

Flushing a Line at Home: Saline Only

1. Wash hands for at least 20 seconds.



2. Prepare/wash a clean surface to place supplies.

3. Gather supplies:

- 1 normal saline syringe, 10 mL each.
- Alcohol swabs.
- Disinfectant caps (green or orange).



4. Wash hands or use hand sanitizer again.



5. Firmly grip first lumen by the cap. Remove disinfectant cap.

6. Disinfect the cap on top and sides.



OR



- 15 seconds to scrub.
- 15 seconds to dry for alcohol wipe.
- 5 seconds to scrub.
- 5 seconds to dry for Preventix wipe.

7. Flush line with **10mL** normal saline.

8. Place disinfectant cap on.



Ensure that cap stays attached. Hold firmly when removing syringe.

Please use the camera on your smartphone to scan the QR code and view related videos on our YouTube channel.

