

Setting Up a Clean Environment for NG Tube Care

Your specific supplies might differ slightly depending on your home health or medical supply company. Always read the instructions provided with your supplies prior to using them.

Prepare a clean space to set everything up that is within reach of where you will be performing any nasogastric tube care. Gather the following supplies:



1. Properly-sized NG tube. Your child's medical provider will let you know the right NG tube size to use.
2. Water-soluble lubricant or clean drinking water. Know how the specific tube you are placing needs to be lubricated by reading the directions that come with it.
3. Small medicine cup and pH test paper.
4. 5ml syringe to aspirate stomach contents once NG tube is inserted and secured.
5. DuoDerm and pre-measured tape cut into strips for securing the NG tube.
6. No-sting barrier film to protect the skin
7. Nasal bulb or tissue to clean nostrils if necessary.
8. Permanent marker.

Optional supplies (age-based):

- Blanket for swaddling.
- Pacifier or cup and straw with a small amount of Pedialyte to facilitate swallowing during placement.

Please use the camera on your smartphone to scan the QR code and view related videos on our YouTube channel.



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