonzales@serenityccinc.com	Serenity C&C Inc. provides In-Home ABA (applied behavior analysis) therapies. *Spanish Speaking Therapist Available Upon
Ph: 757-613-8091 Website: www.southeasternskillbuilders.com	Southeastern Skill Builders offers a unique and fun way for children, teens and young adults to learn appropriate or "prosocial" skills.
Ph:757- 934-6470	Step by Step's therapeutic treatment plans emphasize behavior training and focus on language development, self-help, play and
Ph 757- 279-8137 Email:ADMIN@steppingstonesbs.com	Stepping Stones Behavior Support provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Ph:757- 481-0163 Contact: Millie Alspaugh	Summit Behavioral Therapy provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Ph: 757- 255-7934 757-450-8507 Fax:757-585-3544	Sunshine Behavioral Consulting offers home based ABA (Applied Behavior Analysis) services to children diagnosed with Autism
Ph:919- 763-4653 Email:Tephaniebarnes@yahoo.com	Tephanie Barnes MS., BCBA, LBA provides In-Home ABA (applied behavior analysis) therapies. Please call for further information.
Ph:757- 702-8194 Website: https://elizahope.org/	The Eliza Hope Foundation and Therapy Center is a place for children and families affected by Autism. Their mission is to provide
Ph:757-428-3367 Website: www.learningresourcecenter.org	The LRC provides Applied Behavior Analysis (ABA) services for individuals diagnosed with Autism Spectrum Disorder or those with
Ph:757-301-9065 Toll Free:833-319-0526 Fax:866-499-8840 Email:info@taculture.com Website: www.therapeuticalliancecellc.com	Therapeutic Alliance provides Applied Behavior Analysis (ABA) services. *Multi-lingual Therapists Available Upon Request (Languages Spoken English, Spanish, French). Please call for further information.
Ph:757-301-9065 Toll Free:833-319-0526 Fax:866-499-8840 Email:info@taculture.com Website: www.therapeuticalliancecellc.com	Therapeutic Alliance provides Applied Behavior Analysis (ABA) services. *Multi-lingual Therapists Available Upon Request (Languages Spoken English and Spanish). Please call for further information.
Ph:757-301-9065 Toll Free:833-319-0526 Fax:866-499-8840 Email:info@taculture.com Website: www.therapeuticalliancecellc.com	Therapeutic Alliance provides Applied Behavior Analysis (ABA) services. *Multi-lingual Therapists Available Upon Request (Languages Spoken English, Spanish, French, Albanian and Amharic). Please call for further information.
Toll Free: 877-651-1038 Fax: 607-793-9597	Three Tier Consulting provides Applied Behavior Analysis (ABA) services. Insurance: Tricare

Director: Zack Migioia M.A., BCBA Ph:757- 222-1315 Fax: 757- 222-1903 Website: http://www.thriveaba.com/ LBA	THRIVE ABA provides Applied Behavior Analysis (ABA) services In home and center based. Insurance: Tricare, Anthem, Optima, VA Medicaid. Ages: 18mo-16yr. *Spanish Speaking Therapist Available Upon Request. Please call for further information.
Contact: Pamela Reza, M.Ed, BCBA, LBA Ph: 703- 596-9332	Treasured Hearts ABA, LLC provides Applied Behavior Analysis (ABA) services
Contact: Krista Jackson Ph: 888- 344-5977	Verbal Beginnings provides Applied Behavior Analysis (ABA) services for children ages 2-18 diagnosed with ASD in MD, VA, PA,
Accomack Department of Social Services Ph: 757- 707	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Chesapeake Department of Social Services Ph: 757- 202	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Franklin Department of Social Services Ph: 757- 562-9520	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Gloucester Department of Social Services Ph: 804- 693-267 Fax: 804- 693-5511 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Hampton Department of Social Services Ph: 757- 727-1800 Fax: 757- 727-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Isle of Wigh Department of Social Services Ph: 757- 365-0880 Fax: 757- 365-0886 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
James City County Department of Social Services Ph: 757- 259-3100 Fax: 757- 259-3188 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Mathews Department of Social Services Ph: 804- 725-7192 Fax: 804- 725-7086 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Newport News Department of Social Services Ph: 757- 926-6300 Fax: 757- 926-6118 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Norfolk Department of Social Services Ph: 757- 664-6000 Fax: 757- 664-3275	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Northampton Department of Social Services Ph: 757- 678-5153 Fax: 757- 678-0475	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Poquoson/York Department of Social Services Ph: 757- 890-3787 Fax: 757- 890-3934	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Portsmouth/York Department of Social Services Ph: 757- 405-1800 Fax: 757- 465-2951	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Southampton Department of Social Services Ph: 757- 653-3080 Fax: 757- 653-0357 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Sussex Department of Social Services Ph: 434- 246-1083 Fax: 434- 246-2504 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Suffolk Department of Social Services Ph: 757- 514-7450 Fax: 757- 514-4869 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Surry Department of Social Services Ph: 757- 294-5240 Fax: 757- 294-5248 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Virginia Beach Department of Human Services Ph: 757- 385-3200 Fax: 757- 385-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Williamsburg Human Services Ph: 757- 200-6164 Fax: 757-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
York/Poquoson Social Services Ph: 757- 890-3787 Fax: 757-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Alexandria Department of Community and Human Services Ph: 703- 746	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Alexandria Department of Community and Human Services Ph: 703- 746	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Clarke County Department of Social Services Ph: 540- 955	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide

Prince Edward County Department of Social Services Ph:424-292-2112	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Richmond City Department of Social Services Ph:894-646-7000	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Richmond County Department of Social Services Ph:894-492	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Westmoreland Department of Social Services Ph:894-492	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Albemarle County Department of Social Services Ph:424	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Alleghany-Covington Department of Social Services Ph:540	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Amherst Department of Social Services Ph:424	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Appomattox Department of Social Services Ph:424	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Bath County Department of Social Services Ph:540	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Bedford Department of Social Services Ph:540-506-7750	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Botetourt County Department of Social Services Ph:424-222-0505	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Campbell County Department of Social Services Ph:424-222-0505	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Charlotte County Department of Social Services Ph:424-542-1664	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Charlottesville Department of Social Services Ph:424	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Craig County Department of Social Services Ph:540	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Danville Division of Social Services Ph:424-700-6542 Fax:424	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Franklin County Department of Social Services Ph:540-492-0247	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Halifax County Department of Social Services Ph:424-476-6504	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Henry-Martinsville Department of Social Services Ph:276	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Highland County Department of Social Services Ph:540-469	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Lynchburg Department of Human Services Ph:424	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Mecklenburg County Department of Social Services Ph:424-262	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Nelson County Department of Social Services Ph:424-262	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Pittsylvania County Department of Social Services Ph:424	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Roanoke City Department of Social Services Ph:540-952	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Roanoke County Department of Social Services Ph:540-287	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Rockbridge-Buena Vista-Lexington Area Social Services Ph:540	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Shenandoah Valley Dept. of Social Services (Staunton-Augusta)	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Shenandoah Valley Dept. of Social Services (Waynesboro Office) Ph:540-942-6646	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Bland County Department of Social Services Ph:276	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Bristol City Department of Social Services Ph:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Buchanan County Department of Social Services	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Carroll County Department of Social Services Ph:276-730-3130 Fax:276 730-3135	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Dickenson County Department of Social Services Ph:276-926-1661 Fax:276- 926-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Floyd County Department of Social Services Ph:540-745-9316 Fax:540- 745-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Galax City Department of Social Services Ph:276-236-8111 Fax:276- 236-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Giles County Department of Social Services Ph:540-726-8315 Fax:540- 726-8253	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local

Grayson County Department of Social Services Ph:276- 773-2452 Fax:276- 773-2361	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Lee County Department of Social Services Ph: 276-346-1010 Fax:276-346-2217	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Montgomery County Department of Social Services Ph: 540-382-6990 Fax:540- 381-6823	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Norton City Department of Social Services Ph: 276- 679-2701 Fax:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Patrick County Department of Social Services Ph: 276- 694-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Pulaski County Department of Social Services Ph:540- 980-7995 Fax:540- 980-7993	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Radford City Department of Social Services Ph:540-731-3663 Fax:540- 731-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Russell County Department of Social Services Ph:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Scott County Department of Social Services Ph:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Smyth County Department of Social Services Ph:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Tazewell County Department of Social Services Ph:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Washington County Department of Social Services Ph:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Wise County Department of Social Services Ph:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Wythe County Department of Social Services Ph:276- 229-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Wise County Department of Social Services Ph:276-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Wythe County Department of Social Services Ph:276- 229-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If
Ph:757-461-4474 Email: E: nicole.miller@tidewaterasa.org Website:www.tidewaterasa.org AND	Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across
Ph: 757-357-2170 Fax: 757-357-5709 Email: mjones@vfkcasa.org	CASA volunteers are appointed by judges to advocate for neglected/abused children. Assist children with their personal/legal problems. Also helps to find a safe, permanent home for neglected
Accomack Department of Social Services Ph: 757- 787-1530 Fax:757 787-9303	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Chesapeake Department of Social Services Ph:757- 382-2000 Fax:757 543-1644	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Franklin Department of Social Services Ph: 757- 562-8520 Fax:757- 516-6683	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Gloucester Department of Social Services Ph:804- 693-267 Fax:804- 693-5511	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Hampton Department of Social Services Ph: 757- 727-1800 Fax:757- 727-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Isle of Wigh Department of Social Services Ph:757- 365-0880 Fax:757- 365-0886	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
James City County Department of Social Services Ph: 757- 259-3100 Fax:757- 259-3188	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Mathews Department of Social Services Ph: 804- 725-7192 Fax:804- 725-7086	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Newport News Department of Social Services Ph: 757- 926-6300 Fax:757- 926-6118	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Norfolk Department of Social Services Ph:757- 664-6000 Fax:757- 664-3275	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Northampton Department of Social Services Ph:757- 678-5153 Fax:757- 678-0475	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Poquoson/York Department of Social Services Ph:757- 890-3787 Fax:757- 890-3934	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Portsmouth/York Department of Social Services Ph:757- 405-1800 Fax:757- 465-2951	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Southampton Department of Social Services Ph:757- 653-3080 Fax: 757- 653-0357	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Sussex Department of Social Services Ph:434- 246-1083 Fax:434- 246-2504 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Suffolk Department of Social Services Ph:757- 514-7450 Fax:757- 514-4869 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Surry Department of Social Services Ph:757- 294-5240 Fax:757- 294-5248 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Virginia Beach Department of Human Services Ph:757- 385-3200 Fax:757- 385-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Williamsburg Human Services Ph:757- 220-6161 Fax:757- 220-6113 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
York/Poquoson Social Services Ph:757- 890-3787 Fax:757- 890-3934 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Alexandria Department of Community and Human Services Ph:703- 746-5700 Fax:703-746-5974	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Alexandria Department of Community and Human Services Ph:703- 746-5700 Fax:703-746-5974	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Clarke County Department of Social Services Ph:540- 955-3700 Fax:540- 955-3958	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Culpeper County Human Services Ph:540- 727-0372 Fax:540- 727-7584 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Fairfax County Department of Family Services Ph:703- 324-7500 Fax:703- 653-6679	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Fauquier County Department of Social Services Ph:540- 422-8400 Fax:540- 422-8449:	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Frederick County Department of Social Services Ph: 540- 665-5688 Fax:540- 665-5664	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Fredericksburg Department of Social Services Ph: 540- 372-1032 Fax:540- 372-1157	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Greene County Department of Social Services Ph: 434- 985-5246 Fax:434- 985-5266	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Harrisonburg-Rockingham Dept. of Social Services Ph: 540- 574-5100 Fax:540- 574-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
King George Department of Social Services Ph:540 775-3544 Fax:540- 775-3098	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Loudoun County Department of Family Services Ph:703- 777-0353 Fax:703- 771-5214	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Louisa County Department of Human Services Ph:703- 777-0353 Fax:703- 771-5214	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Louisa County Department of Human Services Ph:703- 777-0353 Fax:703- 771-5214	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Manassas City Department of Family Services Ph:703- 361-8277 Fax:703- 361-6933	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Manassas Park Department of Family Services Ph:703- 335-8880 Fax:703- 335-8899	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Orange County Department of Social Services Ph:540- 672-6166 Fax:540- 672-9118	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Page County Department of Social Services Ph:540- 778-1053 Fax:540- 778-1421	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Prince William County Department of Social Services Ph:703- 792-7500 Fax:1-833-677-1482	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Rappahannock County Department of Social Services Ph:540- 675-3313 Fax:540- 675-3315	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Shenandoah County Department of Social Services Ph:540- 459-6226 Fax:540- 459-6223	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Spotsylvania Department of Social Services Ph:540- 507-7898 Fax:540- 507-7806	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Stafford County Department of Social Services Ph:540- 658-8720 Fax:540- 658-8798	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Warren County Department of Social Services Ph:540- 635-3430 Fax:540- 635-8451	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Winchester Department of Social Services Ph:540- 662-3807 Fax:540- 662-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Amelia Department of Social Services Ph:804- 561-2681 Fax:804- 561-6040	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Buckingham County Department of Social Services Ph:434- 969-4246 Fax:434- 969-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Caroline Department of Social Services Ph:804- 633-5071 Fax:804- 633-5648	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Charles City Department of Social Services Ph:804- 652-1708 Fax:804- 829-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Chesterfield/Colonial Heights Department of Social Services Ph:804- 748-1100 Fax:804-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Cumberland County Department of Social Services Ph:804- 492-4915 Fax:804- 492-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Essex Department of Social Services Ph:804- 443-3561 Fax:804- 443-8254	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Fluvanna County Department of Social Services Ph:434- 842-8221 Fax:434- 842-2776	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Goochland Department of Social Services Ph:804-556-5880 Fax:804- 556-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Hanover County Department of Social Services Ph:804- 365-4100 Fax:804- 365-4110	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Henrico County Department of Social Services Ph:804- 501-4001 Fax:804- 501-4006	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Hopewell Department of Social Services Ph:804- 541-2330 Fax:804- 541-2347	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
King and Queen Department of Social Services Ph:804- 769-5003 Fax:804- 785-5885	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
King William Department of Social Services Ph:804- 769-4905 Fax:804-769-4979	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Lancaster County Department of Social Services Ph:804-462-5141 Fax:804- 462-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Lunenburg County Department of Social Services Ph:434-696-2134 Fax:434- 696-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Middlesex County Department of Social Services Ph:804-758-2348 Fax:804- 758-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Middlesex County Department of Social Services Ph:804-758-2348 Fax:804- 758-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Northumberland County Department of Social Services Ph:804- 580-3477 Fax:804- 580-5815	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Nottoway County Department of Social Services Ph:434 645-8494: Fax:434- 645-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Petersburg Department of Social Services Ph:804-861-4720 Fax:804- 861-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Powhatan County Department of Social Services Ph:804- 598-5630 Fax:804-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Prince Edward County Department of Social Services Ph:434- 392-3113 Fax:434- 392-8453	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Richmond City Department of Social Services Ph:804- 646-7000 Fax:804- 646-7018	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Richmond County Department of Social Services Ph:804-333-4088 Fax:804- 333-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Westmoreland Department of Social Services Ph:804- 493-9305 Fax:804- 493-9309	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Albemarle County Department of Social Services Ph:434-972-4011 Fax:(434) 972-4080	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Alleghany-Covington Department of Social Services Ph:540-444-7100 Fax:540- 965-1772	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Amherst Department of Social Services Ph:434-946-9330 Fax:434- 946-9319	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Appomattox Department of Social Services Ph:434-352-7125 Fax:434- 352-0064	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Bath County Department of Social Services Ph:540- 839-7271 Fax:540- 839-7278	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Bedford Department of Social Services Ph:540- 586-7750 Fax:540- 586-7781	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Botetourt County Department of Social Services Ph:540- 591-5960 Fax:540-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Campbell County Department of Social Services Ph:434- 332-9585 Fax:434- 332-9699	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Charlotte County Department of Social Services Ph:434- 542-5164 Fax:434- 542-5692	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Charlottesville Department of Social Services Ph:434- 970-3400 Fax:434- 970-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Craig County Department of Social Services Ph:540- 864-5117 Fax:540- 864-6662	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Danville Division of Social Services Ph:434- 799-6543 797-8818 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Franklin County Department of Social Services Ph:540 483-9247 Fax:540- 483-1933	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Halifax County Department of Social Services Ph:434- 476-6594 Fax:434- 476-5258	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Henry-Martinsville Department of Social Services Ph:276- 656-4300 Fax:276- 656-4398	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Highland County Department of Social Services Ph:540- 468- 2199 Fax:540- 468-3099	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Lynchburg Department of Human Services Ph:434- 455-5850 Fax:434- 847-1785	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Mecklenburg County Department of Social Services Ph:434- 738-6138 Fax:434-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Nelson County Department of Social Services Ph:434- 263- 7160 Fax:434- 263-8605	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Pittsylvania County Department of Social Services Ph:434- 432-7281 Fax:434- 432-0923	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Roanoke City Department of Social Services Ph:540- 853- 2591 Fax:540- 853-2027	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Roanoke County Department of Social Services Ph:540- 387- 6087 Fax:540- 387-6210	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Rockbridge-Buena Vista-Lexington Area Social Services Ph:540- 463-7143 Fax:540- 464-9110	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Shenandoah Valley Dept. of Social Services (Staunton-Augusta Office) Ph:540- 245-5800	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Shenandoah Valley Dept. of Social Services (Waynesboro Office) Ph:540- 942-6646	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Bland County Department of Social Services Ph:276- 688-4111 Fax:276- 688-1468	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Bristol City Department of Social Services Ph:276-645-7450 Fax:276- 645-7475	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Buchanan County Department of Social Services Ph:276- 935-8106 Fax:276-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Carroll County Department of Social Services Ph:276-730-3130 Fax:276 730-3135	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Dickenson County Department of Social Services Ph:276-926-1661 Fax:276- 926-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Floyd County Department of Social Services Ph:540-745-9316 Fax:540- 745-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Galax City Department of Social Services Ph:276-236-8111 Fax:276- 236-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Giles County Department of Social Services Ph:540-726-8315 Fax:540- 726-8253	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Grayson County Department of Social Services Ph:276- 773-2452 Fax:276- 773-2361	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Lee County Department of Social Services Ph: 276-346-1010 Fax:276-346-2217	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Montgomery County Department of Social Services Ph: 540- 382-6990 Fax:540- 381-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Norton City Department of Social Services Ph: 276- 679-2701 Fax:276-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Patrick County Department of Social Services Ph: 276- 694-3328 Fax:276- 694-8210	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Pulaski County Department of Social Services Ph:540- 980-7995 Fax:540- 980-7993	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Radford City Department of Social Services Ph:540-731-3663 Fax:540- 731-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Russell County Department of Social Services Ph:276-889-3031 Fax:276- 889-2662	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Scott County Department of Social Services Ph:276-386-3631 Fax:276- 386-6031	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Smyth County Department of Social Services Ph:276-783-8148 Fax:276- 783-6327	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Tazewell County Department of Social Services Ph:276-988-8500 Fax:276- 988-2765	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Washington County Department of Social Services Ph:276- 645-5000 Fax:276-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Wise County Department of Social Services Ph:276-328-8056 Fax:276- 328-8632	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Wythe County Department of Social Services Ph:276-228-5493 Fax:276- 228-0705	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
P.O. Box 1237 Yorktown, Virginia 23692 Email:info@dsavp.org	The DSAVP brings support to families with new babies through hospital outreach, delivering informative books for parents and siblings. Monthly play meetings provide the opportunity for families to

Ph: 757-422-2040 757-306-7055 Website: www.camp4autism.com	Fax:	The mission of F.A.C.T. is to improve the quality of life for individuals with autism and their families in the greater Tidewater Virginia area. F.A.C.T. promotes the creation of social, recreational, and vocational
Contact: Shana Hatzopoulos, President Toll-free:		Resources for parents and professionals; annual statewide conventions. Support groups for adults with dyslexia (but no parent support group).
Ph: 757-424-4113 (private phone) Fax: 757-523-4077		Learning Disabilities Association of Virginia -Tidewater Chapter provides referral, support services and information concerning
Contact: Ph: 804-758-5877 Toll-Free: 800-311-5200		Support Coordination is a comprehensive service that involves
Ph: 757-499-2041 Email: contact@namicoastalvirginia.org		NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They
Phone: 757- 220-8535 Email: Address: info@namiwilliamsburg.org Website: http://www.namiwilliamsburg.org		NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They advocate and educate people with mental illness and their families by
Ph: 757-329-2859 Email: p.a.b.virginia@gmail.com Website: https://www.pabva.com		Parents Against Bullying is a movement, fueled by compassion and a relentless pursuit of a world free from the shadows of bullying which mission is to embrace a proactive stance on anti-bullying education and awareness for our youth and families. They offer a
Ph: 757-827-0275 757-827-8800 TDD		Provides advocacy counseling and other support services to persons with disabilities.
For more info contact Kriste Salamon at Ph: 757- 385-0582 Email: ksalamon@vbgov.com		PEOPLE FIRST is People First is an organization that promotes the self-advocacy of adult persons with developmental disabilities.
Ph: 757-640-1882 Website: http://www.spectrumpsychological.net		Spectrum Psychological and Neurotherapy provide assessments that can be used to determine whether guardianship is needed. Some cases require more complex assessments because of the abilities and skills being evaluated can be rather broad including functioning in all aspects of life,. Please call for further information.
Ph: 757- 442-3312 Fax: 757- 442-3602 Email: arc.esva@verizon.net		The Arc of the Eastern Shore serves people with Intellectual and Developmental Disabilities. Their Lifelong Learning Program empowers our clients to become better self-advocates and communicators. This Program teaches important skills regarding
Ph: 757- 229-3535 Website: www.facebook.com/thearcgw		The Arc of Greater Williamsburg serves people with Intellectual and Developmental Disabilities. Their Lifelong Learning Program empowers our clients to become better self-advocates and communicators. This Program teaches important skills regarding
Non-Emergency Help Line 757- 489 2427 Website: thechasfoundation.org Email: info@thechasfoundation.org		The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find resources for effective support and treatment. Their mission is: Advocate for mentally ill individuals, Strive for public acceptance of
Ph: 757-428-3367 www.learningresourcecenter.org		The LRC provides assessment and advocacy services. Please call for further information.
Ph: 804- 693-3114		VersAbility Resources supports and advocates for people with disabilities throughout their lives in employment, community living, day support and early childhood programs. Please call for further details.
Ph: 804-330-3141 Fax: 804-330-3611 Email: vacsbs@vacsbs.org		the Virginia Association Of Community Services Boards (VACSB) represents Virginia's Community Services Boards and Behavioral Health Authority that provide the premier behavioral health and developmental disability services in Virginia's Communities. Office
Ph: 757-221-7440 Fax: 757-221-1855 Email: elderlaw@wm.edu		The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to

Ph:804- 725-8597 Email: ~~info@addyscolors.org~~	Addy's Colors provides free counseling services for:Children diagnosed with a chronic or life-threatening illness and their families. ~~Children diagnosed with a developmental disability and their families.~~
Ph:757- 244-3500 Email:aplhacou@alphacounselors.com ~~Website:www.alphacounselingva.com~~	Provides comprehensive and multi-faceted counseling services. The primary emphasis is to equip the client with necessary tools and skills to improve their quality of life. Services: Marital Counseling. Home-based counseling, case management, substance abuse recovery and
Ph:757- 262-2094 Website:www.alphacounselors.com	Alpha Counsellors Service, Inc. provides counseling, mentoring, fitness and nutrition. Sex Offender therapy is also offered. Please call for further information.
Ph: 804-733-3506	Appomattox Health and Wellness Center offers fully-integrated and confidential Behavioral Health Services in several of our office locations. A fairly broad range of services are available, and vary by site depending on provider specialization. Each site with Behavioral
Ph:757- 490-6960	Associated Counselors of Tidewater provides Psychotherapy services for children and adults. Accepts most insurances, Healthkeepers Plus, Famis, Medicaid.
Ph:757- 825-9181	Associated Counselors of Tidewater provides Psychotherapy services for children and adults. Accepts most insurances, Healthkeepers Plus, Famis, Medicaid.
Ph:757-486-6955 Fax:757-486-3258 Website:https://www.associatesatlynnhaven.com	Associates At Lynnhaven Counseling, LLC provide confidential out-patient mental health therapy and counseling. Services include individual, couples and family counseling. Accepts Medicaid. Please call for further information.
Ph:757- 468-0550 Website:www.atlantic-psych.com	Atlantic Psychiatric Services provides Psychotherapy services for children and adults. Services includes: eating disorder, excellent with
Ph:757- 422-2118 Email: info@counselingacc.com	Awakenings Counseling Center provides phone and online therapy, counseling services for children, adolescent, adults and families. Bilingual Counselor (Spanish) available upon request. Please call for further information.
Ph:757- 279-2043	Beach Counseling Center -Patrizia Zorzoli is a professional who provides psychotherapy services that includes: anger
Ph:757- 872-8303	Behavioral Medicine Institute provides Psychotherapy services for children and adults.*does NOT accept HMO's, Healthkeepers, ~~Optima or Sentara family care.~~
Ph:757- 461-3313 Fax:757- 622-4063	Norfolk Psychiatric Associates provides Psychotherapy services for children and adults.*new patients, 2-weeks for appointment, 1-2 months for psychiatry, accepts most insurances, varies by provider. Medicaid is accepted.
Ph: 757-442-6211	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling,
Ph: 757-484-0703 Fax: 757-484-1096 757-467-7707 Main Office	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance.
Ph: 757-562-6222 Fax: 757-562-3930 757-467-7707 Main Office	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling.
Ph: 757-875-0060	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling.
Ph:757- 456-2366	Access to Therapy (ACT) program now available at Catholic Charities of Eastern Virginia, Inc. (CCEVA), providing mental health services to individuals in need of counseling who have no health insurance. Provides short-term individual, couple, or parent-child counseling,
Ph:757-456-2366	Catholic Charities Teen/Adolescent Anger Management is a six-week program designed for 13 to 18 year olds. The program meets the requirements for Juvenile and Domestic Relations Courts. This is
Contact: Sara F. Lamont, M.Ed., BCBA, LBA Ph: 424-485-1522 Fax:757-	CENTRA provides Individual & Family Therapy services. Please call for further information.

Ph:757- 306-4232 Website:https://www.centerforeffectivechange.com/	Center For Effective Change is an outpatient mental health practice to meet the mental health needs of children, adolescents, and adults. Please call for further information.
Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	Center for Child & Family Services-Adult Anger Management program offers 6-12 week group therapy to treat community violence and meet court requirements for those that struggle with anger management outside of the family. Cost: \$55 - Assessment \$25 per
Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	PATTS utilizes group instruction and role play to help youth learn nonviolent conflict resolution skills, demonstrate more forgiveness in conflict situations and take responsibility for their choices and behavior. PATTS groups are designed to encourage peer support
Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	Center for Child & Family Services provides individual, couple, marital, family therapy, child or youth therapy and trauma services to treat a wide range of issues. Some of these issues can
Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	Prostitution and Solicitation Treatment Program-PAST is a group for men who have a first time charge of solicitation of a prostitute. This group meets weekly for 8 weeks. Cost: \$55 -Assessment, \$55 per
Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	A treatment for men and women who have been charged with a shoplifting offense. This is three 1 hour sessions, plus assessment. Cost: \$55 - Assessment \$55 per session The Center serves all
Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	The Center has a clinical staffed trained in the specialization of working with victims of trauma. They also have staff trained in Critical Incident Stress Management debriefing for organizational and community traumatic events. The center provides counseling
Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	The Latino Outreach Program provides families, children, and individuals with professional psychotherapy services through an individual or group platform. The program also works in conjunction with other agencies and institutions that are already serving the
Ph: 757-547-9334 Website: www.cityofchesapeake.net/csb	Chesapeake Integrated Behavioral Healthcare (CIBH) provides comprehensive outpatient counseling services for people of all ages who live in Chesapeake
Ph:757- 595-3900 Website:www.chessenassociates.com	Chessen and Associates provides Psychotherapy services for children and adults. Accepts Optima. Please call for further information
Ph: 757-405-1800	Provides counseling for people (individuals, couples and families) addressing marital problems, divorce, child behavior, parenting, stress, grief, depression, treatment of victim of sexual abuse and the
Ph:757- 668-4673 (HOPE) Website:https://www.chkd.org/Our-Services/Mental-Health/Mental-Health-Therapy	CHKD's clinical social workers (LCSWs) and mental health counselors offer outpatient mental health assessments as well as individual and group therapy on our main hospital campus in Norfolk and CHKD locations throughout the region. A child may be referred to
Ph:757- 483-3404 (for all offices) Email:cpc3210@yahoo.com	Churchland Psychological provides Psychotherapy services for children (4+). Services include: Pain Management, Phobias, Post Traumatic Stress Disorder, Sexual Dysfunction, Stress Management. They also provide Marriage and family therapists diagnose and treat mental and emotional issues and concerns within marriages
Ph:757- 483-3404 (for all offices) Email:cpc3210@yahoo.com	Churchland Psychological provides Psychotherapy services for children (4+). Services include: Pain Management, Phobias, Post Traumatic Stress Disorder, Sexual Dysfunction, Stress Management. They also provide Marriage and family therapists diagnose and treat mental and emotional issues and concerns within marriages, couples, and families at their Chesapeake location. *accepts
Ph:757- 483-6404	Churchland Psychiatric Associates provides Psychotherapy services for children and adults. Services includes: sexual abuse/ADHD, psych testing/play therapy, Chronic illness, behavior, medical issues, grief, substance abuse. NO straight Medicaid. Only Medicaid HMO.
Ph:757- 877-7700 Fax: 872-7211 Website:www.catnn.com	Clinical Associates of Tidewater provides Psychotherapy services for children and adults. all PPO's, very few HMO's, but accept Healthkeepers, OFC, straight Medicaid – limited – appt. same day or next day likely
Ph:757- 436-0605 Fax :757- 436-0023 Website:https://www.coastalcounselingcenter.com	Coastal Counseling provides Psychotherapy services for children and adults. Support Staff Hours: Monday -Friday 9 am – 5 pm and Saturday and Sunday are Closed.

Ph: 757- 222-4944 Fax: 757- 544-9880 Crisis: 757- 502-9170 Email:info@covavb.com	Coastal Virginia Counseling and Mediation provides counseling services for the following areas: Anger,Depression,Behavioral Problems at Home and School,Attention Deficit Hyperactivity Disorder (ADD/ADHD),Socialization,Parent-Child Relationship
Ph: 757- 222-4944 Fax: 757- 544-9880 Crisis: 757- 502-9170 Email:info@covavb.com Website:http://www.covavb.com	Coastal Virginia Counseling and Mediation provides Expressive Arts Group Therapy for children ages:8-12 every Tuesday. Insurance: major insurances accepted including Anthem, Optima, Tricare (certified out of network), Blue Cross, Aetna, Medicaid, Military One Source. Self-pay rates available. Foreign Language:Spanish speaking counselors available upon request. Please call for further information.
Ph:757-220-3200 Please call to complete a brief telephone screening with staff: :Adults ages 18 and older in James City or Williamsburg:	Colonial Behavioral Health -CSB provides outpatient comprehensive mental health counseling for people of all ages who live in Williamsburg and James City County. Please call for further information.
Ph:757- 873-1958	Colonial Psychiatric Associates, LLC provides counseling services, substance abuse counseling, Please call for further information.
Ph.:757-644-6391 Fax:757.622.2011 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph.:757-644-6391 Fax:757.622.2011 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:434.220.0089 Fax:434.220.0103 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:434.214.8112 Fax:434.534.3034 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:804-372-0151 Fax:804-912-2163 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:804-544-9044 Fax:804-715-4789 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:804-924-9260 Fax:804-464-4919 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:540-339-3640 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.

Ph:703.496.7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:540-212-9222 Fax:540-321-4420 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:804-203-2011 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:540-949-7045 Fax:540-949-8897 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:540-437-1605 Fax:540-437-1606 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:540.215.0535 Fax:540-206-2109 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a ~~diagnosis specific program and children with other disorders who~~
Ph:540-462-2914 Fax:540-462-2892 Website:www.compassyouthservices.com	Compass Behavioral Group provides a full range of counseling and psychological services for children up to 18.Medicaid is accepted.
Ph:757- 622-6794 Email:cpr@cprs.hrcxmail.com Website:https://www.cprcares.com	Community Psychological Resources is a private behavioral healthcare group of independent licensed psychologists, social workers, and professional counselors who provide mental health services for children, adolescents, and adults in individual, family, or group settings. Psychological testing is available. Medicaid,Tricare and Major Insurances are accepted. Telehealth and In office Services are available. Please call for further information.
Ph: 757-874-8400 Fax: 757-874-2295 Website:www.pich.org	Community Health Center. Insurance accepted and sliding scale fees for uninsured. Services: counseling.
Ph: 757-876-7194 Fax: 757-262-1544 Contact: Jenn Abrams Ph:757-876-7194 OR	Creative Counseling Center Inc., is a private counseling practice. They are experienced in working with children, teens and their families, and incorporate creative approaches into counseling such as play and art therapy. Jennie Abrams specializes in working with

Ph: 757-244-9223	The Scott Center offers a variety of services from counseling to fun activities. Services include: individual/family counseling, mental health counseling, career assessment counseling, tutorial/homework club, computer lab, youth advisory, leadership training, health
Ph:804- 862-8054 OR Crisis Services Ph:804 862-8000 Toll-Free Crisis Line: 866- 365-2130	District 19 Community Services Board provide a wide array of services for adults, adolescents, children and infants experiencing mental illness, intellectual/developmental disabilities. Please call for further information..
Contact:Deatrice Delk, LPC, CPSC Clinic Manager Ph:757- 294-0037 Fax:757- 294-5113 Email: ddelk@d19csb.com OR	Sussex Counseling Services provides comprehensive counseling services for children and adults. Please call for further information.
Ph:757- 498-9391 Fax: 757- 498-7073 Website:www.dominionpsy.com	Dominion Psychiatric Associates, PLLC provides psychotherapy services for children and adults. Services includes: eating disorders, sexual/physical abuse, adolescents/substance abuse. They also preform psychological testing. Medicaid is accepted.
Ph: 919- 329-5671 Fax: 919- 329-5669 Location:910- 285-1157 Wilmington Location:910- 763-7458 Website: https://www.dungarvin.com/	Dungarvin provides counseling /psychotherapy services for children and adults with Intellectual & Developmental Disabilities and Substance Abuse Problems in their homes and communities. Please call or visit the website for further information.
Ph:757-414-0100 Toll Free: 800-324-2988 TTY:757-414-0080 Fax:757-414-0205	Peer Counseling Services: The center provides person to person counseling, based upon the concept that a counselor with a disability can draw upon experiences that will help others with disabilities explore options, set goals, and solve problems. The Peer Counselor
Main:800-324-2988 Fax:757-414-0080 TTY:757-414-0080 Toll Free:800-324-2988 Ph:757-442-3933 Fax:757-442-3602	Provides services to help the disabled to become more knowledgeable on issues affecting the community with disabilities. No age limitation. Other Eligibility Requirements: Unrestricted. Must be resident of Eastern Shore, Accomack and Northampton Counties.
Ph/Text:757- 701-9266 Email:info@ecvega.com Website:https://ecvega.com	ESCSB provides Mental Health Counseling Services in the individual's home or the community. Services are offered when an individual requires assistance with activities of daily living such as: Budgeting, Nutritional planning, Healthy Relaxation Activities and EC Vega, LPC provides counseling services, consultation, psychotherapy, psychoeducational, IEP/504 plan consultation, self-care and prevention plan, individual and family sessions. All the sessions and services are private and confidential. Bilingual Counselor available (English/Spanish). Please call or visit the bilingual website for further information.
Ph:757-.466.3336 Fax: 757- 455-5750	EDEN Counseling Center provides a full range of counseling and psychological services for children, adolescents, and adults. Eden Counseling Center participates in Aetna, Anthem, Cigna, Medicare, Sentara, Tricare Standard, Tricare Prime, and additional networks. If
Ph:757- 466-3336 Fax: 757- 455-5750	EDEN Counseling Center provides a full range of counseling and psychological services for children, adolescents, and adults. Eden Counseling Center participates in Aetna, Anthem, Cigna, Medicare, Sentara, Tricare Standard, Tricare Prime, and additional networks. If
Ph:757- 466-3336 Fax: 757- 455-5750	EDEN Counseling Center provides a full range of counseling and psychological services for children, adolescents, and adults. Eden Counseling Center participates in Aetna, Anthem, Cigna, Medicare, Sentara, Tricare Standard, Tricare Prime, and additional networks. If
Ph:757- 446-5888 Website:https://www.evms.edu/patient_care/specialties/psychiatry_and_behavioral_sciences/services/hofheimer_hall Ph:757- 467-9500 Fax: 757- 467-9560 Email:fairfieldpsychological@gmail.com Website:https://fairfieldpsych.com	EVMS Psychiatry Hofheimer Hall Outpatient Clinic addresses a full range of psychiatric disorders and subspecialties, including: Pharmacological: management Pharmacotherapy, Psychological/Neuropsychological testing, Consultative/liaison Fairfield Psychological Associates provides Psychotherapy services for children and adults. Accepts straight Medicaid, Optima Family Care, Virginia Premier, and Healthkeepers.

Ph:757- 472-4982 Email:fec@familyecenter.com Website:https://familyecenter.com	Family Enrichment Center provides outpatient counseling that includes individual counseling, Family Counseling and Pastoral Counseling. Services are provided by Licensed Professional Counselors or Licensed Clinical Social Workers for individuals struggling with a variety of issues. Please call for further information.
Ph:757-645-3860 Fax: 645-3873 Website:familypriority.net	Family Priority provides individual counseling, Communication skill development (problem-solving, interpersonal skill development. Service coordination of services with other providers and anger management) services for children and adolescents under the age of 18.
Ph:757- 380-0385	Family & Youth Foundations Counseling Services provides family counseling. Walk-ins allowed. Please call for further information.
Ph: 757-228-5635 & 757- 861-9050 Fax:757- 861-9051 Email:info@fishingpointhc.com	Fishing Point Behavioral Health provides services in the areas of diagnostics, mental health care, therapy and evaluations. Specialties: Anxiety, Depression, Life Coaching Issues, Alcohol Abuse, Bipolar Disorder, Borderline Personality, Children's Mental Health.
Ph:757-861-9010 Fax:757-861-9011 Email:info@fishingpointhc.com Website:https://www.fishingpointhc.com	Fishing Point Healthcare is committed to delivering world-class, compassionate care to Medicaid and Tribal member patients. As a multifaceted healthcare system, they combine modern medical practices with traditional wisdom to ensure every patient receives the best possible care.
Ph.: 757-626-0032	Genesis Psychological Services provides Psychotherapy services for children and adults. Services includes: Eating disorders, family/individual therapy, groups, anger management, play therapy, etc. Medicaid is accepted.
Ph:757-965-5886 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management, Anxiety, Art Therapy, Attachment Issues, Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder, Binge Eating Disorder, Bipolar Disorder, Body Image Issues, Borderline Personality.
Ph:757-564-3100 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management, Anxiety, Art Therapy, Attachment Issues, Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder, Binge Eating Disorder, Bipolar Disorder, Body Image Issues, Borderline Personality.
757-827-7707 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management, Anxiety, Art Therapy, Attachment Issues, Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder, Binge Eating Disorder, Bipolar Disorder, Body Image Issues, Borderline Personality.
Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management, Anxiety, Art Therapy, Attachment Issues, Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder, Binge Eating Disorder, Bipolar Disorder, Body Image Issues, Borderline Personality.
Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management, Anxiety, Art Therapy, Attachment Issues, Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder, Binge Eating Disorder, Bipolar Disorder, Body Image Issues, Borderline Personality.
Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services . Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. Some conditions we treat include: Adoption & Foster Care Challenges, Anger Management, Anxiety, Art Therapy, Attachment Issues, Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder, Binge Eating Disorder, Bipolar Disorder, Body Image Issues, Borderline Personality.

Ph:757- 826-7516 Fax: 757- 825-7351 Website:www.hmha.net	Hampton Mental Health Associates provides Psychotherapy services for children and adults. Accepts Healthkeepers , VA Premier.
Ph: 757-587-4744 Fax: 757-587-4947 Website:https://www.hrbhgroup.com	Hampton Roads Behavioral Health provides counseling services, psychological testing,Psychotherapy,Hypnosis,Biofeedback,Neurofeedback and Medication Management. Common Conditions:Depression,Anxiety Problems, Post Traumatic Stress (PTSD),Obsessive Compulsive Disorder (OCD),Phobias, Bipolar Disorder, Schizophrenia and other Psychotic Disorders, Child Behavior Problems, Attention Problems, Learning Problems, Substance Abuse, Smoking Cessation, Weight
Ph:757-484-0616	Hampton Roads Psychological Services provides Psychotherapy services for children and adults. Medicaid is accepted.
Contact: Dr. Bernard Curry Ph:757- 663-4229 Website:www.ihccs-inc.com	IHCCS, Inc./Benny's Place provides outpatient therapy to individuals, couples, families, and groups including substance abuse services (evaluation and treatment) and Art Therapy. We provide services to
Website:https://hminnovations.org/mediation-app	Healthy Minds Innovations, Inc.is a nonprofit affiliated with the Center for Healthy Minds at the University of Wisconsin-Madison driven by a mission to translate science into tools to cultivate and measure well-being. The Healthy Minds Program App is an easy to use guide to well being.
Ph:757- 424-0100	Indian River Psychological Associates, P.C. provides Psychotherapy services for children and adults. No HMO's, accept straight Medicaid and Tricare.
Contact: 757- 227-3636 Fax:757- 227-3642 Email:fmiles@InfinityCounselingGroup.com Website:www.InfinityCounselingGroup.com	Infinity Counseling Group provides outpatient therapy and counseling services for children, adolescents, adults, couples, families and groups. Services can provide clinical assessments and counseling for mental health, substance abuse issues, behavioral problems, and trauma/abuse victims. They accept Medicaid and most private insurances.
Ph:757-623-8985	In Home Clinical & Casework Inc.,(IHCCS) provides the following services: Individual, Family, and Group Counseling (English and Spanish),Trauma Specialists - PTSD, Victims of Sexual Assault, Intimate Partner Violence (IPV - Domestic Violence) Counseling, Psychosexual Evaluations,Sex Offender Treatment (Individual, Group - and Family) Anger Management Treatment (Individual and
Ph:757-606-9388 Email:admin@innovativecounselingservices.org	Innovative Counseling provides Individual Counseling, Family and Group Counseling. Please call for further information.
Ph: 757-272-1387 Fax: 757-740-9044 Email:info@innovativecounselingsolutions.net	Innovative Counseling Solutions: Outpatient Services provides individual, family, group and marital counseling to individuals across the lifespan. They accept the following insurances: She accepts the following insurances: Cigna,Optima,Anthem,Humana United Healthcare Virginia Premier Beacon Medicaid
Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com Website:http://www.jamesbentleytreatm	James Bentley Counseling Services provides the following Services:Counseling,Parent Education, Link the Client to Resources,Restore the Family Unit, Communication Skills, Anger Management, Medication Compliance, Family Sessions, Consult
Ph:757- 410-7390 Email:rrand@aol.com Website:www.randqvn.com	Kristine Rand is a registered dietician and working toward LCSW that works with kids with diabetes only covered by insurance – not accepted for any other conditions. Specializes in eating disorders.

Billing Phone for all locations: Ph:253-254-5911 Website:https://lifestance.com 1.Arlington Ph: 888-495-2825 2.Ashburn-Ashbrook PI Ph: 877-907-9301	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments.Services:Adult Psychiatry, Child and Adolescent Psychiatry, Child and Adolescent Therapy, Child-Parent Relationship Therapy, Couples Therapy, Family Therapy, Medication Management, Neuropsychological Testing mad Psychological Testing and Evaluation.
Ph: 540-616-2312 Fax: 540-274-9440 Website:https://lionesshealingandwellness.com	Lioness Healing and Wellness provides mental health services adolescents and adults ages 10+ with a variety of mental health concerns as:Depression,Anxiety,Panic attacks,Trauma,ADHD,Insomnia,Bipolar disorder,Schizophrenia,Personality disorders, CD and Autism. We primarily focus on medication management (through pharmaceutical and/or holistic treatment methods) and incorporate brief therapy into our appointments. Insurances we accept: Aetna, Blue Cross Blue
Ph: 757-345-6428 Fax:757 345-6808 Website: https://www.matoakagrovecounseling.com/	Matoaka Grove is an independent group of mental-health professionals providing counseling and psychotherapy services to individuals, couples, and families in the Williamsburg community.They offer a broad range of counseling and
Ph:757-222-0814 Fax: 757-222-0813 Email: McNeillTesting@gmail.com	McNeill Therapy & Testing Services provides comprehensive psychological evaluations/testing and therapy for adults and children in the Hampton Roads area. Services offered:
Ph:757- 490-3009	Maxim Healthcare provides behavioral intervention services to children ages 3-21, facing mental health and developmental
Gloucester Counseling Center Contact: Deborah Richardson, LMFT, LSATP	Counseling is available for individuals and families. Marital and group therapy are also available, as well as mental health outpatient care.
Warsaw Counseling Center Contact: Wanda Dungan LPC, CSAC Mental Health Outpatient Coordinator,	Counseling is available for individuals and families. Marital and group therapy are also available, as well as mental health outpatient care.
BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net	New Life Substance Abuse & Behavioral Consultants, Inc.-SLIP-Shoplifting Intervention Program provides engaging, interactive, and effective court approved shoplifting prevention classes to clients that have been accused of theft or shoplifting. They also expose the
BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants-Anger Management Program goal is to educate participants on Anger and techniques to controlling this vital emotion appropriately in the future. 1-day / 8-hour Program is available and is same-day Certification of Completion. This program is court approved. Cost: 80.00. Please call for further information.
To register call Ms. Scott Ph:757- 369-6807, or Ms. Diggs Ph:757- 369-6814, Email: cscott@nnva.gov	The Empty Chair at the Table" and "Coping with Grief and Loss Around the Holidays." is for individuals who have loss a love one recently and their life has been changed forever. This workshop is offered to assist individuals in preparing for this otherwise happy season with ways to "Cope with Grief and Loss Around the Holidays."
To register call Ms. Scott Ph:757- 369-6807, or Ms. Diggs Ph:757- 369-6814, Email: cscott@nnva.gov	Healing the Hurts of the Past (Trauma Focused Series for Women)- This series is about "YOU"! As an individual. What has happened in your life that seems to make it difficult for you to be the best "YOU" and the best parent you feel you want to be? from your mind to your heart to the very spirit of you, it is the aim of this series to move you
Ph:757- 345-5588 Website:https://www.newtowncc.com	New Town Counseling Center provides Counseling Services. Focus Areas:Anxiety Disorders,Depressive Disorders,Trauma & Stress Related Disorders,Neurofeedback &
Ph: 757-756-5600 Main Enrollment and Information Ph:757-823-1617 Pre-Screen: 757- 664-7690 Fax: 441-5546	Norfolk Community Services Board in partnership with Old Dominion University's Graduate Counseling Program, has established the Olney Road Counseling Center to provide affordable outpatient therapy services for Norfolk resident with mental health. Services are offered to adults, adolescents, children and their families. Typical issues may include: Adjustment Problems, Anger Management,

Ph:757- 489-4700 Fax:757- 489-0240	Riverpoint Psychiatric Associates provides Psychotherapy services that includes: behavioral issues, women's issues, depression, ~~psychological testing evaluation, adolescent depression, anxiety, etc.~~
Ph:757- 533-9108	Opened Monday - Friday, 8 a.m.-5 p.m.; extended evening hours are sometimes available; services: mental health and counseling ~~services for both kids/adults. Call ahead for appt., bring ID.~~
Ph:757- 806-6800 Website:www.gopathwaysdsinc.com	Pathways Development Services, Inc. provides Individual/couples/family counseling, in-home services, support groups. Please call for further information.
Ph:757- 468-0550	Pegasus Psychiatric & Wellness Center is a medical group practice located in Virginia Beach that specializes in Counseling and ~~Psychiatric Nursing ...~~
Ph:757-873-2273 Fax:757-873-9422	The Peninsula Pastoral Counseling Center, Inc. purpose is to provide pastoral counseling, therapy, and educational services to individuals, couples, and families; to provide training for pastors, their congregations, other counseling professionals and their institutions. ~~Services: individual, pre marital, marital, child and family counseling.~~
Ph:804693-0810 Fax:804-693-0211	Phillips and Rose provides Psychotherapy services for children and adults.*Every therapist accepts Medicaid.
Ph:757- 393-5357 /8618 If experiencing a psychiatric emergency in Portsmouth, please call: Ph: 757- 213-4490 Fax: 757-213-4991 Website:www.debrawelpe.net	Portsmouth Department of Behavioral Healthcare Services-CSB provides comprehensive counseling services for individual with ~~mental health, intellectual disability. Call to scheduled an~~ Debra Welpe, LCSW is a licensed clinical social worker who offers counseling for anyone who may be experiencing a crisis in their life. Debra's specialization is with individual and family psychotherapy.
Ph:757- 442-2504	Psychotherapy Resources provides Psychotherapy services for children and adults.**Accepts all instate insurances – 2-weeks for an appt.
Ph:757-352-4488 Fax:757-352-4362 Email:psc@regent.edu	Psychological Services Center at Regent University provide Psychological Assessments on a sliding scale. Services: Individual therapy ,Couple therapy,Family therapy,Group
Contact: Sabrina or Destyne Ph:757-362-1157 Website:https://resetvirginia.org	RESET Inc is a non-profit organization offering a variety of programs and services to support mental health, including counseling, support groups, and educational workshops. Please call or visit the website for further information.
Ph:757- 516-2711 Website:www.staceyscottpsyd.com	Raiford Psychological Services –Stacey Scott, PsyD provides Psychotherapy services for children and adults. Insurance accepted: Anthem Blue Cross and Blue Shield of Virginia, Anthem ~~Healthkeeper's Plus, Magellan, Optima, United Health Care~~
Ph:757- 622-9852 Fax: 757- 622-4033	The Psychotherapy Center provides Psychotherapy services for children and adults. Services includes: eating disorders, Adolescents, eating disorders and group therapy for eating disorders,
Ph:757- 873-1736 Fax:757- 873-1028 Website:www.rocklandingtherapy.com	Rock Landing Psychologist Group provides Psychotherapy services for children and adults. Medicaid is accepted.
Ph:757-937-5780 Fax:757- 937-5781 Email:info@sealevelcw.comWebsite:ht ps://www.sealevelcounselingandwellne ss.com	Sea Level Counseling and Wellness provides Trauma-Informed Behavioral Health Therapy, EMDR (Eye Movement Desensitization and Reprocessing), Art Therapy and Play Therapy; they also provide Neurofeedback.Conditions:Anxiety,Depression,LGBTQIA+,Stress- ~~Related Emotional Changes, Women's Issues, Grief/Loss.~~
Ph: 757-372-7868 Fax: 757-419-5365 Email: angela@seekyourserenity.com	Serenity Counseling LLC-Angela P. Callahan, LPC, NCC provides Psychotherapy and counseling for individual adults and/or couples, to include referral for medical transition (Male to Female and vice versa) and other services. Services for youth include individual and family ~~counseling and support.~~
Youth Outreach Programs at Seton Youth Shelters Ph: 757- 406-5522 Admin Office:	This program is free of charge and designed for teenagers ages 13 up to 18 years old who are having difficulty managing anger, not communicating respectfully, and/or demonstrating low self-esteem.
Ph:757- 255-2555	Southside Counseling Center Psychotherapy services for children and adults. Most insurances are accepted. Does not accept Medicaid.

Ph:757-640-1882 Website: http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy are an outpatient mental health clinic that serves children, adolescents and adult. Services: Counseling and Psychotherapy. Please call for further information.
Ph:757-640-1882 Website: http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy provides Neurofeedback/ Neurotherapy, these techniques works to train better brain function, better self-regulation and better emotional control. These well researched technologies are used to provide totally individualized
Ph:757- 787-9517	Steve Booker, LPC provides Psychotherapy services for children and adults. Services includes: Depression, ADHD, ODD and Anxiety, etc. *Accents all private health insurance and EAP programs. Does NOT
Ph:757-926-6300 Fax: 757-926-6118	The Structural Family Therapy program purpose is to provide counseling as an intervention to prevent child abuse and neglect, or placement of children in foster care for families where risk to the
Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse; nutritional education and training and referrals to much needed physical and mental health services. The educational topics include, but are not limited to assisting qualified individuals in
Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called, "Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will include items that may conceal drugs, alcohol and contraband. The exhibit helps to educate parents and guardians on identifying early signs of substance and opioid abuse. There are
Ph: 757-858-1360 Fax: 757-852-9953 Email: info@stopinc.org Website: https://stopinc.wp.iescentral.com	STOP, working alongside the partners from the Franklin-Southampton County Wellness Coalition, has created a multifaceted platform to tackle the opioid use disorder (OUD) and substance use disorder (SUD) epidemic in the rural areas of Franklin and Southampton County. Efforts support treatment and recovery of those plagued
Website: https://www.talkspace.com Email: support@talkspace.com	Talkspace Online Therapy provides Online Counseling Via Text, Audio, Or Video Messaging. At Any Time, From Anywhere. HIPAA Compliant.Services:Unlimited messaging therapy, Couples therapy, Psychiatry, Teen therapy, Talkspace for
Contact: John M. Thurston, MD Ph: 757-404-6592 Website: https://www.telementalhealthcare.com/	TeleMentalHealthCare provides psychiatric services, individual psychotherapy & counseling. Insurance not accepted, but sliding scale fee available. Hours of Operation: Tuesday, Thursday, Saturday, and Sunday by
Ph:757-838-1960 Fax:757-838-3280 Website: www.kidsandfamilies.com	Center for Child and Family Services, Inc., enhances the quality of life for families in our community through professional counseling, education and support services. Programs: Individual/couple psychotherapy for adults; individual play therapy for children; family therapy; debt management program; group therapy for men and women involved with domestic violence, budget counseling. Anger management programs available for men, women and children
Ph:757-838-1960 Fax:757-838-3280 Email: beaconprogram@kidsandfamilies.com Website: www.kidsandfamilies.com	The Beacon Program provides FREE counseling to staff and or clients who are experiencing any kind of stress, anxiety, depression, fear, concern. It is provided by the Center for Child & Family Services. Any person seeking services is eligible for FREE
Ph:757-838-1960 Ext.314 Fax:757-838-3280 Website: www.kidsandfamilies.com	Center for Child and Family Services, Inc.-Latino Anger Management Programs- provides counseling services through their Domestic Violence /Anger Management Program for men who are experiencing with anger that may cause problems on their relationship
Ph:757-838-1960 Ext.314 Fax:757-838-3280 Website: www.kidsandfamilies.com	Center for Child and Family Services, Inc.-Latino Individual and Family Counseling Programs-provides mental health counseling for Latino families. The program works in conjunction with other agencies and institutions already serving this population such as
Ph:757-838-1960 Fax:757-838-3280 Website: www.kidsandfamilies.com	The Center for Child and Family services is granted the Virginia Victims of Crime Act Child Abuse/Neglect Treatment Program grant and will be providing evidence based, trauma, trauma-centered counseling. Attachment regulation and competency, eye movement
Ph:757- 838-1960 Fax:757-838-3280 Website: www.kidsandfamilies.com	The Center for Child and Family Services-Youth Empowerment Program - SAVY is a 18-week bully-proofing program which empowers school-age children (grades 3-8) to deal with bullies in their schools and neighborhoods. The students on the teams will
Ph:757- 838-1960 Fax:757-838-3280 Website: www.kidsandfamilies.com	The Center for Child and Family Services-Shoplifting Intervention Program-SHOP 1 is a group for men and women who have been charged with a first time shoplifting offense. This group is a one-time 2 hour group on the first Saturday of each month. Cost: \$20

Ph:757- 838-1960 Fax:757-838-3280 Website:www.kidsandfamilies.com	The Center for Child and Family Services-Shoplifting Intervention Program-SHOP 2- is a group for men and women who have been charged with more than one shoplifting offense. This group is two 3 hour groups held on the first and second Saturday of each month.
Ph:757- 838-1960 Fax:757-838-3280 Website:www.kidsandfamilies.com	The Center for Child and Family Services-Breaking Free Program is a prostitution diversion program for those who have been charged with prostitution or struggle with leaving the sex industry. 6 individual counseling sessions, 8 group sessions, 12 hours of job readiness.
Ph:757- 838-1960 Fax:757-838-3280 Website:www.kidsandfamilies.com	The Center for Child and Family Services-Prostitution and Solicitation Treatment Program (PAST) is an 8 week group for men who are first time offenders of solicitation of a prostitute. Cost- \$30 – Assessment, \$25 per group session. Please call for further information.
Ph:757- 826-4600 Website:www.thecounselingctr.com Newport News Location: Ph:757- 822-8000	The Counseling Center, LLC provides traditional counseling services, co-parenting classes, and more. Please call for further information.
Ph: 757-788-0300 Emergency Services: Ph: 757-788-0011 For GAP information and Assistance Contact: Ph: 757-788-0000	The Hampton-Newport News Community Services Board provides comprehensive mental health counseling services for people of all ages who live in Hampton and Newport News.
Helpline:1-800-522-4700. Chat ncpgambling.org/chat Text 1-800-522-4700	The National Problem Gambling Helpline is available 24/7 and is 100% confidential. This hotline connects callers to local health and government organizations that can assist with their gambling addiction. Please call for further information.
Northern Virginia Hotline 855-2CALLGA (855-222-5542)	The Problem Gambling Helpline Network-Northern Virginia is available 24/7 and is 100% confidential. This hotline connects callers to local health and government organizations that can assist with their gambling addiction. Please call for further information.
Staunton Hotline Number 540- 221-6863	The Problem Gambling Helpline Network-Staunton Virginia is available 24/7 and is 100% confidential. This hotline connects callers to local health and government organizations that can assist with their gambling addiction. Please call for further information.
Counseling Services Ph:757- 965-8623 Email:	The Up Center offers trauma-informed, evidence-based mental health outpatient counseling to help children, individuals and families manage the stresses of life. Individual, family and group services are
Counseling Services Ph:757- 965-8623 Email:	The Up Center offers trauma-informed, evidence-based mental health outpatient counseling to help children, individuals and families manage the stresses of life. Individual, family and group services are
Counseling Services Ph:757- 965-8623 Email: outpatientcounseling@theupcenter.org	The Up Center offers trauma-informed, evidence-based mental health outpatient counseling to help children, individuals and families manage the stresses of life. Individual, family and group services are
Counseling Services Ph:757- 965-8623 Email: outpatientcounseling@theupcenter.org	The “Up” Center-Employee Assistance Program (EAP) provides EAP services to employees of some local corporations on a contract basis. Please call for further information.
Contact: Jessica Oulahan Counseling Services Coordinator Ph:757- 965-8686 Email: cohenclinic@theupcenter.org Website: https://theupcenter.org/cohenclinic	The Steven A. Cohen Military Family Clinic at The Up Center provides high quality, time sensitive mental health services to post-9/11 veterans and their families, regardless of the veteran's role while in uniform, discharge status, or combat experience. Services are also available for active-duty service members and their families. They offer confidential, client-centered therapy for a variety of short-to-
Ph:757- 497-3670 Fax:757- 499-1047 Ph:757-467-7707.	Tidewater Psychotherapy provides Psychotherapy services for children and adults. Medicaid and most insurances are accepted.
Ph:804-642-3414 Website:www.therapyassociatesofdenbi gh.com Newport News Location :	Teen Anger Management is a 4 part course that explains how anger affects us emotionally, physically and in our relationships with others.
Ph:704-536-0375 Admissions OR 704.376.7180 Email: therapy@thompsoncff.org. Website:https://www.thompsoncff.org	Thompson Strengthening Children, Families & Communities-Multisystemic Therapy (MST) is available as an evidence-based therapy, using multiple therapies and approaches simultaneously to resolve severe behavioral problems. Therapy focuses on helping youth and their families work to facilitate change collaborating with

Ph:704-536-0375 Admissions OR 704.376.7180 Email: therapy@thompsoncfc.org. Website:https://www.thompsoncfc.org	Thompson Strengthening Children, Families & Communities- Counseling Services is available for individuals, families, couples, and groups, of any ages, in the community, school, and office settings. They work with people from a variety of backgrounds and needs, and strive to offer high quality services with multiple avenues
Ph:757- 709-6319 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information
Ph:757- 347-8662 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information
Ph:757- 607-4661 OR 757- 699-5692 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information
Ph:757 699-5651 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information
Ph:757- 799-4341 Website:https://thriveworks.com	Thriveworks Counseling & Psychiatry provides Individual Therapy In-person & Online Therapy, Child Therapy & Teen Counseling, Family Therapy, Couples Therapy & Marriage Counseling Psychiatry / Medication. Insurance: major insurances are accepted. Languages: bilingual counselor (English/Spanish) available upon request. Please call or visit the website for further information
Ph:757-347-8840 Fax:757- 829-1667 Ph: 757-437-6100 Fax:757-408-5796	Turning Point Counseling and Consulting offer individual therapy, couples therapy, and children's & teen's therapy. Please call for more information
Ph:757- 873-4744	Promotes the quality of life for all Virginia Beach citizens affected by mental health disorders and intellectual disabilities
Williamsburg Location: Ph:757-758-6635 Tappahannock Location: Ph:757-758-6635 Website:https://vitabellacounselingva.com	Virginia Psychological Services, PLC provides individual/couples/family counseling. Please call for further information
Ph:757- 925-2484. Email:info@wtcsb.org	Vita Bella Counseling is a trauma informed Center that offers EMDR, Brainspotting, Somatic, CBT, IFS/Parts/Ego state, DBT and Child Centered Play Therapy. They specialize in trauma, family conflict, attachment, adoption, grief, infidelity, anxiety, relational challenges, substance use, and physical or sexual abuse. Insurance: they currently accept insurance through: Anthem, Blue Cross, Blue Shield, Carefirst, Optima, Cigna, Aetna, United Healthcare, Medicare, TRICARE and Out of Network. Please call for further information.
Main: 757-255-7133 OR 757-255-7126 Ph:757- 925-2484. Email:info@wtcsb.org	Western Tidewater Community Services Board assure the delivery of community based mental health, intellectual disabilities, and substance use disorders services
Ph:757- 925-2484. Email:info@wtcsb.org	Children's Mental Health Counseling program evaluates and treats mental health and/or substance use disorders in children ages 5-18
Franklin Ph: 757- 562-2208 Suffolk Ph:757- 925-2222; option 2 Smithfield Ph:757- 357-7458	Western Tidewater(CSB)- Functional Family Therapy (FFT) Treatment is available for the youth and their family consisting of three stages of treatment: Engagement/Motivation, Behavioral Change, and Generalization. Please call for further information.
	Western Tidewater Mental Health Center provides services to youth with Serious Emotional Disturbance, Adults with Serious Mental Illness, Persons with Mental Health and Substance Abuse Disorders, and Forensic Clients. Please call for further information.

