

COVID-19 Donning and Doffing PPE Checklist: Tie-Back Isolation Gown

CHKDHS | COVID-19

Document Title	PPE Don and Doff Checklist	Sponsoring Department	Infection Prevention and Control
Version:	.05	Target Audience	All team members in contact with COVID patient/environment
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This process is subject to change as knowledge about SARS-CoV-2 and the disease it causes (COVID-19) increases.			

DONNING Checklist: Coach to read each step. If there is a break in the protocol below, stop and correct before continuing.

PPE coach to confirm the following:

- If there is a need to scan badge at all while in patient's room, have a photocopy of ID badge on hand.
- PPE Coach to fill out Pre-Donning Log.
- 1. State: "I am going to read each step, listen to each step completely before proceeding to the next."
- 2. Before Donning:
 - Place cell phones, pagers, stethoscopes, and pens in storage area outside of room.
 - Keep ID badge on.
 - Ensure all loose hair is secure.
- 3. **Cleanse Hands for 20 seconds with hand sanitizer or soap and water.**
- 4. Choose appropriate PPE. Check applicable PPE Path below.

<input type="checkbox"/>	Routine Care:	Gown, gloves, facemask, and eye protection (goggles, safety glasses, face shield, or combo facemask/eye shield)
<input type="checkbox"/>	Aerosol Generating Procedures:	Gown, gloves, respirator, and eye protection (goggles, safety glasses, face shield) AGP Include: open airway suctioning, heated high flow oxygen therapy, nebulized medications, tracheostomy care, sputum induction, non-invasive positive pressure ventilation, and intubation.

- 5. Inspect PPE for tears or holes prior to donning.
- 6. Don gown (Back Securement Isolation Gown):
 - Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
 - Fasten in back of neck and waist
- 7. Don mask: (mask in place for Universal Masking may be used as long as it is not soiled or torn)
 - For face mask with or without shield:
 - Secure ties or elastic bands behind ears or middle of head/neck
 - Mold flexible band to nose bridge
 - Fit snug to face and below chin
 - For N95 respirator:
 - If wearing glasses, remove them from bridge of nose before applying respirator. Replace glasses once respirator is secure.
 - Secure top strap over the head
 - Secure bottom strap over the head and secure below ears and around neck
 - Mold flexible band to nose bridge
 - Fit snug to face and below chin
 - Fit-check respirator
 - Perform hand hygiene if donning a used N95
- 8. Don eye protection
- 9. Don gloves:
 - Extend to cover wrist of isolation gown.
- 10. Verify the integrity of PPE ensemble (i.e. no tears/breaches).
 - All areas of the body should remain covered during full range of motion.
- 11. You are now ready to enter room, here are several reminders while in the room:
 - Introduce yourself to patient (ID badge will be obscured).
 - Keep hands away from face.
 - Do not adjust PPE in the room.
 - Do not grab ID badge or reach into pockets.
 - Use alcohol swab to clean disposable stethoscope earpieces. Leave stethoscope in room.
 - When ready to come out of room, notify PPE coach.

COVID-19 Donning and Doffing PPE Checklist

Must be completed every time when entering/exiting room of PUI or Positive Patient regardless of patient condition.

DOFFING Checklist: Coach to read each step

Prior to starting doffing process, PPE coach to confirm the following with healthcare worker through the door:

- Healthcare worker is at least 6 feet away from the patient's head and any family member.
- Healthcare worker and PPE Coach has checked integrity of PPE.

1. State: "I am going to read each step, listen to each step completely before proceeding to the next."

2. Critical Step- Removing gown/gloves:

Gloves:

- Before removing gloves, break the waist tie of the gown from the front.
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove.
- Hold removed glove in gloved hand.
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove.
- Discard gloves in waste container inside patient room.

Gown:

- Take care that sleeves do not contact your body when reaching for ties.
- Un-tie neck tie and while holding tie, draw forward carefully to the front. Use opposite hand to grab inside of clean part of sleeve. Do not turn sleeves inside out.
- Keep contaminated side of gown facing away from body.
- Gently bundle and discard into waste container inside patient room.
- Do not compress the discarded PPE in trash bin.

3. Cleanse Hands for 20 seconds using hand sanitizer dispenser closest to door. If patient is on handwashing precautions or hands are visibly soiled, walk to closest sink and cleanse hands with soap and water.

4. Exit patient room and close door completely behind you.

5. Don gloves.

6. Critical Step-Removing Eye Protection:

- For eye shields/goggles: Grasp frame at ears. Remove completely from face. Clean with disinfectant and store in approved area. If damaged, dispose in trash bin outside of patient room.
- For full face shield: Depending on the type in use, grasp the sides or ear loops simultaneously while leaning the neck forward and remove. Take care not to touch the bottom of the shield to your neck. Clean with disinfectant and store in approved area. If damaged, dispose in trash bin outside of patient room.
- Doff gloves and dispose in trash bin outside of patient room.

7. Cleanse Hands for 20 seconds.

8. Critical Step- Removing Mask/Respirator:

- For face mask: Leave on.
- For N95 respirator: Grasp bottom strap and bring forward over the head, then grasp top strap and bring forward over the head. Do not touch front of respirator mask. Place respirator in labeled paper bag. Cleanse hands for 20 seconds.

9. PPE coach to initial Post-Doffing Log once checklist is complete.

***PPE Coach: If breach of PPE is noticed, PPE coach must document the breach in the healthcare worker log and notify supervisor.**

***Healthcare Worker: If significant breach results in exposure, contact Occupation Health. You may continue your shift.**