

Setting Up a Sterile Field

Products may vary according to your home health company.

1. Clean your work surface.
2. Wash or sanitize your hands.
3. Gather your supplies.
4. Put on a face mask for yourself and anyone assisting with line care.
5. Wash or sanitize your hands.
6. Open and set up your supplies on a sterile work surface.
 - All items should be carefully dropped onto your sterile field.
 - If an item touches anything outside of your sterile field discard and obtain a new one.
7. Wash or sanitize your hands.



8. Put on sterile gloves.

- A. Grasp the inner part of the glove of your dominant hand with your nondominant hand.
- B. Ease the glove onto your dominant hand. Be careful not to touch the outer part of the glove.
- C. With your gloved dominant hand grasp the cuff for your nondominant hand, ease the glove onto your nondominant hand. Be careful not to touch the outer part of the glove.
- D. Do not touch any area outside of the sterile field with your gloved hands. If another area is touched, remove your gloves, and replace with new sterile gloves.



9. Set up your sterile field.
 - Prepare and organize the items on the sterile field that you have carefully dropped.

Please use the camera on your smartphone to scan the QR code and view related videos on our YouTube channel.

