

**Mental Health Service Line  
Outpatient Services Referral Information:**

- We are working hard to build a Mental Health Service Line with care access opportunities for all children in need. We currently have a high volume of requests and partner with mental health agencies outside of CHKD to ensure all children referred receive an appropriate treatment resource. Please give our team 5-10 business days to review referrals and connect families to resources. Families referred to our programs will be notified of recommended services via phone or mail. As the referral treatment provider, you will also receive correspondence on the outcome of the referral.
- A letter will be mailed to the family and referring provider to indicate if the family is on a waitlist or if community resources were provided to the family to best support.
- If you, your families, or your staff have any questions or concerns please contact our main office number at **757-688-HOPE**.
- If your patient has an **urgent/acute** mental health concern and they require immediate assessment, recommend mental health evaluation at the closest emergency room or the CHKD Emergency Department or call 911.
- Please fax this completed form along with at least 3 last office visit notes to **757-668-5686**.

**Referral Data**

Referring Physician: \_\_\_\_\_ Date: \_\_\_\_\_  
 Practice Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Office Contact: \_\_\_\_\_ Fax: \_\_\_\_\_

**Patient Information**

Patient Name: \_\_\_\_\_ City/State of Residence: \_\_\_\_\_  
 Gender: \_\_\_\_\_ Age: \_\_\_\_\_ Caregiver Name: \_\_\_\_\_  
 Insurance Provider: \_\_\_\_\_ Caregiver Phone #: \_\_\_\_\_

**Please respond to the following questions (check all that apply):**

1. What concerns prompted this referral?
 

<input type="checkbox"/> Mood	<input type="checkbox"/> Eating/Feeding
<input type="checkbox"/> Disruptive Behavior	<input type="checkbox"/> Chronic Medical Illness
<input type="checkbox"/> Anxiety (OCD, fears, panic, phobias)	<input type="checkbox"/> Foster Care Evaluation
<input type="checkbox"/> Learning and Development (intellectual disabilities, Autism, school problems)	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Trauma	
2. What services are you requesting?
  - Psychiatric Evaluation and Med Management (Psychiatrist/Psychiatric Nurse Practitioner)
  - Psychological Evaluation and Testing (Psychologist)
  - Mental Health Therapy (Mental Health Therapist)
  - 2<sup>nd</sup> Opinion: \_\_\_\_\_
  - Unknown
3. What are the past or current treatments?
 

<input type="checkbox"/> Inpatient	<input type="checkbox"/> Outpatient therapy
<input type="checkbox"/> Residential	<input type="checkbox"/> In-home services
<input type="checkbox"/> 504 Plan/IEP	<input type="checkbox"/> Psychological Testing
<input type="checkbox"/> Medications	<input type="checkbox"/> Developmental Pediatrics
<input type="checkbox"/> Child Abuse Program	<input type="checkbox"/> Psychopharmacological management by Primary Care