Ph: 757-253-0371 Fax: 757-253-8063 Website: https://www.williamsburgcentreforthrapy.com	Williamsburg Centre for Therapy provides counseling services for children and adults. They provide individual, couples and family therapies. Please call or visit the website for further information.
Ph: 757-514-3248 Fax: 757-809-5387	Wishing Well Counseling Center we are able to provide counseling pro bono or at a sliding scale rate. Please call for further information.
Ph: 757-351-6400 Website: http://www.psych-therapy.com	Zimmerman Psychiatric provides individual and group counseling. Please call for further information.
Adult REACH Crisis Line: 855-917-8278 Child REACH Crisis Line: 888-908-0486 Adult and Child REACH Director: Leela While	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
REACH Crisis Line: 855-897-8278 Adult & Child REACH Director: Liv O'Neal	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
REACH Crisis Line: 855-887-8278 Adult and Children's REACH Director: Karen Adams	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
REACH Crisis Line: 833-968-1800 Adult and Children's REACH Director: Autumn Richardson	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
REACH Crisis Line: 888-255-2989 Adult and Children's REACH Director: Brandon Rodgers	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
Emergency Services: 757-220-3200 OR 1800-764-4460 Crisis Hotline: 888-255-2989	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.

Emergency Services: 757-547-9334 After Hours: 757-548-7000 Crisis Hotline: 888-255-2989	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or
Emergency Services: Ph:757-925-2484 Children's Mobile Crisis: 757-404-8654 OR 757-407-0086	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. ~~Please call for further information.~~
Emergency Services: 804-693-2673 OR 800-542-2673 ~~Children's Mobile Crisis: 804-758-~~	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or ~~challenging behavior that is negatively affecting their quality of life~~
REACH Mobile Crisis Team is available 24/7: Ph:855-807-8278. Emergency Services Ph: 757-788-	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or
Emergency Services: 757-220-3200 Children's Mobile Crisis:	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or
Emergency Services: Ph:757- 664-7690 Crisis Hotline: 888-255- 2989	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life.
Emergency Services: 757-393-8990 Children's Services Central Intake: 757-393-5357 Crisis Hotline:	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or
Emergency Services: 757-925-2484 Children's Mobile Crisis: 757-404- 8654 OR 757-	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or
Ph: 804- 834-2205 Fax:804- 834-2625 Email: rprim@d19csb.com Crisis	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or
Emergency Services: 757-385-0888 Children's Mobile Crisis: 757-385-0850 Crisis Hotline: 888-255-2989	The mission of the REACH (Regional Educational Assessment Crisis Response and Habilitation) is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. Please call for further information.
24-hour Behavioral Health Crisis: Ph:757-220-3200 Contact: Juan Vera supervisor of ID case	Colonial Behavioral Health has opened a behavioral crisis center at Riverside Doctors' Hospital in Williamsburg. The community services board, which serves the mental health needs of residents in
CIT Coordinator John Konkel Email:jkonkel@escsb.org	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders.CIT assessment centers are located in
Ph: 757-548-7000	A new 24-hour Crisis Intervention Team (CIT) assessment center at the Chesapeake Regional Medical Center that allows a police officer who has taken someone into emergency custody to transfer custody
CIT Coordinator Paula Deininger Ph:804-210-1224 Email:pdeining@mpnn.state.va.us	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders.CIT assessment centers are located in
CIT Coordinator Al Boswell Email:aboswell@colonialbh.org	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders.CIT assessment centers are located in
CIT Coordinator Dean Barker Ph:757- 788-0086 Fax: 757-726-5401 Email:rbarker@hnnscsb.org	Officers on the Crisis Intervention Team are specially trained to recognize and de-escalate crises involving people with acute episodes of mental illness. The goal of the crisis team program is to

CIT Coordinator Todd McGehee Email:Todd.mcgehee@norfolk.gov	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders.CIT assessment centers are located in
CIT Coordinator: :Karen Nicely Email:knicely@portsmouthva.gov	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders.CIT assessment centers are located in
CIT Coordinator Kenny Perry Ph:804) 722-9742Email:kperry@ccjta.org	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders.CIT assessment centers are located in
CIT Coordinator Sarah Corrado Ph:757- 385-0501 Email:scorrado@vbgov.com	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders.CIT assessment centers are located in Kilmarnock and Gloucester.
CIT Coordinator Brandon Rodgers Ph:757- 419-9670 Email:brodgers@wtcsb.org	The CIT goal is to improve multi-systems' response to persons experiencing behavioral health crises who come into contact with law enforcement first responders.CIT assessment centers are located in Kilmarnock and Gloucester.
Ph:757-442-7707 – Local 24-Hour Crisis Services number Toll-Free – 1-800-764-4460	Eastern Shore Community Services Board (CSB) - Crisis Services clinicians provide 24/7 crisis services with certified and licensed staff ready to assist individuals and their family at anytime day or night.
Ph: 757- 788-0601 Main Emergency Services: Ph: 757-788-0011 Website:www.hnnscsb.org	The Children's Mobile Crisis Program provides urgent mental health response to youth who are experiencing serious emotional, behavioral and/or psychiatric crisis. The program seeks to stabilize crisis situations, through the provision of assessment and
Crisis Hotline: 888-255-2989 Ph:800-888-9383 24/7Access to Crisis Services	Hampton-Newport News Community Services Board (CSB) - Crisis Services clinicians provide 24/7 crisis services with certified and licensed staff ready to assist individuals and their family at anytime
Ph: 757-756-5600 Main Ph:757- 664-7690	The Crisis Stabilization Program is for adults who are in an acute crisis situation and who are at risk of hospitalization or homelessness due to their mental health or co-occurring disorder. The Crisis
Ph:757-664-6679	Crisis Stabilization Center is dedicating its recovery services to the individuals who struggle with alcohol and drug use issues in the Norfolk area.
Ph:757- 393-5357 If experiencing a psychiatric emergency in Portsmouth, please call: Crisis Hotline at: 757- 393- 8990 immediately.	Portsmouth Department of Behavioral Healthcare Services-CSB - Crisis Services are available 24/7.
Emergency Services Lifeline: 757-925-2484 Children's Mobile Crisis: 757-404-8654 OR 757-407-0086 Crisis Hotline: 888-255-2989	Western Tidewater Community Services Board Crisis Lifeline is available 24/7.
24 Hour Crisis Line:Ph:804- 862-8000 Toll Free 24-Hour Crisis Line: (866) 365-2130 Emporia-Area 24-Hour Crisis Line:	District 19 Community Services Board-Crisis Services Crisis hotline is available 24/7.
Emergency Mental Health Services	Virginia Beach CSB-Crisis Services line is available 24/7.
Text HELLO to 741741 or message at facebook.com/CrisisTextLine	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
Ph:757- 668-4673 (HOPE) Website:https://www.chkd.org/Our-Services/Mental-Health/Mental-Health-Therapy	The CHKD-MHES is 6-bed secured wing of the Emergency Department dedicated to treating children and adolescents who come to the Emergency Department with mental or behavioral health crises without any medical concerns. It has been designed for the care of patients with mental health concerns. Visitors in the MHES are

Ph.:757-644-6391 Fax:757-622-2011 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph.:757-644-6391 Fax:757.622.2011 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:434.220.0089 Fax:434.220.0103 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:434.214.8112 Fax:434.534.3034 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:804-372-0151 Fax:804-912-2163 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:804-544-9044 Fax:804-715-4789 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:804-924-9260 Fax:804-464-4919 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:540-339-3640 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:703.496.7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:540-212-9222 Fax:540-321-4420 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:804-203-2011 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is

Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:540-949-7045 Fax:540-949-8897 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:540-437-1605 Fax:540-437-1606 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:540.215.0535 Fax:540-206-2109 Website:www.compassyouthservices.com	Compass Behavioral Group Services .Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a
Ph:540-462-2914 Fax:540-462-2892 Website:www.compassyouthservices.com	Compass Behavioral Group Crisis Intervention services offer immediate access to quality therapeutic care and support during a crisis. Crisis intervention is a community-based service that provides brief mental health support to promote client stabilization and crisis management in the home or other appropriate settings. Medicaid is
Ph:757-645-3860 Fax: 645-3873 Website:familypriority.net	Family Priority provides Crisis intervention and 24-hour emergency response services for children and adolescents under the age of 21 who are at risk of being moved into an out-of-home placement or are being transitioned to home from an out-of-home placement. Please
Ph:757- 399-3025 Email: info@jamesbentleytreatmentprogram.com Website:http://www.jamesbentleytreatmentprogram.com/	James Bentley Counseling Services provides Crisis Intervention services., . Please call for further information.
Ph: 888-457-4838 Text MIL1 to 839863	Military Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and
Ph:988 then press 1 (800-273-8255) or Text 838255 Website:https://www.veteranscrisisline.net	Military and Veterans Crisis Helpline is a 24/7/365 helpline that gives free, confidential support to service members, veterans and their families. This line is answered by veterans and others trained in military culture; they offer compassionate, non-judgmental support and, where appropriate, connect people with the referrals, resources, or treatment they need through tough times.
24-Hour Crisis Response Team Ph:804-729-0102	National Counseling Group mobile crisis team provides professional and compassionate care in your home and community. Please call if an individual is experiencing any of the following events: Aggression
Ph:800-273-TALK (8255) Spanish Lifeline: 888-628-9454 TTY & Chat: 800-799-4889 Veterans Crisis Line: 800-273-8255	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis, suicidal attempt survivors or emotional distress 24 hours a day, 7 days a week. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and
Lifeline Dial:988 Website:https://988lifeline.org	988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best
Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center

	TAPS provides comfort, care and resources to all those grieving the death of a military loved one. They provide comfort and hope 24/7 through a national peer support network and connection to grief resources, all at no cost to surviving families and loved ones.
Ph: 757-306-1840 757-498-Help	Hotline: Crisis counseling for anger management. Monday at 6PM. Free of charge.
Ph: 757- 244-3500 Email: aplhacou@alphacounselors.com	Agape Counseling and Therapeutic Services, Inc. provides therapeutic day treatment. Please call for further information.
Ph: 757- 262-2094 Website: www.alphacounselors.com	Alpha Counsellors Service, Inc. provides Therapeutic day program for children. Please call for further information.
Ph: 757-547-00974 Website: www.cityofchesapeake.net/csb	Coastal Clubhouse is a community based, recovery oriented, self-help rehabilitation program for adults with serious mental illness and /or occurring disorders. It provides day support to help participants to
Ph.: 757-644-6391 Fax: 757-622-2011 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through
Ph.: 757-644-6391 Fax: 757.622.2011 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through
Ph: 434.220.0089 Fax: 434.220.0103 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through
Ph: 434.214.8112 Fax: 434.534.3034 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through
Ph: 804-372-0151 Fax: 804-912-2163 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through
Ph: 804-544-9044 Fax: 804-715-4789 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph: 804-924-9260 Fax: 804-464-4919 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph: 540-339-3640 Fax: 540-898-1040 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph: 703.496.7804 Fax: 571-359-6784 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph: 703-496-7804 Fax: 571-359-6784 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph: 540-212-9222 Fax: 540-321-4420 Website: www.compassyouthservices.c	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive

Ph:804-203-2011 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph:540-949-7045 Fax:540-949-8897 Website:www.compassyouthservices.com	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph:540-437-1605 Fax:540-437-1606 Website:www.compassyouthservices.com	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph:540.215.0535 Fax:540-206-2109 Website:www.compassyouthservices.com	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through emotional and behavioral support. The overall objective for TDT is to: Reduce school-based disciplinary issue, Encourage positive
Ph:540-462-2914 Fax:540-462-2892 Website:www.compassyouthservices.com	Compass Behavioral Group provides Therapeutic Day Treatment (TDT) Services is a school-based service designed to support students with achieving success in the school environment through
Ph: 919- 329-5671 Fax: 919- 329-5669 Location:910- 285-1157 Wilmington Location:910- 763-7458 Website: https://www.dungarvin.com/	Dungarvin Day Services programs offer a variety of supports for people with Intellectual and Development Disabilities. Depending on the location, services available may include a combination of supports such as community integration, base site programming, employment opportunities, problem-solving and decision-making in everyday living, participating in community events and leisure activities, or assisting people to prepare for vocational, recreational, or other community-based programs. Please call or visit the website for father information.
Ph:757-442-3933 extension 400	Eastern Shore Community Services Board (CSB) Day Support program in Exmore offers Group Day Services, Community Engagement and Community Coaching to adults with developmental disabilities, Monday through Friday from 8:30am to 3:30pm. Individuals that attend can choose to participate in recreational
Ph:757- 380-0385	Family & Youth Foundations Counseling Services provides therapeutic day treatment. Walk-ins allowed. Please call for further information.
Contact: 757- 227-3636 Fax:757- 227-3642 Email:fmiles@InfinityCounselingGroup.com Website:www.InfinityCounselingGroup.com	Infinity Counseling Group provides therapeutic Day Treatment Program which is individualized for each child and is delivered in the child's school-based setting. This service delivers social and emotional learning strategies, psychotherapeutic interventions and opportunities to learn and use daily actions to enhance social,
Ph: 757-523-1088 Website: www.cityofchesapeake.net/csb	The community Options Program offers day support services for adults with severe to profound intellectual disabilities, many of whom experience additional complex physical and /or sensory disabilities.
Ph:804-758-5314 804-758-5314	Charterhouse is a psychosocial rehabilitation day program for adults diagnosed with a serious mental illness. The program is based on the Clubhouse Model where there is a culture of community and recovery
Ph:800-221-1995 Email:nextstep2success@barryrobinson.org www.nextstep2success.org	Next Step to Success- Youth Community Based Services for the Barry Robinson Center program's mission is to empower youth to build the independent, resilient character they need to earn success and enjoy happy, fulfilled lives. The program accomplishes this by

Contact: Melissa Glennon at Development Liaison Ph:757- 414-8856 Ph:757-787-4058 Fax:757-787-2836	Senior Perspectives is a Psychiatric Day Treatment program for Older Adults and treat older adults suffering with: Depression and depressive symptoms (crying spells, lack of energy, decreased motivation, loneliness & isolation, appetite & sleep disturbance), Anxiety/Nervousness, Grief & Loss Issues, Deterioration of activities of daily living and other major psychiatric disorders.
Ph:757- 896-8472 Email:bmonceau@arcvap.org.	The Arc's Envisions Day Support program provides structured activities and learning opportunities for older individuals and others with significant disabilities for whom work is not possible. More than 55
Ph:757- 788-0300 Website:www.hnnscsb.org	The Hampton-Newport News Community Services Board Developmental Services assist individuals with Intellectual and Developmental Disabilities to lead more productive and autonomous lifestyles while promoting healthy choices through senior services
Ph:757-442-3933 Fax:757-442-3602	Eastern Shore Community Services Board (CSB) -Developmental Disabilities Complex provides services to help people with developmental disabilities live, work and take part in our community.
Ph:757-455-8300 Website:www.fpscorp.com Email:misp@fps.com	Family Preservation Services, Inc. Behavioral Treatment Services (BTS) are designed to target behaviors related to Autism Spectrum disorders, Asperger's, Down Syndrome, and intellectual disabilities.
Ph:757-722-4707 Fax:757- 722- 0898 Website:www.lfsva.org	Lutheran Family Services provides developmental services for autism. Ages 5-21. Medicaid is accepted.
Ph:757-306-1942 Website:www.adv4kidsinc.org	Advocating 4 Kids Inc. is a non-profit organization that provides training, resources and direct advocacy support to parents of children with disabilities. Their organization has a special focus on outreach
Contact: Amy Courtney Ph:757-486-6955 Fax: 757-486-3258	Associates at Lynnhaven has an educational consultant tat is an independent consultant who helps parents/students and organizations with educational planning and advocacy. Please call for
Ph:757- 497-6200 Fax:757- 497-6304	Chesapeake Bay Academy is the only K-12 independent school in Southeastern Virginia dedicated to serving students with a variety of learning differences including: dyslexia, dysgraphia and dyscalculia, ADD/ADHD, twice exceptional learners (2e) language-based learning difficulties, auditory processing deficits fine motor dysfunction, developmental delays, high-functioning
Ph:757-485-3500	Cradock Baptist Church provides Sunday school services to any person with the diagnosis of an intellectual disability regardless of denominational affiliation. Serves all ages. Office hours 9:30 A.M. - 2:00 P.M., Monday-Friday. Sunday School hours 10:00 A.M. - 12:00 noon.
Ph:757-414-0100 Toll Free: 800-324- 2988 TTY:757-414-0080 Fax:757-414-0205 Email info@vaescil.org Website:https://vaescil.org/	ESCIL provides participants with a wide variety of workshops and individualized training which are designed to support their established independent living goals. Please call for further information.
Ph:757-385-0800	Friends and Family Education Program offers education for the friends and family members of people who has a substance use
Active duty military members 757-434-0156	Honey Low goal is to assist parents in achieving an appropriate education for their child. Please call for further information.
Ph:757- 235-2936	Representation of children with disabilities and their parents; advise parents who want to participate effectively in the IEP process; representation at due process hearings and beyond. Please call for further information
Ph:757-802-7120 Email:info@keystonetutors.net Website: http://keystonetutors.net	Keystone Education Services provides special needs tutoring services; they provide academic tutoring with behavioral accommodations. Services could be provided in our facility and your
Ph: 757- 375-5298 Email: granbyhome@aol.com Website: http://www.nami.org HelpLine 800-950-	NAMI Peer-to-Peer is a unique, experiential learning program for people living with a mental illness who are interested in establishing and maintaining their wellness and recovery. Please call for further

Ph: 757-499-2041 Email: contact@namicoastalvirginia.org	NAMI Peer-to-Peer is a unique, experiential learning program for people living with a mental illness who are interested in establishing and maintaining their wellness and recovery. Registration is required.
Contact: Thomara Ph: 703-200-9609 Email: tlshoulders@gmail.com Website: http://namihptnn.org HelpLine 800-950-6264	NAMI Peer-to-Peer is a unique, experiential learning program for people living with a mental illness who are interested in establishing and maintaining their wellness and recovery. Registration is required. Please call for further information.
Contact: Marylin Copeland Ph: 757-375-5298 Website: www.NAMI.org HelpLine 800-950-6264	NAMI-Family to Family is a group for parents, children, siblings, partners, and friends of a loved one with a mental illness. This course helps family members and friends understand and support adults living with a serious mental illness. The course is taught by a team of trained NAMI family member volunteers who know what it's like to
Ph: 757-499-2041 Email: contact@namicoastalvirginia.org	NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Please call for further information.
Contact: Kathy Harmon Ph: 757- 825-9124 <u>Registration is required</u>	NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Please call for further information.
Contact: Christa Adkins Ph: 305-928-9819 Jen Williams Ph: 757-749-3999	A series of 8 free weekly classes structured to help family members, partners and significant others understand and support individuals living with mental illness while maintaining their own well-being.
Contact: Marcia Partch Ph: 757- 564-8564 Email: marciapartch@aol.com Helpline Ph: 757-499-2041 Email: contact@namicoastalvirginia.org	NAMI Family-to-Family is a free 12-week course for family caregivers of individuals living with mental illness. Class will meet Thursdays from 6:30pm-9:00pm. Please call for further information.
Contact: Kathy Harmon Ph: 757- 825-9124 <u>To register, please</u>	NAMI Homefront is a Free, six-session class for family, friends and significant others of Military Service Members/Veterans with mental health conditions. Topics covered include mental health, communication, handling crises, treatment and recovery.
Contact: Marcia Partch Ph: 757- 564-8564 To register, please visit: nami.org/Homefront.	NAMI Homefront is a Free, six-session class for family, friends and significant others of Military Service Members/Veterans with mental health conditions. Topics covered include mental health, communication, handling crises, treatment and recovery.
Contact: John Ickes Ph: 757- 286-7051 To register, please visit: https://forms.gle/WgqJEhtzHWbkVN3K	NAMI Homefront is a Free, six-session class for family, friends and significant others of Military Service Members/Veterans with mental health conditions. Topics covered include mental health, communication, handling crises, treatment and recovery.
Ph: 757-499-2041 Email: contact@namicoastalvirginia.org To register, please	NAMI Children's Challenging Behaviors FREE class for parents who have children and youth with mental health needs. Identify behaviors, learn when and how to seek help, gain resources and support and more - taught by parents who have been on similar journeys.
Contact: Kathy Harmon Ph: 757- 825-9124 To register, please	NAMI Children's Challenging Behaviors FREE class for parents who have children and youth with mental health needs. Identify behaviors, learn when and how to seek help, gain resources and support and more - taught by parents who have been on similar journeys.
Contact: Marcia Partch Ph: 757- 564-8564 To register, please visit: nami.org/Homefront.	NAMI Children's Challenging Behaviors FREE class for parents who have children and youth with mental health needs. Identify behaviors, learn when and how to seek help, gain resources and support and more - taught by parents who have been on similar journeys.
Contact: Sid Wesseldine Ph: 757-523-1948 Website: www.sdwconsults.com	SDW Consulting provides a variety of services in special education including: Initial screening, eligibility and IEP, IEP reviews and meetings, IEP modifications, Change in placement, FBA's and BIP's, Manifestation Determination meetings, Mastery and modification of goals, Record reviews and Compliance issues. Please call for further information.
Ph: 757-437.0733 EMAIL: sinkinsonfoundation757@yahoo.com	Sinkinson Dyslexia Foundation, Inc. mission is to teach children and adults who are diagnosed with dyslexia to read. Through professional assessment and one-to-one tutoring they are able to

Ph:757-892-6100 Website:www.secep.k12.va.us	Southeastern Cooperation Educational Programs (SECEP)- Program for children with Autism that provides a formal structure through which the participating schools can plan and operate programs for children with special needs. The program is a public body established
Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundation.org	SpiritWorks Foundation-Mentor Program is a monthly support group which provides education and training for community leaders who are supporting individuals with addiction and mental illness. We provide
Ph:757-428-3367 www.learningresourcecenter.org	The LRC provides assessment and advocacy services. Please call for further information.
Email:Info@SarahMPetersonFoundation.org	The Sarah Michelle Peterson Foundation provides lifesaving
Ph: 757-865-4863 OR Toll	The Virginia Department of Rehabilitative Services provides
Call or Text 1-800-985-5990 Press 2 for Spanish For Deaf and	The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people
Ph: 757-547-9334 & 757-548-7000 OR 2550 Stowe St Location: Ph: 757-494-8335 Website:	Emergency Services: ensure that mental health evaluation and consultation, pre-admission screening for inpatient hospitalization and crisis intervention and stabilization are available, 24 hours a day, 7 days a week, including weekends and holidays. After hours calls
24-hour Behavioral Health Crisis: 757-220-3200 Website:www.ColonialBehavioralHealth.org	Colonial Behavioral Health -CSB emergency services line is a 24/7 Access to Emergency Services to people of all ages who live in James City County, Williamsburg, Poquoson and York.
24 Hour Crisis Line: Ph:804- 862-8000 Toll Free 24-Hour Crisis Line: Ph:866- 365-2130	District 19 Community Services Board- Emergency Services are available 24/7.
Ph:757-442-3636 Fax:757-787-2503 or 757-787-25211.	Emergency Services are available for people who have a mental illness, substance use disorder, and/or developmental disability, are in acute distress, and need immediate help.
Emergency Services: Ph: 757-788-0011 Website:www.hnnscsb.org	The Hampton-Newport News Community Services Board emergency services line is a 24/7 Access to Emergency Services.
Ph:757-788-0635 Website:www.hnnscsb.org	The Children's Behavioral Health Urgent Care Center (BHUCC) provides rapid assessment and crisis intervention for children and adolescents experiencing a mental health crisis. Services are provided in a safe, clinically supervised treatment environment.
Emergency Services Ph:757-664-7690 Website:https://www.norfolk.gov/996/Norfolk-Community-Services-Board	Norfolk Community Services Board-CSB-Emergency Services line is a 24/7 Access to Emergency Services to people of all ages experiencing a mental health emergency.
COPE Crisis Hotline: Ph: 800-542-2673	The COPE (Community Outreach for Psychiatric Emergencies) line is a 24 hours a day telephone hotline, warm line and information and referral service staffed by trained personnel.
Ph:757- 393-5357 If experiencing a psychiatric emergency in Portsmouth, please call:	Portsmouth Department of Behavioral Healthcare Services-CSB - emergency Services are available 24/7.
Ph:757- 925-2484. Email:info@wtscsb.org	Emergency Services are available for people who have a mental illness, substance use disorder, and/or developmental disability, are in acute distress, and need immediate help.
Ph: 757-385-0888 Website:www.vbgov.com	Virginia Beach CSB-Emergency Mental Health Services line is available 24/7.
Ph:757-385-0625 Fax: 757-473-5235	CEO- Community Employment Options help find jobs for people with intellectual Disabilities. They provide individualized assessments, on the job training, and job development. Please call for further information.

Ph: 757- 312-0456 & 757-397-5700 Fax:757- 312-8616	Chesapeake Services Systems, Inc. provides vocational services including work activities, vocational skill training, work adjustment, supported employment opportunities and job placement. Serves Chesapeake residents who experienced intellectual or physical disabilities 18 years of age and older, Hours are 9:00am-
Ph:757-253-1088	Chesapeake Vocational Center provides day support and pre-vocational services for adults with severe and profound intellectual disabilities and in collaboration with Chesapeake Service Systems, Inc. offers work activities, work adjustment and supported employment services.
Ph:757- 838-1960 Email:info@kidsandfamilies.com Website:https://kidsandfamilies.com	The Fresh Start Job Readiness program is specifically designed to service the adult job seeker with identifiable barriers. Initially tailored as a resource for those with criminal records, agency experts have diversified the program to accommodate and guide youth towards successful and developing career goals, those aging out of the foster
Ph:757-468-7000 Fax: 757-468-7007	CAI provides supported employment opportunities for adults with emotional and physical disabilities. Please call for further information.
Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Vocational Services. Insurance: They currently accept private pay, Community Living Waivers, Family Supports Waivers, or Building Independence Waivers. Please call for further information.
Contact: Jerron Byers Ph:757- 787-5992	DARS Division of Rehabilitative Services offers vocational rehabilitation programs and services to assist people with disabilities to prepare for, secure, retain or regain employment.
Ph:434- 336-6222	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education, work or independence, DRS collaborates with schools in providing Transition Services. DRS also works with federally funded One Stop Centers to provide workforce services to persons with
Ph:757- 686-4988	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education, work or independence, DRS collaborates with schools in providing Transition Services. DRS also works with federally funded One Stop Centers to provide workforce services to persons with disabilities. Please call for further information.
Contact: Jerron Byers Ph:757- 451-7101 Main Ph: 800-552-5019 OR 757- 455-0831	The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational rehabilitative services, independent living services, specialized programs and services, long-term case management program, and disability determination services. Those comprehensive programs and services prepare individuals with disabilities to enter the job
Contact: Marjorie Millner Ph:757- 253-4817 Main Ph: 800-552-5019 TTY:800-464-9950 Website: www.vadrs.org	The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational rehabilitative services, independent living services, specialized programs and services, long-term case management program, and disability determination services. Those comprehensive programs and services prepare individuals with disabilities to enter
Contact: Matt Olson Ph:757- 686-5004 Fax:757- 686-4000	The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational rehabilitative services, independent living services, specialized
Contact: Erica Schwartz Ph:804- 863-1625	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education, work or independence, DRS collaborates with schools in providing Transition Services. DRS also works with federally funded One Stop Centers to provide workforce services to persons with

Contact: Paul Hughes Ph:757-683-8440 Toll Free: 800-552-5019 TTY:800-464-9950	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education, work or independence, DRS collaborates with schools in providing Transition Services. DRS also works with federally funded <u>One Stop Centers to provide workforce services to persons with</u>
Ph: 919- 329-5671 Fax: 919- 329-5669 Wallace Location:910- 285-1157 Wilmington Location:910- 763-7458 Website: https://www.dungarvin.com/	Dungarvin Vocational Services Program provide individuals with intellectual and developmental disabilities assistance with the initial stages of the employment assessment period, job searching and development, job coaching, and working independently. Please call or visit the website for further information.
Ph:757- 547-8912 Fax:757-547-4033	Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.
Ph:757-788-0300 Website:www.hnnscsb.org	Creative Options is a program that supports adults interested in developing skills toward employment, community engagement, development of meaningful relationships in the community, learning problem solving skills, self-awareness, and management of their own social and behavioral needs. The individuals must be at least 18
Ph:410-910-1500	Maxim Healthcare provides Supported Employment designed to assist participants with choosing, acquiring and maintaining a job. Spanish speaking staff available upon request. Please call for further information.
Contact: Rebecca Graser, MSW Program Coordinator Email rgraser@mpnn.state.va.us Ph: 804-758-8014	Steady employment offers individuals in recovery the opportunity to continue to make progress toward realization of goals, improvement of familial and social relationships, rebuilding financial stability, and restoration of self-confidence, among many other benefits. The Competitive Employment Program includes employment specialist
Contact: Rebecca Graser, MSW Program Coordinator Email rgraser@mpnn.state.va.us Ph: 804-758-8014	PRS Employment Program (Peer Recovery Services) has developed a thriving, successful employment program with individuals in behavioral health recovery, employing over 60 people in both supportive and competitive positions within the agency. MPNNCSB PRS has extended this existing model to include a Community Employment Program as it recognizes the reality that over one in four U.S. adults has a criminal record and stable employment helps ex-
Ph:757- 393-5357 Fax:757- 393-5226 Email:prevent@ci.portsmouth.va.us	Provides comprehensive employment services and residential support to individuals with long-term intellectual disabilities and substance abuse disorders.
Ph:757.833.7845 Fax:757.833.7848	The Denbigh House, operated by the nonprofit organization, Community Futures Foundation, is an innovative vocational rehabilitation program for individuals with brain injury who live on the Virginia Peninsula. The program seeks to help survivors of brain injury achieve greater levels of independence and productivity. Please call for further information.
Ph:757- 827-8757 Fax: 757- 827-6951	The Sarah Bonwell Hudgins Foundation supports dynamic programs for intellectually disabled and/or physically disabled individuals at
Ph:804- 693-3114	VersAbility Resources supports people with disabilities throughout their lives in employment, community living, day support and early
Ph:757- 896-6461 Fax: 757- 896-8470	VersAbility Resources supports people with disabilities throughout their lives in employment, community living, day support and early
Ph:757- 534-7903	Wright Choices Vocational Services strives to maintain the highest <u>quality vocational program by providing innovative, practical, and</u>

Ph:804- 665-6691 Email: resourceash@gmail.com	Ashland Supportive Housing provide long-term housing and direct care support for adults with intellectual and developmental disabilities (I/DD).
Ph:757-414-0100 Toll Free: 800-324-2988 TTY:757-414-0080 Fax:757-414-0205	Housing Placement: ESCIL provides individuals with assistance in locating affordable, accessible housing by matching a person's needs to available housing in the community. They also provide supportive
Ph: 757-442-3636 Toll Free:1-800-764-4460	The Eastern Shore Community Services Board (CSB) provides Housing and Community Placement Assistance for individuals receiving services under Intellectual Disabilities Services. Please call
Ph:703- 730-1078 Fax: 703-670-0465 Email: gshf@comcast.net	Good Shepherd Housing Foundation provides permanent supportive housing solutions for persons and families who are homeless or in imminent danger of homelessness due to chronic low-income. They also provide housing for chronically mentally ill single adults in three Shepherd Homes, located in safe area communities. A Horticulture Therapy Program is provided at Shepherd House III. This program provides a daily therapeutic program for 12-15 chronically mentally ill and developmentally disabled residents of area residential programs. Please call for further information
Ph:757-664-6670	The mission of the Supportive Housing Case Manager is to provide temporary housing SA Hope and intensive case management to individuals who are currently enrolled in Substance Abuse or Co-occurring services. Adult males and females are provided with temporary housing. Individuals are assisted in finding and maintaining employment so that they can transition to independent housing within three to five months of program enrollment. Please call for further information.
Ph:757- 244-3500 Email:aplhacou@alphacounselors.com Website:www.agapecounselingva.com	Agape Counseling and Therapeutic Services, Inc. provides in-home counseling services. Please call for further information.
Ph:757- 262-2094 Website:www.alphacounselors.com	Alpha Counsellors Service, Inc. provides in-home counseling. Please call for further information.
Ph:757-587-5615	Alternative Family Treatment Services provides in home therapy services, working mainly with teens, up to age 21, 294 funded (court services), Medicaid, and CSA are accepted.
Ph:757-442-3933 Ext. 400	Eastern Shore Community Services Board (CSB)- provides Supportive In Home Services to Individuals from trained staff within their personal home and in the community to assist with activities of daily living, socialization and community integration.
Ph: 757-638-5500 Fax:757- 638-7740 Website:www.carpediemofva.com	Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA provides in home therapy services for children ages 4-18, 18+ if in foster care, juvenile sex offender treatment program, Medicaid &
Ph.:757-644-6391 Fax:757-622-2011 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph.:757-644-6391 Fax:757.622.2011 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of

Ph:434.220.0089 Fax:434.220.0103 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:434.214.8112 Fax:434.534.3034 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:804-372-0151 Fax:804-912-2163 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:804-544-9044 Fax:804-715-4789 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:804-924-9260 Fax:804-464-4919 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:540-339-3640 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:703.496.7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:540-212-9222 Fax:540-321-4420 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:804-203-2011 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of

Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:540-949-7045 Fax:540-949-8897 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:540-437-1605 Fax:540-437-1606 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:540.215.0535 Fax:540-206-2109 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:540-462-2914 Fax:540-462-2892 Website:www.compassyouthservices.com	Compass Behavioral Group Intensive In-Home (IIH) is a home-based, highly supportive and comprehensive program that provides stability for children, adolescents, and their family who are experiencing a mental health crisis. By design, IIH services are more intensive than traditional mental health services as they focus on the stabilization of the child across multiple settings with the goal of
Ph:757-468-7000 ~~Fax: 757-468-7007~~ Ph: 757-497-1115 Fax: 757-499-4215 Email: info@csofva.us	CAI provides In-home Services to adults and children with ~~developmental disabilities, mental illness, and/or developmental~~
Ph: 757-461-5098	The mission of Community Services of Virginia, Inc. is to develop a creative way to enhance the quality of life to individuals with disabilities and develop strategies to meet their needs and to
Ph:757-961-7242 Fax:757- 961-7308	Community Solutions provides intensive In-home services, Therapeutic Foster Care, Independent Living and Mentoring. They
Ph: 919- 329-5671 Fax: 919- 329-5669 Location:910- 285-1157 Wilmington Location:910- 763-7458 Website: https://www.dungarvin.com/	Covel Family Services provides in home therapy services. Gangs & weapons program, mentoring & social skills development. Medicaid
Ph:757- 469-1155 Fax:757- 483-4091	Dungarvin In-Home services are developed to provide supports to a child, adolescent or adult living with his or her family or in their own living environment. We serve individuals with a broad range of abilities and needs and our in-home services vary. The person and the family design the level of support and service that is needed. Please call or visit the website for father information.
Ph:757- 380-0385	Individualized service helps youth and families. Intervention targets increased family functioning and stabilization to create lasting
Ph:757- 233-0003 Website:familyinsight.net	Family & Youth Foundations Counseling Services provides in-home therapy. Walk-ins allowed. Please call for further information.
Ph:757- 442-7690 Fax:757-442-7692 Website:www.fpsc corp.com	Family Insight, P.C. provides intensive In-Home Counseling, mental health skill-building. Please call for further information.
	Family Preservations (In-Home Counseling) is a behavioral healthcare organization dedicated to serving the needs of emotionally and behaviorally disturbed children and adolescents ages 5-18.They provide Neurofeedback and EMDR. Only accepts Medicaid and Medicaid HMO's.

Southside Ph: 757.455.8300 Fax: 757.455.8345 739	Family Preservations (In-Home Counseling) is a behavioral healthcare organization dedicated to serving the needs of emotionally and behaviorally disturbed children and adolescents ages 5-18. They
Statewide Referral Line: Ph: 540.283.0486 Email: info@fpscorp.com FPS Ph: 757.873.0130 Fax: 757.595.0157	Family Preservations (In-Home Counseling) is a behavioral healthcare organization dedicated to serving the needs of emotionally and behaviorally disturbed children and adolescents ages 5-18. They provide Neurofeedback and EMDR. Only accepts Medicaid and Medicaid HMO's.
Ph: 757-645-3860 Fax: 645-3873 Website: familypriority.net	Family Priority provides intensive, time-limited in-home services for children and adolescents under the age of 21 who are at risk of being moved into an out-of-home placement or are being transitioned to ~~home placement~~ . Please call for further
Contact: 757- 227-3636 Fax: 757- 227-3642 Email: fmls@InfinityCounselingGroup.com Website: www.InfinityCounselingGroup.com	Infinity Counseling Group provides Intensive In-Home Counseling. Services: short-term, home-based services which offer emergency assistance 24 hours per day, seven days a week. This service is designed to allow the family in crisis to remain safely together in their home, preventing out of home placement of the at-risk child/youth. ~~This service is also utilized to reintegrate a child back into the home~~
Ph: 757- 494-1997 Fax: 757- 494-1979 Website: www.ifcsinc.com	Institute for Family Centered Services provides in home therapy services for children age up to age 18. Sex offender treatment is also available. Medicaid and private insurance, services offered in VA, NC, MD, & FL.
Ph: 757- 399-3025 Email: info@jamesbentleytreatmentprogram.com	James Bentley Treatment Program provides intensive inhome services (IIH) for children ages 5 - 21. This program is for children who are at risk of removal from their homes due to behavioral or emotional disturbance. Please call for further information.
Ph: 757-201-6163 Website: www.edencounseling.com	Liberty Family Services, LLC provides in-home therapy services for children 6+ with developmental disabilities (including MR & Autism). ~~Medicaid, Chamous, private insurance, & self-pay~~
Ph: 757-722-4707 Fax: 757- 722-0898 Website: www.lfsva.org	Lutheran Family Services provides in-home therapy services ages 5-21. Medicaid is accepted.
Ph: 410-910-1500	Maxim Healthcare provides In-Home Therapy Services designed to improve your child's capacity to be successful. Services include
Ph: 757- 788-0549 Referrals:	Mentor Services provides in and out-of-home education, behavioral interventions, training and crisis management services to children
Ph: 804-758-5314 804-758-5314	In-Home Residential Support Services can be provided for children in their family's home and to individuals living in their own homes or apartments. In-home support is available to people who live ~~independently, but need assistance and training with certain aspects~~
Ph: 757-442-6746	National Counseling Group -NCG- (Intensive In-Home Counseling Services) provides counseling and interventions to children and
Ph: 757-467-8184	National Counseling Group provides in home-therapy services for children ages 4-21. Juvenile Court referrals. Medicaid is accepted and CSA funding, self-pay, & adoption subsidies.
Ph: 757-213-1580 Website: www.neighbortofamily.org	Neighbor to Family provides in home-therapy services. Medicaid or CSA funding is accepted.
Ph: 757- 806-6800 Website: www.gopathwaysdsinc.com	Pathways Development Services, Inc. provides Individual/couples/family counseling, in-home services and supports. Please call for further information.
Contact: Chandra Beasley for questions regarding eligibility Ph: 757- 664-7699 Ph: 757-823-1312 Main	Program of Assertive Community Treatment- PACT at Norfolk CSB is a community-based program that provides intensive mental health services to adults with severe and persistent mental illnesses. The three primary components of the PACT Program are: (1) Treatment, (2) Rehabilitation, and (3) Support Services. The program's goal is to

Ph:757-488-9382 Fax: 757- 488-9564	Tidewater Regional Group Home-In-Home Service Program (IHSP) provides in home therapy services for children up to 21. Funding
Ph:757-310-9530 Fax:757-224-4910 Website:www.empower-va.com for	The Empowerment Network, LLC is a Medicaid provider licensed by the Department of Behavioral Health and Developmental Services to provide Intensive In-Home Counseling (IIH)) services to individuals in the community. IIH services are provided to youth ages 5-17 that are experiencing significant behavioral challenges and/or emotional
Ph:757- 788-0300 Website:www.hnnscsb.org	The Hampton-Newport News Community Services Board -In-Home Services are provided to adults and children in the their homes. Eligible individuals may include: individuals with intellectual disabilities, along with a variety of disabilities, including mental illness, autism, emotional disturbances, attention deficit disorder.
Ph:757- 397-2121, Ext. 306 Fax:757- 399-3316 Website:www.childandfamilyservices.org	Provides in-home therapy services. Medicaid is accepted.
Ph:704-536-0375 Admissions Email: therapy@thompsoncoff.org	Thompson Strengthening Children, Families & Communities-Intensive In-Home Services offer clinical care and counseling for
Ph:757- 490-9791 Website:www.umfs.org	United Methodist Family Services Tidewater Regional Center provides in-home therapy services. Medicaid is accepted.
Ph:757-479-9993 Email:adhd@tidewaterchadd.org Website:www.tidewaterchadd.org	CHADD of Tidewater offers resources, lending library and information for persons with AD/HD.
Ph:804- 525-7728 Toll Free:866- 393-0957 Email:	DisabilityNavigator is a non-profit organization that provides free information about health, aging, disability and post-military resources
Ph: 757-499-2041 Email:	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better
Ph: 757- 556-8063 Email: gail.auman@verizon.net Website: http://namihptnn.org HelpLine 800-950-6264	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They advocate and educate people with mental illness and their families by providing free referral information and support. Please call for
Helpline:800-950-6264 TEXT:62640 Toll Free Number: 1-888-486-8264 ext. 202 Email:	NAMI Virginia's free statewide Helpline provides resources and information to Virginians in need of mental health services. This line is not a crisis line, but rather connects callers to the appropriate resources for their needs. Our helpline is available in both English and Spanish. When calling the helpline you can learn about
Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab
Non-Emergency Help Line 757- 489 2427	The Chas Foundation In the Hampton Roads region assist individuals suffering with mental illness and their caretakers to find
Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Magellan care manager Ph:800-424-4279 (service 24 hours,	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Magellan care manager Ph:1-800-424-4279 (service	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Magellan care manager Ph:800-424-4279 (service 24	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph:757-220-3200	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-
Ph:757- 823-1600	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management. Eligibility: To get GAP benefits, you must meet ALL of the following .
Magellan care manager Ph:1-800-424-4279 (service 24 hours, 7 days per	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use

Magellan Care Manager Ph:800-424-4279 (service 24 hours, 7 days per week) Local CSB Ph: 804-862-8054	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management
Magellan care manager Ph:800-424-4279 (service 24 hours, 7 days	GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use
Accomack Department of Social Services Ph: 757- 787-1530 Fax:757 787-9303 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Chesapeake Department of Social Services Ph:757- 382-2000 Fax:757 543-1644 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Franklin Department of Social Services Ph: 757- 562-8520 Fax:757- 516-6683 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Gloucester Department of Social Services Ph:804- 693-267 Fax:804- 693-5511 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Hampton Department of Social Services Ph: 757- 727-1800 Fax:757- 727-1835 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Isle of Wigh Department of Social Services Ph:757- 365-0880 Fax:757- 365-0886 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
James City County Department of Social Services Ph: 757- 259-3100 Fax:757- 259-3188 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Mathews Department of Social Services Ph: 804- 725-7192 Fax:804- 725-7086 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Newport News Department of Social Services Ph: 757- 926-6300 Fax:757- 926-6118 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Norfolk Department of Social Services Ph:757- 664-6000 Fax:757- 664-3275 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Northampton Department of Social Services Ph:757- 678-5153 Fax:757- 678-0475 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Poquoson/York Department of Social Services Ph:757- 890-3787 Fax:757- 890-3934 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Portsmouth/York Department of Social Services Ph:757- 405-1800 Fax:757- 465-2951 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Southampton Department of Social Services Ph:757- 653-3080 Fax: 757- 653-0357 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Sussex Department of Social Services Ph:434- 246-1083 Fax:434- 246-2504 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide

Suffolk Department of Social Services Ph:757- 514-7450 Fax:757- 514-4869 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Surry Department of Social Services Ph:757- 294-5240 Fax:757- 294-5248 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Virginia Beach Department of Human Services Ph:757- 385-3200 Fax:757- 385-3466 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Williamsburg Human Services Ph:757- 220-6161 Fax:757- 220-6113 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
York/Poquoson Social Services Ph:757- 890-3787 Fax:757- 890-3934 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Alexandria Department of Community and Human Services Ph:703- 746-5700 Fax:703-746-5974 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Alexandria Department of Community and Human Services Ph:703- 746-5700 Fax:703-746-5974 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Clarke County Department of Social Services Ph:540- 955-3700 Fax:540- 955-3958 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Culpeper County Human Services Ph:540- 727-0372 Fax:540- 727-7584 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Fairfax County Department of Family Services Ph:703- 324-7500 Fax:703- 653-6679 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Fauquier County Department of Social Services Ph:540- 422-8400 Fax:540- 422-8449: Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Frederick County Department of Social Services Ph: 540- 665-5688 Fax:540- 665-5664 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Fredericksburg Department of Social Services Ph: 540- 372-1032 Fax:540- 372-1157 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Greene County Department of Social Services Ph: 434- 985-5246 Fax:434- 985-5266 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Harrisonburg-Rockingham Dept. of Social Services Ph: 540- 574-5100 Fax:540- 574-5127 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
King George Department of Social Services Ph:540 775-3544 Fax:540- 775-3098 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Loudoun County Department of Family Services Ph:703- 777-0353 Fax:703- 771-5214 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide

Loudoun County Department of Family Services Ph:703- 777-0353 Fax:703- 771-5214 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Madison County Department of Social Services Ph:540- 948-5521 Fax:540- 948-3762 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Manassas City Department of Family Services Ph:703- 361-8277 Fax:703- 361-6933 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Manassas Park Department of Family Services Ph:703- 335-8880 Fax:703- 335-8899 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Orange County Department of Social Services Ph:540- 672-6166 Fax:540- 672-9118 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Page County Department of Social Services Ph:540- 778-1053 Fax:540- 778-1421 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Prince William County Department of Social Services Ph:703- 792-7500 Fax:1-833-677-1482 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Rappahannock County Department of Social Services Ph:540- 675-3313 Fax:540- 675-3315 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Shenandoah County Department of Social Services Ph:540- 459-6226 Fax:540- 459-6223 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Spotsylvania Department of Social Services Ph:540- 507-7898 Fax:540- 507-7806 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Stafford County Department of Social Services Ph:540- 658-8720 Fax:540- 658-8798 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Warren County Department of Social Services Ph:540- 635-3430 Fax:540- 635-8451 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Winchester Department of Social Services Ph:540- 662-3807 Fax:540- 662-3279 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Amelia Department of Social Services Ph:804- 561-2681 Fax:804- 561-6040 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Buckingham County Department of Social Services Ph:434- 969-4246 Fax:434- 969-1449 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Caroline Department of Social Services Ph:804- 633-5071 Fax:804- 633-5648 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Charles City Department of Social Services Ph:804- 652-1708 Fax:804- 829-2430 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide

Chesterfield/Colonial Heights Department of Social Services Ph:804- 748-1100 Fax:804- 717-6294 Hotline: 1-888-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Cumberland County Department of Social Services Ph:804- 492-4915 Fax:804- 492- 9346 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Essex Department of Social Services Ph:804- 443-3561 Fax:804- 443-8254 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Fluvanna County Department of Social Services Ph:434- 842- 8221 Fax:434- 842-2776 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Goochland Department of Social Services Ph:804- 556-5880 Fax:804- 556- 4718 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Hanover County Department of Social Services Ph:804- 365- 4100 Fax:804- 365-4110 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Henrico County Department of Social Services Ph:804- 501- 4001 Fax:804- 501-4006 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Hopewell Department of Social Services Ph:804- 541- 2330 Fax:804- 541-2347 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
King and Queen Department of Social Services Ph:804- 769- 5003 Fax:804- 785-5885 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
King William Department of Social Services Ph:804- 769- 4905 Fax:804-769-4979 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Lancaster County Department of Social Services Ph:804- 462-5141 Fax:804- 462- 0330 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Lunenburg County Department of Social Services Ph:434- 696-2134 Fax:434- 696- 2534 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Middlesex County Department of Social Services Ph:804- 758-2348 Fax:804- 758- 2357 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
New Kent Department of Social Services Ph:804- 966-1853 Fax:804- 966- 9170 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Northumberland County Department of Social Services Ph:804- 580-3477 Fax:804- 580-5815 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Nottoway County Department of Social Services Ph:434 645-8494 Fax:434- 645- 7643 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Petersburg Department of Social Services Ph:804- 861-4720 Fax:804- 861- 0137 Hotline: 1-888-832-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide

Powhatan County Department of Social Services Ph:804- 598-5630 Fax:804-598-5614 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Prince Edward County Department of Social Services Ph:434- 392-3113 Fax:434- 392-8453 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Richmond City Department of Social Services Ph:804- 646-7000 Fax:804- 646-7018 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Richmond County Department of Social Services Ph:804- 333-4088 Fax:804- 333-0156 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Westmoreland Department of Social Services Ph:804- 493-9305 Fax:804- 493-9309 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Albemarle County Department of Social Services Ph:434- 972-4011 Fax:(434) 972-4080 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Alleghany-Covington Department of Social Services Ph:540- 444-7100 Fax:540- 965-1772 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Amherst Department of Social Services Ph:434- 946-9330 Fax:434- 946-9319 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Appomattox Department of Social Services Ph:434- 352-7125 Fax:434- 352-0064 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Bath County Department of Social Services Ph:540- 839-7271 Fax:540- 839-7278 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Bedford Department of Social Services Ph:540- 586-7750 Fax:540- 586-7781 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Botetourt County Department of Social Services Ph:540- 591-5960 Fax:540- 591-5969 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Campbell County Department of Social Services Ph:434- 332-9585 Fax:434- 332-9699 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Charlotte County Department of Social Services Ph:434- 542-5164 Fax:434- 542-5692 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Charlottesville Department of Social Services Ph:434- 970-3400 Fax:434- 970-3555 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Craig County Department of Social Services Ph:540- 864-5117 Fax:540- 864-6662 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Danville Division of Social Services Ph:434- 799-6543 Fax:434- 797-8818 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide

Franklin County Department of Social Services Ph:540 483-9247 Fax:540- 483-1933 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Halifax County Department of Social Services Ph:434- 476-6594 Fax:434- 476-5258 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Henry-Martinsville Department of Social Services Ph:276- 656-4300 Fax:276- 656-4398 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Highland County Department of Social Services Ph:540- 468-2199 Fax:540- 468-3099 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Lynchburg Department of Human Services Ph:434- 455-5850 Fax:434- 847-1785 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Mecklenburg County Department of Social Services Ph:434- 738-6138 Fax:434- 738-6150 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Nelson County Department of Social Services Ph:434- 263-7160 Fax:434- 263-8605 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Pittsylvania County Department of Social Services Ph:434- 432-7281 Fax:434- 432-0923 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Roanoke City Department of Social Services Ph:540- 853-2591 Fax:540- 853-2027 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Roanoke County Department of Social Services Ph:540- 387-6087 Fax:540- 387-6210 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Rockbridge-Buena Vista-Lexington Area Social Services Ph:540- 463-7143 Fax:540- 464-9110 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Shenandoah Valley Dept. of Social Services (Staunton-Augusta Office) Ph:540- 245-5800 Fax:540- 245-5880 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Shenandoah Valley Dept. of Social Services (Waynesboro Office) Ph:540- 942-6646 Fax:540- 942-6658	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Bland County Department of Social Services Ph:276- 688-4111 Fax:276- 688-1468 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Bristol City Department of Social Services Ph:276- 645-7450 Fax:276- 645-7475 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Buchanan County Department of Social Services Ph:276- 935-8106 Fax:276- 935-5412 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Carroll County Department of Social Services Ph:276- 730-3130 Fax:276 730-3135 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide

Dickenson County Department of Social Services Ph:276-926-1661 Fax:276-926-8144 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Floyd County Department of Social Services Ph:540-745-9316 Fax:540-745-9325 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Galax City Department of Social Services Ph:276-236-8111 Fax:276-236-9313 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Giles County Department of Social Services Ph:540-726-8315 Fax:540-726-8253 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Grayson County Department of Social Services Ph:276-773-2452 Fax:276-773-2361 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Lee County Department of Social Services Ph: 276-346-1010 Fax:276-346-2217 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Montgomery County Department of Social Services Ph: 540-382-6990 Fax:540-381-6823 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Norton City Department of Social Services Ph: 276-679-2701 Fax:276-679-0607 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Patrick County Department of Social Services Ph: 276-694-3328 Fax:276-694-8210 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Pulaski County Department of Social Services Ph:540-980-7995 Fax:540-980-7993 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Radford City Department of Social Services Ph:540-731-3663 Fax:540-731-5000 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Russell County Department of Social Services Ph:276-889-3031 Fax:276-889-2662 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Scott County Department of Social Services Ph:276-386-3631 Fax:276-386-6031 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Smyth County Department of Social Services Ph:276-783-8148 Fax:276-783-6327 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Tazewell County Department of Social Services Ph:276-988-8500 Fax:276-988-2765 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Washington County Department of Social Services Ph:276-645-5000 Fax:276-645-5055 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Wise County Department of Social Services Ph:276-328-8056 Fax:276-328-8632 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide

