

# Changing a Central Line Dressing

*Products may vary according to your home health company.*

1. Clean your work surface.
2. Wash or sanitize your hands.
3. Gather your supplies.
  - Dressing change kit
  - Sanitizer
  - Sterile gloves
  - Mastisol (optional)
  - Adhesive remover
  - Stabilization device (optional)
  - Mask
4. Put on a face mask for yourself and anyone assisting with line care.
5. Wash or sanitize your hands.
6. Open and set up your supplies on a clean work surface.



7. Use adhesive remover to loosen the dressing on the line.



8. Remove the dressing from the line.
  - Pull toward the insertion site without touching the insertion site.



9. Wash or sanitize your hands.

10. Put on sterile gloves.



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**11.** Set up your sterile field.



**12.** Disinfect the line and area around the line.

- For Chlorhexiding Glycibatem, CHG, disinfect the area for **30 seconds** and allow the area to completely dry **60 seconds**.
- For patients with an allergy to CHG, disinfect the area with an alcohol swab followed by a Betadine swab.
  - Using your alcohol swab, clean the area. Start at the injection site and work outward from the site using friction in a circular motion with three separate swabs.
  - Allow to dry for at least 60 seconds.
  - After allowing the site to dry, clean in the same manner with three separate Betadine swabs.
  - Allow Betadine to dry for three to five minutes.

**13.** If a stabilization device is used, replace it. Place the catheter in the new device, then apply device. Avoid kinks in the line.

**14.** If appropriate for your child's age and allergy status, apply the anti-septic disk with the blue side facing up.

- Place the disk with the opening pointing down.

**15.** Apply Mastisol to a half-inch border that will be covered by the dressing.

**16.** Apply the dressing. Cover the insertion site and the stabilization device. Reinforce as needed.



**17.** Attach label with current date and time to the dressing.



**18.** Remove your gloves and wash your hands.

Please use the camera on your smartphone to scan the QR code and view related videos on our YouTube channel.

