

12<sup>th</sup> Annual

# Insights into Autism

Moving Towards Optimal Outcomes for Autism Through Networking

**VIRTUAL  
EVENT**

**Friday, February 4, 2022  
8:30 a.m. - 4 p.m.**

Presented by

**EVMS**  
Eastern Virginia Medical School

 **Children's Hospital  
of The King's Daughters**

  
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For more information, visit [CHKD.org/CME](https://CHKD.org/CME).

To register, visit [EVMS.edu/CMERegistration](https://EVMS.edu/CMERegistration) or scan the QR code.



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# Insights into Autism

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## CONFERENCE OVERVIEW

Optimal outcomes for autism spectrum disorder (ASD) requires a multidisciplinary and networking approach. Families, therapists, healthcare providers, and insurance payers can all benefit from our nationally recognized experts in coordination of services, gender differences, comorbid concerns, overcoming barriers, and transitioning to adulthood for our children, adolescent, and adult patients with ASD.

## TARGET AUDIENCE

This conference is designed for pediatricians, family medicine physicians, neurologists, psychiatrists, psychologists, nurses, occupational therapists, speech therapists, art therapists, special education teachers, social workers, other interested allied health professionals, and anyone who wishes to improve care to patients and families diagnosed with ASD.

## CONTINUING MEDICAL EDUCATION CREDIT

### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Children's Hospital of The King's Daughters. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

### CREDIT DESIGNATION

Eastern Virginia Medical School designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## PSYCHOLOGY CREDIT

Psychologists will be awarded up to 6.25 hours of continuing education credit. Eastern Virginia Medical School department of psychiatry and behavioral sciences is approved by the American Psychological Association to sponsor continuing education for psychologists. EVMS department of psychiatry and behavioral sciences maintains responsibility for this program and its content.

## NURSING CREDIT

Children's Hospital of The King's Daughters is approved as a provider of nursing continuing professional development by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Children's Hospital of The King's Daughters designates this live activity for a maximum of 6.25 contact hours.

## CANCELLATION POLICY

Cancellations must be received by 5 p.m. EST, January 28, 2022, to receive a refund; however, an administrative fee of \$10 will be retained on all cancellations. Refunds will not be given for cancellations received after this date or for no shows. Cancellations must be submitted in writing and may be emailed to [CME@EVMS.edu](mailto:CME@EVMS.edu).

## REGISTRATION FEES

Physicians: \$40

Other Professionals: \$25

EVMS Trainees/Students: Free

Other Trainees/Students: \$25

Parents of Children with Autism: Free

For more information, visit [CHKD.org/CME](http://CHKD.org/CME).

To register, visit [EVMS.edu/CMERegistration](http://EVMS.edu/CMERegistration).

## AGENDA

- 8:30 a.m. Sign-In
- 
- 8:50 a.m. **Welcome and Overview**  
*John W. Harrington, MD*
- 
- 9:00 a.m. **Resource Navigation and Discovery for Adolescents and Adults**  
Identify applicable resources to optimize patient-centered care. Manage care through an interdisciplinary team for adolescents and adults with ASD.  
*Staci Carr, PhD and Nicole Miller*
- 
- 10:00 a.m. Break
- 
- 10:15 a.m. **Neuroprediction of Treatment Response and Gender Differences in Autism**  
Identify ways in which neuroimaging can be used to inform which treatment will be best suited for an autistic individual. Differentiate between females and males with autism in terms of presentation of symptoms, brain mechanisms, and genetic risks.  
*Kevin A. Pelphrey, PhD*
- 
- 11:15 a.m. Q&A
- 
- 11:25 a.m. **It's Not Just Autism: Understanding Comorbidities**  
Identify signs of comorbid conditions in patients with autism. Evaluate and treat common comorbidities.  
*Sarah L. Chagnon, MD*
- 
- 12:10 p.m. Break for Lunch
- 
- 12:30 p.m. **Relentless - Dreams, Goals, and Aspirations: An Interview by Dr. Harrington with Anthony Ianni author of "Centered: Autism, Basketball, and One Athlete's Dream"**  
Recognize the benefits of a good support system in a successful transition period.
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- 1:20 p.m. **Supporting the Sense of Self: Autism, Coming of Age, and Society at Large**  
Examine factors in the lived experience of autistic young adults.  
*Scott E. Allen, MS, LPC-IT*
- 
- 2:20 p.m. Break
- 
- 2:30 p.m. **Breaking Through Barriers to Optimize Access: Healthcare Coverage**  
Recall mental health parity laws and differentiate limits for autism treatment, service, and therapy, and how families and clinicians can advocate for services.  
*Panelists: Rebecca W. Lieb, PhD, Rebecca McNally Keehn, PhD, and Cy B. Nadler, PhD*
- 
- 3:35 p.m. Q&A
- 
- 3:50 p.m. Conference Review
- 
- 4:00 p.m. Adjourn

## COURSE DIRECTORS

### John W. Harrington, MD

Professor of Pediatrics  
Eastern Virginia Medical School  
Division Director of General Academic Pediatrics  
Vice President of Quality/Safety and Clinical Integration  
Children's Hospital of The King's Daughters  
Norfolk, VA

### Janice Keener, PsyD

Assistant Professor of Clinical Pediatrics  
Eastern Virginia Medical School  
Developmental Pediatrics  
Children's Hospital of The King's Daughters  
Norfolk, VA

## GUEST FACULTY

### Scott E. Allen, MS, LPC-IT

Autism Society of South-Center WI  
Madison, WI

### Staci Carr, PhD

Technical Assistance Coordinator  
Autism Center for Excellence  
VCU Rehabilitation Research and Training Center  
Virginia Commonwealth University  
Richmond, VA

### Sarah L. Chagnon, MD

Assistant Professor of Pediatrics  
Eastern Virginia Medical School  
Children's Hospital of the King's Daughters  
Norfolk, VA

### Anthony Ianni

Motivational Speaker, Author, and Self Advocate  
Livonia, MI

### Rebecca W. Lieb, PhD, ABPP

Board Certified Clinical Child and Adolescent Psychologist  
Department of Neuropsychology  
Kennedy Krieger Institute  
Baltimore, MD

### Rebecca McNally Keehn, PhD, HSPP

Assistant Professor of Pediatrics  
Indiana University School of Medicine  
Division of Developmental Medicine, Department of Pediatrics  
Pediatric & Adolescent Comparative Effectiveness Research Center  
Clinical Psychologist, Riley Hospital for Children  
Pediatric Care Center  
Indianapolis, IN

### Nicole Miller

Chapter Operations Manager  
Autism Society, Tidewater Virginia  
Virginia Beach, VA

### Cy B. Nadler, PhD

Director of Autism Services  
Josh Barnds and Stella Carlson Endowed Professor for Autism,  
Children's Mercy Kansas City  
Associate Professor of Pediatrics  
UMKC School of Medicine  
Kansas City, MO

### Kevin A. Pelphrey, PhD

Harrison Wood Professor  
University of Virginia  
Charlottesville, VA

## PLANNING COMMITTEE

Sarah L. Chagnon, MD	Janice Keener, PsyD
Jennifer M. Flaherty, PhD	Kelly A. McCoy, MMHPE
Lisa Fore-Arcand, EdD	Nicole Miller
John W. Harrington, MD	Nicole Wells, PhD
Katelyn Hildreth, MSN, RN, CPN, NPD-BC	