Wythe County Department of Social Services Ph:276-228-5493 Fax:276- 228-0705 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Wise County Department of Social Services Ph:276-328-8056 Fax:276- 328-8632 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Wythe County Department of Social Services Ph:276-228-5493 Fax:276- 228-0705 Hotline: 1-888-832-3858	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local Adult Protective Services social workers may arrange for a wide
Ph:757-234-4650 Website:https://beaverslaw.com	Beavers Law, P.C. provides the following legal services:Family Law, Adoption,Elder Law, Estate Planning,Probate, Small Business ,Landlord-Tenant,Traffic, Criminal Defense and Contracts. For legal guardianship (\$200 consultation fee required to meet with attorney
Contact: Ms.Mirlande Sledge Ph:757-467-7707 Fax: 757-495-3206 Website: www.cceva.org	Catholic Charities of Eastern Virginia serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their
Ph:757- 456-2366, ext. 1017 Fax: 757-495-3206 Website: www.cceva.org	Often the Social Security Administration or some other payer source requires that individuals at-risk of being financially exploited or unable to handle their own financial affairs have someone oversee their
Accomack Department of Social Services Ph: 757- 787-1530 Fax:757 787-9303	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Chesapeake Department of Social Services Ph:757- 382-2000 Fax:757 543-1644	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Franklin Department of Social Services Ph: 757- 562-8520 Fax:757- 516-6683	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Gloucester Department of Social Services Ph:804- 693-267 Fax:804- 693-5511	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Hampton Department of Social Services Ph: 757- 727-1800 Fax:757- 727-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Isle of Wigh Department of Social Services Ph:757- 365-0880 Fax:757- 365-0886	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
James City County Department of Social Services Ph: 757- 259-3100 Fax:757- 259-3188	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Mathews Department of Social Services Ph: 804- 725-7192 Fax:804- 725-7086	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Newport News Department of Social Services Ph: 757- 926-6300 Fax:757- 926-6118	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Norfolk Department of Social Services Ph:757- 664-6000 Fax:757- 664-3275	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Northampton Department of Social Services Ph:757- 678-5153 Fax:757- 678-0475	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Poquoson/York Department of Social Services Ph:757- 890-3787 Fax:757- 890-3934	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Portsmouth/York Department of Social Services Ph:757- 405-1800 Fax:757- 465-2951	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Southampton Department of Social Services Ph:757- 653-3080 Fax: 757- 653-0357	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Sussex Department of Social Services Ph:434- 246-1083 Fax:434- 246-2504 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Suffolk Department of Social Services Ph:757- 514-7450 Fax:757- 514-4869 Hotline: 1-888-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Surry Department of Social Services Ph:757- 294-5240 ~~Fax:757- 294-5248 Hotline: 1-888-~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Virginia Beach Department of Human Services Ph:757- 385-3200 ~~Fax:757- 385-~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Williamsburg Human Services Ph:757- 220-6161 ~~Fax:757- 220-6113 Hotline: 1-888-~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
York/Poquoson Social Services Ph:757- 890-3787 ~~Fax:757- 890-3934 Hotline: 1-888-~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Alexandria Department of Community and Human Services Ph:703- 746- 5700 ~~Fax:703-746-5974~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Alexandria Department of Community and Human Services Ph:703- 746- 5700 ~~Fax:703-746-5974~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Clarke County Department of Social Services Ph:540- 955- 3700 ~~Fax:540- 955-3958~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Culpeper County Human Services Ph:540- 727-0372 ~~Fax:540- 727-7584 Hotline: 1-888-832-~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Fairfax County Department of Family Services Ph:703- 324-7500 ~~Fax:703- 653-6679~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Fauquier County Department of Social Services Ph:540- 422-8400 ~~Fax:540- 422-8449~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Frederick County Department of Social Services Ph: 540- 665- 5688 ~~Fax:540- 665-5664~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Fredericksburg Department of Social Services Ph: 540- 372- 1032 ~~Fax:540- 372-1157~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Greene County Department of Social Services Ph: 434- 985- 5246 ~~Fax:434- 985-5266~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Harrisonburg-Rockingham Dept. of Social Services Ph: 540- 574-5100 ~~Fax:540- 574-~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
King George Department of Social Services Ph:540 775- 3544 ~~Fax:540- 775-3098~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Loudoun County Department of Family Services Ph:703- 777- 0353 ~~Fax:703- 771-5214~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Louisa County Department of Human Services Ph:703- 777- 0353 ~~Fax:703- 771-5214~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Louisa County Department of Human Services Ph:703- 777- 0353 ~~Fax:703- 771-5214~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Manassas City Department of Family Services Ph:703- 361- 8277 ~~Fax:703- 361-6933~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Manassas Park Department of Family Services Ph:703- 335- 8880 ~~Fax:703- 335-8899~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Orange County Department of Social Services Ph:540- 672- 6166 ~~Fax:540- 672-9118~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Page County Department of Social Services Ph:540- 778- 1053 ~~Fax:540- 778-1421~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Prince William County Department of Social Services Ph:703- 792-7500 ~~Fax:1-833-677-1482~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Rappahannock County Department of Social Services Ph:540- 675-3313 ~~Fax:540- 675-3315~~	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Shenandoah County Department of Social Services Ph:540-459-6226 Fax:540- 459-6223	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Spotsylvania Department of Social Services Ph:540- 507-7898 Fax:540- 507-7806	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Stafford County Department of Social Services Ph:540- 658-8720 Fax:540- 658-8798	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Warren County Department of Social Services Ph:540- 635-3430 Fax:540- 635-8451	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Winchester Department of Social Services Ph:540- 662-3807 Fax:540- 662-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Amelia Department of Social Services Ph:804- 561-2681 Fax:804- 561-6040	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Buckingham County Department of Social Services Ph:434- 969-4246 Fax:434- 969-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Caroline Department of Social Services Ph:804- 633-5071 Fax:804- 633-5648	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Charles City Department of Social Services Ph:804- 652-1708 Fax:804- 829-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Chesterfield/Colonial Heights Department of Social Services Ph:804- 748-1100 Fax:804-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Cumberland County Department of Social Services Ph:804- 492-4915 Fax:804- 492-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Essex Department of Social Services Ph:804- 443-3561 Fax:804- 443-8254	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Fluvanna County Department of Social Services Ph:434- 842-8221 Fax:434- 842-2776	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Goochland Department of Social Services Ph:804- 556-5880 Fax:804- 556-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Hanover County Department of Social Services Ph:804- 365-4100 Fax:804- 365-4110	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Henrico County Department of Social Services Ph:804- 501-4001 Fax:804- 501-4006	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Hopewell Department of Social Services Ph:804- 541-2330 Fax:804- 541-2347	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
King and Queen Department of Social Services Ph:804- 769-5003 Fax:804- 785-5885	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
King William Department of Social Services Ph:804- 769-4905 Fax:804-769-4979	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Lancaster County Department of Social Services Ph:804- 462-5141 Fax:804- 462-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Lunenburg County Department of Social Services Ph:434- 696-2134 Fax:434- 696-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Middlesex County Department of Social Services Ph:804- 758-2348 Fax:804- 758-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Middlesex County Department of Social Services Ph:804- 758-2348 Fax:804- 758-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Northumberland County Department of Social Services Ph:804- 580-3477 Fax:804- 580-5815	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Nottoway County Department of Social Services Ph:434-645-8494 Fax:434-645-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Petersburg Department of Social Services Ph:804-861-4720 Fax:804-861-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Powhatan County Department of Social Services Ph:804-598-5630 Fax:804-	APS investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older. If protective services are needed and accepted by the individual, local
Prince Edward County Department of Social Services Ph:434-392-3113 Fax:434-392-8453	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Richmond City Department of Social Services Ph:804-646-7000 Fax:804-646-7018	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Richmond County Department of Social Services Ph:804-333-4088 Fax:804-333-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Westmoreland Department of Social Services Ph:804-493-9305 Fax:804-493-9309	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Albemarle County Department of Social Services Ph:434-972-4011 Fax:(434) 972-4080	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Alleghany-Covington Department of Social Services Ph:540-444-7100 Fax:540-965-1772	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Amherst Department of Social Services Ph:434-946-9330 Fax:434-946-9319	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Appomattox Department of Social Services Ph:434-352-7125 Fax:434-352-0064	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Bath County Department of Social Services Ph:540-839-7271 Fax:540-839-7278	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Bedford Department of Social Services Ph:540-586-7750 Fax:540-586-7781	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Botetourt County Department of Social Services Ph:540-591-5960 Fax:540-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Campbell County Department of Social Services Ph:434-332-9585 Fax:434-332-9699	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Charlotte County Department of Social Services Ph:434-542-5164 Fax:434-542-5692	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Charlottesville Department of Social Services Ph:434-970-3400 Fax:434-970-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Craig County Department of Social Services Ph:540-864-5117 Fax:540-864-6662	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Danville Division of Social Services Ph:434-799-6543 Fax:434-797-8818 Hotline: 1-888-832-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Franklin County Department of Social Services Ph:540-483-9247 Fax:540-483-1933	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Halifax County Department of Social Services Ph:434-476-6594 Fax:434-476-5258	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Henry-Martinsville Department of Social Services Ph:276-656-4300 Fax:276-656-4398	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Highland County Department of Social Services Ph:540-468-2199 Fax:540-468-3099	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Lynchburg Department of Human Services Ph:434-455-5850 Fax:434-847-1785	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Mecklenburg County Department of Social Services Ph:434- 738-6138 Fax:434-7160	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Nelson County Department of Social Services Ph:434- 263-7160 Fax:434- 263-8605	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Pittsylvania County Department of Social Services Ph:434- 432-7281 Fax:434- 432-0923	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Roanoke City Department of Social Services Ph:540- 853-2591 Fax:540- 853-2027	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Roanoke County Department of Social Services Ph:540- 387-6087 Fax:540- 387-6210	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Rockbridge-Buena Vista-Lexington Area Social Services Ph:540- 463-7143 Fax:540- 464-9110	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Shenandoah Valley Dept. of Social Services (Staunton-Augusta Office) Ph:540- 245-5800	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Shenandoah Valley Dept. of Social Services (Waynesboro Office) Ph:540- 942-6646	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Bland County Department of Social Services Ph:276- 688-4111 Fax:276- 688-1468	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Bristol City Department of Social Services Ph:276- 645-7450 Fax:276- 645-7475	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Buchanan County Department of Social Services Ph:276- 935-8106 Fax:276-730-3130	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Carroll County Department of Social Services Ph:276- 730-3130 Fax:276 730-3135	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Dickenson County Department of Social Services Ph:276- 926-1661 Fax:276- 926-926	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Floyd County Department of Social Services Ph:540- 745-9316 Fax:540- 745-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Galax City Department of Social Services Ph:276- 236-8111 Fax:276- 236-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Giles County Department of Social Services Ph:540- 726-8315 Fax:540- 726-8253	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Grayson County Department of Social Services Ph:276- 773-2452 Fax:276- 773-2361	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Lee County Department of Social Services Ph: 276- 346-1010 Fax:276-346-2217	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Montgomery County Department of Social Services Ph: 540- 382-6990 Fax:540- 381-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Norton City Department of Social Services Ph: 276- 679-2701 Fax:276-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Patrick County Department of Social Services Ph: 276- 694-3328 Fax:276- 694-8210 Hotline: 1-888-832-3858	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further maltreatment. Child Protective Services is non-punitive in its
Pulaski County Department of Social Services Ph:540- 980-7995 Fax:540- 980-7993	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further
Radford City Department of Social Services Ph:540- 731-3663 Fax:540- 731-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families, whenever possible, and prevent further

Russell County Department of Social Services Ph:276-889-3031 Fax:276- 889-2662	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect ~~children, preserve families, whenever possible, and prevent further~~
Scott County Department of Social Services Ph:276-386-3631 Fax:276- 386-6031	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect ~~children, preserve families, whenever possible, and prevent further~~
Smyth County Department of Social Services Ph:276-783-8148 Fax:276- 783-6327	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect ~~children, preserve families, whenever possible, and prevent further~~
Tazewell County Department of Social Services Ph:276-988-8500 Fax:276- 988-2765	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect ~~children, preserve families, whenever possible, and prevent further~~
Washington County Department of Social Services Ph:276- 645-5000 Fax:276-	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect ~~children, preserve families, whenever possible, and prevent further~~
Wise County Department of Social Services Ph:276-328-8056 Fax:276- 328-8632	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect ~~children, preserve families, whenever possible, and prevent further~~
Wythe County Department of Social Services Ph:276-228-5493 Fax:276- 228-0705	The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect ~~children, preserve families, whenever possible, and prevent further~~
Ph: 757- 222-4944 Fax: 757- 544-9880	Coastal Virginia Counseling and Mediation-Mediation Services provides services of any kind of disputes related to family.
Ph:804-285-5900 Website: https://www.cccofva.org/guardianship	Commonwealth Catholic Charities-CCC-Guardianship Program serves as Guardian for individuals (18 or older) who have been
Ph:804-285-5900 Website: https://www.cccofva.org/guardianship	Commonwealth Catholic Charities-CCC-Guardianship Program serves as Guardian for individuals (18 or older) who have been deemed by the court to be incapacitated due to Alzheimer's disease, dementia, brain injury, intellectual disability, or chronic mental illness.
Ph:757 346-3118 Fax: 757.463.6022 Website: https://www.coxandcox.com	Cox & Cox-Edward and Carolyn Cox focus their attention on helping people answer questions, sort through legal and practical options and find solutions to problems, both large and small. They provide the following services :Adoption,Family Law,Real Estate,
Ph:757- 665-5041.	Individuals with a VASAP, Court Community Corrections, or for MAT (Medication Assisted Treatment) referrals should contact Eastern Shore Community Services Board (CSB) to schedule an intake appointment.
Ph:757- 321-0054 Fax:757- 321-4020	Frank J Driscoll Jr., PLLC provides the following services: Guardianship,Personal Injury,Trusts,Litigation,Commercial Law,Homeowners Association Law and Collections.Please call for further information.
Ph:757- 825-4499 Website: www.hnncsb.org	The Hampton-News Community Services Board's Court Services (HCSU) Program provides mental health screenings, comprehensive assessments and short term therapeutic interventions to youth who present before the Hampton Juvenile and Domestic Relations Court and/or Court Services Unit. Services assist in determining behavioral
Ph: 757-260-5881 Fax: 757-397-1267 Website: https://hooklaw.net	Hook Law Center serves clients across Virginia and North Carolina with quality, comprehensive legal and financial planning solutions for every stage in life. They take a unique holistic approach to solving
Ph: 757-260-5881 Fax: 757-397-1267 Website: https://hooklaw.net	Hook Law Center serves clients across Virginia and North Carolina with quality, comprehensive legal and financial planning solutions for every stage in life. They take a unique holistic approach to solving legal and financial issues, offering extraordinary, comprehensive
Ph: 252-650-5416 Fax: 757-397-1267 Website: https://hooklaw.net	Hook Law Center serves clients across Virginia and North Carolina with quality, comprehensive legal and financial planning solutions for every stage in life. They take a unique holistic approach to solving
Ph: 757-486-7055 Fax: 757.431.0410 Email: jlauer@inmanstrickler.com Website: https://www.inmanandstrickler.com	Jeanne S. Lauer is a partner at Inman & Strickler focusing her practice in the areas of Civil Litigation, Community Association Law and Commercial Litigation. Ms.Lauer may provide services to individual with disabilities related to legal guardianship and
Ph: 757-938-9130 Website: http://jfshamptonroads.org/	Jewish Family Service (JFS) of Tidewater serves as Guardian for individuals (18 or older) who have been deemed incapacitated by the courts. When no family member is able to take on the care of their loved one, Jewish Family Service (JFS) of Tidewater Guardianship case workers take on the role of caregiver. Individuals in the

Ph:757.896.0678 Fax:757-896-0679 Virginia Beach Office Ph: 757.961.8553 Fax: 757.961.3488 (Free consultation)	John W. Lee, PC provides legal services in the following areas:Chapter 7 and Chapter 13 Bankruptcy,Uncontested Divorce,Child Support Law,Child Custody Law,Contested Divorce,Military Divorce Law,Separation Agreements,Prenuptial Agreements,Alimony Law,Wills, Trusts & Estate Law,Misdemeanor
Lauri Hogge Office Ph:757-664-7340 Home Ph:757- 705-7189	The district court judge or special justice shall render a decision on the petition for involuntary admission and mandatory outpatient treatment orders.
Lyn Symons Office Ph:757-664-7340	The district court judge or special justice shall render a decision on the petition for involuntary admission and mandatory outpatient treatment orders.
Ph: 757-442-3014 Toll Free:1-888-868-1072 (866- LEGL-AID). Fax: 757-442-3317	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level.
Ph: 757-627-5423 Toll Free:1-888-868-1072 (866- LEGL-AID).	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level.
Ph: 757-552-0026 Toll Free:1-888-868-1072 (866- LEGL-AID). Email:nfo@laseva.org	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level.
Ph:757-595-0123 Website:www.mwklawva.com	Miller, Walsh, Kutz & Laster is a full service law firm providing quality legal representation in the areas of homeowners association law, real estate, business law, criminal & traffic. Legal guardianship services are available. Please call for further information.
Ph:757- 926-8302 Website:www.hnnscb.org	H-NNCSB provides clinical services in Newport News Juvenile Detention Services including crisis intervention, mental health assessment and intervention, case management services and family support provided to residents of Newport News Juvenile Detention.
Ph:757- 926-8302 Website:www.hnnscb.org	The Newport News Juvenile Drug Treatment Court provides a non-adversarial approach within the Juvenile Justice System that includes
Ph:757-969-1900 Fax: No:757-969-1903	Peninsula Center for Estate and Lifelong Planning provide a full-service estate planning, probate and business planning services.
Ph: 757-220-6837 / TT Toll Free:1-888-868-1072 (866- LEGL-AID). Email:nfo@laseva.org Fax:757-221-3322	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty level. Specific services and types of cases handled vary from office to office.
Ph:757- 963-6303 Please contact The care Team Norfolk: CareTeamNorfolk@ptcplc.com Ph. 757.963.6303 Fax 757.963.6074 for more information or referral. Please	Peninsula Therapy Center, PLC is starting a new juvenile substance use didactic group. This is a 60 minute psychoeducational group for juveniles 13-17 years old who are at risk for substance use, are suspected of substance use, those who have begun experimenting with substances or have received charges for possession/use, or charges for other criminal behavior while under the influence of substances. In addition, those whose involvement with drugs may be
Ph:757-352-4639	Regent University School of Law opened a satellite campus law clinic in downtown Norfolk, Virginia to provide pro bono legal aid to the Hampton Roads community.The mission of the Regent Law clinic is to serve low income households in the Hampton Roads community with free legal representation for civil matters. The clinic handles cases in the areas of consumer issues, domestic relations, landlord/tenant matters, government benefits, and guardianships.A
Ph:757-352-4660 Email:CGJclinic@regent.edu Website:https://www.regent.edu/news/regent-laws-center-for-global-justice-launches-new-clinic-to-help-victims-of-human-trafficking/	Regent University School of Law's Center for Global Justice has launched a clinic to help human trafficking survivors get a fresh start. They assist Victims of human trafficking to erase specific criminal convictions from their record under the law that allows trafficking survivors convicted of prostitution-related misdemeanors to have those crimes removed from their records. Please call or email for further information.

Contact Garry Cofield Ph:757- 664-3342.	"Safe Haven" peer support is an informal group that consists of previously incarcerated people sharing experiences, and giving hope and encouragement to each other. The group consists of men and women. The peer support group is open to anyone returning home from jail or prison. This group meets weekly on Tuesday evenings from 6:00 p.m. to 7:00 p.m. Please call for further information.
Contact: Professor Crystal Shin's Ph:757-221-5735	The Special Education Advocacy Clinic was formed to assist special-needs children and their families with eligibility or Individualized Education Program meetings, discipline matters, mediation, and administrative hearings. The clinic is designed to bolster the
Ph:757-640-1882 Website: http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy, PC performs Forensic Evaluations including sanity, competency, fitness for duty, parenting capacity, custody evaluations, civil (Custody Visitation, Competency, Guardianship, Mental disability (inability to work due to a psychological disorder) and criminal matters (Insanity
Ph:757-640-1882 Website: http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy provide assessments that can be used to determine whether guardianship is needed. Some cases require more complex assessments because of the abilities
Contact: Joanna McNulty, MR Trust Coordinator Ph:757-385-0645 Email: jmcnulty@wbgov.com	The Virginia Beach Community Trust provide families with consultation specifically targeted to the needs of their son, daughter, sister, brother, etc. who has a mental disability (the "beneficiary"). Family members ("settlers") that set up Trusts with the Community
Ph:757- 484-9494 Website: https://palmerelderlaw.com/contact/	Timothy K. Palmer created Elder Law Solutions to provide cost-effective legal solutions to problems that elderly people and their families face. Services: estate planning, long-term care planning or estate administration. Please call for further information.
Ph:804-289-8740, press 2 for Pro Bono Law Clinic Website: https://law.richmond.edu	University of Richmond School of Law created the Harry L. Carrico Center for Pro Bono & Public Service to connect the skills and talents of its student body with the greater Richmond community and a network of regional, national, and international programs. Services areas: Estate Planning program, The Eviction Diversion Program, Housing Law Program, Immigration Assistance
Ph:434- 977-0553, Website: http://www.law.virginia.edu/html/academics/practical/immigration.htm	University of Virginia School of Law, Legal Aid Justice Center - Immigration Clinic provides assistance with completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals
Ph:804-644-0041 Website: https://vba.org/page/vba_veterans_initiative	Virginia Bar Veterans Initiative provides legal services to veterans residing in the state of Virginia. There is possible assistance with guardianship/family if client is a veteran. Please call for further information.
ph:800-552-7977 Website: www.vsb.org/vlrs.org	Virginia Lawyer Referral Service is a statewide referral source for lawyers within the state. For \$35 non-refundable consultation fee, will referral to a lawyer in your area who will provide a 30 minutes consultation. If lawyer is hired, additional payments will be required. this is not a pro-bono service.
Ph: 757-539-3441 Fax:757-539-5142 LawLine Toll Free: 866-534-5243 OR Ph:434-455-3080	The Legal Aid Societies are non-profit organizations that provide legal services to those who cannot afford attorneys. The eligibility requirements are based on income guidelines set by the federal government, which is based on a maximum of 125% of the poverty
Ph: 757-221-7440 Fax: 757-221-1855 Email: elderlaw@wm.edu	The Elder & Disability Law Clinic provides free legal assistance for qualifying seniors and disabled individuals. The Clinic assists clients in creating plans to deal with current legal and financial issues and prepare for the future and in drafting the necessary documents to
Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197 Email: info@lgbtlifecenter.org	Denise is a licensed clinical social worker experienced in working with LGBTQ clients, including those who identify as transgender. She provides LGBTQ affirming therapy and psychotherapy for adults, adolescents, and their families. She can also provide written documentation for those seeking referrals to medical doctors for

Ph:888- 657-2343 Email: vatherapist@gmail.com	DQS Communications Healthcare Group offer mental health counseling and therapy services in Virginia; for Individuals, families, couples, the LGBTQIA community, adults and children of all ages.
Ph: 757-200-9198 Email: LGBTCenter@accessaids.org Website: http://www.accessaids.org	Gender Expression Movement provides transgender support group and transgender educational services. Hours of Operation: Meeting Times: 1st and 3rd Saturdays of each month at 7:00 PM. Please call for further information.
The National Suicide Prevention Lifeline 800-273-TALK (8255) The GLBT	It Gets Better Project provides crisis or in need of immediate support to LGBTQ youth.
Ph:757- 279-2043	Lamplighter Movement,-Support Group is a free support group for victims of incest and child hood sexual abuse based on the mission statement of The Lamplighter Movement, an International Movement for Incest and Child Sexual Abuse Recovery founded by Marjorie McKinnon to help victims toward recovery and healing. Issues: Sexual Abuse. Treatment Orientation: Trauma Focused. Group Meets: First Sunday at - 12:30pm. Please call for further information.
Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197	LGBT Life Center provides mental health services to HIV positive, lesbian, gay, bisexual, and transgender individuals. They offer affordable, sliding scale services to individuals based on their ability
Ph:757- 640-0929 Fax:757- 622-8932 OR 757-200-9197	LGBT Life Center-Life Home Program offers rapid re-housing for individuals who suddenly find themselves homeless. We also provide permanent housing for LGBTQ and HIV+ individuals and work with
Ph: 757-200-9198 Email: LGBTCenter@accessaids.org	Non Transitioning Spouse/Partner Support Group Support group provides support to individuals that are adjusting to and/or assisting
Ph:757- 588-6552 OR 757 640-0929 Email:pflagnorfolk@gmail.com Website:https://www.pflag.org	PFLAG mission is uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies; they are to advancing equality through support. Monthly meetings : 2nd Tuesday Parent Support and 3rd Tuesday General Meeting;
Ph:757- 622-9852 Fax: 757- 622-4033	The Psychotherapy Center provides Psychotherapy services forLGBT issues. Ages: children and adults. *3 weeks generally for an appointment, accepts Medicaid, type of insurance accepted varies by provider.
Trevor Lifeline at 866-488-7386. Available 24/7/365. TrevorText—Text	Trevor is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual,
:Ph:757-442-3933 Ext. 400	Eastern Shore Community Services Board (CSB)-Mental Health Skill-Building Services goal is to increase the quality of life for those receiving support services and to keep the individual in the
Ph.:757-644-6391 Fax:757-622-2011 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, cognitive deficiencies or dual diagnoses. Medicaid is accepted.
Ph.:757-644-6391 Fax:757.622.2011 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, cognitive deficiencies or dual diagnoses. Medicaid is accepted.
Ph:434.220.0089 Fax:434.220.0103 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, cognitive deficiencies or dual diagnoses. Medicaid is accepted.
Ph:434.214.8112 Fax:434.534.3034 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, cognitive deficiencies or dual diagnoses. Medicaid is accepted.
Ph:804-372-0151 Fax:804-912-2163 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, cognitive deficiencies or dual diagnoses. Medicaid is accepted.

Ph:804-544-9044 Fax:804-715-4789 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:804-924-9260 Fax:804-464-4919 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:540-339-3640 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:703.496.7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:540-212-9222 Fax:540-321-4420 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:804-203-2011 Fax:540-898-1040 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:703-496-7804 Fax:571-359-6784 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:540-949-7045 Fax:540-949-8897 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:540-437-1605 Fax:540-437-1606 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:540.215.0535 Fax:540-206-2109 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Ph:540-462-2914 Fax:540-462-2892 Website:www.compassyouthservices.com	Compass Behavioral Group Skill Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, ~~co-occurring deficiencies or dual diagnoses. Medicaid is accepted.~~
Southside Ph 757.455.8300 Fax: 757.455.8345 739 Thimble Shoals Blvd.	Family Preservation provides -Mental Health Skill-Building Services.to individuals with a clinical need arising from a condition due to mental, behavioral or emotional illness that results in ~~significant impairments in major life activities. The goal of Mental~~
Statewide Referral Line: Ph:540.283.0486	Family Preservation provides -Mental Health Skill-Building Services.to individuals with a clinical need arising from a condition
Contact: 757- 227-3636 Fax:757- 227-3642 Email:fmiles@InfinityCounselingGroup.com Website:www.InfinityCounselingGroup.com	Infinity Counseling Group provides Mental Health Skill-building services to help adults with mental illness or other dual diagnosis to live a successful and productive life in the most appropriate and least restrictive environment. This service is focused on helping adults obtain the skills for living independently while managing mental health issues through goal directed training. Eligibility Criteria: hose

Ph:410-910-1500	Maxim Healthcare provides Skills building interventions for children and adults with intellectual and developmental disabilities. Individualized services may include: 1.Community Living and Support: Enables the participant to live successfully in his/her own
Ph: 757-756-5600 Main Ph: 757-823-1312	Mental Health Skill-Building Services includes training and support to help individuals achieve and maintain stability and independence within the community. Specific services provided in the program
Ph:757-442-6746	National Counseling Group -NCG-provides training and skill building for adults with mental illness and emotional disturbance who struggle with independence and activities of daily living. Please call for further
Ph: 757-756-5600 Main Ph: 757-823-1312	Mental Health Skill-Building Services includes training and support to help individuals achieve and maintain stability and independence within the community. Specific services provided in the program include: face to face and 1:1 services, skill building in personal
Ph:757-310-9530 Fax:757-224-4910	The Empowerment Network, LLC is a Medicaid provider licensed by the Department of Behavioral Health and Developmental Services to
Ph.:757 758-5106 Email:info@wtc-sb.org	Mental Health Skill Building (MHSS) services are available to help a person with serious mental illness understand the illness and
Ph: 757-442-4438 Email: pregnancycenter@yahoo.com Website: http://a-npregnancycenter.com	The ANPC is dedicated to the emotional, spiritual and practical support of women. The ANPC has been a safe-haven for women to come when facing unplanned pregnancies. All options are accurately explained and explored. All Services are free and confidential. No appointment needed Mon-Thurs 10-1.Free Pregnancy Test, Guidance, Resources, Be Informed About All Your Options
Ph:757- 591-8141 Website:https://alcovehealth.org	Alcove Health is a safe space to process and learn all your options for pregnancy. You deserve medically-evidenced information to make the best decision for your reproductive health. That's why we provide caring, judgement-free pregnancy services that put you first. From abortion consultations and ultrasounds to parenting support and more, all of our services are provided for free and with total
Ph:757-274-4952 Email:pregnancy@cceva.org	Catholic Charities of Eastern Virginia-Pregnancy Counseling services can help you care for yourself and your baby throughout your pregnancy and after your child is born. Confidential support is available as you prepare to become a parent or plan to place your baby for adoption, receive parenting or Kinship Care. Their staff has
Ph:757-410-9703 Crisis Pregnancy Patient helpline: 757.499.4444. Email:info@cpcot.org	Crisis Pregnancy Center of Tidewater is a Christ-centered organization with a calling to reach out to women and families involved in crisis-related pregnancies by offering real help for the present, hope for the future, and healing from the past. Please call for further information.
Ph:7:57- 466-0700 Website:http://www.psych-therapy.com	Finney Zimmerman Psychiatric provides Perinatal Psychiatry (Management of women's mental health issues during and following pregnancy.
Ph:757-965-5886 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Perinatal (Postpartum) Mental Health Disorders,. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be discussed with our staff. Please call or visit the website for further information.
Ph:757-564-3100 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Perinatal (Postpartum) Mental Health Disorders,. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages
757-827-7707 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Perinatal (Postpartum) Mental Health Disorders,. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages
Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Perinatal (Postpartum) Mental Health Disorders,. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages
Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Perinatal (Postpartum) Mental Health Disorders,. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages

Ph:757-466-3336 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Perinatal (Postpartum) Mental Health Disorders,. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages
Ph: 757-668-7165 Email:HealthyMommyHealthyBaby@CHKD.org Website:WWW.postpartumva.org	Healthy Mommy Healthy Baby-Free Postpartum Support Group at CHKD helps new and expectant mothers and their families overcome anxiety and depression by providing FREE support, information and resources. They meet 1st Tuesday afternoon of every month,- specifically for NICU Moms and 3rd Wednesday evening of every month . Open to all moms. Visit Postpartum Support Virginia's website to find : Support volunteers and support groups, Self-help and coping techniques, Mental Health Professionals and Additional
Phone or Text : 1-833-TLC-MAMA (1-833-852-6262).	Maternal Mental Health Hotline, is a new, confidential, toll-free hotline for expecting and new moms experiencing mental health challenges. They have .counselors available to provide mental health support. The Maternal Mental Health Hotline is not intended as an emergency response line and individuals in behavioral health crisis should continue to contact the National Suicide Prevention Lifeline at 1-800-273-TALK (2555). Maternal Mental Health Hotline is accessible by
Contact: Shannon Renfro Ph:757-947-3420 Email:Shannon_renfro@bshsi.org	Perinatal Loss Support Group at Bon Secours provides support to anyone who has experienced the death of a baby during pregnancy, stillbirth or in the first month of life.
Warmline:703-829-7152 English/Spanish Text in English 540-698-1277 Text in Spanish	PSVa maintains a year-round Warmline. Our Warmline offers free support, information, and resources for all parents and their family members. The line is staffed by volunteers or staff who either have lived experience or professional experience with perinatal mood and anxiety disorders. Warmline Volunteers validate experiences, share
Ph:703-829-7152 Email:MomsOnCall@postpartumva.org	Postpartum Support Virginia's MISSION is to help new and expectant mothers and their families overcome anxiety, depression, and other perinatal mood and anxiety disorders (PMADs). They provide One-on-
Ph:703-829-7152 https://postpartumva.org/care-coordination	Postpartum Support Virginia can help with care coordination to assist with finding a therapist, psychiatrist or other provider. Services are available in English and Spanish. Please call or visit the website for further information
Ph:703-829-7152 Website: https://postpartumva.org/shelanes-fund	Shelane's Fund provides grants up to \$500 to help new mothers and families overcome postpartum depression and other perinatal mood and anxiety disorders. Funding can be used to cover expenses such
Contact :703-829-7152 Email:pdavis@postpartumva.org Website: https://postpartumva.org/support-groups	Postpartum Support Virginia is offering several options now for Support Groups In-Person and Virtual. Services are available in English and Spanish. Postpartum Support Virginia- Support Groups calendar is available at Postpartum Support International (PSI) Support Group Schedule.
Ph:757-245-1070 Mid-Peninsula-Northern Neck CSB 804- 695-8139 Gloucester Counseling Center 800-639-9668	SEFP (South-Eastern Family Project) Is a program from Mid-Peninsula-Northern Neck CSB that provides comprehensive day and residential treatment for pregnant and parenting women who have substance use disorders. Services are provided in a healthy, stable and secure residential environment where women and their children or newborns can remain together throughout the treatment
Ph:757-788-0012 Website: www.hnnscsb.org	Al's Pals is a comprehensive early childhood curriculum (for children ages 3 to 8 years) and teacher training program that enhances protective factors related to the problems of substance abuse and violence. Targeted to children in preschool through the early elementary grades, the intervention comprises teacher training, a
Contact: Courtney Dowell, CHES Lead Prevention Specialist Ph: 757-898-7926 Fax: 757-898-4505 Website: www.ColonialBehavioralHealth	Colonial Behavioral Health-Prevention Services offer individuals and families a variety of prevention services, which are specifically designed to promote and enhance health and wellness. CBH offers a set of prevention groups and classes, and creates tailored services to meet individual needs. Our existing services include:

Ph:757-442-5388 Fax:757-442-9756	Eastern Shore Community Services Board (CSB)-provides primary substance abuse prevention & mental health promotion services to youth ages 2-17 and their parents through a variety of community and school-based programs and activities intended to support families and youth experiencing high levels of risk. Prevention
Ph:757-788-0012 Website:www.hnnscsb.org	Life Skills Training (LST) is a proven, highly effective substance-abuse prevention and competency enhancement program designed to focus primarily on the major social and psychological factors promoting substance use/abuse. LST increases students' knowledge of the immediate consequences of substance use while providing
BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Email:newlifesac@cox.net Website: www.newlifesabc.com	New Life Substance Abuse & Behavioral Consultants, Inc.-Relapse Prevention Program is designed specifically for those clients who have previously completed a substance abuse treatment program, but have relapsed. This will help clients sustain an alcohol and drug free life. Requirements: Proof of completion of a treatment program
Contact Cleriece Whitehill, Coordinator Ph :757- 385-0810 Email:cwhitehi@vb.gov OR Lori Chittum, Support Staff Ph:757- 385-0803 Email:lchittum@vb.gov.com.	Project LINK offers a children's case management program called Families Together for children aged birth through seven who are considered at risk of severe emotional disturbances due to parental/caregiver substance abuse or mental health issues. Case managers work with the parent/caregiver to ensure the child is living
Ph:757-788-0012 Website:www.hnnscsb.org	The Strengthening Families Program (SFP) serves school age children ages 6-11 or 12-16 and their families in 14 family training sessions to increase resilience and reduce risk factors. The program
Contact: Kim Allen Ph:757-838-1960 ex. 329 Fax:757-838-3280	The Center for Child and Family Services, Inc.-Youth Violence Prevention Program helps to provide Hampton youth and young adults ages 16-24 who are homeless, leaving foster care or re-
Contact: Jessica Oulahan Ph: 757-965-8622	The "Up" Center- Substance Abuse Prevention Group will provide prevention, addiction, and recovery group counseling for adolescents ages 14 – 18. Hours: Monday's at 4:00-5:00 pm. Cost: FREE of charge. The Curriculum will include: Open Weekly Group Meetings
Ph:757 758-5106 Email:info@wtc-sh.org	UPLIFT is an afterschool prevention and treatment program for ages 11-18 that focuses on developing life skills and reducing the risk
Ph:757- 873-3353 Please	Peninsula Therapy Center, PLC is starting a new juvenile substance
Main Ph::828-608-4000 Email: BH.Information@dhhs.nc.gov	Broughton Hospital is an inpatient regional referral psychiatric hospital which mission is to provide high quality, integrated, person centered treatment to children, adolescents and adults with psychiatric disorders.
Ph:540- 981-8181 option 2	Carillion Roanoke Memorial Hospital provides psychiatric inpatient services.
Ph:919-764-2000	Central Regional Hospital is an inpatient regional referral psychiatric hospital which mission is to provide high quality, integrated, person centered treatment to children, adolescents and adults with psychiatric disorders. They serve 25 counties in the central region of the North Carolina. Ages: 11 and under and up .
Ph:757- 668-4673 (HOPE) Fax: 757- 668-8870 Email: MentalHealth@CHKD.org Website:https://www.chkd.org/Our-Services/Mental-Health	CHKD's Children's Pavilion provides acute inpatient psychiatric program is for children and adolescents experiencing mental health emergencies, including imminent risk of harm to self or others or severe disruption of the functions of daily living. This highly resourced program provides the greatest level of structure and safety for patients using evidence-based and proactive treatment approaches, and works collaboratively with families to develop and implement an
Ph:757- 668-4673 (HOPE) Fax: 757- 668-8870 Email: MentalHealth@CHKD.org	CHKD's Children's Pavilion is the center of their comprehensive mental health program offering prevention and day programs, acute inpatient and partial hospitalization, follow-up care, and research.

HelpLine: 336-832-9700 OR 1-800-711-2635	Cone Health Behavioral Health Hospital offer comprehensive inpatient support services for a wide range of behavioral illnesses. ~~Admission to Behavioral Health Hospital is voluntary or involuntary~~
Ph:919-731-3326 OR 919-731-3200 Fax: 919-731-3793	Cherry Hospital is an inpatient regional referral psychiatric hospital. Cherry Hospital offers mental health services to adolescents, adults and geriatric patients. They provide short term care as well as long term care when necessary. Ages: 12 and up. They serve 38 counties
Ph: 804-323-8846 Fax: 804-323-8253	Chippenham Medical Center- Tuckers Pavilion provides inpatient mental health care programs for children, teens, adults and seniors.
Ph:540-332-2100 Fax: 540-332-2202	Commonwealth Center for Children and Adolescents is an acute care, mental health facility for youth under the age of 18 years, operated by the Virginia . Department of Behavioral Health and
Ph: 703-536-2000 24 hrs. Line:703-538-2872 Fax: 703-536-2523	Dominion Hospital provides psychiatric inpatient services. Eligibility Criteria:no children with violent behavior/legal action. Ages 3-18 Insurance: Medicaid pt's only.. Other: cannot take the pt unless has been prescreened by CSB.
Ph: 703-776-1110 Fax: 703-776-4028	Fairfax Hospital provides psychiatric inpatient services. Ages 18 and up.
Ph 757-788-0635 OR 757- 215-3460 Fax: 637-7243	Hampton/Newport News CSB-Urgent Care Center provides psychiatric inpatient services.
Ph: 919-250-7000	Holly Hill Hospital provides inpatient mental health treatment. Ages: children 5-11;Adolescents 12-17;Adults 18-26 and seniors 61 and up.
Ph: 540-776-1100 or 800-541-9992	Lewis-Gale Psychiatric Center provides psychiatric inpatient services. Age:12-18.Eligibility Criteria: Family-based program so not good unless parents are nearby.
Toll Free:800-777-8855	North Spring provides psychiatric inpatient services.
Ph: 804-748-7490 Fax: 804-862-6322	Poplar Springs offers psychiatric residential inpatient services. Ages 11-17 (18 if in high school).
General Information Ph:757- 827-1001 Admissions & Inpatient Information Ph:757- 827-3119 757- 827-3121 TTY ~~Website: http://riversideonline.com/rbbc/~~	Riverside Behavioral Health Center provides psychiatric and substance abuse care in Hampton Roads. Their services: Inpatient Adult Services, Inpatient Child and Adolescent Services and Adolescent Residential. All insurance plans accepted, self-pay.
General Information Ph:757- 827-1001 Admissions & Inpatient Information Ph:757- 827-3119 ~~757- 827-3121 TTY~~	Riverside Behavioral Health Center provides psychiatric and substance abuse care in Hampton Roads. Their services: Inpatient Adult Services, Inpatient Child and Adolescent Services and Adolescent Residential. All insurance plans accepted, self-pay.
Ph:757- 388-3000 ER -757- 388-3551	Sentara Norfolk General Hospital provides quality treatment for adults and seniors experiencing crisis due to mental illness, emotional distress, or destructive behavioral patterns. Adult Treatment Center at Sentara Norfolk General Hospital The adult program is designed to stabilize patients who require a more controlled environment for healing and growth, as they learn to return to daily routines.
Ph:757- 395-8000 ER - 757- 395-8890	Sentara Virginia Beach General Hospital provides quality treatment for adults and seniors experiencing crisis due to mental illness, emotional distress, or destructive behavioral patterns. Adult Treatment Center at Sentara Norfolk General Hospital The adult
Ph:919-800-4400	Strategic Behavioral Center – Raleigh is an acute hospital and residential behavioral health facility that serves children and adolescents. They provide a structured, therapeutic and safe environment for those patients who require acute and residential care ~~with psychiatric, mental or behavioral challenges~~

Ph: 919- 445-0205 Fax: 919- 445-0234	UNC- Child and Adolescent Inpatient Psychiatric Services mission is to provide state-of-the-art diagnostic and treatment services for children and adolescents suffering from a broad range of psychiatric problems that require acute inpatient treatment. Specific areas that are frequently addressed during an inpatient hospitalization may
Ph 434-947-4444 Fax: 888-308-0489 Nurses station: 434-200-4138	Virginia Baptist Hospital provides psychiatric inpatient services.
Ph: 757-496-6000 ~~24 Hour Resource for any Emotional~~	Virginia Beach Psychiatric Center provides psychiatric and substance abuse to children from 2-11 years old, adolescents 12-17 years old
Ph: 804-828-8822 Fax: 804-628-4042 Weekend After hour: Ph:800-628- Ph:336- 716-4551	VTCC mental health inpatient program for children provide round-the-clock inpatient care in a supportive environment, with the goal of stabilizing and safely transitioning children and adolescents back into
	Wake Forest Psychiatry mission is to provide positive recovery and mental health wellness outcomes throughout the region by promoting
Ph:877- 228-8348 Free, no-obligation assessment or to discuss emergency admission. Website: https://www.denverhealth.org/services/acute-center-for-eating-	ACUTE Center for Eating Disorders & Severe Malnutrition at Denver Health is the only dedicated medical intensive care unit specifically for patients with extreme forms of eating disorders and severe malnutrition who are severely underweight or who are experiencing urgent medical issues. Target Population: all genders, ages 15 and older (adolescents and adults) Levels of Care: Inpatient medical
Ph:847.493.3700 Request a FREE Screening : 855-383-2224 Main Number:855.MyAMITA (855.692.6482)	AMITA Health Center for Eating Disorders, will help you address the underlying causes of your eating disorder with a personalized treatment plan and a Wholecare approach that encompasses your mental, physical and even spiritual health needs. Conditions: bulimia,
Ph:866- 652-3147 -24/7 Website: https://www.alsana.com	Alsana provide innovative, client-focused and evidence-based eating disorder treatment in residential , partial hospitalization and intensive-outpatient settings Conditions;Anorexia,Bulimia,Binge Eating Disorder,Co-Occurring Conditions,ED-DMT1 (Diabulimia), LGBTQ+ Affirming Treatment, Otherwise Specified Feeding & Eating
Ph:757- 422-2118 Email: info@counselingacc.com	Awakenings Counseling Center provides assessments and treatment for eating disorders. Phone and online therapy/ counseling services are available for children, adolescent, adults and
Ph:888-245-6555 Website: https://www.canopycove.com/	Canopy Cove Eating Disorder Treatment Center is recognized as a leader in Eating Disorder Treatment. Their program is unique and you will learn how you or your loved one can benefit. Target Population: teens and adults. Conditions: Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorders, and all related eating disorders. The center offers three levels of treatment: Residential Programs,
Ph:919- 797-9769 Toll Free:866- 945-4792---24/7 Website: https://www.carolinaeatingdisorders.com	Carolina House provides eating disorder treatment, regardless of their race, gender identity, sexuality, religion, or world views. Target Population: individuals age 17 and older of all genders. Levels of care: Residential treatment is available at The Homestead main campus and at The Estate, which are both located in Durham, North Carolina. They also offer a partial hospitalization program (PHP) and
Ph.: 757- 404-3010 OR Ph:757- 828-2624 Email: chrmail@verizon.net	Carolyn Reed Hersh, MA, LPC, NCC provides Psychotherapy services for eating disorders. Age:Adults,Teen,Preteen Children (6 to 10). utilizes the Maudsley approach. Modality:Individuals,Family and Group.Self-pay only.Session Fee: \$150 per session..
Contact:Cheryl Philipps Email: cheryl.philipps@centerfordiscovery.com Cell: 202-705-0025	Center for Discovery Alexandria is an eating disorder treatment center that opened in 2016 and accepts patients of all genders ages 10-18.Ages 10-18.Conditions they treat: Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, Avoidant/Restrictive Food
Contact:Cheryl Philipps Email: cheryl.philipps@centerfordiscovery.com Cell: 202-705-0025 Admissions: 703-879-3492	Center for Discovery – Fairfax is a premier provider of evidence-based Eating Disorder treatment designed for lasting recovery. They provide both treatments residential and outpatient settings recover and thrive. They continue to reach out to you after you complete your program here to ensure that you continue using the positive and

Ph 844.548.1665 Hours 24/7 Website:centerfordiscovery.com	Center for Discovery McLean is a high level of care eating disorder treatment facility that offers care to female and non-binary (regardless of sex assigned at birth) patients age 18 years and older. Ages 18+. Conditions they treat: Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, Avoidant/Restrictive Food Intake Disorder, Orthorexia Nervosa, Other Specified Feeding or Eating Disorders and Co-Occurring Disorders with Eating Disorders. Residential Treatment and Partial Hospitalization Treatment are available. The
Orem Location Ph:888-224-8250 Fax: 801-224-8301 E-mail: Pamela.Kidd@uhsinc.com Salt Lake Location: 801-996-3413 Fax: 801-679-1143 Boise Location:208-629-3927 Fax: 208-922-6718	Center for Change is an eating disorder treatment center for those who are unable to overcome their disorder on their own. Conditions: Anorexia, Binge eating, Bulimia, OSFED and Orthorexia. Levels of Care: Inpatient Eating Disorder Treatment, Independent Living Program, Residential Eating Disorder Treatment Centers, Partial Hospitalization, Intensive Outpatient Treatment and Outpatient Therapy. Insurance: Tricare and Aetna. Please call for further information.
Contact: Jen Burnell Ph:786-635-1436 919-798-4412 (cell) Website: https://clementineprograms.com/program-locations/clementine-miami	The Clementine Pinecrest, located near South Miami, offer residential treatment for adolescent girls, seeking treatment for Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder or Exercise Addiction. Treatment is integrated with personalized clinical and nutritional care and comprehensive academic and family support. NG Tube patients are not accepted. Waitlist: 6 weeks. Please call for further information.
Contact: Desiree / Donna Ph:804-966-2242 Website: https://cumberlandhospital.co	Cumberland Hospital-Eating Disorders Program treat a variety of diagnoses including anorexia, food aversion and bulimia. They have a chronic illness program and can treat patients with a co-occurring
Contact: Celeste and Sarah - Inpatient Eating Disorders Program Ph:703-538-2872 Main:703- 538-2886 Website: https://hcavirginia.com/location	Reflections is Dominion Hospital's eating disorder treatment center in Falls Church, Virginia. They provide patients eating disorder treatment at the inpatient and partial hospitalization (day program) levels of care. Reflections is the only program on the East Coast to receive The Joint Commission's Eating Disorders disease-specific
New patient appointments Ph:919-668-0398 Established patients Ph:919-684-0100 Toll Free:855-855-6484 Website:	Duke Eating Disorders Clinic provides outpatient treatment only.
Ph:866-438-8604 Email: info@ercpathlight.com Clinical Assessments Ph:866-360-7449 Email: info@ERCPathlight.com	Eating Recovery Center offers multiple levels of care for eating disorders treatment in 21 states, and partners with all major insurers to give our patients access to the care they need to pursue recovery and a fulfilling, full life. Conditions: Anorexia, ARFID, Binge Eating Disorder, Bulimia, Compulsive Overeating, Diabulimia and Other
Toll Free 844-757-7979 Fax 901-757-7980 Website: https://www.fairhaventc.com	Fairhaven Treatment Center is the Mid-South's only residential and outpatient treatment facility focused solely on treating adolescent and adult women with eating disorders and the underlying causes such as PTSD, trauma, and attachment disorder. Conditions: Anorexia
Ph: 757-228-5635 & 757- 861-9050 Fax:757-861-9051 Email: nfo@fishingpointbh.com	Fishing Point Behavioral Health provides services in the areas of diagnostics, mental health care, therapy and evaluations. Specialties: Anxiety, Depression, Life Coaching Issues, Alcohol Abuse, Bipolar Disorder, Borderline Personality, Child or
Ph:757-965-5886 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Eating Disorders: Anorexia and Bulimia. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They
Ph:757-564-3100 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Eating Disorders: Anorexia and Bulimia. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be

757-827-7707 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Eating Disorders: Anorexia and Bulimia. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be
Ph: 757-466-3336 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Eating Disorders: Anorexia and Bulimia. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They
Ph: 757-466-3336 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Eating Disorders: Anorexia and Bulimia. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They
Ph: 757-466-3336 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Eating Disorders: Anorexia and Bulimia. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They
Ph 410-955-5104 (psych intake) ER: 410-955-2280 Website: https://www.hopkinsmedicine.org/psychiatry/specialty_areas/eating_disorders	John's Hopkins Hospital provides inpatient Eating Disorders treatment.
Ph: 800-322-5173 Website: https://www.saintfrancis.com/laureate/eating-disorders-program/	Laureate Eating Disorders Program in Tulsa, Oklahoma is a small, not-for-profit program for women and girls that accommodates patients of all cultural and religious backgrounds
Billing Phone for all locations: Ph: 253-254-5911 Website: https://lifestance.com	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments. Services: Child and Adolescent Therapy for eating
Ph: 205-509-2633 Website: https://www.magnoliacreek.com	Magnolia Creek work with clients and their families to create individualized care plans that meet each client's psychological, medical, nutritional, spiritual, and relational needs. Conditions: Anorexia, Binge Eating Disorder (BED), Bulimia.
Ph: 877-858-0398 Website: https://www.mayoclinic.org/diseases-conditions/eating-disorders/diagnosis-treatment	Mayo clinic provides eating disorders treatments for Child/Adolescent and Adults. Please call or visit the website for a Mayo Clinic Diet Assessment.
CALL Ph: 800- 931-2237 Monday—Thursday 11am—9pm ET Friday 11am—5pm ET	The National Eating Disorders Association (NEDA) Helpline provides support, resources, and treatment options for yourself or a loved one who is struggling with an eating disorder. Helpline volunteers are trained to help you find the support and information you need. If you
Ph: 877.932.8935 Admissions: Ph: 609.853.7575 Website: https://www.princetonhcs.org/care-services/center-for-eating-disorders-care	The Princeton Center for Eating Disorders at Princeton Medical Center provides inpatient treatment for adults, adolescents and children as young as 8 years old who are suffering from anorexia, bulimia and other eating disorders. Accepted Insurances: Aetna, Amerihealth (includes IBC/Keystone), Beechstreet/Concentra/ppoNext, Braven Health, Centivo, CHN, Cigna/Great West, Claim Watcher / Homestead, Clover, Coventry Health Plans, Devon, First Health
Ph: 1-800-863-7224 757-937-8800 Fax: 703-649-3599 Email: information@prosperityedwell.com . Website: https://prosperityedwell.com	Prosperity Eating Disorders Wellness Center specialize in treating Anorexia, Bulimia, EDNOS, Orthorexia and Binge Eating Disorder in our partial hospitalization (PHP) and intensive outpatient programs (IOP). Accepted Insurance: Aetna, Anthem, BCBS Federal, Health Keepers, Beacon, Cigna, Optima, and Tricare/Humana. Please call for further information.
Ph: 703-466-5150 x 803 Fax: 703-649-3599 Email: BrendaL@prosperityedwell.com OR	Prosperity Eating Disorders Wellness Center specialize in treating Anorexia, Bulimia, EDNOS, Orthorexia and Binge Eating Disorder in our partial hospitalization (PHP) and intensive outpatient programs (IOP). Accepted Insurance: Aetna, Anthem, BCBS Federal, Health
Ph: 800-767-4411 Website: https://rogersbh.org	Rogers Behavioral Health provide a wide continuum of treatment with inpatient, residential, partial hospitalization, and intensive outpatient care for ages 8 and up. Patients, families, and treatment teams work together to determine length of programs based on individual progress and situations. Conditions: Anorexia nervosa, binge eating disorder and bulimia nervosa

Ph:480- 741-4871 Website: https://www.rosewoodranch.com/locations/rosewood-ranch-adolescents	Rosewood Ranch for Adolescents-sets aside safe and dedicated facilities specifically for adolescents age 12 to 17 with eating disorders. Conditions: anorexia, bulimia, and binge eating disorder. Levels of Care: Inpatient treatment program and Residential
Ph:765.740.4977 Fax: 765-641-0066 Website: https://www.selahhouse.com	Selah House offers Christian eating disorder treatment for women and teen girls with a primary diagnosis of anorexia, bulimia, ARFID, OSFED, or other co-occurring disorders. Levels of Care:inpatient,residential and Partial Hospitalization Program (PHP). Hours: Monday – Friday : 8 am to 6:00 pm EST.Insurance:Selah House works with all commercial insurances, commercial and in
Ph:410-938-3000-Main Contact: Caroline: 410-938-4433 Email:Chall@sheppardpratt.com Website: https://www.sheppardpratt.org	The Center for Eating Disorders at Sheppard Pratt offers comprehensive, individualized care for individuals 12 and older with complex eating disorders.Conditions:anorexia nervosa, bulimia nervosa and binge eating disorder. Target population:Adolescents,Young Adults, Adults and Older Adults. NG
Ph:844- 412-0006 Website: https://www.sierratucson.com	Sierra Tucson-Co-Occurring Eating Disorder Treatment Center & Rehab offer specialized treatment that is designed specifically to meet the needs of individuals who are facing the challenges that arise from the presence of disordered eating. Conditions: anorexia nervosa, bulimia nervosa, binge eating disorder (BED), other specified feeding and eating disorders (OSFED), or avoidant/restrictive food intake disorder (ARFID).Target Population:
Ph:866-332-1140 Website: https://www.meadowsranch.com/admissions	The Meadows Ranch seeks to disempower the eating disorder by uncovering the complex psychological factors contributing to an unhealthy relationship with food.Conditions:anorexia, bulimia, binge eating disorder, and a wide range of other eating disorders. Levels of care: they are able to accommodate even acute patients, offering
Admissions coordinator: Ph:877-220-6150 Fax:713-275-5107 Website: https://www.menningerclinic.or	Menninger clinic provides inpatient treatment for severe eating disorder or eating-disorder behaviors for adults only. After admitted to Menninger, the ED team, led by Elizabeth Arango, LCSW, will assess you to determine if you would benefit from our ED track and
Ph:844- 761-8322 Fax:352-288-0096 Website: https://www.therefuge-ahealingplace.com	The Refuge offers holistic and experiential residential treatment for eating disorders through our stand-alone treatment program. Target Population: adults age 18 and above. They are proud to serve transgender, cisgender, and gender nonconforming individuals, as well as all members of the LGBTQIA community. Conditions: anorexia nervosa, bulimia nervosa, binge-eating disorder, body dysmorphic disorder, and orthorexia.Insurance:Aetna,Beacon Health Options, Blue Cross Blue Shield.Cigna.Multiplan and Optum. Please
Ph: 1-800-RENFREW (736-3739) Fax: 954-698-9007 Website: https://renfrewcenter.com	The Renfrew Center of Coconut Creek, Florida is a Residential facility specializing in the treatment of anorexia, bulimia, and binge eating as well as the full range of eating disorders. Pt must be taking at least 50% of nutrition by mouth. NG Tube patients are accepted. Target Population: adolescent girls, women, transgender, and non-binary
Ph: 1-800-RENFREW (736-3739)) Fax: 215-482-2695 Website: https://renfrewcenter.com	The Renfrew Center off Philadelphia – Spring Lane, Pennsylvania is a Residential facility specializing in the treatment of anorexia, bulimia, and binge eating as well as the full range of eating disorders. Pt must be taking at least 50% of nutrition by mouth. NG Tube patients are
Ph: 1-800-RENFREW (736-3739) Website: https://renfrewcenter.com	The Renfrew Center is an outpatient facility specializing in the treatment of anorexia, bulimia, and binge eating as well as the full range of eating disorders. NG Tube patients are accepted. Target Population: adolescent girls, women, transgender, and non-binary individuals. The following insurances are accepted:Aetna,Optum / United Behavioral Health, Blue Cross Blue Shield, Humana and Cigna. They also have dedicated staff who work with you to design an individualized financial plan, so that treatment is both affordable and accessible. Medicaid is not accepted. Please call for further information.

