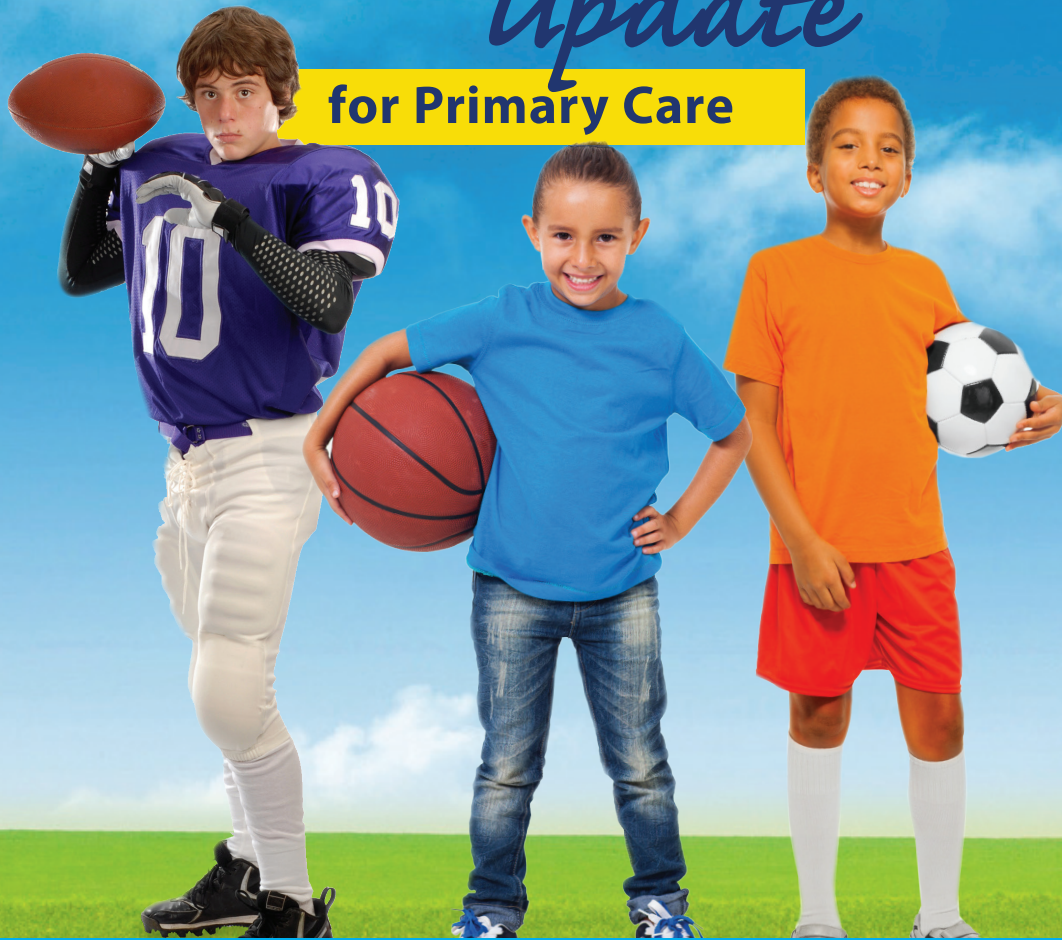


# Register Now

19<sup>th</sup> Annual Donald W. Lewis Pediatric and Adolescent

# Sports Medicine *Update*

for Primary Care

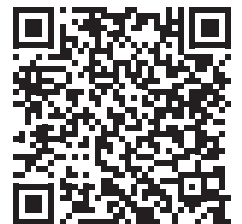


## June 11, 2026

8 a.m. to 4 p.m.

Old Dominion University's Eastern Virginia Medical School Campus,  
Lester Hall, 651 Colley Avenue, Norfolk, VA 23507

For more information, visit [CHKD.org/CME](https://www.chkd.org/CME) or scan the QR code.



Presented by



MACON & JOAN BROCK VIRGINIA HEALTH SCIENCES  
EVMS  
**Continuing Medical Education**  
AT OLD DOMINION UNIVERSITY

In collaboration with

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™  
Virginia Chapter



## Purpose

The purpose of this educational activity is to provide the most up-to-date information and hands-on techniques for health care professionals taking care of young athletes. After attending this conference, healthcare professionals who are caring for young athletes will be able to evaluate, diagnose, and manage injuries in the pediatric and adolescent athlete as well as apply hands-on techniques for treatment of sports injuries.

