

Category A Jobs

Physical Requirements

- Occasional lifting/carrying objects weighing up to 10 lbs
- Frequent sitting, standing, walking, reaching and repetitive movement
- Frequent use of hearing, speech, and vision required to share information through oral and sight communication
- Frequent data entry, computer/keyboard use
- Occasional bending, stooping , squatting, kneeling, twisting, pushing, pulling, sorting, balancing/holding objects and reaching above shoulder/floor to waist
- Simple/light grasping and fine dexterity
- Visual acuity including color, depth perception, and field of vision (normal or corrected)

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