Ph:877- 776-3506 Webiste: https://www.timberlineknolls.com	Timberline Knolls offers individualized and age-appropriate services for girls and women whose lives have been impacted by eating disorders, trauma, substance use disorders, mood disorders, and other mental health concerns. Eligibility requirement:Female, Age 12 or older, Struggling with an eating disorder, a substance use disorder, trauma, or a mental health disorder and Can benefit from round-the-clock care to achieve stabilization. Conditions: Anorexia Binge Eating Disorder, Body Dysmorphia, Bulimia, Compulsive Overeating, Food Addiction, Orthorexia, Laxative Abuse and <u>Eating Disorder Treatment Overview. Levels of care: Residential</u>
Contact: Laurie Gardner, Intake Coordinator Ph: 984-974-3834 Email: Laurie.Gardner@unchealth.unc.edu	The UNC Center of Excellence for Eating Disorders is an internationally recognized leader in the treatment of anorexia nervosa, bulimia nervosa, and binge eating disorder. We offer evaluations, consultations, and treatment for children, adolescents, and adults with eating disorders. <u>NG Tube patients are accepted.</u>
Durham, Location Contact: Suzanne Spears Direct Line: 513.289.3419 Email: suzanne.spears@veritascollaborative.com 17 and under: All Inquiries Ph: 855-875-5812 ~~Hospital Staff Ph: 819-999-9720~~	Veritas Collaborative-Eating Disorders Treatment Center is an outpatient. Inpatient, day treatment and residential facility specializing in the treatment of Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, OSFED ARFID and Co-Occurring Disorders. NG Tube patients are accepted. Target population: Child and Adolescent and adults. Waitlist: 4-6 weeks. The following insurances are accepted: Aetna, Anthem Blue Cross, Cigna, ComPsych, Humana, Kaiser
All Inquiries Ph: 855-875-5812 Hospital Staff Ph: 770-871-3750 Center Staff: 770-871-3730 Website: https://veritascollaborative.com	Veritas Collaborative-Eating Disorders Treatment Center is an outpatient. Inpatient, day treatment and residential facility specializing in the treatment of Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, OSFED ARFID and Co-Occurring Disorders. NG Tube patients are accepted. Target population: Ages 24 and under. The following insurances are accepted: Aetna, Anthem Blue Cross, Cigna, ComPsych, Humana, Kaiser <u>Permanente, Magellan, Medcost, Medicaid, Multiplan, United</u>
Ph: 919-908-9740 Fax: 919-908-9778 ~~Diamond Virginia Location:~~	Veritas Collaborative is a National Healthcare System for the Treatment of Eating Disorders. Must complete a level level of care ~~assessment. Ages: Child/Adolescent Program: Ages 10-18 up~~
All Inquiries Ph: 855-875-5812 Center Staff Ph: 804-774-4550 ~~Website: https://veritascollaborative.com~~	Veritas Collaborative-Eating Disorders Treatment Center is an outpatient. Inpatient, day treatment and residential facility specializing in the treatment of Anorexia Nervosa, Bulimia Nervosa
Ph: 757- 446-5888 Website: https://www.evms.edu/patient_care/specialties/psychiatry_and_behavioral_neurology/	EVMS Psychiatry Hofheimer Hall Outpatient Clinic addresses a full range of psychiatric disorders and subspecialties, including: <u>Pharmacological management, Pharmacotherapy:</u>
Ph: 757- 668-4673 (HOPE) Fax: 757- 668-8870 Email: MentalHealth@CHKD.org	Children's Pavilion provides outpatient Psychiatric services for children. Services include: orientation, outpatient mental health assessments as well as individual and group therapy and
Ph: 757- 483-6404	Churchland Psychiatric Associates provides outpatient Psychiatric services for children and adults. Services includes: sexual abuse/ADHD, psych testing/play therapy, Chronic illness, behavior, medical issues, grief, substance abuse. NO straight Medicaid. Only
Ph: 804-323-8846 Fax: 804-323-8253	Chippenham Medical Center- Tuckers Pavilion provides outpatient mental health care programs for children, teens, adults and seniors.
Ph: 757-333-6992 Fax: 757-383-6399 Email: info@ghrcenteraddiction.com	The GHR (Greater Hampton Roads Center for Addiction), provides comprehensive multi-disciplinary treatment for co-occurring medical and mental health disorders such as depression, anxiety, psychosis, bipolar disorder, PTSD, ADHD, anger management, etc.). fees are as follows: Initial Evaluation \$75, <u>Treatment Group Sessions \$75.</u>
Ph: 804-758-5314 804-758-5314	Psychiatric Services are provided by both Psychiatrists and Psychiatric Nurse Practitioners. Practitioners assess and diagnose
Ph: 804-748-7490 Fax: 804-862-6322	Poplar Springs offers psychiatric outpatient services and behavioral issues. Ages 11-17 (18 if in high school).- Residential Program as well.

Ph:757-788-0600 Website:www.hnnscsb.org	Psychiatric Outpatient Services provides Short-Term, solution focused mental health and substance abuse to young people and
Ph:757-640-1882 Website:http://www.spectrumpsyhological.net	Virginia Beach provides outpatient psychiatric services and medication management. Please call for further information.
Ph:757- 351-6400 Website:http://www.psych-therapy.com	Zimmerman Psychiatric provides outpatient psychiatric services and medication management. Please call for further information.
Ph:757-497-1900 Fax:757-499-2730 Ph:910-577-1400 OR 910-577-2799	Baker House is a group home for adults with intellectual disabilities. Operated by the Volunteers of America. Residents must be referred Brynn Marr Hospital-Residential Treatment is a secured, psychiatric residential treatment facility for girls ages 12 to 17 who struggle to live in a family or community setting due to severity of symptoms
Ph: 800-368-3472 OR 800-966-5639	Cumberland Hospital for Children and Adolescents offers residential treatment and hospital services to youths with brain injury, chronic illness or neurobehavioral issues. Eating Disorders treatment is also
Contact Terry Peters Ph:757-468-7000 Ext.154 Fax: 757-468-7007	Community Alternatives Inc. provides community based experiences and services to individuals with mild, moderate and severe disabilities some of which are described or diagnosed as having
Ph: 919- 329-5671 Fax: 919- 329-5669 Location:910- 285-1157 Wilmington Location:910- 763-7458	Dungarvin Residential Services are provided to an individual living in his or her own home or apartment with or without roommates, depending on the location. These sites serve individuals of various need levels, including individuals with significant medical, physical, or behavioral challenges. Staffing levels vary by the needs of the people being served. The focus of these services is to enhance
Ph:757-442-3933 Ext. 400	Residential homes are located throughout the Eastern Shore in both Accomack and Northampton Counties. Residential group homes have skilled staff providing supervision and support 24 hours a day to
Ph: 757-204-4655 Fax: 757-282-2697 Email: SDudley@5starcares.com Website:https://5starresidential.com	5 Star Residential Inc. provide 24-hour nursing care to individuals with intellectual disability diagnoses and high medical needs. Their mission is to increase the quality of life of individuals affected by Intellectual Disabilities/Developmental Disabilities by giving them access to clinically sound care and
Ph:757-788-0300 Website:www.hnnscsb.org	HNNCSB Residential Services are available to individuals 18 years of age and older who are diagnosed with an intellectual disability and who may have additional physical, developmental, or emotional
Toll Free:877- 227-7000 Ph:757- 393-0061 Fax:757- 391-591	Harbor Point Behavioral Health Center offers intensive, residential treatment programs for youth in order to help them overcome behavioral health problems. Their programs provide a therapeutic
Contact Michelle Laskey Ph:757-391-6547 Email:michelle.laskey@uhsinc.com or Ph:757- 397-6352 Fax:757- 399-2356	Harbor Point Behavioral Health-Project Pearl Program is designed for young ladies with a history of sexually aggressive behavior who display the therapeutic potential to benefit from a treatment program
(children/adolescent facility) Ph: 757-461-4565Toll Free: 877-409-2228 Confidential Fax:	Holiday House of Portsmouth is a intermediate Care Facility for Children with intellectual Disabilities that is Licensed by the State of Virginia. Holiday House is an ICE/MR Medicaid facility that provides
Ph:540-213-0450 Toll-Free: 800-496-7941 Website:https://libertypointstaunton.co	Kempsville Center provides psychiatric inpatient hospitalization and psychiatric residential care to children and adolescents exhibiting behavioral and/or mental health concerns. Residents and patients
Ph: 757-547-9334 Website: www.cityofchesapeake.net/csb	Liberty Point Behavioral Healthcare, located in Staunton, VA., provides trauma-informed psychiatric residential treatment for young men ages 13 to 21 who are experiencing complex emotional
Ph:804-758-5314 804-758-5314	The Family Care program provides family oriented living arrangements for adults with intellectual disabilities who would benefit from the opportunity to live in a family setting and participate in home
Ph:877- 328-9300	Congregate Residential Services for adults 18 years and older are available in five to seven group homes throughout Middle Peninsula and Northern Neck. Homes consist of four or five individuals with
Ph:757-888-0400 Intake. OR 757-888-0400 to register.	New Hope Treatment Centers provides comprehensive residential treatment to children and their families.
Ph:757-888-0400 Intake. OR 757-888-0400 to register.	Newport News Behavioral Health Center provide a psychiatric residential treatment program for males and females ages 11 to 18, within a secure environment. The treatment team helps them overcome
Ph:800-362-5005 or 540-741-3900 Fax: 540-741-1365	Program, a residential treatment for adolescents in need of intensive sex offender treatment. This residential treatment program is
	Snowden Hospital offers psychiatric residential services. Ages 13+ Eligibility Criteria: (1) MR. Autism & Co-occurring (2) Learning 70

Ph:919-800-4400	Strategic Behavioral Center – Raleigh is an acute hospital and residential behavioral health facility that serves children and
Contact Linda Kerns Ph:757- 896-8431 Email:lkerns@arcvap.org.	The Arc provides residential services in nine houses in Hampton and Newport News that provide a safe, supportive home for
Admissions (toll free): 800-221-1995	The Barry Robinson Center (BRC) is a private, non-profit, behavioral healthcare organization dedicated to serving the needs of emotionally and behaviorally disturbed children and adolescents ages 6-18 in its 72 bed residential treatment facility. BRC also offers community based programs and services. BRC's programs include: Residential
Admissions (local): 757-455-6100	
Admissions Fax:757-455-8508 Ph:704-536-0375 Admissions Email: therapy@thompsoncff.org. Website:https://www.thompsoncff.org	Thompson Strengthening Children, Families & Communities-Short Term Residential is a short term residential care (typically up to 45 days) that provides a stabilization and assessment services to youth experiencing crisis, and in need of immediate placement. These children are typically involved in the child welfare system, have few natural supports and are without a place to live. They offer access to
Contact:Linda Coleman Ph:757-342-8296	Utopia C & C, LLC is a residential facility that provides habilitation services and other care and treatment to adults or children diagnosed with developmental and intellectual disabilities and are not able to live independently. Please call for further information.
All Inquiries Ph: 855-875-5812 Center Staff Ph: 804-774-4550	Veritas Collaborative-Eating Disorders Treatment Center is an outpatient. Inpatient, day treatment and residential facility
Ph:757- 925-2484. Email:info@wtcsb.org	Children's Crisis Stabilization Unit – BRIDGES (Windsor, VA) offers short-term residential crisis services for male and female adolescents
Contact: Ashley Hall, Camp Director Ph:757-497-7474 Email:Ashley@abilitycenterva.org Website: www.abilitycenterva.org	Each summer children and adults from Hampton Roads, the Peninsula and Virginia's Eastern Shore attend the Cerebral Palsy Summer Camp Enrichment Program. Held in the summer, activities include computer software games, art and crafts projects, daily field trips to museums, bowling and the movies. Diagnosis:Children &
Contact:Lake Downham, Participant Coordinator Mid-Atlantic Chapter Ph:757-880-5596 Email:lake@bestdayfoundation.org Website:https://bestdayfoundation.org	Best Day Foundation camp is designed for individuals with Developmental Disabilities. Ages:4 years to 24 years. Hours:9:00 a.m. – 2 p.m. Cost:\$35. Please call for further information.
Ph:75-7609-3738	BrickHeadZ programs promote, creativity and social development by offering LEGO® based building programs. They offer programs for individuals with special needs: Club VIB (Very Important Builder) for youth with special needs. Special Events: Kids Night Out (twice a
Contact:Michelle Sims Ph:757-747-2679 Website:www.twpthemovement.org	Camp ADVENTUROS is a peer-led camp that gives teens a unique camp experience including outdoor activities, field trips, visual and mass media art and so much more!. Ages:Rising 7th graders through 12th grade. Cost:FREE. Hours:8:00 a.m. – 12:00 p.m. or 1:00 p.m.-
Ph:703-793-9353 Email:camparistotleffx@gmail.com Website:www.theauburnschool.org	Camp Aristotle PEERS Fairfax Campus is designed for individuals with ADHD, High functioning autism, anxiety-related disorders. Ages:Rising K to Rising 9th grade.Hours:8:30 a.m. to 3:00 p.m. or 8:30 a.m. to 12:00 noon.Dates:July 10 – August 5. Cost:\$750 week.
Contact: Anne McDonnell Ph:804-355-5748 Email:camp@biav.net Website:http://www.biav.net/camp-	Camp Bruce McCoy Triple-R Ranch serves individuals with Brain Injury. Hours: Overnight. Ages: 18 years and up. Fees:\$600/week/Financial aid available. Dates: May (2 weeks). Area: Chesapeake.
Ph:540-777-7325 Email:camp@eastersealsucp.com Website:www.campeastersealsucp.com	Camp Easter Seal/UCP is an overnight camp near Roanoke, Virginia for children and adults living with physical and intellectual disabilities. Conditions:ADHD, Learning Disability, Moderate to Severe autism, Moderate to Severe Intellectual Disability, Emotional Disability
Contact: Teri Dalone Ph:757-474-8877	Camp Explore VB TRC Virginia Beach serves individuals with diagnosis of Asperger's, ADHD, Learning Disability, Moderate to
Contact:Caitlin Carroll, MSW Director of Programs Ph:434-282-7213 Main Ph: 434-677-2701	Camp Holiday Trails creates a community that empowers children and teens with medical needs to thrive. Diagnoses: Many campers have multiple diagnoses including cancer, diabetes, sickle cell, hemophilia, juvenile arthritis, or are recipients of transplants. 470/
Contact:Dave Flagler, Camp Director Ph:757-452-3192 Website:Simonfamilyjcc.org	Camp JCC strives to provide every child with the opportunity to enjoy our summer camp programs. The Yachad program consists of specially trained camp staff who can provide campers with accommodations and support for a variety of physical, emotional, intellectual, and developmental needs. Ages:2 years – 11th

Ph: 757- 422-2040 Fax: 757- 306-7055 E-mail pam4fact@peoplepc.com Website:www.camp4autism.org	Campgonnawannagoagin -FACT proudly offer a unique and enriching summer day camp experience for children and teens with autism. •Camp Gonnawannagoagin is specifically for children ages 4 to 21 with a primary diagnosis of autism. •Six one week sessions are offered each summer, typically from early July to mid August.
Contact:Jennifer Bowen Ph:434-738-6191 ext. 4371 Email:Jebowen1@vt.edu Website:www.holidaylake4h.com	Camp Loud & Clear is designed for Deaf and Hard of Hearing Children and Youth. Ages:9 years – 18. Hours:Day 11:30 a.m. Dates:July 7-9. Please call for further information.
Contact:Travis Robertson Ph: 646-403-3516 Email:Travis@SAY.org Website:www.campsay.org	Camp Say is designed for Kids who stutter. Ages:8 years – 18 years. Hours:Overnight. Dates:July 31 – August 14. Cost:\$3,800 Financial aid available. Please call for further information.
Contact:Liz Lomba, Senior Camp Director Ph:757-442-4634 Email:info@campsilverbeach.org Website:https://www.ymcahr.org/camps/ymca-camp-silver-beach	YMCA Camp Silver Beach offers the option of a 3–5 day program for our Overnight Outdoor Education program open to 5th–8th grade classrooms. Ages:8 years – 16 years. Non-disabled, case by case basis. Cost:Varies based on session and add on(s)
Contact:Stafford Craymer, Area Director Ph:757-810-9857 Email:Craymer.yl@gmail.com Website:http://tinyurl.com/DayCamp2022	Capernaum Day Camp is held during the summer for kids with disabilities. Groups from all over the east coast will come and have the best week of their lives.Ages:14 years – 22 years. Cost:\$150 includes Lunch and activities. Please call or visit the website for further information.
Contact: Melody Beck, CTRS Ph: 757-382-1328 Email:mbeck@cityofchesapeake.net Website for Individual Programs: Ph:757-486-3110	Chesapeake TRC Summer Activities Chesapeake serves individuals with Mild to moderate intellectual disability, Autism Spectrum Disorder, Neurological and Physical Disabilities. Hours: Day. Ages: 6 to 12 years. Hours:Monday – Friday 9:00 a.m. – 6:00 p.m.. Fees: \$100 per person with a sibling \$25 registration fee. Dates: Citizens Loving All Special People (CLASP, Inc.) provides social and recreational activities to citizens who have intellectual and physical disabilities, ages 15 and up. Also holds dances. Must be a Virginia Beach Resident. Call for additional information.
Ph:757-487-6062 OR 757-487-6062 Website:www.egglestonservices.org/documents/camp-application.pdf	Civitan Acres serves individuals with diagnosis of Asperger's, ADHD, Learning Disability, Moderate to Severe Autism, Moderate to Severe Intellectual Disability, Emotional Disability, Cerebral Palsy, Down Syndrome. Hours: Overnight & Day. Ages:18 years and up. Fees: \$425-560. Dates: June - August
Contact:Kathy Williams Ph:757-385-5990 Website:www.VBgov.com/TRJun	This 7-week day camp for individuals with disabilities allows campers to socialize, learn, and have fun while creating camp memories. Our vision is to create an environment which fosters new friendships, sparks the camper's imagination, develops a greater sense of independence, all while having fun learning new skills and activities.
Ph: 757-422-2040 Fax: 757-306-7055 Website:www.camp4autism.com	The mission of F.A.C.T. is to improve the quality of life for individuals with autism and their families in the greater Tidewater Virginia area. F.A.C.T. promotes the creation of social, recreational, and vocational programs designed to meet the unique needs of individuals with autism. F.A.C.T. supports the integration of these individuals into the community.
Contact: Shaeron King Ph:757-728-1710 Websiste:www.hampton.gov	Hampton TRC Summer Camp Program Hampton serves individuals with Mild to moderate intellectual disability, Moderate Autism Spectrum Disorder, Learning disability, moderate behavior disorder and Physical Disabilities. Ages:6 years – 22 years/attending school with IEP Hours: 7:00 a.m. – 6:00 p.m. Monday – Friday. Fee:\$100 per person
Contatc:Terrie Livingston, M. Ed Program Director/Owner Ph:757-436-2722 Email:Terrie@insideoutlearners.com Website:www.insideoutlearners.com	Inside Out Learners, Inc. camp is designed for Kids with and without social challenges.Ages:6 years to 11 years. Hours:Monday through Friday 9 a.m.- 12:00 p.m. Cost:TBD.
Ph:757-259-5354 Email:Tracy.newsom@jamescitycountyva.gov Website:https://www.jamescitycountyva.gov/5125/therapeutic-recreation	James City County Days of Discovery is designed for youth with disabilities. Mild to Moderate disability. Independently or with verbal cues, eat, bathe and use the bathroom, as well as adjust to changes in routine and environment. Ages:5 years -22 years.hours:Monday-Friday 11 am-5 pm. 1 to 2 staff to camper ratio. Dates: June 26 Aug

Contact:Kathy Williams Ph:757-385-5990 Website:www.VBgov.com/TRJun	This 7-week program for individuals with disabilities incorporates leisure education, socialization, and skill building through recreation participation. Participants will be given the opportunity to develop lifetime leisure skills, plan community outings and work on
Contact:Kellie Maier Ph: 252-489-5589 E-Mail: kel.kids@gmail.com Website:KelsKids.com	KelsKids Paddle Board Program is a swimming program that offers every exceptional needs participant to become extremely confident in the water. The benefits gained from enrolling on KELSKIDS includes: physical exercise, sensory integration, bringing forth language, socialization and the most import the ability to learn to be SAFE in the water. Ages:3 years to 85 years. Please call for further information.
Contact: Cathy Orletsky Ph:757-441-1764 Website:www.norfolk.gov/RPOS	Norfolk TRC Summer Camp Program serves individuals with diagnosis of Asperger's, ADHD, Learning Disability, Moderate to Severe Autism, Moderate to Severe Intellectual Disability, Emotional Disability, Cerebral Palsy, Down Syndrome, Physical Disabilities
Ph:804-758-5314 804-758-5314	Charterhouse offers social and recreational activities that promote lasting relationships and supports.
Contact:Carol Williams, Head of School Ph:434-293-9059 Email:carol@oaklandschool.net OR information@oaklandschool.net Website:http://oaklandschool.net/summer	Oakland Camp and School is designed for individuals with learning disabilities, such as dyslexia, dysgraphia, dyscalculia, non-verbal learning disabilities as well as visual and auditory processing disorders, ADHD and organizational difficulties. Ages:7 years – 13 years. Hours:8:30 a.m. – 4:30 p.m. Dates:June 26 – July 27.Cost:\$4,800– day camp and \$1,500 deposit:\$8,900 – boarding and \$2,500 deposit.
Contact: Carl Painter Ph:757-237-0245 Website:http://parks.portsmouthva.gov/2601summer-RAYS	Portsmouth TRC Summer Camp Program serves individuals with Developmental Disabilities. Hours:Monday-Friday 7:30 a.m. – 5:30 p.m. Ages: 6 years - 21 years. Cost: \$264 resident \$440 non-resident. \$25 registration fee. TBD optional field trip feeArea: Portsmouth.
Contact:Casey Ph:757-817-7617 Website:campfragilehearts@rivhs.com	Grief Camp provides a safe, nurturing environment where children and teens can express their grief over the loss of a loved one.Ages:8 yrs. – 17 yrs. Cost:FREE. Please call or visit the website for dates and further information.
Contact: Peggy Joseph, MS, CCC-SLP Ph:757-410-2816 Website:Senseabilitiesva.com	SenseAbilities Pediatric Therapy, LLC is Specifically for individuals on the Autism Spectrum. Hours:9 a.m. – 11 a.m. /3 years – 5 years and 1 a.m. – 3 p.m. 5 years – 15 years.Ages:3 years- 5 years and 5 years – 15 years. Fees: varies. Area: Chesapeake. Dates: Weekly
Ph:757-422-6342 Fax 757-422-6343 Website: www.ast-vb.com	The Social Butterflies Club™ was created for the clients that were having trouble interacting appropriately at school. The clients were bright children, but were labeled “behavior” problems at school. They thought that if they could get these clients in their natural environment to teach these “social graces” (pragmatic language skills), along with the help of some sensory integration techniques, the clients could easily be taught how to act appropriately. Some social programs on the market tended to be too boring or too narrowly focused on one skill at a time. The program addresses multiple goals at one time. Please call for further information.

Contact:Rhonda Osisek M.S., CCC-SLP Ph:757-422-6342 Fax 757-422-6343 Website:www.socialbutterfliesclub.com	Social Butterflies Club Summer Camp is designed for individuals with Speech-language delays, gross-fine motor delays, cognitive delays, ADHD/ADD, ASD), or delayed development in the area of play skills resulting from limited opportunities to interact w/other children. Ages:School age. Hours:Monday through Thursday 10 a.m. – 12 p.m. or 1:00 p.m. – 3:00 p.m. Dates:June – Aug. Cost:\$400 per week. Add Ons:Early Birds/9-10 am \$100 per week.Lunch Bunch/12-1 pm \$100 per week. Please call for further information.
Contact:Latashia McLeod Ph:804-748-4789 Ph:804-665-1272 (office) OR 804-350-6022 (cell)	Special Needs Camp for Developmental Disabilities near Richmond. Both children and adults with disabilities enjoy a best-in-class, traditional summer camp experience, including:horseback riding ,swimming,paddle boating,music and drama,talent shows,arts
Contact: Patricia Coale Ph:757-965-8681 Website:http://theupcenter.org	The Up Center-Camp Horizon offers a summer camp for children, ages five and older, and adults with disabilities. Their dedicated counselors work individually with campers using a curriculum focused on therapeutic recreation and education. Camp Horizon is held from mid-June through mid-August on the campus of Virginia Wesleyan. Participants may attend day or overnight camp for a week or more. FEE: \$440 per day camp session; \$740 per overnight session plus
Contact: Patricia Coale Director, Therapeutic Recreation Ph:757-934-6470 Website:www.sbscva.com/page/ programs-and-services/ Ph:336-498-9055	The Up Center-Behavioral and Therapeutic Recreation Consultations are available to individuals who have a Medicaid Community Living Waiver. Behavioral Consultations support individuals and provide
Toll Free:1-877-VJG-CAMP Email:camperadmissions@	Therapeutic Summer Program/Step by Step Consulting, Inc. serves individuals with diagnosis of: Autism, PDD, and Asperger's. Hours: Monday - Friday. Ages:5 years - 12 years. Fees: \$800/week or
Ph:757-422-4423 ext. 2 Toll Free: 800-932-4653 Website: www.specailolympicsVA.com	The mission of the Victory Junction Gang Camp is to enrich the lives of children with chronic medical conditions or serious illnesses by providing life-changing camping experiences that are exciting, fun
Contatc:Parks and Recreation Ph:757-890-3500 Website:https://www.yorkcounty.gov/718/special-Recreation-camp	Virginia Special Olympics Inc. provides recreational training for children with intellectual disabilities ages 8 and above. Please call for further information.
Ph:757-961-4175 Website:Ymcashr.org/camps	York County Special Recreation Camp is designed for Youth with disabilities and special needs. Ages:6 years -21 years.Hours:Monday-Friday 9 am to 2 pm. Dates:June 26-July 21. Cost: Weekly Fees:\$275 residents \$495 non-residents. Please call for further information.
	YMCA at JT's Camp Grom Adaptive Camp is for campers whose physical, social, and emotional abilities require additional assistance when participating in camp activities.Hours:9:00 a.m. to 4:00 p.m. Can arrive as early as 6:30 a.m. and pickup by 6 p.m. Dates:June 19-Aug 25. Ages:5 to 12 years. Cost:\$197/Member\$50 enrollment fee
Ph:1-800-516-5247 or 1-203-929-1761	
Ph:757- 456-2366 Website: www.cceva.org	Autism on the Seas are cruises with qualified respite staff to support individuals and their families in a vacation setting. Office hours
Ph:757- 456-2366 OR 757- 456-5496	Catholic Charities In-Home Respite Care provides the caregiver with an opportunity to run errands, visit the doctor, or relax knowing that
Ph.: 757.625.2220 Private Pay: 757.625.1026 Email:info@communitypersonalcare.ne	Catholic Charities In-Home Respite Care provides the caregiver with
Families must call main number to be directed to the local CSB: Ph: 757- 442-3636	Community Personal Care provides Respite Care as a service that provides an Aide for the temporary, periodic or routine relief for the primary caregiver. The Respite Care is designed for the family
Families must call main number to be directed to the local CSB Ph: 757 -547-9334 Fax:	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local

Ph:757- 942-1069 Fax:757- 925-2210 757-255-7133 Main Number OR	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph.: 757-788-0300 Fax:757-788-	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Ph:757- 357-7458 Fax:757- 356-1808 Main Number: 757-255-7133	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 757- 253-4061 757-220-3200 Ext 530	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax:	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 757-788-0300 Fax:757-788-	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Norfolk CSB- Main:757-756-5600 Fax:757-937-3133 OR	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 757- 442-3636	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 757- 253-4061 OR	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 757-393-8616	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph:757-255-7136 Fax: 757-255-	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax:	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph:757-255-7136 Fax: 757-255-	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax: 804-863-	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Contact: Sharon La Vier Ph: 757-437-6100	Respite Care is a service that provides temporary childcare for persons with developmental disabilities. Care providers are knowledgeable of most special services which be required by a client.
Families must call main number to be directed to the local CSB Ph: 757- 253-4061	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Families must call main number to be directed to the local CSB Ph: 757- 253-4061	Local CSB's offer a variety of respite care programs within the city where you reside. For specific information and eligibility criteria, contact the Developmental Disabilities Department within the local
Ph:757-344-8821 Email:creativevocationsllc@gmail.com Website:www.rees-n-i.com	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They provide Respite, Companionship, and Vocational Services. Insurance: They currently accept private
Ph:757- 243-8342	Imagination Village LLC provides respite for caregivers of individuals with disabilities

Ph:410-910-1500	Maxim Healthcare provides Respite Services designed to provide families/primary caregivers with periodic relief. This can include nursing-level care. Spanish speaking staff available upon request. Please call for further information.
Ph: 757-382-6222 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph: 804-693-3890 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-926-2509 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph: 757-357-2151 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph: 757-253-1800 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:804-725-7177 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-926-3991 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-328-2485 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-868-3501 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-449-4820 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph: 757-514-4545 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph: 757-294-5264 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-282-8566 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph: 757-259-7212 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-242-4288 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-890-3630 Toll Free: 1-877-580-LIFE Main:757-546-5502	Project Lifesaver International is a proactive, electronic tracking, program used to assist in locating people with Alzheimer's disease and related disorders or children with Down's Syndrome or Autism
Ph:757-619-4209	Adapt provides rehabilitation treatment for alcohol and drug addiction. Please call for further information.
Hotline: 844-279-7170 Website: http://www.nationwideaddictionrehab.com/	Addiction Rehab Nationwide Hotline is a 24/7 is a national hotline that provides direct services to anyone affected by substance abuse. They assist individuals with resources and also assist to locate a
Ph: 757-933-2660	Affinity Healthcare Group Newport News is a leading provider of opioid addiction treatment services. They provide support for the whole family.
Ph:757- 747-7450	Alcohol Chemical Treatment is a drug addiction treatment center. Please call for further information.

Ph:757-516-7604	Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.
Ph:1-833-4PEERVA (833-473-3782) Website: https://aliverva.org	The AliveRVA Warm Line is a Peer Recovery and Resource Warm Line staffed by Peer Recovery Specialists, trained individuals with lived experience in substance use, behavioral health, trauma and recovery. AliveRVA is for people struggling with addiction, their loved
Ph:757- 262-2094 Website: www.alphacounselors.com	Alpha Counsellors Service, Inc. provides substance abuse counseling. Please call for further information.
Ph: 757-234-4139	American Addiction Treatment Center specializes in substance abuse treatment.
Ph: 757- 392-4955 Fax:757- 393-9611 Email:	A. Richards Counseling and Psychotherapy, LLC is a Virginia-licensed mental health provider offering a wide range of outpatient substance abuse treatment programs. Please call for further
Ph:757- 422-2118 Website: www.counselingatawakenings.com	Awakenings Counseling Center offers programs to help individuals with tobacco cessation. Please call for further information.
Ph:757-962-0748	Behavioral Health Group Virginia Beach Treatment Center provides opioid addiction treatment. Payment & Insurance: Optima Insurance Self-Pay Plans Available . Hours: Mon-Fri: 5:00am to 1:00pm and
Ph: 757-962-0748	Behavioral Health Group XLII, LLC is a leading provider of opioid addiction treatment services, utilizes pharmacotherapy (maintenance and detoxification).
Ph: 757-216-1595 Email : info@addictionrehabhamptonva.com	Better Substance Abuse Care Rehab provides rehab programs for all types of drug abuse and alcohol; treatment can help users that have additional psychological or emotional problems as well. Please
Ph: 757-216-1595 Email : info@addictionrehabhamptonva.com	Better Substance Abuse Care Rehab provides rehab programs for all types of drug abuse and alcohol; treatment can help users that have additional psychological or emotional problems as well. Please
Ph:757- 523-0022	Blackwood Family Medicine Center offers programs to help individuals with tobacco cessation. Please call for further information.
Ph:757-498-9320	Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.
Ph: 757-547-9334 Website: www.cityofchesapeake.net/csb	Chesapeake Integrated Behavioral Healthcare (CIBH) provides comprehensive substance abuse counseling services for people of all ages who live in Chesapeake.
Ph:757- 838-1960 Email: info@kidsandfamilies.com Website: https://kidsandfamilies.com	Center for Child & Family Services provides gender specific and Trauma Informed substance use treatment for those, 18 and up, who have experienced negative impacts from substance use. Includes a
Ph:757- 838-1960 Email: info@kidsandfamilies.com Website: https://kidsandfamilies.com	The Latino Outreach Program provides families, children, and individuals with professional psychotherapy services through an individual or group platform. The program also works in conjunction
Ph: 757-638-5500 Fax:757- 638-7740 Website: www.carpediemofva.com	Children's Services of Hampton Roads-** Formerly: Carpe Diem of VA provides therapy services for children ages 4-18, 18+ if in foster care. Substance abuse program is also offered. Medicaid & CSA
Ph:757- 483-6404	Churchland Psychiatric Associates provides Psychotherapy services for children and adults. Services includes: substance abuse. NO straight Medicaid. Only Medicaid HMO.
Contact:C.L. Clayton, PsyD, CDH, CHT Ph:757-471-7002 Email: info@claytonhypnosisclinic.com	Clayton Hypnosis Clinic offers programs to help individuals with tobacco cessation. Please call for further information.

Ph:757- 877-7700	Clinical Associates of Tidewater offers programs to help individuals with tobacco cessation. Please call for further information.
Ph:757-220-3200 Please call to complete a brief telephone screening with staff: :Adults ages 18 and older in	Colonial Behavioral Health -CSB provides comprehensive substance abuse counseling for people of all ages. Please call for further information.
Ph:757-594-7321 Fax: 757-594-7708	The Comprehensive Outpatient Services Programs provides Alcohol education, individual and group counseling, referrals to other agencies as needed, medical referral, concerned persons group. Fee: Based on ability to pay. Please call for further information.
Ph:757- 547-9007 Fax: 757-548-1928	Comprehensive Psychological Services provides Psychotherapy services for children and adults that includes: Drug/alcohol, Anger management, etc.. Blue Cross/Blue Shield, Optima, Healthkeepers
Ph: 757-809-4771	Crossroads Treatment Center of Suffolk, PC provides effective outpatient treatment for opiate addiction.
Ph:804- 862-8054 OR Crisis Services Ph:804 862-8000	District 19 Community Services Board provide a wide array of services for adults, adolescents, children and infants experiencing substance use disorders. Please call for further information.
Ph: 919- 329-5671 Fax: 919- 329-5669 Location:910- 285-1157 Wilmington Location:910- 763-7458 Website:	Dungarvin provides substance abuse services through their program Supported Sobriety, an unique 24-hour, recovery-oriented, person centered support service for adults living with co-occurring disorders; Developmental Disabilities and Substance Use Disorders. They can
Substance Abuse Services Ph:757-665-5041 Fax:757-665-5888	Eastern Shore Community Services Board (CSB)- Substance Abuse Services department is staffed by a full-time Medication Assisted Treatment (MAT) waivered physician and nurse practitioner, an adult consulting psychiatrist, and three full-time peer specialists. The psychiatrist will normally provide an initial psychiatric evaluation and
Ph:757-665-5041 Fax:757-665-5888	The ESCSB offers substance abuse counseling for individuals, families, group, and children & adolescents. Please call for further information.
Ph:757- 397-6344	EVMS Portsmouth Family Medicine offers programs to help individuals with tobacco cessation. Please call for further information.
Ph:757- 446-5888 Website: https://www.evms.edu/patient_care/specialties/psychiatry_and_behavioral_sciences/services/hofheimer_hall_outpatient	EVMS Psychiatry Hofheimer Hall Outpatient Clinic addresses a full range of psychiatric disorders and substance abuse including: Pharmacological: management and Pharmacotherapy Please call for further information.
Contact : Director of FIN, Karen Jackson at faithinclusionnetwork@gmail.com	The mission of FIN is to promote awareness of and provide support for the inclusion of people with disabilities and their families into faith communities in South Hampton Roads area.
Ph:757- 472-4982 Email: fec@familyecenter.com Website: https://familyecenter.com	Family Enrichment Center provides support for all members of the family of individuals affected by substance abuse.
Ph:757- 472-4982 Email: fec@familyecenter.com Website: https://familyecenter.com	Family Enrichment Center provides Substance abuse counseling in groups or on an individual basis by Licensed Substance Abuse Treatment Practitioners, Certified Substance Abuse Counselors, or
Ph:757- 469-1155 Fax:757- 483-4091	Individualized service helps youth and families. Intervention targets increased family functioning and stabilization to create lasting connections to community resources. Services include Substance
Ph:757-442-7690 Fax:757-442-7692 Website: www.fpscpr.com	FPS offers substance abuse services for adolescents and young adults requiring substance abuse assessment, treatment and/or relapse prevention services. The program objective is to assist individuals to understand their alcohol and other drug use and the
Southside Ph 757.455.8300 Fax: 757.455.8345 739 Thimble Shoals Blvd. Suite 706 Newport News, VA 23606 Ph: 757-872-8120	Family Preservation Services (FPS) is a human service agency that offers evidence based and best practice services that are trauma informed and licensed by the Department of Behavioral Health and Developmental Services. FPS takes a holistic approach to treatment and offers a variety of services and support programs designed to best meet the needs of our children, adolescents, adults and families

Ph:757-547-9007 Hotline:757-624-LIFE Fax:757-548-1928	FHC of Chesapeake provides outpatient therapy and intensive outpatient program (chemical dependency).
Ph: 757-228-5635 & 757- 861-9050 Fax:757-861-9051 Email:nfo@fishingpointbh.com	Fishing Point Behavioral Health provides services in the areas of diagnostics, mental health care diagnostics, mental health care, therapy and evaluations. Specialties:Alcohol Abuse, Drug Abuse, Evaluations,Substance Abuse. Accepts Medicaid and major private insurances. In-office and Telehealth appointments. Please call for further information.
Ph:757-861-9010 Fax:757-861-9011 Email:info@fishingpointhc.com Website:https://www.fishingpointhc.com	Fishing Point Healthcare is committed to delivering world-class, compassionate care to Medicaid and Tribal member patients. As a multifaceted healthcare system, they combine modern medical practices with traditional wisdom to ensure every patient receives outstanding, reliable medical and personal care. Services: Recovery Services that includes: Individual & Group Therapy, Dialectical Behavior Therapy (DBT),Holistic Treatments, Wellness Recovery
Ph:7:57- 466-0700 Website:http://www.psych-therapy.com	Finney Zimmerman Psychiatric provides Smoking Cessation Services.
Ph:757-965-5886 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Substance Abuse,Chemical Dependency and Suicide. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be discussed with our staff. Please call or visit the website for further information.
Ph:757-564-3100 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Substance Abuse,Chemical Dependency and Suicide. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors.
757-827-7707 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Substance Abuse,Chemical Dependency and Suicide. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors.
Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Substance Abuse,Chemical Dependency and Suicide. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors.
Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Substance Abuse,Chemical Dependency and Suicide. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors.
Ph:757-466-3336 Website:https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychotherapy services for Substance Abuse,Chemical Dependency and Suicide. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served:Children,Adolescents / Teens, Adults and Seniors.
Website:www.sentara.com/tobaccocesation.com	Get Off Your Butt: Stay Smokeless for Life" is a Self-Study Program from Sentara Health and Preventive Services to help individuals with
Ph: 757-333-6992 Fax: 757-383-6399 Email:info@ghrcenteraddiction.com	The GHR (Greater Hampton Roads Center for Addiction), provides comprehensive multi-disciplinary treatment for opioid and other addictions as well as for co-occurring medical and mental health disorders. Fees are as follows: Initial Evaluation \$75, Treatment Group Sessions \$75,Random Drug and Alcohol Screen (as needed) \$15 and Breathalyzer (as needed) \$5.
Ph: 757-240-5223	Hampton Roads Clinic specializes in substance abuse services (opioid addiction/abuse).
Ph:757-623-5602	Harbour Pointe Medical and Rehabilitation Center provides rehabilitation treatment for alcohol and drug addiction. Please call for further information.

Ph:757-623-5602	Harbour Pointe Medical and Rehabilitation Center provides rehabilitation treatment for alcohol and drug addiction. Please call for further information.
Ph:757- 552-7534	Health and Preventive Services-Sentara Health Care provides free community classes to help individuals with tobacco cessation.
Ph: 919-250-7000	Holly Hill Hospital provide medically managed detox for substance abuse. As a dual diagnosis program, patients also receive co-occurring treatment for any underlying psychological disorders that
Contact: Dr. Bernard Curry Ph:757- 663-4229 Website:www.ihccs-inc.com	IHCCS, Inc./Benny's Place provides outpatient therapy to individuals, couples, families, and groups including substance abuse services (evaluation and treatment) and Art Therapy. Payments: they accept the following insurances: Aetna,Anthem,BlueCross and
Ph:757- 494-1997 Fax: 757-494-1979 Website:www.ifcsinc.com	Institute for Family Centered Services provides therapy and .substance abuse treatment for children age up to age 18. Medicaid and private insurance. services offered in VA, NC, MD, & FL.
Ph: 828-257-6200 Fax: 828-257-6300	Julian F. Keith is a state operated North Carolina Alcohol and Drug Abuse Treatment Center (ADATCs) specifically designed to provide inpatient treatment, psychiatric stabilization and medical
Ph:757-424-2357	Inpatient alcohol and drug abuse treatment and counseling services. Please call for further information.
Ph:757- 886-6000 HOTLINE 800- 838-1752	Mary Immaculate Hospital Rehabilitation Services provides addiction treatment services.
Ph:757- 395-2200 Crisis Intervention Counselor - Ph:757 398-2400	Mary view Hospital Rehabilitation Services provides addiction treatment services.
Ph:757-244-3733 Fax:757-244-3252	Mid-Atlantic Teen Challenge purpose is to use education, counseling, and Christ to provide long term recovery to substance abuse and life controlling problems. Services: Day and family counseling, school.
Warsaw Counseling Center Contact: Wanda Dungan LPC, CSAC Mental Health Outpatient Coordinator.	Middle Peninsula-Northern Neck Community Services Board Warsaw Counseling Center provide comprehensive substance abuse counseling services for people of all ages.
Gloucester Counseling Center Contact: Deborah Richardson, LMFT, LSATP	Middle Peninsula-Northern Neck Community Services Board Gloucester Counseling Center provide comprehensive substance abuse counseling services for people of all ages.
Ph:800-COCAINE (262-2463)	National Cocaine Hotline provides information, crisis intervention, and referrals to local rehab centers for all types of drug dependency. Operates 24 hours, 7 days a week.
Hotline: 800-662-HELP (4357)	National Drug Information Treatment and Referral Hotline provides information, support, treatment options and referrals to local rehab centers for any drug or alcohol problem. Operates 24 hours, 7 days a week.
Ph: 757-953-9964	Naval Medical Center Portsmouth Substance Abuse Rehabilitation Program provides rehabilitation services; includes addiction treatment for women.
Ph:757- 347-8835	New Hope Recovery Clinic Of Portsmouth is a rehabilitation center for treatment of alcohol and drug addiction. Please call for further information.
BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663	New Life Substance Abuse & Behavioral Consultants, Inc.-Outpatient Substance Abuse Treatment provides treatment, education and counseling using various clinical approaches to include: Motivational
BIP Director: Brad Taylor Ph: 757-486-1143 Fax: 757- 486-1663	New Life Substance Abuse & Behavioral Consultants, Inc.-ESAP- Educational Substance Abuse Program is a 4 hour program designed to provide psycho-educational information on a wide variety

BIP Director: Brad Taylor Ph: 757- 486-1143 Fax: 757- 486-1663 Ph:757-888-0400 Intake. OR 757-888-0400 to register.	New Life Substance Abuse & Behavioral Consultants, Inc.-Family & Friends Program is 3 hour program is designed to provide psycho-educational information to family & friends of clients in substance
Ph:757-525-9949	Newport News Behavioral Health Center provides intensive substance abuse treatment for males and females, ages 11 to 18. This program encourages residents to reach and maintain a healthy
Ph: 757-756-5600 Main Enrollment and Information Ph:757-823-1617	Norfolk Alcohol and Drug Rehab provides Drug and Alcohol Rehabilitation Treatment Services, Detox. Services: Hospital Inpatient, Inpatient Drug Rehab, Outpatient Drug Rehab, Short Term
Ph: 757-664-6670	Norfolk Community Services Board-CSB provides comprehensive substance abuse counseling for people of all ages. Please call for further information.
Ph: 757-664-6670 Email:info@ghropiod.com	Norfolk Community Services Board – Substance Abuse Services (Addiction and Recovery Treatment Program) place emphasis on community treatment and loved ones. Treats pregnant women.
Ph:757-756-5600 Main	Norfolk Community Services Board, Opioid Replacement Treatment Services (OTP) offers Office Based Opioid Treatment (OBOT)/Outpatient Treatment Program (OTP) that consists of one
Oxford House Hampton Ph:757-851-1832 *** 38	Norfolk CSB-Women's Recovery Services mission is to assist, support, and motivate women with substance abuse, mental health, and/or co-occurring disorders when entering treatment. The program
Ph:757-645-4567	Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home.Fees:Vary
Oxford House Bayview Gardens Ph: 757-383-6826 ****Oxford	Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home.Fees:Vary
Oxford House Gosport 2512 Greenwood Drive Ph:757-393-2535	Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home.Fees:Vary
Oxford House Pembroke Ph:757-497-5880 ***Oxford House Tidewater Ph:757-491-6860 ***Oxford House Plaza	Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home.Fees:Vary from house to house, typically \$65-\$165 per day.
Ph:757- 896-6822	The Peninsula ASAP Program Purpose ASAP is to reduce accidents and incidences of substance abuse which causes injury, death, property, and human damage. Services: Peninsula ASAP has
Ph: 804-748-7490 Fax: 804-862-6322	Poplar Springs offers substance abuse services. Ages 11-17 (18 if in high school).
Ph:757- 393-5357 If experiencing a psychiatric emergency in Portsmouth, please call: Ph: 757-393-8896	Portsmouth Department of Behavioral Healthcare Services-CSB provides comprehensive substance abuse counseling services for individual with mental health, intellectual disability. Call to scheduled City of Portsmouth, Department of Behavioral Healthcare Services, Substance Abuse Outpatient Treatment Services provides women's intensive outpatient programs.
Katalin Cannady Program Manager/Project LINK Coordinator	Project LINK provides intensive gender-specific case management services to pregnant, post-partum and parenting women whose lives have been affected by substance use and/or co-occurring disorder.
Contact Cleriece Whitehill, Coordinator Ph :757- 385-0810 Email:cwhitehi@vbgov.com OR Lori Chittum, Support Staff Ph:757- 385-0808 Email:lchittum@vbgov.com	Project LINK provides intensive gender-specific case management services to pregnant, post-partum and parenting women whose lives have been affected by substance use and/or co-occurring disorder. They provide the following services: childcare and transportation
Contact: Naomi Goldblum Ph.D. Ph:757- 877-7700 Website: www.quitsmart.com	Quit Smart Program- Clinical Associates of Tidewater provides classes and resources to help individuals with tobacco cessation. Please call for further information.
Ph: 919-575-7928 Fax: 919-575-7260	R.J. Blackley Alcohol and Drug Abuse Treatment Center is a state operated North Carolina Alcohol and Drug Abuse Treatment Center (ADATCs) specifically designed to provide inpatient treatment, psychiatric stabilization and medical detoxification for individuals with
Ph:757- 351-0693	Real Solutions of Virginia provides Drug and Alcohol Rehabilitation Treatment Services, Detox. Services: Hospital Inpatient, Inpatient Drug Rehab, Outpatient Drug Rehab, Short Term Drug Rehab, Long Term Drug Rehab, Real Solutions of

Ph:757- 456-0093	Recovery For the City is a drugs and alcohol addiction rehabilitation center. Please call for further information.
Ph:540- 343-7227 Fax:540- 344-4387 Email: mission_info@rescuemission.net	The Rescue Mission is a Christian Crisis Intervention Center that provides 473 beds of temporary and transitional shelter, food on premises, clothing and a residential recovery program for substance abuse and a free medical clinic for the homeless. Please call for
Main : Ph:757- 266-4090 Chesapeake: 757- 614-1524 Newport News :757- 913-5920 Suffolk: 757- 942-4442 Virginia	Right Path Addiction Treatment Center offers a number of treatment options for opioid addiction. Medicaid is accepted.
General Information Ph:757- 827-1001 Admissions & Inpatient Information Ph:757- 827-2110	Riverside Behavioral Health Center provides psychiatric and substance abuse care in Hampton Roads. Their services: Inpatient Adult Services, Inpatient Child and Adolescent Services and Adolescent Residential. All insurance plans accepted, self-pay.
Ph:757- 516-2636	The Salvation Army has no-fee adult rehabilitation residential treatment facilities to offer spiritual, emotional, and social assistance to those who have lost the ability to cope with their problems and provide for themselves. Their free programs provide housing, food,
Ph:757- 499-0032	The Salvation Army has no-fee adult rehabilitation residential treatment facilities to offer spiritual, emotional, and social assistance to those who have lost the ability to cope with their problems and provide for themselves. Their free programs provide housing, food,
Ph:757-462-8148	Little Creek Branch SARP C/O SARP Norfolk is dedicating its treatment services and programs to helping people who are struggling with alcohol and drug addiction in Norfolk and its surrounding area. Forms of payment: Private Health Insurance,
Ph:757- 736-1000 Hotline:800-838-1752	Sentara CarePlex Hospital provides addiction treatment services.
Ph:757- 827-2415	Sentara CarePlex Hospital provides individual classes to help individuals with tobacco cessation. Please call for further information.
Ph:757- 233-4700	Sentara Intercostal Family Practice provides free individual classes to help individuals with tobacco cessation. Please call for further information.
Ph:757- 252-9150 Kempsville Location: Ph:757- 252-9010	Sentara Family Medicine Physicians Offers programs to help individuals with tobacco cessation. Please call for further information.
Ph: 757-245-1070	South-Eastern Family Project (SEPF) provides comprehensive, residential treatment for pregnant and parenting women who have substance abuse disorders. They allow women and their newborns to remain together during their stay.
Ph:757- 396-6980	Provides a total program designed to handle all levels of drinking and driving problems for ages 16 and above.
Ph:757- 569-6100 Hotline:800- 838-1752 OR 866-255-3350.	Southampton Memorial Hospital-Addiction Self Recovery program offers a three-step detoxification program that includes primary care, individual and group counseling and professional treatment groups and patient directed social and support activities. Referral is
Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundati on.org/Warrenton Location Ph:540-	SpiritWorks Foundation is a Recovery Community Organization serving individuals affected by the disease of addiction by helping them live drug free.SpiritWorks offers a wide range of programs for all age groups, including children and teen educational groups.
Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundati on.org/Warrenton Location Ph:540-	SpiritWorks Foundation provides Telephone Recovery Support (TRS), a peer-to-peer recovery support service. TRS offers weekly telephone calls to people in recovery to "check in" and see how they're doing. People in recovery are given support and
Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundati on.org/Warrenton Location Ph:540-	SpiritWorks Foundation provides Recovery Circle Support Program , an early morning check-in to reduce stress and to promote health and wellness at the start of every work day. Hours: Monday - Friday @ 9:30AM-10AM (Williamsburg)

Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundation.org/Warrington-Location-Ph:540	The Center for Spiritual Recovery is for those who want God to be part of their recovery. The Center offers retreats as well as individual and group guidance and direction for those seeking to deepen their commitment to spiritual renewal and spiritual recovery.
Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundation.org/Warrington-Location-Ph:540	The Family Programs are focused on helping parents and family members who are dealing with addiction in the home. Whether it's a parent, sibling, partner or child, these various programs offer support and education for a families affected by substance abuse.
Ph:757- 903-0000 Email:an@spiritworksfoundation.org Website:http://www.spiritworksfoundation.org/Warrington-Location-Ph:540	Youth Programs offer a variety of activities geared towards adolescents who are effected by substance abuse. Whether growing up in families with, or at risk, for alcoholism or other drug addictions, or facing addiction themselves, the youth program provides a safe
Ph:757- 787-9517	Steve Booker, LPC provides Psychotherapy services for children and adults requiring substance abuse treatment.*Accepts all private health insurance and EAP programs, Does NOT accept Medicaid.
Ph: 75-) 499-9111	Straight, Inc. publicly claimed to rehabilitate teenage drug users by using tough love and Alcoholics Anonymous principles. Please call for further information.
Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wa.jocentral.co	STOP focuses on making healthcare more accessible to the individuals and families it serves through the provision of substance abuse prevention training and education, with emphasis on opioid use and abuse,nutritional education and training and referrals to
Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wa.jocentral.co	The purpose of these interactive community forums is to build, on site, and use an interactive exhibit called, "Hidden in Plain Sight", to educate the community through recreating a teenager's bedroom which will include items that may conceal drugs, alcohol and
Ph: 757-858-1360 Fax: 757-852-9953 Email:info@stopinc.org Website:https://stopinc.wa.jocentral.co	STOP, working alongside the partners from the Franklin-Southampton County Wellness Coalition, has created a multifaceted platform to tackle the opioid used disorder (OUD) and substance use disorder (SUD) epidemic in
Hotline:800-448-3000 Text VOICE to 20121 Chat:https://www.lifeline-chat.org/ Website:https://www.youdifeyourvoice.org	Substance Abuse and Alcoholism -Boys Town National Hotline is a hotline that is always open! Counselors are ready for your call 24/7.
Ph: 757-663-4169	The Barry Robinson Center treats children ages 6-17 for substance abuse.
Ph:757-838-1960 Fax:757-838-3280 Website:www.kidsandfamilies.com	The Center for Child and Family services provides a trauma focused approach to substance abuse treatment for adolescents and young adults called "New Start ". The adolescents program (Ages:12-17) provides a treatment plan and assessment , six weekly individual sessions in conjunction with parent education/support sessions.
Ph:757- 826-4600 Website:www.thecounselingctr.com	The Counseling Center, LLC provides substance abuse counseling. Please call for further information..
Ph:757- 622-9852 Fax: 757- 622-4033	The Psychotherapy Center provides Psychotherapy services for children and adults. Services includes: substance abuse. *3 weeks generally for an appointment, accepts Medicaid, type of insurance accepted varies by provider.
Ph:757- 965-8623 Email: sudservices@theupcenter.org Website:https://theupcenter.org/outpatient-counseling	The Up Center provides services to children, adolescents, adults and their family members whose challenges may include strained social or family relationships, chronic relapse, post-traumatic stress disorder (PTSD), poor self-care, legal consequences, increased psychiatric symptoms and physical health illnesses. They offer a range of
Ph:757- 965-8623 Email: sudservices@theupcenter.org Website:https://theupcenter.org/outpatient-counseling	Peer Recovery Services is community-based support led by a certified Peer Recovery Specialist (PRS). Services include coaching, assistance, and connections to resources for individuals with substance use or mental health challenges. We offer one on one communication whenever needed, connections
Ph:757- 965-8623 Email: sudservices@theupcenter.org Website:https://theupcenter.org/outpatient-counseling	The New Visions program helps youth under age 18 and their families who are impacted by substance use to envision a life of wellness and recovery. This program is designed to help youth better engage in their community to build skills and strategies to change or avoid high risk behaviors. The New Visions program is now available
Ph:757- 495-0606	Tidewater Family Medical Care PC provides individual classes to help individuals with tobacco cessation. Please call for further information.

