

# Pre-surgery Tour

**A pre-surgery tour can help you and your child know what to expect on surgery day.**

Child life specialists at our hospital in Norfolk regularly host an evening tour for patients, parents and even other family members to help smooth the way for a successful surgery day experience. If your child's surgery is scheduled at our Oyster Point and Concert Drive surgery centers, a staff member will be happy to provide a tour at your request.

Our staff will answer your questions, show you our unique, child-friendly facilities – including the pre-surgery playroom where you and your child will wait before surgery – and even show you medical equipment, all to help take the anxiety out of surgery day.

Though all family members are welcome and may benefit from the tour, we ask that you do not bring anyone who has a cold, cough or other signs of infectious diseases, or have had recent contact (within 3 weeks) with someone who has chicken pox, measles or pertussis. Such exposure to infectious diseases could mean cancellation of your child's surgery.

Studies show that children who attend a pre-surgery tour have less anxiety and fear, less pain after surgery and better recovery time with fewer complications.



**Children's Hospital  
of The King's Daughters**

CHKD.org

# Pre-surgery Tours

## Norfolk

CHKD, 601 Children's Lane

Tuesdays, 6 p.m.

Please call 668-6748 to pre-register for the tour. Arrive at the hospital main lobby 10 minutes before the tour begins.

Park in the visitors' lot adjacent to the hospital entrance and bring your ticket to the main desk for validation.

## Newport News

CHKD Health & Surgery Center at Oyster Point  
11783 Rock Landing Drive

Weekdays between 10 a.m. and 4 p.m.

Tours given on request. Call 668-6351 to request a pre-surgery tour.

Free parking; please enter at the surgery center entrance on the west side of the building.

## Virginia Beach

CHKD Health & Surgery Center at Concert Drive  
2021 Concert Drive

Weekdays between 10 a.m. and 3 p.m.

Tours given on request. Call 668-2929 to request a pre-surgery tour.

Free parking; please enter the surgery center and go to the third floor.

Children's Hospital of The King's Daughters complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.  
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1 (757) 668-8246  
주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다.  
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