

SPRING 2026

The 27th Annual

Pediatric Emergency Medicine UPDATE



April 16, 2026

8 a.m. to 3 p.m.

Children's Hospital of The King's Daughters, Brickhouse Auditorium
601 Children's Lane, Norfolk, Virginia

Overview

This professional educational conference is designed to provide emergency physicians, pediatricians, family practitioners and other healthcare providers with state-of-the-art evidence-based information in pediatric emergency medicine. The morning session will begin with the Annual Forrest White Visiting Lectureship presented by Vipin Phillip, MD. In the morning session, Dr. Phillip will discuss the lack of trust among patients, physicians and the healthcare system, and strategies to rebuild trust moving forward. The afternoon session will focus on community engagement to improve pediatric emergency medical preparedness.

Emergency medicine staff from Children's Hospital of The King's Daughters Emergency Center will present a variety of topics pertinent to pediatric emergency care through lectures and case presentations.

Target Audience

This Pediatric Emergency Medicine Update has been designed to inform the pediatrician, family practitioner and emergency department physician. Residents, nurses and other healthcare professionals are encouraged to attend.

Earn up to 5.75 AMA PRA Category 1 Credits™

ACGME Competencies: Medical Knowledge, Patient Care, Practice-Based Learning and Improvement

Provided by



MACON & JOAN BROCK VIRGINIA HEALTH SCIENCES
Eastern Virginia Medical School
AT OLD DOMINION UNIVERSITY

Register online at [CHKD.org/CME](https://www.chkd.org/CME).

Program Agenda

- 7:30 a.m. **Registration and Continental Breakfast**
- 8 a.m. **EVMS Pediatric Grand Rounds 8 - 9 a.m.**
29th Annual Forrest White Visiting Lecture: A Modern Trust Crisis: Physicians, Patients and The Healthcare System
Vipin Phillip, MD
Describe the evolution of trust in the physician-patient relationship. Assess today's trust crisis and identify practical strategies to rebuild trust moving forward.
- ACCREDITATION STATEMENT**
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Macon and Joan Brock Virginia Health Sciences at Old Dominion University and Children's Hospital of The King's Daughters. Macon and Joan Brock Virginia Health Sciences at Old Dominion University is accredited by the ACCME to provide continuing medical education for physicians.
- CREDIT DESIGNATION**
Macon & Joan Brock Virginia Health Sciences at Old Dominion University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- 9:15 a.m. **Welcome and Overview**
Michael P. Poirier, MD
- 9:20 a.m. **Temperature Matters: Managing Febrile and Hypothermic Neonates**
Allison Wood, DO
Define fever and hypothermia in neonates and explain key differences and similarities in the evaluation of febrile versus hypothermic neonates. Determine the appropriate treatment based on age, risk stratification, and clinical presentation using evidence-based guidelines.
- 10 a.m. **Break**
- 10:10 a.m. **Pediatric Emergency Medicine Habits That Refuse to Die: What the Evidence Says We Can Stop Doing**
Rupa Kapoor MD
Identify common pediatric emergency medicine practices that persist despite limited or contradictory evidence and describe the data that challenge their continued use. Analyze how cognitive biases, training culture, and system-level pressures contribute to the persistence of low-value or outdated pediatric emergency medicine habits.
- 10:55 a.m. **Why Smart Clinicians Miss Sick Kids Cognitive Errors and High-Risk Pitfalls in Pediatric Emergency Care**
D. Tim Carr, MD
Identify cognitive errors that contribute to missed or delayed diagnoses in pediatric emergency care, including anchoring, premature closure, and over-reliance on initially normal vital signs. Apply practical strategies to reduce diagnostic error in pediatric patients, including structured reassessment, observation, and incorporation of caregiver concern into clinical decision-making and disposition planning.
- 11:45 a.m. **LUNCH**
- 12:15 p.m. **Why the Flu Vaccine Isn't Perfect (and Why You Still Need It)**
Vipin Phillip, MD
Explain how flu vaccine strains are selected and why mismatch occurs despite global surveillance. Interpret flu vaccine effectiveness correctly, including why 'imperfect' vaccines still reduce hospitalization and death.
- 1:15 p.m. **Uncommon Toxicologic Presentations**
Ben Klick, MD
Recognize uncommon, high-risk toxicologic presentations in pediatric and adolescent patients that may mimic more common emergency conditions. Describe key pathophysiologic mechanisms and clinical manifestations of selected toxic exposures, including MDMA-associated cardiac ischemia, naphthalene-induced hemolysis in G6PD deficiency, and pimobendan-related tachyarrhythmias.
- 2 p.m. **Pediatric Dental Injuries: Who Needs The ED, Who Doesn't, And What to Do While They're There**
Kaitlyn Swimmer, MD
Differentiate dental injuries that require emergent ED evaluation from those appropriate for outpatient dental follow-up. Apply evidence-based initial management for common dental injuries (avulsion, luxation, fractures) in outpatient and ED settings.
- 2:45 p.m. **Closing Remarks and Wrap-Up**
Michael P. Poirier, MD

