



URGENT UPDATE: COVID-19 Testing

Due to supply chain shortages and decreased allocation of testing kits and supplies, CHKD's microbiology lab can no longer process in-house all of the COVID-19 tests received.

Effective immediately until further notice, specimens received for COVID-19 testing, including viral panel testing from community providers, will be sent to LabCorp, Quest, or the state for completion.

This process will take a tremendous amount of laboratory resources. Please help alleviate the strain on the microbiology laboratory by implementing the following:

- Collect COVID-19 specimens in your office, and send them directly to Labcorp, Quest, or the state for processing.
- Direct patients to VDH testing sites or the school systems for COVID-19 testing.
- Implement and perform antigen testing in the office, if possible.

****Please do not send patients to the emergency department for asymptomatic testing.****



Vaccinations and Boosters

With the rapid spread of the Omicron variant of COVID-19, vaccination is key to preventing hospitalization in our young patients. Please continue to offer the COVID-19 vaccine and booster to families with eligible children.

- Vaccines are currently available to children 5 years and older.
- Booster shots are available to children 12 years and older, five months after their second dose.

[Click here](#) for CHKD's COVID-19 treatment guidelines with updated oral antiviral guidance.

Mental Health: Telehealth Appointments

Until further notice, the mental health program will operate via telehealth for new patient appointments and testing intakes due to the Omicron variant. Some follow-ups and testing appointments will be held in person when mask compliance is possible.

Welcome to the CHKD Family!

Join us in welcoming [Lisa Roberts, PhD](#), to the CHKD family.

Dr. Roberts is excited to be back in Hampton Roads after working in central Mississippi as the director of child and adolescent psychology at the Mississippi Center for Advanced Medicine. Prior to moving to Mississippi, Dr. Roberts worked in Hampton Roads as a psychologist at the Child Mental Health Clinic at Naval Medical Center Portsmouth.

Dr. Roberts earned her doctorate from The University of Texas at Austin. She is passionate about helping youth improve their well-being. She integrates playful and creative techniques with evidence-based strategies to help her patients and families meet their therapeutic goals.

Practice: [Mental Health](#)



With warm regards,

[Dr. Herb Bevan](#) and [Jill Armstrong, RN](#)



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