



Guidance for Post-COVID-19 Care

The following documents have been created to help you care for children recovering from COVID-19:

- [Guidance on post-COVID-19 Care for Primary Care Setting](#)
 - [Permission to Return to School/Childcare Form](#)
- [Guidance for Parents of Children and Adolescents Recovering from COVID-19 and MIS-C](#)



November 4 is Genetic Counselor Awareness Day

Genetic counselors are healthcare professionals who have specialized training in medical genetics and psychological counseling.

A genetic counselor works with patients and physicians to:

- Understand genetic history.
- Discuss the risks, benefits, and limitations of genetic testing.
- Decide what, if any, genetic testing to order for patients and families.
- Interpret the results of genetic testing to patients and their family members.

Genetic testing has become an integral part of patient care. Over 4,700 certified genetic counselors practice in almost all healthcare settings in the United States, including but not limited to prenatal, fertility, pediatrics, metabolic, cardiovascular, neurology, and oncology. You can refer directly to a genetic counselor through Powerchart if you think a patient might benefit.

Our genetic counselors can be reached by paging the GC on call, calling (757) 668-9723, or emailing GeneticCounseling@CHKD.org.

New Additions to the CHKD Family!



[Stephanie Pearce, MD](#), completed her undergraduate training in human nutrition and sports medicine at the University of Florida. She received her medical degree at the University of South Alabama, where she also did an orthopedic surgery residency.

Dr. Pearce's clinical interests include complex knee, elbow, shoulder, and hip conditions, cartilage and joint preservation, and congenital hand and limb deformities.

Practice: [Orthopedic Surgery and Sports Medicine](#)

[Whitney Wellenstein, MD](#), earned her medical degree from the University of Minnesota Medical School. She completed her residency at Kaiser Permanente Northern California and her fellowship at Cincinnati Children's Hospital Medical Center.

Dr. Wellenstein's clinical interests include minimally invasive gynecologic surgery, reproductive tract anomalies, vulvar dermatoses, endometriosis, and improving representation within medicine.

Practice: [Pediatric and Adolescent Gynecology](#)



[Lynn Page, PhD](#), earned her doctorate from the University of South Carolina.

Dr. Page's specialty in pediatric health psychology focuses on assessing and treating children with medical conditions. She works with children, their family members, and their medical teams to help children adjust to illness, hospitalization, and medically related concerns.

Practice: [Mental Health Program](#)

With warm regards,

[Dr. Herb Bevan](#) and [Jill Armstrong, RN](#)



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