Instructions for the AeroChamber MAX® Valved Holding Chamber (VHC)

Below, please find abbreviated instructions, but please remember to read the complete instructions that are packaged with your AeroChamber MAX® VHC device.

1. Remove cap from the MDI and chamber. Before use, ensure the instructions supplied with the MDI and chamber have been read.

2. Shake the MDI immediately before each use. Insert the MDI into the backpiece of the chamber.

3. Put mouthpiece into mouth and close lips around it to ensure an effective seal. The Flow-Vu® Inspiratory Flow Indicator only moves if the patient has a good seal.

4. Breathe out gently and depress the MDI at the beginning of a slow inhalation. Use the Flow-Vu® Inspiratory Flow Indicator to assist in the coordination of this maneuver.

5. Breathe in slowly and deeply through the mouth until a full breath has been taken.

6. Hold breath for 5-10 seconds, if possible. Otherwise keep lips tight on the mouthpiece to maintain seal for 2-3 breaths after MDI is depressed. Administer one (1) puff at a time.

7. Slow down inhalation if you hear the FLOWSIGnal® Whistle sound.

8. Follow instructions supplied with MDI on how long to wait before repeating instructions as prescribed.