Guest Faculty

29th Annual Forrest White Visiting Lecturer

Vipin, Philip, MD

Assistant Professor of Pediatrics
Division of Emergency Medicine
Associate Director Emergency Ultrasound
University of Pittsburgh School of Medicine

CHKD/EVMS FACULTY

D. Tim Carr, MD

Assistant Professor of Pediatrics
Macon & Joan Brock Virginia Health Sciences
at Old Dominion University
Attending Physician/Emergency Medicine
Children's Hospital of The King's Daughters,
Children's Specialty Group

Ben Klick, MD

Fellow, Pediatric Emergency Medicine
Macon & Joan Brock Virginia Health Sciences
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Rupa Kapoor, MD

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Allison Wood, DO, FAAP

Assistant Professor of Pediatrics
Macon & Joan Brock Virginia Health Sciences
Eastern Virginia Medical School at Old
Dominion University
Attending Physician, Emergency Medicine
Children's Hospital of The King's Daughters,
Children's Specialty Group

CONTINUING MEDICAL EDUCATION CREDIT – 9:15 a.m. - 3 p.m.

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Credit Designation

Macon and Joan Brock Virginia Health Sciences at Old Dominion University designates this live activity for a maximum of 4.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONTINUING NURSING EDUCATION CREDIT

Children's Hospital of The King's Daughters is approved as a provider of nursing continuing professional development by the Virginia Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation. Children's Hospital of The King's Daughters designates this live activity for a maximum of 5.75 contact hours.

CONTINUING EDUCATION FOR EMS CREDITS

Up to 5.75 CEU's for VA EMS providers depending on which sections are attended.

TRAVEL INFORMATION

Children's Hospital of The King's Daughters is located near downtown Norfolk. From Interstate 64, take the I-264 West exit to Downtown Norfolk and look for the Children's Hospital directional sign just before Exit 11-B (Brambleton Ave.). Take 11-B and travel West on Brambleton, 2 miles to Colley Avenue; turn right on Colley, then left at the second traffic light on Olney Road. CHKD is on the corner of Children's Lane and Olney.

PARKING

On-site parking is available in Visitor Garage A for \$1/hr for 2-6 hours or \$8 for 7+ hours. Prices subject to change.

SPECIAL SERVICES

If special arrangements are required for an individual with a disability, contact the VHS-ODU CME office at (757) 446-6140 at least 15 days prior to the conference.

Register online at [CHKD.org/CME](https://www.chkd.org/CME).

Registration Information

Registration is \$90 for physicians and \$60 for all other healthcare professionals and should be received by **Thursday, April 9, 2026**. Registration includes continental breakfast, coffee break, lunch and access to the online syllabus. Registrations will be confirmed by email upon receipt of payment.

Registration/Cancellation Policy

All cancellations must be made in writing and submitted to CME@ODU.edu by **Friday, March 27, 2026** in order to receive a refund. A \$20.00 administrative service charge will be assessed on **ALL** cancellations. Refunds will not be given for cancellations received after this date or for "no shows."

Meals

I will require a vegetarian meal. (For other dietary restrictions contact the VHS-ODU CME office at 757-446-6140.)

REGISTRATION FORM

(Please print clearly or type.)

Registration Fee (check one)

- \$90 - Physician
 \$60 - Nurse, nurse practitioner, resident, fellow, other allied health professionals

Name _____

Degree _____

Specialty _____

Last four digit of your Social (for CME credit) _____

Address _____

City _____

State _____ Zip _____

Daytime Phone _____

Email _____

Register Online

Register online at CHKD.org/CME. Credit card only.

Register By Mail

Make check payable to ODU-CME and mail completed form and check to:

ODU-CME

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Register online at CHKD.org/CME.