



## Allergy Department

For years, parents were told to delay giving peanut-flavored foods to children until they were 3 years old because of concerns the child would have an allergic reaction.

Studies have now shown that early introduction of peanut-containing foods actually reduces the chances of a child having allergies to peanuts. Of course, you don't want to feed them whole peanuts, which are a choking hazard, but you can blend peanut products, such as thinned peanut butter, into foods that are easy to consume.

Read more in this [health blog by Dr. Angela Hogan](#).

## Practices with Short Wait Times

[ENT](#) and [pulmonology](#) currently have openings with a short wait time for patients.

## Upcoming Events

- **April 8, 2021** - Evelyn G. Keever Bioethics Days
- **May 7, 2021** - Youth Suicide: Risk and Prevention Conference
- **May 14, 2021** - 5th Annual Eastern Pediatric Trauma Conference - [Register here](#).
- **September 23 - 24, 2021** - Nuss Advanced Pectus Course - 2021 CWIG Regional Meeting

For more information, email [CME@EVMS.edu](mailto:CME@EVMS.edu) or call (757) 446-6410.

## Sports Medicine, Ultrasound Coming to New Suffolk Location

To better serve our Suffolk pediatricians and patients, CHKD is adding new services in Suffolk and consolidating many of our established services in a single, convenient location. CHKD's new Health Center at Harbour View will be located at 5834 Harbour View Boulevard.

Scheduled to open June 1, the new location will comprise two adjacent buildings. One will be home to physical, occupational, speech and sports medicine therapy. The other will offer lab, radiology (including ultrasound) and shared clinic space for subspecialists.

To facilitate this improvement in service, CHKD will close its locations on Burnett's Way, Harbour View, and Harbour View North on May 31.

## Welcoming Our Newest Doctors to the CHKD Family!



[Carlos Sendon, MD](#), earned his medical degree from San Martin De Porres University. He completed his residency at Eastern Virginia Medical School and his fellowship at Yale University School of Medicine.

Dr. Sendon's clinical interests include obstructive sleep apnea, narcolepsy, cystic fibrosis, and aero-digestive related diseases.

Practices: [pulmonology](#) and [sleep medicine](#)

[Yifan Guo, MD](#), is a board certified plastic surgeon specializing in pediatric and craniofacial reconstruction and aesthetic surgery.

Dr. Guo's clinical interests include: cleft lip and palate repair, Pierre Robin Sequence, mandibular distractions, craniofacial vault reconstruction, minimally invasive cranial spring surgery for craniosynostosis, orthognathic surgery, migraine surgery (in both adolescents and adults), hand surgery, and general pediatric plastic surgery.

Practice: [plastic and oral maxillofacial surgery](#)



[Richard Gerber, MD](#), earned his medical degree from the University of Iowa's Carver College of Medicine. He completed his residency with the San Antonio Uniformed Services and fellowship at the Madigan Army Medical Center.

Gerber's clinical interests include autism spectrum disorder, developmental delay, learning difficulties, and intellectual disabilities.

Practice: [developmental pediatrics](#).

With warm regards,

[Dr. Herb Bevan](#) and [Jill Armstrong](#)



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