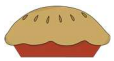
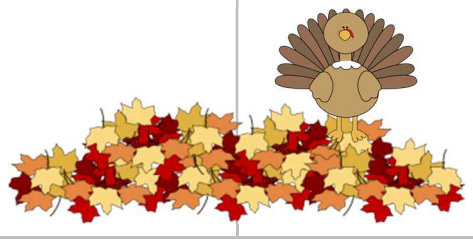
NICU University

November 2026 NICU Classes and Groups

Please meet in the NICU Family Lounge for all classes and groups.

Description of classes and groups is on the back.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	**2** 	**3** *12pm & 6pm: Infant Safety & CPR* *Required for discharge* 	**4**	**5** *1pm: Dad Support Group* *The support group for NICU dads*	**6** *1pm: Interfaith Spirituality Group* *Group for persons of all faiths and backgrounds*	**7**
8	**9**	**10** *12pm & 6pm: Infant Safety & CPR* *Required for discharge*	**11** *6:30pm: Dine & Discover* *Parent Support Group* 	**12** *1pm: Mom Support Group* *The support group for NICU moms*	**13**	**14** 
15	**16**	**17** *12pm & 6pm: Infant Safety & CPR* *Required for discharge*	**18**	**19**  *12pm: Thanksgiving Celebration with Social Work!*	**20** *1pm: Interfaith Spirituality Group* *Group for persons of all faiths and backgrounds*	**21**
22 	**23**	**24** *12pm & 6pm: Infant Safety & CPR* *Required for discharge*	**25** *12:30pm: Dine & Discover* *Parent Support Group*	**26** *Happy Thanksgiving!* 	**27**	**28**
29	**30** 					

November is...

National Family Caregivers Month

National Diabetes Month

Military Family Month

Native American Heritage Month

National Prematurity Awareness Month