Ph: 757- 317-0076	Unity Medical Group provides Opiate and suboxone addiction treatment. Please call for further information.
Ph:757- 487-2633 Fax: 757- 282-5703	Victory Home is a non-profit organization-Christ-centered, in-house addiction recovery and rehabilitation program for individuals who want help for drug or alcohol problems. Program cost is free to those
Ph:757- 399-8646 Fax:757- 399-6230	Provides a faith-based approach to treating substance abuses and individuals infected with HIV/AIDS.
Ph: 757-437-6100 Fax:757-490-5736 Website:www.vbgov.com	Promotes the quality of life for all Virginia Beach citizens affected by substance abuse disorders.
Ph:757-385-0850 Emergency Services After Hours: Ph:757-385-0888	Child and Youth Services offers out-client services for children/adolescents with mental health and substance abuse, medication management and parent support group. Time and
Ph: 757-496-6000 24 Hour Resource for any Emotional Crisis: 757-627-LIFE Referrals: 757-	Virginia Beach Psychiatric Center provides psychiatric and substance abuse to children from 3-11 years old, adolescents 12-17 years old, and adults. Treatment programs includes: substance abuse, dual
Ph: 252-830-3426 Fax: 252-707-5274	Walter B. Jones Alcohol and Drug Abuse Treatment Center is a state operated North Carolina Alcohol and Drug Abuse Treatment Center (ADATCs) specifically designed to provide inpatient treatment,
Ph:757- 925-2484. Email:info@wtcsb.org	Children's Mental Health and substance abuse Counseling program evaluates and treats mental health and/or substance use disorders in children ages 5 – 18.
Ph: 757-923-1060 Fax:757-923-1068 Website:www.wffreeclinic.org	Western Tidewater Free Clinic primary focus-mix of mental health/substance abuse services; substance abuse treatment; outpatient; persons with HIV/AIDS, Women, DUI/DWI offenders; self
Ph:757- 925-2484. Email:info@wtcsb.org	Western Tidewater(CSB)- Functional Family Therapy (FFT)
Ph.:757 758-5106 Email:info@wtc-sb.org	Treatment is available for the youth and their family consisting of Youth Substance Abuse Treatment (YSAT)
Ph:757-495-3991 Fax: 757-495-3992 24 hour Hotline: 757 625 5570 Ph:757- 446-5000	program is a fourteen session treatment plan for ages 16-25 experiencing substance-related issues. Please call for further
	Provides a Christian based care group of 7-15 persons who come together to network with women who are in situations of bound by any type of drug, substance, chemical. All new members will receive
	Women's Treatment Center provides drug addiction treatment.
	Inpatient alcohol and drug abuse treatment and counseling
Ph:757- 244-1234 Website:www.youthchallengehope.org	Youth Challenge has been helping men and women facing addiction by providing faith-based recovery. The organization assist men and
Came To Believe	Alcoholics Anonymous Support Group encourages men and women
Overcomers	Alcoholics Anonymous Support Group encourages men and women
Ocean View	Alcoholics Anonymous Support Group encourages men and women
Brambleton	Alcoholics Anonymous Support Group encourages men and women
213 Big Book Group	Alcoholics Anonymous Support Group encourages men and women
Little Door	Alcoholics Anonymous Support Group encourages men and women
Ball In The Wall	Alcoholics Anonymous Support Group encourages men and women
Seaside Sobriety	Alcoholics Anonymous Support Group encourages men and women
Downtown Young & Sober	Alcoholics Anonymous Support Group encourages men and women
ABC Group	Alcoholics Anonymous Support Group encourages men and women
Round Table	Alcoholics Anonymous Support Group encourages men and women
United We Stand	Alcoholics Anonymous Support Group encourages men and women
Huntersville Beginners	Alcoholics Anonymous Support Group encourages men and women
West Ghent	Alcoholics Anonymous Support Group encourages men and women
AA It Works	Alcoholics Anonymous Support Group encourages men and women
Roosevelt Gardens	Alcoholics Anonymous Support Group encourages men and women
High Tide Group	Alcoholics Anonymous Support Group encourages men and women
The Cornerstone Group	Alcoholics Anonymous Support Group encourages men and women
Depot Meeting	Alcoholics Anonymous Support Group encourages men and women
Saturday Night Live	Alcoholics Anonymous Support Group encourages men and women
Simple Actions Group	Alcoholics Anonymous Support Group encourages men and women
Un Dia A-La-Vez	Alcoholics Anonymous Support Group encourages men and women

Willoughby		Alcoholics Anonymous Support Group encourages men and women
Larchmont 12 Step Study		Alcoholics Anonymous Support Group encourages men and women
Oasis		Alcoholics Anonymous Support Group encourages men and women
Friday Nooners		Alcoholics Anonymous Support Group encourages men and women
Unity Group		Alcoholics Anonymous Support Group encourages men and women
Park Place Discussion		Alcoholics Anonymous Support Group encourages men and women
Indian River		Alcoholics Anonymous Support Group encourages men and women
49th St Living Sober		Alcoholics Anonymous Support Group encourages men and women
Norview 12 & 12		Alcoholics Anonymous Support Group encourages men and women
Rebos Koffee Klatch		Alcoholics Anonymous Support Group encourages men and women
LGBT Center Meeting		Alcoholics Anonymous Support Group encourages men and women
Way Of Life		Alcoholics Anonymous Support Group encourages men and women
Freedom 12 & 12		Alcoholics Anonymous Support Group encourages men and women
Bayview		Alcoholics Anonymous Support Group encourages men and women
AA 101		Alcoholics Anonymous Support Group encourages men and women
Sobriety Is Free		Alcoholics Anonymous Support Group encourages men and women
Ph:757-490-3980		Alcoholic Anonymous Support Groups- offer supportive meetings
Contact: Kristin		The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact: Matt	Ph:757-	The Al-Anon (for adults) program is a Twelve Step program for the
Twelve At Eleven		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Kathy H.	Ph:757-	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact: Elle	Ph:757-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Sheila G.	Ph:757-	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact: Sheila G.	Ph:757-	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact: Camille		The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact:Shaz		The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact: Terry		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Nancy B.	Ph:423-	The Al-Anon (for adults) program is a Twelve Step program for the
506-7667		relative and friends of alcoholics or someone who is or has been a
Contact: Debbie	Ph:757-705-9079	The Al-Anon (for adults) program is a Twelve Step program for the
Ph:757-499-1443	Fax 757-	Al-Anon and Alateen Family Group Tidewater and Peninsula is a
The Al-Anon (for adults) and Alateen		The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact: Debbie P.	Ph:765-404-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Debbie	Ph:765-404-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Darlene M.	Ph:	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Cynthia		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Jill		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Darlene M.	Ph:	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Jill		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Judy A.		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Barbara	Ph:757-898-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Joyce	Ph:443-846-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact:M.E.	Ph:757-812-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Mary	Ph:757-813-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Chris	Ph:804-832-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Chris	Ph:804-832-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Paul H.		The Alateen (for teens) program is a Twelve Step program for the
Ph:757-499-1443	Toll	The Al-Anon Family Groups are a fellowship of relatives and friends
Contact: Robyn T.		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Lee	Ph:757-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Lorene	Ph:757-	The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact: Joe		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Ethel		The Al-Anon (for adults) and Alateen (for teens) program is a Twelve
Contact: Keith	Ph:	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Jeanne	Ph:	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Carole		The Al-Anon (for adults) and program is a Twelve Step program for
Contact: Heidi	Ph:	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Shaun		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Melissa	Ph:757-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Janice	Ph:757-	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Ava	Ph:	The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Maria		The Al-Anon (for adults) program is a Twelve Step program for the
Contact: Sergio		The Al-Anon (for adults) program is a Twelve Step program for the

Ph:757-875-9429	A fellowship of young people whose lives have been affected by
Contact: Mark Ph:757-635-	Alateen (for teens) program is a Twelve Step program for the
Ph:757-499-1443	The Alateen (for teens) program is a Twelve Step program for the
For further information contact: 866-	A support group for Parents and Professionals with issues
Ph:757-424-0856 / 757-486-1245	Group meets 1st Wednesday 7:00 -8:30 Pm. Please call for further
Ph: 757-373-7102 Website:	Amazing Me, VA Beach is a forum for children and parents to
Website:	socialize with local people affected by alcohol and other
Contact: Nicole Miller Ph:757-	A support group for parents of children diagnosed with Autism and
Contact: Nicole Miller Ph:757-461-	Autism 101 Online Support Group Meeting on Wednesdays at 12:00
Contact: Nicole Miller Ph:757-	Autism Society of Tidewater support group for Family Members or
Contact: Nicole Miller Ph:757-	Autism Society of Tidewater host a weekly Virtual Health, Fitness
Contact: Nicole Miller Ph:757-	Autism Society of Tidewater host a weekly ParentWebchat
Contact: Nicole Miller Ph:757-	Autism Society of Tidewater host a weekly social for our Adults with
Contact: Eileen and Scott Hessek Ph: 757-463-3845	AGIS (American Guild for Infant Survival)-Support Group (SIDS)-is for who have experienced the death of a child through Sudden
Contact: Heather Kiegel Ph.: 757-923-0367	AGIS (American Guild for Infant Survival)-Support Group (SIDS)-is for who have experienced the death of a child through Sudden
Contact: Eileen and Scott Hessek Ph: 757-463-3845 Email:agis@sids-supportgroup.org	AGIS (American Guild for Infant Survival)-Support Group (SIDS)-is for who have experienced the death of a child through Sudden Infant Death Syndrome. Contact: Eileen and Scott Hessek Ph: 757-463-3845 Email:agis@sids-supportgroup.org
Contact: Wayne and Kim Sandlin Ph:757-499-0658 Email:afgisinc@netzero.com	AFGIS (Armed Forces Guild for Infant Survival) Support Group is for parents who have experienced the death of a child through Sudden Infant Death Syndrome.
Contact: Roger Gauthier Ph:757-549-5652 Website:www.sentara.com/support	Bereavement Support Group offers emotional support for anyone who has lost a loved one. The group meets the 1st and 3rd Wednesday of every month 11:30-1:00Pm
Contact: Stephanie Thompson Ph:757-947-3420 OR 757-2874534 Meeting ID:3892-952-8546	Bereavement Support Group for Parents-Bon Secours is for parents who have experienced the death of a child.
Ph.: 757-889-5976 Web site: www.bshr.com1	Provides a support group for parents who have experienced the loss of a newborn or a miscarriage. No age limitation.
Contact: Christin West Ph:757-479-0990	The Parents' Group is a support group for parents who have experienced the death of a child of any age.
Ph:757-384-0823 OR Ph:757-995-7012 Toll Free:877-	Compassionate Friends-Bereavement Support Group is for parents who have experienced the death of child. The group is led by parents.
CHKD-Department of Chaplaincy Services Contact: Anne	Bereavement Parent Support Group is a FREE support group that provides a safe and supportive environment for parents/guardians
Contact:Rebecca Ruck Ph:757-668-9617 Email:Rebecca.Ruck@chkd.org	CHKD-Oncology-Beams Of Hope Bereavement and Grief Support Group for Parents provides support for any parent of a CHKD patient who has died from cancer
Ph:757-995-7012 Email: aaviands.tcf@gmail.com Toll Free:1-877-969-0010	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.
Ph:757-238-2671 Email:patsyanded@charter.net Toll Free:1-877-969-0010	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.
Ph:757-384-0823 Email:peninsulatcf@live.comToll Free:1-877-969-0010	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.
Ph:757-253-1220 Email: wmsburgcompassionatefriends@gmail.com Toll Free:1-877-969-0010 Website:www.compassionatefriends.org	Bereavement Support Group for Parents-Compassionate Friends is for parents who have experienced the death of child. The group is led by parents.
Contact: Laurie Miller Ph: 757-545-4911	Provides services for men or women, of any age who have lost a spouse. Group meetings are held at 7:00pm in the Lifestyle Center of Chesapeake Regional Medical Center. Please call for further information.

Intake: Gordon M. Morton Main:757-420-1788 ,Alternate:757-490-1316,Voice Mail:757-461-9457 Web site www.aarp.org	Provides services for men or women, of any age who have lost a spouse. Meetings take place on Tuesday at 7PM at First Baptist Church, 3rd floor 312 Kempsville Rd, Norfolk, Val ; Thursday at 1PM at Virginia Beach Christian Church, Great Neck Rd and Rose Hall Dr in Virginia Beach. Accessing Services : Telephone and walk-ins accepted. No fee.
Contact: Ann Prescott & Anisa Glowczak Ph: 757-545-2667 Email:goodmoumingcc@gmail.com	Support for parents who have experienced the death of a newborn, including miscarriage, stillbirth, and ectopic pregnancy.
Contact: Nancy Goldman Ph:757-889-5300 Email:nancy_goldman@bshsi.com	SHARE support group is for parents who have experienced the death of a newborn, including miscarriage and stillbirth
Contact: Sara Zandford	Bereavement Support Group for parents at EDMARC is a support
Contact: Steven Brown Ph:757-504-2745	Forget ME NOT-Bereavement Support Group is for anyone who has experienced the death of a baby during pregnancy, including
Contact: Beth Pile Ph:757-737-2287 Email:	KIDZ-N-GRIEF is a support group for children to have the appropriate grief counseling. Participants are divided by age.
Contact: Beth Pile Ph:757-	KIDZ-N-GRIEF Support Group is for individuals ages from 3-25
Contact: Crystal McCullough Email:	Support for My Heart is a private Facebook group for NICU Parents
Main:757-967-9251 Fax: 757-967-9124 Website:	Provides emotional support and information to any mother who has had a child die in youth (not for a mother whose child died as an
Ph:757-459-4640	Motherless Daughter's Support Group offers emotional support to
Contact:Steve McGee Ph:757-594-2745 Email:steven.mcgee@rivhs.com	Bereavement Support Group for Parents-Riverside is for anyone who has experienced the death of a baby during pregnancy, including stillbirths and ectopic pregnancy.
Contact:JakeLyn Ellis Ph:757-594-2745 Email:JakeLyn.Ellis@rivhs.com	Bereavement Support Group for Parents-Riverside is for anyone who has experienced the death of a baby during pregnancy, including
Contact: Regina Asaro Ph:757-254-3874 For all sessions:	Bereavement Support Group for General Grief-St. Jerome's Catholic Church. is for anyone who has experienced the death of a loved one. Virtual Meetings: first and third Thursday from 10:00am-11:30am.
Contact: Susan	Bereavement Support Group-Woodlawn Funeral Home offers a safe
Ph:952- 715-7731ext.720	The Star Legacy Foundation are parents, grandparents, siblings,
Ph:757-340-6459	Bill Austin and Brenda Mallery are leading grief recovery support groups in cooperation with St. Aidan's Episcopal Church in Virginia
Support Group Coordinator	Brain Injury Survivor Support Group-Good Memory Habits provides
Ph:757-479-9993	CHADD of Tidewater offers support group for persons with AD/HD.
Ph:757-473-2695 Fax:757-459-4643	Chaverim is a culturally sensitive social and recreational group comprised of adults who are developmentally disabled. The group
Ph:866-488-5679	Comfort Zone Grief Camp for children and teens ages 5-25, and
Contact: Mary Beth Poma Ph:804-937-2874 Toll free: 804- 277-2420 Ph:757-456-0657	Comfort Zone Camp is a nonprofit 501(c)3 bereavement organization that transforms the lives of children who have experienced the death of a parent, sibling, primary caregiver, or significant person.
Contact: Tess Rozelle, Facilitator	The Depression and Bipolar Support Alliance-Support Group offers
Contact: Johnathon Bigelow, Leader	DivorceCare Support Group provides support to individuals facing
Nicola Taylor, Co-Leader	DivorceCare Support Group provides support to individuals facing
Kathy Ahearn, Facilitator	DivorceCare Support Group provides support to individuals facing
P.O. Box 1237 Yorktown, Virginia 22692	The DSAVP brings support to families with new babies through hospital outreach, delivering informative books for parents and
Contact:Host:	Weekly Eating Disorder Support group - Local affiliate of Anorexia
Ph:757- 665-5041	The Eastern Shore CSB offers a SMART Recovery meeting on Wednesdays at 10:00 am for those who receive services at the CSB.
Ph:757- 710-8821	Please visit District 27 website of Alcoholics Anonymous (AA) on the
Phone: 757-663-4429	Family Enrichment Center provides support for all members of the family of individuals affected by substance abuse.
Ph:757- 631-0222	The friendABLE social club is a safe fun place where persons with disabilities can come to visit with old friends and meet new ones.
Ph:804-912-2947 Website:www.fullcirclegrief.org	Full Circle Grief Center offers an 8-week grief support for parents in Central Virginia who are grieving the death of an infant or a late-term
Falmouth Monday Night Group	Gamblers Anonymous is fellowship of men and women who share

Valley Health Wellness & Fitness	Gamblers Anonymous is fellowship of men and women who share
St. Christopher's Episcopal Church	Gamblers Anonymous is fellowship of men and women who share
Trinity Episcopal Church	Gamblers Anonymous is fellowship of men and women who share
Virginia Beach Wednesdays 6:30	Gamblers Anonymous is fellowship of men and women who share their experience, strength and hope with each other that they may
Website: www.griefnet.org	GRIEFNET is an internet community of adults/children dealing with
Ph:804- 725-8597 Email: info@addyscolors.org Website:https://www.addyscolors.org	Hope Rising is a grief support group for parents who have experienced the death of their child, facilitated by peers who have also experienced the death of a child. Meetings:Wednesday at 6:00 to 7:30 pm at the Horizon Conference Office in Saluda, Virginia. All parents are welcome.
Contact: Mary Jimenez Ph:757-	Grief Support Group at Riverside hospital is for parents or anyone
Website:	GrieveOutLoud is an internet community of compassion and hope for
Ph:757-547-4695	Hidden Disabilities Lighthouse is an organization providing spiritual
Ph:888-401-1241	In The Rooms (ITR) goal is to give recovering addicts a place to
Ph:757-459-4640	Jewish Family Services of Tidewater offers Divorce and Grief Support
Ph:757- 279-2043	Lamplighter Movement,-Support Group is a free support group for victims of incest and child hood sexual abuse based on the mission statement of The Lamplighter Movement, an International Movement
For further information contact: Suzanne Kumpft Ph:757- 494-4112 or call	Meeting every other month at the Endependence Center.
Ph: 757-385-0802	Mesa Family Workshops -Support Group offers education and support group meetings for families that have a loved one who has a
Contact:Beth Pile Ph: 757-737-2287	Mike's Camp is a grief support group where children 7-17 are paired with an adult to explore their grief and process their emotions.
Website:	Miss Foundation is an internet community of compassion and hope
Ph: 757- 375-5298 HelpLine 800-950-6264 Email:	NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better
Contact:Ed Beales Ph:757-480-1703	NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others'
Ph: 757-499-2041	NAMI Connection is a weekly recovery support group for people living
Contact: Ms. Charlee Redick Website:http://namihptnn.org HelpLine 800-950-6264	NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding. 1st and 3rd Wednesday of the month at 6 pm. Please call for further information.
Contact:	NAMI Connection is a weekly recovery support group for people living
MONDAYS Every Monday 10:00 - 11:30 AM	NAMI Connection Recovery Support Groups are free, peer-led, virtual support groups where individuals working to manage their mental health can share and learn from others in similar
TUESDAYS Second and Fourth Tuesday of each	NAMI Connection Recovery Support Groups are free, peer-led, virtual support groups where individuals working to manage their mental
WEDNESDAYS	NAMI Connection Recovery Support Groups are free, peer-led, virtual
THURSDAYS Every Thursday 11:00am - 12:30pm Email contact@namicoastalvirginia.org	NAMI Connection Recovery Support Groups are free, peer-led, virtual support groups where individuals working to manage their mental health can share and learn from others in similar situations.
FRIDAYS First and Third of the month 1:00 -2:30 PM Gloucester Peer	NAMI Connection Recovery Support Groups are free, peer-led, virtual support groups where individuals working to manage their mental health can share and learn from others in similar situations.
SATURDAYS - First and Third of the month 10:15 - 11:45 AM Email	NAMI Connection Recovery Support Groups are free, peer-led, virtual support groups where individuals working to manage their mental health can share and learn from others in similar situations.
Contact: Marylin Copeland Ph: 757-375-5298 Website: www.NAMI.org HelpLine 800-950-6264 Ph: 757-499-2041 Email: contact@namicoastalvirginia.org	NAMI-Family to Family is a group for parents, children, siblings, partners, and friends of a loved one with a mental illness. This course helps family members and friends understand and support adults
Contact: Ms. Charlee Redick Website:http://namihptnn.org HelpLine	NAMI Family Support Group is a free, confidential and safe group of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group
	NAMI Family Support Group is a free, confidential and safe group of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group

Contact: Linda Roush Facilitator/Coordinator Ph:757- 220-8535	NAMI Family Support Group is a free, confidential and safe group of families helping other families who live with mental health challenges <u>by utilizing their collective lived experiences and learned group</u>
MONDAYS Second and Fourth Monday of the month-6:30-8:00pm Email	Free, peer-led, virtual support groups where family and friends of individuals working to maintain their mental health can share and learn from others in similar situations. Great source for support,
TUESDAYS First and Third Tuesday of the month-6:30-8:00pm	Free, peer-led, virtual support groups where family and friends of individuals working to maintain their mental health can share and learn from others in similar situations. Great source for support,
WEDNESDAYS First, Third and Fifth Wednesday of the month- 6:30-8:00pm - Email:info@namicva.org Ph:804-	Free, peer-led, virtual support groups where family and friends of individuals working to maintain their mental health can share and learn from others in similar situations. Great source for support, <u>informal guidance and coping strategies. All meetings are</u>
THURSDAYS Fourth Thursday of the month - for Parents and Caregivers- 6:00-7:30pm Email	Free, peer-led, virtual support groups where family and friends of individuals working to maintain their mental health can share and learn from others in similar situations. Great source for support, <u>informal guidance and coping strategies. All meetings are</u>
SATURDAYS First Saturday of the month - for Families of Color- 11:00am – 12:30pm	Free, peer-led, virtual support groups where family and friends of individuals working to maintain their mental health can share and learn from others in similar situations. Great source for support,
To get the Zoom link or for more information, contact Lynn : Email:ynn.naminova@gmail.com	Meetings are on the first Thursday of the month from 7:30-9 p.m. via Zoom.
TUESDAY Third	Online activity groups that provide an opportunity for youth living with
THURSDAYS	Online activity groups that provide an opportunity for youth living with
WEDNESDAYS - First & Third	Online activity groups that provide an opportunity for youth living with
THURSDAY	Online activity groups that provide an opportunity for youth living with
Website:https://www.nar-	Nar-Anon is a support group for family & friends of a loved-on
Tidewater Area Helpline: Ph:1-	Narcotics Anonymous Tidewater Area offer recovery from the effects
Ph:757-482-1049 Fax:757-	Narcotics Anonymous - Support Group meets: Tuesdays 7:00 - 8:30
Ph:757- 459-8467	Narcotics Anonymous Support Group encourages men and women
Coleman Place Presbyterian Church	Narcotics Anonymous Support Group encourages men and women
First Baptist Church	Narcotics Anonymous Support Group encourages men and women
First Lutheran Church	Narcotics Anonymous Support Group encourages men and women
Little Creek Multipurpose Center	Narcotics Anonymous Support Group encourages men and women
New Life Metropolitan Community	Narcotics Anonymous Support Group encourages men and women
Oakdale Presbyterian Church	Narcotics Anonymous Support Group encourages men and women
Sacred Heart Church Rectory	Narcotics Anonymous Support Group encourages men and women
Second Calvary Baptist Church	Narcotics Anonymous Support Group encourages men and women
Tidewater Wesley Foundation	Narcotics Anonymous Support Group encourages men and women
East Ocean View Baptist Church	Narcotics Anonymous Support Group encourages men and women
First Calvary Baptist Church	Narcotics Anonymous Support Group encourages men and women
Ingleside Baptist Church	Narcotics Anonymous Support Group encourages men and women
Miles Memorial Methodist Church	Narcotics Anonymous Support Group encourages men and women
Norview United Methodist Church	Narcotics Anonymous Support Group encourages men and women
Oceanview Reformed Christian Church	Narcotics Anonymous Support Group encourages men and women
Saint Columbia Ecumenical Ministries	Narcotics Anonymous Support Group encourages men and women
TACT	Narcotics Anonymous Support Group encourages men and women addicted to narcotics to get free from their addiction. Meetings:
Contact: Chair David C Ph:	Narcotics Anonymous is a fellowship of men and women who are
Ph:757- 482-1049	Nicotine Anonymous is a support group for anyone desiring to stop
Ph:757-802-4500	Ocean Psychiatric Group,P.C. offers a Children Anger Management
Ph:757-498-2666	Parents without Partners Support Group offers educational. social
Contact: Valeta Donnell Ph.: 757-967-9251 Fax: 757-967-9124 Email: bereavement@edmarc.org Website: http://www.edmarc.org	Provides emotional support and information to children or teens with a significant relationship who is terminally ill. They also provides support to children or teens (ages:5-18) who has experienced the death of a significant love one. No fee.
Ph:757- 963-6303 Please	Peninsula Therapy Center, PLC is starting a new juvenile substance
Contact: Shannon Renfro Ph:757-947-3420 Email:shannon_renfro@bshsi.org	Perinatal Loss Support Group-Bon Secours is for anyone who has experienced the death of a baby during pregnancy, stillbirth or in the first months of life.

Contact: Jamey Kagey, RN Email: Jarney_Kagey@bshsi.org ~~Leanne Shelton RN~~	Perinatal Loss Support Group-Bon Secours is for anyone who has experienced the death of a baby during pregnancy, stillbirth or in the ~~first months of life~~
Contact: Peggy Walker Ph: 757-312-6776	Support for parents who have experienced the death of a newborn, including miscarriage, stillbirth, and ectopic pregnancy.
Contact: Jean Dilday at The Psychotherapy Center Ph: 757-482-3805 Email: rainbowshamptonroads@cox.net Website: https://rainbows.org	Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness Support Group provide support to children experiencing a loss of a loved one and help them to cope with ~~death, Separation, Divorce, Incarceration, Deportation~~
Main Contact: Susan Cioni Ph: 301-724-5360 ext. 109 Email: scioni@bishopwalsh.org Website: https://rainbows.org	Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness Support Group provide support to children experiencing a loss of a loved one and help them to cope with
Main Contact: Susan Cioni Ph: 301-724-5360 ext. 109 Email: scioni@bishopwalsh.org Website: https://rainbows.org	Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness Support Group provide support to children experiencing a loss of ~~a loved one and help them to cope with~~
Main Contact: Katranya Anthony Ph: 302-856-1940 Email: katranya.anthony@irsdk12.de.us Website: https://rainbows.org	Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness Support Group provide support to children experiencing a loss of
Main Contact: Sonia Panipinto Ph: 919-544-7135 919-973-0012 Email: soniainrainbowshi@gmail.com Website: https://rainbows.org	Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness Support Group provide support to children experiencing a loss of a loved one and help them to cope with ~~death, Separation, Divorce, Incarceration, Deportation~~
Main Contact: Patricia Heath Ph: 252-484-1110 Email: princessesonamissioninc@gmail.com	Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation ~~Military Deployment, Community Crisis, and Significant Illness~~
Main Contact: Barbara Adcock Ph: 740-649-3866 Email: barbadcock@integratedservice.org	Rainbows for All Children Grieving a Death, Separation, Divorce, Incarceration, Deportation Military Deployment, Community Crisis, and Significant Illness ~~Support Group provide support to children experiencing a loss of~~
Ph: 470- 278-1956	Rachel's Gift provides pregnancy and infant loss virtual support
Ph: 757- 903-0000	Recovery Meeting-SpiritWorks Foundation are offered to individuals
Contact: Nancy Goldman Ph: 757-889- Contact: Teshaira Dawson	SHARE support group is for parents who have experienced the "Single Moms Soar". support group will provide practical tips and
Ph: 757-287-4512 Email:	Single Parents of Greater Hampton Roads is a local network of
Main: 757-321-2222	Monthly support group for families of adults who have developmental
Ph: 757- 903-0000	SpiritWorks Foundation-Hope For You SIA Meeting is a closed 12-
Ph: 757- 903-0000	SpiritWorks Foundation-Women's AA is a gather with other women
Ph: 540-428-5415	SpiritWorks Foundation-Live & Let Live Group (AA) is an open 12-
Ph: 540-428-5415	SpiritWorks Foundation-Saturday Night Live (AA) is a fun sober
Ph: 757- 903-0000 Email: an@spiritworksfoundation.org	SpiritWorks Foundation-CODA Meeting is an open 12 step meeting of Co-Dependents Anonymous, a fellowship of men and women
Ph: 757- 903-0000 Email: an@spiritworksfoundation.org Website: http://www.spiritworksfoundation.org/	SpiritWorks Foundation-Dual Recovery Anonymous Meeting is a 12 step organization meeting for people with dual diagnosis or illness. Hours: Thursdays @ 10AM.
Ph: 757- 903-0000 Email: an@spiritworksfoundation.org Website: http://www.spiritworksfoundation.org/	SpiritWorks Foundation-Recovery Outside the Walls is a group based from the individuals that were incarcerated that want to continue their recovery journey outside of the jail, and also for individuals that are looking for structure in their recovery journey. ~~Hours: Tuesdays @ 9:30AM & Thursdays @ 9:30AM~~
Intake Contact: Douglas Panto Ph: 757-221-7272 Fax: 757-	Providing programs and services to assist individuals throughout the disease process is a fundamental part of the mission of the
Intake: Kim Strickland Ph: 757-234-0895 Email:	Provides social and educational events for individuals with Down syndrome and their families, helps families welcome the birth of a
Main: 757-321-2222 Fax: 757-965-6102 Website: www.jfshamptonroads.org/family/special.html	Monthly support group for families of adults with developmental disabilities. Features speakers familiar with systems impacting adults with developmental disabilities who can offer practical information on needed services. No age limitation.

Website: https://www.gam-anon.org	Gam-Anon is a 12-step, self-help fellowship of men and women who have been affected by the gambling problems of a friend or loved one.
Ph:757-585-3216 Fax:757-5612541	The One Child Center for Autism-Preteen Girls Support Group aims to connect girls ages 8-12 in the Williamsburg area with developmental differences and give them the opportunity to build friendship through monthly meetups at One Child Center for Autism.
Contact:Jazmine Emily Garcia Ph:757-301-1592 Email:GEARRecoveryinc@outlook.com Meeting ID: 715 689 7222	The P.L.A.C.E for Moms -Support Group is a group where mothers can talk openly about any and everything on their plate... or not. Where women support women in a safe virtual space to discuss PPD, baby blues, mom hacks, community
Contact: Betsy Koivisto Ph:757-286-5121	The Parent's Group-Grieving a Child Death provides support for parents who have lost a child. Meetings held the 4th Monday of each month from 7:30-9Z:00pm at Bayside Presbyterian Church. Please call for further information.
Information call: Mary Copeland,MSW Brain Injury Association of Virginia Ph: 757-816-1857	The Tidewater Brain Injury Support Group meets the second Monday of each month from 6:30 pm to 8:30 pm.
Jazmine Emily Garcia Ph:757-301-1592	Virtual Family Support Groups-Gear Recovery,Inc's is a support
Contact Madonna Flores Ph:757- 664-7799.	Women Emerging, Living Life (W.E.L.L.) is a peer support group for women who want to enrich and enhance their lives by surrounding themselves with other women who may be going through similar things in life. Group Meetings: meets weekly on Tuesday evenings
Ph:540-428-5415 Email:an@spiritworksfoundation.org Website: http://www.spiritworksfoundation.org/	Women's Discovery Support Group SpiritWorks Foundation includes women of every race, religion, ideology and sexual preference who seek to commune with other women to expand their definition of Self, to heal from addiction, abuse, racism, sexism, to become more
Hotline: 757-461-9457 Or 757-468-2144 Toll Free:800-876-YWOW Email: info@ywow.org Website: http://www.ywow.org/contact.html	YWOW strives to provide a safe environment to men and women who have lost their spouse or life partner. We offer mutual support, bereavement resources and social events to help members rebuild their lives, dreams, and identities. Please call for times and locations.
Ph:757-468-2361 Fax:757-368-9174 Email:info@ywow.org Website:www.ywow.org	Young Widows Widowers (Y.W.O.W)-Support Group is a non-profit organization which provides a safe environment to men and women who have lost their spouses much too early in life. Offers mutual support, bereavement resources and social events.
Ph:757- 262-2094 Fax:757- 262-2095 Email:info@alphacounselors.com	Alpha Counsellors Service perform Forensic Testing and Psychological Testing. Target Group: ~~Infants/Children/Adolescents/Adults/Christians/Esper~~
Ph:757-961-0567 Fax:757-961-0568 Website:	Assessment & Therapy Associates provides services for psych and neuropsych testing, specializing in all medical/psychiatric conditions
Ph:757-486-6955 Fax:757-486-3258 Website: https://www.associatesatlynnhaven.com	Associates At Lynnhaven Counseling, LLC provide confidential .Psychological and Psychoeducational evaluations. Accepts Medicaid. Please call for further information.
Ph:757- 422-2118 Website:	Awakenings Counseling Center provides services to meet the counseling needs of children, adolescent, adults and families

Contact: Sara F. Lamont, M.Ed., BCBA, LBA Ph: 424-485-1522 Fax: 757-424-4851	CENTRA provides psychiatric services, psychological evaluation, individual psychotherapy & counseling. Please call for further information.
Ph: 757- 668-4673 (HOPE) Fax: 757- 668-8870 Email: MentalHealth@CHKD.org Website: https://www.chkdk.org/Our-Services/Mental-Health	Children's Pavilion provides Psychological and Neuropsychological Testing. TRICARE, Virginia and North Carolina Medicaid and major private insurances are accepted except for Cigna. Uninsured individuals should see a health benefits analysts for a confidential interview and assistance with their financial needs Please call for further information.
Ph: 757- 668-2840	Neurodevelopmental pediatric specialists at CHKD provide neurodevelopmental consultations for the evaluation, diagnosis and management of children with neurological developmental disabilities such as: Autism, Developmental delay, Language disorders
Contact: Mark Nahl 1417 Battlefield Blvd N Ste 260 Chesapeake, VA 23320	Coastal Counseling performs ADOS (Autism Diagnostic Observation Schedule) testing. Please call for further information.
Ph: 804- 355-0300 Website: http://autismva.org/	Commonwealth Autism performs ADOS (Autism Diagnostic Observation Schedule) testing. Please call for further information..
Ph: 757- 622-6794 Email: cpr@cprs.hrcxmail.com Website: https://www.cprcares.com	Community Psychological Resources provides psychiatric services, psychological evaluations, Neuropsychological Evaluations, individual psychotherapy & counseling services for children and adults. Medicaid, Tricare and Major Insurances are accepted. Telehealth and In office Services are available. Please call for further information.
Ph.: 757-397-4394	Psychological evaluations; does not test children who are non-verbal. Accepts Medicaid and Medicare but not Medicaid HMO's are
Ph: 757-839-5888	Dr. Kathrin Hartmann (Ph.D), performs ADOS (Autism Diagnostic Observation Schedule) testing. Ages 2-21. Please call for further information.
Contact: Kristyn Troyer, Psy.D. P.C. Ph: 757-392-3370	Dr. Kristyn Troyer, (Psy.D. P.C.) performs ADOS (Autism Diagnostic Observation Schedule) testing. Please call for further information..
Ph: 757- 446-5888 Website: https://www.evms.edu/patient_services	EVMS Psychiatry Hofheimer Hall Outpatient Clinic provides Neuropsychological testing, Consultative/Liaison services and
Ph: 757- 466-0700 Website: http://www.psych-therapy.com	Finney Zimmerman Psychiatric provides Psychological Testing Services.
Ph: 757-228-5635 & 757- 861-9050 Fax: 757- 861-9051 Email: nfo@fishingpointbh.com	Fishing Point Behavioral Health provides services in the areas of diagnostics, mental health care, therapy and evaluations. Specialties: Anxiety, Depression, Life Coaching Issues, Alcohol Abuse, Bipolar Disorder, Borderline Personality, Child or Adolescent, Chronic Pain, Drug Abuse, Evaluations, Stress, EMDR, Hypnosis, Grief, Parenting, Relationship
Ph: 757-861-9010 Fax: 757-861-9011 Email: info@fishingpointhc.com Website: https://www.fishingpointhc.com	Fishing Point Healthcare is committed to delivering world-class, compassionate care to Medicaid and Tribal member patients. As a multifaceted healthcare system, they combine modern medical practices with traditional wisdom to ensure every patient receives outstanding, reliable medical and personal care. Services: Behavioral Health Services that includes: Counseling Services, Psychiatric
Ph: 757-965-5886 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychological Testing Services for children 3+, sees non-verbal children. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be discussed with our staff. Please call or visit the website for further information.
Ph: 757-564-3100 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychological Testing Services for children 3+, sees non-verbal children. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be discussed with our staff. Please call or visit the website for further information.

757-827-7707 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychological Testing Services for children 3+, sees non-verbal children. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be discussed with our staff. Please call or visit the website for further
Ph: 757-466-3336 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychological Testing Services for children 3+, sees non-verbal children. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be discussed with our staff. Please call or visit the website for further
Ph: 757-466-3336 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychological Testing Services for children 3+, sees non-verbal children. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be discussed with our staff. Please call or visit the website for further
Ph: 757-466-3336 Website: https://genesiscounselingcenter.com/virginia	Genesis Counseling provides Psychological Testing Services for children 3+, sees non-verbal children. Hours of Operation: Monday-Friday from 9 am – 5 pm and Saturday and Sunday-Closed. Ages Served: Children, Adolescents / Teens, Adults and Seniors. They accept most insurance coverage, and all payment options can be discussed with our staff. Please call or visit the website for further
Ph: 757-587-4744 Fax: 757-587-4947	Hampton Roads Behavioral Health. performs psychological testing. Straight Medicaid & HMO is accepted.
Ph: 757-498-9585 Fax: 757-468-1685	E- Hampton Roads Neuropsychology offers accurate assessment and objective diagnostics to assist in the treatment of children, adults and
Ph: 757-498-9585 Fax: 757-468-1685 E-mail:	E- Hampton Roads Neuropsychology offers accurate assessment and objective diagnostics to assist in the treatment of children, adults and seniors for a variety of concerns: Memory, School and Academic
Ph: 757-345-6428 Fax: 757 345-6808 Website: https://www.matoakagrovecounseling.com/	Matoaka Grove is an independent group of mental-health professionals offering Psychological and educational evaluations of children and adults to assist with diagnosis and treatment planning. Some providers have particular expertise in working with clients who have learning challenges or disabilities such as autism spectrum
Contact: Linda Bourdon, Ed.D. Ph: 757 345-6428 Website: www.independencepsych.com	Independence Psychotherapy Services provides assessment and advocacy services. Please call for further information.
Ph: 757-446-8400	John David Ball, PhD performs psychological evaluations.
Billing Phone for all locations: Ph: 253-254-5911 Website: https://lifestance.com 1. Arlington Ph: 888-495-2825 2. Ashburn-Ashbrook PI Ph: 877-907-9301 3. Chesapeake Belaire Ave Ph: 866-974-0920 Fax: 804-730-2829 4. Chesapeake, Greenbrier Circle Ph: 866-974-0920 Fax: 757-301-8803 5. Gainesville	LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments. Services: Neuropsychological Testing, Psychological Testing and evaluations Conditions: ADHD, Anxiety, Bipolar, Depression, Eating Disorders, Mood Disorder, Obsessive Compulsive Disorder, Perinatal Depression, Postpartum Depression, PTSD and Schizophrenia. Insurance: most private insurance and Tricare are accepted. MEDICAID is not Accepted. Please call or visit the website for further information.
Ph: 757- 466-7300	Lisa Zocco, PsyD specializes in Psychotherapy services that includes: OCD, Anxiety Disorders, Trichotillomania, EMDR.* Accepts straight Medicaid (although tries not to). Cigna, Optima HMO, but not

Ph:757-222-0814 Fax: 757-222-0813 Email: McNeillTesting@gmail.com	McNeill Therapy & Testing Services provides comprehensive psychological evaluations/testing and therapy for adults and children in the Hampton Roads area. Services offered: Psychological evaluations, Psychotherapy/CBT, Christian therapy & Adolescent therapy. Insurance: Medicaid, Tricare and major private insurances are accepted. Self Pay Fees: Therapy: \$125 - \$155 per session and Psychological evaluations: \$495 to \$585. Hours: Weekend and Evening Availability. Please call for further information.
Ph:757- 489-4700 Fax:757- 489-0240	Riverpoint Psychiatric Associates provides psychological testing evaluation. They serve children and adults.*4-6 weeks for an appointment. Medicaid is accepted.
Ph:757- 873-1958 Fax:757-873-2143	Peninsula Assessment Center provides comprehensive psychological testing and evaluation for children and adults. Straight Medicaid and Medicaid HMO are accepted. No Virginia Premier.
Ph:757- 788-0600 Website:www.hnnscsb.org	This program provides comprehensive psychological testing and evaluation including personality, educational, parental competency, court disability, developmental, vocational, and neuropsychological.
Ph:757-352-4362 Fax:757-352-4488 Email:psc@regent.edu	Psychological Services Center at Regent University provide Psychological Assessments on a sliding scale. Hours: Monday & Friday 9-5pm and Tuesday - Thursday 9-8pm. Please call for further information.
Ph:757- 622-9852 Fax:757- 622-4033	The Psychotherapy Center provides evaluation services for learning disabilities. *3 weeks generally for an appointment, accepts Medicaid, type of insurance accepted varies by provider.
Ph:757-640-1882 Website:http://www.spectrumpsychological.net	Spectrum Psychological and Neurotherapy provide confidential Psychological and Psychoeducational evaluations,. Please call for further information
Contact: John M. Thurston, MD Ph: 757-404-6592 Website: https://www.telementalhealthcare.com/	TeleMentalHealthCare provides psychiatric services, psychological evaluation, individual psychotherapy & counseling. Insurance not accepted, but sliding scale fee available. Hours of Operation: Tuesday – Thursday, Saturday, and Sunday, by
Ph:804.887.2990 Website:https://www.asset.vfsva.com/	Youth & Family Services Of Virginia, INC. performs ADOS (Autism Diagnostic Observation Schedule) testing. Please call for further
Ph:434- 978–1121	Braley & Thompson has been providing foster care services in Virginia ; they offer community-based treatment programming to serve the needs of children and families throughout Virginia. Services include: Therapeutic & non-therapeutic foster care, Short-term foster care, Information & training for prospective foster families, Foster family resources, Parenting classes
Ph: 919- 329-5671 Fax: 919- 329-5669 Wallace Location:910- 285-1157 Wilmington Location:910- 763-7458 Website: https://www.dungarvin.com/	Dungarvin Foster care is a specialized service providing safe, loving homes and intensive support to children or adults with traditional, special and/or complex needs. Supports provided vary depending upon the needs of the individual and family.Please call or visit the website for father information.
Ph: 757-689-3818 Website:http://familiesfirstofva.com	Families First of Virginia provides Therapeutic Foster Parenting training for parents and youth with behavioral and emotional challenges.

Northern Virginia Ph:703-914-0182 After-hours referrals: 703-201-1740 Email: FHCNoVATFC@uhsinc.com Website:https://firsthomecare.com Richmond Ph:804-358-8737 ~~After-hours referrals: 804-221-0414~~	First Home Care provides Therapeutic Foster Care training for parents and youth with behavioral and emotional challenges. To be eligible to become a therapeutic foster parent, a person must be: An adult, age 21 years or older, A resident of Virginia Financially stable, Able to provide adequate living space for a child Complete Child Protective Services and State Federal background checks. Provide documents related to completing Homestudy, ~~Be available to attend all required training including complete 30~~
Contact: Camille Campos Ph:757-664-7722 ~~OR~~ Ph: 757-227-4187 Email: Info@tidewaterffc.org	Foster care is a program that provides services, substitute care, and supervision for a child on a 24-hour basis until the child can return to ~~his or her family or be placed in an adoptive home or another~~ Tidewater Friends of Foster Care through their program The Prospective Parent Program offers support to people who are considering fostering by providing them with emotional support and
Ph: 757-455-6100 Main: .800.221.1995 E-mail: fpinquiries@barryrobinson.org	The Barry Robinson Center provides Therapeutic Foster Care training for parents and youth with behavioral and emotional challenges.
Lynchburg Ph:434-425-7157 Ph: 757- 965-8638 Fax: 757- 333-3274 Email:	The Bair Foundation provides all families with evidence-based ~~trainings that teach relationship building, trauma-informed practices~~ The Up Center provides foster parents with therapeutic foster care training that includes balanced and trauma informed strategies and ~~together we teach children and youth new ways to function and see~~
Ph:704-536-0375 Admissions Email: therapy@thompsoncff.org. Website:https://www.thompsoncff.org	Thompson Strengthening Children, Families & Communities-Foster Care program team identifies, trains, and continually supports dedicated, engaged families who can provide long-term and respite care for children re-entering community life. Their training introduces you to Thompson and provides guidance on the certification process. Language services available upon request. Please call or email referral for further information.
Phone: 757-490-9791 Fax: 757-490-8324 Email: tidewater@umfs.org ~~Website:https://www.umfs.org/~~	UMFS offers extensive training and comprehensive support for foster families caring for children and teenagers. They have an exceptional network of services and 24/7 resources provide families the 'village'
Ph:800-734-0430 Option 1 (Medallion 4.0) Aetna Better Health of Virginia Ph:800-734-0430 Ride Assist-Where	ModivCare (formerly Logisticare) is the transportation provider for Aetna Better Health CCC Plus for non-emergency transportation. All trips must be arranged and confirmed by ModivCare 5 days ahead.
Ph:855-325-7581 TTY:711 Anthem HealthKeepers Plus (Medallion 4.0) Ph:877- 892-3988 Ride Assist-Where is my Ride:855-325-7581 Option 1 TTY:711	Access to Care-Medicaid Transportation is the transportation provider for Anthem Healthkeepers CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Southeastrans 2 business days ahead. Driver should contact family one day prior to the appointment to confirm or member could contact Access to Care for details.
Ph:Main: 757- 858-8011 Ph Fax: 757- 627-4760 ~~Toll Free: 866- 386-4482~~ Ph:757-665-1260	Eggleston Services may provide transportation to programs and services offered. Services include day support services, brain injury ~~services, group homes, as well as supportive living and residential~~ A full fleet of vehicles provides transportation to services for those who do not have other means of getting to CSB facilities for their
Ph:757-344-8821 Email:creativevocationsllc@gmail.com ~~Website:www.creativevocationsllc.com~~	Creative Vocations, LLC supports adults with Developmental and Intellectual Disabilities and the families that support them. They ~~provide Vocational Services, however, they currently accept private~~
Contact: Jerron Byers Ph:757- 787-5992	DARS Division of Rehabilitative Services offers vocational rehabilitation programs and services to assist people with disabilities to prepare for, secure, retain or regain employment.
Ph:434- 336-6222	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further ~~education, work or independence. DRS collaborates with schools in~~
Ph:757- 686-4988	The Department of Rehabilitative Services provides job placement for students with disabilities moving from high school to further education, work or independence, DRS collaborates with schools in
Contact: Jerron Byers Ph:757- 451-7101 Main Ph: 800-552-5019	The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational ~~rehabilitative services, independent living services, specialized~~

Ph:866 386-8331 and 866- 246-9979 Website: https://www.mymodivcare.com	ModivCare (formerly Logisticare) manages all Virginia Medicaid's non-emergency medical transportation. All trips must be arranged and confirmed by Logisticare. Types of transportation: Ambulatory, on-emergency ambulance/stretchers, stretcher van, wheelchair, public
Ph:877-790-9472 Molina Healthcare (Medallion 4.0) Ph:833- 273-7416 Ride Assist-Where is my Ride:	MTM is the transportation provider for Molina Healthcare Medicaid and for CCC Plus enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by MTM 72 hours ahead (3 business days).
Ph:877-892-3986 Optima CCC Plus and Optima Family Care (Medallion 4.0) Ph:877- 892-3986- Ride Assist-Where is my Ride :	Verida is the transportation provider for Optima Health Community Care CCC Plus and Optima Family Care (Medallion 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Verida 5 days ahead.
Ph:877-892-3986 Optima 1 Optima Health (formerly Virginia Premier) - CCC Plus Ph:855- 880-3480 Optima Health (formerly Virginia Premier) (Medallion - 4.0) Ph:855- 880-3480 Ride Assist-Where	Non-Emergency Medical Transportation is the transportation provider for Optima Health (formerly Virginia Premier) - CCC Plus and Optima Health (formerly Virginia Premier) (Medallion - 4.0) enrolled individuals for non-emergency transportation. All trips must be arranged and confirmed by Non-Emergency Medical Transportation 5 days ahead.
Contact: Marjorie Millner Ph:757- 253-4817 Main Ph: 800-552-5019 TTY:800-464-9950	The Department of Rehabilitative Services provides services to the community to increase employability, independence and the quality of life of persons with disabilities. they offer vocational rehabilitative services, independent living services, specialized
Ph: 757-399-0900 Fax: 757-399-8043	Atlantic Vocational Services, Inc. offers a full range of vocational rehabilitation services including vocational expert testimony, social security consultation, loss of wage earning capacity evaluation
Ph:757 314-4262 Fax:757- 314-1690	Provides vocational job skills training, job placement, and job readiness for individuals residing in the Portsmouth Enterprise Zone.
Ph:757- 627-0864 Website: www.ulhr.org	The Urban League offers readiness training, a youth vocational employment program. Services are provided free of charge based on eligibility.
Contact: Lisa Sedjat, Ph:757- 350- 5411	Waiver experts are Community Services Board (CSB) employees
Families must call main number to be directed to the local CSB	Virginia provides a variety of services (such as personal care) under
Families must call main number to be directed to the local CSB	Virginia provides a variety of services (such as personal care) under
Families must call main number to be directed to the local CSB Ph: 757- 442-3636 Fax: 757- 442-2319 OR Visit the website	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community
Main:757- 523-1088 Website: https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Families must call main number to be directed to the local CSB Ph: 757 -547-9334 Fax: 757-819-6292 TDD:757-819-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution.
Families must call main number to be directed to the local CSB Ph: 757 -547-9334 Fax: 757-819-6292 TDD:757-819-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible
Families must call main number to be directed to the local CSB Ph: 757 -547-9334 Fax: 757-819-6292 TDD:757-819-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution.

Ph:757-942-1069 Contact: Theresa Pope Email:tpope@wtcsb.org Rebecca Shaw, Email: rshaw@wtcsb.org Kandace Tysinger, Email: ktaylor-tsinger@wtcsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Ph:757- 942-1069 Fax:757- 925-2210 757-255-7133 Main Number OR Visit the website	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution.
Ph:757- 942-1069 Fax:757- 925-2210 757-255-7133 Main Number OR Visit the website	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution.
Ph:757- 942-1069 Fax:757- 925-2210 757-255-7133 Main Number OR Visit the website to	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution.
Main:757-942-1069 Theresa Pope Email:tpope@wtcsb.org Rebecca Shaw, Email: rshaw@wtcsb.org Kandace Tysinger,Email: ktaylor-tsinger@wtcsb.org Website:https://www.wtcsb.org/	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Families must call main number to be directed to the local CSB Ph:757-255-7136 Fax: 757-255-7142 OR Visit the website to find local CSB Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with
Families must call main number to be directed to the local CSB Ph:757-255-7136 Fax: 757-255-7142 OR	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution.
Main:804- 758-5877 Contact: Scott Britton, Email: sbritton@mpnn.state.va.us	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and
Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-758-3418 TDD:804-758-5004 OR Visit the	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the
Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible
Families must call main number to be directed to the local CSB Ph: 804-758-5314 Fax: 804-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible
Main: 757- 220-3200 Liz Erfe-Howard, Email: eerfe-	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for
Main:757- 788-0560 Website:https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for
Families must call main number to be directed to the local CSB Ph.: 757-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted
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Families must call main number to be directed to the local CSB Ph.: 757-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted
Ph:757- 357-7458 Fax:757- 356-1808	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted
Ph:757- 357-7458 Fax:757- 356-1808	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted
Ph:757- 357-7458 Fax:757- 356-1808	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted
Main: 757- 220-3200 Liz Erfe-Howard, Email: eerfe-	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for
Families must call main number to be directed to the local CSB:	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted

Families must call main number to be directed to the local CSB Ph: 757- 253- Ph:757- 357-7458 Fax:757- 356-1808	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted
Families must call main number to be directed to the local CSB Ph: 757- 253- Ph:757- 357-7458 Fax:757- 356-1808	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted
Ph:757- 357-7458 Fax:757- 356-1808 Main Number: 757-255-7133 OR Visit the website to find local CSB:Website:https://vacsb.org	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental
Main:757- 756-5600 Supervisor:Holly Edwards Ph:757-375-8459 Email: holly.edwards@norfolk.gov Contact: Bernie Copeland, Email:bernadette.copeland@norfolk.go	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Norfolk CSB- Ph.: 757- 756-5655 Ms.Waller Ph:757-373-2947 Main:757-756-5600 Fax:757- 937-3133	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the
Norfolk CSB- Ph.: 757- 756-5655 Ms.Waller Ph:757-373-2947 Main:757-756-5600 Fax:757- 937-3133 OR	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-based services to adults (18+) with developmental disabilities who
Norfolk CSB- Ph.: 757- 756-5655 Ms.Waller Ph:757-373-2947 Main:757-756-5600 Fax:757- 937-3133 OR	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental
Main: 757- 393-8321 Website:https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Families must call main number to be directed to the local CSB Ph: 757-393-8616 Fax: 757-393-5226 TDD:757-393-5466 OR Visit	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the
Families must call main number to be directed to the local CSB Ph: 757-393-8616 Fax: 757-393-5226 TDD:757-393-5466 OR	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-
Families must call main number to be directed to the local CSB Ph: 757-393-8616 Fax: 757-393-5226 TDD:757-393-5466 OR	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community
Main: 804- 862-8079 Ext. 3168 Website:https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax: 804-863-1665 TDD: 804-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the

Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax: 804-863-1665 TDD: 804-862-	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-
Families must call main number to be directed to the local CSB Ph: 804-862-8054 Fax: 804-863-1665 TDD:804-862-8063 OR	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental
Main:757- 385-0600 Website:https://vacsb.org	Waiver experts are Community Services Board (CSB) employees who are trained in providing information on the Waiver Redesign for people with intellectual disabilities (DD) and includes the BI,FIS and CL Support Waivers.
Families must contact Intellectual disabilities unit: Ph:757-385-0600 Ph:757-385 -0600 . or call main number to be directed to the local CSB	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Family and Individual Support (FIS) Waiver provides supports in the community rather than in an ICF/IID for individuals with
Families must contact Intellectual disabilities unit: Ph:757-385-0600 Ph:757-385 -0600 . or call main number to be directed to	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Building Independence (BI) Waiver – provides home and community-
Families must contact Intellectual disabilities unit: Ph:757-385-0600 Ph:757-385 -0600 . or call main number to be directed to the local CSB	Virginia provides a variety of services (such as personal care) under home and community-based waivers to specifically targeted individuals. Each waiver provides specialized services to help eligible individuals remain in their communities instead of an institution. Community Living (CL) Waiver provides supports in the community rather than in an ICF/IID for individuals with developmental

COVERED AREAS
Chesapeake
Virginia Beach
Alexandria
Ashburn
Chantilly
Charlottesville
Henrico
Lorton
Mechanicsville
Midlothian
Salem
Stafford
Winchester
Norfolk
Chesapeake
Virginia Beac,Norfolk, Chesapeake, and Portsmouth.
Fairfax
Virginia Beach

Virginia Beach and Northern Virginia
Peninsula
Chesapeake
Virginia Beach
Statewide
Hampton Roads
Northern Virginia
Newport News
Northeast NC and Hampton Roads
Virginia Beach
Peninsula
Prince William County and Fairfax County, Virginia
Loudoun County
Fairfax County
Hampton Roads
Blue Ridge

Blue Ridge
Virginia Beach
Chesapeake
Norfolk
Virginia Beach
Richmond
Virginia Beach and Chesapeake
Tidewater
Peninsula
Charlottesville
Lynchburg
North Richmond
South Richmond
Midlothian
Fredericksburg

Leesburg
Manassas
Culpeper
Tappahannock
Winchester & Woodbridge
Staunton//Waynesboro
Harrisonburg
Roanoke
Rockbridge
Hampton Roads & the Virginia Peninsula
Northern Virginia & Maryland
Fredericksburg, Stafford & Spotsylvania

Southside
Chesapeake
Virginia Beach
Hampton Roads
Hampton Roads
Southside
Virginia Beach
Chesapeake
Virginia Beach
Southside and Peninsula
Chesapeake
Virginia Beach
Southside and Peninsula
Eastern Shore
Peninsula
Peninsula
Norfolk
Virginia Beach
Peninsula
Virginia Beach
Chesapeake
Norfolk
Virginia Beach
Suffolk
Virginia Beach
Hampton Roads
Virginia Beach and Quantico Regions
Hampton Roads
Chesapeake
Virginia Beach

Hampton Roads
Isle of Wight
Northeast NC and Hampton Roads
Williamsburg
Chesapeake
Southside and Peninsula
Peninsula
Chesapeake
Southside and Peninsula
Peninsula
Williamsburg
Virginia Beach
Peninsula
Southside
Suffolk
Virginia Beach
Virginia Beach
Virginia Beach
Hampton Roads
Southside
Virginia Beach
Statewide
Annadale, Burke, Falls Church, Springfield, Alexandria, Fairfax, Fairfax County, Lorton, Arlington, Vienna, McLean
Sterling, Ashburn, Leesburg, Herndon, Reston, Purcellville, Roundhill, Paeonian Springs, Centerville, Loudoun County, Aldie, Great Falls, South Riding, Stone Ridge
Suffolk

Virginia Beach
Chesapeake,, Virginia Beach, Newport News, Norfolk, Hampton, and Delaware,DC,Maryland,Pensylvania and Virginia.
Accomack
Chesapeake
Franklin
Gloucester
Hampton
Isle of Wight
James City County
Mathews and Middlesex
Newport News
Norfolk
Northampton
Poquoson/York
Portsmouth
Southampton
Sussex
Suffolk
Surry
Virginia Beach
Williamsburg
York/Poquoson
Alexandria
Arlington
Clarke

Culpeper
Fairfax
Fauquier
Frederick
Fredericksburg
Greene
Harrisonburg
King George
Loudoun
Louisa
Madison
Manassas City
Manassas Park
Orange
Page County
Prince William County
Rappahannock County
Shenandoah County
Spotsylvania
Stafford County
Warren County
Winchester
Amelia
Buckingham County
Caroline
Charles City
Chesterfield
Cumberland
Essex
Fluvanna County
Goochland
Hanover County
Henrico County
Hopewell
King and Queen
King William
Lancaster County
Lunenburg County
Middlesex County
New Kent
Northumberland County
Nottoway County
Petersburg
Powhatan County

Prince Edward County
Richmond City
Richmond County
Westmoreland
Albemarle County
Alleghany-Covington
Amherst
Appomattox
Bath County
Bedford
Botetourt County
Campbell County
Charlotte County
Charlottesville
Craig County
Danville
Franklin County
Halifax County
Henry-Martinsville
Highland County
Lynchburg
Mecklenburg County
Nelson County
Pittsylvania County
Roanoke City
Roanoke County
Rockbridge-Buena Vista-Lexington
Shenandoah Valley (Staunton- ~~Augusta~~)
Shenandoah Valley (Waynesboro)
Bland County
Bristol City
Buchanan County
Carroll County
Dickenson County
Floyd County
Galax City
Giles County

Grayson County
Lee County
Montgomery County
Norton City
Patrick County
Pulaski County
Radford City
Russell County
Scott County
Smyth County
Tazewell County
Washington County
Wise County
Wythe County
Wise County
Wythe County
Hampton Roads and the Eastern Shore
Isle of Wight,Suffolk,Franklin and Southampton
Accomack
Chesapeake
Franklin
Gloucester
Hampton
Isle of Wight
James City County
Mathews
Newport News

Norfolk
Northampton
Poquoson/York
Portsmouth
Southampton
Sussex
Suffolk
Surry
Virginia Beach
Williamsburg
York/Poquoson
Alexandria
Arlington
Clarke
Culpeper
Fairfax
Fauquier
Frederick
Fredericksburg
Greene
Harrisonburg
King George

Loudoun
Louisa
Madison
Manassas City
Manassas Park
Orange
Page County
Prince William County
Rappahannock County
Shenandoah County
Spotsylvania
Stafford County
Warren County
Winchester
Amelia
Buckingham County
Caroline
Charles City
Chesterfield
Cumberland
Essex
Fluvanna County

Goochland
Hanover County
Henrico County
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King and Queen
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Lunenburg County
Middlesex County
New Kent
Northumberland County
Nottoway County
Petersburg
Powhatan County
Prince Edward County
Richmond City
Richmond County
Westmoreland
Albemarle County
Alleghany-Covington
Amherst
Appomattox

Bath County
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Botetourt County
Campbell County
Charlotte County
Charlottesville
Craig County
Danville
Franklin County
Halifax County
Henry-Martinsville
Highland County
Lynchburg
Mecklenburg County
Nelson County
Pittsylvania County
Roanoke City
Roanoke County
Rockbridge-Buena Vista-Lexington
Shenandoah Valley (Staunton-Augusta)
Shenandoah Valley (Waynesboro)
Bland County

Bristol City
Buchanan County
Carroll County
Dickenson County
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Grayson County
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Montgomery County
Norton City
Patrick County
Pulaski County
Radford City
Russell County
Scott County
Smyth County
Tazewell County
Washington County
Wise County
Wythe County
Peninsula

Hampton Roads
Peninsula
Tidewater
Essex, Gloucester, King & Queen, King ~~William, Lancaster, Mathews, Middlesex~~ Hampton Roads
Peninsula
Hampton Roads
Peninsula
Hampton Roads
Virginia Beach
Eastern Shore
Peninsula
Hampton Roads
Hampton Roads
Gloucester
Statewide
Peninsula

Middlesex County
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Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Virginia Beach
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Norfolk
Eastern Shore
Chesapeake
Franklin and Suffolk
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Hampton Roads
Hampton Roads
Virginia Beach

Virginia Beach
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Peninsula
Peninsula
Peninsula
Peninsula
Chesapeake
Peninsula
Portsmouth
Virginia and North Carolina
Norfolk
Chesapeake
Portsmouth
Peninsula
Southside

Hampton Roads
James City, Poquoson, Williamsburg, or York
Peninsula
Norfolk
Peninsula
Charlottesville
Lynchburg
North Richmond
South Richmond
Midlothian
Fredericksburg

Leesburg
Manassas
Culpeper
Tappahannock
Winchester & Woodbridge
Staunton/ Waynesboro
Harrisonburg
Roanoke
Rockbridge
Norfolk
Peninsula
Peninsula

Peninsula
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Virginia Beach
Elizabeth City, Hertford, Edenton, Bertie, Gates, and Currituck Areas
Eastern Shore
Eastern Shore
Eastern Shore
Virginia Beach
Norfolk
Portsmouth
Virginia Beach
Norfolk
Virginia Beach

Hampton Roads
Peninsula
Peninsula
Chesapeake
Hampton,Newport News,Isle of Wight,Chesapeake, Portsmouth,Suffolk,Norfolk and Virginia Beach
Norfolk
Chesapeake
Gloucester
Hampton
Norfolk / Virginia Beach
Williamsburg
Yorktown / Newport News

Peninsula
Norfolk
Portsmouth
Norfolk
Nationwide
Virginia Beach
Norfolk
Peninsula
Chesapeake
Southside and Peninsula
Southside

