

12 Days of Healthy Holiday Recipes

Breakfast



Breakfast Bagel Snow People

<https://holleygrainger.com/holiday-breakfast-recipe-bagel-snow-man/>



Carrot -Cake Oatmeal

<https://www.chopchopfamily.org/recipe/carrot-cake-oatmeal/>



Microwave Breakfast Hash

<https://oldwayspt.org/recipes/microwave-breakfast-hash>

Lunch



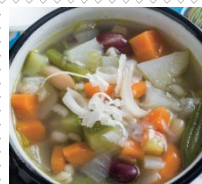
Sloppy Janes

https://www.diabetesfoodhub.org/recipes/sloppy-janes.html?admin=1&editing_mode=1?home-category_id=29



Vegan Chicken Nuggets

<https://www.tasteofhome.com/article/vegan-chicken-nuggets/>



Any Vegetable Soup

<https://www.chopchopfamily.org/recipe/any-vegetable-minestrone/>

Snacks



Air-Fried Buffalo Cauliflower Bites

<https://www.cookinglight.com/recipes/air-fried-buffalo-cauliflower-bites>



Autumn Fruit Compote

<https://fruitsandveggies.org/recipes/autumn-fruit-compote/>



Donut-Shaped Apple Snacks

<https://www.skinnytaste.com/donut-shaped-apple-snacks/>

Dinner



20 Minute Taco Soup

<https://www.liveeatlearn.com/taco-soup/>



Sheet Pan Teriyaki Salmon & Vegetables

<https://www.skinnytaste.com/sheet-pan-teriyaki-salmon-and-vegetables/>



Instant Pot Chicken and Dumplings

<https://chefabbiegellman.com/instant-pot-chicken-dumplings/>