14th Annual Pediatric and Adolescent Sports Medicine Update for Primary Care

June 10, 2021
8 a.m. to 1:50 p.m.

VIRTUAL EVENT

5 AMA PRA Category I Credits™

Register online at EVMS.edu/CMEregistration
Purpose
This activity has been designed to provide the most up-to-date information and hands-on techniques for healthcare professionals taking care of young athletes. After attending this conference, healthcare professionals who are caring for young athletes will be able to:
• Evaluate, diagnose, and manage injuries in the pediatric and adolescent athlete.
• Identify signs of mental health disorders in young athletes.
• Recognize red flags for rheumatologic conditions in young athletes.

Target Audience
This program has been designed to inform primary care physicians, pediatricians, family practitioners, internists, emergency medicine physicians, sports medicine specialists, pediatric orthopedic surgeons, pediatric medical specialists, physician assistants, nurse practitioners, physical therapists, certified athletic trainers and other interested health care providers.

Educational Formats
• Lectures
• Panel Discussion

Continuing Medical Education
Pediatric Grand Rounds (8 a.m. – 9 a.m.)

Accreditation Statement
Eastern Virginia Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
Eastern Virginia Medical School designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

14th Annual Pediatric and Adolescent Sports Medicine Update for Primary Care 2021 (9:00 a.m. – 1:50 p.m.)

Accreditation Statement
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Children’s Hospital of The King’s Daughters (CHKD). Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation
Eastern Virginia Medical School designates this live activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Credit
Children’s Hospital of The King’s Daughters (BOC AP#:P3720) is approved by the board of certification, Inc. to provide continuing education to athletic trainers (ATs). This program is eligible for a maximum of 5 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Special Services
If special arrangements are required for an individual with a disability, contact EVMS CME at (757) 446-6140 at least 15 days prior to the conference.

Cancellation Deadline
All cancellations must be made in writing to CME@EVMS.edu prior to Friday, May 28, 2021 in order to receive a refund. No refunds will be given after this date. A $5.00 administrative service charge will be assessed on ALL cancellations. Refunds will not be given for cancellations received after this date or for "no shows".
Conference Agenda

8:00 a.m.  The Growing Athlete
– Stephanie Pearce, MD

9:00 a.m.  Break with Exhibitors

9:15 a.m.  Welcome/Opening Comments
– Joel Brenner, MD, MPH

9:25 a.m.  Rheumatologic Conditions in Young Athletes
– Cassyanne Aguiar, MD

10:10 a.m.  Q & A

10:20 a.m.  Musculoskeletal Imaging in Athletes
– Peter Van Geertruyden, MD

10:50 a.m.  Q & A

10:55 a.m.  Mental Health Red Flags
– Daniel Spencer, MD

11:25 a.m.  Q & A

11:35 a.m.  Break with Exhibitors and Lunch

12:05 p.m.  Panel Discussion: Youth Sports Medicine Dilemmas
(Cases and Questions submitted by audience)
Moderator – Joel Brenner, MD, MPH
Panelists – Andy Carter, MS, LAT, ATC; Micah Lamb, DO; Dana Reesman, PT, DPT; and Daniel Spencer, MD

12:35 p.m.  Blood Flow Restriction Therapy
– Melissa Dahuya, PT, DPT, SCS, ATC

1:05 p.m.  Q & A

1:10 p.m.  Hot Topics in Soccer
– Micah Lamb, DO

1:40 p.m.  Q & A

1:45 p.m.  Closing Remarks/Adjourn

Faculty

Visiting Faculty
Stephanie Pearce, MD
Pediatric Orthopedic Sports Surgeon
The Steadman Clinic
Vail, Colorado

CHKD/EVMS Faculty
Joel Brenner, MD, MPH, Course Director
Medical Director, Sports Medicine Program, CHKD
Sports Medicine and Adolescent Medicine Specialist, CSG/CHKD
Professor of Pediatrics, EVMS

Cassyanne Aguiar, MD
Pediatric Rheumatologist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Andy Carter, MS, LAT, ATC
Clinical Outreach Athletic Trainer, CHKD

Melissa Dahuya, PT, DPT, SCS, ATC
Sports Medicine Physical Therapist, CHKD

Micah Lamb, DO
Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Dana Reesman, PT, DPT
Sports Medicine Physical Therapist, CHKD

Daniel Spencer, MD
Child and Adolescent Psychiatrist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Peter Van Geertruyden, MD, FACR
Medical Center Radiologists
Assistant Professor of Radiology, EVMS
Assistant Professor of Radiology, USU

Registration Fee
$50 – Physicians
$30 – Other Professionals
$10 – Students (No CE credit)

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