Arlington, Ashburn-Ashbrook Pl, Chesapeake Belaire Ave, Chesapeake, Greenbrier Circle, Gainesville,Glen Allen Nuckols Road,Glen Allen Hickory Park Drive,.Lansdowne,Leesburg, McLean,Mechanicsville, Midlothian, Newport News, Purcellville, Reston, ~~Richmond, Midlothian, Richmond~~
Northern and Central Virginia
Williamsburg
Hampton Roads
Hampton Roads
Essex,Gloucester,King & Queen, King William,Lancaster,Mathews,Middlesex and Northumberland.
Essex,Gloucester,King & Queen, King William,Lancaster,Mathews,Middlesex and Northumberland.
Chesapeake
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Peninsula
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Norfolk

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Virginia Beach
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Gloucester
Portsmouth
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Eastern Shore
Hampton Roads
Chesapeake
Franklin and Suffolk
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Hampton Roads
Franklin and Suffolk

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Southside and Peninsula
Southside and Peninsula
Southside and Peninsula
Peninsula
Hampton Newport News
Nationwide
Northern Virginia
Staunton
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Virginia Beach
Virginia Beach
Gloucester and Newport News
North & South Carolina Counties

North & South Carolina Counties
Chesapeake
Norfolk
Virginia Beach
Virginia Beach
Williamsburg
Virginia Beach and Chesapeake
Virginia Beach
Peninsula Peninsula
Franklin, Suffolk, Isle of Wight and ~~Southampton~~
Franklin, Suffolk, Isle of Wight and ~~Southampton~~
Franklin, Suffolk, Isle of Wight and Southampton
Franklin, Suffolk, Isle of Wight and Southampton

Peninsula
Franklin and Suffolk
Virginia Beach
Allegheny Highlands CSB: Alleghany, Covington, Clifton Forge City Harrisonburg-Rockingham CSB: Harrisonburg, Bergton, Bridgewater, Broadway, Dayton, Elkton, Grottoes, Keezletown, Massanutten, McGaheysville, Mt. Crawford, Mt. Solon, Penn Laird, Port Republic, ~~Rockingham, Timberville Region 10~~
Alexandria CSB: City of Alexandria Fairfax Falls Church CSB: Annandale, Burke, Centreville, Clifton, Fairfax City, Fairfax , Fairfax Station, Falls Church, Great Falls, Herndon, ~~Springfield, Vienna Loudoun CSB~~
Blue Ridge BH: Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, ~~Bent Mountain, Roanoke, Vinton~~
Richmond BHA: Richmond City Chesterfield CSB: Chester, Chesterfield , Ettrick, Matoaca, Midlothian, Mosely District 19 CSB: Hopewell, Dinwiddie, McKenney, Emporia, Greensville, Skippers, Disputanta, Fort Lee, Prince George, ~~Claremont, Spring Grove, Surry,~~
Middle Peninsula Northern Neck CSB: Wake, Saluda, Essex , Tappahannock, Dutton, Gloucester, Gloucester Point, Hayes, King and Queen, Aylett, King William, West Point, Irvington, Weems, White Stone, Burkeville, Church View, Cobbs Creek, Deltaville, Grimstead, Gwynn's Island, Hallieford, Hardyville, Hartfield,
Eastern Shore

Chesapeake
Franklin, Suffolk, Isle of Wight and Southampton
Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex Northumberland, Richmond and Westmoreland.
Hampton
Williamsburg, Poquoson, James City County and York
Norfolk
Portsmouth
Franklin, Suffolk, Isle of Wight and Southampton
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Virginia Beach
Williamsburg, Poquoson, James City County and York
Counties of Accomack and Northampton
Chesapeake, Gloucester, Hampton, Isle Of Wight, James City County, Mathews, Newport News, Norfolk,
Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex Northumberland, Richmond and
Counties of James City and York and Cities of Poquoson and Williamsburg
Cities of Hampton and Newport News

Norfolk
City of Portsmouth
Counties of Dinwiddie, Greenville, Prince George, Surry, and Sussex and Cities of Colonial Heights,
City of Virginia Beach
Cities of Franklin and Suffolk and Counties of Isle of Wight and Southampton
Eastern Shore
Hampton-Newport News
Hampton-Newport News
Norfolk
Norfolk
Portsmouth
Franklin, Suffolk, Isle of Wight and Southampton
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Virginia Beach
National
Virginia and North Carolina

Hampton Roads
Peninsula
Charlottesville
Lynchburg
North Richmond
South Richmond
Midlothian
Fredericksburg
Leesburg
Manassas
Culpeper
Tappahannock

Winchester & Woodbridge
Staunton / Waynesboro
Harrisonburg
Roanoke
Rockbridge
Peninsula
Hampton Roads
National
National
Tidewater
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Peninsula

National
Virginia Beach
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Peninsula
Chesapeake
Norfolk
Peninsula
Charlottesville
Lynchburg
North Richmond
South Richmond
Midlothian
Fredericksburg
Leesburg
Manassas
Culpeper

Tappahannock
Winchester & Woodbridge
Staunton/ Waynesboro
Harrisonburg
Roanoke
Rockbridge
Elizabeth City, Hertford, Edenton, Bertie, Gates, and Currituck Areas
Eastern Shore
Peninsula
Chesapeake
Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex Northumberland, Richmond and
Norfolk

Chesapeake
Gloucester
Peninsula
Eastern Shore
Norfolk
Peninsula
Virginia Beach
Virginia Beach
Virginia Beach
Portsmouth
Eastern Shore
Virginia Beach
Hampton Roads
Virginia Beach
Hampton Roads
Norfolk and Virginia Beach

Norfolk and Virginia Beach
Peninsula
Norfolk
Virginia Beach
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Virginia Beach
Williamsburg
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Williamsburg
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Norfolk
Peninsula
Virginia Beach
Hampton Roads
Peninsula
National
Chesapeake
James City County, Williamsburg, Poquoson and York.
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George, Eastern Shore
Hampton/Newport News
Hampton/Newport News
Norfolk
Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex Northumberland, Richmond and Westmoreland.
Portsmouth
Franklin, Suffolk, Isle of Wight and Southampton
Virginia Beach
Hampton Roads

Chesapeake
Southside
Peninsula
Hampton Roads
Hampton Roads
Eastern Shore
Franklin City and Southampton County
Hampton Roads
Norfolk and Virginia Beach
Williamsburg Counties: James City, York
Portsmouth, Suffolk, Chesapeake
Petersburg, Colonial Heights, Hopewell Counties: Dinwiddie, Surry, Sussex, Brunswick, Greenville/Emporia, Prince George

Virginia Beach
Elizabeth City, Hertford, Edenton, Bertie, Gates, and Currituck Areas
Chesapeake
Hampton-Newport News
Hampton Roads
Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex Northumberland, Richmond and Westmoreland.
Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex Northumberland, Richmond and Westmoreland.
Portsmouth
Peninsula
Peninsula
Gloucester
Newport News
Peninsula

Ashland
Eastern Shore
Eastern Shore
Woodbridge
Norfolk
Peninsula
Peninsula
Norfolk
Eastern Shore
Southside
Norfolk
Peninsula

Charlottesville
Lynchburg
North Richmond
South Richmond
Midlothian
Fredericksburg
Leesburg
Manassas
Culpeper
Tappahannock

Winchester &Woodbridge
Staunton//Waynesboro
Harrisonburg
Roanoke
Rockbridge
Norfolk
Virginia Beach
Virginia Beach
Norfolk
Elizabeth City, Hertford, Edenton, Bertie, Gates, and Currituck Areas
Portsmouth
Peninsula
Hampton
Eastern Shore

Southside and Peninsula
Newport News
Williamsburg
Southside
Chesapeake
Southside and Peninsula
Norfolk
Hampton
Hampton Roads
Hampton-Newport News
Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond and Westmoreland.
Eastern Shore
Virginia Beach
Virginia Beach
Hampton-Newport News
Norfolk

Portsmouth
Peninsula
Hampton
Portsmouth
North & South Carolina Counties
Virginia Beach
Virginia Beach
Richmond
Virginia Beach
Hampton/Newport News
Statewide
National
Hampton Roads
Eastern Shore
Chesapeake
Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Norfolk, Northampton, Prince George's, Stafford, Sussex, and Talbot Counties
Hampton/Newport News
Suffolk, Franklin and the Counties of Isle of Wight and Southampton.
James City County, the City of Poquoson, the City of Williamsburg and York County.
Norfolk
Portsmouth

Counties of Dinwiddie, Greensville, Prince George, Surry, and Sussex and Cities of Colonial Heights, Emporia, Hopewell, and Petersburg Virginia Beach
Accomack
Chesapeake
Franklin
Gloucester
Hampton
Isle of Wight
James City County
Mathews and Middlesex
Newport News
Norfolk
Northampton
Poquoson/York
Portsmouth
Southampton
Sussex

Suffolk
Surry
Virginia Beach
Williamsburg
York/Poquoson
Alexandria
Arlington
Clarke
Culpeper
Fairfax
Fauquier
Frederick
Fredericksburg
Greene
Harrisonburg
King George
Loudoun

Louisa
Madison
Manassas City
Manassas Park
Orange
Page County
Prince William County
Rappahannock County
Shenandoah County
Spotsylvania
Stafford County
Warren County
Winchester
Amelia
Buckingham County
Caroline
Charles City

Chesterfield
Cumberland
Essex
Fluvanna County
Goochland
Hanover County
Henrico County
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King and Queen
King William
Lancaster County
Lunenburg County
Middlesex County
New Kent
Northumberland County
Nottoway County
Petersburg

Powhatan County
Prince Edward County
Richmond City
Richmond County
Westmoreland
Albemarle County
Alleghany-Covington
Amherst
Appomattox
Bath County
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Botetourt County
Campbell County
Charlotte County
Charlottesville
Craig County
Danville

Franklin County
Halifax County
Henry-Martinsville
Highland County
Lynchburg
Mecklenburg County
Nelson County
Pittsylvania County
Roanoke City
Roanoke County
Rockbridge-Buena Vista-Lexington
Shenandoah Valley (Staunton-Augusta)
Shenandoah Valley (Waynesboro)
Bland County
Bristol City
Buchanan County
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Lee County
Montgomery County
Norton City
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Pulaski County
Radford City
Russell County
Scott County
Smyth County
Tazewell County
Washington County
Wise County

Wythe County
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James City County
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Newport News
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Portsmouth
Southampton
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Surry
Virginia Beach
Williamsburg
York/Poquoson
Alexandria
Arlington
Clarke
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Fairfax
Fauquier
Frederick
Fredericksburg
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Harrisonburg
King George
Loudoun
Louisa
Madison
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Manassas Park
Orange
Page County
Prince William County
Rappahannock County

Shenandoah County
Spotsylvania
Stafford County
Warren County
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Buckingham County
Caroline
Charles City
Chesterfield
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Essex
Fluvanna County
Goochland
Hanover County
Henrico County
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Lunenburg County
Middlesex County
New Kent
Northumberland County

Nottoway County
Petersburg
Powhatan County
Prince Edward County
Richmond City
Richmond County
Westmoreland
Albemarle County
Alleghany-Covington
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Botetourt County
Campbell County
Charlotte County
Charlottesville
Craig County
Danville
Franklin County
Halifax County
Henry-Martinsville
Highland County
Lynchburg

Mecklenburg County
Nelson County
Pittsylvania County
Roanoke City
Roanoke County
Rockbridge-Buena Vista-Lexington
Shenandoah Valley (Staunton-Augusta)
Shenandoah Valley (Waynesboro)
Bland County
Bristol City
Buchanan County
Carroll County
Dickenson County
Floyd County
Galax City
Giles County
Grayson County
Lee County
Montgomery County
Norton City
Patrick County
Pulaski County
Radford City

Russell County
Scott County
Smyth County
Tazewell County
Washington County
Wise County
Wythe County
Hampton Roads
Petersburg
Richmond
Virginia Beach
Eastern Shore
Virginia Beach
Hampton-Newport News
Virginia Beach
Suffolk
North Carolina
Virginia Beach
Southside

Chesapeake,Hampton,Newport News and Virginia Beach
Hampton Roads
Hampton Roads
Eastern Shore
Hampton Roads
Virginia Beach
Newport News
Hampton-Newport News
Hampton-Newport News
Peninsula
Peninsula
Norfolk
Norfolk and Virginia Beach
Norfolk and Virginia Beach

Norfolk
Williamsburg
Virginia Beach
Virginia Beach
Virginia Beach
Suffolk
Richmond
Charlottesville
Richmond
Virginia
Franklin, Suffolk, Isle of Wight and Southampton
Peninsula
Hampton

Southside and Peninsula
Norfolk
Nationwide
Virginia Beach
Norfolk
Norfolk
Hampton Roads
Hampton Roads
Hampton Roads
Nationwide
Eastern Shore
Norfolk
Peninsula
Charlottesville
Lynchburg
North Richmond

South Richmond
Midlothian
Fredericksburg
Leesburg
Manassas
Culpeper
Tappahannock
Winchester & Woodbridge
Staunton/Waynesboro
Harrisonburg
Roanoke
Rockbridge
Southside
Newport News
Southside

Hampton Roads
Norfolk
Eastern Shore
Hampton/Newport News
Franklin, Suffolk, Isle of Wight and Southampton
Eastern Shore
Peninsula
Southside and Peninsula
Hampton Roads
Virginia Beach
Chesapeake
Gloucester
Hampton
Norfolk / Virginia Beach
Williamsburg

Yorktown / Newport News
Hampton Roads
Nationwide
Peninsula
Statewide
Statewide
Statewide
Statewide
Statewide
Peninsula
Hampton
Williamsburg,Poquoson,James City County and York

Eastern Shore
Peninsula
Chesapeake
Norfolk,Chesapeake,Virginia Beach, Portsmouth and Suffolk
Hampton-Newport News
Hampton
Norfolk
Franklin, Suffolk, Isle of Wight and ~~Southampton~~
Hampton/Newport News
North Carolina
Southwest Virginia
North Carolina
Virginia and North Carolina

North Carolina
North Carolina
Virginia
Beaufort Currituck Lenoir Pitt Bertie Dare Martin Robeson Bladen Duplin Nash Sampson
Fairfax
Fairfax
Hampton/Newport News
North Carolina
Blue Ridge
Loudoun County
Dinwiddie and Prince George Counties
Peninsula
Peninsula
Norfolk
Virginia Beach
North Carolina

North Carolina
Campbell and Bedford Counties
Virginia and North Carolina
Richmond
North Carolina
Nationwide
Nationwide
Birmingham, Alabama;St. Louis, Missouri – Ballwin Area;St. Louis, Missouri – Pacific Area;Monterey, California; Santa Barbara, California and Westlake Village, California.
Virginia Beach
Nationwide
North Carolina
Hampton Roads
Virginia, Maryland and Washington, D.C.
Northern Virginia

Fairfax County
Nationwide
Nationwide
Nationwide
Northern Virginia
Nationwide
Texas, Maryland, Washington, Illinois, Ohio, Colorado, Wisconsin and California, .
Tennessee, Arkansas, Mississippi, Kentucky, Missouri, and Alabama.
Chesapeake
Chesapeake
Gloucester

Hampton
Norfolk / Virginia Beach
Williamsburg
Yorktown / Newport News
Nationwide
Nationwide
Arlington, Ashburn-Ashbrook Pl, Chesapeake Belaire Ave, Chesapeake, Greenbrier Circle, ~~Gainesville Glen Allen Nuckols~~
Nationwide
Arizona, Florida and Minnesota
Nationwide
Nationwide
Newport News, Williamsburg, Hampton, Chesapeake, Virginia Beach, Suffolk, Gloucester and Yorktown.
Herndon
Appleton, WI,Atlanta, GA,Brown Deer, WI,Denver, CO,Hinsdale, IL.Kenosha, WI.Los Angeles, CA.Madison, WI,Miami, FL,Minneapolis, MN,Nashville, TN,Oconomowoc, WI Philadelphia, PA,San Diego, CA.

Nationwide
Nationwide
Maryland
Nationwide
Nationwide
Nationwide
Nationwide
Nationwide
Florida
Pennsylvania
California(Los Angeles),Florida (Orlando.West Palm Beach).Georgia (Atlanta).Illinois(Chicago).Maryland (Baltimore and Bethesda),Massachusetts (Boston),New Jersey (Mount Laurel Paramus),New York (New York City, White Plains),North Carolina (Charlotte).Pennsylvania (Philadelphia- Center City,

Nationwide
Nationwide
North Carolina
Georgia
North Carolina
Richmond
Norfolk
Virginia and North Carolina
Portsmouth
Richmond
Hampton Roads
Essex,Gloucester,King & Queen, King William,Lancaster,Mathews,Middlesex
Dinwiddie and Prince George counties

Hampton-Newport News
Virginia Beach
Virginia Beach
Virginia Beach
North Carolina
Richmond
Chesapeake, Newport News. Norfolk,Portsmouth,Suffolk and ~~Virginia Beach~~
Elizabeth City, Hertford, Edenton, Bertie, Gates, and Currituck Areas
Eastern Shore
Chesapeake and Portsmouth
Hampton-Newport News
Portsmouth
Portsmouth
Hampton Roads
Hampton Roads
Shenandoah Valley.
Chesapeake
Essex,Gloucester,King & Queen, King William,Lancaster,Mathews,Middlesex ~~Northumberland, Richmond and~~ South Carolina
Peninsula
Peninsula
Spotsylvania County

North Carolina
Hampton and Newport News
Hampton Roads
North & South Carolina Counties
Chesapeake
Richmond
Hampton Roads
Hampton Roads, Peninsula & Eastern Shore
Virginia Beach
Chesapeake
Norfolk
Chantilly, VA
Chesapeake
New Castle
Virginia Beach
Statewide
Virginia Beach

Hampton Roads
Appomattox, Virginia
Upstate, NY
Jamesville, VA Easternshore
Virginia Beach
Chesapeake
Virginia Beach
Chesapeake
Virginia Beach
Virginia Beach
Hampton
Chesapeake
James City County

Virginia Beach
North Caroliona
Norfolk
Essex,Gloucester,King and Queen,King William,Lancaster,Mathews
Troy, VA
Portsmouth
Jamesville,VA
Essex,Gloucester,King & Queen, King William,Lancaster,Mathews,Middlesex Northumberland, Richmond and Westmoreland.
Virginia Beach

Virginia Beach
Chesterfield
Hampton Roads
Norfolk
Norfolk
Randleman, NC
Hampton Roads
Yorktown
Virginia Beach
Nationwide
Chesapeake
Norfolk
Norfolk
Eastern Shore
Chesapeake

Suffolk, Isle of Wight, Boykins, Capron, Courtland, Drewryville, Franklin City, Ivor, Sedley,
Wake, Saluda, Essex County, Tappahannock, Dutton, Gloucester, Gloucester Point, Hayes, King and Hampton and Newport News
Suffolk, Isle of Wight, Boykins, Capron, Courtland, Drewryville, Franklin City, Ivor, Sedley,
James City, Jamestown, Toano, Poquoson, Williamsburg, Grafton, York, Yorktown
Wake, Saluda, Essex County, Tappahannock, Dutton, Gloucester, Gloucester Point, Hayes, King and
Wake, Saluda, Essex County, Tappahannock, Dutton, Gloucester, Gloucester Point, Hayes, King and Hampton and Newport News
Norfolk
Eastern Shore
James City, Jamestown, Toano, Poquoson, Williamsburg, Grafton, York, Yorktown
Portsmouth
Suffolk, Isle of Wight, Boykins, Capron, Courtland, Drewryville, Franklin City, Ivor, Sedley,
Hopewell, Dinwiddie, McKenney, Emporia, Greensville, Skippers, Disputanta, Fort Lee, Prince George,
Suffolk, Isle of Wight, Boykins, Capron, Courtland, Drewryville, Franklin City, Ivor, Sedley,
Hopewell, Dinwiddie, McKenney, Emporia, Greensville, Skippers, Disputanta, Fort Lee, Prince George,
Virginia Beach
James City, Jamestown, Toano, Poquoson, Williamsburg, Grafton, York, Yorktown
James City, Jamestown, Toano, Poquoson, Williamsburg, Grafton, ~~York, Yorktown~~
Hampton Roads
Yorktown

Hampton Roads
Chesapeake
Gloucester
Hampton
Isle of Wight
James City
Mathews /Middlesex County
Newport News
Norfolk
Poquoson
Portsmouth
Suffolk
Surry/Sussex County
Virginia Beach
Williamsburg
Windsor
York-Poquoson County
Norfolk
Southside
Peninsula
Norfolk

Chesapeake
Statewide
Peninsula
Peninsula
Portsmouth
Virginia Beach
Virginia Beach
Virginia Beach
Peninsula
Hampton
Virginia Beach
Chesapeake
Chesapeake
Peninsula
Peninsula
Chesapeake
Portsmouth
Virginia Beach

Peninsula
James City, Poquoson, Williamsburg, or York
Peninsula
Chesapeake
Franklin and Suffolk
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Elizabeth City, Hertford, Edenton, Bertie, Gates, and Currituck Areas
Eastern Shore
Eastern Shore
Portsmouth
Norfolk
Norfolk
Hampton Roads
Hampton Roads
Portsmouth
Eastern Shore
Southside and Peninsula

Chesapeake
Chesapeake
Hampton,Newport News,Isle of Wight,Chesapeake, Portsmouth,Suffolk,Norfolk and Virginia Beach
Virginia Beach
Chesapeake
Gloucester
Hampton
Norfolk / Virginia Beach
Williamsburg
Yorktown / Newport News
Hampton Roads
Hampton Roads
Peninsula
Norfolk

Portsmouth
Virginia Beach
North Carolina
Norfolk
Hampton Roads
Alexander, Alleghany, Ashe, Avery, Burke, Buncombe, Cabarrus, <u>Caldwell, Catawba, Cherokee, Clay,</u> Chesapeake
Peninsula
Portsmouth
Peninsula
Essex,Gloucester,King & Queen, King William,Lancaster,Mathews,Middlesex <u>and Northumberland.</u>
Essex,Gloucester,King & Queen, King William,Lancaster,Mathews,Middlesex <u>and Northumberland.</u>
National
National
Southside and Peninsula
Portsmouth
Chesapeake
Chesapeake

Chesapeake
Southside and Peninsula
Norfolk
Norfolk
Norfolk
Norfolk
Norfolk
Hampton
Williamsburg and Jamestown
Norfolk
Portsmouth
Virginia Beach
Peninsula
Dinwiddie and Prince George Counties
Portsmouth
Portsmouth
Peninsula
Southside
Peninsula
Alamance, Anson, Caswell, Chatham, Durham, Davie, Forsyth, Franklin, Granville, Guilford, Halifax, Harnett, Hoke, Lee, Montgomery, Norfolk

Virginia Beach
Shenandoah Valley
Chesapeake, Newport News, Suffolk, Virginia Beach and Richmond
Peninsula
Franklin and Suffolk
Virginia Beach
Norfolk
Peninsula
Peninsula
Hampton Roads
Hampton Roads
Peninsula
Portsmouth
Southampton, Franklin and Suffolk
Williamsburg and Warrenton
Williamsburg and Warrenton
Williamsburg

Peninsula
Peninsula and Warrenton
Peninsula and Warrenton
Southside, Peninsula and Richmond
Chesapeake
Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and Southampton
Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, Virginia Beach and the Counties of Isle of Wight and Southampton
City of Franklin and Southampton County
National
Hampton Roads
Peninsula
Peninsula
Norfolk
Hampton Roads
Hampton Roads
Hampton Roads
National

[illegible]

Newport News
Tidewater
Virginia Beach
Hampton Roads
Virginia Beach
Virginia Beach
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads and Peninsula
Virginia Beach
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Norfolk
Norfolk
Norfolk and Virginia Beach
Suffolk
Peninsula
Chesapeake

Norfolk/Virginia Beach
Chesapeake
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Portsmouth
Hampton Roads
Newport News
Williamsburg
Peninsula
Norfolk
Hampton Roads
Peninsula
Tidewater
Virginia Beach
California, Massachusetts, New
Peninsula
Norfolk
Norfolk
Virginia Beach
Virginia Beach
Virginia Beach
Peninsula
Eastern Shore
Eastern Shore
Virginia Beach
Virginia Beach
Central Virginia
Fredericksburg ,VA

Frederick County
Fairfax County
Shenandoah Valley
Virginia Beach
Nationwide
Middlesex County
Nationwide
Eastern Shore
National
Virginia Beach
Virginia Beach
Hampton Roads
Virginia Beach
Newport News
Nationwide
Norfolk
Norfolk
Virginia Beach
Peninsula
Williamsburg
Statewide
Statewide
Statewide
Statewide
Statewide
Statewide
Norfolk
Virginia Beach
Peninsula

[illegible]

Peninsula
Chesapeake
Virginia
Maryland
Maryland
Delaware
North Carolina
North Carolina
Ohio
Nationwide
Williamsburg
Hampton Roads
Virginia Beach
Hampton Roads
Virginia Beach
Williamsburg
Williamsburg
Warrenton
Warrenton
Williamsburg
Williamsburg
Williamsburg
Peninsula
Peninsula
Virginia Beach

Nationwide
Williamsburg
Hampton Roads
Virginia Beach
Tidewater
Norfolk
Warrenton
Virginia Beach
Hampton Roads
Chesapeake
Virginia Beach
Virginia Beach
Virginia Beach

Virginia and North Carolina
Hampton Roads
Chesapeake
Richmond
Portsmouth
Norfolk
Virginia Beach
Chesapeake
Norfolk
Virginia Beach
Hampton Roads
Chesapeake
Hampton,Newport News,Isle of Wight,Chesapeake, Portsmouth,Suffolk,Norfolk and Virginia Beach
Chesapeake
Gloucester

Hampton
Norfolk / Virginia Beach
Williamsburg
Yorktown / Newport News
Peninsula
Southside
Williamsburg
Williamsburg
Norfolk
Virginia
Arlington, Ashburn-Ashbrook Pl, Chesapeake Belaire Ave, Chesapeake, Greenbrier Circle, Gainesville,Glen Allen Nuckols Road,Glen Allen Hickory Park Drive,.Lansdowne,Leesburg, McLean,Mechanicsville, Midlothian, Newport News, Purcellville, Reston, Richmond Midlothian,Richmond- Forest Ave, Sterling, Suffolk, Vienna ,Virginia Beach and Williamsburg.
Hampton Roads

Norfolk
Peninsula
Peninsula
Hampton Roads
Norfolk
Virginia Beach
Hampton Roads
Richmond
Buckingham, Fluvanna, Greene, Louisa, Madison, Nelson, Orange,
Hampton Roads
Elizabeth City, Hertford, Edenton, Bertie, Gates, and Currituck Areas
Northern Virginia, Richmond, Roanoke and Tidewater.

Norfolk
Hampton Roads
Chesapeake, Franklin, Hampton, Isle of Wight County, James City County, Newport News, Norfolk, Lynchburg, Richmond and Virginia Beach
Norfolk, Portsmouth, Suffolk, Virginia Beach.
North & South Carolina Counties
Tidewater
Chesapeake City, Hampton City, ~~Newport News City~~ , Norfolk City
Statewide
Statewide
Eastern Shore
Eastern Shore
Franklin City and Southampton County
Hampton Roads
Norfolk and Virginia Beach
Williamsburg Counties: James City, York

Statewide
Statewide
Statewide
Statewide
Portsmouth, Suffolk, Chesapeake
Portsmouth
Portsmouth
Eastern Shore
Eastern Shore
Eastern Shore
Eastern Shore
Chesapeake
Chesapeake
Chesapeake
Chesapeake
Suffolk, Franklin and the Counties of Isle of Wight and Southampton.

Franklin
Franklin
Franklin
Suffolk and Southampton.
Suffolk and Southampton.
Suffolk and Southampton.
Gloucester
Gloucester, Mathews Middlesex
Gloucester, Mathews Middlesex
Gloucester, Mathews Middlesex
Mathews
Hampton and Newport News
Hampton and Newport News
Hampton and Newport News
Hampton and Newport News
Isle of Wight
Isle of Wight
Isle of Wight
James City County, the City of Poquoson, the City of Williamsburg
James City County, the City of Poquoson, the City of Williamsburg
James City County, the City of Poquoson, the City of Williamsburg

James City County, the City of Poguoson, the City of Williamsburg
Isle of Wight
Isle of Wight
Isle of Wight
Norfolk
Norfolk
Norfolk
Norfolk
Portsmouth
Portsmouth
Portsmouth
Portsmouth
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,

Petersburg, Colonial Heights, Dinwiddie, Surry, Sussex, Greenville, Emporia, Hopewell, Prince George,
Virginia Beach
Virginia Beach
Virginia Beach
Virginia Beach

SERVICES	AGENCY NAME/ADDRESS	PHONE/FAX/WEBSITE
CARE COORDINATION		
Care Connection for Children (rev.02/16/23)	Blue Ridge 853 West Main Street, Room 104 University of Virginia Health System	Blue Ridge Ph:434-924- 0222 Toll Free: 1-866-596-9367 Central Virginia Ph:804-827-1795 Toll Free: 1-866-727-5065 Hampton
Unite Virginia-Unite Us (Rev.12/14/21)	Unite Virginia	Website:https://virginia.uniteus.com/
DME/POST ACUTE CARE		
ABC, an Apria Company (Rev. 06/14/22)	ABC, an Apria Company	Main Ph: 866-363-3678 – enter zip code to transfer to correct branch Main Fax: 757-826-9269 Tiffany Intake: 757-512-5308
ABC Medical Uniform Express	605 W. Ehringhaus Street Elizabeth City, NC 27909	Ph: 252-331-2224 Fax: 252-331-2843
Adler Therapy Group-Augmentative Communication / Assistive Technology Clinic (Rev.10/10/24)	Virginia Beach Newttown Office 5604 Virginia Beach Blvd., Bldg. A, Suite 101 Virginia Beach, VA 23462	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygroup.com Website:https://adlertherapygroup.co
Adler Therapy Group-Wheelchair Seating and Mobility Clinic (Rev.10/10/24)	Virginia Beach Newttown Office 5604 Virginia Beach Blvd., Bldg. A, Suite 101 Virginia Beach, VA 23462	Ph:757-455-5000 Fax:757-319-4142 Email:info@adlertherapygroup.com Website:https://adlertherapygroup.co
Advocate Medical Services, Inc.	Advocate Medical Services, Inc.	Toll Free:1-877-968-7267 Website:www.advocatemed.com
AdaptHealth (Rev.02/16/23)	AdaptHealth	Ph:844-679-1564 Website:https://adapthealth.com
Aeroflow Urology (Rev.01/25/22)	65 Beale Road Arden. NC 28704	Ph:844-276-5588 Fax:800-831-2454 Website:https://aeroflowurology.com
America's Health Care at Home, Inc. (Rev.09/28/21)	1510 Caton Center Drive Suite R Baltimore, MD 21227	Ph:410- 737-9200 or 800- 545-6026 Fax:800- 545-6071 Email: info@ahcah.com Website: https://www.ahcah.com
APRIA Healthcare	1824 Progress Road Greenville, NC 27834	Ph: 252-757-1727 or 1- 800-423-1067 Fax: 252-758-0442
APRIA Healthcare (Rev.08/21/23)	Chesapeake Location 818 Professional Place W Chesapeake, VA 23320 Hampton Location: 28 Research DR STE A Hampton, VA 23666 Norfolk Location 2730 Williamsburg Location:	Ph:804- 553-4964 Website:Website: http://www.apria.com Chesapeake Location: Ph:757- 852-3929 Hampton Location: Ph:757- 262- 3364 Norfolk Location: Ph:757-852-3929 Williamsburg Location: Ph:757-399-8698

APRIA Healthcare (Rev.08/21/23)	Chesterfield Location: 7439 Whitepine Rd North Chesterfield, VA 23237 Richmond Location: 2808 E Parham Rd, Richmond, VA 23228 OR 3601 Saunders Ave Richmond, VA 23227 Fredericksburg Location: 1320 Central Park Blvd Ste 200, Fredericksburg, VA 22401 Fairfax	Chesterfield Location Ph:804- 946-1955 Richmond Location Ph: 804- 553- 4964 Fredericksburg Location Ph:540- 693-0331 Fairfax Location Ph: 703- 642-3141 Albemarle Location Ph: 434- 296-6061 Roanoke Location Ph:540- 772-0411
APRIA Healthcare (Rev.08/23/23)	Salisbury Location: 70 Industrial Park Dr, Waldorf, MD 20602 Linthicum Location: 701 Digital Dr Ste A-C, Linthicum Heights, MD 21090 Hagerstown Location:	Salisbury Location: Ph: 301- 374-9602 Linthicum Location: Ph: 443-792-4496 Hagerstown Location: Ph: 301- 791-5500 Wisconsin Location:
Amramp (Rev.06/06/23)	Central Virginia	Ph:888--715-7598 Website: https://amramp.com
Amramp (Rev.06/06/23)	Hampton Roads	Ph:888--715-7598 Website: https://amramp.com
Amramp (Rev.06/06/23)	Northern Virginia/DC	Ph:888--715-7598 Website: https://amramp.com
Beach Orthotics (Rev.08/21/23)	6325 N Center Dr #229 Norfolk, VA 23502	Ph:757- 470-5547 Website: www.beachorthotics.com
BYRAM Healthcare Centers, Inc.	120 Bloomingdale Road, Suite 301 White Plains, NY 10605-9942	Ph: 800-234-1779 Fax : 800-574-9536 Website: www.byramhealthcare.com
Comfort Medical (Rev.09/30/23)	Comfort Medical	Ph:1-844-700-7013 Fax:800-945-4093. Email: enroll@comfortmedical.com Website: https://www.comfortmedical.com
Cranial Technologies (Rev.09/23/24)	6161 Kempsville Cir Ste. 300, Norfolk, VA 23502	Ph: 757- 461-3539 Fax: 844- 447-5895 Website: https://www.cranialtech.com/clinics/norfolk-clinic

EDGE PARK (Rev.06/13/23)	1810 Summit Commerce Park Twinsburg, OH 44087	Ph:800-321-0591 425-4355	Fax:330-425-4355
EDGE PARK-Ostomy Territory Sales Representative (Rev.06/13/23)	1810 Summit Commerce Park Twinsburg, OH 44087	Contact: Rachel Ducay Territory Sales Representative Ostomy & Urology Virginia, Maryland & Washington D.C. Ph:800.321-0591 x 8419 Ostomy Support: 844-675-0527 Urology Support ph: 866-528-2142 Customer Care: 800-321-0591	
Family Medical Supply Inc (Rev.08/23/23)	124 Robert Hall Boulevard Suite 105 Chesapeake, VA 23324	Ph:757-452-4444 9809 Website:https://family-medical-supply	Fax:757-410-9809
FIRST CHOICE IN-HOME CARE, Inc. (AEROCARE)	1501 Crossways Blvd Suite A-C Chesapeake, VA 23320	Ph: 757-496-2030 Fax: 757-496-0604	
Foot Solutions (Rev.08/23/23)	105 Coastal Ln, Chesapeake, VA 23320	Ph: 757- 549-3668 Website:https://footsolutions.com	
HEALTHFIT (Rev.08/21/23)	6409 Duquesne PIVirginia Beach, VA 23464	Ph:804- 585-6723	
HOME CARE DELIVERED, INC	4144 A Inns Lake Drive	Toll Free: 1-800-565-5644 Fax: 800-565-4411	
Medi-Rents & Sales (Rev.06/17/24)	Medi-Rents & Sales	Ph:800-540-7252 Rep:Brian Luu Ph:804-877-6938 Fax:844-825-3613 Email:b.luu@medirents.net Website:https://www.medirents.net	Virginia
Medical Equipment Distributors (Rev.10/20/21)	Chesapeake Location: 1220 Executive Blvd Suite 113 Chesapeake, VA 23320 Newport News Location: 1220 E. Park Drive Newport News, VA 23602		804
NATIONAL REHAB.EQUIPMENT, INC.	Airside Business Park 540 Lindbergh Drive Moon Township, PA 15108	Toll Free: 1-800-451-6510 Fax: 1-800-749-0711	
National Seating & Mobility (Rev.10/22/19)	National Seating & Mobility 3347 Enterprise Rd Norfolk, VA 23502	Ph:757- 466-1553 Fax: 757- 455-8536 Free: :877- 326-0972 Website: http://www.rehabhealthcare.com/ Email:admin@rehabhealthcare.com	Toll
180 MEDICAL (Rev.06/09/20)	8516 NW Expressway Oklahoma City, OK	Tollfree:877-688-2729 Fax 888-718-0633 Website:https://www.180medical.com/	

Quality Dme Inc (Rev.06/10/24)	8530 Cinder Bed Road, Suite 2300, Lorton VA 22079 OR 208 Ash Ave Ste 103, Virginia Beach, VA 23452	Ph:888- 276-3237 Local: 703-288-9131 Fax: 703-288-4388 Email:ContactUs@qualitydme.com Website:https://qualitydme.com
RIVERSIDE HOME MEDICAL EQUIPMENT	848 J Clyde Morris Blvd. Newport News, VA 23601	Ph Number: 757- 534-6300 Central Intake 757-594-5600 Fax Number: (757) 594-5601
RoundTable Health Care (Rev.09/11/24)	4039 Caratoke Highway, Barco,NC 27917	Ph:252-319-3448 Fax:252- 324-5747 Contacts: Joeli Olson Email: jolson@mountaineerhomemedical.co m OR Liz Hedrick Email:lhedrick@roundtablehealthcare .org Website:https://roundtablehealthcare. org
STERLING MEDICAL SERVICES	2 Twosome Drive Moorestown, NJ 08051	Phone Number: 888-202-5700 Fax Number: 888-718-5075
TYCON MEDICAL	801 Orapax Street Norfolk, VA 23507	Ph: 757- 640-1709 Fax: 757- 640-0136 Toll Free: 1-800-411-1739
ENTERAL NUTRITION THERAPY		
Aveanna Healthcare (Rev.02/14/23)	Hampton Location: 2713 Magruder Boulevard, Suite L Hampton, VA 23666 Norfolk Location: 6330 N Center Dr Ste 13, Norfolk, VA 23502 Northern Virginia Location: Ph: 703- 873	Hampton Location: Ph: 757- 490-3223 Fax: 757- 490-2936 Norfolk Location: Ph:757- 461-6310 Fax:757- 644-1670 Northern
Sentara Enteral Services (Rev.01/31/23)	535 Independence Pkwy Ste 200 Chesapeake, VA 23320	Ph:757-553-3290 Fax:757-579-8638 Website:https://www.sentara.com
Bioscript an Option Care Company (Rev.02/01/23)	5365 Robin Hood Road Suite 20 Norfolk, VA 23513	Ph: 757-855-4255 Toll Free: 800-745-7764 Fax: 757-855-7799 Website:https://optioncarehealth.com/ bioscrip
Coram CVS Enteral Nutrition Services (Rev.02/14/23)	Coram CVS Specialty Infusion Services 2211 Sanders Road NBT-6 Northbrook, IL 60062	Toll Free: 877-936-6874 Fax: 800-693-7322 Website:https://www.coramhc.com
Lincare Enteral Services-Virginia Beach (Rev.02/01/23)	1429 Crosways Blvd, Suite A Chesapeake, VA 23320	Ph:757-488-2638 Fax:757- 500-2542 Toll Free: 800- 965-2689 Website:http://www.lincare.com/

Lincare Enteral Services-Newport News/Williamsburg (Rev.02/01/23)	709 City Center Blvd,Suite A-107 Newport News, VA 23606	Ph:757-750-3823 500-2657 800- 965-2689 Website:http://www.lincare.com/	Fax:757- Toll Free:
Lincare Enteral Services-Elizabeth City, NC (Rev.02/01/23)	1910 Weeksville Road, Suites 106 & 107 Elizabeth City, NC 27909	Ph:252-335-7814 347-0472 800- 965-2689 Website:http://www.lincare.com/	Fax:252- Toll Free:
Lincare Enteral Services-Richmond (Rev.02/14/23)	2801 Ackley Ave, Richmond, VA 23228 - 2147	Ph:804-355-2323 359-3142 800- 965-2689 Website:http://www.lincare.com/	Fax:804- Toll Free: 800-
Sentara Enteral Services (Rev.01/31/23)	535 Independence Pkwy Ste 200 Chesapeake, VA 23320	Ph:757-553-3290 Fax:757-579-8638	
HOME INFUSION			
American Home Patient (Rev.04/10/20)	215 Milford Street Salisbury, MD 21801	Ph: 800-337-3711 Fax: 410-543-1055	
Apple Infusion , Inc. (Rev.04/10/20)	404-B N. Fruitland Blvd. Salisbury, MD 21801	Ph:410-860-1669 Toll Free:877-860-1669	
APRIA (Rev.04/10/20)	40 Sebethe Road Cromwell, CT 06416	Infusion: Ph: 877-936-6874 Fax: 866-712-4406	
Bioscript an Option Care Company (Rev.04/10/20)	5365 Robin Hood Road Suite 20 Norfolk, VA 23513	Ph: 757-855-4255 Toll Free: 800-745-7764 Fax: 757-855-7799	
Home IV Care and Nutritional Service (Rev.04/10/20)	Home IV Care and Nutritional Service	Ph:800- 552-6576 Fax: 800- 277-7455	
KabaFusion – Chesapeake (Rev.01/31/23)	816 Greenbrier Cir Suite E, Chesapeake, VA 23320	Ph:800-640-2022 424-5871 Website:https://www.kabafusion.com	Fax:757-
LINCARE Infusion Services (Rev.04/10/20)	816 Greenbrier Circle Suite E Chesapeake, VA 23320	Ph: 757-424-4822 Fax:757-424-5871	
Riverside Pharmacy Home Infusion Services (Rev.04/10/20)	848 J Clyde Morris Boulevard Newport News, VA 23601	Toll Free: (877) IVPHARM 487-4276)or Ph:757- 534-6316 Central Intake	(877)
Sentara Home Care Services (Rev.04/10/20)	Peninsula 2713 Magruder Blvd. Suite G Hampton, VA 23666-1572 Southside 535 Independence Pkwy Suite 200 Chesapeake, VA 23320 Suffolk/Southampton 154 Burnetts Way, Suite 102 Suffolk VA 23434	Ph:757-553-3290 Fax:757-756-5107 Main Referral Intake Line: 757- 553-3000 Peninsula Ph:757-736-3600 Fax: 757-736-3649 Southside Ph:757-553-3000 Fax:757-510-9300	
HOME HEALTH NURSING			
Access Home Care Inc -Private Duty Nursing(Rev.11/10/22)	8850 Richmond Hwy #202, Alexandria, VA 22309	Ph:703- 765-9350 OR 360-5800 Website:https://www.accesshomecare inc.com	703-
Atlantic Homecare (Rev.06/22/20)	Hampton Roads Office 575 Lynnhaven Parkway, Suite 170 Virginia Beach, VA 23452	Hampton Roads Office Ph: 757 227 9079 Fax 757 227 9521	

Aveanna Healthcare (Rev.05/16/23)	6330 N Center Dr Ste 13, Norfolk, VA 23502 Northern Virginia Location: 3554 Chain Bridge Road, Suite 103 Fairfax, VA 22030	Ph:757-461-6310 Fax:757- 644-1670 Northern Virginia Location: Ph: 703- 873-7672 Fax: 757- 401-6185
Best Life Home Health Care (Rev.11/10/22)	3219 Columbia Pike Ste 300b , Arlington, Virginia	Ph:571- 431-6904.
Bioscript an Option Care Company (Rev.02/01/23)	2700 Breezewood Avenue Fayetteville, NC 28303	Ph: 910- 483-2155 or Toll Free: 877- 260-2658 Fax: 910- 483-0881
Capital City Nurses -Alexandria (Rev.11/30/22)	5568 General Washington Drive Suite A-211, Alexandria, VA 22312	Ph:703- 750-3170 Fax: 703- 750-3172 Website: https://www.careadvantageinc.com
Capital City Nurses -Chevy Chase, Maryland (Rev.12/02/22)	8401 Connecticut Avenue, Suite 1030 Chevy Chase, MD 20815	Ph: 866-687-7307 Website: https://capitalcitynurses.com
Capital City Nurses - Columbia, Maryland (Rev.12/12/22)	10440 Little Patuxent Parkway, Suite 300 (Room 10), Columbia, MD 21044	Ph: 410-639-6422 Website: https://capitalcitynurses.com
Capital City Nurses -Sterling (Rev.11/30/22)	20 Pidgeon Hill Drive, Suite 208, Sterling, VA 20165	Ph:703- 539-6029 Fax: 888- 908-4269 Website: https://www.careadvantageinc.com
Capital City Nurses - Washington, D.C (Rev.12/12/22)	4900 Massachusetts Avenue NW, Suite 330, Washington, D.C. 20016	Ph: 202-243-0110 Website: https://capitalcitynurses.com
Care Advantage Inc. Home Health- Abingdon (Rev.11/17/22)	470 E. Main Street Abingdon, VA 24210	Toll Free:877- 801-2664 Ph:276- 258-5035 Fax: 276- 258- 5107
Care Advantage Inc. Home Health- Annandale (Rev.11/29/22)	Annandale	Toll Free:877- 801-2664 Ph:703-649-4271 E-mail:
Care Advantage Inc. Home Health- Brookneal (Rev.11/29/22)	405 E. Rush Street, Suite B Brookneal, VA 24528	Toll Free:877- 801-2664 Ph: 434- 376-8240 E-mail:
Care Advantage Inc. Home Health- Charlottesville (Rev.11/29/22)	674 Hillsdale Drive, Suite 1, Charlottesville, VA 22901	Toll Free:877- 801-2664 Ph: 434- 973-2000 Fax:434- 973-1420

Care Advantage Inc. Home Health- Colonial Heights (Rev.11/29/22)	3509 Boulevard, Colonial Heights, VA 23834	Toll Free:877- 801-2664 Ph:804- 520-5454 Fax:804- 520-6813
Care Advantage Inc. Home Health- Danville (Rev.11/29/22)	520 Piney Forest Road, Danville, VA 24540	Toll Free:877- 801-2664 Ph: 434 799-1959 Fax: 434- 799-1957
Care Advantage Inc. Home Health- Emporia (Rev.11/29/22)	317 N. Main Street, Suite B, Emporia, VA 23847	Toll Free:877- 801-2664 Ph:434 634-4830 Fax:434-634-4870
Care Advantage Inc. Home Health- Fredericksburg (Rev.11/29/22)	601 Emancipation Highway, Suite 201 Fredericksburg, VA 22401	Toll Free:877- 801-2664 Ph:540- 324-4543 Fax:540- 898-8028
Care Advantage Inc. Home Health- Gretna (Rev.11/29/22)	1372 W. Gretna Road, Suite B, Gretna, VA 24557	Toll Free:877- 801-2664 Ph: 434- 656-6000 Fax: 434- 309-2642
Care Advantage Inc. Home Health- Harrisonburg (Rev.11/29/22)	731C E. Market Street, Harrisonburg, VA 22801	Toll Free:877- 801-2664 Ph:540- 251-0963 Fax:540- 213-7773
Care Advantage Inc. Home Health- Lynchburg (Rev.11/29/22)	22634 Timberlake Road, Suite E, Lynchburg, VA 24502	Toll Free:877- 801-2664 Ph: 434- 582-4755 Fax:434- 376-8260
Care Advantage Inc. Home Health- Martinsville (Rev.11/29/22)	226 Starling Avenue, Martinsville, VA 24112	Toll Free:877- 801-2664 Ph: 276- 632-2252 Fax:276- 632-4881
Care Advantage Inc. Home Health- Mechanicsville (Rev.11/29/22)	7239 Mechanicsville Turnpike, Mechanicsville, VA 23111	Toll Free:877- 801-2664 Ph: 804- 788-0805 Fax:804- 730-1789
Care Advantage Inc. Home Health- Richmond - Southside (Rev.11/29/22)	10045 Midlothian Turnpike North Chesterfield, VA 23235	Toll Free:877- 801-2664 Ph:804- 323-9667 Fax:804- 323-3446
Care Advantage Inc. Home Health- Richmond - West End (Rev.11/29/22)	3201 Hungary Spring Road, Richmond, VA 23228	Toll Free:877- 801-2664 Ph:804- 285-1212 Fax:804- 501-0867
Care Advantage Inc. Home Health- Roanoke (Rev.11/29/22)	212 E. Main Street, Salem, VA 24153	Toll Free:877- 801-2664 Ph:540- 343-2273 Fax:540- 387-0917
Care Advantage Inc. Home Health- Rocky Mount (Rev.11/29/22)	265 Franklin Street, Rocky Mount, VA 24151	Toll Free:877- 801-2664 Ph: 540- 483-3555 Fax: 540- 483-3556
Care Advantage Inc. Home Health- South Boston (Rev.11/29/22)	3166 Halifax Road, South Boston, VA 24592	Toll Free:877- 801-2664 Ph: 434- 517-0050 Fax: 434- 517-0049
Care Advantage Inc. Home Health-South Hill (Rev.11/29/22)	412 E. Atlantic Street South Hill, VA 23970	Toll Free:877- 801-2664 Ph:434- 447.-6777 Fax: 434- 447-7136
Care Advantage Inc. Home Health- Staunton (Rev.11/29/22)	2009 N. Augusta Street, Suite A Staunton, VA 24401	Toll Free:877- 801-2664 Ph: 540- 213-7770 FAX: 540- 213-7773
Care Advantage Inc. Home Health- Wytheville (Rev.11/29/22)	795 E. Main Street Wytheville, VA 24382	Toll Free:877- 801-2664 Ph:276- 228-8002 Fax:276- 228-8005
Coastal Home Care - Salisbury, MD (Rev.12/12/22)	224 E. Main Street, Salisbury, MD 21804	Ph:410-572-5606 Fax:410-572-6041 Website: https://www.coastalhomecare
Coastal Home Care - Delaware (Rev.12/12/22)	20771 Professional Park Boulevard, Suite 2, Georgetown, DE 19947	Ph:302-752-1800 Website: https://www.coastalhomecare es.com

Community Care Home Health (Rev.11/10/22)	901 N Washington St, Alexandria, VA 22314	Ph: 703-535-7830 Non- business hours:877-276-6898 Website: http://www.communitycarehomehealth.com
DARE HOME HEALTH AND HOSPICE	PO Box 1000 Manteo, NC 27954	Ph: 252-475-5028 Fax: 252-473-9814
Edmarc Home Health Services (Rev.02/16/23)	516 London Street, Portsmouth, VA 23704	Phone: 757-967-9251 Fax: 757-967-9124 Website: https://edmarc.org
First American Home Health Care, LLC- Private Duty Nursing	6216 Old Franconia Rd # A, Alexandria, VA 22310	Ph:571-918-8881 OR 703- 922-9555 Cell: 571-334-4600 Fax: 703-922-9557 E- mail:
Friends Health Care Team-Annandale (Rev.11/10/22)	7700 Little River Turnpike #600, Annandale, VA 22003	Ph:800- 350-3147 Fax.: 571-350-8225 Email: FHCT.info@gmail.com Website: https://www.friendshcteam.org
Friends Health Care Team-Annandale (Rev.11/10/22)	7204 Hull Street Rd North Chesterfield, VA 23235	Ph:804-938-5209 Fax.: 571-350-8225 Email: FHCT.info@gmail.com Website: https://www.friendshcteam.org
HERTFORD GATES HOME HEALTH	704 Evans Street Ahoskie, NC 27810	Ph: 252- 332-6747 Fax: 252- 332-5089
INTERIM HEALTH CARE	2526 Ward Blvd. Wilson, NC 27893	Ph: 1-800-849-1854 Fax:252-243-7385
Interim HealthCare of Charlottesville (Rev.11/10/22)	03 S Pantops Dr Suite 205, Charlottesville, VA 22911	Ph:434- 295-5501 Toll Free: 800- 876-0984 Fax: 434- 295-5501
Interim HealthCare of Fredericksburg (Rev.11/10/22)	Interim HealthCare of Fredericksburg	Ph:540- 785-1577 Fax: 540- 785-3633
Interim HealthCare of Verona (Rev.11/10/22)	244 Rolla Mill Road Verona, VA 24482	Ph: 540- 885-4413 Fax: 540- 885-7410
KAHIN Corporation - Home Healthcare (Rev.11/10/22)	44121 Harry Byrd Hwy STE 235, Ashburn, VA 20147	Ph:703- 483-9008 Fax:703- 340-8411
Kare Management Solutions, LLC (Rev.11/10/22)	6303 Little River Turnpike # 330, Alexandria, VA 22312	Ph:703- 992-8005
King Care, LLC (Rev.03/22/23)	313 Office Square Ln Suite 200-c Virginia Beach, VA 23462	Ph: 757- 241-5076 Fax: 757- 279-3175 Email: info@kingcareservices.com Website: https://www.kingcareservices.com
Lifeline Home Care Inc-Centreville Office (Rev.11/14/22)	14701 Lee Hwy # 206 Centreville, VA 20121	Ph:703- 543-7511 Fax: 703-543-7512
Lifeline Home Care Inc -North Virginia Office(Rev.11/14/22)	10440 Balls Ford Road, Suite 165 Manassas, VA 20110	Ph: 703-543-7511 Fax: 703-543-7512
Lifeline Home Care Inc-Hilton Head Office (Rev.11/14/22)	380 Marshland Road Suite J12 Hilton Head, SC 29926	Ph: 1800 999 8716 Fax: 703-543-7512 Email: info@lifelinehomecare.com
Ma-Lowe Home Care Agency, Inc (Rev.11/10/*22)	101 S Whiting St # 319, Alexandria, VA 22304	Ph:703- 370-4002 Email: malowe.homecare@gmail.com

Maxim Healthcare-Columbia, MD (Rev.11/16/22)	7227 Lee Deforest Dr Columbia, MD 21046	Ph:410-910-1500 Website:www.maximhealthcare.com
Maxim Healthcare- Millersville, MD (Rev.11/16/22)	1110 Benfield Blvd Suite F-G Front Millersville, MD 21108	Ph:443- 274-3071 Fax:866- 883-3430 Email:millersvilleoffice@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Silver Spring, MD (Rev.11/16/22)	962 Wayne Ave. Suite 600 Silver Spring, MD 20910	Ph:301- 585-9595 Fax:877- 394-2171 Email:sspringhh@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Timonium, MD (Rev.11/16/22)	1954 Greenspring Dr. Suite 200 Timonium, MD 21093	Ph:410- 494-0260 Fax:877- 717-2785 Email:towsonhh@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Asheville, NC (Rev.11/16/22)	Maxim Healthcare 1269 Tunnel Rd,Suite E Asheville, NC 28805	Ph:828.299.4388 Fax: 828.299.9323 Email:AshevilleOffice@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Charlotte,N.C (Rev.11/16/22)	Maxim Healthcare 1300 Baxter St, Suite 450 & 455 Charlotte, NC 28204	Ph:704-366-1075 Fax:855-591-5928 Email:CharlotteNCHomecare-045@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Fayetteville,N.C (Rev.11/16/22)	Maxim Healthcare 4151 Sycamore Dairy Rd,Suite F Fayetteville, NC 28303	Ph:910.485.2255 Fax:866.846.5048 Email:FayettevilleNC@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Greensboro, NC (Rev.11/16/22)	Maxim Healthcare 200 Centreport Dr,Suite 300 Greensboro, NC 27409	Ph:336- 852-3148 Fax:877- 306-6798 Email:greensboro@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Greenville, NC (Rev.11/16/22)	Maxim Healthcare 1400 East Firetower Rd,Suite 100 Greenville, NC 27858	Ph:252-215-3027 Fax:844-588-9612 Email:GreenvilleNCOneMaxim@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare-Louisburg, NC (Rev.11/16/22)	Maxim Healthcare 216 N Bickett Blvd, Suite 2 Louisburg, NC 27549	Ph:919- 496-3612 Fax:855- 217-7121 Email:LouisburgOffice@maxhealth.com Website:www.maximhealthcare.com

Maxim Healthcare-Morehead City (Rev.11/16/22)	Maxim Healthcare 2900 Arendell Street, Unit 20 Morehead City, NC 28557	Ph:252-726-8746 Fax:252- 726-6673 Email:moreheadcityoffice@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare- Raleigh, NC (Rev.11/16/22)	Maxim Healthcare 8521 Six Forks Rd Suite 350&360 Raleigh, NC 27615	Ph:919- 676-3118 Fax:877- 839-6760 Email:rdustaffing@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare-Wilmington, NC (Rev.11/16/22)	Maxim Healthcare 2106 South 17th St. Wilmington, NC 28401	Ph:910.251.8990 Fax:844.845.2127 Email:Wilmington@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare Services, Inc. - Abingdon-VA	406 West Main Street 2nd Floor	Ph:276- 619-5106 Fax:855- 245-8904
Maxim Healthcare Services, Inc. -Falls Church (Rev.11/16/22)	7600 Leesburg Pike West Building, Suite 204	Ph:703- 533-3131 Fax:855-239-6134
Maxim Healthcare Services, Inc. -Glen Allen-VA (Rev.11/16/22)	4235 Innslake Dr. Suite 200	Ph:804- 355-9800 Fax: 888- 265-4199
Maxim Healthcare Services, Inc. -Newport News (Rev.11/16/22)	11818 Rock Landing Dr. Suite 200	Ph: 757- 595-8822 Fax:855- 415-4963
Maxim Healthcare Services, Inc. - Roanoke-VA	1332 Plantation Road Roanoke, VA 24012	Ph:540- 725-1572 Fax:866- 941-4331
Maxim Healthcare-Virginia Beach/Norfolk (Rev.11/16/22)	Maxim Healthcare 293 Independence Blvd Suite 400 Virginia Beach, VA 23462	Ph: 757-490-3009 Toll Free:800-804-3009 Fax:877-799-3228 Email:vabeach@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare Services, Inc. -Newport News (Rev.02/16/23)	11818 Rock Landing Dr. Suite 200 Newport News, VA 23606	Ph: 757- 595-8822 Fax:855- 415-4963 E-mail: newportnews@maxhealth.com Website:www.maximhealthcare.com
Maxim Healthcare-Woodbridge -VA (Rev.11/16/22)	12632 Darby Brooke Ct. Unite B3 & B4	Ph: 703- 490-0796 Fax:877- 394-6798
Pediatric Services of America (Rev.11/15/22)	5278 Lyngate Ct, Burke, VA 22015	Ph:703- 873-7672
Providence Care, Inc.-Private Duty Nursing (Rev.11/10/22)	6911 Richmond Hwy # 206, Alexandria, VA 22306	Ph:703- 718-0931 OR 800- 636-8808
Reliable Health Care Services -Nursing Services (Rev.11/10/22)	820 Gibbon Street, Suite 206 Alexandria VA, 22314	Contatc:Carla Cooper Cell 571-330-8090 Ph:703- 419-3390 To inquire more about payment options
Rescare Homecare (Rev.11/10/22)	14088 Sullyfield Circle M; Chantilly, VA 20151	Ph:703- 817-1555
Sentara Home Health Nursing (Rev.02/16/23)	Sentara Home Health Nursing	Ph: 757-553-3000 Fax: 757-510-9306 Website:https://edmarc.org

