



Nebulizer treatments

What goes first?



Albuterol Neb first

Opens your airways and lets other medication get deeper into your lungs!



You can do your **Airway clearance** (Chest PT, Vest, Acapella) while doing your Albuterol to save time



Hypertonic Saline next

This helps to make the mucus thinner



Pulmozyme next

This helps thin the mucus so it can move out of your lungs.



Anti-Inflammatory (Flovent or Advair)

Your airways can become inflamed (swollen) from all the mucus and infection. Anti-inflammatory medicine help reduce the swelling



Antibiotics LAST

Tobi or Cayston should be next so the medicine can stay in your lungs and fight the germs!