This program has been designed to educate primary care pediatricians, family practitioners, internists, emergency medicine physicians, sports medicine specialists, pediatric orthopedic surgeons, pediatric medical specialists, physician assistants, nurse practitioners, physical therapists, certified athletic trainers and other interested health care providers.

## Educational Formats

- Lectures
- Hands-on workshops
- Case-based presentations
- Interactive discussions
- Lunch with experts

### Discounted Fees for VA-AAP and VATA Members

Registration is \$72 for VA-AAP members and \$62 for VATA members if registered by **May 14, 2026**.

## Continuing Medical Education

### CHKD Pediatric Grand Rounds (8 a.m. – 9 a.m.)

#### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Macon and Joan Brock Virginia Health Sciences at Old Dominion University and Children's Hospital of The King's Daughters. Macon and Joan Brock Virginia Health Sciences at Old Dominion University is accredited by the ACCME to provide continuing medical education for physicians.

#### Credit Designation

Macon & Joan Brock Virginia Health Sciences at Old Dominion University designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 1 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

### 19<sup>th</sup> Annual Donald W. Lewis Pediatric and Adolescent Sports Medicine Update for Primary Care 2025 (9:05 a.m. – 4:00 p.m.)

#### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Macon and Joan Brock Virginia Health Sciences at Old Dominion University and Children's Hospital of The King's Daughters. Macon and Joan Brock Virginia Health Sciences at Old Dominion University is accredited by the ACCME to provide continuing medical education for physicians.

#### Credit Designation

Macon & Joan Brock Virginia Health Sciences at Old Dominion University designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 6 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

## Continuing Education Credit

Children's Hospital of The King's Daughters (BOC AP#:P3720) is approved by the board of certification, Inc. to provide continuing education to athletic trainers (ATs). This program is eligible for a maximum of 7.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

## Special Services

If special arrangements are required for an individual with a disability, contact ODU-EVMS CME at (757) 446-6140 at least 15 days prior to the conference.

## Cancellation Deadline

All cancellations must be made in writing to CME@ODU.edu prior to **Friday, May 29, 2026** in order to receive a refund. No refunds will be given after this date or for "no shows". A \$25 administrative service charge will be assessed on ALL cancellations.



## Conference Agenda

- 7:15 a.m. Registration**
- 8 a.m. CHKD Pediatric Grand Rounds: Concussion Care 2026: From Sideline to Prolonged Recovery**  
Kevin Walter, MD
- 9:05 a.m. Welcome/ Opening Comments**  
Joel Brenner, MD, MPH
- 9:15 a.m. Myofascial Pain- Diagnosis and Treatment**  
Dana Dasher, MD
- 9:45 a.m. Q & A**
- 9:55 a.m. Staying Active with Diabetes: An Athlete and Physician Perspective**  
Tessa Glavin, RN and Melinda Penn, MD
- 10:40 a.m. Break with Exhibitors**
- 10:55 a.m. Workshop 1**
- 12 p.m. Lunch and Panel – Youth Sports Medicine Dilemmas**  
(Cases and Questions submitted by audience)  
Moderator: Joel Brenner, MD, MPH  
Panel: Kellie Gilmartin, ATC, Emily Hafer, DPT, Peter Moskal, MD, Haley Powell, DO, and Kevin Walter, MD
- 12:50 p.m. Workshop 2**
- 1:50 p.m. “I Can’t Catch My Breath”**  
Angela Hogan, MD
- 2:35 p.m. Q & A**
- 2:45 p.m. Staying Active with Bleeding Problems**  
Kevin Todd, MD
- 3:15 p.m. Q & A**
- 3:25 p.m. Anne McKim Memorial Lecture: Eye Injuries in Sports**  
Kevin Walter, MD
- 3:55 p.m. Q & A**
- 4 p.m. Closing Remarks/Adjourn**  
Joel Brenner, MD, MPH

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### Workshop 1

- Alpine Skiing and Snowboarding – Kevin Walter, MD
- Ultrasound 101 – Haley Powell, DO
- Figure Skating – Emily Hafer, DPT and Christie Pona, DPT

### Workshop 2

- Foot and Ankle Problems – Peter Moskal, MD
- A Nonsurgical Approach to OCD – David Smith, MD
- Soccer: A Global Perspective – Micah Lamb, DO

## Visiting Faculty

### Kevin Walter, MD, FAAP

Medical Director, Children’s Wisconsin Sports Medicine  
Sports Medicine Specialist  
Associate Professor of Orthopedic Surgery,  
Medical College of Wisconsin  
Milwaukee, Wisconsin