Silver Lining Home Care Dover, DE (Rev.12/12/22)	24 Hiawatha Lane Dover, DE 19904	Ph:302-724-7902 Email: jackie@silverlininghealthcare.com Website: https://silverlininghealthcare.com
Tristate Quality Care Home Health (Rev.11/10/22)	7202 Fordson Rd, Alexandria, VA 22306	Ph: 703- 665-3566 OR 703-660-1366 Fax: 866- 766-
Ultimate Keepers Home Care, Inc-Private Duty Nursing (Rev.11/10/22)	8993 Cotswold Dr #2 Burke, VA 22015 OR 8609-A	Ph:703- 520-0153 Fax: 703-619-0326
HOME THERAPY		
Continuum Home Healthcare UVA (Rev.04/10/20)	Colony Plaza, Suite 204 2205 Fontaine Avenue Charlottesville, VA 22903	Ph: 434-984-2273 Toll Free: 1-800-336-4040 Fax: 434-984-4250
Continuum Pediatric Nursing (Rev.04/10/20)	5719 Princess Anne Road Suite B Virginia Beach, VA 23462	Contact: Jamie Budy Ph: 757-490-2272 Toll Free: 1-877-490-2272
Interim Healthcare (Rev.04/10/200)	516 S. Independence Blvd. Suite 106 Virginia Beach, VA 23452	Ph:757-466-1401 Fax: 757-466-8223
Interim Healthcare (Rev.04/10/20)	610 Thimble Shoals Blvd. Suite 303 B Newport News, VA 23606	Ph: 757-873-3313 Fax: 757-873-4598
Intrepid USA Healthcare Services (Rev.04/10/20)	20387 Warrior Drive PO Box 770 Onley, VA 23418	Toll Free: 1-800-254-9090 Fax: 757-787-9307
MAXIM Healthcare Services (Rev.04/10/20)	287 Independence Blvd. Suite 118 Virginia Beach, VA 23462	Ph: 757-490-3009 Fax: 757-490-2969
Pediatric Specialists (Rev.04/10/20)	929 Ventures Way Suite 106 Chesapeake, VA 23320	Ph: 757-436-2337 Toll Free: 866-271-4508 Fax: 757-436-2384
Riverside Home Care (Rev.04/10/20)	856 J. Clyde Morris Blvd. Suite C Newport News, VA 23601	Ph: 757-594-5600 Toll Free: 1-800-594-5600 Fax: 757-594-5601
Riverside Shore Healthcare At Home (Rev.04/10/20)	PO Box 616 25379 Lankford Highway Onley, VA 23418	Ph: 757-789-5000 Toll Free: 1-800-700-6242 Fax: 757-789-3556
Sentara Home Care Services (Rev.04/10/20)	Sentara Home Care Services	Contact: Sabine Brent 757-547-5750 Main Referral Intake Line: 757-553-3000
Southampton Memorial Home Health (Rev.04/10/20)	100 Fairview Drive Franklin, VA 23851	Ph: 757-569-6360 Toll Free: 1-800-253-6387 Fax: 757-569-6458
Tender Loving Care/Staff Builders (Rev.04/10/20)	Norfolk Location: 855 Kempsville Road Norfolk, VA 23502	Ph: 757-466-1340 OR 757-483-8915 Fax: 757-466-1668 OR 757-484-3723
PHARMACY		
Accredo Specialty Pharmacy (Rev.10/12/21)	Accredo Specialty Pharmacy Accredo Health, Inc. PO Box 954041 St Louis, MO 63195-4041	Ph:877-783-2262 OR 800-803-2523 Text "Start" to 877-ACCREDITO (877-222-7336) Fax:877-329-4605
Battlefield Pharmacy- Compounding (Rev.11/15/23)	1200 N. Battlefield Blvd. #103 Chesapeake, VA 23320	Ph: 757- 734-7110 Fax: 757- 410-0340 Website: https://battlefieldpharmacyrx.com/
Bayview SRC Pharmacy (Compounding) (Rev.11/15/23)	Bayview SRC Pharmacy 710 E. Little Creek Road Norfolk, VA 23518	Ph:757- 819-4636 Fax:757- 333-7264 Email: bayview710@gmail.com

Beach Pharmacy (Compounding) (Rev.11/15/23)	Beach Pharmacy 3198 Pacific Avenue, Suite #124 Virginia Beach, VA 23451	Ph:757- 965-3038 Fax:757- 965-3039
Bedei Compounding Pharmacy Services (Rev.11/15/23)	3921 Poplar Hill Road Chesapeake, VA 23321	Ph: 757 320-5141 Fax: 757- 512-7429 Website: https://www.bedeipharmacy.com
Children's Hospital of The King's Daughters (Compound Pharmacy) (Rev.11/15/23)	601 Children's Lane Norfolk, VA 23507	Ph:757- 668-6337 Fax: 757-257-7664
Coordinated Care Network Specialty Pharmacy (CCN) (Rev.10/12/21)	300 Penn Center Boulevard, Suite 505 Pittsburgh, PA 15235	Central Pharmacy Toll Free 877-349-6337 Fax 412-349-6317 877-301-2528 Specialty Pharmacy Toll Free 877-349-6330
Denbigh Pharmacy (Rev.11/15/23)	13349 Warwick Blvd. Newport News, VA 23602	Ph: 757- 877-0253 Fax: 757- 872-9247 Website: https://www.mygnp.com/pharmacies/denbigh-pharmacy-newport-news-va-23602
Express Scripts (Rev.10/20/21)	Express Scripts	Ph:800- 282-2881 TTY users call: (800) 759-1089 24 hours a day, 7 days a week Medicare Members
Glendale Pharmacy (Rev.11/15/23)	12444 Warwick Blvd. Newport News, VA 23606	Ph.: 757- 595-3355 Fax: 757- 596-1863 Website: https://www.glendalepharm.net/
Harbour View Pharmacy (Compounding) (Rev.11/15/23)	Harbour View Pharmacy 5839 Harbour View Blvd #102, Suffolk, VA 23435	Ph:757- 394-1870 Fax:757- 394-1873 Email: jikesler@harbourviewpharmacy.com Website: http://www.harbourviewpharmacy.com
IngenioRx (Rev.10/21/21)	450 Headquarters Plaza, 7th Floor East Tower Morristown, NJ 07960	Ph:833-255-0645 OR 833- 203-1742 Prescription Faxr: 833-263-2871 Website: https://www.ingenio-rx.com
Irwin's Pharmacy & Drug (Rev.11/15/23)	4300 E. Indian River Road Chesapeake, VA 23325	Ph:757- 420-8418 Fax: 757- 424-9615 Website: https://www.irwinspharmacy.com

Lawrence Pharmacy (Compounding) (Rev.11/15/23)	Lawrence Pharmacy 1156 George Washington Highway North Chesapeake, Virginia 23323	Ph:757- 487-3458 Fax:757-487-4131 Website: https://www.mygnp.com/pharmacies/lawrence-pharmacy-chesapeake-va-23323
Kare Pharmacy (Rev.11/15/23)	Danville Location Park Ave 411 Park Avenue Danville, VA Roanoke Location Electric Rd 3534 Electric Rd Roanoke, VA 24018	Danville Location Park Ave New Patient: 434-201-4265 Current Patient: 434-792-8281 Fax:434- 792 3235 Roanoke Location Electric Rd New Patients: 540-299-2549 Current Patients: 540-339-9446 Fax: 540-301-3539 Website: https://www.kare-rx.com/
Onco360 (Rev.10/22/21)	Onco360	Ph:877-662-6633 POC: Carol Leone 804-533-8424 Fax 877-662-6355 Email: info@onco360.com Website: https://www.onco360.com
Pharmacy Innovations (Compounding) (Rev.11/15/23)	Pharmacy Innovations 4001 Virginia Beach Blvd #110 Virginia Beach, VA 23452	Ph:757- 934-0533 Fax 757-228-3991
Proprium Specialty Pharmacy (Rev.11/15/23)	Proprium Specialty Pharmacy 535 Independence Pkwy, Suite #400 Chesapeake, VA 23320	Ph: 855- 553-3568 Website: https://propriumpharmacy.com
Sentara Case Management Pharmacy (Specialty Medications Only) (Rev.11/15/23)	600 Gresham Drive Norfolk, VA 23507	Ph: 877- 349-5242 Fax: 757- 388-7835
The alliance for Pharmacy Compounding Search Tool (Rev.03/15/23)	The alliance for Pharmacy Compounding Search Tool	Website: https://a4pc.org/find-a-compounder

The Medicap Pharmacy of Newport News (Rev.11/15/23)	956 J. Clyde Morris Blvd. Newport News, VA 23601	Ph: 757- 599-9643 Fax: 757- 599-9647 Website: https://www.medicap.com
Warrington Wellness RX (Compound Pharmacy) (Rev.11/15/23)	805 Kent Place, Suite #104 Chesapeake, VA 23320	Ph: 757- 800-8813 Fax: 757- 800-8683 Website: https://www.warringtonwellness.com/
Williamsburg Drug Co. - Professional Compounding-Jamestown Road (Rev.11/15/23)	Williamsburg Drug Co. - Professional Compounding- Jamestown Road 1310 Jamestown Road, Williamsburg VA, 23185 OR	Ph: 757-229-3560 Fax: 757-253-5651 Email: rsvp@williamsburgdrug.com Website: https://williamsburgdrug.com/
Williamsburg Drug Co. - Professional Compounding- McLaws Circle (Rev.06/20/23)	Williamsburg Drug Co. - Professional Compounding- McLaws Circle 240 McLaws Circle #147 Williamsburg, VA 23185	Ph: 757-229-1041 Fax: 757-229-3780 Email: rsvp@williamsburgdrug.com Website: https://williamsburgdrug.com/

NOTES

Care Connection for Children is a statewide network of centers of excellence for children and youth with special health care needs (CYSHCN) that provide leadership in the enhancement of specialty medical services; care coordination; medical insurance benefits evaluation and coordination; management of the CYSHCN Pool of Funds; information and referral to ~~CYSHCN resources; family to family support; and training and consultation~~. Unite Virginia is a coordinated care network of health and social service providers.

ABC, an Apria Company is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Target: adult and pediatric patients. Covered Areas: Southside and Peninsula. Please call for further information

Underpants, Gauze, Thermometers, Stethoscopes, Peak Flow Meters, Blood Pressure Units

The Augmentative and Alternative Communication Clinic at Adler Therapy Group provides comprehensive, state-of-the-art evaluation and treatment for children and adults whose speech or expressive language is either severely or profoundly impaired. Our specially trained therapists will work with you

Adler Therapy Group-Wheelchair Clinic offers specialized evaluations to determine the individualized wheelchair needs of each and every client. Clients that are unable to ambulate either due to birth injury, developmental delay, traumatic injuries, disease process, or debilitation may require

Urology Supplies, Skin/wound care Supplies, Incontinence supplies, Bowel Care Supplies, Ostomy Supplies

AdaptHealth provides urology /incontinence supplies, diabetes supplies, orthotics, sleep and respiratory therapy supplies. Please call for further information.

Aeroflow Urology provides incontinence care products and catheters for adults and children through their insurance benefits. They offer a wide selection of high-quality products to suit a variety of needs and ship supplies in discreet packaging directly to their door each month. Insurance: Virginia and North Carolina Medicaid are accepted.

America's Health Care at Home, Inc. goal is to provide the highest quality home care equipment, supplies, and services to our clients. Products and services includes: Sleep Therapy, Oxygen Therapy, Beds and Accessories, Mobility Aids and Wheelchairs, Infant Monitoring and Pulse Oximetry, Enteral Feeding, Home Ventilation, Cough Assist T70 and Afflovest. Coverage Areas:

Oxygen Therapy, Respiratory Therapy Home

Medical Equipment: Hospital Beds, Commode Chairs, Low Airless Mattresses, Wheelchairs, Walkers/Crutches, Enteral Nutrition, Diabetic Supplies

Apria Healthcare is a DME and supplies provider. Medicaid, Medicare and major insurances are accepted. Covered Areas: Southside and Peninsula. Please call for further information.

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Amramp provides rental or purchased Wheelchair Ramps for residence, church, school or business. They also accommodate the construction and commercial industries offering ADA wheelchair ramps for purchase and rental. Please call or visit the website for further information.

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Beach Orthotics provides Durable Medical Equipment & Supplies. Please call for further information.

Ostomy supplies, Diabetes Supplies, Insulin Pumps, Urology Supplies, Wound Care Dressings, Enteral Nutrition, Incontinence Supplies, In Home & Professional Diagnostic Equipment, Blood Pressure Monitors, Stethoscopes, Thoracentesis/Paracentesis Trays, Infant Nursing Equipment, Wheelchairs, Ambulatory Products, Beds, Lifts, Geri Chairs, Scooters, Aids to Daily Living, Specialty Medical Equipment.

Comfort Medical is a nationally approved participating Medicare and Medicaid provider for urological supplies. Please call or visit the website for further information.

Cranial Technologies is a leading provider of helmet therapy for plagiocephaly treatment in infants. Hours: Monday-Tuesday: 8:30 am–5:30 pm and Wednesday, Thursday and Friday from 7:30 am–4:30 pm. Medicaid is accepted. Please call for further information.

Ostomy Supplies, Diabetes Supplies, Insulin Pumps, Breast Pumps, Urology Supplies, Wound Care, Enteral Nutrition, Respiratory and Home Wellness. Hours: M-F, 8:00 a.m. to 9:00 p.m. EST and Sat, 9:00 a.m. to 3:00 p.m. EST. Language Services available upon request. Insurance: VA Premier, Aetna, Cigna, UHC, BCBS, Anthem Healthkeepers and many more. Please call for further information.

Edgepark is the leading provider of products and supplies for ostomy patients with ileostomy, colostomy and urostomy needs direct to their home. Insurance: Anthem/BCBS, Aetna, Cigna, UHC and Medicare. Hours: Monday-Friday: 8am-9pm EST and Saturday: 9am-3pm EST. Language Services available upon request. Insurance: VA Premier, Aetna, Cigna, UHC, BCBS, Anthem Healthkeepers and many more. Please call for further information.

Family Medical Supply Inc offers durable medical equipment & supplies. Please call or visit the website for further information.

Durable Medical Equipment
Respiratory Equipment

Foot Solutions offers high-tech orthotics, custom arch supports & specialist footwear. Hours: Monday-Saturday--10:00AM – 5:00PM and Sunday-Closed. Please call for further information.

HEALTHFIT provides durable medical equipment & Supplies. Please call for further information.

Diabetic Supplies, Incontinence Supplies, Wound Care, Ostomy Supplies, Urological Supplies

Medi-Rents & Sales carries a broad range of home medical equipment and supplies to patients of all ages. We carry everything from home ventilators and CPAP/BiPAP equipment to hospital beds, lift chairs, incontinence supplies and much more. Delivery, setup, and patient education are included for free. Respiratory therapists and equipment technicians are available 24 hours a day to provide special assistance. Medicaid is accepted. Hours: Monday-Friday from 8:30am-5:00pm. Please call for further information.

Medical Equipment Distributors is a accredited provider of respiratory & oxygen equipment; they deliver and set up equipment by a trained professional. Products may include: CPAPs & Bi-PAP/Bi Level, Nebulizers & Compressors and Oxygen Management. They do accept many major

Medical supplies for: Wounds, Ostomies, Urological Care

National Seating & Mobility is a provider of power mobility and home medical equipment. Medicaid, Medicare and major insurances are accepted. Please call for further information.

Medical supplies for: Catheters, Ostomies, Urological Care and Incontinence.

Quality DME is an accredited Durable Medical Equipment (DME) provider, specializing in sleep and respiratory therapy. Their Mission is to provide top end products and personalized care to improve the quality of life for the patients we serve. They currently serve the Maryland, Washington DC and Virginia areas.

Commodities, Bath safety, CPAP, RADs, Related Supplies & Access. CPM Hospital Beds, Nebulizer Equipment & Supplies, Ostomy Supplies, ~~Oxygen Equipment & Supplies~~, ~~Support Surfaces – Alternating pressure~~
RoundTable Health Care is an accredited Durable Medical Equipment (DME) provider, specializing in sleep and respiratory therapy and mobility and rehab. Equipment. Their Mission is to provide patient-focused respiratory care services and medical supplies to patients throughout the Outer Banks and surrounding areas. Please call for further information.

Durable Medical Equipment: Wound Care, Ostomy, Urological, Diabetic, Incontinence, Skin Care

Custom Manual Wheel Chairs, Patient lifts, Power Wheelchairs, Hospital Beds, Custom Bracing and Orthotics, Therapeutic Mattresses, Custom Seating Systems, Mobility Aids, Negative Pressure wound therapy

Aveanna Healthcare Medical Solutions provides statewide coverage for all your enteral nutrition and supply needs.

Sentara Home Care Services provides Enteral Nutrition for Adults and Children. They offer a wide selection of supplies for tube feeding and formulas. Please call for further information.

Bioscript an Option Care Company provides enteral and parenteral nutrition support for Adults and Children nationwide. They offer a wide selection of supplies for tube feeding and formulas. Please call for further information.

Coram CVS Enteral Nutrition Services provides enteral and parenteral nutrition support for Adults and Children nationwide. Please call for further information.

Lincare is an enteral nutrition supplies provider. Medicaid, Medicare and major insurances are accepted. Please call for further information.

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infusion services. Ages: no age limitation. Contracted provider with Shore Health at Home. Provides infusion services, TPN, IV Antibiotics, Pain Management, Specialty Infusion Therapies, Enteral Nutrition Therapy, Supplies and Equipment for infusion services: Anti-infectives ,TPN, Immunotherapy, Pain Management, Chemo, Hydration, Anti-Emetics and Factor products. Enteral services: Infusion Therapies including IV antibiotic, IVIG, Pain Management Deferrals Therapy, Parenteral Nutrition Inot rcpe, Miscellaneous Injectable Immunoglobulin (IVIG/SCIG), Catheter maintenance Chemotherapy, Enteral Nutrition/TPN Biologics and Line Placement/insertion. Age: Newborn to Geriatrics. Please call for further information. Parenteral Nutrition, Enteral Therapy, Antibiotics, Antifungal, Antiviral Chemotherapy ,Pain Management, Hydration, Irrigation, Same Day Home KabaFusion offers unparalleled adult and pediatric home infusion careservices.Hours: 8:30am-5pm M-F (On-call 24/7).
Infusion Therapy, Pain Management, Enteral Feedings – RD In-Home and Pre-discharge Teaching. including needed instructions and monitoring.
Antibiotic Therapy, Antiviral/Antifungal Therapy Corticosteroids, Enteral Nutrition, Hydration Therapy, IV Chemotherapy, Immune Globulin Therapy, <u>Pain Management,TPN and Catheter Care</u> Sentara Home Care Services provides Skilled Nursing, Hospice Care, Social Services Telehealth, Rehabilitative Services (PT, OT, ST), Infusion Services ET Nurse, Nutritional Services, Asthma Home Care, Pharmacy Services Diabetes Home Care, Pediatric Home Care High-Risk Obstetrical Care, High-Risk Newborn Care, Home Medical Equipment, Respiratory Services including vents, Sickle-Cell home based program and Vitals time for Dysphasia. Please call for further information.
Access Home Care Inc. provides private duty nursing services.Hours:Monday through Friday, From 9am-5pm;On call staff are available 24/7. Please ca;; for further information.
Atlantic Homecare is a leading provider of homecare and medical staffing services throughout the Hampton Roads and Raleigh areas.

Aveanna Healthcare Company provides the following services: In-home private duty nursing for medically fragile patients; they can also provide medically necessary care for patients attending school. Service areas: Chesapeake, Fort Eustis, Fort Monroe, Hampton, Poquoson, Portsmouth, Newport News, Norfolk, Suffolk, Surry, Virginia Beach, Williamsburg, Yorktown. In-network insurance providers: Tricare Humana Military, Aetna, Anthem, CareFirst BlueCross BlueShield, VA Birth Injury Program, Medicaid + MCO programs (Aetna Better Health, Anthem Healthkeepers Plus, Magellan Complete Care, Optima Health, UnitedHealthCare Community Plan, Virginia Premier). HOURS: Monday-Friday 8:30AM - 5:00PM, Saturday & Sunday Closed. Please call for further information.

Best Life Home Health Care provides private duty nursing services. Please call for further information.

Infusion Therapies, Inotropic Therapy, Antibiotic Therapy, Pain Management, Biotech Therapy, Pediatric Therapies, Chelation Therapy, Chemotherapy, Pharmacokinetic Monitoring, Specialty Infusions, Heparin Therapy,

Capital City Nurses offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Our advantage is that we offer flexibility and custom services to meet your needs, whatever they are. Service Area: Loudoun, Fairfax Prince William, Falls

Church, Arlington, Manassas, Reston, McLean, Woodbridge, Springfield Burke, Mt. Vernon, Leesburg, Ashburn, Chantilly, Herndon, Dumfries,

Capital City Nurses offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Our advantage is that we offer flexibility and custom services to meet your needs, whatever they are. Service Area: Serving Chevy Chase, Central Maryland and the Greater Washington, D.C. area. Please call for further information.

Capital City Nurses offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Our advantage is that we offer flexibility and custom services to meet your needs, whatever they are. Service Area: Serving Columbia, Howard County, Anne Arundel County, Severna Park, Baltimore County, Carroll County and Frederick County.. Please call for further information.

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Care Advantage offices specialize in providing personal care, companionship services and skilled nursing and medical care services, home care in the home, hospital, nursing home or retirement home. They have offices all

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Community Care Home Health provides private duty nursing and personal care services. Insurance: most major insurances are accepted including but not limited to; Virginia Medicaid, Anthem, Amerigroup, Cypress Health Care, ECDC Waiver, Humana, Technology Waiver, and Virginia Premier. Private Pay is also accepted with most major credit cards. Please call for further
Skilled Nursing, Infusion Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Work, Home Health Aide ~~Hospice, Dietary Counseling/Nutritional Support, Spiritual Counseling~~
Edmarc Home Health Services provides skilled nursing services. Please call for further information.
First American Home Health Care provides Private Duty Nursing Services. Please call for further information.
Friends Health Care Team provides private duty nursing, personal care and respite services. Please call for further information.
Friends Health Care Team provides private duty nursing, personal care and respite services. Please call for further information.
Skilled Nursing, PT, OT – certain areas, Home Health Aides, Weight Checks, Feeding Help, Dressing Changes, ~~Agnes: Pediatric experience sporadic Case by Case~~
Personal Care Services, Full Service Insurance Services, CAP DA, CAP C, CAP Aids, CAP MR ~~Cap C, Cap DA, Cap MR, Cap Aids, Cap C, Cap Aids, Cap MR~~
Interim Health Care provides Home nursing care and Personal Care. Please call for further information.
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KAHIN Corporation - Home Healthcare provides private duty nursing and personal care services. Hours: Monday -Friday 9:00 AM - 5:00 PM; Saturday
~~10 AM - 5:00 PM~~
Kare Management Solutions, LLC provides private duty nursing services. Please call for further information.
King Care, LLC provides Private Duty Nursing / Skilled Nursing, Personal Care, Companion Care and Respite Care services for pediatrics and adults..Insurance:Medicaid and most private insurances and private pay is accepted. Please call for further information.
Lifeline Home Care Inc. provides private duty nursing, skilled nursing, personal care and respite. Medicaid is accepted. Please call for further
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Lifeline Home Care Inc. provides private duty nursing, skilled nursing, personal care and respite. Medicaid is accepted. Please call for further information.
Ma-Lowe Home Care Agency, Inc. provides Skilled Nursing / Private Duty Nursing services. Hours: Monday-Friday 10 AM to 5 PM and

Maxim Healthcare Services is a provider of both private duty nursing and certified home healthcare (non-medical services) for adult and pediatric patients in the comfort of their homes. Please call for further information.

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Pediatric Services of America provides private duty nursing services. Please call for further information.

Providence Care Inc. provides private duty nursing services. Please call for further information.

Reliable Health Care Services is a licensed, insured, and bonded home health care agency providing 24 hour nursing services (Private Duty Nursing, Respite Care, Personal Care Aide, Home Health Aide, Skilled Nursing, Companion Sitter, Home Infusion Therapy, Physical Therapy, Occupational Rescare Homecare provides private duty nursing services. Please call for further information.

Sentara Home Health Services provides skilled nursing services. Please call for further information.

Silver Lining Home Care offer in-home care services ranging from CNAs and PCAs to skilled nurses who can provide a full gamut of medical support. Service Area:Serving:Dover . Please call for further information.
Tristate Quality Care Home Health provides private duty nursing.Hours:Monday – Friday: 9:00 – 5:00;Saturday: Closed
Ultimate Keepers Home Care, Inc provides the following services:Skilled Nursing,Personal Care Services,Private Duty Nursing – Pediatrics,Companion
Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Worker, Home Health Aide, Psychiatric Nursing. Home Infusion and Pediatrics
Private Duty Nursing, Skilled Nursing – intermittent. Age: Birth to 21 – Private Duty, Skilled visits for all ages including adults.
Home Health Care, Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Home Health Aide, Hospice, Medical Social Work, Aids Waiver, Pediatric Tech Waiver, PC Waiver, Supplemental Staffing, Private
Home Health Care, Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Home Health Aide, Medical Social Work, Personal Care, <u>Pediatric Tech Waiver. PC Waiver. MR Waiver. DD Waiver. Supplemental</u> Skilled Nursing and Psych Medical Social Workers, Full Therapy Services – PT/OT/ST, Home Health Aides for Personal Care, Private Duty Nursing, IV Therapy, Pediatric Care. CWOCN-ET Nursing. Nurses on call 24 hours a day 7
Skilled home care including Trach/G-Tube/Ventilator care, Intermittent skilled visits (i.e., wound care), PT. Please call for further information.
Oxygen, Pulse Oximeters, Apnea Monitors, Feeding Pumps, Enteral Supplies, Nebulizers, Ventilators, CPAP and BiPAP, Suction machines, Ostomy Supplies (Need time to order products because we do not keep them in stock).
Skilled Nursing, Palliative Care, PT, OT, ST, Hospice, HHA, MSW, Infusion pharmacy
Pediatric/Adult Home Health Aide, Physical Therapy, Occupational Therapy, Speech Therapy, and Medical Social Worker
Sentara Home Care Services provide Skilled Nursing Hospice Care, Social Services,Telehealth,Rehabilitative Services (PT, OT, ST), Infusion Services ET Nurse, Nutritional Services, Asthma, Home Care, Pharmacy Services, <u>Pediatric Home Care, Pediatric Home Care, High Risk Obstetrical Care, High</u> Skilled Nursing, PT/OT/ST, Home Health Aide, Medical Social Work and Hospice Services.
Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy and Skilled Nursing
Accredo Specialty Pharmacy provides medications and support for certain medical conditions that may include:Acromegaly,Asthma & Allergy,Alpha-1 antitrypsin deficiency, Ankylosing spondylitis.Anticoagulants,Bleeding disorders,Cancer,Chronic inflammatory demyelinating polyneuropathy Crohn's disease, Cystic fibrosis,Epilepsy,Familial hypercholesterolemia
Battlefield Pharmacy is a Compounding pharmacy. Hours: Monday-Friday 9am-7pm and Saturday 9am-2pm. Free delivery within 5 miles radius from store.Typically, cannot bill commercial or Medicaid.Please call for further information.
Bayview SRC Pharmacy is a Compounding pharmacy. Hours: Monday-Friday 9am-7pm and Saturday 9am-2pm.They provide home delivery to Norfolk.Can't bill Tricare for any meds. Please call for further information.

Beach Pharmacy is a Compounding pharmacy. Hours: Monday - Friday 09:00 AM - 07:00 PM: Saturday 09:00 AM - 05:00 PM and Sunday 12-5PM. No delivery. Limited compounds. Please call for further information.

Bedei Compounding Pharmacy provides Compounding pharmacy services. • Hours: Monday-Friday 8am-7pm and Saturday 10am-5pm
Offers delivery, but fee depends on distance from the store. Please call for further information.

Children's Hospital of The King's Daughters pharmacy is a compound pharmacy located at CHKD main hospital. Hours: Monday-Friday 9am-7pm and Saturday-Sunday 10am-6pm.
No delivery at this time. Please call for further information.

Coordinated Care Network (CCN) is a 340B contracted pharmacy that provides specialty pharmacy and case management services to 340B Covered Entities. CCN services offerings include: 340B HIV/Specialty Pharmacy Management Services, 340B Physician Dispensing and Mail Order Services, 340B Poly-Pharmacy Member Case Management Services and 340B Hospital Specialty Mail Order Services. Please call for further information.

Denbigh Pharmacy provides Compounding pharmacy services. • Hours: Monday-Friday 9am-7pm and Saturday 9:30am-5pm. Will deliver to Newport News and Fort Eustis areas. \$1 delivery fee for non-Medicaid prescriptions and \$0 delivery fee for Medicaid prescriptions. Next day delivery only Monday-Friday, not on Saturday. Very limited compounds.
Please call for further information.

Express Scripts Holding Company is a pharmacy benefit management organization for several plan sponsors.

Glendale Pharmacy provides Compounding pharmacy services. Hours: Monday-Friday 9am-6pm and Saturday 9am-2pm. Will deliver to Newport News & Hampton - \$2 delivery fee. • Limited compounds. Please call for further information.

Harbour View Pharmacy is a Compounding pharmacy. Hours: Monday - Friday 9:00 AM - 6:00 PM: Saturday 09:00 AM - 02:00 PM. They provide limited home delivery to surrounding area. No sterile compounding done. Please call for further information.

IngenioRx pharmacy is a benefit manager (PBM) for prescription drugs, mail-order pharmacy* and specialty pharmacy for several plan sponsors.

Irwin's Pharmacy & Drug provides Compounding pharmacy services. • Hours: Monday-Friday 8am-7pm and Saturday 8am-4pm and Sunday 10am-4pm.
Local Delivery only. Can't bill Tricare for compounded meds. Doesn't accept GoodRx. Please call for further information.

Lawrence Pharmacy is a Compounding pharmacy. Hours of Operation: Monday-Friday 9am-9pm; Saturday 9am-8pm and Sunday 9am-5pm. They provide home delivery from Monday-Saturday to Chesapeake and Portsmouth. Can't bill Tricare for any meds. Please call for further information.

Kare Pharmacy & Compounding, Southside and Southwest Virginia's local source for compounded medications. Our Compounding Pharmacist, Compounding Technicians, and Patient Care Coordinators work as a team with the healthcare provider and patient to create and customize the best possible medication solution. Accepts Virginia Medicaid and private insurance for retail or commercially manufactured medications NOT compounded medications.....cash only. Provides free shipping to all of Virginia. Hours: Monday-Friday: 9a.m. - 5:30p.m and Saturday-Sunday: Closed. On-site bilingual staff and language translation services available upon request. They offer free delivery for prescriptions to patients within Danville and Roanoke city limits. Please call for further information.

Onco360 provides Oncology Specialty Pharmacy services for Patients Physicians Pharma Payers & Hospitals with access to the latest in oncology medication. Hours: Monday – Friday, 8 A.M to 8 P.M, Saturday 9 A.M. to 5:30 P.M., and Sunday 9 A.M. to 5:30 P.M. Certified Oncology Pharmacists are accessible 24 /7, 365 days a year..

Pharmacy Innovations is a Compounding pharmacy. Hours: 9am-5:30pm (M-F). They will mail certain medications with \$9.00 shipping fee. Please call for further information.

Proprium Specialty Pharmacy is dedicated to meeting your specialty pharmacy needs and are committed to excellent customer service. Some of the services provided by Proprium Pharmacy include:
Personalized care for every patient, A live answer by a team member when you call, Education by specially trained pharmacists, Support with insurance processing, Enrollment in financial assistance programs
Friendly refill reminder calls. Hours: Monday-Friday 9am-5:30. Deliver or Mail by UPS or Mobile One Monday-Friday to Virginia, Maryland, North Carolina, Tennessee and West Virginia. Please call for further information.

Sentara Case Management Pharmacy is a Compounding pharmacy (Specialty Medications Only) located in Norfolk General. Accepts Optima Medicaid. Fills other medications with a specialty medication also will deliver or mail by UPS to entire state of Virginia. Please call for further information.

The alliance for Pharmacy Compounding Search Tool will help you to find a compounding pharmacy in your immediate area.

The Medicap Pharmacy of Newport News provides Compounding pharmacy services. Hours: Monday-Friday 9am-7pm. Free delivery to Newport News, Hampton and Yorktown.

Warrington Wellness RX is a is a Compounding pharmacy.Hours: Monday-Friday 9:00am-6:00pm.Delivery on Tuesday's, Wednesday's and Friday's. Will make exceptions other days based on drivers available.Cannot bill commercial or Medicaid. Please call for further information.

Williamsburg Drug Co. - Jamestown Road is a Compounding pharmacy. Hours: Monday -Friday 8:30am to 6:30pm, Saturday 8:30am to 3pm. They provide FREE home delivery in Williamsburg . Please call for further information.

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COVERED AREA
Statewide
Regional
Hampton Roads
Virginia and North Carolina
Hampton Roads
Hampton Roads
Nationwide - They can negotiate with most insurance companies and they DO NC Medicaid
Nationwide
Virginia and North Carolina
Nationwide
Hampton Roads and Peninsula

Albemarle, Richmond, Charlottesville, Roanoke, Chesterfield, Henrico, Fredericksburg, Fairfax and Roanoke.

Maryland and Wisconsin

Richmond, Charlottesville, Lynchburg, Roanoke, Tuckahoe, Mechanicsville, Hopewell, Petersburg, Midlothian, Chesterfield, Henrico Emporia, Louisa, Goochland, New Kent, Tappahannock, Caroline, Powhatan, Dinwiddie, South Hill, King William, Staunton, Lexington and

Virginia
Beach, Chesapeake, Suffolk, Franklin, Williamsburg, Newport News
Norfolk, Portsmouth, Hampton and Gloucester.

Washington, DC, Arlington, Reston, Winchester and Fredericksburg

Hampton Roads

Nationwide

Nationwide

Hampton Roads

Nationwide
Nationwide
Hampton Roads
Hampton Roads
Hampton Roads
Hampton Roads
Nationwide
Maryland (including Eastern Shore), Virginia, Distric of Columbia and Delaware.
Chesapeake, Newport News and Virginia Beach
Nationwide
Hampton Roads
Nationwide

Maryland, Washington DC and Virginia areas
Southeastern Virginia including: Peninsula, Southside, Middle Peninsula, Gloucester, Northern Neck, Tappahannock and surrounding counties
North Carolina
National
Hampton Roads Suffolk/Franklin Peninsula
Statewide
Hampton Roads
Hampton Roads
National
Hampton Roads

Hampton Roads
North Carolina
Richmond
Hampton Roads
Virginia
State of Virginia and State of North Carolina.
Southeastern Virginia including: Peninsula, Southside, Middle Peninsula. Gloucester, Northern Neck, Tappahannock and Surrounding Counties.
Peninsula - Hampton, Newport News, Poquoson, Yorktown Southside - Norfolk, Virginia Beach, Portsmouth , Chesapeake Suffolk/Franklin - Suffolk, Surry (town of), Sussex, Isle of Wight, Franklin, Smithfield, Courtland, Waverly, Wakefield, Dendron, Carrsville, Elberon, Sedley, Ivor, Zuni, Windsor, Rescue, Whaleyville Williamsburg - Williamsburg, Gloucester, James City County, Mathews County, Charles City County, New Kent King and Queen William*, Middlesex Richmond - ~~Ashland, Manakin-Sabot, Beaverdam, Mechanicsville~~
Northern Virginia and Surroundings

Statewide
Northern Virginia
Loudoun,Fairfax,Prince William,Falls Church,Arlington Manassas,Reston,McLean,Woodbridge,Springfield Burke,Mt. Vernon,Leesburg,Ashburn,Chantilly,Herndon Dumfries,Vienna z7Tysons Corner.
Chevy Chase, Central Maryland and the Greater Washington, D.C. area
Columbia, Howard County, Anne Arundel County, Severna Park, Baltimore County, Carroll County and Frederick County.
Northern Virginia
Washington, D.C.
Bristol,Grayson,Russell,Scott,Smyth and Washington
Annandale
Campbell County,Halifax County Charlotte County,Pittsylvania County,Appomattox County,Brookneal Town,Rustburg Town and
Greene,Nelson,Fluvanna,Orange & Albemarle.

Colonial Heights,Petersburg Hopewell,South Chesterfield Dinwiddie,Prince George &
Pittsylvania,Halifax,Henry County & Danville City
Emporia,Greensville,Lawrenceville,Drewyville,Skippers,Gasburg Bracey,McKenny,Alberta &
Stafford,Culpeper,Spotsylvania Caroline & King George.
Franklin County,Pittsylvania,Halifax,Campbell,Bedford,Chatham Town Altavista & Gretna.
Rockingham,Shenandoah County & Page.
Bedford,Campbell,Lynchburg Appomattox & Rustburg Town.
Pittsylvania,Henry,Martinsville, Patrick,Franklin County,Collinsville Town & Bassett Town.
Hanover,Henrico (east) City of Richmond,New Kent Quinton,Providence Forge &
Amelia,Chesterfield,North Chesterfield,Powhatan,Prince George & Midlothian.
Henrico,City of Richmond,Glen Allen,City of Ashland,Manakin- Sabot & Rockville
Roanoke,City of Salem & Montgomery
Boones Mill Town,Ferrum Town, Penhook Town,Moneta Town,Callaway Town,Bedford County,Franklin County,Patrick County & Rocky Mount Town
Mecklenburg County,Halifax County,Pittsylvania County,South Boston Town,Clarksville Town & Halifax Town
Mecklenburg County,Halifax County,Pittsylvania,South Boston Town,Clarksville Town & Halifax Town.
Augusta.,Waynesboro,Rockbridge & Nelson.
Bland,Carroll,Giles,Grayson,Pulaski,Smyth,Washington & Wythe.
Wicomico County,Worcester County,Talbot County,Somerset County,Dorchester County Caroline County
Sussex County & Kent County

Northern Virginia
Dare County, North Carolina Lower Currituck County, North Carolina
Hampton Roads
Northern Virginia
Fairfax County, City of Alexandria, Arlington County, City of Falls Church, Loudoun County, Prince Williams County, Woodbridge, Manassas, Richmond, and Newport News, and adjacent areas.
Fairfax County, City of Alexandria, Arlington County, City of Falls Church, Loudoun County, Prince Williams County, Woodbridge, Manassas, Richmond, and Newport News, and adjacent areas.
Gates County – have LPT no OT Hertford County ~~Bertie County – some services~~
East of I-95 from NC/VA line to Wayne County
Central Virginia
northeastern Virginia
Shenandoah Valley
Northern Virginia
Northern Virginia
Virginia Beach, Chesapeake, Norfolk, Portsmouth, Suffolk, Hampton, Newport News, Williamsburg
Washington, D.C., Maryland and Virginia
Washington, D.C., Maryland and Virginia
South Carolina .Noth Carolina and Virginia
MD, Northern VA, and the District of Columbia.

Columbia
Anne Arundel, Calvert, Charles, St. Mary's.
Montgomery, Prince George's
Baltimore, Baltimore City, Cecil, Hartford, Howard.
Avery, Haywood, Ashe, Buncombe, Burke, Caldwell, Cherokee, Clay, Graham, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey
North Carolina: Cleveland, Alexander, Anson, Burke, Cabarras, Catawba, Davidson, Davie, Gaston, Iredell, Lincoln, Mecklenberg, Montgomery, Rowan, Rutherford, Stanley, Union and South Carolina: Abbeville, Anderson, Cherokee, Chester, Fairfield, Greenville, Greenwood, Kershaw, Lancaster, Lauren, Lexington, Newberry, Oconee, Pickens, Richland, Saluda, ~~South Carolina, Union, York~~
Bladen, Cumberland, Duplin Sampson, Harnett, Hoke, Johnston, Lee, Montgomery, Moore, Richmond, Robeson, Scotland.
Greensboro Counties Served: Alamance, Alleghany, Ashe, Caswell, Davidson, Davie, Forsyth, Guilford, Iredell, Person, Randolph, Rockingham, Stokes, Surry, Watauga, Wilkes, Yadkin.
Beaufort, Bertie, Camden, Craven, Currituck, Dare, Duplin, Edgecombe, Gates, Greene, Halifax, Hertford, Johnston, Jones, Lenoir, Martin, Nash, North Hampton, Pamlico, Pasquotank, Perquimans, Pitt, Richmond, Robeson, Sampson, Scotland, Vance, Wake, Washington, Wayne, Wilson.
Coverage Areas: Louisburg Counties Served: Franklin, Granville, Halifax ,Nash, Northampton, Vance, Warren and Wilson.

Beaufort Carteret Craven Jones Onslow Pamlico.
Alamance, Caswell, Chatham, Durham, Franklin, Granville, Halifax, Harnett, Johnston, Nash, Northampton, Orange, Person, Vance, Wake, Warren, Wayne, Wilson.
Bladen, Brunswick, Carteret, Columbus, Duplin, New Hanover, Onslow, Pender, Sampson
Bland, Buchanan, Carol, Dickenson, Giles, Grayson, Lee, Patrick, Pulaski, Russell, Scott, Smyth, Tazewell, Washington,
Alexandria City, Arlington, Clarke, Fairfax, Frederick, Loudon, Prince William, Shenandoah, Warren, Winchester City
Albermarle, Amelia, Brunswick, Buckingham, Caroline, Charles City, Charlotte, Chesterfield, Cumberland, Dinwiddie, Essex,
City of West Point, Gloucester, Hampton, Isle of Wight, James City, King William, Lancaster, Mathews, Middlesex, Newport
Alleghany, Amherst, Appomattox, Augusta, Bath, Bedford, Botetourt, Campbell, Craig, Floyd, Franklin, Giles, Halifax,
Accomack, Chesapeake, Norfolk, Northampton, Portsmouth, Southampton, Suffolk, Sussex, Virginia Beach
Peninsula
Culpeper, Madison, Page, Prince William, Spotsylvania, Stafford
Northern Virginia
Northern Virginia
Northern Virginia
Northern Virginia
Hampton Roads

Dover, DE
Northern Virginia
Northern Virginia
Statewide
Hampton Roads
Norfolk, Virginia Beach, Portsmouth, Chesapeake and Hampton
Norfolk, Williamsburg, Virginia Beach, Grafton, Portsmouth, Seafood, Chesapeake, Hampton, Newport News, Yorktown, Gloucester. Home Health Services also provided in Hampton Statewide
Tidewater Region
Norfolk, Portsmouth, Chesapeake, Virginia Beach, Newport News, Hampton, Yorktown, Williamsburg, Tabb, Franklin, Isle of Wight, Suffolk, Smithfield, Windsor, Waverly and Zuni.
Southside, Peninsula, Middle Peninsula, Northern Neck.
Lower Northampton County Chesapeake Bay Bridge-Tunnel to Upper Accomack County (Maryland line).
Southside, Peninsula, Middle Peninsula, Richmond and Charlottesville.
Franklin, Suffolk, Southampton County, Isle of Wight County and Surry County (parts of).
Norfolk, Portsmouth, Chesapeake, Suffolk, Virginia Beach and Smithfield
Nationwide
Hampton Roads
Hampton Roads

Hampton Roads
Hampton Roads
Hampton Roads
Nationwide
Nationwide
Peninsula
Hampton Roads
Nationwide
Hampton Roads

Hampton Roads

Danville and Roanoke

Hampton Roads

Virginia, Maryland, North Carolina, Tennessee and West Virginia

Statewide

Nationwide

SERVICES
DENTAL CARE
Atlantic Community Health Center-Dental Services, Eastern Shore Rural Health System (Rev.03/31/24)
Chesapeake Care Free Clinic-Dental Services (Rev.03/05/24)
Community Care Clinic of Dare County (Rev.06/24/24)
East Carolina University School Of Dental Medicine (Rev.06/10/24)
Franktown Community Health Center- Dental Services (Rev.03/31/24)
Gloucester-Mathews Free Clinic-Dental Services (Rev.03/15/24)
Guadalupe Free Clinic (Rev.06/24/24)
Kiptopeke Elementary School Dental Services- Eastern Shore Rural Health System (Rev.03/31/24)
LackleyFree Clinic -Dental Care (Rev.03/01/24)
Metompinkin Elementary School Dental Unit- Eastern Shore Rural Health System (Rev.03/31/24)
Nandua Middle School Dental Services- Eastern Shore Rural Health System (rev.03/31/24)

North Carolina Farmworker Health Program- AppHealthCare (Rev.06/24/24)
North Carolina Farmworker Health Program- Black River / Manos Unidas (Rev.06/24/24)
North Carolina Farmworker Health Program- Good Samaritan Clinic (Rev.06/24/24)
North Carolina Farmworker Health Program- North Carolina Farmworkers Project (Rev.06/24/24)
North Carolina Farmworker Health Program- Piedmont Health Services (Moncure Community Health Center) (Rev.06/24/24)
North Carolina Farmworker Health Program- Piedmont Health Services (Prospect Hill Community Health Center) (Rev.06/24/24)
North Carolina Farmworker Health Program- Rural Health Group (Rev.06/24/24)
North Carolina Farmworker Health Program- Surry Medical Ministries (Rev.06/24/24)
North Carolina Farmworker Health Program- Vecinos Inc. (Rev.06/24/24)
Northern Neck - Middlesex Free Health Clinic- Dental Services (Rev.03/15/24)
Ocean View Medical Center- Dental CenterHRCHC-(Hampton Roads Community Health Center)
ODU Community Care Mobile Clinic-Dental Services (Rev.03/06/24)
ODU Dental Hygiene Care Facility (Rev.03/15/24)

Park Place Family Medical Center-Dental Services (Rev.03/04/24)
Roanoke Chowan Community Health Center (Rev.06/24/24)
SEVHS (South Eastern Virginia Health System)(formerly PICH)-East End Physicians Medical Care (Rev.03/01/24)
Western Tidewater Free Clinic-Dental Care (Rev.03/05/24)
MEDICAL CARE
Accomack Health Department (Rev.03/31/24)
Albemarle Regional Health Services (Rev.06/24/24)
Angels of Mercy Medical Clinic (Rev.03/31/24)
Atlantic Community Health Center (Rev.03/31/24)
Bon Secours Care A Van (Rev.03/04/24)

Chesapeake Care Free Clinic (Rev.03/05/24)

Chesapeake Health Department (Rev.03/15/24)

Chincoteague Island Community Health
Center (Rev.03/31/24)

Communicare Family Healthy Center -HRCHC-
(Hampton Roads Community Health Center)
(Rev.03/04/24)

Community Care Clinic of Dare County
(Rev.06/24/24)

Community Care Clinic - Elizabeth City
(Rev.06/07/24)

Currituck County Health Department-ARHS
(Rev.06/05/24)

Eastville Community Health Center
((Rev.03/31/24)

EVMS-HOPES Free Clinic (Rev.03/04/24)
Eastern Shore Rural Health Corporate Office (Rev.03/31/24)
Eastern Shore Rural Health Express Care (Rev.03/31/24)
Franklin City Health Department-Western Tidewater Health District(Rev.03/15/24)
Gateway Community Health Centers (Rev.06/12/24)
Gloucester-Mathews Free Clinic (Rev.03/15/24)
Guadalupe Free Clinic (Rev.06/24/24)
Hampton Health District (Rev.03/04/24)

Housing Resource Center-Medical Care (Rev.02/19/25)
LackleyFree Clinic -Medical Care (Rev.03/01/24)
Lackey Virtual Care-Free Clinic -Medical Care (Rev.03/01/24)
Ledwith --Lewis Free Clinic (Rev.06/24/24)
Little Creek Family Medical Center-HRCHC (Hampton Roads Community Health Center) (Rev.03/04/24)
Norfolk Health Department (Rev.03/04/24)
North Carolina Farmworker Health Program- AppHealthCare (Rev.06/24/24)
North Carolina Farmworker Health Program- Black River / Manos Unidas (Rev.06/24/24)
North Carolina Farmworker Health Program- Good Samaritan Clinic (Rev.06/24/24)
North Carolina Farmworker Health Program- North Carolina Farmworkers Project (Rev.06/24/24)
North Carolina Farmworker Health Program- Piedmont Health Services (Moncure Community Health Center) (Rev.06/24/24)

North Carolina Farmworker Health Program- Piedmont Health Services (Prospect Hill Community Health Center) (Rev.06/24/24)
North Carolina Farmworker Health Program- Rural Health Group (Rev.06/24/24)
North Carolina Farmworker Health Program- Surry Medical Ministries (Rev.06/24/24)
North Carolina Farmworker Health Program- Vecinos Inc. (Rev.06/24/24)
Northampton County Health Department (Rev.03/31/24)
Northern Neck - Middlesex Free Health Clinic (Rev.03/15/24)
Oceanview Medical and Dental Center- HRCHC-(Hampton Roads Community Health Center)(Rev.03/04/24)
ODU Community Care Mobile Clinic (Rev.03/06/24)
Onley Community Health Center (Rev.03/31/24)
Park Place Family Medical Center - HRCHC(Hampton Roads Community Health Center)-Medical Care (Rev.03/04/24)
Peninsula Health Department (03/31/24)
PIN People in Need) Ministry-for the Homeless (Rev.03/06/24)

Portsmouth Community Health Center- HRCHC-(Hampton Roads Community Health Center) (Rev.03/05/24)
Portsmouth Health Department (Rev.03/05/24)
Roanoke Chowan Community Health Center (Rev.06/24/24)
SEVHS (South Eastern Virginia Health System)(formerly PICH)-Chesapeake Community Health Center (Rev.03/15/24)
SEVHS (South Eastern Virginia Health System) (formerly PICH)-Franklin Community Health Center (Rev.03/15/24)
SEVHS (South Eastern Virginia Health System) (formerly PICH)-SEVHS Hampton-Newport News Community Services Board - Medical Care (Rev.03/01/24)
Sentara Ambulatory Care Center (ACC Clinic) (Rev.03/04/24)
SEVHS (South Eastern Virginia Health System) (formerly PICH)-East End Physicians Medical Care (Rev.03/01/24)

SEVHS (South Eastern Virginia Health System) (formerly PICH)-48th Street Physicians Medical Care (Rev.03/01/24)
SEVHS (South Eastern Virginia Health System) (formerly PICH)-Four Oaks Day Center Medical Care (Rev.03/01/24)
SEVHS (South Eastern Virginia Health System) (formerly PICH)-Main Street Physicians- Medical Care (Rev.03/04/24)
SEVHS (South Eastern Virginia Health System) (formerly PICH)- Virginia Beach Family Medical Center Medical Care (Rev.03/05/24)
SEVHS (South Eastern Virginia Health System) (formerly PICH)- Warwick Boulevard Physicians Medical Care (Rev.03/01/24)
SEVHS (South Eastern Virginia Health System) (formerly PICH)-Stoneybrook Physicians Medical Care (Rev.03/01/24)

Western Tidewater Free Clinic-Medical Care
(Rev.03/05/24)

Williamsburg/James City County Health
Department (03/31/24)

VISION/SIGHT

LackleyFree Clinic -Ophthalmology
(Rev.03/01/24)

Guadalupe Free Clinic
(Rev.06/24/24)

Western Tidewater Free Clinic-Eye Care
(Rev.03/05/24)

AGENCY NAME/ADDRESS	
Atlantic Community Health Center Lankford Highway New Church, VA 23415	5219
Chesapeake Free Clinic 2145 S.Military Hwy Chesapeake, VA 23320	
425 Health Center Dr. Nags Head, NC 27959 OR 50347 NC-12 Hwy Frisco, NC 27936 Dare County Department of Public Health (Across from EMS)	
1851 MacGregor Downs Road Greenville, NC 27834	
Franktown, Franktown Community Health Center, Eastern Shore Rural Health Franktown Road Franktown, VA 23354	9159
Gloucester-Mathews Free Clinic 6031 Industrial Drive Gloucester, VA 23061 Mailing address P.O. Box 684 Gloucester, VA 23061	
700 McKinney Blvd #1100 Colonial Beach, VA 22443	
24023 Fairview Road, Cape Charles, Northampton County, VA 23310	
Lackley Free Clinic An Outreach of Olivet Medical Ministry, NC 1620 Old Williamsburg Road Yorktown, VA 23690	
Metompkin Elementary School Dental Unit-Eastern Shore Rural Health System 24501 Parksley Road, Parksley, Accomack, VA 23421	
20330 Warrior Drive, VA 23418	Onley,

AppHealthCare 157 Health Services Rd, Sparta, NC 28675
Black River / Manos Unidas 126 West Main Street Atkinson, NC 28421
Good Samaritan Clinic 500 East Parker Road Morganton, NC 28655
North Carolina Farmworkers Project 200 S. King Avenue Dunn, NC 28334
Piedmont Health Services (Moncure Community Health Center) 7228 Moncure Pittsboro Rd Moncure, NC 27559
Piedmont Health Services (Prospect Hill Community Health Center) 322 Main St. Prospect Hill, NC 27314
Rural Health Group 100 Parkview Drive West Henderson, NC 27536
Surry Medical Ministries 813 Rockford St. Mt Airy, NC 27030
Vecinos Inc. 3971 Little Savannah Rd., Office 173 Cullowhee, NC 28723
51 William B Graham Ct, P.O. Box 1694 Kilmarnock, VA 22482
9581 Shore Drive Norfolk VA 23518
ODU Community Care Mobile Clinic
Old Dominion University Dental Hygiene Care Facility ODU Health Sciences Building 1090 46th Street Norfolk, VA 23529 1st Floor.

