Do You Know That …
Lung infections (pulmonary exacerbations) are a main cause of lung damage in people with CF?

AND…

… fevers, even low grade, for a week or two can be a sign of a lung infection?

… being tired or “just not feeling well” for a week or two can be a sign of a lung infection?

… missing school or work, for any reason, may mean that you are getting sick?

… not eating well or “just not feeling hungry” for a week or two can be a sign of a lung infection?

… losing weight or not gaining weight (if a child) in between clinic visits can be a sign of a lung infection?

… any change in cough (more frequently, “spells” lasting longer, or increasing “harshness”) for as little as a week can be a sign of a lung infection?

… any change in mucus coughed up (if it is new, if its more frequent, if there is more of it or if it changes color) for as little as a week can be a sign of a lung infection?

… even a little shortness of breath with any activity (walking, climbing stairs, or exercising) or feeling short of breath when sitting can be a sign of a lung infection?

… new noises made by the lungs (wheezes, crackles, mucus “flopping in the airways”) or breathing faster or “heavier” is a sign of a lung infection?

… even small decreases in lung function (as little as ~ 10%) over 3-6 months can be a sign of a lung infection and a need for antibiotics?

… new findings on lung Xrays, even if they are small or minor, may mean that you are getting sick even if you don’t feel bad?

… coughing up blood, even if it a small amount in streaks or flecks in the mucus can mean that a lung infection is starting or worsening and may need antibiotics?