### Tessa Glavin, RN

Nurse, Sentara Health System  
Norfolk, Virginia

## CHKD/EVMS at ODU Faculty

### Joel Brenner, MD, MPH, FAMSSM

Medical Director, Sports Medicine Program,  
Children’s Hospital of The King’s Daughters  
Sports Medicine and Adolescent Medicine Specialist, CSG/CHKD  
Professor of Pediatrics, Eastern Virginia Medical School at ODU

### Dana Dasher, MD

Pediatric Physical Medicine and Rehabilitation Specialist, CSG/CHKD  
Assistant Professor of Pediatrics, Eastern Virginia Medical School  
at ODU

### Kellie Gilmartin, ATC

Sports Medicine Athletic Trainer, CHKD

### Emily Hafer, DPT

Sports Medicine Physical Therapist, CHKD

### Angela Hogan, MD

Allergy and Immunology Specialist,  
CSG/CHKD  
Professor of Pediatrics, Eastern Virginia Medical School at ODU VMS

### Micah Lamb, DO

Sports Medicine Specialist, CSG/CHKD  
Assistant Professor of Pediatrics, Eastern Virginia Medical School  
at ODU

### Peter Moskal, MD

Pediatric Orthopedic Surgery Specialist, CSSG/CHKD

### Melinda Penn, MD

Endocrinology Specialist, CSG/CHKD  
Assistant Professor of Pediatrics, Eastern Virginia Medical School  
at ODU

### Haley Powell, DO

Sports Medicine Specialist, CSG/CHKD  
Assistant Professor of Pediatrics, Eastern Virginia Medical School  
at ODU

### Christie Pona, DPT

Sports Medicine Physical Therapist, CHKD

### David Smith, MD

Sports Medicine Specialist, CSG/CHKD  
Assistant Professor of Pediatrics, Eastern Virginia Medical School  
at ODU

### Kevin Todd, MD

Hematology and Oncology Specialist, CSG/CHKD  
Assistant Professor of Pediatrics, Eastern Virginia Medical School  
at ODU

Space is limited, so register early! Complete and mail this form or register online at [CHKD.org/CME](http://CHKD.org/CME).

**19<sup>th</sup> Annual Donald W. Lewis Pediatric and Adolescent Sports Medicine Update for Primary Care  
June 11, 2026, 8 a.m. to 4 p.m.**

**Registration Information**

Registration should be received by **June 8, 2026**. This fee includes access to the online syllabus, light breakfast, and lunch.

I have a dietary restriction. *Please provide detail (i.e., vegan, gluten free, food allergy, etc.)*

**Registration Fee** (check one)

\$89 Physician       \$69 Other Professional       \$50 Student

**Member Discounts by May 14, 2026 (affiliations will be verified):**

\$72 VA-AAP Member (member # \_\_\_\_\_)  
 \$62 VATA Member (member # \_\_\_\_\_)  
 \$62 CHKD Sports Medicine Employee

Name/Degree (Please print clearly or type) \_\_\_\_\_

Daytime phone \_\_\_\_\_ Fax \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

**Please make your workshop selections by checking the choices below. Please mark both your first and second choice, respectively.**

Workshop #1 - 10:55 a.m. \_\_\_\_\_ Alpine Skiing and Snowboarding – Kevin Walter, MD  
\_\_\_\_\_ Ultrasound 101 – Haley Powell, DO  
\_\_\_\_\_ Figure Skating – Emily Hafer, DPT and Christie Pona, DPT

Workshop #2 - 12:50 p.m. \_\_\_\_\_ Foot and Ankle Problems – Peter Moskal, MD  
\_\_\_\_\_ A Nonsurgical Approach to OCD – David Smith, MD  
\_\_\_\_\_ Soccer: A Global Perspective – Micah Lamb, DO

**Registration Contact**

ODU-EVMS CME  
Phone: (757) 446-6140  
E-mail: [CME@ODU.edu](mailto:CME@ODU.edu)

**Register Online - pay by credit card**

Register online at [CHKD.org/CME](http://CHKD.org/CME) or scan QR code.



**Register by Mail - pay by check**

Mail your completed form and check payable to ODU-CME to:

Macon & Joan Brock Virginia Health Sciences  
EVMS at Old Dominion University  
Continuing Medical Education  
Waitzer Hall 1136  
735 Fairfax Avenue  
Norfolk, VA 23507

Send this form with payment and address questions concerning registration to [CME@ODU.edu](mailto:CME@ODU.edu) or

**CLICK HERE TO SUBMIT**