Park Place Health Clinic- Dental Services
606 W. 29th Street
Norfolk, VA 23508
Located in the Park Place Multi-purpose Community Center

109 W River St, Colerain,
NC 27924

SEVHS -East End Physicians
1033 28th Street
Newport News, VA 23607

Western Tidewater Free Clinic
2019 Meade Parkway
Suffolk, VA 2434

Accomack Health Department 23191 Front Street,
P.O. Box 177
Accomack, VA 23301-0177

Tasquotank County
711 Roanoke Ave, Elizabeth City, NC 27909
Perquimans County
103 ARPDC St. Hertford, NC 27944
Camden County
160 U.S 158, Bldg. B Camden, NC 27921
Chowan County
202 Hicks St. Edenton, NC 27932
Currituck County
2795 Caratoke Hwy Currituck, NC 27929
Gates County

7151 Richmond Road
Suite 401
Williamsburg, VA 23188

Atlantic Community Health Center
5219 Lankford Highway
New Church, VA 23415

4700 George Washington Hwy.
Portsmouth, Virginia 23702.

Chesapeake Free Clinic
2145 S.Military Hwy
Chesapeake, VA 23320

Chesapeake Department of Health
748 Battlefield Blvd
Chesapeake VA 23320

Chincoteague Island Community Health Center
4049 Main Street
Chincoteague Island, VA 23336

Communicare Family Healthy Center
804 Whitaker Lane
Norfolk VA 23510

425 Health Center Dr.
Nags Head, NC 27959
OR
50347 NC-12 Hwy
Frisco, NC 27936
Dare County Department of Public Health (Across from EMS)

918 Greenleaf St,
Elizabeth City, NC 27909

2795 Caratoke Hwy,
Currituck, NC 27929

17068 Lankford Highway, Eastville, VA 23347

830 Southampton Ave.
Norfolk VA 23509
First floor of the Norfolk Public Health Building

20280 Market St,
Onancock, VA 23417

Four Corner Plaza
25228 Lankford Hwy
Onley, VA 23418

Franklin City Health Department
200 Fairview Drive
P.O. Box 595
Franklin, VA 23851

1134 N Road St, Elizabeth City, NC 27909

Gloucester-Mathews Free Clinic
6031 Industrial Drive
Gloucester, VA 23061
Mailing address
P.O. Box 684
Gloucester, VA 23061

700 McKinney Blvd #1100
Colonial Beach, VA 22443

Victoria Center
3130 Victoria Boulevard
Hampton, VA 23661

104 N. Witchduck Road
Virginia Beach VA

Lackley Free Clinic An Outreach of Olivet Medical Ministry, NC 1620 Old Williamsburg Road Yorktown, VA 23690
Lackey Virtual Care-Free Clinic -Medical and Dental Care
317 Duke St, Tappahannock, VA 22560
Little Creek Family Medical Center-HRCHC (Hampton Roads Community Health Center) 7447 Central Business Park Drive Norfolk VA 23513
Norfolk Health Department, 830 Southampton Avenue, Suite 200, Norfolk, VA 23510
AppHealthCare 157 Health Services Rd, Sparta, NC 28675
Black River / Manos Unidas 126 West Main Street Atkinson, NC 28421
Good Samaritan Clinic 500 East Parker Road Morganton, NC 28655
North Carolina Farmworkers Project 200 S. King Avenue Dunn, NC 28334
Piedmont Health Services (Moncure Community Health Center) 7228 Moncure Pittsboro Rd Moncure, NC 27559

Piedmont Health Services (Prospect Hill Community Health Center) 322 Main St. Prospect Hill, NC 27314
Rural Health Group 100 Parkview Drive West Henderson, NC 27536
Surry Medical Ministries 813 Rockford St. Mt Airy, NC 27030
Vecinos Inc. 3971 Little Savannah Rd., Office 173 Cullowhee, NC 28723
Northampton County Health Department 7114 Lankford Highway, P.O. Box 248 Nassawadox, VA 23413
51 William B Graham Ct, P.O. Box 1694 Kilmarnock, VA 22482
Oceanview Medical and Dental Center-HRCHC-(Hampton Roads Community Health Center) 9581 Shore Drive Norfolk VA 23518
ODU Community Care Mobile Clinic
20306 Badger Lane, Onley, VA 23418
Park Place Family Medical Center - HRCHC(Hampton Roads Community Health Center)- Medica Care 155 Kingsley Lane, Suite 320 NORFOLK, VA 23505
Peninsula Department of Health 36-A J Clyde Morris Blvd. Newport News Virginia 23601
1164 Miller's Lane, Suite A Virginia Beach, VA 23451

Portsmouth Community Health Center 1541 High Street Portsmouth, VA 23704	
Portsmouth Department of Health 1701 High Street, 1st Floor Portsmouth, VA 23704	
109 W River St, Colerain, NC 27924	
490 Liberty Street Chesapeake, VA 23324	
Franklin Community Health Center 1357 Armory Drive Franklin, VA 23851	
Hampton-Newport News Community Services Board 300 Medical Drive – Suite 400 Hampton, VA 23666	
130 Colley Ave Norfolk, VA 23510	
SEVHS -East End Physicians 28th Street Newport News, VA 23607	1033

SEVHS South Eastern Virginia Health System (formerly PICH) Street Physicians 4714 Marshall Avenue VA 23607	48th Newport News
Four Oaks Day Center 7401 Warwick Boulevard Newport News, VA 23607 8:00am – 12:00pm Monday and Wednesday	
Main Street Physicians 157 N. main Street, Suite A Suffolk, VA 23434 -4507	
940 General Booth Boulevard Virginia Beach, VA 23451	
SEVHS-Warwick Boulevard Physicians 9294 Warwick Boulevard Newport News, VA 23607	
SEVHS-Stoneybrook Physicians 15425-H Warwick Blvd. Newport News, VA 23608	

Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	
4095 Ironbound Road Suite 200 Williamsburg Virginia 23188	
Lackley Free Clinic Outreach of Olivet Medical Ministry, NC Williamsburg Road Yorktown, VA 23690	An 1620 Old
700 McKinney Blvd #1100 Colonial Beach, VA 22443	
Western Tidewater Free Clinic 2019 Meade Parkway Suffolk, VA 2434	

PHONE/FAX/WEBSITE	NOTES
Ph: 757-824-5676 Fax: 757-824-5872 Email:nfo@esrh.org Website www.esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice dental services. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance. Most major health insurances are accepted. Spanish speaking staff available upon request. Open Monday-Friday 8:00 a.m. - 5:00 p.m.
Ph:757-545-5700 Fax:757-545-7706 Website: www.chesapeakecare.org	Dental Care is provided as follows: Extractions, Restorations, Comprehensive dental exams to determine treatment needed, Cleanings with hygienist. Eligibility requirement: Resident of Hampton Roads ,No dental insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must complete an eligibility appointment to determine if they are eligible to receive medical and/or dental care at the clinic. Appointment
Ph:252- 261-3041 Email:cccdinfo@dareclinic.org Website:https://www.dareclinic.org	The Community Care Clinic of Dare (CCCD) provides dental care to uninsured and underinsured individuals in Dare County Eligibility: Be 18 years old and older, Live or work in Dare County, Be uninsured or underinsured, Have household income less than Federal Poverty Guidelines extended by the Department of Health and Human Services. Interpretation Services Available. Hours at Nags Head location: Monday – Thursday from 9 am – 2 pm and Hours at Frisco Location: 2nd Thursday of each month. Please call for further
Ph:252- 331-7225 OR 252-737-7834 Website:https://dental.ecu.edu	East Carolina University School of Dental Medicine provides dental services for adults and children. Services included:Comprehensive General Dentistry, Cosmetic Tooth Whitening, Crowns and Bridges, Dental Hygiene and Preventive Services, Dentures and Partial Dentures, Digital Radiography, Emergency Dentistry, Hospital Dentistry, Hygienist Services, Implant Services
Ph: 757-442-4819 Fax: 757-442-9505 Email:nfo@esrh.org Website: www.esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice dental services. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance. Most major health insurances are accepted. Spanish speaking staff available upon request. Open Monday-Friday 8:00 a.m. - 5:00 p.m. As their dental program continues to grow their priority is to see children, pregnant women, high risk patients, and patients referred by Rural Health
Ph:804- 210-1368 Fax: 804- 684-3691 Website: www.gmfreenclinic.com	Gloucester-Mathews Free Clinic mission is to provide community-based dental care services for the residents of Gloucester and Mathews Counties who lack health insurance or enough income to pay for it. Services: Basic Dental Services are available (cleanings, fillings, and extractions), dentures and partials Please call for further information.
Ph:804- 224-0571 Fax: 804-224-0572 Email:carrington@guadalupefreeclinic.org Website:https://guadalupefreeclinic.org	The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, is a donor-supported, volunteer-staffed free health clinic that seeks to serve the indigent, working poor and medically uninsured residents of the Town of Colonial Beach and Westmoreland County. They provide Limited Dental
Ph: 757-331-1048 Fax: 757-331-1038 Email:nfo@esrh.org Website: www.esrh.org	Eastern Shore Rural Health provides "School-Based Dental Services" to children ages 3 through 18 years of age. The clinics are open year-round from 8:30 a.m. to 5:00 p.m. During the summer, children of migrant workers aged 3 to 21 years may receive services whether or not they are attending school. Preventive and restorative dental services are provided by a licensed dentist at two dental clinics. The program accepts Medicaid, FAMIS and many private dental insurances. They also offer a sliding scale fee to children who qualify for
Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821	Lackey clinic is a faith-based nonprofit providing free dental care to adults without dental insurance. Their patients are the working class who earn too much to qualify for Virginia Medicaid but not enough to afford quality dental
Ph:757-665-1159 Fax: 757-665-1846 Email:nfo@esrh.org Website: www.esrh.org	Eastern Shore Rural Health provides "School-Based Dental Services" to children ages 3 through 18 years of age. The clinics are open year-round from 8:30 a.m. to 5:00 p.m. During the summer, children of migrant workers aged 3 to 21 years may receive services whether or not they are attending school. Preventive and restorative dental services are provided by a licensed dentist at
Ph: 757-787-3494 Fax: 757-787-1021 Email:nfo@esrh.org Website: www.esrh.org	Eastern Shore Rural Health provides "School-Based Dental Services" to children ages 3 through 18 years of age. The clinics are open year-round from 8:30 a.m. to 5:00 p.m. During the summer, children of migrant workers aged 3 to 21 years may receive services whether or not they are attending school. Preventive and restorative dental services are provided by a licensed dentist at

Ph: 336- 572-1097 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph: 910- 789-9283 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph: 828- 212-4176 Fax: 828-212-4193 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph: 919- 701-1306 Fax: 919-701-1084 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph: 919- 542-4991 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph:336- 562-3311 x1809 Fax:336- 562-4444 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph: 252 574-2506 Fax: 252 438-2084 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker
Ph:336- 789-5058 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph: 828- 293-2274 Website:https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker
Ph:804- 435-0575 Fax:804- 435-9017 Email:info@nnmfhc.org Website:https://nnmfhc.org/	Northern Neck - Middlesex Free Health Clinic provides dental services to persons living in the Northern Neck Region and Middlesex County of Virginia who are uninsured or under-insured and cannot reasonably be expected to pay for such care. Services: Oral exams and treatment plans,Cleanings,Fillings X-rays,Sealants,Extractions and Dentures. Eligibility: All Medical Clinic patients
Ph: 757-393-6363 Fax: 757-397-0047 Email:info@hrchc.org website:www.hrchc.org	Hampton Roads Community Health Center-East Ocean View Center provides dental services available for adults and children at the Norfolk site. Services include: EXAMINATIONS AND X-RAYS: review and update medical history in
Ph:757-45-CARES (757-452-2737) Email: studies@carelink@odu.edu OR	ODU Community Care is a FREE healthcare program serving all ages. Services include dental screenings. The school will incorporate telehealth to help residents connect with specialists and other allied health professions.
Ph:757- 683-4308 Email:leusner@odu.edu Website: https://www.odu.edu/konikoff-dental-hygiene-care-facility	Dental care services for children and adults. Services provided: Oral cancer screenings, Dental and Periodontal Charting, Oral Prophylaxis, Therapeutic Scaling, Extrinsic, Stain Removal, Soft Tissue management, Fluoride Therapy, Dental, Sealants, Prosthetic (Denture/Partial) Cleaning, Custom Athletic Mouth guard, Custom Fluoride Tray, Radiographic Services(if indicated), Up to Four Radiographs (included with oral Prophylaxis). Eligibility: No financial requirements. Individual can reside at any city. Insurance is not accepted.

Ph:757-683-2692 & Fax: 757-683-9240 Website: http://www.parkplaceclinic.org/Services-and-Screenings.html	Park Place Health & Dental Clinic, Inc. provides services to the homeless, low-income and underserved residents of the city of Norfolk. Services: provides low cost services for those who qualify: Extractions, Fillings, Cleanings. Fees: For New Patients: The \$25 fee is due when submitting the application. That fee covers your first appointment cost. Any other follow up appointments needed are then \$25 each after that. Limited Availability: Dentures \$200 per arch and Partials \$100 per partial. Eligibility: clinic is for those with no kind of dental
Ahoskie Location: Ph:252-332-3548 Colerain Location:	Roanoke Chowan Community Health Center provides. primary, preventive, enabling and supplemental medical health care services, including pediatrics, dental care, mental health care and substance abuse services, either directly
Ph: 757-952-2160 Fax: 757-952-2169 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding
Ph: 757-923-1060 Fax:757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services: Dental Care and pharmacy services. Eligibility requirements: Be an adult, age 18 or older. Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties, Live
Ph:757-787-5880 Toll Free: 888-942-3663 Fax:757-787-5841 Email: wicinfo@vdh.virginia.org	Services provided: Maternity clinic, Family planning services, Immunizations, Communicable disease program, Breast and cervical cancer program, Pregnancy testing, STD clinic, Health education,. Eligibility requirement: Income information required. Charges may vary with income and service
Pasquotank County Ph:252- 338-4400 Perquimans County Ph:252-426-2100 Camden County Ph:252-338-4460 Chowan County Ph:252-482-6003 Currituck County Ph:252-232-2271 Bertie County	Albemarle Regional Health Services provides Primary Care ,Behavioral Health Counseling, Child Health Services, Immunizations & Vaccinations, General Communicable Disease Control, Sexually Transmitted Diseases, Family Planning, Breast and Cervical Screening, Maternal Health, Infectious Disease Specialty Clinic, Women, Infants, and Children (WIC), Nutrition Services and Medical Nutrition Therapy. They accept Medicaid, Medicare and most other forms of private insurance. Hours: Pasquotank County 8 a.m. - 5 p.m. • Monday - Friday and Every Thursday evening: 5 p.m. - 7p.m.; Perquimans County: 8 a.m. - 5 p.m. • Monday - Friday and 2nd and 4th Thursday evenings: 5 p.m. - 7 p.m.; Camden County: 8 a.m. - 5 p.m. • Monday - Friday and 2nd and 4th Thursday evenings: 5 p.m. - 7 p.m.; Chowan County: 8 a.m. - 5 p.m. • Monday - Friday and
Ph:757- 565-1700 Email: angelsofmercyclinic@gmail.com Website: https://www.angelsofmercyclinic.org	Angels of Mercy Medical Clinic provides comprehensive medical management for chronic conditions such as hypertension, diabetes, high cholesterol, asthma, COPD, prediabetes and more to uninsured and underinsured individuals. Each patient receives individualized care according to their needs. In addition to disease management services, we provide basic primary care, physical exams, men's health, women's health (GYN care), ordering and interpreting diagnostic tests, and preventative health screenings. Languages: Please contact provider for language assistance by staff. Cost: free services and Free Prescription Drug
Ph: 757-824-5676 Fax: 757-824-5872 Email: nfo@esrh.org Website: www.esrh.org	Provides a private, non-profit health provider offering residents of Accomack and Northampton Counties all phases of family practice medical care, labs, pharmacy, support services, express care and behavioral health. No age limitation. Payment: Please Inquire. Sliding scale is offered to people without health insurance. Most major health insurances are accepted. Spanish speaking staff are available upon request. Open Monday 8:00 a.m. - 8:00 p.m. and Tuesday - Friday 8:00 a.m. - 5:00 p.m. Please call or visit the website for further information
Ph: 757-889-5121 Zcontact: Takeirah Martin Email: takeirah_martin@bshsi.org Website: https://www.bonsecours.com/locations/community-services/hampton-roads/care-a-van?utm_source=google&utm_medium=organic&utm_campaign=care-a-van	The Bon Secours Care-A-Van is a free medical service that provides general medical care to uninsured adults and children in Hampton Roads communities on the southside and the peninsula. Services include routine evaluation and treatment of common acute illnesses including: Gastritis and heart burn, Minor skin rashes, Minor musculoskeletal pains, Respiratory infections, Urinary tract and bladder infections, Headaches, ear aches, and pink eye, Chronic conditions such as diabetes and hypertension. The Care-A-Van also offers

Ph:757-545-5700 545-7706 www.chesapeakecare.org	Fax:757- Website:	Services: Medication assistance and pharmacy services. Eligibility requirement: . Resident of Hampton Roads ,No medical insurance,(including Medicaid, Medicare, or VA benefits) Must meet income guidelines, cannot exceed 300% of the federal poverty level, proof of income is required. All patients must complete an eligibility appointment to determine if they are eligible to receive medical and/or dental care at the clinic Appointment based. Hours of operation: Tuesday and Wednesday-9:00 AM - 5:00 PM,Thursday-9:00 AM - 6:00 PM, Friday - 9:00 AM - 6:00 PM, Saturday - 9:00 AM - 6:00 PM, Sunday - 9:00 AM - 6:00 PM
Ph:757-382-8600 & 382-8631 0298 Website:https://www.vdh.virginia.gov/chesapeake	757- Fax:757-547-	Services provided: Adult medical clinic, Immunizations, Pediatric school entrance examination, Communicable disease program, Breast and cervical cancer program, Pregnancy testing, STD clinic, Chesapeake Wellness program, Occupational Health Services. Eligibility requirement: Income information required. Charges may vary with income and service provided, sliding scale fees, certain services are free. Intake procedure: Appointment based. Hours of operation: Monday through Friday 8:15AM to 5:00 PM. Fees
Ph.: 757-336-3682 Fax: 757-336-3703 Email:nfo@esrh.org Website: www.esrh.org		This clinic provides medical care,,labs,pharmacy,support services, express care and behavioral health to residents of all ages. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours: Open Monday, Tuesday, Thursday, Friday 8:00 a.m. - 5:00 p.m., Wednesday 8:00 a.m. - 8:00 p.m. Please call or visit the website for
Ph: 757-393-6363 Fax: 757-397-0047 Email:info@hrhc.org website:www.hrhc.org		Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension, diet and nutrition, Women's health services: family planning services, prenatal care and post partum visits. Pediatric services: well baby, immunizations and school and sports physicals. Medication Assistance program for prescription drugs on site
Ph:252- 261-3041 Email:cccdinfo@dareclinic.org Website:https://www.dareclinic.org		The Community Care Clinic of Dare (CCCD) provides medical care to uninsured and underinsured individuals in Dare County Eligibility: Be 18 years old and older, Live or work in Dare County, Be uninsured or underinsured, Have household income less than Federal Poverty Guidelines extended by the Department of Health and Human Services. Interpretation Services Available. Hours at Nags Head location: Monday – Thursday from 9 am – 2 pm and Hours at Frisco Location: 2nd Thursday of each month. Please call for further information.
Ph:252- 384-4733 Fax:252- 337-6792		Community Care Clinic - Elizabeth City is a health care center funded by the federal government.This means even if you have no insurance you can be covered.The center is also income based for those making an income.This health center can cover services such as checkups, treatment, pregnancy care (where applicable), immunizations and child care (where applicable), prescription medicine and mental and substance abuse where applicable. You may be required to join for free in order to access full contact information.
Ph: 252- 232-2271 Website:https://arhs-nc.org		ARHS offers comprehensive clinical services through each of its eight local health departments, conveniently located in each of our eight primary service counties - Bertie, Camden, Chowan, Currituck, Gates, Hertford, Pasquotank and Perquimans.. Services includes: Primary Care, Child Health Services, Immunizations & Vaccinations. General Communicable Disease Control, Sexually Transmitted Diseases, Family Planning. Breast and Cervical Screening, Maternal Health and Infectious Disease Specialty Clinic.Hours:Monday-Friday 8:00 AM - 5:00 PM and Saturday and Sunday closed. Please call for further information.
Ph: 757-331-1086 Fax: 757-442-9505 Email:nfo@esrh.org Website: www.esrh.org		This clinic provides medical care,,labs,pharmacy,support services, express care and behavioral health to residents of all ages. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours: Open Monday, Wednesday, Thursday and Friday 8:00 a.m. - 5:00 p.m., Tuesday 8:00 a.m. - 8:00 p.m. Please call or visit the website for further information. For further information.

Ph:757-446-0366 757-403-2474 Spanish Website: https://www.evms.edu/education/resources/community-engaged_learning/hopes	EVMS-HOPES Fee Clinic is the first and only student-run free clinic in Virginia staffed by EVMS students, residents and physicians. HOPES is to serve uninsured citizens of Norfolk with long term and specialty care. The clinic is appointment based only and serves the following specialties: Women's Health Clinic, Dermatology, Ophthalmology, Orthopedics and Ultrasound. Case management is available. Hours: Thursdays at 6:00PM. A Hispanic clinic "Esperanza" is held for Spanish speaking individuals with limited English proficiency.
Ph: 757- 414-0400 Fax:757-414-0569 Email:nfo@esrh.org Website: https://esrh.org/	Provide medical, oral, and behavioral health care and support services to everyone in our community regardless of ability to pay. As primary health care providers, we serve our patients and work with others to manage patients' health needs in a safe, professional way that also respects the culture of every individual. Please call or visit the website for further information.
Info Line: 757-787-1465 Email:nfo@esrh.org Website: https://esrh.org/	ESRH Express Care offers rapid, high quality care – walk in for urgent needs or care needed in between appointments with your regular health care provider. We combine our high-quality clinical expertise with care and convenience to help patients ages 2+ with urgent or serious, but not life-threatening conditions. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are underinsured. Hours: Monday – Friday: 12 p.m. – 8 p.m. and Saturday & Sunday: 8 a.m. – 4 p.m. Please call for further
Ph: 757-562-6109 Fax: 757-562-2630 Website: https://www.vdh.virginia.gov/western-tidewater	Services: Communicable disease includes (Tuberculosis TB and Sexually Transmitted Disease STD),Diabetes Education Program, Environmental Health, Pregnancy Testing, Family Planning, Immunizations(includes foreign travel), Nurse Prenatal, Nursing Home Screenings, Personal Care, Positive Life Choices, Vital Records. Eligibility: Based on income. Hours of Operation: 8:00a.m to 4:30 p.m. Please call or visit the website for further information.
Ph:252- 333-1047	Gateway Community Health Centers Inc is a practice with 1 Location. Currently Gateway Community Health Centers Inc's 3 physicians cover 3 specialty areas of medicine Family Medicine, Nurse Practitioner and Psychology. Hours: Mon-Fri- from 8:00 am - 5:00 pm .Please call for further information.
Ph:804- 210-1368 Fax: 804- 684-3691 Website: www.gmfreeclinic.com	Gloucester-Mathews Free Clinic mission is to provide community-based healthcare for the residents of Gloucester and Mathews Counties who lack health insurance or enough income to pay for it. Services includes: primary care visits, chronic care visits, nurse visits, etc. Hours: clinic hours: Monday - Thursday: 8:30 a.m. - 5:00 p.m. and Friday: 8:30 a.m. - 12:00 p.m. Saturday & Sunday: CLOSED. Administrative hours: Monday - Thursday: 8:00 a.m. - 5:00 p.m. Friday: 8:00 a.m. - 12:00 p.m. Saturday & Sunday: CLOSED. Pharmacy hours: Monday, Tuesday, Thursday: 8:30 a.m. - 2:30 p.m. and Friday: 8:30 a.m.
Ph:804- 224-0571 Fax: 804-224-0572 Email:carrington@guadalupefreeclinic.org Website: https://guadalupefreeclinic.org	The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, is a donor-supported, volunteer-staffed free health clinic that seeks to serve the indigent, working poor and medically uninsured residents of the Town of Colonial Beach and Westmoreland County,. They provide primary, non-emergency medical care for health problems, including chronic illness, such as <u>high blood pressure and diabetes with follow up care as needed. Annual</u>
Ph:757-727-1172 Fax:757-727-1185 Website: https://hampton.gov/1537/Health-Department	Services provided: Prevention services are a major component of the Health Department's Dental Clinic. Services are provided primarily to children up to 18 years of age. Services include dental exam, x-rays, preventive treatments, restorations (fillings), extraction (tooth pulling), and tooth space maintenance. Community preventive dental education programs are an integral part of the dental Children's Dental Care. Eligibility requirement: Income information required. Charges may vary with income and service provided, sliding scale fees. certain services are free. Intake procedure: Appointment based and walk

Ph: 757- 385-2437 Virginia Relay TTY:711 Email:HomelessSystem@vbgov.com Website: https://housing.virginiabeach.gov/ending-homelessness/housing-resource-center	The Housing Resource Center will provide free primary health care services for adults and children, including acute/urgent care; chronic care; school, sports physicals and general physicals; health screenings, women/men's health screenings and pediatric care for households experiencing homelessness only. Provider: ODU Community Care.How to access services: Walk-ins and by appointment on Monday, Tuesday and Wednesday, 9 a.m. – 4 p.m. Please call to schedule an appointment..
Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821	Services: Primary Care, Family medicine, school Physicals, Pediatric Services, Gynecological services, lab and X-ray services, Pharmacy services, Diabetic counseling, Spiritual counseling, Ophthalmology, Endocrinology, Rheumatology. Hours of operation: Monday–Thursday:8:30 a.m.–5:00 p.m.
Website: https://lackeyclinic.org/lackey-virtual%20care/ You can also contact clinic for further details: Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax:757-369-3821	Lackey Virtual Care is a 24/7 online diagnosis and treatment service to help those with common medical conditions. Instead of trying to book an appointment that works with both your busy schedule and your doctor's office, Lackey Virtual Care gives you the power to start the process whenever YOU want to and gives you DIRECT ACCESS to your provider. No appointment needed! You can start your online visit at anytime from anywhere in Virginia.
Ph:804- 443-9590 Fax:804- 443-9560 Website: https://ledwithlewisfreeclinic.org	Ledwith- Lewis Free Clinic is a community-based organization providing quality healthcare to the people of the Northern Neck and Middle Peninsula regions of Virginia at little or no charge to low income, uninsured people and people with health insurance but no medication coverage. The following items are required to establish eligibility: A Driver ID. You must be over 18 years of age to
Ph: 757-393-6363 Fax: 757-397-0047 Email:info@hrchc.org website:www.hrchc.org	Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension, diet and nutrition, Women's health services: family planning services, prenatal care and post
Ph: 757-683-2800 Main 757- 683-2796 757-683-2735 Appointments: 757-355-5666 Fax:757- 683-8878	Provides clinical programs and services to improve the medical health care and support services for Norfolk residents. communicable diseases (683-2732)-STD & HIV (683-2767), foreign travel (683-2732), general medical (683-2728), immunizations (683-9230), immigration screening (683-2889), pediatric clinic (683-9230), pregnancy testing (683-2837), refugee screening (683-2728),
Ph: 336- 572-1097 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit organizations, one free clinic and one hospital. NCFHP currently serves 55 counties in the state. Farmworkers in other areas may have access to care through other migrant health centers. Hours:Monday through Friday 8-5 pm. MULTILINGUAL: they offer services in multiple languages through interpreters on-site and a special language line.Please call for further information.
Ph: 910- 789-9283 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph: 828- 212-4176 Fax: 828-212-4193 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit
Ph: 919- 701-1306 Fax: 919-701-1084 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker
Ph: 919- 542-4991 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit organizations, one free clinic and one hospital. NCFHP currently serves 55

Ph:336- 562-3311 x1809 Fax:336- 562-4444 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker health programs at community health centers, health departments, nonprofit organizations, one free clinic and one hospital. NCFHP currently serves 55
Ph: 252 574-2506 Fax: 252 438-2084 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker
Ph:336- 789-5058 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker
Ph: 828- 293-2274 Website: https://ncfhp.ncdhhs.gov/sites-we-fund/	The North Carolina Farmworker Health Program (NCFHP) contracts with a diverse set of local agencies throughout North Carolina to provide outreach services, health education, case management, and medical and dental care to farmworkers and their family members. Currently they support farmworker
Ph:757-442-6228 Toll free: 888-942-3663 Fax: 757-442-4307 Email: wicinfo@vdh.virginia.org ~~Fax:757-707-5944~~	Services provided: Maternity Clinic, Family Planning Services, Immunizations, Communicable Disease Program, Breast and Cervical Cancer Program, Pregnancy testing, STD Clinic, Health education. Eligibility requirement: Income information required. Charges may vary with income and service provided, ~~sliding scale fees, certain services are free, intake procedures, Appointment~~
Ph:804- 435-0575 Fax:804- 435-9017 Email: info@nnmfhc.org Website: https://nnmfhc.org/	Northern Neck - Middlesex Free Health Clinic that provides health care to persons living in the Northern Neck Region and Middlesex County of Virginia who are uninsured or under-insured and cannot reasonably be expected to pay for such care. ~~Services: Physical Therapy, Chronic & acute care, Specialty~~
Ph: 757-393-6363 Fax: 757-397-0047 Email: info@hrhc.org website: www.hrhc.org	Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension, diet and nutrition, Women's health services, Family planning services, Prenatal care and post partum visits, Pediatric well baby, immunizations and school and sports
Ph:757-45-CARES (757-452-2737) Email: oduprimarycareclinic@odu.edu OR ODUCommunitycare@odu.edu Website: https://communitycare-odu.com/!	ODU Community Care is a FREE healthcare program serving all ages. Services include wellness physicals, sports and school physicals, urgent care visits, and chronic care management. ODU Community Care has an interprofessional team that can address most concerns, including behavioral and mental health issues, women's and men's health, dental screenings, and many others. The school will incorporate telehealth to help residents connect
Ph: 757-787-7374 Fax: 757-787-4513 Email: nfo@esrh.org Website: www.esrh.org	This clinic provides medical care,,labs,pharmacy,support services, express care and behavioral health to residents of all ages. Spanish speaking staff available upon request. They accepts most major medical insurances, and A sliding fee scale is available to patients without insurance coverage or who are
Ph: 757-393-6363 Fax: 757-397-0047 Email: info@hrhc.org website: www.hrhc.org	Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension, diet and nutrition, Women's health services: family planning services, prenatal care and post partum visits. Pediatric services: well baby, immunizations and school and sports physicals. Medication Assistance: program for prescription drugs, on site
Ph:757-594-7300 Fax:757-594-7714 Email: peninsula@vdh.virginia.gov Website: www.vdh.state.va.us/LHD/peninsula	Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis Screening programs, Disease Surveillance, influenza Surveillance. Eligibility requirement: ~~Income information required. Charges vary according to income and services~~
Ph:757-962-3567 Fax: 757.961.4824 Email: info@pinministry.org Website: https://pinministry.org/	PiN has volunteer medical professionals who offer basic first aid, Preventative Medicine (educating the homeless on hypertension, women's health, proper diet, and providing cancer and diabetes screenings), Behavioral Services and Labs and Screenings (On Wednesdays, PiN offers various lab services, to include: H.I.V. screenings, Sentara lab services and vaccinations) for the homeless of our community. Now they offer physical therapy services and telehealth visits at their new PiN Medical Clinic. Please call for further information.

Ph: 757-393-6363 Fax: 757-397-0047 Email:info@hrchc.org Website:www.hrhc.org	Community Health Center. Sliding scale fees for uninsured (proof of income for uninsured). Insurance accepted. Services: Treatment for both acute and chronic illnesses such as diabetes, stroke, hypertension, diet and nutrition, Women's health services, Family planning services, Prenatal care and post partum visits
Ph:757-393-8585 Fax:757-393-8585 Email:phd.info@vdh.virginia.gov Website:https://www.vdh.virginia.gov/portsmouth	Services provided: Family planning, well Child, Sexually Transmitted Diseases(STD) Diagnosis & treatment, STD/HIV Reporting, Immunizations for Children and adults, Overseas Travel Immunization, Immigration, School Physicals, Lead Screening, HIV/AIDS Medical Care, Tuberculosis(TB) (Screening an testing),Pregnancy Testing. Eligibility requirement: Income
Ahoskie Location: Ph:252-332-3548 Colerain Location: Ph:252-356-2404 Creswell Location:	Roanoke Chowan Community Health Center provides. primary, preventive, enabling and supplemental medical health care services, including pediatrics, dental care, mental health care and substance abuse services, either directly on-site or through established arrangements, regardless of ability to pay. Care is provided in a medical home setting. Interpretation services available upon
Ph: 757- 228-1288 Fax: 757- 228-1232 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding
Ph: 757-304-5570 Fax: 757-304-5577 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: 8:00am – 5:00pm Monday-Friday. Bilingual staff available upon request. Please call for further information.
Ph: 757- 788-0455 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: 9:00am – 3:00pm Wednesday and Thursday. Bilingual staff available upon request. Please call for further information.
Ph:757- 388-3881 Fax:757-388-4012 Website:https://www.sentara.com/hospitals/location/s/sentara-ambulatory-care-center	The Ambulatory Care Clinic is located on the medical campus at Sentara Norfolk General Hospital. The Clinic (ACC) offers outpatient care to residents of the City of Norfolk. Ages: over 18 year old.. These primary and specialized services are provided to adults who are either uninsured or under insured. They have both an ob/gyn and internal medicine clinic. A Medication Assistance Program is available to help patients get prescription medications free or at a reduced cost. Hours: Monday, Tuesday, Thursday, Friday: 8 a.m. - 5 p.m. and Wednesday: 8 a.m. - 12 noon. Please call or visit the website for further
Ph: 757-952-2160 Fax: 757-952-2169 Website: www.sevhs.org	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: 8:00Am-5:00Pm -Mon-Friday. Bilingual staff available upon request. Please call for further information.

Ph: 757-380-8709 757-952-1345 Website: www.sevhs.org	Fax:	South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health
Ph: 757- 975-5200 Website: www.sevhs.org		South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: Monday and Wednesday -8:00 am-12:00pm. Bilingual staff available upon request. Please call for further information.
Ph: 757-925-1866 Fax: 757-942-1282 Website: www.sevhs.org		South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: 8:00am – 5:00pm Monday, Tuesday, Wednesday, 2nd and 4th Thursday and Friday. Telehealth (THV): 10:00am – 7:00pm 1st and 2nd Thursday. Bilingual staff available upon request. Please call
Ph: 757- 425-3610 Fax: 757- 425-1582 Website: www.sevhs.org		South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: Monday-Friday-8:00Am-5:00 Pm. Bilingual staff available upon request. Please call for further information.
Ph: 757-223-7001 Fax:757 -223-0839 Website: www.sevhs.org		South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: Monday-Friday-8:00Am-5:00 Pm and
Ph: 757-874-8400 Fax: 757-947-2001 Website: www.sevhs.org		South Eastern Virginia Health System (formerly PICH) is Community Health Center who serves populations with limited access to health care as: uninsured individuals, those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Eligibility: Insurance accepted and sliding scale fees for uninsured. Services: pediatrics, vaccinations, OB/Gyn, health nutrition education, referrals, family practice, internal medicine, diagnostic and laboratory services. Hours of operation: 8:00Am-5:00Pm Monday-Friday. Bilingual staff available upon request. Please call for further information.

Ph: 757-923-1060 Fax: 757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services: Medical Care, Dental Care, Vision Care, Woman's Health Program, Medical Specialists, Partnerships, and Referrals, Mental Health Counseling, One-on-one Patient Education and Pharmacy services. Eligibility requirements: Be an adult, age 18 or older. Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties, Live at or below 300% of the FPL.; Have no medical insurance and not eligible for Medicare or VA benefits. Hours: Monday - Thursday- 9am - 4pm and Friday: 9am - 1pm. Please call or visit the website for further information.
Ph: 757-253-4813 Fax: 757-253-4285 Email: peninsula@vdh.virginia.gov	Services provided: General medical, Family planning services, Sexually Transmitted Diseases(STD) screening and treatment, Tuberculosis Screening programs, Disease Surveillance, influenza Surveillance. Eligibility requirement: Income information required. Charges vary according to income and services provided, sliding scale fees, certain services are free and few have flat rate. Intake procedure: Appointment based and walk in. Hours of operation: Monday through Friday 8:00AM to 4:30 PM. Coverage Area: Williamsburg and James City county
Ph: 757-886-0608 757-886-0608 ext. 252 or 253 for Spanish during our office hours. Fax: 757-369-3821 Email: info@lackeyhealthcare.org Website: www.lackeyfreeclinic.com	Lackey Clinic is a faith-based nonprofit providing free eye care to adults without medical insurance. Our working-class patients earn too much to qualify for Virginia Medicaid but not enough to afford quality medical insurance, usually earning between \$10-\$25 an hour. Lackey Clinic's Eye Care Program use state-of-the-art technology, such as computerized equipment and a retinal camera, to thoroughly evaluate each patient and provide them with a comprehensive eye exam. In addition, our optometrists help manage common conditions such as dry eye, ocular allergies, glaucoma, cataracts, and more. If a patient needs eyeglasses, Lackey Clinic's optometrists will prescribe a new pair of glasses in their custom prescription for free through the New Eyes program. In addition, some patients require specialty eyeglasses with unique prescriptions; in this case, Lackey orders specialty glasses at a reduced cost to those who are candidates. Hours of operation: Monday–Thursday: 8:30 a.m.–5:00 p.m. and Friday: 8:30 a.m.–Noon. Pharmacy Hours: Monday–Wednesday: 9:00
Ph: 804- 224-0571 Fax: 804-224-0572 Email: carrington@guadalupefreeclinic.org Website: https://guadalupefreeclinic.org	The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, is a donor-supported, volunteer-staffed free health clinic that seeks to serve the indigent, working poor and medically uninsured residents of the Town of Colonial Beach and Westmoreland County.. They provide Eye Clinic Services via a referral to an optometrist for a prescription and free eyewear through our partnering non-profit organization "News Eyes for the Needy." .Patient Eligibility Criteria: In order to receive care, patients must: Live in the Town of Colonial Beach or Westmoreland County. Not be covered by any medical insurance, including Medicare and Medicaid. Not be in an emergency condition. Such persons must call 911. Earn below 200% of the Federal Poverty Level. Office Hours: The Clinic is open from 9am-2pm on Wednesdays and Saturdays and closed for holidays. Bilingual Interpretation is available upon request. Please call for further information.
Ph: 757-923-1060 Fax: 757-923-1068 Email: info@wtfreeclinic.org Website: www.wtfreeclinic.org	Western Tidewater Free Clinic is a health home for uninsured, underinsured and underserved adults in Western Tidewater, delivering compassionate and high-quality health care through the following services: Vision Care and Pharmacy services. Eligibility requirements: Be an adult, age 18 or older. Live in Suffolk, Franklin, or Isle of Wight, Southampton, Surry or Sussex counties, Live at or below 300% of the FPL.; Have no medical insurance and not eligible for Medicare or VA benefits. Hours: Monday - Thursday- 9am - 4pm and Friday: 9am - 1pm. Please call or visit the website for further information.

COVERED AREAS
Accomack and Northampton
Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach
Dare County
North Carolina
Accomack and Northampton
Gloucester-Mathews
Colonial Beach and Westmoreland County, Virginia
Northampton County
Hampton, James City County, Newport News, Yorktown and Williamsburg
Accomack County
Accomack County

Counties Covered: Ashe & Alleghany
Counties Covered: Bladen, Pender, South Duplin, South Sampson & Southwest Bladen
Counties covered: Burke, Cleveland & Lincoln
Counties Covered: Duplin, Franklin, Granville, Harnett, Johnston, & North Sampson
Counties Covered: Chatham, Harnett, Lee, Moore, Randolph
Counties Covered: Alamance, Caswell, Person, Orange
Counties Covered: Edgecombe, Halifax, Northampton, Vance, Granville & Warren
Counties Covered: Davie, Stokes, Surry, & Wilkes
Counties Covered: Clay, Cherokee, Graham, Haywood, Jackson, Macon, Swain, Transylvania, parts of Buncombe, Rabun GA.
Lancaster County, Northumberland County, Richmond County and Westmoreland County
Norfolk
Southampton County and Franklin
Hampton Roads

Norfolk
Hertford, Bertie, Gates, Northampton, and Washington counties and the surrounding areas of northeastern North Carolina.
Newport News/Hampton
Franklin, Isle of Wight, Southampton, Sussex. Suffolk and Surry.
Accomack and Northampton
Serving Bertie, Camden, Chowan, Currituck, Gates, Hertford, Pasquotank & Perquimans
The greater Williamsburg area, Charles City and New Kent County
Accomack and Northampton
Chesapeake, Franklin, Newport News, Norfolk, Portsmouth and Suffolk

Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach

Chesapeake

Accomack and Northampton

Norfolk

Dare County

Bertie, Camden, Chowan, Currituck, Gates, Hertford, Pasquotank and Perquimans.

Accomack and Northampton

Hampton Roads

Accomack and Northampton

Accomack and Northampton

Franklin

North Carolina

Gloucester and Mathews

Colonial Beach and Westmoreland County,
Virginia

Hampton

Virginia Beach
Hampton, James City County, Newport News, Yorktown and Williamsburg
Statewide
Northern Neck and Middle Peninsula regions of Virginia
Norfolk
Norfolk
Counties Covered: Ashe & Alleghany
Counties Covered: Bladen, Pender, South Duplin, South Sampson & Southwest Bladen
Counties covered: Burke, Cleveland & Lincoln
Counties Covered: Duplin, Franklin, Granville, Harnett, Johnston, & North Sampson
Counties Covered: Chatham, Harnett, Lee, Moore, Randolph

Counties Covered: Alamance, Caswell, Person, Orange
Counties Covered: Edgecombe, Halifax, Northampton, Vance, Granville & Warren
Counties Covered: Davie, Stokes, Surry, & Wilkes
Counties Covered: Clay, Cherokee, Graham, Haywood, Jackson, Macon, Swain, Transylvania, parts of Buncombe, Rabun GA.
Accomack and Northampton
Lancaster County, Northumberland County, Richmond County and Westmoreland County
Norfolk
Southampton County and Franklin
Accomack and Northampton
Norfolk
Newport News, Williamsburg, Poquoson ,James City and York counties.
Virginia Beach

Portsmouth
Portsmouth
Hertford, Bertie, Gates, Northampton, and Washington counties and the surrounding areas of northeastern North Carolina.
Chesapeake
Franklin and Suffolk
Newport News/Hampton
Norfolk
Newport News/Hampton

Hampton, Newport News, Isle of Wight

Newport News/Hampton

Franklin and Suffolk

Virginia Beach

Newport News/Hampton

Hampton, Newport News, Isle of Wight

Franklin, Isle of
Wight,Southampton,Sussex.Suffolk and Surry.

Williamsburg and James City county.

Hampton, James City County, Newport News,
Yorktown and Williamsburg

Colonial Beach and Westmoreland County,
Virginia

Franklin, Isle of
Wight,Southampton,Sussex.Suffolk and Surry.

SERVICES	AGENCY NAME/ADDRESS
ADVOCACY	
ASSISTIVE TECHNOLOGY	
BURIAL ASSISTANCE	
COVID-19 Funeral Assistance (Rev.04/15/21)	COVID-19 Funeral Assistance
BREASTFEEDING RESOURCES	
CHILD CARE	
Care and Supervision for School-Age Children (CASSAC) (Rev.10/22/20)	Care and Supervision for School-Age Children (CASSAC)
Child Care Aware-COVID-19 (Rev.09/16/20)	Child Care Aware-COVID-19
Virginia Child Care Subsidy Program-COVID19 (Rev.09/16/20)	Virginia Child Care Subsidy Program-COVID19
DENTAL CARE	
DEVELOPMENTAL DISABILITIES	
DISEASE SPECIFIC GROUPS	
DME	
DOMESTIC VIOLENCE	
EARLY INTERVENTION	
EDUCATION	
Care & Supervision of School-Age Children Program " (CASSAC) program in partnership with Smart Beginnings Virginia Peninsula (Rev.10/07/20)	Care & Supervision of School-Age Children Program " (CASSAC) program in partnership with Smart Beginnings Virginia Peninsula
EMERGENCY PREPAREDNESS	

EMPLOYMENT	
Unemployment Benefits-COVID-19 -Virginia Employment Commission (Rev.09/16/20)	Unemployment Benefits-COVID-19 -Virginia Employment Commission
Employment Support (COVID-19)-Virginia Career Works (Rev.09/21/20)	employment Support (COVID-19)-Virginia Career Works
FINANCIAL ASSISTANCE	
Access from AT&T-Internet (Rev.09/21/20)	Access from AT&T-Internet -COVID19
Comcast Internet Essential-COVID-19 (Rev.09/21/20)	Comcast Internet Essential-COVID-19
Corona Aid 757 (COVID-19) (Rev.09/21/20)	Corona Aid 757 (COVID-19)
COVID-19 Consumer Resource Center (Rev.09/30/20)	COVID-19 Consumer Resource Center
COVID-19 Rental & Utility Assistance Program-Chesapeake (Rev.10/02/20)	COVID-19 Rental & Utility Assistance Program-Chesapeake
Emergency Food Distribution-Peninsula (COVID-19) -The Food Bank of the Virginia Peninsula (Rev.09/21/20)	The Food Bank of the Virginia Peninsula 2401 Aluminum Ave. Hampton, VA 23661
Emergency Food Distribution-Southside(COVID-19)-Foodbank of Southeastern Virginia and the Eastern Shore (Rev.09/21/20)	Foodbank of Southeastern Virginia and the Eastern Shore 800 Tidewater Drive, Norfolk VA
Financial Resources for Small Business during COVID 19 (Rev.09/16/20)	Financial Resources for Small Business during COVID 19
Food & Utilities Assistance -THRIVE Peninsula (Rev.10/06/20)	13195 Warwick Boulevard, Unit 2C Newport News, VA 23602-8320
Jewish Family Services -COVID19-Rent and Utilities Assistance (Rev.10/09/20)	Jewish Family Services -COVID19-Rent and Utilities Assistance
Mediacom-Connect To Compete -Internet Services (Rev.09/21/20)	Mediacom-Connect To Compete -Internet Services
Pandemic EBT (P-EBT) Benefits-Virginia Department of Social Services (VDSS) (Rev.09/17/20)	Pandemic EBT (P-EBT) Benefits-Virginia Department of Social Services
Public Wi-Fi Locations (COVID-19)-VIRGINIA Tech (Rev.09/21/20)	Public Wi-Fi Locations (COVID-19)-VIRGINIA Tech
Rent and Utility Assistance-COVID-19-HCH757 (Rev.09/21/20)	Rent and Utility Assistance-COVID-19-HCH757 (Rev.09/21/20)
Senior Services (COVID-19)-Meals on Wheels (Rev.09/21/20)	Senior Services (COVID-19)-Meals on Wheels
Supplemental Nutrition Assistance Program (SNAP)-Virginia Department of Social Services-COVID-19 (Rev.09/17/20)	Supplemental Nutrition Assistance Program (SNAP)-Virginia Department of Social Services-COVID-19
The Brave of Heart Fund® (Rev.09/22/21)	he Brave of Heart Fund®

Vbrelief (Virginia Beach Pandemic Relief Partnership) (Rev.11/24/20)	Vbrelief (Virginia Beach Pandemic Relief Partnership)
Virginia Chamber of Commerce Resources-COVID-19 (Rev.09/16/20)	Virginia Chamber of Commerce
Virginia COVID-19 Energy Assistance Program (Rev.09/16/20)	Virginia COVID-19 Energy Assistance Program
Virginia Small Business Development Center -Resources COVID-19 (Rev.09/16/20)	Virginia Small Business Development Center
Verizon-Lifeline-Internet Services (Rev.09/21/20)	Verizon-Lifeline-Internet Services
Virginia Beach Pandemic Relief Partnership - Financial Assistance (Rev.07/01/21)	Virginia Beach Pandemic Relief Partnership - Financial Assistance
FORMULA/NUTRITION	
HOME CARE	
HOUSING ASSISTANCE/HOUSING SERVICES	
Alexandria Eviction Prevention Partnership (Rev.12/31/21)	Alexandria Eviction Prevention Partnership
COVID-19 Rental & Utility Assistance Program-Chesapeake (Rev.10/02/20)	COVID-19 Rental & Utility Assistance Program-Chesapeake
Rent & Mortgage Assistance -THRIVE Peninsula (Rev.10/06/20)	13195 Warwick Boulevard, Unit 2C Newport News, VA 23602-8320
Rent & Mortgage Relief Program (RMRP-United Way CRC (Rev.10/07/20)	Rent & Mortgage Relief Program (RMRP-United Way CRC
Rent or Mortgage Assistance as a Result of the COVID-19 Pandemic (Rev.09/21/20)	Rent or Mortgage Assistance as a Result of the COVID-19
The Consumer Financial Protection Bureau (CFPB)-Rental Assistance Finder (Rev.08/05/21)	The Consumer Financial Protection Bureau (CFPB)-Rental Assistance Finder
The Virginia Relief Program (RRP) (Rev.08/05/21)	The Virginia Relief Program (RRP) 600 East Main Street, Suite 300 Richmond, VA 23219

The Virginia Rent and Mortgage Relief Program (RMRP) (Rev.11/23/20)	600 East Main Street, Suite 300 Richmond, VA 23219
INFORMATION AND REFERRAL	
United Way COVID-19 Response Hotline (Rev.10/09/20)	United Way COVID-19 Response Hotline
WmbgCares.org (Rev.05/03/22)	WmbgCares.org
INSTITUTIONAL CARE/SUPPORTS	
LEGAL RESOURCES	
The Eviction Legal Helpline-Virginia Poverty LawCenter (Rev.08/05/21)	The Eviction Legal Helpline-Virginia Poverty LawCenter
Tidewater Tenants Rights (Rev.09/29/21)	Tidewater Tenants Rights
LGBTQ	
MEDICAL CARE	
COVIDWISE (Rev.10/05/20)	2001 Maywill Street Richmond, Virginia 23230
Health Hotlines (COVID-19) (Rev.09/21/20)	Health Hotlines (COVID-19)
MEDICATION ASSISTANCE	
MENTAL HEALTH	
Disaster Distress Hotline-COVID-19 (Rev.09/21/20)	Disaster Distress Hotline-COVID-19
National Suicide Prevention Lifeline-COVID-19 (Rev.09/21/20)	National Suicide Prevention Lifeline-COVID-19
Online Guide to Overcome Anxiety Caused by COVID-19- Columbia University Department of Psychiatry and AllenComm (Rev.09/21/20)	Online Guide to Overcome Anxiety Caused by COVID-19-
Virginia COPES- COVID-19 Response Warm Line (Rev.10/02/20)	Virginia COPES- COVID-19 Response Warm Line
MULTICULTURAL SUPPORTS	

PARENTING CLASSES/SUPPORTS	
RECREATION	
Virtual Therapeutic Recreation and Inclusion Services-City of Virginia Beach Parks and Recreation (Rev.10/14/20)	800 Monmouth Lane Virginia Beach, VA 23464
RESPITE	
SAFETY	
SUBSTANCE ABUSE	
SUPPORT GROUPS/PARENT TO PARENT SUPPORT	
THERAPIES	
TRANSPORTATION	
VISION/SIGHT	
WAIVER CONTACTS	

PHONE/FAX/WEBSITE	NOTES
COVID-19 Funeral Assistance Line Number: Ph:844-684-6333	Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA is providing financial assistance for COVID-19 related funeral expenses
Ph:757-229-2222	Care and Supervision for School-Age Children (CASSAC) provides Safe and Supportive Virtual Learning Environments with up to 100% Tuition Assistance. Eligibility families returning to work /training with children enrolled in virtual learning : Must be a VA Peninsula Resident
Ph:804- 285-0846 Fax: 804- 285-0847 Toll Free: 866- 481-1913 Website: https://vachildcare.com/	Child Care Aware is a Virginia's resource and referral agency, assists parents and guardians in finding child care that meets the needs of each family In this difficult time, they stand ready to help families find care if their normal care arrangements have closed or if a family's care needs
Ph:855-635-4370 Website:CommonHelp: http://www.commonhelp.virginia.gov	Virginia Child Care Subsidy Services may be available to essential personnel due to the COVID-19. Please call or visit the CommonHelp website to screen for eligibility or contact your local Department of Social
Ph:757- 229-2222	Care & Supervision of School-Age Children Program " (CASSAC) program in partnership with Smart Beginnings Virginia Peninsula provides up to 100% tuition assistance. Required Qualifications: •Peninsula residents only, Must be working or attending training for employment, Must have at least one child enrolled in a public school that is not offering in-classroom learning 5 days/week,Families who are already enrolled, but have not paid for the upcoming week can apply. Income:•Household income can be up to 100% AML•All vouchers will be provided for 6 weeks (regardless of the number of children in the household). Families can reapply for further assistance beginning the 5th week. Please call to find a safe place for your virtual learner.

Ph:1-866-832-2363 TTY:1-800-828-1120 Website:https://www.vec.virginia.gov/	Virginia Employment Commission Workforce Services Unemployment Insurance claim filing system. In order to file for Unemployment Insurance (UI) you must have been separated from your employer or have had your hours reduced. Please call or visit the website to file a claim.
Ph:866- 832-2363 Website: www.vec.virginia.gov Hampton Roads	Virginia Career Works is providing online and virtual support to job seekers.
Website:https://m.att.com/shopmobile/internet/access/#!#startedStep	Access from AT&T-Internet is a low cost internet package for qualifying individuals and households. You may qualify via income or participation in
Website:https://www.internetessentials.com/covid19	Comcast Internet Essential-COVID-19 is a low cost internet package for qualifying individuals and households. It's free for the first 2 months. Please visit the website for further information.
Website:coronaaid757.com	Independent group of volunteers helping people in Norfolk with groceries and medical supplies, physical and mental health check-ins, or any other type of errand.
Website:https://consumer.law/	COVID-19 Consumer Resource Center website is written entirely by three of the nation's leading consumer protection law firms: CLA, Kelly Guzzo and Cohen Consumer Law and is intended to provide you with
Ph:757-587-4202	The City of Chesapeake has established a program to assist residents who lost or reduced employment due to COVID-19. Applicant must have lease agreement in their name.
Ph:757- 596-7188 Website:hrfoodbank.org/get-help TEXT: Send "Food" to 877.	The Food Bank of the Virginia Peninsula provides food to families in need. PLEASE make sure you check the website and call ahead for the most up to date information.
Ph:757- 405-1800 Website:foodbankonline.org TEXT: Send "Food" to	Foodbank of Southeastern Virginia and the Eastern Shore provides food to families in need. PLEASE make sure you check the website and call ahead for the most up to date information.
Website https://www.sba.gov/page/coronavirus-covid-19-small-businessguidance	Business will be able to work through the Small Business Administration to obtain low interest loans using the Economic Injury Disaster Loan program. These loans may be used to pay fixed debts, payroll, accounts
Ph:757- 877-6211 Fax: 757- 585-3572	THRIVE Peninsula provides Food & Utilities assistance to Peninsula residents who have lost income due to COVID-19. Please call to apply for assistance.
Ph:757- 459-4640	Jewish Family Services provides financial assistance for those who qualify. Funds may be used for utilities payments, rent, or other living expenses. Individuals may call to verify eligibility and availability of funds.
Ph:855-904-2225 Website:https://mediacomc2c.com/	Mediacom Connect2Compete provides low cost internet services for K-12 students who qualifies for free or reduced school lunches (NSLP).Please call for further information.
Website: http://www.pebtva.com	The Virginia Department of Social Services (VDSS) will provide Pandemic EBT (P-EBT) benefits to families of school-age children who no longer have access to
Ph:757- 683-2745 Website:http://virginatech.maps.arcgis.com/apps/webappviewer/index.html	Virginia Tech has mapped all known locations with free public Wi-Fi access.
Contact: HCH757 Ph:757-587- 4202	Call HCH757 for information about rent and utility assistance that might be available due to loss of income from COVID-19.
Ph:757- 461-9481 Website: www.ssseva.org/	Southside Residents can enroll in Meals on Wheels for assistance with meals.
Ph:855-635-4370 Website:https://commonhelp.virginia.gov	SNAP, provides low-income households with an Electronic Benefits Transfer (EBT) card that can be used at grocery stores and other food retailers. Due to the continued spread of COVID-19 Nutrition Assistance Program (SNAP) benefits will be able to pay for their groceries online and
Ph:833-386-0343 Email: braveofheart@e4erelief.org Website:https://www.braveofheartfund.com	The Brave of Heart Fund® was created by New York Life and Cigna foundations to provide financial support in the form of charitable relief grants to support the families of healthcare workers who lose their lives to COVID-19. In addition, Cigna behavioral health will provide emotional support and services. There are two forms of grants that may be available. You may be eligible for an initial grant of \$15,000 to alleviate the cost of

Ph:757-774-6264 Website: https://vbrelief.org/	Virginia Beach Pandemic Relief Partnership-Vbrelief- help Virginia Beach residents and small businesses impacted by COVID-19 access resources and financial assistance. Please call or visit the website for further assistance.
Website: https://www.vachamber.com/covid-19 To find your local Chamber of Commerce go to:	The Virginia Chamber of Commerce is available to assist with planning resources for COVID 19.Please visit the website for details.
PH:1-833-829-2767. Website: https://vaservices.dss.virginia.gov/CARES/	The Virginia Department of Social Services is committed to helping households affected by COVID-19 in meeting their immediate home energy needs. Virginia households that would not typically qualify for other
Website: https://www.virginiabdc.org/blog/financing/	Virginia Small Business Development Center -Resources offers no- cost individualized consulting from start up to established businesses. Please call for further information.
Website: https://www.verizon.com/support/residential/account/manage-account/lifeline-discount	Verizon-Lifeline-Internet Services is offering reduced free internet services at a 3-tier level for low income customers. Please visit the website for further information.
Ph: 757-774-6264 Website: VBRelief.org	Virginia Beach Pandemic Relief Partnership - Financial Assistance program may be available to individuals financially impacted as a result of the pandemic. Financial assistance maybe provided to help with expenses such as utility bills, rent/mortgage payments, childcare costs, and healthcare costs. Individuals are encouraged to apply online or by phone. The financial relief programs offered through the Pandemic Relief Partnership do not have the same eligibility requirements as traditional state and federal relief programs – applicants must only demonstrate that they have been financially impacted in a negative way to be considered
Ph:571-351-3272 Email: volunteerAEPP@alive-inc.org Español disponible.	Alexandria Eviction Prevention Partnership (AEPP) connects Alexandria residents who are experiencing housing insecurity during the COVID-19 pandemic to resources and information and provides support to residents applying for rental assistance or navigating the eviction process.AEPP is a
Ph:757-587-4202	The City of Chesapeake has established a program to assist residents who lost or reduced employment due to COVID-19.Applicant must have lease agreement in their name.
Ph:757- 877-6211 Fax: 757- 585-3572	THRIVE Peninsula provides rent and mortgage assistance to Peninsula residents who have lost income due to COVID-19 and are behind on their rent . Please call to apply for assistance:
Ph:757-229-2222	Rent & Mortgage Relief Program (RMRP) funding has increased and program dates have been extended to December 15th! Call the United Way CRC to see if you are eligible for rent or mortgage assistance.
Housing Crisis Hotline Ph:757- 587-4202	Anyone needing rent or mortgage assistance as a result of the COVID-19 pandemic is encouraged to complete the Virginia Rent and Mortgage Relief Program (RMRP) TENANT/HOMEOWNER APPLICATION. You can fill out the form and fax
Website: https://www.consumerfinance.gov/coronavirus/mortgage-and-housing-assistance/renter-protections/find-help-with-rent-and Contact Legal AidSociety of Eastern Virginia	The Consumer Financial Protection Bureau (CFPB) has a Rental Assistance Finder to connect renters and landlords to state and local organizations distributing federal rental assistance. This tool can help renters and landlords to avoid eviction and navigate financial hardships
RRP Supportline Line to apply at: Ph:757.648.1200 OP	The Virginia Relief Program (RRP) is designed to support and ensure housing stability across the commonwealth during the coronavirus pandemic. Depending on availability of funds and household need. They may provide financial assistance for rent payments for eligible households

Ph:804- 371 -7000 Website: https://www.dhcd.virginia.gov/rmrp	The Virginia Rent and Mortgage Relief Program (RMRP) is designed to support and ensure housing stability across the commonwealth during the coronavirus pandemic. Depending on availability of funds and household
Hotline: 757--244-5373 OR 757-858-7777 Website: https://unitedwayshr.org/coronavirus-help/	United Way COVID-19 Response Hotline assist Individuals and families seeking assistance. Please call for further information.
Contact: Chris 757-561-4452	WmbgCares.org helps those impacted by COVID-19. Provides a website full of health and well being information and directory of services in the area. Military/Veteran resources available.
The Eviction Legal Helpline-Virginia Poverty LawCenter 1-833-NoEvict (1-833-663-8428) Email: NoEvict@Hotmail.com Website: https://evictionhelpline.org/te Ph:757-598-4456	The Eviction Legal Helpline-Virginia Poverty LawCenter is a free resource that provides tenants facing eviction or lease termination with legal information, specific legal advice from an attorney, and referrals to other providers or services. The Helpline does not provide any of the following: <u>legal representation in court or in negotiations with landlords or others;</u>
	The group Tidewater Tenants Rights is working tirelessly to put a stop to evictions in Hampton Roads; they provide community support and assistance. The group checks courthouse dockets for eviction hearings <u>and have a table out front to inform tenants of their rights. Please call for</u>
Ph:804- 662-6200 Website: https://www.vdh.virginia.gov/covidwise	Virginia's new COVIDWISE app was created to help minimize the spread of COVID-19 by notifying users when they have been exposed to someone who has tested positive for COVID-19. The app is free. Virginia is the first <u>state in the country to launch it. Once a person downloads the app, it will</u>
Hampton Roads Ph:757- 683-2745 James City County Ph:757- 564-2140	Local and regional hotlines that can answer COVID-19 questions as they pertain to spread, symptoms and seeking treatment.
Toll Free:800-985-5990 TTY 1-800-846-8517	Disaster Distress Hotline is available to anyone experiencing emotional distress related to COVID-19.
Lifeline:1-800-273-TALK (8255) Website:	Provides free and confidential emotional support for individuals facing fear anxiety about the outbreak of COVID-19. Resources are confidential and
Website: https://www.allencomm.com/portfolio/free-guide-covid-19-5-tips-to-face-your-anxiety/	This website links to an online course developed in partnership with Columbia University Department of Psychiatry that helps individuals manage feelings of anxiety associated with COVID-19.
Call or TEXT:877- 349-MHAV (6428) Website: https://vacopes.com/	Virginia C.O.P.E.S.(Compassionate, Optimistic, Person-centered, Empowering Support.) - COVID-19 Response Warm Line is now operating specifically to support anyone in Virginia struggling with trauma, grief and distress caused by COVID-19. Trained staff provide strength-based <u>support, resilience building strategies and community resources and</u>

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COVERED AREAS
Hampton Roads
Hampton, Newport News, Poquoson, Gloucester, James City County, Mathews, Williamsburg, ~~York County~~ Statewide
Peninsula

Statewide
Hampton Roads and Peninsula
Statewide
Statewide
Norfolk
Statewide
Chesapeake
Peninsula
Southside
Statewide
Peninsula
Hampton Roads
Statewide
Statewide
Statewide
Hampton Roads
Hampton Roads
Statewide
Statewide

Virginia Beach
Statewide
Statewide
Statewide
Statewide
Virginia Beach
Northern Virginia
Chesapeake
Peninsula
Peninsula
Hampton Roads
Statewide

Hampton Roads
Williamsburg
Statewide
Hampton Roads. Peninsula and Statewide
Statewide
Nationwide
Nationwide
Statewide

[illegible]